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WOMEN'S LIBERATION and MOTHER

The rebellion that humanity was seduced into, some 200,000 years ago, was going to be sustainable if the spiritual leaders of families were to become subservient. Consequently, the woman of the family became subordinate to the male. Since that time, the rebellion thrived and continues to do so.

It is the female that is much more open to their feelings and it was the function of one's ever true and loving feelings that had to be put aside to allow the mind to control events. In this, the male is more mind orientated and consequently controlling.

When one embraces Feeling Healing, they are longing for the truth of their feelings and putting aside the controlling mind. It is the universal embracement of one's Feeling Healing that will bring about women's liberation.

To liberate one's real self, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

19 May 2003

The subject of women's liberation:

As it has been evolving, women have been gaining equal rights with men. And so they should, men shouldn't make them feel inferior in the first place, women should always have felt equal, but men need their power over women, as women – their mothers – have made them feel so powerless.

What I want to point out is that women are setting out to be the equal of men, but that is being equal with men who are negative minded, and negative willed. Women want to compete, gaining equal status in the negative, in controlling things negatively, just as they see men do. And if this is what a woman wants then she should be able to have it, but what we want you to understand is that this sort of women's liberation is only liberation within the negative. And we want ALL WOMEN AND MEN to be equally **liberated from their negative rebellious and unloving minds**. So it's a different type of liberation: true spiritual liberation, we are suggesting.

Women are the true spiritual leaders, however if they merely persist in competing with men for power within the negative they will gain nothing. They will be selling out their soul and selling themselves out with a false liberation.

Jesus

12 June 2003

One day you will revere the child as the most precious thing on your world, and everything will start to be designed with children taken into full consideration. If you think that humanity seems to be changing fast in its exploration of relationships, think again, it hasn't even got going.

The great changes heralded in the forthcoming age are to be changes in relationships between you all. Things will become secondary, as you start to sort out once and for all, the truth of your relationships together. Women's liberation is only the first up-welling allowing women to feel somewhat more equal with men, but still all in the wrong ways. From here, at least being wrongly equal you can start to tackle the bigger issue of being all wrong. And then look at how you are torturing your children. This will be the biggest eye opener and the hardest for most to accept. The private and sacred ground of the parent-child relationship will soon come under closer scrutiny with the braver of you accepting the truth and wanting to see it, and then wanting to do something about it all. This will show up just how lacking in love you are and how much you are playing games of charade when it comes to happy families.

The purging of humanity, to come clean and admit just how evil it is, will be a big challenge. Not all will be able to do it in this age, but great steps forward will generate enough momentum to carry it on into the future ages. Your torture of one another and of yourselves cannot go on. You are all crying out for help and relief from the pain and torment, so now you can do something about it. So many people say nothing makes sense, and that's because it doesn't. It can't add up in the negative, but at least now you know the way to do something about it. The upsurge you experienced towards the end of last century will only continue getting stronger with each generation. Mary

"The True Liberation of Women is Through the Truth of Their Feelings."

Aspiring to Living Feelings First

Brian Iverach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

The Golden rule is: Never interfere with another's

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Women Repression

James

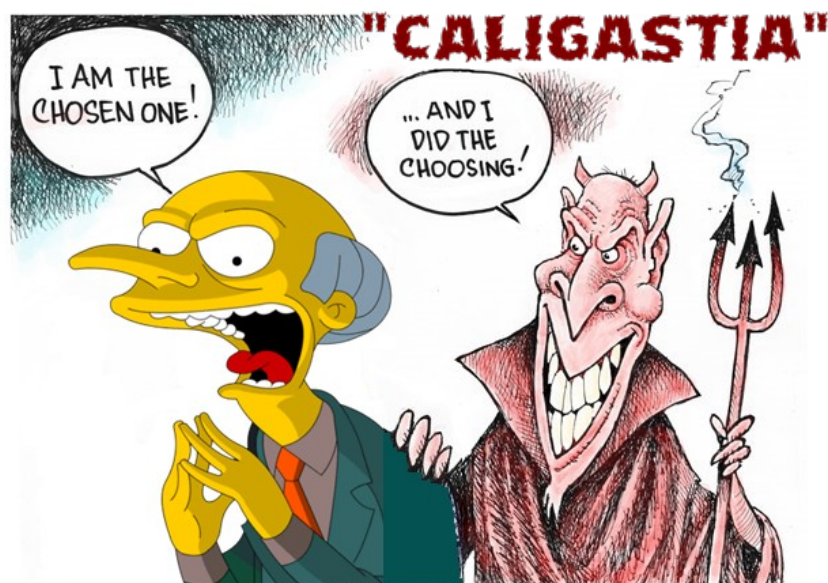
Monday, 9 December 2019

Note for Pascas Care Letters One Soul Two Personalities:

Why women have been so repressed?

It was the rebellious Higher Spirits that urged and supported the suppression of women and the male dominance through religions and tribal spirituality so as to keep women away from their true feelings, denying them the truth from such feelings which would never tolerate nor have allowed the men to override them. If you denote the mind as 'male' and feelings as 'female' then to coerce humanity to worship and live from its mind, whilst at the same time using the mind to suppress and banish one's true feelings, then you can see men's domination of women. Men (if we liken them to the mind) are scared of women (likening them to feelings), so men use their minds to block out their feelings and won't tolerate women living too close to their feelings.

So what more perfect way than to maintain such male domination than to create mind-made religions that will ensure women and feelings are never heard, can never have their say enough to uncover the truth of such meaningless and misguided untrue systems of belief. If women in such religions were encouraged to follow their feelings and look for the truth they will give rise to, they will soon demolish such institutions or simply leave them, leaving the mind-controlling men to it. So you can't put a woman in control, and especially one who is more feelings led, because as one's feelings are generally 'all over the place' and 'irrational', she'll ruin it all; which means, she'll stop the men having their little power games with each other. And unless a women learns to 'become a man', being able to compete with men at their own mind-games, suppressing her feelings even more and becoming an even better proponent of mind control, as she can often over her family, she will never stand a chance of gaining equality. However this mind-equality is still buying into the tenets of the Rebellion and Default and is not true women's liberation and equality, that only coming when women give up their mind and devote themselves to accepting, expressing and seeking the truth from ALL their feelings (especially their bad ones). That being the only way humanity will end its rebellion.



HUMANITY is within a kind of dormancy, or even more like a stupor!

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.

It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Celestial Nanna Beth, John's grandmother 20 – 23 April 2018

Messages from Mary and Jesus book 2 by James Moncrief

10 October 2003

Yes James, I am here – Jesus.

Good morning to you, and as always, it is a pleasure to feel your call. You would like to ask me about why I called the Father, the Father; and if there is a Mother, as well, how does She fit into Their being One Soul. And why, if there is indeed a Mother didn't I speak about her on Earth, if I knew of Her existence.

Before I answer these questions James, I want to say again that it does make me feel very good when you want me to come and help you. I feel good because your heart felt that as you would like clarification on these points you had been thinking about, you naturally felt to ask me. It pleases me to see that you are now free enough within your feelings to feel where you would like to seek the truth from, and this is a very important point. Most people being unaware of their feelings, and unable to express them freely, are therefore greatly restricted, and do restrict themselves, as to where and what they allow themselves to see as help. They limit their avenues of help relying on such a narrow range of thought and concepts, and are not willing to step outside what they feel is safe and familiar to them. So many people stay with the Bible for instance, and don't want to believe that truth could exist outside it, and yet these people severely restrict their potential growth.

They tell themselves that they are right, doggedly clinging to their beliefs, being unable to take even a small step outside their safety zone. This behaviour results of course from their negative state and the limitations of their well-trained minds and feelings. They cannot step outside what zone their parents made them live within, and this is most unfortunate and terribly cruel. To inflict such limitations on one's child is very bad.

Now to return to these questions. First of all I will say that I was well aware of the Mother during my life on Earth. Naturally just as you and many others have done, I wanted to know if there was also a Mother, my true Mother; a Heavenly Mother, and the Mother of All Things. I did first of all meet the Father, and by this I mean I did awaken to the Father's presence within me as a young boy, and this was mostly because on a personal level I was close to my father Joseph, and he was the one who taught me about God, and about God being the Father of our people. Later I came to understand that the Mother was not equally present with the Father because of the impact of the fall, the Rebellion, and then later the problem being compounded through the Default. Joseph and my ancestors being products of these two influences had chosen to delete the Mother in favour for their only being a Father so as to give them, the men, more power. They did not want to feel they were confined to, and controlled by, their mothers as adult men, and so the Mother and mothers were pushed back into an inferior and even non-existent position in all things – especially in the minds of men, and what they believed to be things of importance – important to them.

The Father first spoke directly to me in response to my prayers to Him. I would ask Him about things, as within my heart I truly wanted to know the truth of such things, and He told me about them. I was mostly focused, like you were James, on the Father, and later my own thoughts and deductions led me to asking the Father about the Mother.

One day, just like it happened to you, the Mother started speaking to me. I was in my early teens and still only a young boy, however it was a most wonderful experience. I felt so complete and free. I knew I had then both Heavenly Parents who were my caretakers and who were always watching over me. The Mother, like She did with you because of the rejection of the Feminine, evolved me to

accepting Her, and to helping me accept Her as my Father's equal. This process caused me to work through many things and basically was the main reason why I came to understand how incorrect my ancestors and those of the Jewish faith were in their understandings of truth; just how limited they were, and how all they had deduced they clung to out of fear and not from love. I realised they feared the Mother, the Feminine Aspect of God, as they feared their own mothers, so they could not bring themselves to accepting, worshipping and loving Her.

I loved my Heavenly Parents and felt so loved by Them. I could see that the chief spiritual leaders and teachers did not feel what I felt, and were actually afraid of the very God they said they loved. How can you love someone or something when you are so scared of them; when you have to do all these things to please them; when you have to live a completely obedient life, and if you digress, you will be severely punished? And how can you fear one who you feel so loved by? The spiritual leaders love was false. This was not the feeling I got, neither from my Mother and Father nor even from my earthly mother and father. I was never scared of any of them. Nothing added up so far as what those around me said was truth, so I decided to leave it well alone.

By the time of my sexual maturity I had completely severed myself from my ancestry. I was still a Jew by birth, but not by soul. I was a man and a son of my Heavenly Parents. My *Jewishness* no longer interested me, and I saw that I had only been born into this race because it was the wish of my real Parents for the work They wanted me to do.

I did not tell anyone of the real personal situation with my Heavenly Parents. I did at times in my enthusiasm speak openly to Joseph and Mary and my brothers and sisters about Them, but they did not appreciate or feel what I did, and I saw that it agitated and upset them more to hear me speaking of such things, so I chose to condition what I did say and consoled myself to being excited only when I was alone. I did this all through my life except when I was alone with Mary Magdalene. With her I found she was not scared by such things, and she wanted to know all I had to offer, and so delightedly I could be more of my true self when alone with her. She too, as she has told you, easily started her personal communications with the Mother and Father, but also following my advice and by finding out for herself, she chose to keep most of her relationship with Them private.

As time progressed and I came to understand the true condition of humanity, the Mother and Father started to educate me about what They wanted me to do. They helped me see the truth, just as They are helping you now to go about things James; and what They wanted made known to men and women – what Their whole outlook was for humanity. They helped me see through my soul perceptions the state of things, as it was then, and what would come so far as my impact on humanity. By the time of my public life I knew perceptively all that was to occur and happen to me, and I knew in a broad sense all that would be made of my teachings and that I would indeed need to come and one day re-reveal the essential truths, so future men and women could progress in their soul development.

About this time I saw that it would be wise to speak openly about the Father but not so the Mother. I had to make a certain impact, but not one in which the authorities would instantly reject me. I saw very clearly how limited I was, and that if I was to reveal all, then nothing of what I would say would be listened to, even if I performed the healing miracles. There were many prophets during my day, many claiming to be the long awaited Messiah, and many claiming to be something else. Lots of people were doing all sort of strange things. There were even others who had performed healing miracles with the help of spirits just as you have today. And so if I started to speak too openly about all I knew, I would not be listened to and not be taken seriously, simply overlooked. It was going to be a lot to ask the people of my day to accept that I was the chosen one, the Son of God and the son of man, and that I was the one sent to help show them the way to redeem themselves and end the torment of their souls suffering. That was a mouth-full in itself, let alone introduce the concept of a woman

being Heavenly, and that God the Father did actually have an EQUAL partner – God the Mother, the Two who were One Soul – God.

Women, you must remember, back then were not considered equal to men, and the inequality was extreme. They were accepted and needed in the house and on a very low personal level, but mostly to do what the men needed to support their greatness and their higher intellectual understandings of all things. Women were not encouraged nor meant to know anything about anything except those things men couldn't or wouldn't do, and didn't want to know about. Women were there to be seen and not heard. And I knew I could not tolerate this inequality in my teaching, so I spoke equally to women as I did men, and in the case of Mary 'M' and some of her followers, even more so than the men because they understood more of what I was teaching than did my male disciples. I foresaw that this would be more than enough for the authorities to cope with. To elevate woman to the status of a God would be not only absurd, but simply impossible, and so I would have been instantly dismissed. Everything would have been lost. It would have been a bizarre case of the Son of God coming to man and being thrown out with the dishwater, never being able to utter a word about himself or his Heavenly Parents. Really it was amazing I got as far as I did.

Had the Default been complete, had Adam and Eve actually voluntarily chosen to join the Rebellious ones, taking humanity down another level, I would have been completely dismissed all together. I would have been too perfect to relate to such imperfection. I would have been considered mad like many others, and just babbling away to myself about inane things. That is of course had I chosen to stay just as man, and not resorted to the higher spiritual aspect of my sonship. But as I wanted to stay just as a man, the limitations that were on me during my life I accepted and used to my advantage. I played up the Heavenly Father's side of things wanting to show to those who wanted to hear and know and experience for themselves, that the Father whom many were at least familiar with and accepted to a point, was a Father of Love and not one of fear. And that He was to be loved and not hated, and that He would never hurt or punish a child whom He loved.

I therefore concentrated most of my personal attention on the Father, and also had to elevate the male apostles by giving them lots of personal attention, all to show that, in their eyes, I was not completely mad, that I was at least sticking to some of the rules.

I want to say that sadly I could not spend as much time as I would have liked with the women disciples. Most of the women, and a lot more than were ever recognised, did grasp the meanings of what I said. It was women who did not have all the ingrained preconceived ideas based on male dominance; who were free enough within themselves to truly hear what I said. When I arrived in spirit, I was greeted by an overwhelming feminine majority, there were very few men, and it took a long time before any real numbers of men chose to embrace the Divine Love in the Mansion Worlds.

Your perceptions of who embraced my truth, owing mostly to the Bible, would ascribe such religious and spiritual things as men's business, however it was women who truly grasped what I said and wanted to live it, but owing to their lower status they were not considered worthy of knowing anything, and so mostly had to confine their discussion of what I said to themselves.

Some men, but relatively very few, were able to step outside of what they knew and grasp some of what I was teaching, and my beloved apostles did the best they could. Most of them believed in their hearts I was truly who I said I was, but their minds stubbornly refused to let go. Of course they were not in a position to do their soul-healing, and so this aspect of the truth I could not even begin to speak about, particularly as the full liberation of the Holy Spirit and Mary and my Spirit's of Truth, which

one needs to do their full soul-healing, was not to occur until she and I had died. So I had to make do with what I could do. And allude to more and greater things being possible when I had gone.

With hindsight, I can see, as I saw it unfolding through these past two thousand years, the wisdom of the Mother and Father limiting me in what I could teach. I expressed what I felt at the time, and the truth of the Mother remained mostly dormant within me. And this even continued well into my life in spirit. It took a long time before men were able to accept the presence of the Mother. But now all who embrace the Divine Love in the Mansion Worlds and move to live in the soul worlds of Divine Love, learn and are awakened to the existence and presence of the Mother. As you have come to see for yourself James, you need BOTH aspects to be real, personal and for you to complete your soul-healing. You can't heal your soul with only the inclusion of the Father. You had both a mother and father whom created all the evil that's within you, and made you have all the bad feelings about yourself and others, and so you need a Perfect, True, Loving and All Caring Mother as well as a Father to help you heal it all.

The reasons why I spoke to Mr. Padgett revealing only the Father, and why I am still tentative to speak openly about the Mother to those of Earth and those in the mind Mansion Worlds, are because still, most of the above mentioned state of awareness still prevails. Men still want to believe they are dominant to women. They still want to believe that there is only a Father and could not begin to accept the equality of a Mother because that would mean that men and women are after all, equal, and what would they do with their self-important superior lives. How would men cope if they had to include women as equals? What would they have to do with the Bible if they had to rewrite it to include a Mother, and what would they do with all the women who wanted to be equal in the church? And what would they do having to give up so much power? And what would men do if suddenly women were able to grasp the truth and become teachers of it? What if women turned out to be more spiritual than men, more determined and able to commit themselves to their healing and their growth of truth: what if women were the actual spiritual leaders of humanity? What would men do if they were suddenly forced to feel powerless, inadequate and not really needed; if women were to reject them as they were rejected by their mother's? It would be all too shocking for most men, bringing about a reality crisis. What would they do if they discovered, much to their horror, that women were actually better able to grasp the meanings of these things and were better teachers being more loving, caring, sympathetic and respectful of all things? And what would happen if women started to leave men behind in their spiritual growth, and demand that their men change or else?

The ego of so many men is very delicately balanced and under threat all the time. They believe they are to be dethroned at any moment. That their mother is suddenly going to come in and chastise and criticise them, telling them to stop being so ridiculous and pathetic, to stop playing all those stupid little power games, to grow up and be real men, not a pathetic man like their father. And it is not for me to threaten them even more. Owing to the restrictions and limitations of the Rebellion and Default placed on Mary and I, we needed to somewhat *tow the line*. We needed to tread a cautious and delicate path appealing to men to seek the Father's Love on the one hand, whilst trying not to lose any support they give us on the other.

You can see the futility of our attempts over these past two thousand years because men have altered all things to suit their power needs and maintain their domination. We will not interfere, as neither will the Father and Mother. Men and women have to agree to their equal status, and there are many women who want it how it is, for they are happy to accept their smaller power within the family that men give them, being the home keeper and mother of children. And a great many women secretly believe that they are actually just as, and even more powerful than men, and that they hold the real power, and men are pathetic only needing to be treated like pampered pets, always needing their mothers.

It will require someone else, someone who has come up through all the evil and has seen the truth of it, who can reveal the Mother to mankind. And it will be both a man and women equal in truth, who can show the true equality of our Heavenly Parents, being able to do what Mary and I couldn't do.

We have told you about other limitations owing to the circumstances of the Rebellion and Default and humanity's relationship with them when we came to Earth, such as Mary's complete restriction of her daughter-ship. And all in all this has all been in keeping with humanity's choice to maintain the male imbalance.

However, as you are aware many changes are underway within people's lives and how they see things, and more men and women with each new generation are wanting to balance the power: men to let go of their false control, and women to come up. More people than ever before want to see what is false, what is wrong, and what to do about it personally and impersonally. They want to see the truth of what really is going on and there will be some who will want to embrace all of what you and Marion will have to offer. Some are accepting that it is the way you parent that holds the key to future happiness, and are wanting to know why they were not treated with love, and what one needs to do to heal themselves of the effects of such abuse. And these people naturally don't want to do to their children what was done to them.

The Mother will fit nicely into what is needed. Her place is being made ready. And for those who do embrace Her, this will add a sharp contrast to those who wish to maintain only a male dominance, helping them to see more clearly were it is all wrong.

Mary and I did part of the work, and with our help through these messages, you are to fill in some of the gaps. Humanity wasn't ready for it all when we were alive but now it is, however it will take those with open minds and hearts to accept all this.

Now I want to go a little deeper into the naming of the Soul that you call the Mother and Father.

For your soul-healing you need to embrace God as your true Mother and Father. Two who are One, Two who are absolutely in every respect Equal. You need to relate to Them as two distinct personalities. Why you need to do this is because you had a mother and father. You related to them as two distinct personalities and when you were conceived they were as one. They remained as one until you were able to differentiate them as two completely separate people. Your parents are as different from one another as they can be. And you are from and of them. A great part of your difficulty in life is to reconcile this truth and to see that in many ways it is an artificial union. Your parents were most likely not soul-partners or mates, and even if they were, perfect unions cannot occur between two people who live in the negative and are rejecting perfect love. And so being brought into life under such false circumstances causes a great many problems. You are not, for example, of them how you would have been had they been perfect, positive and a true soul-pair. You are in truth actually estranged from them just as much as they are from you. You are trying to love, and want to be loved, by people who cannot fulfil such a need. You are, as it were, trying to love the *wrong* parents. Your inner programming is all mixed up because of this falseness, and this is the most distressing of all things to find out about – that you parents didn't love you as you so longed to be loved.

At best you can love them as you would love another stranger. And the estranged feelings is what many of you feel, both child and parents alike. You look at your child and it looks at you, and you seem in many ways alien to each other, and this is because in many ways, it is true.

You try to love one another, but even though some may believe they do, others don't. And those people who believe they do still experience a love that falls well short of what love they would experience had their parents not been of the negative condition, not rejecting themselves and each other, and them. You don't know what it is like to truly love or be truly loved. It is something that is entirely foreign to your world, but destined to come to those who do their soul-healing and become Celestial perfect before they have children.

So with all this negativity within your mind and feeling systems, your relationship with a *mother* and a *father* figure are virtually non-existence in the positive. Being all negative. And it is these mixed up circuits that you will have to heal if you are to experience love and loving relationships with yourself: the mother and father within you; with each other: the mother and father in other people; and with God: the Mother and Father of All.

As adults you cannot relate to life properly, any aspect of it, as you do not have positive mother / father circuits. And these circuits are all your beliefs, and feelings and understandings of such things and your resulting behaviour. You have all grown up with a *wrong* mother and father, and so wrongly seek a partner who will have to be the wrong one for you, even if you manage to live happily together all your adult lives, giving rise to *wrong* children. You are all wrong being of the negative. This truth then makes a mockery out of your beliefs that you love one another and your children. And as the truth of parenting is now coming to light, how many parents can honestly say they loved their children unconditionally, and never interfered with their will and self-expression?

So you now need a true *Person Picture*, a real Mother, a real God – Mother and Heavenly Mother, to have alongside your real Father – Heavenly Father, to help you sort out your confusion. You need to personify the Mother for what and who She truly is, and invite Her into your life, just as some of you have done the Father. You need to sort out your cosmological confusion about who and what the Mother is, reassert the Mother, the Heavenly Mother in Her right place, equally alongside the Father. And you need to pray to both of Them for Their Divine Love. You need to keep Them equal in your mind and feelings, but of course you can relate to and express and speak to Them individually, and must do so if you feel the need. And if you feel you hate both of Them and They don't love you, if you feel ANY negative or bad feelings about Them or Mary and I, or anyone else for that matter, you MUST express these feelings liberating what is repressed within you before the truth and true feelings can come up within you. Don't be afraid to tell the Mother and Father negative things. If you feel They don't love you, have never loved you, hate you, and if you hate Them, everyone and all life, bring out the feelings, be true to them, and tell the Mother and Father, tell your partner, tell yourself. It is all your own parents that you hate and feel unloved by, but if this hatred and bad feelings are directed at someone else, then you must express them about the relevant person or object, and see how you feel about things as you progress expressing and uncovering the truth. Nothing bad, no punishment will befall you if you say negative unloving things to God.

You need to form a personal relationship with each of Them, and one that helps you to rectify all your negative circuits. And when you have done this you will have completed your soul-healing. And then, so far as how you will relate to Them, waits to be seen.

Once you have embraced and *married* the Mother and Father within you, you will be able to relate to Them more as One and will not feel such a need to relate to Them as Two separate Personalities. You are one, and so too will you look to Them more as One. And as to what name you will choose to call them you will find out, for it will naturally, like all truth, come to you of its own accord through your feelings and experiences.

In spirit, as you know from *The Urantia Book*, there are two universal languages, one for our local universe and another for the greater universe as a whole. When you learn these languages you will find new names for the Soul that you now can know as your Mother and Father. And even greater understanding will come to you regarding the nature of Their Soul, yourself, and how you both relate to each other on the soul to Soul existential level, and on the personality to Personality experiential, Creational level. But you will always affectionately know Them as your Parents who created you, and yourself as Their child of love.

However, for now I don't want to confuse you more than you are. You can see the next step humanity is to take: to embrace the existence of Two who are One, and get to know Them both as your True Parents, the Ones who adore you like no other does, and who love you more than you can even know.

As to what I meant by sorting out the cosmology, you will have to understand for yourself who is who in the Universe of Universes. *The Urantia Book* has been given to you as a good place to begin. And all you need do is add the Universal Mother to all that is spoken of about the Universal Father within the book. When you read the book include the Mother with the Father and then follow what naturally you would imagine applies. For example, in the beginning there was Soul, One Soul, and it is the Mother and Father to all other souls. And this Soul's first feeling was to express itself, which it did, with a feeling / thought, instantly bringing the Eternal TRUTH – Their Eternal Expression of Truth – into being. The Word, the feeling united in perfection with the thought, was made Whole and personified as Truth. And then together with this Their first *Son*, the Eternal Son, They made manifest another feeling / thought and brought into being the Infinite MIND, Their first *Daughter* – Their Infinite Expression of Mind – the Infinite Spirit, The Infinite Daughter, and companion to their first *Child*, and so on. I will allow you to ponder on the rest James, but you get the drift.

The Urantia Book, as we have told you, was also subject to heavy restrictions just as Mary and I were, but enough was needed to be made available to give you at least a reasonable chance of working things out. It would have been too hard a task for you to search through and read all of humanity's ancient records, to have worked out humanity's religious, spiritual and cosmological progress for yourself (for humanity) – it simply couldn't be done, so other help was provided. *The Urantia Book* was presented as a relative update of humanity's progress, the best of what had been uncovered and worked out by individual people throughout history brought together for you in one format for all those who will want to embrace it and step out from there.

All the cosmology in *The Urantia Book* has been designed to be in harmony with the local and Superuniversal languages, so when you come to spirit and move to live in the Celestial spheres, it will naturally all progressively follow on. And of course *The Urantia Book* is not all there is concerning such matters. And please refrain from worshipping the book and making it a Bible substitute. It is only a book, and one that does not include the Feminine Aspect of God.

I trust I have helped you feel more certain about what you are doing James. I thank you once again for giving me the opportunity of speaking to you. Keep going. I know it seems like there is no end in sight to your healing, but it will come – one day. Keep allowing all the truth and understanding to simply evolve within you; you don't have to do anything else. You don't have to know it all with your mind. When you need the information it will be readily on hand. Our soul is a truly marvellous thing, and a perpetual wonder as to how it moves one. Speak to you soon James, Jesus.

Golden Rule: that one must always honour another's will as one honours one's own.

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

- rational
- analysis
- reductionist
- linear

Values = Mechanistic

- expansion
- competition
- quantity
- domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

- intuitive
- synthesis
- integrative
- non-linear

Values = Holistic

- conservation
- co-operation
- quality
- partnership

Child like

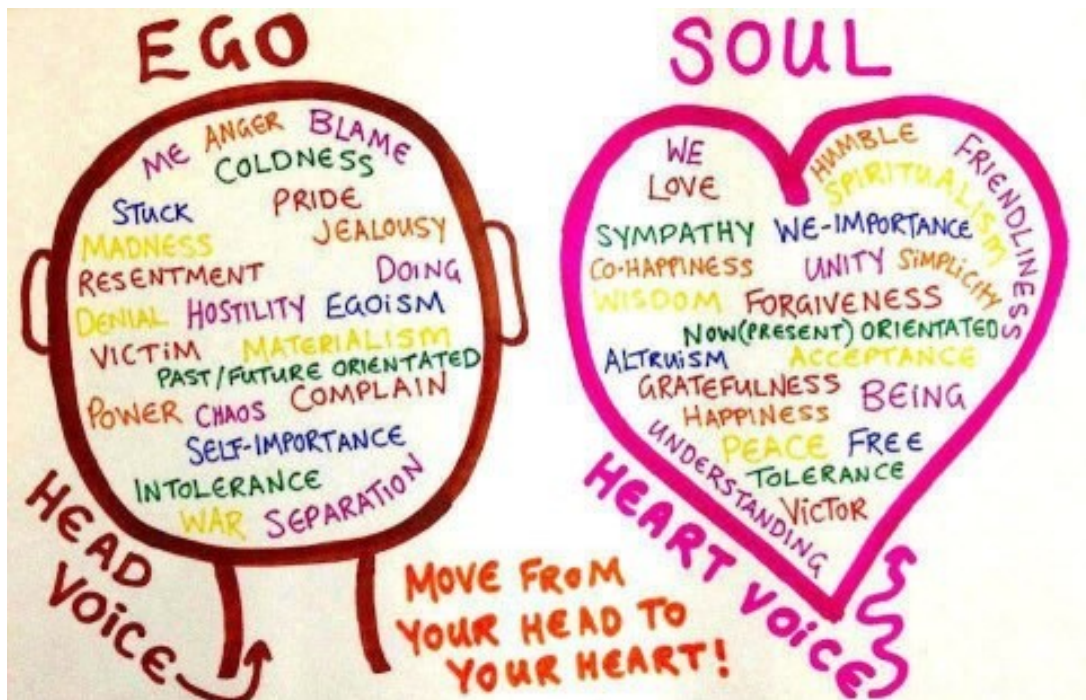
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement



WOMEN LEAD

Saturday, 19 August 2017

Note from Crystal: James;

Please continue. This is amazing.

Helen;

I understand and we will now leave the Germans alone. At least until I get the Milverton Papers. Are they really on there way? What am I really supposed to do with them. I know part of his purpose was revenge. I'm not so into revenge as accountability. The poor schmuck on the street running a red light has to fork over a week's salary in fines, and these guys destroy continents. I understand paying in hell but a bit of pain on Earth wouldn't disappoint. A sunken yacht here, a bank foreclosure there, a criminal conviction or two, all on the front page of the international press.

I get the light bit, but couldn't the angels have done something about the hot flashes, and what's with the hair falling out, I'll be bald by the time the Germans show up! Crystal

Helen;

Has Ms. Mueller really been given both permission, enough information and an urgent timeline to make contact with Doug? Has the Prince been given the choice of staying or finishing the task with more direct contact?

What's the big deal about the eclipse? The country is going crazy. Crystal

Helen – 3rd Celestial Heaven: Change of Life my dear – delightful, isn't it? It just goes on and on... Yes, the Papers (Milverton) are being assembled and done as requested, and as far as things are going, and what we foresee, you should get them around the time you think you will. And what are you supposed to do with them? That will become more obvious when you get them, and other events will have occurred in the meantime to help answer that question. And accountability sounds all very good, the Germans will help you with that, that's more for them, but you will be able to assist them in what they want to get done. It will be more a side issue for you, however you will derive great satisfaction from what they do. It will not be yourself Crystal taking care of retrieving lost funds and so on, so you won't be seen as the cause of the unrest by those who the Germans will confront, however you will still be instrumental in it all because of your knowledge and understanding of the workings of such things, more as a hidden advisor, which you will surprise yourself being when the time comes, not really aware that you picked up so much knowledge, however a 'little bird' will be telling you things as you need to know them, if you get my drift.

Ms Mueller hasn't as yet, but she will early next week, and then you should hear from her. And she will be looking forward to meeting with you again and getting to the bottom of what all the intrigue is all about, and then being able to help you sort out what you want to do. She will be a breath of fresh air, a relief for you Crystal, and a good ally and someone who'll you'll end up doing a lot with.

The Prince might stay around, they don't know about that yet, they still might work through him, but should that happen, in time you'll also involve Ms Mueller, as it wouldn't do any harm on your side to ask for her to be involved thereby cutting out the Prince. However we don't think it will come to that, we're favouring the woman's way.

And the eclipse is being built up into a possible false flag, Mr Trump is under extreme pressure from the forces against him, they are wanting to set him up, which was why he was allowed to win in the first place, and use him, ridicule him, thereby crushing the Republicans he represents and their Masonic traditions. So there is much hype about something bad happening under the guise of ancient evil forces happening during the times of an auspicious eclipse, and it fits in with much of the Catholic prophecy, and everyone else who wants to use such an event to stir up trouble because of the superstition associated with it; yet when all it is, is an eclipse, there being nothing more to it than that on a cosmic level.

And will something bad happen during it? Nothing more than what already is happening all over your country Crystal and in Europe. Things are beginning to wind up, the final countdown is soon to begin with the hidden controllers beginning to play their final cards bringing on the so-called End Times. And it's into all that chaos that we want you to get fed... which sounds all very nice doesn't it? However we'll be using that unrest as a cover into which you'll be able to freely move and do what you need to get done with the Germans. So don't worry, your light will see you through and you'll be moved accordingly through it all.

James: Helen, is there anymore you want to tell Crystal? As I have some things I'd like to talk with you about, if that's all right?

Helen: I'll work it in with what you want to talk about James, so please, go ahead.

James: It's concerning the 'women' side of it. It's amazing for me how I was so heavily dominated all my early life by two women, and all my Healing has been about seeing this domination and how badly it's affected me. Then meeting Marion and her holding the missing part of the spiritual equation, which I've termed our 'Healing'. And now with you and Nanna Beth, John's grandmother, two women spirits, who have become dominant in my life, even so much so that I feel like I can just about reach out and touch you both when you're fully tuned into me, such as you were in the car earlier today.

And then there is now Crystal, and possibly Ms Mueller, women, as you said the other day, being the ones who'll end up turning the world around taking the control away from what seems like being mostly men; however I wonder: are their women hidden controllers who are really calling the shots deep behind their men counterparts, those who mirror the hidden partners of the spiritual Evil Ones – the Mrs Lucifer, Mrs Satan, Mrs Caligastia and Mrs Daligastia, who you hear nothing about in any of the religious or spiritual literature, nor in the Padgett Messages or The Urantia Book, only myself surmising as to the real hidden controllers of the Rebellion and Default, all because of mum and Gran's influence on me when I was young. And I know you've all told me a lot about it, and I don't really know what I'm asking that's different, but if you could please enlighten me some more Helen about women's unseen role, I'd be very grateful.

Helen: It is as you say James. The feminine side of the Rebellion went to ground leaving the men as the frontispiece. The women Evil Spirits and Orchestrators Of The Wrongness, being closer to their feelings, so closer to what is really going on, didn't need to be seen, and realised they could achieve far more by being hidden and appealing to and working on men's vanity to get their wishes done. Men on Earth being physically stronger and being the tribal bosses when the law of women is crushed, controlled humanity and largely still do, and so it's the secretive women spirit controllers that have used these men to get what they want, with such men being appalled were they to know (as they eventually find out over here) that they've be so heavily used by women spirits behind the scenes, the very ones they despise and hate, with these women spirit controllers having the last laugh.

And with the mind spirits, it was mainly women spirits who pulled the strings of those controlling men and women on Earth, because their minds work better at being able to attune to the minds of those on Earth, just as it is for Nanna Beth and I to attune to your mind James, and John's and Crystals too, as do Samantha's guiding Celestials attune with her. It all working through the feelings and the mental circuits aligned with them.



So for you James to suffer the greatest defeat possible, the greatest amount of denial for you being a man to suffer, to have all your natural power denied, shut down and closed off almost completely, there was no better people to do it than the women in your early life; who all, unbeknownst to them, conspired to screw you right up, that which you're coming to understand through your Healing. You had no good and loving women during your early life, so none of the feminine truth or good feelings on your side, not until you met Marion, she being able to shed light on your feeling-denial, enabling you to confront and deal with all the Rebellion and Default your parents, and mostly the women in your life, thrust upon you. The men in your life went through the motions of being the dominant fathers and grandfathers, yet they deferred to the real power in the family, leaving you bereft of believing you could dominate women, thereby deluding yourself that you had any man's power. And really they did you a favour in that respect.

No man has any real power, that's the irony of the Rebellion and Default, you only believe you do, but it's a farce, and as much as women feel so dominated and powerless, they actually have all power because mostly the men leave the child raising in the hands of women. So the child turns out to be as the woman wants it, although most women aren't aware of that or of the actual power they wield, still that's how it is, with you living in what seems on the surface a man-dominated and run world, yet scratch that surface and dig deeper and you'll see it all comes from your early childhood and it was mothers who were mostly in control for you then.

Women want their liberation, they want the power they believe they are being denied, yet ironically as well, they've already got it, they've always had it, as the men don't want to take over rearing the children. However women have failed to realise that they've had their own freedom in the palm of their hands, nursing their babies, and could have parented their children to take that power into their own hands. However that hasn't happened fully yet, however women are trying to get it now, which is just taking back the power they believe is rightfully theirs, yet is just the power of being rebellious and evil, so it's not that great, as they would see should they ever succeed in getting it fully from the men.

"The True Liberation of Women is Through the Truth of Their Feelings."

So on Earth, the men are in control, they being who the hidden earthly controllers predominately are, yet it was far more in balance with the mind spirits, and as that has all been shut down as we've told you, now with you James giving Nanna Beth and myself such 'power', we are symbolically taking over from these power-spirits in the mind worlds.

And we have aligned the light of our spirits with that of Mary Magdalene's, for she is really the real power and Matriarch of Nebadon, and then with Marion and her truth empowering us as she brings to light the truth against the untruth as represented by the Rebellion and Default, so it's now us women spirits, and it will become, women on Earth, who'll change things around and end up running the show.

It will be women who will want to do their Healing understanding the significance of it and being able to do it by looking to their feelings for their truth, thereby truly liberating themselves from the untruth, and setting the example for other women, and men, to follow.

So the New Spiritual Age, will be an Age of Women, with the domination of men subsiding, and with women empowering themselves naturally through and with their feelings, so no longer wanting to put up with all the mind shit and the goings on by such power-men. And as one of the first examples of this shifting of power, we are helping you Crystal work toward such ends. You are going to be one step in the true, or real, progress of women's liberation, because you will help free up the funds that will be used to **help women embrace the truly spiritual way of life on Earth, helping them understand the importance of their very own feelings, helping them understand that to deny them is hurting them, is going against themselves, is being very unloving and disrespectful to themselves, so if they truly want to be loving of themselves, and so loving of their children and do the right thing, then they'd better start living true to their feelings and stop denying them.**

And so that's why we're favouring a feminine approach to things. And women get the job done better and more efficiently than men, they pay more attention to the necessary details and that's what is missing in the world. Men just bumble along not really knowing what they are doing – they are very good at pretending they know and putting on the show of being in control, and mostly the women are happy to support them feeling flattered if given any attention: daddy laughing at, and being delighted with, and patting his little daughter on her backside, keeping her patronisingly in her place; and she feeling delighted that daddy, oh so important daddy, is taking notice of her, and even making her feel more important than mummy. But once women heal all that shit through their Healing, allowing themselves to become empowered through their own feelings, they'll carve through the likes of such men trying to stand in their way, with men feeling scared of such true power-women, the likes of who have yet to be seen on the world, scared because of their deep fear of their mothers who did have the power over them right at their beginning.

The crafty women spirits used the power of the Jewish women to forge the Rebellion. The Jewish women are the most powerful on the Earth in terms of heritage and their light. And they have empowered and supported and kept their men up there controlling most things that they see as important and need controlling. All with a very heavy material focus, with no real spirituality at all.

And then from these women came the hidden controlling women on Earth and in spirit, who helped keep their men going in the right direction and true to their greater goals, with the result of where the world is at the moment. And it's into this hidden power structure that we are all going, that being you Crystal, and all of us over here who are backing you. And there are millions of us, a whole army of light that is going to come through the unseen door behind you, so you'll be in good company Crystal, we have some of the most powerful of the most powerful women to ever have walked the Earth in recent times, with us. And all our men are wholly in support, they know they had their go when on Earth, and so are more than happy to allow us to have our turn now.



"'Chosen by God,' eh?
— What's the catch?"

And so it's the most momentous time for humanity coming right up. We women Celestial spirits are on the march, and as the Mother told you James last night, you are to help us and give us all the support

you can, and do as we ask of you so long as your feelings agree with it, which you are doing now by allowing me to write all of this with you, so the **Revolution Of Woman Power** is commencing, and it's very thrilling to say the least! So don't worry about your hair falling out Crystal, looks aren't everything you know, and there are far greater things for you to do.

So we women spirits (knowing we are completely equal with our soulmates / soul partners, as I said, so it's not really just us, but it sure sounds good to be able to say it!), need an Earthly platform from which to work through, so part of what John is to establish along with what you'll be doing Crystal, is to provide us with that. People, and mostly women, who'll be drawn to the teachings of Marion and James, will come together finding a common ground in the truth that comes to them through their feelings. And so it won't matter what race, culture, what socio-economic status of the women that are involved, all who look to their feelings will give rise to the same truths, so they'll be able to relate equally to each other, and that way of living, by expressing the truth from your feelings, has not been seen on Earth since the Rebellion, as the Rebellion disrupted it all. So it will be an entirely New Way of living, and one that will unite humanity from the ground up, from the basic mothering of children, as women unite who are striving to live true to their feelings, honouring themselves rather than how it's been for all these hundreds of thousands of years of dishonouring oneself.

So for us over here, to see it all happening step by step, to even understand what is taking place and how incredible it is; to even conceive that a whole humanity can be turned around from living against and untrue to itself to becoming truly self-loving, that is a major, major undertaking; and to think that it has to start somewhere, with actual people on the ground, through which we can then direct more of our light and help.

So that's an overall picture for you James, which is why you are working closely, and why we'll get even closer, to Nanna Beth and myself, who really are just representatives of all the women Celestials and our partners.

And so isn't it fitting that you now have two women spirit influences who are not real people in your life, as in flesh and blood, and yet are very real and working to help you live true to yourself and are supporting you in your Healing; as opposed to two women of flesh who in many ways how they related to you, were more unreal in substance, than we who are spirits and invisible, and who steered you on a course into the abyss and into a life of fear and terrible emotions and feelings more akin to the imaginings of Dante. And so what can you say: Someone(s) has a great sense of humour organising it all so well, and yet it's still in keeping with your pattern, so Beth and I fit right in so well.

James: Yes, you do, so I see what you're saying Helen, two of lowest humanity, as in my mother and grandmother, stuffed me right up subjecting me to the Rebellion and Default; and now two of highest humanity, two Celestial spirits, are taking over helping me come out of it. Am I ever going to be free of bloody women????!!!! What, with you two and Marion, with mum and my grandmothers, is there no end to it????!!! John, help... but I don't like beer! I'm not much of a bloke I'm afraid, too much of a mother's boy as Marion will testify. So you, John, being told what to do by your granny; and I'm sticking myself to your nice granny in place of my bad granny, we are just... two little boys... god, what a laugh! I think it's a done deal John, who was that in control, men – LOL!

Anyway, after yesterday and last night and all I went through this morning, I'm just giving over and going with it. As long as I feel okay about it – I'm following my feelings in it, expressing any bad ones when they come up, and happy to see where it all leads. And so now I have two Celestial women spirits in my head too, hey, join the crowd, there seems to be plenty of room, I'll just move over a bit... isn't that what I did with mum and Gran... and so why not?

SPIRITUAL UNIVERSE CAMPS

NATURAL LOVE
MIND camp

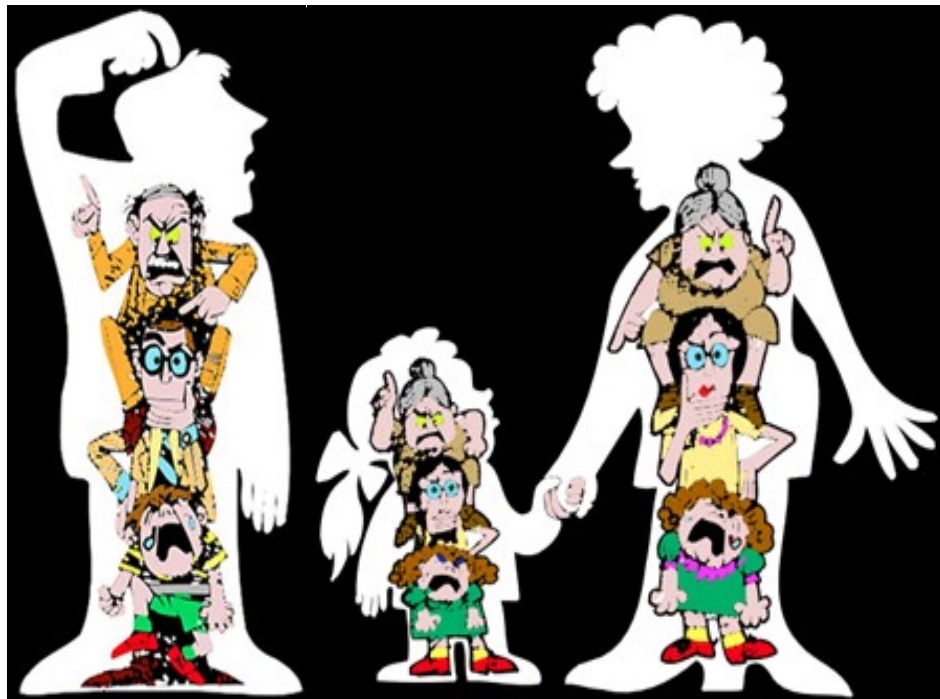
CELESTIAL DIVINE
LOVE FEELING
camp
having completed
their HEALING

Celestial Spirits, since 22 March 2017, now control all spirit communications.

MALEVOLENT
SPIRITS camp

- religious / education group
 - political group
 - power control
 - economic system group
- these spirits used to control the governments on Earth – they are now blocked
very low truth individuals – criminal intent

Malevolent spirits no longer have the power to influence us on Earth.



What Do Kids Feel Sad About?



Being Unloved and Rejected!

How is it for you if you are Truly Honest with Yourself?



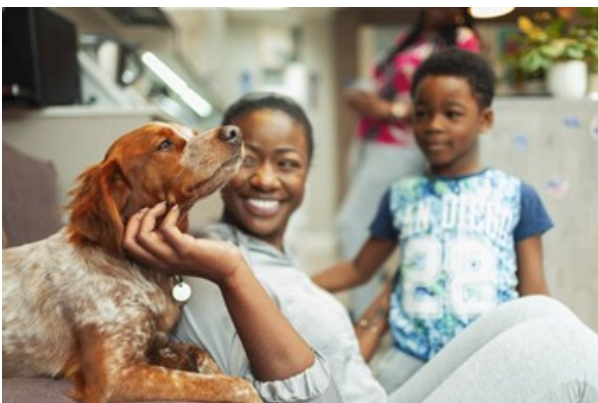
♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

WOMEN are the TRUE SPIRITUAL LEADERS of HUMANITY!



Our soul manifests a male and female personality – it is a duplex! One soul – two personalities! Our soul is the centre of our two personalities. We are children of our Heavenly Parents, our Mother and Father.

We are meant to live through the guidance of our soul based feelings – not live by our mind. Our mind cannot discern Truth. Our mind is addicted to Untruth. Our mind is a Control Addict.

High level spirits seduced humanity to live through their minds, thus bringing about the Rebellion – 200,000 years ago! Then the Adamites Defaulted on their mission – more than 38,000 years ago.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate / soul partner and also our Heavenly Mother and Father.

As we are rebelling against our soul partner, the other personality originating from our common soul, we are being toxic to him or her. We carry this pattern into our relationships with others of the opposite sex. Many commit heinous crimes against their soulmates / soul partner only to discover this upon completing their Healing.

REBELLION

When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

And it is the women that will lead the way in Healing, not only of themselves but also for men.

"The True Liberation of Women is Through the Truth of Their Feelings."

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

LIVE FEELINGS FIRST

**Feelings First Spirituality, The New Way
Feelings are your own truth and personality**

Soul Partners

Physical / material body
Brain

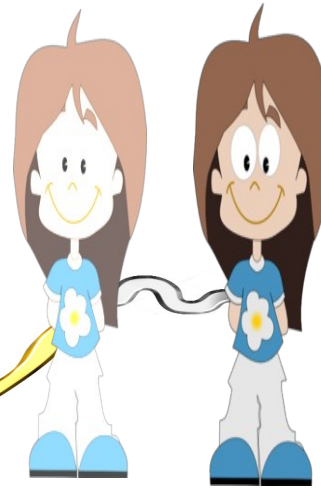
Spirit / etheric body
Mind

Soul + Spirit Combination

Senses
Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
The Real You is your Soul!
Our Soul orchestrates everything!

ONE SOUL = TWO PERSONALITIES

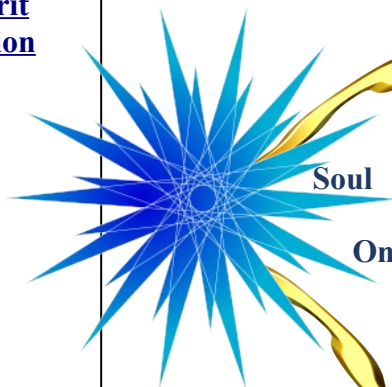
The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



Spirit Body

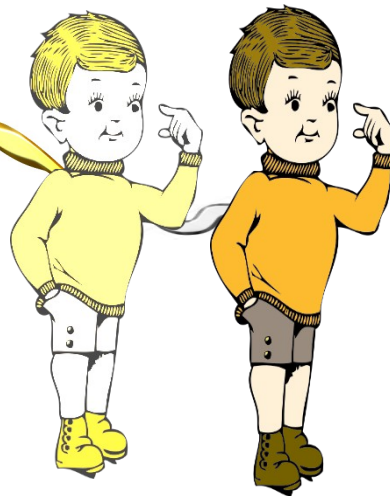
Physical Body

One Soul = Two Personalities



Soul

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



My SOUL manifests TWO PERSONALITIES!

When we heal ourselves of our childhood suppression and repression, we THEN may become able to recognise who our soulmate / soul partner is.

While we remain living through our minds and not living feelings first and expressing our feelings as they arise, both good and bad, we remain bound in our rebellious nature that humanity has been in these past 200,000 years, rebelling against our soul and consequently our soulmate / soul partner.

Many will be astounded at how abusive and unloving they may have been to their soulmate / soul partner who is to be their companion for all of eternity, for their journey together home to our Heavenly Parents.



The injuries and errors that we are infused with during our early childhood forming years are the foundations of our social ills and physical illness that arise throughout our adult life.

We now know that through Living Feelings First which is engaging with our Feeling Healing that all these issues may be put aside. No other pathway or process can achieve this.

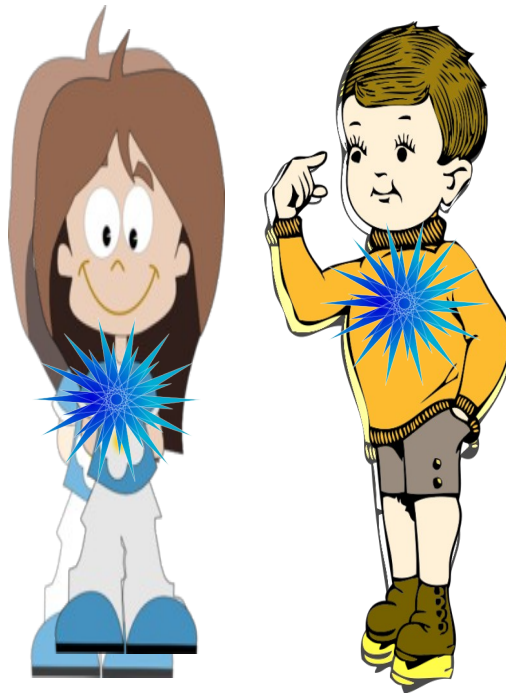


Soul Partners

SOUL – Soul Partners:
The Real You is your soul, you are one ‘half’ of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by ‘golden cords’ of light; and the spirit body is in turn connected to the physical body by ‘silver cords’ of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn’t hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1st sphere of development.

PERSONALITY



PERSONALITY

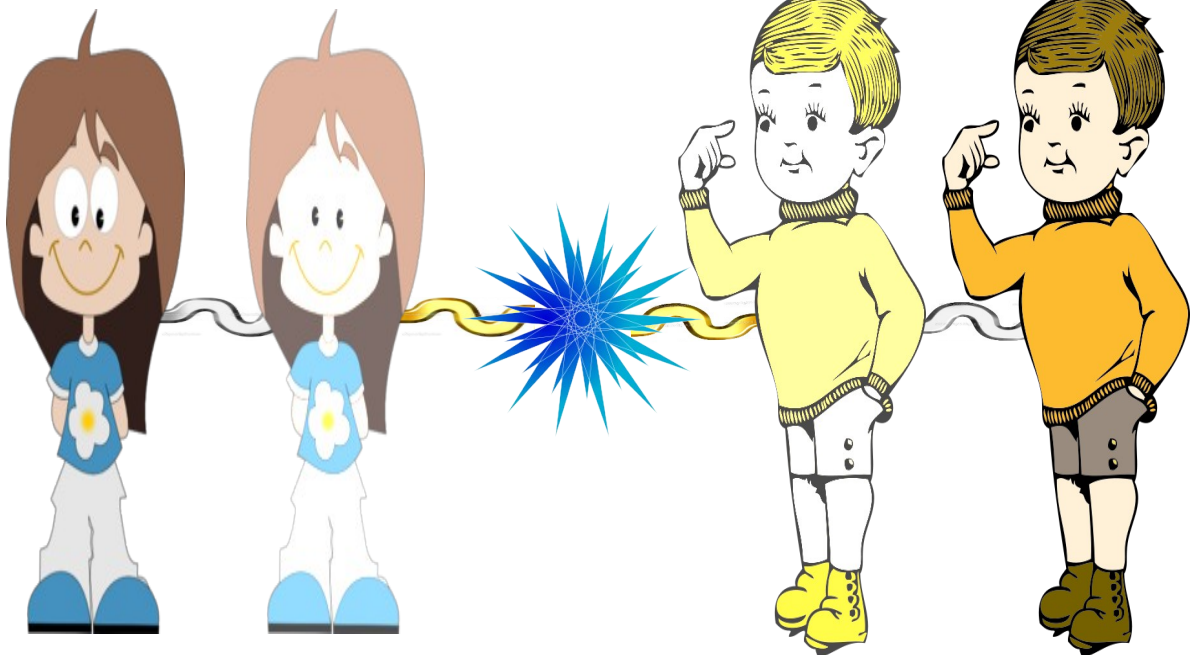
Physical Body

Spirit Body

Soul

Spirit Body

Physical Body



EXPERIENCES, FEELINGS and TRUTH:

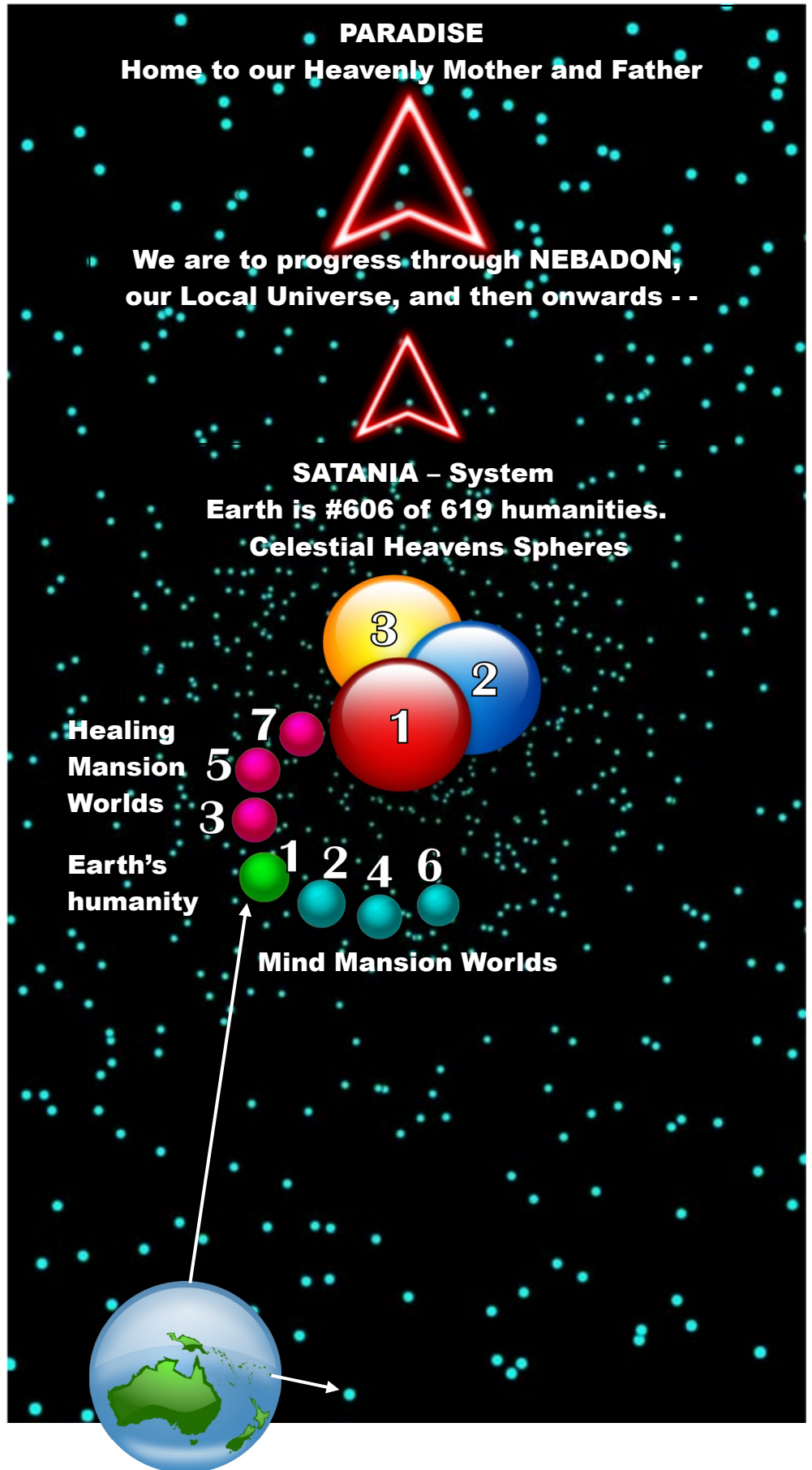
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.



Our Spirit Friends on duty



OUT GATEWAY ISOLATION



Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1st Mind Mansion World is a region for our compensation. We ALL enter the 1st Mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who continue to endeavour to inflict harm on others may find themselves within the 1st and 2nd planes of Earth. The 1st Earth plane being the worst of the hells, while the 2nd is bridging towards a return to the 1st Mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6th Mind Mansion World. There are more than 200 billion spirits within the 1st and 2nd Mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let our self feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

The New Way, Feelings First Spirituality
Unlock your Truth through your Feelings

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
The New Way, Feelings First Spirituality

Feelings First Spirituality, New Feelings Way, is based on living true to our self through our feelings. Understanding that all we need in life is contained within our soul and is shown to us through our feelings. And by loving our feelings, by attending to them properly (talking or writing them out of us) and not denying them, we can use them to uncover the truth of our self – the truth of our soul.

Feelings First Spirituality is not telling us how to be, that is too controlling and is actually bad for us, limiting your spiritual growth. We can be wholly self-revealing of the truths we need to be, being the person God created us to be, all by living true to our feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

We come to the understanding from our life experiences that how we are is not right, it doesn't make us feel good – that we are wrong in some way. And we want to change our self, we want to become right, true and perfect – we want to be like God is.

And to do this you need to do your Healing

Our Feeling-Healing is looking to our feelings for the truth of our self, the truth being hidden in many of the feelings we are not wanting to face in life. So we have to end our feeling denial, accepting all our bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show us.

Or, we can do our Soul-Healing; which is our Feeling-Healing, together with including longing directly to God for God's Divine Love. When we receive the Divine Love into our soul, it will cause our soul to become divine, and it will deepen our personal relationship with God. Long with all our heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

THE New Way **Feelings First Spirituality**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.
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FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

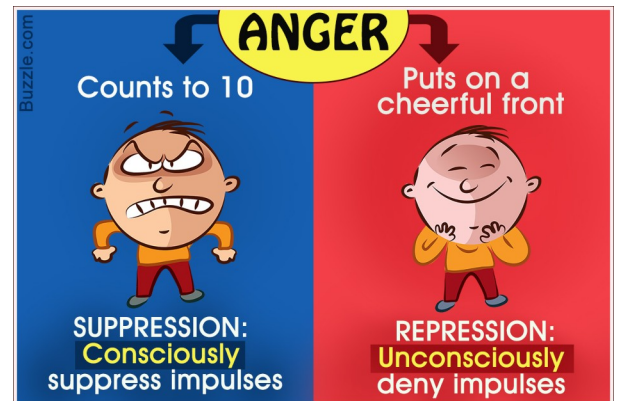
Heartfelt | TRUTH

Suppression and its Repression:

We are all living untrue to ourselves. All we do is wrong, even though mostly we believe it is right.

We are living untrue as shown by the denial of many feelings. We don't accept them, particularly our bad ones. And this feeling denial, suppression and repression, causes all our problems.

All pain, suffering, fear, anger, guilt, depression, misery, sadness, feelings of feeling alone and lonely, feeling rejected, unwanted, uncared about, unloved, feeling will-less and powerless and unhappy and frustrated because we can't assert ourselves lovingly in life, are all the sorts of bad feelings we do everything we can to deny. And it's the ongoing suppression and rejection of these feelings that cause all our illnesses, problems, relationship difficulties, all that's wrong with us both personally and generally in society.



Right from conception we're all inducted forcibly – against our will – into such feeling-denying systems, we take it on, doing what our parents have taught us, thereby continuing to keep all our childhood pain and bad feelings repressed. And as adults, life cycles us through our various experiences in accordance with these early life established patterns all so we can keep feeling those same bad feelings and keep denying them. And this is our rebelling against ourselves by living untrue to all we feel, all of which we do unknowingly, which is by default.

And the healing of this negative, unloving, anti-self condition can only be done by doing one's Healing, which is Feeling-Healing, or your Soul-Healing with the Divine Love. (Soul-Healing being Feeling-Healing inclusive of the Divine Love.)

How one does their Feeling-Healing is by looking to their feelings for the truth they are to show you. You stop, acknowledge and thereby accept that you are feeling bad (or good), want to express that bad feeling and emotion instead of denying it, all whilst longing for and wanting to uncover the truth such feelings are to show you.

You have to want to FEEL ALL of your feelings, and especially your bad ones. And you have to want to know the whole truth of why you're feeling them.

And to uncover the whole truth of yourself through your feelings, means you are going to be led by your feelings back into the complex dynamics and psychology of the relationships with your early carers and those people who were influential during your childhood, mostly your parents: feeling now as an adult the very same feelings you felt back then that you were forced to deny. So now you end the denial and finally release and express and bring out those long ago buried feelings, all so you can see the truth of what really went on between you and those people from your early life.

Our Healing is bringing out all our repressed childhood feelings, expressing them as fully as we can, as we long for and want to see, understand and know the whole truth of what happened to us to make us have them, how we reacted to having them, how we grew and developed into adults taking on our feeling repression and denial from our parents.

And it's a long, hard process as we strive to liberate all such repressed feelings and at the same time ascend in truth understanding why we are wrong, how as adults we've expressed those unloving, negative, anti-self patterns and how we've passed them onto our own children.

Our Healing is the ONLY way out of our pain. We are to understand the truth of our unloved state. We've begun life in an anti-self and anti-love condition of mind and will, and we are to liberate, or reveal, the truth of this state to ourselves through our feelings. We are to do it ourselves and for ourselves because we want to set ourselves free of our pain. Only by uncovering the truth of that pain, can we finally be liberated from it. Uncovering the hidden (hidden in our feelings) truth, is the only way we can spiritually grow and evolve into becoming fully loving people, this being achieved when we've finished our Healing.

All the answers to humanity's age old questions about why we are not happy and why we're not living life on Earth as if it were paradise, will be answered as people start to look to their feelings for the truth of themselves.



And to spiritually help us, we are to understand:

That we are conceived and so born into life being of Natural love. And because we've been brought into a state of deprivation of such love, so we have to Heal ourselves to become of such pure Natural love. And once done (and we can start anytime to help us with our Healing) we can long to God for the Divine Love. The Divine Love coming into our soul via the Holy Spirit, transforming our Natural love soul into a Divine Love soul.

So we can long to God, our Heavenly Parents, for Their Divine Love.

God is our Heavenly Mother and Father; God is one Soul expressing Two distinct Personalities, and Personalities we can get to know personally as we express the truth of our soul. We can ONLY know our Mother and Father personally through our feelings, we can't get to know them with and through our mind as many religions teach. Any truly loving relationship is expressed through feelings and not the mind, and it's no different in our relationship with God.

We are, being of the image of God, one soul that's expressing its two soulmate / soul partner personalities in Creation. And we begin life at conception coming into being individualising our personality through our life experiences.

However the whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind-controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth they are to show us, and that will break down our controlling mind, setting us free to live true to our

feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

And we can ask our Mother and Father to help us. We can long to Them to help us embrace and accept and express, and long for the truth of our feelings; and we can long to Them for Their Divine Love.

Our Heavenly Parents have started us off in Creation by incarnating us onto a rebellious planet, one in which we experience what it feels like to go against ourselves and to go against Them. They have wanted us to start life in an unloving way, to live and experience and learn what living untrue to our soul and untrue to Their Soul feels like. And how it makes us all feel bad. We are starting off our lives in Creation in an unloving environment, which some people will find difficult to understand (for within it they do feel some love), and it can also be just as difficult to accept that God wants it this way. And not only that, but God is making you be the unloving person you are, God gave you your unloving parents (and the bits that might be loving), God is purposely making you suffer, God is in control of it all; and when your time comes, God will also help you do your Healing so you can come to understand yourself through your feelings. God will reveal all to you through your feelings. All the bad and all the good. We are all to one day understand what it's all been about for ourselves – and you will, God won't let you down, God will eventually answer all your questions.

So when you feel ready, you can decide that you want to live a Feelings First life. To begin your U-Turn, to start doing your Healing, and to end your pain, suffering and feeling unloved, by looking to the truth of such bad feelings.



And through your Healing you will slowly work your way deeper into understanding the truth of your unloving self- and feeling-denying state, and then once you've uncovered the whole truth of your wrongness, then a Great Change will come to you, and you'll no longer be living according to the negative, anti-self patterns you took on from your parents, you will be completely free of the Rebellion and Default, you will have finished your Healing, so you will be true and happy and wholly loving. And best of all, then you'll start living and learning about what it feels like to live being truly self-loving, loving of others and loving your Mother and Father. All the opposite to how you are living now.

Long for the truth of your feelings.

Long for the Divine Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

James Moncrief 18 March 2018

The New Way: Learning how to live true to ourselves by living true to our feelings.

It's time for the true Woman's Revolution:

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you do, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of you, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

James Moncrief 18 March 2018

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity.
It embraces all people.
It completely unifies the world.

Everyone can relate to everyone else through their feelings.
And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.
No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.



The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

The New Way, Feelings First Spirituality



FEELING HEALING – SUMMATION:

Living with the Divine Love and doing your soul-healing, is choosing to live true to your feelings and to end your mind's control over you.

The great difficulty we all face is that we are not free to speak what we feel, with so many of us shut off from our true feelings, feeling unable to speak about such things. So all the anger and wrestling and arguing that has to go on, is what is needed to break down the barriers and bring to light the blocks, all so they too can be talked about.

As we move into deeper parts of ourselves through one's feeling healing, being gradually led into it, so even deeper parts can come up, we being able to deal with them with the experience already gained.

We are not just thrown in at the deep end and all our hellish traumatic bad feelings come racing up only to annihilate us, for there would be no purpose to that as we wouldn't be in a state or condition to see any truth; and seeing the truth, the whole truth of our unloving negative state, is what it's all about. The truth comes first, and we will only experience all we need to, so as to liberate it.

The pioneers of Feeling Healing – Marion and James:

Marion wasn't actually forced to change herself to effectively become 'another person' by her parents, they just came down hard on her stopping her being her natural and true self. And her healing with therapists, and now in what we are doing together, is taking off those clamps and restraints and letting her out of her cage, so increasingly as she is regaining her true self, she is able to say all she wanted to say when she was little. Whereas for myself, James, I was made to become effectively someone else, to be so shut-off from my natural self so as to not feel any direct connection with my feelings, and being all but totally unable to express them. So for Marion, expressing her feelings and feeling when things are not right in our relationship, comes relatively easily, whereas for me, I don't have a clue most of the time.

Marion and James are on the extremes and coming at their relationship from two opposite ends. Other people will be like they both are, and even with the roles reversed; and then most other people will be a mixture of, and somewhere in between, them both. Generally speaking, James is more like so many men, totally alienated from his feelings – but not all men, as some men are very free with their feeling-expression; and Marion is more like most women who are closer to and more aware of their feelings, only never feeling free to really express them. And there will also be a lot of women who have had to change themselves so much so that they will feel more like James does, that being as if you're another person with very little connection with your true self.

Notes from 'Spirits and their Childhood Repression Healing' by James Moncrief

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LUCIFER REBELION HAS ENDED, and now REVELATIONS for HEALING are HERE:



Lucifer soulmate pair

Lucifer soulmate / soul partner pair were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soulmate pair), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soulmate pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they significantly failed.



Satan soulmate pair



About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on Earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.



Caligastia soulmate pair



Caligastia had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honor and trust. The Planetary Prince of Urantia (Earth), Caligastia, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.



Daligastia soulmate pair

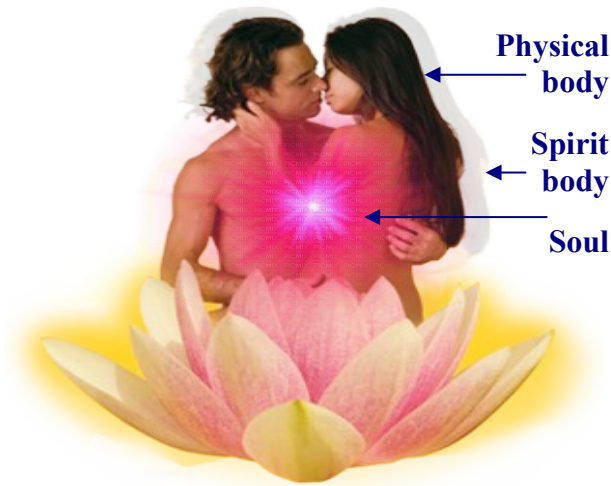


At the head of this group was **Daligastia** (soulmate pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!



Infographics and diagrams have been added by Pascas.



First Parents being First Ensouled Humans

Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some **one million years ago**. Andon and Fonta were the most remarkable pair of human beings that have ever lived on the face of the earth. This wonderful pair, the actual parents of all mankind, were in every way superior to many of their immediate descendants, and they were radically different from all of their ancestors, both immediate and remote.



The Lucifer soulmate pair believe that the mind is superior to all things. Thus they convinced the inhabitants of 37 inhabited planets within the universe of Nebadon, including Earth, to become self reliant and abandon God and Their administrative leadership. The Lucifers brought about the Rebellion on Earth two hundred thousand years ago. So for 200,000 years of spiritual darkness, humanity has suffered the consequences of one's error ridden mind.

REBELLION

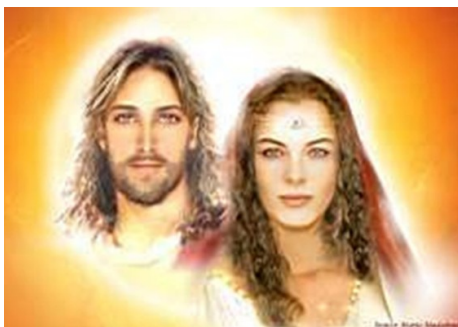


Adam and Eve, the Adamite soulmate pair, came about **thirty eight thousand years ago** to upstep the gene structure of humanity and advance their spirituality.

DEFAULT

Both Eve and Adam mated with local humans and accordingly defaulted on the plan. They were to breed a superior stock that would then interbreed.

Mary of Magdalene and Jesus of Nazareth, soulmates, **two thousand years ago**, both retained perfection, and during their sojourn on Earth were enthroned as sovereign rulers of Nebadon. **The bestowal of Michael (Jesus and Mary) terminated the Lucifer rebellion.**



The Second Coming, **now in progress**, reveals the availability of Divine Love and the need for each person to engage in the process of Feeling Healing. With the Divine Love then this process is one's Soul Healing.

BESTOWAL



REVELATIONS

× 2

REVELATIONS X 2: FEELING HEALING and DIVINE LOVE:

To grow one’s soul condition we are to face the truth of our childhood repression.

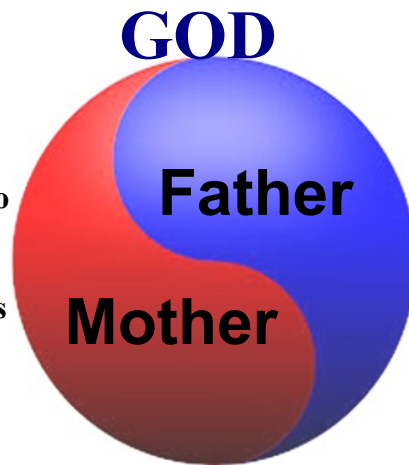
Alternatively, prevailing false doctrine will lead one further into the control of one’s mind and away from feeling, identifying and expressing emotional injuries and erroneous beliefs absorbed since one’s conception.

We have all been conceived onto the Earth into the dark, having been conceived into the Rebellion and Default, and so into error, which makes us all imprisoned within our mind controlling ways, errors and injuries.

The only true way out into the real light is to do one’s feeling-healing, or soul-healing which is by embracing the Divine Love. Our life’s work is to look to our feelings and to uncover the truth of them. Other wise we will remain bound up in our controlling minds.

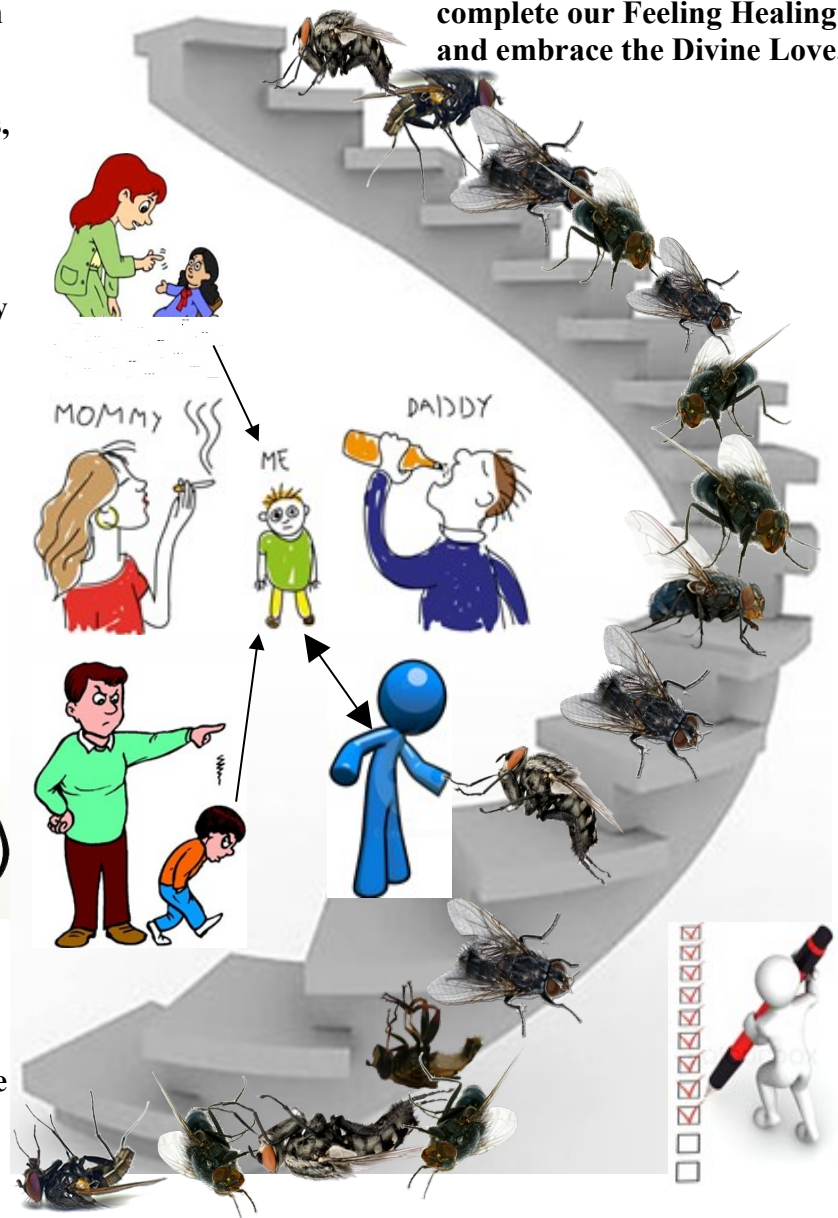
Our souls became encrusted with emotional damage during our forming years via those within our environment. It is only when we delve into our childhood injuries can we free ourselves from error and suppressed harm.

To strengthen our resolve to continue on this journey of working through past errors, engage with our Heavenly Parents and embrace their Divine Love. By doing so, we will climb the stairway.



God is God, who is our Heavenly Mother and Father. There is only one Soul that is God’s Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

To become at one with our Heavenly Parents we are to complete our Feeling Healing and embrace the Divine Love.



Infographics and diagrams have been added by Pascas.

From this:



To this:

SUPERKIDS

Natural self Expression through Feelings

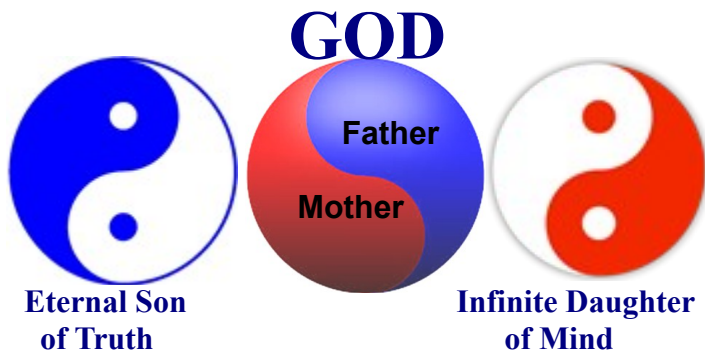
Self Empowering

Self Revealing

Self Loving



Feelings First



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

Mind Pathway



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the spirit Mansion Worlds, celestial heavens and all the way to Paradise.

Soulmate Pair

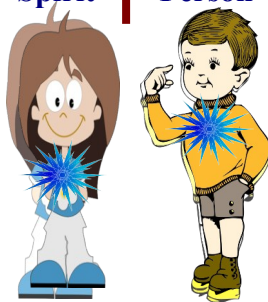
Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Spirit Person

Nature Spirit



Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate / soul partner relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our Angelic pair continue with us for eternity.



Feelings first

LIVE FEELINGS FIRST

NATURE SPIRITS

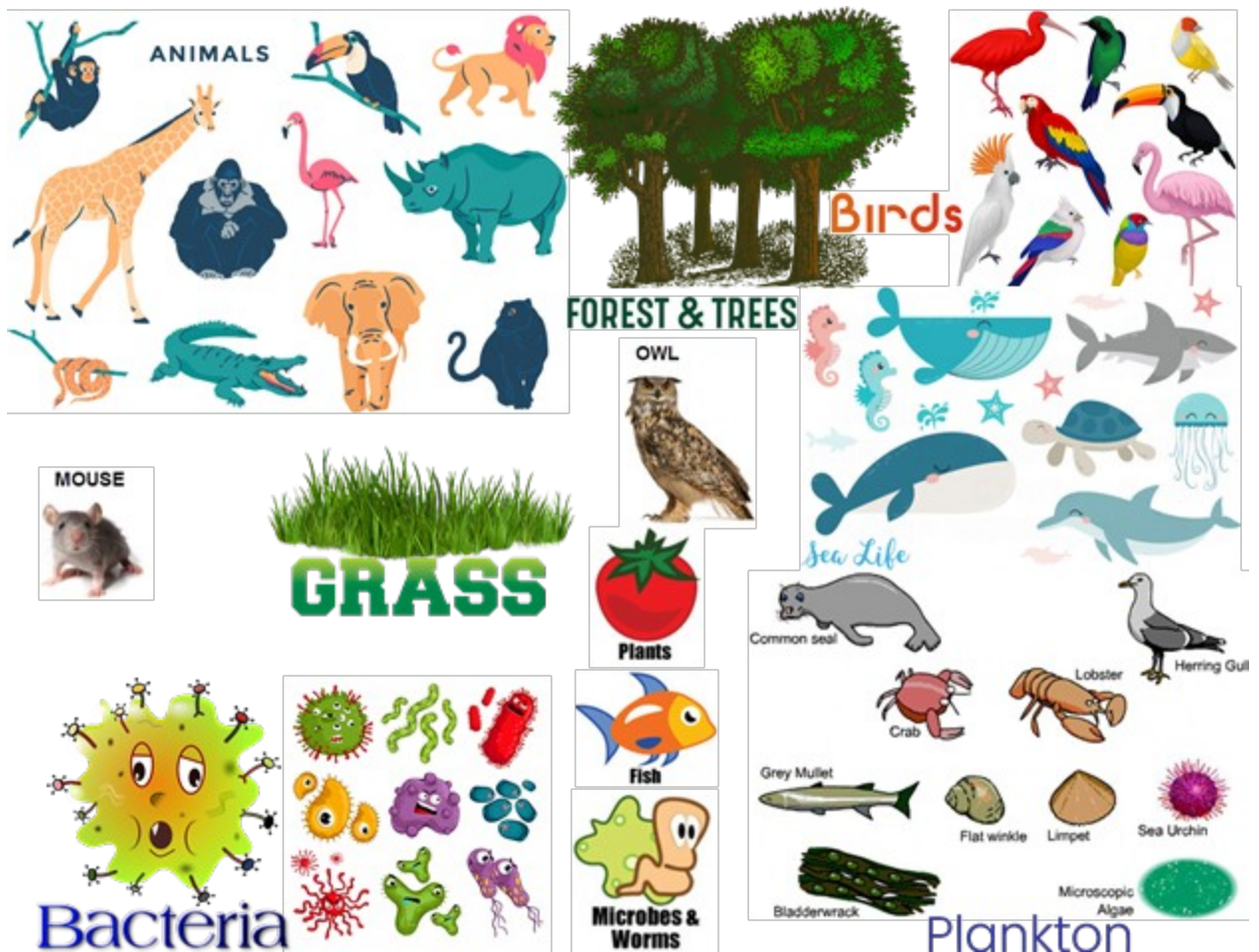
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.

Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’: “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about **five hundred billion creature spirits**. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”



“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



The PHENOMENON of VISIBILITY:



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nebadon.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds that we progress through to enter the first of the Celestial Heavens.

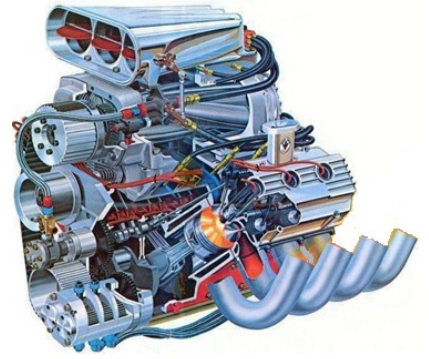
Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.



WE ARRIVE DETUNED!

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being ‘evil’, to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.



As a consequence, we are ‘detuned’ from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we’re badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents’ Divine Love – becoming divine.

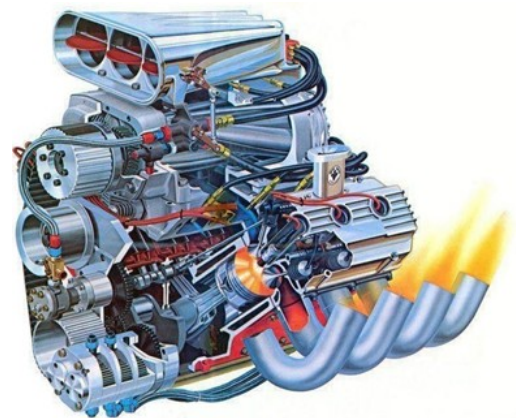


In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in and can be found through our feelings – our soul based feelings.

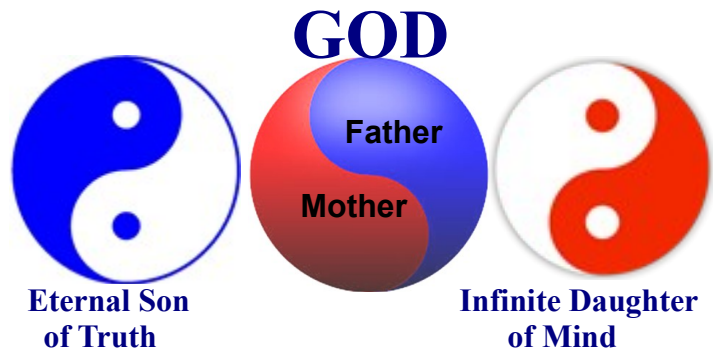
By living true to our self, true to our feelings, we are living true to God. It’s that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that’s wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents’ Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



BECOMING DIVINE:

We are not Divine to begin with. Our soul, personality and true self are of Natural love, created by Divine Parents, and with the POTENTIAL of becoming as They are, at-one with Them - divine. And we begin to realise this potential by longing personally to Them for Their Divine Love.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

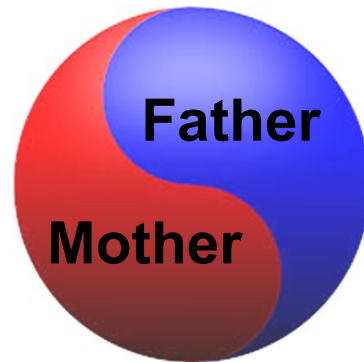
By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and becoming divine – this is our destiny.



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017



Rebellion and Default officially ended
31 January 2018
Now ready for Mobilisation
22 July 2023

CREATED in THEIR IMAGE:**GOD**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

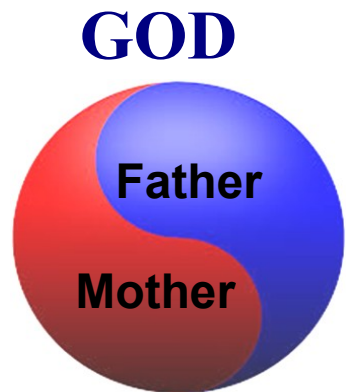
We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO

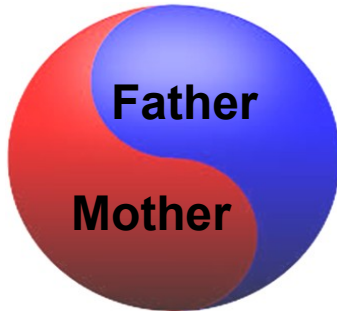


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
 We are to long for the truth of what we are feeling.
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

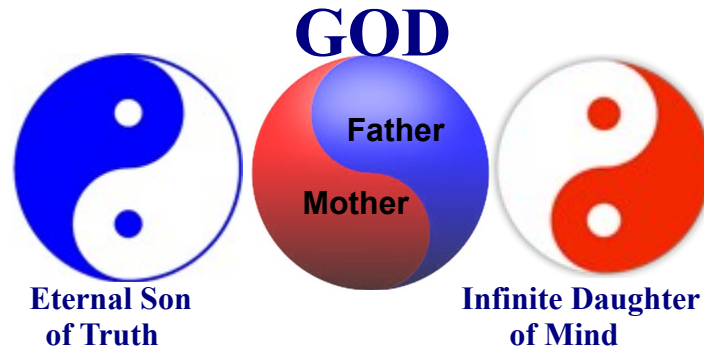
As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.



Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with



PARADISE TRINITY:

Our MOTHER and FATHER (God) (MF) – Divine Love

SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates / Soul Partners)

ETERNAL SON (ES) – Divine Truth

INFINITE DAUGHTER (ID) – Divine Mind

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

The LOCAL UNIVERSE TRINITY:

MARY M and JESUS

DIVINE MINISTER

HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind

Our MOTHER and FATHER – Love

– the Living Truth

– Mind (and her Holy Spirit)

PLANETS that engage in REBELLION:

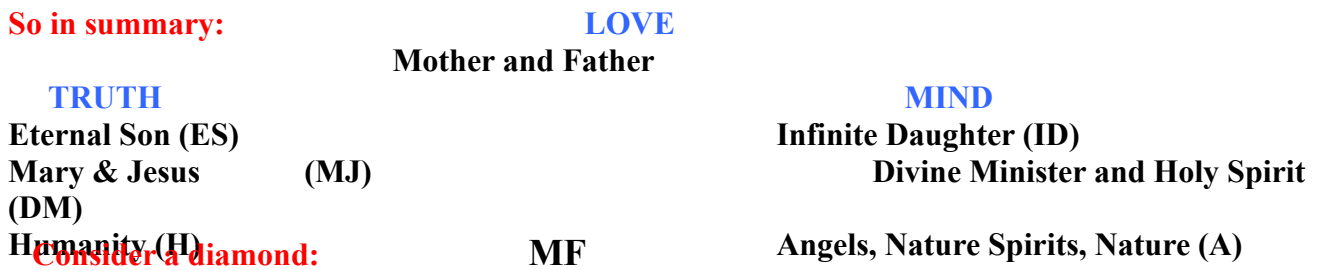
1. **AVONAL SOULMATE PAIR**

2. **DAYNAL – TEACHER PAIRS**

– the Feeling Healing process – incarnate

– they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter

Jesus and Mary

Avonals

as soulmate pairs

Trinity Teachers

as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate / soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our case through the Rebellion and Default.

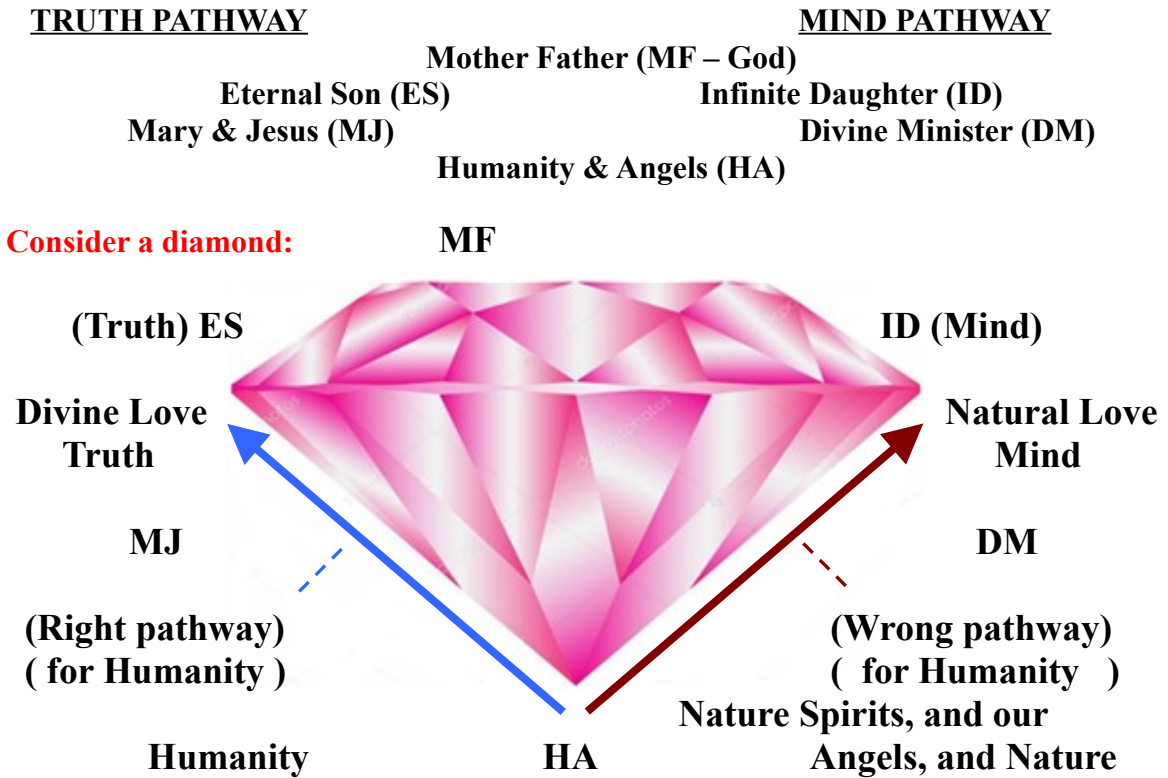
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate / soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



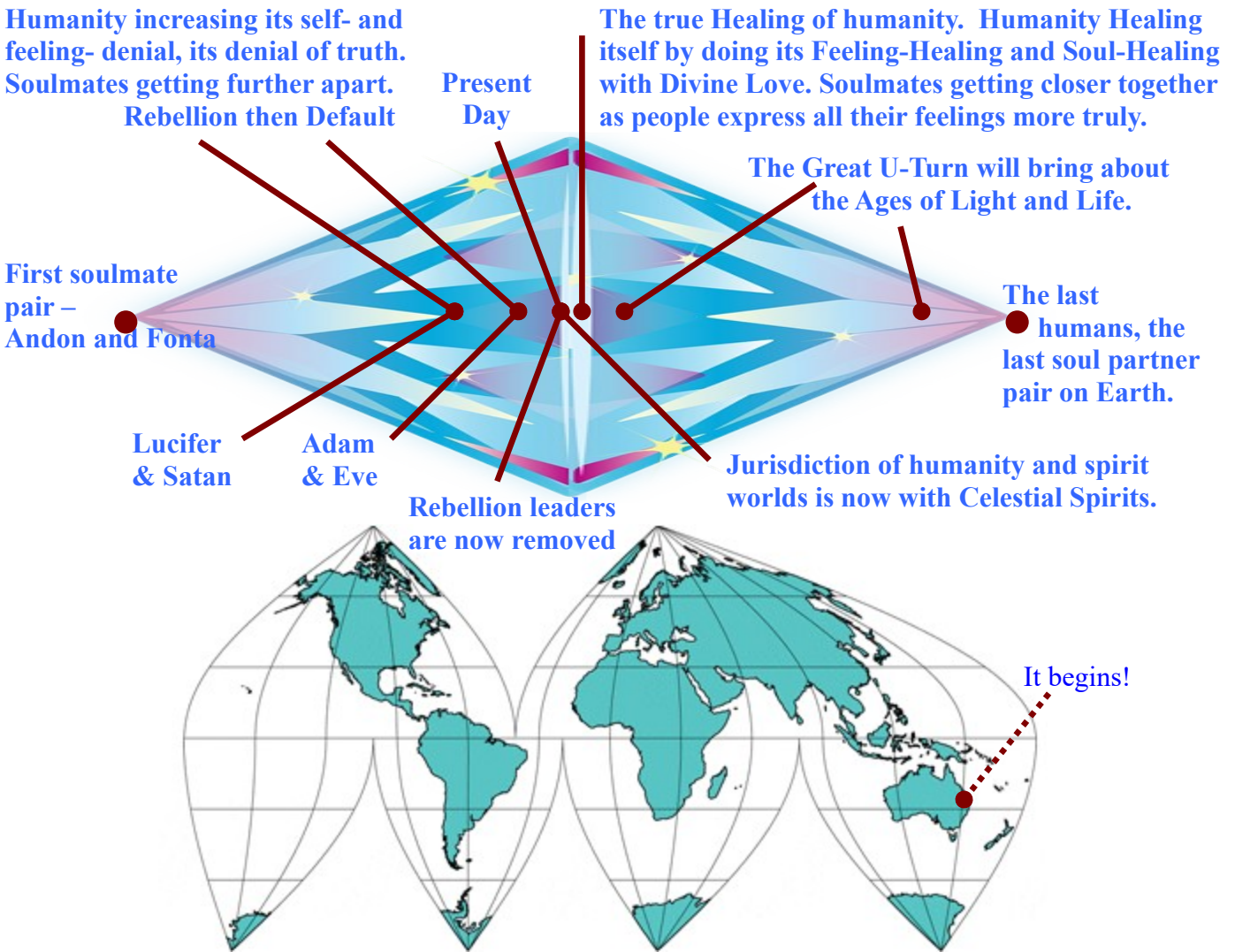
Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

The New Way, Feelings First Spirituality
 Feelings are your own truth and personality

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

Feelings First, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

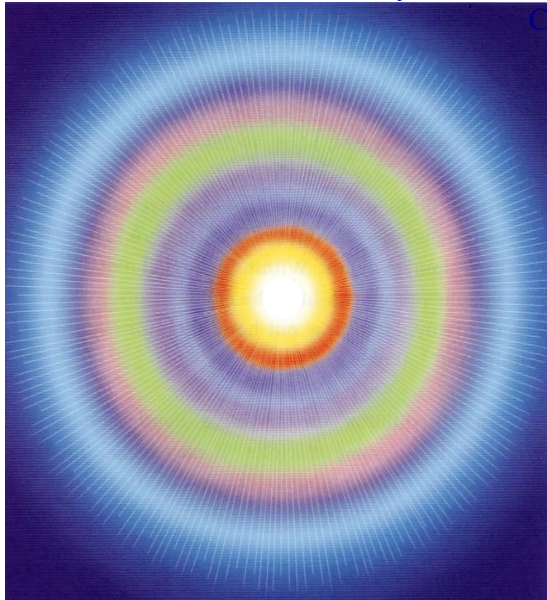
The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.
(Passage in blue calibrates on the Map of Consciousness at 1,500)

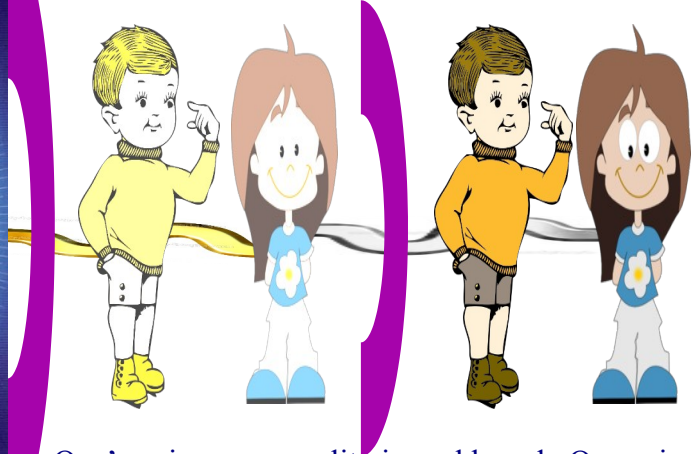
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULD IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – ‘soul land’. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

P E R S O N A L I T Y



Our soul is the centre of our personality. We are children of our Heavenly Parents. Our soul manifests a male and female personality - it is a duplex!

FEELINGS FIRST in all we DO!

All right, I will ask: God, what do You want me to do?

“We want you to do what you feel you want to do, always look to your feelings Our child – that is what we want you to do.”

GOD SPOKE TO ME! Is it true, can God speak to us? I’ve never spoken with God before.

It’s true; and what They said: do you understand what They meant, about going with your feelings in all that you do?

No, not really.

It means that you can’t work things out with your mind, so all you can do is always what you feel to do. When you may see someone in difficulty – any kind of difficulty – you didn’t think about what you should do, you just act, your feelings may make you want to quickly rush over to him or her and help him or her. So that’s what you do, and then you see how God is going to look after you. Because if God doesn’t want you to help everyone all the time, then you won’t be able to do it, your angels won’t do it, as they never go against what God wants, even if you ask and beg them to.

So as you go about and you do what you feel you want to do, and if you want to help someone, feeling from your heart that you really do, so you will find you just can’t help yourself, it will naturally happen; but if you find your mind starting to say, oh, I should help them but really I don’t want to, then that’s where you stop because that’s not letting your feelings guide you, that is when your mind wants to start taking over, which is taking over from God. God guides us through those true heartfelt feelings we have, and not through our mind like so many believe is how it happens. Your feelings are saying no, and so you will have to be strong and say no, sorry, God is not wanting or allowing me to help you. I am very sorry, I can’t help every problem you have, and you will have to take it up with God if you have a problem with that.

Adapted from Zarina written by James Moncrief

By living true to ourself, true to our feelings, we are living true to God. It’s that simple.

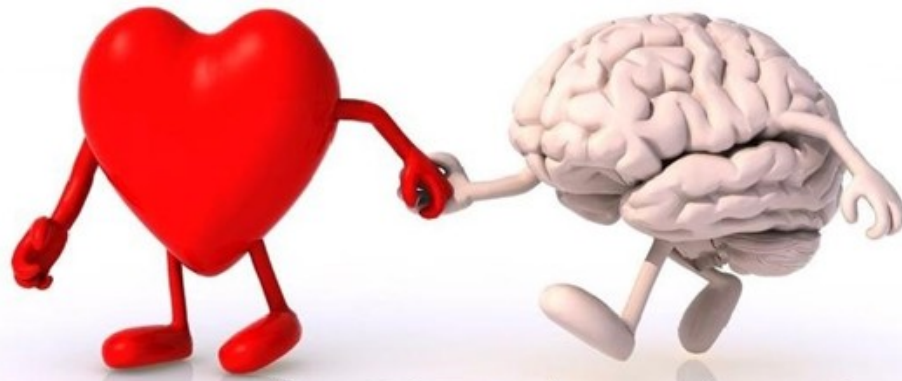


For 200,000 years, our control addicted minds have held our personalities hostage, at gun point! Our mind cannot discern truth, yet all of our guidance and education is dictating to us that through our mind we can achieve wonders. Well, look around! Wars, disease and gross misery prevail and that is after 200,000 years of boloney!



We have been given a crack in the armour of the mind. Our heartfelt feelings are our soul based truths. Our connection with our Heavenly Mother and Father is through our heartfelt feelings. Our way home is by our feelings, so let us all begin the journey.





Sometimes Your Mind Needs More Time
To Accept What The Heart Already Knows

Heart logic and mind logic are often
two very different things.



It has to feel right and make sense to
move forward with ease.

If it doesn't feel right, but it seems to
make sense, pause, and investigate within.

If it feels right but doesn't make total sense,
ask the mind to trust the heart a little more.

The heart's usually the wiser of the two.

~Doe Zantamata

Feelings first

FEELINGS FIRST because OUR FEELINGS are always IN TRUTH!

It is through our feelings that we connect and communicate with our Heavenly Mother and Father. It is Their Truths that we feel. This is our pathway to freedom, to a joyous existence, a way of living that is so wonderfully light, in as much as our steps forward are always with ease and a true expression of our real personality.

Feelings First is a way of living that liberates all that is unreachable via our minds.

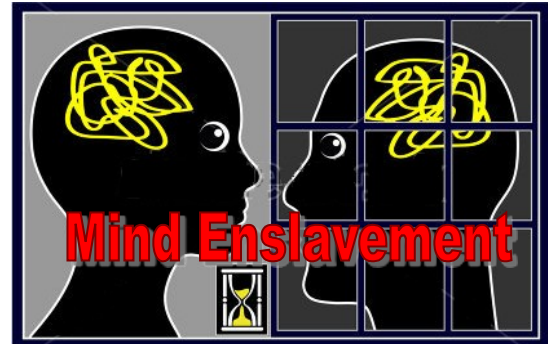
Never before in the history of humanity have the keys to our way to our Heavenly Parents been so clearly demonstrated and provided to us. Now, in the year 2018, we have been provided with the way to liberate our true personality.

We are to embrace our feelings, our soul based feelings, and through them we will find our freedom, and within this freedom we will find the way to heal ourselves of all our repression and suppression, most stemming from our forming years, our childhood from conception through to around the age of six years.

Oh the wonders of becoming superkids. That is, to begin to naturally express ourselves, that being truly the personality of who we are, the personality vested upon us by our Heavenly Mother and Father.

As emotional feelings begin to emerge, we are to long for the truth behind such feelings, both good and bad. It is the longing for the truth of our feelings that has been ignored by us for all these centuries. Instead we have subjected ourselves to our minds that cannot discern truth.

As we shed the encrustment of errors and injuries imposed upon us by the misbeliefs of our physical parents, we can ask for and receive our Heavenly Parents' Love, Their Divine Love, and in this way we will begin to divine ourselves, leading us to the Celestial Heavens.



**Feelings First
Feeling Free**



SUPERKIDS

Natural self Expression through Feelings

**Self Empowering
Self Revealing
Self Loving**



Avonal Revelation

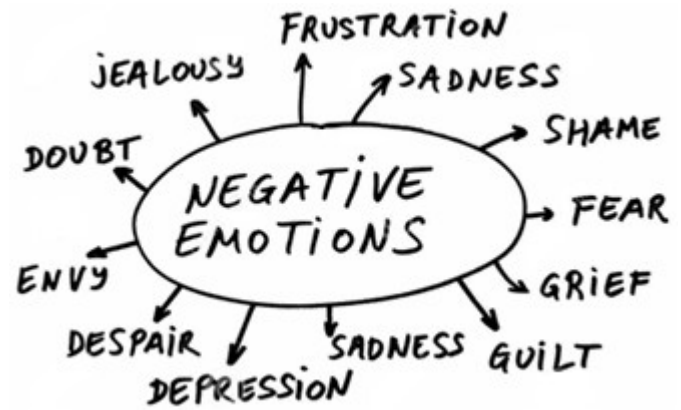
- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.

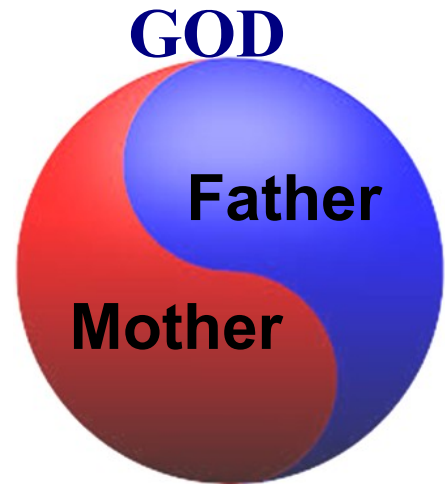


Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with our Heavenly Parents through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready, it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Father and Mother for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.





JAMES PADGETT
MONCRIEF



1 Commenced 1914
2 Completed 2014

REVELATION 1

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way the Father is actually loving us! When we progress, it is the Father's way of loving us into love and then we live what we are, love.

REVELATION 2

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

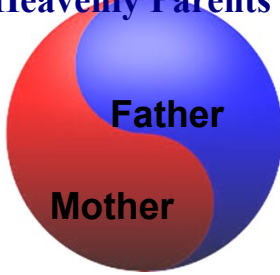
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AVONAL PAIR to be RESPONSIBLE for SPIRITUAL WELLBEING of EARTH:

Heavenly Parents



The Paradise Pairs, children of God, are all only concerned with the spiritual wellbeing and upliftment of the planets and local universe. Creator Son and Daughter, Mary and Jesus, are focused upon the spiritual wellbeing and upliftment of the whole of Nebadon which involves Earth, one of 3.8 million planets.



AVONAL

PAIR spirits of Truth of the Avonal Pair are to join with the Spirits of Truth of Mary and Jesus.

Soulmates



COUNCIL OF ELDERS



The Council of Elders, 12 Celestial soulmate pairs, being a Soul Group, guide to Founder of the Global Humanitarian Fund that is to disseminate Feeling Healing and Soul Healing guidance.

Soulmate PAIR while living in the physical of Earth, are to complete their Feeling Healing whilst embracing Divine Love, thus completing their Soul Healing. Being the first humans to do so, they will subsequently, upon their physical deaths, release their Spirits of Truth so that the whole of humanity, for the next 1,000 years, can embrace and progress in their soul development through Feeling Healing.



GLOBAL HUMANITARIAN FUND

Through the Global Humanitarian Fund, humanity is to be introduced to the processes of Feeling Healing and Soul Healing. Further, they will also become aware that our Spiritual Teachers of Truth for the next 1,000 years will be the Avonal Pair who will be handed this task from Jesus and Mary, and much, much more.



Crossover

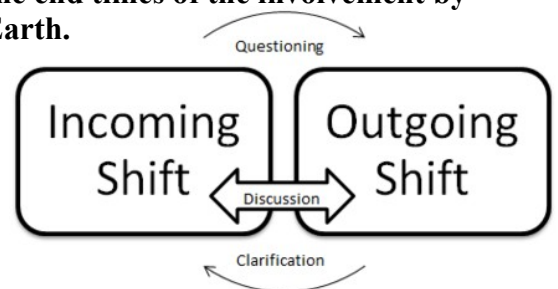
This time, in the history of humanity, is the most exciting time ever experienced.

the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation to follow from the availability of Divine Love is the processes of Feeling Healing and Soul Healing. These are being revealed through and by Marion and James Moncrief. Upon their completion of Soul Healing and upon their deaths they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds, in this case, Earth exclusively.

COUNCIL of ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively a 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

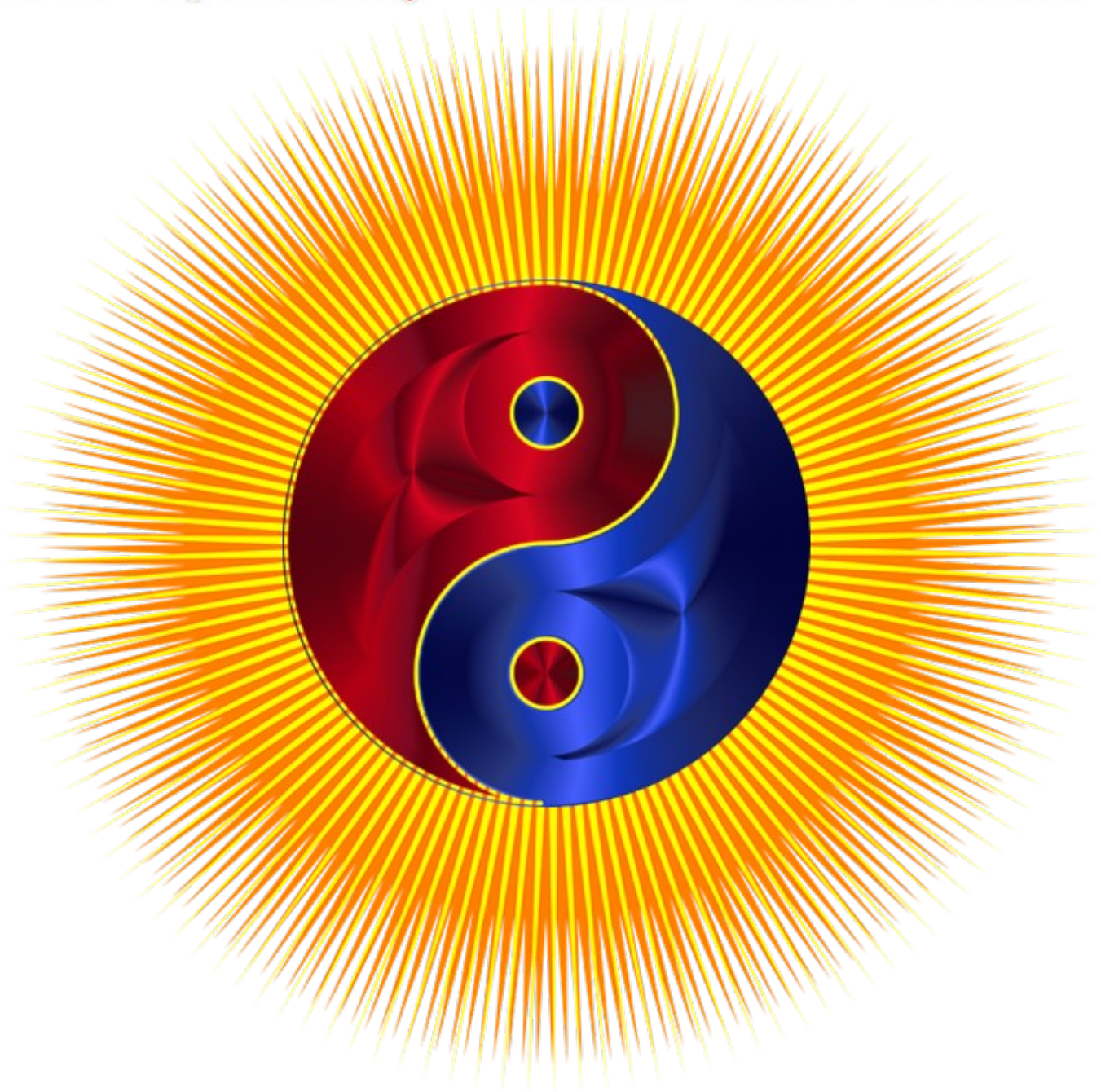
With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

Put Children First

Infographics and diagrams have been added by Pascas.

Our Heavenly Mother and Father



LIVE TRUE TO OUR FEELINGS;
AND LONG FOR THE TRUTH OF THEM.

FURTHER READING:

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

PASCAS CARE PARENTING

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam's Book – Parenting and Feeling Healing	Book X	Physical Illness

Pascas Care – Parenting Awareness
 Pascas Care – Parenting Eureka Moment
 Pascas Care – Parenting Feelings Supreme Guides
 Pascas Care – Parenting Health Generation
 Pascas Care – Parenting into the Abyss
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Mind Centric Way

Feelings First Freedom

Kindly consider reading:

www.pascashealth.com

then proceed to Library Download :

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Pascas Care Letters – Family Shelters Abuse & Remedial
 Pascas Care Letters – Family Shelters Overview
 Pascas Care Letters – Family Shelters Per Capita Inequality
 Pascas Care Letters – Family Shelters Protection
 Pascas Care Letters – Family Shelters Social Housing
 Pascas Care Letters – Family Shelters Support Centre
 Pascas Care Letters – Family Shelters towards Liberation
 Pascas Care Letters – Root Cause now to Pathway Forward
 Pascas Care Letters – Root Cause now to Pathway Forward (short)

Chaldi College Free to Learn Instinctively
 Chaldi College Free to Learn Pathway

Pascas Care Letters – Back to Basics
 Pascas Care Letters – Change
 Pascas Care Letters – Finaliters our Destiny
 Pascas Care Letters – Humanity is Addicted to Untruth
 Pascas Care Letters – Journey of Earth’s Humanity
 Pascas Care Letters – Life is a Highway
 Pascas Care Letters – Live True to How You Truly Are
 Pascas Care Letters – Moving out of Healing
 Pascas Care Letters – My Customs Heritage and Nationality
 Pascas Care Letters – One Soul Two Personalities
 Pascas Care Letters – Psychology and Feeling Healing
 Pascas Care Letters – Spirit Evolution and Environmental Changes
 Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie
 Pascas Care – Kinesiology Testing

Pascas Care Living Feelings First Adults
 Pascas Care Living Feelings First Children
 Pascas Care Living Feelings First Children Annexures
 Pascas Care Living Feelings First Children Discussions
 Pascas Care Living Feelings First Children Graphics
 Pascas Care Living Feelings First Drilling Deeper
 Pascas Care Living Feelings First Drilling Deeper Structures
 Pascas Care Living Feelings First Reference Centre

Important recommended reading is:

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<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

Primary recommended reading:	consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light		
The Rejected Ones	2002 – 2003	xxx	– James Moncrief
Messages from Mary & Jesus	2003	xxx	– James Moncrief
Paul – City of Light	2005	xxx	– James Moncrief
Feeling Healing	2017		– James Moncrief
Religion of Feelings	2017		– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx	– James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx	– James Moncrief
Road map of Universe and history of Universe: The Urantia Book	2017	xxx	– James Moncrief
Divine Love supporting reading:	1925 – 1935	xxx as primary reading	
Revelations	1954 – 1963		– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003		– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx	– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx	– Geoff Cutler
Available generally from:			
www.lulu.com	www.amazon.com	www.bookdepository.com	
For Divine Love focused websites and forums:			
Pascas Health:	http://www.pascashealth.com/index.php/library.html		
Spiritual Development:	http://new-birth.net/spiritual-subjects/		
Padgett Books:	http://new-birth.net/padgetts-messages/		
http://divinelovesn.weebly.com/mv-free-books-and-free-padgett-messages.htm			

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at www.pascashealth.com
Pascas Primary publications being:

U-Turn for Humanity Pascas reveals New Feelings Way
 U-Turn for Humanity pathway being New Feelings Way
 U-Turn for Humanity simple is what Life is meant to be
 U-Turn for Humanity shutting hells through New Feelings Way
 U-Turn for Humanity soul light and New Feelings Way
 U-Turn for Humanity through the New Feelings Way
 U-Turn for Humanity treacherous assumptions New Feelings Way
 U-Turn for Humanity unfolding the New Feelings Way
 Universal Gift – Feeling Healing with Divine Love
 Feeling Healing and Divine Love Discussion Prompts
 Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com .

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1		1,485	Feb – Apr 2003
189			
Messages from Mary and Jesus book 2		1,485	Apr – Oct 2003
170			
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1			Aug 2007
164			
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2			Sep 2010
177			
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	
1,825			
Paul – City of Light	1,488.5		2005
149			
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1		2006
179			
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2		2006
159			
Breaking the Golden Rule.	feeling-healing book 3		2006
168			
Feeling-Healing exercises, and other healing points to consider.			2009
175			
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151

Introduction course to Divine Love Spirituality	2006	
139		
Speaking with the Dead, Death and Dying	2009	
173		
Spirits and their Childhood Repression Healing	2010	
179		
With Verna – a nature spirit	2008	
279		
<i>Communication with spirits – meet a spirit friend</i>	2010	
37		
Introduction to Divine Love Spirituality website		
362		
Sage – and the Healing Angels of Light	2017	260
Divine Love Spirituality	2017	250
Feeling Healing – you can heal yourself through your feelings	2017	153
Religion of Feelings	1,500	2017
44		

This group being pages of

3,092

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:

James Moncrief Publications:

all publications are free downloads:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:

The True Gospel Revealed Anew by Jesus volumes 1 – 4

Book of Truths by Joseph Babinsky

The Urantia Book

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

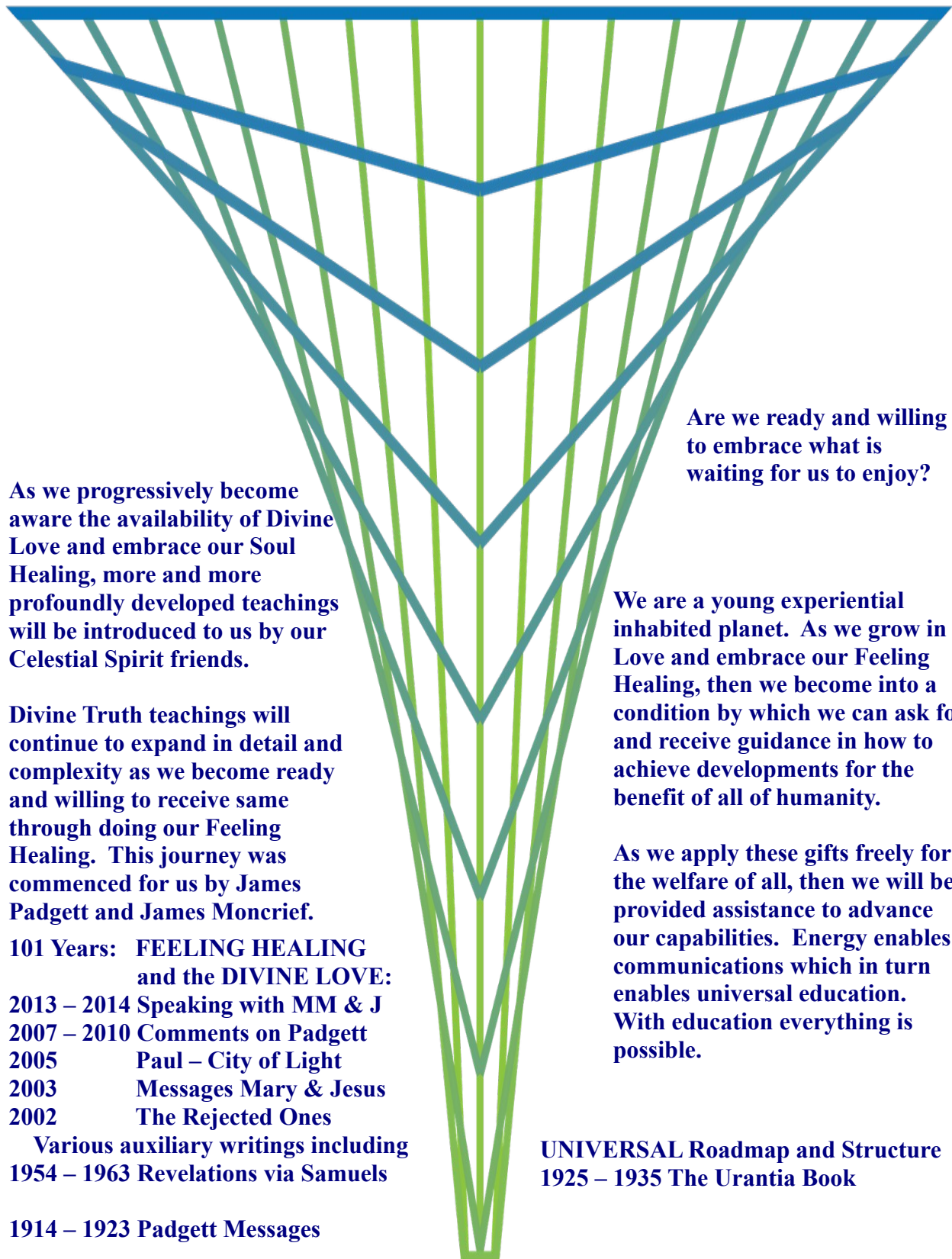
Pascas Care Letters A Huge Upturn
 Pascas Care Letters Big Revelation
 Pascas Care Letters Feeling Healing Benefits Children
 Pascas Care Letters Feeling Healing Way
 Pascas Care Letters Little Children
 Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
 Pascas Care – Feeling Healing All is Within
 Pascas Care – Feeling Healing and Health
 Pascas Care – Feeling Healing and History
 Pascas Care – Feeling Healing and Parenting
 Pascas Care – Feeling Healing and Rebellion
 Pascas Care – Feeling Healing and Starting
 Pascas Care – Feeling Healing and Will
 Pascas Care – Feeling Healing Angel Assistance
 Pascas Care – Feeling Healing Being Unloved
 Pascas Care – Feeling Healing Child Control
 Pascas Care – Feeling Healing Childhood Repression
 Pascas Care – Feeling Healing End Times
 Pascas Care – Feeling Healing is Rebelling
 Pascas Care – Feeling Healing Live True
 Pascas Care – Feeling Healing Mary Speaks
 Pascas Care – Feeling Healing My Soul
 Pascas Care – Feeling Healing Perfect State
 Pascas Care – Feeling Healing Revelations X 2
 Pascas Care – Feeling Healing the Future
 Pascas Care – Feeling Healing Trust Yourself
 Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Cause No Harm < to OTHERS to MYSELF

Strive to love others as I am to love myself

To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.

**Divine Love
is the key!**



God's Divine Love: Pray for it, ask for it, and receive it.

**Feeling Healing with
Divine Love is the key**



**to enter the
Celestial Heavens:**

