

# PASCAS UNIVERSITY

## Living Feelings First and Child Upbringing

Postgraduate **Feelings!** Degree



“Peace And Spirit Creating Alternative Solutions”

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PASCAS UNIVERSITY SOCIAL WORKER INAUGURAL Pfd

# Postgraduate **Feelings!** Degree Pfd

The “Living Feelings First and Child Upbringing” potential Pfd degree is on the premise that Pascas University is eventually accredited to grant degrees and that the structure and content of what this series of talks and research entail with the records of participation and involvement all are satisfactory and adequate to have such degrees vested upon those participating.

Nevertheless, those participating may find themselves the first and only people capable of tutoring others to attain such a degree, or similar, in the future!

## Feelings!

Interestingly, for the past 200,000 years humanity has been striving to perfect their ‘brains’, so much so that many literally worship their ‘brains’ whilst ignoring and suppressing their feelings.

**Consider asking yourself this question:  
Who hurt me when I was a child?**

“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If we don’t want the truth of what we are feeling, then we can forget it. We can express our feelings all day like a kettle letting off steam, however if we’re not seriously wanting, and longing hard, and praying with all our will to our Heavenly Mother and Father to help us uncover and see the TRUTH that our feelings are to show us, then we can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.”

James Moncrief 28 May 2018



**The CHILD is to FREELY EXPRESS ITSELF:** Messages from Mary and Jesus 13 May 2003  
Mary Magdalene:

“The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.”

The greatest virus that we each are inflicted with is our Childhood Suppression!

# PASCAS UNIVERSITY

We hereby confirm that

**SERENA SAGE SANDERS**

Having duly satisfied the Examiners appointed by Senate and having fulfilled all the conditions prescribed by ordinance and regulations by resolution of the Council was awarded the

**Postgraduate Feelings Degree**

**PfD** in the field of **LIVING FEELINGS FIRST** and  
**CHILD UPBRINGING**

on the

20 June 2024



*Andrew Brown*  
Chancellor

*Philip Green*  
Registrar

## WHY INTRODUCE a POSTGRADUATE FEELINGS DEGREE (PfD)?

The United Nations Educational, Scientific and Cultural Organization (UNESCO) is a specialised agency of the United Nations aimed at promoting world peace and security through international cooperation in education, arts, sciences and culture. UNESCO may consider that education is inadequate for as many as 4.6 billion men, women and children (57.5% of Earth's population). This they may consider from a historical basis, that is, what has been provided in more 'developed' nations. Consequently it may have been considered that education is adequate for some and not satisfactory for others.

From a Pascas point of view, that equation may appear to see education presently as having being adequate for 15% whereas it is inadequate for 85% with regards to current education modalities.

The reality is that education worldwide is perpetuating the indoctrination that is stagnating ALL societies and communities worldwide. Not only are the current education platforms laboriously and boringly tedious taking many years longer than necessary, ALL education systems are unwittingly designed to keep students indoctrinated into living a life of monotonous repetition of what has prevailed for generations gone before them, into a lack of intuitiveness, lack of striving for truth through asking, from spontaneity and growth. A student enters an education system with expectation of growth and freedom and comes out with stagnation and zombiism. We are taught to worship our minds with the belief that greatness can be achieved. Through living mind-centric we cannot progress beyond 499 on Dr David R Hawkins' Map of Consciousness. 499 MoC, the peak of 'reason', is the limit of progress for all of Earth's humanity while we live mind-centric.

We are meant to live feelings first and have our minds follow in assisting in engaging with what our feelings are prompting and guiding us to explore and do. Our feelings are always in truth. Through living feelings first, or at least aspiring to live feelings first our potential to grow is not limited to 1,000 MoC as per the scale, but is infinite, way beyond the scale! The MoC is based on the common log of 10, even a 1 point growth is a 10 fold growth in consciousness.

Presently there are approximately 240 books only around the world that calibrate over 900 MoC. The equivalent of 200 of those books are in the Library Download page at [www.pascashealth.com](http://www.pascashealth.com). Not even the New Testament of the Bible calibrates anywhere near 900 MoC. The New Testament is around 185,000 words or around 300 or 400 pages. The Pascas Papers amount to more than 60,000 pages and more than 20,000,000 words and still continues to grow. The Encyclopaedia Britannica is around 40,000,000 words but does not calibrate above the level of Reason on the Map of Consciousness, it calibrates around 480 MoC.

The Pascas Papers can be freely downloaded from the Library Download page at [www.pascashealth.com](http://www.pascashealth.com).

**PASCAS  
PAPERS**










No, you don't have to read all, just follow your feelings and kindly consider the subjects of interest.

Not only is the worldwide education system enslaving humanity to the will and subversiveness of hidden controllers, it is preventing the resolution and putting aside of all of the social ills that plague every society and person. Consequently conflicts and wars are always around us. Every institutionalised system worldwide is the construct of subversiveness for the benefit of hidden control. With the introduction of PfD functioning education, all of this retardation, subjugation and suppression is going to end. This is why "Pascas University" is to be established in numerous locations worldwide. All phases of the education system will come to demonstrate education that is focused upon aspiring to Living Feelings First through Pascas.

**PfD**

## A Primary element for Educators:

For those who perceive themselves that they will be or are now in an education setting such as a school then a primary objective is to become proficient in presenting this package of introduction and awareness guidance. Kindly go to [www.pascashealth.com](http://www.pascashealth.com), then the Library Download page, scroll down to Medical Education and click on to open:

-  [Pascas Care Living Feelings First - Adults.pdf](#)
-  [Pascas Care Living Feelings First - Children - Annexures.pdf](#)
-  [Pascas Care Living Feelings First - Children - Discussions.pdf](#)
-  [Pascas Care Living Feelings First - Children - Graphics.pdf](#)
-  [Pascas Care Living Feelings First - Children.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)
-  [Pascas Care Living Feelings First - Reference Centre.pdf](#)
-  [Feelings Experience by South African Students.mp4](#)

This packet of introduction material is founded upon Brandon Bays' "Journey Process" and how the "Journey Process" has been and is being introduced into schools and elsewhere such as South Africa, India, Australia, etc. However, Pascas has extended and added to the proficiency of the content with revelations and experience of profound significance and importance that brings about the potential for all to evolve through the glass ceiling of 499 MoC on Dr David Hawkins' Map of Consciousness. Such glass ceiling being imposed upon us all through being seduced into living mind-centric, and now being able to embrace and Live Feelings First opening the pathway for each of us, in fact all of humanity, to grow and evolve infinitely which is way above the levels depicted on the Map of Consciousness scale.

This revelatory development is introducing the Great U-Turn for all of humanity to be able to shed the shackles of the Rebellion and Default which was formally ended on 31 January 2018 after being imposed upon all of humanity these past 200,000 years.



# Nothing that ails humanity can be solved or healed until we embrace our feelings!

Upon embarking upon a Pascas University in the field of **LIVING FEELINGS FIRST and CHILD UPBRINGING**, the material content is extensive so that each student may personally explore and consequently resolve personal issues on the way through the program. Thus, for each participant, the pathway is marginally unique to their own needs and certainly unique to their personality, the true personality vested upon them by our Heavenly Parents.

The goal is to be able to spontaneously tutor others on a comprehensive range of aspects of the subject referred to as “FEELING HEALING”. Once that is recognisable, then it can be inferred and said that the participant has achieved competency and consequently is entitled to recognition and the degree (Pfd).

The library download page remains open to the world and the research material will continue to grow as events unfold. Thus, the participant will always be supported by others from within the faculty as well as the open library which will also be made available in multiple languages.

It is very easily recognisable when one is ‘mind-centric’ as against someone who is ‘feelings orientated’. It is only when spontaneity with feelings first emerges that ‘competency’ becomes self-evident. Mind-centric examinations do not contribute to this functionality – thus examinations are not the focus of the process of a postgraduate feelings degree. Those who open themselves to their feelings will find such course programs take little time in comparison to mind-centric PhD courses.

# One must always honour another's will as one honours one's own.

**The Golden rule is:**

**Never interfere with another's will.**

# *Violence is never Justified*

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

## SOME NUMBERS:

Currently, each year we have:

130 million live births  
44 million abortions  
50 million or so miscarriages

224 million conceptions /  
incarnations per annum.

6.5 million child deaths per  
annum. About 5% of those born do not  
make adulthood.

123.5 million (55%) of those  
incarnated make it to adulthood.

55% of those incarnated make it to  
adulthood.

45% of those incarnated do not  
have an adulthood life experience.

Natural love and divine love, and indeed  
soulmate love are quite different energies.  
Soulmate love is not natural sexual love.  
Soulmate love is the only natural love that  
matures and continues with us into the  
Celestial Realms being beyond the 8<sup>th</sup>  
sphere.

Just to step back a little to the above  
statistics. For each abortion there are at  
least two adults involved. As there are 44  
million abortions each year, then 88 million  
adults may be involved in that process.  
This does not take into account those who  
assist. That indicates that two out of every  
three live births, that is 66% of adults,  
become participants in abortion.

Further, the number of reported abortions  
are an under estimation of actual events.

**The demonstration of love for children is apparent in as much as nearly one half of all conceived children do not survive early childhood due to the lack of love coming from their parents. Further, it is the emotional injuries and erroneous beliefs of parents that directly impede the circulation of soul light through the spirit body of the foetus and the physical foetus thus distortions occur in the energy circulation bringing about deformations and illness in the newly emerging child. Miscarriage is a consequence of this function. We, as parents, bring upon the child all of its issues throughout its life due to our own lack of healing. This is why this syllabus for the awareness of Feeling Healing is being introduced! We NOW can address ALL of the social issues confronting humanity worldwide. These revelations have never been understood previously in their entirety as they now are.**

### Global estimates of INDUCED ABORTIONS:

	1995	2003	2008
World	45,600,000	41,600,000	43,800,000

<http://www.mswm.org/abortions.worldwide.abortionstatistics.htm>

**BABIES born Each Year; 130,000,000**

**It is estimated that there are approximately 130 million babies born throughout the world each year.**

[http://answers.ask.com/Society/Other/how\\_many\\_babies\\_are\\_born\\_each\\_year](http://answers.ask.com/Society/Other/how_many_babies_are_born_each_year)

**Miscarriage reportedly occurs in 20 percent of all pregnancies. This may be an inaccurate number. However, many women, before realizing a life has begun forming within them, may miscarry without knowing it. Therefore, the miscarriage rate may be closer to 40 or 50 percent.**

<http://www.allaboutlifechallenges.org/miscarriage-statistics.htm>

**World murder rate: 7.6 per 100,000 people per year.  
The NUMBERS: Violent deaths worldwide, 2004:**

Total:	740,000
Homicide:	490,000
Indirect consequence of war:	200,000
In war:	50,000

[http://www.dlc.org/ndol\\_ci.cfm?kaid=108&subid=900003&contentid=255032](http://www.dlc.org/ndol_ci.cfm?kaid=108&subid=900003&contentid=255032)

**Over one million people die by suicide every year.**

**There are an estimated 10 to 20 million non-fatal attempted suicides every year worldwide.**

<http://en.m.wikipedia.org/wiki/Suicide>

**DEATHS worldwide per annum: 60,000,000**

**Pollution causes about 40% of deaths worldwide, i.e., are caused by water, air and soil pollution.**

<http://www.sciencedaily.com/releases/2007/08/070813162438.htm>

# Feelings First, Mind Following

**POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:**  
This steps down each seven years as the child matures



From conception to age 6 or 7      From 8 to age 14      From 15 to age 21      From 22 to age 28

As we heal, we directly heal our children similarly.  
The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.

A few will complete their healing during their lifetime, but for many it will be incremental.

The diagram shows a grid of small blue cups. The cups are arranged in rows and columns, with some cups missing or faded, representing the progression of feeling healing over generations. The cups are arranged in a way that suggests a gradual increase in the number of cups over time, symbolizing the achievement of universality.

## EDUCATION CANNOT WAIT



As we work on the elephant in the room, namely Childhood Suppression, with our personal Feeling Healing, we benefit our children directly and consequently their future generations.



## One Cause – One Pathway

# Simple is what Life is meant to be!

Amazingly, it has not been previously understood that should we heal ourselves of what we each have taken on of the Rebellion and Default via our Childhood Suppression being experienced throughout our childhood formative years, such healing being through Feeling Healing, then we would no longer need to experience physical discomfort, pain, disease or any illness.

Sickness comes about in its diverse forms to draw our attention to our emotional injuries and errors of belief. Once we fully heal ourselves then we no longer need to experience illness! Feeling Healing is the only pathway!

The extreme diversity in the forms of illness is of a direct reflection of the diversity of our personalities and the suppressive environments we each have experienced.

It is only upon completion of our Feeling Healing that such propensity for physical health arises.

However, now it can be understood why allopathic medicine, traditional medicine and all other health systems do not bring about a cure. That is because the underlying cause has not been previously recognised and consequently it is never addressed.

To engage in living Feelings First and then to embrace Feeling Healing is addressing our Childhood Suppression as well as our ongoing Repression that continues throughout all of our life. Further, by also embracing Divine Love we are also Soul Healing and thus fitting ourselves to become of Celestial Soul Condition which we can do while living in the physical on Earth.

Humanity, over many thousands of years, has progressively gone deeper and deeper into wrongness through living mind-centric. We have always taken the wrong option – our choices have always deepened our suppression of our truth and personality.

By embracing The New Way, living Feelings First, humanity will begin to resolve the social ills that prevail throughout all societies. **Progressively the circumstances for world peace will arise.**

This is what the following pages reveal.

By living Feelings First and then working through and completing Feeling Healing, we bring all of our bodies and systems into harmony, thus we remove the need for each of us to experience any further illness.

By then embracing Divine Love, the love of our Heavenly Mother and Father, with Feeling Healing we are then fitting ourselves to enter the first of the Celestial Heavens while we live here in the physical on Earth.

# LIVE TRUE TO OUR FEELINGS; AND LONG FOR THE TRUTH OF THEM.

## INADEQUATE EDUCATION is WORLDWIDE

### ***Every child has the right to learn BUT also do adults!***

<https://www.unicef.org/education>

A child's right to education entails the right to learn. Yet, for too many children across the globe, schooling does not lead to learning.

Over 600 million children and adolescents worldwide are unable to attain minimum proficiency levels in reading and mathematics, even though two thirds of them are in school. For out-of-school children, foundational skills in literacy and numeracy are further from grasp.

This learning crisis – the rift between the levels of learning children receive and those they, their communities and entire economies need – hit a global scale even before the coronavirus COVID-19 pandemic brought education systems to a halt.

Around the world, children are deprived of education and learning for various reasons. Poverty remains one of the most obstinate barriers. Children living through economic fragility, political instability, conflict or natural disaster are more likely to be cut off from schooling – as are those with disabilities, or from ethnic minorities. In some countries, education opportunities for girls remain severely limited.

Even in schools, a lack of trained teachers, inadequate education materials and poor infrastructure make learning difficult for many students. Others come to class too hungry, ill or exhausted from work or household tasks to benefit from their lessons.

Compounding these inequities is a digital divide of growing concern: Some two thirds of the world's school-aged children do not have internet connection in their homes, restricting their opportunities to further their learning and skills development.

Without quality education, children face considerable barriers to employment and earning potential later in life. They are more likely to suffer adverse health outcomes and less likely to participate in decisions that affect them – threatening their ability to shape a better future for themselves and their societies.

### **WHY ARE CHILDREN NOT IN SCHOOL?**

<https://ourworldindata.org/children-not-in-school>

To make progress we have to understand why children are not in school.

One major reason is violence in the world's ongoing conflict areas, including Syria, Yemen, Sudan, and Nigeria. *Half* of all out-of-school children live in conflict-affected countries.

The other large barrier – often closely intertwined with conflict – is poverty.

In low-income countries public finances for education are very low: the annual spending in a high-income country like Austria is *more than 200-times* higher per student than in a low-income country like the Democratic Republic of Congo.

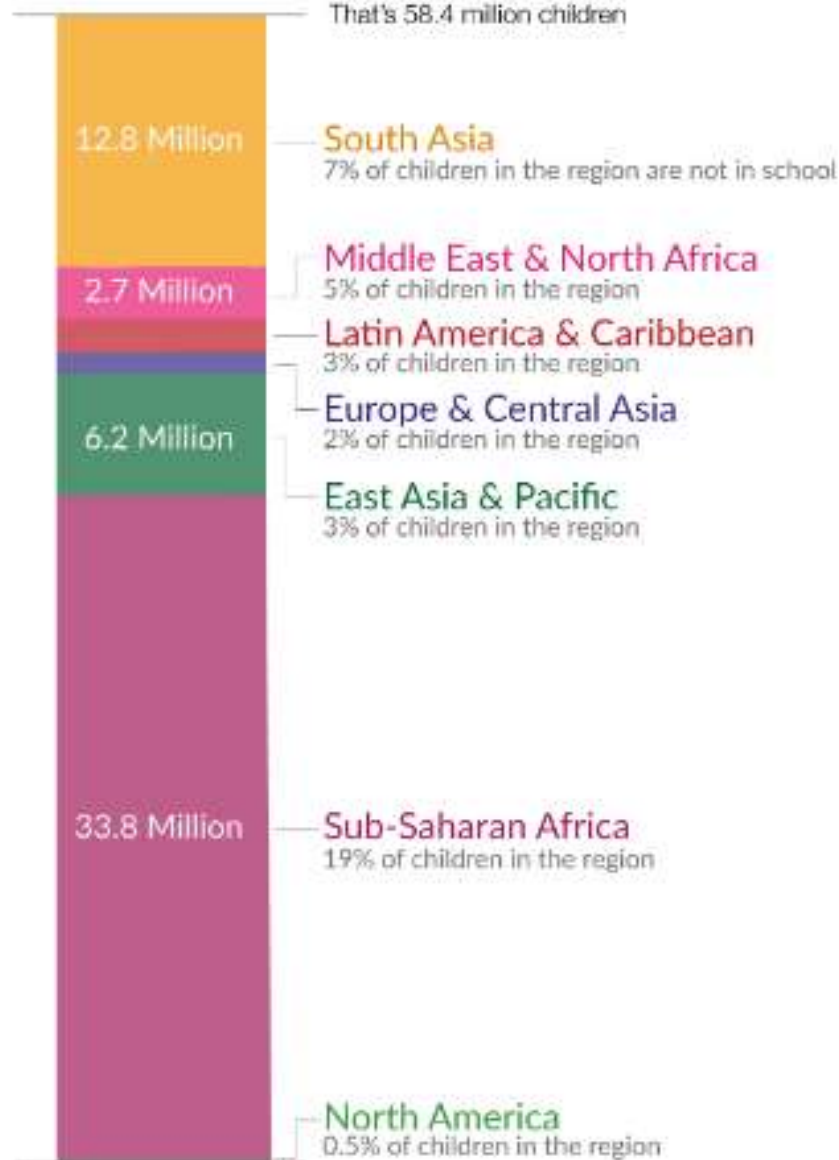
In the worst cases poverty requires children to work – most commonly on smallholder farms – and this means they leave school early or never enter school in the first place.

If we want to make progress on education then we will need to continue the developments that reduce conflict and poverty.

These macro changes are essential, but can seem intangible in the short-term. Targeted policies can make a difference in such situations. One policy with a long and well-established track record is to provide free meals in schools. **School meals achieve two goals at the same time:** They are offering children a better diet, and they provide an incentive for parents to send their children to school. Research studies have shown that school meals increase school attendance and have a long-lasting impact over the child's lifetime. A study in Sweden showed that pupils who received meals in school in the 1960s had 3% higher lifetime incomes. They have even been shown to have intergenerational benefits: the children of mothers who received school meals when they were children also benefit from school meal programs.

## Where are the 58 million primary school age children who are not in school?

8% of the world's 787 million children of primary school age are not in school.  
That's 58.4 million children



Data source: UNESCO for the year 2019 Licensed under CC-BY by the author Max Roser  
OurWorldInData.org - Research and data to make progress against the world's largest problems.

# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

**Aspiring to Living Feelings First**, then Living Feelings First and engaging in Feeling Healing or subsequently Soul Healing through asking for and receiving our Heavenly Mother and Father's Love, their Divine Love, **is not a religion – it is a way of living.** There is nothing to join, there is no hierarchy of control, no special book, dress code or fancy clothing, no rituals, dogmas, creeds, codes, cannon laws, sacraments or obligations or controls of any kind. We are all free to continue with whatever spiritual practices and religions that we may presently be engaged in or adopt as we go along on our journey of life.

# Feelings First

**IT'S A WAY  
OF LIVING.**



<http://www.pascashealth.com/index.php/library.html>

## **Library Download – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

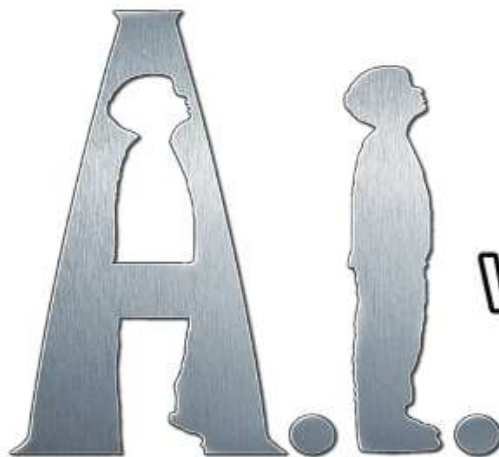
# ask



ASK! ASK!  
 Ask! A  
 ASK! SK!

# WHY!

Whereas the engagement with artificial intelligence is the death knell of society!



We learn by doing!

ARTIFICIAL INTELLIGENCE

**The Golden rule is: Never interfere with another's will.**

**MISERY IMPOSED upon OTHERS = MISERY to be ENDURED:**

**The pain we cause another is the equivalent amount of pain that we will subsequently endure. When we control events and actions that are bringing about misery to others, even though we do not know who these may be, their misery will be**

**played out to us in the clarity of the most vivid detail and reality that is beyond our present comprehension.**



**Every iota of pain and misery that we cause to another, and that includes direct and indirect and consequential, this we will endure to the absolute last penny.**




In the files there are;

- 7 reports of sexual assault of children
- 59 reports of assault on children
- 30 reports of self-harm involving children
- 159 of threatened self-harm involving children

**Those who assist and aid in such endeavours of control and harm will equally be engaged in this Law of Compensation. There is no avoidance, no way of limiting what awaits for such unloving and self-centred actions by anyone. Not a single dot of compensation can be avoided.**

**The two Earth Planes of Disharmony are regions of isolation, desolation and compensation for those who embraced control of others.**



# "Go To Hell": Brave EU Politician Delivers Damning Message to Global Tyrants

<https://www.zerohedge.com/political/go-hell-brave-eu-politician-delivers-damning-message-global-tyrants>

<https://twitter.com/AndersonAfDMdEP>

22 September 2023

Member of the European Parliament (MEP) Christine Anderson has been an unyielding opponent to Klaus Schwab's 'Great Reset' Agenda. Known best for her famous smack down on Justin Trudeau, MEP Anderson has established herself as one of the few politicians left who represent the interests of the European people.

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<https://christineanderson.eu/en/home/>



I was born in 1968, am a mother of three daughters aged 17, 19 and 23 and live in Fulda. I completed a commercial apprenticeship and moved to the USA in 1992 after graduating from high school. During my 6-year stay in the USA, I studied economics and worked as the managing director of a national trading company. There I was responsible for an annual turnover of 1.6 million US dollars. After returning to Germany, I completed a law degree in Göttingen. Since the birth of my 3rd daughter in 2002, I was a mother and housewife until I was elected as a Member of the European Union Parliament, where I started my services on 02 July 2019. September 13 was no different as MEP Anderson took no prisoners in her latest warning to the globalitarian elite. Before the European Parliament, in a session specifically focused on the COVID-19 response and the World Health Organization, MEP Anderson ended the meeting with a powerful statement.

“We just need to find a way to wake the people up. Because the point is simply this: it comes down to a choice. It's either freedom, democracy and the rule of law — **or enslavement.**”

“There is no such thing in between. There is no such thing as a little freedom, a little democracy, a little rule of law, just as **there is no such thing as a little enslavement.** So that's the choice. It comes down to – it's either the globalitarian misanthropists or the people. It comes down to – it's either us or them. And that's, I think, what this really is all about.

“Now, when my colleagues and I were elected to this parliament, there was no question about it. We were on the side of the people because the people actually pay us to act in their best interests. That's our job. And once again, I will say to every single elected representative around the world, to every single member in every elected government around the world, if you do not unequivocally stand with the people and serve in their best interests, act in their best interests, you have no place in any parliament or in any government. You belong behind bars. You may even **rot in hell** for all I care at this point because **that's exactly what you deserve if you sell out the people.**”

*\*Applause ensued\**

[MEP Christine Anderson](#) of Germany continued. “Now, I would like to make a promise to the people, and I'm pretty sure I can speak or speak on behalf of my colleagues. We will continue to stand with you,



the people. We will continue to fight for freedom, democracy, and the rule of law. We will not shut up, and **we will not stop going after those despicable globalitarian misanthropists.**

“But we would also like to have you make a promise to us. You may have heard it’s all coming back. The first country is already starting [to talk about] mask mandates in Israel. They’re already imposing it. I’ve heard of a few universities in the United States. They’re already bringing it all back. And I would really like for you, the people, to not go along. **Simply say no!** They want you to wear a mask; **say no.** They want you to put in another mRNA shot; **say no.** They want to impose a curfew on you; **say no.** That’s really all you have to do.

“And it might not be or might sound a little hard, but it’s actually not that hard. Because once you have made it clear to them that you will no longer go along, once you’ve let them know, **they cannot scare you anymore.** Because as long as you are afraid of what they might do if you don’t comply, they have power over you. Take the power away from them! **Simply say no.** Once you do that, **they don’t have power over you anymore.** You will feel so free. **Simply say no.**

“And considering what we’ve heard today, and considering what we’ve seen in the last three years. Considering what we know they want to implement, heck, you might even be well within your right to tell them to screw themselves and **go to hell!** That’s where they belong. What will you get out of that? I can tell you. Once you’ve done that, once you’ve told them to just go to hell, **they no longer have power over you.** You will have an incredible feeling — kind of like a sensation of freedom will swap through your body. I promise you will feel so relieved.

“And this is the state of mind that I would ask all of you to get to. Simply don’t let them grind you down anymore. You are worth it. You are deserving of just standing up for yourselves. And **tell them all to go to hell.** Thank you very much.”



How would we embrace and engage with MEP Christine Anderson?

Revealing Living Feelings First to leaders around the world will bring about progress on a scale unimaginable!

MEP Christine Anderson is conservative in her dialogue. The many governments restraint upon their people is driven by the fact that due to the covert manipulation by hidden controllers, most have been compromised and are subject to hidden control imposed agendas. Constituents of electorates have no idea of how such poorly experienced and incapable candidates are imposed upon them – and this is how it is worldwide.

<b>GOVERNMENTAL RESTRAINT upon its PEOPLE</b>					
<b>Nation</b>	<b>Map of Consciousness (MoC)</b>	<b>Population Number (2021)</b>	<b>Parliament</b>	<b>MoC (2021)</b>	<b>Elected Number</b>
Australia	410	25,500,000	Federal Parliament Senate (upper house) Representatives (lower)	380 380 380	227 76 151
China	305	1,440,000,000	Politburo Standing Committee Politburo Central Committee Congress	280 285 290 295	7 24 200 2,000
European Union	380	446,156,000	Parliament	335	705
India	370	1,380,000,000	Parliament Council of States (upper) House of People (lower)	400 410 390	788 245 543
Russia	320	146,000,000	Federal Assembly Federation Council (upper) State Duma (lower)	305 310 300	620 170 450
Ukraine	225	43,750,000	Verkhovna Rada	300	450
United Kingdom	420	68,000,000	Parliament UK House of Lords UK House of Commons	390 380 400	1,433 783 650
United States of America	405	331,000,000	USA Congress Senate House of Representatives	380 365 390	535 100 435
<b>World overall</b>	220	7,910,000,000			

Amazingly, the political systems imposed upon every nation retard the potential of and for leadership. Political nominees and systems continue to be orchestrated to suppress the potential and growth of the people for the benefit of the few hidden controllers. The feudal systems of years gone by imposed hereditary ego-centric leadership that was assured generation after generation without any regard for the advancement of the people. Monarchist leaders may appear to be informed, educated, but were mostly shows of concentration of wealth that should have been shared amongst the population. Now, we have gatherings of elected representatives that are focused upon ‘what is in it for me’ – the kings and queens of kickbacks! Governmental systems are nothing more than the rebadging of centralising of control, power and wealth for the few, whilst the many are enslaved to their power corruption and greed. Inferior political appointees of inadequate consciousness development are eventually entrapped into the manipulations of hidden controllers.

**hidden controllers**

Constituents from within electorate areas ‘nominate’ candidates without comprehending the candidates inadequacies – morally and professionally. Candidates are split into opposing parties. The winning majority then have these incapables elect from within themselves their inner circle, being a cabinet who are said to be the elite from within amongst the inadequate. Then the cabinet elects a leader who essentially is the dictator of the nation until the people wake-up and elect a different group of incapables. Meanwhile, the nation stagnates and the cycle goes around once more. Consideration can embrace the need for no party allegiances after selecting highly professional candidates in the same manner that corporations appoint high level executives while only considering those whose Map of Consciousness (MoC) calibration being above 440.

## The Dark Side of Human Psychology!

<https://www.quora.com/>

The **Pirahã** tribe of North Western Brazil has 8 consonants and 3 vowels in its language. The women use one fewer consonant than the men do. They have no numbers, no fixed colour terms, no perfect tense, no deep memory, no tradition of art or drawing, and no words for “all,” “each,” “every,” “most,” or “few”. The tribe has no collective memory that extends back more than one or two generations, and no original creation myths. The world of the tribe is just what they see and just the present. When asked how things have come to be the way they are, they just reply “It has always been this way.”



How would we embrace and engage with the Piraha tribe of the Amazon Jungle?

What is that we could progressively contribute to their life and wellbeing?

Even though there still remains many long term being isolated communities around the world, including the Australian indigenous peoples, they all have been subjected to the covert control and suppression of the Rebellion and Default through unseen interaction with mostly low level mind Mansion World spirits who continue to being heavily addicted to their controlling ways and maintenance of the dictates of the higher level spirit controllers.

Even throughout remote regions, such as for the Australian Aboriginals, the mind Mansion World spirits imposed themselves so deeply into the psyche of the Aboriginals that they are profoundly impacted by mind platforms through their traditional practices, so much so that they may take longer than most to realise the freedom that comes from Living Feelings First and begin to heal themselves of 200,000 years of living and going in the wrong direction through mind domination.

**Subjection to the Rebellion**

## **EMBRACE YOUR FEELINGS and have YOUR MIND to FOLLOW!**

The capabilities of one's soul based feelings to reveal profound and never before understood truths is beyond question and comprehension. While humanity remains entombed within the mind, humanity is frozen on a course of misery, deprivation and stagnation.

Humanity's education systems have freed us to some extent, however they are extolling the mind as the way to evolve. All our guidance and education platforms are taking us deeper into our wayward minds and further away from our truths to be embraced through our soul based feelings. Our early childhood carers and then all the way through to the highest levels of training and education take us deeper into our minds, suppressing our personalities, and that is further away from our Heavenly Parents.



Only through embracing our soul based feeling truths do we begin to open up to our true selves, our true personalities. While we are mind engaged we have only the potential of a pile of dung! And some of us strive to be king of the dung heap! When we are soul based feeling engaged do we blossom beyond that which is most beautiful of all of nature. Only through our feelings do we begin to discover the potential that is within us all. It is our feeling based personality that we are to release and nurture, and to nurture it we need only ask for and receive our heavenly parents Divine Love whilst engaging in our Feeling Healing. We do not need to strive for academic excellence, that is only worshipping the mind!



John F Kennedy on Saturday, 28 October 2017, wrote: 'In my (JFK) soulgroup (12 soul partner pairs), for example, we have a soulpair who were ignorant natives from the Amazon, who knew nothing about the greater world, having no conception of America, let alone her President. They knew their chief, he was their president, and that was enough for them. And yet these uneducated and uncultured (compared to my revolting standards that I grew up in) people, took to their Healing like so many spirits, and are now every bit my equal, as I am every bit their equal, for we are in the same soulgroup in the third Celestial sphere.'



When a small group here on Earth complete their Feeling Healing while embracing our Heavenly Parents Divine Love, they will demonstrate their inherent truth based wisdom and capabilities. This group may number only around a dozen or so, however, their healed souls will shine so brilliantly in their actions and guidance that the whole of humanity will be able to come to realise that they have been taken in the wrong direction for thousands of years and that the Great U-Turn is absolutely the only way to freedom, our Heavenly Parents, and life on Earth as though it is in Heaven.

**GREAT**  
**-Turn**

## **NOTHING is to REMAIN the SAME!**

Verna, a Nature Spirit, 26 May 2019: You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

Helen, 3<sup>rd</sup> Celestial Heaven, 27 August 2017: You have **the Eastern mind controlling Buddhists doing their bit from long ago, which was a remnant surviving from the Atlantean age**, along with the other primitive and spiritual systems of belief, and now it's all coming to a head for we are arriving at the end of the next Earth age, with The Change, the next cataclysmic event not far away in Earth natural time.

Only the trouble is, there are cataclysmic events periodically that destroy nearly everyone on Earth, and so as each civilisation ended, so was a new 'race' of Chosen Ones selected to be the prime subjects of control for the next age. So it came out of the original Jewish races, or what became the Jews, this time around, and then with Jesus and Mary coming and putting a major spanner in the works by removing the Lucifers and Satans (the Evil Ones), leaving it all in the hands of the Caligastias and Daligastias (C&D). So C&D worked all the Christian stuff into it, even with Jesus returning to do away with the Anti-christ, their (Evil Ones and their controllers) Messiah, just to suck in all the Christians making them think they are on the winning side, then introducing Islam to spice it all up and have the natural foe to fight against.

Helen, 20 August 2017: **The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you've more male domination and the subjugation of feelings – of the woman.**

Helen, 3 August 2017: "Why so many people get stuck in them (a given so-called Holy Book) and can't move on, it is all being what is still required by the **Contract of the Rebellion and Default.**"

**NOTE:** As the Rebellion and Default winds back, the interaction with our invisible friends will become more and more frequent. Higher level personalities, specifically including Nature Spirits, have been restricted from communication by the Universal Contract governing the Rebellion and Default.

## **Most days are classic demonstrations of the wonders of assumptions.**

The error rate of "I think" assumptions is only 98%!  
 The error rate of "In my opinion" statements is only 98%!  
 And the error rate of "assumptions" overall is only 98!

We do fluke it right about 2% of the time.

Read any research paper and count the number of assumptions it becomes based on. ALL scientific research will and is to be revisited and redone.

Why is this so?

Our mind is unable to determine truth from falsehood.  
 Our mind is addicted to control over others, the environment and people in general.  
 Our mind is addicted to untruth.

Consequently, we have been coerced by hidden controllers to live mind-centric.



This control has permeated every facet of our lives and our parents inject into us the 'need' to perfect our brains.

Oddly enough our brains are nothing more than dumb computer terminals. Our brain is an interface between our mind which is part of our spirit body structure and our physical body.

When we separate from our body (die), we lose nothing but a lot of weight.

These hidden controllers have never wanted us to evolve and by us all subjecting ourselves to our minds then they have succeeded for 1,000s of years.

Once we recognise that our personal angst and tensions are of our own making by 'believing' and acting upon our 'assumptions' because we didn't ASK then we can get on with what we feel.

You see, our feelings are always in truth, they are true 100% of the time. The hidden controllers knew that and that is why we are led to be mind-dependent and we are subservient to this trap.

Our feelings are to be first with our mind to follow in support of our feelings – that is how it is meant to be.

Kindly consider, please, go to [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, in the Pascas Introduction Notes, click on to open:

 [U-Turn for Humanity treacherous assumptions New Feelings Way.pdf](#)

Yes, treacherous assumptions can be countered with by ASKING!

This is an important understanding in the work that we are all doing.

# Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities for survival.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living embracing our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.

**Look carefully, this is one photo!**

This is actually 1 photo, not 4, really mind-blowing:



What had we first assumed and now have we assumed about this graphic?

**This time, in the history of humanity, is the most exciting time ever experienced.**



## ASSUMPTIONS *and the* MIND

Whenever a principle or platform of truth is formed around an assumption, then as further truth is revealed, the error may become obvious.

A great deal of custom and passed down practices have evolved through handwritten records which have been copied and re-copied and have then been injected with assumptions that have become the core belief and customs by which people have lived by for many generations.

These platforms need to be revisited and addressed. We will find that these mind derived assumptions have a 98% error rate. We will further find that the mind's propensity to have control of others has distorted matters and that all systems worldwide are in need of rebuilding.

Education, health, science, commerce, legal, governmental and all platforms have evolved through the mind and are all taking us further away from our feelings, our soul-based feelings of truth and are suppressing our true personalities. There is not a man-made system on Earth that is presently founded on truth, the truth that we all long for.

Meanwhile, hidden controllers have seized the moment and have achieved global domination, hoarding massive wealth to the detriment of humanity. Only will it be through a change in the way of living will this and other power bases crumble. We may disturb hidden controllers but if we do not change our way of living they will reassemble their controlling power!

It will only be through the New Feelings Way emerging as a way of living, that education, health services, science, commerce, legal, governmental and all other platforms will be appropriately restructured.

The revelations of Living Feelings First, Feeling Healing and the New Feelings Way have been provided to all of humanity, from the highest authority, to enable each and every one of us to consider the options and possibilities. Our freewill continues to remain sacrosanct.

This revealing has been in the planning and preparation for thousands of years. It was two thousand years ago when the foundations for the arrival of these possibilities and revelations took place when on 31 May 1914 the first writings commenced through James Padgett in what is known as the Padgett Messages. The primary auxiliary writing is The Urantia Book (1925-1935).

The major and most important writings are those of James Moncrief commencing in 2002. This is the focus of the publications that are to be made available in numerous formats and in all of the important languages so that every community, worldwide, will have access and potentially become aware of the teachings and revelations.

**Suppression of feelings being the core cause!**

**Suppression & Repression = Universal Depression**



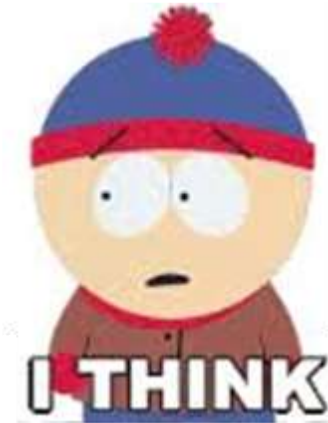
# I Think ...



We frequently find ourselves in a conversation that starts with “I think ...” and we automatically cringe not understanding why we do so.

“I think ...” is our addiction to being controlled by our minds and of suppressing our feelings, our soul based feelings that are always in truth and it is our feelings that we are to embrace and have our minds to follow in support, not how it is for all of us presently.

“I think ...” is innately telling us that what we are about to listen to is what that person’s control and error addicted mind is going to impose upon us and that the conversation will be a pointless endeavour to shift that person to some level of truth and away from control of others.



“I think ...” is the imposition of an assumption or multiple assumptions in keeping each of us submitted to the repression that has been imposed upon us throughout our childhood forming years. This is all about our capitulation to the Rebellion and Default. We can all recall our parents frequently asking us what do we think! The question is to be **“What do you FEEL?”** When you ask that question of a person, their response is instantaneous and it is their soul’s truth emerging – not our mind’s 98% in error assumptions that are tiresome and debilitating to say the least.

~~“I think...”~~

Following our healing and then ascension through our local universe of Nebadon, before leaving Nebadon we return our mind to the Divine Minister and embrace the mind of the Infinite Daughter, the God of Mind. The mind of the Infinite Daughter enables us to progress to Paradise, the home of our Heavenly Mother and Father. The Eternal Son is the God of Truth. The Divine Minister is of the mind whereas Mary and Jesus are of the truth for our local universe of Nebadon.

When we embrace how to use our minds in the appropriate manner, then we will find our minds being wonderful. Our lives are all about experiences and what arises from our feelings about each experience. This is all in preparation for when we achieve our ultimate status as a Finaliter which occurs when we arrive in Paradise. Then we will be well prepared for the ongoing assignments throughout the outer universes now forming.

**IT'S ALL ABOUT**  
**Experiences**  
 &  
**feelings**

# What do you FEEL?

# Assumption + I Think ...



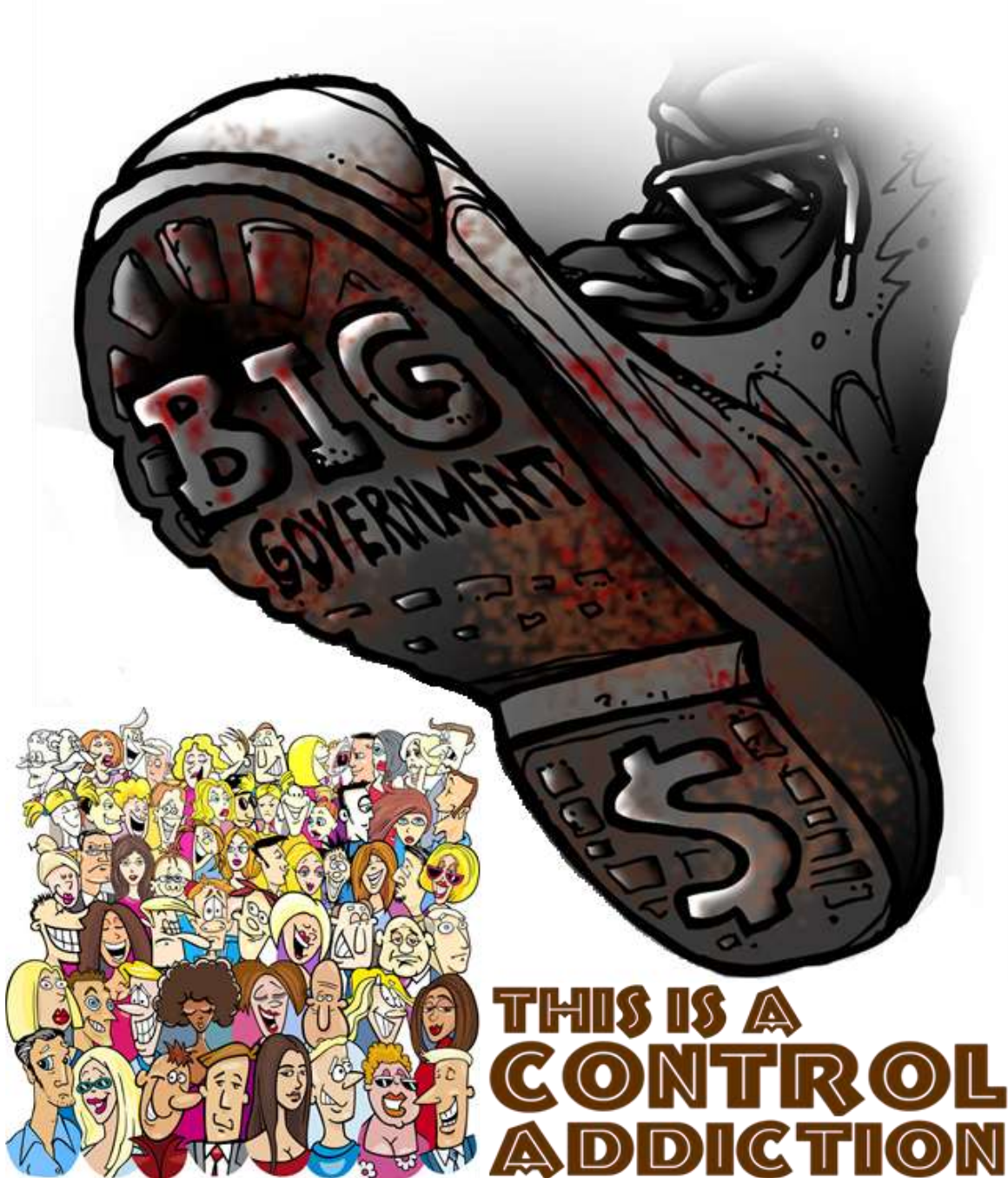
**98% of assumptions are in error, the other 2% are flukes.**

**The best investigation reveals a 96% error rate only!**

**It is not generally understood that our minds are addicted to untruth. Once we recognise this then much becomes obvious.**

**No wonder we may cringe when someone starts a conversation with "I think ..."**

**We are not to impose our will upon another!**



**THIS IS A  
CONTROL  
ADDICTION**

**Our MIND is a CONTROL ADDICT!  
Our MIND is ADDICTED to UNTRUTH!  
Our MIND cannot DISCERN TRUTH!**

**ASSUMPTIONS are the product of the MIND!**

**Our SOUL is OUR TRUTH!  
Our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to FOLLOW!**

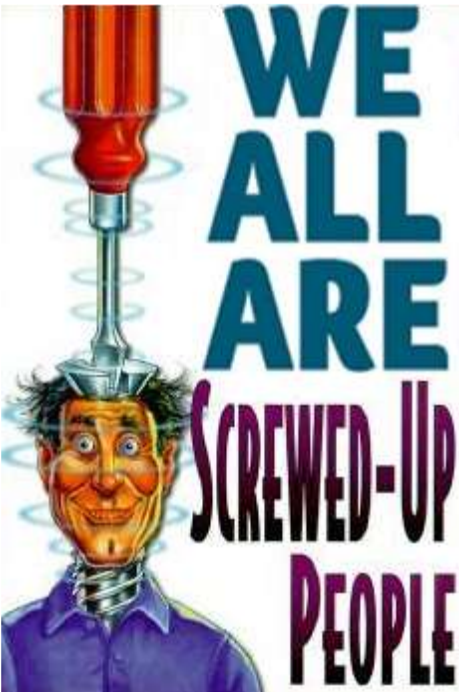


**REBELLION and DEFAULT formally ended 31 January 2018:**

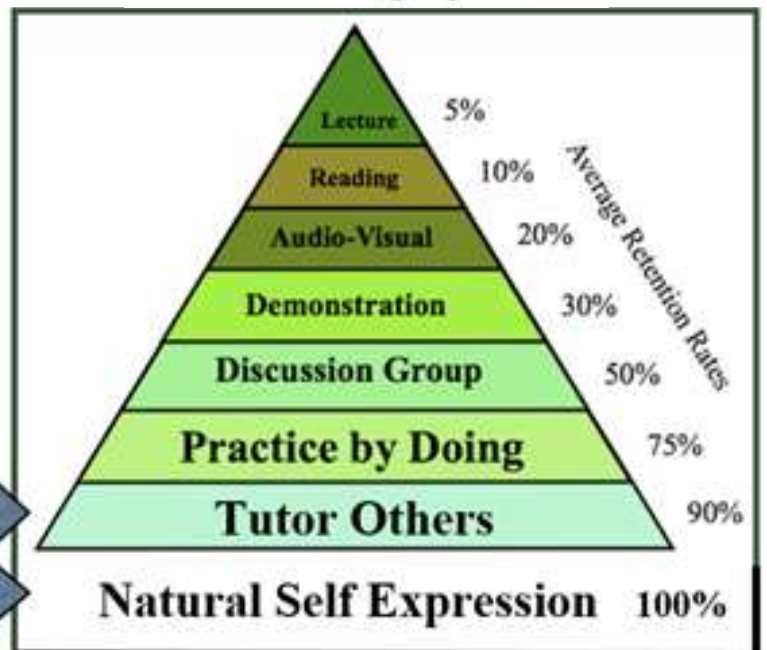


All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.

**WE'VE BEEN SCREWED BY  
LUCIFER REBELLION**



**The Learning Pyramid**



MIND IN CONTROL

This is how it is!



FEELINGS FRIED

## Great U-Turn

Feelings  
in Control

This is how it is to be!

Mind in Support



**A NATION'S or COMMUNITY'S COLLECTIVE CONSCIOUSNESS CONDITION:**

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
<b>WORLD</b>		<b>220</b>	<b>70</b>				<b>US\$10,900</b>

One's soul condition has a direct relationship with all facets of living. To grow and improve one's soul condition is the greatest gift one can give him or herself as it has universal benefits that last for eternity. This is achieved by embracing Feeling Healing through which we commence to repair the damage incurred by the Rebellion and Default that is passed down to us by our parents. Further, by embracing Divine Love with Feeling Healing we are doing our Soul Healing and progressing towards Celestial status.

Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries. Developed economies are within the highest brackets. Civil unrest and wars are most frequent amongst those within the lowest brackets. Consider the average life expectancy and per capita income relative to the MoC calibration. Consider education as the crux of progress and development. Then review the above table for the rate of unemployment, rate of poverty, happiness rate 'life is okay' and rate of criminality.

<b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems</b>				
<b>Level of Consciousness</b>	<b>Rate of Unemployment</b>	<b>Rate of Poverty</b>	<b>Happiness Rate "Life is OK"</b>	<b>Rate of Criminality</b>
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

Carefully compare these two charts together please. Closing the gap between segments of society is not an issue that can be resolved other than by bringing about the awareness that continuing to embrace and live by traditional family customs and beliefs is locking oneself into the hereditary illnesses, stagnation and grief that has gone on within that family and community for generations. It is only through embracing our feelings and having our mind to follow, not as how we have been taught to live, that we can achieve the freedom that truth brings and consequently growth and vigour into our lives.

## Profile of Indigenous Australians

<https://www.aihw.gov.au/reports/australias-health/profile-of-indigenous-australians>

**Population size and location:** In 2016, an estimated 798,400 Aboriginal and Torres Strait Islander people were in Australia, representing 3.3% of the total Australian population (ABS 2019b).

Among the Indigenous Australian population in 2016:

- 91% identified as being of Aboriginal origin (an estimated 727,500 people).
- 4.8% identified as being of Torres Strait Islander origin (an estimated 38,700 people).
- 4.0% were of both Aboriginal and Torres Strait Islander origin (an estimated 32,200 people) (ABS 2018a).

Based on the Australian Bureau of Statistics (ABS) projections, the number of Indigenous Australians in **2022 was estimated to be around 896,300**. The Indigenous Australian population is projected to reach about 1.1 million people by 2031 (ABS 2019c). Aboriginal population of Australia MoC 290

## Population – Australian Bureau of Statistics

<https://www.abs.gov.au/statistics/people/population>

Australia's population was *25,978,935 people* at 30 June 2022.

## Australia Population (2023) – Worldometer

<https://www.worldometers.info/world-population/au...>

The current population of Australia is *26,253,734* as of Saturday, January 21, 2023, based on Worldometer elaboration of the latest United Nations data.

Australian population overall

MoC 415

## Aboriginal Dreamtime Stories

MoC 280

Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600+	0%	0.0%	100%	0.0%
500-600	0%	0.0%	98%	0.5%
400-500	2%	0.5%	70%	2.0%
300-400	7%	1.0%	50%	5.0%
200-300	8%	1.5%	40%	9.0%
100-200	50%	22.0%	15%	50.0%
50-100	75%	40.0%	2%	91.0%
<50	97%	65.0%	0%	98.0%

**Researching the profile of any community can assist greatly in determining the appropriate pathway and support for such community, mainly through education.**

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. We are to long, ask, seek to understand the truth behind what our feelings are drawing our attention to. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**



## Torres Strait Island Regional Council – mostly Aboriginal populations:

Empowering our people, in our decision, in our culture, for our future

<http://www.tsirc.qld.gov.au/our-region/torres-strait/geographical-location-and-map>

<b><u>TORRES STRAIT POPULATION</u></b>		<b>MoC</b>	<b>MoC</b>
<b>Eastern Islands</b>	<b>Population No</b>	<b>Calibration</b>	
Mer (Murray Island)	450	193	
Erub (Darnley Island)	400	190	
Ugar (Stephen or Stephens Island)	80	175	
	930		188
<b>Central Islands</b>			
Iama (Yam or Turtle-backed Island)	350	180	
Masig (Yorke Island)	180	174	
Warraber (Sue Island)	250	175	
Puruma (or Poruma) (Coconut Island)	180	172	
	960		178
<b>Western Islands</b>			
Badu (Mulgrave Island)	900	180	
Moa (Banks Island) Kubin Community	350	176	
Moa (Banks Island) St Pauls Community	240	175	
	1,490		177
<b>Southern Islands</b>			
Waiben (or Wayben) (Thursday Island)	2,610	205	
Keiri (or Kiriri) (Hammond Island)	220	188	
Nurupai (or Ngurupai) (Horn Island)	600	195	
Muralag (Prince of Wales Island)	20	180	
	3,450		195
<b>Northern Islands</b>			
Saibai (Saibai Island)	400	176	
Boigu (Talbot Island)	260	175	
Dauan (Mt Cornwallis Island)	150	174	
	810		175
<b>Cape York communities</b>			
Bamaga	800	179	
Seisia	165	177	
	965		178
	<u>8,605</u>	<u>8,605</u>	<u>194</u>
<b>Torres Strait Population:</b>			
Indigenous / native + PNG population	84.0%		
Non-indigenous / white population	16.0%		
	<u>100.0%</u>		
<b>Northern Territory</b>			
Katherine	10,000	199	
Tennant Creek	3,100	204	
Alice Springs	25,200	218	
<b>Australia (overall)</b>			<u>415</u>

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, scroll down to Kids of the World and click on to open the PDF:



[Pascas Care Kids of the World Communities Torres Strait.pdf](#)



[Pascas Care Letters Homelessness.pdf](#)

# **A Nation's Persona! National Psychic Barrier**

Psychic barriers are very real and seldom considered. We are each indoctrinated with our parents' customs, practices, beliefs and way of living yet we rarely question any of these life forming pathways – so then we do the same to our own children. This is how it has been for many thousands of years – these are all psychic barriers.

We are being indoctrinated with new ones – evidence-based best practice and follow the science.

Science is the pinnacle of mind-centricity. It is the ultimate worship of the mind. Read any scientific research paper and count the number of assumptions it is based upon. Simply taking note of your own experiences, you may discover the error rate of assumptions is around 98%. We find many assumptions within every scientific research paper.

Evidence-based best practice. Someone must define what is the 'best' and then are we stuck with that limitation for generations to come?

The reason why we cannot 'close the gap' on anything is that mind created systems are universally flawed. We need to allow our feelings to have centre stage and then for our minds to assist in implementing what our feelings are guiding us to consider. We are too long for the truth behind what our feelings are revealing to us.

Many of the Australian aboriginals have moved away from their cultural heritage to varying degrees and integrated into mainstream society seamlessly. Many have leadership roles which the whole of the Australian society accept and respect. These are mostly people who have freed themselves of the customary practices and explored and embraced a freedom of their personal preference – as we are all to do.

Our Australian Aboriginals reflect often on Aboriginal Dreamtime Stories. Their origins are the same as spirit generated communications worldwide. When we each pass over into the spirit Mansion Worlds, our capabilities are exactly the same as that which we had the day before we left our physical body. Our intelligence and knowledge remains exactly the same. We go on having experiences like how it was for us in the physical world, we continue learning from our experiences. Some of us are much more open to recognising and receiving communications from spirit personalities. However, most communications are little different to that we experience from talking to companions at any social gathering! These stories grow in mystery and mastery as we embellish them in our re-telling.

## **Aboriginal Dreamtime Stories**

MoC 280

Dr David R Hawkins, psychiatrist, published the Map of Consciousness (MoC) in "Power vs Force" and it is not a lineal scale, it is based on the common log of ten, a 10 point increase is 10,000,000,000 increase in energy. Anything calibrating under 200 is false, anti-life and just needs to be avoided, yet the majority of humanity calibrates under 200 – hence worldwide crime, stress and disasters prevail.

The Bible of Christianity calibrates around MoC 475. That is referring to both the old and new testaments. The Pascas Papers calibrate at a perceived level of truth of 880 to around 920, with a general potential level for truth of 1,480.

**NO CAST, NO COLOR,  
NO CREED AND NO CASH**



**ONLY PURE INNOCENCE**

**Worst thing for our children are their parents!  
We are in Pain because of our Unloving Childhood!**

# VOICE

We each are to VOICE our pain - the pain from within!

And our pain is our Childhood Suppression.

This being our families' traditions and customs of unknowing erroneous ways.

It is the untruth of held spiritual platforms.

It is our own imprisonment within our mind of arrogance and control addiction.

It is the imposition of control placed on us by those from many levels of influence!

We each are to VOICE our pain to a companion who has compassion for us, and long for truth!

We are to discover that truth which is freedom and love that has been hidden from us.

We are to discover that our feelings are our truth.

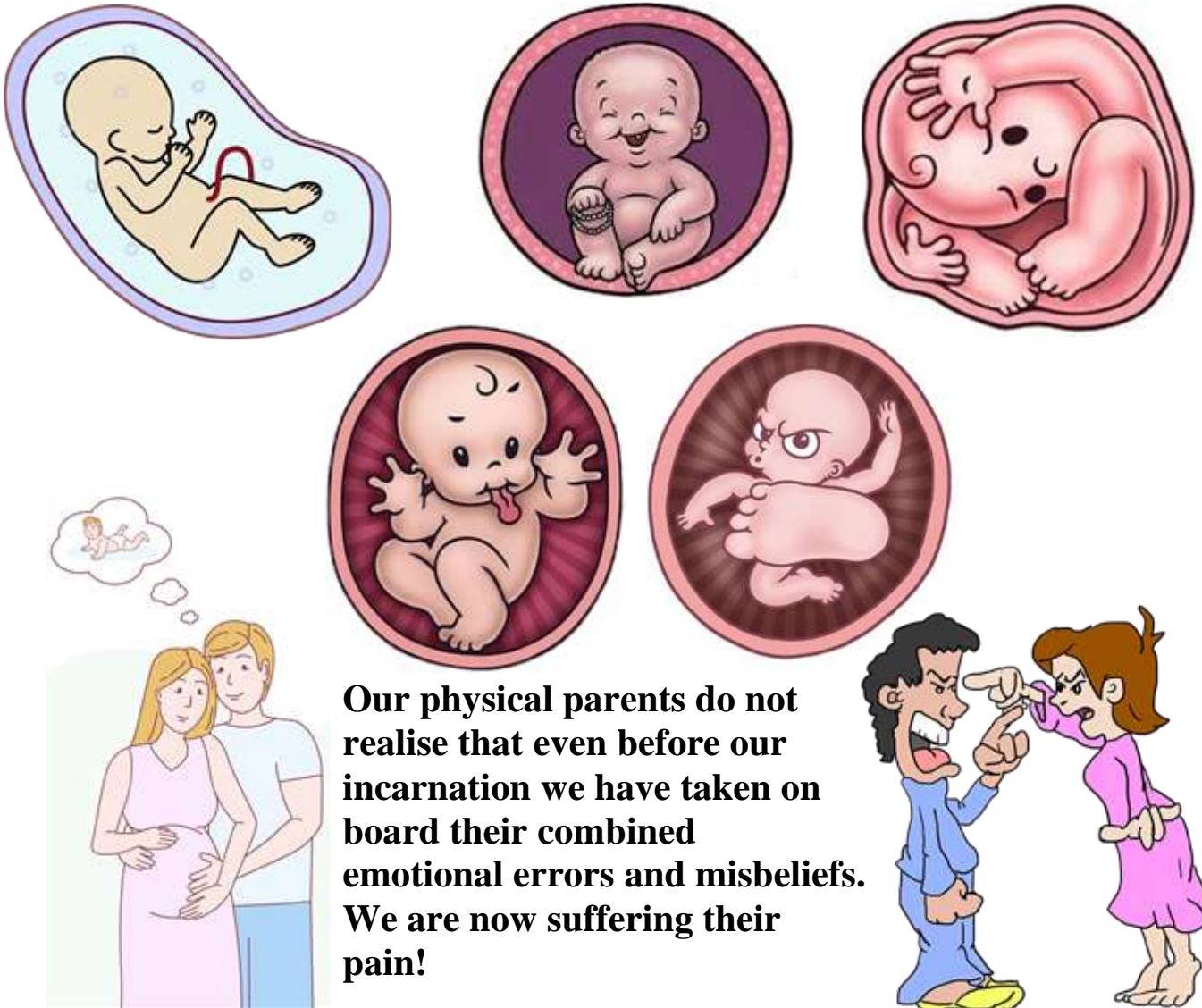
We are to discover that we are each fully self-contained - truth is within us - and that it is our soul based feelings that generations have told us to suppress and ignore.

No more controlling institutionalised systems are required! - NONE!

# VOICE

## **OUR INDUCTION into PHYSICAL LIFE:**

**At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!**



**Our physical parents do not realise that even before our incarnation we have taken on board their combined emotional errors and misbeliefs. We are now suffering their pain!**

**We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.**

**Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.**

# NOTHING IS FORGOTTEN



The moment of our conception will ultimately be remembered as a most stressful and damaging experience. We are literally continuously fire hosed with our parents' emotional injuries and erroneous beliefs – and they do not even know we have arrived!



We, as parents, may tell ourselves that our children 'will get over it', 'they will forget about it!' That is a gross lie and error – we each do not forget ANYTHING!

We are each to heal ourselves of the hurt and harm imposed upon us by expressing what we feel, both good and bad, and long to understand the truth behind what our feelings are drawing our attention to.



It is through these corruptions (errors of belief, emotional injuries, events that we have not been allowed to complete, our will being imposed upon, controls imposed upon us by others trying to make us be who we are not, etc.) that our energy flows back to our soul are degraded and that ultimately damages our physical and spirit bodies bringing about discomfort, pain, illness and disease. It is the imbalance of the flow of energy from our soul and that which we return that is the underlying cause of all identified illnesses, maybe all 10,000 or more so far catalogued.

In our senior years, many of us are said to be losing our memory and awareness of what may be unfolding around us. Nevertheless, we each will remember everything that is imposed upon us and what unfolds for us. This is recorded within our spirit body and soul's memory. Everything throughout every moment of our life is recorded, never to be lost.



It is only when we heal our erroneous beliefs and emotional injuries through our personal Feeling Healing that we will 'forget' the pain and suffering that we have had imposed upon us throughout our life, from conception to death, by those who sought to control us and impose their will upon each of us and our ongoing repression of our childhood suppression.

# NOTHING IS EVER FORGOTTEN

## **We are spirit personalities having a physical experience.**

Following conception, should we not be miscarried or aborted, then we go on to have a physical experience within an ethnic community that we have had no knowledge about and following our return to spirit life we will have little to do with and for a short time only. Our spirit life then progresses for us to heal ourselves of what we each had taken on of Earth's Rebellion and Default. As we heal we disconnect from our Earth family and eventually find our soul partner and then our soul group, our true family. After a period we even disconnect from Earth totally.

Mother Mary, of the Catholic Church and its Rosary, she has even left our local universe of Nebadon. Those who petition Mother Mary through the Rosary cannot be heard by her and as in the past, she can do nothing for those who still do!

All institutionalised systems on Earth are manmade and are all corrupted for the benefit of hidden controllers – there are no exceptions.

Ten to 12 pivotal companies, assisted by another 3 dozen, run the world's food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (R and R). They control processed food chains that deliver nutritious neutral food that is laced with sugar, salt and fats, creating global obesity and health issues worldwide. Through their octopus of secret societies they manipulate governments and positions of power worldwide with impunity.



Modern western medicine suppresses the symptoms of illness and disease, however there is no curing by doctors who apply 'procedures' learnt by rote in a robotic zombiism that kowtows to the pharmaceutical industry and their profit driven agendas. 10,000 illnesses identified with some 500 that can be 'cured'!

Education systems that apply the least productive learning processes using curriculums that generate growth in compliance to those of hidden control.

Religions will be seen for what they are – power concentrations made by man!  
 Endeavours to make countries 'great again' is going to see powerful countries break into much smaller parts and borders of control become the hindrances of the past.

## **All suppressions are now to be ended by exposing what the Rebellion and Default is!**

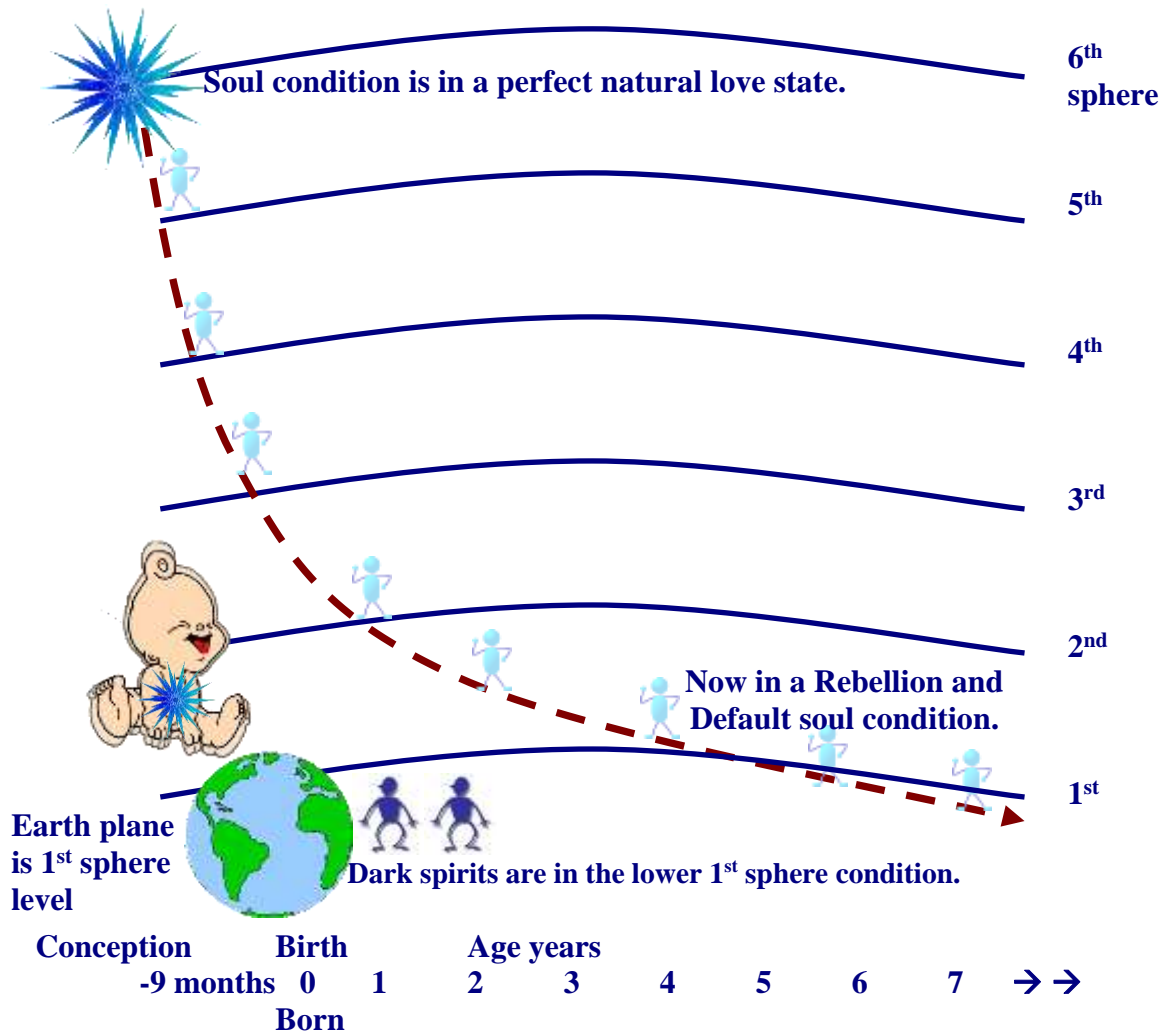
**SOUL CONDITION of BABIES are SUPPRESSED to that of its PARENTS!**

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of six, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents. Kinesiology testing of Map of Consciousness confirms this suppression progress. Conception can be likened to facing a water cannon for the child!

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask and prompt spirits to seek help from brighter spirits from within their own environment.





We fear our childhood memories!



Intimidating verbal abuse

**TERROR**

What we are most afraid of, scared of, are our bad feelings – from within our time in the womb, in nappies, toddler, early, early childhood. We are confronted by mountainous sized people – called parents!

It is like as though we are plugged into an electric socket – being continually shocked.

And nothing exceeds the terror of conception – being fire hosed continuously with emotional injuries and errors from whom we come to know as our parents! It is all retained and we recall these events!

# The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling  
Unloved  
and  
Unwanted**



**EMOTIONAL  
ABUSE from  
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!

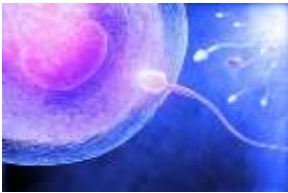


**Suppression & Repression = Universal Depression**  
 Suppression of feelings being the core cause!

**OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:**

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

**Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.**



**Somehow, we go on smiling and laughing...**



# The problem with humanity is that:



We accepted our parents as being 'gods'!  
Then we accepted our teachers as supreme educators  
Then university professors implied all knowing  
3,400+ Religions ALL hold the only truth!  
Now only our employers are to be obeyed!  
Over all of these are numerous government layers!

All direct us to worship our minds  
All suppress and ignore our feelings  
None allow our true personality to be expressed  
We are all in some form of depression and stupor!

We are to aspire to and live Feelings First  
and long for the Truth that our Feelings show us!  
And long for the Love of our Heavenly Parents!

# CHILDHOOD TRAUMA



Throughout our forming years, from conception to around age six, we are immersed in the unloving guidance and care of those who feel they are loving. The accumulation of injuries, errors, hurt, are all of an ongoing harming nature being disturbing frozen energy that manifests aspects through the rest of our life. The suppression and ongoing repression of our natural self expression during our formative years is the foundation of all our suffering throughout our life.

Suppression and ongoing repression of our natural self expression underlies our quality of life, it is the predictor of our level of employment, poverty or otherwise, our physical health, generator of our illnesses, our quality of relationships and all aspects of our everyday living, good and bad.

We can free ourselves of living life like a retard, yes, that is about how we emerge from our early childhood. We, as parents, are yet to discover how to bring up children. First we are to liberate ourselves from keeping suppressed our childhood repression, and this we now can do through Feeling Healing.

“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don’t want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you’re not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.”

James Moncrief 28 May 2018



put children first

## **WE TUMBLE INTO THE ABYSS BY SUBMITTING OUR WILL TO THAT OF OUR PARENTS:**

At the moment of conception your soul activated your will to become of your Earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing. Jesus

**Messages from Mary & Jesus** – Message 33 9 January 2003

## **NOW WE CAN CLIMB OUT OF THE ABYSS BY EMBRACING OUR FEELINGS:**

Life IS ALL ABOUT FEELINGS. YOUR FEELINGS ARE YOU – ACCEPT THEM, AND YOU'RE ACCEPTING YOURSELF.

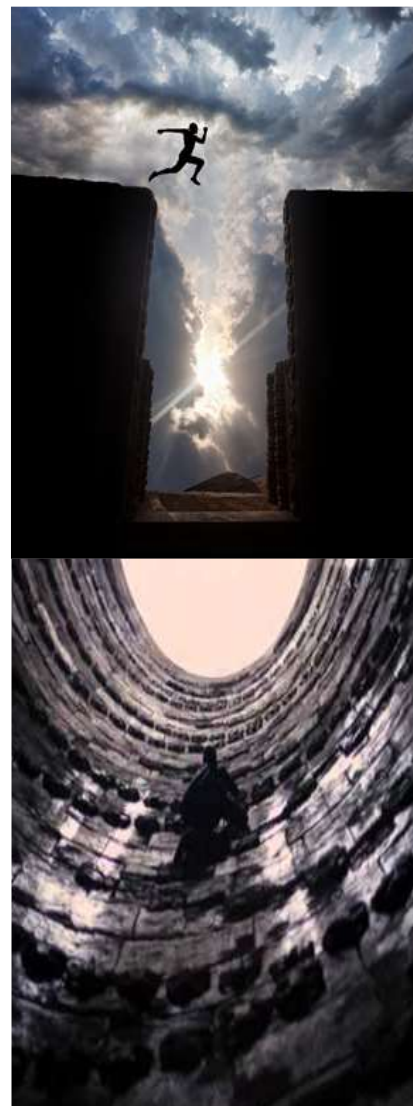
Only by following what Mary says regarding the doing of your soul-healing, the honouring and living true to your bad feelings and exposing all your childhood repression will you be able to heal all such pain and problems.

The Truth of your world is all about you. Many generations have believed in and tried to live how the Bible says, but has it healed all ills? Have wars and hatred stopped? And why have Christians done so many bad things? Why does all the self-criticism and self-denial still exist? Why are people mostly only interested in gaining power; and why do the rich still dominate the poor?

The religions and spiritual systems of humanity have failed to deliver life in the Promised Land, living free from all pain and suffering. And they will continue to fail because they themselves are founded on the negative. They are not true; do not teach the Truths of Divine Love; do not encourage people to live true to their feelings.

You are hopelessly bound up in your parent's lives. They have made it that way. The freedom and self-control you may feel you have is only relative to them. They – your very own mind – is the evil one, you are the evil one living with your mind overpowering you in every moment. The Golden rule is: never interfere with another's will.

I, Mary Magdalene, was able to feel my feelings, as I was not trained too heavily to deny them, and then with and through them, find out the truth my soul wanted me to see. The truth of your negative state is what's missing from your world. It's the only thing that will open the way to show the right and true and correct way to live. **The Rejected Ones – Living True to One's Feelings** by James Moncrief



# We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to rise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.





**Say it again mum - louder!**

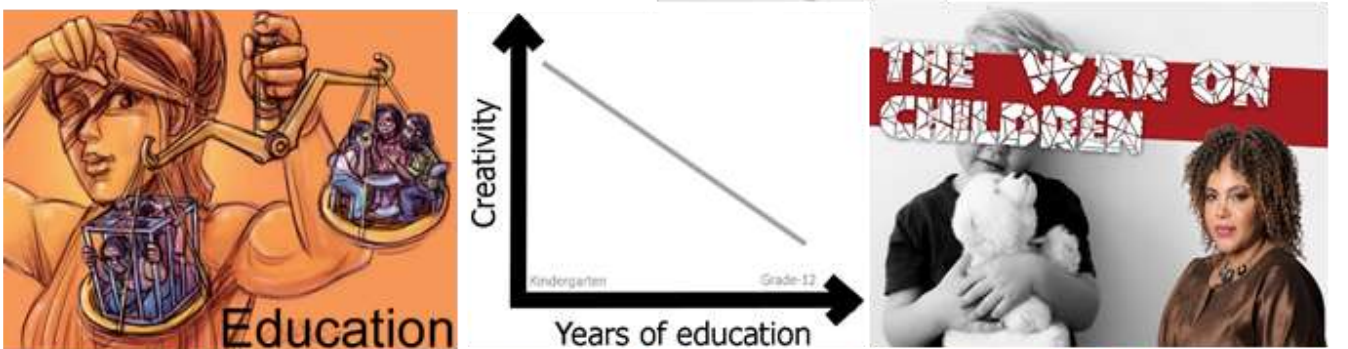


*Hey kids - let me show you!*



**Control commences with Parenting, then Education, with Religious Clergy, Higher Education, and then Military Service, Employment in all fields, and Government at all levels, without respite.**

**Our parents suppress our true personality and we are our childhood throughout our adult life.**



# This Suppression is now to be Ended!



From **CONCEPTION** through to **GRAVE** we are **CONTROLLED**.  
**Our Parents and Carers** suppress our true  
**Personality** and we continue with repression  
**throughout our adult life!**

## WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth, 3<sup>rd</sup> Celestial Heaven, 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.



Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

## **BUT THERE ARE FURTHER LAYERS OF CONTROL!**



Federal, state and local governments impose their 'rule' upon the people that appoint them to serve these very same people!

Instead of assisting their people, governments at all levels impose restrictions and controls.

The same people who 'elect' the members of parliament do not realise that the 'nominees' are often puppets of hidden controllers.



## **HIDDEN CONTROLLERS**



'Heads of society' are considered leaders. The 300 Bilderberg Club members are (short term) leaders throughout the world, but these are controlled by some 30 families (medium term),

who in turn are manipulated by 12 (long term) families. All of this is managed and imposed by global secret society networks under the direction of the 12 long term families and their chairman.



# **CONTROL DISRUPT**

By visiting [www.pascashealth.com](http://www.pascashealth.com) then going to the Library Download page, scroll down to the Pascas Care Letters section, kindly consider downloading the following:

-  [Pascas Care Letters Family Shelters Abuse & Remedial.pdf](#)
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-  [Pascas Care Letters Family Shelters Per Capita Inequality.pdf](#)
-  [Pascas Care Letters Family Shelters Protection.pdf](#)
-  [Pascas Care Letters Family Shelters Social Housing.pdf](#)
-  [Pascas Care Letters Family Shelters Support Centre.pdf](#)
-  [Pascas Care Letters Family Shelters towards Liberation.pdf](#)

# WE ARE ALL BEING PLAYED

**DIVIDE & CONQUER: IF THEY KEEP US FIGHTING WITH EACH OTHER, WE WILL NEVER FIGHT THE TRUE ENEMY... THE ESTABLISHMENT!**



## **DIVIDE AND CONQUER MECHANISMS:**

Skin Colour / Tone Bigotry	Class & Social Structures
Borders & National Cultures	Militarism is all Wrong
Language Divides	Societal Customs & Practices
Financial Enslavement	Debasement of Education
Professional Snobbery	Sexual Preference Bigotry
Assumptions Err 98% of the time	Political Division
Mind-Centrism Stagnation	Religious Bigotry
Mind Control Addiction	Mind Untruth Addiction
Institutional Controls	Leadership Propaganda & Lies
Parental / Teacher / Religion / Employer / Government suppressions	
Potable Water Security Food Security Safe Shelter Security	
Universal suppression of all peoples by covert controllers	
Living Mind Centric is prohibiting spontaneity & freedom	
Living Feelings First is living in truth & freedom !	
Women Liberating	Childhood Suppression to end

## **PAIN IMPOSED is PAIN ENDURED**

Whatever pain or discomfort we cause to come upon another person, either directly or indirectly, is the equal amount of pain we each will endure.

And this applies to all forms of control we imposed!

With the quickening of the Law of Compensation we will instantly endure that pain before we can inflict it!

Parenting, namely Childhood Suppression, is the biggest of all errors.

DIVIDE and CONQUER STRUCTURE:

# DIVIDE & CONQUER STRUCTURE



perfectly imperfect

**The SinBins**  are to **EVIL**  empty!

*Ten ducks in a row, but one always misleading or misled!*



**TurningPoint** 22 July 2023

# DIVIDE & CONQUER STRUCTURE

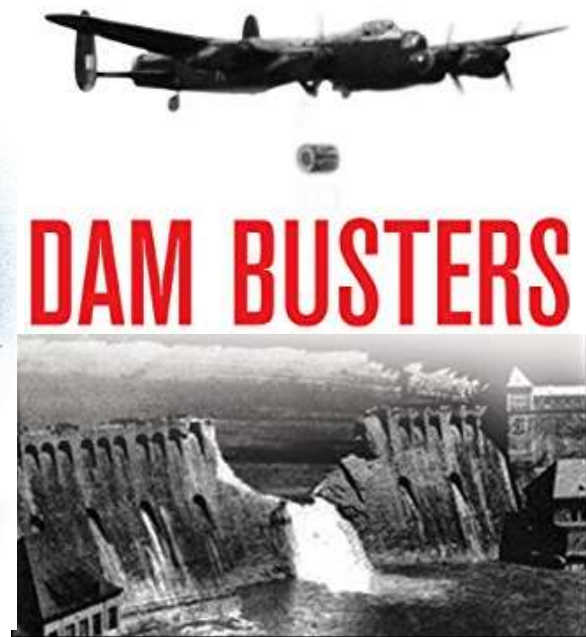
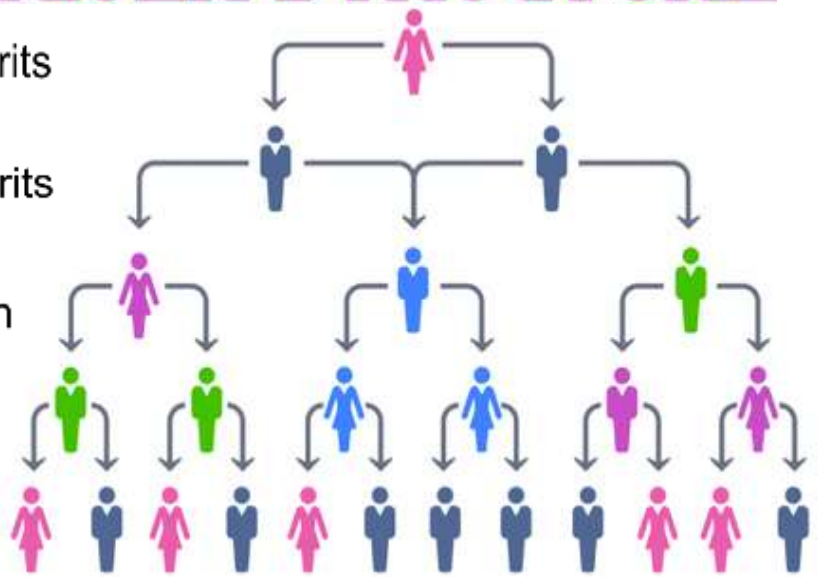
Rebellious Lanonandek Spirits

Mind Mansion Worlds Spirits

Hidden Controllers on Earth

Puppet Leaders on Earth

Earth's Humanity



ONCE YOU KNOW -  
YOU CANNOT UNKNOW!

Mary Magdalene



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017



Rebellion and Default  
officially ended  
31 January 2018  
Great U-Turn  
now ready for mobilisation  
22 July 2023

**REBELLION** & **DEFAULT**  
officially ended  
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**GREAT**  
**-Turn**  
now ready for mobilisation  
22 July 2023

# CLOSINGS DOWN THE REBELLION & DEFAULT INTRODUCING THE AVONAL AGE OF 1,000 YEARS

Level 1 control **Rebellious Lanonandek Spirits**



Jesus and Mary Magdalene as well as the Avonal Pair addressed the Lanonandeks.



**Lucifer pair** **Satan pair**  
Arrested and imprisoned 26 CE

**Caligastia pair** **Daligastia pair**  
Arrested and imprisoned 1993 CE

Level 2 control **Mind Mansion Worlds Spirits**

Mind controlling spirits blocked by Celestials. Helpful spirits now aiding Earth's humanity.



Nanna Beth



**Hidden Controllers on Earth**  
Level 3 control



Each level on Earth being separately and collectively addressed.

Collectively we are all



**Puppet Leaders on Earth**  
Level 4 control



**DAM BUSTERS**



**Earth's Humanity**  
Level 5 control

**PASCAS**



**GREAT**  
**✓-Turn**



22 July 2023

## 1 Rebellious Lanonandek Spirits

Paradise spirit personalities imprison the rebellious Lanonandeks, the evil ones, in CE 26 and CE 1993 ending their domination over humanity.

## 2 Mind Mansion Worlds Spirits

Celestial Spirits block the influence from controlling mind Mansion World spirits over Earth's humanity commencing on 22 March 2017.

## 3 Hidden Controllers on Earth

Law of Compensation quickening commences 22 May 2017. Hidden Controllers on Earth now having their finances impeded and their influence destabilised.

## 4 Puppet Leaders on Earth

Puppets of Earth's hidden controllers are to be 'embarrassed' into embracing the wishes and needs of their constituents and deliver humanitarian programs.

## 5 Earth's Humanity

PASAS FOUNDATION, on 22 July 2023, now to bring awareness worldwide of The New Way to all of Earth's humanity. Enter the Great U-Turn and ending of the Rebellion and Default.



**PASAS**  
**PER**



Symbolising the elephant in the room is depicting the Childhood Suppression that has been imposed upon every child throughout the 200,000 years of the Rebellion and Default, however many personalities have now joined together to bring about The New Way, the ending of the Rebellion and Default, the Change Over from the Age of the Creator Daughter and Son, being the past 2,000 years, to the Avonal Age which will be the next 1,000 years.

Each of the many 'elephant' personalities involved to bring about the Great U-Turn can be depicted by the graphic above, however it involves personalities throughout the Celestial Heavens, 1, 2 and 3, it involves personalities throughout the spirit healing Mansion Worlds, 3, 5 and 7, none are greater than the Avonal Pair. In the physical there are three personalities that have collaborated unknowingly on this single journey, they now have a surprisingly small number of supporters, however that support is about to grow dynamically and exponentially.

Then there is one stalwart lady who has on her own successfully embraced her Feeling Healing, and with Divine Love, her soul healing. She is the first to succeed in all of humanities 993,500 year history. She has demonstrated personally what the Avonal Pair have come to Earth to Reveal.

It is the Avonal Pair who have bravely taken on the extremes of Earth's Rebellion and Default and commencing in 1993 slowly and painfully worked their way through, what they call, the Feeling Healing process to demonstrate the way for all of Earth's humanity, both here in the physical as well as within the spirit Mansion Worlds 1, 2, 4 and 6. Thus, their success will see the introduction of the Avonal Age, the coming 1,000 years for Earth's humanity.

**Avonal AGE 1,000 YEARS**



# **PSYCHIC BARRIERS to CHANGE!**

**To put it succinctly:**

**We have been driven, generation after generation, to embrace our minds to the point that we blindly worship our minds, due to the fact that high level spirit controllers considered we would fall to their coercion.**

**Our minds are addicted to:**

**Control over others;**

**Control over our environment.**

**That males are now addicted to having females subservient to their control.**

**That our minds cannot differentiate Truth from Falsehood.**

**That our minds are addicted to untruth and that 'fake news' and propaganda will be believed by a gullible, subservient audience.**

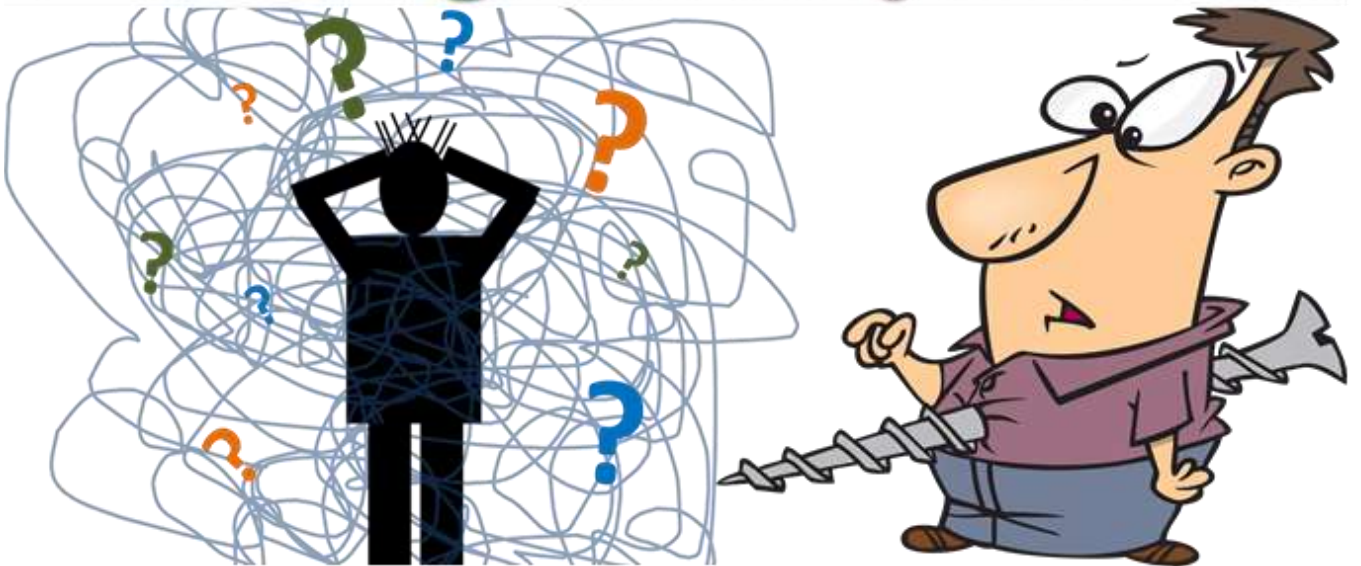
**That consequently, the sheeple will march to war without questioning.**

**So, financial gain for the few hidden controllers is the trigger for never ending wars, if they cannot enslave nations through debt by other means!**

**We, here on Earth, live in a physical HELL!**

*Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.*

**We are being screwed by our Minds!**





### Working with your BAD feelings.

Talk to someone who has your interest at heart.

To someone (or out loud to God) who listens without making you feel like you're being judged. Someone who really wants to know how bad you're feeling and won't stop you saying how bad you feel. Someone who won't try to change the way you are feeling.



Express your bad (and good) feelings with the full emotion of them, all whilst you really want to know the truth of why you are feeling them. Want to know the deeper reasons why you are feeling bad.

And keep talking, expressing; bring out all your feelings until there are no more to express. And this can happen quickly; or can take days, weeks, months, even years, working at expressing the same bad feelings, time and time again, always longing for the truth of them.



And you keep talking until the truth comes to you. Your feelings are to show you the truth of why you are feeling them. You have to want to know that truth with all your heart, to find it and see it through your feelings.

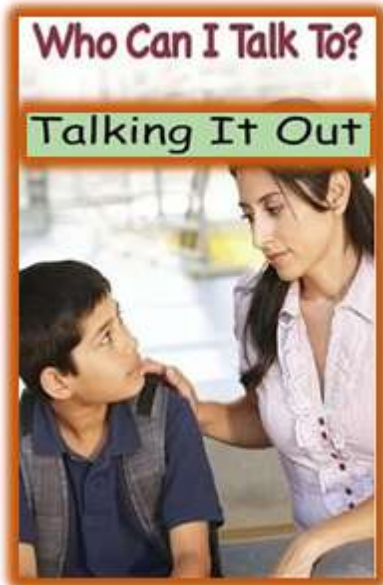
When you have a bad feeling, it is your feeling, and if you stop yourself feeling and expressing it, you are stopping yourself getting to know why you have that bad feeling – the deeper reasons why and not just the more obvious superficial ones. You are stopping yourself being a fully self-expressive person in your life and in the world.



Your true personality was prevented from being fully expressed through childhood. To become true, to be your fully expressive self, it's most important to ensure you always express ALL of your feelings, and particularly all your bad ones; all with the strong desire to know the truth of why you are feeling them.

In time the truth of yourself will come to you through your feelings.

We are to be our true personality, our authentic self!



LET'S TALK IT OUT

The text 'LET'S TALK IT OUT' is written in a large, stylized font. Each letter is filled with horizontal stripes in blue, red, and white, with a black outline.

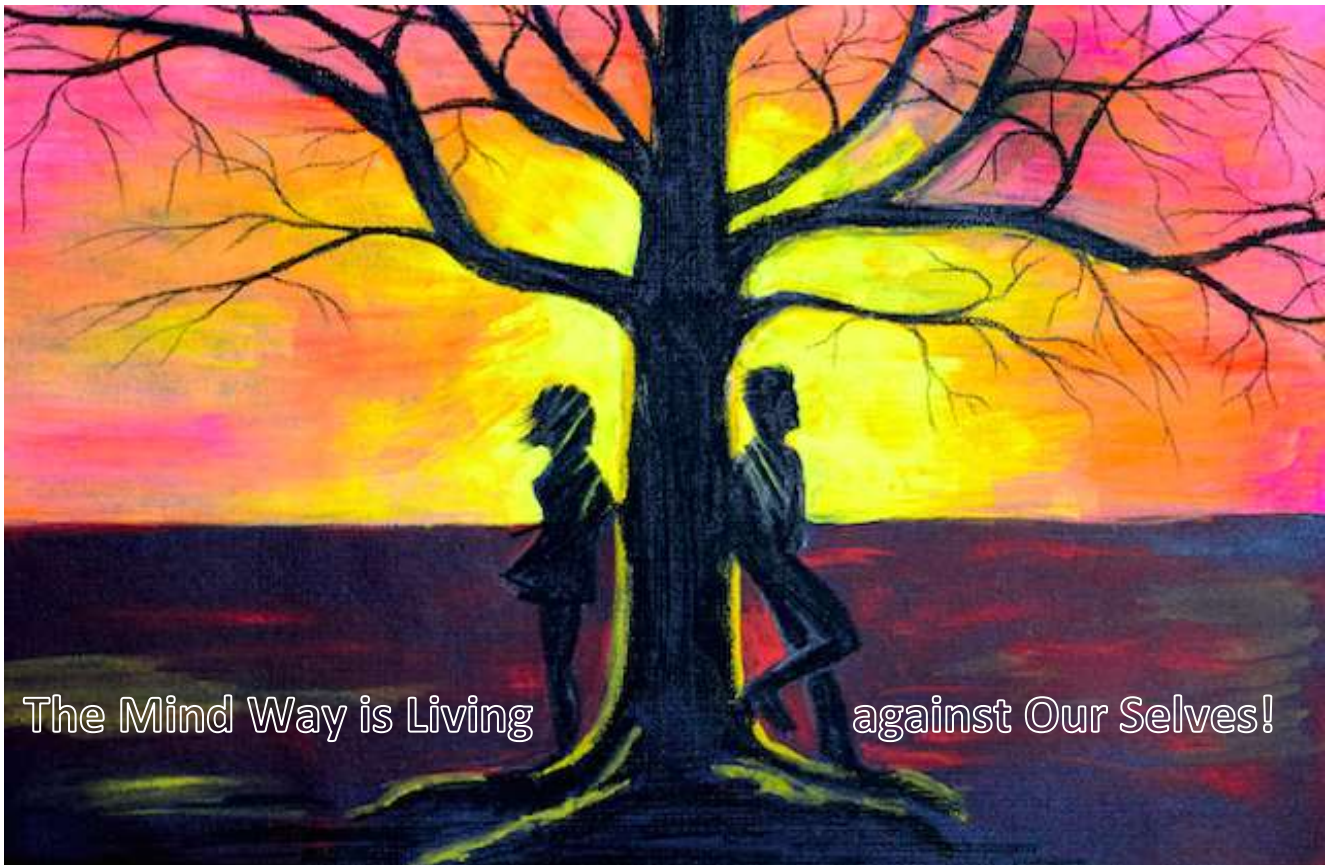


**Living Mind dominated is  
claustrophobic and suppressive!**

***The Glass Ceiling***



**The Mind presents a treacherous glass ceiling!**



The Mind Way is Living

against Our Selves!



## Our FEELINGS are our SUPREME GUIDES:

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin 26 September 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin, 1<sup>st</sup> Celestial Heaven, John's brother-in-law: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James the Revealer – Introduction Course to Divine Love Spirituality

## NEW FEELINGS WAY A WAY OF LIVING.

The New Feelings Way is working with your feelings to uncover the hidden truth of yourself. It's to find the Truth of Yourself Through Your Feelings. So the two have to be worked in conjunction with each other: Expressing ALL, and most importantly, ALL YOUR BAD FEELINGS, which we are more than likely denying, all so we bring the truth of why we are feeling them to light. This is getting to know ourself – the truth of how we are. It's living true to our feelings. Accepting, expressing and longing (wanting) to find the truth of them within ourself. It is a way of living that embraces and looks to express all our feelings and emotions so we can see what they are all about, what they are showing about ourselves; unlike how we live denying the truth of our feelings and basically not having a clue about ourselves and why we're feeling what we are.

The difference as to living as we currently do – the Old Way – which is mostly feeling-denial and believing we are expressing our feelings, is still not longing for and wanting to uncover the truth of those feelings. We live denying ourselves the truth of ourselves, because we don't want our feelings to lead into the truth and horror of how unloved we felt during our childhood, and how we still feel unloved.

The New Feelings Way, is doing the opposite of this. Stopping what we are doing, focusing on our bad feelings in particular, the ones we are most likely to deny; fully acknowledging them, bringing them up and out of us by expressing all they make us feel and all we feel having them, all as we long and want with all our heart to know the truth of why we are feeling them. Understanding that that truth is going to be very confronting, because it's going to show us the truth of all our relationships, with ourself, our parents, friends, children, loved ones, partner and God. And if there is any unlovingness in any of them, the truth is going to bring that all to light.

If we want to carry on in the Old Way, sure, being more feeling expressive will generally help our relationships, however that's not what the New Feelings Way is all about. The Old Way, which is the current way for most people, is denying the truth of ourselves by denying our feelings. The New Way, is working with and wanting our feelings to show us the truth of ourself.

Having someone to talk to who is willing to listen to us expressing all our feeling without trying to stop us, is just one part of how to express our feelings in order to help us uncover the truth of them. It does matter what we talk about, otherwise we continue in a truth denying state, the Old Way. In the New Feelings Way, it very much matters what we talk about, which is all our feelings and all how they are making us feel, all so we can find the truth of them. The New Feelings Way is ALL AND ONLY ABOUT UNCOVERING THE TRUTH IN OURSELF. And doing that through our feelings. It's all about the Truth; that is what we're setting out to do, so not to water that down. The Old way is all about not finding the truth and doing all we can to deny it. So do you see, it's not just about talking in general, it's all highly specific, and a specific and fully focused way of being, way of living, not just more of the old general stuff.

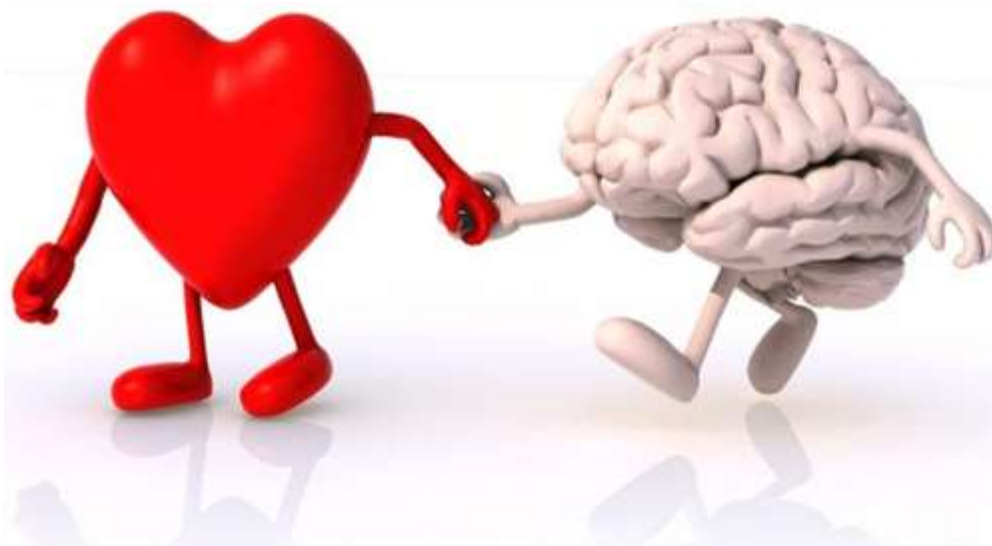
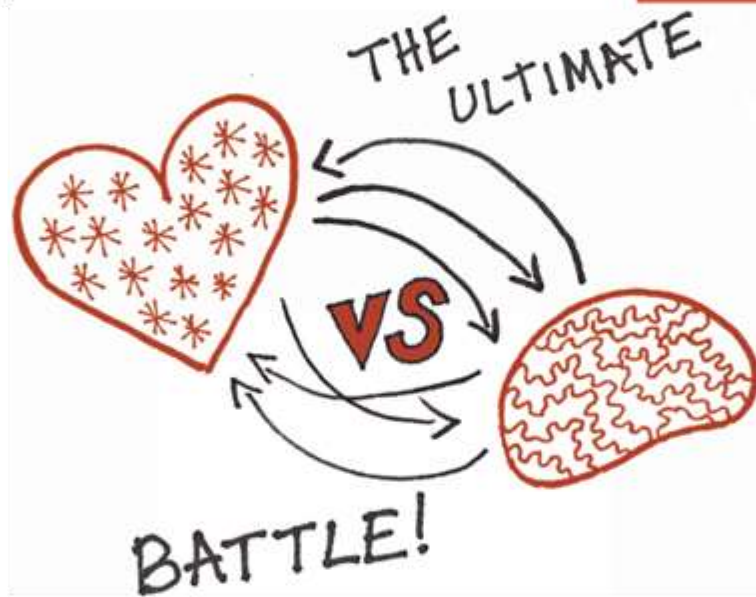
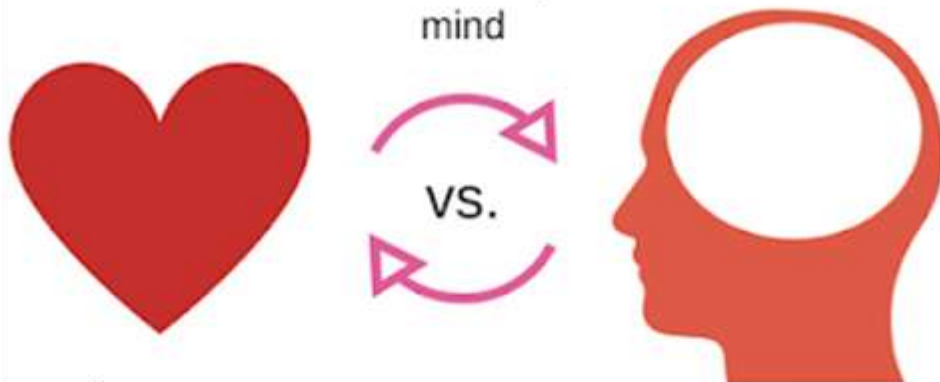
The feelings and self- expression side of The New Way is talking more generally about feelings, about how important they are, and how acknowledging and expressing them is helpful in life, adding to more fulfilling and meaningful relationships. But that's just part of our naturally expressing ourselves, with The New Way being specifically about showing up the Old Rebellious Truth-Denying Way. We're about wanting to offer people a way out of their yuk, a way out of their rebellion, a way out of their pain, a way out of their mind controlling beliefs and behaviour. And so how to do that is by using our feelings – which leads us into doing our Spiritual Healing.

YUK

# HEART & MIND

## Finding the Truth

A false dichotomy of the  
mind



# Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.



Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

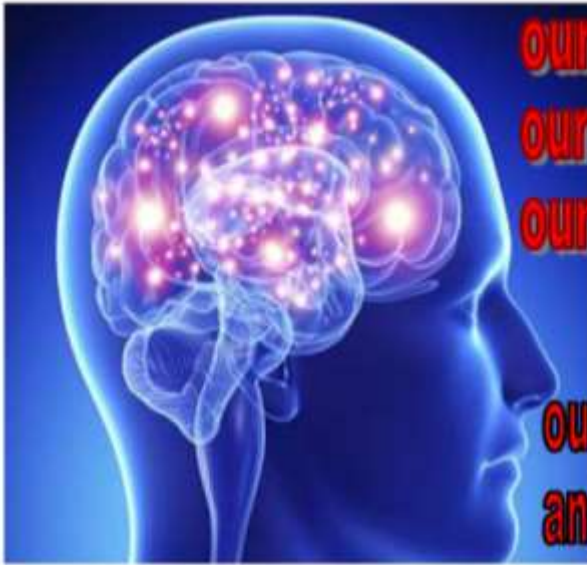


CIVILIZATION TIME LINE

**Negative Spirit Influence blocked**  
22 March 2017  
**Law of Compensation quickening**  
22 May 2017

**GREAT U Turn**

**Rebellion and Default officially ended**  
31 January 2018  
**Now ready for Mobilisation**  
22 July 2023



**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

## The New Way

### Living True to Your Feelings

We live denying many of our feelings, which is not good or healthy for us.

Early in our childhood our parents, families and society in many ways tell us that expressing certain feelings is not right, it's unacceptable, forcing us to block them out.

“Stop crying, you're too old to cry”. “If you carry on behaving badly, you'll be punished”. “Smile, stop looking so miserable, what have you got to be unhappy about!”

We are told many of our childhood bad feelings (and often good ones too) are not welcome, which is saying, you are not welcome as you are, you must change yourself and be as we say you are to be. It's not loving to be treated that way.

And by forcing ourselves to change causes us to suppress and then keep repressed many bad feelings. And all those repressed bad feelings fester away inside us making us sick and unhealthy.

To be made to stop expressing any feeling means we are being stopped from expressing the whole of yourself. And that is very damaging.

Living by not expressing ALL our feelings fully means we can't enjoy fulfilling relationships, it causes problems, unhappiness and all illness.

So all our problems and difficulties stem from the fact that during our childhood we were stopped from expressing all of ourselves, by not being allowed to express all of our feelings. And this is how the whole world lives. Some people, families and societies being more or less feeling-expressive than others.

And The New Way seeks to end any repression of feelings. It's to understand that we should live fully expressing all we feel and not with our mind heavily in control of ourselves limiting our self- and feeling-expression.

The Old Way is living the Mind way of feeling repression. An unloving way of being.

**The New Way** is living the **True Way** of feeling expression. A loving way of being.



# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

or embracing The New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or The Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.





## To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

**The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.**



## Discomfort, Pain, Illness and Depression.

Verna, a Nature Spirit, 17 April 2020: **Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it.** Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person.**

Humanity is to uncover the truth of its evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2020: “There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created. (This being in reference to coronavirus Covid-19)

“The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

“Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

“You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny and keep

suppressed. And this is what I ‘feed’ on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!”  
(These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their Spiritual Healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.



EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**

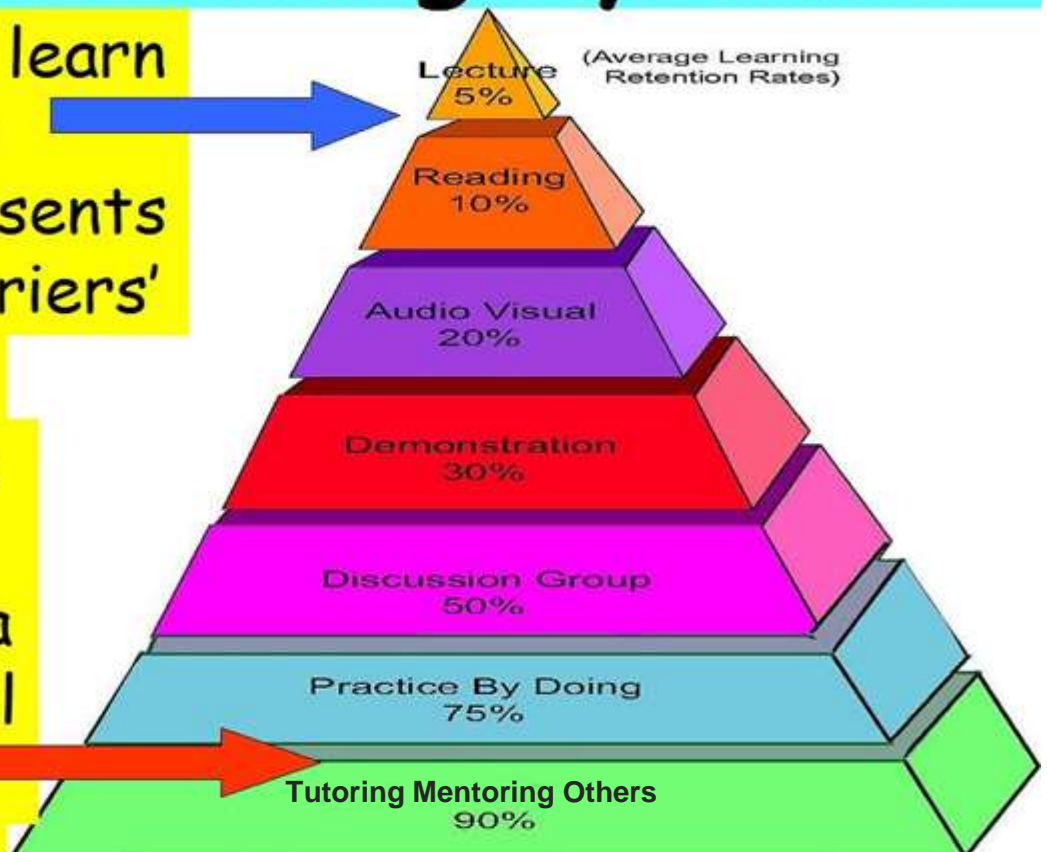
All illness results from our inner levels of discontentment – **BECAUSE WE DON’T FEEL LOVED.**



# The Learning Pyramid

Trying to learn using this often presents many 'barriers'

Effective Learning requires a great deal of this



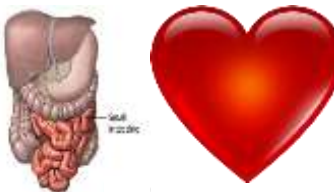
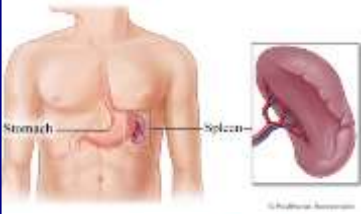
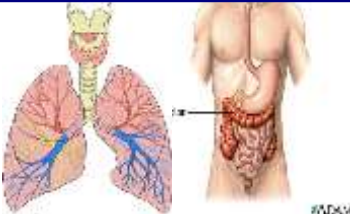
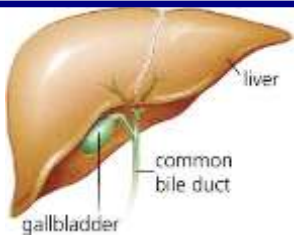
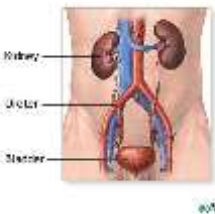
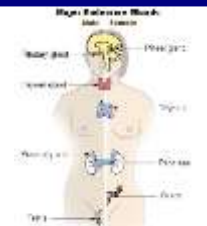
100% retention is **Natural Self Expression**

## SPIRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



**HEALING** ends  
**MIND-CONTROL!**

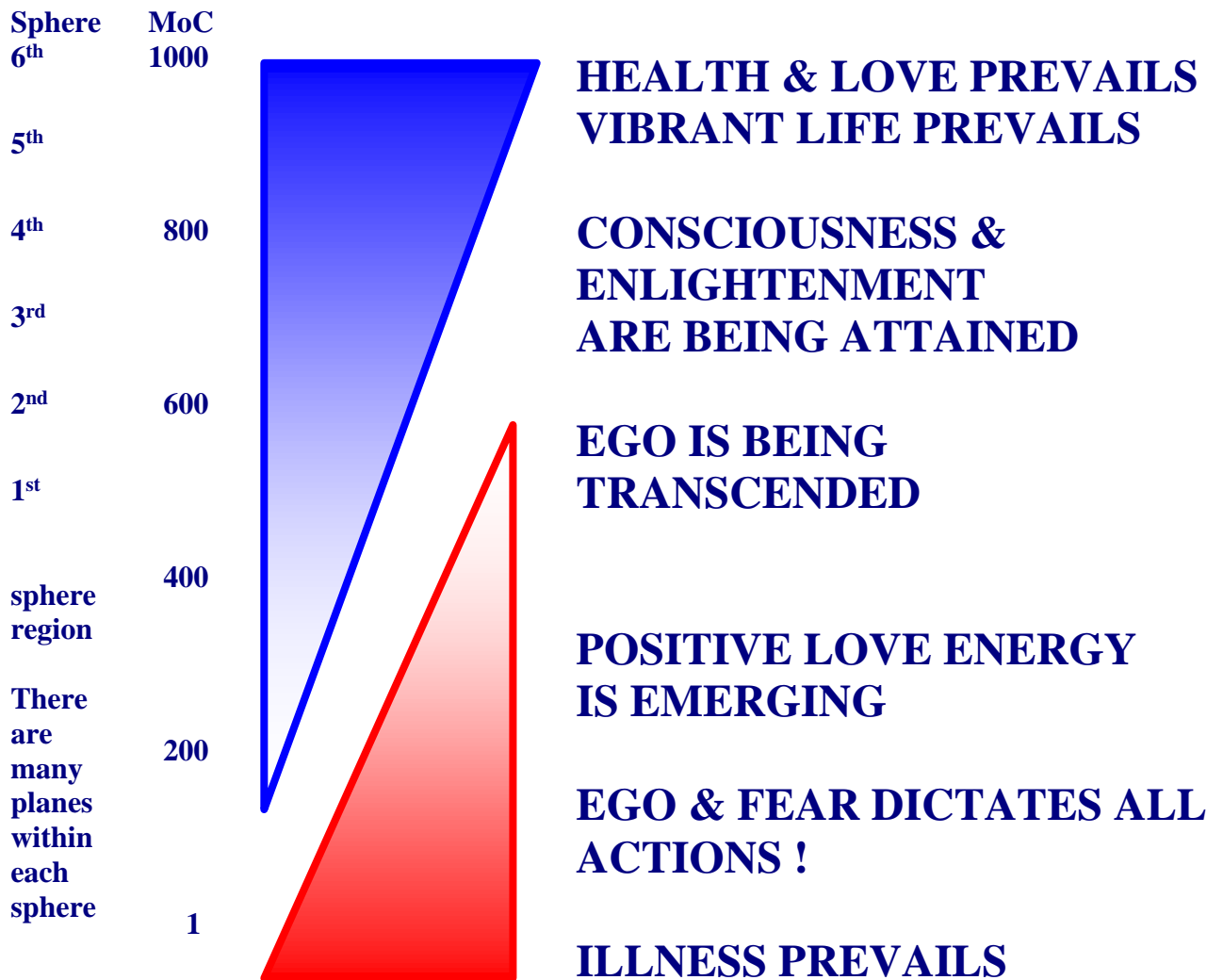
*WHAT ENTERS EMOTIONALLY  
 IS TO BE EXPRESSED  
 EMOTIONALLY WHILE LONGING  
 FOR THE TRUTH TO BE KNOWN  
 ABOUT WHAT IS BEING FELT!*

Organs	EMOTION CODE™ CHART		
	Column A	Column B	
	<b>Row 1</b> Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	<b>Row 2</b> Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	<b>Row 3</b> Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	<b>Row 4</b> Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	<b>Row 5</b> Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	<b>Row 6</b> Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

Generally speaking, groups and types of emotional injuries impede the natural flow of energies through the etheric body which is the template for the physical body, thus setting up the conditions for discomfort, pain and illness to slowly emerge within and throughout areas of the physical body that have energy frequencies that are 'attractive' for the emotional pain to manifest in the physical.

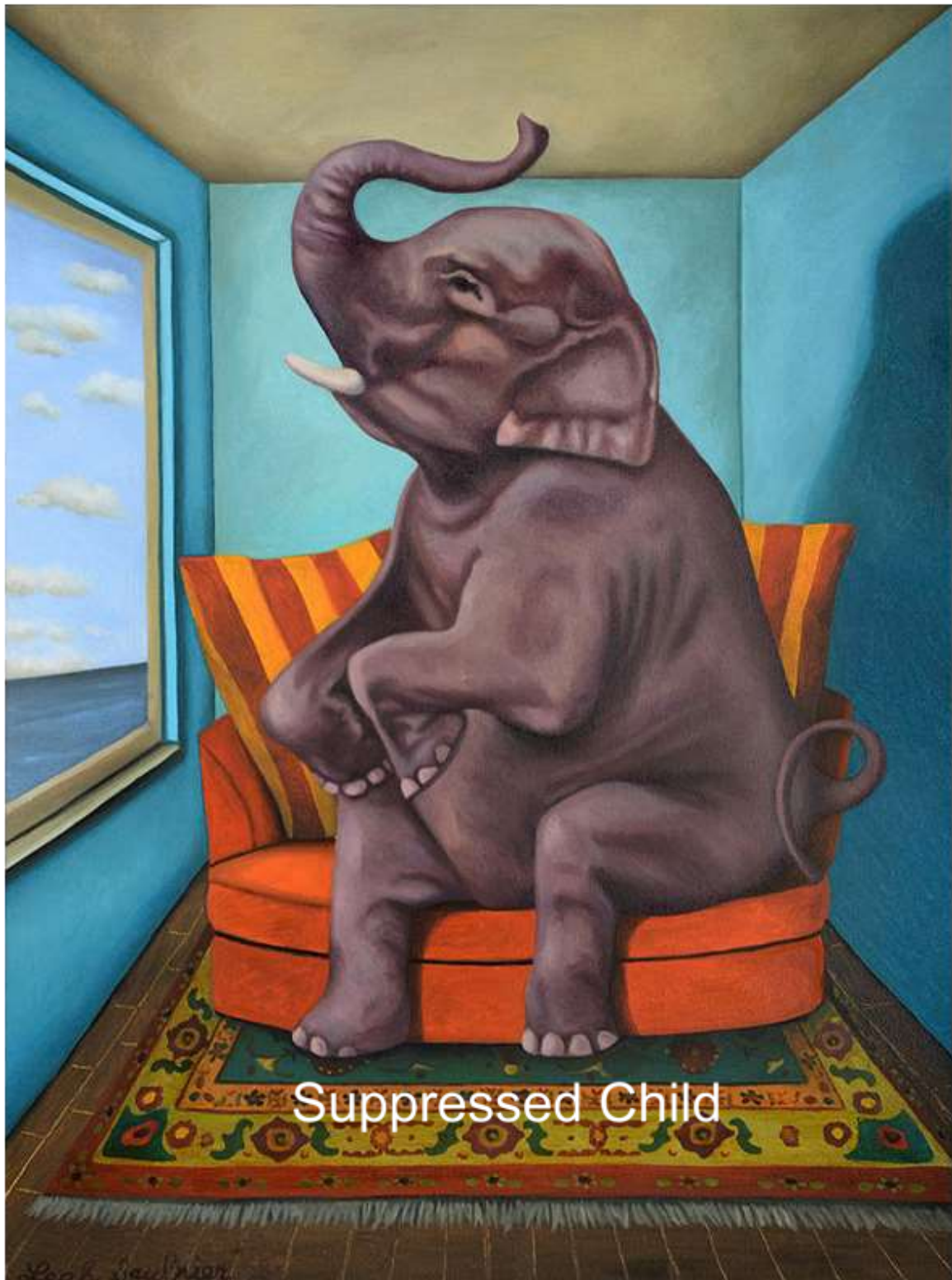
**“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



The one and only truly  
effective vaccine is  
the healing of our  
Childhood Suppression  
and ongoing Repression  
through FEELING HEALING!

# Childhood Suppression is the elephant in the room!





The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

# Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

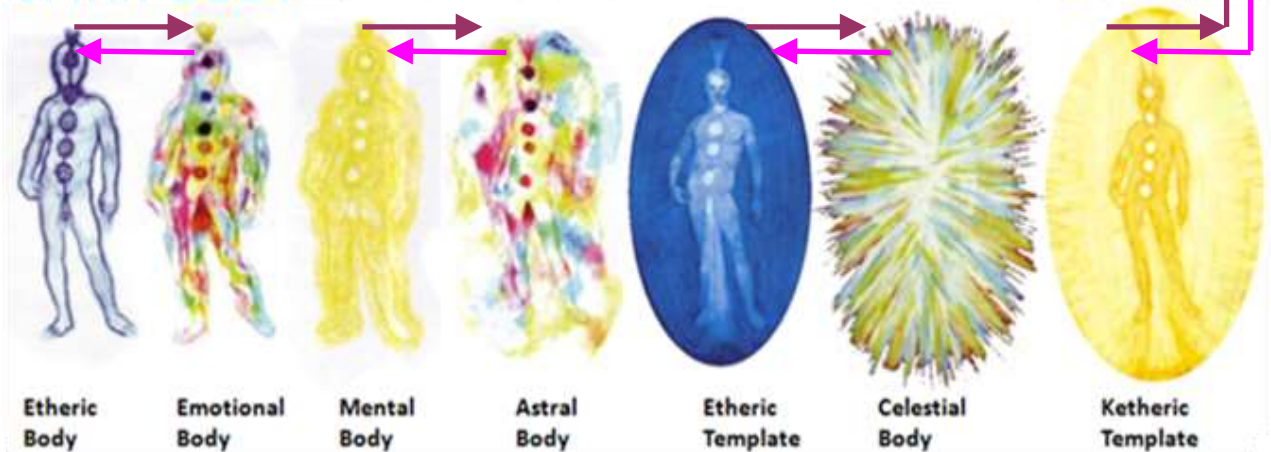
## SOUL



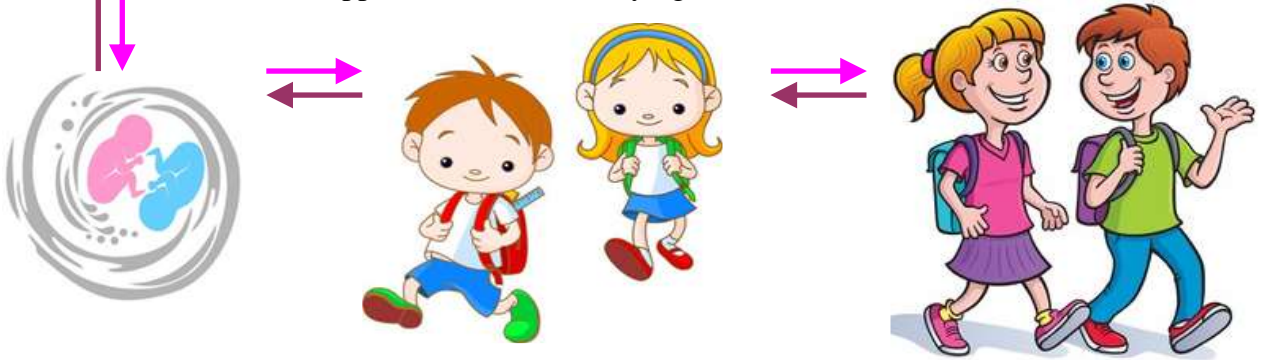
Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

## SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



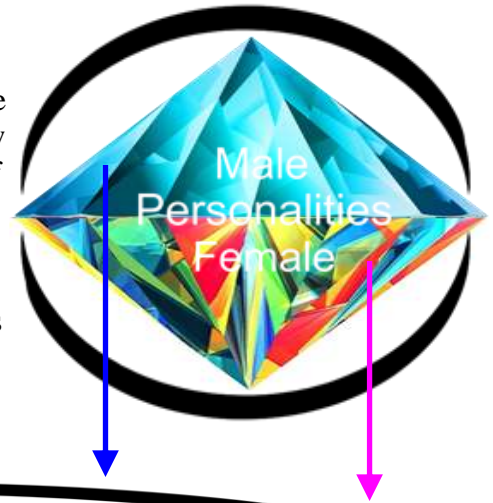
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



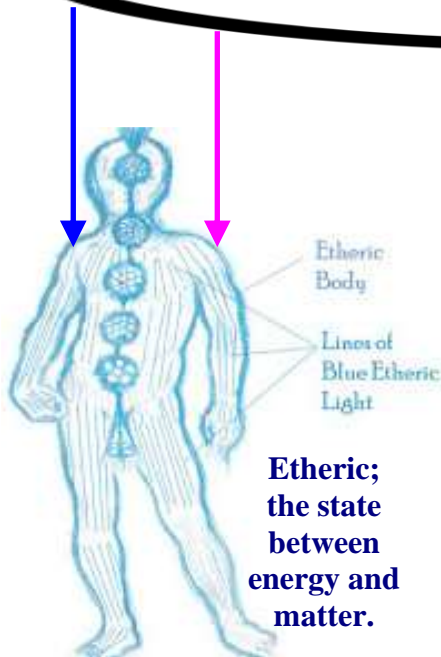
# Childhood Suppression



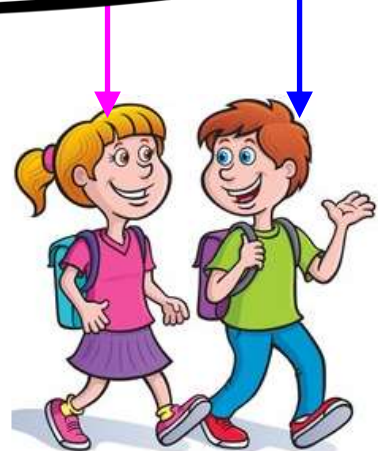
Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



## SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



**The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!**



**KINESIOLOGY MUSCLE TESTING**

**NOTE:** Upon achieving MoC 1,000 there is NO disease or social illness or societal issues!

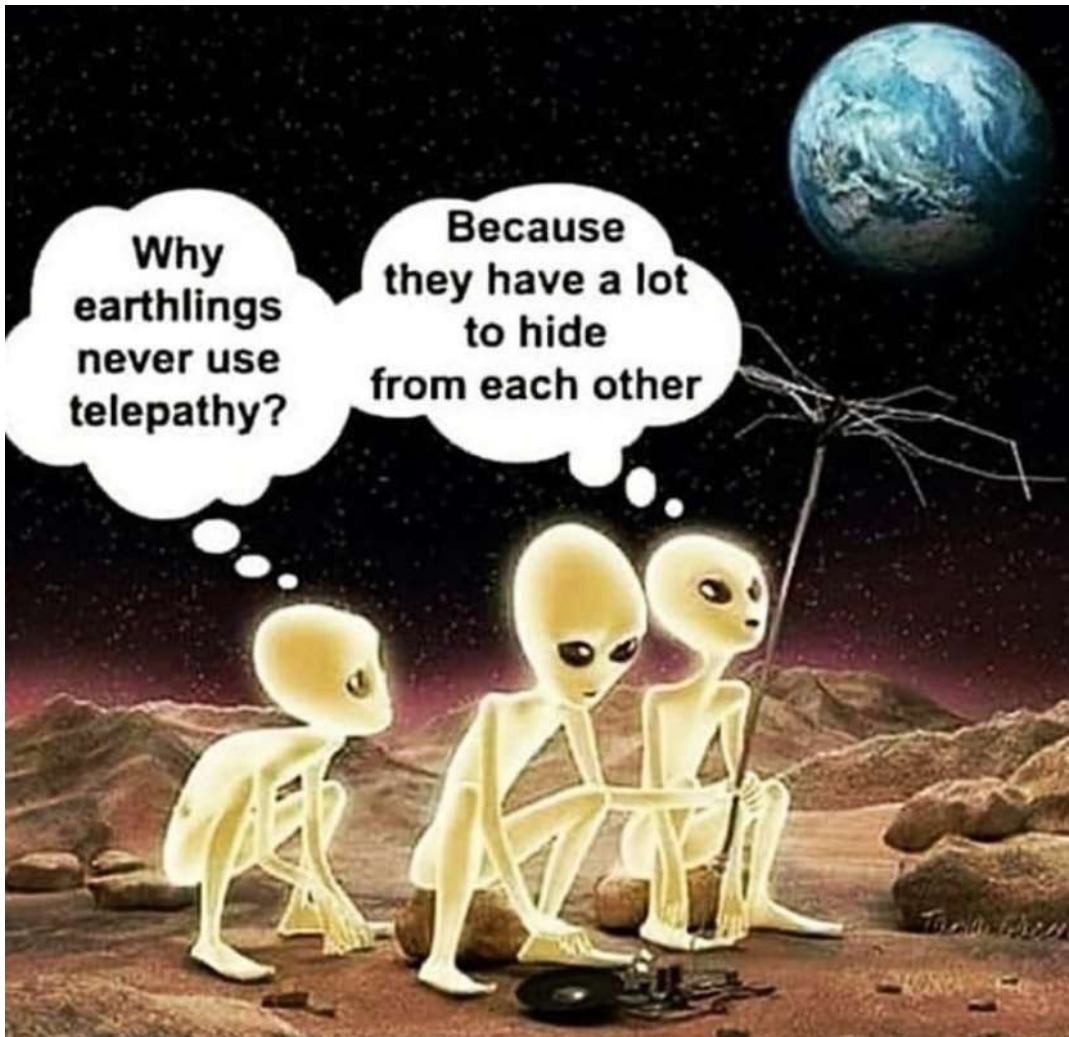
How can we identify the population to focus upon? As can be seen, any community calibrating less than 200 on the Map of Consciousness (MoC) table needs a lot of structured educational attention and not the education system presently generally provided anywhere in the world.

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
<b>World wide average</b>	<b>220</b>

Utilising kinesiology muscle testing in conjunction with the Map of Consciousness, the overall calibration for the population of a state, a region within a state, a city, suburb, town, village, even a city housing block, house, down to each individual, can be calibrated should you have clear information identifying these. Only takes minutes to determine! Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, scroll down to Medical and click on to open:

-  [Pascas Care Kinesiology Testing.pdf](#)
-  [Pascas Care Kinesiology Personality Traits.pdf](#)

No, kinesiology muscle testing (arm bending) is not mental telepathy!



## Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and then progress through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1<sup>st</sup> of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

## Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self-glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1<sup>st</sup> spirit Mansion World to the 2<sup>nd</sup> mind spirit Mansion World, then 4<sup>th</sup> and finally 6<sup>th</sup> mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

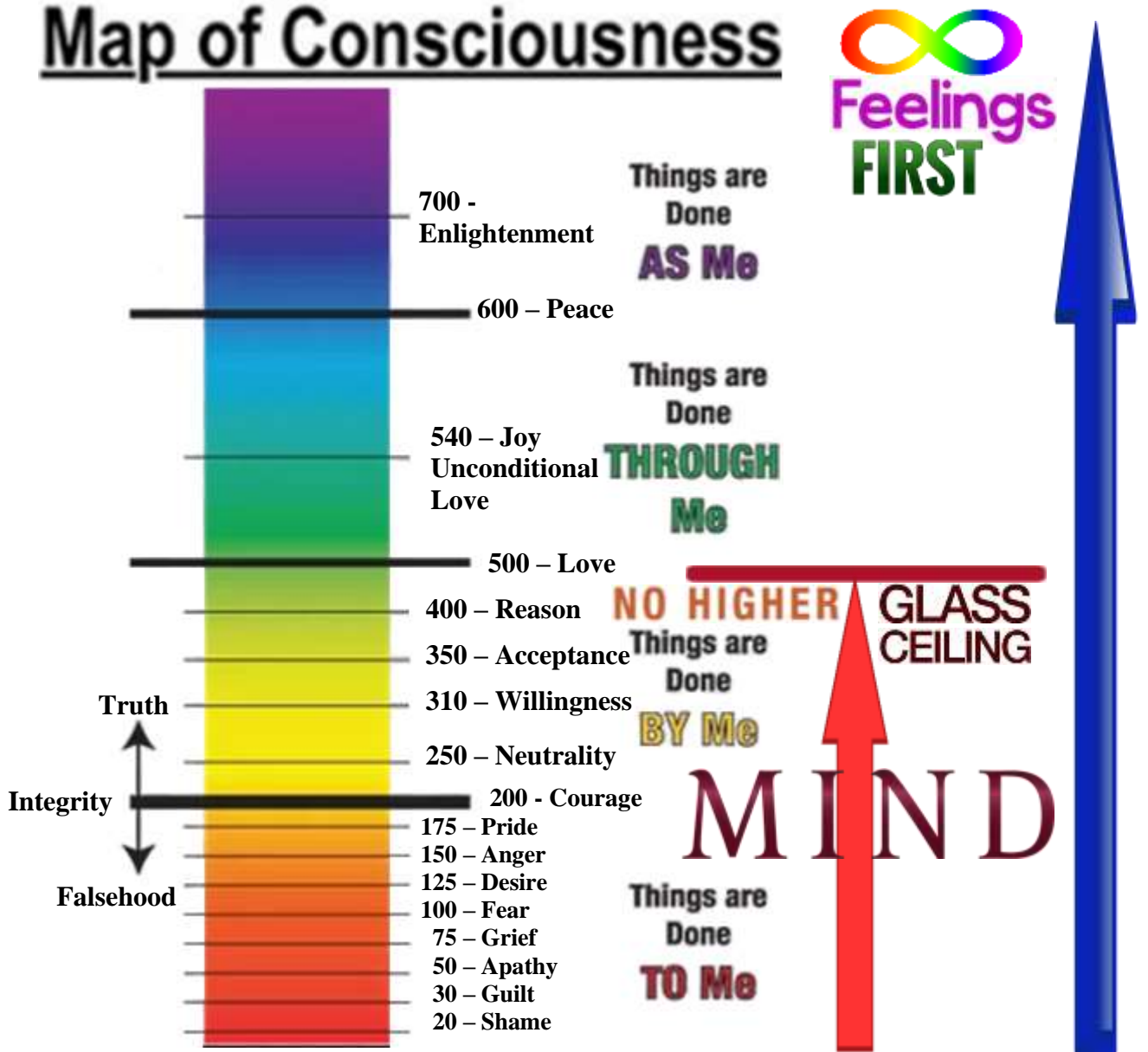
The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7<sup>th</sup> spirit healing Mansion World process we transition to the 1<sup>st</sup> of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

# Map of Consciousness



This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

# MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

## PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.



# PARENTS

## 78% calibrate under 220

MAP OF CONSCIOUSNESS

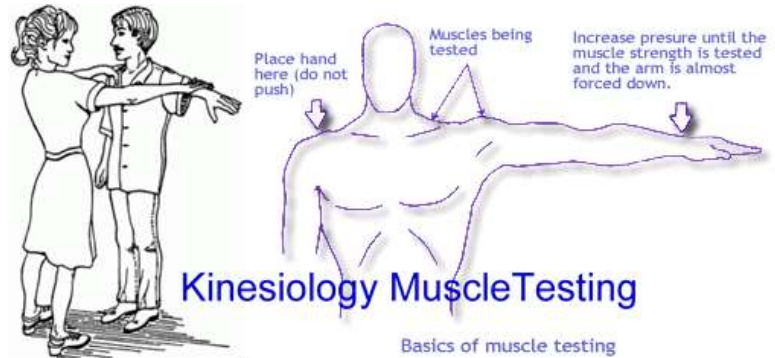
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination



# Living Feelings First

For the past 1,800 years, the evolutionary development of humanity has stagnated at 190 on Dr David R Hawkins' Map of Consciousness (MoC). This of a consequence of humanity remaining mind centric and adhering strictly to the suppression imposed by wayward high level spirits who have now all been incarcerated and their puppets blocked from furthering their agendas.

Applying kinesiology muscle testing in conjunction with the Map of Consciousness (MoC) table, the inadequacies of those in leadership roles is readily discernable. Those in leadership roles throughout all of society can be recognised as to their capabilities, or lack thereof, instantly. Those who have not developed or evolved their consciousness authority. Most will fail. The dearth of appropriate leadership will put a greater focus upon the inadequacies of the education systems worldwide and the inabilities of institutions, such as health, to provide the services required of them. Governments and their structures fail miserably.



to appropriate levels can now be dropped from positions of

## Council of Elders

A Council of Elders may now begin to be formed. Initially, these are people who have significantly advanced through their personal Feeling Healing. The entry level for a council member may be considered to be as low as 700 on the Map of Consciousness (MoC). These are extra-ordinary people.

Through Feeling Healing, what unfolds is spontaneity and intuitiveness, versus the zombiism and stupor that presently prevails throughout mind centric humanity.

High level leadership roles are to be filled with those calibrating 470 or higher, their deputies to calibrate 440 or higher, and support leadership functions to be filled by those calibrating over 410. Health services personnel to calibrate over 500.

Everything is about to change. Living through our feelings is our pathway in growth with humanities evolution in spirituality is about to become dynamic.

Living Feelings First!  
 INTUITIVE  
 INSIGHTFULNESS  
 DYNAMIC  
 NATURAL INTELLIGENCE  
 SPONTANEOUS  
 VIBRANCY  
 Foresightful  
 Wisdom & Truth  
 FREEDOM  
 EQUALITY

## **WE are each a SPIRIT having a PHYSICAL EXPERIENCE!**

Andon and Fonta were the first people to have a longing for human perfection. They lived south of the Caspian Sea some 993,500 years ago. They were red skinned and had an appearance similar to today's Eskimos. Their offspring reached Tasmania, a southern island state of Australia, some 950,000 years ago meaning that migration to and through Papua New Guinea must have preceded that time.



It was some 200,000 years ago that Earth's humanity were beginning to be induced to living mind-centric and suppressing and ignoring their feelings. Also, it became customary for women to be subjected to the control of men. Women being generally closer and more open to their feelings would have ended the folly of living mind-centric should they have been allowed a voice.

Our mind is unable to discern truth from falsehood, our mind is addicted to untruth, and our mind is addicted to control over others and the environment. It is through our feelings that we discern truth and love. Now the issues that plague all of humanity can be understood. We have locked ourselves into the constructing of all that ails society by being mind-centric rather than feelings first with mind in support.

Our soul does it all. Our soul is a duplex, it manifests two personalities, one a female and the other a male – always! It does this by bringing about a spirit body that is the template for the physical body – this occurs at the moment of conception. Should the physical parents be in a perfect emotional state at the time of conception, the child will form perfectly and be born in a perfect emotional and physical state. As none of us are in a perfect emotional state, we as parents of the newly forming body and personality infuse the spirit body of the newly forming embryo with our emotional injuries and errors of belief. This impedes the flow of light from the soul to the spirit body and then through the physical body and then back through the spirit body to the soul. This imbalance in soul-light circuitry brings about the physical deformities, childhood illnesses and health issues that progressively emerge throughout the life of the child. This imbalance also brings about the personality issues, emotional issues and the apparent hereditary patterns being passed on from one generation to the next.

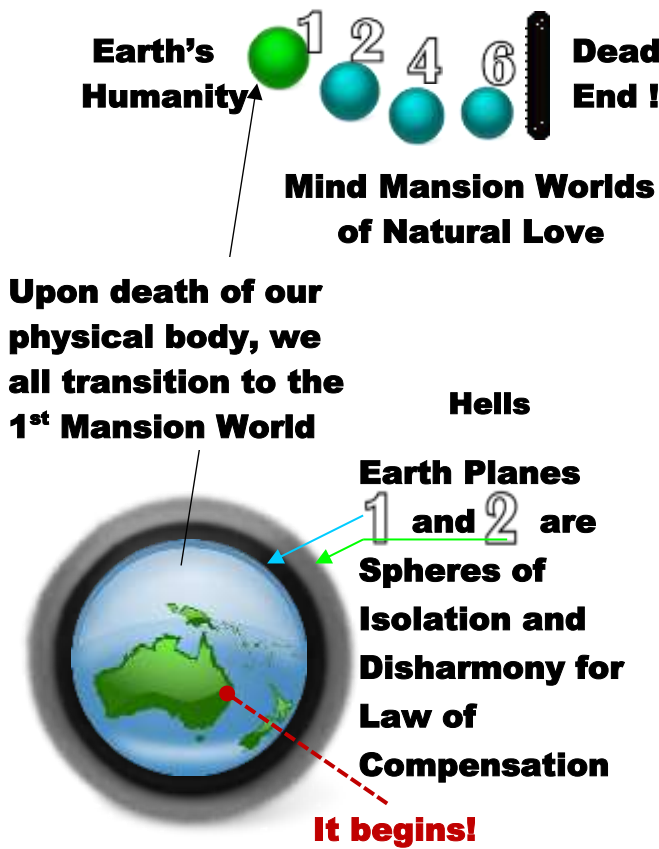
Thus, the underlying issues that we each are confronted with essentially stem from our Childhood Suppression imposed upon us by our parents from the moment of our conception through to the age of six years when our Indwelling Spirit arrives. We compound these issues through our ongoing Repression of our Childhood Suppression. Our Childhood Suppression is classically our parents trying to impose a personality type upon us that they consider is more appropriate than the true personality that we are, that our Heavenly Mother and Father gave us. Thus, we are all walking around presenting to the world a façade that is not our true self – we are each zombie-ised!

This was purposely imposed upon us by hidden controllers some 200,000 years ago. We each have been born into a Rebellion and Default.

**Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



We each are sensitive to spirit influence and connectivity. For most it may almost be non-existent and a fantasy. To a very few it is as though there are no boundaries and the spirit world inter-connectivity with the physical is routine daily. And all the variables in between are experienced by others.



Since the time of Andon and Fonta, 993,500 years ago, all who have lived on Earth have progressed only into the mind Mansion Worlds of natural love. The vast majority have continued living in the 1<sup>st</sup> and 2<sup>nd</sup> Mansion Worlds with a few perfecting their natural love condition and progressing into the 4<sup>th</sup> then 6<sup>th</sup> Mansion Worlds and no further. There was nowhere else to go or progress into. There are maybe more than 200 billion personalities now in the spirit Mansion Worlds.

The capabilities and emotional condition of those within the 1<sup>st</sup> and 2<sup>nd</sup> Mansion World is literally no different to the people you see in your daily life. Spirit personalities from the 1<sup>st</sup> and 2<sup>nd</sup> Mansion Worlds having nothing to offer anyone more than when they lived on Earth in the physical.

For the past 200,000 years they have been perfecting their control addictions which

emerged for them during their physical lives. So, from the spirit worlds they have been influencing by suggestion to those in the physical who are open to their manipulations. This is how we get ‘sorcerers’ and ‘witch doctors’. A spirit personality cannot cause anyone in the physical any harm. If you are inclined to be mischievous then they can help you along! This is the foundation of many ‘superstitions’.

The planning for the ending of the Rebellion and Default has been underway for a long time. Machiventa Melchizedek is the oversight of the plan. He physically manifested outside of Salam, north of Jerusalem, 4,000 years ago (1980 BC) to tutor Abraham in preparation for the coming of the Creator Daughter and Son (Mary Magdalene and Jesus). Upon Jesus and Mary achieving their full co-regency of our Local Universe of Nebadon early in our 1<sup>st</sup> century, they were enabled to have our System Sovereign and deputies arrested (Lucifer and Satan soul partner pairs). They also opened the healing spirit Mansion Worlds 3, 5 and 7, as well as the Celestial Heavens 1, 2 and 3, so as to pave the way for the arrival of the Avonal Pair on Earth in the 21<sup>st</sup> Century (now)!

**SATANIA – System**  
**Earth is #606 of 619 humanities.**  
**Celestial Heavens Spheres**



**Upon death of our physical body, we all transition to the 1<sup>st</sup> Mansion World**



now left to their own devices. There is now no further assistance to perpetrate so-called black-magic. This spirit controlling assistance has been also blocked off from leaders all around the world with the consequence of enormous amounts of stupidity unfolding. We are to look for a better way and that is to live Feelings First.

On 31 January 2018, the Rebellion and Default has been formally ended. The outworking of the Rebellion and Default will take all of the coming 1,000 years being the Avonal Age. The Avonal Pair are yet to commence their public work as of December 2022.

To support the Avonal Pair there has needed to be a very large contingent of Celestial Spirits emerging from Earth's humanity. At the time of Jesus and Mary there were none!

When Mary lived in Egypt after Jesus' death, she tutored five ladies who subsequently progressed through the healing spirit Mansion Worlds 3, 5 and 7 and then into the first three Celestial Heavens. Others have followed and there now maybe 30 billion Celestial spirits emanating from Earth. That is why it has taken these past 2,000 years to prepare for the Avonal Pair's arrival.

As milestones have been reached then events could unfold. On 22 March 2017 negative spirit influence from the spirit mind Mansion Worlds has been mostly stopped and this has been imposed by the Celestial Spirits.

Also under the terms and conditions of the Universal Contract governing the Rebellion and Default, until recently connectivity and interaction between Celestial Spirits and those in the physical on Earth was off limits. Those who now become aware of Feeling Healing and or the availability of Divine Love can now connect and interact with their Celestial Spirit guidance.

From the blocking of mischievous mind spirits on 22 March 2017, those who were being assisted with seemingly 'magical' or mysterious events, healing or otherwise, are

**This time, in the history of humanity, is the most exciting time ever experienced.**

Our physical parents, from our conception, endeavour to mould us into being ‘little me’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependent upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



**The CHILD is to FREELY EXPRESS ITSELF:** Messages from Mary and Jesus 13 May 2003

Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. **THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.** To be completely unconditionally accepted for all that it is. Then it feels loved.

Mary Magdalene, co-regent with Jesus, and soul partners.

This is how we are also to be, as adults!

**To liberate one’s real self, one’s will, being one’s soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it’s over, that control is no longer controlling, it’s just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.**



Nanna Beth 3<sup>rd</sup> Celestial Heaven, John’s grandmother, 20 March 2018

**BEING SPIRITUAL**

James Moncrief

10 December 2021

We are spirit beings in a flesh body, when we die our physical body dies and we wake up fully conscious in our spirit bodies in the spirit Mansion Worlds. We are living unconsciously now in our spirit body, as we live consciously focused in our physical body.

We are a soul that is expressing two personalities in Creation. You are one of the two personalities of your soul, your soulmate or soul-partner being the other personality of your soul. When you achieve living a certain level of truth, your soul will bring you together for the rest of eternity, this usually being once you've finished our Spiritual Healing.

Currently we are all born in Rebellion by Default against the truth of ourselves and against the truth of God. We are wrong, untrue and imperfect, even though we want to believe we are right. To become right, true and perfect we have to bring to light the truth of our rebellious state. This we do through our Spiritual Healing.

We do our Healing by attending properly to our feelings, by ending our mind control over them, ending our denial of many of our bad ones, expressing them all with the emotion of them, as we long for the truth our feelings are to show us about ourselves.

Being spiritual is expressing all of oneself (all of our personality) lovingly in life. It involves becoming wholly aware of all we are through all we feel. It is liberating our repressed childhood feelings so we can come to understand which parts of ourselves we are not expressing truly; which parts of us are in rebellion against our soul. It involves breaking down our erroneous beliefs, ending our unloving and uncaring negative behaviour, whilst coming to see the truth of why we have such beliefs and do such bad things to ourselves and other people.

It's about how we are treating ourselves, because of how we were treated as a child by our parents. And uncovering the truth of our relationship with our parents and family, and seeing if any of it was indeed loving as we might feel and believe it was, or if it wasn't loving.

Being Spiritual is then fully expressing oneself lovingly in all our relationships. It is about the evolving truth of the relationship with oneself, other people, and with God. Nothing else.



# Our incredible journey!

God, our Heavenly Mother and Heavenly Father, does it ALL. They are All There Is. Creation all comes from Them. They created our soul and gave us the life we're living. They make us live all we experience, nothing is up to us, They only make it seem like it is. And currently They want us to experience being untrue and living against Them.

They bestow our personality upon our soul, and being a personality we live under the impression that we can determine how we want our life to be. We use our mind to make moment to moment decisions based on our feelings and how we believe we should be. And yet on a soul level our Mother and Father determine our so-called free will. Existentially on the soul level, there is no free will, everything is predetermined; whereas experientially on the personality level, we believe everything is up to us, that we have almost complete free will. Life shows us as we awaken to its truth, that we live a relationship between these two levels.

Many people believe God is good and loving, and the Devil or Evil is the opposite to God. As if there is the personality – God, and the personality – Devil, however the Devil has no personality, it doesn't exist. There are higher Evil Spirits, the 'Evil Ones' who rebelled against the Mother and Father and chose to take matters into their own hands in a small part of Creation in which Earth exists, thereby causing humanity to become of their Rebellion by Default; and unwittingly we carry on living untrue to ourselves and true to the evil ones. We are to understand, God wants us to be evil, God has put us in the Rebellion that is of God's making. Our loving God makes us feel bad and unloved, all because God wants us currently to experience living against the truth of love. And when we've experienced being evil all we need to experience, God will help us start our Spiritual Healing, thereby ending our evil ways.

Lucifer, Satan, and their soul partners, and other high Evil Spirits, are very real and have up until recently been able to exert a negative control over humanity. Christians believe they are on the side of good and are always having to keep vigilant about being coerced into the ways of Evil by the Devil. However all of us are evil, all religions are against the Truth, we're all of the Rebellion, no one has as yet been conceived free of it.

Really it is the battle against our 'evil' parents: They said we were wrong and bad and had to change ourselves to being as they were, which was 'right'. Yet we as young children we were not bad and they should not have forced us to change and go against ourselves.

<b>Negative Spirit Influence blocked</b>	<b>22 March 2017</b>
<b>Law of Compensation quickening</b>	<b>22 May 2017</b>
<b>Rebellion and Default officially ended</b>	<b>31 January 2018</b>
<b>Mobilisation now to unfold</b>	<b>22 July 2023</b>



**GREAT** -Turn

**GOOD VERSES BAD**

James Moncrief

10 December 2021

We grow up in good verses bad, one or the other, which are you? We grow up in God verses Evil, whose side are you on? We look outside of ourselves into the world and make our judgements, yet really we are looking within, at ourselves, judging ourselves.

The constant internal war going in our minds is good verses bad – feeling bad and feeling good. One part of us believes and feels it is good; the other part that it is bad.

We incarnate good. God being ALL good, created us. We are intrinsically good. And if we were parented completely lovingly, then we'd grow up feeling good, always good; good being the truth of ourselves. And we'd be completely loving.

We incarnate good, however are parents are not happy with us being good, true and perfect. They say we are bad, untrue and imperfect – wrong. And they must correct us. They say God stuffed up and they have to take over and fix us up. They interfere with us being of God's perfection; they make us imperfect.

Our parents by interfering with us cause us to be untrue, bad, even evil; then they judge us and blame us for being that way – the way they have made us be. They don't like or love their creation, and keep telling us we have to change and be better, be more like them.

So we do. We apply our will to comply with and obey our parents, we change ourselves into being how they want us to be, we change ourselves from being good into being bad. But then we're not allowed to be bad, so we have to fight against ourselves being bad by trying to be good, but it's only our parents' good. We don't know what is truly good.

And so we're forever fighting against our self, criticising, chastising, ridiculing, judging, blaming, and hating our self for being bad, always so desperately trying to be good, wanted and accepted. We will do anything to feel loved, even if it means going against our self. We do anything to have our parents love, to stop them being mean and cruel to us, to stop them criticising, chastising, blaming and rejecting us, calling us stupid and dumb.

And all of this we project into the world and onto God. There is no Evil that is the equal and opposite of God. God is all loving; and then there is evil – those spirits and people like us who are going against God. We are of a Rebellion – against God and against ourselves. To uncover what is truly good, we need to do our Feeling-Healing.



**Freedom Pathway being Feeling Healing**



We are to live being completely true to ourselves in the moment.

If you feel good, you live true to feeling good; if you feel bad, you live true to feeling bad.

We are not to live, as we all do, by denying and then pretending we are something that we're not. We are not to live falsely and untrue as we do. We deny many bad feelings, doing all sorts of things to keep us feeling good, to stop us feeling bad; and this is wrong, this is denying we feel bad by pretending we feel good. This is living untrue to ourselves.

Being untrue, we have to live true to our wrong and false state. We have to want to know the truth of our untrue state of mind. We have to want to get to the point of being as we really are, as we really feel, so honouring, accepting and expressing all our bad feelings. We have to want to know the truth of why we are feeling them.

If you feel you hate yourself, are revolting, ugly, a failure, can't cope, are not caring and loving; feel scared, miserable and are full of anger, lonely, depressed, and powerless, desperately wanting some control, all the bad stuff, then this is what you have to fully accept about yourself and not try to push it away. Instead of doing positive affirmations, we should do negative ones when we feel bad, allowing ourselves to be as bad as we feel we are.

I'm not  
faking  
being sick,  
I'm faking  
being well

We need to know, and so, be, how we really are, living feeling fully connected with our bad state we're in. We have to own it. We are in a negative and untrue state of mind, so we have to be fully aware of and connected with ourselves in that state. We are living against ourselves, so we have to understand why and what that means, what it feels like, how it all came about through our childhood, and how we express it in all our relationships.

Being spiritual is uncovering the truth of how you really are, how you really feel; it's not creating some nice acceptable mind-created picture of yourself. And being that truth, no longer trying to avoid it. By living true to all your feelings, expressing them and really wanting to see the truth they will show you about yourself, is how you do your Spiritual Feeling Healing so as to live true to your untrue state of being.

And when you are truly yourself, allowing yourself to be all the bad parts and without trying to do anything to cover them up and keep them away, then you move on out of being untrue and into living in a true state. Then once in that true state of being, you will keep living true to it, feeling very good, happy and loved, all the good feelings of no longer living against yourself.



Your feelings are the key to your spiritual growth. They are the key to your well-being.

It is through your feelings that you grow in truth; that you become more aware of yourself. This is doing your Feeling-Healing.

Your bad feelings are just as important as your good feelings.

Most people do all they can to block out and stop themselves feeling bad.

Yet to deny our bad feelings so heavily is to deny ourself the truth about ourself they will show us.

We can't properly spiritually grow if we are denying our bad feelings.

Spiritual advancement begins by accepting ourself – so accept you feel bad.

We are to embrace and acknowledge all our bad (and good) feelings as we feel them. We are to stop denying them; stop trying to block them out, dismiss them, override them by using our mind to change our feelings. We feel bad – so feel bad. We feel miserable, scared, sad, lonely, angry, unwanted, disrespected, hurt, and so on, so allow ourself to feel those feelings, and to feel them as fully as we can.

By allowing ourself to embrace fully all our feelings is the greatest act of self-love; denying any feeling is the greatest act of self-hate.

As we accept our bad (and good) feelings, we then try to 'bring them out', to express them, to say how bad we're feeling, to tell ourself, God, our partner or friend. We open our mouth and emote the feeling, going with it, saying all it makes us want to say. And ideally we keep saying all it makes us feel until we stop feeling it. However, it can be hard work and very difficult to keep expressing such deep pain, so we do as much as we can at any one time. It all has to come out of us, rather than keeping it in.

And as we're accepting and expressing our bad feelings (and good ones), we long for the truth of why we're feeling them. Really want to know why. Understanding that they will take us back into our childhood with our parents and family, all so we can understand that the bad feelings we're feeling now are the exact same bad feelings we felt back then. And now as an adult we can understand why we felt them back then as a young child, what was going on in our relationships with our parents, and were such relationships loving and good for us, or hurting us, were unloving, rejecting and denying us. And this is the truth we have to want to understand about ourself. And our feelings are the key. And this is 'being spiritual' – it's growing in the truth of ourself.

**Enters emotionally - is to leave emotionally!**

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**BAD  
IS  
GOOD**

**PARENTS are GOD**

James Moncrief

10 December 2021

As children, our parents are our gods. A parent can do no wrong. The parent is perfect. We are made to obey them, be grateful; we have to do as they say. Only the child is wrong. They make us be how they want us to be – for our own good. Is it cruel child abuse?

They hurt us, reject us, call us evil – the naughty little devil; humiliate us, make us feel miserable, sad, scared, alone, angry, unloved; even hate them, because that's what we need, according to them, to make us able to deal with and cope in the world – with them.

And they make us love them. We have to love our parents, because if we don't, look out! And our survival depends on it. So we tell ourselves, as we tell them, we love them. We love them as we love God. God is really just our parents. We can't do without them. Our Mother and Father God is our mum and dad. Do we hate God or love God?

The parent has all the power. The parent is powerful. The parent has a child to have power over it. The child is powerless. In our rebellious state of mind, being a parent is the ultimate controlling power trip, even if you are a more genuine caring and loving parent. The child feels powerless, even if it is given a little power by its parents.

We, as powerless children, grow up doing all we can to gain power. By becoming a parent ourselves is now our chance to have ALL POWER over our children.

The cycle repeats. The powerless becomes the powerful causing the next generation to feel powerless, who in turn have to become parents so they can feel powerful.

The grandparent gains even more power; over its own child and over its children's children. The grandparent is the God of the God's. So the child feels even more powerless; powerless with its parents, powerless with its grandparents. So as an adult it desperately seeks power. It MUST have its own children at all cost, because it can't remain feeling a loser, a failure, a powerless nothing, forever.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?

What is the truth of your parent/child love, and your child/parent love? Doing your Feeling-Healing is the only way to find out. Provided you do want to know such truth.



## RELATIONSHIPS

James Moncrief

10 December 2021

It's all about relationships. The relationship with ourself, our parents and family, with our friends and partner, with nature, and with God.

It's about whether we are true in our relationships, which means, whether or not we are truly expressing all we feel, so all of ourself, in each and every interaction. And if we are not true, then wanting to find out why. Which we can do by doing our Spiritual Healing.

Our Healing will take us through our feelings into the truth of all our relationships – current and past. It will help us understand the relationship of our mind to our feelings, whether or not our mind is working against or for us, what our erroneous beliefs and bad unloving and negative behaviours are. All so we can come to see why we are the way we are, why we are loving or not loving, and how we came to be as we are because of the relationships and their influences we had as a child.

As an adult, our primary relationships, those with our parents and family, are what have determined and keep determining our relationships with ourself, nature, other people and God. And those early relationships will keep driving our adult relationships until we do our Spiritual Healing wanting to uncover the truth of them.

If anything is wrong in our life, if anything about ourself makes us feel bad and unhappy, if any part of us, or all of me / you, is unloving, that's all because it was how we were made to be through our early forming years and the rest of our childhood.

If our relationships are good and successful, our feeling fulfilled and loving in them; or if they are bad and unsuccessful, our feeling let down, disappointed, unfulfilled and wondering why we can't have good relationships, it's all because of how we were treated as a child. Any problems we have, any illness, any bad things that happen to us, all do so because of the emotional and feeling patterns established throughout our childhood. As an adult we live cycling through our childhood feeling patterns. So our relationships being emotionally good or bad, are the same as how our childhood relationships were emotionally and on a feeling level. Through our relationships as an adult, we will keep reliving all the same childhood feelings we felt with our parents and family. And if we're happy in our relationships, good; but if we're not, then only through our Healing will we be able to change such feeling-patterns once we've uncovered the truth of them.



**SCARED of FEELING GOOD**

James Moncrief

10 December 2021

We incarnated feeling good. But very soon we were made to feel bad. Our parents made us feel bad many times as we were forming and growing up through our childhood. How many times did your parents make you feel bad? And how many times did they make you feel good? And have you worked hard to block out many of the bad times?

For many people, they actually felt bad more than they felt good. And many of the so-called good feelings were only times of reprieve between the bad. They grew up on feeling bad. So bad is what they know, bad is what they are used to, bad is what they expect. And yet they also do all they can to keep feeling good, blocking out the bad.

And they might hate this, fighting it within themselves, always trying to do things to make themselves feel good, yet always ending up still feeling bad. Do you feel good, only to do something to ruin the good feeling and make yourself feel bad again?

We've been made to be scared of feeling good. We need to keep feeling bad. We feel better feeling bad, even though we hate feeling bad and only want to feel good.

We learn to 'bring it on' so we can feel bad. We say the wrong thing, act in the wrong way, resist being good and loving, all because it's how we believe we should be, how we should feel, all because that's how it was for us as a child. How you are now – is how it was for you as a child. And how it will always be, until you do your Feeling-Healing.

A great part of our Healing will be to allow ourselves to feel bad, to accept our bad feelings, to understand that is how our parents made us feel throughout our childhood.

And allowing oneself to feel bad is very difficult, even if we already feel bad. And we might be faced with feeling bad for many years through our Healing, feeling hurt, rejected, unwanted, uncared about, miserable, sad, angry, scared – so many endless bad feelings. Yet these are all the same feelings we felt through our childhood, and they all have to come out. And once they are out of us, then we won't feel bad anymore, as we will understand the reasons why we felt them – the truth of them.

We are not to reject our bad feelings, as they were rejected by our parents. Our parents made us reject our bad feelings, so we follow their lead and also reject them. It's not being self-loving. It's self-hating. So love yourself by allowing yourself to feel as bad as you do.

**Feeling bad is good!**

The most important part of all our lives is to uncover the truth of our childhood.

And we do this by doing our Spiritual Healing.

By attending to our feelings properly: completely accepting our bad feelings, expressing the full emotion of them, whilst longing for the truth they are to show us about ourselves and our relationships with our parents and family.

We can't spiritually grow or grow as a person unless we uncover the truth of our childhood through our feelings.

We have to find out through our repressed childhood feelings if our relationship with our parents and family was loving or unloving during our childhood. During it, which parts were we treated respectfully, with care and with love; and during which parts were we made to feel uncared about, disrespected and rejected, hurt and unloved.

We have to break down the untruth of our mind and its erroneous beliefs that cause us to live in a false state: that our relationships with our parents were loving when perhaps they weren't. We all want to believe we love our parents and they love us; however, is the love you feel for and from your parents true love, or only a love fabricated by our mind? This is the truth we must want to see about ourselves and our relationship with them.

Everything bad that happens to us, any problems we have, why we get sick, any bad feelings we have, why our relationships might fail, all comes from our unloving childhood. Once our childhood finishes, we are complete, living by repeatedly cycling through our set childhood feeling patterns. The exterior of our life, what happens to us and what we create through our adult life, is nothing more than living out how it was for us as a child. The basis for being a so-called success or failure in life, was all established through our childhood. It was all determined by our parents loving or unloving relationship with us.

We can never fully heal ourselves unless we want to uncover the whole truth of our childhood. We can look into bits of it, get more in touch with some early trauma, some of which might help to explain why we are feeling bad and why we are trapped in our addictive and self-abusive behaviour. But not until we uncover the **WHOLE** truth of our childhood through our feelings, will we be finally be set free of it – will we be free of all our pain.

**Feeling Healing sets us FREE!**

*Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.*

*Conception is individualisation of our unique personality!*

*Then our parents and carers infuse us with their errors and injuries!*

*We perpetrate their erroneous ways!*

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

John the  
Typist



**BE FEELINGS  
EXPRESSIVE!**

# Truth is Freedom

Before being conceived, we each have had nothing to do with the culture or heritage of the family and its people into which we are now born.

After we pass over into our spirit lives, we each will have little or nothing further to do with the culture or heritage of our family that we lived with on Earth.

We each are one of many voices within our communities.

We are to embrace our experiences and limitations of our family upbringing which our soul has desired for us to have. We are spirit personalities having a physical experience and this physical life here on Earth is the commencement of our incredible journey which will take us through many universes.

We are not to accept the limitations, the psychic barriers of our family, nor those of our national culture and its ethos. The people of a community, a region, a state, a nation respond to and reflect a common set of values, customs and culture, which is passed down through the generations, this is a psychic imposition or barrier that inhibits evolution, our true self expression and our growth in potential and personality.

Now, it is this time in history that, individually, we each are to free ourselves of the Rebellion and Default that has been imposed upon us by hidden controllers, both of those from within the spirit worlds and of their defacto agents here in the physical.

We now have the option to embrace and enjoy the freeing truths that our soul can and will expose to us – we are fully self-contained. We are to look within, to our feelings, and to long for, to ask for the truth that our feelings will exquisitely and amazingly reveal to each of us.

The wonders of intuitiveness and spontaneity are ours to behold, experience and enjoy – this is of our choosing. We can continue living a limiting mind-centric life or embrace living Feelings First – The New Way – with its infinite potential. The gateway is now open and the pathway is defined.

This we are to share with all of humanity as we are Freedom's voice.

MoC 904

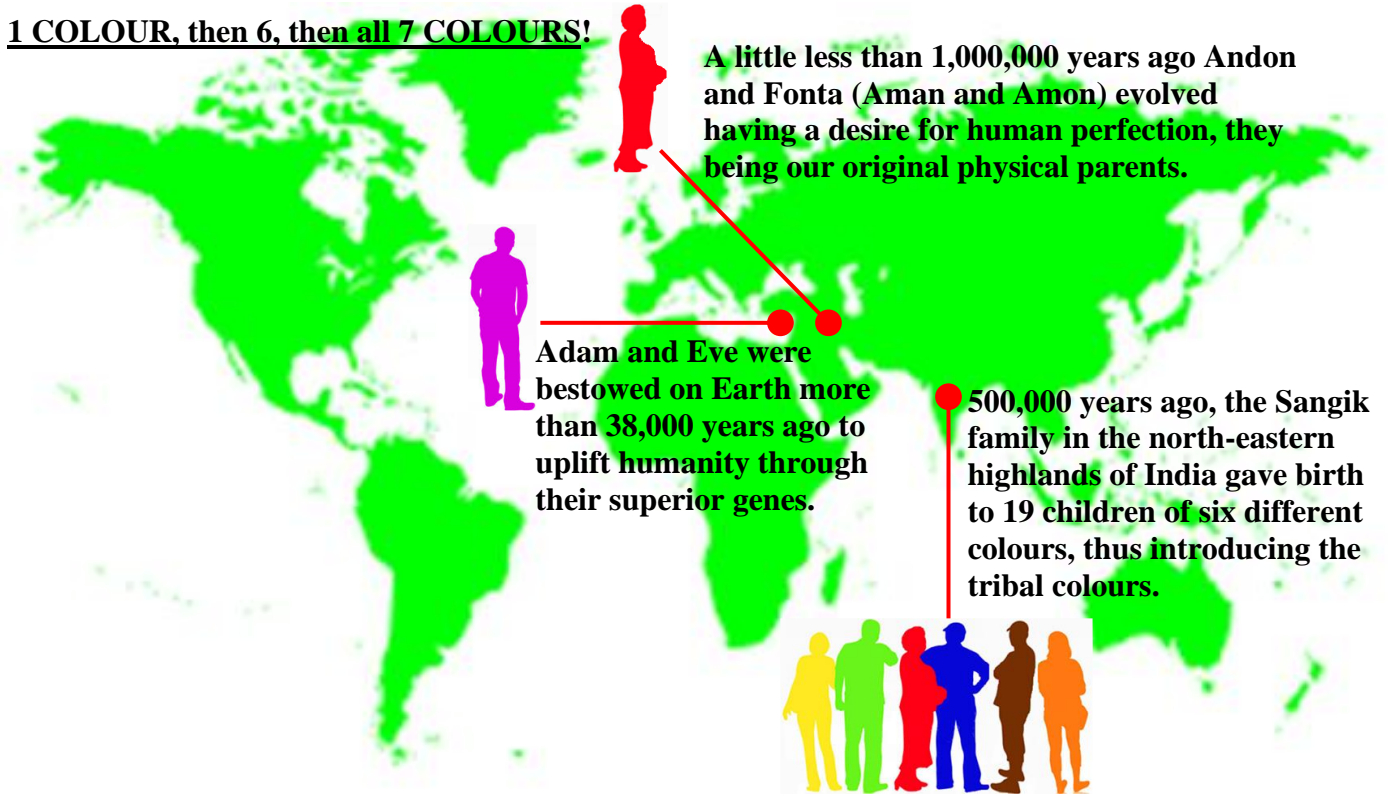


## ONE SECOND TO MIDNIGHT





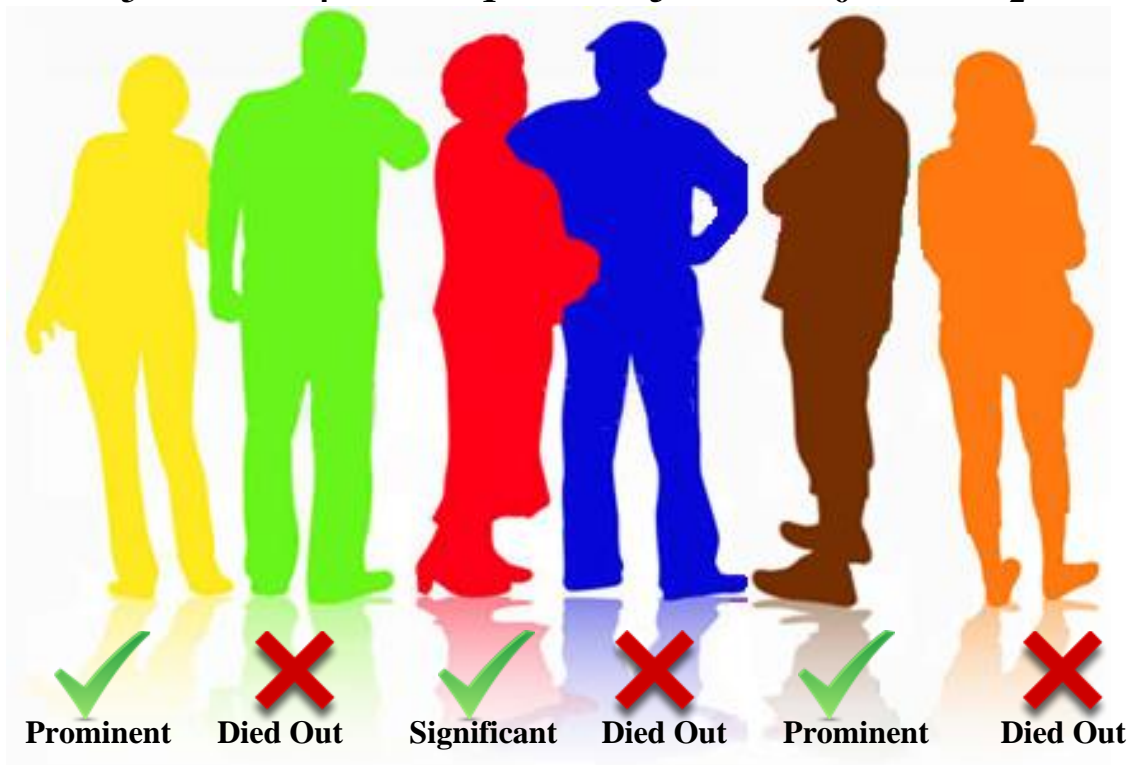
**1 COLOUR, then 6, then all 7 COLOURS!**



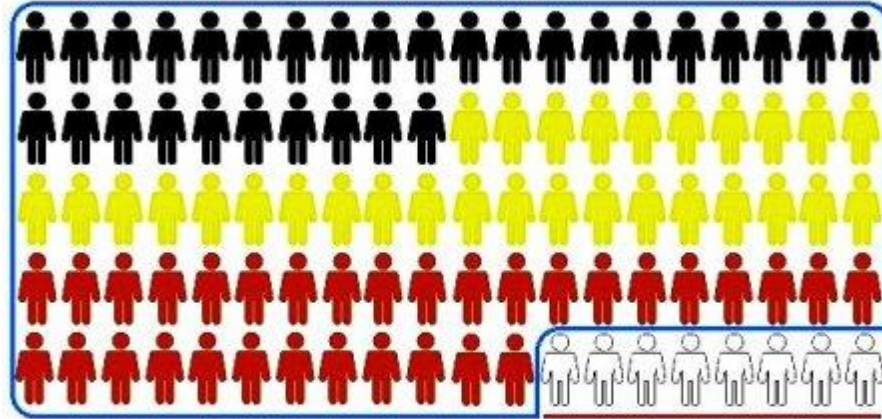
**HUMANITY PHYSICAL COLOURINGS and order of emergence:**

500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!

<b>Yellow</b>	<b>Green</b>	<b>Red</b>	<b>Blue</b>	<b>Indigo (black)</b>	<b>Orange</b>
3	4	1	5	6	2



# GLOBAL POPULATION BY RACE



**"Minorities"**

**Majority**

**Non-Whites are the overwhelming majority on this planet.  
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!  
 993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia’s south, 950,000 years ago!  
 Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

These formed groups and sometime later the orange, green and blues died out – killing each other!



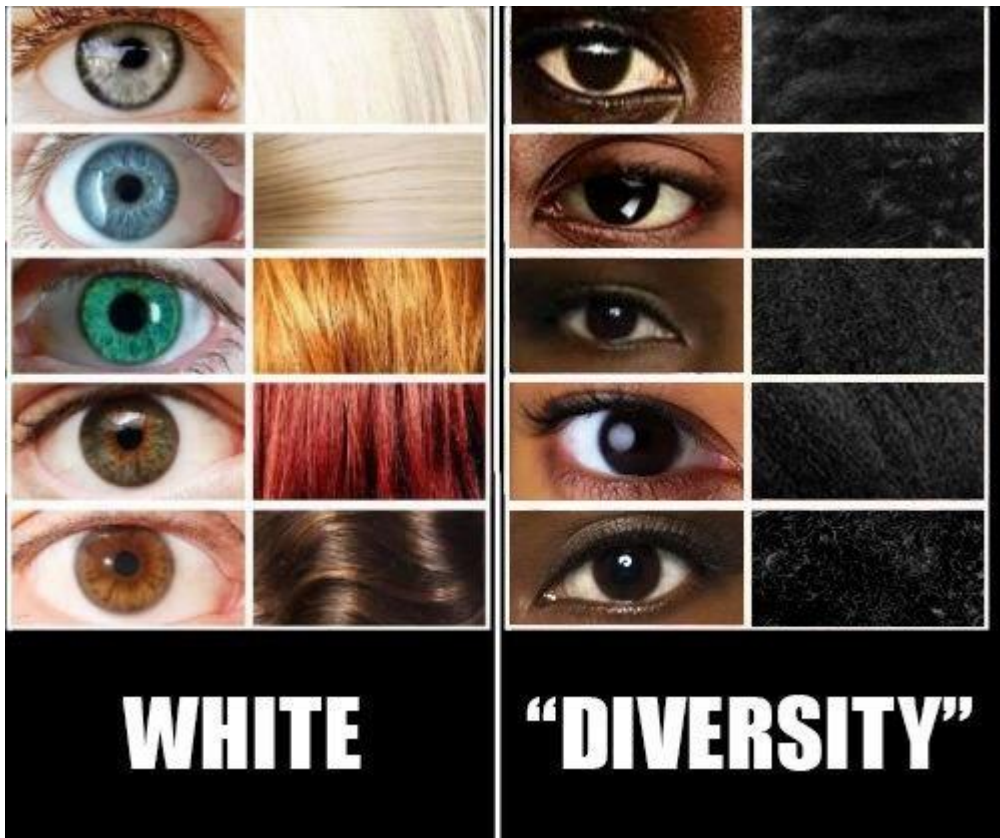
Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



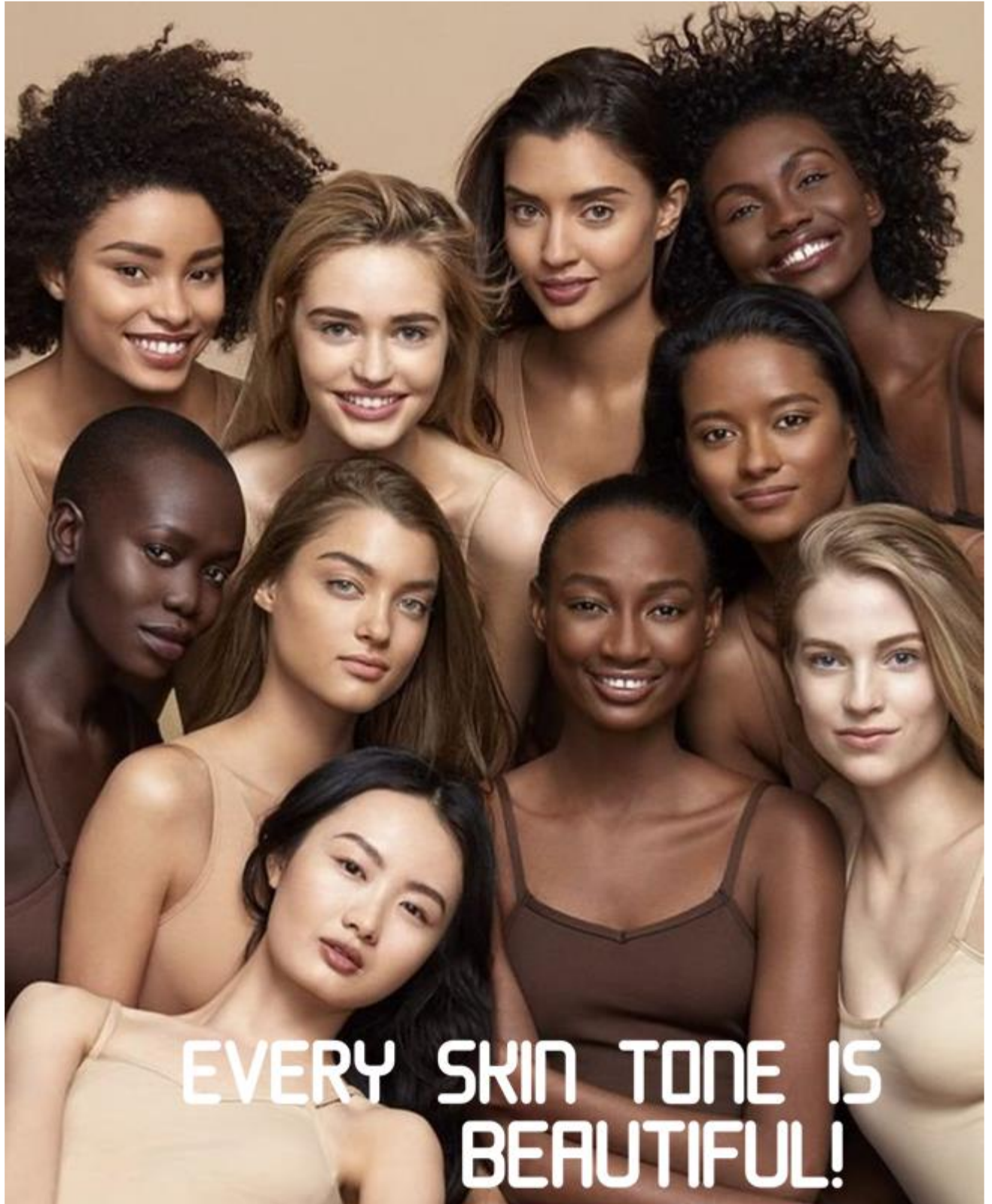
Earth’s humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!



**OLIVE SKIN IN A NUTSHELL**





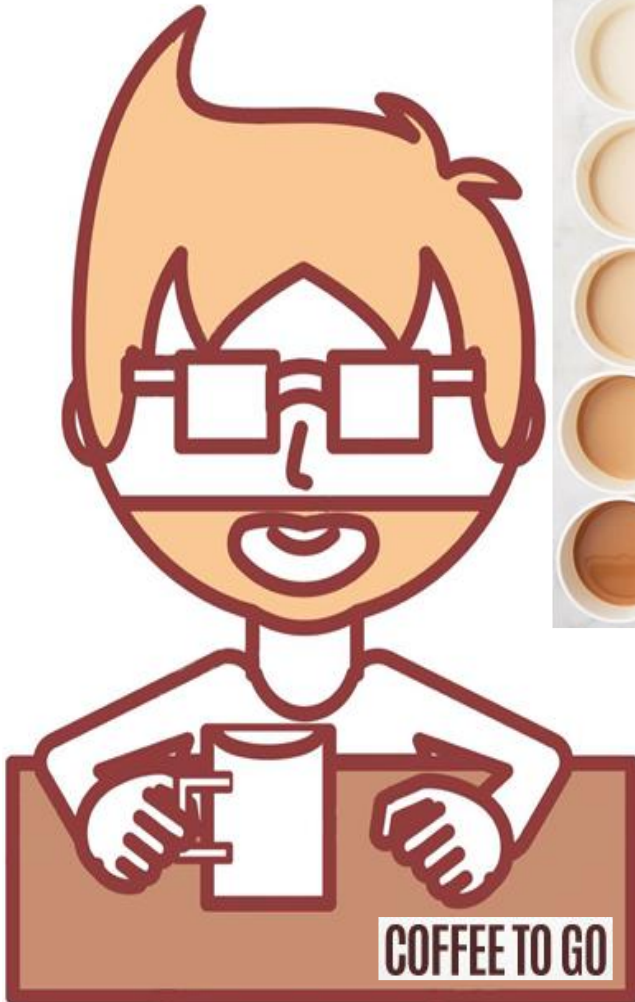


**EVERY SKIN TONE IS  
BEAUTIFUL!**

**Meltima  
Roto**

OF THE  
**COLORED  
PEOPLE**

**Coffee** COLOURED  
PEOPLE



**We will all blend!**

# Mass Formation Psychosis

## Lost and confused!



We are to express our feelings, both good and bad, at all times, and to long for the truth of them.



Feelings First with Mind to follow in support.

## What is society turning to?

<https://www.quora.com/>

Victor Dirikebamor, of Nigeria, penned much of the following:

25 September 2023

Our moral compass isn't merely wavering; it's spinning in a dizzying dance of confusion.

We may still file into churches and mosques, dressed in our Sunday best or devout attire, but the sacred words now only hit the surface; they no longer penetrate the soul. We have no feeling for the practice. We may enjoy the social interaction, however we question the authenticity of the words.

The community spirit—built on integrity, decency, and a beautiful, intricate tapestry of communal love—is fraying at the edges, overshadowed by a new and desperate gospel:

### **"Survive. Thrive. By any means possible."**

Young people, armed with talents and dreams as vast as the desert, find themselves lured into a maze of ethical compromises. Everywhere the shades over deception are fading and the self-interest of past respected institutions and their leadership is now seen for their covert corruption and control.

The desperation to not just make it, but make it big at all cost, has become a blinding light, dimming the beacons of decency we once relied upon.

Imagine waking up daily to a symphony of bad news: insecurity—the worst we have experienced as a community anywhere, unemployment—a new record broken daily, inflation hits notes so high they're almost inaudible, health services that do not heal overwhelmed and in shambles, education systems time consuming and out of touch, leaders exposed for their inadequacies and corruption, and population numbers boom like a bass drum in an accelerating rhythm. In this dissonant music, even the appeal of a 'good name' can't hold a tune.

Every year, more and more young people graduate from universities. But instead of making things better, it's like throwing more wood onto a fire that's already out of control. They have a 'degree' but no experience. We learn by doing but we now have 'artificial intelligence'. We're adding more people to a job market that's already packed full, making a bad situation even worse.

Then there's the irony of corruption—the societal quicksand we've all come to detest and yet strangely envy. It's as if many have resigned themselves to the dirt, angered only when they don't get to sink their own feet into the filth.

Our leaders are either lost swimmers or wilful spectators, waving from the shore while their closest allies float on inflated rafts of privilege.

If this keeps up, each of our societies and its communities isn't just sitting on a ticking time bomb—it's doing a tap dance on it. And the clock is running low on mercy.

Unless we take a U-turn, a Great U-Turn, on this precarious road we've ventured down, the explosion won't be a matter of 'if' but 'when.'

We need a tectonic realignment of our core values, governance, and collective conscience. We're not just in the business of saving a nation now; we're in the urgent act of resuscitating the very soul of our society.

We need a New Way, we need The New Way, and that way is what has been withheld from us throughout the reign of hidden controllers these past 200,000 years. The New Way is to Live Feelings



First having our mind to follow in support of our feelings and what our feelings are revealing and showing us, to each of us. We are to express our feelings, both good and bad, to a companion who welcomes our experiences being shared in this way. We are to yearn and long to know and understand what it is that our feelings are drawing our attention to. We will see that our feelings are always in truth and that it has been our total dependence upon our mind that causes each of us our grief. Our minds cannot discern truth from falsehood, our mind is addicted to untruth, our mind is addicted to control, control over others and environment. We cannot evolve and grow while we live mind-centric and that is how each of us presently live! Stagnation and social ills will prevail until we embrace this pathway.

The question that looms isn't whether we can afford this transformative change. It's whether we can afford the apocalyptic cost of staying the same.

Otherwise, the legacy we leave will be nothing more than a haunting elegy, a serious reflection of missed opportunities and squandered potential.

**This time, in the history of humanity, is the most exciting time ever experienced.**



Negative Spirit Influence blocked  
 22 March 2017  
 Law of Compensation quickening  
 22 May 2017  
 Rebellion and Default officially ended  
 31 January 2018



Monday, 24 December 2018

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, and to be truth-accepting. All of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.

The Change, as such, is the same thing really. However technically, The Change begins with the dawning of the new Spiritual Age – the Avonal Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

**THE CHANGE**

This is the Pathway to end the

**EARNAGE**

# Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

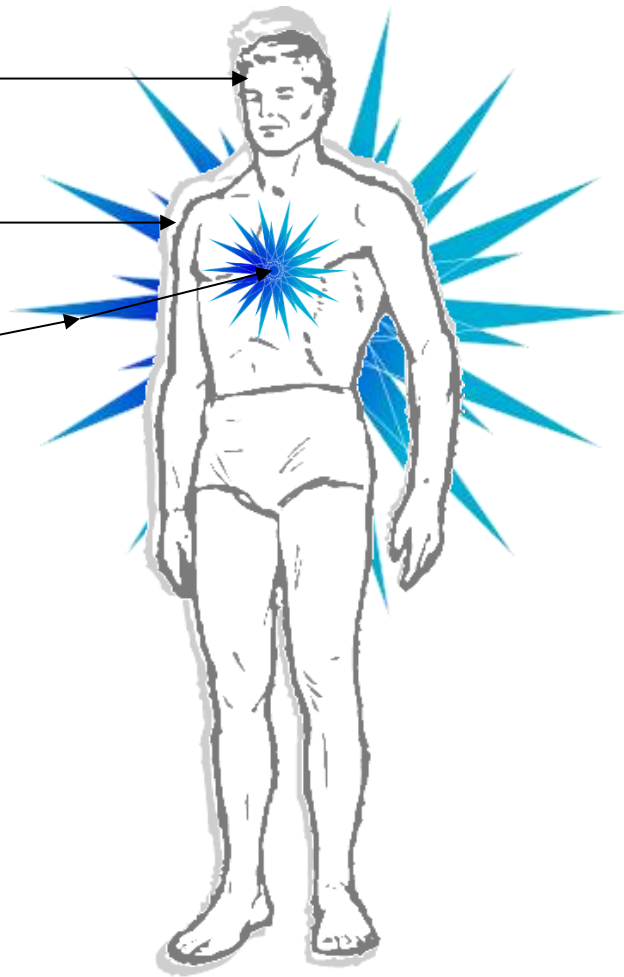


The Light coming out of the Darkness!

**FREEDOM OF FEELING**  
**FEELINGS HEALING**  
**LIVE FEELINGS FIRST**

ASPECTS of LIFE:

<u>Physical /</u> <u>material body</u> Brain	→
<u>Spirit /</u> <u>etheric body</u> Mind	→
<u>Soul + Spirit</u> <u>Combination</u> Senses Desires Memory Passions Intention Free Will Emotions Creativity Awareness Personality Aspirations Intelligence Consciousness <u>The Real You</u> <u>is your Soul!</u>	→



The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8<sup>th</sup> May 2002

**At the moment of conception we achieve individualisation and become self-aware, we are then able to exercise our free will. At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.**

**Incarnation is about 16 days after conception when the embryo commences to pump blood.**

**At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul receives Divine Love, and embraces Feeling Healing, it will grow, and grow, and grow in brilliance and into that which is Divine.**

# NEW FEELINGS WAY

*We Are*  
**TRUTHSEEKERS**



Finding the Truth through our Feelings Way  
and of Our Childhood

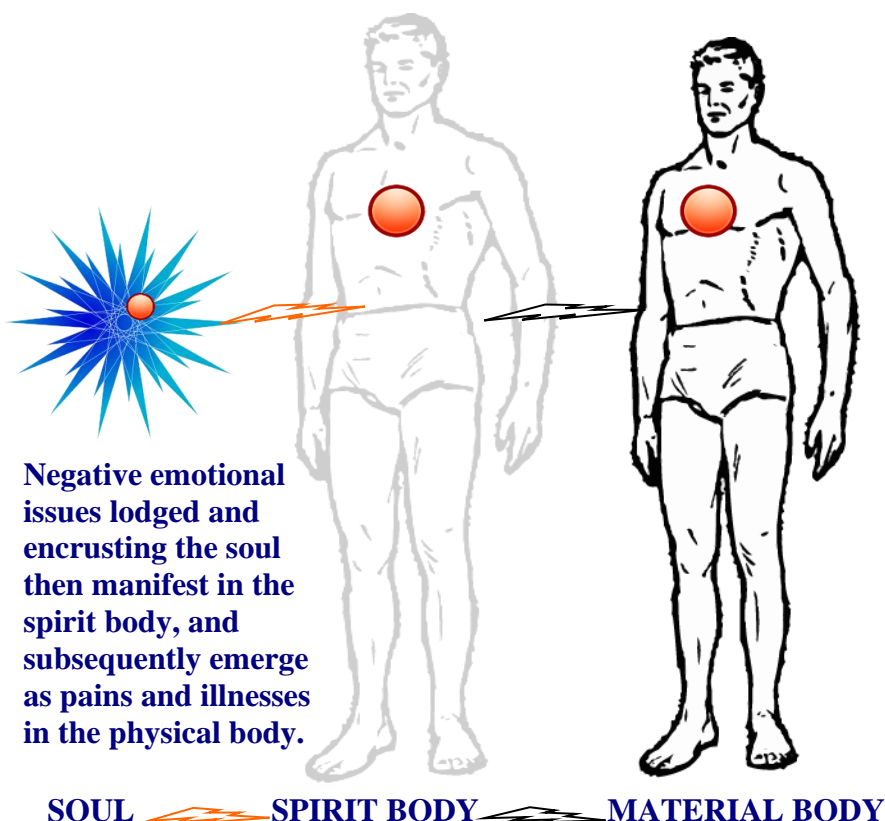


**I am my SOUL!**

**I am not my body!**

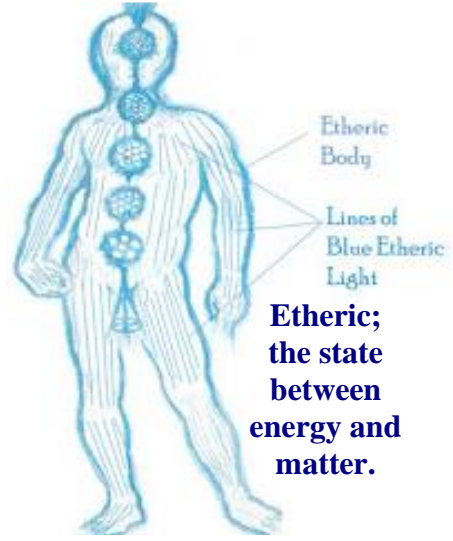
**I am not my mind!**

# WHOLE DIFFERENT Way of Life.



Negative emotional issues lodged and encrusting the soul then manifest in the spirit body, and subsequently emerge as pains and illnesses in the physical body.

It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness.



**Etheric;**  
the state  
between  
energy and  
matter.

SOUL SPIRIT BODY MATERIAL BODY

**PARADISE**

**Home to our Heavenly Mother and Father**



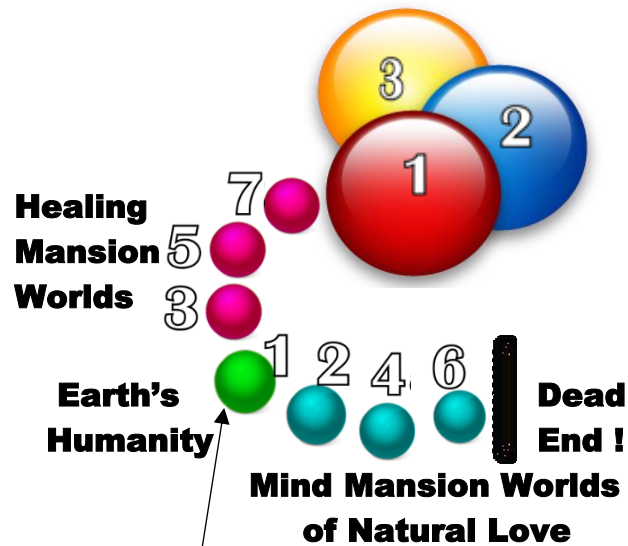
**We are to progress through NEBADON, our Local Universe, and then onwards - -**



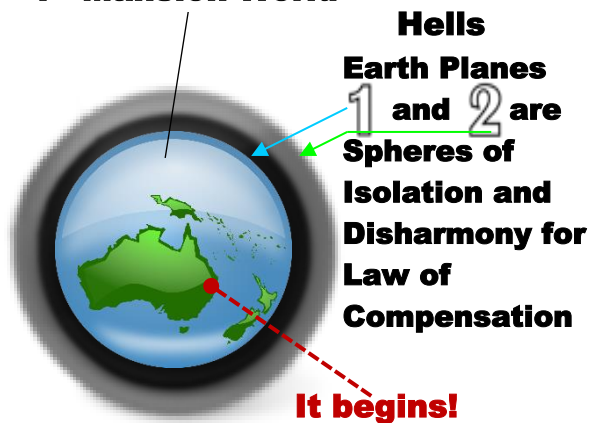
**SATANIA - System**

**Earth is #606 of 619 humanities.**

**Celestial Heavens Spheres**



**Upon death of our physical body, we all transition to the 1<sup>st</sup> Mansion World**



**EXPERIENCES, FEELINGS and TRUTH:**

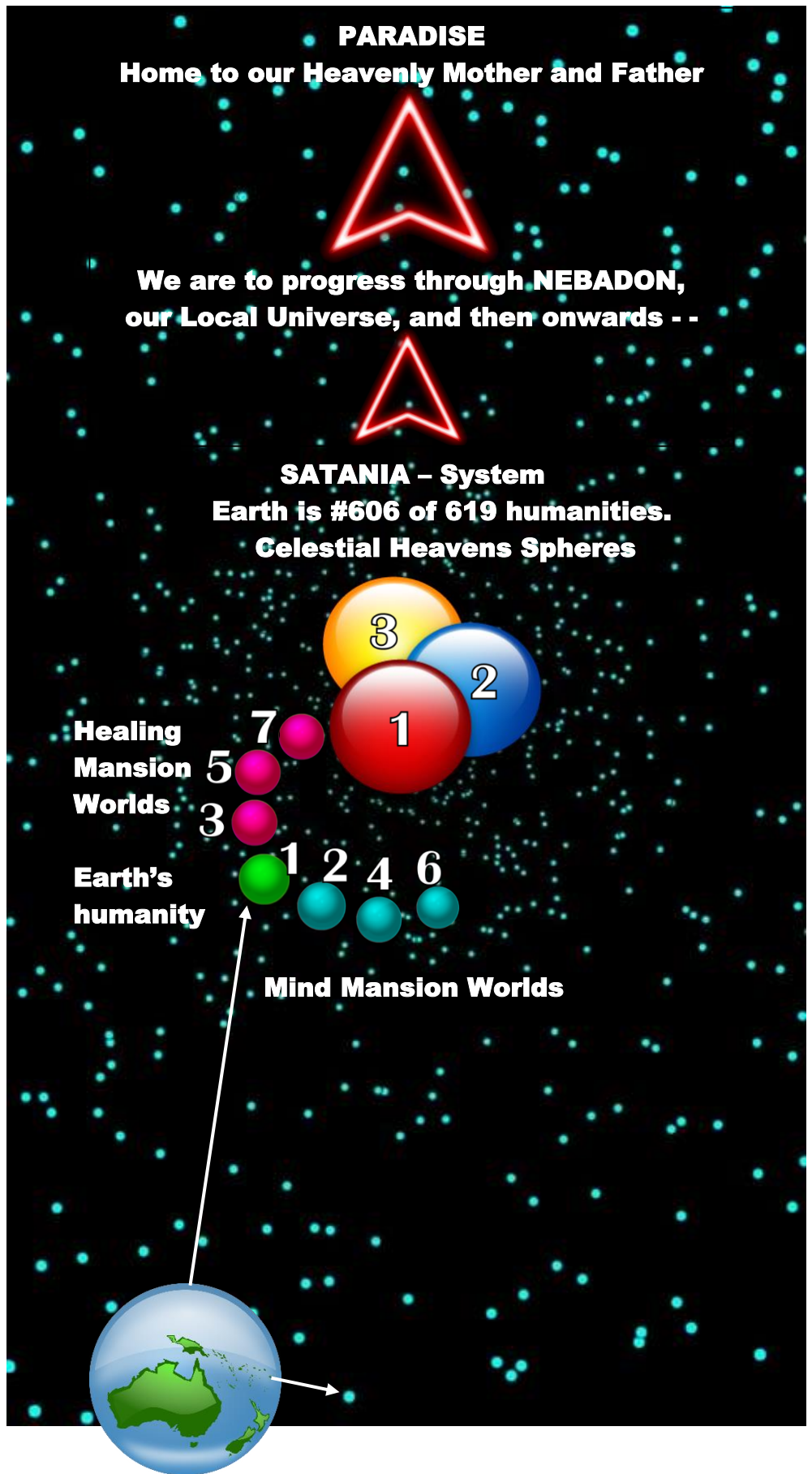
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1<sup>st</sup> spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However, picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.





# ***We are to Find the Truth of our Childhood.***

James Moncrief, the Revealer – Sunday 8 September 2019

## **We are to Find the Truth of our Childhood.**

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

# How is it for you if you are Truly Honest with Yourself?



♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

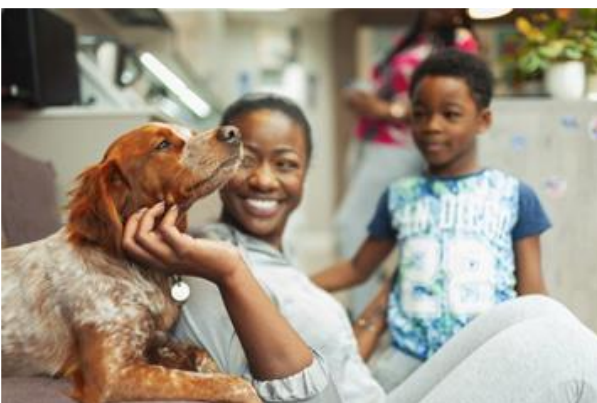
♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



~~~~~

♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?

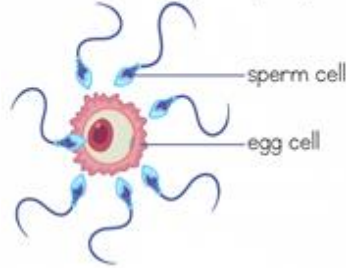


♥ You love your pet more than your child?

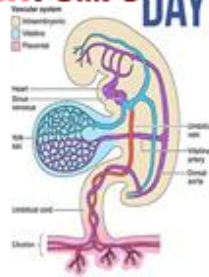
By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

# We are to Find the Truth of our Childhood

**Conception**  
Fertilisation (egg and sperm)



**INCARNATION**  
**HEARTPUMPS DAY 16**



## Childhood



### One to One Sharing:

Talk it out with a buddy what happened with you yesterday or over the weekend. Was it fun? Was it not? Was it a bother? Why do you feel it was that way for you? Say to your friend what ever comes up in how you feel about what happened for you. Then listen to your friend share his/ her day / days and what she / he experienced. Then ask your friend to talk again later.

Junior school classroom with a student assisting. Students to form into pairs and discuss their feelings about their experiences.



**THE GREATEST  
THREAT  
TO  
HUMANITY**



**SUPERKIDS**

**Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

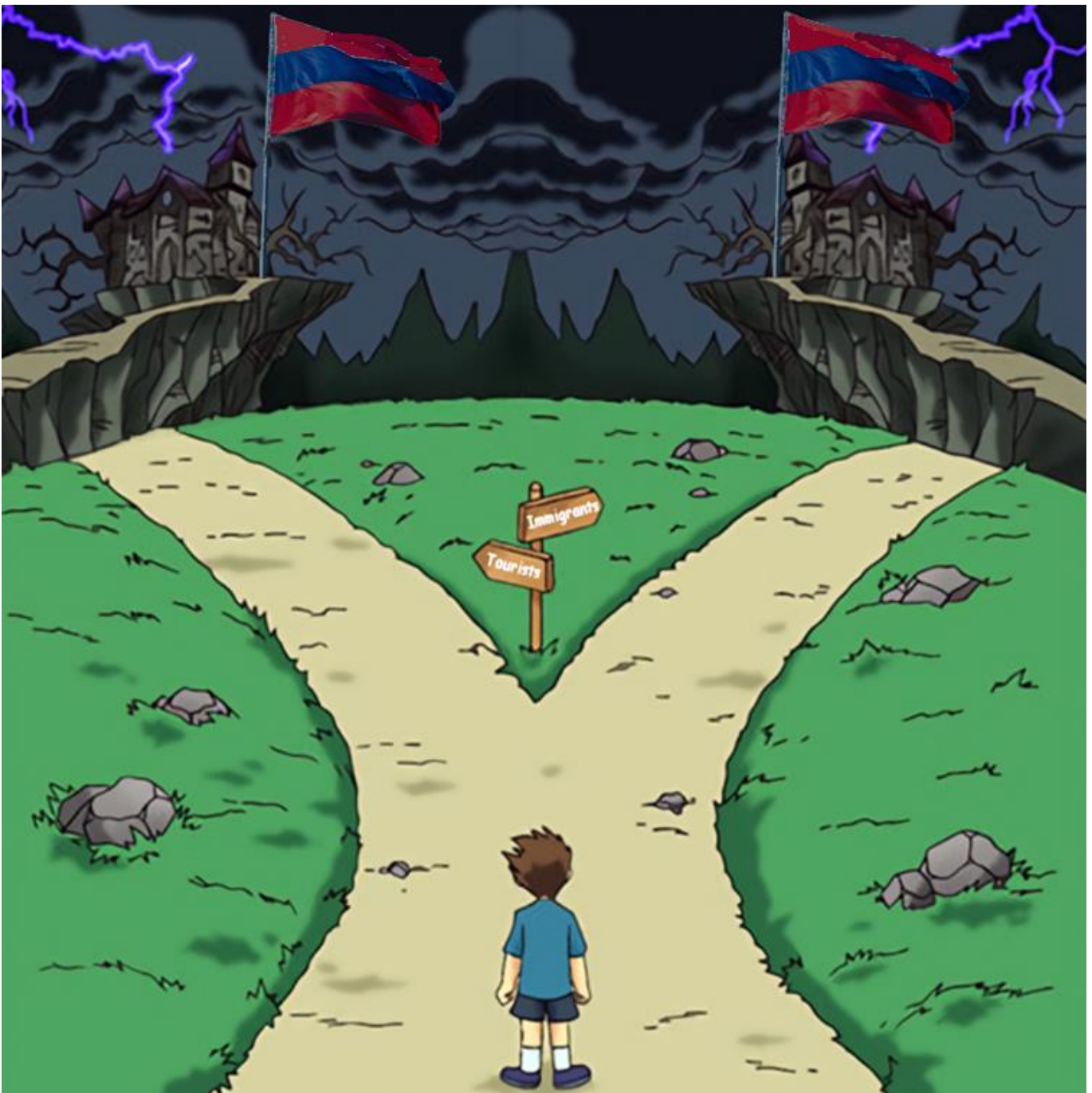
**Self Loving**



**Feelings First**

## SHOULD WE REMAIN MIND-CENTRIC IGNORING and SUPPRESSING OUR FEELINGS!

When we are mind-centric travellers, be it as tourists or as immigrants, due to covert seduction leading us to believe that we are able to achieve greatness through our minds, our choices are always the least appropriate for our personal development and growth. What our perception and feelings from this simple graphic may suggest that neither pathway is beneficial, then we may realise that it is our feelings that we are to embrace and that our mind is then to support us on our journey. That is opposite as to how we have been brought up to live. Then we are always to seek to understand the truth behind what our feelings are introducing to us – this only now being revealed to us! We are ask and ask, then learn by doing and experiencing. We are to express our feelings to a companion and continue to long for and seek the truths behind our feelings – we will be told! We have incredible support, guidance and assistance with us at all times should we only ask them and allow our feelings to be ‘heard’!



## THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using our mind will mean the True Spiritual Pathway will always elude us. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

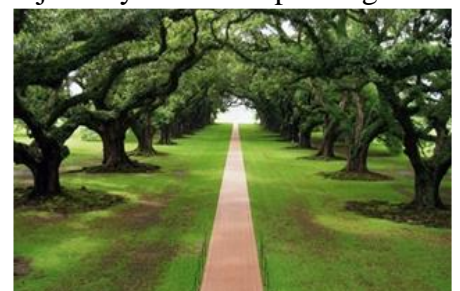
If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And we may believe we are getting somewhere with our feelings, only to realise centuries later in the spirit, mind Mansion Worlds that we've still been leading ourselves astray and away from our true feelings.

Surrender and submit willingly allowing our feelings to emerge and be expressed. Long for the truth our feelings are to reveal. Persevere. Allow our feelings to be our way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Nebadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes us all the way 'Home'. It is a journey of ever-expanding Truth and Love.



**WE ALL ARE BEING GUIDED HOME:**

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

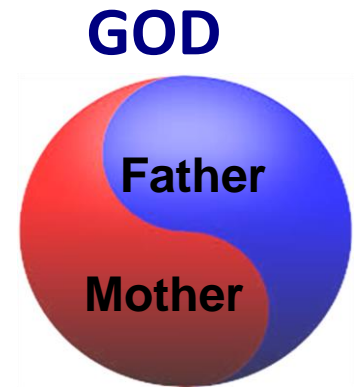
We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



**M&F**



**J&M**



**AVO**



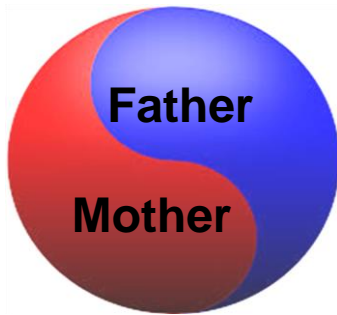
**HUM**





**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
 We are to long for the truth of what we are feeling.  
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

**AVO**



**HUM**

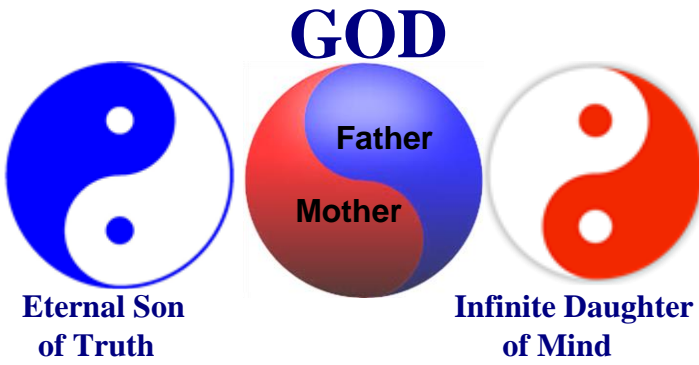
As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

**WE ARE Children of God**

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the spirit Mansion Worlds, Celestial Heavens and all the way to Paradise.



Feeling Pathway

Mind Pathway



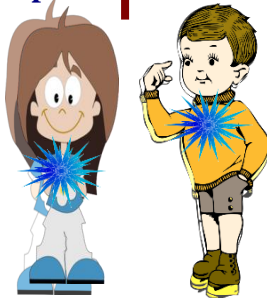
Soulmate Pair

Angel



Spirit Person

Nature Spirit



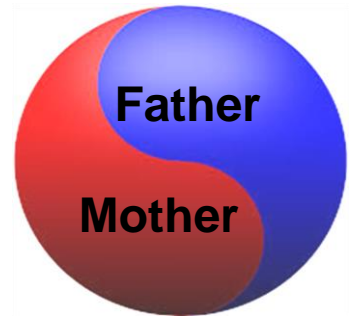
The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

# MUM & DAD THIS WAY

## GOD



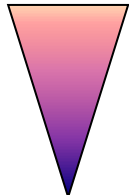
HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.



Unknown number of spheres to progress through to reach Paradise.



Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.



INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.



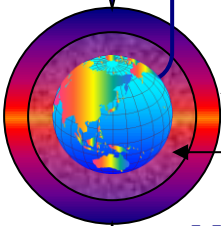
ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.



CELESTIAL HEAVENS are spheres 8, 9, 10.



Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!



We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!



AVONAL PAIR



MARY & JESUS



GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# NEW FEELINGS WAY

*Mother Father*  
**PARADISE SUPREME BEING**

**HAVONA**  
**ORYNTON**  
 Superuniverse  
**NEBADON**  
 LOCAL UNIVERSE  
**Celestial HEAVENS**

Living Feelings First, longing for the truth of our feelings and expressing them, both good and bad, is the new Feelings Way. It is the only way we can heal ourselves of our Rebellion and Default; our minds controlling domination of our true personality. It opens us up to our soul-based truth, and the love that follows.

For the past 200,000 years, all of humanity has been enslaved to the controlling natures of minds. We now have been shown how to heal ourselves and set ourselves on the pathway to Paradise, to our Heavenly Mother and Father.

**7**  
 Divine Love Healing World

**5**  
 Divine Love Healing World

**NEW WAY**  
  
**FEELINGS**

**3**  
 Divine Love Healing World

**1**  
 Natural Love spirit Mansion World

**2**  
 Mind Mansion World

**DEAD END**

**6**  
 Mind Mansion World

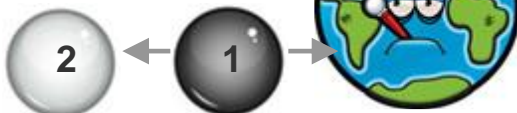
**4**  
 Mind Mansion World

**I'D TURN BACK IF I WERE YOU!**

**MANSION WORLDS**

Our soul condition, personality traits, mannerisms, errors, beliefs and behaviour, ALL transfer with us, upon death, into the 1<sup>st</sup> Mansion World. Our controlling emotional and mental addictions all continue with us when living in the mind Mansion Worlds 1, 2, 4 and 6. Doing our Spiritual Healing moves us into the Healing worlds 3, 5 and 7, to be set free of them.

1<sup>st</sup> Earth plane is the darkest of the 2 Spheres of Isolation – Hells.



## **WOMEN are the TRUE SPIRITUAL LEADERS of HUMANITY!**

Our soul manifests a male and female personality – it is a duplex! One soul – two personalities! Our soul is the centre of our two personalities. We are children of our Heavenly Parents, our Mother and Father.



We are meant to live through the guidance of our soul based feelings – not live by our mind. Our mind cannot discern Truth. Our mind is addicted to Untruth. Our mind is a Control Addict.

High level spirits seduced humanity to live through their minds, thus brining about the Rebellion – 200,000 years ago! Then the Adamites Defaulted on their mission – more than 38,000 years ago.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate / soul partner and also our Heavenly Mother and Father.

As we are rebelling against our soul partner, the other personality originating from our common soul, we are being toxic to him or her. We carry this pattern into our relationships with others of the opposite sex. Many commit heinous crimes against their soulmates / soul partner only to discover this upon completing their Healing.

**REBELLION**

**When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

And it is the women that will lead the way in Healing, not only of themselves but also for men.

***"The True Liberation of Women is Through the Truth of Their Feelings."***

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

## **LIVE FEELINGS FIRST**

**Feelings First Spirituality, The New Way**

**Feelings are your own truth and personality**





and bring about;

Unbridled *Personal* LIBERTY = True Self-Expression



**How to live The New Way – Divine Love Spirituality; and do your Spiritual Healing:**

Want to live true to your feelings more than anything else.

Want to live true to yourself through your feelings.

Want to feel as powerless as you feel, and want to see how much of a controller you are.

Want to see how you're using your mind to block out, and so control, your feelings.

Honour and express all your feelings. Especially all the bad ones.

Don't do anything to deny them. Accept yourself being them.

Allow yourself to be them, so you can feel them fully.

Long with all your heart for the truth of all your feelings.

Ask God to help you uncover the truth of yourself through your feelings.

Want to see the truth of your childhood.

Want to give up being false, superficial and untrue. Want to stop being rebellious.

Want to stop being unloving. Want to see the truth of these things.

Long with all your heart for the Divine Love.

Long to your Heavenly Mother and Heavenly Father to love you;

And to fill your soul with Their Divine Love.

James Moncrief 30 September 2023



**SPIRITUAL HEALING:**

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including yourself and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



IT IS NOT THIS WAY

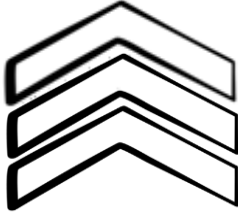


IT IS THIS WAY

**The CHOICE is OURS to MAKE:**

**Celestial Truth:**

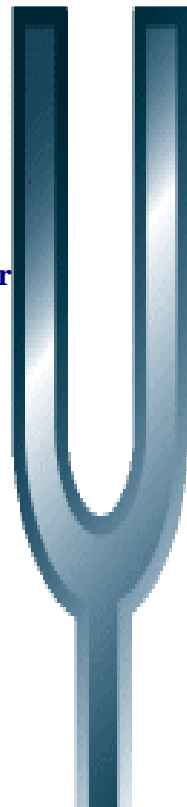
- Truly all-loving;
- Living true to oneself;
- Mind supporting Feelings;
- Living with the Divine Love;
- Fully Healed of the Rebellion and Default.



**THE FEELING WAY**

Feeling – Ascendance  
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



**THE MIND WAY**

Mind – Transcendence  
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic, atheists, no spiritual interest, Living the Rebellion and Default.

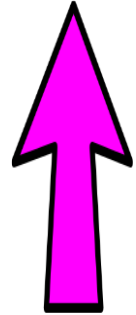
Hell:  
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

# Ascension of Truth to Paradise

## ASCENSION of TRUTH to PARADISE

**DIVINE LOVE – Feelings in control – FEELINGS WAY**  
**DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES**  
**UNITING with SOULMATE / SOUL PARTNER and SOULGROUP**  
**BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT**



### THE FEELINGS WAY \*\* LIVING A FEELING-LED LIFE \*\*

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**Transformation** of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.  
**Transformation** of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.  
 -----

### Transition from Mind to Feeling way of living

**NATURAL LOVE – mind in control – MIND WAY**  
**SEVEN MANSION WORLDS**

We have to do our: **SPIRITUAL HEALING**  
**(FEELING HEALING)**  
**(SOUL HEALING)**  
**Uncovering the truth of feeling Unloved**

**IMPERFECT NATURAL LOVE**  
**REBELLIOUS**  
**REBELLION AND DEFAULT**

Against Truth and Love  
Living Untrue; against ourselves  
Denying many feelings  
Become Truth to being untrue  
Imperfect relationships  
Feelings of love within an unloving state

**LIFE ON EARTH**  
**WHAT WE ARE LIVING**  
**AN UNLOVING LIFE**



### Self-Acceptance

No Healing needs to be done  
Being true and loving  
All done with Natural love  
Uncovering the truth of feeling loved

**PERFECT NATURAL LOVE**  
**NOT REBELLIOUS**  
**NO REBELLION OR DEFAULT**

Not Against Truth and Love  
Living Truth; not against ourselves  
Not denying any feelings  
Become truth to being true  
Perfect Relationships  
Feelings of love in loving state

**LIFE ON A PERFECT WORLD**  
What we wish we were living  
A Loving life

### THE MIND WAY \*\* MIND-LED LIFE \*\*

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

### GREAT U-TURN

# *Living True to Ourselves*

## **LIVING TRUE to OURSELVES**

We are to live truth to ourselves through ALL our feelings. We are untrue.  
 We are to live truth to being untrue. We are to stop pretending we're true.  
 We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

# *We are to find the Truth of Love*

# Soul Partners

Physical / material body  
Brain

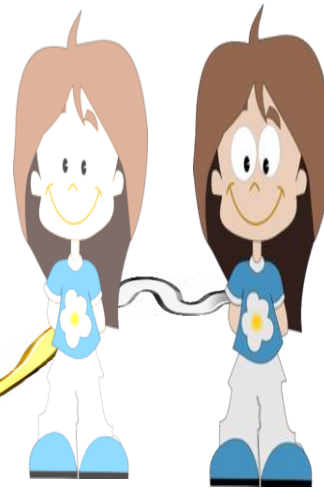
Spirit / etheric body  
Mind

Soul + Spirit Combination

Senses  
Desires  
Memory  
Passions  
Intention  
Free Will  
Emotions  
Creativity  
Awareness  
Personality  
Aspirations  
Intelligence  
Consciousness  
The Real You is your Soul!  
Our Soul orchestrates everything!

## ONE SOUL = TWO PERSONALITIES

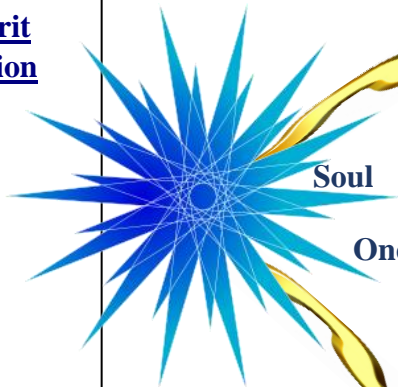
The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



Spirit Body

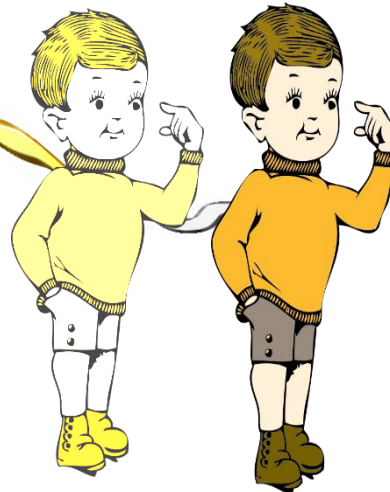
Physical Body

One Soul = Two Personalities



Soul

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



## The Learning Pyramid:



# Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2<sup>nd</sup> Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if they were on physical Earth.

Physical incarnation (individualisation) is complete with the first heartbeat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

## **AN UPDATE on JOHN'S FAMILY MEMBERS who are from WEST WYALONG, NSW!**

30 September 2023

James: As I was reading through the list of your (John's) family, an 'update' came into my mind...  
(clarifying comments added by John)

Nanna Beth, John's grandmother, her soul-mate (soul partner) and soul-group have chosen to remain in their current important third Celestial Heaven sphere positions for the next Age. (That is, the coming Avonal Age of the next 1,000 years.)

All the Celestials (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Celestial Heavens sphere) are currently in the process of being asked what they want to do: some suggesting what they'd like to do, others choosing their assignment from what exists, some appointed to specific positions by higher authorities.

All of your family (John's family) accept your son will remain and work in time from the third Celestial sphere throughout the next Age. (Our son, Benjamin John, miscarried at 12 weeks of gestation and was subsequently spirit born in the 1<sup>st</sup> spirit Mansion World. His soul partner was also spirit born.)

Your son has moved on with his soul-group and soul-mate higher into Nebadon (our local universe containing 3,840,101 inhabited worlds), so beyond the third Celestial Heaven sphere. They 'felt the call' to move on toward Paradise rather than remain in the lower Celestials for the next Age. (When we level the 3<sup>rd</sup> Celestial Heaven and progress higher into Nebadon, we cease to connect with Earth.)

Your mum (Marie Mum) is now in the third Celestial Heaven sphere, and remaining specifically aligned with you, that's you personally, and not so much to do with greater Pascas, so helping you in your relationship with it and with all the people you come across, and with me (James).

Marjorie has crossed over into the first Celestial Heaven sphere, settling in with her forming soul-group and having met her soul-mate who just arrived a short time after she did. It is thought her soul-group will move in time to work under your mum (John's mother, Marie Mum).

Kevin (John's brother-in-law), Raymond (John's 1<sup>st</sup> cousin) and Bradley (John's nephew and son to Kevin) are all now in the second Celestial Heaven sphere, they are all aligned under your mum (Marie Mum), so working associated with you and each other, and all Pascas wants to achieve.

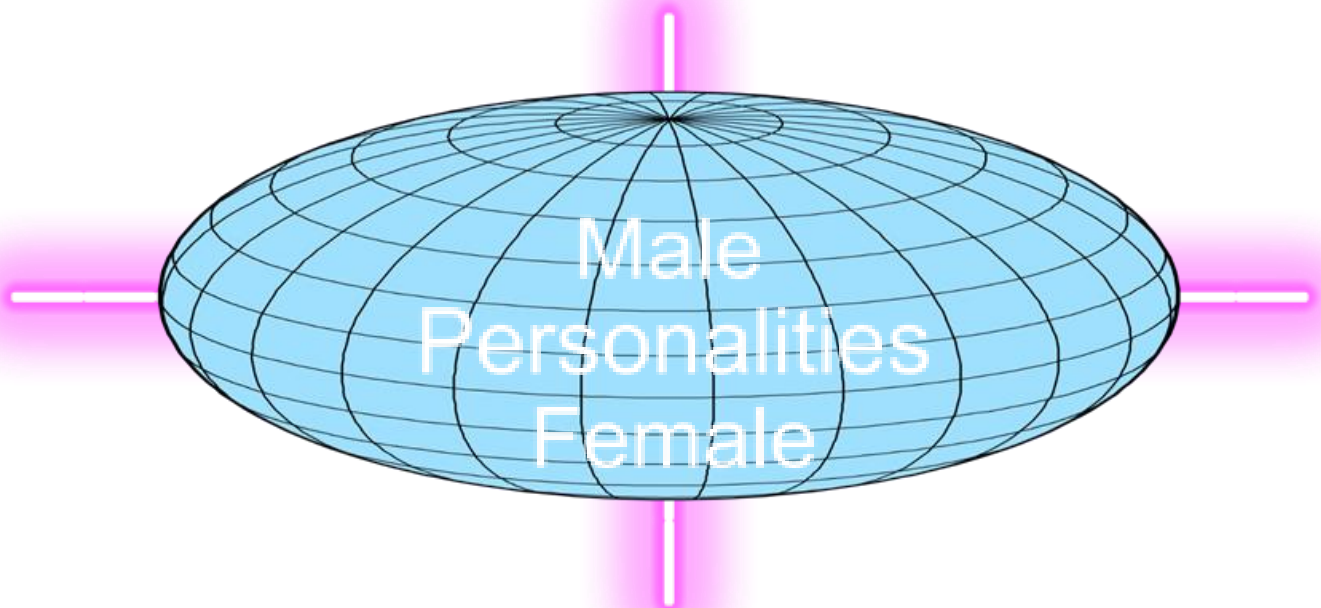
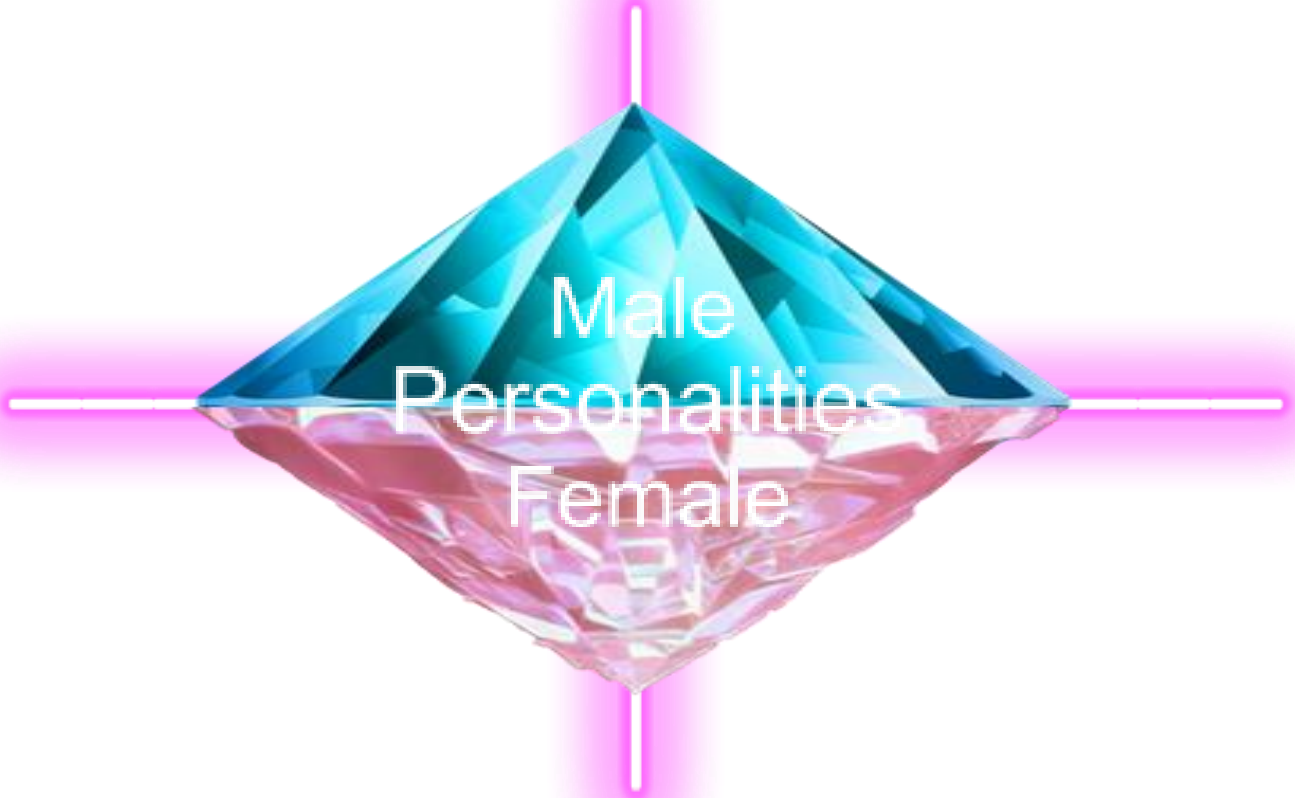
Kevin died 10 August 2012, through his Feeling Healing or similar process became Celestial by completing his healing and entered the 1<sup>st</sup> Celestial Heaven sphere on 7 August 2017, he is now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial by entering the 1<sup>st</sup> Celestial Heaven sphere, now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018, now in the 2<sup>nd</sup> Celestial Heaven sphere – September 2023.

Marjorie, John's sister, died 26 November 2020, entered the 3<sup>rd</sup> spirit Mansion World by 23 January 2021 being the first of the three spirit healing worlds (3, 5, 7). Marge had moved into the seventh spirit Mansion World around 12 April 2023. Marjorie has now crossed over into the first Celestial Heaven sphere – September 2023. Thus within 2 years and 10 months she has achieved Celestial Heaven status.

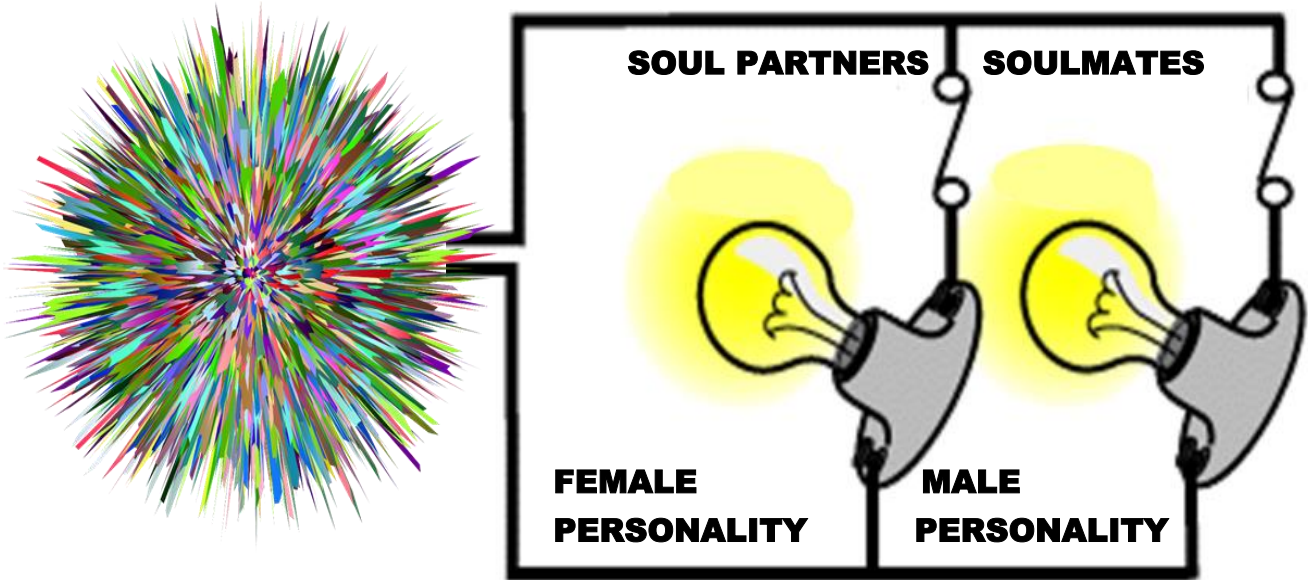
# SOUL is a DUPLEX



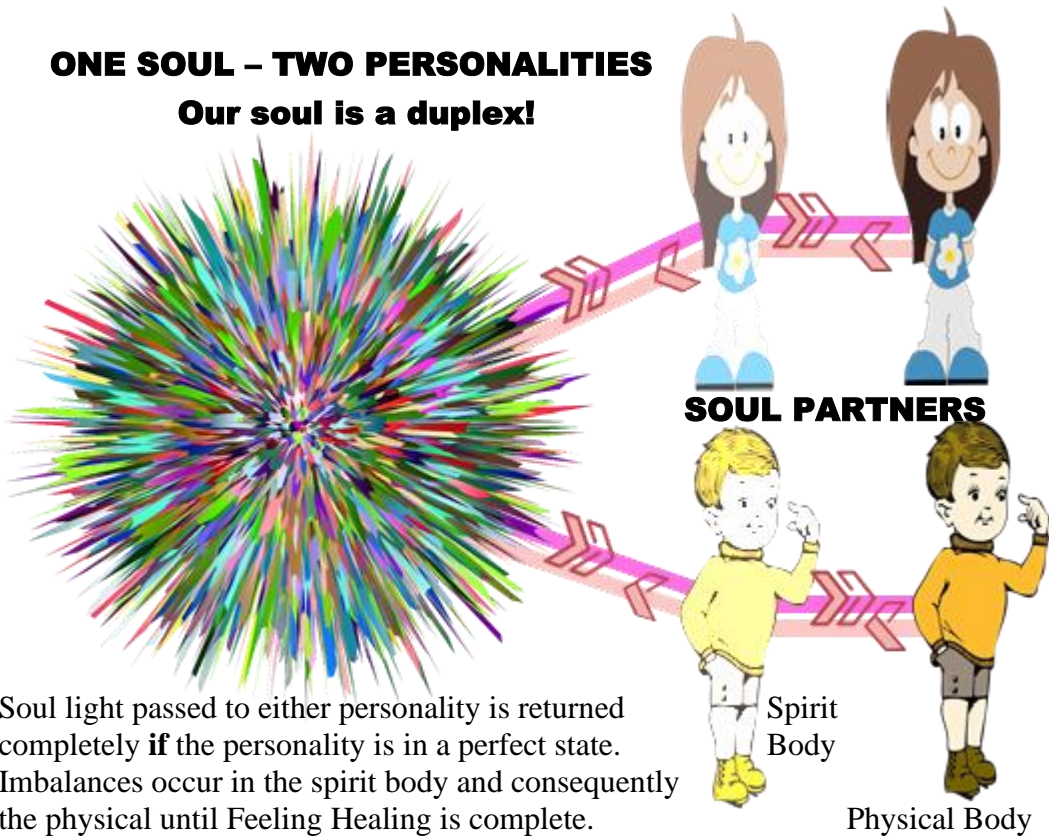


SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!

**Two separate personalities on parallel 'circuits' having the same soul.  
What impacts one personality does not impact the other personality.**

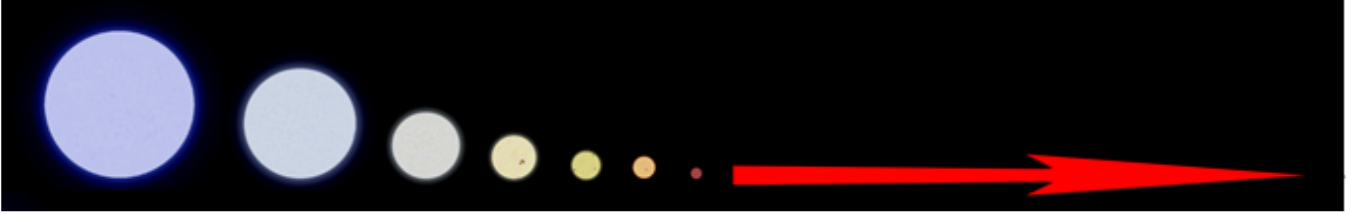


**ONE SOUL – TWO PERSONALITIES**  
**Our soul is a duplex!**



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

**OUR CHOICE!**



The moment prior to our conception, we are in pristine, perfect soul condition of Natural love. Consider that to be 1,000 on Dr David R Hawkins’ Map of Consciousness scale – the largest sphere above. From that moment on we are being ‘fire hosed’ the errors and damage that our parents hold and carry. Somehow, we make birth – the middle sphere above. By the time we are six years of age, our childhood suppression of our true personality by our parents ends upon the arrival of our Indwelling Spirit. Now, our soul condition is the smallest sphere. We will now calibrate on the Map of Consciousness scale at the level of one or the other of our parents – we are now literally a clone of their messed up personality. We continue on at that level for the rest of our lives. We also go on and do the same to our own children, thus this stagnation goes on for generation after generation – for aeons.



We can perfect our mind’s control and achieve a state of bliss which is all false and eventually ends with us crashing back to reality. Or, we can embrace our Feeling Healing and heal all our damage, that which we took on as we got older as well as the damage imposed upon us by our parents and carers. Thus, we can grow in truth and love beyond 499 on the Map of Consciousness and perfect our Natural love, returning to the condition before conception. This could take a very long time – and then we are stuck in the 7<sup>th</sup> spirit Mansion World condition.



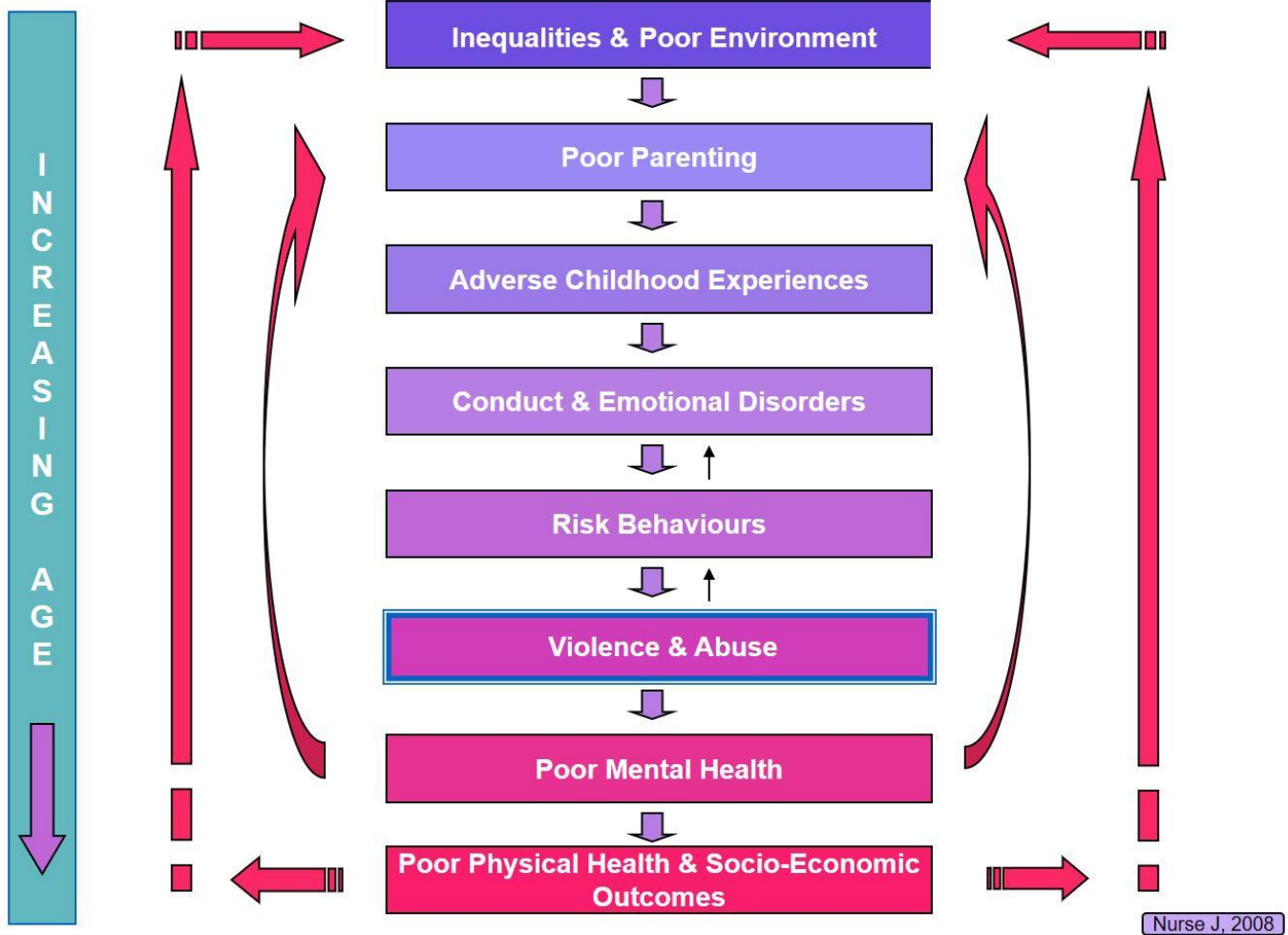
And here is the most wonderful pathway open for us all. By embracing our Feeling Healing with the Divine Love, through longing for the truth behind what our feelings are drawing to our attention and asking our Heavenly Mother and Father for Their Love, Divine Love, we can heal our childhood suppression and ongoing repression, with the Divine Love, then we can progress into the first of the Celestial Heavens and continue onwards with our evolving growth in truth and love all the way to Paradise, the home of our Heavenly Mother and Father. The pathway is now defined and open to all.

**This time, in the history of humanity, is the most exciting time ever experienced.**

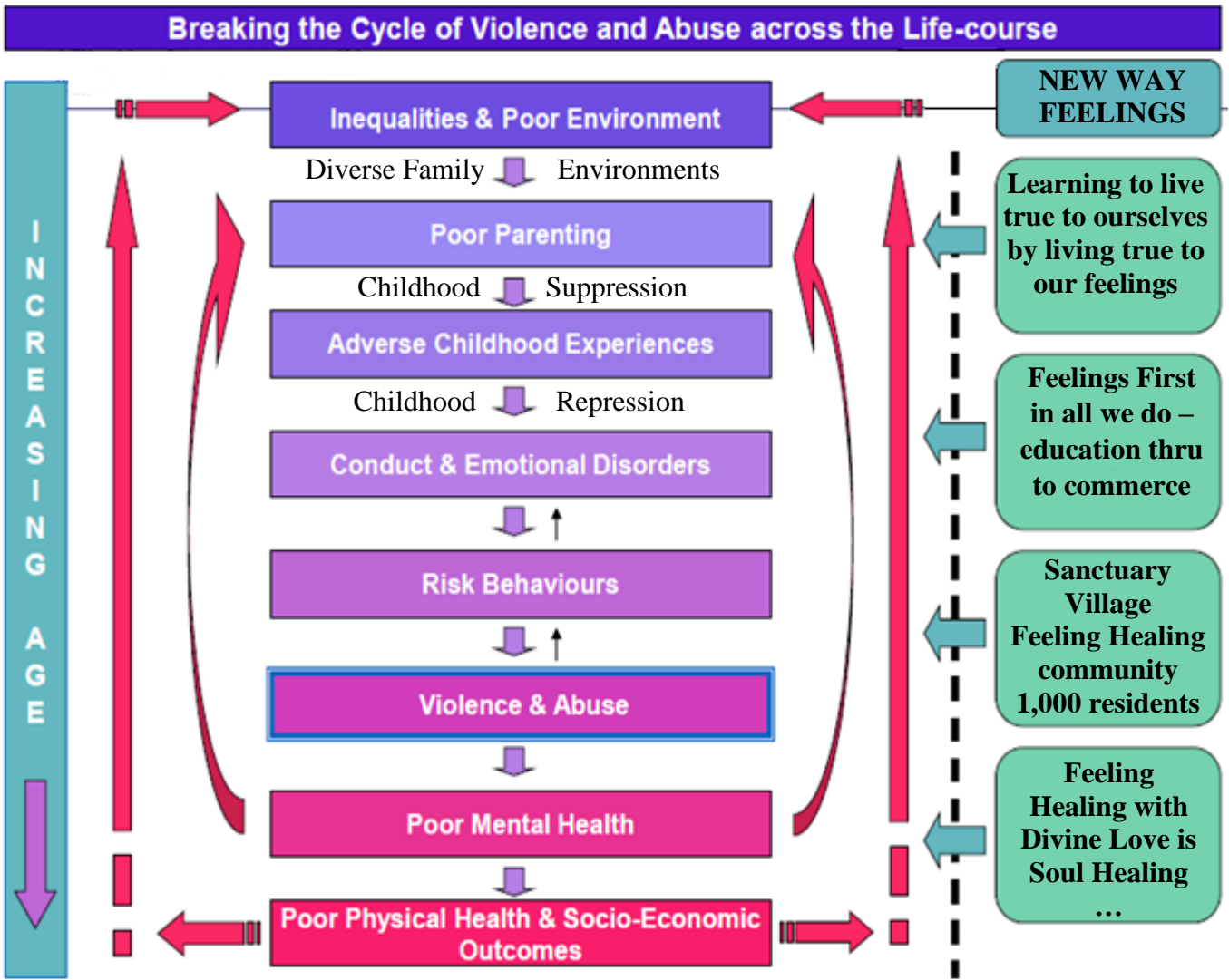
# LIFE IS FOR LEARNING



## The Cycle of Violence and Abuse across the Life-course



Seek **truth** from the cradle to the grave.



**FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:**

**The rebellious Lanonandeks from within our local universe are these soul partner pairs:**

**THE EVIL ONES**



**Lucifer pair**  
Arrested and imprisoned 26 CE



**Satan pair**



**Caligastia pair**  
Arrested and imprisoned 1993 CE



**Daligastia pair**

# 200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits

OUR MIND CONTROLS US!



## Feelings Way or the Mind Way

The rebellious Lanonandeks, led by the Lucifer and Satan soul partner pairs, instilled upon Earth's humanity, countless platforms of mind domination institutionalised systems. Even throughout remote regions, such as for the Australian Aboriginals, the mind Mansion World spirits imposed themselves so deeply into the psyche of the Aboriginals that they are profoundly impacted by mind platforms through their traditional practices, so much so that they may take longer than most to realise the freedom that comes from Living Feelings First and begin to heal themselves of 200,000 years of living and going in the wrong direction through mind domination.

The Rebellion mind dominance maintained the environment of conflict throughout all facets of living life on Earth. Where ever you have mind domination you have conflict and war! It is as simple as that.

Truth is always truth. There is only one truth. So instead of having one spiritual platform for and throughout Earth's humanity, we have 3,400 significant religions and when you add on the small denominations that are offshoots of all the major religions, you have around 50,000 religious communities professing to embrace the 'one truth'!

While we live through our minds, conflict at all levels will unfold. Only through Living Feelings First and having our minds to follow will harmony eventuate. This is a change in how we have been living for 200,000 years that is now to be embraced by the overwhelming majority of humanity during the coming Avonal Age of 1,000 years.

To aid this transition, the quickening of the Law of Compensation is to unfold for humanity on Earth. It will be earthed in the same way as it is applied throughout the spirit Mansion Worlds.

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



Sometimes It's Just Too Much.

# 4,000 Years Unfolding

1980 BCE

## Machiventa Melchizedek

1900s BCE

### ABRAHAM

*Bestowals from Paradise:*

Creator Daughter and Son

Mary Magdalene and Jesus

PADGETT MESSAGES

**THE URANTIA BOOK**

*Incarnation of the Avonal Pair*

MM Jesus

2 BCE 7 BCE

**REBELLION & DEFAULT**

FORMALLY ended 31 JANUARY 2018

46 CE 29 CE

*Bestowals from Paradise:*

Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in 1993. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

# Journey of Earth's Humanity

Years ago:

993,500 **Andon and Fonta - aspire for human perfection.**

950,000 **Andonites reach Tasmania - southern Australia.**

500,000 *Caligastia - Lanonandek - appointed Planetary Prince  
Daligastia manifests on Earth with staff  
Sangik Family - Northern India - 6 colours*

200,000 *Lucifer - Lanonandek - rebels against Jesus & Mary  
Caligastia draws Earth into Rebellion*

38,000 **Adam and Eve manifest on Earth  
Adam and Eve default their mission**

1980 BCE **MACHIVENTA MELCHIZEDEK MANIFESTS  
Commences end of Rebellion & Default**

7 BCE **Jesus of Nazareth born**

2 BCE **Mary of Magdalene born  
Creator Daughter & Son Bestowal**

1914 - 1923 **Padgett Messages - second coming**

1925 - 1935 **The Urantia Book - history of humanity**

1944 CE **Bretton Woods Conference - funding**

2002 - 2022 **James Moncrief - Revelations**

**Avonal Daughter & Son Bestowal**

**Avonal Age of 1,000 years begins!**



# THE GREATEST SHOW

is ON EARTH



**The Golden rule is: Never interfere with another's will.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our Heavenly Parents simply desires for us to ask for Their Love.**

**The New Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

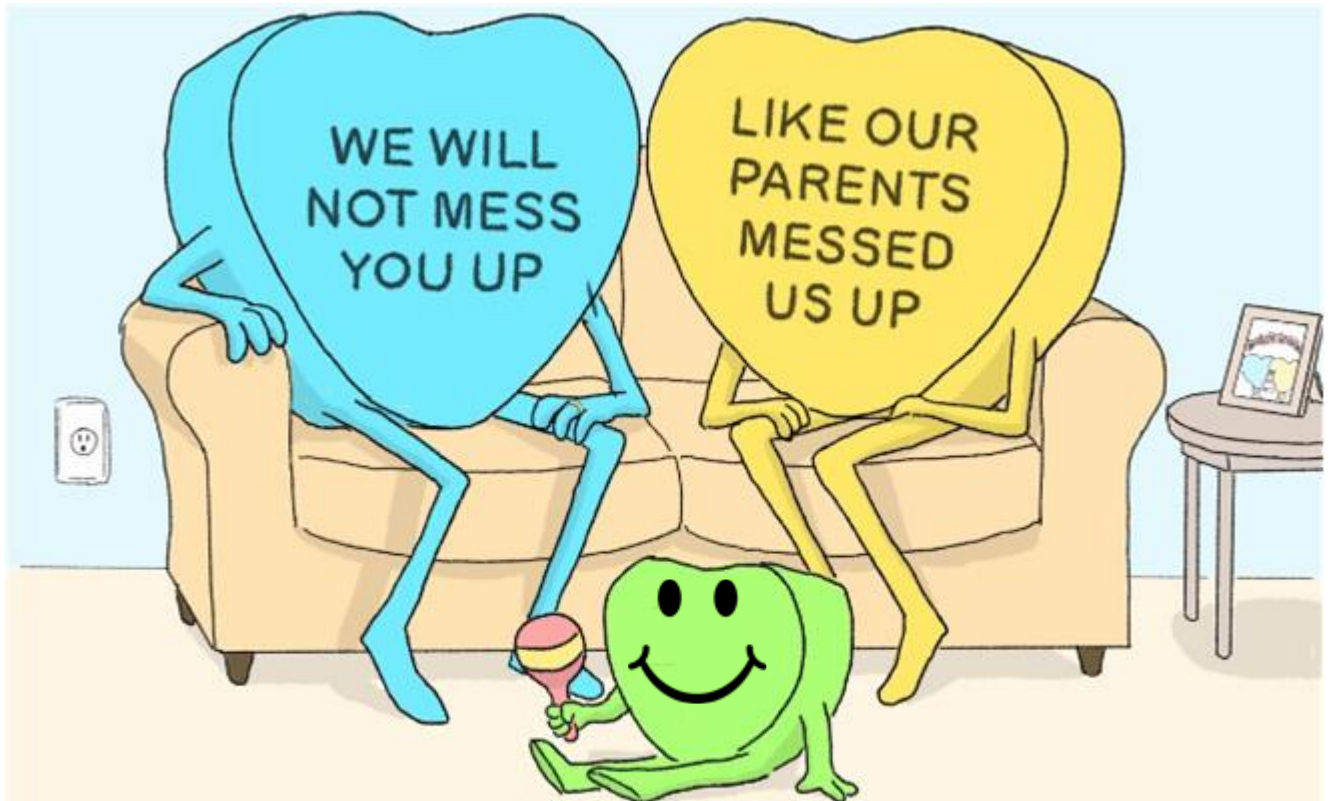
**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

Unbridled *Personal* = True Self-  
**LIBERTY** = **Expression**



and bring about;

**PAPER** SCA



The refusal to permit others to dominate us, is the ultimate in living and self-expression .

@Tommy Siegel

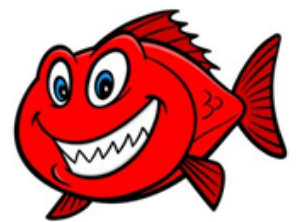
**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.**  
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**



**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**  
**Talk it out to a friend!**

*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*



*Talk it Out!*



*Heartfelt feelings are our truth.*

*Then we are to continue by longing for  
the truth that our feelings are to reveal to us!*

**WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:**



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



# We learn by **DOING!**

Listening, reading, viewing all partially assist.



put children first

The elephant in the room being:  
**CHILDHOOD SUPPRESSION**

It's all about  
**Experiences**  
&  
**FEELINGS**

We need to understand  
the truth behind what  
we feel!

**BE FEELINGS  
EXPRESSIVE!**



# TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



The mind is to be of service!  
The mind is designed to Follow,  
to be of service to the truth,  
of service to the heart, and  
your Feelings!





## WHEN WE PUT OUT A CALL ...

We may be asking, by longing, our Heavenly Mother and Father for truth, for assistance, for help of any and every kind, and it will come in a way that is appropriate for our journey, however, it may be directly through or from our Heavenly Mother, or our Heavenly Father, our Indwelling Spirit, our attending Angels, our Spirit Guides, our Nature Spirits, or a whole host of others who are invisible to us. At all times we have connection to a host of personalities and they each have their roles and consequently the more we ask then the more we discover just how incredibly well we are assisted and supported. They will not tell us what to do, we must specifically ask. They will not impose their will upon us, as we now understand that we are not to impose our will on others also.

## WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it, will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it's the same, of course, in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it's more personal and private and 'JUST FOR YOU'. So, we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand; so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with. Later, during the next Age, they will speak with others to talk more about their lives on Earth.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



**Feelings first**





In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven, John's grandmother: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

### **To be FEELING RECEPTIVE rather than being MIND CONTROLLED:**

People are to sincerely seek the truth of themselves through their feelings. The soul is that indefinable part of one's self. It's that part we can sense, soul-perceive within ourselves, somewhere deep within our heart. And it's not centred in nor is it part of the mind as some people think.

Our soul, blessed with natural love character traits and being the home of one's personality, becomes rapidly encrusted by the personality issues of those within one's environment, commencing from the time of conception and culminating, typically, by the time one is of the age of six or seven. We reflect the encrustments of our parents and of those within our environment. Our soul always remains perfect though it can become as dark and restricted in capability as a dried up garden pea, covered in error and negativity. We are making decisions with our mind right from our first moment of conception, even with such a rudimentary mind. Those decisions compounding as our mind develops, until around age six when our mind is fully developed and we are locked into our negative state.



The Indwelling Spirit becomes present when we reach the age of six or seven. This means that the unseen helper of the Mother and Father – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Mother and Father. The Indwelling Spirit reveals intrinsic workings of our Heavenly Parents to our soul. The Indwelling Spirit guides us to uncover the truth of our soul through our feelings, whilst the Holy Spirit delivers the Divine Love into our soul, all in response to our longings for the Truth and the Love.

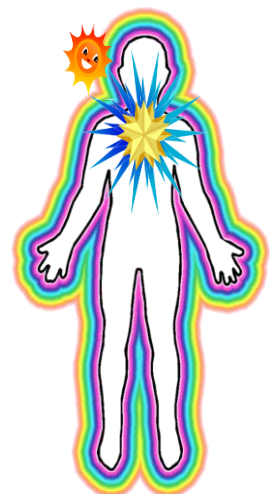
Together with the normal interaction between our soul and indwelling spirit all the truth we need to live will be given to us – all through ourself, all through our feelings. Divine Love, when asked for and received, gives one just enough strength and desire to keep pushing on, all whilst at the same time, not preventing one from feeling all the bad feelings we need to keep feeling.

It is by applying the full intention to uncover the whole truth of ourself through our ongoing feeling acceptance we are to rid ourselves of our childhood repression and all the problems it's caused.

The religion of feelings is really just living truth, the truth that comes from doing one's healing; which is really just the truth that comes from everyday expressing oneself: all one feels with the intention of knowing the truth of such feelings. True, however the further we progress and the more our soul expresses in Creation, part of what goes along with that is a sense, also from our soul-perceptions, that we are actually more our soul, so we are always becoming closer to being our true and whole soul. Only through our feelings can we come to BE our soul. We will ultimately not be reliant on anyone, only our feelings.



The thought adjuster – our Indwelling Spirit, is divine in as much as it's literally a part of God's Spirit – a spirit fragment if you like, that comes from God's home – Paradise, when we're about six, and indwells our higher mind. It becomes, if we allow it to, by living true to our feelings, our 'pilot light' so to speak that God gives us to guide us back to Paradise.



# LAW OF COOPERATION

## The Law of Cooperation

8 October 2022

Is to work in conjunction with (cooperating with) the Law of Compensation.

# LAW OF COMPENSATION

It's a Universal Law potentially to be 'imposed' upon humanity on Earth. It is currently in 'operation' in the Mansion Worlds, ensuring everyone cooperates in a friendly way with everyone else to maintain a certain standard of life as agreed upon by all involved, that which is determined by the Mind (rebellious) or Truth (Healing) way the spirits might be living.

Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, lovingly giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

Most people will have a family whilst on Earth. Many may also have them by adopting spirit children in the Mansion Worlds after death. According to The Urantia Book, we will each parent at least three children (on Earth or in spirit) before we can enter the first of the Celestial Heavens, however that might not apply to us because of our being caught up in the Rebellion.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

For example, everyone who is wilfully doing anything to make another suffer, feel hurt and pain, would cease their harmful ways, themselves feeling all that suffering, hurt and pain they've inflicted on the other person. So personally, as in personal relationship if you hit someone, emotionally, politically, socially, on all levels. If you run a business or government that is hurting people economically, socially, emotionally, spiritually, mentally, in any way causing anyone to suffer, then you're going to feel all that pain of all the

people you're hurting. Even if you're doing it indirectly. If you work for a business or company and are forced to hurt others through policy of those controlling the company, no doubt you will still feel bad for what you've done, and you might leave, but if it's your only source of livelihood, then the Law of Compensation won't be as harsh or won't possibly be applied at all. So really it applies to those who are wilfully hurting, coercing or deceiving others, who will have to do their Hell Time to compensation for all suffering and pain caused.

So, imagine if suddenly everyone had to stop hurting everyone else, including all animal abuse – how would the world be?

## LAW OF FORGIVENESS

Parents hurting their children are exempt from the Law, in that it will still apply, however it is suspended until the parent does their Spiritual Healing, and then it will come under the greater Law of Forgiveness. So parents doing their Healing and waking up to the truth of how badly and unloving they have treated their children, will feel all the pain of their transgressions as the Law of Compensation works upon them, however it will be a part of their Healing under the Law of Forgiveness, because the Rebellion has been thrust upon us all, and so parents won't have to do actual separate Hell Time, however they will feel like hell doing their Healing when they see and feel how unlovingly they've treated their children.

One could argue that it's not fair everyone being subjected to the Law of Compensation because we've all unwittingly and unconsciously been subjected to the horrors of the Rebellion, however once we're an adult, rebellion or not, we're still answerable for our actions. And so if you cross the line and infringe upon another's will to the degree of making them suffer pain, the Law of Compensation will apply to you.

So if the Law of Compensation is applied to Earth, one can imagine there will be many of the world's top controlling people suddenly stricken down with all the pain of their wrongdoing, thereby leaving quite a gap in the way things get done, into which other people will have to step.

And if the Law of Cooperation is applied at the same time, then in theory the world can dispense with the need for money, so no power or wealth accumulation, everyone can have what they want, and no one will want such power over others because of the Law of Compensation – and then how does the world keep functioning when suddenly there is no need to go to work to make money to survive? Hence the need for the Law of Cooperation, because like in the Mansion Worlds, everyone will feel driven to cooperate with the whole, so people will want to go to work for the sake of working to make everything keep working. Not to earn a living, just so they can participate in the whole of making life be as everyone will want it to be, that being a pleasant, good and happy standard of living. So the companies and governments will still work if need be, however their purpose and reason for existence will be for the good of the whole, with workers volunteering to work to keep them going. A utopia heaven on Earth, even a rebellious one, just as the Mansion Worlds are called heaven.

So is the new Spiritual Age that is possibly forthcoming, heralding the end of the 'Lawless' Rebellion? Is humanity on Earth to move to mirror humanity in the Mansion Worlds? So can life over there be applied to life here on the physical Earth? Will people strive to continue living their rebellious ways cooperatively within the overseeing Law of Compensation, all in a 'nice, friendly and loving' evilness, like in the mind Mansion Worlds? Whilst other people will strive to live cooperatively doing their Healing, wanting to finally end being of the Rebellion and Default?

# Purpose of Life

## Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS  
 EXPRESSIVE!**

## UNUSUAL PERSONAL EXPERIENCES of John Doel the Typist!

Should we share such events then we may find them not to be so unusual. Also, the diversity of such experiences may take us to new understandings of just how frequent and common inter-actions are with our invisible friends. We may then come to realise and understand that we are never alone.

**Founding Mystics 2007 Conference in Las Vegas, USA, as per John Doel:**

**Monday: 2 July 2007**

**A world trip in 90 seconds! (a visionary experience)**

At about 1.30am after Monday's midnight I joined Perry Kimelman (Winnipeg) and Graham Golding (Sunshine Coast) in a healing process being provided by Perry. Perry was finishing with Graham when I joined.

Perry requested that **I release Pascas Project to God**. This I did – successfully apparently. Then I felt this incredible sensation come over me. Apparently my body started to shake and choke and splutter like a T model Ford on steroids. I could see a kind of terror on Graham's face, but the panic appearing on Perry's face was something else. The thought of heart attack was emerging on his mind. I had no physical feelings whatsoever, so I 'felt' fine. For ninety seconds or so I went on an incredible journey.

The speed of this travel was at such a rate I could see light fall away from behind me. I never considered light to go so incredibly slow. When needing to change course, I did not experience any G-force. There was no feeling of gravity.

In this time, on this visionary journey, I visited every conceived Pascas Care Centre, all 4,000 or so, I visited the Pascas Health Sanctuary's, I visited every proposed commercial enterprise that we have envisaged. I visited all the Pascas Parks. These Parks may receive nearly 500 million visitors through out every 10 years.



What is incredible was the serene calm and joyous faces on people that I observed, in all of these establishments. Those beautiful expressions were on everyone's face everywhere.

This visionary tour covered 42 countries, if not more. These centres are predominantly in remote and emerging communities and economies.

With the Pascas Health Clinics established, we have the capacity to manage 28 million life threatening episodes per annum with a focus upon HIV/AIDS, tuberculosis and malaria. We have been introduced to non-drug based treatment programs for these illnesses. The Clinics will also provide a comprehensive range of medical assistance services.

To date, we have been introduced to more than 400 unique technologies and innovations which have commercial application within remote and emerging communities. These are to be supported and introduced via the Pascas Clinics to create employment and expand the economies within these communities. Many more innovations will be added to the agenda as we proceed.

The Pascas Parks are edutainment (education / entertainment) venues, a form of theme park without rides! Each regional and main Park will have the capacity to receive 5 million visitors per annum. They are spiritual centres. Research suggests that, on average, each visitor's consciousness will rise by 60 points as per the MoC scale.

The incredible bliss I saw that pervaded everyone within these centres and activities, the joy expressed was incomprehensible and impossible to describe. The beauty of what we are to achieve is beyond question.

What I realised is, what I saw that has been proposed and planned for more than 25 years, is on some level already DONE !!!

It is all done.

What is now required is to adopt the input, guidance and recommendations of the Council of Elders and ensure that it is DONE BETTER.

**Tuesday: 3 July 2007**

Grace Sears Workshop: Transmissions of Divine Energy, [www.deekshafire.com](http://www.deekshafire.com) Grace's introduction of the Oneness Blessing, but in the purer form of Deeksha Blessing, was an experience that I will never forget.

We formed a circle of 19. For some reason I felt I had to sit immediately in front of Grace on the other side of the circle, which I did.

She started talking. After a short while, I felt the right side of my head start to warm up and crackle away. The sensation was in the circle where one's hat would sit around your skull. The sensation extended around and then to the left side. Then the juice ramped up. Then it felt as though it was shooting up through the crown of my head. I did not feel anything coming up my spine.

Then it seemed to be exploding.

Grace continued on with her story of how this person was cooking behind her. At that point I tried to intimate to her, how about the guy in front of her!

Apparently my very red face caught her attention.

This went on for maybe 40 minutes. I don't know. I was trying to manifest a fire bucket full of ice so I could quell this sensation. The term, 'burning ring of fire' has taken on a new meaning for me.

Dee (Diedre Loecher) on my right tried to lessen the sensation. Norm Shealy (Dr) on my left 'worked' on the top end of my spine. Meanwhile I just sat there crackling and sizzling away. Actually felt quite calm about it – until it shot down my body and then everyone was aware of my predicament.

As Grace proceeded to provide the Deeksha, it settled down and I participated in that. When I returned to my chair, it juiced up again, but not to the same level as previously.

Interestingly, when Dr Norm Shealy took his turn to participate in the Deeksha, I thought that this will be interesting, how is Grace going to ram any more spirit into this phenomenal being. Well she got stuck, neither of them could move for more than 20 minutes. How did I anticipate this?

After the session, still crackling away, I asked Grace what had happened, she said she did not know. Michael Tamura, who sat beside her, looking directly at me, when asked, said he did not know. If I had known that these two incredible people did not know what was going on with me then panic would have been in order. Norm Shealy stated that I had a kundalini surge and Perry Kimelman suggested that I was releasing all the pain that I had observed and absorbed over many centuries. (It appears as though the experience may have been a Cosmic Fire download, not a Kundalini surge which is upward.)

Nearly a week later, the sizzling and crackling had nearly subsided (so I thought). This experience continued for another three or four months and occasionally reoccurred from time to time thereafter.



In 2017 it was clearly explained – my brain (actually my mind!) was being fried of unnecessary material!

**Nanna Beth speaking through James Moncrief**

Monday, 27 March 2017

Questions from John:

Nanna Beth, 3<sup>rd</sup> Celestial Heaven, John's grandmother: The vision was given to you by your Indwelling Spirit with your angelic pair. It was something to give you hope for, something to give you the scope to focus on so as to expand your mind. And as to whether or not it will actually come to fruition, that I'm not able to tell you presently. However, even though you'd like it to happen, I know you are also prepared for it not to, and for other things to happen, even going in a completely different direction. Having the scope, the far-reaching vision, being able to embrace even the concept of something like that, has all helped you prepare for what you are doing now with James.

The burning hat band was also done by your angels, they needed to fry your mind in a way, so as to clean out all the unwanted stuff, so it would be able to accept all that was coming. The two psychic experiences served many purposes: one to take you outside your box, and the box – anyone's box; to help you to know such things are possible, and that they can be positive; to open up your mind circuits to accept new material; to enable you to not get bogged down or go off on a tangent before you met James and understood the true bigger picture; to render you incapacitated and different to all the others at the meeting, because you were, only you didn't fully understand it back then.



**As it has come to unfold:**

Through the assistance of James, I, John, have come to interact with:

|                 |                   |                                      |
|-----------------|-------------------|--------------------------------------|
| Nanna Beth      | my grandmother    | 3 <sup>rd</sup> Celestial Heaven     |
| Marie Mum       | my mother         | 1 <sup>st</sup> Celestial Heaven     |
| Sister Marjorie | my sister         | 7 <sup>th</sup> spirit Mansion World |
| Kevin           | my brother-in-law | 1 <sup>st</sup> Celestial Heaven     |
| Raymond         | my first cousin   | 1 <sup>st</sup> Celestial Heaven     |
| Bradley         | my nephew         | 1 <sup>st</sup> Celestial Heaven     |
| Benjamin John   | my unborn son     | 2 <sup>nd</sup> Celestial Heaven     |

This is the first time in history that members of one family have conveyed their journey. Further, my sister's first forty days following arrival into the 1<sup>st</sup> spirit Mansion World can be read by going to [www.pascashealth.com](http://www.pascashealth.com), then to Library Download, then Medical – Death & Dying and click on:

 [Pascas Care Death & Dying Transition & Assimilation.pdf](#)

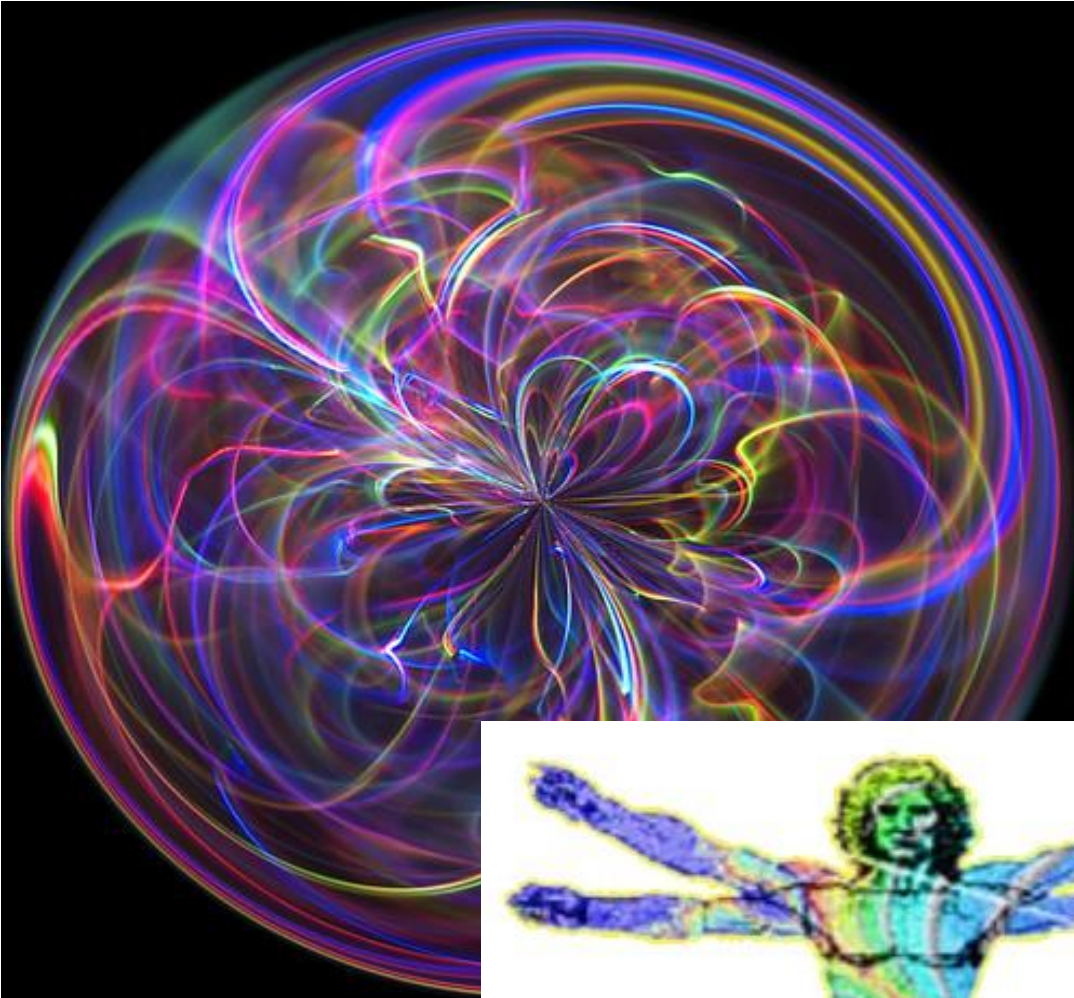
 [Pascas Care Death & Dying Transition & Assimilation Marjorie.pdf](#)

Death will become a time for celebration!



**Spirit Personality's Assistances:**

Rick M was visiting my office (2010) when I asked him; how could the white background behind the man with the outstretched arms be removed, so that the background would become clear. I wanted to overlay the man over the plasma sphere – the sphere to represent the dynamics of the soul and the two body images, one to represent the spirit body and the other the physical body, as the spirit body is the template for the physical body.



Instantly, the background dissolved before our very eyes!

Then was the task of positioning the 'man' over the sphere. This then occurred instantly without requiring any adjustment as shown below.

The pixels arrayed around the 'body' is how the image appeared below at that instant.

Previously, I have experienced assistance from our spirit friends with the development of powerpoint documents. PowerPoint slides would be amended to be more appropriate, but frequently the slides would rearrange in order to present a more appropriate dialogue. These events occurred to such a degree that I could not anticipate what would be the next slide to appear.

Apparently, electronics is easy for our invisible friends to manipulate!



SOUL  SPIRIT BODY  PHYSICAL BODY

## Pascas Papers

When it comes to preparing a paper to outline an aspect of the ever forming Pascas WorldCare and Pascas Care agenda, a great deal of assistance comes from our unseen friends, apparently because I am the one working with them, writing and forming the Papers.

As a topic formed itself in my mind, starting mainly with a subject heading, this was typically followed by promptings that usually lead to accessing various website addresses, searching for specific graphics, and locating records such as specific sections of books as well as incoming emails. It has not been uncommon for a 50 page paper to come together within one morning. Then would be the task of understanding it!

As time evolved, the standard Pascas Paper typically comprised of 50 pages (they grow with added material later), now mainly approaching around 100 pages. Each paper is a stand-alone document, that is, there is generally no need to refer to any of the other papers to review the core subject of the paper.

**PASCAS  
PAPERS**

The material, which the Pascas Papers are built upon, presently there has been very limited global circulation. As time goes by, this will change. Publication of the books referenced has been occurring principally since 2009. Though the revelations and guidance within the reference material are universal in nature, their circulation may be considered as low as three, that is, the authors and a proof reader – me! Even generally speaking, we are talking about readers numbering only in the hundreds for much of the material.



**From:** John Doel  
**To:** James Moncrief  
**Sent:** Friday, 4 November 2016, 7:50  
**Subject:** Divine Love

Hi James

(First contact with the Revealers)

I have only recently become aware of your great works.  
 May we connect up please?  
 I am on Skype as johndoel [jedoel@financefacilities.com](mailto:jedoel@financefacilities.com)

I live on the Gold Coast  
 The site that I have built up is [www.pascashealth.com](http://www.pascashealth.com)

cheers for now  
 John Doel  
 Pascas Foundation (Aust) Limited

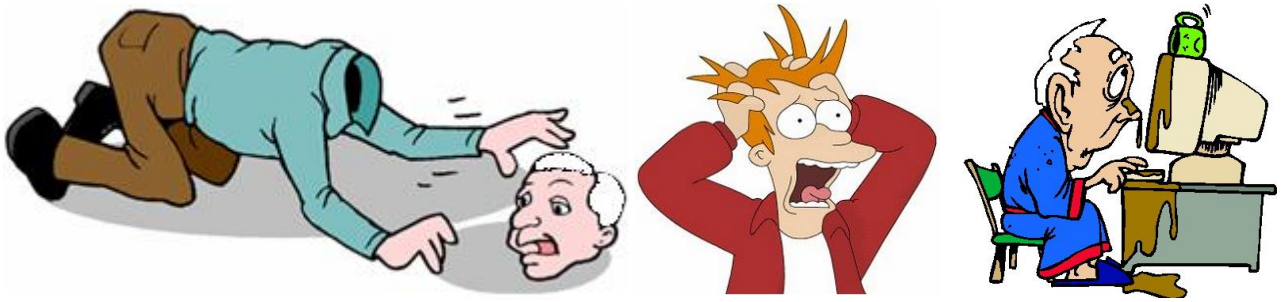
~~~~~

On 4/11/2016 1:32 PM, James Moncrief wrote:  
 Hello John, I've had a look at your website – what's on your mind?  
 I'm not on Skype, so emails will have to do.

James.

~~~~~

Following this tentative connection with James the Revealer, one could say “all hell broke loose!”



**John may have lost his head, but with all the James’s talking and writing at once, there continues to be only one John the Typist!**

### Spirit Assisted Communications

Monday, 13 March 2017

Melchizedeks are high level spirit personalities from within our Local Universe, they are not from Paradise, the home of our Heavenly Mother and Father. Creator Daughters and Sons, as are Avonals are from Paradise.

Zelmar – a Melchizedek, speaking to James: “The overall plan is to ‘save’ humanity, it is to move humanity into starting to do its Healing. Its natural life, as you honour your feelings, you being moved one way or the other by and through your feelings, so it all gets done as it is meant to. **Up until now, until relatively recently, we Celestials have ONLY been allowed to help further the Rebellion and Default with individuals on Earth, we’ve not been allowed to go against it, we being somewhat as the angels have been.**”

**“Everything that you live is really about: becoming evil, then healing yourself of it; becoming unloving, and healing yourself of being this way, so becoming loving, and all that you do in life is simply the means to help you do these two things.”**

What needs to be understood is that due to the Universal Contract governing the Rebellion and Default these past 200,000 years, high level spirit controllers have had unfettered control over Earth’s humanity as it has done with all the humanities on 37 worlds that capitulated and joined into Lucifer’s Rebellion. As the Adamite mission on Earth partially failed, then only Earth has been in both Rebellion and Default.

Due to this impost, contact and interaction with Celestial Spirits (those from Earth who have healed themselves of their personal Rebellion and Default) has not been available as per the restrictions imposed by the Universal Contract. Thus control-addicted mind Mansion World spirits have had unrestricted influence on Earth’s humanity. These are mostly personalities that would associate within taverns and hotels, etc.

Of significance is that Nature Spirits and people’s personal Angels have been restricted from contact and interaction with humanity, also due to the Universal Contract governing the Rebellion and Default, all of these past 200,000 years. This is now changing. For those who begin to embrace Living Feelings First then interaction can now occur. We have a pair of Angels, and some people Nature Spirits, with each of us all of the time. They are likely to become our most prominent assistance – and they are wonderful!

**Wednesday, 22 March 2017**

**NEGATIVE MIND MANSION WORLD SPIRITS are now BLOCKED from HUMANITY!**

James: Helen, I'm too tired tonight to go into too much, however, how did it go today for you all?

Helen, 3<sup>rd</sup> Celestial Heaven: **It's done James. We did what we wanted to do, it was easy to implement** and I'll tell you about it when you are ready.

Later: Helen, 3<sup>rd</sup> Celestial Heaven: **We are continuing to 'roll out' our blocking control on the mind spirits, and it is a joy to finally have such power and to see the almost instant results,** which unfortunately you can't see from your side, but for us it's obvious and so more progress toward real change.

### **My personal story continues, John – Surrender!**

Around 2018

A period of frustration led me to believe I could or should endeavour to engage in something else. For three days I could not even leave my home. I could walk to the front door, open it, but not go through it – or so I believed. Then the dilemma came up – do I give up and just surrender to whatever I was doing, whatever that was. I typically woke up and somehow I knew what it is that I am to do for the day, sometimes next two or three days, and that is how it has been for years. I had considered that we had free will. We do not! For some the tram tracks are so wide apart that no one could recognise the constraints of our soul's intended life journey for us. When I look back I can see a pair of chopsticks reaching out hundreds and hundreds of kilometres, perfectly straight and about a millimetre apart – no room to move and experience free will!

# ABYSS



I surrendered to whatever it was or is that I had to surrender to. I felt as though I was falling into an abyss of darkness crashing down towards destruction and oblivion – only to find a soft landing on a cloud like substance and I have continued on with the task at hand, whatever that is, with the feeling of incredible freedom. When you figure this all out, please tell me!

Saturday, 19 November 2022

Nanna Beth, 3<sup>rd</sup> Celestial Heaven, John's grandmother: Still, I will tell you that we are guiding you to look at these countries so you can gain a better appreciation of the troubles and difficulties they face. We are taking care of your 'education', you have been, and will continue to be, pointed in the direction you are to go, that being which will be revealed as things move ahead. And as we told you last time we spoke, things will move in different directions to what you might imagine, however that too will all be a part of what is needed.



'On cloud nine.'

### **Syllabus – Living Feelings First and Child Upbringing – Social Worker Inaugural Pfd**

This course syllabus provides an outline or a summary of the main points of a text, lecture or course of study. The purpose of a syllabus is to provide information on the course and define the scope of the content. It has taken one week to prepare this course outline for this Social Worker Inaugural Pfd degree encapsulating Living Feelings First and Child Upbringing. This is a potential university degree course in a format never previously considered, postgraduate feelings degree, assembled by a guy who has never been to university and is a bean-counter (chartered accountant). Go figure!

## **INTRODUCTION:**

Bizarrely I, John Doel, have known that my whole life adventure has been unfolding from within the rails of a never bending train line – and still is! Right from conception I have been heading endlessly within this narrow gauge train line track and there have been no deviations, nor derailments. However, observers would not comprehend this to be so due to the enormous amount of strange activities that I have embraced and experienced.

My first full time employment was that of a short hand typist, and now I am just a typist – the short hand long forgotten.

Schooling was uneventful and I would ban school from one's life experience if that was possible. Yes I did well in primary school, always in the top three of my class – there were only three students in my class! I attended a one teacher school and the damn teacher boarded in my home – well we slept in separate beds on the veranda under the corrugated tin roof with canvas blinds to protect us from the low flying ducks that occasionally crashed through the fibro walls. At first I went to school on a horse and sulky then graduated to a push bike. The 'out house' toilet was about a 100 yard trek from the house, the kerosene fridge was hardly a refrigerator and the chip heater provided the hot water for the bath for all four children, I being the youngest. The party telephone line with ten other homes on the line – our phone number was Buddigower 10! Never did experience electricity but the battery operated radio did crackle plenty. Buddigower is now a hamlet without population in the central west of New South Wales, Australia, about 500 kilometres inland from Sydney.



After mum sold the 2,000 acre (800 hectares) sheep and wheat farm, when I was eleven, to appease the bank, we moved into town – West Wyalong, central New South Wales, Australia – some 20 miles (30 kilometres) from the farm and I came under the watchful eye of the Sisters of Mercy school. Last two years of high school were at St Patrick's College in Goulburn, there I had the controlling Christian Brothers. I escaped frequently into Goulburn were my grandmother, Nanna Beth, had relatives. Greatest achievement at college was the accidental burning down of my class rooms through a failed chemistry adventure – trying to create a bomb! That was two weeks before final exams – great preparation – no one had any text books.

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Anyway, returned home to West Wyalong and took the only job on offer – typist – and commenced a correspondence course to become an accountant – a typist bean counter! Eventually worked for a Chartered Accountant firm in town that had a head office in Sydney and was moved to head office. Now in the capital city, being Sydney, I had much of my work attended to by a capable lass in the office who is now my long enduring wife. We have three daughters and four grandsons.

As was the custom, a couple of years experience in one accounting firm meant that you needed to move to another firm to get more money. Fortunately, on each move the level of my training ratcheted up dramatically. I eventually set up my own accounting firm by buying a practice from a guy that was the uncle of one of the partners of the firm I was working for – he had previously also sold his practice to that firm. I left on not at all good terms. I had also introduced a lot of clients into the firm I was employed with and these clients all followed with me into my new practice. Anyway, my practice became a roaring success – taxation and financial management with a focus upon the health industry in all its great areas of diversity.

From the milk vendor to major mining companies and every other conceivable activity – one client sold booze futures and bibles!

Being a country boy, the congestion of Sydney in the 1980s was something I despised – moved to the Gold Coast in south east Queensland, Australia and here I still am (2023).

Adventures including land subdivision, property development, built a tavern, built a private medical surgical hospital, explored all kinds of health industry projects, sold real estate, finance broking, and just kept on typing, as you have already noticed.

In the 1980s, the Marcus Gold was hot discussion topic. Ferdinand Marcus was the dictator of the Philippines – so I found myself putting in place contracts that resulted in 2,432 metric tonnes of his stolen gold booty being shipped by air freighters from the Philippines to Hong Kong and then on to many different buyers. This is the kind of stuff that boring accountants do!

In fact when one reflects upon all that has and is unfolding in this typists rather isolated office in his home then you must consider – what the f....!

Well, I do.

## **This time, in the history of humanity, is the most exciting time ever experienced.**

As you may come to appreciate, I interact more often with people who we cannot see than I do with people in the physical. Passing from the physical into the spirit is an inconvenience and disturbing event for those remaining in the physical, but it is a time of rejuvenation and exhilaration for those continuing on in their journey in spirit.

However, what you may come to realise, is that humanity is now commencing a Great U-Turn, and you, by reading these writings, are becoming part of Engine Room that is to introduce The Change to all of humanity, not only in the physical but also throughout all of the spirit Mansion Worlds and further.



Now you can really say – what the f....!

Aspiring to Living Feelings First



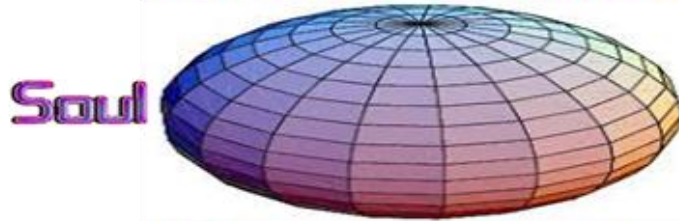
John the Typist

**John the Typist**





SOUL PERSONALITY  
FEMALE or MALE



Eternal Son      Infinite Daughter  
**TRUTH**      **MIND**

Indwelling Spirit  
Heavenly Mother & Father  
**LOVE**



**SOUL is a DUPLEX**

We, of Earth's humanity, are of Truth and Mind, of the Eternal Son and Infinite Daughter. We are of Natural love which we are to perfect.

It is then, with our Heavenly Mother and Father's Divine Love, that when we will fuse with our Indwelling Spirit, from Them, and become Celestial.

Our personal Indwelling Spirit is without personality, thus our personality remains the one originally bestowed to us by our Heavenly Parents.

Upon becoming Celestial we are of the trinity with LOVE, TRUTH and MIND, and always evolving through our experiences on our journey to Paradise.

# Paradise Trinity

Heavenly Mother  
and Father  
'Love'



Eternal Son of 'Truth'

Infinite Daughter of 'Mind'

Jesus and Mary's soul are different in design than ours. They are a Creator Daughter and Son, or similarly referred to as Michael Daughter and Son soul, and within their soul is expressed only two of the Primary Aspects of Deity. They are of the Mother and Father, our Heavenly Parents and the Eternal Son.

Avonal Daughters and Sons are expressive of the Eternal Son and Infinite Daughter.

The core of humanity (us mortals of Earth) is of the Truth and Mind, and then with the addition of the Indwelling Spirit, we can then relate to the Love.

And with the Avonal pair now on our world (Earth), they too expressing the Son of Truth and Daughter of Mind, we actually are far better suited to relating to them than we are to Mary and Jesus.

# Heavenly Mother & Father LOVE



**TRUTH**                      **MIND**  
**Eternal Son**      **Infinite Daughter**

Creator Daughter & Son are of Love and Truth .

Avonal Daughter & Son are of Truth and Mind .

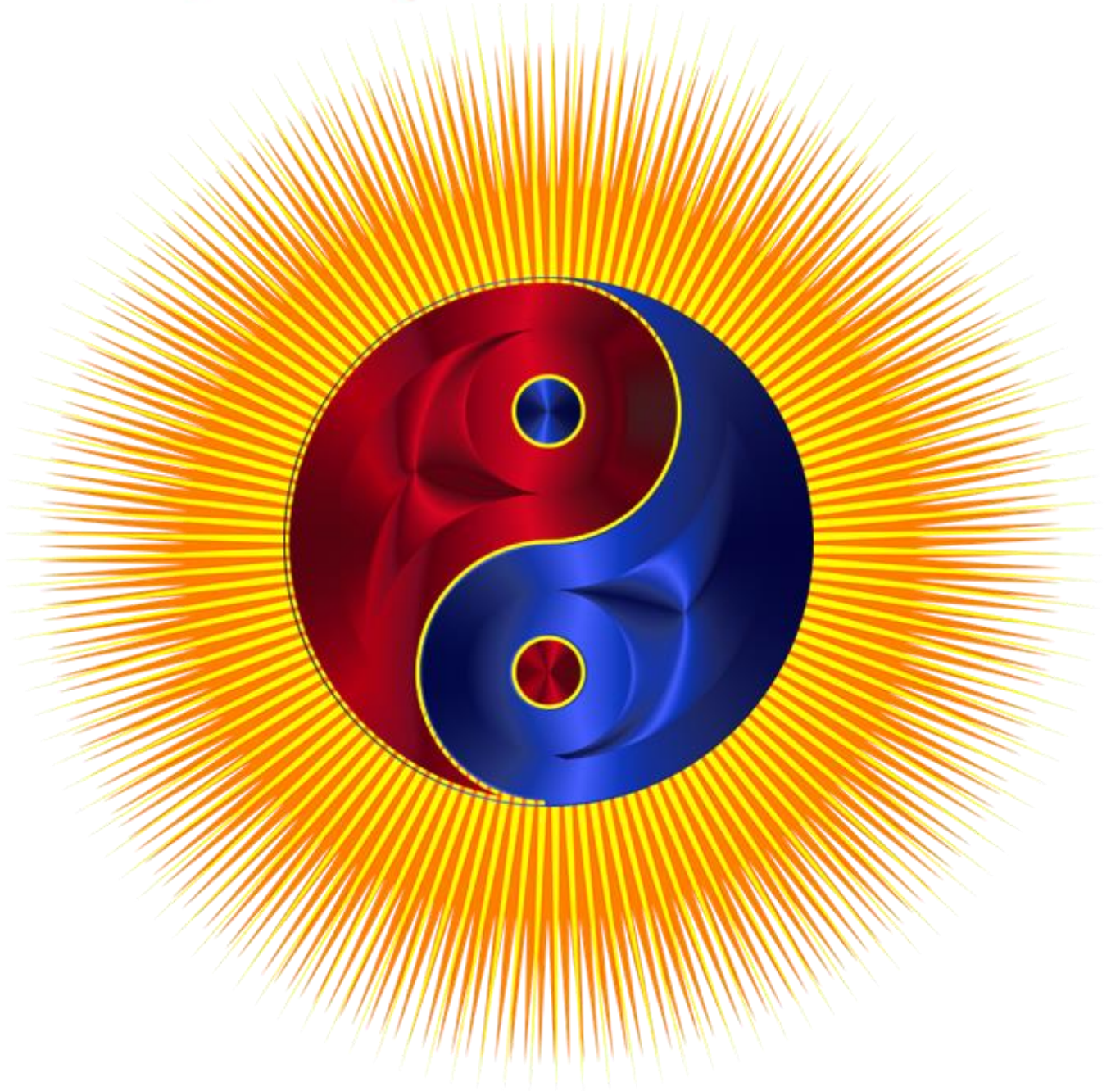
Nature is of the Mind .

Humanity is of Truth and Mind then with Indwelling Spirit, also of Love .

Humanity is best suited to be assisted by the Avonals and then by Creator Daughter & Son .

**Indwelling Spirit**       **LOVE**

# Our Heavenly Mother and Father



## Prayer for Divine Love

Long to God for Their Divine Love

Begin with the understanding that God, your Heavenly Mother and Heavenly Father, are offering you Their Divine Love. And all you have to do is want it, want Them to give it to you, to love you. So when you feel you want it, you long directly to Them for it, asking them through your feelings (with longing) to fill your heart and soul with Their Divine Love.

You can long for Their Divine Love, anywhere and at any time. It can be a formal prayer – longing, such as sitting in meditation or prayer, opening your heart to Them, and longing to Them for Their Divine Love. Or you can do it spontaneously on the go, when the desire to long to Them for Their Divine Love comes over you, or when you remember to do it.

Wanting God's Divine Love in your soul is about wanting to develop a very personal relationship with your Heavenly Parents. Speak to God as your real Parents. Tell Them all you are thinking and feeling, as you would your earthly parents (provided you had a loving relationship enough with them to do that.) If you feel angry with God, hating Them, express all your negative unloving feelings to Them too. Don't hold back, share and give all of yourself to Them, They want to get to know you, as you want to get to know Them. And keep longing for Their Divine Love.

We have to long, reach out wanting Their love through our feelings and with the full will of wanting it, which doesn't involve any words, so with the mind staying out of it. It's a yearning from your heart wanting to be loved by Them, so wanting Them to give you Their Divine Love – to love you, and to make you feel loved by Them. So it doesn't involve words, it's an inner yearning, longing, desire to partake of their Divine Love that is required by us. Then we can support this longing using our mind by saying actual words (praying). So say whatever words you want to say to Them, whilst you are longing with your heart for Their Divine Love.

Just be yourself, say whatever you want to Them, as you long for Their Divine Love. The more personal, open and honest you can be with Them the better your relationship with Them can develop.

And once you've longed, which can take only a moment, then give yourself time for Them to love you. You might feel the Holy Spirit coming about you, and then Their Divine Love coming into you, gently, very subtly, or strongly, even very strongly in a whoosh. It's different for each of us, and different often each time we long. And if you have previously longed to God in any way yet not specifically for Their Divine Love,

when you do specifically ask Them for it, it will be a very familiar experience you'll have receiving it.

If you are sitting formally in mediation or prayer, once you've longed to Them for Their Divine Love, and you feel the Holy Spirit bringing it to you, you might find your head wants to move upwards as if looking into Heaven. Allow it too, but if it wants to keep going, don't stress yourself by hurting your neck, bring your head forward again. It's a lovely feeling sitting in the Light of the Divine Love, feeling it coming into your heart and soul. And you might find that you enjoy sitting for five minutes or half an hour, then suddenly the 'light goes off' and the prayer is over as you've received enough Divine Love for the time being.

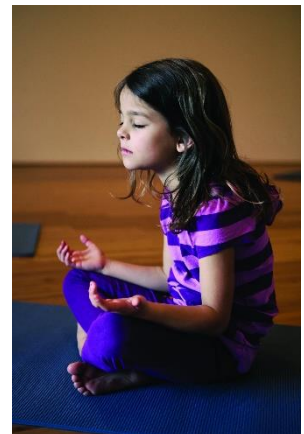
Also, don't be surprised if at first you can feel the Love readily coming into you but as the years pass it seems to get less and less and you feel less inclined to long for it. This is naturally meaning you have received enough for the time being, you will need to do more of your Spiritual Healing before your soul is ready to receive more.

Summary:

Long with all your heart to your Heavenly Mother and Father for Their Divine Love.

**James Moncrief**  
the Revealer

**Feelings!**  
*first*



**The BEAUTIFUL MIRACLE:** 5 October 2012 The Divine Universe by Nicholas Arnold

The way in which the Holy Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Holy Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love, this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love into its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Holy Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Holy Spirit are continuously attracted to each other and one is living in the presence of our Mother and Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

**Soul within  
spirit body  
prior to receiving  
Divine Love.**



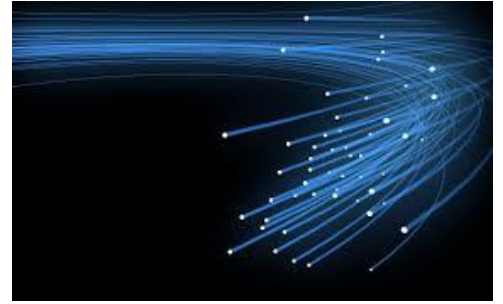
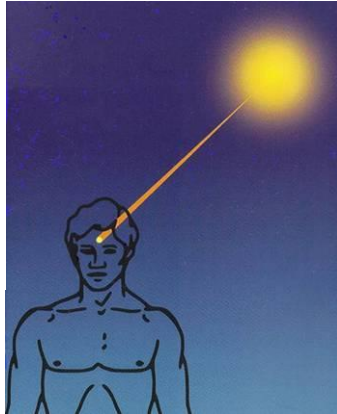
**Divine Love being received  
from the Holy Spirit, covering the  
spirit body of the requesting  
personality.**



**Divine Love having been  
assimilated within one's soul,  
now being reflected through the  
radiance of the spirit body.**



**CONNECTION with our Heavenly Mother and Father:**  
**Holy Spirit / the Spirit infusing Divine Love.**  
**Progressive escalation of Divine Love flowing.**



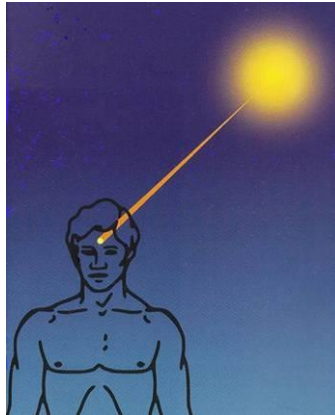


**VISUALISATION with LONGING:**

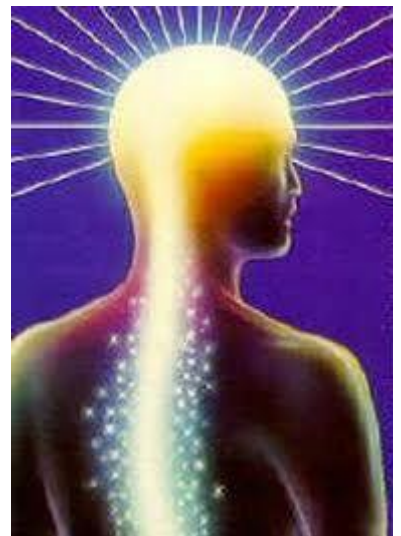
**Holy Spirit infusing Divine Love.**

**Progressive escalation of Divine Love flowing.**

**Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:**



***"Please, Mother and Father, I want some more."***

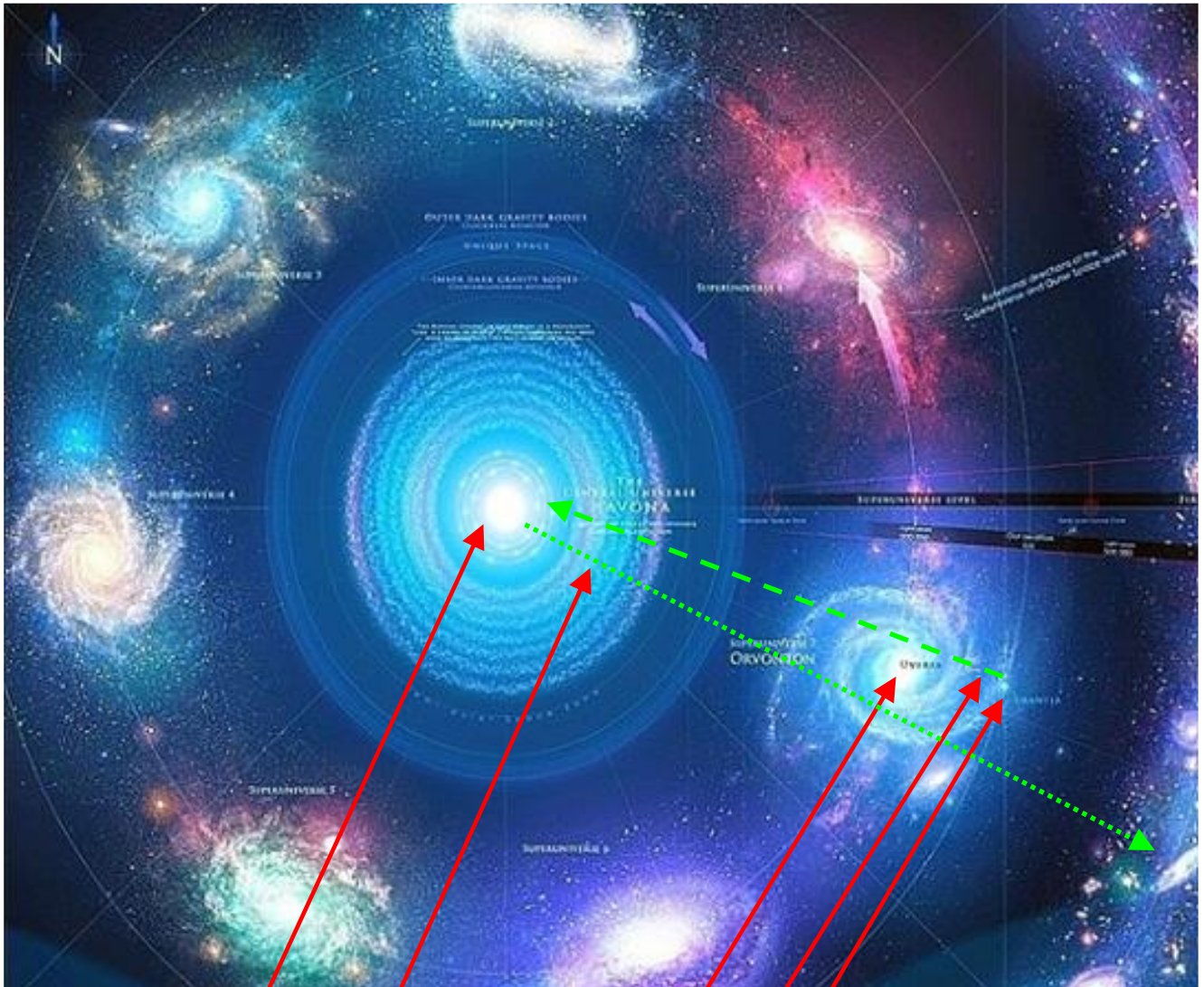




# Finaliters

## OUR JOURNEY, re The Urantia Book:

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.  
Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.

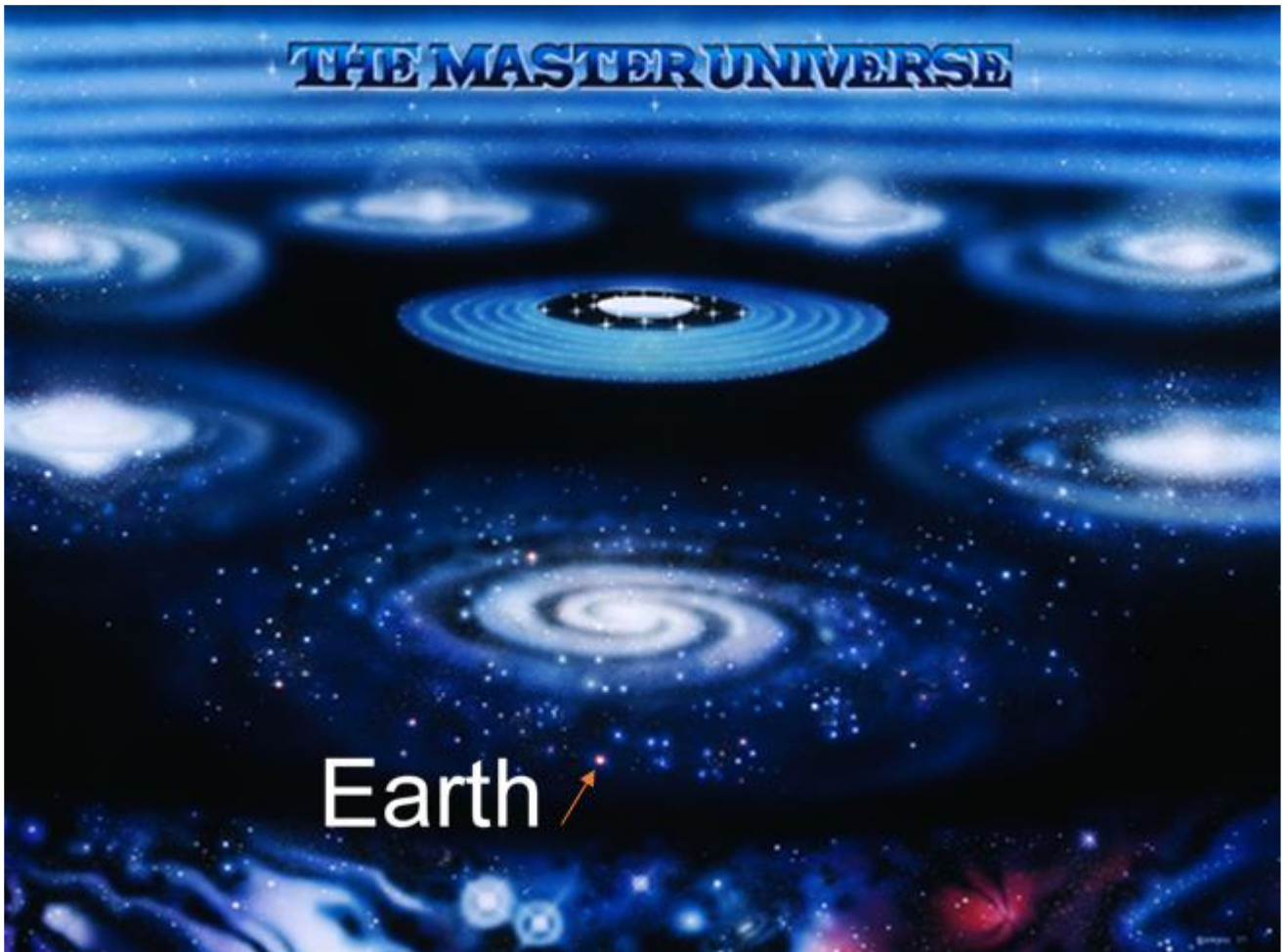


Isle of Paradise home of our Heavenly Mother & Father

Havona Ascendington

Orvonton – our Super Universe  
Nebadon – our Local Universe  
Urantia being Earth

# Finaliter, being what we become when we finally arrive in Paradise!



Our journey is one of experience and the feelings that arise from our experiences. From the moment of conception we are on our learning pathway, experiencing the emotions of our parents and carers. Our feelings are our truth, it is through our feelings that we evolve in truth. We are to long for the truth that our feelings draw our attention to.

Our physical parents and family is the focus of our experience on Earth. As we all have been subjected to the Rebellion and Default of Earth's humanity, we are all to heal ourselves of being unloved and the errors and injuries that we have been subjected to. Only through the completion of our Feeling Healing do we leave the environment which is referred to as Hell. It is through the guidance of the Avonal soul partner pair, their Spirits of Truth, that we are now able to complete our Feeling Healing.

When we transition into the 1<sup>st</sup> Celestial Heaven, having completed our Healing and Acceptance of how we have been messed up and the way we are having had the experience of living in a Rebellion and Default, can we then start to assimilate with other humanities within our Local System.

Our local system is called Satania, home city and headquarters being Jerusem. It consists of 1,000 physical worlds that have the potential of a humanity living on these worlds. 619 are physically inhabited of which Earth is number 606, one of the youngest. As we progress beyond the first three Celestial Heavens, then we start to interact and become knowledgeable of these additional humanities.

Then we progress into our local constellation called Norlatiadek. Norlatiadek consists of 100 local systems, and its home city is Edentia. The Garden of Eden is named after Edentia. Again we go through a process of coming to understand how the constellation works and the peoples that are throughout it.

Then we enter the local universe as a whole, named Nebadon with Salvington being its headquarters and home of the co-regents being soul partners Creator Daughter and Son, Michaels, namely Mary Magdalene and Jesus. It is through the Spirits of Truth of Mary and Jesus that we are guided through all of the Celestial Heavens to Salvington.

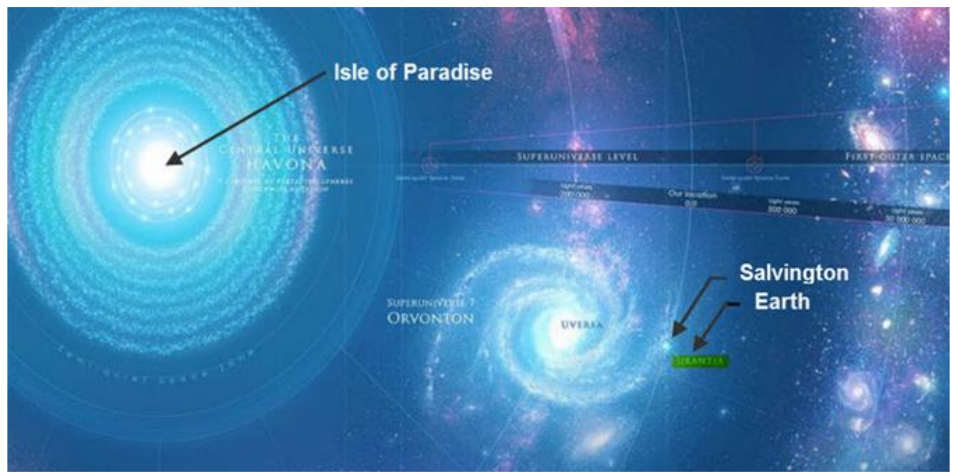
From Nebadon then it is our Heavenly Mother and Father that guide us through the next three major sectors of our super-universe being the Minor Sector, then Major Sector, then the super-universe of Orvonton.

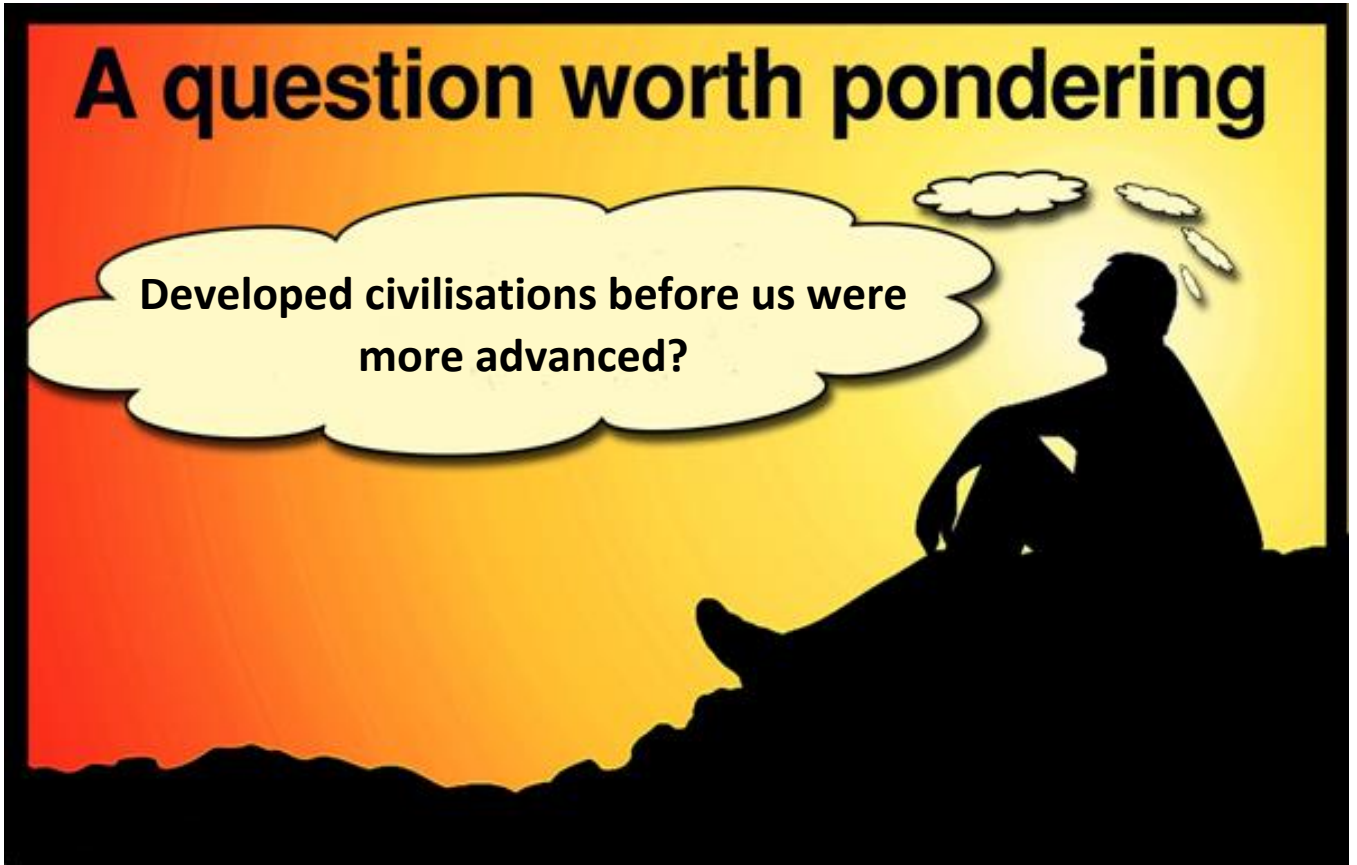
Then we progress into Havona and Isle of Paradise, the home of our Heavenly Mother and Father and on completion of achieving understanding of how all the systems work in the manner that we are required to, we become Finaliters. After all, we are truth seekers!

Then what follows is that we then visit and achieve an understanding of how each of the other six super-universes work and how all sever super-universes function and work together.

When fully accredited we will most likely be assigned to one of the newly forming 70,000 super-universes that presently are not inhabited. Finaliters have many optional assignments.

We are truth seekers and through our obtained truth we will be able to assist humanities throughout the emerging universes.





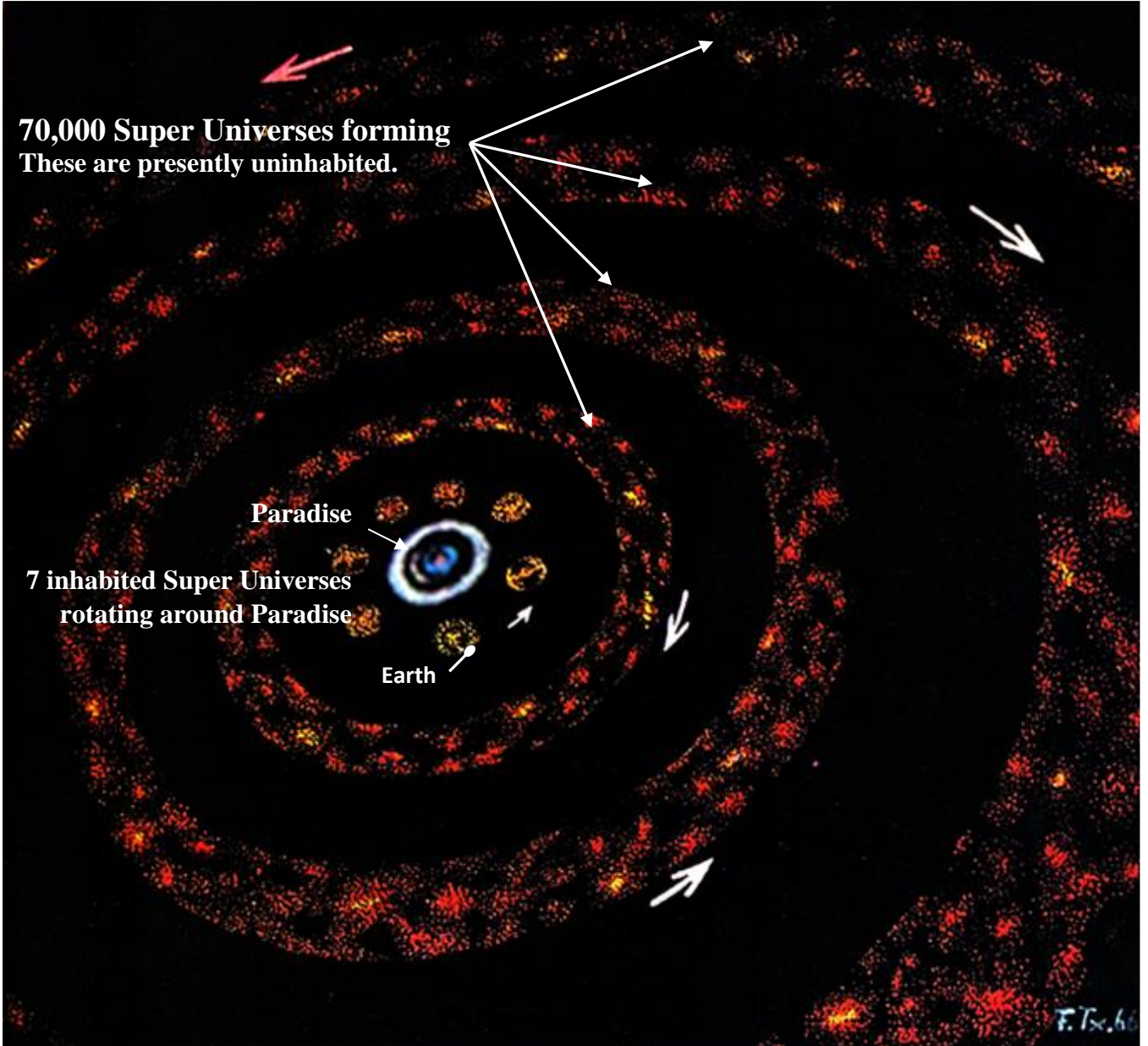
and



Earth

70,000 Super Universes forming

**7 Super Universes rotate around Paradise, the home of our Heavenly Parents:  
Each of the 7 super universes have 100,000 local universes  
Earth is within the local universe of Nebadon which has 3,840,101 inhabited worlds.**



# PASCAS UNIVERSITY

*We enable awareness so that people and communities may profoundly grow their lives, livelihoods and exponentially enhance their futures.*

Empowerment is by:

the New Way: Learning how to live true to ourselves by living true to our feelings;

enabling the true liberation of women and men through the truth of their feelings;

assisting urban as well as remote and rural communities with access to truth through all levels and forms of education;

supporting delivery of quality and accessible healthcare;

improving opportunities for and the safety of all; women, men and children;

and fostering a new era of leadership and leaders.

*It takes a village to raise a child.*

LIVING FEELINGS FIRST and EARLY CHILDHOOD



# Light of Truth of PASCAS

COUNCIL of ELDERS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3<sup>rd</sup> Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

**Council of Elders now around 13 soul-groups from the 3<sup>rd</sup> Celestial Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas World-Care will be via those who complete their Feeling Healing on Earth, as years go by.



**Avonal PAIR Oversight** 

The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance, through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

## LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, may be functioning within the 5<sup>th</sup> Divine Love spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are potentially within the level of Truth of the highest of the Celestial Heavens. Pascas is to be supported in this manner for the coming millennium.

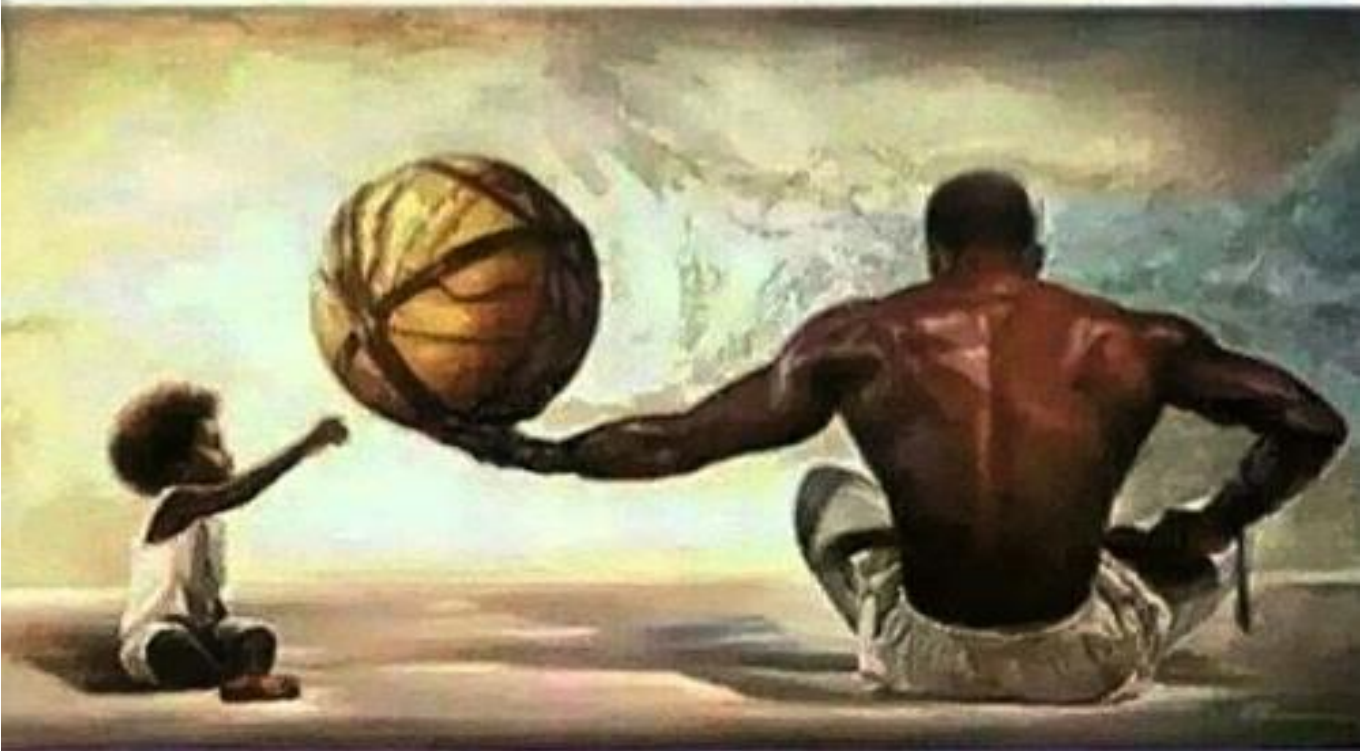


Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.

Divine Love spirit Mansion Worlds, healing / crying worlds 3, 5, 7.

We all transition to Natural Love spirit Mansion World 1, and typically go in the wrong direction to Natural Love spirit Mansion Worlds 2, 4, 6 and cannot go further!

**PASS THE TRUTH TO THE NEXT  
GENERATION...TEACH THEM EARLY  
WHAT WE LEARN LATE.**








Yes....pass nothing but the truth to our children...let them learn early what we learnt too late. Many people don't understand the concept of teaching our children the truth. They believe the world is like it used to be but it's far from what it used to be. Today's world gives anyone, anything, everyone and everything access to our children. The lines of communication **MUST** be open or the world around us will close in on our child and we won't even be able to get close.

**Nothing that ails humanity can be solved  
or healed until we embrace our feelings!**

### Primary Element for Educators:

For those who perceive themselves as that they will be or are now in an education setting such as a school then a primary objective is to become proficient in presenting this package of introduction and awareness guidance. Kindly go to [www.pascashealth.com](http://www.pascashealth.com), then the Library Download page, scroll down to Medical Education and click on to open:

-  [Pascas Care Living Feelings First - Adults.pdf](#)
-  [Pascas Care Living Feelings First - Children - Annexures.pdf](#)
-  [Pascas Care Living Feelings First - Children - Discussions.pdf](#)
-  [Pascas Care Living Feelings First - Children - Graphics.pdf](#)
-  [Pascas Care Living Feelings First - Children.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)
-  [Pascas Care Living Feelings First - Reference Centre.pdf](#)
-  [Feelings Experience by South African Students.mp4](#)

This packet of introduction material is founded upon Brandon Bays' "Journey Process" and how the "Journey Process" has been and is being introduced into schools and elsewhere such as South Africa, India, Australia, etc. However, Pascas has extended and added to the proficiency of the content with revelations and experience of profound significance and importance that brings about the potential for all to evolve through the glass ceiling of 499 MoC on Dr David Hawkins' Map of Consciousness, such glass ceiling being imposed upon us all through being seduced into living mind-centric, and now being able to embrace and Live Feelings First opening the pathway for each of us, in fact all of humanity, to grow and evolve infinitely which is way above the levels depicted on the Map of Consciousness scale.

This revelatory development is introducing the Great U-Turn for all of humanity to be able to shed the shackles of the Rebellion and Default which was formally ended on 31 January 2018 after being imposed upon us all of humanity these past 200,000 years.



<http://www.pascashealth.com/index.php/library.html>

## Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation



**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

|                                            |           |                  |
|--------------------------------------------|-----------|------------------|
| Sam's Book – Parenting and Feeling Healing | Book I    | Experience       |
| Sam's Book – Parenting and Feeling Healing | Book II   | Conception       |
| Sam's Book – Parenting and Feeling Healing | Book III  | Magic            |
| Sam's Book – Parenting and Feeling Healing | Book IV   | Nothingness      |
| Sam's Book – Parenting and Feeling Healing | Book V    | Setting Free     |
| Sam's Book – Parenting and Feeling Healing | Book VI   | Pain and Rage    |
| Sam's Book – Parenting and Feeling Healing | Book VII  | Vision           |
| Sam's Book – Parenting and Feeling Healing | Book VIII | Childhood        |
| Sam's Book – Parenting and Feeling Healing | Book IX   | Self-Acceptance  |
| Sam's Book – Parenting and Feeling Healing | Book X    | Physical Illness |

Pascas Care – Parenting Awareness  
 Pascas Care – Parenting Eureka Moment  
 Pascas Care – Parenting Feelings Supreme Guides  
 Pascas Care – Parenting Health Generation  
 Pascas Care – Parenting into the Abyss  
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

|                                                                                      |                                                                                                                                                                     |                                                                        |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| <b>Primary recommended reading:</b>                                                  | <b>consider commencing with:</b>                                                                                                                                    | <b>Paul – City of Light and Sage – and the Healing Angels of Light</b> |
| <b>The Rejected Ones</b>                                                             | <b>2002 – 2003</b>                                                                                                                                                  | <b>xxx – James Moncrief</b>                                            |
| <b>Messages from Mary &amp; Jesus</b>                                                | <b>2003</b>                                                                                                                                                         | <b>xxx – James Moncrief</b>                                            |
| <b>Soul Light from Zelmar Melchizedek</b>                                            | <b>2003</b>                                                                                                                                                         | <b>xxx – James Moncrief</b>                                            |
| <b>Paul – City of Light</b>                                                          | <b>2005</b>                                                                                                                                                         | <b>xxx – James Moncrief</b>                                            |
| <b>Feeling Healing</b>                                                               | <b>2017</b>                                                                                                                                                         | <b>– James Moncrief</b>                                                |
| <b>Religion of Feelings</b>                                                          | <b>2017</b>                                                                                                                                                         | <b>– James Moncrief</b>                                                |
| <b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>                    | <b>2007 – 2010</b>                                                                                                                                                  | <b>xxx – James Moncrief</b>                                            |
| <b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b> | <b>2013 – 2014</b>                                                                                                                                                  | <b>xxx – James Moncrief</b>                                            |
| <b>Road map of Universe and history of Universe: The Urantia Book</b>                | <b>1925 – 1935</b>                                                                                                                                                  | <b>xxx as primary reading</b>                                          |
| <b>Divine Love supporting reading:</b>                                               |                                                                                                                                                                     |                                                                        |
| <b>Revelations</b>                                                                   | <b>1954 – 1963</b>                                                                                                                                                  | <b>– Dr Daniel Samuels</b>                                             |
| <b>Judas of Kerioth</b>                                                              | <b>2001 – 2003</b>                                                                                                                                                  | <b>– Geoff Cutler</b>                                                  |
| <b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>   | <b>1914 – 1923</b>                                                                                                                                                  | <b>xxx – Joseph Babinsky</b>                                           |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                         | <b>xxx</b>                                                                                                                                                          | <b>– Geoff Cutler</b>                                                  |
| <b>Available generally from:</b>                                                     |                                                                                                                                                                     |                                                                        |
| <a href="http://www.lulu.com">www.lulu.com</a>                                       | <a href="http://www.amazon.com">www.amazon.com</a>                                                                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a>     |
| <b>For Divine Love focused websites and forums:</b>                                  |                                                                                                                                                                     |                                                                        |
| <b>Pascas Health:</b>                                                                | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>                                                 |                                                                        |
| <b>Spiritual Development:</b>                                                        | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                                                                     |                                                                        |
| <b>Padgett Books:</b>                                                                | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                                                                       |                                                                        |
|                                                                                      | <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                        |

### **BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 700+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity simple is what Life is meant to be
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

## [James Moncrief's books, the Padgett Messages and The Urantia Book at:](#)

### **DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

#### **James Moncrief Books:**

MoC

|                                                                     |       |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Soul Light from Zelmar, a Melchizedek, books 1 and 2                | 1,480 | May – Sep 2003            | 480   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 2,305 |

|                                                                  |                        |      |     |
|------------------------------------------------------------------|------------------------|------|-----|
| Paul – City of Light                                             | 1,488.5                | 2005 | 149 |
| Ann and Terry                                                    |                        | 2013 | 235 |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006 | 179 |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006 | 159 |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006 | 168 |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009 | 175 |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010 | 151 |
| Introduction course to Divine Love Spirituality                  |                        | 2006 | 139 |
| Speaking with the Dead, Death and Dying                          |                        | 2009 | 173 |
| Spirits and their Childhood Repression Healing                   |                        | 2010 | 179 |
| With Verna – a nature spirit                                     |                        | 2008 | 279 |
| Communication with spirits – meet a spirit friend                |                        | 2010 | 37  |
| Introduction to Divine Love Spirituality website                 |                        |      | 362 |
| Sage – and the Healing Angels of Light                           |                        | 2017 | 260 |
| Divine Love Spirituality                                         | 1,500                  | 2017 | 201 |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017 | 153 |
| Religion of Feelings                                             | 1,500                  | 2017 | 47  |

This group being pages of 3,046

[Religion of Feelings](#)

<http://religionoffeelings.weebly.com/>

[Introduction to Divine Love Spirituality](#)

<http://dlspirituality.weebly.com/>

[Main website of DLS](#)

<http://divinelovesp.weebly.com/>

[Childhood Repression website](#)

<http://childhoodrepression.weebly.com/>

[DLS and CR forum](#)

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings****Welcome to LOVE – the Religion of Feelings****Feeling Healing****you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**



**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

[PASCAS – document schedule.pdf](#)      **downloadable index to all 680+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;  
DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

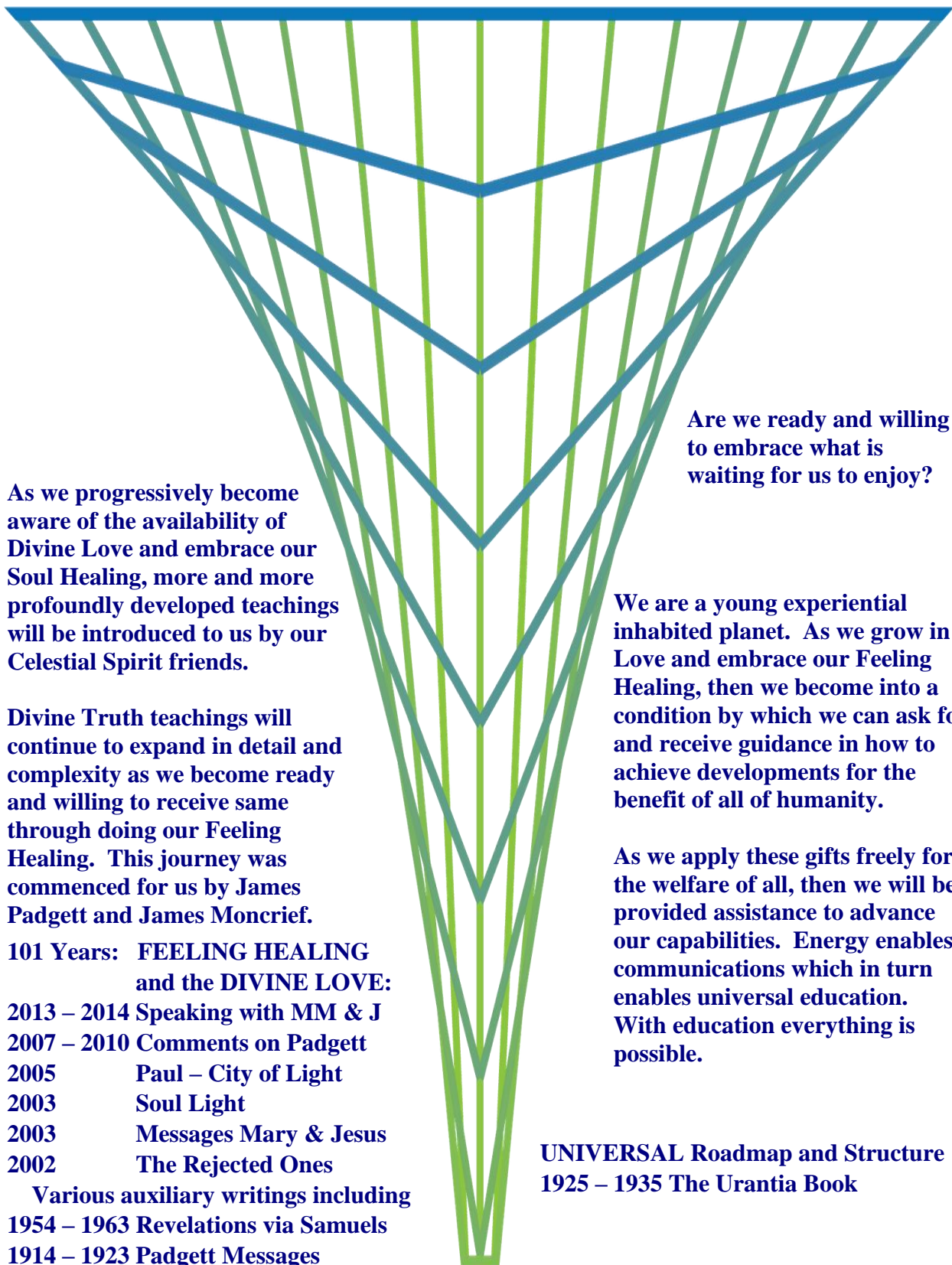
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebelling  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**"THE" profession is:**



**TEACHING**



to:

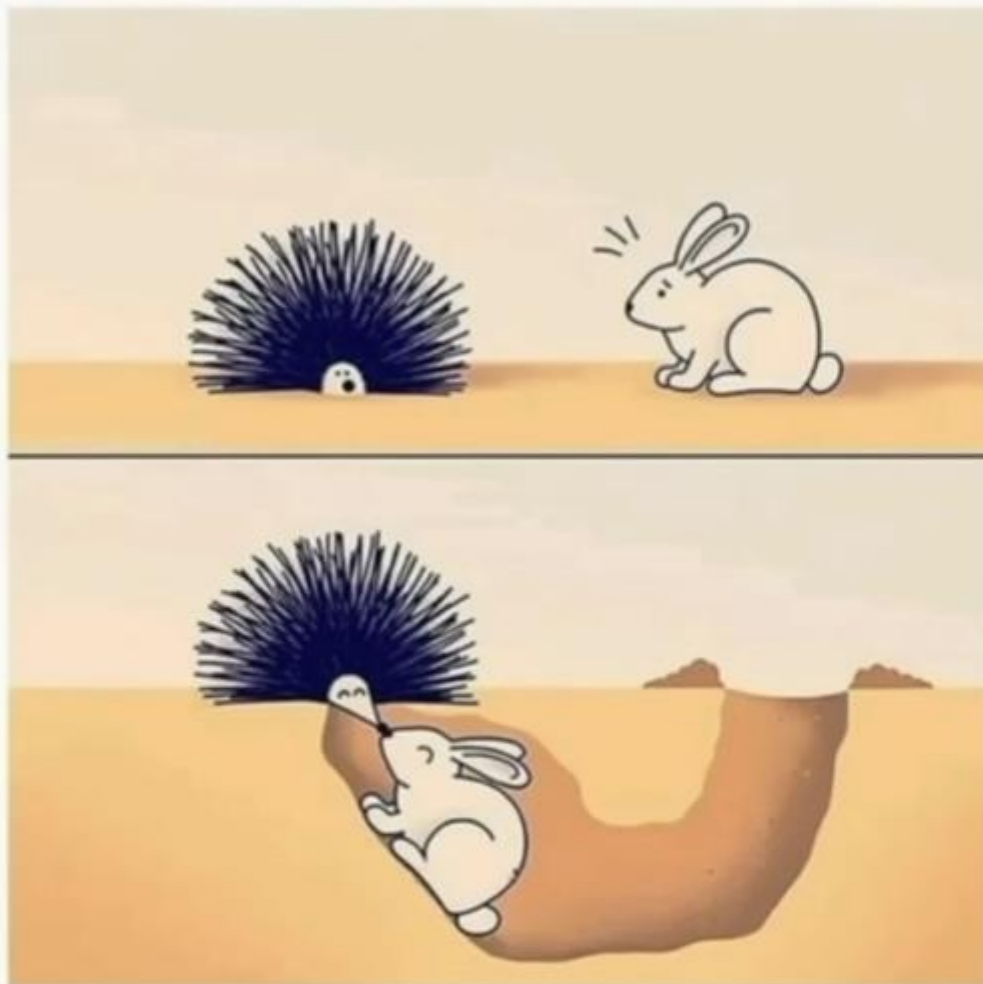
*Learn through play*  
*Independently explore subject*  
*Research with fellow students*  
*Explore topics you enjoy*  
*Engage in what you are passionate about*  
*Ask — and keep asking*  
*Question every aspect*  
*Commonsense is not common*  
*Assumptions are mostly in error*  
*Embrace what you may be feeling*  
*We have been retarded and restrained*  
*We are to be our true self*  
*We are to express all our feelings*  
*We are self contained — all is within*  
*By doing is how we learn*  
*Tutoring others is a great self teacher*  
*Our capabilities are infinite*



while you



**INSTEAD OF SAYING  
I CAN'T**



**we SHOULD ASK  
HOW CAN I?**

**We are to live Feelings First  
having our minds to Follow.**

Nothing is  
to remain  
the same!

Everything  
is to change!



Several decades of disruption is to  
encourage us to look for a better way.

Living Feelings First  
FEELING HEALING

# Healed potential



**Insightful Genius**

*Brilliance!*

**DYNAMIC**

**vibrant**

**P**hilosophy of global changes

**A**ge of a new way

**S**oul healing

Put **C**hildren first

**A**wareness so that people can improve their lives

**S**pirit creating alternative solutions

**Team Ukraine**

# Tutoring



## Natural Self Expression!





Living Feelings First!

INTUITIVE

INSIGHTFULNESS

DYNAMIC

NATURAL INTELLIGENCE

SPONTANEOUS

VIBRANCY

foresightful

*Wisdom & Truth*

FREEDOM

EQUALITY

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# PASCAS UNIVERSITY

