

PASCAS CARE Harmony



"The Doctor" by Tom Stubblefield

"Peace And Spirit Creating Alternative Solutions"

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Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



HARMONY:

Harmony throughout all of our bodies brings about a desired and desirable quality of life which is reflected in our physical health and all aspects of living.

It is the disharmony of negative emotions held within our soul and spirit body that causes disturbances to our equilibrium and brings about the emergence of discomforts within our physical body. This process can take decades to emerge within our physical body. If the disharmony continues then this pain may progress to illnesses of varying degrees of severity. It is the recognition of the cause that enables one to address the emotional disturbance and release blocked balls of stagnant energy, being the emotional injury, from the bodies. Such release of emotional injuries removes the cause of the discomfort or illness permanently.

Our soul is of a substance that is known as natural love. This very fine substance still remains undetectable to our scientists. Our soul is our real self. Our soul has its lodging within our spirit body in close proximity to the spirit mind. Our spirit mind is in the same location as our physical brain. Our spirit body holds the template for our physical body. Our spirit body is often recognised as the aura around our physical body. The template for the physical body also contains the meridians of energy flows that run from our toes to the end of our fingers and the top of our head. Each major meridian is associated with a specific organ of the body.

An emotional injury is an energy disturbance that remains within our bodies. This disharmony is a ball of slowly vibrating energy that frustrates the flow of high frequency energy along the meridians that this lodgement is positioned in. The starvation of the flow of life force energy slowly results in adverse affects on physical cells that are depending upon the energy flow. These balls of stagnant energy can easily be removed and allow us then access to the emotional injury within our Being, which then disperses.

To bring about an every escalating level of harmony within our being is to grow the level and quality of our natural love. By asking for and receiving Divine Love we are advancing the quality of our natural love. We are born with natural love. However, to receive Divine Love we need to simply ask for it.

As we grow in natural love and Divine Love we find it easier to resolve emotional injuries and steadily and progressively release them. The greatest gift we can give ourselves is the gift of asking for this Love.

While we remain unaware of the Divine Love and hence maintain our emotional injuries/dis-ease we remain with a health system and a social environment that is unable to lift our quality of life, not only in health, but also in the full meaning of living.

Relationships formed through the minds of couples who are unhealed are temporary!

We should incarnate as One soul – expressing Two personalities – soulmates, a woman and man – the perfect union for all eternity.

We incarnate into Rebellion by Default against this.

We live in denial of the truth of ourselves – the truth of our soul.

We look for our soulmate, however it's the 'other half' of our fantasy mind. It's all an illusion, false – the imperfect union. It can't possibly ever be perfect, it's doomed for destruction. No false and untrue union is eternal.

We project this mind-fantasy soulmate onto our partner. We mistakenly believe they are our soulmate, our true other half, yet they are at best only the other half of our mind-contrived soulmate belief. These relationships never last. They are a moment, a glance of hope, a one night stand, a relationship short or long term, marriage with children, lasting until we die and possibly carrying on in the mind worlds in spirit, but doomed to extinction. If your marriage is 'successful', it's just that you manage to fit your false mind fantasy that you are soulmates, well enough to last a little while longer than most who are 'unsuccessful'.

We are to heal our untruth, fantasy, mind-generated false soulmate. By bringing it out so we can understand how and why we're created it and what we expect, long for, hope, it will give us – all the love our parents didn't give us. We want our fantasy mind-created false soulmate to fill all the holes in us, to unconditionally love us, to never reprimand, criticise, judge, curse, hate, disrespect and make us feel bad – only to love us and make us always feel good – to take all our pain away.

The ultimate mind panacea.

We are to heal the need for creating such a wrong thing.

We are to live true to all our pain and feelings of powerlessness and utter devastation of not having anyone who loves us and we can love, because we weren't loved and aren't loving. And once we



understand it all, we are then to come to terms with the fact that all our relationships are false and will end.

And that one day, when we are ready to let go of our falseness, we will change into becoming the opposite – truly loving and truly loved, with no more holes that need to be filled in. So our mind can stop being our chosen soulmate and saviour, it can stop being our substitute Mother and Father, and we can live true to our feelings, enjoying our true soulmate, the one God has provided for us.

As we give it up becoming of a Celestial truth, we meet our true soulmate, she/he having healed her/his untrue mind-fantasy soulmate, thereby becoming true soulmates, free to live happily and lovingly forevermore – a truly successful relationship and eternal union.



SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First

PARENTING:

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness.

And the idea that we can learn how to parent, learn how be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is ‘organically’ imparted ‘absorbed’ by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God’s child. By the time we’re all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even through they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being ‘broken’ and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can’t be anything other than how you are – it is ‘your’ child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one’s life, and all that’s happening on unseen levels from spirit, all what’s going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

You soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is ‘unfolding’ through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you’ve fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it’s not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just ‘normal’ and ‘ordinary’, that’s exactly what God wants, it’s how God made its soul to express itself, so it’s perfect. You are the child of God that you are, even in all your wrongness. And even though you might hate how you are, you don’t have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you’ll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your

Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent/child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings loves gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you not have a child and do your Healing. If you don't have children on Earth then you can adopt children in Spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth in her book says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds' worth of truth. Which means your child, as do you, has seven whole worlds' of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

DIVINE LOVE HARMONY:

Immortal harmony:

Transformation of the soul is a beautiful harmonious gradual awakening.



In a gradual way with the Divine Love and Feeling Healing, as changes in the soul and spirit body occur, these changes will result in the personality slowly accepting the source of these changes as being the Soul God and with the independent will, one can have complete acceptance of our Heavenly Parents, Mother and Father, God.

People have loved God and felt loved by God and they have in deed received the Divine Love without ever knowing the truthful identity of this Love insofar as the truths relating with its causality in the human soul and affect upon the spirit-mind.

Part of the nature of the Divine Love in our souls is that it activates our spirit body systems and soul so that the nature of God is seen and experienced in the living and this places us in touch with the many Spirit attributes that extend from God and have their existence in God, such as our Indwelling Spirit. God no longer remains inactive to us; inert, inanimate, or an unknown but rather a Soul of living energy whose energy in the harmonies of Love and Spirit, is personified as love that we experience. If I can convey the essence about the nature of Divine Love it is that in its energy, exists the harmony and potential so that one can see the potential that this Love brings to bridge the gap of separation between the individual and God by the harmonies of soulfully living.

The Divine Love completes the form of the human being.

In essence, one need only direct their soul and the heart of their soul to our Heavenly Parents, the Soul being God, and in this faith one can experience the Love by humbly asking for this Love. This is all that is needed and the touchstone upon the Love's approachable nature.

The Love is never harmful or given by God that results in a caused effect of disharmony in the individual. The diversity of human individuality is a great characteristic of human nature and as with experience, one needs experience to ascertain a truth about a certain thing. Experiencing the Love provides a substantiated knowing from which a more objective reasoning follows and a maturity happens.



The Richard Messages

69 Awareness further

via James Reid

6 May 2014

Functioning at higher levels doesn't require greater efforts as long as one is aware that harmony is the key to all living. Whenever you feel as though you are overburdened or needing effort that exceeds what you consider is your ability then you are out of harmony with the overall situation and your own part in particular. There is never a time when you are expected to do anything let alone to exceed your ability. However it is almost invariable that humans underestimate their ability and feel inadequate and weak. Learning to be at peace with oneself is an acquired skill that is very desirable and is well worth the time and effort to acquire. This skill is actually a basic aspect of awareness. Being able to be peaceful provides a much clearer state within which one is much more keenly aware of the sensory input and its true implications. This means the capacity to go astray or run amok is minimised. It is important to see this state as quite different from a state of detachment as it is anything but that. No person can ever be truly detached from the process of living other than by sensory repression which is simply an illusion. To be fully aware and yet able to remain focussed on the essence of a situation and not the derived imaginings is very desirable even if frequently misunderstood. There is an unfortunate human expectation that each and every one fling themselves into some consensual reality that is maximally disturbing and consider it to be reality. This is an evolutionary state. All evolutionary states have very blurred edges with a large range of behaviours and appearances exist as variants of normal with the preponderance being accepted as the norm often to the detriment of the remainder.

In your process of evolutionary education it is important to remember that what you are now learning is being introduced into a well-established social and cultural situation in which you are well versed. Many elements of this are so deeply set in your consciousness as to be considered basic and yet will change as you evolve in the short term. Here I speak of the short term aspects of evolution which are like narrower but no less important elements within a wider and more extensive. These narrower aspects are the processes of daily living in interaction with others. They are deeply installed culturally and by association and are eminently changeable even if this is not easy. It is in the changing of these that so many paradoxes become apparent. The paradox is the product of the disharmony between the accepted perception of events and the reality. Often it seems as though what one needs to do is exactly the opposite of what one has learned to do. In actuality the difference is rarely that of diametric opposition. Often the degree of change needed is quite slight but appears to be much greater. This is a good reason to move towards the paradox instead of retreating. Paradoxes are not to be understood but to be passed and moved beyond. There is little point in understanding the falsity as this will not aid clarity.

Take a break now and resume later.

I am your Celestial Brother and Friend, Antonio

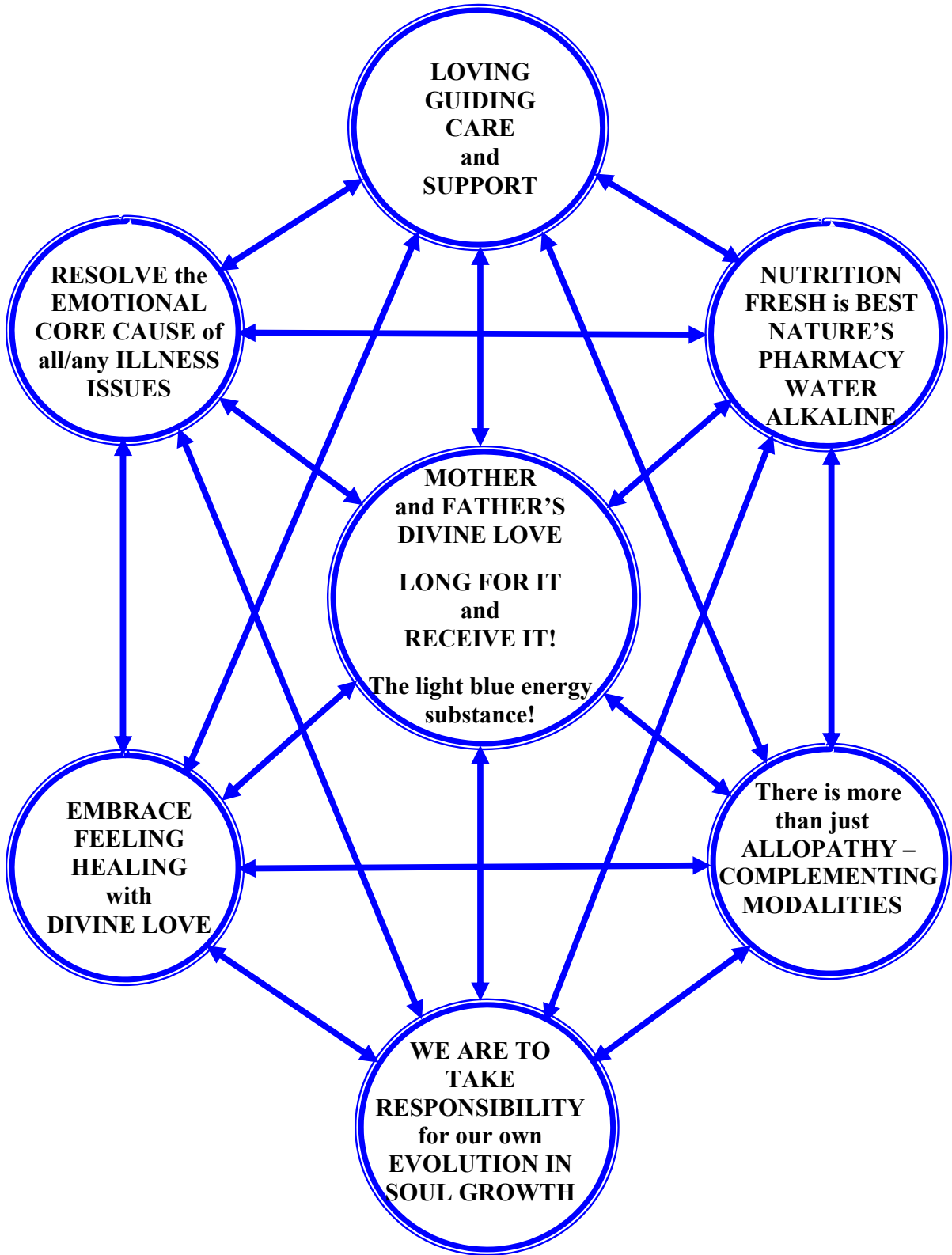


“Mother and Father, open my soul to this Gift, Your Love. Open my soul and may Your Holy Spirit touch my soul and pour within it your essence, your Love that I may be transformed, that I might be your true child, embraced and carried, lit along my life’s path in the glory of your Light and care and protection.”

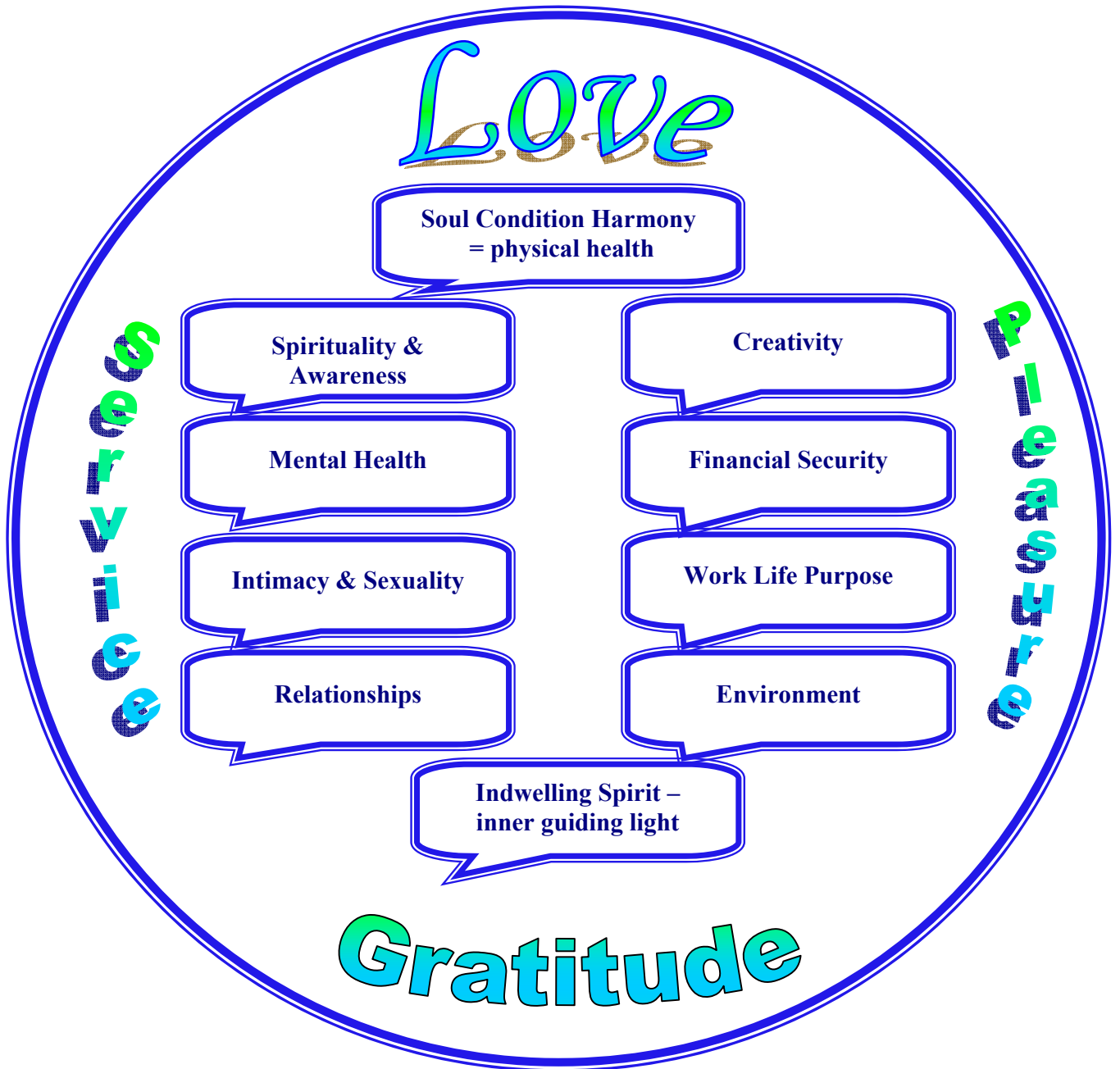
Jesus 11 May 2016

HEALTH and HEALING

EVERYTHING is INTERCONNECTED!



Everything is Inter-connected



Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**

NOTES FROM MY DIARY

By Joseph Babinsky
Prescott, Arizona USA

Friday August 30, 2013

The Experience of Doubt

The 30 Day Experiment of faith and prayer for the Divine Love did not end as I had hoped or intended. A surprise arrived, and not the sort of surprise I welcomed, at least not when it first came. I have been through long days of hell, to put it nicely. Sickness arrived and this was not only sickness of the flesh but also of the spirit. I had assumed that I was somehow above and beyond this sort of experience, but I was wrong – completely wrong.

Ten days ago I wrote in my personal diary:

“Yesterday is gone; today is a new day. I feel that something has changed. I feel that I am in new waters today. Yesterday I was like a person alone in a sailboat, and that I was stuck in doldrums. I felt listless, stagnate, mildly depressed. I realized that a condition like this could last for days or weeks. Nothing about my life felt right, in fact, to tell the truth, I felt like quitting and giving up on all that I have done and accomplished the past several years. I did not act on any thought or feelings while in this place. Yet I did not know for certain that it would end or if it would even pass, but I had determination to wait and see what would come next.”

The next day I wrote in my diary again, and said:

“Today my prayers are feeble. Words are hardly audible; I seem to breathe them rather than say them. I ask: Is this simply weakness of the flesh, or is it something deeper? Am I entering a place of doubt and unbelief again? I thought these experiences were a thing of the past, a lifetime away. I read quietly in the writings of James Padgett (1914 – 1923) looking for a clue why I am experiencing what I am presently experiencing. I clearly see that James often went through similar experiences and this confused me because it is said that he had the highest Celestial spirits available to him. What are we to do? What am I to do? James had a special calling upon his life such that Jesus and other very high Celestial spirits were his helpers and friends. I am feeling alone; terribly alone.”

I made no further attempt to write in my diary until today.

What is the remedy? What was the remedy suggested to James Padgett? Someone wrote to me and gave the advice that I should make an appointment and visit a doctor. Such advice is alright for someone not on a rigorous spiritual journey. The remedy given to James Padgett never deviated and it is so simple that it applies to each and every individual, no matter the condition or the symptoms. It is the way of faith and prayer.

In the year 1919, nearly 5 years after beginning to receive the Divine Love, James Padgett experienced a degree of doubt that caused Jesus concern, for he came and wrote this to James:

“I see that you have been somewhat in doubt as to the reality of the truths of the messages that you have received, and as to the power of the Divine Love to make you a child of God, in the sense Divine. You must not let such doubts enter your soul for one moment, for they are the breeders of other things that are most harmful and tend to alienate you from the Father. As you are aware, God's Love is all around you, and may be in you, and if permitted to flow into your soul, with faith accompanying it, you will find yourself growing in at-onement with the Father, and realize that fact. “So my brother get rid of your doubts and come to God in the faith that is childlike and dependent. He will not disappoint you. I will be with you, and try to help you in your desires.”

“Pray more to the Father, and believe that His Love is yours; only for the longing and seeking. I will not write more tonight. Rest assured that my love is with you in all its fullness; and believe that you have a work to do. Good night.”

[Source: A Message from Jesus dated April 8th, 1919]

Doubt in any degree and in whatever form is harmful to the development of the soul with Divine Love. It is true that we never lose the Divine Love already within our soul, but **with the presence of doubt our condition may deteriorate** so that the Divine Love is covered over and we may feel that we have no Divine Love whatsoever.

Doubts are breeders of other things that tend to alienate us from the Father. The way out of the condition that I have been experiencing the past several weeks is the same given to James Padgett and the same for each child of God: *“Be aware that God's Love is all around you, and may be in you, and if permitted to flow into your soul, with faith accompanying it, you will find yourself growing in at-onement with the Father, and realize that fact.”*

For me the 30 Day Experiment continues. I will try again and again and I will never cease trying. I am determined to pray more to the Father, and believe that His Love is mine; only for the longing and seeking.

Tuesday September 10, 2013

Visit to a Healing Centre in the Spirit World

My friend Kathryn wrote and provided this information:

“We are having a prayer circle this evening in West Vancouver, BC, Canada, and we will be sure to collectively pray for you together. Present will be Al, Jeanne, myself, my Mom Lorna, Terry, Helge, Elizabeth and other Divine Love souls. ”

I responded to Kathryn and wrote:

“Approximately what time will your group be in prayer? If I knew I will plan to be in my recliner, visualizing myself in a healing session with you . . . visualizing that I am present in a "Healing Centre." I will ask for Divine angels to place their hands upon my body, and I will do what I can to be relaxed

and ready to allow a healing to take place. ”

The time for prayer was announced for 8:00 PM. I began preparing for this prayer 30 minutes early. I wanted to do what I could to prepare myself. But something unexpected happened to almost derail my preparations. One of the four symptoms I have is a persistent cough that at times erupts in violent and uncontrollable intense coughing. Such a spell started last evening at 5:30 and continued without ceasing up and into the preparation time I set aside for prayer circle. I wanted so much to be relaxed and quiet and I was far away from this. I called on Divine angel friends to come help me. I cried out loud for help. It was 15 minutes to 8 and I was still coughing violently. I shouted, “Joseph, be at peace!!” Almost instantaneously I began to settle down and the coughing began to lessen until soon it was gone.

I visualized myself to be present in a healing centre in the spirit world. I was wheeled into a beautiful amphitheatre, and was greeted with hugs by waiting people. I could not see faces clearly, but among those welcoming me I felt the presence of Helge and Jeanne, and Kathryn and her mother, Terry and Elizabeth, and Al and Rev Tim and Geoff and others. Everyone was wearing a robe, each of different colours.

I smiled and gave a blessing to each one that I saw. And then a group of bright spirits began entering the place. I laughed like a child as I began to recognize some that were present, people like Apostle John and Matthew, Martin Luther and John Wesley, and then there was Jesus, who gave me the biggest smile. All became very quiet as other bright spirits entered. I did not recognize them but knew that they were the healers to do the work tonight. The feeling of complete peace and love and acceptance came upon me and the silence that came was holy.

The next thing that happened was that I awoke rather abruptly. At first I did not recognize where I was or where I had been. It took a while to remember that I was in my home laying on a recliner. I looked at the time and saw that I was “away” for nearly 30 minutes. I felt peaceful and at rest, and very tired. I got up and went to my bedroom and was asleep within a few minutes.

I have never had such an experience, and I have faith that in days to come I will see the physical results of what took place last night. Interestingly, I have an appointment with the doctor tomorrow to discuss the results of my blood work.

Monday September 23, 2013

Seeking the Cause of Sickness – Part 1

I have never been through the sort of experience I have been going through for the past month or so. On the other hand, in one sense I have been through things much worse. For example, back in the early 1980s I was involved in a horrible automobile accident that took the life of my wife and nearly killed me. I was in recovery for months. But this present experience is different in that I am wrestling and searching for an understanding of the underlying cause of a long bout of sickness. I did a good amount of soul-searching back in the eighties about the auto accident, but the soul-searching I am doing today is a different kind and on a completely new level.

You may find this subject a bit uncomfortable. I pray this is not true. I want to talk about sickness and disease and why it exists and why we experience it, and how we can overcome it when it visits us. I will try to write from the point of view of experience, rather than the intellect (though I cannot escape the intellect completely). If my experience will help even one individual I will feel that what I have written is a success. My prayer is that you live and enjoy life in complete health and well-being!

I begin with a positive statement: I firmly believe in the possibility of living in complete and total health while I am on Earth in this specific physical body. I believe that when I lay this body down and transition to the Spirit world that the medical examiner may scratch his or her head and find no probable cause of death other than the fact that I merely stopped breathing.

Nonetheless, despite a lofty ideal self-image the hard fact is that presently I am sick and puny; a complete contrast to what I believe about myself. And thus far medical science has not given a cause of my sickness (provided a diagnosis). Perhaps they cannot. Maybe the whole cause of my sickness resides not in the physical but within my soul condition. Science cannot or will not go there. This is where I am; I am searching as never before within my soul for the answer. Doctors and medicine and drugs cannot help me here.

In a private email my friend Joan W wrote to me and suggested:

“Did you get a diagnosis for your illness? Here's a tip . . . when you pray, ask God to lift up your soul and ‘remove the cause’ of the problem. ”

I like what Joan wrote and completely agree with her statement except for one thing; I would add that I want to know the cause of my sickness. I believe that there is a “reason” why the sickness arrived at my doorstep and came into my house – my house being the whole package, namely, body, soul and spirit. Something within me allowed sickness to gain entrance.

Often I read the blog of Jeanne Haines [2012: What’s the ‘real truth?]. She posted a video by Greg Braden where Greg presents the case for healing the body with the use of the power of the Language of Emotion. Jeanne wrote a preface to Greg’s video, where she said in part:

“Let me say, Western medicine can’t ‘hear’ this! They do not understand this kind of thinking! In my own healing process, I cured myself of fibromyalgia and chronic fatigue syndrome – both of them ‘energy’ diseases which are the result of our unconscious abuse of our energy body. I observed what was going on and was able to stop that process in a very simple way, and when I tried to tell them at University of North Carolina, Chapel Hill, in a department that had to do with spirituality and medicine, I gave up: They told me they’d already developed their own double blind studies – all totally unnecessary, but they simply couldn’t ‘hear’ me, because I think they are totally enthralled to the concepts of Western medicine.

“Understand the emotional issues and attitudes which cause sickness and disease to begin with. This is to my way of thinking very responsible healing. Everything in us – spirit, mind, body — is all interconnected! Do we want people running around in healthy bodies who have not healed their souls? Disease is a result of blocked energy, trauma that we are holding energetically in our bodies, and it manifests differently in different people. Western medicine sees everything in isolation, though, and they

simply cannot hear what I tried to share at UNC. I know I'm making a very strong statement here, but it is my opinion that as we move forward and begin to better understand the causes of disease, healing disease without also removing its basic cause is spiritually irresponsible. I see it as tantamount to playing God. "

When I read Jeanne's words: *Disease is a result of blocked energy, trauma that we are holding energetically in our bodies ...* I became more convinced that I was on the right track searching as I am to understand the cause of the sickness I am experiencing.

To be continued

Thursday September 26, 2013

My experience of an unexpected blessing

Last evening I was sitting alone in a restaurant. I had completed my meal and was waiting for the waitress to bring the bill so that I could pay the bill and return to my motel for a much needed and anticipated rest. It was a long day and I was very tired.

The waitress finally arrived to clear my table of empty plates. She had the biggest smile and looked exceptionally happy when she announced that I could leave. She said, "Everything has been taken care of, sir; your bill has already been paid!" I did not understand and probably looked puzzled as I said, "I do not understand; what do you mean?" Trying to explain and still beaming she replied, "The older couple that was sitting across from you paid your bill!" I still did not grasp what she was saying. After some thought I recalled an older couple that was sitting at a table; but they had left the restaurant soon after I arrived. I do not recall making eye contact with either one of them. And yet they chose to pay my bill before they left.

Sometimes it is difficult to see and appreciate blessings when they come to you. After I thought about what the waitress told me, I continued to sit at my table with the news she shared with me before I finally left the restaurant. I left a tip for the waitress and slowly walked back to my motel room, deep in thought about what I had experienced in the restaurant.

"No blessing is ever insignificant," I finally said to no one, that is, to no one physically present, but whispered to my Heavenly Father. "Thank you, Father. I love you. I ask that You bless my benefactor; and may I learn the lesson to be a blessing to others, especially strangers. "

Saturday September 28, 2013

Seeking the Cause of Sickness – Part 2

Yesterday I returned home after being gone for nearly three days. A note from my wife was sitting on the dining table that I was to call the doctor. When I called I discovered that the results of the chest x-ray that I had done on Tuesday showed that I had pneumonia in my right lung. After months of sickness we finally have a diagnosis, at least a partial one. There may be other things too, but the information

about pneumonia is enough for now. And because I am feeling better the doctor is not recommending special medications at this time, for which I am grateful. She knows that I do not like to take drugs of any sort; thankfully she agrees with my beliefs about this.

Why was I not surprised (or depressed) that pneumonia was discovered in my lung? What I am about to suggest could be a fanciful stretch of the imagination, or it could simply be a physical way of speaking about a condition in my soul. The word pneumonia contains the word “pneu” which refers to air or breath. Without air or the action of breathing we have no life; we would not exist in these physical bodies. Any obstruction to the act of breathing if serious enough can lead to the death of our body.

What is the signal that I am receiving in this situation with pneumonia? I am receiving information that the obstruction in the natural flow of air in my lung (pneumonia) is a picture of an obstruction in the flow of the Divine Love into my soul! What is the obstruction in my soul? Do I have this information? I do now. At first I did not see it, or if I saw it I denied it. Surprisingly I wrote about this in the September diary of the 30 Day Experiment, though at the time I wrote it I did not make the connection to the sickness that I was experiencing. I do make this connection now. The writing that I am referring to is dated Friday, August 30th. On that day I wrote about the doubt that James Padgett experienced that Jesus identified and wrote about and said:

“I see that you have been somewhat in doubt as to the reality of the truths of the messages that you have received, and as to the power of the Divine Love to make you a child of God, in the sense Divine. You must not let such doubts enter your soul for one moment, for they are the breeders of other things that are most harmful and tend to alienate you from the Father.”

This is a picture of me. I was experiencing doubt about the reality of the Divine Love. I had been suffering sickness in my body for nearly two months, and no amount of prayer was shaking the sickness loose. As the sickness remained my confidence in the Divine Love was weakening. And my prayers began to weaken also; eventually I stopped praying in any consistent manner. When I did pray the attempts were feeble. To place this in the context of “pneu” or air and breathing and “pneumonia”, an obstruction existed in my soul and consequently in my prayer life. The “pneumonia” in my soul was doubt, and I had to do something to get rid of it. And the only thing that would remove it was the very thing that I was unable and unwilling to do, namely, to pray.

Often I would awaken in the middle of the night with a coughing spell and in order not to disturb my wife’s sleep I would move into my office and try to rest in the recliner. I would cough and hack and spit up volumes of phlegm; in between coughing I tried to call on God. Somehow this worked; coughing would stop, and I would then try to pray again, but then would soon drift off to sleep. This pattern went on for several weeks, and none of the remedies given to me by the doctor appeared to help. But I persisted in prayer and kept taking the natural remedies prescribed by the doctor. Prayers were improving, and I was feeling the presence of love as never before, which encouraged me to pray more and with more earnestness. I felt the difference both in my physical condition and in my soul. I felt encouragement and my faith was increasing.

The big turning point happened just one week ago. I was still hacking an awful lot and still spitting up large amounts of phlegm. My naturopathic doctor finally began to see the light of what was happening, and prescribed a drug, a 3-day antibiotic therapy, and advised me to see my allopathic doctor in order to

have my chest x-rayed. After the 3-day treatment with antibiotics, my body began to respond. My appetite began to return; coughing spells lessened; my diarrhoea ceased altogether; and my fatigue began to disappear.

More important than all this, one evening during prayer I received what I believe was instruction from my spirit guide to study the word "aspiration" used by Jesus in the Prayer for the Divine Love. I discovered that the etymology (study of word origins) of the word "aspiration" is this:

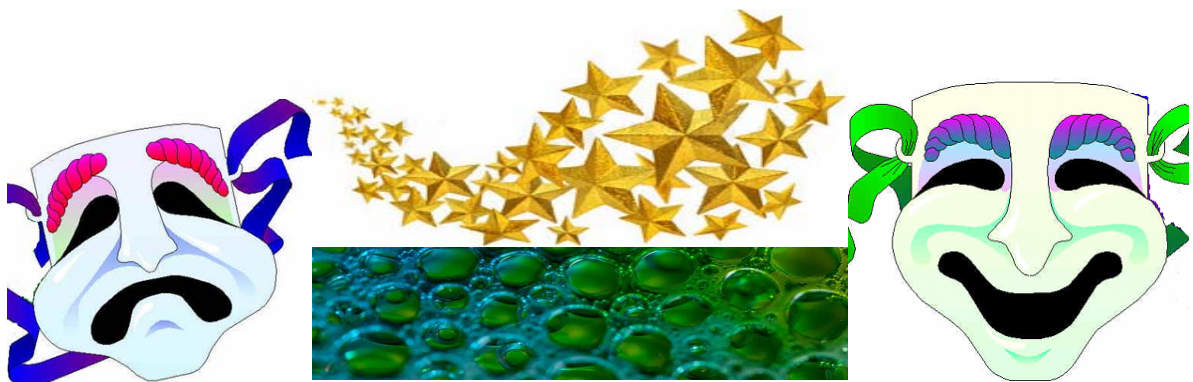
1530s, "action of breathing into," from Latin aspirationem (nominative aspiratio), noun of action from past participle stem of aspirare (see aspire). Meaning "steadfast longing for a higher goal, earnest desire for something above one" is recorded from c.1600 (sometimes collectively, as aspirations).

Do you see the connection with what I wrote above about "pneu" and "pneumonia"? In the Prayer for the Divine Love Jesus gave the following to James Padgett to write:

"Let us never cease to realize that Thy love is waiting for each and all of us and that when we come to Thee with faith and earnest aspiration Thy love will never be withholden from us."

Earnest aspirations keep the soul clean and clear of all obstructions. When I doubted this I allowed an obstruction to block the action of breathing into the Father's Love. The pneumonia that took residence in my lung is a perfect picture of that spiritual obstruction in my soul. I have confidence and faith that now that I am in earnest aspiration for our Father's love the pneumonia in my lung will completely disappear.

To be continued ...



We are endowed by our Parents with natural love, maybe we neglect this gift from time to time. As we progress in time, we can add the greatest gift there is to our being, that is by asking for and receiving Divine Love. Not only does the infusion of Divine Love, with one's Feeling Healing, repair our natural love attributes, we evolve into a joyous and loving person in all respects. With the infusion of Divine Love, with the two loves, we become the complete being.

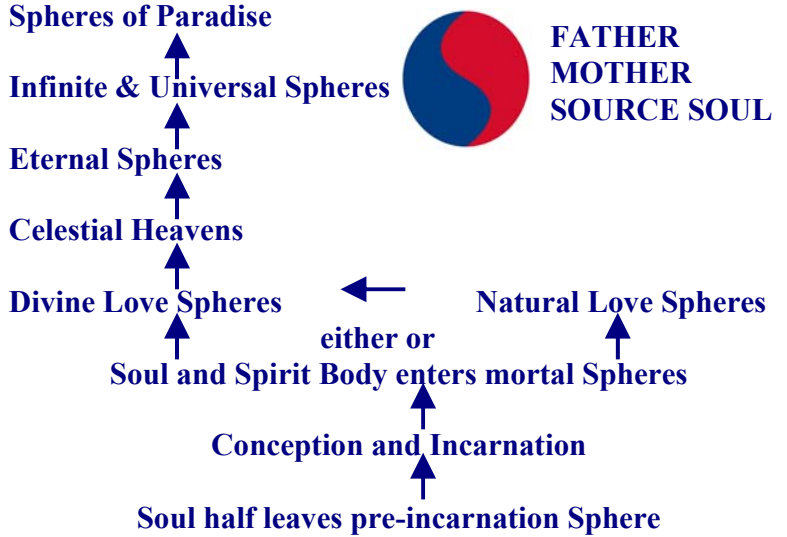
SOUL, SPIRIT BODY and PERSONALITY remain TOGETHER – FOREVER!



Soul, Spirit Body, Personality stay together.



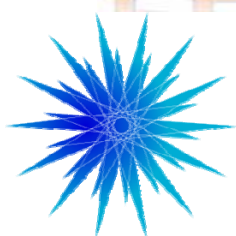
Ascension Pathway:



Our soul remains for ever attached to the spirit body and the personality, these two being created at the time of conception / incarnation. As our soul is imbedded within the spirit body and both having this unique personality, it is impossible to go through the incarnation process again. We never reincarnate.

We are born with natural love, until we ask for and receive Divine Love there is nothing of the Divine within us. When we add Divine Love to our being, only then do we become a complete being. Without Divine Love and Feeling Healing, we are finite, in as much as that while we continue in only our natural love we can only become the perfect man and that restricts our progression to the limits of the 6th natural sphere being the mortal domain of man.

PERSONALITY



At the time of the fertilisation of the egg, should conception be viable, then the soul, being a tiny invisible spark, is attracted from the pre-incarnational sphere, and the forming of the personality and spirit body occurs, conception and incarnation coincide. The soul finds its home within the forming spirit body, and the spirit body is the template for the forming physical body, the personality is forming within all three elements.

An UNBORN BABY'S 1st HEARTBEAT OCCURS 16 DAYS after CONCEPTION:

A research team funded by the British Heart Foundation (BHF) at the University of Oxford says a baby's first heartbeat is now far earlier than was previously understood. [Dr. Susan Berry](#) 12 Oct 2016

Further research confirms that the heart first starts to beat between days 16 through to 19.

What happens when a child dies. 15 March 2013
Speaking with Mary Magdalene and Jesus, book 1

From the first heartbeat the incarnating person is technically living a physical life, and so if death occurs, it will move into one of the spirit nurseries. If it should 'die' before the first heartbeat, the soul merely 'withdraws', initiating incarnation when the next opportunity arises for its soul-personality. And of course as you know, there is no reincarnation, so when your soul starts you in Creation and you achieve your **first heartbeat**, then you're underway, be it on Earth or in spirit to Paradise, this being your ascension of truth.

As soon as the spirit body separates from the physical connections, there is no longer any pain, this of itself as you might well imagine greatly adding to one's good experience. The dying person, be it a child or an adult, has a good experience in death, especially once the pain has gone should there be pain; it's the people they might leave behind on Earth who don't understand this and who are suffering feelings of loss and deep grief, that have the harder time of it.



An unborn child is taken to spirit nurseries to be cared for. And within those nurseries they are looked after through the remaining time of their gestation period; then are 'born' into spirit life; then to carry on growing up as a spirit child of the Mansion Worlds. Many of them, just as with unwanted physical children, are fostered out or adopted by spirits wanting to be parents, this enabling a lot of people (who are now spirits), who for one reason or another couldn't have children on Earth, to have the experience of parenting. Even carrying the child to full term can be simulated so as to give the 'mother' the experience of being pregnant. The 'father' having his experiences as well. And of course lots of people who become spirits love being involved with children and so become spirit parents or simply involved in looking after the infants and young children of the nurseries.

The Heart commences to Beat as early as Day 16 after Conception:

Until now, researchers thought that the first time our heart muscle contracted to beat was at 8 days after conception in mice or around day 21 of a human pregnancy. Now, a team funded by the BHF at the University of Oxford has demonstrated earlier beating of the heart in mouse embryos which, if extrapolated to the human heart, suggests beating as early as **16 days after conception**.

<https://medium.com/british-heart-foundation/when-does-our-heart-first-start-to-beat-36bcba072c1>

The Richard Messages – MESSAGES from the CELESTIAL HEAVENS:

Via James Reid

www.lulu.com

The Spirit and Physical Bodies

8 September 2013

Good afternoon Richard. I have enjoyed reading the Divine Universe which is an amazing document. I have learned a lot and it has raised a lot of questions for me as well which is not surprising. I enjoy knowing more about the spirit body and soul and feel that I still know little about the relationship between these and the physical structure. Whereas we lose this when we pass into spirit, it remains the instrument of our living on Earth and of communication while we develop our personality. It is the most obvious element of life for most people and many never see past this physical structure. I am very interested in the intimate relationship of the physical and spiritual elements of our beings. I realise that I am opening a very large topic. I will list some of my questions. Initially I will make a series of statements to set a basis for my questions. I ask that you comment on any misunderstandings in these statements.

1. *From my understanding the spirit body forms as a new creation from the moment of incarnation and houses the soul and the spirit-mind and spirit-senses develop with it and the physical being tends to be quite unaware of these elements of its being. The person is aware of their developing personality without being aware that this is really the purpose of their Earth life while not being the purpose for incarnation. The spirit body ensures the intact transition of the personality and soul into spirit life upon the death of the physical body. The spirit body is intact and carries none of the defects and limitations of the physical body.*
2. *The physical body is prone to problems which can be classified as congenital or acquired and further classified under a number of headings relating to their nature such as infectious or neoplastic. The spirit body is newly formed, pristine and, regardless of the length of a human life, carries none of these into spirit life. This implies that it is unaffected by these issues.*
3. *This also implies that the soul is likewise unaffected by these issues. However its development is greatly affected by the awareness of the individual and the way she/he lives their lives.*
4. *The personality would seem to me to be strongly affected by these issues of living in its development.*
5. *The development of the personality may be greatly affected by the presence of Divine Love in the soul.*
6. *Necessarily, there is communication between the spirit body and its attributes and the physical body and its attributes. The spiritual body's existence is largely unacknowledged by the vast majority. Even if it is acknowledged, little is known about its structure and function.*
7. *Every human is born and grows in association with other humans and is impinged upon by the personalities of others as they are expressed. Humans are also directly affected by the actions of others.*

8. *All human beings can be considered to have four quadrants to their personality these being: Physical, Mental, Emotional and Spiritual. Each of these is an aspect of personality and interdependent. Each is a hypothetical construct rather than an entity in its own right. Each of these quadrants is capable of being expressed and developed or impeded to varying degrees ranging from mild to severe. The impediment may be inherent in the being or applied externally by others.*
9. *All beings are subject to the Spirit Laws whether or not they are aware of this.*
10. *Physical bodies are also created anew and are prone to imperfections and diseases that arise at conception, during pregnancy or at delivery.*
11. *I believe that most if not all diseases have their causative basis, at least partly if not completely, in the degree to which the personality of the being, in any of the four quadrants listed above, is expressed freely or repressed.*
12. *I also believe that we are all responsible for the state of ourselves as we live our lives and that we contribute to the events that we experience whether we are aware of this or not. This is a bald statement and could be expressed more at greater length but will serve for the moment.*
13. *Spirits are prevented by Spirit Law from harming any carnate human or mortal spirit.*
14. *Spirits can act benevolently towards humans and can aid and assist them.*
15. *All humans are subject to the Law of Compensation and a complete memory of their human life is in their personality and is carried intact to spirit life.*
16. *The level of harmony or disharmony in physical life directly impacts the life experience of all humans.*

The above list is not exhaustive but I feel that it will serve at least as an introduction and a basis for discussion. I will list some questions:

- i. *To what degree is the spirit body independent in the course of carnate life?*
- ii. *Is the spirit body and/or the soul through the spirit body capable of influencing the function or state to the physical body?*
- iii. *Do the physical emotions and thoughts impact on the spirit body and the soul?*
- iv. *If they do, to what degree does this occur and is this damaging for these deeper structures of our beings?*
- v. *Are the 'sins of the fathers' literally carried to the succeeding generations through genetically inherited disease?*

- vi. *Do the emotional states of the parents and close relatives directly affect the unborn child in any of the aspects of its personality?*
- vii. *What are the factors underlying the development of diseases and the creation of accidents?*
- viii. *To what degree can and do spirits influence human behaviour?*
- ix. *To what degree are humans affected by disharmony in other parts of the world from which they seem to be dissociated?*
- x. *Is it possible for a person to develop and maintain an inner harmony while subject to the hurly-burly of human society?*
- xi. *What effects upon the spirit body and physical body may become apparent with the effects of Divine Love?*

I do have a lot of question and these ones will surely beget others. I am very aware that we live our lives in our physical bodies and that these structures do attract and demand a lot of our attention and are the source of much anxiety. I feel that a much deeper understanding of these questions and the overall relationship of all of the elements of our beings is material to the development of our personalities. To take this to the next step, it is important to have a good handle on this for personal reasons and as an aid in taking the knowledge of Divine Love to others. I feel that developing a deeper understanding of these issues will increase awareness of the action of Divine Love in our own souls and the effect of this on our carnate lives. I am influenced in this by my previous profession as a medical practitioner. I also know that a major factor in teaching is being able to meet a person at their present level of awareness and state of living.

I know that Divine Love is so important that we need to seek and find ways to being the message to as many people as possible. While it seems to be a completely abstract quality that perhaps has no immediate relevance to a person in their physical life, they are much less likely to be interested. I don't know if my approach in this is appropriate. I do have a strong desire to be of service in the spread of the knowledge and embracing of Divine Love and want to be able to address as wide as an audience as possible. I feel it necessary to find a language that will be heard. Please tell me if I am off direction here. I do want to honour the organic spread of the information of Divine Love and feel that bringing the message into the ambit of more people is desirable.

Well, that is my little say and I am now interested to hear what you have to say. No, I don't expect answers to all of these today or even tomorrow!

My very dear brother and friend I do salute your efforts. I am Richard and have been closely following your adventure with The Divine Universe which is a remarkable document and which has a great impact on you. You are right to be seeking in this way as it is appropriate to be able to tell the story of Divine Love in ways that can be understood and which allow fully informed consent to the acceptance of this Love. As I have said to you before, the story of the experiencing of Divine Love while still in physical structures will be largely written by those of you who now know of It and those who will follow.

What I have just said in no ways invalidates your questions. There are many here who have studied the processes of living in physical bodies and the ills and issues that beset one during this often arduous process. That we speak so extensively of the spiritual experience of Divine Love is not intended to treat the physical experience as irrelevant. Your statement with respect to this is very relevant as the state of every person must be respected and honoured. This is certainly the way in which the Master invariably functions with any mortal being and spirit with whom he has contact.

I will begin by addressing some of your statements and we will address the questions as we go along in stages as we will need to do some scene setting at times to create the most appropriate of answering so that clarity and not confusion results.

The spirit body is created as you say and is intimately associated with the physical body and its elements of spirit-mind and spirit-senses are intimately associated with the human mind and senses. As it is a completely sensate structure, the spirit body is intimately involved in every aspect of the experiences of the physical being. In fact, it is intimately and intricately integrated with the physical body so that one cannot perceive where one ends and the other begins. I will qualify this by saying that the presence of the spirit body is evident to those who can see it and it is seen to be one with the physical but evident as not being of the same physical material. The spirit body is not a passive or parasitic attachment to the physical body but is a very active participant in all that happens. The spirit body is not traumatised by the forces that damage the physical body but allows the full experience and development of the personality as it develops. It is a little difficult to explain some aspects of this. While it is intimately involved in all that happens, the spirit body does not act to influence or direct the development of the personality or the activities of the person. It is not created to do this. In doing so it is not being uncaring or impersonal, it is simply not made to have such a function. Its functions are to house the soul safely and to allow the development of the attributes and potential that constitute the personality of the being and to ensure the safety of these in the process called death. It is said that each person has a physical body but is not that body. So it may be said that every mortal being and spirit has a spirit body and is not that spirit body even though it is indispensable for the continued existence of that being. On Earth, your body displays your personality and soul state to all who are able to see this mainly through your spirit body. In the spirit world the spirit body clearly displays your personality and soul state to all as all can see this.

So I say that your spirit body is intimately connected with your physical body but neither causes effects in it nor is impacted by effects caused in your physical body by other forces or elements. The spiritual state of a being is not a function of your spirit body but of the development of the personality and the beliefs to which the person is subject. The spirit body adheres to the physical body as long as it is possible for it to do so. When this is no longer possible because of the death of the body it extracts itself and departs all guided by Spirit Law. Having said this, the presence of the spirit body and the life force does at times allow the survival of a person who is so severely damaged that survival seems totally impossible. The spirit does not take action to make this happen. It happens simply because the spirit body is strongly present. The spirit does not have an agenda or purpose to maintain the life of the physical body. Its purpose is to be itself and to house the soul and the personality and to ensure their safe and intact transport to the spirit world.

The function of the physical body is to be itself and the function of a person in a body is to individualise their soul and to develop their personality to the greatest possible degree in the course of whatever

activity that person chooses to undertake. It is not the function of the physical body to maintain the integrity or the survival of the spirit body which does this for itself.

As a person becomes more generally aware and more specifically aware of the existence and presence of the spirit body, the person will benefit from this awareness and presence. The spirit-senses, while closely associated with the physical senses, also function independently and can communicate their sensory input to the physical awareness of the person dependent on the awareness and sensitivity of the individual. A lot of people do have quite heightened sensitivity to these senses. It is likely that many, if not most, children are aware of and do respond to these sensations. You, James, were aware in this way as a child and we did indeed communicate freely in those days as I was with you even then. You suffered the fate of many in that your comfort with these senses was disrupted by well-meaning adults who did not know or understand what was occurring. It then took some long time to re-establish your easy acceptance of and comfort with these natural senses which were never lost but only set aside to some degree. They are natural and part of the makeup of every person.

The truth is that there are very many people who rely greatly on their sensitivity to these sense without really knowing what they are doing but simply that they have developed a talent. This is, of course, quite true. I am not speaking here only of those with mediumistic ability but of others who have apparently heightened sensitivity of otherwise ordinary physical senses such as seeing and hearing. Others experience what seems to them like flashes of awareness that may occur in normal times or in times of danger or crisis. This doesn't mean that the spirit body has acted independently to create awareness. Often the person's awareness is heightened by the reaction to the situation and, at other times, a guide or helper may have acted to stimulate awareness or attract attention.

Your responsibility to your spiritual body is to maintain your physical body in the best condition that you can in order to facilitate your own development. This then is also your responsibility to your soul. Your physical body is a structure that is made to house a spirit body and soul in a physical environment. The physical environment is sometimes referred to as the Obstructed environment as the physical presents certain limitations to activity. As I said before, the responsibility is to develop their potential to the greatest possible and, I add to that, while respecting the right and responsibility of all others to do the same. In a truly harmonious society each would help the other and would, indeed, love their neighbours as themselves.

The development of the spirit body is not impacted or altered by congenital malformations that may manifest during gestation. Its development is not determined by any genetic programming. Its development is not impacted by any other situations that are in existence before conception or during gestation. The development of the spirit body is subject to totally different laws than the physical body. The development of the spirit body was totally determined by God in the initial creation of man and has never changed. Whereas the creation of the physical body is not the function of mankind, the inception of the process or conception is in the hands of mankind. The process that then follows is very prone to influences present in the physical world. The human physical structure is quite robust but its developmental phase in gestation and childhood is very dynamic with rapid and profound changes occurring and so is subject to risks. The effects of these impacts are everywhere to see and are the source of much human grief and anger. God gets blamed often and erroneously. Perhaps if perfect harmony obtained, such changes would not occur. I am not aware of any such society having existed in human history except perhaps in the early days of the first parents and I haven't looked into that as yet.

This subject of spirit and physical bodies and the relationship between them is very large and your decision to tackle it is very wise and those of us who are here all endorse this activity. There will be more than me who will address this and I must say that we will have a queue to deal with as there is already great interest among many very knowledgeable spirits who desire to share. It is a worthy project that will develop into an interesting body of material. We will develop it as we go along. Your initial outline is sound and allows of expansion and development. I clearly hear your commitment to remain open to what is said and the way in which this develops. We will all enjoy this.

As we progress, we will deviate at times and return to this project rather than taking it head on so to speak. This plan is subject to revision as we progress dependent on your desires and the way it shapes up.

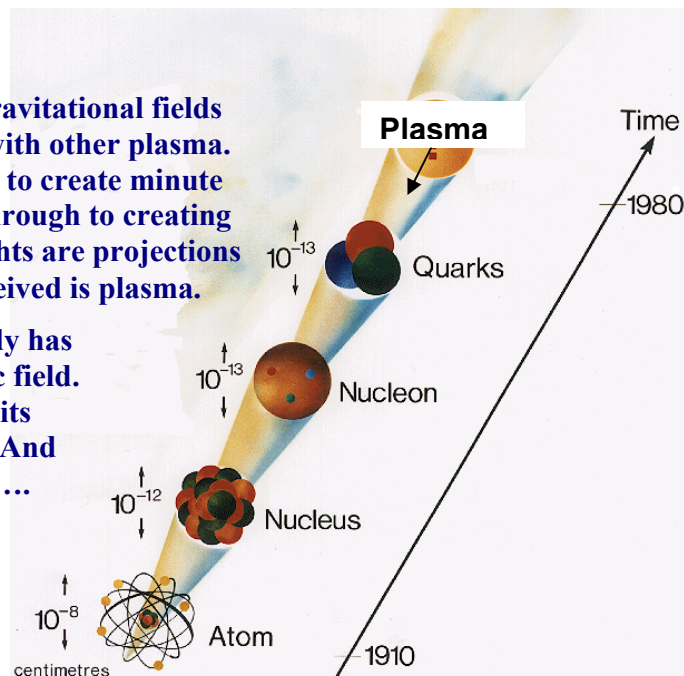
There is a need to create the awareness of the complete integration of the spiritual and the physical. There is massive ignorance of both of these areas of human existence so there is great room for improvement. Metaphorically, the process is somewhat like lifting some valued object from the mud where it has fallen and washing it clean so that its beauty shines forth once more. Even glimpses of its beauty will suffice initially to attract the eyes and interest of others. Eventually it will be revealed in its perfection for all to see and love.

Let us stop now as we have worked well.
Richard of the Celestial Realms

PLASMA:

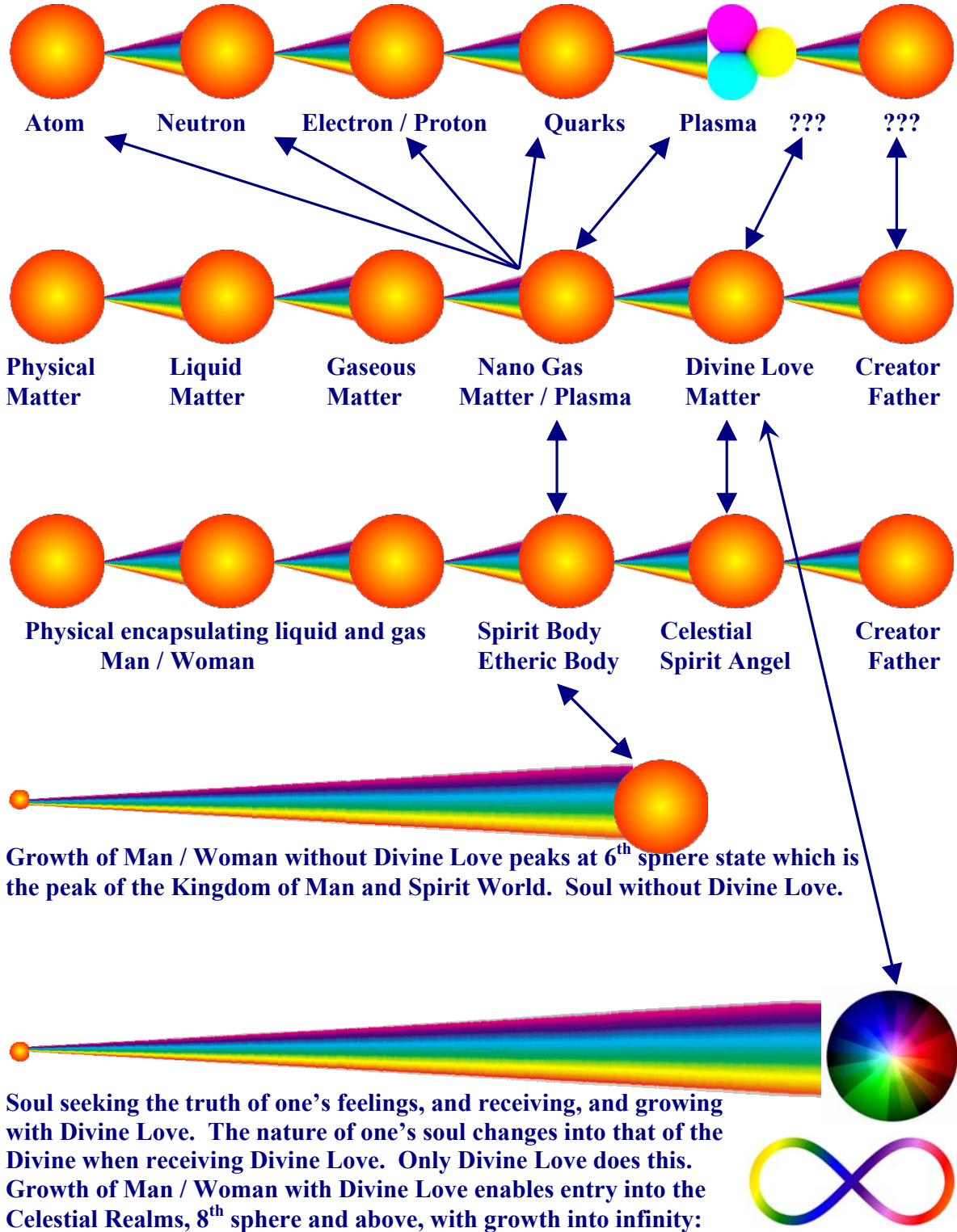
The magnetic and gravitational fields of plasma combine with other plasma. They group together to create minute things, all the way through to creating galaxies. Our thoughts are projections of plasma. Love received is plasma.

Every cell in our body has a plasmatic magnetic field. Our whole body has its own magnetic field. And so it goes on, and on....



STAGES of MATTER:

Matter becomes finer and finer and more incredible within each phase:



The RICHARD MESSAGES: Messages from the Celestial Heavens via James Reid

Spirit – Physical body relationship

9 September 2013

Good afternoon Richard. I believe you want to write.

Correct my friend. I wish to add to the document we commenced yesterday and speak further about the spirit and physical bodies.

Whilst these two bodies are intimately involved, they are composed of very different materials. You are familiar with the material nature of the physical body. Indeed you are more familiar than most by virtue of your professional life. This is a solid structure which is visible in the normal spectrum of visible light and so perceived by human eyes and also by spirit-senses. In its solidity it can be felt by the one who dwells within the body and by others with whom it interacts. It is capable of communicating with others in many ways and, as you know, also capable of communicating with spirit beings who are usually invisible to most people. Most people have a sense of familiarity with their bodies although many actually know a lot less about their bodies than they imagine they do. There is an incredible amount of lack of knowledge about bodies despite their having been studied for many long years. There is equally a huge amount of misinformation about them which falls into the categories of myth and folk tales to a large degree. Now I am speaking in general terms as there are those in the world who have quite extensive and deep knowledge of bodies.

The attitude that any person has to their body depends primarily on their awareness and sensitivity. There is a lot of fear of bodies and of what could or does go wrong with them. This is part of the widespread fear that exists in the world and which arises from ignorance.

Now it is apparent that there have been great advances in scientific method and investigation techniques in recent years and these advances proceed apace. The methods used scientifically are delivering a lot of information that is valuable and which adds to the knowledge of the structure and function of the body in what is regarded as health and in what is regarded as disease. This information adds to the understanding of the functions of the body as a physical mechanism when it is considered to be not much more than a sophisticated and intricate mechanism. One major difficulty with such knowledge is that it doesn't always translate directly to the body as a living structure that is the dwelling for a human being. The body is considered to be the being. This leads to ascribe all the functions of the body to physical processes. One such absurdity that occurs is the studying of the dead brains of geniuses to find out what made them into what they were. Never mind, it is a process which may help some but I am not at all sure how.

In your preamble you described a human being from the perspective of four quadrants of function which were physical, mental, emotional and spiritual. As you correctly said, these are ways of perceiving a functioning person to derive deeper understanding and awareness. The beauty of this approach is that each of these aspects is considered as functioning in constant and indivisible relationship with the others. No being is simply existing in one of these modes at any time. The disadvantages of much modern scientific study is that the being is studied from one aspect at a time and the wonders of the integration of all aspects is largely lost. There are many attempts to make to being fit the assembled facts rather than the reverse.

I am not decrying the efforts being made as I fully recognise that they are being made from a limited perspective of what a human being is. Even in the model above of the four quadrants of personality, most people are regarding the spiritual quadrant from the point of view of spiritual belief rather than the physical reality of the existence of the spirit body.

The spirit body is a physical reality as it is made of subtle material that has form and can be shaped and seen and felt. The material from which it is made is much less dense than that of the material body but is material nonetheless. It is sometimes difficult to hold a clear sense of the reality of something that can't be seen under what is considered to be normal conditions with normal senses. Normal here is considered to be what an 'average' person with 'normal' senses perceives in the Earth environment. This is actually regarding what is perceived from a degree of insensitivity and disregards the fact that there are those who can perceive much that is invisible to most others. These people are regarded as abnormal for the most part as it is easier to do this than to acknowledge that there is another reality or aspect of reality that does actually exist. Not only does it exist but it is capable of study and exploration given the appropriate instruments and the suitable approaches. At present the suitable instruments are sensitive persons. There is every likelihood that suitable scientific instruments will be developed in the future as there are many who are currently dreaming of such a possibility. Technology has been given almost a holy status in the world of today. In my days on the Earth what technology that existed was regarded with great suspicion and mistrust. The reverse now seems to be true. That is not a bad thing and is a stage of evolution. Perhaps what could be called a swing of the pendulum as it seeks a harmonious centre.

Many of the world's leading scientists do have a deep belief in God and a deep regard for spiritual processes that they do not claim to understand but do accept as real and a factor in their studies of the reality in which all live. Interestingly, their progress will accelerate as they learn to blend faith and science as this will provide a new depth of possibility that will open new vistas of progress. There are many here who are very interested in the study of the mechanisms of universes and of the creations of God. They marvel at what is now open to them by virtue of their spiritual status and the knowledge that they have acquired as a normal part of their progress to the Celestial Heavens. In saying this I don't mean to imply that it is only by ascending to these heavens that one will acquire such knowledge and abilities. There is great scope for people to move towards such achievements in the course of normal lives on Earth as they embrace the reality of Divine Love and accept it into the totality of their beings.

The spirit body composed of its subtle material is designed to co-exist in intimate relationship with a much denser physical body. The difference materials are made to be able to exist in the same space with each respecting the integrity of the other and allowing interdependent and independent functions. In appearance they are quite similar in shape but of very different densities with the spirit body being visible to the degree that it is to normal vision by virtue of the light of its functions. The spirit body in its vibrations or energy produces emanations rather like light and which constitute what is called the aura of the person.

The physical body is noted for its movement, sound and heat. These produce emanations which are perceived by others and which are sought out or avoided depending on their quality and degree of harmony with what surrounds them. These emanations are the language of the physical world in that they convey the sum of the information of the physical being to the others with whom it associates.

Quite a lot of the emanations of the physical body are quite subtle and more refined than simple heat or physical vibrations such as sound or movement. Most of these actually have their origins in the spirit body and the soul.

I have been speaking of the spirit body almost as if there were no soul present and doing this quite deliberately as I want first of all to place the two bodies in an acceptable association without complicating it further at this juncture. The soul will not be forgotten nor will it fail to be attributed its proper place and importance in the overall picture.

At this stage of our project we are involved in some of the scene setting of which I spoke previously. We have a lot of territory to cover and we will do so in stages as we assemble our eventual presentation or presentations for there may well be more than one. I am pleased that this prospect doesn't daunt you.

So now we have two material structures occupying essentially the same space. This the fact centrally so to speak but the spirit body is capable of spreading beyond the physical body or of separating from it to some degree while life continues. They are closely tied to each other and will remain so while ever there is life in the physical body. The spirit body is totally aware of the physical body and all of its functions. This awareness extends to what may seem to be an almost unbelievable level. The spirit body is not simply aware of the activity of the sense organs and the brain and muscles and organs, it is aware of the most minute details of cellular and chemical functioning in the body. It is aware of the level of harmony or disharmony in a physical body. Now the spirit body is capable of existing with this knowledge without any need to do anything about what it knows even if this is evidence of functions that threaten the survival of the physical body. This may sound extraordinary to the ears of a human who may consider that this is a travesty that something that is so intricately involved with me doesn't care about my welfare. Such is the truth though. The spirit body has no concern with the longevity or the health of the physical body as it knows as a certain knowing that its continued existence is not in any way dependent on the survival of the physical body. It is in fact designed in its prime function to survive the death of the physical body carrying its precious burden of personality and soul intact into their continued life. The spirit body is not dispassionately observing its own demise for it doesn't die. When one considers this, the inevitable conclusion one reaches is that the physical body doesn't have the importance that we tend to give it if it is regarded in the context of the totality of human life.

This knowledge that the spirit body has can be communicated to the person through their physical sense organs such as the brain. I should say that this potential exists and is used by some who are sensitive and have practised accessing this information. The information that can be communicated is dynamic and reflects the current and immediate state of the physical structure in whatever depth of detail that can be grasped and understood by the person receiving it.

I know that this might well sound incredible to those who have never considered such a thing possible. Why is it so strange that a living system could be so sensitive as to rival and outdo a piece of technology? There are many in the world who are now learning to access this information with considerable success. Many who read this will not be surprised at all. There is much talk now of what is called Energy Medicine.

If you consider and can accept that this information is being communicated from one who is a refined spirit to and through one who is existing in a physical body it should not take too great a leap of faith to

realise that one can surely communicate with a spirit which is much closer to hand. There exists here a wonderful potential for extensive levels of communication between people and spirit at what could be called an earthly level. The development of this requires the development of faith and acceptance that this is possible. All journeys into what is regarded as unknown or lesser known require these two invisible but eminently palpable qualities. Rapid progress is prevented by the torpor of accepted beliefs but this is changeable and the change will probably come from the curious masses who will influence those who regard themselves as professionals in the field. These professionals, while often being very caring people, are dedicated more to a status quo than progress for the good of all. Much of the early work will most likely be done by what are often regarded as the fringe dwellers with open minds and less fear.

Take a break.

At the same time that people are investigating how to communicate with spirit bodies there is a wider need to introduce the population at large to the realities of the structure of a human being. There is a great need to bring what is now considered to be esoteric into the realm of common knowledge. There is already a lot of activity in theatre of many types presenting concepts of the existence of spirit and 'unknown' things. There is a wide interest in mystery in the general public and a considerable degree of openness to learning new ideas and facts. There is a desire for personal knowledge of issues that have traditionally been the province of shamans and specialists of many sorts.

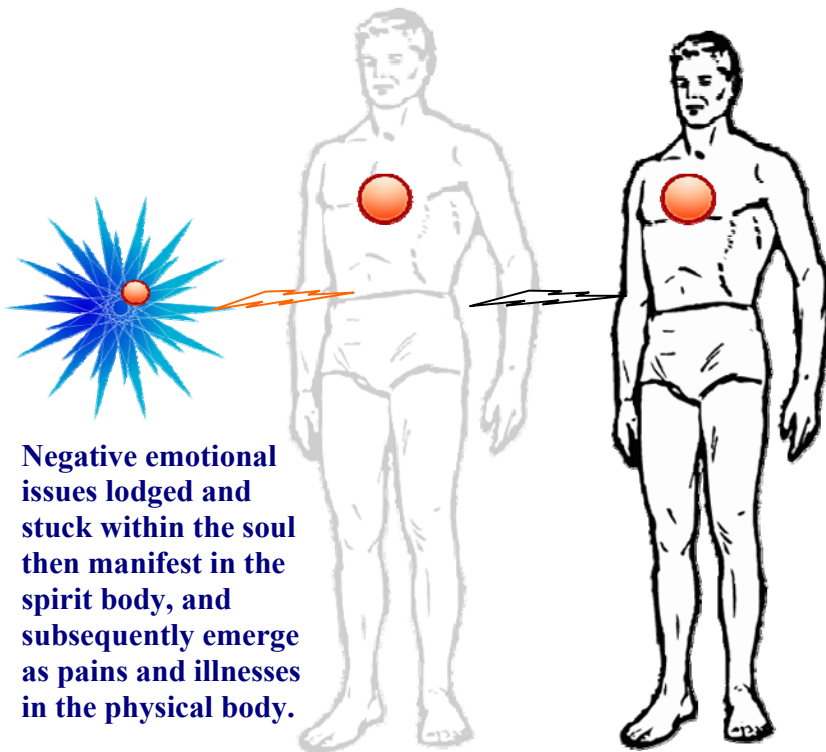
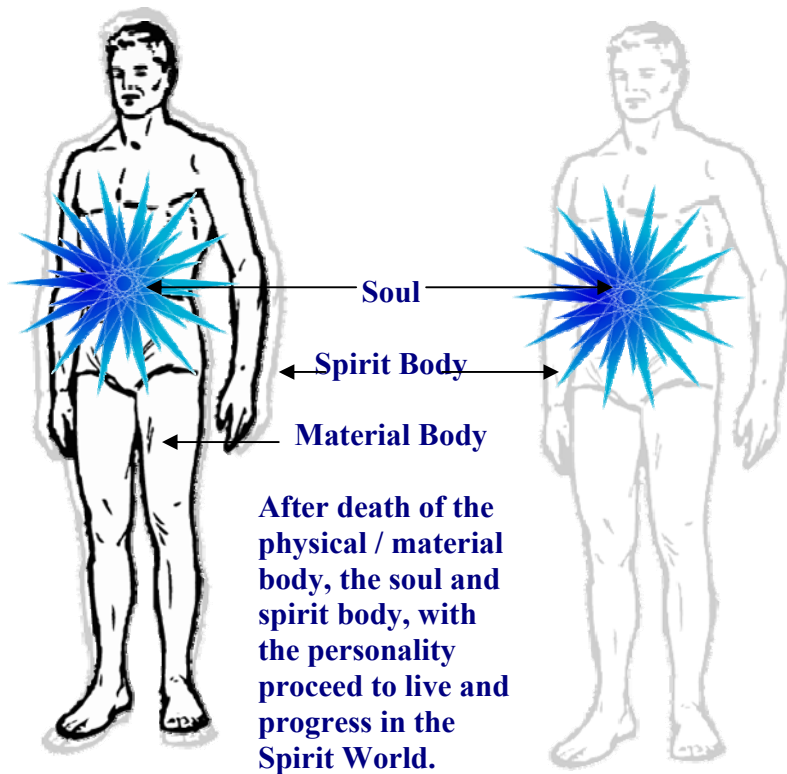
The communication from the spirit body to the physical body is not via physical structures. Information passes through non-physical means from spirit to physical. The accurate reception and interpretation of such information needs to be either automatic or the product of increased sensitivity of the recipient. Young children are often functioning with a clear and reliable communication with spirit body as well as with spirit guides and this is a wonderful state of being. It is such a pity when the dramas of the world lead them away from a somewhat blissful state. Such is life. Sometimes, even despite what I know, I shed a metaphoric tear for what could have been. I doubt that I shall ever stop that. Actually, I don't want to and that is truth even if it is somewhat sentimental.

We then have the strange situation of two bodies that are created in unison and develop in unison with a common shared purpose, at least to some degree, and where one body and the personality associated with it remain largely unaware of the other. Despite this the association works and has worked effectively as long as humans have walked the Earth. That is truly remarkable. The Soul, God is a marvel beyond understanding and which almost defies comprehension. The further wonder is that all of us who partake of the Divine Love are invited to approach this wondrous Being to enter into a close and incredibly intimate association with It and all of Its creations.

We have worked very well indeed with this writing today. I must say that I am enjoying our project enormously and we are giving thought to the directions we will follow and how best to implement this. As I said there are others who share our enthusiasm and will share their knowledge.

Good night my dear friend and brother. We are deepening our contact wonderfully well to our mutual delight. Feel me with you right now as I am in contact with you and sending you love. Go to your rest.

Richard



SOUL  SPIRIT BODY  MATERIAL BODY

NEGATIVE EMOTIONS are UNINVITED PLASMA FIELDS:

Unhealthy and negative emotions enter our soul as uninvited and unwelcome plasma that then proceeds to disrupt the energy flows of the spirit body which is the template for the physical body.

These plasma fields or balls can grow in size should they be fed with more and more of the same or similar negative emotional energy. A plasma field can collect energy from released and projected emotions from time to time.

These emotional injurious plasma fields are first attracted to specific organs that reflect the energy of specific emotions, the plasma field can then proceed to lodge anywhere within the bodies of the spirit and physical. Thus, an emotion of the heart may subsequently reside within the stomach region, both inside and protruding out there from.

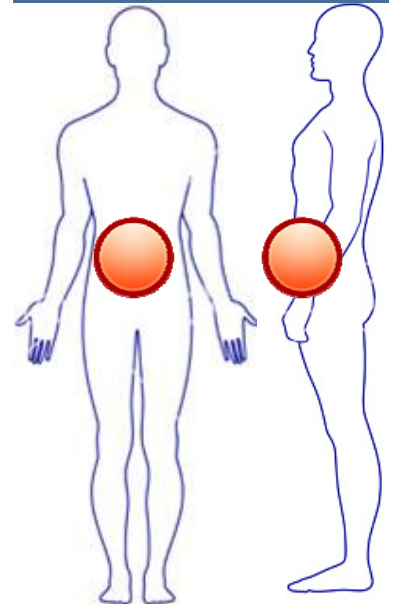
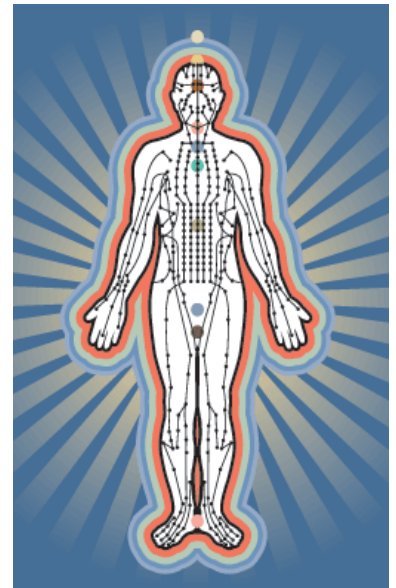
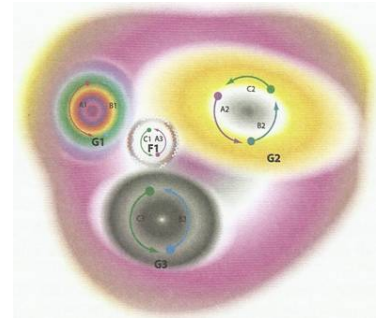
Initially, the injurious uninvited emotional field, being plasma, may be extremely small, however, if allowed to fester and grow by drawing on the negative emotions of those within your environment, the energy field may grow and grow in size from that of a mere pin head to the size of a melon. This progression could take the time from very early childhood to one's senior retiring years.

As all plasma consists of magnetic and gravitational fields, once your intent is focused upon it, firstly recognising its existence, and then focusing your intent for it to be removed, the magnetic field can act in your favour. With the introduction of even a marginal amount of additional magnetic energy, by way of the passing of a small magnet down your meridian, then the dislodgement of the emotional plasmatic field can be achieved.

We are all energetic magnetic beings. The interference to our physical body's template, which is within our spirit body, can readily occur. The transfer of the disruption to the physical body is generally very slow, however, it can be very painful and damaging over the long term.

The extraordinary capabilities of the spirit body are extensively dumbed down and throttled back when it comes to the functionality of the physical body. The spirit body has all of our physical five senses, however, in much greater capacity, as well; the spirit body has maybe a dozen senses in all. Our physical existence is like being on training wheels for our incredible experiences to come within the spirit worlds.

“If cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive.” – Anita Moorjani










UNIQUE NATURE of DIVINE LOVE ENERGY:

- The Divine Love is a light golden blue energy substance and is a gift from our Heavenly Parents.
- The Divine Love is maybe ten to a hundred times more powerful than the natural love which is the essence of man’s soul. There is nothing of the divine within natural love.
- It is the longing for, asking for, and receiving of this Love energy that brings about immortality.
- It is by the receiving of this Love energy that the receiver thereof can shed, through the process of Feeling Healing, man made errors in belief and adopted harmful mannerisms, habits, and harming emotions – permanently!
- The Divine Love energy once embedded into a soul, the Love energy will remain in one’s soul in perpetuity and can regenerate and maintain itself indefinitely.
- The effect of the Divine Love energy is cumulative; it gets stronger as more is received.
- This Divine Love energy has the capacity to carry information, thus growing one’s perceptions.
- The Divine Love energy does not decay over time or distance from source.
- The Love energy does not radiate as waves but expands outwards in circles of energy.
- The Love energy is more field like than wave like and it tends to fill the environment.
- It is capable of passing through solid objects with no loss of intensity.
- The space that the Divine Love energy occupies is not a vacuum but comprises a network of harmoniously balanced and balancing loving energies.
- The Divine Love energy, a stationary energy, cannot be evaluated by man’s current frequency instruments which are designed to measure Hertzian energy frequencies and wavelengths.
- The Divine Love energy is the greatest gift in the entire universe and this is the way by which man can evolve, together with Feeling Healing, into the loving natures that he is fitted for.

- A. All emotions have varying frequencies.
- B. Map of Consciousness by Dr David Hawkins.
- C. Man’s soul has only loving emotions.
- D. Man absorbs harmful beliefs and ways.
- E. Man can ask for and receive Divine Love that begins to dissolve unloving attributes.
- F. Progressively all harmful attributes will be permanently removed from person.
- G. As more and more Feeling Healing is completed, with Divine Love, then one becomes fitted to enter the Celestial Heavens.

MAP OF CONSCIOUSNESS	
Level	Log
At-onement Transition	
	1080
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

Divine Love strengthens one’s resolve to remove from one’s nature those aspects that are harmful and unloving.

A.
B.
C.
D.
E.
F.
G.

The RICHARD MESSAGES: via James Reid

www.lulu.com

Harmony, Highways and Byways

26 September 2013

Good afternoon Richard. I am back. I have been feeling unfit for writing with you over the past few days. I seem to have so much going on all the time lately with a lot of tiredness and changes occurring. I'm certainly aware of our conversations. I have been wondering about recording voice comments on these or perhaps using software that translates voice input into typed words. I am not sure just what is preferable for you. Is the possibility of error greater with speaking the information versus typing? I also feel as though I am on a machine that is running well and is committed to publishing material almost before I've written it! This is amazing.

Good afternoon dear brother. I, Richard, am here again. You are wise not to attempt to write while you are not feeling ready for it. We would tell you so as it would be much more difficult to establish rapport and your accuracy will be affected. You would have an unsatisfactory experience that could be discouraging for you.

There is a very pleasing momentum present in the whole group now and this is being very productive. You are seeing the benefits of co-operative endeavour as all the work that is being done will mesh well together. The result will be a broadening of knowledge of Divine Love with an increase of curiosity. When harmony occurs the wheels are greased so to speak and events begin to happen in ways that might well be quite astonishing for you. You need to be prepared for many of your existing concepts to be turned on their heads and for new to replace them. I remind all once more about open minds.

In whatever you are doing now you are exploring the development and maintenance of harmony. Are you aware of this yet? Whatever work or project you are involved in you need to stay aware of the feeling of harmony and of disharmony. Neither is right or wrong and it is important to learn to differentiate the two so that you can recognise the current environment of your work. When disharmony exists, seek the elements of this in your own behaviour first of all as it is here that you have most power for change. Open discussion of such situations is helpful in clarifying the issue. Approach this with confidence and without fear. You are all learning about true harmony while you are living in a society where disharmony abounds. I suggest that you look closely at your immediate surroundings rather than focussing on more remote issues about which you can do least.

When you are aware of harmony pay heed to all the elements of this of which you can be aware. Learn about this pleasant and productive state. Discuss this as well and pay heed to the ways in which this arose. You will all have experienced harmony at many times in your lives but perhaps only for brief periods. Interestingly harmony is the goal of all that you do and is the state in which we live naturally and normally. Harmony has much greater power than disharmony although this often appears untrue. This is simply because the numbers involved in disharmonious behaviour seem to be greater than the reverse. Even when those whose position in life is disharmonious appear to find what appears to be harmony with others who are similarly placed in life, their overall power is not great – certainly not as great as they would like to believe. The truth is that a small group who are living in harmony or even just acting in loving harmony at any moment can exert an influence that is much greater than what is apparent.

Perhaps you are able to simply accept my statements at present even though you may doubt them and feel that what I say is contrary to your experience so far. Stay open to your experiences as you investigate and learn about this issue. I am sure that you will continue to be pleasantly surprised.

Your personal exploration of these issues in prayer and meditation is recommended.

Pay heed to what is happening in your association with those closest to you and widen your attention to slightly larger groups with whom you associate. You will find changes occurring. Accept these and learn from them. As your awareness of Divine Love in your lives increases, many of these changes will become second nature to you. You will be living what you are learning without even being too aware that you have learned it.

Divine Love is the essence of true harmony. As you pray for and receive Divine Love its presence in your soul will stimulate and facilitate the increase of harmony within in your own personal structure and in all the elements of this structure. Your feelings of and manifestation of natural love will increase as this love is an essential element of harmony in all of your living. Never believe or expect that Divine Love supplants natural love in your life. Divine Love never supplants anything. It always fosters the development of harmony, loving harmony. As this develops, the undesirable aspects of living and the unloving expressions are simply unable to express in the way that was previously possible. There is no need to venture into disharmony or the memory of it to dispel it from your life. The effects that have arisen from past disharmony will begin to dissipate. When you are aware of disharmony in your life today, pay heed to it and to what you could do to find greater harmony in the moment of your awareness. Do this with humility and acceptance and preparedness to abdicate a position that you may righteously consider to be justified and 'right'. Any defence of disharmony is unsustainable and can never produce harmony. Releasing such a position doesn't necessarily entail being 'wrong' or cause you to feel guilty and certainly not vengeful. There is great peace in stepping aside from what is unsustainable. To hold such a position requires lots of effort that will ultimately achieve naught. However hard one works to make the 'wrong', 'right', the truth will always be revealed either before or after your passing from physical life. A release that produces harmony requires little effort as harmony has its own energy that sustains all who live within it. There is great peace to be found in this.

This may seem like one of the deviations that I spoke of earlier and it is to some degree. However, all that we ever write together will be aimed at assisting the development and maintenance of harmony in the lives of all whom we contact. There is no greater aim. We will approach this by our teachings of Divine Love and will blend this into messages that are compatible with this. The function of each one of you in carnate existence is to be yourself as fully as you can. All that we offer will be aimed to assist you in this. In your personal development, you are always totally personally responsible for what you do and what you create but you are never alone and unassisted in this process. Our deep desire is to eliminate any sense of your being lonely and neglected in this demanding process. Humankind has never been alone despite appearances and beliefs to the contrary.

You need not be at all concerned as to how we will blend this all together to make a book. There is a lot to be done yet and you have already discovered that we often seem to prefer the byways to the highways. There is good reason for this as highways can be very deceptive and can allow you to get very quickly to where you perhaps did not want to be. Moving too fast can be an enemy of learning and

the discovery of truth. In the byways, we lead you to places where you can find yourself. Finding yourself often requires some delay. Living is not a race.

We only offer and don't create anything. That is your role and your journey is individual. We will often leave a lot unsaid always with reason. Maybe this piques your curiosity; maybe this encourages questions; maybe you discover that you already know the answer; maybe it is not yet time for you to have this answer or comprehend its meaning. Your seeking is better than your feeling misled. We can never live any aspect of your life for you.

The process is rather similar for those who pass into spirit very early in their physical lives. They are assisted to develop their own personalities by experience with guidance but must do it for themselves. Their experience differs from what they would have had on Earth but is no less valid. Birth into the world doesn't come with any guarantee other than safe passage out of it at the right time with the guarantee of the opportunity to grow and to progress and to manifest love and the changes this brings. That is not a bad guarantee after all when you consider it.

With respect to your questions regarding voice recording, I consider that making verbal notes of our chats has value and will provide you with material which you can later develop and expand. This will work if you remember to do it. What we are doing at present with typing the material is my preference. I say this as it does slow the process down to some degree and this assists you with accuracy of interpretation. Simply speaking what I offer is something that we will certainly explore as we progress and this will offer many possibilities. You have already explored this to some degree as much material that you have offered in your many talks over the years has been your presentation of something that we have offered to you at that time and this has worked well. I am not averse to using the technology that is available and will do so in due course. We are proceeding well and I am happy with our progress. There is no race to run and no sense of urgency. All is well.

I said that this was a diversion to some degree but what we say in these is of value as you will acknowledge. Whereas these snippets may not fit well into the main structure of our book they may well be compiled into some smaller pamphlet and published as such. We will remain open to this possibility – always open as there is so much possibility.

Break now and resume later.

Richard

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself



**PASCAS
PERS**



SOURCE SOUL has any number of spirit instruments assisting at any time.

The Spirit
'Divine Love'



Spirit of Truth
Truth conveyed through your Indwelling Spirit



SOURCE SOUL



Spirit



Divine Love is conveyed on request to your spirit body and absorbed through to the soul, resulting in the ambiance of the spirit body growing.

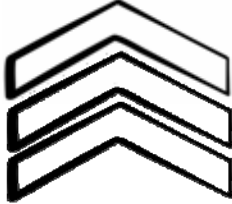


The CHOICE is OURS to MAKE:

Celestial Truth:

- Truly all-loving;
- Living true to oneself;
- Mind supporting Feelings;
- Living with the Divine Love;

Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic, atheists, no spiritual interest, Living the Rebellion and Default.

Hell:
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents’ attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don’t know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one’s soul based attributes and gifts is sealed throughout all of one’s working life.

A new way of living is to enable the liberation of one’s true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

The RICHARD MESSAGES: via James Reid

www.lulu.com

Human Mind, Spirit Mind

1 October 2013

Good morning Richard.

Good morning dear brother. We are making headway with our project and will be establishing clearer patterns as we move along. A lot of what we are doing now is scene setting in your mind so that you will have a clear sense of arranging the messages.

Let us discuss the concept of mind both human and spirit. I say concept as these are not physical structures made of matter. They are rather abstract in nature as they result from the way in which the material structures are used.

Human mind develops as the being develops and is subject to all external influences and is, therefore, able to be educated positively or negatively. A neonate is processing information at basic and very self-focussed levels. It seeks to ensure that its needs for food and care are met by expressing its needs in any way that it can. This it does in common with all those of animal nature. The human infant is born into the world at a quite undeveloped stage and is very dependent for quite some time. The infant is responding to its sensory inputs and reacting to them without attempting to synthesize these more highly. This is a basic level of functioning. A normal infant has a great capacity to learn that is usually underestimated. The developing infant has personality traits which are inherent and which hold great potential and are also subject to external influence. Taking care to assess the personality nature of an infant is worthwhile as one can then determine the best ways to interact with that being by respecting its individuality, its developing personality and its free will. Parents actually do carry a lot of responsibility as their awareness is essential in the process of child rearing. There is, of course, enormous variation in the level of awareness of parents and the level at which they interact with their children.

In our discussion of mind, I am not attempting to deal with the enormous range of variables that influence this but will point in different directions as indicators of possibility. This will enable recognition of what exists now and what might be possible in the future.

What becomes known as the human mind is an abstraction based upon the learned and practised ways of responding to sensory input and of synthesising these inputs into ways of operating in the world. Mind tends to be measured by the functional success of an individual within the context of the society in which this person lives. This is a limited and flawed assessment.

There are a great many factors that influence the development of human mind during carnate life.

Human Mind

- Intelligence
 - Intelligence is a basic quality of an infant and has many influencing variables. Genetic factors are the first of these and each being has a degree of mental capacity which can be determined by inheritance so that one can be very intelligent or of low intelligence. The

level of intelligence is also influenced by the way in which an infant is raised so that careful raising with encouragement and assistance can allow any being to move to the fullest possible use of their intelligence. This applies across the spectrum from the least endowed to the most endowed. Humanity is full of people who are not using anything like their potential of intelligence. Children are often moved to fit with parents' concepts of how they should behave rather than express their innate abilities. The level of intelligence that an individual exhibits can be influenced throughout their existence. Intelligence is expressed in the capacity of an individual to receive, process and synthesize sensory input and to develop thought. The capacity to accept change and to remain open are major factors in this.

- Physicality

- A person's capacity to use their intelligence and mind is greatly influenced by their capacity to use their physical structure. At first this may seem to be a strange statement to make until one considers it further. The development of mind is the product of the total developmental progress of a being. All human beings are complex creations which may be considered in the frame that you have suggested of physical, mental, emotional and spiritual. Progress and development in any one of and all of these areas contributes to the overall level of functioning of any individual. Therefore we find the situation where progress in any one of these areas influences progress in the others. Life is full of possibilities with the prospect of many possible decisions to be made at any moment. If one learns more about physical possibilities, this opens the door to the realisation of more possibilities in all other areas. At its best, education will address the needs of a person in all of the above listed categories. This will foster the development of balance in any person's life. Those with poor inherent physical abilities will tend to avoid physical activity and will unwittingly restrict their capacity in all other areas of their lives. Even if a being has very restricted physical ability they will progress generally if they are assisted to develop this limited capacity as much as possible. Each reader is well advised to take stock of this in their own lives at present. Learning any additional physical skill however small could well lead to progress and change in seemingly unrelated areas.

- Mental

- I am speaking of mental influences as separate from intelligence for good reasons. A great deal of mental activity is much more emotionally than intellectually based. For instance, a very intelligent person who is seized by fear and the thoughts deriving from or causing this may function in very non-intelligent ways. Mental functioning is also determined to a large degree by accepted belief. The most primary of these beliefs are those about oneself and one's relationship to others. These are learned very early in development and acquired from close contact with influential others such as parents, siblings, friends, teachers, etc. The importance of these factors cannot be overestimated. The great majority of humans are functioning well below their potential simply because of stultifying beliefs which chain them into being poor representations of what they could possibly be.

- It is for the above reasons that I consider mental performance and capacity as separate from but not independent of intelligence. It is possible to have one who is of limited intelligence but who is capable of clear and ordered thought and activity and who may actually have developed their personality to a much greater degree than others who are much 'smarter'.
- Emotional
 - Human emotionality is a basic physical function that represents the most basic response to received stimuli. Congruently expressed emotions are recognisable for what they are by any other person on Earth regardless of their culture. Does this then imply that all emotions are primary and essential aspects of human living?
 - The emotional expression of any individual is subject to influence from the environment in which they live. Here I refer mainly to the human environment as the expectations and demands of others are applied to an individual. When we begin any discussion on emotion we begin from a point where what is considered normal is probably very far removed from what could be normal or general. What do I mean by that? Life on Earth is as it is and is full of perceived threats and where love appears to be in short supply and hard to get. Humanity as a whole has a very narrow view of what life is and what the potential is. In other words, there is a very heavy imbalance in the life of most people so that the general focus is on physicality with little or no recognition of the deeper aspects of life in which the greater reality lies.
 - I have no intention of dealing more completely with emotion at this time as there is so much to discuss and describe. We will deal further with emotions at later stages of our work. In fact we will return to them at many times because they have become such dominant factors in human life. They could actually be freeing and releasing factors and much less restrictive than they are for many people. More of that later.
- Spiritual
 - Under this heading I am referring to the existence of the spirit body and the soul as aspects of every human being despite their being largely unrecognised. I refer also to the presence of spirit beings surrounding every human and the influences which they bring to bear. As well I refer to more abstract concepts that a person may hold from their earliest days to their old age. By this I mean any sense of there being more to life than is immediately apparent and I include the awareness of the presence of spirit beings whether seen or not. These may also include what are called artistic concepts which attempt to represent deeper or non-visible aspects of life. These artistic concepts also include attempts to make the visible aspects of life more visible by rendering them in different ways.

Rather than attempting to define mind, I am writing about influences on the development of an individual even though I do this in a sketchy manner here. We will speak of aspects of a human but will always keep in mind that no aspect exists in isolation or independently. Mind in particular is an aspect

of human existence that connects all of the aspects into a functioning whole. Mind is considered as being centred in the human brain and being based in the head. Mind is much more general than that and incorporates the information base of the whole being. The brain is the central connection and physical processing unit for much of this sensory input. It also functions as a physical memory storage device. However activity of this type is not limited to the brain. The heart and solar plexus are another two important centres of connection and system operation are very involved in decision making. The energy centres referred to as chakras are also very important in overall body function and these are also important linkages or connections to the spirit body.

The mind in its function receives full knowledge of all activity in the body whether or not the being resident in that body is aware of this or not. The term subconscious mind is used to refer to these unaware aspects of functioning. The level of awareness is subject to change so that more can be conscious and less below conscious levels. There is a protective process operative in keeping a lot of functioning relatively subconscious so that the body can be allowed to run homeostatically using its inbuilt regulatory mechanisms. Should a situation arise in which the person began to lose sensory input from the body, the mind can continue to function and may indeed seem to be able to function very well and sometimes even more clearly than before. Even when there is little evident bodily function, the mind and spirit mind continue their relative functions until the human mind is no longer to function having no relevant working physical apparatus. At this time the separation of the spirit body and the spirit mind with it occurs. This is one of the great wonders of life that this process is so well designed and created that it continues to function as perfectly today as it did when it was created.

Memory is also stored in virtually any part of the body that is involved in and affected by an event that stimulates a record of that event. These memories may be pleasant or unpleasant. They may remain dormant or may be recalled by an appropriate stimulus.

More than anything else, I want to point out that the development of human mind is the result of the progressive development of a being in earthly life and is affected by everything that a being experiences or imagines. The possibilities in this are almost unimaginable. For most people this is a rather haphazard process with rather haphazard results.

The key to effective development of mind and of everything else is harmony. The greater degree of harmony in which one exists, the greater the amount of peace one is aware of the more balanced is the resultant development of all that comprises the being including and, most importantly, the soul. The essence of harmony is love. The love which is present for all is the natural love with which everyone is endowed and in which all can grow and develop very effectively. Then, when one is able to make the choice to pray for and to accept Divine Love, that added element comes in to foster further and deeper development of all aspects of the being.

Spirit Mind

Spirit mind develops in the spirit body from the moment of commencement of incarnation and its development parallels that of the human mind. This also functions similarly in that it synthesises all stimuli coming to it from all of the spirit senses combining this with all that the physical system is also sensing in all of its apparatus. Added to this is its capacity to be connected to spirit systems and the ability to continue to function independently of a physical body and to continue in its full function on the

death of the physical body. While the being continues in physical life the spirit body and physical body remain strongly attached so that there is an intimate blending of their senses and actions.

During physical living the spirit mind receives information from both physical senses and spirit senses and is able to interpret and record these. This is a very important piece of information. This aspect of a being which is essentially invisible and impalpable is able to perform at a level of sophistication greater than that of the physical body with which it is associated and is then able to continue to function seamlessly upon the death of the physical body.

The spirit mind may seem to be quite secondary to the human mind in its development and function but this is not so. The spirit mind is sensitive to other input from spirit sources to which the human mind is less sensitive or insensitive. It can then influence the human mind by offering what it knows so to speak. The human mind can receive or reject this information.

As a human becomes more spiritually aware and begins to learn of the reality of spirit and input from spirit, the possibility of the human mind being open to and receiving such information increases. This represents another and important stage of development in a person's life. Some people have degrees of awareness of spirit and spirit interaction for much of their lives. The development and use of this awareness is dependent on the influences in their lives and the degree of harmony they are able to develop with these aspects of their personality.

In all that we say in what we write on the topics we discuss, we will repeatedly, in fact invariably, return to the topic of harmony. Harmony and disharmony are the keys to all human development and to all life at whatever level it is being lived. Any unpleasantness that one can experience in living is the result of relative disharmony whether it be emotional, mental, physical or spiritual. With respect to this I can say that emotional distress is the result of disharmony in one or more of these aspects that is felt in the body. There is a disturbance of chemical homeostasis that is being felt as what is called emotion or perhaps pain. The appropriate expression of that emotion is the pathway to the recovery of an acceptable level of harmony. I say an acceptable level for a state of complete harmony is very rare in human life as it is today. It is not unknown but is rare. It is however attainable.

In this discussion we are talking about somewhat esoteric things or concepts which are called mind. These are defined by what they appear to do and what influences their development and their function. What influences their function is easily stated as everything. What they are capable of dealing with is equally easily stated as everything. Despite what any person may believe there is nothing with which their mind cannot handle. Any disturbance of mind or its function needs to be approached from a perspective of restoration of harmony however this may be possible. The beginning point of any restoration is the acceptance of the current position. This is often very difficult for the disturbed person and much more possible for another not so afflicted. The helping person helps most of all by doing what they can to maintain their greatest possible state of harmony and acceptance. Very often this is enough to aid another to return to relative harmony and relative peace from which further action is more possible. I know that this may sound easier than it may be in the course of the hurly-burly of living but it is a good basic ground rule of operation. Harmony begets harmony and disharmony begets disharmony.

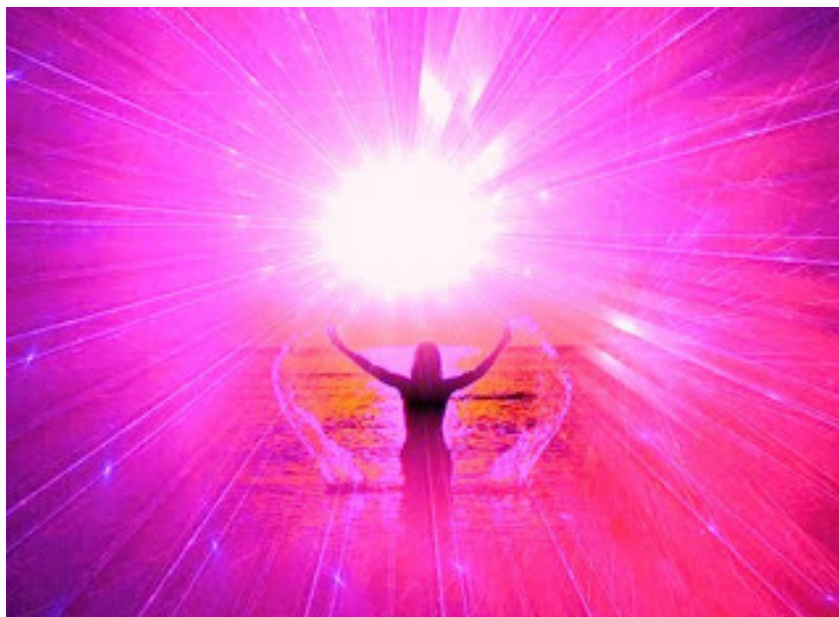
If you think of my statement that all is well you can find the basis of harmony in these words and they contain a depth of truth that is belied by their simplicity. They represent the deepest truth of living and are restorative in themselves.

We live in a state of harmony in which we feel no superiority but much gratitude. We desire constantly to reflect the sense of our harmony into your lives in any way that we can that you may have this to hold as an attainable reality that is not pure imagination. This state is attainable on Earth as well. Initially one needs to seek this within themselves and can then allow this to flow outward to others and this then becomes a swelling harmony that becomes a physical reality.

Enough for today. Pay heed to the feelings that you experienced as you wrote these words today as you felt many things. Remember that you are not alone and that you have asked for information that you don't have so much so that you are told may feel strange or foreign to you. If it didn't, what would be the point of asking?

I leave you with love once more and with wishes for your inner harmony to grow daily as the Divine Love enters your soul and you embrace its wonders and effects. The harmony between us continues to increase for us both to enjoy.

With blessings, love and peace I bid you good day.
Richard



The Divine Love is a love available for the Human soul that, in its cause and effect, actually perfects the personality as it progresses to a greater experience of living in the determination of living in God's Divine Universal harmony. Every personality has the gift of freedom of self-determination to enjoy and extend through life's experiences and it is this gift of freedom and human nature that may prevent one from participating in the freedom and gift of the Divine Love. The Divine Love, once being received is added to one's nature, being formed on natural love.

The RICHARD MESSAGES:

via James Reid

www.lulu.com

Andrew speaks on Sharing

7 October 2013

Good afternoon Richard. I am feeling much more in the space for writing today. I know that changes are happening without being aware of just what is changing. I am happy about that as I feel that trying to intellectualise the changes will be counterproductive.

Good afternoon dear brother. Yes you are in better condition and we can continue with our messages. The changes you experience are related to what we are doing in that they are stimulated by our connection in that the exchange acts in a catalytic way to stimulate some potential that is ready to progress. Very often the changes could be regarded as minor in themselves but they often have quite marked effects on your overall operation. They are somewhat like software updates and upgrades on your computer. When changes are stimulated in this way they will always be harmonious with your whole structure. Because of this the changes that follow will tend to blend into the new pattern that arises so that they are not immediately apparent but you will notice their effects as time passes. As you definitely know by now, you do feel the effects of them as they are influencing your system to change. You are now recognising these feelings and allowing them to move without hindrance.

The changes are not random but are guided by your desires. This is why we have in the past stressed the importance of developing desires. This is always important as it is inadequately recognised that all the changes in your life are guided by your desires even those that you consider undesirable. This may seem strange to you but most people harbour many thoughts and feelings that are antipathetic towards themselves. These give rise to desires that will then generate changes. Whenever you are in a period of change or have an illness or any disturbance of your harmony it is important to pay great heed to recognising that there are desires of your own that underlie what is happening. Then it is important to pay heed to developing desires that are more in keeping with harmonious living. Attempting to define what the 'undesirable' desires are is usually not profitable as it is unlikely that you will come up with the truth about them. Take time to pray about and attempt to accept that you do have such desires without judgment of yourself. What underlies these damaging desires may be very well hidden but there nevertheless.

What I am saying here is in keeping with the overall tone of our project in which we will deal with many aspects of developing harmony while incarnate. The processes we will discuss as we progress don't require intense study of great depth. Our intent is to increase awareness of the many facets of living that are presently somewhat in the dark areas of human consciousness. Everyone who is in a body is qualified to manage that body to the extent of their capacity. Their capacity in almost all cases greatly exceeds what they consider it to be. I acknowledge that there are many who are handicapped in many ways that do interfere with the person's ability to function fully in their body. Even with these people, I say that most if not all can be helped, with love, to do more for themselves than they are presently capable of. There are many others who are so addicted to 'helping' that they often overlook this essential aspect of assisting the helped one to do more for themselves. There is always learning for all in every human interchange.

A very important aim of our writing is to increase the awareness of the essential spiritual nature of every human. The fact that every person has a soul which is encased in a spirit body that exists in close association with a physical body is largely unknown or ignored. That something is not easily perceived makes it easy to pay little heed to it. Strangely enough, simply acknowledging the facts of this is enough to make great changes in the life of each person. Any individual who begins to accept this will find changes in the way in which they relate to others. Those who are in professional helping roles will deal differently with those whom they profess to help. A person doesn't have to understand the mechanism of the spirit functions in order to live their own lives let alone assist another. The very acceptance of these aspects of each person will lead to developing awareness of the reality of this and knowledge will deepen because of this. This may sound too easy but it happens in the course of living. Everyone's knowledge increases in the course of living a life and the degree and depth of the increase depends totally on the level of awareness of an individual.

Let us consider the case of a gifted musician. Such a person probably has an early sensitivity to and awareness of music in their world and may hear music that others don't. This is evidence of an innate awareness that allows this person to draw more information to themselves and to learn from it. Our musician may not be so gifted from birth but may discover their attraction later on and their awareness develops then as they progress with their musical experiences and they are then creating the attractive elements that draw experience to them and they learn. This musician may then also have creative abilities so that they begin to create new musical experiences for themselves and for others. This can all happen in a person with little awareness of the complete structure of themselves. However, most people who are artistically gifted will develop awareness of something deeper in their lives even if they don't know what this is. It may be enough for them if they consider this to be a wonderful mystery.

Now let us imagine that we introduce this musician to more information about themselves. They may receive this with gratitude or choose to be less interested or to ignore it completely. Such is life. However, those who do embrace such information may begin to discover deeper aspects of their life and their music and may seek further. The differences they will experience will depend upon on the way in which they treat what is offered to them. Do they have the humility to acknowledge that there is much for them to learn and that there is room for them to grow?

I choose the example of an artist because most artists have a degree of dedication to the improvement of their art. Not all couple this with a dedication to the improvement of themselves. If and when they learn to combine the two they usually find marked and pleasing changes in themselves and their art.

I could say the same things about talented sports persons, business people, teachers, and so on and so forth. However all that I say applies just as much to the person who considers that they have no special talent and who makes little effort to personal development and who may lose themselves in somewhat mundane and stultifying lives. All that I say applies to all living people. Every living person is full of potential whatever their age and state of being. No one has reached the end of any road. Each one is merely at a point on the journey and there is more and yet more to come.

In someone who has quite developed awareness in some area, a slight increase might or might not be very significant for them. Despite this many will strive hard for just such a tiny increase of awareness and might indeed be very aware of what they gain. They are expressing their desires.

In those with little awareness and who strive little or not at all for an increase, a slight change of awareness may have a profound effect as it may be just what is needed to allow a ray of light into what may have been stygian (gloomy) darkness. They may feel as if they have found a new world altogether and indeed they have. They may discover desire for the first time.

I am saying that there is no person alive who is immune to the beneficial effects of an increase of awareness. It doesn't matter what their area of interest or lack of interest in life, if they perceive more today than they did yesterday they have gained and only they can assess or be aware of what they have gained. Therefore the sharing of information and experience that can facilitate increasing awareness is always important. In doing so it is always important to have the humility to know that the sharer doesn't know the deepest needs of the one receiving the sharing. The effects of anything that is shared is unpredictable as the needs of the hearer are really known only to him/her and they are usually unaware of what they truly need.

When you have information it is wise to share it without thrusting it into anyone's face. Some will accept it politely and do no more with it. Others will reject it immediately and have the truth of it sneak up on them at some later time. Others will keep their counsel and mull it over in their own way. The way in which any person shares what they know or have experienced depends on their own developing personality and the society in which they move and the opportunities which arise.

The world is full of those who are seeking without really knowing that they are seeking. It is equally full of those who are determinedly seeking and who tend to be looking where they are least likely to find what they seek. The world is also full of those who feel that they are along for the ride. Every one of these has the capacity to pick up a pearl if it is offered and to recognise it as a pearl. Make no judgment of those with whom you share as doing so will harm all of you. I am not really saying to cast your pearls freely or indiscriminately because this is the action of many who are determined that you will receive their 'pearls' and whose actions militate against the reception of what they offer. I am suggesting that undue reticence will also militate against the spread of desirable information. Simply share with honesty and the truth of your experience.

Increase of knowledge of the spiritual truths and the acceptance of these will work to greatly diminish the level of fear in the world. Fear itself is the single greatest enemy of harmony. Whatever is feared usually has little true substance to it but is given solidity by the amount of fear that is generated about it. The fear itself develops a solidity and manifests as many things such as violence or disease. These seem to justify the fear that was felt. Thus we have the creation of circular patterns in life which act in what may seem like an unending loop to perpetuate a fear.

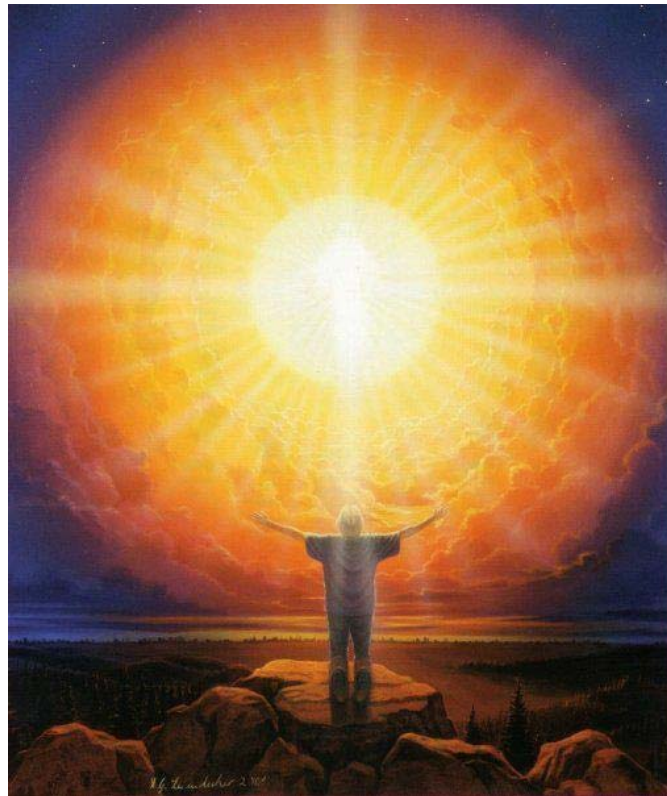
Our deep desire is to lead humanity to awareness that shows the truth that will allow the breaking of such self-perpetuating patterns so that their effects fade away and a new faith takes their place. The new faith will embody the essential safety of living on Earth. This is the level of faith that the first humans lived with until the time when they sundered their connection with the Father and fear rose in their lives to increase and survive through long generations until today.

I am Andrew who speaks with you today. I live in the Celestial Heavens and it is my great joy to teach those who desire to learn. I am happy to participate in this wonderful project. We have written before, as you recall, in a somewhat more light-hearted vein. We can all be quite serious but, rest assured, we

know the lightness of living and this is what we most desire to share with all who are open to receive it. I do ask that all who communicate with us and all who read what we write remember this and allow your own feelings of lightness to rise in you. These feelings are the essential substance of harmony and of love and these two are mutually interdependent and inseparable. In saying this, I acknowledge the fullness of the spectrum of feelings that any person has and respect this. They all play their part in the forging of the personality that you are creating. There are innumerable ways in which to forge this personality and every experience has its place. What you create is what you will take through the passage into the Spirit World where you will then have the opportunity to refine it and to take forward that which you need and to shed what is finished with. You will leave your tears and fears behind but will perhaps cherish what they offered you in the course of your creating. All of your experiences are the essence of the compassion and caring that are yours to develop and which can become dominant aspects of your continuing personality that continues to be polished in living.

I will finish now. I give you my love and blessings. We will speak further.
Andrew

The Divine Love completes the form of the human being.



Our soul is formed from the substance that is natural love. When we earnestly and lovingly ask for Divine Love, the Divine Love is added to our soul, thus we steadily and progressively become complete in our being.

The RICHARD MESSAGES:

via James Reid

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Awareness

9 October 2013

Good afternoon dear friends. I will leave the connection to you.

Good afternoon dear brother and welcome once more to our discussions. I am Richard once more.

We speak so much about awareness as this is the key to progress in living whether one is progressing mainly with natural love or with a combination together with Divine Love. Every person is surrounded by far more than they are usually aware of. This includes much of the physical state. In particular I refer to the very limited awareness most people have of their own physical body let alone any consideration of spirit body or soul. For most, their physical body is a strange and somewhat frightening object. When it functions well this is accepted as normal and acceptable but any deviation from this can be felt to be frightening and a threat to continued happiness or to life itself. There is little awareness of the degree to which each person affects the functioning of all aspects of their body. Even those who profess to be healers of various types are often quite ignorant of the direct effects that any person's actions, thoughts and emotions play in determining the health or otherwise of their body.

I am saying this to indicate that increasing awareness really needs to begin at the basic physical level of living. Spiritual awareness or activity does not occur in isolation from the physical aspects of living. Human existence on Earth is primarily a physical existence into which is interwoven the spiritual aspects that are the lasting parts of the human existence. The physical life is the basis within which all else that happens on Earth happens. There are many schools of thought that encourage the denial of the flesh in order to strengthen the spiritual aspects of living. These beliefs lead their followers away from a fullness of life experience. Of course any person is free to follow these beliefs and any others which attract them.

Such extreme ways of living tend to produce an imbalance in the life of the individual and any imbalance produces disharmony. There are many ways in which followers of extreme systems seek to reduce the sense of disharmony in their lives. Often this is done through living in closed or restricted communities. Again I don't decry these as valid choices of ways of living as the people following these systems may have what they regard as rich spiritual experiences.

The great bulk of humanity tends to live in a much greater unawareness indeed as they eschew most spiritual awareness or knowledge in favour of the pleasures of the flesh. This also provides what may seem to be a fullness of physical experience but which is essentially a state of disharmony. This is dealt with by venturing further into the physicality or to using drugs of many types.

People living in this way are prone to periods of feeling lost or incomplete with a feeling of a lack of purpose in living.

There are others who fill their living with determined and focussed activity in some activity or in the pursuance of a goal. The goals pursued are many and varied and usually demand intense focus and intense mental and physical application. This may well provide a sense of satisfaction and much may be apparently achieved as someone becomes the richest, the furthest travelled, the fastest, the one who has

climbed the most mountains and so on. Many people are honoured for achievements of this type and become revered by others who may feel their sense of self to be increased by such honouring. There are others who develop a sense of their own inadequacy in the presence of these heroes of the world.

I could continue to discuss many ways of living and of being and you would continue to wonder just why I am prattling in this way. What I am saying is of little significance although you could attempt to make much of it if you chose. I suggest that you don't do that. I am prattling and for the reason that I gave you yesterday. I am allowing you to write and sense the way in which you are doing this and to develop the awareness of what is changing and the way in which this is happening. This is for you and your benefit. Others who read it may gain from reading it and they may not.

By doing this I am suggesting that increasing awareness can be fostered by doing what may appear to be meaningless activities for no purpose other than to pay heed to the way in which you are doing them and what is happening as you do this. You don't need a higher purpose or the need to aspire to be more than anyone else. One of the greatest goals that any person can have is to aspire to do what they can as well as they can and to be aware of doing this. Many old teachers have encouraged their students to follow such practices and to perform their everyday activities with awareness of how they do what they do without necessarily focussing always on the supposed endpoint of the activity.

Just such simple acts can transform an ordinary and apparently relatively meaningless life into a time of great interest into which meaning seems to flow. I do mean that meaning will **flow** into such a life lived in that way. Life has great, deep and integral meaning that doesn't need to be sought with study in the schools, universities and libraries of the world. The meaning is inherent in everything that everyone does at every moment of the day and night. As one learns to pay heed to what is literally under one's nose at any moment one commences to find the meaning that seems to elude so many. There is some virtue to the focussed application of oneself in activities in life but the value is limited if this is done without some very basic attention being paid to the very least of the activities being undertaken. The tiny portions that comprise the whole are important and need recognition.

There are writings which say that everything is important to the Source, God and that not a sparrow falls that he is not aware of and that the hairs of your head are numbered. Does this mean that God is so concerned about the small things that these achieve the greatest importance? No it does not for a moment mean this. It means only that every tiny thing contributes to the whole and is recognised and valued. Anyone who aspires to live life as fully as possible needs to pay heed to the small things of life not in such a way as to focus on them to the exclusion of most else. This would be quite imbalanced too. It does mean that awareness that what is seen and sensed is comprised and complemented by much that is not seen or directly sensed. This recognition is vital and will lead to a much deeper sense of the meaning of living on Earth. The overall harmony or disharmony that is present at any place or time is a result of the activity of all that exists there at that time. Nothing exists in isolation from all else. Anyone who senses that they are isolated or set aside is losing sight of the presence of what surrounds them or they are focussed on such a narrow aspect of this that all else has lost its meaning to them.

Awareness is a remarkable quality of personality that facilitates the development of all other personality qualities as it is developed. Therefore it is a quality that is essential to all the other qualities that go to the totality of the human being. At incarnation the human soul can be considered to be literally full of potential that begs to be developed. Most people have no awareness of this. There is no being on Earth

who is not full of potential. There is no one who is incapable of developing a full and interesting personality through which they display the qualities that make them as individual as they are.

So you see, I am saying once more that awareness is an essential quality for the development of yourself on Earth and in the Spirit World. I am also saying that it is essential that you practise the development of your awareness in the most logical and most accessible place for every person. That is in your own self and in the everyday activities that everyone performs every day. What could be more direct or easier to access? The question arises as to whether you will do this in your own life. It does take some application but no time really. In fact, you will find, that as you apply your awareness to these mundane tasks of which your life is full, that they will tend to be less mundane and boring and may take on qualities they never had before. You may find new and interesting ways of doing them. You may find a variety of ways of doing any small task so that you may pick and choose how you do any task.

What may seem even more strange is that you will find your life becoming richer in many ways. You will find that there is much to interest you that previously perhaps didn't exist for you or was relegated to the boring basket.

Someone who is living the most ordinary existence with what seems to be little variety or interest to your eyes may actually have a fullness of living that is surprising. The most humble life may be much more meaningful than what appears to be the most important. There can be a great emptiness in fame and fortune that is not experienced the one who lives a simple life with attention and awareness and love. The most important ingredient of awareness is love. It takes love to pay heed to small things and tiny activities. It takes love to live a simple and restricted life with awareness and the presence of meaning. There are those who live lives of caring for another perhaps in a family situation and do this with love and dedication finding meaning and value in the most mundane of tasks. It also takes love to perform what might be regarded as important tasks or those of great public concern in ways that allow individual awareness and a sense of deeper meaning that transcends any egotistical sense of elevation.

The love that is most immediately available is natural love of course and this is available to all and is easy to use despite its not being used as often as it could. Everything that you need to do on Earth can be done with the awareness and application of natural love. That is simply true.

Everything that you can do on Earth with natural love can be done with greater efficacy with the addition of Divine Love. Before you can make this desirable addition you must first become aware of the existence of Divine Love. Interestingly, for most people, becoming aware of Divine Love actually heightens their awareness of natural love. That is a very interesting aspect of awareness that is worth pondering. Even becoming aware of Divine Love can heighten your awareness of life as it is and of aspects of it that were previously invisible to you. Then when you have Divine Love flowing into your soul as you pray for this, you will find changes of awareness bringing even more features of life into focus for you as you find even more fullness and meaning. An interesting fact about this is that this new meaning is arising in what was always considered to be familiar to you and about which you considered you knew a lot.

Awareness is a way of sensing what is present. Awareness has the potential to continue to increase as long as you exist through the continuity of your mortal and immortal living. A small amount of time that you spend now paying heed to the ordinary and the unremarkable may have benefits and effects

well beyond anything that you imagine. At the very least it will lead you to change and to be a more sentient being and as such the life you live must and will contain more to interest you and in which you will find meaning.

Isn't it strange that we speak of the important realities of living in terms of abstractions such as 'meaning' and 'awareness' and 'fulfilment'. The realities of life are all felt and as such can really only be communicated in abstractions to which anyone can apply their own meaning. This is the most cogent reason for doing whatever one can do to increase awareness initially of oneself and one's functioning and then to extend this outwards to the rest of life.

Enough, enough my friend. We have done enough. Perhaps you are aware that this is so. I am. I have enjoyed our little excursion today.

With love
Richard.



P E R S O N A L I T Y
SOUL  SPIRIT BODY  PHYSICAL BODY

The RICHARD MESSAGES:

via James Reid

www.lulu.com

63 Living is a Verb

8 April 2014

Good afternoon my dear friends. I am here to write with no agenda. I am open to whatever comes.

Good afternoon my dear friend. You are a bit unsettled but we have quite a good connection.

In our last talk I was speaking of the change of perspective once one is progressing in the Spirit Worlds. This allows one to see the reality of existence without the clouding effect of the physical nature of life on Earth. There is great beauty in this physical reality at a certain level but there is also great limitation because of limits of perception. As I have indicated before, these limitations are for a definite purpose as learning at all stages of development is staged and progressive. All growth is evolutionary beginning at a certain stage and steadily progressing through developmental stages all associated with increasing abilities and awareness. Every stage sets the foundation for the one that follows and the better this foundation is laid the more solid is the progress that follows. It is easy to see evidence of this in your usual educational processes where poor application to early stages can have dramatic effects later on so that a person may experience what can be crippling functional and emotional disabilities later. This is a feature of the Earth where one can actually progress, or have the illusion of progressing, without necessarily having fully completed the earlier stages. In spirit this is impossible and no-one can progress until they have fulfilled all the requirements to produce the necessary soul state.

This last feature of spirit living is perhaps the greatest difference from Earth life. On Earth all of the Laws of God apply to the same degree as in spirit but the weight of the Laws may not be felt until much later. It is as though humans are free to act as though the Laws of God don't exist. As a person becomes more aware, she/he is much more aware of these laws and tends to act more and more in accord with them even though they could continue to ignore them. There is never a question of 'disobeying' these as they don't demand obedience as the consequences of transgression are automatic and invariable however long they may seem to be delayed. I feel that it is impossible to write too much about the Laws of God and their actions as it is the understanding and acceptance of these that lies at the heart of all living with awareness. We have said before that developing awareness allows one an unbelievable freedom. All discover in time that moving and living in harmony with these laws imposes no limitation or penalty but opens one to the complete freedom of the Universe. These laws such as the Law of Attraction and the Law of Compensation, etc., are simply the laws that govern all existence looked at from a human perspective. In the fullness of all living these laws are what control all processes that occur at all levels of existence. This may sound strange when you are used to considering laws that are seen as applying to the behaviour of people and the laws of physics, chemistry, avionics, etc., as being quite discrete and different sets of rules. This is a natural consequence of the way in which people perceive life and have learned to make sense of living. The usual process looks at physical things rather than processes. The scientists who are now learning to look at processes from new perspectives are finding wonderful and strange phenomena and they are approaching closer to truth than ever before.

The central core of all functioning is harmony which can occur at many levels simultaneously and it is possible to have harmony at some levels co-existing with what appears to be disharmony at other levels. All processes will move towards establishing harmony. All living processes can sustain certain levels of

disharmony and still recover. Prolonged disharmony or sudden and catastrophic disharmony can lead to the cessation of the process in its present form resulting in, say, the death of a being or the abortion or gross transformation of a physical process.

All living processes are in constant fluctuation and movement and this is part and parcel of the harmony that characterises that particular process. There is intelligence within and directing all processes and this is not always apparent to observing humans although this is becoming obvious to those who are becoming familiar with what is called quantum physics. Intelligence is seen by humans as being localised in beings such as humans and animals. It is in fact much more widespread than that so that it is really impossible to find a situation where intelligence doesn't exist and act. Once again, the various levels of intelligence are capable of acting in harmony and finding balance that can be such that desirable processes are augmented and undesirable repressed. One of the greatest challenges to humans lies in their becoming humble enough to recognise their own creative power and to simultaneously learn their place in the mass of intelligence within which they live. Along with whatever else is postulated to be ever-present in the Universe, intelligence tends not to be recognised as such yet it is truly omnipresent. This becomes understandable and acceptable when one learns that each person is an inextricable part of a constant pattern of life that moves and evolves in ways in which every single aspect is related to and dependent on every other single aspect. Even though this would seem to be rendering each one to being a cipher or anonymous link the reverse is actually true as each one has and holds individuality throughout existence for all of eternity. Considering the enormous size of the Universe and the numbers of individuals, this is a mind boggling concept which you may think you can imagine but, believe me, you cannot conceive more than the merest glimmer of the reality.

All of the above is true and you will come to know it in due course when you are capable of this. Until then you will choose to believe it or not. The reality is not dependent on your belief or knowing for its existence but you are dependent on its existence for your existence and for your knowing. All the time you hold thoughts of these lofty concepts it is essential that you keep an eye on what is in your present and which comprises your immediate presence. It is only in your present moment that you will reap what you are sowing and it is only the products of this constant harvest that will feed your personal evolution. This harvest is not the future because you cannot reap what you don't have nor is it the past because you cannot reap what is no longer vital for you. All of your harvest will be in your present and will certainly bear the effects of the past but will not be the past. It will show the effects of the imaging, bright or dull, that you carry of your future but will not be this future. It will always be your present moment.

What this actually represents for any person will change as that person changes and grows with their awareness. The world in which anyone lives is the product of their awareness. It is not your world that creates awareness. The reverse is true. All of your living is experience and all experience is valid and all is shared. Every experience contributes to the whole sum of experience and this results in a dynamic creation that has no end and an indefinable beginning. Almost certainly no person will ever evolve to the level of being able to perceive the whole of this but every being is able to perceive whatever lies within their capacity. Perhaps this helps to give another perspective to the constant increase of light that beings experience in their progress spiritually whether on Earth or subsequently. Perhaps it will help you to imagine your awareness as being a sphere with what you regard as yourself at the centre of this sphere. Consider it as a sphere with fluid boundaries which allow interaction with others who can be in a body or in spirit. Most are aware in a directional sense and are not conscious of receiving sensory

input from every direction at once. Perhaps that suggestion is more confusing than helpful so do with it what you will. If it helps use it and if not then discard it. Awareness is what it is, whatever one believes.

In almost all of what we say to you we are encouraging the softening of boundaries that encourage senses of separation. It is another step of growth to recognise one's individuality in the context of an existence without boundaries. There are actually boundaries but they are boundaries of freedom conveyed by the action of the Laws of God. This sounds like a contradiction of terms but is an experiential reality which all will come to in time. These boundaries of freedom are never experienced as restrictions but enhance and promote evolution.

I feel that we can call a halt here and resume another time. Are you enjoying what we are doing? Our desire is to add depth to your daily experience without distracting you from it as it is there that your life is lived. Everything with which you deal is not a thing but a process. Consider ceasing to think in terms of things as this is restrictive. Every time you experience a process of any sort you are becoming aware of a process that has extensions far beyond your own small awareness and small history. Every time you feel anything you tap into eternity and there is absolutely nothing in eternity to fear now or ever. What is beyond your imaging will nurture you and secure you. Have faith my sisters and brothers. All is well!

I leave you with my loving and my blessing and I am being your friend, brother and teacher,
Antonio

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

Our Heavenly Mother and Father simply desire for us to ask for Their Love.

“Every day is a day of devotion.”

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the availability of the Feeling Healing process and Divine Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The RICHARD MESSAGES:

via James Reid

www.lulu.com

64 Self Recognition

9 April 2014

Good morning my friends. I really don't quite know where I am with my views of living on Earth and in spirit. I feel that this confusion or uncertainty is a good thing and indicates change and openness to releasing old concepts. I feel as if I need to keep a very fluid attitude to the information we are writing. I am getting a strong feeling of the necessity of having a personal attitude with which I am comfortable than to participate in a consensual reality. This doesn't mean isolating myself but participating with openness as all views are valid. If anything I feel it is necessary to encourage others to act similarly as, even if we think we have concurrent views, we actually do not.

Good morning my dear friend. Yes there is truth in what you say. Probably it is necessary only to recognise this for oneself without needing to encourage this in others as others will come to a similar view at some time. A vast group of people can happily co-exist while holding very different views and attitudes as long as they are humble and accepting of the differences without needing to insist upon consensus. I have previously explained that all of us in the Celestial Realms maintain our individuality and personal attitudes and are able to function in perfect co-operation and harmony with complete respect for the differences we exhibit. In saying this, I am not implying that such a state is possible on Earth at this time for this is not so. However, the possibility exists and will become increasingly possible as the present evolutionary process continues. The world will see increasing numbers of groups of increasing size and diversity developing and functioning in harmony for the commonweal. There are seeds of this already but true harmony in these groups is not common as the level of individual respect is limited and the view of reality and what constitutes true power in living is poorly developed. This is not meant as deprecation but is simply a statement of the present evolutionary state. It is usually most difficult to observe an evolutionary process while completely within it and with limited awareness.

As we state often, our greatest desire is to assist you to be as aware as possible of your living as it unfolds. Living is for living and experiencing and not for reading about it. It is not possible to live a life vicariously. If our information about Spirit Worlds increases your awareness of what surrounds you at every moment then this is valuable. It is of no real value to attempt to see your world in terms of ours or our worlds in terms of yours because, while there is some overlap, there is precious little conformity. Each person, incarnate or in spirit must always be present in their existing reality as fully as possible. Perhaps a majority of humans are attempting to live their life while paying scant attention to their present reality and then are surprised when they stumble or create surprises for themselves. Learning to use the complex mechanism into which one is born is far from easy and people are often taught by others who have poor ability to function let alone to teach.

Living in what is regarded as modern society presents great difficulties as the criteria by which 'successful living' are measured are often quite irrelevant to truth. The criteria tend to be very shallow with little or no recognition of the continuation of living beyond the transition of death of the physical body. In many ways the older and much less materialistic cultures were easier to live within. Some of what is regarded as their ignorance was bliss indeed. However, once more we are looking at an evolutionary process and some changes that don't seem to make sense have a purpose. Problems arise when people attempt to maintain evolutionary processes that have had their day and need to be allowed to move into the past. Many people today are so bewitched by the electronic apparatuses and their

abilities that they are paying much less heed to developing their own abilities. External machines will never replace or surpass the natural mechanism with which each one is endowed. We have no need for nor do we use any machines and there are none in the Spirit Worlds. The combination of our natural abilities and resources are all that are needed.

In saying the above I am not railing against modern technology but am urging less reliance on it. By all means use the facilities which are available as they do offer many great advantages especially with communication. However, it is wise to stand aside from the growing addiction to speed and the need to have so much information immediately if not sooner. In the overall process of evolution of humanity, speed is not an essential factor, nor is being overwhelmed with information. Humanity currently suffers from smothering amounts of information much of which is of doubtful veracity and most of which is barely understood or even read or heard. Information is not a replacement for harmony and awareness. It is possible to live in total ignorance inside the greatest repositories of knowledge that could be conceived. What purpose would be achieved by this? There are many who assume that they know much more than they actually do.

Each one can develop a sense of personal harmony with one's self and extend elements of harmony beyond this to others. This alone will result in the growth of knowledge in individuals and humanity as a whole.

Those in your world who are being the scientists and geniuses are simply being themselves and developing and expressing their talents. So are those who are living simple lives in harmony with nature and other people. Those who are living in disharmony are doing whatever they are doing for their own reasons. All are treated equally when they arrive here as all are equally subject to the Laws of God and placed according to their soul condition. Soul condition very often has little correlation to the way in which people were seen or esteemed by others or themselves while on Earth.

When I speak of softening personal boundaries I am also speaking of softening attitudes to oneself. Perhaps the greatest burden carried by individuals is the judgment they have made of themselves. The standards of modern society lead to ridiculous ideas of what is 'good or bad' and what is 'approved by God'. Judgment has come to hold a vaunted place in community assessments of others. It is easy to project one's own attitudes and judgments onto others rather than take personal responsibility. As usual I advocate starting at home in your consideration of such behaviour as it is only your own that you can change.

It is inevitable that we will use a lot of repetition in our discourses with you all for the very reasons that we have spoken of in the last day or so. The more thoroughly you deal with the everyday issues in your life the more rapid and solid will be your progress. We will take you ahead with many concepts and return again and again to the basics just to remind you that it is unwise to assume that you have dealt with the small and common issues that you have created in the course of your living. That one directs one's minds and attitudes to the 'heights' in no way means that the 'lows' have been dealt with. There are many who assume that their spirituality or what they assume to be their spirituality is enough to carry them through all the issues of compensation without having to deal with the nitty-gritty. Buildings of light are founded on solid grounds without buried or hidden and neglected flaws. This doesn't mean that every little issue must be dealt with before progress is made for this is not so. Every little issue that is accepted and owned and faced takes one another step forward.

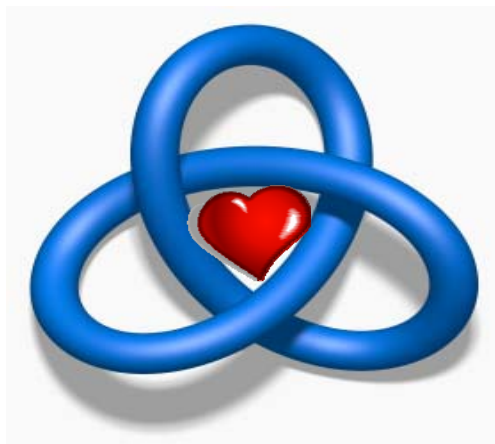
I must caution here that the pervading attitudes of judgment render most people unable to truly assess their own level of progress. Most people are in a better soul condition than they consider possible. This is a surprise to many when they arrive here who fear that they are destined for the darkest depths. Those who have the conscience to think this way rarely move to these places. Those who do are commonly without conscience and this has led their actions for most of their lives. This is not advice to slacken your attitudes but encouragement to continue to pay heed to the small things of everyday life as it is in this attention that progress is made steadily and evenly.

That is enough for the moment my friend. You have other things to do so we will adjourn to resume later.

With my love and blessings,
Antonio

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.



Immortality with the Love.

**INDWELLING SPIRIT, THOUGHT ADJUSTER,
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to the Source Soul and commence receiving Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

The Dynamics of Life: Love

Judas of Kerioth

Received by H.R. Cuenca, Ecuador.

www.lulu.com

March 21st 2003

I am appealing to your fantasy. Imagine an international news chain with their sophisticated equipment filming a report in the Middle East of the first century after Christ. Also imagine that the reporters have no knowledge whatsoever of Jesus.

They describe the vast merciless and cruel Roman Empire, harnessing the whole Mediterranean area, extending its frontiers up to the limits of the known world. They tell of the rebellious province of Judea, where the Roman occupying forces frequently clash with guerilla groups, and where the atmosphere vibrates with tension and insecurity. Even among the province's very population hatred reigns, because there live two peoples, deadly enemies: One people calls the others heretics and bastards, damned in the eyes of God; and the others reply that they are usurpers who changed the true faith, seducers and renegades, who have fallen in disgrace in the eyes of God. Confrontations were frequent, and it was not safe for members of one people to venture into the territory of the other one.

Perhaps, and only perhaps, the reporters meet a very peculiar preacher, who roams through all of Palestine and preaches a message of Love and peace, one of those barefoot peasants, one who is not able apparently to attract any more than other barefoot peasants. Of course, the reporters will not take him seriously. That Jesus from Galilee is only a wandering preacher among many others, he walks with a small group of followers, and is rejected even by the powerful of his own people. What should one expect from him? Would he be a footnote in a thick history book some day? No, impossible! He will be one of so many ephemeral fleeting stars that enjoy their day, and then end up in nothingness, to be forgotten forever.

However, Jesus had in his soul a piece of Heaven, his presence vibrated with Love, and everybody around him could feel this, and felt attracted, unless they closed themselves to this experience.

The power, the energy that Jesus transmitted was so great that a few centuries later, without the use of weapons, the vast and merciless empire would succumb in front of this force, an event that would change the course of history forever.

Much of this initial energy has been lost; the force was deviated and perverted. However, we can still feel it, and if we compare today's societies with those in the antiquity, we see very clear indications of change, slow and tortuous changes, but changes they are in any event.

This is the "dynamics of love." Each decision that brings us closer to harmony, makes it easier for us to take correct decisions in the future. The dynamics of love is a counterbalance to the dynamics of evil. And the situations we observe are the results of the power play between both.

Evil nurtures its forces through our drives, which in general serve highly selfish ends. The power of men to plan, their reasoning, adds a terribly dangerous element, because they are no longer content with making sure of their survival, but they want more and ever more, they head from survival to a life of luxury at any expense. Also, instead of giving into their fears and heeding them, they cover them up and try to compensate for them, threatening and intimidating other people with the vain intent of unloading their own fears onto the backs of others.

Love also needs nutrition. It is spirituality that strengthens natural love, so that it may be able to combat evil. But the fight is arduous. One can hardly imagine that that Jesus' work would have been so successful, had it been only based on natural love. Yes, of course, you are right, Islam also spread with an astounding speed. But wars of conquest on the wings of religious fanaticism led to those ends. Christianity, however, at least in its beginnings, was impelled by the Supreme Love.

Each one of you is responsible for adding their small contribution, so that the balance of dynamics may eventually lean toward harmony. Each decision weighs, and it is wise to meditate well whether this decision will lead to an increase of harmony, or simply upholds the deplorable state of things, or even worsens it.

There is no use in discussing the justification or illegality of wars or of other pitiful events. None of us is here to judge, but to act and to incline the balance towards good.

You are all powerful, even if you do not know it. All people have access, if they so choose, to the mightiest Force that exists, our Father's Love. People's prayers do not only fill their souls with this power, but they contribute to gather a pool of Love in this world, which like a gigantic power plant may flood the Earth with its light. Each one of you is a channel, through which the fuel that impels the dynamics of love can descend.

Pray for the Love of God. Pray a lot, the world needs it.

Your brother in Christ,
Judas

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**Feeling
Healing with
Divine Love is
the key!**



Golden Rule: that one must always honour another's will as one honours one's own.

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ENERGY DETERMINANTS – Relationship between Body, Mind and Soul:

The physical body calibrates at 200 on Dr David Hawkins' Map of Consciousness. Many people feel and believe that their body is their real self, this is not so.

Further, the brain is not the origin of the mind, as science and medicine had believed, but the other way around. The mind controls the brain. The brain is activated by the mind's intention and not vice versa. Reason, which emanates from the mind, calibrates at 400 to 499, thus controlling the brain.

What is held in mind has the power to alter brain activity and neuroanatomy. Thought is powerful because it has a high rate of vibration. We are subject to what we hold in mind. Errors in belief bring about energy flow blockages.

Superimposed around the physical body is an energy body whose form is very much like that of the physical body and whose patterns actually control the physical body. This control is at the level of thought or intention. This superimposed energy body is one's etheric / spirit body, the template of one's physical body and home of one's mind.

The basic dictum to comprehend is that the body obeys the mind; therefore, the body tends to manifest what the mind believes. Illness is generated in the physical body by erroneous held beliefs within one's mind.

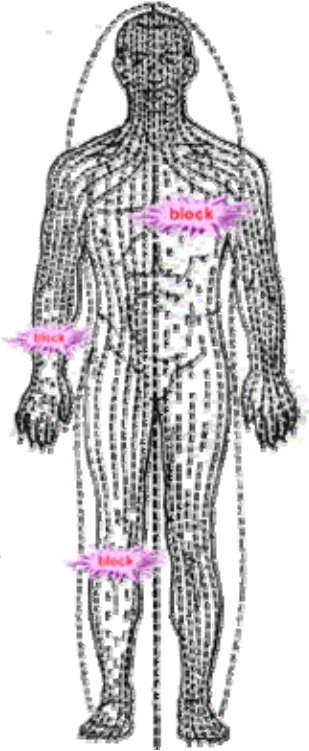
It is the energy level of love that steadily brings about a release from erroneous and harmful man-made emotions and beliefs. The energy level of love calibrates at 500 and higher. One's soul is by cords of light with one's spirit body. One's soul is the home of one's personality, natural intelligence and memory, it is our real self.

One's soul is always perfect and is made of the energy substance called natural love. It is by growing one's level of love does one enable sufficient energy to flow through one's chakras of the spirit body and subsequently into one's physical body that erroneous and injurious beliefs are dissolved and the potentiality for health of the physical body to become permanently repaired a possibility.

On the Map of Consciousness (MoC), the **charkas** calibrate as follows:

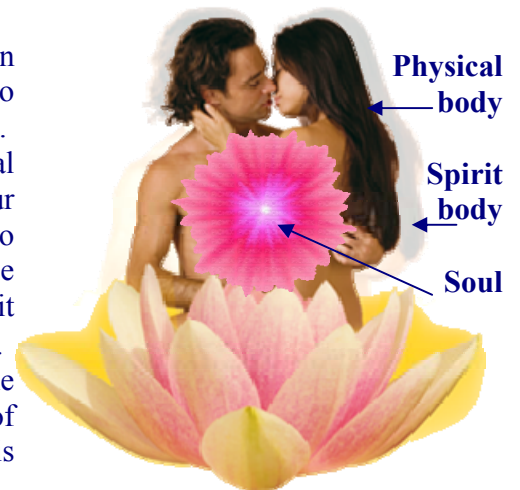
Crown	600	7 th chakra
Third Eye	525	6 th chakra
Throat	350	5 th chakra
Heart	505	4 th chakra
Solar Plexus	275	3 rd chakra
Sacral or Spleen	275	2 nd chakra
Base or Root Chakra	200	1 st chakra

The greatest infusion of Love, and the easiest way for one to transcend levels of emotions, that is, to evolve, is to long for, pray for, and ask for the Father's Love, Divine Love, being a light golden blue energy substance. Try the experiment.



The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.

Aman and Amon were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

Maybe something like 30 billion people have recognised that our Mother and Father’s Divine Love, together with embracing one’s Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don’t connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you’re not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of ‘New Age’ styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

I'D TURN BACK IF I WERE YOU!

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion World / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / Sphere 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time

of great realisation and comprehension with much of the prior experiences starting to be drawn together.”

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7th world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1st and 2nd Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



**Feeling
Healing with
Divine Love is
the key!**



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
The New Way, Feelings First Spirituality

The New Way, Feelings First Spirituality is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

THE New Way

Feelings First Spirituality

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Feelings First Spirituality The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
Free your feelings from your mind's control
Live true to your feelings; your feelings are your true self
Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
BAD feelings.
Want to understand why you're feeling them.
Use your surface feelings to take you deeper into your repressed and
hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity.
It embraces all people.
It completely unifies the world.



Everyone can relate to everyone else through their feelings.
And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.
No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us

show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

The New Way, Feelings First Spirituality



my
House is your
Paradise
 **HOME**

U-TURN for HUMANITY:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.



What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

**Feeling
Healing with
Divine Love is
the key!**



We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul ‘subdivides’ into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can’t tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary’s teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other

personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to 'house the future of humanity' .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are officially now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it’s there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1st Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we

become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.



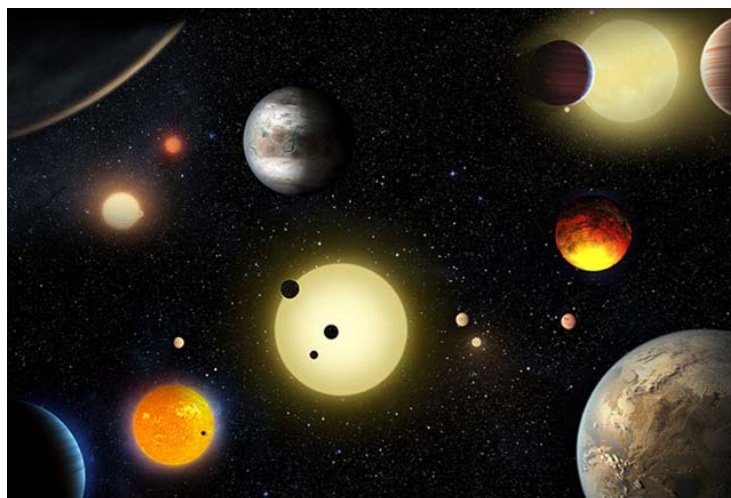
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

This is the greatest event in the history of humanity.

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

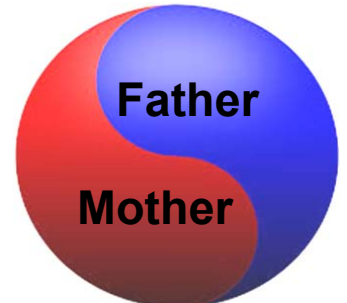
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

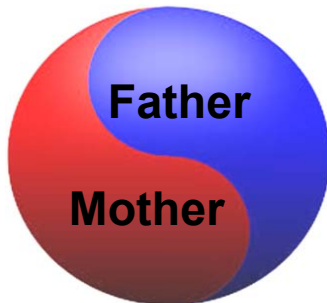


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
 We are to long for the truth of what we are feeling.
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It’s that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

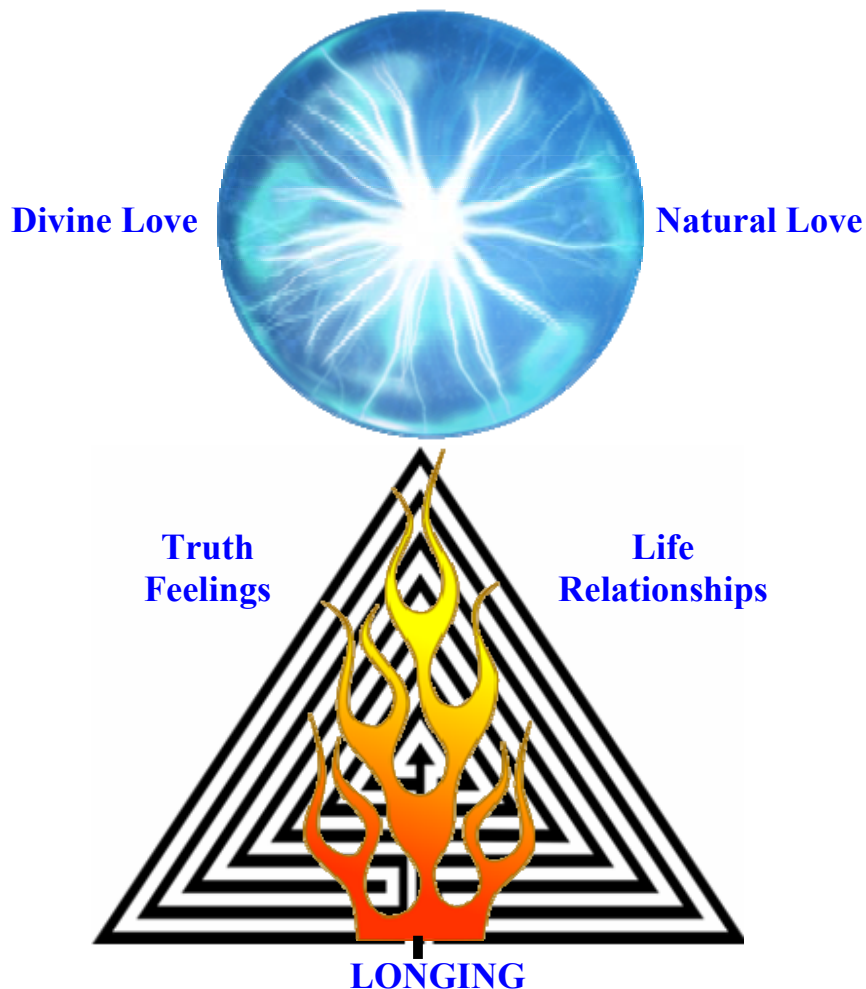
Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

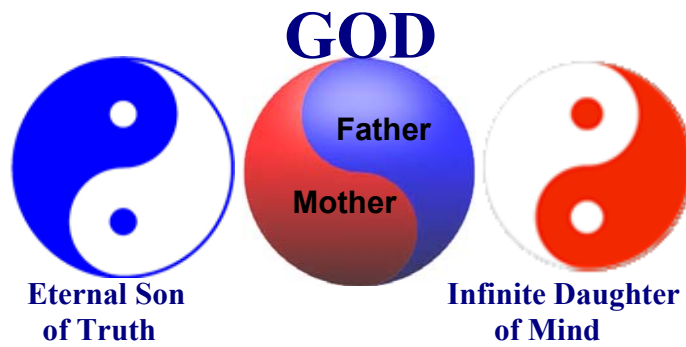
HOW TO GET TO PARADISE:

Long for the Divine Love
 Long for the Truth
 Long for the truth of your feelings
 Don't deny any feelings: accept, express and want to know the truth of them
 Know your feelings are the key; your feelings are the Way
 Want to end your falseness and being untrue
 Want to understand the truth of your early life
 Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
 Want and long to know the whole truth of yourself
 Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

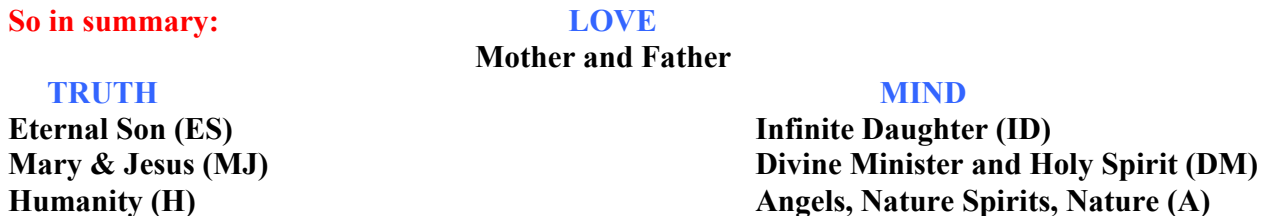
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

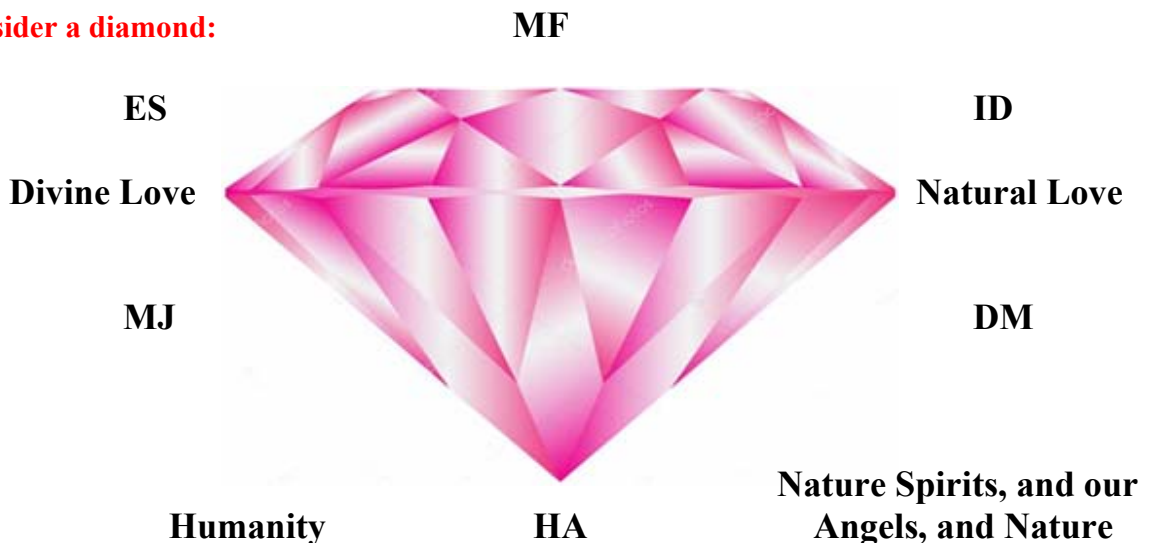
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

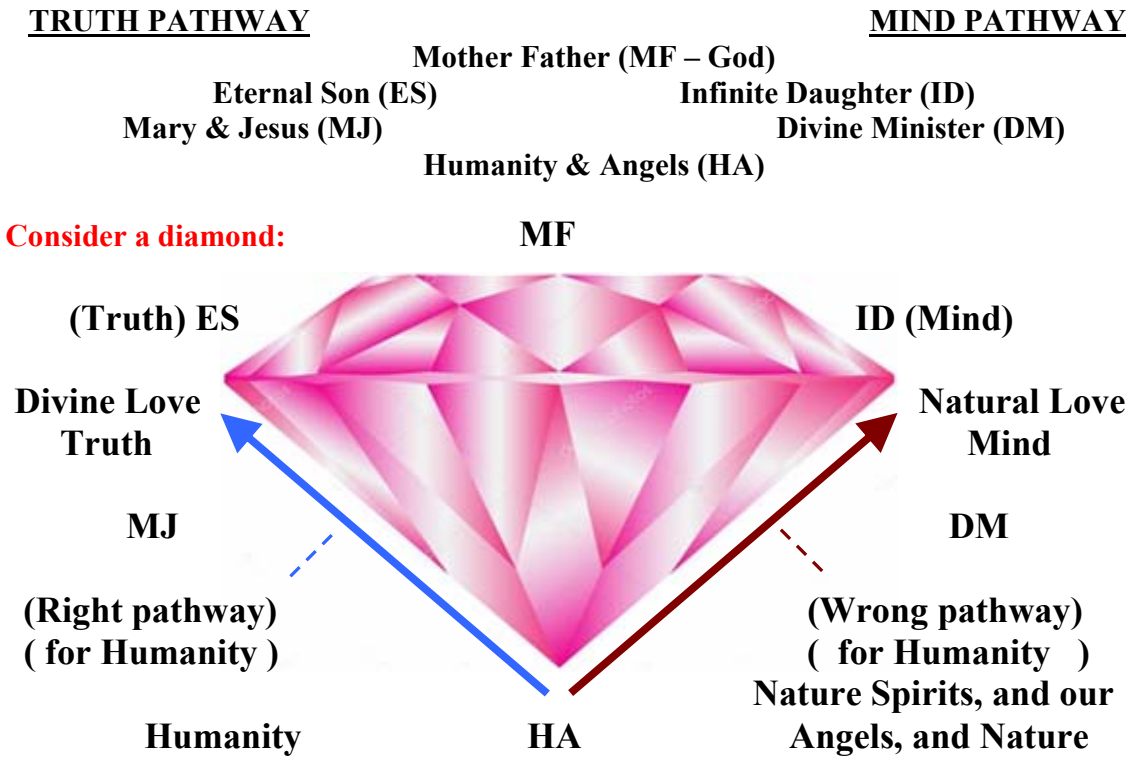
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

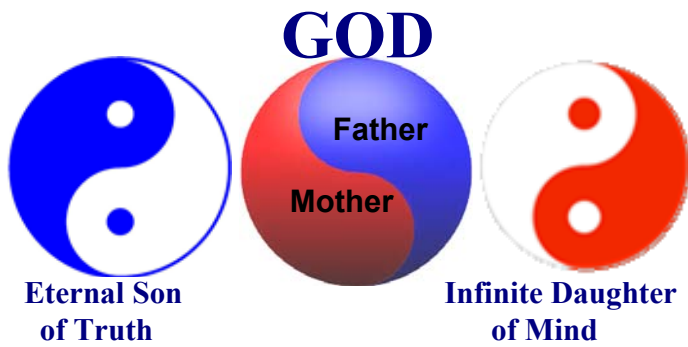
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Soulmate Pair



Angel

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.



Spirit Person



Nature Spirit

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective



Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

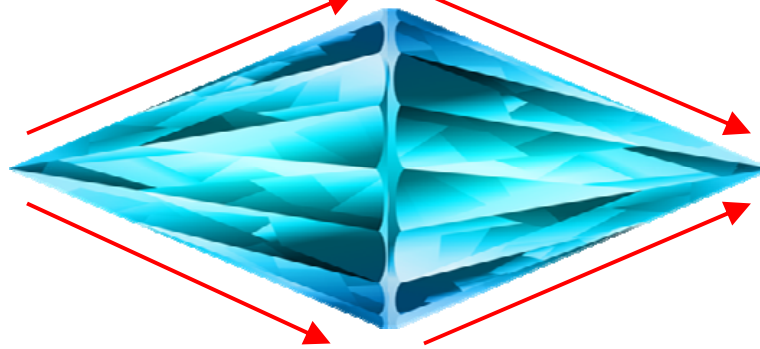
MIND INDUCED SOULMATE RELATIONSHIPS – FALSE SOULMATE:

Rebellion and Default

MIND-Created soulmate

HEALED (Celestial)

**Incarnation
TRUE Soulmate
Soul : Expressing
two personalities
– being soulmates**



Female soulmate
fantasy man (untrue)
Unsuccessful marriage

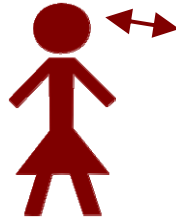
**WOMAN
Eternal Marriage
MAN**

Male soulmate
fantasy woman (untrue)
Unsuccessful marriage

Rebellion and Default MIND-Created false soulmate:

Female soulmate

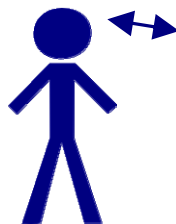
Unsuccessful
marriage to fantasy
untrue man



Being in rebellion by default, all our relationships are untrue and based on fantasies and erroneous beliefs of our mind. These relationships formed through the mind, are at best, temporary, and will ultimately end. They are false soulmate relationships.

Male soulmate

Unsuccessful
marriage to fantasy
untrue woman



Eternal soulmate marriage between a man and a woman only takes place for those that fully heal themselves of the imposts of the Rebellion and Default. Through longing for the truth behind all our feelings (both good and bad), we can begin to live true to our feelings. And once healed, and reaching a Celestial Soul Condition, through our true feelings we find our soulmate, our true companion for all eternity.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018



DIVINE LOVE FEATURES closely match those of SCALAR ENERGY:



The light golden blue energy substance, being the ultimate high octane super fuel and the greatest gift in all of the universes from our Heavenly Mother and Father, and it has many of the characteristics of what scientists refer to as “scalar energy”, or “zero-point” energy or as “radiant energy”, which it is not.

To receive and absorb this wonderful energy into our soul and spirit body, all one need do is to long for and ask to receive it, and the acting spirit, the holy spirit, will answer your call immediately, always.



Scalar Energy – Qualities reflect those of Divine Love
Scalar Energy – A Completely New World Is Possible

<http://www.dalimara.com/pages/what-is-scalar-energy>

- The scalar energy once embedded into an object, the energy will remain in the object indefinitely and can regenerate and repair itself indefinitely.
- The effect of scalar energy is cumulative, it gets stronger with time.
- Scalar energy is capable of imprinting itself on human DNA.
- Scalar energy do not decay over time or distance from their source.
- Scalar energy does not radiate as waves but expands outwards in circles of energy.
- Scalar energy is more field like than wave like and it tends to fill the environment.
- It is capable of passing through solid objects with no loss of intensity.
- A scalar energy is known as a fifth-dimensional non-linear and non Hertzian field.
- The space the scalar occupies is not a vacuum but comprises a network of harmoniously balanced energies.
- This energy has the capacity to carry information.
- Instead of being focused in beams or running along wires, it tends to fill its environment. They are unbounded and capable of passing through solid matter and implant its signature on them. It can be created by electromagnetic generators or naturally.

- Scalar energy, a stationary energy, cannot be evaluated by our current frequency instruments which are designed to measure Hertzian energy frequencies and wavelengths. However, its effect on objects into which it has been embedded can be strikingly demonstrated with Kirlian photography or Gas Discharge Visualization (GDV).

The History of Scalar Energy

<http://www.goingscalar.com/scalar-wave-craze/the-history-of-scalar-energy>

The discovery of Scalar Energy, in the mid 1850s, can be attributed to James Clark Maxwell, a Scotsman who was born in the 19th century. Maxwell was a mathematical genius whose work led to the development of quantum physics. Albert Einstein worked on Maxwell's findings and discovered "The Theory of Relativity".

However, it took another fifty years after Maxwell's discovery to prove the existence of Scalar Energy. It took one Nikola Tesla, who was born in Yugoslavia around 1856-1857 to demonstrate the existence of this form of energy. Tesla, who became a US citizen in 1891 carried on Maxwell's work and soon began to harness Scalar Energy without using any wires. Tesla referred to this energy as standing energy or universal waves.

Albert Einstein and Otto Stern acknowledged the existence of this form of energy and made due reference to Scalar Energy in the 1920s. Nikola Tesla is generally considered the father of scalar electro-magnetics. Tesla's name for this was 'Radiant Energy'.

It is not just Albert Einstein and Otto Stern who discovered zero point energy. They were not even the first. As noted above, Scalar Energy was first proposed by James Clerk Maxwell in mid-1800's and was later refined by Tesla who called it "Radiant Energy". Tesla even invented and was building a machine to create and distribute free energy when J. P. Morgan, the oil tycoon who was backing him, discovered what he was doing and put an end to the project.

Properties of Scalar Energy

The properties of Scalar Energy include them being non-linear and non-Hertzian. This energy form has the capacity to carry information. It also does not decay with the passing of time or distance.

Scalar Energy cannot be measured by contemporary frequency

What Is Scalar Energy?

- Scalar Energy is created when two common electromagnetic waves come together from two opposite converging vectors.
- Cancel each other → Stationary Energy
- It has Zero Frequency
- It exists naturally
- Small random Scalar Energy present in environment
- In the body it is also called Bio-Scalar Energy



instruments as it is depicted to be without frequency. This energy form is static, a stationary form of energy. When two similar frequencies coming from opposite directions meet, they cancel each other out. This results in a stationary energy form.

The traditional understanding of energy is that it flows out in the form of waves. However, scalar energy does not radiate as waves but expands outward in circles of energy. Occupying space, this spatial mass is not a vacuum but comprises a field of energy systems that is alive. This vibrant and dynamic energy field radiates a network of harmoniously balanced energies.

Scalar energy can be created naturally. It is always existent in the universe. By applying the conditions required, scalar energy can be created artificially. Scalar energy's expansive and circular movement offers a field of protective shield around the body. This protective shield removes and cancels the effects of man-made frequencies (60 HZ) on the human body. This is achieved by enhancing the body's natural defences against the damaging radiations coming from the various household and industrial appliances that surround us.

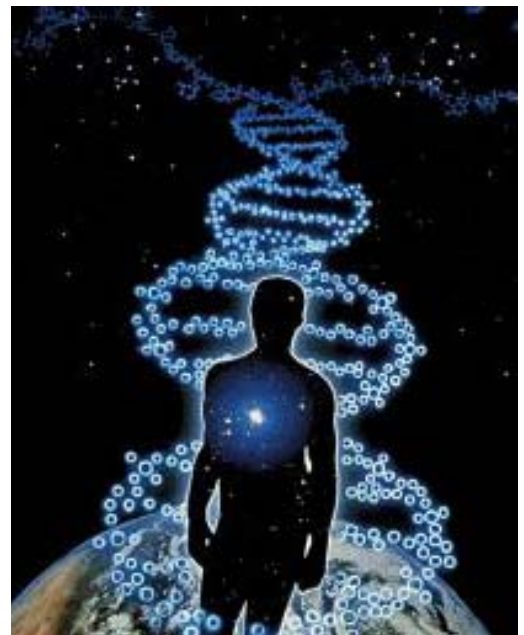
Scalar Energy Medicine

The bio-electrical current present in our bodies is often disturbed by external factors such as electromagnetic (EMF, EMR, RF) waves emitted from computers, mobile cell phones, and many other modern day appliances. Lack of exercise, poor eating habits, poor nutrition, and internal stress further affect this bio-electrical current.

One of the side effects of these stresses is accumulation of lactic acid in the blood and concentrations of abnormally high levels of lactic acid in the muscles. This condition leads to a hindrance of muscle contraction and ultimately fatigue, aging and disease. Examples of how this commonly manifests in our bodies includes headaches, stiffness in shoulders and neck, lower back aches, digestive problems, tiredness, and joint pains.

Energy Medicine acknowledges energy as a subtle, living force: a force that determines the status of one's health and general being. In energy medicine, a human body is seen as a network of vital energy both within and outside the physical body.

According to energy medicine, disease begins when there is a disturbance or obstruction in the energy patterns. When we have a physical illness, disease or injury, 'compression' forms in the energy field around the body. Even if you attempt to heal the physical effect, it is unlikely that healing will take place until the energy field is balanced and harmonized.



In energy medicine, healing takes place with the body activating its natural healing energies. The healing process also restores energy patterns that have become compromised by nurturing the weak links back to health. This means that in energy medicine, energy is both medicine (natural healing energies) and the patient (weak energy link). Energy medicine is not a new field of science; traditional systems of medicine in India and China have used and continue to use the principles of Energy Medicine in healing patients. Modern day therapies that use the principles of Energy Medicine include therapies such as breathing techniques, acupuncture, bio-field therapies, bio-magnetic therapies and homeopathy.

SCALAR ENERGY

<ul style="list-style-type: none"> <input type="checkbox"/> BASED ON LATEST DISCOVERY IN QUANTUM SCIENCE <input type="checkbox"/> SCALAR ENERGY HAS ALWAYS EXISTED SINCE THE BEGINNING OF TIME <input type="checkbox"/> HOWEVER IT IS ONLY RECENTLY THAT SCIENTISTS HAVE DISCOVERED IT AND BEGUN TO MAKE USE OF IT. <input type="checkbox"/> STRONG SCIENTIFIC EVIDENCE 	<ul style="list-style-type: none"> <input type="checkbox"/> AMAZING HEALING PROPERTIES <input type="checkbox"/> NOW USED BY THE MEDICAL FIELD TO TREAT H.I.V. POSITIVE PATIENTS <input type="checkbox"/> NOW BEGINNING TO BE KNOWN TO MANY PEOPLE, ESPECIALLY THE BIO-MEDICAL PROFESSION <input type="checkbox"/> A SUBTLE ENERGY THAT CAN BE HARNESSSED TO PRODUCE HEALING ENERGY
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Scalar energy is unstructured, available every where and very, very loving. We are graciously gifted with the ability to use this energy for our developing awareness. Because we exist in a field of this loving energy, in time we will always move toward a more loving attitude. It eventually will influence our will towards the will of Creator and away from our state of judgement. The plasmatic field or scalar energy is the expression of Creator that we can become aware of. It is what created all. It is not our source of Divine Love because it is the only aspect of Creator we and the Celestial beings can be aware of.

Feelings first

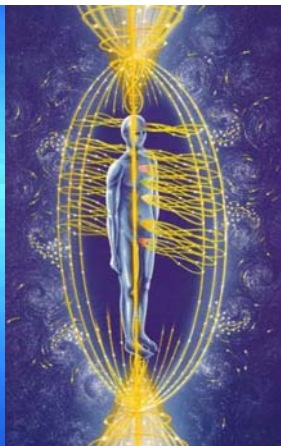
LIVE FEELINGS FIRST

WE LIVE in an OCEAN of LOVE:

Our Parents' Divine Love energy substance surrounds each and every one of us at all times. We can ask to receive this Love also, at all times. When we do so, the instrument of God, the Holy Spirit, will gently and precisely infuse the Their Love energy through our spirit body chakras and into our soul. Our soul, being our real self, is connected with our spirit body which in turn is the template for our physical body. Our personality, memory, intelligence and humanness is our soul; our mind and senses are spirit body based, physical body is the vehicle by which our soul is individualised.



As we receive more and more of the Mother and Father's Love, our soul grows and whilst doing our Feeling Healing, emotional errors and false beliefs fade and fall from our personality. It is this that enables us to slowly but permanently lose those attributes that are harmful to others and to one's self. The Love is our salvation.



God's Divine Love: Pray for it, ask for it, and receive it.

“Please Mother and Father, may I receive Your LOVE.”

“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother and Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”

Try it; give the Love a go! If you want to shine, receive the Love.

<http://www.pascashealth.com/index.php/library.html> visit Library section of www.pascashealth.com

audio files for download: [Prayer for Divine Love from the Padgett Messages.mp3](#)

[The Voice Of Divine Love.m4a](#) Files take some time to download.

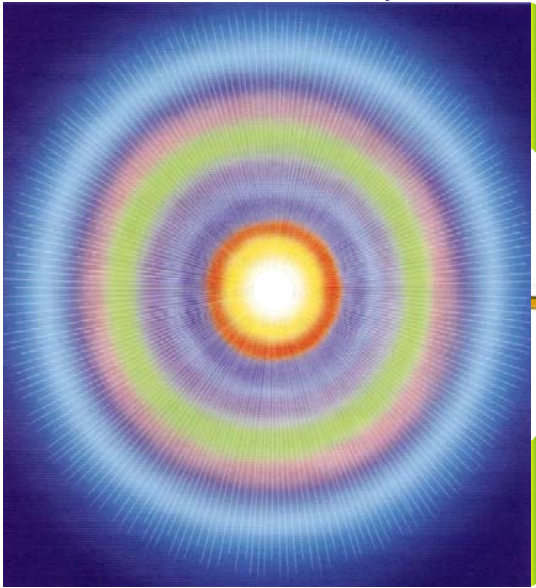
There are further audio files for downloading from the Medical – Spiritual References section.

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and female personality - it is a duplex!

LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:

1st sphere, lower regions – Natural Love MoC 50+/-
The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.

The typical soul condition of humanity is such that they generate the luminosity of a single candle.

1st sphere, mid regions – Natural Love MoC 210

A soul that has grown in love and soul condition equivalent to the 8th sphere – the point of becoming at one with God, the luminosity of such a soul is equivalent to the midday sun.

8th sphere – only possible with Divine Love! MoC 1,000+



DIVINE LOVE:

<http://www.fcdt.org/divinelove.htm>



The words "Divine Love" have been used in many contexts to convey different meanings. But in the context of our Heavenly Mother and Father, Divine Love is the greatest gift in all the universe. It transcends all else that can assist humankind fulfil their dreams of happiness and have them resolved within themselves. God's Divine Love is the one thing in all of God's infinite universe that can bring about eternal life and everlasting happiness in the Celestial Kingdom.

What is Divine Love?

The Divine Love differs from the natural love of man with which he was endowed when created, which belongs to all humans, and which they all possess in a more or less perfect condition in this: that the Divine Love is that Love which belongs to or is a part of God, possessing Their Nature and composed of Their Substance, and which, when possessed by a human soul to a sufficient degree, makes him divine and of the nature of God.

What is the New Birth?

The New Birth is simply the effect of the flowing of this Divine Love of our Mother and Father into the soul of a man and the disappearing of everything that tends to sin and error. As the Divine Love takes possession of the soul, and one embraces Feeling Healing, sin and error disappear. It, the soul, becomes of a quality like the Great Soul of our Heavenly Parents. And with the Soul of the Mother and Father being Divine and immortal in Its quality of Love, so, when the soul of man becomes possessed of this quality of Love, the soul being the man, this soul becomes divine also. Then, the image becomes the substance; the mortal becomes the immortal; and the soul of man, as to love and hope, becomes a part of the Mother and Father's Divinity.

How does one receive the Divine Love?

The only way is simply this: that men shall believe with all the sincerity of their minds and souls that this great Love of our Mother and Father is waiting to be bestowed upon each and all of them; and that when they come to our Mother and Father in faith and earnest aspirations, this Love will not be withholden from them. And, in addition to this belief, that they pray with all the earnestness and longings of their souls that our Mother and Father will open up their souls to the inflowing of this Love, and that then may come the Holy Spirit to them to bring this Love into their souls in such abundance that their souls may be transformed into the very Essence of our Mother and Father's Love. The soul who will thus believe and pray will never be disappointed, and the Way to the Kingdom will be his as certainly as that the sun shines by day upon the just and unjust alike.

Take the test.

Too often we are told to believe something based on what we are told. You don't have to "believe" anymore. Now you can have physical proof of the existence of God and Their Love for you?

"test my teachings that the Father's Love was now available, and pray for it to the Father in earnest prayer, and see whether, if this was done in sincerity, the Father's Love, conveyed through the Holy Spirit, would burn and glow in the soul, by which sign they would realize His Love was present therein." – Jesus

http://www.fcdt.org/Publications/NTRJ/ntr_1_9_22.htm

Date: June 14 and November 5, 1955

Medium:

Dr. Daniel G Samuels

Publication: New Testament Revelations of Jesus of Nazareth, p. 22

Take it to heart – earnestly pray for God's Divine Love and feel the glowing of Their Love in your soul. Jesus gave us the Prayer for Divine Love to help us in our prayers to our Mother and Father.



Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

DIVINE LOVE – what does it do?

The divine gift from asking for and receiving Divine Love will steadily, but with certainty, raise one's quality of life and also of all those around such a person who is seeking and receiving this Love.

The receiving of Divine Love, which is a substance, with certainty, progressively:

- Raises one's love for those around them, whilst embracing one's Feeling Healing.
- Raises one's perception of all things – naturally grows one's intelligence – soul intelligence.
- Enables one to feel and resolve negative emotional issues more readily during Feeling Healing.
- Humility becomes self evident. Humility enables one to feel their errors and emotions.
- Divine Love strengthens one's resolve to express errors, emotional injuries and untruths.
- Divine Love with Feeling Healing to remove emotional errors, enhances one's health.
- Divine Love enables one to become more childlike – not adult serious at all times.
- Divine Love raises one's capability of feeling – no longer needing to be mind controlling.
- By becoming feeling orientated, one no longer is mind / intellectually dominated.
- The strength to fight and overcome sin and error is strengthened through the Divine Love.
- The Law of Compensation process is more resolved by Feeling Healing with Divine Love.
- Receipt of Divine Love grows one's faith, beliefs become faith and then knowing.
- As our faith grows our intensity to ask and then receive Divine Love grows.
- We begin to follow our passions and desires, no longer fear and mind driven.
- Truth being told at all times then progressively becomes a way of life.
- Our quality of life blossoms, our finances and relationships prosper.
- Man creates his own environment, seeking Divine Love can vastly improve one's environment.
- Health carers receiving Divine Love enhance healing outcomes beyond comprehension.
- Receiving Divine Love may assist in bringing a struggling marriage back into harmony.
- You progressively become dependent upon our Heavenly Parents, not self dependent.
- Personal growth in love directly assists the soul condition growth of one's children.
- Divine Love assists one's rate of soul condition to progress whilst embracing Feeling Healing.
- Divine Love is a substance that changes the human soul to that of the Divine.
- Without Divine Love, one cannot progress into the Celestial Spheres (8th sphere and higher).
- Divine Love, with Feeling Healing, enables everlasting Love and Life in the Celestial Heavens.

“The Law of Compensation doesn't operate on isolated actions, but on the overall condition of people's souls, because the deeds are the consequence of this condition. Our behaviour is the reflection of our souls. Never see isolated deeds, always see souls whose condition leads to certain deeds. It is the soul condition which determines the motive and consequently the action. It is our lack of trust in God, this ultimate and definitive trust, which only soul development may give us. This lack is why we suffer.”

Judas of Kerioth 5th October 2001

As you grow in love, illness issues abate, financial security improves, and your treatment of your fellow man is the same as how you would like to be treated. You grow in natural intelligence, your perception on many subjects becomes profoundly more loving and supportive of and for your way of life and how you interact with your fellow man.

This quality of life and love permeates and extends into every facet of your physical life and continues to grow as you progress on your journey within the spirit world.

Your capabilities to ask for and receive Divine Love is a gift between you and your creator, God. You do not need an intermediary, nor do you need to join with any organisation. This is your own personal journey and experience. You can share this with others, but no one can take it away from you.

This Love will elevate the human soul to a condition that it may perceive the spiritual truths which God has waiting to be revealed to Their children who aspire to understand the nature of the divine and what their true relationship to Them and their family of souls is.

“Keep faith with God, and be open to Their Love, and you will overcome with confidence and, indeed, peace of mind, optimism and happiness, those circumstances that seem to mar the fulfilment of your years.” Mary (mother)

<http://new-birth.net/samuels-messages/53-revelations/revelation-14-prophecies-of-daniel-ntr13/>

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

I am God's son / daughter / child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Child like

Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / Mansion World are same)

5 years to over 10 years to at-onement

‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’

Quote from Celestial Spirit Richard 22 Dec 2012



The BEAUTIFUL MIRACLE:

5 Oct 2012

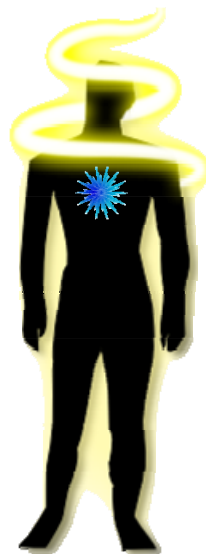
The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of our Mother and Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

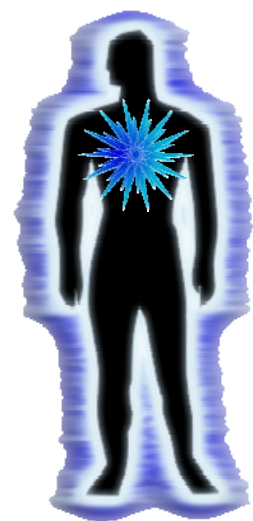
**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



SHINING TOWARD SPIRIT:
665. The Shining toward Truth

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas
www.lulu.com

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

Prayer for Divine Love: (extract)

“We pray that Thou will open up our souls to the inflowing of Thy love, and that then may come Thy Holy Spirit to bring into our souls this, Thy love in great abundance, until our souls shall be transformed into the very essence of Thyself; and that there may come to us faith--such faith as will cause us to realize that we are truly Thy children and one with Thee in very substance and not in image only.”



"Please, sir, I want some more."

Or maybe:

"Please, ***Mother and Father***, I want some more."

God's Divine Love: Pray for it, ask for it, and receive it.

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Our salvation IS by embracing Feeling Healing with the Divine Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Please Mother and Father, may I receive Your LOVE.

“Every day is a day of devotion.”

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother – Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



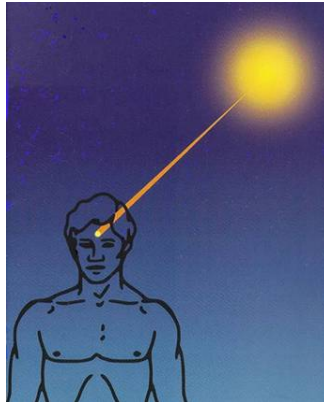
PRAYER for DIVINE LOVE: library download pages at www.pascashealth.com
 Kindly visit the library download pages at www.pascashealth.com as further recordings are added.
 Should you click on the audio files, you will also be able to download the audio file onto your computer.
Prayer for Divine Love – from the Padgett Messages (Medical – Spiritual References)
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>
The Voice of Divine Love (Medical – Spiritual References)
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

VISUALISATION with LONGING:

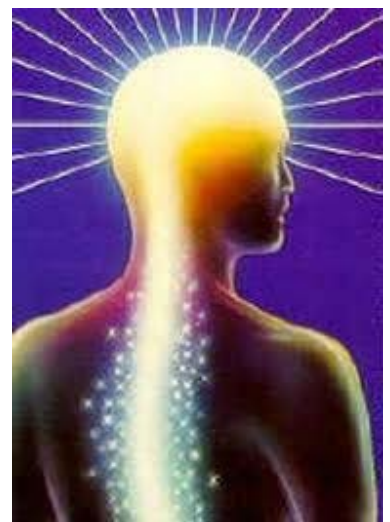
Holy Spirit infusing Divine Love.

Progressive escalation of Divine Love flowing.

Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:



"Please, Mother and Father, I want some more."



Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa
Available generally from:		
www.lulu.com	www.amazon.com	www.bookdepository.com
For Divine Love focused websites and forums:		
Pascas Health:	http://www.pascashealth.com/index.php/library.html	
Spiritual Development:	http://new-birth.net/spiritual-subjects/	
Padgett Books:	http://new-birth.net/padgetts-messages/	
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below)		1914 – 1923	Pages	945
The Urantia Book (see suggested papers to read below)				
James Moncrief Books:	MoC			
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003		228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003		189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003		170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007		164
Messages from 31 May 1914 – 12 January 1915	1,495			
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010		177
Messages from 13 January 1915 – 29 August 1915	1,494			
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013		206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013		229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014		187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014		191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014		84
		This group being pages of		1,825
Paul – City of Light	1,488.5		2005	149
Ann and Terry			2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1		2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2		2006	159
Breaking the Golden Rule.	feeling-healing book 3		2006	168
Feeling-Healing exercises, and other healing points to consider.			2009	175
Cathy and Mark – a novel introducing Feeling-Healing.			2010	151
Introduction course to Divine Love Spirituality			2006	139
Speaking with the Dead, Death and Dying			2009	173
Spirits and their Childhood Repression Healing			2010	179
With Verna – a nature spirit			2008	279
Communication with spirits – meet a spirit friend			2010	37
Introduction to Divine Love Spirituality website				362
Sage – and the Healing Angels of Light			2017	260
Divine Love Spirituality	1,500		2017	201
Feeling Healing – you can heal yourself through your feelings			2017	153
Religion of Feelings	1,500		2017	44
		This group being pages of		3,043

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlsr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on them selves and doing their Healing.

Feeling Bad? Bad feeling are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

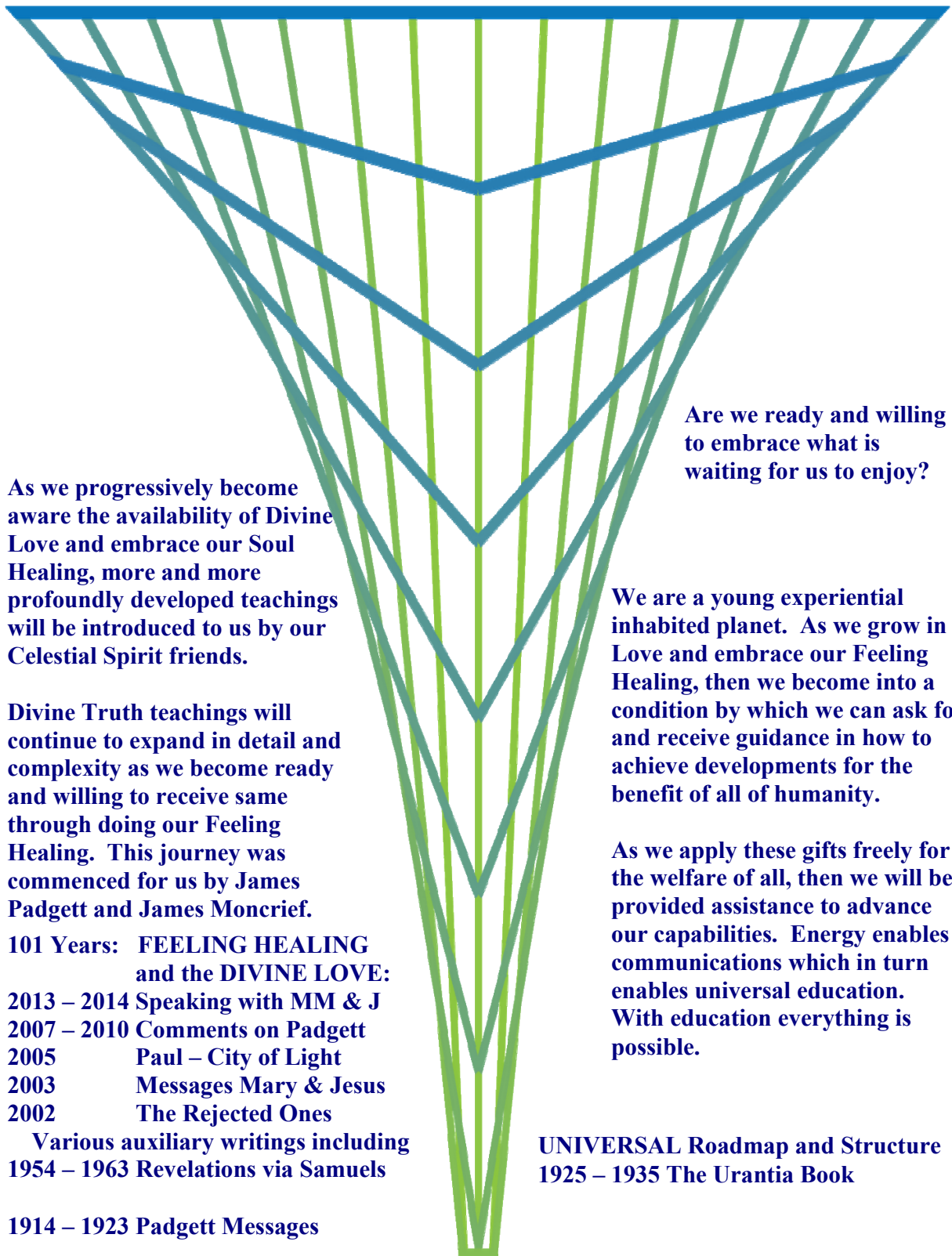
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:





SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

CELESTIAL HEAVENS

**Soul spheres
are not
numbered.**

**Soul spheres
are to:**



The New Birth = Become at one with God: sphere 8

**Spirit body
spheres are
1 - 7**

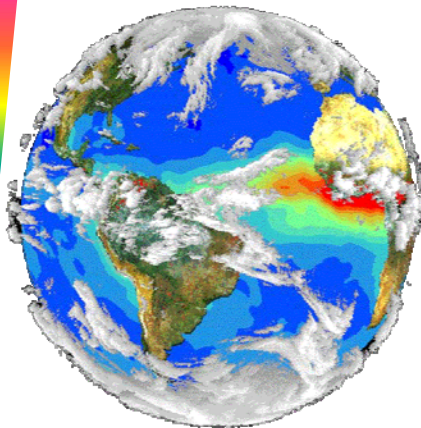
Peak Sphere =



**NATURAL
LOVE
SPHERES**



**DIVINE
LOVE
SPHERES**



**Earth sphere is for
the physical body.**