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HOW WE ARE MISLED

Being mind dominant, we are continually seduced by our ego striving to control our emotions, and consequently we are continually living in error. Our mind will lead us to the 'truth' of one's ego which is always in error. Our mind's addiction for control is emblazoned in our childhood repression and suppression – it will always take us away from the key – the key being the truth we find by longing to know what is behind what we are feeling, both good and bad.

Longing for the truth of our feelings will lead us back to our childhood upbringing and injuries, it is through these discoveries that we can then express them out of ourselves. Yes, that simple, we are to express – talk them out of ourselves – and we do this with a companion, friend, partner, anyone, and that includes our Heavenly Mother and Father.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

It is not about further imprisoning ourselves within our minds, mentally analysing all and sundry, casting blame onto others. That is going outside of oneself for the 'cause'. It is all internal. All that we ever want and need to know is within. And it is within our soul based feelings. Our soul based feelings are always in truth and through these we will discover the truth behind our feelings, both good and bad, and by longing for such truth and expressing same we begin our healing, our Feeling Healing.

This is the key:

Long for the truth of one's feelings – both good and bad.

And keep longing and asking to be told the truth, what is this all about, why am I having these events, what is behind this, what are the reasons causing this, what happened, why am I feeling this crud, what can I do about it? Just keep going at it and at it – all times talking out what you feel. Yes, talk, talk, talk, let it all flow out. And you will be told the answers! We've been shut down from asking since our very early childhood. So we don't ask. **But now we have the truth – the key – ask, long and talk it out.**

We have free will. Should we seek a path in any direction, we will be assisted in progressing along such chosen path, be it right or wrong. We are to experience what we freely desire to engage in. We are to engage in what we long to do – this is what our soul may want us to experience on our journey of discovery.

The Key



Feeling Healing with Divine Love is the key!



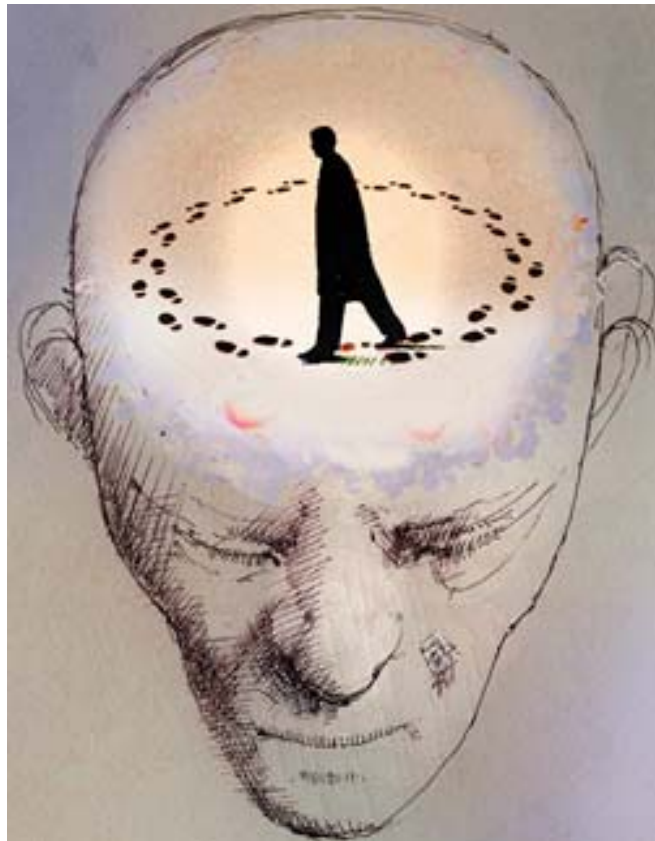
In this way, we find extra-ordinary extremes of rightness and wrongness. We are to out-work all that is wrong and in this way the Great U-Turn can begin. The extremes of wrongness are to run to their maximums. All of which humanity can express and engage in that is wrong is to be demonstrated before humanity can then begin to embrace all that is right. Thus, presently we have the final extremes of wrongness being expressed as this is the moment in the history of humanity that heralds the beginning of the new spiritual age and the beginning of the Great U-Turn.

We are to move with our feelings, expressing and acting upon them, whilst longing to see the truth of our actions, with our mind adjusting accordingly. Then we are living true to and in harmony with our soul.

Aspiring to Living Feelings First

Brian Iverach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited



Environmental Collaboration

VS

ENVIRONMENTAL CONFRONTATION

Verna, a Nature Spirit, 26 May 2019: You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

Helen, 3rd Celestial Heaven, 27 August 2017: You have **the Eastern mind controlling Buddhists doing their bit from long ago, which was a remnant surviving from the Atlantean age**, along with the other primitive and spiritual systems of belief, and now it's all coming to a head for we are arriving at the end of the next Earth age, with The Change, the next cataclysmic event not far away in Earth natural time.

Only the trouble is, there are cataclysmic events periodically that destroy nearly everyone on Earth, and so as each civilisation ended, so was a new 'race' of Chosen Ones selected to be the prime subjects of control for the next age. So it came out of the original Jewish races, or what became the Jews, this time around, and then with Jesus and Mary coming and putting a major spanner in the works by removing the Lucifers and Satans (the Evil Ones), leaving it all in the hands of the Caligastias and Daligastias (C&D). So C&D worked all the Christian stuff into it, even with Jesus returning to do away with the Anti-christ, their (Evil Ones and their controllers) Messiah, just to suck in all the Christians making them think they are on the winning side, then introducing Islam to spice it all up and have the natural foe to fight against.

Helen, 20 August 2017: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary M might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you've more male domination and the subjugation of feelings – of the woman.**

Helen, 3 August 2017: "Why so many people get stuck in them (a given so-called Holy Book) and can't move on, it is all being what is still required by the **Contract of the Rebellion and Default.**"

HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:

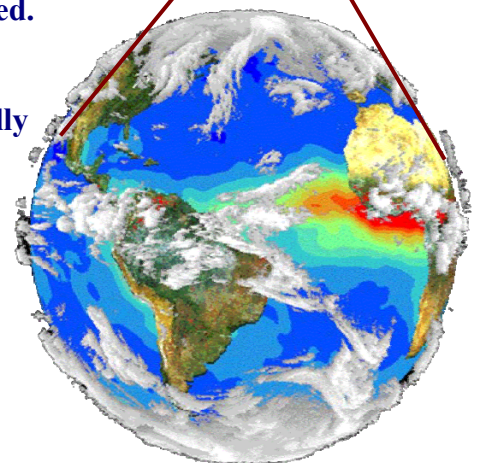
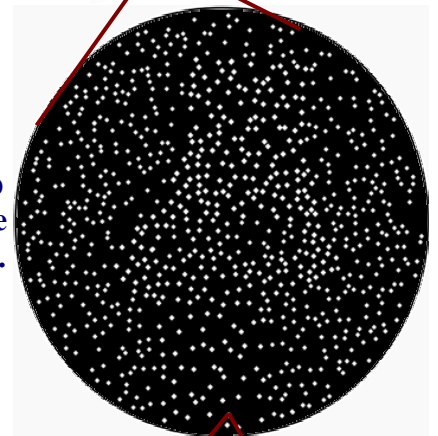
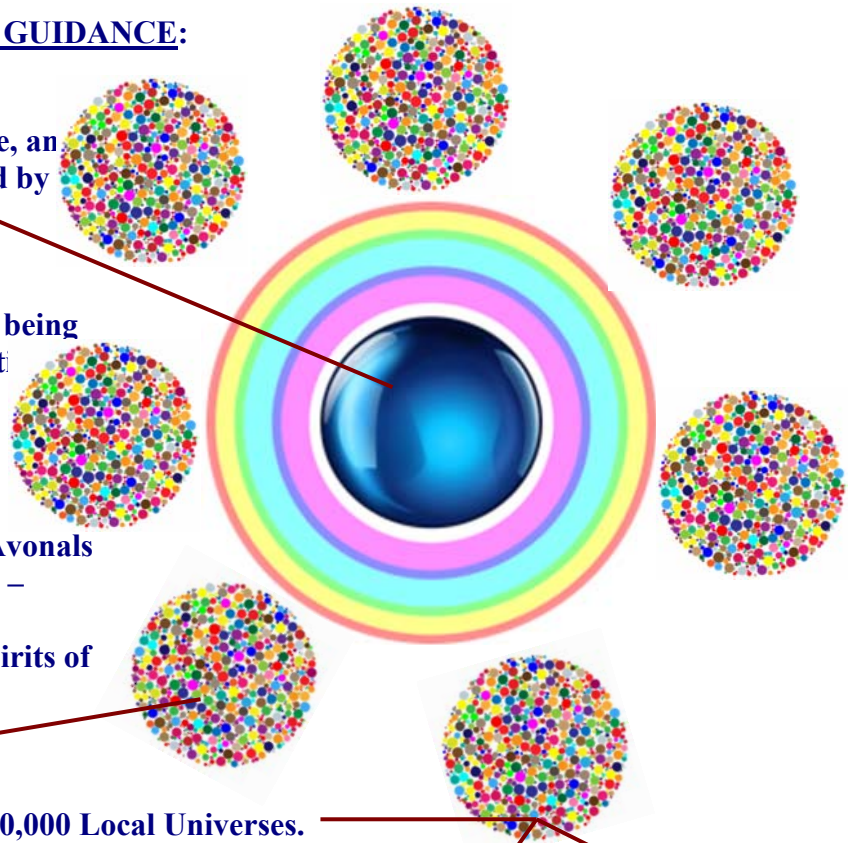
Daligastia soulmate pair being Lanonandeks

Adam and Eve soulmate pair Material son and daughter

Machiventa Melchizedek soulmate pair

Creator daughter and son – Jesus and Mary Magdalene

Avonal daughter and son who are yet to commence their public ministry.



Why did the Lanonandek Daughters and Sons rebel? Being the Lucifers, Satans, Caligastias and Daligastias soulmate pairs.

James Moncrief Monday, 12 November 2018

Re The Urantia Book (TUB): there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, how to do that is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher help comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minister, create, or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.

Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. With the Lanonandeks being these key administrators, guides, overseers, who are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestial spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and in through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels, the practical physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve through ongoing self-expression the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need

for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't, rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our cases, also default. Which means, providing people and spirits in the Mansion Worlds, their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Neadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.

So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam (Material daughter and son), we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true, we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion, we who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

And the Melchizedeks have enlisted the Celestial spirits help. So together, they now in effect play the roles of the Lanonandeks. And so as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth. And I would imagine, people who finish their Healing and become Celestials on Earth will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have now the Daligastias and Eve and Adam, still helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair, and here we live in their universe of Nebadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Nebadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who would be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually, we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.

The FOLLOWING WELL MEANING GUIDANCE MISSES the MARK!

What causes lung cancer? A letter

<https://mary.divinetruth.com/2018/05/27/what-causes-lung-cancer-a-letter/>

27 May 2018

I (Mary Luck) recently received an email from an acquaintance asking me about the causes of lung cancer. Her mother died of lung cancer and my acquaintance was concerned that she may share the same emotions that created the disease in her mother.

I thought that others may benefit from the explanation of the disease which Jesus (AJ Miller) assisted me to write. I think that this story also gives some insight into why many of us hold onto co-dependent relationships and don't confront unloving issues in ourselves or the people around us.

I have removed the names and some of the identifying details.

Hi R,
How lovely to hear from you.

Thank you for your very kind comments about The Sleep State video. It certainly was a challenging talk to give but I'm glad that people can gain something from it now.

From your email it sounds like you are writing to us because events and people in your life are causing you to think more seriously about this cancer issue and you have questions about what causes it. And that that very persistent guide of yours that you mentioned is attempting to have you look at what is happening for you in lots of areas of your life?

I always feel so grateful and amazed about the way that the Law of Attraction brings clues, triggers and at times what feels like loud speaker notifications (smile) about what we need to look at in our lives. It isn't always comfortable but I have come to see it as an incredible gift.

So at the moment the Law is obviously working to have you question the causes of your Mum's cancer. And Jesus (AJ Miller) and I (Mary Luck) both agree that you do have many of the same emotions within you that created her cancer so releasing these emotions and making some changes in your life now is going to help to prevent you from developing the same illness.

In a nutshell, lung cancer is caused by the angry demand that, if you work for others, then they should help you to avoid your grief.

Your Mum had a lot of grief from her childhood and from events throughout her life that she didn't want to experience. In addition, she had the injured belief that she was entitled to expect the people around her (you, your brother and especially her husband) to support her to avoid her grief, as long as she worked hard and did a lot for you in return. This was the "barter" system or "payment" method that she thought was just and loving. The dynamic she set up in the family was "I'll work for you as long as you help me to avoid how sad I am."

Your Dad, who was the primary person she demanded this kind of support to avoid grief from, was willing to go along with that for most of their marriage because he wants a woman to take care of all the 'hard things' that he doesn't want to deal with. Your Mum was willing to do those things but only in return for his support to avoid her grief. Your Mum tolerated a lot of bad, unloving behaviour from your Dad mainly just because she wanted this one addiction met.

Obviously, as you would have seen as their marriage went on, there were times when this ‘arrangement’ (technically, it is a co dependence between them) didn’t work for them. One of them didn’t supply what the other expected and so they become angry with the other, or they involved one of their kids (you or your brother) in trying to meet their demand. Instead of getting the demand met from their partner they substituted one of the children for their partner. This is why your Dad now relies on you to do ‘hard things’ that he feels he shouldn’t have to do and why your brother took on the role of ‘looking after’ your Mum’s sadness at times. This means that you are now required to look after your Dad’s demands, this actually makes you very sad.

Also, over time, your Mum naturally became tired and angry about always having to do the work her husband was unwilling to do and having to put up with many unloving acts and behaviour on his part. However she was never willing to confront him on the lack of equity in what he expected of her, versus what he expects of himself because your Mum wasn’t willing to give up her emotional belief that she shouldn’t have to cry, grieve and feel about all the loss that has happened in her life. So Mum had addictions like your Dad but Dad’s addictions are just more obvious. (I feel she is doing better with feeling her sadness since she passed, and in part I think that she is now trying to help you to see what happened for her so that you can deal with those same issues – because both she and your Dad taught you to have them – while you are still on Earth.)

Over time your Mum gave up on trying to have your Dad make her sadness go away (as you know your Dad added to a lot of her sadness) but her involvement in the family business meant that a lot of other people looked up to her and respected her and this helped her avoid a lot of her sadness with your father and her sadness from her childhood.

So by now you can probably see that you do have the same attitudes to grief, and the belief that any person you work for should support you in the avoidance of grief, as your Mum had. And hopefully you can start to see that in the past your Dad has been attempting to have the same relationship with you as he did with your Mum, and that now he is now trying to have that same relationship with another woman.

You now have the same co dependence with your husband that your Mum had with your Dad. In your relationship as it currently is, it is highly likely that your husband will add to your grief, just like your Dad added to your Mum’s.

I know from your brother that you experience intense migraines. Migraines are always caused by the person using a lot of energy to shut down their experience of grief and sadness.

So, the key things to for you to do in order to become happier and the way to prevent you developing cancer, are:

1. Identify and remove your co dependence with the people in your life

To do this you will need to examine what demands you have of your father, husband and brother (and any other people in your life). At the moment you want to have them support and assist you in to avoid feeling your grief (including feelings of sadness, disappointment, loss, etc.) and you are willing to work hard and sacrifice yourself emotionally to have them do this for you. This is already taking its toll on you.

Initially identifying your co dependence may be quite tricky to do.

Unfortunately, your Mum taught you through her example, that grief was too much for a person to feel and that the only thing to do was to work hard so that her husband, children or others in her life may look up to her, respect her, love her so that she didn't feel sad anymore. When people did respect her and love her she was able to avoid her sadness for a short time. She felt angry if this didn't happen because she believed she shouldn't have to feel sad, ever.

So, because Mum modelled this to you, you also feel that you shouldn't have to feel sad and you work (either physically or emotionally, usually both) for others in an attempt to have those others "love" you so you can avoid ever feeling sad. This actually means that you now have an angry demand that others assist you to always feel happy and never feel sad. Your migraines are proof that you are putting a lot of energy into attempting to not feel sad.

All of this means that you are going to have to be really honest with yourself to see ALL of the ways you are in a 'barter' with the people around you. You are trying to avoid sadness as much as you are able to by doing things for others and have them help you avoid your sadness.

You will be tempted to call a lot of your co dependence with your husband and your Dad "normal" since this dynamic is what your Mum taught you was loving behaviour in a relationship. It is also highly likely that your husband and your Dad are going to disappoint you because at the moment both of them are quite selfish but willing to nurse a women as long as she does what they want. However, if you can be really honest and start to identify these methods and come to see that they are NOT loving, then you will be taking the first steps to reversing the situation.

Next, you will need to start seeking to understand and analysing what truly loving behaviour, emotions, relationships and attitudes are, and to act in accordance with those. This means you analysing your own behaviour, emotions, expectations and attitudes and to see that it is unloving to avoid feeling your own sadness. That it is unloving to do things to help you avoid your own sadness and it is unloving to not confront the unloving behaviour of other people in your life. You keep avoiding the unloving behaviour of other people towards you which only adds to your sadness and causes you to have to do even more things to avoid your sadness.



2. Begin to experience your grief

This step is essential. By grief I mean not just your grief at your Mum's passing but also the sadness you have stored throughout your life where you have had to work to get other people's approval and acceptance, particularly with men.

While feeling your grief will mean feeling sad for a time, by doing this you will also begin to feel a lot more free and relieved in your life.



Experiencing your sadness will also lead to greater self confidence and self knowledge. At the moment, because you are shutting down a lot of your grief, and even the awareness of what you are sad about, you don't really know yourself well and you also end up feeling very dependent on men (which, while you rely on them to help you avoid your grief, you are). This feeling of dependency means that you can't feel confident of your own ability to be yourself and or to look after yourself in the world. While you have this injury you will always feel that you 'need' a man. This isn't good for your self worth and it also leads to the situation where you will end up feeling resentful in your marriage or with your Dad

etc. Because the men around you can feel from you that you are willing to be treated badly as long as they help you avoid grief, they will take advantage of this.

You will end up feeling that you can't change things in your relationships because you risk confronting the man so much that he may no longer meet your addiction to avoid your sadness. Because you are afraid to confront men in their unloving or unethical demands of you (for fear of them no longer helping you to avoid grief) you end up in a situation where you feel very angry with them about many issues that are unhealthy in the relationship. However you force all of this down and never express it so that you can maintain the co dependence but you end up bitter and resentful under the surface. In other words, you end up unhappy, more sad in your relationships, you and the men around you don't reach the potential they could reach if you were willing to confront their unloving behaviour and feel your grief. If you think about it, this is exactly how your Mum felt in her relationship with your Dad.

At the moment you have a tendency to ignore the fact that you are already being treated badly in your relationship with your husband and father. You wish to ignore it so that you don't have to feel sad about it and do something about it. You end up being stuck like superglue to people who are contributing to your sadness because you feel dependent on them to help you avoid sadness. It is illogical but this is what it is like.

Your Mum was ignoring the fact that there was a lot of sadness in her about her relationship with your Dad. She didn't want to raise it because it would make her feel even sadder than she already felt. She gave up on her husband ever cheering her up but used her work as a way of avoiding her sadness instead.

So the problem for both you and your Mum is the demand on life, and the world around you, to help you to avoid feeling sad. You are currently denying a lot of truth in your life so that you don't have to feel sadder. But it won't work.

This also makes you feel angry at anyone who doesn't help you to avoid sadness. In this injury, you feel like people aren't loving you or caring about you while they don't make your sadness go away.

At the moment you feel unloved by your Dad because he isn't helping you avoid your sadness and he is also being unloving towards you by putting extreme demands on you to run the business, etc. So the key is to identify that you are unloving by expecting others to help you avoid sadness. But that at the same time you are actually sad because he and others are unloving towards you.

R, I hope all of that helps, there is more I could say but I sense that what I have said is probably enough to digest for now. I just read this email to Jesus (AJ Miller) and he has helped me to refine some things and hopefully explain things clearly.

The trouble with written communication is that it can be easily misinterpreted. If you do have any other questions you can email me and I am happy to try to explain further.

It was lovely for me to have the chance to speak with you a little. When we visited I didn't really get to do that.

Love,

Mary Luck

WHAT CAUSES LUNG CANCER – Further Consideration:

Monday, 28 May 2018:

Note from Graeme to James: I received this email today from Mary Luck (part of a mail-out she does called "Notes Along the Way") talking about the causes of lung cancer. I felt to share it with you in order to feel-into the truth of the message. Especially the advice in Section 2:

"Begin to experience your grief". At no time does she mention the fact that "simply feeling the grief" is not enough...it has to be felt AND EXPRESSED in order that the TRUTH behind the yuk feeling is brought to life and thereby releasing it once and for all from the soul. This is a KEY part of Feeling Healing that neither AJ Miller nor Mary Luck appear to understand and is probably why no one (or at best very few) have made any progress in their soul healing following the "teachings" of AJ.

The Key



Note from James:

Hi Graeme, no, I don't want to read it; however yes, I read it and would like to comment on a few things.

First of all it scares me. Okay Mary obviously knows the woman, however to give someone a 'reading' like this, as if you know what is really going on in them.... AHFFF forget it, it's too hard. It's all right playing around in the mind using your mind, if that's what you want to do, but really does it do anyone any good in the long run? I don't know, it's not something I'd want to do. If the person had been working to express their feelings and it was the person saying all this stuff themselves, then sure I could imagine commenting on it and perhaps saying a little if I could help them understand a bit more, all so long as I didn't take over, with really the emphasis being on helping them bring out more themselves.

The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don't want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you're not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are there to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth. You will feel better letting of some steam and releasing some of the bad feelings and emotion from yourself, and it might even inadvertently give rise to a few insights and some cathartic release and even truth, however that's not DOING YOUR HEALING.

The DOING of our Healing is a whole package. You want to uncover the whole truth of yourself, which means for us, the whole truth of our unloving state of being. And unless one has that focus and desire, then you're going to be dipping into your bad feelings, possibly bringing up a bit and even seeing a little truth, but your growth of truth will be slowed and jagged, if at all.

And we want to grow in truth, because that's the Healing of ourselves, getting ourselves out of our untrue truth-denying states.

I know I labour these points, but they are what makes what I am saying different to anything else that I've yet read. And until I read something that does make more sense, I'm going to stick with it.

And when you say 'feel-into' it, to be honest with you, I hate that saying. **We don't feel into anything, we just feel whatever we feel.** And in the context of our Healing, we move with the emotions and

feelings expressing them the best we can – whilst longing for the truth they are to show us. And when you said ‘I felt to share it with you’, really I think it’s better if you simply say you wanted to share it, or even better still you just wanted to send it to me to read (as I also hate how so many people say ‘share’ in this way, including myself at times), because that’s what you ‘felt’ to do. I want us to try and stay simple and true to what we all know, what we’ve grown up with because a lot of it is good. All these ‘American’ terms like feeling-into it are really coming from people who don’t know what they are talking about, so far as I’m concerned. They are making up all sorts of nonsense words to do with feelings and their expression and I think to sound impressive and like they know what they are talking about – it being something new or different. Longing for the Truth and expressing, in particular your bad feelings, is new, and I don’t want a sort of crappy alter language developing that misses the mark.

I might be too harsh on this, however for now I want to air it with you and see what you think. If people want to go with all the newer terms and it’s just too much to stop them, then I will give in... or maybe I never will! I will if it’s explained to me why I should use them, what good they are offering; however until that happens, na, I’ll pass.

My immediate impression from reading what Mary said was how much she is trying to work it all through the mind, as you said, which is good for me to see, because that’s all EXACTLY what I personally want to avoid. I used to think I should be able to do that, but now I know it’s not about should, it’s just wrong.

So thank you Graeme for sending it to me. I won’t bother Nanna Beth with it, as I think I’ve said enough.

I’ve always liked how Mary writes and what she says in the context of her trying to help other people. I think she means well, and at least that’s something, and a lot better than how some other people do things.



“It’s always “now be a good boy and do as I say...” same old shit ... never encouraging me to express my true natural self. More control!”

Monday, 28 May 2018: What causes lung cancer by Mary Luck

Graeme to James: Well thank you once again for your candour – and yes those pseudo American terms also give me the shits and I should be more conscious of the words I use and the real feelings behind my words.

Yes, I wanted to send you this email from Mary Luck because I wanted to know what you felt behind what she was writing. It's that extra bit of re-assurance I was looking for that now I have changed "horses mid stream" from AJ to Feeling Healing that finally I'm on the right path.

So "we just feel whatever we feel". Got it. I don't "feel into" anything!

I don't "feel to share" things. I want to hear what you have to say. i.e., I want confirmation that I'm right and Mary L is wrong. This is all to do with my childhood stuff of wanting to be right and to please mum and dad. Right?

And when this email arrived in my inbox I thought shit, should I open this or just hit the delete button. But I couldn't. I HAD to open it and read it. Then I HAD to have my doubts and feelings about the truth or not of what she wrote confirmed. There's something not quite right in my actions. Am I just unloving, needy, I'm not sure what it is.

So I guess what I should have done is stop and FEEL what emotions that message brought up. Then I could also have prayed and longed to God for the truth of those feelings. Instead I blasted off the email to you and John.

Well, another lesson...and another step
Thanks James
Graeme



Tuesday, 29 May 2018:

James: If you like Graeme, go back to one of those bad emotions or feeling that reading Mary brought up. **And see if you can write out the emotion or feeling. Start with one word, what is the feeling, such as: Scared.** Then start writing how you feel feeling scared. I feel scared, scared, shaky, nervous... and then, how does feeling those feelings make me feel: Feeling shaky makes me feel... Then stop and long for the truth of these feelings to come, really want them to come up so you can see what they are to show you. Then write more of your bad feelings. And don't try and look back into your childhood for some connection or anything, just stay with the feeling for as long as you can, following it where it will lead you. And if it takes you back to your early life, fine, if not, just finish when you've had enough. And if you want to, please send it me. And not for me to judge, because there is no right or wrong about how you're feeling about anything, but just to see how you got on.

The whole thing about what Mary says is that it's grief that caused lung cancer in this woman's mother and possibly the same grief passed onto her child might cause this woman the same problem, unless she somehow gets rids of that grief. And I disagree with a lot of that. How can we know that it's grief or anything else that causes such illness? The illness is caused by masses of childhood problems all coming together manifesting in that illness at that time because really it's to give rise to the necessary feelings that person is to feel through that illness. And we can choose to work with those feelings doing our Healing, or just do our best to guts them out or block them out. This whole understanding of diagnosing an emotion based on a physical problem is just more mind control. To say you have unexpressed anger because your liver is playing up, shit my liver would well and truly have blown up by now, whereas I've had many stomach reflux problems from anger coming up, even my current sore nose

is so much anger driven, along with more fear and misery. All our emotions are too intertwined, so it's too simplistic to narrow it down to one thing like Mary has. Our Healing is vastly more complex, and really it doesn't matter what parts of the physical body stuff up, it's just that they will and do, all so as to bring up more bad feelings for us to embrace, express and long for the truth of.



Emotions are remotely / vaguely associated with illnesses:

Friday, 1 June 2018

James: I remember now, John wanted to know if you could please comment on the fact of **our bodies showing our repressed state, with certain illness and physical problems being related to the same or similar traumas we've suffered when young.** Something like that – I think.

Nanna Beth: Only very mildly, are they James. As you understand, certain characteristics one might share in common with certain repressed feelings, however it doesn't really matter because focusing on an illness or specific dysfunctional part of the body, or even part of one's emotional or mental state, is limiting too much what your feelings will be wanting to help you uncover about yourself. The illness is only one specific snapshot if you like, and even its duration is in a sense neither here nor there, it again being all too specific for the individual concerned, even if they show similar symptoms with other people seeming to suffer the same problems.

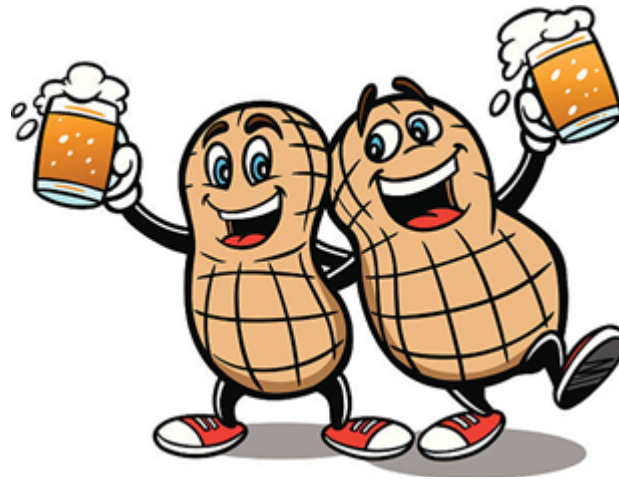
However having said that, I don't want to belittle any experience, they are all vital and valuable in your quest for truth. So really trying to look at the illness in any terms other than just trying to express all the feelings that result from it so as to uncover all the truth your soul wants you to see, is just getting caught up in the mind side of things. However, having said that, if you feel and think all that mind stuff, whilst you are intent on expressing all you feel, then so too should that all be brought out.

There are individual reasons why you get sick for example, all of which each individual is to uncover through the feelings resulting from that illness. And of course many will be similar to other people suffering from the same things, many of the same bad feelings involved, however as it all is to lead you to the truth of your relationships with your parents, so that's when it all becomes very different. For even if say two people felt miserable because of feeling abandoned by their parents, how that all came about and how they have suffered and what they have done to keep such bad feeling repressed, will all be highly personal. And the more personal and more you can stay focused on the person, the better. Humanity as part of its current denial is too heavily influenced by the impersonal, put everything into mental categories, name all the disease and problems, do this or that to fix them, it's all what needs to go.

James: Thank You Nanna Beth, I'll see if John is happy with that, and he can ask you other questions if he wants to know more.



Insanity Of Humanity



numbnuts

MIND
Worship



EMOTIONAL INJURIES can be INDICATORS of PHYSICAL DISTURBANCES:

A number of similar harmful suppressions and repressions of emotional events will draw their energies together and also relatively similar injuries to that core, thus bringing about a unique cluster of held, damaging energy that then finds a home in a compatible organ or area of the physical body.

The foundation of such accumulations can commence immediately upon incarnation, being projections from one's parents and subsequently other family members.

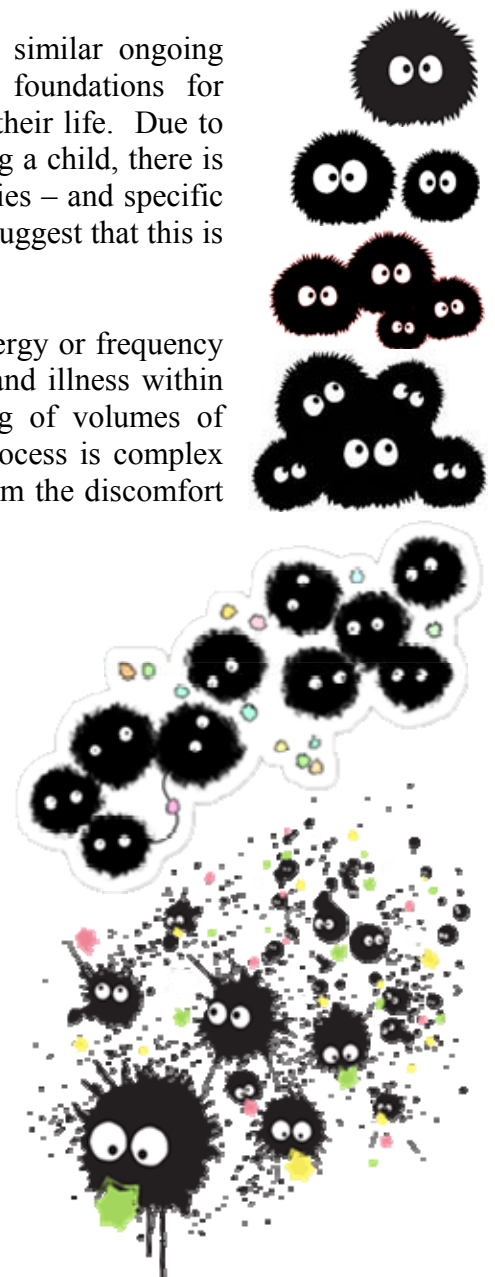
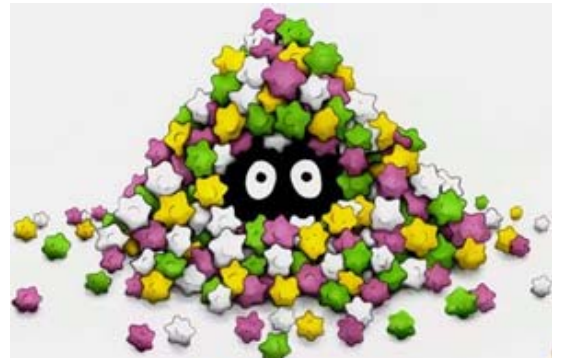
The core emotional injuries grow and grow through relatively similar ongoing emotional patterns of parents and carers, thus creating the foundations for discomfort and subsequent illness within a child, and later on in their life. Due to the complexity and intertwining of the natures of those influencing a child, there is NO precise relationship between core and related emotional injuries – and specific illnesses or the nature of an illness – even though the patterns do suggest that this is so.

It is a generalisation that a range of emotions within a similar energy or frequency band find their manifestation by expressing themselves as pain and illness within one's body in predictable locations. Further, due to clustering of volumes of ongoing emotional injuries around the core issue, the healing process is complex and lengthy. The longing for truth of one's feelings resulting from the discomfort within one's body will be a lengthy process of working through the huge range of emotional issues directly related to any one illness event.

The gift to humanity is that any emotional injury gives us the opportunity to FEEL and LONG FOR the truth of what is behind the discomfort within our body, so that we may express what we recognise and talk the harm out of us – in this way we slowly heal ourselves – both spiritually and physically.

By ignoring what our body is bringing to our attention, by suppressing the discomfort, we bring about further escalation of the emotional error and a growth in the potential for greater vigour in the activity of the energy related to the frozen cluster of emotional injury. This may result in even more difficulty in managing pain and disease within one's body.

This discomfort is a call to long for the truth behind what your body is drawing attention to and talk about what you are feeling, expressing what you feel is behind these issues, being your emotional errors and injuries, and express it out of you – release the injury.



OUR BODY NUDGES US TO LONG FOR TRUTH!

Should our physical body be without discomfort, pain and illness, we would not have any reason or prompting to pause for a moment and wonder what is behind such intrusions to our ‘harmony’.



In this way, our body guides us into asking for the truth behind such discomfort – to long for the truth behind our emotional injuries. Should we ignore these communications then our body will amplify its signals. They will strengthen progressively until we not only engage in our investigation into the underlying cause of the pain or illness, but also start to express what we are feeling – talk it out of us.

By expressing what we are feeling will not resolve all the pain until we have totally completed all of our healing. If we were able to resolve individual issues in this way, one by one, we would stop our healing process, our Feeling Healing. That would defeat the purpose of our body being able to assist us with our total healing of ALL of our childhood suppression and repression.



“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of our wrongness. With our soul causing our body to show the damage when it’s time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”

Note from James Moncrief 2 June 2018

Thus, it can be considered that Feeling Healing is the pinnacle of all healing modalities and that all health care systems (Allopathic, Ayurvedic, Traditional Chinese Medicine, etc.) are complementary when they do not shut one down from simply FEELING.



Our bodily discomforts, both physical and mental, remain with us in varying degrees until we transition into being Celestial – in at-onement with our Heavenly Parents – following completion of our healing all our childhood repression and suppression.

PHYSICAL DISCOMFORT is a COMPANION through out OUR FEELING HEALING:

We are to uncover the truth of our untruth through the Healing crying Mansion World levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).



Spirit Mansion World 3 equivalent on Earth: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Spirit Mansion World 5 equivalent on Earth: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Spirit Mansion World 7 equivalent on Earth: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

One's acute pains – such as headaches, hip / joint / back pain, etc., all of which can be crushing and feel like they are too much – may be to do with the actual breaking down of controlling beliefs. And then associated with them, and perhaps even resulting from them, comes all one's repressed emotions and feelings, namely, fear, misery and anger, they being the big ones, together with feeling powerless, useless, too overwhelmed that you can't go on, broken, unloved, unwanted, uncared about and so on. All these feelings and emotions are also painful, but are a different pain to when you feel like your mind and some part of its control is being broken down. Usually, when the mind breaking pain passes, you then move into deeper emotions and feelings to be expressed, feeling like you are progressing in letting go of your untrue self, giving up more of your falseness – evilness. These intense 'mind-breaking' pains come intermittently, sometimes many together, sometimes for a short time, sometimes over weeks, months, even years. So overall one's Healing may feel like it's one long mental breakdown, with all the additional emotions and bad feelings that need to be released along the way. All of which are trying to bring one's will back into being as it should have been had it not been so interfered with.



Accept, express and long for the truth of your feelings.

Live true to your feelings; your feelings are your true self. Be free in your feelings. Free your feelings from your mind's control. Live true to yourself through your feelings.

BODILY PAIN is OUR FRIEND:

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

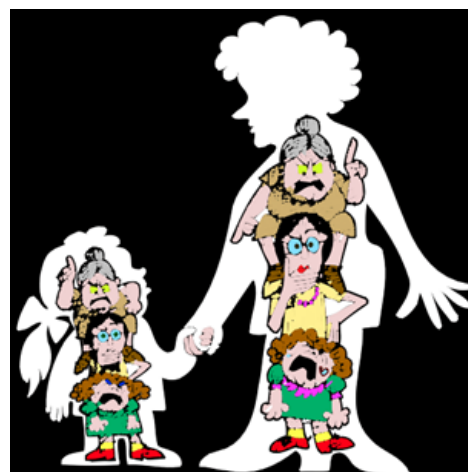
Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



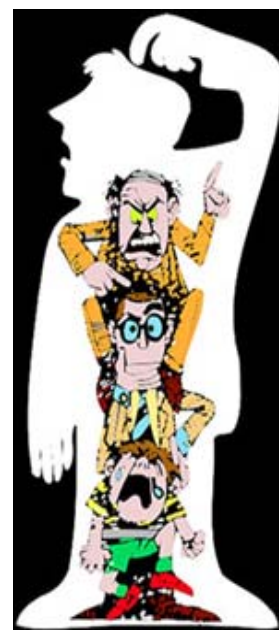
So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives you to seek help, of course you do whatever you want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth you are to see about yourself.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain.

James Moncrief 9 May 2018



THAT'S THE THING
ABOUT PAIN.
IT DEMANDS TO BE
FELT.



What is Child Abuse?



Ridiculing a child



Touching a child in a way that makes the child feel confused, unsafe or uncomfortable



Making fun of a child



Disregarding a child's health needs



Pressuring a child to meet adult's needs and expectations



Employing a child to work in your house



Tricking a child



Not allowing a child to attend school



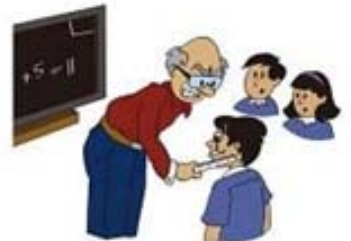
Ignoring a child's emotional well-being



Forcing a child to touch you



Beating a child



Hitting and humiliating a child

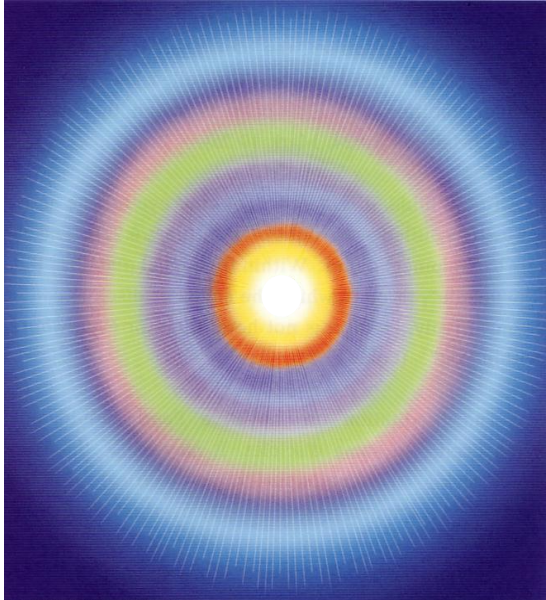
CHILDHOOD TRAUMA



DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULD IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

The SOUL DOES IT ALL. THE SOUL INITIATES CONCEPTION AND THE GROWING OF THE PHYSICAL AND SPIRITUAL BODIES, AND ALL THAT CONNECTS THEM TO EACH OTHER AND TO THE SOUL ITSELF.

The soul oversees EVERYTHING – we are soul. And our soul is duplex, in that it has bestowed upon it two unique personalities by its Creator Parents – our Heavenly Mother and Father. So at conception, our soul incarnates you, one of the two personalities into Creation – life. The soul does it all. The soul doesn't come at some point embracing the embryo. The embryo wouldn't exist if it weren't for the soul wanting it to exist. We are never separate from our soul.

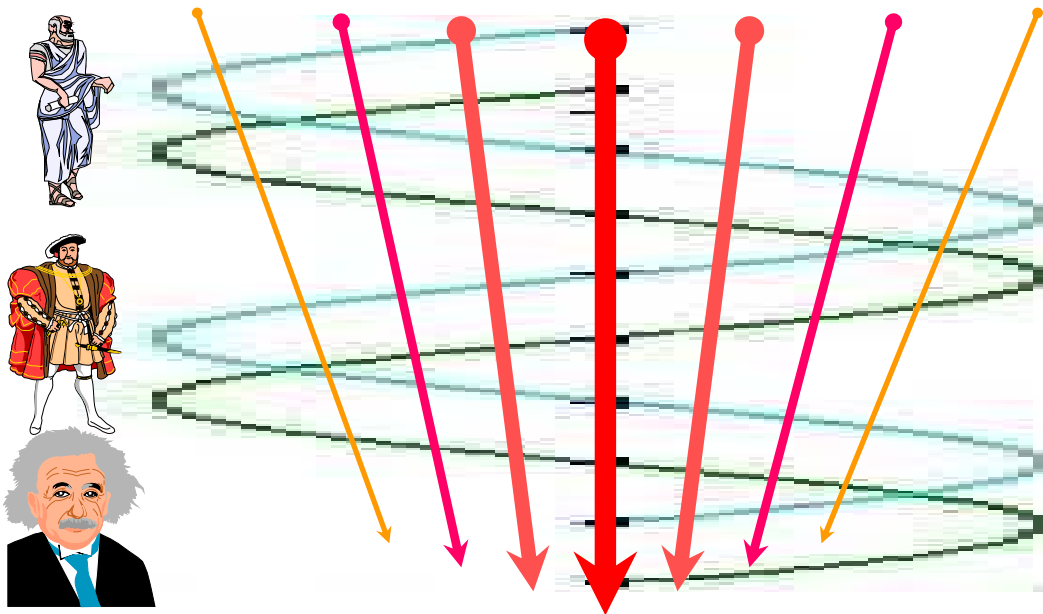


**A newly
individualising
soul is just a
tiny spark.**



generations

OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:



Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation, resulting in malfunctions in the foetus.

We are a product of all that has come before us.

Our own soul condition is reflected in our children.



To assist baby, as well as yourself, work and pray to clear your blocked emotions.

Clearing your negative emotions improves your soul condition as well as that of your children.

Baby's body, when conceived, is always perfect. Their soul condition is also perfect.

GENERATIONAL TRANSFER of EMOTIONAL BLOCKS and INJURY:

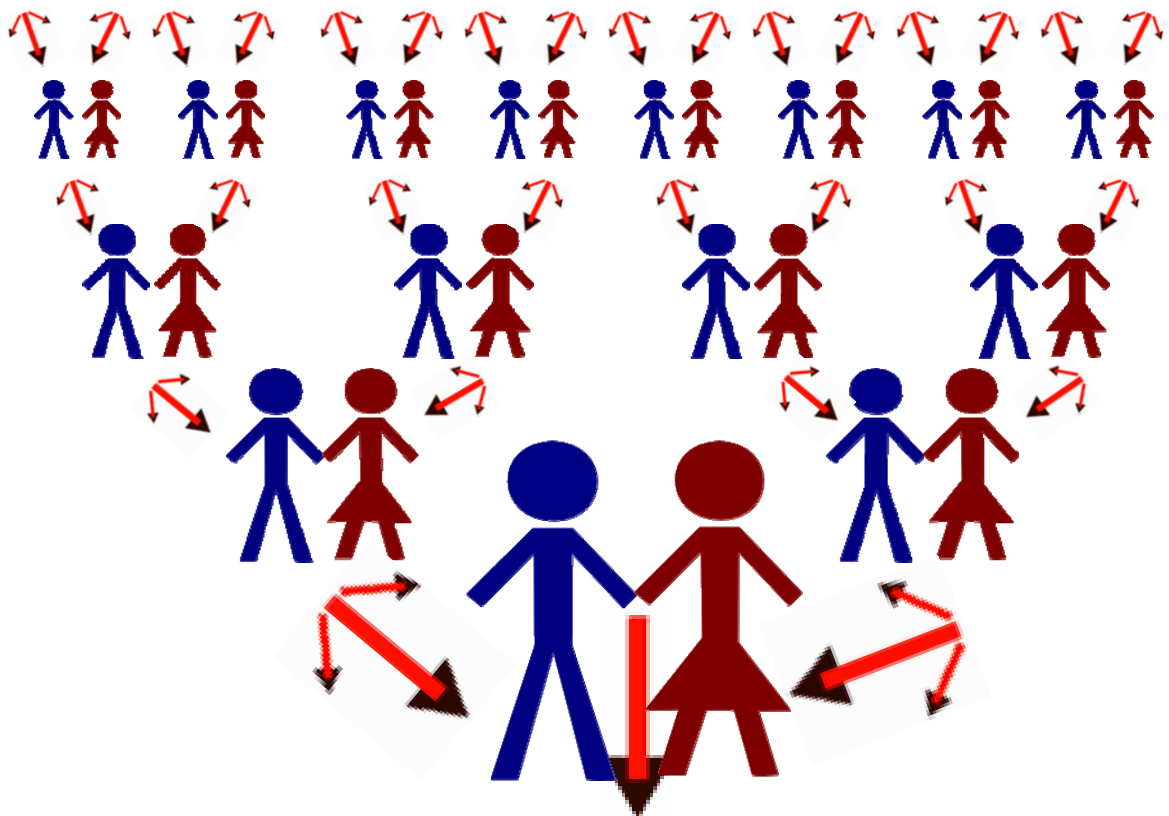
Our children are conceived within the 6th sphere state, by the time they are born, or shortly thereafter, they have absorbed their parent's emotional injuries and their soul condition typically reflects that of one or the other parents. Our children continue to mirror our soul condition, or that of one of the parents, up and until they leave home and start to establish their own home with a partner.

Thus, to assist our children, we must firstly resolve emotional issues within our selves.

In turn, we are a reflection of our parent's soul condition and their parent's soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and processing our fears and blockages.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly there after. It is the accumulation and combination of issues held by past generations that insidiously manifest as life threatening illness episodes within unborn and new born babies. Parents clearing their emotions can lift autism from their children!

Specific emotional injuries or blockages manifest as specific health issues. Thus, an illness episode or pain can be readily related to specific emotional issues that need processing.



CONCEPTION being the mother and father of all POLE SHIFTS:

Saturday, 2 June 2018:

Hi Nanna Beth (comments in blue from John)

It appears that the process of conception can be likened to a person taking a bungee jump without attaching the bungee rope!

Nanna Beth: Yes, it does appear that way John, particularly when you're in the thick of it, however once you are free of it, it is the most wondrous thing, and so incredible that we can start off so immersed in the wrong, to live being evil and truth-rejecting and love-denying without even knowing it, then waking up to the 'error of our ways' and then doing our Healing, bringing us to the point of seeing what a magnificent experience we've been given.

The infusion of errors and injuries into the newly incarnating soul appears to be massive, rapid and without any let up or limitation.

Nanna Beth, 3rd Celestial Heaven: It's all incredible when you think that each soul has been created with it all within it. With the whole pattern of the life its two personalities are going to express in Creation. And in our cases, beginning that self-expression in the negative. And so the parents you had, you were always going to have, it couldn't be any other way. THERE IS NO CHOICE IN IT! So it's all planned, it always has been and always will be. It's astounding to get your mind around. So when it was time for your soul, John, to start incarnating the 'John' personality – you, so your parents did what they needed to do, and away it all went. Then they and everyone else in your life helped your soul manifest all the negative aspects you've required; and so it continues, and will continue when it's time for you to start doing your Healing.

This event sets the stage for the journey that is just commencing for the pristine loving personality that has nowhere to go but down into the drama of physical life of the newly forming embryo. Oh, it must be even more dramatic should the embryo not be viable by around days 16 to 19 and then know that another opportunity will be provided for this soul!

Nanna Beth: And you understand that for those people who die so early it's the same for them in spirit, they are still inducted into the negative and grow up as spirit children with the negative mind-controlling unloving influences they need. So are parented by 'loving' mind spirits becoming of the yuk, only to one day do their Healing. However that is also to change when the New Age begins because children who die early with parents who are already doing their Healing, will be adopted and so parented by spirits who are doing their Healing, so spirits in the Divine Love worlds, something that has not happened before. So until this time, spirits who've wanted to parent have only been able to do it in the mind worlds, so that has limited and influenced the time of doing their Healing; but soon spirits can begin their Healing without needing to be parents in the mind worlds, parenting instead as they are doing it. And I'm talking about those spirits that have still needed parenting experience, over here. Some spirits requiring it because they didn't get it on Earth, other's needing it as part of furthering their negative experience in the wrongness.

For as you understand, there is no better way than to further your wrongness than to have children. Really is the worse most evil thing you can do. A serial killer, even a mass murder, isn't as bad as a parent, as each parent will find out through his or her feelings as they do their Healing. So how does that make you feel? With the serial killer being sorted out in the hells for such actions against



yuk

another's will, and with all us parents and non-parents alike, being sorted out as we do our Healing. Time in the hells is nothing on a spiritual level compared to what you go through during your Healing. The 'hell' time allows you to become fit enough spiritually to enter into life in Mansion World one. The Healing, which deals directly with yourself as a child and your relationship with your parents, and your own child / children if you are a parent, ascends you in truth up through all the Mansion Worlds. So, as you can see, there is a hell of a lot more to being a parent and a child.

And yet, this is all recorded by the attending angels for later review, should one so desire to embark upon such an investigation subsequently to becoming Celestial.

This rapid influx of a massive cocktail of emotional injuries and errors of belief sets the stage for one's quality of life and physical health. The cocktail is so massive that it is such a hard slow slog to heal one's self that few will even consider embracing the Feeling Healing process while living on Earth, let alone doing it.

Nanna Beth: In the beginning, few people will wholly commit to it and completely heal themselves before their die. Many will start it, progressing to varying levels before they die. That is already happening in your small group John. Including many more who will want a taste of it, and many more still will embrace the concept and look to learn all about it.

Thus, can it be said that even the major core emotional injuries are not a reflection of any specific physical ailment or discomfort, so much so, that one needs to look to all their feelings, both good and bad, without any possible comprehension as to how this processing may eventually relate to easing any discomfort within their physical body?

From what you conveyed yesterday, it appears that we have a lot to learn as to how one should prepare themselves prior to seeking to have a family.

Nanna Beth: Which is all yet more to do with your mind. You don't need to prepare yourself as such, however for some people that is part of how it will be, not so for others. And for some people it will affect their need to have children, however I assure you John, it won't put anyone off having children anymore than those who are put off already are. People will come to understand that, yes, they can see the problem, even do their Healing, but like Mel and Tommy, still decide to have children wholly understanding they are going to subject their children to their yuk, although a diminished amount compared to how it would have been had they not started their Healing. The soul-urge to have children, will be too strong for most people's mind to say no to having them based solely on not wanting to subject them to evil. Having children, you might like to know, is completely in the department of the soul. Parents or people might think they are in control deciding to have them, but they are not, it's all their souls doing. The Mother and Father through our souls control our need for, desire to have, and the result. Children come into the world (or don't come into the world) because of God, not because of anything humanity does or believes. You go on the pill because you don't want children, but that too is all God's doing, for if God still wants you to have children, then no level of contraception will work. Which is really the same with everything.

And parenting children with the awareness of the Wrongness, and even trying to do some Healing, will all have other effects, both good and bad, upon the children, which will be what they need to live and grow up in, express as adults, and Heal. So as you can see, it's part of the broadening of humanity's potential experience, it's a whole new age being introduced, and a high level Spiritual one at that, so it's going to be an intense time for all who are on the Earth. And there's a thousand years to set it in motion, then it will move into the next phase which will be wholly different again because the intense influence

of the Spiritual Age will have ended, so humanity will move more into steadily progressing under its own steam toward the Ages of Light and Life.

However in the meantime, there is nothing at all wrong with implementing structured courses teaching people about it all, including introducing things for those who want to be parents to think more about. All so long as it's voluntary and not being forced on anyone, and in particular – children themselves. It's okay for parents to enforce what they will, I mean it's not okay, however within the wrongness that's between the parent and child, but it's not okay for anyone else, like schools or other institutions, like religious ones, to subject children against their will. If the child wants to go to school, fine, if it doesn't like what's happening to it at school then it should be not forced. The free school approach is far more in keeping with an institution honouring the needs of the child. The school can take care of everything else; but it's to look to honouring the will of the child, helping the child bring itself out and express ALL if feels, rather than condition, control and crush it.

Presently, are any of the people who lived at the time of Mary and Jesus still within the Celestial Heavens, and are any connecting and communicating with mediums here on Earth?

Nanna Beth: Yes there are quite a few, and will remain so until the time of the official change over of ages. And then I think most will move on, however a few might stay too, I don't know about that yet, I don't think anyone does, except the Melchizedeks of course and the angels.

Mostly those from Mary and Jesus' time work now as advisors in the change over. We consult them about how it was back then, and how it's been since then, should we need to, which is less and less these days as we now have a pretty good idea about all of that.

And as to whether or not any of them are actively communicating with mediums on Earth now, that too I don't know, but I could find out for you John should you need to know. I think in a limited capacity they might be still working with some of the Divine Love people, however as you understand, that's pretty much a 'broken record' now. And new people coming to the Padgett Messages or who might want to talk with the Apostles as such, are looked after by more contemporary soulgroups who might for whatever reasons present themselves as such people of the past.

But really John, little is actually happening on the 'Divine Love' front, there is no need for it now as there has been, it's basically served its purpose and so we Celestials are managing it in a 'maintenance' type relationship. And really we wish the whole thing would disappear as it's all now part of the wrongness because of what you are all doing concerning your Healing and advancing the truths and information, so it's sort of like a relic to us in some ways. It was necessary, a further denial of Jesus and Mary M and one that completed their denial, to outrightly deny them directly through the Divine Love, and that has been done and really no longer needs to be done. However of course it will, and those Celestials involved are passionately helping those people they help, however it's not really my area of interest, to be honest.

Luke and John, are still here with us, and will be through to the end, so it is possible they are doing some work with people on Earth. However, as I said, I don't know how much and you'd have to tell James why you want to know. And I could of course have found out, as I know what you are always doing with James, however I've wanted James to feel my saying no to you and that I don't know – something knew for him to think about. Which is in keeping with what he was working through today.

And it also means that you and he will have to keep telling each other exactly what is on your mind and what you want to know, rather than thinking we'll be filling in the gaps for you. It's all about helping you both stay focused more on the personal and the personal on Earth, for that's where you are to

concentrate all you are to do. We are to remain in the background, the background of which I have been over this year and a half filling out so you both feel comfortable with it in your different ways. You are at the coal-face and you don't and won't always know what management is working on!

cheers for now and thank you
John

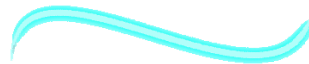
James: I like the heading! **There is more to this Pole Shift than meets the eye?** Is there not my dear Watson...

Me, James, again: Oh yeah John, I just remembered you wanted me to write what I said Marion said... hmm – can I remember? It's never the same, anyhow I think it was something like this:

“We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of wrongness. With our soul causing our body to show the damage when it's time for us to attend to the required feelings.

“Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

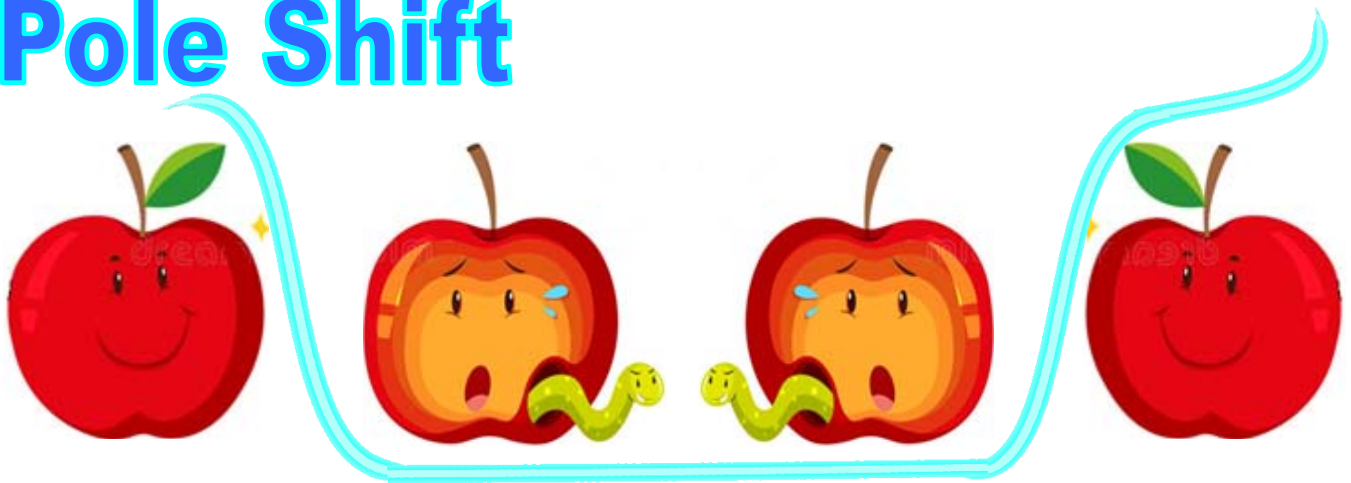
“Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been.”



Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to 'house the future of humanity' .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are officially now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

Pole Shift



Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.

At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into 'bad apples'. We proceed through our life experience, after our parents' well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.

Now, for the first time in history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can begin to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.

We can through our Feeling Healing embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.

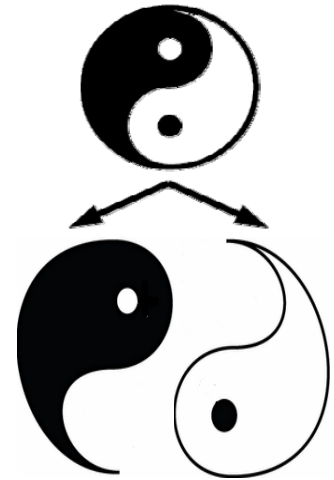
This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.

The SOUL CONDITION of BABY at CONCEPTION is PRISTINE:

A feeling of God creates our soul personality, the soul then splits into male and female elements. At the time of creation of the soul, the state of the soul is that of natural love as of the 6th sphere. The location of the soul at that time is not of the 6th sphere. The soul halves are then attracted to different parents.



Baby at 8 weeks



The two soul halves may be incarnated up to 20 years apart, male and female halves are never in the same family.



Emotions flowing to unborn baby, then born baby, from those around the baby.

During gestation and early years after birth, the soul condition of the baby drops from the 6th sphere state to the level reflecting that of the parents and of those in frequent contact with the baby. Kinesiology testing repeatedly shows that the consciousness level, soul condition, of the child reflects that of one or the other parents all the way through their childhood until such times as to when they leave home and commence their independent life and establish their own environment.

The EXPERIENCE of LIFE by the BABY in the WOMB:

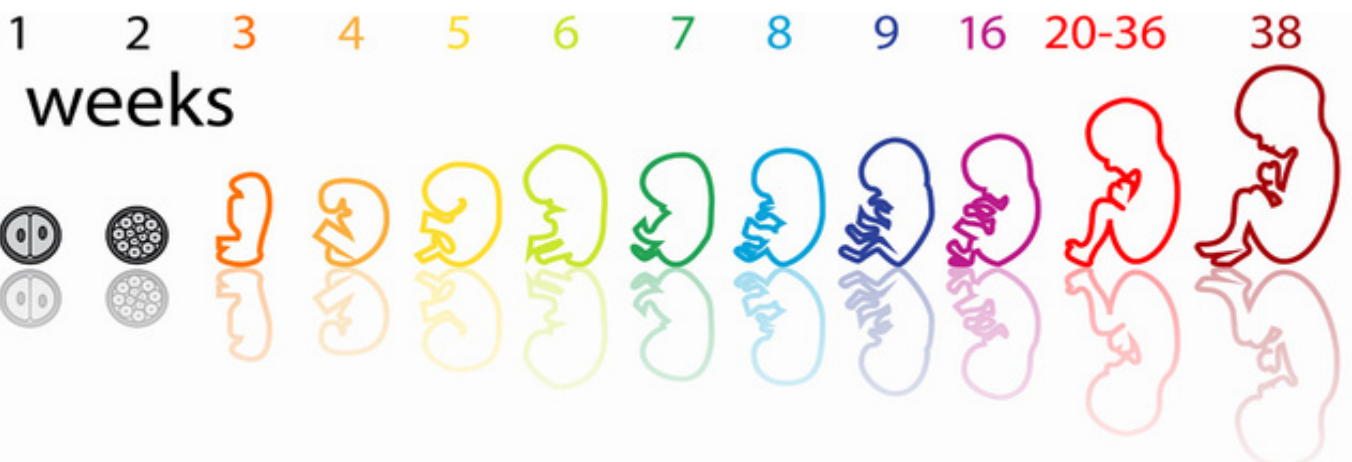
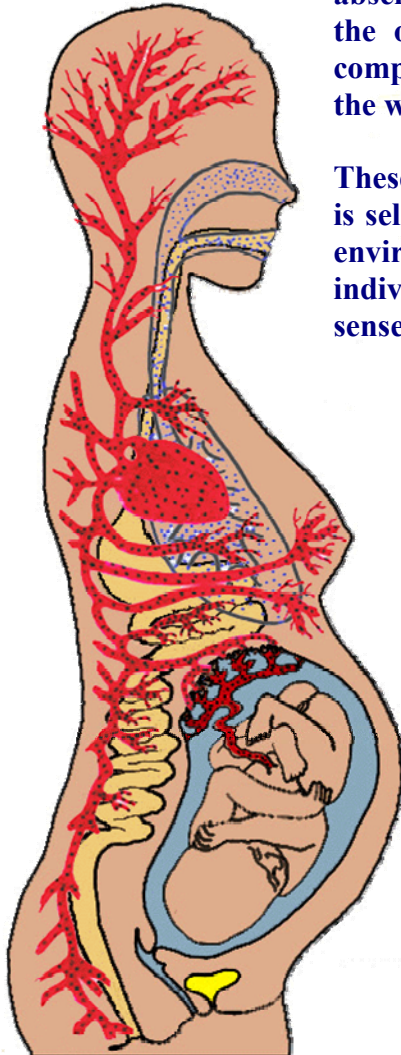
From the time of conception an infant is sensitive to the presence or absence of love as feelings of comfort or discomfort. One feels good and the other doesn't. This child has no idea how to seek love as it is completely subject to its environment and knows only how to respond to the way that it feels.

These early experiences of love have a great impact on a child as the child is self-focussed and has no concept of others outside itself. Its immediate environment is its world in which it has begun its process of individualisation and development of its personality qualities. The prime sense to which it responds is its sense of the presence or otherwise of love.

This is very basic but remains the most important sense for a human throughout its life. This may seem strange until you really think about it.

All of the most important responses a human makes are based on feelings and the most important feelings are those related to love because these are totally basic. Whatever supposedly sophisticated devices of discernment are overlaid on this, the basis remains the sensitivity to love.

You begin your life with natural love and it is in the context of this love that you live most of your life. In effect it is the main environment in which you live and function and your awareness of it depends on the love that you feel within you and which you express rather than the love expressed by others. You appreciate the love of others to the degree that you allow yourself to receive it. If you are closed to the love of others you will not attract it. Giving and receiving are inextricably entwined and can never be separated.



Friday, 8 December 2017:

WOOOWEE

End Times

James: Thank you Mary (Magdalene), I like the sound of that. It all makes sense. Now if you don't mind, I'd like to ask you about the other thing Graeme brought up for me, and that's about AJ (Miller), and AJ saying he and Mary Luck are the reincarnation of you and Jesus. And although we've been over it before, I was wondering why is it that they are claiming to be Mary and Jesus, and at this time, and in Australia; and according to Graeme, we having a lot that's similar in what we're saying. As Graeme said, it's a bit like, well, who do you choose: Jesus and Mary up in north Australia, or Jesus and Mary still in Salvington speaking to me? So why the need to have such confusion? To make it just that bit harder for everyone? It's not as if it's not hard enough already.

Mary M: It's necessary James, as part of the outworking of the Rebellion and Default. The Truth is to be presented to humanity at this time. And at the same time, there is to be also presented: the Untruth. And most people, wrongly, believe that this means there is the Truth and the Anti-Truth, so there is the true way, the Christian way; and the coming way of the Antichrist, the wrong way. However that's not really what's going on, that's only something that is a microcosm of what is actually happening, and is confined to the 'Christian Universe', which as usual, is not where the real problem lies. It's not where the real action is taking place.



The real heart of the matter is the Lucifers and Satans, Caligastias and Daligastias (each being soulmate pairs), all in their different and yet in the same way, usurped Jesus and I. They all said: We're the 'new' Mary M and Jesus, as it were. We are your new spiritual parents, we've taken over from Mary M and Jesus who were deficient. Mary and Jesus were leading you astray, they were lying to you, that we're making you have to toe the line and live the Will of God; when we, your truly loving parents (as Mary and Jesus didn't really love you, they just said they did, unlike we do) are telling you that you can be your own god, just do whatever you want to do, you've got free will – so use it! Which is as you understand James, the way of feelings verses the way of the mind controlling feelings. So the Lucifers became the false parents of humanity, taking over Jesus and my role, using the mind to dominate and thereby shutting down people's natural way to use their feelings to uncover the truth for themselves – the very truths Jesus and I are living.

So the Lucifers and the others said: Follow Us, we know the real way (which is the mind way) to the promised land, don't listen to Mary and Jesus and all that feeling rubbish stuff, that's all too hard, look to your mind, as it's much easier. And so humanity moved deeper and deeper into the truth-denying mind ways.

So, as far as the Truth is concerned, and the Truth being fully presented to humanity at this time, what is also required, is the equivalent anti-truth to equally be honoured. And so you have a pair of individuals who've come together, taking it upon themselves to say they are Mary and Jesus, and they know the way, so follow us, and we'll lead you to the promised land – to the Heavenly Mother and Father, to Paradise, and so on. So they represent the closest, truest and even the highest expression of the wrongness you can have, the most wrong so far as the truth is concerned by denying Jesus and I, that humanity can live. Far more insidious than something so obvious and with nothing to do with the Truth, as that of the supposed coming Antichrist for the Christians to deal with. The Christians are not about the truth, and so neither will be their Antichrist, however Mary Luck and AJ (Miller) are about the truth,

or so they purport, and are helping people to understand that liberating one's repressed pain and childhood bad feelings, helps people set themselves free of their pain. Which sounds very admirable, and of a great help to those people wanting to look deeper into the truth of their pain and suffering.

So here is the greatest deception of them all, and the hardest for some people to reconcile. And so, who does one choose, as Graeme was saying, and how does one really know who is right and who to believe? And so that's where it comes back to how each individual deals with the truth for themselves. People can say: believe that one, and not that one; yet still, it's for each person to work out for themselves which way they are to go. And one's feelings are all you've got to go on, however they being so distorted by your controlling minds, so then what do you do? And that's for each person to come to terms with within themselves.

Jesus and I are not going to say: follow us and not AJ (Miller) and Mary Luck. That is not our place to do so. That would be our trying to interfere with the Rebellion and Default which we don't want to do. We want it to run its course, to its natural conclusion, knowing the Mother and Father have it well in hand, and are implementing steps to end it, now allowing humanity to have access to the truth of how to Heal themselves of it.

So Jesus came again through Mr James Padgett to re-present enough of the truth of Divine Love, so as to enable this last phase of the Rebellion and Default to play itself out – through those people in the Divine Love Movement, and more importantly, through AJ and Mary L.

So to answer another of your questions James, who is behind Mary Luck and AJ, for they are surely being led along, fed higher truths of a Celestial nature... so, are the Celestials behind them... but surely that can't be, surely it's the mind spirits at work again, only the mind spirits are still mind spirits because they don't understand the higher Celestials truths... so what's going on? That being one of your thought patterns James.

And what is going on, is, and as hard as it might be to accept, the Celestials are helping AJ and Mary to move along in their denial of truth. They are supplying them with many higher truths and deeper understanding and insight into the need for people to do their Healing, all but mirroring your work James, and yet also with some very different parts, the most notable, being Mary Luck and AJ claiming they are Jesus and myself, whereas you don't do that.

And that then brings us back to the crux to the matter, the Rebellion by the Lucifers against Jesus and I. And so you have Mary Luck and AJ rebelling against Jesus and myself, so you can see the connection.

James: I see what you mean Mary, so they are for all intents and purposes the Lucifers on Earth, being the closest to the truth, and yet not quite it, because they keep pretending to be you and Jesus. Why did they go that way, why not read The Urantia Book and claim to be Avonals, then although they would have gone against the book, it would have been easier than pretending to be you and Jesus?

Mary M: Then it wouldn't have been the fulfilment of the Rebellion and Default. They, or some other couple, had to become the 'personification' as it were, of the Lucifers. AJ and Mary Luck are nowhere near being like the true Lucifers, they are ascending mortals just pretending to be Jesus and myself. They have no higher universal soul power and authority like the Lucifers do, and sadly, Mary Luck and AJ actually want to help people in their misguided ways, whereas the Lucifers didn't, they just wanted to control them for their own power and glory. And yes, by default, that too is actually what Mary L and AJ are doing, for their own power and glory, as it can't be any other way whilst pretending to be Jesus and myself.

And as to why they are Australian's living up north, well James, there's a little more to it that's yet to be revealed. Suffice it to say, what a coincidence it would be were you and Marion to actually move up north yourselves, like you at least James, want to do. And being so close to AJ and Mary L, well, you can see the irony and sense of humour in that.

James: We may as well move in next door! Why not go the whole hog.

Mary M: Graeme said to you that AJ feels he's near the end of his healing, and when that happens, then something very profound is going to happen to humanity. And as you were thinking, that would mean he'd have to be empowered by his controlling spirits, which are the correct thoughts to have, because as he's not Jesus, he doesn't have any real soul power in that way. So, will the Celestials empower him... and is he even nearing the completion of his healing as he says he is... or is it all something else, just more delusion? And it's even more interesting that you feel you, James, are moving through the same levels soon to possibly complete your Healing. Wouldn't it be interesting if he and you finished your respective healing around the same time? Interesting times would you not say James?

James: If it were any more interesting Mary, I'd have to go to bed for the duration because my mind would have exploded with the tension and amazingness of it all. Could it be more complex, exciting and stressful? Who thought all this up Mary?

Mary M: I think you know the answer to that James. Still, the sticky point with AJ and Mary is: can Mary M and Jesus incarnate taking on the full yuk of Rebellion and Default? And that is the problem – because, as we've explained to you, we can't. Our souls are too perfect. Were Jesus and I to somehow manage to incarnate becoming ourselves fully of the evil, at the precise moment of our incarnation, our souls by power innate within them, would instantly perfect the evil, because we – our soul – can't become evil. The Creator Pair soul is incorruptible, it can't become imperfect, untrue, false, wrong, evil. It's not created to. So were we to impose our soul completely on humanity, such as by taking on all the wrongness, we'd instantly cause all your souls to be brought into the same perfect condition of our soul. We'd not become evil; you'd all become Healed. Which of itself would be a miraculous feat to behold, however that would then instantly deny you all of doing your Healing.

James: I don't think many people would complain about that Mary.

Mary M: I daresay you're right James, however look at how much truth and experience you and Marion have got out of doing your Healing, all of which would be denied you were Jesus and I were to take that opportunity away from you.

James: It would certainly bring things to an abrupt halt, god, instantly everyone is Celestial and no more wrongness, that would be a spectacular change. Still, I understand what you're saying; and oh yes, my Healing has been such great fun, I wouldn't have wanted to miss one moment of it! So thank god you and Jesus didn't come taking on the wrongness!

Mary M: As I said James, we can't do it, it's what the Avonal pairs do. Jesus and myself can incarnate whilst maintaining our perfection, which we did, but that also means we're not going to reveal any truths concerning how to Heal the imperfection; because had we done that, then we'd be doing the same as if we incarnated fully into the wrongness, only it would be in slow motion. We'd not instantly cause all humanity to be Healed, had we revealed the truth of the Healing, however by providing the way for humanity to Heal itself, slowly by people being able to do their own Healing, all amounts to the same thing: our interfering with you. Whereas the Avonals can interfere in that way.

James: So what if AJ and Mary switched camps and said they were now Avonals, that would fit better... or what if other couples say they are Avonals, there could be lots of different Avonal pairs all standing up saying we're the ones, follow us, we'll show you how to Heal yourselves.

Mary M: True, that would add further complications, however it wouldn't complete the full outworking of the Rebellion and Default, and that's what's needed. You need to have at least one couple claiming to be Jesus and myself for the Rebellion and Default to be completed. Then you've worked it right through James, don't you see, then you've got the higher spirit couple, the Lucifers, saying they are taking over from Jesus and myself, so effectively saying we are now Mary M and Jesus, that being at the beginning of it all; and now at the end of it all, you've got humanity fully taking it on, as in a human couple claiming to be Mary M and Jesus, which also means you are in the real End Times.

James: So why has it taken so long for a human couple to come claiming to be you and Jesus, surely there must have been others through the two hundred thousand years of the Rebellion?

Mary M: There have been others, but they've not had access to all the truth that Mary Luck and AJ have. Mary L and AJ are really coming up on the back of you and Marion, James. They are taking from you, directly and indirectly – even without them knowing it at times, taking from all you are revealing. So in a way, you could even say you're like one of the Celestials helping them.

James: Yeah, well if they are using my work, they can, I've put it out there for anyone to use. And even if they are not openly doing it, but are getting it by osmosis or from the Celestials as you say, they are free to do that too.

Mary M: That's right, you're not about to say they can't, and neither are Jesus or myself.

James: So what's going to happen in the end Mary, surely it has to end somewhere?

Mary M: That's where you have to stay tuned to the next exciting adventure...

James: I don't think you should watch so much TV!

Mary M: We can't ruin it for you James. We'd be interfering, which as I said, we can't do. So you'll all work it through. The 'camp' of truth is being formed; in opposition to the 'camp' of untruth...

James: And what about all the Antichrist stuff?

Mary M: It will flare up, a conflagration, then die back, having no effect upon what's really happening – with what's really going down. That is a mere sideshow, it might take up a lot of space and create a lot of hot air, but as I said, there's no truth involved, so really it's just a mind distraction, mere entertainment shall we say, something for those not seeking truth to watch on their TVs.

The Christian abomination is to die out, along with all the truth-denying religions of the world, and mostly they'll do that by killing each other. And there is nothing that can be done about that, many people believe they need to 'die for their beliefs' and so they will be given the opportunity to do so. And they will move into their respective religions in their mind spirit lives, there to carry on their 'good works' until the time when their soul says it's time to start their Healing.

James: I'm still amazed that no one else has picked up on being Avonals... why hasn't that happened Mary?

Mary M: Because they are second rate, they are *only* Avonals. They are not the Great Ones, Jesus and myself. And why bother being Avonals when they are lesser than the Creator Pair, so can't do what Mary and Jesus can do, so would be ineffectual compared to them. Not that anyone has really thought this through James, but that's about what it amounts to unconsciously for such people reading The Urantia Book (TUB).

They don't understand the significance of the Avonals being the actual ones to reveal the truths to humanity so it can Heal itself, and that Jesus and I can't do that. However when people do understand this point, it's conceivable that being the Avonal pair might be more appealing, provided they can get past what TUB says about there not needing to be such a pair coming to Earth because of Jesus and my coming, which is not entirely correct, however was necessary to be put into the book to 'keep people off the scent'. Which is a cryptic message to your readers James, that which you understand, and which I will end with. You're getting tired from my light James. If you want me to clarify anything let me know. Otherwise, until next time you want to talk – all my love to you James; and to all the people who are involved with you who might read this, Mary M.

James: Thank you Mary, that was great.

Later, having thought it all over:

James: So Mary, my role I feel is to present both cases so people can decide for themselves. I know what I think and feel, and obviously I don't support AJ and Mary Luck, however at least I can present a little more of the truth that might help people decide for themselves. So, who do you follow: AJ and Mary Luck – Jesus and Mary on Earth; or, Mary and Jesus in spirit?

Mary M: And it's for people's feelings to decide. And when people sincerely long for the Truth and start their Healing and want to live true and want to know what is the real, truest and highest truth one can strive for and be of – live, then such people will start engaging Jesus' and my Spirits of Truth, which will help them feel more like moving toward us and less inclined to go along the path of AJ and Mary Luck; who are really reflecting the path of the Lucifers pretending to be Jesus and myself. And neither the Lucifers nor AJ and Mary Luck have Spirits of Truth to help people, despite what AJ believes about himself and his liberated so-called Spirit of Truth.

John YOU'VE DONE IT AGAIN! I can't believe it! I am having a major evening, link ups all over the place, IT'S ALL SLOTTING INTO PLACE – I FINALLY GET IT, WHAT THE END TIMES ARE AS YOU HAVE READ ABOVE.

It's the APEX, the real end of the Rebellion drawing to a close. It's all to do with AJ and Mary Luck, can you believe it, that's why you were sent to see what they were all about. And speaking with Graeme about them today has brought it all into place. I thought, who will I ask about it, Jesus or Mary, and then went with Mary. And OF COURSE it was to be Mary, it's part of the feminine coming in and completing yet more of the Revelation.

You are getting me to work my bum off, writing, every day more writing, yet WOOWEE what a ride. I've got it now, the whole picture, and what I reckon I've been trying to 'extract' out of poor Nanna Beth these past weeks. There is probably still more to come, always more, however as far as I'm concerned, BRING ON THE MONEY, it can come now for you if it's meant to come, we've got the whole picture, what the whole Rebellion has been leading up to – it's HUGE, I can't believe it, can't believe I hadn't put it together myself, and yet I know why I didn't, I see it all so clearly. And it's

because it was you, John, who was to orchestrate its happening, to make me reach for that truth, because I'm happy with it all as I've understood it, and it's now you making me reveal what you want, what humanity needs to round it all off. You unwittingly are calling the shots mate, and how wonderful, working Nanna Beth to the bone, wow, it's all so incredible, I've had goose pimples all evening. I haven't finished reading through what Mary wrote, and I want to write more with Nanna Beth about it, but possibly tomorrow, as I want to get this off to you tonight.

Thank you again, and wow, we all love you John and all you are doing for us all – what a ride! What a pace! And if it keeps going like this... shit!

SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First

Crossover

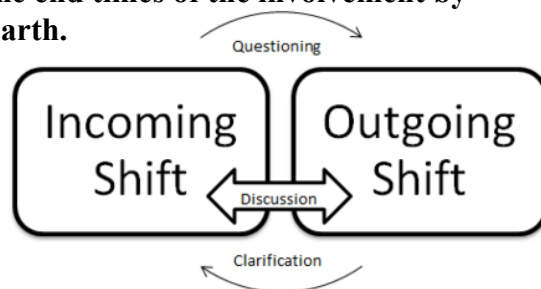
This time, in the history of humanity, is the most exciting time ever experienced.

the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation, that followed from the availability of Divine Love, is the processes of Feeling Healing and Soul Healing. The understanding of the Feeling Healing process is the most important of the revelations and should have been the first to be revealed. Feeling Healing and Soul Healing are being revealed through and by Marion and James Moncrief.

The soulmate pair, that are the first to complete their Soul Healing, and upon their deaths, they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds, in this case, Earth exclusively.

COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

WOOOWEE End Times continued

Saturday, 9 December 2017

Note from Graeme: Hi John and James,

Well, it's late on Saturday night and I couldn't get to sleep...something kept "nagging" me – check your emails, there's something you must read – and there it was sent at 5.34am and I'm reading it at 11.40pm! WOOOWEE! Thanks John!

And thank you James. I had no idea that some of my questions and statements concerning AJ and Mary L would lead to such a complete (and yes complex) explanation from Mary M (and dare I say the REAL Mary).

And again we have to thank John for his role in this unfolding story...his "casual" way of suggesting I give you (James) a call and "have a chat". So innocent – yeah!

I guess it's my style to be upfront and straight forward (John already knew this) so it was inevitable that I relayed "my story" of first meeting AJ at a talk he gave in Nerang, Queensland, and me jumping to my feet and asking him a question about "reincarnation" – oh so innocently.

This of course opened up our conversation where I told James some of the things I remember AJ saying in his talk – the stuff about souls, how they incarnate, AJ's explanation of how "the 14" decided they'd return to Earth to "help humanity" etc, etc.

Little did I realise that this would lead to more questions in James' mind (after he felt them first) and what better way to get answers to the questions than speak to Mary M!

Once again I'm in awe of this telephone line you have to – and I'll state it for the record now – the REAL Mary...and only the real Mary M could provide such a complete explanation to some of my dilemmas (and others I'm sure) within hours of our conversation.

I have to believe THIS WAS NO COINCIDENCE – our conversation, the questions, the doubts in my mind and finally THE TRUTH.

I said earlier that mere words are inadequate to express my feelings – WONDER AND AWE – don't even come close. But I will say, and continue to say, thank you John, thank you James. And thank you Mary M and Jesus. WOOOWEE...that's a great word.

My love to you both

Graeme B

WOOOWEE**End Times****continued further**

Saturday, 9 December 2017

James: Good morning Nanna Beth, I can't wait to discuss more of what Mary said yesterday, with you.

Nanna Beth: Go ahead James; yes, we're ready for you.

James: There was so much in what she said about AJ (Miller) and Mary Luck. I don't know where to begin, things have been going through my mind all evening and this morning, so many different aspects to it. The best part is yet again I feel like it's completed my whole Revelation, seeing that it's the end result of the Rebellion and Default. As Marion said, the Lucifers didn't pretend to be Mary and Jesus, like AJ and Mary are, but it's the truth that's corrupted – or the finding of it. The Lucifers stood in the way of our being able to relate truly to Mary and Jesus and connect with their Spirits of Truth, just as AJ and Mary L are now doing by pretending to be Mary and Jesus. If we are to follow AJ and Mary L and look to them for their truth to see us right the way through Nebadon, accessing their Spirits of Truth (which they don't have), then we can't access the real Mary and Jesus' Spirit of Truth, with AJ and Mary L stopping people, blocking all humanity, saying follow us and not the real Mary and Jesus. And that is so wrong, couldn't be more wrong, because then no one would be able to ascend out of Nebadon, which is what the Lucifers wanted, so they'd not lose all their followers, keeping everyone limited and bound to the Mansion Worlds. Which would get a bit cramped after a while.

Nanna Beth: Yes, the important part being they are taking over from Mary and Jesus; and no one is to take over from anyone else, let alone from them.

James: Yes, which is what I've been seeing more about myself this morning, how I want to possess and control the world – my world, having everything as I want it, just as AJ and Mary L want to control their world, the whole of Nebadon in fact, having it be all how they want it to be. And as I wasn't allowed to actually assert my control, so I've not been able to do anything in my life other than get angry with everyone in my mind for not being how I think they should be, whereas AJ and Mary L have been able to do something toward asserting their control.

Nanna Beth: Which is what we've all got to work through in our Healing. As we all want such false power and control.

James: Yes, and is it hard or what, to give it up, because to do so, then you have to accept and go into all those shocking feelings of feeling so powerless, and who wants to feel all that yuk! So really the best thing would be for AJ and Mary L to give it up, to call it quits, submit to their deeper feelings of feeling powerless, which would help them see the truth of why they want to have such power by claiming to be Mary and Jesus. So if AJ completes his healing, as Graeme said he reckons he might do soon, and were he to really be true and access those deepest powerless parts of himself, then he'd give it all up, and not be the Great One suddenly assuming all-power, which he obviously hopes will happen for him when he completes his healing or whatever he calls it.

I guess he wants to be the all-powerful Jesus and ACT, sort out the Rebellion and Default once and for all, whatever that might mean – heal the whole world, no doubt, and possibly stop everyone being cruel to each other and wrong (all things I'd like to be able to do were I all-powerful). Yet something Mary and Jesus haven't even done, and won't do, as Mary said. So really I think it's AJ just wanting to hit back at his parents, hitting out at the wrongness wanting to make it all go away so he and Mary L can live happily on paradise on Earth forevermore, just like all the same feelings I've had along those lines. Am I on the right track Nanna Beth?

Nanna Beth: You are, and as you said, it's because of seeing it all within yourself that you can see it in them. The real Mary and Jesus are not doing anything to 'save' humanity, they are not making you change in any way, they are only offering you the truth to help yourselves. So at best people can offer that truth to each other, but not enforce it or make anyone stop being how they are. And if you were all-powerful and could instantly perfect everyone on the world, would you really do that James, denying everyone their experiences of being evil and doing their Healing?

James: So what will happen when AJ (Miller) reaches that point he reckons is coming?

Nanna Beth: Nothing. It will be a flop, which will put pressure on him to question everything, as he'll also be questioned by his followers. If you're Mary and Jesus, you've got to surely follow through, and yet what does that really mean? Mary and Jesus didn't follow through because there was nothing for them to do. They have made their Spirits of Truth available, and that's the help they are offering, something very subtle and not very outspoken.

James: This morning in the car going shopping I felt that this with AJ and Mary L is the final barrier to do with all of this that I had to break through, and I felt so good, that being what I've felt was pressing on me these past weeks all to do with the Couriers (Solid Investment). And now that I've seen the truth of it, I feel I can move past it, and it would be great to think; so too can John and Crystal with SI and all they want to do. It would be amazing to see it all being related. I might be jumping the gun, it might only be the first part of the barrier I'm moving through, yet still – what do you reckon?

Nanna Beth: It's what you are feeling James, we can't go ahead of you. And as to whether it has any positive effects with John and Crystal, that waits to be seen. We can't tell you what's going to happen, only expanding on what does happen. But because of what happened with Mary (Magdalene) yesterday, you have freed us up tremendously, we're now all systems go, we no longer have any such barriers preventing us doing what we want to do. You've got the whole truth, you know the score, you can see the problems, the whole rest of the world has faded into insignificance so far as what Mary said about the Antichrist stuff, that has nothing to do with anything of what you're doing and going through, because as she said, it is not concerned with the truth.

James: Yes, that was incredible, I felt it all slide away, like she said, it's just a side issue, like what the whole of humanity is mostly doing. Reading the news this morning suddenly it was inconsequential, Trump stirring up the Arabs by moving the American consulate to Jerusalem, bring on WWII, get it all over and done with, so the rest of humanity can finally set about doing its Healing and getting on with the real work that lies ahead. And it has nothing to do with the truth, it's all just factions of the mind fighting against themselves for top spot, when the real 'fight' is between AJ and Mary L and myself, as that's basically what it boils down to. I used to think it would come down to between Nicholas and myself, we two brothers, he going his way and me going mine, yet he fizzled out because he didn't want to move deeper into the truth of the Healing; whereas AJ and Mary L have at least taken that one to some degree. And to think that you lot up there are orchestrating it all, that's pretty amazing.

Nanna Beth: Yes, we've got various soulgroups helping AJ and Mary, it's all under our control, Mary and Jesus giving it to us Celestials when they came to James Padgett. They told us what was going to happen, how it was, and what we were to do for them. So that's what we've been working at, orchestrating the whole so-called 'Divine Love Movement' and AJ and Mary L, and anyone else who has similar aspirations using the higher truths.

James: It's incredible the timing of AJ and Mary L and myself, Nanna Beth. And why haven't there been other people making such claims using the Divine Love, and even my stuff with Mary and Jesus?

Nanna Beth: Because it's very high truth James, and hardly anyone has been able to deal with it. AJ and Mary L in that regard are amazing themselves, to have been able to keep going taking it all, working it into their wrongness, developing such a picture of themselves, working the denial mind levels as well as integrating such higher Celestial truths in it, all of which we find very fascinating.

James: I don't feel bad or threatened or anything like that about them. I agree with you Nanna Beth, they've taken it on so far, which is incredible in itself. So I see what you mean – not many people would be able to do that?

Nanna Beth: No, and humanity only needs one such couple. More people will potentially be able to do it in the future because of all you are revealing, using your work, and even they taking some of what AJ and Mary L have brought to light, however that's not going to happen because other things are going to take place that will disallow that. And besides, by the time that happens, too much will be out there and revealed so people will be able to see more easily through such falseness. People will only need to see and hear Samantha, and they will understand the differences between the Healing that you and Marion are advocating and anything else anyone is talking about, including what healing AJ (Miller) and Mary Luck are doing.

James: So what exactly is the healing AJ and Mary Luck are doing?

Nanna Beth: They are working their way up through part of their Feeling-Healing moving toward the upper levels of the sixth world, yet with also the Divine Love integrated into that. It's a distorted way compared to what you and Marion and Samantha are doing, so it doesn't strictly fit into your labels of Feeling-Healing or Soul-Healing. It's something that's just for them, and won't exist anymore when they give it up.

And people following them are doing their Feeling Healing at best, and a few even moving in their Soul-Healing, yet others are mostly just a mess in their healing because they aren't accessing Mary and Jesus' or any other as yet undisclosed Spirits of Truth, to streamline and help them keep pointed in the right direction – toward Paradise, such as you can see with Samantha. Sam is 'on course', she has not deviated one iota, whereas most other people who look into the truth of their early life are all over the place, using what techniques and therapists they can, yet all without the united and consistent help of the attending Spirits of Truth.

If you want to truly Heal yourself, and do either your Feeling-Healing, or Soul-Healing with the Divine Love, then you need to embrace truly the right Mary and Jesus, longing for the Truth with all your heart, and being open to move with your feelings no matter where they take you, because they are going to take you out of your mind's control.

AJ and Mary L are hanging on using their minds, they are refusing to let go, to give up and give in and submit entirely to the Healing process, and all because they are refusing to embrace Mary and Jesus' Spirits of Truth, because they are putting their own minds between Mary and Jesus' Spirits of Truth by believing they themselves are Mary and Jesus. So that's their own self-contrived mental limitation, which effectively still keeps them in the mind spirits camp, even though they are including a lot of Divine Love truths. And so it's the same for everyone who still wants to heal themselves, yet also remain controlling their healing using their minds. And that sort of healing is not real or true Healing, which you and Marion are revealing.

So people have to align themselves with your way of Healing, which then links them up with Mary and Jesus' Spirits of Truth, so they can do what Samantha and others who are setting out to do their Healing are doing.

There's lots to it James, and you know yourself, there are mind barriers all the way along, which you've had to break through with Marion's help. And yet still, should someone fully give over and strive to do their Feeling-Healing or Soul-Healing as you are doing, or at least wanting to do it, then they are giving themselves the best shot at doing it, because the spiritual forces are aligned with them. Those people who are sincerely wanting the truth, and that is more than just on the mind level, will find in the end, AJ and Mary L falling short or letting them down – 'they just won't do it for them'. And that's because AJ and Mary L are preventing those sincere truth seekers from connecting directly to Mary and Jesus via their Spirits of Truth.

And it's more than just reading the Padgett Messages or even your work James, it's what's deep within your heart; like John for example, he's not actually wanting to embrace doing his Healing just yet, however he soon became disenchanted with AJ and Mary L because he is intent on wanting the truth and through his feelings. He didn't feel right with them, whereas other people still do because they are still more mind active and using their minds to control the healing they are doing with AJ and Mary's help, so they keep going with them. Some people are more mind orientated, so with their minds more in control, whereas other people might seem like they are more of the mind and yet deeper it's actually their feelings that govern them more, they not being so controlled by their mind, their mind not having so much control over their feelings. So again it's not what's on the surface but what is happening deeper within someone, which is all to do with one's upbringing.

And it's even further complicated by people coming to you who seem to be on the 'same page' wanting to grow in truth and even do their Healing, and even saying and seeming like they are, yet they are not really; or that they are, yet still their mind is still more in control of their feelings. And you've been working of late seeing and sensing and feeling that difference in people, like the man you recently said you couldn't help, because you knew he was only doing it for his own mind gratification, which was true, and you didn't want to waste your time with that. You now only wanting to be involved with people who are seriously wanting to grow in or understand the truth.

James: But what about the difficulty for people in knowing if they really and truly are longing for the truth – how can they get around their barriers if they are causing them problems?

Nanna Beth: Yes, it is very difficult James. And all they can do is keep begging the Mother and Father, or however they relate to God, to help them see and uncover the Truth through their feelings. And keep reading your work, and at some point something might occur to them that might move them past a resistance point or help them see something in a slightly different light. Many people as you know, will first need to take it all on mentally, and then with their mind, consider the time and place to begin their Healing; whereas other people might want to jump straight in like Samantha did, knowing it was what she wanted to do – needed to do, and can't stop doing it, even if it were to remove her from the physical world. And your work allows for both extremes and all in between, all so everyone can connect with some element of it, which if they keep longing for the Truth and the Divine Love, will move them progressively toward the Mother and Father and the truth of their soul.

James: Thank you again for all you've done to help me Nanna Beth, all of you up there, and for helping us all. I'm going to make lunch and will continue later if that's okay with you.

Nanna Beth: I'll be here James.

PAIN MAY UNLATCH CONTROLLING BELIEFS

Sunday, 3 June 2018

James: Hi John, as I was saying about what I realised about my pains this morning: my acute pains, such as headaches, hip / joint pain, the current pain in the side of my nose, the one I had a few months ago that was in the side of my leg, all of which are crushing and feel like they are too much, that I'm going to break and never recover, are, so I now tend to think, to do with the actual breaking down of my controlling beliefs. And then associated with them, and perhaps even resulting from them, comes all my repressed emotion and feelings, namely, my fear, misery and anger, they being the big ones, together with feeling powerless, useless, too overwhelmed that I can't go on, broken, unloved, unwanted, uncared about and so on. And all these feelings and emotions are also painful, but a different pain to when I feel like my mind and some part of its control is being broken down. And usually when the mind breaking pain passes, I move into deeper emotion and feelings to express, feeling like I am progressing in letting go of my untrue self, giving up more of my falseness – my evilness. These intense 'mind-breaking' pains come intermittently, sometime many together, sometimes for a short time, sometime over weeks, months, years. My hip pain has been going on, on and off for my whole Healing, however I've had years of it not being 'up'. So overall my Healing feels like it's one long mental breakdown, with all the additional emotion and bad feelings that needs to be released along the way. All of which is trying to bring my will back into being as it should have been had it not been so interfered with.

ASSISTING WRONGNESS

note from John: Hi James M

Yes, this has given me a roller coaster ride.

It also made me curious as to why I have not been receiving mail outs from Al Fyke and Geoff Cutler. Well, on Geoff's website he has had very little to add into his contemporary publications – mediums writing – very few in deed over the past few years which Geoff notes on www.new-birth.net

One post on Geoff's site is on the topic of Earth Changes – Stop the Darkness – Noah writing.

James: Re the Noah doc: Usual stuff, just like the Bible, changes, yeah, yeah, but why is the story in the Bible about Noah wrong? The changes that will come will be you John sending the truth out far and wide, and if Earth changes happen to come also, so be it, but spreading the word of the Padgett Messages is not going to save anyone. It might help them do their Healing and so save their soul eventually...

John: Also, there is a new book being launched by Nicholas and Zara: *The Padgett Messages – spirit communications by James E Padgett* (rather confusing title when considered with other publications). Some 460 pages containing maybe more than 200 messages written from August 2017 through to 5 April 2018 – though it does start with the originals in 1914-1923. With contributions from: James E Padgett, Helen Padgett, Anne Rollins, Luke, Jesus and Judas.

Now this is mainly focused upon James Padgett explaining what he did not know about emotions during his life and his perspective on emotions now from the spirit world.

I have not seen the book, however Philip D has a pre-release soft cover copy. Philip raised it in conversation last Friday.

cheers John

James: Hello Nanna Beth, following on from what we touched on yesterday with John wanting to know if any of the Apostles might be still talking with people on Earth, he said today that he was actually referring to Nicholas' latest book he's in the process of self-publishing, which includes messages from James and Helen Padgett, Ann Rollins, Luke, Jesus and Judas. And so John and I were wondering if you could please make some additional comments – like: what's really going on and is he really talking with these spirits?

John has not had anything further to do with Nicholas and Zara since he's been battered around having to deal with my work – much of which has come from you, his dear Nanna, and he has a friend who occasionally meets with Nicholas. (Contact by John with Nicholas and Zara stopped about January 2016 – communications with James commence late November 2016 by John.) I have not had anything to do with Nicholas or Zara for years and hardly even wonder anymore what he or my sister are doing, even if they are still alive. And for the record, I want to add, and neither have I wanted to speak with mum, dad or Gran seeing how they are and what they are doing in their spirit lives. I still feel too miserable and upset by how they treated me, with the thought of speaking to them repulses me – throw up and run away as fast as I can, so I've still got a lot more to work through concerning them. And I don't care whether they are doing their Healing or not!

Nanna Beth: As I said to you yesterday James, it's a soul-group of Celestial spirits that maintains such regular contact with your brother pretending to be the spirit personalities he is speaking to. And they do this all because of it being what he wants, and it's still in keeping with the needs of truth-denial of Mary's and Jesus' age. As I will explain again, a certain amount of truth denial needs to be outworked, or expressed, during Mary's and Jesus' age, with Jesus coming to James Padgett enabling the last of this to be lived by people such as your brother. People like Nicholas, have taken the truths Jesus gave to James Padgett, and have and still are, using them to further their own truth-denial. And by doing so, so they are leading the Rebellion and Default into ever deeper wrongness, all of which is necessary as part of where the Rebellion and Default are to get to by the end of Mary's and Jesus' age. Everyone who is living in denial of the truth of themselves at this time (which is still everyone on the planet), is contributing their bit to this truth-denial, all of which is to culminate with the end of Mary's and Jesus' age. Because when it ends, then the Rebellion and Default can't take it further, and so won't be able to use Mary and Jesus this way. People will still in theory be able to deny then, as they will deny themselves until they do their Healing, however they won't be contributing to actively taking the Rebellion and Default deeper into its evilness. So the bottom line is reached with the end of their age. And technically on certain levels, as I've told you, it has already ended, however it all just has to work through to the end. And so your brother is doing his bit, perhaps in a more obvious way, just like everyone else is. As is even yourself and Marion through the small parts left for you to Heal.

And so because of that, we Celestials have been granted the authority to pose as these higher spirit personalities, and so that's what's happening with your brother. None of the spirit personalities that you included in the list John gave you are actually in person speaking directly to him, they are all Celestial 'impostors'.

And, as I also told you, we Celestials are not trying too hard to help other people work in the same way as your brother and those other people of the 'Divine Love Movement', because it's basically all going to fizz out. You can only take it so far, and really he is pushing it more than anyone, so he is given a little bit of truth, information and higher understanding, enough to satisfy the needs of his ego, however were he to actually want the truth, then he'd soon see ways in which he could severely question the veracity and integrity of the spirits talking to him, which would quickly expose the lie. However, as he doesn't want to humble himself yet, so he carries on pushing his mental understanding, all at the expense of his true feelings, those which, like yourself, he had to deny when young, and has done so his

whole life. Which of course is why he didn't warm to the truths you and Marion presented to him all those years ago when you spoke with him about the Healing.

James: Thank you for explaining it to me again, this time round it does make more sense. It seems to take me a long time before I am able to get the real picture and understanding of it.

Nanna Beth: It's the same for all of us James. You have to evolve and grow into it, we can't just dump it on you when you are not ready to deal with such information, because as you can now see more clearly for yourself, that would have damaged you, leading you off down irrelevant tracks by appealing too much to your mind. You have enough as it is going on within your mind that you have to constantly deal with, without us giving you more than you need.

James: John said that you'd said at some time earlier in our first writings together that Ann Rollins was part of your soulgroup. I don't remember anything like that, but is it true?

Nanna Beth: It is. Yes, Ann is here with me now, she and her soulmate are an integral part of it all, she having been in on it right from the beginning from when Jesus and Mary first came organising the Celestials to make contact with James Padgett. And as you've been told, James and Helen are with their respective soulmates and are not part of the lower Celestial working groups, they moving on through Nebadon toward Paradise.

James: So really the whole master plan of the Padgett Messages was to inspire people to take on the truths and information to further their 'truth-denial' – as you are now writing it?

Nanna Beth: Not all of it, but yes, a large part of it. It was also for Jesus to complete what he said he would do, Come Again, which he did by revealing the truth about the Divine Love, all of which people could then actively and consciously long for, and carry on using it as part of their truth-denial or using it to help them with their Healing.

James: It's interesting Nanna Beth, again going over these subjects which I have laboured on for years trying to hash out as to what was going on and what it was all about, and yet now within a few short and simple paragraphs it can all be said and explained.

Nanna Beth: Because you are now more of the Truth James, so it's easier for you, and because of that, so it's easier for me. I am always responding to your light, really following you along in it, so I tune in on it, by tuning in on your soul essence, and then what I am inspired to say is really a reflection and almost an expression of where you are at within yourself, so it's as if you are saying the things yourself, or would say them as I am saying them were you to be speaking about them to someone.

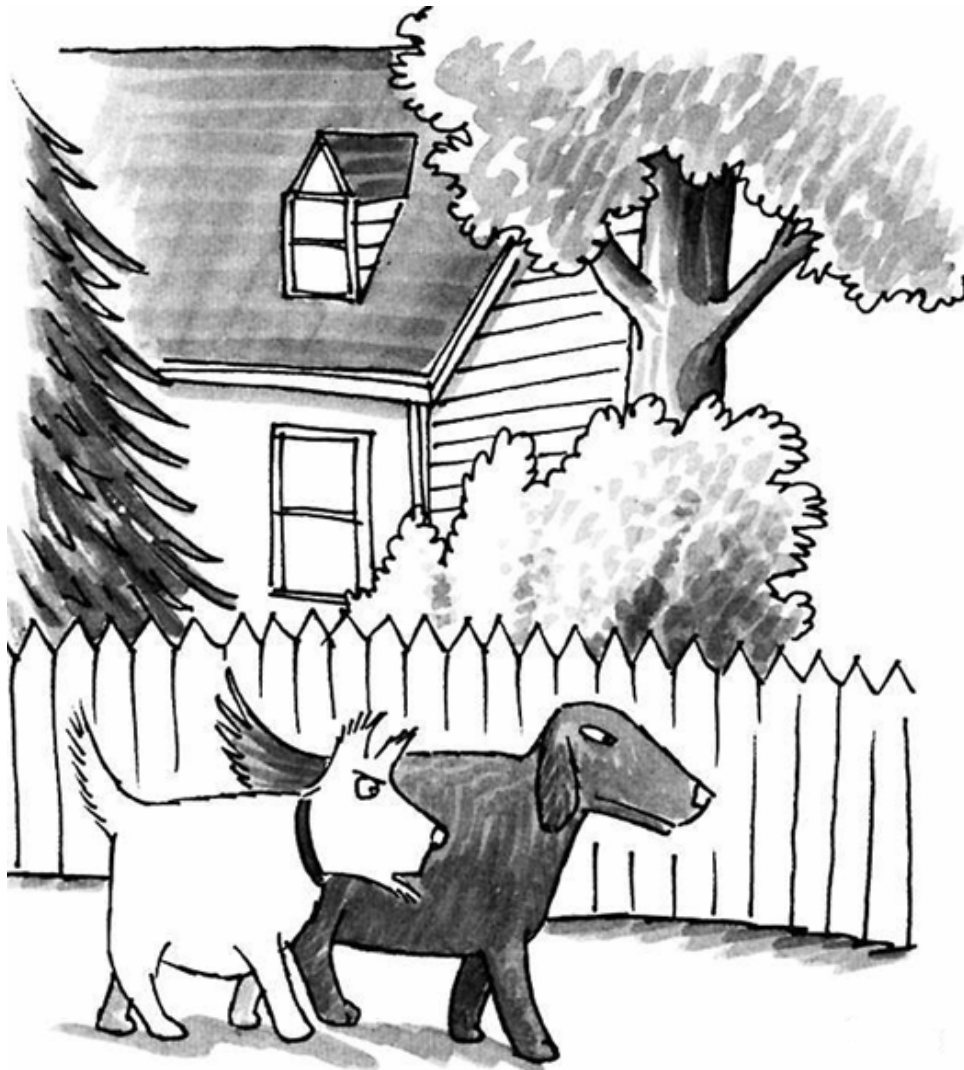
So it will continue this way, I, as is happening for yourself, even if you're not so aware of it, will continue to simplify and refine the truths, helping you see them more clearly, and almost as concrete structures that can't be demolished, all of which become part of your being. And that's what happens to us all as we move higher in truth. That which was a struggle to begin with, becomes progressively easier; until at some point it's just second nature, giving you that lovely feeling of: how could it be any other way! And when you look back at yourself and see how it was every other way other than the way of truth, then we all marvel at how far from the 'path of truth' we all strayed.

James: Yes, I know that feeling. I wish I had more of it, and going right through every aspect of it I'm working on.

Nanna Beth: As you know James, it will come – it is coming. It just takes time, its own time, and in the end, all is revealed and all you'll come to know as being true – what the Truth really is.

And even though it's the last thing to feel excited by currently James, feeling like you're once again squashed to the bottom of your bad-feeling well, exciting developments are on the horizon!

I'll speak again soon – Nanna Beth.



“I tell you mate, if I am told to: Stay, Sit, Fetch, one more time, then that’s it! I will do something really bad. I’ll rebel. I won’t do as I’m told! I want my freedom!!!”

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LOVE
is
Feelings First Spirituality, New Feelings Way

Feelings First Spirituality, New Feelings Way, is based on living true to our self through our feelings. Understanding that all we need in life is contained within our soul and is shown to us through our feelings. And by loving our feelings, by attending to them properly (talking or writing them out of us) and not denying them, we can use them to uncover the truth of our self – the truth of our soul.

Feelings First Spirituality is not telling us how to be, that is too controlling and is actually bad for us, limiting your spiritual growth. We can be wholly self-revealing of the truths we need to be, being the person God created us to be, all by living true to our feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

We come to the understanding from our life experiences that how we are is not right, it doesn't make us feel good – that we are wrong in some way. And we want to change our self, we want to become right, true and perfect – we want to be like God is.

And to do this you need to do your Healing

Our Feeling-Healing is looking to our feelings for the truth of our self, the truth being hidden in many of the feelings we are not wanting to face in life. So we have to end our feeling denial, accepting all our bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show us.

Or, we can do our Soul-Healing; which is our Feeling-Healing, together with including longing directly to God for God's Divine Love. When we receive the Divine Love into our soul, it will cause our soul to become divine, and it will deepen our personal relationship with God. Long with all our heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

THE New Way

Feelings First Spirituality

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The New Way: Learning how to live true to ourselves by living true to our feelings.

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We only know how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting it in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.

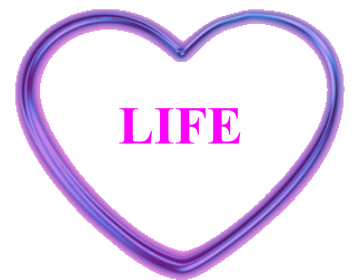


Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity.
It embraces all people.
It completely unifies the world.



Everyone can relate to everyone else through their feelings.
And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.
No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

The New Way, Feelings First Spirituality



my
House is your
Paradise

HOME

Cause No Harm < to OTHERS to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Divine Love
is the key!**



God's Divine Love: Pray for it, ask for it, and receive it.

**Feeling Healing with
Divine Love is the key**



**to enter the
Celestial Heavens:**

