

PASCAS CARE

LOVE

is

Abundant

“Peace And Spirit Creating Alternative Solutions”

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PASCAS INTRODUCTION

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



Pascas Care – Love is Abundant:

The greatest gift to humanity is the Source Soul's Love. This Love is a substance. It is an energy of a light blue in colour and it surrounds us at all times.

This Love substance from our Heavenly Parents, Mother and Father, is available to all at any time, no matter what condition one may be in and where one may be. That is, should one's soul condition be such that one is destined for one of the three spheres of disharmony or be a resident in one of the other many other inhabited systems, this Love is available for you.

One may refer to this Love energy as the **ultimate high octane super fuel** that surpasses all others. As it is a gift from one's Creator it is the only substance that brings about Divinity within an entity, a personality. Without the personal infusion of Divine Love into one's soul we remain mortal. When our soul was formed there was and is nothing that is divine within us. Accordingly, whilst we continue in existence without embracing the Source Soul's Love then we remain mortal. Though no spirit personality has been known to have ended living, it is only with the Love being infused into one's soul does one become immortal.

The light blue energy, being the Father's Love, surrounds us at all times. We have free will; it is due to the gift of free will that we do not have the Love imposed upon us until we seek and ask for the Love.

The free will that we all have provides us with the option to choose the embracement of the Father's will or following our passions and desires without restriction. It is by embracing free will that we may frequently error resulting in causing harm to others and or to ourselves.

To error is to cause harm to others and or to ourselves. To step away from the tendencies to error, the most progressive way to do so is by embracing our Parents' Love and asking for Their Love.





God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



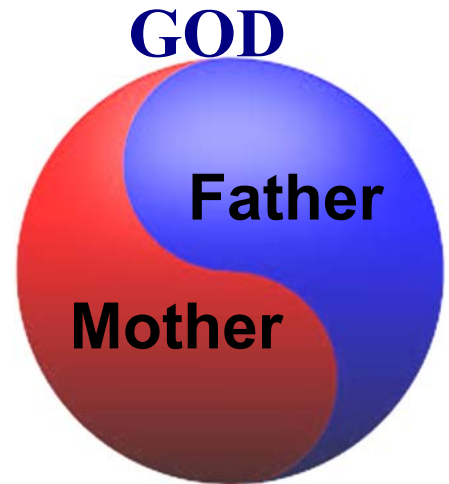
Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

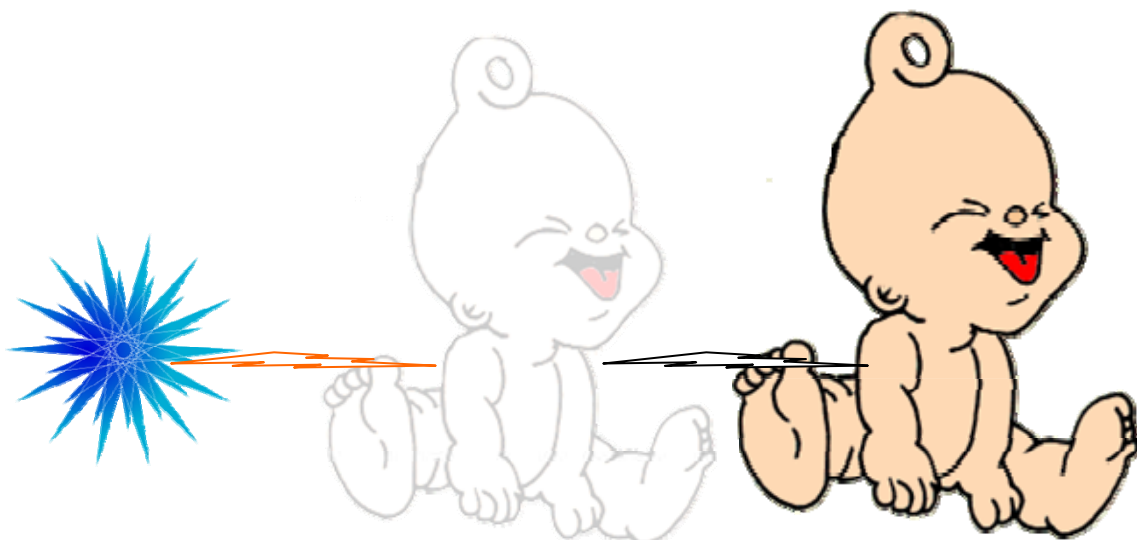
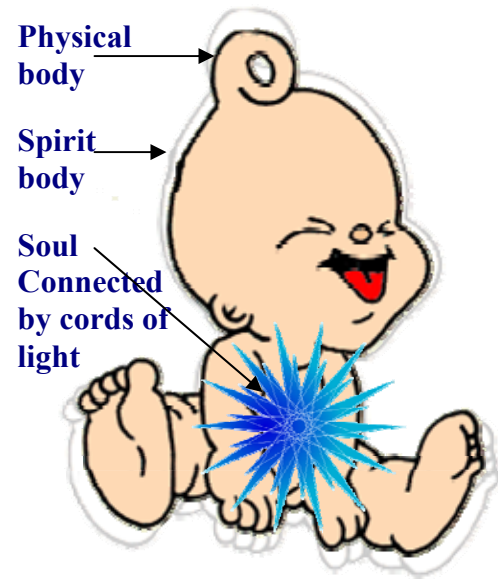
It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God



A newly individualising soul is just a tiny invisible spark.

The soul nests inside of the spirit body, never to be separated.



PERSONALITY

Soul  Spirit Body  Physical Body

The life force for the spirit body and the physical body is via the soul. The soul is connected to the spirit body via cords of light, and in turn, the spirit body is connected to the physical body by cords of light. Should the cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is like our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.

Our soul was formed by the Source Soul, our Mother and Father, prior to the time of the first parents, Aman and Amon were ensouled. When a viable embryo is brought about by physical parents, then a soul is drawn to that embryo and the creation of the spirit body is achieved by the participation of the life forces of the parents and the incoming soul, the soul that is attracted to the embryo.

The spirit body is the template for the physical body as well as the home for the incoming soul. The soul then nests within the spirit body and the spirit body will never be separated from the soul throughout the eternal journey of the soul.

Many observe a shadow line around the physical body, which is often referred to as being your etheric body. This is the observable aspect of one's spirit body, which is also the home and protector of your soul.

Science may go on to recognise that the magnetic field they measure for one's heart is in fact the magnetic field for one's soul.

Each aspect of one's being is simply an aspect of finer and finer substances – physical body, spirit body, soul. The soul is invisible to spirit vision.

Our soul is created of the substance that is referred to as natural love. The natural love is not of the Divine. We do receive natural love when people wish us well and send us love, and we can send our natural love to others. Natural love is some times showered upon us without our conscious awareness.

Recently, in history there have been massive showers of natural love and one such occasion was the Harmonic Convergence. Dr. David R. Hawkins said that after August 16-17 of 1987 the overall consciousness of the world raised from 190 to 204-207 on his published scale – Map of Consciousness.

“That's the most significant event in human history. One calibrates the level of consciousness of mankind: at the time of the birth of Buddha it



was about 90; at the time of the birth of Christ it was 100; from the Middle Ages through the 1800s it was at 190, and it stayed there for centuries, and then suddenly in the late 1980s at the time of the Harmonic Convergence, it suddenly went from 190 to 205. Then last October 14th (2003), again at the time of the Harmonic Concordance, it went from 205 to 207. That changes the whole paradigm for humanity, and you see the fallout – what falls out is that that which is non-integrative. When we were at 190 you could get away with non-integrity, which is the Old Boy way of doing business. And now at 205 or 207, you see Enron fall and Martha Stewart called on the carpet; so the new paradigm of success is integrity. Making money was sufficient during the early part of the last century through this century; success was money and fame, and all those things. And now the focus of society is integrity and what is the truth.”

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

I am God's son / daughter / child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Child like

Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement

Continuing to be self reliant and embracing only natural love is a long road of perseverance and dogged determination in soul development.

The Father's gift of Divine Love is the most wonderful gift that humanity is yet to become aware of on a grand scale. Few have realised its presence and have embrace the Source Soul's wondrous gift by using one's free will and having ASKED for the Love. We can all do this. There are no exceptions. It is available to all at all time.

Dr David R Hawkins' observation of the historical significant event of the Harmonic Convergence is surpassed by the events that commence on 31 May 1914. What commenced to unfold from that date and continues today is the successful sharing of the wisdom of our friends from the Celestial Heavens. Their teachings now exceed some 6,000 pages of loving guidance that enables us to understand the availability of the substance of Divine Love, what it does for us, how to ask for it, and how to receive it. These teachings fulfil the prophecy of the return of Jesus of Nazareth, the Master of the Celestial Heavens – we are experiencing the second coming.

Even though these writings have come through more than maybe six mediums and have been spread over more than 100 years, there are no contradictions and no duplications of the material provided. Should errors have occurred in the medium's recording of the impressions that they received then these have been corrected in subsequent material provided, sometimes 40 or even 80 years after the original transcriptions.

More than 1,000 spirit people have contributed to these teachings and the teachings continue to be received at an ever increasing rate. The escalation of receipt of material increases as we become more receptive and understanding of the Love. This has resulted in further mediums becoming available to receive these teachings, such mediums having become aware of the Love, the Divine Love, and now the Feeling Healing process, and embracing same.

Back in 1741 the Celestial Spirits, lead by Jesus, endeavoured to commence this delivery of teaching through Emanuel Swedenborg, however this endeavour failed as Swedenborg was burdened with preconceptions that emerged in his writings.

It was on 31 May 1914 with James Padgett that success commenced and the Padgett Messages consisting of some 2,500 messages provided by more than 250 spirit people where delivered from 1914 to 1923. Dr Daniel Samuels continued the program from 1954 to 1963. Then the Judas of Kerioth messages followed from 2001 to 2003. The Richard Messages followed, 2012 to 2013, and The Divine Universe also 2012 to 2014. The most important writings are those of James Moncrief. James Moncrief's 10 major publications are supplemented with writings relating to the Feeling Healing process. Further publications of messages are following.

These teachings herald the greatest event in the world's history. They also herald an openness and access to the wisdom and guidance from our friends in the Celestial Heavens.

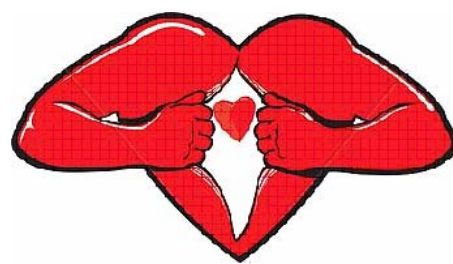
Within the **library** to be found at www.pascashealth.com will be found more than 400 Pascas Papers exploring living with the Love and engaging in the Feeling Healing process.

As has been noted previously, our soul is connected via cords of light with our spirit body. Our spirit body protects one's soul. We have free will. The Love will not be imposed upon us. We need to ask for the Love so as to receive the Love. As we ask for the Love we will receive the Love immediately. We will never receive more Love than we can comfortably assimilate and embrace. Once we receive the Love we never loose that Love. With the receipt of the Love, as it is Divine Love, the Love of the Source Soul and gift from the Father who is immortal, our own soul becomes immortal. As we progressively receive more and more of the Father's Love we step aware from aspects of our personality that may result in error and harm to others and or to ourselves. As we embrace the Father's will and loosen from our personality all aspects of harming others, then with the Love we become fitted to enter the Celestial Heavens and become at one with our Heavenly Parents, that is Their will is then our will – we become 'Christed'.

All we need do is earnestly long for our Parents' Love, to yearn for Their Love, whilst longing for the truth of our emotional injuries through our Feeling Healing.

Just open you heart to long for the truth of one's injuries and long for Their Love.

As you unzip your heart and soul and make it available to receive



this wondrous gift, the Holy Ghost, will shower the Love over your spirit body and the Love will be absorbed through your spirit body and into your soul. However, this Love will not become activated until one engages in Feeling Healing.

The Holy Spirit is an instrument of our Mother and Father, its only duty is to convey the Love to those who ask for the Love of our Heavenly Parents no matter where they may be and what their soul condition might be.

We all experience the receiving of our Mother and Father's Love differently. Many, if not most, do not actually recognise that they have or are receiving our Parents' Love. Some receive our Parents' Love for some time and then start to recognise the receipt of the Their Love.

Some feel the Love being received through the forehead and then into the heart area. Sometimes the sensation spreads around the forehead and progressively around one's head like a hat band that step by step is felt emerging.

Some just feel it emerging in the chest area of the heart.

Some receive impressions that start at the crown of the head.

Mostly it is a loving, warming sensation. A buzzing emotion may emerge. When one receives the Love all worrying tendencies evaporate.

Sometimes, though rarely, the receipt of the Love is like a shower that is incomprehensible. That is the shower of the love creates a burning sensation around one's head that is like a hat band that is on fire, however in a very beautiful way. This energy can then proceed all the way down one's spine and almost be overwhelming. This may result in one needing to lay down quietly anywhere that is possible, this could go on for a few moments, minutes, hours, or longer. The event could passively continue for weeks or even months.

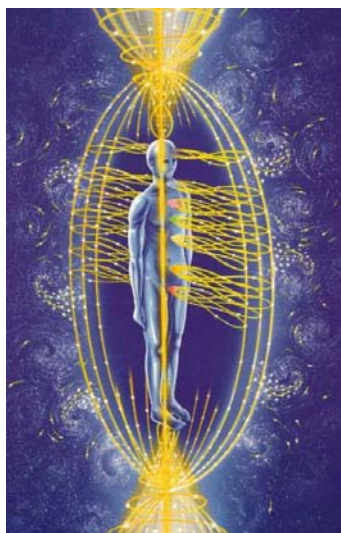
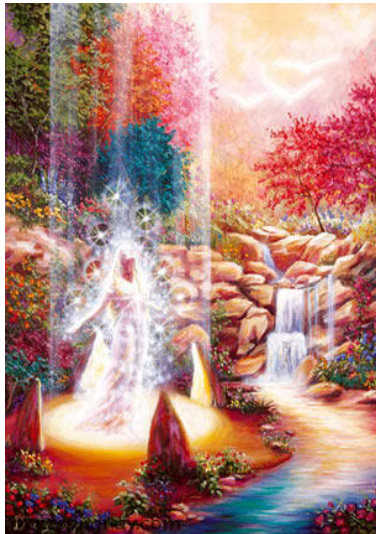
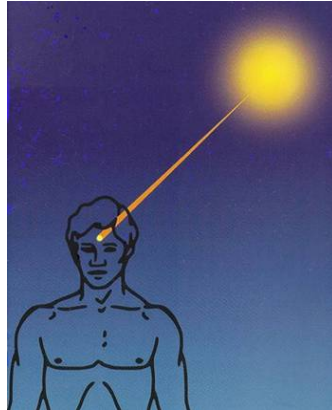
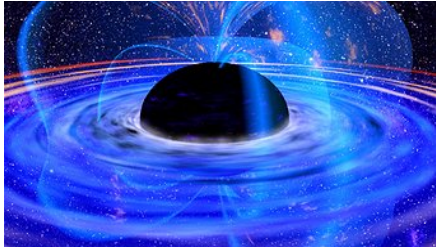
What was just described there was what occurred with the principal follows of Jesus of Nazareth after his assassination. In their case, the flow of Love passively commenced shortly after his death and began to intensify culminating in the recorded event of the showering of Divine Love upon these great disciples of the Master of the Celestial Heavens.



Try the experiment. From time to time ask for the Love. Take up the [Great Experiment](#) and prove to yourself, as thousands have done, that Father loves you. And change your life forever!

After a year or so, look back and consider your approach to life and the many aspects of your living your life from that time and reflect upon the changes that have unfolded in that short time. It is amazing.

Feeling Healing with the Divine Love completes the form of the human being.

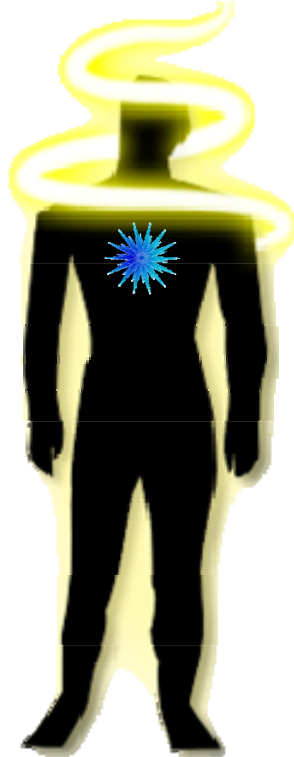




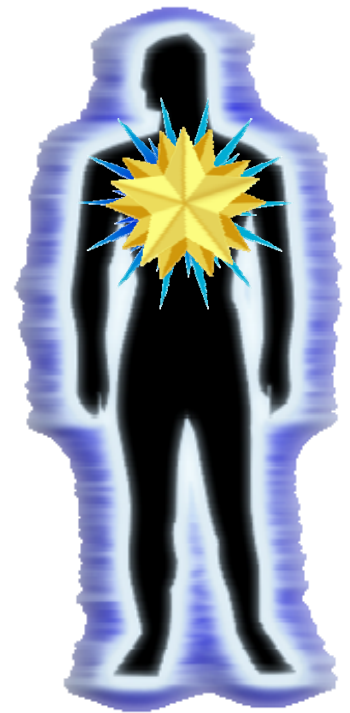
Soul within spirit body prior to receiving Divine Love.



Divine Love being received from The Spirit, covering the spirit body of the requesting personality.



Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

The Voice of Divine Love

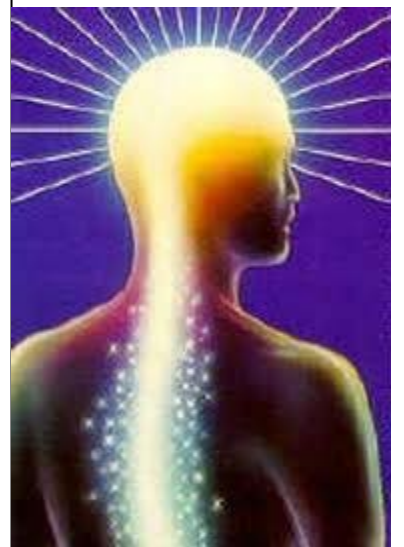
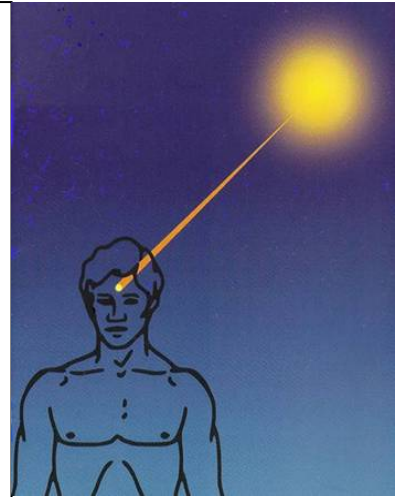
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As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Heavenly Parents to us all.

MoC 1,500





**NATURAL LOVE or HUMANITY'S ERRONEOUS EMOTIONS:**

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

| MAP OF CONSCIOUSNESS |              |               |          |               |                    |
|----------------------|--------------|---------------|----------|---------------|--------------------|
| God-view             | Life-view    | Level         | Log      | Emotion       | Process            |
| Self                 | Is           | Enlightenment | 700 1000 | Ineffable     | Pure Consciousness |
| All-Being            | Perfect      | Peace         | ↑ 600    | Bliss         | Illumination       |
| One                  | Complete     | Joy           | ↑ 540    | Serenity      | Transfiguration    |
| Loving               | Benign       | Love          | ↑ 500    | Reverence     | Revelation         |
| Wise                 | Meaningful   | Reason        | ↑ 400    | Understanding | Abstraction        |
| Merciful             | Harmonious   | Acceptance    | ↑ 350    | Forgiveness   | Transcendence      |
| Inspiring            | Hopeful      | Willingness   | ↑ 310    | Optimism      | Intention          |
| Enabling             | Satisfactory | Neutrality    | ↑ 250    | Trust         | Release            |
| Permitting           | Feasible     | Courage       | ↑ 200    | Affirmation   | Empowerment        |

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 7, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the pure soul it has within.

| MAP OF CONSCIOUSNESS              |               |        |       |                           |             |
|-----------------------------------|---------------|--------|-------|---------------------------|-------------|
| God-view                          | Life-view     | Level  | Log   | Emotion                   | Process     |
| Man made dis-empowering emotions: |               |        | ↓ 200 | All the negative emotions |             |
| Indifferent                       | Demanding     | Pride  | ↓ 175 | Scorn                     | Inflation   |
| Vengeful                          | Antagonistic  | Anger  | ↓ 150 | Hate                      | Aggression  |
| Denying                           | Disappointing | Desire | ↓ 125 | Craving                   | Enslavement |
| Punitive                          | Frightening   | Fear   | ↓ 100 | Anxiety                   | Withdrawal  |
| Disdainful                        | Tragic        | Grief  | ↓ 75  | Regret                    | Despondency |
| Condemning                        | Hopeless      | Apathy | ↓ 50  | Despair                   | Abdication  |
| Vindictive                        | Evil          | Guilt  | ↓ 30  | Blame                     | Destruction |
| Despising                         | Miserable     | Shame  | 20    | Humiliation               | Elimination |



# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence blocked  
22 March 2017  
Law of Compensation quickening  
22 May 2017  
Rebellion and Default officially ended  
31 January 2018



## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

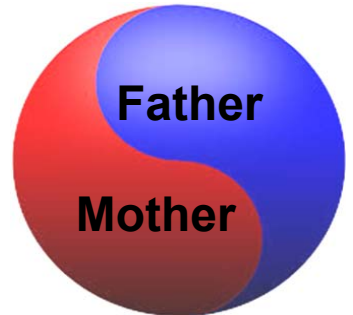
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

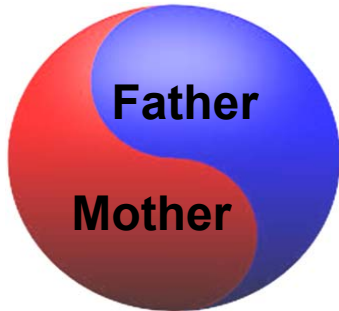


HUM

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
 We are to long for the truth of what we are feeling.  
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.



Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

## HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

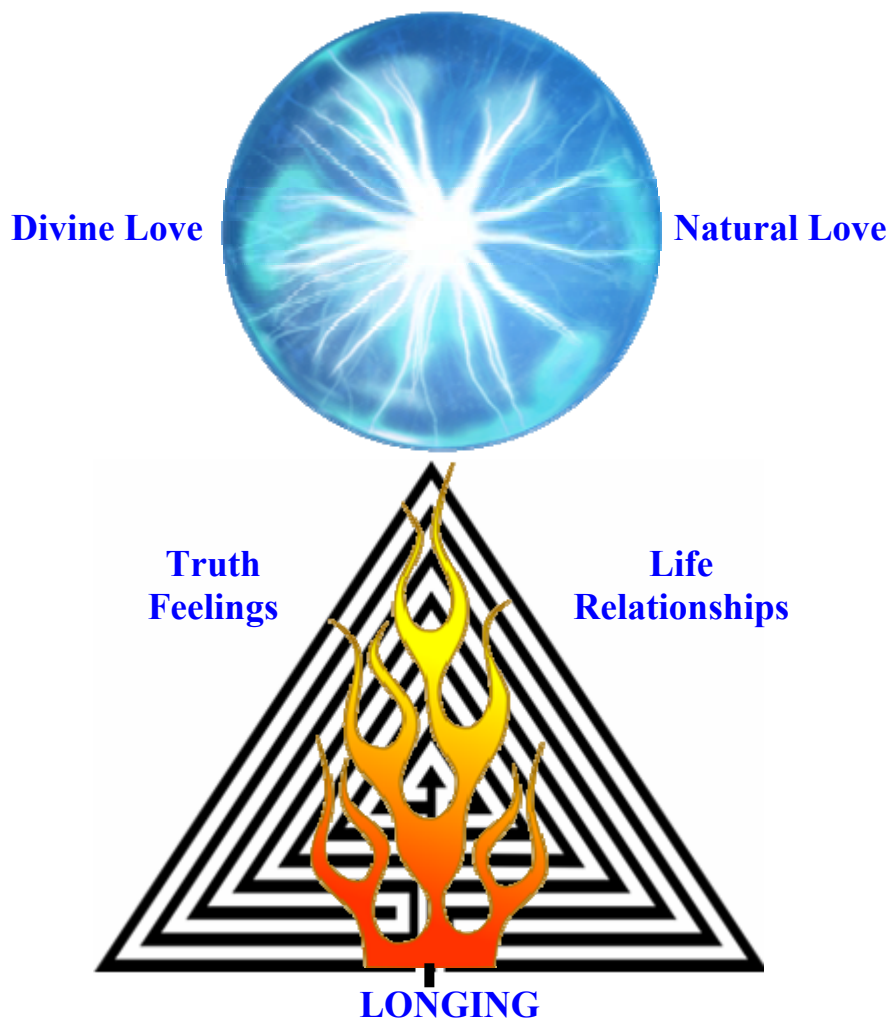
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

Want and long to know the whole truth of yourself

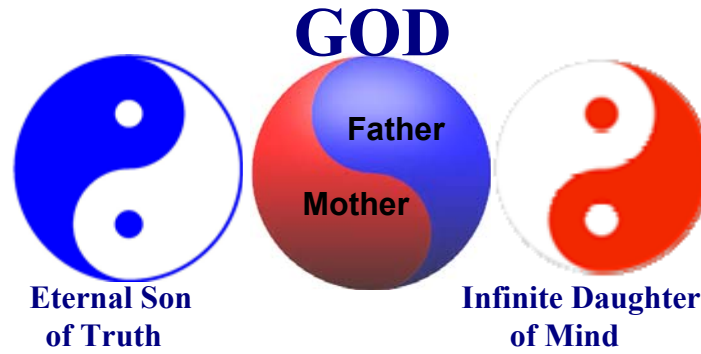
Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.





PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
  2. **ETERNAL SON (ES) – Divine Truth**
  3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

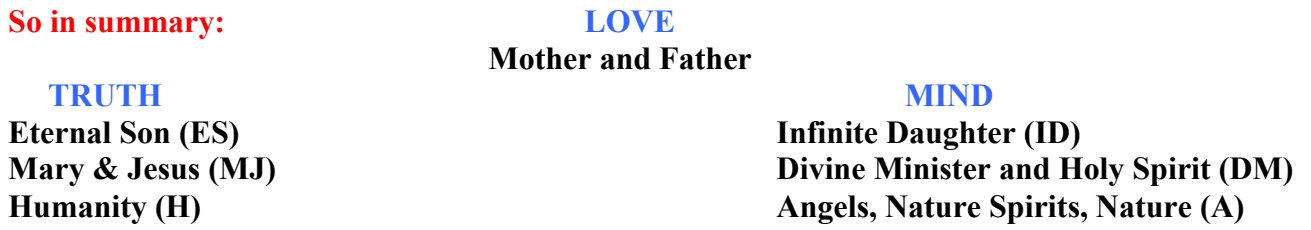
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

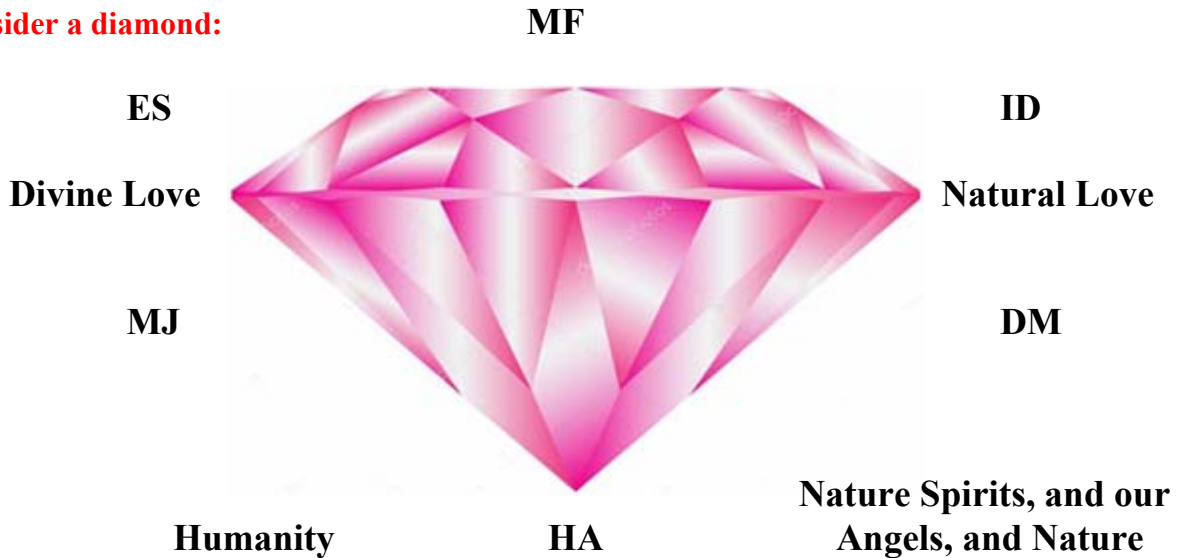
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:





# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

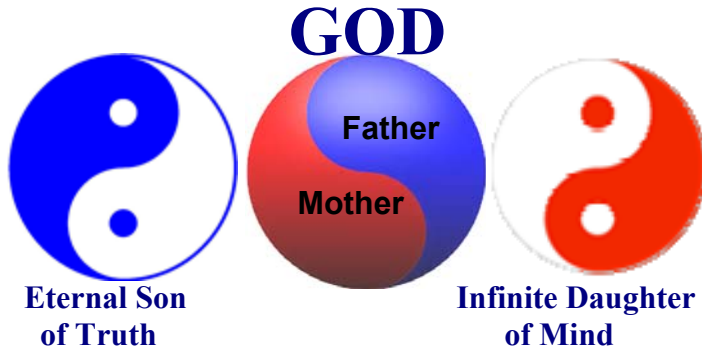
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.





**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway

Mind Pathway



Soulmate Pair



Angel



Spirit Person



Nature Spirit





**PSYCHIC BARRIERS MAINTAINING the REBELLION and DEFAULT are CRACKED!**



The hounds of the Rebellion and Default have fallen, the psychic barriers have forever been cracked. The sheeple, the mice of humanity, now have the freedom to evolve through Feeling Healing and Divine Love.



Things are pushing ahead, we're working them from our side, and more so every day now. Many of the soulgroups involved in this are getting a feel for what it is they are to do and how they are to do it. So the barriers are giving way on multiple fronts.

There are actually barriers preventing people and humanity as a whole moving deeper into the wrongness, just as there are barriers preventing people and humanity moving out of it. It's all very tightly controlled, the Evil Ones put in a vast amount of controls and on all levels, which, unless you are shown by those spirits who can see them, such as the Melchizedeks, you'd never be aware of them.

So the cracks are appearing as the Divine Love Healing worlds start to 'descend' onto Earth – into the physical. For that's what is going to happen, the Divine Love Healing worlds, from the first introductory sectors on Mansion World one, to the truth of all the three main Healing worlds, being lived by people living them whilst on Earth. All to give rise ultimately to Celestials on Earth. That's what our goal is, to have people living on Earth who have fully Healed themselves.

2 December 2017



**PSYCHIC  
BARRIERS  
CRACKED**

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**



THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

**The mind way is the 'dead' way; the feelings way is the 'alive' way.**

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father;** why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality** **The New Way**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**



# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

## FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

**Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.**

Kevin 26 Sep 2017

## **Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.**

**Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.**

## FEELING HEALING

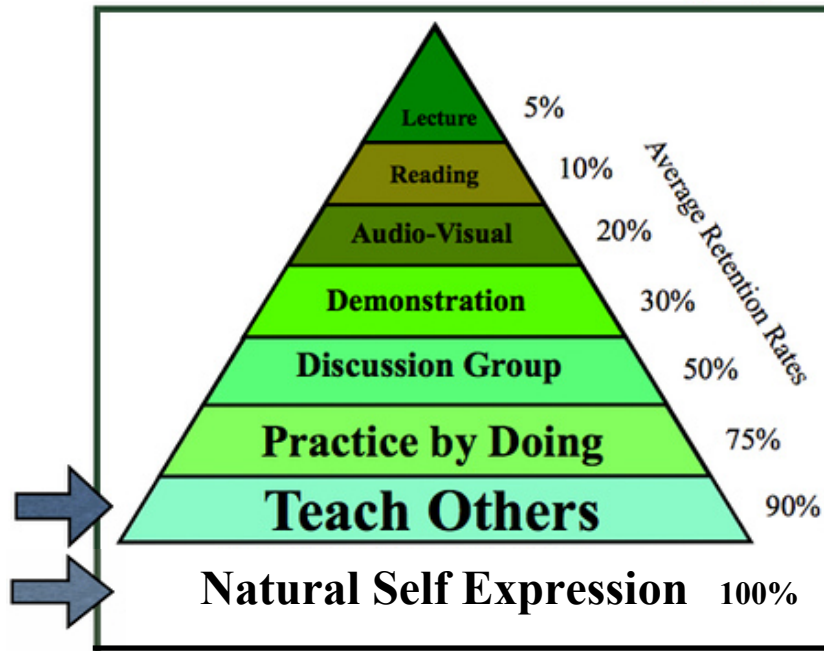
**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

### The Learning Pyramid



**Feelings** first

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.





The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**

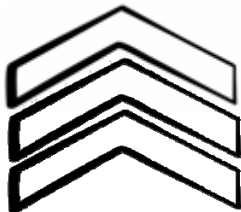


my  
**House** is your  
**Paradise**  
 **HOME**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**



**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

## **I'D TURN BACK IF I WERE YOU!**

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion World / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / Sphere 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time of great realisation and comprehension with much of the prior experiences starting to be drawn together."

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7<sup>th</sup> world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1<sup>st</sup> and 2<sup>nd</sup> Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Nanna Beth

Sunday, 18 June 2017

**FEELINGS FIRST For Kids**

## **FEELING HEALING and the EFFECTIVENESS of EMOTIONAL PROCESSING:**

Hi James and Nanna Beth (questions in blue by John)

Thursday, 13 July 2017

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one that initially focuses on Healing oneself of all one's wrongness.

Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.



All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

### Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

### Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our

pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

**Golden Rule: that one must always honour another's will as one honours one's own.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**WE ARE ALL SOULS of the FIRST SOUL, our HEAVENLY PARENTS:**  
**We are mortal souls who have the potential to experience the Divine Love.**

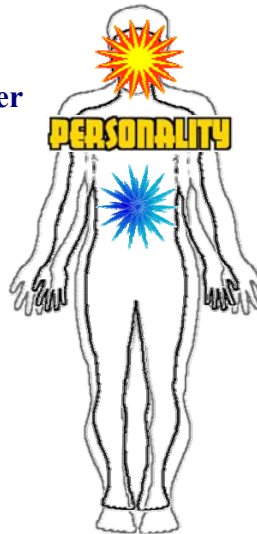
If a person or spirit experiences a drop of Divine Love, then the soul is deemed Immortal, which the spirit body and personality must follow to this perfected truth. The Divine Love is in its own nature, the highest, or if you like, the most perfected form of energy and Law that a mortal soul can receive and experience.



The radiance of the spirit body that is seen by other spirit people, is distinguishable as to the presence of natural love and the amount and also Divine Love and the amount. The energy of both loves is processed in the region of the heart region within the spirit body. One's soul is lodged in close proximity to the spirit mind.

Divine Love – if sincerely asked for – will not be withheld by the Eternal Love of our Heavenly Parents, no matter what condition one's soul may be in. Divine Love is experienced at any stage in a natural love condition of soul whether error exists or not. What is required is that the cognitive capabilities of the maturing personality must knowingly be asking for this love to be added to its being.

Conception / incarnation brings together the soul, which lodges within close proximity to the spirit mind, which is located in the same region as the physical brain. The personality is created at the same time as the spirit body. Nothing that is Divine is within the forming entity.



The spirit body's energy is managed in the region of the heart and solar plexus, we are endowed with natural love, being an energy, at conception. It is this energy that is visible to other spirits, not the soul that we all have.

A newly individualising soul is just a tiny invisible spark.

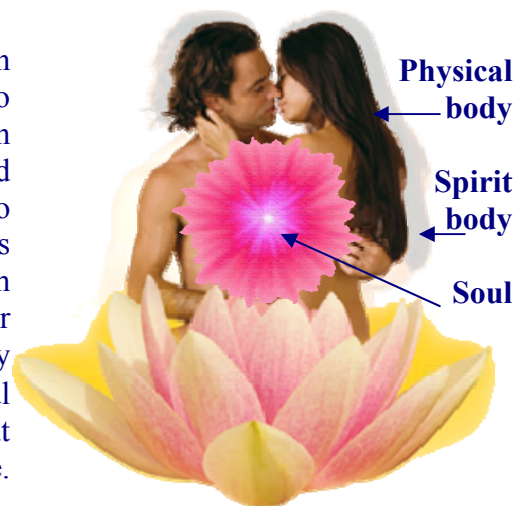


Viable embryo forming.



### The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



**Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.**

**Aman and Amon** were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.



*Good afternoon my dear friends. I have not written for a few days as we have been busy with the garden. I do need to establish regular patterns of writing as this feels best for me and enhances our connection. Is your plan to continue with preparation and then to commence a different set of writing as the definitive work? Will we perhaps rework some writing already done for the final piece? It is not important to me really but I wonder how we are going to undertake what we want to do.*

Good afternoon dear brother. I agree that regular writing will serve our purpose well and enhance your connection with us and the flow of the material. We have no set time for the end of preparation as it is literally that. We are preparing you for the work we will do. This is somewhat of a preconditioning of your thought and some of your belief as much that we present will directly challenge your beliefs and those of others who read the writing. It is possible that we will segue almost without notice into more definitive writing but nothing of that order is set as a fixed plan and all is wide open for variation. What we do will depend primarily on your condition and fitness to best interpret what we are offering.

Much of what we are writing now is exploratory as we get a clear sense of what we can offer you and the way in which you handle it. This allows us to refine our presentation to you in ways that allow you the best use of your own facilities to produce what is closest to what we desire to have written. I hasten to say here that much of what we are doing is quite fine tuning and you will be unaware of what we are changing or what you are changing although you may well feel differences which are hard for you to define. As we say many times we are not aiming for perfection as we would first need to define perfection and this is impossible and irrelevant. As we progress you will undoubtedly look back on earlier writing and want to change some as you feel differently about what was written. We suggest that you let such instances stand as they are evidence to you and others of your own changes as our work progresses. It is important that all should realise that there is no perfect ending of the process of spiritual growth. There is only progress and no more than that and errors and change are material in this. We who speak to you are still progressing and know of no end to this and are most happy in this state. Your part in all of this is simply to do what feels best for you on each day and we will make variations as we feel are needed and you may or may not be aware of these changes. This, I trust, will be fun for all of us and never hard work.

I am well aware of your deep concern with the underlying errors in most communication. Words are tossed around with varying degrees of sincerity and great variation of meaning. Many words are used for no other reason than to gain approval of others. We will never succeed in producing a document which will be universally understood as we desire and will therefore not attempt to do so. Obtaining approval is not our aim. Presenting truth is. Your function is to feel as clear as possible about what you write as an interpretation of our communication. Feel sure that you are expressing what you mean as a reflection of what you sense we mean. This is not a haphazard process as we are operating with a deep level of guidance to which you are receptive with increasing responsiveness. We ask no more than this.

We will speak of Love more than any other topic as this is the heart of all that is. It is a very subtle physical substance that is a major contributing factor in all that exists. It is a constant in the Universe. This ever-present constant is what you call Natural Love. It is essential in all living action and interaction in the Universe which includes the Universe of Things and the Universe on No Thing. I leave this unexplained pro tem. You have been told of another Love which is the Divine Love. The two are different and are inseparable but of different vibration and effects. One does not replace the other and it is not desirable to regard Divine Love as superior to Natural Love. They are simply different with different effects which are applicable where and when this is appropriate. While you live on Earth you will be concerned with the effects of Natural Love to a greater degree than Divine Love.

Divine Love builds upon and adds to the foundation established by Natural Love. You have been told that the great effect of Divine Love is the conversion of the soul from mortal to being immortal and this is so. I am sure that you think that you know what this means and I assure you that your concept of the meaning is far short of the reality and this doesn't matter.

It is valuable to know of Divine Love, its existence and something of its effects. Keep this information strongly and clearly in your awareness as you continue with living your earthly life to the best of your ability. I know that there are many of you who regularly and ardently pray for the Divine Love to enter your souls. This is fine but do not ignore Natural Love as it is the essence of your beings as you are now on Earth establishing yourselves and your personalities. You are much more closely attuned to Natural Love than Divine Love and this is not a fault of yours but simply a fact of awareness. That you know of Divine Love and can speak about it with some belief and some semblance of knowledge does not mean that you do actually **know** much at all about it. A person on Earth can speak of Quantum Physics or other complex topics without actually knowing anything much about them. Divine Love is, at once, much more complex and more simple than any topic of earthly study.

The only thing that will grant you knowledge of and sensitivity to Divine Love is Awareness. Your prayers and your continuing attunement to Love will take you closer to Divine Love. Now I am not decrying what anyone is doing with respect to Divine Love at all even though it might sound so. I am simply reiterating something that we have often said and will continue to say which is that it is your increasing awareness that takes you forwards rather than your deep yearnings. Your awareness is built and increased by your application to your daily living with the desire to be aware of all there is to sense. This does not mean that you must sense everything but that it is desirable to sense as much as you can. You will always approach the heights by traversing the lowlands and paying heed as you do so. Nothing spiritual is achieved ahead of the appropriate time. You cannot jump the gun.

I also suggest that it is unwise to attempt to assess and rate your own level of spiritual development and to resist the attempts of others to assess it for you. The chances of your being accurate are very slim indeed and the exercise is useless anyway. Whatever you think or feel, you are where you are with the level of development you have and that is simply fact. The more you can be content with your place in the universe with love the more rapidly will your awareness increase. You are God's creation and your prime task in living is to be yourself as fully as possible with respect for yourself and all of God's creation. You have nothing to prove to God nor do you have any God given tasks to fulfil. You are walking a path on which you can dither and delay and learn, develop awareness and move ahead. You do have free will which allows you a great semblance of freedom in that you can make choices which are in harmony with or contrary to the Laws of God. All free will choices carry full responsibility and fall within the ambit of these immutable laws so that there is never an absence of consequence. Free will is a great gift but the true degrees of freedom do fall within certain boundaries. What you regard and experience as freedom is but a pale reflection of the true freedom of operation from choice in complete harmony with the Laws of God.

Your increasing awareness in the course of living allows you greater sensitivity to the operation of the Laws of God. As you attune increasingly to Love and to the Laws you will begin to feel some of the essence of Freedom. The Laws of God are the full expression of the activity of all of creation and, moving in harmony with these Laws allows one the full freedom of all creation. Ponder on that as it is a statement pregnant with deep meaning. Remember that all of the obstructions of earthly life represent degrees of lack of attunement with Love and the Laws of God.

When I speak of awareness I speak of a great depth and breadth of sensing. I speak of awareness of the world around you with all its variations and hidden gifts; the world within you with all of its depths and

mystery; the worlds of the elements of you – body, mind, emotion, spirit body and soul. Slowly will your awareness of the many aspects of all of this become available to you. Compare yourselves now with your memories of yourself at various stages of the life you have lived so far and endeavour to be aware of changes of any type that are apparent to you.

If I could cite one thing as the greatest hampering factor in the progress of a soul in the Spirit Worlds, I would say that this is a lack of awareness. There are many of you who have a confidence that your knowledge of Divine Love will stand you in very good stead when you enter spirit and in this you are correct as long as you retain this awareness when you leave your incarnation. Complacency is the enemy of awareness. Awareness requires practice regularly and the avoidance of complacency. The change from your life on Earth to life here is quite vast and you bring with you no greater asset than awareness as this is the key to increasing light and love. All progress is made a step at a time and most of the steps are so small as to be almost invisible. Be content with small steps but do take them.

The darkness of the lowest spheres is nothing more than lack of awareness and progress out of these spheres is that of progressively increasing awareness. When you read of happenings in the Spirit Worlds you are often told of the missions that set out to assist those who are showing some beginning of awareness and seeking for more. Love is constant and is attuned to with awareness. The variable factor is just this – awareness.

When you think of spreading the word of what you know of spiritual living and Divine Love on Earth you must recognise certain facts. Those who will initially respond, as you have done, are those who do have enough awareness to recognise that they are being offered something they seek. Others will pay little or no heed because they are incapable of recognising this as something that will be of great good for them. Therefore your efforts will probably meet with the resistance that is predictable. However there is a general movement of increasing awareness in humanity and the effects of this will be felt as many spontaneously seek information. As this grows there will be little work to do except to ensure that information is available. This is relatively simple with the easily available means of information distribution. With all of its faults, human communication does work and truth can be communicated if one is seeking for it. As the flower offers it colour and scent to all who would share it, so let each of you offer your own gifts to the universe to whoever would share. What has been a great gift to you may be so to another or it may be completely unappreciated. So be it.

We will repeatedly bring your focus on living right back into your own personal area as this is where it most needs to be as it is the only area within which you have the power to act. Your actions here will have extensions elsewhere and wider impact. These extensions and radiations will be more known to you as your awareness increases so that you can actually sense these. Until then you will have evidence of this revealed to you from time to time by the words and actions of others often to your surprise. I like the way in which you continually respond to some things I say with images of a small child making discoveries as she/he grows. These burst of discovery are the same as those that all have during the course of living on Earth and beyond. Each such burst represents a conscious moment of expansion of awareness. There are many more expansions



that occur below the level of conscious awareness. These do become more conscious as awareness grows.

Whatever topic we speak of it will be in terms of awareness. It really doesn't matter how a human goes about increasing awareness as all will contribute. Each human functions as a balanced physical – spiritual entity with the focus mainly being on the physical. Any expansion of awareness leads one close to the realisations of the spiritual reality in which all live. Therefore, one can proceed by practise of the arts, sporting and other physical achievements, study of spiritual matters, scientific endeavours and so on and so forth. All of these can provide activities in which one can increase awareness of self and others particularly if they are not regarded as ends in themselves but methods of expression. There is a heavy darkness on the world and this is lightened by the increase of awareness of individuals in the same way as occurs in the Spirit Worlds. No one is asked to resolve the woes of the world but it helps to know that the efforts of an individual do contribute to the wonderful and progressive evolutionary processes that are occurring in the world right now. The oneness of humanity is a unity of individuals to which each contributes whether aware of doing so or not.

I will say once more that we are aiming to elevate your spiritual endeavours and awareness by directing your attention where it can best be focussed which is in your immediate present in your physical living as it is only here that you will learn. All else that is offered to you achieves relevance when translated into your present endeavours and your awareness of these. Approach the heights from your present location as there is no other possible point from which to move and it is best to be able to see clearly the path you tread with the faith that it takes you on to your desires. All that you do is elevated by the level of awareness that you have and the increases in it. People may do the same things with markedly different levels of awareness and the results of the work may seem the same but for each individual they will be totally different. It is not what you do in the world but how you do it that really counts. The difference always translates into awareness. There is no unimportant thing that anyone does as each action provides a chance to increase awareness. Awareness always reveals more of the truth about living by first revealing the truth about yourself to you. Think about this and increase awareness.



This is enough for the moment or you will begin to feel that I am being too repetitive. Despite any feelings you may have, I assure you that you will hear much more about awareness for the rest of your existence not because you lack it but because you will always be becoming more aware.

I leave you with my love and blessings and the love and blessings of all of us who combine in this endeavour. All is well.

Richard, Brother and Loving Friend

**PASCAS  
PAPERS**

**PASCAS  
HEALTH**



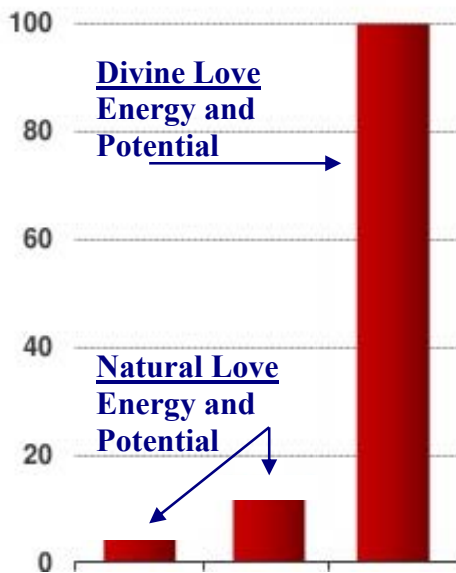


**DIVINE LOVE = Light Golden Blue Energy Substance versus Natural Love:**

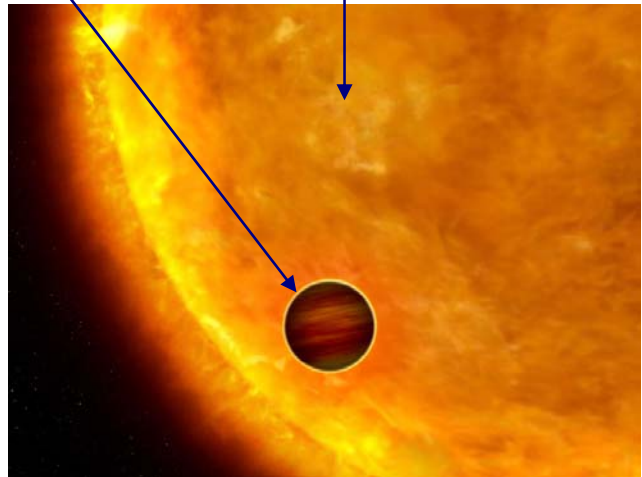
The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.

John (Apostle) 19 January 2015

With DIVINE LOVE one's potential in growth is to infinity, progression is typically many multiple times faster than for those who remain NATURAL LOVE dominant and restricted in their growth potential to that of only becoming the perfect man whereas Divine Love enables at-onement with our Parents and entrance to the Celestial Heavens and beyond.



The luminosity of DIVINE LOVE compared to that of NATURAL LOVE personality.



Embrace the availability of the Feeling Healing process and Divine Love, all one need do is to earnestly long for and ask for our Parents' Love. It is an energy that surpasses all that is.

It is with this energy melding within one's soul that heaven on Earth is achieved.

Nothing else can bring about the joy and love we strive for.

*Good morning dearest friends. I am unhappy with the writing of the past 2 days as I feel as though I am out of touch and steering the material in quite the wrong direction. Is this so? If so I would like to begin again in order to get the feel of what you want to write. I know we have had chats about it and I have some general ideas and would like to find the flow.*

Good morning dear brother. I agree that it is best for us to recommence although we had not really commenced as we are still in the lead in phase of what we are doing and can change at any time. We can always change and it is important that you respond to your feelings of the work as we progress. You were distracted over the past few days so your feelings are correct. Your feelings about the writing are mixed. What you were writing contains an essence of what we want to say but not in the way we prefer. Concepts of vibration and a mobile and flexible reality are not easy for many to accept. Many prefer to stay with their ideas and beliefs of a solid and relatively predictable world rather than one which is a more spiritual creation. It is easier for them to deal with poorly defined abstract concepts as these vague concepts allow wide margins of interpretation with the resulting appearance of understanding and agreement which are actually far from the truth. As a rule, humans are reluctant to relinquish their generalisations.

I am not implying here that that the spiritual realities are definable or describable in ways that you will understand fully or indeed that they are definable at all. I am leading towards concepts that spiritual progress on Earth is greatly facilitated when one is paying heed to the realities about the energies of living. A very vague approach to anything leaves much to be desired. The concepts of Love on Earth are very varied and inconsistent with little understanding of Love and its nature. There are elements of truth in much of what is spoken about love and more error. There are concepts of deserving or earning love, of losing love, of being unlovable, of being unloved or abandoned by God, of being able to love a little or a lot and so on and so forth.

Love is so basic as to be undefinable. It is so universally present as to be unacknowledged much in the way that people take the air they breathe for granted – until it is not there. Love is an energy and a benevolent force that can be harmonised with and felt. Its essence is goodwill and harmlessness. It can never be used to harm oneself or another. It is complete in itself and is not the opposite of fear or any other feeling or thing. It is not an emotion as it is much more basic than that. It is apparent to any individual by the feelings and emotions that are engendered by the interaction of the vibrational state of an individual with the field of love in which they find themselves. The feelings which are regarded as love may arise in many situations and be regarded as directed to or associated with other people, animals, things or activities. The intensity of the experience is dependent on the degree of harmony that the individual is able to achieve with the pervading current of goodwill that is present on the Earth and the presence of other desires and emotions.

Even though many find it hard to believe, there is a powerful presence of goodwill and harmlessness on Earth today as there has always been. It may seem that humans need to create the needed goodwill which is the basis of peace whereas the truth is the humans need to attune to what already exists. The creation of the basis of love and goodwill is beyond the capacity of humans either collectively or individually whereas attuning to it is in the basic nature of every person in existence. This needs to be done individually in order to become a collective activity.

Love, in itself, is completely impassive and impartial. It is neither compassionate nor dispassionate. It simply is. It can be said to have no meaning as it is simply present. Attempting to ascribe meaning to

love is like trying to ascribe meaning to God. Love is essentially not capable of being understood by humans or indeed by many spirits.

Love must simply be accepted as being universally present and universally available to all whether or not one considers it in terms of names like Natural Love and Divine Love. These are indeed different aspects of love with marked differences in their levels of vibration and in their effects in the overall scheme of living. It is well to know of the existence of these aspects of Love and to have some information regarding the differences. I assure you from my position and from my long experience that it will be some considerable time before you really know the differences or the implications of these differences.

Much of what is referred to as love in human interaction is actually attraction which may have elements of love or which may be mainly comprised of self-gratification within the interactions resulting from the Law of Attraction. Interestingly, much of the self-sacrifice that is done in the name of love is actually self-gratification and not necessarily based on love or goodwill at all.

Love, in its utter simplicity, is completely misunderstood on Earth. It is important to spend time and effort on accepting love as ever-present and available. In the complexity that is so common in personal relationships there is often such a melange of emotional conflict that love becomes lost.

You are finding difficulty in interpreting the concepts that we are giving as they are so different from your accepted beliefs about love. You feel as though what we are presenting is, in some way, devaluing Love.

In essence I am saying that Love is so complete in itself that it needs no glorification but must be accepted for what it is. It is the essence of creation and this makes it non-understandable and this is simply so. One learns about love by harmonising with it and allowing it to permeate one's being without fear. This produces effects so profound that they can only be accepted without demanding understanding as they are beyond that. In due course you will know about Love without ever having understood it.

Love is constant and never increases or decreases. It is ever-present. It is not tidal and is not dependent on any activity of living by any creature or thing for its presence, nature or availability. It is all the aspects of life that exist within Love and which change as they encourage and allow their attunement with it.

We will speak much more about Love without taking you any closer to it than you already are for this is not possible. Everyone is already in absolutely intimate contact with Love. All that we say is aimed at assisting all to recognise this as living becomes so much simpler when one has this awareness. So much effort that humans expend is unnecessary as we have learned as we have progressed. Love, being the essence of Our Creator and therefore the essence of creation is unlimited and those who enter an intimate connection with Love begin to assume the capacities of unlimited living.

There are unlimited ways of moving into close attunement and harmony with Love. The essence of every one of these ways lies in Love of Self. Each person is unique and therefore, each person's experience of love is unique and totally personal.

**The degree of love and goodwill that any person expresses can never exceed the degree to which they love themselves.**

It is impossible to love any person, animal or thing more than one loves oneself.

To use an old term, a river can never rise higher than its source.

Many will have the greatest difficulty in understanding or accepting the truth of what I have just said yet it is Truth.

True love of self does not set one aside as selfish or uncaring but is the essential basis of loving all as oneself. In fact, as one learns love of self, one's love of others increases naturally and spontaneously to the same degree.

Love of self is unusual and uncommon in human living as it is today and has been for many long ages and is, therefore, relatively incomprehensible.

We are asking that, whenever you come to a point of lack of comprehension or confusion, please suspend judgment as much as you can and be prepared to revisit this situation perhaps many times. In many ways, we are endeavouring to lead you through and beyond your present levels of lack of comprehension and acceptance to the great peace that lies beyond the belief that creates your feeling of a need to understand. We wish to lead you beyond the vagueness which has become familiar to you. This is simply an expression of spiritual darkness and will be replaced by light. Your life and your realities are full of what is there to be seen and what you simply cannot see at present. We are encouraging to accept your present ignorance as simply the present state you are in and that this is neither right or wrong but simply so and the place from which you are learning to move.

Communicated with Love,  
Richard

### DIVINE LOVE being AVAILABLE is our SALVATION:

**DIVINE LOVE is the ultimate high octane super fuel to transform our soul into that which is Divine. Loving in all that we then do. With Divine Love we can progress into the Celestial Heavens, without it we can not. Ask and you will receive.**

**We are created with the substance of that which is not Divine, and that is Natural Love with its various aspects that reflect through our personality.**

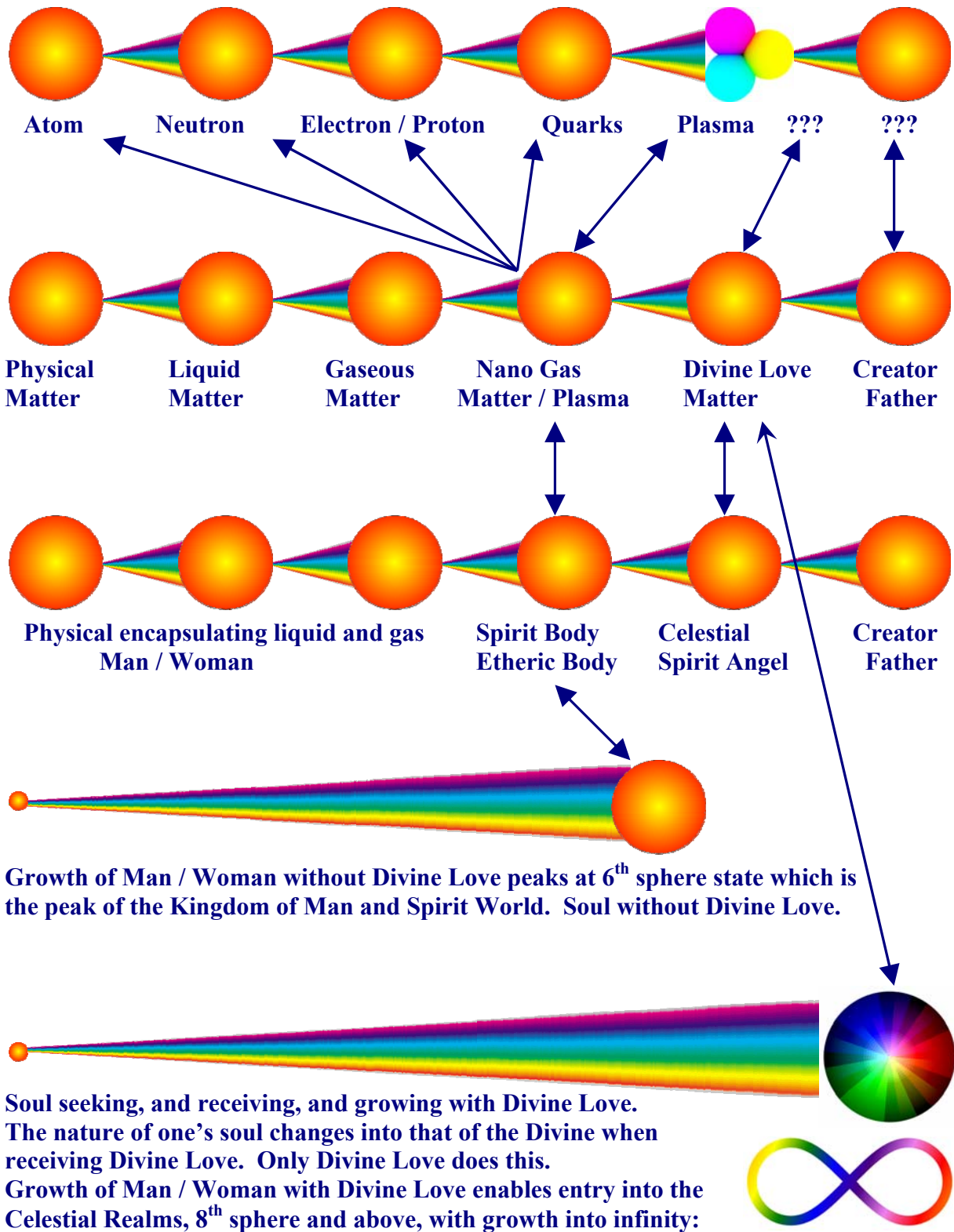
**The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.**

**John (Apostle) 19 January 2015**



**STAGES of MATTER:**

**Matter becomes finer and finer and more incredible within each phase:**



## Soul Transformation, Prayer and Longings.

Received by Joseph Babinsky  
Prescott, Arizona.

21st July 2015

I am here, your friend Martin,

I see that you had very good communications yesterday from your family. They are here now with me and each one sends you greetings with love.

We were present while you prayed. It was our delight to assist you. It was a rich experience. Your soul did indeed reach deep into the Father's Great Love. Stay with this; by saying this, we encourage you to continue in the personal way that you pray. We enjoy hearing you clap your hands: your soul is energized, and there is no reason to feel shy about expressing yourself in this manner. Yes, the quietness that you experienced is as important and as necessary as the clapping of hands with shouts of your voice. It's all good and with purpose it brings the results you desire: namely, the Divine Love flowing freely into your soul.

You ask: how may I better understand the transformation process? You also wonder how the new human on Earth might look and act. Will he or she be different in appearance? How does the change within the soul affect the physical life? Will the human be noticeably different? What did Jesus mean when he expressed his objectives for James Padgett and Leslie Stone to be examples to others regarding the reality of the Divine Love?

This can be achieved. It remains the goal and objective of Jesus and all Celestial spirits: that people on Earth may see and learn the possibility of achieving the experience of the full potential of the human. As you know, the creation of the human is not complete without the addition of the Divine Love. The completion is possible; we spirits in the Celestial Heaven have experienced this great change. The change and completion is achieved by the extent of the willingness to be changed by the inflowing of the Divine Love.

This is the difficulty that faces you and others still on Earth, you who have knowledge of the existence of the Divine Love: how to teach its existence, and how to show the reality of its existence.

It cannot be left only to words expressed in lectures and books, or even spirit to mortal communications. It must include the real-life demonstration of its existence in the individual lives of real people – people on Earth like you and others.

By your life show and prove to mankind the reality of the Divine Love. . .

You have read this statement of Jesus in the Padgett Messages many times. You often carry it with you written on a pocket card. This is one reason that the way that you pray intrigues us so much: it demonstrates to us your earnest desire that the Divine Love come to complete your soul. You are on the right path, and as you continue with your prayers, you will experience the change. It is possible. You are not far from the Kingdom.

Nevertheless, at times you feel the ideal elusive and unreachable. This is not true: We urge you to dismiss this thought when it comes. Rather, hold tight to the real possibility of the change of your soul by the Divine Love.

This is the ideal that is wise always keep close to your heart. Only through persistent continuation in prayer will you be able to keep this ideal alive in your heart. It is the food for your soul that creates the desire, the encouragement and the inspiration to try again and again, and to never to give up. Don't ever lose this. Never allow it to fade. Keep this as your personal pathway and goal. Do not look to others and how they maintain a hold on the dream of soul transformation. You now have experience through years of practice; you now know what works for you. For you personally, it is the way of energetic prayer, such as you expressed and experienced today. This is not a ritual; it is far from ritual or formal.

Yes, it is true that you use the “formal” prayer that Jesus gave to James Padgett; however, James would hardly identify your prayer with the words Jesus gave to him. The way that you use the prayer is never the same, and your experience of it is always different. You have gone beyond formal recitation.

I am urging you to continue what you do nearly each and every morning. We are present helping and assisting you. There are times when we act as “midwives” assisting the birth of a child. This is how we feel. In your case, the child being born is the new creation of your soul: bringing forth the changed and transformed soul. It is analogous.

The Divine Love entering and transforming the soul is a process – sometimes a very long process. For most individuals on Earth this process will continue on into the spirit world after the transition from Earth to the spirit life.

Ideally, however, the transformation will happen while yet in the flesh. But the truth is that not many have this ideal in the forefront of their thoughts and desires. The cares and interests of your world weigh heavy and distract the aspirations of many people. There are not many that make it their primary interest and passion. You are no different, Joseph. When you pray, as you did this morning, the passion of realizing the ideal once again takes hold of you and you feel inspired. But as the day advances, this passion recedes and other interests and demands of life choke your inspiration, and even the awareness of the presence of the Divine Love becomes hid by your various activities.

We realize that it is difficult to maintain a high level of passion for the presence of the Divine Love.

We wait patiently at your side, hoping to assist your desires to receive more of the Divine Love. We will not do things to force our attention on you. Most times you have little or no awareness of our presence, yet, we are. It is not that we are literally always standing at your side. Yet, when you stir in our direction, even before you call our name, we are already moving toward you. Our presence is nearly instantaneous, thus appearing to you that we are always standing next to you.

Help yourself by praying. This time I am referring to the longing that emanates from your soul. It is not like the praying that you do in the morning. In these occasions we also come to assist you. We are close so that you may feel our presence and our help. This is the key thing: You remain the determining factor. You decide; you are the one that decides; you activate your will and desire that it be so. What does this mean? What I am saying translates to your power of decision and expression of your will.

You are the determining factor of your own transformation. It remains this way even after you pass from your Earth experience to your spirit life. It may be easier for you to express your will in the spirit life, but perhaps not. Why do I say this? I say this simply because you remain the same person that you are now on Earth. You are the decision maker. You are your destiny. You have knowledge of the existence of the Divine Love, and you are the one that decides how you shall respond to this knowledge. Is it really your first priority? Or is it second or third? You have an idea where I am going

with this. You know what I am saying is true: you are the one who decides the amount of attention you shall give to the transformation process of your own soul.

Yes, Jesus was correct when he said that you do not need to wait for a specific time to ask for Divine Love to flow into your soul. You have set a time to do this first thing in the morning, at the beginning of your day. This is a good thing that you have done; it creates a solid foundation each day. I am not leading you to give up this special time in prayer. Keep it, if this is what you decide. This has worked very well for you.

Having said this, I am now encouraging you to experiment with the more fluid and spontaneous way to pray. This is what Jesus suggested to James Padgett. Joseph, learn to long for the Divine Love throughout the day. Try this as a way to pray. Experiment: practice spontaneous longings for God's Love. You can do it. You are so close already. With practice you will be there.

If you will do this, you will discover that we – your Celestial guides and helpers – will be present, just as we are during your early morning prayers.

We are talking in this message about the transformation of your soul. We are encouraging you to pray and long for the Divine Love in a more conscious and continuous way: each and every moment of your life. This is our encouragement to you that you to do this. It is possible, even in the busy world of your twenty-first century.

Well, I have written you a very long message.

Thanking you for inviting me today to come and write. It is good that we are communicating again through pencil on paper. Yes, this message is different than others that I have written in the past. Your family said yesterday in their messages: you are changing, and the messages we write give evidence of the change that you are experiencing. I completely agree with their words.

I will return and continue our message.

I am Martin – yes, Martin Luther, and with many other Celestial friends.

We depart now with our blessings and love,

Your friends in High Places.

|                                                                                                                                                                                                                                                                                                                                        |
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| <p><b>Note:</b> Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.</p> |
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## LONG for the TRUTH!

Above all else, “Longing for the Truth” has not been recognised by humanity. True Prayer is not asking with the mind; it is a longing from the soul. Should we long for the truth then we will be told. This is how we ascend. Earnestly desire to know the truth and it will be revealed to us.

Our soul, our real self, already knows the truth and the answer we are seeking, the truth will come to our awareness through our feelings. Our feelings are soul-based.

Our mind cannot determine what is truth from what is false. Our mind is addicted to being in control and will lead us according to its agenda, all to our detriment. This is what man has embraced for the past 200,000 years – now the mind is to be subjected to our feelings. Accordingly, our mind will learn to assist our feelings.

Longing to our Heavenly Parents for truth will bring about the understandings we are seeking to achieve.

Long for the truth behind any feelings, both good and bad, and we begin to peel off and escape from our childhood repression and suppression, thus escaping from the generational cycle of errors that have been passed from parents to their children, thus continuing the cycle of error and harm. ALL children are harmed in this manner.

Through longing for the truth behind our feelings, both good and bad, we start to bring about harmony and peace to our self, which eventually flows onto our family, then our companions, then our overall community and then country. **This is how harmony will come to all of humanity and peace will prevail with war being set aside. This is what the Great U-Turn will bring about.**

Longing for the truth is the only way that we will come to understand the cause of any physical discomforts, pains, diseases and illness. It is by expressing the understandings of what one is feeling about any emotional event or issue so that we release from our essence the negative energies relating to these feelings arising from past events, particularly those from our childhood forming years. The harm that we each endured during our childhood forming years has set the pattern, at all levels, for our adult life.

In a variation of those inimitable words uttered by Jack Nicholson, “You CAN handle the truth!”

This is how humanity will heal itself and bring about peace for each personality and humanity overall.

**By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

# **LIVE FEELINGS FIRST**



**PRAYER**  
is not asking. It is  
a longing of the  
**SOUL.**

**SPIRIT MIND MANSION WORLDS are numbered 1 to 7:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres 1, 2, 4, and 6 only.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

On death of the physical body we all arrive in the 1st Natural Love sphere.

Earth is for the individualisation of souls being the commencements of one’s journey home toward the Source Soul.

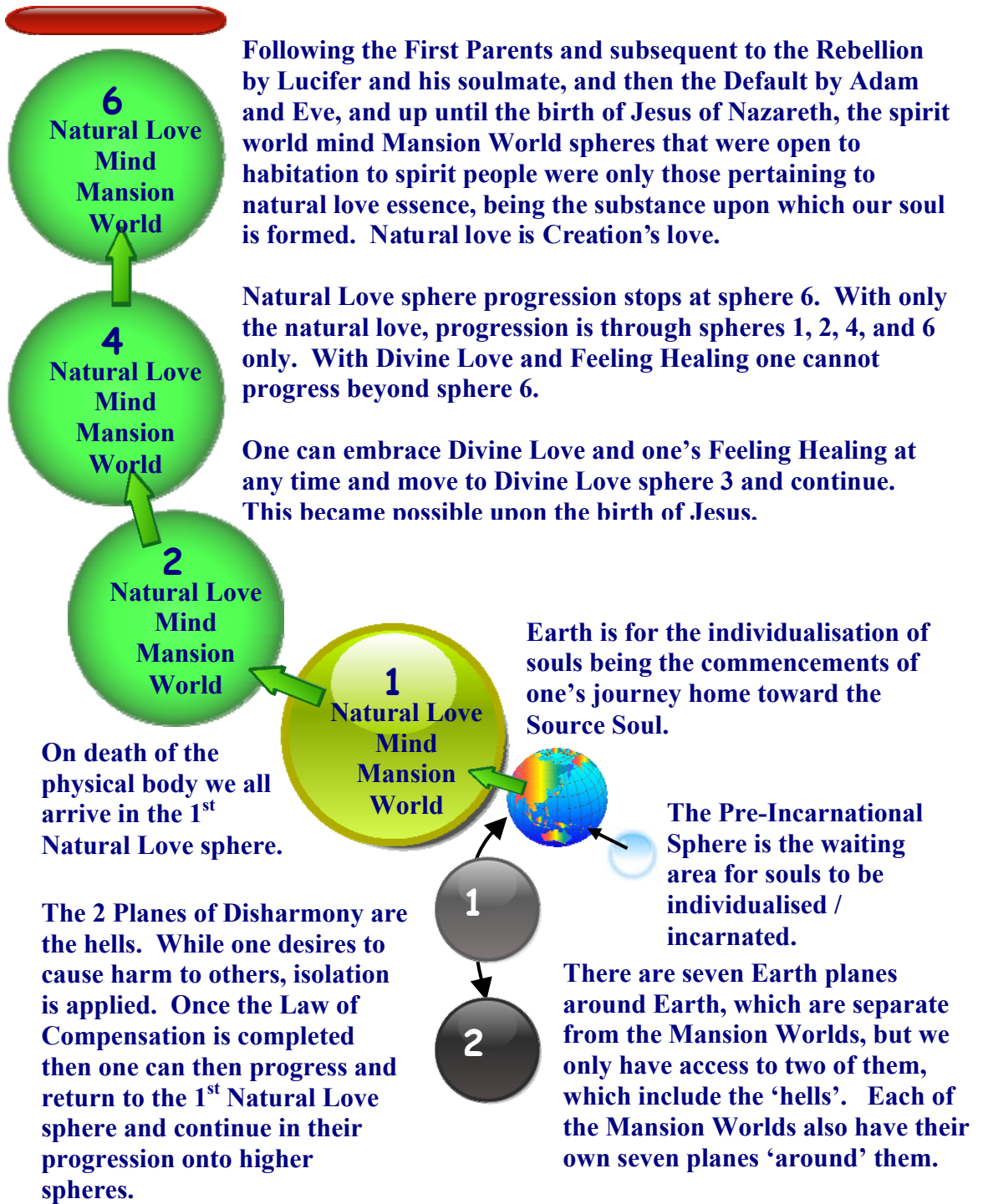
The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1st Natural Love sphere and continue in their progression onto higher spheres.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

**Note: The 1st Divine Love Sphere and the 1st Sphere of Disharmony may simply be planes within the 1st Natural Love Spirit World.**

**NATURAL LOVE SPIRIT MIND MANSION WORLDS:**



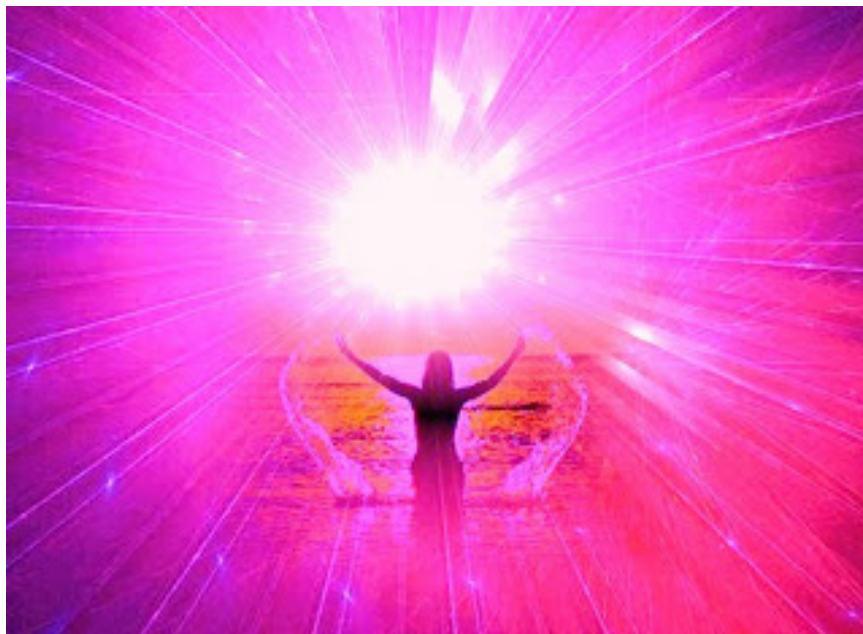
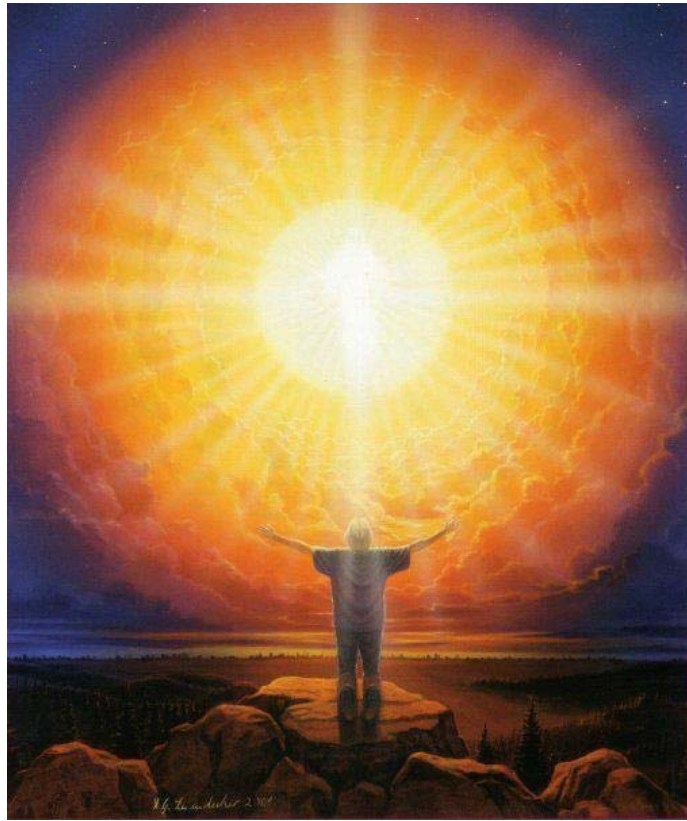
**DIVINE LOVE SPIRIT WORLDS and CELESTIAL HEAVEN OPENED:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS



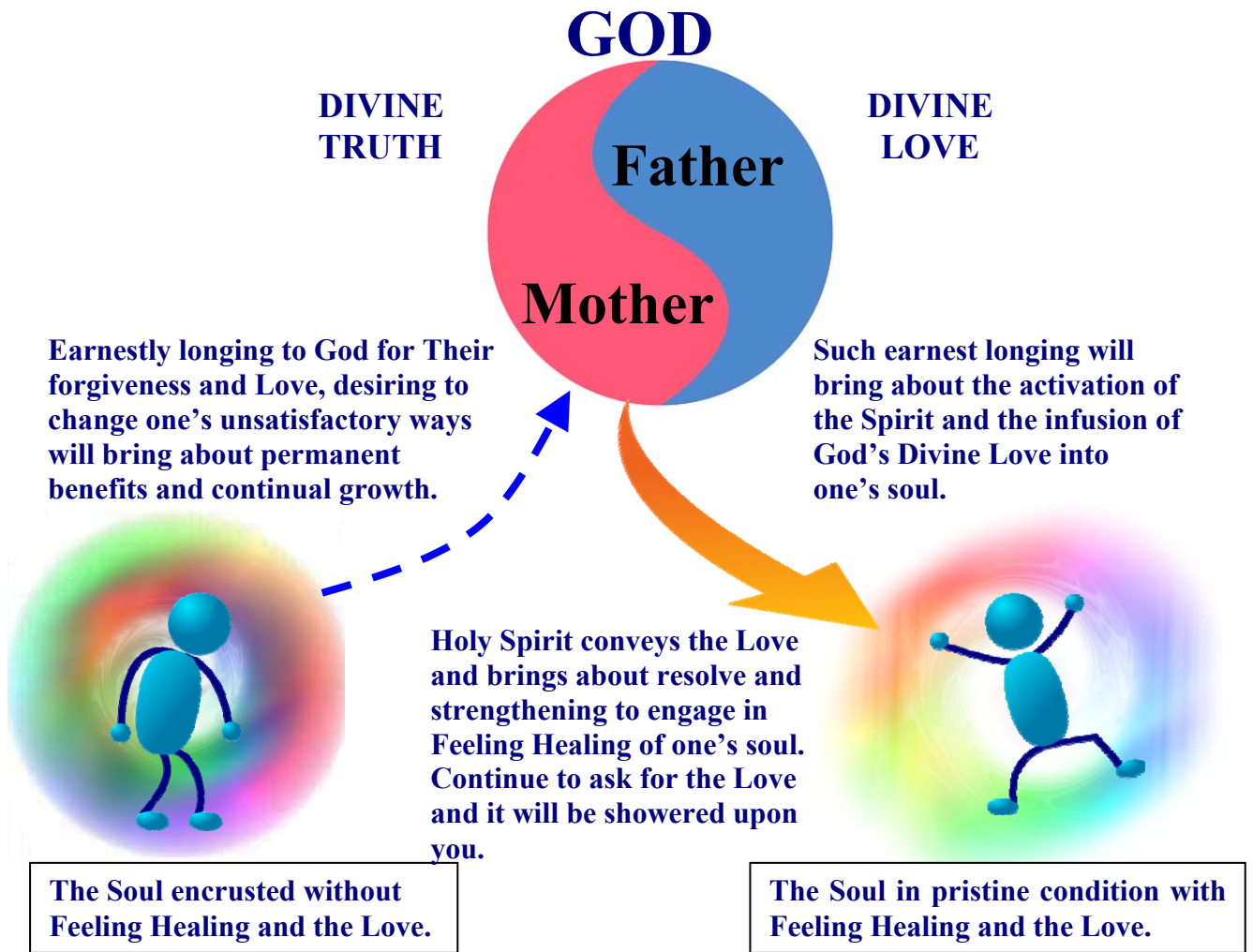


**Our soul is formed from the substance that is natural love. When we earnestly and lovingly ask for Divine Love, the Divine Love is added to our soul, thus we steadily and progressively become complete in our being.**



**The Divine Love is a love available for the Human soul that, in its cause and effect, actually perfects the personality together with one's Feeling Healing process, as it progresses to a greater experience of living in the determination of living in God's Divine Universal harmony. Every personality has the gift of freedom of self-determination to enjoy and extend through life's experiences and it is this gift of freedom and human nature that may prevent one from participating in the freedom and gift of the Divine Love. The Divine Love, once being received is added to one's nature, having being formed on natural love.**





**Immortality with the Love.**



**LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:**

1<sup>st</sup> sphere, lower regions – Natural Love MoC 50+/-  
 The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.

The typical soul condition of humanity is such that they generate the luminosity of a single candle.

1<sup>st</sup> sphere, mid regions – Natural Love MoC 210

A soul that has grown in love and soul condition equivalent to the 8<sup>th</sup> sphere – the point of becoming at one with God, the luminosity of such a soul is equivalent to the midday sun.

8<sup>th</sup> sphere – only possible with Divine Love! MoC 1,000+



**Feelings first**

## HEALTH and HARMONY of the BODIES:

Man suffers from evil and error and disease.

First arises the necessity of understanding how, and by what means these things came into existence, and then it will become easier for the understanding of the means and the way by which they may be eliminated from the life and apparent nature of mankind.



These things, foreign to God's creation, were created by man alone in the excessive and unlawful exercise of his will power in following out the suggestions and desires of his animal appetites, which unduly asserted themselves when man lost a part of his spirituality by his disobedience. Man must understand that these excrescences (morbid outgrowths) to his perfect creation are real and existing, and result in his own damnation and alienation from the good, and are antagonistic to his original and natural condition of perfection – and that they cannot be swept out of existence by the mere assertion that they are not real.

Man must understand that they are the creatures primarily of the inordinate exercise of the animal appetites and desires, and not of the exercise of the mind, and that they are to be eradicated by the same process in reverse order as was used in their creation. The purity of his true being is always besmirched (soiled) by the impurities of his own artificial being, and always will be, until he eliminates these impurities which, as to him and to his fellow man, are real, persistent existences.

As sin and evil are not the creatures of the spiritual desires, but wholly of the animal, then to eradicate from man's being these things of evil and sin, the efforts of man must be directed towards the supplanting of the unlawful and inharmonious animal desires and appetites, by appetites and desires arising from the same source that is in harmony with the laws creating this very source.

The loss of the spiritual aspiration, or the perversion of the animal appetites, similarly causes man to become out of harmony with the Father's laws. Man in order to become free from these foreign parts of his being, must strive, not by a denial of their reality, but by the effort to supplant them. Man is a creator as well as a creature, and as these things are the creatures of man alone, then so far as the being of man is involved, they have a reality which will persist until their creator – man – has destroyed them.

Jesus 9 July 1916

Only by man longing for, asking for, and receiving the Love of God will man be assisted and be able to remove that which is disharmonious to his bodies and rid that which is in error and sinful and disease from his bodies.

Harmony within one's soul brings about harmony in one's bodies and a healthy body. Receipt of God's Love, Divine Love, slowly but steadily brings about health to the physical body.

**Feelings first**

**FEELING HEALING with the SUBSTANCE of The LOVE brings about PHYSICAL HEALTH:**

December 5, 2003

<https://new-birth.net/contemporary-messages/messages-sorted-year/messages-2003/millions-of-souls-millions-of-paths-ks-5-dec-2003/>  
 "When you know that you are souls with a spiritual body and a physical body, and that these two bodies reflect the condition of your soul, then how can there be any question about which part of your being is the most important?"

**"If you want to be well and healthy, happy and strong, then you must see that it is important for you to get your souls into the highest and best condition possible."**

Apostle Peter

In the same way we will go about achieving our very personal and valued goals so will we go about creating harmony within our communities and peace worldwide.

**"The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.**

**"But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father's Grace."**

Judas – August 19<sup>th</sup>, 2001

**Divine Love is the Great Gift that God desires to give to the heart-soul that asks, yearns and seeks for It. It is unconditional Love *conditionally* given that requires no preparation. It is conditional only because Divine Love cannot and will not be given to any person without that person first asking and yearning for It.**

**We Inherit our Emotional Errors from the Environment around us during Childhood:**

We are to build but one temple. The Temple of the Living God is the blending of the greater (Divine Love) with the lesser (natural love) through which the lesser becomes one with the greater. The impurity was caused by the separation of the lesser from the greater. The purity is caused by their union, so that no longer is there a greater and a lesser but just the one good, whole, pure air of atonement. When you let the Love of the Father pour through you to all things, nothing fears you and no harm can befall you. It is separation from the Source Soul, Father, which has caused sin / error, sickness, poverty, and death. It is union with the Creator, Father that causes one to become a whole Being or to become conscious of being whole.

Life and Teaching of the Masters of the Far East Vol I by Baird T Spalding.



## **CLEANSING the SOUL:**

**Years and years of personal endeavours to step away or above harmful habits and personality traits that are harmful to others and one's self have been mainly futile. We all want to grow in our love for ourself and of others.**

**Our beautiful loving personality that we are blessed with at conception / incarnation becomes encrusted with errors and personality issues of those around us, particularly during our early childhood. The personality of those living around us, during our early years, becomes encrusted over our pristine soul thus clouding our radiance into dullness. We become mind controlled!**

**Our Heavenly Parents want what is actually best for each of us and there is a source of light that's willing to give it to each of us, but only at our soul and spirit's quest for union with the divine. Not our ego's need for things.**

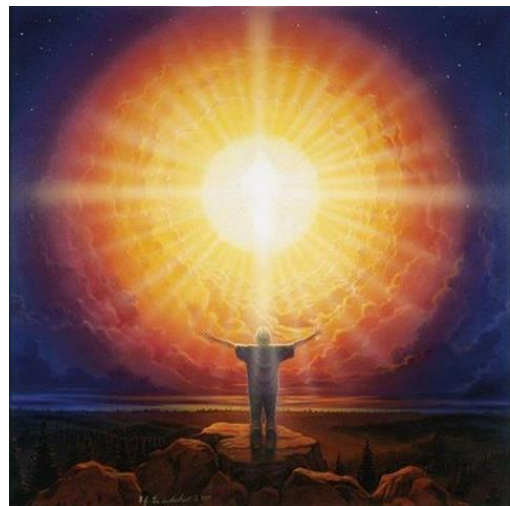
**It is only with our Feeling Healing and the infusion of the Love, that the Mother and Father conveys via the Holy Spirit, do we start to dissolve negative issues, habits and personality errors from our soul and personality. Our personality is part of our soul structure.**

**All we need do is ASK for this Love. An earnest longing and desire for the Mother and Father's love will never be withheld, it will shower over our spirit body, the template of our physical body, and be absorbed into our soul. As the Love permeates through our soul, errors of personality will slowly but surely dissolve.**

**Over time, as we progress along our path of asking for and receiving this love, the natural love which we were blessed with prior to conception will be progressively transformed into Love that is Divine. This Divine Love will slowly emerge as radiance through our being.**

**With Feeling Healing and this Love we find harmful habits and personality traits become a distant memory. With this Love, we find ourselves unable to harm others or ourselves. With this Love we find our quality of life blossom and joy starts to emerge in all aspects of our living.**

**With this Love we become immortal. With this Love we become fitted for the Heavens that the Mother and Father have prepared for us all. Just ask and faith, love, and happiness will follow. Yes, just ask!**





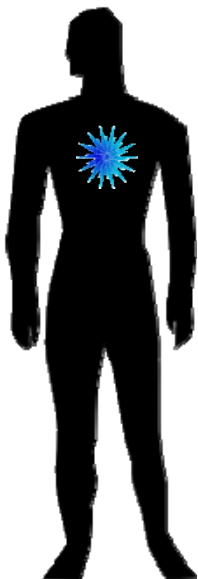
**The BEAUTIFUL MIRACLE:**

5 Oct 2012

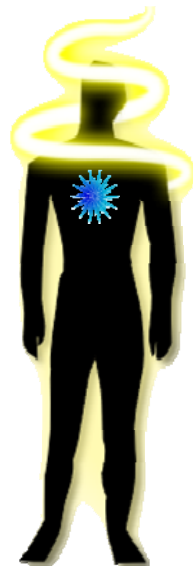
**The DIVINE UNIVERSE**

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of the Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

**Soul within  
spirit body  
prior to receiving  
Divine Love.**



**Divine Love being received  
from The Spirit, covering the  
spirit body of the requesting  
personality.**



**Divine Love having been  
assimilated within one's soul,  
now being reflected through the  
radiance of the spirit body.**



**SHINING TOWARD SPIRIT:**  
**665. The Shining toward Truth**

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas

[www.lulu.com](http://www.lulu.com)

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew (Apostle)

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

**NATURAL LOVE or FEELING HEALING with DIVINE LOVE:**

Accounts of spirit people who's condition have been so poor to fit them only for the hells, namely the Spheres of Disharmony, show that even they can progress from the lowest of conditions to being within the Celestial Heaven, way above the highest sphere of the Natural Love spheres, within or around five to ten years or so. Some achievements discussed in messages have been:

James Padgett entered the Celestial Heaven within 28 months of his passing.

Helen Padgett was in the Celestial Heaven within 12 months of passing through Feeling Healing.

Nita Padgett progressed from low 1<sup>st</sup> sphere to Celestial Heaven within 24 months of passing.

Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.

Bradley Cooper, son of Kevin, suicided on 21 September 1999 and early April 2018, became Celestial.

Emperor Nero progressed out of the low hells to Celestial Heaven by receiving Divine Love.

Emperor Julius Caesar moved from the hells to 3<sup>rd</sup> sphere within 19 months from receiving the Love.

George Butler progressed from the hells to the 3<sup>rd</sup> sphere within 38 months by receiving the Love.

President Grover Cleveland moved from dark spheres / hells to 3<sup>rd</sup> sphere in 20 months with Love.

President John F Kennedy achieved Celestial status following 15 years of Feeling Healing process.

R. Ross Perry progressed from the hells to 3<sup>rd</sup> sphere over 30 months by receiving the Love.

**It is only through Feeling Healing with the Love, that forgives sin, dissolves the errors and fits a person for a higher habitat.** Man, left to his own devices, can require many centuries to grow and then cannot enter the Celestial Heaven.

Man, can know and knows God only because he possesses a soul, and he can never know God if he seeks Them intellectually and with his mind alone. Doubt and speculation is a product of the mind, but faith is a product of the soul and we know that God exists through our soul perceptions, so that we can create the spiritual link with our Heavenly Parents through prayer. Not a mental prayer, but a prayer that comes from man's soul – earnest, sincere, full of longing, faith and love.

**Feelings first**

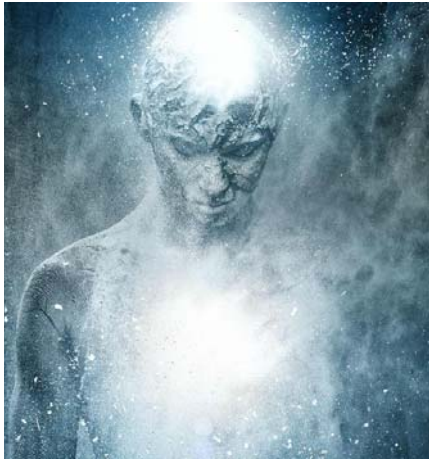
<http://www.pascashealth.com/index.php/library.html>

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**SOUL CONDITION / EMOTIONAL HEALTH ENLIVENS with DIVINE LOVE:**



**Asking for and receiving our Heavenly Parents' energy of Divine Love slowly assists in dissolving and removing man's negative emotions and subsequently brings about a vibrant, radiant soul that emerges as an outgoing happy and loving living personality. With the God's Love, which is a substance, and embracing one's Feeling Healing one can progress from any dark and depressing situation to that with resilient faith bringing about a quality of life that is Heaven on Earth.**



LUMINOSITY of the SOUL grows with LOVE:

**DIVINE LOVE is a SUBSTANCE**



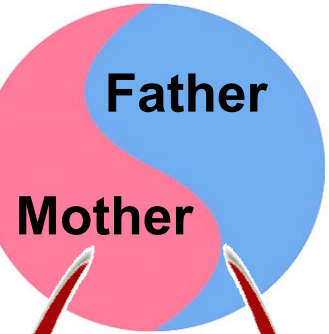
Angels actually do not have wings.



One's soul can grow from the condition of a dark dried up pea to that of a Celestial Angel by asking for and receiving Divine Love. Divine Love changes the essence of the soul to that of the Divine. Nothing else can do this.

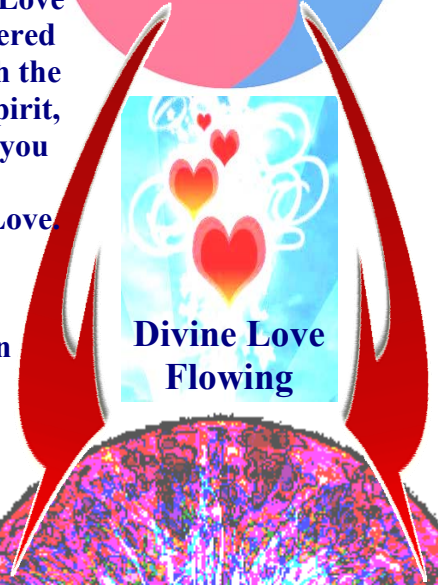


**CREATOR,  
MOTHER,  
FATHER,  
GOD.**

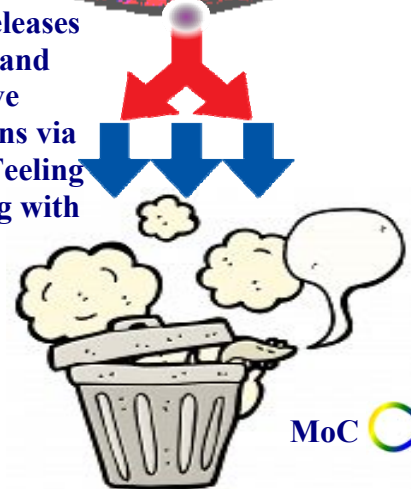


Divine Love is delivered through the Holy Spirit, should you ask for Their Love.

Your soul can be likened to a plasma ball.



Soul releases errors and negative emotions via one's Feeling Healing with Divine Love.



MoC



**FEELINGS FIRST because OUR FEELINGS are always IN TRUTH!**

It is through our feelings that we connect and communicate with our Heavenly Mother and Father. It is Their Truths that we feel. This is our pathway to freedom, to a joyous existence, a way of living that is so wonderfully light, in as much as our steps forward are always with ease and a true expression of our real personality.

Feelings First is a way of living that liberates all that is unreachable via our minds.

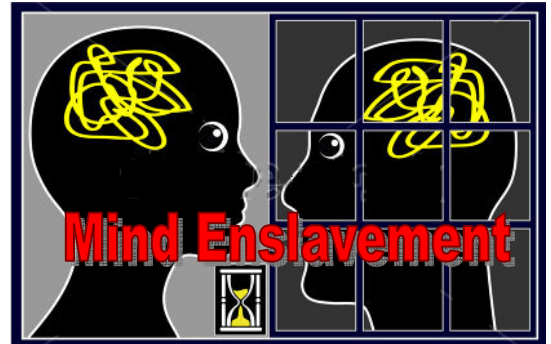
Never before in the history of humanity have the keys to our way to our Heavenly Parents been so clearly demonstrated and provided to us. Now, in the year 2018, we have been provided with the way to liberate our true personality.

We are to embrace our feelings, our soul based feelings, and through them we will find our freedom, and within this freedom we will find the way to heal ourselves of all our repression and suppression, most stemming from our forming years, our childhood from conception through to around the age of six years.

Oh the wonders of becoming superkids. That is, to begin to naturally express ourselves, that being truly the personality of who we are, the personality vested upon us by our Heavenly Mother and Father.

As emotional feelings begin to emerge, we are to long for the truth behind such feelings, both good and bad. It is the longing for the truth of our feelings that has been ignored by us for all these centuries. Instead we have subjected ourselves to our minds that cannot discern truth.

As we shed the encrustment of errors and injuries imposed upon us by the misbeliefs of our physical parents, we can ask for and receive our Heavenly Parents' Love, Their Divine Love, and in this way we will begin to divine ourselves, leading us to the Celestial Heavens.



**Feelings First**  
**Feeling Free**



**SUPERKIDS**

**Natural self Expression through Feelings**

**Self Empowering**  
**Self Revealing**  
**Self Loving**



**On the WINGS of a BUTTERFLY:** No 12, Traveller, an immortal journey, via Zara and Nicholas

Once upon a time there was a butterfly sitting with closed wings in a person's heart. This butterfly had been sitting with wings closed for a long time. The person couldn't figure out why they always felt a little sad. One day, this person asked another person why they feel sad. The response happened quickly and the person didn't like the response. It was said that perhaps your soul is sad. Several days passed and soon that person found themselves sitting by the sea. The sea has great longing to it. As the sun shone on a late spring day, the person thought about their soul and that perhaps, the person's remark was true, and that this person was a messenger of some sort. Suddenly a breeze swept through the beach and the person heard a distinct voice speak directly to him! The voice said, "Let your soul breathe in Divine Love." That was all the voice said.

The person didn't know what the Divine Love was or where it was, but now the sadness had greater longing so the person decided to breathe in the Divine Love and just like that – the closed wings of the butterfly opened and the person's sadness started to dissolve. Happiness will be mine the person thought upon feeling the Love and this will take time for me to learn how to live such happiness.

Never again, in the heart of that person, did the butterfly close its wings.

Traveller



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

### Three Great Truths:

- God is Soul, being our Heavenly Mother and Father;
- that each individual soul is a duplex – both male and female;
- and Feeling Healing with Divine Love is the pathway to Paradise.



**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

|                                                                                                                                                                            |                                                                                                                            |                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>Primary recommended reading:</b>                                                                                                                                        | <b>consider commencing with:</b>                                                                                           | <b>Paul – City of Light</b>                                               |
| <b>The Book of Truths</b>                                                                                                                                                  | <b>1914 – 1923</b>                                                                                                         | <b>xxx – Joseph Babinsky</b>                                              |
| <b>containing the Padgett Messages or</b>                                                                                                                                  |                                                                                                                            |                                                                           |
| <b>Little Book of Truths</b>                                                                                                                                               |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                                                                                                               | <b>xxx</b>                                                                                                                 | <b>– Geoff Cutler</b>                                                     |
| <b>The Rejected Ones</b>                                                                                                                                                   | <b>2002 – 2003</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Messages from Mary &amp; Jesus</b>                                                                                                                                      | <b>2003</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Paul – City of Light</b>                                                                                                                                                | <b>2005</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Mary Magdalene and Jesus'</b>                                                                                                                                           |                                                                                                                            |                                                                           |
| <b>comments on the Padgett Messages</b>                                                                                                                                    | <b>2007 – 2010</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                                                                                                                            | <b>2013 – 2014</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Sage and the Healing Angels of Light</b>                                                                                                                                | <b>2017</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Road map of Universe and history of Universe:</b>                                                                                                                       |                                                                                                                            |                                                                           |
| <b>The Urantia Book</b>                                                                                                                                                    | <b>1925 – 1935</b>                                                                                                         | <b>xxx as primary reading</b>                                             |
| <b>Divine Love supporting reading:</b>                                                                                                                                     |                                                                                                                            |                                                                           |
| <b>Revelations</b>                                                                                                                                                         | <b>1954 – 1963</b>                                                                                                         | <b>– Dr Daniel Samuels</b>                                                |
| <b>Judas of Kerioth</b>                                                                                                                                                    | <b>2001 – 2003</b>                                                                                                         | <b>– Geoff Cutler</b>                                                     |
| <b>The Golden Leaf</b>                                                                                                                                                     | <b>2008</b>                                                                                                                | <b>– Zara &amp; Nicholas</b>                                              |
| <b>The Richard Messages</b>                                                                                                                                                | <b>2012 – 2013</b>                                                                                                         | <b>– James Reid</b>                                                       |
| <b>The Divine Universe</b>                                                                                                                                                 | <b>2012 – 2013</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Family Reunion Afterlife Contact</b>                                                                                                                                    | <b>2014 – 2015</b>                                                                                                         | <b>– Joseph Babinsky</b>                                                  |
| <b>Traveller, An Immortal Journey</b>                                                                                                                                      | <b>2014 – 2015</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Destiny, Eternal Messages of Divine Love</b>                                                                                                                            | <b>2015 – 2016</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Feeling Healing</b>                                                                                                                                                     | <b>2017</b>                                                                                                                | <b>– James Moncrief</b>                                                   |
| <b>Religion of Feelings</b>                                                                                                                                                | <b>2017</b>                                                                                                                | <b>– James Moncrief</b>                                                   |
| <b>The Way of Divine Love</b>                                                                                                                                              |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>Divine Love – The Greatest Truth in the World</b>                                                                                                                       |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>The Human Soul</b>                                                                                                                                                      |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>Divine Love Flowing</b>                                                                                                                                                 |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>The Truth</b>                                                                                                                                                           |                                                                                                                            | <b>– Werner Voets</b>                                                     |
| <b>Through the Mists, The Life Elysian, The Gate of Heaven</b>                                                                                                             |                                                                                                                            | <b>– Robert James Lees</b>                                                |
| <b>Life in the World Unseen</b>                                                                                                                                            |                                                                                                                            | <b>– Anthony Borgia</b>                                                   |
| <b>Gone West</b>                                                                                                                                                           |                                                                                                                            | <b>– J M S Ward</b>                                                       |
| <b>Post Mortem Journal</b>                                                                                                                                                 |                                                                                                                            | <b>– Jane Sherwood</b>                                                    |
| <b>After Death / Letters from Julia</b>                                                                                                                                    |                                                                                                                            | <b>– William T Stead</b>                                                  |
| <b>Thirty Years Among the Dead</b>                                                                                                                                         |                                                                                                                            | <b>– Carl A Wickland</b>                                                  |
| <b>A Wanderer in the Spirit Land</b>                                                                                                                                       |                                                                                                                            | <b>– Franchezzo</b>                                                       |
| <b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>                                                                                                         |                                                                                                                            | <b>– Geoff Cutler</b>                                                     |
| <b>The Holy Bible from the Ancient Eastern Text</b>                                                                                                                        |                                                                                                                            | <b>– Dr George M Lamsa</b>                                                |
| <b>Available generally from:</b>                                                                                                                                           |                                                                                                                            |                                                                           |
| <b><a href="http://www.lulu.com">www.lulu.com</a></b>                                                                                                                      | <b><a href="http://www.amazon.com">www.amazon.com</a></b>                                                                  | <b><a href="http://www.bookdepository.com">www.bookdepository.com</a></b> |
| <b>For Divine Love focused websites and forums:</b>                                                                                                                        |                                                                                                                            |                                                                           |
| <b>Pascas Health:</b>                                                                                                                                                      | <b><a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a></b> |                                                                           |
| <b>Spiritual Development:</b>                                                                                                                                              | <b><a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a></b>                     |                                                                           |
| <b>Padgett Books:</b>                                                                                                                                                      | <b><a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a></b>                       |                                                                           |
| <b><a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a></b> |                                                                                                                            |                                                                           |

**James Moncreif's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncreif Books:**

|                                                                     | MoC   |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 1,825 |

|                                                                  |                        |                           |       |
|------------------------------------------------------------------|------------------------|---------------------------|-------|
| Paul – City of Light                                             | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                    |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality                                         | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings                                             | 1,500                  | 2017                      | 47    |
|                                                                  |                        | This group being pages of | 3,046 |

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>



**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

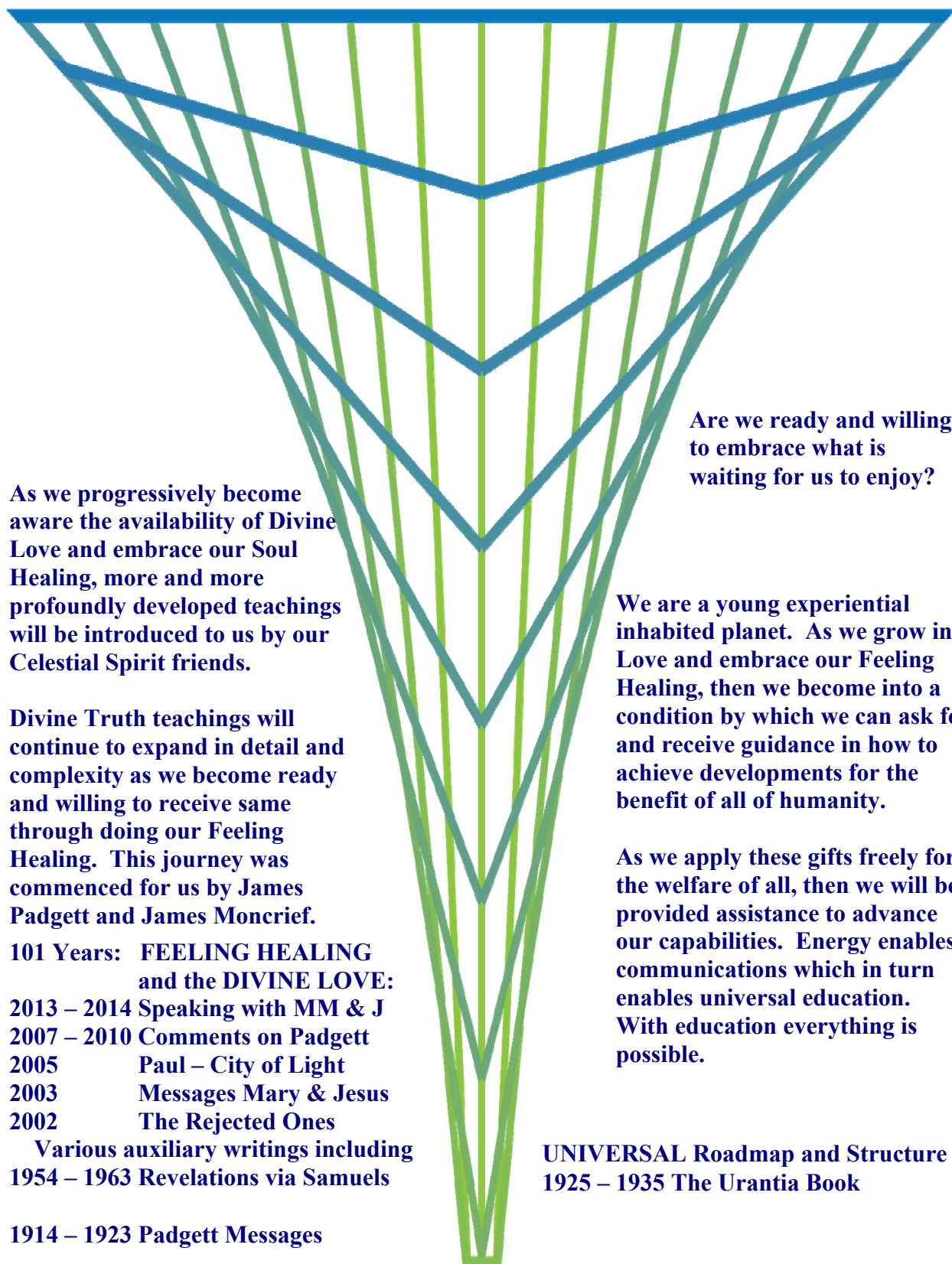
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

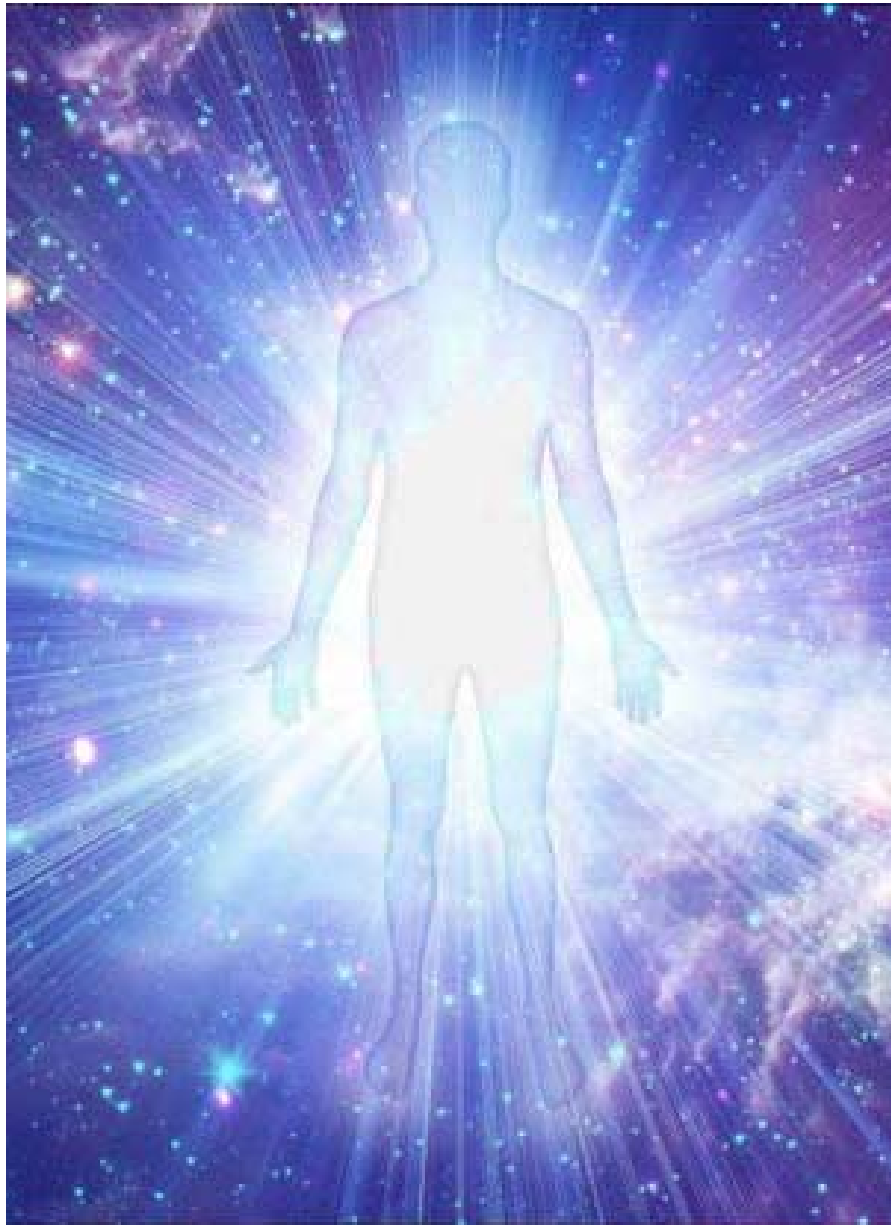
**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



Pascas Care – Love is Abundant calibrates MoC 1,251  
 perceived truth MoC 880 – relative truth potential MoC 1,251

# Pure Spirit

## 'All There Is'





### **The LOVE is reintroduced with FEELING HEALING:**

The first page diagram outlines that everything is interconnected. Health of the soul brings about a healthy physical body, this cannot be separated.

The second diagram is Feeling Healing – Healing yourself through your Feelings.

The third diagram is a classic, namely embracing the Will of the Mother and Father:

- First half is drawn from Col James Churchward's reading of clay tablets that date back 70,000 years. It is an outline of the first religion.
- Then follows the commandment introduced by Jesus 2,000 years ago.
- Then follows the reintroduction of the teachings of Jesus relating to the availability of Divine Love, these teachings have now been reintroduced over the past 100 years. The availability of Divine Love was taught in the first century; however, very few records of such have survived from that time. Now, the teachings of embracing one's feeling healing and soul healing are here.

Diagram fourth is ten commandments with the additional one by Jesus as a Manifesto of Divine Love.

The fourth diagram is what the Love does – it is a substance.

The sixth diagram is an overview of all that proceeds.

The Prayer for Divine Love as was given to us from the first century. It is not the only such prayer.

Then the final diagram being a visual aid of how easy it is to ask for and receive the Love – everyday is a day of devotion. Then to embrace one's soul healing.

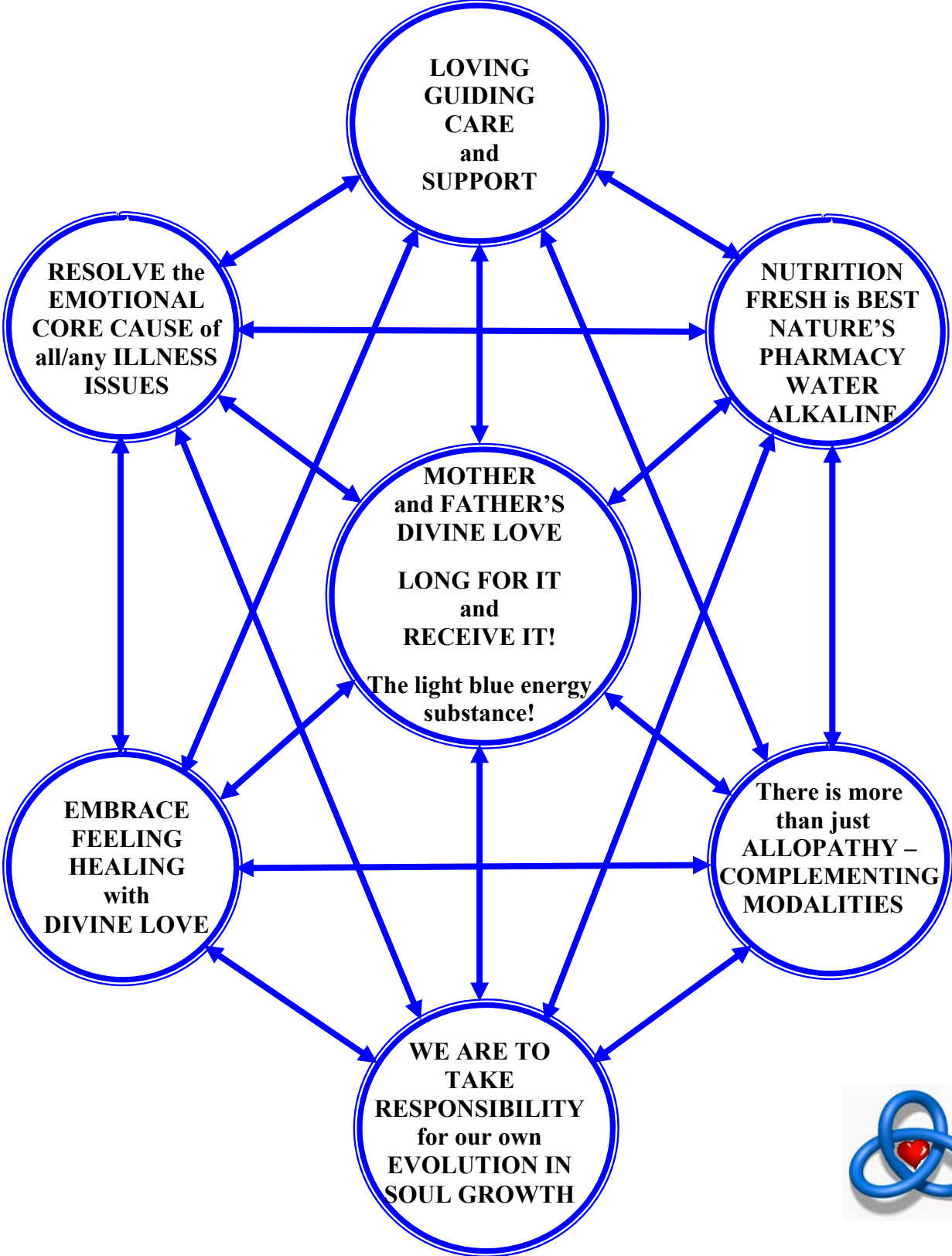
On the 31 May 1914, messages commenced to be received in a well organised and constructive manner with this first phase completing around 2017. The guidance and writings continue today. Over the past 103 years more than 10,000 pages of these teachings have been published. These works are coordinated and grow in detail and depth as we develop in our capacity to embrace the contents. The flow of material is anticipated to progressively increase in volume and in depth of detail as time goes on. The number of authors contributing now appears to exceed 1,000 in number and yet the work is so well structured that each successive set of material adds to the beauty and love that is shared in all that has preceded.

These diagrams embrace the essence and provide a summary to a body of knowledge that the world has never had available to it before. This time, in the history of humanity, is the most exciting time ever experienced. Enjoy and share as you please.

**Whilst we are receiving the Mother and Father's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Parents are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

# HEALTH and HEALING

EVERYTHING is INTERCONNECTED!



## **Feeling Healing – Healing yourself through your feelings.**

- ✓ **Your feelings are the real and true you.**
- ✓ **If you are denying any feelings you are denying yourself.**
- ✓ **If you are denying yourself you can't ever be truly happy.**
- ✓ **To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.**
- ✓ **If you want to know the truth of yourself, then it's your feelings you will need to look to.**
- ✓ **Your feelings hold the hidden keys to unlocking the truth of who you really are.**
- ✓ **Uncover the truth of yourself through your feelings and you will know why you feel all you do.**
- ✓ **Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.**
- ✓ **Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.**
- ✓ **How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.**
- ✓ **However you will also have to pay attention to all your bad feelings, and this can be very harrowing.**
- ✓ **By honouring – accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.**
- ✓ **And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.**
- ✓ **It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.**
- ✓ **Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.**
- ✓ **You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.**
- ✓ **And if you wish to do your Healing with God, you can also long for God's Divine Love.**
- ✓ **Feeling Healing – Using your feelings to heal yourself.**

**EMBRACING the WILL of our HEAVENLY MOTHER and FATHER:**

**Our Heavenly Parents are almighty, all powerful, infinite, and at all times loving.**

**The love of the Heavenly Parents for their children, woman and man, has been and is always infinite and ever present.**

**As one's faith in our Heavenly Parents evolves, man's love for his Heavenly Parents will have no limit.**

**As man grows in his love, so will man grow in his love for all of God's creations.**

**Approach the Source Soul, the Mother and Father, in reverence, without fear or trepidation, just as a child approaches his earthly parents knowing that open loving arms are extended to receive him at all times.**

**As one grows in his love of the Mother and Father, one becomes to know with certainty that God loves him or her in return, at all times, and that fear is an illusion created by man's mind.**

**By embracing the commandment provided in the 1<sup>st</sup> century, namely the first:**

**"This is my commandment, that ye love one another even as I have loved you."**

**Further, we are to embrace our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us. Living true to our feelings IS living true to God's Will.**

**Also as our soul development progresses, our self love grows which also enables us to step away from:**

**Any self harm that we may cause which also brings about consequences.**

**And to move along this path we simply develop our embracement of:**

**God's Divine Love; by praying for it, asking for it, and receiving it.**

**Longing for Truth and Divine Love we can embrace the will of the Father and achieve freedom from error and harmful ways, thus finding our way home!**



### Manifesto of Divine Love:

1. We love one another as Mary and Jesus, our spiritual parents, love us. And so we seek their Spirits of Truth.
2. Our all loving Heavenly Parents, our Mother and Father, we love and honour at all times.
3. We worship only our Mother and Father, God, and Creator of all things.
4. We treat our Creator's name with respect and love, and earnestly seek Their Divine Love, and at all times pray for It, ask for It, and receive It.
5. We set aside a regular day each week for Sabbath rest and worship of our Heavenly Parents, God, and seek Their Love so that we may grow closer to Their fountain head of Truth and Love.
6. We are to be as we feel, even if it's sinful, but in doing something that is not in alignment with God's Love and Truth will make us feel bad, that is provided we allow ourself to feel our bad feelings, and so we can then use our bad feelings to find out the truth of why we feel bad and why that thing we have done is bad. We embrace our Feeling Healing.
7. We strive to cause no harm to another, nor cause any harm to one's self. We do not do to others what we would not have them to do to us. We treat our fellow human beings and all living things, and the world in general with love, honesty, faithfulness and respect. Violence, at any times, is never justified. Golden Rule: that one must always honour another's will as one honours one's own.
8. At all times in our intimate relationships we strive to express and live true to all our feelings, all so we can use our feelings to uncover the truth they are trying to show. The truth of ourselves, of our relationships, and the truth of everything else, including God.
9. We do not covet or steal anything that does not belong to us. Honesty in all communications, actions, undertakings and activities in all facets of life is our rule of life.
10. In all that we do, we are to be truthful. We are non-judgemental, for none of us have the capacity or authority to judge another. We are always ready to forgive all wrongdoing.
11. We do not desire anything or anyone that does not belong to us. Comparing oneself to others and longing to have what they have leads to errors. We are to be content by focusing on the blessings our Heavenly Parents, who made us in Their soul's image, provides for us.

## ***DIVINE LOVE – what does it do?***

**Divine Love, which is a substance, progressively:**

**Transforms one's soul from that which is of natural love to that which is Divine**

**As natural love is enhanced with the Parent's Love, we reject our tendency to error**

**Divine Love, our Parent's Love, restrains errors, untruths and emotional stress**

**As we reject the condition to error, we develop our love for our brothers and sisters**

**Divine Love helps one with the discovery of truth through one's soul-feeling healing**

**Our natural intelligence grows, perceptions rise with our soul intelligent feelings**

**As Law of Compensation is resolved, the Love reduces returning to being in error**

**Receipt of Divine Love, the Parent's Love, grows our faith, we become God reliant**

**As our faith grows our propensity to undertake one's Feeling Healing strengthens**

**With the Love, our Feeling Healing becomes Soul Healing, this we are to undertake**

**Without the Love we remain self reliant and dependent upon our own will power**

**Only with the Love will our soul condition grow rapidly, all around us also benefit**

**The Love is the only substance that changes the human soul to that which is Divine**

**Only by asking and receiving Love do we become fitted to enter Celestial Heavens**

**Only by asking for and receiving the Divine Love does our soul become immortal.**

### **What is Divine Love?**

**It is the Divine Love of God, our Heavenly Parents, restored to all mankind by the births of Jesus and Mary.**

### **How do we get this Love?**

**By sincerely asking God, our Mother and Father, and receiving the Love that passes all understanding.**

### **What happens then?**

**We are born again in spirit and in truth, our soul opened to the Soul of God, our Heavenly Parents.**

### **What then do we know?**

**We know we are all children of God and want to pray always to our Heavenly Parents, always longing for Truth.**

### **What is the purpose of Feeling Healing?**

**We are to seek the truth of our feelings and unburden ourselves from our childhood repression and injuries.**

### **What of the world?**

**We are at peace in the world and fearless. In Divine Love and in Truth there is no fear.**

### **What else?**

**We are to strive to love everyone unconditionally as our Heavenly Parents and as Mary and Jesus love us.**

## **The Only Prayer That Man Need Offer to the Father:**

(as given within the first century)  
I am here, Jesus

**The Prayer for Divine Love**

2 Dec 1916

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

**P.438 Book of Truths through James Padgett / Jesus**

Let your prayer be as follows:

**Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.**

**That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.**

**We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.**

**Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.**

**Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.**

**Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.**

**We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.**

**We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.**

**Amen**

MoC



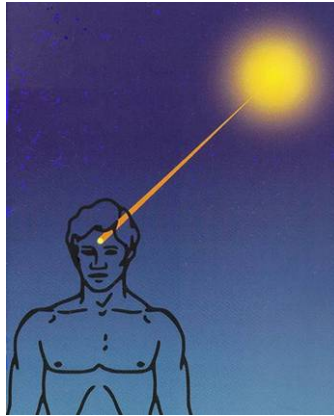
Note: The 'false teachers' are our parents, as they are also the 'evil ones'.  
Also, the evil ones, being those parts of one's mind, that are controlling you.

**VISUALISATION with LONGING:**

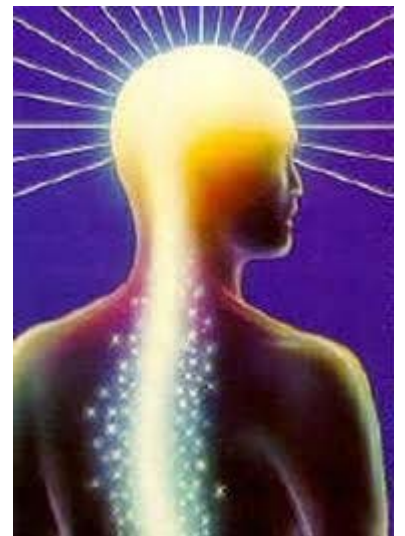
**Holy Spirit infusing Divine Love.**

**Progressive escalation of Divine Love flowing.**

**Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:**



***"Please, Mother and Father, I want some more."***





|                                                                                                                                                                     |                                                    |                                                                    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|--------------------------------------------------------------------|
| <b>Primary recommended reading:</b>                                                                                                                                 | <b>consider commencing with:</b>                   | <b>Paul – City of Light</b>                                        |
| <b>The Book of Truths</b>                                                                                                                                           | <b>1914 – 1923</b>                                 | <b>xxx – Joseph Babinsky</b>                                       |
| <b>containing the Padgett Messages or</b>                                                                                                                           |                                                    |                                                                    |
| <b>Little Book of Truths</b>                                                                                                                                        |                                                    | <b>– Joseph Babinsky</b>                                           |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                                                                                                        |                                                    | <b>xxx – Geoff Cutler</b>                                          |
| <b>The Rejected Ones</b>                                                                                                                                            | <b>2002 – 2003</b>                                 | <b>xxx – James Moncrief</b>                                        |
| <b>Messages from Mary &amp; Jesus</b>                                                                                                                               | <b>2003</b>                                        | <b>xxx – James Moncrief</b>                                        |
| <b>Paul – City of Light</b>                                                                                                                                         | <b>2005</b>                                        | <b>xxx – James Moncrief</b>                                        |
| <b>Mary Magdalene and Jesus'</b>                                                                                                                                    |                                                    |                                                                    |
| <b>comments on the Padgett Messages</b>                                                                                                                             | <b>2007 – 2010</b>                                 | <b>xxx – James Moncrief</b>                                        |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                                                                                                                     | <b>2013 – 2014</b>                                 | <b>xxx – James Moncrief</b>                                        |
| <b>Sage and the Healing Angels of Light</b>                                                                                                                         | <b>2017</b>                                        | <b>xxx – James Moncrief</b>                                        |
| <b>Road map of Universe and history of Universe:</b>                                                                                                                |                                                    |                                                                    |
| <b>The Urantia Book</b>                                                                                                                                             | <b>1925 – 1935</b>                                 | <b>xxx as preferential reading</b>                                 |
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**Release one's pain through expressing one's feelings.**



**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

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