

# PASCAS CARE

## *Death & Dying*

### *"Getting the Hell out of Here"*



“Peace And Spirit Creating Alternative Solutions”

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Pascas Foundation is a not for profit organisation

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## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*

***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***



**Geoff Cutler** is the initiator and moderator of the website:

<http://new-birth.net/>

Within this website will be found much profound information and truth, consider this link within the site:

<http://new-birth.net/life-after-death/>

Geoff Cutler is also the editor and publisher of ‘Judas of Kerieth’:



In 2001 rather unexpectedly, a good friend of mine (Geoff Cutler) began receiving communications from spirit. This turned out to be none other than Judas Iscariot, also known as Judas of Kerieth. This book is a publication of what ensued over the following years. It is a fascinating tale of an enigmatic and much misunderstood figure, as also containing fascinating insights into the life and times of Joshua Ben Joseph – Jesus of Nazareth. A great deal of information is shared regarding the "lost years", or the years not covered in the Bible. Along the way, Judas touches on some contemporary subjects, tricky subjects like terrorism and homosexuality. We are also blessed to have the images of nine of the apostles, based on visions the author received, plus one of Pilate. Because the author is an extremely talented artist, he was able to reconstruct these using an approach similar to the familiar photo identikit approach.

‘Judas of Kerieth’ can be purchased from:

<http://www.lulu.com/shop/>

<http://www.amazon.com/>

‘Getting the Hell out of Here’, this “essay” is available as both a Kindle e-book:

<http://www.amazon.com/Getting-Hell-out-Here-ebook/dp/B005CSPSXY/>

and as a printed book:

<http://www.lulu.com/shop/geoff-cutler/getting-the-hell-out-of-here/paperback/product-20116199.html>

## **Swedenborg and Life: The Angels We Meet After Death,**

[http://www.youtube.com/watch?v=8WdzqF34wwQ&feature=em-share\\_video\\_user](http://www.youtube.com/watch?v=8WdzqF34wwQ&feature=em-share_video_user)

Note: With regards to the following essay by Geoff Cutler, the graphics have been added by others.

# Books on Life After Death

<http://new-birth.net/>

<https://new-birth.net/other-stuff/books-we-love/books-on-life-after-death/#rein>

Geoff Cutler, by 2010, had in his library something more than 500 books on this subject, most of which had been transcribed through mediums by spirit personalities who had died on Earth. Geoff lives in Sydney, Australia.

Most of these books are channelled - in other words they are the words of someone who is “dead” delivered by a medium who is obviously a living mortal. There are however a few exceptions - “When Ghosts Speak” by Mary Ann Winkowski which is about her experiences with ghosts, and “My Travels in the Spirit World” by Caroline Larsen which was achieved in an out of body state by the author. J.S.M Ward also traveled out of body, but in his case, that enabled him to obtain the information from other spirits who were tasked with telling their stories. The very first book listed here, I wrote, based on many of those listed, plus the [Padgett material](#) on this site.




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## Getting the Hell out of here

by Geoff Cutler

This is a relatively short summary of what happens after death, and owes much to the books on this list. After many years of just offering a pdf I have finally produced a proper print book, and it is [available at Lulu](#). This is 46 pages on the Spirit Spheres, including the Hells and the Astral Plane. This is now available in [Amazon Kindle format](#). It can also be read [on this site as a web page](#). There is also a pdf available: [Getting The Hell Out of Here Rev8](#) and now an epub version: [Getting the Hell out of here, epub](#)




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## Lowlands of Heaven Volume 1 of Life Beyond the Veil

by Rev George Vale Owen

This is the first volume of a five volume set received in the period 1913 on, and first published in 1920. I value it because the spirits here acknowledge the existence of the Christ Spheres, which to my mind is probably the single most important fact one can learn about life after death. The second most important fact is how to become a Christ Spirit, but this series does not teach that.

I have added myself as editor because I have removed most of the archaic words and adjusted sentences that were not clear, as our language has changed over time. I have also added numerous footnotes, and a chapter on recommended reading which is similar in nature to this volume.

The content of these volumes is not quite as fact-packed as for example the works by Anthony Borgia, but they have a unique style. In a way that is hard to describe, its almost as if you are accompanying each spirit as they go about their day. This conveys their life in a way not found in any other source. The facts conveyed are much the same as a great many other spirit communications, but it is this sense of being there that is different. This particular volume has a large number of messages from his mother and describe her duties associated with helping people coming out of the hells. I offer a free pdf: [Lowlands of Heaven, The Life Beyond the Veil.pdf](#)

I also [have a Kindle version](#) at Amazon. There are now print copies available in Amazon and [Lulu](#), being both hard cover and soft cover.

As an aside, we have heard from [Rev George Vale Owen in 2020](#). and again [here](#).



## Highlands of Heaven Volume 2 of Life Beyond the Veil

by Rev George Vale Owen

This is the second volume of a five volume set received in the period 1913 on, and first published in 1920.

This particular volume is recited by Zabdiel, a spirit residing in what we would call the Fifth Sphere, but which in this series is called the Tenth. Many topics are covered, and once again you get the feeling that you are a part of the action. He describes his own home, the inter-relation of the various spheres, creation of the species, the blindness of intellectual arrogance, many of the Temples and wonderful events of glorious thanksgiving, meeting his own guide for the first time, events at the Children's home,



and his own ascension to a higher sphere. I offer a free pdf: [The Highlands of Heaven, The Life Beyond the Veil.pdf](#)

I also have [a Kindle version at Amazon](#). There are now print copies available in Amazon and [Lulu](#), being both hard cover and soft cover.



## Ministry of Heaven Volume 3 of Life Beyond the Veil

by Rev George Vale Owen

This is the third volume of a five volume set received in the period 1913 on, and first published in 1920.

This particular volume is recited by Leader, a spirit residing in what we would call the Fifth Sphere, but which in this series is called the Tenth. Many topics are covered, and once again you get the feeling that you are a part of the action. The most amazing of these is a journey into the hells which eventually resulted in the release of 144,000 spirits from the clutches of a single dark spirit, and their resettlement in an area of marginally more light where they could set about rehabilitating themselves. I offer a free pdf: [The Ministry of Heaven, The Life Beyond the Veil.pdf](#)

I also have [a Kindle version at Amazon](#). There are now print copies available in Amazon and [Lulu](#), being both hard cover and soft cover.



## Battalions of Heaven Volume 4 of Life Beyond the Veil

by Rev George Vale Owen

This is the fourth volume of a five volume set received in the period 1913 on, and first published in 1920. The recorder is the Rev. G. Vale Owen, vicar of Orford, Lancashire. The messages contained in this book were also published in a daily newspaper by the owner Lord Northcliffe. As such they were widely read, and widely acclaimed. It is curious therefor that they have slipped into relative

obscurity only 100 years later, even though they were widely accepted within the Church of England and beyond.

This particular volume is dictated by Arnel, a spirit residing in what is termed the Tenth Sphere in this series, but which will be more familiar as the Fifth Sphere to readers of other similar publications. This book is more philosophical than the earlier volumes. However one major event is described that lasted many years. Apparently because of the very poor spiritual condition of mankind, the energy signature surrounding the earth had begun to negatively influence inhabited planets in our vicinity. So a massive project was launched to cleanse this energy.

This volume also describes the problem of leadership, especially that which is typical of the male on earth, and how it is necessary for women to take up this role, but not using the same style that men use which is one of dominance.

I have added myself as editor because I have removed most of the archaic words and adjusted sentences that were not clear, as our language has changed over time. I have also added numerous footnotes, and a chapter on recommended reading which is similar in nature to this volume.

This is now available [at Amazon](#) as an ebook. There is also a free pdf: [The Battalions of Heaven, The Life Beyond the Veil.pdf](#)

There are now print copies available in Amazon and [Lulu](#), being both hard cover and soft cover.



## Outlands of Heaven Volume 5 of Life Beyond the Veil

by Rev George Vale Owen

I now have a second edition of this book. It is 60 pages longer than the first edition.

This is the fifth and final volume in the series of books sub-titled “Life Beyond the Veil”. It was first published in 1921, but fell into obscurity, and today you will not find a pdf on the web except the one I just created, and even finding second hand copies is very hard. But I think this may be the best of the series. One reason is that half the book covered how children learn and teach themselves. This sort of thing is hard to find, and I have never found the detail set out here, in any other source.

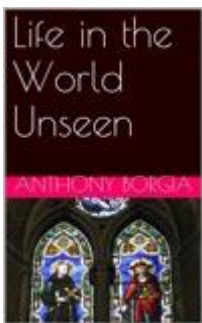
Then the second part of the book deals with the borderlands. These are the planes just outside the “real” hells. It would appear that the Law of Attraction is somewhat elastic, as there are many cases of spirits travelling further than their condition really would befit them. A number of advanced spirits operate in these areas, and have to be quite strong in their approach to dealing with these unruly semi-dark spirits.

There are also some anecdotes of how they handle massacres, where not surprisingly the dead guys want to rush back and get their revenge. There is one story of how Wolfhere (a woman with several centuries of experience here) handles on her own 10,000 guys who don’t want their “leader” to be a woman, and are about, so they think, to make some changes.

There is now a third part to this volume that was not in the original publication, but in a quite separate booklet entitled “Paul and Albert.” As it is quite a short book, it made sense to add it here. It is a very detailed account of Paul’s journey though the hells and is very informative.

It [is at Amazon](#) as a Kindle version, and I offer a free pdf as well: [Outlands of Heaven Volume 5 of Life Beyond the Veil](#)

There are now print copies available in Amazon and [Lulu](#), being both hard cover and soft cover.



## Life in the World Unseen

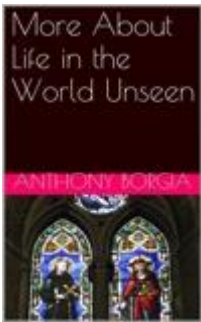
by [Anthony Borgia](#).

It amazes me how long one can spend, interested in the things that happen after death, and still find amazing books that you somehow did not discover earlier. This has to be one of the best written, and more than adequately in depth, on the topic of what happens in the Spirit Spheres. It was first published in 1954. The spirit telling the tale in this case is an ex-cleric, Monsignor Robert Hugh Benson. In spite of his previous religious background, he tells us a tale largely devoid of religious comment, save for his indignation at what he previously believed and indeed wrote as a mortal. He does not cover topics such as Divine Love, and that is to be expected.

The topics include passing over, the magnificence of the spheres, how they move around, eating fruits, their cities and buildings. How buildings are constructed, hospitals and children. A number of topics are better covered here than anywhere else I have found, including the issue of garments, movement, and even boating. Yes boating. For those of us who like boating!

Free epub and pdf versions [are available here](#).






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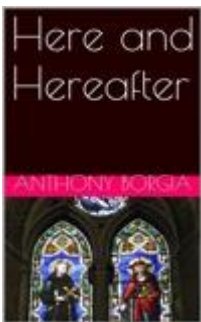
## More about Life in the World Unseen

by Anthony Borgia.

This is a continuation of the book “Life in the World Unseen”. It was first published in 1956. It is again an interesting book, particularly if you are pretty fanatical about wanting to know what happens after death. However compared with the first book, it should be said that there is a lot of repetition.

However there is a unique section on pets in the spirit world which has been extracted [onto this page](#).

There is an interesting discussion about the role, and the limitations placed on churches in the next realm. This book is out of print. Free epub and pdf versions [are available here](#).




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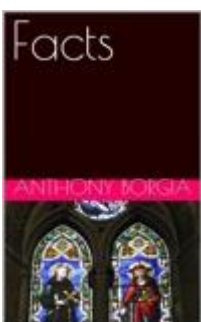
## Here and Here After.

by Anthony Borgia.

This appears to be a continuation of the book “Life in the World Unseen”. It was first published in 1959. Well it was actually first published under the original title “ABC of Life” in 1945, making it one of the oldest of the Borgia books. It is again an interesting book, particularly if you are pretty fanatical about wanting to know what happens after death. However compared with the first and second book, it should be said that there is a lot of repetition. One of the things that I wondered about, is that Monsignor seems not to have progressed spiritually very much in the period since his death.

I have discovered two books devoted entirely to commentary on the orthodox Christian beliefs - “Facts” and “More Light” so it is apparent that the other books were deliberately kept away from indepth discussion of religious topics.

A Kindle edition [is available here](#). A print book is also [available at Amazon](#). A free pdf and epub versions [are available here](#).




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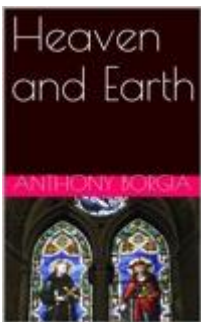
## Facts

## by Antony Borgia

First published in 1946, this booklet is devoted to a criticism of the Christian religion, as seen from the spirit planes. Monsignor Robert Hugh Benson certainly demolishes much of the orthodox Christian dogma, yet fails to add such higher truths as we can learn via James Padgett. Strange really, because Padgett's mediumship occurred while Benson was in the spirit world.

He covers issues such as baptism, the Eucharist, the vicarious atonement, prayer, and notions of judgment, justice and mercy. A Kindle [is available here](#). A print book is also [available at Amazon](#).

There is a sequel to this book called "More Light" which is also religious commentary. A free epub and pdf versions [are available here](#).



## Heaven and Earth

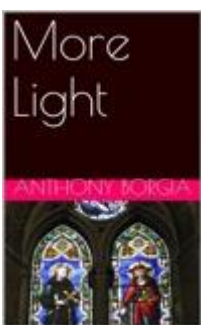
by Antony Borgia

Published in 1948 this is really not a book that simply describes life in the spirit spheres, but goes some way to try and explain their perspective on a number of issues.

Robert Benson has a good turn of phrase, and eloquently makes his points. Probably the most significant of these concern folks that are "condemned to death" and end up being free to continue their mayhem from the spirit side.

This book is available [on Amazon Kindle](#) It is also available as a [print book on Amazon](#).

Free epub and pdf versions are [available here](#).



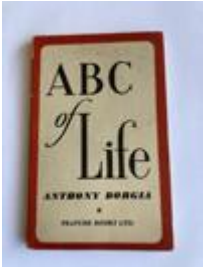
## More Light

by Anthony Borgia.

This book was first published in 1947 and reprinted in 1995. This book is also of a religious nature, and covers Orthodoxy, Miracles, Burials, Creeds, and the "average person". This last chapter feels somewhat artificial as it chronicles a supposed search for truth about life after death by enquiring of a typical church. However the book as a whole is another comprehensive demolition of orthodox Christianity.

This book is available [at Amazon Kindle](#). It is also available [in print at Amazon](#).

Free epub versions [are available here](#).



## ABC of Life

by [Anthony Borgia](#).

This was the third book of conversations with Monsignor Robert Hugh Benson published by Anthony Borgia. It was published only once, in 1945. However the content was reused in a later publication - namely [Here and Hereafter](#).

So I offer this book more by way of completeness, as it may be more productive to obtain the later book which has more content than this book.

Free epub and pdf versions [are available here](#).



## Through the Mists

by Robert James Lees

This book was recorded by James Lees in 1898, and had 20 reprints by 1952 when it went out of print. It is apparently a story related verbatim, as the spirit materialized and spoke to James Lees, who simply wrote down what he heard. This is a rather rare way of communicating, it must be said.

I would rate this as one of the finest expositions of the spirit worlds, albeit that the language is perhaps too flowery for today's audience. If you put up with the slow pace, you will learn a lot about the next realm. What distinguishes this book, is that Aphraar is interested in "why" rather than simply "what", as would be the case with Robert Hugh Benson. This book covers many Spiritual Laws along the way, as the spirit tells of his first few weeks in "heaven". If you are a lover of the Bible, you may be amazed at the different turn put on many well known phrases, but if you are not a Christian, this may irritate. There is more to tell, and the sequels tell some of that, but as an introduction, it is very comprehensive. What is particularly interesting is that he also covers the sleep state - what we do in the spirit realms during sleep. Robert James Lees communicated in 2022 indicating that after his death he learnt that he was part of a Celestial angel project that delivered somewhat similar communications to himself and two others

at about the same time. The others being Rev George Vale Owen and James Padgett. That communication is: [A synchronicity of Truth](#)

I have created a pdf, so that you can enjoy this book without charge: [Through the Mists.pdf](#)

If you would like a newly printed copy, [you can get one here](#), as secondhand copies are scarce. This is now available as a [Kindle e-book](#).



## The Life Elysian

by Robert James Lees.

This is the second book in a set of three. It was initially published seven years after “Through the Mists”, in 1905. I was frankly completely astounded how the material in this book aligns with that [delivered by James Padgett from 1914 to 1923](#). The spirit author Aphraar manages to set down many things with a clarity that is uncommon, and his grasp of spiritual principles is excellent. The book is in fact an attempt to set straight what Jesus really taught. As such it uses a large number of Bible quotations, and frequently the interpretation laid on these is both clear and novel. The book also covers a number of topics of great interest to folks, such as the issue of children lost in their early years. It is particularly good in its explanation of the purpose of the earth-bound state, as I have not previously seen that covered, and did not realise that it had a purpose. It is also very good in explaining how it is that Father helps us, when we cry out for help. There is also a fascinating glimpse of the issue of our being frequently in spirit during the sleep state, and thus being able to recognise many old friends when we finally arrive in spirit. I have created a pdf: [The Life Elysian](#)

A newly printed copy [can be had here](#), as secondhand copies are now scarce. This is now [available in Kindle e-book format at Amazon](#).



## The Gate of Heaven

by Robert James Lees

I was frankly initially somewhat disappointed with this book, the final book in a set of three, when I first read it. I probably should not have been now that I have read it again very closely. This book confirms the intriguing, and critically important spiritual information conveyed in [both the Padgett Messages](#) and the Urantia Book that there lies a dimension beyond the Spirit World.

But I was looking for more, or to be specific, I expected it to conform to the clarity that exists in both the Padgett Messages and The Urantia Book about the “Gate of Heaven.” In other words, some confirmation of how Aphraar got to that point. Some differentiation between those that pass through the Gate and those who do not. I could not initially find that, and now conclude, on a careful re-reading, that I was too harsh. I believe that Aphraar had as his mandate, the exclusive use of the Bible, and he never attempted any other source. And as a book limited to that source, it’s exceptional. And yes it does its best to communicate that a rebirth by spirit is due to Father’s Love. In fact he specifically links the “burning hearts” on the way to Emmaus with the rebirth by spirit. A pdf of this book is available here: [The Gate of Heaven.pdf](#)

A newly printed copy [is available here](#). A Kindle ebook [is available here](#).

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## Spirit World and Spirit Life

by Charlotte Elizabeth Dresser - 1922

Now that I have read so much on the life after death, this is really a book I might have selected as a starter. The reason for that is I believe there is very little error in this book. And it does help if the first few books you read are accurate. This book is not one that portrays any philosophy of how the spirit world is organised. And is somewhat limited in explaining progression. But it does a really great job of trying to explain how they live, move, talk, what they do, what their houses are like, how they make music etc. The final chapter on the education of children is really good too. While we are never going to totally understand how things are in the spiritual realm until we get there, this book gets as close as any I have found.

One chapter I would have initially preferred to have seen left out, and that is the [one on aliens](#). Not that I am a disbeliever in that topic, but as presented one gets the idea that Mars is covered with inhabited settlements. (See Later)

As I have read “Disclosure” by Steven Greer, I am open to the notion that there may be a lot of E.T. evidence that we simply have not been told about. As of 2021 I have completed a lot of research into the issue of ET’s and Space Brothers and Sisters. As also into abductions and animal mutilations.

I have also decided this web site is probably not a suitable place to create a comprehensive summary of what is going on. Suffice it to say there is a huge amount of disinformation, plus the existence of scammers who simply wish to be popular or make money. So its extremely hard to work things out. So

evidence of a Martian settlement may well exist and simply be hidden from us. Or they may reside underground these days, to avoid us as this book is over 100 years old.

Now for recent information. It has come to my attention that there is indeed a settlement on Mars, and I know where it is and have some idea of what it looks like. But NASA cannot see it. It is the case that they have the technology to hide themselves selectively from those that they need to hide from. This technology is quite widely in use amongst our space brothers and sisters and explains why some people see space ships and others, who can be standing nearby, do not.

I would now recommend this chapter to be read with the mind that it describes beings we do not need to fear. Although again I might say fear is not a useful response to those that seek to harm us. Fortunately we do have real space friends who are advanced enough to help as and when we actually ask for that help.

Pdf Copy here: [Spiritworld PDF](#)

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## Life Here and Hereafter

by Charlotte Elizabeth Dresser - 1927

This is a continuation of “Spirit World and Spirit Life” by Charlotte Elizabeth Dresser, also a fabulous book. Actually however, it is a very different book, and is only partly her work. The pdf is available here: [Life Hereafter PDF](#)

For me this book was really a missing link. The missing link between “30 Years among the dead” and the various Padgett related messages on life after death. It is a large number of case studies of a human working with a celestial support group tasked with awakening these recently departed folks - presumably in the Astral Plane, although that is not stated.

Finally I have a very clear idea of how the many of us typically awaken in the next realm. And it’s a sad scene. All too many mortals awake into darkness and confusion, with minds in a dream state, unable to see anything or hear anything. Some are relatively quickly taught how to awaken their spiritual sight, and hearing, and then progress as expected. Some are so caught up in their original earth beliefs, that they take a lot of work to awaken, insisting that they are not dead, because they are “alive” etc. Others (relatively few) may apparently take centuries to come out of this zombie like state. These are not folks that are bad either, just folks who never gave a thought to life after death. One can see how “earth bounds” occur, and one case of obsession is handled as well, although very interestingly this is a case of



two ex-mortals being attached to another ex-mortal. I did not imagine obsession of one spirit by another could occur.

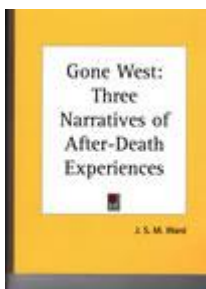
This book also has two very interesting sections right at the end. One is on the subject of thoughts, and how they actually influence the mind. The other is on the location of what I suspect is the First Sphere.

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## My Travels in the Spirit World

by Caroline D Larsen

Initially published in 1927. Unlike the majority of books in this section, this is not a tale by a deceased mortal channeled through a medium. Caroline Larsen actually personally experienced all that she describes in an out of body state. She was able to travel to all of the four lower Spirit Spheres. There is an extensive coverage of ex-mortals still unable to come to terms with their new state, post death. The only point to note, is that she seems to use the word “astral” when perhaps it might be more accurate to simply refer to the word “spirit”. No where in her tale does she describe an Astral Plane such as is described in two other books on this page. However she does state that the sphere where children are raised is in the Third Sphere. (However the numbering of spheres by authors is very problematical, and that may actually simply mean Summerland, which is in the First Sphere) A pdf can be found here: [Caroline D Larsen My Travels in the Spirit World](#).




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## Gone West: Three Narratives of After Death Experiences

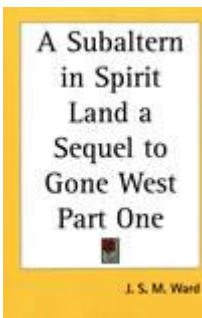
by J.S.M. Ward

Received in 1914, this book is a phenomenally detailed description of the dark planes of the First Spirit Sphere, and also the Astral Plane. Quite useful classifications of these and even the higher spheres are used in this book, and although these may not easily align with the Spheres described through James Padgett, nevertheless they seem very descriptive and useful. The Astral Plane has to my knowledge not been as carefully explored and communicated in any work that I have ever read, and this seems a great pity, since many mortals apparently pass to this plane where they may reside for a considerable period, till eventually passing up into the Spirit Spheres, or down into the dark planes. It also thus gives a lot of

background to the phenomenon discovered by Dr Irene Hickman, and also Dr Carl Wickland of obsession and possession.

One of the REALLY amazing things about this book, is that even though it has very little on the life in the higher spirit spheres, the spirit very clearly communicates that there is yet another realm beyond the Spirit Spheres, and that it is a one way journey there, though what he calls “the wall of fire”. This is of course the Celestial Realm, and that is the focus of James Padgett’s work, so it’s good to find this corroboration. This book can be purchased on Amazon, as it is available though Kessinger Publishing. It is a pity that this publisher does not use OCR, and merely scans the old books, with the result that some pages are nearly impossible to read. The pdf is here: [Gone West.pdf](#)

A Kindle ebook [can be purchased here](#).




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## A Subaltern in Spirit Land - a Sequel to Gone West Part One

by J.S.M. Ward

This book concentrates on the Astral Plane. That statement may mean nothing at all to the reader, as it is rare for any of these books to be so specific, and one often wonders where the spirit is located, who is describing life after death.

This is the finest description of the Astral Plane I have ever read, and makes it clear that some people go here after death, while others go to the Spirit Spheres. There are also excellent descriptions of other inhabitants of these planes, both elementals and astral shells. The elementals include “wee folk”, or fairies, indicating that some folks have really seen these elusive creatures. There are also evil elementals, and evil astral mortals. The issue of obsession and possession is extremely well described, being wholly supportive of Dr Irene Hickmans book : [“Remote Depossession”](#) and also Dr Wickland’s “30 years among the dead” A pdf is located here: [A Subaltern in Spirit Land](#)

[A Kindle ebook is here:](#)




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## When Ghosts Speak

by Mary Ann Winkowski.

The author has been able to see and converse with earthbound spirits since she was a child. Interestingly, she cannot see those “in the light”. This book should be good enough to convince even skeptics that folks are alive after death. It is a very good coverage of earthbound spirits, also called ghosts. But because she has no experience of those who have crossed over, it does not cover the situation that the majority of us will experience. This book is current, and should be available in many book stores.

## The Blue Island

by Pardoe Woodman and Estelle Stead

This is a relatively short channeled book, the spirit author being W.T. Stead, a man of considerable significance in journalistic circles in his lifetime, and who died when the Titanic sank. It is his story of passing over and spending time in the transition zone, which he has called the Blue Island.

It is probably the most comprehensive coverage of the transition zone that I have found, and thus answers very completely what happens after spirits “pass into the light”. Interestingly, he did not travel through a tunnel of light, nor did he see any light immediately after his death on the Titanic. Also interestingly, he reports that all the dead traveled together in a group to the transition zone.

It is a good coverage of the issue of communication by thought, as also the technique of materializing and transferring thoughts to mediums.

The book is at it’s strongest in describing his personal experiences, but it is at it’s weakest when he tries to postulate on what lies ahead. Here he foresees the choice to reincarnate, and he repeats a common but false belief that one loses one’s individuality in passing beyond the seventh, into the eternal realm. This book can be downloaded as a pdf: [The Blue Island](#).

It was published in 1922. [A hard copy of this book can be purchased here](#). It was available in [Kindle ebook form](#). and an epub can be found here: [Blue Island epub](#)



## Letters from the Light

Written through the hand of Elsa Barker.

This book was first published in 1914 under the title “Letters from a living dead man.” It was republished in 1995 by Beyond Words Publishing - ISBN 1-885223-08-0. This book chronicles the experiences of a spirit in it’s first year. This book is based predominantly on the Astral Plane, and the spirit also touches on a number of curious things that I have verified elsewhere, such as sleeping survivors and the issue of eating. But the Astral Plane is rather different to the Spirit Spheres and unless one is aware of this, one would find some things quite contradictory to other spirit experiences. I have created a pdf copy of the portions of this text which are in the public domain in other words - the original publication of 1914. Here is the pdf: [Letters from a living dead man.](#)

I have also made an extract of the chapter on Sleeping Survivors: [Sleeping survivors.](#)



## Testimony of Light

by Helen Greaves

Quite a recent book, published in 1969 and is the communications of Frances Banks. For 25 years she was a teaching nun, based in South Africa. But her ever inquiring mind led her out of the Anglican order, and into more general psychology and spirituality. This story is at its best when she tells exactly what she is experiencing, and far less so when she repeats that which she formulated on earth. She too believes in reincarnation, but this topic does not form a large part of this book. She describes the Healing Hospital, or Station where she initially woke after death, and subsequently served. This book does not have as much detail on the after life as many of the books I have recommended, but for all that it is interesting. As the copyright is still in force, there are no pdfs of this book.



## A Wanderer in the Spirit Lands

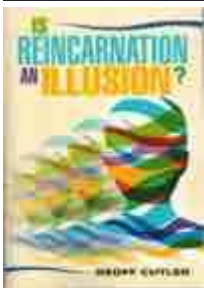
by Franchezzo, transcribed by A. Farnese.

This book, published in 1901 is an extensive coverage of the dark spheres, but not quite as extensive as *Gone West*. The same topics are covered in the *Padgett Messages*, but here we have an entire book devoted to the subject. Franchezzo passes into darkness, and details his extensive journey back to the light, and later, back to help others in the dark. Some of the descriptions of cities ruled by dreadful ex-mortals are quite terrifying. I do not think this book would fall into the “must read” category unless, like me, you are extremely keen to understand all that one possibly can about the

Spirit Realms. In fact I would recommend against reading this book, unless you already have a clear idea of the wonderful places in the next realm. There are descriptions in this book of low levels of consciousness that I would think might be called [Thought Forms](#).

But for me the most important material was [a very good description of the Astral Plane](#). It seems that our definitions of earth bound spirits may in many cases be inaccurate, as it appears there are also a significant number of astral shells which once housed a mortal, but no longer do, as also thought forms some of which can attain a degree of independence. Probably these are the classic ghosts that no one seems to be able to help. I also wonder how many of the attachments that Dr Irene Hickman and Dr Carl Wickland described may fall into some of the categories described in this chapter. I have created a pdf of this book: [A Wanderer in Spirit Lands](#)

A Kindle [ebook version is available](#).



## Is Reincarnation an Illusion?

Third Revision July 2021

by Geoff Cutler

After over fifteen years research, I feel able to comment on pretty much any aspect of reincarnation that one might raise as proof. In this book I look at curious aspects like the Dalai Lama, why regression delivers past life information that so closely parallels the current life, even the participants of this life involved in the drama and sometimes things like birth marks. In sixteen chapters and 221 pages, I also look at spirits who try to reincarnate, and those who think they have reincarnated but are merely obsessing a living human. I cover:

- Eastern beliefs.
- The Bible.
- Where is the mind?
- Past Life Memories.
- “Past Life” researcher Ian Stevenson.
- The Law of Attraction.
- Trying to Reincarnate.

- The soul and the spirit body.
- Sleeping Survivors.
- Non-survivors of death.
- Hell.
- Getting out of Hell.
- Progress in spirit.
- Hearing from famous spirits.
- Soul Progression - the perfect Guide.
- What really happens after death?

This is really a tour through many sources of spiritualist literature that have been published in the last 100 years. Those pro and those against reincarnation. But as far as I can see, there are solid arguments against any aspect that one might review. And the more one studies these things, the more curious it is that so many others have not.

This book also includes all of the content of the book “Getting the Hell Out of Here.” The print book [is available here at Lulu](#). This book is now available in Kindle [e-book format at Amazon](#). Amazon also sells the print book but its usually cheaper at Lulu. This book has now been revised for the third time, as of July 2021. Here is a free pdf: [Is Reincarnation an Illusion?](#)




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## Always Karen

by Jeanne Walker

This I expected to be a “nice” book about the after death experiences of a beautiful 19 year old girl who died of cancer. Its not in print any longer, and unfortunately still under copyright ( **1975** ). That means copies can be expensive, and also means its probably not a book many people have read. The more is the pity.

I am absolutely blown away by the information in this book on the topic of thoughtforms - a subject that is very rarely even mentioned, and I have never found discussed. It is also in my view, very sound on the subject of reincarnation, and in this it introduces an approach also not often found. It also discusses possession by those so determined to reincarnate that they attach themselves to a physical body and deprive the real incarnate of a life experience. I truly wish I could share this book as a pdf. It’s not really



about life after death, and probably should be in another of my favourite book lists. But her mother, Jeanne, who was very concerned about proving that the communications were genuine, takes up a lot of the book with that aspect.

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## More Alive Than Ever.....Always Karen

by Jeanne Walker

The original book was republished under the title “More Alive Than Ever... Always, Karen” in **1995**. These copies can be many hundreds of dollars secondhand as this newer edition is also out of print. I have included both reviews here, as the books are very similar. There is probably a 90% commonality in content and even entire sentences are repeated exactly the same, yet the minor additional careful editing makes this later book much better for a serious researcher into the occult. For one thing it becomes very clear that thoughtforms created by discarnates are effective in our material world. That strangely was left unsaid in the earlier book. There is far less emphasis given in this later book to all the proof that Jeanne (understandably) required. And the later book has some few pages covering what transpired in the following 20 years. [There is a free epub version of this book.](#)

# Getting the Hell out of Here.

or

<http://new-birth.net/>

## What happens after you die?

*By Geoff Cutler*

### Introduction.

I had to pick a cute non-boring title. Of course I might upset a few folk with that title. Such is life. Not that I would seek to annoy or upset anyone, or take enjoyment from it. I have decided to write this booklet so that I can give it to folks who are interested in hearing about the next world – our eternal destination. And as I age, naturally I meet more and more folk who have lost a dear one. This is often the stimulus to ask, “What happens after death?” It is my objective to try and write something that is largely devoid of undue moralizing, or religious framework. I initially decided to leave out the sources of my findings, but in this latest revision I have decided to add a list of the more significant sources.

This will allow someone who would like either to review this summary, or obtain greater insight, to do so. I have read very widely on this subject, and this now summarises some ten years of research. There are sometimes great differences in opinion out there. That does not mean I am right, but I will have good reasons why I believe what I believe. Where does all this stuff come from? The other side of course! And of course, none of us has “proof.” The fact that I believe I spent thirty minutes talking to my deceased mother does not constitute scientific proof. Although the comments she directed to me, that referred to one-way thought conversations I had had with her, pretty well convinced me. That fact, as far as science is concerned, is limited to my spending 30 minutes in the company of a dear friend who is a trance medium. Even the bit about trance medium is not accepted by science, although just recently they have found that some people can know things about total strangers that is way beyond statistical chance. Incidentally, my mother contributed virtually nothing to this paper, as she was still too new in spirit to know what is going on.

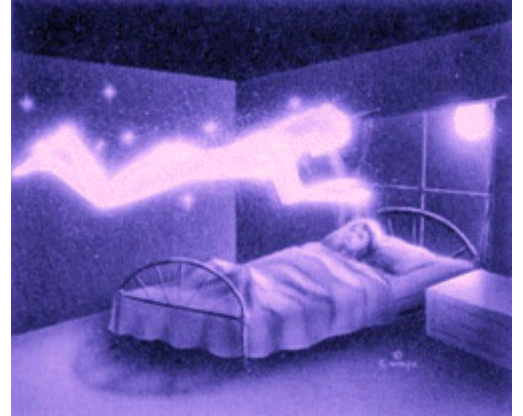
First I would like to add a caveat. If you were to pick 1,000 holiday destinations across this Earth, and offer these in a lottery, and then take the description of that winning holiday as a perfect example of life on Earth, clearly there are going to be many who would have significantly different experiences to that single sample of Earth life. So too are life after death stories. Expect differences in the experience that every person will have, but if you look for similarities, these you will find. Enough, into the good stuff. However, now that this document has been revised over a six year period, it is becoming difficult to keep short and to the point. In fact the more you learn, the more you realize that life after death is even more complex than life here.

### Death.

I guess the first question to ask is whether we all survive death. Until recently I would not have had any doubt about that, but it seems there is a small complication for some folks. The universe recognizes our free will choices, to a very large extent. Those folk who are adamant that there is no life after death often do not pass immediately from one realm to the next in a conscious state. They are termed “sleeping survivors.”

These folks almost get their most fervent wish, annihilation. They may sleep for centuries, before a group awakening. More recent information now indicates that relatively few folks pass over as “Sleeping Survivors” at the present time. This may be because the rules have been changed, as we enter the “Correcting Time” and also possibly because there are far more Celestial helpers available at this

time. But the majority of us simply pass from one state to another, with very little lost time. Some reports state three days are lost in this transition, but I now believe that is probably incorrect, and may simply be an attempt to insert some Biblical material. Depending on your health as you depart this life, you may be instantly conscious of your existence in the next realm. Thus you may pass almost without any break in consciousness. If you are awake, there is no knowing quite how death will unfold. This is because as the brain shuts down, you can experience many different effects. Most of these are anything but spiritual, although you might think that they do feel spiritual. They are simply the results of the brain shutting down. You might have a “life review”, sort of like a movie. You may see white tunnels, or black tunnels. But you might have an instant out of body experience, where you are floating above your body, looking down on the scene, and that is a spiritual event, I admit. Sometimes if the body is about to be badly damaged, the spirit body is withdrawn before impact or injury. This gives rise to the out of body experience, where you look down as an outsider on your own body. If you are consciously expecting death, things are probably going to be a bit different. Many folks know that they are dying, and seem to gain additional abilities or insights.



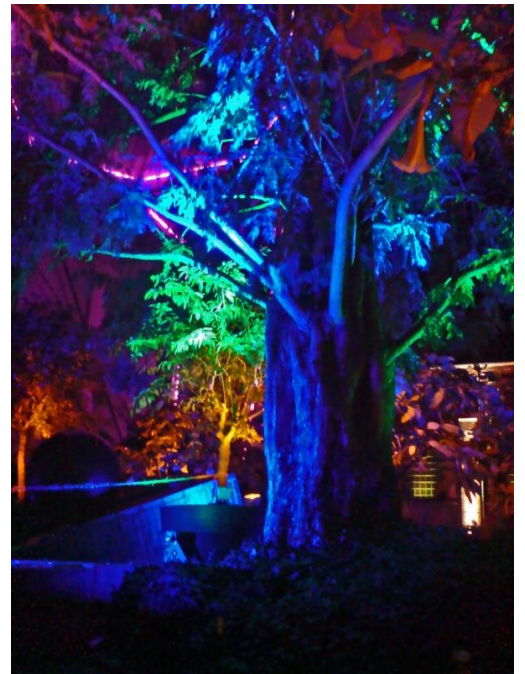
They often start to see their spirit guides, and may feel the presence of their love, and be quite calm. There is no reason to panic. For one it is not going to help, and secondly, for the vast majority of us, what follows is a big improvement over life on Earth. The folks who are full time workers assisting us to pass over will be in attendance at your passing. Generally this job is left entirely to these skilled folks, and your family generally waits until you are settled, and then arrives to welcome you. If you are weakening in the last hours of life, you most likely may see one or two of these folk, as this will avoid any concern when you see them from the other side. You might even be met by dear loved ones who passed over before you, but it is more likely it will be one of those tasked with this function. Initially they, or other advanced spirits whose job it is to manage this transition, are simply seen as a bright white light. This is the basis of the reported white tunnel. Some folks have reported meeting Jesus, but this is very unlikely to happen. Not that he is not around, but if he was there, you almost certainly would not recognize him – unless you already know what he looks like – and more to the point he has far more important things to be doing. Might he have welcomed Mother Teresa? I think that is very likely, but I do not know that for a fact, but I do know of another he did welcome. Take it from me, you need to have been doing a pretty special job on Earth to warrant that compliment. And the chances are that you would not need to be reading this, if that is true.

However it seems that those who see the “tunnel of light” or actually recognize some of the beings who are there to meet the newly departed, are in the minority. Far too many depart this life with inadequate spiritual preparation, and the result is that they have great difficulty in triggering their spiritual vision and spiritual hearing. You can imagine that moving from a situation where you operate out of a physical brain, even though linked to a spirit mind, is a very different situation when that physical brain is gone, and you must operate entirely with spirit faculties. The result is that many spend a period of time in a dazed state, in almost complete silence, and in almost total darkness. In the mean time, their “greeters” are frantically trying to make some sort of break through. So if it happens to you, and you hear music, or see shadows or faint voices, do make an effort to hear and see more clearly. The irony is that because the next realm is



subject to the influence of our thoughts, simply believing and saying: “I can see” or “I can hear” will trigger the required spiritual vision and hearing. You may notice that you are completely naked, but this is not often remarked on. Probably because almost immediately, your spirit companions will “create” spirit clothes for you. There are various opinions as to whether they wear diaphanous gowns, or clothes that you are familiar with. It seems that it varies, and varies particularly according to your station in the next realm. So the attendants may in fact change into our style of clothing for some hours to ease the transition. These spirit clothes are great. They don’t get dirty and they don’t wear out either. And you can change them just by thinking a new outfit, assuming you are sufficiently spiritually advanced. But as folks progress, they seem to all adopt a sort of gown which has specific colours reflecting the development of the individual. The very first thing that is going to happen to you, as you begin to realize something strange is happening, is that you will travel. I have only a vague idea how far that is, and it will probably not take more than a few seconds, or maybe a few minutes. While a lot of people report going to a way station, each person can have a unique experience. So from this point on, it’s very hard to say what will exactly happen to you. For example if you departed this Earth life in need of significant spiritual repair, it’s almost certain you will be taken unconscious to a hospital for recovery, and you would regain your consciousness in that location.

Let’s assume that you will arrive at a way station, a collection point for recently deceased folk, as this is relatively common. No doubt with much coming and going. It is very pleasant, attractive, with a very loving atmosphere, and you will soon feel very relaxed. It has been described as a station concourse, but I don’t think that describes a loving atmosphere, although it may well be accurate in terms of comings and goings, and meeting loved ones. Most often these places are described as outside, on a hillside. It will undoubtedly feel like the best place you have ever been to. Things are looking up, you conclude. When you arrive in the next realm you will immediately notice an up step in frequency, not just in your own spirit body but in your surroundings as well. What you begin to experience is a higher frequency in which you exist. The colours are more vibrant; the plant life is more lush and alive. If at this point you start to think about what you have left behind, you will find that you are right back there. In other words, you can travel, virtually instantly, just by thinking about it. So you might well see your family back on Earth, shedding tears about your passing. But they won’t see you, or hear you. You are better off at this stage going back to the transition place. Back on “Earth” you may be able to see everything just as you used to, but you will find that nothing is solid. You can pass through people, walls, everything. But the ability to discern things on Earth seems to be directly related to the degree of spiritual advancement, and is one of the faculties that can be lost quite quickly.



However, you will notice that you “hear” dear mortal friends, thinking about you, and you may instantly visit them. If you are really lucky, you may find a few who can “feel” your presence, and this will give you a big thrill, just as it will give them a thrill to know you are around. You may even be able to create a few “signs” that let folk know you are still around. Things like leaving a telltale cigar smell, or making a noise or two, or leaving your favourite flower where it will be seen. Perhaps leaving a scent in the air. How they do those things, frankly I don’t know. But back at the way-station, things are very solid. You can hug old friends, and they can certainly “hear” you. The spirit body appears quite solid, and still appears to need to breathe, but does not need sleep or food as sustenance. While you can talk in the old conventional way, you will also discover that it seems to be possible to converse just via



thoughts. Then you notice that they must be hearing your thoughts, and you hearing their thoughts. And then you have a dreadful realization – these folk know everything about you! They can simply read your memories. And they hear your thoughts! You recall that time you got Fred fired by making up a confidential report, and rather stretching the facts to suit, now here you have to look Fred in the eye. He knows, but strangely he's not mad. Or maybe, you remember wearing that really low cut dress for the Christmas party and how successful it was in starting that affair with Joe. And here is Sally, Joe's partner, smiling at you. Total openness leads to the rapid realization that all of us fail from time to time. Actually not all thoughts are shared, so we can still have some secrets! During this period of orientation, you start to notice that not all spirits are quite the same. Some have a beautiful countenance and way about them. And they are brighter, and amazingly loving. This brightness seems to come right out of them. Others are baser, dark, indeed some are downright ugly. Even racial differences somehow seem to have melted away. As you wonder why this might be, you suddenly begin to wonder where you fit in. Are you ugly, or beautiful? Bright or dark?

At this point you will also know that you are just the same person that you were in the mortal life. With the same beliefs, memories, attitudes, values, fears, unresolved issues and loves. How did this happen? After all, your brain is already consigned to dust. Quite simply, as a mortal on Earth you had three major components. There was your soul, which as far as we can tell, was probably billions of years old. Then there was your spirit body, which encapsulates the soul, and takes on the appearance of the mortal body. Just as well, because none of us can see souls, but we can see spirit bodies. It seems that the spirit body is a sort of reflection of the enclosed soul. If this soul is pure, the spirit body is literally full of light. If the soul is tarnished, the spirit body is dark, even ugly. And finally of course you had a mortal body. While you may have thought that all your memories were in your brain, it seems it is not quite so. The spirit body houses the mind, and the brain is the transducer that allows the physical body to interact with the spirit body and its mind. So you may have lost the physical body, but most folks report feeling much lighter, and far prefer only having a spirit body. For one thing, it has no defects. If you lost a leg, you will find you are now perfect. If your brain suffered from senile dementia, you will have no such limitation now. And there are some neat tricks you will learn in the future in regards to your spirit body, as you progress spiritually. I have recently learnt that the spirit body itself is complex, and has at least two constituents, one being a relatively gross astral body, and the other a more etheric spirit body.

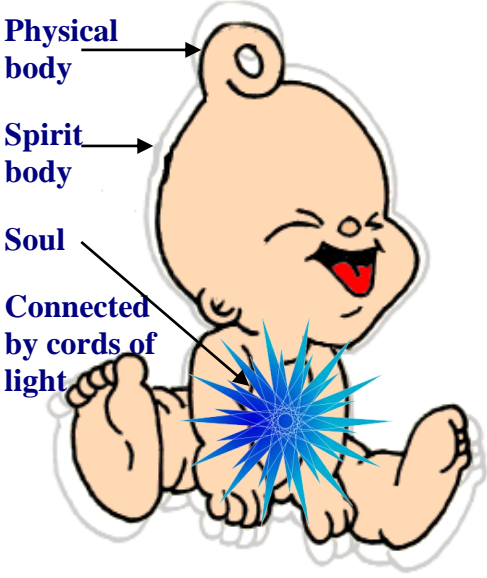
Just at this point, the spirits who manage this transition process, explain that in the heavens, the Law of Attraction is paramount. Every spirit has to live where it fits in – where it is in harmony. And, yes, those beautiful ones, that seem somehow ethereal, are more advanced, and no,



**Our memory and intelligence are housed within our soul, our mind is housed within our spirit body, and our brain is within our physical body. Our soul animates the spirit body which in turn animates the physical body. It is the disconnection of the silver cord between the spirit body and the physical body that results in the death of the physical body. The spirit body, which looks much like the physical body, goes on living. Emotional injuries become blocked within our soul, such injuries are reflected through the spirit body and then into the physical body as illnesses.**

most probably you won't live with them. You can look down at your hands, or ask for a "mirror" to see how you rate. They will explain that you can progress beyond where you start out, but probably you won't be listening closely enough. You are concerned that you are not going to be living with your dear Madge, who passed some years before you. She says that she will come and visit you regularly. Things are beginning to sound more complicated.

A newly individualising soul is just a tiny invisible spark.



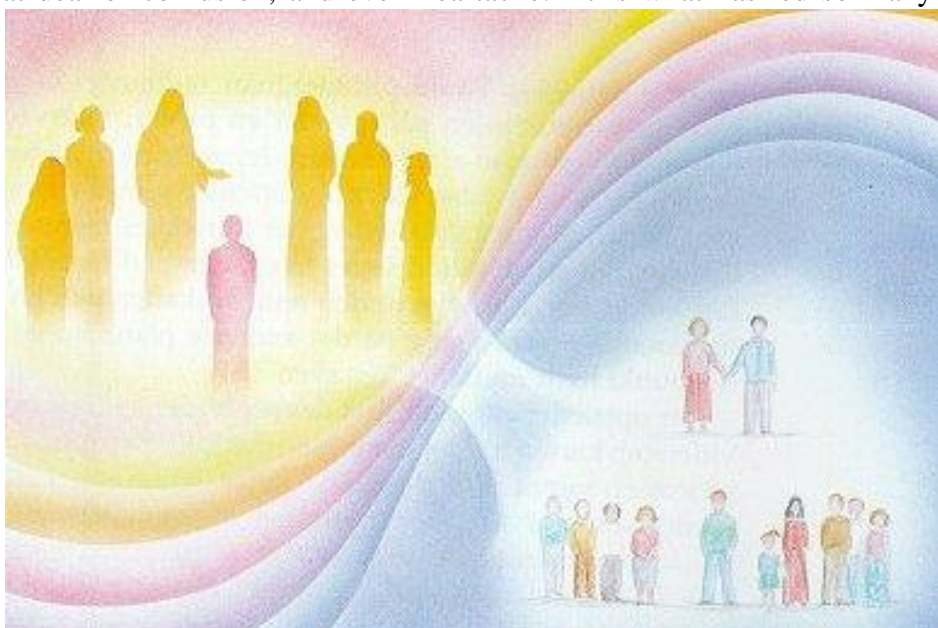
The life force for the spirit body and the physical body is via the soul. The soul is connected to the spirit body via cords, and in turn, the spirit body is connected to the physical body by cords of light. Should the cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is like our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.



## The Structure of the Heavens.

I guess most practical folk have long realized you can get almost no sense out of most religions when you ask about heaven. All that singing and harp plucking stuff that is supposed to go on, strutting around on streets of gold. Or maybe the idea that you are going to be asleep until some great day of judgment.

It is far more logical to consider that since mortals have been around a very long time, probably over a million years on Earth, that there has been a heaven all that time, with spirits in it. Certainly the holy books, like the Bible, happily report interactions with the spirit world going back many years before Christ. Perhaps I should point out here, that the spirit realm that I am about to discuss would appear not to be the **Kingdom of God** that so many orthodox Christians expect to enter via Jesus' help. This is undoubtedly the cause of a great deal of confusion, and even heartache. It is what has led so many Christians to conclude, incorrectly, that only they will get to "heaven" and everyone else will only get to "hell." The real issue is "which" heaven, something they have not considered, even though a significant clue is given in the Bible that there may be more than one "heaven", in a reference to the "third heaven" in the New Testament. The main part of this paper covers the **Kingdom of Spirit**, also called the Spirit Spheres and not the **Kingdom of God**.



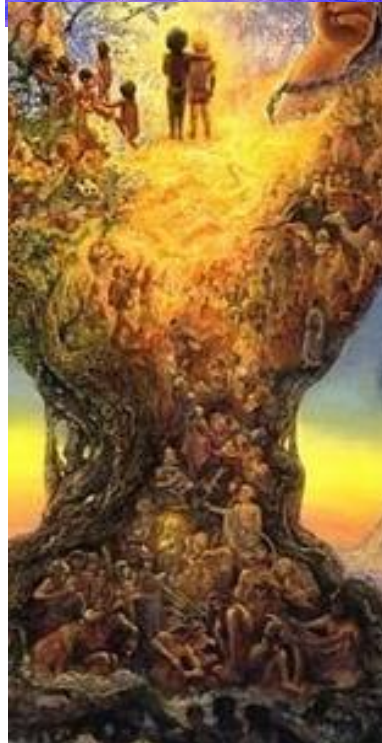
It may even be the case that we create this spirit heaven ourselves. Not to suggest God has nothing to do with it, but as spirits we have great powers, which powers increase as the spirit advances. So it would not surprise me if in fact the "realities" that are found are created by the spirits that are there. And this creation need not necessarily be conscious. This would explain why some spirits, and indeed many NDE's, (near death experiences) seem to describe confusingly different places. We have explanations of Jewish heavens, and the classic Christian heavens, complete with harps, witnessing and bright holy images. We have descriptions of fire and brimstone hells, and also dark places that are simply cold, sad, dead places. One thing that is quite clear, the belief system of the spirit has a very large effect on the experience it will have. Whether this is only a function of the Law of Attraction, which causes like-minded spirits to congregate, or whether it is the will of the spirit that creates a "reality" it expects, is uncertain. But what is certain, is that real places exist, that vary substantially. The most common description of the Kingdom of Spirit talks about seven "spheres" or "worlds". However these should not be taken too literally. But it seems that however they are constructed, they are immense in size. There is absolutely no shortage of space. Then there are also the vast uncountable heavens beyond the seventh sphere. Where are all these planets? Well, we are not sure, but the universe is very much larger than man has supposed. Apparently what we humans think is the entire universe is but a very tiny corner of one of many super universes. And some 80% of the material is apparently not visible to man anyway, but is visible to spirit. Could it be another dimension? It almost certainly is, because these Spirit Spheres are located right here, in the spaces about and around the sun. But irrespective of the number of dimensions that may exist, the distances involved in traversing our Universe are immense. The solid

material of the next realm can co-exist in space with solid material from our realm. So different solid objects can occupy the same spot, one in each dimension. Apparently the lowest spirit sphere is very close to our Earth, and the first sphere has been suggested as taking up the approximate space of the orbit of our Earth around the Sun. That is extremely large, and obviously very close. One of the difficulties or problems in getting a good description of the heavens comes from the apparent fact that the bottom up view is so limited and confused. We are accustomed, on Earth, to always know who is in charge, and how things are organised. But in the next realm free will is paramount. You will not be used to this idea, as Earth is quite different. If you want to believe something, you will be allowed to believe that, and furthermore, the Law of Attraction will ensure that you find yourself amongst others of like mind, who will

agree with your outlook. So, you will be in the situation that unless you ask for information, you will be left with your belief. It is not going to happen that someone will knock at your door, proselytize and hand out a few pamphlets. That might be a relief for quite a few of us! Even the issue of religious groups is interesting. There are still many folks that insist on following their old Earth based religion. However they are absolutely not allowed to proselytise.

There is another problem. Spirits are confined, to a large degree, to the sphere in which they reside. This is where they are in harmony, and they would not feel comfortable any higher or lower in the

scheme. This does not mean that all in the same sphere are identical in outlook. One can still find intellectuals and religious folk in the same sphere, but typically not in close proximity. Indeed there are many such diverse groupings, called planes, within each sphere. There is also the issue that your perception is a function of your spiritual development.



### Kingdom of God

**Spheres 8 – and upwards**

**Celestial heavens and where you become an angel, all one with God. Immortality is achieved upon receiving Divine Love which then enables entry to the Celestial Heavens. Then progression is through the Eternal Spheres and then to the Spheres of Paradise.**

### **Sphere of Transition:**

**Sphere 7 in your progression is the sphere in which you progress from the Kingdom of Man – mortality, to the Kingdom of God – immortality. On becoming at one with God you are reborn, the rebirth, to progress into the Celestial Realms, namely the 8<sup>th</sup> Sphere, and then on upwards on the Divine Love path.**

### Kingdom of Spirit also referred to as Kingdom of Man

**Spheres 1 – 6**

**Sphere 6 is the highest progression that can be achieved on the natural love path.**

**This is not the domain of angels.**

**Sphere 1 is the Earth plane where all souls arrive upon shedding the material body.**



**WE are meant to grow up LIVING FULLY CONNECTED with our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

So, if you are in the first sphere, you may be told there are other spheres, but you can't see them. This is not like living in Australia, and knowing that there are other continents, such as the Americas, and knowing you could live there if you wanted to, or go there for an extended holiday. It is possible to have a very short visit to a higher sphere, but to achieve this you need to be taken there by someone with the power to enable you to travel there. What I am sure of is that you will find Catholics living together, groups of intellectuals, Muslims, Jews, etc. And each of these groups will believe that their current happiness is a function of what they believe. Which is not surprising, except if they compared themselves carefully with others, this would immediately illustrate the falsity of the idea. In this sense I describe things as confused from the bottom up.

A great many other folks have simply given up their Earth based religious beliefs. In fact in the list of sources is a fabulous tale by Monsignor Robert Hugh Benson who although a Roman Catholic cleric, gave up all his prior beliefs inside a few hours. Such is the reality of the next realm, that many of people's Earth beliefs simply cannot withstand the reality. And I suspect that the rest who cling to outdated beliefs, mostly through a sort of comfort, and it being what they are used to. Indeed modern statistics will tell us only a small percentage of us are "early adopters" – people who are happy to try new things and are out there looking for new experiences.

There is no overall agreement about what happens next, and what is best for spiritual progression or what is the "right" belief. In fact I don't even think these lower spirits generally know who is in charge, and maybe some are only vaguely aware of the desirability of seeking to progress. So I would guess there may be spirits in the First sphere who might dispute that there is a Second sphere, never mind an almost unlimited number beyond that!

Those "in charge" always respect the free will choices of these spirits, so it is only through a conscious choice to follow a leader's direction, that folk can be said to be led.

The leaders are far more advanced, live somewhere else where you cannot go, and cannot be seen unless they decide to make themselves visible. This is because the more advanced spirits have this ability to conceal themselves from less advanced spirits. In some ways it is like it is on Earth when we try to understand what happens after death.

Our perception of the next realm is limited, and indeed there are many on Earth that would dispute that there is any life after death.

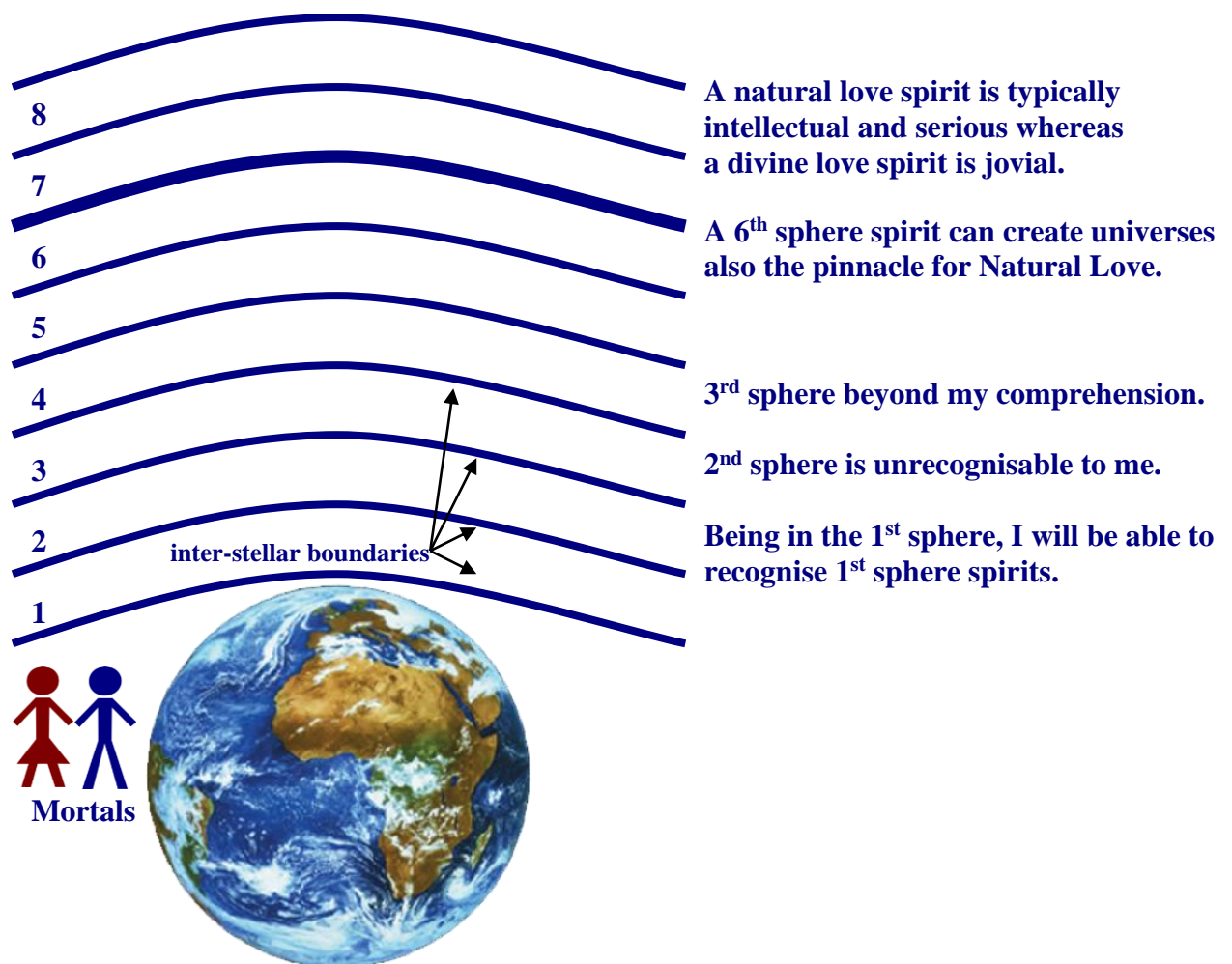
The authority that we were used to on Earth is simply absent. In that sense you can experience total freedom of choice to do as you please. Whether that might be doing something, or doing almost nothing. But it also means you can follow dozens of spiritual paths that don't lead anywhere special. In fact almost everything that you do will probably lead to increased happiness, so it is very easy to believe you are on the "right" path. And this is typically how spirits continue. They ascribe their current happiness to the path they are on, but it may be that there is nothing special about that path compared to many other paths.

However in another respect the spheres are supremely organized, with no chaos or poor organization. There is always someone in charge of a specific function, and they love their job, and have been superbly trained to perform it perfectly. So if you feel like being trained in a specific activity, this can be accomplished perfectly.

Of course there are other things that make it easy. You don't NEED to eat, although folks apparently enjoy nuts and fruits in the Spirit Spheres. They don't have digestive organs, so these foods are not eaten as we do on Earth, but apparently more like "inhaled." The same with water. This refreshes, but

is not used to sustain. Since you don't need to eat, clearly you don't need a job to earn money to survive. Indeed there is no money, because all you need is given. So, you will do things because you enjoy them, not because you have to. Well, that depends on where you are. These comments would appear to not apply in the lowest spheres that we will talk about soon.

Although we describe the Spirit Heavens as having seven spheres, in reality there are an almost infinite number of "planes" within these. In a sense, one's spirituality acts like a sort of gravity. The less spiritual you are, the further down you will sink, possibly right to the bottom. And the bottom is called hell. In fact, the really advanced spirits consider that all of the first and second spheres contain some darkness. But, for us earthlings, anything from the top of the first sphere upwards is just great. There are in fact three portions of the first sphere that could almost be called separate spheres, and seem to be numbered separately by Spiritualists. They typically also name them such as Twilight Lands, Dawn Lands and Summerland (there are numerous with similar names like Summerland).



**Your own soul condition limits your ability to recognise the higher emotional development of others within the spirit world.**

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.



**1<sup>st</sup> SPHERE ASPECTS:**

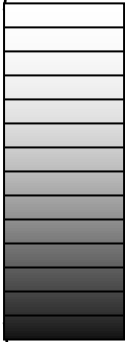
**Summerland, etc, nurseries**



**Summerland, etc., are beautiful regions of 1<sup>st</sup> sphere.**

**Summerland, etc, are within the highest planes of the 1<sup>st</sup> Mansion World / sphere.**

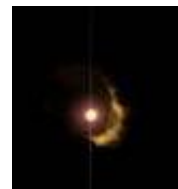
**There are 1,000s of plains in the 1<sup>st</sup> sphere.**



**Ambience of mid range plains of the 1<sup>st</sup> sphere is where the majority of humanity pass into.**



**2 Planes of Disharmony / Earth:  
The hells are unimaginable places of darkness.  
Consider you are stuck at the end of the deepest longest mine ever, on your own, without any lights!**



## Hell. (Spheres of Disharmony)

You will find plenty of “new age” folk will deny there is any hell at all. They will tell you they have never had any feedback from the other side to suggest anything like it.

They report that all spirits are loving and that there is only love. That may be so, mostly because very few spirits in hell are keen to admit this to loved ones on Earth. Certainly there are not a great number of detailed reports of life in the darkest spheres, but there are enough to satisfy a determined researcher. I have personally worked with people who were seriously troubled by dark spirits, and my mother has also told me my sister is in darkness. And, once you understand how the universe works, there has to be a place where those who are seriously out of harmony reside until they learn. It is just inconceivable that God would suddenly make loving spirits out of those who have chosen to be unloving. No, our progress is entirely dependent upon ourselves. That is what it means to be a free will creature.

What is it like in hell? Here is a description:

*In this hell of mine, and there are many like it, instead of beautiful homes, as the other spirits described, we have dirty, rotten hovels all crooked and decayed, with all the foul smells of a charnel house ten times intensified, and instead of beautiful lawns and green meadows and leafy woods filled with musical birds making the echoes ring with their songs, we have barren wastes, and holes of darkness and gloom and the cries and cursings of spirits of damnation without hope; and instead of living, silvery waters we have stagnant pools filled with all kinds of repulsive reptiles and vermin, and smells of inexpressible, nauseating stinks. I tell you that these are all real, and not creatures of the imagination or the outflowing of bitter recollections. And as for love, it has never shown its humanizing face in all the years that I have been here – only cursings and hatred and bitter scathings and imprecations, and grinning spirits with their witchlike cacklings. No rest, no hope, no kind words or ministering hand to wipe away the scalding tears which so often flow in mighty volumes. No, hell is real and hell is here.*

*We do not have any fire and brimstone, or grinning devils with pitch forks and hoofs and horns as the churches teach; but what is the need or necessity for such accompaniments? They would not add to the horrors or to our torments. I tell you my friend that I have faintly described our homes in these infernal regions and I cannot picture them as they are.*

*But the horror and pity of it all is that hope does not come to us with one faint smile to encourage us that there may at some time be an ending to all these torments, and in our hopeless despair we realize that our doom is fixed for all eternity. (See a later explanation about the duration of hell.)*

This is of course but one description, and as mentioned earlier, you should not be surprised to discover many variations on a theme. Some hells are places of isolation, others are cities of shared horrors, presided over by tyrannical rulers with very nasty temperaments, and stronger wills than their subjects.

Perhaps we should not use the word hell, because it is not a permanent situation, although commonly believed to be so by its inhabitants. There is no eternal damnation.

In fact there is no damnation at all. Hell is simply a place where dreadful spirits live, until they choose not to be dreadful. So how long could you be there then? It all depends on you. How low in the hells you are, and how soon you start to try to get out. Yes but how long? From feedback, there are two ways out, the normal way, which is pretty slow, and the short cut way.

The normal way involves the spirit realizing that he/she is there because of their attitudes and values, and then deciding to change, and slowly changing, by being kind to his companions. If you were really

bad on Earth, you could expect this process to take longer than a lifetime, but it is often long because it may take the individual a very long time to discover that they are causing this unpleasant experience by virtue of their own behaviours. There is another curious thing about the hells that spirits trying to change seem to be more at the mercy of their compatriots than those who are not interested in change. The hells also seem to have well demarked districts which are physically hard to exit; both in terms of finding a way out, and in getting past those that would prevent your exit. Generally it is only with the assistance of a substantially more developed spirit companion who is tasked with this job that anyone gets out.

Some historically bad spirits, like the Roman Emperors, seem to have spent up to a thousand years in darkness. Julius Caesar was still in hell in 1915, but got out with some help, in 17 months. That means he had been in hell for 2040 years, a very long time indeed. Judas also learnt of the short cut, naturally from the apostles. Apparently.

Andrew and Mary Magdalene were always close to Judas, and they encouraged him to apply the knowledge that Jesus had taught them. Judas had not really understood these spiritual teachings, and in fact neither did the Apostles till after Jesus had departed.

The first thought that probably you might realize, if you end up here, is that you did not appear to have a big day of judgment. You did not end up in front of God, and get judged. In fact, judgment happened every day and every second of your mortal life.

When you broke a Spiritual Law, your soul was encrusted immediately, and that was that. Now you have to in effect clean your soul yourself. You could have done that on Earth, if you had chosen to, but it did not seem to affect your material life having an encrusted soul. Well I might debate how much real happiness and peace you felt on Earth with a heavily encrusted soul, but you can retort that it did not affect starting the Ferrari. Or distributing illicit drugs, whatever took your fancy.

So how bad is hell really? It depends. Frankly, the upper reaches of “hell” would be better than many folk’s experience of life on Earth. The darkest depths are not good however. Here it is reported one can be in total darkness, unable to perceive anyone or anything, totally alone with only your own thoughts and memories. Many spirits report that they would choose annihilation, if it were an option. The emotional darkness and irritations and attentions of the other dark spirits make it a very unpleasant experience.

It also appears that in the lowest of levels, the spirit bodies are very dense, and deformed. They appear to be affected by things like thirst and fire, even though these things do not affect more advanced spirits. It also appears possible to inflict physical damage on a spirit body, at the lowest levels, so that they do suffer injury and pain. And because the spirit body repairs itself very quickly, this pain can be repeated over and over again. The ability to move above the surface seems absent because these dark spirits are so gross. So they can be trapped in physical obstacles like swamps or holes, or have to physically ascend cliffs and mountains while trying to get out of some divisions.

What are my chances of ending up there? If you are a normal person, neither particularly good, nor particularly bad, then you will probably land up at the top of the first sphere. It could be a bit lower, or possibly a bit higher. You might not ever realize that this is “hell”, and just simply think life after death is simply no where near what you had expected. On the other hand, if you were a poor African, or Asian, eking out a tough existence on Earth, battling disease and hunger, you may think this “hell” is a huge improvement over your Earth experiences. If you have really tried on Earth, and consider that you adhered strictly to your religious beliefs, and more particularly those relating to living in love, and



caring for your fellows, which basically all religions espouse, you might make the second sphere, or higher. But statistically, the “normal” result is the first sphere.

So how do you get out of darkness? Actually help is always available, although right at the bottom, it may take some time before that help can be perceived. The problem is that most spirits in darkness are too embarrassed to even acknowledge the help offered to them. We are none of us an island, and thus everyone knows someone, and so it’s almost always the case that there is someone who you know, who is more advanced, and who you could therefore trust. The more advanced spirits are always trying to help those that are less developed, even in darkness, particularly if there is a personal relationship. But their advances are most often rebuffed. So the first lesson is to be prepared to ask for, and accept help. The spirits that can help are those that are visually bright, or brighter than your companions. They will be loving too, which is always a clear indication.

**The magic key to growth:**

**Always look up and look for the brighter spirits, then always ask them to tell you about the Feeling Healing process as well as God’s Divine Love and Divine Truth. A brighter spirit will always know more than you and anyone else around you.**



Angels actually do not have wings.

When you progress into the Celestial Heaven you are referred to as an angel.

The second lesson is to know that there is hope, and that hell is not eternal. The Christian Churches have done mortal man a great disservice in preaching that hell is eternal. Spirits either believe this themselves, or hear it constantly from their companions. Thus it is very hard to have hope. Admittedly the environment is not conducive to hope. Imagine this:

*It seemed as if I was standing at the top of a mountain or hill. Below I could see a pretty valley, with forests, meadows, springs and streams. I heard birds singing, it was like a beautiful summer day. Suddenly, everything began to dry off. The green colours turned brown, the leaves fell off the trees, and after a short time, I saw a disastrous landscape. Everything was dry, the earth cracked, a few trunks like skeletons without life, the streams had disappeared, leaving behind only their stony beds. There was no sunshine anymore, everything seemed dark, like a winter dawn in the northern regions, but without snow, and the silence of death reigned.*

Let's assume you accept help. There are two types of advice that you will get. The first is basically to develop your natural love, and to start helping others. One needs to repent, in the sense of accepting responsibility for where you are, and wanting to change. But most of all one needs to learn to be more loving. This as one can expect, is not easy. Particularly when those around you are not loving. While saying that this is the category of help you might get, if it was a Catholic priest offering help, you might expect him to suggest you follow his faith. The extent, to which this sort of narrow religious advice is given, really depends on the level of the spirit offering the advice. I tend to think that the more advanced spirits do realize that many conventional religions have much the same effect, and that therefore love is the common denominator. But lower down, most spirits cling tenaciously to their religious beliefs. So you may get a lot of pastors, all favouring their brand of religion, trying to help you. But there are also many organized groups of people, who do not ascribe to any specific religious belief, who offer help to those in the dark planes. They typically have names like: "The Brotherhood of Hope".

The reason why this process is so slow is that we are as we think. Amazingly, thoughts have been described as real, and as having a real existence in this realm. We have to change our thoughts in order to change, and that can be hard.

The second category of advice that you might receive introduces a totally new concept. Here you will be told that if you pray from the heart (soul) to God and ask for His Divine Love, you will feel this Love. It may take a few days, or a week, but you will feel this Love as a real sensation. If you keep on asking, each time you will receive a small portion of Divine Love. This Love is a physical reality, and will purify your soul.

This is the short cut method. Not only does it get you out of darkness faster than any other way, but also it will accelerate your spiritual progress through the heavens. Many dark spirits have attested to its effectiveness, but they also caution how hard it is to think of spiritual things while in hell. Of course since almost no body has heard of this short cut method, they may dismiss it out of hand. But since it promises almost instant results, I suggest it is well worth trying. You don't have anything to lose.



This technique also works on Earth. That is to say, you can feel the Love, and you will notice yourself changing over the next year or so. And we have had confirmation that humans following this method are in general much brighter in their spirit body than the general mortal population. It does something at a very fundamental level.

**God's Divine Love: Pray for it, ask for it, and receive it.**

### **The Astral Plane.**

The Astral Plane is a grosser dimension than the Spirit Spheres, and is a physicality just as the Spirit Spheres are. Very little has been received about this plane, and that is yet another reason why some reports about life after death appear to contradict each other – the Spiritual Laws here are different to those in the Spirit Spheres. Some spirits seem not to know that they are in the Astral Plane, and this is



the home of Earth bound entities. There are higher levels and lower levels of the Astral Plane, and it exists both above and below the surface of the Earth. The Earth Plane is the third of the seven divisions of the Astral Plane. However, in order to reach the Spirit Spheres proper, we have to discard BOTH our physical bodies, and another body called an astral body.

People who have out of body experiences, can travel in the astral, using their astral body, or leave the astral body and the physical body, and travel in the spirit spheres with their spirit body. It seems the silver chord that is reported as joining us to our physical bodies while alive is a part of the astral body, so any reports of entities with silver chords indicates they are astral travelling.



**A gold cord connects the Soul to the Spirit Body and a silver cord connects the Spirit Body to the Physical Body. It is the disconnection of the silver cord from the physical body that results in the death of the physical body.**

Although earlier I described the “passing over” after death to a special arrivals area for newly arrived spirits, there have been countless descriptions of others who did not even notice that they had died, so instantaneous was their transition. These folk, sometimes even thirty years after death still do not realize that they are dead. Very frequently their description is of passing from life to death virtually instantly, only that the room and mortals that were there pre-death suddenly become hard or impossible to see clearly. These events seem typical of passing to the Astral Plane, rather than the Spirit Spheres. Another difference, related to the Astral Plane, is spirits reporting that immediately after death that they are tied to something, which may last hours or days, although time is hard to discern, but during that period they may notice the funeral and burial. It appears that the astral body may take quite some time to separate from the physical body after death, and this gives the sensation of being tied to an invisible object.

It is the silver chord which ties the astral body to the physical body which has not yet broken.

While I cannot be sure that the arrivals areas described earlier are all located in the Spirit Spheres, I currently believe that to be the case. The spirit can however only reach an arrivals hall if the recently deceased mortal is not still wearing their astral body. The older one is, the more likely that one’s astral body will decay rapidly after death and release one for the Spirit Spheres. The same is true of those that are advanced spiritually. But those that die young have a very strong astral body, and they will often spend considerable time in the astral planes, of which there are seven, until they are able to cast off the astral body. The astral plane appears to give spirits who had very little Earth time an opportunity to find their way spiritually. They can interact with both evil ex-mortals and spiritually advanced ex-mortals here, and they have an added ability that deception is not possible on this plane. However, if they are attracted to earthly pleasures, this desire will remain, and can prove their undoing.

Those that fall into this category without exception have no understanding of what really happens after death. Many believe that the dead lie asleep till the “great resurrection.” With that in mind, they conclude they can’t be dead. Others don’t even have that concept and just complain that they can no longer see because of the darkness.

But later they recover their vision, and find a world that is very similar to Earth, yet with differences.

Other spirits of a very material bent find themselves in the Earth plane. There seem to be many reasons for this. They may have had an unexpected bad experience, such as being murdered, and this may have left them with a desire for revenge. It seems the shock of a sudden death may indeed be a factor in how successfully one transitions.

They may also be of limited spiritual development, but not necessarily bad. Another reason is a desire to look after a family, or even to try to enjoy, or protect material possessions. They may then hang around their last place of living, for a long period of time. Some are intensely religious, but of the mindless type. Yet they start out no better off than someone who never gave life after death a moment’s thought.

In the Astral Plane, it is possible to eat and drink, and apparently the astral body will produce excreta. However there is no need for either and this is typical of the choices spirits face. If they indulge the desire for food and drink, this generally leads to a dark entity suggesting at some time that they can get a better experience by obsessing a living mortal. And since that carries a heavy spiritual penalty, eventually they pass into the hells. There are churches here too, but sadly they seem incapable of actually teaching anything more useful than that learned on Earth, and many of the pastors are here, precisely because they are not spiritual.

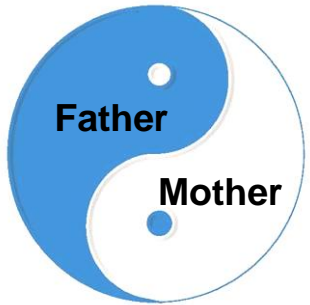
There are also a class of entity which we often see as “ghosts”, who are not actually Earth bound spirits. Specifically in the case where a mortal has a lot of negative experiences, as might be if they were tortured, murdered, or otherwise badly treated, these experiences have to be resolved. And until they are resolved, which includes the individuals who caused the trauma, they may leave an energetic signature which behaves and looks like an earthbound. In fact these are simply astral shells, devoid of a soul, because the individual has moved into the spirit spheres, but this energetic bundle still may be tied to a location, or another entity in darkness. It is very difficult from our side of the veil to know whether one is dealing with an astral shell sans soul, or a real spirit entity. These astral shells are dissipated only when the emotional issues surrounding them are resolved. There are some other entities in the Astral Plane, some of which are wonderful, and others which are dangerous. Provided that you have not distanced yourself from your guide, you will be protected, but if you have totally ignored spiritual matters, your guide will not be there to protect you, and the experience can be very unpleasant. While a spirit body can experience pain, and even be apparently damaged, it repairs itself rapidly, but it cannot be destroyed. The astral body will also repair itself normally, but as it is not eternal in nature, apparently it can be completely destroyed by some of the evil elementals, and this results in that (dark) spirit passing into the dark planes of the First Sphere – hell. This sort of thing can only happen in the lowest of the astral divisions, which are considered the anti-chamber of hell.



**SPHERES in the SPIRITUAL REALMS.**

**Spheres – Celestial Heaven, Eternal Spheres, then Spheres of Paradise:**  
The realm of the Angels is the Celestial Heavens spheres 8 to infinity.

**Spheres to infinity:** Soulmate bonding can be achieved in most of the spheres. (Celestial Spheres are not numbered per se.)



**Eighth Sphere:** All emotional baggage of your entire history has been dealt with – born again. This is the point of new birth, being born again. Celestial Heavens 8 to infinity true immortality.

**Seventh Sphere:** The gateway cycle, perception of sacramental nature of all things. Disappearance of the material mind and the absolute ascendancy of the soul's mind has been achieved. Divine path.

**Six Sphere:** Cycle of light / love, love / light or unity. A purely intellectual area, increasing one's knowledge, while living life in absolute harmony with God's laws of spirituality. Natural path peak.

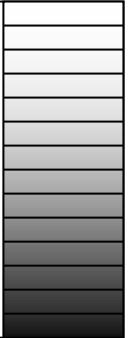
**Fifth Sphere:** Cycle of light or wisdom. All their earthly bonds are gone. We are in one of those soul spheres, which offer great opportunities for obtaining the Love of God.

**Fourth Sphere:** Work of 'atonement' as guides and spiritual healers now excel. As humanity's helpers, their work is a means for self-realization.

**Third Sphere:** Truth always told. An area where spirits progress in their awareness. In each sphere, there are many planes. Changing pathways requires dropping back to a lower path, then proceed.

**Second Sphere:** The sphere of decision which is much more spiritual but which was hidden and outside the range of their perceptions. Spirits can now choose the path they wish to follow – desires.

**First Sphere:** Cycle of awareness. There are vibrational love barriers between each of the spheres. Highest level of the Earth planes is the point of transition from materiality to the spiritual 2<sup>nd</sup> sphere. Summerland is the highest part of the Earth planes, but it is still a very material region. Children live in Summerland in great numbers, having died prematurely. Twilight zone, the most populated area in the spirit world, and starting point for **most**. Various hells descending progressively into greater degrees of darkness. All souls can be assisted out of these hells no matter what level they fall. At the deepest levels, the soul finds it extremely difficult to hold itself together. The hells are not fiery physical places. Actions are fear based.



**The 2<sup>nd</sup>, 4<sup>th</sup>, 6<sup>th</sup> spirit spheres provide principally for mental and moral advancement, whereas, the 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup> soul spheres provide for the Feeling Healing process and obtaining Divine Love.**

**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**CURRENTLY before HANDOVER!**

**Divine Love progress is to infinity**

**Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.**

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

**Natural Love peak is 1,000 on MoC**

**Natural Love 6<sup>th</sup> Sphere  
Mansion / Mind Worlds  
MoC 840 – 1,000**

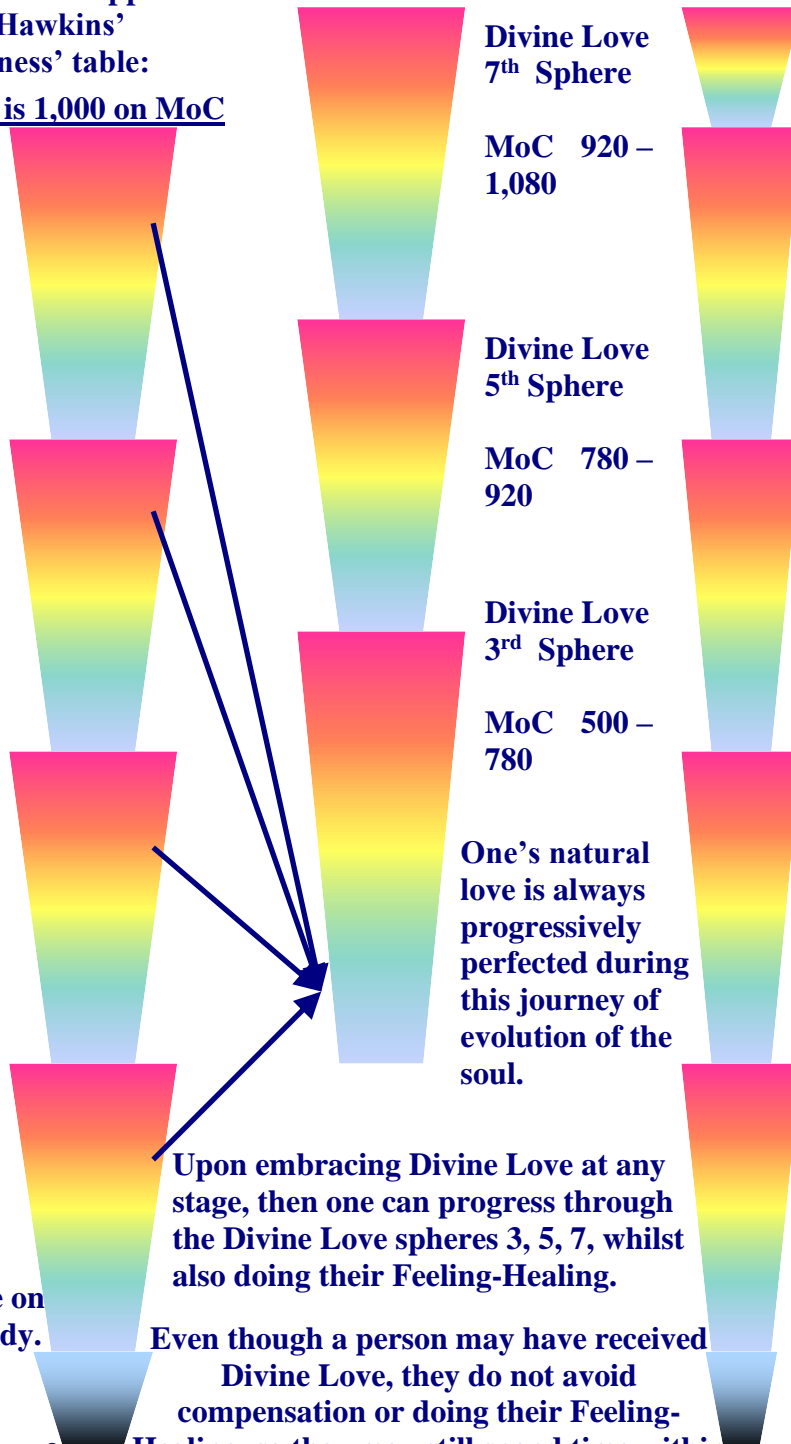
**Natural Love 4<sup>th</sup> Sphere  
Mansion / Mind Worlds  
MoC 650 – 840**

**Natural Love 2<sup>nd</sup> Sphere  
Mansion / Minds Worlds  
MoC 500 – 650**

**Natural Love 1<sup>st</sup> Sphere  
MoC 200 – 500**

**We all enter the 1<sup>st</sup> natural love sphere on the death of our body.**

**HELL planes:  
MoC 1 – 200  
Hells being a sub-set of 2 Spheres of Disharmony.**



**Divine Love 7<sup>th</sup> Sphere  
MoC 920 – 1,080**

**Divine Love 5<sup>th</sup> Sphere  
MoC 780 – 920**

**Divine Love 3<sup>rd</sup> Sphere  
MoC 500 – 780**

**One's natural love is always progressively perfected during this journey of evolution of the soul.**

**Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.**

**Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.**

**Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:**

**Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6<sup>th</sup> Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 7<sup>th</sup> Divine Love Sphere.**

**Then they may prepare to enter the Celestial Heaven Spheres from there.**

**This pathway is when, or should, the Divine Love not be available before perfecting one's soul.**

## The First Sphere.

Hell is of course in the first sphere, but most of us would not consider the upper reaches of the first sphere as being in darkness. That is because we are used to Earth, a planet that is itself largely in darkness.

Above “hell” one finds the “Twilight Zone”, and then “Summerland”. These are spiritualist terms. Some spiritualists teach that Summerland is the Third Sphere, but that is apparently not so, they are simply numbering sub-spheres as major spheres.

In the upper reaches of the first sphere, spirits use tools to create things, just like here. Later on, this is unnecessary. They live in homes, and learn how to manipulate their spirit bodies. They can for example create a perfect physique, or a full head of hair. Most spirits choose a physical form from somewhere between twenty and thirty, one which I guess represents their physical prime. They also discover making love in the spirit is a bit different, and very enjoyable. It is accomplished by a sort of fusion of energy between the souls. Having been fortunate enough to experience it a few times, in out of body experiences, I can report that it is indeed something to look forward to. Apparently some spirits really get into this new love making.

Homes are provided too. The way in which buildings and other created items are made is intriguing, and explained by Monsignor Robert Hugh Benson. Apparently you can decorate or change your home. Folks specialize in all these activities, including for example making flowers. The flowers are eternal in nature, and responsive. I rather suspect we will not have an autumn in heaven, and that slightly saddens me. There is no decay, so I can’t see how one achieves the magic show of autumn leaves that we have here on Earth.

Even the homes in the upper planes of the first sphere are very comfortable, allowing for the fact that they don’t have kitchens or bathrooms, but later on they seem to be better than the grandest mansion one might imagine. In hell they are hovels or caves, although apparently many cities also exist there. The old Bible phrase – “in my Father’s house are many mansions” has more than a ring of Truth.

But the weather is so benevolent, that if you did not want to live in a house, you could entirely do without one.

Animals and pets are found in spirit. There is no doubt at all, if you have a much loved cat, dog or even elephant, that you will enjoy its companionship again. It is not the case that all animals automatically survive death, but much loved ones are found again. It is likely that this is a creation emanating from the love that we hold for that animal. On the other hand, apparently there are places in the spirit world where you can go and see the dinosaurs, so no doubt all manner of animal can be found, for our enjoyment. Of course many pets pass over before us, and thus someone will be looking after them there.

Strangely many spirits report feeling cold when they first arrive, but later this is not a problem. It is quite widely accepted that spirits are cold when they appear in our realm, and at least one spirit has reported being able to feel the heat from a fire in our realm, as well as clearly hearing sound from our realm.

When they first arrive in spirit, spirits continue to talk, and it is also reported that they can breathe, although that seems surprising. Later on they simply use thought communication. Spirits spend a great deal of time discussing God. Does He exist, etc. Naturally religious groups exist, and spirits will follow those beliefs by attending church, etc. Spiritual ignorance abounds, as one would expect. That does not



mean spirits are unopinionated. Indeed it seems some of the most opinionated spirits can be found in the first and second spheres.

The old adage of the empty can making the most noise seems true of spirit as well. Arguments are even more intense than on Earth. This is because each spirit will now have some experiences that support their belief. The level of ignorance is actually very high, but that does not stop many spirits attending séances and coming through with a great deal of misplaced authority. These are the spirits who may use Jesus' name, or even call themselves God. One also finds spirits here who are mischievous, and immature, rather than evil. They will also delight in frightening mortals at séances.

Summerland has been described as having a climate similar to California. But without the pollution no doubt! There are a great number of children in Summerland, but they are not found lower, which is quite reasonable. The landscape is beautiful, with pretty villages and cities. Spirits can choose to live in a city, or in the country.

I may finally get that water view I always wanted! The cities don't have roads, indeed there are no roads anywhere, and typically the height of the buildings is limited to a few stories. So the typical landscape of a city would be quite different to what we might be used to, with no pavements or tables on sidewalks.

There is still a degree of negativity, which is illustrated by gossip, differences of opinion, and anger. But most spirits are pretty used to that from Earth, and probably don't really notice it.

Sports are indulged, but there are issues playing ball sports. Apparently the gravity is quite different, and to launch a ball one needs to use thought power. Once so launched, it will not stop until redirected again by thought. So sending a ball towards the goal would always reach the goal, and rather seems to make sports such as football and golf irrelevant. That might hugely upset some folks, so I hope there is something as addictive for the golfing fraternity.

I was very pleased to discover one can have a boat, if one has the development, and that this can be "motorised" by thought. It is even possible to sail, but as the winds are very gentle, I guess it is again largely thought powered.

It is here in the First Sphere that spirits tend to discover what they really want to do, and what talents they have. As they don't have to work, and there is no authority chasing them, they are totally free to devote whatever time they like to pursuits. Spirits find that they can follow material pursuits here, but in time the attractiveness of that fades, and suddenly they begin to realize that spirituality is important, and a greater source of happiness.

Here the spirits find that their desires result in changes to their spirit bodies. So, although they do not have conscious control over this aspect, they do look attractive, with perfect bodies. In time these pleasures pall, and the spirit finds itself drawn more to spiritual avenues, and that this gives it increased happiness. They are then starting to progress out of this sphere.

## **The Second Sphere.**

The essential requirement for a spirit to reach the second sphere is the recognition that material pursuits are limited, and does not lead to real happiness. In the second sphere, spirits choose their spiritual path. These are by no means uniform, and in general, if a spirit decides later to change to another spiritual path, they will return to this sphere. In fact there are two great classifications of spiritual path, but this distinction is probably not obvious to most spirits.

The first classification is the natural love path. In this class, one finds all the religions, and even those following an intellectual, and nonreligious path. Slowly but surely, spirits become more loving, and advance steadily through the spheres, stopping at the sixth. The sixth is a heaven of complete happiness, so complete that spirits there lack nothing, and cannot envisage anything better.

The second classification is the Divine Love path. If you took the short cut out of hell, you will have found so much happiness flowing into your soul, that this will be the path you will follow. Not many spirits follow this path however.

In this second sphere, which can be called a sphere of decision, it is really like a kindergarten. In the first spheres, many things were built by machine. Here in the second, spirits are learning to use their spirit powers, assisted by other more advanced spirits. There are many institutions of learning, and this sphere is well known to many spiritualists. They learn to modify their clothes, to build their houses using spiritual power, and to even modify aspects of their spiritual bodies.

This exposure to the spiritual powers that are available generates a state of euphoria, and as a result many spirits stay here a long time. It is such fun. That is no bad thing; there is no timetable to keep. In deciding what development path to follow, spirits are influenced by those from more advanced spheres. Thus a spirit from the fourth sphere may well extol the virtues of his path, and the beauty of his sphere.

Spirits in many cases retain some of the spiritual ideas they had in the first sphere, but they may be beginning to modify those to some extent. Some of them have a period of confusion, for example if they believe that they should now stand before God, or perhaps Jesus. As that does not happen, it takes a while to rationalize, and evolve a new spiritual or religious strategy.

Jesus does visit these spirits, but they do not generally recognize him. He cannot display himself as he really is, because his spiritual brightness is far too powerful to be revealed in these lower spheres, and hence they generally do not accord him any special status. We have been told that the sun is like a candle compared to his spiritual brightness.

The second sphere is really a real heaven, as it has immense facilities for study, facilities that cannot be dreamed of on Earth. Eventually however, each and every spirit eventually arrives at the highest plane in this sphere. There a tremendous change occurs. They remember that they have got this far through the help given them by numerous spirits, and a great urge overtakes them to perform a similar function. It is an atonement task.

### **The Third Sphere.**

Spirits in the third sphere have both sufficient love, and spiritual understanding to begin to perform a useful task of helping other spirits. Because of their greater spiritual development, they can also begin to perceive the Will of God, although this is not because they can perceive God.

Typically the tasks that they undertake have something to do with their Earth life. I came across a fellow getting a lot of help from an ex-playgirl. This fellow had very strong sexual desires, and she was trying very hard to influence him away from those. Clearly she had to atone for inciting so many fellows to sexual desires by being a playgirl. Another may be a pastor, who has spent a lifetime spreading false doctrines. He may find himself trying to undo those false beliefs. This work can be very hard, and these spirits do experience frustration. However this does not mean that all these spirits are teaching only truth. These spirits still have many of their Earth beliefs, provided always that none of these are seriously harmful from a spiritual perspective. Where that is the case, they do not progress,

until they come to a realisation that their belief is false. Those spirits following the Divine Love path may spend a long time in this sphere, because they feel the importance of the task of teaching this “new” Truth. When finally what started out as a work of atonement, and now becomes a vocational choice, the spirit is ready to move on. Here is a description of a home in the Third Sphere:

*Yes, my home is very beautiful and I am perfectly delighted with it. It is made of white marble and is surrounded by lawns and flowers and trees of various kinds. The grass is so very green and the flowers are so beautiful and variegated. The trees are always in foliage and have such beautiful limbs and leaves. I am most pleased with my home, I mean the building.*

*There are many beautiful pictures on the walls, and the walls are all frescoed and hung with fine coverings, and the floors are inlaid with beautiful mosaics. I have all the splendid furniture that I could possibly wish for, and my library is full of books of all kinds, especially of those that tell of God and His Love for man. You would be in your element if you could be with me. I have music, such as you never heard on Earth, and instruments of various kinds which I am learning to play, and I sing with all my heart and soul as the days go by. I have beds on which I lie down, but I never sleep. We do not need sleep here; we only rest, for sometimes we get tired from our work and are greatly refreshed by lying on the beds and couches which are so comfortable that we do not realize that we are tired after lying down a little while.*

**3<sup>rd</sup> Sphere – Truth is told at all times.**

**2<sup>nd</sup> Sphere – One follows his/her desires.**

**1<sup>st</sup> Sphere – Actions dominated by fear.**

**Humanity is dominated by fear, calibrating around 220 on MoC.**

### **The Fourth Sphere.**

The spirits in this sphere are now used as teachers, in the various learning institutions, and they develop in this sphere their sometimes astonishing healing abilities. It is largely an intellectual sphere, and some spirits following a Divine Love path spend almost no time here, moving virtually directly on to the Fifth sphere. Others chose to stay here, although they can do much the same work in the Fifth sphere.

There is beginning to be a bigger and bigger difference between spirits following the natural love and the intellectual path, and those following the Divine Love path.

Earthly bonds weaken, and spirits are not much interested in the affairs of Earth. Even familial bonds weaken. This does not mean that they do not care for other members of their genetic families, but their general love for all mankind is now so strong, that familial love recedes in contrast.

Soulmates now begin to be a topic of great interest. It is true we all have a soulmate. This is because the initial creation of souls creates pairs of souls. This appears to be yet another technique that God has provided to gather his creation closer. Inevitably one soulmate will be more advanced. Their great love for each other spurs the less developed one to make great efforts to catch up, so that they can live together. Some times this is in fact the way a soul is “extracted” from the hells. The more advanced soulmate is able to influence the less developed one to make the effort to get out of darkness. What is intriguing is that this soulmate attraction is so strong that a bright and pure spirit is actually attracted at all to a dark spirit.

The fourth sphere, with its great facilities is often a sphere where spirits stay a very long time. By the time that these spirits have reached the upper planes of this sphere, they will have all but lost interest in the affairs of mortal man. Their only interest is in helping man to progress, but they take no personal interest in his affairs.

### **The Fifth Sphere.**

This is what is termed a soul sphere, and those spirits following a natural love path do not spend much time here. But it is an important sphere for Divine Love spirits. The only thing that natural love spirits lack is absolute purity. They must eradicate the last traces of sin. They may still cling to false beliefs, but none of these will be harmful. This last stage of purification does not take long, and the natural love spirits then progress into the sixth, the ultimate goal of their spiritual path. There is no reason for them to tarry here, since there is more happiness to be had in the sixth. There is also little commonality between them and Divine Love spirits. They have a fundamentally different belief, and spiritual path, and this leads to different interests.

In fact many of the Divine Love spirits also hasten to enter the sixth, and then return. The sixth is not entirely congenial to them, and they have much development that they can do in the Fifth. And, once they have received more of the Divine Love, they can progress directly to the Seventh Sphere. It was reported that Mother Teresa passed over into the Fifth Sphere, and that is the highest that we have heard of for a mortal, although there have been others, apparently. Just recently we heard that Francis of Assisi also passed into the Fifth. Few could doubt the love that she had, or the spiritual fervour that he had.

Here is a description of a home in the Fifth Sphere:

*I am living with your mother in her home, but I am not so spiritual as she. We are both very happy though, and have everything that the heart could wish for. The music is so beautiful that I cannot describe it to you, and even the love which helps to make the music is of such an intensity that you could not possibly understand if I should attempt to tell it to you. My home here is much more beautiful than that which I had in the third sphere, and everything is beyond what I conceived when I lived there. The house and trees and flowers and fruits are very much more beautiful and delightful.*

*No one could be anything but happy in such a home. We have nothing to interfere with our happiness and every one is a delightful companion and full of love and beauty. I have met many spirits that I did not know either on Earth or in the spirit world before I came to this place, both men and women.*

*Yes, we have rivers and lakes and fields and mountains and all the beautiful landscapes that you can imagine, I not only enjoy these things, but they are more real than those of Earth. I am sometimes engaged in painting these flowers and landscapes, and have many pictures which others painted. I find that I can paint with a more artistic touch than when on Earth. I have no trouble in drawing as you know I had some in my Earth pictures. I am also studying music, and especially my vocal lessons. You will be much surprised when you hear me sing as you cannot conceive what a different voice I have. Sometimes I try to sing some of the songs that I used to sing to you, but they are not pretty in comparison to the songs we have here, either in the music or the sentiments.*

### **The Sixth Sphere.**

This is the pinnacle of spiritual development for natural love spirits. It represents a return to the Adamic state (Adam and Eve / Aman and Amon). However, they quite possibly simply dispute that there are

any higher spheres. Certainly Divine Love spirits find that these spirits are not interested in listening to this concept. They enjoy themselves with many very advanced intellectual and moral discussions.

One should realize that mental capacity has expanded enormously along with spiritual development. This is a perfect heaven, and spirits lack for nothing, and cannot imagine anything better could exist. The sixth sphere is a purely intellectual area, and by that I mean that in spite of the great spirituality of the place, the zeal of its inhabitants goes much more for increasing their knowledge, while they live a life in absolute harmony with God's laws of spirituality. It is a place where science has reached its most spectacular results compared to all the spiritual spheres, and where the intelligence of its inhabitants is supreme, and where absolute fraternity exists, such as people dream of on Earth.

There are great social events, amusements, all of which provides them with great happiness, their class of happiness. Paradise, yes, the sixth sphere is the paradise which the Hebrews dreamt of and continue dreaming of, and it is the paradise that Christian churches teach of, in general, and also spiritualists. Religion is important too, and there is a great diversity of religious practice. That indicates that the inhabitants are not in possession of absolute truth. It is rare for these spirits to communicate with mortals. But many work as teachers and professors in lower spheres.

Divine Love spirits can enter this sphere, but generally do not stay long. They simply find that their interests are different. So they return to the Fifth until they are able to pass into the Seventh. As these sixth sphere spirits do not progress any further, it is not known what their long-term future will be. Some sources suggest eventually all will awaken to the fact that something is lacking – God's Divine Love, and progress will then resume. Other sources suggest that in fact the "second death" will mean that these spirits are isolated, and the "gates" to the Kingdom of God will be closed, leaving them excluded.

### **The Seventh Sphere.**

This sphere is only populated by Divine Love spirits. It marks the beginning of a series of changes that will eventually leave them quite different to other spirits. So different, that it is said they cannot be considered to be of the same family.

The first change is that the soul manifests a mind, which is different to the mind that all other spirits utilize. This begins to dominate. Eventually, before the spirit leaves this sphere, the mind of the spirit body will have entirely withered away, leaving the spirit using the mind of the soul.

The duration of the process of the last stage of transformation varies. It may be achieved in a relatively short time, but many spirits stay longer in this wonderful paradise, enjoying and experiencing, like tourists taking their time to explore the last corner of their unknown world.

They gain enormous knowledge in this sphere, in this process, and without study. The knowledge simply comes to them. Eventually they are ready for the transition. In the transition to the Celestial Heavens which lie above the seventh sphere, they fuse with their Divine Spirit, or Father Fragment which has accompanied them since their earliest years. This gives the Divine Fragment a personality, and the spirit gains Divinity and immortality. Spirits who have passed this stage tell us they KNOW they are immortal.

There is no debate, such as exists in the Sixth. They then become spiritual beings, as opposed to semi-material beings. This difference must be subtle, because other less developed spirits do not seem able to discern the difference.



There are “un-numbered” spheres in the Celestial Heavens above, each more magnificent than the rest. Spirits who reside here explain that words simply cannot describe these spheres, and generally they just won’t try. These would appear to be the classic **Kingdom of God** that the Christian Bible talks about.

But this concludes our summary. Ironically, because this is probably only the start of our next adventure, the re-birth by spirit that the Christian Bible promises to those who have faith that Father loves us. And an eternity of growth and spiritual adventure lies ahead.

Perhaps there will be another narrow path we might have to navigate beyond the Kingdom of God? A particularly good video of this journey to Paradise, based on the Urantia book, can be found on this web site: <http://www.squarecircles.com/>

Original : 21st April 2003

Revision: 6. 1 30th December 2009. Geoff Cutler.

### Sources:

In no particular order.

“True Gospel Revealed Anew by Jesus”, Volumes I to IV. (also available as “Book of Truths”)

both of the above contain the Padgett Messages

Contemporary communications on the New-Birth web site.

<http://new-birth.net/>

“Life in the World Unseen” by Anthony Borgia

“More About Life in the World Unseen” by Anthony Borgia

“Here and Hereafter” by Anthony Borgia

“Through the Mists” by Robert James Lees

“The Life Elysian” by Robert James Lees

“The Gate of Heaven” by Robert James Lees

“Spirit World and Spirit Life” by Charlotte Elizabeth Dresser

“Life Here and Hereafter” by Charlotte Elizabeth Dresser

“The Blue Island” by Pardoe Woodman and Estelle Stead

“30 Years among the Dead” by Dr Carl Wickland

“A Wanderer in the Spirit Lands” by Franchezzo.

“Gone West” by J. S. M Ward

“A Sequel to Gone West: A Subaltern in Spirit Land” by J. S. M. Ward

**Feeling  
Healing with  
Divine Love is  
the key!**



**PASCAS  
PERS**

**SPHERES: KINGDOM of MAN – SPIRIT WORLD**

The first 7 spheres have logical and clearly defined end points both at the 6<sup>th</sup> and 7<sup>th</sup> spheres. Therefore a sequence of numbers is useful as a reference. Within each of these lower spheres there are many stations or sub-spheres so to speak through which beings move. There are barriers preventing movement from one to a higher one until the necessary changes have been made. The 6<sup>th</sup> sphere is the ending point for those who are following what has been referred to as the Natural Love Path.

There exists a barrier between the earthly levels and the spirit levels and this is largely man-made. This barrier has been built on fear and is made of belief.

**Spheres:**

**7** The 7<sup>th</sup> sphere is the transitional stage between the lower spheres and up into the Celestial Realms.

**6**

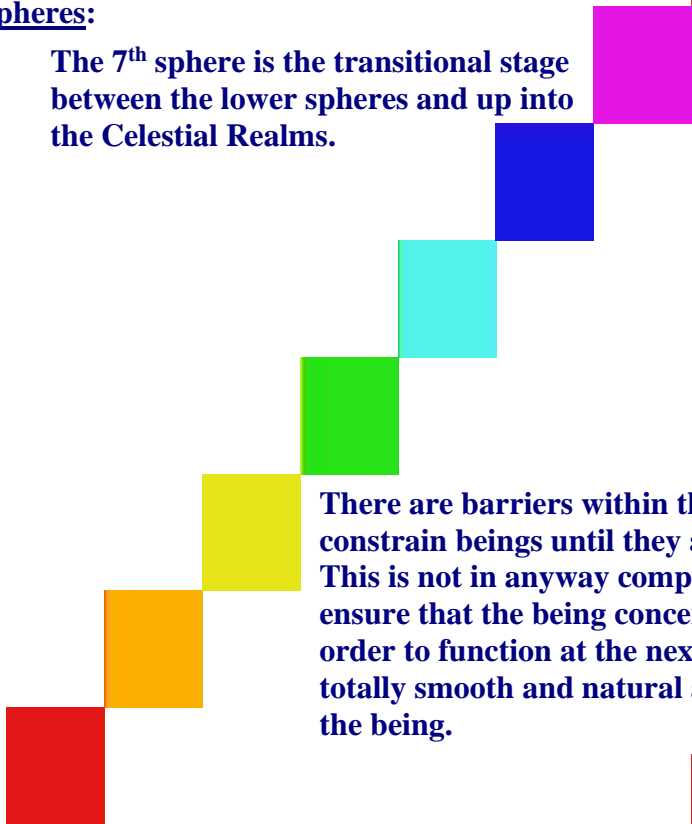
**5**

**4**

**3**

**2**

**1**



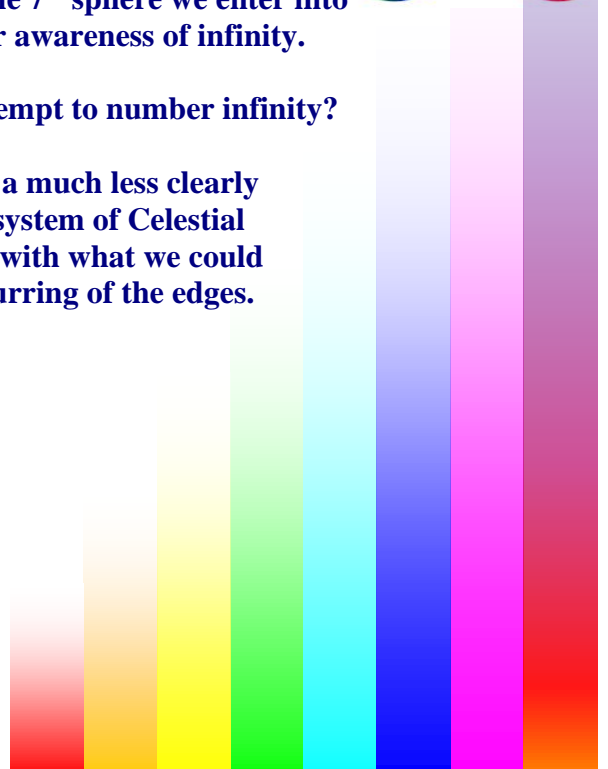
There are barriers within the structure of the spiritual realms which constrain beings until they are fit to make the move to a higher level. This is not in anyway competitive or subject to examination but is to ensure that the being concerned does know what they need to know in order to function at the next level. The transition, when it happens, is totally smooth and natural and dependent of the level of knowledge of the being.

**KINGDOM of GOD – CELESTIAL REALMS**

Above the 7<sup>th</sup> sphere we enter into a greater awareness of infinity.

Why attempt to number infinity?

There is a much less clearly defined system of Celestial Spheres with what we could call a blurring of the edges.



Each of us who are within the Celestial Spheres knows who he or she is and knows what we can do. That one might be a little or a lot further along the path makes no difference to the mutual love that we feel or the level of cooperation that is found in every endeavour. If one is further along, that one is then committed to helping all others to come along. There is absolutely no sense of competition. That was left behind long ago.



<u>Characteristics of first Spheres:</u>		MoC
Truth is always told:	Sphere 3	651 – 780
Desires are followed:	Sphere 2	500 – 650
Actions are fear based:	Sphere 1	1 – 499

**Possible relationship of Map of Consciousness (MoC) with Mansion World Spheres:**

8 <sup>th</sup> Sphere	1,081 – 1,251+	Achievement of at-onement on reaching 1,081
7 <sup>th</sup> Sphere	921 – 1,080	Divine love only, transmission to at-onement and Celestial spheres
6 <sup>th</sup> Sphere	841 – 1,000	Natural love mind world – perfect Natural love
5 <sup>th</sup> Sphere	781 – 920	Divine love Mansion World
4 <sup>th</sup> Sphere	651 – 840	Natural love mind Mansion World
3 <sup>rd</sup> Sphere	500 – 780	Divine love Mansion World
2 <sup>nd</sup> Sphere	500 – 650	Natural love mind Mansion World
1 <sup>st</sup> Sphere	1 – 499	Natural love mind world predominantly

World 1 embraces the regions of disharmony as well as introduction to Divine Love. All humanity awaken in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

**“The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.**

**“But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father’s Grace.”**

**P.6 Judas of Kerioth**

**Judas – August 19<sup>th</sup>, 2001**

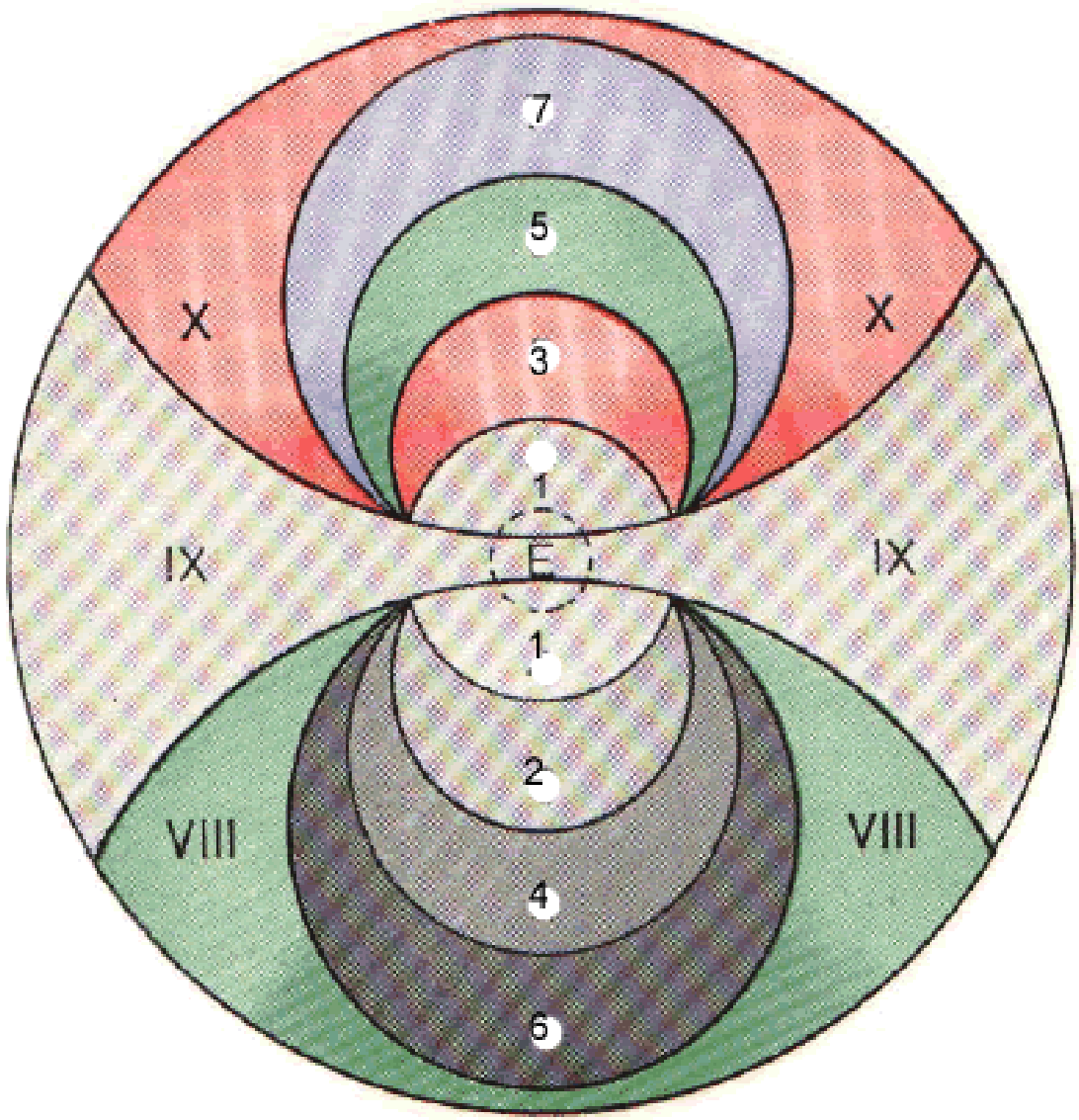
**GATE OF HEAVEN** by Robert James Lees:

<http://new-birth.net/misc/misc24.htm>

Reference; the third book of RJ Lees – "Gate of Heaven" a web page of the diagram found at the beginning of that book very clearly shows the sleep state as occurring in a physically different location from the Spheres.

This extract is from the book "The Gate of Heaven" by R.J. Lees and it has a diagram of the spirit spheres, spheres of natural love that reach to the 6<sup>th</sup> sphere, whereas Divine Love sphere go on and on and on, and the diagram illustrates that the sleep state also has a specific locality.

**THE HEAVEN  
and  
EARTH  
SECTIONAL DIAGRAM**



## EXPLANATION OF THE DIAGRAM

The outer circle indicates the position of the Psychic Sphere. The ‘firmament’ or heaven of Gen. i, 8. This, as described in the following pages, embraces every provision for the reception and maturing of the newly-born soul until it reaches the Spiritual condition of a son of God.

**E.** The Earth. Its position in the Physical indicated by the dotted circle.

**I-VII.** The Seven Spheres, or Intermediate State. The Schoolroom where the youth of the soul is passed in Spiritual preparation.

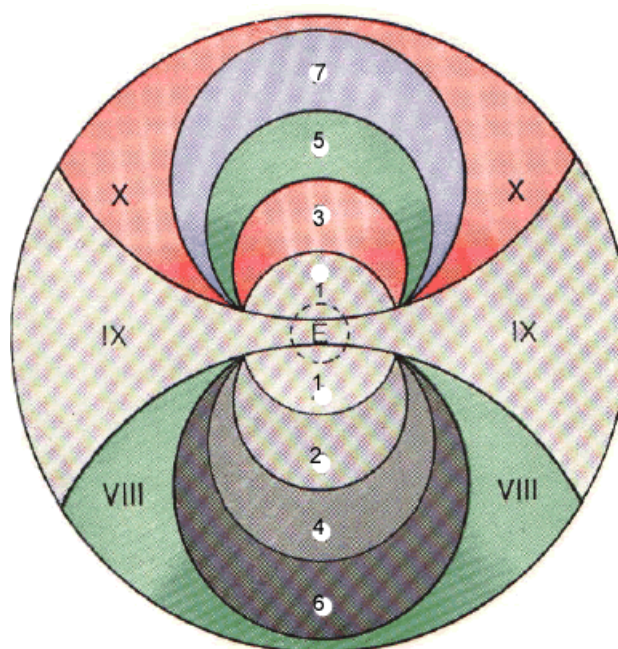
**VIII.** The location of the uncultured, or “nations that forget God,” in which they are suitably instructed and prepared.

**IX.** The Sleep State, where the sleep-life is spent by all mankind in communion with the departed. (Job xxxiii, 14-18.)

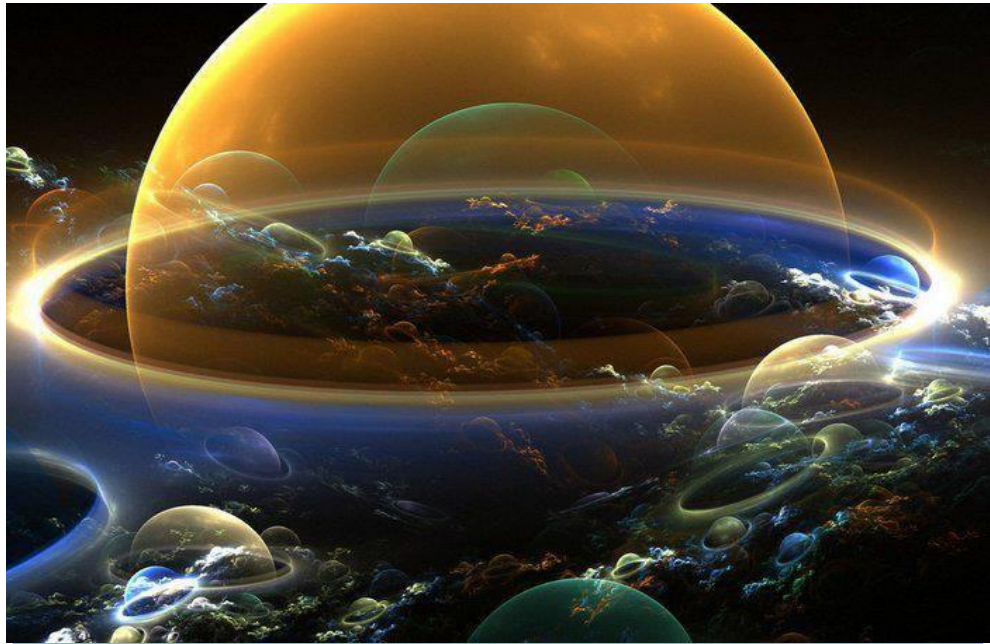
**X.** The Great Nursery, where children who pass away prior to birth, or before they “know to refuse the evil, and choose the good” (Isa. vii, 16), are developed and educated. –

This diagram is interesting, but I would caution about assuming any large degree of accuracy concerning it. But it does very clearly suggest that "sleepers" interact in a very specific location.

Considering this diagram, I have had a few thoughts. Firstly, it's interesting that all this is in a sphere. Secondly, this layout leads itself directly to the point made in the Padgett Messages that there are Divine Love spheres, and Natural Love Spheres. That is, there are spheres which are predominantly natural love orientated and there are spheres that are Divine Love orientated. Without really knowing if I am right, this is how I would see it:







**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

**Soul spheres  
are not  
numbered.**

**Soul spheres  
are to:**



**The New Birth = Become at one with God: sphere 8**

**Peak Sphere =**

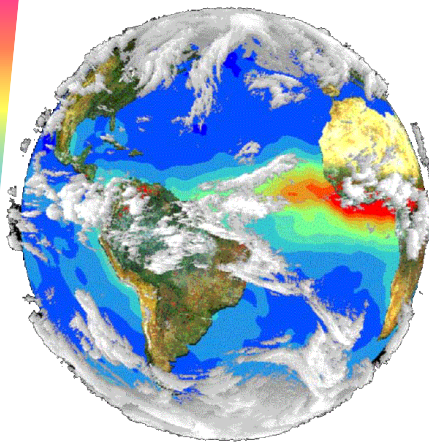
**6**

**4**

**2**

**1**

**NATURAL  
LOVE  
SPHERES**



**7**

**5**

**3**

**Spirit body  
spheres are  
1 - 7**

**DIVINE  
LOVE  
SPHERES**

**Earth sphere is for  
the physical body.**

**SPIRIT MIND MANSION WORLDS are numbered 1 to 7:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres 1, 2, 4, and 6 only.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

On death of the physical body we all arrive in the 1<sup>st</sup> Natural Love sphere.

Earth is for the individualisation of souls being the commencements of one’s journey home toward the Source Soul.

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1<sup>st</sup> Natural Love sphere and continue in their progression onto higher spheres.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

**Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.**

**WE ALL ARE BEING GUIDED HOME:**

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

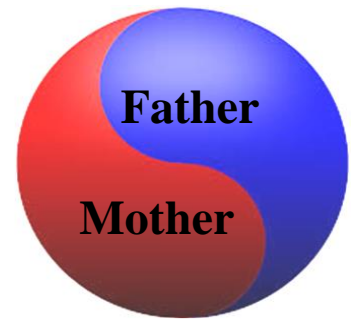
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

**GOD**



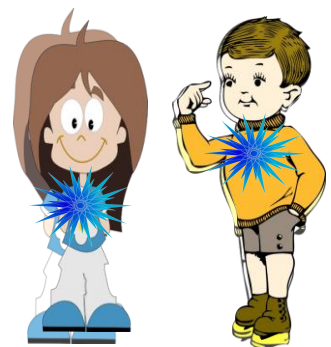
**M&F**



**J&M**



**AVO**



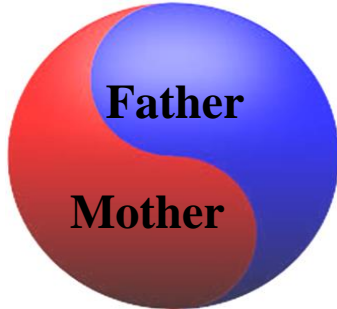
**HUM**

**WE ARE Children of God**



**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.



**J&M**

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**



**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Neadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

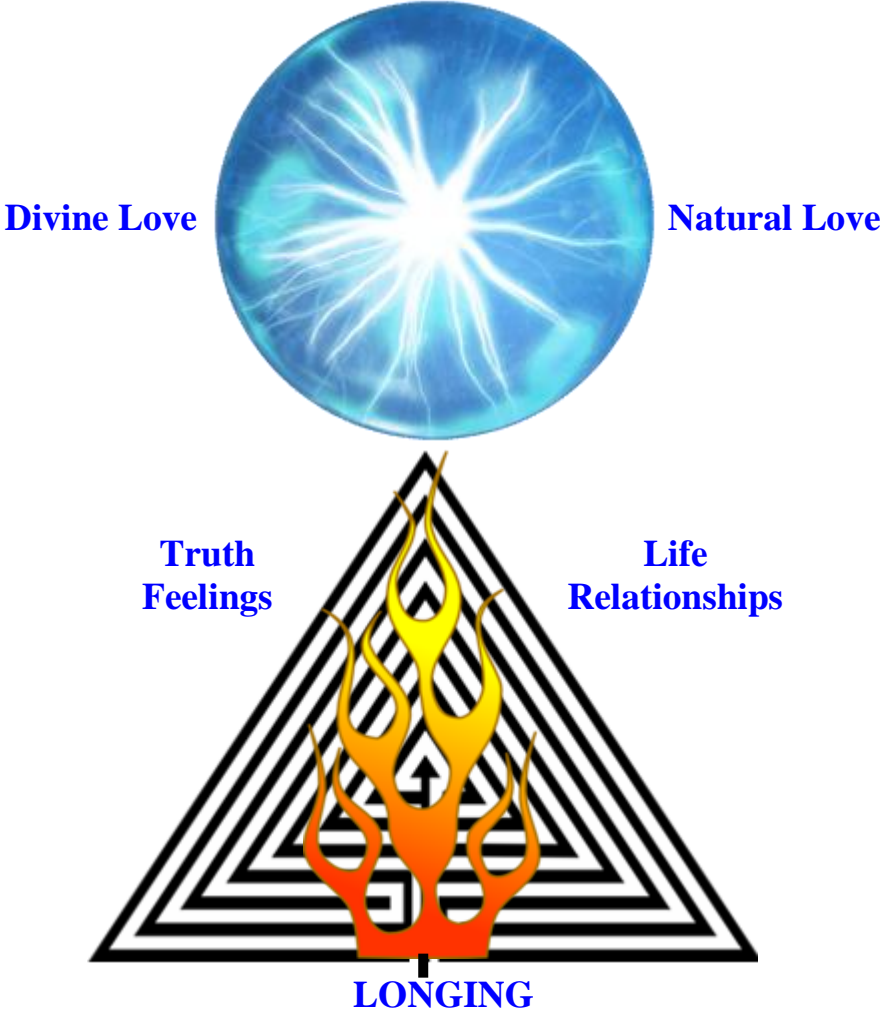
**WE ARE Children of God**

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

HOW TO GET TO PARADISE:

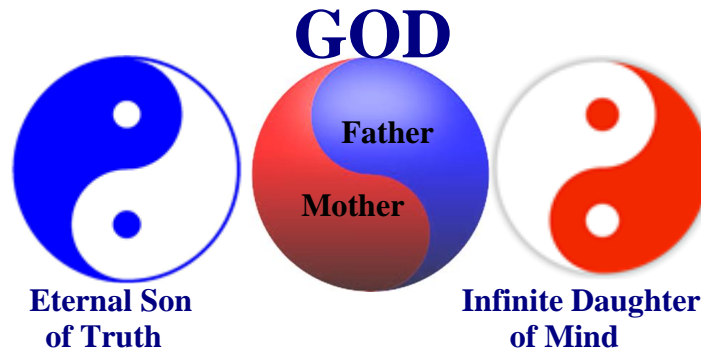
- Long for the Divine Love
- Long for the Truth
- Long for the truth of your feelings
- Don't deny any feelings: accept, express and want to know the truth of them
- Know your feelings are the key; your feelings are the Way
- Want to end your falseness and being untrue
- Want to understand the truth of your early life
- Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
- Want and long to know the whole truth of yourself
- Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

**The Key**



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.





**PARADISE TRINITY:**

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates / Soul Partners)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

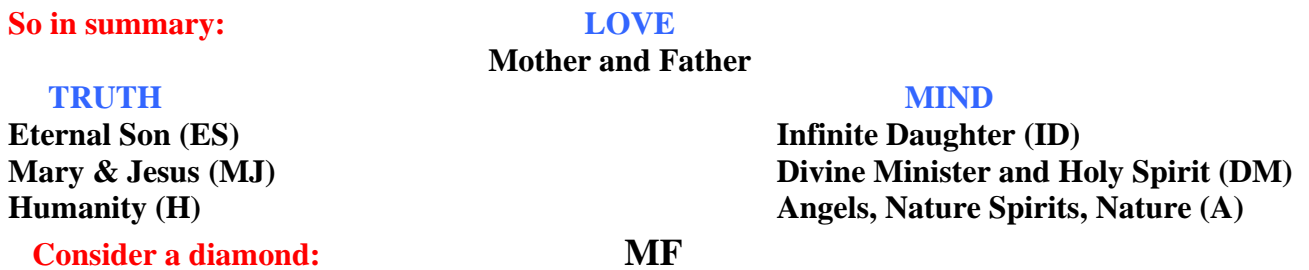
**The LOCAL UNIVERSE TRINITY:**

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

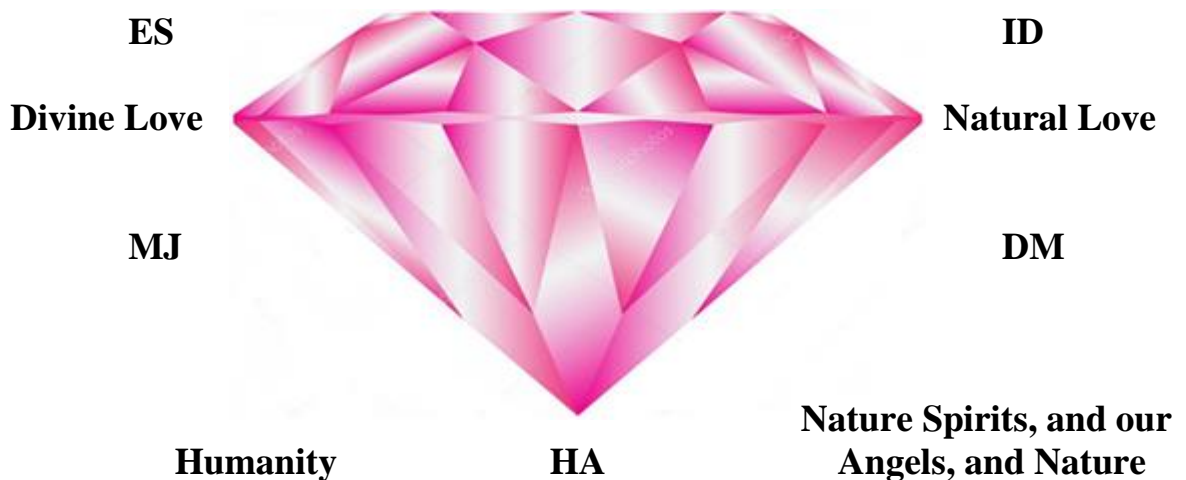
**PLANETS that engage in REBELLION:**

1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate / soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Spirit Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

TRUTH PATHWAY

MIND PATHWAY

Mother Father (MF – God)

Eternal Son (ES)

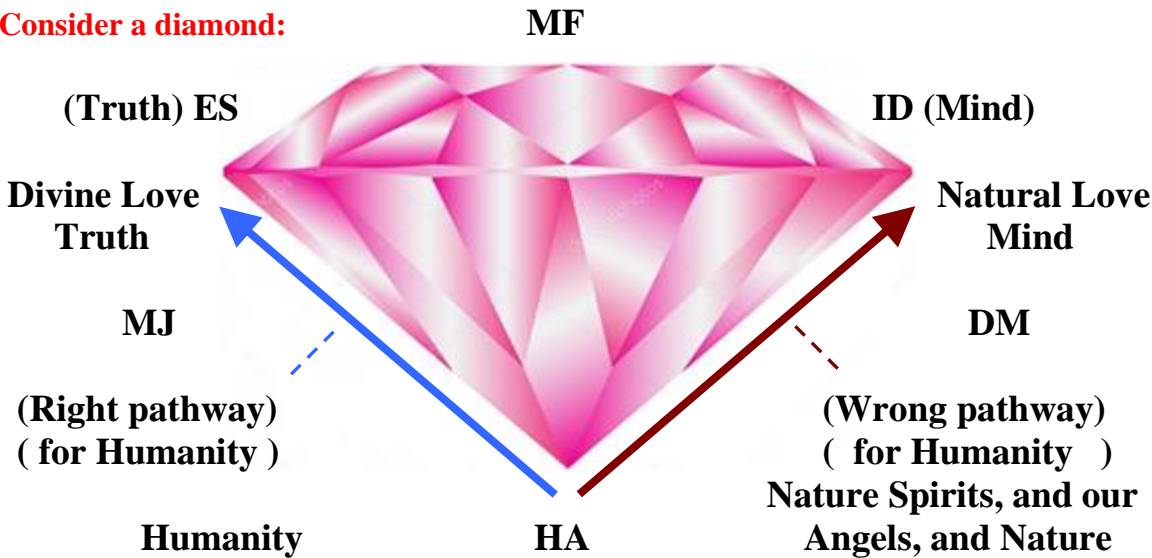
Infinite Daughter (ID)

Mary & Jesus (MJ)

Divine Minister (DM)

Humanity & Angels (HA)

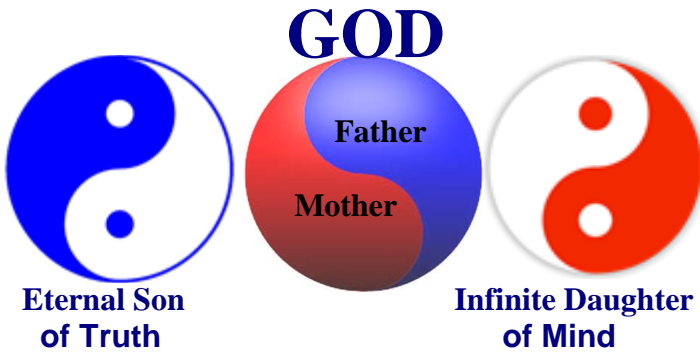
Consider a diamond:



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



**Feeling Pathway**

**Mind Pathway**



**Soulmate Pair**

**Angel**



**Spirit Person**

**Nature Spirit**



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the spirit Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

**BOOK of TRUTHS**

Published by Joseph Babinsky

[www.lulu.com](http://www.lulu.com)[www.amazon.com](http://www.amazon.com)

Between 1914 and 1923 James Padgett recorded, by automatic writing, some twenty five hundred messages, coming from two hundred and fifty spirits, many of these spirits being from within the celestial spheres of the spirit world (8<sup>th</sup> sphere and higher). Within the Book of Truths, there are some 866 of those individual messages.

Lost to humanity, by the time of the beginning of the fourth century, were the teachings about Divine Love. James Padgett has been the instrument used to reintroduce these teachings to mankind.

These messages have been subsequently added to – Judas of Kerioth edited by Geoff Cutler.

The following are some of these messages from within the Book of Truths:

**July 30, 1915** – Nicodemus

The new birth means the flowing into the soul of a man the Divine Love of the Father, so that that man becomes, as it were, a part of the Father in His divinity and immortality.

When this truth comes to a man he commences to take on himself the divine nature of the Father, and all that part of him that may be called the natural nature commences to leave him. And as the Divine Love continues to grow and fill his soul, the natural love and affections for things of the Earth will disappear, and as a result he will become at-one with the Father and immortal.

**Feeling Healing with Divine Love is  
a substance that will transform  
your soul should you ask to receive  
this Love.**



That which causes the new birth is the Divine Love of the Father coming into the souls of men.

**August 1, 1915** – George Washington

But the brotherhood of man is not the great object for which men should work or preach. First, let each man receive in his heart this Divine Love of the Father, and then the true principles which should exist in the brotherhood of man will find their existence, and men not only as individuals but as brothers will find that they will be happier, and devote themselves to serving one another and to causing the greatest good to the greatest numbers.

The great and only preachment is the obtaining of a brotherhood of man founded upon the Divine Love existing in the individual souls.

**August 3, 1915** – Jesus

Any religion which requires the exercise of the mental faculties to an extent greater than what is required in the ordinary affairs of life, cannot be a true religion; because God has designed that all his children shall understand His truths without the necessity of having a highly developed mind.



**August 5, 1915** – Samuel

I was only a man in the sense that I was only possessed of this natural love and hence, could get no higher in the spiritual world than this natural love would enable me to attain. I am now in a heaven which this Divine Love has opened up to me, and which enables me to enjoy the great happiness which that love causes all to have, who possess it.

When I lived in the spirit world before obtaining this Divine Love, I was only possessed of that happiness which comes from the natural love, and I knew nothing of the happiness which I now possess. So you see, the spirit which has not this Divine Love can go no higher in the spiritual spheres than it is fitted to occupy by reason of this natural love, and the principal source of happiness is this natural love and the development of the mental faculties. On Earth it is possible for a man to obtain this happiness and live in the heaven of the perfect natural man as I did prior to my obtaining this Divine Love.

I was a spirit in the highest of the spiritual spheres and was very happy, as I thought, but when I obtained this Divine Love, I realised that the happiness of my former condition was as nothing compared to that of my present condition and I therefore want to tell all mankind that they must seek for this higher Love if they wish to obtain a bliss that is supreme.

I lived a mere man, though in the spirit form, before I obtained the Divine Love, and that only with the coming of that Love in my soul did I partake of the divinity of the Father. I would still be in the spiritual heavens should I not have embraced the Christ doctrine of Divine Love.

**August 8, 1915** – John Garner

I tell you that the death of the body is a mere entrance into a higher life with increased opportunities. But notwithstanding what I say, the soul that seeks to obtain this love while on Earth has a great advantage in time over the one that waits until his spirit leaves the body before seeking for the Father's love. The best time for mortals to aspire to attaining this great gift is the now, and no time is so propitious. God's love is for the mortal even if he has the passions and appetites which the flesh encumbers him with, and when a mortal fights against the temptations which these burdens impose, and overcomes, he, when he enters the spirit world, is stronger and more able to progress, than when he puts off the great attempt until he becomes purely spirit.

Jesus is working among mortals now as He did when on Earth, and although they cannot see His physical form or hear His voice of love in tones of benediction and pleading, yet the influence of His love is felt and the persuasion of His spirit voice is heard in the hearts of men. He is still the saviour of men as He was on Earth, and His mission will not cease until the closing of the Celestial kingdom, and sin and error shall be eradicated from Earth and from the spirit world. He will be the triumphed and conqueror over sin and everything that tends to pervert man from that which is good and righteous.

Man, having only his natural love, will be freed from all inharmony and live as brothers and friends in peace and happiness. And spirits having the Divine Love, become as angels of God, and live forever in

**The Holy Spirit is the instrument that conveys God's Divine Love to those who ask to receive this Love.**



the bliss of the Celestial heavens. So I urge upon all men to seek the Divine Love of the Father and live in His presence forever.

**August 8, 1915** – Peter

There is nothing that will cause this soul development as well as earnest, sincere prayer to the Father. With such prayer will come faith, and with faith will come the substance of what you may now only believe. So pray often, believing that the love of the Father will come to you and you will realize your oneness with Him.

**August 8, 1915** – Celestia

Jesus brought to the light and knowledge of men the fact that the Father had after long centuries when He had withdrawn the great gift of the Divine Love rebestowed it and taught the way in which men might become partakers of that love – even by prayers and faith.

Let man abandon the idea that Jesus came as a sacrifice for their sins. He came as a messenger from God, bringing the divine gift and the knowledge as to how men might obtain that gift. He did not come to pay any debt which man owed the Father or to appease any wrath of the Father, because man owed no debt and God had no wrath towards him. He came as a mediator in the sense that he was a messenger of light and truth and a shower of the way. Why will men continue to cling to the old damnable doctrine of sacrifice? Even in the days of Abraham God never required a sacrifice for sin and no sin of man was ever removed by shedding the blood of a goat or any other animal. To teach and believe such a dogma places God on the plane of an angry and jealous God and makes Him satisfied with the trifling thing of having the blood of an animal shed to appease his anger and remove his jealousy.

Love cannot be obtained in the soul of man by anything other than the desire and will of man to have it come into his soul. God wants only the love of man not his fear or dread of consequence because of disobedience. So I say let men know that there is only one thing in all the universe that will reconcile him to God. And that is the opening up of the soul of man to the inflowing of the Divine Love and the prayer to God that such love may come into his soul.

**August 10, 1915** – Leytergus

When man was created he was made two-fold, that is, there were male and female beings, which was intended to make a perfect one without losing any individuality on the part of either. Their names were not Adam and Eve, but Aman and Amon, which meant the male Am and the female Am. Am meaning the exalted creation of God. These beings were made perfect physically and spiritually. But these souls were not possessed of all the qualities of the Great Creator Soul, and in that particular were inferior to the Great Creator. But as regards this soul part of their creation, they were made in the image of their Creator. The physical or spiritual part of their creation was not in the image of their Creator, for He had no physical or spiritual body. But their soul part was only made in the image of their Creator, and not of the substance; but this image was given a potentiality of obtaining or receiving the substance of the soul qualities of their Creator and provided, if they pursued that course in their existence or living which would cause their souls to receive in accordance with certain operations of the laws which their Creator had prescribed, this soul substance. And only in obedience to these laws or their operations could this substance of the Creator soul be obtained.

Well, these creatures were not equal to the test (or rather requirements), and after living awhile they became possessed of the idea that they needed not to comply with these prescribed laws, but could of their own will and power obtain this substance by doing that which they had been forbidden by these

laws to do, and so in their efforts to obtain this substance or Divine Love, they disobeyed these laws; and as a consequence these potentialities of obtaining the substance of the Creator soul were taken from them, and then they became beings still possessed of the spiritual and physical forms and continued souls, but not of these great potentialities; and this was the fall of man. The story of the apple is a myth.

No apple or anything else that was intended to be eaten, formed any part of the fall. It was wholly the fall of the soul's potentialities. The disobedience was the great unlawful desire on the part of these two, to obtain this soul substance before, in accordance with the operations of the laws prescribed, they were fitted or in condition to receive it. And as a consequence, they became disobedient, and being possessed of wills which were not in any way bound or limited by their creator, they exercised these wills in accordance with their desires. From this disobedience the wills of men and women have continued to act in accordance with their desires and in violation of the great laws of truth, which were made for the two creatures at the time of their creation and are the same unchangeable laws of this time.

The soul substance that these two forfeited was the Divine Love of their Creator, which, had they by their obedience become possessed of, would have made them a part of His divinity, and thence like Him not only in image but in substance and reality. The potentiality that was taken from them was the privilege which they had to obtain this soul substance or Divine Love by complying with obedience which these laws prescribed. So you see the story in the book of Genesis is merely symbolical.

I live in a sphere which is part of the Celestial heavens. I have, through the mercy of God and His gift, declared by Jesus, received this potentiality and through it the soul substance which our first parents forfeited.



**August 13, 1915** – Latimer

Not the manner of my death determined my place in the spirit world, but the development of my soul qualities did.

The manner of a man's death does not determine anything, but the manner of his living and the development of his soul qualities are what determines where he shall live in the spirit world.

The soul development fixes the first home of the spirit. I mean the development at the time of passing over.

**August 15, 1915** – Jesus

When I said, *he that liveth and believeth on me shall never die*, I meant that the man whose soul was not dead to sin and believed in the truths that I had disclosed – that God's Divine Love was waiting to enter into and fill his soul with its essence and substance and that means by prayer and faith – received that Divine Love and he should never die; that is, he would become immortal as God is immortal.

No mere belief in me as Jesus the man or as the son of God is sufficient to give a man eternal life, for while he must believe that I was sent by God to proclaim the great truth that He had again bestowed on man, the possibility of obtaining this Divine Love by his prayers and faith, yet unless he believed this and became the possessor of this Divine Love he could never claim eternal life.

I, Jesus – as the son of man or of God – do not save any man from his sins and make him one with the Father, but the truths which I taught and which were taught me by the Father are the things that save.

**August 17, 1915** – Samuel, the Prophet

In the Celestial spheres (8<sup>th</sup> and higher) are homes made of the most beautiful materials that can be imagined, and which are of a real and permanent character, and not subject to decay or deterioration of any kind, and which are made without hands, but by the soul's development, and the love which each spirit possesses. These homes are furnished with everything that is suited to make the inhabitants happy and contented; and not one element of inharmony has any abiding place therein. Every home has its library, and the most beautiful furniture and paintings and wall coverings, and also rooms that are devoted to the various uses that a spirit may need them for. The music is sublime beyond conception; and there are all kinds of musical instruments which the spirits know how to play, and, as you may not suppose, every spirit has the ability to sing. There are no voices that are out of tune with the surroundings and with the other voices. Every spirit has music in his soul, and every spirit has the vocal qualities to express that music. Couches for repose are provided, and running fountains and beautiful flowers of every hue and variety, and lawns the most beautiful and green. Trees are in abundance and are planted in the most artistic manner, so that they are in harmony with the surrounding landscape.

And the light that comes to our homes is of such a kind that I cannot describe it, and can only say that with it and in it are the most soothing and wonderful influences that spirits can conceive of. All these things and many more are provided by our loving Father for the happiness of His children. But above all is this, the wonderful love of the Father, which is always with us, and which fills our souls to overflowing, and keeps us in one continuous state of happiness and peace and joy. All these things are freely given to us and with them the knowledge that we are a part of the Father's divine being, and have, beyond the possibility of losing it, the immortality which Jesus brought to light when he came to Earth. I have been in these heavens many years, and know whereof I speak. And when I tell you of these things, I do so that you and all mankind may know that these delights may be yours and theirs, if you will only let the Divine Love of the Father enter your souls, and take complete possession of it. Well, as to our social enjoyments, we are so loving one to the other, that nothing arises, as on Earth, to cause one the slightest jar in our wonderful harmony. We visit one another and give our experiences of the love life that we lead, and have music, and interchange thoughts about our continuous progress, and our work in the spirit world. Every spirit in our sphere may visit every other spirit, and know that the door is always open and a warm welcome awaiting him. I cannot tell you of all these wonders because there are no words that will convey our meanings. Your capacity to understand is limited by your mental boundaries, and hence, I am at a disadvantage. But this I can tell you, and that is, that some day, if you get the Divine Love in your soul in sufficient abundance, you will see and understand for yourselves what God has in store for you. It was truly said, *that no eye has seen, or mind conceived, the wonderful things that await the true child of the Father.*

**August 20, 1915** – Paul the Apostle

And yet man has his part to perform also, in this great renewal of his spiritual being. He must open his soul to the inflowing of this Divine Love, and must pray to the Father for the inflowing of the holy spirit, and with his prayers, must believe that the Father is waiting to bestow it.

Without the desire on the part of man to receive this Divine Love with prayer and faith, it will not come to him, for God never forces any human soul to a new birth against its will. I tell you this, because in my opinion this is the one great important truth of the mission of Jesus on Earth, and the one that human

beings should understand and try to comply with. I know now, as I never knew on Earth, the full meaning of this truth, and I thank God all the time for His goodness and mercy.

Only those who receive this new birth become divine angels. All other spirits remain mere spirits and subject to all the changes and conditions that belong to spirits; for there is nothing fixed as to those who may remain mere spirits any more than there was in the case of the first man and woman. We know now that changes may take place in the conditions of these spirits during the workings of God's plans.

Many men may, even when they know of the things that I have written, be content to remain mere spirits and live their spiritual lives in the happiness which their natural love gives them, but it seems to me that all men, if they will think a little and understandingly, will seek for the greater love and happiness and immortality.

**August 29, 1915** – Jesus

I know that the people who were worshipping me were not doing what I approve of or like, but their hearts were turned to God; and while they were making me the object of their worship, yet the spirit of God was with them, and the workings of the holy spirit were in the hearts of very many of them showing them the love of the Father and the truth of His salvation. They, of course, are mistaken when they talk about being saved by my blood, for my blood has nothing to do with their salvation, but as they have been taught this, I cannot expect that they will know the real salvation which the Father has provided for them. Sometime they will know that only the Divine Love of the Father saves from sin and error, and that not any blood of mine or death on the cross can save them.

But, notwithstanding this false belief, these people in their prayers actually aspire for the love of God, and He knows the longings of their hearts and sends the Holy Spirit to fill them with this Divine Love which makes them become very close to the Father, and makes them happy. So, while, as I say, I don't like the worship of me, yet the truth of God's love enters into their souls and they become at-one with Him to the extent that such love enters their souls.

**August 30, 1915** – Paul

No blood saves from sin, only the Divine Love of the Father does this.

**August 31, 1915** – Paul

But let men know that even while on Earth they can obtain this inflowing of the Holy Spirit in their hearts to such an extent that sin and error will be entirely eradicated. This, I say, is possible, but few men attain to such a state of perfection, because the worldly affairs and natural appetites which belong to mortals are always interfering to prevent the makings of the spirit in men's souls so that perfection of this kind may take possession of them. But notwithstanding this great difficulty, and material desires of men, they should have this perfect ideal before them always, and strive to obtain the possession of it.

If the people of this church would understand that there is only one thing that saves them from their sins and makes them at-one with the Father – and that is the inflowing of the Divine Love into their souls.

For as this Divine Love fills their souls, all sin and error must disappear.

**August 31, 1915** – Jesus

The only true worship of God is with the soul perceptions. Only with these perceptions that are



developed by obtaining the Divine Love can we see God. Only by such development can we become pure and holy and at-one with the Father, and partakers of His divine nature.

**September 5, 1915** – Martin Luther

No greater error was ever written than that the blood of Jesus saves from sin, or that his blood washes away sin.

Neglect the one vital and important requirement necessary to salvation, that is the new birth (praying for, asking for, and receiving Divine Love). This and this only saves men from their sins and fits them to enter the kingdom of God, which is the kingdom of Jesus, for he is the Prince of that kingdom, and the ruler thereof.

Jesus never said any such thing, for he has told me so. This saying that his blood was shed for many is not true. He never said it, neither did he say *drink the wine* (being his blood), in remembrance of him; for the wine is not his blood, and neither does it represent anything that has to do with him or his mission on Earth, or his present work in the spirit world.



**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups

Maybe something like 30 billion people have recognised that our Mother and Father’s Divine Love, together with embracing one’s Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don’t connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you’re not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of ‘New Age’ styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

## I'D TURN BACK IF I WERE YOU!

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion World / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / sphere 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time of great realisation and comprehension with much of the prior experiences starting to be drawn together."

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7<sup>th</sup> world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1<sup>st</sup> and 2<sup>nd</sup> Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Nanna Beth – 3<sup>rd</sup> Celestial Heaven

Sunday, 18 June 2017

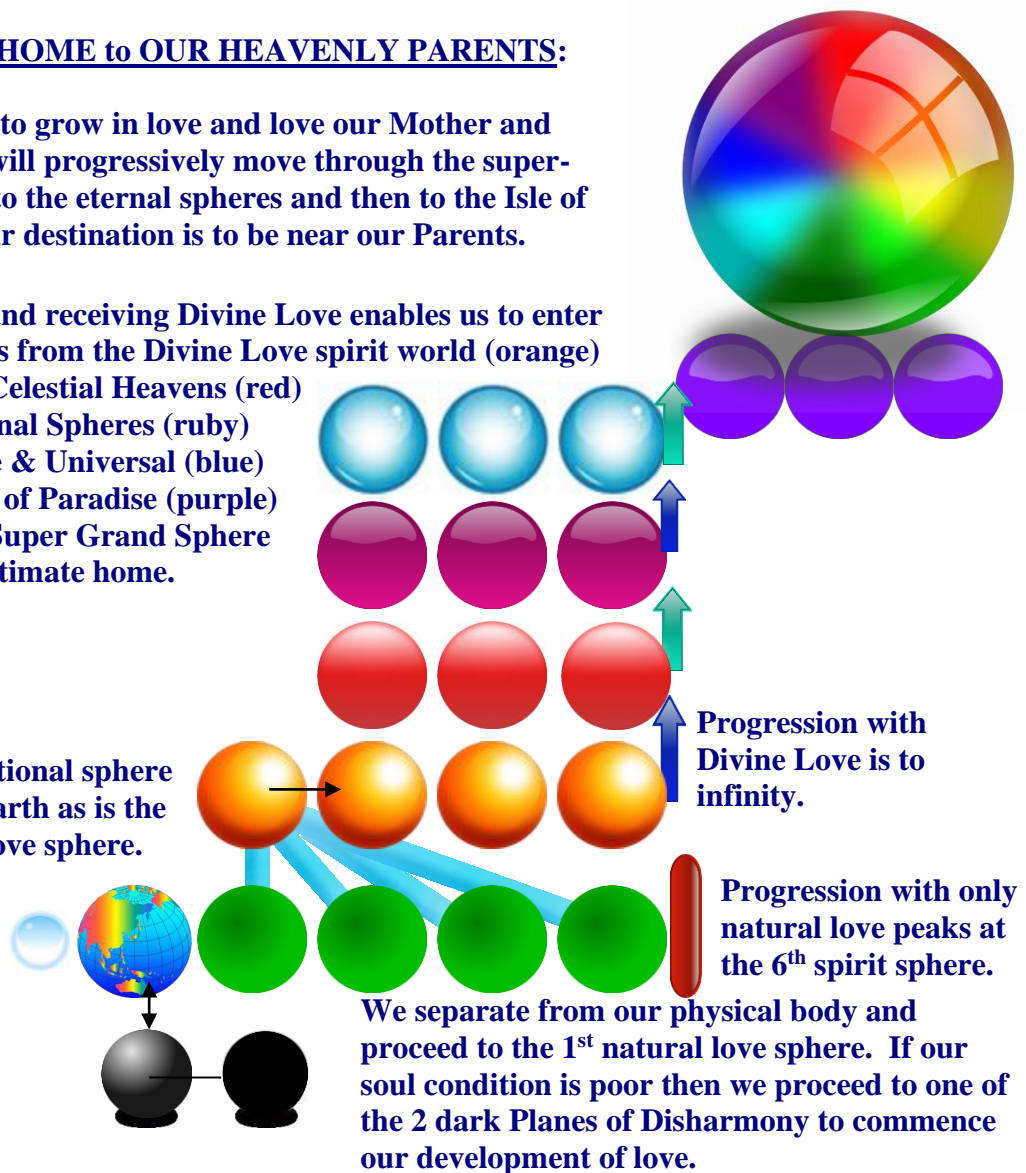


**JOURNEY HOME to OUR HEAVENLY PARENTS:**

As we learn to grow in love and love our Mother and Father, we will progressively move through the super-universe, into the eternal spheres and then to the Isle of Paradise, our destination is to be near our Parents.

Asking for and receiving Divine Love enables us to enter and progress from the Divine Love spirit world (orange) then to the Celestial Heavens (red) then to Eternal Spheres (ruby) then Infinite & Universal (blue) then to Isles of Paradise (purple) then to the Super Grand Sphere being our ultimate home.

Pre-incarnational sphere is close to Earth as is the 1<sup>st</sup> natural love sphere.



Progression with Divine Love is to infinity.

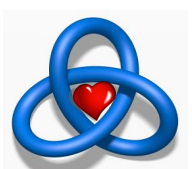
Progression with only natural love peaks at the 6<sup>th</sup> spirit sphere.

We separate from our physical body and proceed to the 1<sup>st</sup> natural love sphere. If our soul condition is poor then we proceed to one of the 2 dark Planes of Disharmony to commence our development of love.

**Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.**

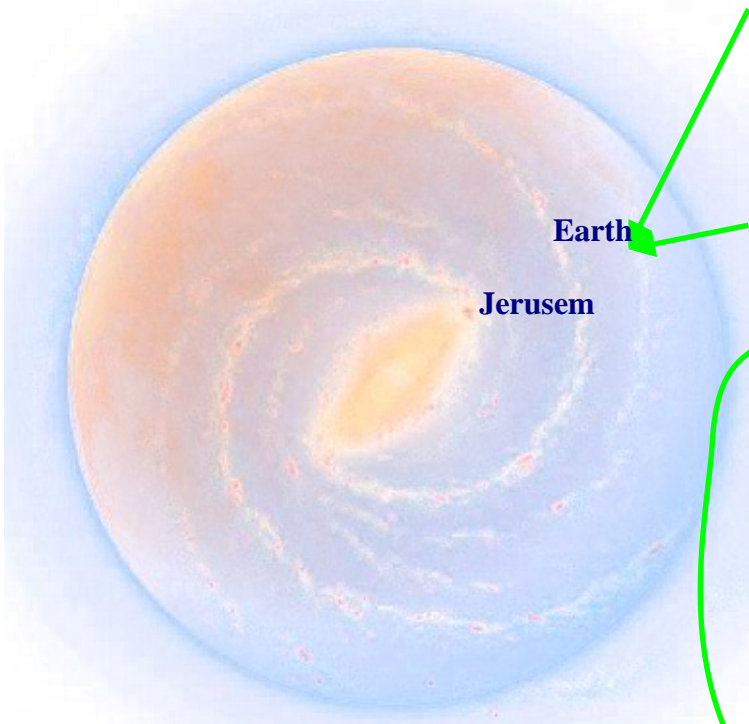
**Our Heavenly Mother and Father simply desires for us to ask for Their Love.**

**PASCAS  
HEALTH**





**OUR JOURNEY:** From Earth's spirit spheres, to the Celestial Heavens, then to the Eternal Spheres, and then home to the Isle of Paradise.



Spirit spheres 1 – 7 (Mansion Worlds) may be within Earth's solar system, each sphere connecting to the next, including the 2 dark spheres being planes of Earth. The 3 Celestial Heaven spheres maybe close to Jerusem and isolated for us humans.

Eternal Spheres, 3 progressive spheres, and the Infinite and Universal Spheres interact through out the super universe.

Spheres of Paradise also contain 3 major progression spheres and these are located within the region that circulates around the Super Grand Sphere.

From the 3 progression spheres within the Isle of Paradise, then to the Super Grand Sphere that surrounds the Mother and Father's Sphere and Soul of our Parents. At this point we have arrived Home!

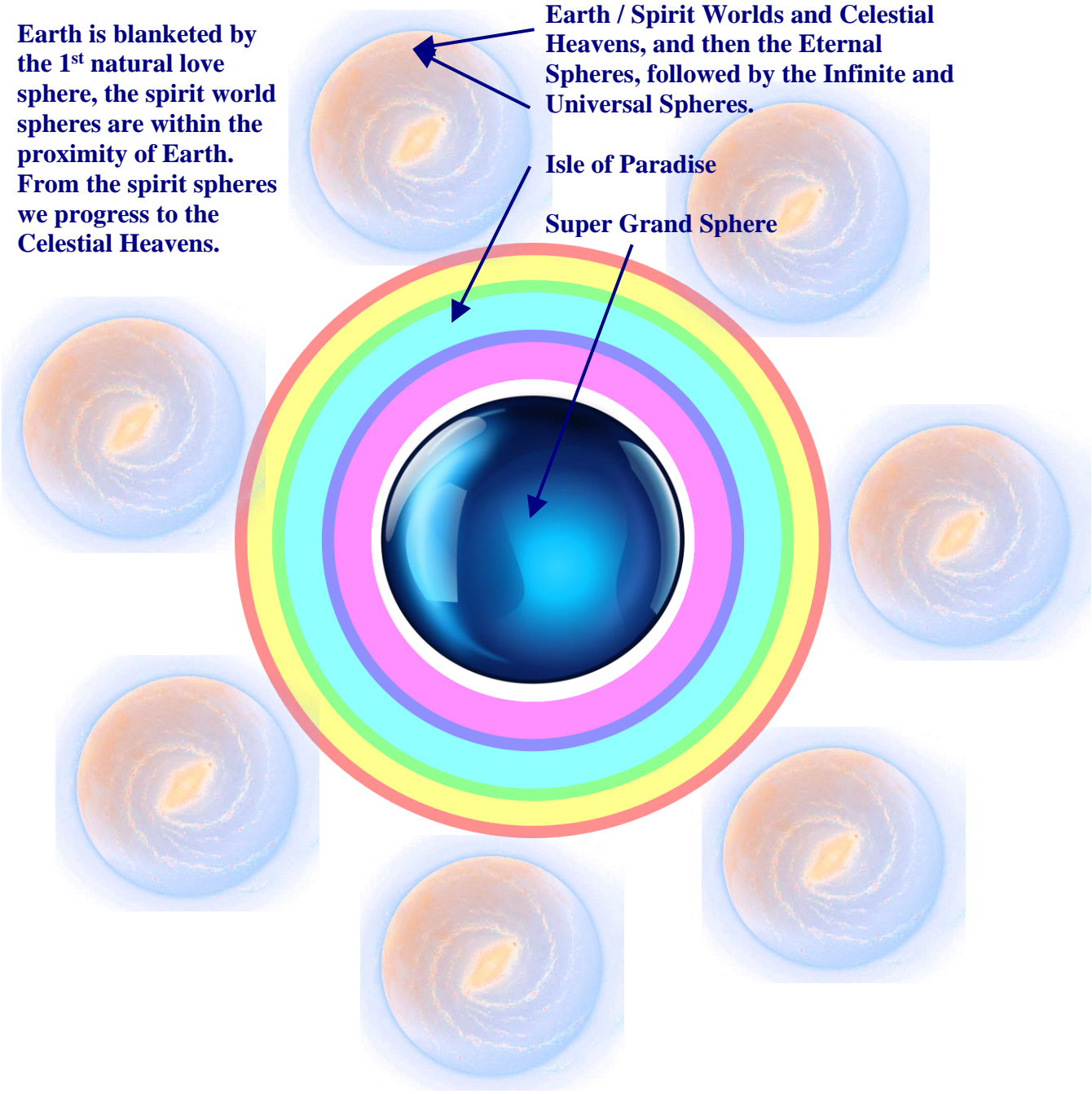


**OUR JOURNEY to the CENTRE: HEAVENLY PARENTS are UNIVERSALLY PRESENT:**

Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens. From there we progress to the Eternal Spheres, then to the Infinite and Universal Spheres and then towards the Isle of Paradise. The Isle of Paradise remains stationery and is the home of the Source Soul, our Heavenly Parents, Mother and Father.

Our progression is always towards the centre, nearer to the centre of our super-universe.

Earth is blanketed by the 1<sup>st</sup> natural love sphere, the spirit world spheres are within the proximity of Earth. From the spirit spheres we progress to the Celestial Heavens.



## **The Only Prayer That Man Need Offer to the Father:**

(as given within the first century)  
I am here, Jesus

The Prayer for Divine Love      2 December 1916  
<http://www.youtube.com/watch?v=Pg6p3rivAZw>  
P.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

**Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.**

**That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.**

**We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.**

**Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.**

**Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.**

**Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.**

**We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.**

**We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.**

**Amen**

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'.  
Also, the evil ones, being those parts of one's mind, that are controlling you.

The Padgett Messages, received 1914 to 1923 and published in the Book of Truths, has now been extended with further session of messages having been received between 2012 and 2013, and titled “The DIVINE UNIVERSE” via Zara Borthwick and Nicholas Arnold.

## The DIVINE UNIVERSE

### 79. *Prayer of the Heart*

16 October 2012

I encourage the heart that prays to the Father for the Divine Love. I encourage the heart that loves the Love, and with sincere aspiration, feels for the Love. If there be any doubt, loss of faith or hardship of heart, I encourage the heart not to give up or give the Love away. The Father hears your prayers and the heart be rest assured in this. Never will a good heart be forsaken. As the Father does so do I, see and hear your heart, and prayers for the Love and the needs for wellbeing. Never give your heart up; trust in the One who knows your true heart, and there the Father loves you. One may never fully understand the intricate workings of time, past present and future, but the heart knows faith and Love and the Father Loves a good heart. Pray with faith, and in your heart my truth and the Father’s Divine Love meet you there.

I have given you this prayer of the heart so that men and women may draw from its words, strength, love and faith

Your beloved friend and companion,

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.

**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

**Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother - Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.**

**One can simply receive the Love without following any religious or spiritual teaching taught by man!**

**Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.**

### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>



## The DIVINE UNIVERSE

### 300. *Prayer of Love and Strength*

2 February 2013

I am going to write the Prayer of Love and Strength that may help those with their endeavour of heart in the receipt of the Divine Love:

I pray that I may find the love and strength in my heart to love you more wholeheartedly. I pray that I may feel this strength as a living truth in my heart and soul as my weakness, due to my condition in my physical and material struggle, may not become a hardship that casts a long shadow over my day-to-day living in my faith in Divine Love. I pray that I will not give in to any negativity that surrounds me, or to the way that at times I cannot seem to be able to help or forgive myself for loosing faith in The One I love.

I pray that I am receiving Love, your Divine Love that is in great abundance and that my heart partakes of a small portion of this abundant Love. I ask that your Spirit, The Spirit, convey the Love into my soul as I have already been receiving into my soul your Divine Love. I pray that your Divine Love gives greater love and strength to my heart that I may continue in my prayer to receive this Immortal Love.

God, I love you with all my heart even if there be a shadow across my heart, and a lack of humility in my faith and on my behalf for I recognise that you can love me more perfectly and wholeheartedly than I can accept for myself.

God, I recognise that you are Soul and that I am a finite soul and that your Love and Spirit are true gifts for my heart and soul and that I need this Love that you have provided. I pray that from your Love, more finite love and strength in my faith and heart will enable me to love you even more. I recognise that I am doing my best in all that life has given and taken away from me and that in my resolve, my heart knows that your true Divine Love always remains with me and my faith in you. At times I have left you and left your side and wandered all over the place, lost in the shadows of life and in the near-sightedness of my eye and then, I pray for your Love and your Love fills my heart and my love and strength return and I accept that you are loving me at all times when I am lost and found. I give you all my gratitude, love and strength that my heart can give and I desire not to change the world or the spirit world accepting that your Divine Love will change my soul and in harmony together, I will try for a peaceful world.

I have provided you with the inspiration to give these words of love and strength that such words may help one in their experience of God's Love and Spirit.

**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracing of the Feeling Healing process and Divine Love.**

## The DIVINE UNIVERSE

### 303. *The Immortal Prayer*

6 February 2013

For those of you who are strong, I will continue to sustain this strength because many of you who experience the Father's Divine Love require a great resolve and strength of heart not to give up on the Truth and not to be saddened by the apparent lack of interest in the most beautiful love that you feel and know to be true. I will never prevent myself from being with you, who sincerely desire the Divine Love and, with any feeling of being afraid, alone or insecure, I with my Celestial teachers are present supporting you. There is no shadow in the Divine Love and for those who are aware of this Love in faith love and spirit we celebrate the harmony of God's universe of Love and Spirit.

#### *I pray for the Divine Love, the Immortal Love*

Universal Soul God,

My Father, I love and accept you with my heart. I sincerely pray for your Love that will come by The Spirit and embrace my spirit body conveying your Divine Love into my soul. I humbly ask that you love me as I love you, and that you continue to love me when in those times I cannot love myself.

I ask that you give me the strength to voice my faith and love to you, and that you may love me in my weakness and in my strength. I know that I am a soul beautiful to you as you are to me, and that your Divine Love will be the arrival of Truth that my soul has truly longed for.

I pray that your Divine Love will be the arrival from which will announce the departure of my doubt and that such faith, love, strength will come to me that I will never doubt you again. And I will never stop loving you, in the sunrise and the sunset of each day in my life.

I recognise that you are the Source of the Divine Love and the origin of my soul. I recognise that I may have been lost to you but in truth I was never lost to you and now, I am gathering up all my love out of my lost-ness in great abundance because I am aware that your Divine Love is present for my soul and I am free to receive your Love and feel Its' breath of spirit declare in my heart the Immortal Harmony.

I am receiving your Love, I have received your Love, true Universal God, your Immortal Love.  
Amen

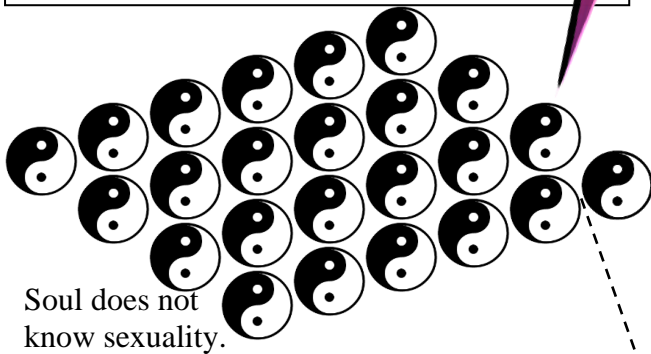


**Immortality with the Love.**

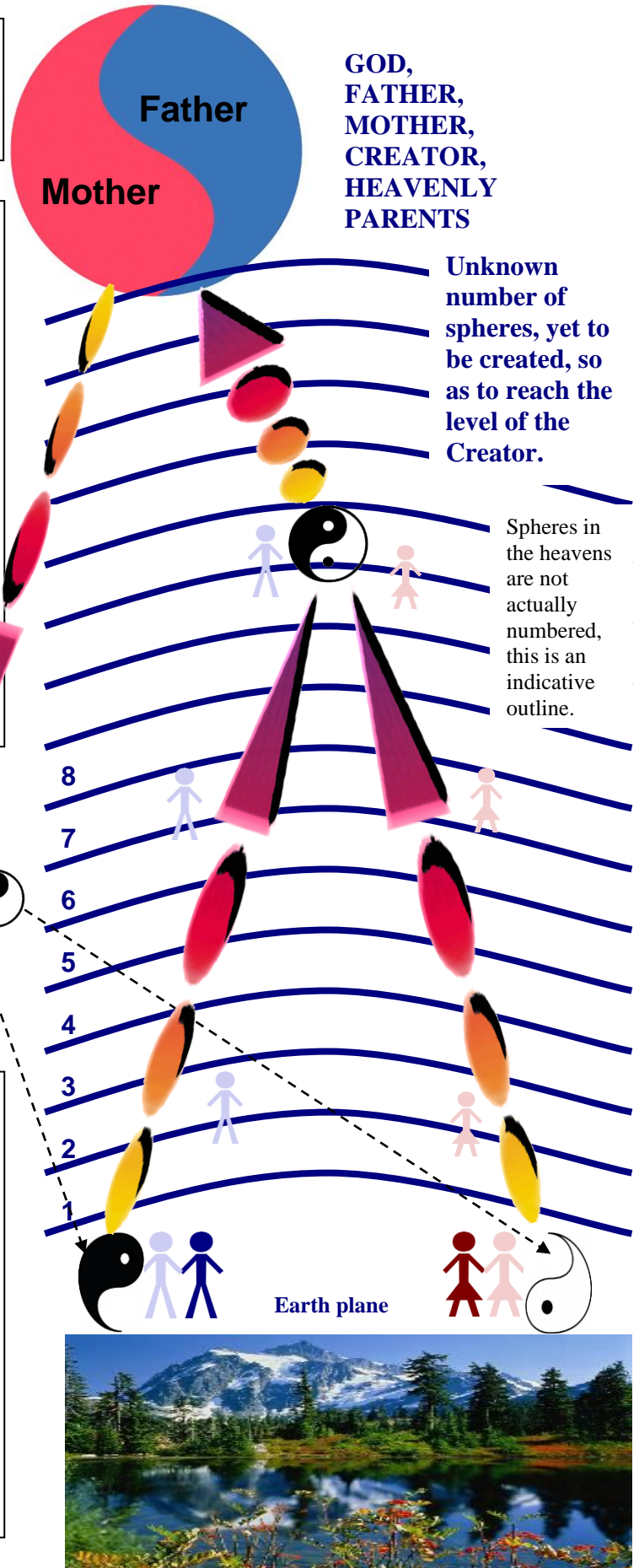


**OUR JOURNEY of GROWTH in LOVE**  
 All we need do is to ask for God's Divine Love – it is that simple.  
 Ask directly, no intermediaries needed.

Souls, being thoughts of God, are ready for incarnation in their billions. These souls are at the level of the 6<sup>th</sup> sphere in a natural love state, however, they are not within the 6<sup>th</sup> sphere perse. These souls are not self aware. Prior to incarnation, they do not express free will. There is nothing of the Divine within the soul. They have an instinct to incarnate. Incarnation of the two soul halves, male and female aspects, typically occurs within a 5 or 6 year time frame, however the timing may be 20 to 60 years apart. To become conscious of self, you must incarnate. This is the individualisation process.



The soul half that incarnates is the one most suitable for the characteristics and character of the attracting parents. Upon incarnation, one's soul condition adjusts to reflect the soul conditions of those around it, typically reflecting closely the soul conditions of one's parents. Upon completion of individualisation process, that is incarnation which may be only a short experience in the mother's womb, we never need return to the physical state. To be able to return to our Heavenly Parents, we need to use our free will and ask for Their Divine Love.



**Cause No Harm** < to OTHERS  
to MYSELF

**Strive to love others as I am to love myself**

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Divine Love  
is the key!**



**God's Divine Love:  
Pray for it, ask for it, and receive it.**

**Feeling Healing with  
Divine Love is the key**



**to enter the  
Celestial Heavens:**





# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**



THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father**; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

*Living the New Way of Feelings First Spirituality*

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality** **The New Way**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

## FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and **REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL**, to know why you are feeling bad. You yearn, want, long and beg and beg and **BEG** God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

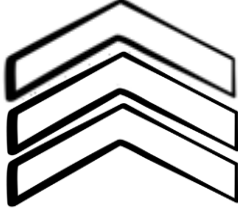
# Heartfelt TRUTH



## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

**PASCAS CARE Documents:**

Death & Dying series:

[www.pascashealth.com](http://www.pascashealth.com)

Pascas Care Death & Dying – Getting the Hell out of Here  
 Pascas Care Healing & Recovery – Death & Dying  
 Pascas Care Death & Dying – Always Karen  
 Pascas Care Death & Dying – Post-Mortem Journal  
 Pascas Care Death & Dying – Transition  
 Pascas Care – Life in the World Unseen  
 Pascas Care – Spheres 1 – 7  
 Pascas Care – Spheres 1 – Infinity  
 Pascas Care – Spheres and Exalted Teachers  
 Pascas Care – Spheres are Close By!  
 Gift from God – Wisdom Teachings III – Prof. Joseph H. Salyards  
 Gift from God – series regarding asking for and receiving Divine Love  
 Pure Spirit – More Alive than Ever

Plus other recommended reading as outlined on the prior page.

Sources for book: [www.lulu.com](http://www.lulu.com)  
[www.amazon.com](http://www.amazon.com)  
[www.bookdepository.com](http://www.bookdepository.com)

References:

Book of Truths edited by Joseph Babinsky  
 The Divine Universe via Zara and Nicholas [www.lulu.com](http://www.lulu.com) &  
 Shining towards Spirit via Zara and Nicholas [www.amazon.com](http://www.amazon.com)

<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>
<b>Available generally from:</b>		
<b><a href="http://www.lulu.com">www.lulu.com</a></b>	<b><a href="http://www.amazon.com">www.amazon.com</a></b>	<b><a href="http://www.bookdepository.com">www.bookdepository.com</a></b>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<b><a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a></b>	
<b>Spiritual Development:</b>	<b><a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a></b>	
<b>Padgett Books:</b>	<b><a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a></b>	
<b><a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a></b>		

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	44
		This group being pages of	3,043

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being to heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on them selves and doing their Healing.

**Feeling Bad? Bad feeling are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**



**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

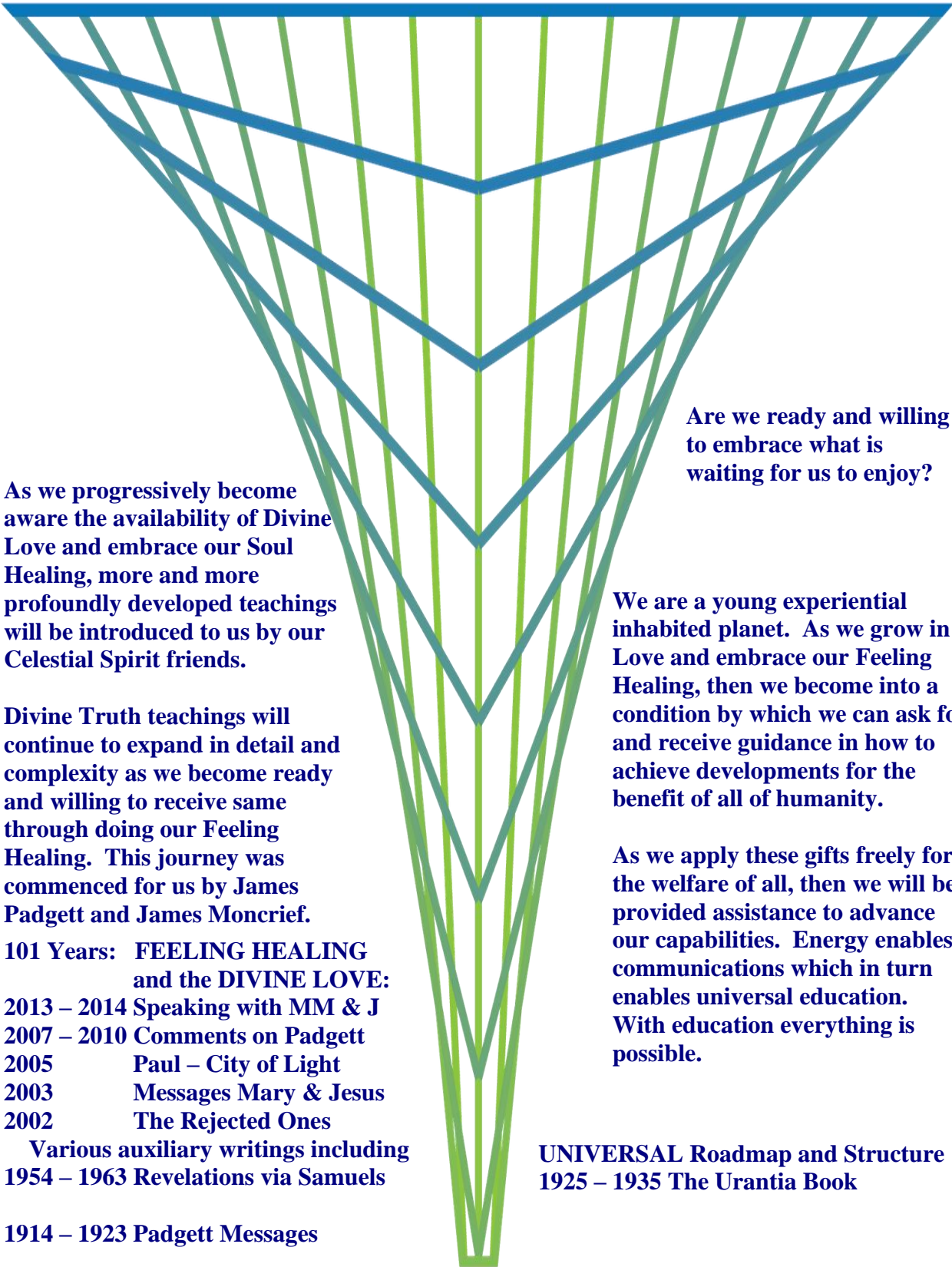
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebelling  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



As we progressively become aware the availability of Divine Love and embrace our Soul Healing, more and more profoundly developed teachings will be introduced to us by our Celestial Spirit friends.

Are we ready and willing to embrace what is waiting for us to enjoy?

Divine Truth teachings will continue to expand in detail and complexity as we become ready and willing to receive same through doing our Feeling Healing. This journey was commenced for us by James Padgett and James Moncrief.

We are a young experiential inhabited planet. As we grow in Love and embrace our Feeling Healing, then we become into a condition by which we can ask for and receive guidance in how to achieve developments for the benefit of all of humanity.

101 Years: **FEELING HEALING and the DIVINE LOVE:**  
2013 – 2014 Speaking with MM & J  
2007 – 2010 Comments on Padgett  
2005 Paul – City of Light  
2003 Messages Mary & Jesus  
2002 The Rejected Ones

As we apply these gifts freely for the welfare of all, then we will be provided assistance to advance our capabilities. Energy enables communications which in turn enables universal education. With education everything is possible.

Various auxiliary writings including  
1954 – 1963 Revelations via Samuels

**UNIVERSAL Roadmap and Structure**  
1925 – 1935 The Urantia Book

1914 – 1923 Padgett Messages

*People look for miracles to cure  
disease which is ONLY the  
removal of the effect  
of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY  
PERSONALITY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.

**Your soul is the real you!**

**Visibility:**    **Body** -    **limited sight of colour.**  
                      **Spirit** -    **expanded visibility.**  
                      **Soul** -    **complete spectrum of colour.**



**SOUL**  **SPIRIT BODY**  **PHYSICAL BODY**

**Prayer:**                    **is emotional exchange with God**