

PASCAS FOUNDATION (Philippines) Inc

Business Plan & Financial Feasibility



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FINANCIAL FEASIBILITY – STATEMENTS & PROJECTIONS

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PASCAS FOUNDATION (Philippines) Inc

EXECUTIVE SUMMARY

THE PRODUCT:

In the Philippines 6.1% of the population live on less than US\$1.90 per day, 26% live on less than US\$3.20 per day and **55.1% live on less than US\$5.50 per day** (World Bank Data). Widespread corruption in both Filipino politics and business prevents any opportunities for social mobility and growth. Power is concentrated among a small number of influential families and connected individuals, offering the poor truly little chance of bettering themselves.

The Rural Poverty Portal reports that half of the poor in the Philippines live in rural areas. The poorest of the poor are the indigenous, landless labourers, fishermen, small farmers, mountain folk and women. Deforestation, depleted fisheries, and unproductive farmland are major problems for these people. Rural population (% of total population) in Philippines was reported at **52.32 %** in 2021.

The education system is reporting classrooms across the nation with 50 or more students. Teachers are inadequately trained and supported. Consequently, higher education is not being provided with capable students coming through from high school, this is reflected in the quality of students graduating in all fields.

Then you have the inadequacies throughout all industries not being able to obtain the capable staff required to grow commence and mitigate the requirements in all areas of commerce and deliver the solutions needed by every sector of Philippines society.

The evolutionary growth of the people of the Philippines is hampered by an inwardly looking government and an all-powerful, suppressive, controlling church. The people of the Philippines are a very tolerant. Both at the individual and community level, strong emphasis is placed on social acceptance and maintaining social harmony. As such, social approval and caring about what others will think, say, or do strongly influence social behaviour. Thus, the people subject themselves to such suppressive control.

CHILD SEXUAL ABUSE and CHILD ABUSE

<https://www.cameleon-association.org/contexte-aux-philippines/?lang=en>

About 7,000,000 children are sexually abused every year in the Philippines.



More than 70% of sexually abused children are between 10 and 18 years old. Among those victims, 20% are under 6 years old. Cases of child sexual abuse are one of the most common issues that the Department of Social Welfare and Development (DSWD) has to handle after abandonment and neglect. Despite the Anti-Rape Law of 1997, rape remains the most frequent type of sexual abuse, followed by incest and fondling. 98% of rape victims are women. The incest percentage is another alarming data: 33%.

Most children who are sexually exploited for commercial purposes are victims of prostitution or pornography.

Most of the time, Filipino children are raped by their fathers or uncles. Those men usually are 30 to 40 year old, and do not have a stable job. It has been noted that most incest cases take place in the family home when the victim is alone.

SPAIN then UNITED STATES AMERICA colonised the PHILIPPINES

The Spanish conquistadores established a colonial government in Cebu in 1565. They transferred the seat of government to Manila in 1571 and proceeded to colonise the country. The Filipinos resisted and waged Asia's first nationalist revolution in 1896.

When the Spanish-American War ended in December 1898, Spain sold the entire Philippine archipelago to the United States for US\$20 million. The Philippines had acquired or was given a new colonial ruler. The United States had acquired a colony the size of Arizona, located more than 4,000 miles away across the Pacific Ocean. 1898-1933: Philippines was America's Colony.

| A CONFLICTED LAND: Rebellions, Wars, and Insurgencies in the Philippines | | | |
|---|---------------------------------|-----------------------------|---------------------------------|
| 1898-1933 | 1934-1964 | 1965-1986 | 1987-2003 |
| America's Colony | War and Independence | The Marcos Years | Reform and Rebellion |

And now the people are subjected to the Duterte / Marcos family dynasty of control through a 'democratic' government. Ferdinand Marcos Jr being the son of the Ferdinand Marcos, the dictator of 1965-1986.

EDUCATION

"We need to hire 147,000 new teachers to be able to lower the class size to 35," Dana Beltran, ACT deputy secretary general, said. "We simply cannot do it if our teachers handle six, seven, eight, or more **classes of 50 students each,**" Beltran urged. 28 September 2022

"While it is long overdue for the government to adhere to the United Nation's recommendation of allocating an education budget equivalent to 6% of the country's gross domestic product, now is the best time to finally do it if we aim to salvage our education system from the crisis. **We need to double this year's education budget to really solve the perennial problems in education that drowns us in the quagmire that we are in,**" Beltran said. 28 September 2022

Open and free education from primary schooling, through high schooling, technical and further education (colleges) and then university can be the only driver of any society's progress and development – particularly for the Philippines. But what there is throughout the Philippines, it is presently mind-centric whereas feeling orientation opens the potential for a more efficient and enduring level of development in growth and truth for all engaged – teachers and students.

Open implies that it is free from the restraints and dictates of government, that includes liberal and democratic governments as well as authoritarian and oppressive governments. All governments are agents of control. Open also implies free from being dominated by any specific ideology. And free implies that the education service is provided free of cost to the students at all levels. Truth is to prevail.

What has never been understood is that ALL education platforms worldwide are constricting their students' development and potential. No one had recognised that being mind-centric, the potential of every student to develop is capped at 499 on Dr David Hawkins' Map of Consciousness (MoC). High level controllers, 200,000 years ago, influenced the people of Earth to live mind centric and since then we have all suffered the consequences of that restraint. Our minds cannot discern truth from falsehood, our minds are addicted to untruth, consequently 98% of our assumptions are in error, also, our minds are addicted to control of the environment and of others. Consequently, more than 92% of the time we are at war!

ELECTRIC POWER

The **electricity sector in the Philippines** provides electricity through power generation, transmission, and distribution to many parts of the Philippines. The Philippines is divided into three electrical grids, one each for Luzon, the Visayas and Mindanao. However, about 12% of Filipinos have no access to electricity.

WATER and SANITATION

47.46% of Filipinos have access to clean drinking water and 60.64% have access to sanitation.

FEELINGS are our Supreme Guide!

“Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.” Kevin 26 Sep 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

We are now to bring our feelings into balance with our minds following in how we are to live. Otherwise we will all continue living in a stupor, in a kind of zombiism that has no spontaneity and intuitiveness; this will only lead to continuing disease and illness and wars that will eventually destroy the planet and us all – however we now can consider the pathway of living through our feelings!

Our feelings are always in truth, all the truth we need and may want to know is already within us. We are to long for the truth behind what our feelings are drawing our attention to. We are then to have our mind follow in assisting us in implementing what our feelings are guiding us to consider and embrace. We are to be continually expressing what our feelings bring to our attention – both good and bad.

This sounds easy. It is not. Others have touched upon these points but until now – 2022 – no one had gone deep enough and achieved the healing and growth that comes through living feelings first. Now it has been achieved and can be shared with all of Earth's humanity, both in the physical as well as in spirit.

THE COMPANY:

Pascas Foundation (Philippines) Inc is a not-for-profit, charity, to be incorporated within the Philippines. Typically, charitable organisation, naturally, are exempt from taxation by VAT, sales tax, income and corporate tax. All funds received by a charitable organisation that is to be used for charity purposes are exempt from taxation. But the entity needs to obtain a not-for-profit status with the taxing authority. Ministry of taxation or justice are the main registration authorities for charitable organisation constitutions.

Pascas Foundation is not a religion. You cannot join it per-se, it does not have any hierarchy of control, it does not have any rituals, dogmas, creeds, cannon laws, sacraments, special clothing and hair styles, and it does not have a special book. Embracing and living through our feelings can be considered and done within the confines of anyone's religious or spiritual practices. It is a way of living.

COMMERCIAL IN CONFIDENCE

Pascas Foundation (Philippines) Inc is being established as a humanitarian entity for all of the people of the Philippines and it will be managed by the people of the Philippines.

MARKETS & COMPETITION:

PHILIPPINES Doctors Nurses Teachers Ratios

| | DOCTORS | | NURSES & MIDWIVES | | TEACHER / STUDENT | |
|---|------------------|-------------|------------------------------|-------------|--------------------------|-------------|
| | per 1,000 people | | per 1,000 people | | ratio | |
| Philippines | 2017 | 0.6 | 2019 | 5.4 | 2017 | 29 |
| Thailand | 2019 | 0.9 | 2019 | 3.2 | 2018 | 17 |
| Malaysia | 2019 | 1.5 | 2019 | 3.5 | 2017 | 12 |
| Indonesia | 2015 | 0.5 | 2019 | 3.8 | 2018 | 17 |
| Australia | 2018 | 3.8 | 2019 | 13.2 | 1999 | 18 |
| New Zealand | 2018 | 3.4 | 2018 | 11.1 | 2017 | 15 |
| Japan | 2018 | 2.5 | 2018 | 12.7 | 2017 | 16 |
| | | Austria | | Switzerland | | San Marino |
| Strongest Worldwide | 2020 | 5.4 | 2019 | 18.0 | 2018 | 7 |
| https://data.worldbank.org/ | | Africa 27 | | Africa 30 | | Africa 21 |
| Weakest Worldwide | | nations 0.1 | | nations 1.0 | | nations 40+ |

The Philippines needs to double their number of doctors per 1,000 people and then double them again.

The Philippines needs to double their number of nurses per 1,000 people – plus some.

The Philippines needs to double the ratio of teachers per students – and then add a lot more!

This is a time of great change. The introduction to consider the option of Living Feelings First is unique throughout the world. Further, to move away from the lecture coming from the front of the room to students tutoring each other, both of these greatly advance learning potential.

The education facilities throughout the Philippines are universally inadequate with students performing at the bottom of the scale on the world stage. This is creating shortages in all critical sectors of the economy, possibly nowhere as acute as throughout their own advanced education sectors and also health services.

However, the mode of education is presently focused upon lecture and rote learning – this generates unresponsiveness and stagnation, with no spontaneity and intuitiveness being demonstrated by students throughout their lives. The current format of teaching is retarding development of students and nation.

MAJOR FOCUS for the PHILIPPINES

For the individual:

55% of the population live on incomes below the level of poverty line. Social housing is not available for many. Food security is critical in many provinces. Free and open education for all is sub-standard. Medical clinics within reasonable access are limited. Family planning needs to be a focus for the medical centres. Hospitals being equipped with diagnostic services and operating facilities comparable to institutions worldwide needs to be available for impoverished.

And these need to be addressed for the nation:

The errors of the past are still all firmly in place with the same management and systems of old.

This appears intractable, errors of the past are going to repeat, so a bold stance needs to be considered.

An oversight council of twelve people (if not more) is to oversee the implementation of solutions and changes required throughout the nation and society. The council will at all times consist of at least 50% women. The oversight council members is to be of Philippines nationals and they are not to have any political allegiances, nor will they demonstrate any religious alliance. Every person living in the Philippines

need to be treated equal. Yes, those in greatest need will be the first to be assisted with the objective that the overall agenda will lead to is equal and fair treatment for all. Boundaries and barriers are to be torn down. The prejudices of all will be exposed for what they are – immoral and grossly unloving.

WHAT IS SPECIAL ABOUT THIS BUSINESS? Define Your CONSUMER MONOPOLY:

Presently, only Pascas Foundation has acknowledged, embraced and documented the revelations that humanity has been provided with commencing on 31 May 1914 and continuing today. Pascas Foundation openly and freely is sharing 100% of the guidance and information that has been and continues to be collated. It dearly loves to see others freely plagiarise all that is readily downloadable from the Library Download page at www.pascashealth.com

Through the gift of kinesiology muscle testing, we each may proceed to test for the level of truth of each and every statement, paragraph, page and document within the library. Thus, we do not have to wait for our minds to confuse us. Even this business plan and its executive summaries can be separately calibrated for their levels of truth by reference to the Map of Consciousness (Moc) through kinesiology muscle testing.

The most effective mode of teaching is through students tutoring each other. They enhance this further through embracing their feelings and responding intuitively in discussions. This requires ample meeting-up gathering points, typically for up to twelve students to be available throughout education centres. This is a facility that is presently not often provided for within the education centres. Also, to commence this mode of education, teachers commence their introductions of topics with around a dozen students, thus requiring even more teachers than may be envisaged. To bring this all about requires universities to embrace these understandings and lead the way. It is a major evolutionary jump in education and the potentials for all of the participants and families involved are great.

These revelations, all relating to The New Way of living and learning apply to all sectors of society, commerce, business and life experience. This is not just a focused endeavour on education and health, this is universal for all of humanity in its many facets of life. This is a time of an evolutionary jump.

Pascas Foundation is to build and deliver free education from pre-school to post-graduate university levels. This is part of a world-wide program embracing each and every nation in similar manner!

FINANCIAL REQUIREMENTS:

Funding required in the form of grants to commence this national endeavour over five years is US\$2,441 million. It is anticipated that these funds will be used for land and buildings (US\$1,740 million), plant and equipment (US\$117 million), scholarships granted (US\$91 million), and operating costs with working capital (US\$493 million).

PROFITABILITY:

As this is a humanitarian endeavour for the people of the Philippines, deficit funding may continue out to a decade before the national accounts start to reflect the economic generators from the installed infrastructure, trained personnel and those having been educated. Thus, then progressively the ongoing recurrent costs may be supplemented by the national government and eventually responsibility for recurrent costs are then to transfer to the nation of the Philippines.

CONTACT INFORMATION:

Contact Person:

Bs: +

Em:

Bs: +

Em:

and

**Company Name: Pascas Foundation (Philippines) Inc
Pascas Foundation (Aust) Limited
Gold Coast, Queensland, Australia**

PASCAS FOUNDATION (Philippines) Inc

EXECUTIVE SUMMARY – BRIEF

Pascas Foundation (Philippines) Inc is to support the evolution of education and health facilities as well as humanitarian agencies throughout all 81 provinces of the Philippines, thus advancing the standard of education throughout all levels, pre-schooling, primary schooling, high schooling, technical and higher education colleges and within the university system, with some to have additional new or renewed campuses.

All of this whilst bringing about the awareness of living feelings first as against living mind centric. This option greatly expands the potentials of everyone who embraces their feelings having their mind to follow while also longing to know the truth of what our feelings are drawing our attention to.

This change in the way we may live will enable the people of the Philippines to greatly up step their consciousness which will progressively mitigate harmful activity against others and see an overall improvement in the general health of children and adults alike, thus alleviating pressures and demands on governmental services.

Pascas Foundation (Philippines) Inc is a not-for-profit, all of these developments are for all the people of the Philippines. Living feelings first is The New Way of life, it is not a religion nor is it intended to replace or obstruct any religious or spiritual practice. We have had our awareness of feelings suppressed by hidden controllers who have consequently suppressed our potentials. This is about to change for all of humanity.

These programs will require ongoing grants to cover recurrent costs and additional projects until the government (local / state / federal) of the Philippines benefits sufficiently to take over responsibility.

Conservative grant requirement projections are:

| Year 2023 | Year 2024 | Year 2025 | Year 2026 | Year 2027 |
|-----------------|-----------------|-----------------|-----------------|-----------------|
| US\$585 million | US\$522 million | US\$587 million | US\$397 million | US\$350 million |

CONTACT INFORMATION:

Contact Person:

Bs: +

Em:

Bs: +

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and

**Company Name: Pascas Foundation (Philippines) Inc
Pascas Foundation (Aust) Limited
Gold Coast, Queensland, Australia**

PASCAS FOUNDATION (Philippines) Inc

PERSONAL BENEFITS for all Children, Women and Men from REVELATIONS

Application: “LIVING FEELINGS FIRST – FEELING HEALING” for Children:

- Parents who engage in their personal Feeling Healing pass benefits to their children.
- Children by becoming aware of their Feelings enables them to bring their mind and feelings into balance in how they may live – this has been hidden from humanity until now, 2022.
- Children through their feelings awareness can readily bridge the mind ceiling of 499 on the Map of Consciousness thus opening their potential to infinity – this is just incredible.
- Children, through kinesiology muscle testing can confirm what is in truth and what is not.
- Children are not to engage in their personal Feeling Healing until they are adults – maturity is to be reached first.

Application: “LIVING FEELINGS FIRST – FEELING HEALING” for Women:

- It is through women engaging in Feeling Healing that true women’s liberation will unfold.
- Women are closer to their feelings than men generally – women will lead the way.
- Feeling Healing is a long difficult process for everyone. There is no rush – we are to take our time.
- Our childhood suppression comes clearly into sight – thus family relationships may disrupt until the process of healing our suppression and ongoing repression is completed.
- Feeling Healing is a process we will all undergo – be it in the physical or in spirit, or partly in the physical completing when we are in spirit. We can stop and restart later.

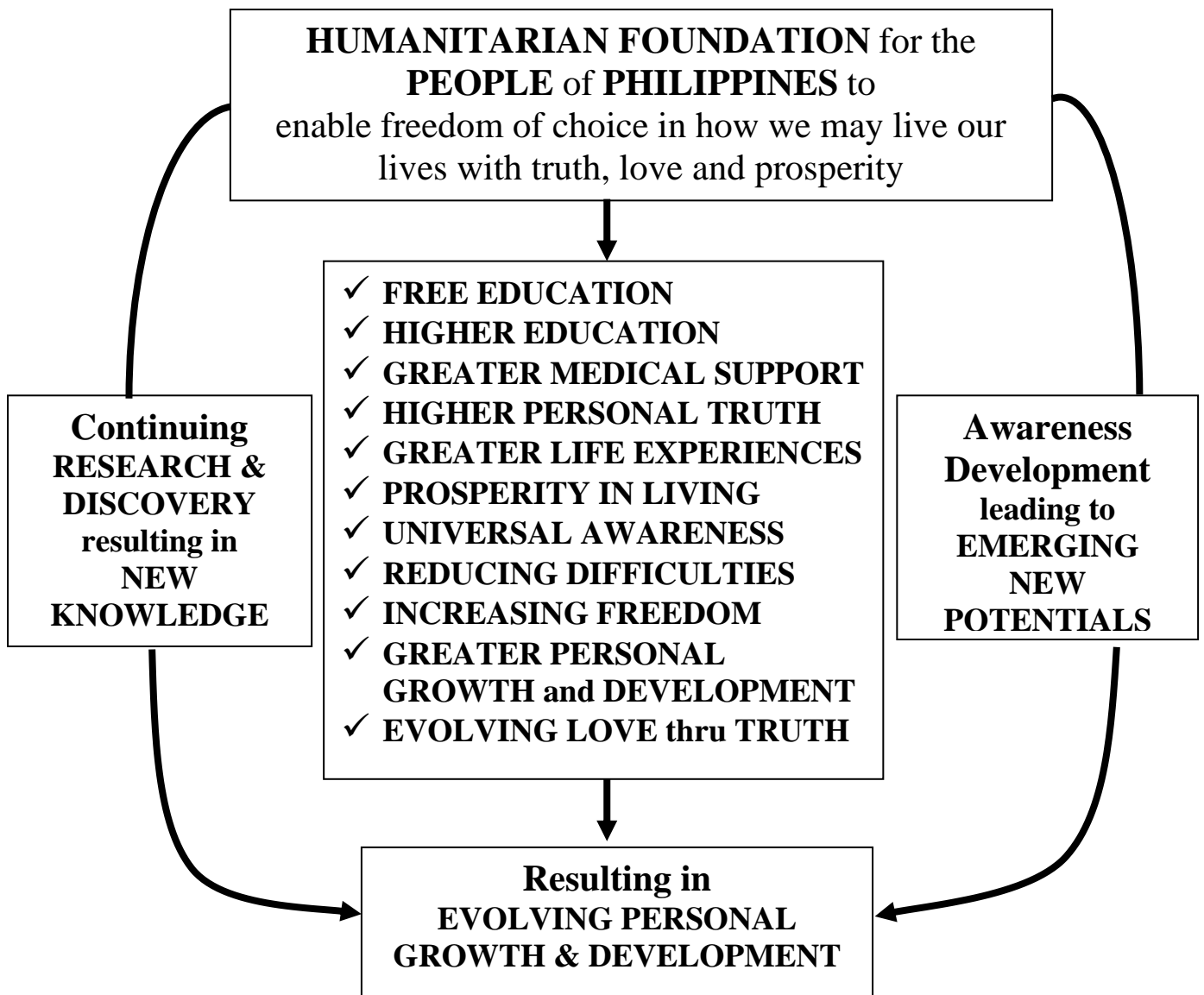
Application: “LIVING FEELINGS FIRST – FEELING HEALING” for Men:

- Men may find Feeling Healing more difficult and different to how women engage with it.
- Childhood suppression is compounded by our ongoing repression of our feelings thus creating many layers to find the truth of. We need to always long to understand the truth behind our feelings, both good and bad.
- We are to express our feelings to a companion – women are generally more open to assisting than are men as well as more sensitive and supportive. Our Heavenly Parents will always assist.
- Men being more mind-centric naturally than women may find the Feeling Healing process more difficult.

Application: “LIVING FEELINGS FIRST – FEELING HEALING” throughout society:

- As people grow in numbers progressing through their personal Feeling Healing, the demands on the policing forces, the legal system, courts, prisons and social security systems will abate.
- All our discomforts, illness and diseases are of the consequence of emotional injuries and errors of belief that we each absorb commencing from the moment of conception. Once we complete our Feeling Healing we are free of such discomforts, illnesses and diseases – we no longer need to experience them!

PASCAS FOUNDATION (Philippines) Inc



- ⇒ **This awareness is where others are not.**
- ⇒ **These are new revelations of truth.**
- ⇒ **Bringing huge advances to everyone.**
- ⇒ **This heralds a new age of peace.**

KEY PERSONNEL:

Board of Directors: DOB
 Position: Director Co-Chairperson
 Duties: Financial administration and executive oversight
 Basically, draw the people, skills and resources to resolve specific humanitarian projects throughout the Philippines and elsewhere.

DOB

Position: Director Co-Chairperson
 Duties: Administration and executive oversight
 Humanitarian initiatives identified and resolved through networking both on the technical as well as delivery. Team constructor and leader.

Philippin national DOB

Position: Director
 Duties: Wide ranging administration and communications throughout the undertakings of the Foundation's endeavours.

Philippine national DOB

Position: Director
 Duties: Wide ranging administration and communications throughout the undertakings of the Foundation's endeavours.

Helen ADAM DOB 14 September 1970

Position: Director
 Duties: Human relations and general oversight.

Ian Thomas DOWLING DOB 23 July 1986

Position: Director
 Duties: Project development and finalisation. General administration and oversight. Oversight of projects.

John Edward DOEL DOB 16 January 1947

Non-executive
 Position: Representing Pascas Foundation (Aust) Limited
 Conducted substantial public accounting practice, developed and operated two private hospitals in New South Wales. Undertaken extensive industry research and business practice developments. Financial controller and project analysis.

Technical staff are sourced from universities, however, mostly from personal association.

**A
MESSED UP
CHILDHOOD
AFFECTS YOU
IN ADULTHOOD**



Lack of Love from Parents!

Parents abandon their Children emotionally!

Our Parenting of our Children is oh so unloving!

The vilest thing we do is to have Children!

Children only need their parents' love!

CORPORATE DATA:**Pascas Foundation (Philippines) Inc**

As a not-for-profit foundation, no equity ownership is vested in any individual, the entity is owned by the people of the Philippines, all the people!

Solicitors: Lawyers in **Manila** are to be engaged
Philippines Em:
Bs: +

Australia Dennis STANDFIELD Em: dstandfield@gsslaw.com
Gall Standfield & Smith Bs: 61 7 5532 5944
91 Scarborough Street Fx: 61 7 5532 1025
Southport 4215, Queensland, Australia

Accountants: Accountants in **Manila** are to be engaged
also Auditors Em:
Philippines Bs: +

Accountants: Richard ALLEN Em: richard@AWauditors.com.au
also Auditors Allen & Wolfe Auditors Bs: 61 7 5503 1709
Australia Unit 4 / 27-29 Crombie Ave,
Bundall 4217, Queensland, Australia

Bank:
Bs

Registered Office: care of the accountant or lawyer in **Manila**

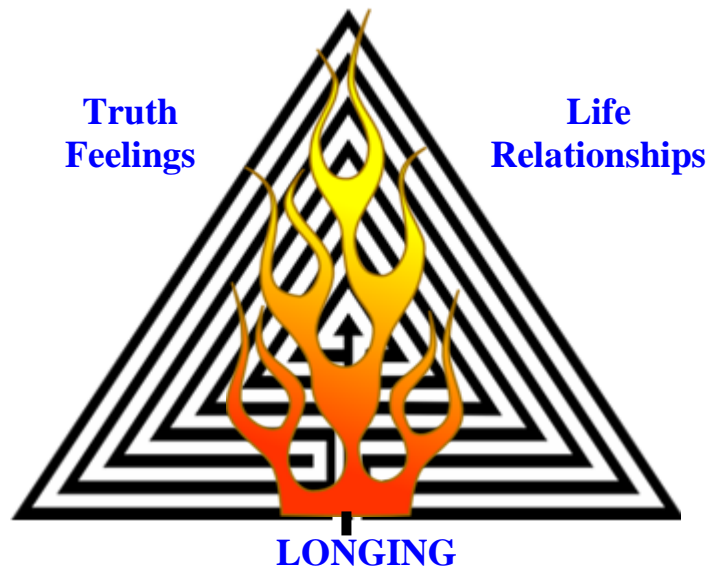
Physical office:

KEY FINANCIAL DATA:

The table sets out the Foundation's projections for the first five years of operations:

| FINANCIALS AUD \$,000 | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 |
|--|--------------------|--------------------|---------------------|---------------------|---------------------|
| GRANT FUNDS | 584,700,000 | 522,400,000 | 587,100,000 | 396,900,000 | 350,300,000 |
| LAND & BUILDINGS | 496,300,000 | 456,900,000 | 402,800,000 | 217,100,000 | 167,100,000 |
| SCHOLARSHIPS granted abroad | 6,700 | 13,400 | 20,100 | 24,400 | 26,300 |
| DEPRECIATION | 20,000,000 | 39,500,000 | 68,250,000 | 76,944,000 | 83,640,000 |
| OPERATING Deficit | -65,300,000 | -94,660,000 | -133,600,000 | -151,500,000 | -167,450,000 |
| NET CASH GENERATED | -45,445,000 | -55,550,000 | -68,554,000 | -89,900,000 | -84,096,000 |

To liberate one’s real self, one’s will, being one’s soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



COMMERCIAL IN CONFIDENCE

A Nation's Psychic Barrier presenting Dire Consequences – Submissiveness!



How Marcos could control hunt for his family's wealth as Philippines president

<https://www.reuters.com/investigates/special-report/philippines-election-marcos-fortune/>

3 May 2022

Ferdinand Marcos Jr., along with his mother Imelda, has long tried to thwart efforts to recover billions of dollars plundered during his father's autocratic rule. If he becomes president (and he did) in elections on May 9, he will have the authority to appoint the head of the agency set up to recover the family's riches.

If Ferdinand Marcos Jr. triumphs in the upcoming Philippines presidential election, he will wield broad powers over government agencies seeking to recover as much as US\$10 billion plundered by his namesake father during his autocratic rule.

Marcos and his family have often said that their vast fortune was legitimately obtained. Marcos and his family have defied court orders and appealed rulings requiring them to surrender assets. They are still defendants in at least 40 civil cases related to their wealth. In addition, Marcos' 92-year-old mother, Imelda Marcos, is appealing her criminal conviction on seven separate graft charges in 2018, each of which carries a maximum prison sentence of 11 years.

As president, Marcos would hold sway over the Presidential Commission on Good Government (PCGG), having been set up in 1986 and which is devoted to investigating and recovering the Marcos family's wealth. The president has the authority to appoint the commissioners of the PCGG.

The president also appoints the Ombudsman, who oversees graft and corruption complaints against the government, as well as the head of the tax office. The Marcos family has for years refused to pay a tax bill that local media reports say now amounts to US\$3.9 billion, including penalties. Most recently, the Bureau of Internal Revenue sent a letter of demand in December to "the Marcos heirs" regarding the unpaid taxes.

The hunt for the family's riches began just hours after the Marcos's fled the Philippines as millions took to the streets in February 1986 amid widespread concerns Marcos Sr. had rigged the presidential election. The family went into exile in Hawaii. They didn't leave empty-handed, taking with them a stash of gold, jewellery worth US\$4 million and 22 crates of cash, according to U.S. Customs, which seized the assets.

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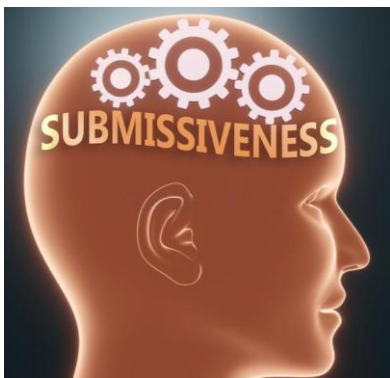
COMMERCIAL IN CONFIDENCE

Huge sectors of Filipino industry (such as banking, telecommunications, and property development) are almost entirely monopolised by a few elite political families, most of whom have been in power since the Spanish colonial era.

But that economic growth only looks great on paper. The slums of Manila and Cebu are as bleak as they always were, and on the ground, average Filipinos aren't feeling so optimistic. The economic boom appears to have only benefited a tiny minority of elite families; meanwhile, a huge segment of citizens remain vulnerable to poverty, malnutrition, and other grim development indicators that belie the country's apparent growth. Despite the stated goal of President Aquino's Philippine Development Plan (and ongoing presidents) to oversee a period of "inclusive growth," income inequality in the Philippines continues to stand out.

### **Wealth of the Philippines is concentrated with the 40 richest Filipino families.**

The tendency for the same names to dominate major industries can be partly attributed to government regulations that continue to allow near monopolies and protections for key players. The path to riches for the few is also helped by a political culture that allows personal connections to easily open doors. "The country dances to the tune of the tiny elite."



Now, the people of the Philippines have embraced the political Duterte / Marcos families as their governmental leaders.

### **The Living Environment of the people of the Philippines.**

In the Philippines 6.1% of the population live on less than US\$1.90 per day, 26% live on less than US\$3.20 per day and **55.1% live on less than US\$5.50 per day** (World Bank Data). Population in 2022: 113 million.

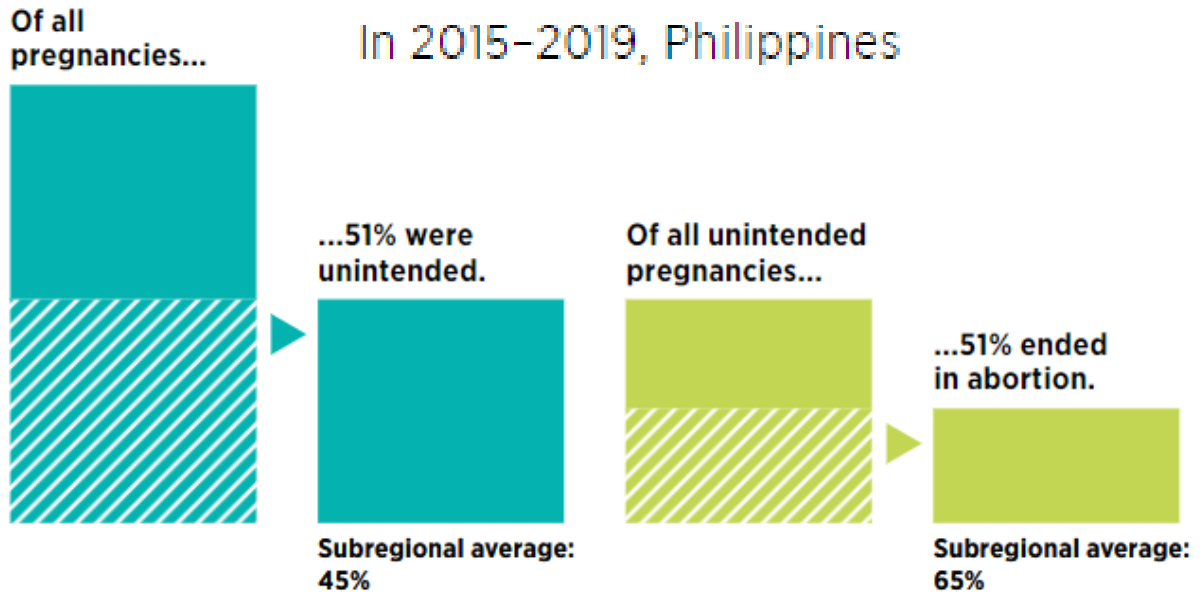
The Rural Poverty Portal reports that half of the poor in the Philippines live in rural areas. The poorest of the poor are the indigenous, landless labourers, fishermen, small farmers, mountain folk and women. Deforestation, depleted fisheries, and unproductive farmland are major problems for these people. Rural population (% of total population) in Philippines was reported at **52.32 %** in 2021. Rural population of 59 million includes around 33 million living in poverty.

**Over 4 million Filipino families are living in unsustainable conditions with a lack of safety and access to clean water and safe sanitation.** More than 6 million housing units are needed by 2022 with the figure rising to over 12.3 million by 2030 (Habitat for Humanity, 2021).

In Manila, **between 250,000 and 1 million children live in the streets**, left to fend for themselves.

**There are 2 million orphaned children in the Philippines.** It is estimated that nearly 2 million children in the Philippines are either neglected or abandoned by their households as a result of environmental, social and economic factors. The Philippines experiences frequently environmental disasters.

In the Philippines in 2015–2019, there were a total of 3,770,000 pregnancies **annually**. Of these, 1,930,000 pregnancies were unintended and 973,000 ended in abortion. Abortion is prohibited in the Philippines.

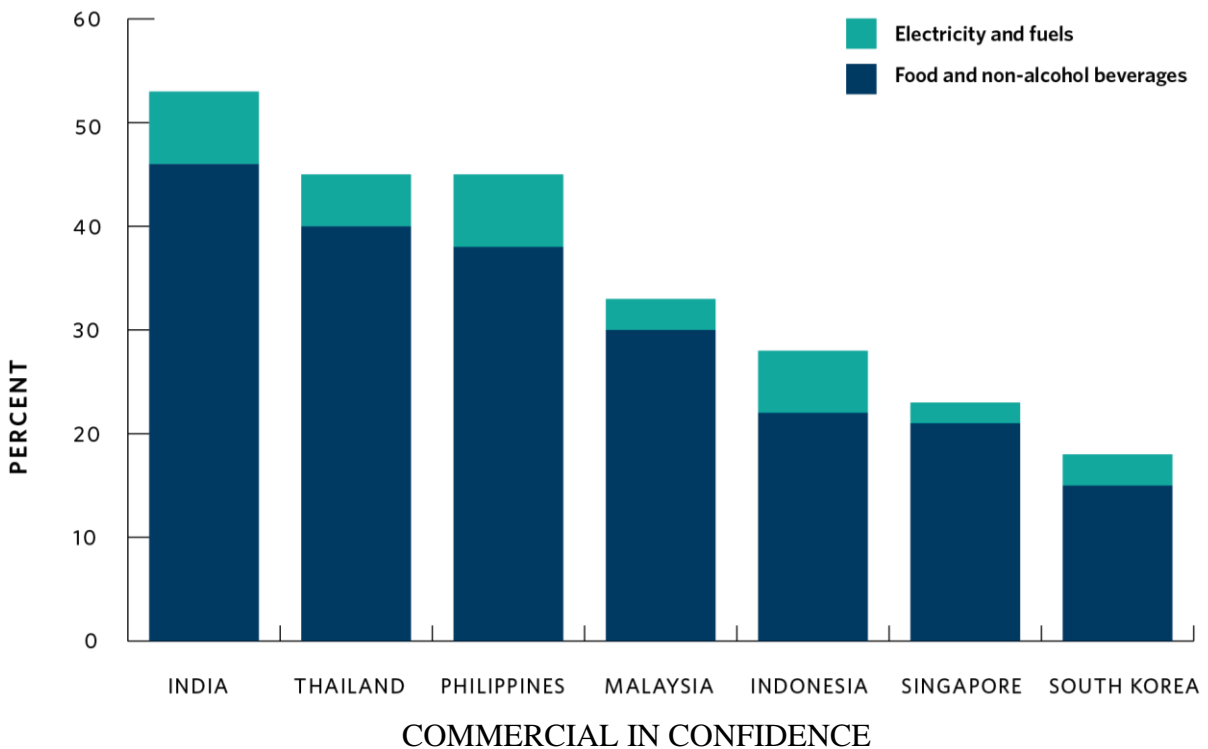


**About 7,000,000 children are sexually abused every year in the Philippines.** Most of the time, Filipino children are raped by their fathers or uncles. Those men usually are 30 to 40 year old, and do not have a stable job. It has been noted that most incest cases take place in the family home when the victim is alone.

**784,000 is estimated number of people living in modern slavery within the Philippines.**

**The Philippines is the most food-insecure country in emerging Asia** due to its reliance on imported food to feed its expanding population, and Marcos’ self-appointment as the minister in regards to food is a worrisome sign for his country’s food self-sufficiency amid a looming crisis.

**Food and Fuel as Percentage of Consumer Price Index**



And it's easy to see why. India's food and beverage consumption as a share of total household expenditure is 46%. Adding fuels that adds up to a staggering 53%. Moreover, a high share of rural employment means that the government has to not only fight food inflation to preserve household purchasing power but also help with livelihoods, as higher costs erode profit margins. But India isn't alone—Thailand and the Philippines (both at 45% total) also have high household shares of food and beverage weight in the consumer price index basket.

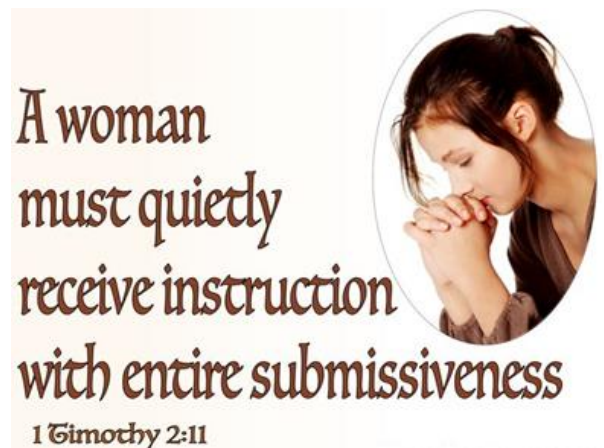
**Health Services – the number of doctors throughout the Philippines needs to be increased 5 fold to meet WHO standards.**

**The number of nurses and midwives throughout the Philippines needs to be doubled.**

**Education facilities existing are demonstrating classrooms for and of 50 students. Teacher numbers need to be doubled and then doubled again.** Long term goals require student numbers to drop to 12 per teacher with multiple gathering areas for up to 12 students to be built so to encourage students to tutor each other to assist with enhanced retention levels.

**The suppression by the dominant religious institution of the Philippines needs to be mitigated.** The Philippines proudly boasts to be the only Christian nation in Asia. More than **86%** of the population is Roman Catholic, submitting to their male regime of dictates.

Women are equal to men. Our soul is a duplex. Our soul manifests two personalities, one is always a woman and the other is always a male. They are soul partners. Neither is to be submissive to the other. In this, the Catholic Church with its male hierarchy has greatly erred.



Further, when we look at each of the canon laws of the Catholic Church as well as each of its doctrines, creeds, rituals, sacraments and dogmas, we find that they are greatly in error. Those who are credited with the books and the writings forming the New Testament of the Bible, namely Matthew, Mark, Luke, John, Paul, Peter, Judas, Mary of Magdalene and Jesus, have now explained in writings through selected medians, the significant errors and omissions thus rectifying what the Church has based their authority upon. This unfolded, commencing on 31 May 1914, through James Padgett, Dr Daniel Samuels, Hans Radax and James Moncrief. These writings have been collated and can be downloaded through [www.pascashealth.com](http://www.pascashealth.com) in the Library Download page by scrolling down to the Medical – Soul Condition & Health segment, click on the appropriate titles to open the PDFs.

Most importantly is to understand that Jesus has only ever written through James Padgett and James Moncrief. Further, Mary of Magdalene has only written through James Moncrief. The most important of all writings are those of James Moncrief.

To address the issues throughout the Philippines, it is going to be through the leadership of women. Women are closer to their feelings and consequently to truth. It is truth that is to prevail and that is to be introduced through the education system and the health services. Men will assist, but the leadership of Pascas Foundation will be founded in women. This is the introduction of **The New Way, living Feelings First.**



# National Psychic Barrier of Philippines "Submissiveness"



# Our Solution and Pathway Home

We are to bring our feelings back into balance with our mind.



Feelings First with Mind to follow in support.

**Beliefs suppress TRUTH. Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses**

To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. "Mother and Father, please help me see, know and BE the truth You want me to live."

Kindly visit [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, in Pascas Care Letters click to open:

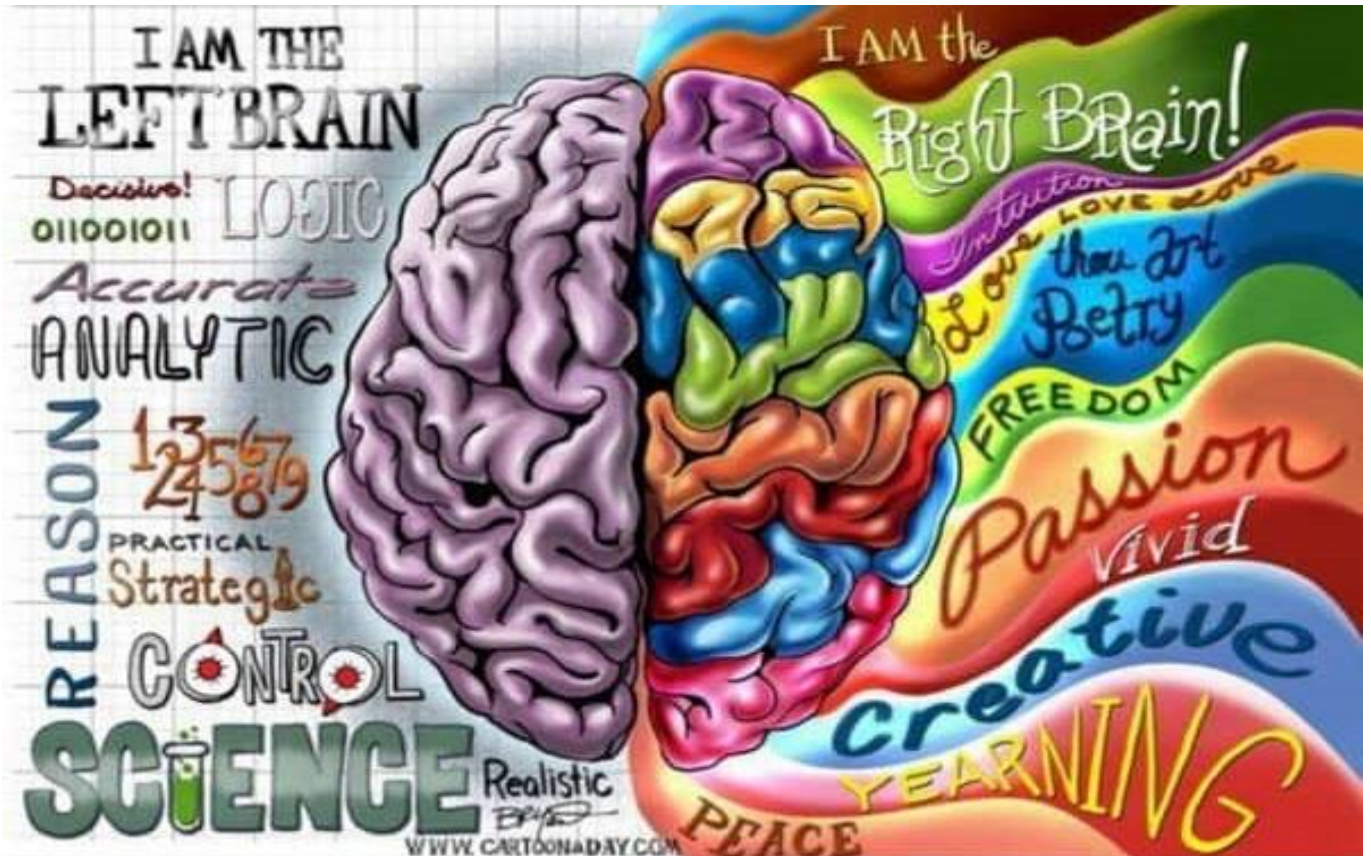


[Pascas Care Letters Mind into Balance with Feelings.pdf](#)



[Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)





The more comprehensively that our parents and early educators indoctrinated us to suppress our feelings, the greater we become ‘left brain’ centred and dominated. The greater we are mind-centric and addicted, the less are our truth loving feelings surfacing – we cannot discern truth from falsehood. Academics demonstrate mind worship, whereas nurses demonstrate passion, love and the truth of their feelings. The more extensively that we close off our feelings, the greater the propensity for psychopathic (no feelings) action resulting in domestic violence, mass shootings (schools), and on a national scale, war. Mind development is limited to 499 on Dr Hawkins’ Map of Consciousness (limit of science), whereas Living Feelings First, our potential is infinite.

H<sub>2</sub>O is water, hydrogen and oxygen in harmony. Hydrogen (mind) on its own is explosive. Oxygen (feelings) on its own is life giving. Mind and Feelings in harmony is when we are living Feelings First with our mind following in support of our Feelings. Should we embrace Feeling Healing and with the longing (asking) for Divine Love, then our potential is infinite.



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# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotional needs to be expressed emotional. Should we long for our Heavenly Mother and Father's Love, then we are SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this the opposite as to how we have been brought up to live.

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

**BE FEELINGS**  
**EXPRESSIVE!**



## **HUMANITY'S DEVELOPMENT WORLDWIDE over the past 200 Years**

### **EXTREME POVERTY**

<https://ourworldindata.org/a-history-of-global-living-conditions-in-5-charts?linkId=62571595>

Max Roser published 2020

Global poverty is one of the very largest problems in the world today. Is it possible to make progress against this problem? To see where we are coming from we must go far back in time. 30 or even 50 years are not enough. When you only consider what the world looked during our life time it is easy to think of the world as static – the richer parts of the world here and the poorer regions there – and to falsely conclude that it always was like that and that it always will be like that.

Take a longer perspective and it becomes very clear that the world is not static at all. We can change the world. The countries that are rich today were very poor just a few generations ago.

To avoid portraying the world in a static way – the North always much richer than the South – we have to start 200 years ago before the time when living conditions really changed dramatically.

The United Nations measure 'extreme poverty' as living on less than US\$1.90 per day. This is an extremely low poverty line that draws attention to the very poorest people in the world.

These poverty figures take into account non-monetary forms of income – for poor families today and in the past this is important, particularly because many of them are subsistence farmers who live largely from their own food production. The extreme poverty measure is also corrected for different price levels in different countries and it is adjusted for price changes over time (inflation) – poverty is measured in so-called 'international dollar'. As a consequence of these adjustments one international dollar has the same purchasing power as one US-dollar in 2011.

The first chart shows the estimates for the share of the world population living in extreme poverty. In 1820 only a tiny elite enjoyed higher standards of living, while the vast majority of people lived in conditions that we would call extreme poverty today. Since then the share of extremely poor people fell continuously. More and more world regions industrialised and thereby increased productivity which made it possible to lift more people out of poverty: In 1950 two-thirds of the world were living in extreme poverty; in 1981 it was still 42%. In 2015 – the last year for which we currently have data – the share of the world population in extreme poverty has fallen below 10%.

The US\$1.90 poverty line is very low and focuses on the very poorest in the world. The world is also making progress against poverty relative to higher poverty lines. In fact, no matter what poverty line you choose, the share of people below that poverty line has declined globally.

That is a huge achievement, for me as a researcher who focuses on growth and inequality maybe the biggest achievement of all in the last two centuries.

It is particularly remarkable if we consider that the world population has increased 7-fold over the last two centuries. In a world without economic growth, a 7-fold increase of the population would have resulted in less and less income for everyone, it would have been enough to drive everyone into extreme poverty. Yet, the exact opposite happened. In a time of unprecedented population growth our world managed to give more prosperity to more people and to continuously lift more people out of the worst poverty.

Increasing productivity was important because it made vital goods and services less scarce: more food, better clothing, and less cramped housing. Productivity is the ratio between the output of our work and the input that we put in our work; as productivity increased we benefitted from more output, but also from less input – weekly working hours fell very substantially.

Economic growth was also important because it changed the relationship between people. In the long time in which the world lived in a non-growth world the only way to become better off was for someone else to get worse off. It was a zero-sum economy. Your own good luck was your neighbours' bad luck. Economic growth changed that, growth made it possible that you are better off when others become better off. The ingenuity of those that built the technology that increased productivity – modern transportation, production machinery, and communication technology – made some of them very rich and at the same time it increased the productivity and the incomes of others. It is hard to overstate how different life in zero-sum and a positive-sum economy are.

Unfortunately the media is overly obsessed with reporting single events and with things that go wrong and does not nearly pay enough attention to the slow developments that reshape our world. With this empirical data on the reduction of poverty we can make it concrete what a media that would report global development would look like. The headline could be “The number of people in extreme poverty fell by 130,000 since yesterday” and they wouldn't have this headline once, but every single day since 1990, since, on average, there were 130,000 people fewer in extreme poverty every day. If you prefer to rely on a higher poverty line the numbers are even more impressive. The daily headline would point out

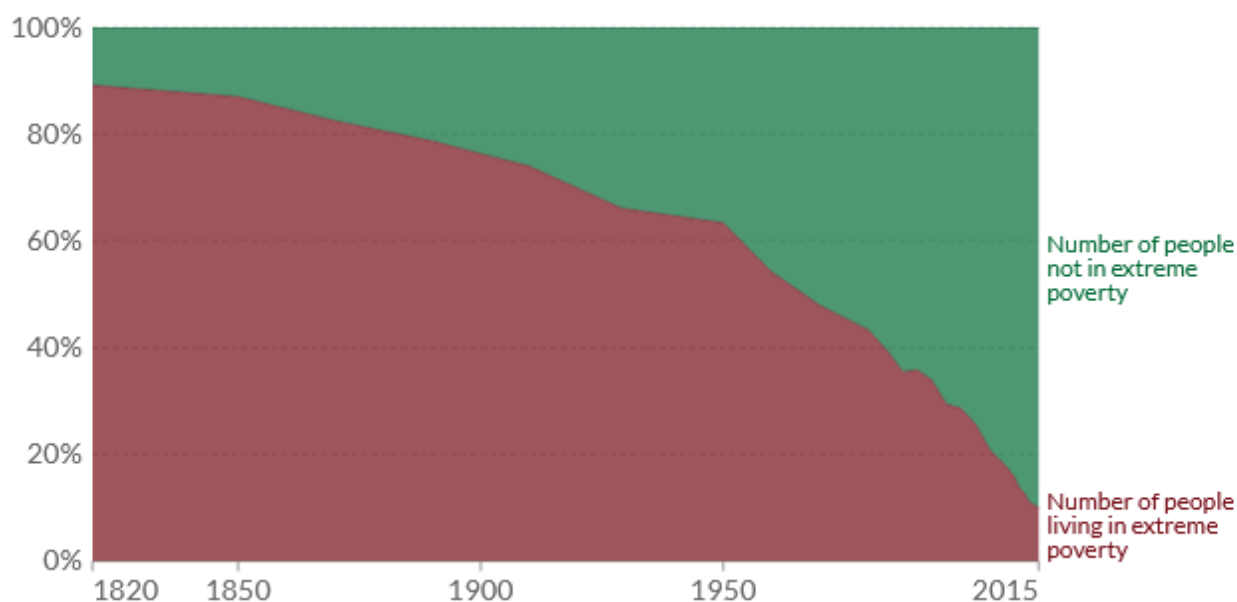
## World population living in extreme poverty, World, 1820 to 2015



Extreme poverty is defined as living on less than 1.90 international-\$ per day.

International-\$ are adjusted for price differences between countries and for price changes over time (inflation).

Relative



Source: Ravallion (2016) updated with World Bank (2019)

OurWorldInData.org/extreme-poverty/ • CC BY

Note: See OurWorldInData.org/extreme-history-methods for the strengths and limitations of this data and how historians arrive at these estimates.





that the number of people living on more than US\$10 per day increased by a quarter of a million on any average *day* in the last decade.

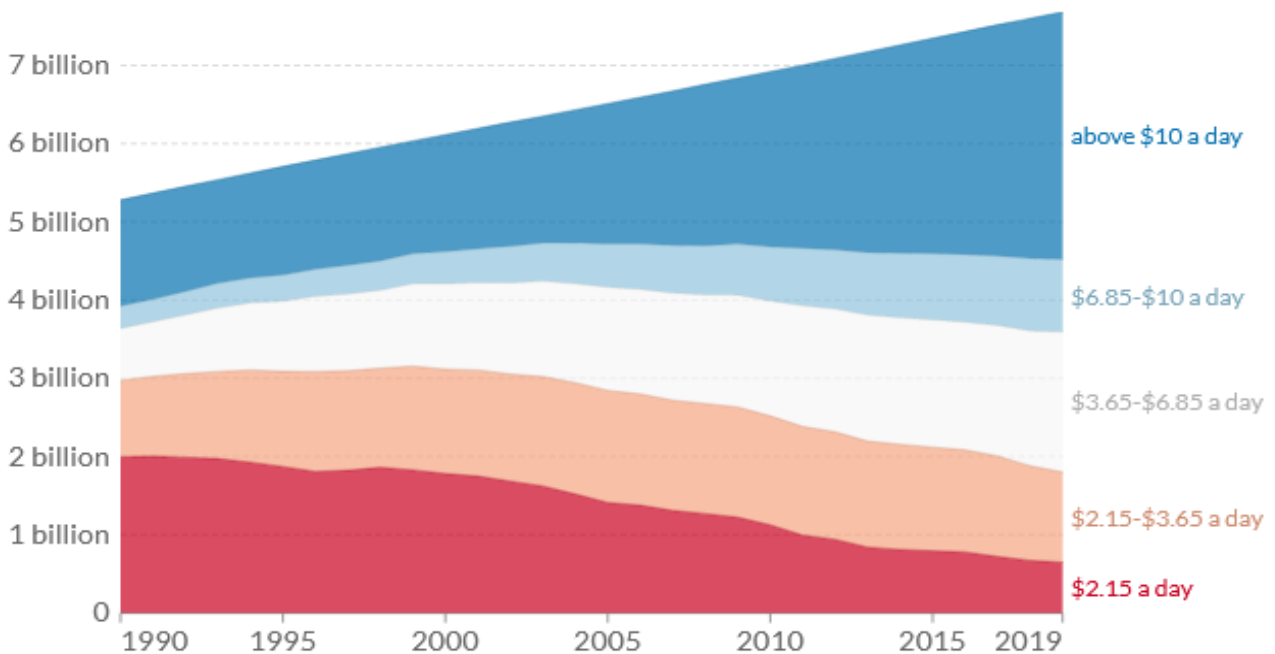
That it is possible to make progress against poverty is important to know because even after two centuries of progress, poverty remains one of the very largest problems in the world. The majority of the world population *still* lives in poverty: Every tenth person lives on less than US\$1.90 per day and two-thirds live on less than US\$10 per day. In rich countries a person is considered poor when she or he lives on less than US\$30 per day; if we rely on this poverty definition then we find that 85% of the world live in poverty. Much more progress is needed.

### Distribution of population between different poverty thresholds, World, 1990 to 2019



This data is adjusted for inflation and for differences in the cost of living between countries.

↔ Change country or region    □ Relative



Source: World Bank Poverty and Inequality Platform

OurWorldInData.org/extreme-poverty • CC BY

Note: This data relates to household income or expenditure, measured in international-\$ at 2017 prices.



## LITERACY

How did the education of the world population change over this period? This chart shows the increasing share of the world population that is able to read and write. Today’s education – including in today’s richest countries – is again a very recent achievement. It was only in the last two centuries that literacy became the norm for the entire population.

In 1820 only every 10th person older than 15 years was literate; in 1930 it was every third and now we are at 86% globally. Put differently, if you were alive in 1800 there was a chance of 9 in 10 that you

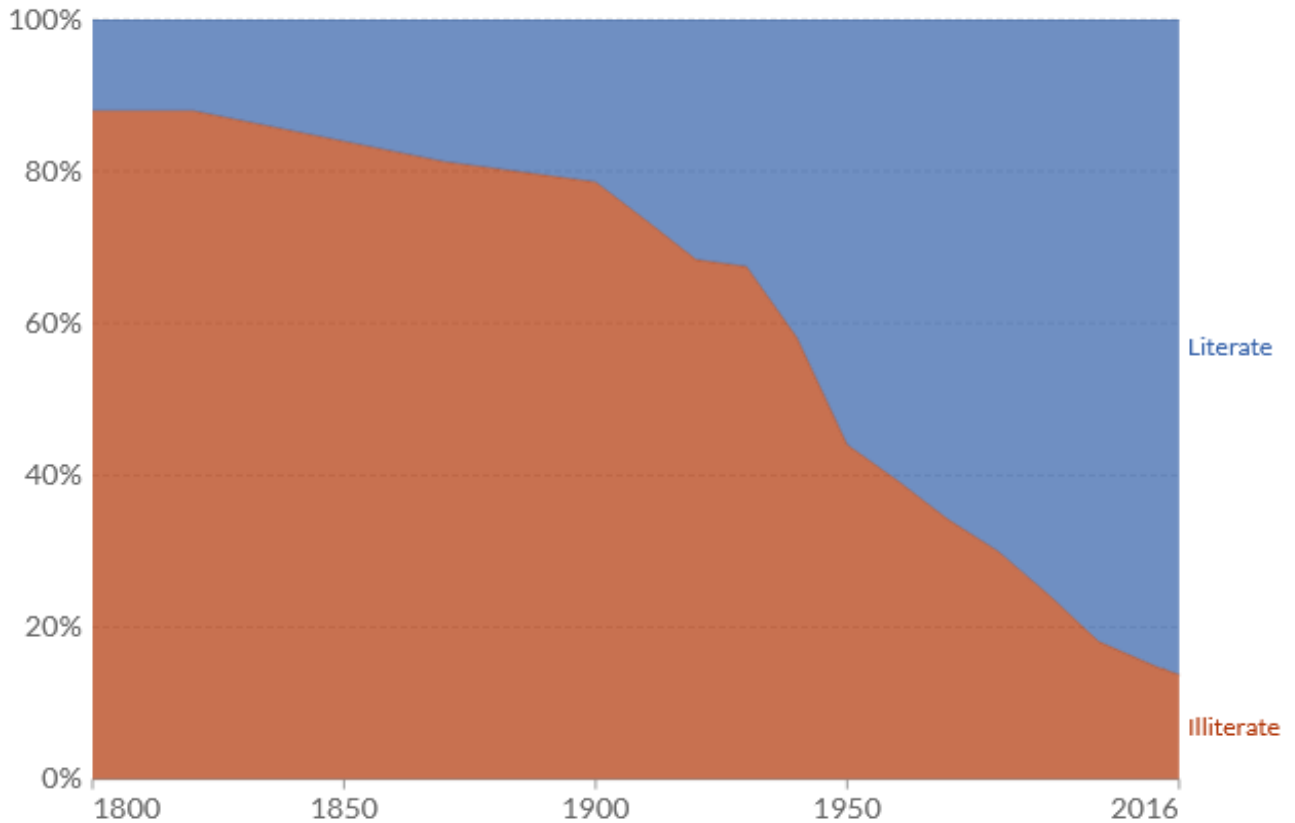
were't able to read; today more than 8 out of 10 people are able to read. And among today's young population the chances are much higher since many of today's illiterate population are old.

If you think science, technology, political freedom are important to solve the world's large problems and you think that it helps to read and write to solve problems then consider the figures in absolute numbers. Today there are about 4.6 billion people who can read and write. In 1800 there were fewer than 100 million people with the same skill.

## Literate and illiterate world population

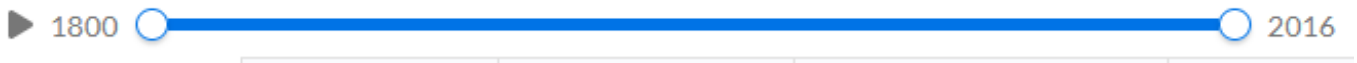


Among people aged 15 and older.



Source: Our World in Data based on OECD and UNESCO (2016)

OurWorldInData.org/literacy • CC BY



## HEALTH

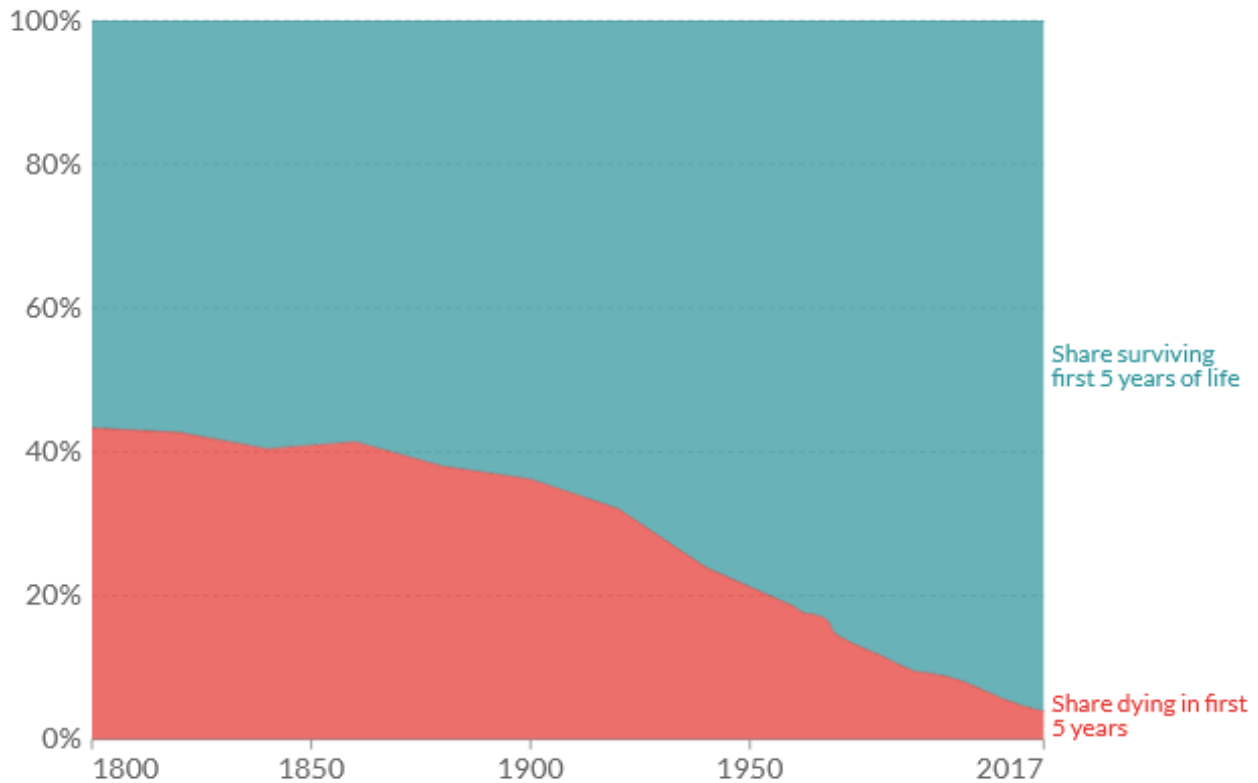
One reason why we do not see progress is that we are unaware of how bad the past was.

In pre-modern times around *half* of all children died. The chart here shows that in 1800 the health conditions were such that around 43% of the world's newborns died before their 5th birthday. The historical estimates suggest that the entire world lived in poor conditions; so that there was relatively little variation between different regions, in all countries of the world more than every third child died before it was 5 years old.

It would be wrong to believe that modern medicine was the only reason for improved health. Initially, rising prosperity, public health interventions, and the changing nature of social life mattered more than

## Global child mortality

Share of the world population dying and surviving the first 5 years of life.



Source: Gapminder and the World Bank

OurWorldInData.org/child-mortality • CC BY



medicine. It was improvements in housing and sanitation that improved our chances in the age old war against infectious disease. Healthier diet – made possible through higher productivity in the agricultural sector and overseas trade – made us more resilient against disease. Improving nutrition and health also made us taller.

But surely science and medicine mattered as well. A more educated population achieved a series of scientific breakthroughs that made it possible to reduce mortality and disease further. Particularly important was the discovery of the germ theory of disease in the second half of the 19th century. In retrospect it is hard to understand why a new theory can possibly be so important. But at a time when doctors did not wash their hands when switching from post-mortem to midwifery the theory finally convinced our ancestors that hygiene and public sanitation are crucial for health.

The germ theory of disease laid the foundation for the development of antibiotics and vaccines, and it allowed humanity to finally gain some ground in the age-old battle against the microbes. Public health mattered hugely: Everybody benefits from everybody else being vaccinated, and everybody benefits from everybody else obeying the rules of hygiene.

With these changes global health improved in a way that was unimaginable to our ancestors. In 2017 child mortality was down to 3.9% – 10-fold lower than 2 centuries ago. You have to take this long perspective to see the progress that we have achieved.

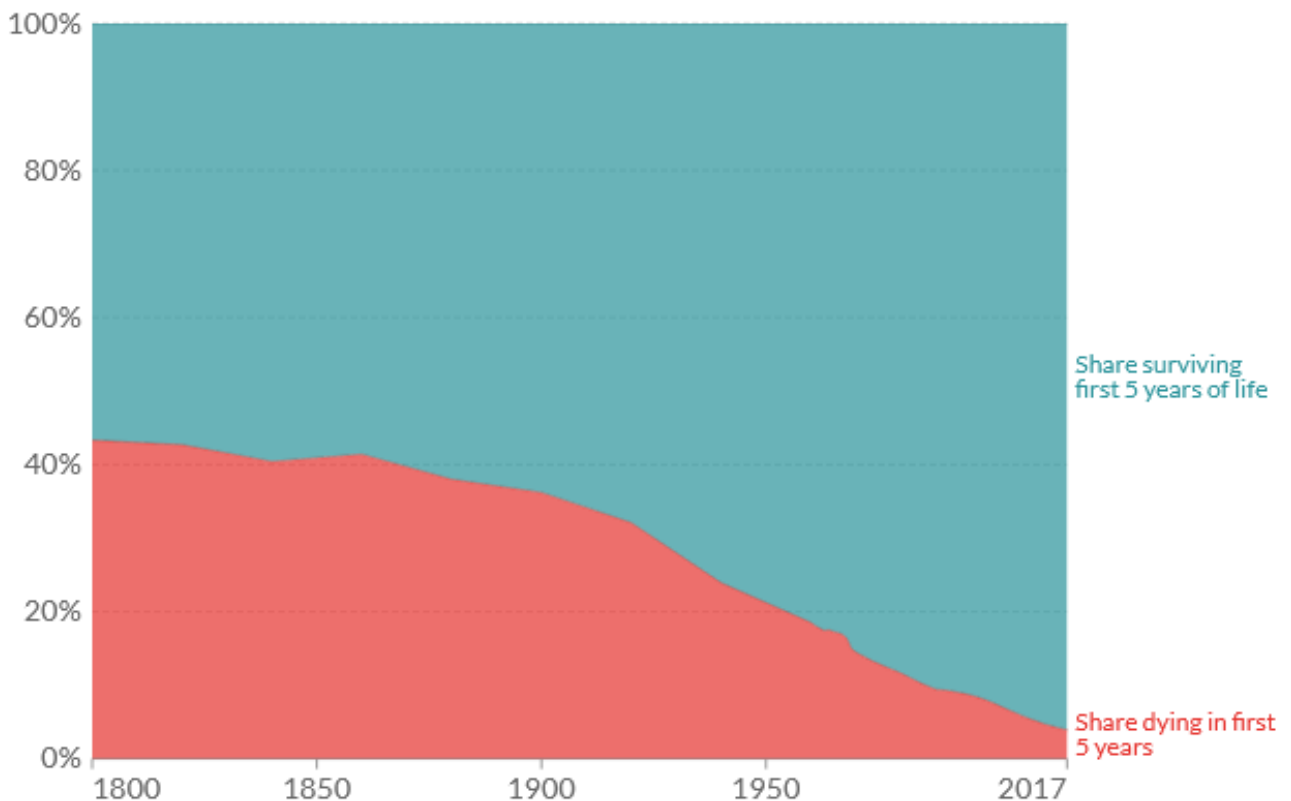
The same data on child mortality also shows us just how large of a problem child mortality still is. On average 15,000 children die every day.

More progress is urgently needed and, as our history suggests, possible.

## Global child mortality

Our World  
in Data

Share of the world population dying and surviving the first 5 years of life.



Source: Gapminder and the World Bank

OurWorldInData.org/child-mortality • CC BY



## FREEDOM

Political freedom and civil liberties are at the very heart of development – as they are both a means for development and an end of development.

Journalism and public discourse are the pillars on which this freedom rests, but qualitative assessments of these aspects bears the risk that we are mistakenly perceiving a decline of liberties over time when in fact we are raising the bar by which we judge our liberty. Quantitative assessments can therefore be useful when they help us to measure freedom against the same yardstick across countries and over time.

There are various attempts to measure the types of political regimes that govern the world’s countries and to capture something as complex as a political system is necessarily controversial. There is just no way around that. In this analysis I rely on the Polity IV index as it is the least problematic of the measures that present a long term perspective. The index measures political regimes on a spectrum from +10 for full democracies to -10 for full autocracies; regimes that fall somewhere in the middle of this spectrum are called anocracies. To this I added information about the world’s countries that were ruled by other countries as part of a colonial empire.

Again I want to give a long-term perspective to get an idea of how political freedom has changed over these last 200 years.

The chart shows the share of people living under different types of political regimes during this period. Throughout the 19th century more than a third of the population lived in colonial regimes and almost everyone else lived in autocratically ruled countries. The first expansion of political freedom from the late 19th century onward was crushed by the rise of authoritarian regimes that in many countries took their place in the time leading up to the Second World War.

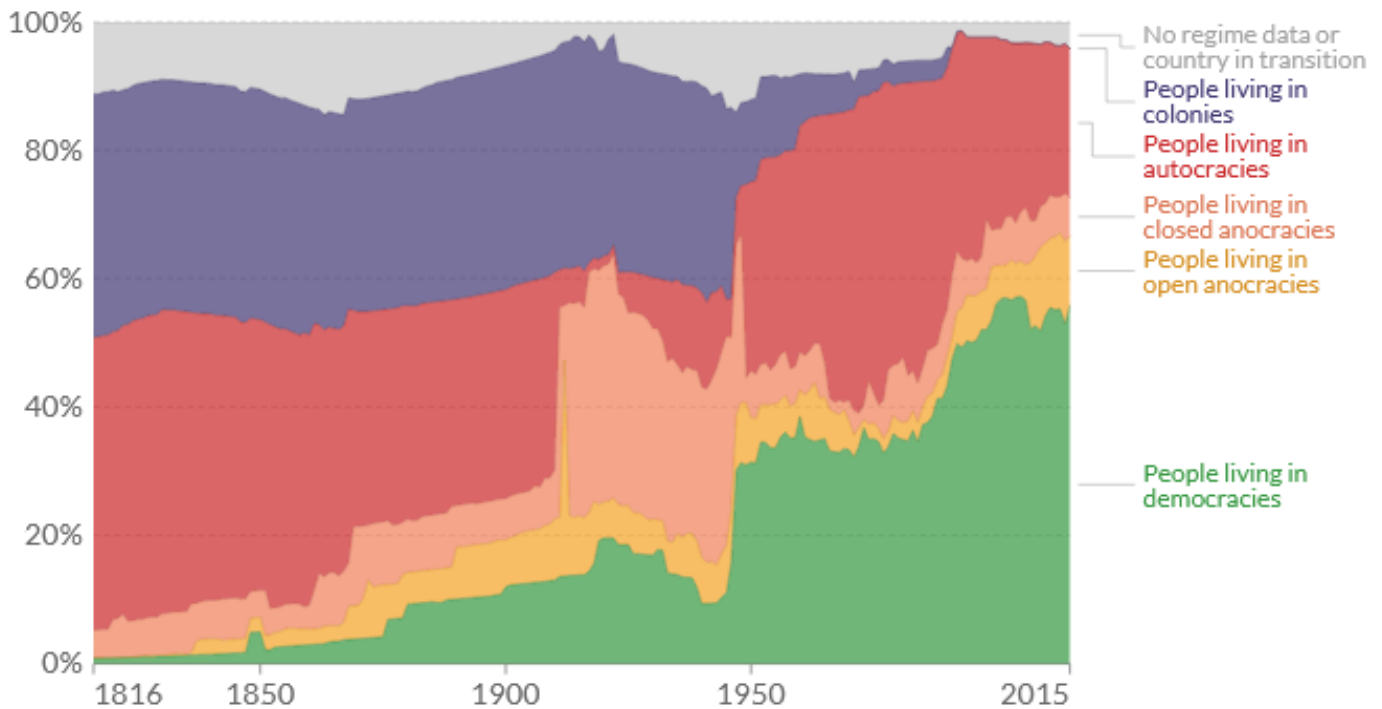
In the second half of the 20th century the world has changed significantly: Colonial empires ended, and more and more countries turned democratic: The share of the world population living in democracies increased continuously – particularly important was the breakdown of the Soviet Union which allowed more countries to democratise. Now more than every second person in the world lives in a democracy.

## People living in democracies and non-democracies



Political regimes based on the Polity IV data by the Center for Systemic Peace (2016).

Relative



Source: OWID based on Center for Systemic Peace (2016) and Wimmer and Min (2006)  
OurWorldInData.org/democracy • CC BY





The huge majority of those living in an autocracy – 4 out of 5 – live in one autocratic country: China.

## POPULATION

The world population was around 1 billion in the year 1800 and increased 8-fold since then. (8 billion December 2022)

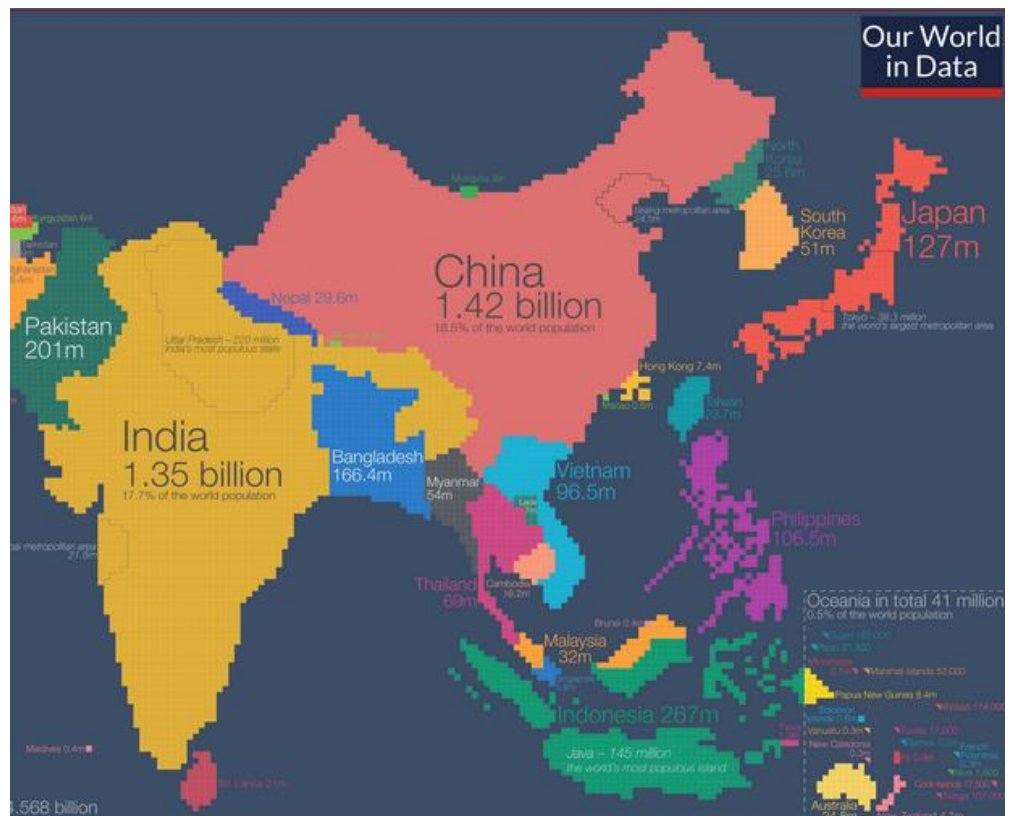
The increase of the world population should evoke more than doom and gloom however. First of all, this increase shows a tremendous achievement. It shows that humans stopped dying at the rate at which our ancestors died for the many millennia before.

In pre-modern times fertility was high – 5 or 6 children per woman were the norm. What kept the population growth low was the very high rate with which people died and that meant that many children were dead before they reached their reproductive age. The increase of the world population followed when humanity started to win the fight against death. Life expectancy doubled in all world regions.

Population growth is a temporary phenomenon, it is the consequence of fertility and mortality not declining simultaneously. The fast population growth happened when fertility was still as high as it was in the unhealthy environment of the past, but mortality has already declined to the low levels of our time.

What we have seen in country after country over the last 200 years is that when women gain more independence, education, and prosperity and realise that the chances of their children dying declined they chose to have fewer children. Rapid population growth comes to an end. This transition from high mortality and high fertility to low mortality and low fertility is called the demographic transition. In those countries that industrialised first it lasted at least from the mid-19th century to the mid-20th century – it took 95 years for fertility to decline from above 6 children to less than 3 children per woman in the UK. Countries that followed later sometimes achieved this transition much faster: South Korea went from more than 6 children per woman to less than 3 in just 18 years, Iran even went through it in only 10 years.

Just as countries went through this transition so is the world going through this transition. Global fertility has more than halved in the last 50 years, from more than 5



COMMERCIAL IN CONFIDENCE

children per woman in the early 1960s to below 2.5 today. This means that the world is well into the demographic transition and the global population growth rate has in fact peaked half a century ago.

Now that we see fertility declining around the world we approach the end of population growth: The global population has quadrupled over the course of the 20th century, over the course of this century it will not double. And at the end of the century the UN expects a slow annual population growth of 0.1% whereas the demographers from IIASA expect an end of global population growth as soon as 2075.

## **EDUCATION**

None of the achievements over the last 2 centuries could have been made without the expansion of knowledge and education. The revolution in how we live was not only driven by education it also made education more important than ever.

Contrary to many other social aspects where forecasts are of limited use, education is an aspect where we can make some useful projections. The simple reason is that the educational composition today tells us something about the education of tomorrow – a literate young woman today will be a literate old woman in 2070.

As we've seen before, education – measured by the basic skill of literacy – has already improved. And we know that it will continue as the younger cohort today is much better educated than people in older cohorts.

This visualisation shows the projection of the IIASA demographers for the size and the educational composition of the world population until 2100. It is an interesting look into the future: With today's lower global fertility the researchers expect that the number of children will decline from now – there will never be more children on the planet than today. And as mentioned before the IIASA researchers expect the world population to peak in 2070 and to decline thereafter.

Focusing on the educational breakdown the projection suggests that by 2100, there will be almost no one without formal education and there will be more than 7 billion minds who will have received at least secondary education.

With the great importance of education for improving health, increasing political freedom, and ending poverty this prospect is very encouraging.

Education is the primary driver of improving conditions of life, health needs education to be successful to improve, and political freedom is to progressively expand as truth becomes more expansive.

Nothing advances without education and education needs to be free of influences and controls imposed by vested interests. Education is to be truth founded, this is not how it is throughout any system to be found around the world. While education is based on mind centricity then it cannot be truth orientated as the mind cannot discern truth from falsehood, the mind is addicted to untruth and the mind is a control addicted.

Thus, you now can deduce that all the systems that are institutionalised around the world need to be dismantled and rebuilt.

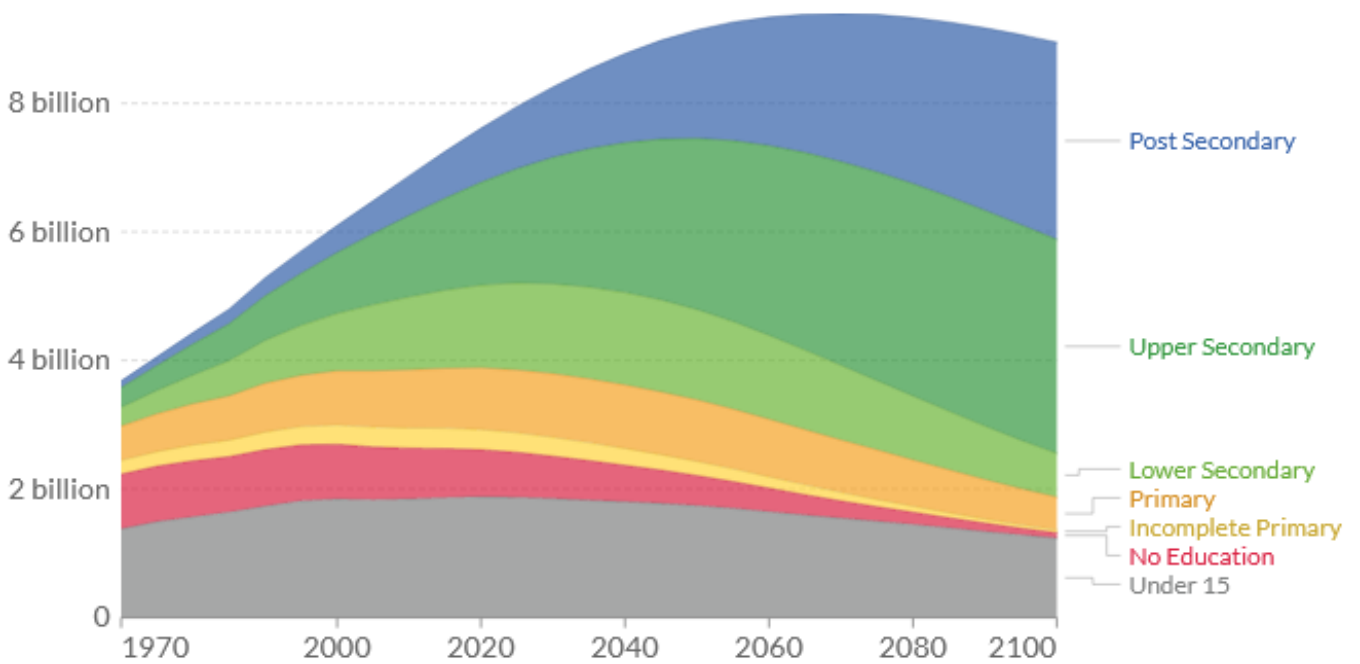
# Projected world population by level of education



This visualization shows the Medium projection by the International Institute for Applied Systems Analysis (IIASA).

The researchers who created this projection describe it as their "middle of the road scenario that can also be seen as the most likely path".

Relative



Source: Global Projection, Medium SSP2 - IIASA (2016)

OurWorldInData.org/future-population-growth • CC BY





## There are Roughly 2,000,000 Orphaned and Abandoned Children in the Philippines - Why?

This is Part 4 series on why there are so many orphans in the Philippines. Here are the three other reasons:

1. Natural Disasters
2. Teen/Pre-Teen Pregnancy
3. Lack of Education



This last reason could very well summarise all of the other reasons why there are so many orphans.....

## Poverty

In the Philippines 6.1% of the population live on less than US\$1.90 per day, 26% live on less than US\$3.20 per day and 55.1% live on less than US\$5.50 per day (World Bank Data). Widespread corruption in both Filipino politics and business prevents any opportunities for social mobility and growth. Power is concentrated among influential families and connected individuals, offering the poor truly little chance of bettering themselves.

The Rural Poverty Portal reports that half of the poor in the Philippines live in rural areas. The poorest of the poor are the indigenous, landless labourers, fishermen, small farmers, mountain folk and women. Deforestation, depleted fisheries, and unproductive farmland are major problems for these people.

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As a result, there is a never-ending cycle of poverty that leads to parents having to give up their children in hopes they will have a better life somewhere else. There is little doubt that poverty creates a culture for the creation of orphans. Many parents living in poverty are unable to care for their children as they cannot afford food, clothing, shelter, healthcare and education. They are not able to adequately provide for their children, which leaves some to resort to placing their children in orphanages in the hopes that they will have better lives.

## We're In This For The Long Run!

<https://www.filipino-orphans.org/why-so-many-orphans-part-4/>

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# Why so many Orphans?

<https://www.filipino-orphans.org/why-so-many-orphans-part-1/>



We are exploring the main reasons why there are so many orphans in the Philippines. The number is so huge (and has been for a long time), that it is appropriate to label this an absolute crisis! There really are four factors that contribute to the large number of orphans, we will be looking at the one we have no control over – natural disasters.



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**The Philippines has been named the most exposed country in the world to natural disasters.**



The Philippines is located along the ‘Ring of Fire’ or typhoon belt which is a large Pacific Ocean region where many of earth’s volcanic eruptions and earthquakes occur. Because of this, the country has suffered tremendously from powerful and deadly typhoons, earthquakes, volcanic eruptions and other natural disasters.

Approximately 80 typhoons develop every year above tropical waters, of which 19 enter the Philippines and about 6 to 9 make landfall. A most recent one being Typhoon Ompong which was the strongest to hit the Philippines since 2010.

## **This is staggering!!**

The Philippines has been named as the most exposed country to natural disasters in the world! But the Philippines is also 2<sup>nd</sup> among the top 10 countries in terms of the number of people affected by extreme weather events and 10<sup>th</sup> for the highest death toll, the Center for Research on the Epidemiology of Disasters (CRED) said in its analysis of 281 events for 2018.



Such drastic storms destroy homes, villages, and families. Often the survivors are the children, minus their parents. Natural disasters routinely give birth to orphans.

Almost two months after Super Typhoon Haiyan hit the central part of the Philippines, people are still suffering from hunger, dehydration, displacement and emotional stress, as well as another tragedy often linked to natural disasters: human trafficking.



# There are Roughly 2,000,000 Orphaned and Abandoned Children in the Philippines - Why?

<https://www.filipino-orphans.org/why-so-many-orphans-part-2>



In our previous post we started a series on why there are so many orphans in the Philippines. Overall, the answer can be summed up in 4 bullet points, the first being natural disasters. The Philippine Islands are located right along the “Ring of Fire” which defaults their islands as perfect targets for mother nature’s fury. It is the one factor no one has any control over. But the factor we look at today is well within our control – teen and pre-teen pregnancy.

## Pre-Teen Pregnancy?

Teenage pregnancy affects about 6% of Filipino girls. That sounds like a small number but is the second highest rate in Southeast Asia based on Save the Children’s Global Childhood Report from 2019. An estimated 538 babies are born to Filipino teenage mothers **EVERY SINGLE DAY**, according to the Philippine Statistical Authority from 2017.

Let’s do the math –  $538 \times 365 = 196,370$  babies born each year to teenage mothers in the Philippines! Nearly 200,000 teenagers get pregnant every year! And to make matters worse, there are roughly 40 births each year by girls who have not yet reached the age of 13. You read that correctly – precious young girls who have not even entered their teens, carrying a baby for nine months in their child-like womb.

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These young girls are almost completely unprepared for motherhood and often have no place to turn except to give up the baby they just nurtured for nine months. This is a situation worth crying over. So, what is the solution? Abortion? A thousand times 'NO' to the outright rejection of the newly arriving personality – that could have been you! The solution lies to LOVE, EDUCATION and SUPPORT with FAMILY PLANNING SERVICES. The generation growing up right now needs unconditional love from family.

## We Can Help

Like we've said before, as the Philippines searches for answers to this problem (which isn't going anywhere anytime soon) we will continue to build orphanages and provide our Heavenly Mother and Father's love and nurture to the Philippines most vulnerable population, the abandoned and orphaned children.

# There are Roughly 2,000,000 Orphaned and Abandoned Children in the Philippines - Why?



<https://www.filipino-orphans.org/why-so-many-orphans-part-3>



The Philippines' Department of Education, Culture and Sports' mission is to provide quality basic education that is equitably accessible to all....” *And yet*, CNN Philippines reported not too long ago that six in ten families in 2016 and five in ten families in 2017 lacked access to basic education. Not exactly equitably accessible, although, it has dropped from 60% to 50%, which is great progress. More current information couldn't be found so let's assume it is getting better and better, but the gap is still pretty large. Why is this?

**Education is for many an escape route away from poverty. In the Philippines, however, this clearly isn't the case.**

There is a huge disparity among different social groups in educational achievement, as there would be in most countries. This is not at all unusual. The wealthy have better access to education than the poor, plain and simple. The wealthy's kids will get the higher education needed to prepare them for the kind of careers or entrepreneurship that will get them ahead in life. Is there anything wrong with this? Not at all – but many will cry “Unfair!” – but truly little about life is fair to begin with. It is a simple fact that even in wealthier nations, those who can afford it will send their children to a good school to get educated. We should not fault them as all of us would do the same for our children if we could.

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## Let's do the math....

Since around 25% of the population live below the poverty line, many Filipinos, while being literate, find it hard to get ahead in life. More than one hundred million people live in the Philippines, so  $100,000,000 \times .25 = 25,000,000$ . That's a lot of people living below the poverty line and since it costs money to send your child to school (supplies, clothing, food) those kids are forced to find something else to do besides going to school...like begging, scavenging, and even working for hire to help their families.

## Now what?

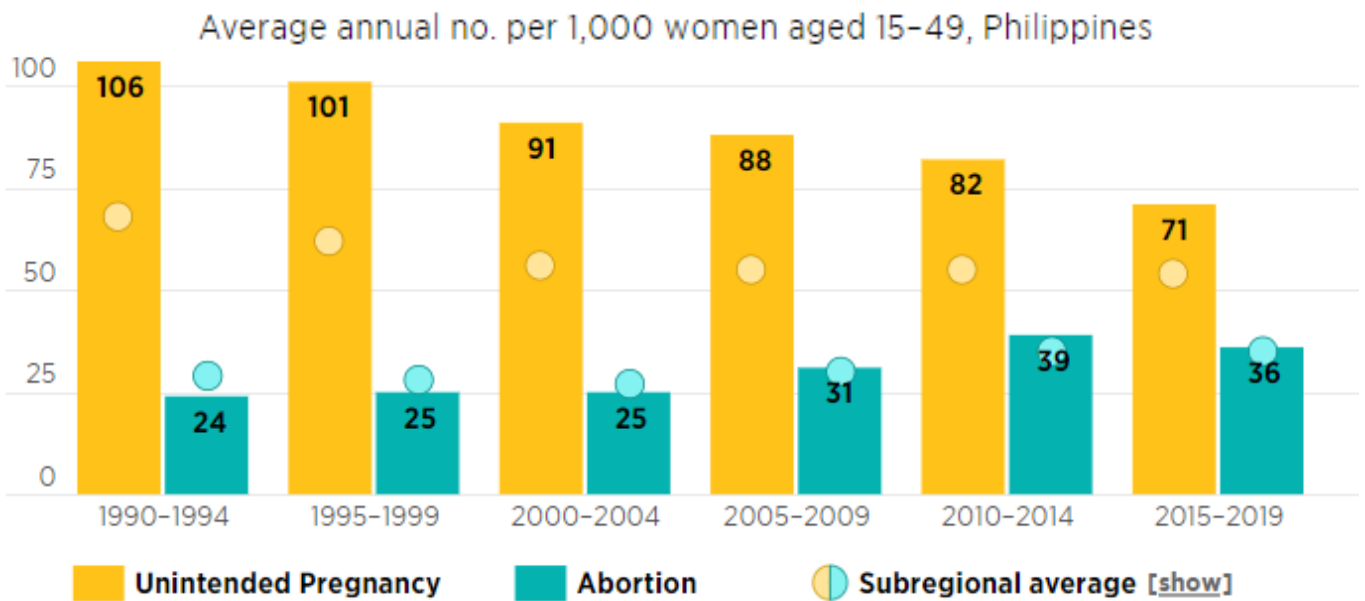
There is a pizza place called Chuck E Cheese and their slogan is, "Where a Kid Can Be a Kid!" Unfortunately for the millions of kids left out of the school system in the Philippines, they do not have much chance of enjoying their childhood, maybe even their whole life. In the meantime, we will continue to build orphanages for these precious kids and provide them with food, clothing, clean water, education, and healthcare. And we invite you to join us in this fight.



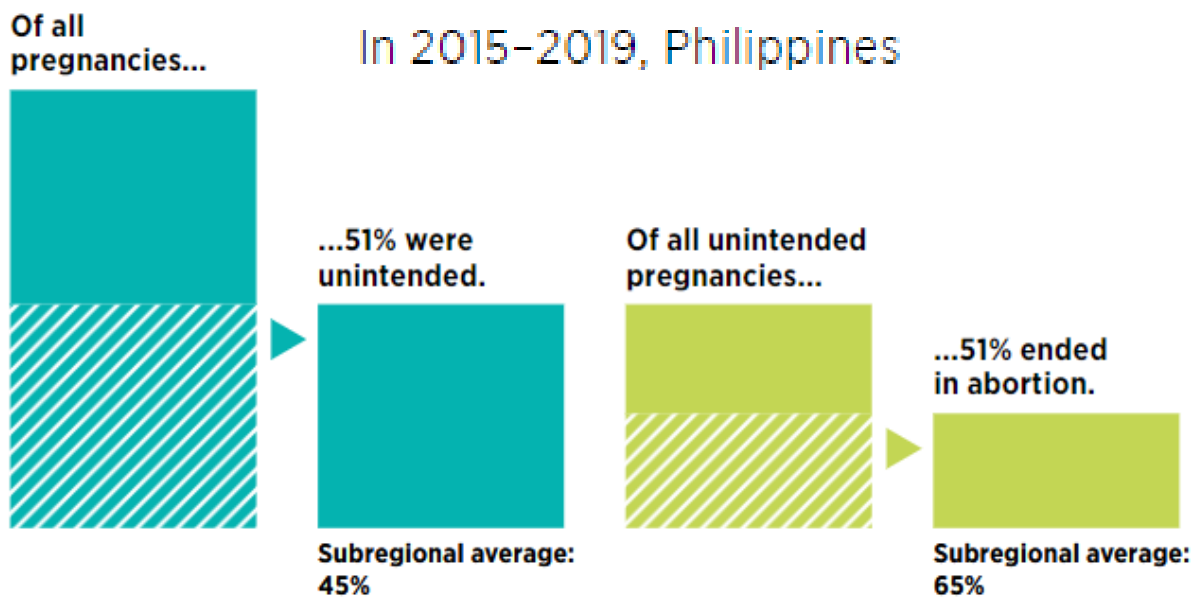
# Unintended pregnancy and abortion Philippines

<https://www.guttmacher.org/regions/asia/philippines#:~:text=In%20the%20Philippines%20in%202015,is%20prohibited%20in%20the%20Philippines.>

In the Philippines, the unintended pregnancy rate declined 33% between 1990–1994 and 2015–2019. During the same period, the abortion rate increased 51%. The share of unintended pregnancies ending in abortion rose from 22% to 51%.



In the Philippines in 2015–2019, there were a total of 3,770,000 pregnancies annually. Of these, 1,930,000 pregnancies were unintended and 973,000 ended in abortion. Abortion is prohibited in the Philippines.



## Abortion's illegal in the Catholic majority Philippines, so more than a million women a year turn to other options

<https://edition.cnn.com/2022/07/18/asia/philippines-abortion-ban-debate-women-rights-roe-wade-intl-hnk-dst/index.html>

18 July 2022

Miriam has seen her share of high-risk operations and procedures in her years as a veteran doctor in the Philippines – but none quite as “complicated or as dangerous” as abortions, she said.

“We take on huge risks if we agree to perform an abortion,” said Miriam, who is using an alias to protect herself from prosecution in the Philippines. She has performed four abortions on women aged 23 to 48 – all in secret.

Abortion is illegal in the Philippines – a majority Catholic country and former American colony – and has been for over a century. Under the law, women found to have aborted their fetuses face prison terms of between two to six years.

Doctors and nurses caught performing abortions or providing assistance are also subject to harsh punishment by the state. “We risk losing our medical licenses and would also face charges in court,” Miriam said.



Manila, the sprawling capital of the Philippines where millions live in slums against the backdrop of modern skyscrapers  
Alexpunker/  
iStockphoto/Getty  
Images/FILE

Prosecution for abortion is now a risk for millions of women across the United States after the Supreme Court's overturning of *Roe v. Wade*, the 1973 ruling

that made seeking a termination a constitutional right. Now, states have control over laws governing abortion – and some have banned the procedure outright.

In the Philippines, many women seek other solutions to unwanted or unviable pregnancies, regardless of risks.

Lawyer Clara Rita Padilla, a spokeswoman for the Philippine Safe Abortion Advocacy Network (PINSAN), said that while there are “progressive interpretations” of the abortion law in the Philippines, there are no clear exemptions allowing for terminating pregnancies even in severe cases like rape and incest – or to save the life of the pregnant woman.

A study conducted by PINSAN in 2020 found **1.26 million abortions were carried out** in the country, “placing the lives and health of Filipina women at risk.” And that figure is expected to grow.

Another study by the **University of the Philippines** estimated that **1.1 million abortions occur every year** in the country.

Padilla said most women who had abortions came from poorer financial backgrounds, and many were below the age of 25. In the absence of legal services, women often turned to dangerous underground abortions performed by midwives, healers, and untrained doctors in makeshift clinics, she said.

“The Philippines is a product of very conservative religious beliefs. For us, abortion bans are already a reality – and it’s women from poor families and minority groups who suffer the most.”



Abortion rights activists outside the US Supreme Court on June 30, 2022  
Kevin Dietsch/Getty Images

### **Power of the church**

Abortion rights activists in the US met the Supreme Court’s decision with outrage. But for those grounded in conservative Catholic beliefs or evangelical principles, the end of Roe wasn’t just a

political victory – it was a spiritual one.

This sense of jubilation was also felt in the Philippines, where the Catholic Church wields a great deal of power and influence. Local church leaders and groups who publicly condemn abortion, divorce and the use of modern contraceptives, welcomed the Supreme Court’s decision.

“The US Supreme Court’s decision to ban abortion is good news,” Crispin Varquez, a local bishop and prelate of the Catholic Church in the Philippines, said in an interview on Radio Veritas Asia, a church-run station based out of Quezon City.

Varquez said the move was “timely” as it coincided with holy celebrations for the Feast of the Sacred Heart. “(It’s) a decision enlightened by the Holy Spirit,” he said.

Pope Francis described abortion as akin to “hiring a hitman” and said he respected the Supreme Court’s decision. “It’s a human life – that’s science,” he told Reuters. “The moral question is whether it is right to take a human life to solve a problem.”

The shame that many Filipina women feel for seeking abortions is often reinforced by their Catholic culture.

“The Catholic Church propagates the narrative that abortion is murder,” said Marevic Parcon, another founding member of PINSAN. Like most Filipino women, Parcon was raised Catholic. She said that religion had shaped her views about abortion very early on. “Attending church, you were always taught to fear abortions,” she said.

“Nuns would show us videos of late stage abortions – it was that horrible control they had over your psyche and emotions.”

The Filipino Catholic Church and the Catholic Bishops’ Conference of the Philippines (CBCP) did not respond to CNN requests for comment.



Pope Francis has supported the US Supreme Court's decision  
Alberto Pizzoli/AFP/Getty Images

### Suffering in secret

Still, however great the stigma, some women – like Kristy, who is also using an alias for fear of prosecution – conclude they have little choice but to seek out so-

called backstreet, or illegal abortions.

The mother of four kept her abortion a secret from her husband and family because she knew “they would never allow it.”

“They would only force me to keep the baby and we are already struggling to feed our four children,” she said. “How can we afford to raise a fifth?”

She has not been on any form of birth control and her husband does not use condoms. Access to other forms of contraception like birth control pills and IUD devices was also out of the question. “I can’t imagine how much that would cost,” she said. “I wouldn’t know how to (go about) getting them or using them.”

So when she became pregnant, she sought the services of a midwife and paid her 550 pesos (US\$10) for a “healing massage.”

She described being held down by the midwife’s assistant while she went to work, kneading and pounding her lower abdomen that eventually triggered a miscarriage. “It was messy and so awful,” Kristy said. “The pain was so excruciating and I could only scream. I still have trouble sleeping.”

“I feel so much guilt but I know that my family is better for this,” she added.



An anti-abortion poster on the sides of a building in Manila.

Thierry Falise/LightRocket/Getty Images



## Time for a change?

Opponents say it's time for the Philippines to get rid of "inhumane provisions" in its abortion law and finally decriminalise abortion to save women's lives.

"These regulations have only led to a silent epidemic of unsafe abortions which have cost the lives of so many Filipina women," said senator Risa Hontiveros, the country's new opposition leader. "We should also not be sending women to jail after such difficult and painful experiences."

The practice of unsafe underground abortions had to stop, Hontiveros said. She also reiterated the importance of destigmatising abortion as a national step for the country.

"Women must vigilantly protect our rights and freedoms especially amid the rise of authoritarianism and religious fundamentalism in many countries across the globe," Hontiveros said. "I fully support the push to decriminalise abortion under Philippine laws."



Ferdinand "Bongbong" Marcos Jr. delivers a speech at the National Museum of Fine Arts in Manila. Ezra Acayan/Getty Images

In an interview conducted earlier in January, then-presidential hopeful Ferdinand Marcos Jr. shared his views on abortion and said he would legalise it for "severe

cases."

"I think that if it can be shown that (victims) were raped and it was not consensual sex that got them pregnant then they should have the choice to abort or not. The other is incest perhaps," said Marcos Jr. – who has since been elected President.

He also said he was "more concerned about deaths caused by unsafe abortions" than opposition from church leaders. "It is a woman's decision because it is her body."

Advocates and lawmakers welcomed his liberal attitude towards abortion. "Restricting abortion does not stop it, it actually makes it more dangerous and we have seen this play out across the world," said Parcon of PINSAN.

"Marcos raised it during his election campaign and to us, this was the furthest we have reached so far, and if he says he will make it a priority, then we must call him to account."

Senator Hontiveros said she welcomed the new President's "openness" in supporting changes to Philippine abortion laws.

“This gives hope that we can soon decriminalise abortion and reform our laws in consideration of the realities faced by Filipina women and families alike,” she said.

“However, I (am) waiting to see if his words reflect a genuine commitment to uphold women’s rights. For the sake of Filipina women everywhere, I hope that they do.”

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Life in the physical is about the individualisation of the one of the two personalities that our soul manifests. One personality is always a female and the other personality is always a male.

A soul personality will find itself with a newly forming foetus and that is the moment of conception.

It is not until the newly forming foetus commences to pump blood that incarnation of the personality is consummated. That is about day 16 after conception.

Should incarnation complete with the foetus commencing to pump blood then the individualisation of the personality, one of the two that the soul manifests, is complete. Should this new physical life only last momentarily then there is still no need for the personality to return to the physical. If the child is unborn then it will go on to be spirit born, be adopted to spirit parents in the 1st spirit Mansion World and still have a life similar to what it would have had on Earth.

If the newly forming foetus not be viable or is terminated before it commences pumping blood, within the 16 days following conception, then the personality will withdraw and wait for another opportunity to incarnate.

There is nothing more dreadful to experience being rejected and to be rejected by its parents is a most horrendous event for a newly emerging personality.

Should a child not be wanted or to be welcomed into a family then every opportunity should be made available to the potential parents for them to be able to avoid conception. No personality should be subjected to an absolute rejection by its parents – rejection of a newly arriving personality is an extreme demonstration of no-love! Reflect upon how you feel when being rejected! Then consider this in relation to a newly arriving child embracing you as its parents.

The Golden rule is: Never interfere with another’s will.

Golden Rule: that one must always honour another’s will as one honours one’s own.

Family planning and contraception are not abortion. Abortion is not a contraceptive! However, abortion is the extreme demonstration of interfering with another’s will.

All a child needs is its parents’ love!

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An UNBORN BABY'S 1st HEARTBEAT OCCURS 16 DAYS after CONCEPTION:

A research team funded by the British Heart Foundation (BHF) at the University of Oxford says a baby's first heartbeat is now far earlier than was previously understood. [Dr. Susan Berry](#) 12 Oct 2016

Further research confirms that the heart first starts to beat between 16 to 19 days after conception.

What happens when a child dies? 15 March 2013
Speaking with Mary Magdalene and Jesus, book 1

From the first heartbeat the incarnating person is technically living a physical life, and so if death occurs, it will move into one of the spirit nurseries. If it should 'die' before the first heartbeat, the soul merely 'withdraws', initiating incarnation when the next opportunity arises for its soul-personality. And of course as you know, there is no reincarnation, so when your soul starts you in Creation and you achieve your **first heartbeat**, then you're underway, be it on Earth or in spirit to Paradise, this being your ascension of truth.

As soon as the spirit body separates from the physical connections, there is no longer any pain, this of itself, as you might well imagine, greatly adding to one's good experience. The dying person, be it a child or an adult, has a good experience in death, especially once the pain has gone should there be pain; it's the people they might leave behind on Earth who don't understand this and who are suffering feelings of loss and deep grief, that have the harder time of it.



An unborn child is taken to spirit nurseries to be cared for. And within those nurseries they are looked after through the remaining time of their gestation period; then are 'born' into spirit life; then to carry on growing up as a spirit child of the Mansion Worlds. Many of them, just as with unwanted physical children, are fostered out or adopted by spirits wanting to be parents, this enabling a lot of people (who are now spirits), who for one reason or another couldn't have children on Earth, to have the experience of parenting. Even carrying the child to full term can be simulated so as to give the 'mother' the experience of being pregnant. The 'father' having his experiences as well. And of course lots of people who become spirits love being involved with children and so become spirit parents or simply involved in looking after the infants and young children of the nurseries.

The Heart commences to Beat as early as Day 16 after Conception:

Until now, researchers thought that the first time our heart muscle contracted to beat was at 8 days after conception in mice or around day 21 of a human pregnancy. Now, a team funded by the BHF at the University of Oxford has demonstrated earlier beating of the heart in mouse embryos which, if extrapolated to the human heart, suggests beating as early as **16 days after conception.**

<https://medium.com/british-heart-foundation/when-does-our-heart-first-start-to-beat-36bcba072c1>

MISCARRIAGE and ABORTION

This is a communication from Benjamin John who is John's unborn son having miscarried at twelve weeks into term:

Benjamin John, from within 2nd Celestial Heaven:

Thursday, 18 May 2017

"I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried, being around April 1975.)

"I came to you, as I have come periodically to you and Carolyn, more of out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

"As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic, going to what would be the equivalent of art college, where I developed my artistic skills to quite a high degree.

"And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

"Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it, having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so, had I been your flesh child. My art, I put on hold as I worked continuously on myself, meeting my soulmate, and now we are living in the Second Celestial sphere.

"And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

"I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.

"I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

“You might be interested to know that I got ‘married’ as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we’ve all gone our separate ways. All of which, again, I have healed and worked through, not unlike how it is for many people on Earth.

“And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Nebadon (our local universe – Jesus and Mary Magdalene are co-regents). There are a lot of spirits like myself and my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

“However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we’ll see what our Mother and Father has in store for us.

“I will not be coming back to you now that we’ve made contact this way through James. You can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that’s a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

“I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James.”

Miscarriages are of the consequence of parents’ emotional injuries and errors of belief. As these are continually ‘fire hosed’ upon the newly forming embryo and personality it is little wonder that any newly arriving child survives to be born. Some 50 million miscarriages is an approximation of what unfolds each year worldwide.

We may generally consider that the newly arriving personality is unaware of what is unfolding outside of the womb. This is incorrect. The newly arriving child is totally aware on an emotional basis of all that is taking place with and between its parents, also close family members. We each will go on and recall all of this all the way back to the moment of conception. I, John, feel that I understand the pain and drama of my mother back to about a month before I was born. My mother had been diagnosed with tuberculosis and was to be quarantined for six months. Consequently she had to separate me from her within a week of my birth for six months. I then had three ‘mothers’, Aunt Bell, Aunt Mame and housemaid Pauline (from Mame’s household). Then when my real mother came home – well envisage my confusion please.

Rejection of a child by its parents is a dreadful and ongoing injury bringing pain endured throughout life.

We each may have observed, from time to time, a child being separated and lost from its parents when in a supermarket or shopping complex. The distress of the child requires great care from those who come to its aid. This is only a momentary event for any child but will take years to have the pain healed if it is allowed to express the pain – otherwise the emotional injury will remain with it.

When a child is rejected by its parent or parents while in the womb, this is fully felt and its abortion is anticipated by the child. It does not matter if the ‘morning after’ pill is involved or at any time up to full term, the rejection by its parents is a long term disaster for the aborted child.

Then we have the missing girl babies. Demographic statistics clearly identify around 60 million girl babies missing in each of India and China. In China, the practice of having a bucket of water available in a birthing room has been the practice in some regions should the baby being born is a girl.

Should a child be aborted or miscarried prior to incarnation which is the moment when the newly formed foetus begins to pump blood, typically at day sixteen (16) after conception, then the personality will withdraw to later find a new host parent pair. Should the incarnation process be achieved, then the individualisation of the personality is complete and the physical experience is fulfilled and the child does not need to return to the physical world should abortion or miscarriage be imposed upon the newly forming foetus and child. The child will then go on to be spirit born, as Benjamin outlined above.

A child in the womb is no different to a child that is already born.

Should a child not be wanted, then every precaution to avoid conception needs be considered. If a child is conceived then it needs to be embraced and loved and be allowed to be born.

The pain we cause another will be fully experienced by those who cause that pain. We each will be put into the position of being the victim. We will each go through the pain, stress and trauma of our victims to the full extent as if we are our victim. This is what compensation entails. We each are personally and fully responsible for all of our actions. There is no avoiding or escaping, even though we may put the inevitable off for some time.

John (me) is extremely blessed and grateful for the communications from his unborn son, Benjamin, as he is also from his brother-in-law, Kevin, his nephew Bradley, first cousin, Raymond, grandmother, Nanna Beth, mother, Marie, and his sister Marjorie. Together they have written more than one million words (equivalent to ten books) all from the spirit Mansion Worlds and mostly from within the three Celestial Heavens. This is the first time in history that such a family group has communicated this way. These writings, being guidance and revelations, are a gift to all of humanity. These writings will be published in multiple languages.

My family have all demonstrated that we are all more alive than ever, when we are dead!

Childhood Suppression is the elephant in the room.

We as parents bring up our children in the only manner that we know – how we were brought up. Thus, for generation after generation we endeavour to clone our children to be ‘little me’s’. We infuse our children with all of our emotional injuries and errors of belief and by the time they are six years old their wonderful pure and pristine personality is now a confused cocktail of three or more personalities, its own personality and of its parents and close family members.

This cocktail produces personalities sometimes calibrating less than 80 on Dr David R Hawkins’ Map of Consciousness (MoC) scale and that is the domain and region of psychopaths. This is the development of adolescent delinquency. This represents a little more than 1% of the population but with the availability

of high powered automatic weapons, this makes such personalities extremely dangerous. The combination of guns and psychopaths is the foundation for mass murder.

Worldwide, 2 out of 3 will experience a miscarriage, further, 2 out of 3 will be involved in an abortion.

Worldwide, more than 1 in 5 women will suffer domestic violence.

Worldwide, more than 1 in 4 children will suffer child abuse. When we consider verbal abuse then it is 100% that children suffer abuse – “don’t be stupid, you are an idiot, etc.”

So, we receive a precious gift of a perfect personality that calibrates near to 1,000 on Dr Hawkins’ Map of Consciousness and only around 55% survive through to birth! Then we see the newly born baby with birth defects and no one tells the parents that they imposed these defects through infusing their own emotional injuries and errors of belief upon the child – all because we as parents have not endeavoured to heal ourselves before bringing the child into this physical world.

Then, we as parents continue our onslaught upon the child totally ignoring its true personality that its Heavenly Mother and Father endowed it with because we as parents ‘know better!’

Apart from cloning our children, we teach it to embrace, if not worship, its mind, suppressing its true and loving feelings. “If you don’t stop crying, I will give you something to cry about!” Consequently, we are all locked in to being unable to grow and evolve beyond 499 on the Map of Consciousness. We cannot even recover our original state, let alone continue on advancing way beyond our original state.

So, as adolescents and teenagers we get bored with stealing cars and taking drugs, with go and fetch some military grade automatic weapons and shoot up a school because I didn’t get given the grades that I should have. The co-conspirator of these crimes are the parents!!!

We now have been shown how to heal our emotional injuries and errors in belief. This commences by striving to live feelings first, having our mind to follow assisting in implementing what our feelings prompt us to embrace. Then by expressing our feelings, both good and bad to a companion, we are commencing our Feeling Healing. We are to long to know the truth of what lies behind our feelings – we will be shown. What enters emotionally must be expressed emotionally. Then should we long for our Heavenly Mother and Father’s Divine Love we are commencing our Soul Healing.

This is the Great U-Turn for humanity.

GREAT
-Turn

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COMMERCIAL IN CONFIDENCE



19th Congress of the Philippines



Seals of the Senate (left) and of the House of Representatives (right)

| Type | |
|---|--|
| Type | Bicameral |
| Houses | Senate House of Representatives |
| History | |
| Founded | June 9, 1945 (77 years ago) |
| Preceded by | National Assembly of the Philippines |
| New session started | July 25, 2022 |
| Leadership | |
| President of the Senate | Juan Miguel Zubiri, Independent since July 25, 2022 ^[1] |
| Speaker of the House of Representatives | Martin Romualdez, Lakas since July 25, 2022 ^[2] |

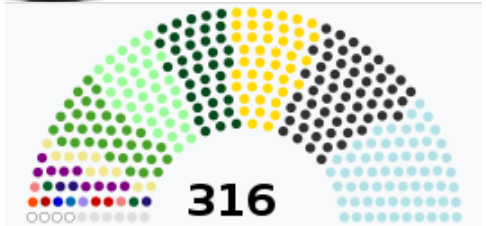
Seats
340 (see list)
24 senators
316 representatives



24

Senate political groups

- NPC (5)
- PDP-Laban (5)
- Nacionalista (4)
- Akbayan (1)
- Lakas (1)
- LDP (1)
- PMP (1)
- UNA (1)
- Independent (5)



House of Representatives political groups

- Lakas (64)
- Party-list Coalition (58)
- PDP-Laban (43)
- NUP (38)
- Nacionalista (36)
- NPC (34)
- Liberal (10)
- Local parties (9)^[a]
- Makabayan (3)
- PFP (2)
- PRP (2)
- Reporma (2)
- Akasyon (1)
- CDP (1)
- LDP (1)
- PDDS (1)
- UNA (1)
- Independent (6)
- Vacancies (4)

| | | |
|---|-----------------|---------|
| The Parliament of the Philippines, as of October 2022 | | |
| The overall calibration of the elected members are: | | |
| President | | 399 MoC |
| Senate | 24 senators | 291 |
| Representatives | 340 politicians | 299 |

The **Congress of the Philippines** is the legislature of the national government of the Philippines. It is bicameral, composed of a lower body, the House of Representatives, although colloquially the term "Congress" commonly refers to just the latter, and an upper body, the Senate. The House of Representatives meets in the Batasang Pambansa in Quezon City while the Senate meets in the GSIS Building in Pasay.

The Senate is composed of 24 senators half of which are elected every three years. Each senator, therefore, serves a total of six years. The senators are elected at-large and do not represent any geographical district.

In the current 19th Congress, there are 316 seats in the House of Representatives. The Constitution states that the House "shall be composed of not more than 250 members, unless otherwise fixed by law," and that at least 20% of it shall be sectoral representatives. There are two types of congressmen: the district and party-list representatives. At the time of the ratification of the constitution, there were 200 districts, leaving 50 seats for party-list representatives.

The district congressmen represent a particular congressional district of the country. All provinces in the country are composed of at least one congressional district. Several cities also have their own congressional districts, with some having two or more representatives. From 200 districts in 1987, the number of districts have increased to 243. Every new Congress has seen an increase in the number of districts.

Senator Ferdinand "Bongbong" R. Marcos, Jr. Bongbong Marcos was born as Ferdinand Romualdez Marcos Jr. on September 13, 1957 at the Our Lady of Lourdes Hospital in Santa Mesa, Manila, Philippines, to Ferdinand Marcos and Imelda Marcos. Ferdinand "Bongbong" Romualdez Marcos Jr., commonly referred to by the initials PBBM or BBM, is a Filipino politician who is the 17th and current president of the Philippines. He previously served as a senator from 2010 to 2016. The **presidency of Bongbong Marcos** began at noon on June 30, 2022, following his inauguration as the 17th president of the Philippines, succeeding Rodrigo Duterte. **His term is expected to end six years later, on June 30, 2028.**



In 2021, Marcos announced that he would run for President of the Philippines in the 2022 election, under the [Partido Federal ng Pilipinas](#), which he won by a landslide. He received nearly 59% of the votes, becoming the first to be elected by a majority since the establishment of the Fifth Republic in 1986. He was officially declared president-elect by Congress on May 25, 2022. His win was also the largest since 1981, when his father won 88% of the votes due to a boycott by the opposition who protested the prior election. He is the first Philippine candidate to lose a vice presidential campaign, but win the presidency.

The Congress of the Philippines (Filipino: *Kongreso ng Pilipinas*) is the legislature of the national government of the Philippines. It is bicameral, composed of a lower body, the House of Representatives, although colloquially the term "Congress" commonly refers to just the latter, and an upper body, the Senate.

commonly refers to just the latter, and an upper body, the Senate.

The president is limited to a single six-year term. No one who has served more than four years of a presidential term is allowed to run or serve again. The current president of the Philippines is Bongbong Marcos, who was sworn in on June 30, 2022.

Bills are laws in the making. They pass into law when they are approved by both houses and **the President of the Philippines**. A bill may be vetoed by the President, but the House of Representatives may overturn a presidential veto by garnering a 2/3rds vote.

COMMERCIAL IN CONFIDENCE

Marcos tightens grip on Congress with ‘supermajority’ blocs in Senate and House

<https://www.rappler.com/newsbreak/in-depth/marcos-jr-tightens-grip-congress-supermajority-blocs-senate-house-representatives/>

29 July 2022

MANILA, Philippines – President Ferdinand Marcos Jr. has achieved one thing that no other top Philippine leader has managed to do since the 1986 bloodless revolution that ousted his dictator father: cement the so-called “supermajority” blocs in both houses of Congress.

That the House of Representatives is dominated by Marcos allies is nothing new in the peculiar world of Philippine politics, where personalities trump principles and where politicians tend to ally with whoever is sitting in Malacañang. But what’s unique about the 19th Congress is the formation of the “supermajority” even in the Senate – the chamber that often prides itself as being the more independent house.

Marcos now has a Congress fully at his disposal, with close allies helming both chambers. Critics have raised the alarm over what would appear to be the inability of such a legislative body to stand up to the President when it comes to his marching orders. Will a traditional politician hoping to secure a budget for his district say no to a president voted for by 31 million Filipinos?

No less than Marcos’ own first-degree cousin, Leyte 1st District Representative Martin Romualdez, is the House Speaker. Members of the Marcos-Romualdez clan have already been gifted with plum posts in the chamber.

The House minority bloc led by 4Ps Representative Marcelino “Nonoy” Libanan has been criticized by staunch opposition legislator and Albay 1st District Representative Edcel Lagman to have been “co-opted” by the supermajority. The freshly minted Minority Leader took his oath before the Speaker, an unusual act even in the House.

The four party-list lawmakers who abstained from voting for Romualdez as Speaker are part of this minority bloc: Arlene Brosas (Gabriela), France Castro (ACT Teachers), Raoul Manuel (Kabataan), and Marissa Magsino (OFW). Only Lagman voted no against Romualdez, making the Bicol lawmaker the sole independent minority congressman.

Brosas, Castro, and Manuel are also part of the progressive Makabayan bloc, which is usually critical of the administration’s policies.

In the upper chamber, Marcos ally Juan Miguel Zubiri is the Senate President, managing to secure the alliance of 19 other senators from several political parties. The four senators who have refused to join the supermajority are even further divided: Senate Minority Leader Aquilino “Koko” Pimentel III and Senator Risa Hontiveros in the minority, and the siblings Pia and Alan Peter Cayetano as independents.



MARCOS' LIEUTENANTS. Senate President Juan Miguel Zubiri (L) and House Speaker Martin Romualdez shake the hands of President Ferdinand Marcos Jr. just before he delivers his speech on July 25, 2022. Photo by Angie de Silva/Rappler

This is a consequence of a political system that gives almost “absolute power” to a president, argued former Ateneo School of Government dean and law professor Tony La Viña.

“Even if the 1987 Constitution was supposed to stop this by separation of powers, they designed a powerful president. If you look at the debate in the 1987 Constitution, this was exactly what people were warning about, those who wanted a parliamentary system – that we were restoring an imperial presidency,” La Viña told Rappler.

“So even when we had Congress already under Manuel Quezon, Quezon could exercise absolute power. All other presidents did that and it just got worse through the years,” he said.

In recent history, past presidents like Gloria Macapagal-Arroyo and the late Benigno “Noy” Aquino III also packed Congress with allies who moved in their favour several times. The foul-mouthed Rodrigo Duterte then took it a notch higher, using his sheer popularity and influence to weaponise Congress against his critics.

Duterte crushes opposition, serves Marcos power on a silver platter



With the supermajority blocs in the Senate and the House in place, Marcos has secured control of Congress. When his father, the late strongman Ferdinand Marcos, declared Martial Law, the patriarch seized control of Congress and padlocked its doors in 1973. Forty-nine years later, the son walks freely into the hallowed halls of the Batasang Pambansa, with legislators welcoming him with open arms.

House of the People or House of the Marcos-Romualdez clan?

Legislators with familial ties to the President have been given some of the most coveted posts in the House.

Though a neophyte in politics, presidential son Sandro Marcos of Ilocos Norte's 1st District has been made Senior Deputy Majority Leader. This makes him an ex-officio member of all House committees, where he can cast his vote on all bills and measures. He is also now chairman of the powerful rules committee, which decides on all rules governing all proceedings in the House.

But if word from the grapevine is to be believed, becoming Senior Deputy Majority Leader may even just be a compromise for Sandro Marcos. The son of the President was reportedly eyeing the chairmanship of the House committee on appropriations, tasked to oversee the scrutiny of, and negotiations on, the proposed national budget.

Another Marcos relative, Tingog Representative Yedda Romualdez, wife of the Speaker, is once again the chair of the accounts committee. It's the committee that oversees the chamber's internal budget.

Lawmakers connected to the Romualdez couple also clinched key posts. TUCP Representative Raymund Democrito Mendoza has been named one of the House deputy speakers. Representative Mendoza's late father, Cebuano trade union leader Democrito Mendoza, is the maternal uncle of Yedda, whose full name is Yedda Marie Mendoza Kittilsvedt-Romualdez.

Representative Mendoza's stepdaughter, neophyte lawmaker Alana Samantha Santos of North Cotabato's 3rd District, is assistant majority leader. Santos is the daughter of Cotabato Governor Emmylou "Lala" Taliño-Mendoza, wife of the TUCP congressman.



ROMUALDEZ’S MOMENT. Leyte 1st District Representative Martin Romualdez’s oath-taking as House Speaker is witnessed by Vice President Sara Duterte (1st from L), his wife, Tingog Representative Yedda Romualdez (3rd from L), presidential son and Senior Deputy Majority Leader Sandro Marcos (1st from R), and other members of the Romualdez family. Photo by Rappler

Former president and now Pampanga 2nd District Representative Arroyo, whom Speaker Romualdez considers his mentor, has been named Senior Deputy Speaker. She is president emeritus of Lakas-CMD, where the Speaker is president and Vice President Sara Duterte is co-chairperson. It is Lakas-CMD, and not Marcos’ Partido Federal ng Pilipinas, that comprises the majority in the House.

Speaker Romualdez, however, promised to be a fair leader to the 310 other members of the House.

“As your Speaker, I vow to attend to all the concerns of your constituents. I shall try to be as fair as possible and favour no one. There will be fair and equitable distribution of resources for development of our regions, regardless of political affiliation,” said Romualdez in his acceptance speech on July 25.

He asked for unity in the House, echoing Marcos’ own messaging on the presidential campaign trail. “We are confident that with the unity that our President has espoused, we can actually overcome the crippling effects of this pandemic, political differences, or the impacts of the Ukrainian war,” said Romualdez. “With unity of purpose, there is nothing that we cannot do.”

The Senate ‘supermajority’

The formation of the Senate “supermajority” in the 19th Congress was already in the works a mere days after Marcos won the presidency by a landslide. Zubiri said as much to reporters on May 18, just before the winning senators of the 2022 polls were proclaimed by the Commission on Elections.

The “supermajority” push seems to be the inevitable for the upper house, as Marcos’ predecessor Duterte stepped down from office with 17 out of the 23 senators allied with him. Even then, the Senate already had a “supermajority” without the name.

The Marcos-allied bloc became a reality after Zubiri’s group and the so-called “Mama Bear’s bloc” led by billionaire senator Cynthia Villar agreed that, regardless of who wins the Senate presidency, both of their groups must merge. Most of the senators from both blocs, after all, are allied with the ruling coalition that emerged after Marcos and Sara Duterte secured their victories in the 2022 elections.



19TH CONGRESS SENATORS. Senators pose for a class picture during the opening of the 19th Congress on July 25, 2022. Photo by Angie de Silva/Rappler

Villar would eventually give up on her bid for the Senate presidency, supporting Zubiri instead. In turn, Zubiri promised to look out for Villar’s allies by doing his best to accommodate their requests to get key leadership posts in the Senate. Cynthia’s son, Mark Villar, is a first-time senator.

Those closest to Zubiri, of course, expectedly got first dibs on the most coveted positions. Joel Villanueva is the Majority Leader, Nancy Binay is accounts committee chairperson, and JV Ejercito gets the local government panel. Sonny Angara retains chairmanship of the finance committee, while Win Gatchalian remains ways and means chairman.

Loren Legarda, who is now the most senior member of the chamber with 18 years under her belt, was made the Senate President Pro-Tempore.

Presidential sister Senator Imee Marcos, meanwhile, has so far gotten two of the committees she was eyeing: foreign relations, and social justice, welfare, and rural development panels.

In his first speech as Senate President on July 25, Zubiri gave the public a glimpse of how he wanted the chamber to run in the next three years under the 19th Congress: vigilant against laws that could potentially harm the people, but cooperative with the President’s legislative agenda.

Expect the Senate to still exercise its oversight powers, said Zubiri, but they would not be doing it to “encroach on the executive branch.”



“This Senate, under my leadership, however, will be one to solve problems more than it would find faults. While probes are magnets for publicity, it is the policies – laws patiently written line by line away from the limelight – that drive progress,” said Zubiri.

Even with the “supermajority,” however, the Senate would not necessarily be as susceptible to presidential control. Unlike district and party-list representatives who have smaller constituencies, senators were elected by a nationwide constituency and therefore have a national mandate, just like the President. The chamber is composed of 24 different republics, as the political lingo goes.

Only time can tell, however, just how independent they are going to be.

When Marcos delivered his first State of the Nation Address, senators and representatives gave him two standing ovations. They scrambled to kiss his hand and to take selfies with him. They chased him around



the Batasang Pambansa as he walked out of the plenary hall. These same legislators insist on their being independent despite openly calling themselves allies of the widely-popular Marcos.

Words come cheap, but actions speak the loudest of them all. **THE RULING COALITION.** Legislators huddle around President Ferdinand Marcos Jr. to take pictures with him after his State of the Nation Address on July 25, 2022. Photo by Angie de Silva/Rappler

FAMILY BUSINESS!

The dynasty of governance of the Philippines is well funded:

On 20 April 1983, whilst working as a Chartered Accountants, on the Gold Coast in south east Queensland, Australia, John Doel was requested to travel to Manila to arrange for the signing of contracts for the buy / sell of precious metals.

This three day exercise took nearly three months in Manila, in the Philippines. This was a very focused and concentrated entry into major international financial transactions and in how to manage the tensions of numerous participants within such a major financial venture. All of this experience has assisted with the recovery of the situation encompassing ‘Solid Investment’ in the years commencing from late 2005 to present (2022).

From 28 May through to 9 June 1983, ten contracts were signed for the delivery of AU (gold) from Manila via Hong Kong and onwards to various end buyers. These contracts became known as the ‘Remington Contracts’.

The duration in Manila was troublesome and harassing to say the least.

On 11 July, John approached a forlorn figure in the Sultana Bar of the Manila Hilton. He received John’s invitation to be joined for a beer and declared he was waiting for an American friend, now resident in Manila, and his Phillipino lady. One hour later they appeared. To celebrate the reunion, Dennis produced a small camera to photograph us but insisted John turned his chair to be included. Strangely when John took over the camera at the position Dennis was standing he found that the camera was focussed for one person – John. Towards the end of the meeting, John asked simply if he was able to board his plane tomorrow. They responded that John was just a pawn in a transaction and he would have no difficulty in leaving the country and his wife and three girls were expecting him. John had never met these people before this occasion.

John Doel returned to Australia via Hong Kong on 13 July 1983. The saga continued in earnest for a further six months with enormous cost to health, relationships and finance.

Yes, John Doel does possess a gold bullion treasure map pointing out the location of ‘items’ as having been buried in various locations throughout the Philippines as identified by Domingo A Clemente (code 02-413) in his own hand and as authorised seller of the bullion.

A successful result, should it have been even partial, would have realised funds of significance to implement a health and medical project.

This was the ‘Marcos Gold’. President Ferdinand Marcos (the father of the incumbent President of the Philippines) had, over time, ‘recovered’ the knowledge of numerous ‘storage locations’ of what was war booty that the Japanese generals did not want to have sent to Tokyo. Generals had looted en route from the countries invaded on the way down from Japan during World War II. In the main, it was understood that much of the gold (AU) had been sent into Asia, by the World Bank, away from the looming risks in Europe prior to World War II.

Marcos (the father of President Bongbong Marcus) had offered those who were secretly holding the gold and precious stones to surrender them to the Phillipino authorities on the proviso that they would forfeit

one third. However, the practice was, after being provided with the locations and the 'owners' details, the whole booty would be confiscated 'privately' by Marcos and his companions. Progressively, the gold nuggets (75 kilogram bars) were reprocessed into 25 kilogram bars. A very tidy operation should buyers proceed. Buyers did proceed under the Remington contracts via delivery out of Hong Kong – NOT Manila Airport. Buyers feared further confiscation by the 'authorities' should they have paid for delivery out of Manila Airport.

Other booty included bags of precious gems, like really incredible bags of all kinds of very large gemstones, including diamonds. The Golden Buddha weighed one tonne, it was hollow, within the hollow, it was filled with gemstones. The booty was in volume and in numerous locations, typically simply referred to as 'yellow bananas' when asked what was on one's truck!

Apparently, John was selected for the role because on his unwavering attention to detail and conduct beyond reproach, to achieve what had to be done in spite of the prevailing corruption and competing interests at play.

In 1992, Arlene Friedman, investigator for Magna, Cathcart & McCarthy, Law Offices in Los Angeles, contacted John, looking for the original Remington Contracts. The original contracts having been 'locked up' in a cardboard box under the house for nine years – all being intact. On 16 July 1992, Arlene Friedman arrived on the Gold Coast. Dan Cathcart visited twice, the second time for taking of depositions was on 3 February 1993.

Dan confirmed that some 2,432 metric tonnes of AU (gold) had been shipped over several months as a result of the Remington Contracts. Reference to the modality of the transactions can be found on pages 348 onwards in the book, *The Marcos Dynasty* by Sterling Seagrave. At US\$417 per troy ounce, the value of these shipments amounted to US\$25 billion.

Subsequent to the shipments, Dan Cathcart advised that the two DC 9 air freighters that were used could not be located, the Hang Lung Bank was shut down, the Flying Tigers air freight service was shut down, the Mitsubishi Bank for the buyers put up a 'paper wall' to frustrate investigators and possibly eight people had died, including Roxas who apparently contracted tuberculosis on Tuesday, died on Wednesday and was cremated on Thursday. Dan had spoken with Roxas on the Monday. Roxas (Golden Buddha Corporation) v. Marcos was prosecuting for the return of his assets, namely the subject gold. Roxas was the custodian of the above mentioned golden Buddha.

Interestingly, one third of the gold bullion shipments were delivered to Fort Knox in USA. The value of the bullion coincidentally was equivalent to the value of the US military assets at Cubic Bay and Clarke Airfield base in the Philippines, both were shut down by the USA Government at this same time!

Dan Cathcart, at that time, was Chairman of the Inner Circle of the Top 100 Lawyers from throughout the USA for insurance claim litigations such as the Lockerbie Air Disaster (Jumbo bombed in the air over Scotland in 1988).

The saga of this venture caused the collapse of the accounting practice on the Gold Coast, the sale of many assets and the deterioration of income. Carolyn needed to work to support the home and the schooling of three lovely girls. The youngest, Penelope, having turned one when John was held up in Manila in 1983. It was generally understood from various checks that home telephone lines were tapped for a period of six years.

Legal systems are the makings of man for his own agenda and gratification. The lawyers become politicians and then build their own 'honourable' structures.

In 1983, while in Manila, I spent time with Attorney Jesse Quiambo who was proud of his achievements against the then powerful Kodak Corporation. Jesse, from his desk in the back of his wife's optometry shop, presented against six American lawyers with their Manila based legal teams. When Jesse was awarded his victory he then walked up to the judge and thanked him, it was his uncle!

In 1998, lawyer Dan Cathcart from Los Angeles was assisting the THE GOLDEN BUDHA CORPORATION (yes, one d) through Rogelio "Roger" Domingo Roxas in Hawaii. Dan was speaking to Mr Roxas on Monday morning and he was healthy. That day Roxas contracted tuberculosis, Tuesday he died and on Thursday he was cremated! The golden Buddha weighed about one tonne, it was hollow, but inside it was a bag full of 'sparklers', as Domingo Clemente called them – precious stones. In question was the proceeds from the sale of 2,342 metric tonnes of AU (gold bullion) that was mainly found with the statue. Nothing was recovered for the owners – the people of the Philippines. There was no investigation into Roxas' death.



Dan Cathcart was a member of the Inner Circle of 100 lawyers, which was one of the most elite groups of lawyers for the whole of USA. I respected him as a friend. I instigated the sale of the AU. Dan used all his resources and endeavours to bring about justice to no avail. He could not overcome the corruption within his own country's legal system. The agenda was not for personal gain but for the people of the Philippines. <http://oaoa.hawaii.gov/jud/20606.htm>

Democracy is hijacked.

Electoral processes may be fair, however the candidates that are presented to the people can be mostly a stacked pack of cards without the appropriate skills to run a business, let alone a community, or a district, let alone a province / state and most definitely a nation. And these candidates for membership are presented through 'parties' that have their 'policies' and rules written by people who are never elected, let alone known as to who they are.

Thus, a careful review of the current political situation of the Philippines may lead to the conclusion that unless the people with the high level appointments in the present government are people of high moral compass then the people of the Philippines may be looking to times of great difficulties.



<https://freedomhouse.org/country/philippines/freedom-world/2022>

FREEDOM IN THE WORLD 2022

Philippines

PARTLY FREE

55
/100

| | |
|------------------|--------|
| Political Rights | 25 /40 |
| Civil Liberties | 30 /60 |

The State of Democracy

Global Democracy Index rates, by country/territory (2021)*

Full democracies

9.00-10.00

8.00-8.99

Flawed democracies

7.00-7.99

6.00-6.99

Hybrid regimes

5.00-5.99

4.00-4.99

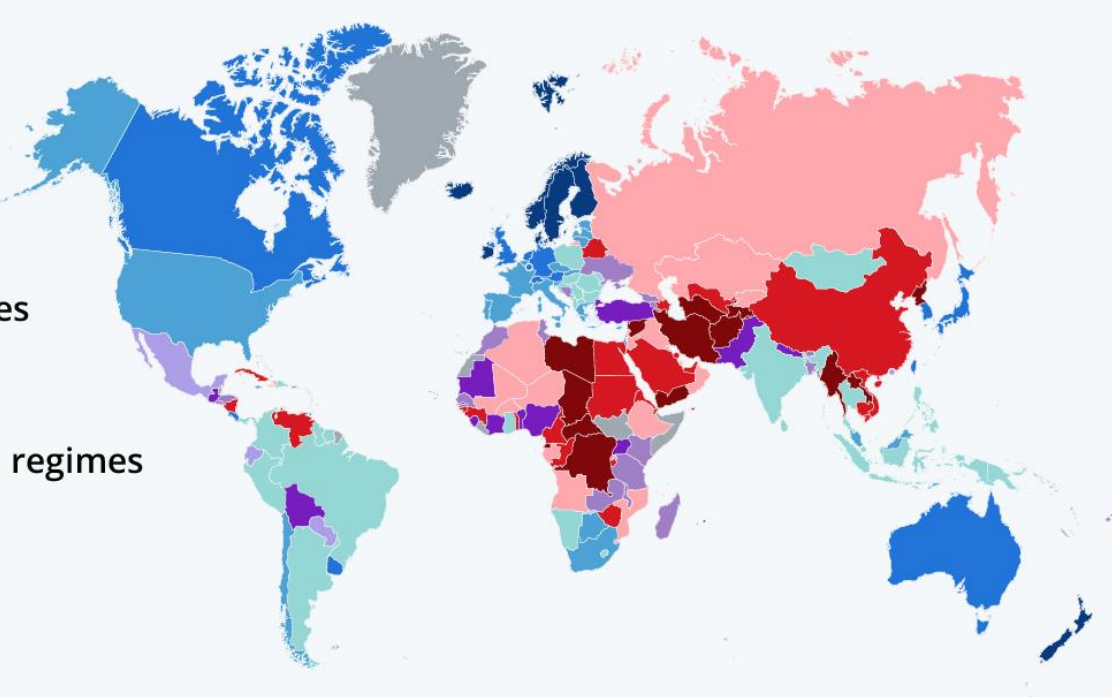
Authoritarian regimes

3.00-3.99

2.00-2.99

0-1.99

No data



* takes into account electoral process and pluralism, civil liberties, the functioning of government, political participation and political culture

Source: The Economist Intelligence Unit



Year 2021

| Type of regime ↕ | Score ↕ | Countries | | Proportion of World population (%) ↕ |
|-----------------------|------------|-----------|-------|--------------------------------------|
| | | Number ↕ | (%) ↕ | |
| Full democracies | 9.01–10.00 | 21 | 12.6% | 6.4% |
| | 8.01–9.00 | | | |
| Flawed democracies | 7.01–8.00 | 53 | 31.7% | 39.3% |
| | 6.01–7.00 | | | |
| Hybrid regimes | 5.01–6.00 | 34 | 20.4% | 17.2% |
| | 4.01–5.00 | | | |
| Authoritarian regimes | 3.01–4.00 | 59 | 35.3% | 37.1% |
| | 0–3.00 | | | |

COMMERCIAL IN CONFIDENCE

The LEADING ISSUE is that CHILDREN ARE NOT PRIORITISED:

‘I had a pretty good upbringing’ in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



The elephant in the room is Childhood Suppression. It is through Childhood Suppression that we, as parents, impose upon our children all of our emotional injuries and errors of belief, thus perpetrating the stagnation of humanity from one generation to the next. It is only through our personal Feeling Healing that we can start to mitigate this cycle and slowly alleviate each of the social issues that every nation demonstrates.

OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:

| Age-group | Age |
|------------------|---------------------|
| Gestation | conception to birth |
| Newborn | 0 days to 1 month |
| Infant | 1 month to 1 year |
| Toddler | 1 to 3 years |
| Preschool | 3 to 6 years |
| School age child | 6 to 12 years |
| Adolescent | 12 to 18 years |

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

INFLATION

Money is talked about as a constant and that everything else is not. A loaf of bread is constant and so is an apple – money is not, it is printed at the whim of those who own the printing presses.



When I was a young adult, 2 cents could buy what \$1 is needed to pay for today. Inflation (printing of extra money) has reduced the buying power by 98%. Examples:



An imperial gallon of petrol used to cost 20 cents. That is 4.546 litres, a litre of petrol costs AU\$2.20 today and that equates to AU\$10 a gallon. That is a fifty fold diminishment of purchasing power.

A typical packet of 20 cigarettes will now set you back on average around AUD \$40 (£22 / US \$30), which is a hell of a lot of money if you burn through darts like a chimney. A packet of 20 Ardath cigarettes was 20 cents.

A single scoop ice cream in the cone is now AU\$2.79 (Baskin Robbins). As a single scoop was 5 cents then four for 20 cents costs more than AU\$10.

The Sunday papers were 5 cents each and stacked with comics and weekend sport. Now they are around AU\$3.00 each, so four is now more than AU\$10.

We have experienced a 98% drop in the purchasing power of our dollar and we are about to experience a further 98% drop in purchasing power.

Imagine paying AU\$500 for a gallon of petrol!!!

As of a consequence to major disruptions to supply chains around the world due to excessive demand by consumers and Covid-19 and now the Ukraine invasion by Russia, the printing presses of the world have printed a mountain of money for a smaller supply of goods and the consequence is inflation.

COMMERCIAL IN CONFIDENCE

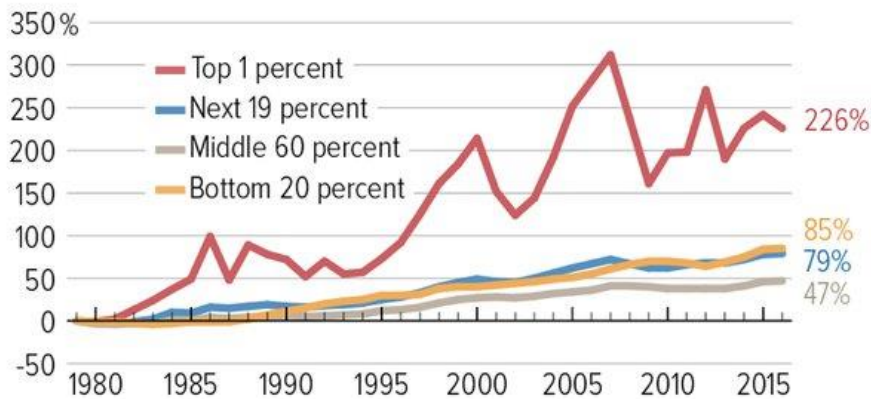
Authorities tell us to look up there whereas we need to look not only at our governments BUT the major corporations that are the dominant price gougers. You will find the chain becomes very small, all leads back to a few very obscure and secretive families.



The era of very, very low inflation has ended. Headline inflation in Europe is 7.4% and core inflation 3.5%, way above the ECB's target of 2%. Hong Kong – As inflation soars around the world, the world's second-largest economy has kept it at bay. Consumer prices in China increased just 1.5% in March from a year earlier. The USA Consumer Price Index increased 8.5% for the year ended March 2022, following a rise of 7.9% from February 2021 to February 2022.

Income Gains at the Top Dwarf Those of Low- and Middle-Income Households

Percent change in income after transfers and taxes since 1979



WHO-Unicef report: Nearly half of Filipinos get safe drinking water

<https://newsinfo.inquirer.net/1456912/who-unicef-report-nearly-half-of-filipinos-get-safe-drinking-water>

7 July 2021



MANILA, Philippines—Clean drinking water, sanitation, and hand washing facilities, which are among people’s basic needs, were made more accessible for Filipinos in 2020, according to a report released this June.

The 2020 report by World Health Organization (WHO) and Unicef Joint Monitoring Programme for Water Supply, Sanitation and Hygiene (JMP) listed global progress on household drinking water, sanitation and hygiene.

This was in line with the 2015 pledge made by countries to work toward universal access to safe drinking water, sanitation and basic hand washing facilities by 2030, targets under the sixth Sustainable Development Goal (SDG) set by the UN General Assembly (UNGA).

“Clean water is a basic human need, and one that should be easily accessible to all. There is sufficient fresh water on the planet to achieve this,” UNGA explained.

“However, due to poor infrastructure, investment and planning, every year millions of people—most of them children—die from diseases associated with inadequate water supply, sanitation and hygiene,” it said.

COMMERCIAL IN CONFIDENCE

According to the Department of Health (DOH), most cases of food poisoning and water-borne in the Philippines were often caused by unsafe sources of drinking water and improper disposal of human waste. Data from the JMP report, titled “Progress on household drinking water, sanitation and hygiene”, showed some improvements in achieving SDG targets in the Philippines.

Safe level of drinking water

The first target is to achieve “universal and equitable access to safe and affordable drinking water for all” by 2030.

A safely managed drinking water service was defined by WHO and Unicef as “one located on premises, available when needed and free from contamination.”

In 2020, at least half or 47.46% of the Philippines’ population had access to safely managed drinking water.

This was 1.12% more than 46.34% recorded in 2015. The improvement has been consistent since then, with around 46.56% in 2016, 46.78% in 2017, 47% in 2018, and 47.23% in 2019.

CLEAN DRINK

WHO-Unicef report says access to safe drinking water has improved among Filipinos.



Graphic by Ed Lustan

Majority, or 61.80% of the population in urban areas and 34.54% in rural areas, had access to safely managed drinking water in 2020.

At least 46.64% of Filipinos have access to basic improved water sources—piped water, boreholes or tube wells, protected dug wells or springs, rainwater, and packaged water—that are safe but require at least 30 minutes of travel back and forth to collect.

Around 2.86% had access to limited improved water sources which takes over 30 minutes of roundtrips to collect.

Only 3.03% of Filipinos in 2020 drank water from unimproved sources or water from an unprotected dug well or unprotected spring.

Safe sanitation

The Philippines also saw an improvement in access to adequate and equitable sanitation and hygiene. The WHO-Unicef report said 60.64% of the Philippines’ population had access to safely managed sanitation facilities in 2020.

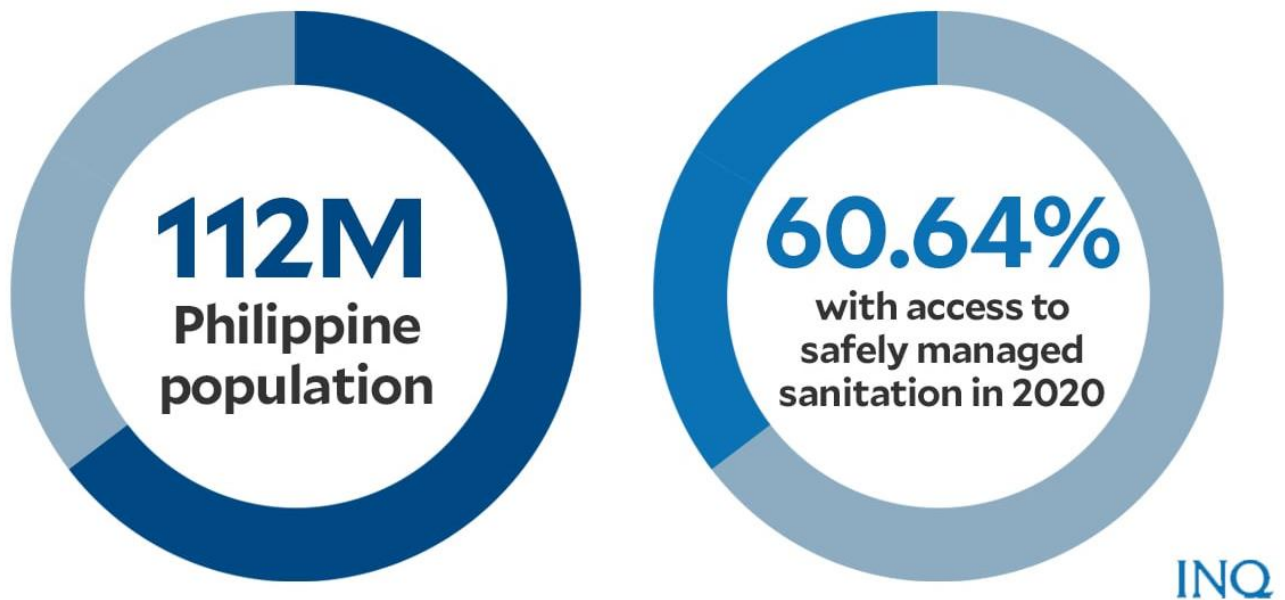
In 2015, only 54.77% had access to “improved facilities which are not shared with other households and where excreta are safely disposed in situ or transported and treated off-site.”

Filipinos in rural areas had better access to sanitation facilities in 2020 with at least 65.84%. About 54.86% of the population in urban areas had safely managed sanitation.

The share of Filipinos in 2020 who had access to basic sanitation facilities was 21.62%. Over 11% had access to limited improved facilities.

SAFE POO

Access to sanitation has also improved in the Philippines according to WHO-Unicef report.



Graphic by Ed Lustan

At least 2.84% of Filipinos still used pit latrines, hanging latrines, or bucket latrines in 2020, while 3.79% practiced open defecation.

More hand washing facilities

Hand washing and proper hand hygiene, according to WHO, are considered the first line of defense against coronavirus.

The Center for Disease Control and Prevention (CDC) in the United States said that keeping hands clean may help prevent the Covid-19 virus from spreading.

“Regular hand washing is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. Whether you are at home, at work, traveling, or out in the community, find out how hand washing with soap and water can protect you and your family,” said CDC.

The practice likewise helps prevent the transmission of other diseases such as diarrhoea, cholera, and typhoid.

In the Philippines, the DOH has been reminding the public to make a conscious effort to maintain personal hygiene “such as washing of the hands for 20 seconds at the palm and the back of the hands and digits.”

Last year, 81.71% of Filipinos had access to basic hand washing facilities with soap and water. The figure was higher than 81.64% recorded in 2015, 81.65% in 2016, 81.66% in 2017, 81.68% in 2018, and 81.69% in 2019.

At least 85.27% of residents from urban areas and 78.51% in rural areas were able to practice hand washing with basic hand washing facilities in 2020.

About 11.62% relied on washing facilities without soap and water, while 6.66% had no access to hand washing facilities.

Slow progress

While data showed positive results and improvements for the Philippines, the WHO and Unicef noted that the world’s progress is not yet enough to provide universal access to safe drinking water, sanitation.

“Five years into the SDGs, the world is not on track to achieve SDG targets 6.1 (achieve universal and equitable access to safe and affordable drinking water for all) and 6.2 (achieve access to adequate and equitable sanitation and hygiene for all and end open defecation),” the report read.

“Achieving universal coverage by 2030 will require a quadrupling of current rates of progress in safely managed drinking water services, safely managed sanitation services, and basic hygiene services,” it continued.

Last year, 74% of the world population had access to a safely managed water source—this means that one in four people have no access to safe drinking water.

The report also said that at the onset of the COVID-19 pandemic, at least three in 10 people globally could not wash their hands with soap and water at home.

The number was only four percent more than the 70% recorded in 2015.

According to Hannah Ritchie, senior researcher and head of research at Our World In Data, the slow progress could lead to only 82% of the goal achieved by 2030.

“Hand washing is one of the most effective ways to prevent the spread of COVID-19 and other infectious diseases, yet millions of people across the world lack access to a reliable, safe supply of water,” said WHO Director-General Dr. Tedros Adhanom Ghebreyesus.

“Investment in water, sanitation and hygiene must be a global priority if we are to end this pandemic and build more resilient health systems.”

Nearly half of the world’s population does not have access to safe sanitation.

In 2020, 54% had access to safely managed sanitation while at least six percent do not have any sanitation facilities and most likely practiced open defecation.

The figure has already improved compared to 47% of the global population that had safe sanitation but the progress has been too slow.

“The gap between where we are now and universal access is still huge. Our progress is far too slow to achieve this by 2030,” said Ritchie.

“If progress continues at these rates, we would only reach 68% by 2030,” she said.

“Almost one-third of the world would miss out. If we’re to meet our target we need almost exactly the same acceleration as our progress on drinking water: rates would need to more than triple (increase 3.3-fold) for the coming decade,” she added.

Over 70% worldwide had access to basic hand washing facilities in 2020. This leaves 21% without soap and water and 8.6% with no access at all to hand washing facilities.

From 2015, there has only been a four percent increase. If this rate of progress persists in the coming years, by 2030 the world would reach only 79% of its goal.

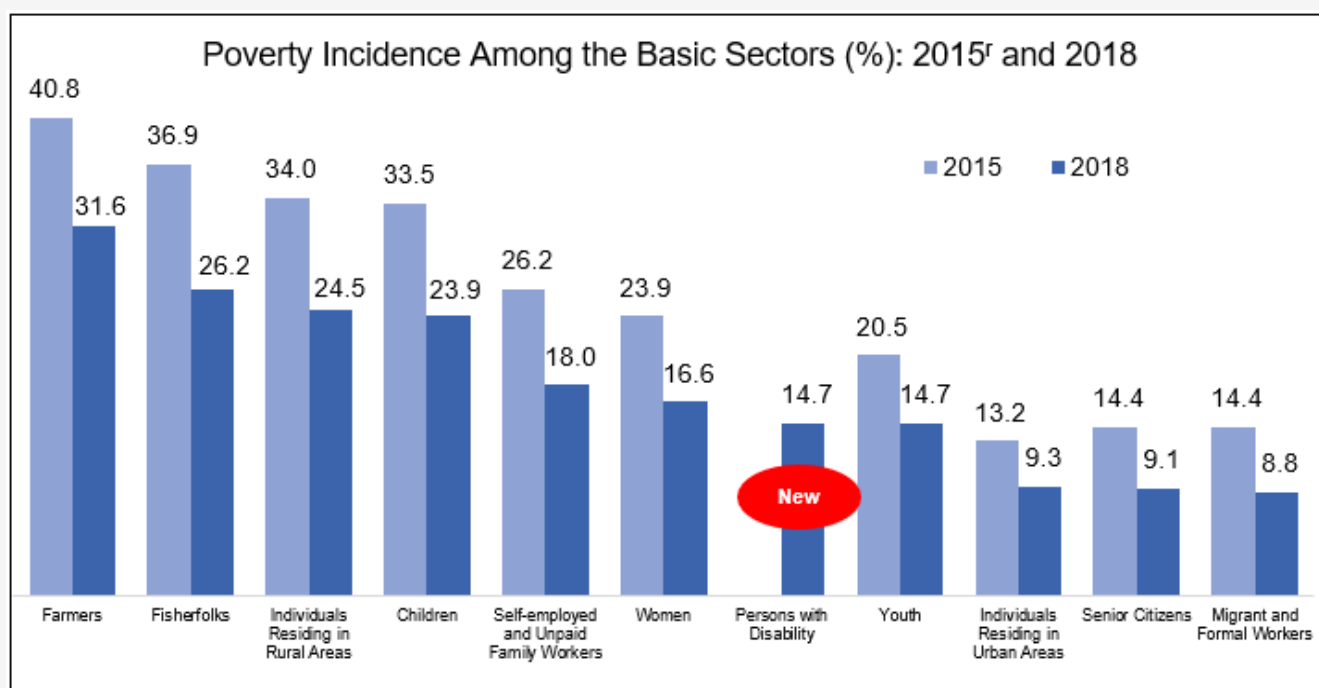
“One-in-five people would still be without access” to hand washing facilities, according to Ritchie.

Farmers, Fisherfolks, Individuals Residing in Rural Areas and Children Posted the Highest Poverty Incidences among the Basic Sectors in 2018

<https://psa.gov.ph/poverty-press-releases/nid/162541>

3 June 2020

The Philippine Statistics Authority releases today the preliminary estimates of 2018 poverty incidence among 10 of the 14 basic sectors identified in Republic Act 8425 or the *Social Reform and Poverty Alleviation Act* as well as individuals residing in rural areas. Poverty incidence among persons with disability (aged 15 years and over) was also generated and released for the first time.



Source: Merged datafile of the 2015 Family Income and Expenditure Survey (FIES) and January 2016 Labor Force Survey (LFS) and preliminary merged datafile of the 2018 FIES and January 2019 LFS, Philippine Statistics Authority

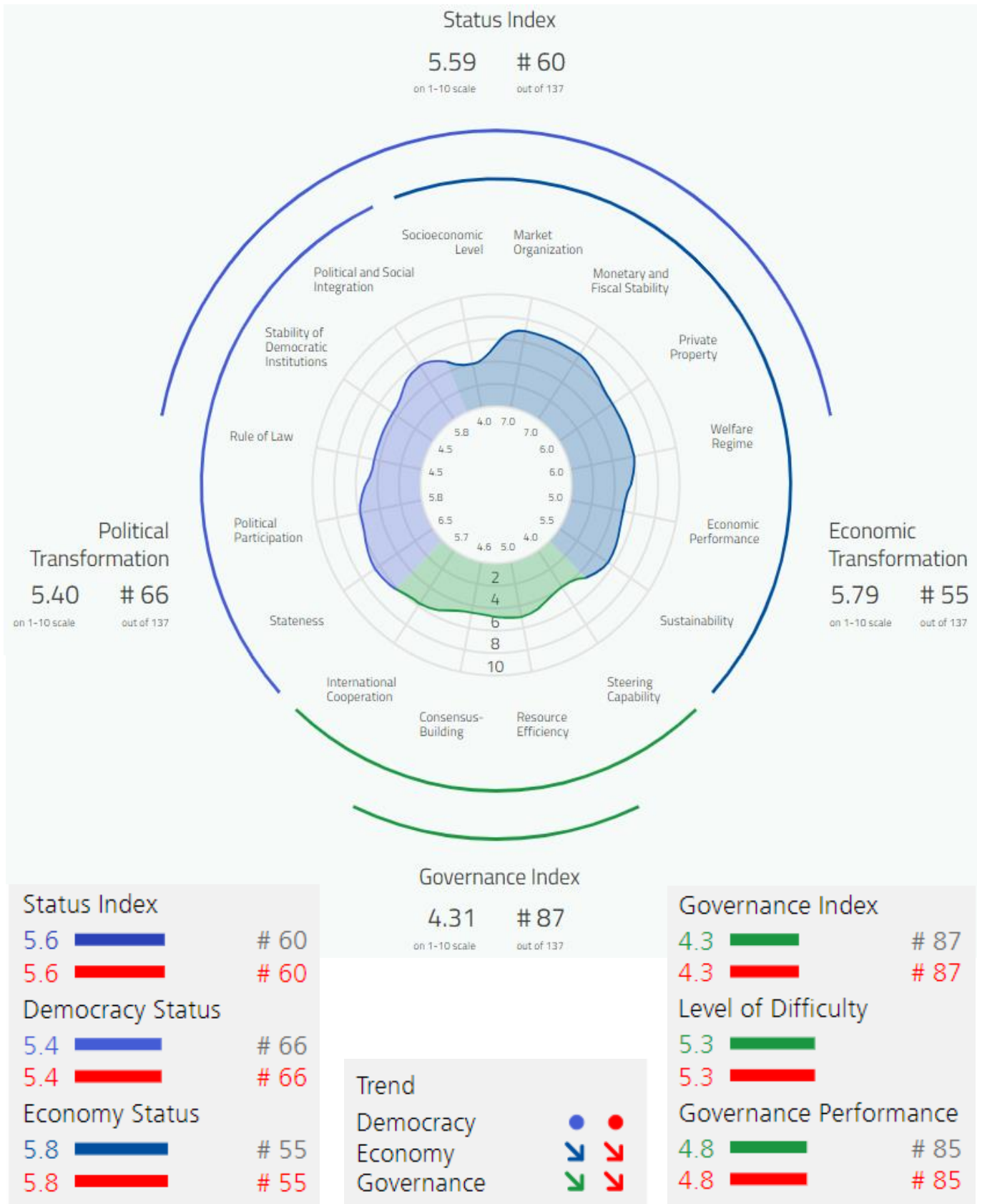
Note: r – revised; The 2015 estimates were revised/updated based on the following: a) rebasing of the Consumer Price Index (CPI) market basket of prices from 2006 to 2012; b) adoption of the 2015 Census of Population (PopCen) results for the weights in the merged FIES-LFS; and c) updated urban-rural classification of barangays based on the 2015 PopCen.

In 2018, farmers, fisherfolks, individuals residing in rural areas and children who belong to families with income below the official poverty thresholds posted the highest poverty incidences among the basic sectors at 31.6, 26.2, 24.5 and 23.9%, respectively. These sectors also registered the highest poverty incidences in 2015 at 40.8, 36.9, 34.0 and 33.5%, respectively.

On the other hand, individuals residing in urban areas, senior citizens, and migrant and formal sector workers had the lowest poverty incidences among the basic sectors in 2018 at 9.3, 9.1 and 8.8%, respectively. In 2015, these sectors recorded poverty incidences of 13.2, 14.4 and 14.4%. Meanwhile, the poverty incidence among persons with disability (aged 15 years and over) was recorded at 14.7% in 2018.

Philippines Country Report 2022

<https://bti-project.org/en/reports/country-report/PHL>



COMMERCIAL IN CONFIDENCE

IMPROVING ELECTRICITY IN THE PHILIPPINES

<https://borgenproject.org/electricity-in-the-philippines/>

29 September 2022



Electricity in developed countries is free-flowing and abundant, but there is a struggle to find a reliable and consistent power source in developing countries. In the Philippines, there is a struggle to provide the people there with sustainable electricity, particularly in rural areas. Reliable energy sources are a constant problem for those trying to live their daily lives and create a steady local economy.

The Situation

Nearly 30% of Filipinos do not have access to electricity or experience brownouts. Brownouts are unintentional or intentional drops in the amount of voltage that an electrical grid puts out. This reduction in electrical power occurs when there is an increased use of electricity and too much demand on the system. At times, energy providers will deliberately reduce the amount of power to avoid a full blackout of the entire system. Brownouts are common occurrences in the Philippines and can severely impact the lives of the people and those who rely on a rural-based economy.

Economic Impacts

According to a study that the Philippine Institute of Development published, those in rural households who run their own businesses would benefit directly from a steady stream of electricity going to their homes. For example, farmers who operate in rural areas will be able to increase production on their farms by bringing in equipment that can run during the day and night. This type of access could also allow them to expand their businesses into food processing and food storage to bring additional income to their household. Electricity in the Philippines can be a significant determinant in the daily lives of business owners.

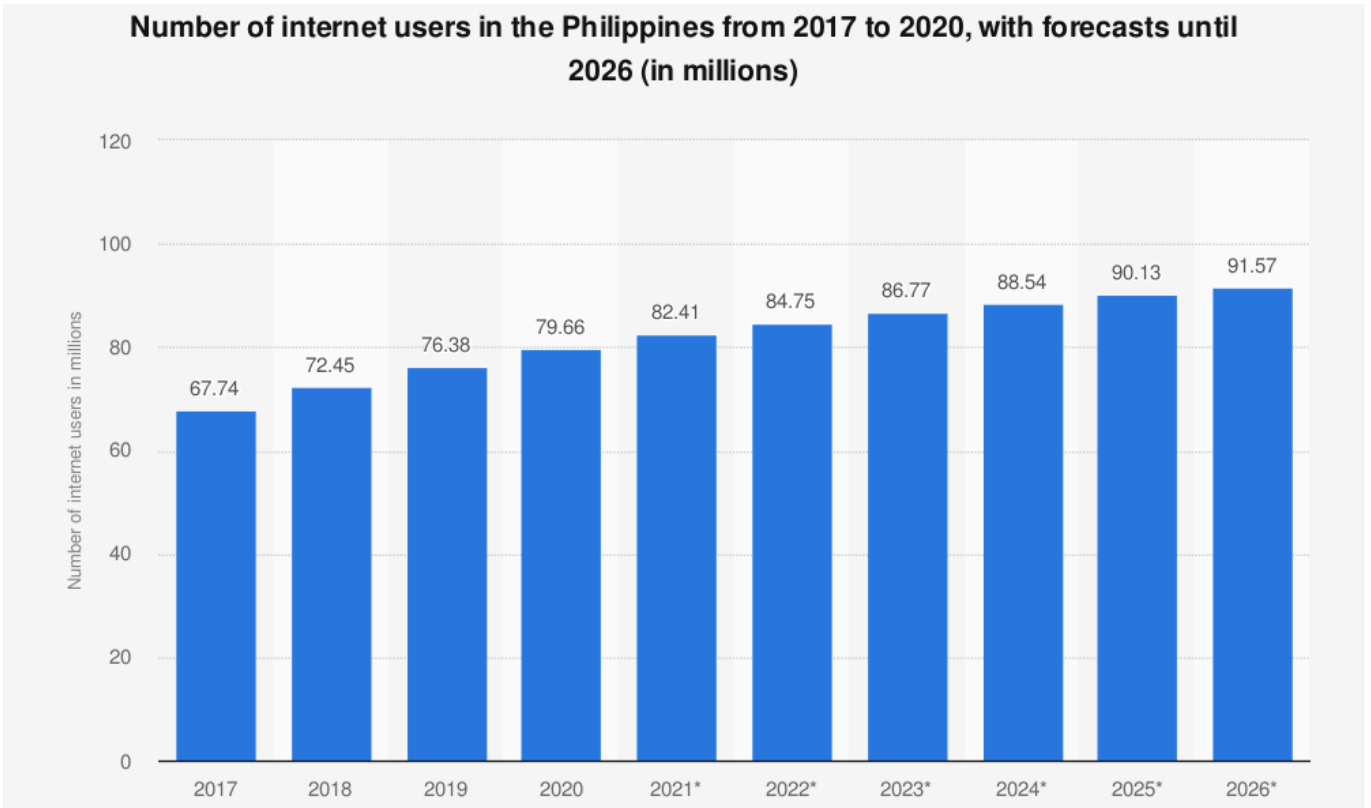
Solutions

Despite the current state of access to electricity in the Philippines, there are signs of significant growth and improvement. The Philippines Development Plan for 2017-2022 has set a target to achieve universal electrification by 2022. A company called Solar Philippines that operates out of Manila is making strides to reduce brownouts and lack of electricity access. It has installed a solar-powered battery farm in Paluan, a remote area of the country that had previously had no access to electricity. Now, this area has enough consistent electricity for the nearly 20,000 people who live there. The company hopes to build solar farms like these in every town in the Philippines to provide low cost electricity for those who use it.

Recently, the company proposed replacing the coal power plants currently in use throughout the country with 5,000 MW solar farms to provide clean energy. With these solar panels, the Filipino government will be able to save over 20 billion pesos in subsidies, which can go toward other programs to help the countries poor.

Brownouts are a severe problem for those living in rural areas of the Philippines. Economic growth must occur so that the country can improve the electricity it provides. Solutions are available that will give millions of people access to electricity in the Philippines, improving the lives of those who so desperately need it.

Internet users in Philippines:



As of February 2022, there are **79.66 million** internet users in the Philippines and 72.7 percent Internet user penetration rate according to Statista.com with median download speed of 18.79 megabits per second (Mbps) for mobile internet and 49.10 Mbps for fixed broadband according to Ookla Speedtest.^{30 Mar 2022}

Filipino's have flocked online in recent years, and with covid lockdowns only accelerating this shift, internet usage in the Philippines in 2022 has reached new heights.

Why has internet usage in the Philippines increased?

Internet infrastructure in the Philippines has significantly improved, making it more accessible and affordable for everyone to use in daily life.

New telecom companies are emerging which offer improved coverage and speeds, making the internet a lucrative business for network providers.

Coupled with new social media platforms and increased appetites for online gaming, internet usage has become a necessity, with **Filipinos spending an average of 10 hours** online daily.

How many Filipinos are now online?

With over 79.7 million active Internet users as of 2020, the number of people in the Philippines with access to the internet is expected to reach 84.75 million by 2022.

The internet is no longer a luxury, it is now what Filipinos depend on to earn money, study and work from home.

It's estimated that 15.5 million households in the country contribute to the growing numbers.

Alternative ways to access internet has allowed for greater connectivity

Having a fixed internet modem in each household is not viable for all, so many Filipinos rely on mobile internet access.

Sending a Philippines top-up and using the credit to purchase data promos is incredibly popular, meaning the receiver has mobile internet access to stream videos, game online, make video calls and access social media.

Filipinos now enjoys some of the fastest Internet speeds in south-east Asia, averaging 7.5 Mbps, which is much higher than the global average of 4.9Mbps.

This is thanks to the country's major Internet service providers (ISPs) who are constantly upgrading their services to meet the growing demand for faster internet.

And since the number of Internet service providers are increasing, the growing competition has also resulted in a 'race to the bottom' for affordable internet for consumers.

The rollout of 5G connections in recent years has seen speeds significantly increase. In 2022, the Philippines was **ranked third globally** for 5G access in the country.

“...The Philippines’ weakest spot is internet affordability, which needs to improve by 4300% to match the best-ranking country’s result (Israel’s).”

People in the Philippines can buy 1GB for [the equivalent of] four minutes and 51 seconds of work each month, which is 21 percent higher than Indonesia.

On the other hand, people in Israel only need to work 5 seconds for 1GB, meaning Filipinos have to work 59 times more.

The Philippines also ranked 45th in internet quality — which measures speed, stability, and growth — and is “comparatively mediocre,” noting that it is around the same as the global average.

Philippines

<https://medialandscapes.org/country/philippines/media/social-networks>

The Philippine media landscape is full of contradictions. On one hand, it joins the global trend of technological disruptions ushering changes in the media economy, profession, and consumption. On the other hand, persistent socio-economic inequalities and the urban/rural gap limit the potential of these disruptions.

Social networks

For four consecutive years since 2015, Philippines has been at the top spot worldwide in terms of the amount of time people spend on social media, based on the report published by advertising agency We are Social and social media management platform company Hootsuite in January this year. According to the same report, Filipinos spend an average of three hours and 53 minutes on social media on any device everyday, hence the label ‘social media capital of the world’ (Pablo, 2018; Mateo, 2018). The report also shows that the average number of **social media accounts per internet user is 9.9**. Surprisingly, despite these figures, Philippines lags behind its neighbours in Southeast Asia when it comes to internet speed and cost (Pablo, 2018), although recent figures show that average internet speed in the country is fast increasing (We are Social and Hootsuite, 2020).

The report showed that Philippines has 73 million active social media users. This figure bears more significance if contextualised – the total population as of 2020 is roughly 109 million. An overwhelming 98% of these users access social media networks through their smartphones. These figures are higher than the numbers in some highly developed countries like Japan and South Korea (House of IT, 2018).

Facebook is the most widely used platform – 96% of internet users use the network, much higher than the U.S. figure (We are Social and Hootsuite, 2020). This is followed by YouTube (95%), Facebook Messenger (89%), Instagram (64%), and Twitter (56%).

Social media is also used somewhat extensively in e-commerce as 29% of the internet-using population search and purchase products through social media (We are Social and Hootsuite, 2018). Commercial firms maintain at least one social media account as a way of promoting products or services and getting in touch with the market. Furthermore, as of January 2020, Facebook reported that its adverts reach 70 million Filipinos at a given time (We are Social and Hootsuite, 2020).

Many government agencies and public figures, as well as private enterprises, have social media accounts to disseminate information and discuss with their ‘followers’. Advocacy groups and even belligerent forces are managing social media accounts to communicate their cause and establish a wider audience base. The Moro International Liberation Front and the Communist Party of the Philippines, for example, are publishing some campaign materials and other related content in their Facebook accounts.

Most of the news consumption is now done through television and social media (David, San Pascual, and Torres, 2019, p.4; Newman et al., 2020). Much of the traffic to the news websites was generated by social media, particularly Facebook (David et al., 2019, p.4), and media outlets now employ social media managers or community managers to manage audience engagement and expand reach. A lot of political engagement among Filipinos also happen in the Facebook social space. Based on an online survey with 978 Filipinos, David et al. (2019) found that following political figures and institutions on Facebook is

‘associated with higher levels of political interest and engagement’ and that using Facebook as source of political information is positively correlated with discussing politics frequently with others (p.1).

However, social media has become ‘weaponised’ in this setting (Ong and Cabañes, 2016, p.1), as groups and individuals were found to be implementing massive disinformation and discourse-hijacking campaigns for political agenda (p.5). Ong and Cabañes’ (2016) conducted in-depth interviews and online observation with operators of fake Facebook and Twitter accounts and the strategists who manage them. The researchers found that click farms, fake news, and troll armies were used systematically by players across the political spectrum to sow disinformation in social media. In another report, the political party of the incumbent president Rodrigo Duterte, Partido Demokratiko Pilipino Lakas ng Bayan or PDP Laban, was found to be hiring fake account operators especially during the campaign period (Bradshaw and Howard, 2017, p. 17). Duterte himself admitted that during the presidential campaign period in 2016, people were paid about USD 200,000 to ‘defend him on social media’ (Ranada, 2017).

The researchers noted that ‘disinformation production is a professionalized enterprise: hierarchical in its organisation, strategic in its outlook and expertise, and exploitative in its morality and ethics’ (Ong and Cabanes, 2018). They added that there is a system ‘has not only normalised political deception, but made it financially rewarding – especially for people at the top’.

This systematic campaign to sow disinformation and delegitimise non-state sources of information – ‘cyber attack (and) online harassment / trolling’ – is perceived by Filipino journalists as the ‘second worst threat’ in the current practice, according to a 2018 survey done by the International Federation of Journalists and Southeast Asia Journalists Unions (International Federation of Journalists, 2019).

Critics fear that Facebook and other social media networks can become venues for cyberattacks against perceived enemies of the government. For example, in June this year, hundreds of Filipinos reported dummy accounts on Facebook – accounts with their name (sometimes misspelled) but with no profile photo and few or no friends. One fake account reportedly sent a message to the real account, calling the person a ‘terrorist’ (Cabato, 2020). The hashtag #HandsOffOurStudents went viral as many netizens believe that these fake accounts could be used to implicate people in what could be considered as ‘terrorist’ acts online, especially because the fake accounts emerged at the time of the strong backlash against the then proposed anti-terror law (see CNN Philippines Staff, 2020b; see also Rappler, 2020b).

The social media scene in the Philippines has also become spaces for gender-based violence (offensive language, online harassment, among others). In fact, ‘cybercrimes against women’ is among the top three complaints received by the Anti-Cybercrime Group of the Philippine National Police (Occeñola, 2018). An empirical study also proved the link between depression and use of Facebook among Filipino college students (see Maglunog and Dy, 2019): Based on a survey with about 350 college students, there is a ‘moderate positive association’ between depression levels and time spent on Facebook.

Although social media has become a hostile space according to the experiences of many people, it played an important role during natural disasters (see Tandoc and Takahashi, 2016; Tandoc, Takahashi, and Carmichael, 2015). When super typhoon Haiyan barrelled across the Visayas region of the Philippines, the victims used Twitter ‘mostly for dissemination of second-hand information, in coordinating relief efforts, and in memorialising those affected’ (Tandoc et al., 2015, p.392). Others used Facebook for ‘collective coping strategies’ (Tandoc and Takahashi, 2016, p. 1).

As the pandemic crisis continued, more Filipinos turned to online selling particularly through Facebook (Rivas, 2020b) as face-to-face interaction and gatherings were restrained and millions lost their jobs during the lockdown (Lopez, 2020).

What do Filipinos do when using the internet?

According to the Digital 2022 report, Filipinos aged 16 to 64 spent an average of 4 hours and 6 minutes using social media each day within the past 12 months. The Philippines was the second most active country on social media.

Internet users across the globe spent an average of 2 hours and 27 minutes using social media within the same time period.

The report also saw that 51.4% of internet users in the Philippines follow influencers on social media. Among the countries included on the list, the Philippines had the highest proportion of internet users who follow influencers on social media.

Worldwide, at least 22.6% of internet users do the same.

Some Filipinos, meanwhile, use social media for work-related activities. Data showed that 36.7% of internet users in the country use social media for work-related network or research.

NUMBER OF SOCIAL NETWORK USERS IN THE PHILIPPINES

78.5m

FACEBOOK'S MARKET SHARE OF THE SOCIAL MEDIA MARKET IN THE PHILIPPINES

91.11%

AVERAGE DAILY TIME SPENT BY FILIPINO INTERNET USERS

4hrs and 8 mins

Filipino internet users were also found to enjoy doing other activities while using the internet, such as:

- Watching online videos as source of learning: 70.6% of Filipino internet users aged 16 to 64 watch how-to videos, tutorial videos, or educational videos each week.
- Streaming TV content via the internet: 98.3% of internet users in the Philippines watch TV content via streaming services each month.
- Listening to podcasts: At least 21.9% in the Philippines listen to podcasts each week.
- Playing video games: 96.4% of Filipino internet users play online video games on any device.

Some use the internet for cryptocurrency. The report stated that 19.4% of the internet users in the Philippines own some form of cryptocurrency.

Others, including 27.9% of internet users in the Philippines, use online banking, investment, or insurance applications each week.

Amid the COVID-19 pandemic, more internet users in the country also used the internet to answer some concerns regarding their health. Around 34.4% of Filipino internet users were found to search for health symptoms online each week.

Low concerns on security

The US Federal Bureau of Investigation's Internet Crime Report 2021 released last month found that an unprecedented increase in cases of cyber attacks and malicious activity online has been recorded as more people across the globe connect to the virtual world.

The FBI's Internet Crime Complaint Center (IC3) found that cybercrime reports and complaints gathered across the world, but mainly from the US, had brought losses exceeding an estimated P360B (US\$6.9B). In terms of financial losses suffered and reported by victims, the FBI IC3 identified business email compromise (BEC) and personal email account compromise (EAC) as the costliest types of cybercrime reported last year across the globe with estimated losses of up to P124,709,369,056 (\$2,395,953,296).

It was followed by investment scams and confidence or romance fraud as the second and third costliest types of cybercrime globally.

Despite these harrowing figures, data from the Digital 2022 report found that only 34.8% of internet users in the Philippines expressed concerns about how companies use their personal data online.

At least 38.8% of internet users worldwide said they are worried about how their personal data are used by companies while using the internet.

Based on FBI IC3's data, the Philippines was among the top 20 countries with the most cybercrime victims, or individual complaints, submitted to the IC3 last year with 1,051 victims.



THIS IS HUMANITY stupified!



Getting the Hell out of here!!

How do you feel about this ... ?

Should we start by asking; “what do you feel about this ... ?” then we go straight to our mind and start intellectualising a response. However, by asking; “how do you feel about this ... ?” then we might pause and reflect upon our feelings and even consider our feelings.

There are two very distinct ways of living. Firstly, we all have been guided, taught, coerced and directed to live mind-centric. ‘Use your brain Mary / Johnny’ has been hammered into each us. We have been literally brought up to worship our mind / brain.

Well folks, let us consider this! When we die we lose nothing of our intelligence and memory. When we are dead we are more alive than ever! Yes, we may lose a lot of weight but our faculties, senses, feelings, memory and intelligence continues with us, all in perfect working order. Our brain is nothing more than a dumb computer terminal, it is an interface between our physical self and our spirit body mind which in turn is an interface to our soul which is the source of all that we are and is our being.

Thousands of years ago, a couple of ‘bright sparks’ prompted us, being Earth’s humanity, to embrace our minds as being all powerful and the pathway for us to becoming mini-gods. And we see around us those who act and appear to believe that they are already ‘mini-gods’!

Our parents from the very moment of our conception start to impose their will upon us, even though they are mostly unaware that we are commencing to form. All through our gestation period in the womb we are absorbing the emotional injuries and errors of belief of our parents and those close by in our family circle. We are already being conditioned to live mind-centric, to embrace our mind and to suppress our feelings.

So, what is so brilliant about our minds? Our mind cannot discern truth from falsehood. It does not know innately what is right or wrong and it cannot discern what is best for us and what is not. It cannot make the right choice. And this is how we are indoctrinated to live by our parents. Further, our mind is addicted to untruth – so now you can see why we mostly get it all wrong. So that no one misses out on our adopted pathway of chaos and disaster, our mind is a control addict! We impose our will upon all others all the time. Look at what is continually being put to us by everyone and everything all the time!

Then our educators continue with the same impost, our religious and spiritual instructors do the same, then our employers, and to cap it all off, the multiple layers of government impose their ‘LAWS’.

YOUR BRAIN IS A SUPERCOMPUTER

Update its software:

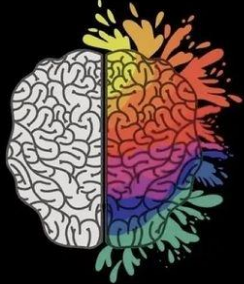
- Books
- Podcasts
- Experience

Protect its battery:

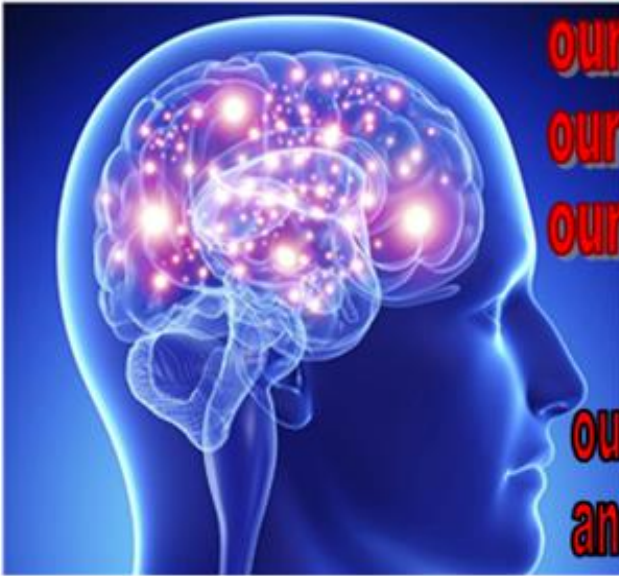
- 8 hours sleep
- Connect with nature
- Technology detox

Clean its hard drive:

- Meditate
- Journal
- Self-talk







**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

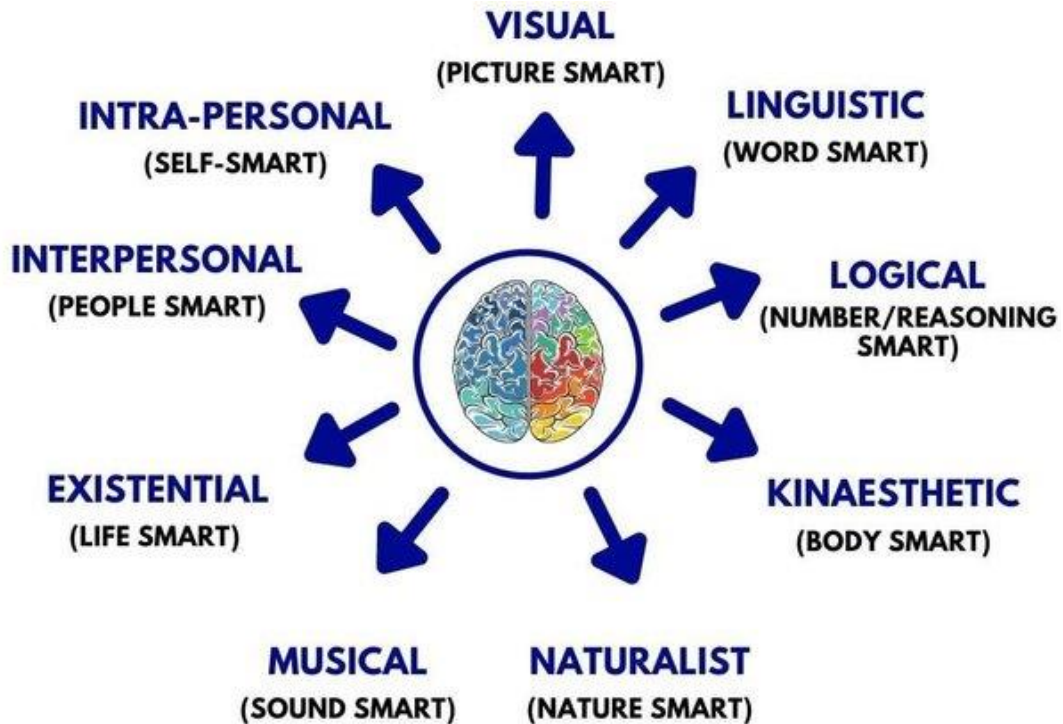
Assumptions are the product of the mind, so how does that make you feel? When someone starts a conversation with; 'I think!' then you know they are going to discuss an assumption or a series of assumptions. Kindly observe your own assumptions. The error rate is about 98% with 2% only being flukes. When we act upon an assumption we invariably have to backtrack and rework what we have done. Look at research papers. When you start to count the number of 'assumptions' that the research is based on then it will end up being a disaster. Mostly the number of 'assumptions' will tally up well into the double digits and they call it 'research'.

Now that you can consider that our minds are addicted to untruth and that assumptions are generally 98% in error, then you are allowed to consider that all institutionalised systems are not just flawed, they are grossly in error, they are subjecting us to suppression and control and that all that we have accepted and embraced has been of great harm to us, continually for many thousands of years. You may also consider that we are continually to 'look up there' when we are to look somewhere else to discover the truth of what we are being deceived about. There is nothing that we will not need to dismantle and then rebuild on truthful foundations. NOTHING!

Ten ducks in a row, but one always misleading or misled!



THE 9 TYPES OF INTELLIGENCE



A STATE of MIND!

Middle class is a state of mind. The poor have got nothing to lose and live in the moment. The rich are in cahoots with government to pass laws to suit their interests.

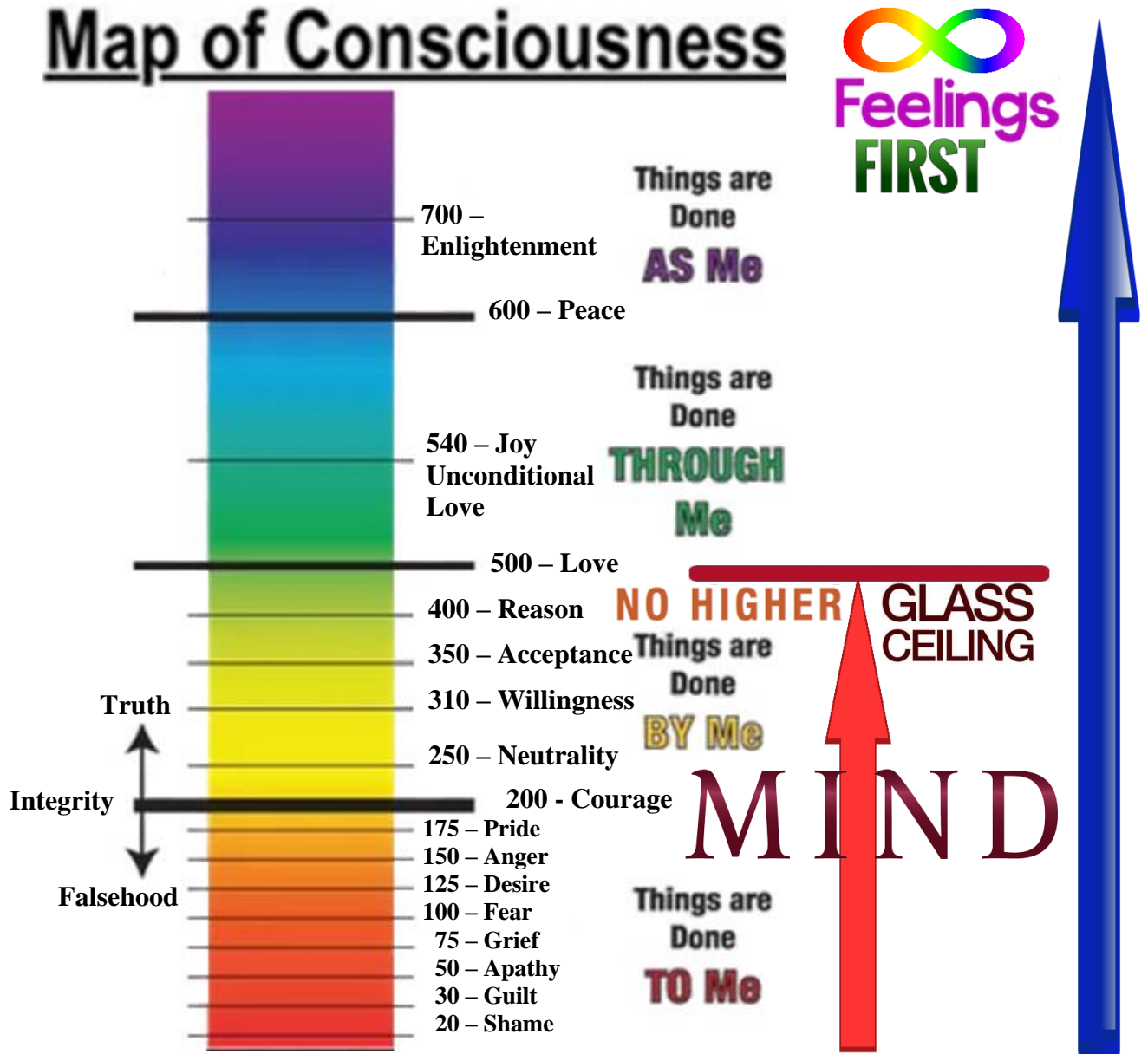
Many who are told that they are at a given level of competency or incompetency tend to accept this as a rock solid truth and this becomes a lifelong barrier to their progress. This is a controlling mechanism recognised and utilised for thousands of years by high level invisible controllers.

The Caste System of India is one such powerful mechanism. The Caste System now has been repackaged for our modern environment, it is now the Intelligence Quotient (IQ) assessment process. The consequences are the same. It has become a psychic barrier that will require long term continuous attention to address the false dichotomy that many have embraced as a belief.

We each have an enormous innate potential. We will each go on and achieve incredible capabilities – once we heal ourselves of our childhood suppression – the elephant in the room!

To bridge and overcome these barriers we are to strive to live feelings first having our minds to follow, our mind assisting in implementing what our feelings are guiding us to consider and embrace. Not the other way round as it has been these past 200,000 years of Rebellion and Default.

Map of Consciousness



ALL spiritual and religious systems and institutions apparently espouse to lead us to higher levels of consciousness on a pathway to Heaven. Instead, they have all supported the way of life of being mind-centric. While we ignore and suppress our feelings, our soul based feelings which are always in truth, then we cannot progress beyond 499 on Dr David R Hawkins' Map of Consciousness scale. We cannot progress beyond what is the ceiling of consciousness for those now in the 1st spirit Mansion World. There are seven Mansion Worlds that we are to progress through before we can enter the 1st of the Celestial Heavens. These spiritual and religious systems and institutions continue to do the begging of the 'bright sparks' who imposed this entrapment and suppression upon all of humanity. These spiritual and religious systems and institutions are not doing anything to advance humanity – they are aiding our controllers!

EINSTEIN'S THEORY OF INSANITY

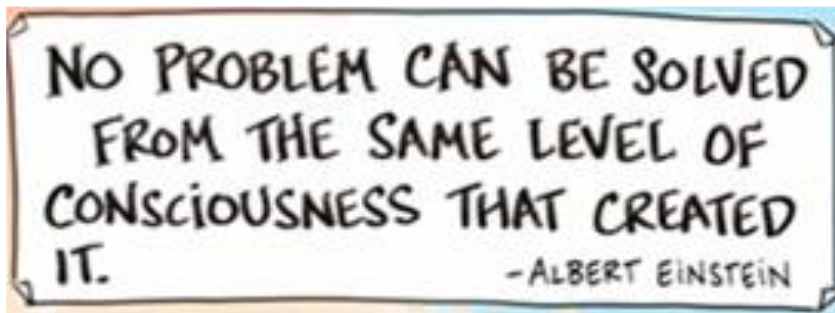


DOING THE SAME THING
OVER and OVER and
EXPECTING DIFFERENT
RESULTS.

After some 200,000 years, there are a pair now here on Earth who are of a higher consciousness than those who created the problem that has engaged all of Earth's humanity, and this couple have

taken on the extremes of the Rebellion and Default and are healing themselves of it in demonstration for humanity to emulate and follow in the doing of their own Feeling Healing. This is the culmination of 4,000 years of progressive steps, physically commencing with Machiventa Melchizedek, then Jesus and

Mary of Magdalene, and now the Avonal Pair. Yes, all of these personalities are each of a higher level of consciousness than those who created the Rebellion and Default on Earth. And no, doing the same thing over and over is not the pathway forward.



Yes, it is clear to many that democracy, whatever that means to each of us, is flawed within the most powerful nation that purports to support and promote it around the world. Democracy in whichever nation it is said to be in has been hijacked for the benefit of the few. Deception prevails.

It is not a nation drinking through the straw, draining the wealth of other nations. It is the hidden silent few draining the many within the umbrella of national structures and arrangements. These crafty few families have for many generations drained the collective wealth of the majority without being brought to account. These few families control governments, if they cannot then they control the second tier of the administration of those governments and are always positioning and training compromised replacements in all the critical positions to do their begging and be their puppets.



How could they possibly do this? Specific secret societies are a conduit and network worldwide. Should you look at the societies that each of the presidents of USA have been active members of then you see the controlling pathway. These secret societies typically link up through Lodges at their highest and secluded levels, which in turn may lead back to, say London and then to a Club. It is in one such Club that the majority of United States America then future presidents have been anointed. Funding of election corresponds with the acceptance and endorsement of appropriate 'policies'. The hidden controllers have

been successful for the majority of US presidential elections through this pathway. Donald J Trump spoiled the election of Hilary Clinton, so that was a failure for this covert controlling group.

Over the decades we can all see the ever expanded tentacles of suppressive debt being imposed upon families. All systems are structured to make us all obedient consumers and corresponding debt slaves. Home finance was limited to 80% of valuation then with 'insurance' systems it is now 95% and greater. Consumer finance became more and more accessible for motor vehicles, then large home appliances and now it is almost instant on everything. Credit card finance can be almost unlimited. And now it is education financing that literally guarantees a funded student a life of debt slavery whereas education was free for all and needs to become free for all once again. And if you should have ill health in USA then medical expenses may most likely send an uninsured into bankruptcy.

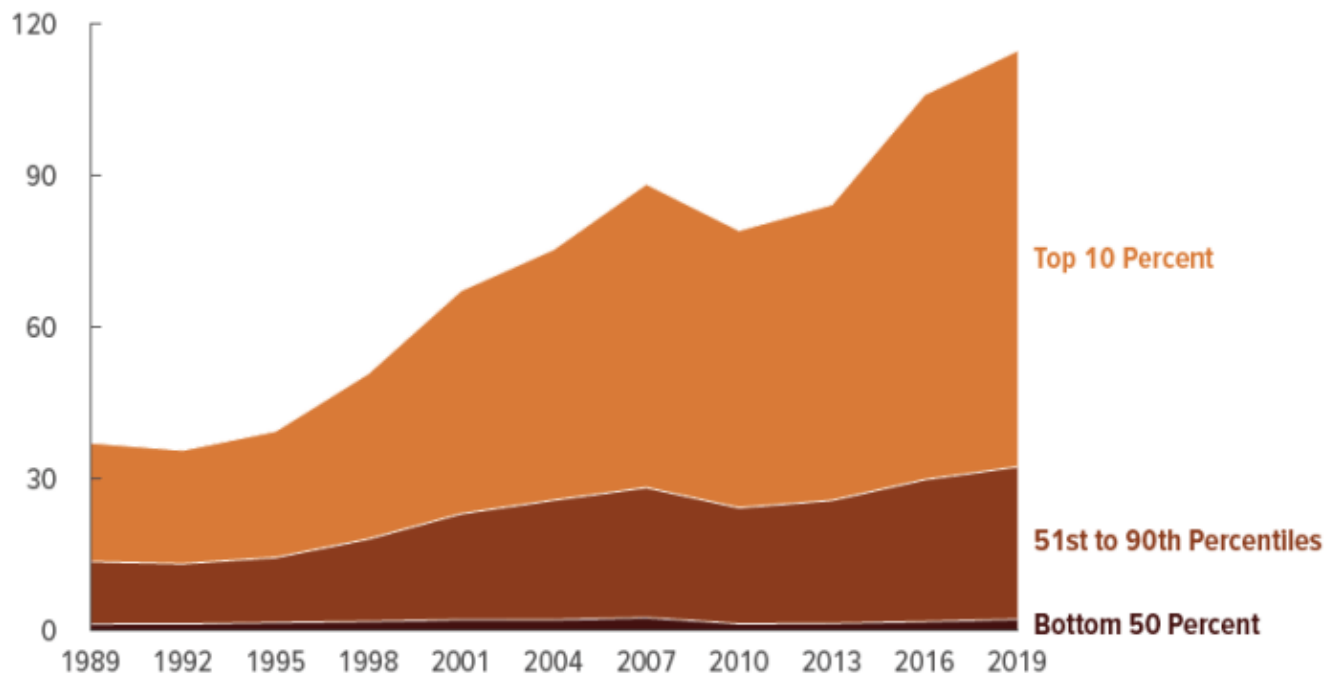
Step back and look at processed food. The ultimate control and ownership of processed food may lead you to the same few mega-wealthy families who control such food distribution networks worldwide. The nutrition value of highly processed package food is NIL!

These hidden secret controllers may appear benevolent but they are also the funders of wars – BOTH SIDES. Then consider looking at the ultimate ownership of military industry complexes!

Total Family Wealth, by Wealth Group

Trillions of 2019 Dollars

Distribution of family wealth in the USA.



INEQUALITY:

From the end of World War II until the early 2000s the number of democracies and the proliferation of human rights was generally increasing, but since then, it has been slowly decreasing. What is a good explanation for this change?

Two internal Western factors and one external.

- Unprecedented rise in *inequality*, in some countries to the pre-WWI levels. More and more people are getting less and less of the cake, and the fact that the cake is growing nicely, somehow doesn't make them happy



- Exhaustion of the welfare model as the foundation of liberal democracy, because of the *demographic decline*. Millennials and their kids must work more and harder for the same pay to uphold the comfortable lifestyle of retired people. They can't do anything within the democratic framework. The numerous, long-living, fun-loving baby-boomers outvote and outcompete the youngsters in politics, hands down and dentures out.
- The epic success of the *meritocratic autocracy* in China. It seemingly substitutes the short-sighted unpredictable chaos of democratic consensus-building with an impenetrable, depoliticised, benevolent stability and long-term planning horizon of one-party rule.

**Military Expenditure worldwide pa US\$2 Trillion
vs Humanitarian Aid worldwide pa US\$50 Billion**

Gun Ownership and Homicides, Selected Countries

| | Civilian-owned guns per 100 people (2017) | Gun homicides per 100,000 people (2019) |
|----------------|---|---|
| United States | 120.5 | 4.12 |
| Canada | 34.7 | 0.5 |
| Australia | 30 | 0.18 |
| Norway | 28.8 | 0.07 |
| Israel | 6.7 | 1.05 |
| United Kingdom | 4.6 | 0.04 |
| Japan | 0.3 | 0.02 |

Sources: Small Arms Survey; Institute for Health Metrics and Evaluation.

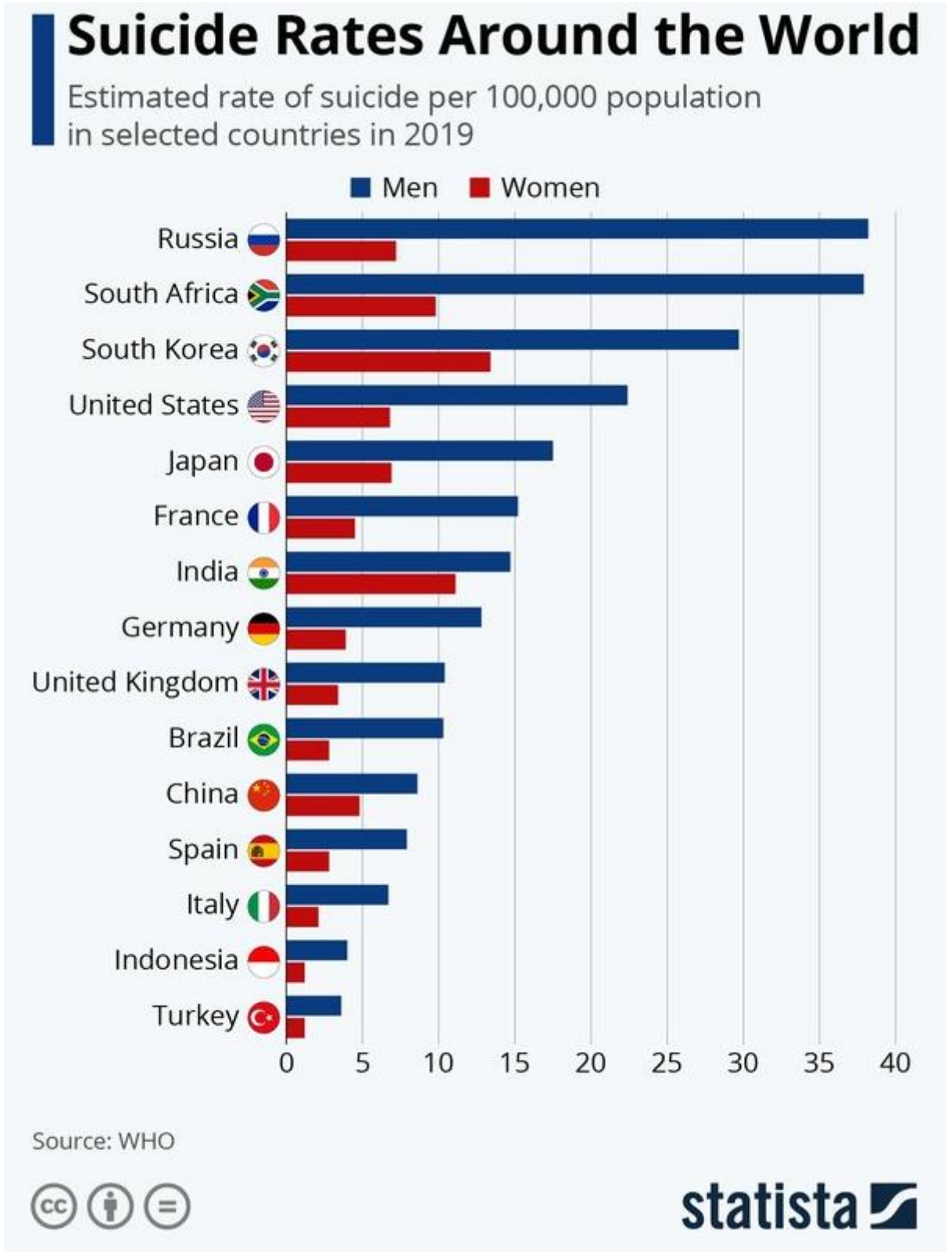
COUNCIL *on*
FOREIGN
RELATIONS



Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

COMMERCIAL IN CONFIDENCE



Suicide mortality rate (per 100,000 population) in Philippines was reported at 2.2 in 2019, according to the World Bank.

“The True Liberation of Women is Through the Truth of Their Feelings.”

Imagine women came to understand their True Liberation is through the Truth of their Feelings.

It's time for the true Women's Revolution:

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you don't, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of yourself, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

James Moncrief 18 March 2018

Living FEELINGS FIRST

FEELINGS FIRST **For Kids**

COMMERCIAL IN CONFIDENCE

The subject of WOMEN'S LIBERATION:

19 May 2003

As it has been evolving, women have been gaining equal rights with men. And so they should, men shouldn't make them feel inferior in the first place, women should always have felt equal, but men need their power over women, as women – their mothers – have made them feel so powerless.

What I want to point out is that women are setting out to be the equal of men, but that is being equal with men who are negative minded, and negative willed. Women want to compete, gaining equal status in the negative, in controlling things negatively, just as they see men do. And if this is what a woman wants then she should be able to have it, but what we want you to understand is that this sort of women's liberation is only liberation within the negative. And we want ALL WOMEN AND MEN to be equally liberated from their negative rebellious and unloving minds. So it's a different type of liberation: true spiritual liberation, we are suggesting.

Women are the true spiritual leaders, however if they merely persist in competing with men for power within the negative they will gain nothing. They will be selling out their soul and selling themselves out with a false liberation.

Jesus – co-regent of Nebadon with Mary Magdalene

12 June 2003

One day you will revere the child as the most precious thing on your world, and everything will start to be designed with children taken into full consideration. If you think that humanity seems to be changing fast in its exploration of relationships, think again, it hasn't even got going.

The great changes heralded in the forthcoming age are to be changes in relationships between you all. Things will become secondary, as you start to sort out once and for all, the truth of your relationships together. Women's liberation is only the first up-welling allowing women to feel somewhat more equal with men, but still all in the wrong ways. From here, at least being wrongly equal you can start to tackle the bigger issue of being all wrong. And then look at how you are torturing your children. This will be the biggest eye opener and the hardest for most to accept. The private and sacred ground of the parent-child relationship will soon come under closer scrutiny with the braver of you accepting the truth and wanting to see it, and then wanting to do something about it all. This will show up just how lacking in love you are and how much you are playing games of charade when it comes to happy families.

The purging of humanity, to come clean and admit just how evil it is, will be a big challenge. Not all will be able to do it in this age, but great steps forward will generate enough momentum to carry it on into the future ages. Your torture of one another and of yourselves cannot go on. You are all crying out for help and relief from the pain and torment, so now you can do something about it. So many people say nothing makes sense, and that's because it doesn't. It can't add up in the negative, but at least now you know the way to do something about it. The upsurge you experienced towards the end of last century will only continue getting stronger with each generation.

Mary Magdalene – Jesus' soul partner

Hello Ladies; please allow your feelings to be the pathway to liberation. There is no need to endeavour to be equal or like men. They have no answer for those who aspire and live through their feelings. As you do so then you will automatically realise that you are not only equal but then leading the men. John

Kindly go to www.pascashealth.com then to the Library Download page, scroll down to Pascas Care Letters and click on to open and download:



[Pascas Care Letters Women's Liberation and Mother.pdf](#)

WOMEN LEAD

Saturday, 19 August 2017

Helen – 3rd Celestial Heaven: **No man has any real power, that's the irony of the Rebellion and Default, you only believe you do, but it's a farce, and as much as women feel so dominated and powerless, they actually have all power because mostly the men leave the child raising in the hands of women. So the child turns out to be as the woman wants it, although most women aren't aware of that or of the actual power they wield, still that's how it is, with you living in what seems on the surface a man-dominated and run world, yet scratch that surface and dig deeper and you'll see it all comes from your early childhood and it was mothers who were mostly in control for you then.**

Women want their liberation, they want the power they believe they are being denied, yet ironically as well, they've already got it, they've always had it, as the men don't want to take over rearing the children. However women have failed to realise that they've had their own freedom in the palm of their hands, nursing their babies, and could have parented their children to take that power into their own hands. However that hasn't happened fully yet, however women are trying to get it now, which is just taking back the power they believe is rightfully theirs, yet is just the power of being rebellious and evil, so it's not that great, as they would see should they ever succeed in getting it fully from the men.

Pascas Papers are to help women embrace the truly spiritual way of life on Earth, helping them understand the importance of their very own feelings, helping them understand that to deny them is hurting them, is going against themselves, is being very unloving and disrespectful to themselves, so if they truly want to be loving of themselves, and so loving of their children and do the right thing, then they'd better start living true to their feelings and stop denying them.

And so it's the most momentous time for humanity coming right up. We women Celestial spirits are on the march, and as the Mother told you James last night, you are to help us and give us all the support you can, and do as we ask of you so long as your feelings agree with it, which you are doing now by allowing me to write all of this with you, so the **Revolution Of Woman Power is commencing, and it's very thrilling to say the least! So don't worry about your hair falling out Crystal, looks aren't everything you know, and there are far greater things for you to do.**

**Feeling Healing with
Divine Love is the key**



**to enter the
Celestial Heavens:**

**This time, in the history of humanity, is
the most exciting time ever experienced.**

COMMERCIAL IN CONFIDENCE

WOMEN are the TRUE SPIRITUAL LEADERS of HUMANITY!

Our soul manifests a male and female personality – it is a duplex! One soul – two personalities! Our soul is the centre of our two personalities. We are children of our Heavenly Parents, our Mother and Father.



We are meant to live through the guidance of our soul based feelings – not live by our mind. Our mind cannot discern Truth. Our mind is addicted to Untruth. Our mind is a Control Addict.

High level spirits seduced humanity to live through their minds, thus bringing about the Rebellion – 200,000 years ago! Then the Adamites Defaulted on their mission – more than 38,000 years ago.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate / soul partner and also our Heavenly Mother and Father.

As we are rebelling against our soul partner, the other personality originating from our common soul, we are being toxic to him or her. We carry this pattern into our relationships with others of the opposite sex. Many commit heinous crimes against their soulmates / soul partner only to discover this upon completing their Healing.

REBELLION

When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

And it is the women that will lead the way in Healing, not only of themselves but also for men.

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Feelings First Spirituality, The New Way
Feelings are your own truth and personality
LIVE FEELINGS FIRST

COMMERCIAL IN CONFIDENCE

HUMANITY is within a kind of dormancy, or even more like a stupor!

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.

It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self-denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self-conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Celestial Nanna Beth 20 – 23 April 2018

**PASCAS
PERS**

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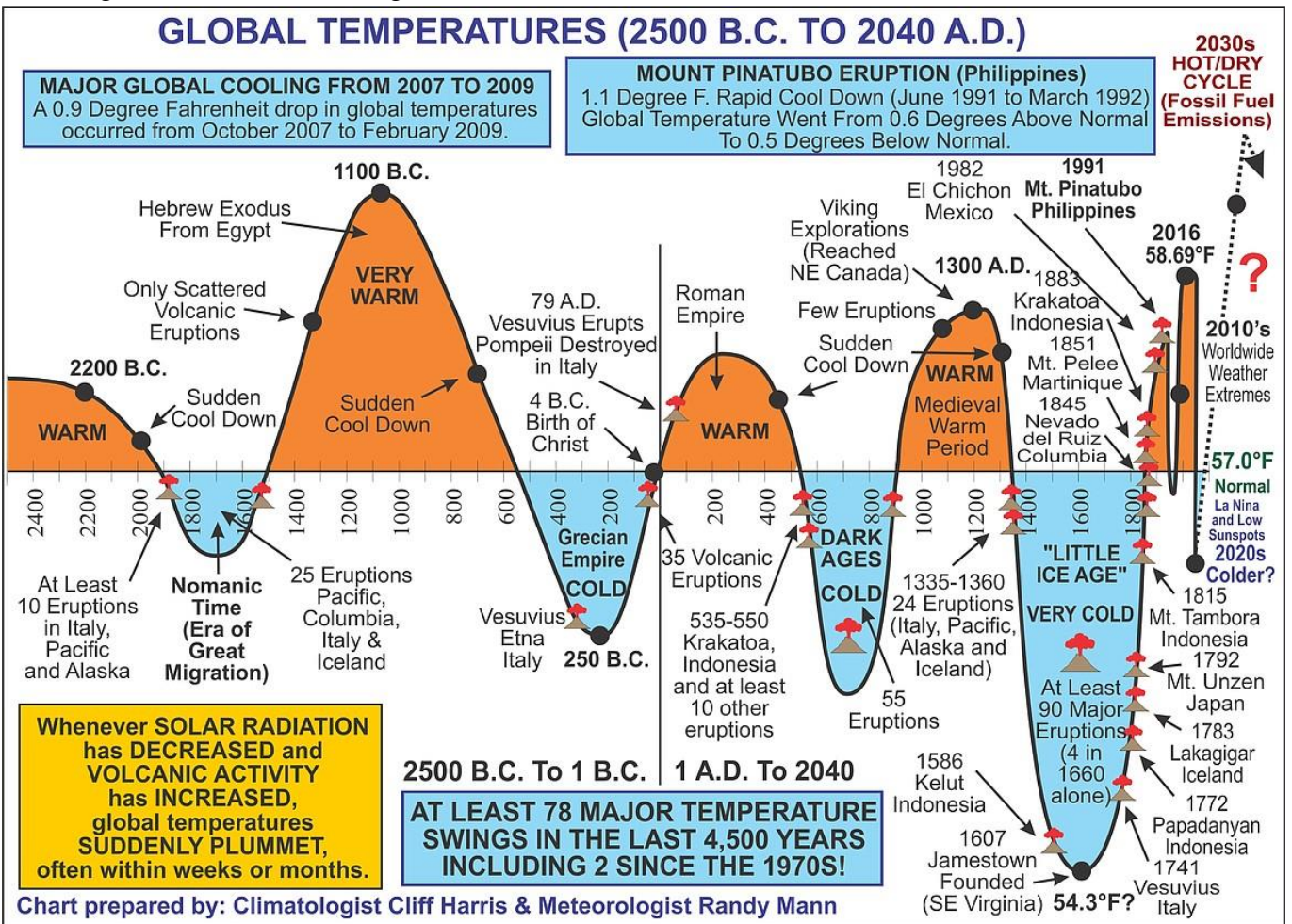
EARTH CHANGES



All the people of all the populations are being told that we are damaging the atmosphere causing global warming when the heating is unfolding at and from the core of Earth. Yes, down there!

During the second half of the 20th century (1950s onwards) there have been increases, if not surges, of energy received by our Sun from the core of the Universe. The Sun has transmitted this increased energy outwards and it has been received into the core of all the planets within our local solar system. In turn this increased energy has slightly increased the internal rotation of Earth's core bringing about surface tension, warming from underneath and significant changes in the pattern of weather events, earthquakes, volcanic activity (mainly under the oceans) and changes in our environments.

Yes, we need to reduce our polluting of Earth and also find and adopt alternative energy systems as the burning of combustible fuel is depleting a very finite supply of fossil fuels. But the changes in the ocean levels is not man made. The rotation of the core is spreading the oceanic tectonic plates thus some islands are rising and some are subsiding.








The BIBLE – or rather the NEW TESTAMENT

Religion in the Philippines

The Philippines proudly boasts to be the only Christian nation in Asia. **More than 86% of the population is Roman Catholic, 6% various nationalised Christian cults, and another 2% belong to well over 100 Protestant denominations.**

Commencing on 31 May 1914, Apostles Matthew, Mark, Luke, John, Paul, Judas, Peter, as well as Mother Mary, Mary Magdalene and Jesus of Nazareth have progressively written through James Padgett, Dr Daniel Samuels and Hans Radax, with copious writings now through James Moncrief. What they have addressed, amongst many revelations, are the significant errors and omissions throughout the New Testament. These can now be reviewed by going to www.pascashealth.com, then to the Library Download page, scroll down to Medical – Soul Condition & Health, then click on to open and download:

-  [Bible New Testament Matthew Peshitta Lamsa.pdf](#)
-  [Bible New Testament Revelation Mary Magdalene.pdf](#)
-  [Bible New Testament Review - Part I.pdf](#)
-  [Bible New Testament Review - Part II.pdf](#)
-  [Bible Old Testament Revisited.pdf](#)

The New Testament only had Matthew's notes that he had made during Jesus' public work, to start with. Most of the New Testament was written down a decade or much more after Jesus' death. Since then, assumptions and personal interpretations have compounded issues with the records. Copying and subsequent translations have been manipulated for political agendas. The knowledge of the availability of Divine Love was lost following the Nicean Council in 325 AD. Nevertheless, these some 300 pages containing around 185,000 words have fulfilled their purpose.

You will find that the commentary now added will lead most to conclude that the Catholic Church has got one thing right out of all its cannon laws, dogmas, creeds, rituals and sacraments – its name!

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

The event that is unfolding now is meant to be noticed and the records of revelations already exceed 60,000 pages, being more than 20 million words, and the public work is yet to formally begin!

This is a time of great change and with it comes enormous clarity and access to support that we have never previously experienced. The three major sets of writings are all part of the one revelation that has been unfolding since 1914 and continues today through 2022 and ongoing.



Plan no harm then have no pain. Your angels will celebrate your change of heart!

Our feelings will guide us to be free of any compensation and away from causing harm to others.

REBELLION and DEFAULT formally ended 31 January 2018:



All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one’s feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can’t change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.

**WE’VE BEEN SCREWED BY
LUCIFER REBELLION**



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018



Food Security Philippines

1st ranking in natural hazards and exposures risks according to the **INFORM Risk Index 2022**

64% of the population are chronically food insecure

113 million population

<https://www.ipcinfo.org/ipc-country-analysis/details-map/en/c/1044577/>

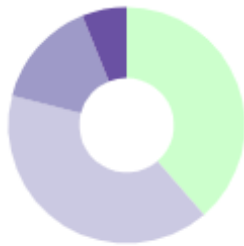
Around 64% of the population nationwide which accounts for 54.9 million Filipinos are chronically food insecure (IPC-Chronic level 2 and above). Specifically, this represents 39% mild, 17% moderate and 8% severe chronic food insecure population. Population of moderately and severely food insecure account for nearly **22 million people**. Of the 71 provinces analysed:

- **Four provinces namely Lanao del Sur, Northern Samar, Occidental Mindoro and Sulu** have been classified in **IPC-Chronic Level 4** (Severe Chronic Food Insecurity), accounting for 658,000 people.
- **Forty-eight provinces have been classified in IPC-Chronic Level 3** (Moderate Chronic Food Insecurity) while the remaining nineteen provinces have been classified in IPC-Chronic Level 2 (Mild Chronic Food Insecurity). Approximately 21.6 million Filipinos are facing higher level chronic food insecurity (IPC-Chronic level 3 and 4). The population classified in IPC-Chronic Level 3 and 4 are of major concern which is highest in Lanao del Sur, Occidental Mindoro, and Northern Samar (50% to 52%) followed by Sulu, Masbate, Samar, Zamboanga del Norte, Maguindanao, Sultan Kudarat, Southern Leyte, Zamboanga Sibugay, Bukidnon, and Saranggani (40 to 49%). The population estimates providing a summary of the number and percentage of food insecure population is presented in Annex B.

Summary of Classification Conclusions

- Severe chronic food insecurity (IPC level 4) is driven by poor food consumption quality, quantity and high level of chronic undernutrition.
- In provinces at IPC level 3, quality of food consumption is worse than quantity; and chronic undernutrition is also a major problem.
- The most chronic food insecure people tend to be the landless poor households, indigenous people, population engaged in unsustainable livelihood strategies such as farmers, unskilled laborers, forestry workers, fishermen etc. that provide inadequate and often unpredictable income. Thus, it is likely that these people are not able to satisfy their food and non-food needs in a sustainable manner.
- Provinces highly susceptible to flooding, landslides and drought are prone to experience excessive stresses on their coping mechanisms.

Food Security Philippines



| Level | Population | % |
|---------|------------|----|
| Level 1 | 28,391,075 | 33 |
| Level 2 | 29,741,456 | 34 |
| Level 3 | 10,882,886 | 13 |
| Level 4 | 4,486,853 | 5 |



Project to address food security issues in PH via improvement of vegetable value chain begins
https://www.jica.go.jp/philippine/english/office/topics/news/220121_02. 21 January 2022

The COVID-19 pandemic and vulnerability to natural disasters highlighted the urgency to further boost the Philippines' food security.

Said challenges caused bottlenecks in the country's supply chain and sparked food shortages and hike in food prices due to transport and frequent lockdowns. With these, the Department of Agriculture (DA) and the Japan International Cooperation Agency (JICA) kicked off recently the first phase of a technical cooperation project that seeks to study the gaps in the country's vegetable supply chain network, address food security, and help raise the income of farmers.

The Project for Market-Driven Enhancement for Vegetable Value Chain in the Philippines (MV2C-TCP) is a five-year initiative which will be piloted in major production areas for highland and lowland vegetables. One of the project's outcomes is the vegetable value chain roadmap outlining challenges, solutions, and stakeholder roles seen to benefit all of vegetable-producing regions in the country.

"The pandemic and recently, natural disasters, serve as wake up call to look for opportunities to improve food security and the food value chain network," said OHSHIMA Ayumu, JICA Senior Representative. "We've seen how food inaccessibility not only led to hunger in vulnerable groups but also affected the income of farmers whose produce were not able to reach more markets."

The Food and Agriculture Organization (FAO) reported that the pandemic and its related restriction measures have aggravated the lingering challenges faced by the Philippine agriculture sector such as low farmers' income and disconnected value chain. The report also said that COVID-19 is likely to result in reduced production and food inaccessibility.

In 2020, the Philippine agriculture sector made up 10.2% of the country's GDP and employed 9.75 million workers based on Philippine Statistics Authority (PSA) data. Government data also shows that some 7.9 million hectares of Philippine lands is devoted to agriculture. Unfortunately, based on the Global Hunger Index, the country is ranked 68th out of 116 countries surveyed in terms of hunger level which could further be exacerbated by climate change patterns and evolving pandemic.

"JICA believes this is a timely cooperation as we map the roles of every stakeholder in the agriculture sector and firm up solutions to tackle food security and identify opportunities to support small-scale farmers," added Ohshima.

The JICA-DA cooperation includes market survey and value chain survey as well as training of Filipinos in Japan on new technology and farm administration practices.

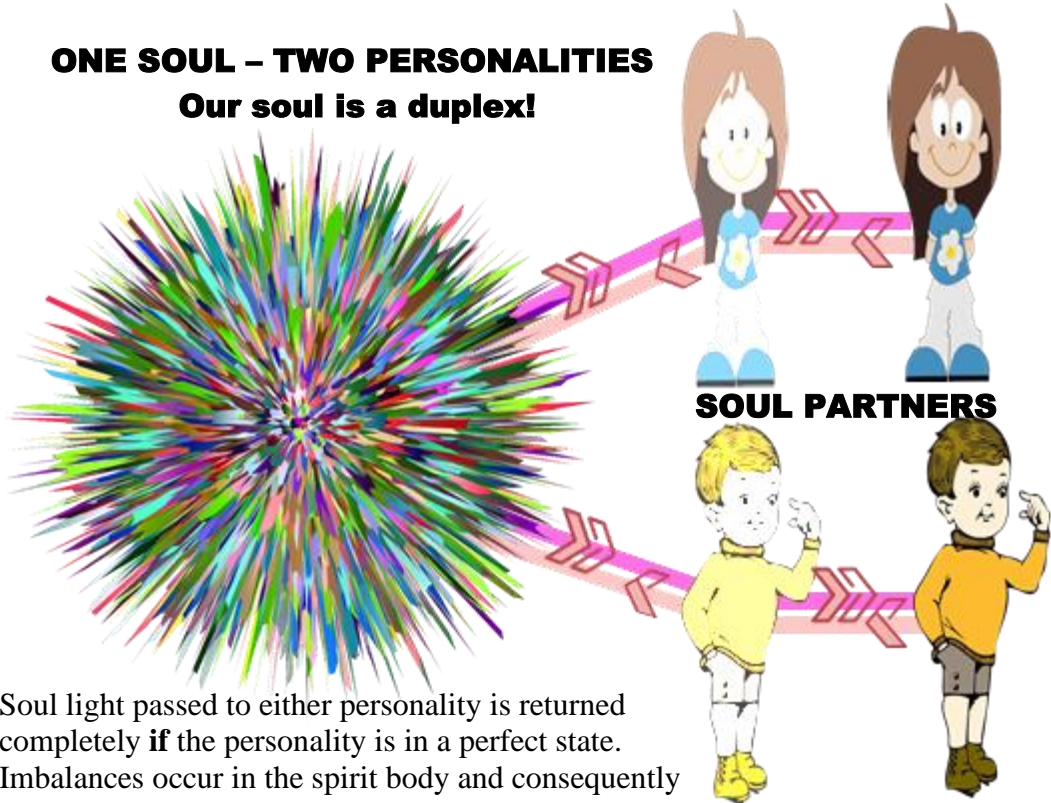
Aside from technical cooperation, JICA has been supporting the Philippine agriculture sector since the 1960s through **building basic rural infrastructure such as farm-to-market roads, post-harvest facilities, and irrigation systems in agrarian reform communities.**



Agricultural terminals in Cebu (left) and Quezon (right) depicting current issues in the Philippine vegetable value chain.

OUR PHYSICAL HEALTH is DEPENDANT UPON BALANCING the RETURN of the LIGHT RECEIVED from OUR SOUL

ONE SOUL – TWO PERSONALITIES
Our soul is a duplex!



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

To balance the soul light flow through the circuitry requires our **FEELING HEALING** to be completed. This will require of each of us a great effort over years. **FEELING HEALING** has now been demonstrated for the first time in the history of humanity.



Feelings First with Mind to follow in support.

COMMERCIAL IN CONFIDENCE

END to the REBELLION and DEFAULT – 31 January 2018:

31 January 2018: Nanna Beth, 3rd Celestial Heaven: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now ‘Ours’. It’s been a long time coming, but it’s a huge milestone and marks a tangible and real end to the Rebellion and Default. It’s one of a number of ‘End’s’ that are to occur.

With the departure of the Caligastias and Daligastias (C&D) some years ago (1993), humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we’ve told you, basically calling the shots still happy to ignorantly carry out C&D’s plans. But now with our systematic and progressive take over, we’re now in complete control.

And what that means is we have our fingers in every pie and we’re on the case so far as what everyone is doing. However it doesn’t mean we’re taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it’s unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it’s another end of things and beginning of the new. And it’s basically what we’ve been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it’s been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity’s got a real tangible safety-net under it now, so no more ‘downside risk’, it all being to move it toward doing its Healing.

I’ll speak again soon – love Nanna Beth.



COMMERCIAL IN CONFIDENCE

Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

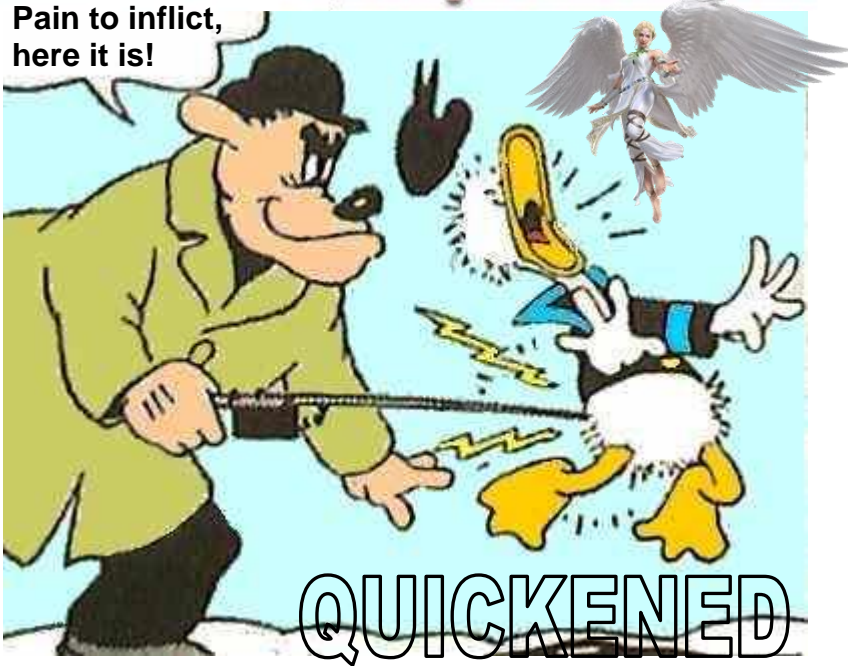
We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

THE QUICKENING Law of Compensation

Law of Compensation

Pain to inflict,
here it is!



Nanna Beth – 3rd Celestial Heaven, 2 April 2019:

‘Earthing’ levels of the Law of Compensation are far greater than anything humanity could ever come up with so far as ‘destroying one’s enemies’. And yet people are not or no person is the enemy. This change is solely for humanity, to help everyone, even the worst most controlling person, to help them end being helplessly and hopelessly trapped within their wrongness, even if they can’t see it nor believe they want to end it. So in the short term they might not give any thanks for what is to be done – what is now being done – however everyone will come to understand and be grateful for ‘turning it around’, for turning them around, for stopping them continuing on in their mad rebellious rush to oblivion.

THE TURNAROUND

A lot of mostly well-meaning people will be fine, like how it is for most well-meaning people when they arrive in the Mansion Worlds, with a few minor adjustments being made. But overall, a huge sense of relief being experienced that ‘God has your back’, that you can finally trust and rely on God to ‘look after you’ because no one will be able to hurt or harm you as they’d instantly suffer such trauma themselves and even possibly before they got to the point of openly inflicting it on you.

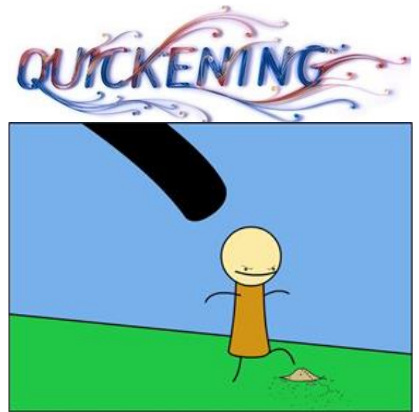
GOD'S GOT
YOUR BACK!

A hypothetical example of how the quickening or ‘Earthing’ of the Law of Compensation may work as it does within the 1st Spirit Mansion World:



James: What’s to stop the hidden controllers discovering I like women, to set me up with say a nice Russian alluring Jewish woman, who comes into my life on the pretext of wanting to do her Healing, only to stitch me up or knock me off? I like allowing my woman-fantasies to run amuck, as you understand?

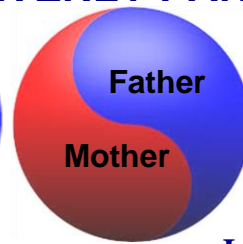
Nanna Beth – 3rd Celestial Heaven: In the context of all of this, it’s a valid point James, to which I will counter by saying she will not come to you in that light. Firstly, being Healed, you will not feel the same fanciful attraction to such women; and secondly, she wouldn’t get a foot in the door, because once you are fully Healed (or the Avonal Pair), then you both personally have ‘lowered the Law of Compensation’, so it is instantly applied; which means, should anyone seek to even contemplate harming you, let alone the physical destruction of you, then that person or persons will be ‘struck down’ by the Law of Compensation hardly able to function anymore as all the pain of that harm they were wishing to inflict on you would become inflicted instead on them, with their angels making it happen, leaving them in no condition to approach you, to seduce you with any feminine charms, or to plot blowing you up from afar. And then, as we’ve talked about, that personal relationship with the Law of Compensation, because through your Healing you have fully settled it within yourselves, will be imposed on humanity when the time is right, by you (or the Avonal Pair) carrying out the dictates of the Eternal Son and Infinite Daughter. And when that happens, there goes all the plans of the Evil Ones, all the Jewish control and anyone else seeking any sort of control over nature or anyone else. And as we talked about yesterday, then it will be like a ‘blanket from Heaven’ will descend over the whole world – the whole of humanity, and a spiritual blanket – bringing with it a sense of peace as everyone instantly becomes subjected to the Law of Compensation to the level of the first Mansion World. However up until that time, so the plans of the Rebellion will move toward fruition, with we Celestials mitigating some of them, those we’re allowed to interfere with as you progress in your Healing.



HEAVENLY PARENTS



Eternal Son of Truth



**Father
Mother**



Infinite Daughter of Mind



Angels of Encouragement to Behave! We each have two angels with us at all times.

When the time comes, the Angels will administer the Law of Compensation as it is Earthed. It is through the earthing of this law that an era of peace may prevail over humanity on Earth. A form of the carrot and the stick. The carrot being our transformation through undertaking our Healing with Divine Love – Soul Healing.



Let's Be Friends

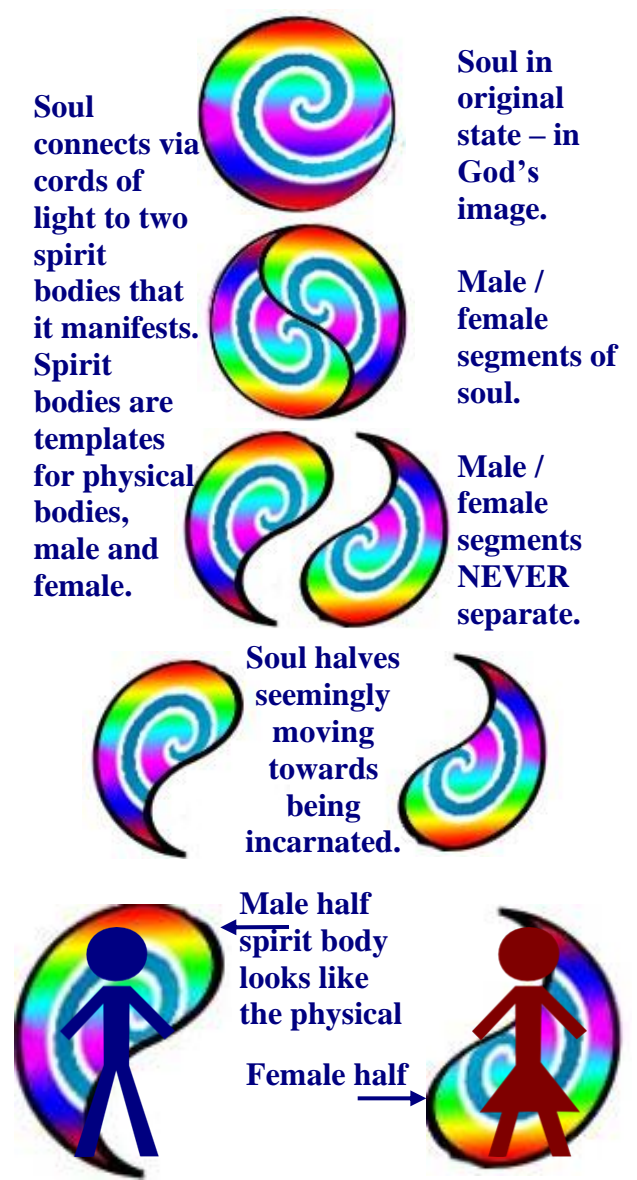
The SOUL DOES IT ALL. THE SOUL INITIATES CONCEPTION AND THE GROWING OF THE PHYSICAL AND SPIRITUAL BODIES, AND ALL THAT CONNECTS THEM TO EACH OTHER AND TO THE SOUL ITSELF.

The soul oversees EVERYTHING – we are soul. And our soul is duplex, in that it has bestowed upon it, two unique personalities by its Creator Parents – our Heavenly Mother and Father. So at conception, our soul incarnates you, one of the two personalities into Creation – life. The soul does it all. The soul doesn't come at some point embracing the embryo. The embryo wouldn't exist if it weren't for the soul wanting it to exist. We are never separate from our soul.

We are one of the personality expressions of our soul, our soulmate is the other one, our 'other half'. Our soul can incarnate its two personality expressions at different times on Earth. With each 'half' experiencing life as a full individual and independent personality destined at a predetermined time to meet each other, which will more than likely happen at some point through one's Healing or when one has finished it. And whilst we're living in rebellion against our soul, ourselves, our truth, so it's highly unlikely we'll have anything to do with our soulmate / soul partner until we start to heal that rebellion, because we are anti each other – anti the truth of ourselves and each other. We can ONLY experience true soulmate love when we are FULLY healed of our rebellion and default – when we've done our Healing.

And our soul would naturally, had we not been unlovingly interfered with by our parents, evolve us in truth through our feelings and the experiences that give rise to them. However, because our parents unwittingly got in the way and stopped our soul from doing this, so we've become untrue and have to do our Healing to sort ourselves out, to bring ourselves back into being how we would naturally be were we not screwed around with.

The point of our Healing is to find the whole truth of our unloved state, all through our feelings and not with our mind. So once the truth is revealed, we can be set free of that untrue state. So we're not to look for specific traumas, we're not to try and home in on them, bringing to light all the bad feelings associated with them, then we're 'healed' of it, able to resume our life without the burden of that terrible experience. Certainly our Healing will do that, heal all the bad feelings associated with and resulting from that traumatic experience, however it doesn't stop there, it goes on and deeper until every aspect of self-expression that has been thwarted by negative unloving parental and childhood experiences – all one's trauma from feeling unloved – comes out and the truth seen. So healing our specific traumas is only one part of the Healing, with it being much more.





Problems Caused by Economic Disparity

<https://contentgenerate.com/problems-caused-by-economic-disparity/>

2 July 2020

Economic Disparity generates the conditions dual and low-quality education, illiteracy, compromised health, provincialism, terrorism, etc.

The term ‘economic disparity’ refers to the difference in economic status and living standard of people, groups of people, people of different provinces, districts, etc. The economic disparity also exists on basis of gender, race, regional, religious, languages and ethnic discrimination.

Provincialism

Less developed and small provinces / states may have grievances of injustice in the distribution of resources. For them, the largest and most developed province is responsible for their underdevelopment and economic miseries.

The inequality in the distribution of resources gives rise to the issues like provincialism in which politicians keep their provinces paramount over the country. Consequently, the politics of blame game between provinces and point-scoring becomes prominent rather than the politics of addressing the issues of the public.

The threat to national integration

Different provinces or regions with all their distinct cultures, languages, histories, etc., are part of one state – the nation – under the very notion of ‘protection of economic and political rights under the same umbrella’. But, the existence of economic disparity among different regions and classes tells us another story. It informs us that the state does not ensure the protection of socio-economic and political rights and interests on basis of equity.

Separatist tendencies and movements may or do surface as a result of injustice and exploitation causing a threat to national integrity and integration.

Crimes and Terrorism

A proportion of poverty-stricken people in the under-developed regions resort to crime, such as abduction for ransom, bank dacoity (armed robbery with violence), murder on the booty, robbery, etc., as they increasingly feel alienated and disappointed.

Similarly, one of the social evils associated with economic disparity is committing suicide. According to research, 75% of suicides occur in low and middle-income societies.

Terrorist organisations also recruit young people from underdeveloped and economically underprivileged areas and sections of society. The terrorist networks recruit these young people in the name of free education, food, clothing and other beautiful hope-giving rhetoric. With the passage of time, they brainwash until these young carry out activities related to terror.

Illiteracy and low-quality education

The distribution of schools differs from region to region. The villages have comparatively a very small number of schools vis cities. Similarly, there are few or no colleges and universities in rural areas. In order to pursue higher education, students need to go to cities and other regions.

The students going to other regions and cities make a very small percentage of the total student body aspiring for higher education. The majority cannot go to the cities because of poverty. The huge expenses that they will have to incur to meet residential, educational, clothing, and food needs away from home discourage village students to move to cities for higher education.

Compromised health

People in underdeveloped regions do not have access to quality and basic health care facilities. The mortality rate of women and children is high. In critical conditions, deaths occur on the way as patients are rushed to hospitals in far-flung areas. The majority of people cannot afford to go to other regions for treatment as they cannot afford it.



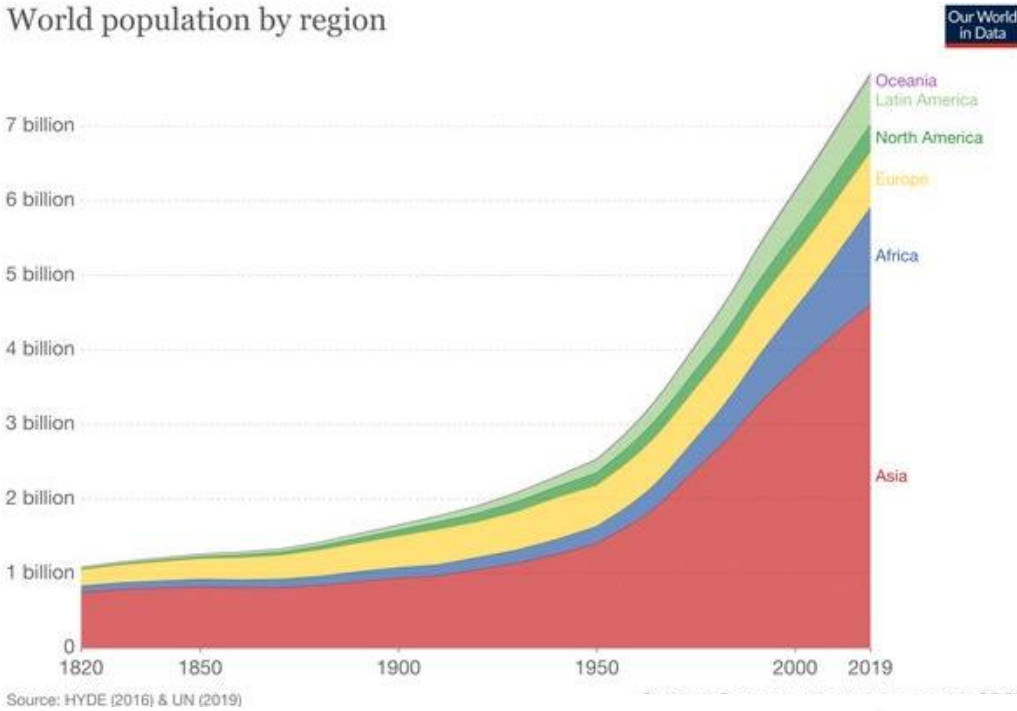
COMMERCIAL IN CONFIDENCE

Why does the USA have a much higher per capita income (US\$65,000 approximately even higher than Northern Europe's) compared to China and Russia (US\$10,000 approximately)?
<https://www.quora.com/Why-does-the-USA-have-a-much-higher-per-capita-income-65-000-approximately-even-higher-than-Northern-Europes-compared-to-China-and-Russia-10-000-approximately>

This questions is a bit more interesting than it first appeared. First of all we need to look at some figures to get a rough idea of what has happened over time.

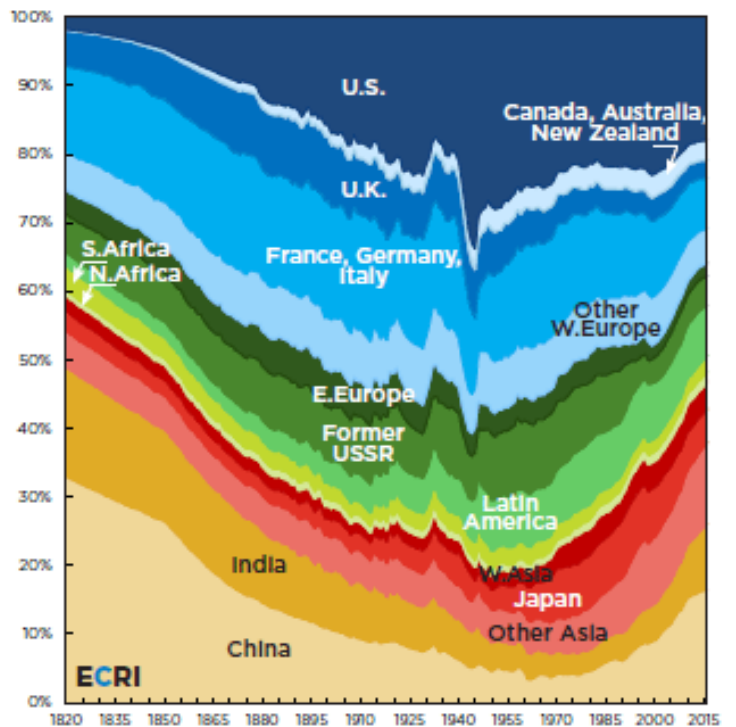
It is fairly obvious that things massively changed after 1950. That's one major "pivot"

World population by region



The second graph is also important. It looks at GDP for each country and you can see there is a minor blip for World War 1 but thing massively change during World War 2 which is another "pivot"

Share of World GDP (%), 1820-2016 CE



So what are some key dates and people:

- 1820 is towards the end of the industrial age for Europe and America. China and India are still agricultural societies.
- Gilded Age (1870 to 1900)
 - Rockefeller and Standard Oil with “horizontal integration”, “vertical integration” and the business trust.
 - Andrew Carnegie and Carnegie Steel Company
 - Vanderbilt family with rail and shipping.
- 1920 America has Henry Ford with Ford motor car and more importantly the assembly line.
- 1960 Silicon Valley and the information age.
- 1980 Cold War.
- 1990 Russia converted to a market economy and corruption destroys a lot of value.

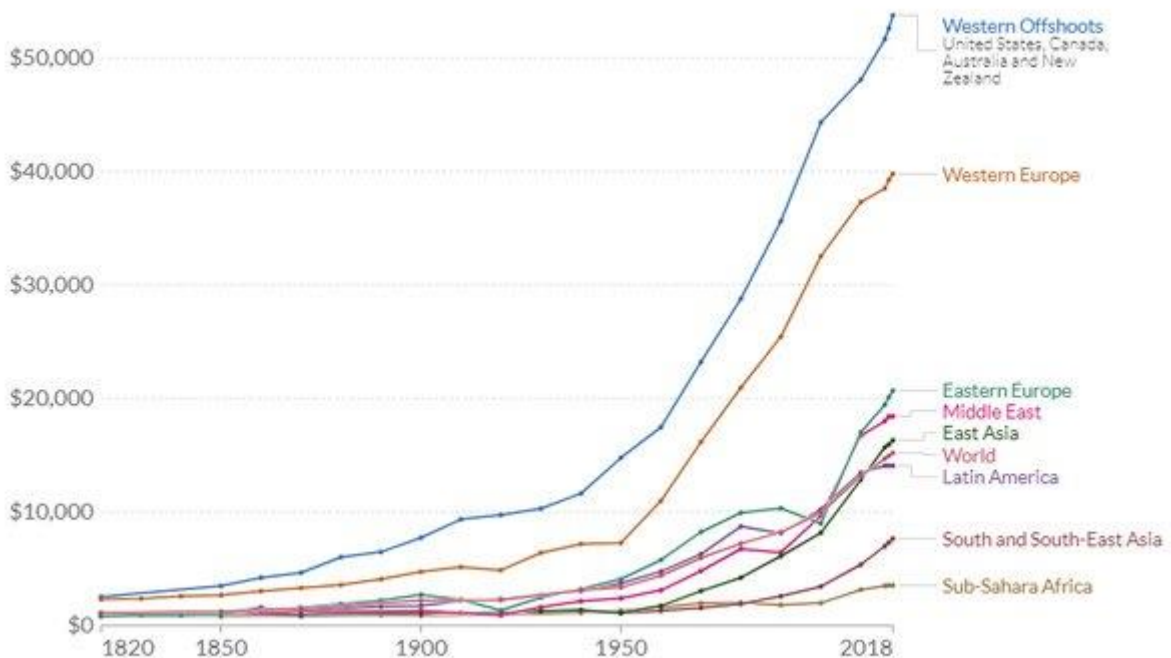
If you look at 1800 to roughly 1900 America was ahead of every other country. The population was relatively small but there are a few people that were able to drive innovation and create a massive amount of wealth. Most of this time India and China are slowly becoming less important (as far as GDP is concerned).

Things changed with the creation of the cars, planes and “mass _____” which ultimately destabilised existing power balances and lead to WW1 & WW2. During this time Russia is generally staying stable.

Lots of people know what happened after WW2:

GDP per capita, 1820 to 2018

This data is adjusted for differences in the cost of living between countries, and for inflation. It is measured in constant 2011 international- $\$$.



Source: Maddison Project Database 2020 (Bolt and van Zanden, 2020)

OurWorldInData.org/economic-growth • CC BY

- America basically “stole” most of Europe’s money and gave them dollars instead which had to be spent in the US.

COMMERCIAL IN CONFIDENCE

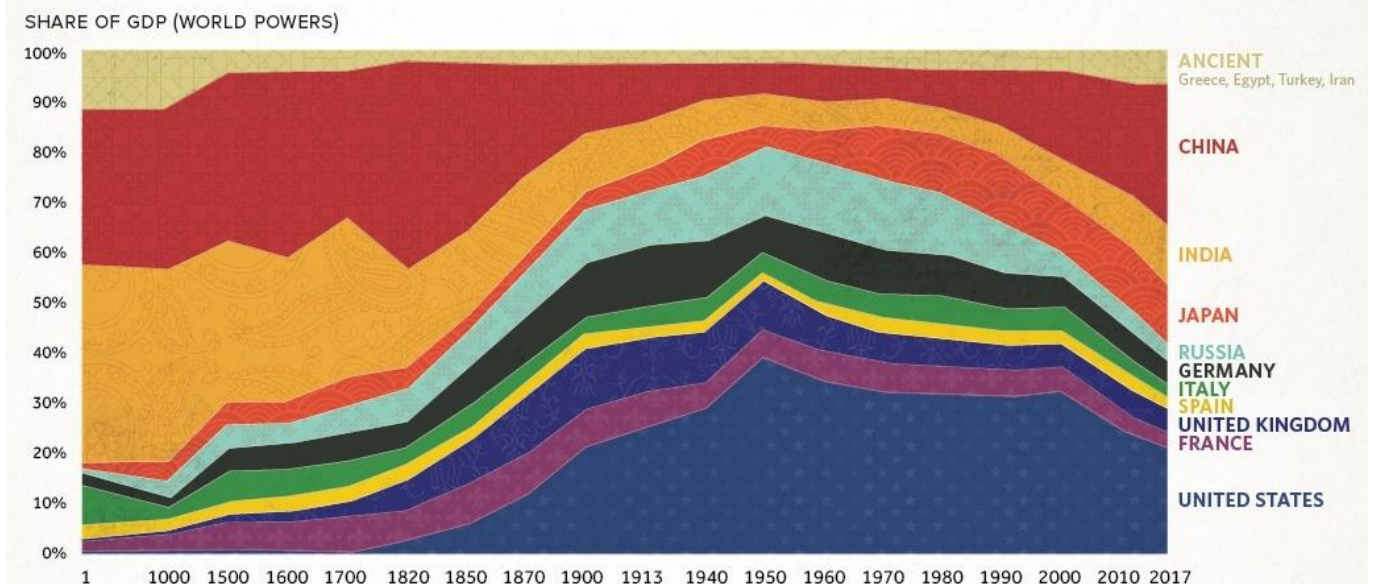
- America made a deal with the UK after the war that effectively transferred a lot of wealth from the UK to the USA.
- The creation of the Federal Reserve and everyone using USD.
- The Green Revolution which meant we had enough food for everyone and people didn't starve to death (the pivot in population).
- China and Asia became industrialised over 100 years after Europe and America.
- Russia lost a lot of economic value from the cold war, spending too much money on defence and corruption when they opened up the economy.
- China was a long way behind until after 1950 and has slowly steadily improved since the end of WW2, the Sino-Japanese war and the internal civil war.

So why?

- The American civil war happened back in the 1860 and was followed by the Gilded Age. Since then it hasn't been destroyed in any way (steady increase).
- China was a farming society while America was developing and was then kept back by local wars. Since then it has started to catch up but it takes time (v shape).
- Russia was generally better than China but then had multiple wars that damaged the country and the corruption when it became a market economy which put it back decades (roller coaster).

2,000 YEARS OF ECONOMIC HISTORY IN ONE CHART

All major powers compared by GDP from the year 1 AD



JOHN BOGLE, THE Vanguard founder who passed away in 2019, once told a story about money that highlights something we don't think about enough:

At a party given by a billionaire on Shelter Island, Kurt Vonnegut informs his pal, Joseph Heller, that their host, a hedge fund manager, had made more money in a single day than Heller had earned from his wildly popular novel *Catch-22* over its whole history. Heller responds, "Yes, but I have something he will never have ... enough."

Enough. I was stunned by the simple eloquence of that word—stunned for two reasons: first, because I have been given so much in my own life and, second, because Joseph Heller couldn't have been more accurate.

For a critical element of our society, including many of the wealthiest and most powerful among us, there seems to be no limit today on what enough entails.



The richest 1% owns more than 43% of the world's wealth.

COMMERCIAL IN CONFIDENCE

Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.

Conception is individualisation of our unique personality!

Then our parents and carers infuse us with their errors and injuries!

We perpetrate their erroneous ways!

*It's all about
Experiences
&
FEELINGS*

John the
Typist



**BE FEELINGS
EXPRESSIVE!**

There is much to do and share without prejudices or distinction.

We are all interconnected.

We are all on a never ending learning pathway.

No one and no thing should come between any of us, no one is greater or lesser than another, nothing should be withheld or withdrawn from anyone's free will to consider or to embrace or reject.

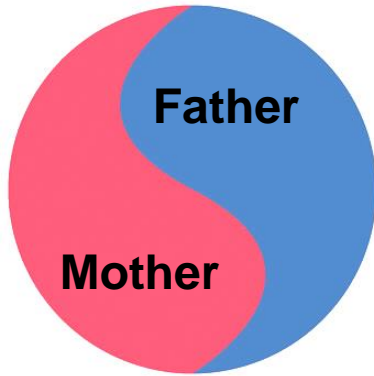
We embrace everyone's wisdom and strive to grow.

With this in mind, we see everyone in a loving way.



We support loving passions and desires and everything that assists one to realise such loving passions and desires.





Our Heavenly Mother and Father.


Our Heavenly Parents do not need an intermediary to connect with us, nor do we need an intermediary to connect to our true Mother and Father.



We are God's children. Our souls are in His / Her likeness as we are Their creation.

No matter where we are on Earth, we can always connect with our Creator without needing an intermediary.



Kindly review full text at www.pascashealth.com, go to Library Download page, then scroll down to Medical – Soul Condition and Health, and then click on to open the PDF:
 [Pascas Care Separation to Embrace.pdf](#)

Pascas Oversight Council of the Philippines

PASCAS OVERSIGHT COUNCIL of the PHILIPPINES: An oversight council of twelve people (if not more) is to oversee the implementation of solutions and changes required throughout the nation and society. If their guidance is not being adhered to then funding may stop! The council will, at all times, consist of at least 50% women. The oversight council members are to be Philippine nationals and they are not to have strident political allegiances, nor are they to demonstrate a strong religious alliance. Every person living in the Philippines is to be treated equal. Yes, those in greatest need are to be the first to be assisted with the objective being that the overall agenda will result in equal and fair treatment for all. Boundaries and barriers are to be torn down. The prejudices of all will be exposed for what they are – immoral and grossly unloving.

Council members are to be selected through a process similar to becoming employed by a major corporation into a high executive position. Firstly, the candidate must calibrate well over 400 on Dr David Hawkins' Map of Consciousness. Only with the candidates well developed level of perception can they carry out the dynamic shift in the culture of the people of Philippines and that is only with those calibrating above 400 MoC.

It is time for the people to know and understand the limitations of what they are holding onto so tightly and adhering to with great personal cost to themselves and their children is all for no avail. A museum with the theme of "HUMANITY'S JOURNEY" is to be established in two or three strategic locations. The museum may be annexed to university campuses. It is the story of the Journey of Humanity as it has unfolded and what our ongoing journey entails. Humanity is on a most privilege and exciting pathway and few have only recently come to understand its wonders.

Humanity's Journey

"HUMANITY'S JOURNEY" is an entertaining educational experience that will take participants through how and why all the errors and difficulties have unfolded and how we are to heal from these. This is now possible due to the enormous amount of guidance that has unfolded for all of humanity and now it is to be shared freely for all.

With this background, then all will come to understand the futility of conflict and repression of others as well as the covert suppression that ALL institutionalised norms and systems impose upon us all.

And the program intended to be reviewed and expanded upon is that which this introductory business plan and financial feasibility now introduces.

**This time, in the history of humanity, is
the most exciting time ever experienced.**

COMMERCIAL IN CONFIDENCE

ONE OVERARCHING CAUSE – ONE PATHWAY FORWARD

The whole of Earth's humanity has been right royally screwed by the personal agenda of one pair of self-interested high level personalities who embraced the belief that we each could become literally mini-gods through living mind-centric and thus suppressing our feelings. It is our feelings that are our truth!



This has been a long drawn out agenda that has now reached its fruition and is to be put aside for all and for ever.

The coming of the time when humanity commenced to be influenced to embraced being mind-centric – living through our minds – and literally worshipping our minds as being all powerful and wonderful – was first imposed upon us some 200,000 years ago.



The first of humanity to have a longing for human perfection lived about 993,500 years ago. Andon and Fonta lived south of the Caspian Sea. They were of a red skin complexion and with a general appearance similar to the Eskimos of today with brown to black hair and eyes also. Their offspring even reached and lived in Tasmania, now being an island state of south eastern Australia, more than 950,000 years ago.

It was some 500,000 years ago that high level personalities were appointed as the Planetary Princess and Prince of Earth. This coincided with the Sangik family, living on the tablelands of north eastern India, having what can be referred to as the rainbow family – 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo coloured children. As time unfolds, these colours were and are intended to inter-marry and blend into an olive colouring for our skin. Later the orange, green and blue colours died out.

It was 200,000 years ago that the concept of living mind-centric was slowly introduced to Earth's humanity – this being the commencement of the Rebellion by Earth's humanity.

We have always been meant to live feelings first having our minds to follow in support of our feelings. It is our feelings that are always in truth. In fact, all that we need to know is accessible to each of us through our feelings. We are fully self-contained! When we embrace and follow what our feelings are prompting us with, life is so much more productive, progressive, refreshing and enjoyable.

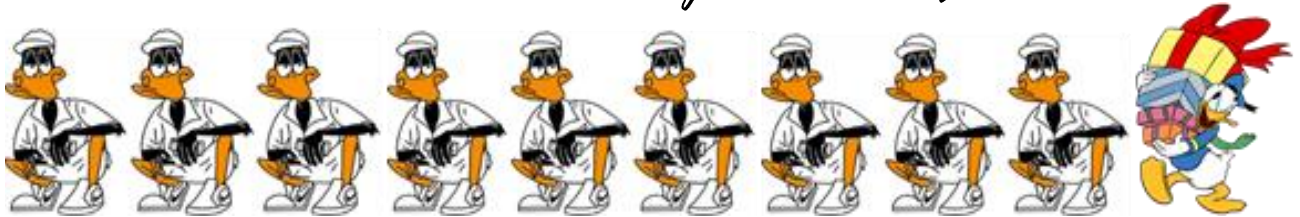
However, what we experience and see imposed around us is this all persuasive need to be mind-dominated, resulting in pressures, conflict and stress in numerous forms and ways.

But, our minds cannot discern truth from falsehood. Our minds are addicted to control, control of our environment and of others. Our minds are addicted to untruth! Take a note, mental or otherwise, and over time you may observe that the assumptions that we may make are around 98% in error! The other 2% are flukes. When someone commences a conversation with "I think" – cringe! They are commencing a potentially meaningless conversation based on an erroneous assumption – mind-centric!

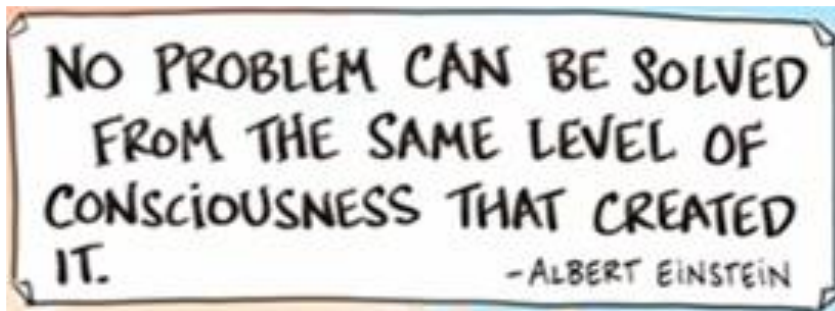
Whenever we carefully consider a 'scientific' research document, first count the number of assumptions it is 'premised' upon. One assumption and it is mostly flawed – you may become distressed when the tally of assumptions throughout the research is into double-digits!

COMMERCIAL IN CONFIDENCE

Ten ducks in a row, but one always misleading!



We mentally cannot correct these deceptions. But, we experience the ramifications every day.



Einstein is correct. But what is the problem?

You will come to see that our Planetary Princess and Prince were subordinate to our System Sovereign and it was our System Sovereign's goal to keep Earth's humanity shackled in their undeveloped state

without the potential to evolved for his (and her – soul partners) expansionary agenda. An 'army' was needed by the System Sovereigns to expand their personal authority to other humanities. Consequently we see great difficulties all over the world because we have all embraced the wrong pathway – WE CANNOT ADVANCE and EVOLVE BY LIVING MIND-CENTRIC! In fact we cannot get past 499 on Dr David R Hawkins' Map of Consciousness (MoC). Mind-centricity is a glass ceiling to our potential.

Every facet of society, every institution, every norm, every custom that we each embrace is detrimental to us. There is a deceptive restraint in-built in everything we are traditionally embracing. Every scientific development is potentially a poor option for us – but we cannot recognise that which is better because our minds prevent us from seeing through the charade of our beliefs within our minds.

So, how did these high level personalities make their manipulation so enduring?

Tribes had been forming before their manipulation – but there was little diversity in physical appearance. So the Sangik family raised the family with the six colours. More than 38,000 years ago, Adam and Eve introduced the seventh colour, the crimson coloured skin as well as the blonde and red hair with the blue and green eyes. Adam and Eve's mission was to achieve an upliftment in humanity's potential, but due to these high level personalities interference, their mission was mostly unsuccessful. So now we have an array of divisions in tribes, languages, and borders between thousands of differing cultures – separation!

As women are closer to their feelings, it was recognised that women could not have a voice so they needed to be suppressed. Men were induced to make women subservient to them. Women would easily recognise the error of living mind centric rather than living feelings first. Now we see men dominating women in every aspect of our lives – yet we are equal. Few are yet to understand that our soul is a duplex – our soul manifests and orchestrates TWO personalities, one is always a female and one is always a male – we each have a soul partner! We each have a soul partner of the opposite sex – always.

As we have been living mind-centric for thousands of years, we commence to impose our personal injuries being emotional as well as errors of belief upon our children from moment they are conceived

COMMERCIAL IN CONFIDENCE

and then on through to the age of six years. Our newly arriving child, at the moment of conception which is about 16 days prior to incarnation when the newly forming foetus first commences to pump blood, is literally 'fire-hosed' with its parents' emotional injuries as well as their errors of belief. We become little me's of our parents – clones – our true personality is suppressed. This continues until the arrival of our personal Indwelling Spirit which arrives in our sixth year of physical life. From then our parents influence upon us begins to abate. However, our parents have now successfully suppressed our free expression, our feelings and subjected us to a life of mind control. Our childhood suppression is what we all suffer throughout all of our lives – mediocrity, no vibrancy and no spontaneity. This is how it is for each generation – when we become parents we do the same to our own children as we do not know anything different. Our hidden controllers keep reinforcing their covert control throughout every phase and facet of our lives. They were masterly at their craft of deception.

Then comes the child's **pre-schooling**. What the child needs is its parents love. The child does not need the rejection by its parents and being placed in child care centres. It needs continuity of connection with peers who remain part of their family throughout their childhood years. This is why the African proverb is so wonderful:



*It takes a village
to raise a child.*

Then we have the worshipping of the mind thrust upon us in earnest – **education**. We start our formal education. From kindergarten, then primary school, middle school and high school – all of it ignoring and suppressing feelings. Also, the most inefficient form of education dominates – the lecturer at the front of class talking down at the students now is seen as being 5% effective, whereas doing and tutoring others is extremely effective with retention rates way above 75%. By now our feelings are entombed in a steel wrecking ball and this ball is controlling our lives and suppressing our inherent potentials.

Truth is always the same! Most are introduced to a religion that our families have embraced for generations – all of this is ensuring continuity of the suppression now with a 'fatherly' religion. There are some 3,400 significant religions and with their minor denominations we have more than 50,000 variations of 'truth is always the same'! So, where did these innovative variations come from? Indirectly and ultimately it is the Planetary Princess and Prince. It was the Planetary Prince that told what is now considered to be the Jewish community that they are the 'chosen ones'. A tribe was recognised as having the personality issues to buy into such a personal self-indulgence.

Major religions were established and later other major religions to conflict with each other. Presently we find most wars being wars being between factions of the same major religion. With our minds in control there is no end to this insanity. Peace cannot unfold through living mind-centric – impossible.

No one is recognising the input of low level spirit personalities throughout history in all these dramas. Up until 2,000 years ago, all of humanity passing into the spirit mansion worlds remained in the mind mansion worlds, mostly numbers 1 and 2 with few progressing into 4 and 6, these being those perfecting their minds of error and evilness. These revelled in the control of others setting up religions on Earth to provide members for their spirit based religion and ongoing control.

It was the Creator Daughter and Son who opened the spirit healing mansion worlds 3, 5 and 7 and consequently the Celestial Heavens 1, 2 and 3. The numbers of spirits progressing through these were very few in number until recently. While their numbers were building up, these healing and healed spirits had no connectivity with us on Earth except in very rare occasion. Those who engage in feeling healing

are addressing their childhood suppression and those who embrace Divine Love with feeling healing are also soul healing. There are no religions throughout these worlds.

Meanwhile, the tentacles of the hidden controllers extends to every aspect of living. Higher education, be it technical and further education as well as all of the universities continue to educate the suppression of feelings. Ignoring them to the detriment of all of the society the university is within.

Our employment is all about control over what we do with the mind being the centre of ‘creativity’ and ‘progress’.

Government at all levels is all about control over others. Governments are to assist and support us, however they make it more difficult for us to do things. Further, they propagate fear to achieve control. The humanity of the world capitulated to universal ‘lock downs’ and problematic vaccinations against coronavirus Covid-19 in a way that staggers belief.



We presently have a humanity in fear of ‘global warming’. We have everyone looking into the CO₂ (carbon dioxide) in the atmosphere when the weather patterns are changing due to cyclical events. We have power grids around many countries throughout the world. There are power grids throughout the universe. During the second half of the 20th century (1950s onwards) surges of energy from the centre of our universe have been absorbed by our Sun (which is also a star). In turn, our Sun has transmitted energy to the centre of all the planets in our solar system. This has marginally increased the rotation of the core of Earth creating tensions on the surface, mainly under the oceans, and this has resulted in the surface marginally increasing in temperature and as the oceanic plates are expanding then some islands have reduced in their elevation above the oceans. Earth is coming out of a cold era.

May I Have Your Attention Please



Around 12,500 years between Pole Shifts **TIME FOR CHANGE** **With each Pole Shift humanity had gone deeper into its evilness.**

Medicine and the health industry. As medical science is mind-centric, it is finding itself overwhelmed with seemingly insurmountable difficulties. They have generally identified more than 10,000 diseases and illnesses, yet they do claim to have found cures for 500 of these.

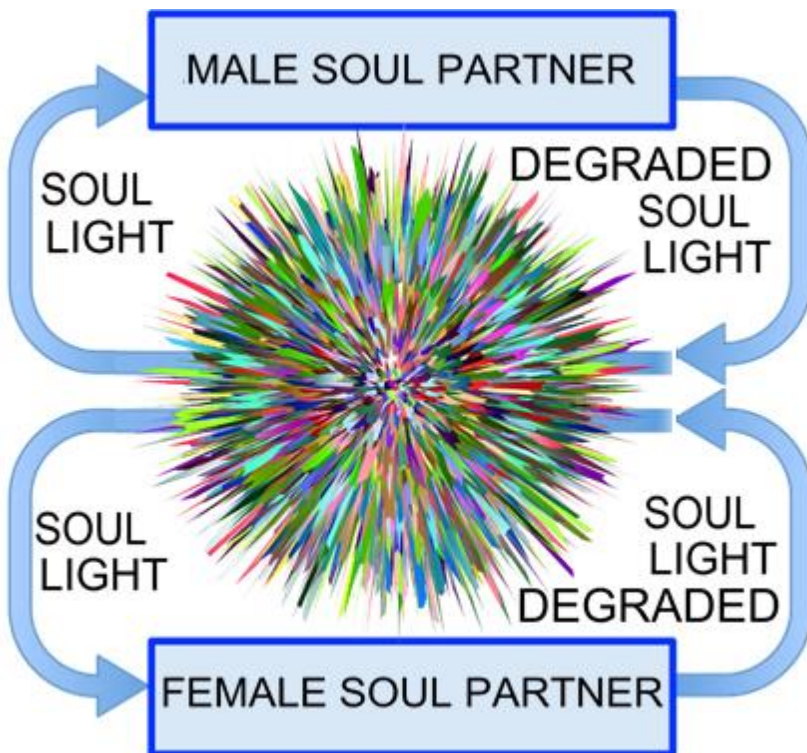
As we find a vaccine to suppress an illness we need only wait sometime before we will find it has returned in a more virulent and difficult format. The disease becomes ‘drug resistant’. The more vaccines we create and embrace, the more difficult our health issues will become UNTIL we embrace our personal Feeling Healing. In anticipation of a vaccine, Nature Spirits ‘mutate’ the disease to enable the vaccine to be made ineffective. ALL diseases that man has eradicated have been reintroduced.

Science may consider that they have wonderful laboratories. But you have seen nothing until you understand the laboratories available to the Nature Spirits. A virus is more of the spirit body than it is of the physical. A virus cannot cause us any more pain or difficulty than our individual childhood suppression. Science can eventually recognise the overarching style of the virus and give it a name – but they cannot recognise that each virus is then specifically mutated for our individual experience and needs which reflect our childhood suppression. This is why every person has a different experience from what appears to be the same virus!

IT'S ALL ABOUT
Experiences
&
feelings

Be Feelings
Expressive!

We are to bring the light we each receive from our soul back into balance with the light we return to our soul. To do so we each need to embrace our personal Feeling Healing – express our emotions both good and bad and long for the truth that our feelings are prompting to grasp from our emotional experiences.



It is this imbalance in light returning through our bodies that creates the imbalances and manifests deformities in babies, childhood illnesses, and as this is compounded during our early forming years of

Childhood Suppression up to the age of six years, this then sets up our health patterns and societal issues throughout the rest of life.

So, as we embrace our Feeling Healing, and should we embrace Divine Love, the Love of our Heavenly Mother and Father, then we can bring this all back into balance and this is our destiny, we will all do this at some stage throughout our eternal lives. It is not easy to do and it will take each of us a great deal of time and effort to work our way through our individual healing – but we each will.



Feelings First with Mind to follow in support.

Feeling Healing is not a religion, it is way of living. There is no hierarchical control or controllers. There is no organisation to join, no rituals, dogmas, creeds, cannon laws, sacraments, special book or clothing. Groups may form to assist each other for guidance and support. Even endeavouring to live feelings first opens our perceptions to what is reality and truth bringing about a personal sense of purpose and direction. We are to express our true personality, not the one imposed upon each of us during our childhood forming years when our parents and carers imposed upon us what they wanted us to be.

Every choice we of humanity have ever made, we have typically opted for the least progressive option. That has all been through the subtle influence of hidden prompting and our mind's addiction to control and untruth. We now can commence a review of such decisions. This will result in the reworking of all scientific findings. As of 22 March 2017 negative influence by mind centric spirits of the mind Mansion Worlds was permanently blocked by the Celestial Spirits from the three Celestial Heavens.

**The elephant in the room being:
CHILDHOOD SUPPRESSION**

**The pathway forward is to embrace:
FEELING-HEALING**

COMMERCIAL IN CONFIDENCE

Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017

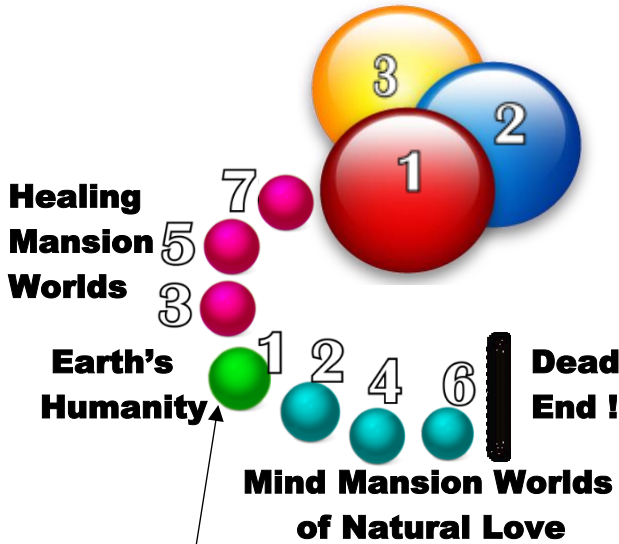


Rebellion and Default officially ended
31 January 2018
Feeling Healing Completing by the second of soul partners
12 April 2022

Humanity is now to make the Great U-Turn! The numbers now healed of their individual and personal Rebellion and Default in the Celestial Heavens are in sufficient numbers to support the Avonal Pair who are now on Earth. We have had to wait for the Avonals arrival to end the Rebellion and Default as their consciousness level is higher than those who instigated the Rebellion and Default. In 1993 when the Avonal Pair commenced on their personal pathway to heal themselves of what they had taken on of the

Rebellion and Default, this milestone triggered the arrest and imprisonment of Earth's Planetary Prince. Influence is gone.

SATANIA – System
Earth is #606 of 619 humanities.
Celestial Heavens Spheres



We are not to impose our will upon others.

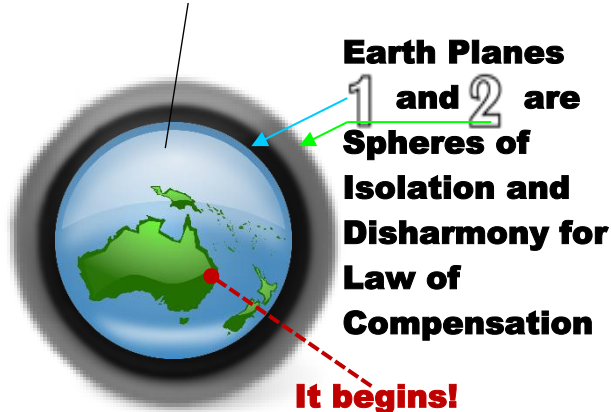
Further, militarism is all wrong!

Should you take note of the date, 22 March 2017, and consider the performance of world leaders anywhere since that date you may consider that they have all lost their marbles.

Well educated and experienced mind Mansion World spirits had been able to have their controlling ways satisfied through manipulating world leaders up until 22 March 2017.

Upon death of our physical body, we all transition to the 1st Mansion World

Hells



Generally the spiritual platforms of most races have originated from the influence of low level mind Mansion World spirits working through mediums throughout all ages all round the world.

The Australian Aboriginal "Dreamtime Stories" originate through these interactions. Consequently, a psychic barrier to change and evolutionary progress has resulted for them.

The Caste System throughout India and Sri Lanka is a national psychic barrier requiring great attention to put aside. If you are born into a family that has been categorised as being in one of the four caste categories then

Herculean TASK

you are fixed in that category for your life. This is Childhood Suppression in its extremes.

from the 'first' life would need to be expunged leaving a hole in the universe. Mind spirits when they lost a companion considered that that personality had reincarnated when what had unfolded is that their companion had progressed to a higher level spirit world. The concept of reincarnation is very unloving and totally impossible. And by the way, once we have been here on Earth, why in the hell would you want to come back?

The Caste System throughout India was spirit induced – it is a gross untruth. As is the belief of reincarnation. It is impossible to reincarnate and if you did then your personality

Upon transitioning into the 1st of the spirit Mansion Worlds is a time for celebration. Even if our physical incarnation lasts only for a few minutes, we have completed our individualisation and then we become spirit born and will be adopted by spirit parents. Should we live a physical life we will find our environment and conditions better in the spirit world for us to go on with our never ending journey of learning. We are more alive than ever – once we are dead! Enjoy the discovery.



We are to put children first. It is all about experiences and feelings. We are to express what feelings come up for us from our experiences and to long to know the truth behind what our feelings are drawing our attention to. We are to be feelings expressive. Now that we are individualised our learning has begun and will continue for eternity, however our soul is already endowed with all that we need to know. We are fully equipped.

As parents, all our children need is our love. And the greatest environment for a child is a village style community. It takes a village to raise a child.

it's all about which way you look.



It appears ever so obvious. Nothing has been working out and no one could heal themselves of their personal emotional injuries until a soul partner pair of higher consciousness than of those who created the problem came along. That has now happened!

The revelations of The New Way of living Feelings First and the changeover to new Avonal Age commenced through the writings of James Padgett (1914 – 1923), then The Urantia Book (1925 – 1935), and the most important writings are those of James Moncrief commencing in 2002.

mind controlling way or soul's feelings first!

Pascas Papers explore these writings, all of which are free downloads from www.pascashealth.com in the Library Download page. Yes, all is to be free to all and in multiple languages. These revelations are gifts to humanity.



GREAT -Turn



The revelations are now documented throughout 60,000 pages. We are not going to be subjected to loss of originality, the records have created immediately without the need for recall and assumption making as required with records of the past.

Now the herculean task can commence of bringing awareness to all communities, societies, cultures and nations of Earth’s humanity. Then for those who consider to embrace the revelations, they can do so as and when they so please.

What is important to consider is that the old way was imposed upon us over time and it will take time for us to shift our way of living life and embrace the potential to evolve through the glass ceiling of mind-centricity and progress beyond 499 on Dr Hawkins’ Map of Consciousness and eventually heal our personal Rebellion and Default, and by embracing our Heavenly Mother and Father’s Divine Love, we can achieve Celestial soul condition while living here in the physical on Earth. This has never been possible before throughout the history of Earth’s humanity of nearly one million years.

The Creator Daughter and Son remained Celestial throughout their physical life on Earth, they did not take on any of the Rebellion and Default. It is the Avonal Pair that have taken on the Rebellion and Default and through their personal healing they are now able to lead the way for us all through our own healing with the support of their Spirits of Truth. This is the plan that Machiventa Melchizedek initiated and it has taken 4,000 years to unfold. Now we are to enter the Avonal Age of the coming 1,000 years.

This document, on the Map of Consciousness (MoC), calibrates at 980

This time, in the history of humanity, is the most exciting time ever experienced.

ALL SYSTEMS ARE GO!



COMMERCIAL IN CONFIDENCE

Hidden Control **thru** **COVERT** **MANIPULATION** **to**

MIND DOMINATION OVER FEELINGS
MEN DOMINATION OF WOMEN
PARENTING - CHILDHOOD SUPPRESSION
WIDE DIVERSITY OF LANGUAGES
RESTRICTIVE EDUCATION SYSTEMS
RELIGIONS WITHOUT TRUTH & LOVE
WAGE & FINANCIAL ENSLAVEMENT
MULTI-LEVEL GOVERNMENT CONTROL
MULTIPLE RACE COLOURS & FEATURES
BORDERS AND MILITARISATION
NATIONAL PSYCHIC BARRIERS
PERPETUAL CONFLICT & WARRING!

ALL OF WHICH

PREVENTS HUMANITY'S ASCENSION

all
orchestrated by *Caligastia*
and his partner

PASCAS FOUNDATION (Philippines) Ltd conception:**Pupil-teacher ratio, primary – Philippines**

[Philippines](#) 2017 **29**

Physicians (per 1,000 people) – Philippines

[Philippines](#) 2017 **0.6**

Nurses and midwives (per 1,000 people) – Philippines

[Philippines](#) 2018 **5.4**

PHILIPPINES Doctors Nurses Teachers Ratios

| | DOCTORS | | NURSES & MIDWIVES | | TEACHER / STUDENT | |
|---|------------------|-------------|------------------------------|-------------|--------------------------|-------------|
| | per 1,000 people | | per 1,000 people | | ratio | |
| Philippines | 2017 | 0.6 | 2019 | 5.4 | 2017 | 29 |
| Thailand | 2019 | 0.9 | 2019 | 3.2 | 2018 | 17 |
| Malaysia | 2019 | 1.5 | 2019 | 3.5 | 2017 | 12 |
| Indonesia | 2015 | 0.5 | 2019 | 3.8 | 2018 | 17 |
| Australia | 2018 | 3.8 | 2019 | 13.2 | 1999 | 18 |
| New Zealand | 2018 | 3.4 | 2018 | 11.1 | 2017 | 15 |
| Japan | 2018 | 2.5 | 2018 | 12.7 | 2017 | 16 |
| | | Austria | | Switzerland | | San Marino |
| Strongest Worldwide | 2020 | 5.4 | 2019 | 18.0 | 2018 | 7 |
| https://data.worldbank.org/ | | Africa 27 | | Africa 30 | | Africa 21 |
| Weakest Worldwide | | nations 0.1 | | nations 1.0 | | nations 40+ |

Simply put;

Philippines needs to double their number of doctors per 1,000 people and then double them again.

Philippines needs to double their nurses per 1,000 people.

Philippines needs to double their teachers per students and significantly improve their training.

It all begins with education. We of humanity are truth seekers and truth is what is required in abundance to lift the nation of the Philippines out of the dire repetitive generational cycle of families across all provinces raising families that continue to calibrate on Dr David R Hawkins' Map of Consciousness around **225**.

It is only through universal free education can the population of the Philippines be lifted out of their despairing state of never ending cycles of conflict and despair. This can only be achieved through addressing Childhood Suppression which is universal.

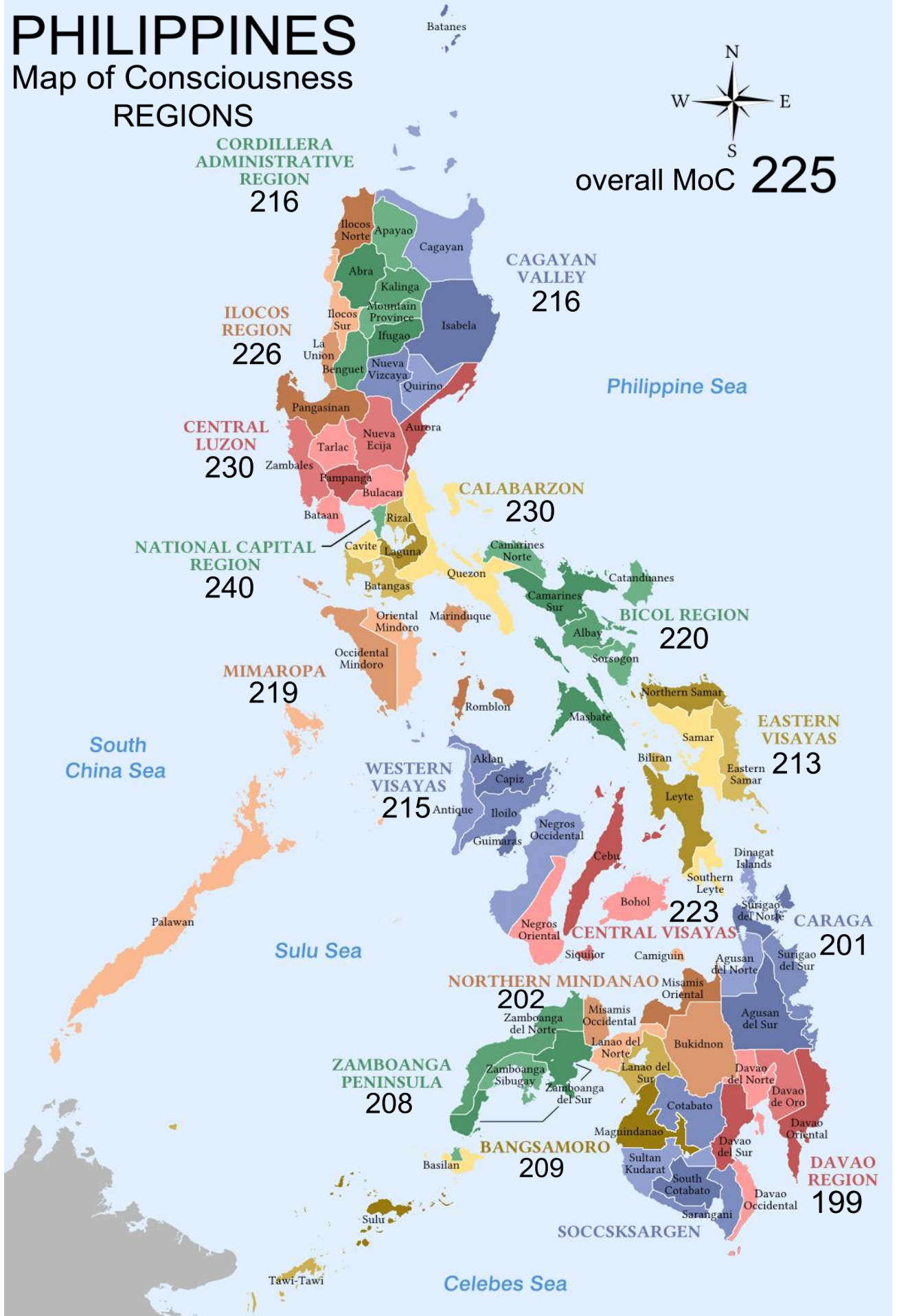
PHILIPPINES

Map of Consciousness

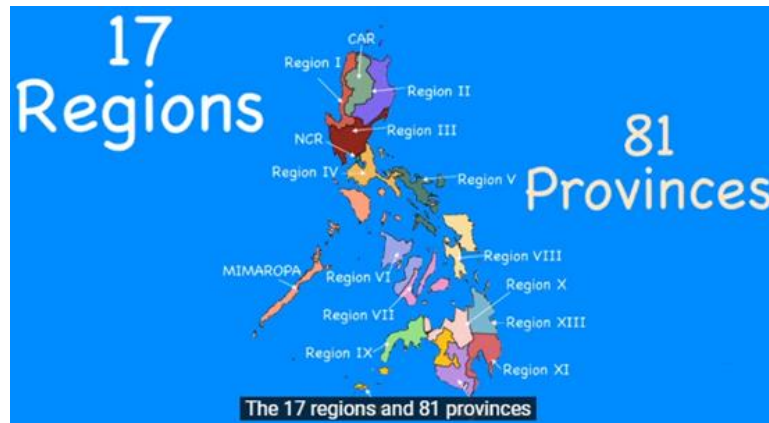
REGIONS



overall MoC **225**



| PHILIPPINES by REGIONS and then PROVINCES | | | | | | | | |
|--|-------------------------|------------|----|-------------------------|------------|----|------------------------|------------|
| Map of Consciousness (MoC) calibration of the PHILIPPINES population overall: 225 | | | | | | | | |
| | | MoC | | | MoC | | | MoC |
| 82 | NATIONAL CAPITAL | 240 | | BICOL | 220 | | ZAMBOANGA PEN | 208 |
| | | | 27 | Albay | 225 | 55 | Zamboanga del Norte | 220 |
| | ILOCOS REGION | 226 | 28 | Camarines Norte | 220 | 56 | Zamboanga del Sur | 210 |
| 1 | Ilocos Norte | 220 | 29 | Camarines Sur | 220 | 57 | Zamboanga Sibugay | 195 |
| 2 | Ilocos Sur | 225 | 30 | Catanduanes | 215 | | NORTH'N MINDANO | 202 |
| 3 | La Union | 230 | 31 | Masbate | 225 | 58 | Bukidnon | 180 |
| 4 | Pangasinan | 230 | 32 | Sorsogon | 215 | 59 | Camiguin | 185 |
| | CAYGAYAN VALLEY | 216 | | CORDILLERA Admin | 216 | 60 | Lanao del Norte | 215 |
| 5 | Batanes | 185 | 33 | Abra | 225 | 61 | Misamis Occidental | 22 |
| 6 | Cagayan | 230 | 34 | Apayao | 185 | 62 | Misamis Oriental | 210 |
| 7 | Isabela | 210 | 35 | Banquet | 225 | | DAVAO REGION | 199 |
| 8 | Nueva Vizcaya | 235 | 36 | Ifugao | 220 | 63 | Compostels Valey | 195 |
| 9 | Quirino | 220 | 37 | Kalinga | 220 | 64 | Davao | 195 |
| | CENTRAL LUZON | 230 | 38 | Mountain Province | 220 | 65 | Davao Oriental | 190 |
| 10 | Aurora | 225 | | WESTERN VISAYAS | 215 | 66 | Davao del Sur | 215 |
| 11 | Bataan | 245 | 39 | Aklan | 220 | | SOCCKSARGEN | 198 |
| 12 | Bulacan | 230 | 40 | Antique | 220 | 67 | Cotabato | 185 |
| 13 | Nueva Ecija | 220 | 41 | Capiz | 215 | 68 | Sarangani | 215 |
| 14 | Pampanga | 230 | 42 | Guimaras | 190 | 69 | South Cotabato | 190 |
| 15 | Tarlac | 235 | 43 | Iloilo | 220 | 70 | Sultan Kudarat | 200 |
| 16 | Zambales | 225 | 44 | Negros Occidental | 220 | | CARAGA | 201 |
| | CALABARZON | 230 | | CENTRAL VISAYAS | 223 | 71 | Agusan del Norte | 210 |
| 17 | Batangas | 225 | 45 | Bohol | 225 | 72 | Agusan del Sur | 200 |
| 18 | Cavite | 240 | 46 | Cebu | 240 | 73 | Surigao del Norte | 205 |
| 19 | Laguna | 240 | 47 | Negros Oriental | 230 | 74 | Dinagat Islands | 190 |
| 20 | Quezon | 215 | 48 | Siquijor | 195 | 75 | Surgao del Sur | 205 |
| 21 | Rizal | 230 | | EASTERN VISAYAS | 213 | | MUSLIM MINDANAO | 209 |
| | MIMAROPA | 219 | 49 | Biliran | 195 | 76 | Basilan | 215 |
| 22 | Marinduque | 215 | 50 | Eastern Samar | 220 | 77 | Lanao del Sur | 219 |
| 23 | Occidental Mindoro | 220 | 51 | Leyte | 215 | 78 | Maguindanao | 195 |
| 24 | Oriental Mindoro | 225 | 52 | Northern Samar | 205 | 79 | Shariff Kabunsuan | 195 |
| 25 | Palawan | 215 | 53 | Southern Samar | 220 | 80 | Sulu | 210 |
| 26 | Romblon | 220 | 54 | Samar | 225 | 81 | Tawi-Tawi | 220 |

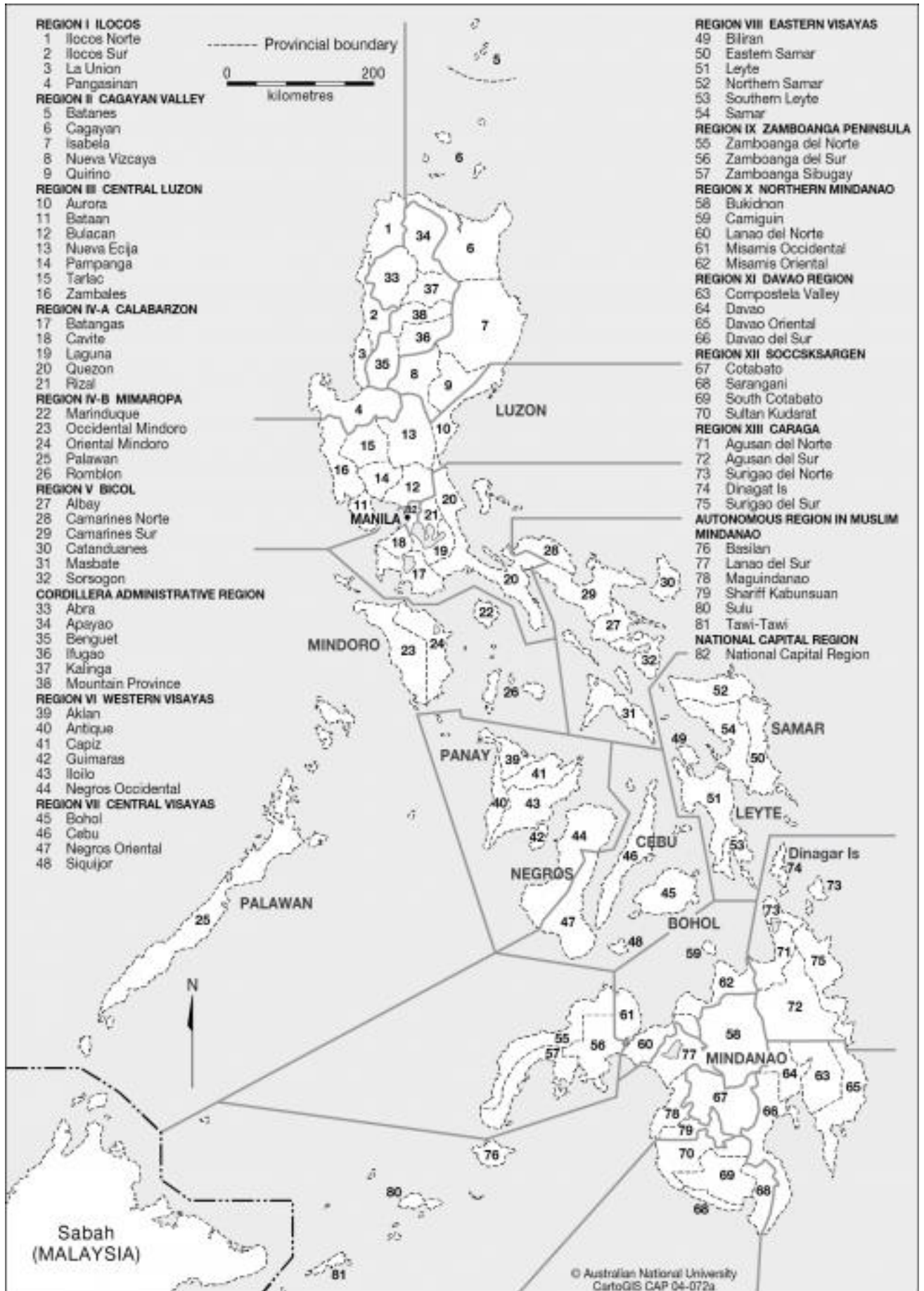


COMMERCIAL IN CONFIDENCE

| No | Rank | Province | Population 2020 Census | MoC | % of Population | Notes |
|----|------|---------------------|---------------------------|-----|--------------------|--|
| 82 | — | <i>Metro Manila</i> | 13,484,462 | 240 | 12.37% | |
| 46 | 1 | Cebu | 5,151,274 | 240 | 4.72% | Includes Cebu City, Lapu-Lapu, and Mandaue |
| 18 | 2 | Cavite | 4,344,829 | 240 | 3.98% | |
| 12 | 3 | Bulacan | 3,708,890 | 230 | 3.40% | |
| 19 | 4 | Laguna | 3,382,193 | 240 | 3.10% | |
| 21 | 5 | Rizal | 3,330,143 | 230 | 3.05% | |
| 44 | 6 | Negros Occidental | 3,223,955 | 220 | 2.96% | Includes Bacolod |
| 4 | 7 | Pangasinan | 3,163,190 | 230 | 2.90% | |
| 17 | 8 | Batangas | 2,908,494 | 225 | 2.67% | |
| 14 | 9 | Pampanga | 2,900,637 | 230 | 2.66% | Includes Angeles City |
| 43 | 10 | Iloilo | 2,509,525 | 220 | 2.30% | Includes Iloilo City |
| 66 | 11 | Davao del Sur | 2,457,430 | 215 | 2.25% | Includes Davao City |
| 13 | 12 | Nueva Ecija | 2,310,134 | 220 | 2.12% | |
| 20 | 13 | Quezon | 2,229,383 | 215 | 2.04% | Includes Lucena |
| 29 | 14 | Camarines Sur | 2,068,244 | 220 | 1.90% | Includes Naga |
| 51 | 15 | Leyte | 2,028,728 | 215 | 1.86% | Includes Tacloban |
| 56 | 16 | Zamboanga del Sur | 2,027,902 | 210 | 1.86% | Includes Zamboanga City |
| 7 | 17 | Isabela | 1,697,050 | 210 | 1.56% | |
| 62 | 18 | Misamis Oriental | 1,685,302 | 210 | 1.55% | Includes Cagayan de Oro |
| 69 | 19 | South Cotabato | 1,672,791 | 190 | 1.53% | Includes General Santos |
| 78 | 20 | Maguindanao | 1,667,258 | 195 | 1.53% | Includes Cotabato City |
| 58 | 21 | Bukidnon | 1,541,308 | 180 | 1.41% | |
| 15 | 22 | Tarlac | 1,503,456 | 235 | 1.38% | |
| 67 | 23 | Cotabato | 1,490,618 | 185 | 1.37% | |
| 47 | 24 | Negros Oriental | 1,432,990 | 230 | 1.31% | |
| 45 | 25 | Bohol | 1,394,329 | 225 | 1.28% | |
| 27 | 26 | Albay | 1,374,768 | 225 | 1.26% | |
| 6 | 27 | Cagayan | 1,268,603 | 230 | 1.16% | |
| 25 | 28 | Palawan | 1,246,673 | 215 | 1.14% | Includes Puerto Princesa |
| 77 | 29 | Lanao del Sur | 1,195,518 | 219 | 1.10% | |

| No | Rank | Province | Population 2020 Census | MoC | % of Population | Notes |
|----|------|---------------------|---------------------------|-----|--------------------|---------------------------------------|
| | 30 | Davao del Norte | 1,125,057 | 220 | 1.03% | |
| 60 | 31 | Lanao del Norte | 1,086,017 | 215 | 1.00% | Includes Iligan |
| 55 | 32 | Zamboanga del Norte | 1,047,455 | 220 | 0.96% | |
| 80 | 33 | Sulu | 1,000,108 | 210 | 0.92% | |
| 16 | 34 | Zambales | 909,932 | 225 | 0.83% | Includes Olongapo |
| 31 | 35 | Masbate | 908,920 | 225 | 0.83% | |
| 24 | 36 | Oriental Mindoro | 908,339 | 225 | 0.83% | |
| 70 | 37 | Sultan Kudarat | 854,052 | 200 | 0.78% | |
| 11 | 38 | Bataan | 853,373 | 245 | 0.78% | |
| 32 | 39 | Sorsogon | 828,655 | 215 | 0.76% | |
| 35 | 40 | Benguet | 827,041 | 225 | 0.76% | Includes Baguio |
| 3 | 41 | La Union | 822,352 | 230 | 0.75% | |
| 41 | 42 | Capiz | 804,952 | 215 | 0.74% | |
| 54 | 43 | Samar | 793,183 | 225 | 0.73% | |
| 63 | 44 | Davao de Oro | 767,547 | 195 | 0.70% | |
| 71 | 45 | Agusan del Norte | 760,413 | 210 | 0.70% | Includes Butuan |
| 72 | 46 | Agusan del Sur | 739,367 | 200 | 0.68% | |
| 2 | 47 | Ilocos Sur | 706,009 | 225 | 0.65% | |
| 57 | 48 | Zamboanga Sibugay | 669,840 | 195 | 0.61% | |
| 75 | 49 | Surigao del Sur | 642,255 | 205 | 0.59% | |
| 52 | 50 | Northern Samar | 639,186 | 205 | 0.59% | |
| 28 | 51 | Camarines Norte | 629,699 | 220 | 0.58% | |
| 61 | 52 | Misamis Occidental | 617,333 | 220 | 0.57% | |
| 39 | 53 | Aklan | 615,475 | 220 | 0.56% | |
| 40 | 54 | Antique | 612,974 | 220 | 0.56% | |
| 1 | 55 | Ilocos Norte | 609,588 | 220 | 0.56% | |
| 65 | 56 | Davao Oriental | 576,343 | 190 | 0.53% | |
| 68 | 57 | Sarangani | 558,946 | 215 | 0.51% | |
| 76 | 58 | Basilan | 556,586 | 215 | 0.51% | Includes Isabela City |
| 73 | 59 | Surigao del Norte | 534,636 | 205 | 0.49% | |
| 23 | 60 | Occidental Mindoro | 525,354 | 220 | 0.48% | |

| No | Rank | Province | Population 2020 Census | MoC | % of Population | Notes |
|--|------|--------------------|---------------------------|------------|--------------------|-------|
| 8 | 61 | Nueva Vizcaya | 497,432 | 235 | 0.46% | |
| 50 | 62 | Eastern Samar | 477,168 | 220 | 0.44% | |
| 81 | 63 | Tawi-tawi | 440,276 | 220 | 0.40% | |
| 53 | 64 | Southern Leyte | 429,573 | 220 | 0.39% | |
| 64 | 65 | Davao Occidental | 317,159 | 195 | 0.29% | |
| 26 | 66 | Romblon | 308,985 | 220 | 0.28% | |
| 30 | 67 | Catanduanes | 271,879 | 215 | 0.25% | |
| 33 | 68 | Abra | 250,985 | 225 | 0.23% | |
| 22 | 69 | Marinduque | 239,207 | 215 | 0.22% | |
| 10 | 70 | Aurora | 235,750 | 225 | 0.22% | |
| 37 | 71 | Kalinga | 229,570 | 220 | 0.21% | |
| 36 | 72 | Ifugao | 207,498 | 220 | 0.19% | |
| 9 | 73 | Quirino | 203,828 | 220 | 0.19% | |
| 42 | 74 | Guimaras | 187,842 | 190 | 0.17% | |
| 49 | 75 | Biliran | 179,312 | 195 | 0.16% | |
| 38 | 76 | Mountain Province | 158,200 | 220 | 0.15% | |
| 74 | 77 | Dinagat Islands | 128,117 | 190 | 0.12% | |
| 34 | 78 | Apayao | 124,366 | 185 | 0.11% | |
| 48 | 79 | Siquijor | 103,395 | 195 | 0.09% | |
| 59 | 80 | Camiguin | 92,808 | 185 | 0.09% | |
| 5 | 81 | Batanes | 18,831 | 185 | 0.02% | |
| | — | Philippines | 109,033,245 | 225 | 100.00% | |
| 1. ^ Metro Manila is an administrative region, but is included in the table for comparison purposes. | | | | | | |



COMMERCIAL IN CONFIDENCE

Philippines has 4 cities with more than a million people, 89 cities with between 100,000 and 1 million people, and 514 cities with between 10,000 and 100,000 people. The largest city in Philippines is Quezon City.

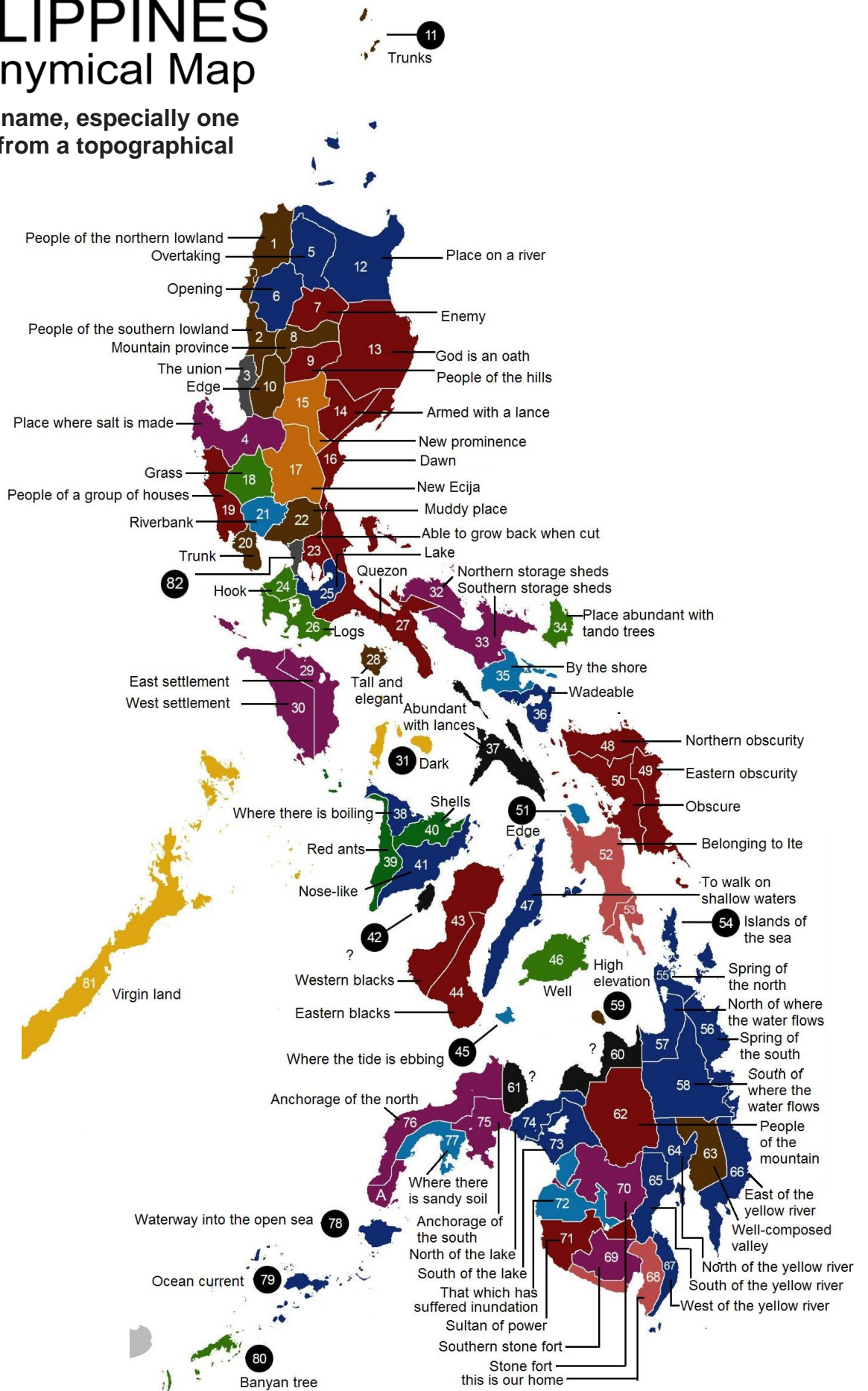
| Name | 2022 Population | MoC |
|----------------|----------------------------|------------|
| Quezon City | 2,761,720 | 240 |
| Manila | 1,600,000 | 240 |
| Caloocan City | 1,500,000 | 225 |
| Davao | 1,212,504 | 200 |
| Cebu City | 798,634 | 190 |
| General Santos | 679,588 | 225 |
| Taguig | 644,473 | 220 |
| Pasig City | 617,301 | 220 |
| Las Pinas | 590,000 | 220 |
| Antipolo | 549,543 | 225 |
| Makati City | 510,383 | 240 |

An aerial view of the largest city in the Philippines, Quezon City.



PHILIPPINES Toponymical Map

(a place name, especially one derived from a topographical feature)



Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Blessing your food achieves an increase of 15 points which is in fact a quadrillion (10^{15}) jump in energy.

Levels of consciousness are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. Even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

Shame: Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt. MoC 20 – 29

Guilt: associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident-proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace. MoC 30 – 49

Apathy: State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope. MoC 50 – 74

Grief: Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost. MoC 75 – 99

Fear: Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders. MoC 100 – 124

Desire: Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured. MoC 125 – 149

Anger: Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred. MoC 150 – 174

Pride: Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride. MoC 175 – 199

Courage: Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws. MoC 200 – 249

Neutrality: Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others. MoC 250 – 309

Willingness: Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness / do not feel demeaned by service jobs. Helpful / high self-esteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained. MoC 310 – 349

Acceptance: Major transformation takes place when one recognizes that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self-discipline / honouring of others rights / inclusive / tolerant. MoC 350 – 399

Reason: Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualization / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states. MoC 400 – 499

Love: Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness. MoC 500 – 539

Joy: Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will. MoC 540 – 599

Peace: Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness. MoC 600 - 699

Enlightenment: Buddha and Krishna. Jesus progressed beyond 1,000 to achieve at-onement with God whilst living on earth. Enlightenment is a never ending process. Moc 700 – 1,000



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| GOVERNMENTAL RESTRAINT upon its PEOPLE | | | | | |
|---|----------------------------------|--------------------------------|---|--------------------------|-------------------------|
| Nation | Map of Consciousness (MoC) | Population Number (2021) | Parliament | MoC (2021) | Elected Number |
| Australia | 410 | 25,500,000 | Federal Parliament Senate (upper house) Representatives (lower) | 380 380 380 | 227 76 151 |
| China | 305 | 1,440,000,000 | Politburo Standing Committee Politburo Central Committee Congress | 280 285 290 295 | 7 24 200 2,000 |
| European Union | 380 | 446,156,000 | Parliament | 335 | 705 |
| India | 370 | 1,380,000,000 | Parliament Council of States (upper) House of People (lower) | 400 410 390 | 788 245 543 |
| Philippines | 225 | 115,000,000 | Senate Representatives | 291 299 | 24 316 |
| Russia | 320 | 146,000,000 | Federal Assembly Federation Council (upper) State Duma (lower) | 305 310 300 | 620 170 450 |
| Ukraine | 330 | 43,750,000 | Verkhovna Rada | 300 | 450 |
| United Kingdom | 420 | 68,000,000 | Parliament UK House of Lords UK House of Commons | 390 380 400 | 1,433 783 650 |
| United States of America | 405 | 331,000,000 | USA Congress Senate House of Representatives | 380 365 390 | 535 100 435 |
| World overall | 220 | 7,910,000,000 | | | |

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

We are TRUTH SEEKERS!

Gaste System vs Intelligence Quotient vs Map of Consciousness

We are Truth Seekers! We are to ask questions and then ask more questions. We are to long to know the truth of whatever we are drawn to. We may find that we are passionate about particular subjects and matters and others we have no interest in whatsoever. That is reflecting our true personality and a start to recognising the journey we are intended to experience. Not one of us is the same as any other personality and that includes those who have come before us and those who are yet to come. We are each a unique and wonderfully capable personality.

And there comes our Childhood Suppression. At the moment of our conception (some 16 days before our physical incarnation when the heart of our newly forming foetus begins to pump blood and that then heralds our incarnation and completion of our individualisation into the physical) we are perfect in all aspects. Our soul condition is recognisable as a little lower than 1,000 on Dr David R Hawkins' Map of Consciousness and our foetus is in perfect condition. Our soul has been doing everything to bring about our arrival into the physical.

Then we are literally fire hosed with the emotional injuries and errors of belief of our parents and those close within the family. This begins from conception and continues on seemingly endlessly through to around the age of six years, all the way through our childhood forming years. By the time we are six years of age, we will then be calibrating at the same level as one or the other of our parents, should they be dissimilar in their calibration on the Map of Consciousness. This is why there is and has not been for nearly 2,000 years any real evolution or growth in the consciousness of Earth's humanity.

ALL institutionalised systems, customs, norms are covertly structured to maintain control over us and ensure that we do not evolve in our consciousness so that we do not break free from the hidden control of the few who brought about our overall suppression and submission through their rebellion.



COMMERCIAL IN CONFIDENCE

Some 200,000 years ago, humanity was passively but persistently encouraged and guided to live mind-centric. We were led to believe that through our minds we could become all powerful, even mini-gods. We were to ignore our feelings which are always in truth and instead embrace our mind's guidance.

Interestingly, our mind cannot discern truth from falsehood, our mind is addicted to untruth, and our mind is a control addict. Assumptions we make are consequently 98% in error!



Women are closer to their feelings than are men. Consequently these hidden controllers brought about having women subjugated to men. If women were allowed to be free to have their say, they would have promptly brought an end to this rebellion, a rebellion that has prevailed these past 200,000 years. The Rebellion and Default is now to end.

But first we have a great deal to undo and then put aside while embracing The New Way of living Feelings First. Firstly we will explore the controlling mechanism of the Caste System coming out of India:

OLD WAY to transition to THE NEW WAY

The Caste System of India was instigated through mind controlling personalities imposing their will upon a population that was open and unknowingly submissive to the corruption of their free will and way of life. Once a citizen is led to believe that they fall under one of the Caste System levels they continue to submit and subject themselves to such limiting error throughout their whole lives and impose this error of belief upon their own children leaving them ready prey to this controlling mechanism.

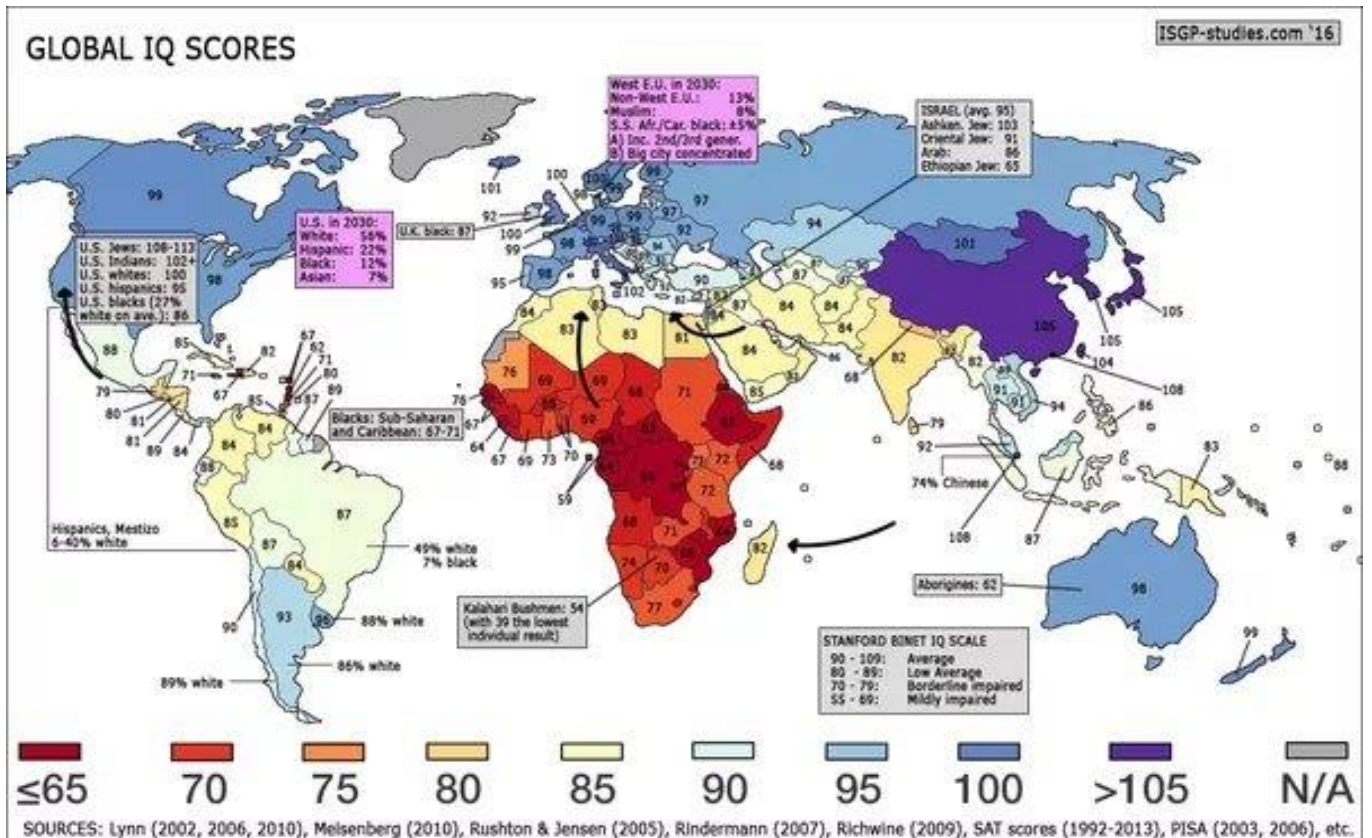
Intelligence Quotient (IQ) system is a modern day Indian' Caste System imposed upon the whole world through a modern day repackaging of those hidden controllers agenda.

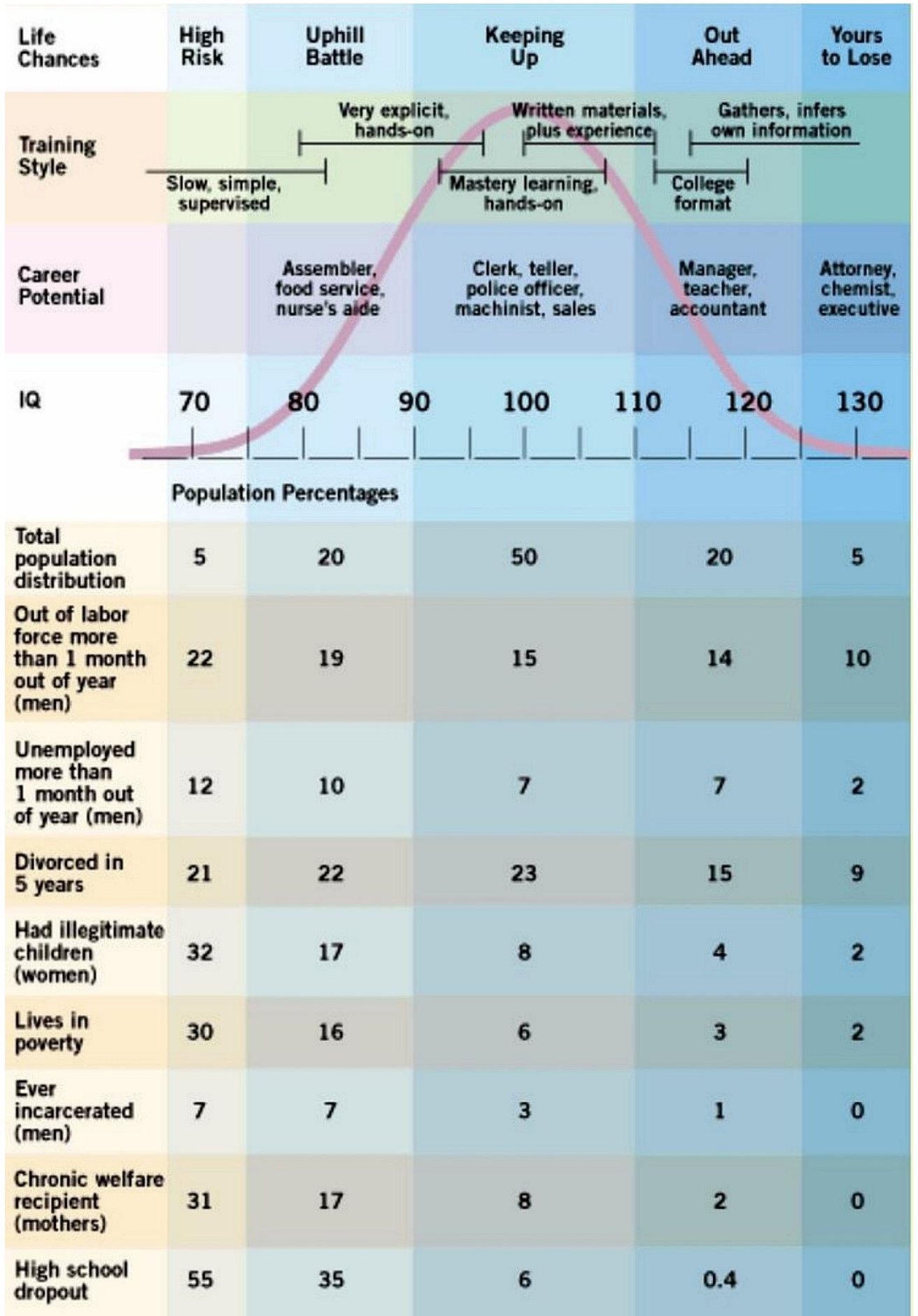
IQ (intelligence quotient) compared by countries

<https://www.worlddata.info/iq-by-country.php>

The question of the intelligence of a certain nationality or population may be controversial. In fact, intelligence is influenced by national, political, and geographic factors. Often surprisingly but scientifically proven, a warmer climate may badly affect the intelligence quotient. However, Childhood Suppression is the elephant in the room.

The displayed IQ was averaged from the results of 9 international studies and compared the average income and government expenditures on education from 1990 to 2010.





REALITY

We each will have our day in the sunshine. No matter what our present situation is, we will each have the opportunity and also engage and deliver unquestionably outstanding feats and demonstrations of our inbuilt intelligence and capabilities.

Presently, all of us are living out our individual Childhood Suppression. If we are not provided with the loving freedom to personally express our true selves, we are going to emulate the ways of our parents and carers that heavily influenced us throughout our childhood forming years, from the moment of our conception. We will remain stagnating throughout our lives never experiencing the capabilities that we each are blessed with prior to our conception. We are truly wondrous beings.

Should we not personally strive for more complex and interesting experiences, then we will not grow and develop our demonstrable IQ as we go along on our life's journey of discovery of truth and love.

We are each truth seekers. This is who we are and that is what we will continue to do throughout eternity. By reading this you are already becoming a research scientist!

However, a research scientist is mind-centric, she or he is caught under the glass ceiling trap of the mind and cannot grow beyond 499 MoC on Dr David R Hawkins' Map of Consciousness. Should we each strive to live feelings first then we may grow beyond 500 MoC and even beyond 1,000 MoC while living in the flesh here on Earth. Should we do this then all of humanity will benefit in wondrous ways!

Average IQ (intelligence quotient) score by Job

| IQ test range | The average IQ score by Job |
|---------------|--|
| 80 | Factory Packers and Sorters, Labourers; Gardeners; Upholsterers; Farmhands; Miners, Sales Manager. |
| 90 | Truck and Van Drivers, Warehousemen; Carpenters; Cooks and Bakers; Small Farmers. |
| 100 | Sheet Metal Workers, Machine Operators; Shopkeepers; Butchers; Welders. |
| 110 | Salesmen; Foremen; Electricians; Clerks; Policemen; Telephone Operators. |
| 120 | Nurses; Accountants; Stenographers; Pharmacists; School Teachers; Managers. |
| 130 | Lawyers, Physicians, (Civil and Mechanical), Engineers and Surgeons. |
| 140 | Research Scientists and Professors. |

Average IQ (intelligence quotient) – Classification Table

| IQ test range | IQ Classification | % of World Population |
|-----------------|-------------------|-----------------------|
| 130 and above | Very Superior | 2.1% |
| 121-130 | Superior | 6.4% |
| 111-120 | High Average | 15.7% |
| 90-110 | Average | 51.6% |
| 80-89 | Low Average | 13.7% |
| 70-79 | Borderline | 6.4% |
| Scores under 70 | Extremely Low | 4.1% |

We are to embrace our feelings, both good and bad, and express them to a companion. But more importantly we are to long for the truth of what our emotions are drawing our attention to. We are fully self-contained, it is our feelings that are always in truth and love and this is what we are to embrace, we are to engage and follow our feelings and have our mind assist in implementing what our feelings are leading us to do – not the



other way around as we have all been previously taught.

What's Your Emotional Intelligence Quotient (EIQ) Score?

Should we grow up in a family environment that is engaged in routine endeavours such as picking leaves to make tea, fruit picking and general small crop management, painting buildings, even bridges, repetitive routines, then our experiences are not conducive to learning and discovery, consequently our 'IQ' will reflect that as being mediocre.



Should we seek out and engage in more complex employment and experiences, then our 'IQ' will lift reflecting the greater skills now being expressed by our personality. Thus, family exposure to industries related to considered university degree courses and a student's work experience within firms of that industry can greatly increase success for such students. Work experience with study leads to mastery.

However, should we embrace someone's assumption of the level that they consider our Caste System rating is or the 'IQ' rating that some system generates as our destiny then we are embracing the covert suppressive control imposed upon the people to the great detriment of ourselves and this can be ongoing for years should we not take opportunities to experience and investigate at every moment.

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

| Level | Log |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE | 600 |
| JOY | 540 |
| LOVE | 500 |
| REASON | 400 |
| ACCEPTANCE | 350 |
| WILLINGNESS | 310 |
| NEUTRALITY | 250 |
| COURAGE | 200 |
| PRIDE | 175 |
| ANGER | 150 |
| DESIRE | 125 |
| FEAR | 100 |
| GRIEF | 75 |
| APATHY | 50 |
| GUILT | 30 |
| SHAME | 20 |

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

GS vs IQ vs MoC

By utilising kinesiology muscle testing in the manner that Dr David R Hawkins introduced in his book, *Power vs Force*, we each can determine that:

- The Caste System is a false doctrine and that it calibrates on the Map of Consciousness at 95
- The IQ (intelligence quotient) system is a false belief and it calibrates on the MoC at 94

Anything that calibrates under 200 is false, in error, wrong and generally harmful to us. While we live mind-centric we cannot progress beyond 499 and that is the peak of REASON. It is 499 that we find many of the world’s most renowned scientists calibrating at. As they are mind centric they have reached the glass ceiling and cannot progress beyond until they begin to embrace their feelings.

We can easily calibrate the level of truth of anything! We can calibrate the books within our own library. As we do this we find that the quality of what we read lifts, and then lifts, and then lifts some more. Then we find we throw out most of what we had held in our library!

- Power vs Force published by David R Hawkins calibrates on the Map of Consciousness at 850
- PASCAS PAPERS from Library Download page of www.pascashealth.com calibrate MoC 880

Note:
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!

By living true to ourselves, true to our feelings, we are living true to God. It’s that simple.

James Moncrief 18 March 2018 This statement tests true at MoC 1,000

On 22 March 2017, negative spirit influence from the mind spirit Mansion Worlds has been blocked by Celestials from within the three Earth focused Celestial Heavens thus ending the continuation of such misguidance, influence and interference.

Thus, now we can determine what is true and what is not, we can determine the level of anything’s truth and we do not need to read or embrace such material or writings before determining its veracity. Thus, kinesiology muscle testing with asking probing questions contribute to truth discovery. Our feelings are always in truth. We are to allow our innate guidance to surface and then we are to embrace this guidance.

Most importantly, we now can step away from traditions with certainty of their errors. We no longer need or continue to remain feeling compelled to adhere to past erroneous ways and practices. Further we now have revealed to us how to heal our emotional injuries and erroneous beliefs through Feeling Healing, and should we embrace our Heavenly Mother and Father’s Divine Love by simply asking for it, then we are Soul Healing.

This time, in the history of humanity, is the most exciting time ever experienced.

COMMERCIAL IN CONFIDENCE

A Nation's Persona! National Psychic Barrier



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

Consider this! For generations, parents have coerced their children to 'develop their minds', to embrace their minds in every aspect of their living, to reject their feelings at all times, to literally worship their minds to the detriment of their feelings.

This is also the mantra of the nation's education system.

The world is now experiencing the product of this ideology. They are seeing a nation of people demonstrating an ego and arrogance that is a combination of the "dark" traits of narcissism, psychopathy, and aggression. This arrogance is essentially believing that they are better, smarter, or more important than other people. They are being superior, overbearing, self-entitled, and presumptuous.

They are closed off to considering they could be wrong. Closed-mindedness and stubbornness mean many arrogant people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences.

Arrogant people lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with.

They remain imprisoned in their mind centricity until they open to their feelings, their soul-based feelings that are always in truth. Until they do so, their national social issues will slowly destroy their society and civilisation. The situation is leading to civil tension and potential internal conflict. Their health system is lacking, the education curriculum is restricting student development, and the nation is disillusioned with its own self-importance. However, for those who open to their feelings, their future will be incredible.



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

EINSTEIN'S THEORY of INSANITY



DOING THE SAME THING
OVER and OVER and
EXPECTING DIFFERENT
RESULTS.

Enter:

The NEW WAY **The NEW WAY**

POLITICAL SYSTEMS in General

Few presently understand that all institutionalised systems around the world have been covertly structured to inhibit and restrain Earth's humanity from progressing, particularly spiritually, and become intuitively freely expressive of their inherent talents. Firstly, we are all guided, well indoctrinated to embrace our minds as being all powerful and our only pathway to becoming little supermen and superwomen. By living mind centric we cannot progress beyond 499 on Dr David Hawkins' Map of Consciousness. We are each a walking zombie with no spontaneity and intuitive potential until we embrace our feelings.

Look at the institution of politics. We think we have a free system. It is a tyrannic manipulation. Instead of having candidates to choose to elect to run our nations, we have 'nominees' who are covertly put in front of us to stifle our nation for the benefit of a few oligarchs (local and foreign!). Compare the political candidate nomination process to the way executives are selected to run successful major corporations. In short, no political candidate should be put forward unless that personality calibrates 400 or higher on Dr Hawkins' Map of Consciousness (MoC) scale.

Then we find each candidate is coerced to be a representative of a 'political party'. Why? The candidate no longer can freely express and engage his personal talents – he must adhere to the party policies. The policies of a party are written by people who have not been elected by the people. Why is this so? The policies of the party are mostly the dictates of those who secretly fund the party. Who are these funders? In very serious cases you can actually find a chain back through 'secret societies' within each country, this extends back the highest levels of the Masonic system and you eventually end up in London. And then you end further back in the hands of a small group of very secret and almost never seen families whose trade and empires bleed the pockets of the people of every nation.

While we have mind centric people who are low in the MoC calibration we have governments that are hell bent on controlling and suppressing their people. And we have leaders that do not have the capability to perceive and recognise the dire straits the nation is in, nor the capability that they have been entrapped into are the ways that benefit foreign covert controllers and not the people of their nation.

We need political candidates that are vetted in similar manner as those who are sort to run major corporations. Further, these candidates need to calibrate over 400 on the Map of Consciousness – they need to be independent of party institutions – they need to be their true and wonderful selves.

The people of the Philippines presently calibrate around 225 overall on the Map of Consciousness. The members of the Philippines government who are presently in power calibrate overall at 297 MoC, out of this group, the Senate overall calibrates at 291 MoC, whereas the House of Representatives calibrates at 299. Overall, this is a better situation than that which prevails for most countries – but it is a long way short of the 400 MoC benchmark. (The scale is based on the common log of 10.) It is also interesting that the most critical positions of those in power are also the lowest in calibration. They actually suppress the potential of those governing members who are more capable.

Congressional districting is controlled by state legislatures. Both Republicans and Democrats gerrymander their congressional districts shamelessly. As it is that oligarchs 'endorse' their preferred candidates to do their begging, there is little wonder that the people are becoming more and more disillusioned with politicians as they are not only not as conscious as those who elect them, they are stooges for industry or mega-wealthy families. Further, should the 'money men' not get their nominee up, they typically have stooges for them throughout the second tier of governmental decision making, thus frustrating genuine for the people governance overall.

Worldwide, this is becoming more and more apparent to electors. Electors will slowly become aware of how democracy and all other political systems are being hijacked. As they do, they will bring to an end this subversive control and seek to rebuild a better system of governance. This may take decades to unfold, but unfold it will.

| | | |
|-------------|-----|--|
| LOVE | 500 | Debate and implement resolutions without argument and delay. 470 |
| REASON | 400 | Debate and implement resolutions in due course. 440 |
| ACCEPTANCE | 350 | Debate and implement resolutions with some degree of follow up generally needed. 410 |
| WILLINGNESS | 310 | Management supervision is generally necessary. |
| NEUTRALITY | 250 | Politics become the hope for man's salvation. |

This is an extract from the Map of Consciousness. If you want a pro-active, constructive and vibrant leadership then it is those people in the MoC range 410 to 470. The scale is based on the common log of 10, it is not a straight lineal scale. The differences between people with even a 1 point variation in energy is dynamic – a 10 point difference is 10,000,000,000 increase in energy. Utilising kinesiology muscle testing, most people can calibrate anyone who is anywhere in the world, in a minute or so.

The candidate selection process and the party system needs to be greatly changed, otherwise nations will continue to stagnate and be under the covert control of foreign hidden manipulators.

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Medical

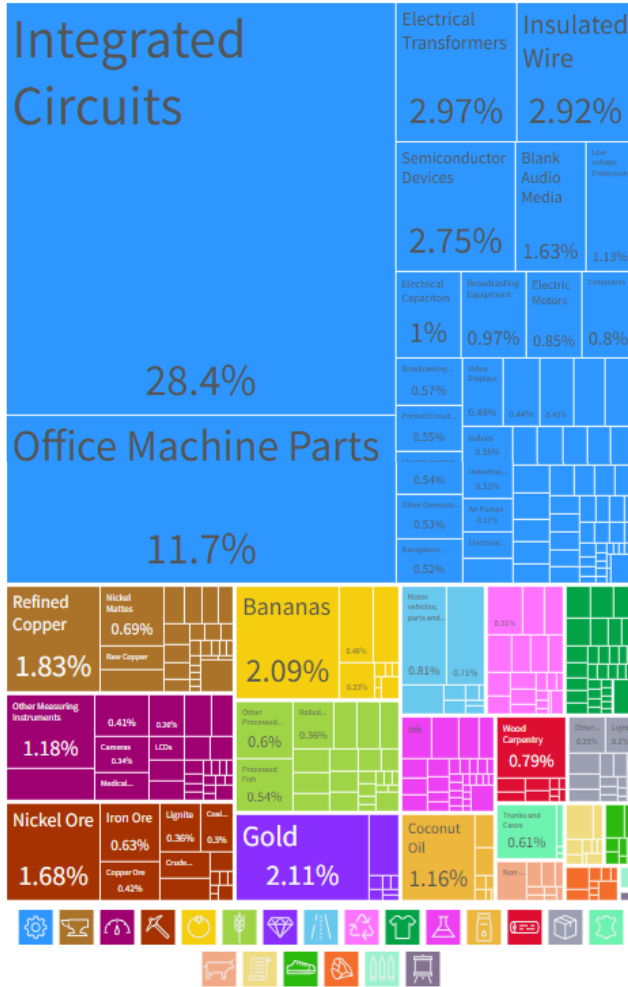
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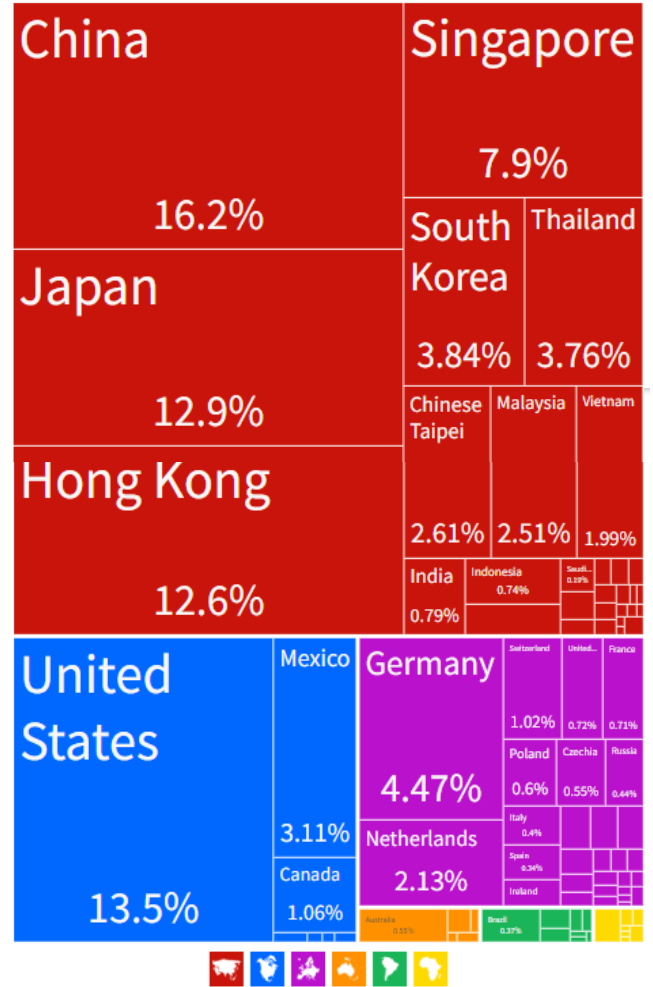
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<https://oec.world/en/profile/country/phl>

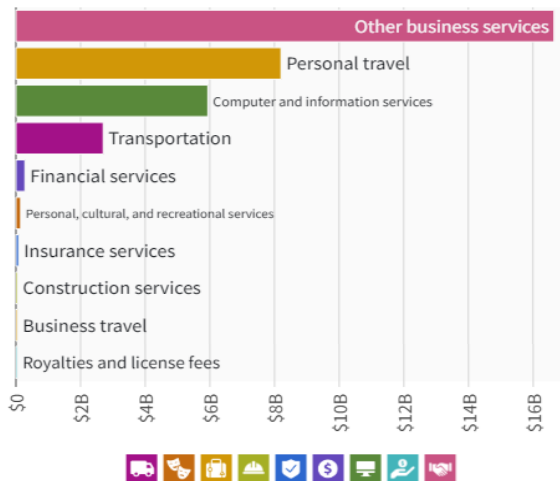
Exports (2020)
 [Click to Select a Product]
 Total: \$79.5B



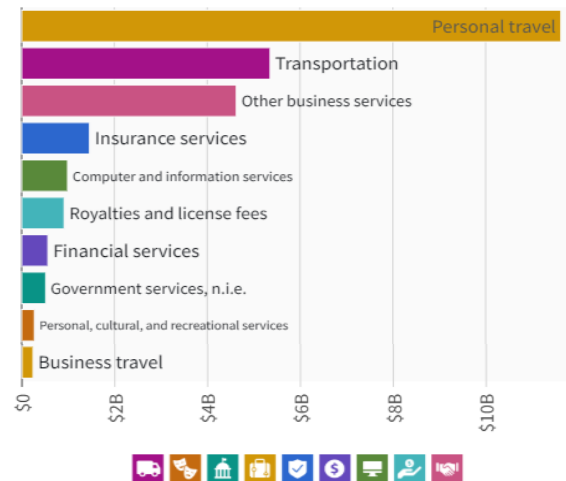
Destinations (2020)
 [Click to Select a Country]
 Total: \$79.5B



Service Exports (2018)
 Total: \$34.2B

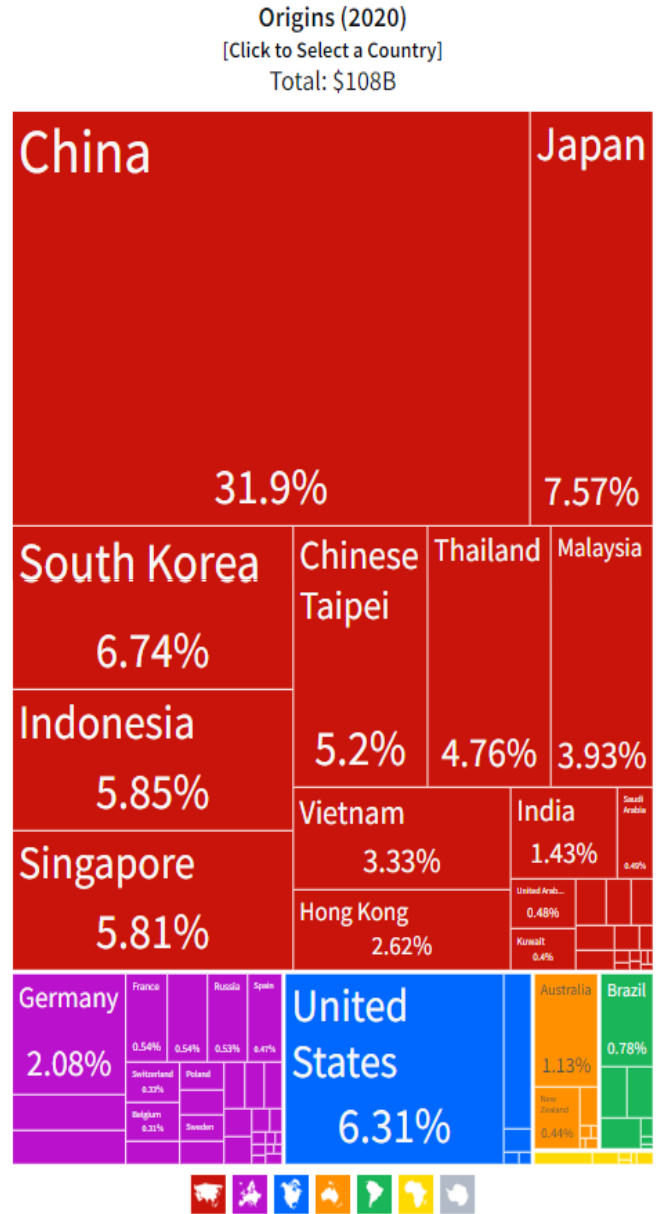
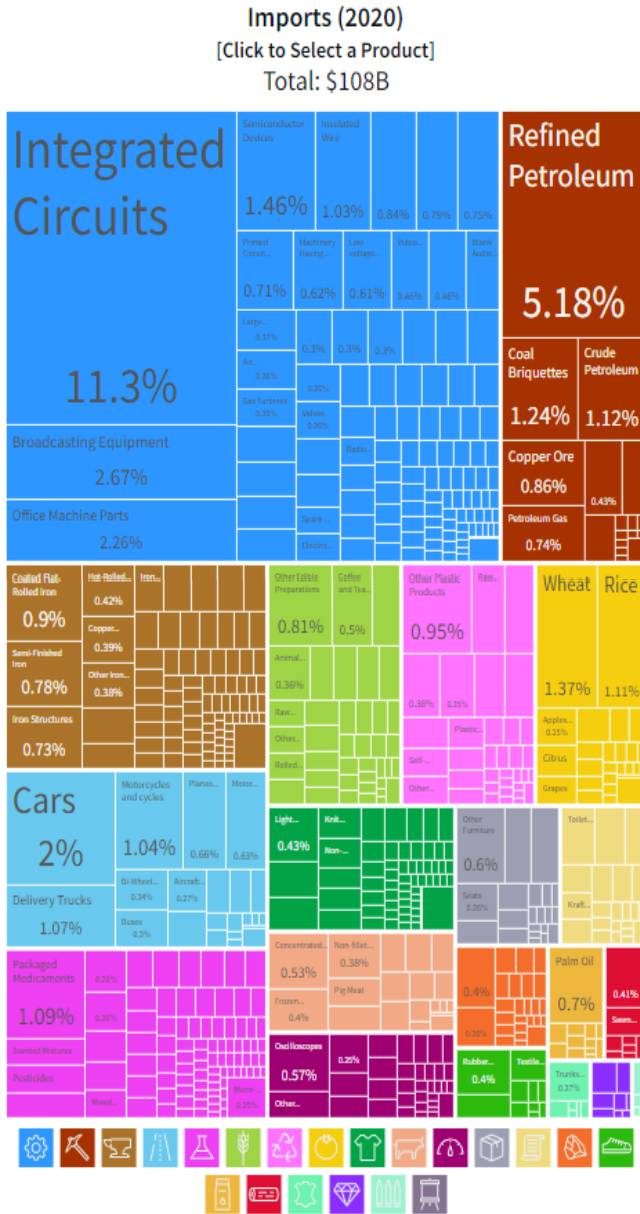


Service Imports (2018)
 Total: \$26.6B



PHILIPPINES IMPORTS

<https://oec.world/en/profile/country/phl?yearlyTradeFlowSelector=flow1>



CHINA'S BELT AND ROAD INITIATIVE IN THE PHILIPPINES

<https://www.eastwestcenter.org/publications/china%E2%80%99s-belt-and-road-initiative-in-the-philippines>

16 December 2022

Jonina O. Fernando, Master's student in Public Management at the Ateneo School of Government in the Philippines, explains that: "Despite its maritime dispute with China... the Philippines signed on as the last founding member of the Chinese-led Asian Infrastructure Investment Bank."

President Xi Jinping envisioned the so-called "Chinese Dream", to rejuvenate the Chinese state increasing both domestic and international power. The concept of the Chinese Dream is embodied by the Belt and Road Initiative (BRI), which adopts economic statecraft in the pursuit of security goals.

In 2013, Chairman Xi launched a two-pronged plan for the BRI, divided into the Silk Road Economic Belt and the 21st Century Maritime Silk Road. The BRI aims to enhance connectivity across Africa, Asia, and Europe, significantly expanding China's economic and political influence. China has sought to highlight how the initiative can aid other countries, especially developing countries, while at the same time boosting China's economy. If successful, the BRI can alter the global economy, as it can radically transform market opportunities, transportation, competition, productivity, and logistics. As of March 2020, **138 countries have joined** and inked the Memorandum of Understanding with the BRI of China.

Impact on the Philippines

Despite its maritime dispute with China over the West Philippine Sea a disputed section of the South China Sea adjacent to the Philippines eastern coast, in 2015 the Philippines signed on as the last founding member of the Chinese-led Asian Infrastructure Investment Bank (AIIB), which serves as the funding source for the BRI. The Philippines, in need of funding for domestic infrastructure projects, was incentivised to join by the AIIB's promise to address the Philippines' investment needs and close financial gaps among participating countries. In 2016, the AIIB co-financed two projects in transportation and flood-control projects in Metro Manila with ADB and World Bank, respectively.

Under Duterte, the Philippines has pivoted away from the United States, toward China, resulting in several bilateral agreements. In October 2016, Manila and Beijing sealed **US\$24 billion** worth of deals and 13 government-to-government agreements. On November 2018, the Philippines officially announced its cooperation with the BRI by formalising the deal under a memorandum of understanding. Moreover, Duterte's administration's Build Build Build Program, which pledged to usher in the Philippines's "golden age of infrastructure", dovetails with the concept and aim of the BRI.

Human Capital Development through BRI

With infrastructure being one of the Philippines' top priorities, the Build Build Build Program meant to serve as the highlight and legacy of the Duterte administration. It is in no coincidence, then, that the program mirrors the BRI's 21st Century Maritime Silk Road. The Chinese government's assistance in building and developing potential infrastructure projects in the country has paved the way for new dams, bridges, and railways, which will serve as a link to continuously strengthen its influence in the region. BRI projects are set to create employment for almost 21,000 Filipino citizens, and other agreements with Chinese companies could bring about \$12 billion worth of investment into the Philippines. Sustainable and innovative infrastructure would enhance industry and entrepreneurship, as well as increasing ties and access to the Chinese market.

With the re-routing of economic routes globally through the success of the BRI, trading of goods and services, and development of technology and logistics will focus especially on developing countries such as the Philippines. As the BRI projects in participating countries encourage internal productivity, they

also give way to more open markets and intercultural exchanges with other countries. The Digital Silk Road, China’s modern attempt to reconstruct ancient silk trade routes across Asia, is considered a key to success of the BRI’s vision. Encompassing a vast array of technological projects, it promises a combination of hard and soft infrastructure which increase trade efficiency for advanced technology. It is undeniable that China stands at the forefront of a new age of technology and is now one of the leading countries providing technological services to the world. With companies such as Baidu, Alibaba, and Tencent dominating globally. These Chinese technology giants play a major role in advancing global trade under BRI. For example, e-commerce is flourishing in BRI participant countries, which was made possible by supply chain improvements that shortened delivery time between countries. The presence of Chinese private-owned firms such as Oppo is already winning deals in the Philippines by providing affordable smartphones. However, it is alleged by other countries that Chinese electronic smartphones pose a threat on national security due to possible espionage. More efficient transportation infrastructure, resulting from BRI projects, has also generated business trend that greatly favour Chinese companies. This resulted to bilateral trades between China and the Philippines reaching close to US\$50 billion in 2019, growing at an average of 17% in the last five years.

This is true in the Philippines as well. For instance, e-commerce company Lazada, owned by the Alibaba group, dominates the retail industry. The tech giant has invested in developing hubs in the Philippines, employing approximately 8,000 workers, to extend its service even in far flung villages and small towns. Lazada plans to build a bigger facility in Clark, Pampanga, and other regions in the country to support its immense growth. Local small and medium enterprises will be given access in the e-commerce facility to help boost local economy. While Philippine policymakers would be wise to consider expanding cooperation with China, they would be remiss if they did so without considering the risks and hurdles involved. Manila would need to balance closer relations with China with the threat of losing some claim on resource sovereignty in regions where they have had disputes with China. Additionally, other Southeast Asian states which have too closely relied on China for economic partnership have faced pressure to side with Beijing in international forums, even when not necessarily in their own national interest. Finally, the United States may be the Philippines’s most important security partner, and any pivot away from Washington must fully account for the security ramifications of doing so.

As China seeks to reshape global trade through the BRI, it faces growing criticism from other countries. China has been accused of using “debt trap diplomacy” against developing and politically unstable countries such as the Philippines, taking advantage of their inability to repay large sums to debt to increase Chinese control and influence over them. Once recipient countries default on their loans, China can seize strategic assets. Given the sheer scale of China’s lending capacity, concerns have been raised on potential debt sustainability. With the Duterte administration strengthening its commitment to work with partners in the region, especially China, to further enhance regional connectivity and economic integration, it is expected that China’s presence in different economic sectors will only increase. Furthermore, Chinese influence in the political arena in the Philippines is also likely.



| 3 Total Philippine External Debt by Creditor Country^{1/} | | | | | | | |
|--|----------------|---------------|------------|----------------------|-----------------------|---------------|----------------------------|
| As of 30 June 2022 (valued at 30 June 2022 rates) | | | | | | | |
| In million US dollars | | | | | | | |
| Creditor/Country | Grand Total | Short-Term | | | Medium- and Long-Term | | |
| | | Total | Public | Private | Total | Public | Private |
| Grand Total | 107,692 | 13,907 | 814 | 13,093 | 93,785 | 64,900 | 28,885^{a/} |
| A. Bilateral Creditors, Banks and Other Financial Institutions, Suppliers and Others | 41,468 | 13,866 | 814 | 13,052 ^{b/} | 27,602 | 9,395 | 18,207 ^{c/} |
| 1. Japan | 13,763 | 1,030 | 4 | 1,026 | 12,733 | 7,318 | 5,414 |
| 2. United Kingdom | 3,583 | 2,040 | 293 | 1,746 | 1,543 | 0 | 1,543 |
| 3. Netherlands | 2,844 | 314 | 9 | 305 | 2,530 | | 2,530 |
| 4. Taiwan | 2,575 | 790 | 3 | 787 | 1,785 | 1 | 1,784 |
| 5. China | 2,347 | 734 | 15 | 720 | 1,612 | 260 | 1,353 |
| 6. Singapore | 2,232 | 941 | 3 | 938 | 1,291 | 4 | 1,287 |
| 7. United States of America | 2,124 | 1,428 | 332 | 1,096 | 696 | 128 | 568 |
| 8. Hong Kong | 1,626 | 1,167 | 111 | 1,056 | 459 | 0 | 459 |
| 9. Cayman Islands | 1,269 | 4 | | 4 | 1,266 | | 1,266 |
| 10. Korea, Republic of | 944 | 188 | 4 | 184 | 756 | 526 | 230 |

Marcos wants Philippines to renegotiate loans on China-backed rail projects

<https://www.reuters.com/world/asia-pacific/philippines-marcos-wants-renegotiate-loans-49-bln-china-backed-rail-projects-2022-07-16/>

16 July 2022

MANILA, July 16 (Reuters) - Philippine President Ferdinand Marcos Jr ordered the transport ministry to renegotiate loan agreements struck by his predecessor with China for railway projects worth US\$4.90 billion, an official said on Saturday.

Transportation Undersecretary Cesar Chavez said the official development assistance loan agreements for the three projects were considered "withdrawn" after the Chinese government "failed to act on the funding requests" made by the government of then-President Rodrigo Duterte.

Chavez said other funding options were also being considered for the projects worth 276 billion Philippine pesos: the Subic-Clark Railway Project, the Philippine National Railways South Long-Haul Project and the Davao-Digos segment of the Mindanao Railway Project.

Options include tapping private capital through a public private partnership, he said.

Asked for comment, a Chinese official said on condition of anonymity: "I can say China-Philippines cooperation over railways will continue. China is open for discussions with the Philippines."

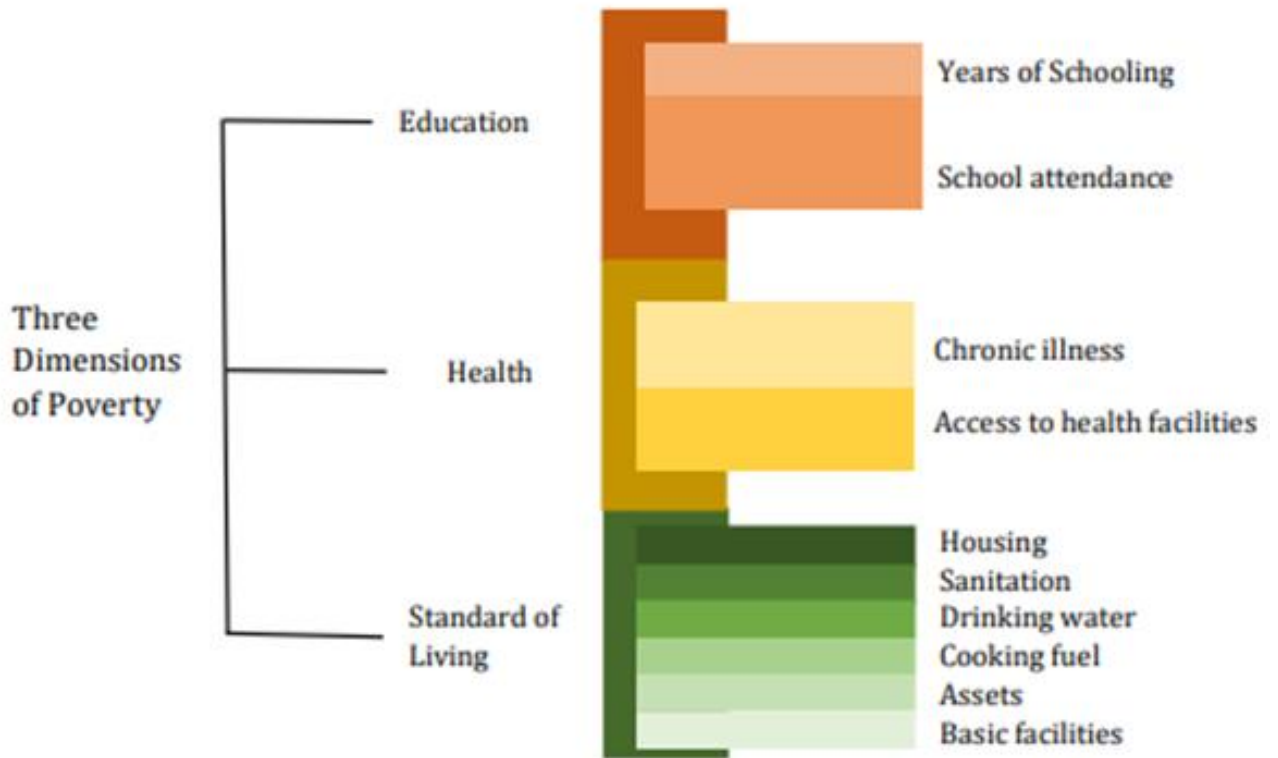
Marcos has vowed to defend national sovereignty but has spoken strongly of the need to enhance ties with China in other areas.

(US\$1 = 56.2700 Philippine pesos)

Multidimensional Poverty

Oxford Poverty & Human Development Initiative (OPHI)

Structure of the National MPI



Multidimensional Poverty in the Philippines

The intensity of deprivations in Philippines, which is the average deprivation score among people living in multidimensional poverty, is **41.8 percent**. The MPI value, which is the share of the population that is multidimensionally poor adjusted by the intensity of the deprivations, is 0.024.

Philippines Country Briefing October 2021
 Oxford Poverty and Human Development Initiative (OPHI)
 Oxford Department of International Development
 Queen Elizabeth House, University of Oxford
 www.ophi.org.uk OPHI Oxford Poverty & Human



Development Initiative

Global MPI Country Briefing 2021: Philippines (East Asia and the Pacific)

The Global MPI

The global Multidimensional Poverty Index (MPI) was created using the multidimensional measurement method of Alkire and Foster (AF). The global MPI is an index of acute multidimensional poverty that covers over 100 countries. It is computed using data from the most recent Demographic and Health Surveys (DHS), Multiple Indicator Cluster Surveys (MICS), Pan Arab Project for Family Health (PAPFAM) and national surveys. The MPI has three dimensions and 10 indicators as illustrated in figure 1. Each dimension is equally weighted, and each indicator within a dimension is also equally weighted. Any person who fails to meet the deprivation cutoff is identified as deprived in that indicator. So the core information the MPI uses is the profile of deprivations each person experiences. Each deprivation indicator is defined in table A.1 of the appendix.

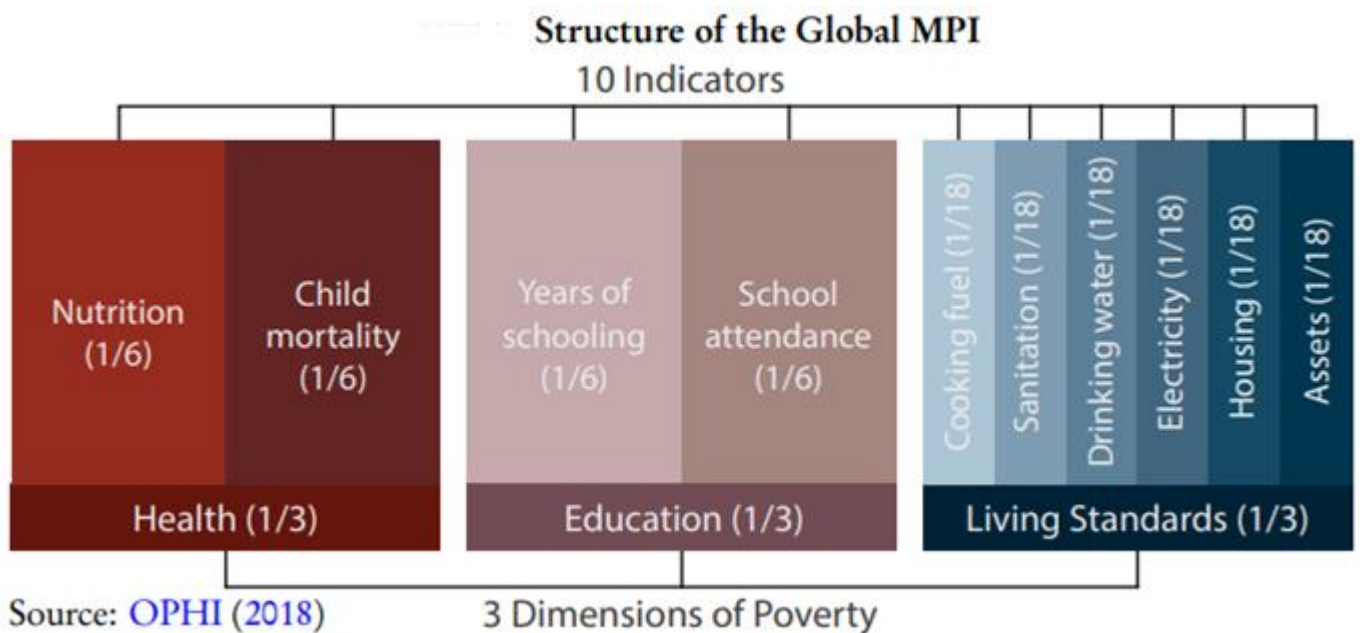
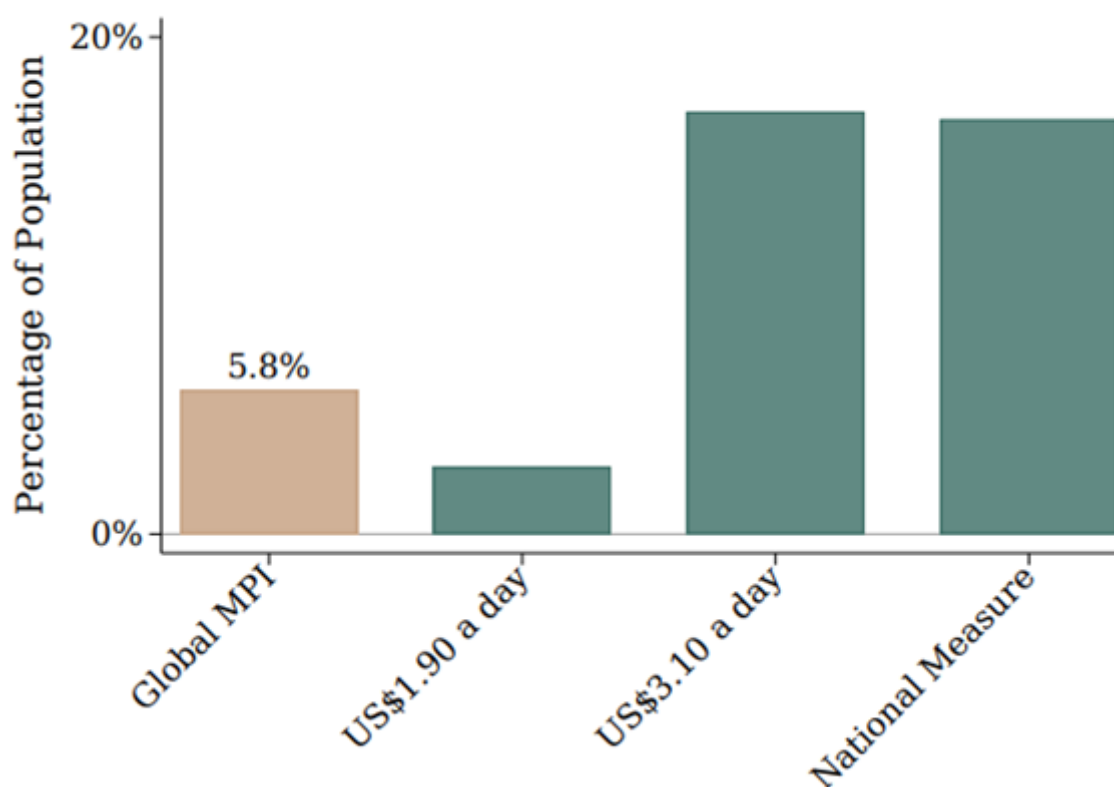


Table 1. Global MPI in Philippines

| Area | <i>MPI</i> | <i>H</i> | <i>A</i> | Vulnerable | Severe Poverty | Population Share |
|----------|------------|----------|----------|------------|----------------|------------------|
| National | 0.024 | 5.8% | 41.8% | 7.3% | 1.3% | 100.0% |
| Urban | 0.015 | 3.8% | 40.4% | 4.0% | 0.7% | 44.9% |
| Rural | 0.031 | 7.4% | 42.5% | 9.9% | 1.7% | 55.1% |

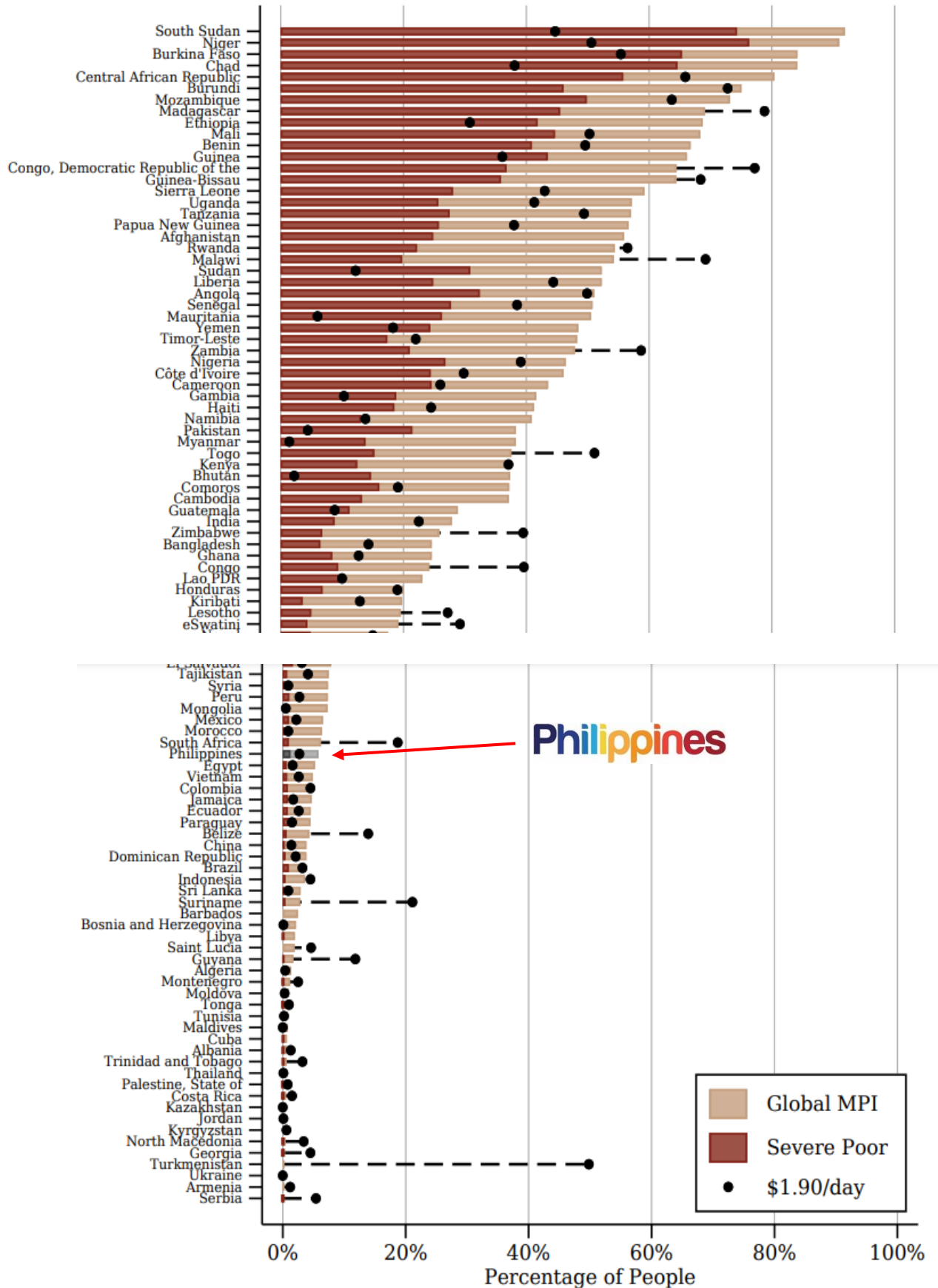
Notes: Source: DHS year 2017, own calculations.

Headcount Ratios by Poverty Measures



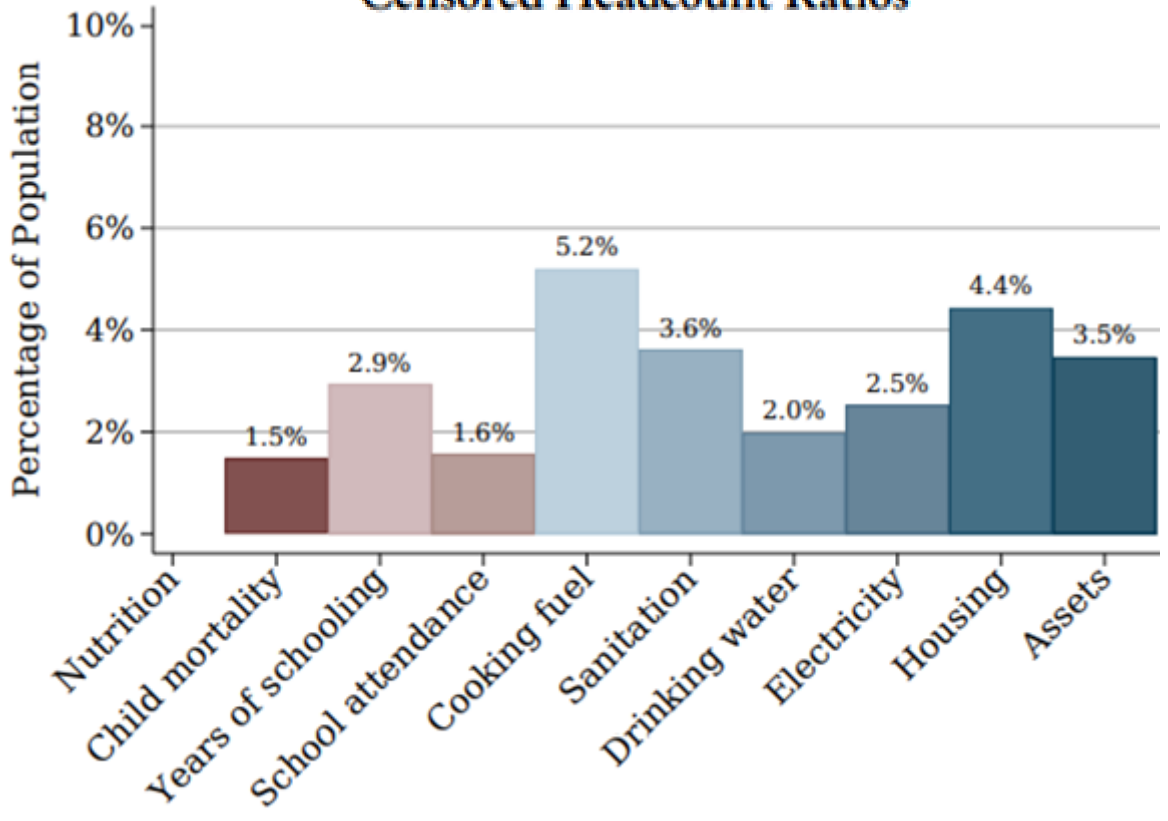
Notes: Source for global MPI: DHS, year 2017, own calculations. Monetary poverty measures are the most recent estimates from World Bank (Azevedo, 2011). Monetary poverty measure refer to 2018 (\$1.90 a day), 2018 (\$3.10 a day), and 2018 (national measure).

Figure 3. Headcount Ratios for Global MPI, Severe Poverty and \$1.90/day

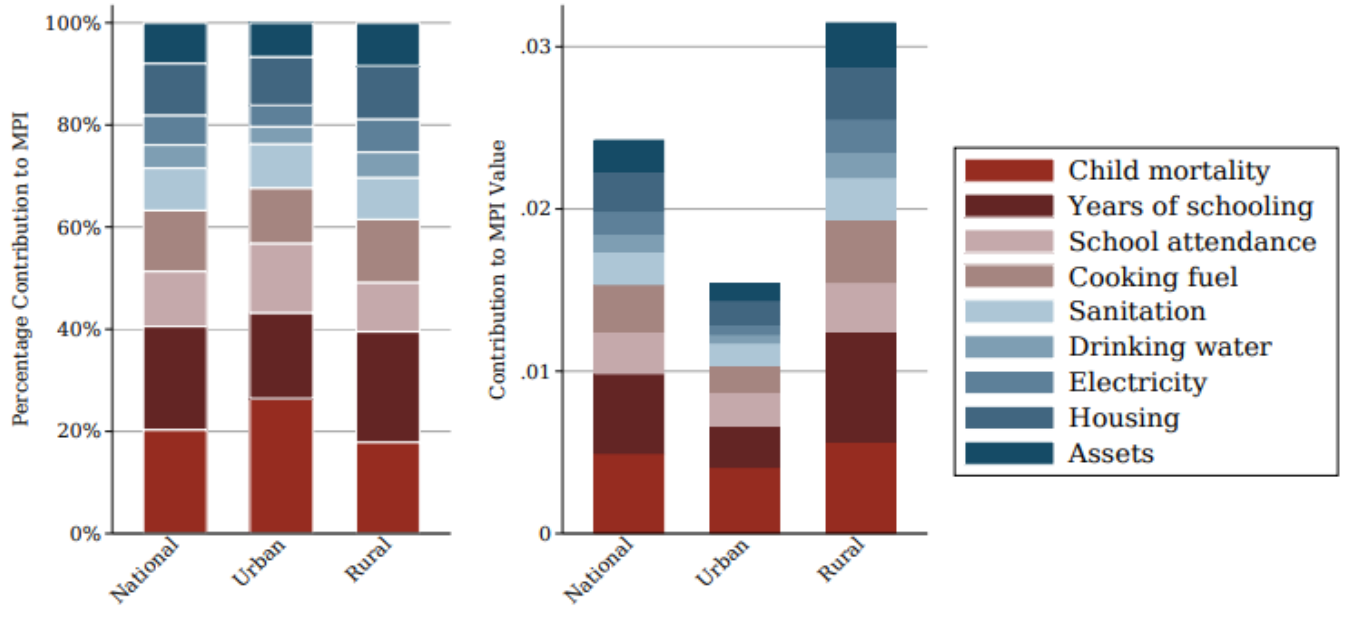


COMMERCIAL IN CONFIDENCE

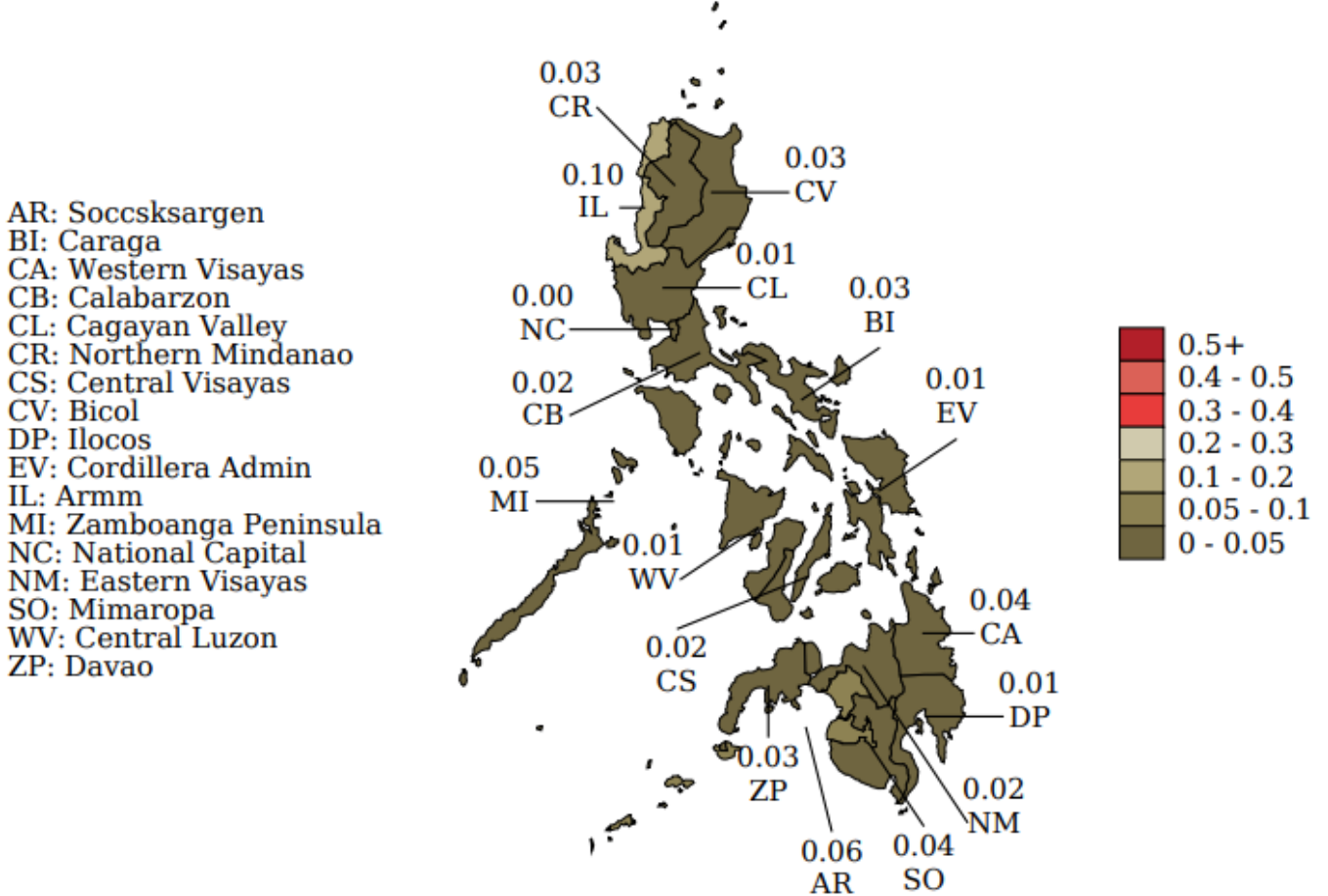
Censored Headcount Ratios



Indicator Contribution to Overall Poverty by Area

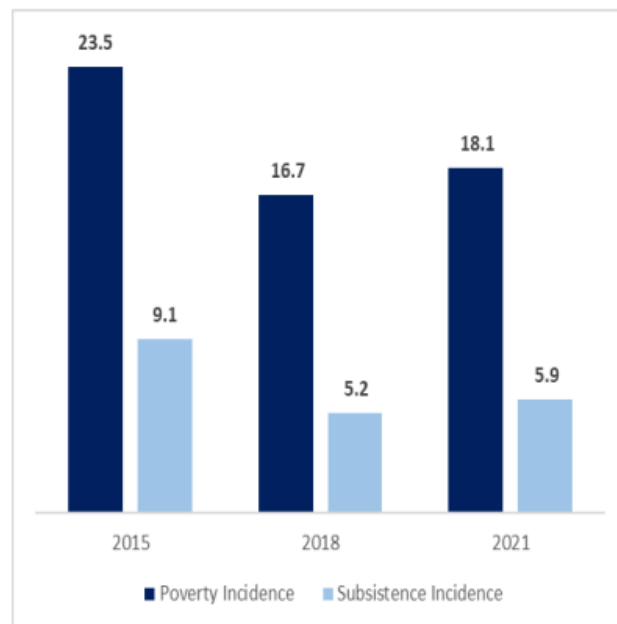


National MPI 0.024



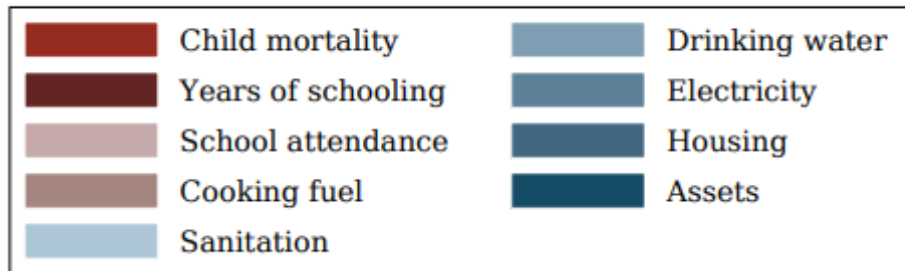
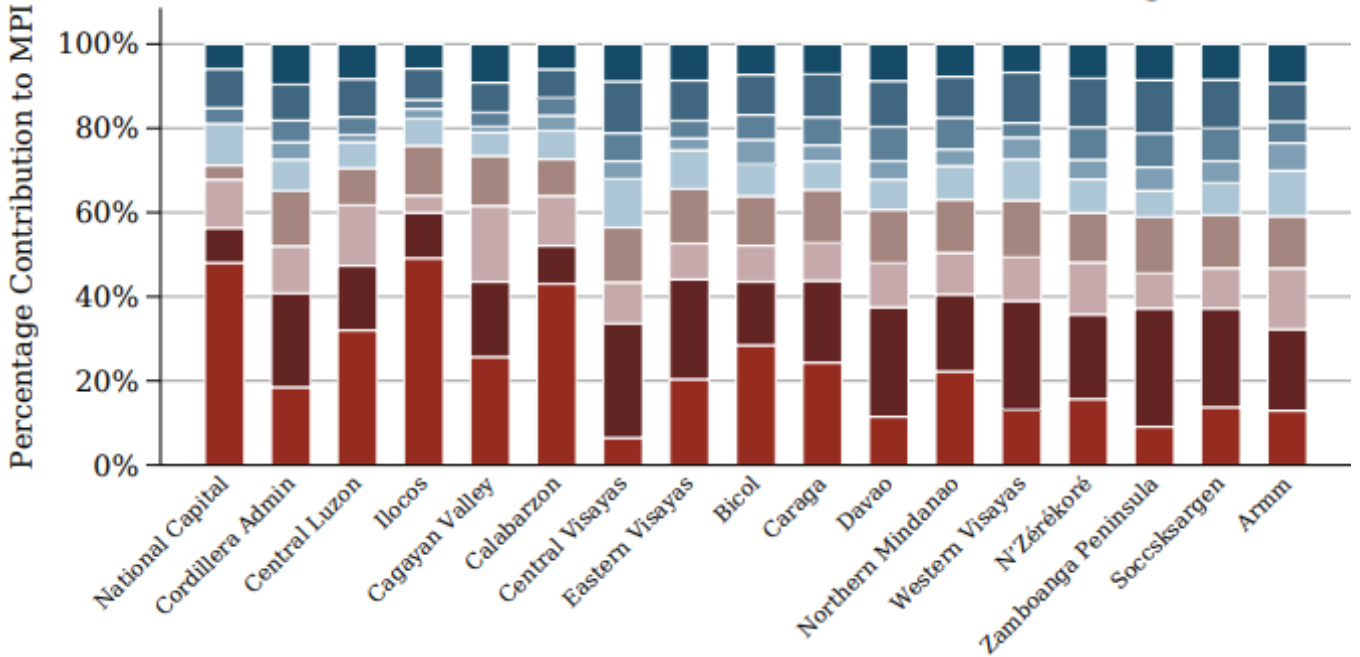
Citing its Family Income and Expenditure Survey, the PSA said the country has **19.99 million individuals** living below the poverty threshold. This represents 18.1% of the population. 7 Sept 2022

Figure 1. Poverty and Subsistence Incidence Among Population, Philippines: Full Year 2015, 2018, and 2021



COMMERCIAL IN CONFIDENCE

Indicator Contribution to Global MPI of Subnational Regions

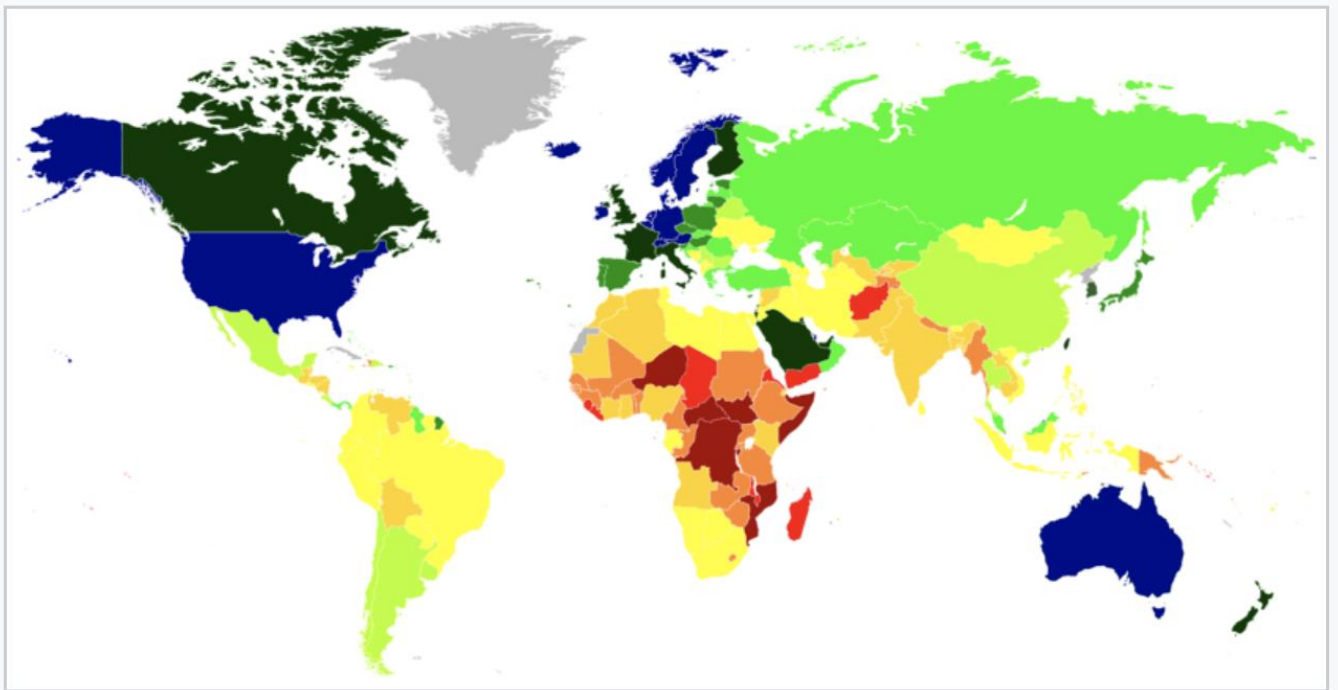


Poverty headcount ratio at US\$5.50 a day is the percentage of the population living on less than US\$5.50 a day at 2011 international prices. As a result of revisions in PPP exchange rates, poverty rates for individual countries cannot be compared with poverty rates reported in earlier editions.

- Philippines poverty rate for 2018 was **46.90%**, a **7.7% decline** from 2015.
- Philippines poverty rate for 2015 was **54.60%**, a **5.3% decline** from 2012.












Income poverty more pressing?

| Indicator | Philippines | Medium human development countries | % difference |
|---------------------------|-------------|------------------------------------|--------------|
| Per capita GDP | 4,170 | 4,269 | -2.3 |
| Adult literacy | 92.6 | 80.4 | 15.2 |
| Combined enrollment ratio | 81 | 64 | 26.6 |
| Life expectancy | 69.8 | 67.2 | 3.9 |



Countries or territories by GDP (PPP) *per capita* in 2022.



| | | |
|---|---|---|
|  >\$60,000 |  \$20,000 – \$30,000 |  \$1,500 – \$2,500 |
|  \$50,000 – \$60,000 |  \$10,000 – \$20,000 |  <\$1,500 |
|  \$40,000 – \$50,000 |  \$5,000 – \$10,000 |  No data |
|  \$30,000 – \$40,000 |  \$2,500 – \$5,000 | |

Did P537 billion help? 9 in 10 families receiving cash aid still below poverty line

12 October 2022

[HTTPS://WWW.RAPPLER.COM/NATION/FAMILIES-RECEIVING-CASH-AID-STILL-BELOW-POVERTY-LINE-4PS-COA-REPORT-2021/](https://www.rappler.com/nation/families-receiving-cash-aid-still-below-poverty-line-4ps-coa-report-2021/)

Under the law signed by then-president Rodrigo Duterte, families who have received cash aid for seven years will be disqualified 'regardless of whether or not they have crossed the poverty threshold'

MANILA, Philippines – For at least seven years – and in some cases, 13 – millions of Filipino families received a total of P537.39 billion (USD9.14 billion) in cash assistance or *ayuda* from the government, as of June 30, 2021.

Yet, nine out of 10 of these families continued living below the poverty line, according to a performance audit conducted by the Commission on Audit on the Pantawid ng Pamilyang Pilipino Program (4Ps) program.

“About 3,820,012 or 90% of the 4,262,439 active household-beneficiaries have been with the program for seven to 13 years with a total of P537.39 billion cash grants given as at June 30, 2021,” COA said in its 62-page report.

“This means that 90% of the active household-beneficiaries remained below poverty threshold even after being in the program for a long period of time,” the report said.

The report covered the years from 2008 to 2021 when the conditional cash transfer (CCT) program was implemented.

The goal of the program was to help families gain their bearings financially, before they are delisted as beneficiaries so other impoverished families could be included in the list.

In 2019, however, president Rodrigo Duterte signed Republic Act 11310 or the 4Ps Act, requiring beneficiary families to be excluded from the program after seven years.

“Under this law, the DSWD (Department of Social Welfare and Development) will delist a beneficiary from the program after reaching the end of their seventh year, regardless of whether or not they have crossed the poverty threshold,” the auditors said.

Millions of students will be affected

The cap imposed by the Duterte-era law will delist by 2026 (year) millions of elementary and high school students who belong to these poor households.

“Essentially about 2.6 million students [under Grade 6] will no longer receive financial support from the program by CY 2026,” the COA said.

The program received a total funding of P780.71 billion (US\$13.27 billion) from 2008 to 2021. It had an average utilisation rate of 95.4%, according to DSWD data.

Meanwhile, 5.3 million families have benefited from the 4Ps program. Still listed as active beneficiaries are 4.26 million households.

Yet, only 32,331 households were verified to have broken through the poverty threshold when they were evaluated in the last quarter of 2021.

“This shows that achieving breakage of intergenerational poverty is still minimal even when in the past years there was no term limit for being a beneficiary of 4Ps,” the COA report said. “With the term limit, the chances of student-beneficiaries to finish their basic education will be affected.”

Challenges

Although the poverty rate in the Philippines has been decreasing, current government initiatives are not enough to reduce families’ vulnerability and to protect themselves against risks and losses to their income. This prevents children from enjoying their rights to quality education, good health and protection from violence, exploitation and abuse.

More than 13 million Filipino children—more than a third of all children in the Philippines—live below the poverty line.

The Philippines aims to reduce the poverty rate to 14% by 2022. Without the safety net of social protection programmes, children living below the poverty line face multiple vulnerabilities that threaten their survival and growth. They easily end up suffering from poor health and malnutrition, reducing their potential as adults and the nation’s ability to provide a good and strong workforce in the future.

Solutions

UNICEF aims to address the different dimensions of child poverty in the Philippines and build resilience among families to shocks and stresses caused by natural disasters, armed conflict and climate change. We partner with the Philippine government and civil society to:

- Use evidence to influence national policy development, planning and budgeting in favour of the most vulnerable children.
- Foster innovative approaches to using quality data and research to address multidimensional child poverty.
- Further integrate disaster preparedness and Earth changes adaptation in local government planning and budgeting systems.
- Strengthen the government’s capacity in results-based monitoring, evaluation and reporting.
- Ensure that socially excluded groups, including indigenous children and children with disabilities benefit from the Government’s universal social protection and poverty reduction programmes.

High poverty rate awaits next leader—DOF

<https://mb.com.ph/2022/02/27/high-poverty-rate-awaits-next-leader-dof/>

27 February 2022

The next administration needs to make great efforts in reducing the poverty incidence in the country after it accelerated amid the more than two year-pandemic, the Department of Finance (DOF) said.

Finance Secretary Carlos G. Dominguez III, the government's chief economic manager, said the next elected leader of the Philippines would take over a country where at least 23.7% of the population is considered poor.

Dominguez said "next presidency should strive to reduce poverty incidence" after it increased because of the pandemic.

Poverty incidence in 2015 was at 23.5%, and the Duterte administration was able to bring down to 16.7% by the beginning of 2019.

Based on the first semester 2021 family income and expenditures survey (FIES), the number of poor Filipinos increased to 26.14 million from 22.26 million three years ago before the COVID-19 pandemic struck.

Before the pandemic, the Duterte administration had targeted to end 2022 with a lower poverty rate of 15.5% to 17.5%. High poverty rate is just among the major problems that the next administration will inherit.

Last week, Dominguez also said the next president will pay the loans secured by the Duterte administration for the country's pandemic response. "Looking realistically our situation, we have to pay for COVID. I mean, we cannot just have COVID and not pay for it," Dominguez said. "You don't know how much we spent just for the vaccines." As of 14 January 2022, the government borrowed a total of US\$22.55 billion, or roughly P1.15 trillion, in budgetary support in relation to its COVID-19 response.

Dominguez, however, declined to elaborate when asked if the next administration will need to increase taxes to payoff these debts incurred during the pandemic. He said the DOF is in the process of completing a fiscal consolidation plan for the country's next leaders. Dominguez is also hopeful that whoever succeeds President Duterte will find their fiscal consolidation plan "useful in continuing the dynamic recovery of the domestic economy over the next few years."

"We commit to a seamless transition and stand ready to assist the next administration as it takes over the reins of leadership. The fiscal consolidation plan is just one of the many measures that have to be undertaken by the next administration," he said.

Dominguez said that outgrowing debts is first on the list that should be addressed by the next presidency at the soonest possible time in order to lower its share in relation to the gross domestic product (GDP).

In 2021, the government's debt-to-GDP ratio rose to 60.5% from a historic low of 39.6% in 2019.

SOCIAL ISSUES of the PHILIPPINES

What is the biggest issue in the Philippines?

Poverty and Inequality in the Philippines remains a challenge. In the past four decades, the proportion of households living below the official poverty line has declined slowly and unevenly and poverty reduction has been very slow. There is weak local government capacity for implementing poverty reduction programs.

What is the biggest social issue in the Philippines?

One of the most pressing social issues in the Philippines is **lack of access to education**. This leaves them at a disadvantage when it comes to finding employment or even just understanding basic social issues. Additionally, many children do not have access to schooling at all.¹ June 2022

What are 5 social issues?

Poverty, unemployment, unequal opportunity, racism, and malnutrition are examples of social problems. So are substandard housing, employment discrimination, and child abuse and neglect. Crime and substance abuse are also examples of social problems.

What are the issues nowadays in the Philippines?

Poverty, lack of education, drug or substance abuse, vice, crime and unemployment are among the many problems that continue to batter them. Likewise, recent issues on the rising number of street children in urban centers, child abuse, forced-labour and pedophilia are quite alarming, aggravating the plight of the youth.

Poverty and homelessness are worldwide problems. According to Habitat for Humanity, one-quarter of the world's population lives in conditions that harm their health and safety. Many do not have shelter, a basic human need for survival. This social issue also goes beyond the 25% of the population directly affected.

What are the common problem in the community?

Example Community Problems: Adolescent pregnancy, access to clean drinking water, child abuse and neglect, crime, domestic violence, drug use, pollution, mismanagement of resources, lack of funding for schools and services, ethnic conflict, health disparities, HIV/ AIDS, hunger, inadequate emergency services, ...

What is the biggest problem facing the youth today?

Stress & Time Management. Managing the pressure to succeed in every area of life and finding time to do it all seems to be one of the biggest challenges facing the youth today. Young

people are expected to be successful, yet few of them are aware of effective time management.
 14 Aug 2019

Corruption in Asia-Pacific

Ranking and score

Scored 0 - 10 with zero as least corrupt

| 2010 rank | Score | Country | 2009 rank |
|-----------|-------|-------------|-----------|
| 1 | 1.42 | Singapore | 1 |
| 2 | 2.28 | Australia | 3 |
| 3 | 2.67 | Hong Kong | 2 |
| 4 | 3.42 | US | 4 |
| 5 | 3.49 | Japan | 5 |
| 6 | 4.96 | Macau | 7 |
| 7 | 5.98 | South Korea | 6 |
| 8 | 6.28 | Taiwan | 9 |
| 9 | 6.47 | Malaysia | 10 |
| 10 | 6.52 | China | 8 |
| 11 | 7.18 | India | 13 |
| 12 | 7.60 | Thailand | 15 |
| 13 | 8.06 | Philippines | 11 |
| 14 | 8.07 | Vietnam | 12 |
| 15 | 9.10 | Cambodia | 14 |
| 16 | 9.27 | Indonesia | 16 |

Indonesia most corrupt based on survey of 2,174 expat business executives by the Political and Economic Risk Consultancy



Source: PERC

090310 AFP

Children of Philippines

Realising Children's Rights in Philippines

<https://www.humanium.org/en/philippines/>



Previously ravaged by armed conflicts and natural catastrophes, the Philippines are today undergoing a development that is much more promising and encouraging for the future. Children's Rights have followed a similar trajectory, and while they are far from being fully guaranteed, the country's openness and willingness to change has given its people hope that soon even greater improvements will be made.



| |
|---|
| Realisation of Children's Rights Index : 7.36 / 10 |
| Red level : Difficult situation |
| Population: 105,7 million |
| Pop. ages 0-14: 34 % |
| Life expectancy: 71.66 years |
| Under-5 mortality rate: 22 ‰ |

Main problems faced by children in Philippines:

Poverty



In the Philippines, close to 1 out of every 3 individuals lives below the **poverty** line, while the country itself is in full economic expansion. Although this is encouraging for the future, the present situation remains bleak for a great many households.

Poor families frequently suffer from hunger or malnutrition from which follow numerous **health** problems, particularly among children who are physically more vulnerable than adults.

Health

The **infant mortality** rate is particularly high in the Philippines. Furthermore, more than 1 out of every 5 newborn children exhibits dietary deficiencies from the moment of birth. Childbirth is risky both for the infant and for the mother. In fact, the number of mothers who die during childbirth remains considerably high—especially since many young girls, through lack of both information and contraceptives, face unwanted pregnancies.

Furthermore, access to **healthcare** remains difficult in the country's more remote regions. Of course, it is in these areas that **undernourishment** and resulting problems are the most virulent.

Finally, no one takes responsibility for children who suffer from mental health problems. They remain marginalised and do not receive the appropriate care.

Child Labour

More than 10% of Filipino children are compelled to work so as to support the needs of their family.



Close to a million Filipino youths work as garbage scavengers in public dumps. The working conditions are utterly filthy and often have serious effects on the **health** of these individuals.

Other children find employment in rural sectors. They work nonstop on sugar, rice or tea plantations as the case may be. Filipino youths also work in their nation's fishing sector which is highly developed.

Right to non-discrimination

Children born out of wedlock : They are the object of considerable **discrimination** in the Philippines. The law, for example, still refers to them as "illegitimate" children—a term that is largely negative and unjust, seeing how they did not choose to be born under such conditions. Furthermore, their right to an inheritance is considerably limited. They clearly do not stand on equal footing with children born to married parents.



Native People : The children of these minorities are frequently the victims of racist acts, nor does legislation protect them. Their opinions are hardly ever taken into account, although much progress has been made concerning the children of nonindigenous peoples throughout the country.

With regard to **education**, **healthcare** or even the **right to life**, indigenous children are routinely treated less favourably than others.

Young Girls : They too are unable to fully enjoy their rights. Young girls are the object of notorious **discriminatory practices** that often continue throughout their entire lives. Mentalities must undergo a serious amount of change if the idea of equality between the sexes is ever to become a reality.

Handicapped Children : They are very numerous in the Philippines, owing to nutrition- and hygiene-related problems. The country has yet to set up a sufficient number of establishments that can adequately attend to the needs of such children. Consequently, their access to **educational** and **healthcare** services remains severely limited.

Child Soldiers

The Philippines number among 20 countries in which children are often deployed as soldiers in armed conflicts. Certain armed groups have recently stated that they will no longer use children in this capacity; however, the total absence of **child soldiers** is far from being verified.

Totally prohibited by the **International Convention of Children's Rights**, the use of **child soldiers** is an abhorrent practice whose effects on the health and well-being of children are wholly negative. Such children are caught up in a violent and cruel environment where they are in constant danger of being killed. Their role models are brutal and aggressive men whose influence on their development will clearly be far from positive.

Child Marriage

14% of young women in the Philippines get married before the age of 18. One prepares them very early in life for their future role as a wife. However, these marriages often have grave consequences for the health of these young girls who do not understand what such a marriage entails.

Violence against Children



Corporal punishment is frequently practiced in the Philippines, notably within the family. It is not the object of any explicit legislation. Thus, many children suffer daily from violence at the hands of their parents who treat them in a cruel and humiliating manner.

Children are equally the victims of **sexual abuse** in certain families. These are serious crimes and all too often they are not condemned, nor does the justice system adequately protect children from threats and intimidation on the part of criminals.

Justice for Minors

The Committee of Children's Rights has expressed profound concern about justice for minors. With regard to armed conflict, there have been numerous executions and extrajudicial imprisonments involving children. The killing of children is a serious violation of **the Convention of Children's Rights**; yet the crimes themselves remain unpunished. The Philippines thus needs to make a more concerted effort to put a stop to these practices and to actively see to it that the authors of these atrocities are held responsible for their acts. As it stands, the pursuit of justice in relation to such crimes is insufficient and the results are profoundly deceiving.

In addition, there are hundreds of people who are the victims of forced disappearances in the Philippines. When they do return (which is very rare), they suffer from both physical and mental trauma as a result of their experience.

Children who are in prison are not de facto protected as they ought to be. Although the country's legislation forbids inhuman and degrading treatment, numerous reports leave one with the impression that children in prison are still being subjected to torture.

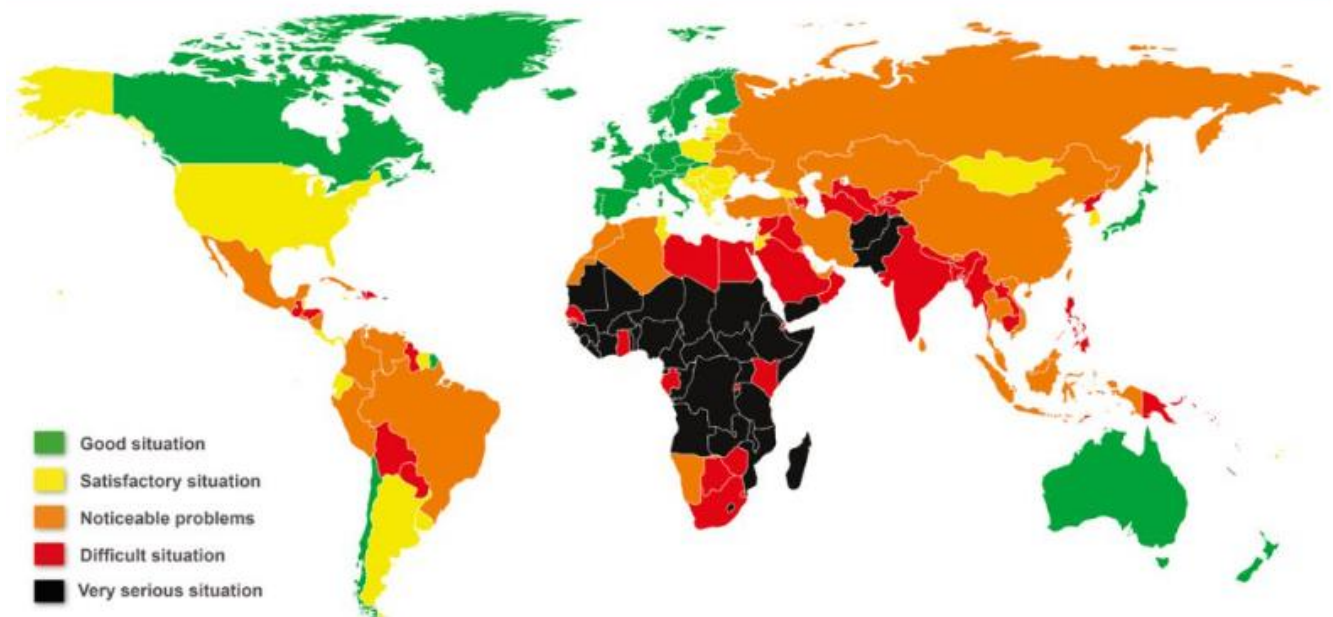
Right to an Identity



17% of births are not officially registered in the Philippines. The country has made some progress on this issue. However, not all children are able to benefit from these improvements. Indeed, most Muslim and **indigenous children** still lack an **official identity**.

This leads to great difficulties for such individuals because, owing to their official **nonexistence** in the eyes of society, they will be unable to enjoy their rights.

CHILDREN'S RIGHTS WORLDWIDE 2018



COMMERCIAL IN CONFIDENCE

Social Housing for Domestic Violence, Homeless, etc

| | | |
|--|-----------------|------------------------------|
| Consider 1 resident per each one-bedroom unit | 30 units | 30 residents – single adult |
| Consider 3 residents per each two-bedroom unit | 30 units | 90 residents – single adult |
| Consider 4 residents per each three-bedroom unit | 30 units | 120 residents – single adult |
| Consider 6 residents per larger units | <u>10</u> units | <u>60</u> residents |
| | Total 100 units | 300 residents |

A 100 unit Family Shelter population:

Thus 100 adults
 with 60 children aged 0 to 6 years
 60 children aged 7 to 12 years
 50 children aged 13 to 16 years
 and 30 mature aged dependants.
 300 residents (3 per unit average)

Around 3 in 10 households will most likely have a special needs member.

A Family Shelter of 100 units with an overall population of 300, we may anticipate that 100 adults would be with 200 children including mature aged dependants and that the children would range in age from 0 to 16 and the mature age dependants would be of any age.

One counsellor is best engaged with 10 adults or with six mothers and their 10 children when assisting those escaping domestic violence. As a Family Shelter may have 100 adults, with between 60% to 75% escaping domestic violence, then around 15 counsellors with experiences encapsulating the skills called upon may be appropriate for such a community.

Budget US\$400,000 per unit, a 100 unit complex budget may be US\$40,000,000. 100 facilities would amount to US\$4 billion and then add community Pascas Cafes as well as medium and smaller shelters for regional communities; then a budget of US\$6 billion is to provide for establishment and ongoing operating costs until the facilities become financially self-funding.

The focus of this endeavour is to primarily address the shortfall in housing availability for domestic violence victims, human trafficking refuge, homelessness and unsupported non-residents.

- A frontline facility may be a Pascas Café with showers, laundering, business centre, meetup area, and the availability of Pascas Counsellors. All are welcome; women, men and children.
- A small Pascas Family Shelter may have 1 Pascas Counsellor to assist 10 adults or 6 mothers with 10 children.
- A medium Pascas Family Shelter may have up to 30 units to house 90 residents with meeting rooms, community play areas and have 5 or 6 counsellors.
- A full Pascas Family Shelter may have 100 units to house 300 residents with Pascas Crèche, Pascas Café, community meeting area and business facilities and have 15 Pascas Counsellors including administration. Counsellors being available to Pascas Café and for home visits.

Child Abuse

<https://www.cdc.gov/violenceprevention/childabuseandneglect/fastfact.html>

What are child abuse and neglect?

Child abuse and neglect are serious public health problems and adverse childhood experiences (ACEs). They can have long-term impacts on health, opportunity, and wellbeing. This issue includes all types of abuse and neglect of a child under the age of 18 by a parent, caregiver, or another person in a custodial role (such as a religious leader, a coach, a teacher) that results in harm, the potential for harm, or threat of harm to a child. There are four common types of abuse and neglect:

- **Physical abuse** is the intentional use of physical force that can result in physical injury. Examples include hitting, kicking, shaking, burning, or other shows of force against a child.
- **Sexual abuse** involves pressuring or forcing a child to engage in sexual acts. It includes behaviours such as fondling, penetration, and exposing a child to other sexual activities.
- **Emotional abuse** refers to behaviours that harm a child's self-worth or emotional well-being. Examples include name-calling, shaming, rejecting, withholding love, and threatening.
- **Neglect** is the failure to meet a child's basic physical and emotional needs. These needs include housing, food, clothing, education, access to medical care, and having feelings validated and appropriately responded to.

How big is the problem?

Child abuse and neglect are common. At least 1 in 7 children have experience child abuse or neglect. This is likely an underestimate because many cases are unreported.



Children living in poverty experience more abuse and neglect. Experiencing poverty can place a lot of stress on families, which may increase the risk for child abuse and neglect. Rates of child abuse and neglect are 5 times higher for children in families with low socioeconomic status.

Child maltreatment is costly. This economic burden rivals the cost of other high-profile public health problems, such as heart disease and diabetes.

What are the consequences?

Children who are abused and neglected may suffer immediate physical injuries such as cuts, bruises, or broken bones. **They WILL also have emotional and psychological problems, such as anxiety or posttraumatic stress.**

Over the long term, children who are abused or neglected are also at increased risk for experiencing future violence victimisation and perpetration, substance abuse, sexually transmitted infections, delayed brain development, lower educational attainment, and limited employment opportunities.

Chronic abuse may result in toxic stress, which can change brain development and increase the risk for problems like posttraumatic stress disorder and learning, attention, and memory difficulties.

How can we prevent child abuse and neglect?

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Child abuse and neglect are preventable. Certain factors may increase or decrease the risk of perpetrating or experiencing child abuse and neglect. To prevent child abuse and neglect violence, we must understand and address the factors that put people at risk for or protect them from violence. Everyone benefits when children have safe, stable, nurturing relationships and environments. CDC developed Preventing Child Abuse & Neglect: to help communities use the best available evidence to prevent child abuse and neglect.

Different types of violence are connected and often share root causes. Child abuse and neglect are linked to other forms of violence through shared risk and protective factors. Addressing and preventing one form of violence may have an impact on preventing other forms of violence.

Strengthen economic supports to families

- Strengthening household financial security
- Family-friendly work policies

Change social norms to support parents and positive parenting

- Public engagement and enhancement campaigns
- Legislative approaches to reduce corporal punishment

Provide quality care and education early in life

- Preschool enrichment with family engagement
- Improved quality of child care through licensing and accreditation

Enhance parenting skills to promote healthy child development

- Early childhood home visitation
- Parenting skill and family relationship approaches

Intervene to lessen harms and prevent future risk

- Enhanced primary care
- Behavioral parent training programs
- Treatment to lessen harms of abuse and neglect exposure
- Treatment to prevent problem behavior and later involvement in violence

<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

“The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels.

“THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.

“To be completely unconditionally accepted for all that it is. Then it feels loved.”

Mary Magdalene, 13 May 2003

Yes, this is Mary of Magdalene. She has only written through James Moncrief, whereas Jesus has only written through James Padgett, and now James Moncrief.

PHILIPPINES POPULATION

2022

113 million.

The current population of the **Philippines** is **113,028,970** as of Wednesday, 19 October 2022, based on Worldometer elaboration of the latest United Nations data.

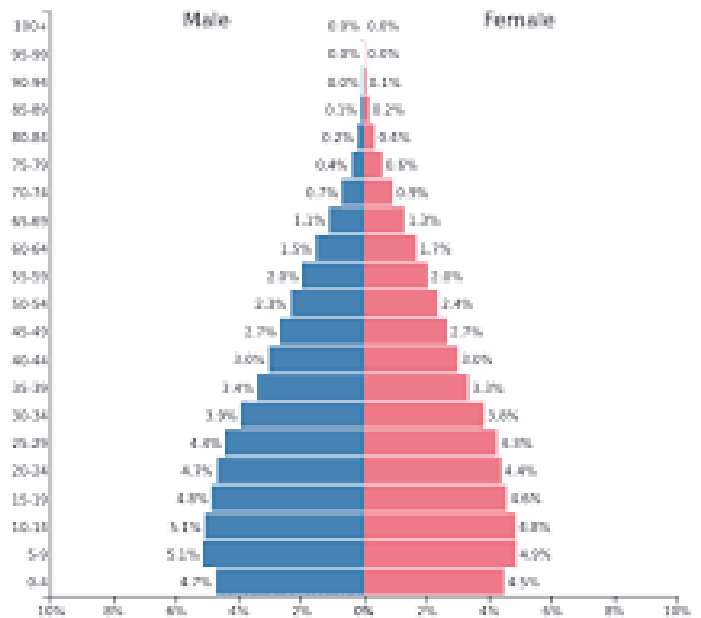
The Philippines 2020 population is estimated at **109,581,078** people at midyear according to UN data.

47.5 % of the population is **urban** (urban 52,008,603 people, rural being 57,572,475, in 2020).

Philippines life expectancy: 71.66 years (2022)

Philippines men expect to live an average of **67.7** years, while women expect to live an average of **75.9** years, a five-year difference.

Philippines median age: 25.7 years



Philippines Population Forecast

| Year | Population | Urban Pop % |
|------|-------------|-------------|
| 2020 | 109,581,000 | 47.5% |
| 2025 | 116,833,000 | 49.3% |
| 2030 | 123,040,000 | 51.6% |
| 2035 | 130,040,000 | 54.4% |
| 2040 | 135,619,000 | 57.6% |
| 2045 | 140,438,000 | 61.1% |
| 2050 | 144,488,000 | 64.7% |

PopulationPyramid.net

Philippines - 2022
Population: 113,508,991



Languages of Philippines

<https://www.futurelearn.com/info/futurelearn-international/what-languages-are-spoken-in-the-philippines>

Official languages of the Philippines

Filipino and English are the Philippines' two official languages. Filipino is a native language based on Tagalog; English has official status due to the Philippines being a colony of the United States between 1898 and 1946.

Schools and the media largely use Filipino; it is the lingua franca that binds the country's various linguistic communities together. English is widely used in government, newspapers, and publications.

Filipino (Tagalog)

Tagalog is a member of the Austronesian language family's Central Philippine branch and serves as the foundation for the Filipino language, the Philippines' national language. Cebuano, Hiligaynon (Ilonggo), and the Bisayan (Visayan) languages are closely related to Tagalog. About 14 million native Tagalog speakers live in central Luzon and parts of Mindanao, making them the Philippines' second biggest language and cultural community.

Another 25 million people use Filipino (a Tagalog-based language), which is increasingly used in literature, radio, and the press, as well as in government and education. Tagalog grammar is known for its complicated verbal system, which includes three forms of passive phrases.

Are Filipino and Tagalog the same?

The Filipino language is similar to Tagalog – but not exactly the same. Filipino is a modernised variant of Tagalog that incorporates aspects of other Philippine languages as well as Spanish, English, Chinese and Malay, but the two are mutually intelligible and the names are often used interchangeably.

Tagalog became the Philippines' national language in 1937, when Congress decided to include a native language among the officially recognised languages. Tagalog was the most widely used language in Manila at the time, making it an obvious choice in the eyes of Congress – though the decision is still seen as controversial by Cebuanos, who make up a larger proportion of the population than Tagalogs.

When the Constitution was changed in 1973 under dictator President Ferdinand Marcos, Tagalog was renamed Filipino, and Congress began to develop a new version of the language. In 1987, Filipino was granted official language status.

Marcos' efforts to build a "new civilization" included the transition of Tagalog into the Filipino language. Part of this effort involved adding features from other languages, such as replacing supposedly "aesthetically unpleasing" Tagalog terms with replacement words that sounded better. The alphabet was changed to include the letters c, f, j, x and z, and certain words' spellings were modified to better represent their pronunciation.

English

A brief overview and history of the English language in the Philippines

Since the Americans colonised the Philippines, English has been the primary medium of instruction in schools and institutions. Since then, teaching of the English language has improved as Filipinos have

recognised the need to learn English in order to engage with Westerners for commercial and tourism purposes.

The Philippines has a worldwide reputation for English fluency, with the majority of its inhabitants speaking the language at some level. English has always been one of the Philippines’ official languages, and more than 14 million Filipinos speak it. It is the principal medium of instruction in education, as well as the language of trade and law.

English language proficiency is an asset to the country that has boosted the economy and even helped the Philippines surpass India as the top call centre destination in the world in 2012. Due to the relatively more affordable but high-quality English as a Second Language (ESL) programmes available locally, the number of foreign English learners is on the rise.

What languages are spoken in the Philippines?

The Philippines is made up of 7,641 islands, which has given rise to a vast number of languages. **The Philippines currently has 183 live languages, the vast majority of which are indigenous or regional.**

Any two random people in the Philippines have an 80% probability of growing up speaking a different language, making the Philippines one of the world’s most linguistically diverse countries. In fact, the Philippines celebrates its linguistic diversity for an entire month in August (known as Buwan ng Wika, or Language Month). Some of the most in-demand languages are spoken in The Philippines.

Languages in the Philippines can be classified as either official or unofficial.

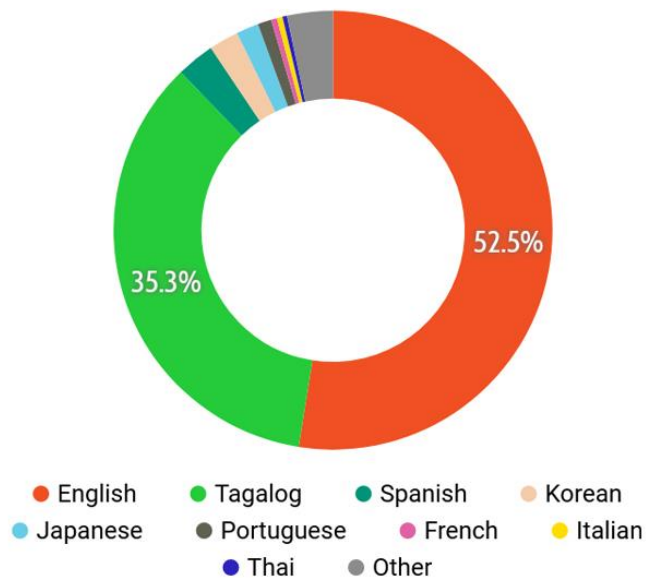
Is Spanish spoken in the Philippines?

From 1565, the Philippines were under Spanish colonial administration for 300 years; Spanish was the official language during that time. According to the 1935 Constitution, Spanish was reinstated as an official language alongside English, but it was relegated to an “optional and voluntary language” in 1987.

Although just approximately 0.5 percent of the Philippines’ 115 million people speak Spanish, it still has the highest concentration of Spanish speakers in Asia.

However, the roots of Spanish have not totally left the Philippines, as a third of the Filipino language is made up of 4,000 “loan words” derived from Spanish words. This heritage is clear from the start, as the word “hello” (kumusta) is derived from the Spanish phrase “how are you?” (cómo está).

TOP LANGUAGES



What makes Filipinos speak English well?

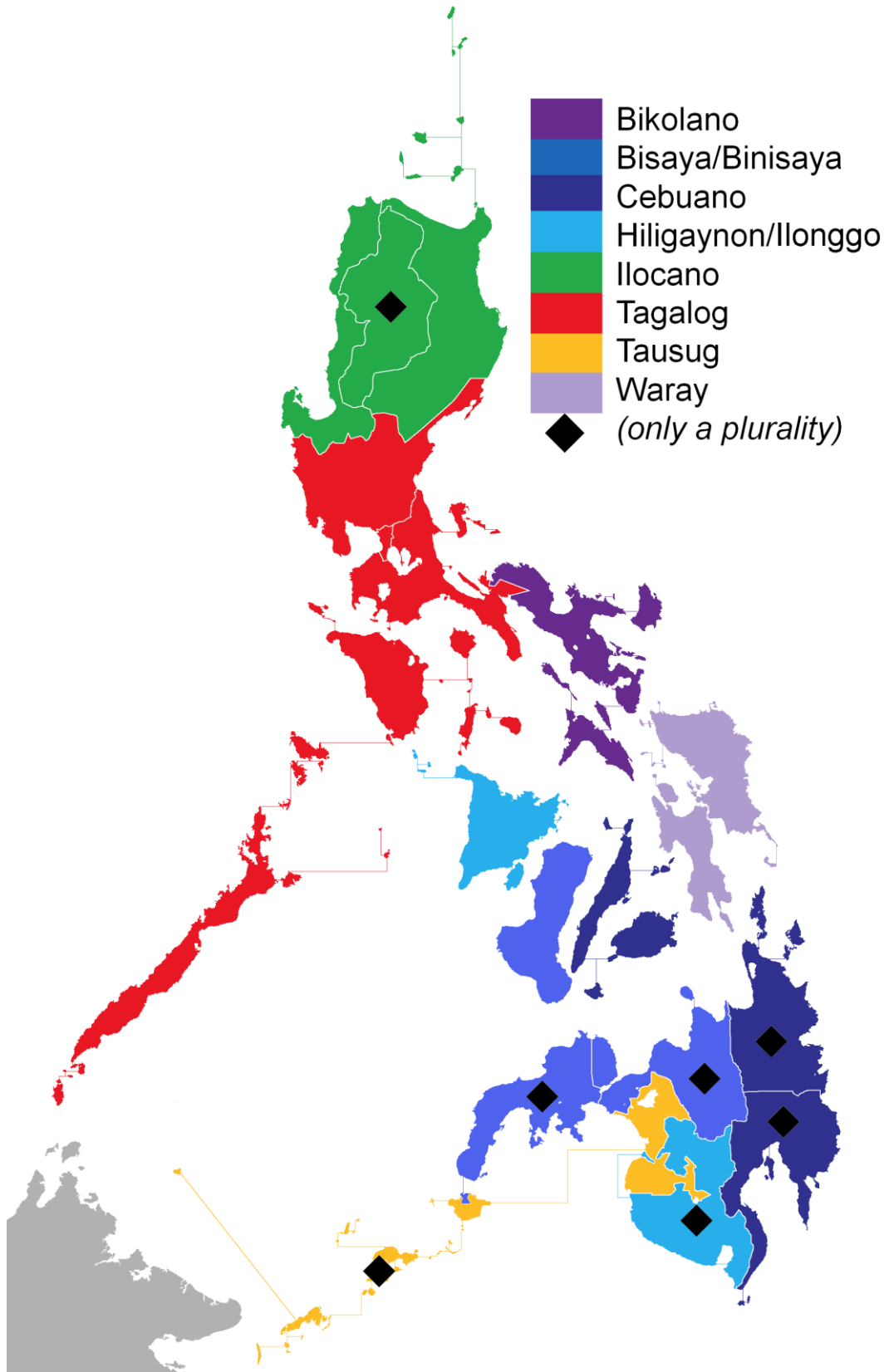
<https://www.quora.com/>

Not everybody speaks English that well because there is a wide range of spectrum (What's the level of English in the Philippines?) and not everybody speaks with true American accents (though they are American-*influenced*: Why do many Filipinos have somewhat American-sounding accents?).

However, on average, the Philippines is among the most fluent in Asia Who can speak better English: Filipinos, Singaporeans, Malaysians, Hongkongers, Indonesians or Indians? Even though other Asian countries have also set English as an official language (e.g., Singapore, Malaysia, India, Hong Kong), the Philippines has certain advantages:

1. **Centuries of fluency in another foreign language**, i.e., Spanish. With more than 3 centuries of being a colony of Spain, generations of Filipinos are used to the idea that there is a bigger world out there, and it is necessary to be at least knowledgeable in a non-local language.
2. **Education system**. The Americans sent Thomasites to promote the English language, and the Philippine education system was patterned after the (old) American education system. All the subjects (except Filipino and Social Studies) are almost entirely in English, particularly in private schools. Note: The education system of Singapore and up to an extent, India, are also mostly in English.
3. **Official language of the government**. Both English and Filipino (i.e., Tagalog) are equally acknowledged as official languages. In most (if not all) cases, laws and legal documents are entirely in English.
4. **Daily exposure to the language**. Many products, signs, advertisements are *not* translated to the local languages because you are expected to understand both.
5. **Mass media**. In other countries, English media go with subtitles, but this is not the case in the Philippines (although dubbed versions are increasing). Unlike in France where the mass media content must be mostly in French (even imposing quota on non-French music in radio stations), the Philippines is free to import Hollywood films, American TV shows, and English-language music.
6. **Social pressure**. English is the prestige language. The social elite and the academic elite are very fluent in English. It is difficult, almost impossible, to move up the social, academic, and corporate ladder without being fluent in English. Not being fluent in English is harshly used as an indication of lack of education or intelligence.
7. **Necessity in jobs and living/working abroad**. Many jobs in multinational companies require native-level fluency in English. Many Filipinos want to live abroad (particularly, in the US).
8. **Less attachment to Asian traditions**. Language (including accents) is a reflection of culture. There is no pressure or any significant movement against the strong influence of English and the American culture in the Filipino culture.

Major languages by region. Regions marked with black diamonds denote the language comprises only a substantial minority of the populace.



Philippines

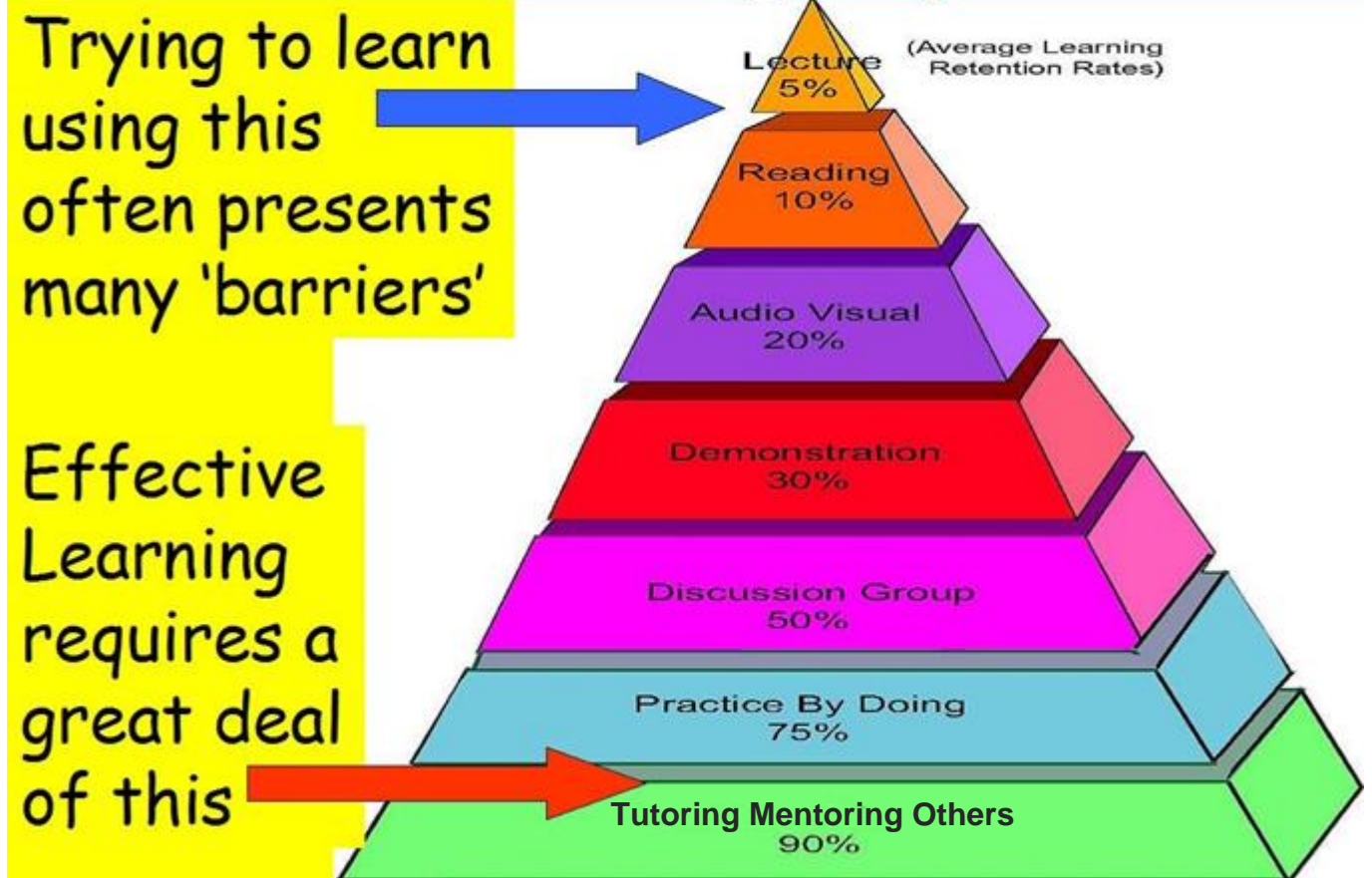
EDUCATION INEQUALITY

and

INEFFECTUALNESS



The Learning Pyramid



100% retention is **Natural Self Expression**

PISA 2018 worldwide ranking

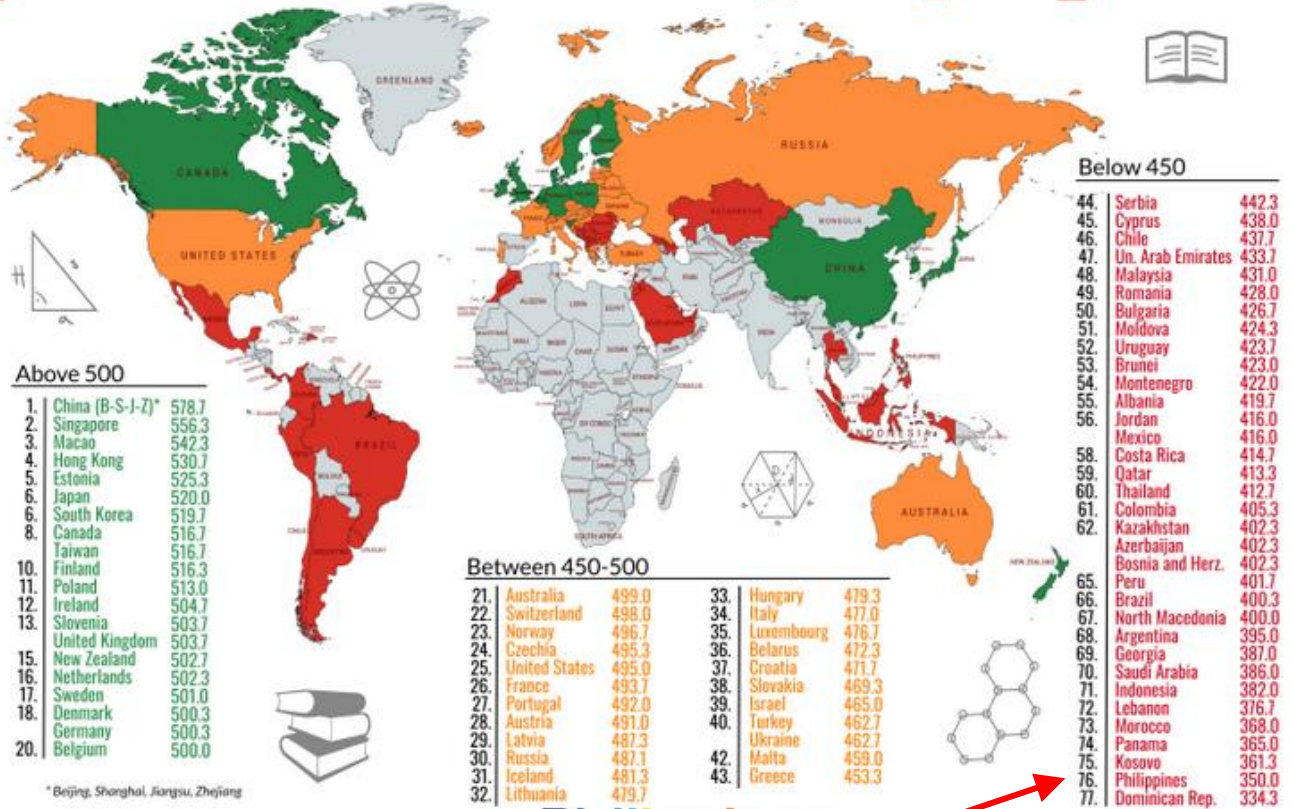
average score of math, science and reading

The Program for International Student Assessment (PISA) is a worldwide study by OECD in 78 nations of 15-year-old students' scholastic performance on mathematics, science and reading.

factsmaps.com

Source: OECD, 2018-2019

above 500 450-500 below 450



* Beijing, Shanghai, Jiangsu, Zhejiang

Philippines



President Corazon Aquino Elementary School in Quezon City, east suburban Manila,

COMMERCIAL IN CONFIDENCE

Addressing the Philippine education crisis

27 September 2022

<https://www.bworldonline.com/opinion/2022/09/27/476965/addressing-the-philippine-education-crisis-5/>



Human Side of Economics

By Bernardo M. Villegas

bernardo.villegas@uap.asia



PHILIPPINE STAR/ WALTER BOLLOZOS

(Part 1)

Food security and quality education are the two most important challenges to the attainment of sustainable and equitable economic development in the Philippines during the coming decade or so. It is not a coincidence that no less than the President and the Vice-President have decided to take upon themselves the leadership of these two vital sectors, respectively. In a series of articles in this paper, I addressed the problem of the **underdevelopment of the agricultural sector**. In this series of articles, I will try to come up with solutions to the problem of the poor quality of basic education in our country.

In a succinct summary of what is ailing the Philippine educational sector, former National Economic and Development Authority (NEDA) Director General Ernesto M. Pernia gave a lucid analysis of the challenges facing Philippine education in a Commentary in the *Philippine Daily Inquirer*. Consistent with the diagnosis made by the private-sector initiated Philippine Business for Education (PBEd), Dr. Pernia starts off by linking undernourishment of babies and children to the quality of education. Every expert in the field agrees that nutrition and education are very closely interlinked. As Dr. Pernia

COMMERCIAL IN CONFIDENCE

comments, “it is common knowledge that human infrastructure (or human development) begins in the early stages of pregnancy, and becomes more manifest at 0-5 years of age. At birth, the size of a kid’s brain on average is said to be about a quarter the size of an adult’s brain. Its subsequent growth is so fast that by age five, a kid’s brain is nearly full grown, at 90% of the adult’s brain.” He then cites the well-known fact that about one-third of Filipino children in the 0-5 age group are stunted. This phenomenon is especially widespread among the **more than 20% of the population below the poverty line.**

Dr. Pernia goes on to cite a World Bank report that 91% of children at 10 years of age are unable to read and understand a short and simple text. In this regard, the Philippines stands out like a sore thumb in the East Asian region which is well known globally for the high quality of basic education. It is at the bottom of 10 Asian countries in “learning poverty,” with Singapore at the top, followed by South Korea, Japan, Vietnam, China, Thailand, Malaysia, Indonesia, and India, in that order. In other categories like “learning deprivation,” the Philippines also ranks last and third to the last in “schooling deprivation,” better off than just Indonesia and India (two more populous countries than the Philippines). The first obvious explanation for this sorry state of affairs is that of the government’s underspending on education. The Organization for Economic Co-operation and Development (OECD) noted that expenditure per student in the Philippines was the lowest among all the countries that participated in the PISA (Program for International Student Assessment). Compared to the OECD average, it was 90% lower. Spending per student in the Philippines is much lower than its peers in the ASEAN. For example, it is only 60-72%, respectively, for primary and secondary levels. Compared to countries with much higher per capita incomes like Malaysia and Thailand, Philippine **spending on education is even a smaller fraction, not to mention the competency levels of teachers, appropriateness of curricula, and learning materials.**

Dr. Pernia then makes reference to the well-known catastrophic performance of Filipino students in the PISA where our 15-year-old representatives in 2018 obtained the lowest scores in reading literacy, mathematics literacy, and science literacy. Reading literacy is the capacity of the students (already in their senior years of high school) to understand, use, evaluate, reflect on, and engage with texts (in English) in order to achieve one’s goals, develop one’s knowledge and potential, and participate in society. Mathematical literacy is the student’s capacity to formulate, employ, and interpret mathematics in a variety of contexts. It includes reasoning mathematically and using mathematical concepts, procedures, facts and tools to describe, explain and predict phenomena. Science literacy is the students’ ability to engage with science-related issues, and with the ideas of science, as a reflective citizen. A scientifically literate person is willing to engage in reasoned discourse about science and technology, which requires the competencies to explain phenomena scientifically, evaluate and design scientific enquiry, and interpret data and evidence scientifically.

In the 2018 tests, Filipino students obtained an average score of 340 points in Overall Reading Literacy, which was significantly lower than the OECD average of 487 points. Only one out of five students (19.4%) achieved at least the minimum proficiency level (Level 2) in Overall Reading Literacy. Among the participating ASEAN countries, Filipino students performed closest to but significantly behind Indonesian students by 31 points in Overall Reading Literacy. In Mathematical literacy, Filipino students achieved an average score of 353 points, which was significantly lower than OECD average of 489 points. Only one out of five students (19.7%) attained at least the minimum proficiency level (Level 2) in mathematical literacy. Likewise, as in reading, among the ASEAN countries, Filipino students performed closest but significantly behind the Indonesians by 26 points in mathematical literacy. The pattern was not significantly different in the third field, that of scientific literacy, in which Filipino students attained an average of 357 points, significantly lower than the OECD average of 489 points.

How are we to assess these very disappointing results of the first time that our Department of Education (DepEd), under the leadership of former Secretary Leonor Briones, decided to join PISA in 2018? In the final section of the Report entitled Ways Forward, we read: “The DepEd decision to join PISA for the first time in its 2018 round is a step towards globalising the quality of Philippine basic education. Together with the changing landscape of education, global standards are also changing, and the country needs to have a complete view of the gaps and areas for improvement.”

The results of international assessments, coupled with our own National Achievement Test, will provide the necessary data that will inform the efforts of DepEd to formulate a plan to significantly improve the quality of Philippine education. This masterplan will be designed to install aggressive reforms in four key areas: 1.) K to 12 curriculum review and updating; 2.) Improvement of the learning environment; 3.) Teachers’ upskilling and reskilling through a transformed professional development program; and, 4.) Engagement of stakeholders for support and collaboration.

How are these reforms directly related to the over-all plan of Philippine society to attain First World status of its economy during the decade of 2040 to 2050? We shall try to answer this question in the subsequent articles of this series.

(To be continued.)

Bernardo M. Villegas has a Ph.D. in Economics from Harvard, is professor emeritus at the University of Asia and the Pacific, and a visiting professor at the IESE Business School in Barcelona, Spain. He was a member of the 1986 Constitutional Commission. **Born:** 12 March 1939 (age 83 years), Manila, Philippines

Bernardo Malvar Villegas is a Filipino economist and writer best known for being one of the framers of the 1987 Philippine Constitution, for authoring a number of widely used Philippine economics textbooks,^[3] and for his role in the founding of two influential Philippine business organizations, the Center for Research and Communication and the Makati Business Club.

The University of Asia and the Pacific is a private university in the Philippines. It traces its beginnings to the Center for Research and Communication, which was established on August 15, 1967, as a private think-tank that conducted economic and social research and offered graduate courses in economics. Pearl Dr, Ortigas Center, Pasig, 1605 Metro Manila, Philippines
Number of students: 2,600 Number of staff: 330

LIST: 5 education issues that the next DepEd chief needs to address

<https://www.rappler.com/newsbreak/iq/list-education-issues-next-deped-chief-needs-to-address/>

24 June 2022

To head the agency tasked to fix the country's education system will not be an easy job. Will vice president-elect and incoming education secretary Sara Duterte be able to deliver?

MANILA, Philippines – As the new government assumes office on June 30, the incoming administration of president-elect Ferdinand Marcos Jr. would inherit several long-standing issues across different sectors, including the education crisis worsened by the COVID-19 pandemic.

Two days after the elections on May 11, Marcos already appointed vice president-elect Sara Duterte as the new secretary of the Department of Education (DepEd). Critics have voiced out their concerns regarding the appointment, questioning her expertise and qualifications. For them, Duterte's vision "does not address the current crisis besetting the sector." (READ: [Groups oppose Marcos Jr.'s decision to appoint Sara Duterte as DepEd chief](#))

Rodrigo Roa Duterte KGCR, also known as Digong, Rody, and by the initials DU30 and PRRD, is a Filipino lawyer and politician who served as the 16th president of the Philippines from 2016 to 2022. He is the chairperson of PDP–Laban, the ruling political party in the Philippines during his presidency. Sara Vicenta Zimmerman Duterte-Carpio, commonly known as Inday Sara, is a Filipino lawyer and politician who is the 15th and current vice president of the Philippines. Sara is a daughter of former president Rodrigo Duterte, she previously served as the mayor of Davao City from 2016 to 2022, and from 2010 to 2013. She was also Davao City's vice mayor from 2007 to 2010.

But for her supporters, Duterte would do well as DepEd chief because she served as mayor for nine years in Davao City. This position, they said, made Duterte very much involved in many projects in her hometown, which means she would be a "hands-on" leader as well as DepEd chief. Davaoños said that social service programs got bigger funding under Duterte's watch. (READ: [Sara, the other Duterte](#))

To head the agency tasked to fix the country's education system would not be an easy job. Experts have said that the country's poor education quality was a result of decades of neglect and underinvestment.

Rappler listed the issues that Duterte needs to address as she takes on the role of education secretary as the country recovers from the disruption in education brought by the pandemic.

Open all schools for in-person classes

Over two years into the pandemic, the Philippines is among the few countries in the world whose schools have not fully opened for in-person classes. As of April 22, there have been about 25,786 schools holding in-person classes. There are an estimated 60,000 public and private schools in the country.

Data from the World Bank shows that the Philippines' learning-adjusted years of school (LAYS) proficiency would be pushed back from 7.5 years pre-pandemic to 5.9 to 6.5 years, depending on the length of further school closures and the effectiveness of the remote learning setup.

This means that while the Philippine basic education system offers 12 years of instruction, Filipino students show proficiency equivalent to only around six years spent in school. (READ: [Distance learning in the Philippines: A year of hits and misses](#))

COMMERCIAL IN CONFIDENCE

When asked at a recent press conference if more face-to-face classes would be allowed by August or the start of school year 2022 to 2023, Duterte replied, [“We are targeting that.”](#)

Hire more teachers, aides

In a text message to Rappler, Philippine Business for Education executive director Love Basillote said that Duterte should hire more teachers and teaching aides for students to “recover from learning losses.”

The pandemic highlighted the plight of public school teachers as they struggled to attend to the learning needs of their students due to their administrative work. Lawmakers and senators earlier said that administrative work should be off-loaded from them so they could focus on teaching.

Better compensation package for teachers

In a statement on June 18, the Teachers Dignity Coalition (TDC) appealed for a better compensation package for teachers and educators both for public and private institutions. They also asked for provision of free laptops and internet services as most teachers had to dig into their own pockets to cover the costs of teaching under the remote learning setup.

For years, teachers have been leaving the country in their quest for better pay and better working conditions.

The DepEd had said that the new normal in education would be a blended learning approach – a mix of online and in-person classes. (READ: [What will be the ‘new normal’ in PH education post-pandemic?](#))

Address backlog of facilities in schools

Most schools are having a hard time meeting the building requirements for in-person classes, such as having separate entrance and exit doors, and making available basic health facilities – including hand-washing facilities and school clinics.

Classroom shortages have been a problem even before the pandemic. A class of 75 to 80 students was packed into one classroom supposedly meant for a class of only 40. To make up for the lack of classrooms, class shifting had been implemented to accommodate enrollees every year. (READ: [Classroom shortages greet teachers, students in opening of classes](#))

Under the new normal, crowded classrooms are no longer allowed. The conduct of in-person classes currently imposes a ceiling of only 12 students in kindergarten, 16 students for grades 1 to 3, and 12 to 20 students for senior high school, although the DepEd said the health department had already advised them to ease physical distancing in classrooms. This doesn’t mean though that a class of 70 students would be packed again in a room.

Review K to 12 curriculum

“We want an education system that inculcates patriotism in the hearts of Filipinos and promotes peace and respect for human rights. A curriculum that will produce Filipinos who are proud of their history, culture and traditional values,” said TDC chairperson Benjo Basas.

Experts have been calling on the government to review the K to 12 curriculum to include important issues that need to be discussed, especially in this age of social media. For one, they said that media and information literacy should be taught, not only under the senior high school program, but for lower grade levels as well – because students as young as 7 years old are already attending online classes.

Filipinos have become more deeply immersed in the internet due to the pandemic, especially since almost everything, particularly classes, shifted online.

An informal Rappler survey conducted on its website showed that most of the respondents have been using social media more frequently because of the pandemic. Majority (60%) said they had been spending more than four hours on social media a day since the pandemic. Only 18% claimed to have already been spending the same amount of time on social media prior to the pandemic. The survey gathered over 33,000 responses but only those without fraudulent responses were included in the analysis (2,324 responses).

Aside from this, advocates have also been calling to bring back Philippine history classes to the core curriculum of instruction of *araling panlipunan* (social studies) in the high school programs. This is essential especially given the way information about Philippine history has been twisted in the last few years.

The Current Education Issues in the Philippines — and How Childhope Rises to the Challenge

<https://childhope.org.ph/education-issues-in-the-philippines/>

25 August 2021

Even before COVID-19 struck and caused problems for millions of families, the country's financial status is one of the top factors that add to the growing education issues in the Philippines. Furthermore, more children, youth, and adults can't get a leg up and are thus left behind due to unfair access to learning.

Moving forward, such issues can lead to worse long-term effects. Now, we'll delve deep into the current status and how we can take part in social efforts to help fight these key concerns of our country.

Crisis in Philippine Education: How is It Really?

Filipinos from rich households or living in cities and developed towns have more access to private schools. In contrast, less favoured groups are more bound to deal with lack of classrooms, teachers, and means to sustain top-notch learning.

A 2018 study found that a sample number of 15-year-old Filipino students **ranked last in reading comprehension out of 79 countries**. They also ranked 78th in science and math. One key insight from this study is it implies those tested mostly came from public schools. Hence, the crisis also lies in the fact that a lot of Filipinos can't read or do simple math.

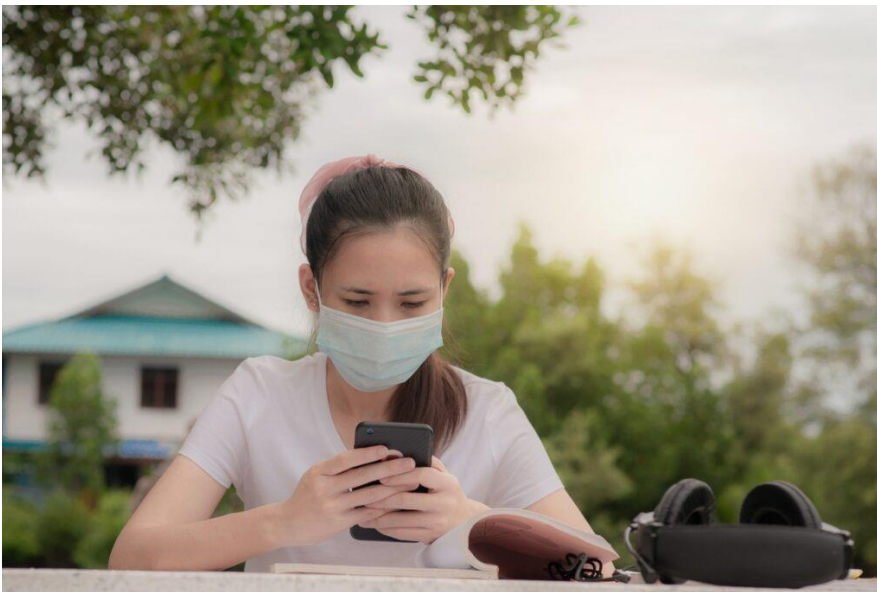
Indeed, it's clear that there is a class divide between rich and poor students in the country. Though this is the case, less developed states can focus on learning if it's covered in their top

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concerns. However, the Philippines doesn't invest on top-notch learning as compared to its neighbour countries. In fact, many public schools lack computers and other tools despite the digital age. Further, a shortfall in the number of public school teachers is also one of the top issues in the country due to their being among the lowest-paid state workers. Aside from that, **more than 3 million children, youth, and adults remain unenrolled since the school shutdown.**

It goes without saying that having this constant crisis has its long-term effects. These include mis- and disinformation, poor decision-making, and other social concerns.

The Education System in the Philippines



Due to COVID-19, education issues in the Philippines have increased and received new challenges that worsened the current state of the country. With the sudden events brought about by the health crisis, distance learning modes via the internet or TV broadcasts were ordered. Further, a blended learning program was launched in October 2020, which involves online classes, printouts, and lessons broadcast on TV and social platforms. Thus, the new learning pathways rely on

students and teachers having access to the internet.

This yet brings another issue in the current system. Millions of Filipinos don't have access to computers and other digital tools at home to make their blended learning worthwhile. Hence, the value of tech in learning affects many students. Parents' and guardians' top concerns with this are:

- Money for mobile load
- Lack of gadget
- Poor internet signal
- Students' struggle to focus and learn online
- Parents' lack of knowledge of their kids' lessons

It's key to note that equipped schools have more chances to use various ways to deal with the new concerns for remote learning. This further shows the contrasts in resources and training for both K-12 and tertiary level both for private and public schools.

One more thing that can happen is that schools may not be able to impart the most basic skills needed. To add, the current status can affect how tertiary education aims to impart the respect for and duty to knowledge and critical outlook. Before, teachers handled 40 to 60 students. With the current online setup, the quality of learning can be compromised if the class reaches 70 to 80 students.

Data on Students that Have Missed School due to COVID-19

Of the world’s student population, 89% or 1.52 billion are the children and youth out of school due to COVID-19 closures. In the Philippines, close to 4 million students were not able to enrol for this school year, as per the DepEd. With this, the number of out-of-school youth (OSY) continues to grow, making it a serious issue needing to be checked to avoid worse problems in the long run.

List of Issues When it comes to the Philippines’ Education System

For a brief rundown, let’s list the top education issues in the Philippines:

- Quality – The results of the 2014 National Achievement Test (NAT) and the National Career Assessment Examination (NCAE) show that there had been a drop in the status of primary and secondary education.
- Budget – The country remains to have one of the lowest budget allotments to learning among ASEAN countries.
- Cost – There still is a big contrast in learning efforts across various social groups due to the issue of money—having education as a status symbol.
- OSY – The growing rate of OSY (out-of-school) becomes daunting due to the adverse effects of COVID-19.
- Mismatch – There is a large sum of people who are jobless or underpaid due to a large mismatch between training and actual jobs.
- Social divide – There is no fair learning access in the country.
- Lack of resources – Large-scale shortfalls in classrooms, teachers, and other tools to sustain sound learning also make up a big issue.

All these add to the big picture of the current system’s growing concerns. Being informed with these is a great first step to know where we can come in and help in our own ways. Before we talk about how you can various address let’s first what

and how achieve

about how take part in efforts to help these issues, talk about quality education is we can it.



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<https://www.cameleon-association.org/contexte-aux-philippines/?lang=en>

The keys to understand

Regardless of the data used, it is only the tip of the iceberg since only the cases reported to the police or to a qualified authority are taken into account, and not every single one. If we knew about all the cases which have not been reported, data would show considerably higher, and thus worrying numbers. The fact that the victims remain silent is inherent to the Filipino culture, as is the shame to speak up since such incidents “tarnish” the family’s reputation.

This is especially true when it comes to the cases of incest. The vulnerability of children can be explained by different factors such as poverty, the influence of alcohol or drugs, gender-based inequalities, the way parents consider their children (they are considered “owned” , not free, and cannot have opinions or rights), and the lack of education (and especially of sex education). The extreme poverty often causes tense relationships between the victim’s family members, and when combined to a past made of abuse cases, it contributes to trivialise child sexual abuse within the family. Likewise, the influence of alcohol and drugs, mentioned in one case out of four, seems to be a major factor of domestic violence.

Most of the time, Filipino children are raped by their fathers or uncles. Those men usually are 30 to 40 year old, and do not have a stable job. It has been noted that most incest cases take place in the family home when the victim is alone.

Despite the fact that women have great responsibilities within the Filipino family, they do not have any power when it comes to decision-making. Men are considered the stronger gender: they have the power, thus confirming gender inequalities. As a lot of mothers are submissive, dependent and helpless, girls are more vulnerable and often sexually abused. The culture dictates that the family’s morality should remain secret and that children should remain silent instead of reporting crimes that could create scandals and wreak havoc among their relatives. All these cultural factors are making cases of child sexual abuse a constant and lasting situation in the country. Most victims adopt the culture of silence and suffer without saying a word.

As for the young victims, the lack of general education and especially of sex education is mentioned as the reason why two children out of three do not report the crime: they do not realise that they are being raped. This tragedy is strengthened by the fact that the abuse is perpetrated by people they trust and were supposed to protect them.

PH needs 147,000 new teachers, hiring 10,000 not enough

<https://newsinfo.inquirer.net/1671628/2-ph-needs-147000-new-teachers-hiring-10000-not-enough-act>

27 September 2022



The Department of Education (DepEd) is eyeing the easing of requirements for the implementation of in-person classes as Metro Manila and other areas shift to a “new normal.”

MANILA, Philippines — Hiring 10,000 teachers alone will not be enough to alleviate the teacher shortage, the Alliance of Concerned Teachers (ACT) said in a statement on Tuesday.

“**We need to hire 147,000 new teachers to be able to lower the class size to 35,**” Dana Beltran, ACT deputy secretary general, said. “Its cost of P54 billion (US\$900 million) is a worthy investment for our youth’s and nation’s future. It is perfectly doable only if the national government would straighten up its priorities and rid the 2023 proposed budget of hefty allocations to questionable agency-hosted pork barrel funds, dubious confidential and intelligence funds, and onerous debt payments.”

Beltran was reacting to the announcement of the Department of Education (DepEd) spokesperson, Michael Poa, in the first week of September that the agency was looking into hiring 10,000 teachers.

“Hiring 10,000 new teachers can only accommodate these new learners, and at a large **class size of 55 students** at that. The figures could be worse as yearly, many teachers exit the service to retire or seek better-paying jobs. Now, how can 10,000 new teaching positions be of any help in alleviating the teacher shortage?” Beltran said.

“There is nothing new in creating 10,000 new teaching positions as it has been the baseline yearly allocation of the national government for several years already. This is in no way a plan to reduce the current class size or ease teachers’ workload to enable education recovery or improve the quality of education,” she added.

“We simply cannot do it if our teachers handle six, seven, eight, or more **classes of 50 students each,**” Beltran urged.

Beltran renewed ACT’s appeal to the government to double DepEd’s budget for 2023.

“While it is long overdue for the government to adhere to the United Nation’s recommendation of allocating an education budget equivalent to 6% of the country’s gross domestic product, now is the best time to finally do it if we aim to salvage our education system from the crisis. **We need to double this year’s education budget to really solve the perennial problems in education that drowns us in the quagmire that we are in,**” Beltran said.

What Quality Education Means

Now, how do we really define this? For VVOB (vision on quality education), it is one that provides all learners with what they need to become economically productive that help lead them to holistic development and sustainable lifestyles. Further, it leads to peaceful and democratic societies and strengthens one's well-being.

<https://www.vvob.org/en/education/our-vision-on-quality-education>

VVOB also lists its 6 dimensions:

- Equity
- Contextualization and Relevance
- Child-friendly Teaching and Learning
- Sustainability
- Balanced Approach
- Learning Outcomes

Aside from these, it's also key to set our vision to reach such standards. Read on!

Vision for a Quality Education

Of course, any country would want to build and keep a standard vision for its learning system: one that promotes cultural diversity; is free from bias; offers a safe space and respect for human rights; and forms traits, skills, and talent among others.

With the country's efforts to address the growing concerns, one key program that is set to come out is the free required education from TESDA with efforts to focus on honing skills, including technical and vocational ones. Also, OSY will be covered in the grants of the CHED.

Students must not take learning for granted. In times of crises and sudden changes, having access to education should be valued. Aside from the fact that it is a main human right, it also impacts the other human rights that we have. Besides, the UN says that when learning systems break, having a sustained state will be far from happening.

How Childhope KalyEskwela Program Deals with Changes

KalyEskwela translates to "school on the streets".

The country rolled out its efforts to help respond to new and sudden changes in learning due to the effects of COVID-19 measures. Here are some of the key ones we can note:

- Continuous learning – Since the future of a state lies on how good the learning system is, the country's vision for the youth is to adopt new learning paths despite the ongoing threat of COVID-19.



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- Action plans – These include boosting the use of special funds to help schools make modules, worksheets, and study guides approved by the DepEd. Also, LGUs and schools can acquire digital tools to help learners as needed.

Now, even with the global health crisis, Childhope Philippines remains true to its cause to help street children:

- Mobile learning – The program provides top-notch access to street children to new learning methods such as non-formal education.
- Access to tools – This is to give out sets of school supplies to help street kids attend and be ready for their remote learning.
- Online learning sessions – These are about Skills for Life, Life Skill Life Goal Planning, Gender Sensitivity, Teenage Pregnancy and Adolescent Reproductive Health.

You may also check out our other programs and projects to see how we help street children fulfil their right to education. You can be a part of these efforts! Read on to know how.

Shed a Light of Hope for Street Children to Reach Their Dreams

Building a system that empowers the youth means helping them reach their full potential. During these times, they need aid from those who can help uphold the rights of the less privileged. These include kids in the streets and their right to attain quality education.

You may hold the power to change lives, one child at a time. Donate or volunteer, and help us help street kids learn and reach their dreams and bring a sense of hope and change toward a bright future. You may also contact us for more details. We'd love to hear from you!

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The Street Education and Protection (STEP) Program

Childhope Philippines actively responds to the call on how to help the street children and youth through its Street Education and Protection (STEP) Program. Guided by the Caring-Healing-Teaching framework, the STEP Program has 4 major components. We put the best interest of the child at the centre of the program and their holistic development as our main goal.



Education

The Kalyeskwela literally translates to “school on the streets.” This part of the program uses a mobile van with audio-visual equipment to conduct alternative education sessions and basic literacy and numeracy classes. Under the DepEd-accredited Alternative Learning System (ALS), street children and youth learn through modules guided by our street educators trained as instructional managers.

We also provide educational aid to children who go back to the formal school system. For our older participants, we conduct trade and tech skills training (Youth Empowerment Project) to help them gain income to support themselves and their families.

Psychosocial Interventions

This section includes psychosocial aid and counselling. We help the kids and their parents cope up with stress and the challenges that they encounter while learning. Moreover, we provide assistance to shelters especially to those with completely neglected and abandoned children.



Health and Medical Services

The Mobile Health Clinic (KliniKalye) provides primary preventive medical care, consultations, and treatments. This ensures that the children are healthy and in full physical capacity to learn.

Skills Development

We train the street children in leadership, computer literacy, sports, arts, and other skills. We help them develop these skills, nurture their good traits, and apply the values they have learned in life planning.



See the latest updates through our Facebook page

Let's connect on Facebook and share stories of how we can help the street children through your donations. Please like, follow and share our [official Facebook page](#) to help us educate and engage more people about our cause and update them about our organisation.



<https://www.childrenofthemekong.org/asia-children-sponsorships/street-children-in-manila/>

HUNDREDS OF THOUSAND CHILDREN IN THE STREETS OF MANILA



With over 17 million inhabitants, **Manila** keeps on growing. The city is the capital of the Philippines and one of the most spread out megalopolises in the world. Estimates suggest that in the shadow of unplanned and rapid development, **between 250,000 and 1 million children live in the streets**. Left to fend for themselves, they are easy prey for gangs and trafficking. Often living one day at a time, they need help, more so than anyone else.

OUR PRIORITY: KEEPING CHILDREN OFF THE STREETS



The children we meet in the streets are between **7 and 20 years old**. Some of them try to earn a living by doing **small street work** such as filling the jeepneys (small local buses), begging, gathering clients for vendors in the markets or sorting rubbish. By working thus, they earn in between 50 and 120 pesos every day (£0.90 to £2.25 – US\$1.00 to US\$2.50).

However, most of the children we meet **loiter in the streets**, they often end up sniffing glue. Some of them belong to **gangs**, trapped in the grasps of adults who are part of **trafficking networks**. These children are much harder to meet, their gang tattoos allow them to recognise one another, they depend on their gang's boss, whom they fear, but who can also defend them...

Since 1999, **Children of the Mekong** has been working in collaboration with our local partner organisation **TNK, Tulay Ng Kabataan** ("A bridge for children") to help children escape the streets. Our mission is to allow them to get a **more stable situation**, then to help them go to **school**, which, in time, gives them the possibility to **get a job through vocational training** or university. Before any of this, however, it is paramount for us to try to see if the child can **go back to his/her family**. Father Matthieu Dauchez, who manages the TNK foundation, surrounds himself with a team of educators and Filipino social workers. He is a liberating role model for this youth: righteous and demanding, he remains very close to them.



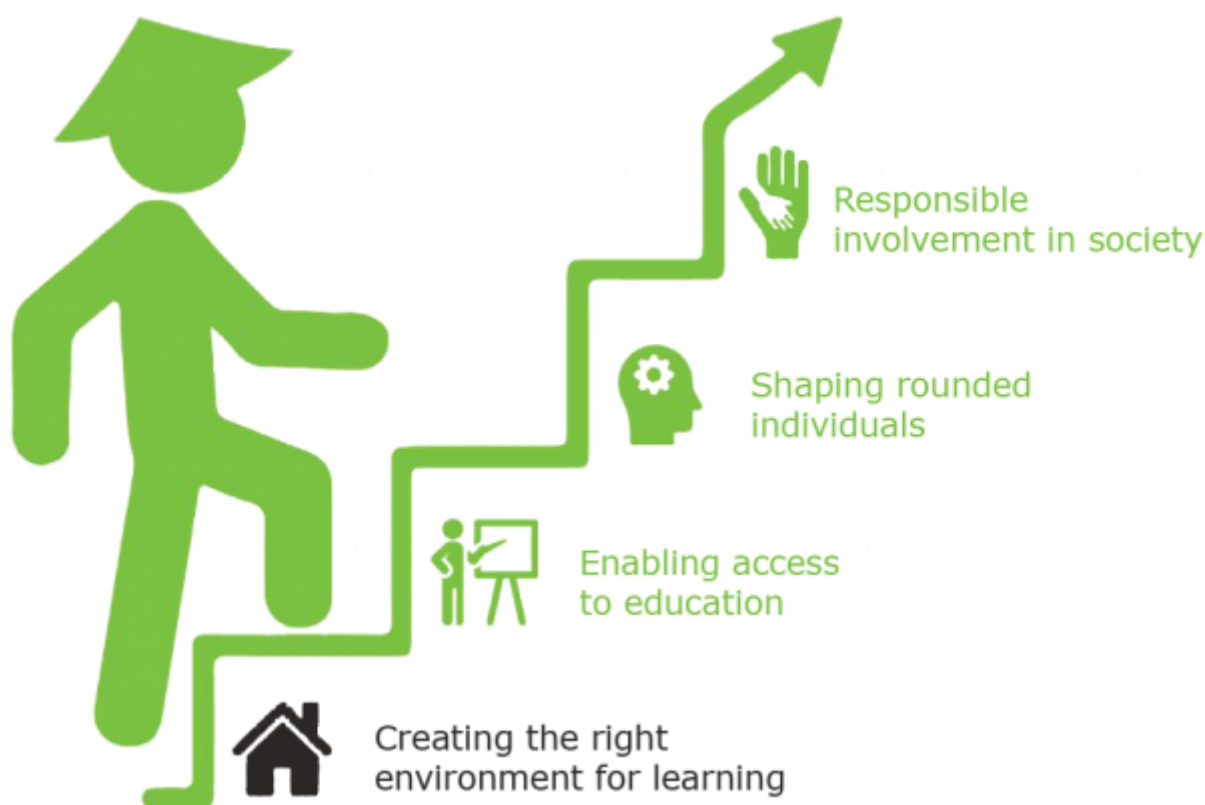
Our development programmes, called "projects", are organised to improve the living conditions of poor children. We then create an environment suitable for their education. For instance, this can be

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accomplished by building schools and boarding houses, providing access to drinking water, and purchasing school supplies.

To abide by Children of the Mekong’s standards of consistency and transparency, projects are chosen via a rigorous selection process based on five criteria:

- **Local initiative:** A project is born from actual, on-the-ground needs.
- **Objective:** Children of the Mekong ensures that the children’s living and studying conditions improve.
- **Sustainability:** Children of the Mekong ensures that its projects continue in the long term.
- **Involvement:** Children of the Mekong must be involved wherever a project is started to ensure serious, continuous supervision.
- **Local partnerships:** Children of the Mekong ensures that the project’s partners (NGOs, companies, teachers, authorities and/or the church) share the same goals and ethos.



Thanks to Children of the Mekong, 23,400 children are helped by sponsors who accompany them along their journey. Sponsorship allows a child to attend school. It gives a child the means to take charge of their life and that of their family. Thanks to sponsorship, the child you help, wakes up every morning and makes their way to school instead of going to work in a rice field or a landfill.

Our local managers know **the families and their needs**. In agreement with our overseas volunteers “Bamboos”, they select sponsored children based on three main criteria: 1) poverty and 2) how motivated the child is to go to school 3) and the family’s motivation to send them to school for as long as possible. As soon as sponsorship starts, the child is part of a programme and is personally followed by our local manager. They make sure the sponsorship is used **correctly and that the child’s needs are prioritised**.

HOW CHILD SPONSORSHIP HELPS A CHILD'S EDUCATION

- When you sponsor a child in Southeast Asia, your monthly donation covers all the costs related to education. Even though school is often free in Southeast Asia, costs related to school such as uniforms, stationaries and transport are too expensive for disadvantaged families to afford.
- With £28 (US\$31.50) or \$35 (US\$39.30) a month, child sponsorship covers all those expenses and give access to school to children from an underprivileged background.



School fees or tuition fees



School uniform



Stationaries



Transport to school

DEVELOP

IN OUR EDUCATION CENTRES AND BOARDING HOUSES

Welcoming young people in education centres and boarding houses is a strategic focus of Children of the Mekong. A centre is a place of education, offering the children complimentary courses, as well as a secondary home. The use of foster homes is sometimes necessary for reasons such as distance from school, the necessity for a secure environment, or the disappearance or loss of parents.

The success of such an approach is obvious from a practical perspective: A sponsored child who stays at a Children of the Mekong education centre will most likely have better academic results. Studying in the spirit of brotherhood or sisterhood, he/she becomes more open, motivated and fulfilled.

OUR HOLISTIC TRAINING

Education goes far beyond simple schooling. Children of the Mekong's ambition is to **educate the mind, the heart and the body**. As such, our educational project seeks to impart not only on academic and professional knowledge but also to develop the person as a whole -a real uniqueness of our NGO. The training follows a rigorous pedagogical approach and specific training modules to develop all dimensions of the human as a person.

And it works! Three indicators of our action in Cambodia:

- 98% pass the baccalaureate (equivalent to A-levels) (national average 64%).
- 100% of our children end up in a better environment than their families can provide.
- 100% of our graduates find a local job or a scholarship abroad within 4 months of the end of their studies.

DISCOVER OUR CENTRES IN THE PHILIPPINES

Dumaguete Education Centre

Despite recent progress in the Philippines, a shocking **3.8 million children and youth don't go to school**. Young girls are especially affected as they are expected to get married early. A lack of qualifications means these children are often locked into a lifetime of insecure, low-paying jobs in the informal sector and they cannot benefit from the prosperity around them.

Dumaguete is a small seaside city of 120,000 inhabitants, it is also the capital of Negros Oriental – one of the poorest provinces in the country. The Dumaguete centre caters to 30 young men and women, aged 16 to 23, who come from the countryside or economically depressed regions and moved to the city to earn a college degree. The main role of the centre is to provide them with a living environment and networking opportunities to allow them to access job opportunities.

The centre also takes pride in providing fully human-centred training to encourage intellectual, emotional, and moral development in order to achieve human excellence and create future leaders. Training is provided in a variety of self-development topics such as time management, effective communication, career management, critical thinking and human rights.

The students receive full tuition and miscellaneous fees, school uniforms, transportation and up to 90% of schools books and school project expenses in order to lessen the financial burden of their parents. Aside from school-related expenses, **Children of the Mekong also provides free food and accommodation**. Throughout their education, the students of the centre are followed and accompanied by a supervising team: a trained overseas volunteer, a social worker and a caretaker. Together, they ensure the personal development of each young person in our care. Thanks to the rigorous education they receive, **most graduates are able to find a job within 1-3 months after graduation or board exams**.

The students in the Dumaguete centre study a wide variety of fields: **engineering, finance, accounting, human resources, psychology, education**. This scholarship allows them to make their dreams come true, to become acknowledged professionals and to help their families.

INTEGRATE

IN THE PROFESSIONAL WORLD

Young people supported by Children of the Mekong have, for the most part, very little knowledge of the professional world. Naturally, they imagine their future in the only occupations they are familiar with (teacher, soldier, police officer...). Providing them with an orientation to various career avenues available to them and inculcating a professional culture in them is fundamental to helping them tap into their innate talents, skills and competencies. **We support the children right until their very first job**.

Children of the Mekong has developed a training course composed of numerous modules so that students gain confidence and learn to take initiative and responsibility. This programme also values the spirit of service: the children, in turn, provide services to the community (lessons for poor children, help for the disabled...).

Lastly, Children of the Mekong is developing strong relationships with local businesses (job forums, interview simulations...) to ensure a good match between the dreams of our young students and the needs of the local labour market.

Education for girls

THE SITUATION

In Southeast Asia, as in the rest of the world, there is a pressing need for more education for girls. The statistics show that women are much less well educated than men. Often subject to discrimination and considered to be a burden, **women are more vulnerable**. Their relative poverty is another factor; girls often marry early, have children young and are weighed down by domestic chores.

This is despite the facts that many ethnic groups in Thailand, Myanmar, Laos, Vietnam and Cambodia have traditionally practised matriarchy, and **women still play an important role in the family**.

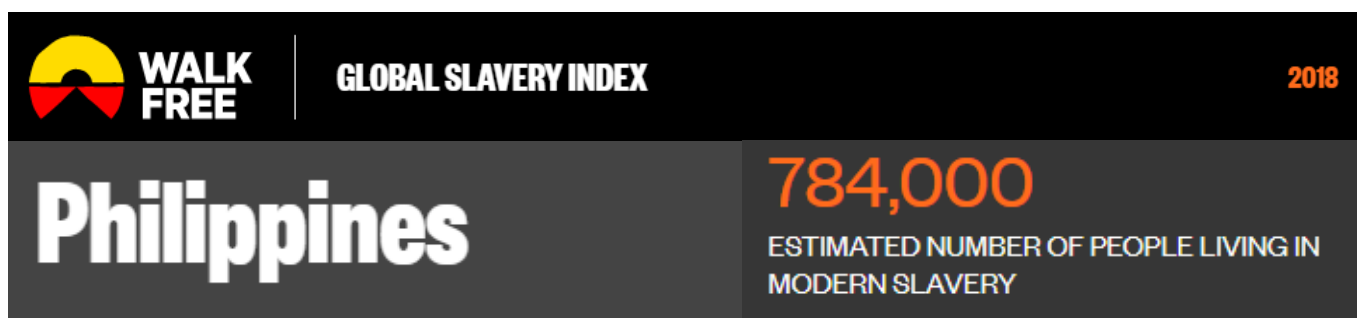
OUR RESPONSE

At Children of the Mekong, we know that an educated woman will pass on to her children the knowledge that she has acquired and fight harder to ensure that they get an education of their own.

We believe that giving girls access to education and employment is an important **development tool**. That is why in Cambodia, for example, 62% of the children supported by Children of the Mekong are girls – of whom two-thirds come from three of the poorest provinces in the north of the country. When allocating places in foster homes, **priority is given to girls**, provided that this is warranted by their family circumstances.

Our child sponsorship programme supports girls' education, offering the opportunity to sponsor a girl child, and giving them the chance to get an education.

- Only **30% of children in education in the world are girls**. Of 900 million illiterate people, two-thirds are women.
- In Cambodia, **30% of women** do not know how to read or write, while for men the figure is 15%.
- More than **65% of women who live in the countryside** work on the land but receive no pay. 40% of women have difficulty in getting access to medical care.
- The child of a mother who knows how to read and write has a **50% greater chance of living** beyond the age of five.



<https://10thousandwindows.org/slavery/>

Traffickers prey on the vulnerable.

Contrary to the media's common depictions of modern slavery, most victims are not abducted from their homes and forced to work in brothels or lured into sexual abuse online. **Instead, the path to exploitation begins because a person needs a job.**

The victims of human trafficking and modern slavery 10ThousandWindows serves grew up in desperate poverty and had no choice but to leave school early to find work to help their families pay the bills. They were promised an exciting job with a dream-come-true salary. But instead of paying for college, buying a house and saving for the future, they were exploited, abused, and violated. They were traumatised in brothels, in online sexual abuse, in domestic servitude, or in factories.

Modern Slavery & Trafficking in the Philippines

- **800,000 people are trapped in slavery** or slave-like conditions. Millions more are vulnerable and at-risk.
- The Philippines has the **3rd-highest rate of vulnerability** to trafficking in Southeast Asia.
- Nearly one in five people in urban centres live on less than US\$3 a day.
- The unemployment rate is so high that 3 million Filipinos (10% of the working population) migrate each year to **find work**.
- The Philippines is the **'epicentre'** of the global cybersex trafficking trade.
- COVID-19 lockdowns in the Philippines has **spiked cybersex trafficking**

A victim of exploitation becomes a survivor, only to become a victim once again....

After a victim is rescued from slavery, often their poverty (and their family's) persists. Desperation and urgency to find work make survivors a prime target for exploiters – yet again – and the evil cycle of exploitation continues.

A growing body of research reveals that that significant vulnerabilities remain for human trafficking survivors even after receiving post-trafficking services. These vulnerability traps – lingering trauma, limited education, and no access to safe, sustainable work – keeps survivors in exploitation.

Worldwide slavery is estimated at:

https://www.ilo.org/global/about-the-ilo/newsroom/news/WCMS_855019/lang--en/index.htm

- **49.6 million** people live in modern slavery – in forced labour and forced marriage.
- **Roughly a quarter** of all victims of modern slavery are **children**.
- **22 million people** are in forced marriages. Two out of five of these people were **children**.
- Of the **27.6 million** people trapped in forced labour, **17.3 million** are in forced labour exploitation in the private economy, **6.3 million** are in commercial sexual exploitation, and nearly **4 million** are in forced labour imposed by state authorities.

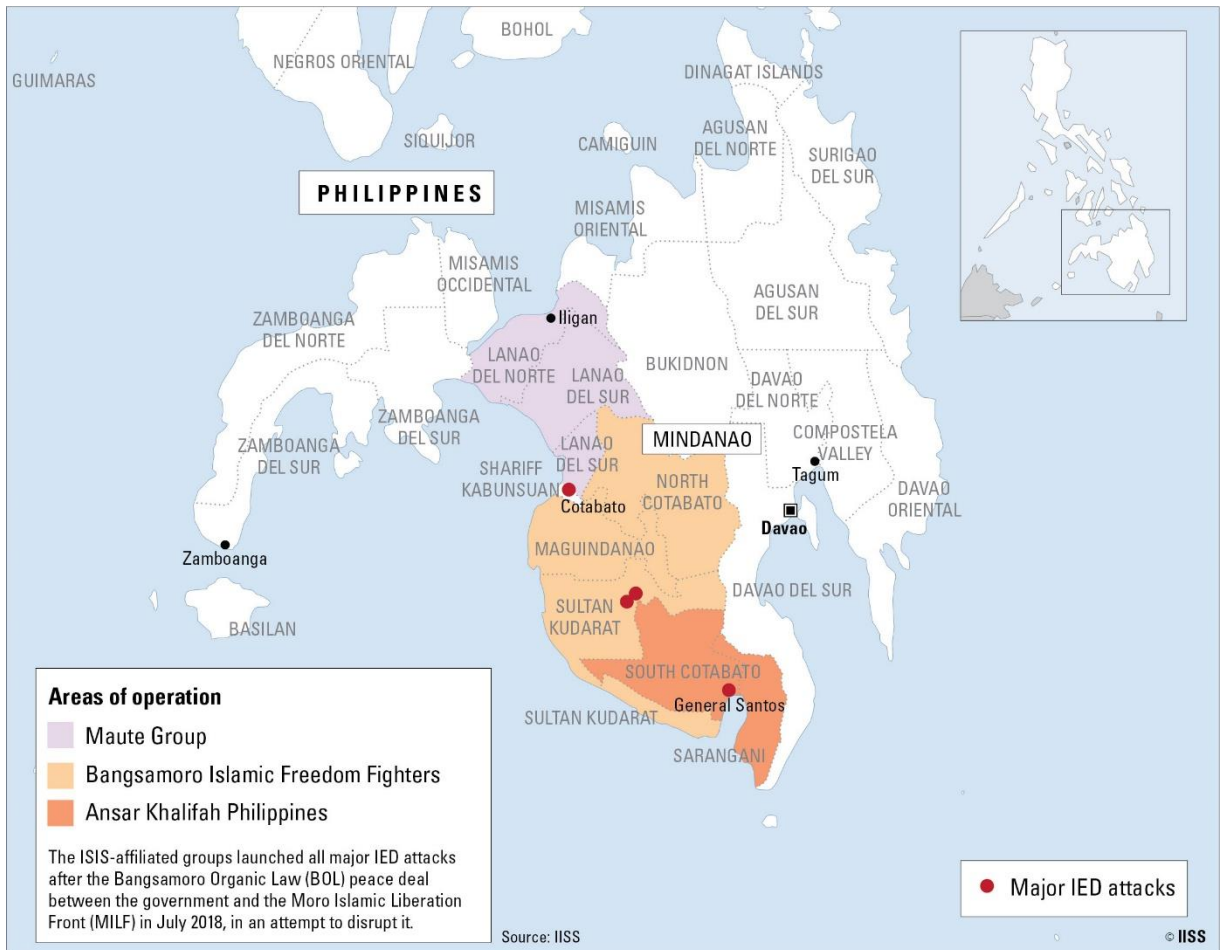
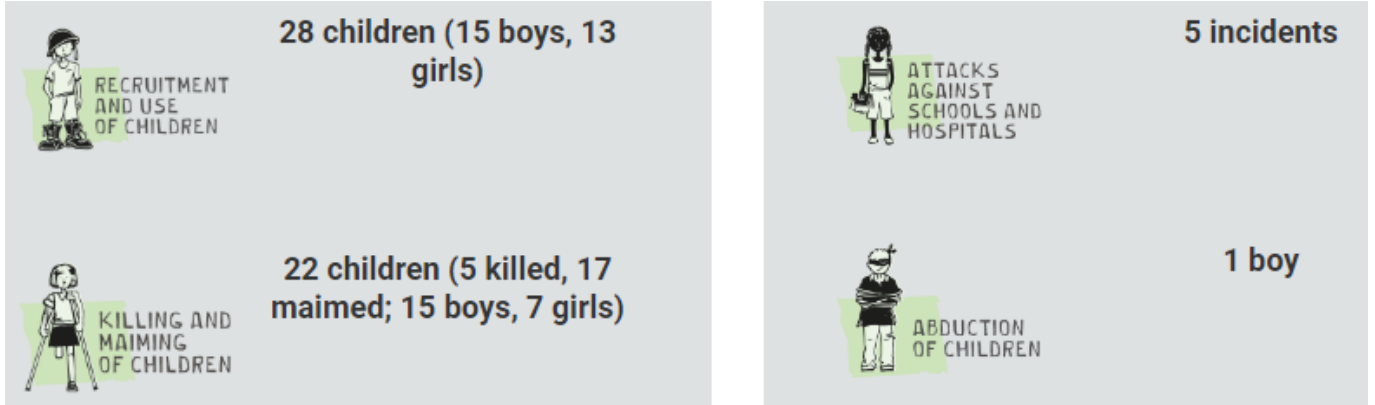


Office of the Special Representative of the Secretary-General for CHILDREN AND ARMED CONFLICT



<https://childrenandarmedconflict.un.org/where-we-work/philippines/>

The information below is based on the Report of the Secretary-General on children and armed conflict (A/76/871-S/2022/493) issued on 11 July 2022.



3 Killed in Philippine Army Attack on Militant Camp in Mindanao

<https://thediplomat.com/2022/03/3-killed-in-philippine-army-attack-on-militant-camp-in-mindanao/>

2 March 2022

The attack was intended to root out 50 fighters belonging to the Dawlah Islamiya group, which was responsible for the 2017 siege of Marawi city.

On Tuesday morning, Philippine government troops launched an air strike and ground offensive against alleged IS-aligned Islamist fighters on the southern island of Mindanao, the army announced.

Col. Ramon Zagala, a spokesperson for the Armed Forces of the Philippines (AFP), was quoted by GMA news as saying that soldiers backed by police led an attack on a camp of about 50 fighters belonging to the Dawlah Islamiya group in the area outside the town Maguing in Lanao del Sur province yesterday at dawn. Fighter jets dropped a dozen bombs ahead of the attack.

“Upon reaching near the target, close air support was given to protect troops from enemy anti-personnel mines,” Zagala said in a statement.

According to the Associated Press, the assault left two insurgents and one soldier dead, while an additional two soldiers were wounded. The AP also quoted the AFP’s regional military commander Lt. Gen. Alfredo Rosario Jr. to the effect that gunmen fled after the airstrikes and were being pursued.

Dawlah Islamiya, also known as the Maute-ISIS group, was founded in 2012 and in the years following engaged in increasing clashes with the Philippine military. This culminated in the 2017 siege of Marawi, the capital of Lanao del Sur, around 40 kilometres from Maguing. There, hundreds of militants pledging allegiance to IS and rallying beneath its black flags occupied parts of the city and took many of its residents as hostages.

Filipino troops eventually ended the five-month siege at great cost, leaving about 1,200 people dead, including almost 1,000 Islamist militants, and displacing some 300,000 people. Five years on from the siege, many continue to live in camps for the internally displaced almost.

But this week’s AFP offensives suggest that Dawlah Islamiya continues to pose a security threat in Lanao del Sur. After the Marawi siege, surviving militants retreated into the jungles, where they continue to wage a guerrilla war against the central state. According to a recent analysis by the United States Institute for Peace (USIP), despite the defeat of the Marawi siege, many of the social conditions and local grievances that have led to the emergence of Dawlah Islamiya remain.

Lanao del Sur “is the poorest province in the Philippines,” it notes. “Opportunities for advancement are scarce. Many residents share a sense of hopelessness. So, when someone comes along offering money, an opportunity for a better future and a chance to make a difference, it is very tempting for potential recruits.” It adds that as long as this region of Mindanao remains plagued by “endemic poverty, failed governance, and a lack of educational and work opportunities,” the militant clarion will continue to reach receptive ears.

The Philippines has 1.8 million abandoned children. Here's what keeps many from adoption

<https://www.latimes.com/world/asia/la-fg-philippines-orphans-adv-snap-story.html#:~:text=About%201.8%20million%20children%20in,Children's%20Rights%20%26%20Emergency%20Relief%20Organization.>

28 May 2016

The Manila North Cemetery, where Michelle Sambalilo was abandoned as a young child, is a sprawling, trash-strewn squatter camp where thousands of people eat, sleep and play among acres of colourful crypts.



Michelle Sambalilo, right, at the Meritxell Children's Home in Manila. (Jonathan Kaiman / Los Angeles Times)

Rescued from life among the dead, Sambalilo then lived for years among the Philippine capital's notoriously negligent state-run shelters.

Throughout, she dreamed of someday belonging to a family of her own. But in the end, all it took was one document — one blow from the country's adoption authorities — to send her dreams crashing down to earth.

The Philippines has an abandoned children problem. **About 1.8 million children in the country**, more than 1% of its entire population, are “abandoned or neglected,” according to the United Nations' Children's Rights & Emergency Relief Organization. Some are victims of extreme poverty; others of natural disasters and armed conflicts in the country's riven south.

The Department of Social Welfare and Development is responsible for ensuring that many of these children find homes. (Some end up overseas — American families adopted 1,350 Filipino children between 2009 and 2015, according to the U.S. State Department).

Yet the country's adoption bureaucracy is so forbidding that scores of aspiring adoptive parents are left in the cold, and abandoned children left to grow up without parents.

In 2014, a privately funded child care agency prepared to place Sambalilo with an American adoptive family. Then the country's Department of Social Welfare and Development determined that she was 15 years old, two years older than previously assumed -- and too old to be adopted. It denied her application.

“My dream was to be adopted, so that someone will love me,” Sambalilo said on a sweltering morning in early May, staring down at her polka-dotted pyjama bottoms and anxiously grasping her hands. She is now a slight 18-year-old with full cheeks and a shy smile. “When I found out I was too old to be adopted, I was really sad, because I really wanted to have a family.”



Then she looked off to the side, wiped away her tears, and said nothing.

“I’m just continuously worried that the government feels these children are not the priority,” said Eric Mallonga, a British-educated family lawyer and founder of Meritxell Children’s Home, the agency that is sheltering Sambalilo.

“These children are not prioritised, they’re always on the back burner, and so more children are lost to crime, to prostitution, to neglect, and a lot of street families are growing.”

He said that orphanages in the Philippines are scarce and poorly staffed; that government agencies frequently demand documents that are impossible to procure; and that even with the necessary paperwork, simple procedures can drag on for months.

Many of the children who come into his care remain there for three to four years before they are legally cleared for adoption.

“It’s ineptitude on the part of many, many social workers,” he said. “Incompetence and ineptitude.”

Alita C. De Ocampo, a social worker in charge of the Department of Social Welfare’s Adoption Resource and Referral Section for Metropolitan Manila, said in a phone interview that she is one of two social workers in the area – a city of nearly 12 million people -- who can clear children for adoption.

She added that hiring more staff and establishing guidelines for different government agencies to share documents could speed up the adoption process.

“We are always working to make [the adoption process] as quick and as fast as possible,” she said. “We are always innovating techniques or even asking suggestions or recommendations from child care agencies or [local governments] to make our system faster.”

And those are the relatively lucky children. Many children still live at the Manila North Cemetery. During a reporter’s recent visit, they wandered in packs, resting on the pavement between tombs and swinging from the frames of half-built mausoleums.

Sambalilo said she has no memory of her life at the cemetery. When asked about her time there, she just said she “feels sad.”

According to her personal file at the Meritxell Children’s Home, she was found there in May 2005.

Social workers could not determine Sambalilo’s parents’ identities — all she knew was her name — so they sent her to the Reception and Action Center, a government shelter for street children. Scores of children were packed into tiny rooms, with few toilets or baths. In 2014, pictures of a morbidly

emaciated child there went viral on Filipino social media, drawing accusations of concentration camp-like conditions.

After about a week, social workers sent her to Boystown, a state-run institution that enrolled her in school but, according to her recollection, gave her little to eat. There, authorities administered a dental aging test and a psychological evaluation. When the Meritxell Children's Home gained custody of her five years later, its staff was told that she was 9 years old.

The following year, Meritxell began seeking government permission to put her up for adoption.

The hurdles were endless, Mallonga recalled. The authorities demanded documents that he could not procure, including Sambalilo's birth certificate and death certificates for her parents. "The DSWD said that we didn't have the complete, necessary paperwork," he said. "The term here is 'necessary' — that's their interpretation."

The authorities sat on the application for years. Then, in 2014, a Meritxell social worker made an unlikely discovery: She found Sambalilo's birth certificate hidden beneath a mound of papers at the Boystown orphanage.

Mallonga immediately knew that Sambalilo's future was at stake. He had assumed that she was 12; in fact, she was 14. According to Philippine law, children 15 and over cannot be adopted.

Meritxell had already found her willing adoptive parents — a couple from Louisiana who had previously adopted from the home — and she had been speaking with them by phone. He pleaded with the Department of Social Welfare to expedite her application but the agency never answered.

By the time Sambalilo was cleared for adoption, she had just turned 15. Her application was denied. "The [Intercountry Adoption] Board just rejected her outright," Mallonga said. "It could have been easy, if the DSWD just cleared her immediately after receiving the birth certificate. ... That was supposed to be the last document, after all that searching."

Sambalilo was heartbroken.

"It's unfair," she said. "Even if we're over 15, you should still adopt us, because we still need a family, and someone who will love us."

"A family," she said, means "no one is left alone."

Sambalilo now helps take care of younger children at the home, most of them less than half her age. It's summer vacation, and the days are long and hot.

A hair salon has offered to give her professional training, but she would prefer to finish school, which could take until her mid-20s.

"She's young for her age, not so mature," said Elizabeth de la Victoria, a Meritxell "house mother" who is currently looking after Sambalilo. "In her mind, she acts like a 14-year-old. It's hard for her to understand that all of a sudden she's almost an adult."

She is happiest, workers say, when she is distracted from her past. Trying to recall her time at the cemetery sends her into emotional spasms. “There were so many places [my parents] could have left me,” she said. “Why in a cemetery?” And then she burst into tears.

De la Victoria said that she has grown distant since her application was denied. “She’s not ready to understand or accept her new situation — her thoughts are far away now,” she said, her speech trailing off. “It’s like her thoughts are far away.”

Orphan crisis in PH: ‘A situation worth crying over’

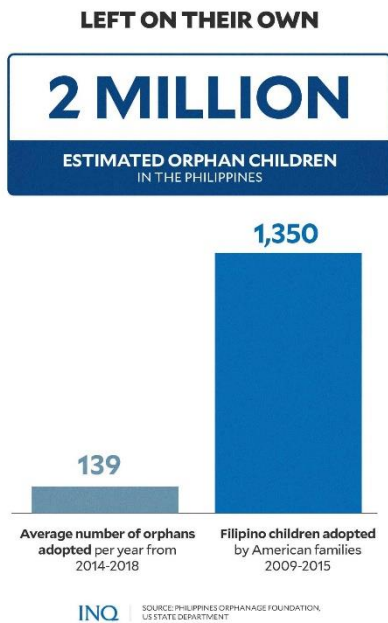
<https://newsinfo.inquirer.net/1556177/orphan-crisis-in-ph-a-situation-worth-crying-over>

17 February 2022



MANILA, Philippines—The Philippine population was expected to reach 109,991,095 at the end of 2021. Among these were children, who were abandoned and still looking for their forever families.

According to data from the Philippines Orphanage Foundation, out of the over 109 million population in the country, there were at least 2 million orphaned children.



Moreover, there was an average of only 139 Filipino orphan children adopted per year from 2014 to 2018.

“That is only 0.0000695% of the orphan population that finds a forever-home each year,” the foundation said.

Data from the US State Department showed that between 2009-2015, there were 1,350 Filipino children adopted by American Families.

Why are there that many orphans in PH?

To understand what the Philippines Orphanage Foundation called the “orphan crisis in the Philippines,” it listed some factors that might be continuing to contribute to the still increasing number of orphans in the Philippines.

One of the four factors cited by the foundation was natural disasters—such as earthquakes, volcanic eruptions, typhoons, floods, droughts, and landslides—which occur in the country throughout the year.



The Philippines, according to a study published on the Tropical Cyclone Research and Review journal by the ESCAP/WMO Typhoon Committee (TC) and the Shanghai Typhoon Institute of the China Meteorology Administration (STI/CMA), is in fact “one of the world’s

natural hazard hot spots” and faces “more natural hazards” than other countries.

Every year, an average of 20 tropical cyclones enter the Philippine area of responsibility.

READ: [Natural disasters know no holiday season in PH](#)

Natural disasters have affected millions of individuals in the country during the past years. Among them are the children—some of whom lose parents or family members when disasters strike.

“Such drastic storms destroy homes, villages, and families. Often the survivors are the children, minus their parents,” the foundation said.

“Natural disasters routinely give birth to orphans,” it added.

Executive Order No. 141 signed last year by President Rodrigo Duterte cited figures from the Philippine Statistics Authority, which showed that there were 183,967 live births in 2018 and 180,916 in 2019 among teenagers.

The figures translate to an average of 504 live births per day for minors aged 10 to 19 years old in 2018 and 495 live births per day for the same category in 2019.

READ: [Duterte makes teenage pregnancy prevention a national priority](#)

During the pandemic, PopCom warned that more teenagers might get pregnant as lockdowns forced them to stay at home and spend more time with their partners.

READ: [Teen pregnancies could rise during pandemic – Popcom](#)

When the data came out, authorities were more alarmed: PopCom said that pregnancy among girls aged below 15 increased by 7% in 2019.

READ: [Pregnancy among girls aged below 15 rose by 7% in 2019 – PopCom](#)

“These young girls are almost completely unprepared for motherhood and often have no place to turn except to give up the baby they just nurtured for nine months,” said the foundation.

“This is a situation worth crying over,” it added.

The foundation likewise pointed out poverty as one of the reasons for the continuing increase in the number of Filipino orphans.

WHY ARE THERE SO MANY ORPHANS IN PH?

- Natural disaster
- Teen/pre-teen pregnancy
- Lack of Education
- Poverty

INQ

SOURCE: PHILIPPINES ORPHANAGE FOUNDATION

“There is a never-ending cycle of poverty that leads to parents having to give up their children in hopes they will have a better life somewhere else,” the foundation noted.

“There is little doubt that poverty creates a culture for the creation of orphans,” it added
Some parents who are not able to care for their children and are unable to adequately provide for their children were left with no other choice but to “resort to placing their children in orphanages in the hopes that they will have better lives.”

Who may adopt?

PH ADOPTION LAWS
SOURCE: REPUBLIC ACTS NO. 8552 AND 8043



- Filipino citizens allowed to adopt
- Filipino children below 18 years old
- Foreign citizens allowed to adopt
- Filipino children below 15 years old

INQ

Filipino citizens are allowed to adopt Filipino children, who are below 18 years of age, under Republic Act (RA) No. 8552.

Meanwhile, foreign citizens or families are allowed to adopt Filipino children, who are below 15 years of age, under RA 8043.

But who exactly may adopt in the country? According to Philippine laws, individuals or couples must be of legal age or at least 16 years older than the adoptee, and must have the following qualification:

- in possession of full civil capacity and legal rights
- of good moral character
- has not been convicted of any crime involving moral turpitude
- emotionally and psychologically capable of caring for children.

However, the age gap may be waived when the adopted is the biological parent of the adoptee or is the spouse of the adoptee's parent.

Foreign adoptees, on the other hand, must possess the same qualities required for Filipino adopters. However, foreign individuals or couples must be from countries that have diplomatic relations with the Philippine government.

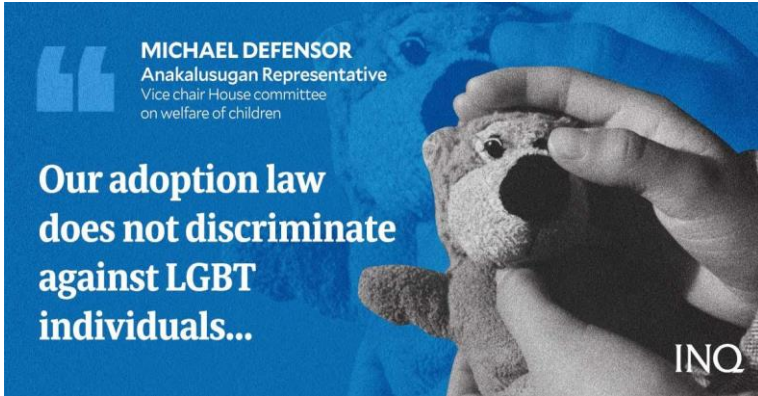
Moreover, adopters of other nationalities will be qualified to adopt, in compliance with the following qualification:

- The foreign individual or couple has been living in the Philippines for at least three continuous years "prior to the filing of the application for adoption and maintains such residence until the adoption decree is entered;"
- has been certified by the diplomatic or consular office or any appropriate government agency, stating that the foreign individual or couples have the legal capacity to adopt in his/her or their country;
- the foreign government allows the adoptee to enter the foreign country as the individual or couple's adopted son or daughter.

The qualifications for foreign adopters may be waived if:

- the individual or couple is a former Filipino citizen who seeks to adopt a relative within the fourth degree of consanguinity or affinity
- if the individual seeks to adopt the legitimate son or daughter of his or her Filipino spouse
- if the individual is married to a Filipino citizen and seeks to adopt jointly with his or her spouse a relative within the fourth degree of consanguinity or affinity of the Filipino spouse.

Clearing misconceptions



A widespread public misconception which prevents members of the lesbian, gay, bisexual, and transgender (LGBT) community to adopt children has been going around, according to Anakalusugan Rep. Michael Defensor.

According to those misconceptions, only a husband and wife may adopt a child.

Defensor, who is also the vice-chairperson of the House committee on the welfare of children, clarified that LGBT Filipinos are allowed to legally adopt children in the country, based on existing laws.

“We must stress that under the law, the right to adopt a child is granted to individuals, and not to couples,” the lawmaker said.

“Our adoption law does not discriminate against LGBT individuals who may wish to adopt children who are legally available for adoption,” he added.

Defensor likewise urged citizens, regardless of their gender, to adopt abandoned and neglected children to help them enjoy living conditions conducive to their full development.

“We would also prefer domestic over foreign adoption to preserve the child’s identity and culture here at home,” he emphasised.



Literacy Rate in the Philippines Overview

As more people get a better education, the Philippines' literacy rate has improved. Between 2010-2021, the literacy rate was highest in the year 2021 and lowest in the year 2018. The **literacy rate reached 99.27% in 2021**. Between 2010 to 2021, the literacy rate of the Philippines increased by 1.4%. On a year-on-year basis, the literacy rate increased by 0.03% in 2021.

Why 9 out of 10 Filipino children can't read

<https://www.manilatimes.net/2022/08/10/opinion/columns/why-9-out-of-10-filipino-children-cant-read/1854046>

10 August 2022



AS the Philippines prepares for the opening of school this month, we are presented with a World Bank report that 9 out of 10 children in the Philippines at late primary age are not proficient in reading. The report, "The State of Global Learning Poverty: 2022 Update," sent many online communities into a frenzy. And rightfully so. There has been a learning crisis in low- and middle-income countries even before the Covid-19 pandemic. In the Philippines the already sorry state of public education was exacerbated by more than two years of remote learning.

The global education crisis is a priority for the United Nations and the World Bank. Unicef estimates that as many as 70% of all children in low-income countries cannot read a simple sentence by the age of 10. The UN is calling on all governments to take action to retain all children in school, review the learning levels and processes, prioritise fundamentals, and invest in catch-up learning — all that while making sure all children are healthy, safe and protected. The new government has indicated the urgency and importance of improving basic education by appointing Vice President Sara Z. Duterte-Carpio as Education secretary. (Sara is a daughter of the outgoing president, Rodrigo Duterte – Sara is vice president with President Ferdinand Marcos Jnr.)

The report cites many reasons for the learning crisis. Even before the pandemic, 6 out of 10 children globally were not acquiring basic proficiency in reading by the age of 10. This has been looming over policymakers and leaders for many years. The lack of internet connectivity and adaptable digital learning modules just further deepened the divide between rich and poor countries during the pandemic.

Many who are neither teachers nor parents are quick to say K to 12 has been a failure, but it didn't have a chance to be implemented well. Though admittedly the K to 12 has to be reviewed, Filipino children need the 12 years of basic education. Some public school teachers have reached out to me after my column on the K to 12 system.

"Mother tongue" – In principle, the idea of teaching a young child, from preschool to Grade 3, in the language they understand best, the mother tongue, was meant to help them have a stronger foundation for

communication before learning a new language. Note that "mother tongue" isn't Filipino or Tagalog. It is the local dialect. In reality both students and teachers struggle to introduce English and Filipino by Grade 4. This did little to help the English literacy of children and put them at a disadvantage.

No textbooks – While local private school parents were comfortable with the "no textbooks" in Senior High School and some Junior High levels, those in the public schools suffered from the lack of reference and information. Textbooks are still needed especially in places that have little or no connectivity online.

Upgrade textbooks and reference materials – While we're at it, the textbooks need to be reviewed and updated. If we have good reference books, teachers will be relieved of having to create modules, which in itself already poses so many problems. One public school teacher who refuses to be named says many teachers with seniority delegated the creation of learning modules to newbie Level 1 teachers. Not only did quality go unchecked, but this created feelings of animosity among the teachers.

The MOOE, or Maintenance and Other Operating Expenses fund, is meant to cover procurement of school supplies, utilities and communications (electricity, water and telephone), training activities, security and janitorial services, minor school repairs, and graduation rites. The MOOE is administered by the school principal. Some public school teachers end up spending their own money for supplies and repairs while not being reimbursed by the school administration.

The MOOE needs to be reviewed. According to the teachers that reached out, it's hit or miss if a school ends up with a corrupt principal. Because the fund is calculated based on the number of students, classrooms and teachers, the school's budget remains high if the number of students enrolled or passed remains high. Public school teacher Miah C. Auman says, "Napipilitan po kaming ipasa ang mga bata kahit hindi marunong. Kaya remedial ng remedial class palagi (We are forced to give a passing grade to a student even if the student didn't learn. That's why they need remedial classes)." It's like there is a financial incentive for the principals and schools to have a high rate of passing, honours and graduates. And we wonder why our students graduate without knowing how to read.

Teachers cannot impose discipline in schools. In 1992, Congress enacted RA 7610 to protect children from abuse, exploitation and discrimination. Corporal punishment has been prohibited in private and public schools in the Philippines since 1987. These laws are meant to protect children and keep the schools a safe space. At the other end, some teachers say that it has become normal for students to defy and disrespect teachers; they have no fear of failing or being suspended because the teachers and administrators are afraid of the law and worse, of "Tulfo." In the words of one teacher, "Sa amin sa ibaba, dinidiscourage ang mambagsak kahit na pinaka tamad at pinaka salbaheng bata (With us on the ground, we are discouraged to fail even the laziest and naughtiest kid)."

The literacy problem is a drop in the bucket of a crumbling basic education system that has been in crisis for decades. All eyes are on VP Sara Duterte-Carpio to clean up and reinvent the largest bureaucracy in the country. Here's hoping.

THE LANCET *Regional Health* Western Pacific

[https://www.thelancet.com/journals/lanwpc/article/PIIS2666-6065\(22\)00127-4/fulltext](https://www.thelancet.com/journals/lanwpc/article/PIIS2666-6065(22)00127-4/fulltext)

October 2022



Filipino healthcare workers (HCWs) are globally renowned for exceptional patient care, and the Philippines continues to supply many of the world's doctors and nurses, especially in the US and the UK.

There has been a steady increase in new Filipino HCWs since the 1990s, but many regions in the country, especially in rural and conflict areas, remain underserved.

Less than 25% of cities and municipalities have met the WHO human resource for health density recommendation, yet outmigration and internal migration to urban cities of highly skilled personnel persist. This has led to many consequences on health systems and populations, including shortage of workers, reduction in services provided, increases in errors and poorer quality of care delivered, and longer waiting times for essential services.

Almost a fifth of Filipino HCWs are working overseas. In 2019 alone, at least 17,000 Filipino nurses signed overseas contracts.

COMMERCIAL IN CONFIDENCE

The impact of out-migration was more evident during the COVID-19 pandemic, with mass nurse resignations and consequent migration due to unjust compensation, unreceived benefits and hazard pay, and delays in insurance reimbursements. Working conditions were straining and debilitating as well, as HCWs were forced to work longer hours, with suboptimal and inadequate protective equipment. Increasing infection among hospital staff members further exacerbated HCW shortages, pushing the Philippine health system at the brink of collapse. This prompted the government to impose a temporary overseas travel ban, which was heavily protested by several HCW unions.

Better social, economic and professional opportunities, more robust infrastructure and technologies, and the possibility of family reunification are some motivations to seek overseas employment. The salary differential is particularly glaring. The annual income of a first year medical resident in the Philippines is averaged at Php 720,000 (US\$12,000), while their counterparts in the US earn Php 3,000,000 (US\$50,000). Mid-level Filipino public hospital nurses earn 57% lower than their peers in Vietnam, the second lowest paying country in Southeast Asia. Entry-level and private hospital nurses receive even less, averaging Php 10,000 a month when household expenditure is averaged at Php 19,886.

Apart from out-migration, the Philippine health system also faces an unequal distribution of HCWs, who are increasingly concentrated in urban areas. 39,086 HCWs are in NCR, while only 3,445 practice in BARMM, a region in southern Philippines. With the exception of some nurses, more Filipino HCWs, including those from ethnolinguistic minorities, are found in regions with less ethnic concentration and poverty rates, in areas with greater activity and earning potential, in communities nearby their training institution, and in hospital-based services.

This challenges the notion that access to healthcare would improve with ethnic diversity, and casts doubt on the effectiveness of providing regional scholarships as a strategy to develop more HCWs for rural practice.

The Department of Health (DOH) took several measures to address these inequalities. The *Doctors to the Barrios* program was created to augment the health workforce in geographically isolated and disadvantaged communities lacking primary health care. Deployed physicians serve for three years, and receive pay and benefits, including a scholarship for a master's degree in public health. *The Doktor Para sa Bayan Act* provided medical scholarships at state schools to produce physicians, who will serve identified municipalities for at least 3 years in exchange, as part of the return service agreement. Shorter-term deployments were devised through the Medical Pool Placement and Utilization Program for medical specialists, and the Registered Nurses for Health Enhancement and Local Service for nurses. Similar strategies were likewise created for health professionals across different cadres of health (e.g. rural health midwives program, rural health team placement program).

Despite their contributions to health human resources, return service agreements have been criticized as band-aid solutions that do not guarantee long-term retention or substantially mitigate migration. Deployment programs have reportedly fostered overdependence among local government units (LGUs) on reinforcements from the DOH, leaving underlying barriers unresolved and key issues unaddressed. Among those cited by dissatisfied HCWs are isolation from and limited facilities for families, high out-of-pocket work expenses, poor infrastructure, and job instability.

Physicians and nurses then proceed to leave their areas of assignment.

International and domestic movement is further exacerbated by an outflow of HCWs to better paying industries due to inadequate support for HCW safety and well-being, and the limited number of attractive

jobs in the health sector. Of the 867,974 registered Filipino HCWs in 2018, only 22% remain in service. Juxtaposed with the persistence of HCW shortages in the country, this also suggests challenges in production, recruitment, and retention of skilled workers.

The overproduction of nursing professionals is traced back to the early 2000s, when there was a surge in demand for international nurses.

This led to the expansion of expensive but low-quality nursing schools in the Philippines. Many individuals overestimated their chances of being able to graduate and migrate to high-paying jobs abroad, which warranted a specific skill rather than a general qualification. Although many were successful, a significant number of graduates remained in the country, with limited opportunities for employment. This is particularly true in LGUs with limited resources to generate jobs.

Lower class municipalities struggle to employ their own scholars, create additional *plantilla* (permanent) positions, and augment their health workforce, largely due to budgetary constraints and competing local priorities. As a result, they resort to hiring HCWs on temporary or job order arrangements, having to inefficiently and unsustainably reemploy and retrain staff members once the short-term contracts expire. This faulty staffing practice discourages HCWs from pursuing careers in these areas, and consequently impacts delivery and quality of services provided at the primary level.

Retention is also affected by the capacity of LGUs to incentivize its HCWs. The Magna Carta of Public Health Workers of 1993 listed provisions on prescribed work conditions and corresponding compensation. However, its enactment coincided with the devolution of public health services, resulting in inconsistent implementation.

Many LGUs (local government units) are unable to provide adequate benefits and professional support, either due to resource limitations or political biases, which contributes to the growing demotivation and dissatisfaction felt among HCWs.

Important legislation relevant to health human resources have been made through the years. The Mandanas-Garcia ruling of the Supreme Court of the Philippines fully transfers the delivery of basic services to LGUs, which promotes people empowerment, participation and inclusivity among locals and their chief executives when crafting area-specific solutions and ordinances. LGUs are also given shares on national taxes collected, which is projected to increase internal revenue allotment and hopefully increase local budget and spending on health. Meanwhile, the Universal Health Care (UHC) Act vows incentives and grants from the national government to improve competitiveness and functionality of provincial, municipal and city health systems, with special priority for underserved and unserved areas. It also commits permanent employment and competitive salaries for medical and allied health professionals, and pledges scholarship programs based on the needed cadres identified by respective communities. Although these are welcome developments, demotivation and subsequent mobility of Filipino HCWs will continue to persist until such measures take full effect and until systemic reform is truly achieved.

Among Filipinos, migration is overly romanticized and considered a selfless and patriotic act, instead of a desperate call to action. Filipino HCWs express concerns about cultural differences, discrimination, workplace abuse and loss of social support.

However, despite these apprehensions and the inherent dedication to culture and community, many are pushed to leave for personal ambitions and familial obligations. While it is inevitable to lose Filipino

nurses and doctors to opportunities overseas, the Philippine government must proactively seek ways to protect its HCWs abroad, and to create conducive working spaces to encourage local practice.

Health-related organizations must be strengthened to prevent work-related exploitation. Bilateral negotiations with destination countries must also be explored to craft mechanisms that could improve postgraduate training. Returnee integration programs should be established simultaneously to maximize skills and knowledge transfer, and to inspire eventual return and service to the country.

In line with this, it is important to grow from the common notion of health care as a purely altruistic vocation and recognize that compensation is crucial for sustained service, especially if HCWs are to be deployed outside the metropolitan area. It is critical to revisit constraining provisions of legislation that aggravate inequities among resource-challenged LGUs, and ensure provision of additional support and sustainable measures. Alternate funding options, including potential partnerships with the private sector, must be explored, and the national health insurance system (PhilHealth) must be concurrently and deliberately strengthened. With the proposed devolution of basic services, local chief executives must also be held accountable in exercising transparency and ensuring that HCWs receive their due.

Apart from salary and other monetary (e.g. travel allowance, hazard pay, clothing and subsistence allowance) and non-monetary (e.g. leave benefits, support for participation in training programs, recognition mechanisms) incentives, the national government must also confront the many socio-political and environmental factors that influence HCW decision to migrate. Major investments in health, infrastructure and social services are paramount to address socio-economic inequalities and threats to physical safety, especially in the rural areas. Educational and employment opportunities must also be strengthened through expanded scholarships and sustainable career development programs, and health professional curricula must be revisited and revamped to promote primary care, public health and rural practice.

It takes a whole-of-government approach to institute significant and palpable changes, but the Philippine government must act swiftly on measures to strategically recruit and retain HCWs. As more countries open their borders and extend opportunities for employment, resignations among skilled professionals are expected to increase. HCW migration will continue with inadequate support, and those remaining in the country are left with the burden of an overwhelmed health system, consequently affecting delivery of care and health outcomes.

HCW migration is a desperate call for international labour solidarity and regulation, but more so for national systemic health reform. With the added strain on the health system posed by the COVID-19 (2019-2022) pandemic, a drain on health human resource, and the recent passage of the UHC Act, never has it been clearer that a substantial investment in Filipino HCWs is urgently needed to meet the health needs of the Filipino people.

Philippines lacks 106,000 nurses – DOH

<https://www.rappler.com/nation/philippines-shortage-nurses-hospitals-doh/>

30 September 2022



Department of Health officer-in-charge Maria Rosario Vergeire says the migration of healthcare workers is among the reasons for the shortage of nurses in the country.

MANILA, Philippines – The Department of Health (DOH) said on Thursday, September 29, that the country needs 106,000 nurses both in public and private facilities and hospitals.

“We have a shortage or a gap of around 106,000 *para mapunuan natin ‘yung mga facilities natin* (so we could fill in the facilities) all over the country, both public and private,” DOH officer-in-charge Maria Rosario Vergeire said in a press briefing.

The health official urged Filipino health workers to apply for the positions and coordinate with the DOH’s Human Resources Bureau to process their documents.

“*Nananawagan po tayo sa ating mga kababayan na our nurses here in the country, midwives in the country, our dentists, and other healthcare professionals, meron tayong vacant na plantilla positions para ma-hire namin kayo,*” Vergeire said.

Doctor: If health worker shortage remains unsolved, Universal Health Care is just a 'piece of paper'

<https://www.cnnphilippines.com/news/2022/10/12/health-worker-shortage-universal-health-care.html>

12 October 2022



Metro Manila (CNN Philippines, October 12) — Improvements under the Universal Health Care (UHC) will just be a "piece of paper" if the government is unable to address the shortage of health workers, a doctor said on Wednesday.

Cardiologist and National Academy of Science and Technology academician Antonio Dans said health workers are the foundation of every health service.

With the establishment of primary care in every locality, a core program under UHC, every Filipino will have free access to basic health services like medical check-ups and medicines. But Dans said the government needs manpower to implement this.

The shortage of doctors, nurses, and midwives could impede the delivery of primary care, he added.

"Kung isa kang doctor for a 50,000 community na ang daming tao, pwede mong masabi na meron kang doctor. Pero 'di masasabi na adequate 'yun kasi hindi kayang alagaan ng iisang doctor na 'yun at nurses at midwives--'di nila kayang alagaan ang 50,000 people," Dans said in a Department of Health (DOH) forum.

[Translation: If you are a doctor for a community of 50,000 people, you can say that you have a doctor. But it can't be said that that's adequate because that one doctor and nurses and midwives can't take care of 50,000 people.]

He said the health care system has undergone a lot of revisions, but the problems remain and the poor are still at the losing end, with greater out-of-pocket expenses.

‘Di natin malulutas ang problema kung hindi natin maa-address ang kakulangan ng health workers, especially primary care workers," Dans said.

[Translation: We cannot solve the problem if we do not address the lack of health workers, especially primary care workers.]

"They are the foundation of our healthcare system. If we do not solve that problem, UHC is just a piece of paper," he added.

Many hospitals, especially private facilities, are suffering from manpower shortage. Other health care professionals, such as nurses, either relocate to public hospitals or work abroad where the pay is higher. **The country needs 193,230 more health workers, including 67,345 doctors and 106,541 nurses, according to data as of 30 September 2022.**

In a Senate hearing on Oct 3, DOH Undersecretary Kenneth Ronquillo said **there are 3.7 doctors for every 10,000 Filipinos**, based on figures as of December 2021. This falls short of the **World Health Organization-recommended ratio of 10 doctors per 10,000 people**. Around 28 towns also do not have a doctor.

Senator Joel Villanueva drew attention to the unequal distribution of health workers. He pointed out that most doctors — 7.62% of them — are in Metro Manila.

Meanwhile, only 1.28% of physicians are in MIMAROPA, 1.38% in SOCCSKSARGEN, and 0.74% in the Bangsamoro Region.

"We really need to plug up the holes – increase incentives, train people, give scholarships. But, also plug the holes. They're leaving. Every government we've had for the past 50 years has recognised the problem, but not done anything about it," Dans said.

He added that policy makers also have to hear the sentiments of health care workers, who complain of low salaries, shortage of manpower, and heavy workload.

“If we do not solve this problem, then we are just looking at you know, policies that we cannot implement," Dans said.

Health officer-in-charge Maria Rosario Vergeire recently said officials are discussing possible options to help improve the country's healthcare workforce despite the deployment of manpower abroad--such as grants and scholarship programs from other countries.

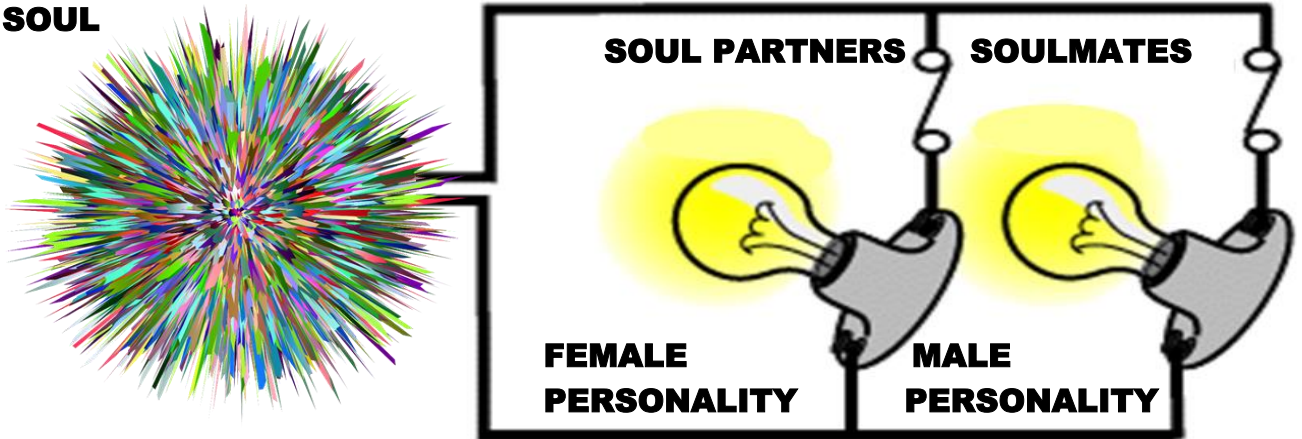
Health officials are also lobbying for the salary standardisation of private and public health workers, which has yet to be discussed by Congress.

Health of all of Our Bodies

SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!

**Two separate personalities on parallel ‘circuits’ having the same soul.
What impacts one personality does not impact the other personality.**

SOUL

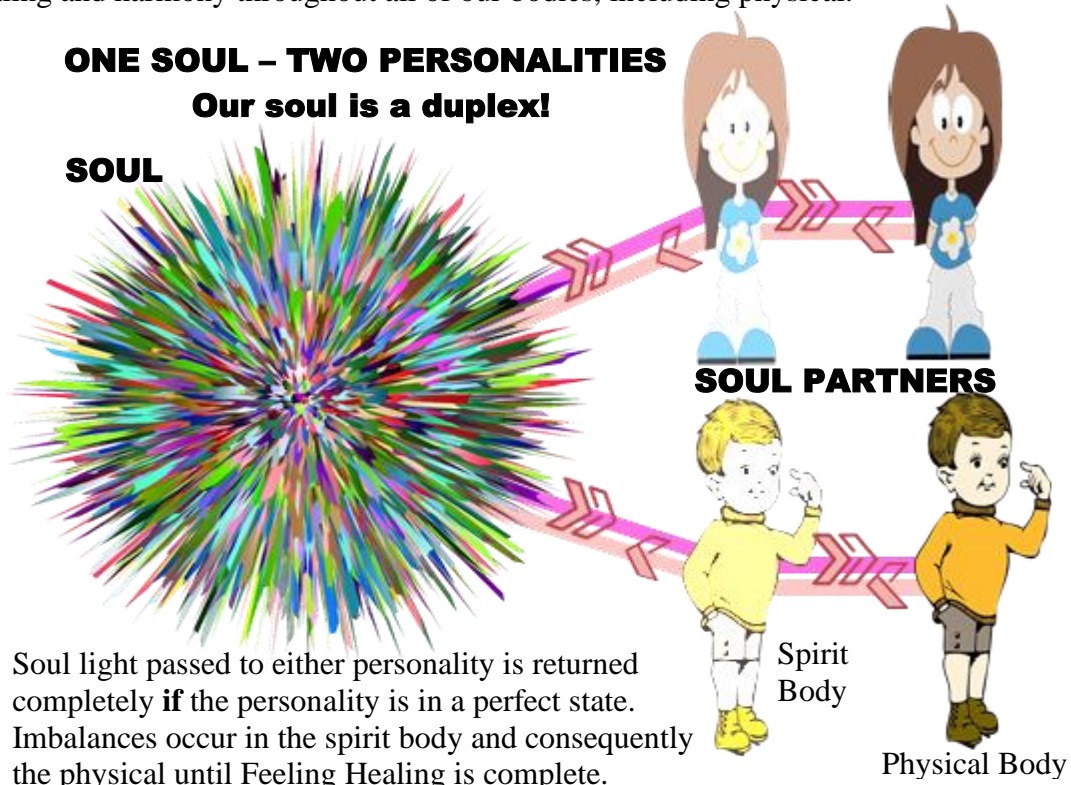


The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.

ONE SOUL – TWO PERSONALITIES
Our soul is a duplex!

SOUL



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

NOTHING IS FORGOTTEN



The moment of our conception will ultimately be remembered as a most stressful and damaging experience. We are literally continuously fire hosed with our parents' emotional injuries and erroneous beliefs – and they do not even know we have arrived!



We, as parents, may tell ourselves that our children 'will get over it', 'they will forget about it!' That is a gross lie and

error – we each do not forget ANYTHING!

We are each to heal ourselves of the hurt and harm imposed upon us by expressing what we feel, both good and bad, and long to understand the truth behind what our feelings are drawing our attention to.



It is through these corruptions (errors of belief, emotional injuries, events that we have not been allowed to complete, our will being imposed upon, controls imposed upon us by others trying to make us be who we are not, etc.) that our energy flows back to our soul are degraded and that ultimately damages our physical and spirit bodies bringing about discomfort, pain, illness and disease. It is the imbalance of the flow of energy from our soul and that which we return that is the underlying cause of all identified illnesses, maybe all 10,000 or more so far catalogued.

In our senior years, many of us are said to be losing our memory and awareness of what may be unfolding around us. Nevertheless, we each will remember everything that is imposed upon us and what unfolds for us. This is recorded within our spirit body and soul's memory. Everything throughout every moment of our life is recorded, never to be lost.



It is only when we heal our erroneous beliefs and emotional injuries through our personal Feeling Healing that we will 'forget' the pain and suffering that we have had imposed upon us throughout our life, from conception to death, by those who sort to control us and impose their will upon each of us and our ongoing repression of our childhood suppression.

NOTHING IS EVER FORGOTTEN

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Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

SOUL HEALING

The whole human race is suffering from repressed childhood and mind control.

At the moment just prior to conception, we are in a pristine condition, our soul is in a perfect natural love state and our now forming embryo is also in a perfect physical state. Conception takes place and the fire hosing of our parents' emotional injuries and erroneous beliefs begins unloading upon us. Incarnation takes place 16 days later when the foetus begins pumping blood.

By the time we are six years of age, just prior to the arrival of our Indwelling Spirit, our soul condition is reflecting the level at which our parents are at. If our parents' soul conditions are different, then we will be reflecting the level of one or the other parent. This is easily ascertained by using kinesiology muscle testing in the manner that Dr David R Hawkins has published, in conjunction with his Map of Consciousness (MoC).

This is how humanity remains stagnant for generation after generation. We become the level at which our parents are at and then we go on and do the same thing to our own children.

Suppression of our true personality throughout our early childhood forming years by our parents is possibly the greatest crime of all. We now can abandon this entrapment by Living Feelings First and then also embracing Feeling Healing, and in particular Soul Healing with Divine Love.

Presently, our life is one continuous suppression of our true personality by:

1. Our physical parents and carers throughout our early childhood.
2. Schooling, our teachers through pre-school, primary, high school and higher education.
3. Our spiritual and religious teachers of all denominations.
4. Our employers in all forms. None more severe than military service.
5. Our government at all levels; local, state and federal.

The people of the Philippines presently calibrate overall at **225** on Dr David R Hawkins' Map of Consciousness. While they continue in this manner, as they have done so in the past, this may remain their state for the coming centuries.

It is now possible to introduce a pathway to vibrancy, spontaneity and truth – this is the agenda herein!

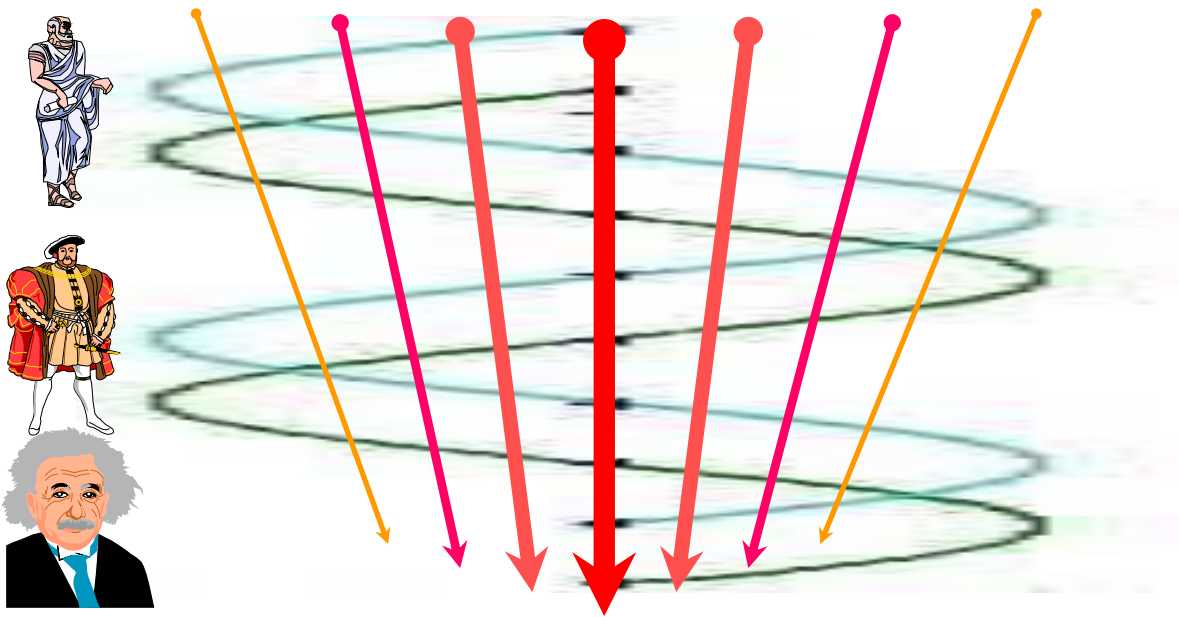
Philippines life expectancy: 71.66 years (2022)

American **men expect to live an average of 67.7 years, while women expect to live an average of 75.9 years**, an eight-year difference.

Philippines median age: 25.7 years

generations

OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:



Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation, resulting in malfunctions in the foetus.

We are a product of all that has come before us.

Our own soul condition is reflected in our children.



To assist baby, as well as our self, work and pray to express our blocked emotions.

Clearing our negative emotions – Feeling Healing – grows our soul condition as well as that of our children.

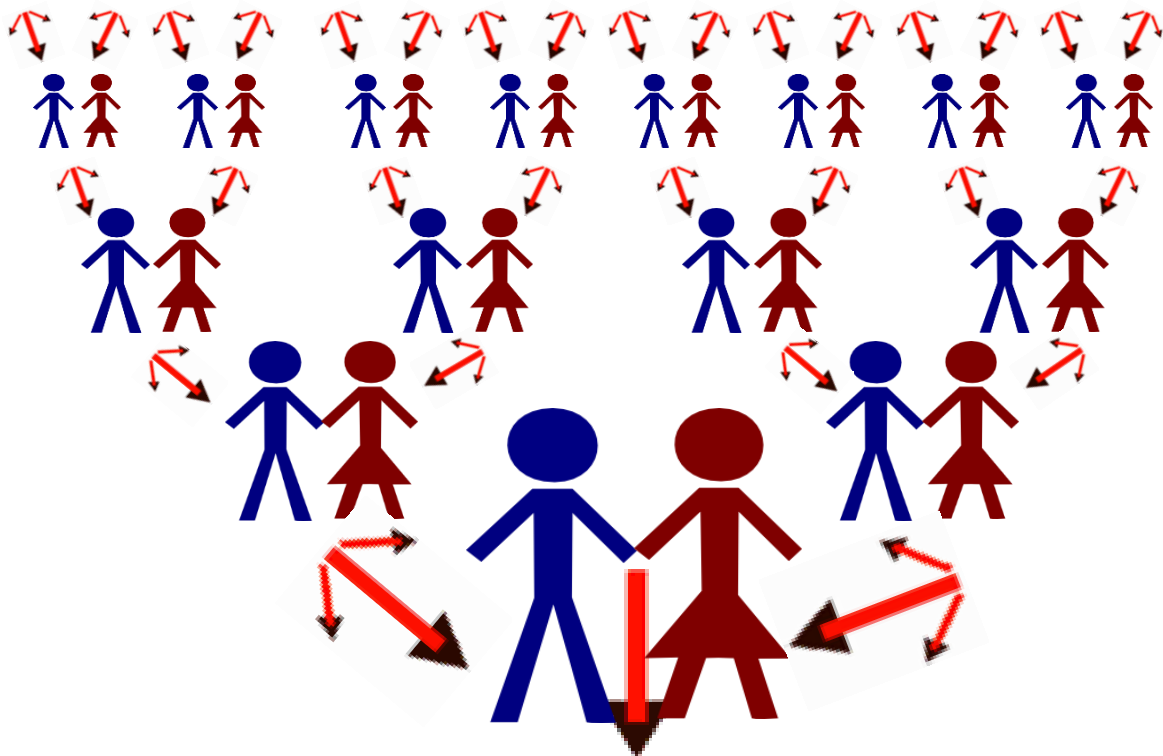
Baby’s body, when conceived, is always perfect. Their soul condition is also perfect.

GENERATIONAL TRANSFER of EMOTIONAL BLOCKS and INJURY:

As children we are conceived taking on the denial of the seven Mansion Worlds which is passed onto us though our parents and carers. We absorb our parent’s emotional injuries and their soul condition, which can typically reflect more of one or the other parent, however both parents input is of equal importance. As children we continue to mirror our parents’ soul condition until we leave home. When we decide to heal our childhood suppression and ongoing repression, we then have to systematically work through all seven worlds of feeling-denial, healing all the unloving influences from our parents. This is doing our Feeling Healing.

In turn, we are a reflection of our parents’ soul condition, and their parents’ soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and expressing our fears and blockages while seeking truth.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly there after. It is the accumulation and combination of issues held by past generations that insidiously manifest as life threatening illness episodes within unborn and new born babies. Parents through their own healing can lift illness from their children! Thus, to assist our children, we must firstly resolve emotional issues within our selves. General emotional injuries or blockages manifest as various health issues. Thus, an illness episode or pain can be generally related to parents’ emotional issues.



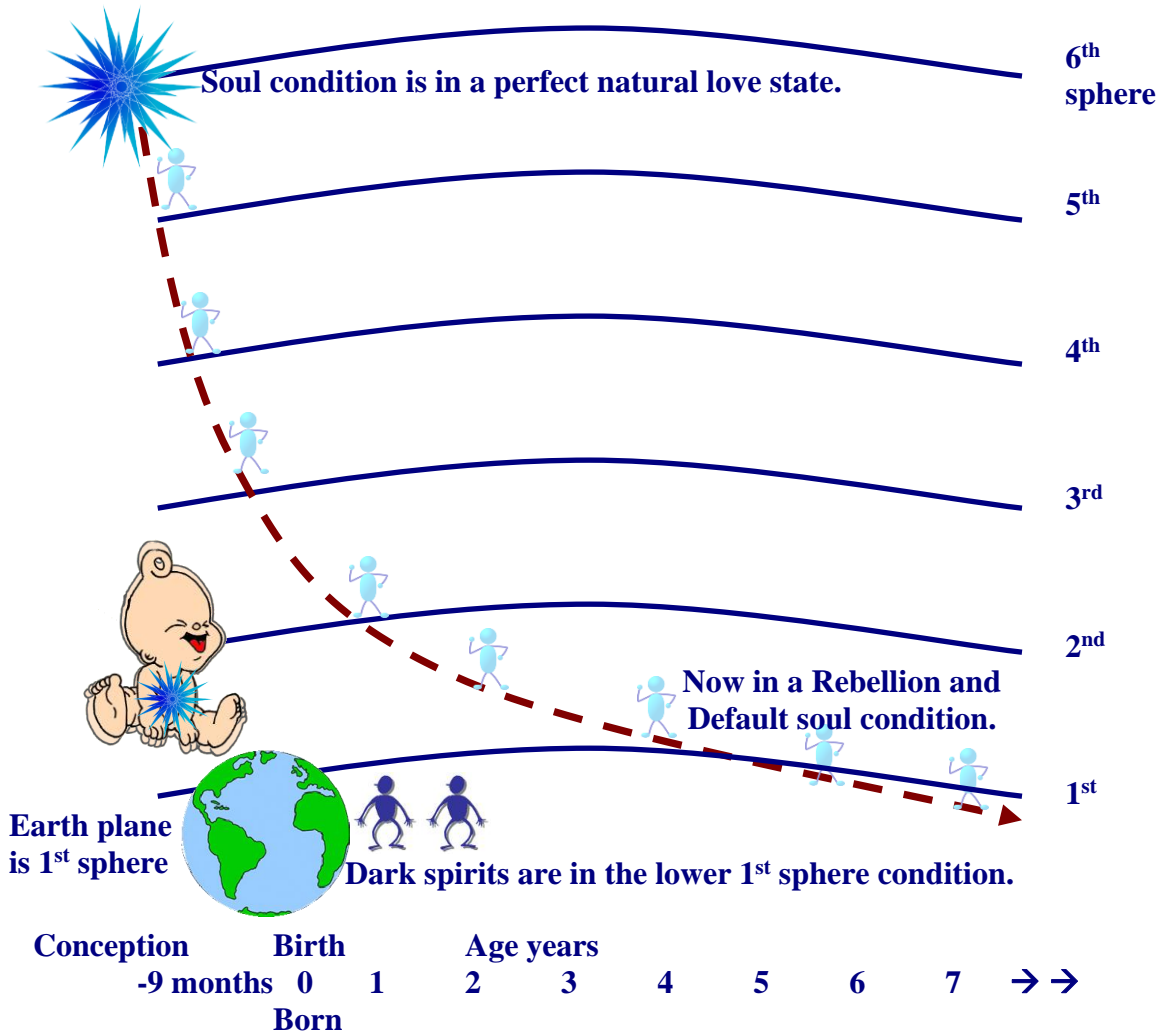
SOUL CONDITION of BABIES are SUPPRESSED to that of its PARENTS!

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of six, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents. Kinesiology testing of Map of Consciousness confirms this suppression progress. Conception can be likened to facing a water cannon for the child!

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask and prompt spirits to seek help from brighter spirits from within their own environment.



OUR INDUCTION into PHYSICAL LIFE:

At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!



Our physical parents do not realise that even before our incarnation we have taken on board their combined emotional errors and misbeliefs. We are now suffering their pain!

We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.

Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.

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WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

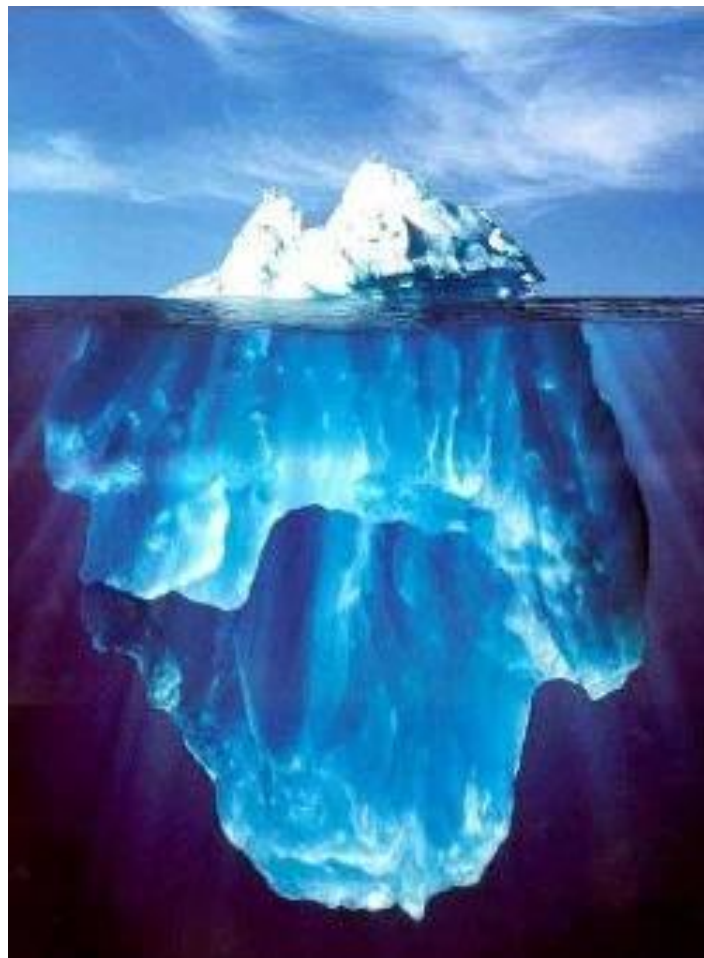
Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

If a girl spends only 2 years at school, she is likely to have more than 7 children. If she spends 6 years at school, she is likely to have around 4 children. If she spends 12 years at school then she will have only 2 children. World poverty is best averted by the tool of education in the first instance.



Symbolically, the iceberg is a good representation of the undiscovered potential in all of us.

How many nurses are needed?

<https://www.qualtrics.com/au/experience-management/industry/nursing-shortages/?rid=ip&prevsite=en&newsite=au&geo=AU&geomatch=au>

The International Council of Nurses estimates there is a [current global shortage of 5.9 million nurses](#), with the potential for the number to [rise to 13 million by 2030](#). In the US alone, the Bureau of Labour Statistics expects to see nearly 200,000 vacancies for registered nurses each year as the industry faces mass resignation.

Why is there a nursing shortage?

The reasons for the nursing shortage are complex and multifaceted. In this post, we'll focus on 5 of the main factors affecting the nursing shortage:

- Lack of nursing education resources for training new nurses
- A record number of nurses getting ready to retire in the next decade
- Burnout and stress related to the pandemic and general working conditions
- Staff nurses transitioning to more lucrative travel nurse roles
- Nurses feel their jobs are changing rapidly and often for the worse

Lack of educational resources

Potential nurses run into roadblocks before they even enter the workforce. Schools are citing a lack of qualified nurse faculty and budget constraints as primary reasons for turning away aspiring nurses. In 2019, US nursing schools turned away over [80,000 qualified applicants](#) due to nurse faculty shortages and insufficient resources.

The [American Nurses Association estimates](#) that more registered nursing jobs will be available in 2022 than any other profession in the United States. At this point, nursing schools are not keeping pace to meet the demand. That problem will only worsen in upcoming years as the nursing shortages intensify.

Additionally, schools do not seem to be preparing nurses properly for entry into the workforce, with some estimates reporting that between [30-57% of nurses quit](#) their jobs within their first two years of employment. New nurses often cite workload, scheduling, and lack of resources to meet their patients' needs as reasons for leaving.

High turnover rates among new registered nurses, combined with a lack of resources for prospective nursing school enrolment, lead to the current situation where there are not nearly enough nurses entering the workforce.

Street Kids

<https://allround.home.blog/2019/08/14/street-children-it-causes-and-solutions>

The United Nations estimates there are **up to 150 million** street children in the world. No one knows the exact number because they are often unknown to social care and government organisations. Street children can have complex circumstances and are very vulnerable to exploitation and violence.

In Manila of the Philippines, **between 250,000 and 1 million** children live in the streets, left to fend for themselves. To offer them hope for a better future and improve their living conditions, four NGOs are mobilising, with the support of ASMAE and AFD. 6 Nov 2018

CAUSES

According to Lugalla and Mbwambo, 1995; there are lots of causes for this problem, some are natural and others are man-made. Children have lost contact with their parents or families, which results in the loss of the children in the streets. Some children are the offspring of prostitutes. Some families reject their children if they are handicapped. Some 'respectable' parent disowns their own child because he/she is an outcome of an affair. In those causes the background is not allows poor. A multitude of factors contribute to the global rise of street children, push factors including: poverty, violence, neglect, abuse and peer pressure. Life on the streets opens up and exposes these children to a world of drug addiction, sexual abused and exploitation, labour exploitation, involvement in criminal activities, and violence by police and criminal gangs. Odds are stacked against them, they being exposed to the elements, having unreliable access to food, lack of education and medical treatment and care. Addiction, abuse and illness are high, as is vulnerability.

POSSIBLE SOLUTIONS

Street children problems

To reach out to the problems of the street children and to know how to help street children who are facing a number of problems including protection, shelter, limited access to food and the education, we may go to them directly to know the intensity of their problems. We may not be able to help them out from getting them out of all their problems, but perhaps we can solve some of them.

Public awareness

Many of the public do not even know about the street children. Awareness mean that the we can inform as more people as we can about the problems of the street children and what can we do to help street children. The increasing of the public awareness can be very helpful in this regard. We can start with people by telling the stories of different kinds of street children. By sharing the problems of the street children to those who even do not know about the problems faced by the street children and what can we do to help street children. For this, we need to go to door to door to make the people sure that they are ready to help out these children.

Developmental centres should be risen

Developmental places are the best organisations and the services for street children. If we want to help the street children, there is dire need to analyse the problems of these children and know the ways of how

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to help street children. Developmental centres help the street children on a large scale as they know more about their problems and know the better solutions to their problems. These developmental centres offer and provide the street children all the facilities that the common children enjoy at their homes. These centres never let the children feel that they are in a 'centre', not in their home. The goal of the development centres in how to help street children for street children are to make them ready to take part in all the healthy activities of life.

The role of schools

The role of education in how to help street children is always to create the big personalities for the country and the world. The schools can take these children to schools to decrease their number. But the schools can also prepare the children so that the children may not resort to the negative activities such as drug addiction, especially for street children. Schools can teach the children and help the child to become an engineer, a doctor, or a pilot as the others normal children. In this way, they can decrease the number of schools children if they recognize how to solve the problem of street children as well as their interest of the children to leave their houses and go to the streets.

Volunteers work for the street children

The public welfare free workers always exist to work in the favour for the street children as they are willing to know the problems and know the ways of how to solve the problem of street children. They work for the public free of cost; therefore, it is very advisable to get their services for the street children to decrease the number. The increase in the number of volunteers may be very helpful in decreasing the number of street children. To know the ways as to how to solve the problem of street children, we must know the problem they are facing.

Responses by governments

No doubt, some governments have held programs to tackle with street children, the general solution of how to solve the problem of street children placing the street children into juvenile homes, orphanages, or correctional institutions. Struggles have also been made by a number of governments to help or to support with semi-government services and the organisations.

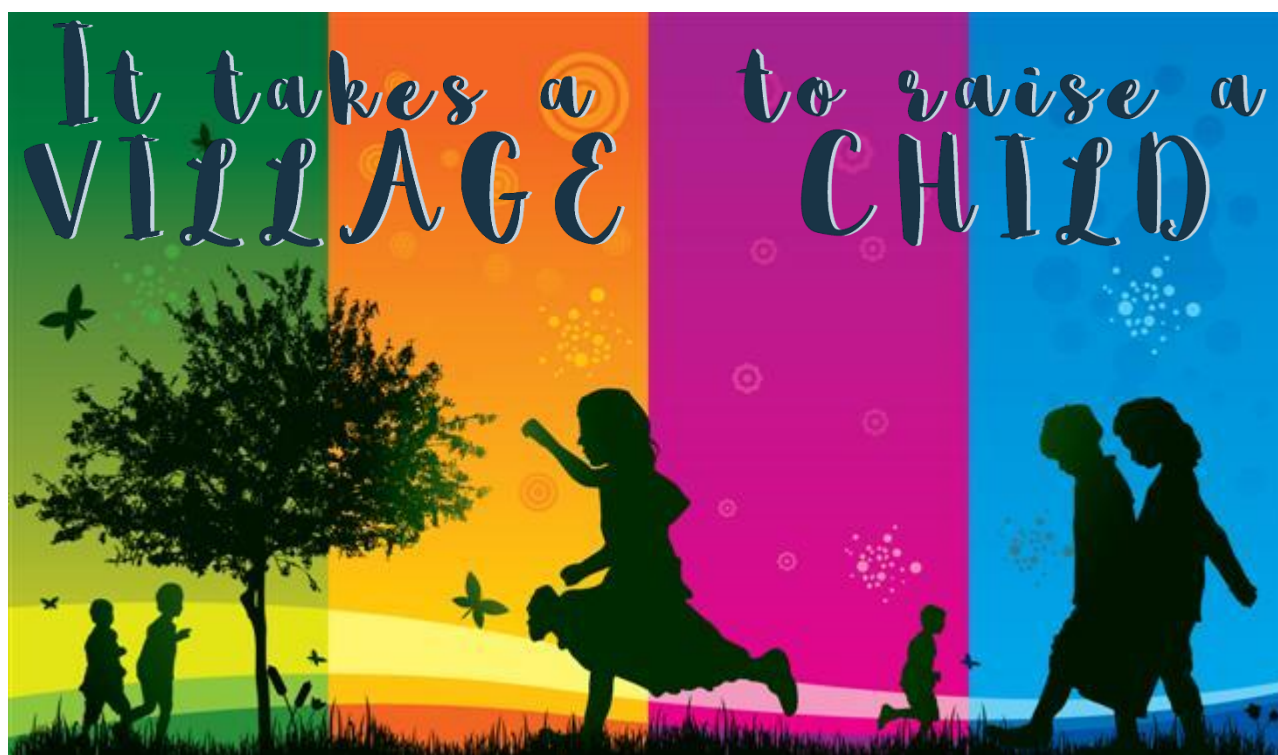
The general public, instead of the organisations and the institutions that care for street children, may also assist the street children and help the government to realise how to solve the problem of street children. The rehabilitation centres also play an important role in healing the street children and make them prepare to resort again to their home as the streets are not their home.

In conclusion, the street child phenomenon is an alarming and escalating worldwide problem. Street child issues has become a root problems to the society and the country at large. In this view, there is need to always see them as an important values and access of the future, they need to be taking care of, and it is noted that future research should **make free education to reach out for the educating the street children**. The various agents in the society such as; family, school, peer group and mass media, government, etc., should come together in one accord to curb the situation of street children eating deeper into society.

PASCAS FOUNDATION may consider:

- Each child is a lifelong engagement, certainly interaction is ongoing to age 28 years.
- The child is to be listened to, to be encouraged to ‘talk it out’, to express itself.
- Carers are to have long term association with the child – as long as possible.
- Consideration of support in physical and financial ways is to be equally available to the carer(s) as well as the children.
- The child is a unique personality and it is that personality that is to be nurtured and allowed to bloom.
- We are not to impose our will upon the child, we are to allow the child to discover and teach us who they truly are.
- We are each on a never ending journey of learning and being educated – mostly through our experiences.
- Thus, education opportunities are to be supported throughout each and every facet of the child’s life.
- The comforts and conditions of lodgings for the child is to be representative of what we expect and embrace within our own homes. Lodgings are to be warm and secure with all the appropriate comforts that enable a child to experience and for them to express themselves as we would welcome.
- All that we would desire for ourselves is to be available for the children and their carers, with all the security and potentials that we embrace.
- Fresh is best – home cooked meals are always the benchmark when it comes to our own nutrition.
- These hallmarks of support may be impossible to quantify as every child is different, every situation is different, every environment is different and the carers who bring their love, time, energy and support are as equally different. This is how it is within every family.

So, as institutions open to the possibilities of The New Way through engaging with Pascas Foundation then we will all discover what is required, what is involved and how this may unfold.



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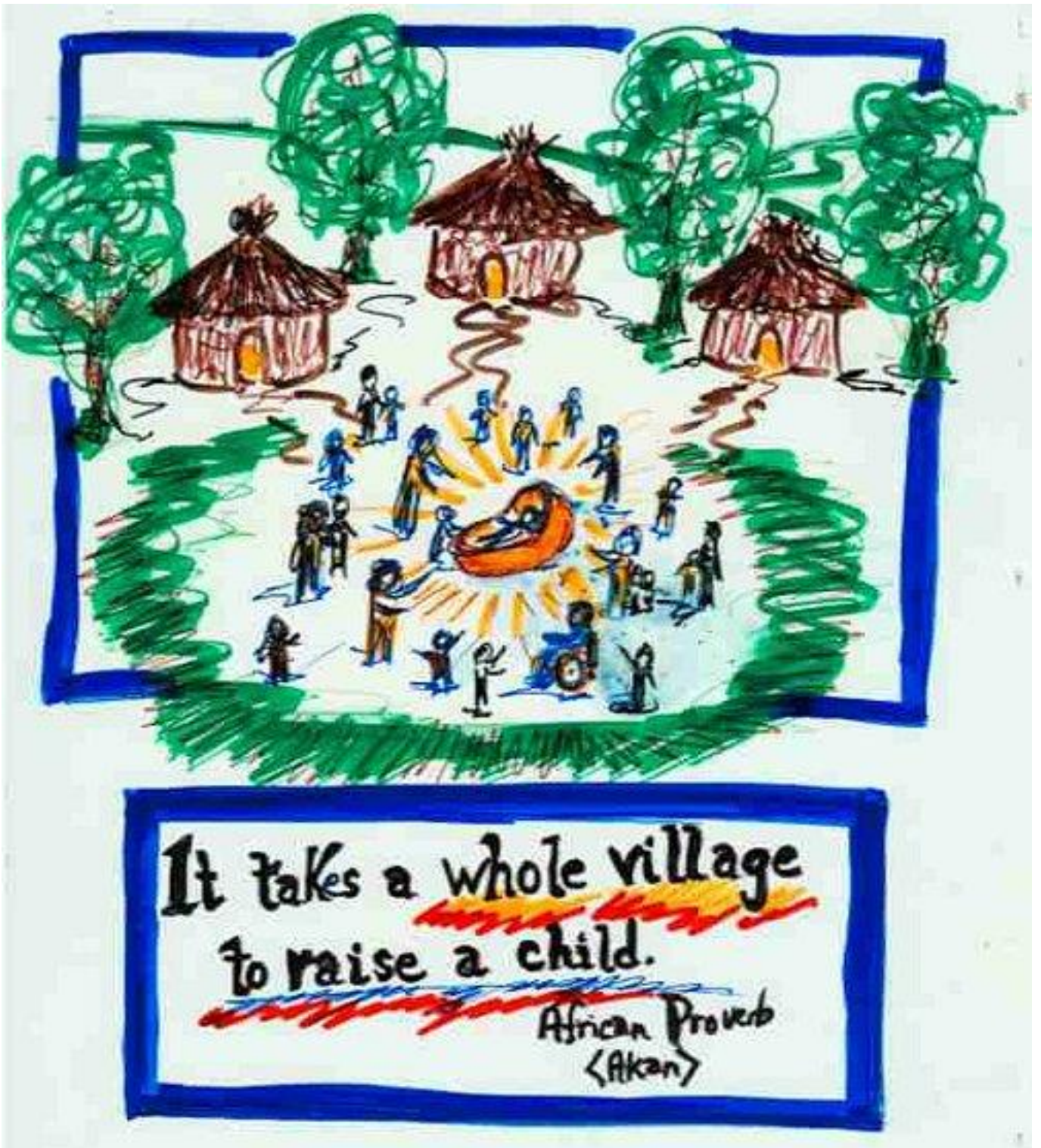
VILLAGE RAISING of a CHILD vs Corporate CHILD CARE

Governments may perceive that income generated (and their taxes) by parents while having their children ensconced in a corporate child care centre is beneficial for the nation. Please consider this:

- The child and children, when at child care centres, are being deprived of their direct interaction with a parent or both parents in the time of its life it needs them the most.
- Ask yourself, who hurt me the most when I was a child? Being abandoned is lifelong harm.
- Being abandoned is a crisis for a child that NEVER heals! Five minutes lost in a supermarket barely matches the trauma of being left all day amongst strangers at a child care centre.
- We say, the child will get over it – we even tell the child to get over it! It does not and WE do not.
- By suppressing the child's personality we are entombing it into a lifetime of trauma. We brush all this off because that is what our own parents did. Our life long dramas are consequently repeated by the child in its adult life. We are fixing our children to never ending treadmills of our making.
- Until we personally begin to heal ourselves of our own childhood suppression then we are ensuring our errors and injuries are absorbed and repeated by our own children.
- We are to express our feelings – both good and bad. Yet we ignore our children when they wish to talk and express their feelings. Many of us were told to be seen and not heard.
- We are to listen to our children – not hide them in child care centres.
- We are to listen to our neighbours, to our community – and they to us. We are to express our feelings to each other – that is how we begin to heal our childhood suppression.
- Consider the vast array of distractions we each have accumulated – TVs, laptops, mobile phones, movies – look at how most of these do not involve interaction and communication with people.
- We pass these all onto our children – so they do not even communicate with each other.
- Suddenly, all of humanity is awash with mental illness.
- What is mental illness? It is the imbalance of light returning from our physical being back to our soul thus bringing about distortion in our overall light energy. Should we begin to express our feelings, both good and bad, and long for the truth behind our feelings, then we will begin to bring that light back into balance and heal ourselves – and our children at the same time!
- The Village Community way of bringing a child up is also a healing way of living. We are to collaborate as a community and in collaboration we are to dialogue, discuss and express our feelings between each other. We are to be true to ourselves. In this way we are healing ourselves and bringing up our children appropriately in a village format – a small community.
- Should a Child Care setting be part of a small community / village arrangement then every child in the care of the centre should personally know, each day, at least one of the adult supervisors due to the child's extended family interactions prior to attending child care.
- An appropriate Child Care setting may be seen as having one parent of say five children in attendance each day. That is, during a five day week, even though the attending parents are rotating, the child may have a close relationship with one of the supervising adults each day.
- In this way, the governments will find their long term national medical costs being reduced as healing of the community unfolds and mental health issues abate. This will extend into the policing, courts and prison systems as well as all aspects of social service.

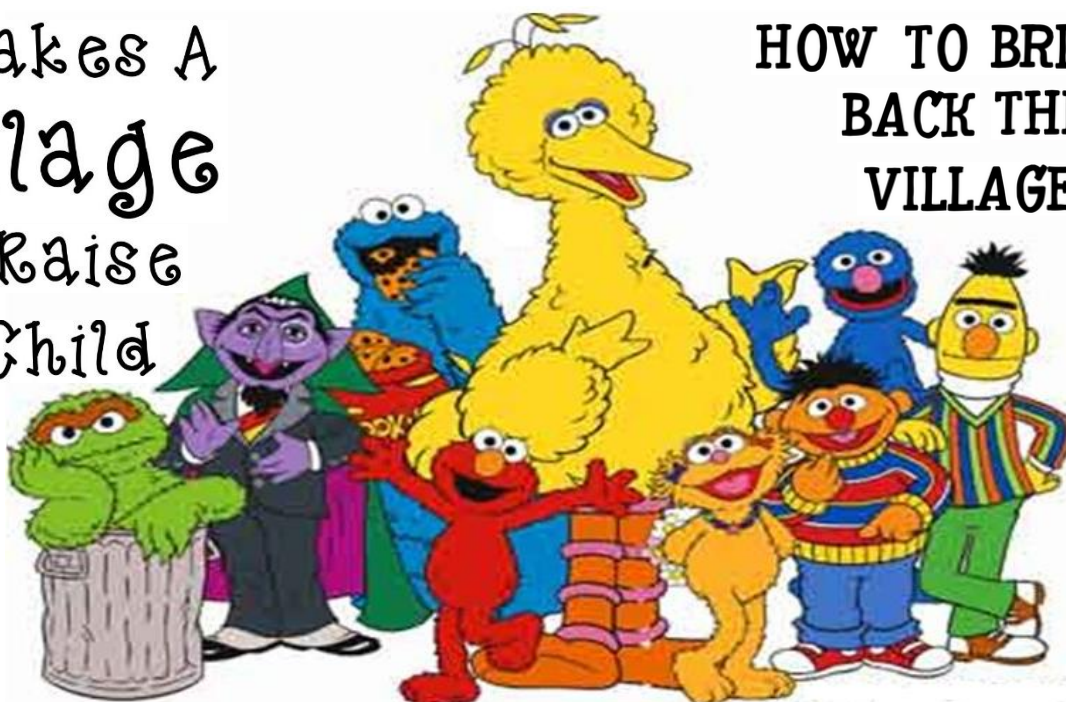
Corporate child care systems have become long term problematic for all of humanity.

COMMERCIAL IN CONFIDENCE



IT TAKES A VILLAGE TO RAISE A CHILD: HOW TO REBUILD THE VILLAGE!

It Takes A
Village
To Raise
A Child



HOW TO BRING
BACK THE
VILLAGE

A friend asks; Is the village gone? That utopic place where neighbours are available to drop in at a moment's notice to watch our kids while we go to our dentist appointment. That dream world where our new baby is greeted with dish after dish of home-made fresh meals? That magical place where strangers help us to load our groceries into our car?

It's so hard when we don't have a ready-made village. Even harder when we live far from family. That is fine until we have kids. All of a sudden, our cosy little home feels like a deserted island.

Raising littlies is hard. Hard on the body, hard on the emotions, really hard on the marriage. And babysitters are expensive! And child care centres even more so!

People weren't designed to do this parenting thing alone. What do we do, then, when we live in an individualistic community and don't have free babysitters (aka family) nearby?

HOW TO BRING THE VILLAGE BACK

1. REALLY SEE THE PEOPLE AROUND US.

To bring back the village, first we need to be cognisant of the people around us. Crying babies are hard to ignore, but people do it all of the time. Even if the situation is not so obvious, there is always someone who is crying out for help. The first step we need to take is to see them.

2. MAKE THE FIRST MOVE TO HELP.

She continues: While on a flight, I saw an exhausted mama and heard the pitiful baby. I remembered those days. Those evenings with our first colicky baby when it seemed that *nothing* would stop his cries. It would

be so easy to leave them alone and let them handle it, the mother, father and grandmother, but how would that benefit the village?

With a sigh, I took off my headphones and put away my book, I relinquished my evening of blessed solitude on a flight. Tapping the grandmother on the arm, I asked, “Do you think she’d like me to try to soothe the baby? I could hold her for a while.”

She replied, “Oh, the dad is right in front of her. He can hold the baby if she needs a break. Plus, this baby... she won’t go to anyone but her mom. I know it’s hard to hear – I feel bad, too.”

In the individualistic era that we live in, people are reluctant to ask for, or accept, help from strangers. It’s up to us to not only see the situation, but to have the courage to step up and offer help. If it’s brushed aside, it may be time to move to step 3...

3. PROVE YOUR SINCERITY BY FOLLOWING UP.

It would have been SO EASY to put my headphones back on at this point. *Well– I did my duty and they don’t need my help (pats self on back).* But, did I really? How many times has someone offered something to you, but you felt they only did it to be nice, so you refused? More often than you can remember, I’d wager.

People can be so damn polite, never saying what they really want or need. My gut told me that I should ask again.

“Well, I had a baby like this,” I told the grandmother, “and I may know a few tricks.”

“Really???” She immediately leaned across the aisle and relayed my words to the tired mama. About 0.5 seconds later, the baby was scooted across the aisle into my arms. That’s how you know that you are in the company of a parent of a colicky newborn.

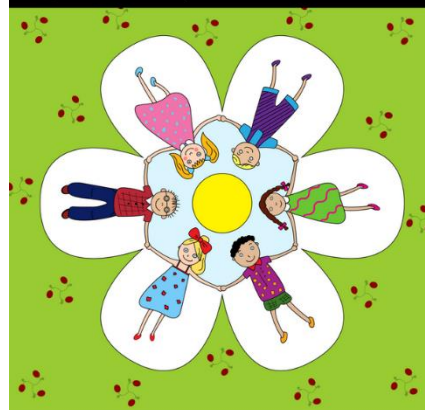
However, had I not proven my sincerity by offering a second gesture of help, they would never have asked.

We’re starting to get a little out of our comfort zones here, opening ourselves up to rejection and even judgement. Vulnerability must precede change, though. For the village to return, we need to practice some openness with acquaintances and strangers.

4. PUSH PAST THE BOUNDARIES OF YOUR COMFORT ZONE.

Going back in my mind four years to my eldest newborn period, I asked for a blanket and tightly swaddled the 3-month-old baby girl. I sprang into action with the 5 S’s from Dr. Harvey Karp’s – **swaddle, side-stomach position, shush, swing and suck**. (Well, 4 S’s, to be exact, since they said she didn’t have a pacifier / dummy.)

IT TAKES A VILLAGE
to raise a child



**HOW TO BRING BACK
THE VILLAGE**

*It takes a
village to
raise a child....*



I don't know about you, but if I hold a baby that is not my own and it starts crying, I'm pretty quick to hand it back. No one wants to be responsible for someone else's crying baby.

This poor baby was so worked up at this point that she just looked at me in terror and continued screaming. My rational mind said, "It takes time. Her fight-or-flight response is in full control right now, and it will take time to calm her down." My safe side screamed at me, "WHAT ARE YOU DOING? YOU HAVE AN AUDIENCE NOW, AND YOU ARE CONTINUING TO ROCK A SCREAMING BABY THAT IS NOT YOURS!"

It almost won out. I almost handed her back. But I knew that I should keep going. I knew that my tricks would work once the cortisol left her system and her little body calmed down. I kept going, swaying and shushing until my mouth was dry. Little by little, I could feel the muscles relax, the little shudders of surrender. She was falling asleep, but wasn't there yet. Every so often she'd tense back up and look around wildly, but would calm again with the continued shushing.

After ten or fifteen minutes, she was in a sound sleep. I held her for another thirty minutes while the exhausted mom slept. Then she nursed her and handed her to the dad, who held her the rest of the flight, looking like he was scared to move a muscle. I bet he was. The whole family was amazed and so grateful. **I felt like a superhero.**

It's so easy for us to stay silent. That silence may stem from feelings of inadequacy, fear of reprisal, fear of vulnerability, or even selfishness. This whole incident only took only minutes out of my day, but it meant the world to this family.

More than the time, it took courage to step out of my comfort zone and offer the help. To take back the village, it will take courage. It will take reshaping the societal norms of how we interact with others. It will take – God forbid! – putting down our mobile phones and really seeing the people around us.

It will take a village. But it can start with each of us.

This personal experience illustrated how we can see opportunities to reach out to others. What if we are the one who needs help? What if we are lamenting that the village is gone, and we are struggling so much?

5. DON'T BE AFRAID TO ASK FOR HELP.

When I had a two year old and a newborn, I had a frustrating splash pad experience when I was obviously struggling to help my toddler change his clothes while my baby screamed. I was surrounded by other parents, and not one made eye contact or offered to help.

I posed the scenario to my Facebook friends, and the responses were enlightening. Many moms stated that they felt uncomfortable offering help because when they had, they were met with suspicion, as if they had ulterior motives for asking.

As we talked about the airplane story, it takes courage to offer help to a stranger. We have no idea how they will respond, and that's an uncomfortable feeling. If we are the one needing help, don't look at the people around us as if they are unfeeling bastards, self-absorbed to the point where they don't care what we are struggling with. Maybe they see us and empathise, but they are scared to step into our personal boundary and out of their comfort zone. Ask them. Give them the permission to help you. You just might be surprised.

REBUILDING THE VILLAGE TAKES A VILLAGE

It won't happen in a day. It won't happen with just one person. The butterfly effect holds true, though, and every little positive action will ripple outward. See people. Be courageous. Ask for help. Be the village.

CHILD CARE CENTRE EXPERIENCES and OBSERVATIONS:

“I was a terrible Mother, I would leave my children with anyone who was willing to look after them just as long as I could do what I wanted to do, they got in the way, I shouldn't have had them. All I wanted to do was give them away. I was a fake Mother, I put my business and social time way before my children, I feel so sorry for my Children now, they were too young to remember most of it but the damage shows itself to me constantly that I can hardly bear to look and see the truth of what I have done to them because of my terrible, selfish parenting.”

People will say child care is vital in their lives, if they don't have child care then they can't go to work and nothing will get paid for but it is terrifying for the child to get dropped off with strangers.

“I remember it as a child. It was before my parents moved us to Africa so I must have been 4 or 5 and just starting school, shit the terror of those first few weeks. I ran away constantly because the huge building and the people were strangers to me and mum was nowhere to be seen, I had no idea what was going on, why was I here? Where was mum? I won't ever see her again!! I really believed that every time she dropped me off I would not be seeing my family again and it is all so vivid even though I was so young, the trauma is still with me.”

“My sister has only just recently stopped working as a Child Care Centre manager in Essendon, a suburb of Melbourne in Australia. She often spoke of traumatised children being left with her at the centre while their parents had to go to work, their kids screaming for them not to go and the parents being worried that they will be late for work. It is all about the parents and the child just has to comply, do what it is told no matter how traumatic it is for them, they should be with the parents, **they should be put first**, above money, above jobs, above nights out but how can adults who weren't cared about as children, care about their children!!”

I know the damage it did to me, John, at such a young age, all I wanted was my mum. I now see the damage it has done to my children, when all they wanted was me and I couldn't give myself to them in the way they needed, I didn't want to be with them, i wanted to carry on my life as if they weren't in it. It feels terrible to say it but it is true. It was just all about me!

“My sister would say that she felt used most of the time, the parents were very rarely appreciative and would send their children in to day care with all sorts of illnesses, just as long as they could go to work and carry on their lives, willing to pay very high fees just as long as their children didn't get in the way of their lives. Child care wouldn't exist if parents were willing to stay with their children and look after them, there would be no need for it but we have created lives that need both parents to work, to keep our heads above water with all the things we need to pay for. Child care just helps us as parents to continue our evilness and rejection of our children, lets us continue to put ourselves and our jobs, Money and social lives above our children. If we really cared we would **put our children first** and there would be no question about wanting to stay home and bring up our children but we don't care. What we do care about is carrying on our lives as if our children didn't exist so Child Care Centres help us do that and we will pay dearly for it.”

FEELING HEALING directly benefits the PARENTS’ CHILDREN:



Parents’ baby from conception through to age 6, 100% benefit, age 14 – 75%, 21 – 50%, 28 – 25%. Prior to conception we are in a perfect Natural love state. By the time we are age 6, we are then reflecting the consciousness level of one or the other of our parents. As they heal their Childhood Suppression through Feeling Healing, they are directly healing us, their children, subject to our age – maturity.

Only through Feeling Healing which can be readily introduced through all education and health systems and services, will we cure our Childhood Suppression.

| Consciousness Calibrations Worldwide | |
|---|---------------------------------|
| Level of Consciousness | Percentage of population |
| 600 + | 1 in millions |
| 540 + | 0.4% |
| 500 + | 4% |
| 400 + | 8% |
| 200 + | 22% |
| 200 - | 78% |
| World wide average | 220 |

All the social ills of society are frozen into generational transfer. This can only be mitigated through Feeling Healing, and even then it will require generation after generation to advance the progress and lift the overall consciousness levels of humanity, from 220 to the 440s at least!

| Correlation of Levels of Consciousness – Soul Condition – and Society Problems | | | | |
|---|-----------------------------|------------------------|------------------------------------|----------------------------|
| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate “Life is OK” | Rate of Criminality |
| 100 - 200 | 50% | 22.0% | 15% | 50.0% |
| 50 - 100 | 75% | 40.0% | 2% | 91.0% |
| < 50 | 95% | 65.0% | 0% | 98.0% |

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to age 6 or 7
From 8 to age 14
From 15 to age 21
From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

PASCAS COUNSELLOR CARERS:

The optimum ration is considered one accredited counsellor carer per ten adults. With regards to children then one accredited counsellor carer per ten children with six adults in the family units involved around the children.

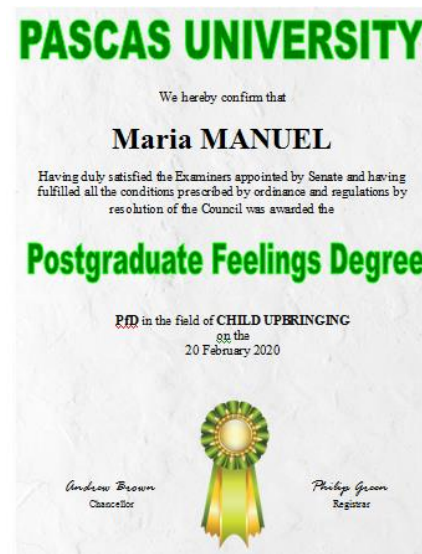
Postgraduate **Feelings!** Degree Pfd

Pfd being in the field of SOCIAL WORK – LIVING FEELINGS FIRST.

Equivalent to Counsellor Social Worker certificate level IV + Pfd.

Kindly consider reading: www.pascashealth.com
then proceed to Library Download:

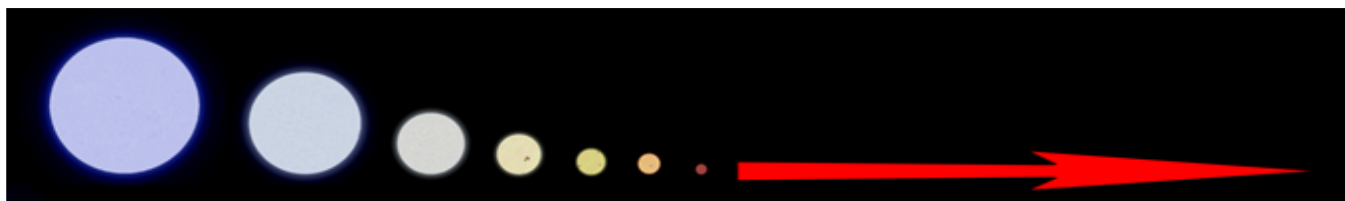
Pascas Worldcare Supporting Hands
Pascas Care Letters – Family Shelters Abuse & Remedial
Pascas Care Letters – Family Shelters Overview
Pascas Care Letters – Family Shelters Protection
Pascas Care Letters – Family Shelters Social Housing
Pascas Care Letters – Family Shelters Support Centre
Pascas Care Letters – Family Shelters towards Liberation
Pascas Care Letters – Root Cause now to Pathway Forward
Pascas Care Letters – Root Cause now to Pathway Forward (short)



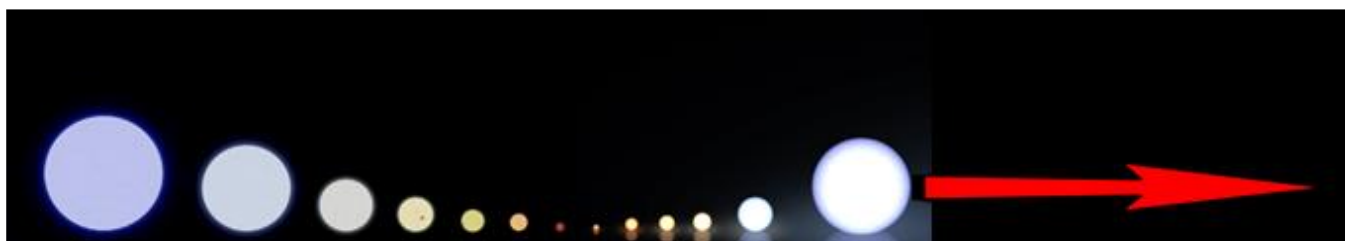
It is imperative that ongoing contact with the children is lifelong. That is, there is benefit of being a confident and supportive relationship through to the age of 28 years. As we personally embrace our individual feeling healing, this also indirectly benefits children under our care through to the age of 28 years, the time of their first Saturn return. As we evolve and progress through Living Feelings First and Feeling Healing, we benefit the children under our personal care even though this progressively diminishes every seven years (100% to age 6, 75% to age 14, 50% to age 21, 25% to age 28, and then they are on their own so to speak).

The more carers that are involved with a child then the more confusing it is for the child, thus leading to complications, stress, fear and loss of confidence, self-esteem and rejection of all involved.

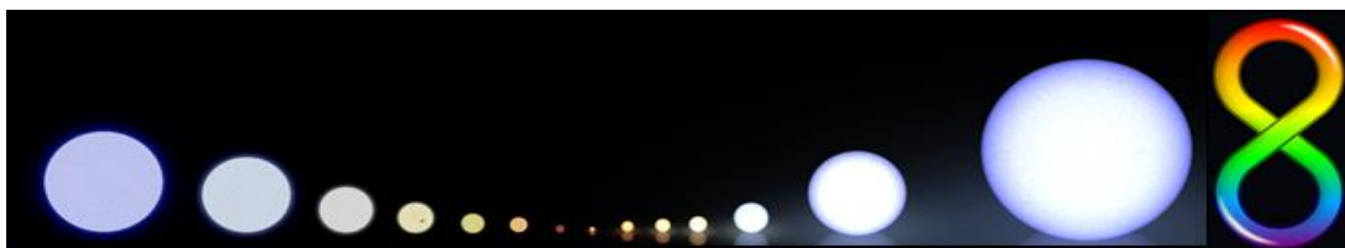
The number of children that a carer may embrace within an orphanage may be significantly less than 30 and the number of carers engaged may need to be far greater than suggested, through experience we will come to determine what is appropriate and provide the support that is required. The long term benefits for all, as well as society will far exceed the costs.

OUR CHOICE!

The moment prior to our conception, we are in pristine, perfect soul condition of Natural love. Consider that to be 1,000 on Dr David R Hawkins' Map of Consciousness scale – the largest sphere above. From that moment on we are being 'fire hosed' with the errors and damage that our parents hold and carry. Somehow, we make birth – the middle sphere above. By the time we are six years of age, our childhood suppression of our true personality by our parents ends upon the arrival of our Indwelling Spirit. Now, our soul condition is the smallest sphere. We will now calibrate on the Map of Consciousness scale at the level of one or the other of our parents – we are now literally a clone of their messed up personality. We continue on at that level for the rest of our lives. We also go on and do the same to our own children, thus this stagnation goes on for generation after generation – for aeons – or has done so until NOW!



We can perfect our mind's control and achieve a state of bliss which is all false and eventually ends with us crashing back to reality. Or, we can embrace our Feeling Healing and heal all our damage that which we took on as we got older as well as the damage imposed upon us by our parents and carers. Thus, we can grow in truth and love beyond 499 on the Map of Consciousness and perfect our Natural love, returning to the condition before conception. This could take a very long time – and then we are stuck in the 7th spirit Mansion World condition.



And here is the most wonderful pathway open for us all. By embracing our Feeling Healing with the Divine Love, through longing for the truth behind what our feelings are drawing to our attention and asking our Heavenly Mother and Father for Their Love, Divine Love, we can heal our childhood suppression and ongoing repression, with the Divine Love, then we can progress into the first of the Celestial Heavens and continue onwards with our evolving growth in truth and love all the way to Paradise, the home of our Heavenly Mother and Father. The pathway is now defined and open to all.

This time, in the history of humanity, is the most exciting time ever experienced.

COMMERCIAL IN CONFIDENCE

Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

SOUL HEALING

Perceived overall level of truth MoC 920 – relative truth potential MoC 1,480
COMMERCIAL IN CONFIDENCE

PROVE THAT THE PRODUCT DOES WHAT YOU SAY IT CAN DO:

12 April 2022 was the date when a pair had their first appreciation of nearing their completion of their personal Feeling Healing. This heralds the date when the first people on Earth considered that their personal healing of what they had personally taken on of the Rebellion and Default is achievable. It is this pair that through their personal experience and journey are now able to reveal how we can heal ourselves.

Further, Samantha in England commenced her healing in 2013 and is now close to completion of her personal healing also.

This self-healing is the achieving of a soul condition state equivalent to that which we all are in at the moment prior to our conception. From the moment of conception on we are absorbing the errors and injuries of our parents and carers continually through to the time we are six years of age when our Indwelling Spirit arrives. It is this, our Childhood Suppression, that we are to heal.

While we are mind-centric, we are literally frozen into the retarded condition of one or the other of our parents. We cannot progress beyond their condition without embracing our feelings and longing for the truth that our feelings are drawing our attention to.

PROVE THAT YOU CAN SELL THE PRODUCT AT THE PRICE YOU SAY YOU CAN:

The process of Feeling Healing, and with Divine Love, then Soul Healing, is free to all of humanity. It is a way of living. It is not a religion, there is no controlling hierarchy, dogmas, creeds, cannon laws, sacraments, rituals, special clothing and books. There is nothing to join and be subjected to. The revelations are free to all. It is The New Way, a way of living life through our feelings, our soul based feelings which are always in truth. Truth IS Love! This is a freeing way of life!

PROVE THAT YOU CAN PRODUCE THE PRODUCT AT THE COST YOU SAY YOU CAN:

For those who love to embrace all the details, then these revelations will take some considerable time to research, study and embrace. To some it may seem all so very obvious. And there will be those who are in between these categories. Books written revealing these understandings will have their typical costs. Internet sources are free to all. Formal education programs may have delivery costs in the normal fashion of most education.

PROVE THAT YOU OWN THE TECHNOLOGY:

Copy right may apply to material and publications principally to preserve the integrity of the writings. Plagiarism is welcome as long as the integrity of the original writings remains intact. There are presently more than 60,000 pages of material – 20 million words – to embrace!

THIS is a time of GREAT REVELATION and CHANGE for HUMANITY:

What is unfolding now is the biggest event in the history of humanity. For those of us who open to our feelings, the disturbances around us will be acceptable as then we see the need for change, for those who remain mind-centric, life will be difficult.

This is the most exciting time in the history of humanity.

So, may we introduce a few aspects? These documents can be shared from www.pascashealth.com that are in the Library Download page, scroll through the index and click to open the PDF:

PASCAS CARE LETTERS

 [Pascas Care Letters Beliefs Suppress Truth.pdf](#)

As we absorb beliefs that are in error and experience emotional injuries, this disrupts our flow of light to and from our bodies. The accumulation of these manifest as physical illness. The medical industry has 'identified' over 10,000 illnesses and claim to have found cures for 500 only. As we learn to live through our feelings and begin to express our feelings, both good and bad, all the time longing to know the truth of what our feelings are drawing our attention to, we begin to heal this energy imbalance.

To put this another way. Talk it out to a companion. A friend who listens is helping you heal a little. Express it all.

 [Pascas Care Letters Etheric Spirit Body.pdf](#)

We are not just our physical body. In fact our physical body is the least of our existence.

You may also be surprised that we can now interact with anything that has life!

Our childhood suppression commences from the moment of conception which is about 16 days prior to our incarnation. This continues through to the age of 6 years. It is our parents imposition of their own injuries and erroneous beliefs that we need to express – talk it out to a friend – and this is the Great U-Turn that each of us will undertake, eventually.

MEDICAL – SPIRITUAL REFERENCES

 [Rejected Ones via James Moncrief.pdf](#)

We are each one of the rejected ones.

The lady who conveyed these writings has only ever written through one person, there are now about ten books, but this one focuses upon our focus here for communities. She will love your embrace – and you will love who it is.

MEDICAL – EMOTIONS

 [Pascas Care Living Feelings First - Adults.pdf](#)

-  [Pascas Care Living Feelings First - Children - Annexures.pdf](#)
-  [Pascas Care Living Feelings First - Children - Discussions.pdf](#)
-  [Pascas Care Living Feelings First - Children - Graphics.pdf](#)
-  [Pascas Care Living Feelings First - Children.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)
-  [Pascas Care Living Feelings First - Reference Centre.pdf](#)

This set is used within schools. Parents are asked to participate. The platform is founded on what has been introduced to a number of schools within South Africa as well as other countries. It is now stepped up to encapsulate what we now further understand. This is an awareness program for children as they are to learn to appreciate their feelings. Adults can go on and engage in their personal Feeling Healing.

This Library is rather extensive. As questions may arise, then we can explore them also.

MEDICAL

-  [Pascas Care Kinesiology Testing.pdf](#)

Through kinesiology muscle testing, you and I can test anything to determine if it is in truth or not. Also, by using the Map of Consciousness table developed by Dr David R Hawkins, then we can determine the level of truth of anything. Yes, even all the above documents, then even page by page, or even each paragraph.

And now that you may have considered the above, kindly return to PASCAS CARE LETTERS:

-  [Pascas Care Letters Glass Ceiling Barrier Removal.pdf](#)

Without embracing Living Feelings First and then engaging in our personal Feeling Healing, we remain restrained within the 1st spirit Mansion World condition indefinitely. This situation was imposed upon us all by rebellious high level spirits from within our Local Universe of Neadon, 200,000 years ago!

This statement from above: "What is unfolding now is the biggest event in the history of humanity" calibrates at 1,000 on the Map of Consciousness!

Kindly share as you please.

cheers for now

John Doel



The ROOT CAUSE!

May we introduce the underlying condition as well as the pathway to evolving out of this seemingly never ending cycle of conflict and hopeless, then we all can start to bring about the ending of desperation.

The ROOT CAUSE Explained:

High level hidden controllers have passively and slowly coerced all of humanity to live against their true selves in such a manner that it has been (UNTIL NOW!) impossible for us to evolve out of the cycles of conflict, illness, disease and deprivation.

They have been extremely artful and brilliant in their complete achievement of dominating humanity in that we of humanity have had no way and no hope of every breaking the cycle of war, disease and periodic self-destruction without intervention from even higher spirit assistance.

We each have been guided to live mind centric. As children, we have been told to develop our minds, to learn our math tables, to memorise this and that, that our minds are what will make us all important and capable. We have all bought into this lie. As parents, we raise our children in the manner we have been raised – so the cycle has been going on generation after generation – for aeons.

Our minds are addicted to untruth, our minds cannot discern truth from falsehood, our minds are addicted to control, control over others and the environment. When we ‘think’ we are submitting ourselves to our erroneous minds. Thinking leads to assumptions. We act on our assumptions. Consider checking yourself, just hold off on acting on an assumption and investigate further. 98% of all assumptions are in error, the other 2% are flukes. This is what we have all bought into, hook, line and sinker.

Our FEELINGS are our SUPREME GUIDES:



Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.** Kevin 26 Sep 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

We are to embrace our feelings, our feelings are always in truth, our feelings are soul based, as they are always in truth, they are love, living feelings first is living in truth and love – this is what we all aspire to yet we have been sent in the wrong direction, down the abyss to a form of living hell. Yes, as we are living against our selves, against our soul and consequently against our soul partner, we are living in hell. Further, our soul is a duplex, it brings into the physical two personalities, one a female and the other a male – ALWAYS!

When we are conceived, that is at the moment of conception, we are always perfect and that includes the physical foetus. Incarnation takes place when the newly forming foetus commences to pump blood and that is generally day 16 after conception. It is the infusion of emotional injuries and errors of belief of our parents into our being that we have child defects, childhood illness, miscarriages and all kinds of difficulties – this is all compounded throughout our early forming years by our childhood suppression by our parents up until age six years when our Indwelling Spirit arrives. Then whatever we are dictates the rest of our lives – until we start to heal ourselves through our personal Feeling Healing.

NOW, while we endeavour to perfect our minds we are imprisoning ourselves within our personal steel wrecking ball – we cannot progress beyond 499 on Dr David R Hawkins' Map of Consciousness scale. We have locked ourselves into the limitations of the 1st spirit Mansion World, the ceiling is 499. Presently, humanity on Earth calibrates around 220. The scale is based on the common log of 10, a 1 point increase is a 10 fold increase in energy, 10 points is 10 billion fold increase!

We have seven spirit Mansion Worlds to progress up through before we enter the Celestial Heavens and yet all our systems and way of living on Earth retard us perpetually to the first of those seven – and we adhere to this entrapment. Well, it is time we stuck that all in the rubbish bins and free ourselves and become the incredible personalities and beings that we truly are and that is what this agenda here is all about.

SUPPORT PROGRAMS

Firstly, support is to be considered within major regional cities, then throughout all the provinces of the Philippines as relationships, local support and prioritisation of needs are identified.

ORPHANS and ORPHANAGES

Those orphans within institutions or are about to be placed within an institution, should there be living relatives then preference is to be considered for the supporting of the family unit to enable them to remain as a unit. Solutions may take many formats.

The education of orphans may be supported corresponding to the age grouping of the orphan. This may be for pre-schooling through to higher education and university. As the orphan matures, the support is not to be cut off at a specific age, it may continue with phasing down continuing until 28 years of age.

Longevity of ongoing support for individual orphans by their assigned carers is preferred. Thus the conditions of engagement of carers and their individual needs are also to be factored into the needs to be accommodated.

The orphanage buildings and the fitout there of may need a make-over. The environment within buildings may be substandard and significant renovations and appropriate climate control within the buildings may need to be attended to.

First and foremost is to involve as many people in as many ways possible to determine optimum solutions and then the delivery of those solutions.

CHILD CARE and PRE-SCHOOLING

The same ethos as above.

It is important that the child has with him or her continuously people that he or she is familiar with. The child is not to be ‘abandoned’.

DOMESTIC VIOLENCE and FAMILY SHELTER

One in four women are subjected to domestic violence. That is in peaceful times – this is a war zone.

If the perpetrator of the domestic violence is open to assistance in resolving the tendency towards violence then that person is also to be assisted. This does not mean that this is an endeavour to re-unite the parties, however it is a part of the endeavour to reduce repeat offending.

Children are often considered in a way that ‘they will get over it!’ They don’t, further they often consider this is how a family functions and then go on and replicate the drama when as adults.

LIVING FEELINGS FIRST

As we explore each of these elements of support, it is more and more apparent that the shift away from living mind-centric to living feelings first is embraced as a priority. Feeling Healing follows for those who seek to go that next step. No one expected to do anything. No one is being asked to do anything. However, it is important that parties, adults, parents, children, carers, educators, health carers, etc., become aware of the differences and the possibilities. Then it is each person’s choice should they wish to consider as well as their timing.

EDUCATION; SCHOOLS and UNIVERSITY

Firstly is the reinstatement of school facilities to prime condition. This may also involve significant upgrades and additional facilities. It is time to bring about a higher level of vibrancy and potential for all to embrace.

As the only way to overcome the cycles of conflict both on a domestic as well as international levels, then the introduction of Living Feelings First throughout the education system may require additional facilities, teacher training and possibly additional teachers.

This may best be facilitated through the establishment of a Pascas University as a demonstration and training unit in how this may unfold throughout all sectors of the society and professions. Of very necessary priority is the addressing of the emotional stress and harm inflicted on every member of all families throughout the Philippines and their extended families around the world. We have to ‘talk it out!’ This is not only living feelings first, it is also our Feeling Healing. Never has it been previously understood that we are too long to know the truth that our feelings are to reveal to us as we express our feelings, both good and bad.

CRAFT CREATIONS

Traditional home skills have been neglected worldwide. It is time to re-introduce this skills through Community Craft Creation Centres.

DIAGNOSTIC MEDICAL UNIT

Comprehensive medical diagnostic units are complex, requiring a significant array of expensive imaging equipment and a large specialised building space.

However, it may be time to establish a state of the art medical clinic and hospital to service the state and adjoining cities in close proximity.

Thus a medical facility with 400 beds and more than 12 operating theatres and a fully comprehensive diagnostic unit would then provide the opportunity to deliver a children hospital unit as not only a facility to lead the health sector but to be also annexed to a Pascas University as a teaching hospital.

HOUSING, FOOD SECURITY, HEALTH SERVICES and EDUCATION

Potable water supply is essential to have adequately.

Lodgings for all in whatever format that resolves the need prior to long term solutions.

Food security is unquestionably compromised by pre-existing commercial cartels.

Existing health services are over whelmed apart from being understaffed and inadequate.

Education is the long term solution to all that is to be resolved. However, it is now time to take the education services beyond the retardation of mind-centricity and break through the glass ceiling, opening up the pathway to infinite growth and prosperity.

FEELINGS GIVE RISE TO THE TRUTH

The CHILD is to FREELY EXPRESS ITSELF: Messages from Mary and Jesus 13 May 2003

Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. **THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.** To be completely unconditionally accepted for all that it is. Then it feels loved.

The extent of our unloving parenting that we all have had to endure as children is now killing us, which is the truth of how bad it is. It is killing us because we refuse to understand what is happening, we refuse to connect to our pain, we refuse to accept the truth!

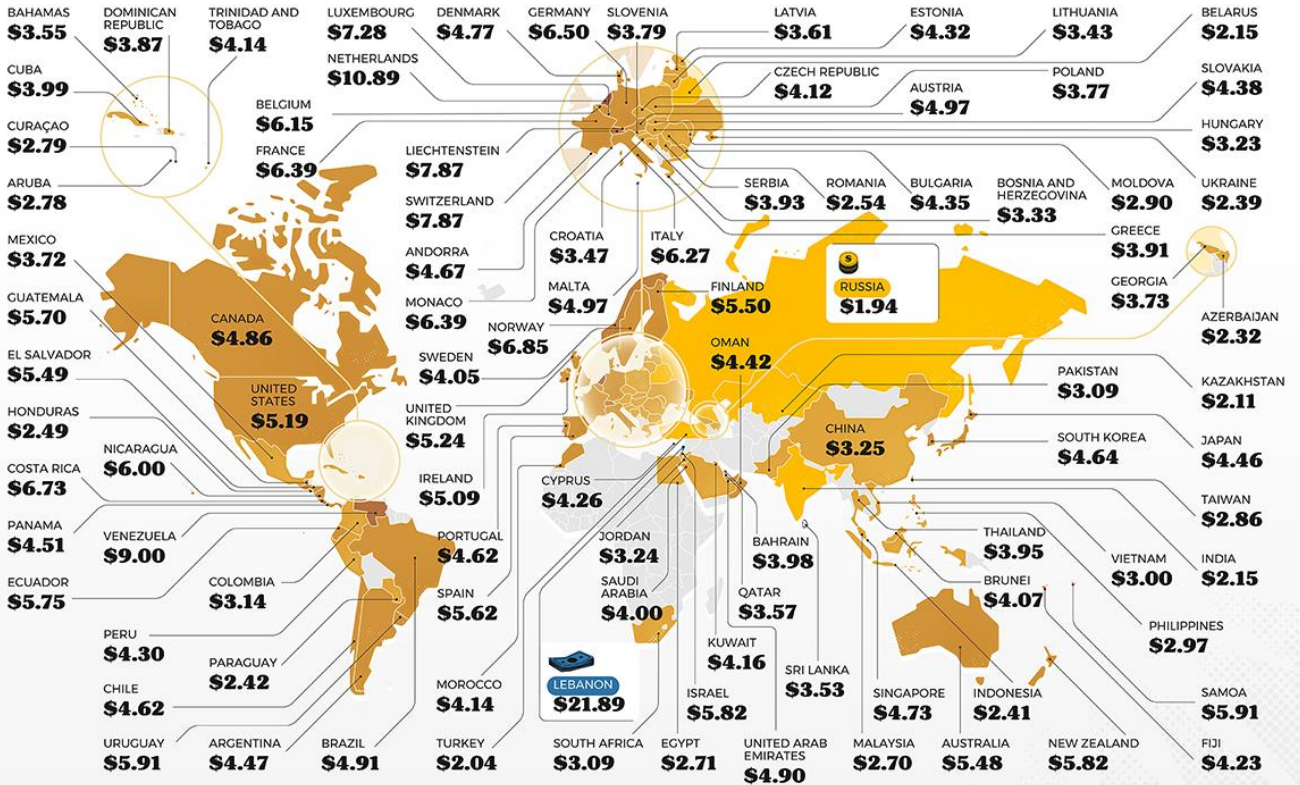
Parenting – unable to love our children due to lack of truth in what we are provided with.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?

THE PRICE OF A MCDONALD'S
Big Mac
IN EVERY COUNTRY



While the Big Mac is available in any McDonald's restaurant, prices vary widely. Besides Lebanon, the Big Mac is the most expensive in the Netherlands - a whopping \$10.84. For the same price, you could buy more than five Big Macs in Russia, where the sandwich costs \$1.94 - the least of any country.



Source: International McDonald's official websites

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Expensivity

BUSINESSMAN

VALUE ADDING



\$1



\$1.50

ENTREPRENEUR



\$1



\$5

COMMERCIAL IN CONFIDENCE

SALARY – WAGES PACKAGE

Annual salary or wage is the cost of you or me being employed with an organisation for a full year.

It is not the cash that you or I take home, it is the total expense to be employed for a full year within a firm, enterprise or corporation, being the cost of them employing you or I.

Within Australia, salary packaging the maximum amount allowed each Fringe Benefits Tax (FBT) year means you're making the most of this employee benefit. The maximum for employees of not-for-profit organisations is AU\$15,900 (this is also known as your 'tax free cap') and AU\$9,010 for hospital and healthcare employees. Salary packaging to the 'cap' means you're using the maximum amount you're allowed to salary package. Thus each country may have a specific industry taxation arrangement.

Motor vehicles provided to an employee are part of their salary package. The cost of the motor vehicle, though paid by the enterprise / employer reduces the cash element of the salary – the take home pay for an employee. If the employee is using the car for the usual family activities, the car is at their home each night, and the motor vehicle is used to get the employee to and from work, then it is his or her private car for all intents and purposes. A delivery van may be used for a lot of business trips and is typically not part of a salary package.

- Car loan costs – lease agreement monthly payments is a typical format to finance the purchase.
- Fuel
- Car insurance – car rental costs
- Maintenance costs and servicing
- Registration and licensing
- Depreciation
- Total costs

| | Cheapest car (annual cost) | Costliest car (annual cost) | Average annual cost |
|------------|---------------------------------------|--|----------------------------|
| Small car | Kia Cerato S (AU\$7,096) | Volkswagen Passat 132 (AU\$8,908) | AU\$8,203 |
| Medium car | Toyota Camry Ascent Sport (AU\$9,451) | Volkswagen Passat 132 TSI (AU\$11,654) | AU\$10,478 |
| Large car | Holden Commodore RS (AU\$11,573) | Kia Stinger 330S (AU\$15,094) | AU\$13,255 |
| 4WD Ute | Mitsubishi Triton GLX (AU\$12,012) | Toyota Landcruiser Workmate (AU\$17,937) | AU\$13,662 |
| Sports | Toyota 86 GT (AU\$10,459) | Ford Mustang Fastback (AU\$13,974) | AU\$11,901 |

Source: RACQ Running Costs Report, 2019 (to adjust to 2022 global conditions – add 50% say)

Consider that we drive 12,000 kilometres per year, that is about 200 hours driving (not working) at 60 kilometres an hour, the motor vehicle costs of running the car is say AU\$1 per kilometre (Taxation office

says AU 78cents) then the direct annual cost of the car is AU\$12,000 which is paid as part of the salary package. Thus a fully funded car provided in a wage package could equate to AU\$12,000 in lieu of cash.

A salary or salary package can include housing, transport (motor vehicle) and other benefits.

When exploring such services as <http://www.salaryexplorer.com/> what is referred to as the salary is the gross amount of the financial commitment by the employer when engaging an employee; e.g.:

| | | |
|--|-----|--------------------------|
| Salary / wage package, GROSS AMOUNT | say | AU\$112,000 per annum |
| This may include: | | |
| Superannuation contribution 12% | | \$12,000 |
| Salary before Superannuation | | \$100,000 |
| An approved motor vehicle package | | \$12,000 |
| Net taxable (IF car is for 'business use') | | \$88,000 |
| Australian income tax deducted | | \$19,067 + Medicare Levy |
| Net Take Home Cash | | \$68,933 |

The Salary is \$112,000 being the gross cost to the enterprise. What we take home is the net cash after superannuation, packaged items such as housing, motor vehicle, etc., then deduct personal income tax.

Salary Explorer survey relates to the gross amount.

Resident tax rates 2022–23 (ATO July 2022)

| Taxable income | Tax on this income (Australian \$ and taxation) |
|-----------------------|--|
| 0 – AU\$18,200 | Nil |
| \$18,201 – \$45,000 | 19 cents for each \$1 over \$18,200 |
| \$45,001 – \$120,000 | \$5,092 plus 32.5 cents for each \$1 over \$45,000 |
| \$120,001 – \$180,000 | \$29,467 plus 37 cents for each \$1 over \$120,000 |
| \$180,001 and over | \$51,667 plus 45 cents for each \$1 over \$180,000 |

The above rates do not include the Australian [Medicare levy](#) of 2%.

PHILIPPINES TAXATION

| | |
|---------------------|----------|
| Income Tax Rate | 5% - 32% |
| Corporate Tax Rate | 30% |
| Sales Tax/ VAT rate | 12% |

For resident and non-resident aliens engaged in trade or business in the Philippines, the maximum rate on income subject to final tax (usually passive investment income) is 20%. For non-resident aliens not engaged in trade or business in the Philippines, the rate is a flat 25%. 5 July 2022

| Amount of Net Taxable Income | | Rate |
|------------------------------|--------------|--|
| Over | But Not Over | |
| - | P250,000 | 0% |
| P250,000 | P400,000 | 20% of the excess over P250,000 |
| P400,000 | P800,000 | P30,000 + 25% of the excess over P400,000 |
| P800,000 | P2,000,000 | P130,000 + 30% of the excess over P800,000 |
| P2,000,000 | P8,000,000 | P490,000 + 32% of the excess over P2,000,000 |
| P8,000,000 | | P2,410,000 + 35% of the excess over P8,000,000 |

| Related | Last | Previous | Unit | Reference |
|------------------------------------|-------|----------|---------|-----------|
| Personal Income Tax Rate | 35.00 | 35.00 | percent | Dec 2022 |
| Corporate Tax Rate | 25.00 | 30.00 | percent | Dec 2022 |
| Sales Tax Rate | 12.00 | 12.00 | percent | Dec 2022 |
| Social Security Rate | 12.00 | 12.00 | percent | Dec 2022 |
| Social Security Rate For Companies | 8.00 | 8.00 | percent | Dec 2022 |
| Social Security Rate For Employees | 4.00 | 4.00 | percent | Dec 2022 |

SUSTAINABLE DEVELOPMENT GOALS



SUSTAINABLE DEVELOPMENT GOALS (SDG):



The Sustainable Development Goals (SDGs), also known as the Global Goals, were adopted by the United Nations in 2015 as a universal call to action to end poverty, protect the planet, and ensure that by 2030 all people may embrace peace and prosperity. The 17 SDGs are integrated – they recognise that action in one area will affect outcomes in others, and that development must balance social, economic and environmentally sustainability.

The SDGs more relevant than others embraced by PASCAS are:

SDG 4: Quality Education. Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

SDG 3: Good Health and Wellbeing. Ensure healthy lives and promote well-being for all at all ages.

SDG 7: Affordable and Clean Energy. Ensure access to affordable, reliable, sustainable and modern energy for all.

Also relevant, but of lesser scale are:

SDG 2: Zero Hunger. Ensure fresh food being available for all at all times.

SDG 6: Clean Water and Sanitation. Ensure availability and sustainable management of water and sanitation for all.

SDG 16: Peace, Justice and Strong Institutions. Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels. We are not to impose our will upon another!

Three of the other SDGs are also cross-cutting across our work:

SDG 1: No Poverty. End poverty in all its forms everywhere. Safe lodgings and meaningful, paid employment.

SDG 5: Gender Equality. Achieve gender equality and empower all women and girls.

SDG 17: Partnerships for the Goals. Strengthen the means of implementation and revitalise the global partnership for sustainable development.

TO EXPAND upon the above:



SDG 4: QUALITY EDUCATION

Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

Target 4.1: Ensure that all girls and boys complete free, equitable and quality primary and secondary education leading to relevant and effective learning outcomes.

Target 4.2: Ensure that all girls and boys have access to quality early childhood development, care and pre-primary education so that they are ready for primary education.

Target 4.3: Ensure equal access for all women and men to affordable and quality technical, vocational and tertiary education, including university.

Target 4.5: Eliminate gender disparities in education and ensure equal access to all levels of education and vocational training for the vulnerable, including persons with disabilities, indigenous peoples and children in vulnerable situations.

Target 4.6: Ensure that all youth and a substantial proportion of adults, both men and women, achieve literacy and numeracy.

Target 4.a: Build and upgrade education facilities that are child, disability and gender sensitive and provide safe, non-violent, inclusive and effective learning environments for all.

Target 4.b: Substantially expand globally the number of scholarships available to developing countries, in particular least developed countries, small island developing States and African countries, for enrolment in higher education, including vocational training and information and communications technology, technical, engineering and scientific programmes, in developed countries and other developing countries.

Target 4.c: Substantially increase the supply of qualified teachers, including through international cooperation for teacher training in developing countries, especially least developed countries and small island developing states.



SDG 3: GOOD HEALTH and WELL-BEING

Ensure healthy lives and promote well-being for all at all ages.

Target 3.1: Reduce the global maternal mortality ratio to less than 70 per 100,000 live births.

Target 3.2: End preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births.

Target 3.3: End the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases.

Target 3.4: Reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.

Target 3.7: Ensure universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes.

Target 3.8: Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.

Target 3.c: Substantially increase health financing and the recruitment, development, training and retention of the health workforce in developing countries, especially in least developed countries and small island developing States.



SDG 7: AFFORDABLE and CLEAN ENERGY

Ensure access to affordable, reliable, sustainable and modern energy for all.

Target 7.1: Ensure universal access to affordable, reliable and modern energy services.

Target 7.2: Increase substantially the share of renewable energy in the global energy mix.

Target 7.b: Expand infrastructure and upgrade technology for supplying modern and sustainable energy services for all in developing countries, in particular least developed countries, small island developing States, and land-locked developing countries, in accordance with their respective programmes of support.



SDG 2: ZERO HUNGER

Ensure that the infrastructure and resources are available within communities to provide fresh produce all year round. Should there be inadequacies, work to resolve this either within the community or from outside of the community.

Target 2.1: Ensure universal access to safe and nutritious food.

Target 2.2: End all forms of malnutrition.

Target 2.3: Double the productivity and incomes of small-scale food producers.

Target 2.4: Ensure sustainable food production and resilient agricultural practices.

Target 2.5: Maintain the genetic diversity in food production.

Target 2.a: Invest in rural infrastructure, agricultural research, technology and gene banks.

Target 2.b: Prevent agricultural trade restrictions, market distortions and export subsidies.

Target 2.c: Ensure stable food commodity markets and timely access to information.



SDG 6: CLEAN WATER and SANITATION

Ensure availability and sustainable management of water and sanitation for all.

Target 6.1: Achieve universal and equitable access to safe and affordable drinking water for all.

Target 6.2: Achieve access to adequate and equitable sanitation and hygiene for all and end open defecation, paying special attention to the needs of women and girls and those in vulnerable situation.



SDG 16: PEACE, JUSTICE and STRONG INSTITUTIONS

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels. This is only possible through The NEW WAY.

Target 16.1: Significantly reduce all forms of violence and related death rates everywhere. Violence is never justified!

Target 16.2: End abuse, exploitation, trafficking and all forms of violence against and torture of children. Abuse of any form is torture.

Target 16.5: Substantially reduce corruption and bribery in all their forms.

Target 16.6: Develop effective, accountable and transparent institutions at all levels.



SDG 1: NO POVERTY

End poverty in ALL its forms everywhere.

Target 1.1: Eradicate extreme poverty for all people everywhere, currently measured as people living on less than US\$1.25 a day (2020).



SDG 5: GENDER EQUALITY

Achieve gender equality and empower all women and girls.

Target 5.2: Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation.

Target 5.2: Ensure women's full and effective participation and equal opportunities for leadership at all levels of decision-making in political, economic and public life.



SDG 17: PARTNERSHIPS for the GOALS

Strengthen the means of implementation and revitalise the global partnership for sustainable development.

Target 17.9: Enhance international support for implementing effective and targeted capacity-building in developing countries to support national plans to implement all the sustainable development goals.

Target 17.17: Encourage and promote effective public, public-private and civil society partnerships, building on the experience and resourcing strategies of partnerships data, monitoring and accountability.



EMOTIONAL NEGLECT



KIDS

in families with emotional neglect will blame self in order to PRESERVE the PARENT

o o o

EMOTIONAL NEGLECT can also occur when an attuned parent isn't able to EMOTIONALLY

'FIND' a particularly unique child.



CHRONIC SHAME can develop when a child interprets their distress in aloneness -As- proof something is wrong with THEM.



CHILDREN with too much shame learn to

NUMB

all emotion

HOWEVER



EMOTIONS are a COMPASS FOR LIVING

WE NEED THEM!



EMOTIONS EXIST IN THE BODY

EVEN IF A PERSON HAS SHUTDOWN AWARENESS OF THEM.

EXPERIENTIAL THERAPY

Includes a focus on bringing awareness to bodily sense of emotion.

INHIBITORY emotions

- include
- SHAME
- GUILT
- ANXIETY

THESE SERVE TO AVOID

CORE EMOTIONS

7 CORE EMOTIONS

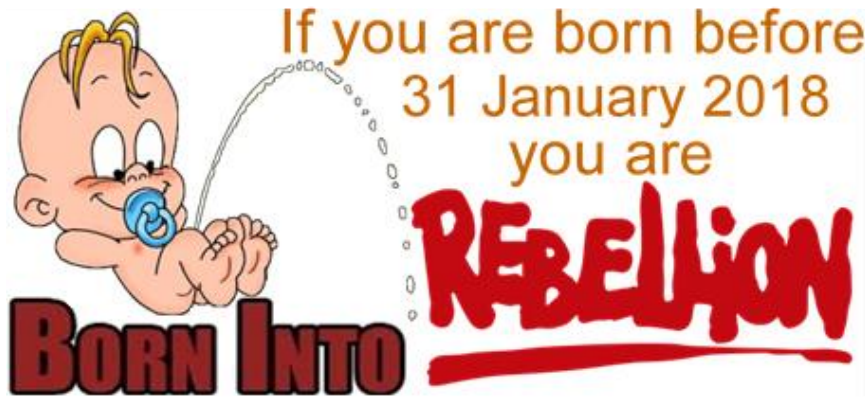
- SADNESS
- ANGER
- FEAR
- DISGUST
- JOY
- EXCITEMENT
- AROUSAL

FROM HILARY JACOBS HENDEL ON

MENTAL HEALTH HAPPY HOUR

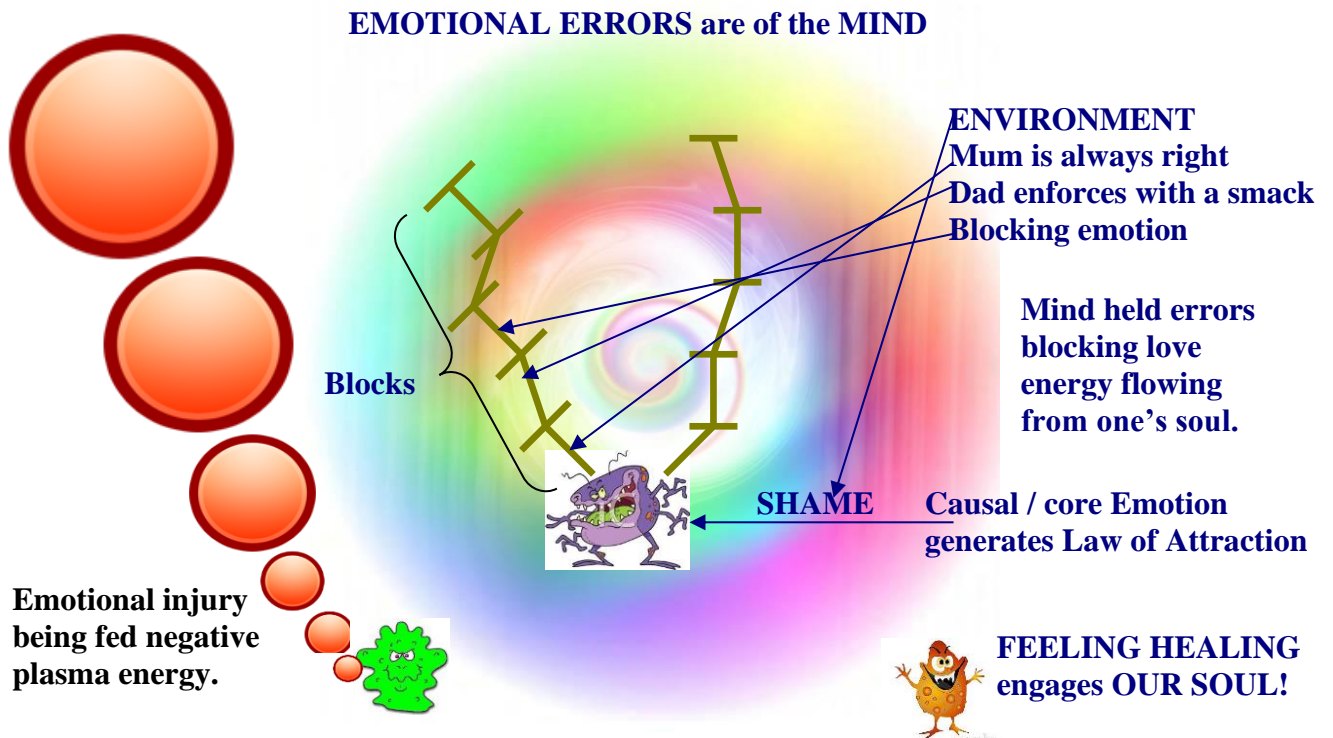
DOODLE BY @LINDSAYBRAMAN

LAYERS upon LAYERS are to be healed through longing for the TRUTH!



To the extent that parents have healed themselves prior to conceiving a child, that child will now be free of those impostors of the Rebellion and Default through parents' Healing.

Everyone will still be born into the Rebellion up until the Avonal Age actually starts. People are currently being born into the Rebellion which is going through the initial stages leading up to its complete end, but that doesn't affect new people being conceived by their rebellious parents. And even during the Avonal Age, people conceived and born to 'mind-parents', rather than 'feeling-parents' who will be doing their Healing or having Healed it, will still come completely into the Rebellion and Default. The Rebellion and Default will be modified compared to how it is now because of the Avonal influence, but still everyone refusing to embrace the Avonal's Truth and so The New Way by doing their Healing, will still become wholly of the Rebellion and Default.



GLASS CEILING BARRIER REMOVAL:

| Correlation of Levels of Consciousness – Soul Condition – and Society Problems | | | | |
|---|-----------------------------|------------------------|------------------------------------|----------------------------|
| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate “Life is OK” | Rate of Criminality |
| 600 + | 0% | 0.0% | 100% | 0.0% |
| 500 - 600 | 0% | 0.0% | 98% | 0.5% |
| 400 - 500 | 2% | 0.5% | 79% | 2.0% |
| 300 - 400 | 7% | 1.0% | 70% | 5.0% |
| 200 - 300 | 8% | 1.5% | 60% | 9.0% |
| 100 - 200 | 50% | 22.0% | 15% | 50.0% |
| 50 - 100 | 75% | 40.0% | 2% | 91.0% |
| < 50 | 95% | 65.0% | 0% | 98.0% |

These two charts demonstrate the stark reality of one’s probable quality of life that we will experience relative to our personal calibration as per the Map of Consciousness developed by Dr David Hawkins. This calibration level is essentially set for life by the time we reach the age of six (6) years.

| | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2020 |
|------------------|-------------------------|--------------------|--------------------------------|--------------------------------|------------------------|------------------------|-------------------------------|
| 400s | 10 | 406 | 78.50 | 0.939 | 6.8 | .861 | US\$54,010 |
| 300s | 13 | 331 | 71.77 | 0.798 | 5.9 | .684 | US\$17,827 |
| 200s | 10 | 232 | 69.45 | 0.759 | 5.8 | .648 | US\$16,972 |
| High 100s | 18 | 176 | 69.00 | 0.724 | 5.2 | .639 | US\$9,900 |
| Low 100s | 7 | 129 | 61.88 | 0.653 | 4.7 | .567 | US\$2,628 |
| Below 100 | 11 | 66 | 52.73 | 0.564 | 4.2 | .488 | US\$2,658 |
| WORLD | | 220 | 70 | | | | US\$10,900 |

PHILIPPINES overall population calibration is MoC 225

| Phillip-pines MoC | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2021 PPP |
|--------------------------|-------------------------|--------------------|--------------------------------|--------------------------------|------------------------|------------------------|-----------------------------------|
| 225 | 1 | 225 | 79.10 | 0.718 | 5.9 | .678 | US\$9,100 |

The overall consciousness of humanity remained at 190 on Dr David R Hawkins' Map of Consciousness (MoC) scale for around 1,700 years up until the mid 1900s. It has only recently begun to rise due to a few people realising that living feelings first, that is, embracing our feelings, our soul based feelings which are always in truth, and having our minds to follow in implementing what our feelings are guiding us to do, that we can break free of the shackles of mind-centric living. This revelation has had a profound positive impact. Through living feelings first we can heal ourselves of our childhood suppression which is imposed upon us from the moment of conception through to the age of six years by our parents and those close to us – there are and have been no exceptions – we all have and are subjected to childhood suppression.

While we live mind-centric we cannot progress beyond 499 on Hawkins' Map of Consciousness. That is the glass ceiling we are to break through now, and remove the re-stictiveness of mind-centricity from our lives. For 200,000 years, we have been misguided to worship our minds and now we are free to choose THE NEW WAY – to live through our feelings, to live feelings first, and as we grow to do so, then the glass ceiling will be dissolved for ever for those who embrace their feelings over their mind.

War between nations, war between people will continue until we heal ourselves of our childhood suppression through embracing our feelings, our soul based feelings of truth. Disease and illness of all kinds will continue to plague us until we heal ourselves of our childhood suppression. All social ailments are of the consequence of our childhood suppression. This is the greatest time in the history of humanity because we now have been shown how to heal ourselves of our childhood suppression. This has now been achieved. It has never occurred in prior times throughout the history of humanity.

Of the past 3,400 years, humans have been entirely at peace for only 268 of them, or just **8%** of recorded history. War has prevailed throughout 92% of the time of modern history. How many people have died in war? At least 108 million people were killed in wars in the twentieth century alone. **Conflict and violence are currently on the rise**, with many conflicts today being waged between non-state actors such as political militias, criminal and international terrorist groups.

Earth's humanity is presently experiencing 'rolling' disruptions that commenced on 22 March 2017 and are likely to continue unfolding relentlessly for around three decades. Nothing and none of the systems that came about during the 200,000 era of the Rebellion and Default are going to be allowed to continue. Nothing will remain the same. We are not going to be allowed to continue with our old ways without great difficulty. We are being encouraged to seek a new way – The NEW WAY! For those who steadfastly hold onto the old ways, their lives will be very difficult. For those who seek the New Way and begin to embrace the new way, they will find life significantly easier.



WE'VE BEEN SCREWED BY LUCIFER REBELLION

Lucifer and his soul partner, with his assistant Satan and soul partner, brought about the Rebellion 200,000 years ago, and through his deputies, Caligastia and Daligastia, and their soul partners, they brought about the default by Adam and Eve of their mission on Earth more than 38,000 years ago.

REBELLION & DEFAULT

COMMERCIAL IN CONFIDENCE

On the 31 January 2018, the formal ending of the Rebellion and Default took place, now the out working of the Rebellion is to unfold.

The earthing of the Law of Compensation commenced to quicken on 22 May 2017 and may be fully earthed when the Avonal bestowal pair complete their mission on Earth. The Avonal Pair are to introduce the coming Avonal Age of 1,000 years during which time all of Earth's humanity will progressively be introduced to Feeling Healing, Living through our Feelings, Living Feelings First and the way to heal ourselves of what we have each taken on of the Rebellion and Default, mostly through our Childhood Suppression commencing at the moment of conception and completing when we are six years of age.

END OF THE LINE

LAW OF COMPENSATION

Through the earthing of the Law of Compensation, in the way it is applied throughout the spirit Mansion Worlds, is why it has been said that a 1,000 years of peace will unfold after the third and final world war.

Insanity Of Humanity

Presently, all of humanity is functioning in one form or another of a stupor, living zombie like, never responding intuitively with any form of spontaneity. The insanity of humanity is visible to all. It will only be when individuals heal themselves of their childhood suppression and begin to fully live through their soul based feelings, having their minds following in executing what our feelings are guiding us to embrace, will the depth of our retardation become obvious to each of us.

The New Way – Feeling Healing

Freedom Pathway being Feeling Healing

Feeling Healing is the pathway to TRUTH and HAPPINESS!

How is it that we are each so retarded?

Wayward high level leadership of Earth's humanity has cleverly crafted and institutionalised systems that impede every aspect of our living. This has been so for the past 200,000 years.

We were firstly guided, influenced to embrace living mind-centric. That is, we now believe that through our minds that we may achieve all of our goals, we can become almost everything we want, that we can become powerful and prosperous and progress to the greatest heights imaginable. We are to live suppressing our feelings, we are taught by our parents to suppress our true personality and to embrace the personality they want us to be – like them – deluded!

LAW OF FORGIVENESS

As women are closer to their feelings than men, these high level wayward leaders guided men to subordinate women. Thus, these past 200,000 years, women have been subjected to suppression by men because as women embrace their feelings and begin to express their feelings, which are always in truth, women will expose the folly of mind superiority. We are to live feelings first and have our minds follow in the process of implementing what our feelings are leading us to embrace. Not the other way round as it now is – mind first and feelings suppressed.

Our minds are wonderful and all part of our progression – when in support of our feelings. Our minds cannot discern truth from falsehood and are addicted to untruth, our minds are addicted to control of the environment and other people. Our thoughts are mind generated, when we say; 'I think', we begin to express an assumption generated by our mind – assumptions are around 98% in error, the other 2% are flukes. Our feelings are always in truth. We are fully self-contained, all we need to know is self-contained, we have all we need within ourselves, all we need to do is allow our feelings to surface and embrace them, having our minds to follow in implementing our feeling's guidance.

Education

All education platforms, worldwide, are predominantly mind-centric. There is no feeling orientation and embracement in the way we are to live within education platforms. In fact, education is a tiresome, boring process of lectures. A lecturer delivering a tirade of words from the front of a room is the most ineffective teaching and learning device imaginable – it is also the most commonly employed teaching process.

Children only need their parents' love!

Children, they only need their parents' love and they will have everything they need in life, and they will have it all because they have felt loved, like they came first in their parents lives, like they were so special nothing bad could happen to them and all because they felt truly loved and that is all that mattered.

LAW OF COOPERATION

The LAW of COOPERATION

8 October 2022

Is to work in conjunction with (cooperating with) the Law of Compensation.

LAW OF COMPENSATION

It's a Universal Law potentially to be 'imposed' upon humanity on Earth. It is currently in 'operation' in the Mansion Worlds, ensuring everyone cooperates in a friendly way with everyone else to maintain a certain standard of life as agreed upon by all involved, that which is determined by the Mind (rebellious) or Truth (Healing) way the spirits might be living.

Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, loving giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

For example, everyone who is wilfully doing anything to make another suffer, feel hurt and pain, would cease their harmful ways, themselves feeling all that suffering, hurt and pain they've inflicted on the other person. So personally, as in personal relationship if you hit someone, emotionally, politically, socially, on all levels. If you run a business or government that is hurting people economically, socially, emotionally, spiritually, mentally, in any way causing anyone to suffer, then you're going to feel all that pain of all the people you're hurting. Even if you're doing it indirectly. If you work for a business or company and are forced to hurt others through policy of those controlling the company, no doubt you will still feel bad for what you've done, and you might leave, but if it's your only source of livelihood, then the Law of

COMMERCIAL IN CONFIDENCE

Compensation won't be as harsh or won't possibly be applied at all. So really it applies to those who are wilfully hurting, coercing or deceiving others, who will have to do their Hell Time to compensation for all suffering and pain caused.

So, imagine if suddenly everyone had to stop hurting everyone else, including all animal abuse – how would the world be?

LAW OF FORGIVENESS

Parents hurting their children are exempt from the Law, in that it will still apply, however it is suspended until the parent does their Spiritual Healing, and then it will come under the greater Law of Forgiveness. So parents doing their Healing and waking up to the truth of how badly and unloving they have treated their children, will feel all the pain of their transgressions as the Law of Compensation works upon them, however it will be a part of their Healing under the Law of Forgiveness, because the Rebellion has been thrust upon us all, and so parents won't have to do actual separate Hell Time, however they will feel like hell doing their Healing when they see and feel how unlovingly they've treated their children.

One could argue that it's not fair everyone being subjected to the Law of Compensation because we've all unwittingly and unconsciously been subjected to the horrors of the Rebellion, however once we're an adult, rebellion or not, we're still answerable for our actions. And so if you cross the line and infringe upon another's will to the degree of making them suffer pain, the Law of Compensation will apply to you.

So if the Law of Compensation is applied to Earth, one can imagine there will be many of the world's top controlling people suddenly stricken down with all the pain of their wrongdoing, thereby leaving quite a gap in the way things get done, into which other people will have to step.

And if the Law of Cooperation is applied at the same time, then in theory the world can dispense with the need for money, so no power or wealth accumulation, everyone can have what they want, and no one will want such power over others because of the Law of Compensation – and then how does the world keep functioning when suddenly there is no need to go to work to make money to survive? Hence the need for the Law of Cooperation, because like in the Mansion Worlds, everyone will feel driven to cooperate with the whole, so people will want to go to work for the sake of working to make everything keep working. Not to earn a living, just so they can participate in the whole of making life be as everyone will want it to be, that being a pleasant, good and happy standard of living. So the companies and governments will still work if need be, however their purpose and reason for existence will be for the good of the whole, with workers volunteering to work to keep them going. A utopia heaven on Earth, even a rebellious one, just as the Mansion Worlds are called heaven.

So is the new Spiritual Age that is possibly forthcoming, heralding the end of the 'Lawless' Rebellion? Is humanity on Earth to move to mirror humanity in the Mansion Worlds? So can life over there be applied to life here on the physical Earth? Will people strive to continue living their rebellious ways cooperatively within the overseeing Law of Compensation, all in a 'nice, friendly and loving' evilness, like in the mind Mansion Worlds? Whilst other people will strive to live cooperatively doing their Healing, wanting to finally end being of the Rebellion and Default?

The Learning Pyramid:



Once the core subject material is introduced, students tutoring each other in small groups of around 12 people is the most superior learning process – yet seldom provided for. Practice by doing, tutoring others flows into natural self-expression, thus achieving comprehensive knowledge of any core subject – and it is permanent learning. Our whole life is about experiences and the feelings that come from such experiences. As feelings arise we are to long to know the truth behind what those feelings are endeavouring to reveal to us. We are truth seekers! And we are to be feelings expressive!

By being mind-centric, we cannot progress up Dr David R Hawkins' Map of Consciousness (MoC) scale beyond 499. On the MoC, 400-499 is the field of 'Reason' – the pinnacle of science!

It's all about
Experiences
 &
FEELINGS

BE FEELINGS
EXPRESSIVE!

Universally, all sectors of education, pre-school, primary school, high school, craft centres, technical and further education, university, etc., are all mind centric platforms that retards one's freedom of expression and closes down evolutionary growth potential. The PhD – Doctor of Philosophy – is the extreme of feelings suppression with total immersion into one's mind.

Health

Are there really 10,000 diseases and just 500 ‘cures’?

“Regulators, scientists, clinicians and patient advocacy groups often cite ~7,000 as the number of rare diseases, or between 5,000 and 8,000 depending on the source. While this consensus process is still ongoing, USA National Institutes of Health currently estimate the number of rare diseases to be more than 10,000. An estimate published by the University of Michigan Medical School that “there are roughly 10,000 diseases afflicting humans, and most of these diseases are considered ‘rare’ or ‘orphan’ diseases.”

“There are other estimates, as well. The German government lists 30,000 diseases, of which it says 7,000 are rare, though it cannot be determined how that figure was calculated. Anderson noted that the 10th revision of the International Statistical Classification of Diseases and Related Health Problems (known as ICD-10) has nearly 70,000 codes, which would be an upper-bound estimate.

“The focus is really on rare diseases, but a credible case can be made that there are at least 10,000 diseases in the world, though there is likely more. And there are a bit over 500 treatments. So, as far as round numbers go, 10,000 diseases / 500 treatments works as a talking point.”

However, NO ONE comprehends what is the underlying cause of disease! Our health carers, our doctors and nurses never discuss or outline why we have a discomfort, pain, illness or disease. Kindly ask yourself, when was the last time your medical practitioner outlined to you why you have a particular health issues that you presented yourself with to him or her? **There is ONE cause – CHILDHOOD SUPPRESSION.**



Medical sciences introduce a never ending array of names for a never ending array of ailments without comprehending the elephant in the room – our **Childhood Suppression and ongoing Repression**. ALL our discomforts, pain, illnesses and diseases are generators to have each of us express our feelings, both good and bad. As we grow in embracing this way of living FEELINGS FIRST and long for the truth of what our feelings are drawing our attention to, we will come to recognise that all our issues have their foundations throughout our childhood forming years, from the moment of conception through to the age of six years, up to when our Indwelling Spirit arrives.

Our soul orchestrates it all. Our soul does everything. Our soul brought our spirit body into existence and, in turn, our etheric spirit body is the template of our physical body. Light continually flows from our soul

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through our spirit body and into our physical body. Our experiences in the physical are expressed back to our soul as light. Everything that we experience is recorded by this light returning by our soul. Emotional injuries and errors of belief that we experience impede the flow of light back to our soul – consequently we are degraded by such accumulating damage and harm. Look at a young child and then look at yourself now!

At the moment of our conception, we are perfect in every respect – both in Natural love and physically. We are then literally fire-hosed by our parents' emotional injuries and errors of belief and this is ongoing. They are not even aware of our existence when this onslaught commences – no wonder many conceptions do not survive to incarnation which is when the foetus commences to pump blood some 16 days after conception.

*My individual "Rebellion and Default"
is my overarching virus!*

*We are to express our feelings,
both good and bad, emotionally!*

Talk it out with a Friend!

Childhood Suppression is the elephant in the room!



COMMERCIAL IN CONFIDENCE

The underlying generator
of all discomfort, pain,
disease and illness is
Childhood Suppression
and ongoing Repression.

Feeling Healing is our
only recovery and
soul growth pathway.

It is that simple!

Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and progressively then through all the Celestial Heavens of our local Universe of Neadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1st of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1st spirit Mansion World to the 2nd mind spirit Mansion World, then 4th and finally 6th mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7th spirit healing Mansion World process we transition to the 1st of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

PASCAS FOUNDATION (Philippines) Ltd

We enable awareness so that people and communities may profoundly grow their lives, livelihoods and exponentially enhance their futures.

Empowerment is by:

the New Way: Learning how to live true to ourselves by living true to our feelings;

enabling the true liberation of women through the truth of their feelings;

assisting urban as well as remote and rural communities with access to truth through all levels and forms of education;

supporting delivery of quality and accessible healthcare;

improving opportunities for and the safety of all, especially women and children;

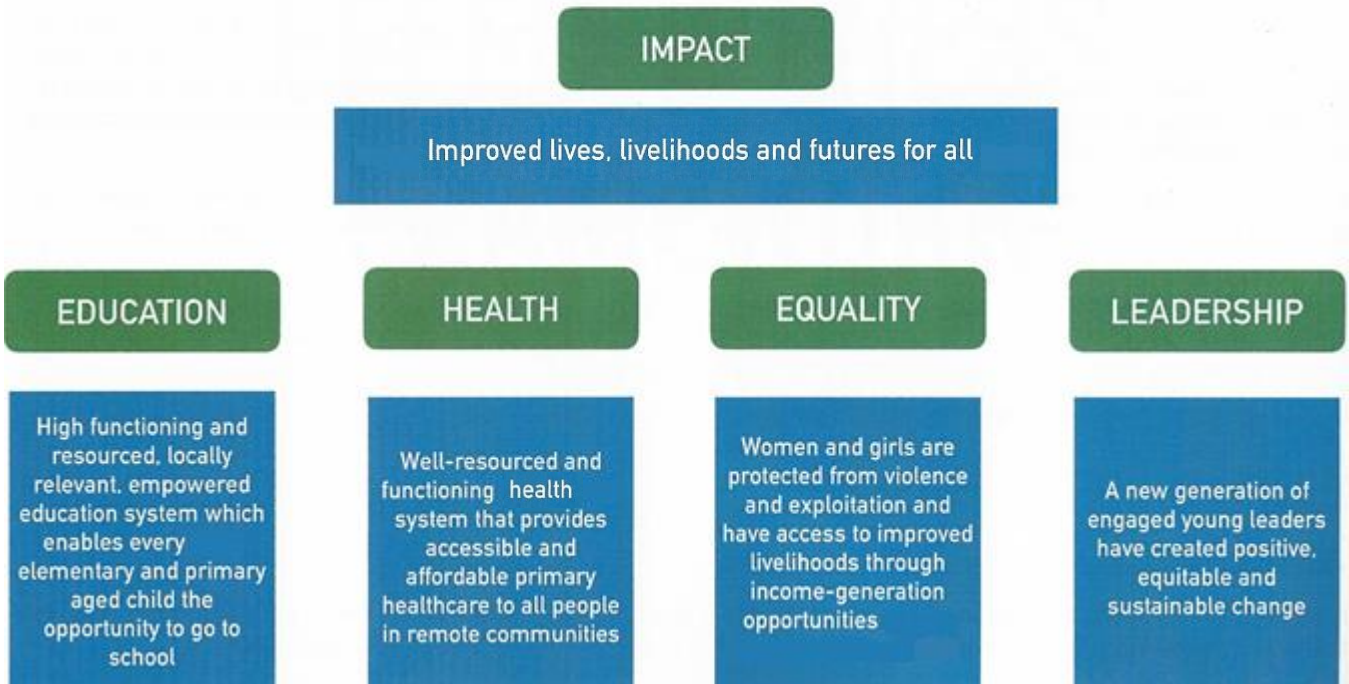
and fostering a new era of leadership and leaders.

It takes a village to raise a child.

LIVING FEELINGS FIRST and EARLY CHILDHOOD

THEORY OF CHANGE

A 'theory of change' explains how activities are understood to produce a series of results that contribute to achieving the final intended impacts. Theory of Change supports the social, human rights and assets changes needed to lift communities out of poverty by working across four program areas: education, health, equality and leadership.



PROGRAM LOGIC MODEL

The following program logic is used to describe programmatic interventions within effective framework:

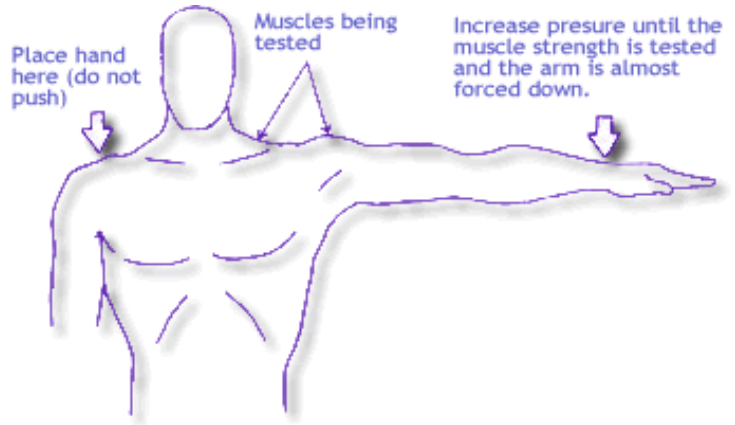


EINSTEIN'S THEORY of INSANITY



DOING THE SAME THING
OVER and OVER and
EXPECTING DIFFERENT
RESULTS.

Kinesiology Muscle Testing



Basics of muscle testing

Through kinesiology muscle testing, we can determine what is in truth and what is not, further, we can also determine the level of truth of anything!

NO PROBLEM CAN BE SOLVED
FROM THE SAME LEVEL OF
CONSCIOUSNESS THAT CREATED
IT.
-ALBERT EINSTEIN

The SITUATION and the OPTION:

Presently the population of the Philippines overall calibrates at around 225 on Dr David R Hawkins’ Map of Consciousness. Earth’s humanity overall is calibrating at around 220.

Worldwide Level of Consciousness based on the Map of Consciousness (MoC)

see Power vs Force by Dr David R Hawkins

| | | |
|--|-----|-----|
| 6,000 years ago | MoC | 72 |
| At the time the Vedas were written | | 74 |
| At the birth of Buddha | | 91 |
| Prior to the conception of Jesus of Nazareth | | 101 |
| After the birth of Jesus of Nazareth | | 147 |
| At the death of the last apostle | | 182 |
| In 827 AD (at the death of Charlemagne) | | 190 |
| When Abraham Lincoln took office as President | | 190 |
| Avonal Pair progress through their Feeling Healing in 2022 | | 220 |

| Correlation of Levels of Consciousness – Soul Condition – and Society Problems | | | | |
|---|-----------------------------|------------------------|------------------------------------|----------------------------|
| Level of MoC Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate “Life is OK” | Rate of Criminality |
| 600 + | 0% | 0.0% | 100% | 0.0% |
| 500 - 600 | 0% | 0.0% | 98% | 0.5% |
| 400 - 500 | 2% | 0.5% | 79% | 2.0% |
| 300 - 400 | 7% | 1.0% | 70% | 5.0% |
| 200 - 300 | 8% | 1.5% | 60% | 9.0% |
| 100 - 200 | 50% | 22.0% | 15% | 50.0% |
| 50 - 100 | 75% | 40.0% | 2% | 91.0% |
| < 50 | 95% | 65.0% | 0% | 98.0% |

The people of the Philippines can continue as they are, passing their ways of living, emotional injuries, errors of belief on down through their generations, living in despair, despondency, poverty and hardships or embrace a new way of living, the New Way, Living Feelings First. Though the people present a happy, friendly persona, it is a national façade.

The option is that universal free education be made available throughout the Philippines and that the option to consider and embrace living feelings first, with our mind to follow in support, as against how it presently is, our mind being the centre of education with all its limitations and suppressions.

Our life is our experiences and the feelings that arise from our experiences. We are to express and talk out what we are feeling from our experiences. Communities who are feelings focused evolve rapidly whereas mind centricity entombs communities within their quagmire for the aeons to come.



MARKET OPPORTUNITY:**TENTATIVE WISH LIST (Education)**

1. Early Childhood Education (identify and fund a model school).









Kindly consider a pre-school to be established within every province. This may be centred in communities that the mothers can obtain employment. The mode of operation and management of a centre could have a combination of trained personnel with extended family supporting. The structure may vary to reflect the needs and customs of the town or larger villages. Training of key staff is a priority leading to opening of pre-schools – this could be considered through regional campuses of Pascas University that are to be established.

THE ITCH

- Assumptions are our greatest enemy. Our minds cannot discern truth from falsehood. Our minds are addicted to untruth and control of others and the environment.
- Our soul based feelings are always in truth – yet we are taught from conception to suppress them.

2. Early Childhood Teacher Training program.

Living Feelings First is outlined in eight Pascas Papers that may be downloaded from www.pascashealth.com in the Medical – Emotions section on the Library Download page:

-  [Pascas Care Living Feelings First - Adults.pdf](#)
-  [Pascas Care Living Feelings First - Children - Annexures.pdf](#)
-  [Pascas Care Living Feelings First - Children - Discussions.pdf](#)
-  [Pascas Care Living Feelings First - Children - Graphics.pdf](#)
-  [Pascas Care Living Feelings First - Children.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)
-  [Pascas Care Living Feelings First - Reference Centre.pdf](#)

These papers have been specifically developed for the education system and classroom application. These are to be added to the materials that may be considered by the Education Leadership Team. The culture of the people in each region being accommodated, to be melded with the environment presently existing and evolving.





3. School library / resource centre in each province possibly in the model school.

We can consider establishing a model demonstration school in every province – and even more than one – or as many as seen appropriate. Each school when reviewing their library / resource centre, with no exceptions, can have their wish list considered, should they come forward with what they may feel required. This will need a significant administration team and appropriate resources to manage the logistics. This could also involve internet communications involving satellite, renewable power generation and laptops / ipads / tablets to be provided and installed.

4. Teacher professional development (in-service, workshop etc.) on various topics such as early literacy and numeracy including multi modal literacy), civic and citizenship education, basic health and hygiene.
5. Consider the establishment of teachers' training campuses in provinces with potential teachers also being provided with scholarships to enable them to follow their passions and complete required training. Scholarships may be extended to providing housing and costs of living. These provincial campuses may be the start of Pascas University throughout the Philippines.
6. Training on Leadership and Management in Schools aimed at school principals, curriculum leaders, etc. to engage in school policy development, implementation, and evaluation.

Again, Pascas University campuses in provinces to enable as many potential educators to be accommodated to build the numbers of true educators to a level that education throughout the Philippines can be an example of what can be achieved in a short period. This will also require the flattening of the hierarchical controlling domination that prevails throughout the education systems worldwide – it is this control that is stifling free flowing initiatives of many great educators. Workshops can be conducted at all appropriate Teacher Training campuses for all leader type educators.

Kindly reference through www.pascashealth.com at the Library Download page, scroll down to the heading Corporate Foundation Documents and click on to open:

-  [Pascas WorldCare Teams.pdf](#)
-  [Pascas WorldCare Teams and Bottom Up Democracy.pdf](#)
-  [Pascas WorldCare Teams Wisdom & Operation.pdf](#)
-  [Pascas WorldCare Teams with PTQP.pdf](#)

7. Standards Based Curriculum materials – review against unfolding events and emerging revelations. Textbooks for different subjects may benefit from review and development, then train teachers on them as well on how to use other newly evolved Teachers' resources.

All materials and textbooks may be supplied. Uniforms may also be supplied. Kitchen facilities may be included in the schools and food supplied and prepared by catering staff for breakfast and lunch as required. The question is to ensure respect and acceptance of such support. Is it simply handed out? Is it invoiced to each student and announced as a scholarship? Is there a nominal payment from the student? It is to be free, however the student is to understand its importance in a way that is culturally acceptable.

8. Alternative education (adult and early school leavers) skills training to improve lives addressing inequities and promoting social justice concept. Begin by funding existing Technical and Vocational Education and Training (TVET / TAFE) schools with infrastructure, resources, (tools and equipment).

Pascas styled TVET / TAFE Colleges may be established in each province and concentrated on providing Technical and Trade Skills and IT training to equip the school leaver to be immediately and valuably employed in the local workforce, thereby retaining more of the population in the regional areas. Again, the education is to be free. This may be done with; “here are your fees and, congratulations, here is a scholarship”.

9. STEM (Science, Technology, Engineering, Mathematics) education – develop resource materials to help teachers to implement these various projects prescribed in the curriculum. Such as teacher workbook. Concept applied in projects. Materials / equipment needed for these to support.

This is a big task and it is for those with big overview sight and then detail focus to attend to the minute requirements. It will also be an ongoing evolution. Pascas is to support this agenda all the way.

10. Sport development in schools (Physical Education (PE) equipment, uniforms, etc.).

Sport is the only reason why many attend school. Education is meant to be fun. This is mostly lost in the controlling addictions of most people throughout the education world and elsewhere in our lives. Sport is an important component of the school syllabus and fields and courts and swimming pools may be established in each school and the necessary equipment and uniforms supplied.

11. Water tanks for schools and proper toilets facilities.

Drinking water tanks and state of the art toilet facilities can be included in all schools as well as Teacher Training Colleges and Technical Colleges. Again, consider instructing an administration team to request what each education facility considers that it needs and then approve a delivery and installation operation.

12. Education material with foundations based on assumptions to be recognised for what they are – in error!

Our minds are addicted to untruth. Our minds cannot discern truth from falsehood. Consequently 98% of assumptions are wrong – the other 2% are flukes. Count the number of assumptions in research papers. We will then discover and understand the reason why society is floundering!

13. Education of girls to be prioritised.

If a girl spends only 2 years at school, she is likely to have more than 7 children. If she spends 6 years at school, she is likely to have around 4 children. If she spends 12 years at school then she may have only 2 children. World poverty is best averted by the tool of education in the first instance.

Girls and women are closer to their feelings than boys and men. Consequently, it is through our feelings that we excel. The belief that men are to dominate the female is that leaders of the past understood that should females be allowed to fully express themselves through their feelings then the men with their control would be ended. Today, we now start that ending for the advancement of both women and men!

14. The potential within us all is incomprehensibly amazing – however it will NOT be revealed through our minds. Our potential and our true personality will reveal itself through our soul-based feelings – this is The New Way – our new way of living. We are to live feelings first, express our feelings, both good and bad without acting upon them, and to long to know the truth of what our feelings are bringing to our attention.

Living mind centric, as we are all taught to do so from birth and throughout all our walks of life, imprisons each of us into limitations of mediocrity. We have no spontaneity, flare, intuition and creativity – we live life in a stupor, zombie like. Not even the greatest scientists in history calibrated higher than 499 on Dr David R Hawkins' Map of Consciousness (MoC) scale – the peak of reason. Scientists can go through life

achieving one or two break throughs whereas people living through their feelings routinely achieve break throughs. Being mind-centric is how humanity is controlled by the few. The education systems around the world are the arch agents of suppression for these controllers.

Now we can set ourselves all free to bloom in spontaneity, wisdom and vigour through our feelings – and it is all cost free!

15. We are to live through our feelings. Our soul does it all. We are to put aside the façade personality that our parents and early childhood carers imposed upon us. We are now, through our feelings, to discover who and what we truly are. This is incredibly freeing and beautiful. Our true brilliance will shine for all to see.

Life is about what OUR soul wants for us to experience. Living through our feelings eliminates mountains of stress that our mind brings upon us. Our day ends with being fresh with many achievements and goals attained. Should we live submitting to the imposed will of others, life is suppressive and unrewarding. We are to be who we truly are and that is the experiences that we are to have and to be expressed through our feelings. Doing this on a national basis will bring about an exemplary society, and that will be the peoples of the Philippines.

The New Way: Learning how to live true to ourselves by living true to our feelings.

This time, in the history of humanity, is the most exciting time ever experienced.

Other Thoughts:

As the initial units for each of the educational elements are being constructed and opened then the planning and construction could be underway simultaneously at other sites in each Province. Issues encountered will be numerous but different in each location – so proceeding on multiple fronts is prudent – we will discover as we go along without delay.

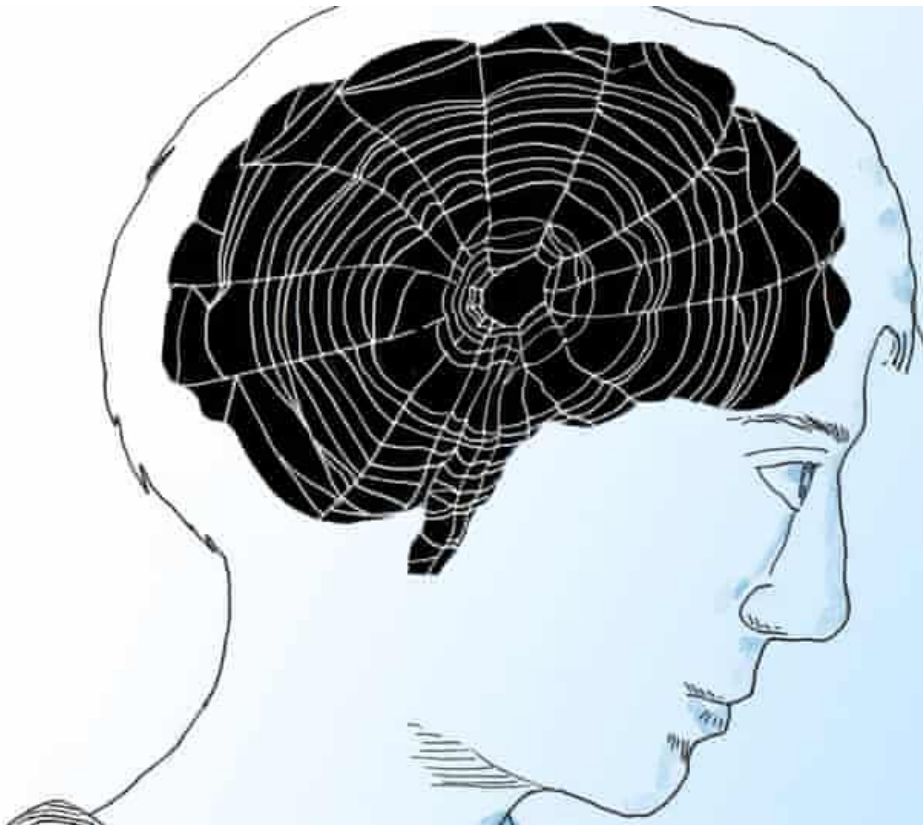
Every aspect of how we have been living life is to be reviewed, reconsidered, redesigned, reconstructed and reintroduced. None of the institutional ways of doing things is to be automatically replicated or even continued. That is why the Education Leadership Team is unique from conception.

ALL societal growth has been the result of its education system, however they have all been proceeding down a rabbit hole to a glass ceiling being its dead end. Now for the Great U-Turn!

Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.

*We are in PAIN because of
our UNLOVING CHILDHOOD!*

and



Living through our Minds is Killing us!

Living through our Minds is Killing us!

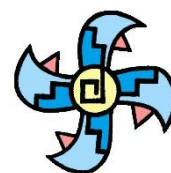
CHALDI COLLEGE – EDUCATION: Nanna Beth – 3rd Celestial Heaven and James 28 July 2017

James: John has been wondering about how to set up schools and schooling ‘under a tree’, in keeping with it all being opposite to what we’re all used to, can you give him any suggestions or point him in the direction he should look?

Nanna Beth – 3rd Celestial Heaven: These are some ideas he can consider – just suggestions John, we won’t say it has to be this or that way, as you know, it’s for you to work things out. So basically, what would you like John – how would you have liked school to be?

CHALDI COLLEGE

Schooling is voluntary. It should be made to be something children want to do, not something that’s forced on them.



It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you’d like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one’s mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they’ve not been specifically trained. One can only learn a certain

amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

Feelings First Spirituality, New Feelings Way

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, **any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.** However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because

it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

Feelings First is a way of living without any dogmas, creeds, rituals, cannon laws, hierarchy or controls of any kind.



It takes a village to raise a child

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

The Golden rule is: Never interfere with another's will.

God's Divine Love: Pray for it, ask for it, and receive it.

Our Heavenly Parents simply desires for us to ask for Their Love.

The New Way: learning how to live true to ourselves by living true to our feelings.

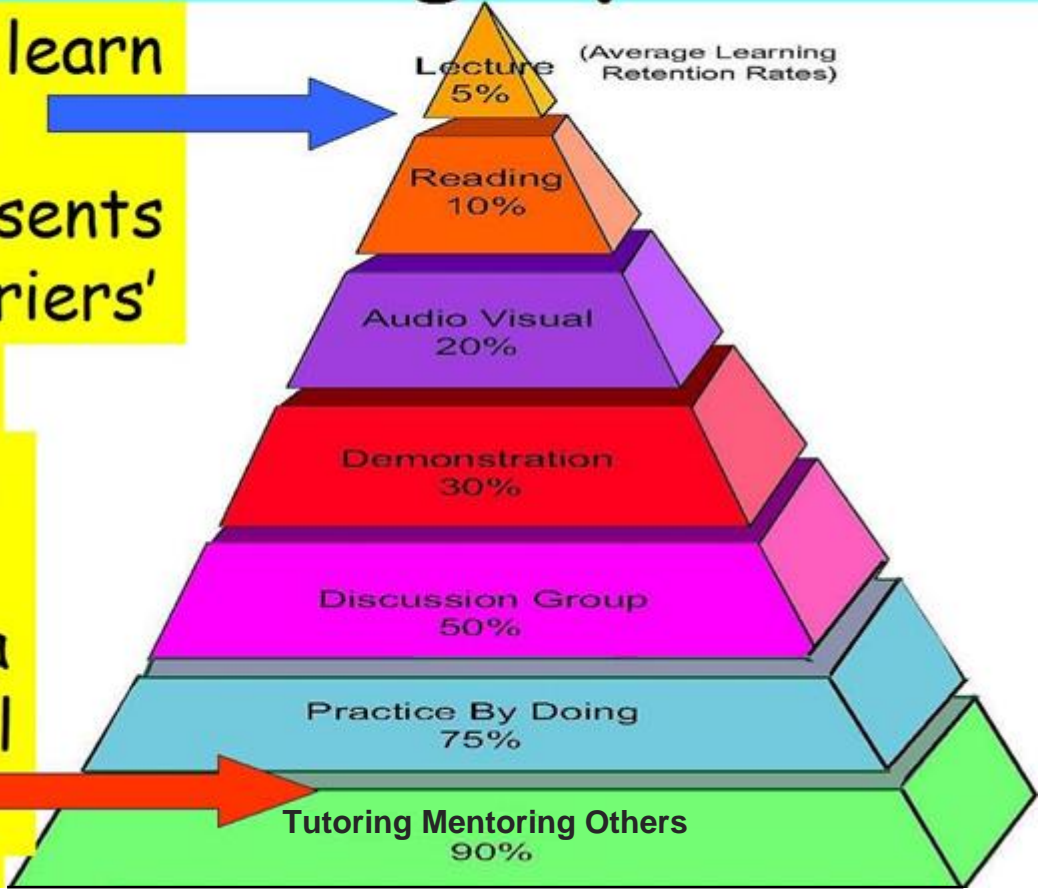
We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The Learning Pyramid

Trying to learn using this often presents many 'barriers'

Effective Learning requires a great deal of this



100% retention is **Natural Self Expression**

SUGGESTED READING:

Kindly go to www.pascashealth.com and then to the Library Download page and then to open the following, scroll down to the topic and click on the PDF:

CORPORATE ALLIANCES

Chaldi Child Care Centre – Safe Space
 Chaldi College Free to Learn Instinctively
 Chaldi College Free to Learn Pathway
 Chaldi College Primary thru to High – Feelings First
 Chaldi College Women and Girls’ Education
 Chaldi College (WW) – Education through Feelings
 Chaldi College (WW) – Technology & Product Information
 Chaldi University Postgraduate Feelings Degree

Pascas University and Global View
 Pascas University and the Meeting House
 Pascas University Universally Free Education
 Pascas WorldCare Craft Creations
 Pascas WorldCare Cultural Centre
 Pascas WorldCare Supporting Hands

ELSEWHERE

Pascas Care Kinesiology Testing
 Pascas Care – Living Feelings First – Adults
 Pascas Care – Living Feelings First – Children
 Pascas Care – Living Feelings First – Children Annexures
 Pascas Care – Living Feelings First – Children Discussions
 Pascas Care – Living Feelings First – Children Graphics
 Pascas Care – Living Feelings First – Drilling Deeper
 Pascas Care – Living Feelings First – Drilling Deeper Structures
 Pascas Care – Living Feelings First – Reference Centre
 Pascas Care – Multimedia Movie City
 Pascas Care Letters – Beliefs Suppress Truth
 Pascas Care Letters – Breeding Monsters
 Pascas Care Letters – Etheric Spirit Body
 Pascas Care Letters – Psychology and Feeling Healing
 Pascas Park – Journey of Man
 Pascas Primary publications being:
 U-Turn for Humanity Pascas reveals New Feelings Way
 U-Turn for Humanity pathway being New Feelings Way
 U-Turn for Humanity shutting hells through New Feelings Way
 U-Turn for Humanity soul light and the New Feelings Way
 U-Turn for Humanity through the New Feelings Way
 U-Turn for Humanity treacherous assumptions New Feelings Way
 U-Turn for Humanity unfolding the New Feelings Way
 Universal Gift – Feeling Healing with Divine Love
 Feeling Healing and Divine Love Discussion Prompts
 Pascas Care Death & Dying Transition & Assimilation Marjorie

Also kindly consider reading:

www.pascashealth.com

then proceed to Library Download :

Pascas Care Letters – Root Cause now to Pathway Forward

Pascas Care Letters – Root Cause now to Pathway Forward (short)

Pascas Care Letters – Funding for Change Over

Pascas Care Letters – Family Shelters Abuse & Remedial

Pascas Care Letters – Family Shelters Social Housing

Pascas Care Letters – Family Shelters Overview

Pascas Care Letters – Family Shelters towards Liberation

Pascas Care Letters – Back to Basics

Pascas Care Letters – Change

Pascas Care Letters – Dr Hawkins validates Feeling Healing

Pascas Care Letters – Education through Feelings

Pascas Care Letters – Finaliters our Destiny

Pascas Care Letters – Glass Ceiling Barrier Removal

Pascas Care Letters – Humanity is Addicted to Untruth

Pascas Care Letters – Journey of Earth's Humanity

Pascas Care Letters – Life is a Highway

Pascas Care Letters – Live True to How You Truly Are

Pascas Care Letters – Moving out of Healing

Pascas Care Letters – My Customs Heritage and Nationality

Pascas Care Letters – One Soul Two Personalities

Pascas Care Letters – Psychology and Feeling Healing

Pascas Care Letters – Spirit Evolution and Environmental Changes

Pascas Care Letters – There is only One Way to Heal One's Self

Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie

Pascas Care – Kinesiology Testing

Pascas Care Centre – Pacific Basin Nations

Pascas WorldCare – ASEAN and Pacific Island Nations

Or simply allow your feelings

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

<http://www.pascashealth.com/index.php/library.html>

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 mailout list, kindly provide your email address. info@pascashealth.com

COMMERCIAL IN CONFIDENCE

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

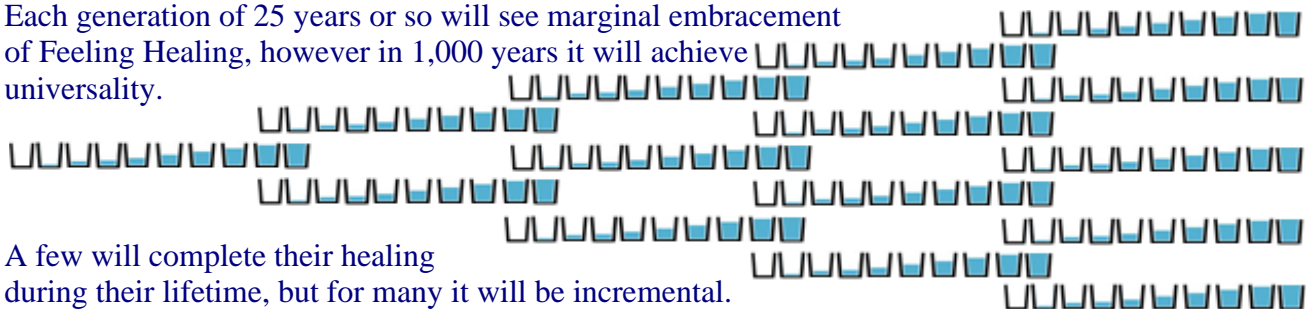
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal AGE 1,000 YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



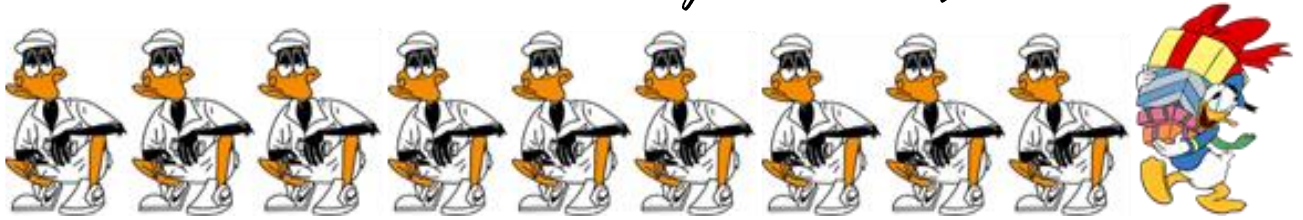
Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

COMMERCIAL IN CONFIDENCE

Ten ducks in a row, but one always misleading or misled!



Tug - of - War

GREAT
U-Turn

COMMERCIAL IN CONFIDENCE

WHY be MIND-CENTRIC rather than FEELINGS FIRST with MIND SUPPORTING?

WHY did the LANONANDEK DAUGHTERS and SONS REBEL?

The Lucifer, Satan, Caligastia and Daligastia soulmate pairs are all high level Lanonandek spirits:

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



**Lucifer pair
Arrested and imprisoned 26 CE**



Satan pair



Caligastia pair



Daligastia pair

Arrested and imprisoned 1993 CE

According to The Urantia Book (TUB) there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, because it is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher helpers comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minister, create or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.



Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. The Lanonandeks being these key administrators, guides, overseers, are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestials spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek daughter and son pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels – the practical, physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve, through ongoing self-expression, the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our (Earth) case, also the default. Which means providing people and spirits in the Mansion Worlds their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Nebadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.



So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam, we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true – we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion. We who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

And the Melchizedeks have enlisted the Celestial spirits' help. So together, they now in effect play the roles of the Lanonandeks. And as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion, on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth – both 3rd Celestial Heaven spirits. And I would imagine, people who finish their Healing and become Celestials on Earth, will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have the Daligastias and Eve and Adam helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair. And here we live in their universe of Nebadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Nebadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who'd be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually – we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.



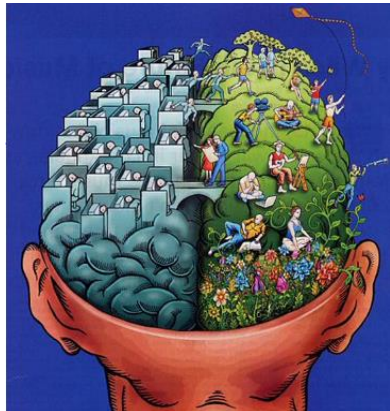
Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018



Here is the crux of our issues, and each and every one of us is incredibly different from anyone else. Further, our parents and early childhood carers have been equally different from each other thus we are all at differing points of wrongness – Rebellion and Default we experience is again very unique to any others.

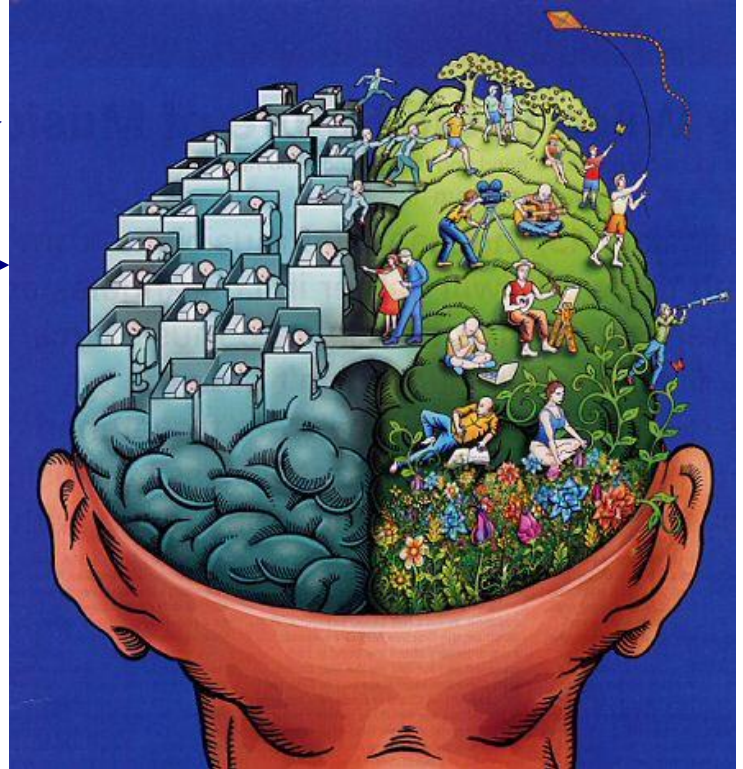
OUR PERSONALITY
Our Mind Side Our Feelings Side

Should we totally shut off from our feelings then the extremeness of evilness will be the result as our mind does not have the balance required for us to live a loving life. Our Rebellion and Default endeavours to close us off from our truth and loving soul.



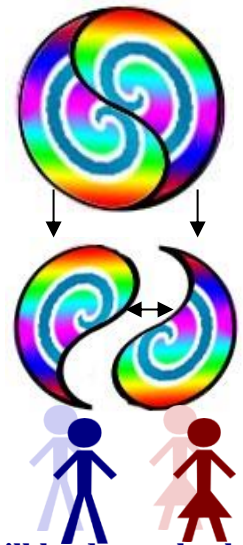
Personalities, higher than the rebelling Lanonandeks, have now shown us the way to heal ourselves of our personal Rebellion and Default, having healed themselves of the extremes which they personally had taken on.

Personality



SOUL PERSONALITY – SOUL PARTNERS

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your soul prior to its manifestation of two personalities. Each soul expresses two absolutely unique personalities. Your soul then individualises / incarnates two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in through your spirit body and soul.



No matter where and when our two soul halves, soul partners incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which remains connected through cords of light to your spirit body.



All a child needs is its parent's love.



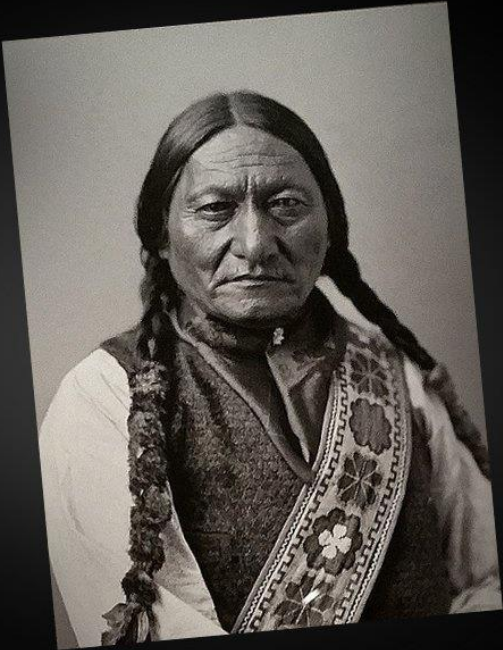
COMMERCIAL IN CONFIDENCE



Correlation of Levels of Consciousness and Societal Problems

| <u>Level of Consciousness</u> | <u>Rate of Unemployment</u> | <u>Rate of Poverty</u> | <u>Happiness Rate "Life is OK"</u> | <u>Rate of Criminality</u> |
|-------------------------------|-----------------------------|------------------------|------------------------------------|----------------------------|
| 600+ | 0% | 0.0% | 100% | 0.0% |
| 500-600 | 0% | 0.0% | 98% | 0.5% |
| 400-500 | 2% | 0.5% | 70% | 2.0% |
| 300-400 | 7% | 1.0% | 50% | 5.0% |
| 200-300 | 8% | 1.5% | 40% | 9.0% |
| 100-200 | 50% | 22.0% | 15% | 50.0% |
| 50-100 | 75% | 40.0% | 2% | 91.0% |
| <50 | 97% | 65.0% | 0% | 98.0% |

COMMERCIAL IN CONFIDENCE



Inside of me there are two dogs.
One is mean and evil and the other
is good and they fight each other
all the time. When asked
which one **wins** I answer,
the one I feed the most.

– Sitting Bull

AZ QUOTES

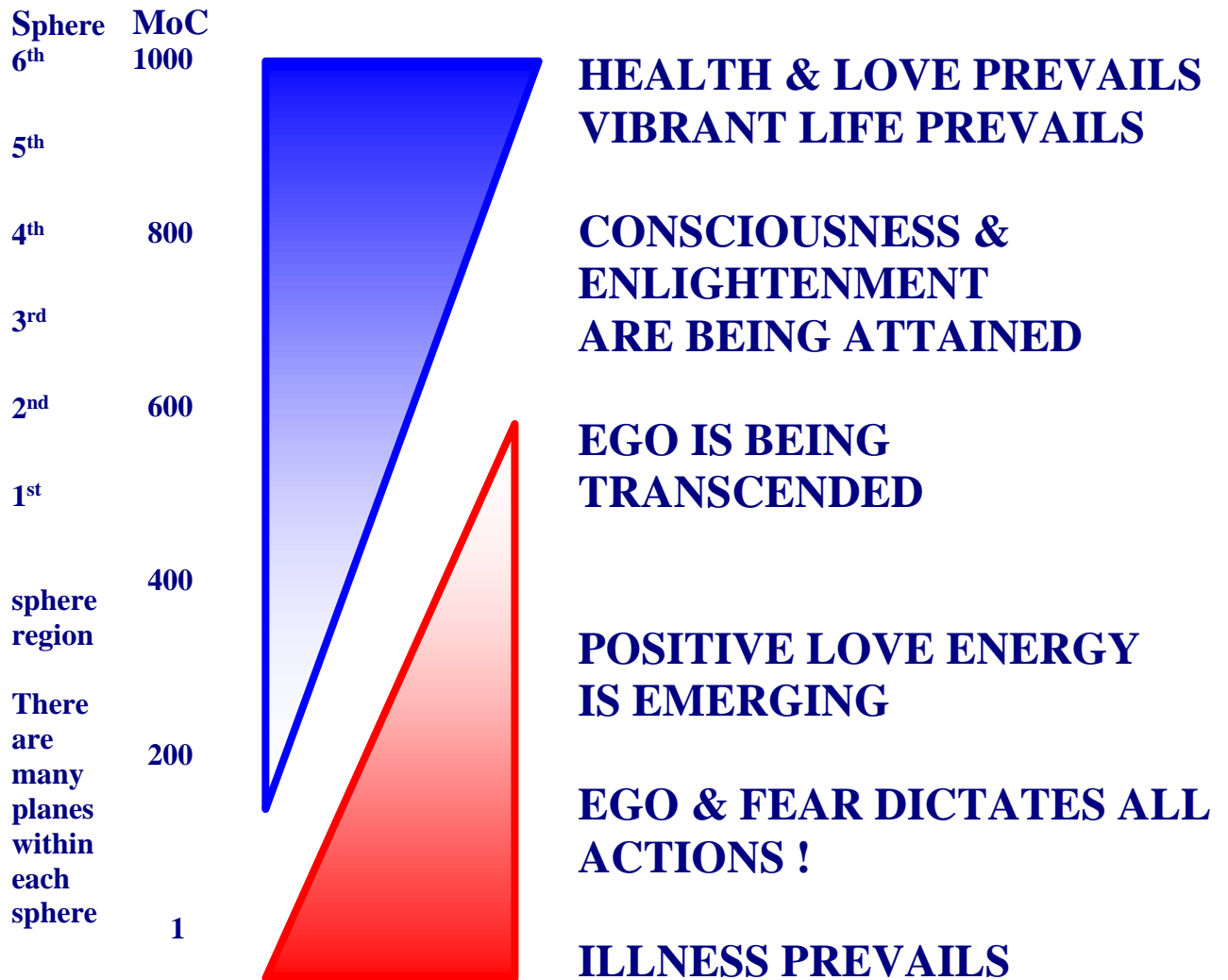


Collin Rodefer

COMMERCIAL IN CONFIDENCE

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



NATURAL LOVE FLOW**DIVINE LOVE FLOW****Mind Centric****Internal to Self***You can move back and forwards between ways of life:***Subjective Environment****Without a Focus****Release of Thoughts****Stimuli Fades Away****Blank out to Nothing****Consciousness Expands****The Mind Flows****You Know More – self centred****Connect with a Source of Wisdom Greater than Self however limited to natural love****Gain Information****Unify in Consciousness – Earth plane****A State of Mind****The Development of Love from Within****Yourself****Belief: I am God****Intellectual Development, Growth of a Super Mind – Mind Dominance****Self Reliant (Trust of Self) Making it Happen****Self-determination way of life****Adult Like – Control over Everything****Control****Millions of Paths (man created)****Kingdom of Man – Limited Progression****Peak possibility is 6th Mansion World – Moral****Development****Time to complete path, which is a dead end:****100 years to over 1,000 years****Now you have to turn around and start your Feeling Healing!****Living Feelings First****External to Self****External to Self****More in Focus****Release of Goals or Vested Interests****Stimuli Increases in Clarity****Perk up to New Possibilities****Experiences Expands****The Life Flows****You Do More – for others****Connect with as Source of Guidance Beyond self and embracing Divine Love****Gain Harmony and an Orderly Rhythm to Life Experiences****Unify with the World at Large – Universal****A State of Being****Love comes from God – Longing for God's****Love to Enter Me****Belief: I am God's son / daughter / child****Emotional Intelligence, Growth emotional in Love – Soul Dominance****God Reliance (Relationship with God)****Powerful Creation from Desires****Soul-Spirit living harmony****Child Like – Freedom & Spontaneity –****Authentic Emotional Expression****Feeling****Defined Path (God Created)****Kingdom of God – Infinite Progression****Peak possibility is infinite – atonement 8th****sphere – being 1st Celestial Heaven****Upon entering Celestial spheres and much higher!****Time to enter Celestial Realms & atonement: in as little as 5 to 10 years!****Now you are a Celestial and starting your progression to Paradise.**

|  | NATURAL LOVE Path | DIVINE LOVE Path |  |
|---|--|---|---|
| | the development of | | |
| | LOVE from within YOURSELF | LOVE comes from GOD longing for Gods love to enter me | |
| | BELIEF: I am God | BELIEF: I am a Child of God | |
| | Intellectual Development Growth of a Super MIND MIND DOMINANCE | Emotional Intelligence Growth emotionally in LOVE SOUL DOMINANCE | |
| | Self Reliance (Trust of Self) Making it happen | God Reliance (Relationship with God) Powerful creation from Desire | |
| | ADULT-LIKE CONTROL OVER EVERYTHING | CHILD-LIKE FREEDOM & SPONTANEITY Authentic emotional expression | |
| | KINGDOM OF MAN LIMITED PROGRESSION Peak possibility 6th sphere MORAL DEVELOPMENT | KINGDOM OF GOD INFINITE PROGRESSION Transformation from Human to the Divine The Experience of New Birth LESSONS IN LOVE AT ONE MENT emotionally real | |
| | Lateral experience of the Universe MILLIONS OF PATHS of PERSONAL TRUTH | Connectedness through Truth ONE PATH TO GOD THE WAY OF THE HEART CHRIST CONSCIOUSNESS | |
| | REMAIN IN FALSE BELIEFS MAKING DETAILED PLANS JUSTIFICATION | GIVE UP ALL MY ERRORS LONGING FOR GODS TRUTH TO ENTER HUMILITY | |
| | no soulmate union | soulmate union | |

HEALTH with or without the LOVE:

Feeling Healing, with Divine Love, has a powerful positive effect on the physical body, balancing the hormones and generally promoting physical health, which is really the same thing as saying that the state of a mortal's soul impacts directly on that mortal's physical health.

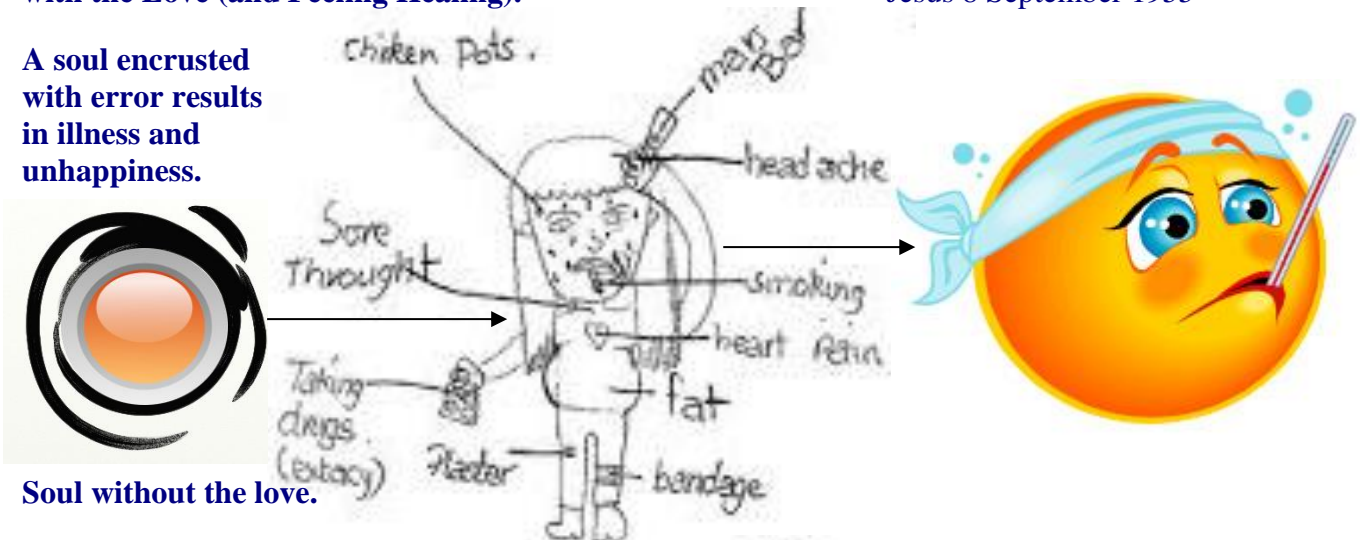
The Master, because he experienced the New Birth soul condition as a mortal, his physical nature was directly affected, so it would be accurate to say that because of this, his nutritional needs were somewhat different from other mortals.

Throughout his ministry (when the New Birth soul condition was his), he was actually in perfect physical health, and this was apparent through a sense of well-being that actually manifested on a physical level as well as a spiritual one. Aman (first man) 24 January 2007

The influence of sinful emotions and thoughts and actions upon the soul is such that the spiritual emotions and aspirations of man becomes dormant, and as though not existing, and the soul itself is encrusted with evil.

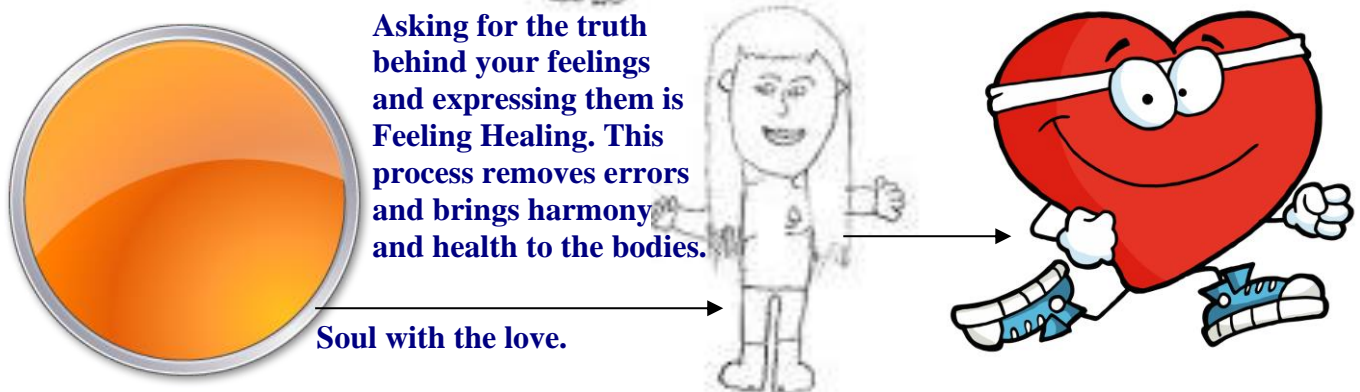
Through prayer, thoughts and soul longings, the spiritual nature in man can be developed so as to dominate the personality, and he will act in accord with the feelings and emotions of his soul. The evolution of man from the natural being to the purified soul and, if he so desires it, to the state of the divine angel **is possible with the Love (and Feeling Healing).** Jesus 8 September 1955

A soul encrusted with error results in illness and unhappiness.



Soul without the love.

Asking for the truth behind your feelings and expressing them is Feeling Healing. This process removes errors and brings harmony and health to the bodies.



Soul with the love.

UNLOVING PERSONALITY

Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is starved of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.

LOVING PERSONALITY

Spirit body mind is clear of negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.



HARMONY within the SOUL = HARMONY within the PHYSICAL BODY:

Emotional injuries, erroneous beliefs, harmful intentions are all damages encrusted upon one's soul. Such injuries are to the spirit body impairing the flow of loving energies of one's soul.

Such mind-made errors degrade the pristine soul by retarding the soul-light flowing to our body and having impaired light being returned, and such damages impact upon one's spirit body which in turn emerge as discomforts, then pains, then as illnesses within the physical body.

Medical assistance and treatment may alleviate the illness / pain however the cause remains.

Until we endeavour to remove the errors and injuries, the propensity for the illness remains.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Natural Love Flow

Mind Centric

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

rational

analysis

reductionist

linear

Values = Mechanistic

expansion

competition

quantity

domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Feelings First with Divine Love Flow

Feelings First with mind in support

Divine Love is Soul's love.

One can swap back and forwards between paths

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

intuitive

synthesis

integrative

non-linear

Values = Holistic

conservation

co-operation

quality

partnership

Child like

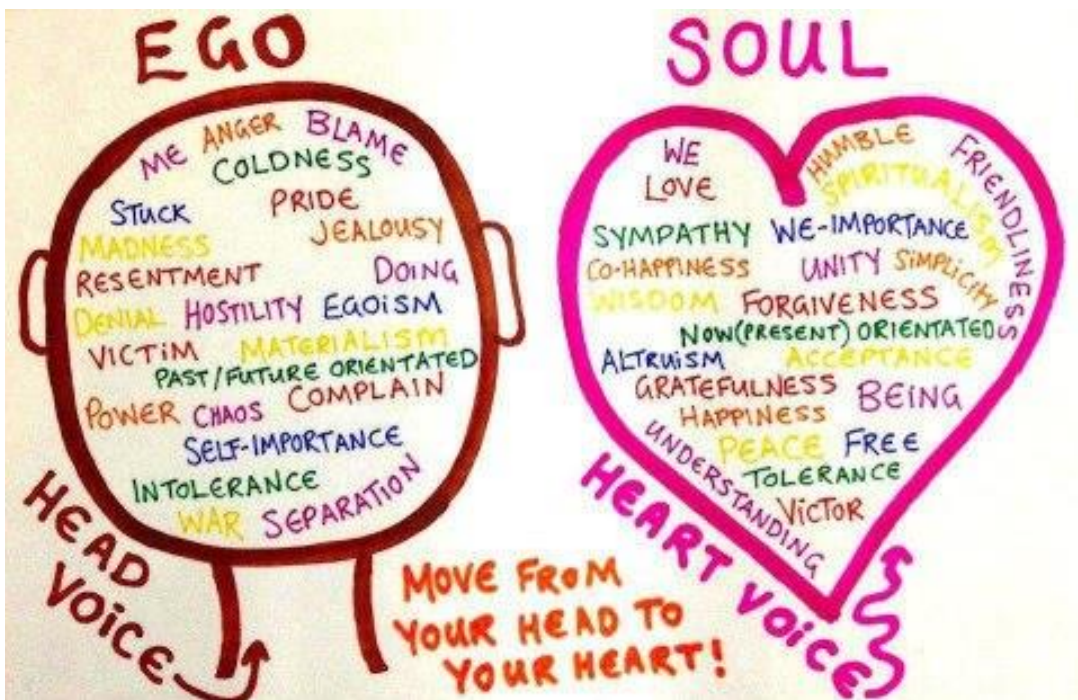
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

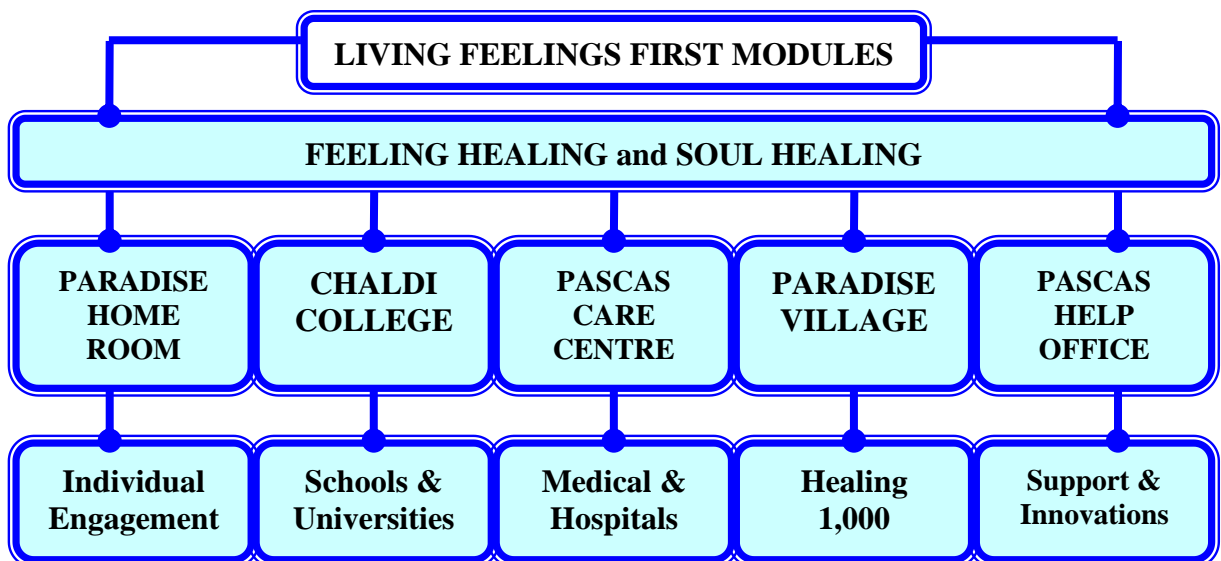
5 years to over 10 years to at-onement



| MoC | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2020 |
|-----------|------------------|-------------|-------------------------|-------------------------|-----------------|-----------------|------------------------|
| 400s | 10 | 406 | 78.50 | 0.939 | 6.8 | .861 | US\$54,010 |
| 300s | 13 | 331 | 71.77 | 0.798 | 5.9 | .684 | US\$17,827 |
| 200s | 10 | 232 | 69.45 | 0.759 | 5.8 | .648 | US\$16,972 |
| High 100s | 18 | 176 | 69.00 | 0.724 | 5.2 | .639 | US\$9,900 |
| Low 100s | 7 | 129 | 61.88 | 0.653 | 4.7 | .567 | US\$2,628 |
| Below 100 | 11 | 66 | 52.73 | 0.564 | 4.2 | .488 | US\$2,658 |
| WORLD | | 220 | 70 | | | | US\$10,900 |

| Philip-pines MoC | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2021 PPP |
|-------------------------|-------------------------|--------------------|--------------------------------|--------------------------------|------------------------|------------------------|-----------------------------------|
| 225 | 1 | 225 | 71.66 | 0.718 | 5.9 | .678 | US\$9,100 |

Note:
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!



COMMERCIAL IN CONFIDENCE

Philippines PASCAS UNIVERSITY



TAFE



Technical And Further Education Craft Creations Family Shed

| | | |
|-------------------------------|---------------------------------|--------------------------------|
| x^2 Year 10 | Δ Year 11 | \sqrt{y} Year 12 |
| \leq Year 7 | $\text{\textit{pencil}}$ Year 8 | \approx Year 9 |
| ∞ Year 4 | $\%$ Year 5 | $\text{\textit{apple}}$ Year 6 |
| $\text{\textit{dots}}$ Year 1 | $\text{\textit{hand}}$ Year 2 | \pm Year 3 |



KINDERGARTEN PRESCHOOL



Chaldi Child Care Centre & Kindergarten

WELCOME!



SAFE SANCTUARIES



COMMERCIAL IN CONFIDENCE

The Learning Pyramid:



It will only be the breaking through of the glass ceiling of 499 of Dr David R Hawkins' Map of Consciousness (MoC) that humanity can and will move towards a state of harmony and peace. While we continue to live mind-centric, we cannot progress beyond the category of Reason which peaks at 499 on the MoC. This is how we have been misguided to live for thousands of years. As we are now coming to understand, all institutionalised systems worldwide are structured to inhibit our natural progression.

Our teaching systems are focused upon the lecture, an orator at the front of the room talking down to students. As you now observe, it is the least effective method of education. Small groups tutoring each other is the way forward. All levels of education can be moved to meeting groups of around 12 or so participants.



Pascas Foundation, with aligned support, is to deliver such education platforms. Further, education is to be delivered free.

WITHIN EVERY MEETING HOUSE, FREE AND OPEN DISCUSSION FLOWS THROUGH A 'FISH BOWL' STRIVING TOWARDS 'NATURAL SELF EXPRESSION'!



CRAFT CREATIONS
Shop front – retail and ordering facility. The administration and support for the complete Craft Creations Centre.

PASCAS CAFÉ
Being part of Craft Creations, it is a catering, nutrition cooking facility that functions also as a Pascas Café. Food and nutrition are the premiers of all crafts.

HOME CRAFTS
CRAFT CREATIONS is generally focused towards skills embraced by women in their practical attention to the needs of the family. That said, there are no boundaries. At all times, the opportunity to introduce and enable children of all ages to become proficient is supported. Those within the community are to be supported in their sharing of their unique skills with others.

STRUCTURAL CRAFTS
CRAFT CREATIONS embraces word working, metallurgy and mechanical repairs. This could be said to be the domain of a Men’s Shed, however, the whole family is welcome. These specialised skills need to be shared as much as every other craft.

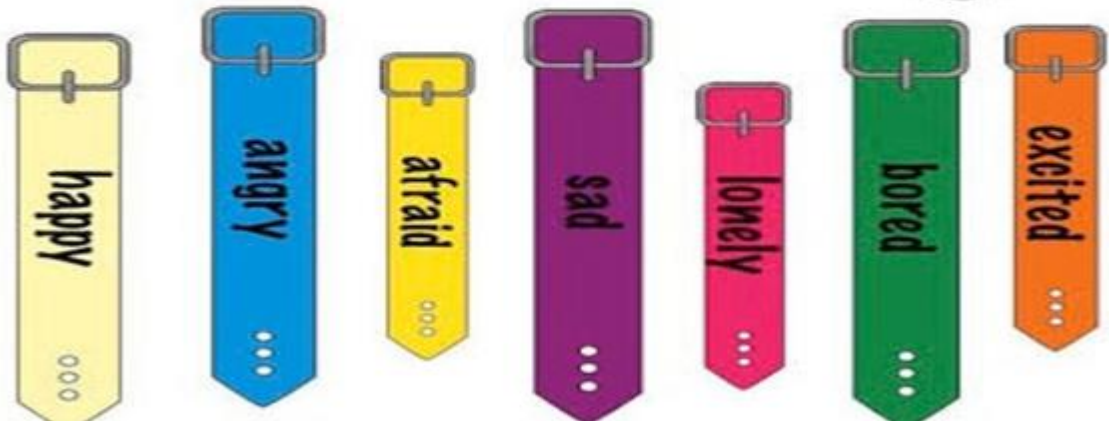
CRAFT CREATIONS is to enable anyone to be autonomous and self-sufficient in their endeavours.

MEETING HOUSE
Discussion pods for around 12 people as meetup rooms.

FAMILY SHELTER
Modules of 10. Studio rooms to accommodate a parent and two children, or thereabouts.

FEELINGS
must be
FELT

Express Your Feelings

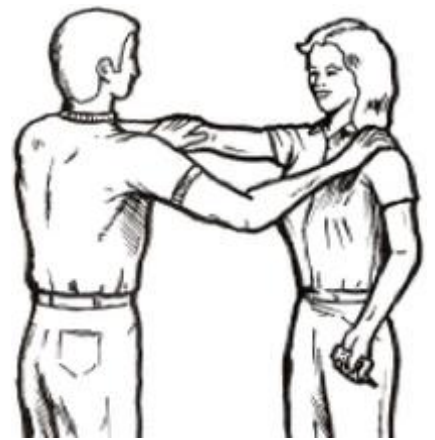


**BE FEELINGS
EXPRESSIVE!**

It's all about
**Experiences
&
FEELINGS**

THE TRUTH WILL SET US FREE, BUT FIRST IT WILL MAKE US MISERABLE!
To Truly get to know yourself is the Bravest thing you will ever do!

NO PROBLEM CAN BE SOLVED FROM THE SAME LEVEL OF CONSCIOUSNESS THAT CREATED IT.
-ALBERT EINSTEIN



Kinesiology Muscle Testing for the level of truth

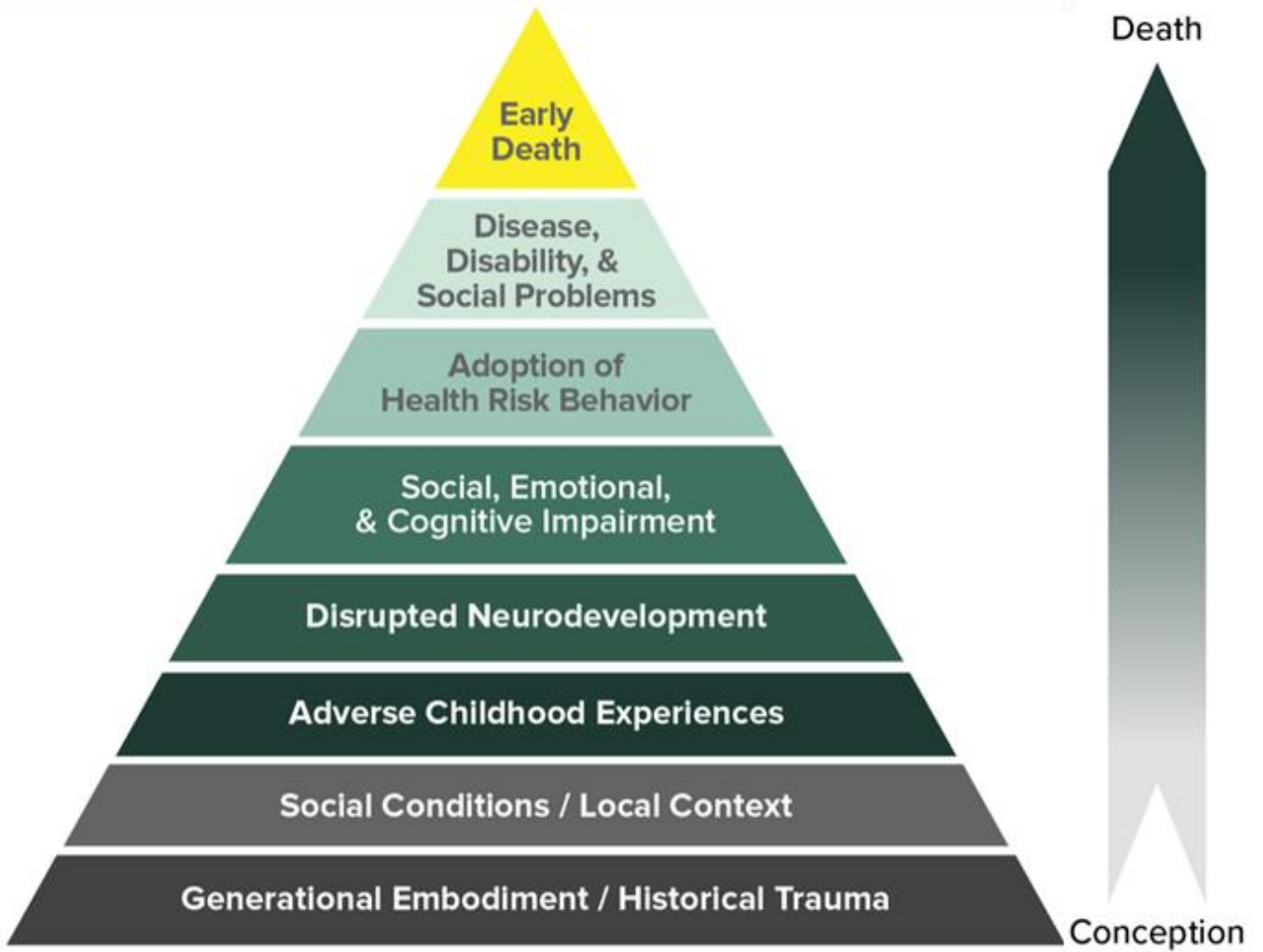


our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!

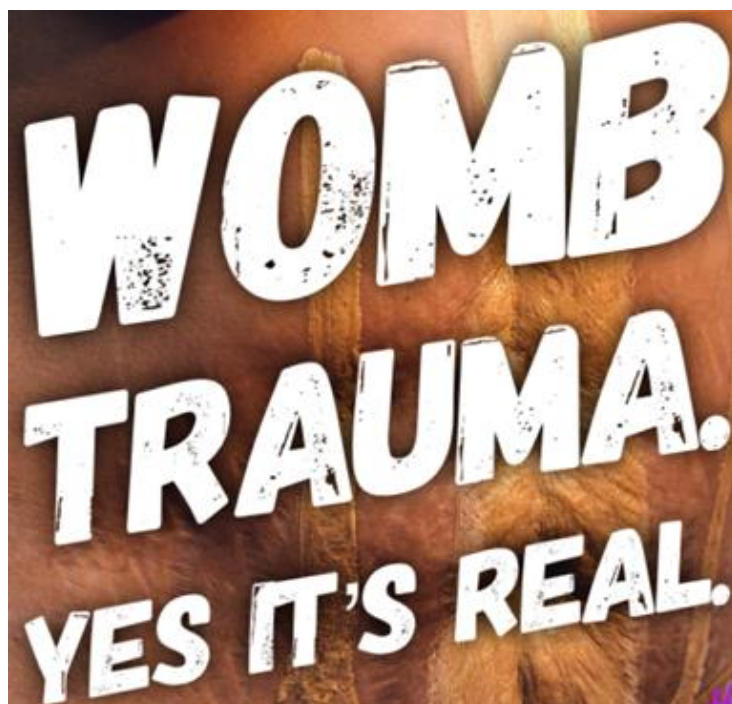
<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com



Mechanism by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan

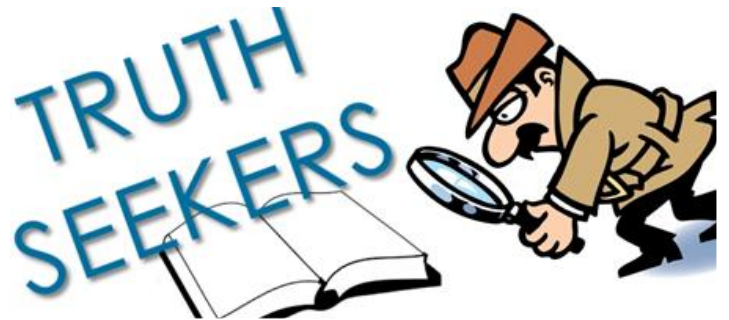


COMMERCIAL IN CONFIDENCE

We Are
TRUTHSEEKERS

**WE ARE
TRUTH
SEEKERS**

**WE ARE
THE TRUTH
SEEKERS**



THE TRUTH SEEKERS



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PASCAS UNIVERSITY

HIGHER EDUCATION SUBJECT GROUPINGS:



ANIMALS AND LAND



ARCHITECTURE, BUILDING AND CONSTRUCTION



ARTS, HUMANITIES AND LANGUAGES



CREATIVE ARTS, DESIGN AND MEDIA



ECONOMICS, COMMERCE, BUSINESS AND MANAGEMENT



EDUCATION AND TEACHING



ENGINEERING



HEALTH SCIENCES (ACADEMIC)



HEALTH SCIENCES (PROFESSIONAL)



HOSPITALITY, TOURISM AND EVENT MANAGEMENT



INFORMATION TECHNOLOGY AND COMPUTER SCIENCE



INTERNATIONAL RELATIONS AND DEVELOPMENT STUDIES



LAW AND CRIMINOLOGY



MARINE, ENVIRONMENT AND RENEWABLE ENERGY



MEDICINE



MULTIMEDIA MOVIES AND MUSIC



NURSING, MIDWIFERY AND PARAMEDICINE



PSYCHOLOGY



SCIENCE



SOCIAL WORK AND COUNSELLING



SPORTS AND EXERCISE SCIENCE

CHALDI TAFE COLLEGE

Technical and Further Education



Building and construction



Child care



Sports and fitness



Technology, information and networking



Nursing and health



Creative



Agriculture and horticulture



Automotive



Business, justice and management



Community services



Hospitality and cookery



Beauty and hairdressing



By location



Online courses



Apprenticeships



TAFE at School

COMMERCIAL IN CONFIDENCE

Craft Creations



Fiber art



Oil painting



Magic



Papermaking



Patchwork



Taxidermy



Creative writing



Metalworking



Web design



Cardmaking



Needlework



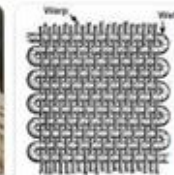
Quilting



Wood carving



Pyrography



Weaving



Upcycling



Photography



Calligraphy



Woodworking



Gardening



Watercolor painting



Toy



Quilling



Sewing



Knitting



Painting



Embroidery



Crochet



Handicraft



Drawing



Book Binding



Glassblowing



Brewing



Pottery



Scrapbooking



Origami



Cross-stitch



Floral design



Macramé



Pressed flower craft



Decoupage



Whittling



Leather crafting



Digital art



Needlepoint



Knife making



Tatting



Carpenter



Doodle



Digital photography



Beadwork

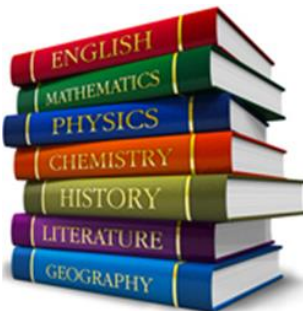
CHALDI COLLEGE

Primary thru to High

"Feelings First"



Children Tutoring Each Other!







































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Pascas Care Hospital



Pascas Care Medical Clinic

Medical Specialties

- | | | | | | |
|--|---|--|---|--|---|
|  Geriatrics |  Obstetrics |  Postnatal Care |  pregnancy |  Cardiology |  Fetus |
|  Rhinology |  Pulmonology |  Dental Care |  Facial Plastic Surgery |  Gynecology |  Dermatology |
|  Otology |  Gastroenterology |  Hepatology |  Psychiatry |  Plastic Surgery |  Symptom Checker |
|  Human Brain |  Pelvic Bone |  Neurosurgery |  Chiropractic |  Hematology |  Osteology |
|  Breast Augmentation |  Breast Reduction |  Optometry |  Naturopathy |  Newborn |  Herbal Medicine |
|  Ear examination |  Eye Specialties |  Dermatology |  Neurology |  Orthopedics |  Pulmonology |

Pascas Care MEDICAL CENTRE



PASCAS HEALTH SANCTUARY:

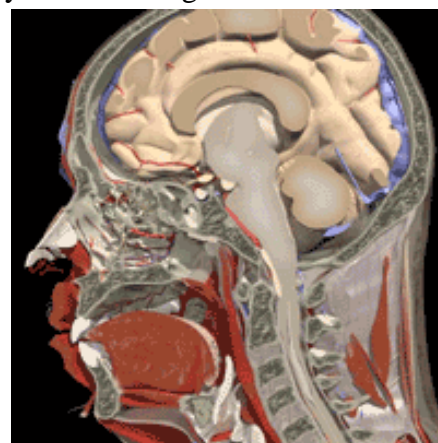
ALLOPATHY PROFESSIONAL MEDICAL TEAMS - OVERVIEW

Briefing notes by Dr Daniel T O'Connor who will act as liaison officer and be instrumental in the establishment of the medial advisory committee which is to consist of 12 to 22 members:

The team concept as per these headings for the Pascas Health Sanctuary and Clinics goes like this:

NEUROSURGERY:

A neurosurgical team includes neurosurgeons capable of dealing with intracranial, spinal and peripheral neurological disorders. They are supported by neurophysicians for diagnostic work as well as radiologists and various therapists who are involved post-operatively. A neurosurgical team also requires that there be nursing staff with expertise in the management of neurosurgical cases.



EARS, NOSE & THROAT - ENT:

In addition to orthodox ENT surgeons there is a need for an endoscopic sinus surgeon, laser surgeon, head and neck surgeon, along with support and speech pathologists, speech therapists, radiologists, etcetera.

UROLOGY:

Surgeons and urologists co-operate most frequently in the discipline of urology. A urologist with paediatric experience or a paediatric surgeon with urological experience is also essential as well as support physiotherapists etcetera.

ORTHOPAEDIC:

General orthopaedic surgeons would be needed plus arthroscopy experts, hand surgeons, microsurgions, trauma surgeons. Physiotherapy and orthopaedic surgery can't survive without each other.

TRAUMA SURGERY:

Trauma surgery is a special consideration as the Hospital will have a busy accident and emergency department so there needs to be readily available general surgeon with trauma experience; orthopaedists, neurosurgeons, etc., twenty-four hours a day to back up the Accident and Emergency (A & E) department and with the ability to call in other surgical disciplines as required for example, ophthalmic, plastic, etcetera.

GYNAECOLOGY:

Gynaecological surgery is now split into general gynaecology, cancer surgery, endoscopic surgery, colposcopic and laser surgery. Either way, the hospital will require several experts or gynaecologists with multiple expertise.

IN-VITRO FERTILISATION - IVF:

There is no mention of IVF in the projected work areas and this may well be of consideration for Pascas Health Sanctuary. For IVF there is need in addition to endoscopic surgical expertise, a dedicated laboratory support team for efficient function as well as support counsellors, etcetera.

Radiology / ultrasound are an integral part of gynaecological services these days.

GENERAL SURGERY:

General surgeons have split their expertise so there are now colorectal surgeons, breast and endocrine surgeons, vascular surgeons, endoscopic surgeons, and so on. Their teams include radiology / ultrasound, alimentary tract endoscopists, endocrinologists, pathologists, physiotherapists, etcetera.

Paediatric surgery is a highly specialised area which encompasses endoscopic surgery as well as plastic surgery and requires special theatre facilities and post-operative care teams.

OPHTHALMIC SURGERY:

Eye surgeons now specialise in the anterior and posterior chamber of the eye, plastic and reparative / corrective surgery, laser surgery, lens extraction and implants, and work on a mix of day case and inpatient care. They require orthoptists and trained ophthalmic nursing staff as part of their team.

DENTAL and FACIOMAXILLARY SURGEONS:

They work in the same area and need radiological, pathology and physiotherapy support.

PLASTIC and RECONSTRUCTIVE SURGERY:

Plastic and reconstructive surgeons include microsurgical repair teams, reconstructive surgery and head and neck surgeons who again require radiology, pathology, physiotherapy and special nursing care staff.

CARDIO THORACIC:

Cardiac by-pass surgeons need the assistance of cardiologists, radiologists, perfusionists as well as physiotherapists and highly skilled intensive care nursing personnel.

This list is not exhaustive but aims to provide an idea of the teams that are required for the various surgical units that Pascas Health Sanctuary Hospital being established on the Gold Coast, Queensland, as well as the Bahamas and South Africa and elsewhere during the construction and fitout period.

You will note that there are particular support disciplines common to all surgical teams - for example, radiology, anaesthetics, physiotherapy and nursing care.

For many of the surgical disciplines specialised nursing skills are required - for example, ophthalmic, orthopaedic, paediatric and so forth.



ONCOLOGY - CANCER:

When looking at the relevant cancer treating teams you add to the basic unit specialist radiotherapists as well as radiologists and these are two separate areas of expertise with the frame work of radiology, chemotherapy specialists and pathologists, counsellors and support staff and the usual management goes like this:

A patient is diagnosed with a malignancy. Pathological confirmation is obtained and the relative oncology unit usually considers the individual in committee and allocates a therapeutic management protocol for the ongoing care of the patient. For this purpose special specific discipline oncology clinics are held where follow-up is also maintained after initial treatment. These clinics are usually held on a once a week basis and there would be in attendance, for instance say for gynaecology, the patients gynaecological cancer surgeon, radiotherapist, chemotherapy specialist, support nursing staff or counsellor and pathologist.

These special discipline teams usually meet on a weekly basis where they see new cases and follow-up cases and of course function all year round.

One reason why it is important to make sure there is two of every type of surgical specialist on the staff is that there is always people away on leave or at courses and so forth, and if there is only one person then everything grinds to a halt during their absence, whereas if with at least two then these clinic services go on irrespective.

CARDIOLOGY:

Similarly with heart disease patients, the diagnosis involves triage by clinical history and examination, stress test, angiography and perhaps nuclear medicine, and then a committee of the cardiology clinic may allocate individuals to different therapeutic programs - for example, angioplasty or CABG surgery or palliation only, etcetera.

Within the cardiology clinic there will therefore need to be cardiologists, interventional cardiologists, radiologists, cardiac surgeons, as well as anaesthetists with specialised skills and perfusionists, physiotherapists, dieticians, psychologists, etcetera.



RADIOTHERAPY UNIT:

There will be a need for two of everyone covering radiation oncology, medical oncology, radiographers covering planning and treatment, nursing staff that are oncology trained in therapeutic radiation, physicists, x-ray engineers and pharmacist – pharmacy to be equipped with laminar flow unit. Patient care has two groups, a day care unit to accommodate 10 in a quiet area with observation and the other being a cluster of wards for the more serious cases. A radiotherapy director is to be appointed.

DIRECTOR of MEDICAL SERVICES:

Each clinical service will have its own director who, in turn, are to be supported by a Director of Medical Services as appointed by Pascas Health Sanctuary.

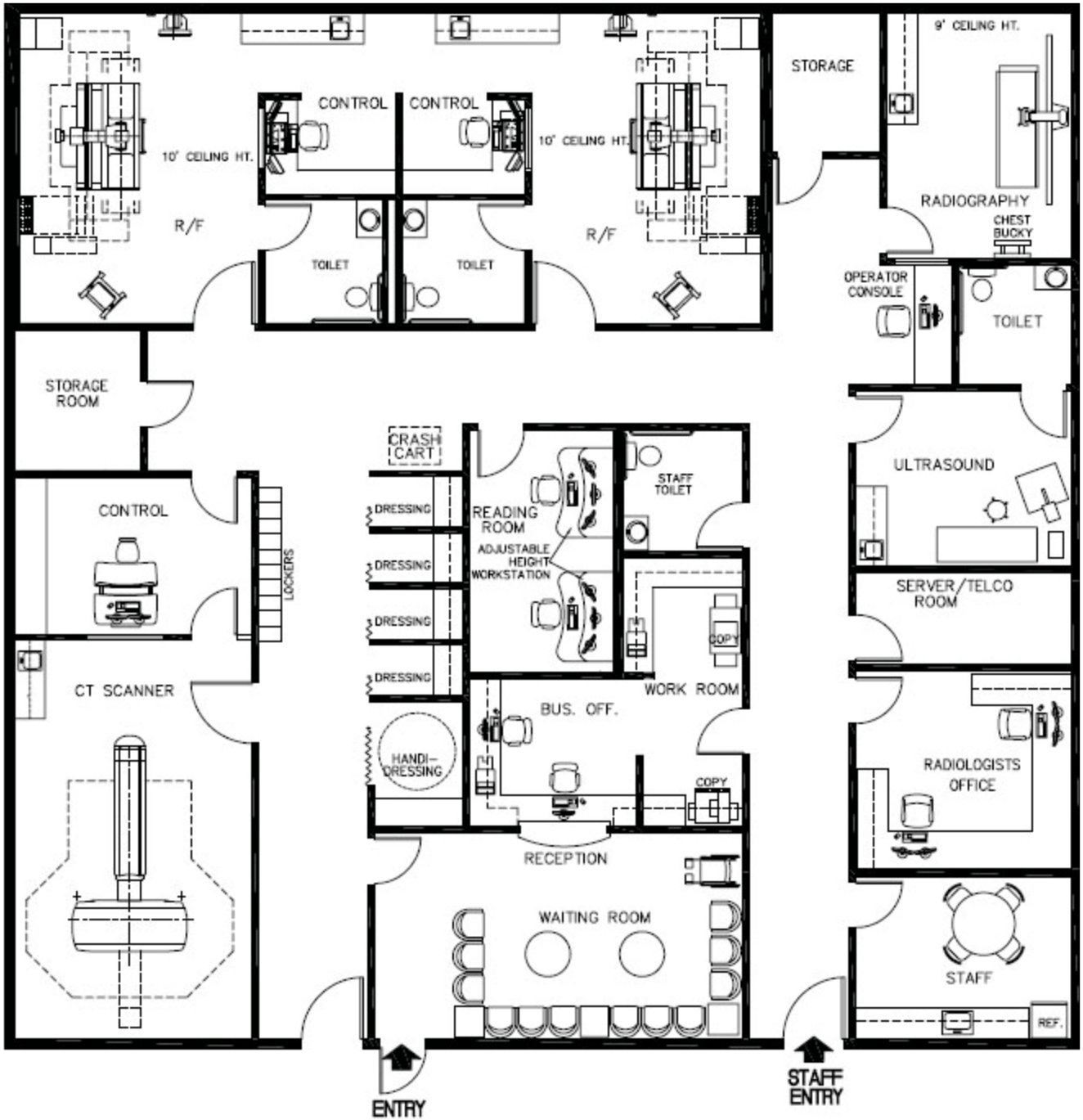
Case management is assigned to a Diagnostic Streamer. Patient interviews will typically be with all appropriate diagnostic technicians within one session.



Streamer's Meeting



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RADIOLOGY

4422 SF

PASCAS HEALTH SANCTUARY – MEDICAL ADVISORY COMMITTEE:

The medical advisory committee has a number of functions:

- a. Provide advice to the administration of the complex.
- b. Set the levels for ethics and skills.
- c. Endorse medical providers to use the facility and reject those who do not possess the standards set by the medical advisory committee.
- d. Advise on the equipment and physical assets required to enable the medical teams to function at the level set by the committee and the administration.
- e. Assist in ensuring that all proposed medical services are provided and at the highest possible standard.

A representative would be appointed from each department and the appointees then elect their chairman. A Leader will act as liaison officer between the committee and administration.

MEDICAL TEAMS:

Based around their various disciplines and frequently with over lapping boundaries:

| | | | |
|--------------|--|--|--|
| MEDICINE | Endocrinology Paediatrics Respiratory Oncology Haematology | (Diabetes - Thyroid - Endrenal) Cardiology Renal Medicine (crosses over to all sections) Dermatology | |
| PATHOLOGY | DIAGNOSTICS | RADIOLOGY | |
| SURGERY | Neurosurgery | Ears Nose & Throat Urology Orthopaedic Trauma Surgery In-Vitro Fertilisation Ophthalmic Surgery Faciomaxillary Surgery Plastic & Reconstructive Surgery | Gynaecology General Surgery Dental & |
| ANAESTHETICS | Anaesthetics Intensive Care - Coronary Care | Pain Clinic | |
| EMERGENCY | Crash Team | Ambulance | |

These teams will typically be drawn from the more than 200 medical specialists and 550 general practitioners practising within the region of service.

PASCAS HEALTH SANCTUARY – X-RAY UNIT:

DIAGNOSTIC SERVICE

The X-Ray Unit is possibly the most important and most expensive diagnostic unit within the total complex. The unit requires a wide range of equipment not only within the department but mobile units within the Theatre suites.

Access to the Unit has to be from:

1. The emergency / casualty service department and being direct.
2. Outpatients being referred by Doctors within the complex and outside the complex.
3. Inpatients being brought from the wards for examination and emergency service and support for the Theatres.

EMERGENCY

Emergency patients should not be moved long distances from one hospital department to another during crucial times in their fight for life says American radiographer Mary Lou Durizch.

And she says the best set-up for saving lives is often in smaller hospitals where the radiography department is next to the emergency room.

EQUIPMENT SUPPORT

An engineers office is to be set up within the hospital to enable bio-medical engineers to maintain the equipment on site. The room should be 4 metres by 4 metres and this would enable most maintenance and repairs to be carried out on site.

It is proposed that the Hospital would employ its own technician though he would be trained by the major equipment supplier for the department.

Service contracts after the initial 12 months warranty are 7% of the unit cost per annum however these can be negotiated down to 4%.

Steve Shapter, the past General Manager of the Medical Division of Toshiba (Australia) Pty Ltd (Bs 02 9887 3322 - current General Manager is Rosina Davies) has proposed that Toshiba would pay the Hospital for the use of its facilities for making the centre a training unit for Toshiba. About 20 technicians are trained at a time and they would be disbursed to all over South East Asia, Australia and New Zealand. The concept has merit in as much it will assist in the promotion of the complex in export market areas.

EQUIPMENT SUPPLIER

The best deal is to be struck with a supplier who can provide the widest range of equipment at the best price. Equipment must be compatible such as the CAT Scan must be compatible with the Linear Accelerator.

A one supplier situation will enhance maintenance as responsibility will be with one firm and economies in maintenance can be achieved as outlined above as well as the speed of the maintenance.

The supplier will have to actively promote our facility locally and overseas.

MAGNETIC RESONANCE IMAGING

Apart from its very expensive price tag of up to US\$4 million and the lack of any refund to Medicare patients, it is clear that the equipment is undergoing continual rapid development and that the correct time to review an acquisition would be in 1996. Rapid enhancements are being made to programs as well as the hardware which would put current models in the dark ages within two years.

MRI has the lead over CT's in the neurological department. It is clear that MRI can carry out a number of investigations that CT cannot do as well.

Dr Simon Strass states that he experienced the need for at least two patients per week requiring the services of MRI. A survey of a wide range of Doctors is required to be undertaken.

Space must be provided within the complex such as for MRI Spectroscopy.

EQUIPMENT SUPPLIER

They may be:

- Toshiba
- Fischer Imaging Aust
- General Electric
- Hitachi
- Phonar
- Seimans
- Philips
- Elscint Medical Equipment

DISABILITY accommodating MEDICAL CENTRE:

One in five people have a disability that needs medical attendance.

Access to health services



Disability group

Disability group is a broad categorisation of disability. It is based on underlying health conditions and on impairments, activity limitations and participation restrictions. It is not a diagnostic grouping, nor is there a one-to-one correspondence between a health condition and a disability group.

Broadly, grouping disabilities depends on whether they relate to functioning of the mind or the senses, or to anatomy or physiology. Each disability group may refer to a single disability or be composed of a number of broadly similar disabilities. These 6 separate groups are based on the particular type of disability;

- sensory and speech (sight, hearing, speech)
- intellectual (difficulty learning or understanding)
- physical (including breathing difficulties, chronic or recurrent pain, incomplete use of limbs and more)
- psychosocial (including nervous or emotional conditions, mental illness, memory problems, and social or behavioural difficulties)
- head injury, stroke or acquired brain injury
- other (restrictions in everyday activities due to other long-term conditions or ailments).



Comprehensive care delivery

- Patients are engaged as partners in their care
- Goals of care guide clinical decisions and the patient journey
- Diversity and equity are respected and supported
- Transparency is a core element of safety and quality care

Clear purpose, strategy and leadership

- A commitment to exceptional person-centred care is clearly stated in the organisations purpose and strategy
- Great leadership drives exceptional person-centred care, with the support of champions across the organisation
- A person-centred strategy is articulated to the workforce and the community and implemented across the organisation.

People, capability and a person-centred culture

- An organisational culture for person-centred care is built and maintained through long-term systematic approach
- The capabilities of all members of the workforce are continually developed through formal and informal learning
- The organisation regularly monitors and is dedicated to support workforce satisfaction and wellbeing

Person-centred governance systems

- Consumers and the community are involved in governance at all levels
- Consumers are trained and supported to meaningfully contribute
- Organisational structures and models of care are designed around the person
- There are clear accountabilities at all levels – from the board to the clinician
- Financial, strategic and operational decisions and processes are person-centred

Strong external partnerships

- Healthcare organisations have a comprehensive network of service partner and relationships
- There is a focus on seamless transitions and coordination of care
- Healthcare organisations operate as leaders in the system improvement
- Community volunteers are recognised and supported as critical partners in enhancing the patient experience

Person-centred technology and built environment

- Person-centred design principles are applied to the built environment
- Healthcare organisations are pragmatic and innovative where resources are limited
- Technology must enhance patient experiences and outcomes, but also not be relied upon alone

Measurement for improvement

- There is culture of learning and continuous improvement
- Measurement can be acted on to improve outcomes and reflects what patients and communities value

The term “medically disabled” refers to **disability based solely on impairment(s) which are considered to be so medically severe as to prevent a person from doing any substantial gainful activity.**

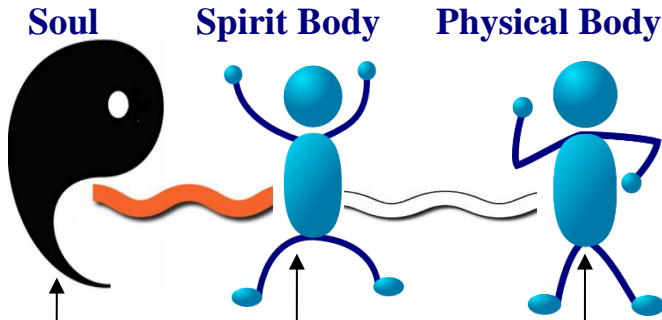
Recognising that each person with a disability has unique needs, we offer services that aim to provide an array of support options to help you make the best decision. Programs like [Adult Family Care](#) and [Personal Care Attendant](#) offer ways for you to live with a caregiver or on your own with just the right amount of in-home support for your needs, while [Healthy Living](#) workshops can help you learn to better manage your condition and take control of your life.

- | | |
|---|--|
| Adult Day Health Screens | Information & Referral |
| Adult Family Care | Long-Term Care Ombudsman Program |
| Benefits Counselling | Meals on Wheels |
| Case Management | Money Follows the Person |
| Community Choices | Nursing Facility Discharges |
| Community Nursing Facility Screens | Nutrition Education & Consultation |
| Congregate Housing | Options Counselling |
| Consumer-Directed Care | Personal Care Attendant Program (PCA) |
| Enhanced Community Options | Private Pay Care Management (Senior Options) |
| Farm to Home Food Program | Respite Services |
| Home Care Services | Rides for Health |
| Information and Caregiver Resource Centre | Serving the Health Insurance Needs of Everyone |
| Healthy Living | Supportive Housing |
| <ul style="list-style-type: none"> ○ My Life, My Health: Living Well with Long-Term Health Conditions ○ Chronic Pain Self-Management ○ Diabetes Self-Management ○ A Matter of Balance: Managing Concerns About Falls ○ Healthy Eating For Successful Living in Older Adults ○ Enhance Wellness Coaching ○ Healthy Living Testimonial | |

Benefits of person-centred care

| | | | |
|--|--|---|---|
|  <p>Better patient and community experience</p> <ul style="list-style-type: none"> ✓ Improved patient satisfaction ✓ Improved patient engagement ✓ Improved community perceptions of healthcare organisations |  <p>Better workforce experience and improved wellbeing</p> <ul style="list-style-type: none"> ✓ Improved workforce satisfaction ✓ Improved workforce attitudes ✓ Less workforce turnover ✓ Reduced emotional stress for the healthcare workforce ✓ Improved workforce wellbeing |  <p>Better clinical outcomes, safety and quality</p> <ul style="list-style-type: none"> ✓ Lower mortality ✓ Reduced readmissions ✓ Reduced length of stay ✓ Reduced healthcare acquired infections ✓ Improved treatment adherence |  <p>Better value care through lower costs of care</p> <ul style="list-style-type: none"> ✓ Shorter length of stay ✓ Lower costs per case ✓ Better utilisation of low versus high cost workforce members ✓ Less workforce turnover |
|--|--|---|---|

HIERARCHY of HEALING SYSTEMS



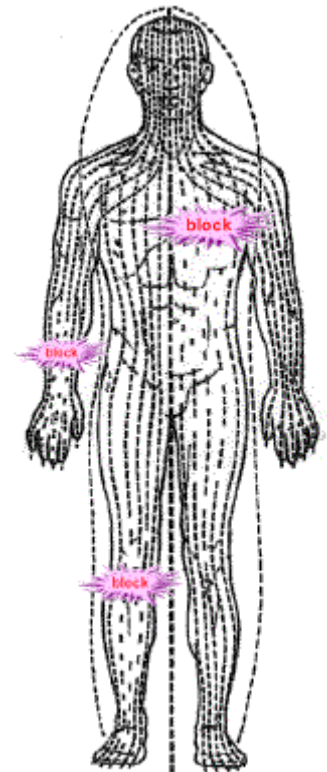
ALLOPATHIC – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven. Symptoms are suppressed – no healing!

ENERGY HEALING – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6th spirit Mansion World.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes – temporary healing.

FEELING HEALING – EMOTIONAL EXPRESSION addresses the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If we focus on our childhood suppression, that is the commencement on our pathway home to our Heavenly Parents. Improving our soul condition is the ultimate goal.



When educators do not know what it is that they are teaching - that is the subject of Medicine!

Doctors do not know what the cause is of any illness - that is maybe why they have identified more than 10,000 illnesses and diseases!

Education and Health systems are now to EVOLVE!

The elephant in the room being: CHILDHOOD SUPPRESSION

The pathway forward is to embrace: FEELING-HEALING

Pathway Forward

Hippocratic Oath



New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

The Golden rule is: Never interfere with another's will.

God's Divine Love: Pray for it, ask for it, and receive it.

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

PASCAS FOUNDATION (AUST) Ltd



7 July 2022

Pascas Foundation (Philippines) Inc TEAMS

A paramount team leader may be seen in:

<https://www.gobankingrates.com/net-worth/politicians/volodymyr-zelensky-net-worth/>

“Volodymyr Zelenskyy earned most of his money as a Ukrainian entertainer, starring in Russian-language films including “Love in the Big City,” “Office Romance,” and “8 First Dates.” The tri-lingual president, who is fluent in Russian, Ukrainian and English, also dubbed the Ukrainian voiceovers for “Paddington” and “Paddington 2.”

“From 2015 to 2019, he starred in a political satire comedy series, “Servant of the People.” The oddly prophetic show, which aired for 51 episodes, chronicled the adventures of a high school teacher turned president of Ukraine. In 2019, Zelenskyy ran for office and was elected as president.

“Although this marked Zelenskyy’s first foray into politics, he does have the education to back up his recent career change. He graduated from Kryvyi Rih Institute of Economics with a law degree, but never practiced, according to ClutchPoints.

“Zelenskyy’s current role as Ukrainian president earns him only 28,000 Hryvnia per month, or just US\$930 per month, per Celebrity Net Worth — which is an annual salary of roughly US\$11,200 per year.

“The Ukrainian president, Volodymyr Zelenskyy won the hearts of the western world when, upon the recent invasion of his country by Russia, he refused an offer from the U.S. to help him evacuate from the capital, Kyiv. “I need ammunition, not a ride,” he famously said.”

A fringe benefit of being President is that you may be provided with body armour!


Communications are difficult at the best of times, however within a multicultural / multilingual nation such as the Philippines, the multiple languages being engaged throughout the nation makes communications even more difficult.

Control is an addiction throughout all of humanity. Control over others as well as control over the environment. We have all been induced since very early childhood to be mind-centric. It is our mind that is addicted to control, control over others and the environment. Further, our mind cannot discern truth from falsehood, our mind is also addicted to untruth. Consequently our assumptions are 98% of the time in error – the other 2% are flukes!

Thus, Pascas universally gravitates to favour functioning as **TEAMS**.

Kindly go to www.pascashealth.com, then the Library Download page, scroll down the index to CORPORATE FOUNDATION DOCUMENTS, and click to open:

 [Pascas WorldCare Teams.pdf](#)

 [Pascas WorldCare Teams and Bottom Up Democracy.pdf](#)

 [Pascas WorldCare Teams Wisdom & Operation.pdf](#)

 [Pascas WorldCare Teams with PTQP.pdf](#)

Teams provides for team members to have the potential to experience and develop in the areas they prefer and that the community of the team is a focus training and experiencing environment. It is not hierarchical, there is no paramount dominant authority, we are each to be listened to.

Consequently, there are no closed office doors. It is even preferable to remove all doors from offices. We may even go so far as to throw away keys to filing cabinets. Human resource people may retain confidential files appropriately.

An hierarchy sometimes has a director as its pinnacle. So, what is a director?

When a corporation is established, the Register of Companies requires directors to be nominated. It is a statutory requirement. These appointees authorise annual reports, consequently sign same, they call meetings and tend to officiate at annual general meetings. Over a full year, this may take as little as one hour of their time. It is a statutory requirement!

A group in an organisation that may be seen as important is the executive leadership administrative team – ADMINISTRATION – and it is this team who develop wide ranging, comprehensive, oversight, managerial supportive skills. They have multiple rolls. And they are to fill in for each other. They are to act intuitively. They are the big picture / little picture guys. They may be highly educated or just highly experienced. But, most importantly, one is not any more ‘important’ than the other. They are all very important and critical to the vibrancy and productivity of the venture.

With a team, the team as a whole is the hierarchy. And this hierarchy does anoint a team leader, typically for a year. Leadership is important, but more important is our individual experiences. It is from what we experience that we discover and thrive from. We are to express what unfolds for us through our feelings, we are to share our feelings to our companions and we are to seek / long to understand that which we are feeling, both good and bad. This we will and are to do for eternity.

We each have been suppressed in expressing ourselves. This commenced from the moment of conception. Our parents, once they realised (eventually) that we were here, began to impress upon us THEIR plans for us. That amplified when we were born and by the time we were six years of age they have totally suppressed our true personality, the one our Heavenly Parents know us by, and we have ever since been presenting a personality façade that our parents imposed upon us. This is how and why we are all in such a difficult and confused state.

Now, under TEAM structures there are no titles. Everyone is to be encouraged to express their true selves, they are to be provided with pathways and windows to truly be themselves, to follow their passions. This is unique and difficult to comprehend, let alone accept and engage in. Admittedly, this will be difficult to achieve, however let us give it a chance to unfold.

As no one has a title, then we each have a generic title such as ‘administration’. We are to embrace our passions and let them shine. There are no ‘directors’, there are no ‘executives’, we are each very important, unique, special personalities and our title is our NAME!

We each have somethings, some gifts, something special, an experience, a desire, a personal but withheld ability and this is what Pascas welcomes and invites to have bloom. Yes, sometimes this will drive us crazy with what the hell are you doing, and then we will discover that we all benefit by this expression of individuality – so let us all stand together to allow individuality to bloom!

BUSINESS CASE:

We are each unique personalities. There is no one else like you or me on Earth. There never has been and there never will. Yet, from the moment of conception we are driven to adopt a false façade personality that typically our parents and early childhood carers impose upon us.

Firstly, we are continually influenced to live mind centric, we ‘need’ to develop our minds, we need to learn our times tables, we need to learn our alphabet, we need to learn poetry by rote, we need to do all kinds of things. But most damaging and dangerous is we ‘need’ to worship our minds and suppress our feelings. This starts from conception and by the time we are six years old we are entombed in our minds. Our personality is now imprisoned in a steel wrecking ball and this has fixed our life experiences into place – suppression of our true personality will now continue throughout our whole life.

This is what our early childhood suppression and ongoing repression brings about:

- We worship our minds which cannot discern truth from falsehood.
- We embrace our mind’s dominance which causes us to need to be in control.
- Our mind is addicted to control of others and the environment.
- Also, our mind is addicted to untruth.
- As we worship our mind, we embrace the ‘assumptions’ that it unfolds for us. These assumptions are 98% in error with only 2% being in truth – these being flukes!
- When we ‘think’ we are disguising yet more erroneous assumptions.
- We are taught to suppress our feelings – Billy, don’t cry or I will give you something to cry about!
- Our feelings are always in truth. Our feelings surface from our heart area – ‘I should have followed my gut feelings’ – as against from the mind. Our feelings originate from our soul which is ALWAYS in truth.
- We are to live embracing our feelings having our mind assisting in implementing what our feelings guide us to consider. Feelings first with our mind to follow. This is in total contradistinction to how we are brought up to live.
- We are too long to understand the truth that we are to recognise from that which our feelings draw to our attention, both good and bad. Everything that we need to know is already known to us should we embrace our feelings and seek / long / ask for that which we feel for.
- As we are ALL mind centric, can we determine if any of these revelations are true and how?
- Dr David R Hawkins in ten books, starting with “Power vs Force”, introduced the “Map of Consciousness” (MoC) and with kinesiology muscle testing, not only can we determine if a statement is true or not true, we can also determine the level of truth of any statement. You and I can test each and every one of these statements for truth and the level of its truth.
- If we can hold in mind a statement then we can test its level of truth in less than one minute.
- The cost of UNTRUTH to society is 100% of all the social ailments that prevail throughout humanity, the consequence of living mind-centric, of worshipping our minds.
- Some 200,000 years ago high level spirit personalities seduced humanity to embrace our minds as the pathway to becoming mini-gods, to becoming all powerful through our minds. Only now, in 2022, do we understand how to heal ourselves of this error. It is not easy but that is what we all will do (eventually).
- As we each have taken on the emotional injuries and errors of belief of our parents, this impedes the flow of energy to and from all of our bodies to be out of balance – out of truth. This energy flow is like the electric circuit required to drive an electric appliance, like a light bulb. This is our soul light

that animates our spirit bodies and then in turn our physical body. When we are not in truth, the light we return is out of balance with what we received.

- Soul light being out of balance is the driver and origination of each and every one of our physical discomforts, pains, illnesses and disease. This is the consequence of living mind centric rather than feelings first.
- As we as parents live mind centric then when conception occurs, the newly arriving personality is literally fire-hosed with our emotional injuries and errors of belief. This dramatically damages the soul-light circulation for that perfectly formed child. A miscarriage is of a direct consequence of our injuries. A child being born with physical defects is of a direct consequence of our injuries. Childhood illness is of a direct consequence of our personal injuries.
- During our early childhood our soul condition degrades to the level of our parents!
- As we go on throughout the child's early forming years suppressing its true personality, endeavouring to mould its personality to what we believe it should be, we are bringing it into the condition that will be how it will experience life and its physical health.
- Every one of us is presenting a façade personality imposed upon us by our parents.
- Every one of us is suffering ongoing repression of our true personality to varying degrees.
- It is this early childhood suppression that fills the health system and hospitals with medical issues to be addressed all the way through our life to our physical death.
- It is this early childhood suppression that overwhelms the policing, courts and prison systems.
- It is this early childhood suppression that generates domestic violence.
- It is this early childhood suppression that has whole societies functioning in a stupor – moronic!
- It is this addiction to untruth from being mind-centric that we have conflicts and wars –
CIVIL UNREST!
- While living mind centric we cannot evolve beyond 499 on Dr David R Hawkins' Map of Consciousness (MoC). We cannot grow and live beyond what is the equivalent to the first spirit Mansion World. We are to evolve through the equivalent of seven spirit Mansion Worlds before we can enter the first of the Celestial Heavens. Prior to being conceived we each were in the condition equivalent to the seventh spirit Mansion World – just below being Celestial.
- Only when we embrace our feelings and begin to Live Feelings First, only then can we grow beyond the restraints, the restrictions of living mind centric. We have been purposely restrained by hidden controllers who seduced us to live mind centric – now we can heal that error and what we have individually taken on of that misguidance and grow to being of a Celestial Soul Condition even while living here physically on Earth.
- We now have the pathway to heal ourselves physically and then avoid conflict and war. The cost of this is our personal time and energy to embrace THE NEW WAY by LIVING FEELINGS FIRST and then go on and embrace FEELING HEALING. This is what Pascas is introducing to all of humanity. It is a way of living, it is not a religion.
- It is simple to introduce but difficult to do. Yes, others are healing themselves.
- The alternative is continuing with living in the despair and pain that you see around us.
- The golden rule is: "Never interfere with another's will."

The contents of this document test:

TRUE

On the Map of Consciousness, the contents of this document calibrates at:

MoC 1,000

John the Typist

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

| Level | Log |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE | 600 |
| JOY | 540 |
| LOVE | 500 |
| REASON | 400 |
| ACCEPTANCE | 350 |
| WILLINGNESS | 310 |
| NEUTRALITY | 250 |
| COURAGE | 200 |
| PRIDE | 175 |
| ANGER | 150 |
| DESIRE | 125 |
| FEAR | 100 |
| GRIEF | 75 |
| APATHY | 50 |
| GUILT | 30 |
| SHAME | 20 |

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

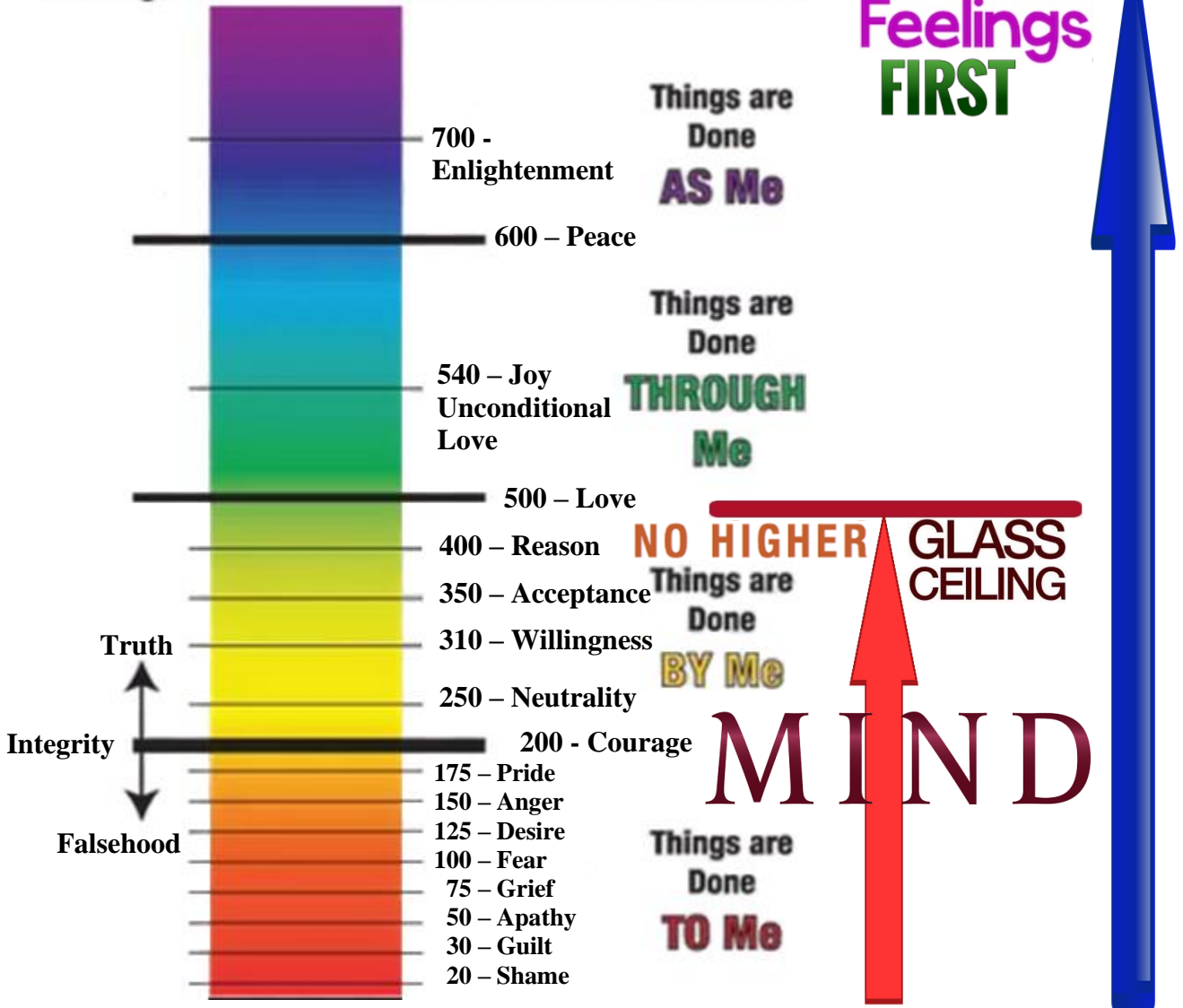
Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

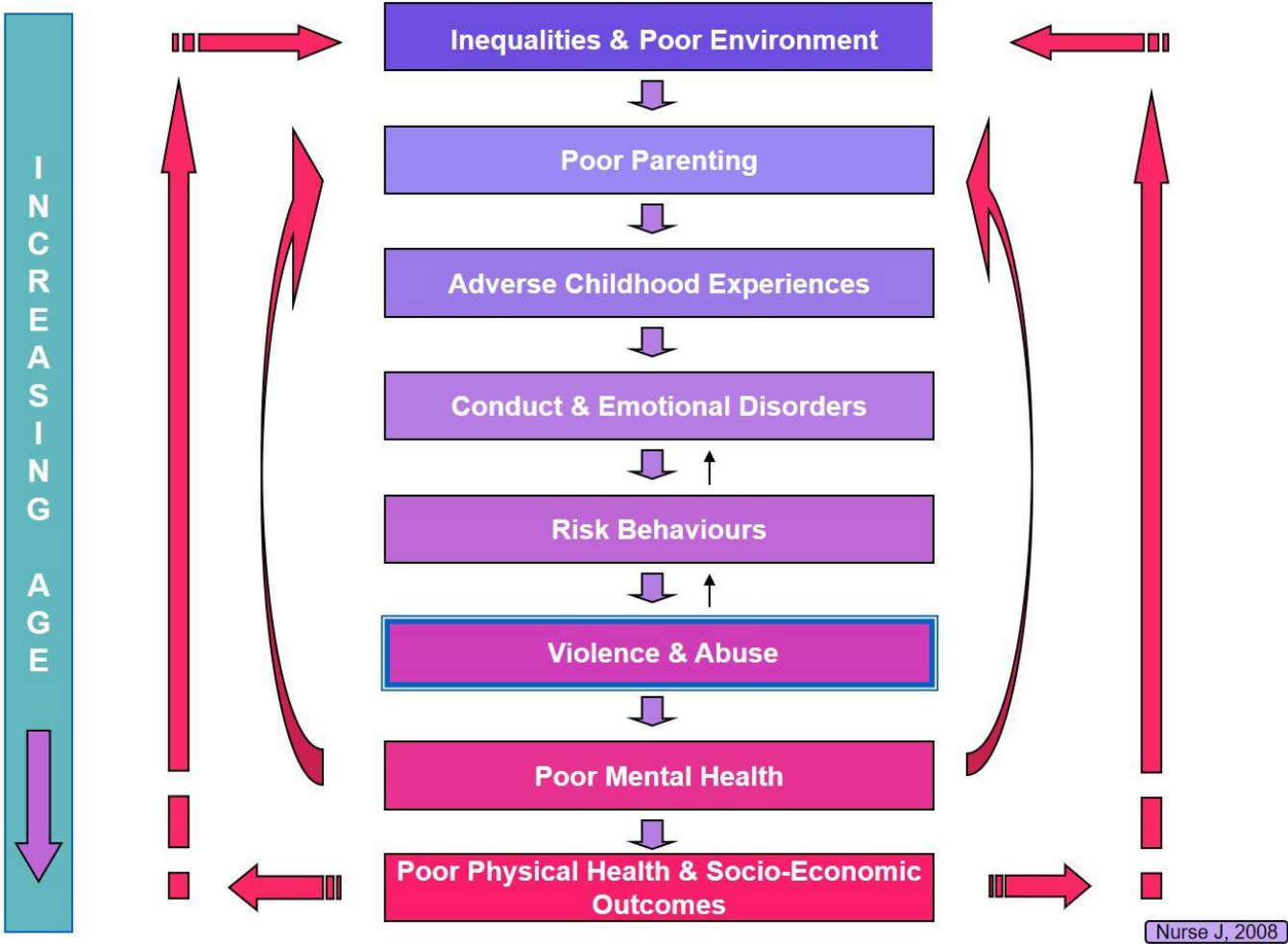
Map of Consciousness



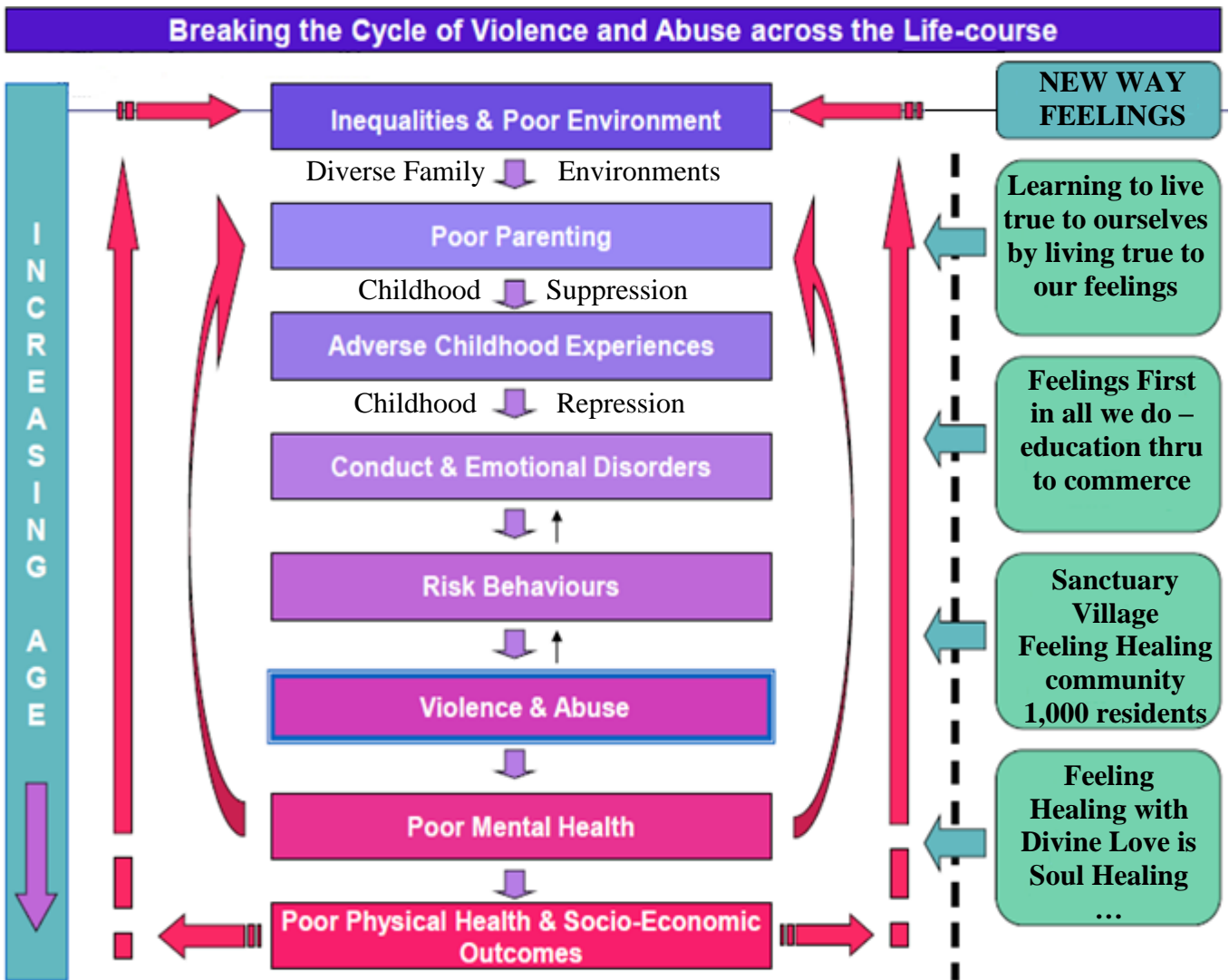
LIFE IS FOR LEARNING



The Cycle of Violence and Abuse across the Life-course

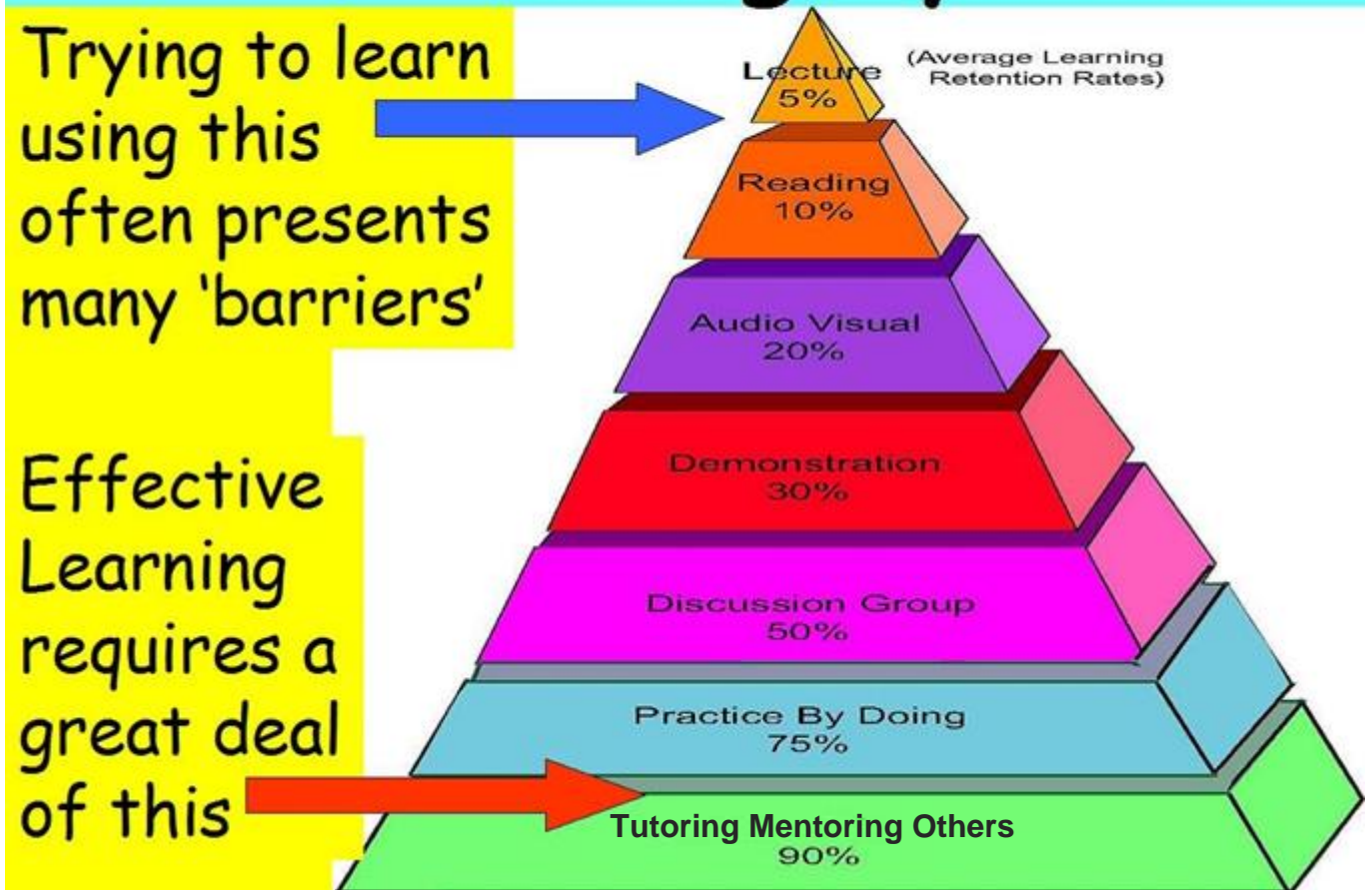


Seek **truth** from the cradle to the grave.



Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.

The Learning Pyramid



100% retention is **Natural Self Expression**

Correlation of Levels of Consciousness and Societal Problems

| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate "Life is OK" | Rate of Criminality |
|------------------------|----------------------|-----------------|-----------------------------|---------------------|
| 600+ | 0% | 0.0% | 100% | 0.0% |
| 500-600 | 0% | 0.0% | 98% | 0.5% |
| 400-500 | 2% | 0.5% | 70% | 2.0% |
| 300-400 | 7% | 1.0% | 50% | 5.0% |
| 200-300 | 8% | 1.5% | 40% | 9.0% |
| 100-200 | 50% | 22.0% | 15% | 50.0% |
| 50-100 | 75% | 40.0% | 2% | 91.0% |
| <50 | 97% | 65.0% | 0% | 98.0% |

*From our head to our toes,
what our feelings say goes!*



Feelings, good and bad, are to be expressed.



Talk it Out!



Heartfelt feelings are our truth.

LONG to KNOW ABOUT what you are FEELING!
Long to understand the truth behind
what your feelings are pressing upon you.



Ask to know the truth about that which you feel.
It is knowing the truth of that
which you feel that sets you free!



Always be true to your feelings
because they are your truth
and truth is love and our way home!



Express your feelings to those who matter to you.
Suppressed feelings bring about pain and illness.
Talk it out to a friend!

One to One Sharing:

Talk it out with a buddy what happened with you yesterday or over the weekend. Was it fun? Was it not? Was it a bother? Why do you feel it was that way for you? Say to your friend what ever comes up in how you feel about what happened for you. Then listen to your friend share his/ her day / days and what she / he experienced. Then ask your friend to talk again later.

Junior school classroom with a student assisting. Students to form into pairs and discuss their feelings about their experiences.



Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at <https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

MIND IN CONTROL

This is how it is!



FEELINGS FRIED

Great U-Turn

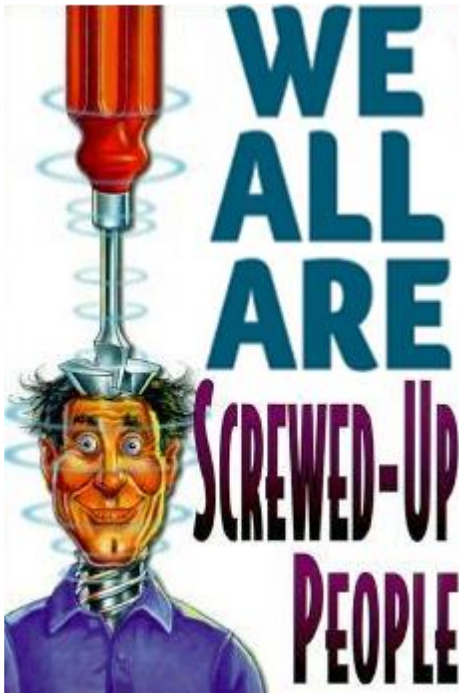
Feelings
in Control

This is how it is to be!

Mind in Support



**Consider asking yourself this question:
Who hurt me when I was a child?**



THE SCRATCH

"All that we need to know is within us all. We need to long for the truth behind that which our feelings are bringing our attention to. Behind each feeling there will be another and even more truth of ourselves to be embraced. We have been misled for aeons and now we can excel and blossom as we are intended to do so. Our potential is infinite."

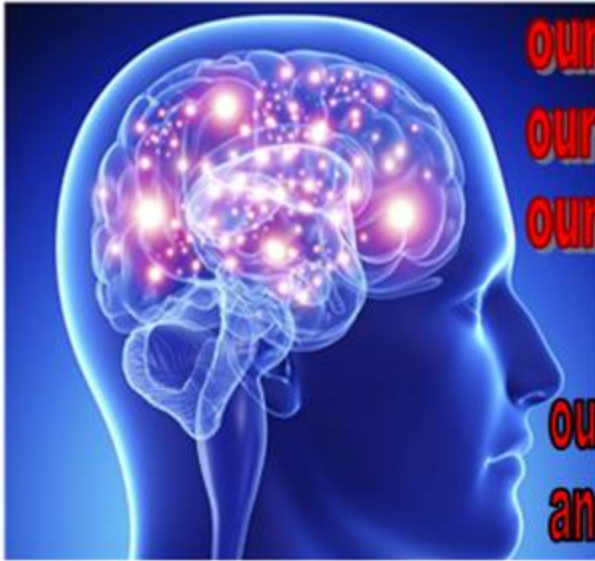
John the Typist

It is time for us all to bring our mind into balance with our feelings and open our pathway to the potential within each of us. Few recognise the difficulties that being mind-centric cause each of us. We literally worship our minds while suppressing our feelings and our true personality. We act upon assumptions that are around 98% of the time just wrong. We may start a conversation with "I think" meaning it is an assumption rising from our minds and then have a meaningless discussion!

We are truth seekers. Our life is about experiences and the feelings that arise from each such experience. Our physical existence is the commencement of our journey through our local system, local constellation, then out through our local universe and then all the way to Paradise, the home of our Heavenly Mother and Father. We each will excel in our own way and time.

Now is the greatest time in the history of humanity for it has now been revealed to us by higher level spirit personalities as to how we are to live, should we so choose to. And through these revelations we can now start to address appropriately and progressively all that ails society.

This is what Pascas Foundation brings to all the peoples of the world – revelations of **TRUTH!**



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

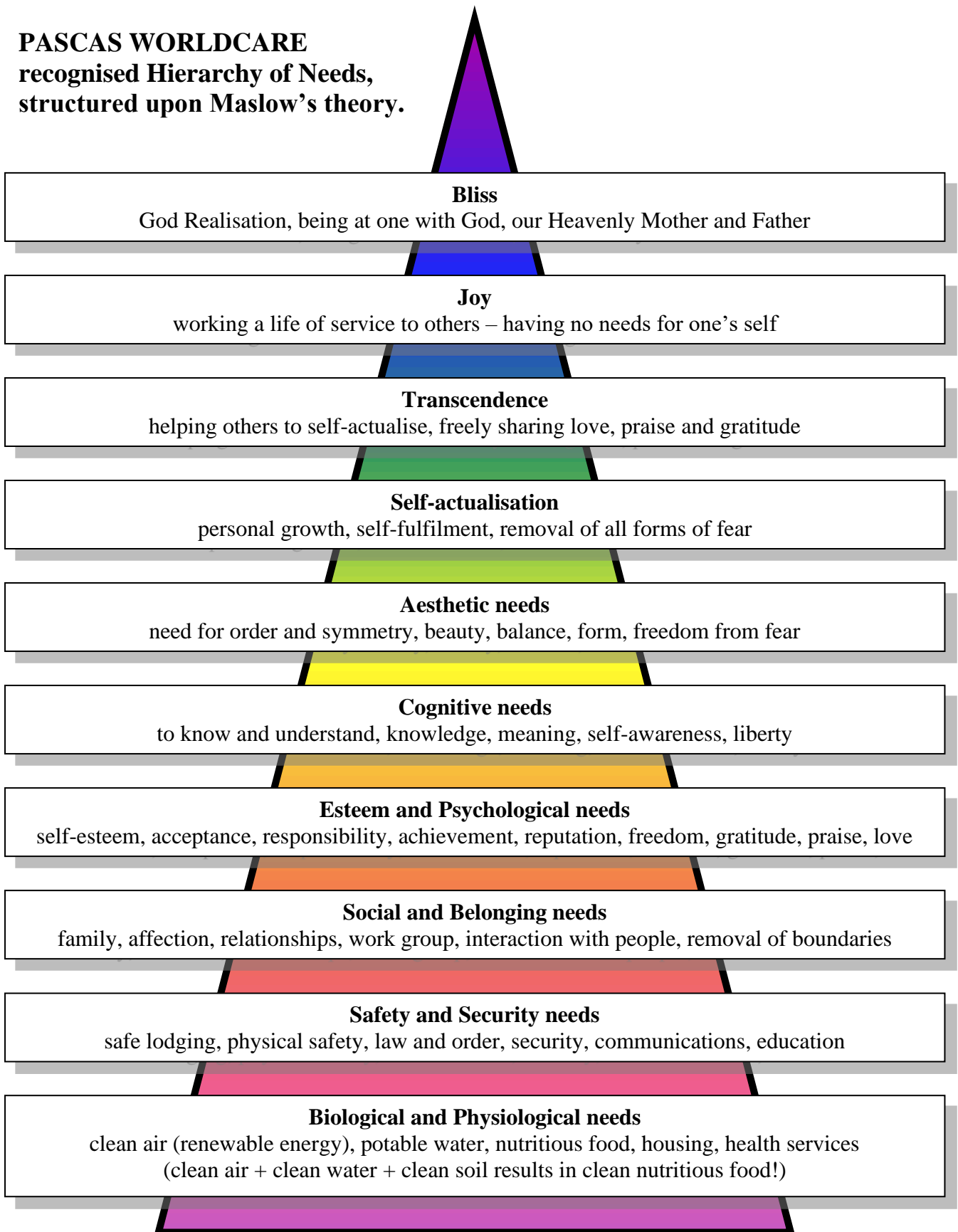
HEALING ends
MIND-CONTROL!



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

PASCAS WORLDCARE
 recognised Hierarchy of Needs,
 structured upon Maslow's theory.



MARKETING CONCEPT:

Career paths focused upon herein:

Education and Teaching

Nursing, Health and Medical

Agriculture and Food Security

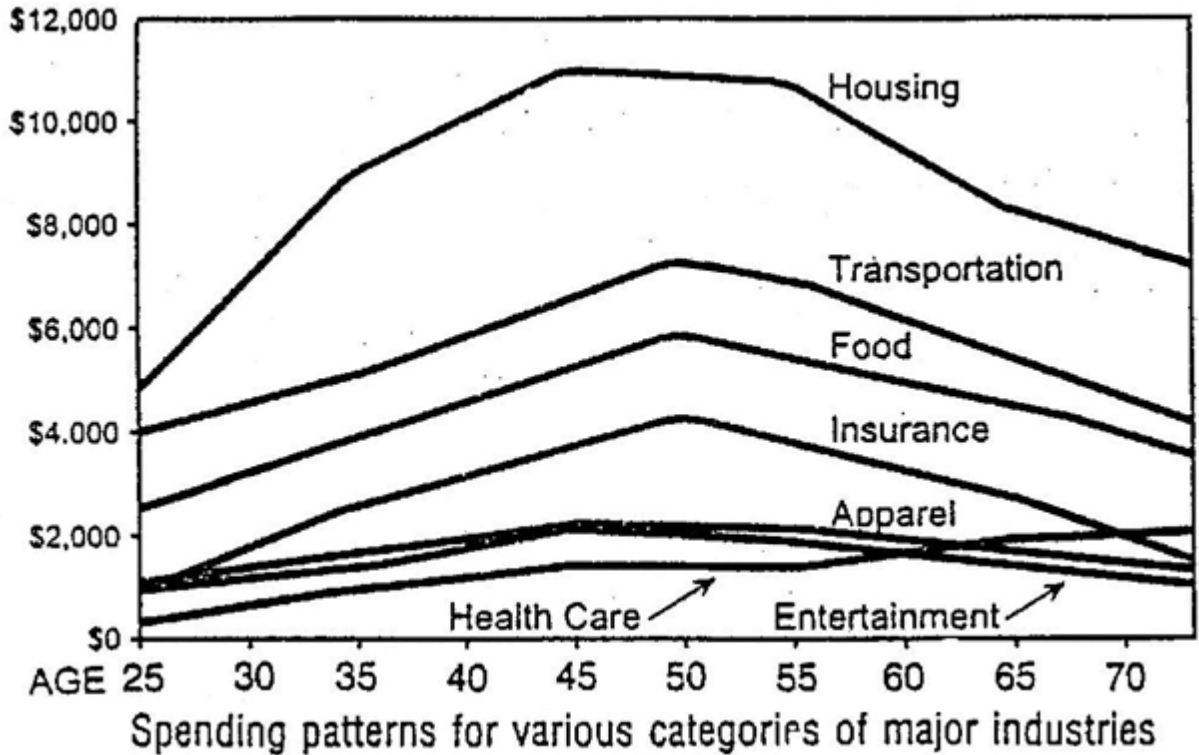
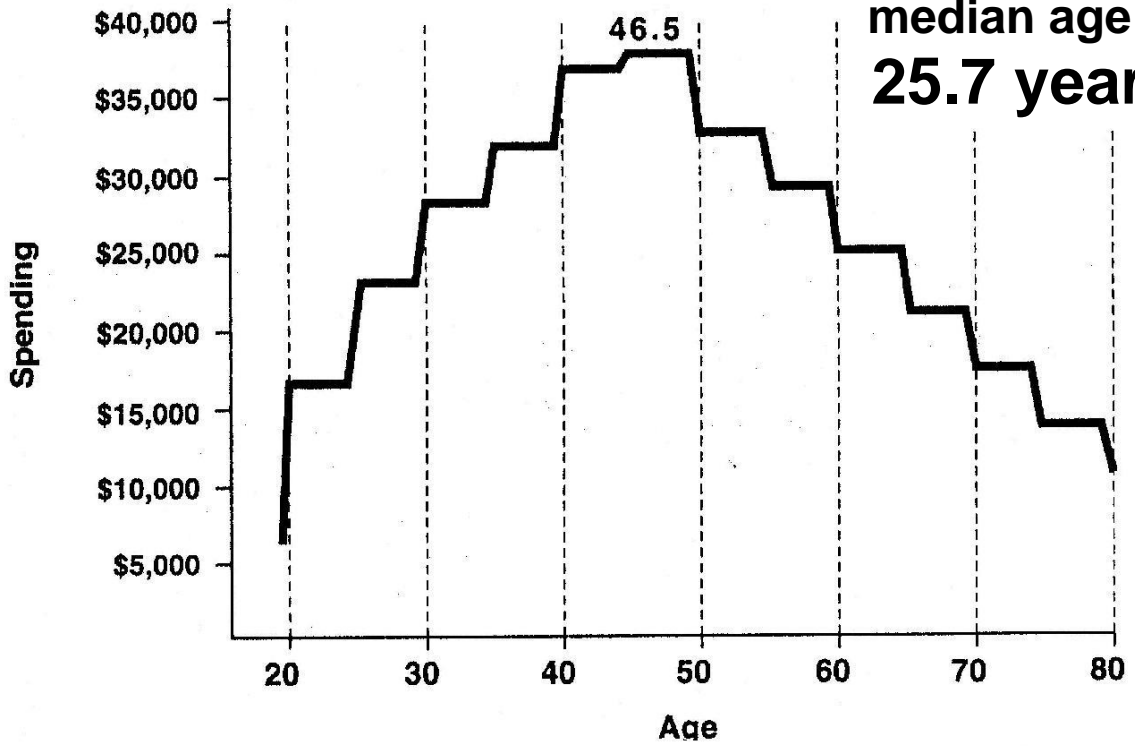


COMMERCIAL IN CONFIDENCE

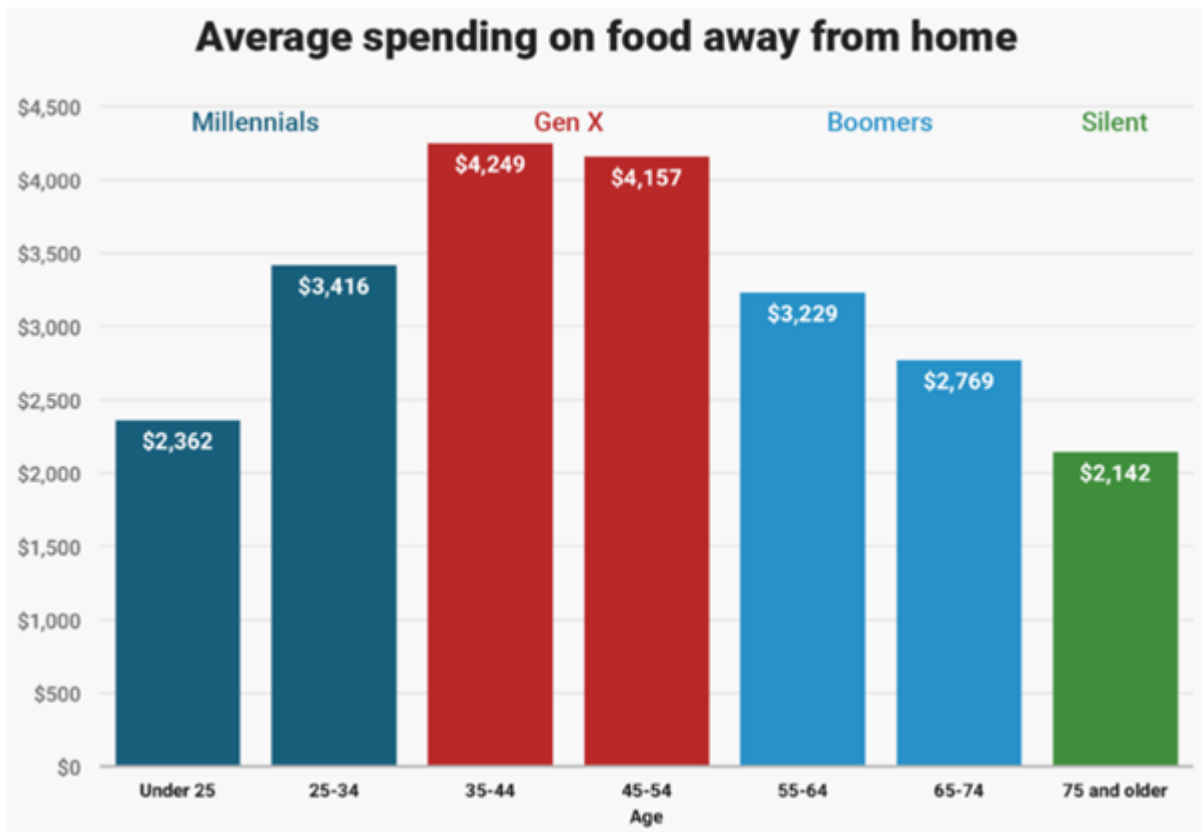
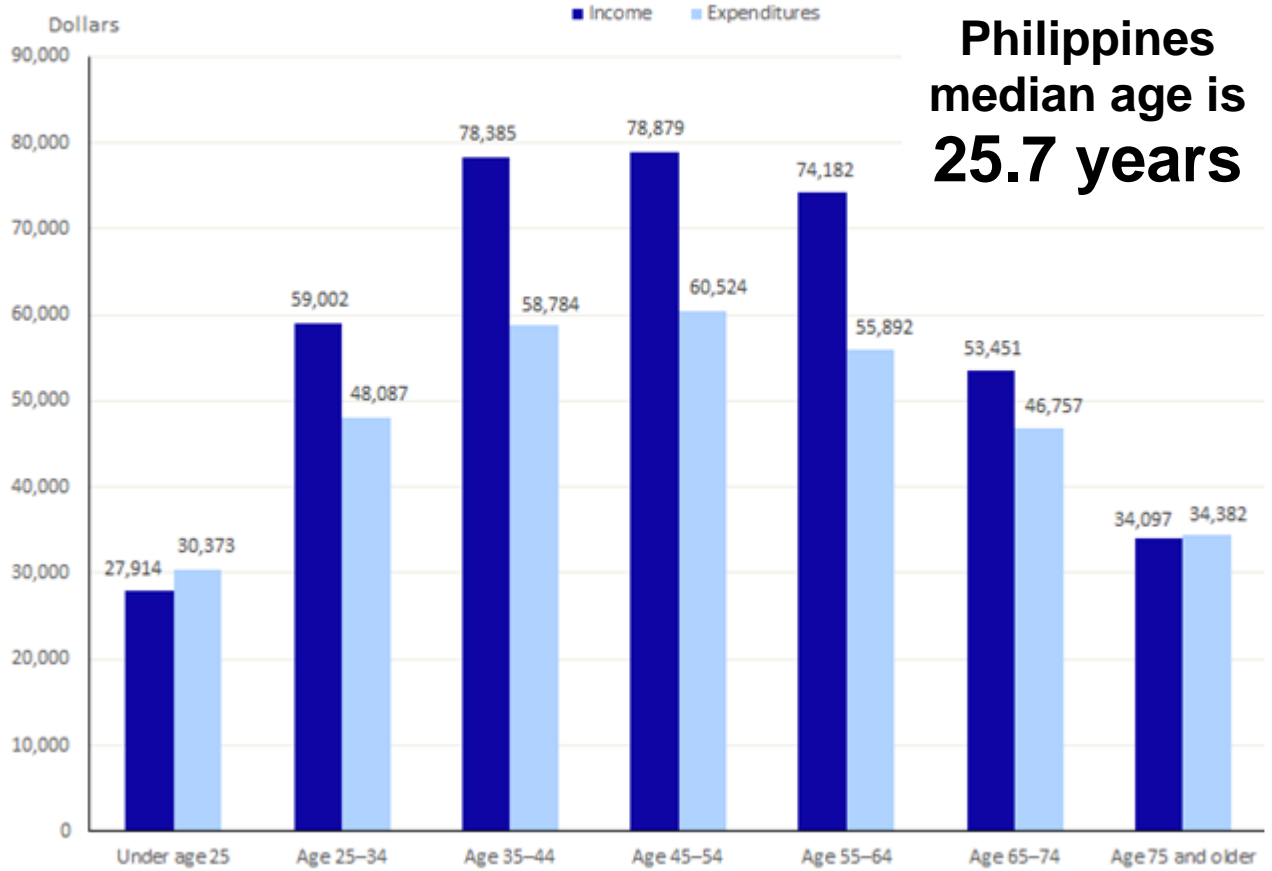
BUYER TRENDS – Patterns within societies:

Average Annual Family Spending by Age (5-year age groups)

Philippines
median age is
25.7 years

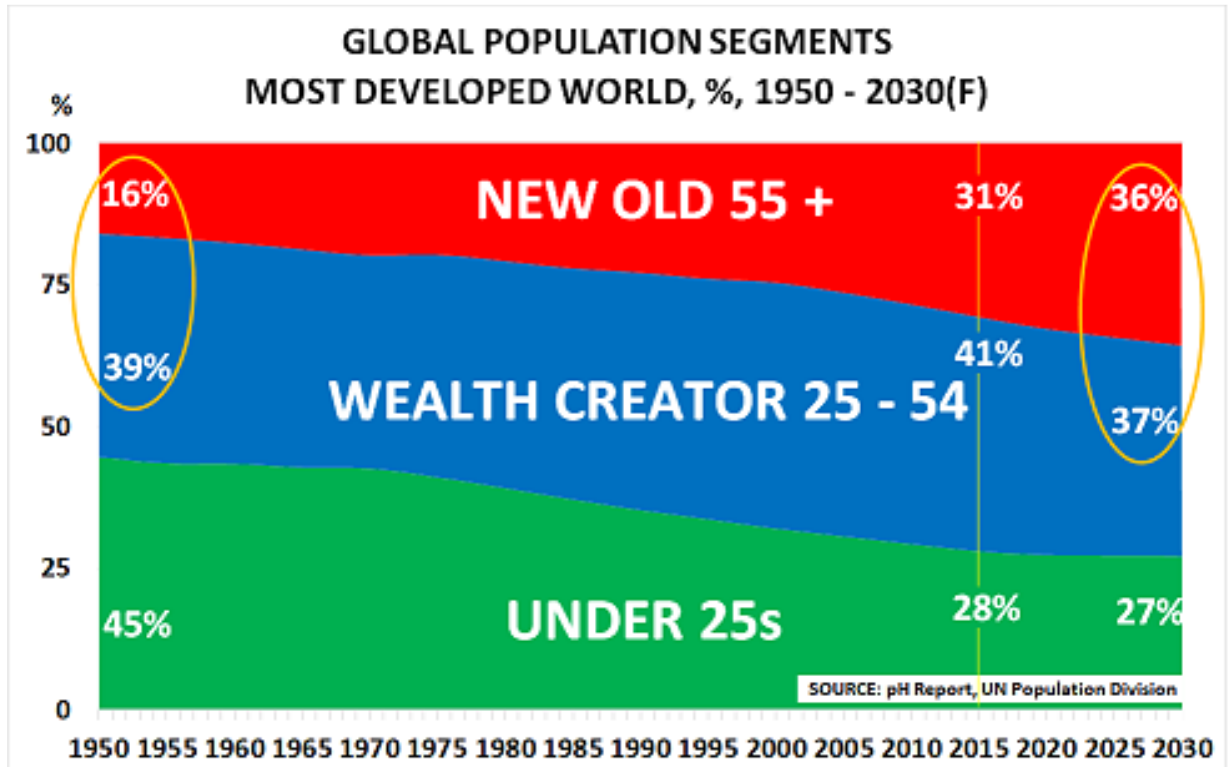
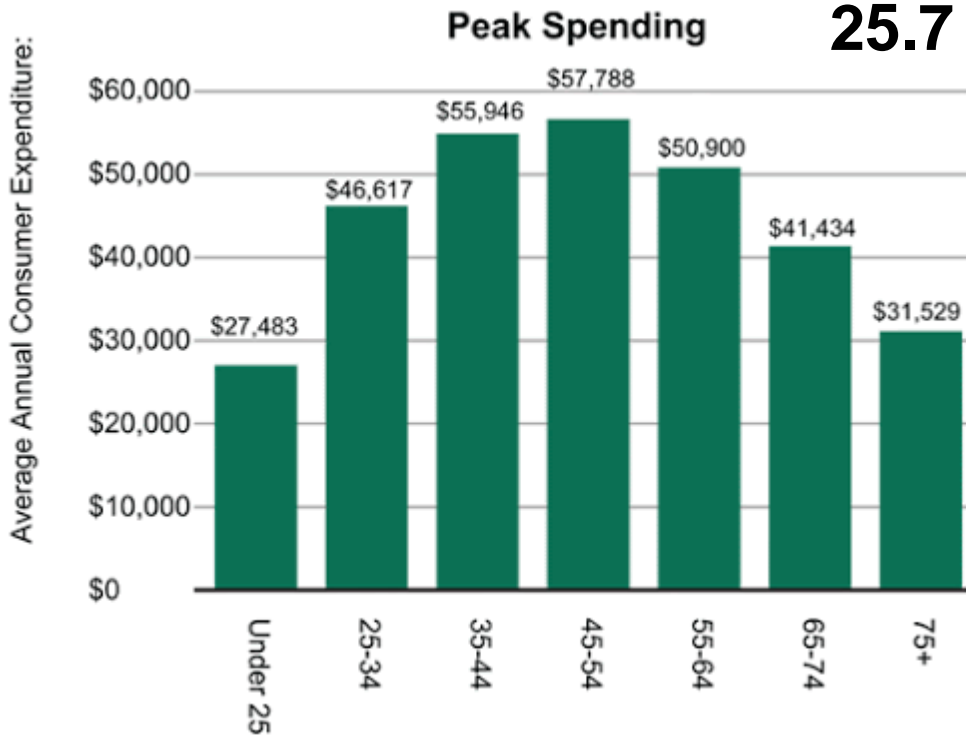


Income and expenditures, by age of reference person



These observations being relevant within every society:

**Philippines
median age is
25.7 years**



PHILIPPINES SALARY:

A person working in **Philippines** typically earns around **535,000 PHP (USD 8,920)** per year. Salaries range from **135,000 PHP (USD 2,250)** (lowest average) to **2,390,000 PHP (USD 40,000)** (highest average, actual maximum salary is higher). (USD 1 being PHP 60)

A Master's degree program or any post-graduate program in **Philippines** costs anywhere from **223,000 Philippine Pesos (USD 3,720)** to **669,000 Philippine Pesos (USD11,150)** and lasts approximately two years. That is quite an investment.

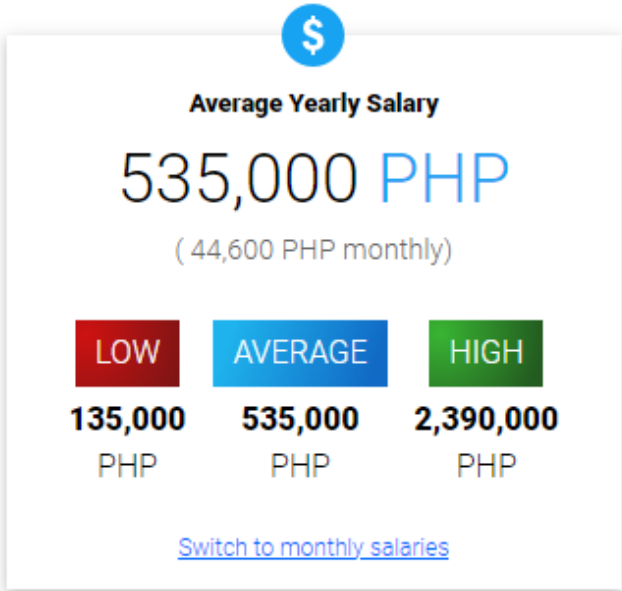
GDP grows 5.7% in Philippines

Gross Domestic Product of Philippines grew 5.7% in 2021 compared to last year which was negatively affected by Covid-19 pandemic.

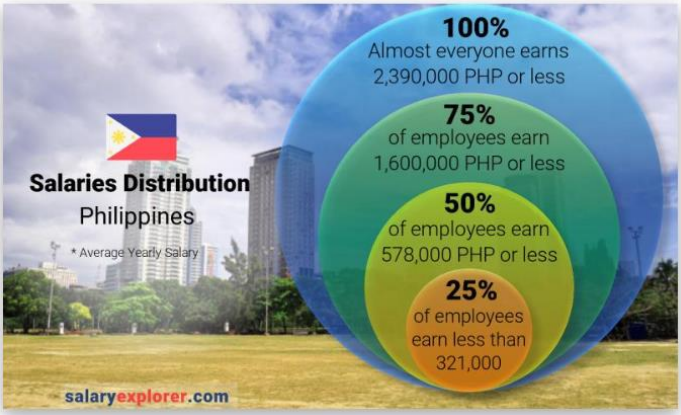
The GDP figure in 2021 was \$394,086 million, Philippines is number 38 in the ranking of GDP of the 196 countries that we publish. The absolute value of GDP in Philippines rose \$32,335 million with respect to 2020.

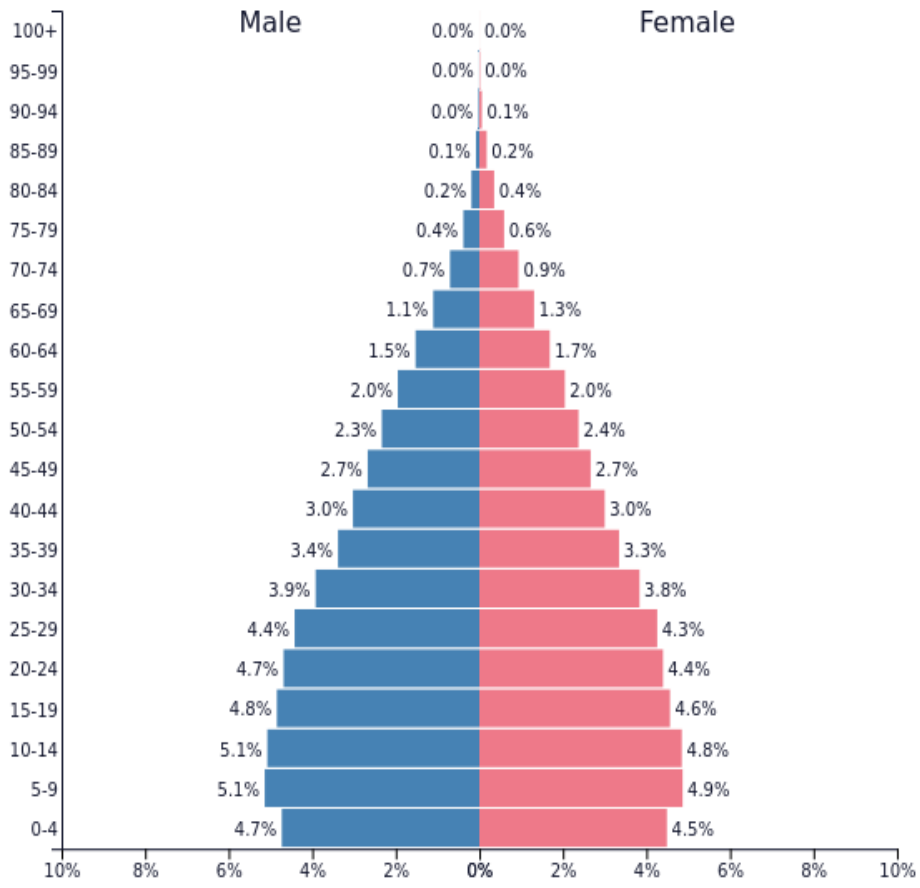
The **GDP per capita of Philippines in 2021** was US\$3,576, \$250 higher than in 2020, it was \$3,326.

The Gross Domestic Product per capita in Philippines was last recorded at **USD 3,412.59** in 2021. The Gross Domestic Product per capita in the Philippines was last recorded at **USD 8,301.23** in 2021, when adjusted by purchasing power parity (PPP).



Distribution of Salaries in Philippines





PopulationPyramid.net

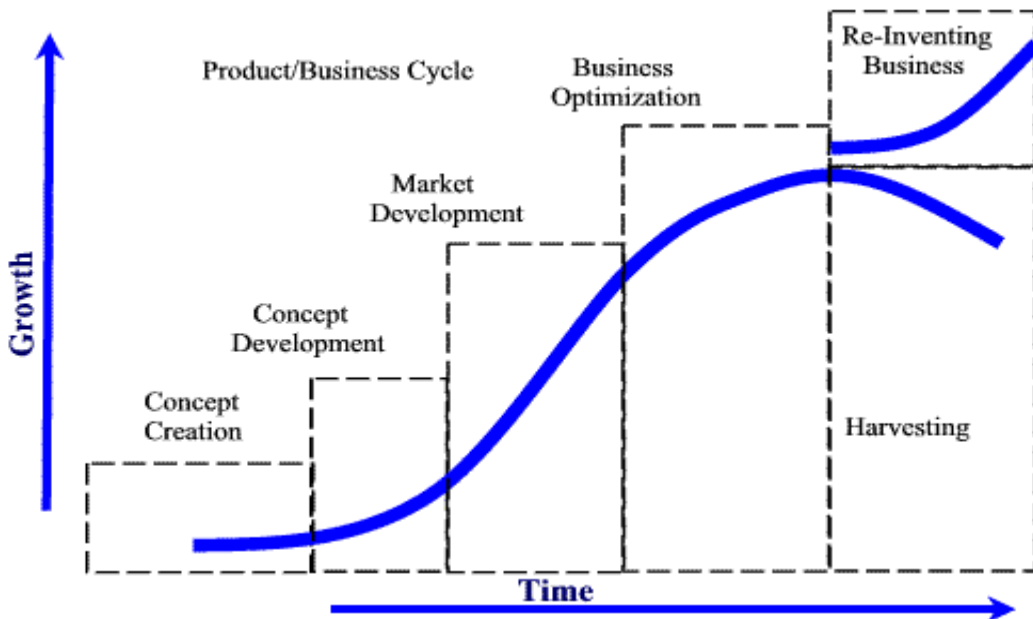
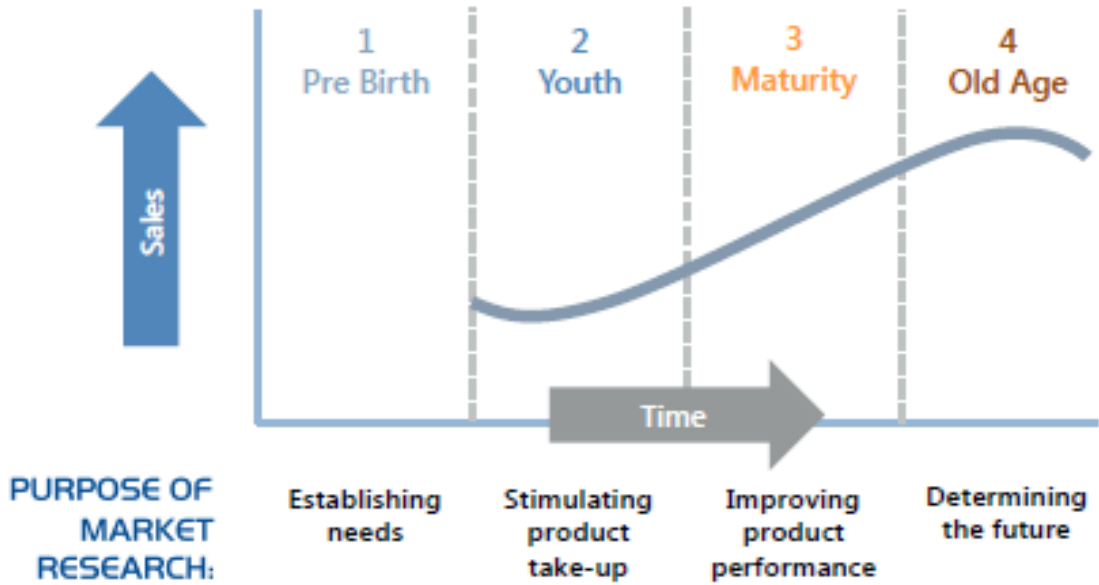
Philippines - 2022
Population: **112,508,991**

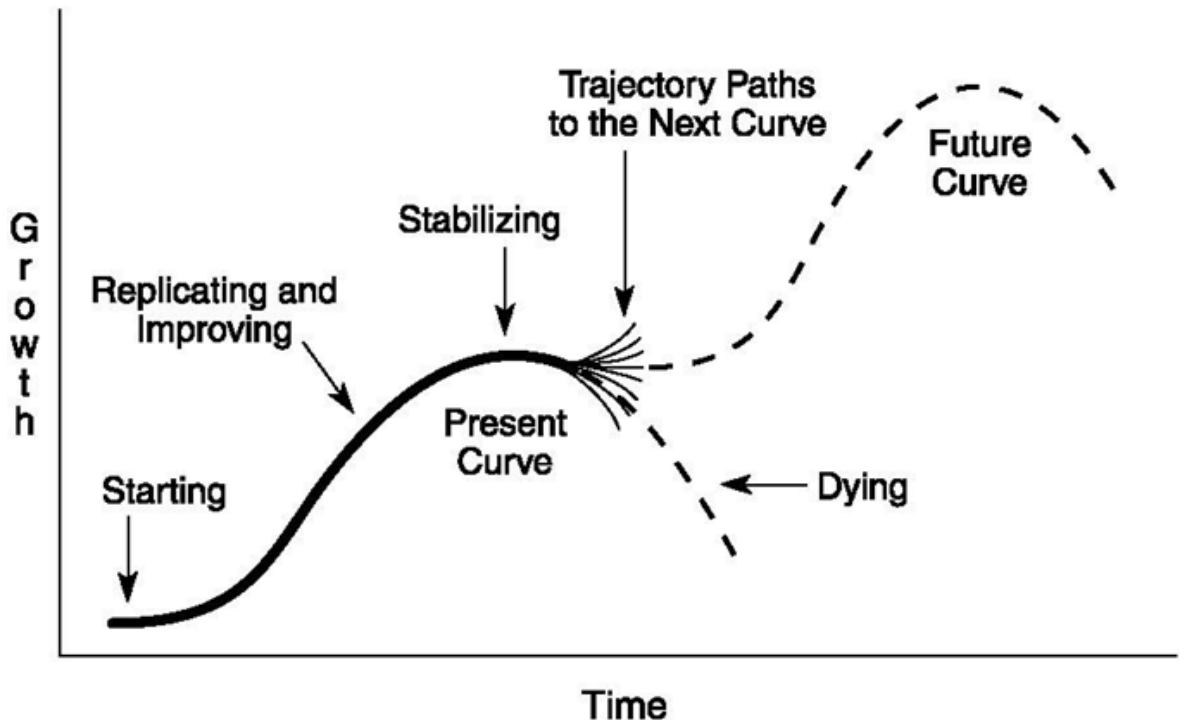
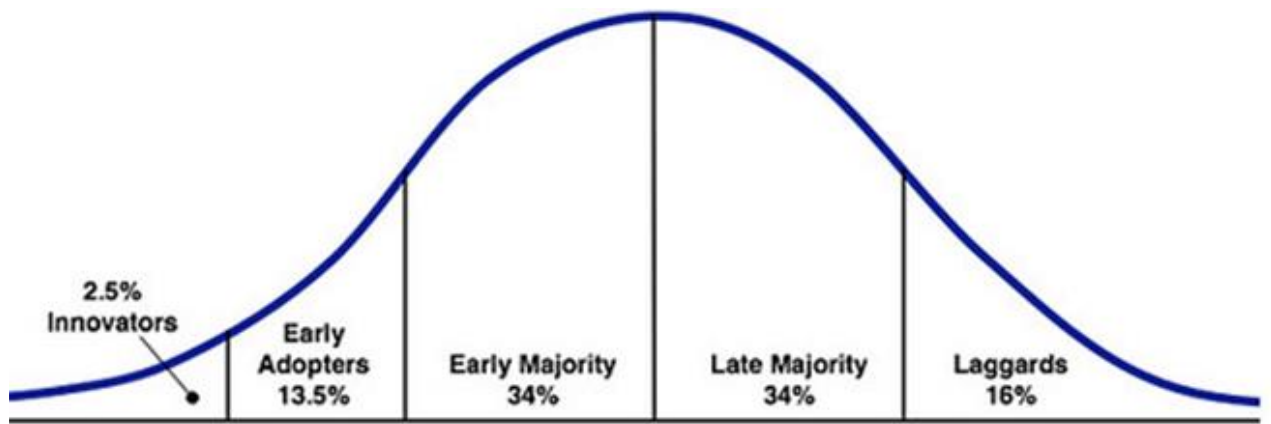
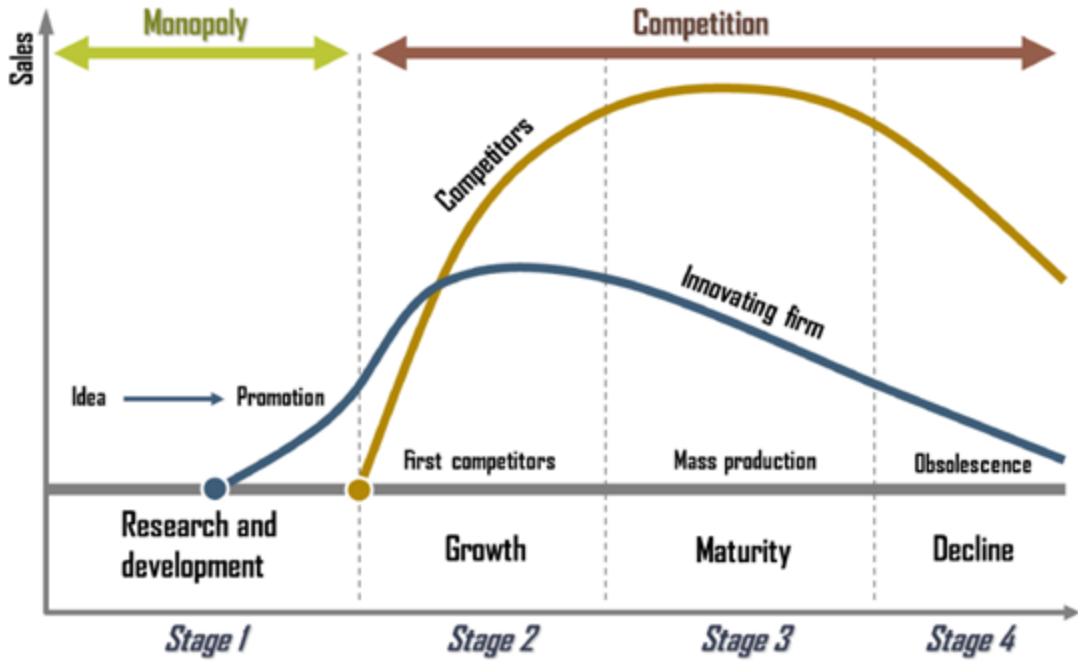


COMMERCIAL IN CONFIDENCE

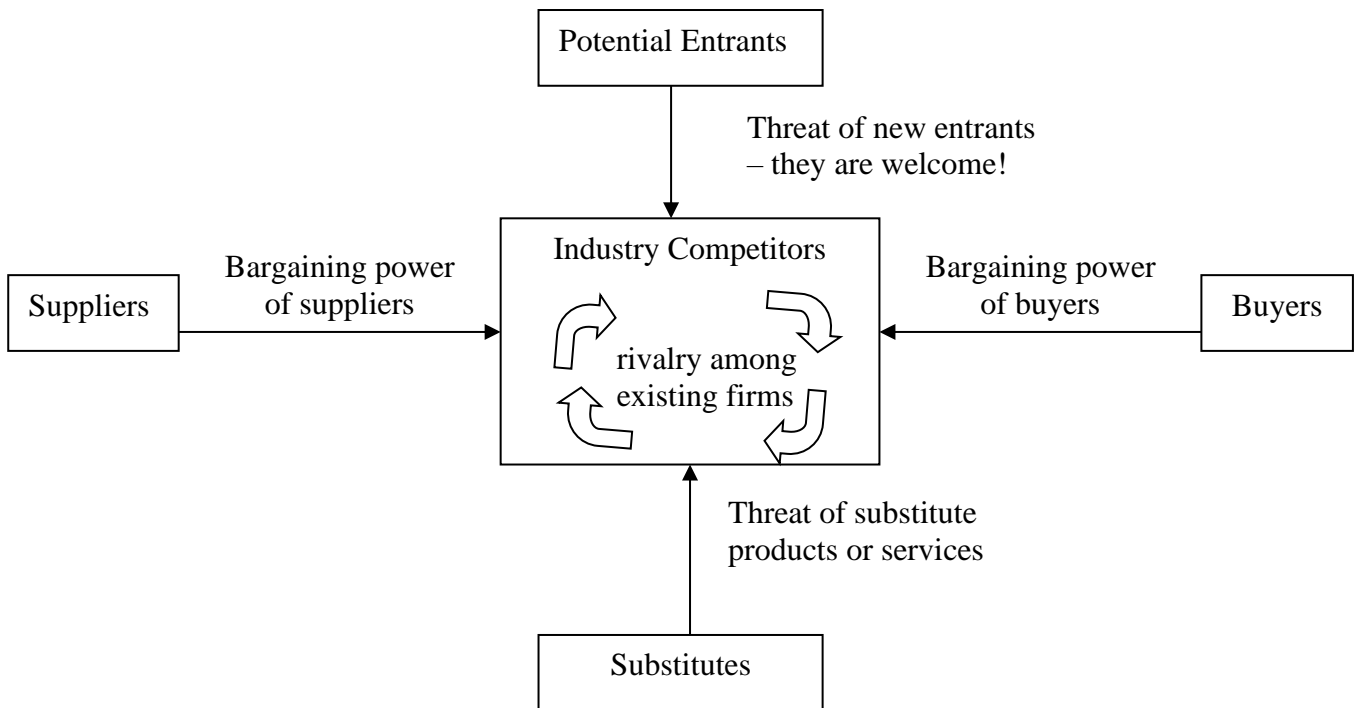
PRODUCT CYCLE – services:

New Product Development





FIVE-FACTOR INDUSTRY PORTER MODEL:



BARGAINING POWER-

1. RELATIVE FRAGMENTATION OF BUYERS AND SELLERS

There are some 3,400 spiritual institutions and with their minor denominations there are more than 50,000 organisations promoting 'truth'. As truth is always the same, then the people of the world are in a quandary. High level hidden controllers have led humanity to live mind-centric, to worship our minds in the erroneous belief that we can achieve everything, even to become mini-gods, whereas it has always been a constricting way of living to keep humanity from evolving so that we remained restrained to do as these controllers directed.

Higher level personalities have now revealed and shown that through embracing our feelings, living feelings first and longing for the truth that our feelings are to show us, we can heal ourselves of our childhood suppression, open ourselves to our soul based truths and become highly intuitive spontaneous personalities with infinite potential and free from the constraints of our minds.

This awareness is to be shared with humanity through the education and health sectors primarily as it will be embraced by all sectors of life and living.

2. SIGNIFICANCE OF PURCHASE AS A PROPORTION OF THE TOTAL EXPENDITURE

These revelations are to be freely available to all of humanity. For those of us who like to know the details, all the ins and outs, this may require considerable time to investigate all that now is available to consider.

For those who embrace doing their Feeling Healing, then this will involve all their time.

3. PRODUCT STANDARDISATION OR DIFFERENTIATION

There is only one way to engage in our Feeling Healing, it is how you will do it and there is no other way. The principals of how we are to do our Feeling Healing are all the same, however we are each unique and consequently we have unique childhoods and personalities and thus we will have a unique experience in our Feeling Healing. Yes, we will all do our Feeling Healing be it in the physical or in spirit or a combination of both.

4. COSTS OF SWITCHING TO ANOTHER SUPPLIER

Truth is always the same. There is only one pathway.

5. IMPORTANCE OF QUALITY OF THE PRODUCT TO THE BUYER

There is only one set of guidance in publication. Presently this is some 60,000 pages being about 20 million words. The core writings have been restricted to being through James Padgett and then James Moncrief and that is to avoid confusion. The most important writings are those of James Moncrief.

6. INFORMATION AVAILABLE FOR THE BUYER ABOUT THE SUPPLIER

The supplier are high level spirits – there are many of them identified throughout the writings. The core revelations all come from personalities that are of a higher level of consciousness and truth than those who imposed the Rebellion and Default upon us.

THE THREAT OF NEW ENTRANTS OR SUBSTITUTES –

There are already many systems that purport to heal through emotional clearance systems. None go far enough. None go deeper enough – there are many, many layers. But most significantly, none guide us to long to know the truth that our feelings are and will show us, reveal to us.

COMPETITIVE RIVALRY –

1. NUMEROUS OR EQUALLY BALANCED COMPETITORS

There are no others that have been provided with the Truths that are now being shared to all freely. Further, no others have recognised the importance of these revelations to the education and health sectors. And further, no others have been provided with the financial resources to global introduce to all of humanity this way of living which is ever so freeing and will lead to significant evolutionary growth in consciousness levels. Today, in 2022, we see all of humanity in some kind of moronic stupor with major wars in various countries. As the new spiritual age unfolds, wars will end!

2. SLOW INDUSTRY GROWTH

Yes, humanity will be slow to embrace what is being introduced through Pascas.

FOUNDATION'S PROGRAM:

VISION STATEMENT:

“To build an inspiring high quality, international standard university having multiple campuses throughout the Philippines that provides outstanding opportunities for students, lecturers, professionals and the surrounding community to excel, thrive and succeed in.”

“This will lead to widespread enhanced pre-schooling, primary schooling, high schooling, craft creations, technical and further education as well as university facilities and services that will support all facets of all sectors of social services, health, education, commerce and industry.”

HISTORY:

Pascas Foundation (Aust) Limited was incorporated on 16 September 2008 and progressively received and obtained revelations dating back to 31 May 2014 that are all published throughout the Pascas Papers that can be downloaded from the Library Download page on www.pascashealth.com. The way we are to live is feelings first with our minds to follow whilst longing for the truth behind what our feelings are drawing our attention to. This is the greatest time in the history of humanity as peace and harmony amongst all people is to now unfold through universal change in everything that we engage in.

THE TEAM:

Presently, it is a small group of people, some in the far parts of the world, who lead the way for Pascas. That is about to change dramatically as the work of Pascas becomes generally public.

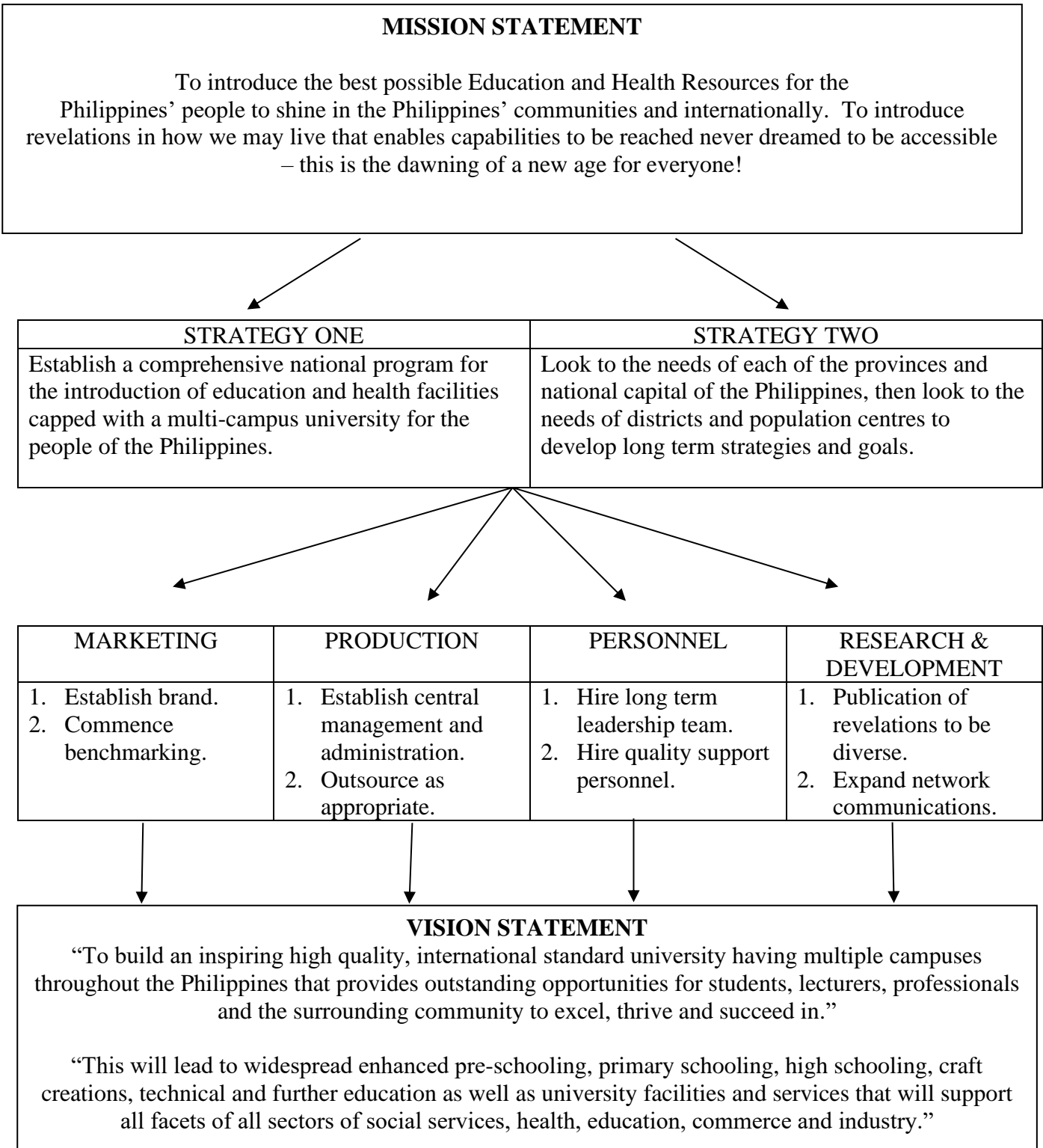
LAYERS of MANAGEMENT – REFLECTING the ORGANISATION CHART:

| ORGANISATION CHART – LAYERS of MANAGEMENT | |
|--|---|
| Layer 1 | Chief Executive Officer – Board of Directors |
| Layer 2 | Administration – Commercial Manager – Promotion – Public Relations – Marketing – Financial Controller – Personnel – Quality Control – Research & Development – Project Development – Site Management – Design & Architecture – Acquisitions |
| Layer 3 | Managers: - Business Development – Group Marketing – Relations Domestic – Relations International – Communications – Information Technology IMS – Technical Engineer – Purchasing / Stock Control – General Administration – Maintenance Engineer – Work Place & Safety |
| Layer 4 | Process Technicians: Team Leaders Team Specialist – Senior Controller / Trainer – Senior Operators Support Operators – Trainee Operator – Administration Support Staff |

TEAM STRUCTURES WILL ENCOMPASS ALL LEVELS

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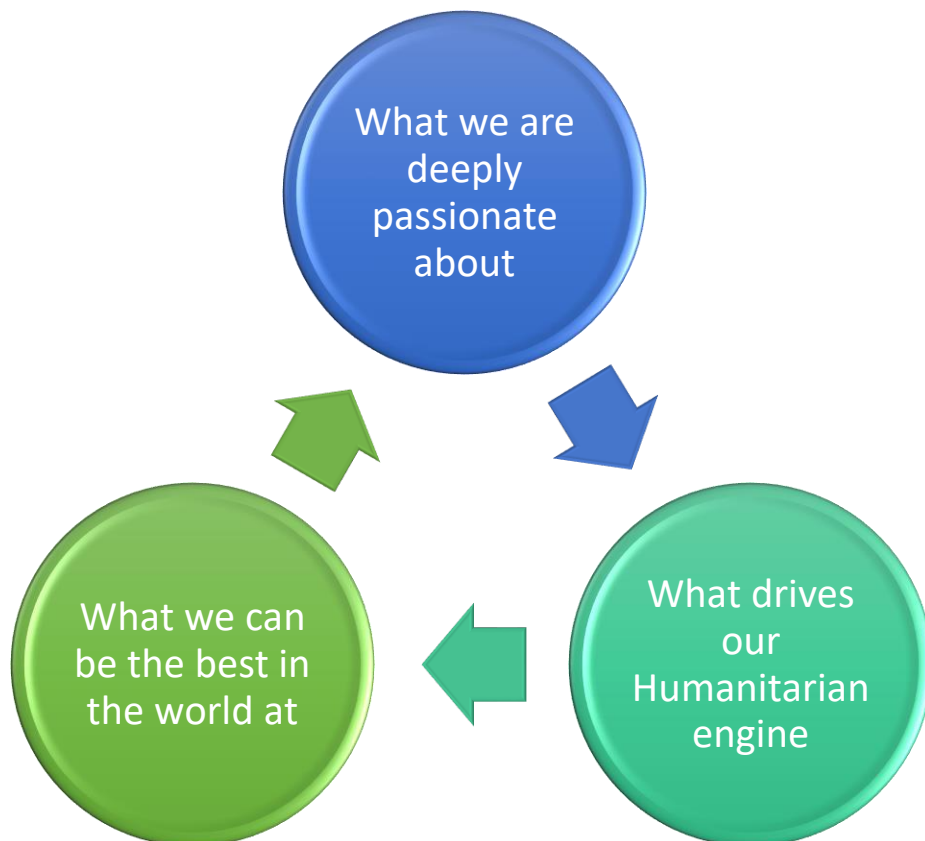
ACTION PLAN:



STRATEGY:

Pascas Foundation (Philippines) Inc identifies drivers to a successful strategy as:

- Advancement of the Education and Health Sectors awareness and capacities.
- Commence growing the numbers of teachers, nurses and doctors through scholarships
- Build education centres while developing curriculums.
- Introduce education and health centres with capabilities and capacities required by communities.
- Education and Health Sector expertise to double in numbers, then double again.
- Ownership of the freehold land and buildings, or very long secure land leases, from which to provide services in education and health.
- Solar electricity with batteries as required.
- Broadband Internet bandwidth on demand for all students and families.
- Superior technology suited to the geographic conditions and other conditions that prevail.
- Outsource services, engineering and equipment locally where possible.
- High levels of security.
- These endeavours are for ALL the people of the Philippines.
- Research and development continually ongoing.
- Access to diverse media content – communication and involvement by all.

PASCAS FOUNDATION focuses upon:

COMMERCIAL IN CONFIDENCE

GOALS & MILESTONES SCHEDULES:

SHORT TERM GOALS Year 1

- ✓ Consolidate our management team.
- ✓ Establish our brand name and market appreciation for our endeavours and services.
- ✓ Establish that our Corporate Shared Values positions us as an EXCELLENT Foundation.
- ✓ Meet our milestones and exceed our goals.
- ✓ Identify specific market penetration strategies for other products and industries.
- ✓ Monitor customer expectations and satisfaction levels.
- ✓ Enhance the Foundation's objectives and services in response to people's needs, requests and issues.
- ✓ Develop complementary programs to grow the potential for all involved.

MEDIUM TERM GOALS Years 2 - 4

- ✓ Bring operating budgets into line with management objectives for both schools and health facilities.
- ✓ From then on, maintain a balanced budgeted cash flow.
- ✓ Fully establish the market presence as per our identified market plan with a focus on the needs and goals for each state throughout the Philippines.
- ✓ Meet budgeted program guidelines.
- ✓ At all times understand the vision of the Foundation, its humanitarian objectives and targets for consistent growth in the sectors of society that it is focused upon.

LONG TERM GOALS Years 5 - 6

- ✓ Crystallise the value of the humanitarian projects by way of expansion into other neighbouring countries.

| | MILESTONES | IN MONTHS |
|----|---|------------------|
| 1. | Achieve targets as set out in the financial feasibility. | |
| 2. | Management team formalised. | 2 |
| 3. | Production and delivery teams bedded in. | 3 |
| 4. | Communications plan finalised, costed, approved and implemented. | 3 |
| 5. | Commence sites acquisition and construction in accordance with financial feasibility. | |
| 6. | First education and health facility opened within communities. | 4 |
| 7. | Format of programs and range resolved with a program of priorities. | 6 |
| 8. | Product accreditation and endorsements achieved. | 6 |
| 9. | Third party endorsement from peer review. | 6 |

Key Performance Indicators (KPIs) based on Critical Success Factors (CSFs)

| CSFs | KPIs |
|---|---|
| Attainment of pre-determined goals. | <ul style="list-style-type: none"> ✓ Expenditure within 10% range of budget. ✓ Expenses not exceeding budget. ✓ Projects implemented within proximity of budget timing. |
| Comprehensive planning for the future. | <ul style="list-style-type: none"> ✓ Business Plan always updated for 5 years ahead. ✓ Comprehensive new plant and equipment and upgrade plan for 5 years ahead. ✓ Information distribution always being updated. |
| Financial stability – Foundation being humanitarian in focus. | <ul style="list-style-type: none"> ✓ Budget cash flow variance <10%. ✓ Business Plan with > 15% of outcomes. |
| Positive perception by the market. | <ul style="list-style-type: none"> ✓ Education – student and teacher satisfaction. ✓ Health – patient / friends and clinician satisfaction. ✓ Positive community reporting. ✓ Invitations to participate in showcases and forums. |
| Good understanding of market requirements. | <ul style="list-style-type: none"> ✓ No orders lost because of “missing” features. ✓ Sales meeting budget forecast. |
| Understanding of significant, relevant, innovative life style pathways. | <ul style="list-style-type: none"> ✓ Ability to bring this awareness to all. ✓ Competitors attempting to copy or make use of revelations. |
| High quality product. | <ul style="list-style-type: none"> ✓ Information provided being always in truth – accurate. ✓ Updates being addressed within a few days. |
| Superb team work. | <ul style="list-style-type: none"> ✓ Absenteeism low or < 1 day a year per person. ✓ Consistent enthusiasm. ✓ Consistent quality with attention to detail. ✓ No lost time injuries. |
| Reliable supply & service chain. | <ul style="list-style-type: none"> ✓ Suppliers offering unsolicited innovation. ✓ Supplier’s products arriving < 5 days late. ✓ Spare parts for service available < 5 days after order. ✓ Change to external service support agents < 1 per year. ✓ Primary response to customer’s service requirements < 24 hours, any day, anywhere. |
| Being an employer of choice. | <ul style="list-style-type: none"> ✓ Job applications arriving unsolicited. ✓ Zero resignations due to dissatisfaction with the Company. ✓ Employees introducing friends of high calibre as potential employees. |

The SWOT ANALYSIS OVERVIEW:

| SWOT ANALYSIS | |
|--|--|
| Strengths of our Foundation: | We can utilise these strengths as follows: |
| Humanitarian fund allocation capabilities. | Large scale investment into the education and health sectors, with broad distribution of higher education for all sectors of society. |
| Weaknesses of our Foundation: | These weaknesses will be overcome as follows: |
| Limited experience within the Philippines landscape, even with many local team members. | Gain in the field expertise within the Philippines landscape through operatives within the education and health sectors within the Philippines. |
| Opportunities open to our Foundation: | Will be grasped by us as follows: |
| Greater development of the education and health sectors as well as value adding co-operatives being founded. | Opening up for more opportunities to enter other sectors within the Philippines. |
| Threats facing our Foundation: | Will be avoided as follows: |
| Governmental regulation and opposition. | Supersede the market with more advanced techniques, technology and proven performance. Effective negotiation with government and other stakeholders. |

RISK ANALYSIS:







The key risk issues that are identified in the above SWOT Analysis have been prioritised and the risk mitigation management implementations are summarised as follows:

- Lack of infrastructure within the education and health sectors within the Philippines.
- Lack of food security throughout the Philippines.
- Lack of secure housing for many sectors of society.
- Subsidising consumer costs through scholarships for higher education.
- Subsidising patient's costs through subsidising running costs of health services being provided.
- Engaging with local communities for support.
- Creating local employment while expanding the availability of needed services in education and health.
- Adhering to governmental regulations.
- Remaining apolitical – not being aligned to any one political party.

MARKET PENETRATION:

The Foundation's growth is humanitarian-driven rather than product-driven. Customer needs and wants have been researched and the Foundation's services and products are focused on fulfilling customer needs.

At this point, consumer needs have been assessed by interaction between companions of the Foundation and people throughout many communities. The Foundation has adopted a Market Planning Process to develop and grow its data base. This entails:

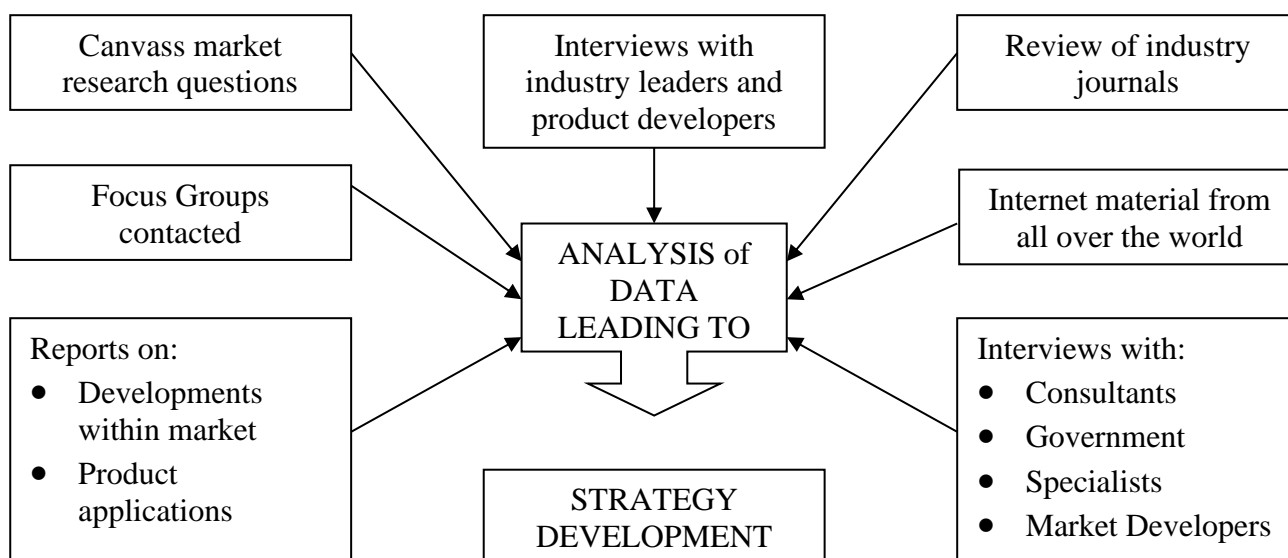
| MARKET PLANNING PROCESS | |
|---|---|
| PREPLANNING REQUIREMENTS  | <ul style="list-style-type: none"> ● Identify markets for products and services. ● Determine Foundation's goals and expectations. ● Establish objectives. |
| SITUATION ANALYSIS  | <ul style="list-style-type: none"> ● Identify education and health needs. ● Analyse what is already established and delivering. ● Identify markets, segments, size and share. ● Identify inside and outside influences. ● Analyse distribution. ● Analyse market coverage. ● Analyse for ongoing improvement. ● Evaluate marketing communications. ● Analyse positioning as an organisation. |
| PROBLEMS and OPPORTUNITIES  | <ul style="list-style-type: none"> ● Determine marketing success factors. ● Identify key problems and opportunities. |
| SEGMENT PRIORITY  | <ul style="list-style-type: none"> ● Determine education and health segment priority. ● Establish business / service direction by segment. ● Establish objectives by segment. ● List assumptions and restrictions – and then investigate. |
| STRATEGIES and TACTICS  | <ul style="list-style-type: none"> ● Develop strategy options. ● Select strategies. ● Develop tactics. ● Schedule and budget tactics. |
| MARKETING PLAN EVALUTAION  | <ul style="list-style-type: none"> ● Estimate needs and related costs. ● Prepare cost benefit analysis and profit projections. |
| CONTROLS and MEASUREMENTS | <ul style="list-style-type: none"> ● Establish controls and measurements. ● Analyse management effectiveness. |

MARKET RESEARCH:

The Foundation market research has focused upon:

- ✓ The people of the Philippines regarding to their needs and aspirations.
- ✓ Student, teacher, lecturer, doctor, nurse, allied health and administration – how do our revelations and services solve their problems.
- ✓ Market segment and industry characteristics.
- ✓ Market sizes and value – volumes and value of units in given segment.
- ✓ Services and products awareness and sensitivity.
- ✓ Importance of convenience and relevance.
- ✓ Willingness to consider a new processes and awareness.
- ✓ Branding and awareness.
- ✓ Education and health sector direction, attitudes and stigmas.
- ✓ Government initiatives and attitudes.
- ✓ Overseas attitudes and trends.

Data was sourced using the following market research methodology:



Secondary data supported the following:

Government attitude is supportive of the introduction of this Foundation's initiatives.

The potential market for the Foundation's initiatives is quantifiable.

The market share that this Foundation is targeting is readily achievable.

Professional opinion enforces the Foundation's decision to proceed.

Specific early entry markets have been identified to have the Foundation focus upon.

Findings support the focus that the Foundation's marketing strategy is and how to deal with issues relating to the products and services being introduced.

Attitudes and trends are similar in the domestic market as well as relevant overseas markets.

Primary data revealed the following:

A lack of awareness of the revelations and service application.

A desire for convenience in the provision of educations and health services.

A desire for simple access and use of education and health services.

A lack of knowledge of how to benefit from the revelations and advancement in services.

A lack of brand awareness.

Pricing is acceptable for services proposed as they meet the market, so to speak.

Strong interest from the market segments in which the Foundation is to introduce its services.

Early product users have been identified.

Brand name development and awareness program has been dealt with.

Customer support services have been resolved.



One must always honour another's will as one honours one's own.

MARKET SEGMENT to INTRODUCE the FOUNDATIONS OPPORTUNITIES:

PHILOSOPHY

To see the Philippines communities evolve, grow and thrive in living standards, quality of life, physical, mental and spiritual health in the Education and Health Sectors and beyond, and to inspire the residents to excel in all areas of life, family and community.

By supporting the education and health sectors throughout the Philippines, Pascas Foundation (Philippines) Inc is to position the citizens in society to live a progressively improving quality of life and standard of living.

MARKET

The market for Pascas Foundation (Philippines) Inc is the entire nation, 113,000,000 citizens, where all students and citizens are affected by the availability of health services, through hospitals and aid posts. The way forward involves the advancement of high schooling resources and curriculum to bring about a larger cohort of qualified students to progress through higher education to deliver more qualified staff for all the levels and sectors of the health industry.

COMPETITION

One may anticipate that all of the not-for-profit and governmental agencies may welcome the initiatives of Pascas Foundation (Philippines) Inc.

MARKETING

The marketing activities to promote the long term plans and projects of Pascas Foundation (Philippines) Inc may include the following:

- Social media marketing
- Written materials, books and magazines
- Video promotions
- Movies
- Advertising in community newspapers
- Advertising at schools and hospitals
- Community billboards advertising
- Seminars
- Promotional activities in expositions, school and hospital open days

INTERNET MARKETING:**eCOMMERCE STOREFRONT**

This is an introduction to the website marketing platform to be developed by this Foundation.

Human nature by default has been programmed to be socially active to a certain extent. Some people are more active, while others are less so!

However, people have always been looking for ways to connect and network with each other. And, in this age of digitisation, people have found ways to be socially active on the internet, which is possible with the advent of the numerous social networking platforms and apps. Here are more than 100 site options:



GROWTH IN THE FOUNDATION'S SERVICE AVENUES BEING:

The Foundation will grow its field of influence by services:

Providing evolved and enhanced services to existing customers – the community.

Existing services to new customers sourced through market expansion avenues.

New products and services to existing customers.

New products and services to new customers.

Expand the marketing territories.

| GROWTH STRATEGY | |
|--------------------------------|---|
| Market Penetration | <ul style="list-style-type: none"> ● Increasing existing customer usage through: Implementing price incentives on a sliding scale for increased use of products / services. Increasing the rate of product / service obsolescence. Increasing the size of unit of purchase. Identifying alternative uses for products. ● Attracting clients / participants from competitors through: Differentiating products / services from our competitors. Reducing fee structure. Increasing promotional effort. |
| New Market Development | <ul style="list-style-type: none"> ● Developing new geographical markets, through: Expanding our business regionally, nationally and then internationally. Franchising and licensing our business and products (without fees!). Joint venturing with others in new markets. ● Developing new market segments through: Getting referrals. Strategic alliances. Promoting our services in alternative media forms. ● Converting potential customers that currently do not use our products / services through: Implementing reduced fee trial use of products / services offered. Identifying alternative uses for our products and services. Reviewing fee and price structure and position our business at either the upper or lower ends of the market by brand separations and separate marketing programs. |
| New Product Development | <ul style="list-style-type: none"> ● Develop new features for products and services. ● Develop variations to existing products and services. ● Develop new products and services aimed at identified markets. |
| Diversification | <ul style="list-style-type: none"> ● Buying a related business (health centres and education centres). ● Using existing distribution network to grow innovations. ● Stability development. ● Grow new products and business entities. |

MOSAIC PROFILING: What is your mosaic profile looking like?

Mosaic is a quantitative framework to measure the overall health and growth potential of private companies using non-traditional signals. The Mosaic score is comprised of 3 individual models — what we call the 3 M's, each relying on different signals (although all the signals utilised are not revealed for obvious reasons).

Market

The quality of the market or industry a company competes in is critical. If you are part of a hot industry, that serves as a tailwind to push you along. Conversely, being in an out of favour space means fewer investors, partners, media, and more. The market model looks at the number of companies in an industry, the financing and exit momentum in the space, and the overall quality and quantity of investors participating in that industry.

Money

The money model assesses the financial health of a company, i.e. is it going to run out of money? Look at burn rate, the quality of the investors and syndicate that may be part of the company, its financing position relative to industry peers and competitors, and more.

Momentum

The final model is momentum, look at a variety of volume and frequency signals including social media, news / media, sentiment, and partnership and customer momentum. Look at these on an absolute and relative basis vs. peers / industry comparables. The relative piece is critical as it ensures that, for example, enterprise software companies who may get less media attention or who spend less time on social media are not penalised versus consumer-focused tech companies.

How is mosaic used?

Corporate Innovation

Pinpoint fast-growing private companies to understand viable business models, products and technologies

Corporate Strategy

See fast-growing markets and industries before anyone else to inform executives on strategic decisions

Competitive Intel / Market Research

Assess the health of start-ups competing in your industry to advise your build, buy, or partner strategy.

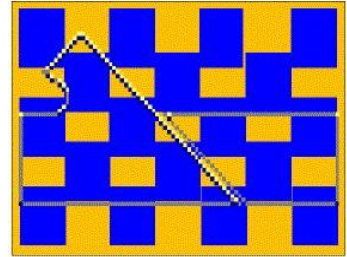
Corporate Development and M&A (mergers and acquisitions)

Monitor the health and growth potential of possible acquisition targets as part of due diligence process

Corporate Venture Capital

Identify the start-ups with the highest growth potential to satisfy your corporate investment philosophy

REEFWOOD CRAFTWORKS



Tables



American Beech Dining



Chess Dining



Ti Tree Table
with Bark Picture



Ancient River Gum, SilverAsh,
Flame She Oak

Chairs



China Chair



Regency



1920



Regency2



Lloyd Wright

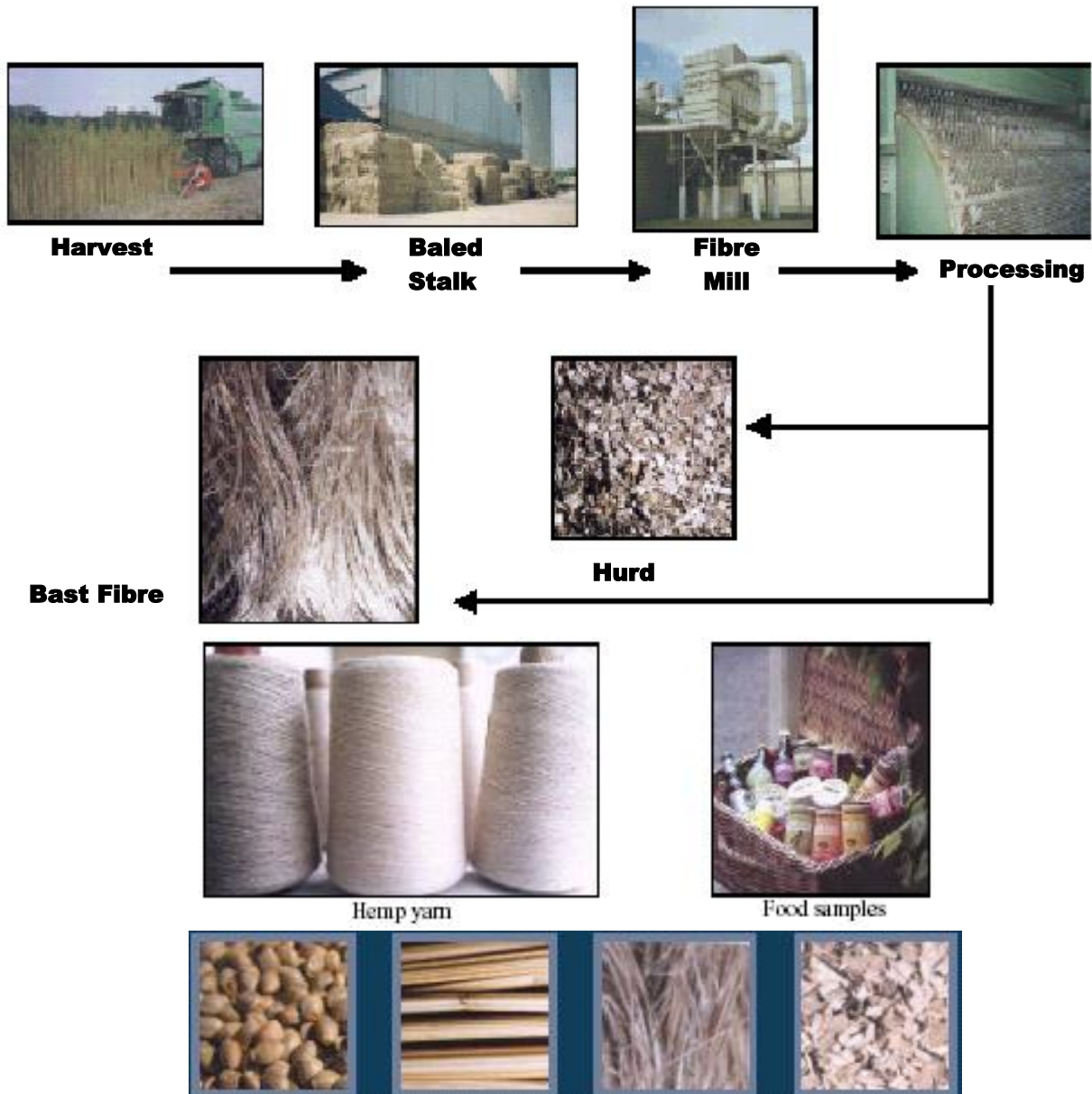


Cedar Dining





ECOFIBRE INDUSTRIES



Value adding Natural Resources!

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HYDROPONICS

| Fruit and Vegetables | Traditional hydroponics - average per sq mt. | Rotating Growing System Hydroponics - average per sq mt | Percentage Increase Up To | Increases in kilos per sq mt. |
|----------------------|--|---|---------------------------|-------------------------------|
| Strawberries | 5 - 8 kilos | 123 kilos | 1792% | 117 kilos |
| Ice Berg Lettuce | 72 kilos | 619 kilos | 760% | 547 kilos |
| Tomatoes | 45 kilos | 250 kilos | 456% | 205 kilos |



Value adding Natural Resources!

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NEW BIOSPHERE AGRICULTURE MORINGA



GRAM FOR GRAM
MORINGA
LEAVES CONTAIN:



7 TIMES THE VITAMIN C
FOUND IN ORANGES



4 TIMES THE CALCIUM &
2 TIMES THE PROTEIN
FOUND IN MILK



4 TIMES THE VITAMIN A
FOUND IN CARROTS



3 TIMES THE POTASSIUM
FOUND IN BANANAS

Fresh drumstick fruit
Moringa seed
Moringa leaf
Moringa seed kernel
Moringa soup powder

Drumstick powder
Moringa seeds(PKM1and PKM2)
Moringa pickle Moringa tea powder
Moringa cake powder
Moringa Juice powder

Moringa oil
Moringa leaf powder
Moringa fruit powder
Moringa root
Moringa capsule

Value adding Natural Resources!

COMMERCIAL IN CONFIDENCE

TINY OIL MILL

Groundnut



(Kernels) 46 to 48%

Castor Seed



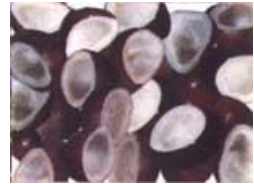
40 to 48%

Sunflower



32 to 40%

Copra



62 to 68%

↓
Groundnut Decorticator
Peanuts



↓
Sunflower Cracker or Palm
Nut Cracker



↓
Copra Cutter



Oil Seeds & % of Oil

| PALM KERNEL | SESAM | RAPSEED | MUSTARD | LIN SEED | COTTON SEED | SOYA BEAN | PALM FRUIT |
|-------------|-----------|-----------|-----------|-----------|-------------|-----------|------------|
| | | | | | | | |
| 38 to 45% | 50 to 56% | 38 to 45% | 38 to 45% | 40 to 50% | 18 to 22% | 18 to 22% | 20 to 22% |

Value adding Natural Resources!

NEW BIOSPHERE

AGRICULTURE

The Marvellous Mushroom.

Mushrooms are unique amongst other vegetable crops in that they are grown in a totally artificially controlled atmosphere. Cropping is not dependent on the climate. Mushrooms are not seasonal and are available all months of the year. Of course, small growers without sophisticated climate control systems cannot grow over the hotter summer months.



Estimated amount of water required for producing 1 kg of fresh oyster mushrooms using rustic technologies, in comparison with that for other food and forage crops (Martínez-Carrera *et al.*, 1998).

| Product | Litres of water/kg | Protein content _a | Litres of water per gram of protein |
|---------------------------------------|--------------------|------------------------------|-------------------------------------|
| Oyster mushrooms (<i>Pleurotus</i>) | 28 | 2.7 | 1.0 |
| Potatoes | 500 | 2.1 | 23.8 |
| Wheat | 900 | 14.0 | 6.4 |
| Alfalfa | 900 | 6.0 | 15 |
| Sorghum | 1,110 | 11.0 | 10.0 |
| Corn | 1,400 | 3.5 | 40.0 |
| Rice | 1,912 | 6.7 | 28.5 |
| Soybeans | 2,000 | 34.1 | 5.8 |
| Broiler chicken | 3,500 | 23.8 | 14.7 |
| Beef | 100,000 | 19.4 | 515.4 |



Mushrooms are the perfect food for everyone!

Value adding Natural Resources!

COMMERCIAL IN CONFIDENCE

NEW BIOSPHERE AGRICULTURE



**APIARY
BEEKEEPING
&
HONEY**



Value adding Natural Resources!

COMMERCIAL IN CONFIDENCE

Apoch

Life Pack



Apoch is able to deliver fresh food with shelf lives greater than a year without requiring refrigeration. We start with prime quality inputs and it remains prime quality for periods of one to up to three years.

Life Pack long life shelf stable foodstuff, safe, nutritious, wholesome, high quality, that require no refrigeration to maintain consistency.

Apoch has the ability to offer this technology to an almost endless number of food types, covering all major cooked food brackets i.e. Meats, Sea foods, Dairy and Vegetable.

With no refrigeration required, previously unserviceable markets become accessible. For example; fresh vegetables processed in the Pacific Basin can be exported to Middle East, Asia or even Europe.

TASTE
of **HEALTH**

Value adding Natural Resources!

COMMERCIAL IN CONFIDENCE

Pascas Food Basket



Eat the Colors of the Rainbow

Fresh is Best!



When and where as required!

Cooperatives for the Local People

Cooperative arrangements within communities may be focused upon small area enterprises through to whole of nation endeavours to bring to the global markets high volumes of quality goods derived through value adding processes applied to natural resources and regional produce from the land, river and sea, encapsulating all elements of farming and animal produce.

Microfinance typically engages a cooperative of around five women when financing home enterprises. A cooperative is particularly useful when local fishermen bring their catches together at canneries for preparation to market their fish to foreign markets.

The introduction of 'Craft Creations' is to enliven the community's recognition of their high quality traditional skills and then enable their customary craftware to be globally marketed through a cooperative of their own making.

This is all about cooperatives to bring to the fore traditional and innate skills that fulfil needs for people around the globe, not just the local village. A cooperative may embrace several nations.

Natural resources that may be used in producing high quality goods in large volumes include:

Forrest logs processed into high quality furniture in volume for large distribution chains.
 Timber offcuts for high strength laminated beams and reconstituted timber products.
 Local building systems utilising local resources for durable housing – local market solutions.
 Hydroponics particularly for produce that is not native to the area and its climate.
 Aquaculture in rivers, estuaries and sea to mitigate depletion of ocean resources.
 Traditional home produce being increased in volume to provide famine relief worldwide.
 Hemp production to be on scale to enable volumes sufficient for manufacturing processing.
 Cocoa, coffee, moringa, sandalwood, tea, vanilla, plus others, cropping to be of commercial scale, cooperatively run. All farming and animal produce come into the equation for cooperatives.

What is available within a region and what may be introduced can now be thoroughly appraised and reviewed scientifically through local endeavours and with the support of research organisations such as CSIRO of Australia, increasing commercial options and products. Nothing beats the insight and wisdom of the locals. Their FEELINGS, as well as our own, are to be embraced. Our feelings are the greatest guide as to how and what we are to embrace.

Education at all levels for all ages is our never ending journey. How it has been in ages gone by is not how it will continue. Dynamic change is unfolding and for those who embrace change, our futures are enticing, for those who don't they will have difficulties. We are to embrace and value add our natural resources, we are not to rape and pillage our environment, the forests are to remain, the rivers clean and our oceans are to restock with fish.

Now is the time for nation building, now we are to embrace self-sufficiency without the need for foreign goods and services. We have all we need within us and within our environment, so let us build the way forward for all within our community and show the world how it is to be.

Value adding Natural Resources!

COMMERCIAL IN CONFIDENCE

FRESH is BEST!





COMMERCIAL IN CONFIDENCE

POVERTY MITIGATION in CHINA

[How did China beat poverty and bring its poverty rate down from 26% to 4% in only seven years?](https://www.quora.com/)

<https://www.quora.com/>

Originally Answered: How did China beat poverty?

I am glad to answer this question. Sorry my English is not good.

Chinese government has done a lot of work to help the poor get rich. I'll give you a few examples:

Poverty had been common in many parts of China, because the traffic is not convenient, so the government emphasises improving the traffic condition as the most important work. For example, in Guizhou Province, one of the poorest province in China, the local government has spent a lot of money to repair a lot of roads. In China, there is a saying, "Building roads is the first step to becoming rich."



The Chinese government has a great plan known as "村村通" (Every village has a highway, electricity, tap water, telephone lines, etc.). Sometimes the investment may seem not worthwhile in economic point of view. I saw a news: in a small village in Xinjiang with only one hundred poor people was asked to move out by the local government, but they didn't want to. So they spend nearly one million

yuan to build roads from the highway nearby to their village, and the government never asked them to move out from then.



COMMERCIAL IN CONFIDENCE

In some remote places, there is no electricity nor cable TV, so the Chinese government offers free solar cells and satellite dishes to residents.



The Chinese government has ordered communications companies to build mobile phone signal towers in remote areas regardless of financial benefits. Since these communications companies are state-owned enterprises, they have to execute orders.



COMMERCIAL IN CONFIDENCE

In some of the rural areas in China, the government has a great plan called "New Socialist Rural Areas." Houses are built in groups and the government has paid most of the expenses, and the rest is paid by the residents themselves.



There is also a policy called "结队帮扶" (help the poor by collaboration), which means richer areas are assigned to poorer areas in order to help them get out of poverty. In the countryside, every CCP official is required to help a difficult family. The job is very stressful. If his work is done badly, it will be difficult for him to advance, some of them even complain about this.



COMMERCIAL IN CONFIDENCE

Sometimes, government officials become a salesman to help farmers sell their products. Look at the picture below. A county market sells watermelons on the street.



The Chinese government also has a policy that sounds very interesting, called "精准扶贫" (targeted anti-poverty projects). It sounds like the policy targets poverty and “destroy” it like Tomahawk missiles.



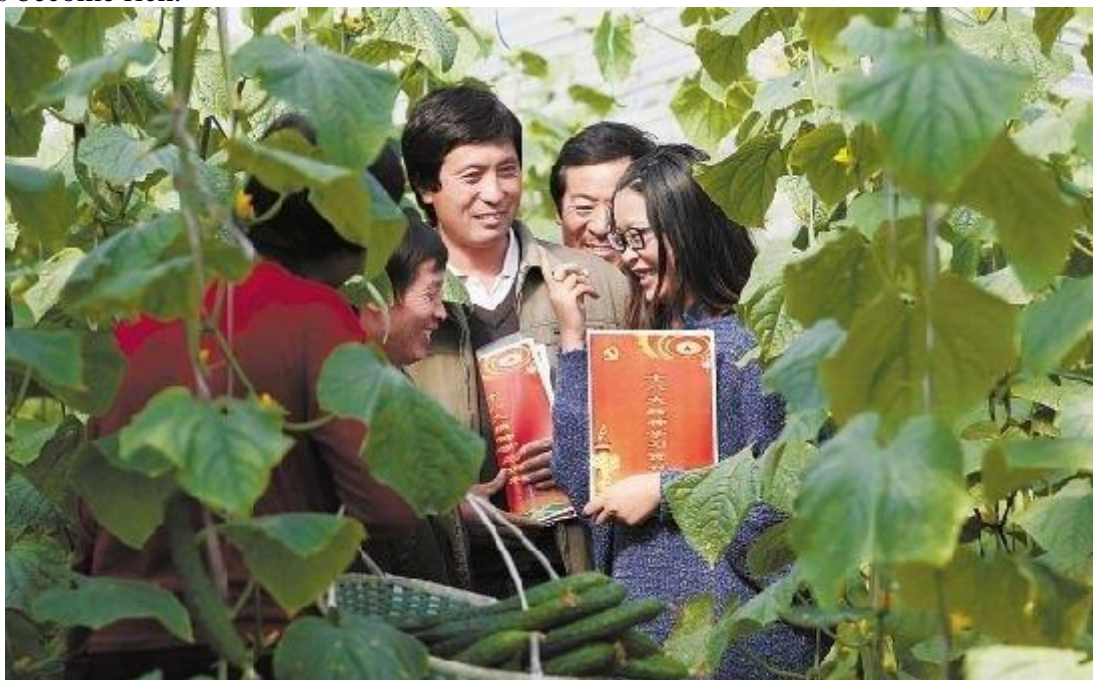
A large numbers of scientists and agricultural experts are sent to poor areas to research the local environment, figure out what is the most suitable product for them to grow, and guides the local people to grow it.



Since 2011, the Chinese government has implemented the rural compulsory education student nutrition improvement program. The central government has allocated about 16 billion RMB per year to provide food subsidies for rural students. The policy benefits 26 million rural students.



In the past, most rural officials did not have a high diploma. Now the Chinese government encourages college graduates to go to the countryside to serve as officials after graduation. They have a name called "大学生村官" (College students as rural officials). The government hopes their knowledge will help farmers become rich.



In my hometown, poor people can apply for subsidy if his house is not safe to live in. The subsidy is between 5,000 to 20,000 RMB.

There are still a lot of poor families in China, but we see the government trying to improve their lives. But now people have a new topic: in some areas, sympathy because of poverty, the government to give them a lot of benefits, the folk also gave them a lot of money, they don't want to change my life, too lazy to work, so that they can continue to make contributions. Such things are not uncommon.

<https://www.quora.com/How-did-China-beat-poverty-and-bring-its-poverty-rate-down-from-26-to-4-in-only-seven-years>

During the past 30 years, China has helped 800 million people escape poverty, which accounts for 70% of all people lifted out of poverty worldwide. Ban Ki-moon, eighth Secretary-General of the United Nations, recognised China's efforts by saying "China has achieved transformational results in reducing poverty". Many global media outlets also applauded China's achievements in this field.

By the end of 2015, Chinese President Xi Jinping brought up the idea, "eliminating poverty in China by 2020" – 10 years ahead of the target of 'eliminating poverty in all forms by 2030' set by the United Nations.

Today, there are still more than 80 million people living in extreme poverty. The success of Chinese poverty alleviation serves as a valuable experience for the whole world.

COMMERCIAL IN CONFIDENCE



Besides personalised anti-poverty plans for each person, the nation’s targeted poverty alleviation efforts also include various arrangements to create work opportunities and give people job training, turning the anti-poverty mode from “blood transfusion” to “haematopoiesis.”

The Dulong Mountain Valley is home to about 7,000 people in China's mountainous southwest. Due to its high altitude, the mountain is snow-covered for half a year, isolating the community in impoverished and rudimentary conditions.

Different from the usual poverty alleviation, government staff are planning to build the mountainous area as a tourism hotspot with its beautiful landscapes.

Pu Guangrong feels like he’s over the moon since government has built new houses for him – two to be exact, one for his family, and another for tourists. Like others in the area, he used to eke out a living by collecting wild fruit and hunting. Tourism wasn't even in his mind, but poverty-alleviation workers changed all that.

Today, his village is connected to the outside world by a new tunnel, luring in tourists, broadening their vision and bringing in economic revival.

A Chinese saying goes, **"Teach a man how to fish, rather than give him a fish."**



But targeted poverty alleviation is more than this. The Chinese government would prepare accommodations and jobs in other places for those who live in areas without development value and encourage them to move away from their original places. As for eco-logical preservation area where exploitation is not allowed, the government will arrange jobs for forest rangers and forest planting. Accordingly, the environment will remain protected while people can have jobs.

In the past five years, the Chinese government has invested 196.1 billion yuan in poverty alleviation and allocated petty loans – 283.3 billion yuan to poor people. (7.2 Chines Yuan to 1 USD)

All positive results reflect on the government's efforts and investment into poverty alleviation. The government officials are encouraged to try their best to implement poverty-alleviation programs. To prevent counterfeiting, the Central Committee of the Communist Party of China has set up a strict inspection system, which allows different provinces to supervise each other, while all data needs to be verified by a third party as well.

Kim Hoonae, director of International Fund for Agricultural Development's Asia Pacific Division, has praised China. "This anti-poverty policy based on the accountability assessment is very effective. The more effort you put into it, the more support you get from government. As a result, local governments are working under pressure while feeling inspired at the same time."

Chinese President Xi Jinping has visited nearly all 14 officially designated 'areas of destitution'. During his entire five-year span at the leadership helm, he has visited poor regions even on the eve of every Lunar Chinese New Year – Spring Festival.

Maybe, as The Huffington Post had suggested, "If we were to learn from the experience of the past decade and half, the next development goals could be to create another China story, so to speak, which would bring humanity at the doorstep of ending extreme poverty for good. "

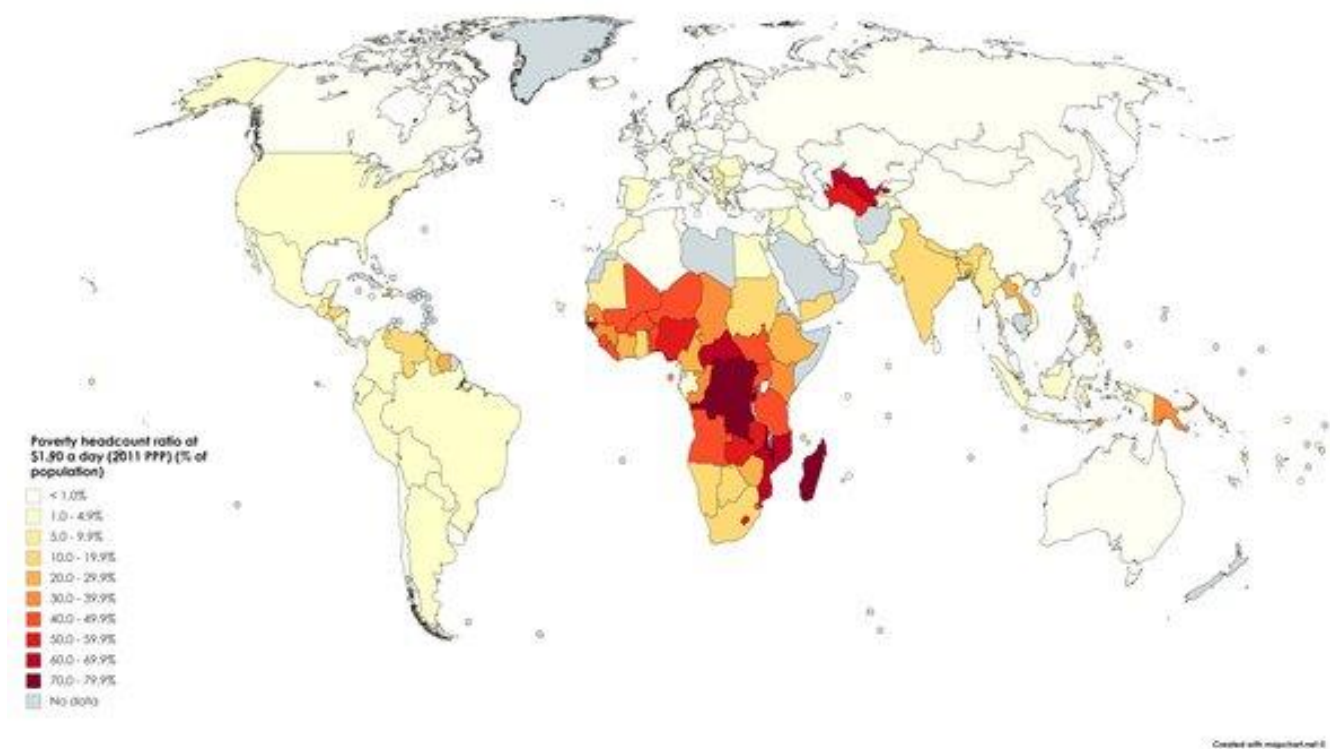
[How is China able to have a poverty rate as low as 1.7%?](https://www.quora.com/How-is-China-able-to-have-a-poverty-rate-as-low-as-1-7?)

<https://www.quora.com/How-is-China-able-to-have-a-poverty-rate-as-low-as-1-7>

Because fighting poverty is one of the major tasks of China since the inception of the **PRC**.

Since 1978 China raised more than **750 million people** out of poverty. That alone amounted to **50% of the global poor population**.

An amazing achievement. While poverty alleviation is a task that many developed countries still are working on, including the USA, China instead vowed to end absolute poverty for the Centenary of the Communist Party of China (2021).



2018's absolute poverty headcount ratio according to international poverty line (under US\$1.90 per day). Interestingly, the % of people in absolute poverty is lower in China than in some Western countries, like Spain, Italy and USA. Source: Wikipedia

The national poverty line is not the same as the international poverty line – its requirements are actually higher.

How does poverty alleviation work in China?

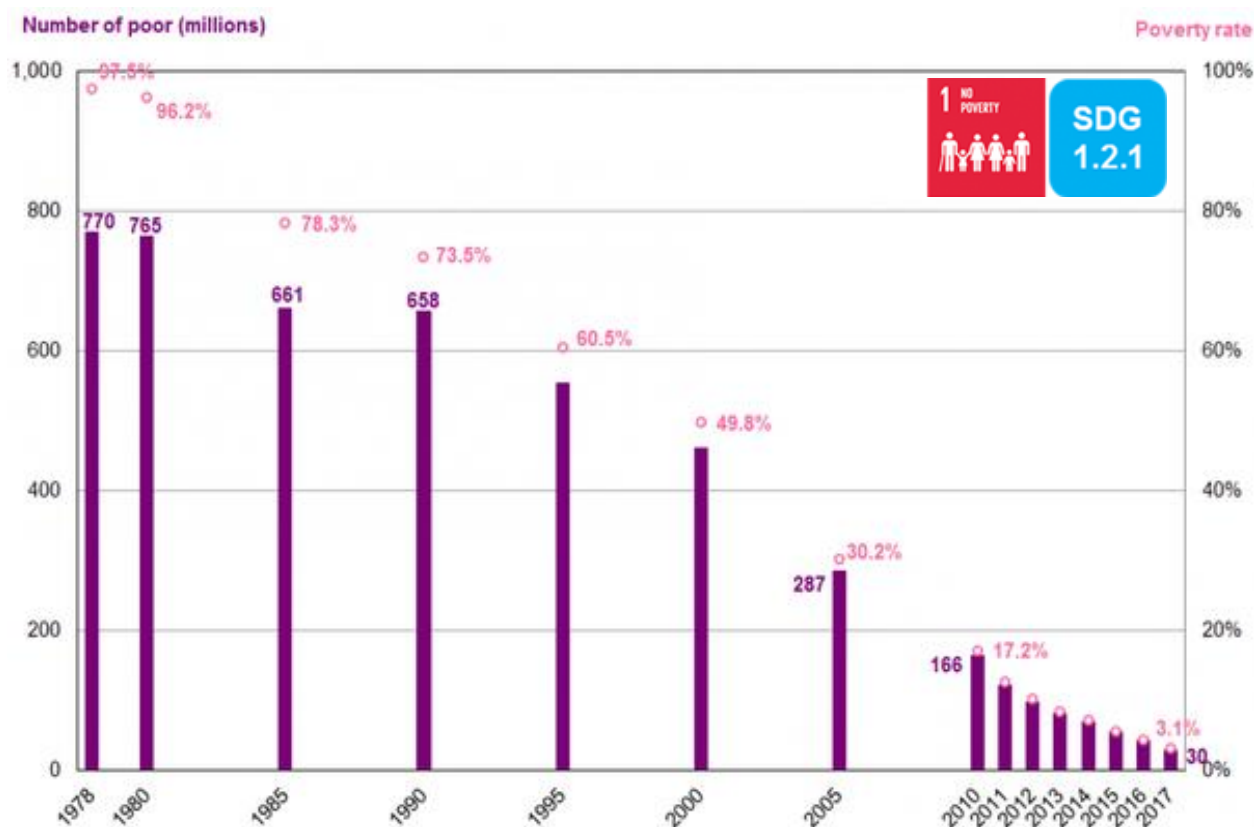
According to the Chinese government, a person can be considered as lifted out of poverty if all the following conditions are true:

1. Income is above the national poverty line of US\$3.20 per day. By comparison, international poverty line, set by the World Bank, is US\$1.90 per day. Both are adjusted by **Purchasing Power Parity** (2011);
2. Must live in a decent housing, with electricity, running water and a proper roof;
3. Any child should be going to school; illiterate adults need basic education too.

All the work that needs to be done to ensure these three points is on the shoulders of the poverty alleviation commissioners. They are members of the **Chinese Communist Party** who volunteer to go far away from their homes to help lift people out of poverty. As such, they need to do all kinds of tasks, from building modern houses to teaching basic hygiene.

As one may guess, it is also a dangerous job. **Almost 800 commissioners already lost their lives on duty**, but their results are incredible.

China's results in fighting poverty in rural areas from 1978 to 2017. Source: Unicef [CGTN made a documentary about a poverty alleviation commissioner's work in late 2019](#), showing the issues and the challenges of poverty alleviation.



Making sure people won't get poor again anymore

This is the most important part.

The Chinese approach against poverty has been effective especially thanks to **long term planning**. It is not enough to just provide **subsidies** to survive. Otherwise, once the subsidies are removed, people will just fall back into poverty again.

Chinese government believes that the basis for overcoming poverty is **education**.

For this reason, commissioners need to both ensure that **children go to school**, instead of working in the fields, for example. **Adults have to receive some basic schooling** as well.

In order to do that, they combine economic aid and support the adoption of new technologies, especially in farming. For example, schools provide lunch for children in the most impoverished areas. Some parents will send them to school only to have a **free meal**.

While COVID-19 is not exactly making things easier, China has very good chances of finishing the job right on time.

After that, it will be time to work on other categories of poor people: not in absolute poverty but, anyway, needing aid.

[How did China get rid of its poverty in a few decades?](https://www.quora.com/How-did-China-get-rid-of-its-poverty-in-a-few-decades?)

<https://www.quora.com/How-did-China-get-rid-of-its-poverty-in-a-few-decades>

To understand China's "secret," we must first look back to 1978, when the period of reform and opening up began. Former Chinese leader Deng Xiaoping, the chief architect behind China's pro-market reforms, famously said, "Poverty is not socialism. Socialism means eliminating poverty."



Since the economic reforms were launched, China has witnessed unprecedented economic growth. Decades of rapid growth have served as the bedrock of the country's development, without which China's poverty alleviation miracle would not have been possible. That said, economic development alone was not enough to completely eliminate poverty.

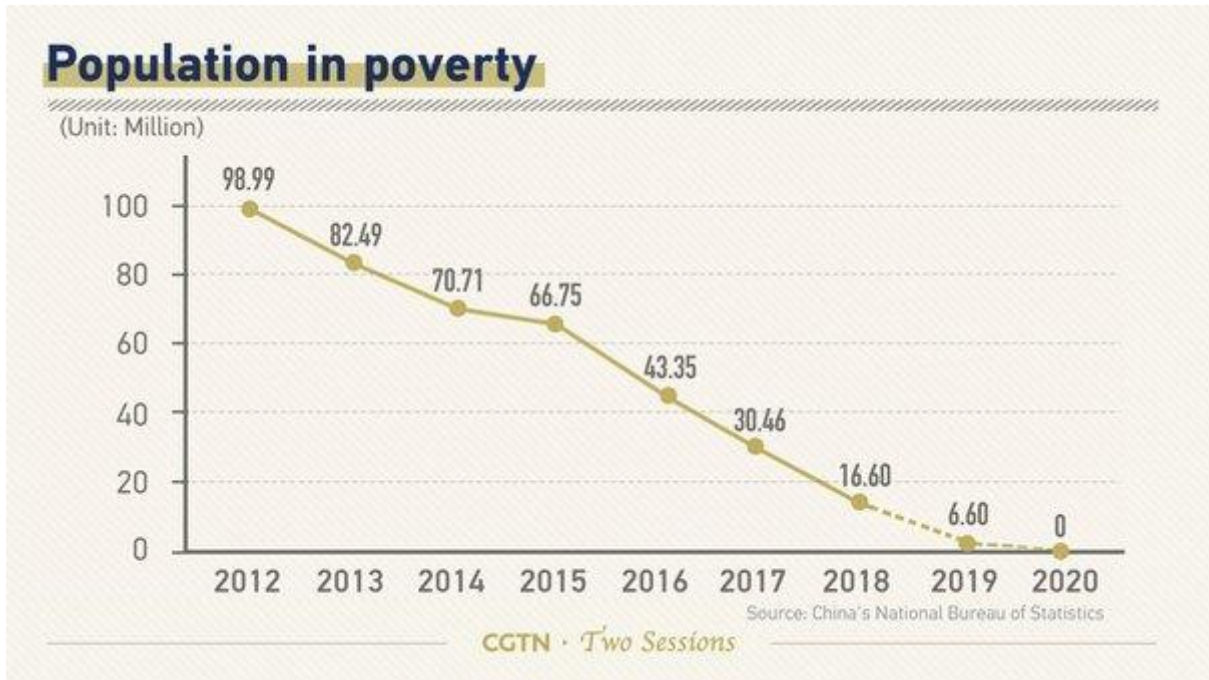
Ban Wei, deputy director of the Editor's Office of Xinhua News Agency, noted that the market is ultimately unable to deliver for those at the bottom. In an address to the International Forum on Poverty Governance and Development Towards Modernization, Ban explained that many of China's rural poor were excluded from the market for living in remote locations.

The market is a decisive and important resource-allocating factor, he said. "But market economics is based on efficiency and the market is unfriendly to those people in poverty."

Robert Walker, a professor with the China Academy of Social Management at Beijing Normal University unpacked this point further. "The market will always favour the city because the city brings economies of scale," he told Beijing-based media China Focus.

Under the leadership of President Xi, China waged an all-out war against poverty in late 2012. Officials in Beijing rallied the 91 million Communist Party of China members, together with the private sector and members of the general public in pursuit of one central aim: The elimination of absolute poverty by 2020.

COMMERCIAL IN CONFIDENCE



Local authorities largely took the lead over regional development, adopting a two-pronged approach that weaved together large-scale infrastructure projects with targeted poverty alleviation measures.

Targeted poverty alleviation, explains producer and writer Robert Lawrence Kuhn, means individualised attention to people in poverty.

Using a standardised criterion—which looked at income, opportunity, and access to basic necessities—all households below a certain threshold were assessed on whether they met the classification of "extreme poverty." The root causes of a family's poverty were then explored, and a customised plan was developed to ensure all received the support needed.

"Every poor family has its own file, a literal notebook, each with its own targeted plan to lift each above the line of absolute poverty," said Kuhn.

More than 250,000 teams were dispatched to offer on-the-ground support. In total, more than 3 million people were sent to the country's most remote villages as special commissioners for poverty relief.

A common cause for many in poverty was found to be their location. Take Tibet Autonomous Region for example. Tibet has historically been China's poorest region, mainly due to its remote and hostile environment. Known as the Roof of the World, the Qinghai-Tibet Plateau sits at an average elevation of 4,572 meters, and is surrounded by one of the most formidable mountain ranges on the planet.



Living in the remote highlands meant being cut off from high-quality public amenities, such as healthcare and education. It meant being unable to grow a variety of stable crops. And it also meant being restricted from engaging in trade and commerce.

COMMERCIAL IN CONFIDENCE

To alleviate this problem, local authorities launched an ambitious relocation program in 2013.

Following the example of other remote regions in China that incorporated relocation programs with a mass-infrastructure drive, Tibet's most impoverished people were relocated to newly built communities with full access to essential services. More than 260,000 residents across the autonomous region took advantage of the scheme. Within six years, Tibet had shaken off absolute poverty.

In the hope that others can learn from its experience, China has committed to sharing its knowledge and methods with the developing world. It has made clear, however, that although China's methods worked for China, other countries must follow their own path in line with their unique challenges and environment.

The key to China's development, then, is not any particular policy or method, but rather its political economy. To understand China's success in poverty alleviation, researchers often refer to the five Ds. They are determined leadership, detailed blueprint, development-oriented, data-based governance, and decentralised delivery.



The determined leadership of President Xi and the Party has been noted by the UN secretary general and so bears not repeating. Its detailed blueprint refers to the plans sketched out by national and provincial-level leaders, some of which stretch for decades. Local leaders were largely responsible for the implementation and delivery of the detailed plans, and this is where decentralised delivery comes in.

Data-based governance refers to the more than 100 million files created on impoverished households. Development-oriented refers to the government's intervention in the market to promote more equitable growth.

With clear national priorities and using the power of the state to intervene, it is possible to organise the market in the people's interest while trying to control some of its disadvantages, Walker explained. The result is that "you can achieve the best of both worlds and benefit all sections of society," he added.

China's secret then, if it can be called a "secret," lies in its creation of a powerful synergy between the state, market and society. Socialism with Chinese characteristics has ultimately developed a new model of political economy with a proven track record in delivering high-quality development that is more fairly distributed across society.

Worldwide GDP for 2021 was US\$95 Trillion of which 5.3% was spent on education or US\$5 Trillion.

Humanitarian expenditure worldwide did not reach US\$50 Billion in 2021.

Total military expenditure worldwide in 2021 was US\$2 Trillion.

STATE OF DEMOCRACY



DRUNK, HIGH & DRUGGED
ZOMBIES

COMMERCIAL IN CONFIDENCE

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

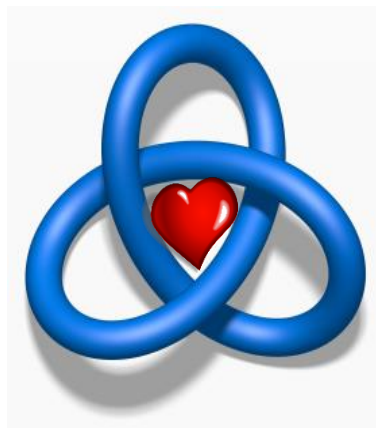
The Golden rule is: Never interfere with another's will.

Our Heavenly Parents simply desire for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915



Violence is never Justified

COMMERCIAL IN CONFIDENCE



TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



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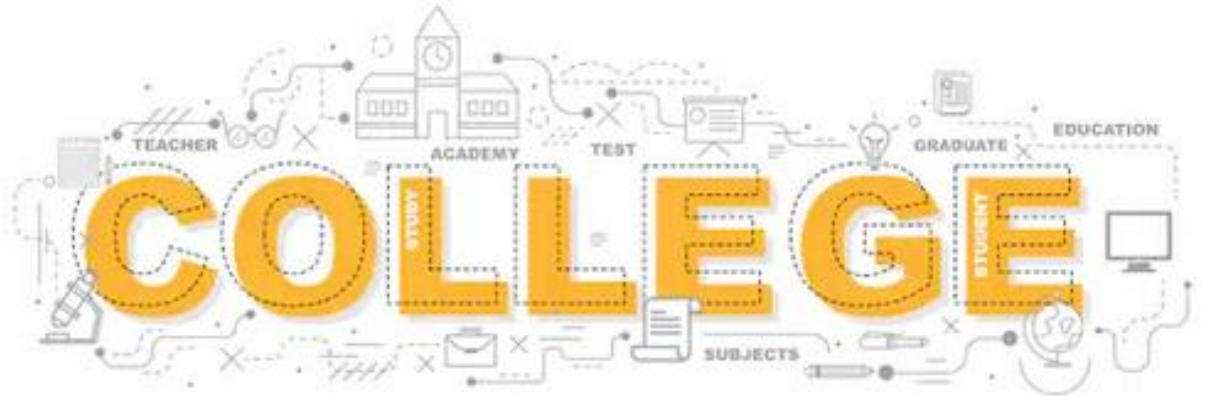
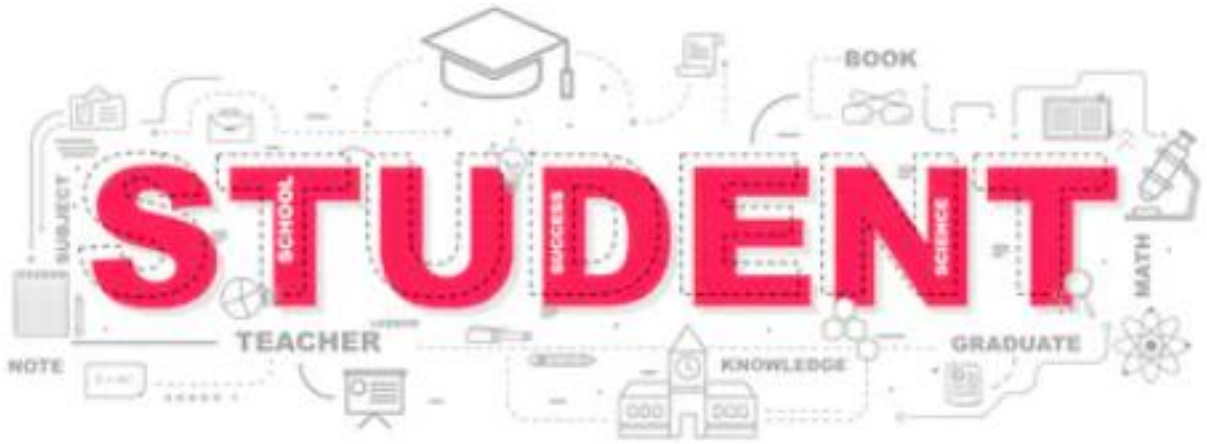
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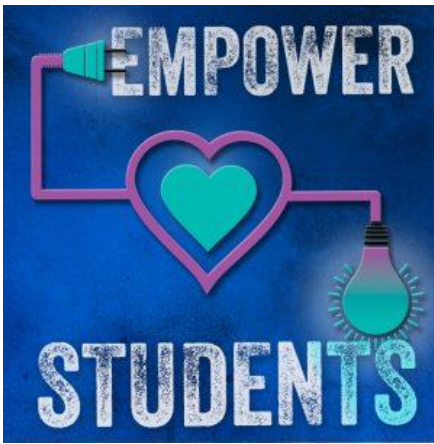
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"THE" profession is:

TEACHING

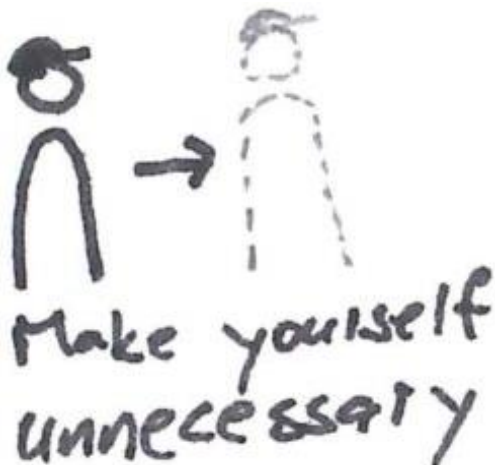


to:

Learn through play
Independently explore subject
Research⁺ with fellow students
Explore topics you enjoy
Engage in what you are passionate about
Ask and keep asking
Question every aspect
Commonsense is not common
Assumptions are mostly in error
Embrace what you may be feeling
We have been retarded and restrained
We are to be our true self
We are to express all our feelings
We are self contained all is within
By doing is how we learn
Tutoring others is a great self teacher
Our capabilities are infinite




while you



∞



From the moment of conception
and then onwards for all of eternity .

We are TRUTH SEEKERS!

COMMERCIAL IN CONFIDENCE

Healed potential



Insightful Genius

Brilliance!

DYNAMIC

vibrant