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3 March 2020

What are You?

Questions that we may ponder:

- What are we?
- What are we not?
- What is a soulmate / soul partner?
- Where are we?
- Where have we been misled?
- What are the dynamics of childhood suppression and repression?
- What are we to do?
- What spiritual assistance do we have?
- What are the Earth planes?
- What are the Mansion Worlds?
- Where are we to go?
- Why do some humanities have more Mansion Worlds than others?
- What is the relevance of the present day environmental changes?
- Why are we in this insanity?
- What is our destiny?



WHAT ARE WE?

We are each a unique personality. We are not the same as anyone else. We each deserve individual attention, our personality is so incredibly unique that not one of us fit any of the boxes that the generalists want to fit us into and therefore say to us, "This is for you because you are of this category".

The control of our unique personality is blatantly imposed upon us by institutions such as the military services worldwide. Our personality is smashed into oblivion so that controllers can mould us into a pattern that makes the military recruit into a submissive team player. Individuality is denied. As a military person you are obliged to forfeit your individuality for the good of all.

There is no other personality on Earth the same as you. Throughout all of history there has not been another personality the same as you. And there will never be another like you! Throughout our local universe there is no-one the same as you. Our personality is unique throughout all the universes.

Yes, we are a personality and we are unique. Our uniqueness is wonderful. Each of us is SPECIAL.

Our personality is not our physical brain. Our personality is not dependent upon our brain. Our brain is simply a conduit for instructions from our mind which is spirit body based and even then that is not the location and core of our personality. Our personality is from within our soul. It is our soul that is the permanent home of our personality and it is through our feelings that our true personality is demonstrated in our day to day activities. Living feelings first is the start of living in truth!

Our soul always resides within a dimension separate to our spirit body. Our physical body is never dependent upon our mind (spirit body based) and brain (physical body), it is our soul that does everything. It is our soul based feelings that come through our mind and are orchestrated by our physical body that is the truth and guidance we are to live by – feelings first with the mind to follow.

Our mind being part of our spirit body is addicted to control, it cannot discern truth from falsehood and is addicted to untruth that the military training depends upon to remould the personality that our Heavenly Mother and Father have created. This submissive training creates individuals who are willing to slaughter others in the false belief that this is for their motherland and people's protection.

Throughout every aspect of society, every element of our living, we are being controlled by others. We have been seduced into living through our minds and it is the mind's addiction for control that over-arches every element of our lives. We all, in some manner, are inclined to control others. This is an endeavour to suppress the wonderful beauty of the personality of others. We are meant to live our lives through our feelings. Our feelings are always in truth and consequently love. Our feelings are from our soul and it is these feelings that we are to engage our minds to implement – not the other way around!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

What are you? We are each children of our Heavenly Mother and Father. Our souls that are created by our Heavenly Mum and Dad are blessed with a unique personality that commences its individualisation through being physically incarnated on a physical world, such as Earth. Souls await incarnation being conceived by physical parents and this brings about the formation of the spirit body which is the template for the physical body. Following conception, should the embryo grow to commence pumping blood through its heart at around day 16 then incarnation and individualisation of the personality of the soul is complete. Should the life of the incarnated personality be fleeting or long there is no further need to have another physical experience, as there is no reincarnation. Reincarnation would require the bestowal of another personality upon the soul when the soul only ever has ONE personality bestowed upon it by its Mother and Father.

Should physical life be fleeting then the child will become spirit born and have the experiences that were intended for it within the first of the spirit Mansion Worlds. It will be adopted by spirit parents.

WHAT ARE WE NOT?

I am a physical body! No, you are not. You are a spirit personality living a temporary physical experience within an environment created by and in harmony with the requirements of your soul.

I am a Roman Catholic from Lithuania! You are not; you are a soul-personality having that particular experience. A life experience does not make you that experience.

I am one of the original people from outback Australia! On the soul level, you are not; again you are a soul-personality having been born into an indigenous family. On the personality level, you are living the experience of an Australian Aboriginal.

I am royalty from a European family! Jolly good! Again, on the soul-level you are not! You are a personality with a given name that is having a particular experience.

I am a saint! Struth, here we go! People flock to Gurus from around the world whereas the truth is that all gurus, saints and spiritual leaders are so deeply embedded in their minds that they do not know that they have gone further and further away from their Heavenly Mother and Father taking their followers down a path of misconception and false beliefs.

Ask a ‘canonised saint’ now in the Celestial Heavens what they think of having ‘sainthood’ title bestowed upon them. Both Mother Mary and Sister Mary MacKillop have written about the impost. Mary MacKillop, Australian, was at first flattered but then the barrage of requests from those in the physical came flooding in and the absurdity became self apparent. The mother of Jesus of Nazareth was a normal mother having conceived him in the normal manner, was never aware of his specialness until at least the time of his public ministry. Mother Mary had to heal herself in the same way as we all will. She could do nothing about all the petitions that flooded her for 2,000 years. Now she has progressed beyond the Celestial Heavens and out through our local universe of Nebadon she cannot hear these petitions, let alone do anything about them. The ladies and gentlemen with their rosary beads can now put them away – forever!



Typist John can claim royalty – well almost! His family line includes members of the Ned Kelly bushranger gang of Australia. Ned Kelly and his gang were as close as Australia ever got or likely to have ‘royalty’.

Claims to titles, positions of status, even claims to heritage that represent deprivation, are all endeavours to control others. Woe is me! You are a personality having a particular life experience. You are not the experience, and when you move into the spirit worlds, you will have nothing to do with the ongoing events on Earth should you embrace your Spiritual Healing (which you can also do while living in the physical on Earth).

Pascas Foundation does not embrace titles. Your name is your title. You will find generalised titles, such as ‘administration’, but no individualised titles. Key positions of leadership are not individualised. Reflecting upon soulgroups in the Celestial Heavens where twelve soulmate / soul partner pairs make up a soulgroup, key roles are embraced and filled by groups of people interested and capable of participating in such roles from time to time – not individualised!

Andon and Fonta lived about 993,5000 years ago:

Monday, 20 November 2017

Note from John the Typist: [Amon and Aman \(Andon and Fonta\), our First Parents, did they ever have the Divine Love available to them?](#)

[Further, have Amon and Aman continued to be involved with humanity as they progressed to the next phase of development beyond the Celestial Heavens?](#)

James: And Nanna Beth, what about John's questions about the First Parents – did they have the Divine Love available to them and partake of it, and are they still involved directly with humanity?

Nanna Beth, 3rd Celestial Heaven: **They had the potential to partake of it, this being what was so special about them, they being the first real humans, which means, the first people with the ability to partake of the Divine Love should it be made readily available.** And from then, all humans had this same potential (except that potential was closed down in everyone at the time of the Rebellion). It's what separates us from the animal side of life. **So it's even more than just having a soul, it's having the potential to bring that soul into a divine level of self-expression through its two personalities.**

Then what happened **was the Rebellion effectively removed that potential for partaking of the Divine Love.** And I know it goes hand in hand, James, as you were musing over in the car, however it's still a technical point. **The potential of becoming divine is removed upon the outbreak of Rebellion to a material world, thereby requiring that level of the Rebellion to be terminated for the potential to be reinstated. This happening with Mary and Jesus' living their lives on Earth.**

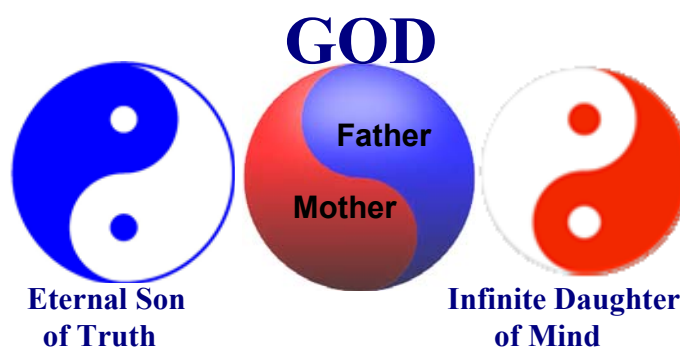
So the Divine Love wasn't available because a Paradise bestowal pair hadn't come to Earth; and even if people had the potential to receive the Divine Love they still would not have been able to until the Pair comes and liberates the Divine Love. So as you were musing, what did it matter whether they had the potential or not when the Divine Love wasn't available anyway, however it matters a lot as I said on the technical level.

And what this really means is once Rebellion occurs then everything goes haywire, then that humanity steps off the path of Natural love perfection and moves toward oblivion, which you are all living the results of. Whereas, had no Rebellion happened, and so people living with the potential of partaking of the Divine Love, even though it wasn't readily available, they would have evolved their lives very differently compared to how Earth humanity has evolved, all maintaining their Natural love perfection and in preparation for the day when the Paradise Pair would come and bestow the Divine Love to their world.

So by not having the potential causes great problems in and of itself, because you no longer have those Natural love circuits open to you, you live a greatly distorted Natural love, one reflecting the fact that such potential has been withdrawn and like it doesn't exist. So you have no true Natural love desire and connection with God, nothing that would lead you to wanting to be with God and be as perfect as God is, which means to be with God on Paradise, because there is no such potential there to have such desire. So you all have a false desire to be at-one with God, it's not a true feeling desire, it's a mind one, and it's actually to be at-one with the Mind of God, which you can't be at-one with. And then on top of it all now, you've got more distortion because of the potential for the Divine Love being restored along with it being made available to you (as it didn't have to be made available back then, Jesus and Mary could have

decided to withhold it until the Avonals came and revealed the truth about the Healing), with some people longing for it aware that they are, and others not even aware, and so adding to their inner distortion by receiving the Love and yet not doing their Healing. And so what happens to the Love and its effects upon your soul when you are not wanting to Heal yourself and grow in truth through your feelings?

And as far as concerning where The First Parents are now, they have moved on with the old guard, having been released from such duties that being The First Parents required. You can see and even in a sense 'meet' with them when you come into the first Celestial sphere, we have a museum sort of arrangement, it's massive and highly complex and covers every aspect of humanity's history on Earth and in the Mansion Worlds. And you can sort of interact with the exhibits – if I can crudely call them that. You literally walk into say the Atlantean times and explore using your mind for whatever aspect of such times you care to. You can even in a sort of holographic way meet with people from those times, speak with them in a sense, although it's all automated, it's not the real person who is now a spirit, although the whole experience being so real and amazing makes your mind believe it is the real person or spirit. So we can even talk to Mary and Jesus like this, which a lot of Celestials do when they first arrive, it all helping them to get to know them better and know what they were all about. It's a massive learning centre and contains all the knowledge of humanity's experience, so anything and everything is kept there like 'living' archives.



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

WHAT IS A SOULMATE / SOUL PARTNER?

Well mate, we are each 'half a quid'! Our soul is a duplex. One soul manifests two personalities – not one but two! The soul does not split. It is through cords of light it manifests both a male and a female personality. Your soulmate will ALWAYS be of the opposite sex. So if you are a homosexual or have homosexual inclinations you will still find that your soulmate / soul partner is of the opposite sex.

The Soul of God is both a male personality and a female personality. You can talk to your Heavenly Mother as well as your Heavenly Father. Our soul is made in the likeness of our Heavenly Parents.

Until you heal yourself through the process of Feeling Healing you will not be able to recognise your soulmate / soul partner. Even if you meet here in the physical, until you heal yourself you would most likely fight each other like cats and dogs! It goes something like this. While we of the Rebellion and Default we are living through our minds – we are rejecting our soul. It is our soul's truth that we are to embrace, express and live by. While we are rejecting and rebelling against our soul then we will be rejecting and rebelling against our soulmate, the other personality manifested by our soul.

So do you want to have a physical war with your soulmate / soul partner before you heal and meet up to live throughout all of eternity? Emperor Nero fed his soulmate / soul partner to the lions in the Colosseum in Rome! That is taking it to an extreme.

Due to miscarriages and abortions, about 40% of all incarnations do not make it to child birth. So if you are alive then your soulmate / soul partner may not be having a physical life. Your soulmate could be a lot older or younger than you. Your soulmate could be living anywhere on Earth. Kevin from central New South Wales, an agricultural area of Australia, upon progressing through his healing and just before transitioning into the first of the Celestial Heavens met his soulmate, Kathaleen, a black lady from Tennessee. Kevin is white. Yes, he thought God was playing jokes on him. Your soulmate could be anywhere but who ever it is, it will be of the opposite sex. We are not meant to connect up until we are healed!

It gets better. Once you are healed and enter the first Celestial Heaven, then you, with you soul partner, form into soulgroups. A soulgroup is twelve soulmate / soul partner pairs. President John F Kennedy has a soulmate pair from the Amazon jungle in his soulgroup. The Amazonians did not know of United States of America, let alone of its president. The contrast of Kennedy's and the Amazonians' education could not be more extreme! It is the Amazonians' way of education that shines brightest. The Amazonian way of life is far closer to living Feelings First and far more revealing than the mind domination and mental incarceration of the 'advanced' education systems the world could ever achieve.

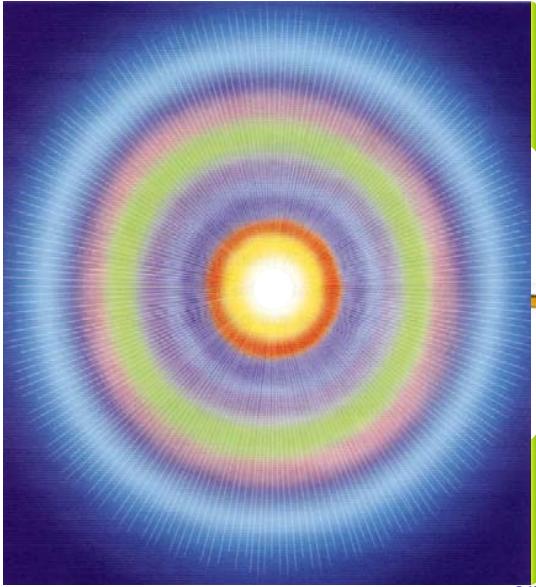
It is only by living through our feelings that harmony can start to emerge throughout humanity. Further, it is our soul based feelings that bring about the innovations and developments that humanity truly needs. And healing of our Rebellion and Default is the only pathway for evolutionary growth of humanity.

"The True Liberation of Women is Through the Truth of Their Feelings."

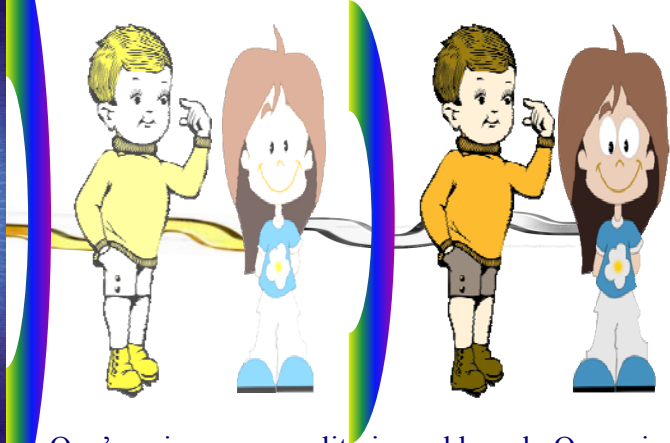
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and female personality - it is a duplex!**

**Feeling
Healing with
Divine Love is
the key!**

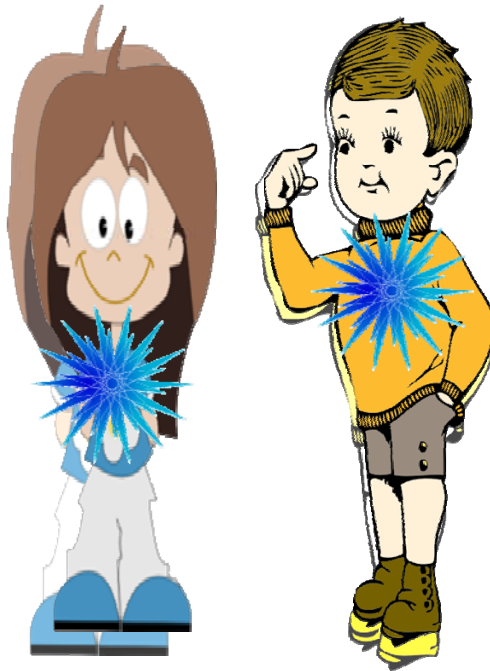


SOUL:

The Real You is your soul, you are one 'half' of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

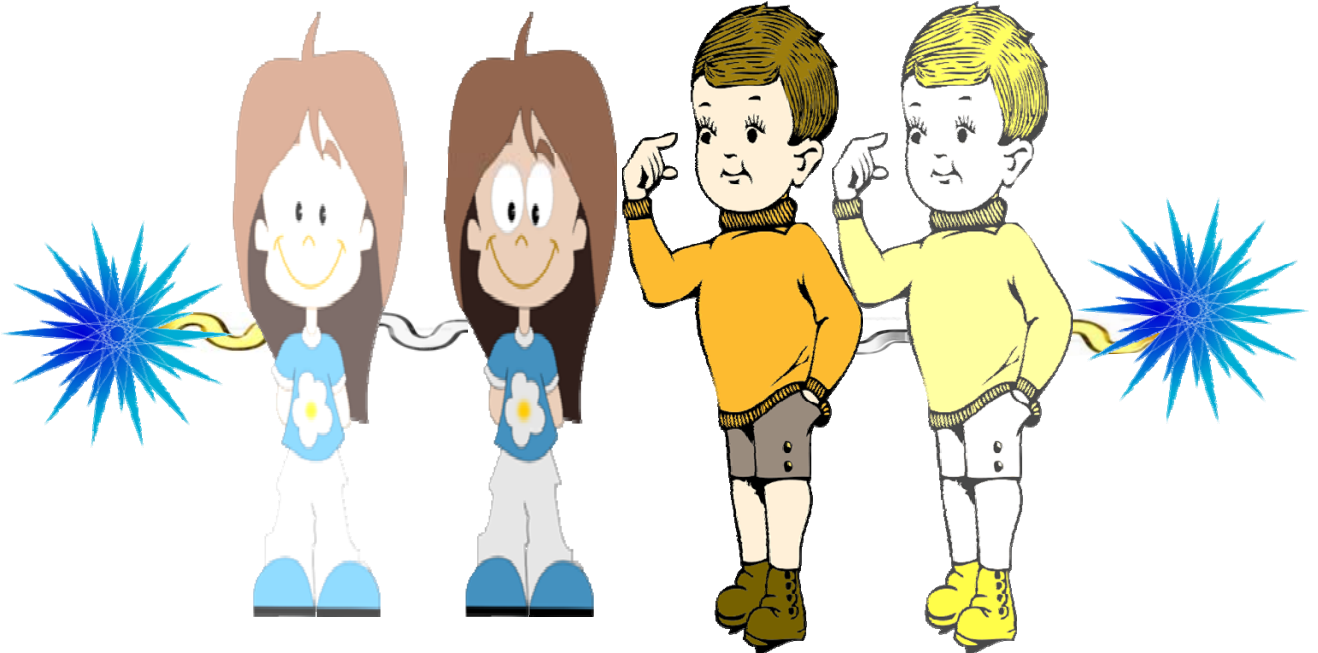
95%+ of humanity currently are within the 1st sphere of development.

PERSONALITY

Soul Spirit Body Physical Body

PERSONALITY

Physical Body Spirit Body Soul



Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1st Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2nd Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if they were on physical Earth.

Physical incarnation (individualisation) is complete with the first heart beat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages occur annually. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

Soul Partners

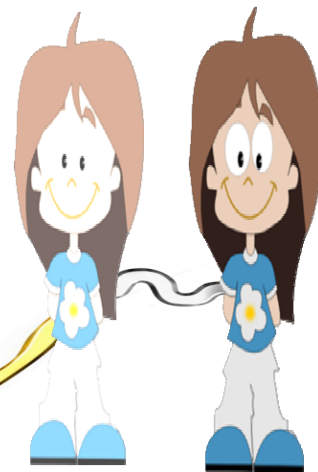
Physical / material body
Brain

Spirit / etheric body
Mind

Soul + Spirit Combination
Senses
Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
The Real You is your Soul!
Our Soul orchestrates everything!

ONE SOUL = TWO PERSONALITIES

The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.

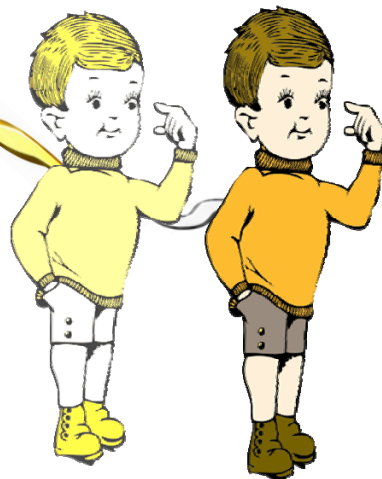


Spirit Body

Physical Body

One Soul = Two Personalities

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.

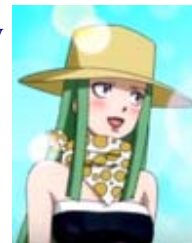


WE ARE NEVER MEANT TO BE ALONE! SOULMATES become SOUL-GROUPS!

Our soul individualises into two personalities, as a male and female, always. The two soul halves are soulmates. When the two personalities complete their Feeling Healing of their childhood suppression and injuries, then the two personalities will find each other, either whilst in the physical or in the Celestial Heaven spirit worlds.



The personality that each soul half is blessed with by our Heavenly Parents is the personality that we are to express throughout our journey for eternity. It is the suppression of the free expression imposed upon us by our parents that requires for each of us to under go our Feeling Healing. Whilst we are suppressing our true selves we do not connect with our soulmate.



Soulmates form into soul-groups. Once in the Celestial soul condition, soul-groups form consisting always of twelve (12) soul pairs. A soul-group consists of twelve sets of soulmates, twenty four (24) individuals. When we progress beyond the Celestial Heavens, towards Paradise, the home of our Heavenly Parents, we do so as a soul-group of 24 personalities. We can achieve Celestial soul condition here on Earth and also form our soul-group here on Earth.



Now add to this scenario, soul-mates and soul-groups. All those who were Celestial would have met their soulmate and it would be the priority for them as soul-mates to be perfectly living true before they considered having children. And then these soul-pairs would link up with other soul-pairs and form soul-groups. It would be just a natural part of one's inner feelings and events in one's life that would lead one to do this. Then the whole soul-group would become a functioning *family* unit. Each of the couples would have their children, but the whole group would function in helping to share in the upbringing of all children. And this would then enable the children to be intimately involved with other people who would offer them the things that their parents could not.

Humanity is not meant to live and raise children just two parents struggling along trying to cope best they can. We are designed to be in small groups so that we can compound the love and support for and of each other.

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

- rational
- analysis
- reductionist
- linear

Values = Mechanistic

- expansion
- competition
- quantity
- domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow with Feelings First

Divine Love is Soul's love.

One can swap back and forwards between paths

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

- intuitive
- synthesis
- integrative
- non-linear

Values = Holistic

- conservation
- co-operation
- quality
- partnership

Child like

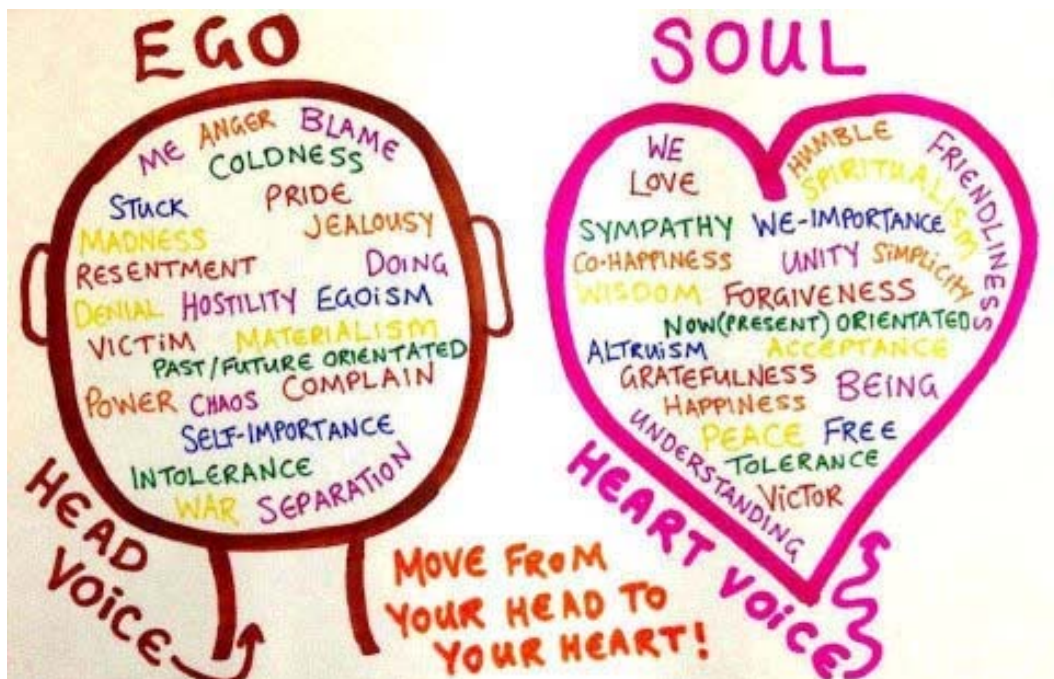
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement



WHERE ARE WE?

We are on the outer reaches of the system called Satania. A system has around 1,000 inhabitable worlds and within Satania there are 619 inhabitable worlds of which Earth is number 606.

If you are living in a city with a lot of background light then a clear night sky will show you less than 1,000 stars. Each star hosts between 0 and 3 inhabitable worlds. An inhabitable world needs to be in the zone that is not too hot (water boils and turns into steam) and not too cold (water is ice permanently). On average each star has one viable inhabitable world. If you are living in a small town then more than 1,000 stars would appear at night. As we are on the outskirts we can generally see our neighbouring humanities throughout Satania.

100 systems form a constellation, then 100 constellations form a local universe. Our local universe of 10,000,000 inhabitable worlds is called Nebadon of which 3,840,101 are inhabited. The co-regents of Nebadon are the soulmate / soul partner pair that we know as Jesus of Nazareth and Mary of Magdalene.

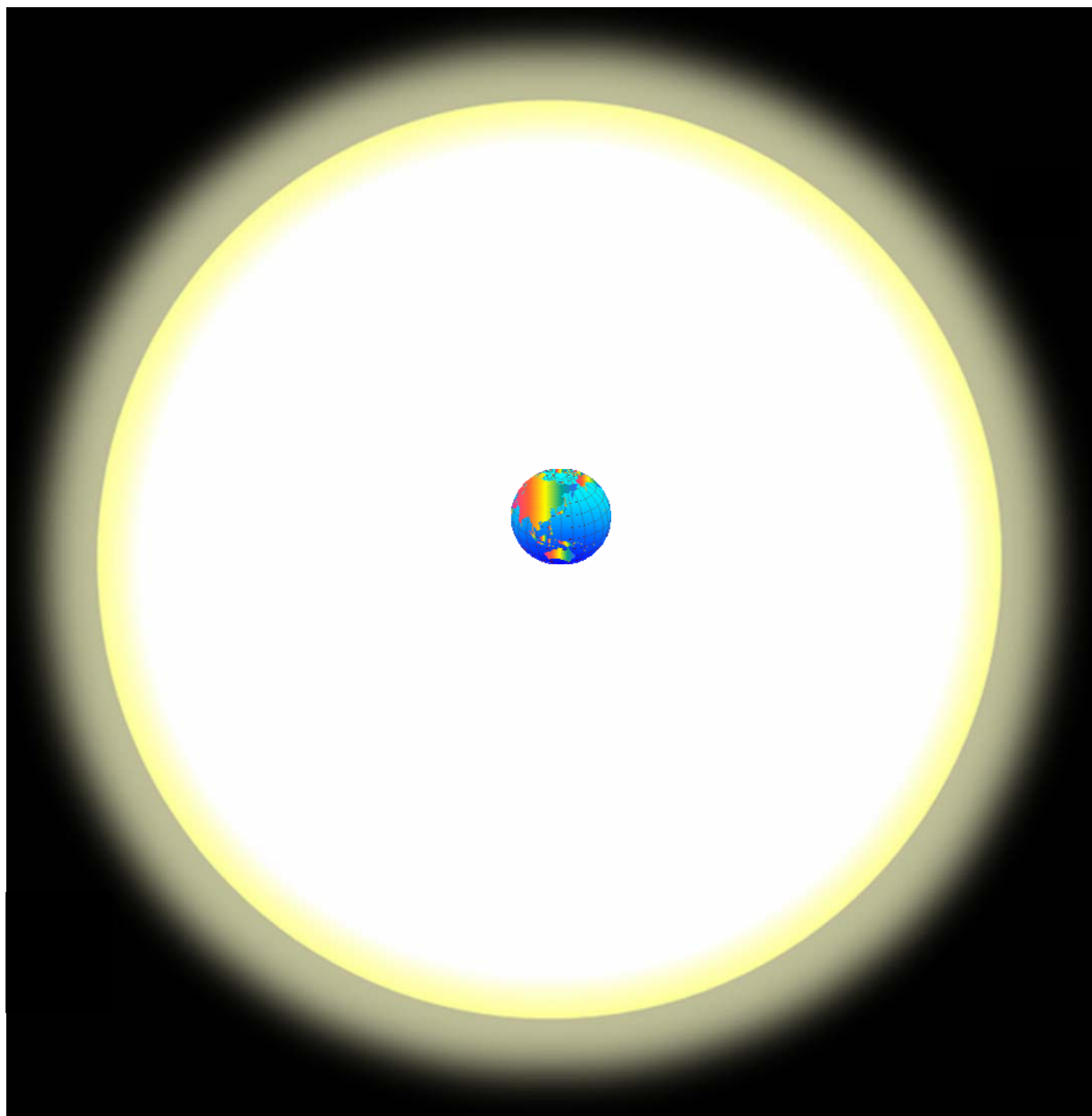
So why did Mary M and Jesus have their physical life on Earth? They had to have a physical incarnation to complete their ascension to full regency of Nebadon and the humanity of Earth stands out for all of the wrong reasons. Naïve humanity of Earth was seduced to join into the Rebellion promoted by the Lanonandek spirit soulmate pairs called Lucifer and Satan – that was 200,000 years ago. Some 37 humanities capitulated to Lucifer's charm. More than 38,000 years ago the Adamite pair came to Earth, Adam and Eve, and failed in their mission. So humanity on Earth is subjected to both the Rebellion and Default. We stand out. No other humanity throughout all of the local universes and the seven super universes has achieved this degradation of soul condition.

Throughout the full term of the Rebellion and Default, for all of the 200,000 years, all rebellious humanities have been in isolation from each other and from all the non-rebelling worlds. Humanity on Earth has not had visitors from any other humanity. Further, technology will never be available on Earth to enable humanity of Earth to go off world and visit any other inhabited world UNTIL we have fully healed ourselves from the Rebellion and Default and that will take more than 1,000 years to achieve – should humanity of Earth embrace its Feeling Healing.



The FIRST NATURAL LOVE SPHERE – 1st SPIRIT MANSION WORLD:

- a. **Possibly blankets Earth – though of a different dimension.**
- b. **The first natural love sphere is massive. A large proportion of all the souls that have been individualised remain within the 1st natural love Mansion World with more than sufficient capabilities for them to be accommodated.**



FIRST NATURAL LOVE SPHERE: Richard Messages – Messages from the Celestial Heavens
FIRST SPIRIT MANSION WORLD: 12 November 2013

You have been discussing the information that you have regarding the 1st sphere (first Mansion World). The important aspect of this for you to know is the proximity of this sphere in its relationship with the Earth. You have been told that all souls enter the 1st sphere on passing into the Spirit World and this is so. When you consider the information that you have you must realise that this is inevitable as **this sphere essentially blankets the Earth**. There is a large part of the 1st sphere which is an antechamber or entrance hall for the Spirit World. All spirits and souls are received here and are greeted and it is here that they are allowed to recover. Recover is not the best term but serves the purpose. There is great variation in the condition of the spirits as they arrive here as there is such great variation in individual awareness and ignorance. The initial impressions that newcomers have depends greatly on their beliefs and expectations. There is a very sophisticated system for the management of those when they arrive. There are very many who are involved in this task and many of these are what you would call specialists in arrival management and are well able to cope with the many and varied demands on them and their services. There is what could be considered to be an assessment process which is not a judgment by the 'arrival officials' but where the immediate needs of the individual are assessed and met. Many need a period of rest and recuperation if they have been very distressed by the conditions of their life prior to their passing. Their subsequent destination is then determined automatically by the action of the Law of Attraction.

When you consider what you have been told of the dimensions of this sphere you find this quite difficult to conceive. There are many inhabitants and they are all well accommodated in conditions harmonious with their soul condition. Within the context of the overall sphere are many, many divisions all of which have their own boundaries which contain the particular area in which the ones drawn there live. These boundaries are invisible even to the spirit vision of the inhabitants. The only ones who can perceive them are those who have progressed further and have the level of awareness that allows this perception. No spirits can pass these boundaries until they have advanced so that their soul condition is no longer in harmony with the environment at which point they automatically move to the next level for them. In the lower levels of the 1st sphere there is often little awareness of why and how this movement has occurred. As a spirit progresses through the spheres awareness grows so that a spirit is aware of what is needed of them in order to progress and to move along to the next stage.

What I have said above is the merest sketch of the changes that occur as the whole issue is quite complex. The essential knowledge for you is that this process is guided by love at every stage. Those undertaking tasks are volunteers who do what they do by choice and out of their love of their fellow man. They are mostly spirits who have progressed far enough to have the awareness to deal with what is asked of them. They are in situations which are harmonious for them and are in the process of growth and development. There are others who are in supervisory and guiding roles so that there is a massive co-operative system to deal with whatever needs to be done.

You currently have thoughts of those who have passed recently in the dramatic storm in the Philippines and wonder how such large numbers of spirits are dealt with when so many pass in a short time. (On Friday, 8 November 2013, Super Typhoon Haiyan killed between 6,000 and 10,000 people and affected around 10% of the population of the Philippines.) There is no doubt that the demand is very great by virtue of the numbers but this is compounded by the shock and surprise that most of these feel who have

died so dramatically. You must reflect though and realise that you have little concept of the magnitude of the spheres and the population that is here. We don't have a labour shortage. If anything we have a surfeit of volunteers because all who progress develop a desire to perform useful tasks in order to manifest love for their fellow men. What overwhelms earthly resources is quite manageable here. You even see on Earth the way in which a situation caused the mobilisation of resources as others rush to help so that even such a massive event is dealt with in time.

The accommodation of spirits and their movement is guided by spirit laws that have functioned without fail since their inception and continue to do so now. There are not the requirements for food, shelter and clothing in such a material sense as exists on Earth. All such needs that do exist here are met with by unlimited spirit resources. If the whole population of the Earth were to pass simultaneously this would be managed here in an orderly and loving way. This is hard to imagine but it is possible and could happen. It is impossible for you to extrapolate from earthly systems to those that function here. The difference is huge.

It is not easy to attempt to describe the interrelationship between the spheres. Whereas there are clear boundaries which can only be passed by those who have progressed to the degree that allows them to do so, these boundaries are not absolute in a physical sense. The divisions are not in the same way that the rooms of a house are divided by rigid walls. When one comes to the point of making a transition from one sphere or sub-sphere to the next there develops a transitional zone that accommodates the needs of that individual and in which she/he is guided by an escort who introduces the new environment. Whereas you might desire to have a map or diagram of the spheres and their interconnections and passages this is not possible because of their flexibility. We don't need such a map or diagram so we don't have one. When we speak of the spheres we will always speak in somewhat general terms. Please do always accept that your conceptions of what we tell bear only the very slightest semblance if any at all to the reality of what we speak. None of the Spirit World is really what you imagine it to be. This matters not one iota. Imagine what you will. What you find when you arrive is what you will find and you won't need a map or a diagram either. All you need to know you will know when you need to know it.

What I have been saying to you about living on Earth applies equally well here too. Each one here is placed by their own soul condition in a situation which is harmonious to them and beyond which they will not see nor will they have a concept of what lies beyond until the time arrives for them to make that transition. There is absolutely no point at all in anyone yearning for what lies beyond when their whole attention needs to be applied exactly where they are at any moment.

Having said that, there is great benefit in having been educated in some of the reality of the Spirit World as that facilitates the learning that one undertakes here. What you find is not what you necessarily expect but if you are ignorant of the basics the process is much more difficult. This is not unlike undertaking a new task on Earth. You may have some prior preparation but you will most likely learn most of what you need on the job and there may be many surprises for you in the process.

On Earth you may at times have the impression that you can eliminate some steps in your progress without suffering loss. This may be more apparent than real as all true progress and benefit is earned in that you can only, in truth, step as far as you may. Being able to spout the information does not mean that you have passed the grade. This is a great surprise to many when they are faced with the reality. You see, in the Spirit World one can only progress to the next level when it is possible and the truth is that the same

applies on Earth but is much less obvious. There is such a level of artificiality and illusion which can be manipulated that many can believe that they have gained more than they have. I am not speaking of material wealth, possessions or the adulation of others as all of these count for nothing at all in the overall reality of living. Whereas such achievements are not exclusive of spiritual growth and progress, they give not the slightest indication of such having occurred. Spirit truth and soul condition remain invisible and essentially non-existent mysteries to most on Earth but they are the sole evidence of any spirit's truth here.

As we progress others may speak with you about matters of the structure of our areas of existence if this is appropriate. My preference is to continue to relate what I offer to very practical earthly living in order to 'lift the veil' between our worlds. I see little point in providing you with reports from which you create diaphanous visions that are unreal to complement what is already for most an unreal world in which they live. My desire is to bring forth the reality that exists in the world in order to make tangible the link that does already exist between us and which is so much ignored as to be unimaginable. You are real and we are real and our worlds are real and are connected and we must focus on what is potentially fully tangible for you that you might touch it in your present time without trying to live in a fantasised future.

I have no desire to limit or restrict imagination as it is an essential and indispensable quality. There is a vast amount of your world that is subject to the creative forces of your imagination. There is nothing in our world that is subject to your imaginative forces. My desire is to foster the development of what you can use in a most practical sense every day in your lives in ways that will bring us closer together. Holding unreal visions of us and where and how we live will tend to put a barrier between us that need not exist. It is better that you discover us steadily as you progress so that we are actually real to you and you are not trying to fit us into the mould of your imagination. We are as we are and content to be so and content for you to discover us and our worlds as they are in your good time.

We have written well and productively.

We love you. I love you. Our blessings are with you as is our gratitude.

Richard, your Celestial brother and dear friend.



**Feeling
Healing with
Divine Love is
the key!**



In this series:

Pascas Care Letters Live True to How You Truly Are

Pascas Care Letters My Customs Heritage and Nationality

Pascas Care Letters What are You

The New Way: Learning how to live true to ourselves by living true to our feelings.

NANNA BETH chats to James Moncrief regarding the Universe and Spheres:

2 May 2017

James: Beth, John was wanting to know where you are in the Celestials exactly and how do they relate to the solar system?

Nanna Beth – 3rd Celestial Heaven: As I said, I'm in the third Celestial sphere. Each Celestial sphere is a world or sphere of its own, however although we're all separated, there's such good communication between them all, so it's as if we're just one big sphere. So we can easily speak with those in the second and first or above us in the fourth and so on, as if we're all in the same building on different floors, and with vast screens connecting us. Your Internet and how it's evolving is only a mild outworking of how it is for us, it's crudely based on how we work together between and within spheres, but will make such things more readily acceptable to you when you come over.

As far as where we relate to in the solar system, it's not like that, because the solar system is merely physical, whereas we're on inner realms. If you take all that you know of physical space with all its countless stars, and point that inwards, into deeper dimensions, then Paradise would be at the middle of Creation. Creation comes out from Paradise on many different levels or dimensions, with the physical universes only being one such level or plane of reality. So our level or plane of reality stretches inwards ever deeper and higher in vibration of light toward Salvington, and then on deeper and higher and inner still, toward Paradise.

If you like John, imagine that the physical universe is set out for all the earths to exist in. Then each of these earths has associated with it, Mansion Worlds, unseen about them, and then they all feed or lead into the higher inner Celestials spheres and so on. So for us, we've got 1,000 earths feeding into our Celestial spheres, however not all the earths are up and running with mortal life yet, and some are very much advanced so as with relatively few mortal spirits coming from them. And all those mortal spirits pour into our first Celestial sphere which is then divided into masses of different sectors, all designed to cope with the inflow, as we're all coming from very different planets. And slowly our integration begins as we start to have more to do with each other, but really it's not until we've gone on through Nebadon, so I understand, that full intermingling starts to occur. So one's soulgroup will possibly end up working with other soulgroups originating from other physical worlds, with there being groups of soulgroups, the further we head toward Paradise. Because the closer to Paradise then the less we need to be from Urantia or wherever it was we came from, as the more we're becoming citizens of Orvonton or Havona and eventually, Paradise.

But for now, we're still highly focused on Earth, because we need to help what's unfolding there concerning the end of the Rebellion and Default, and that's all that matters now; and as to the Rebellion and Default continuing on their merry way, that is all a done deal you might say, we know what will happen, we can extrapolate that easily enough, so all we're focused on is the New Way, that of introducing the Healing and then working with those people involved in that or who are doing it, that being what none of us know much about as to how it will go, as it is all NEW. We only have our own healing to go on, which isn't that much, as we did it in spirit, so we're all learning as much as you are, and having to work within our limited knowledge. So we're pioneers of the highest degree. You can only do so much preparation. There were a handful of years prior notice to the arrival of you (James) and Marion, but that was mostly for the old guard, those who've been overseeing things throughout Mary's and Jesus' age, and all so they'd know that their time was coming to an end, rather than, now you have to start

preparing for a whole massive change. And so the preparing and carrying out that change, has been left up to the likes of myself and Helen and everyone who's involved.

James: I'm just looking at some of my notes I jotted down, and what I wanted to ask you Beth, so Jerusem can't be related to in the physical universe?

Nanna Beth: No. A lot of people try to and so make the mistake of doing so. Jerusem, the capital and centre of the first Celestial sphere (Celestial Heaven), is deep in spirit, the best you could say is: all this section of the physical universe and all the 'earths' within it, and you could define that on a star map, all look to Jerusem as the capital of their first Celestial sphere, but it's in spirit, it's not on the physical level. You leave the physical universe when you die and move into the first Mansion World. Then you are moving into the 'inner' spirit universes.

Feelings first



JAMES PADGETT MONCRIEF **REVELATIONS** 1 Commenced 1914
2 Completed 2014

REVELATION 1 Divine Love addresses the issues of the Rebellion.

REVELATION 2 Feeling Healing addresses the issues of the Default.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

The Rebellion was brought about by Lucifer and his soulmate 200,000 years ago.
The Default was brought about by Adam and Eve, soulmates, 38,000 years ago.

The New Way: Learning how to live true to ourselves by living true to our feelings.

There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:



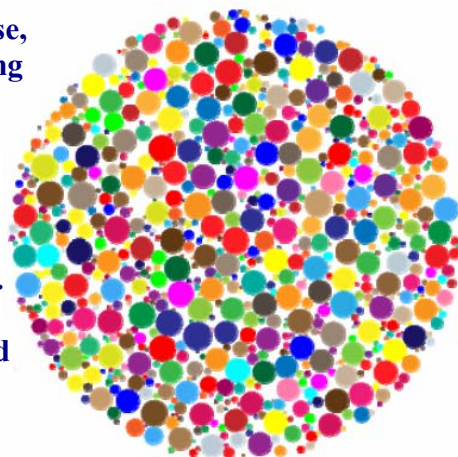
One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.

There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth →

NEBADON, our LOCAL UNIVERSE:

A *Local Universe – Nebadon*. One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

A *Constellation*. One hundred systems (about 100,000 inhabitable planets) make up a constellation.

A *System*. The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.

Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus Jerusem is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.

Salvington, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God*: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

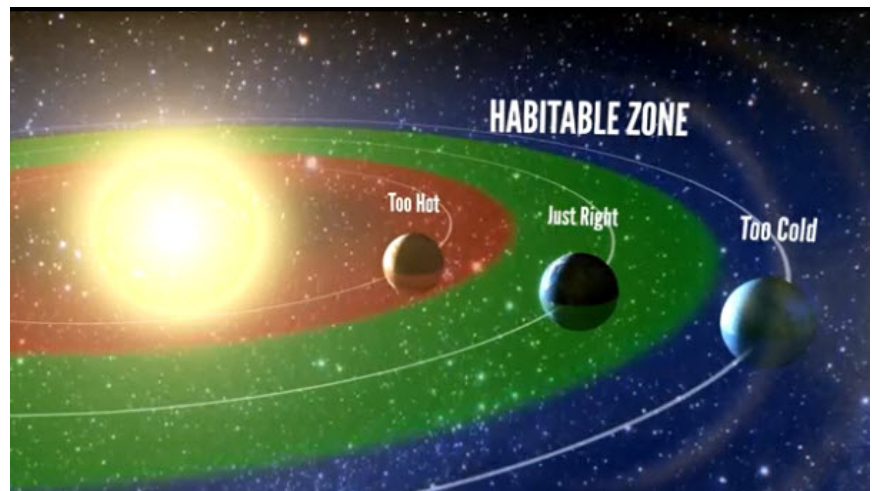
The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the last and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long to so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.



Partly drawn from The Urantia Book (TUB) 7 July 2018

EACH STAR / SUN has a HABITABLE ZONE:

Within the habitable zone of every sun / star there is the potentiality for ensouled life. The observations are that at least one in three stars have at least one planet with life formed in the manner similar to that which Earth enjoys. Some stars / suns have as many as three planets with ensouled life and that ensouled life is typically similar to that of the human beings on the planet Earth.



Earth is particularly unique. Our first parents, having arrived about 1,000,000 years ago, had the potential to partake of our Heavenly Parents' Divine Love, this being what was so special about them, they being the first real humans, which means, the first people with the ability to partake of the Divine Love should it be made readily available. And from then, all humans had this same potential (except that potential was closed down in everyone at the time of the Rebellion). It's what separates us from the animal side of life. So it's even more than just having a soul, it's having the potential to bring that soul into a divine level of self-expression through its two personalities.

Due to the Rebellion of 200,000 years ago, the Divine Love availability was with drawn from the 37 worlds that participated, including Earth. Earth is now also unique for having 'socialised war'. War is not a part of any other planet's culture where the first parents continued to embrace our Mother and Father and Their Love. Further, we are known as the Land of the Crucifixion. When we were blessed by the presence of the Regents of Nebadon (Mary and Jesus), we treated Jesus most inappropriately, to say the least, and completely ignored Mary.

Is there interaction between the spirit personalities of other planets and that of Earth? Earth is quarantined from other worlds. There is no interaction between spirit personalities within the Natural Love or the Divine Love Mansion Spirit World Spheres referred to as numbers 1 to 7. Jerusalem is the main sphere / world for the Celestial Heavens, referred to as spheres numbered 8 to 10, here spirits from 1,000 worlds come together, though they generally stay with their peoples of origin.

The universes are teaming with life.

As we proceed in the development of Love we will eventually leave our Earth environment, beyond the Celestial Heavens, relinquishing all connections with Earth, and progress towards the domain of our Mother and Father in Paradise.

Mary and Jesus are the Masters and Regents of all of Nebadon, encompassing some 3.8 million inhabited physical worlds and all of the associated spirit worlds.

SATANIA SYSTEM within the LOCAL UNIVERSE of NEBADON:

The number of **stars** that **you can see** on a clear (moonless) **night** in a dark area (far away from city lights) is about 2,000. Basically, the darker the sky, the more **stars you can see**. Moonlight brightens the **night** sky and reduces the number of **stars you can see**.

A full Moon brightens the sky more than a crescent Moon or half Moon. Artificial lights also reduce the number of stars you can see. In a large city, which has a lot of bright lights at night, you may only be able to see the brightest dozen stars. As the night sky gets brighter, the faintest stars disappear from view first.

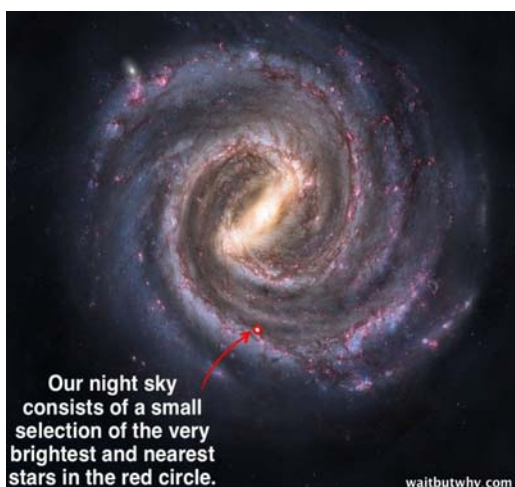
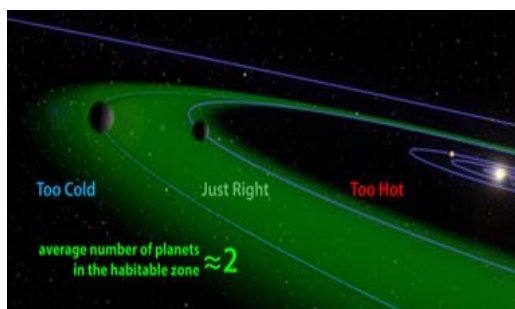
So what are you seeing when you count off 1,000 of the brightest stars in your sight?

Each star has between 0 and 3 inhabitable planets within the habitable zone – water does not boil nor does it freeze all the time. On average a star has one inhabited planet. Within in our System of Satania there are 619 inhabited planets out of 1,000 inhabitable planets and we are number 606 – a young planet on the outer edge of the System. You are looking at our System and our neighbours. Physically they are much like us but some maybe taller, shorter, skinnier or fatter.

Presently, because we Rebelled some 200,000 years ago and then Defaulted more than 38,000 years ago, we are quarantined. We are not allowed visitors until we have healed our Rebellion. We have never had alien visitation though they have sent investigative drones.

100 Systems make up a Constellation and 100 Constellations make up our Local Universe of Nebadon of which 3,840,101 planets are inhabited out of 10,000,000 inhabitable planets. The Co-Regents are Mary Magdalene and Jesus. They came physically to Earth and subsequently introduced the availability of Divine Love throughout Nebadon and had the soulmate pairs of Lucifer and Satan imprisoned due to being the leaders of the Rebellion and bringing about the Default.

They also set about the arrival of the Avonal Pair on Earth to introduce the Healing and the new Spiritual Age – Feeling Healing, the New Way.



HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalities bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals

Trinity Teacher daughter and sons – Daynals – and others.

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon.

A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all ‘insane’!

Earth has had five higher spirit physical bestowals:

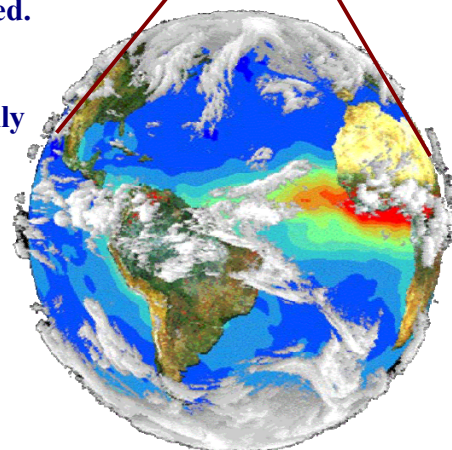
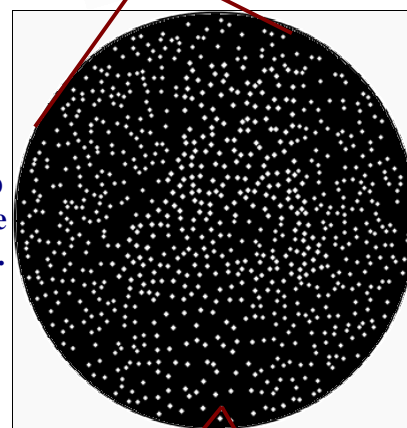
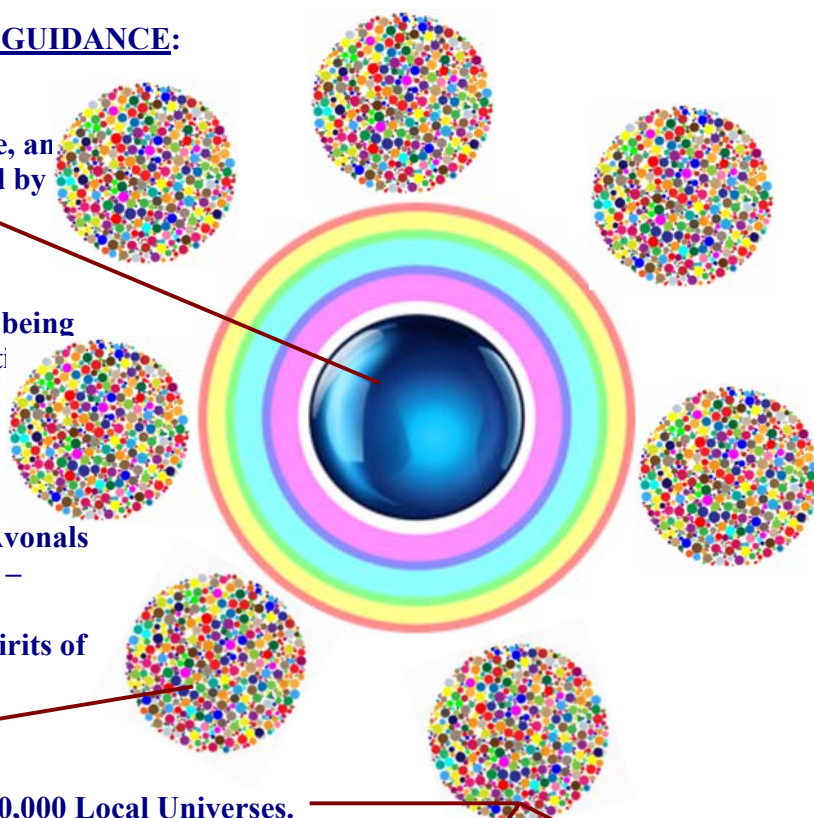
Daligastia soulmate pair being Lanonandeks

Adam and Eve soulmate pair Material son and daughter

Machiventa Melchizedek soulmate pair

Creator daughter and son – Jesus and Mary Magdalene

Avonal daughter and son who are yet to commence their public ministry.



WHERE HAVE WE BEEN MISLED?

Some 200,000 years ago, high level spirits of the Lanonandek class, Lucifer through his deputies being Satan, Caligastia and Daligastia, seduced Earth's humanity to embrace their minds and believe through their minds that they could become mini-gods – all powerful. Thus humanity considered that they would be more powerful than God.

All of nature is mind dominant. Humanity is part of nature but is the only species with a soul and free will. Our truth is all within us should we allow our feelings to be our guidance. We are truth seekers and it is through our soul based feelings that all truth is revealed to us. However we have entombed ourselves into the steel carcass of our mind. We observe scientist worldwide struggling to achieve break throughs, at best, once or twice throughout their careers, whereas you see innovations unfold regularly, if not weekly for those without academic indoctrination and without effort through following their feelings. Academics just cannot comprehend this possibility and truth.

In short, living through your mind is stressful, tiring and just awful. A day of just winging along on your feelings is productive, joyful and invigorating, non-exhausting, even if you cannot comprehend how and what happens around you.

No, we are not meant to live the way that animals, birds, fish, insects and bacteria are to live – through their minds. But mind you, they also have a pathway to Paradise but it is in support of us!

As Lucifer and his deputies understood that women are closer to their feelings than men then they introduced the concept that women had to be submissive to men:

Women Repression

Why women have been so repressed?

James

Monday, 9 December 2019

Note for Pascas Care Letters One Soul Two Personalities:

It was the rebellious Higher Spirits that urged and supported the suppression of women and the male dominance through religions and tribal spirituality so as to keep women away from their true feelings, denying them the truth from such feelings which would never tolerate nor have allowed the men to override them. If you denote the mind as 'male' and feelings as 'female' then to coerce humanity to worship and live from its mind, whilst at the same time using the mind to suppress and banish one's true feelings, then you can see men's domination of women. Men (if we liken them to the mind) are scared of women (likening them to feelings), so men use their minds to block out their feelings and won't tolerate women living too close to their feelings.



So what more perfect way than to maintain such male domination than to create mind-made religions that will ensure women and feelings are never heard, can never have their say enough to uncover the truth of such meaningless and misguided untrue systems of belief. If women in such religions were encouraged to follow their feelings and look for the truth they will give rise to, they will soon demolish such institutions or simply leave them, leaving the mind-controlling men to it. So you can't put a woman in control, and especially one who is more feelings led, because as one's feelings are generally 'all over the place' and 'irrational', she'll ruin it all; which means, she'll stop the men having their little power games with each other. And unless a woman learns to 'become a man', being able to compete with men at their own mind-games, suppressing her feelings even more and becoming an even better proponent of mind control, as she can often over her family, she will never stand a chance of gaining equality. However this mind-equality is still buying into the tenets of the Rebellion and Default and is not true women's liberation and equality, that only coming when women give up their mind and devote themselves to accepting, expressing and seeking the truth from ALL their feelings (especially their bad ones). That being the only way humanity will end its rebellion.



REBELLION and DEFAULT formally ended 31 January 2018:

All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.

**WE'VE BEEN SCREWED BY
LUCIFER REBELLION**

Spirit mind Mansion Worlds 1, 2, 4 and 6:

These rebellious spirits interfered with spirits from Earth living in the Mansion Worlds.
They caused humanity to turn away from God.
They stopped us looking to our own feelings for the truth God wants us to live.
They inducted us into their Rebellion and Default.

Those spirits within world 6, being mind spirits, are not of perfect Natural love. They are perfect in their imperfect Natural love. They have taken their denial, mind controlling state as far as they can, believing they are happy, loved, loving and all the rest, all mind-generated beliefs. The ultimate self-delusion. So that's what the gurus and those type people and spirits are striving for. To live the Rebellion and Default as perfectly as they can. And people and mind spirits worship them, trying to emulate them, thinking wrongly that it's the highest spiritual way to be. And wrongly believing they are at-one with God, when they are only at-one with their fantasy, mind-contrived 'God'. They are fully embracing what Lucifer seduced humanity into embracing – all going the wrong way, away from our Heavenly Parents.

Further, they might believe they are soulmates, but they aren't because they are still on their truth-denying mind conditions. And as that is anti-love, so they are anti their true soulmate / soul partner. So they come together believing they are soulmates based on their false love of mind pretence.

Ten ducks in a row, but one always misleading!



it's all about which way you look.

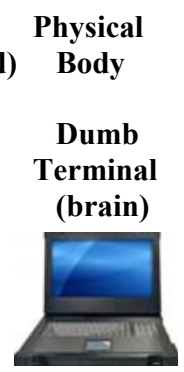
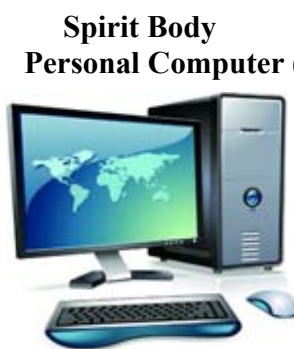
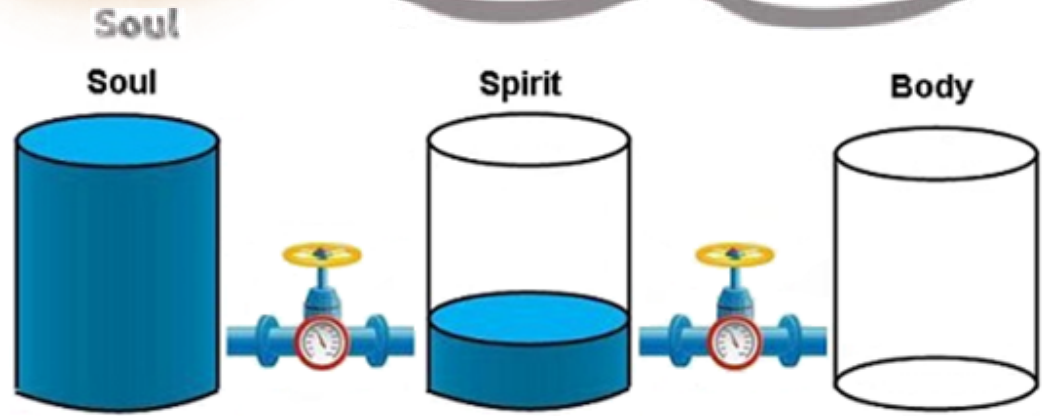
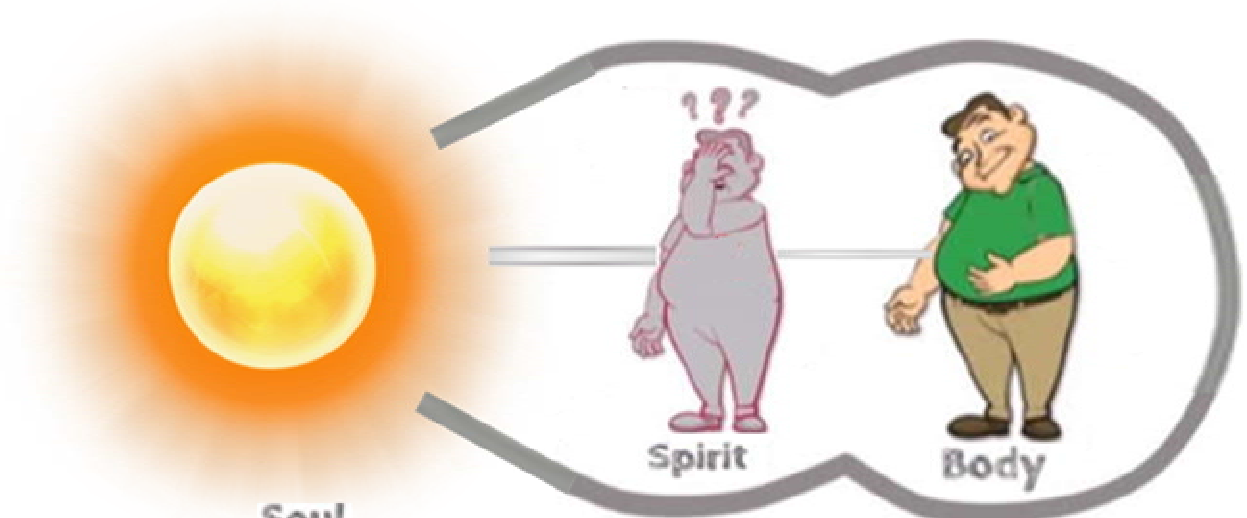


mind controlling way or soul's feelings first!

**Feelings First Spirituality, The New Way
Uncover the Truth of yourself through your Feelings**

OUR MIND constricts OUR FEELINGS!

Thousands of years ago, high level spiritual leaders erroneously guided humanity to embrace their minds as the way to live. Our minds are addicted to untruth, they cannot discern truth from falsehood, and our minds are addicted to control over others and the environment. We are self-contained. It is our soul-based feelings that we are to allow to surface and guide us. Our minds are to then help us implement what our feelings are leading us to do and understand. All truth flows from our soul and it is our minds that are to allow such truths to be accepted and followed, not the way we are now being taught. We are to live Feelings First.





CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate / soul partner, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

Mind Mansion Worlds of Natural Love

Mansion World One: We ALL arrive into Mind Mansion Spirit World One upon the death of our physical body. Just the general confusion of spirits living their wrongness the best they can, trying to not be bad, trying not to hurt others, thereby staying out of the hells and lower Earth planes. The Law of Compensation ‘persuades’ you not to even think about harming another person.

Mansion World Two: Starting to work more with one’s controlling mind, with the focus being on Service, you are to use your mind to be more loving, to help selflessly others, to put others before yourself, to not want for yourself, only wanting the good and betterment of others. And to have loving thoughts, to not think badly of anyone, to keep ‘being good’ in your mind at all times. To think positively, to use your mind to control your feelings so as to make yourself be happy, to bring your full success out, to celebrate your god-given gifts, all for the good and benefit of all.

Mansion World Four: This being where ‘self help’ approaches fit in. It being where you’ve had enough of being of Service, giving yourself to everyone else, and decide that you have to start looking more after yourself. So you look to working more closely on yourself, you still have bad feelings so you set about working to resolve the emotional issues through whatever means you can. And they involve emotional releasing / clearing through some level of feeling-acceptance, as you can’t get rid of them that easily, yet overall you’re working to bury them once and for all, so deal with all your memory processing, deal with your traumas, do all your massive forgiving, which sets you up in a power position because you are the great one forgiving everyone – those people who did wrong by you, so you feel more in control, freeing yourself from your controllers, telling them – you are forgiven, giving them your blessing, feeling you no longer need to be bound into those patterns, and feeling like you’ve found and are bringing out more your True Self, your true self which I reckon is more of the spirit you that’s deeper in your mind control.

Mansion World Six: This is where you put it all together, you’ve achieved mind ‘ascendancy’, the perfection of your negative mind-controlling state, specialising in your area of interest, being in bliss and true love and happiness – all mind derived, all of which is resulting from your mind saying you are at-one with Source, God, Soul, whatever the term, which is just your own controlling mind. Your mind is god, and it’s calling the shots, keeping all your repressed feelings away, without you having to address any personality imperfection resulting from your bad parenting. Because you believe you’ve fixed all of that, you no longer have bad feelings within you, you’ve forgiven the evil ones in your life, you’re now wholly in control making your reality be as you want it to be through your mind.

Part by James – 19 August 2018



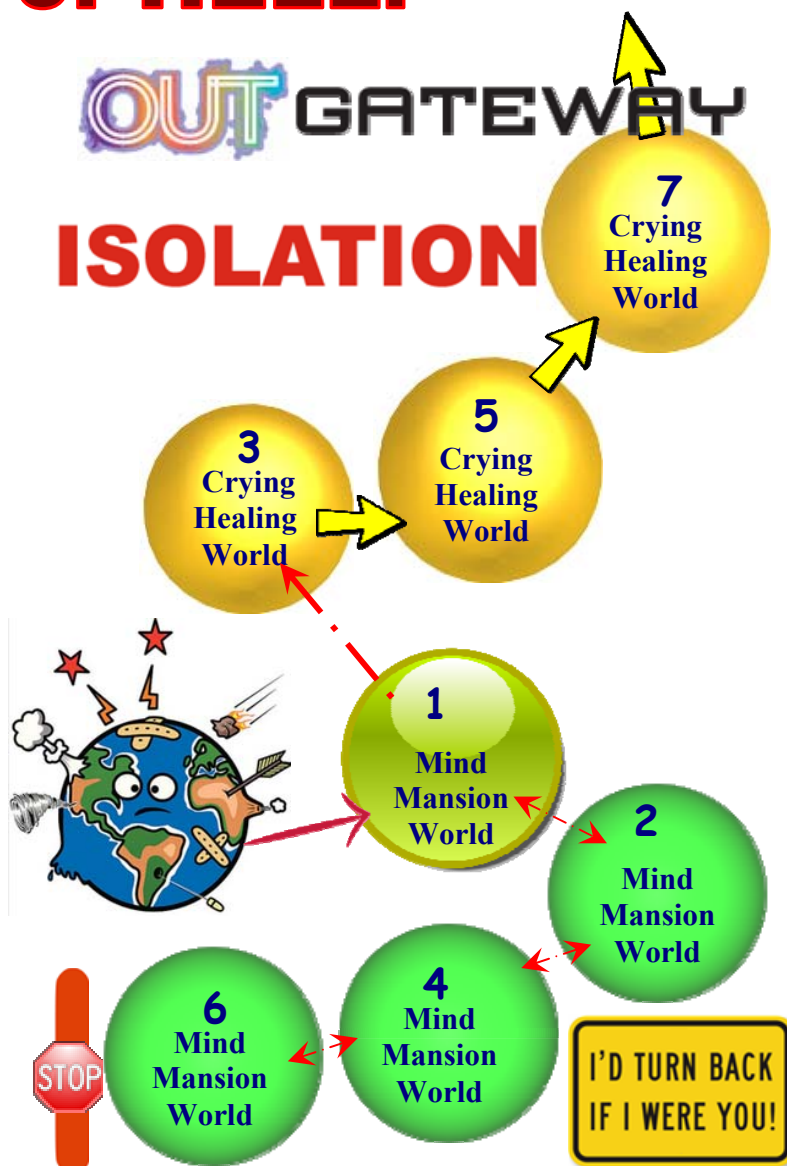
Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1st mind Mansion World is a region for our compensation. We ALL enter the 1st mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so, may find themselves within the 1st and 2nd planes of Earth. The 1st Earth plane being the worst of the hells, while the 2nd is bridging towards a return to the 1st mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6th mind Mansion World. There are more than 200 billion spirits within the 1st and 2nd mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents' Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system called Satania.

Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1st spirit mind Mansion World where we typically suppress our poor state and remain in the mind Mansion Worlds indefinitely. Some have a period in the ‘hells’ compensating for the pain they have caused others. Many continue their ‘mind worshipping’. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

GATEWAY

Transitioning into the Celestial Heavens is also out of: **ISOLATION**

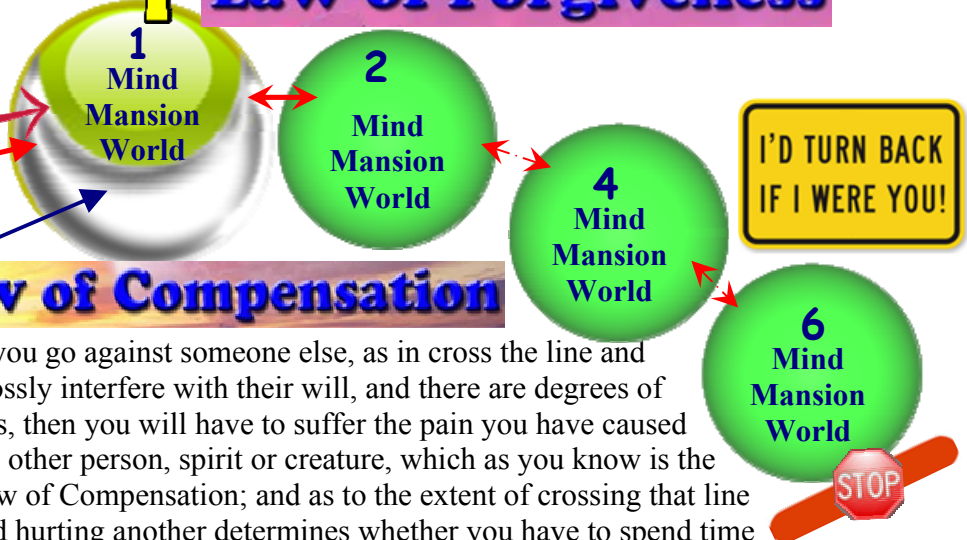
OUT



If you go against yourself, if you’re untrue to yourself, then you are going against God and all God’s laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It’s the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents’ rebellion against the truth of our soul, so all who have children have to come to terms with all they’ve done through their Healing.

Kevin 18 Feb 2019

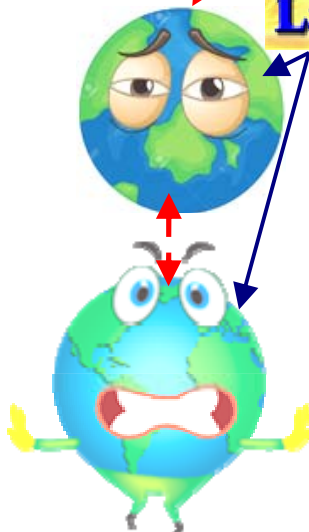
Law of Forgiveness



Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

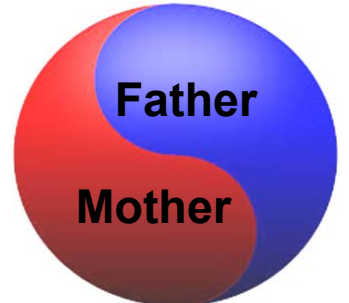
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The minor ‘hells’ are the lower levels of the 1st mind Mansion World whereas the more severe are the Planes of Isolation being the 2nd Earth plane with the severest being the 1st Earth plane. Pain caused to another is the pain that will be endured before returning to the 1st mind Mansion World, all then to consider your Feeling Healing.

MUM & DAD THIS WAY

GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

MARY & JESUS

GOD

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

WHAT ARE THE DYNAMICS OF CHILDHOOD SUPPRESSION AND REPRESSION?

In short, the way we bring up our childhood is tantamount to the passing down from one generation to the next **all** that represents the Rebellion and Default. We do not know how we are to bring up our children up until those who heal themselves of the Rebellion and Default through Feeling Healing and then have children of their own we will not know! That is why it will take all of 1,000 years to potentially fully put the Rebellion aside.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

LIVING TRUE IS HEALING ONE'S SELF OF CHILDHOOD INJURIES:

Messages from Mary and Jesus – Mary 10 April 2003

As we are all of the Mother and Father, if we do anything that goes against Truth or Spirit or Mind or Will, or Their Laws of Love, then we are going against all of our self – our own soul, and the whole of Creation. And if we want to live true – true to the Truth, true to our soul, and true to God – then we have to rectify this at some time. In going against Truth we bring about pain – penalty – in ourselves, as this is to show us that we are doing the wrong thing – going the wrong way. And when we come back into harmony with the Laws the pain goes – the penalty has been paid.

Currently in the negative mind state humanity does not want to live true to God's Laws, so man's laws are different to God's. So all that you do is against the Mother and Father's Laws of Creation and Existence. And this is what then causes all the pain in your soul, as you live each day refusing to honour the Truth of God. And no matter what you believe about how good you may be, if you are not living true to your soul and God's Laws then you are hurting yourself.

The Mother and Father say individually: Love Me as I love you; and together: Love us, as We love you. You come into the world asking your parents to love you as you love them. But they in their negative state do not honour this truth, so every little bit of them that does not love you, you feel hurt by. As they dishonour you so you dishonour yourself, for in your love for them, you are accepting that they are right and true, as you do not know anything else. You then take it on, all how they treat you, and do what they have told and made you do to yourself and others; you become as they are – negative. And so you live dishonouring yourself and the Mother and Father's Soul Laws. You cause great pain within yourself on all levels, not just in the physical. All pain you ever experience is saying to you: you are wrong in how you are being, and so you need to look to find the truth of why this is so.

When you want to know the truth of your pain, you will want to see the truth of where you are dishonouring yourself and the Mother and Father; then when you do see what you have done, you will feel bad about this, and then seek forgiveness, being healed and forgiven when you see the truth, and your pain all goes. You can go to Them and ask Them to forgive you, but as They are love and already do, you are really **allowing yourself to forgive yourself, for it is you that does not love yourself, as seen by the act of dishonouring yourself. Then as you turn around and willingly want to live true, the Mother and Father remove the pain you have been suffering and fix that which within you has become dysfunctional as a result of your transgression.** Then you are healed, so far as this part of truth has

been honoured, and that part of dysfunctional you is living true to the Laws of Love, living true to your soul and to Them.

As you do your healing you are actually forgiving yourself. By wanting to see the truth and asking the Father and Mother to help bring up the unexpressed pain and feelings that are within you, that will show you where you are going wrong. You will be able to see the problem and then want to fix it and seek forgiveness of yourself (and from Them if you feel the need); and you will be loving yourself and Them instead of rejecting yourself and Them.

Gradually through your healing, you will work your way back through all the levels of truth within you that you have dishonoured since conception; with all the pain surfacing, and all the causes being seen that made you rebel against yourself. And with each step you will be forgiving and increasingly loving yourself. Your healing is you loving yourself back into perfection. And the longing to the Mother and Father for Their Love is the way to fuel this by becoming a divine soul.

When you love yourself truly, then you will love your neighbour and every aspect of Creation, as you love yourself. This will be your state of being – just like the Mother and Father, and you'll naturally be honouring all Their Laws of Truth. And you will live free in Creation without any pain, worries or problems; eternally happy, as you long to be.

By praying to the Father to forgive you, you are not taking responsibility for your own actions; you are not seeking the truth of your evil causes. Forgiveness comes when you admit and accept your wrongness; when you uncover the truth of why you are it, or doing it, all through the expression of all that has made you feel bad. Through full self-feeling-acceptance you can free yourself from your negative condition. The Truth will set you free! The truth you uncover as you accept and express your bad feelings.

And as you do this God will change into the loving Mother and Father. You will come out of the old beliefs and ways of seeing things, entering into a new way of living and seeing how everything truly is.

When you were a young child you were the closet to your soul and to God. Up until you fully took on all the negative mind circuits you were still more pure and true to Their image. And you loved more as They love. A child loves freely and unconditionally. It loves without judgement or criticism. Look to the child to show you God, this will help you see more truth than looking out into the adult world as it now exists. And then look how the parent changes its child, from being pure and true, into another untrue adult. Look how you make your child turn against itself and live untrue to God. Look how the parent makes it live true to the wants, likes and dislikes of itself. Your child will help you see how wrong you are. It will show you if you allow it to; it will show you through your feelings.

You are completely self-contained. You will blame your parents for what they did to you through your healing, but when you are healed, you will be able to see how you took it all on wilfully from them; and so wilfully you have to choose to divest yourself of it and set yourself free. And this can only happen with love – your own natural love – through acceptance of all your badness and bad feelings, together with the help of the Mother and Father's Divine Love. And so it is entirely true that love is the cure-all, and that love will heal you, your love, and the Mother and Father's

CHILDHOOD REPRESSION of FEELINGS STARTS from CONCEPTION:

Just look at a young child growing, each day certain things make it feel good and other things make it feel bad, and for some children, there's a lot of time each day spent feeling bad – others a lot of time feeling good. And all that good and bad is intertwined, and it all has to be worked back through. So all that is truly good and not what I'd call, false-good, is kept; and all that is bad and has pretensions of being good, goes away, which happens as you express it all out of you.

But the key to it is wanting to express it all out of you – and wanting to see it all: facing the truth of what comes to light. You've got to be willing to bring it all up and out, so you can see it and face it and accept that it is you – that yes, this is really how I am feeling. And then as you do that, you are increasing the awareness and understanding of yourself, of why you are the way you are, and that is all the truth coming to light. And along the way as each bit comes up within you, based on how it makes you feel, you decide whether or not you want to keep being as you are, and so naturally, you'll want to get rid of all the bad stuff and keep all the good.

But the whole thing is, and this might be hard to understand, that you yourself, other than deciding whether or not you want to keep being as you are, don't – because you can't – actually do anything else to change yourself. So you simply keep accepting how wrong you are right the way through until you've seen and accepted it all, that this is the rotten, ugly, horrible, evil truth of myself, and you don't even try to make yourself not be it; you allow yourself to be the nasty, unloving, evil person you are, seeing it and feeling how being it makes you feel; which won't be too good, but you keep going accepting all those feelings and wanting the truth of them. So you don't try to fix or change yourself, you just accept how you are feeling. And then when you've seen the truth of your feelings that are to show you, which can happen at any time throughout your Healing, the causes of those bad feelings will be removed by your soul and your angels, and that's it, you are no longer as you were. And your whole system adjusts, and gradually you come to realise that you are changing, that you are no longer the bad person you were. And then one day, when the BIG DAY finally arrives, you know with all your heart; and so, with all your truth, that you are no longer evil, no longer wrong, and that your Healing is over, you've been completely transformed into being a true person.

So you see it's a process, so something that takes time because you need things to happen to make you feel bad; and you need time to express and work through all your bad feelings; and you need time for your whole system – you – to adjust to all the changes; and that is your true spiritual growth, because you are growing in the truth of yourself – do you see what I'm saying?

So the whole key to it, which is what you are saying, is that we are to become our true and perfect self.

Sage and the Healing Angels of Light by James Moncrief



ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

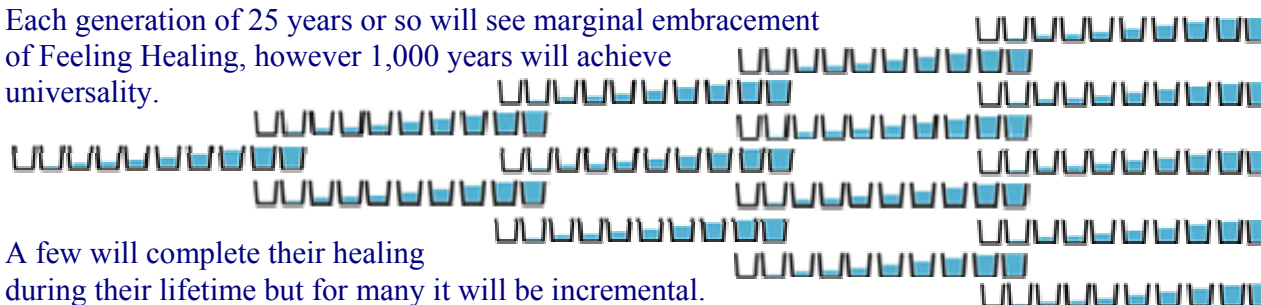
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



A few will complete their healing during their lifetime but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

We are to Find the Truth of our Childhood.

WHAT ARE WE TO DO?

We are to Find the Truth of our Childhood.

James Moncrief – Sunday 8 September 2019

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and unloving,

and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

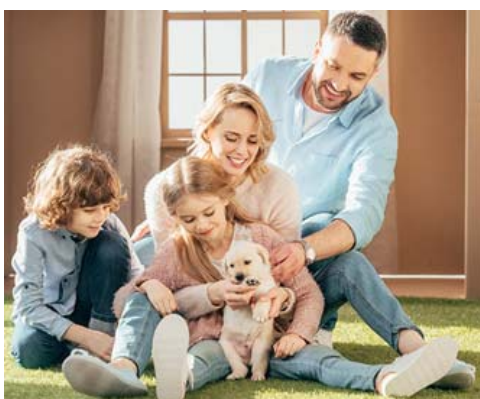
We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

How is it for you if you are Truly Honest with Yourself?



♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

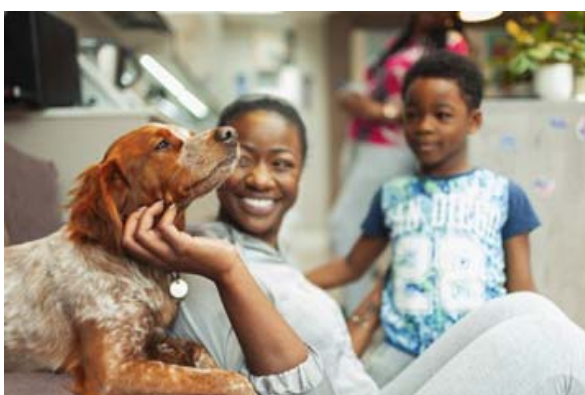
♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



~~~~~

♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

## WHAT SPIRITUAL ASSISTANCE DO WE HAVE?

**WE EACH** have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

**For those doing their Healing or are interested in doing it will** from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it's the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it's more personal and private and 'JUST FOR YOU'. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. **Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.**



**Feelings first**



In a way each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. In addition we have our personal Indwelling Spirit.

# Seven Spirit Earth Planes

## WHAT ARE THE EARTH PLANES?

We start our eternal existence by incarnating, even if it's just for a moment, onto a physical world like Earth. Then, when we die, we move into one of the seven Mansion Worlds, which can be likened to probationary worlds; worlds in spirit through which we correct all that's wrong within us. This includes if we've hurt other people or creatures very badly, we need to compensate for such suffering we've caused in others by suffering ourselves in one of the two lower Earth planes commonly called The Hells.

Other than the two lower Earth planes, we mortal spirits can't live in the other five Earth planes, they being reserved for the angels, nature spirits and other higher spirits.

The geography of the seven Earth planes is based on, or the same as, Earth, whereas the geography of the seven Mansion Worlds is unique to each world. So on Earth it's conceivable that your physical home could also be used by nature spirits, angels and higher spirits for their needs in the higher Earth planes, as well as being used by spirits confined to the two lower Earth plane – Hells. So these seven other dimensions, all focused on your home – a lot could be going on! However more than likely the reality is, the lower two Earth plane hells have spirits congregating in the darker seedier places of the physical world, or in the prisons and more isolated places if they are to spend time in isolation. Whilst the nature spirits, angels and higher spirits would reside in their higher Earth planes mostly away from dense populations of humanity, so more in the remote unpopulated areas of the world. The planes, although each being separate from each other and the physical Earth, and not interfering or influencing each other, still have some bleed-through of energy, thus affecting them in certain ways. As you can imagine, I don't think the angels would set up one of their main meeting and administration centres over one of Earth's most densely populated, corrupt and polluted cities, not unless the higher angelic light was in some way, to affect those people on Earth.

And by and large, we on Earth have very little consciously to do with any of the spirits or angels in the Earth planes. Some people feel emotionally, mentally, psychically and even at times physically disturbed or influenced by spirits in the two Earth plane, Hells, although really there is little direct interference from them. Such things as scary ghosts and knocking noises and all the dark scary poltergeist stuff comes from these wayward, lost, 'dark' and evil spirits still trying to have nefarious control over people on Earth, all of which is relatively harmless other than in exceptional cases. And mostly, we on Earth are totally unaware of our attending nature spirits and angels, and even more so of any higher spirits that might be visiting us or Earth.

For spirits and angels to get as close to us physically as they can, is done so by them being in the relevant Earth plane. During a Divine Love meditation or prayer for example, it's conceivable you might have in attendance in the various Earth planes and unbeknownst to you – dark spirits of the two Earth planes that want to try and redeem themselves so are brought to attend your prayer or meditation; you might have nature spirits there as well; you will have your attending angelic pair together with other angels; and you might have other higher spirits who are required to help you in your thoughts or feelings to progress in your spiritual development; and then you might also have other Mansion World or Celestial spirits attending you in the relevant Earth plane, including even from the



Hell planes should the spirits want to get as close to you as they physically can. A lot of Mansion World spirits descend into the lower two Earth planes, the Hell planes, so as to be close to their loved ones on Earth. They are able to do so without being affected negatively by the ever-present Hell plane spirits by adjusting their spiritual light in order to keep them at bay.

It should be noted that to qualify for life in the Hell planes comes about because of the state of 'hell' that already exists within the person who acts out such hell on others. We only cause harm to others because the harm was caused to us through our childhood. And instead of dealing with and honouring our own pain and taking full responsibility for it, we block it within ourselves thereby taking it out on others by making them suffer the same degree of pain we're suffering. Those people who harm another person or creature will at some point suffer the degree of pain they have caused in the other person when the Law of Compensation acts upon them during their time in the Hells. They have to 'balance the books' so as to help them understand that it was wrong to do what they did to the other person or creature, for them to understand by directly feeling the pain they have caused. And once they have felt it all, 'paid for their spiritual crime' against the will of another, then they are allowed to resume regular spirit life in the Mansion Worlds rather than being kept separate in the Earth Hell planes. And somehow during the time of 'paying the price', they are healed of their need to hurt and harm others so they can move into the regular spirit Mansion World population no longer looking to, or with the need to, hurt and cause suffering in other spirits.

And it is highly possible that at some point, and even possibly quite soon, the same Laws of Compensation that apply to those spirits having to live and 'do their time of suffering paying for their crime against another' will be applied to and on Earth. So many bad people will suddenly be forced into the 'hell of their own making, the hell that resides in them'. So doing some or all of their 'Hell Time' whilst on Earth, then completing it when they get to spirit by having to enter one of the two Hell Earth planes, or no longer needing to spend any time in them if they've 'served their time for their evil crime' when on Earth. Should the 'earthing' of the Law of Compensation come about, thereby bringing the Earth into direct alignment with the First Mansion World, then as you can imagine, things will drastically change here on Earth, with anyone merely having the intent, let alone actually carrying out the sinful act, having to immediately suffer compensation for their unloving action and motivation. With the compensation being lived by feeling such intense guilt and all the other bad feelings for the bad things you have done, coupled with pain so bad and so ongoing that you enter into a state of perpetual begging for forgiveness and to be released from your suffering, that very same suffering you caused another person or creature to suffer.



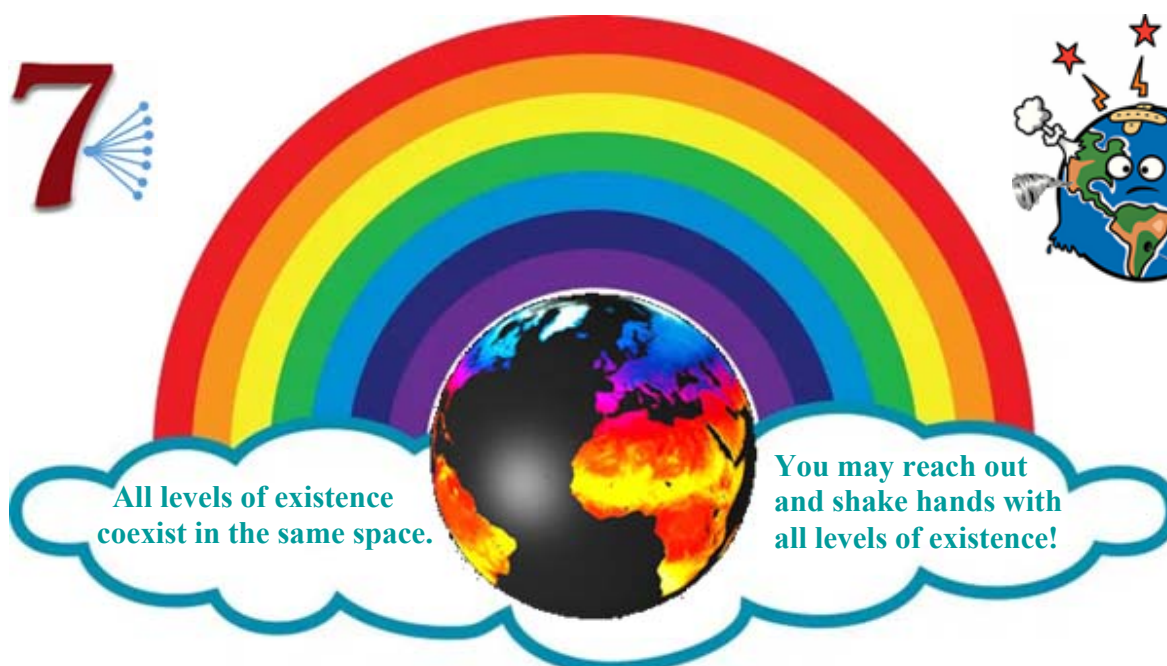
# Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1<sup>st</sup> plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities, however there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

- 7<sup>th</sup> Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.
- 6<sup>th</sup> Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.
- 5<sup>th</sup> Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.
- 4<sup>th</sup> Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!
- 3<sup>rd</sup> Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.
- 2<sup>nd</sup> Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1<sup>st</sup> spirit Mansion World.
- 1<sup>st</sup> Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.

7



All levels of existence  
coexist in the same space.

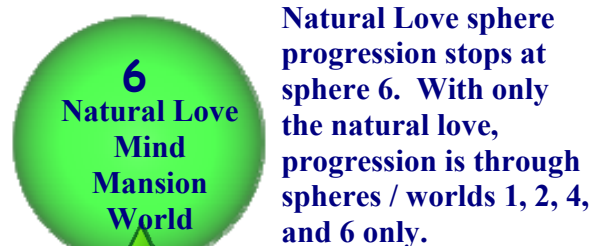
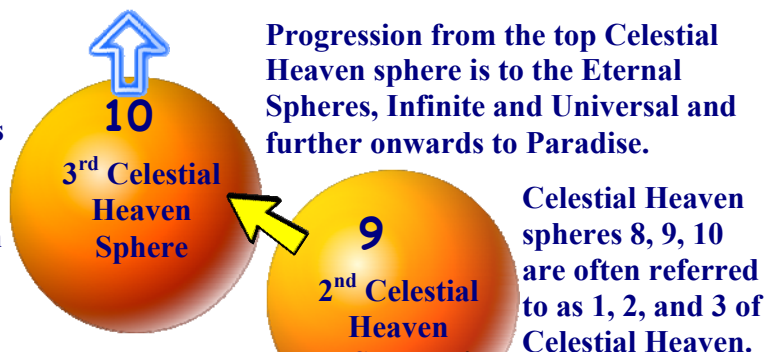
You may reach out  
and shake hands with  
all levels of existence!

**WHAT ARE THE MANSION WORLDS?**

**SPIRIT MANSION WORLDS are numbered 1 to 7:**

**To PARADISE, the HOME of OUR HEAVENLY PARENTS**

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 2 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.



Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres / worlds 1, 2, 4, and 6 only.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.



On death of the physical body we all arrive in the 1<sup>st</sup> Natural Love sphere.

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1<sup>st</sup> Natural Love sphere and continue in their progression onto higher spheres.



Earth is for the individualisation of souls being the commencements of one’s journey home toward the Source Soul.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

**Note: The first experience with a Divine Love Sphere and a Sphere of Disharmony may be introductory planes / sectors within the 1<sup>st</sup> Natural Love Spirit Mansion World.**

## WHERE ARE WE TO GO?

Presently we are spirits experiencing a physical life unaware of our potential and what and who is around us being of spiritual nature. When we leave our physical body we enter the first spirit Mansion World and we can stay there for what may be an eternity, or we can work to perfect our minds and go to a dead end after what would take an eternity being the 6<sup>th</sup> Mansion World, or we can embrace our healing and after a relatively short period – say around 15 years or so – transition into the Celestial Heavens.

Prior to the lives, on Earth, of Mary Magdalene and Jesus of Nazareth, throughout the time of the Rebellion and Default, all who passed into the first spirit Mansion World had to remain in the mind Mansion Worlds 1, 2, 4 or 6. A spirit personality could progress in their mind development of their natural love and progress from the first then to the second, then fourth and ultimately sixth spirit mind Mansion World but no further – that being a dead end progression.

Jesus, upon his passing into the spirit worlds having made available our Heavenly Parents' Divine Love, opened the Divine Love healing / crying Mansion Worlds 3, 5 and 7. Also he opened the Celestial Heavens that can only be accessed upon the completion of one's healing and with Divine Love then your soul can be fused with your Indwelling Spirit at which time you enter the 1<sup>st</sup> of the Celestial Heaven spheres.

Prior to Mary Magdalene and Jesus' lives on Earth, the Divine Love had not been available for any of the humanities throughout all of our local universe of Nebadon. Without the availability of Divine Love no spirit personality from any of the humanities of Nebadon could progress. As we are now able to heal ourselves and receive Divine Love then we all can progress into and through the Celestial Heavens and then through the local universe of Nebadon and out of Nebadon and onto Paradise.

## WHY DO SOME HUMANITIES HAVE MORE MANSION WORLDS THAN OTHERS?

Only the 37 humanities who entered into the Rebellion have as many as seven spirit Mansion Worlds being provided for their isolation from all other humanities as well as to facilitate their individual healing.

Even those humanities who did not join into the Rebellion have Mansion Worlds which they may need to progress through before being free to join with the full community of their Celestial Heaven sphere. Once healed, all of the humanities of a given system can intermingle though generally those who all come from one specific humanity remain together. It is the following set of heavenly spheres that full interaction and intermingling commences. Each progression up through the heavenly spheres sees a wider and wider community interacting with each other. The knowledge of the universe is continually growing throughout the ascension.

Prior to entering the first of the Celestial Heavens we are in the Hells, being all seven Mansion Worlds as well as physical Earth. Earth is living hell while the Rebellion and Default imposts are not healed.

### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**





**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

Soul spheres  
are not  
numbered.

Soul spheres  
are to:



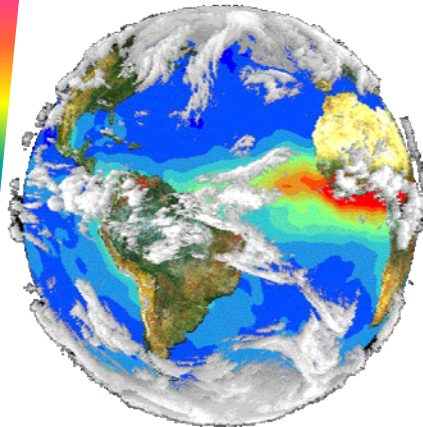
The New Birth = **Become at one with God: sphere 8**

Spirit body  
spheres are  
1 – 7

Peak Sphere =



**NATURAL  
LOVE  
SPHERES**



**DIVINE  
LOVE  
SPHERES**

Earth sphere is for  
the physical body.

**NATURAL LOVE and DIVINE LOVE SPHERES:**

**Divine Love progress is to infinity**

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Mother and Father.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

**Natural Love peak is 1,000 on MoC**

Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
Worlds  
  
MoC 840 – 1,000

Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
Worlds  
  
MoC 650 – 840

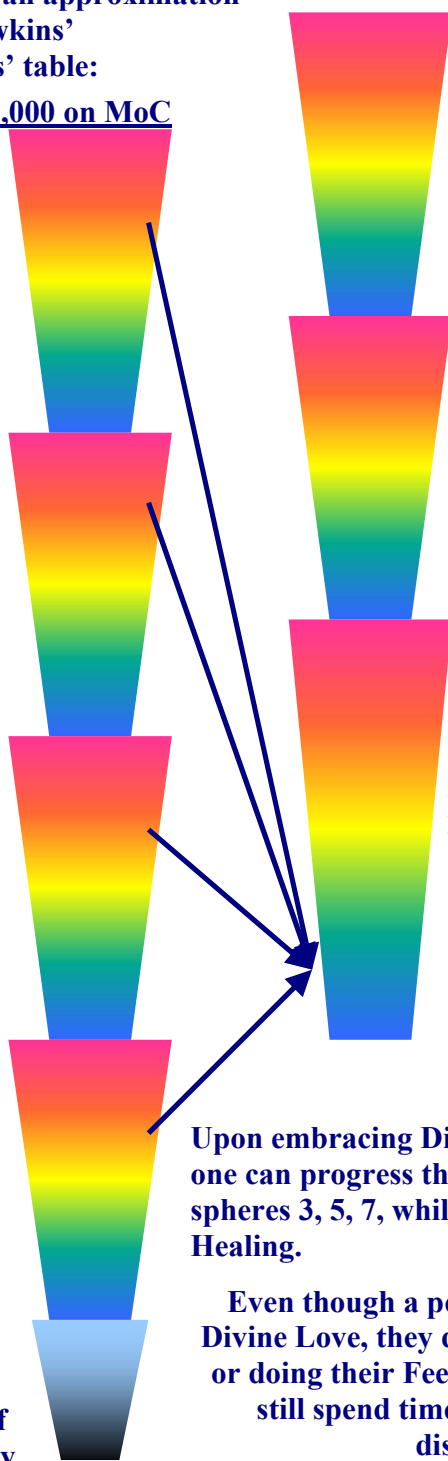
Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Mind  
Worlds  
  
MoC 500 – 650

Natural Love  
1<sup>st</sup> Sphere  
  
MoC 200 – 500

We all enter the 1<sup>st</sup> natural love sphere on the death of our body.

**HELLS:**

MoC 1 – 200  
Hells being a sub-set of 2 Planes of Disharmony.



Divine Love  
7<sup>th</sup> Sphere  
  
MoC 920 – 1,080

Divine Love  
5<sup>th</sup> Sphere  
  
MoC 780 – 920

Divine Love  
3<sup>rd</sup> Sphere  
  
MoC 500 – 780

One's natural love is always progressively perfected during this journey of evolution of the soul. One's personality, based on natural love, and mind based memories continue with the soul for all of eternity.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.

**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**CURRENTLY before HANDOVER!**

**Divine Love progress is to infinity**

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

**Natural Love peak is 1,000 on MoC**

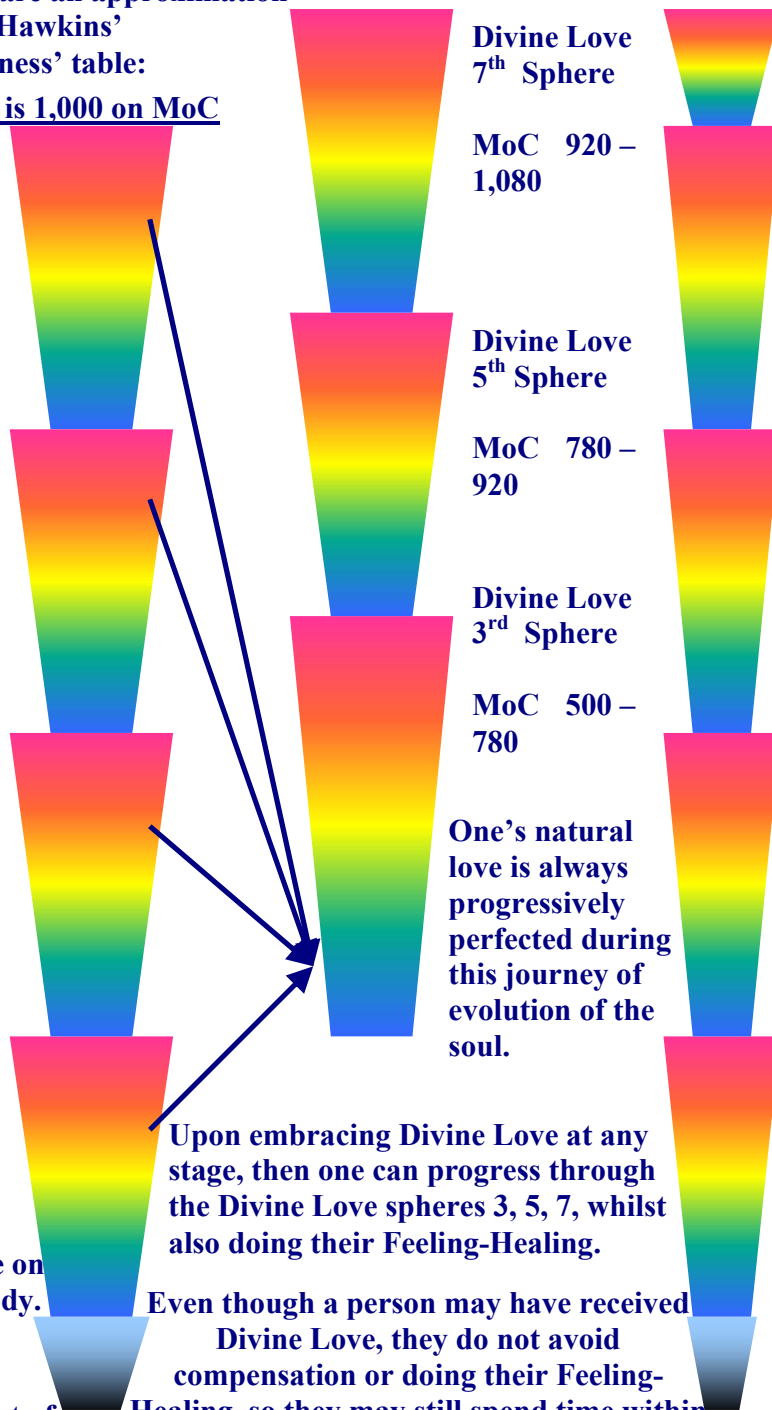
Natural Love 6<sup>th</sup> Sphere  
Mansion / Mind Worlds  
MoC 840 – 1,000

Natural Love 4<sup>th</sup> Sphere  
Mansion / Mind Worlds  
MoC 650 – 840

Natural Love 2<sup>nd</sup> Sphere  
Mansion / Minds Worlds  
MoC 500 – 650

Natural Love 1<sup>st</sup> Sphere  
MoC 200 – 500

We all enter the 1<sup>st</sup> natural love sphere on the death of our body.  
HELL planes:  
MoC 1 – 200  
Hells being a sub-set of 2 Spheres of Disharmony.



Divine Love 7<sup>th</sup> Sphere  
MoC 920 – 1,080

Divine Love 5<sup>th</sup> Sphere  
MoC 780 – 920

Divine Love 3<sup>rd</sup> Sphere  
MoC 500 – 780

One's natural love is always progressively perfected during this journey of evolution of the soul.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:

Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6<sup>th</sup> Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 7<sup>th</sup> Divine Love Sphere.

Then they may prepare to enter the Celestial Heaven Spheres from there.

This pathway is when, or should, the Divine Love not be available before perfecting one's soul.

**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**After the HAND OVER!**

**Divine Love progress is to infinity**

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation

utilising Dr David Hawkins' 'Map of Consciousness' table:

**Natural Love peak is 1,000 on MoC**

Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 840 – 1,000

Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 650 – 840

Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Minds  
Worlds with  
Feeling Healing  
MoC 500 – 650

Natural Love  
1<sup>st</sup> Sphere  
MoC 200 – 500

We all enter the 1<sup>st</sup>  
natural love sphere on  
the death of our body.

HELL planes:  
MoC 1 – 200  
Hells being a sub-set of  
2 Spheres of Disharmony.

Divine Love  
7<sup>th</sup> Sphere  
+ 6<sup>th</sup> growth  
MoC 840 –  
1,080

Divine Love  
5<sup>th</sup> Sphere  
+ 4<sup>th</sup> growth  
MoC 650 –  
840

Divine Love  
3<sup>rd</sup> Sphere  
+ 2<sup>nd</sup> growth  
MoC 500 –  
650

One's natural  
love is always  
progressively  
perfected during  
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soul.

Upon embracing Divine Love at any  
stage, then one can progress through  
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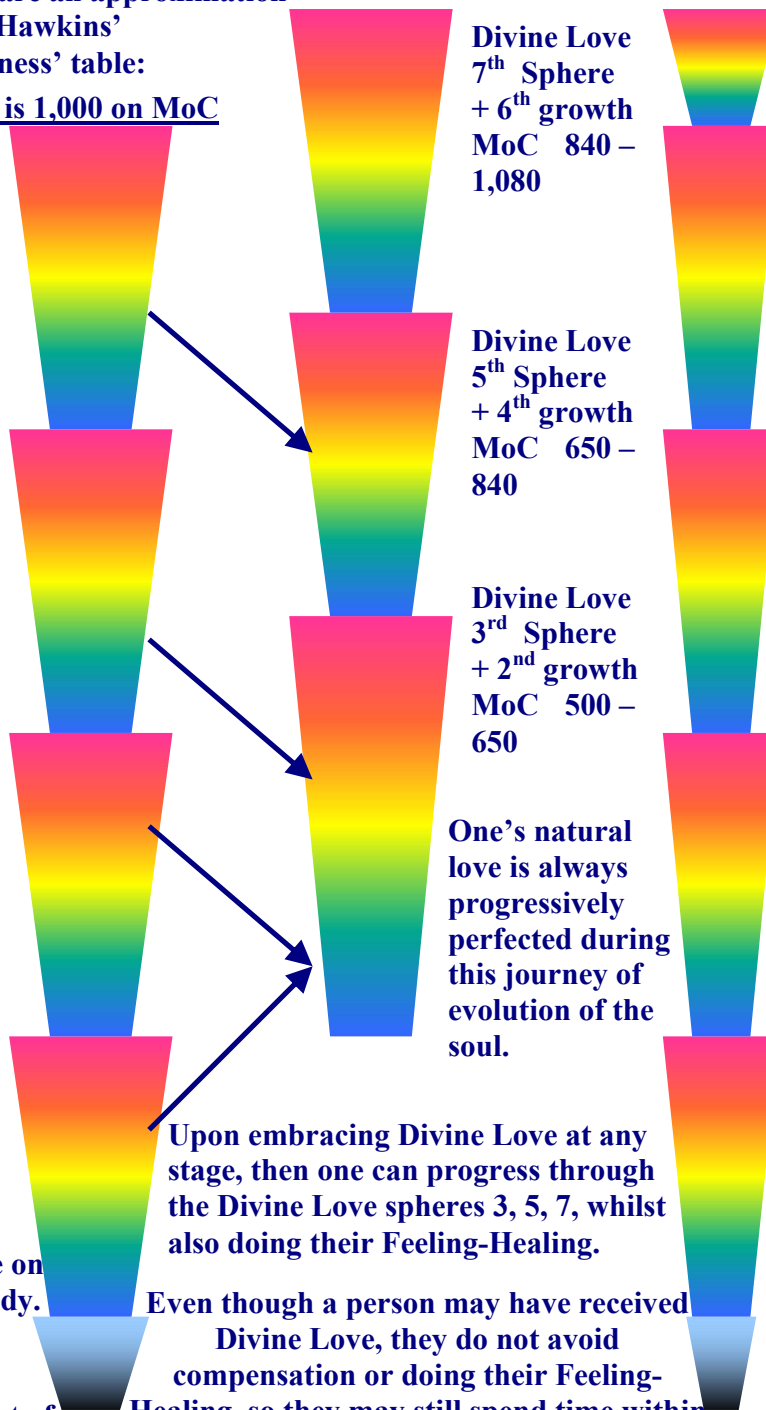
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Natural Love  
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Progressing  
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upon reaching the  
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Feeling-Healing,  
one can then  
embrace the  
Divine Love and  
proceed directly  
to the 7<sup>th</sup> Divine  
Love Sphere.

Then they may  
prepare to enter  
the Celestial  
Heaven Spheres  
from there.

This pathway is  
when the Divine  
Love is  
unavailable  
before perfecting  
one's soul.



**MANSION WORLDS for the Humanity of Earth, being spirit spheres 1 to 7:** 27 November 2018

James: At least talking about the Mansion Worlds is on safer ground.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Absolutely James, I am always able to shed more light on the Bigger Picture for you, however I'm afraid, that I'm unable to shed light on the personal such as about the money and so on, not as much.

The Mansion Worlds (for humanity of Earth) are wholly being used for Urantia (Earth) at this point in time, and have been for a long time. We don't have our own worlds as such, it's just that we've been 'allocated' the use of them for the time being. And that will continue until the end of the Spiritual Age (now commencing for 1,000 years), then Urantian spirits will be joined by others from other 'earths'.

And you understand the quarantine status is because of the Rebellion, so when it breaks and humanity starts to heal itself, then humanity will come out of its self-imposed isolation.

There are Mansion Worlds provided for varying numbers of 'earths'. The Urantia Book, which John was talking about, is the universal standard, but nothing about Urantia (Earth) is standard anymore.

James: So how is it for you Healed Celestials, when do you become part of the greater universal whole?

Nanna Beth: From the fourth Celestial onwards we become part of the whole with our focus on our Paradise ascent then being wholly consuming. As I've told you, the first three Celestial spheres are still primarily focused on assisting Urantia – you people on Earth and in the mind and healing Mansion Worlds (spheres 1 to 7) – however there is also some progressive universal involvement. We go to classes, which are voluntary, that introduce us to greater universal awareness. We go to 'meet-ups' in which small numbers of our soulgroups might meet small numbers of other soulgroups from other physical worlds. And these are always very interesting to compare our lives with theirs. But these meetings are for the most part for us being still of the first three Celestial spheres, information, they are not as yet about forming relationships with spirits from other planets, nor are we actively involved with universal work with them. However having said that, there are increasing numbers of Celestials from the lower three spheres who are starting to have more personally to do with spirits from other worlds and those spirits with us. Not all the Celestials with us want to be focused on Earth or the Mansion Worlds all the time. We all still have to do something with Earth, but with some of us that is becoming less and less. That's all part of the change. By the end of this forthcoming Spiritual Age, we Celestials won't be needed to have such an intense and personal focus with people on Earth and in the Mansion Worlds, so those Celestials in the lower three spheres (of the Celestial Heavens) will have more immediately to do with spirits from other worlds.

So you can see James, this time now and for the next Age is going to be unique. Every moment is of course unique, however in terms of time, 1,000 years is like a brief moment compared to tens of thousands of years of a normal age. And we'll be doing a lot within it on all levels.

So humanity doesn't start getting let out of its prison until the end of the next Age, however you can start letting yourself out of your own personal one anytime now by doing your Healing.

## WHAT IS THE RELEVANCE OF THE PRESENT DAY ENVIRONMENTAL CHANGES?

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: **Many people at this time want something new, and something Really New, not just new yet which is more of the same old stuff. Many people can see that things don't work, that over and over again over the years people try to solve the world's problems and yet it might be a patch up job for a moment but then the same problems reassert themselves. So, when you (Pascas) start 'reaching out' then people will begin to realise that this is Very Different and within it there might be some chance of real change.** Saturday, 14 December 2019

Back on 17 December 2011, Verna, a Nature Spirit, wrote with James; "Along with the increase in volcanic events it will be discovered that the ambient temperature of the upper crust is also warming, the ground will warm up a little. **We're only talking about one degree**, but it will add to the problems of increasing the ocean temperatures, rainfall distribution, melting the ice at the poles and how and where food will be grown." Now in December 2018, the Australian scientific research body, CSIRO, published a report confirming that temperatures for the Australian environment, including oceans, had increased by 1°Celsius.

Humanity is experiencing disturbance and disruption at all levels. All aspects of our environment is in a state of flux and change. Nothing is to remain the same. What is unfolding with our planet is cyclical in nature, however this is coinciding with the end of one spiritual age and the commencement of another.

For 200,000 years humanity has experimented with living through the mind and now that Rebellion and Default is to be ended and we are to discover and embrace Living Feelings First.



All of nature lives through the mind. However, humanity though part of nature, is with soul and is to live through our feelings that are soul based and are always in truth and loving. It was through the seducement by high level Lanonandek spirits, namely the Lucifer, Satan, Caligastia and Daligastia soul partner pairs, that humanity embraced the error of living through the mind. Now what is unfolding is the ending of that error and the slow but progressive embracement of living through soul based feelings.

So who is Verna? Verna arrived on Earth with the first batch of nature spirits and this group were the first life on Earth. You could say she is a very old lady but she is one very incredible lady on her last assignment as a nature spirit from which she will then progress to being an angel. All that we see as living nature does not reincarnate. The lifeforce from bacteria, insects, plants, trees, fish, birds and animals all goes into a pool from which nature spirits are then formed. Verna is a composite of terrestrial and aquatic life, about half and half, and is formed from some 500 billion living elements from nature - "composed of about five hundred billion creature spirits" as Verna wrote on 7 May 2012.

Why have we not previously heard from Nature Spirits? Throughout the term of the Rebellion and Default, communications were cut off between humanity and nature spirits. Even now they are only to communicate with those who embrace and engage in their Feeling Healing and Divine Love.

And who is Nanna Beth? Elizabeth McDonell was her name and she died on 5 October 1951. She has completed her Healing progressing through the Divine Love healing spirit Mansion Worlds 3, 5 and 7 and now has progressed to the third Celestial Heaven. Her soulgroup, as all soulgroups, consists of 12 soulmate / soul partner pairs and she is the spokesperson on behalf of her soulgroup. Nanna Beth is John's spirit guide and grandmother, but more importantly she is the communication point between James who is completing his healing, and the spirit personalities within the Celestial Heavens.

## GREAT U-Turn

As physical people on Earth progress and complete their Feeling Healing, then the Great U-Turn will unfold for all of humanity as will the Avonal Age of 1,000 years proceed.

During the coming 1,000 years, conditions on Earth will remain disturbing so as to prevent the old ways of the Rebellion and Default to be re-established. For those who embrace Feeling Healing and Divine Love, life will be positive and even exciting. For those who close themselves off to the new way of living, life will be very difficult.

What we are observing in weather and Earth events is only an example of what is to come. It will ensure that humanity succeeds in putting the Rebellion and Default behind it and that Living Feelings First be universally embraced.

Aspiring to Living Feelings First

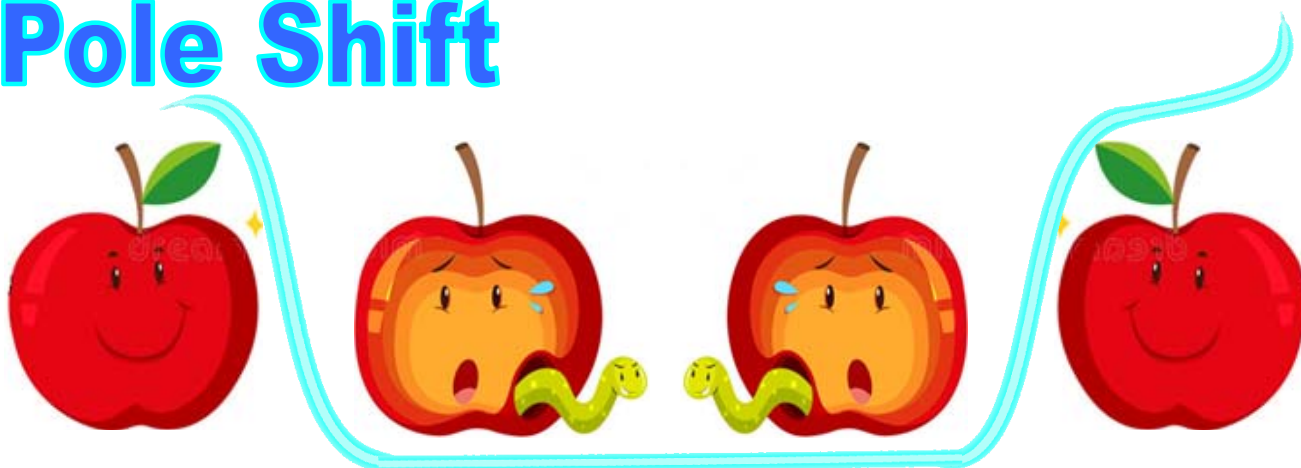
*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

**Feeling  
Healing with  
Divine Love is  
the key!**



# Pole Shift



**Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.**

**At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into ‘bad apples’. We proceed through our life experience, after our parents’ well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.**

**Now, for the first time in the history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can begin to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.**

**We can, through our Feeling Healing, embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.**

**This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.**



## WHY ARE WE IN THIS INSANITY?

We are unique personalities who have a higher than normal flair for difficulties. Our life experiences on Earth further enables us to assist with what is anticipated to be further rebellions that may unfold in emerging new super universes that are much further out from Paradise, the home of our Heavenly Mother and Father, than we are. Oh, there are some 70,000 new super universes now forming further out from the existing 7.

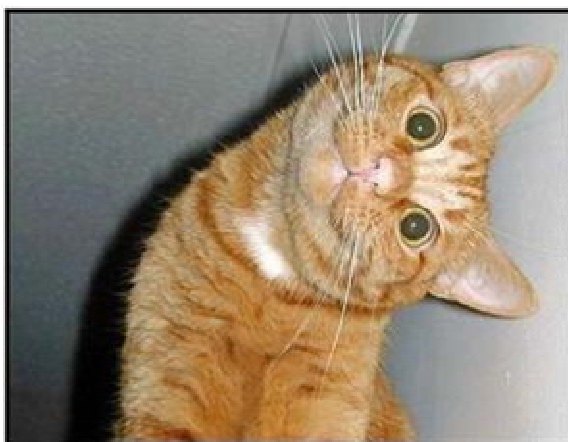
**YOU'RE NOT  
WHAT  
YOU  
THINK  
YOU  
ARE**



As difficult as it may seem, we are the only humanities throughout all of the seven super universes that considers war to be 'socially acceptable'. As there only 37 rebelling humanities, the population of Earth is the most warring. One other humanity has a lower scale of war, but no world wars. Due to being quarantined from all other humanities, you can now clearly understand that there are no "Star Wars" and inter-galactic battle fleets. In fact most humanities do not even endeavour to go off world as they can ask their Celestial Friends whatever they want to know about other worlds.

Something to ponder. From time to time we observe specific individuals having outstanding experiences and involvement in events of profound importance. Throughout one's journey over great stretches of time, we all will participate in and perform such events.

Further, doing all we do without love can only be dull and boring when you connect with the truth of it, because it's all empty, hollow, unloving and not generating any truth to come through your feelings.



**EXCUSE ME...  
WHAT ARE YOU?**

# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

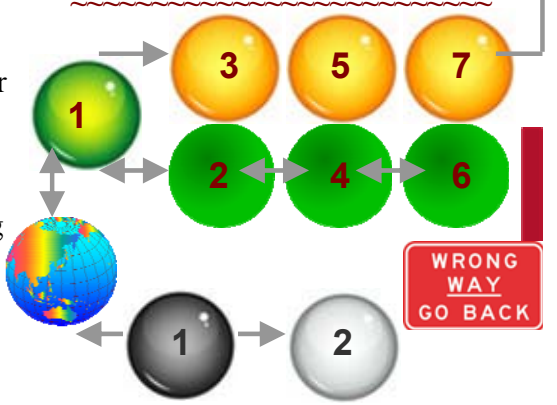
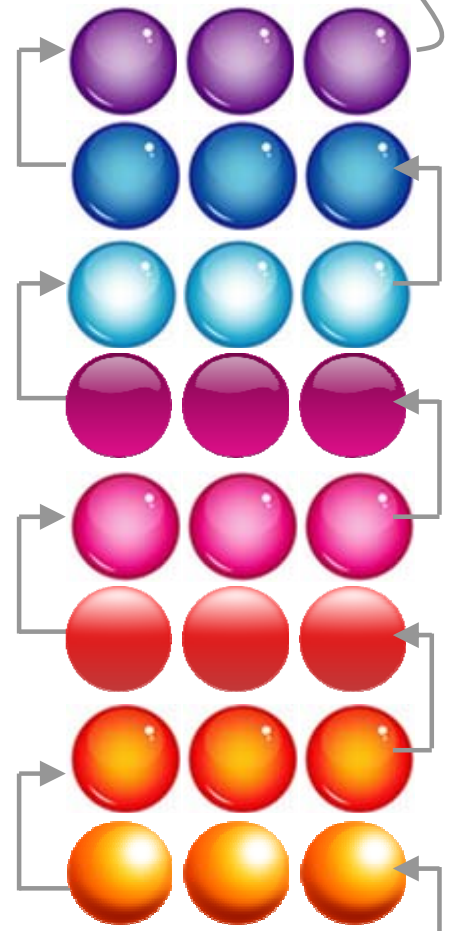
Each of the seven super-universes are constituted, approximately, as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres) we start to come in contact with spirits from other 'Earth' worlds. So in spirit and once we've finished out Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

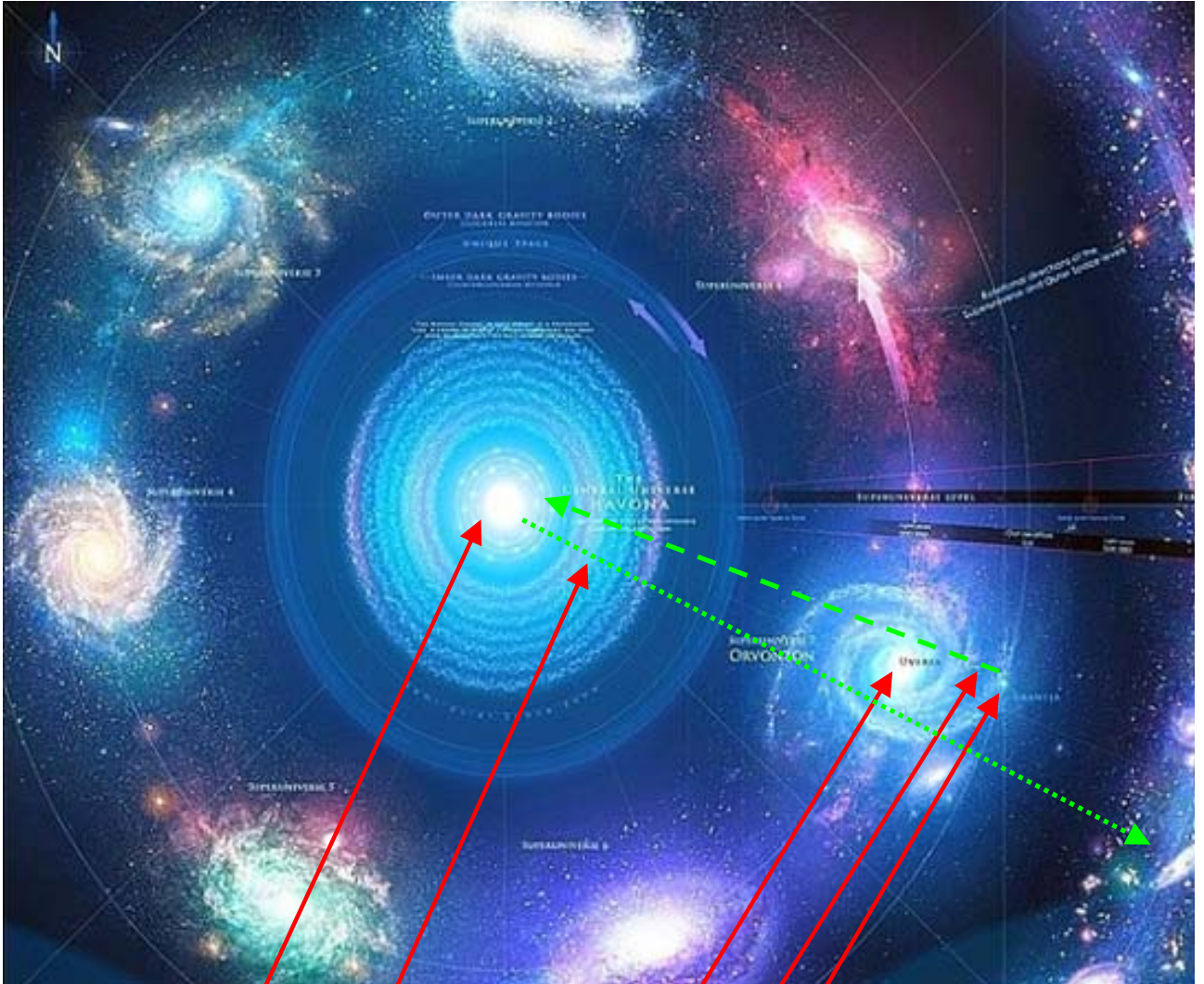
Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 are of Earth, those who have compensation may have this experience and might then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



**OUR JOURNEY**

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.  
Then in Paradise we progress to be Finaliters and assignment to a newly forming universe.



Isle of Paradise home of our Heavenly Mother & Father  
 Havona Ascendington  
 Orvonton – our Super Universe  
 Nebadon – our Local Universe  
 Urantia being Earth

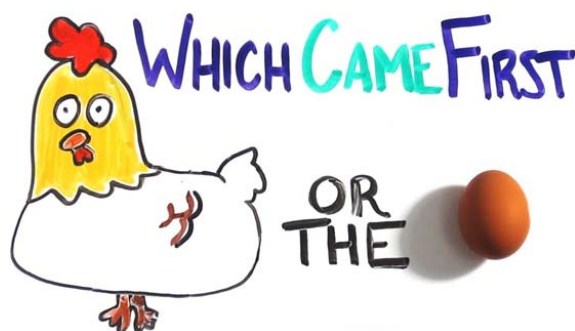


**PASCAS**  
**PERSES**



### FEELING HEALING and DIVINE LOVE:

The revelation of Divine Love came before the understanding that one is to open to their feelings and long for the truth those feelings are trying to show us – wanting to uncover that truth of one's self. We are to feel into our emotional injuries and erroneous beliefs and allow our soul to function.



It's not about trying to empower yourself because we feel powerless, it's about accepting our bad feelings – accepting them as we submit to them, all so we can feel every bit of powerlessness we feel; and understand all why we feel that way, and how all of the parts of feeling it make us feel. It is wanting to uncover the whole truth of it, which is the whole truth of one's self.

We do feel powerless, that is the truth we are living – so accept it! And from there; okay: so why am I feeling this way, and how does feeling this way make me feel; what was done to me to make me feel this bad, and how have I taken it all on keeping myself feeling this way. So we uncover all the ins and outs of it – all the truth. And when we've brought it all to light and brought out all our repressed feelings to do with it, then we'll change, then we'll heal, then our soul will change our negative patterns into positive ones. And that is the only way we can ascend our soul in truth whilst we're of a negative anti-truth state.

When our parents interfere with us when we're young and forming, stopping us from being our true selves, they are in effect causing a part of our personality to stop being expressed by our soul, so in that way, that part of you is being forced to 'die'. You can't however completely eradicate that part of you, it merely stays there waiting for the day you liberate it, however the feelings it makes you feel are like you are being forced to die, which is why you cry and protest and fight. We are de-powered, as the true power of our soul through our will can't be manifested, it's not being able to bring that part of one's self into being.

**FEELING  
HEALING  
for kids**

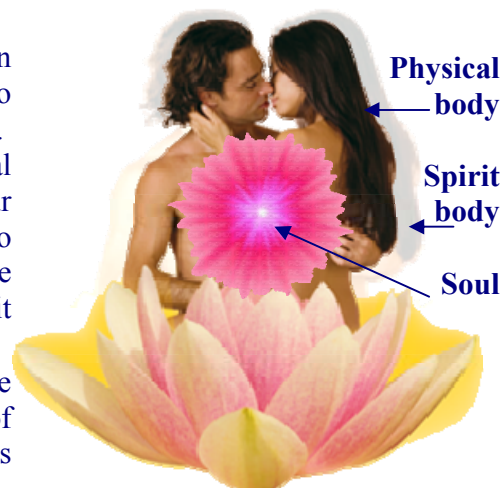
Feeling healing is the pathway to begin to live fully expressing one's true personality. We are not to live by a set of rules, even if they are self-imposed, we are to live true to our feelings – always! And our feelings will break all mind-imposed rules, but will lead us to fit in with all soul-expressed rules. And by living true to our feelings, true to ourself, we will naturally be living true to God's Feelings (and not true to God's Mind and Thoughts) – true to God, so true to God's will; or, true to God's Way. Living true to one's soul.

Revelation 1 is to embrace our 'feeling healing' in a manner that you feel works for you, and Revelation 2 is that by embracing the Mother Father's Divine Love we are then 'soul healing'.



### The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



**Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.**

**Aman and Amon** were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

Our Spirit Friends on duty



**Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**



In this series:

Pascas Care Letters Live True to How You Truly Are

Pascas Care Letters My Customs Heritage and Nationality

Pascas Care Letters What are You

Pascas Care Letters Journey of Earth's Humanity



**We are unique spirit personalities having an experience in a temporary physical body within an environment not of our choosing!**



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