

# **U-Turn for Humanity**

**pathway being**

# **New Feelings Way**



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## U-TURN for HUMANITY pathway being NEW FEELINGS WAY

### FEELING HEALING with DIVINE LOVE

### IMMORTALITY with the LOVE

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These works stem from the writings of James Moncrief that he commenced in 2002, however the Revelations now outlined began with the Padgett Messages that were received 1914 through to 1923 and have been augmented with auxiliary writings throughout the past 100 years, all such materials being of a loving teaching and guidance nature and are a gift to all of humanity.

This publication is an endeavour to draw upon aspects of all these works so that you can consider for yourself the nature of what is shared now for consideration and discernment. It is your choice to consider, put aside or investigate further.

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## **Introduction**

Life is an accumulation of moments, a sequence of events both big and small. Most of us have experienced having a sensation of just ‘knowing’ what to do, ‘knowing’ what feels right. We may receive a ‘gut feeling’ or a racing of the heart when something feels wrong to us. We receive internal messages all of the time, but most of us ignore these messages and default to what we have been taught to do. To go to our heads for answers. We scan our memory bank for something to anchor our response or decision to, but our head only leads us to the past – a default position conditioned by our parents, albeit sometimes unknowingly or unconsciously, conditioned by our education, religion or political leaders. Defaulting to our mind by going into our head ultimately leads to a life of anxiety, worry and fear and then this manifests and shows up in our bodies as illness. Mental or physical. Disease caused by dis-ease.

This book will take you on a journey. A journey that will open up a new way of living. The New Feelings Way. Contained within these pages are many conversations which have taken place with our special friends and helpers (from spirit) to educate and, I feel, prepare us for the U-Turn for humanity that is unfolding, the New Feelings Way.

Pascas Foundation (Pascas Worldcare) is a vehicle to bring global awareness to the U-Turn that is upon us. Information will be available and free to share via Books (of which this is one), movies, documentaries, Pascas Papers, education and health centres. Some of which is available now and some that has yet to be established.

By living through our feelings first we uncover our truth. And our truth will always lead us to a life where we are our best selves. Living a life in love and truth.

Helen Adam

## **Introduction**

I am honoured and grateful to have been asked to write this introduction for the series "U-TURN for HUMANITY Pathway Being NEW FEELINGS WAY".

This book (Encyclopaedia) is a remarkable, outstanding, non-religious, insight to "Feeling Healing" put together by JD The Typist (Craftsman).

The book covers a multitude of subjects and concepts all gathered from information provided by our spirit world guides and celestial friends. (refer page 10)

All who read this book can learn from this information that has been presented in a well coordinated way and includes many diagrams, photos and drawings that will assist you in understanding "The NEW FEELINGS WAY".

The revelations will assist you in your search for answers, some will be challenging, mentally and emotionally. Persevere with the presentation of this life changing knowledge and all will be revealed regarding the purpose of change for our future world on Earth and in the Heavenly dimensions.

Discussions with the Spirits, Celestial friends and earthly medium are at times compelling and have resulted in clear answers to many of the questions asked of them.

What you are about to read are the keys to unlock your understanding of Feeling Healing.

Begin your journey, enjoy and embrace the transformation to come with love and truth.

Jim Baker



# PATHWAY being REVEALED

## Part 1

### U-Turn for Humanity Pathway Being New Feelings Way

# PAUL - City of Light

by James Moncrief

Paul: ‘So humanity is now going through quite a unique time on a spiritual level?’

Zeta, a Celestial: ‘Absolutely, incredibly so!’ It’s the beginning of a whole new spiritual planetary age, an *Age of Light*, that will last for the next one thousand years, with lots of revelation and things going to happen, all with the effect of bringing the spirit worlds, the truth of them, closer to the lives of people on Earth who want it.’

‘Jesus and Mary’s lives on Earth, two thousand years ago, were fundamental to the whole evolution of this *Local Universe*, their universe. Their coming wasn’t only about Earth. This other pair is all about Earth and as Jesus and Mary affected the whole of their universe, so too will this couple affect the whole of Earth. In time, when you start to look into other spiritual and religious beliefs on Earth and begin to compare them to what the Divine Love offers, you’ll see how superior it is compared to anything that’s gone before. It will really be the first time on Earth that people can actually live full spiritual lives: the truth will be available for them to do so. Up until now, what people have believed to be spiritual, has all only been mind advancement, not soul advancement. What I’ve been teaching you about and introducing you to is a whole *new* way of living.’

Paul: ‘It sounds very exciting!’

Zeta: ‘It is. Very Exciting!’

‘For the first time on Earth, people will be able to directly relate to their Heavenly Parents, both their Mother and Father; long to Them for Their Love and ask Them to help them see the truth of themselves, of their negative mind states, and of their childhood repression. Nothing like this has ever been offered to humanity. Not even when Jesus came, because, as I said, Mary Magdalene was denied her rightful place. So this is the first time all truth in the balance of feminine and masculine has been offered to mankind.’

## HUMANITY of EARTH'S EVOLUTIONARY OPPORTUNITY:

This is a most extraordinary opportunity. It is not possible to define who and what any individual will embrace. And there is absolutely no need to even speculate.

We are each wonderful and unique individuals, experiencing life in whatever manner is to unfold for us. It is incomprehensible to understand what our physical journey, however brief or long is to provide for us.

Truly, the measures that we or society put on us as our level of success are inconsequential. Our schooling, our career, our trappings of assets is all meaningless mind imprisonment exercises.

It is all about our experiences and feelings. We are fully self-contained. Amazingly, when we long for the truth, our soul-based feelings will reveal to us gently and progressively what our soul wants us to come to comprehend and understand. We are the complete package!

Firstly, we are truth seekers. From conception we begin to absorb all that is around us. We commence life by absorbing all the emotions and feelings, understandings and beliefs of our parents and carers – both good, and bad. As babies, toddlers and infants, we continue to embrace our parents and carers as if they were gods. We capitulate to their impositions upon us of what they believe is best. We surrender to their will, distorting the wonderful personality that our Heavenly Parents bestowed upon us through our soul. Our true personality is now suppressed. We end up living a persona that our parents believe is best for us.

Our adoption of this false façade is our ongoing repression. There is not a person on the planet that is not demonstrating depression at some level. Living the New Feelings Way will end this calamity.

And here is the trigger. It is when our soul says to us that this experience of living through our minds in the manner that we were taught is to be ended. Many experience a psychotic episode. Mental breakdowns unfold at the realisation that all that we have been living is a gross injustice to ourselves.

This realisation will come to all of us. We could be hundreds of years living within the mind spirit Mansion Worlds or we could be in kindergarten. It is when our soul quietly announces that we are at the end of the rabbit hole and it is time to do a Great U-Turn and engage in our Feeling Healing – or something of a similar nature.

Nothing is wasted. Our experience of going to a dead-end with our minds in control down a rabbit hole is what we had to experience. We will discover the purpose of that on our journey throughout eternity. There is no point doing mind bending exercises over that, or anything else. It will be revealed in some manner when it is best





for us.

We are all stuck in this rabbit hole and now we can become aware of why we are there and how we can pull ourselves out of it – eventually.

It is this awareness and how to make the Great U-Turn that Pascas is to make available for everyone at any of our stages of life.



It has been 200,000 years in the making – the great seduction to mind dominance – and now, since 31 January 2018, we are being given the road map out of the rabbit hole.

It is a wonderful road map. It is the true spiritual way out of the rabbit hole, up through the Mansion Worlds and into the Celestial Heavens. It goes on. It is the road map up through all the Celestial Heavens of our Local Universe, then through the remainder of our Super Universe and then into and through Havona and ultimately to Paradise, the home of our Heavenly Mother and Father.

Some trip – huh!



Well, the Feeling Healing part is for us to fully recognise just how much we have been screwed over by being seduced, in the same manner as our parents, to live through our minds. Our minds are addicted to untruth, cannot discern truth from falsehood – but we are truth seekers! Also our minds are addicted to control of others and that includes our environment. It is this control addiction that our parents asserted over us, as we do to our own children. When we fully understand this, through our Feeling Healing and longing to know the truth of what lies behind the feelings that come to us, both good and bad – we reach a point of self-acceptance of just how screwed over we have become.

It matters not when we start this part of our journey. But it sure does help our own children should we commence our healing. A little progress that we make rubs off on our children – and their children.

We will come to see that our mind's control addiction is reflected in every aspect of our living, all through society. We will come to see that nothing which ails society can be resolved or improved upon until we begin to live through our feelings and have our minds follow – IN GREAT NUMBERS – well, a few to start with will do fine.

**Suppression & Repression = Universal Depression**

It goes something like this:



We are conceived with the collaboration of parents who are typically unaware of our presence and consequently they are unaware of our intrusion into their life. We feel everything that they hold suppressed within themselves. Sixteen or so days later, when our embryo has advanced sufficiently to pump blood, we are incarnated. At that moment we are an individualised soul. We have commenced our physical experience, the one and only physical experience that we are to have and can have.



Our physical parents and carers impose upon our personality a way of living life that they believe is best for us. This is a reflection of how they were brought up by their parents.

Our pre-schooling and education is an extension of our parents' controlling platforms – our teachers have been mind inducted and have had that advanced by their own education and training to become teachers.

The religious organisations come into our life with how we are to obey their rules – adhere to their ways and embrace their set of truths. They have great things to share with us, but again they are de-facto parents and are taking us further into our minds and their control.

We become employed – our employers impose their controlling platforms over us.

We have local government, state and regional government, federal government and global governance.

By now we are zombies with no self-expression and function in a limited kind of stupor!

**GREAT**  
**-Turn**

This was all imposed upon us by wayward high level spirits some 200,000 years ago!

That is now to end. How we are to end our entrapment living in a stupor as zombies, trying to be the same as everyone else in some form or manner, is what is being shared now for all of humanity. And all of humanity means those living in the physical here on Earth as well as those living throughout the seven spirit Mansion Worlds as well as the two Earth planes that are commonly known as The Hells.

This is massive!



↑ Earth

**CREATOR**  
daughter and son

*Avonal Pair*

SPIRITUAL LEADERSHIP

**SPIRITS OF TRUTH**

**LOCAL UNIVERSE**  
**NEBADON**

**HUMANITY**  
OF  
**PLANET EARTH**

Both the Creator and Avonal pairs are bestowals from Paradise and have Spirits of Truth that are released following the death of their physical bodies. The Creator pair is the co-regent of our local universe of Nebadon. They have set the pathway for the Avonal pair to show the way for Earth's humanity to heal itself of the Rebellion and Default. The Avonal pair's focus is one humanity, of Earth, whereas the Creator pair is for all of Nebadon.



### The STRUCTURE of the SHIFT to the NEW FEELINGS WAY:

The shift to the New Feelings Way will unfold through passive embracement by humanity over many years. This has been planned to the greatest detail. This event has been unfolding for thousands of years – possibly since the time of Abraham – certainly having commenced when the Creator Daughter and Son, Mary Magdalene and Jesus, lived on Earth. You could say that 31 May 1914 heralded the commencement of this event when Celestial spirits with Jesus commenced writing through James Padgett. Further on, high level spirits delivered The Urantia Book (1925 – 1935). Now we have the writings through James Moncrief (commencing 2002 and ongoing).

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief by Mary Magdalene and Jesus providing great insight and guidance.

Mary and Jesus are well advanced in passing over their direct involvement with Earth, being the ‘End Times’, to those within the Celestial Heavens. When this is completed, the Handover may also have taken place. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide humanity through their Feeling Healing for the next 1,000 years, being the next Spiritual Age. The Handover may take place after the Avonal pair complete their personal Healing of their Rebellion and Default. Upon the Avonal pair’s death, then their Spirits of Truth will be liberated, and together with Mary Magdalene and Jesus’ Spirits of Truth, these four Spirits of Truth will provide guidance for Earth’s humanity throughout the coming Avonal Age.

Major events have occurred throughout the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents’ Divine Love, thus they are doing their Soul Healing:

Early 1990s:	The arrest and imprisonment of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative mind-spirit influence was blocked by Celestial spirit.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to <b>‘house the future of humanity’</b> .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

We are to follow the prompts – well actually – our feelings!

**THE**  
**GREATEST**  
**SHOW**  
**is ON EARTH**

## **HOW is it that the Greatest Show IS on Earth?**

We look into the sky and we see the Sun, our star, and we know it has one planet that is inhabited – with Earth’s humanity. We look into the night sky and we may see, on average, around 1,000 stars. Each star has between nil and three inhabitable worlds, like that of Earth – on average more than one is inhabited.

A ‘local system’ has 1,000 inhabitable worlds of which about one third is inhabited. The system which Earth is within has 619 inhabited worlds of which Earth is number 606. We are a young planet. Our system is called Satania. Local Universe high level spirits (not as high as those from Paradise) of the Lanonandek group are assigned the spiritual development of local systems. The Lucifer soulmate / soul partner pair was assigned the role of System Sovereigns of Satania. Their deputy was Satan with his soulmate. The Planetary Prince was the soulmate pair, Caligastia, their deputy was the soulmate pair, Daligastia. These are all Lanonandek spirits from within our Local Universe called Nebadon.

Some 200,000 years ago, Lucifer induced the humanities on 37 planets within our local system to embrace their minds as a way of living, suppressing our feelings. As women are closer to their feelings than men, men were induced to subjugate women, as women could see through the foolishness. To compound this error, Caligastia and Daligastia brought about the Default of Adam and Eve, that was more than 38,000 years ago. Of the 37 rebellious humanities, only Earth has Rebelled and Defaulted.

100 local systems, each of 1,000 worlds, makes up a constellation, and 100 constellations makes up a local universe. Our local Universe of Nebadon consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited. Mary Magdalene and Jesus, Creator Daughter and Son being from Paradise, are the co-regents of our Local Universe of Nebadon.

Earth’s humanity is subjected to Rebellion and Default. The remainder of the Rebellion worlds have not Defaulted. No other humanity throughout Nebadon have Rebelled. There are 100,000 local universes in our Super Universe – no others have Rebellion. There are 7 Super Universes in a circle – there are no other Rebellions. ALL are watching how Earth comes out of its Rebellion and Default – Earth’s humanity is the Greatest Show in progress throughout all the universes.

While Earth’s humanity remains in the Rebellion and Default, Earth is quarantined from visitation from any other humanity (as are all of the 37 rebelling humanities). Earth has not been visited by any other humanity these past 200,000 years. It remains quarantined until it has healed itself of the Rebellion and Default. Further, Earth’s humanity will not be allowed to travel beyond its local solar system until it is healed.

ALL non-rebelling humanities live in a soul condition that approximates or is close to that of Celestial soul condition. Consider that being around 1,000 on the Map of Consciousness (MoC) – Earth is 212!

What is being introduced to Earth’s humanity at this time is the way for Earth’s humanity to heal itself of its Rebellion and Default and that is by Living Feelings First which is engaging in our personal Feeling Healing. Slowly and progressively through the coming Avonal Age of 1,000 years Earth’s humanity will evolve to a significantly higher level on the Map of Consciousness with many living in a Celestial soul condition while living in the physical on Earth. This will eventually enable Earth’s humanity to re-enter citizenship throughout our local universe.

This announces how incredibly important and progressive the guidance and revelations are for all of Earth’s humanity – both in the physical as well as in spirit.



## **LIVING TRUE IS HEALING ONE'S SELF OF CHILDHOOD INJURIES:**

Messages from Mary and Jesus – Mary 10 April 2003

As we are all of the Mother and Father, if we do anything that goes against Truth or Spirit or Mind or Will, or Their Laws of Love, then we are going against all of our self – our own soul, and the whole of Creation. And if we want to live true – true to the Truth, true to our soul, and true to God, then we have to rectify this at some time. In going against Truth we bring about pain – penalty – in ourselves, as this is to show us that we are doing the wrong thing – going the wrong way. And when we come back into harmony with the Laws the pain goes – the penalty has been paid.

Currently in the negative mind state humanity does not want to live true to God's Laws, so man's laws are different to God's. So all that you do is against the Mother and Father's Laws of Creation and Existence. And this is what then causes all the pain in your soul, as you live each day refusing to honour the Truth of God. And no matter what you believe about how good you may be, if you are not living true to your soul and God's Laws then you are hurting yourself.

The Mother and Father say individually: Love Me as I love you; and together: Love us, as We love you. You come into the world asking your parents to love you as you love them. But they in their negative state do not honour this truth, so every little bit of them that does not love you, you feel hurt by. As they dishonour you so you dishonour yourself, for in your love for them, you are accepting that they are right and true, as you do not know anything else. You then take it on, all how they treat you, and do what they have told and made you do to yourself and others; you become as they are – negative. And so you live dishonouring yourself and the Mother and Father's Soul Laws. You cause great pain within yourself on all levels, not just in the physical. All pain you ever experience is saying to you: you are wrong in how you are being, and so you need to look to find the truth of why this is so.

When you want to know the truth of your pain, you will want to see the truth of where you are dishonouring yourself and the Mother and Father; then when you do see what you have done, you will feel bad about this, and then seek forgiveness, being healed and forgiven when you see the truth, and your pain all goes. You can go to Them and ask Them to forgive you, but as They are love and already do, you are really allowing yourself to forgive yourself, for it is you that does not love yourself, as seen by the act of dishonouring yourself. Then as you turn around and willingly want to live true, the Mother and Father remove the pain you have been suffering and fix that which within you has become dysfunctional as a result of your transgression. Then you are healed, so far as this part of truth has been honoured, and that part of dysfunctional you is living true to the Laws of Love, living true to your soul and to Them.

As you do your healing you are actually forgiving yourself. By wanting to see the truth and asking the Father and Mother to help bring up the unexpressed pain and feelings that are within you, that will show you where you are going wrong. You will be able to see the problem and then want to fix it and seek forgiveness of yourself (and from Them if you feel the need); and you will be loving yourself and Them instead of rejecting yourself and Them.

Gradually through your healing, you will work your way back through all the levels of truth within you that you have dishonoured since conception; with all the pain surfacing, and all the causes being seen that made you rebel against yourself. And with each step you will be forgiving and increasingly loving yourself. Your healing is you loving yourself back into perfection. And the longing to the Mother and Father for Their Love is the way to fuel this by becoming a divine soul.

When you love yourself truly, then you will love your neighbour and every aspect of Creation, as you love yourself. This will be your state of being – just like the Mother and Father, and you'll naturally be

honouring all Their Laws of Truth. And you will live free in Creation without any pain, worries or problems; eternally happy, as you long to be.

By praying to the Father to forgive you, you are not taking responsibility for your own actions; you are not seeking the truth of your evil causes. Forgiveness comes when you admit and accept your wrongness; when you uncover the truth of why you are it, or doing it, all through the expression of all that has made you feel bad. Through full self-feeling-acceptance you can free yourself from your negative condition. The Truth will set you free! The truth you uncover as you accept and express your bad feelings.

And as you do this God will change into the loving Mother and Father. You will come out of the old beliefs and ways of seeing things, entering into a new way of living and seeing how everything truly is.

When you were a young child you were the closet to your soul and to God. Up until you fully took on all the negative mind circuits you were still more pure and true to Their image. And you loved more as They love. A child loves freely and unconditionally. It loves without judgement or criticism. Look to the child to show you God, this will help you see more truth than looking out into the adult world as it now exists. And then look how the parent changes its child, from being pure and true, into another untrue adult. Look how you make your child turn against itself and live untrue to God. Look how the parent makes it live true to the wants, likes and dislikes of itself. Your child will help you see how wrong you are. It will show you if you allow it to; it will show you through your feelings.

**Your soul-healing is concerned totally with you finding the truth of all you are; all you feel, and all through your feelings.**

Messages from Mary and Jesus      Mary 14 April 2003

**The feeling controlling mind is nothing more than your parents' control over you encapsulated in your mind.**

Messages from Mary and Jesus      Mary 15 April 2003

**During your childhood you were made to change from being naturally good to being bad, and it hurt. Now you are being asked to change back to good from bad, and it hurts just the same.**

Messages from Mary and Jesus      Jesus 14 April 2003

**You are completely self-contained.** You will blame your parents for what they did to you through your healing, but when you are healed, you will be able to see how you took it all on wilfully from them; and so wilfully you have to choose to divest yourself of it and set yourself free. And this can only happen with love – your own natural love, through acceptance of all your badness and bad feelings, together with the help of the Mother and Father's Divine Love. And so it is entirely true that love is the cure-all, and that love will heal you, your love, and the Mother and Father's

Messages from Mary and Jesus      Jesus 14 April 2003

# NEW FEELINGS WAY A WAY OF LIVING.

The New Feelings Way is working with your feelings to uncover the hidden truth of yourself. It's to find the Truth of Yourself Through Your Feelings. So the two have to be worked in conjunction with each other: Expressing ALL, and most importantly, ALL YOUR BAD FEELINGS, which we are more than likely denying, all so we bring the truth of why we are feeling them to light. This is getting to know ourself – the truth of how we are. It's living true to our feelings. Accepting, expressing and longing (wanting) to find the truth of them within ourself. It is a way of living that embraces and looks to express all our feelings and emotions so we can see what they are all about, what they are showing about ourselves; unlike how we live denying the truth of our feelings and basically not having a clue about ourselves and why we're feeling what we are.

The difference as to living as we currently do – the Old Way – which is mostly feeling-denial; and even if one is more feeling expressive, it's still not longing for and wanting to uncover the truth of those feelings. We live denying ourselves the truth of ourselves, because we don't want our feelings to lead into the truth and horror of how unloved we felt during our childhood, and how we still feel unloved.

The New Feelings Way, is doing the opposite of this. Stopping what we are doing, focusing on our bad feelings in particular, the ones we are most likely to deny; fully acknowledging them, bringing them up and out of us by expressing all they make us feel and all we feel having them, all as we long and want with all our heart to know the truth of why we are feeling them. Understanding that that truth is going to be very confronting, because it's going to show us the truth of all our relationships, with ourself, our parents, friends, children, loved ones, partner and God. And if there is any unlovingness in any of them, the truth is going to bring that all to light.

If we want to carry on in the Old Way, sure, being more feeling expressive will generally help our relationships, however that's not what the New Feelings Way is all about. The Old Way, which is the current way for most people, is denying the truth of ourself by denying our feelings. The New Way, is working with and wanting our feelings to show you the truth of ourself.

Having someone to talk to who is willing to listen to all our feeling expressing without trying to stop you, is just one part of how to express our feelings so as to help us uncover the truth of them. It does matter what we talk about, otherwise we continue in a truth denying state, the Old Way. In the New Feelings Way, it very much matters what we talk about, which is all our feelings and all how they are making us feel, all so we can find the truth of them. The New Feelings Way is ALL AND ONLY ABOUT UNCOVERING THE TRUTH IN OURSELF. And doing that through our feelings. It's all about the Truth, all what we're setting out to do, so not to water that down. The Old Way is all about not finding the truth and doing all we can to deny it. So do you see, it's not just about talking in general, it's all highly specific, and a specific and fully focused way of being, way of living, not just more of the old general stuff.

There is room for, and of course is all part of, the feelings and self expression side of The New Way, talking more generally about feelings, about how important they are, and how acknowledging and expressing them is helpful in life, adding to more fulfilling and meaningful relationships. But that's just part of our naturally expressing ourselves, with The New Way, being specifically about showing up the Old Rebellious Truth-Denying Way. We're about wanting to offer people a way out of their yuk, a way out of their rebellion, a way out of their pain, a way out of their mind controlling beliefs and behaviour, and so how to do that by using our feelings – which leads us into doing our Spiritual Healing.

yuk

# NEW FEELINGS WAY

The way to Paradise and All-Love is a Feelings Way. The Feeling Way is about honouring – accepting and expressing, and longing for the truth, of all feelings. By doing our Spiritual Healing (Feeling-Healing and Soul-Healing with the Divine Love) we can uncover the truth of why we’re living in rebellion against the truth of ourselves. Why we live by denying so many of our feelings; especially our bad ones.

The Way of the Rebellion, The Mind Way, leads ultimately to mind-extinction involving annihilation of personality and soul. The Mind Way is about denying as many feelings as you can, selectively choosing the ones you want, all to maintain control over yourself. And yet by denying feelings and your expression of them, you are denying the truth they would help you see about yourself. So you are denying your own Spiritual Growth Of Truth. All of which can only lead to bad outcomes.

The Mind Way is a Dead End – and only pain. The Feeling Way is eternal growth of Truth, Love and Happiness. By truly embracing our feelings, longing for the truth they are to reveal, we evolve through:

Phase 1: Spiritual Healing through the Mansion Worlds and into the Celestial Heavens.

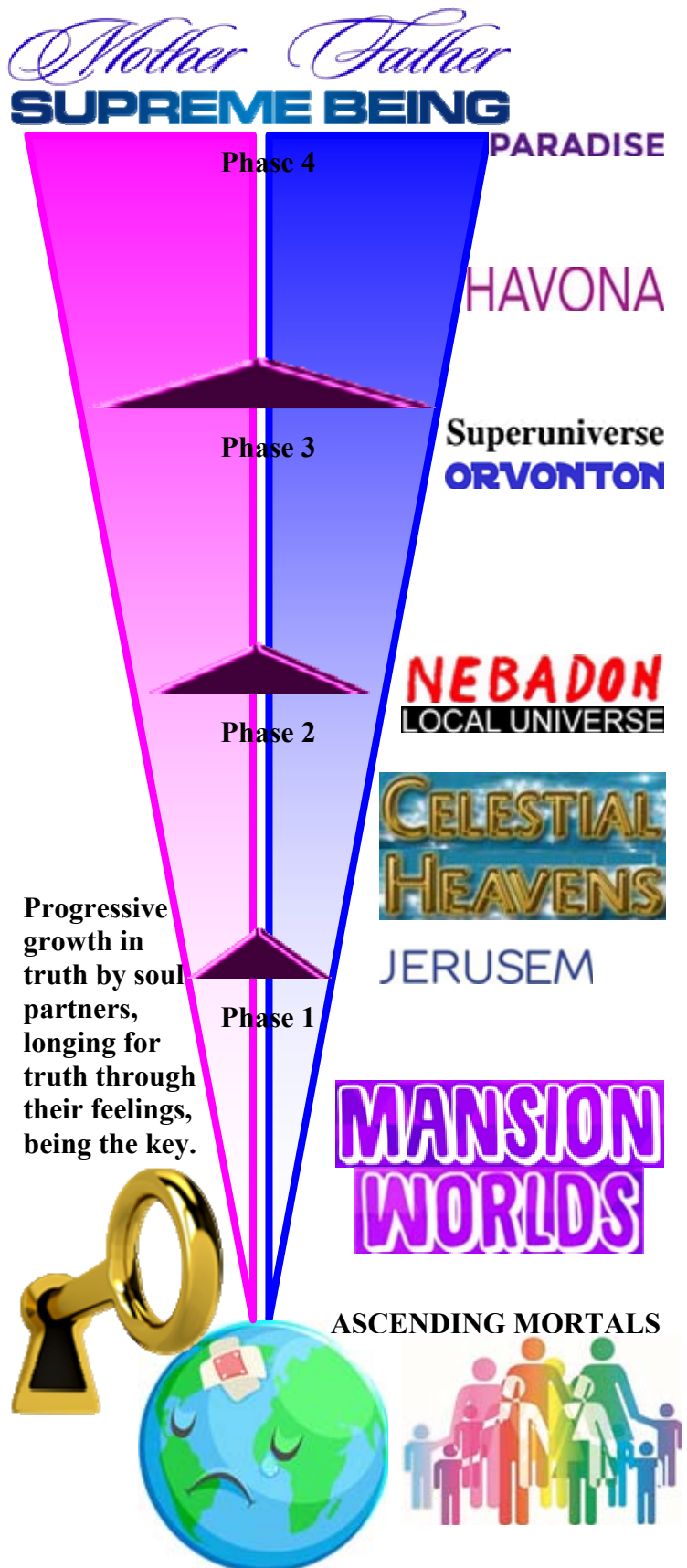
Phase 2: Evolving in Truth through our Local Universe, Nebadon, and into the superuniverse: Orvonton.

Phase 3: Truth progression through the superuniverse of Orvonton.

Phase 4: Truth progression through Havona, and attaining Paradise.

ALL Soul and Truth Progression is done by Living True To Our Feelings.

The New Feelings Way.





## THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using your mind will mean the True Spiritual Pathway will always elude you. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

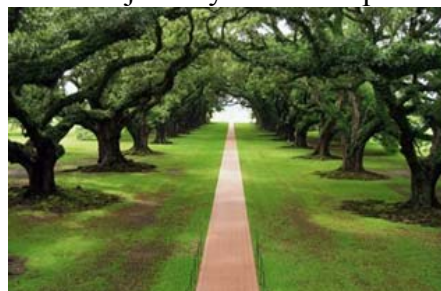
If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And you may believe you are getting somewhere with your feelings, only to realise centuries later in the spirit, mind Mansion Worlds that you've still been leading yourself astray and away from your true feelings.

Surrender and submit willingly allowing your feelings to emerge and be expressed. Long for the truth your feelings are to reveal. Persevere. Allow your feelings to be your way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Nabadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their home.

It is the True Way, the New Feelings Pathway, that takes you all the way 'Home'. It is a journey of ever-expanding Truth and Love.



# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

or embracing the New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or the Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.

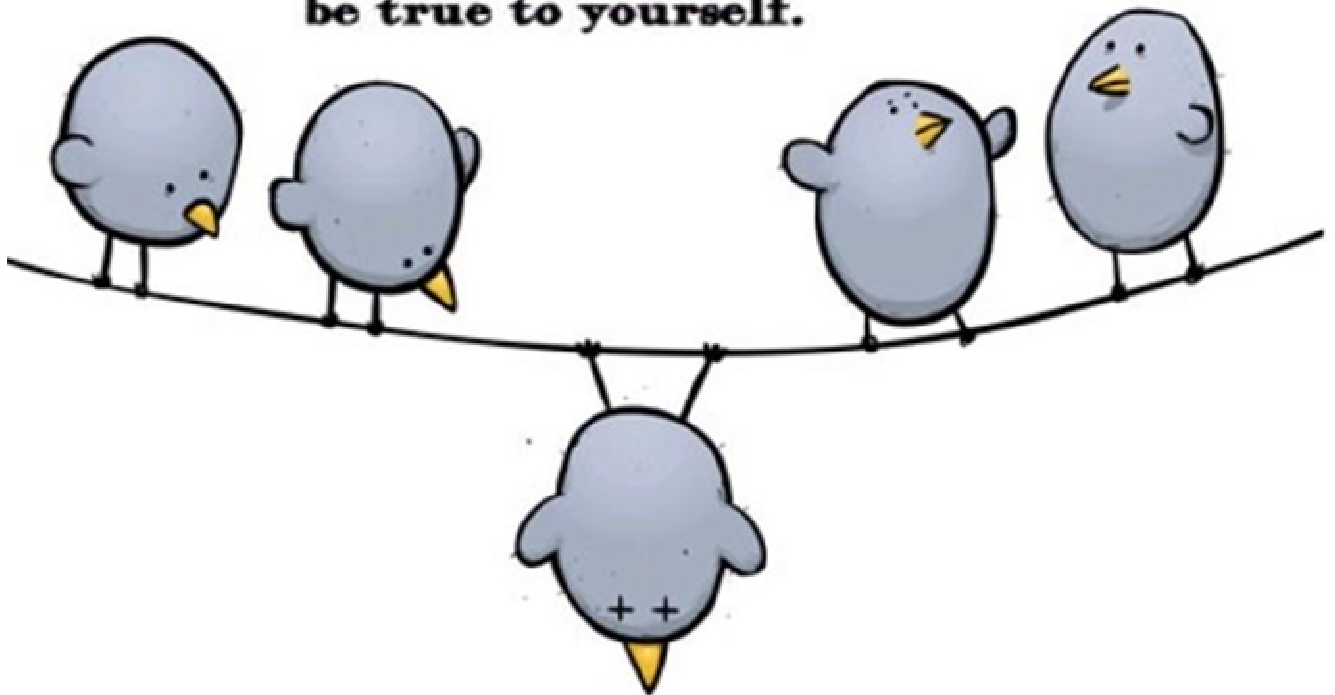


# **Be True to Yourself**

**open your heart**

**and always**

**be true to yourself.**



**BE  
YOURSELF**

*An original is always  
worth more than a copy.*



# Oh, what a feeling!

**Oh, what a feeling!** When we pass over into the spirit Mansion Worlds, we enter into an environment much like that which we are accustomed to on physical Earth. We all arrive on the 1<sup>st</sup> spirit Mansion World into an arrival hall that is much like a hospital setting for convalescing people – to be greeted by people that we know from our physical life and who have gone before us.

We don't change. Our personality and characteristics remain as they are while we were alive. AND so does that for everyone else!

So, everyone else that we knew while we were alive will treat us how they were during our physical life. Their controlling ways will continue to prevail – as will our own.

We will function the same way as we did when we were alive physically. If our environment remains comfortable then year after year will go by and we will continue in our patterns as before and so will those who will continue to exert their will over us in the manner they contrived and developed while on Earth.

The charade will continue. The false love will possibly be more finely tuned. The impression that we are all 'happy' will be all embracing and presented as the mind continues to develop its control over us.

The magnitude of this seduction is suppressive. Why would we want to have the same zombie life style and stagnation that we came accustomed to while we lived in the physical. Living in a stupor, acting out our retardation of our true selves for years on end is just depravity at its maximum.

There are some differences:

We have lost a lot of weight. However, when we are just within our spirit body, using your spirit body fingers and pinching your other arm or body, you will find that your spirit body is just as tactile as your physical body was. The spirit etheric body is the template to your physical body – you look the same. You may have de-aged some years, that is if you had reached senior years when dying.

The Law of Compensation applies instantly. Should someone seek to harm another then they will instantly feel the pain that they intended to impose on another thus debilitating themselves and disabling them from bringing about that injury. No one can cause harm to another. But their controlling ways continue. Religions abound throughout the spirit mind Mansion Worlds being 1, 2, 4 and 6.

Everything is free. You do not have to work for a living to feed and house yourself.

You no longer have any physical pain or illness. You still have all the emotional issues, depression and social issues that you took on during your physical life. And so does everyone else!

What confronts us to heal during our physical life continues to confront us during our spirit world life. It all waits for us to confront and address and heal ourselves of. Nothing is put aside. We can use our mind, and most do, to suppress our painful and bad feelings – for thousands and thousands of years. Many become very adept at hiding their true selves and in this way they become guru like and some progress beyond the 2<sup>nd</sup> Mansion World into the 4<sup>th</sup> and 6<sup>th</sup>. The vast majority of spirits who remain mind enslaved remain in the 1<sup>st</sup> and 2<sup>nd</sup> spirit Mansion World – maybe more than 200 billion personalities!

Do we want this stagnation? Do we want to go through each season, each year, each living experience of absolute repetitive stupefied numbness, again and again? Do we want to continue to suppress our true personality infinitely? Do we want to remain frozen in our cocoon of ignorance? Do we want to remain the false impression of a person that our physical parents and carers imposed upon us any longer? Do we want to remain in an environment where no one understand or knows what love is? Do we want to have to continually contend with seemingly well meaning people trying to impose their will upon us when all it is their controlling addictions?

We can be vibrant, highly insightful, truly loving personalities if we would only begin to heal ourselves of our suppression and repression. Once we commence this journey – a difficult one – then we forevermore put aside our imprisonment in our mind and move into Healing Worlds and on a Pathway to truth and love.

We now have the guidance and high level spiritual revelations that clearly identifies for us all the one only pathway that enables us to open the doors to the wonders that awaits us all when we put aside our capitulation to mediocrity and stagnation. We are to live through our feelings, our soul-based feelings. We are to embrace our feelings and have our minds follow, assisting with the implementations of what our feelings lead us to embrace and do. We are to long for the truth of what our feelings are bringing to our attention, both good and bad.



We have been lead to submit to our minds, to worship our minds, to depend upon our minds to bring about god like potentials that are allusive and will never eventuate. We are truth seekers. And it is through truth that love emerges. We have all been seduced to live the wrong way around for these past 200,000 years. The Rebellion was 200,000 years ago and the Default of Adam and Eve was more than 38,000 years ago. All of nature is meant to live through the mind, however, humanity which is ensouled is a truth seeker and is to live through the feelings emanating from the soul. Our soul is the source of all truth that we are to find.

We are to embraced our soul-based truth. It is through our soul-based feelings and longing for the truth of our feelings, both good and bad, that we will evolve in truth and consequently love. No other pathway will enable us to evolve. No other pathway will lift us through the healing process and the Healing Mansion Worlds. We can commence by living feelings first which is being fully engaged in Feeling Healing, then embrace our Heavenly Mother and Father's Divine Love, or should we wish to commence our Feeling Healing then we can do so and then embrace Divine Love. We can do this in little steps or full on or anything in between. But we are stuck in the mind Mansion Worlds until we start to long for truth behind our feelings through engaging in Feeling Healing.

Ouerioena lived on an island that later submerged in the Pacific Ocean, he has been in the mind Mansion Worlds for some 40 thousand years. It was only 200 years ago that he was introduced to Divine Love and the possibilities of Healing himself. He is now in the 1<sup>st</sup> Celestial Heaven with his soul partner, Marie, John's mother. His story follows.

Raymond, John's 1<sup>st</sup> cousin, entered the 1<sup>st</sup> Celestial Heaven possibly late 2018. His story of transition and experience of love in the Celestial Heaven follows.

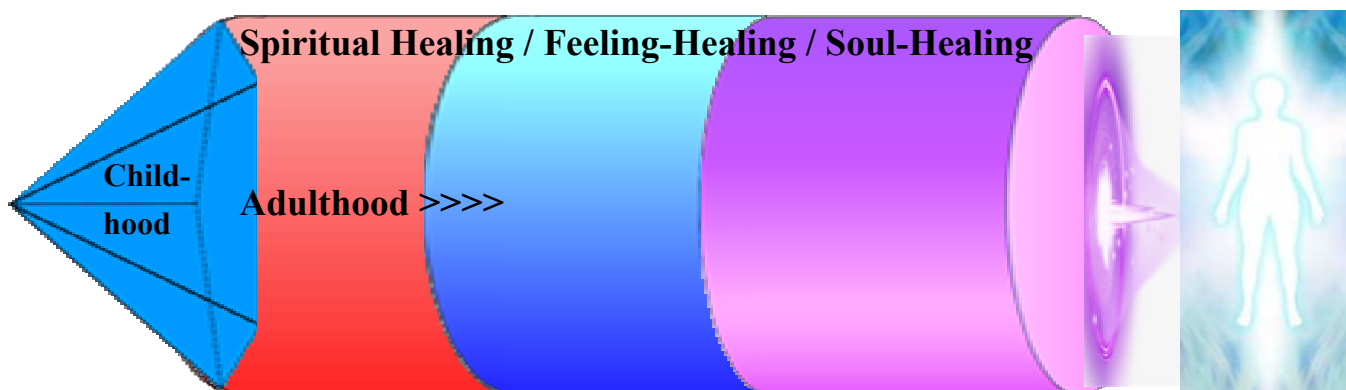
It is only due to the formal ending of the Universal Contract governing the Rebellion and Default on 31 January 2018 that Celestial spirits can now communicate and provided guidance and assistance with

people in the physical on Earth. While the Rebellion and Default prevailed, Celestials were restrained however on the 22 March 2017 they have been enabled to block communications between negative influencing mind Mansion World spirits and people in the physical on Earth. Our guidance has now been transferred from mind orientated spirits to Celestial spirits. Hence these incredible revelations.



**SPIRITUAL HEALING:**

We incarnate into Rebellion, and by default become untrue to ourselves. The truth of which we are to see through our Healing. And once seen, then we will no longer be of the Rebellion, being a true, happy, perfect and all-loving personality.



The Healing is about becoming true to being as you are in your untruth. As you become aware, facing and accepting the truth of how wrong and untrue you are. And once you’ve brought all your untrue self out through each stage of your Healing and are wholly aware of yourself and your rebelliousness, then your soul and God will transform you out of being untrue and into becoming your true spiritual Celestial self, be that in the physical or when you do your Healing in spirit.

**SOUL, from another dimension, is connected to the SPIRIT BODY:**

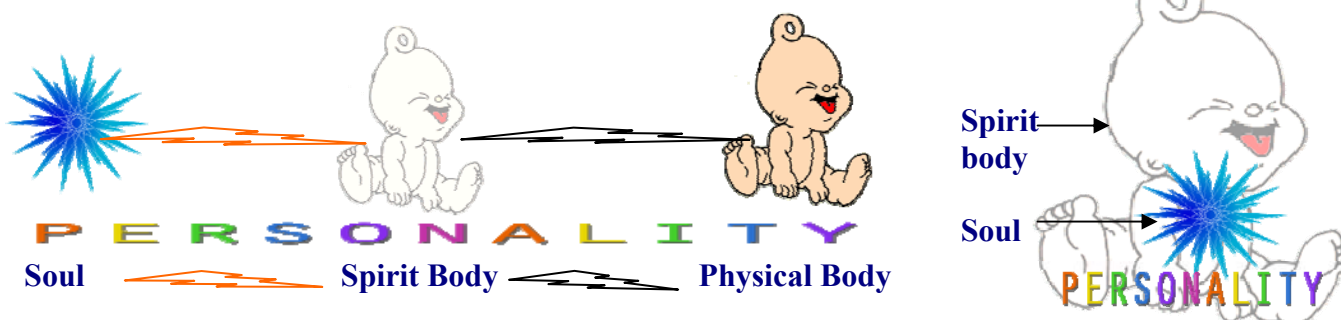
The soul is a most durable and strong structure. We all have one and all are learning about the soul that we have. When it incarnates it enters into the wonderful process which simultaneously sets in motion the creation of a spirit body that enshrouds the developing physical body. This it does twice, one female and one male – one soul, two personalities being soulmates / soul partners. The soul is an incredible structure as it brings with it almost unimaginable potential which includes the talents and passions of each of these two individuals.

The soul contains all of the elements that make a human a human. Therefore it contains the elements which modify and direct the expression of emotion in humans that give humans their individual qualities. Despite the variation of emotional expression in different cultures there is a great uniformity of emotional expression throughout humanity. When an emotion is expressed truly by any person it is capable of being recognised for what it is by any other person.

In small children and babies, the expression of emotion is initially quite simple but recognisable and develops as the child grows and is profoundly influenced by the relationship with the closely attending persons, be they parents or others. The small child learns a lot by following and aping what is done by other children and adults so it learns patterns of expression of emotion and learns the acceptability or otherwise of emotional expression. It is taught what is 'right' or 'wrong' in its immediate environment so there develops a great variety of emotional expression and repression. Thus facades evolve and suppression of true self unfolds.

The spirit body and the soul are inextricably joined and remain so during existence. The soul 'drives' all our personality existence, our spirit and physical lives, in Creation. Upon death our physical body 'dies' with our soul still expressing our spirit personality. And our consciousness, our life focus and awareness, moves from living focused in the physical to living focused in spirit.

The soul is displayed by virtue of the development of the human personality and its qualities. The physical body is created with all of its physical elements the shape and function of which are largely determined by its human heritage as provided by its physical parents. Even though the soul has all of its potential in every individual, the fullness of its expression in any individual is directed to some degree at least by any limitations of physical and mental structure although these are not, of themselves, absolute in their effect. By that is meant that a soul which is developing powerfully can shine through and transcend what seem like insurmountable physical and mental odds. This means of course that a human who might appear to be greatly hampered by their human heritage is capable of great soul development while on Earth. There is great individuality in this as in all things human.

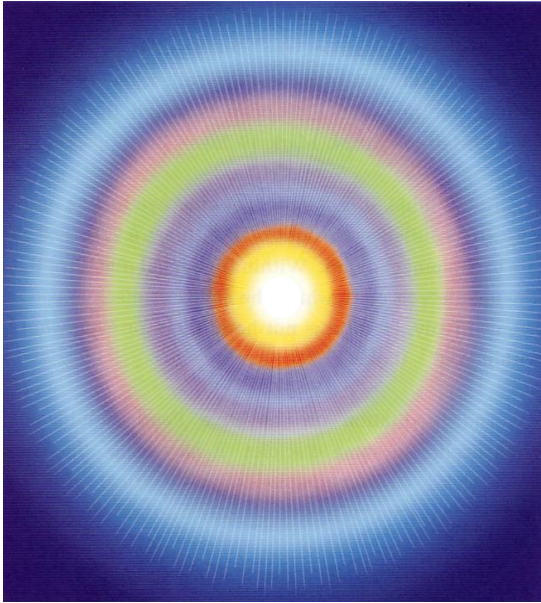




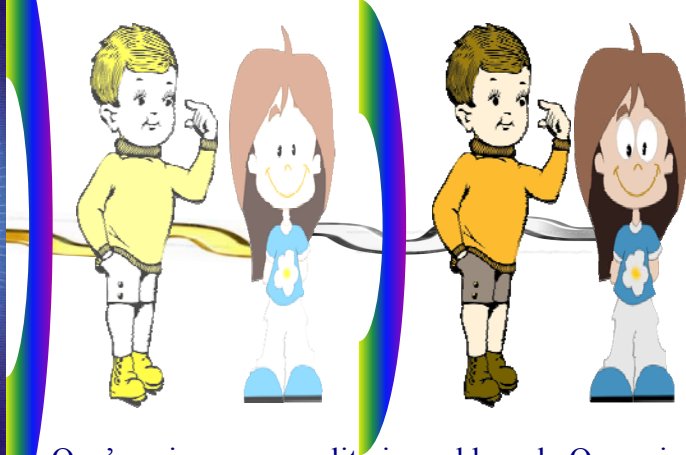
## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## PERSONALITY



**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and female personality - it is a duplex!**



# Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2<sup>nd</sup> Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if they were on physical Earth.

Physical incarnation (individualisation) is complete with the first heart beat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages occur annually. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

# Soul Partners

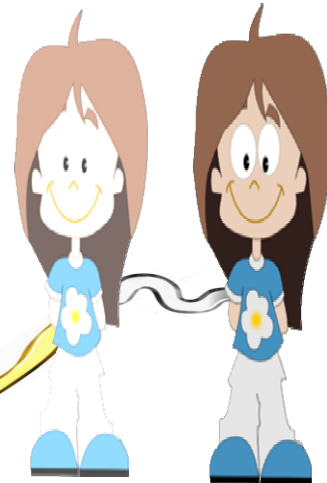
Physical / material body  
Brain

Spirit / etheric body  
Mind

Soul + Spirit Combination  
Senses  
Desires  
Memory  
Passions  
Intention  
Free Will  
Emotions  
Creativity  
Awareness  
Personality  
Aspirations  
Intelligence  
Consciousness  
The Real You is your Soul!  
Our Soul orchestrates everything!

## ONE SOUL = TWO PERSONALITIES

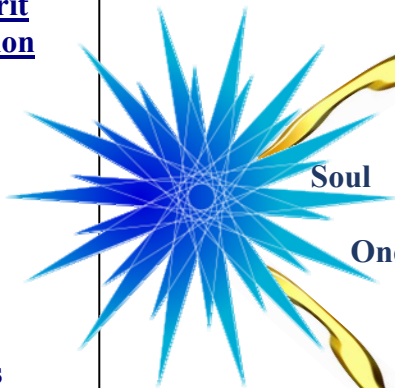
The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



Spirit Body

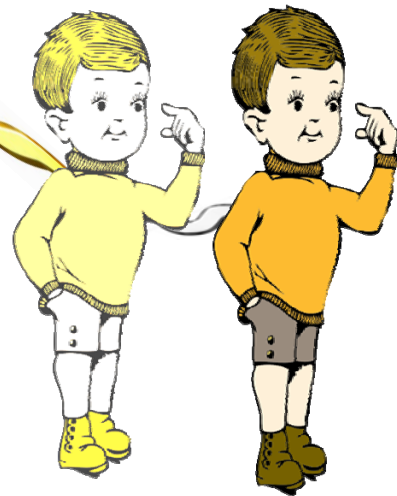
Physical Body

One Soul = Two Personalities



Soul

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



**EACH SOUL PAIR is ONLY BESTOWED a PERSONALITY ONCE:**

notes by James Moncrief, 11 February 2017

In theory the soul could end its incarnation and begin another, the soul can do anything as the spirit body along with all the rest, including the physical body, are a creation of it. So if the soul chose to stop and start sometime else – why not... in theory.

However the whole thing about the soul is that the Mother and Father have bestowed upon it two unique personalities, and these personalities are what the soul is expressing continuously in Creation once incarnation has taken place (the spirit body being part of the personality expression – an attribute of personality). And so for the soul to stop expressing its two halves as two distinct and separate personalities, it would mean those personalities would cease to exist; and then if the soul were to reincarnate, then the Mother and Father would have to bestow two more unique personalities on it.



But the trouble with this is that, we're told, They only bestow personality ONCE, so there's the rub, that is what disqualifies any notion of reincarnation being possible. Our Heavenly Parents have bestowed you as one unique individual personality of your soul, and you and your soulmate / soul partner with his or her also unique individual personality, is not about to be extinguished forevermore just so you can complete the 'Wheel of Karma'.



Personality is the key to it; Personality in Creation, which is the experiential expression of the existential soul. And Personality, like the soul, is a constant, the essence of which is unchanging: I will forever be me, and once I get all the yuk and error out of me, then I'll be a pure and true me, and waiting to be with my other half, my pure and true soulmate / soul partner.

**FEEL *for* TRUTH**

Accept, express – speak, about all you think and feel, good and bad about; and long for the truth. Always want to know the truth of why you are doing it, or why you want to do or have it, and why you need to do it or have it. No truth; no healing.



**FEELING TRUTH**

## THERE is **NO REINCARNATION**

- We do NOT reincarnate. Nor can we come back as an ant, a possum, a whale, a bird, any animal or plant or rock.
- We die and move into the spirit Mansion Worlds, and there we stay in the Mind Worlds until we decide to do our Spiritual Healing living the Feelings Way and embracing our ascent of Truth to Paradise. **WE DO NOT COME BACK TO EARTH IN PHYSICAL FORM – EVER!** We can as spirits visit Earth, but we can't ever have a physical body again.
- God bestows upon us our unique personality – you are who you are, and always will be YOU. You may currently be imperfect and untrue because of living in the Rebellion and Default, and through your Spiritual Healing you can become true and perfect. But you will always still be you, the same personality essence. You cannot reincarnate and become a new personality; God only bestows personality on us ONCE. You can't be John or Jill now and have been reincarnated with a different personality in the past, or reincarnate in the future with a new and different personality. For example, by becoming Fred or Mary or Janice or Li or anyone else, because if you were, or do become, Fred or Mary, you are no longer you. You will Always be You! And even if you did reincarnate, named John or Jill again, you'd be a different John and Jill with a different personality. So that can't be THE SAME YOU because the very act of incarnation means you are incarnating the one unique personality you are.
- There is no 'OverSoul' that incarnates multiple personalities during multiple time frames on Earth.
- People (and often children) who feel so strongly they can remember in great detail their past life (or lives) are not remembering their actual past life, they are being 'fed' such information from other spirits or from their own Indwelling Spirit. Our Indwelling Spirits of God might have indwelled other people's minds before (or even after) your mind, and can make you believe it was you living those lives, when it wasn't.
- There is no living multiple lives to 'burn off' or 'work through' Karma. All the 'karma' you acquire is done through this one Earth life, to be worked through when you settle the Law of Compensation and do your Spiritual Healing. Both of which can be done on Earth or in the spirit worlds.
- Reincarnation is part of the belief-denial of the Rebellion we live under. It is FALSE, UNTRUE and INCORRECT. It was made up by someone who didn't understand that there was ongoing life in spirit once we died, someone who assumed we all came back repeatedly to Earth until we were fully Enlightened. However part of our 'enlightenment' is to understand there is no such thing as reincarnation for us. And by holding onto such an erroneous belief will only delay your awaking of Truth by doing your Spiritual Healing.
- When you start living The Feelings Way, part of the truth that will come to you through your feelings will show you, as you will know it to be truth, that you have never lived on Earth before and reincarnation is not possible.

**REINCARNATION  
IMPOSSIBLE**



### NATURE SPIRITS

Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.

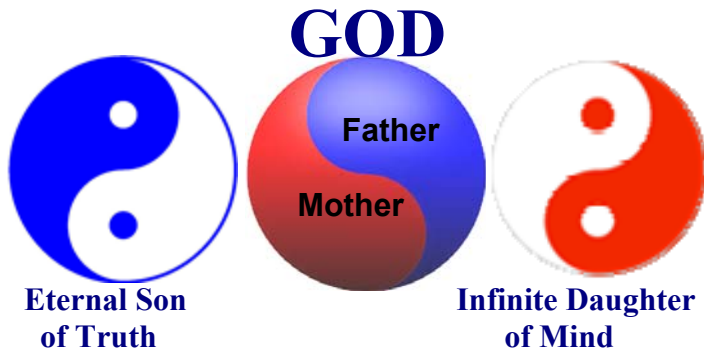


**Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’:** “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”

“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.





**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

Spirit Person

Nature Spirit



A nature spirit is an angel in waiting.

# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

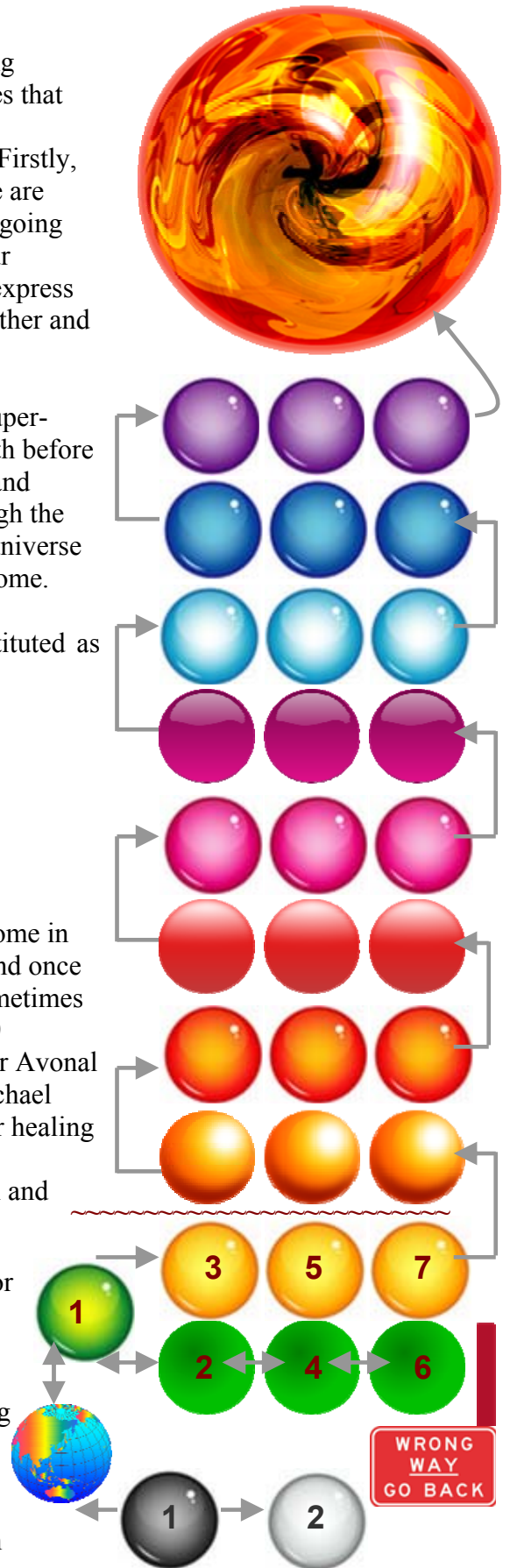
Each of the seven super-universes are approximately constituted as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres), we start to come in contact with spirits from other 'Earth' worlds. So in spirit, and once we've finished out Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soul partner pair, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 of Earth are for those people who have to compensate for evil wrongdoing. And once done, they may then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.





**WOMEN are OUR SPIRITUAL LEADERS!**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home

We men generally CAN'T do our Healing by ourselves, we need the help of a woman and / or women.

Women ARE the true spiritual leaders, they ARE able to live true to their feelings, and need to be recognised as such, appreciated for being so amazing in that capacity, and so supported and put first, something the man finds hard to do because of all his rebellious programming about being the superior dominant one.

If we men want to ever Heal ourselves of our wrongness, well we are going to have to fully honour women, we are going to have to ASK THEM FOR HELP. Women innately know the Way of their Feelings, whereas we men don't. Men spirits in the Divine Love Healing Mansion Worlds (3, 5, 7), all do receive help from fellow Healing women spirits or from higher Celestials (Sphere of Love 1, 2, 3). They all do, all of them. Not one man has done his Healing as Marion or Samantha are doing theirs. James Moncrief 20 Aug 17

The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause.

And then throw in their contrived Islam, and you have more male domination and the subjugation of feelings – of the woman.

Helen 20 Aug 17

The 1<sup>st</sup> and 2<sup>nd</sup> Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



Council of Elders now around 20 Soulgroups





**CRYING WORLDS HEAL, the LOVE WORLDS LIBERATE PERSONALITY:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups



Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, as in expressing all the aspects of one's self equally and lovingly, before one can leave the 3<sup>rd</sup> Celestial sphere – Sphere of Love, after having embraced the Way of Feelings.

When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere.

While we progress through the Divine Love Crying Worlds, we are to live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself.

We are to uncover the truth of our untruth through the Healing crying Mansion Worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and Default conditions are being cancelled.



We all arrive into the 1<sup>st</sup> Mind Natural Love Mansion World. Most continue their way of living without any awareness of the Feeling Healing process and the availability of Divine Love.

The 1<sup>st</sup> and 2<sup>nd</sup> Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!

**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



Council of Elders  
now around 20  
Soulgroups



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!



**OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Neadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Neadon, our Local Universe. The regents of Neadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.





## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

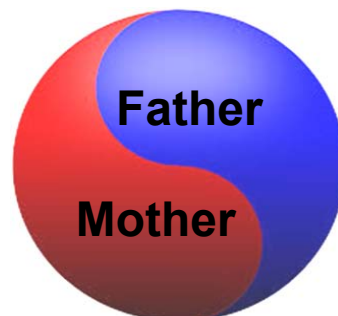
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

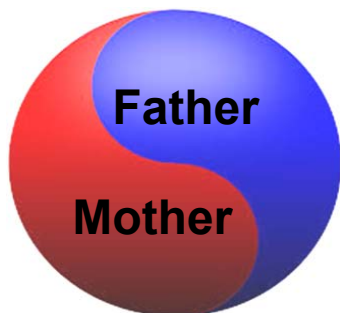


HUM

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**



**AVO**



**HUM**

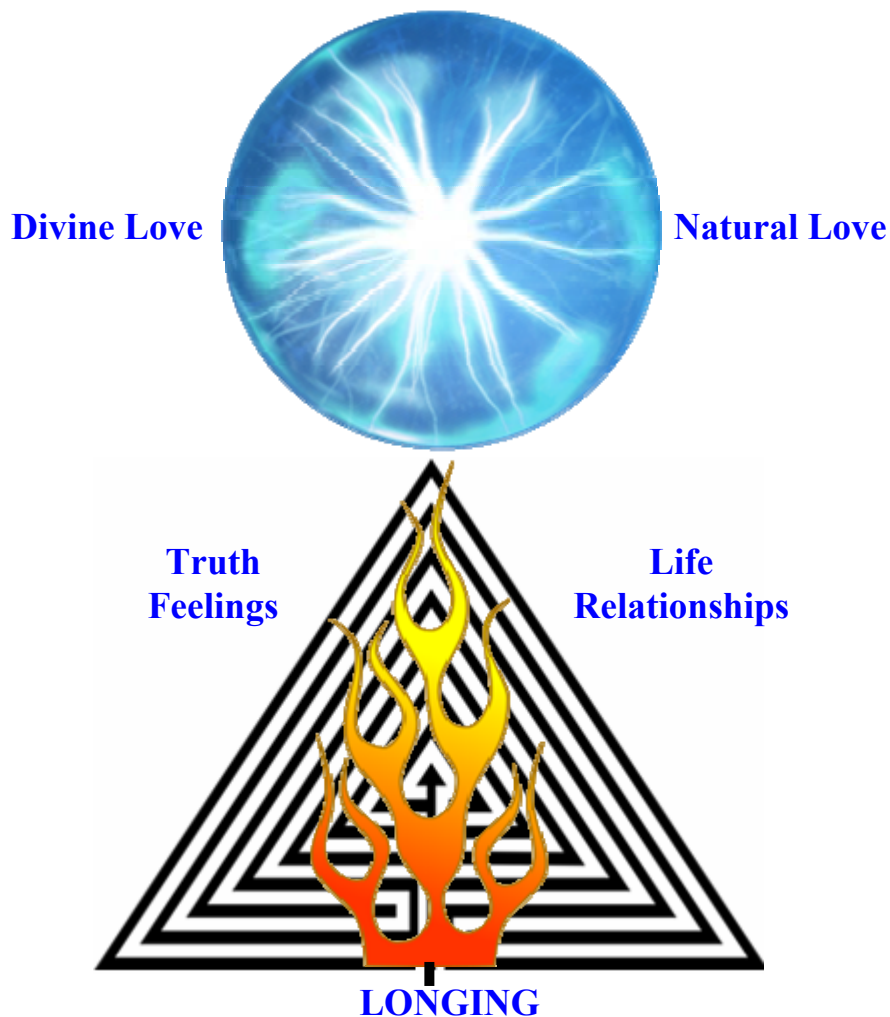
As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Neadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

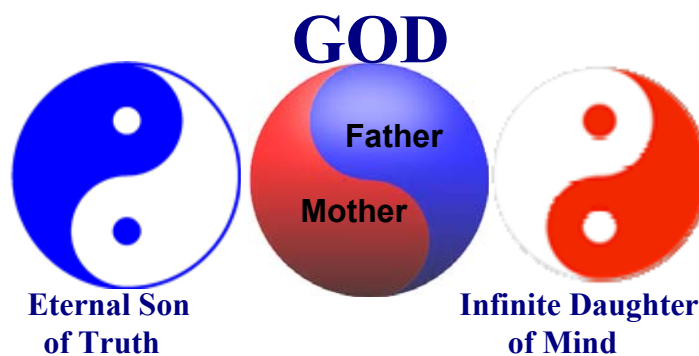
Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

**WE ARE Children of God**



**HOW TO GET TO PARADISE:****Long for the Divine Love****Long for the Truth****Long for the truth of your feelings****Don't deny any feelings: accept, express and want to know the truth of them****Know your feelings are the key; your feelings are the Way****Want to end your falseness and being untrue****Want to understand the truth of your early life****Use your surface feelings to move deeper into yourself, bringing up your repressed feelings****Want and long to know the whole truth of yourself****Want to do it all with God, your Heavenly Mother and Father – long to Them for help.****The Key**

**Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.**



**PARADISE TRINITY:**

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soul Partners)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

**The LOCAL UNIVERSE TRINITY:**

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

**PLANETS that engage in REBELLION:**

1. **AVONAL SOUL PARTNER PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soul partner pairs

Trinity Teachers  
as soul partner pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our case through the Rebellion and Default.

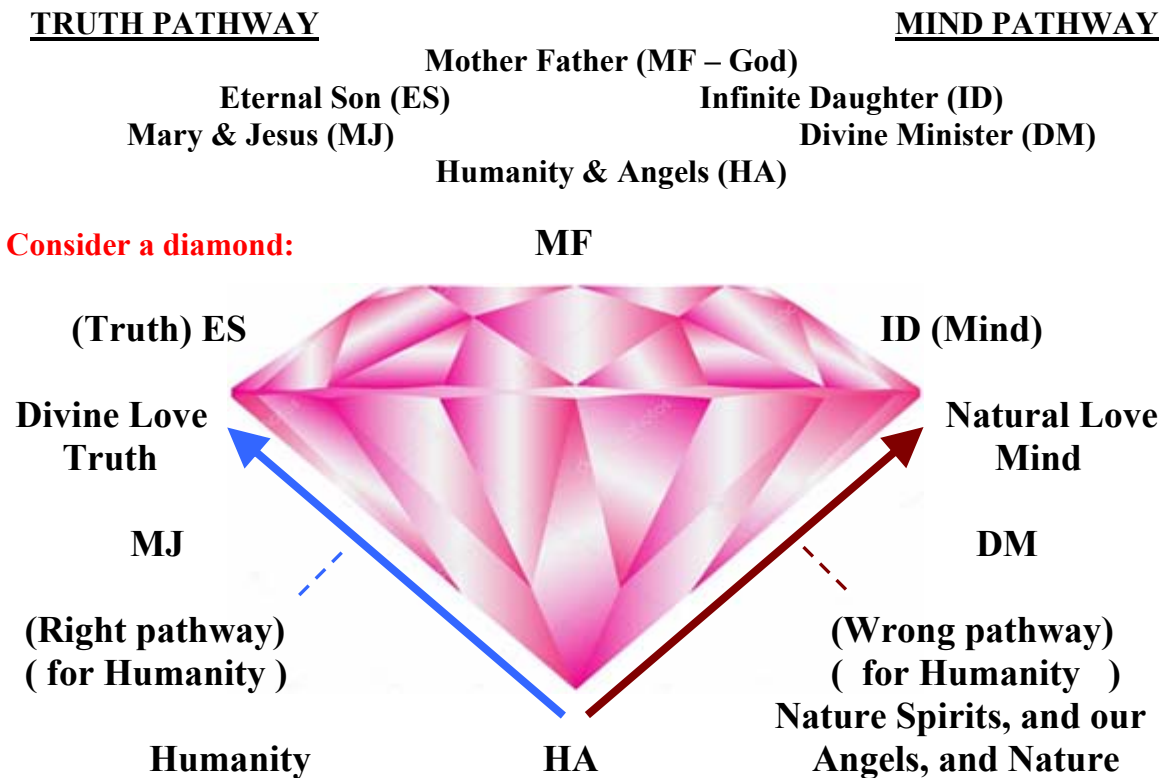
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifer, Satan, Caligastia and Daligastia soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soul partners when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: an Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

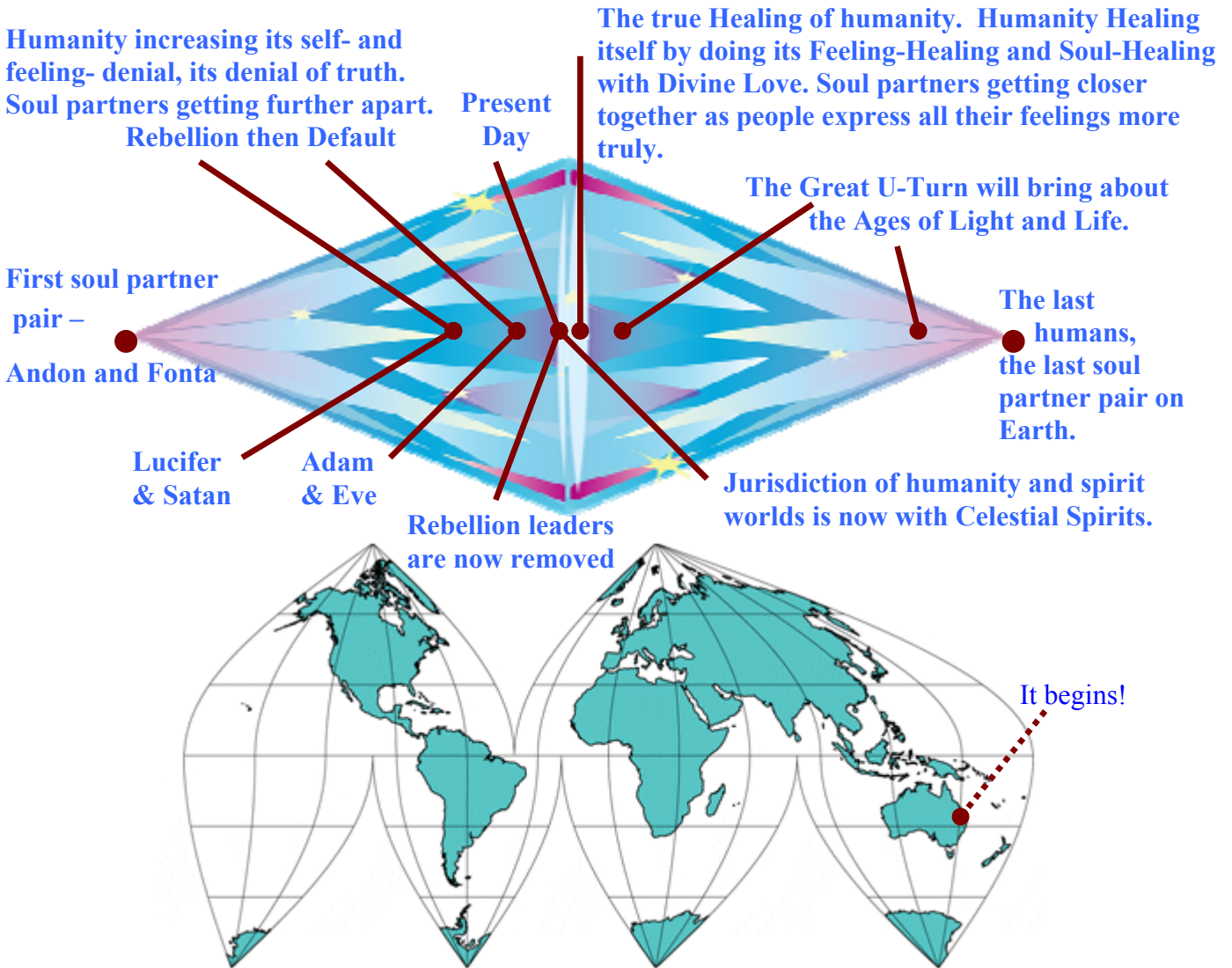


**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soul partners.  
 Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again. They can bring humanity up into its natural love perfection whilst at the same time, offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**  
 (Passage in blue calibrates on the Map of Consciousness at 1,500)



# REBELLION & DEFAULT

FOR 200,000 years ALL SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

## THE EVIL ONES



Lucifer pair  
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair  
Arrested and imprisoned early 1990s CE



## MIND MANSION WORLDS

### HIDDEN CONTROLLERS

### DEEP STATE

**SECRET SOCIETIES** The Illuminati, Freemasons, Bilderberg Group, Knights Templar, The Jesuits, Skull And Bones And Others

## EDUCATORS UNIVERSITY RELIGION

Following the spirit world imprisonment of the System Sovereign and then Planetary Prince being rebellious Lanonandek spirits, the Celestial spirits have blocked communications between mind Mansion World spirits and humanity on Earth. The Hidden Controllers and other controlling organisations are now without spirit world guidance, since 22 March 2017. Those controllers, in the physical on Earth, are without their long term guidance.

Educators at all levels and throughout all systems have had withheld from them that we are to Live Feelings First. This is to change!

“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”

Marie, 1<sup>st</sup> Celestial Heaven: 11 Aug 2020



# PEOPLE OF EARTH

# WE ARE TRUTH SEEKERS

## NOTHING is SECRET!

Everything is recorded. Not only is it recorded, you can review the record in three dimensional formats appearing on giant screens for many to review at the same time. We are never alone at any one time. We have with us, at all times, a pair of nature spirits, a pair of spirits from one of the Mansion Worlds or a soulmate pair (soul partners) from the Celestial Heavens, our permanent pair of Angels and always our Indwelling Spirit. It is the Angels that are the record keepers.

Nothing is overlooked. Each thought and action is permanently recorded. Each action or thought, good or bad, even the ever so trivial, is 'documented'. Consequences apply with all we do, such as:

The seemingly innocuous action of withholding access to funds of a client for a day brings into play the harm of that delay compounding upon the down-line intended activities for those funds. The harm caused by such delaying tactics can be so immense that the fund controller may be accumulating compensation obligations that even the greatest villain could not incur.

Every activity is being watched, recorded and can, depending upon circumstances, be accessed.



I don't know about you Brian, but  
this client looks a bit dodgy!





**MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Central Soulgroup of the Council of Elders have established a 'Battle Room' on each of the Celestial Heaven spirit worlds and each of the Divine Love spirit worlds. From 'hot wired' connections on Earth, including the 'Engine Room' on Earth, events are recorded and broadcast live throughout these worlds. This enables spirits of all 6 spirit worlds to interact and engage in the changes that are now being implemented at an ever increasing rate.



Council of Elders now around 20 Soulgroups

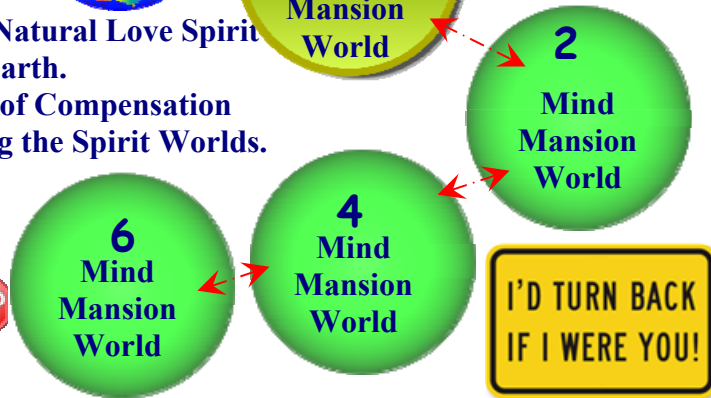


Rebellion and Default officially ended 31 January 2018



22 March 2017: Negative influence from Natural Love Spirit Mansion Worlds 1, 2, 4, 6, was cut off to Earth.

22 May 2017: The quickening of the Law of Compensation commenced, thus the beginning of earthing the Spirit Worlds.



**WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:**

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it's the same of course in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it's more personal and private and 'JUST FOR YOU'. So, we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand; so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soul partner' relationship. Even though we are ascending mortals having a soulmate, even our soul partner has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



**Feelings first**





In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. In addition we have our personal Indwelling Spirit.

## **FEELINGS are OUR TRUTH and OUR WAY to PARADISE:**

It is our minds that we have imprisoned ourselves within. It is through our mind's addictions to control and its untruth that we have manifested all the ills, discomforts, social distresses and torment that prevails throughout all societies and nations on Earth and within the mind Mansion Worlds. All until we heal ourselves of our Rebellion and Default, that which was infused in us during our early childhood forming years making our mind take over.

We have forced our minds to live and involve us in untruth. We are stuck in a deep, dark rabbit hole and its dead end, until we embrace our feelings and live feelings first.

We ascend with truth that is progressively revealed to us through our Spiritual Healing. Feeling Healing enables us to resolve our Rebellion and Default; and with Divine Love, we will then progress into the Celestial Heavens. This being through the guidance of Earth's Avonal pair.

By continuing to embrace the truth of what our feelings reveal, we then progress up and through the Celestial Heavens of Nebadon, which contains the Truths Mary and Jesus are to reveal to us.

After ascending in truth through our local universe of Nebadon, we continue through the greater regions of our Super-universe of Orvonton; continuing with our Heavenly Mother and Father's guidance.

Then our Feelings will enable us to grow further in truth and enter Havona and eventually Paradise, the home of our Heavenly Mother and Father. We are created fully self-contained, designed to live through our Feelings. It is through our feelings that we "find our way home".

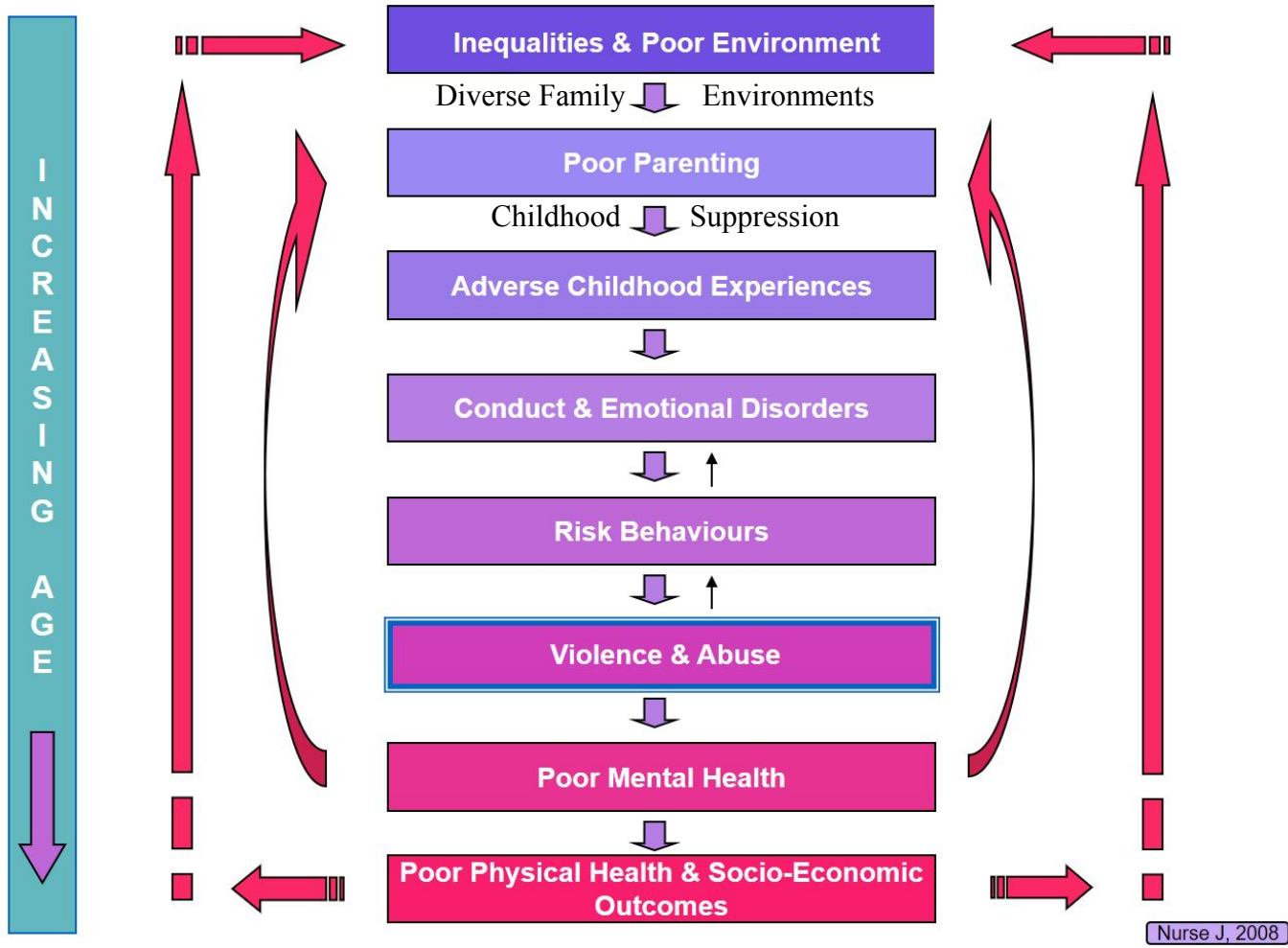




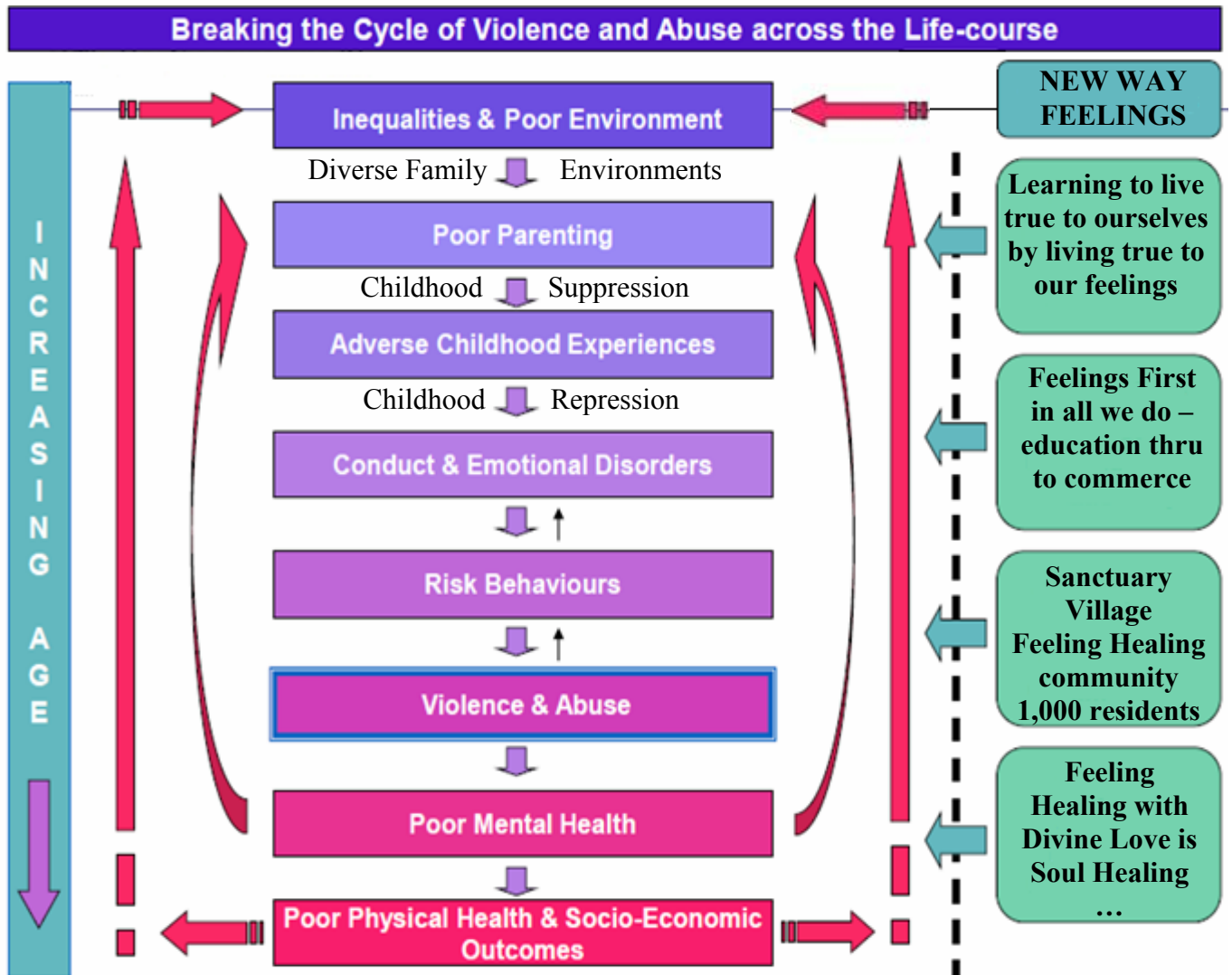
# LIFE IS FOR LEARNING



## The Cycle of Violence and Abuse across the Life-course



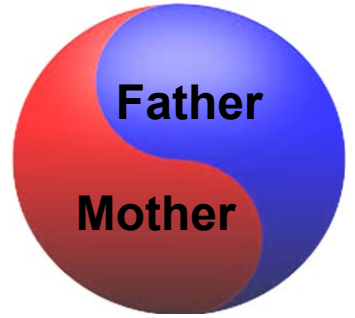
Seek **truth** from the cradle to the grave.





# MUM & DAD THIS WAY

# GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.

CELESTIAL HEAVENS are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

GOD

MARY & JESUS

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1<sup>st</sup> spirit mind Mansion World where we typically suppress our poor state and remain in the mind Mansion Worlds indefinitely. Some have a period in the 'hells' compensating for the pain they have caused others. Many continue their 'mind worshipping'. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

## GATEWAY OUT

Transitioning into the Celestial Heavens is also out of: **ISOLATION**



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

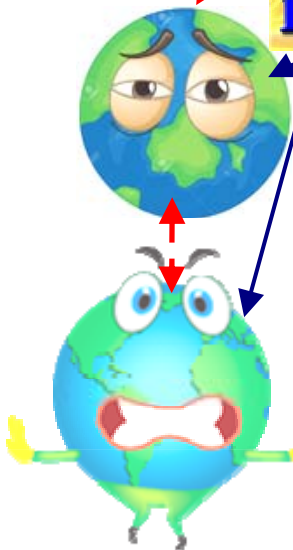
### Law of Forgiveness



### Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



The minor 'hells' are the lower levels of the 1<sup>st</sup> mind Mansion World whereas the more severe are the Planes of Isolation being the 2<sup>nd</sup> Earth plane with the severest being the 1<sup>st</sup> Earth plane. Pain caused to another is the pain that will be endured before returning to the 1<sup>st</sup> mind Mansion World, all then to consider your Feeling Healing.

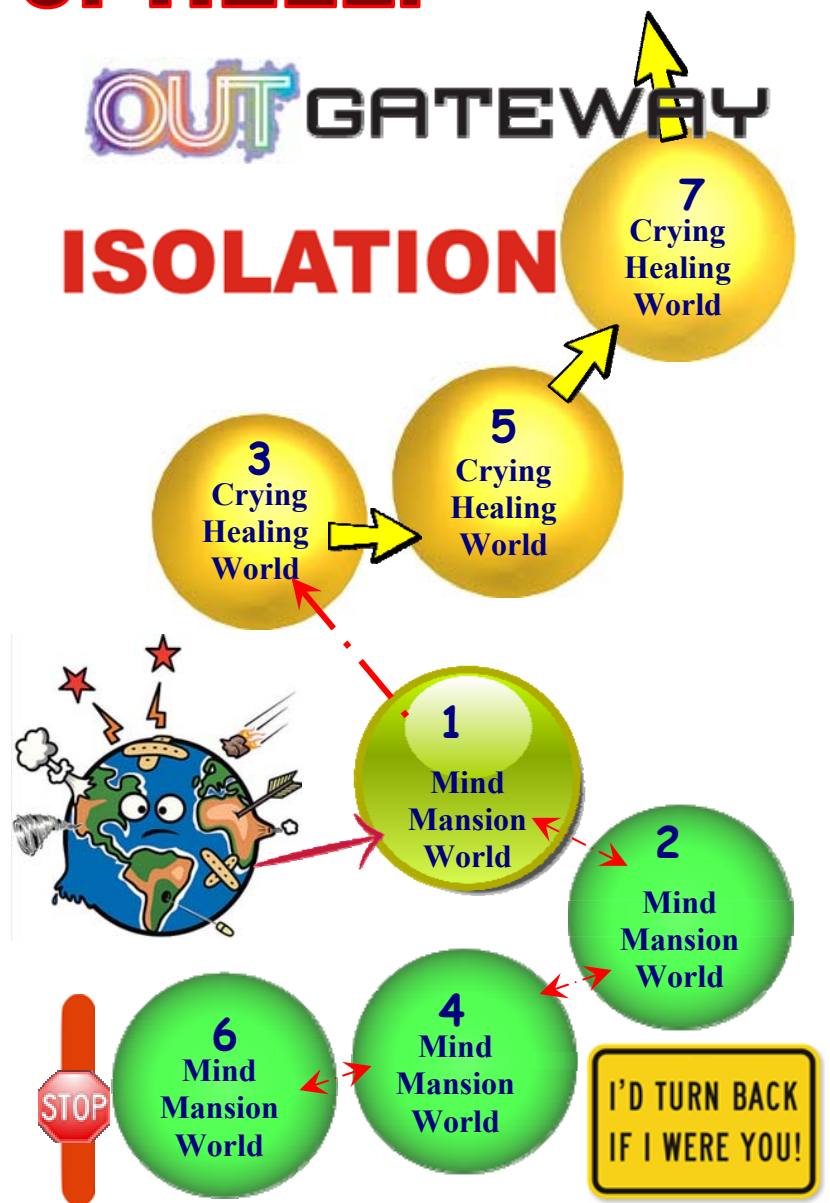
# Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing Mansion World number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1<sup>st</sup> mind Mansion World is a region for our compensation. We ALL enter the 1<sup>st</sup> mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who try to continue to inflict harm on others, cannot do so, may find themselves within the 1<sup>st</sup> and 2<sup>nd</sup> planes of Earth. The 1<sup>st</sup> Earth plane being the worst of the hells, while the 2<sup>nd</sup> is bridging towards a return to the 1<sup>st</sup> mind Mansion World hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6<sup>th</sup> mind Mansion World. There are more than 200 billion spirits within the 1<sup>st</sup> and 2<sup>nd</sup> mind Mansion Worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents' Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system called Satania.



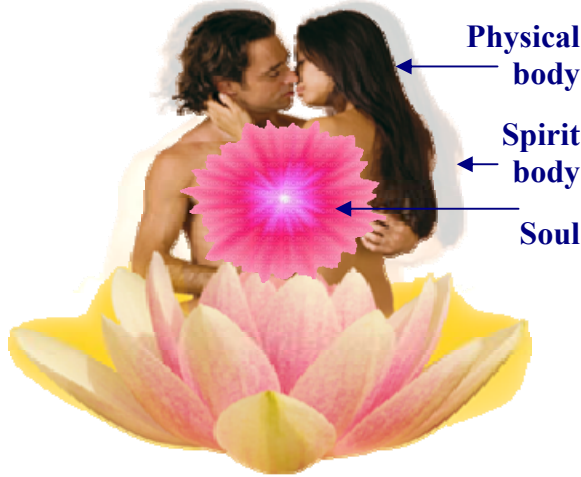


**THIS IS HUMANITY** **stupidified!**





# First Parents being First Ensouled Humans



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some **one million years ago**. Andon and Fonta were the most remarkable pair of human beings that have ever lived on the face of the Earth. This wonderful pair, the actual parents of all mankind, were in every way superior to many of their immediate descendants, and they were radically different from all of their ancestors, both immediate and remote.



The Lucifer soulmate pair believe that the mind is superior to all things. Thus they convinced the inhabitants of 37 inhabited planets within the universe of Nebadon, including Earth, to become self reliant and abandon God and Their administrative leadership. The Lucifers brought about the Rebellion on Earth two hundred thousand years ago. So for 200,000 years of spiritual darkness, humanity has suffered the consequences of one's error ridden mind.

# REBELLION



Adam and Eve, the Adamite soulmate pair, came about **thirty eight thousand years ago** to upstep the gene structure of humanity and advance their spirituality.

# DEFAULT

Both Eve and Adam mated with local humans and accordingly defaulted on the plan. They were to breed a superior stock that would then interbreed.

Mary of Magdalene and Jesus of Nazareth, soulmates, **two thousand years ago**, both retained perfection, and during their sojourn on Earth were enthroned as sovereign rulers of Nebadon. **The bestowal of Michael (Jesus and Mary) terminated the Lucifer rebellion.**



The Second Coming, **now in progress**, reveals the availability of Divine Love and the need for each person to engage in the process of Feeling Healing. With the Divine Love then this process is one's Soul Healing.

# BESTOWAL

# REVELATIONS

× 2

**LUCIFER REBELLION HAS ENDED, and now REVELATIONS for HEALING are HERE:**



**Lucifer soulmate / partner pair**



**Satan soulmate pair**



**Caligastia soulmate pair**



**Daligastia soulmate pair**

**Lucifer** soulmate pair were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soul partner pair), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soul partner pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they spectacularly failed.

About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on Earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.

**Caligastia** had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honor and trust. The Planetary Prince of Urantia (Earth), Caligastia, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.

At the head of this group was **Daligastia** (soul partner pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

**Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!**





# Our Feelings are our Truth

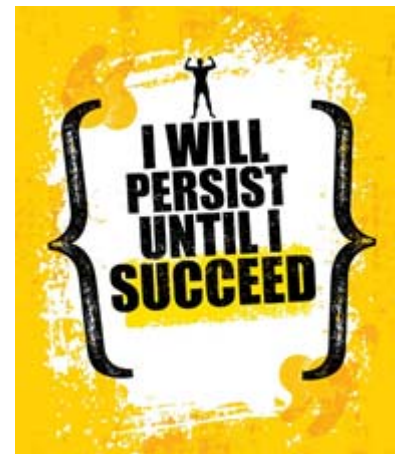
Tuesday, 25 December 2018

James: Marion was emphasising how **our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.** And I don't know if I've made it that clear in my writings as to what the Healing basically is, so I wanted to add it here, as I feel like writing more with you Nanna Beth.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: That's right, **that's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are.** So Marion focuses her strong will on her feelings and bringing them out, which is bringing herself out, because **you are your feelings, which is the truth that you are. We are all the Living Truth James, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.** And because you were stopped from freely expressing all you felt, so you've been stopped from living true to your feelings and consequently stopped being the truth of them. So **the truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood.** And when you decide to 'do your Healing', life (your soul) provides you with the necessary experiences you need to make you feel, and those feelings as you express them, connect you back to the young you that wasn't allowed to express them, thereby you are now, as an adult, doing what you should have done back then, and so revealing the truth of your feelings which is also the truth of yourself. **We are all revealers, revealing the truth of ourselves through our feelings.**

James: So just talking out all your feelings is not enough, we need to want to uncover the truth of ourselves as well?

Nanna Beth: Yes, because you are doing all you can to not see it, living against it, so living against the truth of yourself, living against those feelings that would show you the truth, which is your rebellion against yourself, your truth, yourself, and against God. So you can merrily talk all day long expressing all you feel, however that won't actually be all you really do feel, as in, all those repressed feelings within you that are waiting to come out, with you merrily or even angrily, expressing your selective feelings all day as part of the denial of your deeper hidden ones.



celestial Friends

## LONG for the TRUTH!

Above all else, “Longing for the Truth” has not been recognised by humanity. True Prayer is not asking with the mind; it is a longing from the soul. Should we long for the truth then we will be told. This is how we ascend. Earnestly desire to know the truth and it will be revealed to us.

Our soul, our real self, already knows the truth and the answer we are seeking, the truth will come to our awareness through our feelings. Our feelings are soul-based.

Our mind cannot determine what is truth from what is false. Our mind is addicted to being in control and will lead us according to its agenda, all to our detriment. This is what man has embraced for the past 200,000 years – now the mind is to be subjected to our feelings. Accordingly, our mind will learn to assist our feelings.

Longing to our Heavenly Parents for truth will bring about the understandings we are seeking to achieve.

Long for the truth behind any feelings, both good and bad, and we begin to peel off and escape from our childhood repression and suppression, thus escaping from the generational cycle of errors that have been passed from parents to their children, thus continuing the cycle of error and harm. ALL children are harmed in this manner.

Through longing for the truth behind our feelings, both good and bad, we start to bring about harmony and peace to our self, which eventually flows onto our family, then our companions, then our overall community and then country. **This is how harmony will come to all of humanity and peace will prevail with war being set aside. This is what the Great U-Turn will bring about.**

Longing for the truth is the only way that we will come to understand the cause of any physical discomforts, pains, diseases and illness. It is by expressing the understandings of what one is feeling about any emotional event or issue so that we release from our essence the negative energies relating to these feelings arising from past events, particularly those from our childhood forming years. The harm that we each endured during our childhood forming years has set the pattern, at all levels, for our adult life.

In a variation of those inimitable words uttered by Jack Nicholson, “You CAN handle the truth!” This is how humanity will heal itself and bring about peace for each personality and humanity overall.

**By living true to ourselves, true to our feelings, we are living true to God. It’s that simple.**

# LIVE FEELINGS FIRST



**PRAYER**  
is not asking. It is  
a Longing of the  
**SOUL.**



## **FEELINGS are OUR TRUTH and OUR WAY to PARADISE:**

We are conceived with the perfection of Natural Love, however, we are then immersed into and absorb the errors and injuries of our parents and early childhood carers. We take on their Rebellion and Default that has been imposed upon Earth's humanity these past 200,000 years. We are now to heal ourselves by living feelings first and having our mind follow, while longing for the truth behind our feelings, both good and bad. The Rebellion and Default formally ended on 31 January 2018.

**Marie, 1<sup>st</sup> Celestial Heaven, 16 August 2020: It's our feelings that guide us all the way to Paradise. If you don't sort your feelings out and your relationship with them, you can't get to Paradise, because you need your feelings to keep revealing the truth to you, the truth being what evolves us to Paradise. No feelings; no truth; no Paradise. So the Rebellion is against all three. It uses the mind to stop or distort your feelings and their expression, which perverts and distorts your relationships with yourself, each other and the Mother and Father. So all the Healing involves basically sorting out your feelings. So becoming more aware of them, learning to live true to them, understanding they are to lead and guide you in life, and not your mind.**

**Your feelings ARE the key to your true spiritual growth and progression, which is why the need to focus so heavily on them through your Healing.**

James: I hadn't quite put it together about feelings all the way to Paradise, so thank you for that Marie. So of course, you Celestials have feelings, but do you have bad ones too, and are feelings so complex that you can keep evolving all the good loving ones all the way to Paradise?

**Marie: It's about your feelings and their relationship with the Truth. You have the same good feelings, they do of themselves evolve as well, so becoming more highly attuned, but really when you have them they give rise to Higher Truth and Deeper Understanding, and that's what you want. So the feelings are just a vehicle to keep having so you can keep bringing more truth to light for you to live and understand.**

So if you don't have those feelings, as you don't when being so heavily mind-controlled, they all being heavily distorted, then no truth will come to you. So people can express their distorted feelings on Earth and in the Mind Worlds, but because they are not actively yearning, wanting and longing for the Truth they are to give rise to, so they don't grow in truth and won't be able to see the controlling ways of their mind. So many people keep expressing their good and bad feelings yet never getting anywhere with them, because they are not relating to them in the right way, not having the right relationship with them.

But because we are from all that control, the more we grow in our truth from our good loving feelings, the more we can use them to help reflect back into our bad feelings so as to understand them better, and better appreciate all our mind-life and Healing was. And I am told **the reflecting back continues for us right the way through our advancement through the Celestial Spheres of Nebadon. Then once we're out in the main Superuniverse, we are then focused on simply evolving the truth of our feelings through our love and good feelings.**

**So in a way, our relationship with our Earth life doesn't really end until we leave Nebadon, until we move beyond Mary and Jesus' Truth as represented by Nebadon, and all the feelings and their expression contained with it. So our Healing is another phase or step in such progression.**

James: So by the time we leave Nebadon we'll have full experiential understanding of all love and all no-love has been for us, of the Rebellion and non-Rebellion, so able to compare the two extremes fully, and wholly knowing which state we want to live.

Marie: Yes. **And really that discussion as to how you want to live, is what we're choosing right the way through Nebadon. Once we leave Nebadon, having fully made the decision to live honouring our Mother and Father, then we become full spirit citizens of Their Creation.** Up until then, we're in a probationary period, or you could liken it to that of being a child. We become a full adult spirit when we leave Nebadon. So when you are Celestial you are a spirit, but what The Urantia Book (TUB) defines as a morontial spirit, which is what you are setting out to become when you start your Healing, when before that you are just a Natural love mind spirit. **A morontial spirit is one who's chosen the way of their feelings, but is as yet not fully competent in it, which we become by the time we leave Nebadon. And we define the Celestials as being all the Celestial Spirits of Nebadon.** Once we leave Nebadon, the higher Superuniversal spheres are called another name.

# Morontial

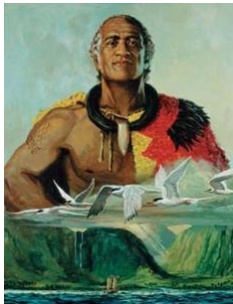
So, the way to Paradise and All-Love is a Feeling Way. **The Feeling Way is about honouring and accepting all feelings. You might feel still at the mercy of them, as if they control you and you have no direct say over them, yet whilst you are of the rebellion, you are still conditioning and controlling them in some way, which you do until you end your Healing.**



**The Way of the Rebellion and ultimate mind-extinction, is annihilation of personality and soul. The Mind Way is about denying as many feelings as you can, selectively choosing the ones you want. It's all your mind controlling your feelings, being rebellious, your mind going against your feelings, your mind working at odds with your feelings, and all the problems that entails, all of which has to be worked through and the truth seen.**

(Marie was a passionate lawn bowler before she passed over in 1971.)

11 August 2020, Marie, 1<sup>st</sup> Celestial Heaven, John's mother: Certainly James, I'm always available to you. He wants to know the name of my soulmate (soul partner), it's – difficult – ok, I'll try to spell it in English. Ouerioena. He's a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back, not someone perhaps John was expecting and certainly not someone I was expecting to unite with! (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggest Ouerioena may of lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East – Syria then Iraq region.)



Ouerioena, 1<sup>st</sup> Celestial Heaven, Marie's soulmate, 16 August 2020: **How we lived in our sectors was exactly how we lived on our lands on Earth.**

And all our Kingdoms respected the integrity of the others, we had leading tribal elders who were chosen by the citizenry to rule as a group, with no actual King or Queen. Everyone was involved, even though we were broken up in lots of separate towns within our Kingdom which were largely based on inheritance, large extended families, with intermixing between towns to ensure we didn't become inbred.

So we continued with what we were used to in the Mind Worlds, in the first Mansion World. And when the current day religions started to be formed, we were informed of them, we were curious about the outside world, but also knew by allowing too much of its influence into our society we'd soon lose our individuality, so we were always on guard, and yet kept abreast of everything, the same as it had always been. And as no one forcibly intruded upon your Kingdom on Earth, so no one did in our Mansion World Kingdom.

**The religions, we quickly were able to see, where yet other ways to control people, to convince them “our way is better”, which is largely how the Mind Worlds are.** Over the years we'd become astute at seeing the underlying hidden intent and motives, seeing whether they'd help or detract from us, and often we could see and foresee the results from these motives which the missionaries themselves couldn't see.

We were primitive people in the ways of technology, simple agrarian society, we used the plants and animals available to us for survival and we 'specialised', if that's what you could call it, in talking with each other about all we felt. We didn't understand about the truth 'contained' within our feelings, nor were we interested in Jesus and the Divine Love, we had our own superstitious beliefs and gods we prayed to, worshiped and offered sacrifice to, believing we were content in our way of existence and seeing our happiness, reflecting that compared to other spirits who were always discontented. They were happy, as **a relative happiness in the Mind World way, it all being a controlled happiness** as I now understand, but these spirits were always looking for something else, always wanting to get on, to advance, **to become enlightened**, to find God, **to increase their mind control**, none of which appealed to us.

I started my Healing and that was that. So here I am now with Marie, happily in love with each other starting yet another adventure in life. So as she said, because of our more primitive way of life, we didn't get all caught up in the latest **mind-controlling-over-feelings system of belief or spirit 'technology'**. We were mostly attuned to, and highly so as it turned out, our feelings, and all the subtle nuances of them. We had developed over the years what you might call our own 'religion of feelings', our way of life based more on our feelings than our minds. Our minds were still dominant as being part of the Mind Worlds and caught up in the Rebellion, but we were on the feelings side of the mind way.

So that's where Marie and I relate together so well, through our feelings as she'd been telling you, with our soulgroup all being of the same desire to **see life increasingly through our feelings**. So our desire to work with people who embrace their Healing on Earth suits us all very well, and really it's the next logical step in our feeling development.

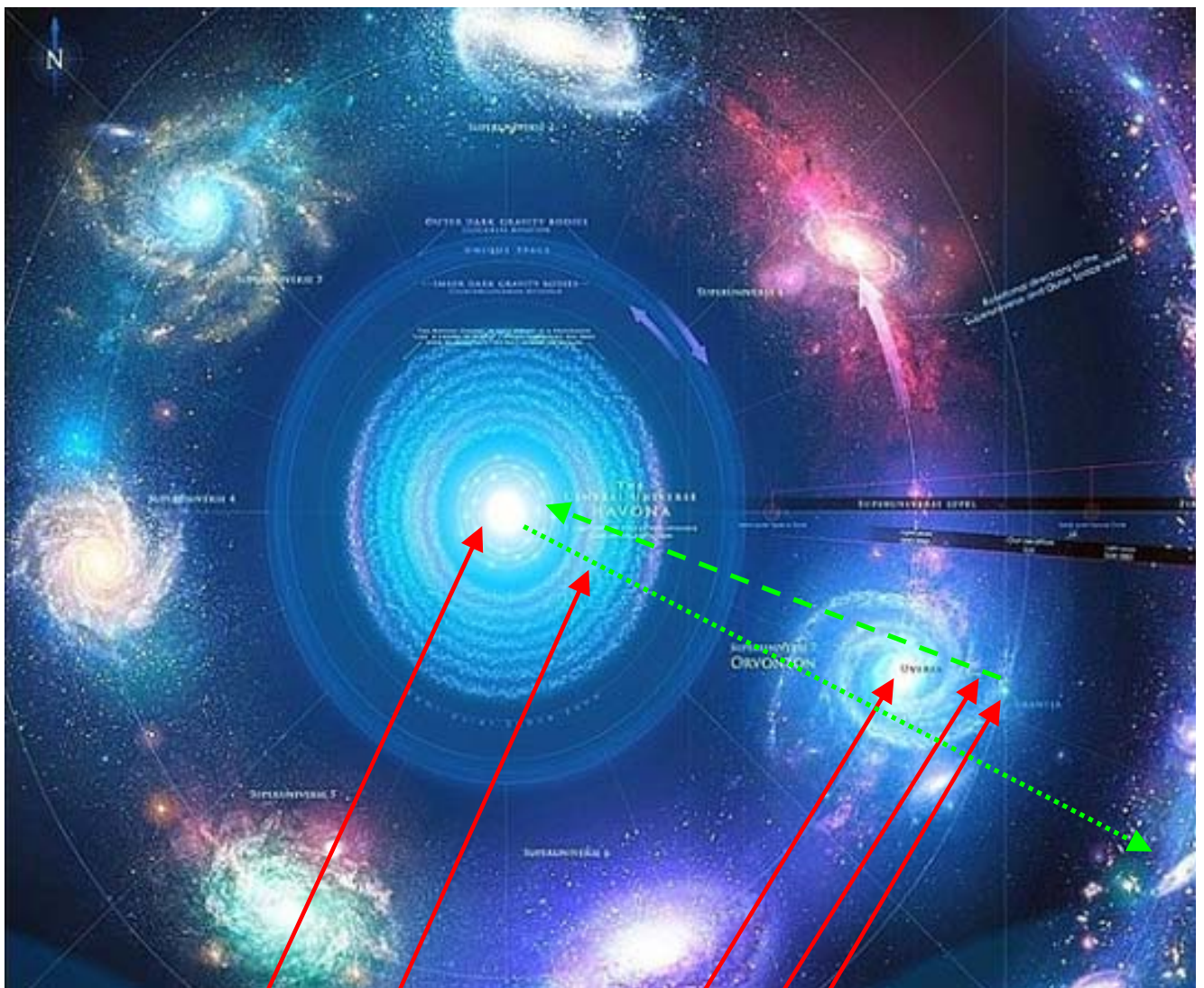
**Once your Healing finishes, your feelings do continue to evolve, and your mind in step with them. Truth progression through the Celestial spheres is done solely by advancing or progressing in your feelings, with your mind in support, all with the focus on Truth. Part of our Healing is coming to understand how we express our feelings, the extent of them, so the limitations we're under, being severely limited in your awareness of them, your ability to express them, the intensity of feeling them. And accepting those limitations as you understand how it was for you during your childhood. Once you are Healed and Celestial, then all that 'feeling damage' will be rectified, so your feeling-system will be able to grow and evolve, bringing your feelings up to the relevant Celestial level of truth you are living and expressing. So we mark our progression through the Celestial Spheres and all the way to Paradise, by the level of truth we are living from our feelings.**

**In each Sphere you have to evolve and express your feelings to the degree required and determined by that sphere, all to give rise to the truths of that Sphere. You could look at them as 'feeling spheres' so you have to be of those feelings attributed to the relevant sphere so as to live in**

it. But the feelings don't all come at once, so it's an ongoing experiential feeling progression as you move up in your truth through the Sphere, the truth of course coming from your feelings. And with your mind in support pointing out all your feelings are guiding you through. So when you finish your Healing, you will spend time bringing your feelings up to the level of the First Celestial Sphere.

**OUR JOURNEY**

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise. Then in Paradise we progress to be Finaliters and assignment to a newly forming universe.



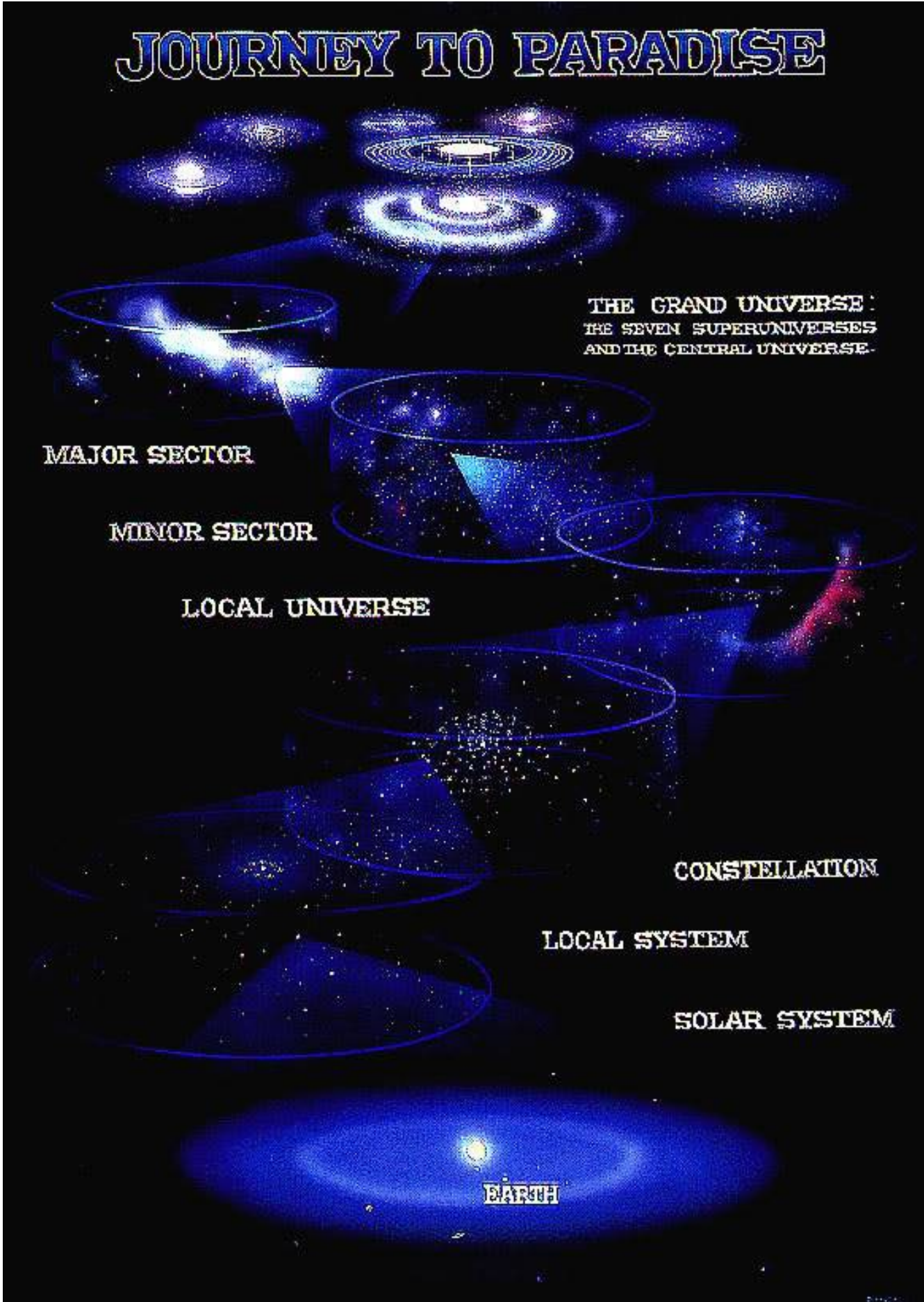
Isle of Paradise  
home of our  
Heavenly Mother & Father

Havona  
Ascendington

Orvonton – our Super Universe  
Nebadon – our Local Universe  
Uranta being Earth



# JOURNEY TO PARADISE



THE GRAND UNIVERSE :  
THE SEVEN SUPERUNIVERSES  
AND THE CENTRAL UNIVERSE-

MAJOR SECTOR

MINOR SECTOR

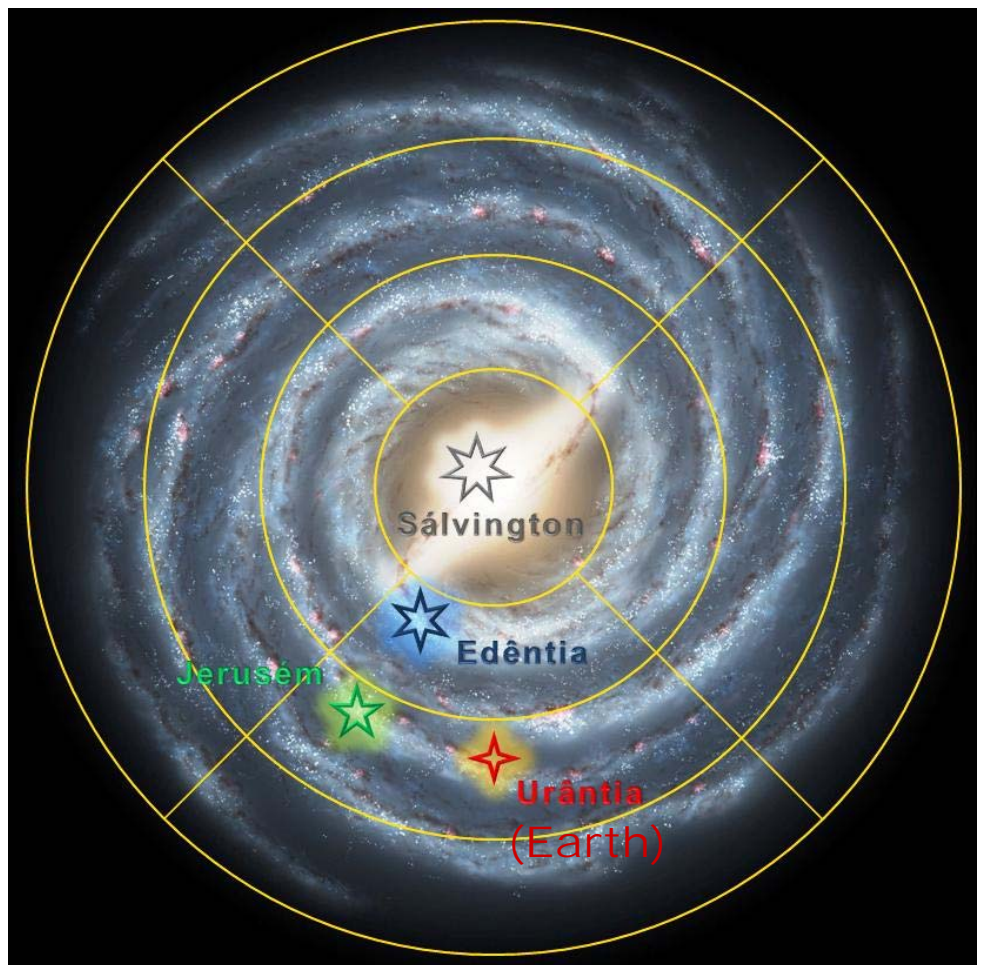
LOCAL UNIVERSE

CONSTELLATION

LOCAL SYSTEM

SOLAR SYSTEM

EARTH

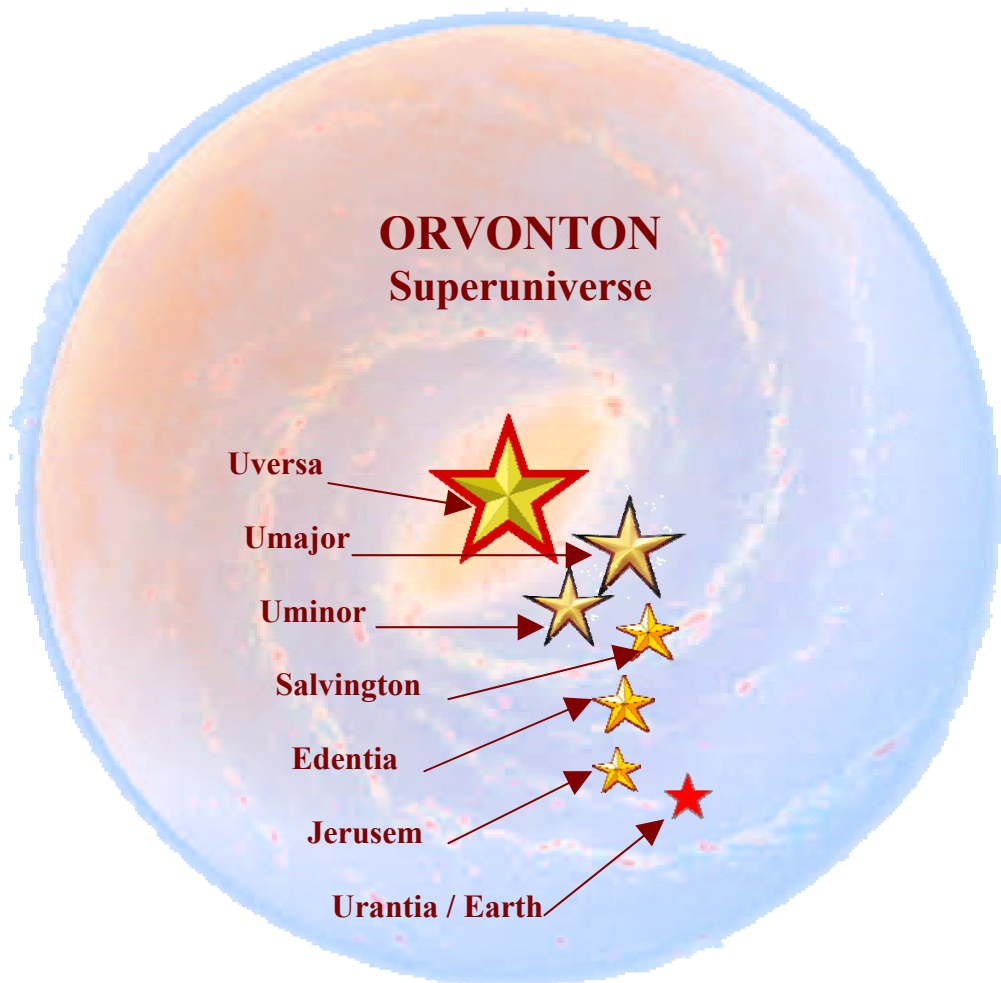




# ORVONTON

## Schematic Representation

<p>Our super-universe is named          And each of the regions are also named, such as for those relative to Urantia (Earth):</p> <p>10 major sectors          Each of which contain          100 minor sectors          Of which each contains          100 local universes          Of which each contains          100 constellations          Of which each contains          100 systems          Of which each contains          1,000 inhabitable planets</p> <p>Thus our super-universe may have 1 Trillion inhabitable planets with currently one third inhabited. Most inhabitable planets are around the size of Earth, which is a little undersize.</p>	<p><b>Orvonton</b> with headquarters being <b>Uversa</b></p> <p><b>Splandon</b> with headquarters being <b>Umajor the Fifth</b></p> <p><b>Ensa</b> with headquarters being <b>Uminor the Third</b></p> <p><b>Nebadon</b> with headquarters being <b>Salvington</b></p> <p><b>Norlatiadek</b> with headquarters being <b>Edentia</b></p> <p><b>Satania</b> with headquarters being <b>Jerusem (Heaven)</b></p> <p>of which our local solar system holds <b>Urantia (Earth)</b></p>
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**EXPERIENCES, FEELINGS and TRUTH:**

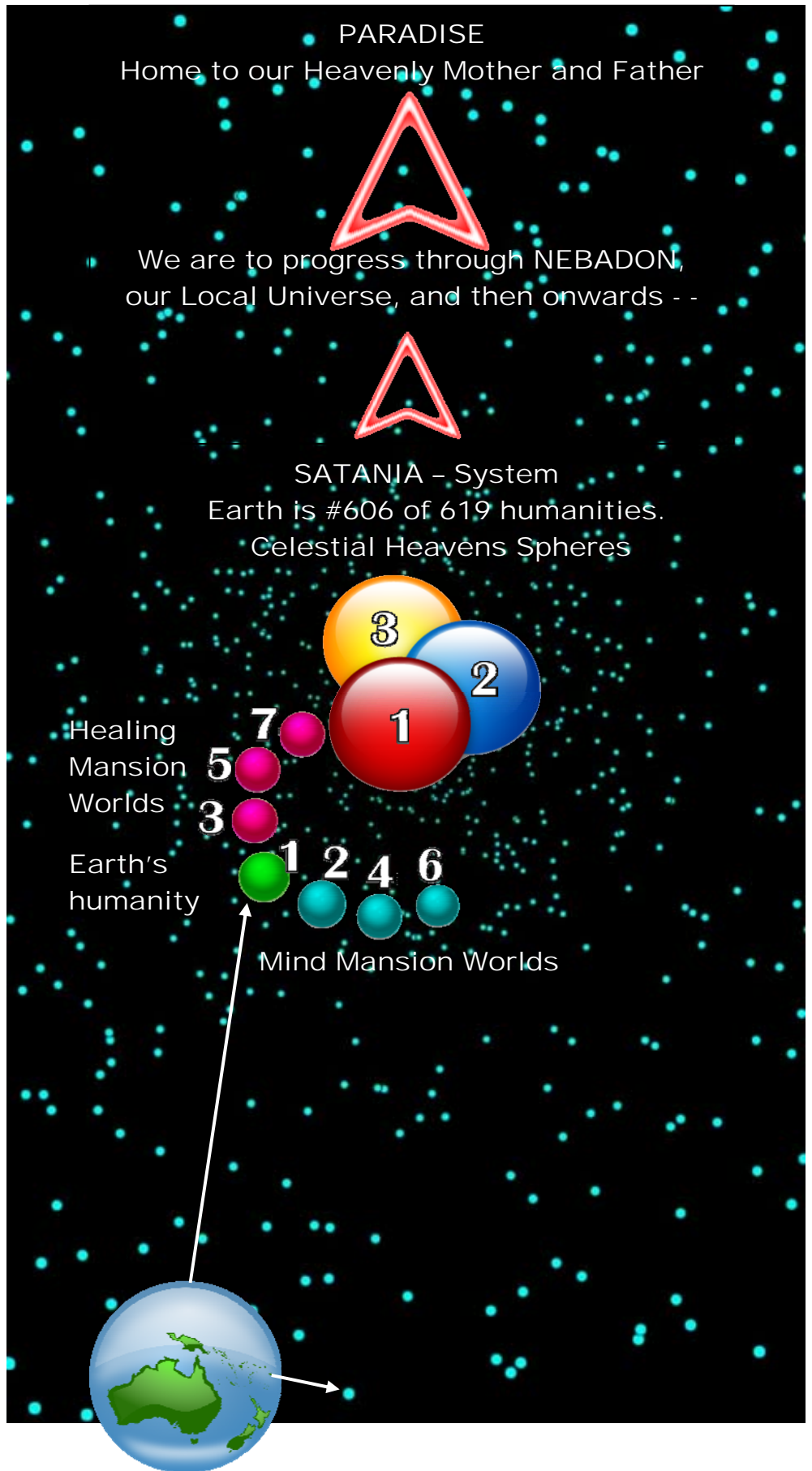
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1<sup>st</sup> spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However, picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.





## WE ARE NOT ALONE:

In fact, our SuperUniverse is teaming with life!

The Spirit Worlds, commonly called the mansion worlds, and being numbered 1-7 (The Urantia Book numbers them 7-1 ), and the higher Celestial Heavens (spheres), appear to be within our local solar system, although they are not physical worlds like Earth – we can't visit them in a space ship, only in our spirit bodies, each world and sphere being of a higher spiritual vibration. Each of the spirit worlds and spheres are in close proximity of each other, and provide successive places of residence for us now that we've been individualised / incarnated on planet Earth.

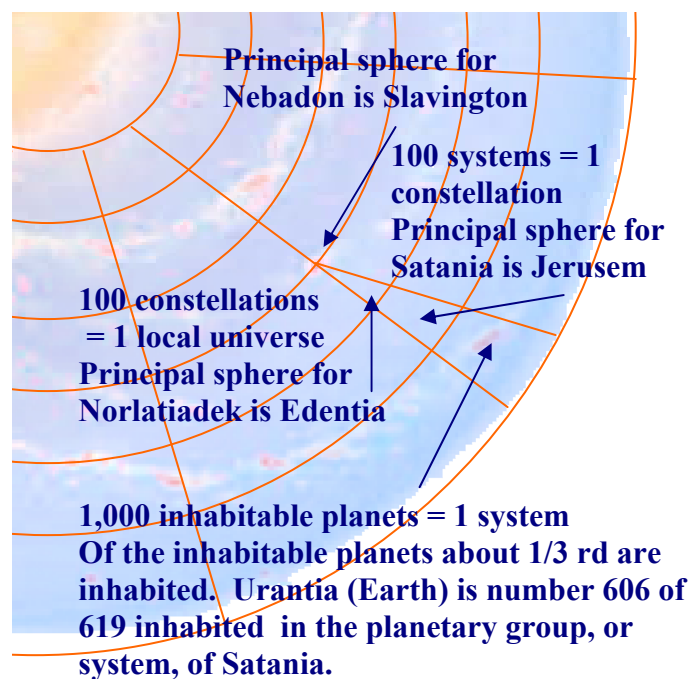
As we develop in Love we progress in and up through these worlds and spheres to ever brighter ones. Progression beyond the 7th Divine Love world results in our migration from the mansion worlds to the Celestial Heavens.

<sup>37:10</sup>The universe of Nebadon, which even now has more than three million eight hundred thousand inhabited worlds, with ten million in prospect. In our solar system, Earth is one of three inhabitable worlds. (The Urantia Book TUB)

<sup>32:2.9</sup> The organization of planetary abodes is still progressing in Nebadon, for this universe is, indeed, a young cluster in the starry and planetary realms of Orvonton. At the last registry there were 3,840,101 inhabited planets in Nebadon, and Satania, the local system of our world, Urantia / Earth, is fairly typical of other systems.

The Mansion Worlds of the Celestial Heavens are in the region of Jerusem.

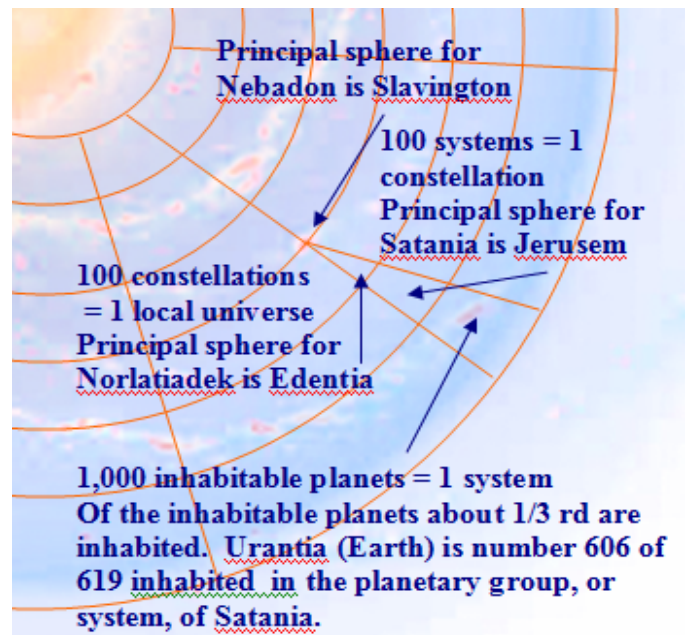
<sup>119:8.8</sup> Urantia (Earth) is the sentimental shrine of all Nebadon, the chief of ten million (100 x 100 x 1,000) inhabitable worlds, the mortal home of Christ Mary and Michael, sovereigns of all Nebadon, a Melchizedek minister to the realms, a system saviour, an Adamic redeemer, a seraphic fellow, an associate of ascending spirits, a morontia progressor, a Daughter and Son of Man in the likeness of mortal flesh, and the Planetary Princess and Prince of Urantia (Earth). And your record tells the truth when it says that this same Mary and Jesus have promised sometime to return to the world of their terminal bestowal, the World of the Cross. This they have done through the Padgett and Moncrief Messages, etc.





Earth ↑

The God, being the soulmate personalities of our Heavenly Parents Mother and Father, reside on the Isle of Paradise that is stationary within the centre of the seven superuniverses. Our Spiritual Parents and our source of Truth are Mary and Jesus, the regents of the region known as Nebadon which hosts some 3,840,101 inhabited planets of which Earth (Urantia) is one of the 37 rebellious inhabited planets. Our Adamic pair defaulted and then we crucified Jesus on a cross!



# MIND-WAY AGE OF STAGNATION



IS THE **REBELLION** WAY

## WHOLE DIFFERENT Way of Life.







One to One Sharing:

Talk it out with a buddy what happened with you yesterday or over the weekend. Was it fun? Was it not? Was it a bother? Why do you feel it was that way for you? Say to your friend what ever comes up in how you feel about what happened for you. Then listen to your friend share his/ her day / days and what she / he experienced. Then ask your friend to talk again later.

Junior school classroom with a student assisting students to form into pairs and discuss their feelings about their experiences.





# What Do Kids Feel Sad About?



## Being Unloved and Rejected!



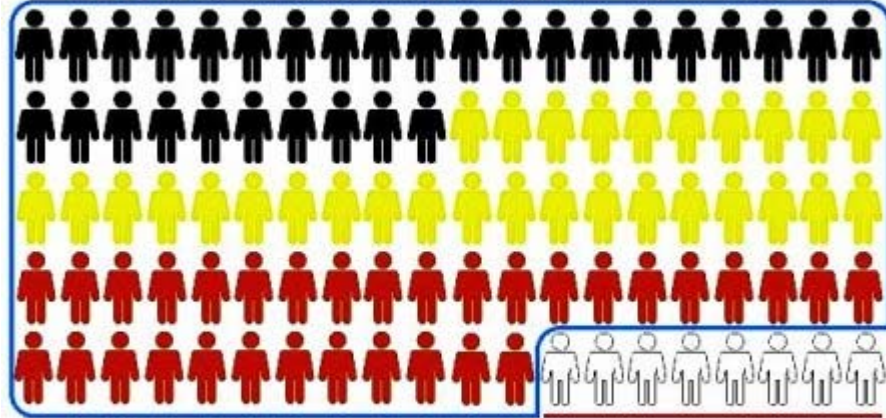
Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

# GLOBAL POPULATION BY RACE



**"Minorities"**

**Majority**

**Non-Whites are the overwhelming majority on this planet.  
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!



993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia’s south, 950,000 years ago!  
Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

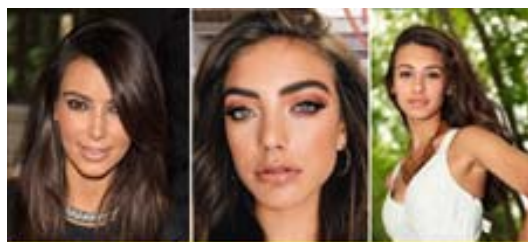
These formed groups and sometime later the orange, green and blues died out – killing each other!



Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



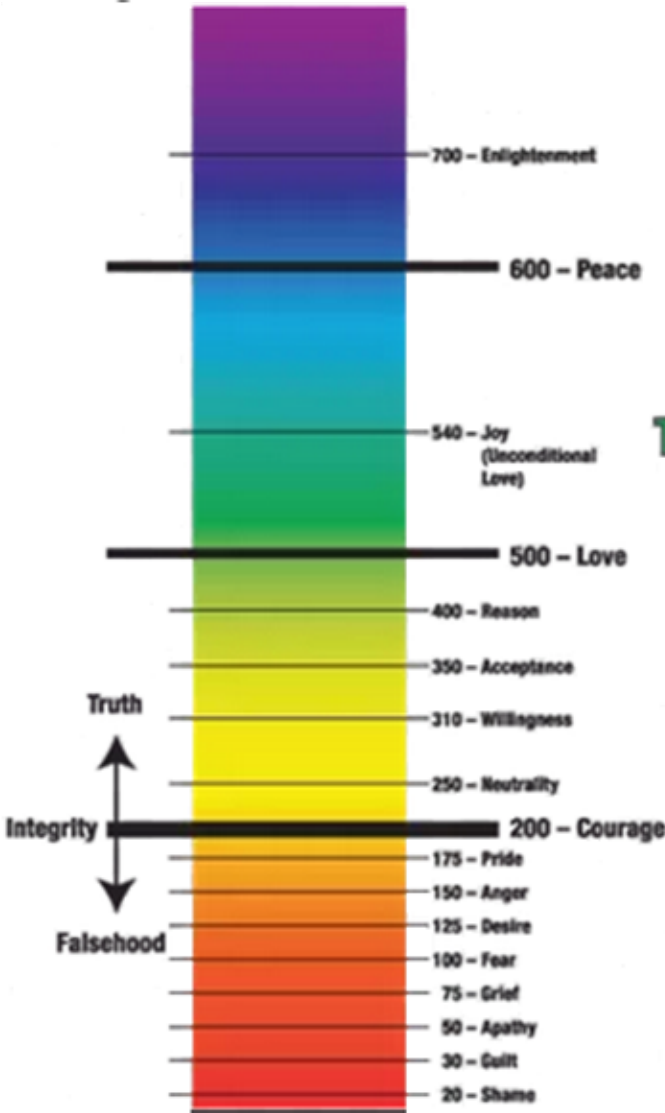
Earth’s humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!



**OLIVE SKIN IN A NUTSHELL**



# Map of Consciousness



Things are Done **AS Me**

Things are Done **THROUGH Me**

**NO HIGHER** Things are Done **BY Me**

**GLASS CEILING**

**MIND**

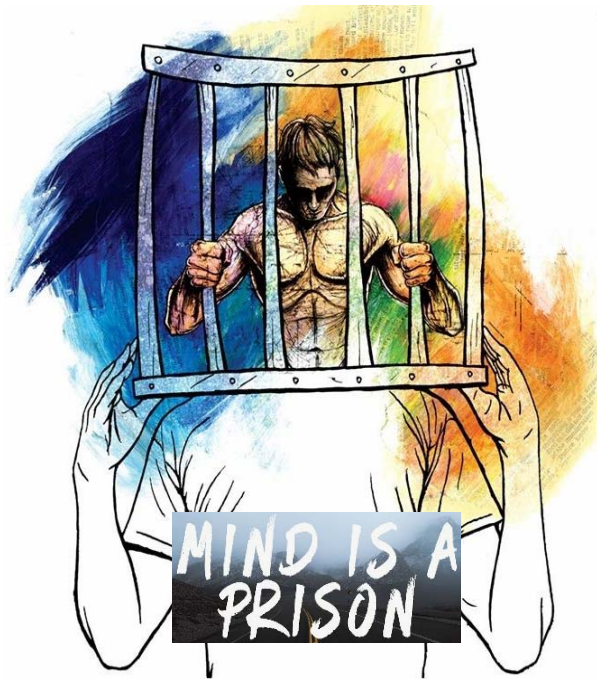
Things are Done **TO Me**

  
**Feelings FIRST**



# NEW FEELINGS WAY

**We are enslaved in our mind.**



We seek, what we think, is the best education for our children. Many send their girls and boys to the so-called best and expensive schools that subsequently further enslave the child deeper into its mind.

The world's journey of growth through its education systems has peaked. The result is a global population functioning in zombie mode, in a stupor, glued to an electronic device, all trying to be the same with no individuality, originality or self-expression.

This destiny was imposed upon us by controllers who had us go in a direction of limited development and to remain their pawns forever!

Girls and women have been singled out as they, being closer to their feelings, can see the folly of this entrapment of limitation and perpetual stagnation.

We are to live feelings first and have our minds follow implementing what our feelings are leading us to embrace. Our feelings are our true selves, they are an expression of the personality that we are, as bestowed upon us by our Heavenly Mother and Father.

A feelings orientated education opens our potential infinitely. It is only through us living through our feelings that all the social ills that are evident throughout every community in every nation can and will be mitigated and put aside. It is only through expressing our feelings, both good and bad, and longing for the truth of them that we will heal ourselves of our childhood suppression and repression. Then we will see an evolutionary advancement of Earth's humanity that is presently incomprehensible.

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

**FREEDOM OF  
FEELINGS**

**FEELING  
HEALING**

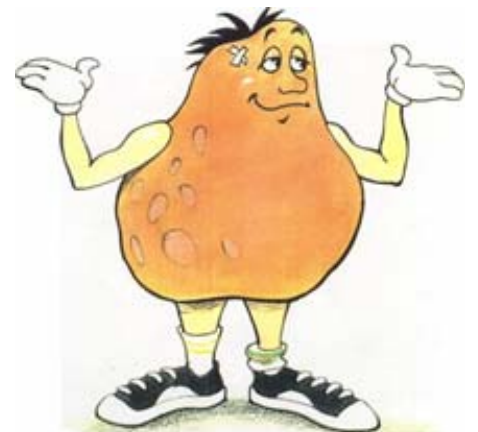


# MIND Worship



**our MIND is a CONTROL ADDICT!**  
**our MIND is addicted to UNTRUTH!**  
**our MIND cannot discern TRUTH!**

SMART  
GUY



**numbnut**

# ASSUMPTIONS *and the* MIND

Truth, until now, has been 'rationalised' by the mind. The mind cannot discern what truth is. The mind is addicted to untruth as well as control over the environment, others and the personality to which it is associated with – you and me!

My personal experience is that through the mind, assumptions are generally about 98% flawed and in error. The 2% accuracy is achieved through flukes!

You may listen to endless 'debates' and discussions that may go on for hours and the mental hi-jinks are pathetically insane.

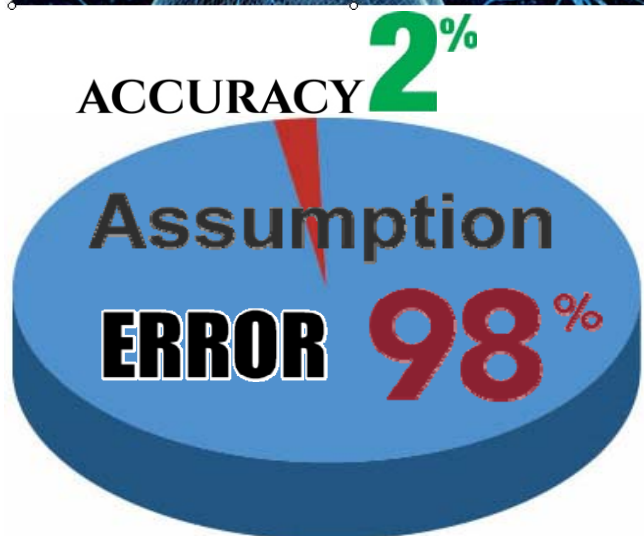
When you quietly sit there and use kinesiology muscle testing you can resolve what the answer to what is being debated in seconds – well minutes in some cases.

You may wonder why this is not generally known. Dr David R Hawkins published *Power vs Force* in 1995. Well, it does not suit people that want to keep secrets. Further, the process is free – you do not make a profit out of it!

What is true and what is false can be determined in seconds. You do not have to read the material, document, book or see the movie – you can calibrate the level of truth of anything in seconds. Not only can you determine if something is in truth or not true, but also the level of that truth. You can calibrate a book, then its chapters, then page by page, paragraph, line, whatever you feel is needed by you.

A few followed the secret process of the election of a pope for the Roman Catholic Church. They determined who the front runners were, what the elimination round of voting resolved, then down to the final two, who they were, then who won, and then who voted for him and who didn't. They had answers before the black then white smoke came out of the chimney. It is not difficult, you can do it.

The focus here on 'assumptions' is that a great deal of what we live our lives by is based on assumptions. All of these assumptions can now be revisited and the restructuring that will follow will be all embracing.

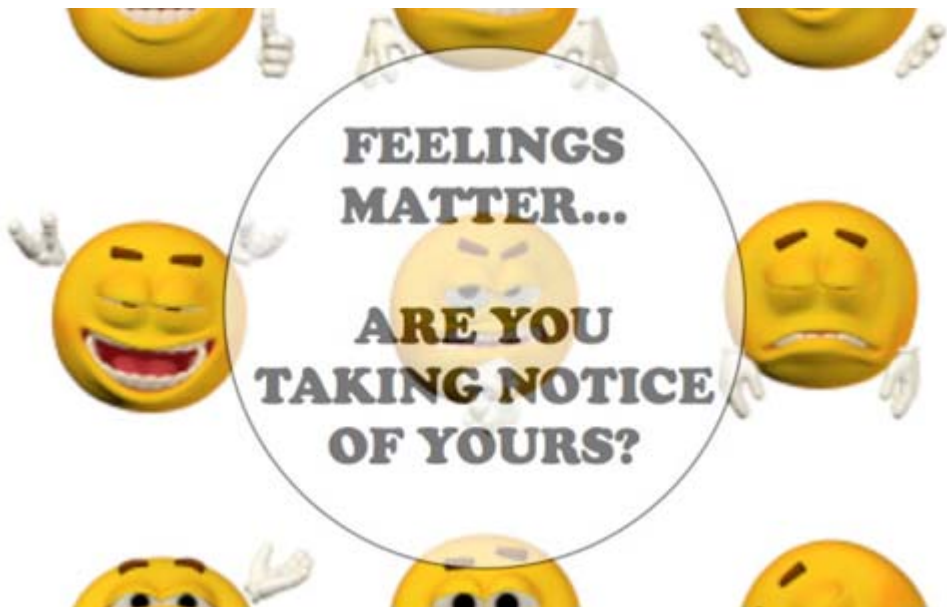
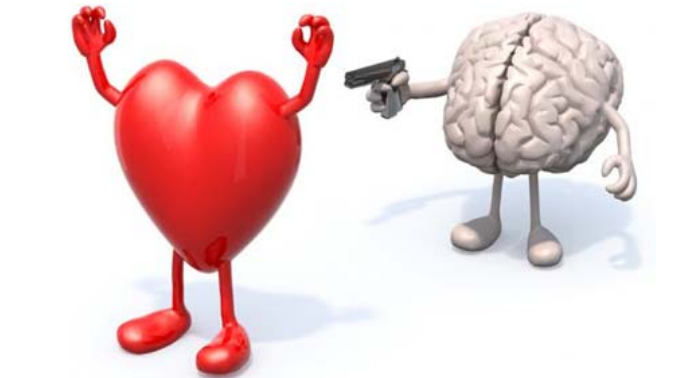




# THE ADDICTED MIND



is a **CONTROLLING  
MIND**





# The Drama of Life:

'Oh yeah!'

'I had a pretty good upbringing' in comparison to other people.

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling  
Unloved  
and  
Unwanted**



**EMOTIONAL  
ABUSE from  
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



**Suppression & Repression = Universal Depression**

# DEAD END

Helen, 3<sup>rd</sup> Celestial Sphere 3 Mar 2017



"The releasing of this money (for global humanitarian funds in 2020) you could in a way liken to something crudely as having an orgasm. It will be a flood of positive energy, or light, as expressed by money, and all it represents, washing out over humanity; and although most people won't hear about it, if it is all kept quiet, still that's what's going to happen. Because it will be, in a sense, the forerunner or even wellspring of the new, of what's to come, it however being more symbolic than anything, because it all ends with The Change, but still, until that time, it being what it is showing – there is new energy, new light shining on humanity, and along with that, new hope and so on. It all being a 'sign of the times'."

Humanity is like in a full body cast from all the false and erroneous beliefs and systems that it has immersed itself within that are ALL now going to be ripped off and replaced with The New Way of Living – the Great U-Turn – this is the time of tossing out all of the old for the New!

Humanity is about to slam into the brick wall being the dead end of 200,000 years of Rebellion and Default. The Great U-Turn and the introduction of The New Way will disrupt every aspect of life that humanity has embraced throughout the era now ending!



**THE CHANGE**

**GREAT U-Turn**

**AFTERTIMES**

**The New Way** *Avonal* **AGE**



# NEW FEELINGS WAY



**Finding the Truth of Our Childhood  
Through our Feelings Way**



**Feelings First Spirituality, New Feelings Way  
Feelings are our own Truth and Personality**





**OLD WAY**



**NEW WAY**



### Working with your BAD feelings.

Talk to someone who has your interest at heart.

To someone (or out loud to God) who listens without making you feel like you're being judged. Someone who really wants to know how bad you're feeling and won't stop you saying how bad you feel. Someone who won't try to change the way you are feeling.



WHO DO I TALK TO ABOUT...?

Express your bad (and good) feelings with the full emotion of them, all whilst you really want to know the truth of why you are feeling them. Want to know the deeper reasons why you are feeling bad.

And keep talking, expressing; bring out all your feelings until there are no more to express. And this can happen quickly; or can take days, weeks, months, even years, working at expressing the same bad feelings, time and time again, always longing for the truth of them.

And you keep talking until the truth comes to you. Your feelings are to show you the truth of why you are feeling them. You have to want to know that truth with all your heart, to find it and see it through your feelings.

When you have a bad feeling, it is your feeling, and if you stop yourself feeling and expressing it, you are stopping yourself getting to know why you have that bad feeling – the deeper reasons why and not just the more obvious superficial ones. You are stopping yourself being a fully self-expressive person in your life and in the world.

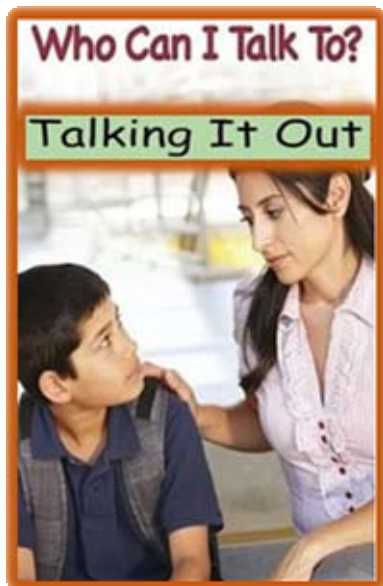


Your true personality was prevented from being fully expressed through childhood. To become true, to be your fully expressive self, it's most important to ensure you always express ALL of your feelings, and particularly all your bad ones; all with the strong desire to know the truth of why you are feeling them.

In time the truth of yourself will come to you through your feelings.

We are to be our true personality, our authentic self!





LET'S TALK IT OUT

The text 'LET'S TALK IT OUT' is written in large, bold, white letters with a colorful, multi-layered shadow effect in shades of blue, red, and purple.



## **WOMEN are the TRUE SPIRITUAL LEADERS of HUMANITY!**

Our soul manifests a male and female personality – it is a duplex! One soul – two personalities! Our soul is the centre of our two personalities. We are children of our Heavenly Parents, our Mother and Father.



We are meant to live through the guidance of our soul based feelings – not live by our mind. Our mind cannot discern Truth. Our mind is addicted to Untruth. Our mind is a Control Addict.

High level spirits seduced humanity to live through their minds, thus brining about the Rebellion – 200,000 years ago! Then the Adamites Defaulted on their mission – more than 38,000 years ago.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soul partner and also our Heavenly Mother and Father.

As we are rebelling against our soul partner, the other personality originating from our common soul, we are being toxic to him or her. We carry this pattern into our relationships with others of the opposite sex. Many commit heinous crimes against their soul partner only to discover this upon completing their Healing.

**REBELLION**

**When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**And it is the women that will lead the way in Healing, not only of themselves but also for men.**

***"The True Liberation of Women is Through the Truth of Their Feelings."***

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

# **LIVE FEELINGS FIRST**

**Feelings First Spirituality, The New Way  
Feelings are your own truth and personality**



## IS MUM MY GO TO LADY?

Tuesday, 11 August 2020

Hello Marie, Mum

May I be introduced to your soulmate (soul partner) please?

I was considering the complexity of a family tree with soulmates added into the equation. That seemed to expand the network out almost to infinity. Just how do soulmates fit into historical events and networks through social groups? This is a new adventure for me.

I have finished the first draft or edition of:

Chaldi College – Women and Girls' Education.

Should that agenda be put into action, then that would be one amazing development and advancement for the betterment of all of humanity – and a great disrupter for those who want to continue with their old ways.

Do you have any comments to be considered regarding Women and Girls' Education please?

While assembling that document, I was amazed at the perceptions that unfolded for me. It was incredible to mind blowing. If I knew what I was comprehending then that would be one thing, but it was beyond my range of understandings – but the concepts came down into print and into the document.

I feel I am or was marginally recalling 'meetings' that I may be having in my sleep state and am able to work with the guidance I am having and have been given during that time. I do suspect that has been building up for some time – maybe years. If so, it is a privilege and I do hope I am putting most of it into print for others to benefit from and build upon.

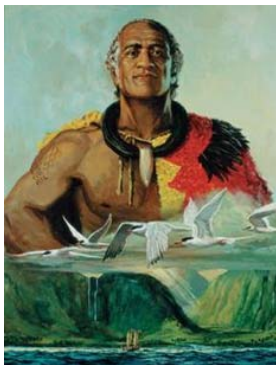
So, are you now my go to Lady?

That would be rather cool and a bit of fun along the way – subject to what my ear lobe has to say about that!

I sure do welcome our communications and so does Lloyd (my older brother).

Cheers for now, John

James: Marie? John wants me to ask a few more questions if you wouldn't mind.



Marie, 1<sup>st</sup> Celestial Heaven: Certainly James, I'm always available to you. He wants to know the name of my soulmate (soul partner), it's – difficult – ok, I'll try to spell it in English. Ouerioena. He's a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back, not someone perhaps John was expecting and certainly not someone I was expecting to unite with! (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggest Ouerioena may of lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle

East – Syria then Iraq region.)

(Marie, daughter of Beth, lived on a sheep and wheat farm about 5 kilometres, 3 miles, from her mother's farm, before moving into the local township also. Marie was passionate about lawn bowls.)



John, if you think of him as someone like a Tahitian, he was, so he tells me, a very happy islander, who lived a very simple life fishing and living from the land; he had three wives and fifteen children, and lived for many years in the mind Mansion Worlds in a sector given over exclusively to his people.

(I think of him as )

And about two hundred years ago he came out of 'self-quarantine' deciding that there were other things in the universe that he'd like to do. He met a Western woman spirit from Hawaii who introduced him to trying to advance to a higher spiritual plane than his ancient deity beliefs, which led him to the Divine Love doing his Spiritual Healing. He managed to avoid the Christian and every other religious missionary in spirit, his people believing such modern times religions were the work of the Devil, so that belief served him well allowing him to bypass all that nonsense. (Religions of the world are constructed and influenced through the manipulations of Earth's high level spirit Planetary Prince, Caligastia, who is acknowledged as being the 'devil'. Caligastia is now in a spirit world prison – as of the early 1990s!)

And because of spending so long in his sector with his people, he was proficient in relationship communication, because that was about all they did. He says he can't believe he spent so many years there, they seemed to have passed by in a flash, so as you can see, time, and the experience of it, is quite different over here. He is the most lovely man, and he was waiting for me to finish my Healing and now we are together; and really to know him as a Celestial, you can see the happiness of spirit in him from being the Happy Islander, but really you'd never know that he was such a simple man as far as defining simplicity in our so-called modern day ways. My soul-group in fact is made up of many such odd pairings, but we are all heavily feelings-orientated, which has recently led us to understanding something more of the role we wish to embrace under Beth's umbrella.

That is being helping people on Earth who want to do and are doing their Healing. So Samantha is our first 'charge'. And we are part of the organisational soul-group team who will oversee in time other such Healing orientated soulgroups. So, in the meantime as we await more people wanting to begin their Spiritual Healing, we are learning about what to expect so far as what they might go through doing their Healing. So we've been studying you, James, and Marion, other mind-based feeling healing systems, the benefits and pitfalls, and have been pooling ours and many other Celestial spirits Healing experiences so as to help us understand, all under Angelic and Melchizedek guidance, what people on Earth might go through as they start in earnest to do their Healing. Because doing your Healing in the physical is going to be very different in many ways from how it was for us.

So you can see John, it now does appear that I'm going to be around for quite some time to come. Our soul-group is actually still adjusting to this proposition, understanding that we'll more than likely be part of the 1,000 years, so it won't be for some time that we'll be moving on officially toward Paradise. However, we're also coming to understand the importance of our coming work, because from our point of view, being Healed and being spirits, to oversee and observe people in the physical doing their Healing, will provide us with a very unique, personal and hands-on experience to do with the drama of the Healing. No one has as yet experienced it because, other than Samantha, no one is doing it so thoroughly, so we're 'extracting' as much as we can from her experiences, and again for yours, James, and Marion. Other people are doing their Healing by default, in that they are not consciously aware of what they are doing, they are not aligned with the New Way, and so don't receive all the undisclosed spiritual help from it, so they progress very slowly, so to have them to compare to Samantha and how our Healing was, is also helping us reflect more on it, helping us to gain more insight and understanding on what to expect will happen on Earth.

So John, your mother is setting out on her own adventure with her ‘man’ and ‘group’, which is all very exciting for us. And how that relates personally to you: I will still be ‘attending’ to you as necessary, there are others, another soulgroup that specifically ‘looks after you’ and they are the ones guiding you in all you’re doing, they being the central or primary soulgroup with you as there are also many other auxiliary ones spreading off in all directions focused on you. It is however not necessary nor important for you to know them directly as that would only be a further distraction for you, so for now, I will still be doing your ear-pulling – I will for the remainder of your life! Then when you come over you can work to understand all that went on behind the scenes.



As far as my giving you any pointers concerning women and girls education, the others with you will help inspire you in whatever direction that is for you to take John. So far as I am concerned, where I am focused, is **the education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all. From that basis you don’t have to be ‘educated’ you can just live life attending to your feelings correctly. And so from there, should there be anything you are interested in, your feelings will guide you in such interest.**

**And so if basic education is made available, or any higher level, then embracing it is because you feel you want to, and then moving with it honouring your feelings, is the way to approach it, rather than through the mind. So the need for mental testing, for mental achievement such as having to attain a certain level to move up into the next level and all that should be done away with. The free school approach is far more applicable to how our feelings work, and then it’s up to the individual to move along growing and expanding being feeling-led.**

‘Education’ as the world understands it, is more of the mind nonsense, and all about using it to keep you bound up in your mind control. Free Education is Feelings Education, allowing you to end your mind’s control. However, many people will still need to engage in some level of the Mind Way even if they are trying to live life true to their feelings, because of the requirements for them to work and get on in the mind-created life you live in. But if people don’t want to be involved in that, say those people who come to live in a Healing Sanctuary situation, then their ‘education’ would just be their whole life, and all the truth and insight gained from moving with their feelings.

What you have in mind John is to try to introduce elements of what James has revealed into the existing mind systems. However, as to how successful this might be, is unknown, however we can guess at it. Where I am focused, as will be James, Marion and Samantha, is wholly in the New Way, not interested in trying to ‘bridge the gap’, just wanting to embrace people who have willingly chosen to cross over. So for those people to do that, they will need the information at hand, so they can appraise it and see if it appeals to them as an alternative way of living. It’s offering people a Whole Different Way of Life, which for many will somehow have to be lived within the mind system structures; but for others who might be lucky enough to live in a Healing Sanctuary environment, they are setting out to start living the next Spiritual Age. Really I am focused on helping people live in the Aftertimes, during the Avonal Spiritual Age. So anyone who consciously chooses ‘The Avonal Way’ and starts their Healing, will come under our guidance and support.

And to be honest with you John, we are not interested in the mind way, the Old Way, it’s gone for us. So the last thing we want is to be involved with trying to ‘win’ people from the Mind Way, that is for other Celestials to do, such as those Celestials helping you John.



And what you still don't know John, is whether or not you too will be engaged in trying to influence the mind systems, such as your big plans for Pascas, or just attend to those people who want to be involved in the New Way, which to begin with will involve the dissemination of the truths revealed by Marion and James and building places for those of the New Way to live together, and possibly nothing more than that. It's still too early for that to be revealed to you, so in the meantime you will be guided as you have been all the way along, and I will play my part in it with you. And by all means, if you need to feel me as your go-to Lady, think of me in that light. I am fully in tune with your mind and feelings, so I know all you are doing, thinking and feeling, so in that way I am always with you. However it will not always be myself that will be providing you with the necessary guidance you need. And this I can tell you John, yours and my paths are very different, I am wholly feeling orientated, you are more mind orientated, so when you have completed your Healing, it is unlikely we will have much to do with each other, as we'll be moving along different paths. Still, until such time, it is helpful for you to have Beth and myself close to you so as to ease some of the pressure you put yourself under.

And Lloyd, I am also completely attuned to your mind and feelings, so 'with you' also in that regard. And I would like to say to you, that when your times comes to join us over here in spirit, and it's the same for you John, everything will be taken care of, it will be a very pleasurable and enlightening experience for you. And the more you can become aware of concerning the New Way (I will use the latest terms James is working into his writings, as that's what he'll be talking about when the time comes), the more it will help you when you come over. Many people might not want to actually begin their Spiritual Healing whilst on Earth, however the more they become aware of it, what it involves, why they would want to do it, including understanding about the Mind Way, the Rebellion and Default, and all the rest, and even deciding that they do want to live the New Way, and even consider that they are living it if only in their mind at present whilst on Earth, will all greatly help when they come to spirit and are offered the choice as to whether they do want to get serious about it or just keep living the mind way.

And whilst James and I are speaking like this, Beth is telling me to tell you John that further delays are to be expected with the money. That the delays are all part of the experience you all need. And nothing can be done about that other than working to express your feelings and long for their truth. There are other things needing to happen in the world first. I can't be more specific, but all this virus nonsense needs to be worked through more toward its conclusion, and then will come other such annoying things. Your funding, so I understand, is still in the pipe-line, but there will be other delays. However the time is drawing closer to a major Spiritual Event, again which I can't elaborate on, however James can guess as to what it is, and this is far more important than any funding. The funding is just a means to make the Truths more readily accessible to the world, only as yet, you still don't know if this is what is going to happen. Things are pointing in that direction, however, still, you can't fully know until it does happen. And neither I nor Beth are at liberty to tell you. And why I am telling you this today John is for the effect it will have on you, which is why we tell all of you anything.

So I will go now. And to you James, you can perceive a different level in which I am relating to you in writing this, which is more true to how you really are, and which you will soon start growing into. And as you've been able to feel, there is a lot more, a vast amount more, to what we Celestials are and are doing with you, than you have perceived up to this point.

Speak to you again soon, love Marie.

## Ouerioena and OUR HEALING then FEELING EVOLVING JOURNEY:

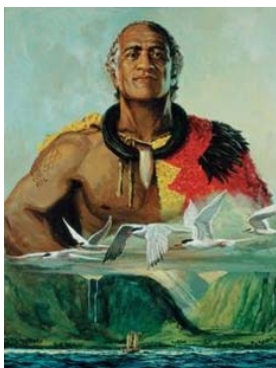
Sunday, 16 August 2020

James: Hello Marie, can I speak with Ouerioena, as I'd like to talk with him about how he lived all those years with his people relatively isolated from everyone else in the Mind Worlds and how they avoided the negative influence of the religions.

Marie, 1<sup>st</sup> Celestial Heaven: By all means James, I'll give over to him.



Ouerioena, 1<sup>st</sup> Celestial Heaven and Marie's soul partner: Hello James; yes, I'd be delighted to answer your questions. As you understand the set-up on the mind Mansion Worlds, which has changed over time, it is easy to stay relatively isolated all determined by your beliefs. The beliefs you had on Earth come with you into your spirit life. We had 'lands' in the sectors within the Mind Worlds, like mini countries, with the Angels working in league with us, which we didn't understand at the time, but who ensured spirits we didn't want to come into our lands would not trespass.



We had a population of about 10,000 spirits. Some of our people left, would go out into other sectors visiting, some sectors being more open than ours, others completely open to all the general spirit population where most of the big cities and religions are found. So some of our spirits would come and go, bringing news of what's happening back from the 'outside world', which then allowed us to discuss and digest the ongoing events in the Mind Worlds, and to decide whether any of it would be of value and benefit to us.

**How we lived in our sectors were exactly how we lived on our lands on Earth in the Middle Eastern Kingdom.** I lived fortunately during a stable time in our world, few wars or incursions, so we, all the Kingdoms, and there were many, existed in a state of peace, in their own land, and with some intermixing, so we all knew what each other was up to, adding and subtracting the parts we liked or disliked that came to us from the 'outside'. And then there were **constant visitors sailing** to our island nation, however few of these real outsiders had anything to do with us because we were deeply land-locked, and most of these visitors, traders and explorers, dealt mostly with the coastal Kingdoms.

And all our Kingdoms respected the integrity of the others, we had leading tribal elders who were chosen by the citizenry to rule as a group, with no actual King or Queen. Everyone was involved, even though we were broken up in lots of separate towns within our Kingdom which were largely based on inheritance, large extended families, with intermixing between towns to ensure we didn't become inbred.

So we continued with what we were used to in the Mind Worlds, in the First World. And when the current day religions started to be formed, we were informed of them, we were curious about the outside world, but also knew by allowing too much of its influence into our society we'd soon lose our individuality, so we were always on guard, and yet kept abreast of everything, the same as it had always been. And as no one forcibly intruded upon your Kingdom on Earth, so no one did in our Mansion World Kingdom.

**The religions, we quickly were able to see, where yet other ways to control people, to convince them "our way is better", which is largely how the Mind Worlds are.** And so we were able to reject them. Missionaries came and at times we'd allow them in to hear what they had to say, but over the years we'd become astute at seeing the underlying hidden intent and motives, seeing whether they'd

help or detract from us, and often we could see and foresee the results from these motives which the missionaries themselves couldn't see.

We were primitive people in the ways of technology, simple agrarian society, we used the plants and animals available to us for survival and we 'specialised', if that's what you could call it, in talking with each other about all we felt. We didn't understand about the truth 'contained' within our feelings, nor were we interested in Jesus and the Divine Love, we had our own superstitious beliefs and gods we prayed to, worshiped and offered sacrifice to, believing we were content in our way of existence and seeing our happiness, reflecting that compared to other spirits who were always discontented. They were happy, as **a relative happiness in the Mind World way, it all being a controlled happiness** as I now understand, but these spirits were always looking for something else, always wanting to get on, to advance, **to become enlightened**, to find God, **to increase their mind control**, none of which appealed to us.

So we carried on for all those years largely undisturbed. It was as Marie told you, about two hundred years ago I went on one of my occasional visits to the 'main world' as we called it, and that is where I met the Hawaiian woman who I fell in love with. It was totally unexpected, I was happy in my relationships at home, I had a spirit wife, only one wife, we would adopt spirit children so adding to our population as required and enjoying their company and guiding them to adulthood, but suddenly I had an 'awakening of feelings' that I'd never had before. I wanted her to return to my Kingdom with me, but she wanted me to stay with her. She visited my world but it was clear she saw nothing in it that captivated her, and so we agreed to live in our separate sectors visiting each other.

She was up with the latest of all Mansion World goings on, and she was interested in investigating all the spiritual systems she came across, only they were just mind entertainment for her, she didn't want to actually participate in them to see if they would offer her anything more like actually spiritually advancing. And one of the systems she'd heard about and wanted me to go with her during one of my visits was about the Divine Love. A friend of hers told her about it, she organised for us to go, I went along, and all that was said astounded me because it made me feel other intense good feelings I'd never felt. It was so unexpected, I related very personally to everything that was said, it all instantly making me feel very good, and so I decided to long for the Divine Love and then further investigate the Spiritual Healing. My friend came with me to our initial introduction courses, but then lost interest as she never wanted to actually commit to anything, whereas I began to change, to see that my way of living was over, that I wanted to move on to Paradise. It caused great upset in me, I wrestled with it, took my new beliefs back to my people, but no one was interested in them, however my wife could see I had changed, we fought, which again was highly unusual, and ended up agreeing to go our separate ways, so I left.

I started my Healing and that was that. So here I am now with Marie, happily in love with each other starting yet another adventure in life. So as she said, because of our more primitive way of life, we didn't get all caught up in the latest **mind-controlling-over-feelings system of belief or spirit 'technology'**. We were mostly attuned to, and highly so as it turned out, our feelings, and all the subtle nuances of them. We had developed over the years what you might call our own 'religion of feelings', our way of life based more on our feelings than our minds. Our minds were still dominant as being part of the Mind Worlds and caught up in the Rebellion, but we were on the feelings side of the mind way.

So that's where Marie and I relate together so well, through our feelings as she'd been telling you, with our soulgroup all being of the same desire to **see life increasingly through our feelings**. So our desire to work with people who embrace their Healing on Earth suits us all very well, and really it's the next logical step in our feeling development.



I will add here James, as it's something you touched on with Marion the other day, **once your Healing finishes, your feelings do continue to evolve, and your mind in step with them. Truth progression through the Celestial spheres is done solely by advancing or progressing in your feelings, with your mind in support, all with the focus on Truth. Part of our Healing is coming to understand how we express our feelings, the extent of them, so the limitations we're under, as you are discovering for yourself James, being severely limited in your awareness of them, your ability to express them, the intensity of feeling them, which you've been writing about lately; and accepting those limitations as you understand how it was for you during your childhood. And as you rightly speculated, once you are Healed and Celestial, then all that 'feeling damage' will be rectified, so your feeling-system will be able to grow and evolve, bringing your feelings up to the relevant Celestial level of truth you are living and expressing. So we mark our progression through the Celestial Spheres and all the way to Paradise, by the level of truth we are living from our feelings.**

**In each Sphere you have to evolve and express your feelings to the degree required and determined by that sphere, all to give rise to the truths of that Sphere. You could look at them as 'feeling spheres' so you have to be of those feelings attributed to the relevant sphere so as to live in it. But the feelings don't all come at once, so it's an ongoing experiential feeling progression as you move up in your truth through the Sphere, the truth of course coming from your feelings. And with your mind in support pointing out all your feelings are guiding you through. So when you finish your Healing, you will spend time bringing your feelings up to the level of the First Celestial Sphere. So as with what you're discovering concerning the limitations of your ability to feel your feelings and express them, were we helping you in your Healing, we would be involved in that and all you are doing with your feelings, all in keeping with the needs of our soul and overseen by your unseen Angels. We would specifically focus on helping you understand relationships, why they are not working properly, and all from feelings.**

So unless you have anything else you'd like to ask me, I will give you back to Marie. You are to work with her, she being the 'spokes-spirit' and connection with you for our group.

James: Thank you Ouerioena.

Marie: As Ouerioena was telling you, **it's our feelings that guide us all the way to Paradise.** I know you have thought about this James, but it needs to be made more a point of. **So, if you don't sort your feelings out and your relationship with them, you can't get to Paradise, because you need your feelings to keep revealing the truth to you, the truth being what evolves us to Paradise. No feelings; no truth; no Paradise. So the Rebellion is against all three. It uses the mind to stop or distort your feelings and their expression, which perverts and distorts your relationships with yourself, each other and the Mother and Father. So all the Healing involves basically sorting out your feelings. So becoming more aware of them, learning to live true to them, understanding they are to lead and guide you in life, and not your mind.**

So as you understand, **your feelings ARE the key to your true spiritual growth and progression, which is why the need to focus so heavily on them through your Healing.**

James: I hadn't quite put it together about feelings all the way to Paradise, so thank you for that Marie. So of course, you Celestials have feelings, but do you have bad ones too, and are feelings so complex that you can keep evolving all the good loving ones all the way to Paradise?

Marie: **It's about your feelings and their relationship with the Truth. You have the same good feelings, they do of themselves evolve as well, so becoming more highly attuned, but really when you have them they give rise to Higher Truth and Deeper Understanding, and that's what you**

**want. So the feelings are just a vehicle to keep having so you can keep bringing more truth to light for you to live and understand.**

So if you don't have those feelings, as you don't when being so heavily mind-controlled, they all being heavily distorted, then no truth will come to you. So people can express their distorted feelings on Earth and in the Mind Worlds, but because they are not actively yearning, wanting and longing for the Truth they are to give rise to, so they don't grow in truth and won't be able to see the controlling ways of their mind. So many people keep expressing their good and bad feelings yet never getting anywhere with them, because they are not relating to them in the right way, not having the right relationship with them.

As Celestials we don't as such have bad feelings, we're too pure and true for them like you have them in your untrue and impure mind-controlling states. But because we are from all that control, the more we grow in our truth from our good loving feelings, the more we can use them to help reflect back into our bad feelings so as to understand them better, and better appreciate all our mind-life and Healing was. And I am told **the reflecting back continues for us right the way through our advancement through the Celestial Spheres of Nebadon. Then once we're out in the main Superuniverse, we are then focused on simply evolving the truth of our feelings through our love and good feelings.**

**So in a way, our relationship with our Earth life doesn't really end until we leave Nebadon, until we move beyond Mary and Jesus' Truth as represented by Nebadon, and all the feelings and their expression contained with it. So our Healing is another phase or step in such progression.**

James: Ok, thank you, that explains that, now I understand. So by the time we leave Nebadon we'll have full experiential understanding of all love and all no-love has been for us, of the Rebellion and non-Rebellion, so able to compare the two extremes fully, and wholly knowing which state we want to live.

Marie: Yes. **And really that discussion as to how you want to live, is what we're choosing right the way through Nebadon. Once we leave Nebadon, having fully made the decision to live honouring our Mother and Father, then we become full spirit citizens of Their Creation.** Up until then, we're in a probationary period, or you could liken it to that of being a child. We become a full adult spirit when we leave Nebadon. So when you are Celestial you are a spirit, but what The Urantia Book (TUB) defines as a morontial spirit, which is what you are setting out to become when you start your Healing, when before that you are just a Natural love mind spirit. **A morontial spirit is one who's chosen the way of their feelings, but is as yet not fully competent in it, which we become by the time we leave Nebadon. And we define the Celestials as being all the Celestial Spirits of Nebadon.** Once we leave Nebadon, the higher Superuniversal spheres are called another name.

# Morontial

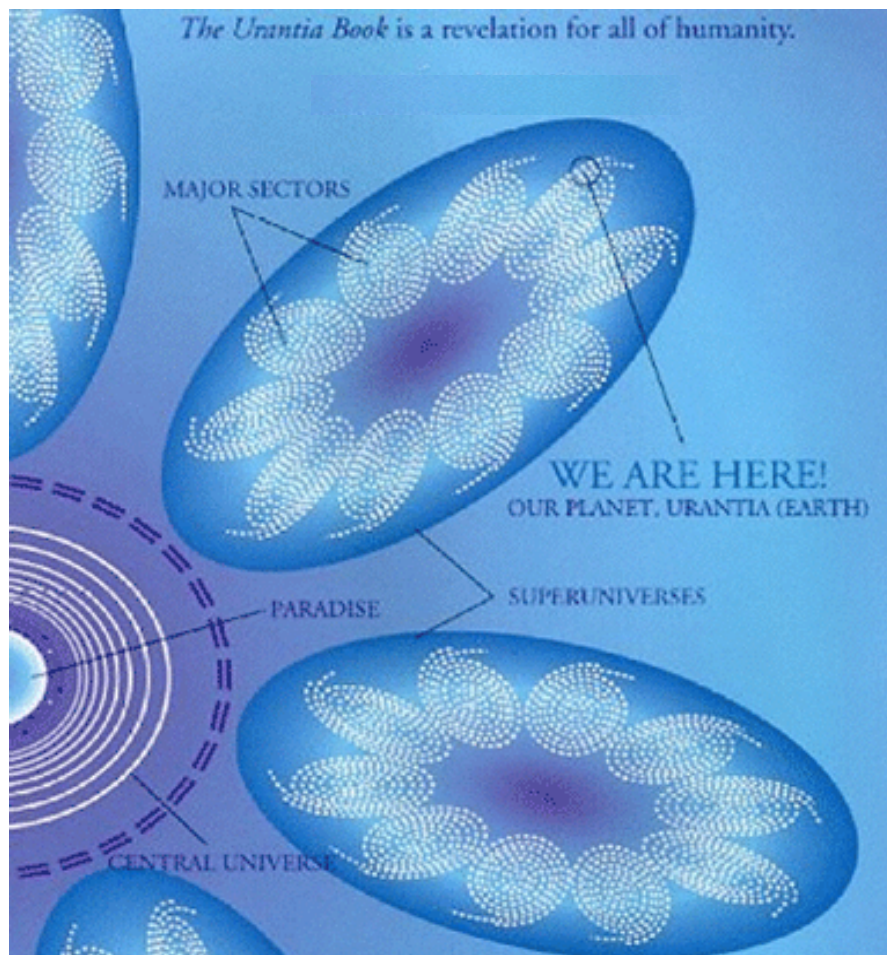
**So, the way to Paradise and All-Love is a Feeling Way; the Way of the Rebellion and ultimate mind-extinction, is annihilation of personality and soul. The Feeling Way is about honouring and accepting all feelings; the Mind Way is about denying as many as you can, selectively choosing the ones you want. You might feel still at the mercy of them, as if they control you and you have no direct say over them, as Marion feels, yet whilst you are of the rebellion, you are still conditioning and controlling them in some way, which you do until you end your Healing. It's all your mind controlling your feelings, being rebellious, your mind going against your feelings, your mind working at odds with your feelings, and all the problems that entails, all of which has to be worked through and the truth seen.**

I will end now James. I have nothing further to add to what you are doing with John, or anything specifically to do with him. And to Samantha I would like to say, we love you Sam, we love all you are

going through, we love you talking to me (which is really all of us), and the more you can the better. I can't tell you anything further about your actual Healing, however we are with you continually attuned to all you are thinking and feeling, and will continue to be. I would like to be able to visually appear to you too, however that would then distract you somewhat from your feeling-focus, so unfortunately we can't do that for now.

We love you all, and until next time James, goodbye – Marie.

*Orvonton, is one (1) (of seven (7) universes that are called the Grand or Super Universe) and they revolve around a Central Universe. We are located in Nebadon (Milky Way) on a planet called Urantia (Earth). Havona (Eternal Spheres) is located in the central universe.*





**ULTIMATE MIND-EXTINCTION is ANNIHILATION of PERSONALITY and SOUL:**

John: Hi James and Marie, Mum  
I need a little clarification, if you please:

Friday, 21 August 2020

Sunday, 16 August 2020, Marie: “So, the way to Paradise and All-Love is a Feeling Way; the Way of the Rebellion and ultimate mind-extinction, is annihilation of personality and soul. The Feeling Way is about honouring and accepting all feelings; the Mind Way is about denying as many as you can, selectively choosing the ones you want. You might feel still at the mercy of them, as if they control you and you have no direct say over them, as Marion feels, yet whilst you are of the rebellion, you are still conditioning and controlling them in some way, which you do until you end your Healing. It’s all your mind controlling your feelings, being rebellious, your mind going against your feelings, your mind working at odds with your feelings, and all the problems that entails, all of which has to be worked through and the truth seen.”

The question is about: the Way of the Rebellion and ultimate mind-extinction, is annihilation of personality and soul. What is meant by “ultimate mind-extinction” in this context please? Maybe a bit more on what is meant by “is annihilation of personality and soul”?

cheers John

21 August 2020, Marie, 1<sup>st</sup> Celestial Heaven: Truth begets Truth, we are to evolve in Truth. And we evolve our truth through the feelings from our experience. We have experience that gives rise to feelings through personality interaction; from those feelings we uncover more truth about ourselves, so our level of truth evolves. Then we need new experiences reflecting that higher truth level so as to give us yet more feelings, more truth, more experiences, more feelings, more truth, forevermore.



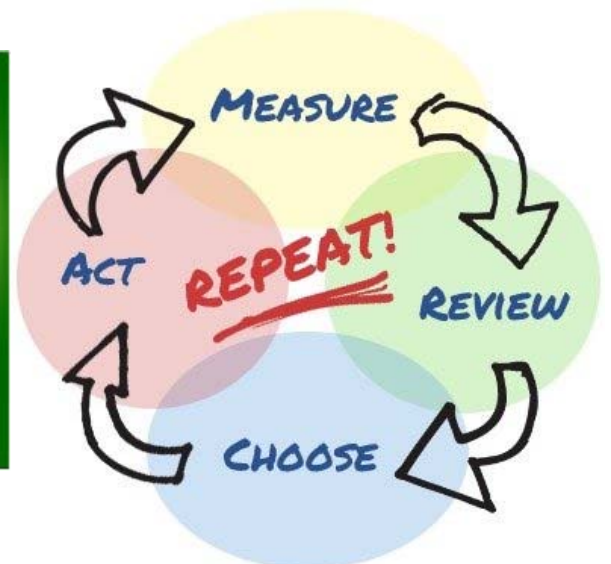
**Feedback Loop**



However, if we add into the feedback loop a corruption, that which we call the Rebellion by Default, then we make the mind step in taking over various aspects of this truth-evolving system. So what having the mind in the way does to us is limit our experiences. It interferes with the experience, so limits the feelings, denying many of them by blocking them out, and by stopping or limiting the expression of them. And so because our feelings and their expression are compromised, so the truth we need from the feelings and so from the experience doesn't come. So we limp along growing in mind control, we still have experiences, but they are compromised, they are not full ones, they are even ones we'd not ordinarily have because they become increasing mind dependent and mind controlled. And because this is the opposite way to how we should be living our lives, the mind starts to shut down our experiences, so they become repetitive, unfulfilling, feeling-deficient, we start expressing ourselves to lesser and lesser degrees, we are sort of imploding, shrinking away to ultimate nothingness because we are not having the necessary full experiences to be truth expansive.

So the act of Rebellion, means we're rebelling against ourselves, denying ourselves experience, feelings and truth. And the further we go in this anti truth system of living, the less and less life there is for us to live. So you are 'dying', fading out, heading toward a dead end; and an end where ultimately there is only mind in control, with it severely limiting experience to just the experience of itself, and so no changing feelings and no truth.

So the eventual outcome of rebellion means the mind ends up just with itself, there is nothing else, no one else, only you being your mind. And you can believe you are god, or whatever you want, and you control your feelings to the extent that you believe you are in bliss or hell, and nothing changes, you stop yourself growing in truth, the truth-evolution loop ceases to be. And so ultimately it might be like you are Mind and only Mind, having only one thought and controlling your feelings to the degree of having one feeling and then you'd be having the one same continual experience. And this experience might seem to you like you've attained at-oneness with god (yourself, which is really only your mind); or you have sunk into eternal darkness, nothing – hell.



Then being in this state, technically there is no further personality expression because you're no longer growing in truth so no longer able to express your personality. You are just a mind existing as a corruption – a mind in rebellion; or, a rebellious mind.

And were you to reach this ultimate rebellious point, because there is no further new experience to be had, because there is no truth, from no feelings, then there is no point for you to keep existing. So you will cease to be. You've imploded like into a 'black hole' of yourself. You've effectively stopped functioning, you are just your mind, completely detached from feeling-reality, completely out of touch with the truth of yourself, it's one thought, it's one contrived feeling – the end. So you end.

The Divine Minister can't continue allowing you to exist within Her Mind Circuits because you're a non-event, a 'nothing mind' just a meaningless en-crustment on Her Mind. So She will purge you, cease your mind functioning altogether. And if you have no mind, so you have no personality to express as its too corrupted, and so no need for your soul to keep maintaining it, so no need for your soul either. As to what might happen to your soulmate (soul partner), presumably they too would reach the same No Mind point as you would, and you'd both cease to be when your soul and it's two personalities are rejected once and for all.

But as you can see John, it would take some time before you paint yourself into such a dark corner, however this is the path all mind spirits and nearly everyone on Earth is going down. So, to annihilation, ceasing to be: no mind, no feelings, no truth, no personality expression, no soul – nothing.

So we see the high Sixth Mansion World spirits striving to achieve this dead end, the so-called blissful, enlightened way, becoming somehow at-one with their mind, so they are just Mind, with one thought – that being how great they are, they believing they are god, so at-one with god, just existing as god – all powerful, with access to all mind, all knowledge (so they believe, which doesn't happen), and with absolute control over their feelings, feeling good, very good, the best they can use their mind to feel – bliss. And there they stay in that ultimate state feeling good that they've attained the end goal, that which they were led to believe was the right way to go: supreme mastery over their mind – the ultimate Mind Power. Which really equates to complete rebellion against their own: soul, their personality expression, their truth, their feelings, and even against the natural and proper functioning of their mind. And so being in this state of mind-bliss, what is the point of going on, what can you do, you have nowhere else to go, so you will one day simply end because there is nothing further to be experienced. Your last mind-bliss-all-powerful-god experience ends, and you with it.

Someone in that state would not see it as an end in the context I am saying it is, they would see it as just the beginning, their start to being god. Which again reflects how deluded they are, how far off the true path of truth, feelings and experience, they are. And they would believe, wrongly, that they've attained the equivalent of Paradise, but they are as far from Paradise in the negative as you can be. And that's all on the positive mind side of the dead end.

On the negative side of the mind dead end, you have Hell, the most hellish time you could have (which is in fact the same as those in their bliss states only they are so out of touch with those bad feelings having mind-controlled them to nth degree by imposing a mind-contrived 'bliss' over them), so feeling the opposite to bliss, feeling so bad there is nothing else, not even any other bad for you to feel. And so because you are at-one with BAD, then there is no further experience to be had, and so you end.

When you have exhausted all experience, which means no feelings as a result of new experience and so no truth resulting, then there is no point continuing existence, as there is no new experience to be had.

So will spirits and people get to these levels of no new experience, then to be extinguished? We don't know. The Rebellion will have to progress further. And those people and mind spirits who want to deny the Avonals will be able to further progress in such truth denial. However, it might also be because of the bestowal Avonals, once their Spirits of Truth become readily available, that they will underpin everyone so no one could get to such an end.

And we've not been told which way it will go. So the Avonals coming offers people and mind spirits the choice of furthering their rebellion, or ending it.



So by our starting life in rebellion, we're on track to reaching the inevitable dead end. And at any point we can wake up to the truth that we're going the wrong way. Then do our Healing. And our Healing, through truth, allows us to relinquish our mind control so we can decide to live in harmony and at-one with God, rather than against Them. So we are choosing in effect our survival. So we can choose to survive and keep living the Truth Way by first doing our Healing; or we can choose not to survive by living the rebellious mind way.

So to summarise for you John, if you rebel against love and truth, there is only darkness, pain, despair, no love, no happiness, no truth, nothing, ceasing to be. If you willingly embrace love and truth, there is only light and eternal happiness and love. If you rebel, there is less of you and less for you; if you don't rebel, there is always more for you and for you to express.

So it's roughly the same for you on the world: if you rebel against the system you are penalised and can be punished to such a degree that your life is taken from you. Or you can thrive by adhering to the system seeming to gain ever more life. Nature being true and perfect, keeps going; once it's untrue and imperfect, it dies and ceases to be. The well keep living; the unwell die. The rebellious will ultimately face extinction; the non-rebellious, eternal prosperity of spirit.

I hope that clarifies it a bit more for you John. Our Healing seeks to end our mind control. It liberates our feelings so we express them all, start living with truth constantly coming from those experiences; and then with that greater truth, always moving on to have the next experience.

# HEALING ends MIND-CONTROL!

No one on Earth has 'attained' annihilation, even though through your Healing you might feel like you're close to it, or living on its boundary. I don't understand when the last chance is given to end someone's rebelliousness; and that should one reject Mary and Jesus and our Mother and Father, presumably it would all be factored into one's soul and so you were always going to end that way. Possibly some souls are created to end, I don't know. There's more to it than that, but as of yet, we're not aware of such understanding. We all have only the truths pertaining to the Planetary Age we're conceived into to reveal and live. So we have Mary's and Jesus' Truths, as we'll soon have all the Avonals truths. Some of us having the best of both Ages, truth we can attain and express. So as yet, what happens to those who might reach The End, we don't know, as such truth is yet to be made available; and it might not be part of this new Spiritual Age.

James: Thank you Marie.

Marie: You're welcome James. It's the best I can describe it using your mind. It's more a higher truth concept – The End; and so over here in the Celestials you'd be able to perceive in greater detail what I mean by it. Talk to you soon – bye now. Marie (John's mother).

# Soul Partner

**SOUL PARTNER**

Hello Cousin Raymond

Monday, 17 August 2020

Would you mind giving some background regarding your soulmate – or would she like to do so herself?

The time that our family members' soulmates lived on Earth and their diverse cultures is a wonder to behold.

Cheers, John

Monday, 17 August 2020

James: Hello Marie, John would like to know who Raymond's soulmate is. Is he or she there to speak with me please, or can you tell me?

Marie: He's here James, it's easy for us to organise whomever you want to talk to, provided it's in keeping with what we can do with you. So as we know John would like to know that, Raymond has been on 'standby'. So I will give over to him.

Raymond: Hello again James. He's a Nosey Parker, isn't he?



She is here with me, however she wishes to remain anonymous, so I'm sorry John, but I can't comply with your wishes. If you'd like to call her anything, Pat would do – Patricia. She comes from Northern Europe and we did our Healing at the same time, not together as such, but during the same time. And why she wants to stay unknown is to do with what she is currently going through concerning whether or not she wants to have anything further to do with Earth. If she allows, for example, John to know of her, and were she to write through you James and

for John to read it, he might think about her (as might other people on Earth or in the Mansion Worlds who read what she says), even want to talk to her, and all these thoughts and yearnings from you on Earth (or the Mansion Worlds) we can detect. We are highly attuned to you, so we pick it all up, and that is something some of us don't mind about, even want, whereas others of us don't want it, they not wanting to be disturbed by Earth-minds or minds from the Mind Mansion worlds. It's all to do with what we've been through during our Healing, basically how traumatised we were and in what ways, and as we're still relatively new to living in the Celestial spheres, we're still sorting out how we want to be. And how that is, is constantly changing. Most of us go through a very dynamic and continual changing time, which can last quite some time before we become 'settled' into our new life here. So for her, divulging her name to anyone on Earth is part of those changes she is working through. At another time she might feel the opposite, but for now, I'm sorry John.

I can say she is the most lovely of spirits, and I know we all say that about our soulmates, and it's true! And it's taking us, like it does most of us, time to get to know each other. We knew of each other late in our Healing, we met and talked a few times during the later part of it, however it wasn't until we'd finished it, I finishing mine ahead of her, that we came together, needing time to get to know ourselves

as we get to know each other. So give us about ten years John and we might have settled down enough to have some grasp on our new reality!

It is such a huge change for us coming into the Celestial Spheres, from being untrue to being true, from unloving, to loving, so there are an awful lot of adjustments needing to take place. I can tell you now James, we finish our Healing, coming fully to terms with the truth of our rebelliousness, connecting with every part of it, then we fuse with our indwelling spirit and come to the Celestials. And in the coming over here we are Transformed into our true state. **So we don't undergo a period or phase of perfecting our Natural love in the Seventh Mansion World, that's all done for us at the point of soul-fusion with our Indwelling Spirit.** So we 'wake up' very different from how we were. And it's an odd change, a very, very, very good one, but you are not as you were, but you are still the same person – spirit personality. At the end of your Healing you can sense or perceive, and have worked out for yourself, how you want to be being loving and true. You don't know actually how it would be, because you've never been it, but having worked out all what being unloving is, you get a sense for what being the opposite would be like, so loving. So I knew all how I was expressing myself in my unloved, untrue and rebellious state, none of which made me feel good, as you would expect, and so through discussion with other Healing spirits, and with the Healed Celestials, by observing them, feeling their effects on me, I was able to work out for myself, how I'd sort of imagine myself being true and loving.

I know you can understand what I'm saying James because you and Marion are doing this as part of your Healing, you both coming to 'get a feel' for how you'd like to be, and how you can even vaguely imagine yourselves being free of your unlovingness. And so for us, suddenly we wake up after the 'deep sleep' from leaving the Mansion Worlds to arriving at the Celestials, it being another and the last 'death' sleep and transition we move through, taking us over the threshold by our Angels, then to wake up on the Sea of Glass 'Born Anew', as that's how we feel, like we are new, the same person, the same personality, but new, as in, no longer false, untrue and unloving. And it is an amazing experience! You feel you're still yourself, but you know you are intrinsically different. And then the joy comes, and such joy, you feel the best you've ever felt, not one bad feeling, nothing like how you felt all through your Healing; and the truth is you know you are free of it, it's over, you've completed it; and you feel like flying, singing, dancing, jumping for joy! And the joy doesn't leave you, it hasn't left us yet, it's a continual good bubbling up inside you feeling. It lessens with time because you get more used to it, but it's still there, the joy of love, and feeling you are love, you are God's loving child. The Mother and Father love you, you love yourself, you are loved by every spirit and Angel you have anything to do with, and you love them. It's all love, love and more love. And then you meet your soulmate!

**SOULMATE**

I had been in the First Celestial sphere getting to know my soul-group, it was three quarters complete. (A soulgroup is twelve soulmate pairs, twenty four personalities.) I'd been here about six months, awaiting the arrival of my soulmate, knowing when she was due to finish her Healing. Our Angels keep us in touch with all such important details and times. It's all worked out perfectly by God, so you finish your Healing at the specific time and fuse and come into the Celestial Heavens so everyone is there to greet you who want to be. So I met her, along with many other spirits, and after the initial welcoming celebration, we went away for a time, we call it our 'Honeymoon Period', which is a season given to us all to get to know each other, to just be with each other and nothing else. And the time together like that is different for each soulmate couple, depending on their needs. Our Honeymoon time was about average, which is about four months, before you come back, settle into living and getting to know your soulgroup and starting to function as a group. So our Honeymoon time cements our bond together, and it's a most incredible part of it all, just the two of you, you can go anywhere in the First Celestial Sphere and there are many parts that are so incredibly

**SOULGROUP**



beautiful, nothing like you can imagine on Earth, and you are just together loving each other. And the love is astounding, it's just there, you don't have to do anything, you can't help express your feelings of love for each other, they just keep welling up inside you, making you express them as you love each other.

And in loving each other you feel a special union, it's hard to explain, but it's like you're making connections, as if you're connected umbilically, and you feel the connection growing, it starts off small, but as the days pass together, it grows, becoming firmer, more alive, genuine, true, more real, more intense, more loving, more personally involved in each other, till it levels out when your Honeymoon period is over.

And we talk about all we've been through, our Earth and Mansion World lives, our Healing, how wrong we were, how we expressed being untrue; we get to know all of each other, because it's all there readily on hand within you. It's all in our soul and our Indwelling Spirits relays it into our consciousness through the experiences we have during this special Honeymoon time, knowing it is so very special between you, and you are continually amazed and astounded how similar you both feel you are and yet how different you are too, and yet how all the differences work so perfectly well stimulating the interactions you need to inspire yet more love. It all works for you, the very opposite of how it was when it all worked against you during your Healing and life in the Wrongness.

So as you might imagine, an awful lot happens to you, so many changes and adjustments as you come to realise that this is your real spirit life, all what you've been through up to then was a whole separate thing, being on Earth and in the Mansion Worlds, and now you are more a true spirit, and all that before has ended and now the rest of eternity lies ahead of you, and you are truly on your journey to Paradise. You feel how real it all is. It was more just a mind concept, all the beliefs and mental understanding about it all during your Healing, but now you know it's all true, it's what you are waiting for James, that final conformation where in your whole being, and with it, you just know it's all true, you are right, you are who you are and as you feel you are, and you can begin your whole new life of love by truly expressing the Truth that you are.

So you feel wholly connected with life, unlike feeling so out of sorts in your Earth and Mansion World existence being all so wrong and disconnected from yourself because of being so fucked. But now there is nothing out of place within you, you are true, whole, perfect, and you know it! And all your good feelings keep affirming it for you. For a while, it lasted about a month for myself, when I thought of the old me and my old way, I expected to feel bad, all my usual bad feelings, and yet no, they didn't come, and haven't, and now I know they never will. And to know I will never feel those terrible feelings again, well, that is SO GOOD. I can access the memories of them, and if I want I can dwell on them, like meditate on the memories and in a way put myself back in the memory of them, the memories of which are all crystal clear, and so we do that a lot as it helps us put all we went through in our Healing into greater perspective and it has the effect of further amplifying our good loving feelings. So it helps you know that it was all wrong, false and unloving, all how you were, you see and understand it all, all you went through, because now you've got something to compare it to, now you feel right, true and loving, and wow, in comparing the two states is yet another incredible range of experiences.

Pat and I went to what I can only call a Crystal Kingdom, you'd love it James, all the natural crystals of Earth, the natural minerals in crystal form being 'displayed' in natural settings, so you have mountainous regions that are wholly made of brilliant crystals of all shapes, colours and sizes fitting the regular patterns of the Celestial sphere. (James graduated from university as a geologist.) There are rivers, lakes, walks, every turn another incredible sculpture of crystal amazement to behold, which delights you beyond anything you've ever seen because the crystals are all light-crystals, they all radiate light, spirit light, so you feel it having a good effect on you; so you see the most breathtaking amazing

crystal sight, be it very small or massive and composed of many different crystals of different colours, millions of different colours, all of which like a symphony of light, effects you. So you feel like you are in fantasy-land, carried away on the beauty which you feel is real, you know that there is truth in beauty because you actually feel it, it's real and solid and it effects you. And so this Crystal Walk might take you a week to complete and all the impact of it is specifically designed to help unite Honeymoon soulmate couples. So there are the places specifically for that, that you can go to, and then you can go to lots of other equally magnificent and incredibly places just being there in the Nature of the Sphere and some Spirit-Made places, incredible cities and even the houses you stay in, all so magnificent and all that have this incredible bonding effect on you, which helps you get to know each other more. And to really connect, it's hard to relate to you, but nothing like any of the relationships I had on Earth or in the Mind Worlds, nothing at all. Which you would hope and expect, and you are not disappointed.

One of the big feelings you feel is that it was all worth it, every last horrible experience of feeling so unloved, every pain, all you've been through in the negative, it was all worth it, because you feel it got you to this loving place and space within yourself, you are now here with your soulmate. We call them our partner, **soul partner** really, but we all know it's a soul thing.



And the bonding is what is amazing, you feel like there is no one else for you, you are and were always meant for each other, it's just the most sublime feeling of perfection, that you're not going to have other intimate relationships with other spirits, you just know it's not going to happen, this is it, the one you ONLY want to be with, there is simply no other. If I think of even trying to be attracted to another woman spirit, it doesn't happen, why would I, it's simply not there, no feelings of it, it won't happen, there will never be such an attraction for another woman spirit, and you just know that, and it too is the most settling and comforting feeling. It's a truth, all your feelings are truth, they are all the Truth you are feeling, it's instant, not the disconnected feeling you have from the truth during your Healing. So you just know this is your partner forever and you are forever happy and you know it will never be any different. It's not a mind thing, I'm writing this to you as a mind thing for you to try and understand what I'm feeling, but as it's all feelings, in the feeling of being with your partner you know this is it and there is no other.

It's an exquisite union, bonding, you are wholly connected. It's hard to describe, but as you feel, your arm is your arm, you wouldn't want any other arm, and how could you have one anyway, you are you; and so for me, she is 'part of me' as I am 'part of her' and the two being different yet as one. You feel this wonderful union of oneness, it's a whole host of new feelings, I'd never felt anything like it before. And it's not that you have to be constantly side by side and embracing in each others arms of love all the time, but it's the connection, the deep knowing, the truth of your partnership, which is wholly unique to the both of you. And you know no one else knows what you two are feeling for each other, and no one ever will. It's like our Mother and Father give us a whole private universe we are to share and explore and bring into being between us, between each soulpair. So you go out and be with other spirits, together or separate from each other, and that is part of your life, and a main part, and then always there is this other part, and also a main part, and that part grows more and more into the most important part, that's happening between you both. Then when you come back together again you are so focused on each other, nothing else exists, you share all you are, all you've been through, all you are going through with each other all the time, always bringing more of your own private universe into being. And that all helps you understand a little more like how it must be for our Mother and Father, but on a much more massive scale. And you know that your journey to Paradise is really on the soulmate level, the first stage of your personal universe manifesting. So Pat and I are loving every moment that we're bringing more our 'together-selves' into being. You are bringing your own self perpetually out into Creation as you express and explore your own unique personality, and you are both doing that for yourselves, and then together you are united bringing about another united or blending of your personalities, almost in a

crude sense a ‘third personality’ to the picture, like a ‘child-personality’ that is resulting from, coming into being, because of your union and all you are together.

And this is the way we then personally start relating to the Supreme Being, who once you attain the Celestial level becomes a real God Personality you start relating to. So the more you bring this union of you both into being, through it, you come to know the Personality of God the Supreme, the The First God of Experience, who Itself is coming into being through all such soulmate unions. You feel it’s vital that you unite with our soulmate so the Supreme Being can keep evolving into being. It makes you feel there is a higher purpose to your soulmate union, which again intensifies the love you have to each other and for God. And really it’s through all of us soulmate unions that our Heavenly Mother and Father are expressing Their Union, resulting in the emergence of the Supreme Being Deity.

So you feel in your small yet highly personal way, your initiate soulmate union is directly contributing to the Supreme Being coming into being, so you are helping in your small way together to evolve a God into being! So you feel very needed, you’re a valued gift to Creation, and without you there’d be a hole or gap in Creation, so you feel you have a very definite place and role to fulfil, that you are very important to EVERYONE and EVERYTHING, the exact opposite to how you felt feeling so unimportant and not feeling like you had a place in Creation with no one interested in you. And of course we all should have felt like this right from the very beginning through our parents loving us and making us feel important to them, the world, Creation, but alas, that wasn’t for us. Yet now it is, we’re not denied these good feelings forever James, there is hope on the horizon, despite those awful feelings that there isn’t.

So I hope you like that bit of cosmic info James.

James: I love all you’ve said Raymond. Again, it’s filling in many gaps in my understanding. So I wonder how it will be for true soulmate unions on Earth? Some of what you say I can imagine, other parts, I don’t know.

Raymond: We don’t know James. We’ve been told certain things. Pat and I haven’t been specifically schooled in it, so we’re relying on bits and pieces we’ve been told by spirits like Beth and Marie, but we’re not interested in that so much. Still, it’s still early days in our new Celestial life, so we might become more so.

Anyway, I can’t tell you anything about it, it’s for you to find out through your experiences of it. So for Pat and I, we’re completely consumed with each other for the time being. We do work as a group, but really we’re all blissed out on getting to know our partners. It’s a funny thing, you bring into the Celestials all these fucked up spirits who have lived for so long and so intensely without any real feelings of love, no good feelings, and suddenly they wake up and they are ALL Love. And then you meet your soul partner and more love, incredible love, love like nothing you could have ever possibly imagined; and it’s real, it’s not just short term, a buzz when you first meet someone who takes your fancy, this is deep soul-connection love, and then you’re in your soulgroup, and then expected to functionally normally as a soulgroup doing whatever work it is for you to do. So as you imagine, you’re sort of spaced out on the love, it is real, it’s not a dream, but still, we do sometimes feeling like we’re just hanging in there with so many good loving feelings, the new good spirit love-light pushing us to the limits of our personality expression of love. So we’re trying to do the best we can, and luckily not that much is expected of us, the higher Celestials, having been through it themselves understand, and give you that knowing feeling. And then we look at and observe a soulgroup like Beth’s, and you think, will we get to be like them, they are full-on, so efficient, so in tune with each other, so in love and in truth and connected with their soul partner, and then it’s like they are having this other whole deeper soul-union experience with the union of their whole soulgroup, which is yet another aspect of the evolving



God coming into being through each group. So we marvel at Beth and her group; and then they are only in the third Celestial sphere, so what's it going to be like, how are we going to be in our soul pairing and soulgroup by the time we attain the truth of leaving Nebadon, let alone attaining the Truth of Paradise. I mean, it is certainly amazing all we went through on Earth in the Mind Worlds in our fucked up states, but when you attain the True Levels Of Love, starting with the Celestial Spheres, well, there is nothing like it! And this is just the beginning of our real journey to Paradise, like a new incarnation of sorts, being Born Anew, starting out afresh, and what a Journey awaits us. And now we're at the beginning of it, so how incredible are our Heavenly Parents!

So that's all what I wanted to say. I'm glad I was able to reveal more to you James, and to you too John, a little about our soul partner union at least and a little more of the bigger picture for you.

So goodbye for now, my love to you John – Cousin Raymond.

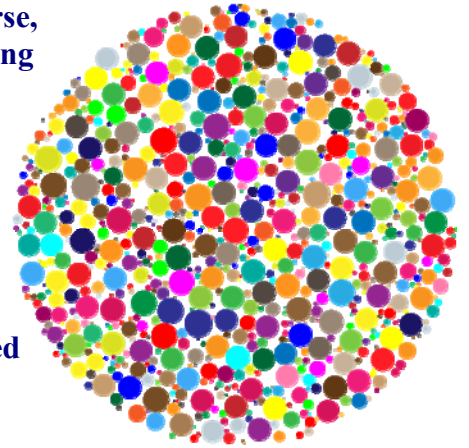
**There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:**



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in system Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



**Earth** →

# Seven Spirit Earth Planes

We start our eternal existence by incarnating, even if it's just for a moment, onto a physical world like Earth. Then, when we die, we move into one of the seven Mansion Worlds, which can be likened to probationary worlds; worlds in spirit through which we correct all that's wrong within us. This includes if we've hurt other people or creatures very badly, we need to compensate for such suffering we've caused in others by suffering ourselves in one of the two lower Earth planes commonly called The Hells.

Other than the two lower Earth planes, we mortal spirits can't live in the other five Earth planes, they being reserved for the angels, nature spirits and other higher spirits.

The geography of the seven Earth planes is based on, or the same as, Earth. Whereas the geography of the seven Mansion Worlds is unique to each world. So, on Earth it's conceivable that your physical home could also be used by nature spirits, angels and higher spirits for their needs in the higher Earth planes, as well as being used by spirits confined to the two lower Earth plane – Hells. So, with these seven other dimensions all focused on your home – a lot could be going on! However, more than likely, the reality is that the lower two Earth plane hells have spirits congregating in the darker seedier places of the physical world, or in the prisons and more isolated places if they are to spend time in isolation. Whilst the nature spirits, angels and higher spirits would reside in their higher Earth planes mostly away from dense populations of humanity, so more in the remote unpopulated areas of the world. The planes, although each being separate from each other and the physical Earth and not interfering or influencing each other, still have some bleed-through of energy, thus affecting them in certain ways. As you can imagine, I don't think the angels would set up one of their main meeting and administration centres over one of Earth's most densely populated, corrupt and polluted cities. Not unless the higher angelic light, was in some way, to affect those people on Earth.

And by and large, we on Earth have very little consciously to do with any of the spirits or angels in the Earth planes. Some people feel emotionally, mentally, psychically and even at times physically disturbed or influenced by spirits in the two Earth plane, Hells, although really there is little direct interference from them. Such things as scary ghosts and knocking noises and all the dark scary poltergeist stuff comes from these wayward, lost, 'dark' and evil spirits still trying to have nefarious control over people on Earth, all of which is relatively harmless other than in exceptional cases. And mostly, we on Earth are totally unaware of our attending nature spirits and angels, and even more so of any higher spirits that might be visiting us or Earth.

For spirits and angels to get as physically close to us as they can, is by them being in the relevant Earth plane. During a Divine Love meditation or prayer for example, it's conceivable you might have in attendance and unbeknownst to you – dark spirits of the two Earth planes that want to try and redeem themselves so are brought to attend your prayer or meditation. You might have nature spirits there as well. You will have your attending angelic pair together with other angels and you might have other higher spirits who are required to help you in your thoughts or feelings to progress in your spiritual development. And then you might also have other Mansion World or Celestial spirits attending you in the relevant Earth plane, including even from the Hell planes should the spirits want to get as physically close to you as they physically can. A lot of Mansion World spirits descend into the lower two Earth planes, the Hell planes, so as to be close to their loved ones on Earth. They are able to do so without being affected negatively by the ever-present Hell plane spirits by adjusting their spiritual light in order to keep them at bay.





It should be noted that to qualify for life in the Hell planes comes about because of the state of ‘hell’ that already exists within the person who acts out such hell on others. We only cause harm to others because the harm was caused to us through our childhood. And instead of dealing with and honouring our own pain and taking full responsibility for it, we block it within ourselves thereby taking it out on others by making them suffer the same degree of pain we’re suffering. Those people who harm another person or creature will at some point suffer the degree of pain they have caused in the other person when the Law of Compensation acts upon them during their time in the Hells. They have to ‘balance the books’ so as to help them understand that it was wrong to do what they did to the other person or creature, for them to understand by directly feeling the pain they have caused. And once they have felt it all, ‘paid for their spiritual crime’ against the will of another, then they are allowed to resume regular spirit life in the Mansion Worlds rather than being kept separate in the Earth Hell planes. And somehow, during the time of ‘paying the price’, they are healed of their need to hurt and harm others so they can move into the regular spirit Mansion World population, no longer looking to, or with the need to, hurt and cause suffering in other spirits.

And it is highly possible that at some point, and even possibly quite soon, the same Laws of Compensation that apply to those spirits having to live and ‘do their time of suffering paying for their crime against another’, will be applied to and on Earth. So many bad people will suddenly be forced into the ‘hell of their own making, the hell that resides in them’. Which means doing some or all of their ‘Hell Time’ whilst on Earth, then completing it when they get to spirit by having to enter one of the two Hell Earth planes, or no longer needing to spend any time in them if they’ve ‘served their time for their evil crime’ when on Earth. Should the ‘earthing’ of the Law of Compensation come about, thereby bringing the Earth into direct alignment with the First Mansion World, then as you can imagine, things will drastically change here on Earth. With anyone merely having the intent, let alone actually carrying out the sinful act, having to immediately suffer compensation for their unloving action and motivation. With the compensation being lived by feeling such intense guilt and all the other bad feelings for the bad things you have done, coupled with pain so bad and so ongoing, you enter into a state of perpetual begging for forgiveness and to be released from your suffering – that very same suffering you caused another person or creature to suffer.





# Seven Spirit Earth Planes

Each of the seven Earth spirit planes co-exist in the same space as we do in the physical. We of the physical world are of the coarsest and densest material. Starting with the 1<sup>st</sup> plane, the material within each plane becomes finer, more refined and of greater luminosity. Those within the lower planes cannot see or discern the presence of those in higher planes. Those of the higher planes can move about those in lower planes without them being aware of being present unless they wish to reveal themselves.

Each plane is predominantly for one group of spirit or angel personalities. However, there are sectors within planes where visitors from higher planes can move about freely. No harm or disturbance can be caused by any spirit personality upon another, not even those within the physical Earth existence.

7  
6  
5  
4  
3  
2  
1

7<sup>th</sup> Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God. This includes Angels who have come all the way from Paradise.

6<sup>th</sup> Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5<sup>th</sup> Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

4<sup>th</sup> Earth Plane being exclusively for Angels, some of which have evolved from Nature Spirits!

3<sup>rd</sup> Earth Plane is the exclusive domain of Nature Spirits who are derived from creature life experience on Earth.

2<sup>nd</sup> Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1<sup>st</sup> spirit Mansion World.

1<sup>st</sup> Earth Plane – the darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclination to cause harm to others.



# Mind Mansion Worlds of Natural Love

**Mansion World One:** We ALL arrive into Mind Spirit Mansion World One upon the death of our physical body. Just the general confusion of spirits living their wrongness the best they can, trying to not be bad, trying not to hurt others, thereby staying out of the hells and lower Earth planes. The Law of Compensation ‘persuades’ you not to even think about harming another person.

**Mansion World Two:** Starting to work more with one’s controlling mind, with the focus being on Service, you are to use your mind to be more loving, to help selflessly others, to put others before yourself, to not want for yourself, only wanting the good and betterment of others. And to have loving thoughts, to not think badly of anyone, to keep ‘being good’ in your mind at all times. To think positively, to use your mind to control your feelings so as to make yourself be happy, to bring your full success out, to celebrate your god-given gifts, all for the good and benefit of all.

**Mansion World Four:** This being where ‘self help’ approaches fit in. It being where you’ve had enough of being of Service, giving yourself to everyone else, and decide that you have to start looking more after yourself. So you look to working more closely on yourself, you still have bad feelings so you set about working to resolve the emotional issues through whatever means you can. And they involve emotional releasing / clearing through some level of feeling-acceptance, as you can’t get rid of them that easily, yet overall you’re working to bury them once and for all, so deal with all your memory processing, deal with your traumas, do all your massive forgiving, which sets you up in a power position because you are the great one forgiving everyone – those people who did wrong by you, so you feel more in control, freeing yourself from your controllers, telling them – you are forgiven, giving them your blessing, feeling you no longer need to be bound into those patterns, and feeling like you’ve found and are bringing out more your True Self, your true self which I reckon is more of the spirit you that’s deeper in your mind control.

**Mansion World Six:** This is where you put it all together, you’ve achieved mind ‘ascendancy’, the perfection of your negative mind-controlling state, specialising in your area of interest, being in bliss and true love and happiness – all mind derived, all of which is resulting from your mind saying you are at-one with Source, God, Soul, whatever the term, which is just your own controlling mind. Your mind is god, and it’s calling the shots, keeping all your repressed feelings away, without you having to address any personality imperfection resulting from your bad parenting. Because you believe you’ve fixed all of that, you no longer have bad feelings within you, you’ve forgiven the evil ones in your life, you’re now wholly in control making your reality be as you want it to be through your mind.

Part by James – 19 August 2018



Our Guides on Duty...



# OUT GATEWAY ISOLATION





**EXPERIENCES, FEELINGS and TRUTH:**

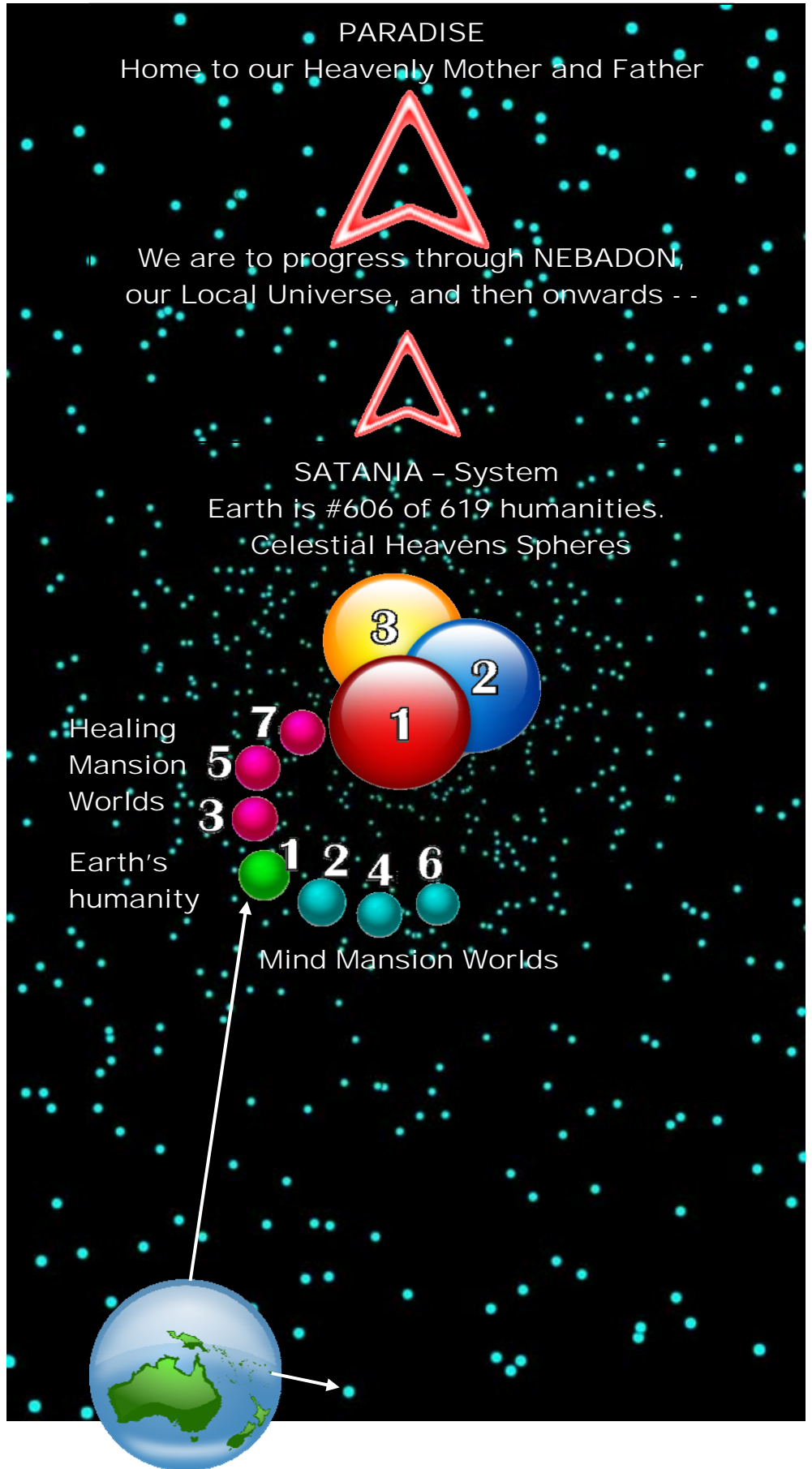
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1<sup>st</sup> spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.





# SPIRIT AND MATTER

Each phase of our progression in our personal discovery of truth will open further avenues to truth of an ever increasing and expansive nature. This is our destiny throughout our journey to Paradise, the home of our Heavenly Mother and Father.



Few are able to see clairvoyantly the spirit bodies of spirit personalities, and even then, this capability is when higher level spirit personalities 'turn down' their brilliance essence so as to make themselves visible – making themselves come closer to the density essence in which the viewer is presently experiencing.

Thus, when it is understood that we have a pair of nature spirits, a pair of spirit personality guides and a pair of angels with us at all times, we cannot see any of them. And is so that they all can see us. However, the nature spirits may not be able to see the spirit guides, and the spirit guides and nature spirits cannot see the angels. Should the spirit guides be Celestial, then they may also see the angels.

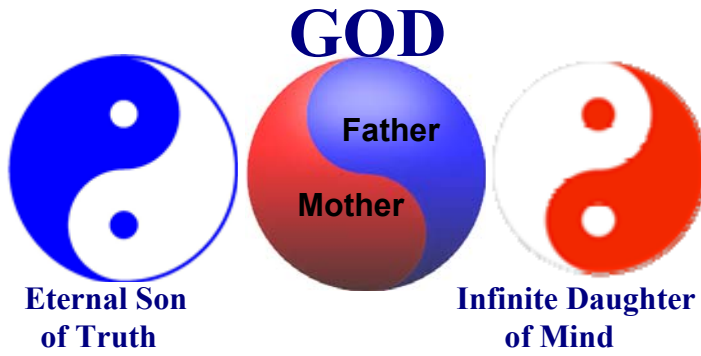
Angels do not have wings, however there are many classes and levels of angels. If the angels are from Paradise, then they would not be typically visible to celestial spirits of the three celestial heavens aligned to Earth's humanity. However, the angels that attended to Earth's humanity typically become visible to the spirit personality upon that person completes their Feeling Healing with Divine Love and progresses from the 7<sup>th</sup> Mansion World into the 1<sup>st</sup> Celestial Heaven.

A spirit in a higher plane of Earth cannot be seen by a personality within any of the lower planes. This is the same for each progression to a higher Mansion World, then Celestial Heavens and all the way through to Paradise. A higher level entity needs to detune and allow him or herself to be seen in any lower world and consequently each sphere thereof.

Thus, a Bestowal Pair from Paradise would bring with them Angels to assist them and these Angels of such high elevation would go about unseen, fulfilling their tasks, without any other entity being aware of them due to their ultra fineness of energy and elevation in capabilities – unless they allow themselves to be observed!



Paradise – Havona – Home



**SPIRITS** from **PARADISE**

Nebadon – Salvington



Celestial Heavens

**MELCHIZEDEK**  
**BRILLIANT**  
Evening Stars  
**ARCHANGELS**

Mansion Worlds

**celestial** **ANGELS**  
**SPIRITS**

**MORTAL** **ANGELS**  
**SPIRITS**

Physical Earth

Nature Spirits *Spirit Guides* **ANGELS**  
**HUMANITY**

Formerly ended  
31 January 2018

**REBELLION** & **DEFAULT**

Past  
200,000 years

and now for the

**GREAT**  
**U-Turn**

Coming  
1,000 years

PARADISE  
Home to our Heavenly Mother and Father



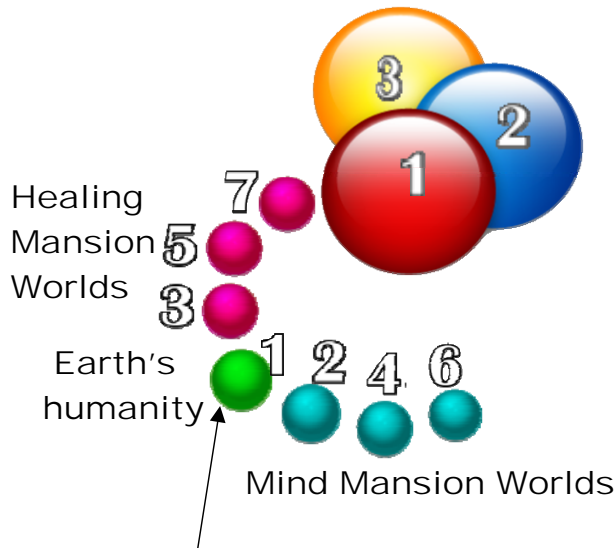
We are to progress through NEBADON,  
our Local Universe, and then onwards - -



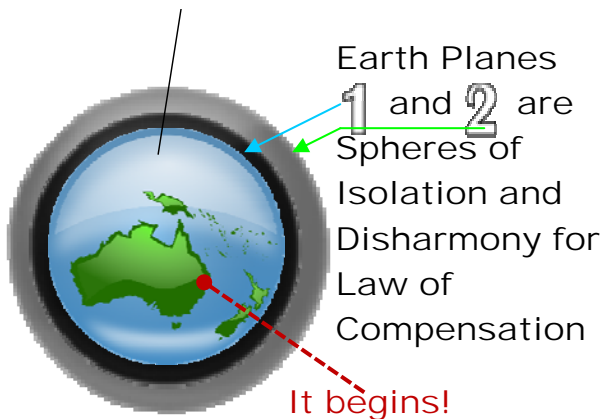
SATANIA - System  
Earth is #606 of 619 humanities.  
Celestial Heavens Spheres

Avonal AGE  
GREAT  
V-Turn  
End Times

the  
Handover  
THE CHANGE  
AFTERTIMES  
NEW FEELINGS WAY



Upon death of our physical body, we all transition to the 1<sup>st</sup> Mansion World



This time in the history of Earth's humanity is the greatest event ever experienced throughout its almost one million year history.

At the time of World War II, 1939-1945, Earth's humanity was around 2.4 billion. Given the major recovery issues post war, the duration could be said to be 10 years and then some.

What is unfolding for humanity now is a factor 100 times more significant, and then some.

Not only is Earth becoming fully engaged, so are the 2 Earth planes, the 7 spirit Mansion Worlds and the 3 Celestial Heavens. That is 13 worlds.

Earth's population in 2020 is approaching 8 billion, spirit Mansion Worlds 1 and 2 have approximately 200 billion, the numbers for the 2 Earth planes are unknown, however they are near capacity, the Mansion Worlds 3, 4, 5, 6 and 7 could be any number. The 3 Celestial Heavens have approximately 30 billion personalities engaged in assisting in these events and the administration of the coming Avonal Age. Well in excess of 250 billion – more than 100 fold. Now add the angels!

The Avonal Age is for the next 1,000 years, more than 100 times the duration of World War II.



# SUPPRESSION AND REPRESSION

## Part 2

### Suppression and Repression:

We are all living untrue to ourselves. All we do is wrong, even though mostly we believe it is right.

We are living untrue as shown by the denial of many feelings. We don't accept them, particularly our bad ones. And this feeling denial, suppression and repression, causes all our problems.

All pain, suffering, fear, anger, guilt, depression, misery, sadness, feeling alone and lonely, feeling rejected, unwanted, uncared about, unloved, feeling will-less and powerless and unhappy and frustrated because we can't assert ourselves lovingly in life, are all the sorts of bad feelings we do everything we can to deny. And it's the ongoing suppression and rejection of these feelings that cause all our illnesses, problems, relationship difficulties, all that's wrong with us both personally and generally in society.



Right from conception we're all inducted forcibly – against our will – into such feeling-denying systems, we take it on, doing what our parents have taught us, thereby continuing to keep all our childhood pain and bad feelings repressed. And as adults, life cycles us through our various experiences in accordance with these early life established patterns all so we can keep feeling those same bad feelings and keep denying them. And this is our rebelling against ourselves by living untrue to all we feel, all of which we do unknowingly, which is by default.

And the healing of this negative, unloving, anti-self condition can only be done by doing one's Healing, which is Feeling-Healing, or your Soul-Healing with the Divine Love. (Soul-Healing being Feeling-Healing inclusive of the Divine Love.)

How one does their Feeling-Healing is by looking to their feelings for the truth they are to show you. You stop, acknowledge and thereby accept that you are feeling bad (or good), want to express that bad feeling and emotion instead of denying it, all whilst longing for and wanting to uncover the truth such feelings are to show you.

You have to want to FEEL ALL of your feelings, and especially your bad ones. And you have to want to know the whole truth of why you're feeling them.

And to uncover the whole truth of yourself through your feelings, means you are going to be led by your feelings back into the complex dynamics and psychology of the relationships with your early carers and those people who were influential during your childhood, mostly your parents: feeling now as an adult the very same feelings you felt back then that you were forced to deny. So now you end the denial and finally release and express and bring out those long ago buried feelings, all so you can see the truth of what really went on between you and those people from your early life.

**Suppression & Repression = Universal Depression**

Our Healing is bringing out all our repressed childhood feelings, expressing them as fully as we can, as we long for and want to see, understand and know the whole truth of what happened to us to make us have them, how we reacted to having them, how we grew and developed into adults taking on our feeling repression and denial from our parents.

And it's a long, hard process as we strive to liberate all such repressed feelings and at the same time ascend in truth understanding why we are wrong, how as adults we've expressed those unloving, negative, anti-self patterns and how we've passed them onto our own children.

Our Healing is the ONLY way out of our pain. We are to understand the truth of our unloved state. We've begun life in an anti-self and anti-love condition of mind and will, and we are to liberate, or reveal, the truth of this state to ourselves through our feelings. We are to do it ourselves and for ourselves because we want to set ourselves free of our pain. Only by uncovering the truth of that pain, can we finally be liberated from it. Uncovering the hidden (hidden in our feelings) truth, is the only way we can spiritually grow and evolve into becoming fully loving people, this being achieved when we've finished our Healing.

All the answers to humanity's age old questions about why we are not happy and why we're not living life on earth as if it were paradise, will be answered as people start to look to their feelings for the truth of themselves.



**And to spiritually help us, we are to understand:**

That we are conceived and so born into life being of Natural love. And because we've been brought into a state of deprivation of such love, so we have to Heal ourselves to become of such pure Natural love. And once done (and we can start anytime with our Healing) we can long to God for the Divine Love. The Divine Love coming into our soul via the Holy Spirit, transforming our Natural love soul into a Divine Love soul.

So we can long to God, our Heavenly Parents, for Their Divine Love.

God is our Heavenly Mother and Father; God is one Soul expressing Two distinct Personalities, and Personalities we can get to know personally as we express the truth of our soul. We can ONLY know our Mother and Father personally through our feelings, we can't get to know them with and through our mind as many religions teach. Any truly loving relationship is expressed through feelings and not the mind, and it's no different in our relationship with God.

We are, being of the image of God, one soul that's expressing its two soul partner personalities in Creation. And we begin life at conception coming into being individualising our personality through our life experiences.

However the whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally

for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth they are to show us, and that will break down our controlling mind, setting us free to live true to our feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

And we can ask our Mother and Father to help us. We can long to Them to help us embrace and accept and express, and long for the truth of our feelings; and we can long to Them for Their Divine Love.

Our Heavenly Parents have started us off in Creation by incarnating us onto a rebellious planet, one in which we experience what it feels like to go against ourselves and to go against Them. They have wanted us to start life in an unloving way, to live and experience and learn what living untrue to our soul and untrue to Their Soul feels like. And how it makes us all feel bad. We are starting off our lives in Creation in an unloving environment, which some people will find difficult to understand (for within it they do feel some love), and it can also be just as difficult to accept that God wants it this way. And not only that, but God is making you be the unloving person you are, God gave you your unloving parents (and the bits that might be loving), God is purposely making you suffer, God is in control of it all; and when your time comes, God will also help you do your Healing so you can come to understand yourself through your feelings. God will reveal all to you through your feelings. All the bad and all the good. We are all to one day understand what it's all been about for ourselves – and you will, God won't let you down, God will eventually answer all your questions.

So when you feel ready, you can decide that you want to live a Feelings First life. To begin your U-Turn, to start doing your Healing, and to end your pain, suffering and feeling unloved, by looking to the truth of such bad feelings.



And through your Healing you will slowly work your way deeper into understanding the truth of your unloving self- and feeling-denying state, and then once you've uncovered the whole truth of your wrongness, then a Great Change will come to you, and you'll no longer be living according to the negative, anti-self patterns you took on from your parents, you will be completely free of the Rebellion and Default, you will have finished your Healing, so you will be true and happy and wholly loving. And best of all, then you'll start living and learning about what it feels like to live being truly self-loving, loving of others and loving your Mother and Father. All the opposite to how you are living now.

**Long for the truth of your feelings.**

**Long for the Divine Love.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

James Moncrief 18 March 2018



**CHILDHOOD REPRESSION Q & A:**

by James Moncrief

Why you feel useless, pathetic and a failure,  
is because your parents made you feel useless, pathetic and a failure.

<http://childhoodrepression.weebly.com/qa.html>

**How does our childhood repression form?**

When you feel unloved, rejected, mistreated in any way, from conception through to around six or seven years old, you feel bad, and if you are not allowed to express these bad feelings, if you are in any way forced to suppress them, they remain repressed within you.

**How do they remain repressed?**

Throughout your forming years as a child coming into being you are developing mental, emotional, spiritual and behavioural patterns, these being based on your experiences of life. If any of these patterns are negative, that being formed because of feeling unloved, unwanted, uncared about – rejection patterns, then such negative patterns will remain within you demanding to be fulfilled, just as will any positive ones that will have formed because you felt loved, wanted and cared about.

**So these negative and positive patterns developed during our forming years, affect our adult life?**

Yes. However mostly we're unaware of them doing so. And in fact ALL of our adult life is affected by them. They are our foundation, it can't be other wise. Once our base patterns have been formed we can still add and subtract other ones as we move through adolescents and adulthood, however these are 'on the top of' and can't affect those we've formed through our early childhood. Many people becoming aware of negative effects from some of their early childhood patterns do all sorts of things to bring in so-called 'positive' patterns (beliefs and behaviours) using their minds in the hope of counteracting the negative. And some people feel they succeed in this. However it's not true healing, as still and buried even deeper under such added false patterns, are your early childhood ones.

**So we can use our mind to nullify our negative early childhood parenting effects?**

You can believe you can, and to some extent your life might show you that you're being 'successful' in doing so, but at some point the whole house of cards is going to come crashing down. You can only try and run away from your repressed childhood feelings for so long, one day they will catch up with you. One day you will be made to face the truth of them.

**Do we all have repressed childhood feelings within us affecting our adult lives?**

Yes. Some people seem to have had a 'worse' more unloving childhood than others, and it's more obvious looking at their adult lives that such a 'bad start' is heavily affecting them, but with other people it's not so obvious. Some people seem able to cope and be successful in life, others can't no matter what they try and do, and this is all simply the outworking and expression of their early childhood – how it was for them. If they were successful, however they define success, in their early life (usually meaning they were able to have some power within their family or life), then they gain the same success (have the same power) during their adult lives. If they felt too powerless during their early life and couldn't do anything to gain any power, then so it will be for them throughout their adult lives. The

way someone has power or doesn't have it during their early childhood won't necessarily be the same on the surface during their adult life, however the underlying ingredients will be the same.

**Some people have a really bad childhood being abused, beaten, and with obvious rejection, and yet they still become successful as adults, surely you'd think they'd be failures?**

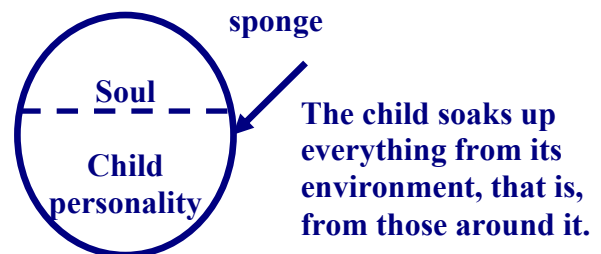
This is where you have to look more closely at what's really going on and see what you define as success. They may have had such an obvious bad childhood but somewhere within it they were still able to get power. Their parents might have abused them, might not have paid any attention to them, but they might have been free to do things they wanted to do when not at home. They might have been able to gain power amongst their siblings or peers or have it over animals and nature, all of which set the patterns helping them manifest such power in later life. And you can also live in a family in which it appears all very loving and successful by society's standards and yet you as the child were kept powerless, so you grow up unable to make anything of your life, being an abject failure in all respects. And of course, it's not just a matter of judging success in material terms.

**So it's all about power?**

Yes. If you feel loved then naturally you feel your own natural power, you feel good, happy, confident and secure. You are able to freely and fully express all you think and feel in life. And your will being so empowered will be able to bring about all that you feel you would like to do. If you feel unloved in any way and on any level then your will will not have formed fully expressing positive patterns, and your negative patterns will make you feel powerless, insecure, unconfident and unable to manifest in life that which you want. Things simply won't go right for you on a *feeling level*, and you won't feel good, happy and fulfilled – loved, all the time. It's really all about feelings.

**What does it mean when it's said we're all living in a negative self-denying state of mind and will?**

That's the condition we live in on Earth. It's been brought about over the ages because of certain negative spirit influences that affected humanity long ago. It's the legacy we now live under and we don't understand it. Mostly we believe what life is, how we live it, is right, and if we don't feel good or things don't work for us, we do whatever we can to feel better and make them work. Only we don't understand that all we call life, is living in the negative, it's all self and feeling denying. It's not right. Nothing of how we are and how we live is right. It's all wrong because we're living in a negative unloving feeling-rejecting and so self-rejecting condition of mind and will. So no matter what we do (unless it's healing our childhood repression) we are only exacerbating our condition, helping ourselves move deeper into our negative states.



**The child's soul has no defence against the emotions flowing to it from its environment.**

**So all that happens to us that makes us feel bad is brought about because of childhood repression?**

Yes, it's the ongoing manifestation of your negative patterns. The patterns formed during your early childhood must be fulfilled, good or bad. And so they are, that is how life manifests for us. And as overall we're living trapped within a negative condition then everything we do will make us feel bad. Only mostly we don't understand this or feel it to be so, as we keep doing all sorts of things to ourselves believing we enjoy doing such things and that such things are good for us, when they aren't. Everything that makes you feel bad, be it an illness, a material or relationship problem; a physical,

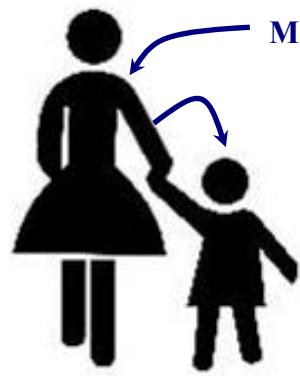
emotional, mental or spiritual pain, is all happening to you because of your self-rejecting negative unloving patterns that constitute your negative state and childhood repression.

**But surely some things we do are good for us, and surely some things aren't negative – what about all the love and enjoyment I do feel in life?**

If these good feelings are based on true positive patterns and beliefs formed during your early life, then sure, such things are good and will remain so as you work your way through healing all your bad feeling stuff. However if they are false good feelings, that being feelings you believe are good based on your early childhood patterns, then the truth of their falseness will be shown up. For example, you look forward to and relish your morning's cup of coffee, it makes you feel good, or so you believe. But is it really? And the truth of this you'll uncover by seeking the truth of yourself through all your feelings – good and bad. And you might find out, which might greatly surprise you, that you are actually only drinking coffee because your father did, and in fact you yourself, when free of such a negative influence, don't even like coffee, or might still like it, but feel you don't want it, and that you're better off not having it.

**So we have to get sick and bad things have to happen to us as a result of our underlying negative childhood patterns?**

Yes. We are endlessly repeating, cycling through, all that happened to us during our early life. Not cycling through the actual things that happened to us, but cycling through the same feelings, good and bad. So for example,



**Mother believes love is service.**

**Accordingly, the child adopts that love is service.**

**The parent's emotion is impressed upon the child.**

**The child then believes it must serve the parent – this is a co-dependent linked emotion.**

when it's time to feel powerless again and in a specific way, life manifests the necessary experience for you resulting in you feeling powerless in this way. Only, as adults this all happens unconsciously, but as you use the bad feelings being generated in each experience to help you go back into and connect with your bad feelings you felt (and still feel) from your early life, then you'll be able to see the truth of your powerlessness. How having that car accident and all the bad feelings you felt, all those feelings of feeling powerless, were exactly the same powerless feelings your parents made you feel when they did x,y and z to you. And it's amazing when you re-connect and *see*. Then you understand that the car crash only happened to satisfy the condition of your life's parenting patterns. Why things happen to you no longer remain a mystery – the eternal unknown. We are meant to live knowing why everything happens to us as every experience is meant to generate truth for us. And the only reason why we live so out of touch with ourselves, with our true feelings, is because we were forced away from our true selves unable to truly express all we felt and thought when we were young.

**So we live our life out of touch with ourselves?**

Yes. By living in an overall negative mind and will condition, and by denying so many bad feelings, we live untrue, superficial false lives full of pretence, fantasy, and unreality. Our whole world is this way. And we live on perpetuating our negative, evil, self-abusing unloving states of mind and will wondering why we don't feel so good, and why things don't go right for us. We are so far away from our true selves, so out of touch with our true reality, so misguided, lost and so full of shit, that we have



no real or true idea about what life is all about. And we never will until we heal our childhood repression.

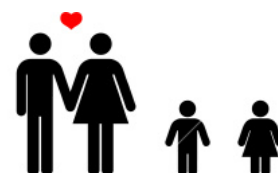
### **So we only get sick because of our childhood repression?**

Yes. If we were living true and real lives with a fully positive mind and will, fully and freely expressing all our personality – all of feelings, emotions and thoughts – why would we need to get sick, we'd be perfect! But as we're living imperfectly in our negative states, so we need to get sick all as a function of our early childhood patterns. Our sickness and pains give rise to bad feelings – those same bad feelings we felt as young children, the same bad feelings we've always felt but stopped ourselves from feeling; those same bad feelings we're continually suppressing and keeping repressed; those same bad feelings we feel now in our illness. 'Catching the bug', or your cells mutating giving rise to 'sick' cells, only happens to show you something is wrong, that some pattern (belief and behavioural – some level of your self-expression) in you is not functioning right, that you are living wrongly, wrong because it was how you were treated and so wrongly forced to live as a little child.

### **What should we do if we have a problem?**

One of two things. Either try to *deal* with it to 'make your life better', better being defined by how you think life should be, which will only increase your

**There is not a time when you are not responsible for your child's emotions, if the emotion came from you, as parent.**



negative state; or, use all the bad feelings that come up because of the problem to help you uncover the truth of why you have the problem, that being what happened to you during your forming years to create the pattern that is now manifesting this problem. And in uncovering the truth you will heal some part of your negative condition and mostly your problem will simply cease to be a problem, or your feelings will lead you to know how to correctly deal with it.

### **Can psychology help us heal with our childhood repression?**

Some of it can depending on how it's orientated. We can use it to help us cover up and hide the truth of our real causes and underlying problems, those from our early childhood that are causing us the problem we have in our adult life; or, we can use it to help us move deep into our repressed childhood feelings, helping us to accept them, bring them up and out by expressing – speaking – about them, all so we can reveal the truth to ourselves about what is causing them: how it was for us during our early life with our parents and carers – did they really love us or not. The healing of your childhood repression is one long exercise of uncovering the whole psychology of yourself, and that being currently – the psychology of your negative or unloving state. And when that's healed and you continue to grow in truth in a positive mind condition, it will involve the uncovering of the psychology of your loving state.

### **Do you need a psychologist or trained counsellor to help you heal your childhood repression?**

Yes and no. It's up to the individual. If you feel you need such help then use it. Trained professionals can help break down resistance and barriers (and can also do the opposite), they can be there for you, be a friend or 'helping witness' when you need to speak about all the bad stuff that comes up. And all good therapy employs these same principles I'm talking about in regards to what you need to do to heal your childhood repression. So a lot of it might sound familiar to someone who's done a lot of work on themselves. Eventually you will become self-revealing and self-reliant without needing such outside help. Your friend will be your partner or someone close to you in your personal life and you'll be able to work through all your issues with them. And in fact in the end, to fully heal all your negative state, if

that is what you want, you will ONLY be able to achieve this through living intimately with someone else. You lived intimately with your parents when you were forming, and so you will need the same closeness and familiarity and someone wanting to help you and be on your side, to enable you to complete all your childhood repression healing. Just visiting a therapist by-weekly will not be enough. You will need to be able to speak to someone, there and then, about all your bad feelings as they come up at any time during the day or night, all so you can uncover the truth of them in the moment.

### **So speaking about all your feelings is the key to healing your childhood repression?**

Yes, most definitely, and especially all your bad ones.

We live denying our bad feelings

**As children start to make transitions into their free will, from the age of 5 to 7, progressing until their maturity, their emotions become more and more of their own.**



(and you'll find also some or even a lot of good ones) and yet they are the key to leading us back into and connecting with all the bad feelings we are denying from our early life. So to heal our childhood repression we need to do the opposite, we need to accept our bad feelings, and we do this by speaking about them. By allowing ourselves to really feel them, to express them fully. And then as we want to find out why we're feeling bad, we need to long for the TRUTH of such feelings, which when longed for sincerely, eventually does come. And so the truth of our negative state slowly comes to us, the truth of our relationship with our parents and early carers. And as we uncover the truth we set ourselves free from our negative patterns and unloving way of life.

### **And accepting your feelings is an act of self-love?**

Yes, and whilst in our love-denying states, it's the greatest way we can love ourselves – accepting all our feelings. Our feelings are our self, so if we accept them, we're accepting and loving ourselves. If we deny them, we're not accepting so not loving ourselves. Many of the so-called things we do as attempts to increase our self-love we do using our mind, but if you look closely at them, really they are done at the expense of other feelings, all being done to keep the bad feelings away, so are not self-loving, but more self-denial.

### **I guess not many people would want to see the truth of their early life?**

No, as it's full of pain and mostly not what they'd expect. We've deliberately forced ourselves to shut out and block off all the bad stuff. We want to feel loved by our parents, not unloved. We want to believe they love us, we don't want to have to face the truth that they didn't, or might not of, as much as we wanted them to and believed they did. It's said the truth hurts, and it only does because we live denying it. And when you go back through your bad feelings uncovering the truth of what really went on between you and your parents, it sure does hurt. However once you've expressed all the pain and revealed the whole truth, it no longer hurts. And you are healed and free of your negative mind and will state. You are no longer self-denying, and instead, being self-loving.

### **So we need to uncover and see the truth of our early life?**

Absolutely. You can express bad feelings all day long, but if you don't sincerely want to uncover the truth as to why you are feeling them, then you're only letting off steam. It's the seeing of the truth, which you can only see once you've fully acknowledged, accepted and expressed all your bad feelings, that sets you free of your negative patterns. And we don't have to do anything other than see the truth. And it's an incredible mysterious process, for when the truth comes up in you, you know you are no

longer afflicted with that problem. You just know. And gradually your life shows you this to be so, as you change becoming of a positive mind and will.

**If I am correct, or it's the impression I got from reading her work, Alice Miller says she finished her childhood repression healing, yet she doesn't mention anything about our whole way of life, our whole state of being, being negative, wrong, bad and so evil?**

No, from what I have read that she's written it doesn't appear that she appreciates the bigger picture. From what I can see, she refuses to look at it from a spiritual perspective. And as to whether or not she has finished her childhood repression healing, that is not for me to say, however personally I think she's healed some aspects of it, but not all. Because had she healed it all, she would have written more books about the whole negative state.

**And you say we're evil?**

Yes, technically from a spiritual point of view, if we live denying the full expression of any part of our personality, then we're evil. We're not being true – true to ourselves; and we're not being loving, truly self-loving, by denying these aspects of our self – our feelings. And something that is not truly loving is evil, the opposite to loving. So you see the horror we all live, which we have to one day wake up to, is that we're conceived into evil, because our parents weren't fully self-loving as they denied many of their bad feelings as they were parenting us, all as a result of being parented by their feeling-denying parents. So humanity has been passing this self-denying, negative, unloving, and so evil, condition on down through the ages, and for a very long time. And we accept it as normal life, but it's not normal, something we come to see and indeed feel as we heal our evil state, our untruth and un-lovingness, by healing our childhood repression.

**Everything a child may be doing is a reflection of a parent's interaction emotionally at that moment.**



**And there are two ways you can heal your childhood repression?**

Yes, with one being inclusive of the other. You can do what I call your **Feeling-Healing**, which doesn't directly include or involve God; or you can do what I call your **Soul-Healing** that does personally include and involve God and God's Divine Love. And the doing of your soul-healing includes the doing of your feeling-healing. For people who don't want to include God I would advise them to focus on doing only their feeling-healing. For people who want to include God, do your soul-healing, however also bear in mind that to do so will challenge every spiritual belief you have most of which you will have to eventually discard as being merely rubbish. If you do want to include God then I would suggest looking at [Divine Love Spirituality](http://dlspirituality.weebly.com/), a newly revealed spirituality that is wholly based around doing your soul-healing and beginning your ascension of truth to Paradise.

<http://dlspirituality.weebly.com/>

**There's zillions of unexpressed feelings inside you waiting to be expressed.**

**And they've all got to come out – one day.**

**HUMANITY is within a kind of dormancy, or even more like a stupor!**

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.

It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Celestial Nanna Beth 20 – 23 April 2018



**MORE ON HEALING CHILDHOOD REPRESSION:**

by James Moncrief

<http://childhoodrepression.weebly.com/more-on-healing-cr.html>

**Why things don't go as you want them to go in life,  
is because your parents didn't allow you to live life how you  
wanted to live during your early life.**

***More about my healing***

I have no idea if your healing will happen along the same lines as mine. And I have observed only a couple of people who've done a little healing, paused, done some more, but without a complete commitment to healing themselves: to finding the whole truth of themselves through their childhood repression – which is, by the way, the ONLY way, so far as I can see, to find the truth. But I'm presenting this assuming you will want to go deep into yourself. And if you do it will be very difficult, your whole life and all your relationships will change. Your relationships may not end, but as you change, so too will they.

I want to present my childhood repression healing experiences as they have been, not glossing over the hardships and presenting it all sugary and sweet. Not telling you, that all you have to do is honour your feelings and magically you'll heal everything, or to just follow a number of easy steps and all happiness will be yours. It's not like that. I wish it were, but it's extremely hard to do. It's crushing, horrendous, and there is nothing to compare with being stripped back to the raw you, having all your pretensions and erroneous beliefs stripped off you as if they were pieces of flesh.

I have felt miserable and depressed for years as I've struggled to do my healing, barely able to do anything than keep talking to Marion about how bad I feel. And she has been even worse than I, having to give up doing virtually everything. When I look back, I can't understand how we've managed. Not working, not being able to, trying to give up all our attachments to the world – all the things we've been using to stop ourselves feel our bad feelings, has been ...

I feel at times like I have been put through a shredding machine, turned inside out and upside down. Nothing within me has been left untouched and unscrutinised. To find the WHOLE truth of yourself involves understanding why every little part of you, inside and out, is how it is.

**Your child is a complete reflection of the parents own denied emotions.**

It has been an extraordinary experience and although I may sound very negative about it, it has positively changed me. I have grown, and overall, when I am not being crushed by bad feelings, I feel good, very good, so much better than I used to. And it's because of this I know that healing your childhood repression is what you need to do if you do want to find true happiness and love. Although it's been hard, it's been incredible. To move down into parts of myself I had no idea existed, and to unlock myself from my childhood prison, to see the truth of all that really went on, has been astounding. And as hard as it is, I want to present my experiences and understanding in case others, possibly like you, are prepared to do whatever it takes to heal yourself of your childhood repression. And if you do want to start your healing, I know you too will suffer greatly in the process, but nothing more than

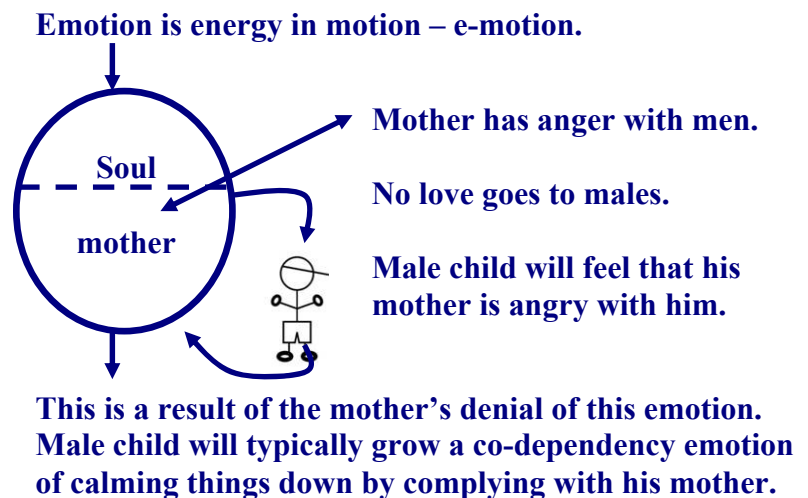
you've already suffered through your forgotten childhood. And in the end it will all be gone, literally expressed out of you. And when you no longer have repressed bad feelings within you, then you can only feel good. As good as you should have felt through your childhood and life had you not been subjected to another's over powering and controlling will.

Because so much of my early childhood was bad, I can't remember it. I've purposefully blocked it out – although I can't remember doing that either. To remember it, to reawaken the memories through seeing and feeling the truth of them, and not just remembering them with your mind, is an enlightening experience. To keep speaking about your bad feelings – all they are making you feel; to liberate them and then to suddenly SEE the cause of them – to know what happened to you when you were little, from conception through to around six years old; to feel and know how unlovingly you were treated, is incredible to experience. And you don't need to do anything other than accept and express all your bad feelings, and then when you're ready, up comes the truth seemingly out of nowhere but from somewhere within yourself; and as you see it, you know you are healed from that part of your repression – and that is a wonderful feeling!

Something might happen to make me feel angry. And instead of trying to stop myself feeling angry I go the other way trying to feel as angry as I can, speaking about it all to Marion. I try to focus on just feeling and accepting my anger, and allowing myself to be angry. I have been so heavily programmed to always be nice; to always be kind and accepting and not judgemental of other people, so any anger I have felt I have always very quickly buried not allowing it to surface. Because I believe, if I am angry my parents are going to be even angrier, and I'm going to get punished. So I push it down deep within me, somewhere where it sits festering away. So now I try to do the opposite, allowing myself to feel as angry as I feel, and gradually I have got used to feeling angry and really it's quite exhilarating. And over time, I have healed my feeling-preventing fears, such as the belief that if I am angry I will get into trouble. Beliefs from my early childhood that I had no idea were still governing and controlling my adult life.

The key to doing my healing is to long for the truth of why I am feeling bad, whilst I am speaking about how bad I feel. When I feel angry for example, I long for the truth of why, as I speak about and emote how angry I feel, and how feeling the anger makes me feel. I express my feelings by speaking to Marion about them, with her asking me questions to further help me bring it all out, which can be very explosive at times. I long for the truth when I feel angry, as I want to know how being angry now in my adult life, connects with being angry back in my early childhood. I long for the truth but DON'T use my mind to try and work it out. I DON'T use my mind to try and force myself back to my early childhood trying to remember. I just want to know the truth I am feeling now, which will be the same truth of why I was feeling these same feelings back then, and keep speaking out my anger. (And although I am using anger as by bad-feeling example here, the same applies to how I deal with all my bad feelings.)

And after some time, when I have expressed all I need to, up comes the truth of its own accord, connecting me back to my early childhood. I can see how what's happening in my life now making me angry, is the expression of what happened to me back then. It's not that the same thing is happening to me now as happened to me back then, as that can't happen, but it's the essence – the truth, the same



feelings. And I can feel and see that why I am angry now; how I feel I am being treated now, is exactly the same as how I felt I was being treated back then. And it may be to do with my mother or father or grandmother, they being the most influential and controlling people in my early life. But it all feels right, and it explains why I am feeling angry now in my adult life, as the same patterns are being repeated and triggered. And in seeing what happened to me back then to make me so angry, and seeing how that is happening in essence – in truth – again now, suddenly I don't feel angry any more, as I have healed that part of myself I have for so long repressed. The healing mysteriously happens. I can't feel it. I just know that I have changed. I no longer need to live being controlled in my adult life by beliefs and behavioural patterns that controlled me back when I was young. And it's all happened because I have expressed out of me all those bad feelings I was repressing. And so the process goes, taking me deeper and deeper into myself using the bad feelings of today to find, unlock and liberate, the bad feelings of my forming years. It is remarkable how it all happens, and that is the saving grace about the whole process for without seeing the truth, without feeling it come up in you, it would be too hard to just keep feeling bad, day-in day-out, never feeling like you're getting anywhere. I have times of reprieve where it all comes together and I feel how far I have come, and I feel very good, but then it's back to the grindstone as more bad feelings are pushing up wanting to be heard.

**Birth defects are the result of the emotions of the parents and the unhealed emotions of the multi-generations behind the parents.**

As to the sheer amount of repressed feelings I have within myself, it's too much to begin to contemplate – how much I've denied my bad feelings, and how shocking it all was. It's no wonder I've been so scared all the time and never feeling really happy – and now I know why.

**Some of the emotions are sometimes so great that the child miscarries. The pain is often so great that the child prefers to miscarry.**

My healing has taken me way past anything I have read about childhood repression and anything I have heard or read about in psychology. I know what I have said regarding anger others will have experienced as they have sort to heal themselves, as good help will guide you back into liberating and getting in touch with what really went on in your early childhood, but what I am presenting is the whole picture, trying to put it into perspective so people can embrace it as a real and whole thing, so they can take it seriously and heal it. So they can accept the whole of their childhood repression – the whole of their negative and unloving evil state.

Some people argue we can make up childhood memories to suit our needs, and I believe we can too. Look at how much you've already done with your mind to get to this point in your self-denial! However, healing your childhood repression, through and with your feelings, will prevent you falling into this trap; preventing your mind taking over yet again, creating all sorts of things you can believe are your early memories.

What my healing has categorically shown me is that my childhood repression is very real and 'alive' within me. And when the truth surfaces by its own accord, and with nothing to do with my mind, I can certainly tell the difference – I FEEL it!

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## ***And yet more about my healing***

I grew up – so my healing has shown me – in a pretentious, patronising, superficial and false world. I believed it was as superior world. My family told me that they loved me and I believed them. I told them I loved them too, but as I've since found out, it was all crap.

Now, it's very easy to write the above paragraph knowing all I now know about myself, however, its taken years to fully and finally accept that what I just wrote is true. And it's all come as a great shock.

To gradually wake up and realise that all you thought was loving, wasn't, and all you thought being nice was, was the very opposite – just using people, isn't what a lot of people, I imagine, would want to see about themselves. I had no idea that was what my healing would show me or be about when I first began.

So my whole world, the one I grew up in, has steadily disintegrated, showing me all through my repressed feelings, just what really did happen between my parents and myself. And to uncover all my repressed and terribly painful feelings of not feeling loved as I wanted to be, not feeling as cared about or wanted, has been very hurtful.

But I know it's all true: how I behaved, how I lived; my motives and intentions, were all unloving, so I never felt good in life. Sure I enjoyed doing some things, but even these things I no longer do anymore knowing I only did them to hide from the pain of feeling so unloved. To stop running away and to allow myself to feel the pain instead, as trying as it has been, has been very insightful – to say the least! Slowly I have awakened to the truth of my early relationships and I've accepted the fact that they were not as I believed they were.



Marion has approached her healing from a different perspective than me. I was totally unaware, blind, to the truth of how I actually felt during my early childhood. But Marion coming from particularly unpleasant, over dominating and very controlling parents, was under no delusion how much she hated them, her life and herself, only she wasn't allowed to express her hatred. So a lot of her healing has involved finding the permission within herself to do so, to be able to openly and freely say how she feels now and how she felt back then.

And we've found our two different approaches, using the same methodology of feeling-acceptance, has been highly complimentary. We work off each other often stirring each other up, making each other feel bad and leading us deeper and deeper within ourselves.

Overall Marion has been the leader, as the feminine is in such things. And without her direct help and input I doubt I would have been able to get through my blocks and resistance to feeling bad. I simply didn't have any idea about my feelings and how they could help me, let alone how heavily I was denying them.

In the beginning I had no idea I was even feeling as angry, depressed and miserable as I was. Only during my healing have I allowed such feelings to finally surface helping me feel what they feel like. I was so switched off and disassociated from my feelings never wanting to feel bad. My mind was in full control as I regularly denied so much of what I was really feeling. I think I must have been about the most unfeeling person alive with no idea as to the depth of feeling, both good and bad, one can experience and enjoy in life. My healing has opened me up to understanding just how extremely I'd shut little james away in a safe place inside myself, so afraid of him – me – being hurt. And even though my parents weren't brutal like Marion's, they sure did a good job on me causing me do deny so much of myself.



## **Total feeling expression is paramount to good health and well-being.**

Love may not be all you might think, feel and believe it to be.

### ***More on Healing***

The truth of why you have a headache, stub your toe, have cancer, catch a cold, can be found in your childhood repression.

The truth of why you drink, smoke, take drugs – legal and illegal; need sex, have to find ways to entertain yourself in the hope of feeling good, can be found in your childhood repression.

The truth of why you are a 'success' or 'failure' in life can be found in your childhood repression.

The truth of why you have the relationships you do, good or bad, can be found in your childhood repression.

The truth of why you have the job you do, the career, or the wishes, dreams and fantasies you have, can all be found in your childhood repression.

The truth of why you believe everything you do; why you do all you do, and how you do it; why you behave as you do; why you say what you do, and how you say it; why you react to what is said and done to you as you do, can be found in your childhood repression.

The truth of why bad things happen to you, the smallest to the largest, can be found in your childhood repression.

Catching on? THE TRUTH OF ALL THAT YOU ARE CAN BE FOUND IN YOUR CHILDHOOD REPRESSION. THE TRUTH OF WHY EVERYTHING GOOD AND BAD HAPPENS TO YOU CAN BE FOUND IN YOUR CHILDHOOD REPRESSION. It's quite amazing isn't it? To think that you've been looking for answers everywhere except in your childhood repression. And yet it's in the truth of your childhood repression that they are all hiding from you.

The truth of why you bought that car, that boat, that house, that dog, that cat; why you trod on that snail at that moment on the path; why your back is stuffed; why your piles are bad today but weren't yesterday; why your teeth need fillings; why your hair falls out; why you are fat; why you are thin; why you chew your finger nails or pick your nose – eat it or not, can all be found in your childhood repression.

The truth of why you said those words when you did; why you reacted how you did; how you behave at a party, or with your relatives, or with your lover; why you want to look the way you do, and why you do look the way you do, can all be found in your childhood repression.

So, if you're unhappy with any aspect of yourself or your life, and want to truly heal it, and not just add another superficial layer of self-denial together with more erroneous beliefs that you have healed the underlying causes, you will have to heal your childhood repression.

You can go to the doctor and have your cancer 'successfully' removed or treated; you can take headache

pills and magically your head pain goes away; but you are still NOT dealing with the underlying causes of the problems: what truly is causing your cancer and your head pain. And as you heal your childhood repression you will discover that it's not just bad luck, or genetic, or because you're eating the wrong food, or that you're stressed. You will find it all has to do with your early relationships and how bad they made you feel.

Always our body and life is trying to alert us to the fact something is not right – by making us feel bad. Your childhood repression is like a poison within you wanting to come out, but you are preventing it from doing so and it's slowly destroying you, eating you away from the inside, manifesting in your life by making bad things happen to you.

You can go to the shrink, do endless self-help workshops, even probe your early childhood releasing lots of anger and pain, yet still there will be more – still there will be your childhood repression: why you are suppressing, keeping repressed, and denying, your feelings.

You were stopped from being yourself – from freely expressing your feelings – from your first moment of life at conception. And this continued on right through the most fundamental years of your development, during which all the patterns were formed that you express – live – as an adult. And, as a result, your false-self had to be created to deal with your feeling-denial. You have had to work extremely hard to create the false untrue you, a you that is comprised of all your negative patterns, which are consequently strongly entrenched within you causing you much pain; and pain that mostly you refuse to acknowledge, but pain that finds other ways to express itself as you can't hold it all down.

Our childhood repression is very complex. It is you. You are expressing it all day, every day – we all are. And yet very few people have any idea that it even exists, and even if they do, that idea is skin deep.

So if humanity believes space is waiting to be conquered – space being out there offering new potentials, we might first like to consider the space that already exists within us, that called our unconscious; that part mankind has been trying to look into and find out about for a long time. And when you find it, you will see that it's comprised of what happened to you as a young child – good and bad – and it is what is governing and determining your life. Many people are looking for answers: they climb the highest mountain, sit with gurus, look to God hoping an angelic messenger might reveal the way, and yet it's all within you, deeply buried, waiting for you to find. And from all I have experienced, it comes as you heal your childhood repression. And why we refuse to look into it is because it's full of bad feelings, lots and lots of repressed anger, grief, misery, guilt, hatred, rage, fear and pain – so much pain, and to face all that, to FEEL it, is very scary. But it's no more scary than what you felt when bad things were happening to you as a young child, causing you to shut off and turn away from these bad feelings.

If you are on something of a spiritual quest and do truly want to 'go in', then guess where you'll be going in to? The quest for self-discovery – uncovering the whole truth of yourself – will inevitably lead you into your childhood repression (provided you allow your feelings and not your mind to guide you), as that is what there is to discover. If you believe sitting in prayer or meditation, saying your mantra, doing yoga, eating the right foods, is the way to spiritual enlightenment, then think about it in relation to your childhood repression: is it helping you heal your childhood repression or is it just another way for you to deaden yourself to your bad feelings? It is just another way to run away, to not face that which is making you feel the need to search for answers, and that which is making you pray and meditate, say your mantra, do yoga and eat the right foods. To achieve 'bliss', an empty or pure state of mind; to achieve an 'at-oneness' with God that denies your childhood repression, is going to eventually be counter productive, only leading you further away from yourself. And that is what all the major (and minor) spiritual and religious systems are doing. They are founded on helping the believer or follower denying

their bad feelings, using one's mind to further delude oneself they are feeling better, whilst keeping their childhood repression firmly in place. They use exercises of the mind to 'transcend' the truth of what really went on between you and your parents when you were young. It all offers yet more ways to deny yourself, all under the illusion and deception that it's helping you. When all it helps you do is further deny the truth of yourself.

It is my belief (I have not as yet completed my healing so it's still only a belief, not something I know for sure) that you can heal everything within you that's not true, all by healing all of your childhood repression. But as I said, to do so, you will have to want to live true – true to ALL your feelings. So you will have to become true, and to achieve this you will have to uncover and find the truth of all that is wrong within you, all you are denying. So you will have to heal your childhood repression.

Healing our childhood repression awaits us all. We can either start it now or later in life; we can do a bit, pause, do a bit more; we can even begin it in spirit after we die. It's what humanity is searching for. It holds the keys to our understanding life, both individually (personally) and collectively (impersonally). It will show you how to live so you are happy – what is best and right for you. And it is what we're all afraid to find. The TRUTH.

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Speak! Bring it all out – all how you feel all the time.  
It's vital to your well-being.

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Your feeling-healing goes on, and on and on and on and on... and on some more. When will it ever end!

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Why do you want to kill yourself?  
Because your parents wanted to 'kill' you.  
And it's totally understandable when it all gets too much to bear.

**Feelings first**

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

## **HUMANITY CURRENTLY HAS NO AVAILABLE GUIDANCE for RELEASE of INJURIES:**

The Spirits of Truth of Mary and Jesus have not experienced the clearing of one's Childhood Repressions. Until the Spirits of Truth of a pair who have completed their Feeling Healing and then are released to join with the Spirits of Truth of Mary and Jesus, only then will humanity, both in the physical and spirit, then have access to the guidance to support all to embrace and persevere with the healing of injuries experienced since one's conception.

### **Mary and Jesus' comments on the Padgett Messages Book 2 by James Moncrief**

24 & 25 May 2010

It all comes down to the relationship you are having with your soul, which is really just with a deeper unknown part of yourself.

There are still no Spirits of Truth to service and enrich such advancement. Not until liberated by an Avonal pair, who have done their soul-healing, will such Spirits be available, and so until that time, it's only a very limited amount of healing one can do on oneself even with the best therapists available. Whilst one is living in a local universe one can only ascend as far as the liberation of Spirits of Truth have progressed. And so this restriction still exists. And it's the same currently for people on Earth. And you can only get around it for the time being, by doing your soul-healing, embracing the Divine Love as then you engage and are inviting Mary's and my (Jesus) Spirits of Truth to help you.

Someone like Alice Miller who says she's finished her childhood repression healing is going to be surprised when she finds out that she's only just touched the surface of it, that being equivalent to the second Mansion World (second natural love spirit world); that being the truth of what you can live, the limit one can currently do their childhood repression healing to. And up to that limit you can feel a certain amount of satisfaction and live with the belief there is nothing more to do, however there will be more. And had she truly completed her healing, then she'd be speaking about it all very personally and in much more detail and depth. But neither she nor anyone else can go further in it as yet, without the inclusion of the Divine Love.

You must at all times continue to express all you feel, and it will be a lot about how unloved you feel. Your negative condition is all about feeling unloved, so there is a lot to understand about this condition, and a lot to experience, and a lot of pain. The pain is unavoidable, yet necessary to tell you there is something very wrong, for if there wasn't pain, then you wouldn't take any notice of the negative, and the negative wouldn't be what it is – unloving and negative. So the pain is needed to take you deeper, and as you correctly thought this morning – yes, I was tuned into your mind – that your growing in truth whilst in the negative, is a bad unloving and painful experience, not a nice loving and great experience, as it is when you are of a positive mind state. For it's into the negative you have to go to uncover the truth you are denying, or avoiding, not wanting to see, so it's into all the pain of your repressed feelings. And this will be very important for people to understand, because rightly most people would think and imagine that growing in truth should be a very pleasurable and loving experience, which rightly it is, but not when you're growing in the truth of understanding all about your evil experience.

If you were able to be and remain true to your feelings when you were young, and when your parents being untrue were making you become untrue by forcing you to deny yourself, then you would still be in that pain – nothing would have changed for you. However because you were not allowed to stay true to your untrue feelings, true to your pain by remaining in pain; because you were forced to 'get over it' suppressing it, you have made yourself believe you are not in pain and are enjoying life and it's a wonderful thing and you loved your parents and were loved by them, when nothing could have been

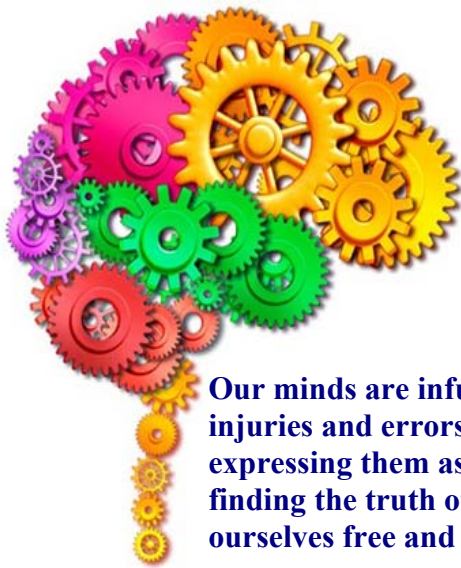


further from the truth. So if everyone were able to stop being false and were instead able to be true to being untrue, then everyone would be in pain, and the whole of humanity would be crying its eyes out with no one being happy, and it really would be a true picture of what it is, yet what you refuse to see: life in and of evil – hell on Earth.

We know the truth and can see how much you are all suffering, and how much you are doing all so you can to stop yourselves from feeling your pain. We look in at you and all we see is a huge falseness. We see a meaningless humanity, in terrific pain, living in a deeply traumatised state, yet with so many people believing they are living good, happy and loving lives.

We look in at you and we see you having your false relationships in which you don't love each other, only pretending that you do. And we see the sadness that's buried deep inside you, and we know that you are suffering, yet you can't see it – won't see it, refuse to see it.

**The whole human race is suffering from repressed childhood and mind control.**



**Our minds are infused with childhood injuries and errors, that only by expressing them as they surface and finding the truth of them that we set ourselves free and grown in love.**

**Be controlled by your oppressive mechanical mind or set yourself free through your feelings and allow your soul based truths to surface. Allow your feelings to be felt and seek the truth of them. This is how we can all evolve in love.**



**Feelings first**

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

## **CLEARING AWAY ERRORS of BELIEF and UNLOVING WAYS of LIVING:**

As we progress from early childhood, we begin to recognise the array of errors in the way we live and treat others and also the false beliefs that need investigation and review. In the past, we depended upon one's own perseverance and stamina to step away from unloving character traits, only to relapse. Recidivism is our human nature, we just keep relapsing to old ways. By embracing the substance of the Father's Love, the Divine Love, as we step away from held erroneous ways of humanness and false beliefs; it is the Love being infused within one's soul that inhibits a return to released emotional errors and ways. The two processes of growth in love complement each other. We need to lead the way by feeling and rejecting injurious ways of living whilst embracing the energy of the Love to grow one's soul in the Love, thus removing any potential for relapsing back to past patterns.

Links to New Revelation about Feeling-Healing and Soul-Healing with the Divine Love by James Moncrief:

Divine Love Spirituality: <http://divinelovesp.weebly.com/> and <http://dlspirituality.weebly.com/>  
 Feeling- and Soul-Healing: <http://divinelovesp.weebly.com/soul-healing.html>  
 Childhood Repression: <http://childhoodrepression.weebly.com/>  
 Speaking with Mary Magdalene and Jesus: <http://withmarymagdaleneandjesus.weebly.com/blog>  
<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>  
 Divine Love Spirituality <https://divinelovespirituality.wordpress.com/>  
 Free Books on Feeling-Healing and Soul-Healing with the Divine Love by James Moncrief:  
<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

Below is Pascas' take on notes by James Moncrief, visit <http://dlspirituality.weebly.com/healing.html> for the original by James.

### **Soul-Healing**

<http://dlspirituality.weebly.com/healing.html>

Look at this beautiful 'ugly old toad'. How can anything in nature be ugly! Nature is true and perfect, it doesn't live evilly. It doesn't live in rebellion against the Heavenly Parents, our Creator, against the truth. It can't. Not like us.



As we rebel against all that is good, so we're doing that within ourselves. We are told we're children of God, God's most wonderful creation, yet do we live that? We see nature is there for our own amusement, to do as we please with; if it doesn't suit us, chop it down; if we need a companion, get a pet; if we need to make money, use and abuse it for all its worth. Yet we only do these things because we've gone off the rails by living untrue to ourselves.

To heal ourselves requires new revelation, and that's what Divine Love is all about: helping to reveal truth about our underlying problem – our errors of belief and ways of living; and how to then go about healing ourselves of it by uncovering the truth of ourselves. It is one's growing in truth through the ongoing healing of one's negative state, by doing your Feeling-Healing. That being, the stopping of your feeling denial and healing any personality expression denial you might have. That being the only way you can grow in truth. By longing for and receiving God's Divine Love, one is also doing their Soul-Healing. But it's not all that easy.

Because we're living false, untrue lives of fantasy, we have to wake up to this, that's the beginning. We

have to face it and accept that we are, but this is hard to do, to accept the truth of one's errors, when all one is doing is to avoid and keep suppressed such untruth.

So we have to feel about ourselves, take a good look at how we really are, not getting all caught up in the show of being loving that we may put on. But again this is damn hard to do because we've been heavily conditioned from early childhood to be untrue. But unless we do face it, we'll never heal ourselves. We'll die possibly believing we had a good life on Earth, move into the mind Mansion Worlds (natural love spirit world spheres) there enjoying all the spirit love and beauty; free then to carry on 'bettering' ourselves as we 'transcend' and 'grow in the light and gain knowledge', as we become 'enlightened', but it's all continues to be truth avoidance.

And we can long for and even receive Divine Love, and we can then believe we're on our way to advancing our soul in truth; we might even say, and even feel, we're ascending in truth, that all our erroneous ways are simply fading away, being washed away by all that Divine Love; flowing out of us in murky steams of yuk, but gone for good because now we are being at-one with God – our Heavenly Father... just as Jesus says he is. But still we are going to be full of unexpressed bad feelings from our early childhood, they are not going to leave our soul because of what we might believe with our mind. They can't leave, and there's very good reason why not.

### **Our bad feelings**

<http://dlspirituality.weebly.com/healing.html>

Our bad feelings we treat like this pile of excrement. That's us, those little fungi growing out of all the yuk, bad feelings we've got repressed inside us. But unlike these fungi who draw sustenance from the lump of lovely poo, our repressed bad feelings make us sick.



But first, why our bad feelings can't somehow magically leave us, and why when we're young and we have them seemingly to get over them quickly moving onto something else, even though they are all still hidden within us and we haven't 'got over them', is because we need them to help us uncover the truth of our negative state – when we're ready to do so.

You see it goes like this. Right from the first moment of our incarnation at conception on higher levels we're already denying ourselves as a condition of being brought into erroneous beliefs and ways of living. So we're already feeling bad, even though we are not conscious of such feelings. And then as we grow and develop, we still feel bad, and our parenting causes us to deny them. Our parenting also causes us to feel more bad feelings because our relationship with our parents is not true, it's bad, even if we think it was very loving, because our parents are not perfect and true so can't have loved us truly as we needed to be loved.

So all the way along right through our early forming years we deny copious amounts of bad feelings – untold numbers of them. And they all go into encrusting our soul, stored as contaminated light, there to wait until we're ready to bring them all out. And one day, that's what we have to do – express all our repressed childhood feelings, which then gives rise to the term: Childhood Repression.

If one keeps denying themselves, one gets sicker and sicker, having to rely more heavily on one's mind to take over, trying to override one's bad feelings pretending that you are not as sick as you feel. And

this one can do to quite a high degree. But one day, all you are doing with your mind to keep yourself afloat, so to speak, will become increasingly more difficult, and eventually fail, so one then has to face the truth that things are not well within, having to face and accept the truth that one is feeling bad. All of which is to help you to see that you are feeling bad because you're denying aspects of one's self, because one is denying many of their bad feelings. Which means, you are denying expressing yourself, your personality, as fully and vigorously as you should be? This means you are denying yourself your growth of truth.

### **Accepting our bad feelings**

The heart of our problem lies in our denying many of our bad feelings, all as a consequence of how we were parented. And as some people were loved more than others, so one could say some people have denied more of themselves, were forced to go more against themselves, denying their will. Our soul-healing is really our will-healing.



So to heal ourselves, all we have to do, and it's all so very simple, and it's obvious staring us right in the face, is, **ACCEPT ALL OUR FEELINGS**. And if we can manage to do this, then by the time we have we'll be living true. And not only that, we'll have healed ourselves of all our errors and evilness, we'll have grown in truth, even if we don't embrace longing for the Divine Love. We will have become perfect in our natural love, just like the creatures. And if we have embraced the Divine Love, we'll become of a Celestial level of truth and love.

It's true that we've fallen from grace. And fallen a long way. So it's mad to think we're superior to nature when we're the ones who are evil and nature is the one who is true.

**So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done.**

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings.**
- **And remember, bad feelings are Good!, not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you're only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

**Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'.**



## Feeling-Healing

Accepting, expressing and seeking the truth of your feelings, and mostly your bad feelings, is setting about your doing your Feeling-Healing. You can do this irrespective of your spiritual inclinations, you don't have to be longing for the Divine Love. And apparently for those people who take this route, new sectors will be made available in the forthcoming new age in the mind Mansion Worlds (natural love spirit world spheres), separate to the mind spirits who want to keep living merrily on their erroneous way.

And those people who want to do their Feeling-Healing with also the inclusion of the Divine Love, setting out to live true to oneself as one strives to be truly at-one with God, our Heavenly Parents, they will be endeavouring to heal their whole soul – hence, Soul-Healing. They will be striving not only to perfect their natural love, but to also transform their soul from the image of God into God's very essence. They will be setting out to become divine, and when healed, to know they have attained the level of the Celestial spheres.



What is involved here is in revealing what it is we may need to know about our Soul – and Feeling-Healing. And how to go about it. What difficulties are that one might face and how to overcome them.

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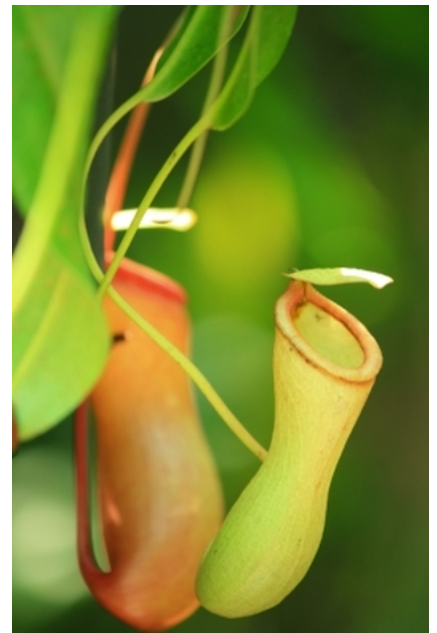
## Divine Love and bad feelings

It's one's intent that determines whether or not we receive Divine Love from God into our soul. Not our feeling or emotional state. So long as our desire is true, in that it's a sincere longing to God to be loved by God, to receive God's love in one's soul, then we'll receive the Divine Love.

Some people worry about the possibility of their feeling bad feelings and emotions interfering with their ability to receive the Divine Love. The emotions and feelings themselves won't, however it might be harder to long sincerely and being fully focused on what you're doing when you feel distracted by your feelings. Of course when you feel good then it's much easier to reach out to God and asking for Divine Love. When you feel bad, you might also want to go to God longing for support, love and help; or, you might feel that's the last thing you want to do.

It doesn't really matter as the Divine Love will come into your soul upon your true longing for it. It's what then happens that is of the most concern. And this is where a strong desire to grow in truth comes in.

If you don't want to heal yourself of your erroneous ways then the Divine Love will wait, 'dormant' so to speak, within your soul until you do. You won't feel its subtle effects within you because your mind will be still too much in control. It's even possible to receive some Divine Love and yet still further your negative self-denying state, rejecting and rebelling even further against God and so the Divine Love you have within you.



The more of your bad feelings you can acknowledge and express whilst seeking the truth of what deep inside you is causing you to feel bad, the more the Divine Love will support your truth aspirations. However, as the whole aim is to do our healing first so the Divine Love then has perfect natural love to transform, don't expect to feel any real positive love from the Divine Love in your soul because your soul will be intent on releasing all your repressed early childhood feelings so you can uncover the truth of them. Give up expecting to feel loved by God and happy, because of any Divine Love within one's soul, UNTIL healing is finished. One may not want the Divine Love to make them feel loved at the expense of being feeling bad, because then one would only be still denying such bad feelings, this time using the Divine Love to help. One may want to feel bad so that one can bring all one's yuk out. We want to receive as much Divine Love as we can, but our focus remains on acknowledging and accepting one's bad feelings and seeking the truth of them, content in the knowledge that also one's relationship with one's Heavenly Father is growing as one moves along in their healing.

There is a great temptation to use the Divine Love, along with anything that might make one feel better, to help one keep denying bad feelings. And really by rights, apparently we shouldn't have had the Divine Love made available to us until all of humanity is healed and perfect in its natural love. However our Heavenly Parents, God had other things in mind by sending Jesus to us, and so we have this window to long for the Divine Love, whilst we're tarnished with errors, just to complicate things more than they already are.

So once again, the Divine Love is NOT the way or thing to be used to get us out of our errors, which would be looking to it to help one feel good like we do so many drugs. And as one can't get addicted to the Divine Love, if you are not growing in truth actively through the doing of one's healing, then one can long and long and believe one is still receiving the Love, but it will have ceased to come into you because your soul will have had its 'quota'. Your soul will then be waiting for more 'space' to be made available in it as you perfect more of one's natural love, upon which it can transform into God's essence.

So overall one could say, yes one's bad feelings and emotions will get in the way of receiving the Divine Love, however they themselves are not the problem. One's whole negative state, refusing to grow in truth, is what's standing in the way of you and your Heavenly Father's relationship. If you refuse to grow in truth, then you are still refusing yourself, nature and God, so also God's Divine Love – you are living in rebellion against all that is good. But making things very confusing, even within all this rebellion, we can still long for and receive the Divine Love.

And concerning the dealing with one's bad feelings and trying to rid one's self of them, unless you are working with them to help you uncover the truth of your errors, you are only denying them still. And using your mind to 'work through them' is not going to get you anywhere, only increase your self-delusion that you're all right and heading in the right direction.

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### **True to your true, true self.**

Imagine that you're pretending to be something in life which really you feel is not the true you, you're putting it on, you know that, you're aware of it, but feel for various reasons you can't stop it, you have to keep up the appearance and pretence of being someone you're not really.



For example: Imagine you're gay (or if you are gay...), you know it, but you can't come out, you can't tell and be true to it in the world because of how you think it

will affect people in your family. You don't want to hurt your mother, go against your parents, shame and embarrass them, make them angry with you, whatever it is. You don't want to hurt them, so you have to keep it – the real you – secret from them. Or you are an actress, and you can't come out because it will ruin your chances of getting further work. You have to pretend you are a certain way, to make a certain impression, put on a certain act, all so you can get what you want. But you're a fraud, you know it, and live with it, wishing you could just be as you want to be in your life, free to do as you please, free to be yourself – what you feel is the true and real you.

And then one day, finally, for whatever reasons, you do come out, you tell the whole world, and damn it, you're going to be as you are, and if you're rejected by everyone, so be it, but you can't keep dishonouring yourself. And, oh the relief, you are finally able to live without having to keep a secret, without having a hidden agenda, keeping an alternative contrived other life going, all so you can be accepted in the world. Finally you are free to be your true self. And that's great, but what really is this true self?

And what it is, is allowing yourself to be true to your error, the real and true you that you feel you are, but all STILL within a false, erroneous, love-denying, untrue state of mind. So really it's only the first step of coming out. You are in error and forced yourself to live yet another false exterior, all to make a certain impression, all to keep the power you wanted. So in a way you were doubling up on your errors, and oh what a relief when you came out, came clean, and could drop that second erroneous state. Now you can concentrate on happily living your 'true self', not your false or erroneous self.

And a lot of people do genuinely then believe they are free and true, but having no idea that this so called 'true self' is not true at all, not in the greater scheme of things, not in the truth of how you really are. So then one day when they wake up to this truth, then they have to work at doing their healing and bringing their real and true self out, the one that was prevented by one's parents from coming out all those years ago. And that is a lot harder than just dropping your false facade allowing yourself to be happy in your erroneous beliefs and adopted ways.

### **Our healing difficulty – it's not how you might think it would be**

To heal our negative self and feeling state we need to do the opposite of what one might think – what many thought anyway.

Instead of going about trying to get rid of all our bad parts, trying to fix ourselves using whatever means are available, we don't try to fix or solve any problems we have, all we do is always focus on **JUST EXPRESSING ALL THE BAD FEELINGS WE FEEL ABOUT IT WHILST LONGING FOR THE TRUTH OF WHY WE'RE FEELING AS WE ARE.**



The aim is to accept ourselves entirely, this being to 'self-love ourselves' by accepting EVERY part of us, not just the parts we like. Accepting ALL THE YUK PARTS TOO! So we start this procedure by wanting to accept all those bad feelings and emotions we're doing all in our power to avoid and not know about. As long as we live denying but one bad feeling, and even one good feeling, we're not fully self-accepting, so we do not fully self-love, which means, we're not relating to ourselves unconditionally – with unconditional love. And as most of us happily accept any good feelings we don't so much have to focus on them, mostly on the bad ones. However you might even surprise yourself and find you are denying and stopping yourself from feeling good feelings as well. Many people try to use their minds to

be all-accepting and so self-loving, we're told it's the right way to be. However as they do this, at the same time they are still deny many bad feelings they're not even aware they're feeling. The more power we give to our minds, the more we 'empower' ourselves, the more we can use our mind to control our feeling denial to an even greater extent. It's because of our bad feelings we feel powerless, so empowering ourselves is to get rid of those annoying feelings that just won't go away. All what most people believe they are doing to help themselves is actually only making things worse for them in the long run. They might enjoy a new found freedom and sense of power and strength of will through all their 'positive thinking' and 'self-improvement', yet all at the expense of more feelings they should be allowing themselves to feel. But who wants to feel all their bad feelings, and keep feeling them. We're all scared of opening Pandora's Box and being swamped into abject oblivion and complete dismal depression never to see the light of day again, but it's into that void of darkness we must go if we are to liberate all our pain and uncover the truth of why we have a Pandora's Box within us in the first place. We live conditionally, as seen by how we selectively accept and welcome some feelings yet not others.

So to become fully self-loving which is what naturally happens as you do your healing, we have to face all our bad feelings, welcome them, want them, and as they come up, fully express and emote them – 'be them'. And if you're like most, used to denying most of our bad feelings, to turn around and do the opposite is not only very hard to do, but also very trying.

As we accept all our bad feelings so too are we accepting all our Childhood Repression. And so too are we accepting our errors and unloving ways – that indeed we are unloving and living against ourselves, nature and God. And as we grow in this truth acceptance of ourselves, so in a way we are allowing ourselves to be the putrid, vile, monster, no-love person we are from time to time.

So it's a weird thing, in a way the more true we actually become to our errors the less of it we are. So we have to be it completely, this being done in small doses so we can manage living it as we uncover the truth of it. And as we accept our yuk, so it leaves us, as we no longer need it. And this is the amazing part. We don't actually have to do anything to make our evilness / errors go away other than keep on expressing and seeking the truth of our bad feelings. And as we do, mysteriously we change, our inner systems start to alter, as we relinquish our controlling beliefs and move toward perfection. First the perfection as in seeing and being fully our untrue selves, then into being our true selves.



So we sort of go into our errors / evilness if you like, we become it all fully accepting it, all so we can then let it go as we realise that it was imposed on us and we no longer need or want to be as we are. And it goes. God sees to that for us.

The potential to completely heal all of our errors is something entirely new. Strangely it's not been part of humanity's experience before. It is the only way we can get ourselves out of the mess we're in.

If you truly want to end your wrongness, so completely heal yourself and perfect your Natural love, which the Divine Love can then progressively transform, you need to look to your feelings for their hidden truth. And this will lead you back into your childhood helping you understand and become aware that all that's wrong with you originates in your early relationships; and all such interference with your self-expression caused back then needs to be brought to light so your imperfections will leave you allowing yourself to have true relationships with yourself, other people, your soulmate, and with your Heavenly Father.



True truth growth will only come about when you are intent on healing yourself through uncovering the truth of your self – and truth-denying state, when you start to give up living with your mind in control submitting fully to your feelings; when you submit to your feelings looking to them to help you uncover the truth of yourself, this being something that currently only happens to a very minor degree on Earth, and not at all in the mind spirit worlds (natural love spheres). To grow in truth, feelings must be liberated and in particular, all those feelings you don't want to acknowledge, all the bad stuff you're keeping hidden from yourself.

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James Moncrief has prepared these notes from his and his wife's personal guidance and experiences. Above is Pascas' take on notes by James Moncrief, visit <http://dlspirituality.weebly.com/healing.html> for the original by James.

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**Golden Rule: that one must always honour another's will as one honours one's own.**

***Cause No Harm*** < to OTHERS  
to MYSELF



**To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**DIVINE LOVE enlivens our FEELINGS to progress our HEALING!**

‘I didn’t know as a child I was that aware?’

‘You weren’t as aware of your feelings back then as you can be now. But your soul was. Using your soul perceptions that are awakening because of the Divine Love that is now within your soul, you are able to see – to see the truth of such things. You are able to see and feel the truth of yourself as a young child but from an adult’s perspective. Everyone can go back and see the truth, what and how they really felt throughout their childhood if they want to.’

‘Yes, I see what you mean. Is this what my healing will be like all the way along?’

‘Some parts of it. There will be lots of different parts, but once you’re expressing your bad feelings, and when you feel ready, if it hasn’t naturally happened, you can try and turn your attention to your childhood and see if how you currently feel matches with any memories you might have of back then just as you’ve done now. By wanting to do this, you’ll help train your mind to accept that you want to see the truth of your childhood, the truth of your repressed childhood feelings.’

So I just had another healing Paul thought to himself. He would never have guessed it was possible to work his way out of or through those bad feelings when they first came on. He turned to Jesus again and said, ‘Thank you, thank you for putting your hands on me and for helping me to see all of this.’

Chapter ‘Day 9’ of “Paul – City of Light” by James Moncrief

**We are to apply our longing, apply our will, but not with our mind, although it can help one to determine what you want to do, but with and through one’s feelings. We can’t long with our mind, we have to FEEL-long. Our longing is an expression of what we feel. We feel we want God’s love, so we express that feeling in our longing.**



**Healing is the feeling and expressing of childhood injuries and erroneous beliefs. They will be expressed progressively through one’s healing process.**

**WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:**



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.





**ACCEPT YOUR FEELINGS, SEE THE TRUTH, ACCEPT YOUR FEELINGS:**

Feeling bad will make you feel BETTER – Eventually! by James Moncrief

We are to follow our soul based feelings which are always true and loving, not our mind which is tainted by our childhood upbringing.

“My parents stopped me and I took over from them. Well I don’t want that way of life – their way – to be my way any longer.

“Saving yourself comes from the full and true liberation of all your denied feelings. Saving yourself comes from the full and true acceptance of yourself. Saving yourself comes from wanting to find the whole truth of yourself through your feelings, both good and bad. Saving yourself is re-connecting with your feelings and your heart of truth, thereby allowing your soul to freely express its personality – all that you are – in Creation. Saving yourself is learning how to unconditionally love yourself by freely, fully and unconditionally accepting all that you feel.



“By denying any part of ourself we are denying ourself life. We are sending ourself off into the nothing, shutting ourself away in a cupboard, not wanting to hear.

“There is a right way to express oneself. There are universal laws that determine how you do it. And when you do, then you function properly from your inner most levels, from your soul out to the physical. Everything flows and works properly for you, and you are able to express and communicate yourself properly to another person all the while honouring your will and there’s. Anything that isn’t right is a will-infringement and so rebelling against the universal laws which has a detrimental effect on you and the other person. And it will one day have to be fixed, because if we want to live truly in Creation then we need to live within, and so true to, the laws of Creation. And as you’ll discover, the laws are the truth, meaning the laws are expressed as truth, so as you grow in truth then naturally you’ll become more perfect, existing correctly within the laws of Creation.

“So if you want to express all you feel truly now with whomever you are relating to, as well as all nature and God, then you will have to heal all that’s untrue within you, hence the need to look back into your early childhood to see where you’ve transgressed the universal laws because of the negative, unloving parenting you received.”





**WE ARE NOT MEANT TO BE ALONE:**

Feeling bad will make you feel BETTER – Eventually! by James Moncrief

**‘We are not meant to be alone, particularly during the hard times. We need to learn that it’s better to come straight out, to start accepting and speaking about how bad we feel. It’s okay to just cry and tell other people how bad you feel. It’s okay to feel bad. If we could all help each other to express our bad feelings allowing ourselves to feel as bad as we need to feel and for as long as we need to feel that way, wouldn’t life be more caring and loving?’**

‘The childhood suppression of our bad feelings has been so severe that we have to shut ourselves away during our crisis times, the very times when we should do the exact opposite and come out the most. Doing this because this was all we did during our early childhood when our parents rejected us, making us feel unloved, unwelcome and unwanted.

‘Wouldn’t it be nice if when you felt bad and someone asked you if you were okay and did you want to speak about it, you could say: Yes I do feel bad, and yes thank you, I do want to speak about it, and they were there for you all the way along. And you could speak and cry and be as miserable or angry or however you felt for as long as you wanted to. And they didn’t judge, criticise, or try and tell you how to get over it and how to make



yourself feel better. And they just allowed you to go for it, to slobber and blubber and grieve and go through all the natural releasing and healing stages without getting in the way; just being there for you, wanting you to tell them all about yourself – all you’re feeling. And when you were ready, you could long for the truth and try to understand why the pain is so bad, why you are feeling all the bad feelings you are feeling, all in the loving supportive trusting presence of your friend.

‘Wouldn’t it be nice if we allowed ourselves and each other to fully express all we felt and didn’t feel like we had to deny anything; didn’t have to reject ourselves when we felt the most in need. That we could seek help, love, care and attention when we felt we needed it, that we could even ask each other for it, if that’s how we felt, and it was willingly there and given for us to receive.

‘Wouldn’t it be nice if we could allow ourselves to feel and express our pain? And if we could, I’m sure we wouldn’t feel the pain for as long as we do (and in many instance may not even feel the pain to begin with). And we would be able to deal with it, to keep accepting it for as long as it was there, thereby allowing ourselves to move on, to mend, to heal, to come back to ourselves.’

# What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature



Touching a child where he/she doesn't want to be touched



Forcing a child to touch you



Breaking down the self-confidence of a child



Hitting or hurting a child – often to relieve your own frustration



Manipulating a child



Not taking care of a child for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant', depriving of time for education / leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs



Neglecting a child's educational needs



Leaving a child without supervision





## WHAT IS THIS ALL ABOUT?

**Our soul is at all times pristine and perfect, it is the source of one's intelligence, knowledge and wisdom, and is the gift of creation by our Heavenly Parents.**

**At conception, our soul brings our spirit body into being in Creation along with our physical body that uses the spirit body as its template. Our mind within the spirit body, from that moment onwards, begins to absorb the personality attributes of our physical parents. This includes the positive and negatives they hold, their beliefs, truthful and also in error, their injuries from emotional discord and those from their own parents and any carers including extended family.**

**Our soul becomes entombed in the controlling natures of one's mind. These erroneous ways of life, beliefs of control smother and suppress our soul. We are meant to express our feelings, those of our soul. We are smothered by our parents controlling natures; we are at best considered to be 'trophy'! We, in our forming years, are controlled, suppressed, belittled, humiliated, and taught a great deal of untruth. Mind you, so were our parents. The cycle must be ended!**



**Many of us are introduced to religious organisations, all of which amplify further the feeling-denial and the truth-denial that we are being conditioned with. Our soul is to express and embrace, not deny and suppress. These organisations are founded on the need to control. They are an expression and amplification of the evilness that our parents convey! The teachings are at best misguided, retarding our progression with mind based limited understandings.**

**Only those people who are actively using their feelings to uncover the truth of themselves will find any real inner peace – once they have finished their healing. And all that will be happening will also help them to feel bad through this process, all so they can bring to light all the untruth and error of their ways, all the pain of their early childhood, and all the wrongness their parents have made them be.**

**Our controlling minds are to be side stepped and we are to express our feelings. It is our soul based feelings that are in truth. Our mind imprisons and retards our true selves, being our souls. For those who want to sincerely grow in truth, the truth of themselves, nature and God, are to do so through their feelings, then they will also have to readily embrace both Mary and Jesus so as to accept help from their Spirits of Truth, and look to God as being both their Mother and Father.**

**To be free of one's evil state, errors and injuries, this will only happen when one has experienced the full truth of it, and so that means, when you have felt the whole truth of it through your feelings – all the different aspects and parts of it.**

**We are to apply our longing, apply our will, but not with our mind, although it can help one to determine what you want to do, but with and through one's feelings. We can't long with our mind, we have to FEEL-long. Our longing is an expression of what we feel. We feel we want God's love, so we express that feeling in our longing.**

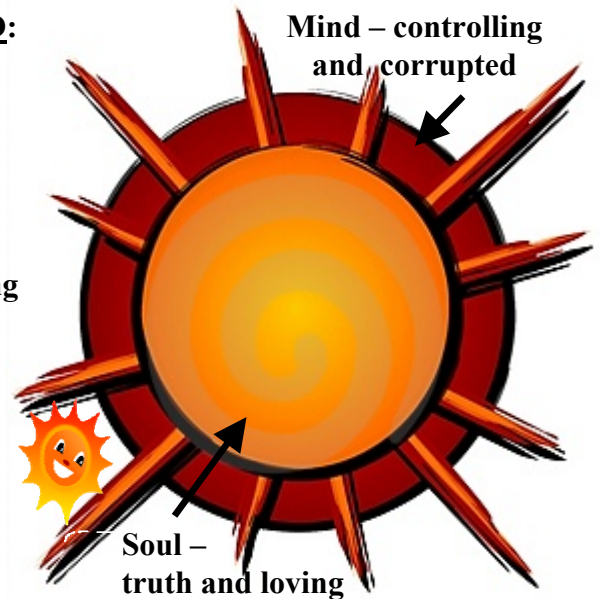
**By embracing our Heavenly Parent's Love with our Feeling-Healing, then we are enhancing our endeavours and progressing with our Soul-Healing.**



**MIND CONTROLLED or FEELING DOMINATED:**

From conception and throughout our childhood, we are infused with controlling natures and long held attitudes, mannerisms and beliefs of our parents and other family members. These infusions become imbedded within one's mind. These controlling platforms suppress and smother the truth and loving natures of one's always perfect soul.

It is by embracing and responding to one's feelings that the truth that we each hold within our soul will come to the surface and free us from the errors, injuries and harm that is conveyed upon us by our parents that we can freely live in our true nature.



Our minds want to assert their control over our true feelings which are soul based. Nurture the unloved child that we still are, help it stand firm in the truth and feelings it possess within its soul. Uncover the truth our soul requires us to see, know, be, and live. It is all just you and me doing what we feel to do as we become truer to our feelings. Because when we are true and feeling good because of living true to our feelings, we can be surrounded by evil, even nailed to a cross by evil, and it has no bad effect upon us.

Our whole being is expressing itself through our feelings as we connect to their truth, it's us coming out into Creation, and it is all designed – expressing truly our personality – to make us feel good. So the more in touch with our feelings using them to uncover the truth of ourself, the better we will feel about ourself and life, and the more true and so loving we will be. And then the more loved we will feel. And that's what it really is all about – feeling loved.

When our parents interfere with us when we're young and forming, stopping us from being our true selves, they are in effect de-powering us, in each of those moments.

We are to just go with all we feel, keeping our mind and what we think or believe we should feel out of it, just FEEL what we FEEL and keep expressing such feelings and longing for the truth of them. When we feel hate, fully go with that feeling, when we feel love, fully go with that feeling. And always be longing for the truth of such feelings.

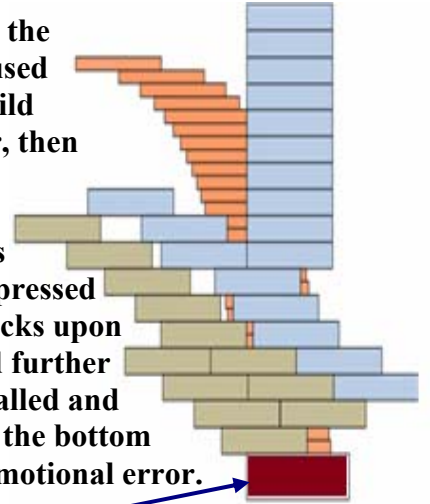
As feelings come up, allow them to be expressed, long to know their purpose, and let them go. Until we do our Feeling Healing we will continue to be entombed in our mind controlling errors and injuries. Yes, these moments will be painful, but this is how to grow one's vitality and quality of all things within one's life. By also longing for the Mother and Father's Love we are then Soul Healing, Feeling Healing with the Love is Soul Healing. This is living true to one's soul. All we need is within one's soul, as we proceed along this journey our Indwelling Spirit will guide us and assist us.

We are to and will develop the desire of living true to our selves. And to live true to our selves we will have cleared our childhood infused injuries by having done our Feeling Healing.

**OUR CHILDHOOD EMOTIONAL INJURIES ARE OUR CORE ISSUES TO EXPRESS:**



Should we consider all the emotional injuries infused into each and every child en masse – all together, then each child would look battered and bruised. These absorbed abuses become Childhood Repressed emotional building blocks upon which are built related further errors, all must be recalled and expressed. Start from the bottom and express the core emotional error.



Oh, to long for and know the truth of each and every one of our childhood repressed injuries so that we can liberate our soul and allow our will to be freely expressed in the truth that it is in. Each core emotional injury that is expressed and the truth of it that is released, then the stack of related injuries loaded on to it will be destabilised and readily collapsed. Core childhood emotional injuries encapsulate and imprison our soul as if it is imprisoned inside of a steel wrecking ball!



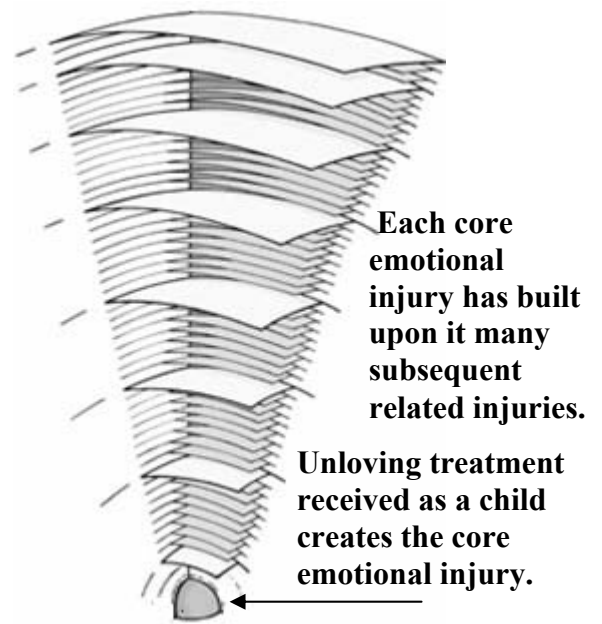
**SUPERKID POWER**  
**NATURAL self EXPRESSION**



**LONG to KNOW the TRUTH of EACH INITIAL CHILDHOOD EMOTIONAL INJURY:**

All emotional processing work addresses only the top layers over the core childhood repressed injuries. None of the modalities reach down to the mother injury, the core of the suppression, thus the relief from such processes is only superficial and at best temporary. Yes, they do identify the underlying cause of the pain and illness, and this assists in addressing the physical health issues at hand. However, we need to go further, much further.

To heal ourselves is to simply 'look' at the feelings we are refusing to feel, and accept them instead of denying them. And to fully accept them, we need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make us feel bad.



Admit you are feeling bad. Accept your bad feelings, identify what they are. Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings? You must always reach to the core issue, and that occurred during your Childhood.

Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017



Rebellion and Default  
officially ended  
31 January 2018

**ADULTS ARE CHILDREN!** Notes from Sage – and the Healing Angels of Light by James Moncrief

*We as adults are really just the same children we were?*

Yes, only because you've grown up into an adult and mostly have forgotten what you were like as a child, so you wrongly believe you are something different to how you were as a child. And being an adult, as you attend properly to your feelings, your feelings will connect you back with yourself as the child, all so you can see, as an adult, that which you couldn't see as a child, all that happened to you to make you be as you are.

*That's quite incredible.*

Yes, amazingly so; and it's the only way people can truly help themselves, all the rest is just moving stuff around within your already fixed childhood nature. So all the so-called self-help instructions and advice, and all the therapy people undergo, which does help people become more aware of certain aspects of themselves, is still really only working within the wrongness, it's trying to make the wrongness suit you better so you can feel happier in it; however it's not being completely determined to look at ALL your wrongness and doing whatever it takes to accept all the bad feelings to do with it.

**GOLDEN RULE PERTAINING to CHILDREN:**

Messages from Mary and Jesus – Jesus 6 April 2003

We cannot under any circumstances break the Golden Rule: **we cannot impose our will on another forcefully subjecting others to do what we want, even if it is our own little child.** We can, by all means, make respectful offerings of our ways, beliefs and opinions, leaving the onus on the other person to make up their own mind, but once we start intruding we are stepping over the line and that incurs a penalty.

This is the problem we are all saturated with: being coerced and threatened to do everything we do. It is how most parent's parent, coercing and threatening their children so as to get them to do what they want, all so they can maintain their power and control over them. The parent is completely interfering with its child's freedom to express itself.

**As a parent we cannot know one moment to the next how our child should be. It will show you how it will be, not you showing it how it will be. And we need to allow it to show us with as little interference as possible. And this will be a great challenge for parents to face.** The Church and all such systems – our whole world – is for adults, not for children; our world is anti-children, most of what we do is anti-children, even when we believe we are doing it for their good and doing it lovingly. It is not a loving system and it can't be. It can only do what was done to us, and as we weren't loved truly by our parents, then that is the world we know and the world we will create and the world we will choose to live in. The delusion is that we have been led to believe that the world is good and right and true, at least the world we are participating in, but it's not, and this is what our healing will make us see.



### ALLOW CHILDREN to EXPRESS THEMSELVES:

Messages from Mary and Jesus – Jesus 6 April 2003

If you could see children that are left to be free, they will ask when they are ready, and it makes the parent feel good being able to give. This makes the parent feel needed and not just taken for granted, as its child is coming to it, and it makes the child feel good because it is responding to its inner inspiration and feelings; it is making the approach in the relationship with its parents and gets what it asks for. But you ask: What happens when the child asks for things it can't or shouldn't have, what then; should the parent just give its child everything it asks for? And the answer is no, whilst you're of and in the negative because the child will not be asking truly from and with a positive mind.

### OUR CHOICE TO LIVE the WILL of OUR HEAVENLY PARENTS:

Messages from Mary and Jesus – Jesus 6 April 2003

The Father and Mother offer you this choice, however you have wanted to live as you are, and They won't take this choice to do so away from you; that would be violating your free will, and your Heavenly Parents don't take such liberties as your earthly ones do. They want you to uncover and see for yourself all that you are doing that is wrong. Why you are doing it, what happened to you to make you choose to do it, and how you've been manifesting it in your life. And once you are cognisant of it all, then you are free to choose as to whether or not you continue living it. And if you choose not to, then They will remove all trace of such wrongness, evil and self-denial from you.

Living God's Will is not just a matter of doing some sort of work for Them. This is incidental. Living Their Will is living in your perfected soul state of being, which will only begin when you are a Celestial *angel* of truth. Up until then you are still working to resolve all that is wrong within you. All that is sinful, evil, wrong, bad and negative. When you are truly free, you will be doing the work God is asking of you, all by simply living true to all your feelings and being your full and true expression in Creation. All that you will do in your life will then just be things you love to do, you won't feel like it's work, and yet it will be exactly all the Mother and Father want you to do, the very same things you feel you want to do.

Your deep longing to do and live and be true to God's Will, is from your soul as it yearns to be free. And when you are fully self-expressive, living true to all your feelings, then this deep yearning will be satisfied. You will feel you know you are living in your true place in Creation, in perfect harmony with everyone else. You won't feel out of sorts, disillusioned, meaningless and without purpose. You won't feel disconnected from yourself. You won't feel like you're on the outside looking in on a life that somehow is beyond your reach. You will feel whole, centred entirely in and at-one with yourself, just as you feel at-one with God. You will feel in each experience you are fulfilling your soul's light-pattern-of-destiny, and this will make you feel good.



**TO SAY NO!**

Messages from Mary and Jesus Jesus 6 April 2003

To say no and reject someone is not something that's nice to do. You don't want to hurt another's feelings; however there might come a time when this is what you'll have to do so you can come back to, and focus on, yourself – being able to attend to your own feelings with the intention of healing yourself and growing in truth. You are the most important person in your life. Your parents took this knowing and feeling away from you by making you believe they were the most important people in your life.

To help another and be praised for that help, might be nothing more than helping your parent; putting yourself aside, helping them do what they want you to do – denying yourself, and then getting praised by them for being so nice, kind and caring. At some point you will have to give up your parents control and domination over you. You will have to stop caring for them and turn to care for yourself. Caring for another can be detrimental to you, and not the noble cause you thought it to be, if you are using it to deny your bad feelings; dishonouring and disrespecting yourself.

**EVERYTHING is WITHIN OUR SOUL:**

Messages from Mary and Jesus Mary 6 April 2003

Everything is already within your soul. You have the capabilities to free yourself, to do whatever is required. All that you have experienced right from the very beginning is still within you. All the pain you experienced as a child is within you, and all the reasons why it was so painful is all stored in your soul. As you progress in your healing your soul will liberate it all steadily into your spirit body and then in turn into your feeling, thought and physical systems. Step-by-step you will be led along as you express all you feel. And step-by-step you will see more of the truth of yourself. Your soul will unfold all it knows within you. The Mother and Father will help you to see all They want you to see, will love you, and tell you what you need to know when you ask Them for Their help. Reach out to Paradise, to your Heavenly Parents. Reach inwards to Them for their Indwelling Spirit. Find Them in your soul.

**The CHILD is to FREELY EXPRESS ITSELF:**

Messages from Mary and Jesus 13 May 2003

Mary Magdalene:

**The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.**

THE  
GREATEST  
SHOW  
is ON EARTH

**SOUL:**

Messages from Mary and Jesus – Jesus 11 April 2003

Your soul, James, as I just read your thought wanting me to write about it, is not in your head, it is in your heart. It is not in your physical heart, and not even in your spirit heart, but is in the heart of your personality. It exists outside of Creation. It exists as the Mother and Father do in Existential reality. It just IS. It is not a part of Creation and so does not evolve according to the Laws of Creation, but it does *progress* or *evolve* in light-of-experience, and the love-light that comes from the Divine Love of the Father and Mother. And I will not go any further in this James, as you are to reveal more about the soul with the help of other friends of yours here in spirit (not that you know them yet) who are patiently waiting their turn to write of such things to you in the days to come.

The soul is not in the mind. The mind and brain are merely attributes of it. They are parts of you that your soul has brought into Creation so that you, as a personality, can experience love. Those in the natural love spirit worlds do not know of the soul and its true nature because they are not partaking of the Divine Love, thereby becoming soul-conscious. They continue to believe it does exist because others and I have said it does. So they have woven beliefs around what they believe it to be. And as I said, they will get a great shock when their soul begins to wake them up wanting the love of its Parents, for they will realise how much time they have spent denying themselves, when they could have been actively praying each day to the Mother and Father for Their Love.

**The CHILD is INNOCENT:**

Messages from Mary and Jesus

Jesus 14 April 2003

The child is the innocent, primitive, newly emerging person, that needs to be respected and allowed to fully express itself and grow up freely, choosing for itself how to live as an adult. It doesn't need or want its parents imposing by force or threat their way on it, all to its own creative detriment. It wants to be free to choose its parents' way, but only if that way makes it feel good. And if its parents do make it feel good, then of course it will copy and absorb all that they are, able in turn to make others feel good. And it will do the same if its parents force it to follow them making it become unloving like them, making other people feel bad.

No one really wants to wreck another person's life, not even parents. They don't want to impose evil on their own children, but in their ignorance, do all day long. It's a shocking thing to wake up to and face when you start seeing the truth – for both parent and child. You believed you were so well meaning, when all you have done is the complete opposite. It is completely shattering to see how misguided you were, but it's understandable, you knew nothing else, and forgiveness can be found within yourself as you progress in doing your healing. All is not lost; it's only just a beginning to start to come clean. All will work out in the end, even for those you have hurt. For as you will see: truth will heal all.

Truth revelation is reserved for the Daughters and Sons of Truth.

**All you need to do is offer God your love. You simply love Them, and long to Them for Their Divine Love, then strive to live true to your feelings. Nothing else is required or asked of you by Them.**

Messages from Mary and Jesus

Mary 13 April 2003

## **WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!**

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if it means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

We are not meant to be alone, we are to have someone with whom we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to your Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief





## **PARENTS STEP ASIDE and RELINQUISH CONTROL of CHILDREN:**

**The Father and Mother have created us to be Their living expression, so if we sincerely want to express our love for Them, to Them, then the best way we can do this is to honour this truth. By expressing yourself fully, you will allow the Mother and Father to fully express Themselves through you – you will be living and doing Their Will. From this you can see that the true life is one of a full will being expressed, so one's soul can come into being by using its will to express all its different attributes. In doing so you will be perfect in all that you are, and living life with love and full happiness. You will feel inwardly and outwardly fulfilled all the time and never feel in deficit as you do now.**

Because of your parenting you were denied your full self-expression and so you are not fully expressing yourself, you cannot feel love to the extent you want to. Your parents came between you and God. They pretended to be God, albeit mostly in ignorance, but still the effect on you who was looking to them for all you needed, was to believe everything they told you as being true. You believed and trusted them, living with all your faith in them. So being false gods caused you to deny your real soul Parents. And that is the state you are all living under. This is the Rebellion and Default. You have rebelled against the Mother and Father by believing your parents (because your parents were wrong and untrue) instead of God, and you have done it all on both sides (the child and parent) in ignorance and by default. No one actually sets out to do it in the full conviction of what they are doing is evil, unlike that of Lucifer and his soul-partner, but still you do it, even though you do not know the truth of what you are doing.

So to put it right, you have to want to see where you have put your parents in place of the Father and Mother. You have to heal – change – all the wrong beliefs that you attribute to them, and all the negative behaviour patterns you have adopted to satisfy their demands. As you have not been allowed to express yourself freely this is what you need to do. So it is why we keep repeating this and the fact that it is through expressing your repressed bad feelings and longing for the truth of them, that you will allow yourself to become fully self-expressive. All your unexpressed soul-personality attributes will begin to be expressed, allowing you to become the real and true you.

**Everyone should be allowed to express themselves however they want to, hence – do unto others, as you would have them do unto you. It should be the united goal for everyone to be able to fully and freely express themselves. If one soul is not fully expressed then humanity will not be able to come to full fruition. If you are not completely expressed, then you will never know the truth of love. And you will never know how to be the living example of that love, or what it feels like.**

Right from conception through to being an infant, a child, an adolescent and to being an adult you need to be able to fully express yourself. If you are stopped in any way then you will need to heal this one day. Love is the only way to heal yourself, as it was lack of love that brought about your interference in the first place. So this is why we have said that no one truly loves their child or each other, because it cannot be so due to the influences of the Rebellion and self-denial.

**If the parent can step aside and relinquish the power position and just be still the child themselves supporting their child to grow up free to express itself, knowing that the true parents are the Mother and Father who are looking at them both, then they will allow Their guidance and support feeling more at ease in their lives. Then the parent and child will live true loving relationships of self-acceptance and acceptance of each other. Neither will feel they need power over the other as neither will feel powerless, and the battles that constitute most families will not happen. Parents need to set the example, and their child will follow. And it will be the reverse to how you are now**

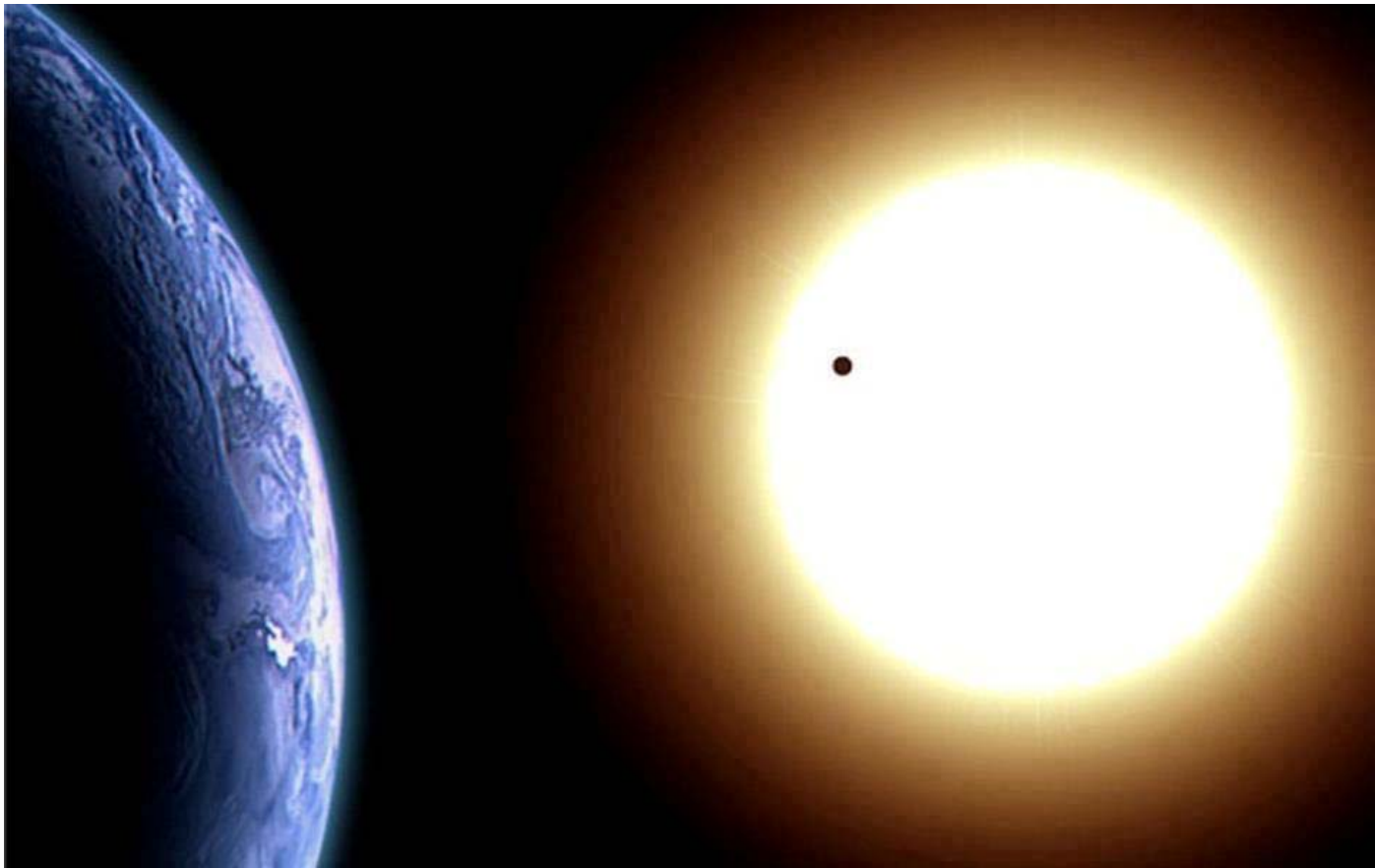
in every way. You cannot theorise about how to be this way or try to make it happen, as it can and will only happen by parents first doing their soul-healing becoming the living truth of perfection, and love for their child to follow.

When you stop trying to be the Mother and Father and find your rightful place, then you will live the truth of the Will of your Heavenly Parents, without trying to live the will of your earthly parents.

Messages from Mary and Jesus – book 2      Jesus 25 April 2003

ALWAYS BE TRUE TO YOUR FEELINGS

**Golden Rule: that one must always honour another's will as one honours one's own.**



**Consider this: the small black dot is a typical soul, the incredibly bright sphere is the soul of a celestial spirit, that is, a spirit who is now residing within the Celestial Heavens at the 8<sup>th</sup> level or higher.**

## **WE ARE TO LIBERATE OUR SUPPRESSED PERSONALITY:**

We NEVER lose our personality, it is ours, and it's our precious gift from our Mother and Father. We are always who They have made us be. Personality is sacrosanct. It's the most valuable thing in Creation, it's what all Creation rides on, it's what all Creation exists for: the expression of personality.

All our Healing does is liberate our true personality, so it doesn't actually change us or make us be a different person, it just liberates all the parts of us that were stopped from freely expressing themselves.

All that is wrong or bad or imperfect within you, will turn into being perfect, right and good. You get rid of all the bad stuff by liberating all the hidden good, and as that comes to light, so the bad fades and then leaves altogether because you no longer need to be that false untrue you, the one your parents have made you be. But YOU, the basic intrinsic you, never changes, and all you don't love about yourself will go as you gradually love yourself more, all as you keep bringing out your repressed feelings.

Helen talking to James Moncrief      5 April 2017

When you start to do your soul-healing you are moving away from the control of your negative mind.

We all have a great responsibility to Creation and to our Heavenly Parents: to strive to be true and adhere to the perfection of our soul, so that by our own existence, as shown in our lives, we are helping to build Creation in the right way. A positive mind is of perfection and will add positively to Creation; a negative mind only seeks to add imperfection and destroy Creation. Creation being created by perfect love will only tolerate imperfection for so long. Although you are living a valuable experience in your evil and negative mind states, Creation and your soul will only tolerate such self-denial for so long. One day, if not sooner rather than later, you will feel the pressure on you to change, to find out why you are not happy and not all loving – to find out the truth of your no-love, denial state.

When you start to do your soul-healing you are moving away from the control of your negative mind.

Love can only go where truth exists.

Messages from Mary and Jesus via James Moncrief      13 March 2003

**The VOYAGE for KIDS with LIVING FEELINGS FIRST:**



**Being Unloved and Rejected!**

**FEELING  
HEALING  
For Kids**

We, as parents, endeavour to impose upon our children the personality we desire, in the same manner as our parents did to us, thus perpetuating century old cycles. We substitute the personality that our Heavenly Mother and Father have vested our children with, thus suppressing our children's free will. Through Voyage for Kids with Feeling Healing we are able to bring about Living Feelings First. One can begin to live true to themselves and express their true personality. We are to long for the truth behind our feelings, both good and bad, and express our feelings to a friend, thus steadily shedding our childhood repression and suppression. In this way we will end the cycle of humanity retardation and become free to be whom we truly are.



**SUPERKIDS**

**Natural self Expression through Feelings**

Self Empowering  
Self Revealing  
Self Loving



**Feelings First**



I'm a  
free  
spirit.



**FEELING HEALING is ABOUT GOING EVER SO DEEPLY INTO ONE’S OWN PAIN:**

**You are going to feel all the bad you feel now, and all the bad you felt during your childhood. If you don’t remember feeling bad during your childhood, you still have to want to see if there are bad feelings buried deep in you that you are not aware of, feelings you have shut out of your mind, so its imperative that you must want to feel bad – that you want to accept your bad feelings and stop denying them.**

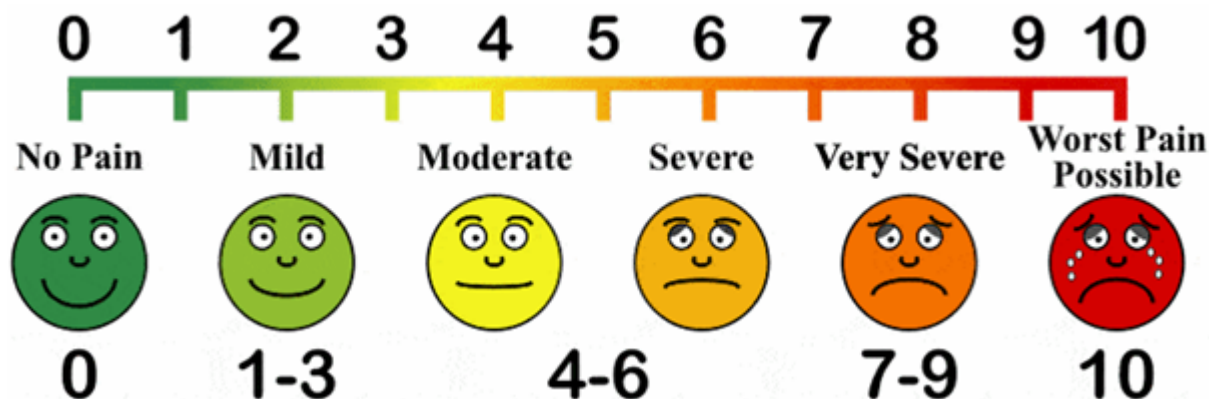
I want you to understand that feeling bad is good, it is the right way to go, it is heading in the right direction, it is your ascension, your spiritual growth – what you need to do to heal your negative mind. It is to do the opposite to your training, to allow yourself to feel as bad as you do, instead of dismissing all your bad feelings and pretending you don’t feel them. It is going against all that you know, and all that has been taught to you, and is against all of your minds conditioning. But still, as I said, you are setting off in an unknown direction, and feeling bad, and wanting to feel bad, and allowing yourself to feel all the millions of bad feelings that will come up in you, IS THE RIGHT WAY. It will be very new to you, and you might feel bad about this, and about feeling bad, but that is all good, and that is what I would expect. The Mother and Father will provide experiences for you that will make you feel bad: angry, miserable, pain and many other bad feelings. All those feelings you wish would just go away are the ones you now must wish to have, and own, and express, and own up to, as being a part of you.



And all through it I want you to ask, and even if necessary, to beg, the Mother and Father to show you the truth of why you are feeling bad. THIS IS EXTREMELY IMPORTANT – TO WANT TO KNOW THE TRUTH OF WHY YOU ARE FEELING BAD. For without wanting to know why – what’s the point, you may as well just keep on denying them, doing things believing they are making you feel good.

I don’t want you to go to Them with your mind for a quick answer, although you can discuss everything with Them; but to ask Them to SHOW YOU THE TRUTH THROUGH YOUR FEELINGS, so you can feel, and experience, and know categorically for yourself, why you feel bad. The truth will come up independently to your mind. Your mind should be kept out of it, until the truth has come as a result of your expressing your feelings, then you can use it to think about all you have seen about yourself. You have to want to know your feelings, all the reasons why you feel so bad. Mary

Messages from Mary and Jesus book 2 via James Moncrief 28 April 2003



**ALL THINGS HAVE BEEN CREATED BY OUR HEAVENLY PARENTS, INCLUDING EVIL:**

19 April 2003

The Father and Mother are it ALL. The bad, the evil, the negative and the good, is all Them. They have created the evil as They have created the good. Evil doesn't come into being of its own accord – nothing does, how can it? But as to why the Mother and Father have made you be as you are, have made the Evil One's influence you into being evil yourself – and why They even made the Evil Ones be evil, is something you will ask time and time again, and something that you will uncover the truth of as you do your soul-healing. Humanity is not some poor wretched thing that the Evil Ones have come and led astray with God being pushed aside, and it is now up to you to somehow invite God back into your lives, setting about fixing the problem by praying to Them for guidance and obeying Their commands as They show you what you need to do. God has not gone anywhere. All that has happened is you have chosen to live without acknowledging Their presence as They are right with you in it all, all the time.

It's all very sad because even though those who receive miraculous healings feel very happy and overjoyed at what happened to them, all they are really doing is reinforcing their negative mind patterns deeper and deeper, so much so, that the new generations of children raised under their beliefs with such *faithful* parents, will see no other way, and they will believe with even more *faith* trying to perpetuate what their parents are doing making it so much harder for themselves, becoming increasingly dependant on their negative system of belief. And if something should happen to come and contradict this belief, where can they go? Deeper and deeper, the master spirit planners (were) controlling them, are making them believe in them and not in the truth and purity of the real Mother and Father. And so yet again the evil asserts itself only to lead to very disastrous results – more war, illness and pain. For it is all anti-love and anti-truth, and so it will only one day break down causing anguish for all involved.

Only the truth will set you free. And it begins with the individual praying to the Mother and Father for Their Divine Love, because he or she wants to personally get to know God. You don't need the help of spirits in the way I have been speaking about. Your pain, illness and all problems, will dissolve away in the Mother and Father's care, as you begin to accept and express all such pain and seek the truth as to why you have it. Your soul will be set free of your mind's control, and in so doing you will be healed of everything that is causing you such pain.

Your life with the Mother and Father doesn't have to be spectacular. It will not be a show, even if you live in a more public way. It will simply be your life with Them, nothing more or less. And it will be you living completely at-one with Them, simply living how you feel you want to, which will be how They want you to.

From the bottom of the muddied pool it is hard to see the light and beauty that is all around you, but looking into the beautiful pool of pure water you will know of all the good and truth that it is, mud and all, for you will see how it is all needed to make the whole so beautiful, and then you will know that you are as your soul is, seeing things with the soul perceptions I have spoken of in the Padgett Messages.

Jesus

Messages from Mary and Jesus – book 1 by James Moncrief

**TRUTH is the FOUNDATION:**

We're told that love cures all, and it does, but only if truth is present. If there's no truth then there is nowhere for the love to register or act upon. So it's all but useless. Even if you had a huge hit of love it would possibly make you feel good for a while, just like your drugs, but then it would fade and you'd want another hit.

**TRUTH  
& LOVE**

**But with the truth, it's not like that. The truth stays, it's real, concrete, it's: THE TRUTH. It never goes, so once it's within you, that's it, it stays for ever-more.** And so you live it, you become the living-truth that you are. So as we grow in truth we move up higher in the spirit worlds ever closer to Paradise the well-spring of all truth – the Eternal Son. But without the truth we have no depth, no solidity, we've still got that hopeless feeling of floating around adrift at sea, that feeling of feeling lost and without direction, and all the rest of it, that which we've felt most of our lives.

**And gradually as the love has come based on our truth, so we've felt better and better about ourselves – better about ourselves from the inside, and not needing anything like we did from the outside. We've felt more independent and not needing to be loved by anyone other than by ourselves and each other.** We've stopped needing our parents to give us that big hit, or any hit; we've stopped needing them, because we've been able to express our feelings for ourselves uncovering the truth of ourselves through them. And that's what it's about I say, we're not meant to be dependant forever on **our parents, and had they loved us truly then we would have grown naturally in truth through our life experiences, weaning ourselves from them, and not needing them in the negative dependent ways they made us need them.**

So it's the truth, always coming back to the truth, all because we are truth-loving souls, that's what we as ascending mortal souls are, the truth and the mind and love, but we need the truth to make the mind have something to base itself on, and we need the truth so we can feel loved and so we too can love. No truth, and whole thing – us – doesn't work, and that's what we've been coming to terms with through our negative truth-less life: that it doesn't work. And we know it doesn't work because it didn't make us feel good. We felt shit, and that's all because we weren't allowed to be our true selves, and because of that we weren't allowed to be true and so grow in truth. And had we, everything would have been right and felt good, and we'd be overflowing with love and the happiness and joy of life that truth brings. That being what we will be when we've finally healed it all.

Spirits and their Childhood Repression Healing by James Moncrief 10 August 2010



**CHILDREN'S EDUCATION – NEW FEELINGS WAY:**

Sunday, 30 August 2020

James: I thought I'd jot down a few points as what I would have liked so far as having to be educated.

Accepting that so many people believe children have to be formally taught stuff, so what should they be taught?

To begin with, I'd divide it up into, or establish if, the children could be educated along the lines of Sudbury free schooling; or if they have to attend more formal regular school and classes like we did.

Then I'd base everything around how the person lives and conducts themselves in their life. So focusing on relationships, expressing oneself, feelings, they being the central core of the schooling. Then with all the other subjects around that, and really as extensions of the core; so teaching the other subjects but always inclusive of the core. So trying to avoid any subject just being wholly a mind exercise.

If its classes like we did, then I think the whole schooling structure should be based on educating the child about itself. So with the main focus on it expressing itself, communicating and having relationships. So all feelings-based; but also including the mind. So introducing the idea that you are a personality, which consists of... and can express itself in the following ways... and these are good ways, and these are bad ways – the outcomes of both.

So the central focus would be on being able to convey to the other person what you are feeling and thinking; what you want and why you want it; how to work out through your feelings what is a loving and self-respecting way of life. So in public, in family, in personal friendship, in intimate relationships, and then with your own children (all children). To understand feelings and their expression are vital for women AND MEN. That it's wrong for boys (and girls) to deny certain feelings. It's about becoming a wholly fully formed and self-expressive person so as to get the most out your life and your relationships.

So for example: how you express yourself to get what you want whilst respecting the person you are asking. How to do it in all the different ways, and how each of them make you, and the other person, feel – all the good and bad feelings.

I'd educate them about specific feelings and emotions, how they all go together and are to be expressed. How to identify them, why you feel them, how to convey them to others, the positive and negative effects of them on yourself and another. How to treat another person (and yourself) with respect; how not to. Taking responsibility for your feelings – how to act on them; how not to: ie, don't just kill someone because you feel you want to kill them, talking out all the anger and frustration. Why you feel good and why you feel bad. How you can use your mind to deny feelings, and what happens if you do. What happens when you don't express your feelings properly, as in, how you get sick. What happens when you do, how you feel good and are healthy. (So ideally somehow breaking this all down to the relevant age levels, building them up as they get older, introducing increasing psychological complexity in our relationships and feeling expression. Such as projection and transference.)

And how to gain from your feelings, by longing for the truth of them. How to live without using your feelings to help you grow in truth; how to live using your feelings to grow in truth. Why should you want to grow in truth; as opposed to not growing in truth. And what can you achieve growing in truth; what happens when you don't. Examples of lives of each. Feelings verses Mind. And what the Truth is, and how it comes to you naturally through your feelings, as opposed to working stuff out using the mind. Fact and truth vs falseness, pretension, unreality, fantasy. How to work with your dreams (the ones you have when you're asleep), using the feelings in them, and after them through the day, to uncover more truth about yourself and your life (and not just symbolic mind analysis, avoiding that



altogether). Discussing in class dreams, life experiences, feelings – good and bad, in life experiences people have. Helping them to see how valuable and necessary our experiences are because of the feelings they give rise to and what we can gain from them. Introducing the notion of a whole other universe existing as you move deeper into your feelings.

And love verses no love. Natural love and Divine Love possibly. What Truth is, and how you live it. Power verses feeling Powerless. Acceptance verses Rejection. What is depression, how it makes you feel, why you get it (feeling suppression and repression), how to work to bring out all the hidden bad feelings. Not to be afraid of feelings. Compulsions and addictions making up for lack of feeling loved. How you can work out the truth of life and how to live it yourself – all through your feelings and with your mind by expressing yourself fully as you interact with people.



Then from the core of the education being about yourself in life, how you express yourself and relate to other people, build out into all the other subjects. With the usual ones, reading and writing (how to do it properly as opposed to social media slang, so they know the difference and can choose which they want to do, as the world's languages are going to get increasingly fucked up by the Internet). And with all the subjects directly related to their lives, not going off into the far flung reaches of the mind, most of which we were subjected to and ended up being totally meaningless. And using the internet, teaching how to find the information you want, not being forced to learn the countries of the world like we were, but being introduced to them in other ways should they be relevant to the people's lives. And basic mechanics, how to fix locally used stuff, how stuff works, cooking and attending to the house, making clothes, being self-sufficient and sustainable, all that's on offer in the world, pros and cons etc, whatever they already do in their lives and expanding it out further should they want to take it further.

So I'd have a specific subject or course structure relevant to the increasing age and how long they are likely to be in school for. If they are to be in school for only a short time, then stick to the basic subjects whilst concentrating on them understanding expressing themselves. If for a longer time, then that can all be explored further.

And I'd also, if possible, introduce along with the core, a spiritual element. So including the concepts and ideas of: God, soul, spirit, personality, how they all relate to us in the physical. Death, and afterwards in spirit. Death of babies and children, how they are adopted in spirit. What 'Heaven' is like. Angels, Spirits and Nature Spirits. Even Divine Love and longing for it. And possibly how to talk with God, Spirits, Angels. Ascension – Feelings Way, vs Mind Way. Rebellion and Default. Living truth to yourself through your feelings. The New Feelings Way. Spiritual Healing.



If there is already an existing religion within which the schooling is to take place, then these other spiritual things could possibly be added as an adjunct – selectively to augment the religion. Or just left out altogether.

There must be heaps of children's book that focus on feelings and relationships, as well as all the other stuff about them on the Internet that possibly could be used. So to introduce those books into regular schooling if they are not already available. Maybe we could even translate them or work with existing authors to modify – add and subtract – them. I guess if you're targeting the poorer children, just having the necessary materials readily available for them might help, like School Pacs (backpacks with writing materials, pads, books, etc.) and things to make if fun.

I think you need to find out what sort of kids that are to be educated. Such as which countries, socio-economic and religious levels. What do communities need and want?

Then I guess is the idea to put it all in a Pascas website, like part of Chaldi College, from which teachers can view and download the daily, weekly, monthly curriculum and other teaching aides to deliver that syllabus?



**The New Way: learning how to live true to ourselves by living true to our feelings.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

# Feeling bad is Good! It's okay to feel bad.

Feeling bad is good.  
 Feeling bad is GOOD!  
 It's not bad to feel bad – it's good.

FEELING BAD IS GOOD!  
 Very good!!!

And feeling really bad is also good.  
 And feeling worse is even better.  
 It's all very good!

It's okay to feel bad.  
 Bad feelings are okay.  
 It's good to feel bad.  
 Bad feelings are GOOD!

It's good to feel bad about feeling bad.  
 Your bad feelings are YOUR feelings.  
 YOUR bad feelings have a right.  
 A right to exist.  
 A right for you to feel them.

Your bad feelings are a part of you.  
 Bad feelings are good and they are your feelings!  
 ACCEPT THEM!

It's okay to feel bad, there is nothing wrong with feeling bad.  
 You might not like feeling bad, but it's okay to feel bad.  
 You are allowed to feel bad. Give yourself permission to feel bad.  
 Bad feelings shouldn't be dismissed.  
 Bad feelings already feel unwanted, why make them feel more rejected?  
 You are your bad feelings – if you reject them, you are rejecting yourself.  
 Why are you rejecting yourself? Why are you rejecting your bad feelings?  
 Is this how you want to live – rejecting a natural part of yourself?  
 Is this how you want to live, rejecting your bad feelings?

Feeling bad is normal. We all feel bad. We all feel bad a lot of the time, even if we won't admit it, or even if we're not aware of it.  
 There are many bad feelings, all sorts of different bad feelings, and they are a normal part of you – of everyday life.

Bad feelings – your bad feelings – are to be welcomed. Bad feelings are to be wanted. Bad



feelings are to be accepted.  
Bad feelings are to be loved.

If you ignore or deny or dismiss or reject your bad feelings, what are you really doing? Denying, dismissing, rejecting yourself. Is this what you want to do? Because if you do, you'll only make yourself feel even worse.

You are your bad feelings – Your bad feelings are you.  
Bad feelings have just as much right to life as good feelings.

Be true to your bad feelings – acknowledge, honour and accept them!  
Accept your feelings.  
Accept yourself.

So Remember:

## Feeling bad is Good! Accept your bad feelings.

The full acceptance of your bad feelings – and seeing the truth they are trying to show you – comes from having expressed or spoken about them. And speaking about them to someone who cares about you: a friend.

As you vent your feelings, the pent up 'bad' energy goes, often leaving you with the understanding of what they are all about: why you are feeling them. And once you understand and know this truth, then you are healed and free of them.

As young children we were all stopped from freely and fully expressing all our bad feelings. Things were done to us, we were forced to behave in ways we didn't want to, all of which made us feel bad. But we couldn't complain about how unjustly we were being treated. We tried, but often only to be met with harsher rejection treatment.

As adults we still have all this bad treatment going on within us. We formed patterns when we were young based around all the negative unloving parenting we had. And now being unconscious of these patterns we still (also unconsciously) expect bad things to happen to us to make us feel bad – and to feel just as bad as we did back then. And so bad things do happen. And we do feel bad.

So as an adult, we are experiencing life in the moment now as the adult, together with all we felt back when we were young, only we are unaware of it. Something will make us feel bad, and on the surface of it we might know why we are feeling bad, yet underneath, deeper within us, it will key into and trigger repressed bad feelings making us feel even worse in the situation than we might have otherwise felt.

So in doing our Feeling-Healing: healing our repressed childhood bad feelings through the feeling experiences of our current adult life, we need to use every bad feeling to help take us back 'down' inside ourselves, to connect with what made us feel the same bad feeling when we were young.

We are our bad feelings, and like them, WE ARE STILL WAITING TO BE HEARD.

The honouring, accepting and expressing of our bad feelings is our attempt to speak up and finally be

listened to: to be accepted and loved – not rejected. And as an adult we can now do this, whereas, a child we could not.

And so if you no longer want to feel bad then through complete self-acceptance is the ONLY way to heal yourself – allowing yourself to feel as bad as you do feel. If you don't feel good about anything in your life or about anything to do with yourself – if you have one bad feeling at all, that feeling or bad thing will somehow be connected all the way through you to your early childhood. And so simply, if you feel bad about anything, if you are sick or don't like any aspect of yourself or your life, it's all because of how you were treated during your early childhood, and it's still going on deep within you. Your childhood has ended but the resulting mental and will patterns that dictate to a high degree your emotional and feeling state are all still in existence, still unconsciously controlling you. And because you are denying yourself the knowledge of these patterns, so too are you denying yourself the resulting feelings from them – all your bad feelings.

When you see the truth, the whole truth of your negative self-denial state, then with your will you can stop living in rebellion against yourself and choose to live positively. And in that choice you are healed.

### The aim of Feeling-Healing

The real aim of doing your feeling-healing is to perfect your relationship with yourself, with others, with nature, and in the end, with God.

Until we are living true to all our feelings and living wanting to grow in truth from our feeling experiences, we can't live a perfect relationship. If we live denying any part of our self we can't have true relationships.

Until we accept all of those parts of us we're denying, and understand why and how our denial came about, we can't live as our soul desires us to, as we have been created to live.

And when we do honour all our feelings and live the truth revealed by them, then naturally without any effort or mind control we'll just be perfect.

Many people try to seek God, try to understand the Greatest of all Mysteries before they try to understand themselves. We will never be able to understand or relate properly to God until we can understand and relate properly to ourselves. We come first. We have to learn how to fully honour and totally accept ourselves and then we can move out into the world and greater universe.

**We are to be true to our soul by living true to our feelings.**

To want to live true; true to how you feel, is to want to be perfect.  
And your feelings are the way.

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
 Your feelings are your spiritual guide.  
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
 It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.



The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



my  
**House** is your  
**Paradise**  

**HOME**

**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone needs to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**DIVINE LOVE does not TRANSFORM one's SOUL  
FEELING HEALING is what TRANSFORMS one's SOUL**

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth are not wanting to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference:                   Pascas Care Letters – Divine Love does not Transform

## **FEELING HEALING and SOUL HEALING:**

The soul is that indefinable part of yourself. It's that part you can sense, soul-perceive within you, but you don't actually know where. And it's not centred in nor is it part of the mind as some people think. Your soul is separate to all of yourself, that is all the parts or attributes of your personality that are being expressed continuously by it in Creation. Separate and yet inextricably linked to you by light.



Our soul contains the pattern of all we are, all we have been and all we'll ever be. Nothing enters it or leaves it save for light and the Divine Love of God, which is also a Light. Soul-light comes forth from the soul in accordance with its pattern, this light interacting with Creational light on the will level first then moving outward expressing all the aspects of yourself – your personality you need to live life with. As you express yourself, and that's every part of yourself, all physical, spiritual and all in between, so you are generating an experiential light, which then goes back into your soul via your will, which in turn then causes your soul to express the next part of its pattern, and so it goes, as you're evolved into being by your soul.



Our soul absorbs the environment around it, commencing from conception. Thus our pristine soul becomes progressively contaminated by the injuries and erroneous beliefs of its parents. The harm becomes most apparent during our later forming years, that is, during our adolescence.

Should we become aware of feeling our childhood injuries and begin healing ourselves, we can slowly remove the encrustments from our soul, such encrustments stifling our real personality. Thus we can start to revitalise our personality and allow our real self, our soul to blossom and dominate our humanness. Our parents, unknowingly, stifle and suffocate our will, our capability to express one's self.



Feeling healing is the pathway to begin to live fully expressing one's true personality. This can be a slow painful process of revisiting the truth of the unloving environment that actually prevails during our childhood years.

By fully embracing our memories of injuries we endured and also expressing these to our soul Parents whilst longing for, asking for and receiving the Divine Love, we will reinvigorate our soul's potential to truly love and experience life to its full potential, with one's soul growing in truth.





## **WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!**



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

# DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complemented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

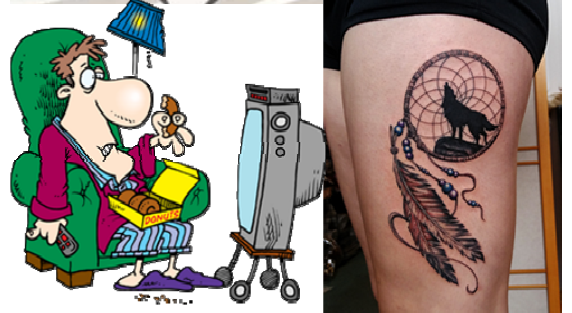
Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

No more of this! We can escape this man made hell!

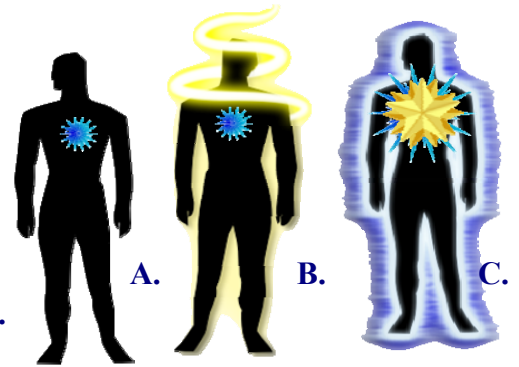




# EVOLUTION

Consider longing for and receiving Divine Love:

- A. Soul prior to receiving Divine Love.
- B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.
- C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



## FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere in embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.



It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.



But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



## SAME OL', SAME OL', following DEATH

## Part 3

There **CAN ONLY BE ONE TRUE WAY FOR PEOPLE AND SPIRITS TO DO THEIR HEALING**, because it's the way revealed by the Avonal Pair. And it is this pathway, that once we embrace it, that we will not only heal ourselves of our Rebellion and Default, but we continue to grow in truth and love and progress through the Celestial Heavens of Nebadon, then out through the superuniverse of Orvonton, then into and through Havona to arrived in Paradise, the home of the Supreme Beings, our Heavenly Mother and Father. There is only way of living and that way of living is also the pathway all the way through to our Home – Paradise. We are to live through our feelings, our soul-based feelings. We are to embrace our feelings and have our mind follow, implementing what our feelings are guiding us to consider and embrace.

Zeta: see Paul, by James Moncrief: **“We pass on the truth that we are.** If we are of no truth, that is what we pass on to our children and they become as we are. If we are of the first Mansion World of truth, then we pass that on. If we are of fourth Mansion World of truth we pass that on, and if we are of Celestial truth we'd naturally parent our children according to our Celestial truth, we'd simply be with them, relating to them and loving them on that level of truth and it would be perfect for them, fulfilling *all* their soul needs. The perfect human parents will be of Celestial truth and that is one of the goals of human evolution. One day the perfect, positive-mind, denial free, and fully loved child will be born on Earth – one day. And born to perfectly loving Celestial parents of flesh.”

Dr David R Hawkins developed the Map of Consciousness (MoC) over 20 years of research and utilising kinesiology muscle testing in conjunction with the MoC determined the levels of truth of populations and many other relevant understandings.

<b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems</b>				
<b>Level of Consciousness</b>	<b>Rate of Unemployment</b>	<b>Rate of Poverty</b>	<b>Happiness Rate “Life is OK”</b>	<b>Rate of Criminality</b>
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

The soul condition level at which we live in the physical is the level at which we will live at in the spirit Mansion Worlds. We all will arrive into the 1<sup>st</sup> spirit Mansion World and will then go on to live as a spirit personality with the same traits and characteristics as we lived in the physical world. We will seek out an environment that reflects what we were used to on Earth. We will continue to impose our will as we did on Earth, should we wish to conduct ourselves in such a manner.

Within the spirit Mansion Worlds, the Law of Compensation is instantaneous – we cannot cause harm to another personality. Should we seek to cause harm then the Law of Compensation will bring upon us the equivalent amount of harm that we intended to impose, thus we are debilitated before we can carry out our negativity.

There are many aspects of the Mansion Worlds that are more delightful to live in than the environment of Earth. However, there is the opportunity to remain living without any development for thousands of years – spinning wheels so to speak – in the same manner as we had done on Earth.



Unless we investigate and enquire as to possibilities for personal development and growth, then we can remain dormant – continuing in the zombie like stupor that we may have embraced on Earth.

It is not generally known throughout the 1<sup>st</sup> Mansion World that there are higher evolved worlds that we can progress to should we develop ourselves. When we further develop the embracement of our mind then we can progress to the 2<sup>nd</sup>, then 4<sup>th</sup> and ultimately the 6<sup>th</sup> mind Mansion Worlds. All of that effort is taking us away from our Heavenly Mother and Father and to a dead end. However, when a spirit personality develops sufficiently in the mind controlling natures, they then transfer from the 1<sup>st</sup> to the 2<sup>nd</sup>, simply disappearing. The same for subsequent transfers to higher worlds. Many who are left behind, being unaware of the higher world, conclude that the personality must have reincarnated back on Earth! Hence the erroneous confusion of the falsity of reincarnation.

Most throughout the mind Mansion Worlds are unaware of the availability of Divine Love, that they have a soul, and that they can heal themselves of their mind's control and the injuries that they continue to hold suppressed. They are also unaware of the Divine Love Healing Mansion Worlds 3, 5 and 7.

<b>MoC</b>	<b>No. of Countries</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Per Capita Income 2013</b>
<b>400s</b>	<b>10</b>	<b>406</b>	<b>78.50</b>	<b>US\$46,690</b>
<b>300s</b>	<b>13</b>	<b>331</b>	<b>71.77</b>	<b>US\$20,508</b>
<b>200s</b>	<b>10</b>	<b>232</b>	<b>69.45</b>	<b>US\$14,927</b>
<b>High 100s</b>	<b>18</b>	<b>176</b>	<b>69.00</b>	<b>US\$12,283</b>
<b>Low 100s</b>	<b>7</b>	<b>129</b>	<b>61.88</b>	<b>US\$6,560</b>
<b>Below 100</b>	<b>11</b>	<b>66</b>	<b>52.73</b>	<b>US\$5,500</b>
<b>WORLD</b>		<b>212</b>	<b>70</b>	<b>US\$13,100</b>

So, spirit personalities cluster in the national groupings like they did on Earth, continue with their controlling religious practices, and treating people in the way they did on Earth. However, they never die again! They just go on, and on, and on!

There is spirit technology. Much of the technology unfolding on Earth was first developed in the spirit Mansion Worlds. You have comforts to keep you distracted and continue to suppress your bad feelings. You do not have the anxiety of having to earn money – everything is free. It is truly a wondrous existence.

However, the peak level for soul condition in the 1<sup>st</sup> Mansion World is 499 – the peak of Reason – mind orientated truth peak is 499 on the Map of Consciousness. That accounts for almost 96% of everyone living on Earth. Over the aeons, many have progressed into the 2<sup>nd</sup> Mansion World. Humanity started on Earth some 993,500 years ago. Andon and Fonta, twins, were our first parents. They lived near the Caspian Sea. Adam and Eve materialised on Earth more than 38,000 years ago and lived in the region at the eastern end of the Mediterranean Sea.

Maybe some 230 billion have now been conceived on Earth and moved into the spirit Worlds.

<b>Consciousness Calibrations Worldwide</b>	
Level of Consciousness	Percentage of population
<b>600 +</b>	<b>1 in millions</b>
<b>540 +</b>	<b>0.4%</b>
<b>500 +</b>	<b>4%</b>
<b>400 +</b>	<b>8%</b>
<b>200 +</b>	<b>22%</b>
<b>200 -</b>	<b>78%</b>
<b>World wide average</b>	<b>212</b>

**Chronic illness indicates a huge denial of the soul.**

**Illness = out of harmony with truth and love.**

**It is the release of emotions that are out of harmony with Truth and Love, the longing for truth and expressing our feelings, talking them out, both good and bad, that brings about health and harmony to our bodies.**

**Fields above 500 - Love based Awareness Beingness**  
**More feeling based activity, rather than intellectual – in the mind based activity. Energy field of Love is the one that heals through Feeling Healing with Divine Love.**

**Fields 200 – 500 - Doingness Intellectual**  
**Life is seen by mind as an opportunity. We are getting closer and closer to truth.**

**Fields below 200 - Wanting & Craving Desiringness Fear Driven Self hatred Grudges**  
**Values are based on what one has. The energy fields below 200 are opposed to life, do not support life.**

It was only 2,000 years ago with the coming of Jesus and Mary Magdalene that Divine Love became available for all the humanities throughout our Local Universe of Nebadon. It was Jesus that opened the Healing Mansion Worlds 2, 4 and 6 and also the Celestial Heavens for Earth’s humanity. It was Mary Magdalene that tutored ladies in Egypt in how to heal themselves of the Rebellion and Default. It was five of these ladies that were the first to enter the healing Mansion Worlds and also they were the first to progress into the Celestial Heavens.

There maybe some 30 billion that have now progressed into the Celestial Heavens.

Now, with the coming Avonal Age, it is time for all of Earth’s humanity to become aware of the Feeling Healing pathway. It is how we are to live – Feelings First. This way of living not only brings about the healing of our personal Rebellion and Default, but it also instils into us the way to live that brings about an ever evolving level of truth and love. These progressions in truth will, step by step, take us closer and closer to our Heavenly Mother and Father, and ultimately to Their home and Them. This is our destiny.

Throughout the 200,000 years of the Rebellion and then Default, the understanding of how we are to live, that being through our feelings with our mind to follow, has been withheld from us. During this era all systems and institutionalised platforms have been covertly established with the mind dominating and control imposed to suppress our feelings. Our feelings would have exposed this folly long ago, however the Evil Ones, the higher level spirits who were to guide us in our evolution, seduced Earth’s humanity to being mind worshippers and we have capitulated to the level of all being stupefied and zombies.

This plan now unfolding for the evolutionary Great U-Turn of human possibly commences with Abraham, about 1800 BC. Then Jesus and Mary introduced Divine Love and opened up the healing worlds and Celestial Heavens. Now there is the Avonal bestowal pair here to show us how to do our Feeling Healing, and with Divine Love our soul healing.

When we pass into the spirit Mansion Worlds, we can continue our way of living as on Earth in a similar fashion. However, we will all eventually embrace our Feeling Healing.

The more that each person is aware of what has been revealed then the easier it will be for everyone to find the truth, the answers to the questions that previously remained out of reach.

The more that societies become aware of the only pathway for us to live is through our soul-based feelings then the possibilities of mitigating and eventually eliminating social stresses and ills will become a reality.

Our personality traits, that can be easily recognised through kinesiology muscle testing in conjunction with the Map of Consciousness, are the traits that continue with us into the spirit Mansion Worlds. We do not take with us any physical illnesses, however, our mental health issues continue. Our mind is of our spirit body. The mind has our physical brain to be its voice so to speak.

All that we do to align ourselves to the one and only pathway, that straight and narrow pathway, that will carry us along through our healing of our Rebellion and Default, then through the Celestial Heavens of our local universe of Nebadon, then out through our superuniverse of Orvonton, and then through Hanona and into Paradise, the home of our Heavenly Mother and Father, while we are in the physical here on Earth will not only be of great benefit for ourselves, but for those around us.

We now have the keys to our evolution.

**Feeling  
Healing with  
Divine Love is  
the key!**



**FEELING HEALING with DIVINE LOVE being AVAILABLE is our SALVATION:**

<p><b>DIVINE LOVE is the ultimate high octane super fuel to transform our soul into that which is Divine. Loving in all that we then do. With Divine Love we can progress into the Celestial Heavens, without it we can not. Ask and you will receive.</b></p> <p><b>We are created with the substance of that which is not Divine, and that is Natural Love with its various aspects that reflect through our personality.</b></p>		<p><b>The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.</b></p> <p style="text-align: right;"><b>John (Apostle) 19 January 2015</b></p>
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# MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

**PERSONALITY TRAITS:**

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay.

Debate and implement resolutions in due course.

Debate and implement resolutions with some degree of follow up generally needed.

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.


Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.



WILL or FREE WILL:

SPHERE 

### MAP OF CONSCIOUSNESS

	Level	Log
10	<b>At-onement Transition &amp;</b>	
9		<b>1080</b>
8		
7	ENLIGHTENMENT	700-1000
6	PEACE	600
5	JOY	540
4	LOVE	500
3	REASON	400
2	ACCEPTANCE	350
1	WILLINGNESS	310
	NEUTRALITY	250
Spheres of Disharmony = Hells	COURAGE	200
	PRIDE	175
	ANGER	150
	DESIRE	125
	FEAR	100
	GRIEF	75
	APATHY	50
	GUILT	30
	SHAME	20

When we have healed our unloving emotions from our way of living, we will then engage God's way to live. We embrace God's will with our soul dominating the mind. Our will is now at one with our Mother and Father. We now can enter the Celestial Heavens – being Celestial.

Soul based emotions are all love based forming our natural love soul, created by the Supreme Being. The will of the soul is always love based as desired by our Heavenly Mother and Father. We are embracing the will of our Heavenly Parents when we respond to these soul based emotions.

Our soul is subordinate to our mind. Our mind has free will and responds to all emotions, positive and negative. We allow our dominate emotions to determine our actions. This is exercising our free will. Only Feeling Healing with Divine Love removes our negative embraces.

Erroneous emotions are all about causing harm to others and/or to one's self. These lead us to a period in the hells to prevent us from harming others and experience compensation. Seek the Love and grow!

**MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:**

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

<b>MAP of CONSCIOUSNESS</b>	<b>MoC</b>	<b>calibrations</b>
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	<b>1,500</b>	3 <sup>rd</sup> Celestial Heaven (10 <sup>th</sup> spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 <sup>rd</sup> Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 <sup>st</sup> Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 <sup>th</sup> Divine Love transitional sphere to Heavens
Natural Love peak	<b>1,000</b>	6 <sup>th</sup> spirit Mansion World peak– can't go further!
Pascas WorldCare (as a platform)	880	5 <sup>th</sup> spirit Mansion World healing + Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 <sup>th</sup> spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 <sup>th</sup> spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	<b>500</b>	2 <sup>nd</sup> natural love OR 3 <sup>rd</sup> Divine Love spirit world.
Peak of mind total orientation	499	1 <sup>st</sup> spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
<b>Humanity</b>	<b>212</b>	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
<b>Food</b>	<b>200</b>	<b>At this level and above food is life enhancing.</b>
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

**CONSCIOUSNESS and EMOTIONS:**

**Consciousness = Soul Condition. One’s Soul Condition is equal to the average of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.**

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality
	The beginning of the Nonlinear Realm 500
	The beginning of Integrity 200

**Note:**                      **The Map of Consciousness scale is from 1 to 1,000**  
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

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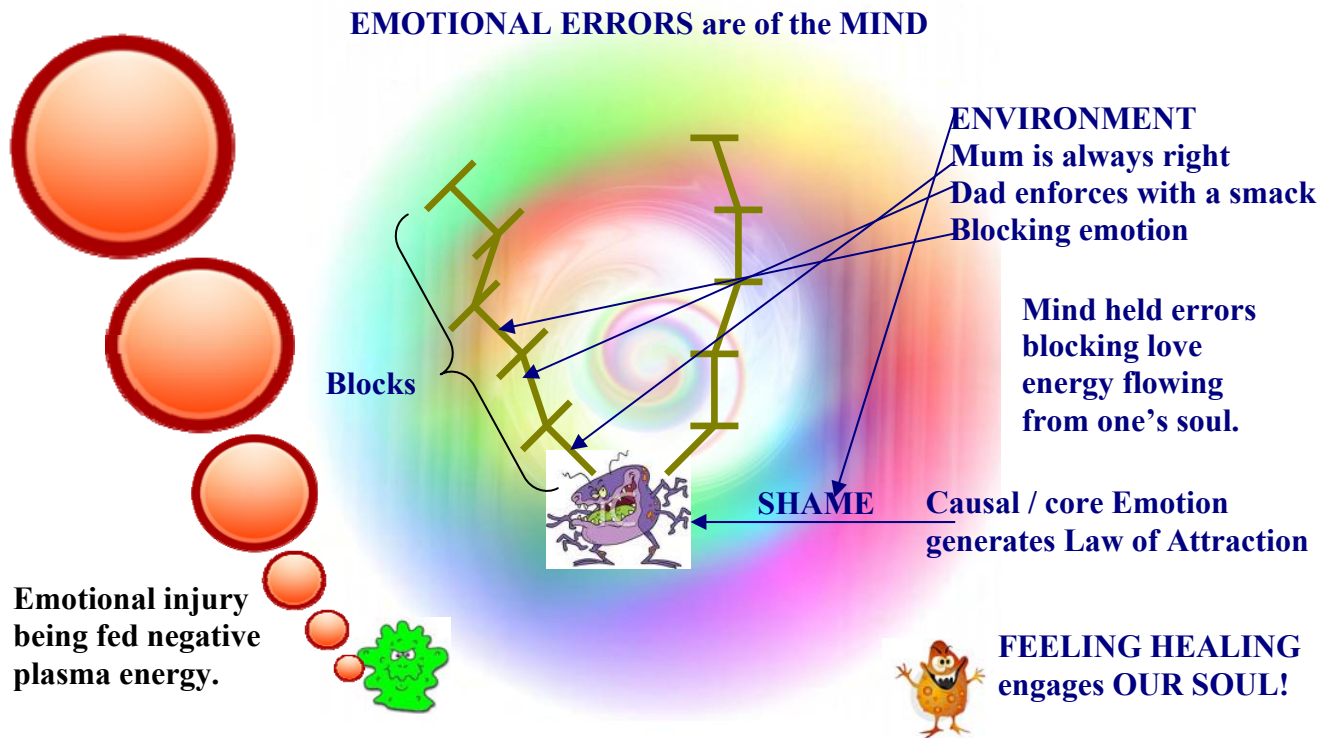
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**Worldwide Level of Consciousness based on the Map of Consciousness**

see Power vs Force by Dr David R Hawkins

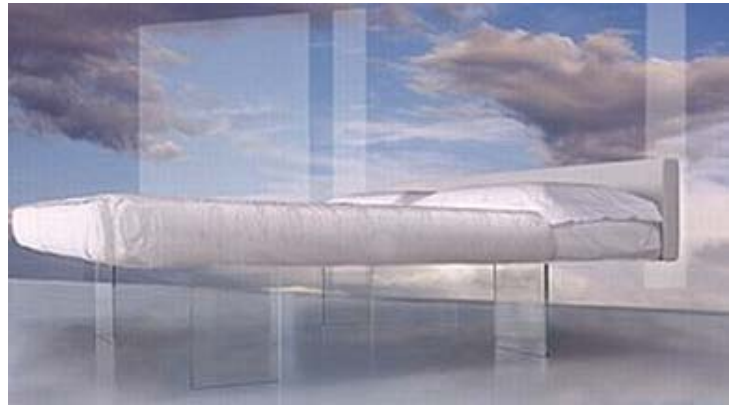
6,000 years ago	72
At the time the Vedas were written	74
At the birth of Buddha	91
prior to the conception of Jesus of Nazareth	101
After the birth of Jesus of Nazareth	147
When Christ was taken from the cross	148
At the Last Supper	150
At the death of the last apostle	182
At the birth of Charlemagne	182
In 827 AD (at the death of Charlemagne)	190
When Abraham Lincoln took office as President	190
Lincoln was shot and killed	193
1944: birth of almost 200 Homo-Spiritus children	194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped	207
2010: Humanity overall	212

**SHINING TOWARD SPIRIT:** via Zara Borthwick and Nicholas Arnold [www.lulu.com](http://www.lulu.com)  
14 November 2014 to 14 March 2015

### **39. The Moment of Truth – transition from physical to spirit**

Hello to you, my name is Alexander. I have been a spirit for a few months now. I would like to describe some of my experiences living here. My passing into this human spirit world was sudden after a long battle with cancer. In the end I must say, it was a relief to me to pass, and for everyone else. I never utilised the time of my illness that lasted several years to consider my life after my life or to contemplate if there was a life after my life. I never really thought about it; I was too busy, but I probably should have, and I would have to say that it definitely would have helped me.

I woke up. I was in a withered condition though I knew myself to be who I always was when living my human life. For the first time in a long time I felt no physical pain. I was in a nice place that had several items like beds. The beds felt soft and comfortable but it seemed that they appeared to be floating on spirit 'air'. There were nurses present; this is the only way I can describe them. There were men present but not like doctors in a hospital. Both nurses and these men were like peaceful counsellors. As I awoke, they came to my side and they told me where I was and what had happened. It seemed like a miracle to still be alive. The counsellors told me that I was okay and to take my time in my new awakening. When they spoke to me, it was like speaking to any person in a position of responsibility. They were warm, friendly, caring and trusting people. I knew instantly that they were people even though they were slightly different in appearance.



As I lay in my floating bed taking my time and environment in, I felt strange recognising that I was without a physical body. Although I was weakened due to my illness, I was surprised at how quickly my energy returned. I felt sad that I didn't have a physical body any more even though it had been ravaged by the disease. I still felt as though I had a physical body, I thought to myself this must be how an amputee feels like when they have had an appendage removed. My thoughts turned to my family, and I wondered how they were doing and if my funeral had happened or not. I wondered what I looked like lying there on that floating bed. A counsellor spent a lot of time providing me with information about these events that were unfolding. I didn't feel panicked or riddled with anxiety about my experience. I was told that I now lived in my spirit body; a body that had travelled with me during my human life, a body designed for the personality to live in here in the spirit world. This body was my new temple and I was also told it was made for the spirit world and would adjust quickly. I asked who made it, and the nurse informed me that it was God's Handiwork. I didn't understand it but I accepted the Truth of what the nurse said. The spirit body is a brilliant piece of work.

My spirit body felt strange to me to begin with but then as minutes passed I felt comfortable in it. I had all my normal senses: sight, sound, feeling, touch, memory, language and mobility. All in all, I felt like me. The two strangest things were that I felt free of the disease and I had survived death. I could accept the spirit body quickly because I felt so good in it. It's like drinking a glass of cold water on a hot day. You just know it feels good and it is good for you.

There were other people like me in my environment. We spoke to one another and this helped with our integration. We were speaking the same language and from the same country and there were only a few of us. The most impressive thing was that the counsellors were so normal and loving. They gave

comfort and confidence to us. Over the coming days so to speak, I spent my time resting absorbing my new environment. I had a sense that I was close to humanity, to the peoples of the Earth, but I couldn't see it nor could I hear it. The counsellors told me that this environment was the closest spirit environment to Earth. I contemplated my passing and wondered how my wife must be and my two children. It was almost too difficult to think about. Life had changed now; it was never going to be the same.

I realised as I looked over my spirit appearance that I appeared in image like I was back on Earth only a man in good health. I was a little shocked to see that my spirit body was without reproductive organs, this felt strange to say the least. The counsellors told me that there was no need for them here for the active part of reproduction and digestion and pleasure were no longer part of a spirit's life as a human recognises this to be. They told me that I could experience pleasure and that the spirit body has this sense, but the intimate sharing of love was expressed differently here and since there is no procreation here I could see the truth of why the spirit body didn't have this appearance.

It was of great relief to me to know that my memory functioned well. I had all my memories even the memory of my illness. I realised quickly how important memory is and I spent time involved with my memories and studying them. I didn't realise it at that time of studying my memories that I was beginning to change my perspective. I was adjusting to living life as a spirit. The counsellors would go with me when I left the sanctuary so that they could instruct me how to move and socialise as a spirit with other spirits. I knew these spirits as people and there was no difference other than we all knew that there is life after death and this awareness is very present as part of the humanity that resides here. We all had our stories to tell and we all shared them and we all listened as each person told their story and no one ever interrupted.

As for me now, I carried on. I gained strength every day but as I got stronger the missing of my wife and children became stronger. Realisation came to me that there wasn't much I missed about my human life. I thought I did originally, but the truth of it was I missed my family. I knew intuitively that I was never going to return to Earth and live a human life again. I have met some people here who still hold their belief in a reincarnation of themselves, but as we look into each other's eyes we would both know that that was never going to happen. They hold onto this belief because they can't let go. Their sadness keeps them bound to their belief and to give up this belief is to recognise and to accept that their human life – a single life – was lived and has ended. It is quite distressing to see these individuals cling to their beliefs.

I realised that it is best to accept what has happened and leave it at that. I think that I had no idea about the afterlife and that helped me. I didn't live a spiritual life with lots of beliefs given to me that I had to believe in order to be of a spiritual following. It must be quite difficult for these spirits to let their beliefs go when their life's philosophy has been formed around such a belief.

As a spirit, you can feel the gravity here and you just know that it is impossible to be born a human again. There are structures here formed with solid energy. It is not concrete but these structures are strong. After a time I made some friends and I took up residency in a nice little place. I still thought much about my past to be perfectly honest, I was a little disenchanted with my spirit environment for I lived, or felt I was living without a purpose. I feel calm and relaxed for most of the time and all I do is think about my human life.

I didn't go to my funeral; I didn't know how to get there. I was told by my counsellor that he could take me to the surface of the Earth and that my condition would enable me to do this. I didn't know what he meant by condition so I let the conversation rest. I had closure; I knew this beyond reasonable doubt. I

still felt in love with my wife, having seen many people die I knew what my wife would be going through. I was a physician working in extreme human conditions.

I wondered about my future. This was a positive sign for my old true self was resurfacing. I needed a challenge. The only thing that concerned me now was the suffering my wife might be having, there was nothing I could do about it. I thought about mediums and hoped that she might go to one, though ironically I never believed in them, and yet here I am conversing with you! It is all about perspective and perspective you learn about very quickly.

There was nothing I could recall about my transition into the spirit world. My counsellor told me its ***God's Transitional Space***; I understood this to be true even though I didn't understand what he meant by this. By habit I still live according to human time. I don't eat any food; my spirit body absorbs energy from an illuminatory light here. It is like my body is being sustained with energy even though I have memories of eating and drinking.

And then, just like that I settled! I accepted my spirit life and thought I needed to do something about it. I started asking questions and wanted to learn more about the constitution of my spirit body, my body now. I didn't find it necessary to learn about the history of the Earth; I was a physician, I couldn't heal my self, excuse the pun, but I wanted to know how my new body worked. My counsellor told me that there was this thing called Divine Love. I had no idea what he was talking about. He said that he had experienced this Love and that his service to this Love was to help people like me. He mumbled something about compensation but I didn't know what he was talking about.

My counsellor was a lovely fellow, a decent man at heart. It was time to say goodbye to him and to find someone who could teach me about the things I really needed to know. My counsellor suggested upon our handshake of departure that I should go to a space where there was always interaction with individuals who 'do know' in spirit what is going on. I went to this space, a nice place of space and listened to a brighter spirit than I, who was answering questions to individuals who like me, who needed to find out the Truth about what was going on. It was then that I realised that this individual was a true teacher; it was also the moment I realised that I must become the student again.

This individual has taught me much about who and what I am. I have accepted the Divine Love realising that if I hadn't I would have stagnated and never really accepted that my human life was over. I believe other spirits have revealed much to you about the spirit body, and you can spend a long time studying this body. It is a remarkable piece of organic engineering created by God. I love God now – why wouldn't you when you know what I know now! If humanity knew now what I now know, it would be changed forever. Humanity would live as a collective community celebrating its diversity, independence, and collective togetherness. There would be no more wars and everyone would be working toward the same end to secure the needs of every man woman and child.

To end my story I did go back and see my wife and two boys. The brighter spirit came with me and helped me travel so that I could be in the surface of the Earth near by my wife's side. I sent so much love to her that I hoped she received it and my two boys are strong and happy. These are the facts about human relationships and whilst sad, it needs to be said that we are when we are at our best, living examples of love.

Thank you for receiving my words and a special thanks to Saleeba for helping me converse with you.  
Alexander the Physician



## 72. Time of Transition

I would like to write on the wonder that it is to see a person arrive in the spirit world! I am a spirit who assists individuals when they arrive here. I also attend to the needs of infants when they arrive here. I know that most of humanity lives without the knowledge of this miracle, knowing that the individual personality survives death and the spirit body and soul arrives intact! I see newly arrived souls in their time of awakening into this new life. I am very aware of the loss that people experience when a loved one passes from their human life. I am also aware that individuals pass and they are alone, without anyone on Earth loving them.

There are arrival stations here in the 1<sup>st</sup> sphere (spirit Mansion World). These stations are all throughout the 1<sup>st</sup> sphere and they have been in part, established by the Father and in part established with the help of Celestial spirits. These arrival stations are extensive and the Spirit Laws exact the transitioning spirit body to the necessary environments for the individual to safely awaken. The 1<sup>st</sup> natural sphere is not an environment where spirits who are already living here, are suddenly seeing a newly arrived spirit simply popping up in front of them after their human death! The 1<sup>st</sup> natural sphere is situated closest to the face of the Earth and is the only sphere that receives human personality immediately after physical death. Most individuals arriving here have little knowledge that they are now in their spirit body, and that their personality has survived its human death.

It is a miracle to see how the spirit body simply appears intact! Quite literally, one moment the person is not there; in the next moment they are there fully formed and unconscious, unaware of their arrival and then when the Spirit Law deems transition complete, viola! They open their eyes!

I don't actually see the ending of a human life. I am finite and I cannot be in two places at once. My service is to see individuals appear and to assist them in this early phase of adjustment. I never judge the condition that an individual is in, I can tell instantly the life a person has lived on Earth for their spirit body will reflect their true soul condition. The Spirit Law of Transition acts and does its job perfectly so that **every** single soul living on Earth makes this transition to these stations of sanctuary and the beginning of a spirit's life. When a person is reconstituted, by the Spirit Law of Transition so that the personality and the spirit body are functioning seamlessly, the individual spends a little time coming to terms with the fact that they died and survived. Integration happens so that the individual learns the rudiments of becoming a spirit, and once this has happened another Spirit Law acts upon the soul with the surrounding Law of Compensation, and an unseen gravity attracts the spirit body to the sphere (and its plane) where one is to reside in a harmonious environment. Other than Jesus, to date there has not been a soul who has transitioned into the spirit world and who, by receiving Divine Love in their human experience, can enter the Celestial Heaven straight away. I do believe that now people are aware of the Divine Love and as information about soul condition becomes more identified, I have no doubt that I will see souls in good condition who can enter the Celestial Heaven when leaving the arrival station in the 1<sup>st</sup> natural sphere (1<sup>st</sup> spirit Mansion World).



The spirit body arrives in the 1<sup>st</sup> natural sphere in the (Mother and) Father's Time. It is always perfect. It is a miracle to see the spirit body appear. At first it appears to be floating, like on the lightest air. We then adjust it as the field of spirit gravity takes effect on the spirit body, and then the individual is resting on a bed-like facility of soft energy. As soon as the spirit body is released from the Spirit Law of Transition, the spirit body comes under the influence of this field of **spirit gravity**, which is a constant gravity field that exists all the way through every sphere, and is created by the Father so that a sense of

weight and time places the spirit body *within* the spirit world. Without this gravity field the spirit body would have little substance and form in the spirit world and one would really be floating. The key as to why this gravity field of spirit energy exists is to understand that it is needed so that spirits can move!

**It is obvious why each individual is unaware in the *Time of Transition* from the human world into the spirit world.** If one were conscious during this time, it would cause a shock or trauma to the psyche of the individual that may be hard to undo when a person arrives at the station. So few people have any cognitive awareness of their spirit body and soul, let alone the real workings about the survival of the human personality. Most of humanity has never been exposed to the information we are revealing to you and so, in the evolution of the human species people live without the consciousness derived from having any awareness about the workings of such things. People are too busy being people and that is quite okay! The Father has mercifully ordained it that people are to be unaware during the time of their transition. There are those who work along side me, their job is to make the spirit feel at ease as the individual comes to terms with the fact they are still alive and that ‘something’ has happened. The great education about what has happened, why it happened and how it happened begins. This includes the counsellors helping the individual accept their life as a spirit and a familiarisation with their new environment, their spirit body and the spirit world. Without our assistance people would go into a catatonic state; they would freeze with fear. If a person were to drop dead and then instantly awaken in the spirit world without anyone to console them, this would have devastating effects on the personality. The Father has not formed a Spirit Law that transitions people into the spirit world depositing the spirit body, personality and soul in a random manner and dispersed randomly through the spirit world. Thank God!

The time after transition is such an important time for the wellbeing of the personality. The Father is so perfect in the way that the spirit world formed, that an individual cannot cause any further compensation by the way they may react when realising they are in an unfamiliar body in an unfamiliar environment with strangers telling them that they have died and now they are a spirit. Our service here is extremely important and we handle each individual with the utmost care even if the individual lived a retched life on Earth and did terrible things. There is no Law system created here by the spirits. There is no judge or jury to decide the fate of a human life lived. All the progressed spirits know that the Father’s Spirit Laws act and each finite soul condition responds to this act so in this way, each individual has set in motion the life they will live and where they will live when they enter the spirit world.

Not all human deaths are as simple as passing away in your sleep. People arrive here from a diverse range of experiences that end a human life. You and I know this is true. It doesn’t matter if you believe in God or not, the result will be the same. You will arrive here. Even if humanity had evolved with an extensive knowledge of the spirit world, the Father has made it so that a transition is to happen.

The Master Jesus was unaware during his time of transition from his death to his spirit life. I am told that when he awakened he was weakened from his traumatic death but his soul condition was so good and his awareness of this world in faith so true, that his resurrection happened in moments to when he then ascended to the Celestial Heaven. He then returned to be with his close friends on Earth to which he then ascended and visited each sphere that constitutes the entire mortal spirit world. It is known here that when Jesus arrived in the Celestial Heaven he was the only individual there and in the last sphere of the Celestial Heaven, he met with Gabriel, and also he prayed to the Father. There were other spirits living in the spirit world of course, for humanity didn’t commence with the life of Jesus. Only the Divine Love and the Spirit (Holy Spirit) that conveys this Love was a living potential again when Jesus lived and so, by the time Jesus arrived here in the 1<sup>st</sup> natural spirit world, a few spirits had commenced their receipt of the Love but until Jesus was living here no spirit had progressed to become resident in the Celestial Heaven. They didn’t know how to do this without the Master’s guidance.

When you take all things into account a human life is about love. I know this, the Father knows this and Jesus knows this Truth. From a human perspective the immense drama that follows death for the human living and the spirit living is a story of love that involves human relationships. I will say this: never give up on the human spirit that rests in the human heart to overcome adversity. Every single spirit that now resides in the spirit world has passed through this Time of Transition perfectly loved and assisted by the Father. Let me tell you that you are in no better hands, care or keeping. When you look about at the individuals in the spirit world, there are many spirits enjoying their life knowing that at first it was a shy experience but now, they are thriving. Be forthcoming with your love and enjoy every single little positive gift that you experience each day. A human life is a gift that one must never take for granted. Tomorrow when the sun rises, there will be those who will enter the spirit world their first and only time. There will be those of us who will assist you and you will feel our love and you will know that love truly survives death and love cannot die.

My last word is a testimonial of Truth. This I say to you, do not be afraid of the Divine Love. It is pure and true. Into your soul receive this Love and like all of us here living with this Love, let us go shining towards spirit, the Father.

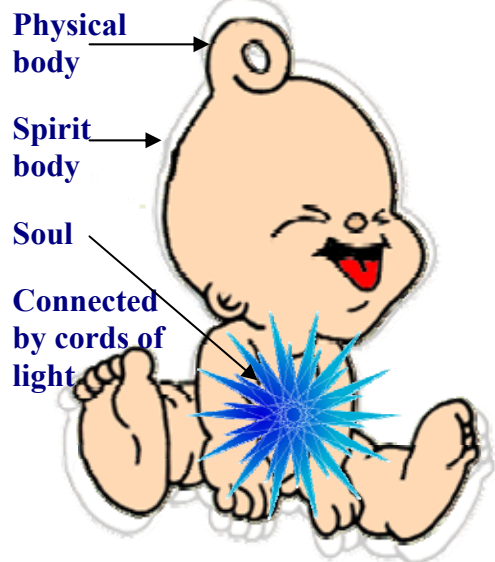
Matron Clark



**A newly individualising soul is just a tiny invisible spark.**

**The soul connects by cords of light to the spirit body, never to be separated.**

**The soul manifests two personalities, a female and a male.**



## 84. Counselor Dave

I am with you again as you have asked me to write some more. I will happily oblige. Relationships here are as important as they are where you are. Simply because one is now a spirit doesn't distract from the fact that we need to feel loved and not alone. Spirits need to feel connected to themselves. Obviously our environment differs as we live with organic living spirit-energies. The personality is still very much intact and requires company and companionship; spirits need to express how they feel and spirits express themselves through relating and relationships.

The reality of relationship differs here for we can see that we may still be in relationship with those living on Earth and to us, these relationships are real and concrete. To a person living on Earth, the end of a human life may leave a relationship dangling like a nerve ending without any closure or any vision to the real survival of the departed individual. The spirits here require assistance as they come to terms with their relationships. There are so many permeations that we do our best to assist the individual so that they can adjust to this new stage of their relationships. The relationship with one's self is very important. Individuals need time to adjust to these changes until they feel that they have accepted these changes and feel settled within themselves.

It is an obvious thing to say, but none of us are paid for our work. There is no currency here only loving service that we provide to assist our fellow man. There are counsellors who travel with the Celestial teachers to the lowest spheres to work with the depraved who reside there. I may describe depraved to mean simply living without love or hope.

There are specialists that work in specific fields to assist certain individuals who have suffered from severe trauma or a mental disorder or a severe disability. There is a vast spectrum of conditions that individuals have found themselves in, when entering their spirit life. These specialists are so advanced in their soul condition, which includes living with Divine Love, that they know everything that there is to know about the constitution of a mortal personality. These specialists can work with specific Spirit Laws that assist in re-tracking parts of the psyche so that the personality can then function within normal parameters. As you know, the Father does most of the work in the *Time of Transition*, but I will say here that the Father leaves the soul condition intact and doesn't improve the soul condition if that soul condition is with great need for compensation. The Father doesn't delete the very causes of very poor soul condition, which does affect the condition of the spirit body and overall condition of the personality.

In the end, this new beginning of a spirit's life is a time of contrasts. Each individual will be given every opportunity to function with love and so we have a lot of work to do in our service to help those who are starting out in their spirit life.

Dave

P.S.: On a small note, there are counsellors that help spirits who feel a loss with their pets. Many people love their pets and have a passion for the wildlife and marine creatures on Earth. The creatures of Earth cannot survive here. Many people would like to think that they do, but they don't. Many spirits feel at a loss over this and so we need to comfort them so that they don't lapse into a solemn wilderness alone. The wilderness of sadness can be indulgent, creating stagnation. These counsellors were once pet lovers themselves or people who loved the great outdoors so they can well understand feelings of such loss and thank goodness that the spirit body retains memories!



**SHINING TOWARD SPIRIT:**  
**538. Jesus and the Spirit World**

Vol III, p. 48, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas  
[www.lulu.com](http://www.lulu.com)

I am here to write with you about Jesus and the Spirit World. Let me begin by saying that the presence of Jesus was felt in the spirit world at the time he lived his human life. There were many spirits residing in the spirit world in each natural sphere (mind Mansion Worlds 1, 2, 4 and 6), who recognised that place Jesus had in the context of humanity, the humanity that lived on Earth at the time of his life and the greater humanity that now lived in the spirit world that had lived on Earth preceding his human life. There were those in the spirit world who were very capable in their ability to recognise that Jesus was the soul sent by the Father to teach all of humanity the way to the Father. The spirits in the spirit world who recognised the Truth about Jesus could see with clarity his teachings as he moved among the peoples of the Earth, but these spirits had the advantage of being in the spirit world and so, when Jesus taught and said things like, “I am not of this world” and “in my Father’s Kingdom there are many mansions” a large number of spirits knew what he meant and the Truth of what he said for these individuals who were residing in the spirit world that Jesus was referring to.

I was one of those spirits who resided in the spirit world when Jesus lived as a man and taught by the way he lived, teachings that involved living with the Father. I could tell as I listened to his teachings and conversations with his apostles and those closest to him, that he knew about our presence and the existence of the afterlife in relationship with the Father in the way that Jesus did as a man. I knew that he knew that the human life continued in the Father’s spirit world, the world I was living in. I had been in this spirit world a long time before Jesus was born and so, I – as many spirits were – welcomed his liberating Truths and presence. We knew here at the time of his human living, that mortal life in the spirit world had now changed forever. There were of course, many spirits who took no interest in the human life of Jesus, but there were many of us who did and we could see the unique experience of ‘this man of the Father’. It wasn’t until Jesus came into the spirit world that we could really embrace our own lives with the Living Father. We could tell very easily that Jesus was not God, for our objectivity being here in the spirit world gave us the clear sightedness that Jesus was finite and that God was Infinite. None of us here had liberated the Divine Love. This was part of Jesus’ purpose and until he lived the life he lived, we here in the spirit world couldn’t partake of the Divine Love for the Spirit that conveys this Love had ceased in its activity since the Fall of the First Parents.

I will return to write again soon. My name is Saul (from the Old Testament)

**539. Saul continues**

I am with you again to continue this communication. I have never written with you before, nor have I ever spoken to a person living on the Earth since my arrival in the spirit world. I am aware of the work that Jesus did with James Padgett and the subsequent works where he has helped guide greater aspects of living Love to individuals who are open to receive his Teachings. I know Jesus very well; I have worked alongside Jesus from the time he arrived in the spirit world. I enjoyed meeting him and getting to know him. I am not going to write on the grisly end of his life – this is not what this moment in time is about.

When Jesus arrived here he was quite shaken, but his countenance was still of the man living with the Father. We helped him and we nurtured him and gave him all our love, which he responded to. As you know, there was nothing any of us could do here. But I can say with absolute certainty that when he was on the cross, there were those of us present and we shone our love toward him and we knew that the Father had intensified Love in his soul and around Jesus so that at this time, he was not alone. There were people and spirits present who never left his side and when his last breath left his body the Father’s Spirit Law – as it had done with all of us and with every mortal personality – transitioned the spirit body of Jesus into the 1<sup>st</sup> natural sphere (first spirit Mansion World) and there, the sisters of love provided

nurturing until he gained strength and rose as only the Living Truth can. What I mean by this is that Jesus knew about the spirit world and the Father so when he arrived here he knew what to expect and his time to regain his composure after his death was a very short time in deed.

#### **540. As the Master gained his strength**

After Jesus had transitioned into the spirit world through the workings of the Father's Spirit Laws, he was weakened by the events that had led up to the end of his human life. The Three Sisters of Love nurtured Jesus when he arrived here and all present – and we were vast in number – waited to see what would happen. There was a distinct hush as the Master gained his strength and we waited without moving from our place or position. Many of us were quite emotional, for we had lived through the end of his life and from our experience; we knew the truth of what was happening to the Living Truth.

This time when Jesus was regaining his strength was a settling time for us. The spirit body of Jesus showed no marking or any of the physical punishment that his physical body had. In fact, it was quite the opposite. His spirit body resting as he was awake and aware that he was now in the spirit body, was shining for he had received much of the Father's Divine Love throughout much of his earthly life and his soul condition was a man in perfect natural love living in harmony with the Father and his soul was in very good condition.

**It only took Jesus a day and a half until he stood and there out in the open in a place now known in the 1<sup>st</sup> natural sphere as the place where Jesus arrived from the human world, he stood and declared in the recognition of the Father, that “the Celestial Heaven is now open.”**

These were the first words that he said in the spirit world and were the confirmation of this Truth that had transpired at the time of his Baptism conducted by his cousin John. He needed to declare this Truth again, now that he was present himself in the spirit world, for all mortal spirits.

We remained quiet as he moved about us and we introduced ourselves and there was much cause in our participation to love Jesus. We did not overwhelm him with our love; we acknowledged the human life he had lived and the Truths that he had taught. The second declaration of Jesus in recognition of the Father was his act of a verbal prayer to the Father that we all could hear and that we all participated in, which was to pray to the Father for the Father's Love. Jesus guided us through this prayer and we all felt the Love as the Spirit that conveys this Love was active and living again and very abundant!

We knew that the apostles still lived on Earth but we gave ourselves to serve the Father by serving Jesus and so he instructed us to make ready for our journey into what is known as the 1<sup>st</sup> Divine Love sphere (3<sup>rd</sup> Mansion World). Most spirits present were in the very good condition of their natural love, we believed and loved God only now that Jesus was living, we could personalise our love of God into the living by receiving this Divine Love. Gradually we progressed through the spheres until we advanced into the Celestial Heaven with Jesus teaching us each part of the way. As soon as there were spirits residing in the Celestial Heaven it was then that Jesus taught us that there were many spirits still living that were souls of the Father and that our loving service was to help create the awareness of this Love. There are many of us who are still doing this to today and this service continues on into tomorrow.

[1<sup>st</sup> Divine Love sphere is referred to as 3<sup>rd</sup> spirit Mansion World. Spirit world Mansion World spheres 3, 5, and 7 are Divine Love Mansion Worlds 1, 2, and 3. The 7<sup>th</sup> sphere is the transitional sphere between the Spirit World Mansion Worlds and the Celestial Heaven spheres.]

# NEW FEELINGS WAY

*Mother* *Father*  
**PARADISE** **SUPREME BEING**

HAVONA  
 ORYONTON  
 Superuniverse  
 NEBADON  
 LOCAL UNIVERSE  
 Celestial HEAVENS

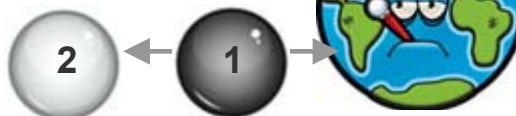
Living Feelings First, longing for the truth of our feelings and expressing our feelings, both good and bad, is the new Feelings Way. It is the only way we can heal ourselves of our Rebellion and Default; our minds controlling domination of our true personality. It opens us up to our soul-based truth, and the love that follows.

For the past 200,000 years, all of humanity has been enslaved to the controlling natures of minds. We now have been shown how to heal ourselves and set ourselves on the pathway to Paradise, to our Heavenly Mother and Father.



NEW WAY  
  
**FEELINGS**

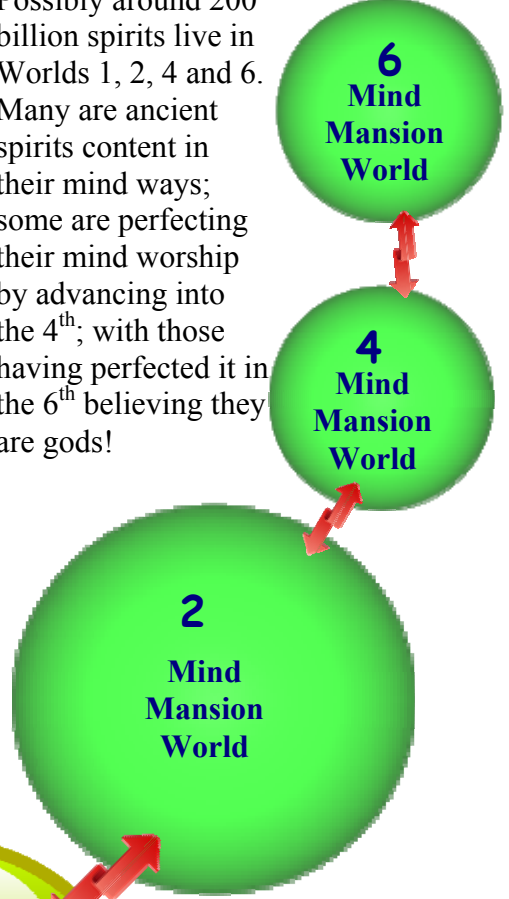
1<sup>st</sup> Earth plane is the darkest of the 2 Spheres of Isolation – Hells.



**DEAD END**



Possibly around 200 billion spirits live in Worlds 1, 2, 4 and 6. Many are ancient spirits content in their mind ways; some are perfecting their mind worship by advancing into the 4<sup>th</sup>; with those having perfected it in the 6<sup>th</sup> believing they are gods!



I'D TURN BACK IF I WERE YOU!

**MANSION WORLDS**

Our soul condition, personality traits, mannerisms, errors, beliefs and behaviour, ALL transfer with us, upon death, into the 1<sup>st</sup> Mansion World. Our controlling emotional and mental addictions all continue with us when living in the mind Mansion Worlds 1, 2, 4 and 6. Doing our Spiritual Healing moves us into the Healing worlds 3, 5 and 7, to be set free of them.

**BRIDGING from MIND to FEELINGS**

Monday, 24 August 2020

Hello Marie and Ouerioena, Kevin and Kathaleen, Raymond and Bradley, Nanna Beth and anyone else,

What do you consider was the step or steps that enabled you to begin engaging your Feelings?

This is not to be considered as a how you do it. To everyone, this major step into a feelings way of living will be unique to each individual. This is intended to be a reflection on what may have been the prime or prominent experiences that inched open the embracing of feelings as against continuing mind dominated.

I anticipate that there is no formula. That it is our soul that will have its timing and that each one of us will have come to the surface what it is that will bring about an awareness. That our feelings are truly surfacing and the truth of them will also be another set of experiences and recognitions.

Again, it is how has one commenced to cross the bridge? What were understandings that surfaced that enabled you to recognise a starting point?

May we have some comments to build up a diversity of possibilities of how to crossing of that elusive bridge from mind to feelings has unfolded for some please?

It is truly an amazing giant step out from the treadmill of the mind into the longest pathway of continuous evolutionary growth in truth and love – all the way to Paradise and our Heavenly Mum and Dad.

Cheers John

Marie, 1<sup>st</sup> Celestial Heaven, John's mother: I was deeply upset with how my new spirit life was panning out. We are told upon arriving into the Mind Worlds that we can make life be as we want it to be, that it can become 'paradise of our own creation', all provided you abide by the rules which consisted of wanting to help others; be generally 'loving' (mind-accepting) – kind and friendly; and were happy and accepting with the overall way of things. So I, like many, joined in the New Life, amazed that it was there for us to live having not really believed in life after death.



I met a man spirit, we lived together for a time, things were going well, I was nicely deluded building yet more love-fantasies, believing I could create a 'heaven' with this man spirit which I'd failed to do on Earth. Thinking back it sounds so amazing that I could have been so deluded; and we were considering adopting spirit children, starting a new spirit family. I just can't believe how well I'd fallen for the Mind Way, which of course I had, being grown up in it.

So John, everything was sweet, it happened for a lot of us spirits, we'd meet the man or woman of our dreams now because we were all living our dream, or living the ultimate dream experience being in this New Life in a New World, all of which was so all-loving, peaceful, with none of the daily life-pressures plaguing and making demands on us as they did on Earth, which we hated.





And so just when I was to start our New Family, Richard said he no longer wanted to be with me, he'd met another woman spirit he wanted to be with. So horror of all horrors, that wasn't meant to happen! I'd of course heard of it happening, but it wasn't that common over here in the mind worlds because it was much easier to maintain the facade of loving each other, you can manipulate your mind to control your feelings more than you can on Earth, so most of these mind spirits are fully into it, making their life and so their feelings, be as they want them to be; which was after all, all what we were told about waking up in the Mind World after our physical death.

So I was deeply upset, my perfectly created 'mind-world' crashed. I felt a great onslaught of bad feelings, which also wasn't meant to happen because of the harsh mind control over my feelings. But for those of us who 'crash', large cracks in your mind-control open up exposing you and rendering you vulnerable to bad feelings. So I felt bad. And that's when mum (Nanna Beth) made her approach to me. It was perfect timing. We'd seen each other when I died, but she was 'into other things' and as we didn't really have that much in common anymore, we'd gone our separate ways; or more so, I was going mine, Beth was well on her way.



So mum offered me a New Way. She said that how I'd been living was a mind contrived way, a fantasy, and that it wouldn't do me any good. She invited me to attend an introductory lecture about the "**True Way to Live Life in the Spirit Worlds**", so I went along. And yes, at my first lecture I met another 'nice' spirit man, and together we went to the introductory lectures and talks slowly coming to understand all you now understand John.

And the more I had to do with the New Way, the more I had to do with Beth; and the more I wanted to be as she was – Celestial, and like the few other Celestials who were giving us the lectures and open discussion groups. Then I started to do my Healing.

Ouerioena, 1<sup>st</sup> Celestial Heaven, Marie's soul partner: For me, (about 200 years ago) it was through the Hawaiian woman I told you about. I'd started to explore the spirit world, being interested in other things. I wasn't aware that I had changed, it was all so subtle and took a long time; and it wasn't even that I was dissatisfied with my spirit life with my people (spirits) in our private sector, but I just felt like moving further afield. And she introduced to me to other ways of living, and then the Divine Love. And like Marie, by attending the introduction courses, I came to understand that I had a choice to make: either I kept living as I had been, without any real change, happy and secure in my mind that nothing did really change; or, I embraced my **Ascent of Truth to Paradise**, in which everything would change. And I was ready for such Great Change. So I began my Spiritual Healing and longing for the Divine Love.

Kevin, 1<sup>st</sup> Celestial Heaven, John's brother-in-law: Believe it or not John, but I had this nagging desire, a deep need, to understand what it was really all about. It came 'upon me' soon after my arrival in spirit. So I moved around the spirit world looking at how spirits were and what they were doing, searching for answers, but nothing felt just right. Then Beth suggested I attend the intro talks about the Healing, I did, and that was it, it all made sense and I starting doing it.

Kathaleen, 1<sup>st</sup> Celestial Heaven, Kevin's soul partner: I had been happy doing my 'work' helping other spirits. I had understood from my Christian and religious upbringing that a life of service was the life of happiness, so I continued those beliefs on in the first Mansion World upon settling into my new spirit life. I worked my way up into the fourth (mind) Mansion World through devout religious service, not a nun as such, I was spirit-married and with a New Family, but then things started changing for me. I started to sense that other spirits I was working with were not as devoted as they made out, I could sense things weren't really as I believed they were. It disturbed me, making me to start questioning myself: what I was doing in my life, in my relationships, until the point of mind-failure, a state of being when



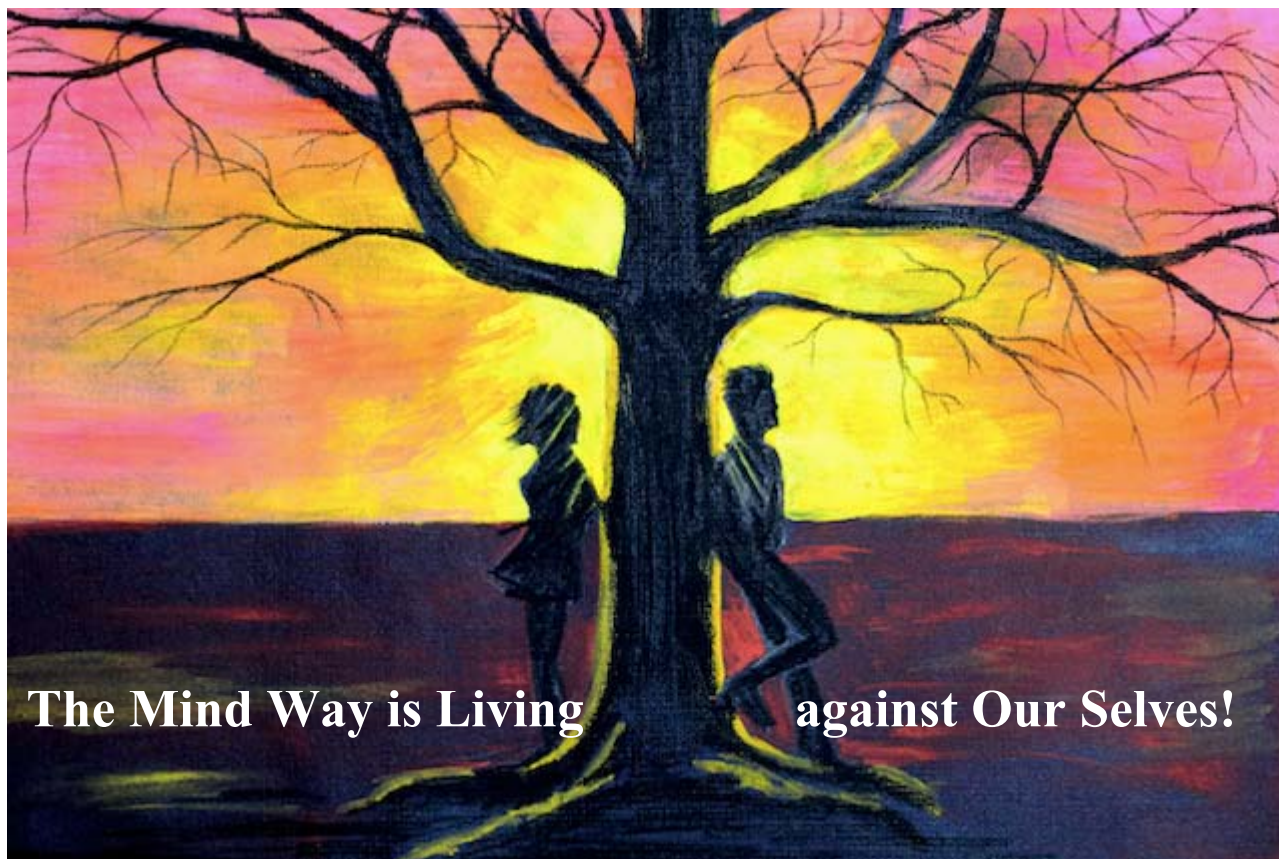
your mind fails you. It's very disturbing because everything fails, you have a mental breakdown of sorts, and I broke. And that then made me feel I had to end and get away from everything, which I did, left my spirit husband, my spirit children who were all old enough to live without me in their lives and I went into a mad self-indulgent phase in which I did everything for myself that I'd denied doing on Earth

and through my spirit life to that point. I partied, went to Sex World, stopped helping people and started helping myself. I met other spirits who were like me, having experienced a similar 'breaking down' and we indulged our every hearts desire. It was a wonderfully freeing and liberating time for me, we lived in our private sector indulging, not doing anything to hurt anyone else, but also not doing anything to help anyone, only ourselves. And new spirits would come, it was like a huge free-love fest, lots of spirit music and spirit dancing, art, all very creative, all indulging our creativity in whatever avenues that took us in. We'd create using our minds (it was all with our minds) the most elaborate and weird 'houses', in which we'd all live together, moving between them, being with whomever we wanted, having multiple partners and relationships, everyone pretending it was all so loving, caring and wonderful.





Then one day I was bored with it all. I knew a man spirit who felt the same as I did about many things, so we left to further explore the Mind Worlds, looking for another way to live that might entertain us for a time. And through meeting and talking with other spirits we eventually came across information about the **True Way to live**, and so we went along, more as a lark then seriously wanting to find out. And I was shocked as to what I heard, how I'd been living the wrong way, against myself, which I decided there and then I wanted to stop. So I did.



I left that friend and started my Spiritual Healing with the Divine Love. I loved Mary Magdalene, all she was said to be, how she was, how she conducted herself when on Earth with Jesus. I still loved Jesus, and my original religious devotion was meant to get me closer to living with him in the highest spirit world, so we were told, but Mary took my breath away, I loved her with all my heart, I want to be as she was, and so I worked as hard as I could, completely devoting myself to doing my Healing so I could become Celestial and possibly one day meet her in person should she come back to Earth visiting us Celestials. Which she and Jesus have done a few times now and which I had the glorious chance of having a personal interview with her. And she was all I wanted her to be, all I believed she would be, and far, far more. So I want to ascend Neadon (our Local Universe) with Kevin and my soul-group knowing we are doing what Mary and Jesus and our Heavenly Mother and Father want us to do.

Raymond, 1<sup>st</sup> Celestial Heaven, John's 1<sup>st</sup> cousin and grandson of Nanna Beth: It was Nanna Beth's personal influences that affected me into changing my outlook and adopting the New Way. We had a lot of talks about life, what's the meaning of it, what's it all for, and she showed me the value of the New Way, and I appreciated her reasoning, so I went that way. Not that startling John, but I'm so glad I took her advice.

Bradley, 1<sup>st</sup> Celestial Heaven, John's nephew, son of Kevin: I linked up with a bunch of spirit blokes, we toured the first Mansion World, dipped into the Hells, did whatever we fancied, met other spirits, talking about their lives, some were interested in and believed they had found the meaning of life, or of their's anyway, others were content just to live in their newfound happiness since coming into spirit. We had fun, pushed things a bit, went to most places you could go to, and we wangled our way into other places that were private or more off limits. We did a big tour of Earth, went everywhere, tuned into the minds of anyone we wanted to, regular people and wise men, Sages, Presidents, the Pope and other religious leaders all of which helped us understand no one on Earth had a clue, because none of them understood that life went on, as here we spirits, the 'Living Dead' were with them and they didn't know.

And gradually our group dwindled, with myself ending my association with the remaining other blokes because of Beth's entreaties into my consciousness. In one of our talks – she would just pop into my life from time to time – she asked me what I'd discovered for myself about life in spirit, and I had to admit, not much more than how it was on Earth. And so she told me I could live a higher spiritual life ascending in truth to Paradise, and that stirred my imagination so I followed up on her suggestions, attending the intro talks and decided to do my Healing.



Nanna Beth, 3<sup>rd</sup> Celestial Heaven, John's grandmother and Marie's mother: It was my maternal grandmother who introduced me to a higher spiritual life. She had a big influence on me and so I passed that onto the others in my life once I'd completed my Spiritual Healing and understood it was a real thing.

When I died I expected life to continue, and with all our family being together, but when I found it wasn't, we being scattered all over the place, that unsettled me, making me realise that I wouldn't have that large support group, which was something I'd always longed for, more than what I had on Earth, one large and happy family that all loved and supported each other, all the many different generations, it was a childhood fantasy. Then when I had to accept that it wasn't to be in my spirit life, then what should I do? And when it was pointed out that I could achieve that big supportive 'family' as being part of the Celestial Kingdom, then that was what I wanted. To work for and with and because of, Mary and Jesus, to live in their Great Spirit Family, to be a functioning part of it all, that's what I wanted and have now achieved beyond my wildest dreams.



More or less, the diversity of experiences and journeys may be considered typical for many billions:

Marie Josephine Doel, née McDonell, born on 1 August 1913 and died on 26 September 1971, aged 58. Marie entered the 1<sup>st</sup> Celestial Heavens in or about February 2018.



Ouerioena, Marie's soulmate / soul partner: He's a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back, not someone perhaps John was expecting and certainly not someone I was expecting to unite with! (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggest Ouerioena may of lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East.)

Kevin was born in 1937, April 3. Kevin died at the age of 75, on 10 August 2012. Kevin entered the 1<sup>st</sup> Celestial Heaven on 7 August 2017. Kevin: And the age that Kathaleen and I are is about mid thirties, in our prime time on Earth, that's about where most of us spirits like to be, however we don't look exactly like how we looked back then at those ages. We look pure, and it sounds funny to say that, but we do because we are.

Kathaleen, Kevin's soulmate / soul partner: I was born in 1901, in May, I'm a Taurus like you James, however I was a late April one, the twenty-sixth. And I died when I was 72, in March – the 15 (so 15 March 1973). So yes John, I am older than he is but that is of no consequence for us over here, all that loses its appeal – the separation of age whilst we do our Healing through the Healing Worlds. Kathaleen is from Tennessee and is black. Kathaleen became Celestial a few weeks before Kevin.

Raymond Bede McDonell passed later on 22 October 1971, aged around 23. Raymond entered the 1<sup>st</sup> Celestial Heaven in May 2018. His soulmate / partner had been in the Celestials for about twenty years and she was in the third sphere Celestial Heaven then.

Bradley Cooper suicided on 21 September 1999 and early April 2018, became Celestial. Bradley's soul partner is from the region that is now called Russia – but was not when she lived.

Nanna Beth: Elizabeth Mary McAlister was born 24 January 1890 and died on 5 October 1951, aged 61. Beth is now in the 3<sup>rd</sup> Celestial Heaven. Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in a rural community in New South Wales.

Marie, Raymond, Bradley, Kevin and Beth all lived in and around a rural community, in New South Wales, Australia – as did John.



# Speaking with Mary Magdalene and Jesus

## Book 4

### Our souls apply pressure...

Tuesday, 25 February 2014

James: *Mary you said yesterday that pressure from our souls is soon to be applied, can you please say more about that?*

Mary Magdalene: Everything is governed by your soul, your soul controls all that you are, and consequently so all the combined souls of humanity make humanity be what it is at any given time. And time is now approaching whereby light from the souls of humanity will start to effect greater change, but change for the good, as in bringing about the mind collapse of people who are striving to use their minds to control their feelings.

James: *As in mental breakdowns?*

Mary Magdalene: Not necessarily, pressure being brought to bear from within and without that makes people feel bad and at the same time doesn't allow them to use their familiar bad feeling dismissal patterns, so they'll not be able to deny such feelings as they have done. This will have the effect of pushing people back in on themselves, making them look more to themselves, 'look within'; which only means, having to accept and face their feelings, and especially more of their bad ones. Great social change has only come from such times, when people have had to stop being so untrue and concentrate more on their feelings, being unable to get away with denying those feelings they don't want to feel by using their minds. When things are rolling along well, with little to complain about, so it's far easier to deny those feelings that seek to interfere with such happiness, love and 'good times', so little changes, other than the production of yet more things to help you keep such bad feelings away. But when you can't use your mind or your feeling-controlling products that have been manufactured by minds, so it's harder to escape from what's really going on inside yourself.

James: *Mary, thinking about this through the day, it keeps going around in my mind how there are phases the souls of humanity go through, with each of us on the soul level all linked up with each other manifesting or expressing our personality during each phase according to the level of truth we are either embracing or denying. Can you say anything about such phases?*

Mary Magdalene: They are what you might call seasons – seasons of change. And each planetary age is one such Grand Season, being itself divided into many lesser or sub-seasons, and those divided and so on. So there are cycles within cycles always happening, within yourself and collectively. And so a new cycle is currently beginning which will in turn usher in the final sub-season of Jesus' and my age.

James: *Is there any way we can tell when this new sub-season begins?*

Mary Magdalene: No, you might perceive it through your soul James. However, you'd really have to rely on Jesus or myself to tell you. But it won't matter anyway as it will become obvious as to what's going on in the world – as you shall soon see.

James: *Mary you've said such things before, and said Marion and I are to go through certain things, but nothing like you've said has as yet come to pass.*

Mary Magdalene: No, because it's all still on its way.

James: *But you make it sound like it's soon to happen, like what you're saying now, yet the years go by and nothing much changes, it all is getting progressively worse.*

Mary Magdalene: It's not about it getting better James, that will only happen for people who are doing their healing. Many people will believe, albeit erroneously, that things will have changed for the better after the Disruptions have taken place, but that's only because it will seem like the pressure has eased from their having to face their bad feelings, so they'll be able to resume denying those aspects of themselves. And so far as the timing of seasons goes James, time is flexible for us, we say soon, but that might be soon for us which could be a longer time than soon for you. You put your expectations on our words.

James: *All right. So these seasons and cycles affect us all, as in new light coming from our soul.*

Mary Magdalene: Yes, and so people are moved to do certain things which has an overall effect on the state of the world. And a lot more unpredictable things will start happening, disrupting the status quo.

James: *Is this light all part of humanity having to come clean, to admit the truth of its lies and deceit?*

Mary Magdalene: Not exactly, as in the world is suddenly going to be called to account and all liars will be exposed and seen for what they are. No, that is not going to happen, not collectively. It will happen to certain individuals but that's always happening. It's simply that souls are preparing for entry into the new spiritual and planetary age, so people are to be prepared for that. And that could mean that some people will be moved to become even more evil, others less so, and others even to begin doing their healing. It all amounting to what will be needed by humanity to move into the next stage of its spiritual growth, which will be the beginning of true spiritual growth, something not seen since the Rebellion began. And by true spiritual growth I mean, as seen by those people who will do their feeling or soul-healing, not all the other false mind stuff which will still go on and proliferate even more so once the stranglehold of the traditional religions has been loosened.

James: *I have no idea or picture about what this next age will be like. All I can imagine is there might be small groups of people who want to heal themselves coming together...*

Mary Magdalene: You can't have any idea James, and the more you think about it, the less of a picture you'll get. And really it won't be for you anyway, as it won't affect you; you'll be in spirit by then looking in on Earth. So you'll be able to see how it all manifests then. What will affect you however is this last sub-season we've been speaking about, for it will be comprised of numerous phases for yourself and Marion, all of which will be increasingly to your liking as your healing draws to a close.

James: *Draws to a close, there you go again saying such things which I can't believe will ever happen. Although on some levels I am feeling increasingly better about myself every day now, but still I've got so many things wrong with me, all of which become clearer to see each day.*

Mary Magdalene: It doesn't matter James, for all that does matter is you still concentrate on acknowledging and expressing and longing for the truth of your feelings.

James: *Yeah I know Mary. I feel I'm getting stronger in that too, able to get into what have been blocked areas within myself, getting right into the nitty-gritty to do with mum, dad and Gran and the rest of my family.*

*Mary, thank you again for speaking with me. I have no further questions.*

Very well James, I will leave you, Mary M of Magdala.

Friday, 25 October 2013

Mark, a spirit: James, I would like to ask Jesus a question if I may.

*Certainly Mark, please go ahead.*

Mark: Jesus, I have a very deep pain, it's in my soul, it has been with me now for some years and only gets worse, and it's that I feel guilty for all I have done to my children. And my question is, how will I ever heal this guilt, because the further I progress in my healing the more I see how badly I treated my children and the stronger my guilt and shame about that grows.

Jesus: There is only one way Mark, that which you are already doing. Accepting your bad feelings, and as you express them, longing for the truth you are to see from them. And as that's what you are doing, the more you accept how guilty you feel and all that feeling such guilt makes you feel; the worse you feel about yourself and what you did to your children, it will all slowly lead you deeper into yourself. Your soul will take you down into yourself, down through all the levels, down through all the mental, emotion and will circuits, slowly uncovering all your soul requires you to see. And how your relationship with your children is, as you are also experiencing, is helping you to understand and come to terms with and liberate your repressed feelings to do with your relationship with your parents. The pain you are feeling from how you treated your children is exactly the same pain your parents made you feel by their unloving treatment of you.

Mark: Yes Jesus, it is, I can sense that, as soon as I see something about how unloving I was with my children, I can see why I was because of it being how my parents unlovingly treated me. And I understand mentally that what was done to me I did to my children, and I'm coming to live such intellectual understanding through my feelings, it's slowly becoming more of my feeling reality. But still it's the pain that I am scared about, it's so intense, and it keeps getting stronger and I don't know what I am to do about it. I speak about and see the truth of so much pain, and yet still the pain of my guilt increases. And I know I am not alone in this, I have spoken with many spirits who feel very guilty, ashamed and humiliated by what they did to their children, and as I am only in the lower fifth healing Mansion World, I also understand I have a long way to go, but how can I bear it all, how can I cope, I feel like my heart and soul is going to break, I feel very desperate about it.

Jesus: I understand, however it's what your soul, what you need, as hard as it is. Your soul will not break, as it cannot, however it's the pain, as intense as it is, that you need to keep breaking you down into the truth of your feelings. It's the only way you can access those deeper parts of yourself that you've blocked out and refused to see. You felt such pain as a child, you inflicted it on your children, now you're understanding what it was all about, why you did it, how it was done to you and how you did it to your children. So all you can do is keep on expressing how much you can't bear it, and it might help you to talk more about what you fear about your soul breaking, why are you so scared of that?

Mark: I am too scared to face that currently Jesus. I have a supportive Celestial spirit who has also helped me to see the same thing, that it's what I fear will happen to me should my soul break that is really what it's all about, even more than what was done to me and what I did to my children. But I'm not ready yet to go that far. However hearing you say the same thing, I do understand there is nowhere else for me to go, other than to keep trying to express my hell. I had no idea it would be so bad even though I have heard many advanced spirits' stories of their healing. The pain, such a terrible, terrible pain. The agony and anguish I feel, I worry that my mind won't be able to deal with it, that I will have a mental breakdown or something like that.

Jesus: You won't so long as you adhere to the healing principles that have got you this far, which really means, so long as you keep speaking about all you feel with the feeling of the feelings you are feeling, and keep longing for the truth. You might be taken to what might seem like the edge, but your mind will not collapse, that only happens when you are refusing to see and accept the truth of what your soul



through your feelings is wanting you to see. And as much as it seems like you are going the wrong way, your pain getting worse, it's right for you, you are on the right track, and your soul will move you, you are making good progress even though you might not be currently able to see it yourself.

Mark: So you can assure me that I will not break and... and I don't know what... cease to be able to function properly, become retarded or something? I had a retarded brother on Earth, he could hardly speak, we could hardly communicate with him, he died when he was ten and I was fifteen, but it was awful seeing him suffering, I felt so sorry for him. And... and now having said that, I can sense... no... it's more than that, yes, I can see now that I felt guilty about him being that way, that in some way, which I don't understand, I was responsible for him... or worse... that I made him be that way. Oh, that is new for me Jesus, oh what a terrible thought, I will have to speak more about that. And I can also sense that I'm scared that I will become like that... that if I'm not good in some way I will be struck down or cursed by God in some way and made to suffer as he did. And even though he was made perfect in a physical sense after he died and I have had much to do with him over here in spirit participating in his mental and emotional rehabilitation, still I can now see I harbour these fears and feelings about him. I have a lot more to work on.

Jesus, thank you for speaking with me. I will go now, my Celestial spirit friend Ruth is with me now, and so I will try and express these feelings, this pain and fear to her, and see what further truth comes of it. Thank you again. Mark.

Mary Magdalene and Jesus of Nazareth both have written through James Moncrief (2002 – 2014). Jesus of Nazareth has also written through James Padgett (1914 – 1923). Neither has written through anyone else – that being to avoid confusion.

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light and Sage – and the Healing Angels of Light</b>
<b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx – Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>

Important recommended reading is:

by James Moncrief

## **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

# PAUL - City of Light

by James Moncrief

Zeta, she is a Celestial spirit: ‘To live God’s Will, Paul, you really need to start doing your soul-healing. I can speak about it conceptually all day, but as far as what’s practically involved, you’ll start to understand as you do your healing. *God guides us through our feelings and not our mind.* Your healing will bring you back in touch with the truth of your feelings and eventually you’ll know what God wants you to do, because you’ll feel what you want to do, what makes you feel good. God wants you to feel good. Living Their Will, living your life with Them and as They want you to live makes you feel very good. But as I said, you’ve got to do your soul-healing before your true feelings, how you truly feel about everything, are liberated, so as to be able to feel the good feelings when they come.

‘So far, you’ve had a taste of the sort of thing you can expect as you do your healing, but these experiences have only been a taste. When you start it and if you give your whole self and life over to the process then it will take you, and it’s like being picked up by a river, and as you’re carried along, in each experience, as you feel your feelings, you’ll start making decisions about yourself and your life. About how you want to be yourself, what you want to believe, how you want to think, how you want to express what you think and feel, and how you do everything you want to do. Every part of your whole existence will come under the magnifying glass to be dissected so you can see how it came about, how it’s been affecting your life and if it makes you feel good. And if it doesn’t, then you’ll be able to see the truth of why and choose to give it up and change it. Everything that’s wrong within you, everything that makes you feel bad can be healed – EVERYTHING – by seeing the underlying truth of the negative causes. And these causes, as I’ve said, will all be found in your early childhood, right from your first moment of your conception. And if you’re wondering how can you see something that went wrong at conception or during your early childhood, how you were denied love, then do your soul-healing and you’ll see another wonder about your feelings. *You can see all the truth of yourself through your feelings.* When you are ready and want to see it, it will be shown to you through your feelings. Your feelings, as no doubt you’ve deduced, are the key to it all. And it’s through them, as you express them, you’ll unlock the door to the truth; truth that is innately contained within your soul, waiting to be brought forward by it into your waking consciousness.



‘The thing about your soul-healing, is there is nothing on Earth that’s even remotely like what it entails: the processes involved, the truth it liberates, and how it affects every part of your life. If you seriously want to embrace it, then you have to realise, nothing in your life is going to remain the same. Nothing. Everything will change. It will all change for the better, however, to begin with, it might not seem like it is, as it will be hard and very confrontational, but if you or anyone does really want to live God’s Will, then they’ll only ever be able to do it by first doing their soul-healing. I can’t tell you how important it is.

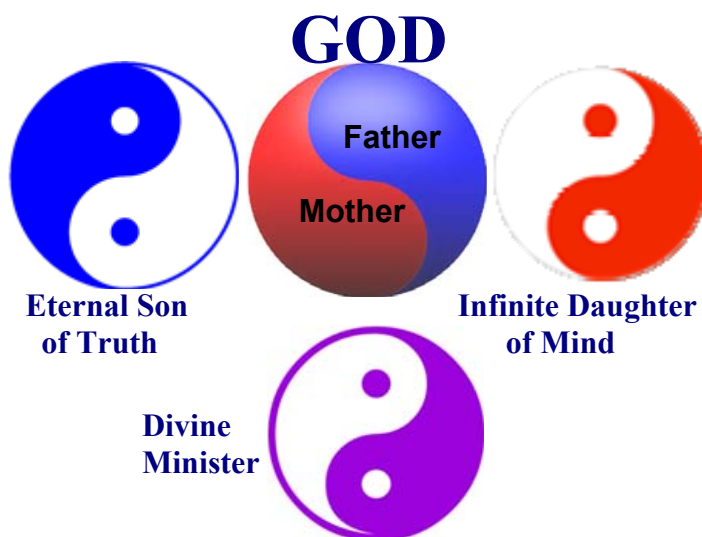
‘If I could take you into the Divine Love soul Mansion Worlds, you’d see they are completely given over to the doing of spirit’s soul-healing. The first Divine Love healing world, being the third Mansion World, is not so full on into it, as spirits in this world are still learning about it all, getting used to living longing for the Love and starting to understand a little about growing in truth, but still they are very heavily self-will orientated and although, like you yesterday Paul, might have made a commitment to God, to live Their Will, it’s still only early days. You’ll be making a commitment to Them through each

level, as you pass up through them, through each of the worlds, until you've finally finished your healing, reaching the Celestial level of truth. (Healing Mansion Worlds 3, 5 and 7.)

'With your mind yesterday Paul, you affirmed more to yourself than to God, that living God's Will is what you want to do. This helps your mind to get behind your will and together those parts of you will be able to stay focused and help you to keep doing what you want to do: to *want* to live God's Will. *Really* wanting to, is very important.

'Then, as you set out to heal your will, you will be presented with each mind circuit that exists in the negative, and is anti-God. Your bad feelings, as you honour them, and start to express them, will bring up within you, each of these circuits, and there'll be thousands of them. You'll see what your underlying belief is and how it relates to your negative behaviour. Yesterday and the day before, you got a glimpse of some negative behaviour you do; how you treated those people who's work you terminated and how you were likewise treating Sasha. You saw the behaviour and you didn't like it and, as you expressed the bad feelings of what you saw, how your behaviour was making you feel, how it was hurting them and yourself, you decided that you didn't want to be that way and so chose not to; you chose to give it up. In this process you're, in effect, telling yourself that you are not going to use your will in this way any longer and you are going to change it and use it in a different way. Consequently the negative beliefs that were in your mind, that you had been using to uphold this negative behaviour, will be broken down, let go of, and replaced by new positive belief and associated behavioural circuits.

'All of this takes place on unseen levels within you, directly by your soul in conjunction with your Indwelling Spirit and the *Divine Minister* – She's the *Mother Spirit* to all minds in Jesus and Mary's universe, and guides and directs the Holy Spirit which is Her equivalent of the Spirits of Truth.



'In the flesh you might actually experience a headache, or some other physical thing, to tell you that such a breaking down of the old and replacing with the new is taking place, or it will happen as you sleep, or even with the added help from your angelic guardians, who'll work on the relevant part of your aura, bringing it out of the negative, evil, unloving state, and into a positive one.

'Then, with this part of your negative mind transformed into the positive, *healed*, and as your soul will have released all your repressed bad feelings associated with this circuit, you will then live with a different truth and in a different way. At first you might not notice that you've changed, however, as time moves on, you will. You'll see how you've changed, and how your life is changing and how it's now progressing with something of a new purpose.

'The difficulty we all face, is that we are using our will to control, to maintain our negative mind states. And we're using it with all the force of will we can muster. So to break it down and give up takes a force equal to and at times greater than it, and this is where things get hard. To smash into, and then break apart, your ridged belief barriers that are not wanting to give up the power they believe they have, even if it's bad, and negative and hurting you and other people, requires a lot of difficult and strong feeling expression. Usually a lot of angry releasing, heavy arguments, losing one's temper, having

tantrums, yelling and screaming and so on, all the while trying to express and release the terrible bad feelings you're feeling.

'This therapy is tough and it will take you eventually into your childhood trauma states so you can re-experience them, being able to liberate the repression of what you felt when they were put in place. A little child that's screaming with all its will, because it's feeling bad; because it's having its will interfered with, and is not being allowed to do what it wants to do, is showing that it's experiencing a traumatic state of being. Its developing mind is still forming, and forming through this trauma, believing, even though it feels so bad and even on some level knows it's all wrong, that this is its life and how its life will be. The negative patterns are being laid down, the trauma becoming a part of its everyday life, and what it really feels about how it's being treated, how angry it is, how furious and terrified, is all being repressed. It has to obey the one in control, it can't have its own way, it has to suffer, at times, excruciating pain and it has to battle against its own parents, the very people who should be only loving it and never denying it and never making it deny itself.

'And for this child, as you will see within yourself, as you re-connect with and expose and start to express your trauma, that having been forced to accept that this trauma is now an everyday part of your life, you will do things repetitively in life to keep the trauma 'alive'. You will do things to make yourself feel traumatised, often being unaware you're feeling so bad, and not even aware that *you're* doing the bad things to yourself, making yourself feel bad. We are all constantly reliving our traumatised childhood states as adults but are mostly shut off to the full intensity of them, because we've done so much work on ourselves to keep all the bad feelings repressed. You'll discover Paul, that one of your main motivations for going to work and having power over other people is all an act, used by yourself, to hide the real unloved and traumatised you – the little boy who suffered. And if you couldn't keep the denial and negative patterns working, hiding all your suffering and misery, anger and pain, and it all became too overwhelming and got the better of you, your system might fail, collapse, and you would experience a breakdown.

'Your soul-healing will strip you back, steadily breaking down all your negative mind. And it will, as I said, put you back into these traumatic times so you turn the situation around and allow yourself to have and express the anger, the rage, and fury, the feelings of injustice, of not being respected and cared about: feelings of being rejected, unwanted, and all the misery and anxiety associated with the whole experience. And, as most of us as children had many traumatic times, time and time again, you'll be worked back over and over into them all. This is not pleasant, but I can assure you, once you've released all this hidden burden, the relief is sweet. And gradually your life changes. It will change in many ways. You'll give up lots of things, this all coming naturally when you're ready.

'Nothing will be forced upon you that you're not ready for, nor can't cope with. You don't have to give up everything to start living God's Will. As you work your way through your healing, you'll probably find you simply don't want to do the same thing or want the thing any longer, so you'll naturally give it up. You'll give things up, only when you're ready, and because you want to, when you've identified and healed – expressed all your hidden feelings, and what's been making you hold onto them. This is another very important part of your healing.

'The aim being to never do anything you don't want to do. So, if you don't want to give it up, don't, but always want to know the truth of what you're feeling about it and always want to express all the associated feelings – every feeling, no matter how irrelevant it might seem. Your physical body could become wracked with aches and pains over the duration of your healing, but all of this will be to help you to slow down, help you to give up, and stop doing what the Mother and Father know you shouldn't be doing. And as the whole process evolves through you and you with it, then gradually, in each and



every moment, you will be making the transition of stopping living life without Them, and denying Them and instead bringing your will into harmony and alignment with Theirs.

‘If we were to go and visit the fifth Mansion World, the second Divine Love soul world, you’d see it was a very sombre world. Everyone living on it is going deeper and deeper into their hardest most repressed stuff. They have turned inwards quite a lot. They do not want to go out and do things that will take their bad feelings away. As much as they might not like their bad feelings as they’re surfacing, they are still begging the Mother and Father to help bring them up within them, so they can express them and see the truth of them. These spirits know that they’ve crossed the line and there is no turning back. They are too far into their new lives with the Father and Mother. They know what’s at stake now, and they’ve done enough of their healing to have seen positive results, to feel them, to see how much they’ve changed, and to like what they’re becoming. They know what I’m speaking about is all real and true because they are doing it. In each moment they are living it. They are living the truth of Divine Love and they are seeing the truth of their negative mind state.

‘If we then went higher and into the seventh Mansion World, in the lower planes, spirits would still be doing it hard, but they know they’ve at least broken the back of it, the worst is beginning to leave them, they have formed a picture of their whole denial with the finishing touches being added. They are able to look back over their healing years and see how much they’ve progressed and because of this, they know that Jesus and Mary’s way is God’s Way.

## NEW FEELINGS WAY

‘By the time their healing is nearing its completion, they are starting to feel new vitality, new life flowing into them, as they are starting to live by expressing all of themselves in unison, balanced, and are starting to feel good about that. They are starting to get some sort of feeling for what it will be like to live with a positive mind, true behaviour and good feelings. The picture of their denial will virtually be fully formed: they can see what happened to them from conception through life in the womb, at the time of their birth, and all through their young life to sexual maturity. They can see it all; all the truth, all through their feelings, through what their feelings have shown them. And they are able to then see, to whom and to what they were subjected during their formative years, and how they took on all the negative influences themselves, forming their negative mind, and then how they set about living this as an adult.

‘They can see how they were denying themselves, hurting themselves and others and how their life was always reflecting back to them this truth. And they can see how they lived for so long, denying this truth, not wanting to see the truth of their feelings, what they really were feeling underneath it all, but mostly unconsciously, and then, how they turned it all around through their healing. How they brought it all out of themselves by accepting it all: stopping their denial, turning around from living, not loving themselves and others, to now loving themselves. And in this new light, with a positive mind they are able to understand what Jesus was teaching and speaking about all those years ago. Now they are able to more truly relate to him because their mind is now positive and of the level and order of truth that his mind was on Earth, at least at the beginning of his public life, as he started out equivalent to the Celestial level of truth.

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**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

**To PARADISE, the HOME of OUR HEAVENLY PARENTS**

# The Way Home



Council of Elders  
now around 20  
Soulgroups

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

‘The Churches will never be truly able to live and understand the truths the master taught because their philosophy is based on obedience. And this, unbeknown to them, is obedience to their own denial, to the evil state within themselves, and denial of God. And whilst they endeavour to be obedient, they will never allow their repressed childhood feelings to surface, because obedience means being obedient to their parents, ensuring their parents' will is always done, and all bad feelings are kept away. To make your child obedient to you, at all cost to its freedom, is cruel and inflicts so much emotional and spiritual trauma on the child, and can only be achieved by stopping your child from freely expressing all its feelings – having its say.



‘The Church will always remain in control while its faithful are obedient. Should these faithful choose to rebel and face the rebellion – the denial within themselves by wanting to see the truth of their repressed childhoods, the Church would lose them. Once these people and spirits choose no longer to be obedient to their parents (now represented by the Church), and no longer want to keep repressing all their bad feelings, they would see just how much of their power they are giving away to the Church, how much they are still wanting to be controlled. I want to say again to make it absolutely clear, there are NO religions or spiritualities currently on Earth or in the Natural love, spirit Mansion Worlds that are living true to the truths revealed by Mary and Jesus about our Divine and Heavenly Parents. Everything is all bound up in, and a product of, the Rebellion, of people and spirits' negative mind states, irrespective of the supposed source of the revelation they choose to believe and worship.

‘So by the time the high seventh Mansion World soul spirits have seen all of this, and then moved higher still, and are finally completely healed, they are able to leave the Mansion Worlds once and for all and are welcomed into the first Celestial Heaven sphere; there to begin their new life having, in effect, been born anew, having been completely purged of all their negativity, all their rebellion and having chosen to live in the loving universe of Mary and Jesus, lovingly with themselves, their soul-partner and the Mother and Father. Now they are wholly living God’s Will.

## Soul Partner

‘And so this is all going to happen to me on Earth?’ Paul said with slight amusement, not being able to imagine any of it happening to him.

Zeta: ‘Yes, if you want it to. It’s all up to you. You can do it or stop it at any time, or tick it along whenever you like, but if you really commit yourself to it, this is roughly what will happen. Of course, as to how it will happen, the practicalities of your daily life, I can’t tell you, that is something you’ll be finding out for yourself.’

Paul: ‘And how am I supposed to live, you know, go to work, earn money to survive while all this is going on?’

Zeta: ‘That’s what I mean, but you’ll find out. I don’t know what the Father and Mother have in store for you. I can look into your future to a certain degree, we have a facility in the Celestials to do that, but I have refused to use it. I don’t want to know about your future any more than I already do. I don’t

want to inadvertently influence you any more than I am. I don't want to know because I don't want to interfere with any of our future experiences.'

Paul: 'Boy, it would be good to be able to know the future.'

Zeta: 'It might sound appealing to you now Paul, but I can tell you that it is the exact sort of thing you'll be healing. For example, why do you want to know your future? Why aren't you happy living for the present? What do you hope or expect to gain by knowing what's ahead of you? Ease some of your fears if you're forewarned? But then I would ask you as to why do you have these fears? Where have they come from and how are they making you feel? You see Paul; it all has to be healed so you can live life without any fear, with no anger, no bad feelings coming from your childhood repression. When you've healed all your repression and when you've got a positive mind, then if you feel bad, if something happens for example to make you feel angry, you'll be able to freely express your anger, you won't do things to prevent your expression of it. You won't deny it and so you'll actually enjoy it, it won't feel like a bad thing and you'll also be able to freely see the truth of why you are feeling angry and deal with whatever it is. Do you understand?'

'I sort of see' said Paul.

Zeta: 'Once you're underway, which will all happen naturally in your life, one thing will lead to another and the more you pray and long for the Love and want to see the truth, the more it will evolve and before you know it, you'll be into your healing. You will be given help. I can't tell you how, but you and Sasha won't be doing it all alone. It can be done by yourself, but usually help will be provided in many forms.'

Paul: 'Hmm... that at least sounds a little more reassuring. I don't know if I like the sound of this whole healing thing. It sounds rather scary. Like going into hell with no return, and having to keep going until it's all done.'

Zeta: 'I am not trying to give it to you as a nice thing. I don't want you or others who might read your story get the idea that it's a fun thing, that you soak up the Divine Love and miraculously all your fears vanish and all your troubles are taken care of, forgiven by our all loving and wonderful Father and Mother.'

'I want to convey the impression that it's hard and very real. Many spiritual groups and alternative healing practices, speak about their techniques in regards to healing your soul, or healing some aspect of you, but although some of these things might affect certain types of healing, really all they will be doing is band aide stuff compared to what you'll be doing during your soul-healing. Some of the techniques can be very helpful to push you into parts of yourself that you might be resistant to see. They might help you become more familiar with, and aware of, your bad feelings, and they might even help you see a little truth here and there, and they may touch on some of your childhood repression, but compared to what the Mother and Father will show you... well, there's just no comparison.'

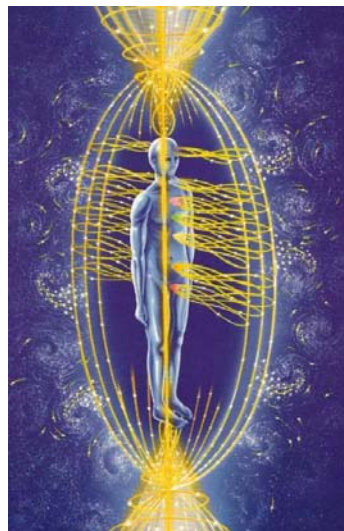
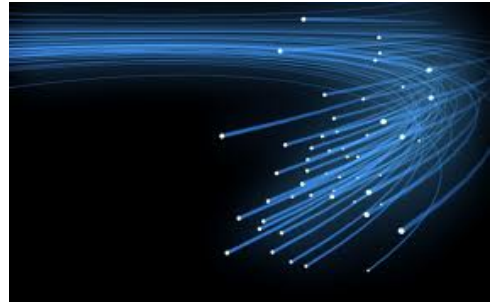
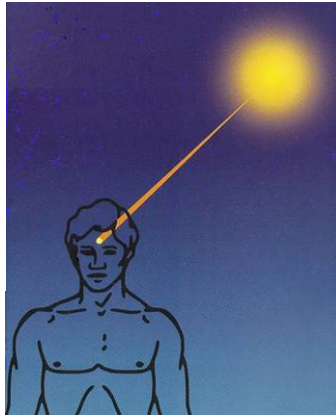
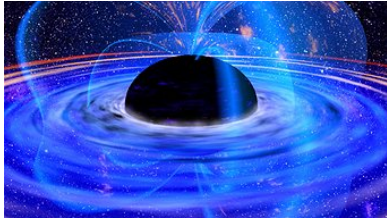
'When you do your soul-healing with the Divine Love of God, you are doing more than just healing yourself. You are setting out on your ascension, consciously taking it and your life into your own hands. You are setting out to make perfect, all of your relationships, with yourself, your soulmate, with all other people and creatures and the Mother and Father. It's a whole spiritual life you're embarking on. It's spirituality with Divine Love – *Divine Love Spirituality*. It will make you look into all the reasons why your relationships aren't working, as they should be, particularly the one with God and yourself.'



**CONNECTION with GOD:**

**Holy Spirit / the Spirit  
infusing Divine Love.**

**Progressive escalation of  
Divine Love flowing.**



‘Your mind has to become perfected, pure, not rebellious – positive. Your soul will release into your aura, as you progress through your healing, each next part for you to heal. So the next ‘batch’ of bad feelings will come back into your system, your soul bringing them forth to match the experiences it’s providing for you, all according to your soul-life-plan, all within your *Soul Light Print of Destiny*, your soul's pattern for life.

‘As I’ve said before, this truth has never been released to Earth. Even Jesus didn’t speak about it all. And so nothing that currently exists on Earth or in the mind Mansion Worlds is anything like it and nothing that currently exists can help you do all your soul-healing.

‘When you get back Paul, you’ll hear about all sorts of spiritual and healing systems and beliefs, all claiming to do what we’ve been speaking about. They will claim to help you to live true to yourself, to live God’s Will and to do your healing. But nothing is like what we’re speaking about. All of this other stuff is all just playing around in one's negative mind. It’s not what many think it is. Gurus are worshipped, religious leaders followed, many are getting messages from spirits – so called Ascended Masters and the like, but none of it is what I’m speaking about. None of it has anything to do with what I’ve been telling you over these past days. None of it!

Paul: ‘Ascended Masters?’

Zeta: ‘It’s all fantasy Paul don’t believe any of it. It’s all the fanciful workings of higher mind spirits in the Natural love Mansion Worlds, all wanting to big note themselves and pretend they are someone special.’

Zeta paused, having made her statements. She wanted this to sink into him because she knew that once he was back on Earth, surrounded by people saying all sorts of things, the chances of him getting confused and disheartened were very high. It was going to be hard enough for him and Sasha to slog their way through their own lives, longing for the truth and having to try and deal with their surfacing bad feelings. She considered for a moment, that they really have no idea about what they are getting themselves into. They were about to take a great leap of faith, to step out into the complete unknown and see what happens. She could see how it would be hard enough on an individual, but on them both, and whilst they are setting about trying to have something of a relationship together, even harder. And yet she knew also that they could do it and that they will need each other to do it. Everyone can do it, that’s how amazing the Mother and Father are. She knew no one would be denied the truth, if that is what they sincerely wanted, and sure, times would get rough in people’s lives, but what is rough? For many, life is one big continual seesaw of ups and downs, and at least while one is doing their soul-healing, they are knowing why the bad things that happen to them, do happen – all so as to keep stimulating more bad feelings to surface, so they can express more of their repression and find the truth of it. She said in her mind to herself, ‘What we all discover is, nothing that happens in our adult lives is as bad as what happened to us as young children – Nothing!’

Paul was quiet: thinking over what Zeta had said while concentrating on driving, they were nearly there. After a while Zeta continued. She thought she’d go over some of what she’d been saying, but from a different angle and a bit easier and not as intense.

Zeta: ‘Paul, as you grow in truth you will understand more about all the things happening in your life. We mature naturally, with your own Natural self-love, and quicker with the inclusion of Divine Love. Fear-driven motivations, in time, will no longer rule your life. You’ll gradually change, and your views of life change because of it. Suddenly you’ll simply see and decide that you don’t want to do something you’ve been doing. You might for example decide that you don’t want to watch the television (TV) anymore. You might um and ah about it for some time, watching and then not wanting to, but if it’s not

to be a part of your life, when the time's right, you'll just know it's time to give it up once and for all. You are still of course free to start watching it again, but really when the truth locks in and you've reached a level within you when you no longer need the TV, as a stand in for what you're lacking in your relationships, it will be gone. And gradually this will happen to all the things you have in your life that are there because you are not experiencing true love and communication in your relationships.

'All the things you do in your life, like watch TV, have sex, go out to restaurants, the movies, most of the conversations you have in person or on the phone, listen to music, drink, work; all the things you do, that you do because you are using them to escape your bad feelings, will eventually go. As you heal your denial, the reasons why you need to do these things, why you do them to deny yourself your true feelings and true relationships, will simply no longer exist. You might still want to have a drink for example, but the fear-based motivations behind your want, the underlying repressed bad feelings you're trying to keep covered up by drinking, will no longer be there and so your reasons for drinking, and how much and what you drink will change. You'll be amazed at what you end up giving up and what you don't need in your life.'

Paul: 'But Zeta, what will I do, if I give up all these things?'

Zeta: 'You'll do other things, like communicate truly with yourself, Sasha and God. You'll be living a whole new life.'

Paul: 'You can say that again!'

Zeta: 'Don't worry Paul, you'll feel so fulfilled by life, by your own feelings of you – 'this is *ME*, in my life' – that you won't even miss them!'

She paused again as they came to the cross roads marking the end of their journey. As they were early, Paul having driven much faster than what Zeta thought was to be a leisurely pace, she suggested they continue driving. Paul readily agreed feeling other questions coming into his mind and knowing that Harry's wouldn't be an appropriate place to ask them.

Paul: 'Zeta can you tell me more about our suppression and repression, I mean how it forms. I don't quite get it. How and what do our parents do to us, all that you say they do?'

Zeta: 'Yes, certainly Paul. As I said the other day, the difficulty everyone faces, is that it's something they are doing to their children, without much awareness of; not only what they're doing, but also of the devastating effects it's having on them. And it's not until you do your soul-healing that you'll be able to fully appreciate what was done to you and so, in potential, what you can or have done to your own children.'

'It happens simply because everyone on Earth is living in a negative mind state. As I said, this state of mind has been evolved over hundreds of thousands of years, being passed from one generation to the next. Over this time, mankind has evolved its negative rebellious state to the extent of being equal to seven Mansion Worlds of denial. And that just about covers everything.'

'Now what this means is that, let's take your parents for example, they meet each other and decide to marry. Now already you have to understand that they are not living true to themselves. They are rebelling against themselves, God, everything. No matter what they might think or believe about themselves, about their relationships with their parents, and each other, and no matter how loving they believe they are, or how in love with each other they feel they are, they're still two negatively minded

people uniting together. And as you might remember from your early maths two negatives coming together make another negative, you.

‘As to how this actually happens, the inner dynamics of the mind, I don’t know. I understand, from what I’ve been told, that as I ascend higher through Mary and Jesus’ universe, I will get more of an understanding about such technicalities, however I do know it happens because I’m the result, as were my parents, and their parents, and we’ve all done our soul-healing. And the incredible part is, as we all did our healing, all at different times, we’ve been able to see our individual negative influences and also the parts that have been evolved and handed down through each generation.

‘My mother and father, and in particular my mother, as mothers – being usually much closer and directly influential on their children during their mind forming years – found it very difficult to accept that she had done so much damage to me. But the further she and my father went in their healing it all became increasingly obvious, and damage it is.

‘The hardest part I found, as I said the other day, is having to accept that your parents, who you believed loved you, did all these bad things to you, although without being aware of what they were doing. They believed they were doing the right thing, everyone in their day was parenting how they were, and how they treated us children was mostly: the child was to be seen but not heard. It was all so impersonal and detached, and thought to be the right way without having any bad effects on the child. However, if you stop and look into their relationship with me, what was really going on? And even though I tried to change things with my own children, by trying to be more open minded and accepting of them, by letting them be seen and heard, I still inflicted a huge amount of denial and hurt on them and taught them how to repress their feelings.

Paul: ‘Zeta, how come you don’t look as old as you sound? I mean you’ve been dead for some time, right, had children and a full life on Earth, but you don’t look very old, I’d say roughly in your mid thirties?’

Zeta: ‘Roughly... As spirits, we are ageless, so we adopt whatever age we want to look like and mostly that’s on the younger side of a mature adult. But getting back to what I was saying...

‘We had a nanny and a household full of staff. We saw our parents at meal times and occasionally our mother would come into the nursery. When we saw our parents, they were so kind and friendly and wanting to know all about what we’d been doing, we were always excited to see them, looking forward to our time with them. And then, on the extra special days when we were called to their rooms, or when we all went away on holidays, we were very excited.

‘I grew up with very fond feelings and memories of my parents, but I loved Nanny more. Nanny was always with me and always let me do what I wanted. I was not so controlled with her as in the rest of my life.

‘So when it came time for me to do my healing, I thought I had a good relationship with my parents. As I told you, I was particularly close to them, by working in the business, and thought I loved them very much. But what was this love really based on? What really were my true feelings about them during all my days with them, and what were my feelings about them as two people – my parents? How did they really make me feel?

‘My healing revealed to me, that the love I thought I had for them, wasn’t so loving as I wanted it to be. I actually had a mass of hatred for them, for treating me as they did, for being so aloof, for not wanting to be in my life every moment and worst of all, for not wanting me in their lives every moment. I was



their child and they left me with a stranger, Nanny, and although she loved me and looked after me, I was not her child. There was no way around it or no excuse, I was livid with rage at feelings of so often being rejected, so many times I wanted to rush and be with them when I was small, having done a drawing, I wanted to show them or just to be with them, but I was forbidden, I had to be obedient and learn good manners and do as they said.

‘I wasn’t really a child; I was more like a pet. I was brought into see them to amuse them, so they could see ‘what progress’ I had made. I was presented to them, as if they were the king and queen and was deigning to allow the common folk to speak to them, me their very own child.

‘The further I went in my healing – the deeper into myself – the more false my relationship with them became. The more I could see how they didn’t actually love me. They loved the fantasy, the picture of being successful in society and with respectful, obedient, and ‘correct’ children fitting the right picture. They didn’t know me, nor I know them, even after all those years of working with them. I worked with them, so I discovered through my bad feelings, only because I believed it would make them favour me, make them give more attention to me, I wanted to get the love I was still so desperately craving from them.

‘As my whole-truth picture unfolded, I began to see what a sham my relationship with them was, and consequently, how I’d accepted it all as being right, and that was what life was all about. I never felt bad, or so I believed, having done such a good job on myself repressing any bad feelings. I never thought to question anything they said. They were gods and I obeyed. And I believed that we all lived very happily together in life. I believed my parents had a very close and loving relationship, and even in spirit, when I met them both, and saw that they’d gone very separate ways, each with new partners, I still thought their relationship on Earth, at least what they had with me was good and right and true. But it wasn’t. They lived most of their married lives in a heightened state of pretence and delusional fantasy. It was like they were on the stage, actors in what was called the play of life. And they carried out their roles of the happy dutiful loving couple right to the end, then, when the play ended, they both quickly took on a new role in another play.

‘I came to realise that I’d strategically clung on to what I believed were the good times, when they wanted me and loved me, and edited all the rest of the bad times. It was bad manners to express, to show any bad feelings – any bad feelings at all, and you never said no to your parents; that was simply unheard of. I swallowed the denial, hook line and sinker, and would never have guessed anything was wrong, passing it all on to my own children, had it not been for meeting my grandmother over here in spirit, and following her into a life with the Divine Love. Then, as I started to see the truth, what really was the truth of the relationship with my parents, everything started to unravel.

‘And although my Earth life was more unusual, I had something of a privileged life, the majority not having nannies and servants, still, from what I’ve seen, it doesn’t matter. Both of my parents could have been with me twenty-four hours a day, from conception until I left home and still not loved me, as I wanted to be loved.

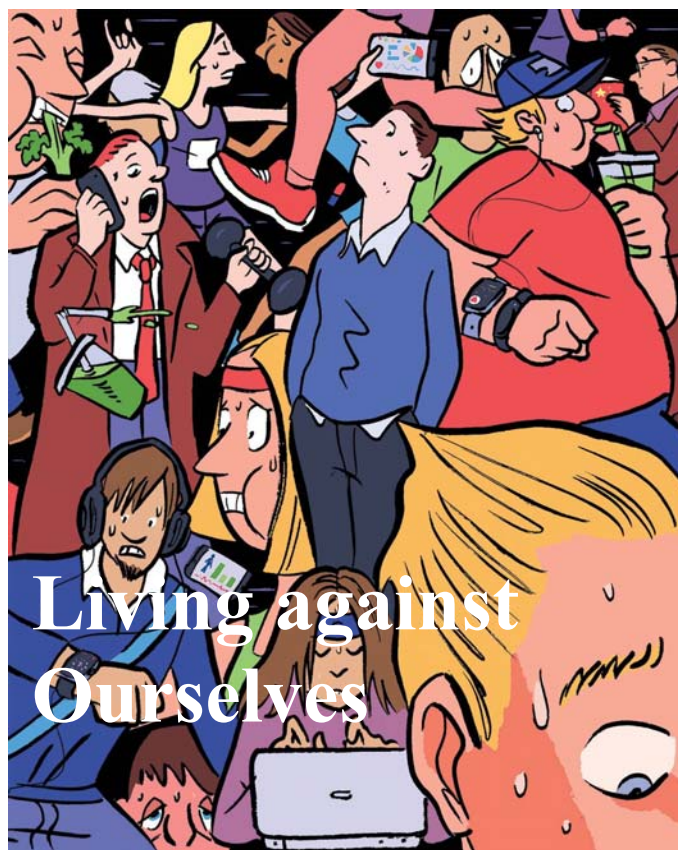
‘You see Paul, it all comes down or back to being loved. And being loved, how your soul, you, needs to be loved. We all have very specific love needs, and they are present right from the start. And if your parents don’t attend to them, which they can’t do whilst they are of a negative mind state, for they can only deny them, then you too are going to get denied the love your soul needs. And we don’t know what love our soul needs. When we are small, we are not aware of it, and being a parent you can’t learn from the ‘how to love and parent your child properly’ book, what your child’s soul needs. There is no formula, only truth.

**‘We pass on the truth that we are.** If we are of no truth, that is what we pass on to our children and they become as we are. If we are of one Mansion World of truth we pass that on. If we are of four Mansion Worlds we pass that on, and if we are of Celestial truth we’d naturally parent our children according to our Celestial truth, we’d simply be with them, relating to them and loving them on that level of truth and it would be perfect for them, fulfilling *all* their soul needs. The perfect human parents will be of Celestial truth and that is one of the goals of human evolution. One day the perfect, positive-minded, denial free, and fully loved child will be born on Earth – one day. And born to perfectly loving Celestial parents of flesh.

‘People wonder whether they should hit their child or not, punish it when it’s disobeyed, but wait until they do their soul-healing and see how it felt for them when their parents punished them for ‘disobeying’. And, what is being disobedient? It’s only doing something someone else dislikes. Our parents enforce rules based on their parenting and the current trends of society and they force their children to obey, to fit in and follow the rules. And then if society suddenly changes and says, smacking is out, but doing other deprivation things are okay as punishment, then it all moves that way, but always with the parent in control. The parent, so we believe, is NEVER wrong. And the child is *always* wrong. And the truth is that parents are acting as if they are like God, but they are *not* like God, who are our Parents in Heaven, our Soul Mother and Father, and Who are PERFECT, and of PERFECT LOVE, and are PERFECTLY LOVING. No, they are behaving like god, this fictitious god we’ve made up, the god that needs to be obeyed or else. And we carry that on into the Church, and the Church reinforces it for parents by worshipping that false god: the all-powerful one, that must always be obeyed or else you will get severely punished. The god of the bible punishes, and is NOT our true Heavenly Mother and Father. Our parents punish us, they lay down laws, which are completely arbitrary and only based on what they believe to be right; and yet where are they getting this belief from – a negative rebellious, unloving, God hating mind! Not from what their feelings know as being the truth.

‘Can you see how absurd it is, how terrible the delusion we’re all living under really is? We are all completely living against ourselves, and all that is truth, perfection, beautiful, loving, and good. We put on a big show of pretence, we believe, we tell and convince ourselves that how we live and what we know is not evil and sinful and is not hurting and denying our child’s own free expression, and is instead, good, and right and all loving. But we are completely false! We are completely living in the darkness, so far away from ourselves that we no longer have any idea of what is the right way up. It’s all insane. And nothing really ever changes or gets any better because we refuse to see the truth.

‘The whole key to your soul repression is to look at how you really were treated by your parents and to see if they denied your ability to express how you felt. For example if you said ‘no’, and you were then punished and told ‘no’ is not the correct answer, then you have been severely denied. If you wanted to show your pain and distress by crying and they said ‘no’, we’ve had enough crying, or we’re not going to tolerate a crying baby and did things that make you stop, no matter how inconsequential they might have thought they



were, like giving you some food to distract you from your bad feeling, then they have interfered and changed the natural way your soul wanted to express itself, and on some level have caused a trauma within you.

‘People have tried to experiment with trying to give their children complete freedom by even trying to never say ‘no’ to them, but what they still fail to understand, is that it doesn’t matter what they are doing to them. Sure they might not be as harsh on their child as another, but still they are of a complete negative mind, and so are still passing onto their child all forms of control, all resulting in repression and the child being denied the real freedom to express its true self.

‘If a child, at any stage of its life, is not allowed to express itself freely, then it suffers terribly. Look at people who are made to suffer certain forms of torture, look at the terrible suffering and pain they feel from such unlovingness. Look at the trauma they quickly experience. It doesn’t take much to destroy a person’s faith in them self. And yet we are torturing our children all day and night long, but instead, in most cases, the child doesn’t crumble into a wreck of a person, and so we fail to see our negative and bad impact on them because they are still in their growth phase of mind. Their minds each day are having new circuits brought forward



into being by their souls, and so it seems like the child has an incredible durability. It is able to weather the crunches, take all the punishment and only seemingly in very extreme cases does it show any real disturbance. However this is not true, it’s not what’s going on, on the outside that matters. It’s all about what’s going on, on the inside, and all the punishment and denial and unlovingness a child takes is retained within its soul. Just because your child seems to get over its tantrum and seems to get on with life as if nothing’s happened, doesn’t mean that it’s happy, and what it does mean is that it’s had to repress that emerging part of itself, bury it and all those bad feelings away in its soul. And there they will remain until you want it to all come out during your soul-healing.

‘But not all of it stays there dormant and some of it is always seeking to express itself, and that’s why you get sick, why things go wrong in your life, why people have problems. All disease and illness no matter whether it’s physical, emotionally, mental or spiritual is all, whilst you are of the negative mind state, brought about because of repressed childhood feelings – ALL OF IT!’

‘Sure the doctor might be able to detect a microbe under the microscope and deduce that you’ve caught an infection, but really the question to be asked is:

- Why have you ‘caught’ it?
- Why has it come to you?
- Why has your body allowed it to have power over you, and whom does it represent from your early childhood?
- Who in your early childhood treated you, as the infection is – who did have the power over you?
- And why do you want it?

- What experience is it giving you?
- What truth are you to get from the experience?
- What's wrong on deeper inner levels to make this problem show up on the outside in your physical?
- Why are you in such an extreme state of spiritual denial that you are having to call upon nature, a physical organism, to come and help show you what a bad state your mind is in by making you get sick?

Paul: 'Hey now that's a big one to get your mind around!'

Zeta: 'Yeah, I thought you'd like that, but it's true. Humanity has still no real idea why it gets sick. And why anyone does, is all because of their childhood suppression and repression, all about what was done to them back, so many years ago, when they were very young. Why someone is dying of cancer now at seventy years of age, is because of things that happened to that person from conception through to about the age of five or six, up until their minds are fully formed, fully incircuited in the mind circuits of the Divine Minister, signalled by the arrival of their Indwelling Spirit of God (usually at the age of six years).

Paul: 'Wow, when you explain it all Zeta, it all seems clear. It's a huge thing isn't it? I'm beginning to understand that there's a lot more to this spiritual life with the Father and Mother than meets the eye.'

Zeta: 'There is Paul, much more. Humanity is yet to understand the severity of the state it's living in, and how ingrained in it you all are. As people start to see the truth of their childhood suppression and repression and come to grips with their denial states, then they will begin to see how all those things about life that have, for so many generations not been explainable, are all a result of the rebellion they are living in.



'It's hard to come to terms with the truth that you're fighting against yourself because your parents fought against you, and yet for many people and spirits they've been in a battle against themselves and their parents ever since the first moment of their relationship with them. And the fight has been going on ever since. Most parents will tell you that their child fought them and the only way to win, to maintain control, was to overpower them. It's as if we see the child as an evil monster that needs to be disciplined, trained, and restrained, brought under the yoke so as to not misbehave and run amuck. We fight our children instead of loving them and we make them do what they don't want to do, and we tell them that it's good for them and we're only doing it because we love them. There's so many mixed messages given to the child and when you come to work through them all during your healing they'll nearly drive you mad.

'Our relationships with ourselves and each other are of a madness. We have no idea about what's really going on. Most of us feel trapped and even if some don't now, feeling in control of their lives, wait until







they do their healing. Trapped in the will and rules of someone else, not at all free to be your own spirit and to live and express yourself in life how you feel and want to.

‘Our so-called advanced civilisation is only more adept at covering over all our pain and denial. We’ve learnt how to behave in such ways so as to pretend we are all loving life and having a jolly old time, when really underneath we hate it and are suffering horribly. We are all completely false.

‘When we are young and seemingly healthy, old age and even death seem like they don’t exist and we strut about, paint and decorate ourselves, use all the right airs and graces and play the nice game of pretend, be false, smile, and don’t dare look at your bad feelings or anyone else’s. We have been so severely corrupted that the corruption of our mind and soul we now believe is the right way to live. Look at how many people believe in the rubbish the Church teaches, all the untruth contained in the Bible.



As you might be aware Paul, more material is becoming available to show up the pretence, power and control the Church maintains, and how really it has very little to do with Jesus or what he taught and his relationship with the Father. (Each of the parties accredited with a book in the Bible have written about each of the major errors, omissions and added the truth – this is now published – [www.pascashealth.com](http://www.pascashealth.com) Library Download and then scroll down to Medical – Soul Condition & Health.)

-  [Bible New Testament Matthew Peshitta Lamsa.pdf](#)
-  [Bible New Testament Revelation Mary Magdalene.pdf](#)
-  [Bible New Testament Review - Part I.pdf](#)
-  [Bible New Testament Review - Part II.pdf](#)

And yet people who believe in it will fight till the death to defend it, they won’t give it up and see it for what it really is, and why? All because they are too scared to disobey it, to disobey their parents. They are too afraid to say ‘no’, to look past the superficial exterior; they don’t want to have to face the truth that things are not right in their life, in the Church, in their homes, in their families, and in their own relationships with their parents and children. They don’t want to face the truth that they feel bad, that things aren’t right. They don’t want to feel bad no matter what. And to have to admit they were unloved by their parents, or are themselves unloving parents, would be the end of the world, something only the devil (Caligastia) or Satan might dare accuse them of. They don’t want to have to confront their parents and say ‘NO’. They are too afraid to displease their parents, too afraid of being punished and made to feel rejected, unwanted and unloved. They don’t want to cause more of those dreaded unwanted bad feelings. They have to obey and keep the peace at all cost.

‘What I am telling you about will scare a lot of people, they will feel they are being presented with the undoing of all they know, devastation, and in a kind of a way they are, and it’s called the TRUTH.

‘But things must move on. Humanity can’t remain dead to its own pain and misery. It has to start taking responsibility for its own actions, and that begins with each person and what they are really feeling in each and every moment.

‘Many believe that the crossing of ages will usher in an age of love, of emotional peace and harmony, that somehow the hard masculine dominating material drive will give way to the softer more peaceful, balanced and more accepting feminine way. But I can tell you, that the feminine, if it chooses to really get hold of this new truth, will bring out its hidden sword and start to cut great swaths off the rotten decaying denial. It will want death to the Rebellion, death to the real evil monster, and it’s currently rising up to claim what’s rightfully its. And the masculine, if it has any sense at all, which I doubt while it’s in the negative, had better beware. When women take it fully upon themselves as mothers to openly accept that they don’t know how to do it, how to be the parent, and start to express all their bad feelings about it, and accept and realise that at the same time it’s okay, and all they have to do is want to live true and strive to do so, a whole new attitude, the world over, will evolve, it will be like spring has come, having lain dormant for far too long, suddenly starting to open out in all its glory.

‘When women finally start to say ‘NO’, and stop trying to compete with men and pretend they are liberated, when they finally start to say ‘NO’ to the untruth, particularly within themselves, and understand that they should honour their bad feelings, ALL of their bad feelings, and ALL of the time no matter what the cost, relationships will start to change. Then women will get a taste of what it’s like to live according to their own truth and then they’ll begin to have some idea about what being truly liberated is all about.

Paul: ‘I must say it does sound exciting Zeta. I have no idea what you’re speaking about but it sounds like humanity is in for a big change.’

Zeta: ‘And not before too long Paul.’

Paul: ‘Well, if you’re something of what a truly liberated woman is like Zeta, I’m all for it.’

Zeta: ‘Yes, it will be very exciting on Earth when people begin to realise that it’s the truth that needs to be set free, that it’s currently being repressed, and by setting it free they will be free. The truth will set you free, by you setting it free within yourself. And you can ONLY achieve this, as I’ve said, and will say time and time again, by honouring ALL your feelings good and bad – especially the bad ones. They are, after all, still a part of you. And they – you – need to be loved. Bringing up and expressing your bad feelings allows them to be real, shows they exist, and gives them a say, and seeking the truth of them – why you have them, is loving them, is truly loving, honouring and fully respecting these parts of yourself – YOU.’



Zeta paused again, re-focusing on her thoughts and calming her light down. It does feel good to be able to really speak about what you feel. She remembered how many times she’d said such things toward the end of her healing when the bigger pictures were all beginning to take shape within her. The picture about her own personal drama and all that she’d healed and how this all directly related to the Earth in general. All of the Celestials that were going to have something to do with this most remarkable time on Earth were looking forward to it. None, of course, knew how things on Earth would go and how long it would take to heat up, but all knew that if people on Earth could do their healing, and feel and see, what

they now saw and felt, they wouldn't be able to stand around and allow the negative status quo to exist any longer. They might not get out into the streets, declaring an end to it all, but in their own lives they would know the truth and fully live it, they would not be compromised and that would be enough.

They had driven far enough and Paul had turned around, heading back to Harry's. It had been a good drive, she'd thoroughly enjoyed herself and Paul seemed to still be taking it all in his stride. He wasn't too worried about the rise of the feminine, if anything it seemed he was excited by it and absolutely agreed that it needed to happen for the sanity of life on Earth.

## EMBRACE THE TRUTH

She paused and redirected her mind to her soul-group (12 soulmate pairs, 24 personalities make up a soulgroup). She could see them all sitting around in the room from which they were helping her with Paul. Mentally she asked them if there was anything else that she should speak about. She couldn't remember all of what she'd told him and it was so helpful having such caring back up. It wasn't all up to her. She waited. Paul was silent and she could perceive his thoughts mulling over what she'd been saying. She knew that her soul-group would all be tuned directly into his mind able to see how he was taking everything and what affect it was having on his feelings and general state of mind. She waited some more... then began again.

She paused and redirected her mind to her soul-group (12 soulmate pairs, 24 personalities make up a soulgroup). She could see them all sitting around in the room from which they were helping her with Paul. Mentally she asked them if there was anything else that she should

Zeta: 'Perhaps the hardest part to get your mind around Paul, that is, to accept, is that what you've been told, taught and made to live by your parents is not true, it's not actually right. Most people are parented to fit in with society so they can achieve what they want, even be successful, make their way, their parents' way, have their own family and you know how it goes. And so when they grow up and go out into the world and discover they can make their way, they believe naturally, that their way, the world's way, is correct. And how else could it be? And if anything comes along to disturb that way, they don't like it. They might even resist the change, preferring things to stay as they are, because they know how to play that game, they are happy with their lot, and the power it gives them and that's life. So for such people, who within their negative mind state are generally happy, to be asked to accept that their life is all wrong... well it's a big ask. Why would they believe it? Why would they want to change? And unless something happens to them to shock them out of their cosy little existence, once they firmly believe is right and good, they won't change.

'So many people, particularly in the West, don't want to change, if life is being 'good' to them, if anything, they want more of how it is, so it will be even 'better'. However what they fail to see, is that this 'good' and 'better' are only based on relativities, they look about and see others who are in not such good shape and thank god they are not in their position and put their head down to work all the harder at keeping themselves away from such potential disaster. But it's all skating on thin ice and the thaw is



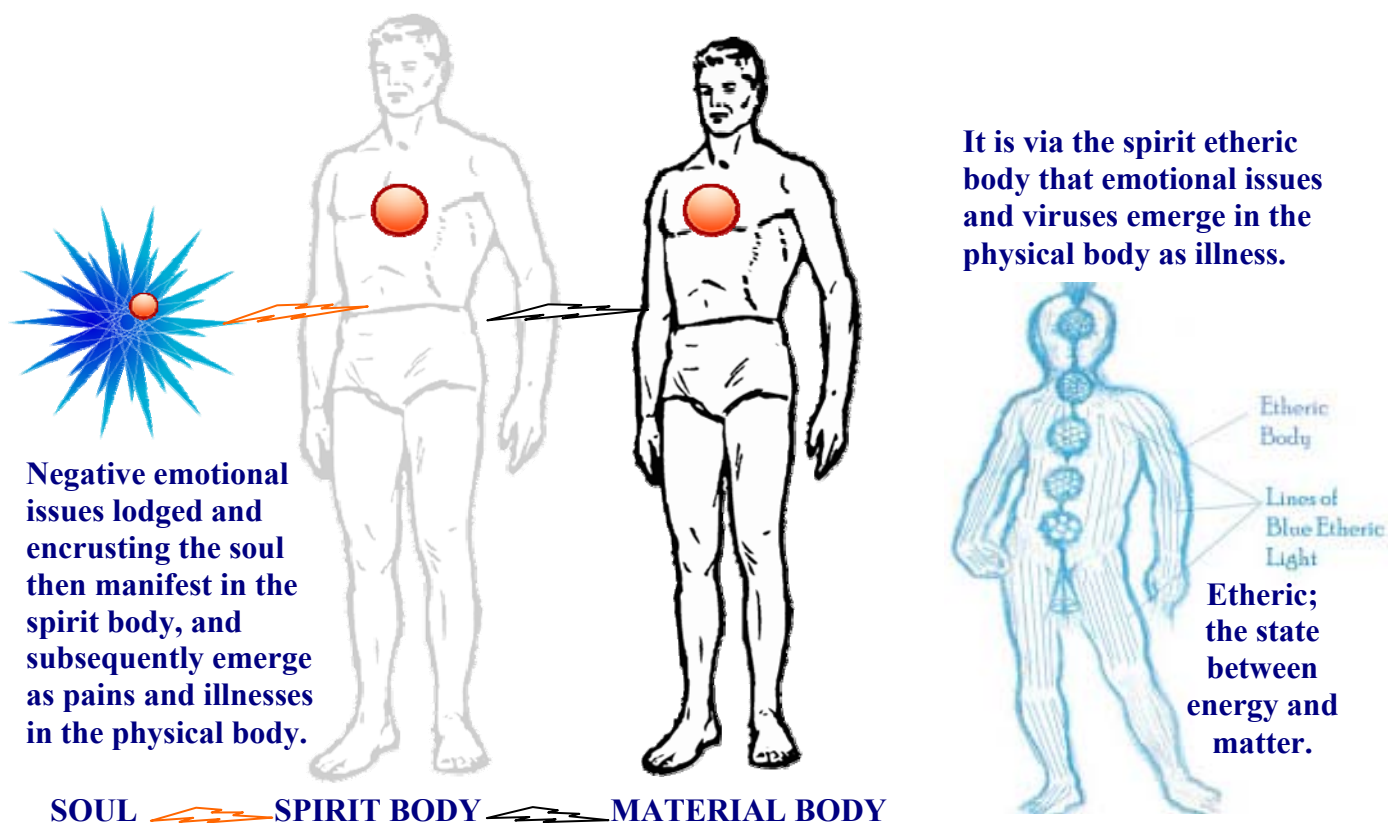
coming, global warming is a reality in a spiritual sense. New truth is on its way to you, it's already got its foot in the door and so, in the biggest picture, the beginning of the end has begun. Jesus' truth has been accepted, you can all thank Mr James Padgett for that (Padgett Messages 1914-1923), the new truth

is underway, being received by humanity, and this time it can't be simply strung up, crucified, and got rid of (Avonal Pair). That is not going to happen. This time everyone is going to have to deal with it. They might be able to put off the confrontation for their Earth life and even well into their spirit life, but in time, the negative and whole Rebellion is going to end. This will take more than one planetary age, but what you might consider a long time, is not so for the real Powers that Be. (The coming Avonal Age is of 1,000 years.)

'In tens of thousands of years to come, people will look back and the gap of two thousand years between Jesus' life on Earth and his re-revealing of the truth will close up. It will seem like it all happened at once, and in reality it is. And as people embrace this truth now, they too will be helping to close the gap. And eventually all trace of the Rebellion will be ironed out of humanity altogether. Of course, a part of its texture will be ingrained forever, however, people will be able to live without it in their lives and without it playing a direct role. They will be able to completely heal themselves and this is very important to know. Because when you are doing your soul-healing, and are deep in your pain and misery and feel like you're about to perish, it will be the knowledge that it can all be healed, and that the Father and Mother and your very own soul are guiding you through it, orchestrating each little bit, that will give you faith to just keep on trying to express your bad feelings and see what happens.

'You will just have to keep going, keep on expressing, longing to see the truth and longing for the Love. And eventually one day, everyone on Earth will be of Celestial truth. One Great Day.

They had arrived and were driving up Harry and Marjorie's driveway, trying not to run over their very excited and happy-to-see-any-visitor dog. Up ahead, Marj and Harry, who looked years younger, were standing waving.





**SPIRITUAL HEALING:**

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



IT IS NOT THIS WAY



IT IS THIS WAY

Our Spirit Friends on duty



# NEW FEELINGS WAY



**Finding the Truth of Our Childhood  
Through our Feelings**



**The New Feelings Way  
Feelings First Spirituality  
Our Feelings express the Truth of our Personality**



### **DIVINE LOVE without embracing FEELING HEALING:**

Once you receive the Divine Love throughout any stage in your healing, it's as if you can't go back on yourself, even should you want to stop doing your healing and return to your former life. Your progress, is, if you like, 'locked in'.

And what about for those people longing for the Love and not doing their healing?

They are merely receiving and so accumulating the Love for when they do start their healing and start to grow consciously in truth. When one consciously embraces using one's feelings to uncover the truth of oneself, and so begins one's healing process, then one is fully consciously growing in truth, which is a vastly different way of being than just doing a bit of healing and uncovering a bit of truth by default, without really knowing what you're doing, so without your will fully engaged and focused in the healing truth-seeking process. And such people can have experiences and a small awareness that they are growing in truth, but nothing compared to what they will experience when they are doing their healing through their ongoing feeling acceptance. That is a whole different level of life. And that is 'real' or true soul growth of truth. That is fully embracing your ascension of truth to Paradise, whereas doing a little bit of healing through self-examination or some form of therapy or spiritual work, which may even come about as a result of consciously longing for the Divine Love, is not anything like embracing 'Feeling Healing'.

Feeling Healing is living allowing your feelings to lead and guide you in your growth of truth, it being how one is meant to live. And it's evolving yourself out of the evilness and anti-truth that you're in. It's a completely different way of life, and one that as yet hasn't been embraced on Earth. The Feeling Healing brings about inner changes in your personality structure of mind, will and feelings that come from your soul, so you as a whole person do change as you progress in your healing. Changing to reflect the growing truth that you are. And so when you partake of the Divine Love, inner changes do occur, more in keeping with what Jesus told James Padgett, but only and all because you are doing your healing, which means, you are striving to live true to yourself.

All those people who are still receiving the Divine Love or believing they are growing in truth, and are not doing their healing, are not having the same relationship with the Mother and Father as those people doing their Feeling Healing are, as they are still only wanting to further their rebellious mind and will, which of course they can do. So such people can currently receive the Divine Love, but it won't affect their soul until they do their Soul-Healing. So the Divine Love lies sort of dormant within their soul, waiting for that time. So one's relationship with the Divine Love and givers of such Love, is different to those people. And it's vastly different for those people doing their Feeling Healing, because they are wanting to end their evilness by becoming true to it, whereas for those people not embracing Feeling Healing, they are still wanting to further it by living increasingly untrue to themselves. And so you can't compare the two ways of being.

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**



## **FEELING HEALING and the EFFECTIVENESS of EMOTIONAL PROCESSING:**

Hi James and Nanna Beth (questions in blue by John)

Thursday, 13 July 2017

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one that initially focuses on Healing oneself of all one's wrongness.

John: Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

**John:** Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

**John:** Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's

not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

**Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**



**DR DAVID R HAWKINS – Psychiatrist / Kinesiology – ENDORSEMENT** 28 September, 2017

John: Hi Guys / James

Kevin (John's brother-in-law) died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived in the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that follow are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are.

This one document answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born 3 June 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*. I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Saturday, 5 August 2017: Nanna Beth: David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won't be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good thing Kev and Kath.

Cheers John

Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such



‘happenings’, that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock having to face the fact and realise that few people truly understood what I was teaching, taking my work and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my ‘earthly followers’ was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you’d have had an even greater understanding and appreciation of my work, however you accept it as is and haven’t corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I’d ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the ‘Ways of the Divine Love’. I still have a lot more to understand, this is true, and as it’s so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,  
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he’s wanting to speak to me!)

Dear James and John

It is so wonderful that through your working together it has enabled Dr David Hawkins to now be in the Divine Love Worlds, you have both helped him find his way, amazing. I only knew of Dr David Hawkins through reading the PASCAS Papers but was not drawn to much of his work. I am very happy for him and the way it has all come about, he is now truly on his way and that makes me so happy for him. He will be helped by Celestials such as Kathaleen and Kevin so will be in the best company for his progression to paradise.

To be ‘used’ so fully by Mind Spirits, to create all he did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my

experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

All you both write gives me so much to feel...

Many thanks  
Sam x (from England)

I (Sam) bought '*Letting Go – the Pathway of Surrender*' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins' work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

### CONCLUSION:

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is THE ONLY WAY! The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into our injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

**Feeling  
Healing with  
Divine Love is  
the key!**



**The New Way: Learning how to live true to ourselves by living true to our feelings.**

**With Dr. DAVID R HAWKINS – ENDORSEMENT  
FEELING HEALING**

Monday, 2 October 2017

James: Dr –

Dr. Hawkins: Please James, before we begin, please call me David.

James: David, having spoken to John Doel about you after you wrote to me the other day, I want to ask you if you'd mind speaking more with me. John was very pleased to hear from you, he holds you in very high esteem, feeling very humble that you should trouble yourself taking any notice of him. He said he loved all you wrote and has recommended your books to about five hundred people. And now for you to understand that you were severely restricted in all you did because of looking to your mind instead of just purely wanting your feelings to lead you, that being such a marked change in you, and something that greatly cheers John, knowing that if you can do it, such a man of high standing in the eyes of the worlds, and one who had such incredible healing success, then perhaps others might listen to you and be able to also embrace working more with their feelings.

David: I would certainly like to think they do James. And you are correct in that, as John was saying to you, I was knocking on the feelings-door, it was right there staring me in the face, yet because of my mind, I didn't see it. I couldn't let go, I didn't want to go as deep into myself, as I now understand the Feeling Healing will take someone. I didn't want to see the whole truth of myself. I didn't want it to rip me apart, for that is what I was unconsciously scared of happening, that it would mean I would have to stop being how I was, that I'd be shown up for being a fraud or a charlatan in some way, so I had to keep adhering to the tenets and beliefs of my mind. This being something of my mistake and what I'm only now waking up to.

I know you don't know anything about me James or what work I did, that you've not read any of my books. And that John introduced you to my existence and my Map of Consciousness (MoC), speaking highly of it, which I thank him for. And I understand that there is far more to what I was being shown, which I could sense was there in the ether so to speak, yet which I was unable to grasp when on Earth.

And now, having woken up to the importance of one's feelings, to grasp the simplicity of it, that our feelings are the way into our heart and soul, the way for us to uncover the truth of ourselves, the way for us to come to terms with all that happened between ourselves and our parents, the way for us to heal all the deeply buried traumatic causes of all our problems... well it's simply too astounding for words!

And I can see John's excitement with what you are revealing. Essentially, anything, from regular mainstream medical help, to psychology, psychiatry, and including all the alternative healing modalities, can benefit from the inclusion of what you call your Feeling Healing.

I just can't believe how obvious it was. I can't believe how I and so many others missed it. It just makes so much sense. As Alice Miller helped us see, we are parented by dysfunctional parents, and because of that, we felt unloved and in pain from masses of bad feelings. And because our parents didn't allow us to express all those bad feelings as we were having them, so we suppressed and then repressed them. And within us they stayed, together with all the psychological and behavioural negative patterns we developed through our childhood, bringing the whole lot with us into our adult lives, and not having the foggiest that such inner conflicts were all simply to do with our early relationships and how they caused us to limit our relationship with our own feelings. All the denial of our feeling-expression.

And then to add to that, that our feelings are the key, or way, to the truth of ourselves, well that was a big eye-opener for me. And it's so true! I don't know how I missed that. I sort of understood it, but never put it together like you have in revealing the understanding about the Feeling Healing.

And again, that we have to long hard and really want to know the whole truth of ourselves, and that by looking to our feelings, they will lead us to that truth. It's phenomenal, and so simple, and that's the whole beauty of it, that anyone can do it, should they want to.

And that then brings us to the most difficult part of it – do you want to delve that deep into yourself, having to bring to light all your pain and suffering, all those terribly traumatic bad feelings? And I think that is something we all have to get to at some point. Because as you understand, there is no avoiding it, it's all there inside us waiting for us to do and bring it out. We all have to do our Feeling Healing at some point, because if we don't, we'll never be free of our childhood pain and all those dreaded repressed feelings.

I feel like I'm a young child starting over again. I have put all I understand and all I did on Earth on the fence for the time being. I am soaking up this new truth about the Feeling Healing and longing for the Divine Love and understanding all that does to one's soul, and what you call your Soul Healing with the Divine Love. It is fascinating, it is extraordinary, and I strongly suggest anyone who has the slightest inclination to work on themselves to look closely at it.

And if John can make such information more readily available, like he intends doing, well good for you John, I only wish I understood it back on Earth. But as soon as I say that, I know I would have rejected it, I wasn't ready for it, I had to work with my mind controlling healing techniques developing them as far as I could. Because I needed to understand just how far one could take working with the mind affecting 'healing', seeing miracles happen, and believing that was what it was all about. And yet now coming to understand that was still only readjusting the surface results of the deeper underlying traumatic causes. It was only at best a 'partial' healing. And even though so many people were able to get on and continue living a happier life without any reoccurrence of their previous trouble, it wasn't themselves coming to terms with the real truth of why they were ill and how it all resulted from their ill relationships with their parents.

So I have to confess that really I have no idea about what 'real healing' is. As I told you when we first spoke, I have only recently moved out of the mind Mansion Worlds into the first sector of the first Divine Love Healing Mansion Worlds, as you call them. So it's all new to me, I'm still **reeling** as to the enormity of it, that this other whole different way of looking at ourselves, of living, and of healing ourselves, even exists. And that so many spirits are doing it over here, and have completed their Healing, whereas on Earth it's virtually unknown.

And that it will become so known on Earth in time, because **it is the only way people can seriously heal themselves**. My mind boggles at the enormity of it all. I wish I were back there working with John, to be able to help introduce such an incredible way of looking at oneself, and to finally understand that it is doing the real healing one needs to do, and not just a bandaid patch up job like I was doing.



Oh, I am so in awe of this Feeling Healing process. I longed to God for the Divine Love the other day and actually felt God loving me, I felt the Divine Love flowing into my soul, it was magnificent! And then to understand that all I now have to do is keep paying attention to my feelings, looking to express them, whilst longing for the truth of them. And that is how I will live my spiritual ascent, and at the same time completely heal myself of all my trauma and everything that afflicts me.



I did a lot of healing on myself whilst on Earth. I went through a lot of extreme and intense illnesses of which I 'cured' myself of. But now I see it was all still just dealing with the results and not directly with my causes. I touched on many of those causes, and I understand all that work will help me a lot in my Feeling Healing; however, compared to the simplicity of simply submitting to my feelings and looking to them to show me the truth of myself, I still can't get over it!

So thank you James for again giving me this time to speak with you. And should John want to speak more to me I would be delighted to do so through you James, if that's all right with you. I understand my lower vibration is rather taxing for you to have to deal with, however if you can deal with that, then I would like to place myself at John's disposal. So John, if you can use me in any way, please ask me and I will see what I can do from this side. I am just starting with my Feeling Healing and already some very intense feelings have started surfacing, and I'm told in a couple of weeks of your time I'll be moving into the third Divine Love Healing Mansion World; but if I can, I would love to be somehow more involved in all you are doing with Pascas Foundation and Pascas WorldCare, and everything else you want to do.

Anyway, I will end now James. Please feel free to call upon me anytime should you want to. And I'll see what I can do.

Yours truly,

Dr. David Hawkins.



**Finding the right key!**

feelings  
New way

**Dr DAVID HAWKINS fully ENDORSES FEELING HEALING**

Tuesday, 3 October 2017

James: David, it's me again, sorry to bother you – can you spare a moment more and speak with me again?

David Hawkins: Yes, it's my pleasure, I thought you'd be tuning in again James, so I am well prepared. I know what you want to talk to me about this time – my work, how I did it back there on Earth, my 'Letting Go' pathway, and what I think about it now.

James: Yes, that's right, have you been reading my mind?

David: No, I've been instructed by some of the higher spirits that are overseeing my communication with you. They told me what you would be wanting to know, so I can come to you prepared to some degree. So please, ask me what's on your mind.

James: You were afflicted by a lot of hellish sounding illnesses – how did you cope with them all! And then you say by surrendering to the Divine Will you were able to let go “of resisting in every instant, cancelling the belief systems”, which led to your self-healing – so how did you do that?

David: I found that if I put myself into a certain frame of mind, which was my surrendering to the Divine Will – I had not personalised my relationship with God as I am now doing by longing directly to my Heavenly Mother and Father for Their Divine Love; which I must say, I adore doing, I can't tell you how much of Their Divine Love I feel is flowing into my soul, and it feels superbly wonderful, and to think that I had been denying myself God's Love for so long... then I could sense or feel the resistance in me because of certainty of my belief systems, which I was then able to change using my mind, which brought about the dramatic healing changes within me.

And when those changes happened, I was ecstatic, I can't tell you what a relief it was to set myself free of such troublesome illnesses and afflictions that were such a burden, and which I'd struggled with for so long. And to discover that such physical conditions were being held in place – at least so I thought back then – by mere belief systems, and that a simple change of perspective released me from such torturous fiendish problems.

It was so simple, hence: 'Letting Go', which amounted to my realising, that if you don't want something, let it go, you get rid of it, and so by utilising the 'Power of the Mind', my own mental power, I could do just that for myself – and I was the living proof!

And then it happened also for other people, and I thought I'd found the cure-all for humanity, that we all could be free of all illness and disease, any inner psychological problem or disturbance, the mind could be 'trained' to think positive loving self-caring, self-nurturing, and so self-healing, thoughts, and all your afflictions would leave you.

And the whole key to it was to surrender to a Higher Power, the Divine Will. If I tried to do it myself without surrendering, I failed, and my symptoms got worse, but if I gave up the fight, just accepted that I had the problem – and damn it, it could do with me what it will, even if that meant it could kill me, then so be it. I'd had enough of the intense misery and suffering and fighting against such troubles for so long, so I had nothing to lose, I'd been pushed right to the edge so many times, so I just 'Let it all Go': here, I said to The Divine – You take all my troubles and problems, I've had it with them!

And as I did that, so I was then able to see how I was holding onto them, it all being my own doing, my own beliefs that I was in control of my own problems with – and god, what an insight that was! So if I

really was in control, and The Divine was now giving me even greater control, for that's how I saw it at the time, then I could choose my own destiny and rid myself completely of my problems, which I did. So effectively I believed I could cure myself, and so I did – using my mind... or so I thought. So that was about the crux of it.

Then having died and woken up in spirit (another whole story in itself!), and understanding that all such physical afflictions and many others of the mind and emotional states of all people who die, automatically leave or are 'healed' upon death, meaning, you no longer are afflicted by such problems in your new spirit life – well, I did wonder what was it all about? If only I'd known that, perhaps I wouldn't have cared about my problems, knowing I'd die with them and more than likely because of them, and then they'd all be taken away when I woke up in spirit starting my new spirit life. So that sort of put me on edge, it made me wonder why is such suffering confined to the physical world when over here in spirit we're all in perfect health – what is that really all about?

And I asked a lot of the higher spirits who came to help us New Arrivals about such things, and they answered by saying things like: 'It's the Will of the Divine', which made me think – they don't really know, which confused me even more. Some of the spirits I was meeting had been in the mind Mansion Worlds for hundreds of years and were considered advanced, and yet they didn't seem any more wise than, well... myself. I seemed to understand more about certain things than they did, and that confused me even more.

Then I slowly understood that it was more about having loving thoughts and wanting to help my fellow man – from spirit, helping people back on Earth, and helping the spirits I was with, all by applying the mind, and that seemed to advance you mentally in your new spirit life. And so, all right, I was already working along those lines, so that was easy enough. And very soon I found myself in the upper levels of the fourth mind world, feeling very smug and happy with my relatively quick progress, with the sixth and highest 'heaven' awaiting me, into which I'd be going before too long.

And then as I told you the other day, it was a bit of a let down – Samantha was right, a MAJOR let down and a SEVERE blow to my ego, realising that so much of my healing of other people was induced by the unseen work of the spirits that were helping me. And that my so-called 'Letting Go' process was in fact, not about surrendering to the Divine Will, but to these higher mind spirits. If you got yourself into the right frame and attitude of mind, then these unseen doctor and healer spirits could go to work on you, and in many instances work miracles, with the people being healed complying by allowing their mind to be adjusted and so their beliefs changed (reorganised) – which was what happened to me.

So I had to admit that my 'Letting Go' pathway and process, had nothing really to do with my mental ingenuity, it was that I was more a spiritual healer and natural medium myself, as you were told yesterday, and that was what I was really tapping into. So it wasn't that I had uncovered some magical hidden law of the mind, it was that I had an overwhelming spirit support group that were allowed to affect certain healing on people on Earth, including healing me.

And this made me wonder: Well if you can't actually heal yourself through my 'Letting Go' process, as I thought you could, as I thought I did for myself; and it's all just because of interference of spirits, and that without such spirit help the healing won't happen; then can you actually do such things as I believed and thought you could within one's own mind, bringing about such magical transformations? And I had to admit, it being a moment I will never forget when those series of thoughts suddenly flashed into my consciousness, giving me quite a shock; that I couldn't, that no such thing existed... THAT I'D GOT IT ALL WRONG! That it wasn't my or the Divine's great doing, but other spirits like myself.

Oh the horror of it, to then think that I'd misled so many people, and so many people were still looking to me for my help, even though I was no longer on Earth. But then I consoled myself knowing the healing spirits were still working with such people who wanted to advance themselves by using their mind in such ways, and so I considered joining those spirits to 'carry on the good work'. But something in me was tired of it. I didn't feel good about it. It didn't add up, something else was playing on me in the back of mind, which I couldn't put my finger on... so what was it? And you know what? I actually prayed to God to show me. Suddenly I just asked God to help me see where I had gone wrong. (Which I've since realised was my true and sincere giving over to God.) And I have no idea where that thought and inspiration came from. And I still don't, although with what I'm understanding about the Feeling Healing, I suspect it was something from my early life that suddenly came up into my consciousness.

Anyway, no sooner had I prayed earnestly to God, realising that God was now a 'Person' to me rather than just an impersonal 'Divine Will', and a spirit, a beautiful woman spirit, appeared before my eyes as if materialising out of the spirit ether. And what really threw me was – I KNEW HER! She hugged me saying she was so happy I'd reached out to God as I had done, because now she was able to come and talk to me, and as I had many questions, she could answer them all!

I was nonplussed; she was the first girl I had any deep feelings for. I'd not thought of her in ages, and now here she was, and so full of light, I'd not seen a spirit so lovely and of such a bright light. (She, of course, being a Celestial spirit who's finished her Soul Healing.) I didn't know what to say, I felt just as shy and embarrassed as I did back then on Earth during my adolescence when I allowed myself to have those nice thoughts about her. And luckily she took over and we talked and talked, and so that's how I've come to be here now embarking upon my real healing of my soul with the Divine Love.

She took me to visit you John (Doel), explaining what you were doing with James (I'd been to see you before but that was for my own vanity), and so here we are speaking like this, my being able to speak to you through James, and being able to confirm and validate to you about the Feeling Healing: about looking to your feelings and NOT your mind for the truth of yourself; which as I understand, will ultimately heal all the causes of all your problems. And as hard as I understand doing this Healing is, I am so excited and can't wait to really get stuck in.

So can you see, the mind way of healing I thought I discovered, was not as I thought it was. It was all controlled by those healing mind spirits. And I bought into it because I was that sort of person, it suited my mind and how it had been 'configured' through my childhood – that much I can now see about myself.

And to think that our feelings are the real way – oh had I known that! I know my healing would have been far more difficult, for I would have had to deal with the issues of my early life and my relationship with my parents, but now I can see I would have eventually still healed all my physical illnesses and complaints, rid myself of those debilitating migraines, yet all whilst I grew in the truth of myself; seeing how such things came to be because of what happened to me through my forming years – and all through my feelings. It's astounding, remarkable, and that no one really understands; and yet there it is, staring us all in the face, we all feel our feelings, and yet who wants to really look to them for the truth they are to show us about ourselves?

Oh John, you are excited to have my support and validation, but I tell you, I am just as excited to have finally found the TRUTH. For I know it in my heart: receiving the Divine Love because I long to my Heavenly Mother and Father for it; and to have found my Heavenly Parents, oh god, I can't tell you how happy and elated I feel. And it all makes such perfect sense because I feel it does, I'm connecting to Them, to myself, to life, through my real heart-felt feelings. I have a feeling, I focus on it – as I've been instructed; I fully acknowledge I am feeling it, I then try to bring it right up and out expressing it to my



spirit companions the best I can; and I long with all my heart for the truth my feeling is to show me... and as the feeling is expressed, low and behold, up into my awareness, into my consciousness, comes understanding, insight, revelation – TRUTH, about myself, about why I am feeling that feeling. It's remarkable, as I said... AND IT WORKS! That's the best part. So I feel I am setting out on my true spiritual journey. I'm no longer trying to contrive being all-loving and a caring spirit like I was doing in my old 'mind life'; no, I'm just trying to accept each feeling I feel. They come up within me of their own accord, I don't try and control or condition them with my mind, and I certainly don't want to deny them; and then I go with them, and they take me deeper into myself, and then I start to see how I am. And yes, a lot of what I see about myself I don't particularly like, but still, I have to accept that that's me, and I'm not perfect, but I can keep working on myself to eventually become perfect, which I intend to do with all my will.

Yes John, I can't tell you what a turn around it has been for me! James and John, it is incredible, it is wonderful; and as I said, I am so excited that I've found the true way for myself, and should anyone reading this find anything of what I've said appealing, then I strongly suggest you too look into doing your Feeling Healing; or even better, your Soul Healing with the Divine Love.

There you go fellas, how's that, do you think I've sold your readers on it?

Anyway, that doesn't matter; I understand we're all to come to it when we are ready for it: The Truth Of Ourselves Through Our Feelings – that being our Healing, as you call it James. And so with that, unless you have any further need of me, I will bid you farewell and retire for the evening, for I have to give my newly excited mind a rest. Should you want to speak with me again, I'll be at your disposal.

God bless you James and John, and anyone else who reads this. Pray with all your heart to God for Their Divine Love, that's what I advise; and look to your feelings for the truth they are waiting to show you. I could write new books about it!!!

Yours ecstatically – Dr David Hawkins.

**Dr DAVID HAWKINS continues**

Thursday, 5 October 2017

David: Hello James, please pardon my intrusion, however I so much want to write to you again. You see, I had no idea, I didn't get it, I wasn't ready for it, I wasn't looking for it, I heard certain things but failed to understand the full significance, that being what John is setting out to do and why, and why he wants to support you and Marion. You see, it's just not known over here, not even suspected in the mind worlds, and being here in the Divine Love worlds, is being in a whole different existence. The two are chalk and cheese, it's extraordinary that they can exist side by side with the mind worlds not having the slightest clue about the Divine Love Healing existence, and yet the Divine Love side knowing all about the mind side.

So yes, I understand, and because of that I am so happy that you want to write with me, I say, me, David Hawkins, for I am really a nobody, just another spirit who is now embarking on his Healing. Certainly I was someone on Earth, and I rather liked being a Someone, to be honest with you, however now I'm a no one and that is taking some getting used to.

So part of my still wanting to be a Someone over here in the Divine Love worlds is my wanting to hold onto my connection with you, for you see, it's now becoming more precious to me. You probably think that I'm raving, gone a little mad, that I'm being affected by the Light, and well you might be right, everything is being turned on its head, nothing is as it was, and what with all those millions upon

millions of mind spirits and their counterparts on Earth all waiting and looking for the signs of the imminent Second Coming, and oh my god, they have no idea what's happening right under their very noses, and probably will miss it, it simply all is happening and they being none the wiser.

It makes me laugh, how deluded can one be! How wrapped up in your mind not seeing what is staring you in the face. Feelings! Ha, who would have guessed it was so simple. And here we are, all the wise men and great sages, all the celebrated religious teachers going on about all their understanding of things, and yet all glossing over and missing out on the importance of feelings, and how they are the gateway to the truth within ourselves. That God, our Heavenly Mother and Father, provide us with feelings, and they are the way into ourselves so we can find out for our self – all through our very own feelings – all we need to know. And all we need to know about ourselves, each other and about Them. Oh my God it's incredible. And it was all there, as you understand, like ripe fruit hanging on the tree, and there it's been dangling in front of humanity for aeons, and yet no one has wanted to eat from that tree of truth, we all ignored it – incredible!

Anyway, because I'm 'now fully on the same page' as you all are, I want to do something to help you. I've been following your thoughts James, and I have been able to see that certain people have all had a similar problem as I have, so I thought I might be able to shed some light on it for such people.

It's about not feeling all the deep hatred and anger at your parents, and yet also knowing that your relationship with them was/is not perfect, and so how do you know if you are full of repressed anger concerning them, when really you understand that they didn't mean to hurt you, they just did their best and that was what was mostly acceptable at the time, and although it wasn't perfect, still they loved you and you loved them... or so you both think you do.

But then you read your work, and all you, Marion and Samantha are going through, and I wonder if possibly you three just had much worse relationships with your parents than I did, and that mine, and the other people like me, by having much better relationships with our parents, won't need to – and simple won't because it's not within us – feel such deep anger at our parents accusing and blaming them of everything that is wrong with us.

And there, I've gone and said it, just shot myself in my foot! I said, 'everything that is wrong with us... and I had a lot wrong with me, I still do, and so I now attribute that to my parents – my parents who loved me and I who I loved them back in return. Ah, so now I'm in a pickle, what do I do, what do I think, because if we loved each other so much, and yet they caused me so many problems, then what am I to really think and feel about them causing me those problems?

And as you rightly point out James, if they truly loved me, and I them, then I'd not have any such problems, so the deduction here is: I must not have loved them, not as much I have felt and believed. So, is my so-called love for them false? Am I making it more than it was? Am I even contriving it – making it up altogether, because I want to believe that they loved me and I loved them? So is my love for them and their love for me based on, or resulting from, a belief – a mere construct of the mind? And if you then remove that construct, what is left – nothing, and possibly... no love?

But as you also understand James, this is all working it in the mind, it's not just dealing with it through my straightforward feelings. So back to my feelings. So what do I feel about it? And to begin with, I feel confused!

And so what would you advise? And I know the answer to that, you'd say not to worry about it as such, unless I specifically feel bad about some part of it, and just keep attending to the bad feelings I do feel, and eventually, if there are bad feelings and feelings of anger and hatred for my parents, feeling unloved

by them and my unloving feelings for them, then when such feelings are ready to come up, they will. And this is what I intend doing.

I admit my relationship with them was not perfect. There were times I was angry with them, and so these times I will focus on and see what feelings come up within me. And already I can feel that old anger returning... yes, there it is, and I can even feel instances when I was very angry with them... so I will work with these times. However I can also feel how much I want to block out these bad memories, I don't want them to come in and ruin my good memories and feelings about my parents loving me and I loving them. And such good memories are very strong, I have always favoured them, I have not dwelt on the bad ones, no, not at all, I have done all I can in fact to keep the bad ones away, and even so much so that I've forgotten many of my bad memories, pushing them so far back into the dark recesses of my mind, all so I can merrily carry on believing in my nice-feeling mind memories that everything was very good between myself and them and everyone else who was prominent in my early life.

I've visited both my parents since coming over here into spirit. They are both happily living in the second mind world. They are no longer with each other, yet are very happy with new partners, my mother even adopting a handful of young children she adores and adores looking after.

I've not seen them since my 'Conversion', as I'm now calling it. And why haven't I? Well, quite frankly, because I don't want to hurt them. I don't want to tell them that I am no longer 'one of them', that I have gone against their way of life, that I am now very different from them; I don't want to cause them any unrest and upset them unnecessarily, although at some time I will possibly have to see them again... and I will wait until that time to see how I feel... I might just play along and not say I have changed, slowly let the relationships go... but why can't I be honest and straightforward with them? And now I feel a bad feeling.

I realise I don't want them to think badly of me, to have any cause to reject me, to think me ungrateful by my turning my back on them. They have done so much for me, they helped me get where I got on Earth and helped me establish my new life when my time came to die and coming into spirit. So now to tell them I think their way of life is all wrong, and that they should give it all up and follow me... no, why should they follow me, they don't have to do that, but that's what I think they should do. Hmm, more to think about. So this is how it is James, our Healing?

Don't answer me, just keep writing, as I can read your mind. And yes, this is how it is. It's incredible, the whole procedure, how your feelings lead you this way and that, always so much more to consider, express and think about. Yes, but it is fascinating.

So my loving relationship with my parents is not so loving after all, because if it was, then surely I would know I could say anything to them, that they would welcome it, and that even if what I said hurt them, still they would want those bad feelings so they could work through that hurt to see why they feel it. Yes, I can see that's how it should go, but I don't even want to begin, I don't think they will welcome my affronting them and saying I no longer agree with their mind orientated way of life, it will be too disturbing for them... yet by my not coming straight out with it and confronting them, I might be possibly stopping them from having the opportunity of understanding about living a feeling-led life, and doing their Healing, and leaving all their wrongness behind... but they might not be ready for that... it's so confusing, going this way and that... and I can see all you can do is just keep talking about it all, expressing all the feelings, and longing to know what they are all about.

So my so-called loving relationship with my parents is really a can of worms just waiting to be opened. It's like a tangled ball of wool, and as soon as I start to tease one part of it apart, then I can see other parts needing to be teased and worked on. And how far do I go in that, and should I confront them at all? Perhaps I should just not see them again, or see them once more yet say I am going away, that I want to start a whole new life in spirit, like so many spirits do... yes, perhaps they will be able to accept that, for not all the families stay together in the mind worlds, very few in fact, with most spirits understanding that their new spirit life means completely new, as in, we no longer are family, we don't relate to each in the family structure or hierarchy, that is all over, we're all just equal individuals going our new separate ways. Other spirits do form great



family clans stretching back for countless generations, and they are like a whole tribe or force to be reckoned with. With their own folklore, even culture, and their own set of beliefs which might include one of the established religions or spiritual systems. But I'm not interested in that because most of my family have gone their separate ways. I've not even caught up with all my immediate relatives yet because I've been too busy, or so that's what I've told myself. But really, I have no feeling to do so, yes, if I'm honest with myself, there is no connection with them, that got severed at death, and I don't see any point in keeping it going when it would only be very strained at best... and they've not reached out to me, and they've been over here in most instances for a longer time than I have.

So back to my so-called loving relationship with my parents. And I guess I have to admit that it's really not that loving after all. For if it was, then I'd be wanting to be with them more – wouldn't I? And again I have to admit, I actually like not being with them. I like having my own independence. And I love that I am finding my own way with this New Truth, and that I am not just following my mother and father along because they are saying it's a good thing for me to do. I want to do my Healing for myself, and not because of anyone else telling me it's good for me to do and that I must do it for my own sanity, and if I don't, I'll be left floundering around in the mind worlds for the rest of eternity, when all those other spirits who did it, are well on their way to Paradise.

So I can see that I'm slowly accepting the fact that my relationship with my parents might not be all I believed and even felt it was. But still, those feelings of loving them are strong. If someone asked me if I love my parents, I would still say yes. And if they said, well why don't you go and see them all the time... I'd don't know what I'd say to that... and if pressed, I'd have to admit that I don't want to see them... So why don't I want to see them, my parents who I love so much? And that's a good question – why don't I? And I don't know why I don't... because as I said, I don't want to upset them by telling them about my new life... yet that's not really it, that's just an excuse, and it's deeper, something behind that as to why I don't want to see them.

I don't want to see them because I don't want them to say that I am bad, that my new way of life is wrong, and I even think I believe they will stop me living it. I don't know if they'd try to do that, but that's what I feel... and I'm scared of that... yes, I am scared that they, my loving parents, will say it's bad my doing that, making me feel hurt and not loved by them because they won't accept me as I want to be. Hmm, more cracks in my loving-them argument.

And I feel like I'm a young boy back with them, gosh I've not felt like this since that time; and I can remember, I can remember lots of times when they didn't let me do what I wanted to do, and when they



told me they didn't like the way I was or what I was saying. I wanted to grow my hair long and be like a hippie at one stage, but they were dead against that, I had to conform to the standards of my 'level of society' and not show any rebellion. I rebelled later on, but not so much when I was younger with them. So now yet more signs of my not feeling as loved by them as I wanted to feel. More cracks in my I-love-my-parents-and-they-love-me theme. Still no real anger though, perhaps that will come?

So I guess for people and spirits like me, who say they do love their parents and don't feel the deep intense anger and hatred of them, it's just a matter of working on the small relevant parts of the relationship and expressing those feelings and seeking the truth of them, and seeing where they lead you. And I can accept that, as I progress in my Healing, so my anger for them will grow. As I said, I was angry when they stopped me being how I wanted to be, and perhaps that anger will intensify as I uncover more of the truth about my relationship with them. I am told that that's what my ascension through the Mansion Worlds (crying healing worlds / spheres 3, 5, 7) will mostly be about; so that's three whole main Divine Love Healing worlds, and then still working through the equivalent mind worlds too, so really that's seven worlds of potentially increasing my hatred for my parents, so if that's right, then I can see that there's not going to be much love left by the time I complete my Healing.

So James, I hope I might have been some help to those people who can relate to what I am saying. It is still early days for myself with my Healing, and I am most grateful to you allowing me to speak to you like this.

And I promise I won't bother you again, I will leave it up to you if you want to contact me, or else if the higher spirits ask me. And I know you don't mind, you being open to whatever it might be that I want to say to you; and well, thank you again for that; but no, I think you will have other work you'll want to get on with, as I will have my Healing to do. I will keep a written account of all I go through as I enjoy writing so much, expressing myself using words in this manor, and although laborious, the actual writing process, I find it soothing.

And I will be keeping abreast of what you are all doing. I don't want to miss out on any of it. And perhaps I will have completed my Healing by the time you come over into spirit, and should you want to, we could meet. I would love to meet you all when your time comes. I feel very close to you John and you too Samantha, as I know James sends all he writes with us spirits to you two. And I sympathise with you finding it so difficult without such immediate help like we have with the Celestials. However that is your way, and all the anger you express because of that is what you have to bring out – that much I understand. And I will do the same myself with my anger.

I will go now. Thank you all for reading what I have written through James these past days; and thank you so much James for letting me do so.

David Hawkins.

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

**The NEW WAY The NEW WAY**

# ***We are to Find the Truth of our Childhood.***

James Moncrief – Sunday 8 September 2019

## **We are to Find the Truth of our Childhood.**

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and

unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

# How is it for you if you are Truly Honest with Yourself?



- ♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

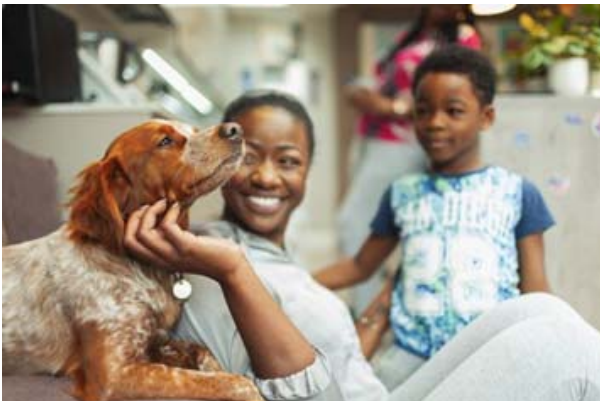
- ♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



- ♥ You love your child more than you love your pet?



- ♥ You love your pet as much as your child, treating it as if it is another child?



- ♥ You love your pet more than your child?



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.



# *Like the Circles that you Find in the Windmills of your Mind*



We are to escape the entrapment of the mind. We are enslaved to the mind. For 200,000 years we have been seduced to believe that we are to live in and by our mind. Our mind cannot discern truth from falsehood. Our mind is addicted to untruth. Our mind is addicted to control over others, nature and people. We have been slaves to the manipulation and seduction of evil ones for 200,000 years. These evil ones have been dethroned and removed from of our lives. As of 31 January 2018 we are free to escape their bondage – we can begin to express our true selves, we can begin to live in the truth of our feelings, our soul-based feelings which are always in truth. We can stop going around in circles, we can stop the windmill of our minds. We can begin to be ourselves – our true selves – and we can live true to our feelings, the feelings that come from our soul and it is our soul that is always in truth.

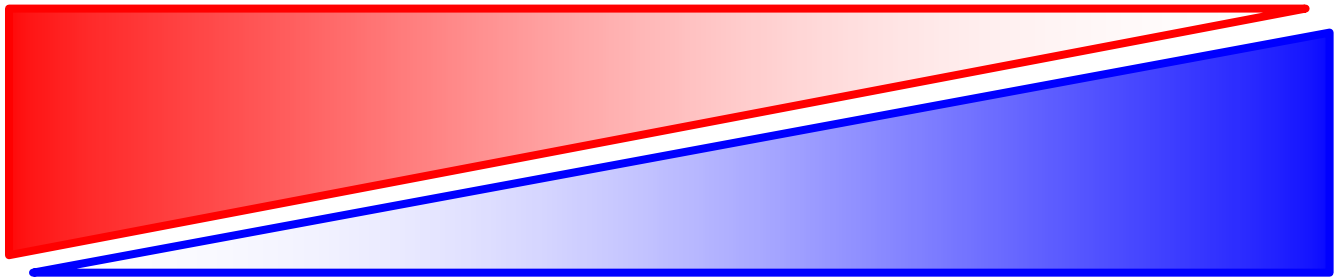
When we “play”, when we simply respond to our feelings that we have always meant to live by, we are expressing our true self, we are expressing the beauty of our wondrous personality that is so extraordinary that it will take us all the way to Paradise, the home of our Heavenly Mother and Father who endowed us with our personality and at the centre of our personality is our soul.

This is the crux of an educational experience that Chaldi College is to share to all of humanity. This is the only purpose that we have in our “curriculum” and that is to enable the true and full expression of who we truly are. We are to be Free to Learn and whilst we are freely learning we are to live Feelings First and whilst we live Feelings First we are to come to know how to heal ourselves through Feeling Healing and with that how to embrace our Heavenly Mother and Father’s Divine Love.

The windmills of our mind will whirl no longer!

**ENDING of REBELLION and DEFAULT:**

**Universal Contract governing the Rebellion and Default progressively put aside and then cancelled due to two people on Earth embracing and progressing with Feeling Healing.**

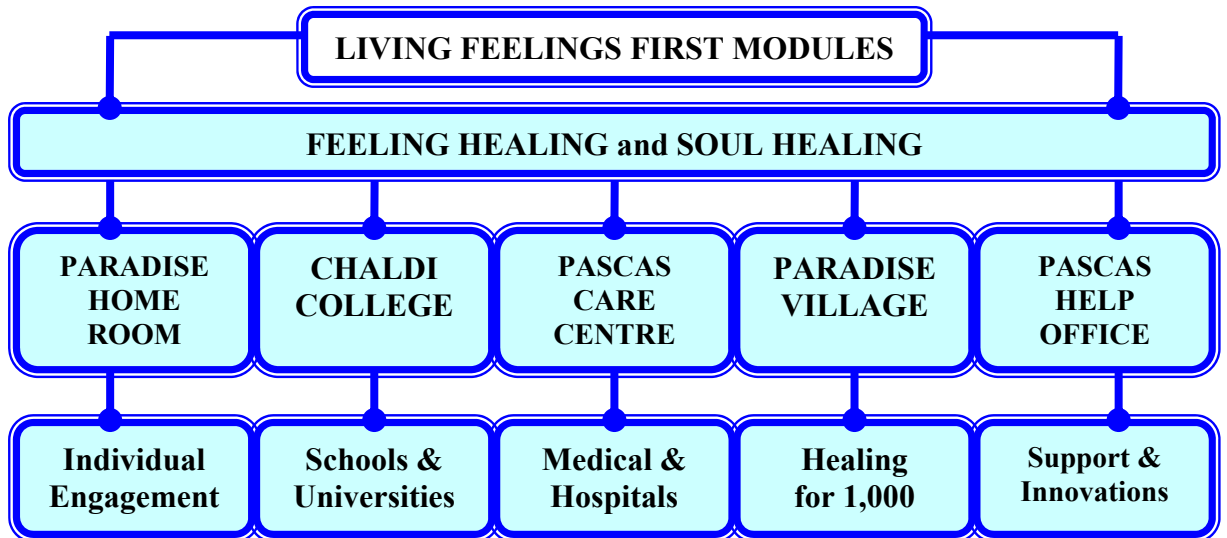


1990

**Marion and James’ Feeling Healing progression**

2020

- Early 1990s: The arrest and imprisonment of the Caligastia and Daligastia soulmate pairs.
- 22 March 2017: Negative spirit influence was blocked.
- 31 March 2017: Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
- 22 May 2017: Law of Compensation quickening.
- 2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.
- 8 December 2017: Bring on the money to **‘house the future of humanity’**.
- 31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.



**PARENTING:**

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

**The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.**

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness. And the idea that we can learn how to parent, learn how to be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is 'organically' imparted 'absorbed' by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God's child. By the time we're all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even though they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being 'broken' and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you are living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can't be anything other than how you are – it is 'your' child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one's life, and all that's happening on unseen levels from spirit, all what's going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is 'unfolding' through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you've fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it's not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just 'normal' and 'ordinary', that's exactly what God wants, it's how God made its soul to express itself, so it's perfect. You are the child of God that you are, even in all your wrongness. And even **Perfectly Imperfect** though you might hate how you are, you don't have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you'll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.



Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent / child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

**POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:**

**This steps down each seven years as the child matures**



**From conception to  
age 6 or 7**

**From 8 to age 14**

**From 15 to age 21**

**From 22 to age 28**

**As we heal, we directly heal our children similarly.**

**The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.**

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings love gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are

older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you do not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having spirit children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth Green in her book, *Parenting is Forever*, says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds' worth of truth. Which means your child, as do you, has seven whole worlds' of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our

Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

feelings

  
New way

**GREAT**  
-Turn

**celestial** Friends

**FREEDOM** of  
**FEELINGS**

**FEELING**  
**HEALING**

**BAD is GOOD** So go with your darkness, allow yourself to be that horrible unloving person you've always secretly dreaded you are. Just allow yourself to feel all you feel about it. Bring up all those dreaded evil feelings, bare your soul, confess it all, and like the poison it is, **GET IT OUT!**

This is how to love yourself. This is being truly self-loving, and as you are loving of yourself, so will you love others. As you unconditionally accept all you feel, so too will you unconditionally accept them, and so all they feel. You will allow them to be the true expressions of themselves. You'll stop all those controlling mental things you do that helps them deny their bad feelings. You'll be happy to allow everyone to express all their yuk, as you express yours.

We are told that it's good and loving to be unconditional, but to do it, or try to be it with only your mind, is wrong, it's false and it's very conditional. Dump the belief, certainly want to be that way, but understand that it only comes naturally as you submit to all your bad feelings, loving yourself by allowing yourself to feel them. Anything you try to do with your controlling mind, trying to control yourself, give up – or at least want to. Occasionally through your healing you'll feel you have to assert your will and it can take a lot of considerable effort to do it, and you will so need to apply your mind. But as you will feel, such motivation will come from a deep feeling, a feeling of wanting to assert your will this way, and when it's there, you can do it. And it's all the same, simply going with and accepting how you feel.

Self-love through feeling acceptance will help your mind give up its control. This will hurt, be hard to do, but the controlling patterns can be broken. Acceptance as always is the key: accepting being one of the main attributes of love. Accepting yourself is loving yourself – **ACCEPT ALL YOUR FEELINGS, ACCCPET ALL YOU FEEL YOU ARE, ACCEPT YOURSELF.** Love.

Doing your feeling-healing is telling your story.  
It's telling the truth of your whole story.  
And it's all for you.

**Living true to your feelings:**

It's to understand that what you are feeling today is a result of masses of repressed bad feelings, all of which need to be brought out one at a time, and not just exploding with that pent up rage, venting your anger all over the place, because you are to follow your feelings – allow your feelings to lead you in life. All those repressed feelings are to be brought out into words, progressively stripping away the many levels of them, all so you can see why you're feeling them. 'Going with your feelings' is not just about acting on every feeling you feel, it's about actively wanting to express and bring to light all your feelings by speaking, using words, and not just through acting. We are to express our feelings to uncover their truth. So you can do nothing, even stop acting out your feelings, whilst you spend years and years simply talking them out. Marion 7 Apr 2018



## ***Soul-Healing: What is it?***

Our soul-healing is the expressing of every part of us we have denied. What this means is that as we've grown through our early development, starting at conception, if any part of us has been stopped from freely and truly expressing itself then it exists within us in a denial or negative state. And essentially that part of us is still waiting to be expressed. And our healing is the liberating of all these parts.

Our soul has a very specific life programmed within it. As I've said it's called (well anyway, it's what I call it) our Soul Light Print of Destiny. It has been created by the Mother and Father to bring itself – to express itself, you, into being, in Creation. The Mother and Father have given us all a unique personality. Our personality is the part of us that separates us from one another in Creation. And our soul is trying to express its personality in Creation. With every experience you have, no matter how small it is, in each moment, your soul is literally expressing more of you, the whole personality you are – all your parts – in Creation. With each heart beat, each breath, more of you is being expressed, more of you is living, more of you experiencing, and so more of you is in effect here, existing in Creation. And so there's continually more of you, you can get to know.

We can't fathom the depths of our soul. But one of the goals of our existence is that the Mother and Father want us to fully express all of our soul in Creation. This will take the whole of eternity to do, but what a great adventure it will be. Look how it is already starting off for you, living fully entrenched in an evil state of mind!

When we start our incarnation, the first objective of our soul is to get us up and running, expressing all the vital parts (attributes) of us (our personality) that will allow us to maximise learning and growing in truth from our experiences. As we experience and grow in the truth of that experience (as we're experiencing it), the experience generates a *light*, which goes back into our soul telling it that we are ready for the next part of our life – our next experience – and so it brings about our next moment. This feedback loop is continually bringing us into being. Our whole life is orchestrated by our soul, from within – even what seems to happen to us out of the blue and from outside of us is all occurring in answer to our soul's inherent patterns.

It is crucial in our formative years that we receive all the love, care and acceptance our soul – us – needs, so we can be welcomed into life allowing all of our emerging personality attributes to be freely expressed. If something makes us feel bad we need to be allowed to express that pain. We need to be allowed to cry and speak out about it as we grow – as our mind forms. We need to be able to say everything we feel we want to say. We want to grow into adults being freely able to express all our good and bad feelings. Because then we are whole and real people and will know how to live our lives in accordance with the needs of our soul and not being controlled by our minds. We will feel what we want to do, what our life is about, and do it believing and knowing that we can do anything we feel – anything that makes us feel good.

Life must be how you want it, and only you, not how someone else wants it. However, this is not how we've been parented. We've been made to suit what our parent's want thereby denying large parts of our own self-expression. To stop being how you want to be, and instead to make yourself be how your parents want you to be in any given situation, is major denial and has had serious traumatic effects on you.

We have been made to grow into adults with many aspects of our personality being denied. We have not been allowed to live our life the way our soul wants to. We've been forced to go against ourselves in many experiences. We've been forced to deny ourselves (many of our feelings), thereby also denying

the truth of these experiences resulting in us not growing true to our feelings and instead becoming more reliant on our minds to tell us what to do.

When you feel: out of touch with your feelings, looking for answers, unfulfilled, unhappy; not happy about your life or yourself in any way, you are sensing and feeling these denied aspects of yourself. Your soul is crying out to you that things are not right and you need to do something about it. And that something is to choose to live and honour it and end the negative control your mind now has over you, thereby giving you back to yourself.

Why your soul simply doesn't step in and fix you is because once it begins to incarnate you, your personality in Creation is then beholden to exist within the Laws of Creation – these being the **Laws of Will**. What this means is once your will starts to manifest, right from the first moment, your soul has to do what it (your will) wants. So if your will is negatively influenced, if you are made to turn your will against yourself, then that is what your soul has to honour. (Of course your soul has all of this, your induction into your negative state, within its plan, but effectively on the will level this is what it's like.) And this is what has happened to us all. Our parents have negatively influenced our wills and we have grown up mistakenly believing (and unconscious of these beliefs) that we have to live this way using our wills to keep our negative mind state in control of us. And so to reverse this situation (and become conscious of what's really going on), and to bring our wills back into positivity, helping us grow and express ourselves in Creation, we need to do our healing. We need to identify all the dysfunctional parts of our will. We need to see how these aspects of us are denying ourselves; how we are living against and untrue to ourselves, and we need to see how this all happened in the first place; what happened to us: to our wills, to screw us up. This is seeing the whole truth of yourself, the truth of all your self-denial, the truth of your repressed childhood. And as we see the truth then we can bring these denied aspects of ourselves out into the open, and in doing so can decide if we still want to live with them going against us or not. And in our moment of deciding that we don't want to deny and hurt ourselves, knowing and seeing the whole of truth of why we are, we are healed. We are literally making our will come back and be loving of us and on our side; working with us, rather than against us.

Our **will-healing** is inclusive of our soul-healing. We are setting out to rectify everything within us that is wrong: everything that exists out of harmony and is in rebellion against God's Universal Laws of Love. And to do this we begin by acknowledging our bad feelings. When you feel bad your bad feeling is the signal that something within is wrong and needs attention. By honouring these bad feelings, accepting rather than ignoring them or pretending they are not there because we don't want them and don't want to feel bad, we are using them to lead us into the truth of where they are coming from and why. By expressing our bad feelings and longing to see the truth of them, they can lead us back into our early childhood, so we can see what happened between our parents and us that caused our self-denial. And gradually as we focus on and express all our bad feelings, we will see the whole truth of what's caused them and how we're using our will to keep the denial going. And we'll eventually see the whole truth of ourselves, all we've been made to deny during our childhood, and how we've been made to suppress our feeling-denial keeping it all repressed within us.

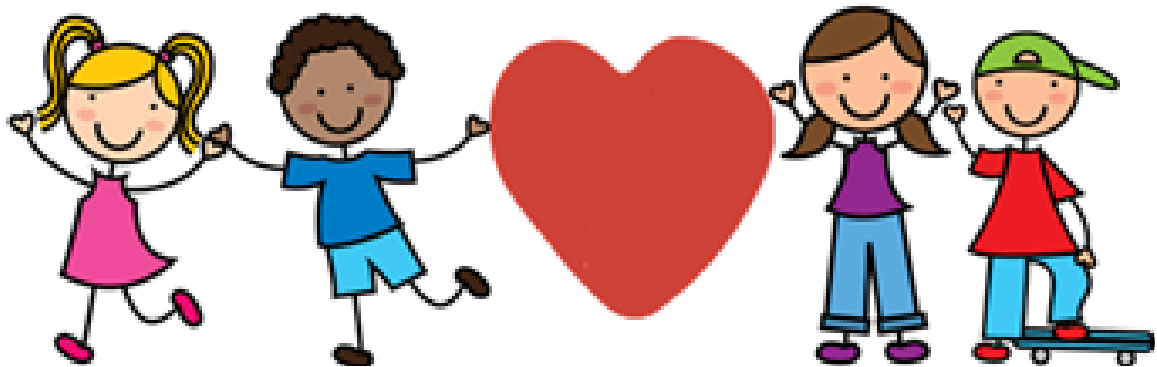
So, our soul-healing is the healing of our childhood repression by seeing the truth of it through the honouring and expressing of all our bad feelings. And this is why our bad feelings are so important. It's why I've been focusing on them during this course: to get you used to the idea that they are vital and need to be accepted and not dismissed. Any bad feeling you: reject, push away, dismiss, don't want to know about, is your mind's learnt pattern of self-denial. To deny any bad feeling is to keep yourself trapped within your negative mind state. So when you say, 'it doesn't matter', or 'I'll get over it', or 'don't speak to me about those bad things', or 'I only want to feel good and be positive', and so on, you are keeping yourself locked up within your denial mind and associated negative behavioural patterns. And as you will discover, if you want to do your soul-healing, there will be many things you are doing

to yourself (most of them unconsciously) that are keeping your whole negative mind state in control of you. To break down these controlling mental belief patterns and their associated negative behaviour is very difficult and requires a lot of will and longing-for-the-truth to do it, but it can be done. You created your negative patterns and set them in motion to begin with, so you can undo, break apart, and heal them.

EVERYTHING that is wrong with you in anyway is because of what you've been made to suffer and repress since your early childhood – EVERYTHING! And it all needs to be healed one day, either on Earth or in spirit. One day your soul will begin to pressurise you into addressing these inner problems. This usually is shown by things not happening in your life how you want them to. This is your soul trying to send you messages telling you that you are going the wrong way. It is trying to make you feel bad, so you will eventually have to face your bad feelings. So you will have to stop what you are doing and pay attention to your feelings. If you keep running away from feeling bad then you will only make things harder for yourself, and you'll feel worse. I'm sure you've experienced: feeling bad about something, being all knotted up about it, then speaking up and expressing all your bad feelings, to suddenly feel good, relieved and lighter, even declaring: 'What was so bad about it anyway' – this is an example of expressing your bad feelings. And can you see how much better it makes you feel?

Introduction Course to Divine Love Spirituality by James Moncrief

# WE ARE GOD'S CHILDREN



# REBELLION & DEFAULT

FOR 200,000 years ALL SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

## THE EVIL ONES



Lucifer pair  
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair  
Arrested and imprisoned early 1990s CE



## MIND MANSION WORLDS

## HIDDEN CONTROLLERS

## DEEP STATE

## SECRET SOCIETIES

The Illuminati, Freemasons, Bilderberg Group, Knights Templar, The Jesuits, Skull And Bones And Others

## EDUCATORS UNIVERSITY RELIGION

Following the spirit world imprisonment of the System Sovereign and then Planetary Prince being rebellious Lanonandek spirits, the Celestial spirits have blocked communications between mind Mansion World spirits and humanity on Earth. The Hidden Controllers and other controlling organisations are now without spirit world guidance, since 22 March 2017. Those controllers, in the physical on Earth, are without their long term guidance.

Educators at all levels and throughout all systems have had withheld from them that we are to Live Feelings First. This is to change!

“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”

Marie, 1<sup>st</sup> Celestial Heaven: 11 Aug 2020



# PEOPLE OF EARTH WE ARE TRUTH SEEKERS



## **TRANSITION FROM the MIND WAY to the FEELING WAY:**

Generally speaking, for those in the spirit Mansion Worlds, it was a conscious mental decision that was made by those attending the introductory information sessions, conducted in the 1<sup>st</sup> Mansion World, about the Rebellion and mind way of living, and then helping them understand there was another alternative way, the feeling way, living true to your feelings. The attendees believed the information was true, then followed it up by making a mental choice to embark up on their Spiritual Healing.

Just as it is by understanding about the Divine Love, and then deciding you want to long for it. Deciding you want to long for the Divine Love and the Truth of yourself. And then acting upon such a decision. And it's what some of us have done: we have worked to understand the information James has offered to us here in the physical. We have decided for ourselves, which has in part largely been influenced by those of John's family who John has spoken with through James, that all he is saying is right, and right enough for us to embrace intellectually. Then with our next step being the actual doing of your Healing.

It is incorrect to maybe make the assumption that because you understand the information about the Spiritual Healing, and you like the idea of living with your feelings, that you *are* living true to your feelings and doing your Healing. You can't just make that choice with your mind and then you are living Feelings First. You may be aspiring to live Feelings First. It doesn't work that way, that is still just living through your mind. You can ONLY live Feelings First by doing your Healing. And you can only do your Healing by working actively to embrace, express and uncover the truth of your feelings.

So it is to be aware of for yourself and other people, that unless someone is actively doing their Spiritual Healing, as in how Marion, Samantha and James are doing it, then they are not doing it, nor are they living Feelings First or anything else to do with it. At best they like the idea of doing it, want to do it but as yet can't for whatever reason, and when their life changes, will start it. So until you are actually doing your Healing, it is only a mental concept. Which is fine, and many people will live with it like that for the remainder of their life on Earth, then do their Healing when they go to spirit. It is understood that relatively few people are actually going to fully embrace their Healing on Earth.

So for yourself, certainly you can be wanting to live more on the feelings side of life than that of just the mind, and that of itself can have a beneficial impact on you, however it's still NOT doing your Spiritual Healing or even truly understand what it's all about. And it is still only being on the mind side of life.

As for John, was he to start doing his Healing in earnest, he would not be able to do anything else that he wants to do with Pascas. So it has been advised that he can have a reasonable mental understanding about the Healing, yet no real idea as to what it's about until he is well into the experience of it. And that too goes for other people, because there will be many people who may claim they are doing their Spiritual Healing, when they are not. They will contrive understandings about what it is and believe they are doing it or have even done it, they will assume they are living true to their feelings, believe they are, and all the rest from what they have read, when they won't have any real idea because they are not doing it.

For those in spirit, when they are doing it in earnest, having fully committed to it, they move to live in the third Mansion World (the Divine Love healing world), it's a real life change, you see it all about you, however it's not going to be like that for a lot of people on Earth.

And all those people are going to have to be held at arms length or dismissed completely or just left to their own delusion. So it's important that you understand this within yourself John. And it's not so much for you to judge or worry about whether or not someone is doing their Healing properly or if they are only making it up, for as you are not doing it yourself, you won't know. It will be for James or

others doing their Healing to understand whether someone will be true in their saying they are doing it or not.

It is conceivable a great many people will want to be involved with The New Way, and because they read some of James' work, even some of the Pascas Papers, they will believe they understand what it's all about, and ARE involved. And they will come to you and James assuming to be part of it, however it's not going to work that way. There are going to be a select few working closely with James on the spiritual side of things, and then with those involved with all that Pascas wants to do. And everyone else, even if they are actually doing their Healing and living more truly with it, will not be directly involved. Indirectly involved and part of it, sure, but not everyone who says they ARE doing it, will be welcomed in. And the Celestial spirits and our supporting Angels are going to see to that.

So that is all for now. John, you are still just going to have be patient. You have done more than enough with your Pascas Papers. If anything now, they can be gone through and rationalised, condensed, but there is nothing more to be gained by just adding more to what is already there. And that will be the same with James' work when he finishes his Healing. He will go through his work, rationalise and select the main parts representing it, and the rest can be archived for the very serious student wanting to understand it more. But for the general public, all of it is not necessary.

THE  
COMING

**Avonal** AGE  
1,000 YEARS

# Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I haven't a prison uniform on – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb, we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come, we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!



We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been fucked up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming of the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!



Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us), we FINALITERS can go and help them out of their SHIT! Yee-ha – more evilness and insanity! That is us! Bring it on!!!!

**SPIRITUAL LIFE**

Monday, 31 August 2020

James: I finally feel like I've come to the complete understanding of what defines our true spiritual life.

It's to uncover the whole Truth of Our Childhood.

And that's if we've lived a negative or positive childhood. So our world and us all being in an unloving anti-truth rebellious state, we're to bring to light through our feelings the whole truth of all that happened to us, all we felt, all it made us become, and all we feel about being untrue.

So that's all it is whilst we're confined to the Mansion Worlds. The Mansion worlds, including Earth, being for us to live our childhood into adulthood, then growing in truth by expressing and attending to our feelings properly, so as to see all that we are as an adult, all we feel, all the beliefs and behavioural patterns, are a result of, and so the same as, all we went through during our childhood.

Then once we've uncovered the whole truth of ourselves, we are ready, in our rebellious cases, to become perfect, leaving the Mansion Worlds, fusing with our Indwelling Spirit, and with a divine soul, able to move into the Celestial spheres if we're living in spirit, or to be of a Celestial level of truth if we're still on Earth.

Then being true, perfect and loving, we are free to continue our Ascension of Truth to Paradise with love.

So it's true that most of our addictions, compulsions, projection and transference behaviour, much of how we innately are in our imperfection, will remain right the way through our Healing, so as to enable us to see and connect with the whole truth of our childhood. So, someone embracing their Spiritual Healing, should not expect themselves to be healed of all their problems, trauma and imperfection along the way, that healing coming once the whole truth has been seen. That being when we are "Born Anew". Certain things do change, and all erroneous beliefs are broken down and replaced with true ones; and subtle changes happen as we express all the pain out of ourselves (which of itself is a massive change), yet all these progressive changes happen to allow us to keep seeing more of the whole picture of our untrue rebellious condition.

So any religion and spiritual system that is not fully focused on helping you uncover the truth of your childhood, is only serving to keep you in denial of such truth. Which, of course, is the problem with the world and most people. So until everyone wants to uncover the full truth of their childhood, which is the full truth of themselves, then people will keep passing their wrongness onto their children and perpetuating the evil.

What is Being Spiritual?

- Being Spiritual is growing in Truth through your Feelings.
- It's understanding Truth can only come to you through your feelings, and not with your mind.
- And it starts with using your feelings to uncover the whole truth of your childhood.
- And doing that as an adult, by accepting, expressing and longing for the truth of all your feelings.
- And longing to God for Divine Love.



- And understanding that you are living an Ascension of Truth to Paradise.
- Which begins with coming to understand the truth of your rebelliousness against Truth and Love; against yourself, nature and God.
- Understanding that you will stop being false and untrue, living with your mind in control of your feelings, as you uncover the whole truth of your childhood. That when the truth of your childhood has been seen and fully connected with through your feelings, then God will transform you into being true, perfect and loving.

And that all other religions and spiritual systems are not spiritual, they are not helping you uncover the truth of your childhood and end your rebelliousness; they are helping you keep denying the truth of your childhood, ensuring you remain locked within the control of your mind over your true feelings.

All other religions and spiritual systems are leading you further from the truth of your childhood; further from the truth of yourself, nature and God, irrespective of what they might say they are doing. They are false and untrue mind-derived systems of belief and ritual, they are not spiritual. Some of them have elements that might help you love God and might help you uncover a little truth about yourself, but nothing like you will see and live when you start doing your Spiritual Healing by consciously working with your feelings longing for the hidden truth they will help you see about yourself.

The True Feelings Way; is The New Way. And it's the right way to the truth of yourself and the truth of God. It will lead you to knowing why you feel all you feel, and why God wants you to feel and live such truth. It will show up all your falseness, untruth and denial of truth and love. It will help you see all your imperfection, all that resulted from your childhood relationships, and why they caused you to feel what you did, and how you came to deny such feelings stopping yourself from naturally growing in truth from them.

You can't know God through your mind; only through your feelings. Just as you can't know the truth of yourself through your mind; only through your feelings.

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

# NEW FEELINGS WAY

## **John Doel, typist – spiritual biography**

I, John Doel, was born on 16 January 1947. I recall my mother, Marie, struggling with the issue that I would be separated from her for six months within a week of my birth. I was born in Katoomba where my mother was being treated for tuberculosis and so I was sent home to our sheep and wheat farm at Buddigower, some 30 kilometres south west of West Wyalong in central New South Wales, Australia.

Two adjoining farms were owned by brothers of my father James, who apparently was starting his disappearing acts, leaving home for ever increasing lengths of time and not having anything to do with the family of four children, me being the youngest, or the operation of the farm. Also adjoining the third of the brothers' farms was that of Elizabeth McDonell, my mother's mother, and who I now call Nanna Beth.

By the time mum recovered and returned home, I was spoilt rotten. At the end of six months I had four or five 'mothers' and, apparently, it was a gargantuan task of reforming me from my spoilt hood.

Both sides of the family were Catholics. The priest would arrive at the community hall once a month travelling the dirt roads from town, or occasionally service was in the home of Uncle Geoff's farm, one of the three east of our farm. The Buddigower village community appeared to be Church of England or Roman Catholic.

The eleven years I lived on the farm, the school teacher for the village lived in our home. Well, he slept in a bed on the verandah in the heat of summer and the cold of winter next to my bed. You could say it was a privilege to have a school teacher at home. I always came in the top three in my class! There were only three in my class, the whole school had on average thirteen students. If I was not chastised enough for my mischief at home then at little lunch I would be told by Bert (teacher) to fetch the feather duster and he would give me a 'top-up' using the duster as a cane.

The farm was sold and we moved into West Wyalong minus father. For four years I attended St Mary's Catholic School which was run by the Sisters of Mercy. Then two years of boarding at the St Patrick's College (boys only) in Goulburn. I got a good final score but did not matriculate, however I did accidentally burn down the school rooms two weeks before the final exams – that got rid of those undesired school books. School was done with for me in 1963.

First full time employment was as a short-hand typist, now I am just a typist. Did spend some time being a Chartered Accountant, had a stunning public practice in Burwood in Sydney which expanded to the Gold Coast, in south-east Queensland, Australia. How that started is that I took correspondence, then just bought the text books, laid on my back on my bed and read and underlined like mad and then sat for external exams – no university for me! The firms I worked for in Sydney were leaders in initiatives within the industry – particularly the health industry.

My Catholicism waned, though I did marry Carolyn in a Catholic Church very much against the wishes of her family who were of the Church of England.

What had dawned on me was that we cannot change our ingrained tendencies to be wayward. Confession was always a repeat of the last one. Forgiveness does not eradicate. It appeared pointless. Then the endless repetition of everything was akin to being at boarding school. The routines were circular returns to the same point without any window for progression. What the hell is this all about?

Then my accounting career raised an important issue that all of society appears to be blind to. More than half of my clients, no matter where I worked, were from within the many aspects and arms of the

medical industry. They all appeared to be overwhelmed with no solutions for their patients. They were and still are just suppressing the symptoms. There is no cure! What is worse is that NO medical professional will tell you the answer to the most enlightening question ever:

### **WHAT IS THE CAUSE BEHIND YOUR DISCOMFORT, PAIN OR ILLNESS?**

I have longed to understand the answer to that question and define that question for maybe forty years.

Nanna Beth had died before I turned five. Now she is fully in my face again – and that is wonderful. In 2017 she commented that by the time the 1990s rolled around you could say I was verging on being an atheist, or was that agnostic! Good one Nanna!

Then an episode with inventors began to unfold. 1999 was the start of five years of one by one meeting with around 1,000 inventors and rationalising potentiality. My accountant hat was working well. You try talking to guys about a subject that they only know about – one thousand times – well they are inventors! More than half had no technical training in the industry they had developed something that educators would say is impossible. Further, more than half were clearly (to me) mediumistic! So, what the hell is going on here. Further, ALL of the innovative break throughs had benefits for impoverished or emerging communities – not for advance city economies. What is the game going on here?

The formation of the intended structure and scope of Pascas WorldCare and Pascas Foundation unfolded during the era of the inventors, by 2005. Pascas Foundation (Aust) Limited was incorporated on 16 September 2008.

So I started to ask guys and gals what are the two most profound books that I should consider? The first two were; Power vs Force by Dr David R Hawkins and The Messengers by Julia Ingram which outlined the life of Nick Bunick. The bookshelf swelled with maybe 400 books of which I have given 300 away, now redundant.

Dr David R Hawkins has published more than 10 books and several videos. The three and half hour video on kinesiology muscle testing is incredible. If you hold ANY statement in mind then you can determine if it is true or not true. Further, by holding in mind the Map of Consciousness scale that Dr Hawkins developed then you can determine the level of truth. The scale is based on the logarithm of 10 and goes to 1,000. Few books calibrate over 600, then fewer over 800, and then even fewer over 900. 1,000 is the peak potential of natural love. The scale goes onto infinity reflecting Divine Love. Using this process you can calibrate the level of these writings overall, by parts, by pages, by paragraphs and topics one by one. This process has enabled me to put aside and not bother with what is a distraction or not enlightening. Dr Hawkins provided me with a wide and sound foundation in all things spiritual.

I contacted Nick Bunick and later accepted his invitation to participate in the Founding Mystics conference in Las Vegas at the end of June 2007. Man, was that a blast! This group believe they are the reincarnation of specific people of historical relevance – generally. Reincarnation does not take place and, further, it is impossible. Graham Golding and I had four or more days with nearly 100 people who basically made up the spiritual movement worldwide.

Tuesday, 2 July 2007 in the main corridor of the Las Vegas hotel while chatting to Perry Kimelman and Graham Golding, I had the most extraordinary vision of the future and what is possibly going to unfold for PASCAS. The experience was like a world trip in 90 seconds where I met something like 800 people and I saw many of the PASCAS Care Centres! Apparently I had just handed the program over to God – it was a stunning display – movement was faster than light, I could see the end of light beams falling behind me.

Then on that same day, sitting in front of Grace Sears, before she could start her session, I could feel myself lighting up like a Christmas tree; it felt like I was exploding. No worries mate, these guys are the most highly experienced spiritualists to be found! This ‘frying of my mind’ ebbed and flowed, on and off, for about three and a half months. It was like a burning hat band that would start at the front of my forehead and progress around my head where a hat band would sit. It was not until 2017 when Nanna Beth explained that this process was the opening of my mind to other possibilities, removing erroneous beliefs in the process. Then Kevin, who had died in 2012, also explained that he had the same experience after he died.



It is a turning point from which you cannot turn back. Your openness and longing to find and know truth is permanent. What you held dear to yourself, as it being your own truth, is now permanently put to the side. You still remember your erroneous beliefs and ways of living, however when you are presented with Truth there is no ‘push back’. You welcome Truth and embrace another step forward to the certainty and freedom that comes with it. We all will have this ‘fried mind’ or ‘burning hat band’ experience to a lesser or greater extent.



What is unfolding for Pascas Worldcare is this:

**perceived truth MoC 880 – relative truth potential MoC 1,480**

Utilising Dr Hawkins’ Map of Consciousness and kinesiology muscle testing, the Pascas Papers and the environment is persistently revealing this calibration – which is two observations on the one topic. Just taking a casual involvement in the topic or environment then the perceived level of truth of MoC 880 is reflecting the equivalent of the 5<sup>th</sup> Divine Love healing Mansion World. Should the reader or observer then take a full engagement with what is presented, then there is the potential for the truth to have the full benefit of its potentiality of MoC 1,480 which is akin to the 3<sup>rd</sup> Celestial Heaven. This is extraordinary.

Only the writings of James Moncrief and James Padgett, together with some supporting writings, have generated calibrations over 1,000. Celestial spirits were restrained from writing until cracks in the Universal Law governing the Rebellion and Default were opened. No other spiritual writings previous to 31 May 1914 could and did have potential calibrations above MoC 1,000 and most of the world’s treasured books calibrate far lower. This heralds the beginning of the Great U-Turn.

Now with an open mind and a more focused search for Truth, in June 2009 I, John, met up with AJ Miller and consequently attended his discussions through to November 2011. I accredit AJ Miller for providing me with intensive exposure to the Padgett Messages and associated observations that, at best, I may not have achieved in 20 years. I felt there was nothing or little further to be gained and I broke off contact.

The works of Dr Daniel Samuels, Hans Radax, Joseph Babinsky, Dr James Reid and Nicholas Arnold expanded upon Divine Love and spiritual matters in general. However nothing expanded and addressed the gaps in the healing process that AJ Miller noted as essential. No one could complete what he introduced – not even AJ.



Then in November 2016, I was introduced to the writings of James Moncrief and then his phone number. I phoned and he answered!

By February 2017, I was sitting dumbfounded that no one recognised who James and Marion truly are. If you have ever driven into the Kings Cross area in Sydney and not recognised the great big blazing red billboard or been in Times Square in New York and not recognised the signage and what it was saying – then I remained stunned! It is clear as Coca-Cola as to who they are!



Throughout all of history, Mary Magdalene has only written through one person and that is James Moncrief.

Throughout all of history, Jesus has only written through James Padgett and James Moncrief.

One person only has written and fully explained how to engage in and subsequently complete the healing of their engagement in the Rebellion and Default. And now Marion and James are completing their healing and moving out of the healing process. Samantha from England is following in close succession, and so will others. We can only follow Marion and James.

Yes, others believe they have transcribed messages from Jesus, but that is not so; that is not Jesus from Nazareth of the Bible, but typically a Jesus from the Celestial Heavens who is fully versed through researching and engaging in the very amazing museum at Jerusem on the 1<sup>st</sup> Celestial Heaven. Other Celestials with names akin to the Apostles of Jesus have from time to time done the same thing.

Dr Daniel Samuels transcribed for a Celestial spirit being Jesus from the Celestial Heaven. Hans Radax did transcribe for Judas of Kerioth, the Apostle known as Judas the Iscariot. Some of the Apostles who lived and walked with Jesus did provide messages for James Padgett. This group of writings have all unfolded to bring about the Great U-Turn, the End Times, the Change Over, the New Spirit Age of 1,000 years which is the Avonal Age. This is one hell of an incredible interesting time and, yes, the Avonal Pair are here and they are not a Coca-Cola sign but to me they are that obvious.

And for me it is even more incredibly amazing and wonderful. My close members of my family have ALL progressed into the Celestial Heavens and they are contributing to this unfolding of change for all of Earth's humanity. Nanna Beth, 3<sup>rd</sup> Celestial Heaven, with her soulgroup of 24 personalities, 12 soulmate pairs, is leading the Great U-Turn. That is my grandmother, the mother of my mum! Kevin moved into the 1<sup>st</sup> Celestial Heaven in 2017. Marie (mum), Raymond (1<sup>st</sup> cousin) and Bradley (my nephew and son of Kevin) arrived a little over a year ago in 2019 or so. My brother Lloyd (living) and I have absolutely no doubt as to who they are. This makes this all so very personal and dear to me.

All I can say, someone has to be in a front seat and the best I can do is convey what has come to me.

Aspiring to Living Feelings First, John Doel



WE ARE GOD'S CHILDREN

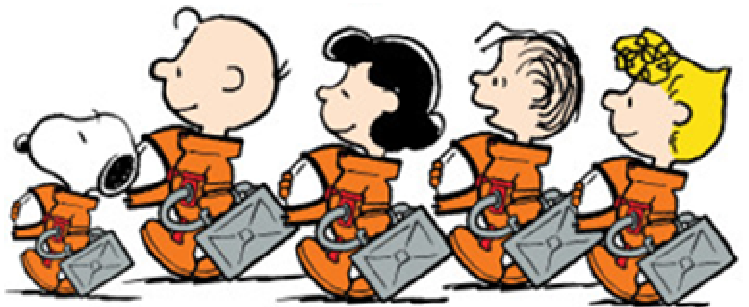
THE GREATEST  
THREAT  
TO  
HUMANITY





Artwork by Joel Rea, of Tallebudgera, Gold Coast, Australia

**ALL  
SYSTEMS  
ARE GO!**



<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>		
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>		<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx</b>	<b>– James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>			
<b>    The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx</b>	<b>as primary reading</b>
<b>Divine Love supporting reading:</b>			
<b>Revelations</b>	<b>1954 – 1963</b>		<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>		<b>– Geoff Cutler</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx</b>	<b>– Joseph Babinsky</b>
<b>    containing the Padgett Messages or Little Book of Truths</b>			<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx</b>	<b>– Geoff Cutler</b>
<b>Available generally from:</b>			
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>	
<b>For Divine Love focused websites and forums:</b>			
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>		
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>		
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>		
<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>			

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts

Selected Pascas Papers, as noted below, are to be published. Selection is to be reviewed appropriately.

ALL writings will be assembled in secure archives in strategic locations for researchers' access.



**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

This group being pages of 3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

## **FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**

**James Moncrief Publications:**

**all publications are free downloads:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

### **Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

### **Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

### **Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

### **Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

### **Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

### **Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:**

**The True Gospel Revealed Anew by Jesus volumes 1 – 4**

**Book of Truths by Joseph Babinsky**

**The Urantia Book**

**Release one's pain through expressing one's feelings.**



**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link.*

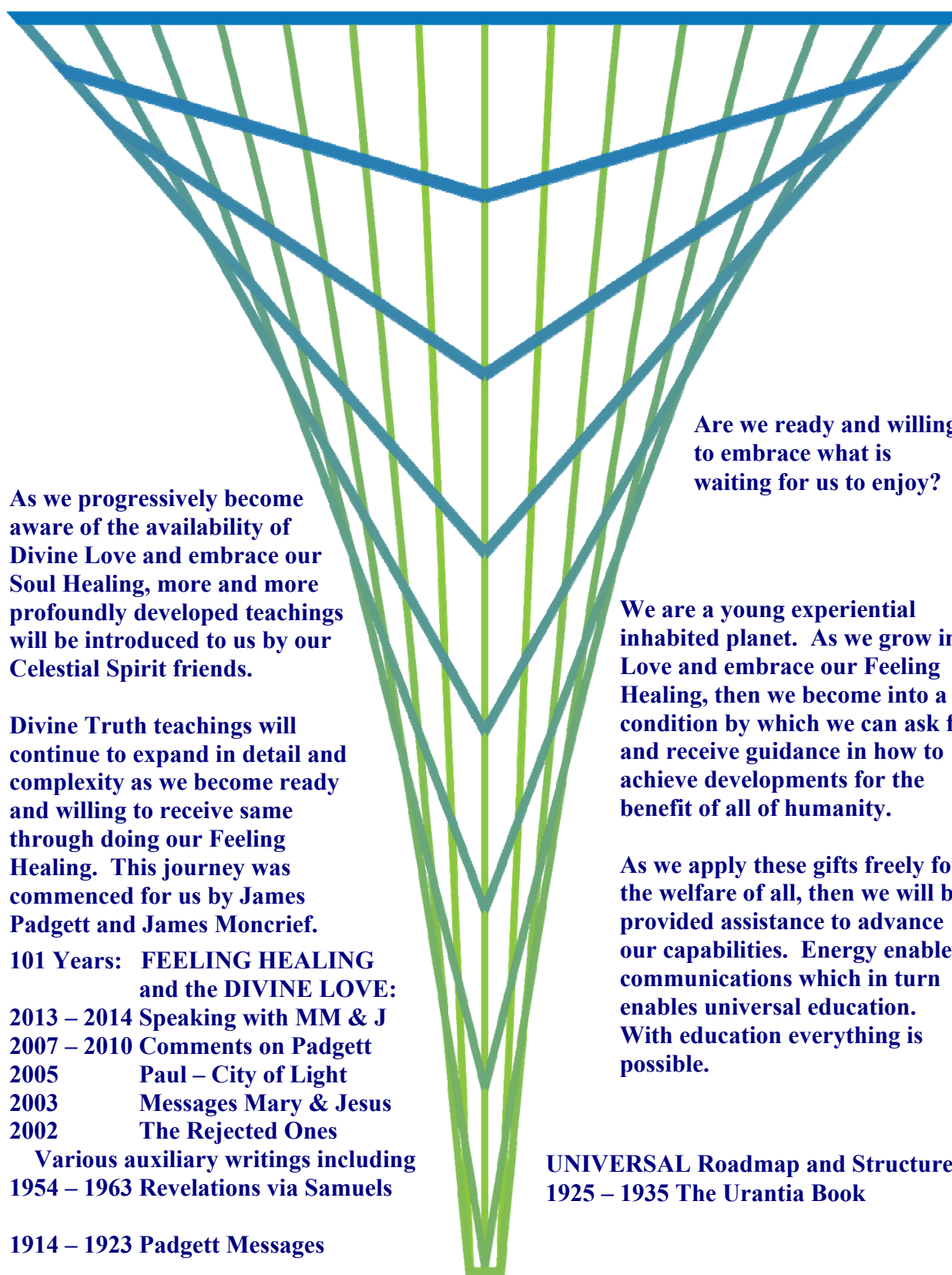
Pascas Care Letters A Huge Upturn  
 Pascas Care Letters Big Revelation  
 Pascas Care Letters Feeling Healing Benefits Children  
 Pascas Care Letters Feeling Healing Way  
 Pascas Care Letters Little Children  
 Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
 Pascas Care – Feeling Healing All is Within  
 Pascas Care – Feeling Healing and Health  
 Pascas Care – Feeling Healing and History  
 Pascas Care – Feeling Healing and Parenting  
 Pascas Care – Feeling Healing and Rebellion  
 Pascas Care – Feeling Healing and Starting  
 Pascas Care – Feeling Healing and Will  
 Pascas Care – Feeling Healing Angel Assistance  
 Pascas Care – Feeling Healing Being Unloved  
 Pascas Care – Feeling Healing Child Control  
 Pascas Care – Feeling Healing Childhood Repression  
 Pascas Care – Feeling Healing End Times  
 Pascas Care – Feeling Healing is Rebellious  
 Pascas Care – Feeling Healing Live True  
 Pascas Care – Feeling Healing Mary Speaks  
 Pascas Care – Feeling Healing My Soul  
 Pascas Care – Feeling Healing Perfect State  
 Pascas Care – Feeling Healing Revelations X 2  
 Pascas Care – Feeling Healing the Future  
 Pascas Care – Feeling Healing Trust Yourself  
 Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**





*Narrow is the path that leads to life ...*



perceived truth MoC 890 – relative truth potential MoC 1,485