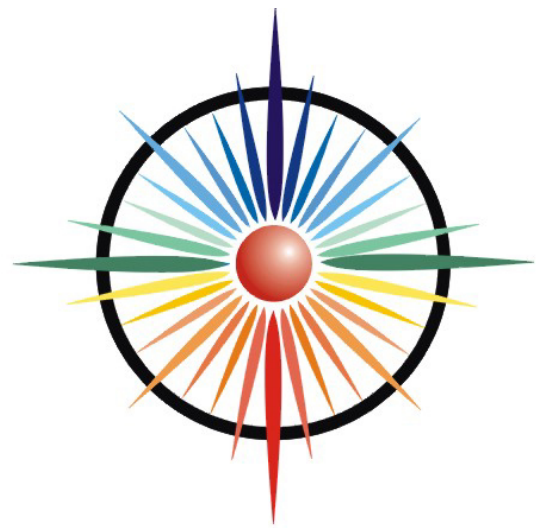
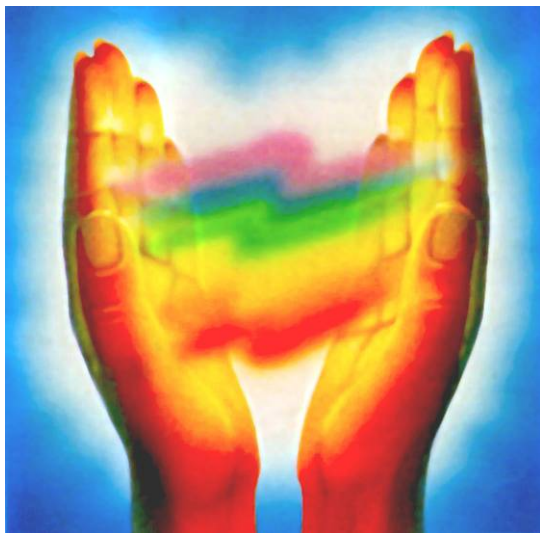


PASCAS CARE

Centre for Human Energy Field Research



CHEFR
Integrated Health

“Peace And Spirit Creating Alternative Solutions”

PASCAS FOUNDATION (Aust) Ltd
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PASCAS INTRODUCTION:

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Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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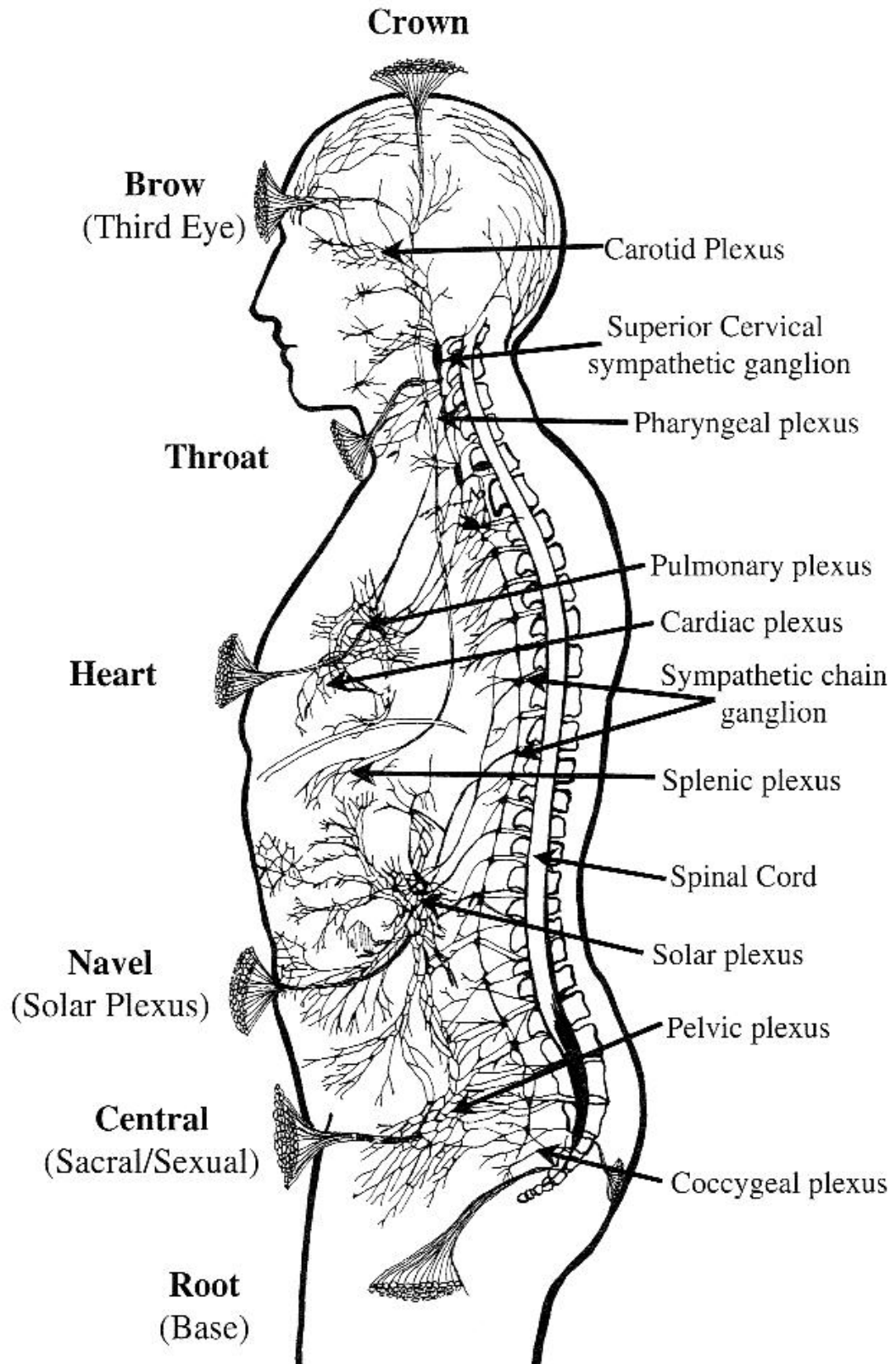
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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



Chakra and Nerve Plexuses Locations. Each of the major chakras is associated with a major nerve plexus within the body.

EXETER UK

The Centre for Human Energy Field Research
WORLD PEACE CENTRE PUNE INDIA

London, UK



CHEFR

Integrated Health

**Energy Field Imaging with
Polycontrast Interference Photography**

Pune, India. April 2004

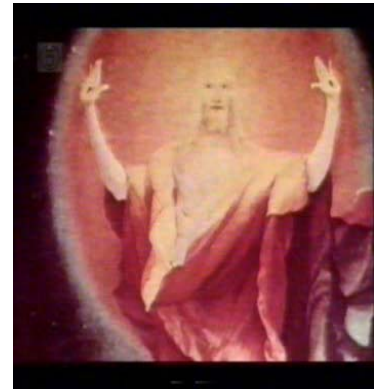
Dr Thornton WJA Streeter D.Sc. BRCP
and John R Rogerson.

Affiliated to the Institute of Complementary Medicine No: A573

Introduction to the Human Energy Field Its Role in the Future of Healthcare

The Human Energy Field (HEF) is a holographic projected lattice of primarily light and sound emanating from a twin poled core at the centre of the human body with multiple interpenetrating layers.

The EF has often been seen, described and depicted in religious and spiritual writings dating back to the earliest writings. Dennis Milner in his book the Loom of Creation recounts his observations of distinct body field layers with circular and triangular structures in differing layers.



Up until the early 20th century, detection of the energy field (EF) remained in the hands of certain gifted individuals, including clairvoyants whose enhanced range of 'sight' allowed them to detect energy fields, either through their visual sight or through the more etheric 'third eye' brow chakra (chakras are energy gates into the energy field, described later) .

The EF is composed of electro-magnetic and bio-dynamic radiations that can be measured against the Electro-Magnetic Spectrum with a variety of different devices; SQUID, ESM, BEST, PIP, Electrography, Radionics, ACMOS (Lescher) Antennae, Bio-feedback metre and GDV to name a few.

The HEF is a protective sheath which can be punctured and torn leading to illness and disease. It is a blueprint for where and how our physical body hangs in space and time. Changes in the physical / emotional health status of an individual are reflected and can thus be detected in their HEF (and vice versa). Indeed practitioners of complementary and alternative therapies (CAM) including eastern medicines such as acupuncture believe that physical / emotional imbalances (including disease) are

caused by and thus preceded by disturbances in the energetic body. It seems more likely that not only does the energetic matrix effect the physical/emotional body's health but so too can the reverse be true.

Vibrational Medicine

Based on such concepts, there now exists a whole body of medicine termed energy or vibrational medicine. This approach acknowledges the non-physical (subtle energetic) make-up of the body and seeks to treat disease by releasing energy blockages and imbalances. In turn this helps to rebalance and sustain the physical/emotional body's health. It is the case that when a broken bone is left it will eventually heal itself leaving no pain, but with limited durability, mobility and strength. However if the bone is repositioned to set in the correct manner then full durability, mobility and strength can return. The same is true with the HEF. Any damage to the physical/emotional system will be reflective of a corresponding weakness in the EF. If no attention is given to the underlying energy matrix then any repairs carried out on the physical / emotional body will be done upon an unsound energy matrix and thus have limited durability, mobility and strength.

As a result of increased interest in this field (as well as all aspects of complementary and alternative medicine, CAM) there is naturally a growing scientific interest in the search for objective, valid and reliable methods of measuring bio-energetic health status.

“An ability to detect illness and energetic disturbances reliably and accurately in a person's etheric body days or weeks prior to the appearance of actual physical symptoms would be truly miraculous”
(Richard Gerber, 2000)

The past few decades have seen large advances in the CAM field. There are protocols in place to rigorously examine the efficacy and safety of these treatment modalities so that they may be incorporated into the modern healthcare arena. However, a common complaint of CAM practitioners is that the clinical research being carried out to test their validity is not performed in a manner which complements their given modality i.e. takes no account of the mechanism involved. It is apparent to CHEFR that the majority of CAM therapies involve an energetic component, as part of the healing or treatment process, and thus an assessment procedure that considers all these aspects would seem necessary. Omitting this intertwined variable could go some way to explaining why many of these research papers have found erroneous, often conflicting results.

The Atlas of Disease States (AODS)

The AODS is shortened from the Atlas of Human Energy Field images and data collated to reveal the stages of each Disease State to triangulate an individual's health trajectory.

CHEFR constructed a model of disease stages based on **seven distinct stages** of manifestation. These different levels are measured against an axis of time and are sub- divided from three major groups- pre-medical, medical and post- medical. It is possible to calculate an individual's health trajectory well before symptoms would give rise to a diagnosis that is sadly often too late to initiate a program of healing.

Primary pre-symptomatic: Is the first stage of disease manifestation and can be seen as congestion or a leak in the HEF meridians or energy channels. The acupuncture points therefore reveal this primary stage long before the individual feels any pain, hence the tradition in China where the community paid the doctors to keep them healthy and were reimbursed if ever taken ill-pioneering holistic insurance!

Secondary pre-symptomatic: Is reached when the imbalance affects the Chakras in the HEF so this throws out the body's natural self-healing mechanism.

Primary symptomatic: Now imbalances can be detected the HEF over the organs that will be afflicted as the disease takes its physical manifestation. Earliest pathological test would now reveal this imbalance.

Secondary symptomatic with pain: By now the individual concerned is feeling pain so is on his way to see his GP or local doctor and his symptoms will reveal the right treatment that will cure his disease.

Acute: Depending on the type and severity of the condition any number of different treatments and assessment techniques would reveal and affect different aspects of the illness. The best model is one that evaluates each case individually to work out the most cost effective and least invasive treatment that would be appropriate.

Chronic: In many cases a simple cure is not available and the physical body is often affected in a degenerative way. Many modern scanners can witness the impact of chronic disease in the body including CAT MRI X-ray

Terminal or remission: All lives end and some believe at a pre ordained time – there are amazing stories of remissions often linked to a positive outlook and a desire to first understand and then lift the imbalance back into equilibrium.

Our work is now collating a database of disease stages known as the **Atlas of Diseases**. It is a well known fact amongst energy workers around the world that energy field imbalances can be detected before they manifest in the physical body. This interactive program allows the practitioner to compare any patient's energy field profile with a database of others recordings. Comparison could be made to both previous instances that the individual has been scanned (to track the progress of recovery) and also with other individuals with known pathology. This will be done using a range of different analysis programs such as pattern recognition and size averaging. When finding similar matches the system highlights consistencies in both the medical records and in the scans of other matches.

The Atlas of HEF 'maps' and evaluating the onset of each disease state

Correlation occurs by cross-referencing, pattern and colour recognition, banding, intersections and chakra and meridian activity in terms of both congestion and leaks.

For instance a set of PIP energy field images will be taken along with BEST and ESM readings. These results are correlated, via online communication, through the Atlas of Disease database. Similar case studies that match the new client's data are collated together in a 'computerised basket' which then analyse the data to see if similar symptoms are revealed. This will lead to a statistical probability rating of possible energy field matrix weaknesses that can be addressed to prevent the possible further manifestation of disease.

Health Prediction and triangulating an individual's Health Trajectory.

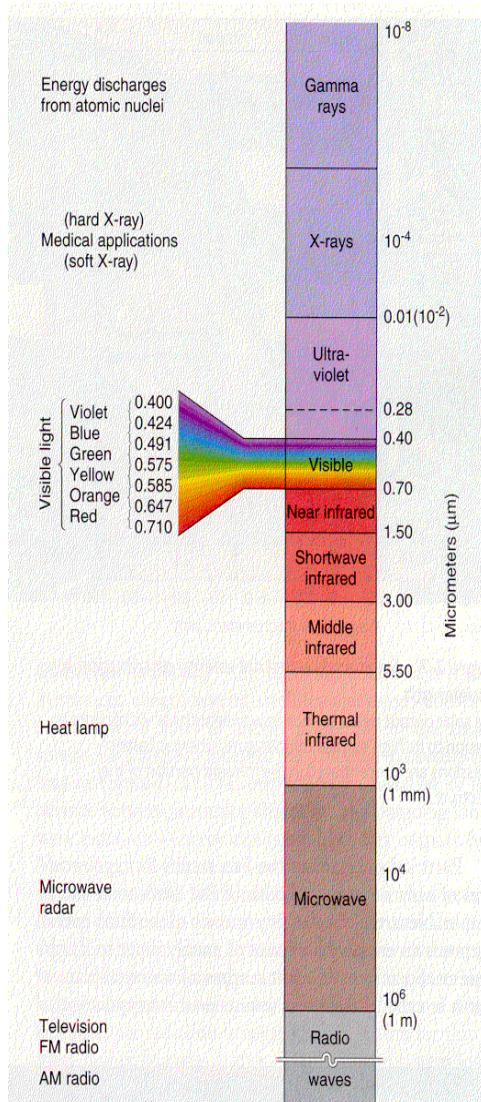
This new concept, pioneered by Dr. Thornton Streeter is based on the benefit that new technological advances in holistic diagnosis allow us to identify an individual's unique health position before the physical manifestation of a disease. Dr Streeter believes that the energy field is the matrix upon which

our physical bodies hang. Other scientific researchers and pioneers have also followed this understanding. (McTaggart, 2001)

The concept of establishing an individual's health trajectory is not new; any doctor can be heard explaining the likely progression of symptoms to a patient. However, in terms of preventative medicine to work it must be able to reliably track a person's journey into a particular disease. The soundest method of predictive validity is to correlate results gained from any test with a past database of results.

This process can identify and point towards possible developing diseases that can then be prevented from manifesting within the physical body.

This would transform global healthcare, its efficiency and cost-saving in time and materials! Thus far the main control system for establishing the health trajectory is Polycontrast Interference Photography (PIP) combined with the electro-scanning method (ESM – See School of Electro-Crystal Therapy).



The Electromagnetic Spectrum

The EMS is the 'ruler' upon which all Vibrational frequencies lie. The EMS is of particular interest to CHEFR because it is clear in the history of medical device development that the human body can be measured at many different levels on the EM spectrum. CHEFR is investigating whether there are more non-invasive, more predictive and more cost effective systems which evaluate our bodies in hitherto unutilised windows on the EMS.

As far as the medical sciences are concerned you will often find a device whose scanning spectrum can be related to a particular window of the electromagnetic spectrum. X-rays are produced by a wide range of medical devices in a modern healthcare environment, whether for dentistry or for assessing fractured bones. In the same way, ultrasound is used both to check the health of an embryo as well as for the removal of kidney stones. Here are two devices each with their own range on the EMS.

In CAM research over 3000 papers have been published concerning the relevance of thermal imaging in breast and other

cancer detection. Thermal imaging as can be viewed on the graph to the left relates to a window just below the visible spectrum.

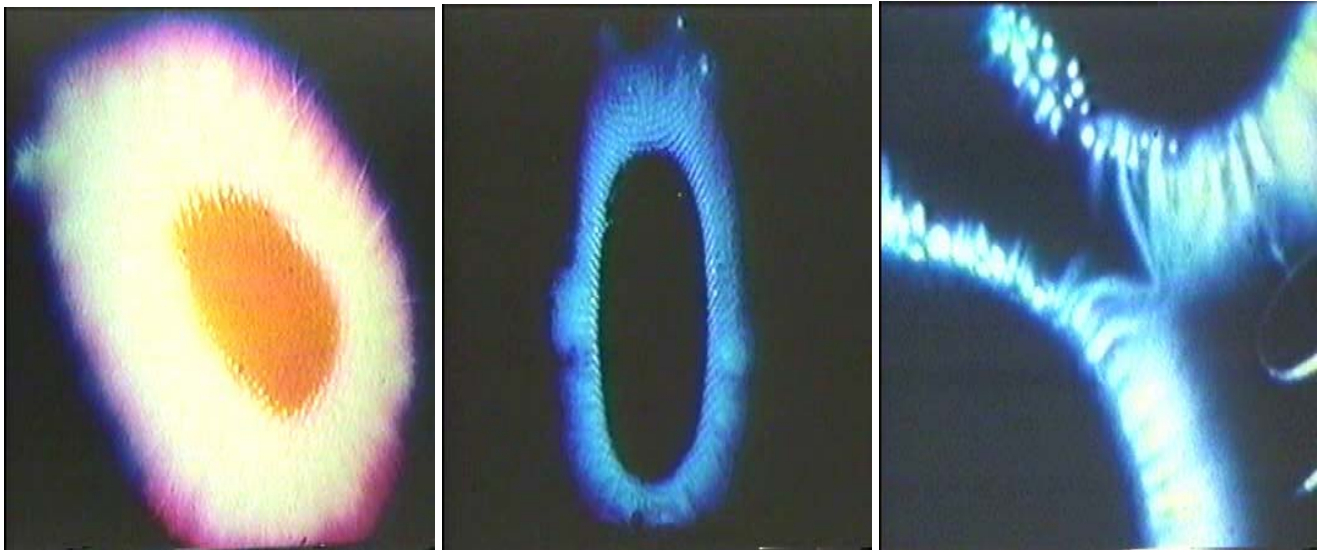
PIP energy field imaging utilises the visible spectrum as its source for its energy interference imaging, but accentuates the colours so that information which our brains discounts can be made relevant for health scanning purposes.

If you shine white light through a prism or grating you will clearly see lemon and turquoise either side of green. In addition can be found purple, magenta and scarlet. This circular vision of twelve colours is the true Colour Spectrum.

Background to PIP (Polycontrast Interference Photography) technology



Over the past century a number of systems have been developed which attempt to detect aspects of the HEF. Although the mechanism of each device varies often they rely on an interactive process with the revealed data or image being a result of this interaction. Perhaps the first to provide the first visual evidence of subtle energy fields were Semyon and Valerie Kirlian with their now well-publicised Phantom Leaf experiments in the 1940s (e.g. Gerber, 2000). In the modern era we have available a number of systems including advanced forms of Kirlian, which are able to visualise and/or quantify the HEF.



PIP does have similarities to Kirlian in that it provides an ‘indirect’ interpretation of the HEF. However where as with the creation of a Kirlian photograph the image is produced by electrical discharge, with PIP the image is a visualization of light photon interaction with the subtle energies of the HEF. This has the advantage of eliminating the impact of heat and sweat of the hand when carrying out assessments (a common complaint made of Kirlian).

Theory of the Human Energy Field

Structure, Function & Layers



The HEF is the elliptical lattice of Vibrational frequencies that emanates from the human core and permeates the physical body. Understanding variations in this HEF gives us the tools to build a bridge between science and spirituality. The project of scientifically mapping the HEF has continued for many years but has remained a mystery due to a lack of objective equipment to measure its parameters.

CHEFR will provide evidence to show that the HEF is the interface for effective medical diagnosis and efficient non-invasive treatment. This will be achieved through utilisation of new scanning techniques (such as PIP and ESM) that provide an *early warning system* of possible disease. This is due to the fact that the HEF shows energy imbalances before the physiological disease manifests. This allows corrective measures to be taken before the onset physical symptoms and the subsequent expense of hospitalisation.

The etheric field is the densest of all the energy bodies and is closely related to the physical. It is thought to extend up to 2 cm beyond the surface of the skin. CHEFR believes it is the matrix of energy field on which the physical molecules are strung.

CHEFR reasons that the etheric fluid like substance that flows within this layer of the HEF is responsible for the patterns that appear in men's body hair and on baby's scalps, a bit like the pattern submerged reeds take on at the bank side of rivers.

It is widely recorded that there are 7 interpenetrating layers of the HEF they are the Etheric body, Astral body, Mental body, Causal body, Celestial body, Ketheric body and the Soul.

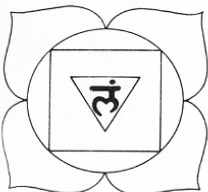
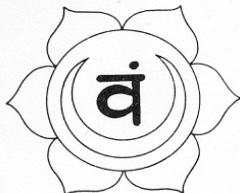
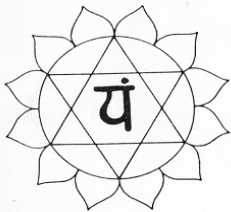
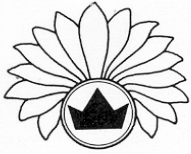
Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

There are several important aspects of the Anatomy of the Human Energy Field

The 9 Layers of the Energy Field



First is the densest physical layer- the skeleton. Next are all the organs, biological systems, muscles, flesh and skin make up the **Second** layer.

The **Third** is also a physical layer, an **etheric fluid** like substance that flows in and out of the skin. This layer is considered part of the physical HEF and plays the important role of removing the **etheric toxins** from the body. Toxins of high enough frequency that they are expelled directly through the skin and do not rely on either an excretory system, like the kidney, bladder, and urinary tract for liquids, or the intestines and bowels for solids.

The **Fourth** layer is known as the **aura** or **etheric layer**. Here we find the gross outline of the body's **energy plexi** or **Chakras**.

The **Fifth** layer represents **life force** carrying the physical gases, oxygen etc, and the vibratory currents. This is also known as the **mental body**.

The **Sixth** or **astral layer** carries the emotional desires and the most intimate thoughts which are translated through the Soul. The frequencies at this level are incredibly powerful and produce colours directly relating to the emotional experiences; *Love – Golden White, Hate – Black, Thoughtfulness – Blue and Joy – Pink.*

The **Seventh** layer is the nine light-layered soul that nestles in the heart chakra and is ultimately responsible for all physical, biological and chemical functions.

The **Eighth** layer is the celestial body and the spiritual awareness of the **Divine Universal Natural Laws**. This is the Soul's self-creating path back to the Godhead and Stardom.

The **Ninth** layer, the **Ketheric body**, is the spiritual connection of the **Soul** with the Godhead.

This interpretation is derived from The Rainbow Colours of Light & Medicina Alternativa, Meher (1985) (see References) and while CHEFR accept there are many varied interpretations of the layers of the energy field over time, this version has proven reliable and shown good correlation with other current theories such as those held by Barbara Ann Brennan – Hands of light (see References).

PASCAS
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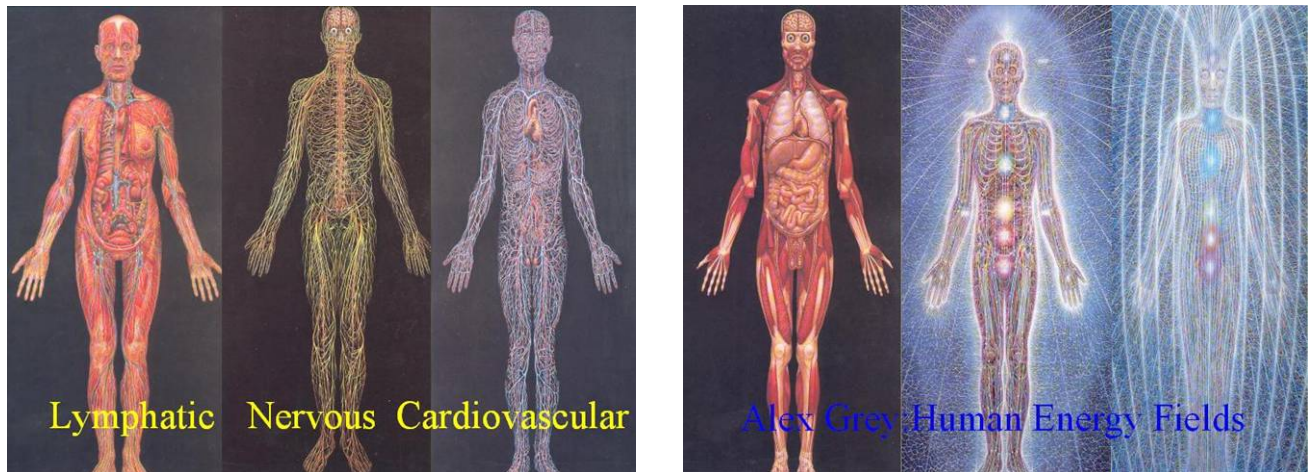
Feeling
Healing with
Divine Love is
the key!



The Energy Field Template

The energy field is likened to a template on which the physical molecules are strung. It not only surrounds the outside of the body but permeates through it. Yet with photography it is only possible to achieve a two-dimensional image and thus we take a series of views around the body and compare colour symmetries, shapes and patterns from the different angles.

We of course thank Alex Grey for his excellently physiologically and scientifically sound depiction of different layers of the Bio-Energetic Field



The Chakras (energy centres)

CHEFRs investigations have centred on studying the energy vortices along the spinal cord, commonly known as Chakras (from Sanskrit meaning 'wheel') and to show their physiological and psychological connections to the holistic body.

The Chakras have a configuration *within* and *of* energy... as a whirlpool is to water. The major Chakras are sub-atomically linked to the endocrine glands. Each chakra is linked to a physiological endocrine gland via nerve plexus and directly affects the gland it is connected to. This in turn has a strong influence on the psychological functioning of the mind. Chakra activity can thus indicate the level of balance and health of the physiological gland and the surrounding areas. Each gland releases or absorbs certain hormones which are responsible for all emotional states.

A key function of the chakra vortices is to absorb the required vibrations and expel toxins and negative vibrations. Each chakra acts like transponder. The **seven major Chakras** account for the seven colours of the rainbow and the seven major musical notes, seven planets, seven days of the week and seven endocrine glands.

Each chakra spins at their own specific frequencies. The slowest spinning chakra is the base and the highest is the crown. The Chakras draw in energy from the universal energy field that is then distributed via the meridians (channels) of the etheric body to the cells of the physical body.

The etheric body is the densest of all the energy bodies and is closely related to the physical. It is thought to extend up to 2 cm beyond the surface of the skin. CHEFR also believes it is the matrix of energy field on which the physical molecules are strung.

The Position of the Chakras

The chakras of the head

There are differing allocations concerning the crown and brow energy centres and the pituitary and pineal glands. In fact almost half of the relevant literature relates the pineal to the crown while the other half relates it to the brow centre. Until someone is able to do an etheric biopsy a definitive answer may not be forthcoming. As the master gland the pituitary influences the function of many of the other glands, this should clearly indicate its association with the crown chakra. In the same way the pineal gland with cells similar to the optic cells would lend itself to being associated with the brow centre ('third eye' chakra). The Oldfield College, on behalf on whom CHEFR conduct this *PIP energy field imaging* course relates the pituitary to the crown but interestingly Richard Gerber of *Vibrational Medicine* connects the pituitary with the brow chakra and the pineal with what he refers to as the head chakra (crown) (page 130). Others to make such association include John Evans who suggests that:

"Taking all the evidence into account it is impossible to make any physiological correlation for the highest conscious centre, the crown chakra, except in terms of the pineal and posterior thalamic region" *Mind Body and Electromagnetism, pp 39*

The crown chakra can be situated on the top of the head in some individuals. In others it can be found in the area of the vertex. The base chakra is located around the perineum. In the male the epicentre for the base is located more to the front of the body, corresponding to the position of the prostate. In the female it is configured more towards the back of the body, corresponding to the cervix. The back of the chakra is opposite the front for the throat, heart, solar plexus and navel Chakras.

The position of the Chakras can vary slightly from individual to individual (e.g. the heart chakra may be found a little to the left or right of the midline in some people. It may be the case that the chakra front and back may exist upon an angle and not travel through the body in a level line. For example the heart chakra may be lower on the front of the body and higher on the back. In disease states the chakra may be seen to deviate from its normal healthy position (i.e. energy flows may be so disrupted that the chakra is unable to maintain its normal position).

Shapes

The accepted shape of a chakra is circular or elliptical. When Chakras become irregular and contorted it suggests that the endocrine area is out of synch. Wide emanations coming from the body, especially if low/red in colour, are seen as energy leaks. If malfunctioning continues over a period of time, then physical disease may well manifest in the associated organ/chakra area. In low energy states, such as chronic fatigue, the majority of the Chakras are often seen clairvoyantly to be smaller in shape than those seen in 'healthy' states.

Barbara Ann Brennan has got some valuable information in her two books, *Hands of Light* and *Light Emerging* concerning the shape of energy centre or chakras. One of limitations PIP, being 2-dimensional only, is that it can only give us a limited understanding of a chakras functional health.

The Major Chakras and associated endocrine gland

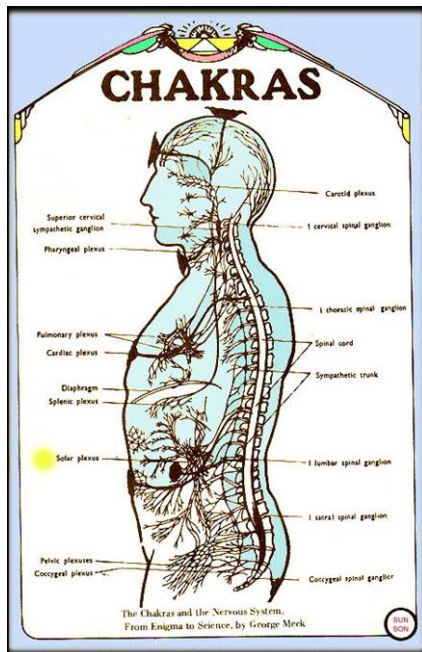
<i>Crown</i>	<i>Sahasrara</i>	<i>Pineal</i>
<i>Brow</i>	<i>Ajna</i>	<i>Pituitary</i>
<i>Throat</i>	<i>Vishuddhi</i>	<i>Thyroid</i>
<i>Heart</i>	<i>Anahata</i>	<i>Thymus</i>
<i>Solar plexus</i>	<i>Manipura</i>	<i>Adrenals</i>
<i>Navel</i>	<i>Svadisthana</i>	<i>Pancreas</i>
<i>Base</i>	<i>Muladhara</i>	<i>Gonads</i>

Additionally there are also 16 minor charkas that exist in such places as the back of the knees, base of the feet, palms of the hands and in the eyes, to name a few. Interestingly these charkas link with the other more major ones. Such an example is the manner with which the palm charkas connect directly to the heart chakra.

This explains how the majority of healing operates through the laying on of hands. In actuality there are as many energy vortices (charkas) as there are pores in the body, however energy passed directly to the major charkas is obviously a more efficient method of affecting the energy systems.

The Energy Centres – Chakra System

Root chakra-muladhara



The root or base chakra is a vortex of spiralling energy that is able to act as a satellite for absorbing geoplasmic Earth frequencies, or as an energy trap door for the most physical and slowest of the etheric toxins. In Sanskrit there are many sacred sound vibrations and Yantra God configurations to help the devotee rebalance through vocalisation/chanting and meditation. For example with the root Brahma is the preceding Deity and the square is the geometrical shape. In energy field medicine terms the base chakra's treatment range is from 0.5 Hertz – 30 Hertz. The colour often associated with this chakra is the slowest on the visible spectrum – Red and it resonates with the musical note 'C' or Doe.

This chakra is responsible for the sexual organs and will be disturbed if sexual activity is out of balance. It is associated with the extreme disharmony of **Anger** and the harmonious state of **Kindness**.

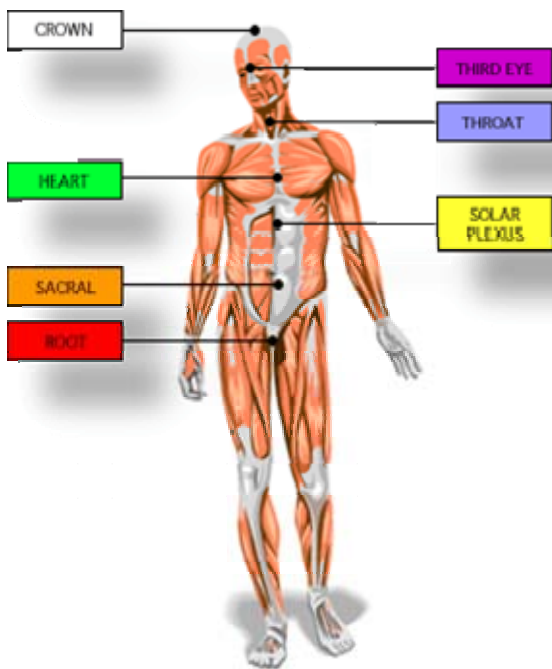
Navel / Sacral / Splenic chakra-swadisthana

There is confusion about this chakra area, more than any other. The reason for this is that there are in fact several minor Chakras. The Vedic tradition states that all major Chakras are along the central spinal axis. Yet many other traditions have the major splenic chakra off centre above the spleen. In our research the most important area identified is that of the Navel area, relates to the Pancreas and is measured two finger widths below the navel. Otherwise known as the sacral or naval chakra that corresponds to the Hara of Chinese medicine. The water element is drawn into all biological functions and monitored by this chakra. The Deity is Vishnu and the geometric shape is the circle and the glandular connection is via the Pancreas, but will influence the surrounding digestive and reproductive

areas. The note that resonates with this chakra is ‘D’ – Ray and the colour most harmonious with this chakra is Orange.

This chakra is responsible for the pancreas and will be disturbed if attachments are out of balance. These attachments can be to anything from yourself to your house to your parents or partner. It is associated with the extreme disharmony of **gluttony** and the harmonious state of Chastity.

Solar plexus-manipura



This plexus helps modern medical practitioners understand the concept of Chakras because solar plexus is a term they often use and in a location they know. Intellectually minded types are centred in this chakra. It's physiological function deals with the fire of digestion and is the chakra that is activated whenever the fire element is generated in the body. It is responsible for and influenced by the Adrenal glands that sit on top of the Kidneys and are responsible for the release of adrenaline and nor-adrenaline. These are our Flight or Flight hormones and influence the sympathetic and parasympathetic nervous systems. The triangle, the note ‘E’ and the colour yellow are also associated with this Manipura chakra.

This chakra is responsible for the Adrenal glands will be disturbed if true expression and incorporation of self is out of balance. It is associated with the extreme disharmony of Greed and the harmonious state of Abstinence.

Heart chakra- anahata

The sun radiates life into the solar system; in the same way the soul seated at the heart chakra radiates life into the body. The green governing colour of balance is associated with this chakra, yet like the Sun it can often appear like a golden yellow. The Soul nestles here and its 2 poles cause the elliptical shape of the HEF.

The Thymus Gland is the endocrine gland that is controlled and influences the heart chakra. This gland is the master immune gland is responsible for the production of lymphatic cells which are the key requirements of a healthy lymphatic system. The Heart chakra is thus the seat of all healing, whether in oneself or others. The heart Chakra is connected directly to the minor chakras of the hands and thus why so much unconditional love (true healing) work is carried out with the hands.

This chakra is responsible for the Thymus Gland and the psychological state of unconditional love. It is associated with the extreme disharmony of Envy and the harmonious state of Unconditional Love.

Throat chakra- vishuddi

The throat chakra has two predominant colours, orange which stimulates the thyroid gland and triggers the expansion of the lungs, and indigo, which stimulates the parathyroid and triggers the contraction of the lungs. The colour blue, so in the sonic octaves and the element Akasha are associated with this area. The throat chakra is linked in many teachings to the opening of the Third and Fourth ‘eyes’ and the

gateway to higher sensory or experiential perception. This chakra obviously holds the key to expression and communication. Importantly it seems that is not just a matter of expressing the true feeling but that those true feelings must be felt listened to otherwise the communication energy exchange is incomplete.

This chakra is responsible for the Thyroid gland will be disturbed if true communication of self is out of balance. The thyroid controls metabolism. It is associated with the extreme disharmony of **Sloth** and the harmonious state of **Zeal**.

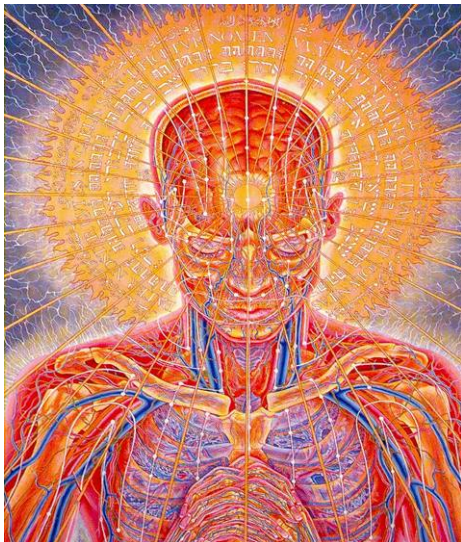
Third Eye -Brow chakra -ajna

The Brow chakra is an important controlling master chakra and interacts with the Crown both through the influence they hold jointly on the two interactive endocrine glands the Pineal and the Pituitary. There is some debate as to which is controlled by which but it is perhaps more logical and natural to think of them as interdependent and interactive, just as their physical glands. The Brow chakra is also known by the name the 'third eye' as it connects most strongly to the Pineal gland. This gland is light sensitive and in reptiles acts as a third eye receiving light information not through the actual eyes. In Humans there are receptors in the eye that don't travel to the visual cortex but instead move through the Pineal gland. This gland is the seat of our Psychic abilities and where intuition occurs.

This gland is the blood's watchdog and preserves the radioactive and radio-emanative equilibrium. For example the brow chakra is linked to the pineal gland with its two petals, which gives the mind its duality.

The Pineal (in conjunction with the Pituitary) has full control over the functionality of the other endocrine glands in the body. It is in these glands that we find the roots of the other Chakras. Cerebrospinal fluid constantly washes over the pineal and the pituitary gland and then flows down the spinal column. So these glands are able to send 'Vibrational' signals (the bodies own homeopathy through the memory of water) to the other glands instantaneously which controls the spin of the vortex.

by Alex Grey



This vortex rises in velocity until the speed of light with each chakra having a propensity to resonate with a particular colour on the spectrum. Depending on the signal from the brain (pineal and pituitary) the relevant chakra either absorbs the colour required or eliminates the etheric toxins, whilst the physical body eliminates the solid, liquid and gaseous toxins.

This chakra is responsible for the Pineal gland and will be disturbed if one is holding back ones own knowledge of etheric energetic principle as well as if the body is severely out of balance. It is associated with the extreme disharmony of **Lust** and the harmonious state of **Restraint**.

Crown chakra-sahasrara

This main chakra is located at the vertex and is known as 'the thousand petalled lotus'. It is the spiritual link of the individual soul with the rest of existence. The role of this energy centre is well known in the Science of Yoga and in Chinese traditional medicine. Yet a modern scientific understanding of this main chakra is emerging with startling implications for mankind.

This chakra interacts with the Pituitary (as well as the pineal) to be an over arching control over the entire bio-energetic system, physiological, psychological and energetic.

This chakra is responsible for the Pituitary gland and will be disturbed if there is lack of spiritual connectivity and growth. This is the area where we hold onto our egos' (our personalities). Letting go

is the key to opening the cap that contains our energetic awareness inside the body. The Crown chakra is associated with the extreme disharmony of **Pride** and the harmonious state of **Humility**.

There are many minor Chakras, which include temple, forehead, jaw, mouth, ear, elbow, palms, fingertips, knee, feet and toes. In fact we have billions of tiny chakras, like pores in the body, absorbing and expelling continuously.

These energy vortices are clearly visible with the latest compression and aura vision devices so there is absolutely no deviation from the ancient Vedic and Avestan Yogic knowledge from that which we actually experience in our laboratories. The Vedas themselves are as good a scientific manual for the structure and function of the Chakras nadis and meridians as the current allopathic literature is for the preparation of medical professionals.

Chakras are shapes caused by energy in motion that is connected through symmetry and a point on the spinal column. Its function is to transmute lower frequencies into higher frequencies and vice-versa. The physical representation of this is to expel toxins (spin them out like a Frisbee) and to attract and tune into particular cosmic colours and vibrations that are currently required for the alchemical processes sometimes enforced by an unavailability of what is required in the dietary range. That is the transmutation of elements one into another and can only occur resonating the element back into high frequency Akasha and the re solidified as the new element required.

With this in mind (as well as work carried out by Fritz Albert Popp) areas that are disharmonious or less healthy will be trying to absorb more energy than areas that are healthy. It seems therefore that physical diseases occur after the HEF has become so severely imbalanced that it can no longer perpetuate quantum healing and sustain the physical matrix against decomposition.

So ultimately the body interacts with the cosmos through light to balance itself. That is why we have a chakra system so that higher frequencies above our range of sight can be utilised by the body.

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Colours, emotions and endocrine glands associated with Chakras

Each chakra colour represents a band of frequencies. Harry Oldfield has found that green crystals are very effective in the solar plexus region and that crystals with a yellow ray are very effective in the heart chakra zone. He theorises that this seeming reversal of (classical) colours could be due to the fact that modern man has to cope with a polluted environment and that green (balance) is needed in the area of the solar plexus and its associated organs of cleansing and elimination.

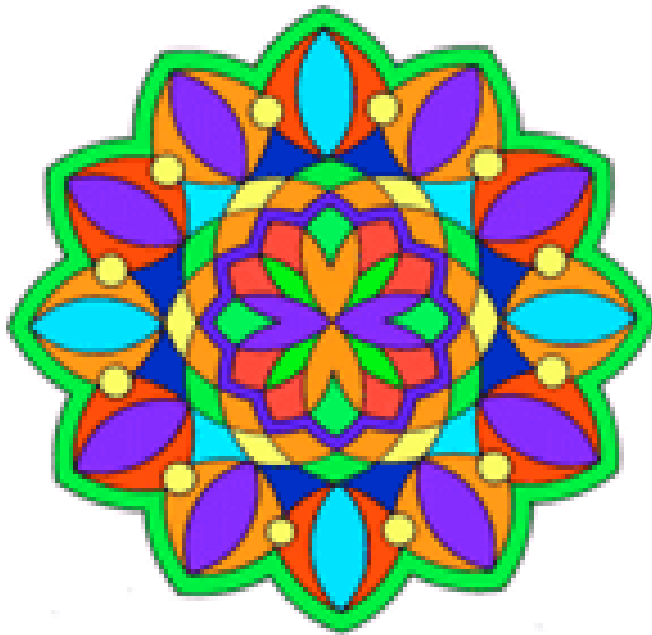
Chakra	Colour	Endocrine	Sins	Virtue
Crown	White	Pineal	Pride	Humility
Brow	Violet	Pituitary	Lust	Restraint
Throat	Blue	Thyroid	Sloth	Zeal
Heart	Yellow	Thymus	Envy	Love
Solar Plexus	Green	Adrenals	Greed	Abstinence
Navel	Orange	Pancreas	Anger	Kindness
Base	Red	Ovaries/Testes	Gluttony	Chastity

Colours, Wavelengths, Polarity and Speeds

Colour	In Angstroms	Speeds oscillations per second	Related chakra & endocrine
VIOLET	4,000	732 Trillion	<i>Pituitary / Crown Chakra</i> <i>Sahasrara</i>
INDIGO	4,200	695 Trillion	<i>Pineal / Brow Chakra</i> <i>Third Eye/Ajna</i>
BLUE	4,600	658 Trillion	<i>Thyroid- / Throat Chakra</i> <i>Vishuddi</i>
			<i>Thymus / Heart Chakra</i>

GREEN	5,400	584 Trillion	<i>Anahata</i>
YELLOW	5,800	510 Trillion	<i>Adrenals / Solar Plexus Chakra</i> <i>Intestines/Manipura</i>
ORANGE	6,200	474 Trillion	<i>Pancreas / Navel Chakra</i> <i>Svadisthana</i>
RED	6,800	437 Trillion	<i>Reproductive / Base Chakra</i> <i>Muladhara</i>

Colours relate to endocrine glands and chakra areas, and as we scale the colours we also climb the musical scales that are in turn are related to planets. Angstrom measures wavelengths.



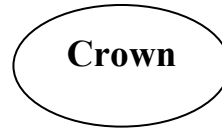
**Feeling
Healing with
Divine Love is
the key!**



CHAKRAS AND THEIR ASSOCIATED ENDOCRINE GLAND

Brief Description of the Gland Function

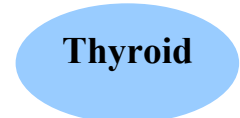
Master gland: regulates activity of most endocrine glands; influences growth, sex hormones, etc. Expanse of spirituality.



Controls diurnal (day and night) rhythms; sleep patterns. Seat of psychic abilities.



Regulates general rate of metabolism: body metabolism can 'idle' too slowly or 'rev' too quickly. Communication delivery zone.



Immune system: defends against infections. Under activity = low immunity to infections; over activity = body attacks itself in conditions like rheumatoid arthritis. Area responsible for expression of unconditional love



'Fight or flight' mechanism: can be overactive with stress, leading to hypertension (high blood pressure); under activity = tiredness, lethargy, burn out. Influences digestions and urinary systems. Expression of true self.



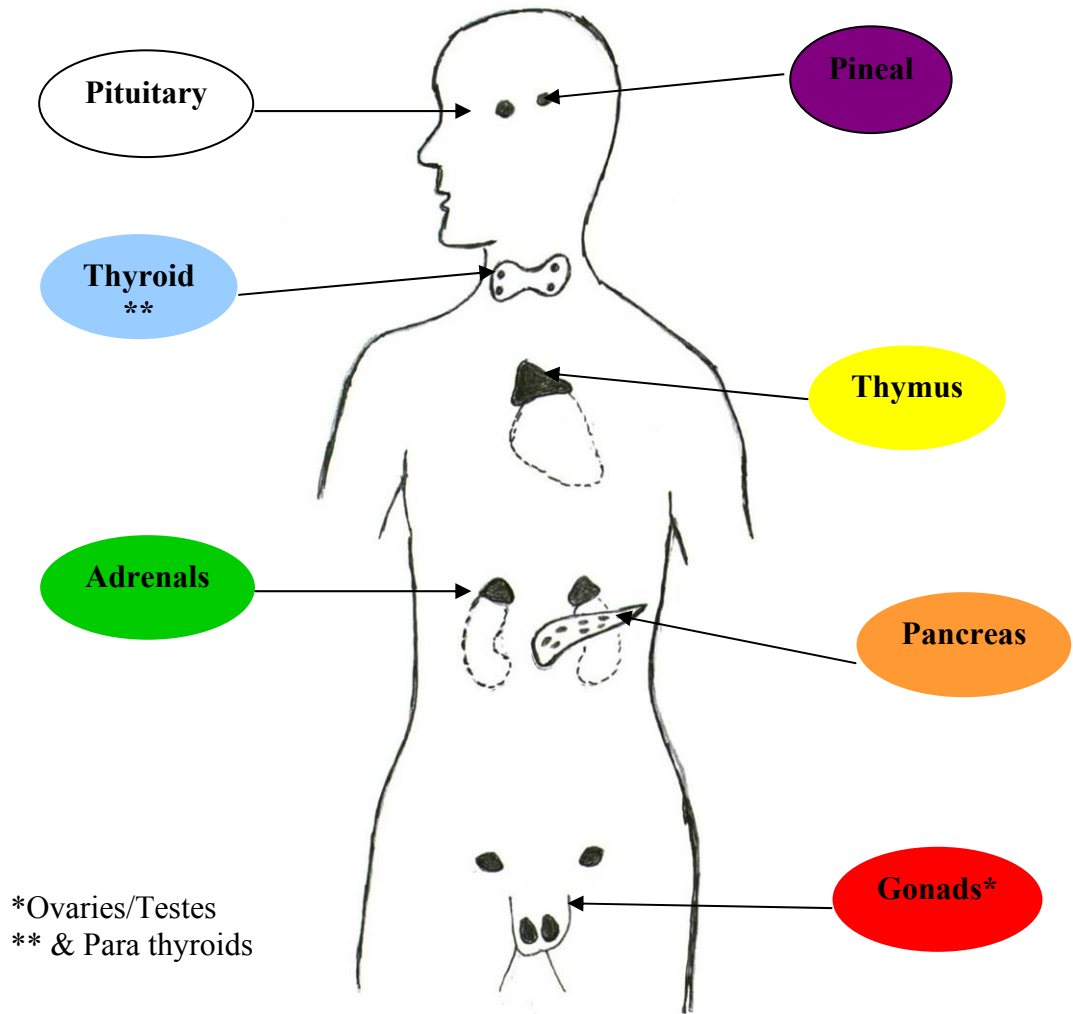
Regulates metabolism and storage of glucose (sugar): glucose levels in blood should be stable to provide constant energy for cells. Levels too high or too low can lead to problems, including coma. Attachments to everything.



Ovaries and testes: regulates production of sex hormones, e.g. oestrogen and testosterone. Base of sexuality and stablitiy.



Chakras & The Endocrine System



The Endocrine system is our most important physiological system. It is responsible for the control of our immune system. All our bodily functions are involved with the immune system and if it is not functioning in a correct manor then the other body systems become susceptible to attack. Each of our Chakras is connected to an endocrine gland thus providing the mechanism for energy to interact with our physical immune system.

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

THE ENDOCRINE GLANDS

General Area and location	Specific Area	Hormone	Function	Hyper-secretion	Hypo-secretion
<p style="text-align: center;">P I T U I T A R Y</p> <p>Base of brain has two hormone secreting lobes : anterior and posterior</p>	<p style="text-align: center;">Anterior lobe hormone</p>	Human growth Hormone (HGH).	Height and Growth	Gigantism	Dwarfism
		Melanocyte stimulating hormone.	Melanin in basal layer of skin.		
		Thyrotrophin (TSH).	Controls Metabolic Rate in Thyroid glands.	Graves disease (increase MBR, heart rate, anxiety, intolerance heat, (bowl action).	Body slows below normal. Cretinism (at birth)
	Adreno-cortico-trophin (ACTH)	Controls metabolism of carbos, fats and protein in Adrenal Cortex.	Stunted growth, Cushing’s syndrome, hypertension, muscular atrophy, diabetes mellitus	Myxoedema (untreated cretinism), Goitre (thyroid enlargement).	
		Gonadotrophins: Follicle-stimulating hormone.	Sexual dev. and organs. oestrogen e) Sperm men	Polycystic ovarian syndrome Endometriosis Fibroids Hyper-Testosterone (WOMEN) hirsutism, amenorrhoea	
		Luteinising hormone	Progesterone Testosterone	Hyper-Oestrogen (MEN) Muscle atrophy, Breast growth Hypo: Addisons disease	
	<p style="text-align: center;">Posterior Lobe</p>	Antidiuretic hormone (ADH)	Water absorption in Kidneys	Oedema (swelling)	Diabetes insipidus
		Oxytocin	Contracts mammary glands release milk. Contractions child birth		
General Area	Specific Area	Hormone	<i>Function</i>	Hyper-secretion	Hypo-secretion

Pineal body: Centre of brain		Melatonin	Controls body rhythms and responds to sunlight	Sleepy and less alert	Jet lagged feeling, depressed, SAD
Thyroid Gland: In the front of the neck larynx and trachea		Thyroxin, triiodothyronine (in response to TSH)	Iodine needed for hormones to control tissue metab and maintain BMR	Graves disease (increase MBR, heart rate, anxiety, intolerance heat, frequent bowl action).	Body slows below normal. Cretinism (at birth) Myxoedema (untreated cretinism), Goitre (thyroid enlargement).
		Calcitonin	Maintains phosphorous and calcium.	Lowering of blood Calcium by inhibiting loss of calcium from bones	
		Parathor-mone	Maintains calcium in plasma, stimulates re-absorption Calcium in Kidneys, activates. Vitamin D	Hyper-parathyroid. Softened bones---spontaneous fractures	Hypo-parathyroid Abnormally low blood calcium; tetany- spasm hand + feet by over contraction muscle Convulsions – over stimulated nerves
Parathyroids: Four, two either side behind thyroid		<i>Glucocorticoids</i>	In response to ACTH (pit + anteri lobes) metabolises Carbohydrate s, fats + proteins	Stunted growth; Hyper: Cushing's syndrome; hypertension; moon face; muscular atrophy; diabetes's mellitus	
		Androgens (sex hormones)	Sexual development ovulation; hair growth. Thought little import to gonads	Hyper-Testosterone (WOMEN) hirsutism, amenorrhoea Hyper-Oestrogen (MEN) Muscle atrophy, Breast growth Hypo: Addisons disease	
General Area	Specific Area	Hormone	<i>Function</i>	Hyper-secretion	Hypo-secretion

Thymus : In the thorax, either side of the trachea.		Thymic Factor (TF) and Thymic Humoral factor (TF) - promote development of T- lymphocytes in thymus gland thus part of the immune system.	Lowered immunity and / or stress		
Adrenal Glands: Top of each kidney, 2 parts; adrenal cortex and adrenal medulla	Adrenal Cortex	Mineralocorticoid - aldosterone	Regulates salt in body, esp. sodium chloride and potassium	Kidney failure HBP, too much Potassium = Abnormal heart beat	Addison's disease, muscular atrophy and weakness; body system slows down.
	Adrenal Medulla	Adrenaline and Noradrenaline	Supports sympathetic nervous system: prepares the body for 'fight or flight' by speeding up HR, slowing digestive + urinary systems. Increases blood sugar level. Adrenaline powerful vasoconstrictor, ie constricts blood vessels in order to increase blood pressure.		
Pancreas: behind and slightly below stomach. Connected to duodenum via pancreatic duct	Islets of Langerhans	Insulin	Converts glucose to glycogen in liver. Blood sugar levels	Hypoglycaemia (low BSL) incl. Hunger, sweating, can lead to coma	Diabetes mellitus (high BSL); fatigue, weight loss or coma
		Glucagon	Converts glycogen to glucose in liver		
Ovaries: either side of uterus Testies: within the scrotum behind penis	Female sex hormone oestrogen and progesterone		Female sexual characteristic, tits, hips, hair, period	Hypo of Luteinising hormone = polycystic ovarian syndrome. Hyper of oestrogen. Males = muscle atrophy and tits!	
	Males sex hormone: Testosterone and Spermatozoa		Males sexual character, hair voice, muscle, produce spermatozoa	Hyper testosterone in Females can lead to virilism, hirsutism and amenorrhoea	

Colours in relation to their elements

The concept that elements are frozen rays of light is appealing, it seems that analysis of an elemental particle, of say carbon from an accelerator will reveal a heavy preponderance to yellow in a colour spectrometer.

In the small text are **Turene's** fundamental ray disc whereby the vertical polarisations of any element can be established with a simple radiesthesia technique.

IN THE LARGE TEXT ARE THE PREPONDERATING COLOUR OF ELEMENT

INFRA RED – Hydrogen, helium, lithium,

RED

CADMIUM, HYDROGEN, KRYPTON, NEON. Beryllium, boron, carbon, nitrogen, oxygen, fluorine

ORANGE

ALUMINIUM, ARSENIC, SELENIUM, BORON, CALCIUM, COPPER, HELIUM, SILICON, XENON. Neon, sodium, magnesium, aluminium, silicon,

YELLOW

CARBON, GLUCINUM, IRIDIUM, MAGNESIUM, RUTHENIUM, SODIUM, TIN, TUNGSTEN, MOLYBDNUM, OSMIUM, PALLENDIUM, PLATINUM, RHODIUM.
Phosphorus, sulphur, chlorine, argon, potassium, calcium, scandium, titanium,

LEMON

CERIUM, GERMANIUM, GOLD, IODINE, IRON, LANTHANUM, NEODYMIUM, PHOSHORUS, PRASEODYMIUM, SAMARIUM, SCANDIUM, SILVER, THORIUM, VANADIUM, TITANIUM, YTRIUM, URANIUM, ZIRCONIUM.

GREEN

BARIUM, CHLORINE, KASHMIRIUM, NITROGEN, RADIUM, TELLERIUM, THALLIUM.
Vanadium, chromium, manganese, iron, cobalt, nickel, copper, zinc, gallium, germanium, arsenic

TURQUOISE

CHROMIUM, PLUMBIUM, FLOURINE, MERCURY, NICKEL, TANTALUM, ZINC.

BLUE

CAESIUM, INDIUM, OXYGEN. Selenium, bromine, krypton, rubidium, strontium,

INDIGO

BISMUTH, IONIUM, LEAD, POLONIUM, Yttrium, zirconium.

VIOLET

ACTINIUM, COBALT, GALLIUM, NITON. Niobium, molybdenum, technetium, ruthenium,

PURPLE

BROMINE, EUROPIUM, GADOLINEUM, TERBIUM.

MAGENTA

IRENIUM, LITHIUM, POTASSIUM, RUBIDIUM, STRONTIUM.

SCARLET

ARGON, DYSPROSRUM, KERBIUM, HOLMIUM, LUTECIUM, MANGANESE, THULIUM, YTTERBIUM.

ULTRA VIOLET

Rhodium, palladium, tin, iodine, barium,

WHITE

erbium, thulium, hafnium, platinum, gold, mercury, lead, radon, radium, uranium.

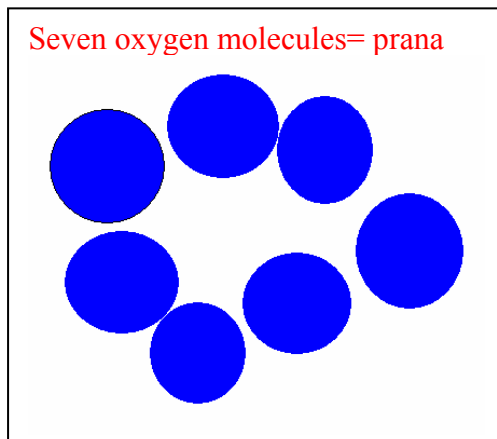


Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

Energy field structure and function: Chi, Prana and bio-energy

The concept of universal energy is the most common theme of all mystical traditions. In Traditional Chinese Medicine (TCM) the term chi or qi is used to describe its presence.

In terms of human anatomy the chi is the bio-energy and in its multiple forms it provides the breath of life. So there is the division between genetic chi and inherited chi, that both reside in the kidneys, and with splenic chi that derives from food, breath and the environment.



In the PIP Energy field image the red streams of tired chi can be seen earthing as healing or rebalancing takes place.

In the Vedas the universal energy is known as prana and is further sub-divided into apana, surpana, upana

The Acu-points and Ashi Points.

The acu-points (also known as regular points) are the link between the chakra system, as minute energy centres themselves, they are strung along the human anatomy to form

lines or channels- these sequences of acu-points in turn define the anatomy of the meridians.

These points are not in dispute as they are being stimulated, needled and monitored by millions throughout the world. A new device called the Acuvision-4 is currently being marketed which claims to reveal the exact location and functional health of each acu-point

There is a huge difference of some 70,000 Ohms between the skin resistance at an acu-point and on another part of the skin surface.

The acu-points play a crucial role in eliminating the gaseous toxins from the body, they can get so blocked with the exhaust debris they need to be physically unblocked to retain well-being, like a pipe and pipe cleaner- but in the acu-points case with a needle by an acupuncturist!



The acu-points can be divided into several groups, primary points, confluent points, connecting points and cleft points. Further sub-divisions give us back-shu points, front-mu points, crossing points, influential points, auricular points. Their original Chinese names also reveal their purpose, well points, spring points, stream points, river points and sea points. Others are named after animals, such as fish and rabbit; plants such as bamboo; objects such as cooking vessel and basin and architectural structures, such as gate, window, chimney, courtyard and platform.

The Ashi points are 'unfixed points' and tender spots as they are not anatomically standardized and appear nameless but are used especially in pain relief.

The HEF is being emitted from the body by thousands of tiny torch lights, combined they make up the elliptical sheath – the first line of defence of the human body.

The Ming men

The Gate of Life or Ming men is often referred to as the right kidney but as the name suggests the two kidneys could be the gate posts and the swinging gate could be at the right kidney, a theory which could accommodate all of the differing views.

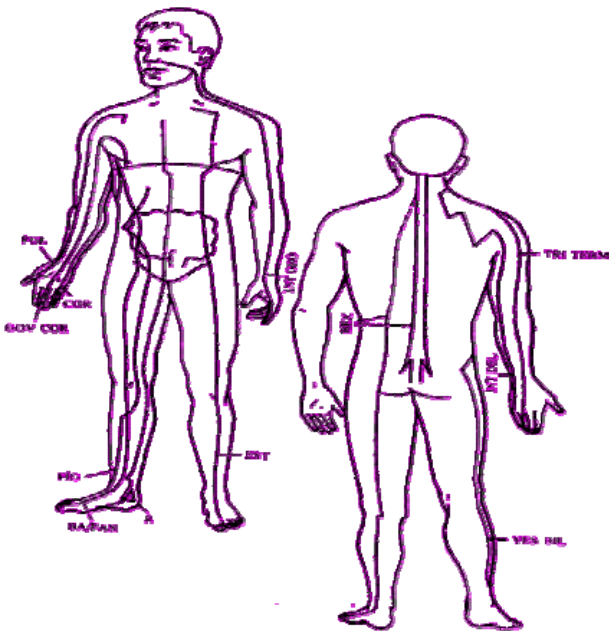
The Meridians Channels

The meridians are an integral part of the body's energy system. Historically the basis for TCM for over a thousand years, in comparison to modern genetic research an 'old grand-daddy'. They comprise a network of energy channels and can be thought of as the body's energy bloodstream. "Meridian" is the most common translation of the Chinese ching-lo (jingluo), ching means to pass through and lo means a net or to connect (Tsuei, Julia, J, 1996). The network connects hundreds of tiny points in the body where heat, electromagnetic and more subtle energies tend to form in reservoirs. These 'hot spots' on the surface of the skin are what are referred to in Chinese medicine as acupuncture points. Although connecting the acupuncture points the meridians are not limited / restricted to the body surface flowing as they go deep into the body, through the organs and muscle groups and hence can be thought of as the body's energy bloodstream.



There are twelve main or 'trunk' meridians surfacing 12 times throughout the body as channels forming a continuous interlinking chain. Each channel or segment is required for the organ / system it serves. Below is a table indicating the 12 trunk meridians together with their approximate start and end points.

The trunk meridians	Start/End point of meridian	
	Start	End
Spleen	Left Big toe	Below left arm pit
Heart	Right arm pit	Little finger
Small intestine	Little finger	Ear
Bladder	Between eyes	Little toe
Kidney	Bottom of feet "wellspring of life points"	Below throat
Circulation-Sex	Side of chest	Second finger
Triple warmer	Ring finger	Temple
Gall bladder	Between temple and eye	Fourth toe
Liver	Big toe	Below right breast
Lung	Thumb	Top of chest
Large intestine	First finger	Left of l. nostril
Stomach	Below l. eye	Second toe



There are two additional energy pathways known as the *central (conception)* and *governing* ‘meridians’. The term meridian is used loosely here since their function is different to those of the 12 ‘trunk’ meridians. Rather than being associated a specific organ / system these two energy channels are thought to be responsible for interaction with the surrounding (energetic) environment.

These diagrams show some of the major meridians of the body, in particular the central and governing. Since these have a role of *external* energy interaction, they are the channels shown most clearly with the PIP.

Each of the trunk meridians flows through and serves at least one organ or physiological system. The role of each meridian often relates to the function of the organ with which they are linked. For example, like the kidneys themselves, function of the kidney meridian is one of

purification i.e. it filters toxic energy allowing energies that have been obstructed begin to flow freely.

The meridians affect every physiological system in the body including; immune, nervous, endocrine, circulatory, respiratory, digestion, muscular and lymphatic. Their roles include bringing vitality and balance, removing blockages, adjusting metabolism and even determining the speed and form of cellular change. If the meridians energy is obstructed or unregulated the system it feeds becomes jeopardised.

Since disruptions in energies often precede illness (as with chakra imbalances), meridian readings are sometimes used to predict health vulnerabilities with the possibility of preventing disease.

The Eight Extra Meridians

Including the above-mentioned Governing and Conceptual vessels, which must be linked to the front and rear chakras, are six further extra meridians. These are the Chong, which connects with the kidney meridian and is lateral at the abdomen; the Dai meridian, which connects to the Gallbladder meridian and is on the lateral side of the lumbar region. There are also the Yanqiao, Yinqiao, Yangwei and Yinwei meridians which connect with multiple meridians – all the above mentioned 6 channels share their points with the 14 major meridians this helps strengthen and regulate the flow of Qi in all the channels.

The Twelve Divergent Meridians and Fifteen Collaterals.

The divergent meridians and collaterals ensure the entire body is energised with Qi as they branch from the 12 main meridian channels and so strengthen and join the entire meridian system. The Divergent meridians are mainly in the upper part of the body and run deep within it, consequently they do not have any surface acu-points and act as extensions to the main meridians. The collaterals are in control of the human body surface and each of them has a connecting point with the main channels.

The Meridian’s dynamics

There are three factors, which affect the dynamics of the twelve meridian channels. Whether they are Zang organ meridians (heart pericardium, liver, spleen, lung, kidney – all solid organs) or Fu meridians, (gall bladder, stomach, small and large intestine, urinary bladder and the sanjiao – the hollow organs)

The Zang organs are related to Ying – The Fu organs are related to Yang. The second factor is whether they are Ying or Yang. The third is whether they terminate at the hand or foot. There are eight other energy meridians in classical Chinese acupuncture. The main two correspond directly with the Sushumna Nadi with its chakra chain of energy vortices. These eight channels regulate the prana / chi and blood of the whole body.

The Du channel is the confluence of the Yang channels and is known as the governor. The Ren channel is the confluence of the Ying channels and is the responsible channel. The Du is the Back Midline channels and the Ren is the Front Midline channels. The Chong Mi or Vital channel is known as the ‘Sea of Blood’. Dai channel is like a belt around the waist and gives the HEF its horizontal symmetry. The Ying-chiao and the Ying-wei handle the motility and regulation of the Ying channels. The Yang-chiao and the Yangwei channels handle the motility and regulation of the Yang channels.

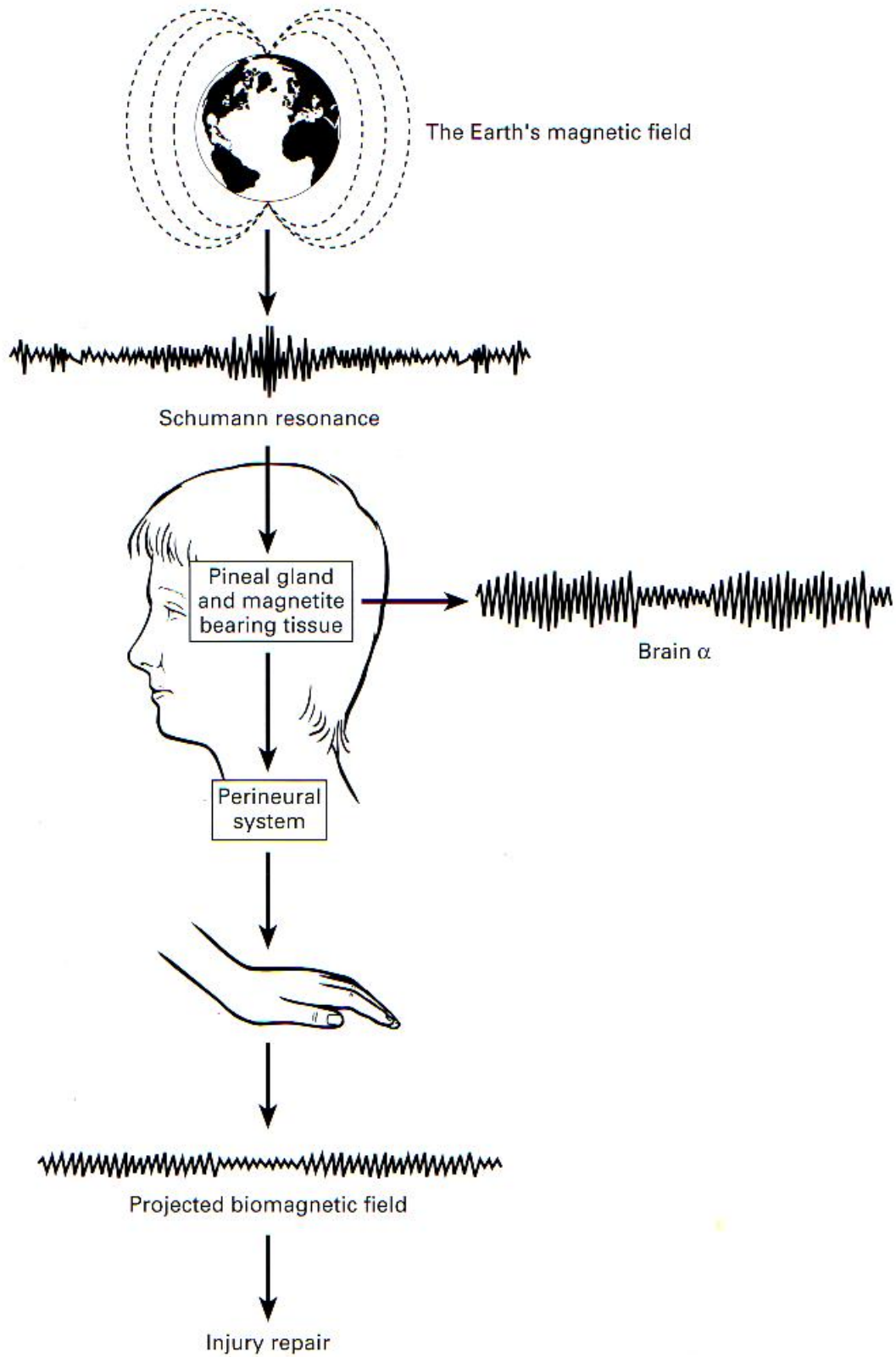


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**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**



A summary of the pathways involved in magnetoreception, the regulation of brain waves and therapeutic emissions from the hands of therapists. Micropulsations of the geomagnetic field, caused by the Schumann resonance, are detected by the pineal and magnetite-bearing tissues associated with the brain. During the 'free-run' period, when the

brainwaves are not being entrained by the thalamus, the Schumann resonance can take over as the pacemaker, particularly if the individual is in a relaxed or meditative state (Schumann signals are thousands of times stronger than brainwaves). The brainwaves regulate the overall tone of the nervous system and the state of consciousness. The electrical currents of the brainwaves are conducted throughout the body by the perineural and vascular systems. The biomagnetic field projected from the hands can be much stronger than the brainwaves (Seto et al 1992) indicating that an amplification of at least 1000 times takes place somewhere in the body. Alternatively, the body may simply act as an effective antenna or channel for the Schumann micropulsations. The projected fields scan or sweep through the frequencies medical researchers are finding useful for 'jump-starting' injury repair in a variety of tissues (see Table 7.1). (Portions of this illustration are after Becker 1990b, with kind permission from Robert O. Becker, MD.)

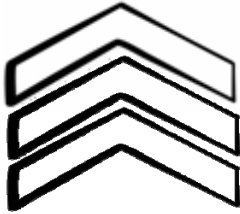


A Schumann signal and an alpha brainwave.

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;
 Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

Our FEELINGS are our SUPREME GUIDES:

Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.**

Kevin 26 Sep 2017

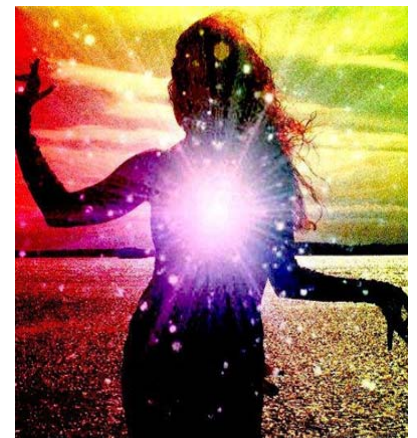
Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.



in conjunction with



Longing for the Truth when also longing for Divine Love.

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings

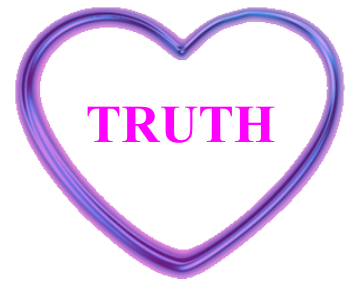


Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
 Your feelings are your spiritual guide.
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.
 It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new

Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



my
House is your
Paradise

HOME



JAMES PADGETT MONCRIEF **REVELATIONS** 1 Commenced 1914
2 Completed 2014



1 Divine Love addresses the issues of the Rebellion.

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father's way of loving us into love and then we live what we are, love.



2 Feeling Healing addresses the issues of the Default.

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.

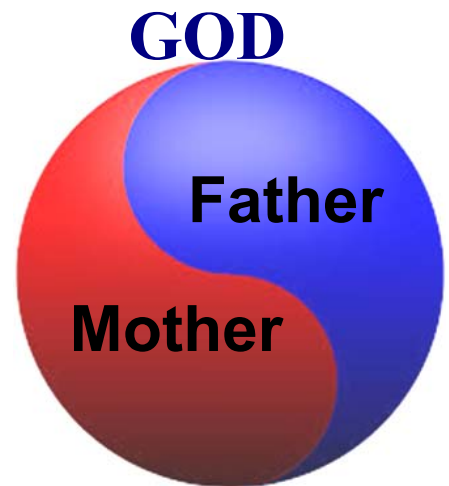


Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018





God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.



Jesus and Mary are a son and daughter of God.



Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

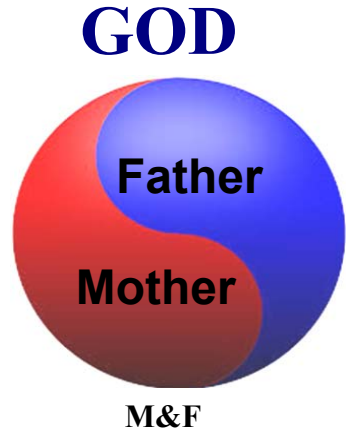
We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



J&M



AVO

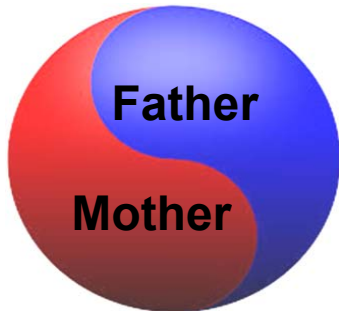


HUM



WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It’s that simple.



AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

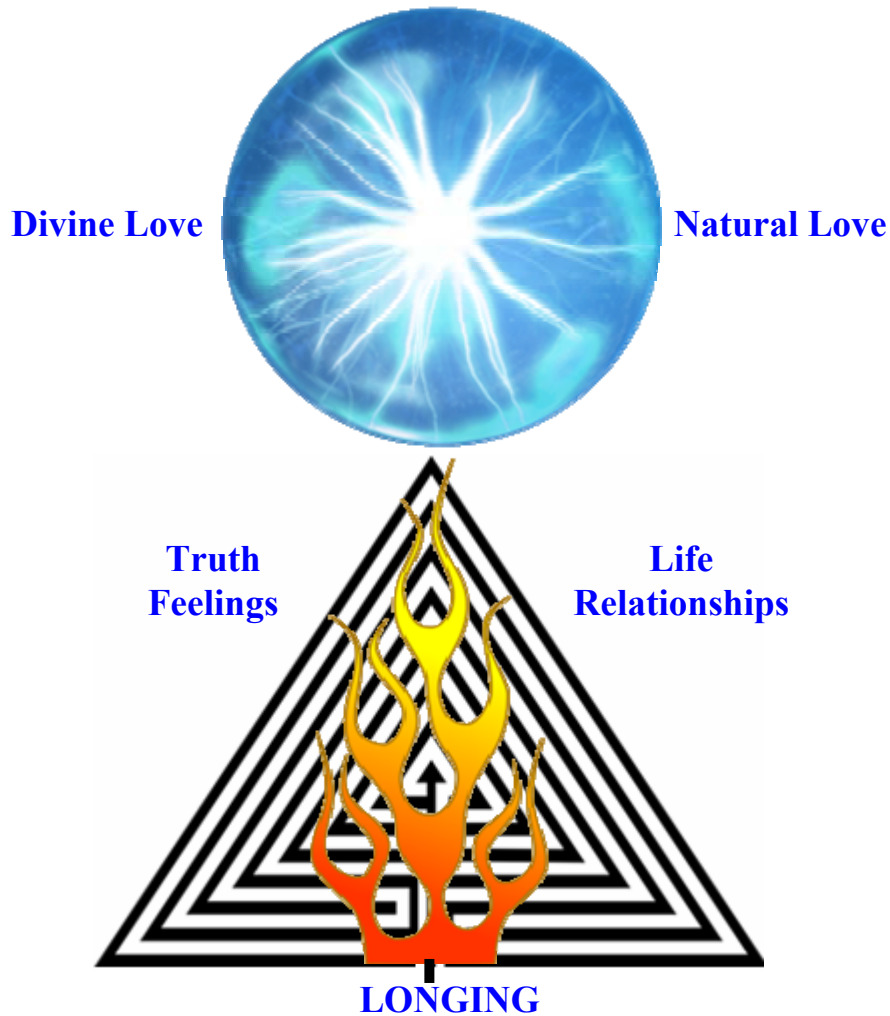
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

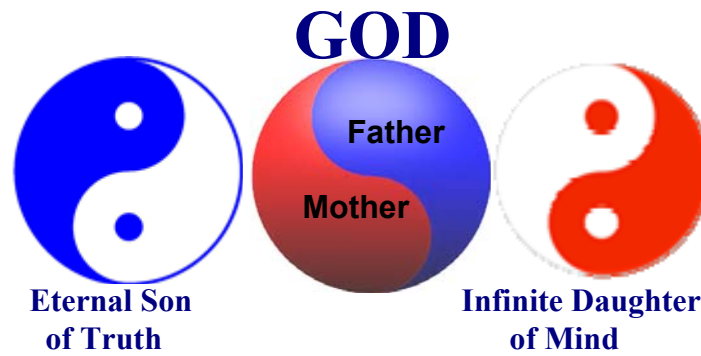
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

- 1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
- 2. **ETERNAL SON (ES) – Divine Truth**
- 3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

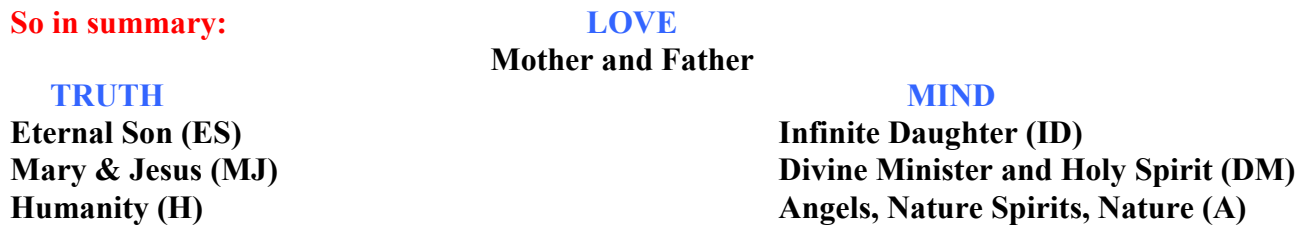
The LOCAL UNIVERSE TRINITY:

- 1. **MARY M and JESUS (MF) – Love – the Living Truth**
- 2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
- 3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

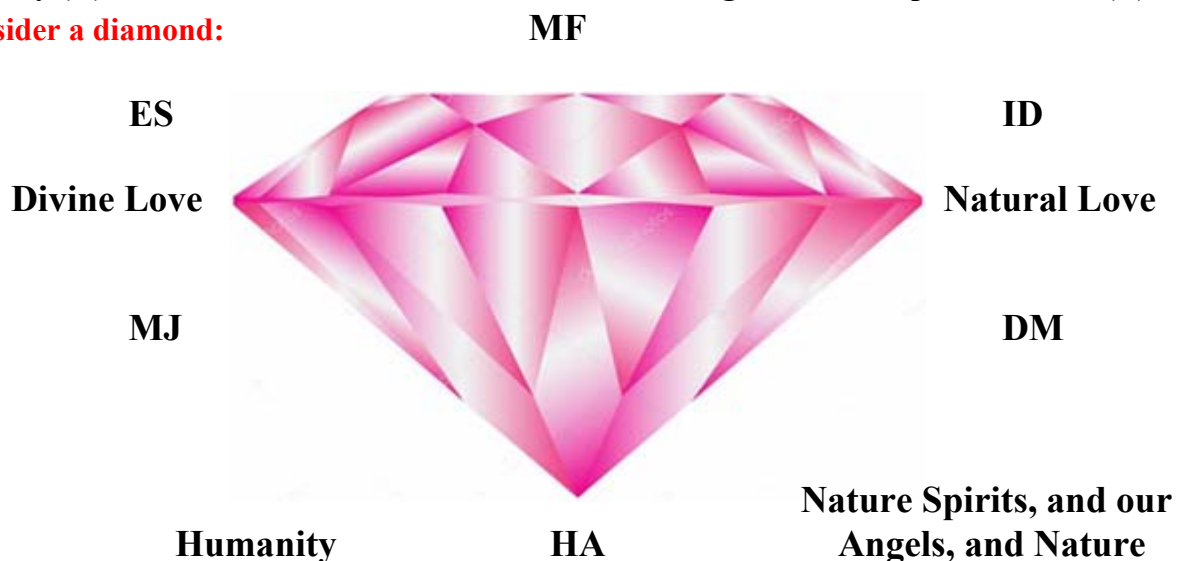
PLANETS that engage in REBELLION:

- 1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
- 2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

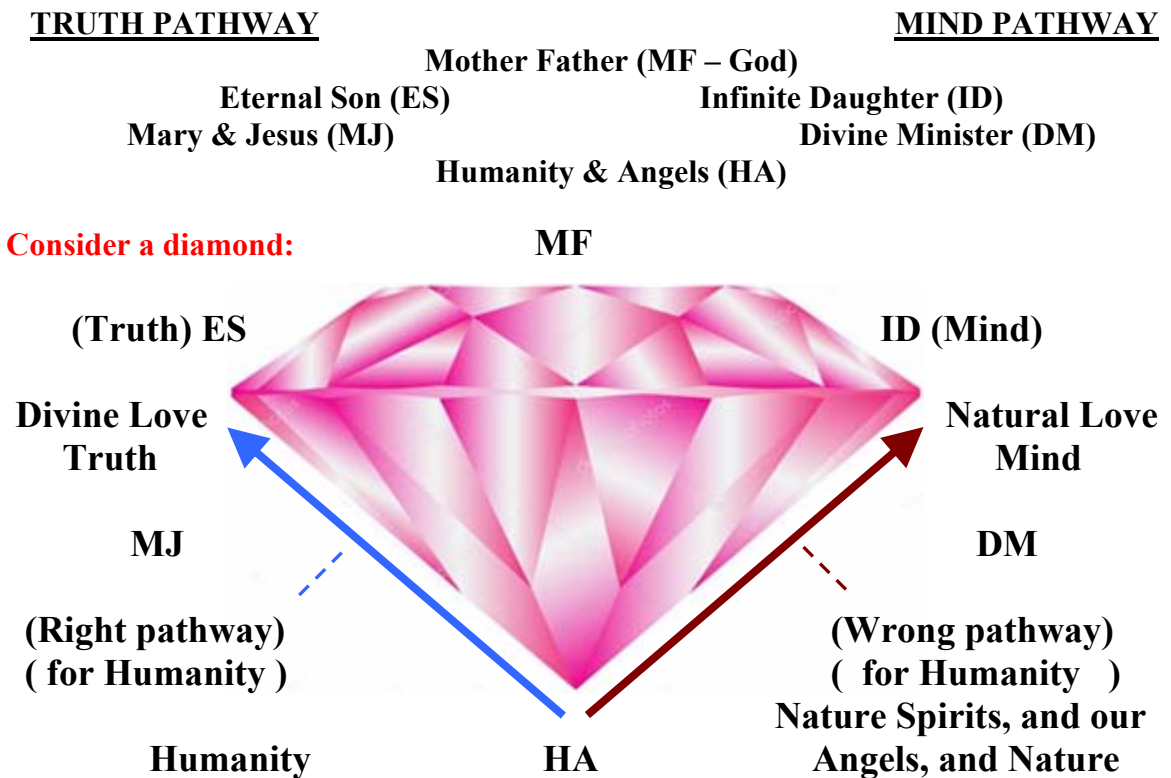
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

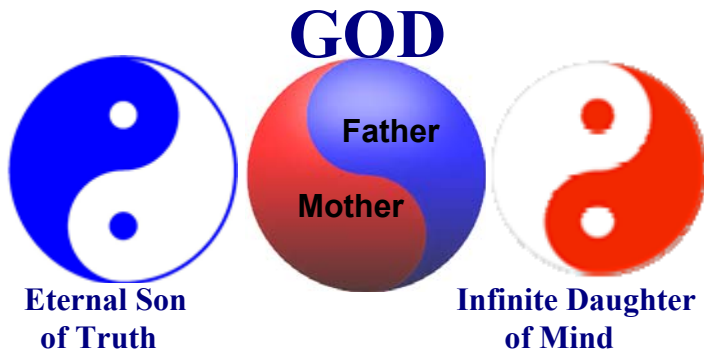
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

CREATION of SOUL and SPIRIT:



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway Mind Pathway



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Spirit Person

Nature Spirit



Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health: <http://www.pascashealth.com/index.php/library.html>

Spiritual Development: <http://new-birth.net/spiritual-subjects/>

Padgett Books: <http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

This group being pages of 3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:

James Moncrief Publications:

all publications are free downloads:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on them selves and doing their Healing.

Feeling Bad? Bad feeling are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:

The True Gospel Revealed Anew by Jesus volumes 1 – 4

Book of Truths by Joseph Babinsky

The Urantia Book

Release one's pain through expressing one's feelings.



in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

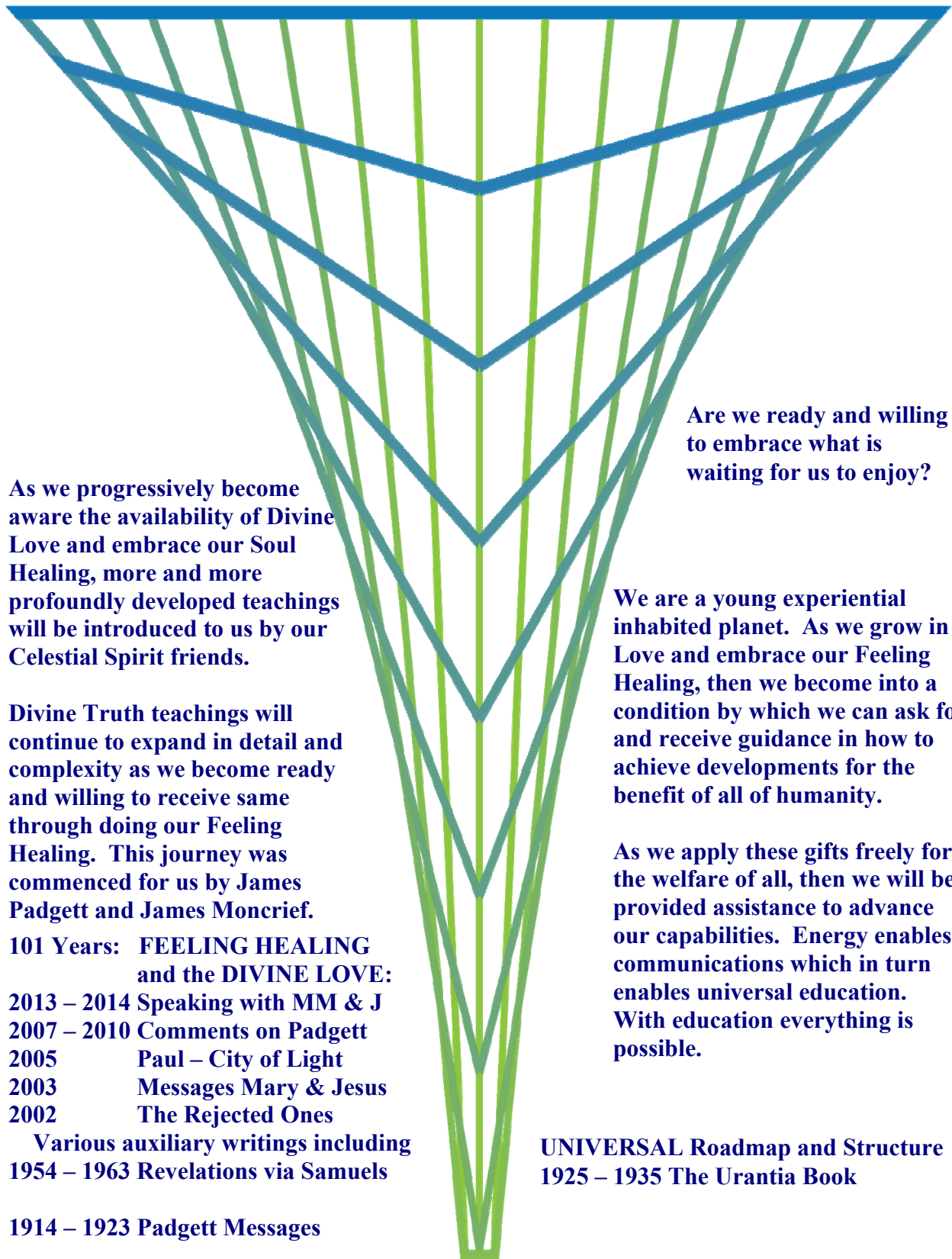
Pascas Care Letters A Huge Upturn
Pascas Care Letters Big Revelation
Pascas Care Letters Feeling Healing Benefits Children
Pascas Care Letters Feeling Healing Way
Pascas Care Letters Little Children
Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
Pascas Care – Feeling Healing All is Within
Pascas Care – Feeling Healing and Health
Pascas Care – Feeling Healing and History
Pascas Care – Feeling Healing and Parenting
Pascas Care – Feeling Healing and Rebellion
Pascas Care – Feeling Healing and Starting
Pascas Care – Feeling Healing and Will
Pascas Care – Feeling Healing Angel Assistance
Pascas Care – Feeling Healing Being Unloved
Pascas Care – Feeling Healing Child Control
Pascas Care – Feeling Healing Childhood Repression
Pascas Care – Feeling Healing End Times
Pascas Care – Feeling Healing is Rebellious
Pascas Care – Feeling Healing Live True
Pascas Care – Feeling Healing Mary Speaks
Pascas Care – Feeling Healing My Soul
Pascas Care – Feeling Healing Perfect State
Pascas Care – Feeling Healing Revelations X 2
Pascas Care – Feeling Healing the Future
Pascas Care – Feeling Healing Trust Yourself
Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love
is the key!



**God's Divine Love:
Pray for it, ask for it, and receive it.**

Feeling Healing with
Divine Love is the key



to enter the
Celestial Heavens:

