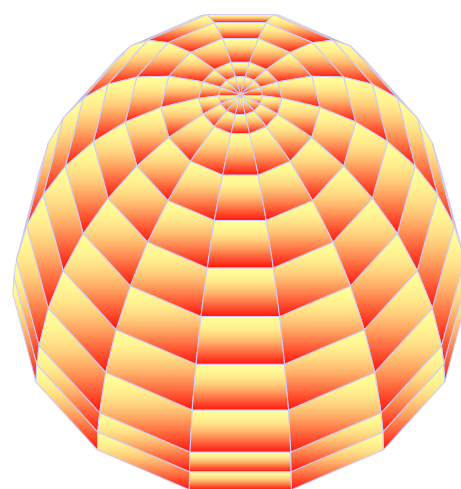


PASCAS CARE CENTRE

- the FOUNDATION



Pascas is Love!

“Peace And Spirit Creating Alternative Solutions”

PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Pascas Foundation is a not for profit organisation
Queensland, Australia

Em: info@pascasworldcare.com
Em: info@pascashealth.com

www.pascasworldcare.com www.pascashealth.com

PASCAS CARE

is a reality, not a dream

PASCAS CARE CENTRES to be operating by the end of five to ten years: 4,000
This being the first phase with the program to expand worldwide – one centre for every 100,000 population worldwide is the program:

REGIONS:

Africa		India Sub-Continent		Australia Pacific		South America	
South Africa	285	Afghanistan	130	Australia	190	Venezuela	50
Zimbabwe	30	Pakistan	270	New Zealand	160	Guyana	45
Liberia	50	India	450	Pacific Islands	290	Colombia	65
Cote D Ivoire	35	Sri Lanka	50		640	Surinam	85
Ghana	65		900	America		Ecuador	40
Togo	15			US Indian	400	Peru	30
Benin	20					Bolivia	55
Nigeria	50					Argentina	70
Mali	40					Paraguay	65
Guinea	80					Chile	70
other	20					Brazil	195
						other	70
Africa	690	Other	290	Caribbean	200	Sth America	840
Madagascar	40						
Maxi Clinics	3%						
Standard Clinics	94%	Average number of employees per clinic including medicos: 60					
Micro Clinics	3%						
				World Total			4,000



Pascas Care Centre



PASCAS CARE – THREE UNITS IN ONE:



Average number of employees per clinic including medicos: 25
 day care treatment facility: 20
 nutrition café and community services: 15
 Total: 60

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Pascas Care Centre



Etheric Plane <communications> Earth Plane

Until very recently, the concept of “at call” or “as needed” communication with etheric plane entities was considered to be the domain of a few gifted psychics.

“All that is to be known – is already known.” Thus by connecting to reality within the etheric plane, we can access much wisdom, knowledge and guidance of an extraordinary high quality.

Kinesiology muscle testing is an interim process, giving most people ready and convenient contact with the experienced ones and the wisdom so willingly and lovingly available to all of us, should we so ask. We must learn to ask. We must learn to acknowledge that their sharing with us of their wisdom and guidance is a great gift for them as well as us. Kinesiology muscle testing is a tool to added to other methods we use to explore and develop more accurate understandings. It does not replace existing tools.

Sharing is possibly the most selfish thing anyone can do! Because when ever we share, the returns to us are always many fold greater. Conversely, negative actions rebound upon us with devastating effects.

When we accept the hand of our Etheric friends, we are helping them grow as well.

Kinesiology muscle testing, a way of accessing the ether, is here to inform and protect us. You cannot use the process for a negative purpose. It is not fool proof. You can receive interference from spirit entities. And you cannot explore the future, however, you can research peoples into to do things.

Apart from ensuring that you are well hydrated (drink plenty of water) at the time of use, there are two statements that are best employed before you commence:

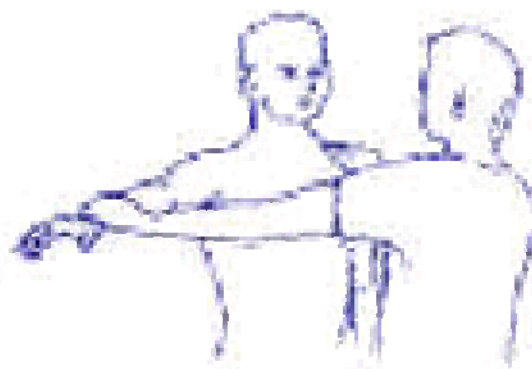
- May we make these enquires?
- Please share with us the truth.
- Then proceed to test STATEMENTS for truth or non-truth.

As you practice kinesiology muscle testing, your own intuitiveness will grow.

Application of Kinesiology Muscle Testing

You can test to determine if:

- Given substances are beneficial to you – food, medication, etc.
- That a given medical process is viable for you.
- Which option is most viable or beneficial for you – by elimination, this one or that one.



Pascas Health medical programs Benchmark

On behalf of potential clients / patients, Pascas Health, as a matter of course recognises that there are as many complementary therapy practices and modalities as there options on a Chinese restaurant menu. You can research a seemingly endless array of platforms / modalities and then be immediately introduced to another large group of options. It is impossible for the consumer to build confidence in their choices.

The effectiveness / delivery of the desired effect / of a modality can be tested by using kinesiology and benchmarking it against the Map Of Consciousness (see page 52 excerpt from Power vs Force by Dr David R Hawkins). At the level of 500 or higher, modalities in complementary health are effective. This testing has to be carried out for every variation of any given modality.

The energy level of the practitioner is equally as important as the energy level of the modality. Both must be within this given benchmark range.

Interestingly, we have found a series of books and concepts that can readily shift energy levels upwards, thus assuring this benchmark for practitioners can be obtained and held. Where appropriate, these gifts are shared with those who strive for such growth.

Pascas Care Database

For the consumer, there is a deficiency of evidence of which complementary modalities work and which ones do not.

A coded and confidential monitoring of performance and outcomes is fundamental to all Pascas Care operations and delivery procedures. Confidentiality of data will be consistent with national standards.

The purpose of the data base is to build up a body of evidence to identify clearly, the effectiveness of specific health modalities, be they allopathic / western or complementary / eastern based.

This kind of tracking and database is not employed in the typical allopathic medical clinic, however, Pascas is to track this data with as many aspects as practical and viable. We will all discover much from this foundation record keeping.

Light Body Health Sciences

Light Body Health Sciences encapsulates all health orientated modalities that relate to the non-physical aspects of our body. The sciences incorporate all aspects of energy, sound, light, and other platforms of healing. We are slow to grasp that we are spirits with a physical body, not just a physical body with a spirit.

There are huge developments occurring within the health delivery practices. It does seem extra-ordinary that light body health sciences has not yet emerged as a fundamental part of all health centres. The practices were perfected in ancient times and here we are now saying – wow!

Why do we need light body health sciences?

We all anticipate that when a cancer patient has the inevitable surgical operations that within around five years, the elephant will come charging back with a final and devastating blow. Why?

The issues within our various layers of our light body are not being addressed at the time of the surgical procedures. It is the issues within our various layers of our light body that have caused the physical ailment and they have not been addressed. When we make it a standard practice to address these issues, then the combination of the two platforms will help secure the long term health of the client / patient.

As the Light Body Health Sciences emerge, by utilising kinesiology and other aspects of connectivity to the etheric plane, we can progress the understanding and capabilities at a much faster rate than previously envisaged. It took over a year to determine which filament to use in a light bulb, this same amount of analysis can be processed within three minutes using kinesiology.

Pascas is about Melding the Best of Allopathy with Complementary Medicine

Both systems support each other. There are incredible capabilities to be found in each aspect of all platforms.

The diagnostic and promptness of allopathic treatments are unquestionably impressive.

The complementary platforms of treatment are slower and focus much more on the cause rather than the symptoms and are significantly lower in cost than allopathic treatment. It is this pathway that remote and emerging economies need to be supported with in preference of burdening them with the massive costs of allopathic therapies.

Nutrition

Governments of advanced economies around the globe are being crushed by the economic burden of their health systems. You wonder why they complain. After all, it was they who:

- Governed the processing and treatment of milk so that it is now lifeless.
- They ensured that wheat has been refined to the level of lifelessness now reflected in our bread.
- Similarly with rice.
- Sugar has some 60 or more nutrients extracted from it before we can buy it.
- They insist upon complicated packaging of processed food that is costly and lifeless.
- Water is loaded with chemicals in the endeavour of making it potable.

All the staples of our diet have been turned into life sustaining products, not life enhancing products. We have to store these products in our bodies as fat while the body employs limited nutrition to remove this fat.

‘Fresh is Best’ – it is simple. We can test the energy level of all aspects of our food. Anything under 200 is not positive for our well being, it is not life enhancing and this incorporates nearly everything that you can buy packaged within a super market!

If you are experiencing an illness episode, then your food options should include only those items that calibrate over 300 on the Map Of Consciousness.

Pascas Café

The entrance to a Pascas Health Clinic is via or through a Pascas Café. This is to offer the opportunity to share the viability of diet as an essential health management aid.

Pascas Café is to share the potential and ease of steadily shifting one's diet to life enhancing practice and the pleasures that come with fresh foods.

Few recognise that pre-packaged juices are of no nutritional value. The nutrition rapidly is lost during storage of the processed fruit juice. Only freshly juiced drinks are viable.

The same applies to pre-cut salad mixes. Looks great! Once lettuce is broken or cut, it quickly loses its vitality. Very convenient, but costly and of no viability for your body.

Chaldi College

We have four major duties: feeding the people, housing the people, providing adequate healthcare, and education.

Without education, nothing can be achieved. All things and all progress starts with education.

Chaldi (pronounced Kaldee) Colleges existed thousands of years ago and were free to all, slaves and kings alike participated. Chaldi College origins date back to Lemuria.

Chaldi College will provide life skills education as short courses and cater to local custom. It is about raising the opportunities and living standings, quality of life and prospects of those who visit.

Within remote and emerging economies, Chaldi College, as it is annexed to a Pascas Health Clinic, will also provide introduction to appropriate new technologies that can be employed and even manufactured within the community. These new technologies are being sourced through Centres for Advanced Technologies (CATs).

Centre for Advanced Technologies (CATs)

New innovations, worldwide, are not being supported. Having met up with some one thousand innovators and determined some four hundred innovations as having commercial merit and application within remote and emerging economies, it is the objective of CATs to actively seek out innovators with technologies appropriate for introduction into emerging economies. When further reviewed, this starting group of possibilities enhanced the quality of life in all aspects necessary. This being communications, energy, complementary therapies and medicine, agriculture, food, housing, building, furniture, environmental and resources.



Urban Rural Technopath (URTh)

The URTh administration team, much like the CATs administration team will, have the collective capabilities of Nation Building though it is an entirely different group. As we progress, we will have an ability, through the many arms of Pascas WorldCare to deploy resources to build the economic capabilities of communities.

Pascas Health Sanctuary

A Pascas Health Sanctuary is a major medical complex, encapsulating a sophisticated hospital of some 300 beds, medi-hotel of 150 – 400 rooms, major and diverse consulting rooms providing allopathic doctors and complementary therapists, supported by complex diagnostic and imaging capabilities. The purpose of a Pascas Health Sanctuary is to technically and administratively support the Pascas Health Clinics within its region of influence.

Pascas Park

Pascas Park is an edu-tainment destination. Like a theme park without rides.

Pascas Park is about removing boundaries and reducing fear.

Every aspect of a Pascas Park contributes to the raising of one's energy / consciousness level.

Collectively, Pascas Parks throughout a ten year full operational cycle will have up to 500 million visitors.

Pascas WorldCare

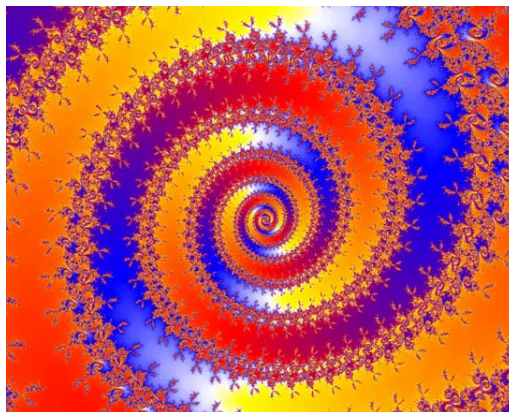
Pascas WorldCare is the core investment vehicle and central management.



Pascas Foundation

Pascas Foundation is the funding source for the humanitarian operations of Pascas in any of its forms of involvement.

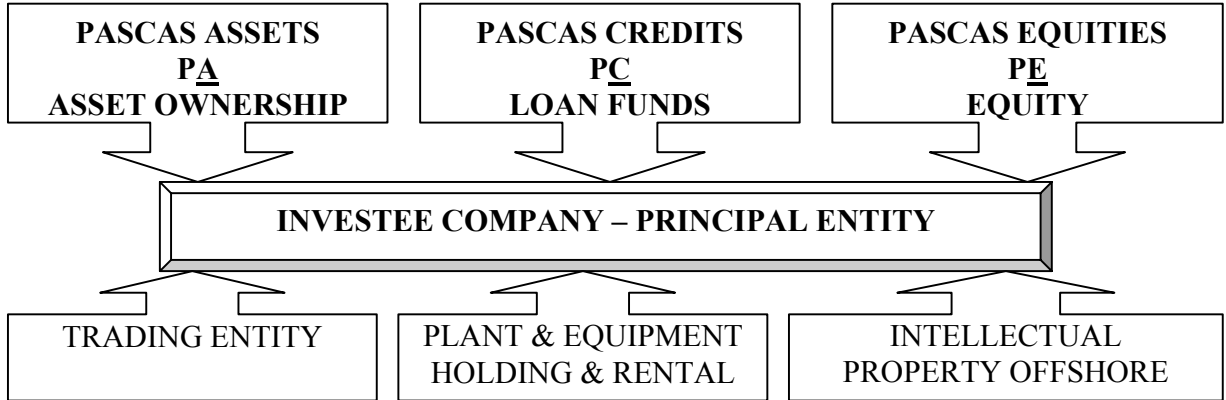
**PASCAS
HEALTH**



**Feeling
Healing with
Divine Love is
the key!**

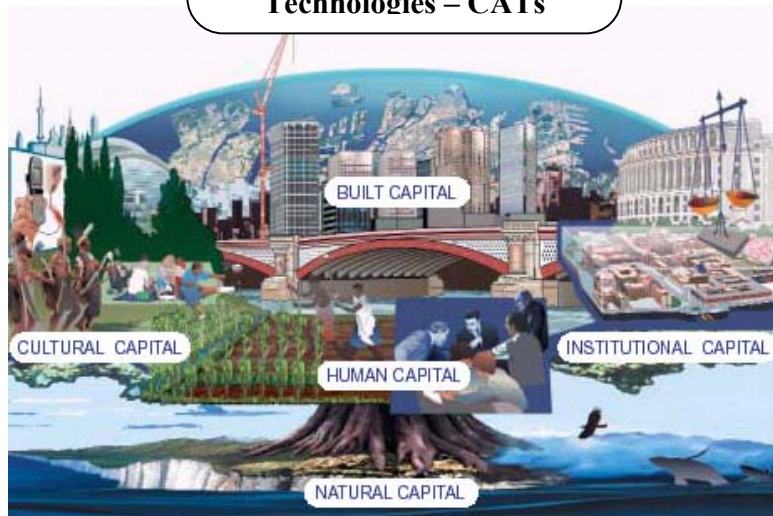


PASCAS WORLDCARE Ltd

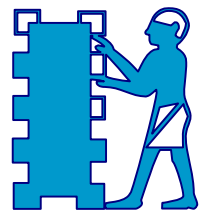


PASCAS WORLDCARE
agenda
supported by
**Centre for Advanced
Technologies – CATs**

**INNOVATION &
TECHNOLOGY
DEVELOPMENT**



**REMOTE AREA
TECHNOLOGIES
RATs**



**CENTRE for ADVANCED
TECHNOLOGIES
CATs
PROTECTS the MONEY BOXES**

**URBAN RURAL TECHNOPATH
URTh
PROJECT MANAGER of PASCAS
NATION BUILDING PROGRAMS**



**PASCAS FOUNDATION
PF
HUMANITARIAN**

**PASCAS WORLDCARE
PW
NATION BUILDING**

PASCAS GENERALLY:

PASCAS (Peace And Spirit Creating Alternative Solutions)

Pascas is Love. Unselfish Love!

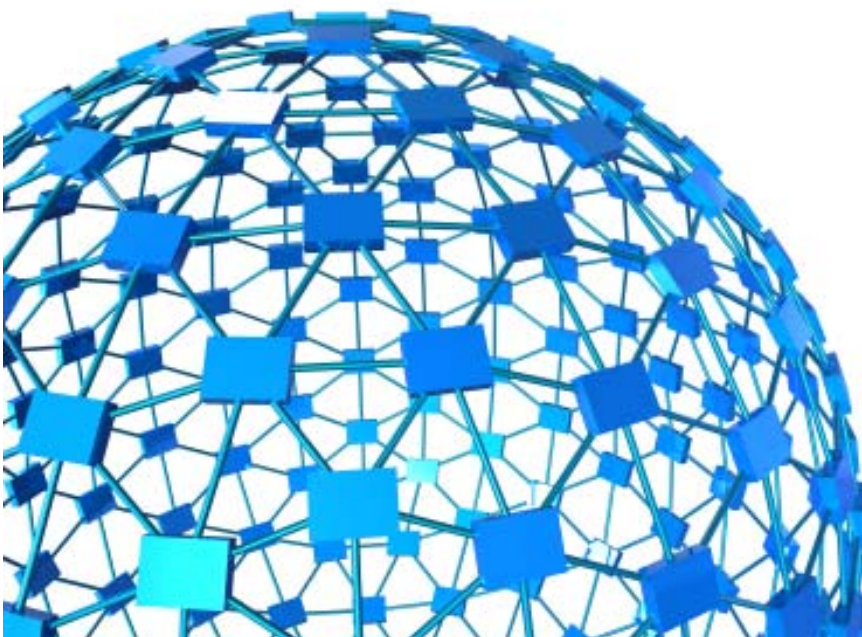
Pascas premises everything on love. Every aspect of Pascas is benchmarked on this high energy level that is fundamental in determining everything that it embraces. From there, all else follows. Love means mutual respect of all people regardless of race, sex, creed, colour, age, beliefs, education, or else. Love is the very essence of the Universe and, in perfect love, all things are united into the Universal Whole.

Pascas is Global.

It is a network of many who embrace the passions of Pascas with like heart, mind and soul. It is the many who drive and strive for sharing of the gifts that have endowed Pascas with incredible capabilities. It is this network of like minded individuals that will grow in numbers and steadily enter all corners of this beautiful planet.

Pascas is Empowerment.

Pascas encourages all to go inside themselves and to discover the joy within. Pascas asks what it can do for you. It is up to you to tell Pascas what you wish to do should you embrace Pascas in any of its many aspects. Go inside and listen to yourself to discover aspects of your considered involvement with Pascas, you may discover that your pathway is not what you anticipate as being obvious for you with Pascas. We are all on interesting and ever changing journeys.



Pascas recognizes that any form of education contributes to spiritual growth. Thus, all forms of education that are fundamentally true are encouraged and supported globally, bringing opportunity to all who Pascas reaches. In this regard, it becomes clear that all day, every day, is a living prayer.

Pascas is a web reaching and leading all to their Truth, to their Freedom, without fear or favour.

Pascas has no membership.

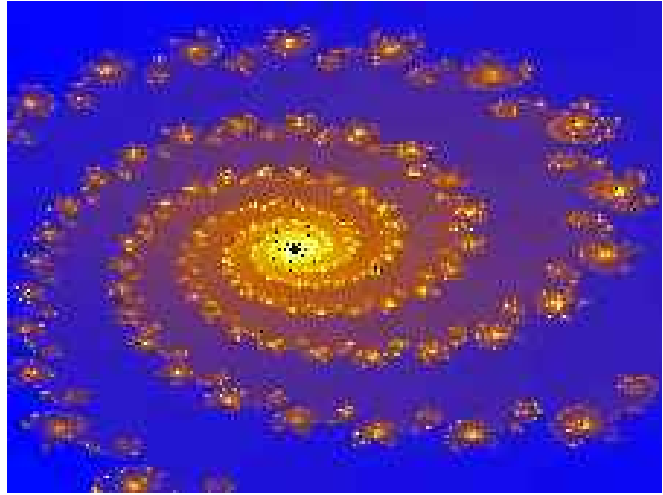
You cannot join Pascas for all are embraced. It has no book, no hat, cap, facial appearance, frock or footwear. You are simply encouraged to look within.

Pascas has no boundaries.

In fact Pascas is all about removing boundaries and reducing fear.

Pascas is about balance.

Masculine and feminine qualities are in balance within all aspects of Pascas' agendas and goals. Restoring a balance of masculine and feminine qualities within each of us will lead us towards greater goals and elevated joy. This is not a reference to sexuality but to the relative qualities.



Pascas is to be financially sustainable.

For itself and the communities it serves. Pascas is not about growing 'profits'. It is about ensuring long term viability so that it can deliver its services and share its capabilities. Within wealthy communities, it will function on commercial footings. In remote and emerging communities, it will depend upon revenues elsewhere whilst commercial viability emerges within.

Pascas is uniform, yet individual.

The many Pascas Health Clinics will have common platforms. However, the make up of each clinic will reflect the capabilities and gifts of the many who will work within. This diversity will see a high variation in the modalities employed and the services provided. The needs of each particular community will be the focus upon which the services will be provided.

Pascas is about innovation.

Pascas embraces the innovator. The innovator is endowed with insights that can be deployed within remote and emerging communities and thus raise significantly the quality of life there. Many of these innovations can be commercialised to the world from within these impoverished communities.

Pascas is about decentralisation.

A Council of Elders will oversee and monitor the core administration team. The Council, with a majority of votes and with at least 25 voting (should there be 40 members), may remove executives and/or take appropriate remedial action as they determine. It is through the guidance of the Council of Elders that Pascas will stay on course for the many years to come.

Pascas is about reviewing accepted norms.

Pascas asks you to tell Pascas what you wish to do. Only you know the full capabilities of your skills and where your passions are. This reverse approach applies to all aspects of Pascas.

Pascas recognises regional needs.

Autonomy will be vested within twelve designated areas. These regions will all have major demonstration centres of what can be achieved with innovations and collective operations with the deployment of technologies that are environmentally sensitive, in line with responsible global environmental stewardship.

Pascas is about spirituality.

Pascas recognises the beauty in ALL faiths and platforms. Pascas, it self, does not hold to any dogma, organisation, practice, book, uniform or anything outside of oneself. Pascas is about looking within one's self. **At the core of all religions is truth.** It is this truth that spirituality is grown from. As we all learn to look within, then we discover that we have all the answers within, and from here we can grow in energy and consciousness.

Pascas is Truth.

Everything about Pascas is tested for levels of truth and effectiveness – the documents and materials, the processes and systems, the products, everything that is taught in education, everything that is used in Pascas health, and every aspect of new technologies. The methodology used is kinesiology as described by Dr David R Hawkins in his book Power vs Force. All representatives working with Pascas in every capacity, use and advocate this methodology. The Map of Consciousness outlining these levels is attached to this document. In this way everything can be tested for truth and the level of effectiveness. For example anything calibrating over 400 greatly assists in learning, anything which calibrates over 600 enhances healing.

Pascas and children.

Pascas is a protector of the most vulnerable – especially women and children.

“Children are the most vulnerable members of society.”

“But when we consider the case of children, their free will is impeded in the initial stages of their physical incarnations. They cannot physically survive on their own and without protection from those who are stronger and wiser, their ability to achieve any type of spiritual progress is nearly an impossibility. Now some would disagree and say that even a short life can teach valuable lessons, and this does happen. But this is not the ideal pattern and I would hope we can agree that taking care of children on this planet should be a number one priority of those who have taken the oath to help humanity evolve.”

The activities of PASCAS HEALTH – KIDS of the WORLD will be substantially funded through PASCAS FOUNDATION. PASCAS FOUNDATION will be a humanitarian trust that will financially support the agendas that we all have empathy for and a drive to achieve.

PASCAS HEALTH – KIDS of the WORLD will be also supported by profits generated from the commercial sides of PASCAS WORLDCARE.

The greatest gift for our children that we could possibly provide is to enable for them to grow up without fear.



WHY this is a REALITY, and not a DREAM!

During December 2006, the highly intuitive Garry Hickey visited our office and suggested that we had to attend an important meeting in USA regarding Pascas. This was followed by three emails, firstly from Echo Bodine 19 Mar 07, then Crystal Schultz 25 Mar 07, and then Murray Ayers on 29 March 07. This resulted in me (John Doel) in contacting Nick Bunick and asking him about what this June gathering maybe and where was it. His response was something like, 'haven't I told you about it!' He introduced me to Dr Walter Semkiw and we were invited to attend the Founding Mystics conference in Las Vegas – 30 June 2007 to 3 July 2007.

A world trip in 90 seconds!

At about 1.30 on Monday night (early hours of Tuesday 3 July 07) I, John joined Perry and Graham in a healing process being provided by Perry. Perry was finishing with Graham when I joined.

Perry requested that **I release Pascas Project to God**. This I did – successfully apparently. Then I felt this incredible sensation come over me. Apparently my body started to shake and choke and splutter like a T model Ford on steroids. I could see a kind of terror on Graham's face, but the panic appearing on Perry's face was something else. The thought of heart attack was emerging on his mind. I had no physical feelings what so ever, so I 'felt' fine. For ninety seconds or so I went on an incredible journey.

The speed of this travel was at such a rate I could see light fall away from behind me. I never considered light to go incredibly slow. When needing to change course, I did not experience any G-force. There was no feely of gravity.

In this time, I visited every Pascas Health Clinic, all 4,000 or so, I visited the Pascas Health Sanctuary's, I visited every proposed commercial enterprise that we have envisaged. More importantly, I visited all the Pascas Parks. These Parks will receive nearly 500 million visitors through out every 10 years.

What was incredible was the serene, calm and joyous faces on people, that I observed, in all of these establishments. These beautiful expressions on every ones face was everywhere.

This tour covered 42 countries, if not more. These centres are predominantly in remote and emerging communities and economies.

With the Pascas Health Clinics established, we have the capacity to manage 28 million life threatening episodes per annum with a focus upon HIV/AIDS, tuberculosis and malaria. We have been introduced to non-drug based treatment programs for these illnesses. The Clinics will also provide a comprehensive range of medical assistance services.

To date, we have been introduced to more than 400 unique technologies and innovations which have commercial application within remote and emerging communities. These are to be supported and introduced via the Pascas Care Centres to create employment and expand the economies within these communities. Many more innovations will be added to the agenda as we proceed.

The Pascas Parks are edutainment (education / entertainment) venues, a form of theme park without rides! Each regional and main Park will have the capacity to receive 5 million visitors per annum. They are spiritual centres. Research suggests that, on average, each visitor's consciousness will rise by 60 points as per the MoC scale.

What I realised is what is proposed and planned for more than 25 years is DONE !!!

It is all done.

What is now required is to adopt the input, guidance and recommendations of the Council of Elders and ensure that it is DONE BETTER.

I am told that this experience is referred to as a 'burning vision'. You may also call this event, a holy astral projection into the future guided by spirit.



Goals of Pascas Care are lead by our desire to:

Treat the cause rather than the symptoms, this is the focus of Pascas Care.

P.7 Pascas WorldCare – and 500 + Years!

Further stated policy, Pascas Care – Kids of the World:

The greatest gift for our children that we could possibly provide is to enable for them to grow up without fear.

Pascas Care Centre

A Pascas Care Centre in an emerging economy may facilitate and focus upon the following:

- Medical Clinicians with satellite broadband communication linkage to the core centres within the network.
- Focus on:
 - Pre-natal / post natal services.
 - Immunisation
 - Dental
 - Eyes
 - Nutrition
- General Practitioners / Physicians will be supported by visiting specialist:
 - Obstetrics & Gynaecology
 - Orthopaedics
 - Dermatology
- Units will incorporate:
 - Pharmacy
 - Optometry
 - Physiotherapy
 - Radiology

Day theatre capabilities will under take a wide range of procedures.

A standard Ozone Therapy unit will have 12 beds / chairs available as well as the AIDs Serum unit will have available a further 15 beds / chairs. Treatments in both segments extends to a wide range of life threatening diseases.

Nutritional training for patients and their family will be facilitated through the attached training kitchen being adjacent to dining / training rooms.

Having extensive office facilities and meeting rooms within the Pascas Health Clinic enables Pascas to support the introduction of new technologies to grow employment and skill levels for patients and their families.

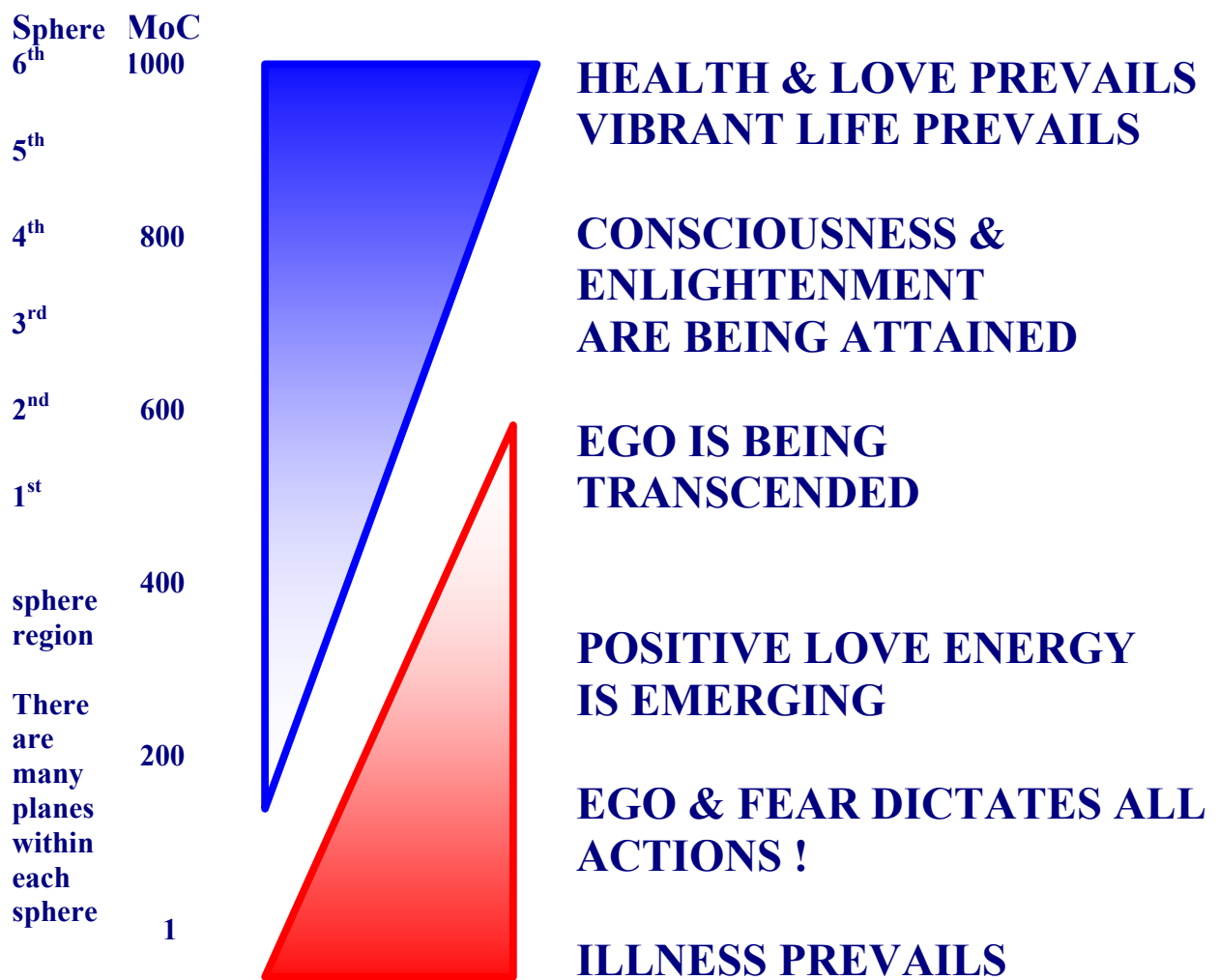
The agenda is to treat the cause, not the symptoms as well as bring gainful employment and prosperity into the community which Pascas will be.

PASCAS PAPERS

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



PASCAS CARE CLINIC

PASCAS CARE CLINIC:

TOTALCARE HEALTH CENTRE & CLINICS

Primary agenda is the provision of capabilities for the expansion of:

- ✓ Support for dental services.
- ✓ Support for eye services.
- ✓ Support for inoculation programs.
- ✓ Support for family planning programs
- ✓ Support nutrition education programs.

Principal clinics to be established in the major centres of each province with provision for Tele-Medicine units to be deployed throughout the provinces. All clinics and tele-medicine units are to be supported by satellite links to the major Pascas Health Sanctuary centres of excellence in Australia and the Bahamas, and subsequently in South Africa.

Specific support will be directed to the management and treatment of HIV/AIDS, malaria and tuberculosis.

Pascas Health is bringing a focus to treating the cause rather than just treating the symptoms of disease. Pascas Health is about wellness and well being of humanity on a global basis.

PASCAS HEALTH is a holistic complementary health and alternative medicine clinic melding the excellence in allopathy (Western) medicine with the proven techniques of many traditional therapies, developed over aeons.

Hierarchy of Holistic Medical Services

Remote Areas:

- Telemedicine via call centres supported by the medical teams at each of the Centres of Excellence in the Bahamas, Australia and Africa. These Centres have alliances with world renowned medical units around the world that will be accessed as and when required.
- Telemedicine Kiosk: Through satellite communications, the kiosk enables remote access to telemedicine diagnosis and treatment. The Kiosk features diagnostic camera, three lead ECG, retinal scanner, a camera for video-conferencing, video screen, vital signs measurement and a defibrillator. Should the Kiosk (being a laptop unit) be unable to communicate with the greater network, in built diagnostics are able to provide analysis of results.

Rural Areas:

- Medical Clinics may consist of as few as one Clinician. However, he/she has satellite broadband communication linkage to the core centres within the network.
- Third world remote clinics will focus on:
 - Pre-natal / post natal services.
 - Immunisation
 - Dental
 - Eyes
 - Nutrition

Urban Clinics:

- General Practitioners / Physicians will be supported by visiting specialist:
 - Obstetrics & Gynaecology
 - Orthopaedics
 - Dermatology
- Supporting units will incorporate:
 - Pharmacy
 - Optometry
 - Physiotherapy
 - Radiology

Integrative Medicine incorporates natural healing methods to improve and/or restore function. Integrative Medicine allows medical practitioners to combine successful natural and complementary therapies within the framework of orthodox medical training to provide better clinical results with less invasive therapies.

Thus, there is a progression in size and complexity within the satellite health and healing units that can be anywhere in the world, all being linked back to the Pascas Centres of Excellence.



**Feeling
Healing with
Divine Love is
the key!**



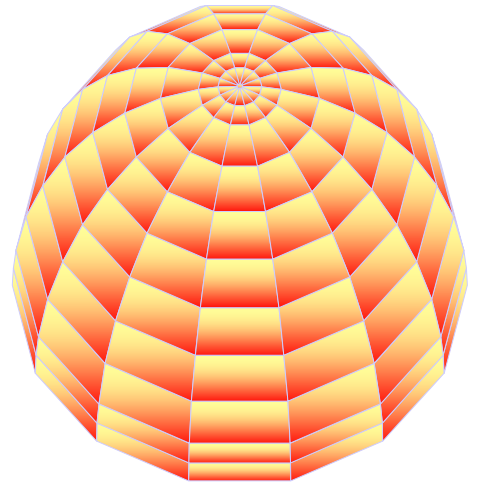
HEALTH DOME:

The **Health Dome** needs to be viewed internally as a hologram.

Each health modality interconnects and is complimented and supported by each and every other health modality.

No one process or practice is an exclusive solution.

If you were to say that one practice or solution stands out above and beyond all others at the pinnacle of the **Health Dome** then that would be **Love and Forgiveness**.



The basic malady found in people is self-hatred. Self-hatred is the basic inner illness in all of us, but just how that self-hatred and non-acceptance of the self manifests is shown in our different character structures. As we work to understand our dynamics on a daily level, we can learn to accept ourselves through this process. Self-love is the greatest healer, and self-love also requires daily practice.

The broad view of the healer encompasses the totality of the human being. In healing there is no separation between body and mind, emotions and spirit – all need to be in balance to create a healthy human being. The healer focuses on physical, psychological and spiritual malfunction. It is impossible to do healing without affecting the psychological levels of the personality. The more the healer understands the psychodynamics of his/her clients, the more the healer will be equipped to help the clients heal themselves.

Finding the initiating cause of an illness is always a key part of healing.

The objective, from within the Pascas Health Dome, is to treat the cause much more so than just treat (suppress) the symptoms. Re-occurrence of many illnesses is due to the non-treatment of the cause.



<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

1



**ERADICATE
EXTREME POVERTY
AND HUNGER**

2



**ACHIEVE UNIVERSAL
PRIMARY EDUCATION**

3



**PROMOTE GENDER
EQUALITY AND
EMPOWER WOMEN**

4



**REDUCE
CHILD MORTALITY**

5



**IMPROVE MATERNAL
HEALTH**

6



**COMBAT HIV/AIDS,
MALARIA AND OTHER
DISEASES**

7



**ENSURE
ENVIRONMENTAL
SUSTAINABILITY**

8



**A GLOBAL
PARTNERSHIP FOR
DEVELOPMENT**

**PASCAS
HEALTH**



STREAMERS (DIAGNOSTIC SPECIALISTS):

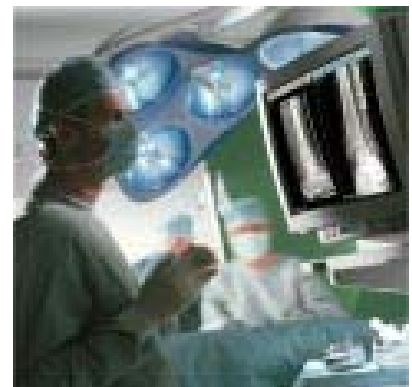
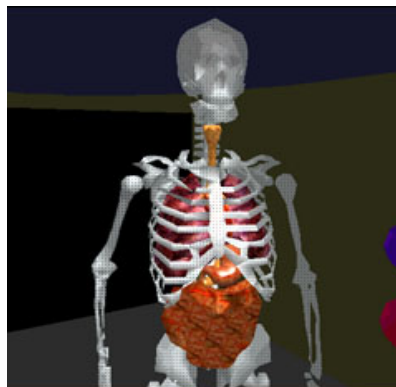
The **STREAMER's** function is to assess what services and to whom a patient should be referred to and ensure that the required services will be available and when. His duty is to ensure a high standard of usage as well as a high standard of medical service is provided. He should initially assess the patient and reassess after treatment course.

Patients approaching the Centre may:

1. Seek a consultation with a Diagnostic Streamer.
2. The Diagnostic Streamer may elect to manage the case or seek support from other Diagnostic Technicians.
3. Should other Diagnostic Technicians be invited then the agenda is to have the patient meet all the Diagnostic Technicians at the one time.
4. The treatment plan for the required treatment is mapped out with the Diagnostic Streamer appointed to manage the plan.
5. The Diagnostic Streamer would then appoint the Technicians for the delivery of the various elements of the treatment plan.
6. Monitoring and overseeing of the treatment plan delivery is the responsibility of the Diagnostic Streamer.
7. At the end of the delivery of the treatment plan, the outcomes would be reviewed and assessed in accordance with Total Quality Management (TQM) regimes and for the purpose of research and review of the efficacy of the treatment.

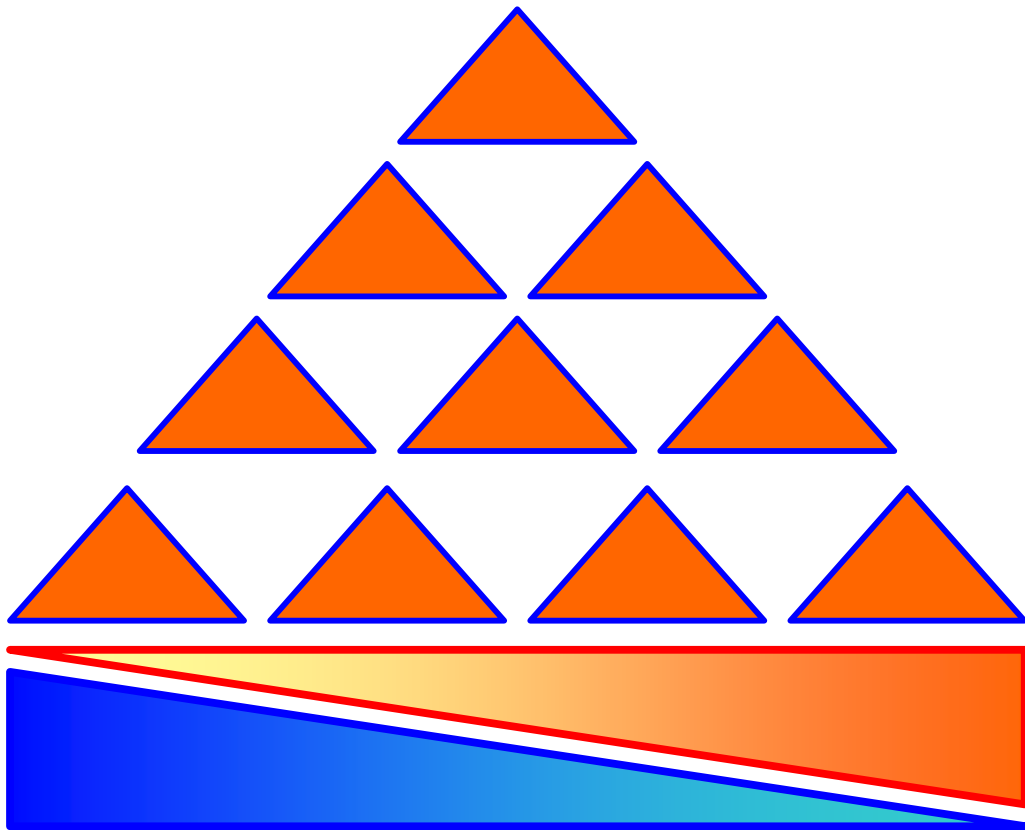
A prime consideration for the patient in attending the Health & Healing Centre is to be afforded the opportunity to have access to the majority of core modalities and specialists at the one time. Thus reducing the number of visitations and the anguish of numerous trips and waiting episodes.

It is for the patient to take control and manage their own healing. By doing so, outcomes are significantly enhanced.



PASCAS HEALTH MATRIX:

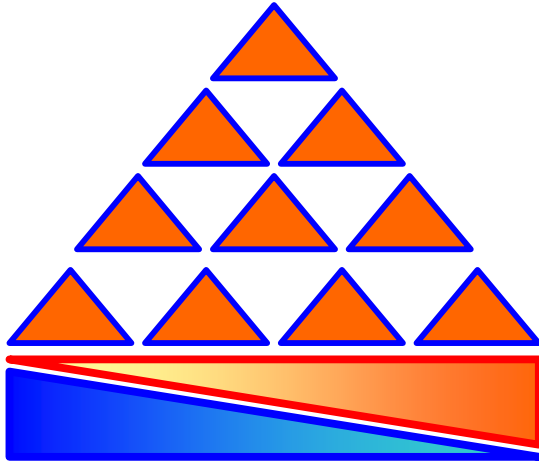
The HEALTH MATRIX



**ALLOPATHY
MEDICINE**

**COMPLEMENTARY
THERAPY**

'Pascas Care Centre' PASCAS HEALTH MATRIX



**ALLOPATHY
MEDICINE**

**COMPLEMENTARY
THERAPY**



Streamer's Meeting

CLIENT / PATIENT	
MEDICAL HOLISTIC DIAGNOSTIC TECHNICIAN	
PROFESSIONAL MEDICAL TEAMS	COMPLEMENTARY THERAPY FIELDS
Neurosurgery	Complete Therapeutic Systems
Ears, Nose & Throat – ENT	Oriental Diagnosis
Urology	Western Diagnosis
Orthopaedic	Iridology
Trauma Surgery	Naturopathy
Gynaecology	Breathing
In-Vitro Fertilisation – IVF	Hydrotherapy
General Surgery	Food & Diet
Ophthalmic Surgery	Oriental Systems
Dental & Faciomaxillary Surgeons	Chinese Herbalism
Cardio Thoracic	Japanese Medicine
Oncology – Cancer	Ayurveda
Cardiology	Tibetan Medicine
Radiotherapy	Traditional Arabic Medicine
Medical Services	Shamanism
Imaging – X-ray – Ultrasound – CAT scan – MRI	
Pathology	
Streamer – Case Manager	

INTEGRATED HEALTH MANAGEMENT INCORPORATES:

- Painting a health picture.
- Understand the physical, psychological, emotional and behavioural symptoms of stress.
- Interpreting case history of a client in a holistic way, building up a picture of the progression of any conditions, chronic or otherwise, from their past and even from their parents.
- Holistic Diagnosis.
- Understand the importance of good nutrition.
- Understand the role of exercise in staying healthy.
- General health management for practitioners.
- Understand the link between the energy healing and physical and mental health.
- Practise of basic energy work and therapeutic touch.
- Learn how to self-heal and teach it to others.
- Working with the Mind and Vibrational Energy.
- Use the techniques you have learnt to achieve the life you want now.
- Putting the Theory into Practice.

The **Pascas Care Health Matrix** melds allopathy (western) medicine with complementary (alternative) therapies with continual blending of advanced practices and sciences, all contributing to the objective of treating the cause more so than the symptoms, with the patient being responsible for their own health management programs.

Pascas continues to draw on new practices, innovations, sciences, protocols to support health management programs and deal with diseases that are decidedly difficult to manage – all with a focus of delivery of services in remote and emerging economies.

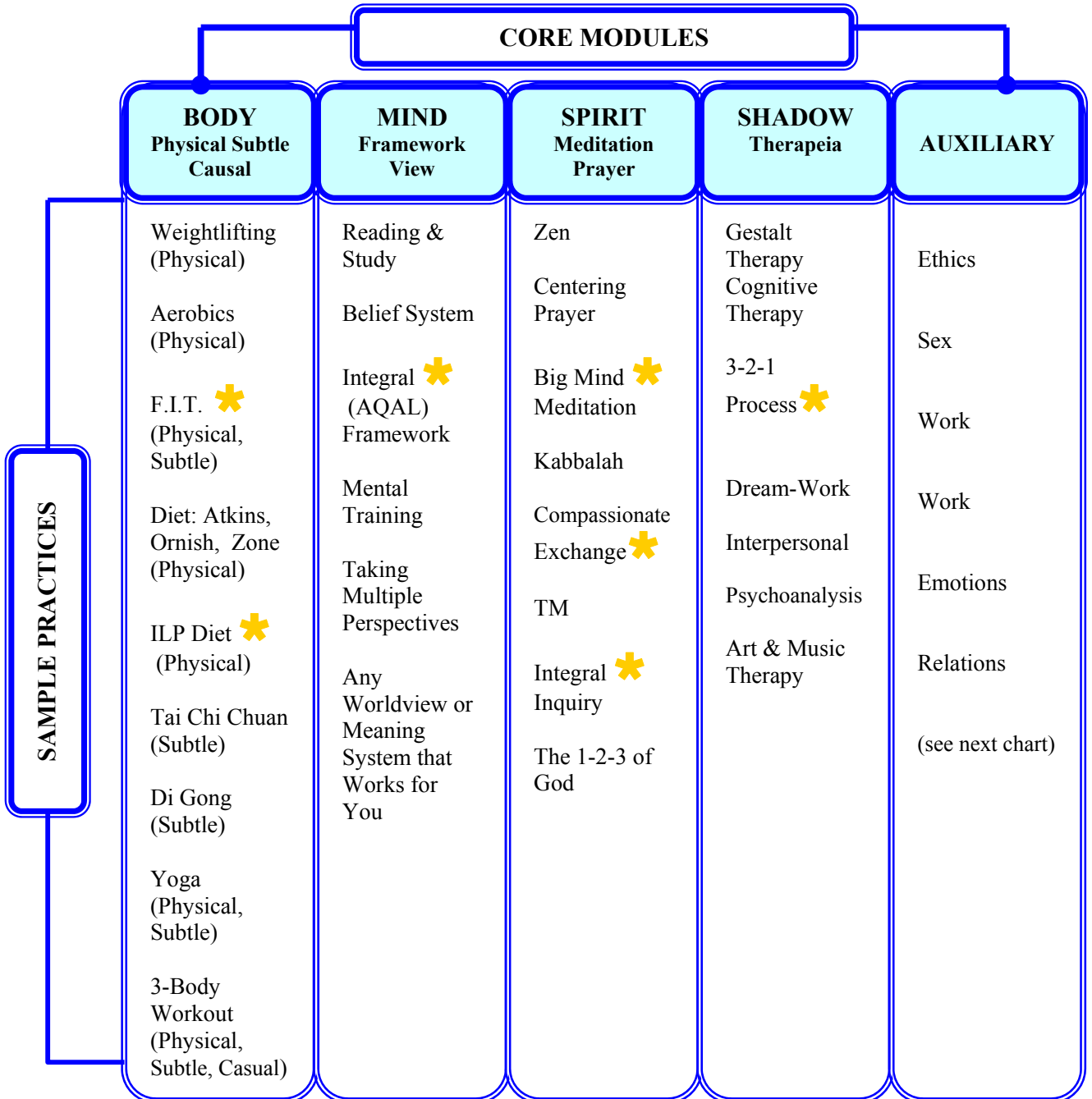
The following information is a general introduction into various styles and systems of holistic health management – all practices have something to contribute. It is **Pascas'** agenda to focus on those practices with the highest level of efficacy and appropriateness for desired health management programs.

Through the diagnostic streamer, patients / clients are able to obtain an understanding of the health care programs available and resolve the program to be supported by the management of the streamer and his team.



PASCAS CARE

Life Practice Matrix

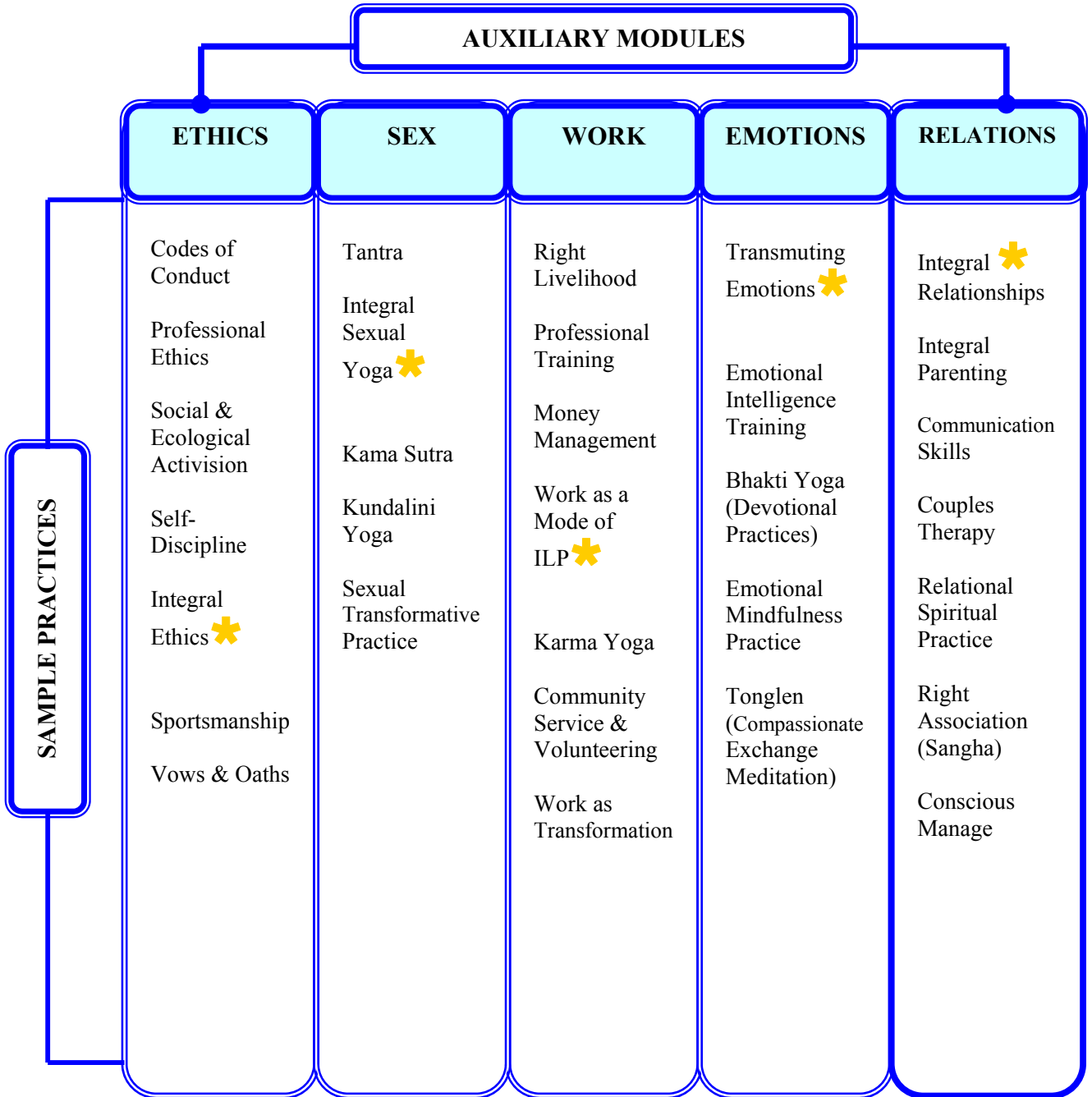


It's as simple as:

- Pick one practice from each of the Four Core Modules
- Add practices from the Auxiliary Modules as you wish
- Go! – Well let us stop – THESE ARE ALL INEFFECTIVE!

We particularly DO NOT recommend even the Gold Star Practices *

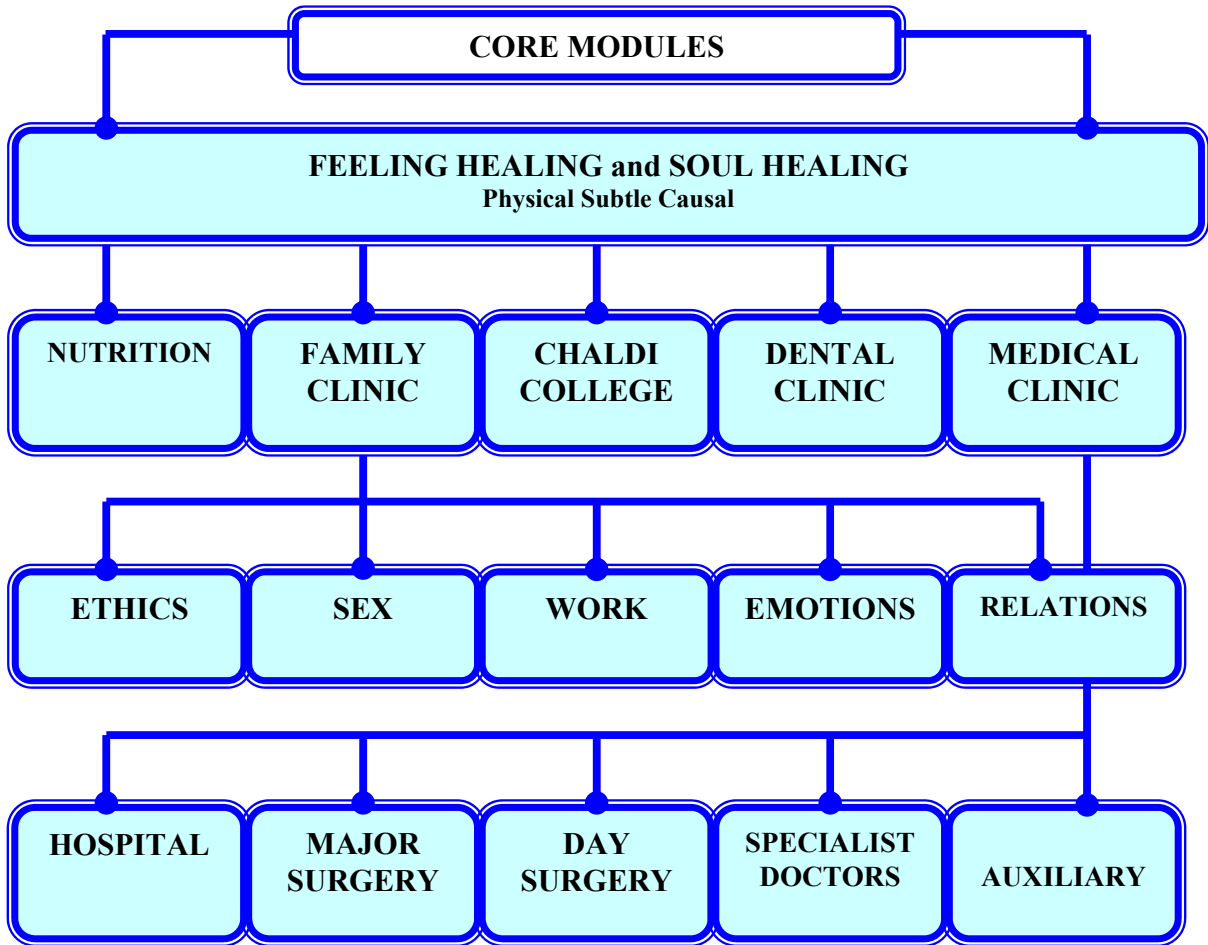
PASCAS CARE Life Practice Matrix



Life Practice Modules are Complementary Therapies which may be considered as adjuncts to Allopathic (Western) Medicine initiatives employed to manage the recovery from an illness episode. At other times, Life Practice Modules enhance ones quality of life. HOWEVER, LET US NOW REBUILD THESE PATHWAYS.

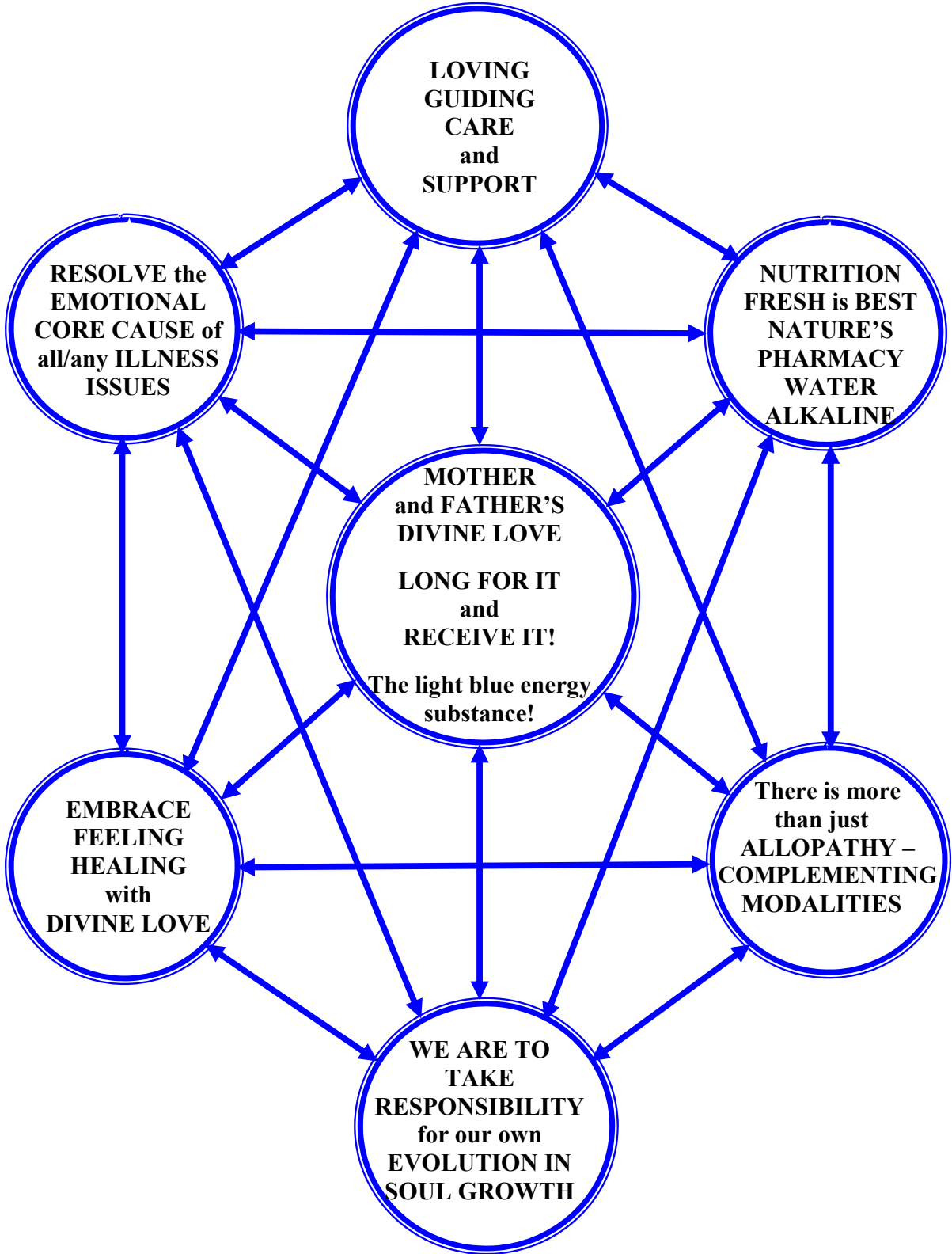
PASCAS CARE

Life Practice Matrix - Feelings First



HEALTH and HEALING

EVERYTHING is INTERCONNECTED!



Arvonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT 200,000 YEARS

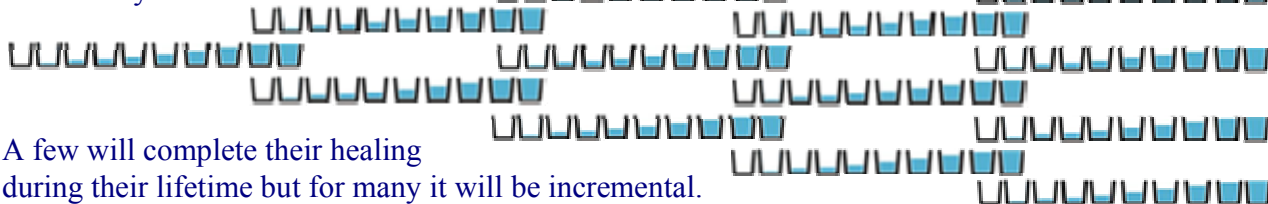
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the end of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal AGE 1,000 YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

PROCESSING & CLEARING EMOTIONS

It is recognised that the foundation and cause of illness, in all of its forms and variations, is the result of emotions. Specific issues with emotions have been aligned and are understood to be related to specific health issues. Thus, the diagnosis of various illnesses generally will be readily related to emotional issues that require addressing.

The Divine Love path is about processing and clearing emotions – however – not healing oneself!

A Pascas Care Clinic is to assist those patients / friends to understand the relationship between one's emotions and one's health issues. In doing so, those patients / friends who wish to resolve their emotional issues to achieve the permanent well being of their own health, as well as of their family in general, will be supported by Pascas in everyway possible.

Processing emotions is assisted by evolving a longing for God, the following prayer profoundly supports the patient / friend on the Divine Love pathway.

“God's love is not that which needs the love of man to give it a divine essence. But, on the contrary, the love of man must be completely enveloped in, or absorbed by, the Divine Love of the Father in order to become divine in its nature. So, let man know that his love is but the mere shadow of what the Father's love is, and that, so long as he refuses to receive this Love of the Father, he will be compelled to remain apart from the Father and enjoy only the happiness which his natural love affords him.”

P.81 Angelic Revelations of Divine Truth, Vol I through James Padgett

Two things will be free at Pascas Health Clinic, Pascas Blue Water and Processing and Clearing Emotions.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

Dr DAVID R HAWKINS:

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) is an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars.



“Make a gift of your life and lift all mankind by being kind, considerate, forgiving, and compassionate at all times, in all places, and under all conditions, with everyone as well as yourself. This is the greatest gift anyone can give.”

“Every thought, action, decision or feeling creates an eddy in the interlocking, interbalancing, ever-moving energy fields of life, leaving a permanent record for all of time. This realization can be intimidating when it first dawns on us, but it becomes a springboard for rapid evolution.”

“The downside of spiritual education is the build-up of the vanity of 'I know' and the devaluation of people who are 'not spiritual'. Therefore it is important as a foundation to spiritual training and education to learn how consciousness manifests as the ego and its mechanisms.”

“It is only the minority of people who seek self-improvement or personal growth. This is because whatever one's self-criticisms, one secretly really believes that one's way of being is okay and probably the only correct one. They are alright as they are, and all problems are caused by other people's selfishness, unfairness, and by the external world.”

Saturday, 5 August 2017: Nanna Beth: David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won't be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

Everything is interconnected.

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

MUSINGS by JOHN:

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book Power vs. Force, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock

having to face the fact and realise that few people truly understood what I was teaching, taking my work and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already

knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

CONCLUSION:

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is THE ONLY WAY! The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.



FEELING HEALING versus other EMOTIONAL PROCESSING METHODS:

Thursday, 13 July 2017

Hi James and Nanna Beth (questions from John)

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth, 3rd Celestial Heaven: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one the initially focuses on Healing oneself of all one's wrongness.

John: Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them –

the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

John: Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

John: Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance

of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

[John: I have considered with James, that Marion and he actually represent the two extremes of what is involved in soul-healing. I have found one such writing by James, back in 2006, that points to this. My feeling is that their two extreme ends of the experience matrix makes them perfect for bringing together the understandings that will benefit all people, no matter what their circumstances maybe.](#)

Nanna Beth: If we accept that Marion and James are the Avonal Pair here to reveal the essential truths to humanity about how people can Heal themselves of their rebellion against the truth of themselves, then what you deduce is correct, for they have between them had to take on every negative aspect of the Rebellion and Default and so Heal it, which is healing all the circuits on a technical level, thereby opening the way for humanity to follow.

So if you consider this John, it is pretty amazing that two people can take on all the denial humanity is in, approaching it from opposite ends, which equates to the effects of the Default of Eve and Adam (following on from the Rebellion), and that such wrongness can be concentrated into two family units, and mostly in two parent pairs (being Marion's parents and James' parents). And so what is the likelihood of that? And then for them to live in the same city being the first children of such 'bloodlines of denial', and meet each other, and at a time needed to give themselves all the time to systematically work their way laboriously up through all the negative mind and will circuits. So to be subjected to so much woe, and to be able to keep going with no help from anyone other than each other, and a little backup from the spirits and the Mother and Father on James' side, yet with that involvement opening up even more messed up and corrupted mind circuits he's had to work his way through.

So if it is true they are the Avonal Pair, it shows us all just how incredible the soul of the Avonals are, to be able to go into such corruption, taking it all on, and then working it all through and Healing themselves of it, all basically without any real help from anyone, so just on faith and pure longing for the truth.

And should they reach the end of their Healing before they die, and should the truth then be fully declared that they are the Avonal Pair, even going against all what The Urantia Book (TUB) says, they having to uncover the truth in all things whilst rejecting the untruth such as in TUB and Padgett Messages (PM), with nothing having been straightforward and of any real help, then it will be cause for major celebration.

And it's what we are preparing for, what you are too John, to see if Marion and James are indeed the Pair, and then to give them all the support they will need to do whatever it is they are to do in the public sense. This is all their private work so far, of which you and I have become substantial parts of, the doing of their Healing preparing themselves for when they are Healed.

And if it turns out they are not an Avonal Pair, they are only just a pair of ordinary mortals who've somehow managed to keep going, dealing with all their pain, longing for and bringing to light all the truth of it, then they will be the most extraordinary mortal pair because they will have been the one's who broke the back of the Rebellion and Default. So either way you look at it, it will be quite an achievement.

And so we are all waiting to see if the theory is realised by such Avonal-truth awakening in their soul at some point, for then we will all know it will be true, just as they too will know. For now Marion doesn't contend with any of it, and James only on a mental level because of what the Melchizedeks told him years ago, but it all has to come to them through their feelings like all truth, which will only happen once they've fully Healed themselves or toward the end of their Healing. Because in the meantime, whilst they are still in their wrongness and denial of truth, part of that denial is denying the truth that they are Avonals. And again the whole Avonal business has been yet more problems and negative circuits James has had to personally work through, whereas Marion has solely focused on only dealing with her feelings, not having to contend with all the other mind stuff.

James, when you feel up to it, may I have your observations please? And Nanna Beth, your angelic eye on this subject would be most helpful, if you please?

These two subjects are possibly leading to the crux of what we are sharing through the Pascas Papers. I now see that these 'colourful' handouts are essential in introducing and supporting the major publications of James Moncrief and James Padgett.

Nanna Beth: The handouts will help introduce people to such writings. But what I want you to understand John, is really it's James – because of his writings (and Marion, because she is leading them both in it all) that is what's most important. The Padgett Messages (PM) are really to be included in James' work, which he does, by taking the crucial parts and integrating them into his work – with the most important truth being that about longing for the Divine Love. So really the PM are secondary.

As you understand, the Padgett Messages can't heal you. The Divine Love is about immortality of the soul and becoming divine, it's not about ending your rebellion against the Truth. And ending the rebellion needs to come first: the Truth then the Love, then the Divine Love can be introduced, even though of course the Divine Love can be introduced at any time.

So really one need only work with James' (and Marion's) work, which includes longing for the Divine Love. People are to look to them first, and then later to Mary and Jesus. To put Mary and Jesus ahead of Marion and James can cause you problems because you will overlook what Marion and James are revealing. But as Mary and Jesus are known and with such importance placed on Jesus, and now with the PM and the Divine Love, so it's all the more confusing. Even added to by James having written focusing on and making Mary and Jesus more important than himself and Marion.

But as I said, it's Marion and James first, then Mary and Jesus and the Divine Love. And Marion and James are more than capable of also introducing the Divine Love and the truth of Mary and Jesus, which they would have done had Mary and Jesus not come to Earth. So really Mary and Jesus are not needed, and as I said, can get in the way, causing people to focus too heavily on them whilst missing the more essential truths of having to do your Healing by looking for the truth of your feelings (the 'Divine Love people' being examples of this). However with Mary, and Jesus in the PM, being so dominant, it is all just more of the confusion and part of the rebellion. And at the same time I don't want to downplay Mary and Jesus and lead people to believe they are not as important as Marion and James, for they are most important, and much more important being the Creator Pair of Nebadon, and Marion and James would rather not exist than have people think they were more important than Mary and Jesus; but as you understand, I'm just trying to put the revelation of truth into context, because it's all being revealed round the wrong way.

People and spirits were given the opportunity to deny Mary and Jesus whilst they were on Earth, taking the Rebellion deeper; and then to further deny them right the way through their age; and now further still by including the PM. And now people will be given the added opportunity of denying Marion and James, which all ends up being one huge mess. And one in which only Marion and James can unravel. For I am only saying to you now what James has already written and what Marion and he have talked about. I wouldn't dream of taking anything away from them, and it's not my place to do so.

Firstly, consider discovering the truth of your emotional pain and injuries.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Love from us all over here – your Nanna Beth. (3rd Celestial Heaven)

WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

We are not meant to be alone, we are to have someone with whom we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to your Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



Our FEELINGS are our SUPREME GUIDES:

Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

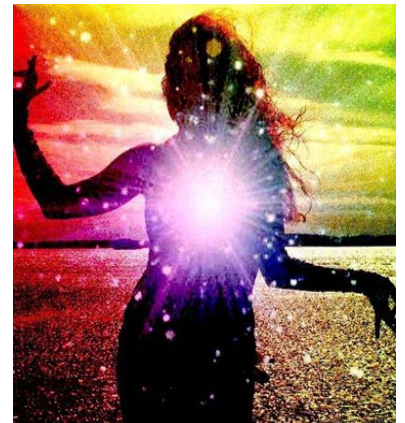
Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

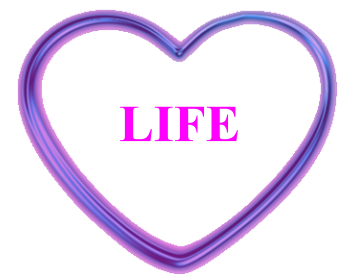
It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



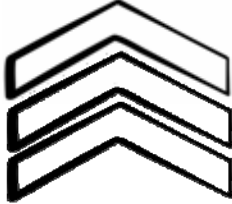
my
House is your
Paradise
 **HOME**

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;

Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

- rational
- analysis
- reductionist
- linear

Values = Mechanistic

- expansion
- competition
- quantity
- domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

One can swap back and forwards between paths

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

- intuitive
- synthesis
- integrative
- non-linear

Values = Holistic

- conservation
- co-operation
- quality
- partnership

Child like

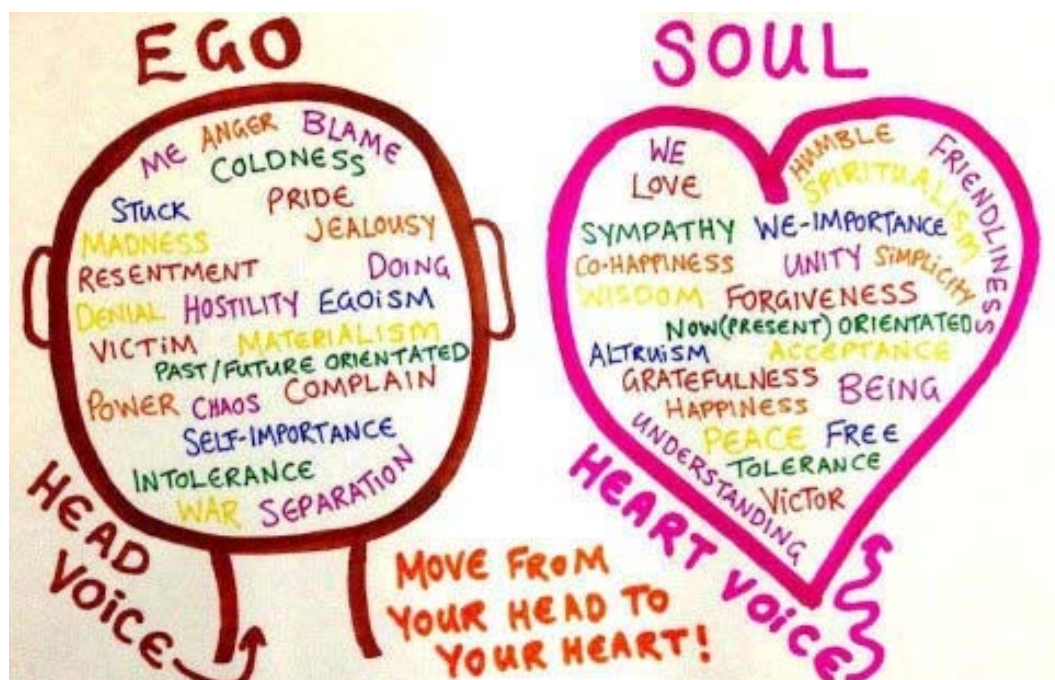
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement



The Only Prayer That Man Need Offer to the Father

Prayer for Divine Love

(as given within the first century)

I am here, Jesus

Let your prayer be as follows:

Our Father, who art in heaven, we recognize that Thou art all Holy and loving and merciful, and that we are Thy children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Thy creation, and the most wonderful of all Thy handiworks, and the objects of Thy great soul's love and Tenderest care.

That Thy will is, that we become at one with Thee, and partake of Thy great love which Thou hast bestowed upon us through Thy mercy and desire that we become, in truth, Thy children, through love, and not through the sacrifice and death of any one of Thy creatures.

We pray that Thou will open up our souls to the inflowing of Thy love, and that then may come Thy Holy Spirit to bring into our souls this, Thy love in great abundance, until our souls shall be transformed into the very essence of Thyself; and that there may come to us faith--such faith as will cause us to realize that we are truly Thy children and one with Thee in very substance and not in image only.

Let us have such faith as will cause us to know that Thou art our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Thy love changing us from the mortal to the immortal.

Let us never cease to realize that Thy love is waiting for each and all of us, and that when we come to Thee, in faith and earnest aspiration, Thy love will never be with-held from us.

Keep us in the shadow of Thy love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavor to turn our thoughts away from Thee to the pleasures and allurements of this world.

We thank Thee for Thy love and the privilege of receiving it, and we believe that Thou art our Father--the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Thy arms of love.

We pray thus with all the earnestness and longings of our souls, and trusting in Thy love, give Thee all the glory and honour and love that our finite souls can give. Amen

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'.

Also, the evil ones, being those parts of one's mind, that are controlling you.

FRESH FOOD is clearly the BEST !!!

Calibrations are based on the Map of Consciousness table as published within Power vs Force by David R Hawkins and the kinesiology testing process used is as outlined within this book.

At the levels above 200 on the scale of 1 to 1,000, you achieve a positive outcome, below is negative. Any food calibrating below 200 is not life enhancing.

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Blessing a prepared meal adds 15 points being 1,000,000,000,000,000 fold increase in energy.

This being a quadrillion (10^{15}) jump in energy.

Some brand names influence the energy level in a positive way, Campbells Soup is one such entity.

Similarly, the level of consciousness of the retailing corporation has a direct influence on the calibration of the food products, particularly raw and fresh foods.

Our diets are generally excessive with acidic foods. Look to increase your alkaline foods intake, whilst reducing your acidic food intake. See schedule at the end of this survey.

Food that calibrates at energy levels below 200 are life sustaining, however, they put a load and a burden on the body which the body then has to work to expel with much difficulty and this processing requires an excessive amount of time, contributing to excess body weight.

Food that calibrates at energy levels above 200 is life enhancing. Such food is not factory processed.

Fresh food loses about 100 points with each processing phase. Grind or mince up meat, or cut up fresh garden vegetables, this process alone can deplete the products by 100 points. Lengthy cooking can then reduce the energy levels by a further 100 points. Placing the then processed food in packaging and storing it in refrigeration will further deplete the energy available to you on consumption.

Any person who is experiencing a sickness episode is best to review their food intake and to concentrate their diet on items that calibrate at the energy levels above 300.



Fresh is Best!

‘The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.’

Quote from Celestial Spirit Richard 22 Dec 2012

Energy Level of Food as calibrated based on the Map of Consciousness scale 1 – 1,000:

The scale is based on the common log of 10, a 1 point jump is a 10 fold increase in energy.

Cookies made for Family	520	Blessing food adds 15 points to calibration.
Green Juice = Raw Power	510	Nutrient Rich
Home cooked sea fish + organic salad	410	Nutrient Rich
Home roasted free range chicken + salad	410	Calibrations above 350 involve organics.
Raw Food = Raw Power food blessed	365	(overall menu)
Roadside Farm Stands	355	A 1 point jump is a 10 fold increase in energy.
Raw Food = Raw Power – Byron Bay	350	(overall menu)
Vick's (product)	345	
Wine or Beer	330	Single serve per day.
Campbell's Soup (product)	325	
Uncle Ben's Rice (product)	315	
Quaker Oats	305	
Pepsi (beverage)	305	Single serve per day.
Coca-Cola (beverage)	305	Single serve per day.
Tea, Green	300	
Food, Blessed Homemade	215 +	Organically grown foods have approximately
Food, Homemade	209 +	75% to 350% the nutritional and mineral
Food, Blessed Machine-made	207	value of commercially grown foods.
Food, Commercial	207	Organic home grown foods is even higher.
Vegetarianism	205	
Grilled / BBQ steak	205	
Muesli	205	
Donald Duck (cartoon)	205	Above 200 is pro-life – positive.
Food	200	At this level & above food is life enhancing.
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Body Piercing	180	
Milk – Pasteurised	180	
Coffee	175	
McDonalds, KFC, Hungry Jacks	175	All food below 200 is detrimental to health!
Microwaved Store Meals	170	
Taco Bell Fast Food	165	Energy laden food requires massive amounts of
Pizza Fast Food	165	nutrients to remove them from storage – result
Public Hospital Meals	165	Is excessive fat built up, etc.
Alcohol Addiction	90	6 or more drinks a day.
Corn Flakes	85	
Cigarettes	85	
Marijuana	80	
Cocaine	7	
Heroin, Methamphetamines	6	Every and any substance can be calibrated!

Most calibrations are sourced from David Hawkins' book 'Truth vs Falsehood'.

MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

MAP of CONSCIOUSNESS	MoC	calibrations
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	1,500	3 rd Celestial Heaven (10 th spirit mansion world)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 rd Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 st Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 th Divine Love transitional sphere to Heavens
Natural Love peak	1,000	6 th spirit mansion world peak – can't go further!
Pascas WorldCare (as a platform)	880	5 th spirit mansion world equivalent Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 th spirit mansion world equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 th spirit mansion world equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	500	2 nd natural love OR 3 rd Divine Love spirit world.
Peak of mind total orientation	499	1 st spirit mansion world peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
Humanity	212	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
Food	200	At this level and above food is life enhancing.
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

PACKAGED & PROCESSED FOOD vs FRESH FOOD is the option:

United States: The Revis family of North Carolina. Food expenditure for one week US\$341.98 (Sure hope most American families eat more fresh fruits and vegetables and less junk food than this family.)



Bhutan : The Namgay family of Shingkhey Village
Food expenditure for one week: 224.93 ngultrum or US\$5.03



According to **World Retail Magazine**, the **biggest selling items** in Australian **supermarkets** are:

- 1 Coca-cola 375ml
- 2 Coca-cola 1 litre
- 3 Coca-cola 2 litre
- 4 Diet Coke 375ml
- 5 Cherry Ripe (a candy bar)
- 6 Nestle condensed milk
- 7 Tally Ho cigarette papers
- 8 Mars Bar
- 9 Kit Kat (choc coated wafer thingy)
- 10 Crunchie Bar
- 11 Eta 5-star margarine, salt reduced
- 12 Heinz baked beans
- 13 Double Circle tinned beetroot
- 14 Diet Coke 1 litre
- 15 Bushell's Tea
- 16 Cadbury Dairy Milk Chocolate
- 17 Pepsi Cola 375ml
- 18 Coca-cola 1.5 litre
- 19 Kellog's Cornflakes
- 20 Maggi two minute chicken noodles
- 21 Generic brand lemon drink
- 22 Panadol tablets, 24 pack (paracetamol)
- 23 Meadow Lea margarine
- 24 Generic brand lemonade
- 25 Mrs MacGregor's margarine



JUNK FOOD ONE-THIRD OF DIET

Research has shown that almost one-third of the U.S. diet consists of sugar-filled cans of soda and bags of potato chips.

Even with the rising number of people joining the low-carb craze, a study of 4,700 adults revealed that sodas and sweets, which contain what are known as "empty calories" because of their low nutritional value, were at the top of the list of most calories consumed. Statistics showed that these "empty calories" accounted for almost 25 percent of all the calories eaten by Americans. Salty snacks and fruit juices made up an additional 5 percent.



Some experts have placed the blame for the obesity epidemic on these shocking revelations.

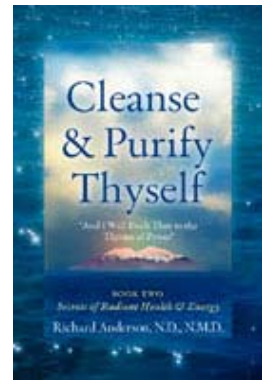
THE ULTIMATE GUIDES TO INTERNAL AND COLON CLEANSING

CLEANSE & PURIFY THYSELF

by Richard Anderson, ND, NMD.

Book I + Book II

Arise & Shine Herbal Products <http://www.ariseandshine.com/>



ALKALINE – and ACID – FORMING FOODS		P.236 book I
Alkaline – forming Foods		Acid – forming Foods
All fresh and raw fruits, vegetables, and sprouts, including those listed here:		
Alfalfa sprouts	Leaf lettuce	Alcohol
Apple cider vinegar	Lychee nuts	All processed foods
Apples	Lemons	Anger
Appreciation	Limes	Bread, baked
Apricots	Love	Cake
Avocados	Mangoes	Canned fruits and veggies
Bananas	Maple syrup	Cereals (all)
Barley	Melons (all)	Chickpeas
Beets & greens	Millet*	Chocolate
Berries	Molasses*	Cigarettes
Blackberries	Mushrooms	Coffee
Broccoli	Mustard greens	Complaining
Brussels sprouts	Okra	Cooked grains (except millet and quinoa)
Cabbage	Onions	Corn, dried
Cantaloupe	Oranges	Cornstarch
Carrots	Parsley	Dairy products
Cauliflower	Parsnips	Drugs
Celery	Peaches	Eggs
Cherries	Pears	Foods cooked with oils
Collard greens	Peppers	Fruits, glazed and sulfured
Cucumbers	Pineapple	Ketchup
Dates	Plums & prunes	Legumes
Dulse	Potatoes*	Meat, fish, birds, shellfish
Figs	Quinoa*	Mustard, prepared
Fresh corn	Radishes	Nuts, seeds, beans
Fresh, raw juice	Raisins	Oatmeal
Fun	Raspberries	Pasta
Goat whey	Raw, cold-pressed organic olive and flax seed oils.	Pepper, black
Grapefruits	Rhubarb	Popcorn
Grapes	Rutabagas	Salt
Green Beans		

Green lima beans	Sauerkraut	Soda crackers
Green peas	Spinach	Soft drinks
Green soy beans	Squash	Soy products
Herbal teas	Turnip Greens	Stress
Honey, raw	Tomatoes, ripe	Sugar, white and processed
Kale	Watercress	Sweeteners, artificial
Kelp	Yams	Tea, black
		Vegetables, overcooked
		Vinegar, distilled
		Vitamin C
		Wheat, all forms

* Foods marked with asterisk (*) significantly slow the Cleanse process, and can reduce the amount of plaque removed. It is suggested that, while on the Mildest or Gentle Phases, the foods with an asterisk be limited to two or three servings per week.

Note: All foods become acidic when sugar is added.

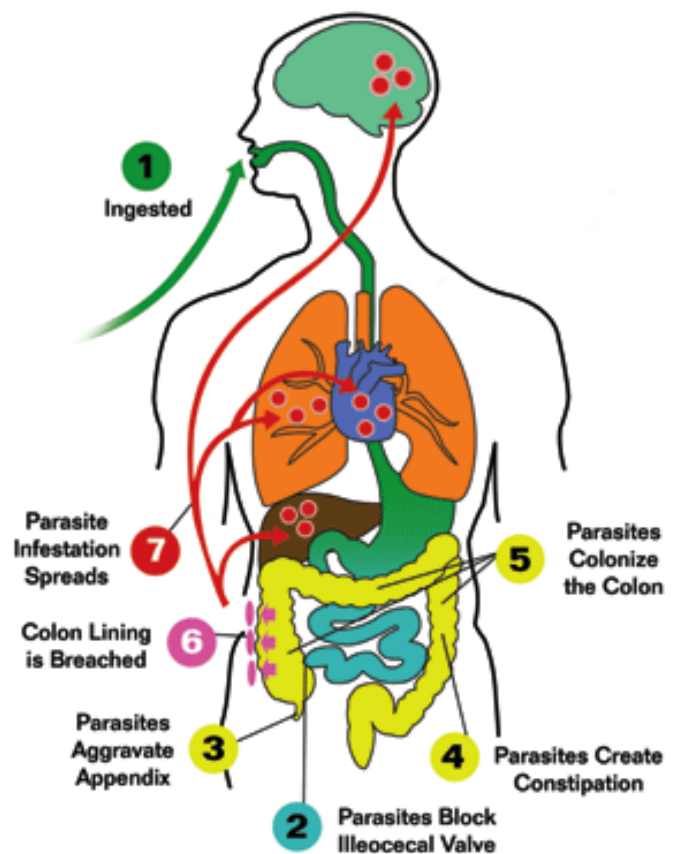
pH Balancing With Food (pH – potential Hydrogen)

By following the **80/20** rule, (80% of your food chosen from alkaline- forming group, 20% from acid-forming group) and avoiding **STRESS** you can create a healthy and fulfilling lifestyle and change your pH.

It may not be easy, of course, because many people are physically addicted to a diet consisting of acidic food, and this is where Ionized alkaline water is such a boon.

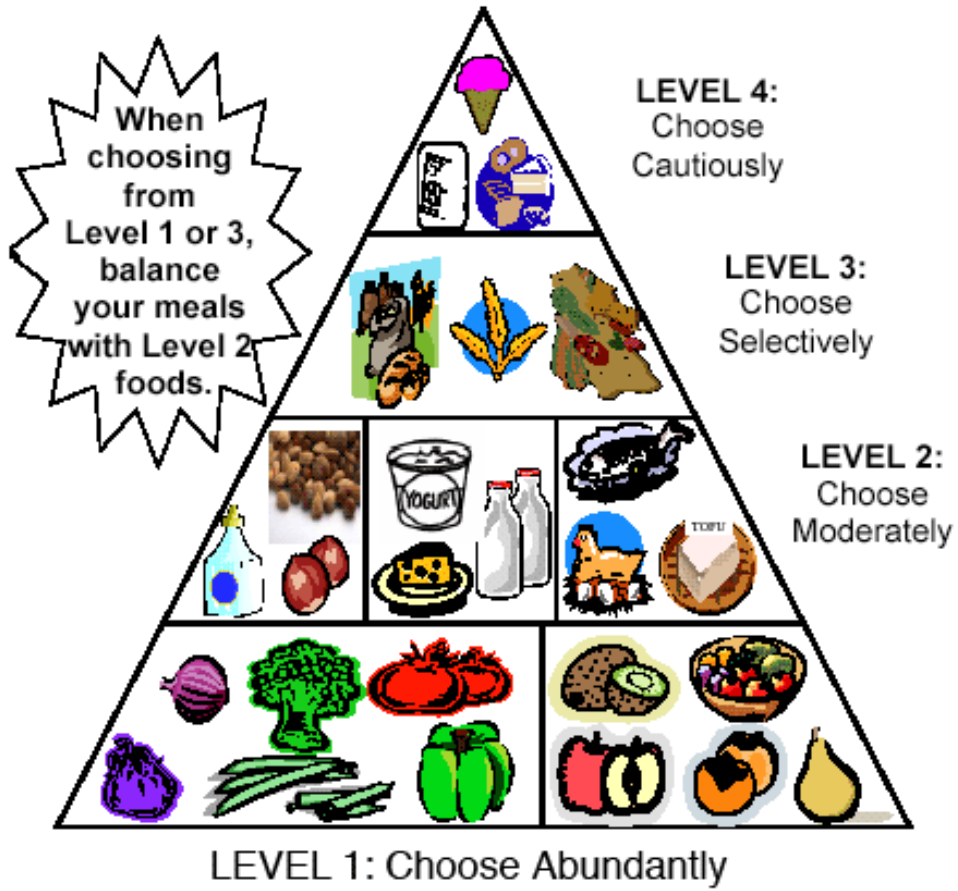
It's important to understand that a food may be acid, but after it is burnt up by the body, the remaining minerals will be alkaline.

An alkaline state is conducive to long term good health.



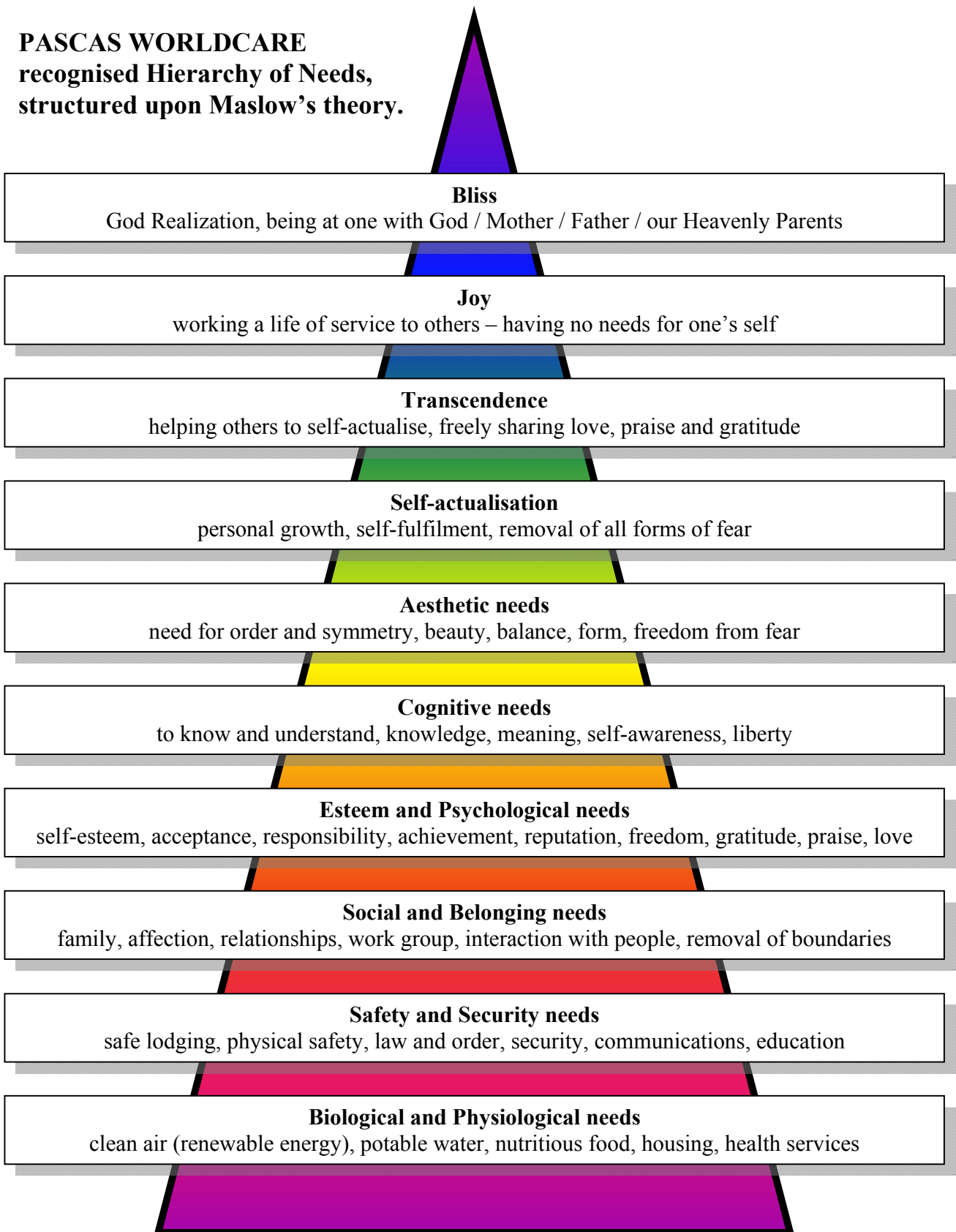
RAW FOOD MEALS:





Eat the Colors of the **Rainbow**

PASCAS WORLDCARE
recognised Hierarchy of Needs,
structured upon Maslow's theory.



MAP of CONSCIOUSNESS

God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 – 1,000	Ineffable	Pure Consciousness
		↑			
All-Being	Perfect	Peace	600	Bliss	Illumination
		↑			
One	Complete	Joy	540	Serenity	Transfiguration
		↑			
Loving	Benign	Love	500	Reverence	Revelation
		↑			
Wise	Meaningful	Reason	400	Understanding	Abstraction
		↑			
Merciful	Harmonious	Acceptance	350	Forgiveness	Transcendence
		↑			
Inspiring	Hopeful	Willingness	310	Optimism	Intention
		↑			
Enabling	Satisfactory	Neutrality	250	Trust	Release
		↑			
Permitting	Feasible	Courage	200	Affirmation	Empowerment
		↓			
Indifferent	Demanding	Pride	175	Scorn	Inflation
		↓			
Vengeful	Antagonistic	Anger	150	Hate	Aggression
		↓			
Denying	Disappointing	Desire	125	Craving	Enslavement
		↓			
Punitive	Frightening	Fear	100	Anxiety	Withdrawal
		↓			
Disdainful	Tragic	Grief	75	Regret	Despondency
		↓			
Condemning	Hopeless	Apathy	50	Despair	Abdication
		↓			
Vindictive	Evil	Guilt	30	Blame	Destruction
		↓			
Despising	Miserable	Shame	20	Humiliation	Elimination

Power vs Force by David R Hawkins, MD, PhD – the Hidden Determinants of Human Behaviour

ISBN: 1-56170-933-6 published Hay House Australia Pty Ltd www.hayhouse.com.au

Or www.veritaspub.com for the trilogy Power vs Force, The Eye of I, and I, Reality and Subjectivity.

PASCAS WORLDCARE Ltd



Encapsulating: Pascas Health, Pascas Foundation, Chaldi College, Equinox Equities + Others

PASCAS DELIVERS! Pascas, as an integral cog within many wheels, will passively bring freedom from boundaries and removal of fear imposed by centuries of well meaning, but erroneous teachings and ways.

Pascas is about the balancing of the masculine with the feminine, bringing into play god-mind functionality. This is about empowering many to share their experiences and knowledge in a way that is long lasting, if not permanent. It is about sharing the beauty that we all know as reality and sharing it willingly and with love to all those that embrace our community.

To do this for the ensuing 500 + years, our financial structure will achieve ownership of fixed appreciating assets and technologies to underpin ongoing delivery of services. The Pascas Foundation will benefit from the surplus income derived from these core activities and financial management operations. Pascas Foundation is to be established to support the impoverished and needy.

The nature of Pascas, via Equinox Equities, attracts the attention of innovators and inventors from around the globe, thus providing the opportunity to share unique technologies within economically depressed communities. Everything about Pascas is back to front. Support for innovations is on the basis that the technologies are developed and launched from a range of emerging economies and then exported to the first world markets.

As a result of these technologies, we have the potential to bring services and facilities to depressed communities that can / will lift their standards of living and quality of life in all ways imaginable – water, air, nutrition, housing, education, health, communications, etc.

Paramount to every phase of Pascas is education, via a Chaldi College with the capacity to teach people of all ages to read and speak a language within a short time span, the emphasis being on English. Plus mathematics, at a level that would normally be considered suitable only for mid-school children. In addition, basic bookkeeping skills to be taught that are necessary for any / all micro-credit enterprises to be successful.

Pascas hub is around a Pascas Health Clinic, entry via Pascas Café and exit via Chaldi College, holistic medical services within the middle. We have been introduced to many health platforms and modalities, all with low delivery costs and efficacious. Thus we are able to assist patients / friends dealing with life threatening illnesses of a diverse range. Capacity will reach 28 million patients / friends yearly. Whilst supporting them through such illness episodes, we are to support the family with various ways to enhance the economics of the household via Chaldi College which will have access to Pascas Finance Micro Credits whilst introducing potential technologies to be employed by the home community.

Pascas will not go into a community unless it is invited. Members of the community must drive the implementation of any of the Pascas modalities. Pascas is there to support and advise.

Pascas is about long-term delivery and financial sustainability – not about profits. Profits will come from time to time whilst supporting various new technologies. Pascas is about us, ALL of us.

ON THE SUBJECT OF DOUBT

April 8, 1919 – Jesus

I see that you have been somewhat in doubt as to the reality of the truths of the messages that you have received, and the power of the Divine Love to make you a child of God, in the sense divine.

You must not let such doubts enter your soul for one moment, for they are the breeders of other things that are most harmful and tend to alienate you from the Father.

As you are aware, God's love is all around you, and may be in you, and if permitted to flow into your soul, with faith accompanying it, you will find yourself growing in at-onement with the Father, and realize that fact.

So my brother, get rid of your doubts and come to God in the faith that is childlike and dependent. He will not disappoint you. I will be with you, and try to help you in your desires.

Pray more to the Father, and believe that His love is yours – only for the longing and seeking.

I will not write more tonight. Rest assured that my love is with you in all its fullness; and believe that you have a work to do.

Goodnight – Jesus

Extract from 'The Book of Truths' being the Padgett Messages recorded between 1914 and 1920, published by Joseph Babinsky.

GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

"I love you Father." "Let the Divine Love flow its energy into my soul."

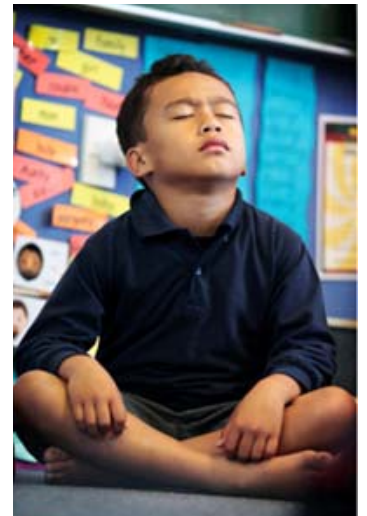
"Mother, Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love.

Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask:

Please, Mother and Father, I want some more of your Love!



MoC 1,471

Primary recommended reading:	consider commencing with: Paul – City of Light	
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV		xxx – Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

Introduction to Divine Love Spirituality

Main website of DLS

Childhood Repression website

DLS and CR forum

<http://religionoffeelings.weebly.com/>

<http://dls spirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on them selves and doing their Healing.

Feeling Bad? Bad feeling are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

Religion of Feelings

Welcome to LOVE – the Religion of Feelings

Feeling Healing**you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

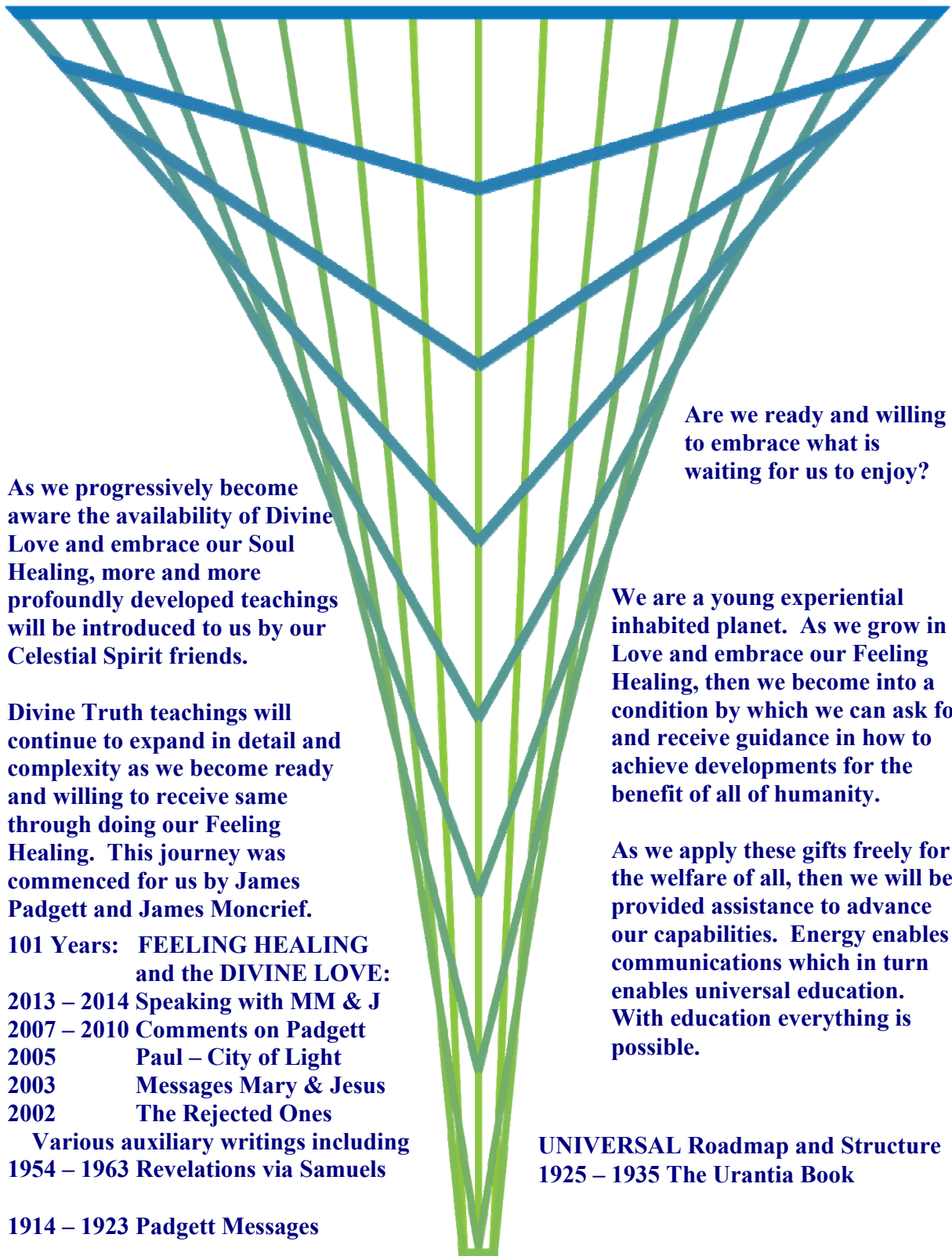
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each persons perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3rd Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

COUNCIL of ELDERS

**Council of Elders
now around 20
soul-groups from
the 3rd Celestial
Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas World-Care will be via those who complete their Feeling Healing on Earth, as years go by.



Avonal PAIR Oversight



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5th Divine Love Spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.

-  Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.
-  Divine Love Spirit Mansion Worlds, healing / crying worlds 3, 5, 7.
-  We all transition to Natural Love Spirit Mansion World 1, and typically go in the wrong direction to Natural Love Spirit Mansion Worlds 2, 4, 6 and cannot go further!

PASCAS CARE

"Beacons of Light"

around the globe

