

PASCAS UNIVERSITY and DIFFERENTIATION

PASCAS UNIVERSITY DIFFERENTIATION

Basic differentiations, included amongst others but not limited to:

1. The removal of the glass ceiling of 499 of the Map of Consciousness. This is the opening to 'common sense'.
2. Tutoring others and learning by doing rather than lecturer at the front of the room.
3. Students being supported in what they are most passionate about – embracing their individuality.
4. Learning groups of around twelve (12) students.
5. Pfd rather than PhD. Post graduate feelings degrees without peer group suppression.
6. Leadership encouragement rather than being submissive to.
7. Distortions of Truth to be addressed, more so when impacting humanity in a harmful manner.
8. Illusions of Democracy to be addressed.
9. Humanity's Journey will provide the 'purpose of life' understanding and our destiny answered.
10. Children first, family structures, "Them before Us!"
11. The wonders of the age unfolding rather than our present social environment and media chaos.
12. Understanding the psychic barriers of one's society and nation.
13. Unravelling the corruption of public suppressive propaganda – who and what to question and investigate for truth.
14. Understanding the folly of the mind and its 'assumptions'.
15. The New Way, Living Feelings First, being a way of life integrated throughout all curriculums.
16. Kinesiology testing of the calibration of the level of truth throughout all teaching materials.
17. Feelings and their truth to be before mind-centricity and rote learnt material and practices.
18. Universal truths to be at the forefront to mitigate prejudices, bigotry, racism, etc.
19. Introducing the structure of soul, spirit body and physical body with soul light into health sciences.
20. The elephant in the room – Childhood Suppression and ongoing Repression. Psychology is to embrace childhood upbringing in a way that brings about the foundations for universal growth.
21. Expression of self rather to compliance and suppression of self.
22. Emotions, health and life experience are intricately intertwined.
23. Spontaneity and ingenuity.
24. Innovation and invention.
25. Revelation of our supreme guide in all that we do.
26. Pascas University prioritises and places women first.
27. Each Pascas University will be the 'beacon of light' for education throughout the nation.
28. Graduates being potential world leaders having the capability of achieving Celestial Soul Condition while living in the physical on Earth. This has never been previously possible throughout humanity's history.

LIGHT YEARS AHEAD

The differentiation between a Pascas University as well as Pascas Education throughout all levels of education is light years ahead of institutionalised education platforms existing around the world.

Throughout every facet of our learning and discovery, our experiencing by doing, our education at all levels, we are to embrace our feelings. Our feelings are to lead the way. Our minds are to follow in support – not lead as we have allowed our minds to do so for aeons gone by.

We are fully self-contained – all that we need to know is within us, within each of us – we are to embrace our feelings and allow them to guide us in all we are to do, in all we are to discover. Just allow our living to be spontaneous – to simply respond to what comes to mind, not what we think about, but just simply be the moment. It is amazing way to be – it is without effort, it is not exhausting, we end the day with having achieved incomprehensible things. It is unexplainable yet it will become routine.



ask

Yes, ASK! But we are to ask ourselves – not others! Just long for the truth of what it is we feel is needed to be understood. Long for the truth – the understanding – and it will come to our attention. At first it may seem that we do not get any response – then we recognise it. At first it may always appear to be totally wrong then we discover our beliefs are flawed. Then as we become accustomed to what ‘magically’ unfolds we are able to work our way through countless tasks effortlessly to the amazement of others (and ourselves).

Aspiring to living Feelings First may feel like walking off the end of a plank over deep water – but we never fall. Then as truth begins to unfold, we discover just how freeing all of living becomes. It is a massive contrast to living mind-centric, to being imprisoned in our claustrophobic, inhibiting minds.

Breaking free of our mind’s prison is opening our potentials to infinity. This has never been revealed previously in the nearly one million years of humanity’s history.

Pascas as about awareness. That is; enabling people to be able to be aware of options and pathways without imposing it upon them. We each have our individuality to choose as and when we please. Should we embrace and explore living feelings first, this does not mean that we are also embracing Feeling Healing. Pascas is to bring about the awareness of what Feeling Healing is BUT it is not for students to embrace during their education, they may consider to do so later into their lives, however that will be for them to choose then.

A Pascas University is a beacon for the:

LIGHT OF TRUTH

This is unique being the consequence of and founded upon the **Pascas Papers** and much, much more.

This time, in the history of humanity, is the most exciting time ever experienced.

A most important thing is to keep bringing everything back to the feelings and the will of the child so the child is no longer separated from their feelings in all that they do. In traditional schooling the mind is nurtured and the feelings are denied. Most children are forced to do it all, forced to get up at a certain time every day, forced to get ready, forced to wear a uniform which is mostly degrading, forced to learn and do classes that we don't want to do and then get home and then our parents force us to do homework and then going out afterwards being a reward and a threat because if our homework isn't done, there was no going out.

Our feelings are never taken into consideration so they all get so denied and suppressed that a lot of anger builds up because we spend our childhood living against our will.

The feelings of the people attending the new university of the future must be honoured above all else and this will grow the knowledge of self, bringing out all of the hidden knowledge that lays within. Mostly, we are always too scared to speak up at school, we wanted to be hidden and to not exist or be seen, it cripples us because we felt so unworthy and we get missed because of it. None of the teachers see what is going on with us and what pain we are in so they dismiss us, even ridiculing us should we remember, and that was the teachers!!! We become closed off and find it even harder to take in information.

The child has to lead the way, through their feelings and let their feelings be their guide in everything they want to learn about. Through our own childhood, we now know that we can only learn about what we have a passion for and within that passion all subjects can be taught and through creativity even maths, science, history, geography and the likes can be learnt. Looking at how our Heavenly Parents created the universe, everything was included. Through our Heavenly Parents love, desire and passion the universe was created; and to create the Universe, everything had to be used to create it, so through a child's desire and passion, they can learn about everything, all subjects can be learnt about through that one creation.

Can we imagine a place of learning where people actually can't wait to come to every day, where desire is the main focus to their learning. Desire is what makes them get out of bed every day, it's their will to do all of this and they aren't forced to do anything. Even if as children they don't have the desire to go to school but as they grow as adults, even if they are 50, 60, 70 or 80 years of age they still can follow their desire to learn and come back to school. I would do it, I can feel that desire in me. The younger ones teaching and helping the older ones and vice versa. All interacting together with age not being the issue but desire and the will to learn and being humble enough to know that we just don't know, no matter what age we are.

We each can remember at school being so scared to say "I don't know". Others would think I was thick and laugh at me, the teachers would give up with me and I felt forced into saying I understood, when I still didn't have a clue. All so evil, so much pressure to keep up with the achievers and not fall behind, I fell way behind and the teachers knew it but just disregarded me. I had fallen and there we each would stay. It had a huge impact on each of our self-confidence and self-worth. We would feel humiliated and crushed most of the time and these feelings are crippling and reflected within the dynamics in our family life too, where it all came from and began.

Within the new Schools and Universities there must be rooms for people to go to Express their feelings when they arise. If anger, sadness or crying needs to be expressed then that should be an essential part of school life, to go and Express, either alone or with someone who will listen, either a friend or a feeling therapist to guide the person by listening and encouraging the feelings to flow without trying to stop it in any way.

When we look at a play school with very young children, most of them love going. They are allowed to learn through play, their will and desire is to play and they love it, then as they grow the play ends and it gets serious, no more play, no more desire but getting on with what the curriculum says you have to do, fun is over, in fact you get punished for fun, laughing, etc. All love, desire, fun, passion is stripped away and force takes over, learning is now mind focused, we are forced to revise, remember things that have been taught, store it all in our minds, such a long way from our days of learning through play and desire, we have to go back to being like little children, following the will and desire to learn, just as our Heavenly Parents did to create all that has been created. Our Heavenly Parents followed their feelings to create and learn from creating all that they needed to know, we can do this also.

This is a brief outline of what I think the University should consist of, I don't see the point of making it a normal university. I think it should focus solely on the more humanitarian and simple life side of things, not all the rest of what normal universities offer.

Sam (Samantha)

CAREER ASPIRATIONS FOR KIDS



This scenario is not to unfold within or through any Pascas education centre or education platform:



UNIVERSITY DIFFERENTIATION

What is lacking is, actually, common sense. The lack of common sense drives us into hypothesis. The more credentials we have the more hypothetical we become. Common sense is a feeling thing. To understand anything we have the Thought Adjuster, our Indwelling Spirit since the age of six years.

Instead of the teaching of all religions which is also the trap for the non-religious critics who consider they are God, is not understanding that by God all has been created in purpose, and that God is obedient to creation via free will. Very different from the supposition that we must be obedient to a religious dogma and doctrine, or for that matter, the dogma and doctrine of 'science'. Bishop Brian Iverach

**No, I Will Not
Do Your Homework!**



**Somebody paid too much for your
education for you to waste it.**

Verna, a Nature Spirit, Sunday, 26 May 2019: Humanity is currently making a right mess of the world, you are killing off just as many species as are naturally ending at this time, and mostly you don't give a shit about it. You are so disconnected with nature, you believe you love it because you plant a tree in your garden, however for the most part, even including the primitive and more closer to Earth people, you don't understand anything about it or your true relationship with it. And how can you when you hardly understand anything about yourselves! For the most part you don't even understand that you're in rebellion, that all of your religions and spiritual systems and ways of life are rebellious and working against nature.

You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So, in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs.

For the most part with the **mind spirits**, you have an absolute rabble who basically have no idea about what your soul needs, what their soul needs, what any of the bigger picture is about, they are living completely in rebellion and default against themselves, against we nature spirits and angels, against Love and the Truth, against our Heavenly Mother and Father. And as they are still wrapped up in their negative power-seeking mind agendas, they decide they are going to try and make contact with a mortal person on Earth. And some people would welcome such contacts and happily say or write whatever it is the mind spirit wants them to say, believing they are understanding 'great things' or are 'earthing great truths' and you know all the rest. Most of which is rubbish and what we call 'spiritual pollution' that serves to at best, further both the wayward mortal and spirits' progression in their rebellion, and at worst gums up the works with disinformation and masses of mind-derived untruth.

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Up until 22 March 2017 when Celestial Spirits blocked mind Mansion World spirits interference with people in the physical on Earth, all communications had been from mind spirits of the Mansion Worlds. Thus, Aboriginal Dreamtime Stories are mainly mind spirit originated and of a controlling suppressive nature.

"The Gap" between the population overall of Australia and the Aboriginal communities that hold strongly to their traditional customs and heritage is of the consequence of folklore that is suppressing their evolutionary growth in truth and love.

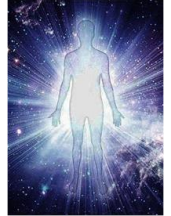


1. **The removal of the glass ceiling of 499 of the Map of Consciousness. This is the opening to 'common sense'.**

## Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and then progress through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1<sup>st</sup> of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

## Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self-glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1<sup>st</sup> spirit Mansion World to the 2<sup>nd</sup> mind spirit Mansion World, then 4<sup>th</sup> and finally 6<sup>th</sup> mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

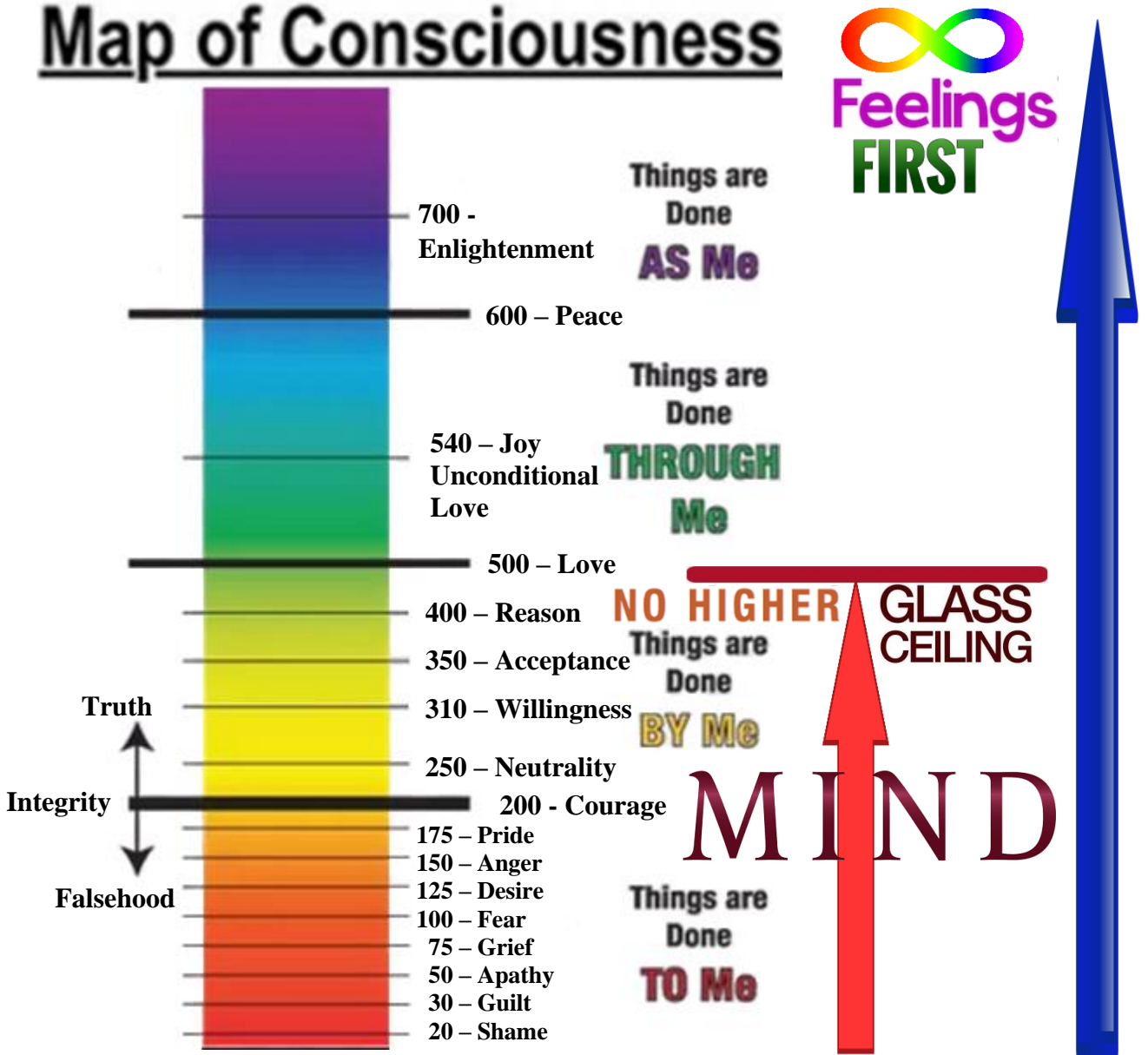
A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7<sup>th</sup> spirit healing Mansion World process we transition to the 1<sup>st</sup> of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!



# Map of Consciousness



While we are mind-centric, we are locked into a hell of retardation and stagnation, the 1<sup>st</sup> spirit Mansion World equivalent. We can only progress through living Feelings First.



Feelings First with Mind to follow in support.

# MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

| Level         | Log      |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE         | 600      |
| JOY           | 540      |
| LOVE          | 500      |
| REASON        | 400      |
| ACCEPTANCE    | 350      |
| WILLINGNESS   | 310      |
| NEUTRALITY    | 250      |
| COURAGE       | 200      |
| PRIDE         | 175      |
| ANGER         | 150      |
| DESIRE        | 125      |
| FEAR          | 100      |
| GRIEF         | 75       |
| APATHY        | 50       |
| GUILT         | 30       |
| SHAME         | 20       |

**PERSONALITY TRAITS:**

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

**Levels of consciousness** are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. When we embrace our feelings, begin living Feelings First, even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

**MoC 20 – Shame**: Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt.

**MoC 30 – Guilt**: associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident-proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace.

**MoC 50 – Apathy**: State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope.

**MoC 75 – Grief**: Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost.

**MoC 100 – Fear**: Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders.

**MoC 125 – Desire**: Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured.

**MoC 150 – Anger**: Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred.

**MoC 175 – Pride**: Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride.

**MoC 200 – Courage**: Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws.

**MoC 250 – Neutrality**: Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others.

**MoC 310 – Willingness:** Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness/ do not feel demeaned by service jobs. Helpful / high self-esteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained.

**MoC 350 – Acceptance:** Major transformation takes place when one recognises that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self-discipline / honouring of others rights / inclusive / tolerant.

**MoC 400 – Reason:** Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualisation / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states.

**MoC 500 – Love:** Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness.

**MoC 540 – Joy:** Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will.

**MoC 600 – Peace:** Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness.

**MoC 700 – 1,000 – Enlightenment:** Buddha and Krishna. Mary Magdalene and Jesus were beyond 1,000 and recognised their at-onement with God whilst living on Earth. Enlightenment is a never ending process.



**Feelings first**

**The GOLDEN RULE**

*Never interfere with another's will.*

*We are not to impose our will upon another!*

*One must always honour another's will as*

*one honours one's own.*

**MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:**

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, may potentially range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

| <b>MAP of CONSCIOUSNESS</b>                                                                               | <b>MoC</b>    | <b>calibrations</b>                                                                                                                                 |
|-----------------------------------------------------------------------------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| God, our Heavenly Mother and Father                                                                       | Infinity      | Location being Isle of Paradise                                                                                                                     |
| Earth Celestial Heavens peak                                                                              | <b>1,500</b>  | 3 <sup>rd</sup> Celestial Heaven (10 <sup>th</sup> spirit Mansion World)                                                                            |
| Feeling Healing / Divine Love teachings                                                                   | 1,480 - 1,500 | 3 <sup>rd</sup> Celestial Heaven spirit guided                                                                                                      |
| Now at one with Heavenly Parents                                                                          | 1,081         | 1 <sup>st</sup> Celestial Heaven entry at Jerusem                                                                                                   |
| Feeling Healing with Divine Love                                                                          | 1,080         | 7 <sup>th</sup> Divine Love transitional sphere to Heavens                                                                                          |
| Natural Love peak                                                                                         | <b>1,000</b>  | 6 <sup>th</sup> spirit Mansion World peak – can't go further!                                                                                       |
| Pascas Papers                                                                                             | 880 - 920     | Perceived truth – potential truth 1,480                                                                                                             |
| Pascas WorldCare (as a platform)                                                                          | 880           | 5 <sup>th</sup> spirit Mansion World healing + Divine Love.                                                                                         |
| Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs) | 880           | 4 <sup>th</sup> spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings. |
| Koran                                                                                                     | 700           | 4 <sup>th</sup> spirit Mansion World equivalent.                                                                                                    |
| Torah                                                                                                     | 550           | First five books of the 24 books of the Tanakh.                                                                                                     |
| Cookies made for Family                                                                                   | 520           | Made with love (this supports cooking shows).                                                                                                       |
| Enter EITHER natural or divine pathway                                                                    | <b>500</b>    | 2 <sup>nd</sup> natural love OR 3 <sup>rd</sup> Divine Love spirit world.                                                                           |
| Peak of mind total orientation                                                                            | 499           | 1 <sup>st</sup> spirit Mansion World peak.                                                                                                          |
| King James Bible (from the Greek)                                                                         | 475           |                                                                                                                                                     |
| Roman Catholic Church                                                                                     | 450           | Church (worldwide) – mind controlled – reason.                                                                                                      |
| Home cooked sea fish + organic salad                                                                      | 410           |                                                                                                                                                     |
| Home roasted free range chicken + salad                                                                   | 410           |                                                                                                                                                     |
| Wine or Beer                                                                                              | 330           | (in moderation!)                                                                                                                                    |
| Roman Catholicism administration                                                                          | 305           | As an institution in year 2004.                                                                                                                     |
| Tea green                                                                                                 | 300           |                                                                                                                                                     |
| <b>Humanity</b>                                                                                           | <b>212</b>    | The population of the world overall.                                                                                                                |
| Vegetarianism                                                                                             | 205           |                                                                                                                                                     |
| Muesli                                                                                                    | 205           | Above 200 is pro-life – positive.                                                                                                                   |
| <b>Food</b>                                                                                               | <b>200</b>    | <b>At this level and above food is life enhancing.</b>                                                                                              |
| Food, Commercial Category                                                                                 | 192 - 202     | Below 200 is anti-life – negative.                                                                                                                  |
| Food, Commercial Machine-made                                                                             | 188 - 200     | Energy dense but nutrition poor.                                                                                                                    |
| Black Tea                                                                                                 | 185           | Refining of most foods removes nutrients.                                                                                                           |
| Percolated Coffee / Cappuccino / etc                                                                      | 165           |                                                                                                                                                     |
| Corn Flakes                                                                                               | 85            |                                                                                                                                                     |
| Fish (living in ocean)                                                                                    | 20            |                                                                                                                                                     |
| Bacteria                                                                                                  | 1             |                                                                                                                                                     |

## **LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY**

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1<sup>st</sup> spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2<sup>nd</sup> and 4<sup>th</sup> only to reach a dead end at the 6<sup>th</sup> spirit mind Mansion World, never getting out of the hells and entering the 1<sup>st</sup> of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptions are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**  
However:
  - Parents have NO understanding of Love.**
  - Parents have NO understanding of Law of Free Will.**
  - Parents have NO understanding of blocking emotions.**
  - Parents have NO understanding of causal / core emotions.**
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

**Parents abandon Children emotionally!**

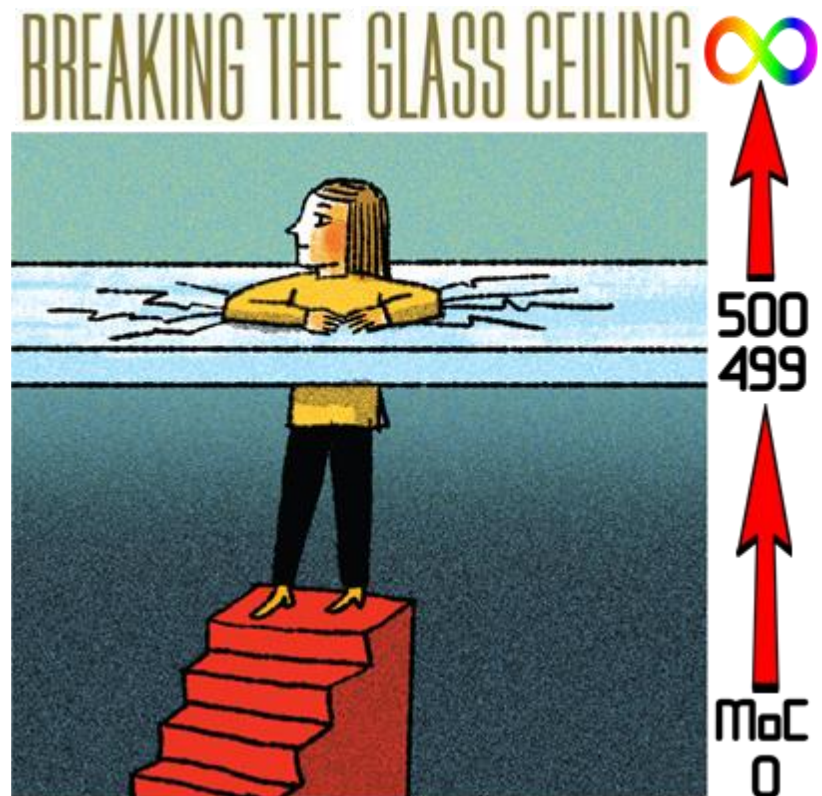
- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

## GLASS CEILING BARRIER REMOVAL

Until we each embrace our feelings, begin to live feelings first, express our feelings both good and bad, long to know the truth of that which our feelings are drawing our attention to, we will continue to remain constrained and susceptible to overt control by the few hidden controllers.

We will remain in our ignorant stupor and lethargic state that is deplorable compared to the potential that exists within each of us.

While we remain living mind-centric and suppressing our feelings of truth then we are continuing to live in the Rebellion and Default that has been imposed upon us these past 200,000 years being of the Rebellion and the Default of some 38,000 years ago.



We will continue to stumble from one war to another with about 8% of the time living in some relative degree of peace. We believe we have excelled in technology development whereas we have no understanding as to the cause of any disease, our vaccines may be killing more people than the disease is for which the vaccines have been developed (coronavirus Covid-19), we have poisoned most of our food through chemical fertilisers and pesticides, our food crops are DNA mutated thus threatening our physical health, our vaccines are now interfering directly with our DNA which is a hazard for generations to come, we have developed weapons of mass destruction, not to mention nuclear weapons, that can destroy Earth's humanity and the planet's viability to support life. We think our capacity to enter space is amazing when we are only barely able to leave the planet by sitting in a tin can that is riding on an exploding bomb, while Earth's civilisation of thousands of years ago travelled to the Moon using gravity and magnetism without such clumsiness.

We are wonderfully progressed. We murder around 50 million babies each year through abortion – that indicates that two out of every three of us who grow into being adults are eventually involved in aborting a child. A similar number miscarry, not being born, due to our emotional injuries which we impress upon the newly forming child while they are in the womb. Because we do not heal ourselves of our childhood suppression, which is what we take on of the Rebellion and Default that our own parents impose upon us, we impose deformities and childhood illnesses upon our own children before they are born. The newly forming child is always perfect – until we impose our will and injuries upon them!

### **A few salient observations of our wonderfully advanced society:**

Globally, 785 million people lack access to clean **drinking water**.

Every day, over 800 children die from dirty water, due to diarrhoea caused by poor water, sanitation and hygiene and scarce or unreliable water and sanitation facilities in many communities around the world. Without clean, easily accessible water, families and their communities become locked in poverty for generations. Children drop out of school and parents struggle to make a living.

Women and children are worst affected – children because they are more vulnerable to disease of dirty water, and women and girls because they often bear the burden of carrying water for their families for an estimated 200 million hours each day.

Access to **clean water** changes everything; it's a stepping stone to development.

Access to clean water and sanitation is possibly the most urgent health crisis facing communities today. One in every nine people on this planet lack daily access to safe water, and one in every three have no toilet.

The world produces enough **food to feed everyone** on the planet, yet [16.6%](#) of the world's population is undernourished. 957 million people worldwide do not have enough to eat on a regular basis.

Out of the eight billion people on the planet, a striking one billion are living in extreme poverty. Extreme poverty does more than deprive people of necessary food—it also robs them of safe drinking water, **sanitation**, education, shelter, etc. In fact, more than a billion people live on less than [US\\$1.25](#) a day, which isn't even enough to buy one gallon of milk at market price.

As many as 1.6 billion people lack adequate **housing**. That is 20% of the world's people.

About 2% of the world's population is homeless. Two percent — it doesn't sound like much, but when you do the math, that's nearly 154 million people living on the street, in temporary dwellings, at refugee camps, and in other transitory and often dangerous conditions.

Globally, the number of people without access to electricity was 759 million in 2019.

In total, 3.7 billion people have no **internet access**. That is 40% of the world's population.

Now in 2022, 9.2% of the world survives on less than US\$1.90 a day, about [689 million people](#) live in extreme poverty, compared to nearly 36% in 1990.

Although countries impacted by **fragility, crises, and violence** are home to about 10% of the world's population, they account for more than 40% of people living in extreme poverty. By 2030, an estimated 67% of the world's poor will live in fragile contexts.

About 70% of people older than 15 who live in extreme poverty have no schooling or only some basic education.

**A lack of trained teachers, inadequate learning materials, makeshift classes and poor sanitation facilities** make learning difficult for many children. Others come to school too hungry, sick or exhausted from work or household tasks to benefit from their lessons.

The consequences are grave: An estimated 617 million children and adolescents around the world are unable to reach minimum proficiency levels in reading and mathematics, even though two thirds of them are in school.

This learning crisis is the greatest global challenge to preparing children and adolescents for life, work and active citizenship. Further, we grow through our experiences of doing – education is the start!

11% of primary-school-aged children and 20% of lower-secondary-aged children are not in school at all.



***Schooling does not always lead to learning. Worldwide, there are more non-learners in school than out of school.***

Children and adolescents are excluded from education for many reasons. Poverty remains one of the most obstinate barriers, with children from the poorest households almost five times more likely to be out of primary school than those from the richest.

Children with disabilities and from ethnic minorities are also more likely to be left behind.

For girls in some parts of the world, **education** opportunities can be especially limited. Only 49% of countries have achieved gender parity in primary education. Harmful gender norms can have severe effects for boys, too.

Location also keeps children from school. Children from rural areas are more than twice as likely to be out of primary school than their urban peers. In conflict zones, 27 million children are out of school. There are still 58 million primary-aged children worldwide (9%) and 63 million adolescents (18%) who are "out of school". Furthermore, girls are less likely to attend school than boys.

As a whole, the global literacy rate is high. The **literacy rate** for all males and females that are at least 15 years old is 86.3%. Males aged 15 and over have a literacy rate of 90%, while females lag only slightly behind at 82.7%.

1.3 billion people in 107 developing countries, which account for 22% of the world's population, live in **multidimensional poverty**. About 84.3% of multidimensionally poor live in sub-Saharan Africa and South Asia. 644 million children are experiencing multidimensional poverty.

**Health Care Costs** push a Staggering Number of People into Extreme Poverty.

Another 800 million people are spending at least 10% of their household budget on health care. And 3.5 billion people — accounting for more than half of the world's population — are simply forced to go without most essential services. (Aizenman, 12/14).

Half the world lacks access to essential health services – UN Report. World Bank and WHO: Half the world lacks access to essential health services, 100 million still pushed into extreme poverty because of health expenses.

Pascas University(s) are to be key pathways in addressing and mitigating these global issues.

**Worldwide GDP for 2021 was US\$95 Trillion of which 5.3% was spent on education or US\$5 Trillion.**

**Humanitarian expenditure worldwide did not reach US\$50 Billion in 2021.**

**Total military expenditure worldwide in 2021 was US\$2 Trillion.**

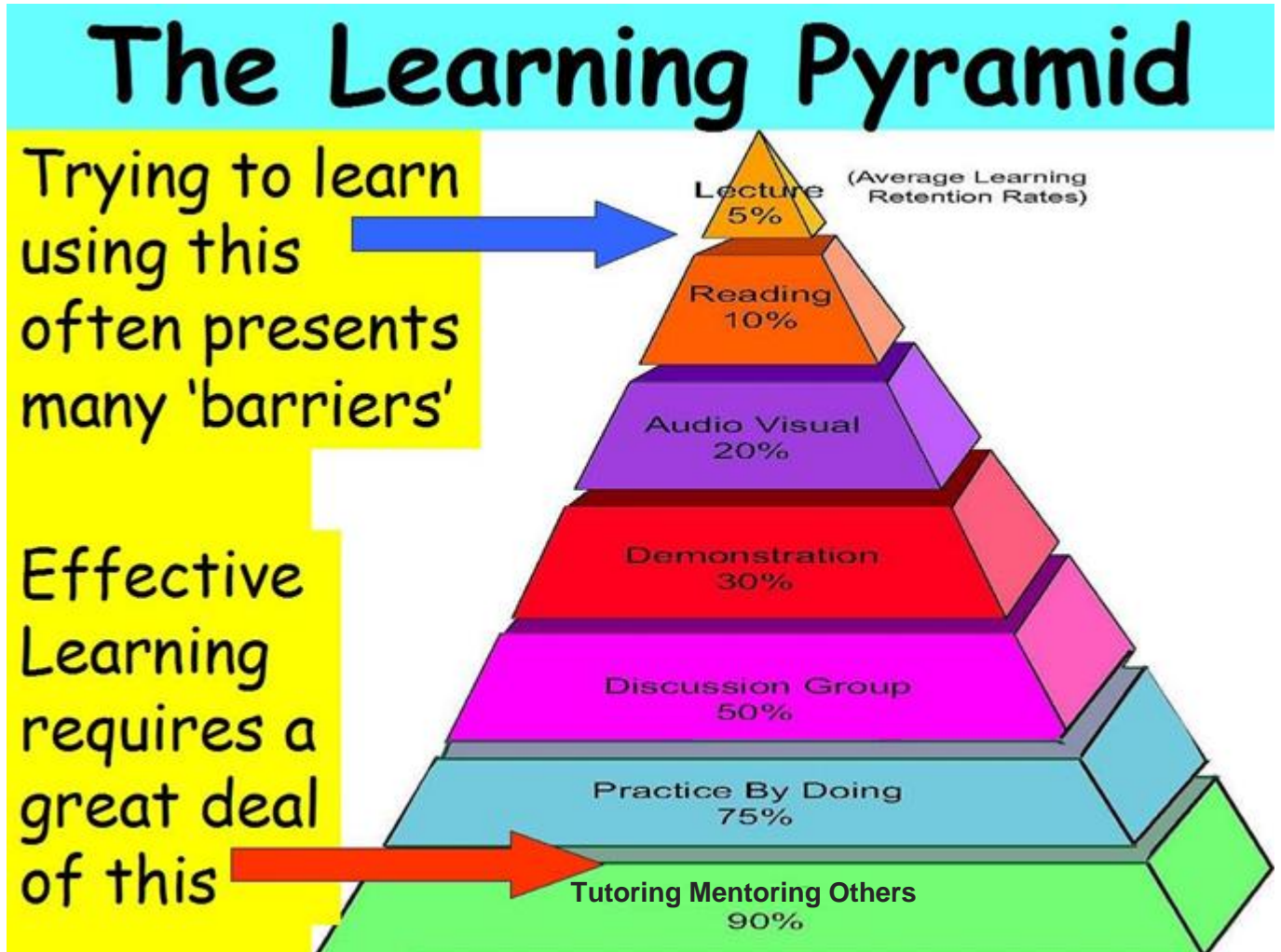
***Violence is never Justified***

**Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong.**

Jesus 25 December 1915

2. Tutoring others and learning by doing rather than lecturer at the front of the room.

Our learning is greatly enhanced through doing – learning while applying and experiencing the topic. This is forefront in any subject matter – if the experiencing of can be accommodated then the opportunity is to be made available.

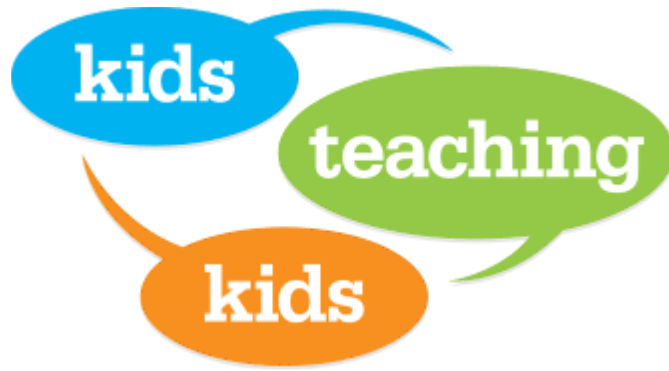


100% retention is Natural Self Expression

*It's all about*  
**Experiences**  
&  
**FEELINGS**

**BE FEELINGS EXPRESSIVE!**

# Tutoring

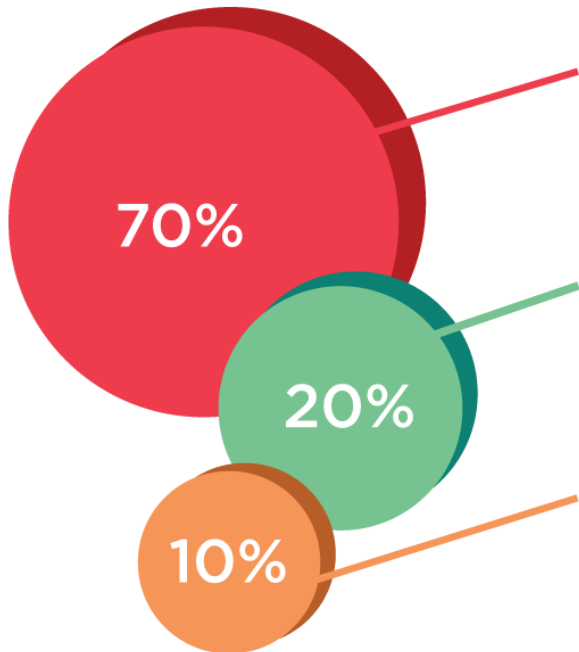


## Natural Self Expression!



# We learn by **DOING!**

Listening, reading, viewing all partially assist.



### On-the-Job Learning

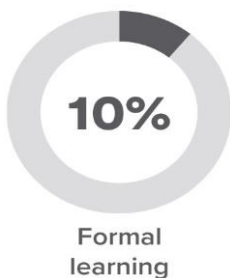
Also described as informal or self-directed learning. Individuals learn through experience, problem solving and practice.

### Learning Through Others

Learning through social and collaborative interaction with peers, role models, mentors and coaches.

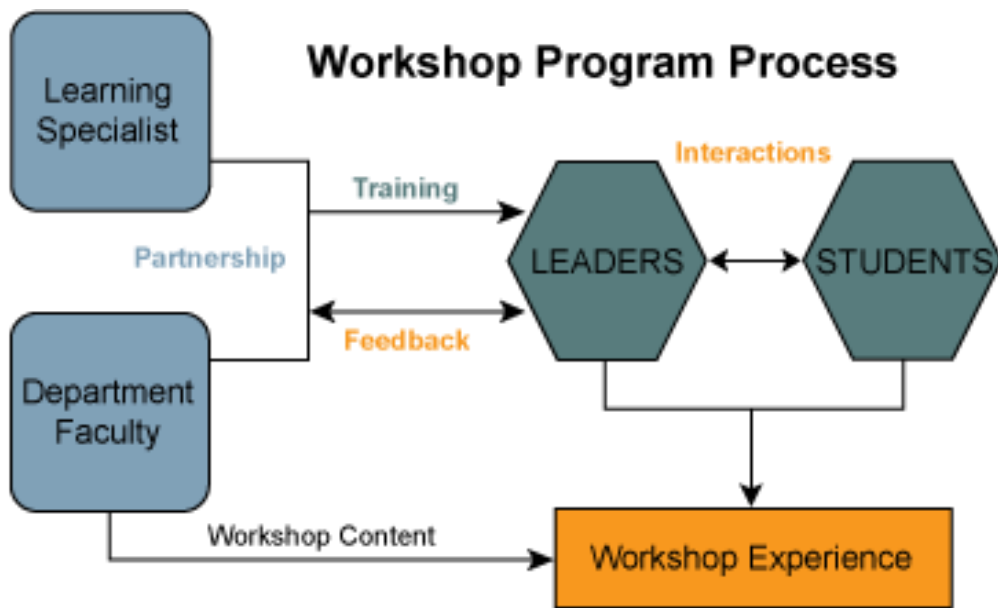
### Formal Learning

Structured, directed learning. The organisation manages and controls the learning objectives and content.



**Meeting Rooms – student collaboration in workshops – tutoring each other:**





### 3. Students being supported in what they are most passionate about – embracing their individuality.

We are each very unique personalities. Firstly, we are not to impose our will upon others. We are not to allow people to impose upon us what they think is best for us. Our life is ours to experience. We are to make our own choices as to what we embrace. Should we allow our mind to dominate then consider again. Our feelings are always in truth. It is our soul-based-feelings that are to lead the way.

Pascas University recognises this profound truth. It stands behind the student to support, assist and allow the student to discover and follow its truth and longings. What we are passionate about is a wonder to embrace AND it is for all of the educational elements of Pascas to support one's passion.

### 4. Learning groups of around twelve (12) students.

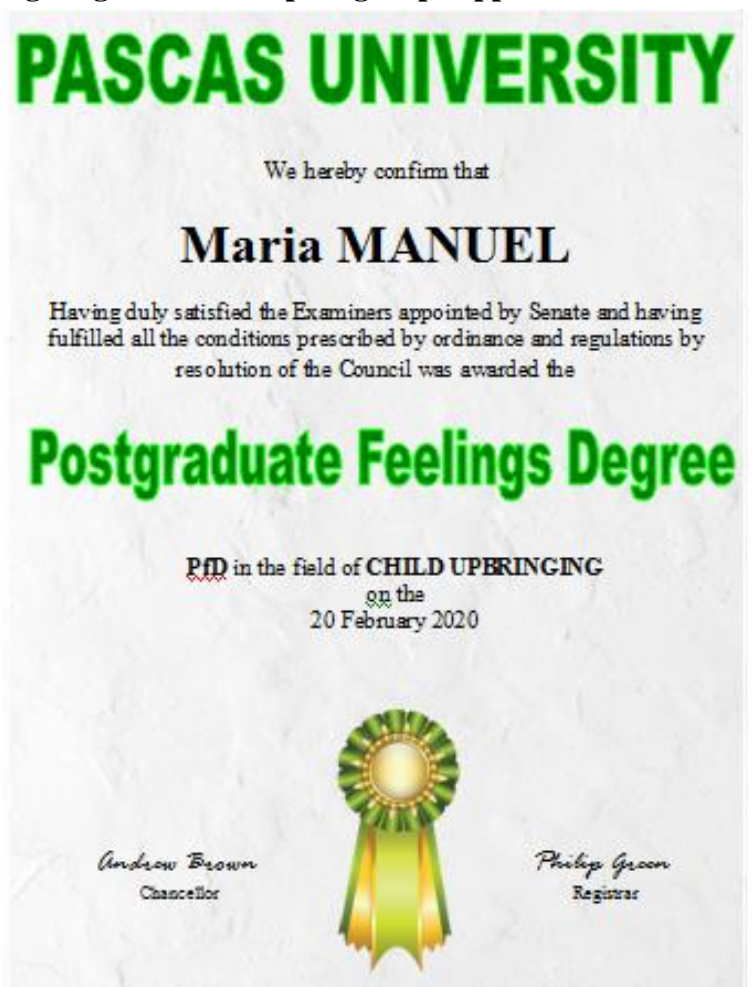
A physical feature of a Pascas University is to be the numerous and diverse pods and venues for groups of around twelve students to be able to gather and assist each other in the research and development of their selected studies. We may refer to these gathering points as meetup pods, they may appear to be common social gathering points to being anything all the way through to formal education rooms to coffee shop venues. The important aspect is that students are to be able to tutor and teach each other.

### 5. PFD rather than PhD. Post graduate feelings degrees without peer group suppression.

“Postgraduate Feelings Degree” (PFD) is a pathway to bring about researched and precisely articulated truths at levels never comprehended possible through any of the education systems that presently prevail throughout the world. Presently, research is imprisoned within the confines of mind based reason which is impeded by the mind's addiction to untruth and control. That is the foundation of the structure to achieve a PhD. The high level spiritual oversight shifted to Celestials from mind spirits progressively during 2017. Living through your feelings, soul-based / heart felt feelings, are the source of our truth. Allowing our feelings to lead us and embracing such truths will open to us Celestial Heaven truths and potentials. This is the New Way and foundation of PFDs.

Feeling Healing is a simple process (but difficult) which allows and enables each adult to reflect on current and past events that may have been good or bad, however each bringing about some difficulty. By focusing on their feelings, they are able to access the memory of any such event that caused them some disturbance or upset in any way. This

provides an opportunity for each person to draw on their memory through their feelings whilst longing for the truth behind what they are recalling. To let go of the disturbance is to express it, that is to talk it out to someone whom they are comfortable with, fully talking about it to, being someone who is willing to listen to their whole experience; so most importantly, any bad or good feelings they felt or are feeling. By fully



allowing themselves and being encouraged to express all their feelings, they will achieve a level of understanding, awareness and ultimately a resolution for themselves and any others involved. This provides an opportunity for each person to let go and move on from old issues and immediate problems and concerns which may have caused emotional or physical blocks and limited their true personality – their true selves, thereby allowing them to grow and evolve into their true potential. Feeling Healing complements current work in values and wellbeing education, however it takes the potential of each participating person, teacher and parents, beyond previous possibilities.

Education is stymied by the pyramid of peer group review – no free thinking and development can evolve – the education system is in a stupor as is all of humanity so that we are to continue as slaves to those few families with their self-anointed god-like chairman who are hidden controllers of humanity.

The hidden controllers' plans for world domination have been meticulously unfolding for generation after generation so that they can even manage the ultimate number of people on the planet. They consider there are populations that are surplus to their needs!!! Their plans for the eradication of who they despise as well as of those who are surplus are diabolical – unconscionable.

They gloat at their success in making money from war. They fund all sides and after the warring factions have annihilated their people and nations then they are enslaved to the hidden controllers to pay the debts entered into under harsh terms. Meanwhile the hidden controllers have produced the money from thin air – they own their money printing presses – they control many of the central banks of the world.

We may consider the education system is fine. The education system is an extension of the parents' control of the child. The education system is the puppet of those high level spirit Evil Controllers who have manipulated humanity for 200,000 years. Now that controlled is centred through a small number of secretive families. You can proceed to look at the legal systems to protect people, governments to serve the people, health industry to save the people, food industry to feed the people, the defence forces to protect the people, and the bottom of the list are the religious institutions who have all been founded on the dictates of the Evil Ones through the manipulations of malevolent spirits. All will collapse progressively and be rebuilt. You can see it unfolding around you now!



**Postgraduate** **Feelings!** **Degree**



Nanna Beth, 3<sup>rd</sup> Celestial Heaven, 20 March 2018: “The New Way will be revealed and many people will want to follow it, looking to their own feelings for their own true power and freedom no longer wanting to be dictated to by their bogus religion or politician’s corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

“Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it’s over, that control is no longer controlling, it’s just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so to will how they want to live, it will be a great time of revolution, James, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.”

## **6. Leadership encouragement rather than being submissive to.**

Submissiveness is also entrapment – we may find generation after generation stagnating in their consciousness development through simply accepting their predicament in how they live without striving for truth of greater significance.

**MoC 350 – Acceptance:** Major transformation takes place when one recognises that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self-discipline / honouring of others rights / inclusive / tolerant.

It is time to embrace the fact that there is a great journey of continual evolutionary growth for everyone to strive for. We each are unimaginably, capable, wondrous beings and our potential is infinite! Put aside the traditions of the family and community and ask to be shown more, then ask again to be shown even greater possibilities. Do not fear the unknown, the unknown to us all is boundless truth and love and it is NOW the time to open to the possibilities and grasp every straw of truth and love that is there for each of us. This is the most exciting time in the history of humanity. For almost one million years we have lived in mediocrity and yes we can connect with and talk with anyone in the universe that has some connection with planet Earth. ANYONE! These high level spirit personalities are just waiting for you to long to them and ask them what you seek to know – and they will respond.

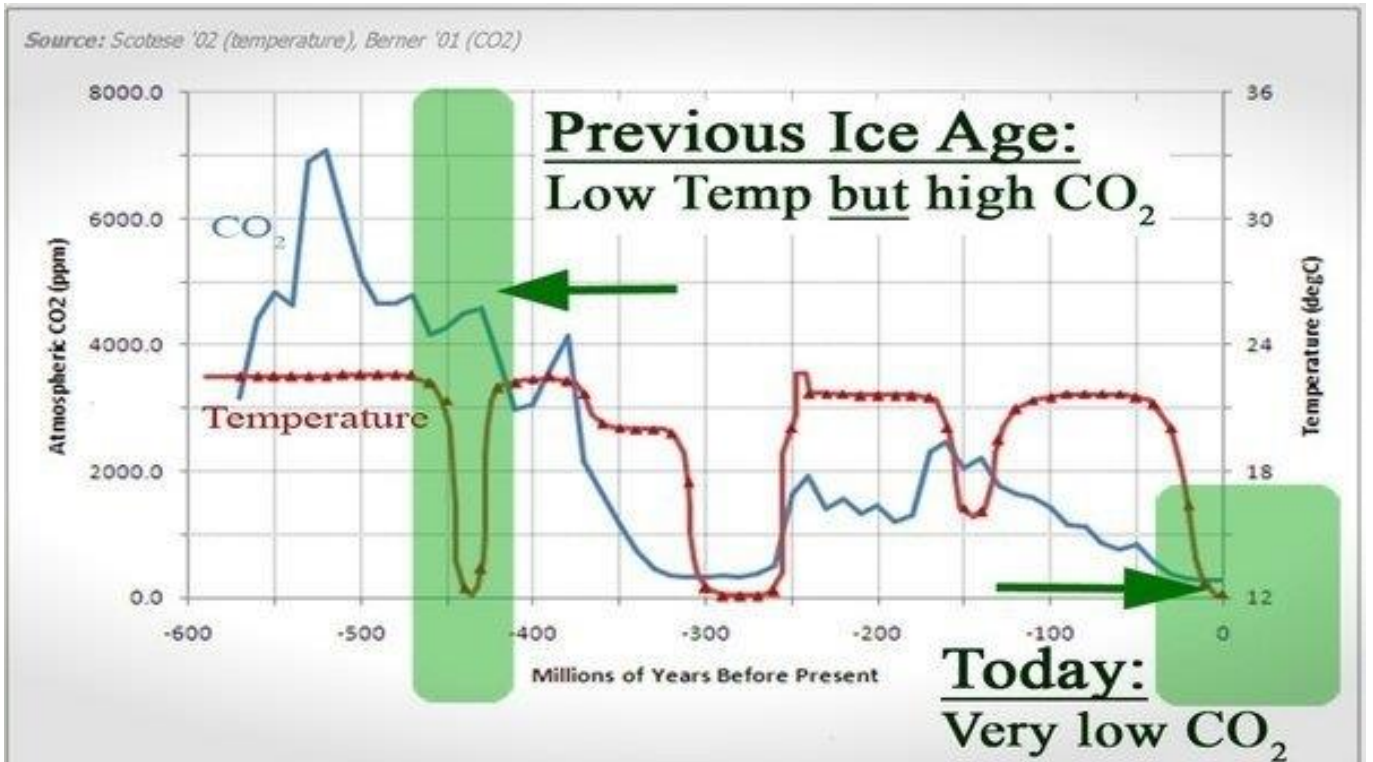
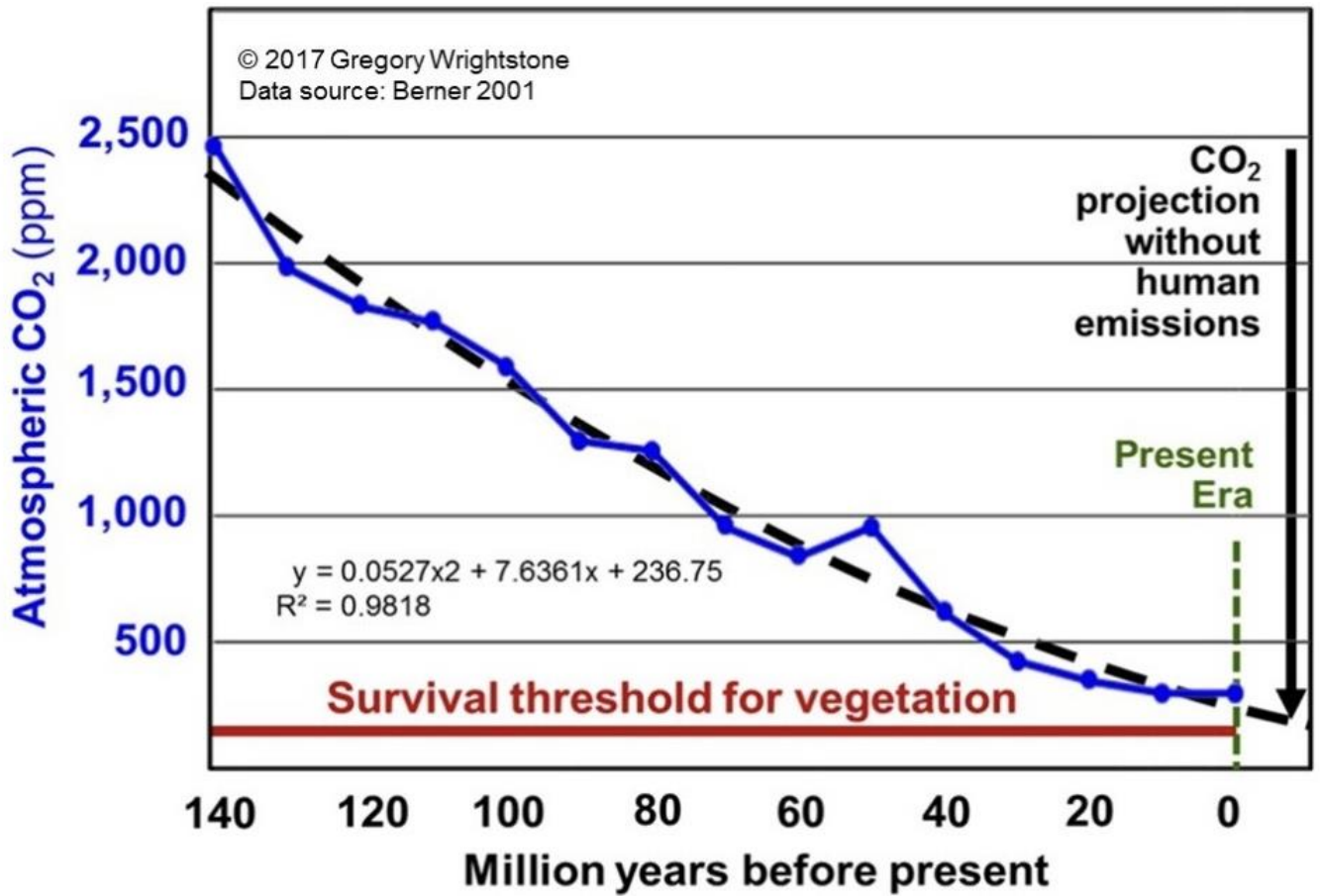
Those who seek will become the leaders of family groups, of communities, of societies and nations. They will do so simply because they will be showing the way. In showing the way they are at the same time stepping aside for others to lead, but also in so doing they continue to lead as they progress in truth at the same time.

Yes, by endeavouring to make yourself redundant by passing on our skills, we become even more capable.

Now that you have started just by considering these insights for the first time, you are now on the pathway to Paradise, the home of our Heavenly Mother and Father, and then your journey becomes even more wondrous and exciting, the universe continues to grow and your leadership will then take you on and out into new territory and wonders. That is leadership for you!

7. Distortions of Truth to be addressed, more so when impacting humanity in a harmful manner.

Carbon Dioxide (CO<sub>2</sub>) in the atmosphere is critical to the survival of humanity in a way contrary to what is being propagated worldwide.

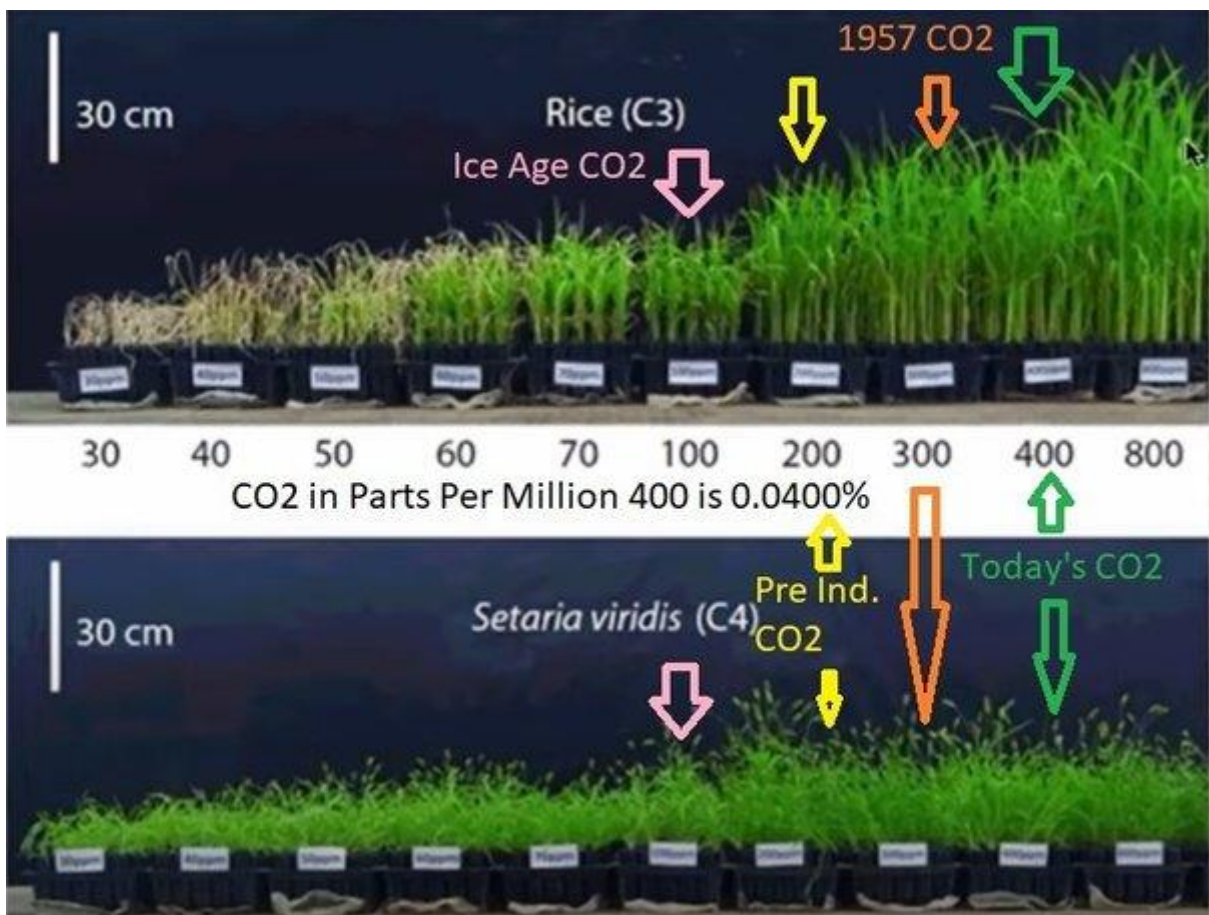


***“It is axiomatic that correlation is not proof of causation, but a lack of correlation is disproof. It takes just one climate graph showing the lack of correlation of Co2 with temperature to put the radical denial of natural variation (anthropogenic global warming) in the grave!”***

**NOTE:** What can be correlated with very low levels of CO<sup>2</sup> in the atmosphere is worldwide famine. Should have the CO<sup>2</sup> levels diminished much further than they have recently been than global starvation and mass death would have unfolded. Fortunately the slight increases in the levels of atmospheric CO<sup>2</sup> have supported increases in crop yields well in excess of population growth. We were fast approaching a global disaster in worldwide food shortages.

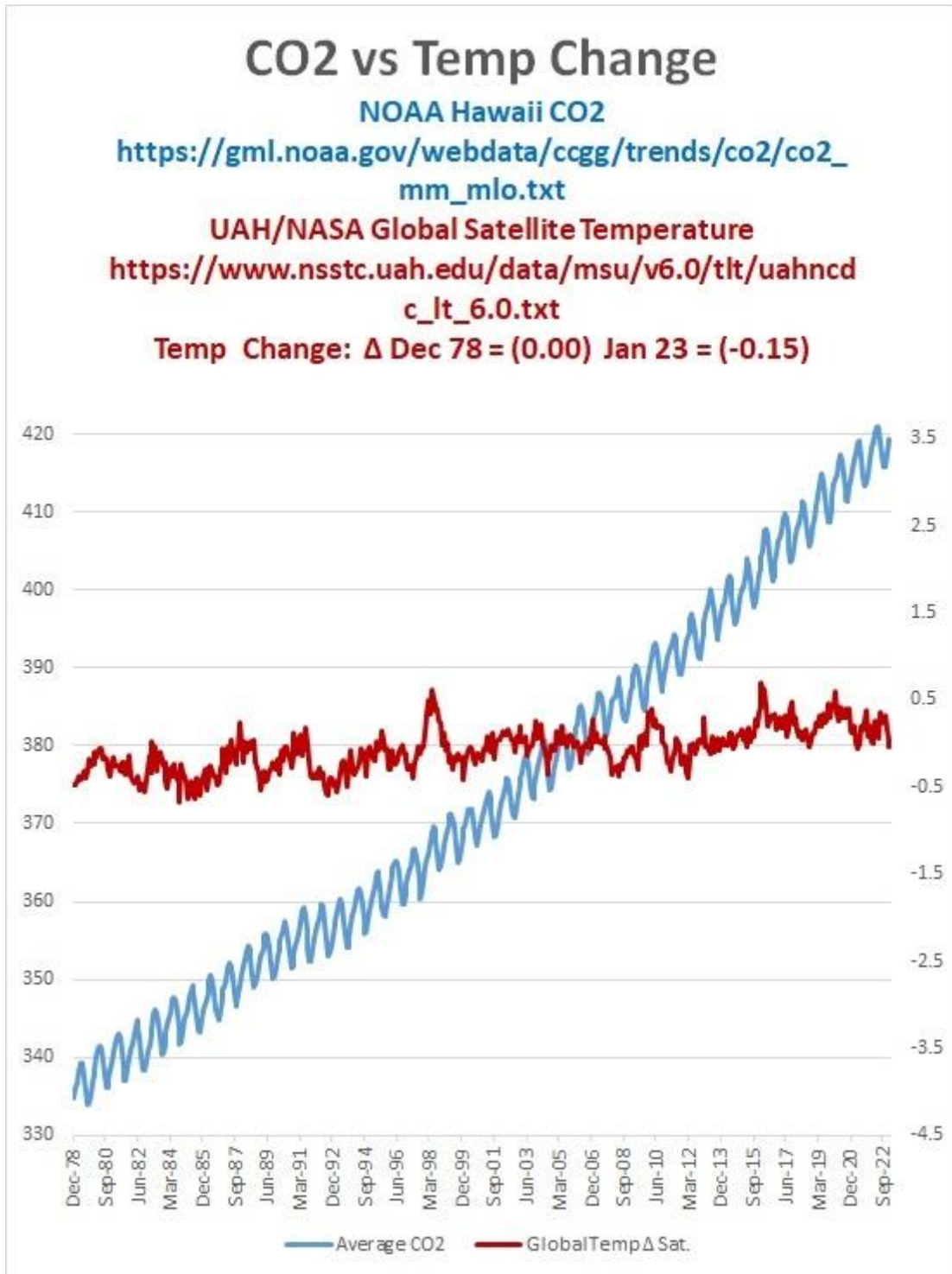
**FURTHER:** Consider the predicament that humanity has now just avoided. The increase of CO<sup>2</sup> in the atmosphere from about 320 ppm (0.032%) to 420 ppm (0.042%) has raised the efficiency of our crops and trees by about 300%. A 1% CO<sup>2</sup> level is still 25 times higher than today’s CO<sup>2</sup> level.

The oceans on this planet contain 45 times more CO<sup>2</sup> than the atmosphere. Any small change to the oceans will cause a major change in the atmosphere. The oceans release CO<sup>2</sup> from solution when the temperature rises. The vast majority of the CO<sup>2</sup> in the atmosphere is of natural origin.



The reality of CO<sup>2</sup> is shown in this graphic. Each of these pots of plants was grown in a carefully controlled identical pot with identical water, light and soil. The only variable was the atmosphere they lived in was very carefully controlled in percentage of CO<sup>2</sup>. The simple fact is that below 200 ppm in this experiment the plants were unable to fruit thus any plant grown about 150 ppm CO<sup>2</sup> or below would go extinct. It is impossible to sustain life without plants so this is the death of life on Earth.

Vegetation and plants thrive on the availability of CO<sup>2</sup> in the atmosphere. CO<sup>2</sup> had fallen to critically low levels in the atmosphere creating the potential for an environment of pending global famine.



**This is the only data on global warming that is global! Guess what! NO relationship between CO<sup>2</sup> and temperature. NONE! The whole worry set you are concerned of is a HOAX!**

# The Great Global Warming Swindle - Full Documentary HD

<https://www.youtube.com/watch?v=oYhCQv5tNsQ>

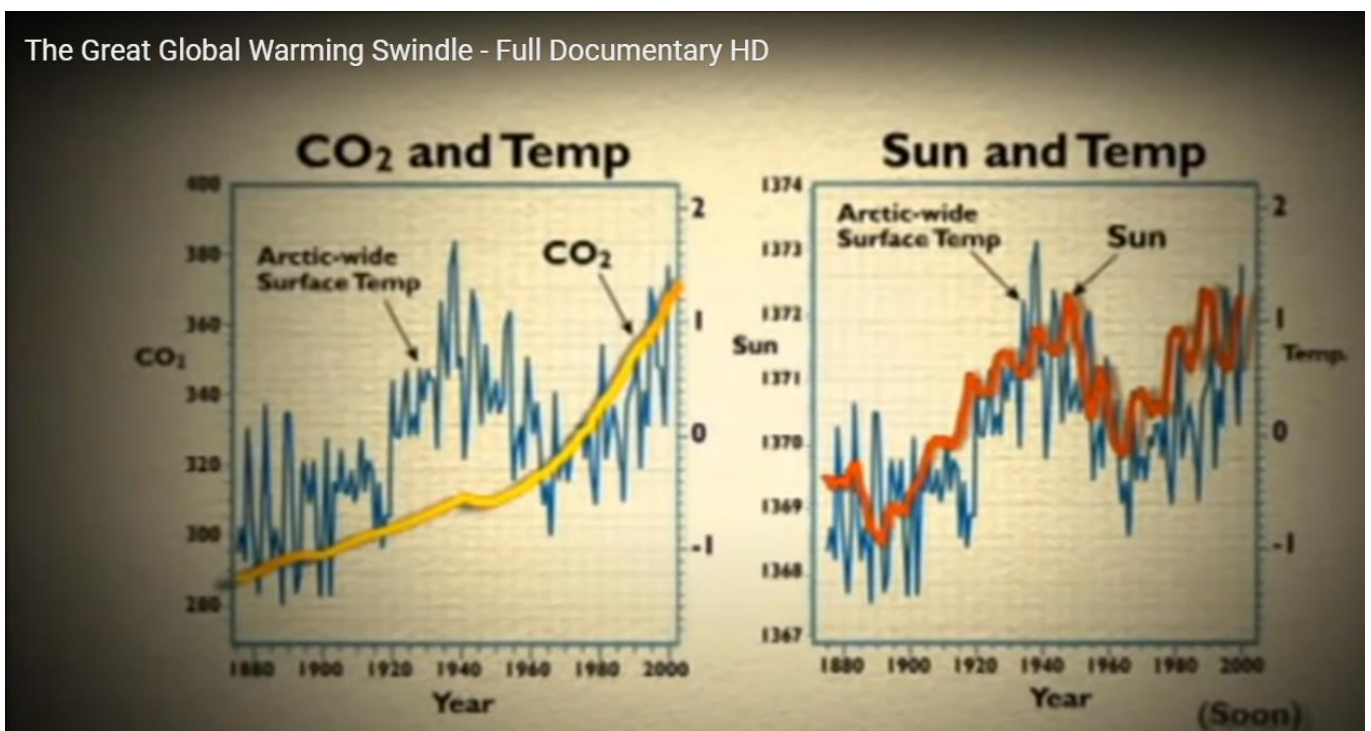
19 August 2018

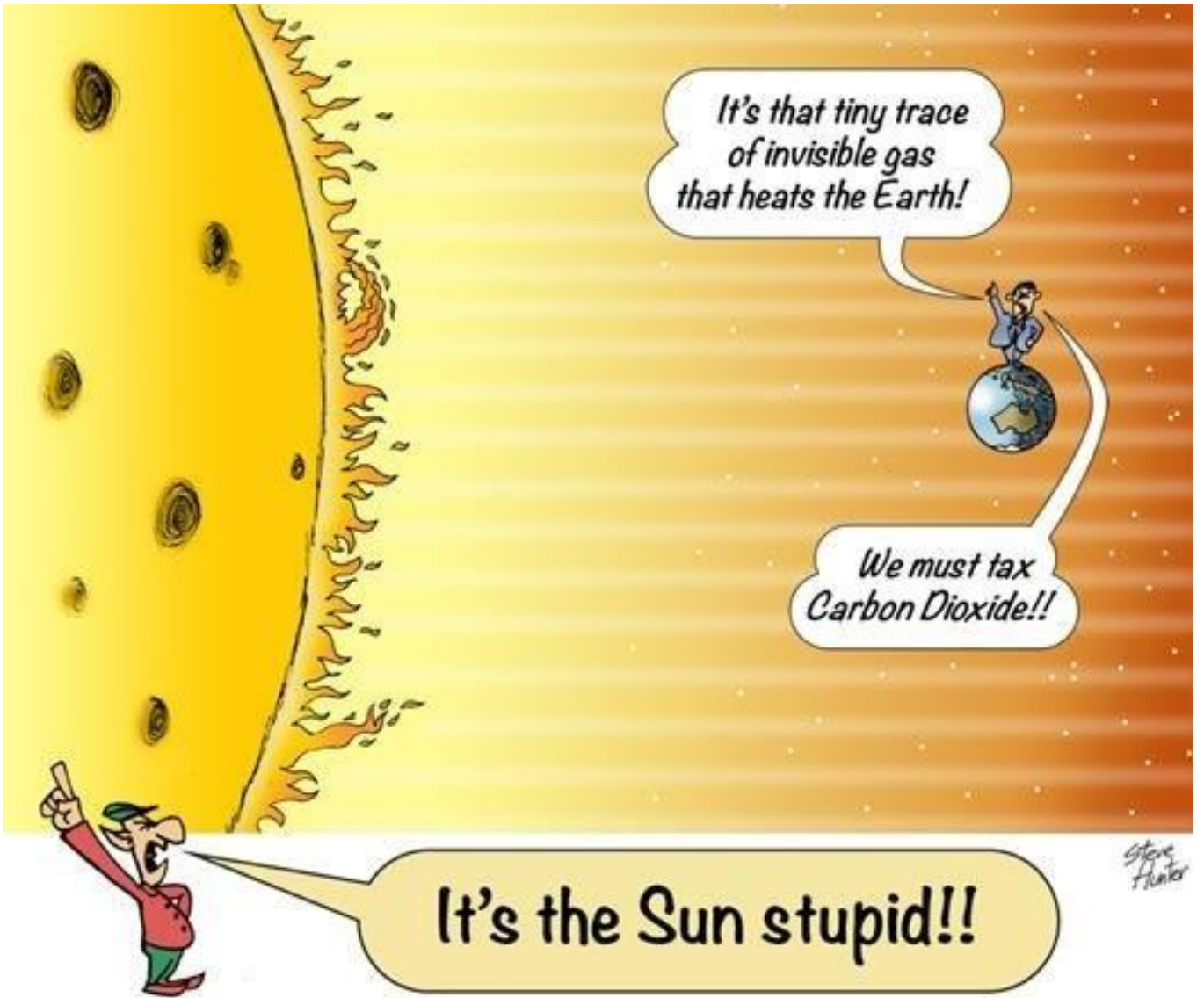
The Great Global Warming Swindle caused controversy in the UK when it premiered March 8, 2007 on British Channel 4. A documentary, by British television producer Martin Durkin, which argues against the virtually unchallenged consensus that global warming is man-made. A statement from the makers of this film asserts that the scientific theory of anthropogenic (man-made influenced) global warming could very well be "the biggest scam of modern times." According to Martin Durkin the chief cause of climate change is not human activity but changes in radiation from the sun. Some have called The Great Global Warming Swindle the definitive retort to Al Gore's 'An Inconvenient Truth'. Using a comprehensive range of evidence it's claimed that warming over the past 300 years represents a natural recovery from a 'little ice age'.

According to the program humans do have an effect on climate but it's infinitesimally small compared with the vast natural forces which are constantly pushing global temperatures this way and that. From melting glaciers and rising sea levels, The Great Global Warming Swindle debunks the myths, and exposes what may well prove to be the darkest chapter in the history of mankind. According to a group of leading scientists brought together by documentary maker Martin Durkin everything you've ever been told about global warming is probably untrue. Just as we've begun to take it for granted that climate change is a man-made phenomenon, Durkin's documentary slays the whole premise of global warming.

"Global warming has become a story of huge political significance; environmental activists using scare tactics to further their cause; scientists adding credence to secure billions of dollars in research money; politicians after headlines and a media happy to play along. No-one dares speak against it for risk of being unpopular, losing funds and jeopardising careers."

MoC 490





It's the Sun stupid!!

It's that tiny trace of invisible gas that heats the Earth!

We must tax Carbon Dioxide!!

Steve Hunter

## HIDDEN CONTROLLERS

Sunday, 3 September 2017

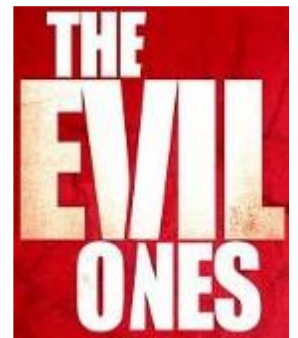
(What Nanna Beth now outlines are or were to be the objectives of a few grossly evil people – their plans are to be thwarted by other events. This is further demonstration of the corruptness of the hidden controllers.)

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: They want the EU (European Union) countries to be in so much debt, which really is indebted to the hidden controllers, as you've mentioned here John, that when they break up the EU, which was their plan all along, they'll basically own all the countries being freer to do as they please with them. So, the 'Normalising' means, to give them back, or force them to take back (some countries being happy to, others not so), their own currencies. To become 'normal' as it were, like before the EU, however with just a slight difference, that they are all now completely owned by or in the hands of these controllers.



Then they want to bring about further war and problems within the countries, thereby quickly causing such dissent and civil and political unrest, that they are all but begged by the countries to come together again in a new version of the EU, yet one that is completely under the control of the hidden controllers, and one that is to become the new version of the cradle of civilisation. This all taking place as the Middle East goes through its End Times conflagration, with the hords, many from Europe, having descended upon it, only to be slaughtered and 'sent to god'.

And at the same time this is happening, bringing America to its knees by all but breaking it apart, setting the Russians and Chinese at each other's throats, poisoning off most of India, Africa and South America through disease and other pollutants that would be liberated into the water supplies and seeded from the air, bringing about their vast, quick, reduction of the human population, all so as to take the pressure off the natural resources of the world, ridding the world of the useless surplus people, setting it up to become the paradise of the chosen ones.



The West will let go easily, however the more primitive and basic belief systems of the Hindus, Buddhists and Moslems might take a bit more undoing, however killing off vast numbers of them easily takes care of that little problem.

And the Jews will take the necessary beating to reduce them to a compliant bunch who'll be more than happy to do the continued dirty work of the hidden controllers.

So it's really just a matter of timing. They've already put into play the opening phase of the END, as they call it, which is the end of one system and the putting into place their new refined system. And once the momentum starts to build, it will roll on rather quickly, with many people greatly suffering, many people arriving in spirit, none of who the hidden controllers give a rats arse about – pardon my language. (This can be frustrating.)

# World Controllers

[Comment: Outlined above could be the intent of a powerful but small group with grandiose ideas that can never eventuate. What is identified is the gross evilness of these hidden personalities!]

### THREE LEVELS of HIDDEN CONTROLLERS

30 July 2014

These pillars of society, and yes they typically are, knights, barons, eminent people, pontificate on the virtues of their endeavours while devouring huge communities.

Two opposing family groups exist within this powerful network. One group's attitude is to take care of the family and their workers, and associates, benefit everyone, privilege has responsibility. The other group's attitude is privilege begets privilege, no such responsibility to community and family. The predominance of manipulation for greed prevails.

The structure is that of a top tier consisting of little more than a dozen families with a single figurehead or chairman, being for the long term. The middle tier (medium term) mainly European and consisting of more than two dozen families. Then the lower tier (short term) of maybe more than one hundred and twenty families from North America and Europe and publicly known as the Bilderberg Club. <http://www.bilderbergmeetings.org/index.php>



Greta Tintin Eleonora Ernman Thunberg FRSGS (born 3 January 2003) is a Swedish environmental activist who is known for challenging world leaders to take immediate action for climate change mitigation. Thunberg's activism began when she persuaded her parents to adopt lifestyle choices that reduced their own carbon footprint.

Of the dozen or so long term families, the Rothschilds and the Rockefellers dominate. A mantra engaged throughout their operations is that everyone has their price. The 'global warming' propaganda has been universally hijacked by the hidden controllers agendas.

This manipulation and covert control is seen throughout societies worldwide. Generally speaking, university research teams being always in need of funding are readily compromised to deliver the findings that funders and donors 'desire'.

Further, when we review a research paper, consider the number of assumptions the findings (opinions) are based upon. An assumption is 98% of the time to be in error! Dozens of assumptions are typically found within each research paper. Consequently, it is the objective of each Pascas University research team to review and re-research findings that have been acted upon in the quest to mitigate the harm of such erroneous based research is bringing about through its adoption and application in the market place and people's way of living.





## 8. Illusions of Democracy to be addressed.

The apparent leaders of any situation may well be puppets to covert manipulators.

High wealth hidden controllers manipulate and compromise their 'nominees'. They do this on a global scale, sometimes utilising 'secret societies'. The highest levels of some secret societies are channels for funds that are used to corrupt and compromise nominees who hidden controllers seek to have do their bidding.

Should the hidden controllers not get their way then they infiltrate the advisory and second rung management levels to influence for their agendas and thwart opposition.

Consequently, candidates for elections are typically unqualified and compromised in a manner that the public have no comprehension of, which they themselves would not employ these people yet we vote them in to lead our nations.

Then these people become controllers of our daily activities and lives, they being conduits and fronts for hidden people who are driven by greed and power without responsibility or passion for our needs. This permeates throughout all levels of society.

Should a leader be seen to be overly capable, we generally then see him or her shifted to another portfolio.

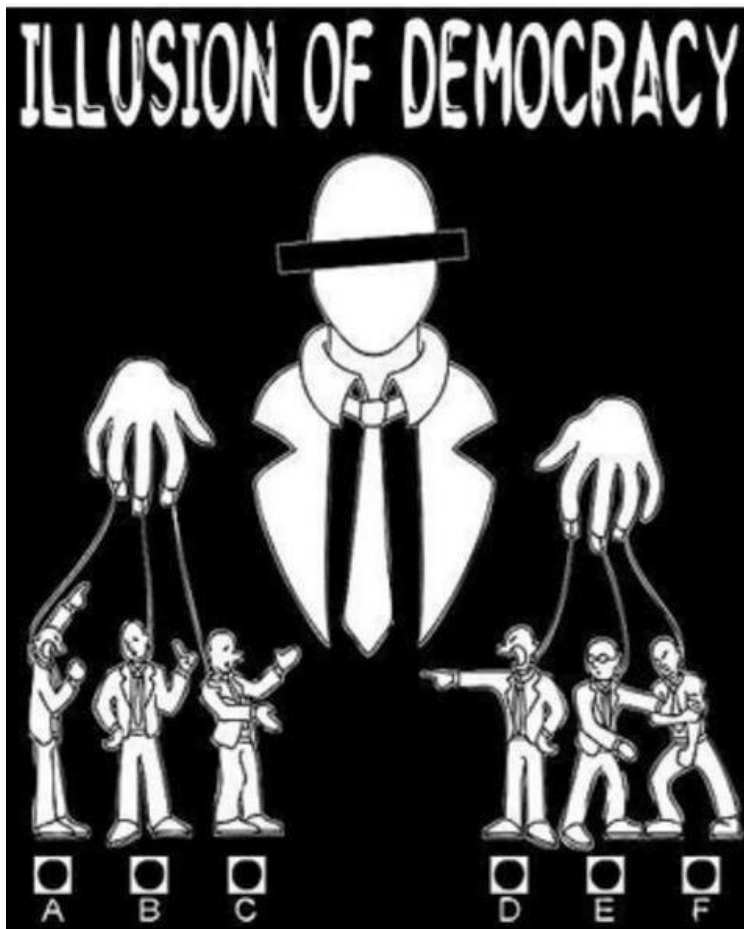
It is time to have revealed such corruption and manipulation throughout our institutionalised systems.

**“Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it’s over, that control is no longer controlling, it’s just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.”**

**Nanna Beth 3<sup>rd</sup> Celestial Heaven 20 March 2018**



*Ten ducks in a row, but one always misleading or misled!*



## **WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!**



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.

This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.



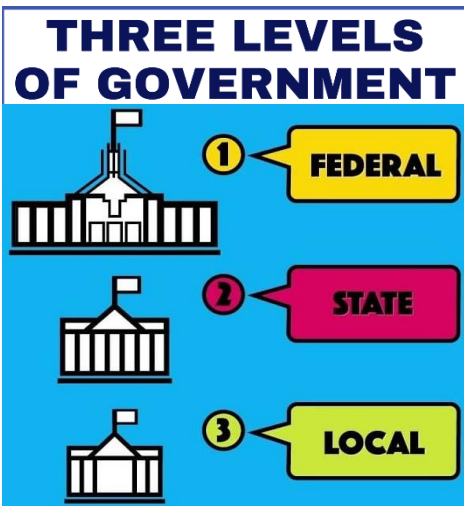
Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

**BUT THERE ARE FURTHER LAYERS OF CONTROL!**



Federal, state and local governments impose their 'rule' upon the people that appoint them to serve these very same people!

Instead of assisting their people, governments at all levels impose restrictions and controls.

The same people who 'elect' the members of parliament do not realise that the 'nominees' are often puppets of hidden controllers.

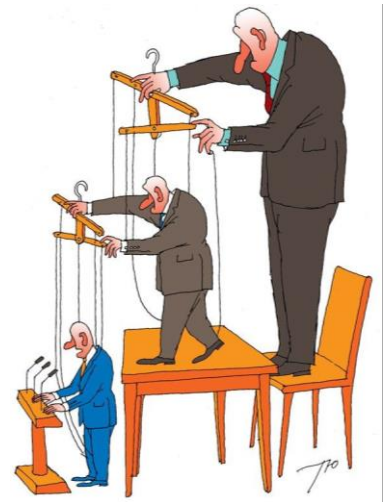
**GOVERNMENT**  
 Derived from the Latin verb **Guverno, Governare** meaning **"To Control"** & the Latin noun **Mens, Mentis** meaning **"Mind"**  
**To Control The Mind**

**HIDDEN CONTROLLERS**



'Heads of society' are considered leaders. The 300 Bilderberg Club members are (short term) leaders throughout the world, but these are controlled by some 30 families (medium term), who are in turn are manipulated by 12 (long

term) families. All of this is managed and imposed by global secret society networks under the direction of the 12 long term families and their chairman.



**CONTROL DISRUPT**

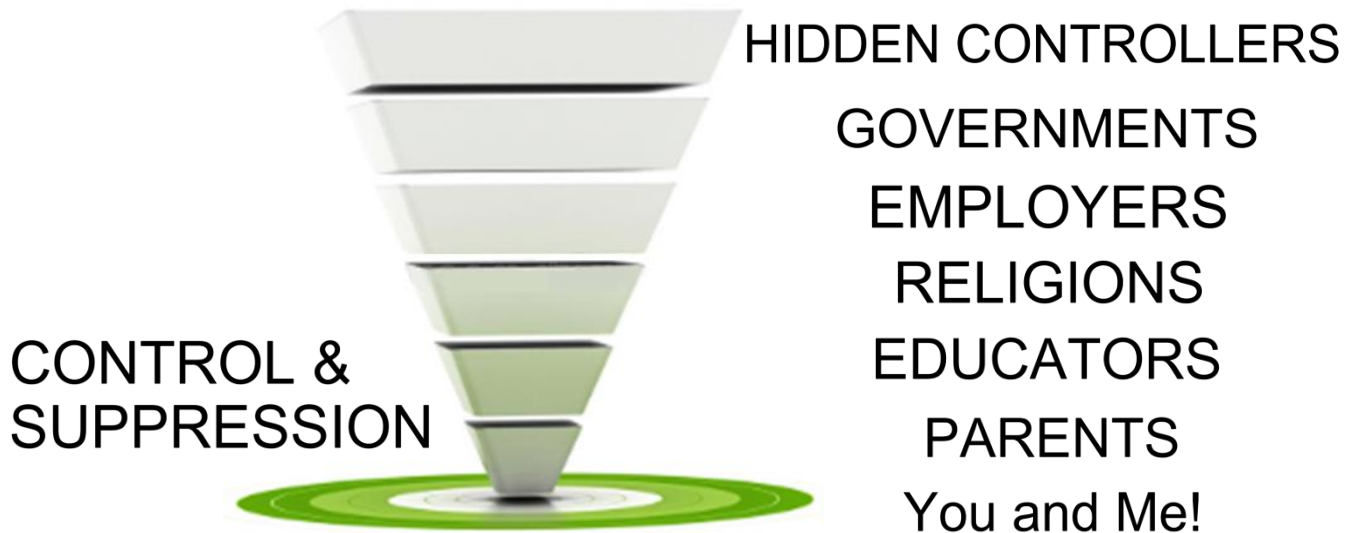
**celestial Friends**

Since 31 May 1914, Celestials have been progressively introducing high level truths to humanity that have been prevented from sharing for thousands of years. From 31 January 2018, Celestials have been disrupting the hidden controllers on Earth and slowly bringing about the ending of their manipulation and suppression of Earth's humanity.



## CONTROLLED from the MOMENT of OUR CONCEPTION:

Thus, from the moment of conception we are controlled in a manner that suppresses our true personality and imposes barriers against true individuality, spontaneity, intuitiveness and wonderful progress in our potential.



**HIDDEN CONTROLLERS** – both in the Physical as well as Spirit

**GOVERNMENT** – Local, State and Federal plus world governing bodies

**EMPLOYMENT** – All forms of employment, even when self-employed

**RELIGIOUS & SPIRITUAL** – These are all centres of control, all promote living through the mind

**EDUCATION** – The notion of feelings is yet to be recognised at any level sufficiently

**PARENTHOOD** – Parents have no understanding of Living Feelings First

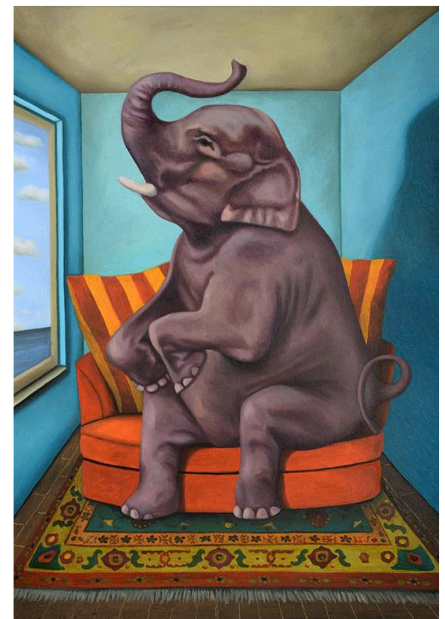
### The Elephant in the room is CHILDHOOD SUPPRESSION!

From the moment of our conception we are absorbing our parents' emotional injuries and errors of belief. This continues relentlessly through to when we are six years of age. By then we are reflecting the personality of one or the other of our parents, should they be differing between themselves. Thus, the issues from a generation continue for generation to generation.

This flows through to all segments of society. Our minds are addicted to control, control over others and of our environment. Further, our mind cannot discern truth from falsehood, it is also addicted to untruth. We have all been misguided to live through our minds and to ignore and suppress our feelings. It is our feelings that are always in truth, our feelings are our source of truth.

We are now to consider and embrace living feelings first with our minds following in support.

This is the Great U-Turn!



9. Humanity's Journey will provide the 'purpose of life' understanding and our destiny answered.

# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS**  
**EXPRESSIVE!**

ANASTA – Volume 10 of The Ringing Cedars of Russia book series by Vladimir Megre  
 Anastasia – Teleporting the Space:

“Man will never become a god, Vladimir. Each person is the son of God, or his daughter. And God, the creator and parent, wanted his children to be more perfected than he himself, and they most certainly will be, they *will* be! By bringing anti-rationality and Rationality into balance within themselves.”

**The Urantia Book**

(8.1) 0:5.1 Personality is a level of deified reality and ranges from the mortal and midwayer level of the higher mind activation of worship and wisdom up through the morontial **and spiritual to the attainment of finality of personality status. That is the evolutionary ascent of mortal- and kindred-creature personality, but there are numerous other orders of universe personalities.**

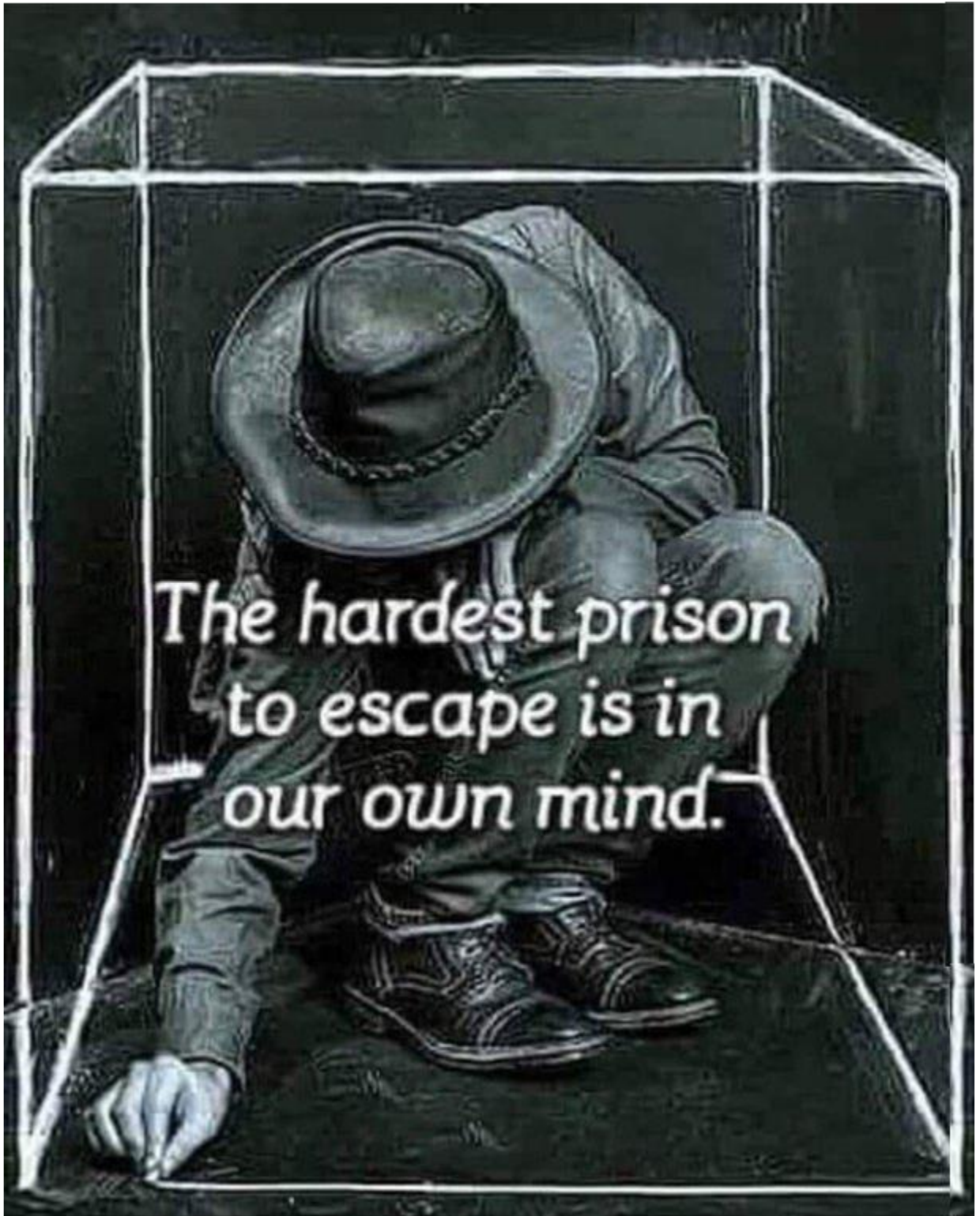
(279.13) 25:4.12 Those mortals and midwayers who serve transiently with the advisers are chosen for such work because of their expertness in the concept of universal law and supreme justice. **As you journey toward your Paradise goal, constantly acquiring added knowledge and enhanced skill, you are continuously afforded the opportunity to give out to others the wisdom and experience you have already accumulated; all the way into Havona you enact the role of a pupil-teacher. You will work your way through the ascending levels of this vast experiential university by imparting to those just below you the new-found knowledge of your advancing career. In the universal regime you are not reckoned as having possessed yourself of knowledge and truth until you have demonstrated your ability and your willingness to impart this knowledge and truth to others.**



Mind into balance with Feelings

**WHOLE DIFFERENT** Way of Life.





## 10. Children first, family structures, “Them before Us!”



Through the awareness of living feelings first, children by their parents' awareness, may begin to become able to break through the glass ceiling of mind imprisonment and open themselves to the infinite wonders of truth and love.

Amazingly, our upbringing has been focused upon the development of our mind, this being imposed upon generation after generation, never comprehending that our minds are addicted to untruth, not being able to discern truth from falsehood, also that our minds are addicted to control, control of our environment and over others. Those who are strongly mind-centric cannot evolve past 499 on Dr David R Hawkins' Map of Consciousness (MoC), which is also the peak of the level of consciousness of the 1<sup>st</sup> spirit Mansion World. Thus, living mind-centric is self-imprisonment into the 1<sup>st</sup> Mansion World – there are seven worlds that we are to progress through before entering the first of the Celestial Heavens.

Big Marriage is a lifelong commitment! Big Marriage overrides the need for big government. Children have a right to parents as they have a right to life. And by parents it is meant a mother AND father.

Between 75% to 80% of prisoners, those in gaols, are fatherless! Prisons are holding pens of those who are fatherless! Family structure is a predictor of our potential life achievements, as they are of our societal achievements and financial security. By the time we are six years of age, our health pattern for the whole of life is set through the conditions and experiences of our early childhood. Our forming years from conception through to the arrival of our indwelling spirit in our sixth year sets our course for all of our life on Earth.

Sociologists, psychologists and psychiatrists have been coerced by their education institutes to divorce the profound impact of how parents live as well as how they raise their children from the child's conditions and issues that they present. Consider this; anyone who finds himself before a judge or magistrate in a court room should also be required to have their parents in attendance should they be younger than 28 years of age!

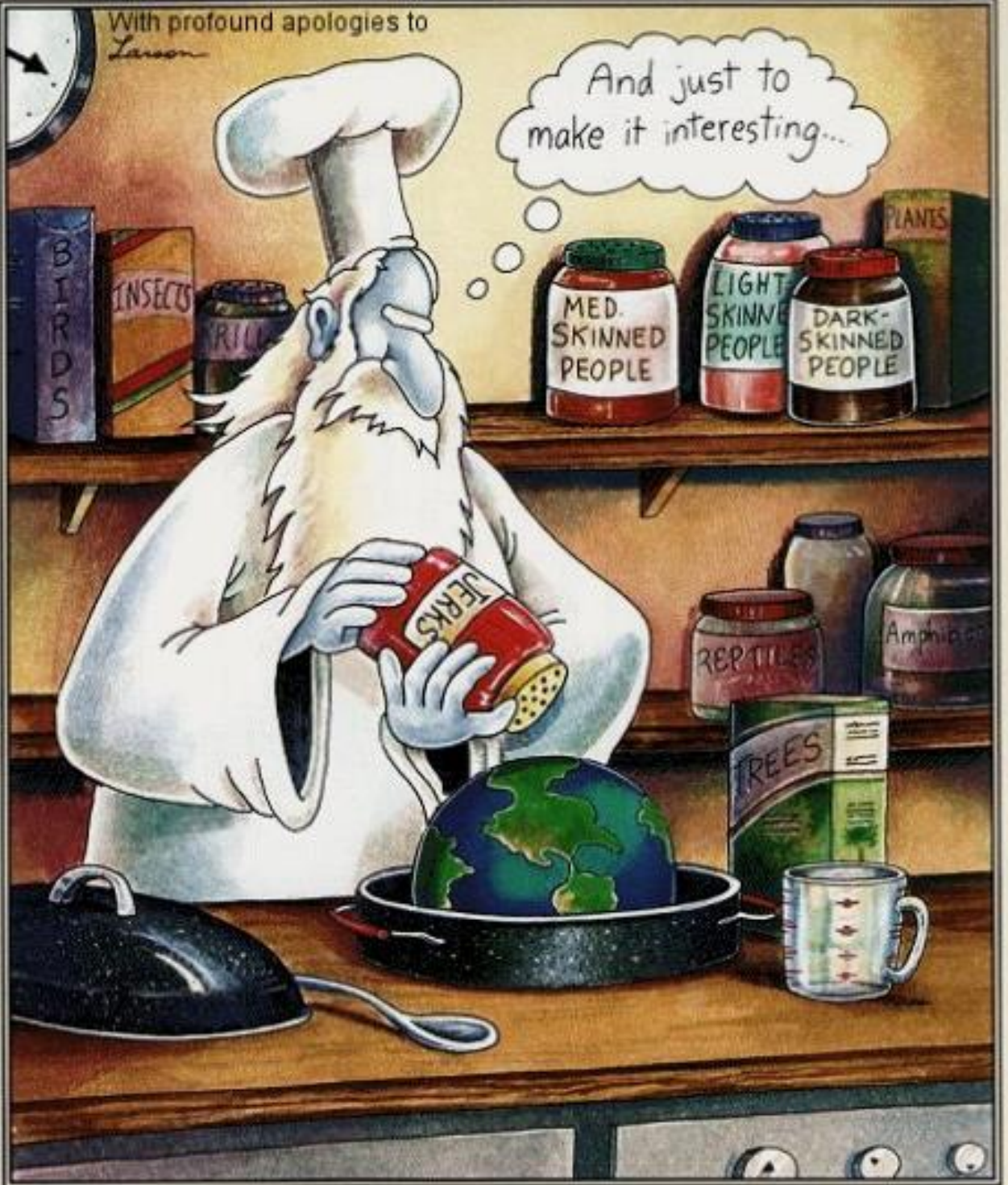
Pascas University recognises the limitations and issues of mind-centricity.



7/22/94

With profound apologies to  
*Larson*

And just to  
make it interesting...



**11. The wonders of the age unfolding rather than our present social environment and media chaos.**



Yes, every dot is a star or sun like ours. Each star has between 0 to 3 inhabitable worlds within its orbit. Out of every three inhabitable worlds, one is typically inhabited. The size of Earth is a little smaller than the average inhabitable world.

Each 'System' has 1,000 inhabitable worlds. Each Constellation has 100 Systems. A local universe consists of 100 Constellations, thus a local universe has 10,000,000 inhabitable worlds. About one third is typically inhabited. Our local universe is called Nebadon and it has 3,840,101 inhabited worlds. Earth is in the System of Satania and there are 619 inhabited worlds within this System and Earth is numbered 606, being a young world.

We may wonder why we have no connectivity with any other humanities. As we joined (unknowingly) into the Lucifer and Satan's (Lanonandeks) Rebellion some 200,000 years ago, we automatically became quarantined from interaction with any other humanity from all other worlds and that includes all of the 37 rebelling worlds – all being within our System of Satania. Even now that the Rebellion and Default have officially ended as of 31 January 2018, we will remain quarantined until we have fully healed ourselves of the Rebellion and Default. This healing is anticipated to take longer than the coming Avonal Age of 1,000 years. Even during this period we will not be allowed to develop technology for us to explore beyond the edges of our local solar system. No, we have never been visited by humanities from any other world. The UFOs (unidentified flying objects) that are reported are all home grown.

Thus, it can be seen that our collective soul condition is at such a degraded and impoverished level that our consciousness is reflected throughout society in all its forms that we are not even attractive to each other let alone to curious humanities from worlds far, far away.

Now, within our super-universe there are 100,000 local universes. There are seven (7) super-universes in a vast circle and in the centre of that vast circle is Paradise, the permanent home of our Heavenly Mother and Father. Each local universe has a Creator Daughter and Son as co-regents. The co-regents of Nebadon, our Local Universe, are Jesus and Mary Magdalene. While they lived here on Earth in the physical we treated them incredibly poorly, we total ignored Mary Magdalene and assassinated Jesus!

The Urantia Book (1925 – 1935):

(584.2) 51:3.9 “Your world (Urantia being the spirit name for Earth) has been visited by four orders of sonship: Caligastia, the Planetary Prince; Adam and Eve of the Material Sons of God; Machiventa Melchizedek, the “sage of Salem” in the days of Abraham; and Christ Michael (Creator Daughter and Son – Mary Magdalene and Jesus), who came as the Paradise bestowal Son (and Daughter). How much more effective and beautiful it would have been had Michael, the supreme ruler of the universe of Nebadon, been welcomed to your world by a loyal and efficient Planetary Prince (Caligastia with soul partner and his deputy Daligastia with soul partner) and a devoted and successful Material Son (Adam and Eve), both of whom could have done so much to enhance the lifework and mission of the bestowal Son! (Jesus and Mary Magdalene) But not all worlds have been so unfortunate as Urantia (Earth), neither has the mission of the Planetary Adams always been so difficult or so hazardous. When they are successful, they contribute to the development of a great people, continuing as the visible heads of planetary affairs even far into the age when such a world is settled in light and life.”

Now Earth has a fifth order of sonship visiting. The Avonal Pair (daughter and son) are here having taken on the extremes of the Rebellion and Default and upon completion of their healing through their introduction of Feeling Healing and with Divine Love, their Soul Healing, the end of Jesus and Mary's direct involvement with Earth will be the handing over to the Avonal Pair introducing the Avonal Age being the coming 1,000 years.

The events now unfolding were commenced by Machiventa Melchizedek when he materialised outside of Salem in 1980 BC to commence his tutoring of Abraham. Machiventa Melchizedek with his soul group of 24 Melchizedeks continues to oversee all that is now unfolding for the healing of Earth's humanity.

Thus it was Machiventa Melchizedek that has set in train the ending of the Rebellion and Default. He commenced the preparation through the tutoring of Abraham for the arrival of Jesus and Mary Magdalene. Jesus and Mary Magdalene were supposed to come to Earth and not even be noticed.

Jesus, upon the commencement of his public work in 26 CE brought about the arrest of the Lucifers and Satans (Lanonandeks), you could say that was at a federal governmental level. Jesus and Mary achieved full co-regency over all of Nebadon and so introduced Divine Love availability throughout all of the

habited physical and spiritual worlds of Nebadon. They jointly opened the Celestial Heavens throughout. For Earth, Jesus opened the healing spirit Mansion Worlds 3, 5 and 7. Mary introduced the temporary healing process and five Egyptian ladies were the first to proceed through the healing spirit Mansion Worlds and to then enter the first of the Celestial Heavens. Before the Avonal Pair could arrive on Earth, the numbers within the first three Celestial Heavens had to reach a critical mass to support the Avonals on Earth.

The first of the Avonals incarnated in 1951 and the second in 1961. When they commenced their Healing which was also when they obtained a copy of the Padgett Messages (written 1914 – 1923), this triggered the arrest of the Planetary Prince of Earth and their deputies, the Caligastias and Daligastias, and also their spirit world imprisonment which is a sector of one of the higher Earth planes. The Avonals are here exclusively for the humanity of Earth. They have come and they are to be noticed. Their revelations and demonstration of healing of the extremes of Rebellion and Default are to be understood by all of humanity both here in the physical and throughout the spirit Mansion Worlds. The spirit healing Mansion Worlds are now being restructured and the healing processes now being applied are those engaged by the Avonal Pair now here on Earth.

You could liken the Avonals on Earth as being on state assignments whereas Jesus and Mary were of a federal nature. Each of the 37 Rebellion worlds are receiving Avonals as the conditions on each world is unique to that world. Of the 37 worlds in question, only Earth is in Rebellion and Default, whereas the others have only rebelled and to varying degrees.

Nanna Beth, 3<sup>rd</sup> Celestial Heaven, John's grandmother: "I think to help you summarise it, you could simply say: **The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true – to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

"Opening ourselves up to living Feelings First further requires us to long for the truth of our feelings.

**"Without looking to our feelings and wanting to uncover the WHOLE truth of them, we can't heal our errors of belief and injuries.** It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, and this truth would have been forthcoming. So humanity has gained a little truth over the years. However, because of the feeling-denying forces of the Rebellion and Default that have been in play for some 200,000 years, the level of truth has remained very low.

"The New Way, living Feelings First – Feeling Healing – which is now being revealed, will have many people wanting to follow it, looking to their own feelings for their own true power and freedom. As a consequence, they will no longer want to be dictated to by bogus religions or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else."

As of a consequence of the Rebellion being in play for 200,000 and then the Default for more than 38,000, all institutionalised systems and now modern technology based systems are of the Rebellion and Default. Nothing is to remain. All are to be dismantled. The New Way of living is to be the foundation for all that is to replace the old.

Now you may come to comprehend where these incredible insights, revelations, initiatives and guidance are unfolding from and there will be a great deal more coming throughout all of the Avonal Age.

**This time, in the history of humanity, is the most exciting time ever experienced.**

## 12. Understanding the psychic barriers of one's society and nation.

It takes a village (community) to raise a child.

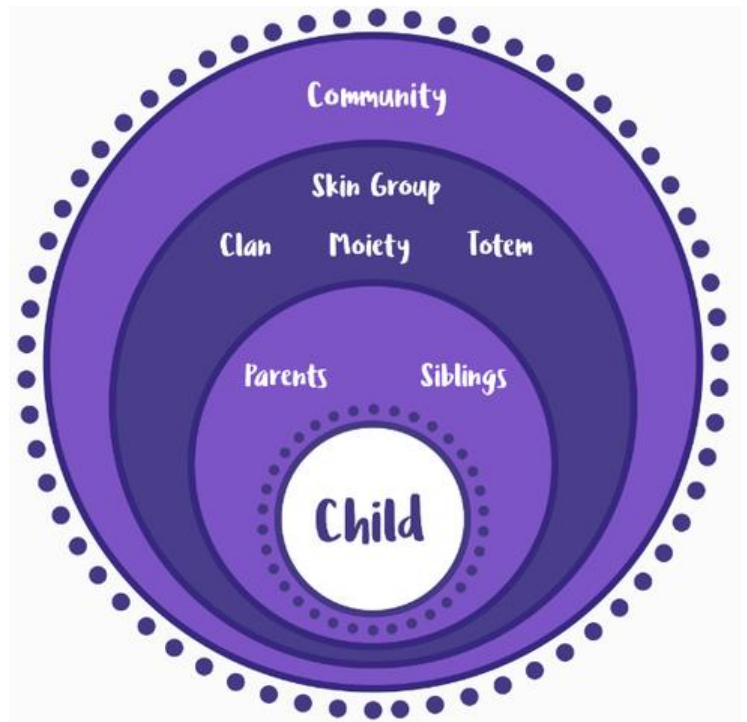
However, it takes a lot more to address societal and national psychic barriers.

### PSYCHIC BARRIERS and the 7 x7 PLANES of the 7 MANSION WORLDS:

Tuesday, 21 November 2017

Nanna Beth – 3<sup>rd</sup> Celestial Heaven, John's grandmother: The Psychic Barriers don't have anything to do with any of us spirits (within the Celestial Heavens), however, we are all limited by them in what we can do with you, even including those spirits in the mind worlds.

The barriers are imposed circuits of mind and feeling dictated to us by the tenets or 'laws' of the Rebellion and Default. If you like, humanity has Fallen from the Celestial level down through the seven spirit Mansion Worlds, so through every plane and sub-plane and sub-sub-plane and so on through seven sub-planes of every plane in every Mansion World. And even then still being divided up into the negative relationship between the mind and feelings down to what you might see as a microscopic circuit level, that which we can't see, yet the angels can.



The angels are 'wired' into all the mind / feeling circuits, so know exactly where we are in our rebellion against these circuits, that being, how we should truly and lovingly live them and yet how we're not doing so whilst we're in our unloving and untrue states, and then where you are in your Healing of them. And each of these circuits, from the smallest and building up into the biggest, are what we call psychic barriers.

And they are all within you, and you have all to heal them all through your Healing. And that's on the personal level, which then also has to be done on the combined level for the whole of humanity.

So through your Healing, each bad feeling experience you have really equates to having to deal with one or more of these damaged mind / feeling circuits, which are then represented on all the levels within yourself, on the feeling, mind and will levels, and all in between. So **when you express all the pain and submit to the bad feelings, no longer trying to control or fight them, you are effectively falling into the pattern of how you live and express your negative circuit, thereby de-powering it, short circuiting it if you like, which then liberates more pain and truth, which then allows the circuit to be made right, this being the progress as you ascend through your Healing up through the Mansion Worlds.**

So these barriers are the dysfunctional mind / feeling circuits on all the varying levels. And what Marion and James are doing is crushing them all by taking them all within themselves, which they did through their early life, just like we all do, then Healing themselves systematically of them, each in their separate ways, which then opens the doorway for others to do through their Healing.

And for us Celestials, we have had to wait for them to work their way up through these circuits before we can act, because their breaking through and breaking them down means there are no longer barriers. And

so as their Healing advances, so we've been able to do more by taking over as we've told you, and that's continuing on a daily basis. However the difficulty we still face is, there are still some significant ones in place (as of 21 November 2017), so our hands are tied concerning them.

**John:** To achieve the cancellation of the Psychic Barriers, it feels as though a few field mice are up against Goliath.

Nanna Beth: So in all your different ways, you're pushing up against the coal face so to speak, you John, Crystal and Samantha, and there's nothing that can be done other than allowing the process to happen, because it's all being driven by the Mother and Father through your souls. So the real so-called fight between good and evil – Satan and Lucifer and the Devil

(Caligastia) and forces of Darkness, has actually been going on these past twenty years or so by each of you in your own separate ways taking on the bad within you and looking to Heal yourself. And even though you, John and Crystal, might not be actively doing your Healing like Samantha is, still you're taking on the Healing and all that's involved on the mind levels by accepting all James (and Marion) reveal. By you not rejecting them, so you are doing your bit to stick it up the Rebellion and Default, which is in fact the Great U-Turn – you are doing it in yourselves, which can then be followed by the rest of humanity. So you are, as you say, little mice trying to scratch a hole in the brick wall, slowly working away at the barriers.

**Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenig  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018**



And we Celestials are not powerful enough to break such hidden and unseen barriers. Only the Paradise Pairs are powerful enough to do that, that's what they are all about, and in particular the Avonals, because it's what they are created to do, no one else can do it. And they can only do it by doing it within themselves, they can't see or know where these barriers are and deal with them through their minds, any more than the Lucifers (Lanonandeks) could see and control them by smashing through and breaking down the positive circuits as they rebelled. It all happens on the organic human level, with the rebellion being systematically passed on (commencing about 200,000 years ago), getting worse, generation after generation, through the ages. And now it's all starting to reverse, all to change generation after generation up through the coming ages as humanity heals itself of its woe.

So I hope I've explained it better for you, it's all what we call 'technical' as it's all to do with the Mind side of things, that which is organised by the Infinite Daughter and Divine Minister, being carried out by the angels. You can look at it like a matrix, that is often talked about, being created by the Daughter providing the inner mind-matrix or mind-circuits of Creation, about which and within which everything has its being. So, your personality expression is built up around this matrix, being expressed in how your physical and spirit bodies are expressed in Creation. And so you can't do anything more than the mind and feeling levels you are on, other than increase their denial by moving deeper into your wrongness, or do your Healing and go the other way working your way out of it by changing your inner circuits. And these inner circuits are the templates for your whole being in Creation, so the laws of the physical body and all the rest run along them. And at best you can identify the laws or circuits, and live with them, but you can't change them. We can only change them within ourselves by doing our Healing. And as enough of humanity Heals itself, so then the greater changes will take place too. But that's more for the future. Right now it's about you few individuals doing what you need to do.

**PSYCHIC BARRIERS MAINTAINING the REBELLION and DEFAULT are CRACKED!**



The hounds of the Rebellion and Default have fallen, the psychic barriers have forever been cracked. The sheeple, the mice of humanity, now have the freedom to evolve through Feeling Healing and Divine Love.



Things are pushing ahead, we're working them from our side, and more so every day now. Many of the soulgroups involved in this are getting a feel for what it is they are to do and how they are to do it. So the barriers are giving way on multiple fronts.

There are actually barriers preventing people and humanity as a whole moving deeper into the wrongness, just as there are barriers preventing people and humanity moving out of it. It's all very tightly controlled, the Evil Ones put in a vast amount of controls and on all levels, which, unless you are shown by those spirits who can see them, such as the Melchizedeks, you'd never be aware of them.

So the cracks are appearing as the Divine Love Healing worlds start to 'descend' onto Earth – into the physical. For that's what is going to happen, the Divine Love Healing worlds, from the first introductory sectors on Mansion World one, to the truth of all the three main Healing worlds, being lived by people living them whilst on Earth. All to give rise ultimately to Celestials on Earth. That's what our goal is, to have people living on Earth who have fully Healed themselves.

Nanna Beth and Helen  
2 December 2017



**PSYCHIC  
BARRIERS  
CRACKED**

### 13. Unravelling the corruption of public suppressive propaganda – who and what to question and investigate for truth.



#### Who Controls All of Our Money?

<https://fb.watch/jPe4fHscnF/>

Do you know? Is it time that important questions were answered with truth? Deception and concealment have no place in any society, so let us empower faculties to explore ‘forbidden’ questions and publicly reveal findings on the proviso that at least two solutions to these findings accompany the reports.

#### Coronavirus Covid-19

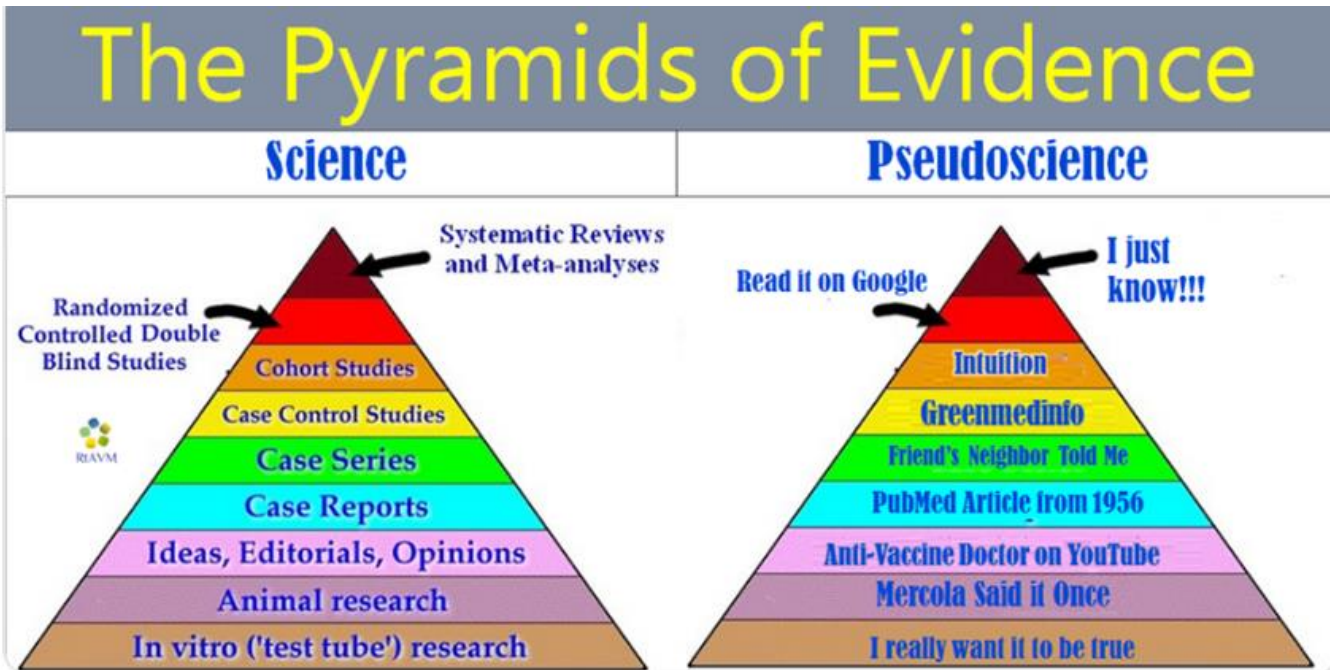
Coronavirus Covid-19 became a global pandemic in 2020 and remained so through to 2023. The barriers and impositions placed on people were many and varied between nations and states. There is no consensus as to what should have been done – as yet. Questions abound including:

1. A virus is more of the etheric spirit body and cannot be identified until its actions are observed within host physical cells. Until medical science recognise the existence of our spirit body it will remain blind to how ailments, illness and disease unfold.
2. Medical science has catalogued more than 10,000 illnesses and diseases but have remedies for only 500. They do not understand that there is but one cause to all that ails a physical body and consequently only one pathway to heal all.
3. Vaccines are now created and marketed in record time, however the coronavirus Covid-19 mutated in advance of the vaccines thus mostly mitigating vaccine effectiveness. Medical science does not understand the purpose of any virus or disease – yet the scientists go on with their work making matters more difficult for humanity as virus and disease now leapfrog medical science.
4. Vaccines were provided to pregnant ladies – the consequences were reports worldwide of numerous stillborn babies loading hospital mortuaries around the world – yet no withdrawal of the vaccines unfolded.
5. The list goes on and on. We now have a worldwide legacy of long Covid-19 to manage.

It is time to investigate for truth and a Pascas University campus is a venue for this revealing.



14. Understanding the folly of the mind and its ‘assumptions’.



Medical science has gone to extremes to make what is simple ever so complex. All other fields of science and research have followed suite to varying degrees.

Step one upon reviewing any research documentation and from the approaches identified above, there are mountains of research papers, count the number of assumptions reported anywhere throughout the research papers. “I think” is announcing here comes an assumption. Opinion is an assumption.

Our minds cannot discern truth from falsehood. Our minds are addicted to untruth. Yet we are led to embrace our minds to the point of almost worshipping our mind. Then that mind dependence follows through in every facet and stages of our lives.

Should we observe our own assumptions we may typically find that the error rate of our assumptions and ‘thinking’ to be around 98%. Assumptions are wrong 98% of the time. Opinions are assumptions! Now count the assumptions in any research paper. You won’t get a couple which in itself would put the findings as questionable – we get dozens each time!

This brings into question EVERY research paper on every subject. This brings us to the point that everything that has its foundations on the findings of research documentation now needs to be thoroughly re-investigated.

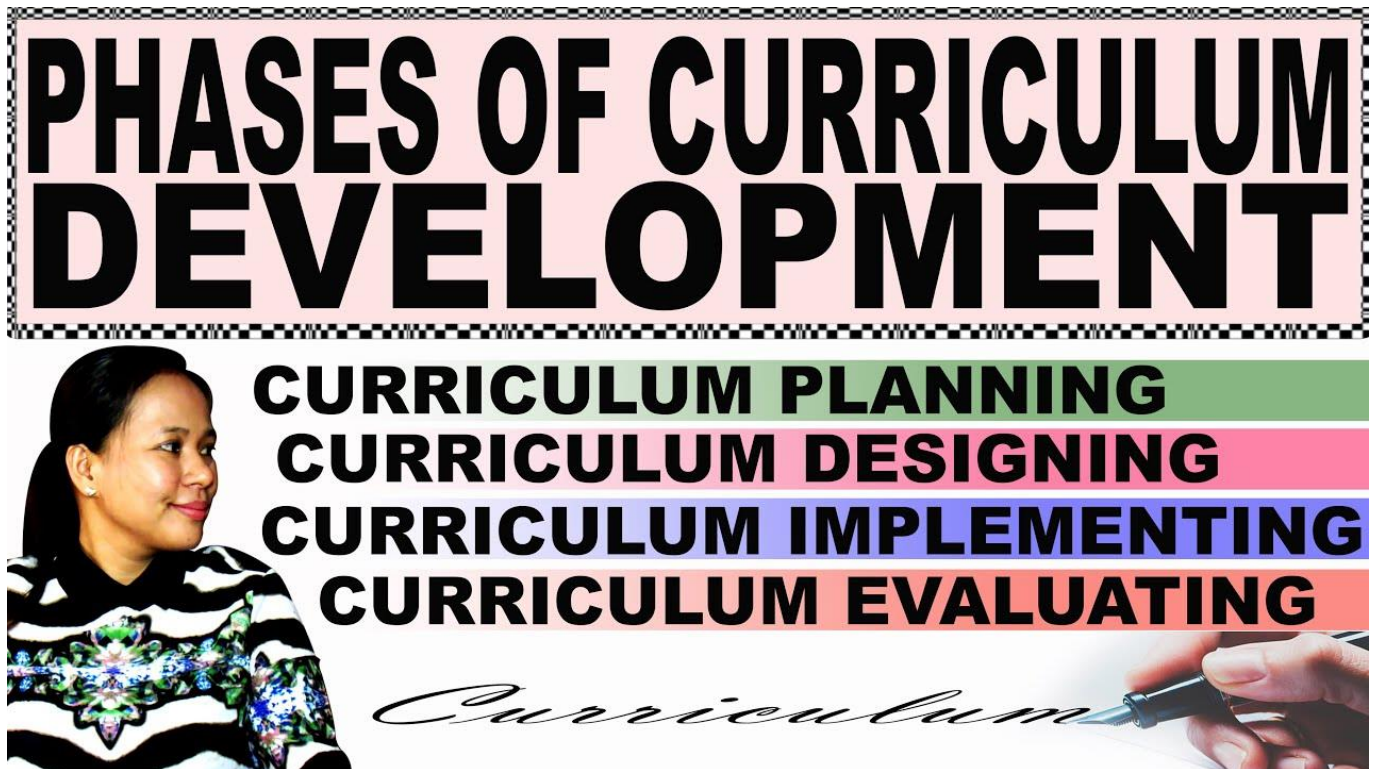


Assumptions can be likened to ‘quicksand’ traps.



We are to allow our feelings to lead and guide us with our minds in support to implement what are feelings are guiding us to consider and embrace.

15. The New Way, Living Feelings First, being a way of life integrated throughout all curriculums.



The curriculums for each subject will require review and modification. Living Feelings First is not a mandatory change requirement by educators and students, it is first and foremost an awareness situation. That is, no one has to change their way of living to participate in Pascas education. It is for all concerned to be aware of what has now been revealed to humanity and then to have the option and choice to consider The New Way in their living.

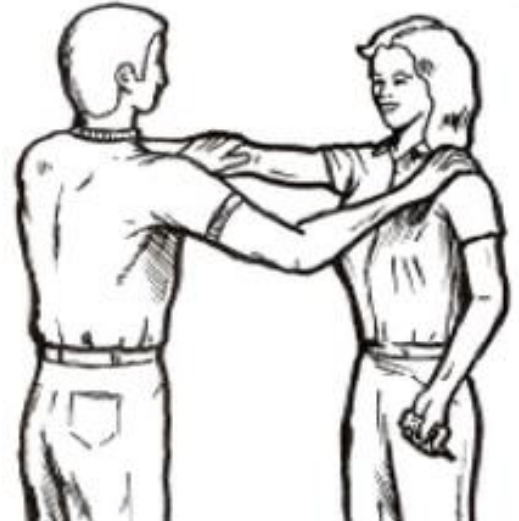
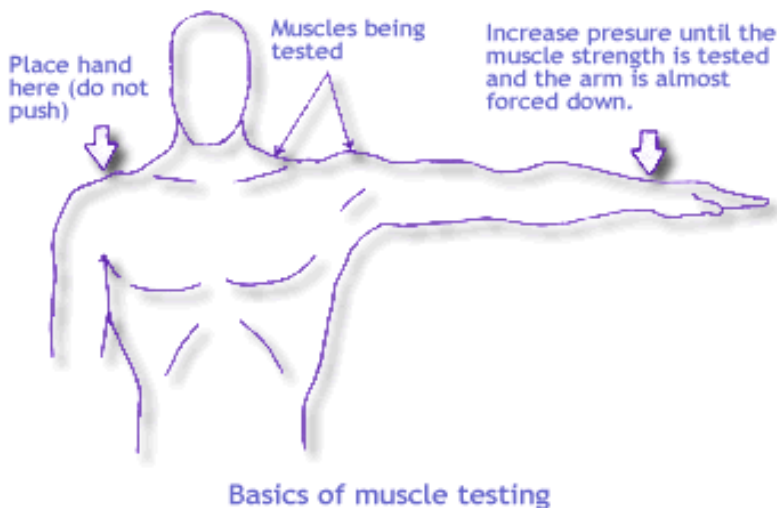
Thus, it is the amendment and/or adjustments to curriculum that are to give everyone the opportunity to consider for themselves.

It may come to pass for many, that now being aware, that they consider embracing The New Way at a later time in their lives, whereas many students and educators may find it beneficial to have the changes grow into their ways of living during their academic years at school and/or university and TAFE.

The first step is have available the options for consideration by everyone.

**To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

## 16. Kinesiology testing of the calibration of the level of truth throughout all teaching materials.



Kinesiology muscle testing is like having your own inbuilt mobile truth detector!

We each need to be hydrated as it is an electrolysis response.

We need to hold in mind the statement (it is not a question) and if the statement is in truth then the arm or fingers remain firm. Should the arm weaken or fingers separate then what is held in mind is in error – false.



Now this is where the ladies are best at it. Should we hold in mind the statement, as well as Dr David R Hawkins' Map of Consciousness (MoC) table, then we can calibrate the level of truth on the MoC scale of the statement held in mind. This goes for any written material, book, movie and lecture being given.

It does take practice. We have to also be over 200 on the MoC scale to be able to do the testing.

Thus, we are able to calibrate the level of truth of any book, then chapter by chapter, then page by page, and then paragraph by paragraph, line by line, statement of any written material.

Also, we can calibrate the overall consciousness of the people of a country, state, city, town, suburb, street, building, etc. And it is all for free!

Please consider kinesiology muscle testing as an additional tool for discernment. There is a lot that is not understood about it. It is available as a tool to protect us. It will 'malfunction' should we have unethical purposes in how we wish to use it, so it has its own self-protection mechanism.

Pascas University is about truth, and through truth we find love and freedom.

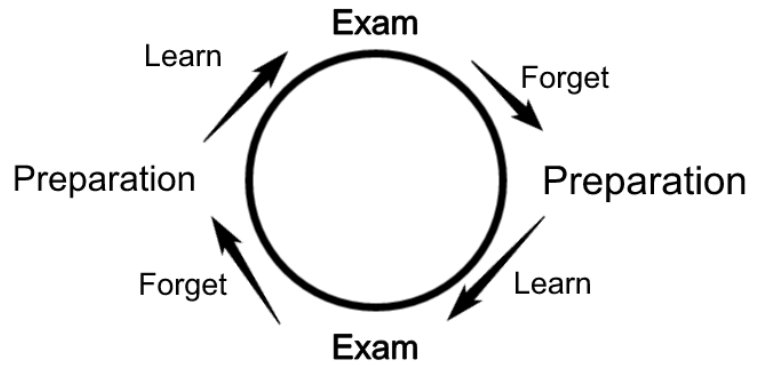
**17. Feelings and their truth to be before mind-centricity and rote learnt material and practices.**

Rote learning is a memorisation technique based on repetition. Rote learnt material and practices represent the pinnacle of mind-dominance and the lack of empathy and intuitiveness. Living mind-centric is without feeling and the capability to see big-picture / little-picture detail with all the nuances associated through feelings.

Mind imprisonment is living without our soul compass of truth and love, neither are known, let alone revealed through our minds.

Living mind-centric is living rejecting one's soul, one's soul partner, rejecting our Heavenly Parents and confining oneself within the 'hells' – not being able to evolve and grow out of the stagnation that we presently live in. It is the reason why we have all the social issues, wars, illnesses and diseases throughout all societies. It is time for the Great U-Turn as it has now been revealed as to how we can and are to live, The New Way, Feelings First. That is, embracing our soul-based feelings and truth and having our minds in support to implement what our feelings guiding us in what to consider.

## The Rote Loop



Enters emotionally - is to leave emotionally!

## 18. Universal truths to be at the forefront to mitigate prejudices, bigotry, racism, etc.

While we are embracing our minds exclusively, we are confining our level of consciousness to being stuck under 500 on Dr David R Hawkins' Map of Consciousness. Our mind is unable to discern truth from falsehood, it is addicted to untruth and it is also addicted to control over others and the environment. That is why we have universal discord between us all.

Embracing our feelings and aspiring to living feelings first, then engaging in our Feeling Healing, then with Divine Love, Soul Healing, we have the potential to live at levels way beyond 500 MoC.

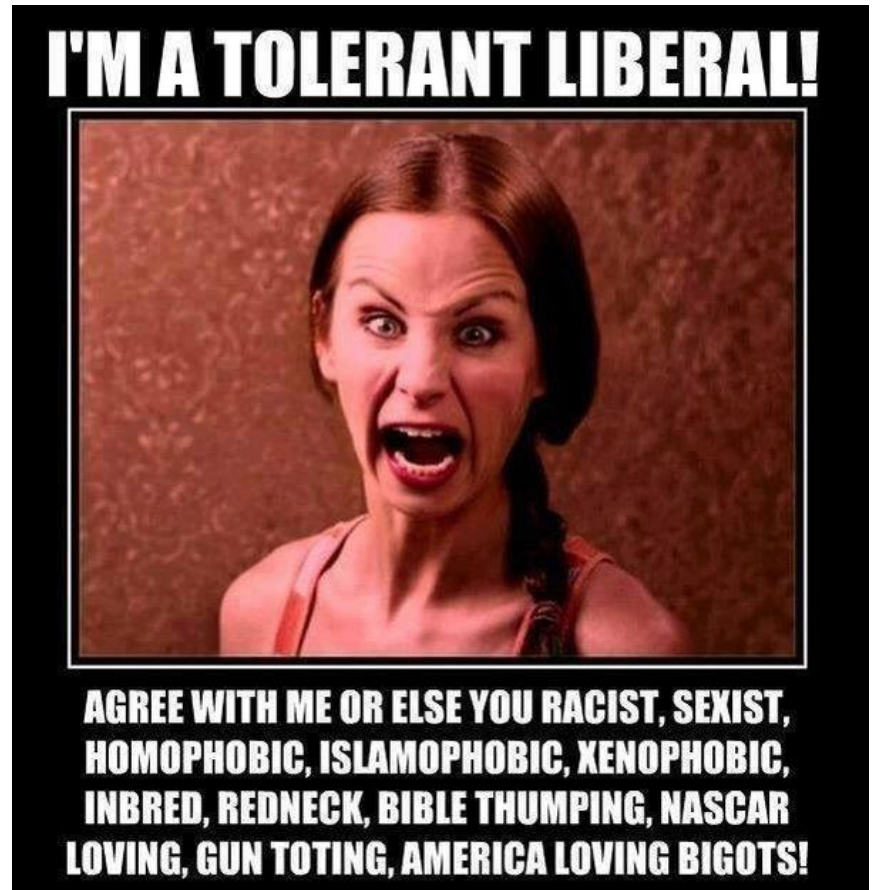
Then we can discover and embrace the wonders of nature in a manner never considered possible, let alone discern the great beauty and wisdom that prevails throughout nature.

About nature. Everything that has life, including us humans, is endowed with natural intelligence. What we see demonstrated amongst all the forms of life, be it an elephant, whale, insect, leaf on a tree, a blade of grass, a microbe, cell, bacteria, etc., all have the same potential from their endowed life force, natural intelligence and natural love.

We humans with our souls and unique personality continue on living in a different form. Energy can never be destroyed – our personality continues on with its journey of never ending experiences, discoveries and learning.

The rest of nature continues on by reforming into nature spirits absorbing the life plasma and experiences of hundreds of billions of aquatic and terrestrial beings to become a nature spirit. Following on from an extensive life of being a nature spirits, they in turn become low level angels and continuing growing from experiences and love and eventually reach the home of our Heavenly Parents, as each of us will also do.

Plants communicate. Hidden beneath the surface and entangled in the roots of Earth's amazing and diverse plant life, there is a biological superhighway that links members of the plant kingdom in what

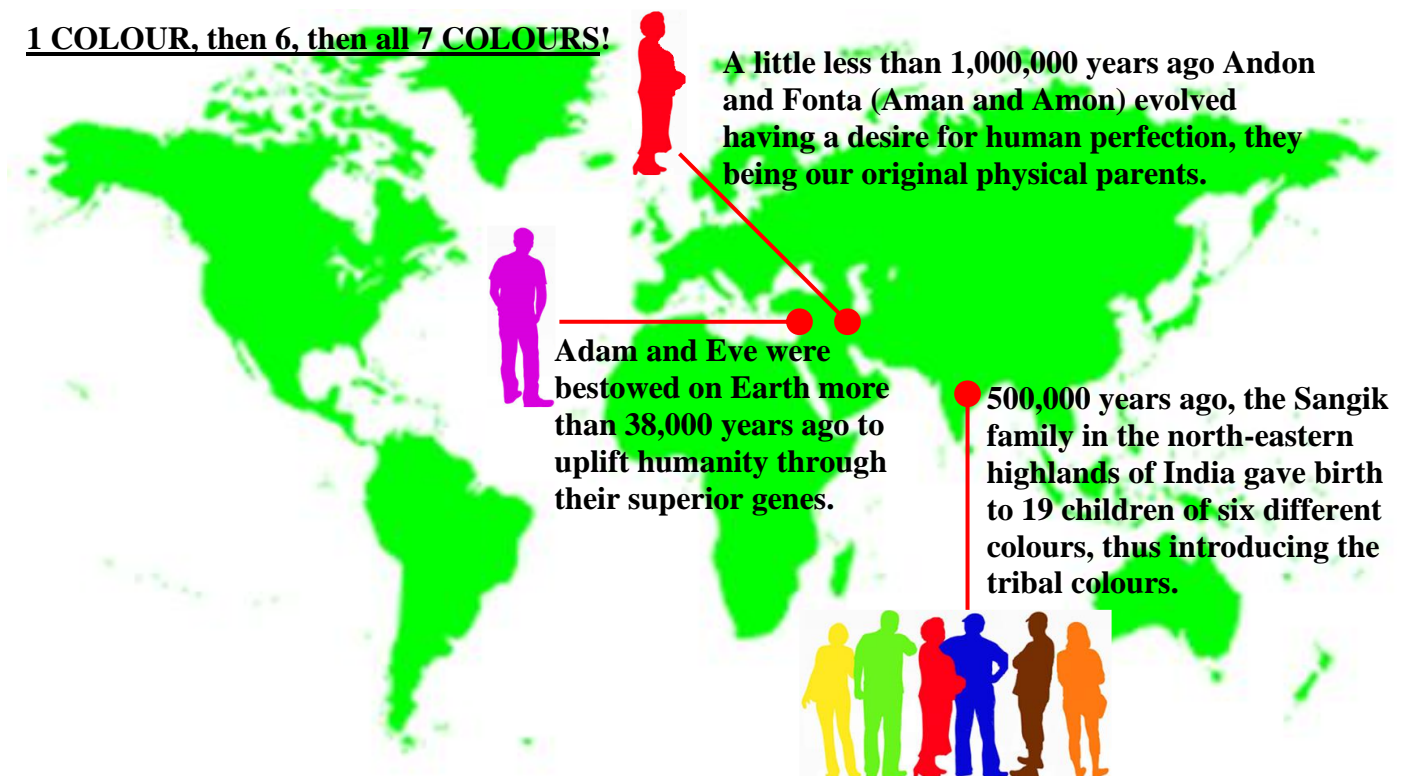


researchers call the “Internet of the Forest.” This organic network works much like an internet service, allowing plants to communicate, bring nutrition, and even support and sometime harm to others.

Actually, we’re talking mushrooms. Fungi – whether they are fungi or not – are made up of a tangled thread known as mycelium. The soil is full of this mycelium network, which helps different plants “connect” to the same soil. Many scientists study how plants use this mycelial network to exchange nutrients and even to “communicate”. In some cases, plants even form a union to “sabotage” other invasive plant species, releasing toxins in the net. About 90% of terrestrial plants have a symbiotic relationship with fungi, which is named mycorrhiza. With symbiosis, plants receive carbohydrates, phosphorus, and nitrogen from the fungi, which also help them extract water from the soil. This process is important in plant development.

Should we investigate the books, Anastacia and The Ringing Cedars, we discover a great deal of the vibrant life of nature and its interactivities including with us of humanity.

### **1 COLOUR, then 6, then all 7 COLOURS!**



Our first parents to have a longing for human perfection, Andon and Fonta, lived about 993,500 years ago and were of red complexion with dark eyes and dark hair. Our modern day Eskimos reflect these same characteristics. 500,000 years ago, the Sangik family had 19 children, 5 red skinned, 2 orange, 4 yellow, 2 green, 4 blue and 2 indigo. It was not until 38,000 years ago that Adam and Eve introduced the crimson coloured skin with yellow and red hair as well as blue and green eyes. The colours over time are all to blend to olive skinned tones. The prejudices people have over skin colours are ill founded and will abate.

Until the universality of Living Feelings First, The New Way, unfolds and large segments of the population progress beyond 500 MoC, social ills will remain amongst us. This is the beginning of the Great U-Turn for all of humanity.

When we fully heal ourselves of our Rebellion and Default, we will be able to find our eternal soul partner and that personality will be of any colour, any nationality, any race and culture, and will be from any time – in the past, present, or future, however they will always be of the opposite sex!

19. Introducing the structure of soul, spirit body and physical body with soul light into health sciences.

**When educators do not know what it is that they are teaching - that is the subject of Medicine!**

**Doctors do not know what the cause is of any illness - that is maybe why they have identified more than 10,000 illnesses and diseases!**

**Education and Health systems are now to EVOLVE!**

**The elephant in the room being: CHILDHOOD SUPPRESSION**

**The pathway forward is to embrace: FEELING-HEALING**

## MODERN MEDICINE IGNORES OUR SUBTLE BODIES:

It is the injuries to our subtle bodies caused by our wayward mind absorbing our parents striving to control the nature of our personality that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

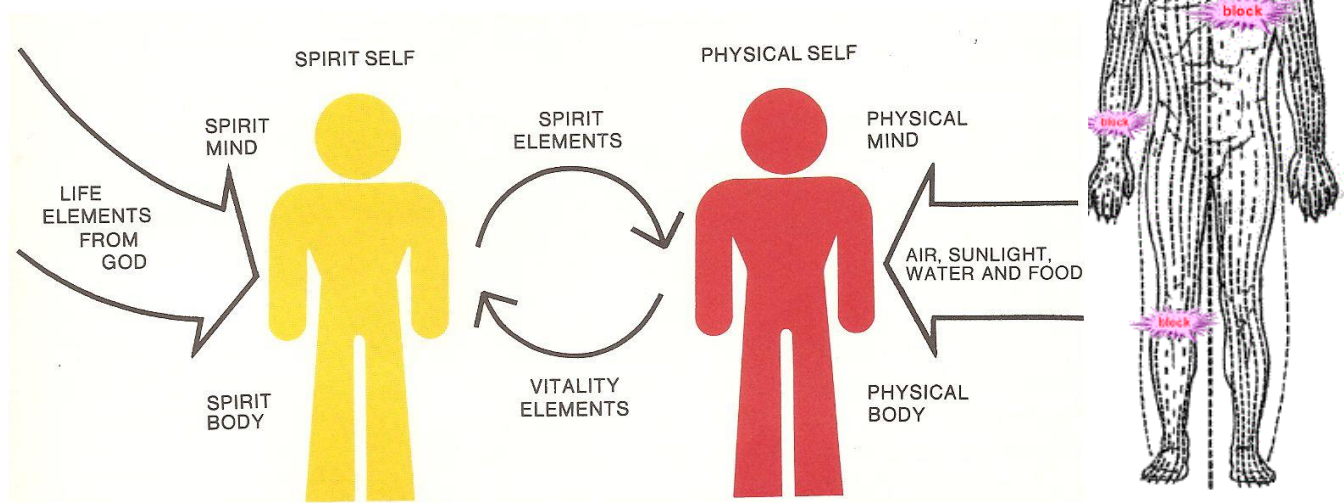
The auric field, that some can see, is the template for our physical body. Childhood Suppression, and then our ongoing Repression, brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

on the physical level  
on the emotional level  
on the mental level  
on the psychic level  
on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood suppression and ongoing repression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

Vaccinations only interfere on the physical level – leaving the underlying causes to manifest in the physical in a different manner, typically at a later time in life and more aggressively.



## MEDICAL PROCEDURES and RESEARCH



**Sometimes You Can Find a Needle in a Hay Stack!**

**While traditional allopathy medical research focuses only upon the physical body to resolve illness events and health issues, they continue to be like blindfolded mechanics endeavouring to repair motor vehicles.**



**The physical body is animated by the spirit body, and in turn the spirit body is animated by our soul. The spirit body is of much finer substance than the physical body, and the soul is of an even finer substance, hence research technology in the physical world cannot comprehend these bodies.**

**Our soul and spirit body is the home of our emotional injuries and errors. These emotional issues create fissures and damage within our spirit body. Subsequently the injuries within our spirit body generate illness within our physical body, corresponding to the location in the spirit body.**

**Illness is generated by our mind, however, healing is generated by our soul. Releasing the emotional injuries eventually heals the physical.**

# NOTHING IS FORGOTTEN



The moment of our conception will ultimately be remembered as a most stressful and damaging experience. We are literally continuously fire hosed with our parents' emotional injuries and erroneous beliefs – and they do not even know we have arrived!



We, as parents, may tell ourselves that our children 'will get over it', 'they will forget about it!' That is a gross lie and error – we each

do not forget ANYTHING!



We are each to heal ourselves of the hurt and harm imposed upon us by expressing what we feel, both good and bad, and long to understand the truth behind what our feelings are drawing our attention to.

It is through these corruptions (errors of belief, emotional injuries, events that we have not been allowed to complete, our will being imposed upon, controls imposed upon us by others trying to make us be who we are not, etc.) that our energy flows back to our soul are degraded and that ultimately damages our physical and spirit bodies bringing about discomfort, pain, illness and disease. It is the imbalance of the flow of energy from our soul and that which we return that is the underlying cause of all identified illnesses, maybe all 10,000 or more so far catalogued.

In our senior years, many of us are said to be losing our memory and awareness of what may be unfolding around us. Nevertheless, we each will remember everything that is imposed upon us and what unfolds for us. This is recorded within our spirit body and soul's memory. Everything throughout every moment of our life is recorded, never to be lost.



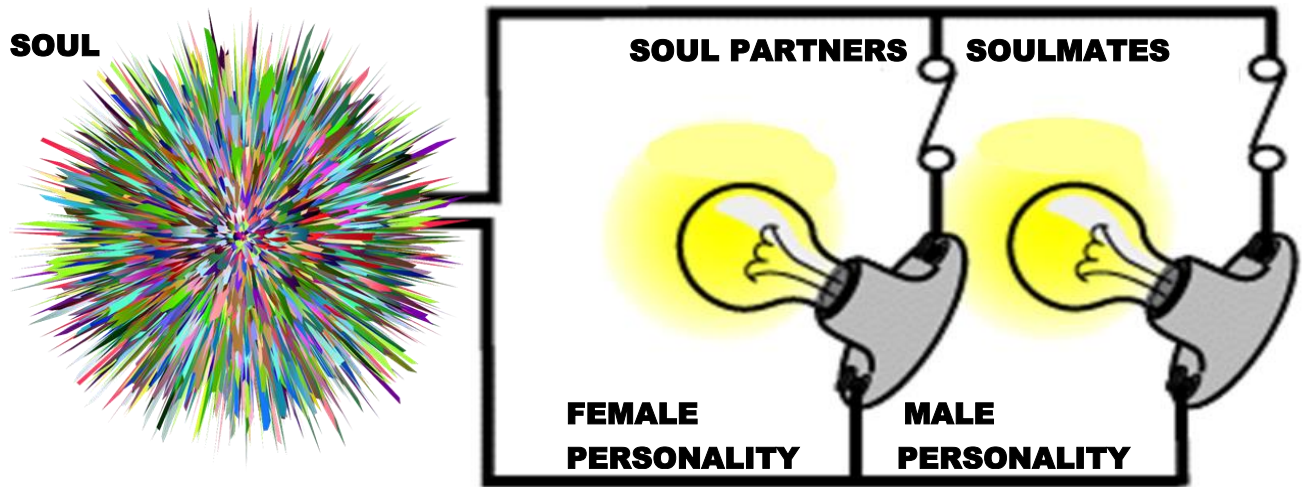
It is only when we heal our erroneous beliefs and emotional injuries through our personal Feeling Healing that we will 'forget' the pain and suffering that we have had imposed upon us throughout our life, from conception to death, by those who sort to control us and impose their will upon each of us and our ongoing repression of our childhood suppression.

# NOTHING IS EVER FORGOTTEN

# Health of all of Our Bodies

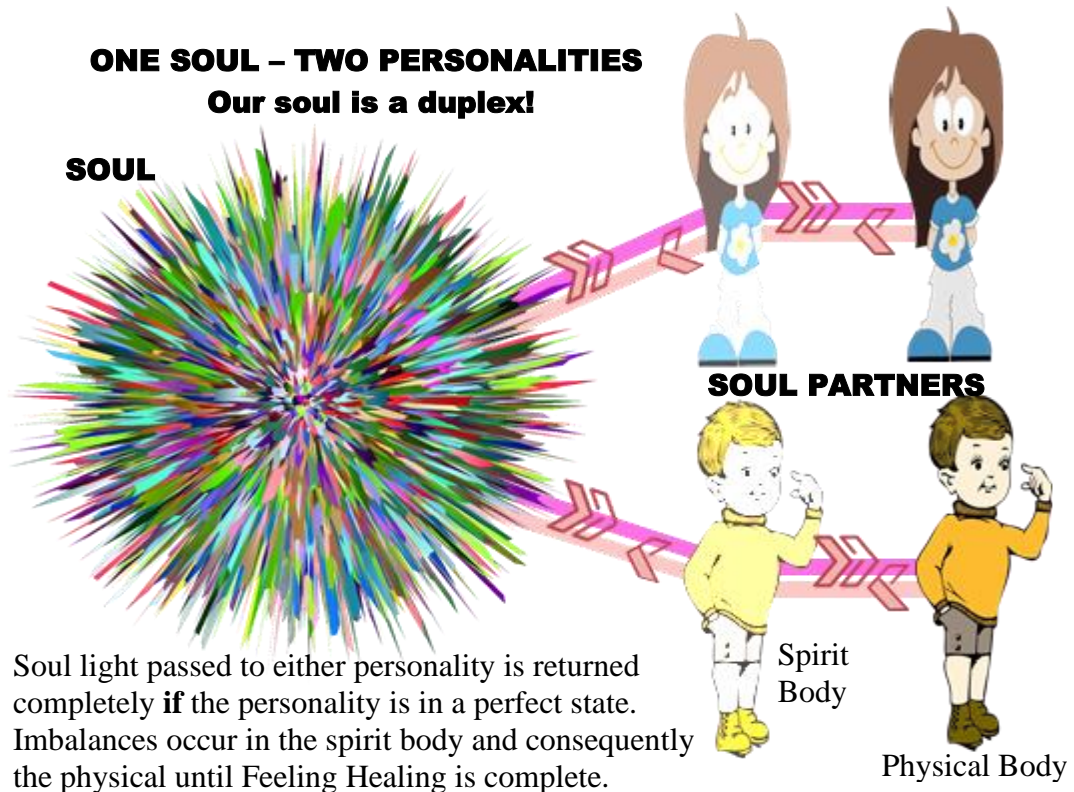
**SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!**

**Two separate personalities on parallel 'circuits' having the same soul. What impacts one personality does not impact the other personality.**



The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are too long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.



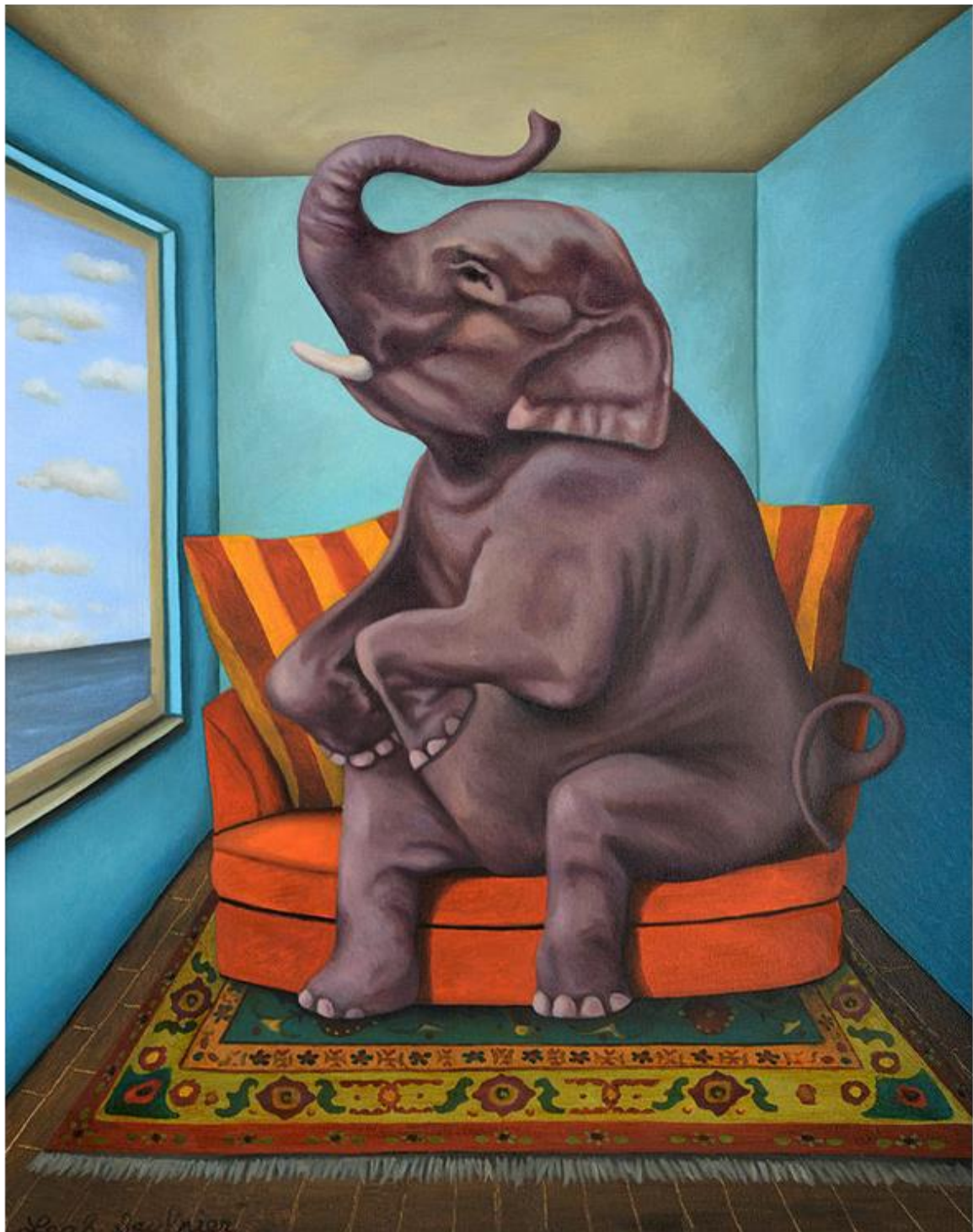
The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

20. The elephant in the room – Childhood Suppression and ongoing Repression. Psychology is to embrace childhood upbringing in a way that is to bring about the foundations for universal growth.

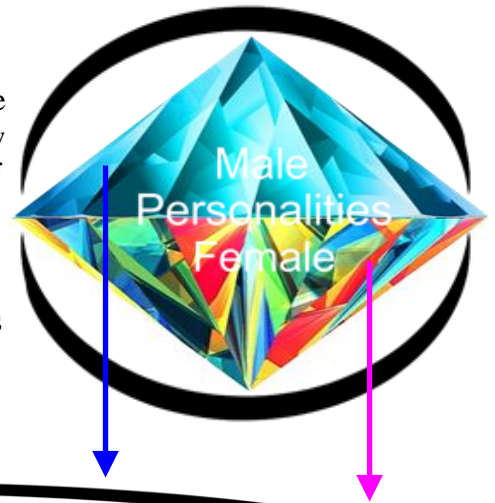
# Childhood Suppression is the elephant in the room!



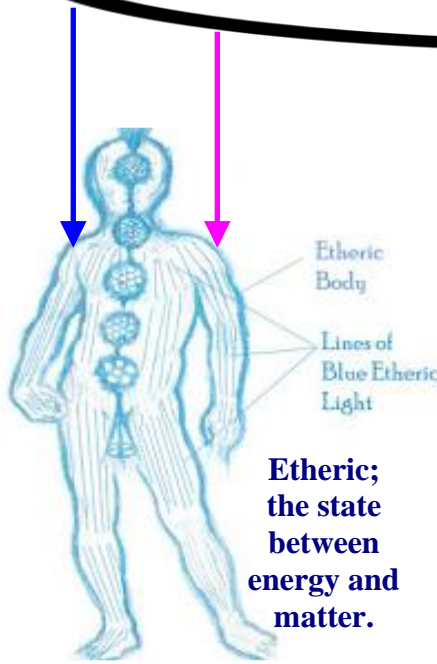
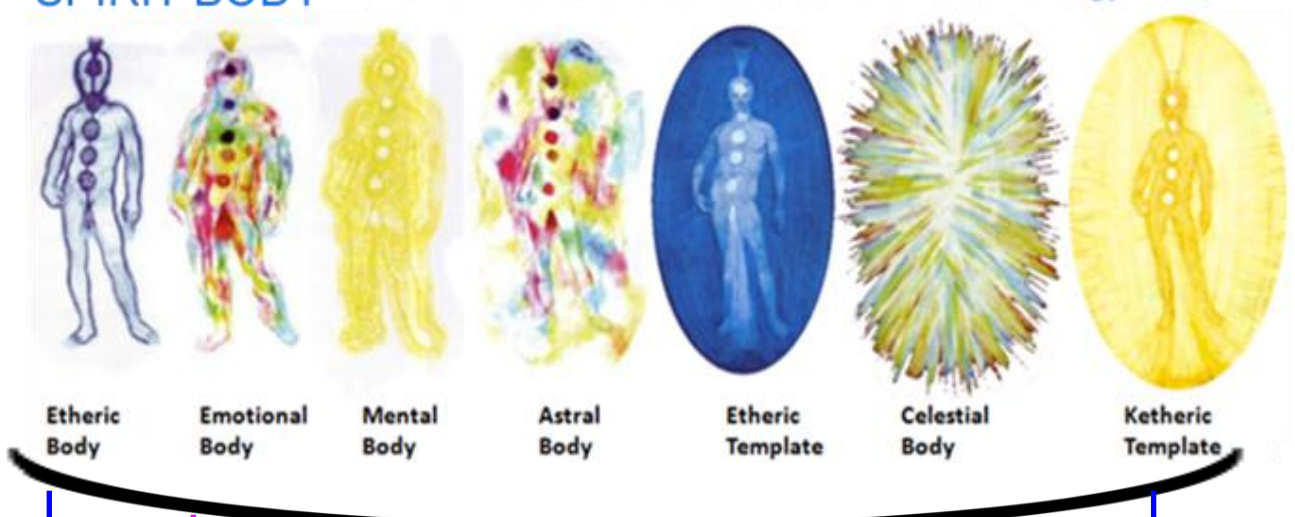
# Childhood Suppression



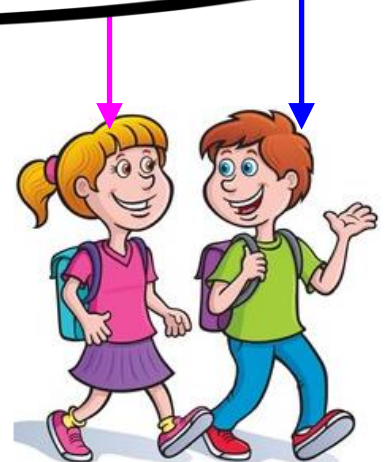
Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



## SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression. No physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



**The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!**

# Childhood Suppression

The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.

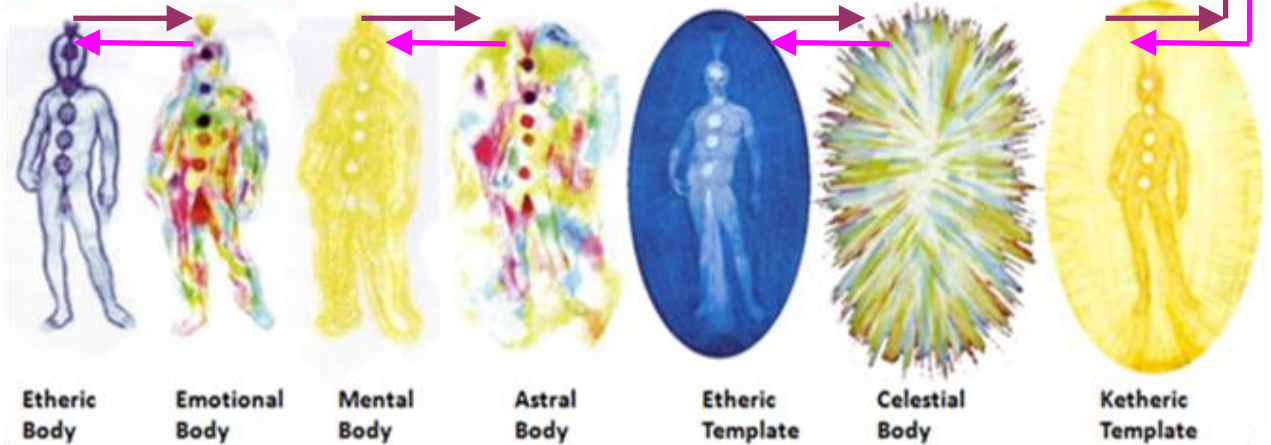
## SOUL



Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

## SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



## 21. Expression of self rather to compliance and suppression of self.



Humanity has devolved to a stupor, incapable of recovering through the Mansion Worlds without help.

Humanity is now to embrace the Great U-Turn and retrace its steps back through all seven Mansion Worlds, including all their sub, and sub-sub planes, as people do their Feeling Healing. And then with Divine Love, when we finish our Healing, our soul fuses with our indwelling spirit, and in so doing, as one soul manifests two personalities, we arrive in the first Celestial Heaven condition to join our soul partner and then soulgroup.

**7777777**

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**Finaliter, being what we become when we finally arrive in Paradise!**



### One to One Sharing:

Talk it out with a buddy what happened with you yesterday or over the weekend. Was it fun? Was it not? Was it a bother? Why do you feel it was that way for you? Say to your friend whatever comes up in how you feel about what happened for you. Then listen to your friend share his/ her day / days and what she / he experienced. Then ask your friend to talk again later.

Junior school classroom with a student assisting. Students to form into pairs and discuss their feelings about their experiences.



# NEW FEELINGS WAY



**BREAKING the BARRIER of the MIND – ENGAGING the SOUL!**



# **DYNAMIC** personality

Personalities who complete their Soul Healing will demonstrate a dynamic personality that has never been previously achieved throughout the history of humanity. Such dynamic personalities will be recognisable for their innate abilities of comprehension, wisdom and leadership – they will become the ‘council of elders’ for all of humanity.

Though we may begin our Healing journey with one of many complementary modalities, it is only through longing for the truth of what is behind our feelings, good and bad, and by expressing all of our childhood suppression and repression injuries do we enable our soul based personality to manifest and display its true potential – our real selves.

Feeling Healing with Divine Love becomes Soul Healing.

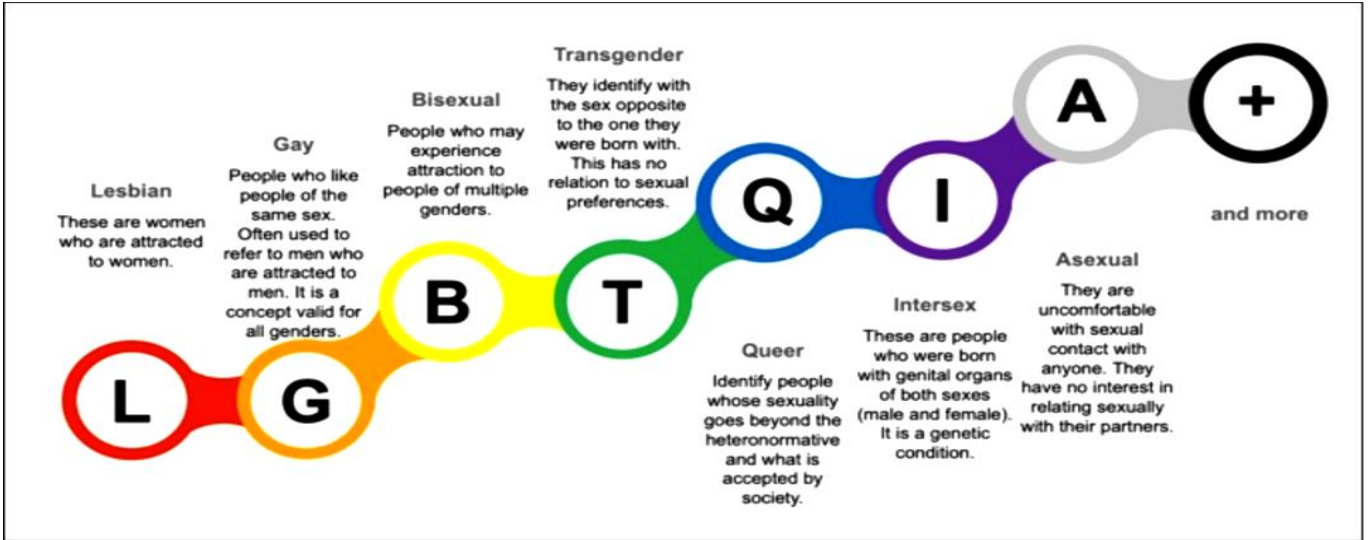
Progression through the equivalent of the seven Mansion Worlds of Healing with Divine Love brings about the fusion of our Indwelling Spirit with our soul and enables us to live a Celestial Soul Condition while we live on Earth.

Divine Love does not heal, however it does transform the soul from natural love to Divine Love once our childhood suppression and ongoing repression injuries are healed through Feeling Healing.



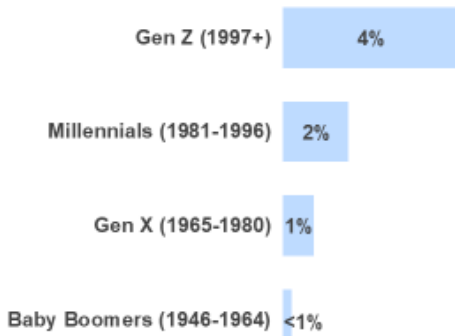
ALL complementary health and healing modalities around the world are engaging the mind to suppress emotional injuries and pacify the client / friend / patient with almost instantaneous relief. Only the soul can heal – not the mind – mind engagement is temporary. Many healing modalities do commence to engage in what we are to do in healing ourselves, however none of them go deep enough into our childhood suppression and repression. We are to long for the truth behind every feeling, both good and bad and express what we feel to a very close companion or friend. This is a very long process which ultimately fits us to enter the Celestial Heavens. This is the process that we all will engage in either here on Earth or in the Spirit Worlds. Many may find that they commence healing here on Earth and complete in Spirit.

22. Emotions, health and life experience are intricately intertwined.

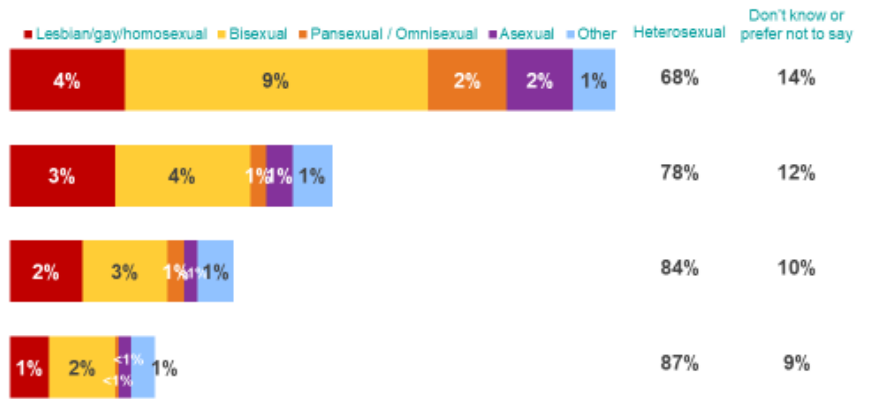


GENDER IDENTITY AND SEXUAL ORIENTATION BY GENERATION (GLOBAL COUNTRY AVERAGE)

% describing themselves as "transgender", "non-binary/non-conforming/gender-fluid" or "in another way"



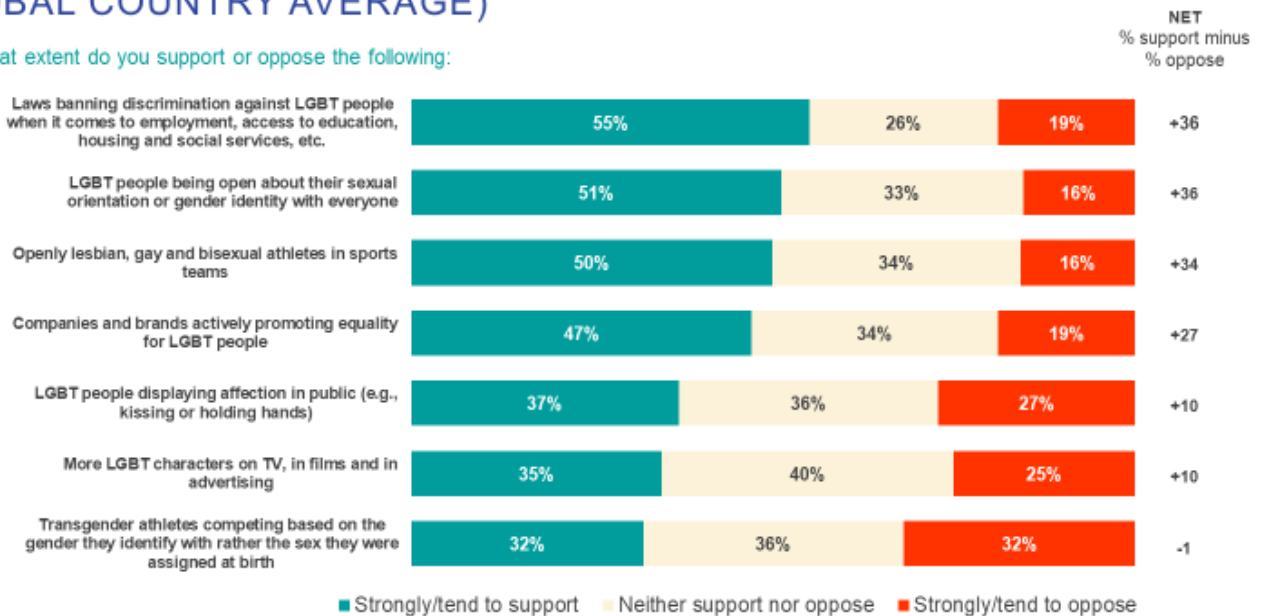
% identifying as



\*rather than "male", "female" or "prefer not to say"

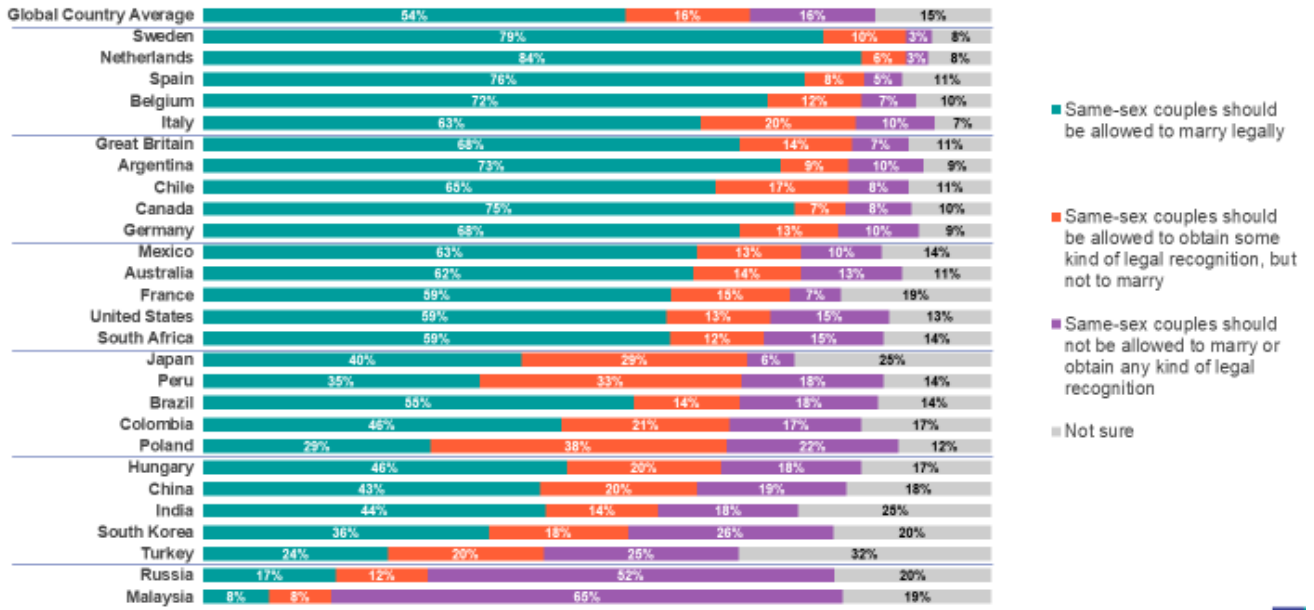
VIEWS ABOUT LGBT EQUALITY AND VISIBILITY (GLOBAL COUNTRY AVERAGE)

Q. To what extent do you support or oppose the following:



## VIEWS ON SAME-SEX MARRIAGE BY COUNTRY

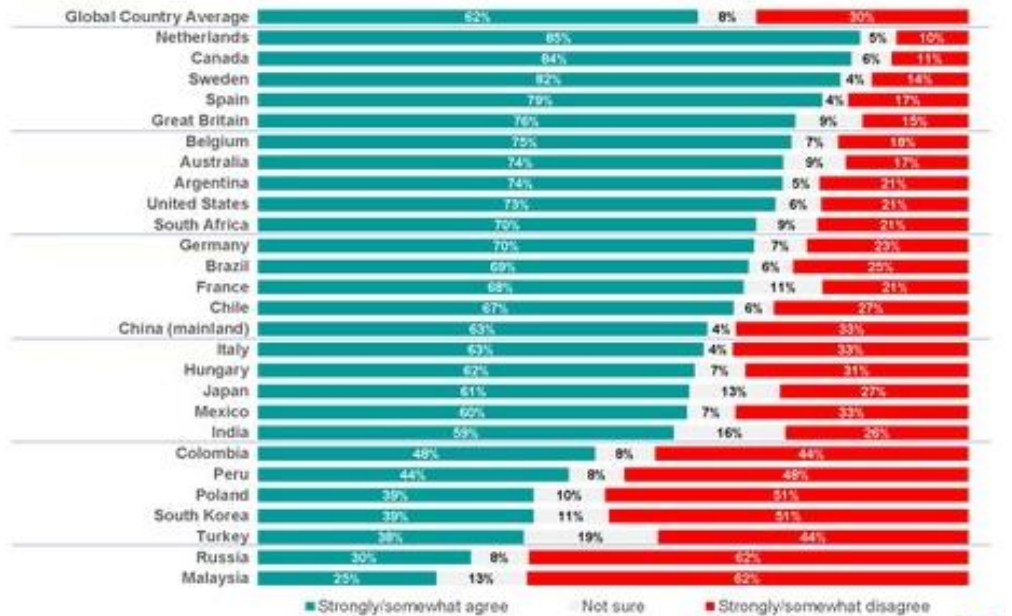
Q. When you think about the rights of same-sex couples, which of the following comes closest to your personal opinion?



## VIEWS ABOUT SAME-SEX COUPLES' PARENTING BY COUNTRY

Q. Still thinking about same-sex marriage, to what extent do you agree or disagree that:

Same-sex couples are just as likely as other parents to successfully raise children

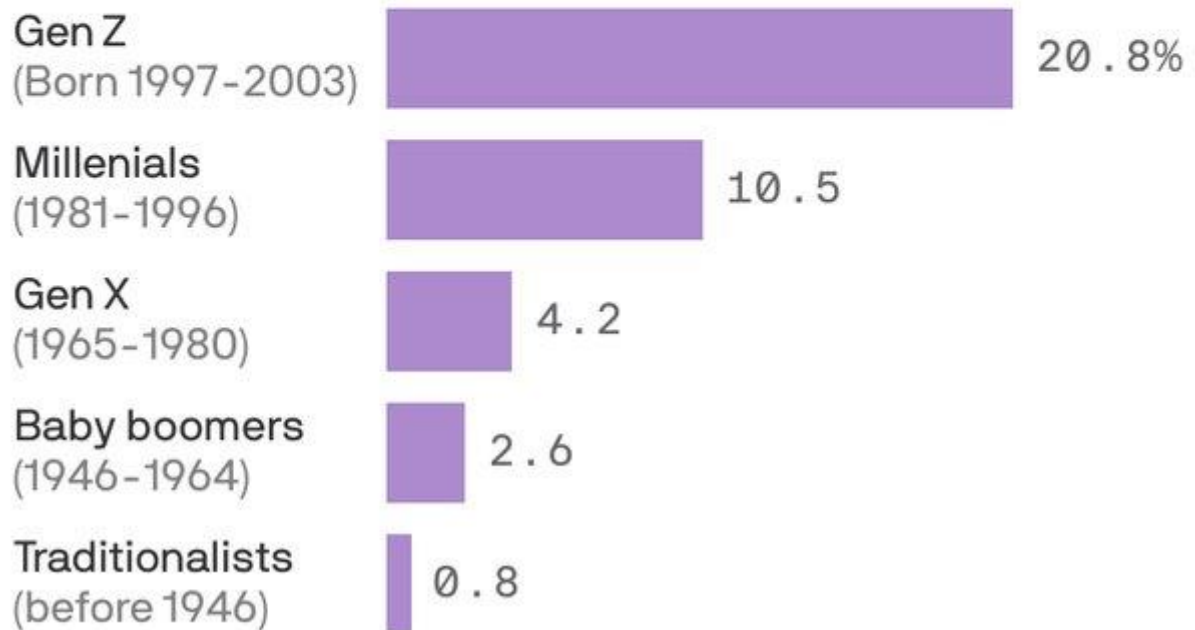


Base: 12,069 online adults aged 16-74 across 27 countries  
 \* Online samples in Brazil, Chile, mainland China, Colombia, India, Malaysia, Mexico, Peru, Russia, South Africa, and Turkey tend to be more urban, educated, and/or affluent than the general population.  
 The "Global Country Average" reflects the average result for all the countries where the survey was conducted. It has not been adjusted to the population size of each country and is not intended to suggest a total result.

**LGBTQ YOUTH NEED INCLUSIVE SEX EDUCATION**

## Americans who self-identified as LGBTQ in 2021, by generation

Surveys of 12,416 U.S. adults conducted between January and December 2021



Why is there this seemingly doubling of sexual confusion with each successive generation?

Our soul is a duplex. Our soul orchestrates two personalities, one is always female and the other is always of the opposite sex – male. When we heal ourselves of what we individually have taken on of the Rebellion and Default then we will find and meet our soul partner, our eternal partner, and we will always find that our partner is of the opposite sex. There is no homosexuality in the Celestial Heavens.

Our Heavenly Parents are both our Mother and Father. We can speak to one or the other and even both should we desire to do so. Their soul has manifested two personalities, one female and the other male. That is why our soul also manifests two personalities and they are always of the opposite sex. We are made in the likeness of our Heavenly Parents.

Our early childhood upbringing, from the moment of conception through to the age of six years, creates all the foundations for sexuality and consequently any sexual confusion. At the moment of conception our soul, and our personality, has no comprehension or understanding of sex. What is infused into us by our parents and carers throughout our forming years brings about our sexual persuasion and any confusion.

In fact, our whole life pattern is imposed upon each of us by our parents and carers during these formative years, imposing their will over our personality that is bestowed upon us by our Heavenly Parents, our true Mother and Father. It is to be through the close and detailed study of what unfolds for a child during these formative years that will reveal the intricate instilling of our whole of life experience that is imposed upon us through our parents and carers.

**A NATION'S or COMMUNITY'S COLLECTIVE SOUL CONDITION:**

| <b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems</b> |                             |                        |                                    |                            |
|---------------------------------------------------------------------------------------|-----------------------------|------------------------|------------------------------------|----------------------------|
| <b>Level of Consciousness</b>                                                         | <b>Rate of Unemployment</b> | <b>Rate of Poverty</b> | <b>Happiness Rate “Life is OK”</b> | <b>Rate of Criminality</b> |
| 600 +                                                                                 | 0%                          | 0.0%                   | 100%                               | 0.0%                       |
| 500 - 600                                                                             | 0%                          | 0.0%                   | 98%                                | 0.5%                       |
| 400 - 500                                                                             | 2%                          | 0.5%                   | 79%                                | 2.0%                       |
| 300 - 400                                                                             | 7%                          | 1.0%                   | 70%                                | 5.0%                       |
| 200 - 300                                                                             | 8%                          | 1.5%                   | 60%                                | 9.0%                       |
| 100 - 200                                                                             | 50%                         | 22.0%                  | 15%                                | 50.0%                      |
| 50 - 100                                                                              | 75%                         | 40.0%                  | 2%                                 | 91.0%                      |
| < 50                                                                                  | 95%                         | 65.0%                  | 0%                                 | 98.0%                      |

One's soul condition has a direct relationship with all facets of living. To grow and improve one's soul condition is the greatest gift one can give him or herself as it has universal benefits that last for eternity. This can now be achieved by embracing Feeling Healing through which we commence to repair the damage incurred by the Rebellion and Default that is passed down to us by our parents. Further, by embracing Divine Love with Feeling Healing we are doing our Soul Healing and progressing towards Celestial status.

Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries. Developed economies are within the highest brackets. Civil unrest and wars are most frequent amongst those within the lowest brackets. Consider the average life expectancy and per capita income relative to the MoC calibration. Consider education as the crux of progress and development. Then review the above table for the rate of unemployment, rate of poverty, happiness rate 'life is okay' and rate of criminality.

| <b>MoC</b>       | <b>No. of Countries</b> | <b>Average MoC</b> | <b>Average Life Expectancy</b> | <b>Human Development Index</b> | <b>Happiness Index</b> | <b>Education Index</b> | <b>Per Capita Income 2020</b> |
|------------------|-------------------------|--------------------|--------------------------------|--------------------------------|------------------------|------------------------|-------------------------------|
| <b>400s</b>      | <b>10</b>               | <b>406</b>         | <b>78.50</b>                   | <b>0.939</b>                   | <b>6.8</b>             | <b>.861</b>            | <b>US\$54,010</b>             |
| <b>300s</b>      | <b>13</b>               | <b>331</b>         | <b>71.77</b>                   | <b>0.798</b>                   | <b>5.9</b>             | <b>.684</b>            | <b>US\$17,827</b>             |
| <b>200s</b>      | <b>10</b>               | <b>232</b>         | <b>69.45</b>                   | <b>0.759</b>                   | <b>5.8</b>             | <b>.648</b>            | <b>US\$16,972</b>             |
| <b>High 100s</b> | <b>18</b>               | <b>176</b>         | <b>69.00</b>                   | <b>0.724</b>                   | <b>5.2</b>             | <b>.639</b>            | <b>US\$9,900</b>              |
| <b>Low 100s</b>  | <b>7</b>                | <b>129</b>         | <b>61.88</b>                   | <b>0.653</b>                   | <b>4.7</b>             | <b>.567</b>            | <b>US\$2,628</b>              |
| <b>Below 100</b> | <b>11</b>               | <b>66</b>          | <b>52.73</b>                   | <b>0.564</b>                   | <b>4.2</b>             | <b>.488</b>            | <b>US\$2,658</b>              |
| <b>WORLD</b>     |                         | <b>220</b>         | <b>70</b>                      |                                |                        |                        | <b>US\$10,900</b>             |

### 23. Spontaneity and ingenuity

**The CHILD is to FREELY EXPRESS ITSELF:** Messages from Mary and Jesus 13 May 2003

Mary Magdalene: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.

This is how we are also to be, as adults!

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

**HUMANITY is within a kind of dormancy, or even more like a stupor!**

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.



It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self-denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self-conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However, all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Celestial Nanna Beth 20 – 23 April 2018

**POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:**  
**This steps down each seven years as the child matures**



From conception to age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.  
 The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

**SUPERKIDS**

**Natural self Expression through Feelings**

Self Empowering  
 Self Revealing  
 Self Loving



**Feelings First**



# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

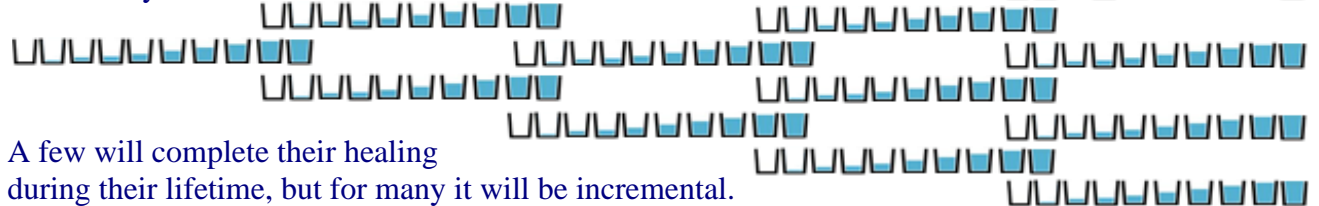
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in 1993. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

# Avonal AGE 1,000 YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are of a consequence of the Harmonic Convergence of the mid to late 1900s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

## 24. Innovation and invention.

### SCIENCE and FEELINGS:

Friday, 30 March 2018: Graeme B: [If we fully understood mathematics and vibrational frequencies we would better understand how the universe works...or is that too simplistic?](#)

Verna, a Nature Spirit: Not too simplistic, it's correct, however there's more to it than that and it all has to be done with TRUTH first. You are truth-creations, so your feelings MUST come first and then all the mind stuff can follow. And if your feelings DON'T Feelings First, then you'll limit your mind understanding. You think your world is 'advanced', ha, what a joke that is, advanced in what? What you ARE advanced in, is denying your mind its rightful advancement through your feelings and soul perceptions, so yes, you're rocking along very well in this self-denial. Look at how hard your **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career**. All because you are pushing up against the absolute boundaries of your mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against your True Way. **Imagine being one of these scientists who are living true to their feelings having done their Healing. And EVERYDAY you are having more astounding breakthroughs because of advancing or growing in Truth, with your mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through your feelings and the mind will slot right into place supporting it.**

**The above has been reiterated at this point to emphasise that humanity's minds are not what will get us out of the dung – it is to be our soul based feelings.**

Saturday, 31 March 2018: Nanna Beth, 3<sup>rd</sup> Celestial Heaven: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.



Not until someone comes along and does really heal themselves of it, and someone who has the **spiritual authority** to allow others to do the same. So that's where we are. The authority is making the revelation to you. People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

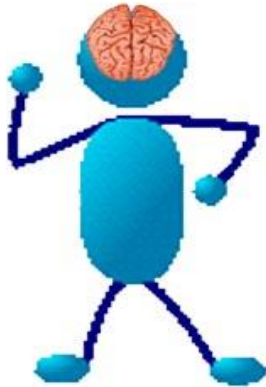
But **without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it**. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low.

Now however, **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

## SCIENTISTS are to EMBRACE THEIR SOUL BASED FEELINGS or FLOUNDER!

We have imprisoned our potential within the depths of the largest steel wrecking ball ever imagined whilst believing our wayward chaotic mind is all superior and a wonderful genius. Well, our brain / mind is a pathetically clumsy retard compared to the wisdom and truths that are freely accessible through our soul based feelings. We should only embrace our feelings and then have our mind implement what our feelings convey. Those of the near future will demonstrate the potential of our soul's wisdom and capabilities through embracing their Feeling Healing with Divine Love. The greatest of the world's academics will be humbled as they observe their ineptitude being akin to a young infant now being guided by a preeminent scholar of each and every scientific path presently acknowledged, by those embracing their soul-based feelings.

### MIND WORSHIP Stagnation, pathway to nowhere



'We are truth-creations, so our feelings MUST come first and then all the mind stuff can follow. And if we DON'T adopt Feelings First, then we will limit our mind's understanding.

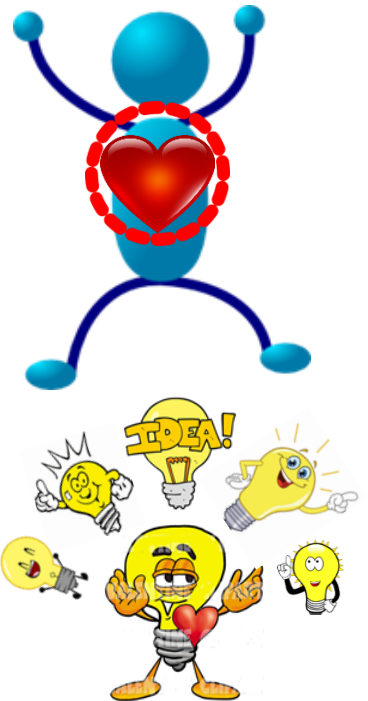
'We think our world is 'advanced', ha, what a joke that is, advanced in what? What ARE we advanced in, is denying our mind its rightful advancement through our feelings and soul perceptions, so yes, we're rocking along very well in this self-denial.

'Look at how hard our **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career.** All because we are pushing up against the absolute boundaries of our mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against our True Way.

'Imagine being one of these scientists who are **living true to their feelings having done their Healing. And EVERYDAY** we are having more astounding breakthroughs because of **advancing or growing in Truth, with our mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through our feelings and the mind will slot right into place supporting it.'**

Verna. a Nature Spirit

### FEELINGS FIRST Freedom, liberation and discovery



25. Revelation of our supreme guide in all that we do.

**Our FEELINGS are our SUPREME GUIDES:**

**Feelings!**

**Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides.** Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.** Kevin 26 Sep 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

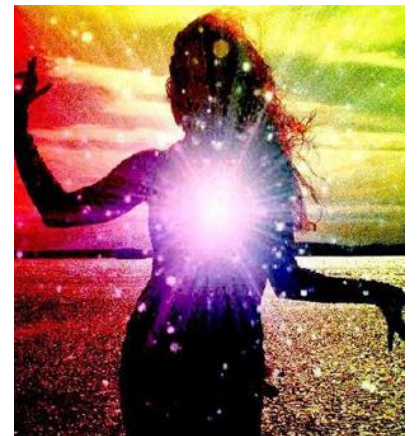
**Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.**

Kevin, 1<sup>st</sup> Celestial Heaven: **So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti-love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.**

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. **Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.”

James – Introduction Course to Divine Love Spirituality

## 26. Pascas University prioritises and places women first.

### WOMEN are OUR SPIRITUAL LEADERS!

Sunday, 20 August 2017: James: Oh my God! It's not a good day for us men, we are far more stuffed than we understand, and the eye-opening stark revelation of the horror of it that struck this morning has well and truly done me in.

**We men CAN'T actually do our Healing by ourselves, we need the help of a woman / women.** That's the male ego-crushing statement of all time, that is a game-changer as the American's love saying, that means major adjustments to all I've written, which luckily is just adding on to the revelation and not actually requiring me to go back and rewrite great chunks of it – BIG SIGH OF RELIEF, I can tell you! And that's the same for both us, you, John, won't have to alter your Pascas Papers either... just write another one – it's endless!

So what if it's true, that is a huge thing, it means **men can't just get on with doing their Healing by themselves, they have to do it with women's help, which means, they will do it by default;** and so much of it adds up, it makes sense – and it's how it's been for me. However, just because it's like this for me, might not necessarily mean it's like that for all men, however I have a feeling that it more than likely will be. And so far the evidence is very slim, only a couple of men have come to the forum and shown they've not been able to do their Healing themselves, not like how Samantha (Sam) and a couple of other women who don't actively participate on the forum are doing. And why was Helen (3<sup>rd</sup> Celestial Heaven spirit) going on so much about it being **women who'll be leading the way**, women, women, a woman's thing the Healing – if you go with what she was saying; and yet what about we men, where do we fit in? And we come up in passing, as an aside: oh yes, **men too will be able to do their Healing**, but what she didn't say outright was: **ONLY IF WE GET HELP FROM WOMEN.** And if we don't, then forget it, we're stuffed for evermore.

So that will mean, the supposedly 144,000 who do their Healing will definitely be women (and Ha to all those religious prophecy people who believe the Chosen Ones will be men – what a turn up for the books!), that **women will lead the way in getting humanity out of the Rebellion and Default, because they are the ONLY one's who can actually, truly, do their Healing, with we men having to do it by default, being helped along like lame ducks by our women partners or friends or Celestials.** So, no women doing their Healing, then no end to the Rebellion and Default, even if technically it has ended (actually formally ending 31 January 2018).

So the **Healing really is a Woman's Thing**, and so wow, and that explains why I've never been able to do it like Marion and Samantha do, taking it on myself, being in full command of it, and no longer needing their help. I did think, I HOPED, that it was just part of my fuckedness that made it that I couldn't do it, whilst thinking other men at least will be able to do it themselves, and that I'm just the pathetic one who always needs Marion pointing out things about me, helping me to see things, encouraging me to go with my feelings, showing me what my feelings are and where I'm not honouring them, and all the rest of the hundreds of things she does for me which I can't do for myself. But what if all men will be as I am in their Healing, needing so much help from women, even unable to do it by themselves like women can? Which is, admittedly also assuming, all women will be able to do it for themselves, once they get the hang of it. And it changes everything, a major shift in my vision; and wow, so really **we men are out of the picture in a way, at best only being able to support women doing their Healing, so they will support and help us. But not able to do it ourselves, thereby not able to once again cut women out of the picture; no, we men being dependent on women for help to do our Healing, can't ever get away with shitting all over them and keeping them repressed and shut out ever again.**

It all makes perfect sense, which is the problem. Adam shat on Eve, although they were both in it together, both causing their default, yet Adam went off defending Eden when he should have stayed with Eve right to their death if that was what was to happen. He should have insisted on being by her side protecting her all the way along and not from a distance, leaving her alone and vulnerable, so she defaulted. And then Adam once he learnt of Eve's transgression (This all coming from The Urantia Book's story of Adam and Eve, which I love and think is true, although it doesn't say all) went off transgressing himself, and so joining Eve in default, but from then on with men remaining the superior ones, dumping on women because it's women who always cause all the damn problems – like the Default. So never forgive them, never let them have their say, keep them away from their true feelings, stop them growing in truth, and making them believe they are only good for serving their great man.

And now reverse all of that, that being what our Healing is. So now the great man Adam, has to eat humble pie realising that as Eve got them technically into the mess, so women representing Eve, have to get them out of it. So **women are the ones to do their Healing, with men joining them, going along with them**, as Adam joined Eve; but unlike Adam then taking over and all men forevermore shitting on women; no, **men can't take over the doing of the Healing, they are stuck in not being able to do it because they are not as close and true to their feelings as women are, so they HAVE to rely on the graciousness of women, and women's tolerance, compassion and endless patience, for help.** For women can say, na, fuck you, we've had enough of you men; but then they are stuffed because it's not much fun having finished your Healing yet you can't be with your soulmate (/ soul partner) because you told him to fuck off, not wanting to know about men ever again. So women will help men, they have to, but **ONLY** with men knowing their place; that being: **that women ARE the true spiritual leaders, ARE able to live true to their feelings, and need to be recognised as such, appreciated for being so amazing in that capacity, and so supported and put first, something the man finds hard to do because of all his rebellious programming about being the superior dominant one.**

And even though most men know women have far more power than they do, still they secretly believe they are more powerful than women, and so will suffer humiliation when they realise they can't screw the woman over anymore, they can't even screw her if she says no, because they desperately need her help to help them do their Healing. And so for men, the humbling truth: **If you want to ever Heal yourself of your wrongness, well you're going to have to fully honour women, you're going to have to ASK THEM FOR HELP.** Oh, the horror of it, to actually beg the woman to help you look to your feelings, to help you break through the controlling patterns of your mind, putting yourself down and elevating women above you, because **women innately know the Way of their Feelings, whereas we men – don't.**

So if that is all true, well the good news my fellow men, brothers, compatriots, is, we're well and truly stuffed so far as believing we'll ever be able to be at-one with God, ascend to Paradise, Heal all our wrongness, evil, sins and errors, **WITHOUT** the help from women. So, we can soak up the Divine Love endlessly, we can pretend we are the great Pope, Archbishop, Guru, Yogis, Enlightened One, Priest, Spiritual Teacher, Spiritual or Religious Leader, we can even look at our beloved leader of Nebadon – Jesus, the greatest man of all men, and still, none of them, none of us, not even Jesus, can lead the true way through feelings, because: **WE'RE NOT WOMEN.**

So that once again puts a huge **LIGHT** on Mary Magdalene, and which adds more weight to why the Evil Women Spirit instigators of the Rebellion and Default, kept all women down, making Mary comply with the tenets of the Rebellion and Default so she couldn't come up and have her say; because had she, then the whole Rebellion would have had to end there and then, and not carry on as it has over these past two thousand years corrupting the man – Jesus' words, into the Christian religions. Had Mary's words been allowed to be spoken, then things would have been very different. However, she in keeping with the Rebellion and Default, as did Jesus, their honouring it and not going outwardly against it, knowing it was to kill itself in due course anyway, kept quiet, allowing men to carry on vaingloriously in their deluded selfish oblivious suppression of women and the feminine – his own true feelings – in himself.

So to Samantha and every other woman who does her Healing, we men, need your help. Can you hear the small pleading sound in my voice, I'm sorry it's only very small like Piglet at present, this is a huge thing for me, being a man, to have to admit that I am wrong and don't have a clue after all, when all the way along I've believed that I knew everything; please will you help us poorly deluded and greatly misguided men with our Healing? Please Marion will you keep helping me, even though I treat you like you don't exist, I shit all over you being the dominant, controlling, superior man; I don't respect your sensitivities and feelings, I treat you like you're stupid and don't know anything, because what do feelings know, they are all over the place, too emotional, too irrational to be considered of any importance and to be taken any notice of. Please, will you help me understand how to live true to myself so I can heal myself of my wrong ways, so I can learn how to be truly self-expressive, so I can become eventually, one day, truly loving, so I will then hopefully be able to truly, love you. Please?

So women, having been treated like shit by men all these years, given the thankless task of rearing the children without any help and so little real feeling and emotional support, then being blamed for fucking everything and everyone up, are now having to find even more inner strength and turn around and not only be able to cope with all the pain and intensity of doing their own Healing, and how difficult that will be, but also having to help, drag, coerce, cajole, yell at, make, force, beg, hope, their man to do his Healing, all so they can at least have someone to talk to, someone to express their feelings to, even if he's such a dope it takes him an eternity to understand just what the fuck they are talking about.

So is it that a woman's burden is about to get even greater, to not only have to suffer all the torment of being under the man, even literally when he's forcing himself on her when she doesn't want to do it because her feelings are saying no and she can't really explain why, but to have to also help the Great Dick to help himself by doing his Healing? Oh god, can it get any worse, can it get any harder for both of us, because as much as we men are a pain in the arse for you women, we are such the poor ones, even though we don't know it, or might know it but refuse to admit it; we being still the little boys our mother's fucked up along with our father's by making us into the controlling studs we believe we are; when we're not, we don't know, we don't have a bloody clue.

Marion just knows it all, is constantly focused on herself and her feelings, she doesn't need anyone else other than me by default because at least she can speak to me and I will help her with material things. And I don't directly contribute to her growing in truth, I rarely give her something to think about along spiritual lines, she's usually miles ahead of me, she doesn't need to speak with all the spirits and God and everyone else to understand, she just keeps moving with her feelings, and really if I'm there, great, if not, surely some other man would suffice, all so long as he continued to allow her to express herself and didn't tell her to shut up.

Whereas, I constantly need her help, I don't have a clue, none of the feeling stuff comes naturally to me, and often she has to go over and over it again and again before I get it, something that she and all other women just know and has been obvious all their lives. And I need to keep writing it all down as part of helping me understand it all, moving it out into the mind areas working it all through, just like writing all this now, having to speak with the women spirits, with Mary M, with the Mother, with all the women who can help me.

So I think, if Marion croaked it before I finish my Healing, I'd have to find another woman to replace her so I could keep going with my Healing. I am a bit better at doing it myself, however I know I'd miss a lot of the subtleties that Marion picks up on in a flash, as I'm simply not aware of them in myself, they being all so much part of my unloving pattern.

So I'm the first one to agree with Marion when she says she doesn't think I'm actually doing my Healing so much as just waking up to all my problems, those which she easily sees, but which I have no clue

about. And then, as to when will I ever actually do my Healing, as she says I will need to do – like she does, I don't know. However, I now wonder if what she says is in fact so; or, am I just doing it my way, it being different to her, and possibly: the 'man's way'. Which we won't know until other men try to do their Healing, showing they can either do it like women can, so all I am writing is unfounded and I will amend it; or, show that, yes, they too will need the help of women in some way, or all the way long, so as to complete it.

James: So Helen, what do you think about all I've said?

Helen, 3<sup>rd</sup> Celestial Heaven: Spot on James.

James: That's it, that's all you're going to say – it's a major insight!

### It's time for the true Women's Revolution:

Liberation of the Feminine: Women are Spiritual – live true to your feelings. Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you don't, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of yourself, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

James Moncrief 18 March 2018

***"The True Liberation of Women is Through the Truth of Their Feelings."***



**27. Each Pascas University will be the ‘beacon of light’ for education throughout the nation.**



“Mother and Father are the Beacon, the 'Light House' in my soul, showing me the way, guiding me through all of the darkness of my feelings. We may spend most of our time feeling so lost until we long for Their Light of Truth and Love, and at times, we might forget that we can't do this alone, only by longing to Them can we see the Light They shine through the truth of our feelings. Mother and Father are the Light House when we are lost in the fog of our healing.”

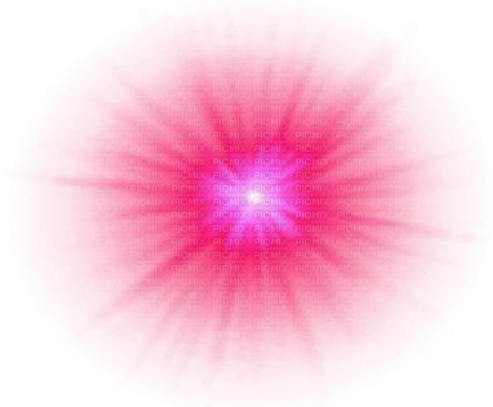
Samantha 3 March 2023

A wonderful passage from The Urantia Book (TUB) when Jesus journeyed the Mediterranean with Gonod and his son Ganid:

130:3.2 (1432.2) The three enjoyed a most pleasant passage to Alexandria. Ganid was delighted with the voyage and kept Jesus busy answering questions. As they approached the city’s harbour, the young man was thrilled by the great lighthouse of Pharos, located on the island which Alexander had joined by a mole to the mainland, thus creating two magnificent harbours and thereby making Alexandria the maritime commercial crossroads of Africa, Asia, and Europe. This great lighthouse was one of the seven wonders of the world and was the forerunner of all subsequent lighthouses. They arose early in the morning to view this splendid lifesaving device of man, and amidst the exclamations of Ganid Jesus said: “And you, my son, will be like this lighthouse when you return to India, even after your father is laid to rest; you will become like the light of life to those who sit about you in darkness, showing all who so desire the way to reach the harbour of salvation in safety.” And as Ganid squeezed Jesus’ hand, he said, “I will.”



PASCAS will be the forerunner of all subsequent Spiritual Lighthouses. Samantha 4 March 2023



# LIGHT OF TRUTH



# Light of Truth of PASCAS

COUNCIL of ELDERS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3<sup>rd</sup> Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

**Council of Elders now around 13 soul-groups from the 3<sup>rd</sup> Celestial Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas World-Care will be via those who complete their Feeling Healing on Earth, as years go by.



**Avonal PAIR Oversight**



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance, through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

## LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5<sup>th</sup> Divine Love spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.



**28. Graduates being potential world leaders having the capability of achieving Celestial Soul Condition while living in the physical on Earth. This has never been previously possible throughout humanity's history.**

Upon completion of our healing of what may have been taken on of the Rebellion and Default and should we have embraced and longed for our Heavenly Mother and Father's Divine Love, then we would have been also soul healing, we may become of a Celestial Heaven soul condition. This is the time when our Indwelling Spirit fuses with our own soul – we are then always connected to our Heavenly Mother and Father.

Being of a Celestial Soul Condition our insight and truth is always in perfect harmony.

Further, our connectivity to others in truth is also amazing. The resources to people of wisdom and to records is infinite. In the lead city on the 1<sup>st</sup> Celestial Heaven is an incredible museum where all of the history of all of Earth's civilisations is readily accessible. One can visit any era of Earth's history and 'talk' to those who lived in that era. It is robotically done but incredible real. Many go to the museum and get to know 'Jesus and Mary Magdalene' in this way.

Until this time in history, NOW, no one living in Rebellion and Default had completed their Healing. Jesus and Mary Magdalene did not take on the Rebellion and Default and remained in Celestial Soul Condition throughout their lives. It is only now that the Avonal Pair are completing their Healing that others now can follow in their footsteps and also complete their Healing.

Those who do will literally be able to guide and lead their community of people to possibilities previously considered incomprehensible.

Humanity on Earth presently (2023) calibrates overall on Dr David R Hawkins' Map of Consciousness at 220. The peak of 'reason' on the Map of Consciousness (MoC) is 499 which is also the peak of soul condition in the 1<sup>st</sup> spirit Mansion World. The scale is based on the common log of 10, thus a 1 point increase is a 10 fold increase in energy. The peak achievable through perfecting one's natural love is 1,000. When we embrace Divine Love and transition into the first of the three Celestial Heavens we are possibly calibrating a little over 1,050. The peak achieved in the 3<sup>rd</sup> Celestial Heaven is around 1,500 MoC.

This document calibrates at: perceived truth MoC 920 – relative truth potential MoC 1,480

The 'Perceived Truth' calibration is the truth of the contents from a natural love perspective.

The 'Relative Truth Potential' is what is achievable from embracing this truth while also embracing Feeling Healing AND Divine Love. Thus, two separate calibrations are applicable for many of the Pascas Papers.

**PASCAS  
PAPERS**

This in itself is extra-ordinary as the level of the truth within each of Pascas Papers is discernible through kinesiology muscle testing. Calibrations may be considered on the basis of supportive information in your process of discerning truth.

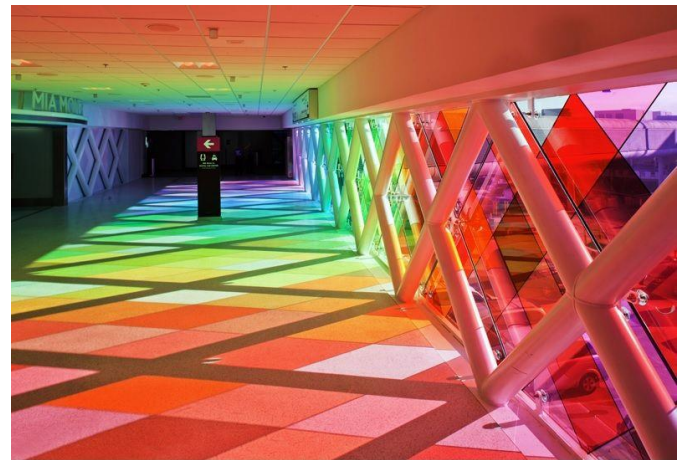
feelings  
New way







**Pascas University is to feature marble and colourful stained glass windows.**





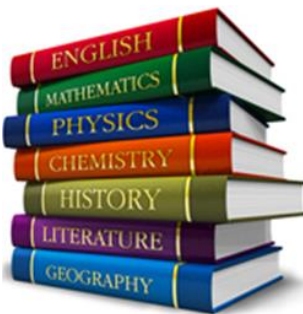
# CHALDI COLLEGE

## Primary thru to High

### "Feelings First"



Children Tutoring Each Other!





# Craft Creations



Fiber art

Oil painting



Magic



Papermaking



Patchwork



Taxidermy



Creative writing



Metalworking



Web design



Cardmaking



Needlework



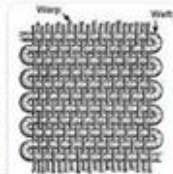
Quilting



Wood carving



Pyrography



Weaving



Upcycling



Photography



Calligraphy



Woodworking



Gardening



Watercolor painting



Toy



Quilting



Sewing



Knitting



Painting



Embroidery



Crochet



Handicraft



Drawing



Book Binding



Glassblowing



Brewing



Pottery



Scrapbooking



Origami



Cross-stitch



Floral design



Macramé



Pressed flower craft



Decoupage



Whittling



Leather crafting



Digital art



Needlepoint



Knife making



Tatting



Carpenter



Doodle



Digital photography



Beadwork

# CHALDI TAFE COLLEGE

## Technical and Further Education



Building and construction



Child care



Sports and fitness



Technology, information and networking



Nursing and health



Creative



Agriculture and horticulture



Automotive



Business, justice and management



Community services



Hospitality and cookery



Beauty and hairdressing



By location



Online courses



Apprenticeships



TAFE at School

# PASCAS UNIVERSITY

## HIGHER EDUCATION SUBJECT GROUPINGS:



**ANIMALS AND  
LAND**



**ARCHITECTURE,  
BUILDING AND  
CONSTRUCTION**



**ARTS,  
HUMANITIES  
AND LANGUAGES**



**CREATIVE ARTS,  
DESIGN AND  
MEDIA**



**ECONOMICS,  
COMMERCE,  
BUSINESS AND  
MANAGEMENT**



**EDUCATION AND  
TEACHING**



**ENGINEERING**



**HEALTH  
SCIENCES  
(ACADEMIC)**



**HEALTH  
SCIENCES  
(PROFESSIONAL)**



**HOSPITALITY,  
TOURISM AND  
EVENT  
MANAGEMENT**



**INFORMATION  
TECHNOLOGY  
AND COMPUTER  
SCIENCE**



**INTERNATIONAL  
RELATIONS AND  
DEVELOPMENT  
STUDIES**



**LAW AND  
CRIMINOLOGY**



**MARINE,  
ENVIRONMENT  
AND RENEWABLE  
ENERGY**



**MEDICINE**



**MULTIMEDIA  
MOVIES AND  
MUSIC**



**NURSING,  
MIDWIFERY AND  
PARAMEDICINE**



**PSYCHOLOGY**



**SCIENCE**



**SOCIAL WORK  
AND  
COUNSELLING**



**SPORTS AND  
EXERCISE  
SCIENCE**

# PASCAS UNIVERSITY

## HIGHER EDUCATION SUBJECT GROUPINGS:

### SPIRITUALITY



#### Spiritual University

Spiritual Education: Living true to one's feelings, expressing them, longing for their truth.

The New Way – Divine Love Spirituality / Religion of Feelings

Psychology – Spiritual Healing – Feeling-Healing / Soul-Healing

Humanity's Journey

Sanctuary Living / Aftertimes / Subsistence / Communal living / off grid/alternative

Health care, Family care, Midwifery, Nursing, Orphanage, Schooling, Old Age,

Emerging communities and Emergency support paid / volunteer work

Occupations to be achieved:

Divine Love Spirituality Teacher

Spiritual Healer (Feeling-Healing / Soul-Healing) / Counsellor / Guide / advisor / support

Sanctuary living and care

Counselling

Teaching

Nursing

Midwifery

Support for existing:

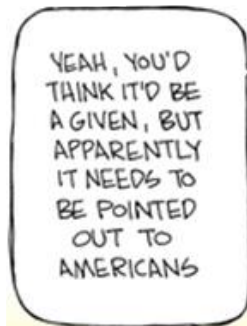
Orphanages, Midwifery, Nursing, Aged Care, Hospitals, Schools, Counselling, Abused Victims, Dental, Eye, Water, Food, Nutrition, Housing, Village / Family support, Psychology – Feelings First

TRUTH IS FREEDOM AND LOVE

FREEDOM IS TRUTH AND LOVE

LOVE IS FREEDOM AND TRUTH

Our Spirit Friends on duty



# OUT GATEWAY ISOLATION





# PASCAS UNIVERSITY



## TAFE



**Technical And Further Education**  
**Craft Creations Family Shed**

$x^2$  Year 10

$\triangle$  Year 11

$\sqrt{y}$  Year 12

$\leq$  Year 7

$\text{pencil}$  Year 8

$\approx$  Year 9

$\infty$  Year 4

% Year 5

$\text{apple}$  Year 6

$\text{dots}$  Year 1

$\text{hand}$  Year 2

$\pm$  Year 3



## KINDERGARTEN

## PRE SCHOOL



**Wow! *These* students cover an 11 year curriculum in *just* 1 year!**

**This school in Tekos *completely redefines* the word “education”.**

[Ringing Cedars Press – Official Ringing Cedars Press Website – Tekos – School of the Future](https://www.ringingcedars.com/tekos_school/)

[https://www.ringingcedars.com/tekos\\_school/](https://www.ringingcedars.com/tekos_school/)

Here the children have designed, built, and decorated their entire school campus — *without adult supervision!* They cover the entire high-school math curriculum in one year and get Master's degrees by the time they are seventeen (Some as young as 14!!). They cook their own meals, do the administrative work and *write their own textbooks!* These students come and go as they please – and their parents pay *no* tuition fees!

Hard to believe? We spent a week at this school and cried spontaneously much of the time! Never had we seen the beauty of the human soul shining *so* brightly – as in the eyes of these children!

**In the Ringing Cedars Series**, Anastasia completely redefines the concept of “education”. She insists that universal knowledge is accessible to each of us — and she steers us toward an entirely new model of education whereby children are taught to look within to find their own innate questions and answers. She reveals to the author the existence of this “forest school” where children, by using the methods she describes, are accomplishing results beyond our wildest dreams.

**Ringing Cedars Author, Vladimir Megré describes his first visit to Tekos...**

“... A narrow gravel road led from the main highway into the forest, to a valley nestled amidst the mountain peaks. The road soon came to an end in front of a most unusual two-storey mansion. It was still under construction. From one of the still frameless window openings wafted the sounds of children’s voices singing a Russian folk song.

“This building was part of the vision Anastasia had showed me back in the taiga forest, but now it was an altogether real experience.

“Without a word to anyone I made my way through various construction materials to touch this mansion with my own hands.

“As I approached, I saw a little girl, about ten years old, climbing deftly down a ladder. She went over to a pile of river pebbles and began selecting and dropping stones into an old herring tin. When she started back up the ladder, I climbed up after her, in the direction of the alluring music pouring forth from above.

“There on the second floor I watched as a group of kids like her, some a little older, were taking smooth pebbles out of a box and attaching them with a cement mixture to the wall, making an amazingly beautiful pattern. Two little girls at once carefully washed off each newly attached stone with damp rags. They set about their tasks in earnest, singing as they worked. No adults were present.

“Later I found out that the whole foundation, indeed, each brick of this structure, had been laid by a child’s hand. The children had come up with the whole design by themselves, including every corner of their building.

“And this is not the only such building on the little campus. In this amazing setting children are constructing not only their buildings, their campus, but their whole future in the process.

“And they sing! Here a ten-year-old girl is capable of building a house, doing splendid drawings and cooking meals, not to mention knowing ballroom dance steps and mastering the fundamentals of Russian martial arts.

“The children of this forest school are acquainted with Anastasia. They themselves told me about her. Three hundred pupils from different Russian cities study here.

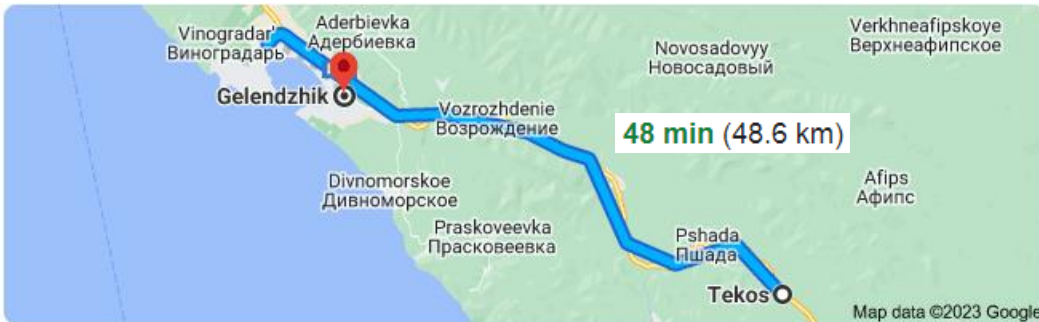
“At this school children take but a year to master the whole ten-year public-school maths syllabus, along with studying three foreign languages. They neither recruit nor produce child prodigies. They simply give the kids a chance to discover what already lies within.

“Academician Mikhail Petrovich Shchetinin’s school comes under the Russian Federation’s Ministry of Education. It charges no tuition fees. Even though the school does not advertise itself, it has no vacancies. Indeed, there is already a waiting list of 2,500 hopefuls for an unexpected opening.

“It is hard to find words to describe the joy on these children’s beaming faces... (cont'd)

\* \* \*

**Anastasia, of the Ringing Cedars series as written by Vladimir Megre, has extreme psychic abilities.**





Further:

11 April 2023

The Tekos schools is incredible, as is Anastasia but they don't have Feeling Healing and God's Divine Love included and this is the focus to knowing the Universal Knowledge, all that God knows and all through healing the denied and suppressed feelings that keep us from God and all that they have to teach us.

It is not about 'Thought and Word' but 'Feelings and Soul' and this must be at the heart of all we create. Feelings and Soul and God's Divine Love are the principle instruments of our Mother and Father. Even as I write this I can feel them guiding me.

The Tekos school is so amazing but just think how much more incredible it could be by adding to it and making Feeling Healing with God's Divine Love at its Heart, beating through every child. We can take on the best of the school but add our own heart to it, and that heart is God, the source of all Love, Truth and knowledge that can ever be known.

Everything has to be about the child, God's child who we are looking after and nurturing but never forgetting this isn't our child but Gods, so God, as all of our parents, must be involved in the teaching of the child and by child, I mean us adults too.

The Tekos school has so much to offer, but God has more. Feeling Healing and God's Divine Love must be at the Heart of all we create and when we are eventually healed enough, no school will be needed, as our connection to God will be our teacher and school, all within us and all through our feelings, especially that of desire, desire is feeling. Yes, I want to do this, I want to create this, just as God's Will desired to create the universe and all within it.

Any school that is created will be changing as we change, it will be a reflection of our condition of soul so it will be an organic creation, breathing as we breath, feeling as we feel, healing as we heal, the Schools and Universities will be growing with us and I love that feeling. A space to make mistakes, play, learn, love, feel, heal, pray and connect.

I have truly experienced how my rebellion against God feels, and nothing lasts or works for long without God. Pain, terror, fear and suffering have been my experience in all I have created without God and I can truly see that now. I don't want to do that anymore. I am feeling like I now want to go the other way and begin my life again but now at the very beginning of my relationship with God. This is why I feel so passionate about having God and Feeling Healing at the heart of all creations, anything else is rebellion.

Samantha (Sam) x x

**Essential viewing:**

## The Kin School, Tekos, Russia

[https://www.youtube.com/watch?v=3\\_mQpT2RDEU](https://www.youtube.com/watch?v=3_mQpT2RDEU)

31 December 2019

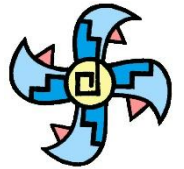
"All children are endowed with genius, talent and creativity, that's why we don't test their IQ. It's important to see that as long as a child's heart is open they're a genius. So to awaken their genius you need to open their heart, remove complexes, tension and fear. Once these are removed you see before you a genius who is already on their right path." Principal teacher of The Kin School, Tekos, Russia

**CHALDI COLLEGE – EDUCATION:** Nanna Beth – 3<sup>rd</sup> Celestial Heaven and James 28 July 2017

James: John has been wondering about how to set up schools and schooling under a tree, in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven, John's grandmother: These are some ideas he can consider – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – how would you have liked school to be?

# CHALDI COLLEGE



Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the student's own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not,

is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

## Feelings First Spirituality, New Feelings Way

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, **any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.** However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

**Feelings First is a way of living without any dogmas, creeds, rituals, cannon laws, hierarchy or controls of any kind.**



**It takes a village to raise a child**

**Essential viewing:**

## The Kin School, Tekos, Russia

[https://www.youtube.com/watch?v=3\\_mQpT2RDEU](https://www.youtube.com/watch?v=3_mQpT2RDEU)

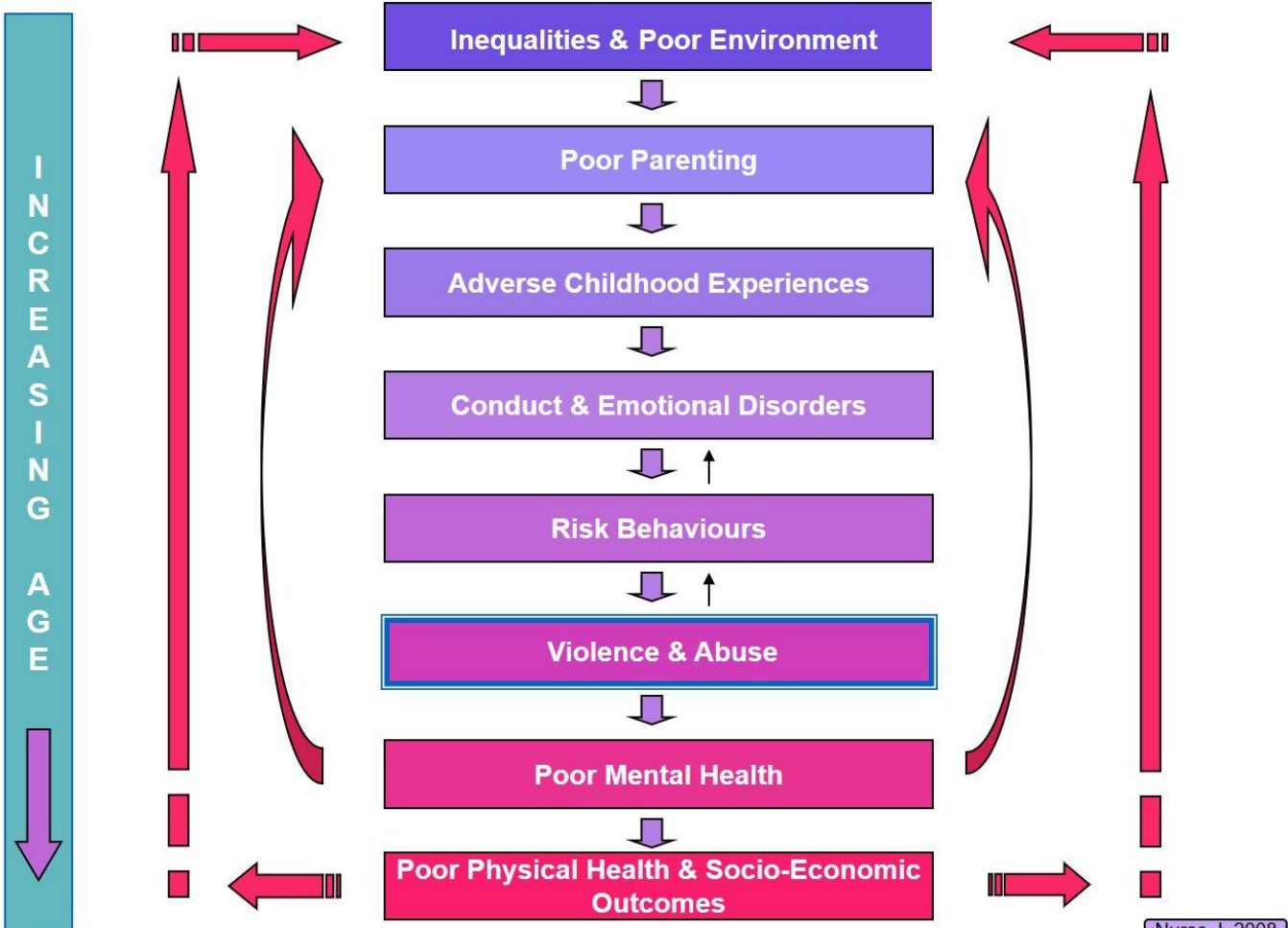
31 December 2019

"All children are endowed with genius, talent and creativity, that's why we don't test their IQ. It's important to see that as long as a child's heart is open they're a genius. So to awaken their genius you need to open their heart, remove complexes, tension and fear. Once these are removed you see before you a genius who is already on their right path." Principal teacher of The Kin School, Tekos, Russia

# LIFE IS FOR LEARNING

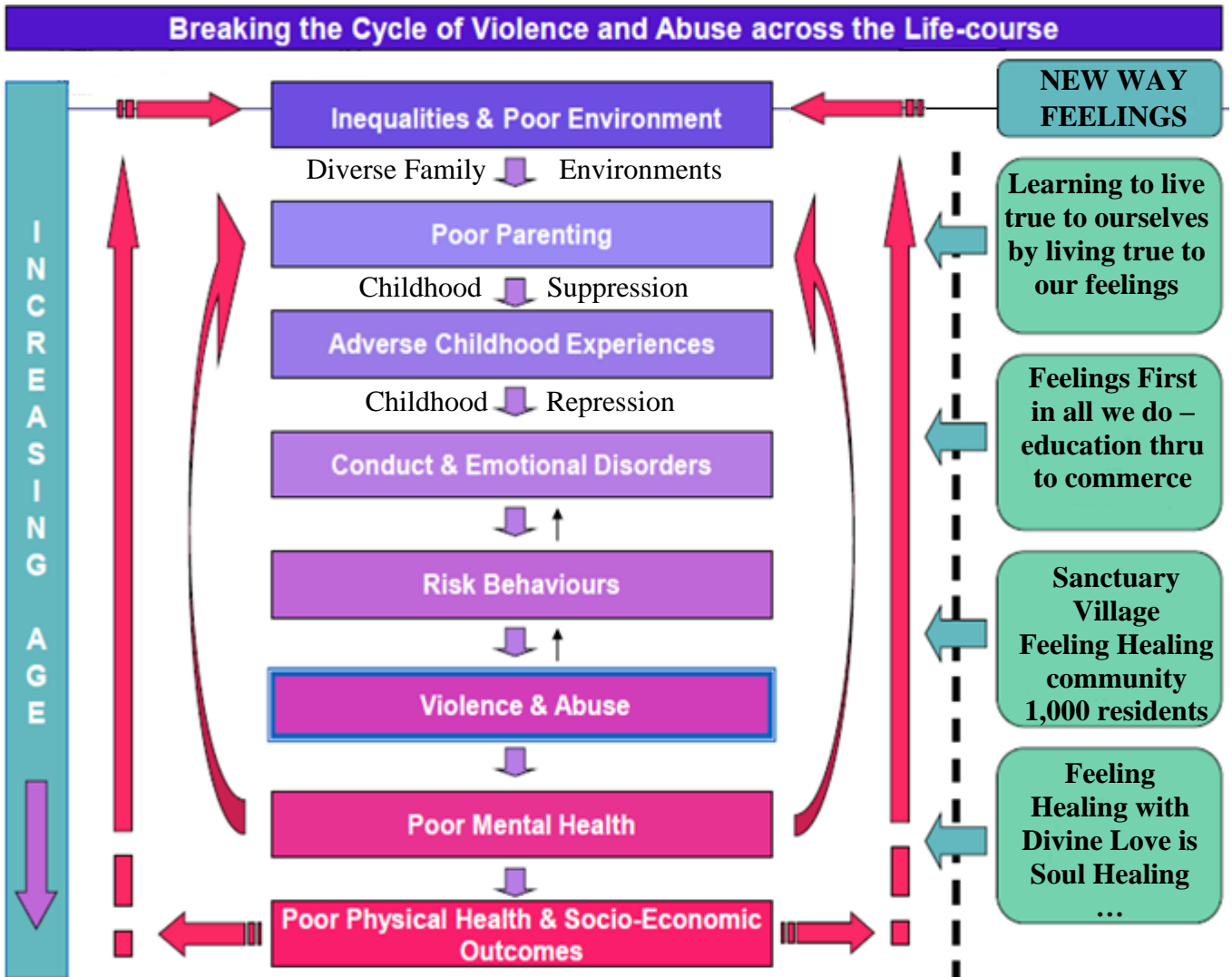
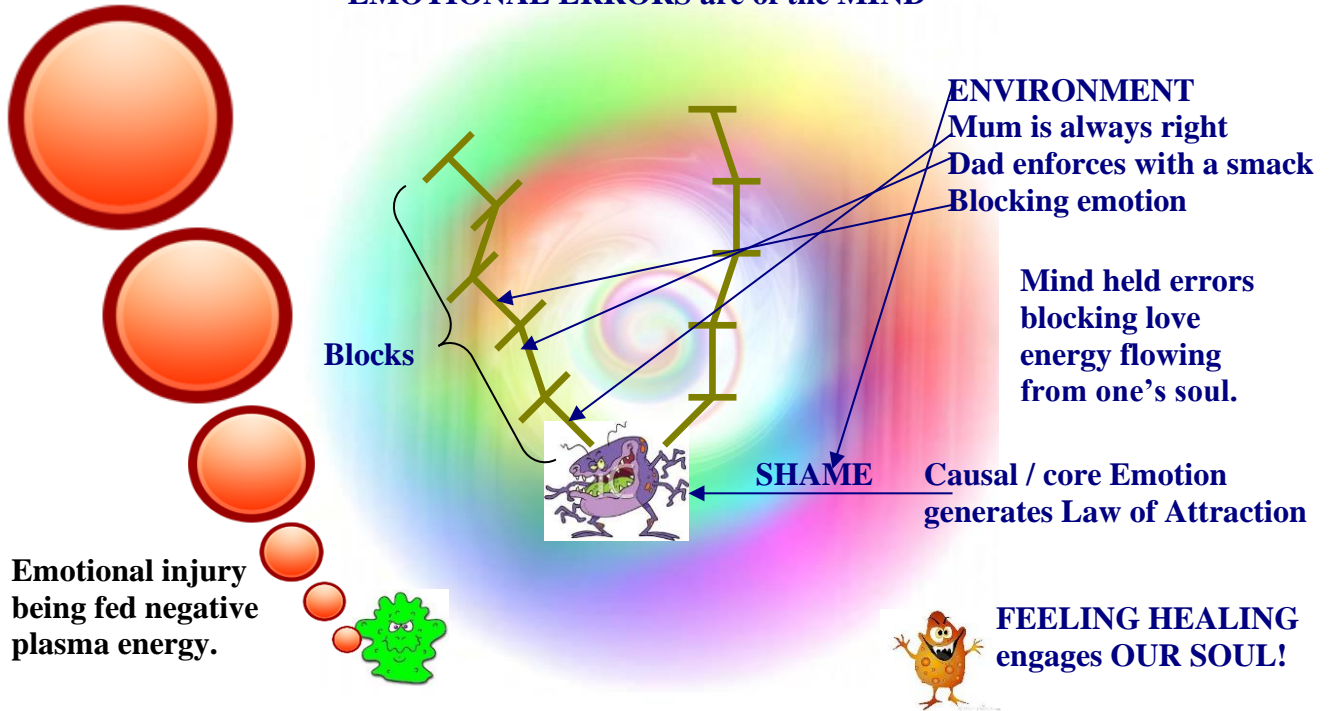


## The Cycle of Violence and Abuse across the Life-course



Seek **truth** from the cradle to the grave.

### EMOTIONAL ERRORS are of the MIND





Talk  
it Out

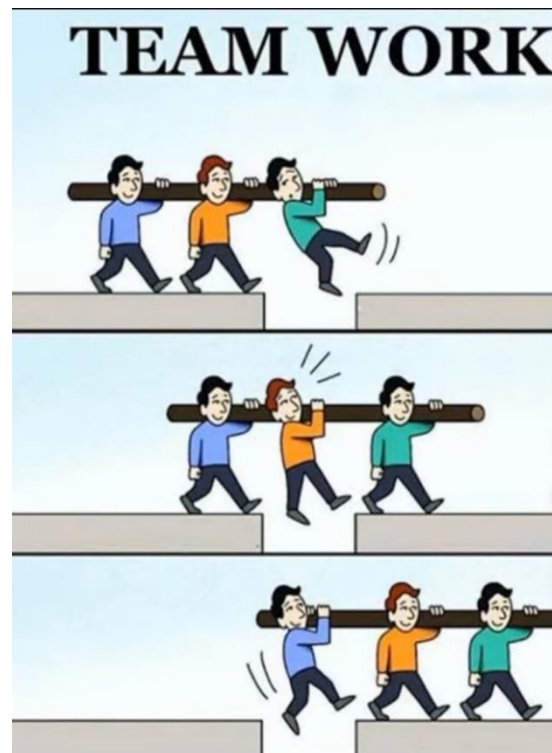
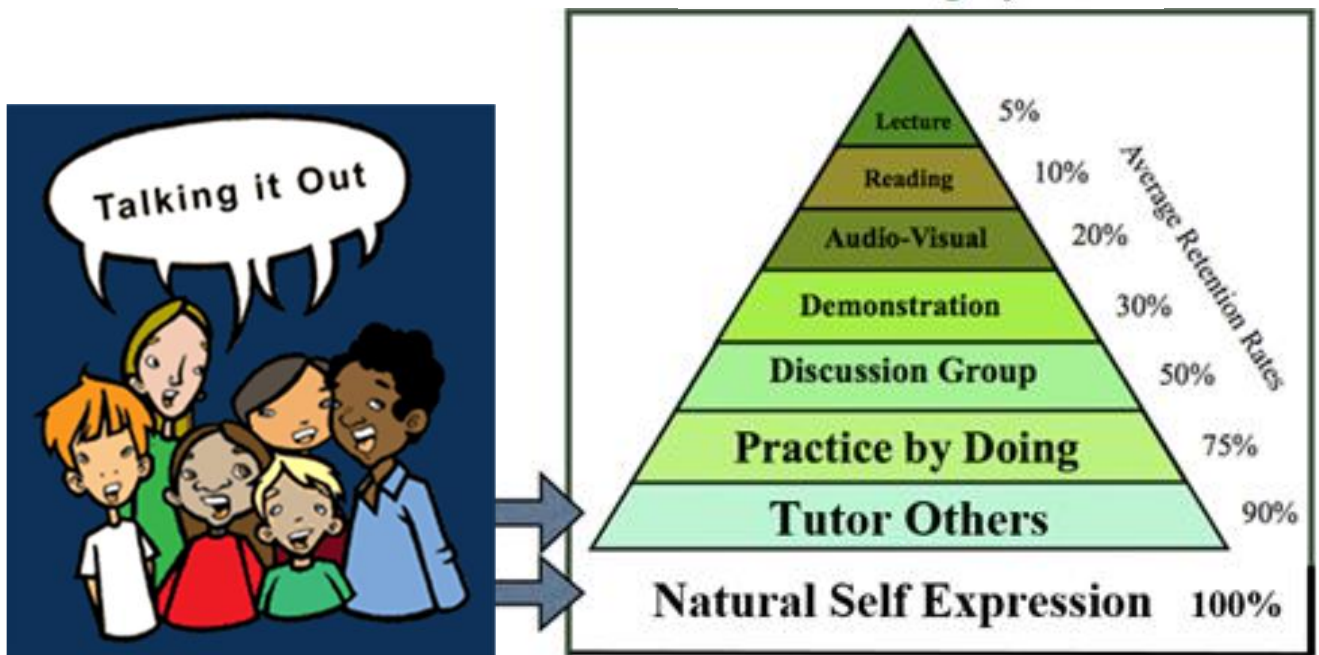


LET'S TALK  
IT OUT

TALK *it* OUT



## The Learning Pyramid



**All Lies are shown up as pain!**

**Worst thing for our children are their parents!  
We are in Pain because of our Unloving Childhood!**





and bring about;

Unbridled *Personal* **LIBERTY** = True Self-**Expression**



# VOICE

We each are to VOICE our pain - the pain from within!

And our pain is our Childhood Suppression.

This being our families' traditions and customs of unknowing erroneous ways.

It is the untruth of held spiritual platforms.

It is our own imprisonment within our mind of arrogance and control addiction.

It is the imposition of control placed on us by those from many levels of influence!

We each are to VOICE our pain to a companion who has compassion for us, and long for truth!

We are to discover that truth which is freedom and love that has been hidden from us.

We are to discover that our feelings are our truth.

We are to discover that we are each fully self-contained - truth is within us - and that it is our soul based feelings that generations have told us to suppress and ignore.

No more controlling institutionalised systems are required! - NONE!

# VOICE

# Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthily impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities for survival.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living embracing our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.

## **We are spirit personalities having a physical experience.**

Following conception, should we not be miscarried or aborted, then we go on to have a physical experience within an ethnic community that we have had no knowledge about and following our return to spirit life we will have little to do with or for a short time only. Our spirit life then progresses for us to heal ourselves of what we each had taken on of Earth's Rebellion and Default. As we heal we disconnect from our Earth family and eventually find our soul partner and then our soul group, our true family. After a period we even disconnect from Earth totally.

Mother Mary, of the Catholic Church and its Rosary, she has even left our local universe of Nebadon. Those who petition Mother Mary through the Rosary cannot be heard by her and as in the past, she can do nothing for those who still do!

All institutionalised systems on Earth are manmade and are all corrupted for the benefit of hidden controllers – there are no exceptions.

Ten to 12 pivotal companies, assisted by another 3 dozen, run the world's food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (R and R). They control processed food chains that deliver nutritious neutral food that is laced with sugar, salt and fats, creating global obesity and health issues worldwide. Through their octopus of secret societies they manipulate governments and positions of power worldwide with impunity.



Modern western medicine suppresses the symptoms of illness and disease, however there is no curing by doctors who apply 'procedures' learnt by rote in a robotic zombiism that kowtows to the pharmaceutical industry and their profit driven agendas. 10,000 illnesses identified with some 500 that can be 'cured'!

Education systems that apply the least productive learning processes using curriculums that generate growth in compliance to those of hidden control. Religions will be seen for what they are – power concentrations made by man, suppressing women! Endeavours to make countries 'great again' is going to see powerful countries break into much smaller parts and borders of control become the hindrances of the past.

**All suppressions are now to be ended by exposing what the Rebellion and Default is!**



**Overthinking**  
the 'art' of creating  
problems that weren't  
even there

# I Think ...



We frequently find ourselves in a conversation that starts with “I think ...” and we automatically cringe not understanding why we do so.

“I think ...” is our addiction to being controlled by our minds and of suppressing our feelings, our soul based feelings that are always in truth and it is our feelings that we are to embrace and have our minds to follow in support, not how it is for all of us presently.

“I think ...” is innately telling us that what we are about to listen to is what that person’s control and error addicted mind is going to impose upon us and that the conversation will be a pointless endeavour to shift that person to some level of truth and away from control of others.



“I think ...” is the imposition of an assumption or multiple assumptions in keeping each of us submitted to the repression that has been imposed upon us throughout our childhood forming years. This is all about our capitulation to the Rebellion and Default. We can all recall our parents frequently asking us what do we think! The question is to be **“What do you FEEL?”** When you ask that question of a person, their response is instantaneous and it is their soul’s truth emerging – not our mind’s 98% in error assumptions that are tiresome and debilitating to say the least.

~~“I think...”~~

Following our healing and then ascension through our local universe of Nebadon, before leaving Nebadon we return our mind to the Divine Minister and embrace the mind of the Infinite Daughter, the God of Mind. The mind of the Infinite Daughter enables us to progress to Paradise, the home of our Heavenly Mother and Father. The Eternal Son is the God of Truth. The Divine Minister is of the mind whereas Mary and Jesus are of the truth for our local universe of Nebadon.

When we embrace how to use our minds in the appropriate manner, then we will find our minds being wonderful. Our lives are all about experiences and what arises from our feelings about each experience. This is all in preparation for when we achieve our ultimate status as a Finaliter which occurs when we arrive in Paradise. Then we will be well prepared for the ongoing assignments throughout the outer universes now forming.

IT'S ALL ABOUT  
**Experiences**  
&  
**feelings**

# What do you FEEL?

## **ASSUMPTIONS** *and the* **MIND**

Whenever a principle or platform of truth is formed around an assumption, then as further truth is revealed, the error may become obvious.

A great deal of custom and passed down practices have evolved through handwritten records which have been copied and re-copied and have then been injected with assumptions that have become the core belief and customs by which people have lived by for many generations.

These platforms need to be revisited and addressed. We will find that these mind derived assumptions have a 98% error rate. We will further find that the mind's propensity to have control of others has distorted matters and that all systems worldwide are in need of rebuilding.

Education, health, science, commerce, legal, governmental and all platforms have evolved through the mind and are all taking us further away from our feelings, our soul-based feelings of truth and are suppressing our true personalities. There is not a man-made system on Earth that is presently founded on truth, the truth that we all long for.

Meanwhile, hidden controllers have seized the moment and have achieved global domination, hoarding massive wealth to the detriment of humanity. Only will it be through a change in the way of living will this and other power bases crumble. We may disturb hidden controllers but if we do not change our way of living they will reassemble their controlling power!

It will only be through the New Feelings Way emerging as a way of living, that education, health services, science, commerce, legal, governmental and all other platforms will be appropriately restructured.

The revelations of Living Feelings First, Feeling Healing and the New Feelings Way have been provided to all of humanity, from the highest authority, to enable each and every one of us to consider the options and possibilities. Our freewill continues to remain sacrosanct.

This revealing has been in the planning and preparation for thousands of years. It was two thousand years ago when the foundations for the arrival of these possibilities and revelations took place when on 31 May 1914 the first writings commenced through James Padgett in what is known as the Padgett Messages. The primary auxiliary writing is The Urantia Book (1925-1935).

The major and most important writings are those of James Moncrief commencing in 2002. This is the focus of the publications that are to be made available in numerous formats and in all of the important languages so that every community, worldwide, will have access and potentially become aware of the teachings and revelations.



# ASSUMPTIONS and the MIND

Truth, until now, has been ‘rationalised’ by the mind. The mind cannot discern what truth is. The mind is addicted to untruth as well as control over the environment, others and the personality to which it is associated with – you and me!

My personal experience is that through the mind, assumptions are generally about 98% flawed and in error. The 2% accuracy is from flukes!

You may listen to endless ‘debates’ and discussions that may go on for hours and the mental hi-jinks are pathetically insane.

When you quietly sit there and use kinesiology muscle testing you can resolve what the answer to what is being debated in seconds – well minutes in some cases.

You may wonder why this is not generally known. Dr David R Hawkins published Power vs Force in 1995. Well, it does not suit people that want to keep secrets. Further, the process is free – you do not make a profit out of it!

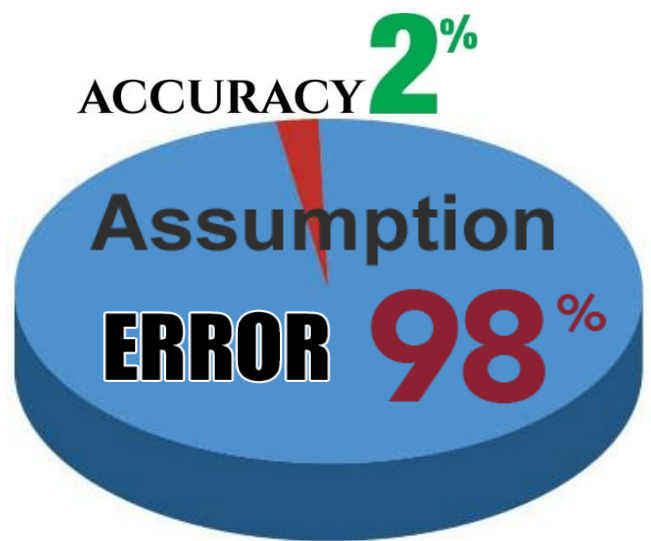
What is true and what is false can be determined in seconds. You do not have to read the material, document, book or see the movie – you can calibrate the level of truth of anything in seconds. Not only can you determine if something is in truth or not true, but also the level of that truth. You can calibrate a book, then its chapters, then page by page, paragraph, line, whatever you feel is needed by you.

A few followed the secret process of the election of a pope for the Roman Catholic Church. They determined who the front runners were, what the elimination round of voting resolved, then down to the final two, who they were, then who won, and then who voted for him and who didn’t. They had answers before the black then white smoke came out of the chimney. It is not difficult, you can do it.

The focus here on ‘assumptions’ is that a great deal of what we live our lives by is based on assumptions. All of these assumptions can now be revisited and the restructuring that will follow will be all embracing.

**Suppression of feelings being the core cause!**

**Suppression & Repression = Universal Depression**





# Assumption + I Think ...



**98% of assumptions are in error, the other 2% are flukes.**

**The best investigation reveals a 96% error rate only!**

**It is not generally understood that our minds are addicted to untruth. Once we recognise this then much becomes obvious.**

**No wonder we may cringe when someone starts a conversation with "I think ..."**

# The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling  
Unloved  
and  
Unwanted**



**EMOTIONAL  
ABUSE from  
PARENTS**

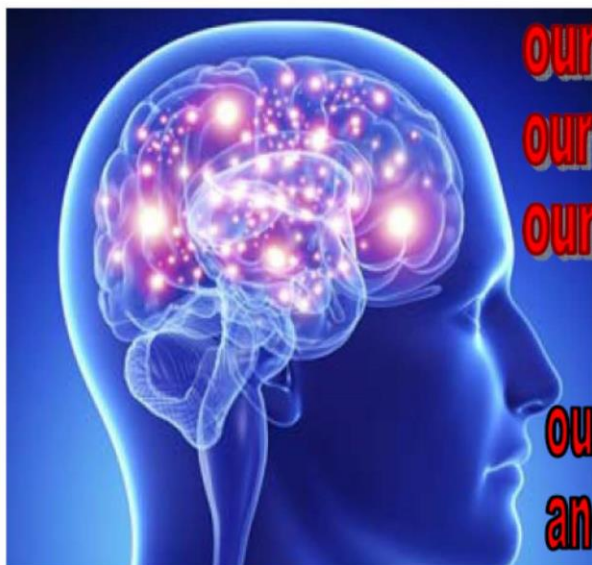


We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



**Suppression & Repression = Universal Depression**

**Suppression of feelings being the core cause!**



**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

*Within, I know who I am and what my future journey beholds! My feelings are to be my guide being supported by my mind - not the other way around as it has been!*



**We are not to impose our will upon another!**



**Our MIND is a CONTROL ADDICT!  
Our MIND is ADDICTED to UNTRUTH!  
Our MIND cannot DISCERN TRUTH!**

**ASSUMPTIONS are the product of the MIND!**

**Our SOUL is OUR TRUTH!  
Our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to FOLLOW!**



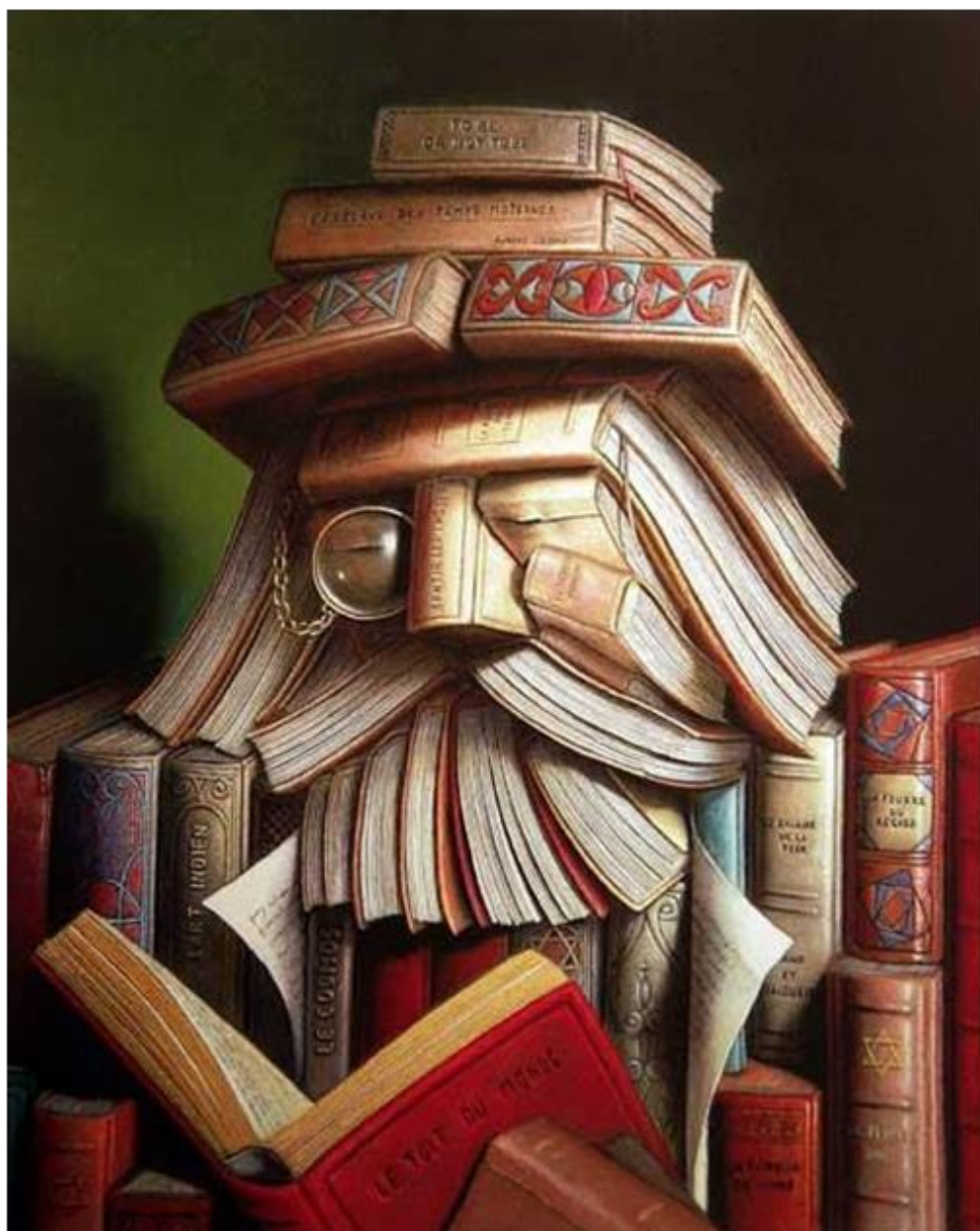
*Children are now to embrace and express their feelings in all that they do and experience. It is our feelings that are our guiding light of love and truth. Truth is love.*



*Why?*

*May we ask why we have not understood this before? The Universal Contract governing the Rebellion and Default had to work its course. Cracks in it are now being worked to end the Rebellion and Default.*

*Education is to reveal itself through our feelings. Our soul based feelings are always in truth. And truth is love! We are fully self-contained. Our feelings are to lead our mind in all that we do, not live how we have been previously taught. It is that simple!*





**FEELINGS ARE MORE THAN  
1,000s & 1,000s OF BOOKS!**



MIND IN CONTROL

This is how it is!



FEELINGS FRIED

## Great U-Turn

Feelings  
in Control

This is how it is to be!

Mind in Support



# REBELLION & DEFAULT

FOR 200,000 years ALL SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

## THE EVIL ONES



Lucifer pair  
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair



Daligastia pair

Arrested and imprisoned 1993 CE

## MIND MANSION WORLDS

### HIDDEN CONTROLLERS

### DEEP STATE

**SECRET SOCIETIES** The Illuminati, Freemasons, Bilderberg Group, Knights Templar, The Jesuits, Skull And Bones And Others

Following the spirit world imprisonment of the System Sovereign and then Planetary Prince being rebellious Lanonandek spirits, the Celestial spirits have blocked communications between mind Mansion World spirits and humanity on Earth. The Hidden Controllers and other controlling organisations are now without spirit world guidance, since 22 March 2017. Those controllers, in the physical on Earth, are without their long term guidance.

## EDUCATORS UNIVERSITY RELIGION

Educators at all levels and throughout all systems have had withheld from them that we are to Live Feelings First. This is to change!

“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”

Marie, 1<sup>st</sup> Celestial Heaven: 11 Aug 2020



# PEOPLE OF EARTH

# WE ARE TRUTH SEEKERS



**Are we communicating?**



**Or deeper into the impersonal?**



**THIS IS HUMANITY** *stupidified!*



**Or getting the Hell out of Here!**



### Working with your BAD feelings.

Talk to someone who has your interest at heart.

To someone (or out loud to God) who listens without making you feel like you're being judged. Someone who really wants to know how bad you're feeling and won't stop you saying how bad you feel. Someone who won't try to change the way you are feeling.



Express your bad (and good) feelings with the full emotion of them, all whilst you really want to know the truth of why you are feeling them. Want to know the deeper reasons why you are feeling bad.

And keep talking, expressing; bring out all your feelings until there are no more to express. And this can happen quickly; or can take days, weeks, months, even years, working at expressing the same bad feelings, time and time again, always longing for the truth of them.



And you keep talking until the truth comes to you. Your feelings are to show you the truth of why you are feeling them. You have to want to know that truth with all your heart, to find it and see it through your feelings.

When you have a bad feeling, it is your feeling, and if you stop yourself feeling and expressing it, you are stopping yourself getting to know why you have that bad feeling – the deeper reasons why and not just the more obvious superficial ones. You are stopping yourself being a fully self-expressive person in your life and in the world.



Your true personality was prevented from being fully expressed through childhood. To become true, to be your fully expressive self, it's most important to ensure you always express ALL of your feelings, and particularly all your bad ones; all with the strong desire to know the truth of why you are feeling them.

In time the truth of yourself will come to you through your feelings.

We are to be our true personality, our authentic self!

# NEW FEELINGS WAY A WAY OF LIVING.

The New Feelings Way is working with your feelings to uncover the hidden truth of yourself. It's to find the Truth of Yourself Through Your Feelings. So the two have to be worked in conjunction with each other: Expressing ALL, and most importantly, ALL YOUR BAD FEELINGS, which we are more than likely denying, all so we bring the truth of why we are feeling them to light. This is getting to know oneself – the truth of how we are. It's living true to our feelings. Accepting, expressing and longing (wanting) to find the truth of them within oneself. It is a way of living that embraces and looks to express all our feelings and emotions so we can see what they are all about, what they are showing about ourselves; unlike how we live denying the truth of our feelings and basically not having a clue about ourselves and why we're feeling what we are.

The difference as to living as we currently do – the Old Way – which is mostly feeling-denial and believing we are expressing our feelings, is still not longing for and wanting to uncover the truth of those feelings. We live denying ourselves the truth of ourselves, because we don't want our feelings to lead into the truth and horror of how unloved we felt during our childhood, and how we still feel unloved.

The New Feelings Way, is doing the opposite of this. Stopping what we are doing, focusing on our bad feelings in particular, the ones we are most likely to deny; fully acknowledging them, bringing them up and out of us by expressing all they make us feel and all we feel having them, all as we long and want with all our heart to know the truth of why we are feeling them. Understanding that that truth is going to be very confronting, because it's going to show us the truth of all our relationships, with oneself, our parents, friends, children, loved ones, partner and God. And if there is any unlovingness in any of them, the truth is going to bring that all to light.

If we want to carry on in the Old Way, sure, being more feeling expressive will generally help our relationships, however that's not what the New Feelings Way is all about. The Old Way, which is the current way for most people, is denying the truth of ourselves by denying our feelings. The New Way, is working with and wanting our feelings to show us the truth of oneself.

Having someone to talk to who is willing to listen to us expressing all our feeling without trying to stop us, is just one part of how to express our feelings in order to help us uncover the truth of them. It does matter what we talk about, otherwise we continue in a truth denying state, the Old Way. In the New Feelings Way, it very much matters what we talk about, which is all our feelings and all how they are making us feel, all so we can find the truth of them. The New Feelings Way is ALL AND ONLY ABOUT UNCOVERING THE TRUTH IN OURSELF. And doing that through our feelings. It's all about the Truth; that is what we're setting out to do, so not to water that down. The Old way is all about not finding the truth and doing all we can to deny it. So do you see, it's not just about talking in general, it's all highly specific, and a specific and fully focused way of being, way of living, not just more of the old general stuff.

The feelings and self-expression side of The New Way is talking more generally about feelings, about how important they are, and how acknowledging and expressing them is helpful in life, adding to more fulfilling and meaningful relationships. But that's just part of our naturally expressing ourselves, with The New Way being specifically about showing up the Old Rebellious Truth-Denying Way. We're about wanting to offer people a way out of their yuk, a way out of their rebellion, a way out of their pain, a way out of their mind controlling beliefs and behaviour. And so how to do that is by using our feelings – which leads us into doing our Spiritual Healing.

yuk

# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

# Truth is Freedom

Before being conceived, we each have had nothing to do with the culture or heritage of the family and its people into which we are now born.

After we pass over into our spirit lives, we each will have little or nothing further to do with the culture or heritage of our family that we lived with on Earth.

We each are one of many voices within our communities.

We are to embrace our experiences and limitations of our family upbringing which our soul has desired for us to have. We are spirit personalities having a physical experience and this physical life here on Earth is the commencement of our incredible journey which will take us through many universes.

We are not to accept the limitations, the psychic barriers of our family, nor those of our national culture and its ethos. The people of a community, a region, a state, a nation respond to and reflect a common set of values, customs and culture, which is passed down through the generations, this is a psychic imposition or barrier that inhibits evolution, our true self expression and our growth in potential and personality.

Now, it is this time in history that, individually, we each are to free ourselves of the Rebellion and Default that has been imposed upon us by hidden controllers, both of those from within the spirit worlds and of their defacto agents here in the physical.

We now have the option to embrace and enjoy the freeing truths that our soul can and will expose to us – we are fully self-contained. We are to look within, to our feelings, and to long for, to ask for the truth that our feelings will exquisitely and amazingly reveal to each of us.

The wonders of intuitiveness and spontaneity are ours to behold, experience and enjoy – this is of our choosing. We can continue living a limiting mind-centric life or embrace living Feelings First – The New Way – with its infinite potential. The gateway is now open and the pathway is defined.

This we are to share with all of humanity as we are Freedom's voice.

MoC 904

## ONE SECOND TO MIDNIGHT

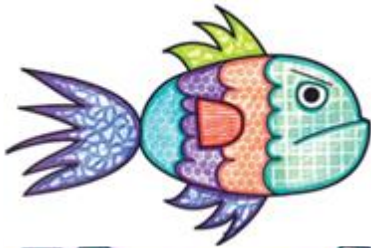




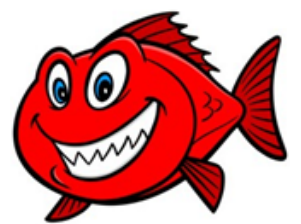
**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.**  
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**



**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**  
**Talk it out to a friend!**

*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*



*Heartfelt feelings are our truth.*

# PASCAS UNIVERSITY

## PASCAS FOUNDATION (Aust) Ltd

**We enable awareness so that people and communities may profoundly grow their lives, livelihoods and exponentially enhance their futures.**

Empowerment is by:

the New Way: Learning how to live true to ourselves by living true to our feelings;

enabling the true liberation of women through the truth of their feelings;

assisting urban as well as remote and rural communities with access to truth through all levels and forms of education;

supporting delivery of quality and accessible healthcare;

improving opportunities for and the safety of all, especially women and children;

and fostering a new era of leadership and leaders.

*It takes a village to raise a child.*

**LIVING FEELINGS FIRST and EARLY CHILDHOOD**



# PASCAS UNIVERSITY

## **The New Way:**

**Learning how to live true to ourselves by living true to our feelings.  
Longing for the truth of our feelings.**

**By living true to ourselves, true to our feelings, we are living true to God.  
It's that simple.**

## **Golden Rule:**

**Always honour another's will as one honours one's own will.  
Never interfere with another's will.**

## **Our Heavenly Mother and Father's Divine Love:**

**Pray and long for it, ask Them for it; and receive it into your soul.**

Pascas supports these four simple guidelines.

At first glance it may appear simple and obvious, however the truth is very much the opposite. For 200,000 years humanity has been induced to live through its mind. We use our minds to suppress many of our feelings, and particularly our bad feelings. We do all we can to stop ourselves from feeling bad. Our minds are addicted to control; the control of ourselves, others and our environment. Further, our minds cannot discern truth from falsehood. Our minds are addicted to untruth.

We are to express our feelings, both good and bad, at all times; and to long for the truth of them. We are parented to deny and not express many feelings, all of which become repressed within us making us ill and causing all our problems. The woes of the world are due to our Childhood Repression.

The true Liberation of Women will come as women live true to their feelings, understanding that it's vital for them to express all they feel all the time, whilst sincerely wanting to know the truth and reasons why they are feeling such feelings. With women and men supporting each other in their feeling expression and longing for the truth of their feelings, and not striving to compete and have power over the other through yet more mind control.

We are to fully acknowledge, feel and be, our feelings, then express them as fully as we can, all whilst longing for the truth they are to show us. This is our Feeling-Healing, or Soul-Healing if including the Divine Love. We are to bring to light the truth of our pain, so we can fully connect with it in our adult lives, knowing why we have it and how it's all come about through our childhood.

The Pascas Foundation is to promote these Revelations. Pascas supports this New Way of living, introducing many of these new understandings. It is helping to offer this Feeling First way of living as an alternative to our mind ways. All of which will help liberate one's personality from the constriction and control of one's controlling beliefs and behaviour. It is how to live a True Spirituality, living true to our soul through our feelings.

This is the 'New Birth' of humanity. By living the truth of our feelings we are to become who we have truly meant to be – children of our Heavenly Mother and Father.

# Your views: on the politics of a university merger

[https://indaily.com.au/opinion/reader-contributions/2023/03/31/your-views-on-the-politics-of-a-uni-merger-and-more/?utm\\_medium=email&utm\\_campaign=InDaily%20Lunchtime%20%2031%20March%202023&utm\\_content=InDaily%20Lunchtime%20%2031%20March%202023+CID\\_64c834f390c04570c5f410a6316d4094&utm\\_source=EDM&utm\\_term=READ%20MORE](https://indaily.com.au/opinion/reader-contributions/2023/03/31/your-views-on-the-politics-of-a-uni-merger-and-more/?utm_medium=email&utm_campaign=InDaily%20Lunchtime%20%2031%20March%202023&utm_content=InDaily%20Lunchtime%20%2031%20March%202023+CID_64c834f390c04570c5f410a6316d4094&utm_source=EDM&utm_term=READ%20MORE)

31 March 2023



## Commenting on the story: [‘We are going to make this happen’: Premier backs in uni merger](#)

So did I waste my time providing comments on the draft “vision statement” for the proposed new university? Apparently, the Premier has spoken. He will “make” the merger happen, in effect, regardless of what the people of South Australia may think.

Well, bugger that.

To put it mildly, I find the arguments in favour of merging two of SA’s universities unconvincing.

Long experience in both private and public sectors is that mergers usually fail to achieve their objectives. Of course “merger” is usually a euphemism; there is almost always a stronger party that takes over a weaker party in the end.

Moreover, a bigger university isn’t necessarily a better one. Adelaide University currently has approximately 24,000 students. Oxford University has a little over 26,000. Does Oxford University fail to achieve its world leading status because it is too small? Harvard University has approximately 30,000 students, with fewer than 10,000 undergraduates. Does it lack size?

I respectfully suggest the SA Government take more notice of the details of the merger activity it has initiated. So far as the draft Vision Statement is concerned, there is much emphasis on achieving “equity”. It asserts, without evidence, that “equity and excellence are wholly compatible”. It proposes that the merged university would aim for more students from low socio-economic backgrounds to learn and complete degrees than at any other higher education institution in Australia.

In other words, the proposed university is to adopt, at birth, the utterly failed and toxic “diversity, equity and inclusion” (DEI) philosophy that has caused such devastation to the reputations of the universities of the United States. This is the last thing we want. Surely our universities should strive for academic excellence. We want the best and brightest minds in South Australian universities; we should not destroy

two fine universities to pursue policies and objectives that diminish the academic strength of the student cohort, devalue degrees and prioritise social rather than economic outcomes.

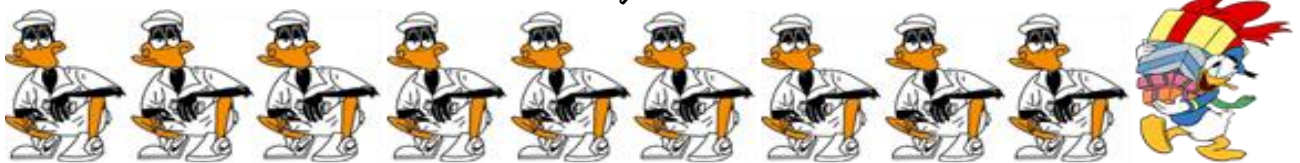
I urge both universities to resist this merger. It is an expensive diversion for them, and in my opinion, highly unlikely to succeed. I urge the SA Government to think more seriously about this issue, and stop treating it as a test of political muscle.

Respectfully, the Premier should read the draft report from the SA Productivity Commission on turning research into economic competitiveness for South Australia. The problem the SAPC has identified is not the size of SA's existing universities. It's about improving the interactions between those universities and local industry with a view to enhancing SA's competitiveness.

Rather than push a merger and DEI agenda, I suggest the government review the enabling legislation for our universities to ensure that each of them is driven to deliver the commercial outcomes the State needs, and that I assume the Premier wants. In my opinion, a merger alone won't work. Aligning the universities' enabling legislation, and relevant incentives, with desired commercial outcomes just might.  
– **Stephen Trenowden**

**Comment:** Mind-centricity imprisonment results in repeating the errors of the past being represented in different clothes. How is the educating of students enhanced by such a merger? Why repackage an ineffective, cumbersome process when the old ways are to be replaced with The New Way – the old is to be replaced with the new?

*Ten ducks in a row, but one always misleading or misled!*



Presently, leaders of institutionalised systems are imprisoned within the dictates of covert claustrophobic control and suppression of initiative and personality intuitiveness that is stifling growth and prosperity of the people they are to serve. This includes the students as well as the educators. Until leaders open themselves to the possibilities now being demonstrated then we will continue to see more of the same errors being repeated based on being ignorant of truth, and ongoing by ignoring the truth when it is presented to them freely.

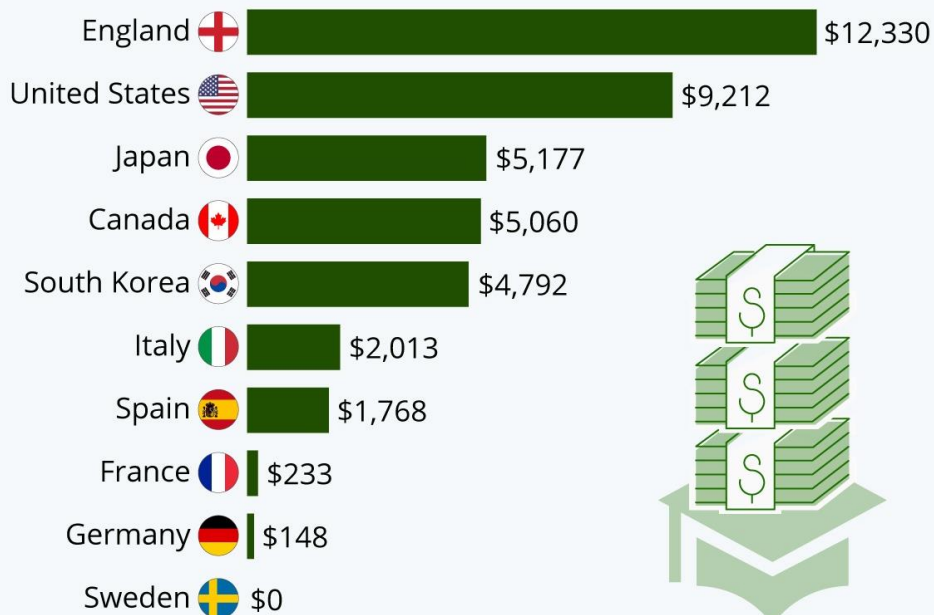


Why is there a great diversity of financial cost imposed upon those seeking truth when the growth of any community and nation is through those who seek truth and guidance to grow themselves and the people who they live amongst and are to serve?

Nothing is achieved without education.

## The World's Highest and Lowest Tuition Fees

Average annual tuition fees charged by public institutions at bachelor level (2019/20)\*



\* or latest available year. Selected countries.  
Equivalent USD converted using PPPs  
Source: OECD



**EDUCATION is the MASTER and OVERARCHING PROFESSION:**

**THIS is a time of GREAT REVELATION and CHANGE for HUMANITY:**

What is unfolding now is the biggest event in the history of humanity. For those of us who open to our feelings, the disturbances around us will be acceptable as then we see the need for change, for those who remain mind-centric, life will be difficult.

This is the most exciting time in the history of humanity.

So, may we introduce a few aspects? These documents can be shared from [www.pascashealth.com](http://www.pascashealth.com) that are in the Library Download page, scroll through the index and click to open the PDF:

PASCAS CARE LETTERS



[Pascas Care Letters Beliefs Suppress Truth.pdf](#)

As we absorb beliefs that are in error and experience emotional injuries, this disrupts our flow of light to and from our bodies. The accumulation of these manifest as physical illness. The medical industry has 'identified' over 10,000 illnesses and claim to have found cures for 500 only. As we learn to live through our feelings and begin to express our feelings, both good and bad, all the time longing to know the truth of what our feelings are drawing our attention to, we begin to heal this energy imbalance.

To put this another way. Talk it out to a companion. A friend who listens is helping you heal a little. Express it all.



[Pascas Care Letters Etheric Spirit Body.pdf](#)

We are not just our physical body. In fact our physical body is the least of our existence.

You may also be surprised that we can now interact with anything that has life!

Our childhood suppression commences from the moment of conception which is about 16 days prior to our incarnation. This continues through to the age of 6 years. It is our parents imposition of their own injuries and erroneous beliefs that we need to express – talk it out to a friend – and this is the Great U-Turn that each of us will undertake, eventually.

MEDICAL – SPIRITUAL REFERENCES










[Rejected Ones via James Moncrief.pdf](#)

We are each one of the rejected ones.

The lady who conveyed these writings has only ever written through one person, there are now about ten books, but this one focuses upon our focus here for communities. She will love your embrace – and you will love who it is.



## MEDICAL – EMOTIONS

-  [Pascas Care Living Feelings First - Adults.pdf](#)
-  [Pascas Care Living Feelings First - Children - Annexures.pdf](#)
-  [Pascas Care Living Feelings First - Children - Discussions.pdf](#)
-  [Pascas Care Living Feelings First - Children - Graphics.pdf](#)
-  [Pascas Care Living Feelings First - Children.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)
-  [Pascas Care Living Feelings First - Reference Centre.pdf](#)

This set is used within schools. Parents are asked to participate. The platform is founded on what has been introduced to a number of schools within South Africa as well as other countries. It is now stepped up to encapsulate what we now further understand. This is an awareness program for children as they are to learn to appreciate their feelings. Adults can go on and engage in their personal Feeling Healing.

This Library is rather extensive. As questions may arise, then we can explore them also.

## MEDICAL

-  [Pascas Care Kinesiology Testing.pdf](#)

Through kinesiology muscle testing, you and I can test anything to determine if it is in truth or not. Also, by using the Map of Consciousness table developed by Dr David R Hawkins, then we can determine the level of truth of anything. Yes, even all the above documents, then even page by page, or even each paragraph.

And now that you may have considered the above, kindly return to PASCAS CARE LETTERS:

-  [Pascas Care Letters Glass Ceiling Barrier Removal.pdf](#)

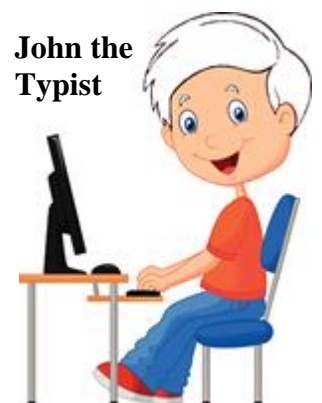
Without embracing Living Feelings First and then engaging in our personal Feeling Healing, we remain restrained within the 1<sup>st</sup> spirit Mansion World condition indefinitely. This situation was imposed upon us all by rebellious high level spirits from within our Local Universe of Neadon, 200,000 years ago!

This statement from above: "What is unfolding now is the biggest event in the history of humanity" calibrates at 1,000 on the Map of Consciousness!

Kindly share as you please.

cheers for now

*John Doel*



# **PASCAS FOUNDATION (AUST) Ltd**



**The New Way:  
Learning how to live true to ourselves by living true to our feelings.  
Longing for the truth of our feelings.**

**By living true to ourselves, true to our feelings, we are living true to God.  
It's that simple.**

**Golden Rule:  
Always honour another's will as one honours one's own will.  
Never interfere with another's will.**

**Our Heavenly Mother and Father's Divine Love:  
Pray and long for it, ask Them for it; and receive it into your soul.**

Pascas supports these four simple guidelines.

At first glance it may appear simple and obvious, however the truth is very much the opposite. For 200,000 years humanity has been induced to live through its mind. We use our minds to suppress many of our feelings, and particularly our bad feelings. We do all we can to stop ourselves from feeling bad. Our minds are addicted to control; the control of ourselves, others and our environment. Further, our minds cannot discern truth from falsehood. Our minds are addicted to untruth.

We are to express our feelings, both good and bad, at all times; and to long for the truth of them. We are parented to deny and not express many feelings, all of which become repressed within us making us ill and causing all our problems. The woes of the world are due to our Childhood Repression.

The true Liberation of Women will come as women live true to their feelings, understanding that it's vital for them to express all they feel all the time, whilst sincerely wanting to know the truth and reasons why they are feeling such feelings. With women and men supporting each other in their feeling expression and longing for the truth of their feelings, and not striving to compete and have power over the other through yet more mind control.

We are to fully acknowledge, feel and be, our feelings, then express them as fully as we can, all whilst longing for the truth they are to show us. This is our Feeling-Healing, or Soul-Healing if including the Divine Love. We are to bring to light the truth of our pain, so we can fully connect with it in our adult lives, knowing why we have it and how it's all come about through our childhood.

The Pascas Foundation is to promote these Revelations. Pascas supports this New Way of living, introducing many of these new understandings. It is helping to offer this Feeling First way of living as an alternative to our mind ways. All of which will help liberate one's personality from the constriction and control of one's controlling beliefs and behaviour. It is how to live a True Spirituality, living true to our soul through our feelings.






This is the 'New Birth' of humanity. By living the truth of our feelings we are to become who we have truly meant to be – children of our Heavenly Mother and Father.

<http://www.pascashealth.com/index.php/library.html>

## Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:

-  [Pascas Care Letters Beliefs Suppress Truth.pdf](#)
-  [Pascas Care Letters Breeding Monsters.pdf](#)
-  [Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)
-  [Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)
-  [Pascas Care Letters Solutions thru Revelations.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation



**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

|                                            |           |                 |
|--------------------------------------------|-----------|-----------------|
| Sam's Book – Parenting and Feeling Healing | Book I    | Experience      |
| Sam's Book – Parenting and Feeling Healing | Book II   | Conception      |
| Sam's Book – Parenting and Feeling Healing | Book III  | Magic           |
| Sam's Book – Parenting and Feeling Healing | Book IV   | Nothingness     |
| Sam's Book – Parenting and Feeling Healing | Book V    | Setting Free    |
| Sam's Book – Parenting and Feeling Healing | Book VI   | Pain and Rage   |
| Sam's Book – Parenting and Feeling Healing | Book VII  | Vision          |
| Sam's Book – Parenting and Feeling Healing | Book VIII | Childhood       |
| Sam's Book – Parenting and Feeling Healing | Book IX   | Self-Acceptance |

Pascas Care – Parenting Awareness  
 Pascas Care – Parenting Eureka Moment  
 Pascas Care – Parenting Feelings Supreme Guides  
 Pascas Care – Parenting Health Generation  
 Pascas Care – Parenting into the Abyss  
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

|                                                                                      |                                                                                                                                                                     |                                                                    |                            |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|----------------------------|
| <b>Primary recommended reading:</b>                                                  | <b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>                                                                    |                                                                    |                            |
| <b>The Rejected Ones</b>                                                             | <b>2002 – 2003</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Messages from Mary &amp; Jesus</b>                                                | <b>2003</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Soul Light from Zelmar Melchizedek</b>                                            | <b>2003</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Paul – City of Light</b>                                                          | <b>2005</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Feeling Healing</b>                                                               | <b>2017</b>                                                                                                                                                         |                                                                    | <b>– James Moncrief</b>    |
| <b>Religion of Feelings</b>                                                          | <b>2017</b>                                                                                                                                                         |                                                                    | <b>– James Moncrief</b>    |
| <b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>                    | <b>2007 – 2010</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b> | <b>2013 – 2014</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>    |
| <b>Road map of Universe and history of Universe: The Urantia Book</b>                | <b>1925 – 1935</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>as primary reading</b>  |
| <b>Divine Love supporting reading:</b>                                               |                                                                                                                                                                     |                                                                    |                            |
| <b>Revelations</b>                                                                   | <b>1954 – 1963</b>                                                                                                                                                  |                                                                    | <b>– Dr Daniel Samuels</b> |
| <b>Judas of Kerioth</b>                                                              | <b>2001 – 2003</b>                                                                                                                                                  |                                                                    | <b>– Geoff Cutler</b>      |
| <b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>   | <b>1914 – 1923</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– Joseph Babinsky</b>   |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                         |                                                                                                                                                                     | <b>xxx</b>                                                         | <b>– Geoff Cutler</b>      |
| <b>Available generally from:</b>                                                     |                                                                                                                                                                     |                                                                    |                            |
| <a href="http://www.lulu.com">www.lulu.com</a>                                       | <a href="http://www.amazon.com">www.amazon.com</a>                                                                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a> |                            |
| <b>For Divine Love focused websites and forums:</b>                                  |                                                                                                                                                                     |                                                                    |                            |
| <b>Pascas Health:</b>                                                                | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>                                                 |                                                                    |                            |
| <b>Spiritual Development:</b>                                                        | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                                                                     |                                                                    |                            |
| <b>Padgett Books:</b>                                                                | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                                                                       |                                                                    |                            |
|                                                                                      | <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                    |                            |

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

| <b>James Moncrief Books:</b>                                        | MoC   |                                  |              |
|---------------------------------------------------------------------|-------|----------------------------------|--------------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003              | 228          |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003                   | 189          |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003                   | 170          |
| Soul Light from Zelmar, a Melchizedek, books 1 and 2                | 1,480 | May – Sep 2003                   | 480          |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                         | 164          |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                                  |              |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                         | 177          |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                                  |              |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013                   | 206          |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013                   | 229          |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014                   | 187          |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014                   | 191          |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014              | 84           |
|                                                                     |       | <b>This group being pages of</b> | <b>2,305</b> |

|                                                                  |                        |      |     |
|------------------------------------------------------------------|------------------------|------|-----|
| Paul – City of Light                                             | 1,488.5                | 2005 | 149 |
| Ann and Terry                                                    |                        | 2013 | 235 |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006 | 179 |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006 | 159 |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006 | 168 |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009 | 175 |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010 | 151 |
| Introduction course to Divine Love Spirituality                  |                        | 2006 | 139 |
| Speaking with the Dead, Death and Dying                          |                        | 2009 | 173 |
| Spirits and their Childhood Repression Healing                   |                        | 2010 | 179 |
| With Verna – a nature spirit                                     |                        | 2008 | 279 |
| Communication with spirits – meet a spirit friend                |                        | 2010 | 37  |
| Introduction to Divine Love Spirituality website                 |                        |      | 362 |
| Sage – and the Healing Angels of Light                           |                        | 2017 | 260 |
| Divine Love Spirituality                                         | 1,500                  | 2017 | 201 |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017 | 153 |
| Religion of Feelings                                             | 1,500                  | 2017 | 47  |

**This group being pages of 3,046**

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:**

**The True Gospel Revealed Anew by Jesus volumes 1 – 4**

**Book of Truths by Joseph Babinsky**

**The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**[PASCAS – document schedule.pdf](#)      downloadable index to all 600+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;  
DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

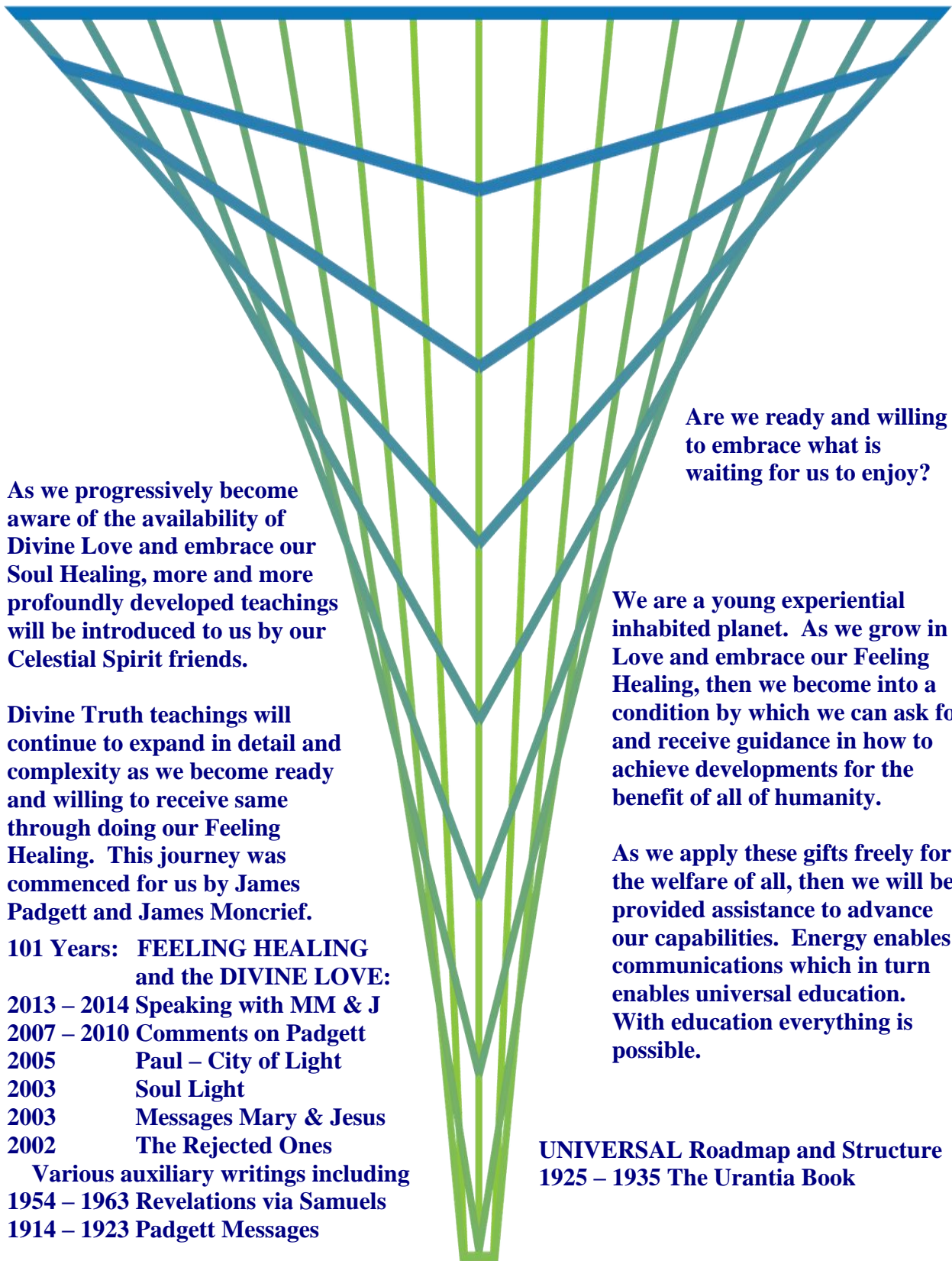
**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebelling  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**



**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**Before the revelation of  
Feeling Healing, and with  
Divine Love, Soul Healing, we have  
been withheld in mediocrity!**

**It is now possible to smash  
through the Glass Ceiling to infinite  
growth in Truth and Love!**



# Healed potential



## Insightful Genius

*Brilliance!*

## DYNAMIC

## vibrant



# "THE" profession is: TEACHING



to:

*Learn through play*  
*Independently explore subject*  
*Research with fellow students*  
*Explore topics you enjoy*  
*Engage in what you are passionate about*  
*Ask — and keep asking*  
*Question every aspect*  
*Commonsense is not common*  
*Assumptions are mostly in error*  
*Embrace what you may be feeling*  
*We have been retarded and restrained*  
*We are to be our true self*  
*We are to express all our feelings*  
*We are self contained — all is within*  
*By doing is how we learn*  
*Tutoring others is a great self teacher*  
*Our capabilities are infinite*



while you



# WE EACH NOW CAN CLIMB TO INCOMPREHENSIBLE LEVELS OF CONSCIOUSNESS

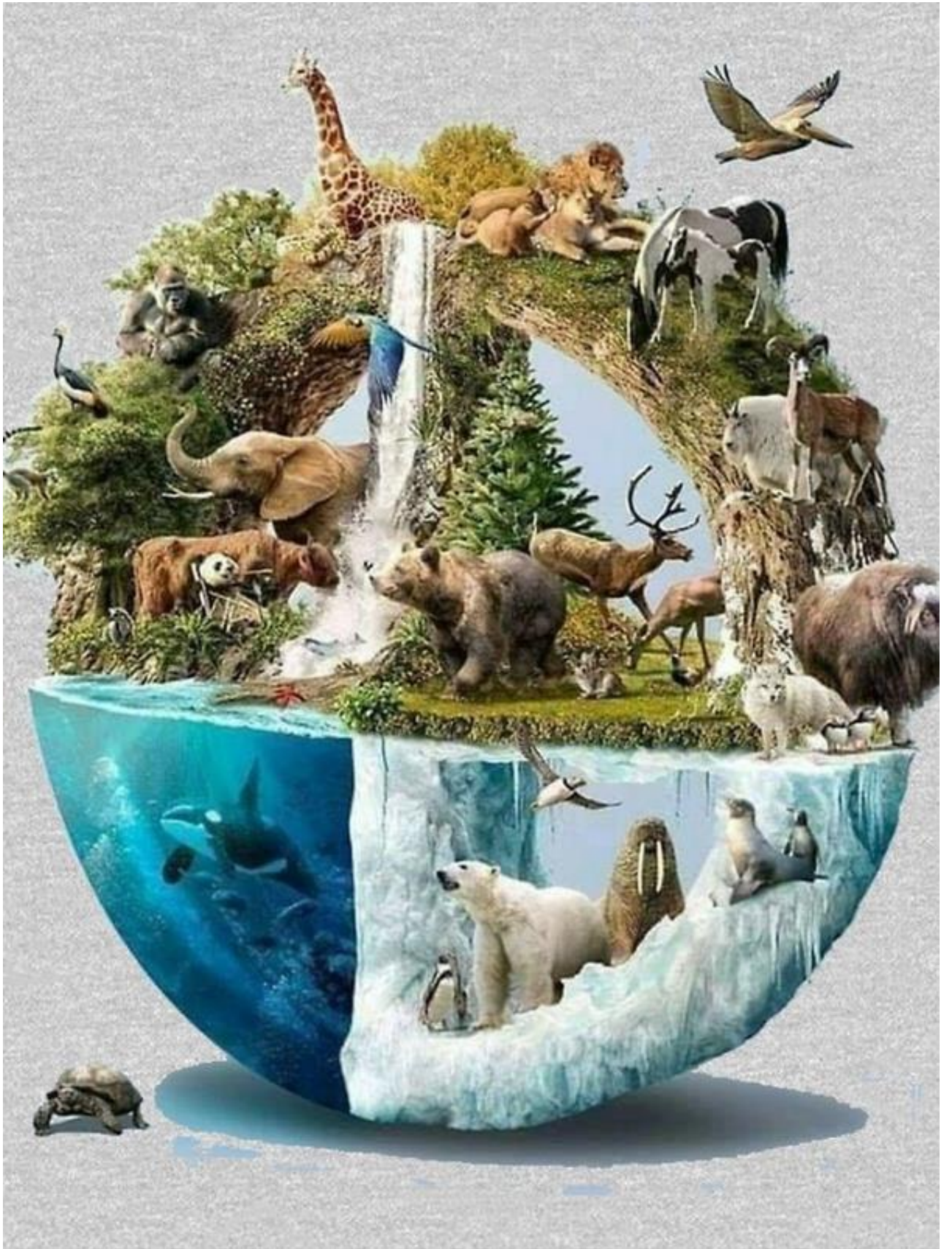




Artwork by Joel Rea, of Tallebudgera, Gold Coast, Australia

**ALL  
SYSTEMS  
ARE GO!**







PASCAS is A  
LIGHT OF TRUTH

perceived truth MoC 920 – relative truth potential MoC 1,480