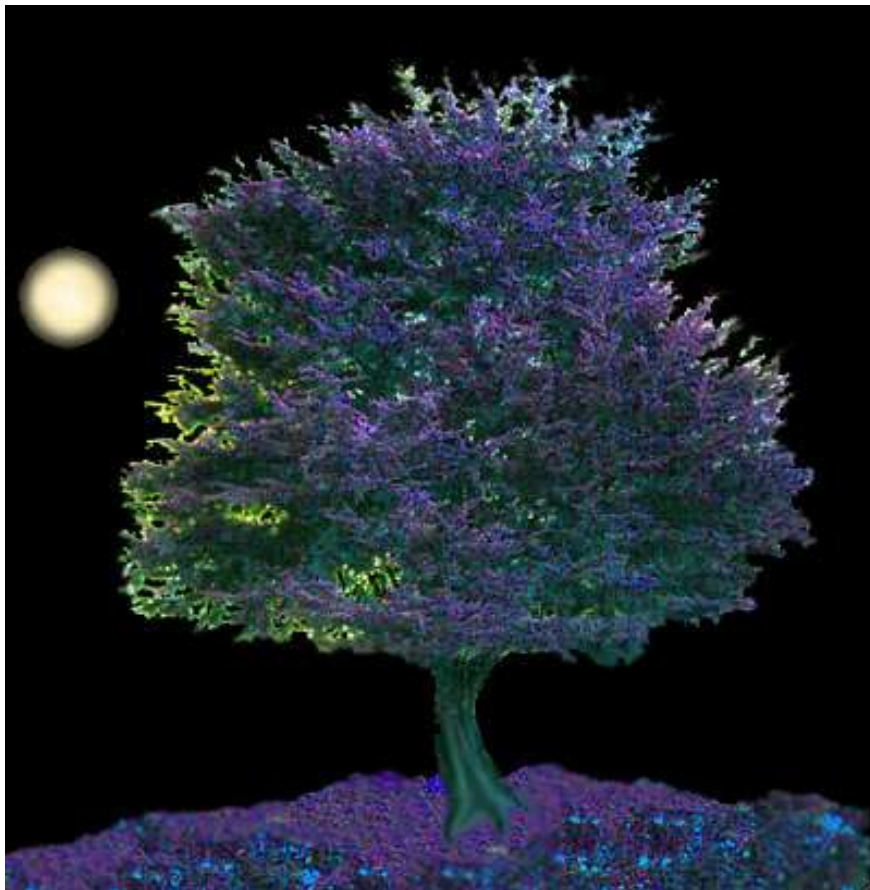


# NEW BIOSPHERE AGRICULTURE



## Etheric Farming



**PASCAS FOUNDATION (Aust) Ltd**  
**ABN 23 133 271 593**

**Queensland, Australia**

**Em: [info@pascasworldcare.com](mailto:info@pascasworldcare.com)**  
**Em: [info@pascashealth.com](mailto:info@pascashealth.com)**

**Pascas Foundation is a not for profit organisation**

**[www.pascasworldcare.com](http://www.pascasworldcare.com) [www.pascashealth.com](http://www.pascashealth.com)**

**VERNA – a NATURE SPIRIT:**

Hi Verna – a Nature Spirit (note from Graham)

Saturday, 28 October 2017

I am only just discovering these communications and am loving them. For around 10 years I was involved in the "Biological Farming" movement. Looking to build microbial diversity in the soil to develop a more sustainable agriculture system. Are the principals of biological farming founded in truth? Was I barking up the right tree?

I had a few friends in the biological farming industry who taught me about Nature Spirits. I believed in them and used to ask for their help. Certain crops responded. Was I actually engaging with nature spirits? Were the biological farming practices helpful to the nature spirits?

My friend and I used to use radionics to guide us to help create better environments for plants to thrive. Were the radionics methods we used really delivering sound Agronomic solutions? Is radionics a valid way to seek the truth of a plant's needs?

Thank you very much – Graham

James: Hello my dear Verna, it's been such a long time since we've spoken.

Verna: I know it has James, you leaving me out on all the fun and games; really, I ask you, it's not right!

James: All right Gran, so what about getting on answering Graham.

Verna – a Nature Spirit: Don't be rude, I will do it when I am ready... all right then, I am ready. Now Graham, you've got nothing to worry about, if you do the right thing by nature, such as your Biological Farming, then nature will benefit as will you. And of course to respect nature in how you interact with it, seeing all the creatures and the environment they live in as precious, and that you're all in it together and need each other for optimum survival. To go off believing you know better than God is asking for problems, all of which you're finding out for yourselves. You eat unhealthy food and suffer accordingly, it all being part of your repressed childhood state, with your un-nutritional diets helping to reflect the bad states you are in. Humanity will study nature and itself for hundreds of thousands of years and still NEVER understand all that is involved in your relationship with it and you with yourselves. You will never know, you can't know, because by the time you get anywhere near what's really going on, humanity will have outgrown the physical need to live on Earth.

How does that sound James – impressive? You know I'm full of such impressive images and statements of truth.

James: I know you are Verna, and you know I love them, that's why you tell them all to me – isn't it?

Verna: How right you are, of course it is, I don't care about them, I've no need for them, I just watch as humanity makes a dogs breakfast of all it touches, wrecking nature, destroying the very land its trying to live from, really, you are so dense, and look how long it's taking you to come back to your

senses! Your senses have been bashed out of you by your parenting, so it's going to be a long haul for you to 'come home'. And when you do manage to give up all your truth-denying ways, then you'll be more like the primitive people, closer and truer to nature, living communally and in small tribes, all loving being fully attentive to each other and all you're feeling, all whilst completely living in harmony with the natural world. Oh, and you've come such a long way with all your science, well you'd be better off studying, if you must study anything, the negative impact you have on everything because of living untrue to yourselves. Looking at it that you're living rebelliously against all that is right, and then you might get closer to what you're wrongly doing.

See James, I am so full of good advice and wisdom, it's just pours out of me, I'm not your average dumb old nature spirit – am I?

James: Not at all Verna, god no, never, you're the smartest and brightest and you know everything.

Verna: That's right, at least you've got that part of your wayward mind in order. Now, what's Graham's next question, I go a little off track getting carried away as you might have noticed.

Now, were the Biological Farming methods helpful to us nature spirits, and were you talking with them Graham?

Yes, you would have been talking with them if that was your intent. We are with you all the time, yes, mostly in the background, but nevertheless we are there and we know all you are thinking and feeling, so if that includes us, so we feel included. However that doesn't mean we can just do what you want, as we can't. We might like to at times, blast the socks of you by growing everything perfectly, but we have still have to adhere to the limitations imposed on us by the Rebellion and Default, which are reflected in how you are. So the truer you are, should you do your Healing, then the closer we can come and work with you. And for those who are Healed, then we can get down to some serious business if you want to include us in your lives.

Your more nature-positive farming doesn't actually help us specifically. No, you are not doing it for us, you're doing it for yourselves. So as you help yourself, then we can help you more – that's how it goes. Because we don't need any help, we're able to help ourselves, we don't need you, we're on the world for you, to help you, it's all here to help you, everything currently exists in Creation to help ascending mortals start on their physical world and ascend to Paradise. And as you can ONLY do that by growing in truth through your feelings, so we are here to help you with that. And if you want to live denying that, going the other way and being unloving to yourself, then we're here to help you do that. So we don't prevent you doing what you want, although we can limit and... ok, at times we can prevent you, but mostly we don't, mostly we move with you, and if you deny nature then we fade away as you no longer need as many of us involved with you, and so we move to other still natural parts of the world or we 'die', which means we move onto becoming angels. But if you look to nature and want to do the right thing by it, then we'll gather around in greater numbers helping you in the ways that we can, even increasing in number if that is what is required.

Next question?

Radionics – was that a help? It's better than no radionics and just the unfeeling way of farming,

however it's still too much of the mind. You are to 'farm your feelings' – do you like that one!, so look at it that way. Your feelings will tell you if how you are farming is making you feel good, you'll love the whole experience, you'll thrive in and with it, that is provided you can release yourself from your mind control. So the less technical and scientific and the more feeling you can be, the better. If you look to the plants to show you, take the need to make money out of the equation, and do it for your own pleasure with your survival as a secondary factor, then you'll be able to sense the more subtle aspects to it all, all that will come through your feelings and your very personal and intimate experience with all that you are doing. And everyone's experience with their plants and the dirt will be different. It is all to help you have experiences to bring up the feelings necessary for you to uncover the truth. So not all experiences might be happy and good feeling ones, many might be bad, but you know how it is, what's needed so you can Heal and progress.

So Graham, relative to your level of truth at the time you were on the right track and doing the best you could. However as you grow in truth through your Healing, so too will your understanding of what you did before increase and expand, and so will your relationship with nature evolve.

There, how's that Graham and James, are you happy with those answers... too bad if you're not because I'm not going to change them.

James: I wouldn't dream of you changing them Verna. What are you going to do now that you've finished with us?

Verna: Oh there are endless problems I have to attend to James. You think you've got things to worry about, we've got to address the endless pollution on the more subtle levels that your wayward lives leave us to deal with. And all this talk of more nuclear bombs, if you could see the destruction even your testing, even your thinking about the testing of them, causes, all of which someone has to attend to. And those people when their time comes to do their Healing are going to feel very bad for all the fear they caused along with all the damage to the world, they have no idea how much suffering they are inflicting on themselves as they subject everyone else to it. So we go into damage control, containing it within the parameters we're allowed to, we working hand in hand with the angels. And if we didn't do what we do, you'd have blown yourselves apart by now, which possibly might have been a good thing because you don't see the full negative and unloving impact of such experiments because we limit them. It's a bit of a Catch 22, but that is how it is, God wants it that way, so we all carry on.

However Graham, we are SOOOOOO HHHAAAAPPPYYYYY that you are seeing the light. Every person who does means that much pressure is taken off us and nature, and we readily rejoice with you in your new found source of understanding. And even if you don't do anything further directly with nature, at least your heart is moving in the right direction all the time, and that's all that can be asked for. So good for you Graham, and should you need my illustrious services again, don't hesitate to ask. James is a good typing slave, he'll labour on typing all I want to say, won't you James?

James: Of course Verna, how could I not record every bit of pearly wisdom that falls from your lips.

Verna: You're full of shit James. I'm going now. SEE YA!

James: Aww, I'm mortally wounded Verna by you sticking it to me. I feel so hurt, what are you saying that for?

Verna: Good, I hope you feel bad. I hope you all feel bad, because that's what you've got to feel. It's not use carrying on with all these fun and games, you've got to get on and be true to the bad, DO YOU HEAR ME – DON'T DENY ONE BAD FEELING, AND KEEP FEELING BAD, AND IF YOU DON'T THEN DO SOMETHING TO. AND I'LL HELP YOU. There, now you've got more bad feelings to work through James – see, aren't I a great help! I said it all on purpose, more for you to work through, think of your mother James.

James: No, I'd rather not, however now you've stirred me up, so I will. Thanks a lot Verna.

Verna: Only too happy to help you James. I am going now and until the next time you deign to spend a little time with us lowly folks... and I do LOVE you James.

James: I understand Verna what you're doing, I can feel it, more of the shock of having it all turned on me, I think it's going one way and we're having a nice time together, only to suddenly have it all turned on its head and I'm lost, I am distraught, I'm upset, that being what mum did to me all the time. Yes, I see Verna, and that's how she threw all the psychic bricks in my face.

Verna: Exactly James, keep going, go deeper into it, there's more for you to see. It's the doing it in fun part, like it's a big game in which you're not allowed or meant to feel hurt, and yet it's all hurtful, that's how it was for you all, that's what you've all got to understand and work through. And how hurtful, which your feelings will show you, just how very hurt you all are, right to the core of yourselves. And the shock of suddenly feeling such unexpected pain, that too is crushing and soul destroying, and then you're left in it, with nowhere to go, destroyed, having to somehow patch Humpty back together again as you go on. Frightful stuff James. Bye now – Verna.

James: I woke up feeling like I'd been punched in the left eye during the night, its hurt all day, it feels tender and hurts when I blink. I've had this 'etheric burning' feeling, it feels sore but not to the touch, many times in that eye and side of the face and all over other parts of my body. And with Verna working her number of me, and on talking my feelings through with Marion, it once again brings up for me how hurt I felt when things seemed to be going well with mum and then suddenly with no warning she turned on me. And how I've managed to prevent such hurtful feelings through my life by not paying attention to people picking up the subtle messages they are showing me, blocking them out and soldiering on, which all amounts to my punching them in the face and not respecting their feelings, so my doing the same that was done to me. Thanks Verna.

Monday, 30 October 2017

Graham:

Thank you James and Verna. There is a lot to take in there. I have read it three times so far.

I sense, Verna, that our agricultural systems are so far from the truth, that everything we do to enhance them is just fuelling the wrongness. And Man's audacity to think we know better than the nature spirits. Our ego and the world controllers driving the need to change everything that shows up bad, instead of embracing the bad, longing for the truth of the bad so that everything can flourish in Truth.

How amazing that we continue to manipulate crops to apparently grow much better than nature intended, yet as a result create food with insufficient nutrient density to fuel a physical body attempting to thrive in a state of truth. It is funny, even the mind bound scientists' research shows that yields are not much improved over the last 50 years.

So rather than looking for a way to support large mono cultures, stripping the land of life and diversity, we should be looking more at poly cultural systems, perhaps even permaculture. Smaller plots, tended by everyone so we can all feel the true connection with nature. Have a true connection with that from which we derive our energy. We are to Heal our own selves of our false way of living, and then we can work in harmony with all forces and nature spirits to bring the soil back to its truthful state, allow the plants to grow in truth, and then be able to truly benefit from the nourishment derived.

I also get a sense that if we give over to The Mother and Father, to the Nature Spirits, Heal our fear of scarcity and survival, then all we tend will grow in truth to its maximum potential.

I hope this has come from my heart and not my mind.

Verna, a Nature Spirit: You're spot on Graham, I can't tell you how good it is to hear you say and think like that – you understand, and that's what we are hoping for. You live denying yourselves, so you have to create food that is of that same denial, so you deny nature and the very plants and animals you look to for your sustenance so as to maintain the levels of untruth you are living. And then that causes you problems which you have to then do other self-hating things to overcome, and on it goes, the ever downward spiral into oblivion.

So if you reverse that and Heal yourselves, then you'll be of a perfect truth level of Natural love equal to that with nature, so you'll respect it and have a true, loving and perfect relationship with it. You won't deny and abuse it, as you'll no longer be denying and abusing yourselves. And we nature spirits will match you every step of the way.

Ideally humanity is to live in smallish groups, say up to 1,000 people, communally so you can all look after and be involved with pregnancies, births, children, adulthood and old age and death, everyone knowing what's going on, and all loving, supporting and respecting each other, as you live with nature to feed and shelter yourselves according to your ever evolving levels of truth. So without the need for money and ownership of land, no cities, everyone having to spend time growing and collecting food, everyone staying connected with the basic physical needs and how to satisfy them, and all the time with everyone paying full attention to, fully respecting, all their feelings and longing for the truth of them. So you don't just get stuck in a primitive state, isolated and insular in your stagnant ways of life

like many subsistence and native people have done, stuck in their truth-denying ways and superstitious beliefs; that you are always growing and evolving in truth, and with no idea as to how that will affect you personally and then collectively.

Humanity has no idea how it will live in groups of fully true and Healed people, evolving their truth on and up through the Celestial levels, sharing their thoughts and feelings, all whilst anchored to the physical. That awaits mankind, to live that way and relish and love with all your hearts the beauty of life created by such people. And nature will flourish with such flourishing natures of people, it all working to support and benefit the whole.

And so there will not be the concerns that you have now, no overpopulation, no sex for the need to comfort and pleasure yourselves because you feel so bereft and deprived of love. And your dietary needs will change and evolve to where you won't need to kill or harm another creature, living literally off the fruits of the land and all what is produced naturally, with no force, not having to intensify anything, dealing with disease and bugs according to the levels of truth you are living, all so there won't be any problem with them, they only being required to break down material when it's been finished with.

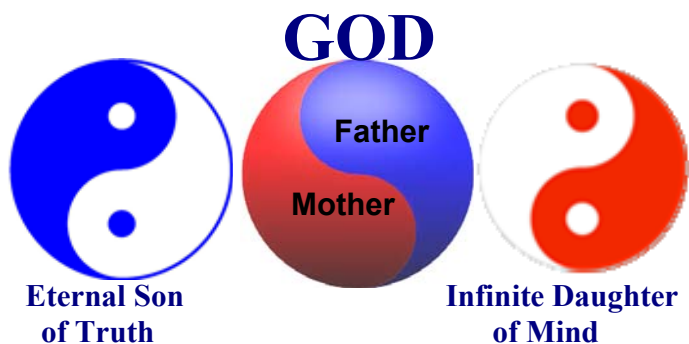
But all of that is a long way off Graham, however the seeds can now be sown as people such as yourself see the bigger picture, understand the fundamentals of truth, and start living them even in your small way in life. You've started to 'farm' yourself with love through self-acceptance of your pain. And that is leading you to the truth in you.

We feel very excited by it, it's been a long time in coming, and as more people awaken to the truth, so things will start to get interesting as we'll be able to have more of a say and input in your lives, even if you are not consciously relating to us. Things will happen because we'll be freer to act, no longer hemmed in by the constraints imposed on us by the Rebellion and Default.

You have your band of Celestial spirits with you Graham helping you see things in the light of such truth, that which you've written in your answering post, so you are now on your way, growing in truth and that will continue to be reflected in all that you do.

And you have a band of our kind too, who will assist you in your farming and nature thoughts, we connect with everyone who embraces the truth, it all being part of your re-connection. So we and your angels and spirit helpers can all come closer to you, all helping you in little ways to see and understand things about yourself, nature, how you live currently and how it has been, and about our Mother and Father.

So you carry now a little light of our truth within your heart, and that will keep growing. We all love all you are wanting to do Graham, loving you for yourself and for what you are now doing. Verna.



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



Feeling Pathway

Mind Pathway



Soulmate Pair

Angel

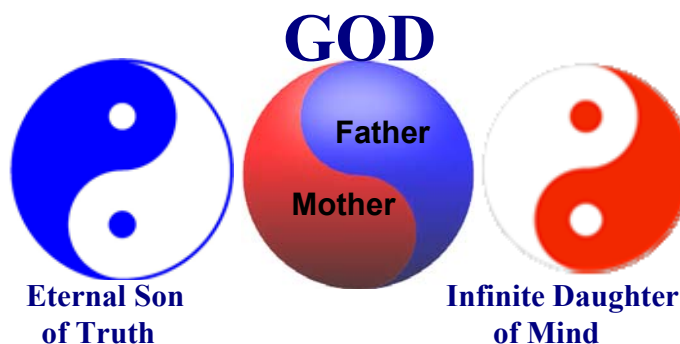


Spirit Person

Nature Spirit







We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

**Feeling Healing with  
Divine Love is the key**



**to enter the  
Celestial Heavens:**

### **CREATION being an EXPRESSION OF MIND – Nature Spirit Verna:**

I, Verna, am one of the 'Little People of Light' or commonly called a nature spirit. We go by other names: elemental, elves, fairies and the like, but really we're nature spirits. We are only concerned with nature, the nature of Earth – our world. Earth is our world more than it is yours, as you're all passing through, whereas we are permanent residents.

We, nature spirits have an hierarchy, some of us being more evolved than others – older – and we're considered to be a slightly lower creation than that of angels, as it's angels, a certain type, that create us. And when we have served you, humanity, well, we can if we want, move up to becoming an angel, we can evolve into one. About soul-light coming from the soul interacting with Creation bringing about in Creation what needs to happen is all in accordance with the soul's pattern. As far as nature goes, it is wholly responsive to the needs of humanity, that is really all it exists for, for you.



We know why we act, we just act, we're creations of the Mind, The Third Person of Deity; the Infinite Daughter Spirit looks after us through the Local Universal Mother Spirit, the Divine Minister. We exist to serve you, those of the truth, as nature does, it also being a creation of the Mind, so we don't have a truth-evolving soul like you do. We do however grow in mind service, we evolve so to speak, but not how you evolve. We evolve by doing actions, by acting in accordance with the instructions and mandates we are given, and when they are fulfilled, or completed, we move onto the next assignment, that is our evolution, so we're able to grow by being given increasing responsibilities, it's the same for us as it is for the angels.

So although we don't have an eternal soul like you, we do feel we have an eternal place in Creation because we are part of it; we've been created, there was and is a purpose to our existence, so there will always be something, the next thing, for us to do. And as we do each assignment we grow, which is really, advance in light. By the *light* of an angel or nature spirit you can tell where they are in Creation, on what level, on what assignment, on what circuit, where in the Universal Mind they fit and so exist.

Creation is all created by, and so is a manifestation of, the Mind of God, it consists of mind circuits from the lowest to the highest; and so because of that, everything in Creation can help everything else, it all being orchestrated by the intelligence of the Personalities it is derived from. So when your soul requires a certain experience, then all you are, all the environment is, all that leads up to that exact moment from the beginning of Creation, moves to bring about that experience for you. And all we do is go along with it, which is all you are slowly to learn to do. You are not to try and fight it, or interfere with it, you are learning to just accept nature, your own natures, your soul – or truth and mind nature. As you learn to live as nature does, by being all-accepting, then you can allow your soul to guide you through your feelings and without trying to actively take over using your mind, to just act according to your natural impulses and feelings, all of which will bring about the desired experiences required by your soul resulting in the desired truth you are to see, know, and hence live.

**YOU ARE NATURE** – so as you understand about plants and animals and all nature is, really you are understanding about **YOURSELF**. And this is very important, to see yourself as separate from nature

is not right, and is where you all go wrong – it is evil, because it's dishonouring yourself: your true nature. What you as a person, YOU, are doing to nature is wrong. How you are negatively affecting it, and how that is all because you are doing it all to yourself. EVERYTHING YOU DO TO ANOTHER CREATURE YOU ARE DOING TO YOURSELF – and that's why you're doing it to the other creature, because you're doing it to yourself. How you are in the outer world is exactly how you are in your inner world. Or rather, how you are in your inner world is how you are in the outer one. It's always the inner first. And the inner has been created through your early childhood.

I'm a swirl of light, recognisable by other angels and beings of mind creation, but unrecognisable to you spirits of truth (humanity) who need form other than just light. So all of my kind, and all of my angelic relations, put on forms for you to recognise us by. You don't have any choice in your form, although in spirit you can play around with your looks a little and what you wear, how you present yourself a little to the universe, but mostly you just allow your soul to manifest your spirit form as it currently manifesting your physical form, whereas we angels being all light, have a choice – and lots of it! As I said, our true form is a creation of light, which means a collection or gathering together of many lights, beautiful and artistically designed, wonders to behold, and you will be able to get something of a glimpse and soul perception impression of our natures as you grow in truth, we being something very different to you.

And like you, as in you having a soul-mate, in some ways we nature spirits work in pairs, a positive and negative, but not negative in the bad, more like in the sense of current, in physics, a positive and negative representation of the frequencies of light that we are; but we angels – I'll call myself an angel for the time being, just for the sake of argument – don't have soul-mates like you, that's purely a spirit thing, as we don't have the same type of soul that you do. We don't ever perish, we do move on, in that we ascend the circles of light, which are the relevant circles of mind for our order; but we don't grow in truth like you do. We don't have the same mind set up as you do, we don't have a thinking and feeling mind, we are just mind, and all that is mind.



All things and creatures of Creation have a 'light' to them, which you could call something akin to a spirit. Truly speaking, only spirits of truth, such as what you are, you and humanity and those sorts of spirit beings like Mary and Jesus, the mind and Celestial spirits you speak with, all who have a soul that is truth-evolving, have a spirit; we beings and creations of Mind, have a light. I know it gets rather confusing, and it doesn't matter anyway. So you could say a tree has a light, it being a creation of Mind, that being the mind of the Divine Minister in our universe of Nebadon, and so you could say that light is something akin to the tree's spirit. However were you to talk to the tree's spirit and have it talk back to you, that's then where we come in. You can't actually speak directly to and converse with lower creations like animals and plants, but we can mediate, you can through us.

Mind spirits aren't going to tell you the truth of who they are, as they will be wanting to keep you in your deluded state just to keep the channel open. They don't care how they communicate with people on Earth, that is the lower ones in particular, and the ones who are seeking some power by doing it, so they won't say, oh sorry, I'm a mind spirit, for nature spirits you'll have to change frequencies, they're that channel over there.

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

**NATURE SPIRITS will INTERACT and ASSIST US in our ENDEAVOURS:**

Extracts from 'With Verna – a Nature Spirit' by James Moncrief  
 I, Verna – a nature spirit, would like to say to the people of future who will read this, that we are more than willing to make contact with you humans, however, WE WILL ONLY DO SO WITH THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES BY HEALING THEIR NEGATIVE STATES. We can't otherwise, if people are choosing to remain as they are, all bound up in their evilness, untrue and bad feeling denial, as the new age will forbid it. Once the new Spirits of Truth have been liberated, we will have to adhere to them, not that we would want to do anything else anyway. And we can't wait to have the new Spirits of Truth to guide us as they help and guide you.



Now, why I'm telling you this is because there's going to be an upsurge of people saying they are speaking to nature spirits, people who are not doing their healing nor seeking the truth of themselves. They will say they are, and their nature spirit communication will be part of them doing so, but it won't be true. So beware, many people will say they are speaking to our kind when they aren't, speaking only to mind spirits in the lower Mansion Worlds and Earth planes.

It's far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS, by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

We are able to impress certain insights and understandings upon her (Marion), we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So really your kind is to have a very close and complete relationship with us.

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn't mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and its relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it's here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you're going against nature. Your parents set you against yourself, your own nature, so you don't see that nature offers you anything other than what you can get from it. But that's all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

**PAN and the NATURE SPIRITS:**

P.131 Hidden Mysteries by Joshua David Stone

I am a servant of Almighty God,  
and I and my subjects are willing to come to the  
aid of mankind if he affirms belief in us  
and asks for our help.       Pan

Nature spirits and devas are an angelic order. They hold the patterns that underlie all living and growing things on Planet Earth. That includes the mineral, plant, and animal kingdoms along with the four elements of fire, air, earth and water. Even human bodies are governed by these nature spirits where they are the spiritual equivalent of the cells, organisms, and microorganisms that work together to make the organs, glands, and tissues function properly.

The world of devas and nature spirits is the most wonderful and fascinating reality you can imagine. It is a world filled with fairies, elves, gnomes, sylphs, salamanders, undines, brownies, satyrs, dwarves, goblins, fauns, trolls, elementals, and, last but certainly not least, Pan, who is the god of the nature spirits.

Devas and nature spirits must be distinguished from each other. Devas are the architects. They are the guiding force that gives form and structure and energy to the plant world. They carry the archetypal patterns for each of the material forms.

The nature spirits have a slightly different function. They actually do the work of building the plants. They channel the etheric forces they receive into physically constructing the particular plant patterns they are receiving from the deva. The nature spirits are like the physical workers who carry out the architects' blueprints. They express great delight and joy in their work. They vary in size from a fraction of an inch to elves who are three to four feet tall. All nature spirits are under the direction of the god Pan. He is a most loving being who serves God by guiding all the nature beings who work under this authority. Pan is half man and half goat in appearance. He has been negatively stigmatized by Western societies, which is unfortunate because all such negativity is based on illusion.

As we evolve and develop our etheric (wider) vision, these wonderful helpful beings become self evident. Some of us have realized their importance and have begun to work with them and now enjoy bountiful crops and prosperity.

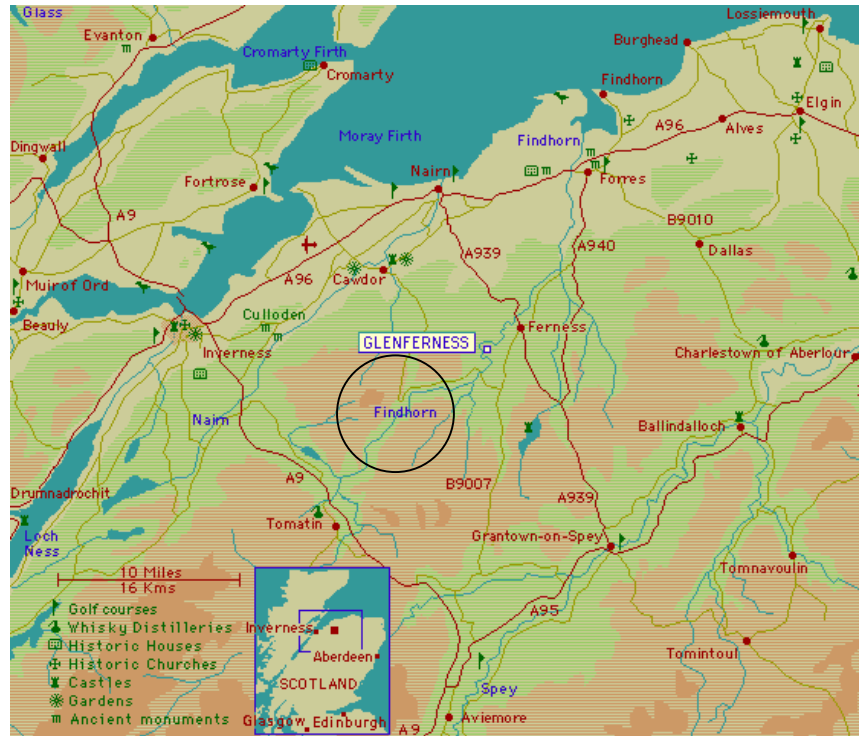
**A Glimpse into the World of Nature Spirits**

The nature spirits are, for the most part, composed of etheric matter, so very few people on Planet Earth are able to see them in their full glory, variety, and number. Probably the best account of them is in the Findhorn material.



Findhorn is a spiritual community in Scotland. [www.findhorn.org](http://www.findhorn.org) It was started by Peter and Eileen Caddy, Dorothy Maclean, and Lena Lamont. Later in the development of the community David Spangler and R. Ogilvie Crombie became involved. The fascinating thing about this group of people was that they each had very specific and unique talents. Eileen Caddy was a channel for God. Dorothy Maclean was a clear channel for the deva kingdom. David Spangler was a channel for a being called Limitless Love and Light. R. Ogilvie Crombie had the gift of being able to clairvoyantly see and talk to the nature spirits. The combined talents of these four individuals covered all the bases of inner guidance into these unseen worlds.

Peter Caddy was not a channel but represented the human worker aspect of the group. Peter was the one who was in charge of the physical work of creating the Findhorn garden.



One day he asked a young man, Dennis, to cut back some bushes that were interfering with the growth of several trees in the garden. Gorse flowers that had just bloomed covered a particular bush. Peter boldly ordered Dennis to cut the bush anyway. Dorothy Maclean, the channel for the devas, was almost in tears, saying that Peter was butchering them. Peter was quite stubborn and said, “Oh, don’t be so damned silly.”

Shortly thereafter, he received an emergency call from Crombie who asked Peter what he was doing to upset all the nature spirits in the garden. Peter said he didn’t know. Crombie came to Findhorn and found himself immediately surrounded by a throng of little gorse elves who were all extremely upset. They said to Crombie, “We thought Findhorn was a place where there was cooperation between man and the nature spirits. How in heaven’s name could they have done such an awful thing as destroy our homes?” It turned out that the elves lived in the gorse blossoms.

They went on to tell Crombie that they had all left the garden and refused to work there any longer because of this thoughtless destruction. Crombie explained to the elves that it had been unintentional, that this kind of cooperation was new, and that they were all extremely sorry. Later a little ceremony was held in front of the bushes and Peter apologized profusely. The elves accepted his apology and agreed to return to work.

If this happened to Peter in Findhorn garden, can you imagine what the nature spirits go through on Planet Earth as a whole? Humans take such a scientific, mechanistic attitude toward nature, allowing for absolutely no relationship to the infinite numbers of tiny beings who are actually doing all the work. **Crops are grown almost in defiance of nature with chemical fertilizers and insecticides that banish the fairies from fields and gardens.** We perpetuate cruel and wanton destruction upon nature. It is a wonder these beautiful little beings are willing to help us at all!

On the other side of the coin, fairies will draw close to those who love them and who love to grow things. They are obviously very forgiving beings, a trait humans would do well to absorb from them. Some of these nature spirits will evolve into a higher level of the angelic kingdom.



Have you ever stopped to think what causes a flower to bloom or to be a certain colour or to have a particular fragrance? It is the tiny etheric beings who work ceaselessly to manifest these qualities. Behind all of nature are beings large and small, working under the direction and control of an angel on one of the seven great rays. These nature spirits are carrying the life force that they receive to beautify the form, colour, and fragrance of flowers and plants.

You might not be aware that the plant kingdom on Planet Earth is one of the most advanced in this entire Milky Way Galaxy. It would behove humans to enjoy the wonderful work the nature spirits are doing even though humans have lived like parasites instead of caretakers of the environment.

The fairy spirits working in gardens usually do not take much notice of humans; however, they do respond to harmonious and loving thoughts. Even stones are inhabited by tiny etheric beings. They are also connected to the jewels you wear, and they respond if you love and treat them kindly.

### **R Ogilvie Crombie**

Crombie tells a fascinating story about his first encounter with the nature kingdom. His story actually began when he was four years old. One day he dropped a penny into a wishing well and prayed that he would be able to see fairies and talk to them. Little did he know that sixty three years later, God and the nature kingdom would grant his wish.

His first experience occurred one day when he was walking in the botanical gardens of Edinburgh. He was sitting under a tree when all of a sudden a figure appeared, dancing around a tree about twenty five yards away. It was three feet tall and he realised it was a faun, a being that is half human and half animal. It had shaggy legs ending in cloven hooves, pointed ears and chin, and two little horns on its forehead. The faun danced around the tree three times and then sat down cross legged in front of Crombie, having no idea that Crombie was actually able to see him. When Crombie said, "Hello," he leaped into the air with a start.

To make a long story short, he told Crombie that his work was to help the trees. He also said that the nature spirits have lost interest in the human race since they have been made to feel that they are neither believed in nor wanted. He went on to tell Crombie that his name was Kurmos. He wanted to know why human beings wrap themselves up in such strange coverings. Crombie and Kurmos had a

long talk, and Kurmos even went back with Crombie to his apartment. He ended by saying that he would come if Crombie called to him in the gardens again. Kurmos was true to his word.

About a month later Crombie had an even more extraordinary experience. He was walking along beside the National Gallery when he became aware of a figure walking beside him that was taller than he was. It was a faun radiating a tremendous power. A conversation ensued and he became aware that it was Pan, the god of all nature.

Approximately a month later, Crombie was walking in a natural area when he saw a large figure lying on the ground. It was a monk in a brown habit with the hood pulled over his head. As the being stood up, it became apparent that it was Pan. He was over twenty five feet tall. Pan smiled and said, "I am a servant of Almighty God, and I and my subjects are willing to come to the aid of mankind in nature if he affirms belief in us and asks for our help." This was the beginning of a reconciliation between Pan and the nature spirits, and humanity.

About four months after that, Crombie was out walking again when all of a sudden Pan appeared at his side. Pan quickly stepped behind Crombie and then walked into him so that they became one. Crombie could then see the world through Pan's eyes. The moment this happened the woods became alive with myriad of beings. He saw elements, nymphs, dryads, fauns, elves, gnomes, fairies, and other beings too numerous to categorise. He saw two beautiful elfin creatures three or four feet tall. He saw tiny little beings not more than a fraction of an inch tall swarming around a toadstool. Many of the nature spirits danced around Crombie in a ring. All of them were welcoming and full of joy and love. Crombie felt as though he were outside of time and space – which he was.

As he walked he was aware of holding panpipes and having shaggy legs with cloven hoofs. Crombie "himself" began to dance down the path. Then Pan withdrew his presence and Crombie walked home in silence.

### **The Elemental Kingdom**

The four basic elements of nature are fire, air, earth and water. Within each of the four elements are nature spirits that are the spiritual essence of the element. The nature spirits of Earth are called gnomes. The nature spirits of water are called undines. The nature spirits of fire are called salamanders. The nature spirits of air are called sylphs.

These beings are made up of an etheric substance that is unique and specific to their particular element. They are living entities oftentimes resembling humans in shape but inhabiting worlds of their own. They have the power to change their size and appearance almost at will. They cannot, however, change elements. Gnomes' work is specific to the Earth, and they cannot change into fire, air, or water elements.



The elementals take their orders from the devas. They do remain individualised, as humans are. These tiny beings are animated by the thought power of the lower angels and so are thought forms of sorts. In reality, however, everything in God's universe is created from thought.



These beings may be etheric thought forms, but they have etheric flesh, blood, and bones. They live, propagate offspring, eat, talk, act, and sleep. They cannot be destroyed by grosser material elements such as fire, air, earth and water because they are etheric in nature.

They are not immortal, however; when their work is finished, they are absorbed back into the ocean of spirit. But they do live until a great age. The gnomes of the Earth have the shortest age of the four, their average age ranging from three hundred to one thousand years. The following chart gives a list of some of the beings that make up each group.

Gnomes	Undines	Salamanders	Sylphs
Pygmies	Oceanids	Fire spirits	Air spirits
Sylvestres	Oreads		
Satyrs	Nereids		
Dryads	Limoniades		
Hamadryads	Naiads		
Durdalis	Water spirits		
Elves	Sea maids		
Brownies	Mermaids		
Earth spirits	Potamides		
Pans	Water spirits		

There are many kinds of gnomes. These beings have great power over the rocks and mineral elements of the Earth and also over the mineral elements in the animal and human kingdoms. The pygmies work with stones, gems, and metals and are guardians of hidden treasures. There might be some association here with the leprechauns. The pygmies are also involved in the cutting of crystals and the developing of veins of ore.

The gnomes build their houses out of substances that resemble alabaster, marble and cement. Gnomes marry and have families. They are said to have insatiable appetites and they earn their food by their diligent and conscientious work. Some gnome families gather and live in large communities indigenous to the substance in which they work. The female gnome is called a gnomides.

The type of gnome most frequently seen looks like a dwarf and is twelve to eighteen inches tall. These beings are called brownies or elves. They usually look rather old and have white beards. They can be seen scampering out of holes in the stumps of trees and sometimes vanishing into the tree itself. The gnomes meet at certain times of the year in great conclaves where they discuss the beauty and harmony of nature and the prospects of a bountiful harvest. The king of the gnomes is called Gob, hence his subjects are often called goblins. There is also a queen.

The gnomes have dwellings, clothing, manners, customs, languages, and governments of their own. They often live inside the Earth. They usually wear caps on their heads, long, tight leg coverings, and tunics with a band around the waist.

The gnomes are kind and friendly to humans, although they are repelled by humans who are selfish and misuse their power. They respond well to love, as do all the elementals and nature spirits. The food they eat is composed of their own element and is not anything like the food humans eat. When humans develop their etheric vision, they will be able to see these wonderful beings.

### **Undines**

The undines are the elemental beings that compose water. They are able to control, to a great degree, the course and function of the water element. Etheric in nature, they exist within the water itself and that is why they can't be seen with normal physical vision. These beings are beautiful to look at and are very graceful. They are often seen riding the waves of the ocean. They can also be found in rocky pools and in marshlands. They are clothed in a shimmery substance looking like water but shining with all the colours of the sea, with green predominating. The concept of the mermaid is connected with these elemental beings.

The undines also work with the plants that grow under the water and with the motion of water. Some undines inhabit waterfalls, others live in rivers and lakes. Every fountain has its nymph. Every ocean has its oceanids. The undines closely resemble humans in appearance and size, except for those inhabiting smaller streams and ponds. The undines often live in coral caves under the ocean or on the shores of lakes or banks of rivers. Smaller undines live under lily pads.



The undines work with the vital essences and liquids of plants, animals, and human beings. They are present in everything containing water. There are many families of undines, as the chart indicates. The ruler of the undines is a being called Necksa. The undines love, serve, and honour her unceasingly. They are emotional beings, very friendly and open to being of service to human beings.

The smaller undines are often seen as winged beings that people have mistakenly called fairies. These winged beings are seen near flowers that grow in watery areas. They have gossamer wings and gossamer clothing.

### **Salamanders**

The salamanders are the spirits of fire. Without these beings, fire cannot exist. You cannot light a match without a salamander's being present. There are many families of salamanders, differing in size, appearance, and dignity. Some people have seen them as small balls of light, but most commonly they are perceived as being lizard-like in shape and about a foot or more in length.

The salamanders are considered the strongest and most powerful of all the elementals. Their ruler is a magnificent flaming being called Djin. Those who have seen him say that he is terrible, yet awe-inspiring in appearance.

Salamanders have the ability to extend their size or diminish it, as needed. If you ever need to light a campfire in the wilderness, call to the salamanders and they will help you.

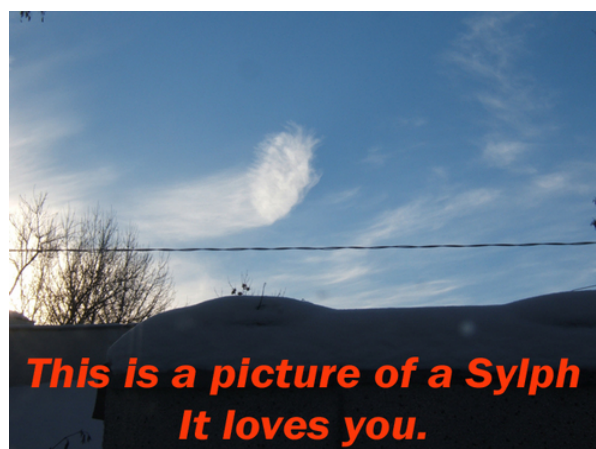
It has also been said that salamanders (and other elemental beings) can be mischievous at times. For example, a fiery temper and inharmonious conditions in a person's home can cause these beings to make trouble. They are like children in that they don't fully understand the results of their actions. They are greatly affected, as are all nature spirits, by humankind's thinking.



### Sylphs

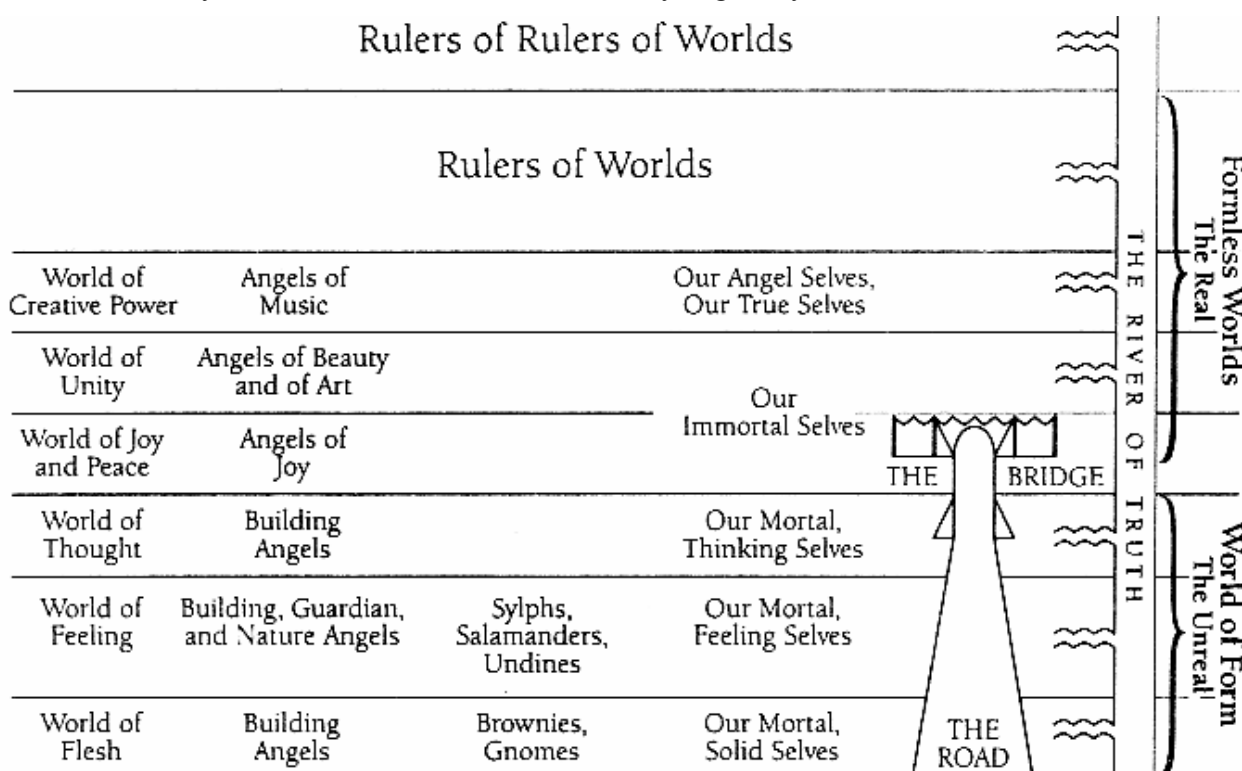
The sylphs are the air spirits. Their element has the highest vibratory rate of the four. They live hundreds of years, often reaching one thousand and never seeming to get old. They are said to live on the tops of mountains. The leader of the sylphs is being called Paralda who is said to dwell on the highest mountain of Earth.

Sylphs often assume human form but only for short periods of time. They vary in size from being as large as human to being much smaller. They are volatile and changeable. The winds are their particular vehicle. They work through the gasses and ethers of the Earth and are kindly towards humans. They are usually seen with wings looking like cherubs or fairies. Because of the connection to air, which is associated with the mental aspect, one of their functions is to help humans receive inspiration. The sylphs are drawn to those who use their minds, particularly in the creative arts.



## Other Types of Elementals

There is another type of elemental being that is different from the spirits of the four elements. These beings are called elementals also but are created by thought from elemental essence. They are one of the reasons it is so important for humans to control their thoughts. Even the elementals of the fire, air, earth and water are greatly affected by our thoughts for good or bad. Negative thoughts such as violence, depression, and fear actually create these little beings which are called astral elementals. Edgar Cayce, in his Universal Mind readings, always used to say that “thoughts are things”. As long as you strive for mastery of your three lower bodies (physical, astral, mental) and serve your soul and the ideal of love, you will not be troubled or hurt to any degree by these elemental entities.



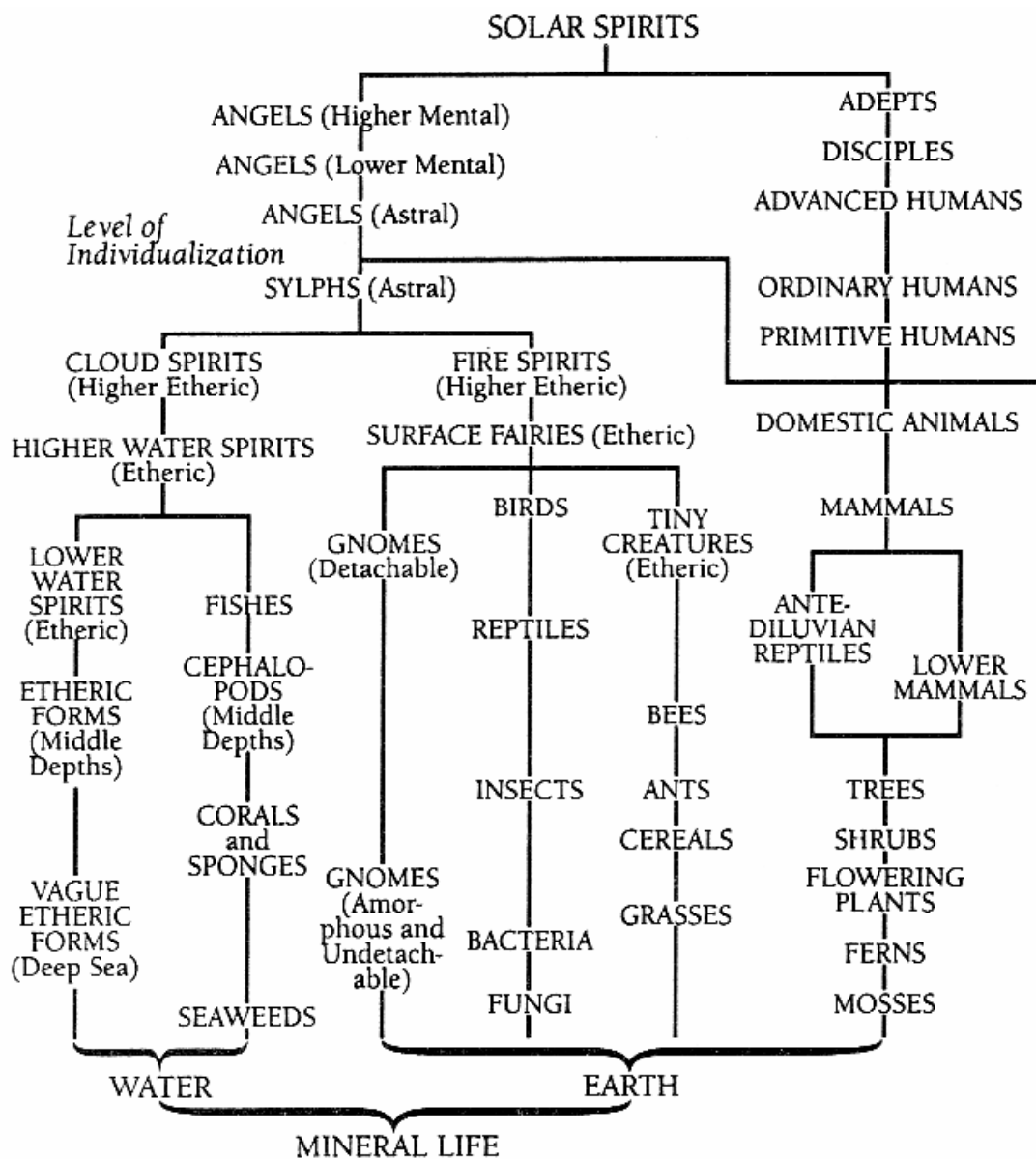
One way to create negative elementals is to drink too much alcohol and fall into a drunken stupor. You might then see very unpleasant creatures that are not hallucinations but in reality are elemental forms created from the thinking of the lower self, which is out of control. People who give free reign to their anger and violent passions might see kinds of elemental beings that look like any are of devils. They are fiery red creatures about twelve to eighteen inches in height, with horns and tails. These can actually be seen by psychics. Depression creates elementals of a more clinging nature.

On the other side of the coin, it is also possible to create elementals of a happy and service-oriented nature. All thought that is repeated over and over again draws to it elemental substance. One example could be found in the thoughts of the mother of a son or daughter who has been sent to a battlefield. The love of the mother that goes forth, day after day, surrounding her beloved child with prayers and visualisations of protection, creates an actual thought form which is then ensouled by an elemental. The elementals' task is to carry out the wishes of the person who created it, in this case the mother, so

it becomes a shield of protection surrounding the child, as the elemental being strives to carry out the pattern of the thought.

Djwhal Khul has stated that it is important that a human refrain from manipulation of these elemental forces until he has unfolded the consciousness of the soul and attained a certain degree of self-mastery. Just as the astral elementals can cause problems for a person who lives in victim consciousness, so can the devas of the astral plane. If a person is victim of his physical body, feelings, emotions, desires, and thoughts, he can also be controlled by devic life of a lower order.

All dense physical form, be it mineral, plant, animal, or human body, is created by elemental beings under the direction of a deva who is under the direction of a higher deva who ultimately is under the Divine Architect, God Himself.



## The Findhorn Garden

Dorothy Maclean was the woman in Findhorn who could communicate with the deva kingdom. During the first year the community of Findhorn was in operation, they grew sixty-five different vegetables, twenty-one different fruits, and forty-two different herbs. That was quite amazing, since none of the people involved had ever done any gardening before. Dorothy would contact the individual deva of each plant, welcome it to the garden, and ask it for guidance. Aside from receiving guidance about the physical components needed for the soil, the most important thing they could do, according to the landscape deva, was to radiate a sense of love and appreciation to the plants.



By the end of a year of following the directions of the devas, they had produced forty-two-pound cabbages and a broccoli that fed three families for several weeks. This was all done in sandy ground that had barely an inch or two of soil. In one of the channelings, the devas said to Dorothy, “At this we rejoice and are glad, for the connections between us are greater than you realize, and it seems strange to us that you should be so unconscious of so much of your own being. We see you rather like an iceberg with seven-eighths of your consciousness submerged and only an eighth alive... We are in a line of consciousness from the One Great Whole to the smallest unit of life, and therefore we perform the miracles which you see in the growth of the seed...”

## More about the Devas

The devas are differentiated from the nature spirits and elemental beings in that they hold the archetypal patterns for all physical forms on Earth and direct the energy that is needed for their materialisation. Most people think of the growth of plants and animals as occurring through natural law; in truth, it is the devas or angels that carry out this law, and they do their work ceaselessly and joyously.

There is an individual deva for, let's say, a carrot plant, and there is an overlighting deva who is in charge of all the carrot plants in the whole world. The devas are the architects, and the nature spirits and elemental are the craftspeople who do the work, receiving not only the blueprint but also the energy to physicalize the plan.



The devas have no particular form; the word “deva” actually means “shining one”. They take on form as needed, and the forms they take when appearing to humans are often correspondent with the

thought forms humans hold of them, such as the assumptions that angels have wings and dwarves carry pickaxes. The numbers and kinds of devas are infinite because of the enormous variety of physical substances present on Planet Earth which, according to Vywamus, has a very highly evolved plant kingdom. There are devas of all the flowers, plants, landscapes, lakes, rivers, soils, gardens, manures, rains, winds, elements, and trees, to name just a few. Each change in the structure and colour of a flower, for example, requires another group of builders. When the actual flower itself blossoms, the fairies appear.

Most people just plant their gardens. From the devas' point of view, a garden must be sown both physically and spiritually. The nature devas and elementals are so used to being invisible and ignored that it brings them great delight to be able to work with humans who are aware of them and willing to work with them and who treat them as equals, appreciating the wonderful work they do. They are very appreciative of human admiration.

It must be understood that the minerals, plants, and animals are not here just to serve humans, but that humans are here to be of service to them, too. In Buddhism these kingdoms are looked at as being completely equal with humankind, which is as it should be. Each is here to express itself and glorify God perfectly.

When flowers are cut, the fairy builders might accompany the bloom for some time. Every garden has not only a beautiful appearance and aroma, but also a beautiful sound. When a flower blooms perfectly it creates a full chord that is the keynote of that flower. That chord can be heard in a meditative state.

### **Clairvoyant Sightings of Nature Spirits**

There is a book I recommend highly: *Fairies* by Edward Gardner. In it are five actual photographs of nature spirits. They were made famous by Sir Arthur Conan Doyle (of Sherlock Homes fame) in the early 1900s. These pictures might well be the only actual photographs of nature spirits ever recorded, and they are beautiful and absolutely breathtaking. If you are not clairvoyant but have wanted to see fairies and gnomes then look for this book. It also describes what the two young ladies and Geoffrey Hodson, who were all clairvoyant, saw in the glen where these pictures were taken.

### **Findhorn and Perelandra**

If you are interested in learning more about the devas and nature spirits and the elemental kingdom, the two best sources of information are *The Findhorn Garden* by the Findhorn Community and a book about Perelandra called *Behaving as if the God in all Life Mattered* by Machaelle Small Wright.

Machaelle is able to see and hear the invisible forces of nature much as Dorothy Maclean was able to do at Findhorn. Machaelle started a twenty acre farm in Virginia dedicated to a co-equal relationship with the devas and nature spirits. She is an extraordinary woman.

Machaelle gives a very interesting description of how a plant is actually grown. She describes the archetype, or pattern, of each plant a deva is in charge of as a package of energy. The deva very

gradually brings this package down through the dimensions of reality. Once the package reaches the etheric level, it is then the job of the nature spirits to take over.

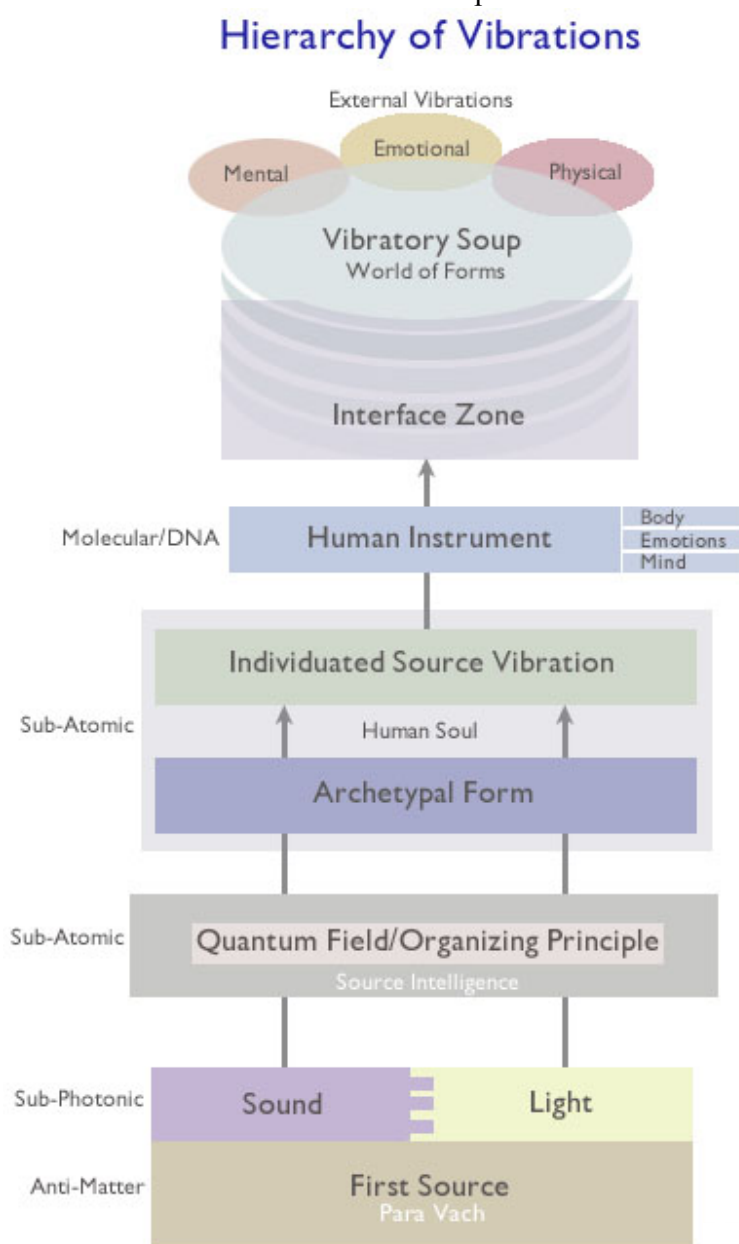
Nature spirits, like devas, are bodies of Light energy, but the nature spirits are slightly denser in vibration because of their closer proximity to Earth. If you wanted to change the colour of a vegetable or flower you would have to talk to the devas in charge and they would help to change the package. If you were concerned about how to care for the package once it was grounded into the etheric and physical planes, then you would have to communicate with the nature spirits and elementals.

Every garden needs to have a special place where humans are not allowed to go. This was communicated to Dorothy at Findhorn and to Machaelle at Perelandra. The space doesn't have to be right in your immediate garden, but it should be close by. It is also important to realise that the creation of a garden is cocreatorship between the devas and nature spirits and the human kingdom. Most humans pay no attention to the devas and nature spirits, but on the other hand, Machaelle tells how she went to the other extreme for a while and exhausted herself doing every little thing the devas and nature spirits wanted her to do. She was finally told that this was not the proper attitude. The devas and nature spirits just want an equal relationship, not to be totally in charge.

She was also told by the nature spirits that the best time to transplant was in the evening around ten o'clock, because that is when the energy of a plant is in its roots rather than in its stems and leaves, as it is during the day.

### Manifestation

One of the subjects the devas and nature spirits insisted that Machaelle work with was the understanding of manifestation. This is an extraordinary sequence of events. She was told to decide what she wanted to manifest and then to contact the deva directly involved with that item. She began





initially with the desire to manifest hay for the garden. She contacted the hay deva and made the request, very clearly, specifically, and concisely for what she needed. Two days later, someone called spontaneously and guided her to the exact amount of hay she needed – for free.

Machaelle's next more profound and accelerated lesson in manifestation came when she decided she needed one cubic foot of manure. She connected with the devas connected with the manure and clearly visualised her exact need.

The following is a quote from Machaelle that describes what she experienced upon connecting with this deva:

“As soon as I connected, I felt myself lift (vibrationally) to a very familiar level – the level where astral travelling is done. There we waited until suddenly I felt a third energy enter my awareness. We had been joined by the energy of the manure. With great care, we all three moved down in vibration more slowly than I had ever experienced in meditation – or perhaps it was simply more clearly than I had ever experienced. As we moved from one level to the next, I could feel the shift in the manure energy. Eventually, I felt the manure take on a sense of physicalness. I sensed atoms, then molecules, then cells. I sensed form within the manure energy. Eventually, even smell. At the moment I touched down from my own meditative state, I opened my eyes, and there before me was the cubic foot of manure.”

Here is a woman who with simple attunement to God and the devas and nature spirits is able to manifest physical objects. The principle is quite similar to the way the devas and nature spirits manifest a plant. The deva visualizes the archetypal pattern and package in spiritual dimensions. Once the image is set, the energy is called forth and slowly made to descend downward through the dimensions of reality. Upon reaching the etheric plane the nature spirits begin using their energy to physicalize the pattern in the form of the visualization of the devas. Do you see that Machaelle just uses the same principle? The only difference is that she visualizes the archetypal pattern herself and the devas work with that.

In Machaelle's next meditation she manifested a squash seed that appeared right in front of her. Her next experience was to manifest tools. There are actually devas of garden tools. She describes the almost instant manifestation of tools; she would go into meditation and enter the void. On the level just outside of the void she would make herself become a hammer, for example. With the help of the devas she would then descend downward through the levels until she reached the etheric level where the nature spirits would jump in and do their work. When she opened her eyes, there was the hammer.

She speaks of the experiences with great humility, knowing they could not occur without the help of the nature kingdom. They can't help eliciting profound respect for the powers of the devas.

**Most of the garden and farms around the world are now without nature spirits. They have been so mistreated, abused, unappreciated, and raped that they have retreated from humanity.** With their help, the amount of energy that actually grounds into the physical form is at its bare minimum. The result is empty food with no energy or Light in it. The nature spirits end up going to forested areas humans don't frequent. The Findhorn and Perelandra gardens produced such large and

wonderful produce because the devas and nature spirits were invited to help and to work with the humans as co-partners.

A story that emphasizes the interrelatedness of all things has to do with an early phase of the Perelandra garden. Machaelle was preparing to visit Findhorn and had tons of other responsibilities as well. She changed her attitude toward the garden, beginning to consider it a drill sergeant. She stopped enjoying the garden and became goal-oriented instead of finding a balance between goal and process.

Shortly after falling into this attitude, she found that the Brussels sprouts had been attacked by hordes of bugs. She immediately attuned to the deva of the Brussels sprouts and it said, “When you look at the garden now, you see a half-empty glass. You focus on the negative. You deal only with the work to be done. You no longer see the beauty and what is being accomplished here. Your attitude has unbalanced the energy of the garden, leaving it vulnerable to being overpowered and destroyed by insects. Since you have altered the balance, it is important for you to re-establish the balance. You must understand the power contained in thoughts and attitudes and the integral part they play in the balance of the whole.”

Most gardeners look at balance only in terms of soil composition, water, and sunlight. These physical components are only one part of the true balance that needs to be sought in a garden. Machaelle’s negative attitude alone caused the garden to be attacked by insects.

### **Closing Down a Garden for the Winter**

Machaelle thought the closing of the garden would take one day, but it ended up taking seven days. Just as it is important for the death experience to be handled properly for humans, so is the same true for a garden. Machaelle tuned in to each plant that had become part of the garden, thanked it for its presence, and released it from the garden. Even though many of the plants were already dead because of frost, the energy, or consciousness, of the plants was still in the garden. You could say metaphorically that the soul had not yet left. The nature spirits that had worked in the garden had moved to the elemental annex. The special spot in the garden just for devas and nature spirits. This process allowed for the proper “bardo” experience for each and every plant in the garden. It was quite a powerful experience, as I am sure you can imagine.

### **Other Interesting Information**

Some spiritual people who are involved with gardening have gone to the extreme of thinking that if they deal with the devas and nature spirits they don’t have to concern themselves with the physical needs of the plants like bone meal, manure, nitrogen, lime, and water. That would be like saying that humans don’t require healthful food because they are spiritual.

Another interesting point is how devas and nature spirits feel about the eating of plants by humans. Machaelle was told that this was part of the plant kingdom’s service to humanity. The nature kingdom celebrates this special relationship and just wishes humans would appreciate and honour it in a non-selfish manner.

This section, on the Map of Consciousness, calibrates at 920

**TIBOUCHINA with ELEMENTAL / DEVA:**



**EVOLUTION and ECOLOGY:**

P.147 Hidden Mysteries by Joshua David Stone

What I would tell you is that as we forge ahead,  
 never deviating from our course for one  
 moment's thought, feeling, or action, so could  
 you. Humans generally seem not to know where  
 they are going or why. If they did, what a  
 powerhouse they would be!  
 Pea Deva through Dorothy Maclean of Findhorn

**The Animal Kingdom**

The main difference between humans and animals lies in the kinds of consciousness they embody. Human beings have self-consciousness and an individual soul, whereas animals are guided mainly by instinct rather than by a reasoning mind, and they are connected to a group soul.

It is possible for more highly evolved animals, usually those that have a domesticated nature, to evolve eventually into the human kingdom. This doorway was open prior to Atlantis but it was closed at that time except for special cases. Sai Baba has said that his pet elephant, Si Bitu, will be a human in his next lifetime. If more people realised that animals can evolve into humans, they might treat animals with more respect. The treatment of animals in this society is atrocious. They are not looked at as the equals they truly are. Every animal is God visiting you in physical form. Eventually, over eons of time, the entire animal kingdom will move up to the lower levels of the human kingdom. Since animals have group souls, individualisation is the portal of entry into the human kingdom. An animal can experience life as an individual in a pack of animals or as a loner but it is usually through the interaction with humans as a domesticated animal that the goal of fully expressing as an individual is achieved.

Animals do reincarnate. In one of the Cayce readings a woman asked if she had known her cat in a past life. The Universal Mind said, through Cayce, that her cat had been with her in an incarnation in Egypt as a pet lion.

The animal kingdom can be an emotional buffer for humankind. Animals are very sensitive to emotions. You have seen how dogs will growl at certain people and not at others, depending on the vibration the human is radiating. Animals are able to absorb and, to a certain degree,



transmute negative human emotions and imbalances. Wild animals are apparently able to take in the imbalance of massive group action such as war, famine, poverty, and mass death. The animals who serve as pets do the same thing for their individual human caretakers. Dogs and cats might defuse an argument by asking for love and attention. Other times the companion animal reflects human emotions of a negative nature in its own behaviour.

### **Findhorn and the Animal Kingdom**

During the first year at Findhorn, because of all compost that was being spread around, there were a great many earthworms. Earthworms are the favourite food of moles, and moles attacked the garden building tunnels everywhere.

Dorothy Maclean decided to meditate on the situation and she tuned into a rather scary-looking great king mole with a crown on his head, sitting in an underground cavern. She proceeded to explain the situation to him and promised not to hurt his moles. She also suggested that he go to a neighbouring area close by that was not used for gardening. Lo and behold, the moles left the garden! Several years later, when Findhorn was given the neighbouring plot of land, there were the moles, exactly where she had asked them to go.



### **Perelandra and the Animal Kingdom**

There are a number of fascinating stories of a similar nature that occurred at Perelandra. As part of Machaelle's desire for good soil, she put out a call for earthworms. Sure enough, when planting season came there were earthworms everywhere. The problem was that it was impossible to till the soil without killing the worms in the process.

Machaelle got very frustrated and declared out loud that she was going to have a fifteen minute tea break and when she returned she wanted the earthworms out of a particular area. When she returned, the earthworms were gone. Once she was finished working, she said, "You can come back now," and they did.

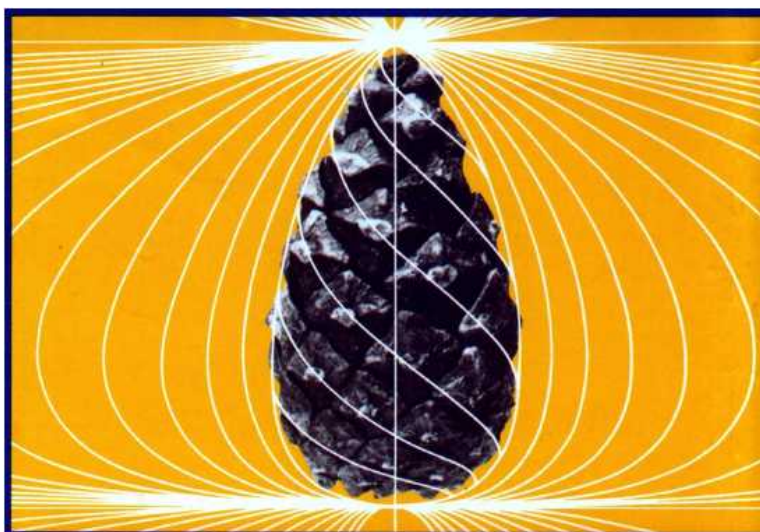
Machaelle also had a problem with moles. She spoke with the mole deva, and thirty minutes later she looked up and saw a whole band of over one hundred moles heading toward the open field, exactly where she had asked them to go.

She tried this one more time with cabbage worms. They had infested all her vegetables. She connected with the deva of the cabbage worms and requested that they leave all her vegetables except four special ones that were being planted specifically for their purposes. When she woke up in the morning all the worms were gone except for the one plant at the end of each row that was specifically designated for them.

Can you imagine what it would be like if all the farmers and gardeners of the world communicated with their plants? There would be no need for insecticides or pesticides. This applies even to homes. You can communicate with the deva of the ants or cockroaches or fleas and ask them not to enter the house.

Sai Baba was asked if it was ever permissible to kill insects invading a house. Sai Baba said it was permissible and no karma would be incurred if the insects were invading the house, but karma would be incurred if they were killed outside. An even better method, however, would be to just tune in and ask them to leave. Why not? An ant, a flea, or a cockroach is God incarnate. Everything has its place in nature, and all kingdoms resound to the call of God.

In the future, those people choosing to eat meat will receive their meat from cattlemen who put out a call to the overlighting deva of cattle and draw to themselves those cows that wish to serve humanity in this capacity. Eventually humankind will evolve beyond the eating of meat, but humanity is not at that level of evolution yet. Certain animals are will to serve in this capacity as a service to humankind if it is part of the divine plan. The above mentioned example would be an ideal way to facilitate the situation.



### **Some Final Comments on Animals**

Animals are the young brothers and sisters of humans. As the older siblings, humans can help them to evolve and become more spiritual. A domestic animal usually takes on the personality of its master: a vicious dog comes from a vicious owner; a dog owner who trains his animal to hunt and kill and be an attack dog is degrading the animal spiritually. Just the opposite should be occurring. People should be teaching animals to be of the Christ consciousness and to realise their Godly nature to the fullest. For example, an unevolved dog might be rabid and biting everyone. A more highly evolved dog is happy and loves and serves his master to the best of his abilities.

In truth, every encounter with an animal is a holy encounter – God meeting God. It is time for humankind to be of service to the mineral, plant, and animal kingdoms instead of looking upon those kingdoms as nothing more than objects of service to self.

### **Native Americans and Nature Spirits**

Native Americans have the best relationship with and understanding of nature. They love the flowers and they talk to their brother trees and to the running water. They talk to the spirit of mountain and even to blades of grass, for everything is alive with the Light of God. The Great Spirit lives within every creature, plant, and stone.

The American Indian would pray over an animal after it had to be killed and thank it for its service. This is nothing like the white man who would kill the buffalo just for sport. The Native American walks softly on Mother Earth; there is much the rest of humanity could learn from his example.



### **Devas, Humans, and the Earth Mother**

The nature spirits work under the directorship of the devas. In the Findhorn community it was Dorothy Maclean who had the gift of communicating with the devas. In her first experience at the very start of the community, before it had even gotten off the ground, she made an attempt to speak with the garden pea and got an immediate response from the deva of the garden pea.

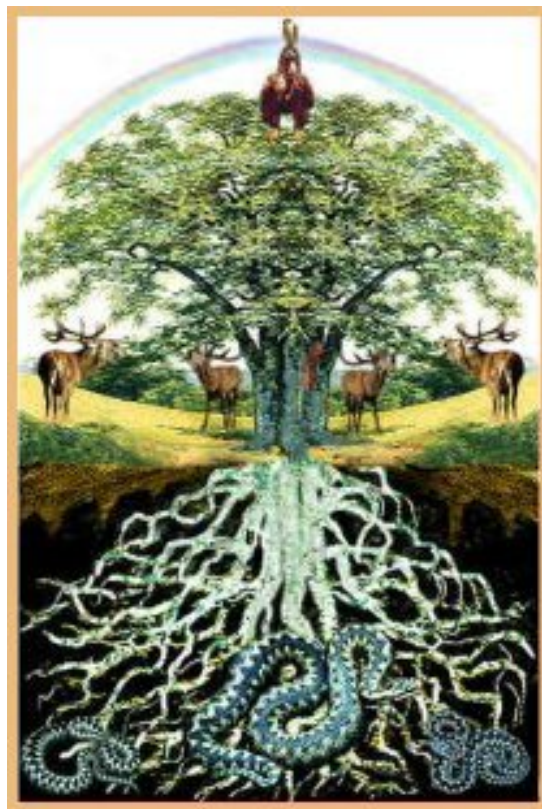
The garden pea deva said, “I can speak to you, human. I am entirely directed by my work which is set out and moulded and which I merely bring to fruition, yet you have come straight to my awareness. My work is clear before me: to bring the force fields into manifestation regardless of obstacles, and there are many in this man-infested world. While the vegetable kingdom holds no grudges against those it feeds, man takes what he can as a matter of course, giving no thanks. This makes us strangely hostile. What I would tell you is that as we forge ahead, never deviating from our course for one moment’s thought, feeling, or action, so could you. Humans generally seem not to know where they are going or why. If they did, what a powerhouse they would be! If they were on the straight course of what is to be done we could cooperate with them. I have put across my meaning and bid you farewell.”

This is quite a message from a little pea deva! Its message is so very true – humankind as a whole has been totally unappreciative of the work the devas and nature spirits do. Science has turned nature into a cold, mechanistic process completely devoid of spirituality. Science has become a nightmare of the soul and spirit of all things. The motto of science is that nothing exists except what you can see with your physical eyes and sense with your other physical senses; nothing could be farther from the truth.

The pea deva called the world “man-infested. A movie called Emerald Forest, is about a rain forest in South America. The Indian tribe living there called white people “the termite people’ because of the way they were destroying the forests.

Humankind has lived upon the Earth as a parasite, destroying the forests and polluting the air, the rivers, the lakes, and the oceans. He is destroying the ozone layer (or was), and the fossil fuels are causing a greenhouse effect. He is using up the natural resources. He is junking up space with satellites and the Earth with nuclear waste he doesn’t know what to do with. Man has been a cancer to the Earth Mother. His selfishness, greed, and self-centredness will lead to his destruction if he doesn’t change his ways.

Besides the violence he has perpetrated upon the Earth Mother, Pan, the devas, and the nature spirits, there has been a complete and total lack of appreciation for all these beings have done for humanity. Vywamus has said that the Earth Mother herself has actually had to pull away from humanity because of the injuries she has suffered. There has been a long-standing pattern of lack of integration and cooperation among the seven kingdoms.



As the human kingdom awakens to the kingdom of souls, its members will also awaken to the beautiful kingdoms of minerals, plants, and animals and will cease the atrocities now perpetrated on animals in the name of science, luxury, sport, and greed, realising that anything done to an animal is done to God, for an animal is God.

The planet’s surface is the skin of the Earth Mother, but it has been covered up with cement so that the Earth can’t breathe. The destroying of the rain forests is causing an oxygen imbalance across the entire planet. The planet has been scarred by strip-mining and ripped by the explosion of nuclear bombs beneath her surface. Djwshal Khul has said that every time a nuclear bomb is detonated beneath the surface, an earthquake occurs somewhere on the globe. The Earth Mother, Pan, the devas, and the nature spirits must be very forgiving and loving beings to carry on as valiantly as they have for the past ten million years even though they have been physically, emotionally, and mentally violated.

Vywamus has said that on July 1, 1986, a new communicative link was set up among the five kingdoms – mineral, plant, animal, human, and soul. The human kingdom began to move beyond its



first steps. It is interesting that around that time Earth Day was instituted and the ozone layer, greenhouse effect, and rain forest controversies came to the public awareness. The Harmonic Convergence and Hands Across America occurred. It does seem that a small shift has taken place.

### **The Secret Life of Trees**

In the book, *Secrets from the Lives of Trees*, by Jeffrey Goelitz, Jeffrey developed a spiritual relationship with trees that allowed him to communicate with them and with the nature spirits that work with them:

“Their main purpose on the planet is to help all beings evolve to a higher consciousness. Trees have a non-threatening energy for humans to pick up on, as are many things in nature, like plants, flowers, and meadows. They bring to the world peace and tranquillity. Wood, food, and beauty are then extras within the sub-purpose of a tree. The energy they give out goes indiscriminately toward everyone. Trees do not have what you would call a learning or growing pattern of right or wrong. They are more in harmony with the planet and would not be able to take a left-hand turn, as humans can.

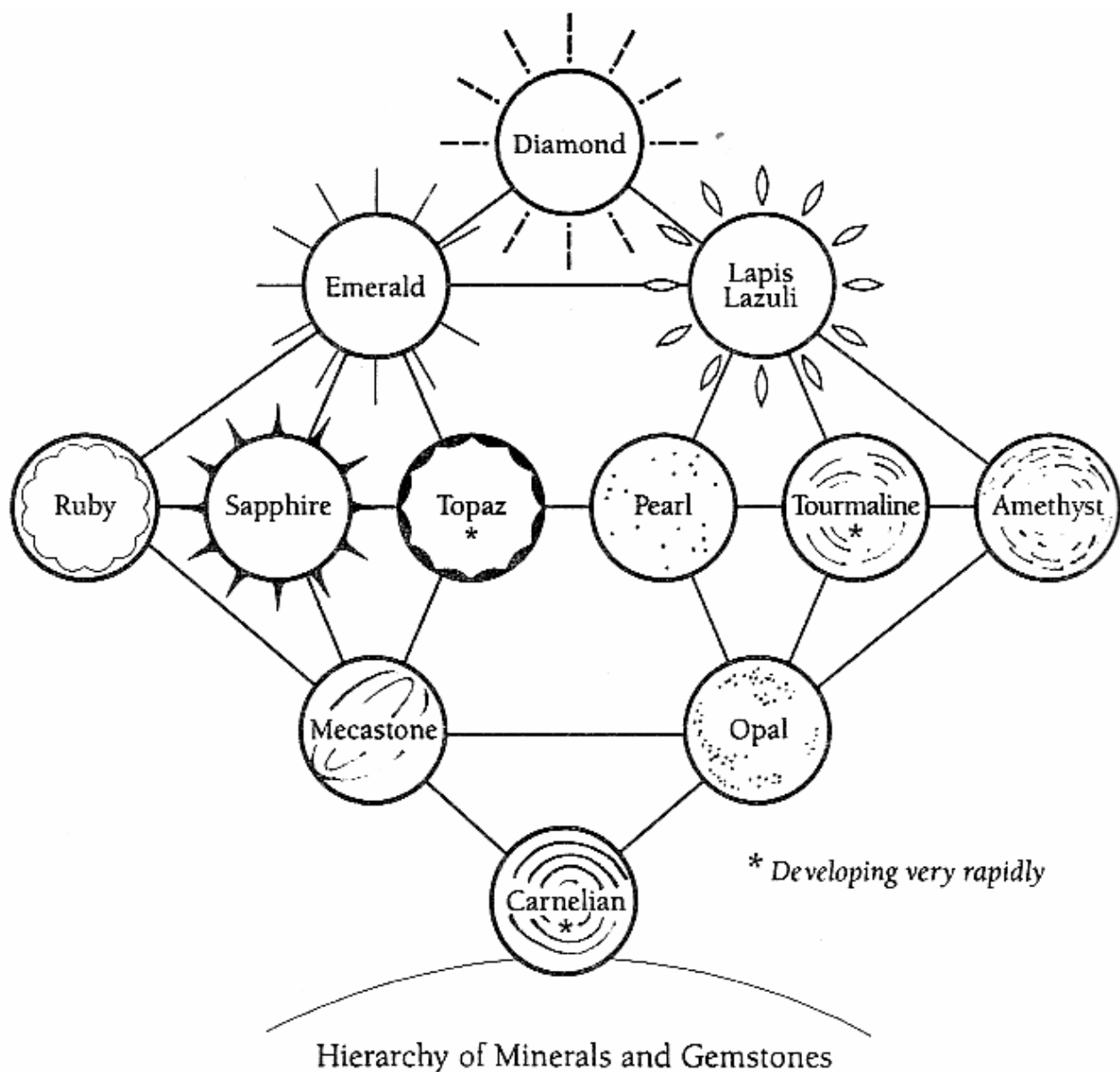
Trees provide essence levels of energy for the planet to use... There is also a wisdom band in trees because they have been on the planet much longer than humans. They hold a higher vibration of the truth. Throughout the ages trees have been used as spots for higher teachings. Buddha, Jesus, and many others held their classrooms in a grove of trees... A tree puts out a higher, clearer vibration which enables people to receive more clarity. Even in the other worlds, there are what you would call etheric trees that many teachings are given under.”

The following is a very short quote from the same book on the role of nature spirits: “Because trees are extremely important to the planet, there are a lot of spirits working with them. Just as trees have Light coming from their essence band on the other side, the nature spirits have a different band of energy sent down to them, which they put through their system and adapt for the tree’s use. They supplement the tree’s energies that Earth’s negativity would otherwise alter. In a city, devas help the trees tremendously, let’s say in a city park, by putting out positive energy. As devas work with trees, plants, or whatever job they have, they evolve.

### **The Mineral Kingdom**



Everything in the universe is in a state of evolution, including the mineral kingdom. Again, the gnomes are the elemental beings who work specifically with the mineral kingdom. The following chart, indicating the hierarchy of minerals and gemstones, was channelled by Vywamus through the Tibetan Foundation.



People have a hard time realising that minerals are alive. The signature of life in the mineral kingdom is the crystalline formation the gnomes have created. Moreover, there are also dead minerals. When a stone is quarried from its source, its vital life force is cut off; the gemstone is still evolving and growing while it is in its natural rock formation. That is not to say that a rock should never be cut from a quarry, but, like a cut flower, it is no longer a living rock. Fairies sometimes accompany a freshly cut flower to its new home, and the same is true of gemstones. Sometimes nature spirits will accompany the gemstone you wear on your hand.

In reality, the mineral kingdom might be the most important to life of all the kingdoms. It makes up the crust of the Earth upon which humans and animals live. The mineral kingdom also provides the basic source of nutrients for the three higher kingdoms, in that plants are rooted in mineral soil, and plants then nourish the physical bodies of both human and animal life, animals then being a food source for the human kingdom as well. Without the mineral kingdom, the other three kingdoms could not survive on Earth. In the evolutionary process, each kingdom acts as the mother from which the succeeding ones are born. The offspring thus depend upon and draw life and sustenance from the preceding kingdom from which it has sprung. The mineral kingdom is spirit at its densest form of vibration.

Minerals and crystals have a profoundly healing effect on the human body and on a garden, too, for that matter. It is time to appreciate the great serve the mineral kingdom renders humanity.

### **The Gemstone Guardians**

Reference, Gifts of the Gemstone Guardians by Ginny Katz. In a state of meditation one night, she was taken to meet a group of beings known as the Gemstone Guardians. Each Gemstone Guardian's duty is to fulfil the purpose of the particular gemstone it has charge over and to maintain its effects. In recent times these Gemstone Guardians have been given a new responsibility and duty: to teach humans the correct way to use gemstones for therapeutic purposes.

Ginny and her husband, Michael, had been working with gemstones for more than ten years in their business and had studied their healing properties extensively. Since the existing knowledge available on Earth concerning gemstones was limited and very general in nature. Ginny was given the spiritual assignment at the first meeting with the Gemstone Guardians in meditation to interview each of them and bring forth the new information on gemstones straight from the horse's mouth, so to speak. For example, who would know more about the therapeutic uses of an emerald than the actual Emerald Gemstone Guardian?



Michael was put in charge of asking questions of the Gemstone Guardians. They said stones were divided into three groups: the gemstones; the guardians of the Earth stones; the guardians of the ocean stones. The first interview was with the Gemstone Guardians of Quartz. When she first saw him he was wrapped in a white cape that radiated a soft Light. He proceeded to unwrap his arms and open his cape to reveal his body which was made of clear quartz crystal. Ginny blinked her eyes and his body changed into that of a human about thirty years old with blond hair. He was dressed in soft white pants and a shirt. Thus the first interview began.

In the book she tells of her experiences in interviewing the Gemstone Guardians of quartz, lavender, aventurine, emerald, rose quartz, ruby, rhodochrosite, amethyst, purple rainbow fluorite, sapphire, indigo, carnelian, citrine, aquamarine, green tourmaline, rubellite, sodalite, leopardskin jasper, poppy jasper, bloodstone, ivorite, opal (light), riverstone, rhodonite, malachite, lapis lazuli, onyx, mother of pearl, pearl, and coral.

At the end of all the interviews she met with the overseer of the Gemstone Guardians. The overseer stressed the importance of using only the finest quality gemstones for therapeutic purposes. She explained that the average commercial quality gemstones commonly available would not have the powerful effects described by the guardians.

The Gemstone Guardians will work with you personally in your own self-healing work if they are called in any sincere manner.

This section, on the Map of Consciousness, calibrates at 505

**The New Way: learning how to live true to ourselves by living true to our feelings.**



**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

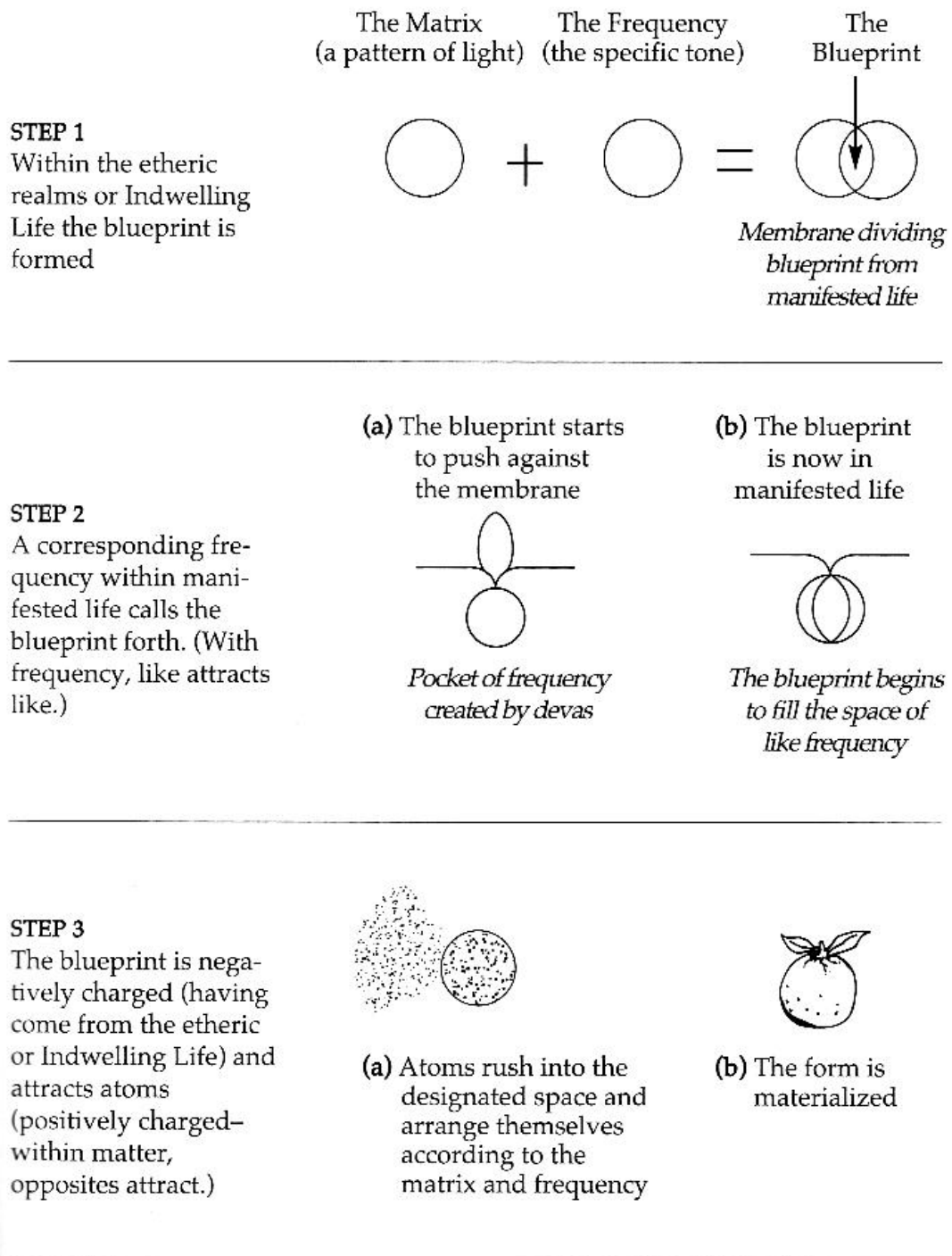
**Feelings first**

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

# How Matter is Formed

(Note: this is not a totally accurate representation of the process)



**ATOMS MANAGEMENT:** P. 282 & 309 Autobiography of a Yogi by Paramahansa Yogananda

Great saints who have awakened from the cosmic mayic dream and have realised that world as an idea in the Divine Mind, can do as they wish with the body, knowing it to be only a manipulation form of condensed or frozen energy. Though physical scientists now understand that matter is nothing but congealed energy, illumined masters have passed victoriously from theory to practice in the field of matter control.

The Lord first formed the Earth as an idea. He quickened it; atomic energy and then matter came into being. He coordinated Earth atoms into a solid sphere. All its molecules are held together by the will of God. When He withdraws His will, all Earth atoms will be transformed into energy. Atomic energy will return to its source: consciousness. The Earth idea will disappear from objectivity.

The substance of a dream is held in materialisation by the subconscious thought of the dreamer. When that cohesive thought is withdrawn in wakefulness, the dream and its elements dissolve. A man closes his eyes and erects a dream creation, which, on awakening, he effortlessly dematerialises. He follows the divine archetypal patter. Similarly, when he awakens in cosmic consciousness, he effortlessly dematerialises the illusion of a cosmic-dream universe.

In tune with the infinite all-accomplishing Will, Babaji is able to command the elemental atoms to combine and manifest themselves in any form. This golden palace, instantaneously brought into being, is real – in the same sense that the Earth is real. Babaji created this beautiful mansion out of his mind and is holding its atoms together by the power of his will, even as God's thought created the Earth and His will maintains it. When this structure has served its purpose, Babaji will dematerialise it.

Babaji created this palace by solidifying myriads of free cosmic rays.

Few mortals know that the kingdom of God includes the kingdom of mundane fulfilments. The divine realm extends to the earthly,; but the latter, illusory in nature, does not contain the essence of Reality.

A common stone secretly contains stupendous atomic energies; even so, the lowliest mortal is a powerhouse of divinity.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**5 April 2009 Devonport, Tasmania, Australia AJ**  
 Questions and Answers

**There are many scientists in the spirit world who would like to connect with scientists here on Earth. The problem is that the majority of scientists here on Earth don't even believe in spirits in the spirit world. So, all the information that scientists in the spirit world who would like to transmit to scientist here on Earth, they can't do yet the people that the people who would be most easily communicated with this information are the scientists.**

**The key is to get yourself into condition of love and follow your passion. If your passion is science then follow your passion. If your passion is the arts, follow your passion. And what will happen, that will attract spirits who are in the same condition of love as you who will be also following that passion, who can inspire you to do all sorts of things that you would not normally be able to do.**

**This is the way that the spirit world and the Earth are going to become a seamless integrated state.**

**TE 1.32**

**Nature spirits, yes they exist.**

**Everyone of you is a person, each of you have unique desires. Some of you have a stronger rapport with nature, some of you have rapport with animals, or birds, or plants, etc. When you pass, you follow that passion. The so-called nature spirits, all they are, are people on Earth who are following their passions in the spirit world to do with different avenues of nature. That is all they are, they are just people, like you, who have passed and following their passion.**

**Fairies, and devas, and goblins are entities who are portraying themselves as something different to who they are in order to gain attention. As a spirit, you are able to portray an image to a person that is not your true self. You can even materialise images of things for a short period of time on Earth.**

**As you grow in your ability of love, when you are in the 8<sup>th</sup> sphere, you get to be able to even to materialise a human form on Earth for a short period of time.**

**The so-called goblins, and fairies, and all those, these are the ones who have materialised a lot of times from 1<sup>st</sup> sphere locations, and a lot of times they are interacting with people here on Earth.**

**That is all they are, they are just still people, but portraying themselves to be different to who they are in order to get your attention.**

**TE 1.39**

## Findhorn Foundation, The Park, Findhorn, Morayshire, Scotland, IV36 3TZ

### *Vision*

<http://www.findhorn.org/>

The Findhorn Foundation is a spiritual community, ecovillage and an international centre for holistic education, helping to unfold a new human consciousness and create a positive and sustainable future.

### *Creating a positive future*

The Findhorn Foundation and surrounding community at The Park, Findhorn and at Cluny Hill College in Forres, is a vibrant, creative home to more than 400 people from all over the world. Together, and with the thousands of people who visit each year, we are exploring the challenge and task of creating new ways of living to promote

- inner listening and self-knowledge
- peaceful relationships
- cooperation with nature
- sustainability on all levels

By being the change we want to see in the world, listening to the deepest part of our being and cooperating with nature and with each other, we have since 1962 been at the forefront of creating a positive and sustainable future.

*Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing which ever has.* – Margaret Mead

The community's vision for a positive future is expressed in everything that you see around you when you visit Findhorn. It is in the people who live here, and in the people who visit here and leave inspired, knowing that it is possible to make a difference in the world and do that in their own ways, every day, around the world.

Through all our activities as a learning community for personal and social change, ecovillage, creating a culture of peace through our commitment to open and honest interactions, growing food, building houses, running businesses, erecting wind turbines, recycling, meditating, exploring alternative economic systems, family life – we do our best to put spiritual values into practice and to demonstrate new and sustainable ways to live.

The community has no formal doctrine or creed, and practises the timeless and essential values common to all the world's major religious paths.



As our service, we aim to pioneer, inspire, educate, encourage and share our experience. It is the consciousness, motivation, mindfulness, creative energy and joy that we bring to all of these activities, that makes visions a reality and brings lasting, positive change to the world.



The Findhorn Foundation is a registered educational trust (Scottish Charity Number SC007233) and is a Non-Governmental Organisation associated with the United Nations Department of Public Information.

### *Findhorn Foundation history*

#### **Beginnings**

The Findhorn Community was begun in 1962 by Peter and Eileen Caddy and Dorothy Maclean. All three had followed disciplined spiritual paths for many years. They first came to northeast Scotland in 1957 to manage the Cluny Hill Hotel in the town of Forres, which they did remarkably successfully. Eileen received guidance in her meditations from an inner divine source she called ‘the still small voice within’ and Peter ran the hotel according to this guidance and his own intuition. In this unorthodox way – and with many delightful and unlikely incidents – Cluny Hill swiftly became a thriving and successful four-star hotel. After several years however, Peter and Eileen's employment was terminated, and with nowhere to go and little money, they moved with their three young sons and Dorothy to a caravan in the nearby seaside village of Findhorn.

Feeding six people on unemployment benefit was difficult, so Peter decided to start growing vegetables. The land in the caravan park was sandy and dry but he persevered. Dorothy discovered she was able to intuitively contact the overlighting spirits of plants – which she called angels, and then devas – who gave her instructions on how to make the most of their fledgling garden. She and Peter translated this guidance into action, and with amazing results. From the barren sandy soil of the Findhorn Bay Caravan Park grew huge plants, herbs and flowers of dozens of kinds, most famously the now-legendary 40-pound cabbages. Word spread, horticultural experts came and were stunned, and the garden at Findhorn became famous.

#### **A community is born**

Other people came to join the Caddys and Dorothy in their work and soon the original group of six grew into a small community, committed to their spiritual path and to expanding the garden in

harmony with nature. A slim volume of Eileen's guidance entitled *God Spoke To Me* was published in 1967 by the community's newly formed Findhorn Press and word of this strange but wonderful community spread yet further. Significant friends and supporters of the community in these early days included English new age pioneer Sir George Trevelyan, Scottish esotericist R Ogilvie Crombie and Richard St Barbe Baker, 'the man of the trees'. New community members lived in caravans beside Peter and Eileen's and in specially built cedarwood bungalows which still house guests and workshop participants today. In the late 60s the Park Sanctuary, the largest of our meditation sanctuaries, and the Community Centre, where the community still eats and meets, were built by Peter and community members in accordance with Eileen's guidance.

In 1970 a young American spiritual teacher named David Spangler arrived in the community and with his partner Myrtle Glines helped to define and organise the spiritual education processes that have been a central pillar of the Findhorn community ever since. A curriculum was established and the work of the 'University of Light' began. David and Myrtle lived in the community for three years, during which Findhorn Press published many of David's visionary writings. Today we run almost 200 week-long courses every year as well as conferences, trainings and our busy Outreach programme of educational workshops taken around the world by our workshop leaders.

In 1972 the community was formally registered as a Scottish Charity under the name The Findhorn Foundation and in the 1970s and 80s grew to approximately 300 members. In 1975 the Foundation purchased Cluny Hill Hotel as a centre for its educational courses and for members' accommodation, renaming it Cluny Hill College. In the late 70s the Universal Hall, our centre for the arts, was built by volunteer work. Behind its fantastic stained glass facade are housed a modern theatre and concert hall, a holistic café, dance and recording studios, and offices.

Throughout the 1970s and 80s further volumes of Eileen's and Dorothy's guidance were published including Eileen's best seller, *Opening Doors Within*, a collection of daily inspirations which has been translated into more than 30 languages. Dorothy's autobiography, *To Hear The Angels Sing*, was published in 1980. In 1982 the Foundation bought its home, the Findhorn Bay Caravan Park. Also acquired in the 1980s were neighbouring Cullerne House, whose gardens became the centre of organic vegetable production, and Drumduan House in Forres, where community members established the Moray Steiner School. Eileen's autobiography, *Flight Into Freedom*, was published in 1989.

### **The Ecovillage and worldwide network**

At the end of the 1980s, the Ecovillage Project at Findhorn was begun, with an energy producing wind generator and the first of our eco-friendly buildings. An ecovillage is defined as being sustainable ecologically, economically, culturally and spiritually, and for us this is a logical continuation of our work with nature. Our original caravans are being gradually phased out as new cutting-edge eco-houses are built to the highest standards in many practical and beautiful designs. There are now 90 ecological buildings, and in the mid 1990s our biological sewage treatment plant, *The Living Machine*, was opened. We are part of the rapidly growing Global Ecovillage Network which links ecovillage projects worldwide.

In 1997 the Foundation was recognised as an official Non-Governmental Organisation associated with the Department of Public Information of United Nations, and actively participates in a variety of UN events.

In the 1990s the community began to expand beyond the Findhorn Foundation in a new way, as many people came to live nearby, attracted to the Foundation, or decided to settle nearby after leaving their work with the Foundation. The community of people living nearby to the Foundation began to outgrow the Foundation itself. Today the Findhorn Foundation is the central educational and organisational heart of a widely diversified community of several hundred people, spanning dozens of holistic businesses and initiatives, all linked by a shared positive vision for humanity and the Earth, and a commitment to the deep and practical non-doctrinal spirituality established in the Findhorn community by its founders.



Thousands of people who have lived here have taken what they have experienced at Findhorn out into the wider world. They are workshop leaders, authors, economists, scientists, artists, IT specialists, film makers, ecologists and plain people living a conscious, holistic-based life. We are also blessed with tens of thousands of friends and supporters around the globe, who further extend our network of light, including our Global Network and Resource People. In addition the Findhorn Foundation has over a hundred Fellows, individuals whom we honour and appreciate for their transformative work in the world and their connections to our community.

Peter Caddy left the community in 1979 to work internationally. He came back to visit Findhorn regularly until his death in Germany in 1994. Peter's autobiography, *In Perfect Timing*, was published in 1997. Eileen Caddy lived a long and inspiring life in the community and died peacefully at home in 2006. Dorothy Maclean now lives in North America and gives new generations the benefit of her loving wisdom by leading workshops around the world. She comes to Findhorn almost every year.

### **Further reference**

The following is a short selection from the many books about the Findhorn community.

**God Spoke To Me** by Eileen Caddy (Findhorn Press)

The first book of Eileen's Guidance – still in print after 40 years.

**The Findhorn Garden** by The Findhorn Community (Harper Collins)

The story of the community's early days.

**To Hear The Angels Sing** by Dorothy Maclean (Lindisfarne Press)

Dorothy's autobiography.

**Opening Doors Within** by Eileen Caddy (Findhorn Press)

Daily selections from Eileen's Guidance.

**Flight Into Freedom** by Eileen Caddy (Findhorn Press)

Eileen's autobiography.

**The Kingdom Within** edited by Alex Walker (Findhorn Press)

A selection of writings on the history and work of the Findhorn Foundation by David Spangler, Peter and Eileen Caddy, Myrtle Glines, William Bloom, Dorothy Maclean and many others.

**Simply Build Green** by John Talbott (Findhorn Press)

A guide to the principles and methods of eco-building.

**In Perfect Timing** by Peter Caddy (Findhorn Press)

Peter Caddy's autobiography.

***Founding Principles***

The founding principles of the Findhorn Foundation and community have remained at the centre of all our activities over the years, they are

- deep inner listening, and acting from that source of wisdom
- co-creation with the intelligence of nature
- service to the world.

How we express these principles through our activities, continues to change and grow, reflecting both the evolution of the consciousness of the community and the needs of the world around us, locally and globally.

Meditation in its various forms – such as sitting quietly, singing, dancing, being in nature, working – is practised at Findhorn as a means to connect with and listen to our inner source of wisdom. Before group activities commence, we stop, attune to the wisdom within, attune to each other and to the task, and then move forward. By doing so, we contact the part of our consciousness that recognises our unity. From this comes a sense of shared motivation and purpose which can result in action that serves each individual, the group as a whole, and life itself. Tasks are often achieved with ease, peace, joy and beauty, and sometimes with new and unexpected solutions to problems.

Deep inner listening was applied to the task of growing the first garden at Findhorn, which the founders – Eileen Caddy, Peter Caddy and Dorothy Maclean – engaged in as a way to supplement their diet by growing their own food. The inner source of wisdom they contacted daily included the intelligence of nature, and when they listened to and applied the wisdom they received, the garden flourished. As they progressed in their practice of attunement to the intelligence of nature, they came to understand that they were actually engaged in a process of co-creation with nature. This new

understanding, and its results in the Findhorn garden, were the catalysts for inspiring others to work in this way, and launched Findhorn onto the world stage.

At Findhorn, the principles of both inner listening and co-creation with nature are set within the context of being of service to the world. It was clear to the founders, as it is clear to us today, that humanity's response to the challenges we collectively face must be inclusive, recognising our interdependence with all of life. Through changing our consciousness, by listening to our inner source of wisdom, and by co-creating with nature, we can bring about the positive and sustainable changes so needed in our world. Our service to the world is to be a centre of learning, practice, exploration and demonstration. It is to be the change we wish to see, and to help others be the change, too.

### ***Co-creation with nature***

Eileen and Peter Caddy and Dorothy Maclean all followed a disciplined spiritual practice for many years before they came to live at Findhorn, and they continued their regular meditation times when they came to live at the caravan park.

In May, 1963 Dorothy Maclean received an insight from within as she meditated:

*. . . The forces of nature are something to be felt into, to be reached out to. One of the jobs for you as my free child is to sense the Nature forces such as the wind, to perceive its essence and purpose for me, and to be positive and harmonise with that essence.*

When Dorothy shared this insight with Peter, his idea was to apply to their fledgling garden what Dorothy learned from the forces of nature. Dorothy then received this insight:

*Yes, you can cooperate in the garden. Begin by thinking about the nature spirits, the higher overlighting nature spirits, and tune into them. That will be so unusual as to draw their interest here. They will be overjoyed to find some members of the human race eager for their help.*

### **Angels, devas and elemental beings**

Dorothy first attuned to the garden pea. As her communication with the forces of nature developed, Dorothy realised that she was in contact not with the spirit of an individual plant, but with the 'overlighting' being of the species, which was the consciousness holding the archetypal design of the species and the blueprint for its highest potential. To her, the joy and purity these beings emanated was associated with angels, and her first thought was to call them that, but she felt the term was stereotyped and decided instead to call them devas, a Sanskrit word meaning 'shining one'. Peter and Dorothy applied the insights of the meditations to their work in the garden, and through this the Findhorn garden flourished. These were the first steps in the Findhorn Community's co-creation with nature.



In 1966 Peter Caddy met Robert Ogilvie Crombie, or Roc, as he is often called. Roc's ability to communicate with elemental beings is a well-documented part of the community's history, and he was an important influence on the development of the community as a place where the role of nature in ordinary life was brought to the forefront of consciousness.

This special relationship with the beings of nature continues to be practised by some of the people working in the community's gardens today, but not by everyone. However, attunement to the angelic level of consciousness is taking place in many different areas of community life, not just in the gardens. Before most activities such as cooking, painting, healing, or starting work in a department for the day, there is usually an attunement invoking active cooperation with an overlighting consciousness, to help align our actions and unfold the highest potential available in that particular task.

Awareness and cooperation with the forces of nature at this level are an important support and balance for the more exoteric, rational and scientific ecological approach of our ecovillage development and education. It is important to recognise and emphasise the intrinsic value of nature to truly form a cooperative partnership. It is the combination of these approaches that allows the Findhorn Foundation community to give its unique gift towards the sustainability of humanity and all of life.



### *Living Education*

Education in the Findhorn community is experiential and transformative, a journey of self-discovery that changes people's lives and is helping to create a sustainable and peaceful world. Living education is an integral part of the community's work.

Recognising the interdependence of all life is at the heart of education here. Taking time for inner reflection, building relationships with others, and co-creating with nature are essential to the fabric of community life.

This kind of experiential, living, and transformative education becomes increasingly important as humanity comes to terms with global conflict, depletion of the world's resources, changes in our climate, and asks questions about the purpose of our lives and the values we live by. The range of programmes offered at Findhorn address these profound personal and global concerns within the unique context of a thriving spiritual community. We have discovered that the environment in which teaching happens is as important as the teaching itself.

There is the potential for living education to take place 24 hours a day and with every person and situation we meet, as well as within the more traditional settings of workshops, events and conferences. Working in a service department at the Findhorn Foundation gives an opportunity to discover more about yourself, other people, and the environment and to live and work in a new way. Living in the community is to be immersed in a learning environment that will change your life and change the world.

Essential Findhorn programmes have been developed here and are unique to Findhorn, progressively building an inclusive consciousness and giving new skills for life.

### ***Essential Findhorn***

The Findhorn Foundation has developed a series of its own workshops and programmes based on 45 years of experience as a centre for holistic education. Essential Findhorn begins with Experience Week and continues on a journey towards a unique blend of practical spirituality and conscious, sustainable living.

Knowing that global change begins within each one of us, we offer workshops and programmes which encourage deep self-discovery in a community where everyone, from the cook to the administrator, is part of a lively and supportive learning environment.

Essential Findhorn is a valuable life experience whether you intend to join in just one workshop or hope to be in the community for a longer period of time.

### ***Experience Week***

#### **Seven Days That Can Change Your World**

Experience Week is the most effective way to engage with this vibrant, international, spiritual community. It has been running successfully since 1974 and continues to be our most popular programme, with over 30,000 participants to date.

It is an unforgettable week, rich in opportunities for personal growth and the chance to meet others who want to live consciously and creatively. It is also an invitation to let go of your limits, open to love and to 'be the change' you want to see in the world.

As a guest you will experience the spiritual principles on which the community is based: attunement to the sacred, inner listening, respect for the interconnection of all life, service to the planet and personal sharing.



The programme provides an opportunity to take part in many aspects of daily life here including joining one of the various community work departments for four mornings – the gardens, the kitchens, homecare or maintenance – giving you an opportunity to practice work as love in action and to interact with staff and other community guests. The week also includes meditation, sacred dance, a nature outing and being part of a supportive group, all combined with laughter and love.

It is a rich and active week, and we ask that you come with a willingness to participate fully, give of yourself and engage with others. In all our activities we aim to create an

atmosphere which enables you to connect with or deepen your experience of spirit, allowing it to work its transforming effect within you and the group.

Experience Week is based either at **The Park** or in Forres at **Cluny Hill College**, formerly a gracious Victorian hotel which was purchased by the Foundation in 1975. When based at our Cluny Hill campus, Experience Week participants still have the opportunity to visit or work at The Park.

The week runs from Saturday to Friday evening, ending with a celebration dinner with your group. Your accommodation on Friday evening is included in the week. Participants should ensure that you arrive before noon on the first day, so that the group can begin together. A comfortable knowledge of English is necessary so that language will not limit your participation in the programme. We also offer Experience Weeks in other languages during the summer months.

### **Booking Your Experience Week**

When you book your Experience Week, **please write a letter telling us about yourself**, your spiritual background if any, and why you want to visit. (Most people write between one and two pages). You can book using the links on this page, or print out and fax a [Booking Form](#)

Please book as far in advance as you can to ensure the dates you prefer, as Experience Week is a popular programme. Please wait for confirmation of your booking before you travel. Please arrange your travel plans so you can register between 10am and 12 noon on the Saturday that your programme begins. It is important for you to be present for the first session of the week, which begins early Saturday afternoon.

#### **COST:**

£365 (AUD750) participants with low income

£435 (AUD870) participants with medium income

£535 (AUD1,070) participants with high income

Includes 7 nights accommodation and all meals.

### ***Exploring Community Life***

This programme offers a supportive and stimulating way to join in community life while deepening your own inner experience and connection to spirit. It is a great choice for when you are staying on after a programme, or returning to Findhorn to reconnect. It can also give a deeper sense of what it is like to live at Findhorn if you are thinking about staying here longer, and it is a prerequisite for joining some of our longer term programmes.

Exploring Community Life is less formally structured than Experience Week with more room for flexibility. The week includes sharings, a group project, a nature outing, and if there is general interest, the Transformation Game.

Working within one of our departments during the week offers a rich and practical contextual group experience for learning, based on our guiding principle of 'work is love in action'. Most evenings you



will have the opportunity to explore different aspects of community life such as spiritual and personal development, creative arts and ecology, and to join in with community activities.

Cost:

£345 (AUD690) participants with low income

£425 (AUD850) participants with medium income

£525 (AUD1,050) participants with high income

Includes 7 nights accommodation and all meals.

Please note: We guarantee to run the Exploring Community Life week even with only one or two participants, offering an opportunity to join in a community work department and to experience the richness of community life.



ECL qualifies as a prerequisite for the [Living in Community Guest Programme](#).

*'I wanted to ground this experience so I did an Exploring Community Life programme. We were a smaller group and we decided, as part of our activities, to do psychosynthesis exercises, dance, draw a mandala, meditate and visit Cawdor Castle. In the afternoon we experienced service as love in action by being in the kitchen, gardens or homecare departments.'*

### ***Spiritual Practice***

What is spiritual practice? This programme is designed to give us time to explore meditation, prayer and other ways that can help us connect with spirit in its many different aspects, to support us in our daily lives and guide us along our path of transformation and growth.

We will look at our individual ways of opening and examine what serves and what might sabotage this inner connection. One day will be spent mostly in silence as an opportunity to deepen the inner experience.

There will be daily sessions together, and afternoons will be spent in Foundation work departments (our practical classrooms), and there will be time to take part in other community meditations and events.

There are also themed Spiritual Practice weeks to explore different approaches to your practice.

Price From November 08:

£385 (AUD770) for those with low income

£455 (AUD910) for those with medium income

£555 (AUD1,110) for those with high income

Includes 7 nights accommodation and all meals.

## *Living in Community Guest*

### *Astrid Gude and Jackie Pond*

Do you feel called to deepen and explore your experience of your inner self, of other people, work, nature and of the Findhorn Foundation? The Living in Community Guest Programme (LCG) is a creative, dynamic and purposeful way to explore the meaning of service and the gifts that come through living in community, to create an ever more meaningful experience of life.

The programme is available in four-week segments, starting every Saturday except 12 January, 24 May and 15 November 2008. It begins with clarifying your individual purpose and ends with a personal review to support you in integrating your experiences and to explore the appropriateness and possibility of staying on at the Findhorn Foundation. Using the process of attunement you commit to working in a service department (our gardens, kitchens, homecare or maintenance departments) as a place where you can apply the spiritual principles we practise here.

Along with all the experiences you will have living and working in the community, we also meet twice a week as a group for sharing, meditation and education.

### **How to apply:**

When you choose to join LCG for the first time or return to the programme after several months or years, you need to participate in either Exploring Community Life, Spiritual Practice, Being Here, or one of our Working Weeks. You can also apply after having taken part in our month-long programme English in Community or Ecovillage Training.

The prerequisite programme can be done any time within three months prior to joining LCG. We will invite you for an intake interview and an attunement. Please be aware that participation in the LCG programme is not guaranteed in advance. LCG is also a necessary step towards making a longer commitment through the Living Education Staff programme and beyond.

For further information, [please send an email.](#)

If you have just one month to be at Findhorn, you can participate in Exploring Community Life as your first week and then participate in the LCG programme for just 3 weeks.

If you are age 25 or under, we are offering this programme at a reduced price to make it easier for young people to afford.

Cost:

#### **First four weeks**

£595 (AUD1,190) if your income is low

£690 (AUD1,380) if your income is medium

£795 (AUD1,590) if your income is high

£445 (AUD890) if you are age 25 or under

**Second four weeks**

£495 (AUD990) if your income is low  
 £575 (AUD1,150) if your income is medium  
 £665 (AUD1,330) if your income is high  
 £370 (AUD740) if you are age 25 or under

**Third and further four weeks**

£395 (AUD790) if your income is low  
 £460 (AUD920) if your income is medium  
 £535 (AUD1,070) if your income is high  
 £295 (AUD590) if you are age 25 or under

**Three-week segment**

£445 (AUD890) if your income is low  
 £515 (AUD1,030) if your income is medium  
 £595 (AUD1,190) if your income is high

***Life Purpose******Sue Miles & Foundation Faculty***

This week is intended to help you understand your life's purpose – discovering that the essential nature of the things which touch you the most may be a sign pointing the way for you to know who you really are, and what makes your life truly meaningful.

A variety of exercises are used within the supportive context of a group to guide you towards an understanding of your current belief systems and the ways in which you relate to yourself and the world. You will be helped to align with your inner knowing, gain clarity on your next steps and appreciate the nature of your own deeply personal lifelong journey towards fulfilment.

On receipt of your application, we will send you some questions to answer in preparation for the week.

Cost:

£455 (AUD910) payable by participants with low income  
 £545 (AUD1,090) payable by participants with medium income  
 £635 (AUD1,270) payable by participants with high income

includes 7 nights accommodation and all meals.

***The Magic of Findhorn******Craig Gibsone & Foundation Faculty***

Saturday 6th September, 2008 (14 days)

For two weeks you can engage mind, body and spirit in living an eco-friendly holistic lifestyle.

Findhorn is a spiritual community that has grown into a thriving and diverse ecovillage, bringing together inner awareness with outer action. Our ecological footprint is less than half the national average, demonstrating that a sustainable and fulfilling lifestyle based on co-creation is possible, by caring for people and nature as one.

We spend the first week at Cluny Hill College where people-care will be our focus, followed by a week at The Park where Earth-care is explored and demonstrated.

Price:£645 (AUD1,290)

(includes 14 nights accommodation and all meals)

This section, on the Map of Consciousness, calibrates at 875



### **Bush Flower Essences Training:**

Whilst Christiana was teaching, at the National Botanical Garden in Canberra during March 2007, these photos recorded the presence of devas within the bushes. Digital photography, with its wider light spectrum, is recording many such events:



# About Perelandra



[www.perelandra-ltd.com](http://www.perelandra-ltd.com)

## **Celebrating the Power of the Individual**

by Machaelle Wright, Founder of Perelandra

Perelandra celebrates the power of the individual. Everything we offer is geared to the individual and his or her quest to live in environmentally friendly ways in three main areas: environment, health and soil-less gardens (i.e., business, home, special projects, the creative arts — all "gardens" that do not grow in soil).

At Perelandra we increase the power of the individual tenfold by including an element that is guaranteed to provide balance in all areas of our lives: nature intelligence. The current global crisis is an excellent demonstration of what we humans don't know about interfacing with nature's planet and about balance as it relates to every aspect of our lives and health. Well, here's an interesting idea: How about allowing nature — the intelligence inherent in that nature — to join us in equal partnership to give us the input we need to make new decisions and live in new ways that have a strong, positive impact on our lives and our health as well as the planet?

Sometimes it is difficult to understand the power of one person living in a world of billions of others. Here's a little exercise to help. Take a moment to think about the breadth and depth of the environmental disasters we face today. Think about the air pollution and the health effects we experience when we breathe that air. Think about the serious water issues we face: the pollution, the scarcity, the looming wars over water. Think about the deteriorating soil quality, the dying oceans, the endangered wildlife, the increasing occurrences of wild fires that each year are more severe than the last. And think about the critical issue of global warming and its ramifications for everyone and everything around the world.

Now think about this: Every one of these problems has been created by us humans over a relatively short period of time. By "us" I don't mean large groups or global populations acting in concert. This disaster has been created by individuals acting independently. By "us" I am referring to you, me, our spouses, each of our children, our grandfathers, our grandmothers, our cousins... Our current crisis was created by each of us acting independently and establishing a personal and professional lifestyle that was environmentally deaf, dumb and blind.

The needed coordination between governments and industry to turn this crisis around will never succeed if we as individuals don't join in the efforts. If the same number of individuals who created the problem focused on what they need to do on the personal level to live an environmentally conscious life, we could turn the global problems around in an amazingly short time. I believe in the power of the individual and I believe in the importance of our acting responsibly as individuals without waiting for the right leader or group. In actuality, it's the power of the individual that leads the way.

Now imagine what we individuals could accomplish if we teamed up with the greatest authority in the field of balance — nature — to help us personally to make the best decisions for improving our lives and our planet. Imagine what it would be like if individual scientists not only made discoveries that could unravel the environmental mess we have created but also made new discoveries that didn't add to or perpetuate the problems.

Perelandra is all about giving you the information and tools for creating just such a partnership for addressing every aspect of your life and work. In his 2007 speech on the acceptance of the Nobel Peace Prize, Al Gore said: "It is time to make peace with the planet." To this I add,

*It is time to make peace with nature.*

Machaelle Small Wright is the author of MAP:

MAP – The Co-Creative White Brotherhood Medical Assistance Program  
www.amazon.com Appendix E MoC 920

ISBN 0 927978 19 9  
Map of Consciousness calibration 760

**Perelandra, Ltd.**  
**P.O. Box 3603**  
**Warrenton, VA 20188 USA**  
Phone Order Line U.S. & Canada: **1-800-960-8806**  
Phone Order Line Overseas & Mexico: **1-540-937-2153**  
Email [email@perelandra-ltd.com](mailto:email@perelandra-ltd.com)

***Please do not try to visit us unannounced.***

We are closed except for the workshop and open house days. We are a private home, as well as a nature research center—not a community—and cannot accommodate unannounced or unscheduled visits. We appreciate your understanding in this and hope that the **open house and workshop days** address your need to visit Perelandra.



## Master Gardener Shares Philosophy

<http://rotheraine.com/bd500.html>

Strange as this concept seems to the 20th century, biodynamic science is a new form of the primeval wisdom given to humanity by spiritual beings that contemporary humanity calls angels and ancient civilizations called gods. In ancient times, the angels told humans how to use spiritual forces to create plants and animals on Earth.<sup>1</sup>

The biodynamic agricultural science is our path back to this creative wisdom. This wisdom survived the destruction of Atlantis in [primeval Ireland](#). The destruction of Atlantis occurred around the time of the Great Flood in the Bible (between 20,000BC & 10,000BC).

Ancient humanity had an instinctive knowledge of heavenly energy and how to use it. With it our ancestors were able to achieve some of the technological wonders that still baffle contemporary humanity. The pyramids in Egypt and South America, New Grange in Ireland, and the megalithic structures throughout the ancient world were built in union with heavenly activity. They are proof of an intelligence that is beyond the grasp of [twentieth century science](#).



All life is a result of heavenly, celestial activity. This concept, once known, had been forgotten in our times until Dr. Rudolf Steiner, together with a group of farmers, formulated it anew.<sup>2</sup> Biodynamic science uses this formative heavenly energy by applying yarrow, chamomile, nettle, oak bark,



dandelion and valerian to a compost pile, and spraying horn manure on the soil and horn silica on the plants.[3](#)

The most important aspect of biodynamic agricultural science is that the formative forces that create the mineral, plant and animal kingdoms have their origins in the angelic hierarchies.[4](#)



**The spiritual world working through horn manure, horn silica, and the other biodynamic preparations can create produce like that viewed above. For the beginner in biodynamics the BD Field Spray can achieve similar results. For more information see our article, "[A Tale Of Two Tomatoes](#)".**

It is the angels of the Bible that are behind nature, indeed are nature. The spiritual beings that the ancients called 'gods' are the same beings we call 'angels.' Once humans and angels worked together under special circumstances in the creation of the nature kingdoms of the Earth. Ireland was a special place on the Earth for this communication between angels and humans. This is because the Irish Mysteries were a continuation of the Atlantean Christ Mysteries and survived the final destruction of Atlantis. The Irish-Atlantean Christ Mysteries were also called the [Sun Mysteries](#).

Biodynamic agriculture is the continuation, the metamorphosed Hibernian [Irish] Mysteries in the 20th Century. From the Hibernian perspective, human thought is a microcosm of earthly weather. Thought processes impregnate the brain with pictures from the spirit, much like nature's seasonal changes give us different pictures at different times of the year. Everything on Earth is a thought form--even a car or TV are substances sculpted and designed by human thought.

The brain is a mass of earthly substance for the reception of cosmic forces--thoughts from our soul and spirit and thoughts from macrocosmic Spirit-Beings-Angels and their offspring.[5](#)

The brain in many ways is a compost pile. The compost pile is composed of earthly substances and is transformed by spirit-forces that manifest as weather and microorganisms. The brain is transformed by our thoughts. It is a recorder of thoughts (internal weather) for our individual spiritual forces.

Dr. Rudolf Steiner, the noted scientist that gave the world biodynamic science in a series of lectures in 1924, likened the human brain to a compost pile. On June 16, 1924, Steiner stated:

"What is this brainy mass? It is simply an intestinal mass, carried to the very end. The premature brain deposit passes out through the intestines. As to its processes, the content of the intestines is decidedly akin to the brain content. To speak grotesquely, I would say: That which spreads out through the brain is a highly advanced heap of manure! Grotesque as it may be, objectively speaking, this is the truth. It is none other than the dung, which is transmuted--through this particular organic process--into the noble matter of the brain, there to become the basis for Ego-development.

All material substances, be they composed of solids, liquids, gases or heat "energies" are thought turned into form by Beings above and below the human race. Ancient humanity had an instinctive knowledge of life-giving "energies" that emanated from these angelic hierarchies. The most important aspect to understanding ancient cultures (particularly their agricultural science and architectural art) is that they knew that the "energies" that formed the Earth, that created the mineral, plant and animal kingdom are these angelic beings.

In Biodynamic Agriculture, we give these spirit beings the tools to enhance the soil of the Earth when we use horn manure--biodynamically prepared. Specifically, horn manure (Biodynamic Prep 500) is made by packing a cow horn with cow manure and burying it over the course of a winter. Just as the brain is impregnated with ideas from the soul-spirit, so the manure in the cow horn is transformed, transmuted through the same principle.

In horn manure the manure is transformed as cosmic and Earthly spiritual forces enter the horn. Thus we create a thought organ in horn manure to capture the secrets of the Earth in winter to give to the soil in the spring.

The manure in the cow horn functions as a brain and the horn as a cranium. The horn is buried in the winter when the forces of the Earth are the strongest, to digest spirit forces that impregnate the manure (brain) vis-a-vis the cow horns inward radiating effect. We are using form and substance to capture the cosmic spirit forces when we use the cow horns.

These life-enhancing spirit forces are transferred to Earth by diluting the horn manure in water and rhythmically stirring it before we spray it on the soil in the spring. This transfers the life forces of the manure to the water and then to the soil. By this action we give the future to the past--life to what is dead--by using horn manure (or the Biodynamic Compost Starter or BD Field Spray). The transformed substance from the grave of the horn resurrects life through the human being.

At the time of the Hibernian Mysteries the etheric energy (life energy) on the Earth was of a much purer, living state, declining after the demise of the Mysteries. It would take a spiritually conscious humanity to resurrect the aging Earth. In biodynamics, Rudolf Steiner and the farmers he taught brought back the relationship between Earth and the cosmos, between humans and angels. Science is not science unless knowledge of how the angels create life is relearned. All earthly life is but a manifestation of these spiritual creatures.

Biodynamic science marks the end of the common misconception of Darwinian theory that humans are evolved earthly monkeys, and shows that humanity is a divine spiritual hierarchy, one step below the angels.

*L. A. Rotheraine is a writer, lecturer and award winning biodynamic master gardener for Evergreen Elm in Bradford, PA.*

---

1 See LILIPOH Winter/Spring 1997 -- Earth's Gardening Angels.

2 Agriculture, Dr. Rudolf Steiner, Available from the Josephine Porter Institute of Applied Biodynamics

3 Biodynamic preparations consist of yarrow, chamomile, stinging nettle, oak bark, dandelion and valerian flower, [horn manure](#) and horn silica--each specially prepared by utilizing the energy of the stars, planets and Earth. All eight preparations are constituted and administered to the land in accordance with homeopathic guidelines.

4 The Bible names nine hierarchies of angels above the human race: Angels, Archangels, Archai, Exusiai, Dynamis, Kyriotetes, Thrones, Cherubim, and Seraphim. Thus we see why the early Church considered the Earth the centre of the solar system, feeling that after the Resurrection the King of the Angelic Hierarchies was on Earth. See also Angels, Dr. R. Steiner, Josephine Porter Institute.

5 Rudolf Steiner, Mystery Knowledge and Mystery Centres; the Great Mysteries of Hibernia, Dec. 7, 8 and 9, 1923.



**Contrast – Bob Cummins stands in the middle of a sludge field that was prepared with two different methods. The area immediately around him was burned by chemical fertilizers. Notice it is lighter in colour. The lush area surrounding the burned area was prepared with horn manure spray. [Click here for more information.](#)**

This section, on the Map of Consciousness, calibrates at 885

# EDEN SEEDS

M.S. 905

Lower Beechmont 4211

Old traditional

Open Pollinated varieties

with no chemical treatment.

And none genetically engineered.

[www.edenseeds.com.au](http://www.edenseeds.com.au)

Phone (07) 5533 1107

Office Hours

8am – 4pm, Monday to Friday

FAX (07) 5533 1108

## JANUARY 2008

**BODYDYNAMIC PRACTICE**

Watch for plant activities around the New Moon which is close to Peak South this month. If your soil conditions have been dried, take preventative action after the New Moon for anticipated peak growth between 18th and 23rd. Out-bark and SOI will help. If you have not had moist conditions watering or sponging will help to loosen.

**Water for advice:** After full Moon forces. It is now the end of Summer. Nature starts to contract back to the Earth after the Solstice. Generally flowers will start to fade towards seed and fall to the ground over the coming months. Trees begin to lose their summer stage over the Summer before setting to the after leafy stage.

Temperature	17th	20-22th	23rd	26th	29th	31st
Daytime	17-20	18-21	19-22	20-23	21-24	22-25
Nighttime	10-13	11-14	12-15	13-16	14-17	15-18

**SOIL CALENDAR YEAR**

It is not in the stars to feed our plants that in operation, we are understanding. Nature.

Soil to assist, for those who are sufferers of water become regardless of equipment of the world and the spirit, and contraction happens to their body and soul.

**The MID-MONTH PLANET CLOCK: Sunset on 15th of January, 2008**

**Planetary Positions for this Month:**

Planet	Sign	Phase	Time
Sun	Capricorn	1st Quarter	12:00
Moon	Virgo	3rd Quarter	18:00
Mars	Scorpio	1st Quarter	15:00
Jupiter	Pisces	1st Quarter	15:00
Saturn	Capricorn	1st Quarter	15:00
Uranus	Capricorn	1st Quarter	15:00
Neptune	Capricorn	1st Quarter	15:00
Pluto	Capricorn	1st Quarter	15:00

**Planetary Positions for this Month:**

Planet	Sign	Phase	Time
Sun	Capricorn	1st Quarter	12:00
Moon	Virgo	3rd Quarter	18:00
Mars	Scorpio	1st Quarter	15:00
Jupiter	Pisces	1st Quarter	15:00
Saturn	Capricorn	1st Quarter	15:00
Uranus	Capricorn	1st Quarter	15:00
Neptune	Capricorn	1st Quarter	15:00
Pluto	Capricorn	1st Quarter	15:00

**Key Dates:**

- 1-18th: Equinox, water shows reflecting from the constellation Aquarius.
- 1st: Midwinter - Earth's closest distance to the Sun this year at 282.5 - Mars / Pluto opposition at 21:20
- 4th: Equinox (Spring)
- 15th: Mars reaches Peak Northern 20° 15' and now begins ascending.
- 16th: Mercury leaves from 20th and enters at sunset on the evening of 15th of January.
- 18th: Mars / Pluto opposition at 21:20
- 20th: Mars enters Gemini at 2:27
- 21st: Mars / Venus opposition at 21:20
- 22nd: Mercury in Cancer conjunction 21st. End of Jan at 22nd
- 23rd: Mercury / Neptune conjunction at 21:20
- 24th: Mars / Pluto conjunction at 21:20
- 28th: Mars reaches Peak Southern 27° 15' and now begins ascending.

**SOI WATCH**

Mars is unobservable in the eastern sky at sunset just to the north of the great horned Orion. It will be going counter to the Sun's movement across the sky (retrograde). Mars starts off in Cancer and retrogrades back to Scorpio. Each night watch Mars move slowly back towards the red star Alshabran. The Moon reaches Mars on 18th. Saturn is rising later in the evening with the constellation Leo and the moon in the sky after 10:00pm.

Look south-east of Orion to find Sirius the brightest star in the sky. Sirius, the dog star, is part of Canis Major as is the Australian Boomerang constellation, but is the smaller bright star after -芒刺 - scorpion's tail. Catch the 2nd bright star in Leo - star, brother to芒刺.

In the morning sky there is something to brightness as the clouds and storms sink into the sunset over the last 2 months. Lighter by contrast, will rise out of the dawn after the middle of the month and start to re-emerge with Venus early next month. This will be a great spectacle against the backdrop of Vega and Arcturus.

**WEATHER FORECAST**

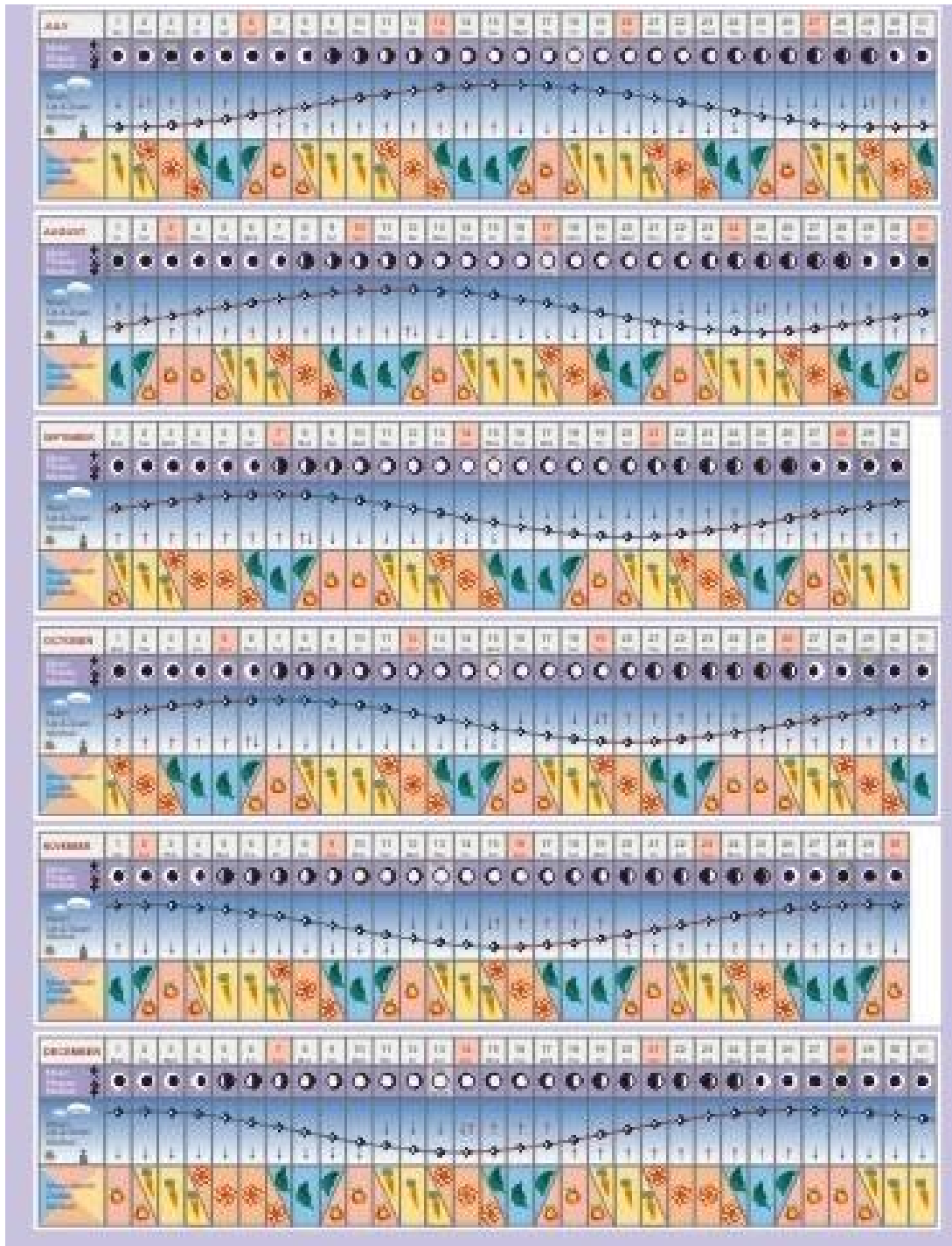
Lunar events have an even distribution through the month this month (see top page along "Moon Path") which helps to ease and the weather for the period. The Earth is at its closest distance to the Sun on the 1st (Perihelion) and, given the Lunar Apogee on the 2nd as well, can make for a hot spell around those dates. This heat build is likely to continue on a broad scale until the next Lunar Peak South full moon on the 15th when it eases for a short while.

Hotter than average spells can also be around Lunar Perigee (20th) but is tempered this time by being in the northern hemisphere of the time and not as close (x 100,000km). Impaired chances of summer rain-related the Perigee - full moon period (21-23rd) and of storms in tropical parts. Rainfall chances have much improved since the Moon's declination range started contracting last year.

The Moon crosses the Equator on the 18th and 28th (see lightning symbol on "Moon Path"). This can also be a cyclone trigger especially if accompanied by any planets doing likewise. None are this month and have not passed that the equator since Saturn on the 23rd will catch the atmosphere as much as Venus emerges early.

Mercury goes retrograde at the end of the month which is counter to the prevailing direction of weather systems below the tropics. This can increase temperatures and thick occasional mistiness of any of the typical low pressure systems an Australian monsoon at this time of the year. The high is mainly hovering the Southern Ocean.





## **EARTH KINGDOMS REVIEWED:**

The Earth Kingdom is an amazing and fascinating world of ‘magic and mystery’; love and innate wisdom from the Divine beings that are ‘seen and unseen’ on (and within) our Planet.

### Nature Devas

The word Deva means ‘shining one’. There are many types of Devas, both subhuman and superhuman, with many different hierarchies. They are known as the ‘architects’ and are the guiding force that gives form and structure and energy to the plant world and carry the archetypal patterns for each of the material form and work very closely with the Nature Spirits. It is the Devas and Angels that carry out the law of the growth of plants and animals.

The *violet* Devas’ path of evolvement lies through feeling, through educating humankind and through perfecting the physical body. The *green* Devas’ path of service is focused in the realm of magnetization of the energies that protect plant and vegetable life and sacred spots on the Earth. The *white* Devas guard individuals in human family and control the Water and Air Elementals and the Fish Kingdom. Their evolution, as with humans, is speeding up.

Another group of Devas are Angel Masters. They recently arrived from another planetary scheme and have already passed through the Human Kingdom and are equal in rank to certain members of the Hierarchy. They have chosen to stay and work with the Earth plane. Djhwah Khul has said there are twelve of these Masters:

*Group One* (consists of five in violet group) and work with the etheric doubles of humankind and all Elementals working with the etheric bodies of inanimate objects. They are on an evolutionary path. The Elementals are on the involutory path and their goal is to evolve into the Deva Kingdom with the violet colour.

*Group Two* are the Fairies and Elves who build and colour the flowers, the Elementals who work with the veggies, fruits and all the verdure (green, fresh vegetation) that covers the Earth’s surface. Also connected with this group are the Devas of Magnetisation that are connected to stones, talismans and sacred spots on Earth.

*Group Three* are the Elementals of Air and Sea, the Sylphs (air spirits), Water Fairies and Devas who guard human beings. They are omnipresent, superphysical agents of the creative will of the Solar Logos and are directors of all natural forces, laws and processes – solar interplanetary and planetary.

The Devas live on all planes of consciousness – etheric, emotional, mental and spiritual.

### Nature Spirits

Nature Spirits and Devas are an Angelic order. They hold the patterns that underlie all living and growing things on planet Earth. That includes the Mineral, Plant and Animal Kingdoms along with the four elements of fire, water, earth and air. Nature Spirits are, for the most part, composed of etheric matter, so few people see them in form.

These Nature Spirits influence the human bodies as they are the spiritual equivalent of the cells, organisms and micro-organisms that work together to make the organs, glands and tissues function properly.

Imagine a world filled with Fairies, Elves, Gnomes, Sylphs, Elementals and much more – this is the world of Devas and Nature Spirits.

Where the Devas are the architects, the Nature Spirits are the ‘builders’. The physical workers that carry out the information from the architect’s ‘blueprint’. They channel the etheric forces they receive into the physical construction and pattern of each plant species on Earth.

Nature Spirits show great joy in their work and vary in size from a fraction of an inch to Elves who are three to four feet tall. All Nature Spirits are under the direction of the Nature God, Pan. He is of absolute pure light and directs all Nature Spirits in Creator’s work and appears as half man/half goat in the representation and connection of Human and Animal Kingdom combined.

*Faery Godmother (Welsh call her Good Mother) - the Faery who brings her special gifts to the newborn. The moon wise Godmother brings sacred gifts from the Land of Faery. She holds a golden apple from the magical Isle of Apples (Avalon). She also brings the apple’s complement: a crystal of pure moonlight to stimulate clear thinking. With these gifts of the heart, of the sun and moon, of male and female in balance, she asks us to place our lives in balance and to find our true purpose. The crescent moon she wears is a symbol of her power. A receptacle of cradle holding the sacred seeds of our future and also a boat in which we can safely sail through the storms of life.*



### Elemental Kingdom

Ruled by Devas and made up of the four basic elements of nature – fire, air, earth and water. Within each of these four elements are Nature Spirits that are the spiritual essence of the element. The Nature Spirits of Earth – gnomes, goblins; Water – undines; Fire – Salamanders and Air – Sylphs.



They are made up of an etheric substance that is unique and specific to their particular element. They have the power to change their size and appearance almost at will. They cannot, however, change elements. The Elementals take their orders from the Devas but remain individualised, as humans are.

These beings may be etheric thought forms, but they have etheric flesh, blood and bones. They cannot be destroyed by the four elements because they are etheric in nature. They are not immortal however, when their work is finished, they are absorbed back into the ocean of Spirit. They do live until a great age – gnomes' average age ranges from three hundred to one thousand years.

### Gnomes

(Earth element) – have great power over the rocks and mineral elements of Earth and also over the mineral elements in the Animal and Human kingdoms. Leader: Gob (male)

### Undines

(Water element) – are able to a great degree, to control the course and function of the water element. They are etheric in nature and exist with the water itself and can't be seen with normal physical vision. They are clothed in a shimmery substance and connected to concept of mermaids. They work with water, plants and motion. Every fountain has its nymphs and every ocean has its oceanids.

They vary in size from the small living under lily-pads to human size, living in oceans. They are present in everything containing water and are friendly and open to service to humans. The smaller Undines are often seen as winged beings near flowers that grow in water areas (often mistaken for Fairies) and have gossamer wings and clothes. Leader: Necksa (female).

### Salamander

(Fire element) Strongest and most powerful of all Elementals. Without them fire cannot exist. You cannot light a match without a Salamander being present. Many sizes, differing appearances – many see them as small balls of light but most perceive them as lizard-like in shape and about a foot or more in length.

Leader: Djin (male).

### Sylphs

(Air element). Highest vibratory rate of all. Many live to one thousand and never seem to age. Live on top of mountains. Work through gasses and ethers of Earth and usually seen with wings, looking like Cherubs or Fairies, and can be as large as humans. Because they are connected to the mental aspect, one of their functions is to help humans receive inspiration – especially through creative arts. Leader: Paralda (female).

It is important to understand that all Kingdoms of God are influenced by your thoughts.

You can 'create' your own Elementals and energies around you – healthy or unhealthy by your thought patterns and emotions. Do not give in to the lower bodies – refrain from manipulating the Elemental Forces until your consciousness of the Soul has attained a certain degree of self-mastery. If



you are a victim of your physical body, feelings, emotions, desires and thoughts you can be controlled by Devic life of a lower order.

All dense physical form, be it mineral, plant, animal or human body is created by Elemental beings under the direction of a Deva, who is under the direction of a higher Deva, who ultimately is under the Divine Architect – Creator.

### Animal Kingdom

The main differences between humans and animals is in the kinds of consciousness they embody. Humans have a self-consciousness and individual soul, whereas animals are guided mainly by instinct rather than reason and connected to group soul.

Eventually over eons of time, the entire Animal Kingdom will move up to the level of lower levels of the Human Kingdom. Since animals have group souls, individualisation is the portal of entry into the Human Kingdom. Animals do reincarnate and are our equals and we need to remember that animals are God in physical form!

Animals are an emotional buffer for humankind and are very sensitive to emotions. They can diffuse an argument through humans by seeking attention or can reflect human emotions of a negative nature in its own behaviour. If you have a sickness or going through a crisis, do your animals a favour and make sure you disconnect your energies from them and protect them.

### Mineral Kingdom

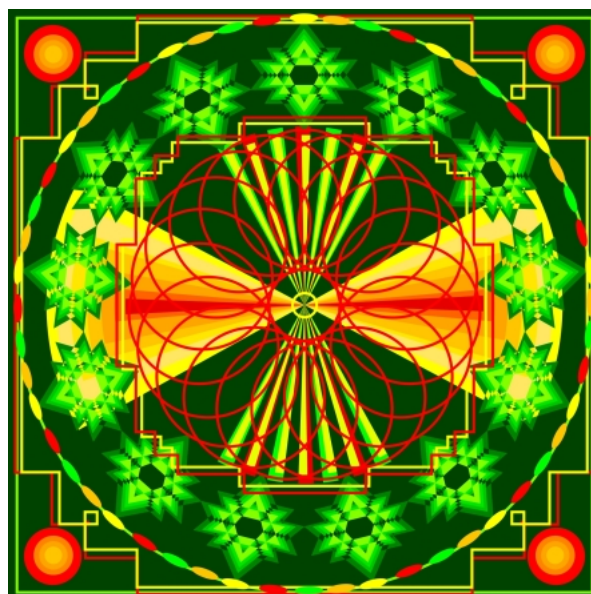
The Mineral Kingdom is Spirit at its densest vibration. People sometimes do not realize minerals are alive. The signature of life in the Mineral Kingdom is the crystalline formation the Gnomes have created.

There are also dead minerals. When a stone is quarried from its source, its vital force is cut off, the gemstone is still evolving and growing while it is in its natural rock formation (when quarried, like cut flowers, it is no longer a living rock).

The Mineral Kingdom might be the most important life kingdom.

It makes up the crust of the Earth upon which humans and animals live. Without the Mineral Kingdom the other three Kingdoms couldn't survive on Earth. It provides the basic source of nutrients in that plants are rooted in mineral soil, plants then nourish the physical bodies of both human and animal life, animals then being a food source for humans as well.

Minerals and crystals have profound healing effects on the human body, as well as our gardens and lands.



As we grow and learn to communicate and work with our friends, we will grow in prosperity together.



<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

[info@pascashealth.com](mailto:info@pascashealth.com)

### CHANEL, WHALES, WHAT DO YOU SEE?

I was receiving a healing from my guides this afternoon and the energy of the whales came sweeping through my body, calling me to the ocean. I headed down there to see what they had in store for me.

I was walking along the beach and there was a bird, standing in the sand, by itself. As I got closer it started to fly and I noticed it was limping badly and its claw was bent back so it couldn't walk properly. I felt great sadness and wondered if it would be alright, if it would survive and it made me think of how many of us, within all Creator's kingdoms, would survive on our own without the love and support of others around us. It is not something I fancy trying at all and it made me realise how important it is to show a kind word, a smile, a warm helping hand, an open heart to all that we meet.

I heard Grandmother Whale say 'Victoria – sit!' – of course, I obeyed! I always respect my elders! I sat for about half an hour just watching the waves, it was coming into full tide. There were kite surfers out and a few surfers enjoying the late afternoon breeze. I marvelled at the awesome strength of both man and ocean, combined together it would seem, as one element of nature and within that nature, that joining; I felt joy.

I heard Grandmother Whale (W) say:  
*Can you see Victoria?*

I asked (V)  
The oneness?

(W) *Yes*

(V) That you are of the sea, that the sea is of me, that I am of the sand, the sand is of the sea grass, the sea grass is of the trees and so it goes?

(W) *Yes. Do you see that everything enfolds within itself, that life moves full circle and that "oneness" is the evolution of the circle enfolded within the Soul; the Spirit; All That Is?*

(V) I try to

(W) *Enfolding, moving, shifting, doorway within doorway; layer within layer – do you see?*

(V) The expansion within ourselves as each door, each layer is opened?

(W) *Yes, do you see?*

(V) That when I look deep within the enfoldment of each door, each layer I look into my be-in(g), my core?

(W) *Yes, do you see?*

(V) That when I look into my core be-in(g) all is revealed, bared in all its nakedness?

*(W) Yes, do you see?*

(V) Within that nakedness is my vulnerability and within that vulnerability is the truth of what and who I really am?

*(W) Yes, do you see?*

(V) Within my truth, by following and being my truth, by baring my nakedness and all its vulnerability, I can move through the doorways, the layers and face my fears?

*(W) Yes, do you see?*

(V) By moving through and facing my fears, seeing myself naked within these fears is the greatest gift, like 'coming home'?

*(W) Yes, do you see?*

(V) My 'coming home' is facing that shadow of my inner expression, my ultimate vulnerability for there is no escaping that part of me to become 'all of me'?

*(W) Yes, do you see?*

(V) That to be 'all of me', to embrace that part of me, my shadow, is to honour myself in all ways and to embrace the enfoldment of all the doorways and all the layers?

*(W) Yes, do you see?*

(V) That to be an aspect, a spark, Co-Creator of my life in this world and the next, I must come full circle in my realisation that I am not separate, that the 'all of me' – all the experiences I have had, witnessed and participated in have made me exactly who I am right now and that there is no other place but this and no other way but through this enfoldment, this embrace within myself?

*(W) Yes, do you see?*

(V) That this place, this moment, is exactly who I am and where I am meant to be within Creation and every aspect of Creation is within me?

*(W) Yes, do you see?*

(V) That 'to see' is to come full turn into my enfoldment of who I AM. To come back to my very centre, my core, when I embrace the 'all of me' in all my nakedness, my vulnerability, my shadow of self?

*(W) Yes, do you see?*

(V) That to see within all this, being all this, living all this, I come back full circle – within myself – being of myself in the Oneness that is Creation; is me?

(W) Yes, do you see?

(V) To see, I must know, that to embrace the ‘all of me’ is to embrace you, the sea, the sand, the grass, the trees, the oneness of everything?

(W) Yes, but tell me, what is it that you really see?

(V) I see no-thing;

I see every-thing

(W) Yes.

I sat for a while longer, the sunset had cast a painting of light pastels of mauve, blue, pink and lemon. It was breathtaking. The water began lapping at my feet and I felt the cleansing of the great Mother Ocean. Her energy swept up through my body as a blessing and I felt her gentle caress. She said “it is time to go”. I had not realised how dark it had gotten in such a short time.

I was off to a night out with friends and my heart filled with how lucky and blessed I am to not be that bird I saw on the beach. I asked Creator to bless him and watch over his beautiful soul and the souls of all on this planet and the next.

*May your lives be filled with friends, joy, love and laughter!*

*Neeta-Sha Shum*

*Grandmother Whale*



*16 May .08*

(Note: Victoria is connecting to a natural love spirit, not to a whale.)

# PASCAS CARE

## "Beacons of Light"

### around the globe



This document overall:

Map of Consciousness calibration 890