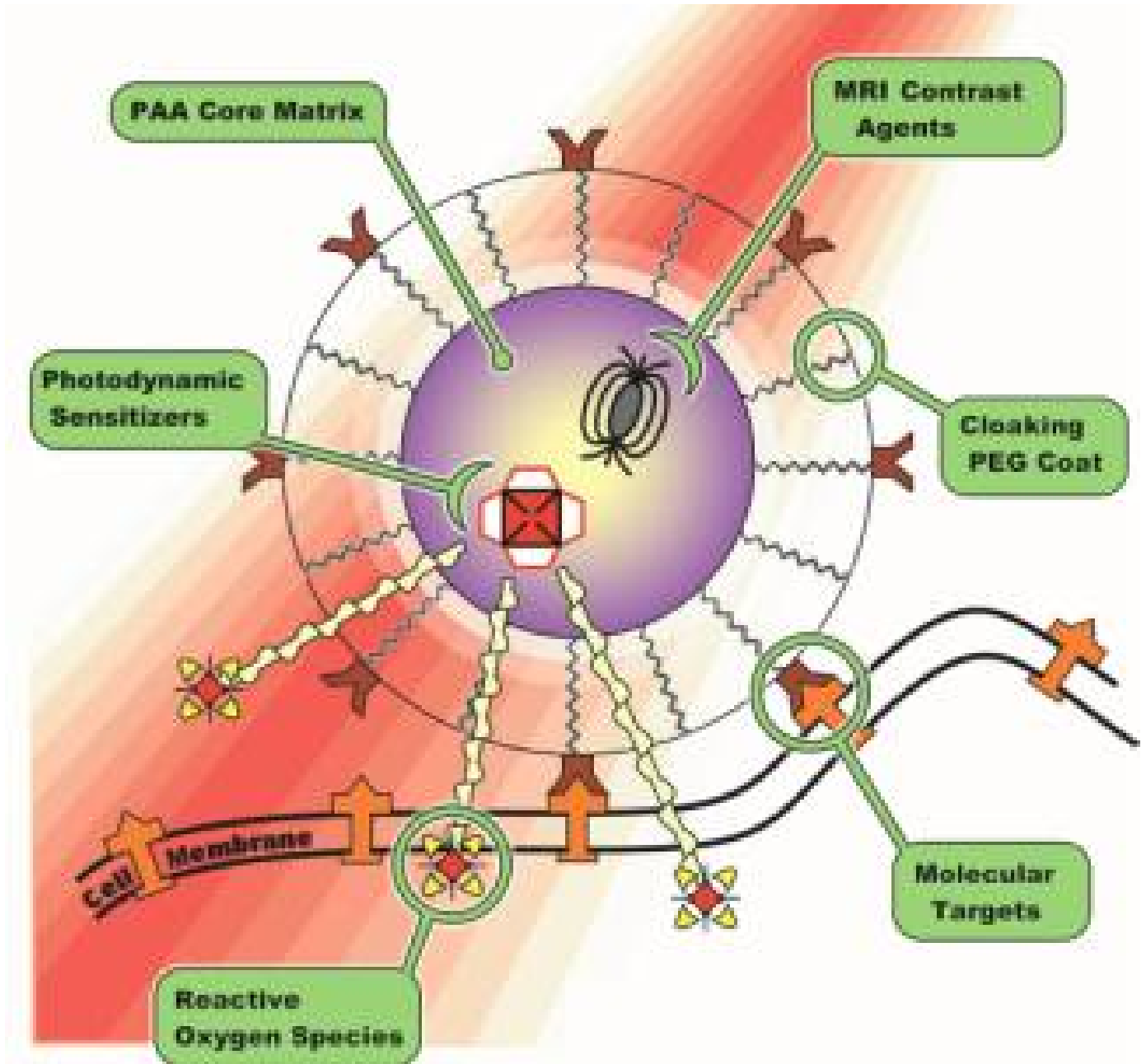


Pascas Care – Cancer Tutor



“Peace And Spirit Creating Alternative Solutions”

PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Queensland, Australia

Pascas Foundation is a not for profit organisation

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PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each persons perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

CANCER TUTOR

ALTERNATIVE CANCER TREATMENTS INFORMATION CENTER TM



CANCER TUTOR:

<http://www.cancertutor.com/>

Cancer Tutor Focuses on Alternative Cancer Treatments Strong Enough to Deal with Cancer Patients Given Up On by Orthodox Medicine

Did you know there are natural or alternative cancer treatments that consistently have a 50% true cure rate on cancer patients given up on by orthodox medicine? These are incredibly potent natural treatments. Imagine how potent these cancer treatments would be for newly diagnosed cancer patients!

However, only a very small number of the 300+ alternative cancer treatments are strong enough to deal with the disastrous condition of cancer patients given up on by orthodox medicine, and these treatments are generally not the best-known treatments!!

The focus of this website is to track down and identify these rare treatments, and to make this information **freely available** on this website. Since nothing is sold on this website, you don't need to spend a single penny to find out about these treatments. Just do a lot of reading.

The current list of treatments (that are potent enough to give those given up on by orthodox medicine a fighting chance) are the following (in alphabetical order):

- 1) Amazon Factor (**),
- 2) Cesium Chloride and DMSO (*/**),
- 3) DPT – DMSO Potentiation Therapy (*) – not being used by anyone,
- 4) Hydrazine Sulfate (*/**) – for Cachexia patients only,
- 5) IPT – Insulin Potentiation Therapy (*/**),
- 6) IVC – Intravenous Vitamin C Therapy (*/**),
- 7) Ozone liquid I.V. (*/**),
- 8) Ozone RHP (i.e. Ozone gas I.V – Recirculatory Haemo Profusion.) (*/**)

Codes:

- * - These are treatments for which there is an article on this website (see Step 4 below),
- ** - These are treatments for which there is expert telephone support from the vendor,
- *** - These are treatments that are generally given only at clinics.



Ozone RHP (Recirculatory Haemo Profusion). What you are seeing here is the very dark, almost black, unhealthy blood as it leaves the body of the patient.. The other hose with the red blood is what it looks like after it is treated with ozone. You can see the dramatic change in the colour of the blood. It is now clean and is the colour of healthy blood and is ready for reintroduction to the blood stream.

All of these treatments are so effective at targeting cancer cells and at killing cancer cells that they have to be "paced," meaning they cannot be given too quickly or the vast number of cancer cells that are killed would exceed the ability of the body to safely remove the debris caused by the dead cancer cells.

In other words, the issue with the above treatments is not killing cancer cells, it is safely ridding the body of the debris caused by dead cancer cells. No healthy cells are killed or damaged.

The above treatments **SHOULD NEVER BE COMBINED**, except in a clinical setting. This is because the dosages for these treatments are established based on the ability of the body to rid itself of dead cancer cells. By combining the above treatments at home, the number of dead cancer cells could be far too high. There are a few exceptions to this general rule.

While clearly there is an advantage to a cancer patient going to a clinic to be treated, and that option should not be discounted, there are also situations where there is an advantage to being assisted by an expert over the telephone. When the telephone is being used, the patient generally does not have to travel and can be close to relatives at all times.

It should also be noted that alternative medicine does not necessarily define a "Stage IV" cancer the same way orthodox medicine does. As far as this website is concerned, a "Stage IV" cancer is a cancer that should only be treated with the most potent of the alternative cancer treatments (i.e. the above list).

Likewise, a "Stage IV" treatment (i.e. the above list) is a treatment strong enough for a "Stage IV" cancer, as just defined.

The treatment of a Stage IV cancer patient actually includes many aspects. Their body must be alkalinized, their immunity system must be built-up, their liver must be protected, their lymph system must be kept flowing, etc. When all of these things are in place it is called a "protocol."

All alternative cancer treatments require a special diet in order to avoid sabotaging the treatment by feeding the cancer cells, acidifying the body, etc. This is also part of the protocol.

The "Stage IV" treatments mentioned above are the most important part of the protocol for advanced cancer patients – the killing of cancer cells. The killing of cancer cells is so important, this "core" of the protocol is given special attention. But none of the above items are complete protocols by themselves.

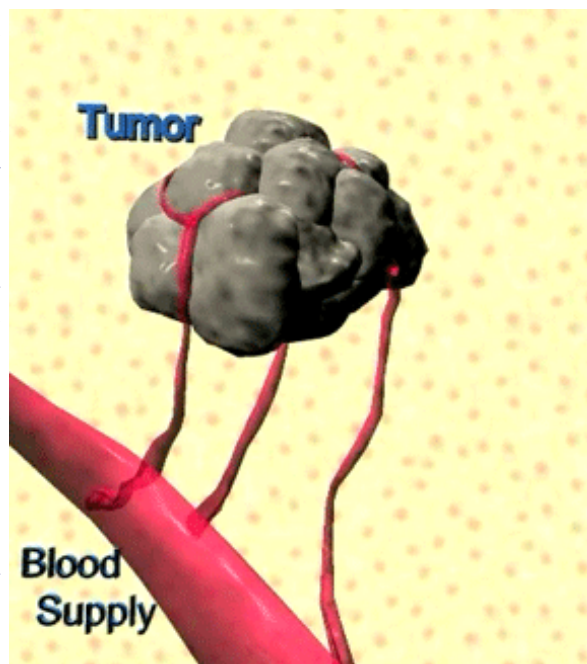
In order for a cancer treatment to be rated as a "Stage IV" treatment, it must meet the following criteria:

- 1) The core treatment must be so potent at killing cancer cells it must be "paced,"
- 2) If a vendor is the source of the product(s), the vendor must have a complete protocol for the patient so the patient does not have to put together their own protocol (clinics obviously have this),
- 3) If a vendor is the source of the product(s), the vendor must have telephone support at least during normal business hours.

If you are working with a vendor or with a clinic, some alternative cancer treatments can be added to their treatment. However, **do not add any alternative cancer treatment to their protocol that kills cancer cells without their prior approval.** The dosages established by the vendors are set for a specific "kill rate," and this rate should not be tampered with.

The next section links to the two main treatment protocol articles, one for "Stage IV" cancer patients and the other for those who are not as serious as "Stage IV". However, if you are new to alternative cancer treatments, and don't fully understand why alternative cancer treatments are far superior to orthodox cancer treatments (if the right treatment is chosen for a given situation), before you read the two key treatment articles in the next section, you are **strongly** encouraged to first read this article (after reading this article return here):

[Article: Introduction to Alternative Cancer Treatments](#)



The Two KEY Treatment Protocol Articles

This website has more than 90 articles / chapters on alternative cancer treatments and the money-based politics which has formed against them, but clearly the most important of these articles are the two key treatment articles. These treatment articles explain which alternative cancer treatments are the strongest and fastest acting.

In other words, these two articles give the "big picture" of putting together a treatment plan and what needs to be accomplished. Other articles provide the details.

There are two main treatment articles, one for Stage I, II and III cancer patients, and a completely different treatment article for Stage IV cancer patients, which includes: Stage IV patients, patients with fast-growing cancers, cancers that have spread to the bones, lymph, liver or brain, or high fatality cancers (e.g. pancreatic cancer, glioblastomas, etc.).

Note: Cancer patients who have been given up on by orthodox medicine should use the Stage IV article.

Treatment Protocol for Stage I, II, and III Cancer Patients

This article for Stage I, II, and III cancer patients contains several "checklists". Each checklist represents a critical aspect of a cancer treatment plan. It is essential to study all of the checklists while putting together your treatment.

Let me explain right here that the cancer diet is just as important as the treatment itself, because the cancer diet is a key part of alkalizing the patient's body. Without the patient's body being alkalized, the cancer will certainly return!!

The key checklist, "Checklist 1," contains the most potent "Stage III" level treatments. A Stage III cancer patient should choose at least 4 of these strongest Stage III treatments. Curing Stage II and Stage III cancer is generally very easy, if the person stays on the "cancer diet" (which I have an article on) and sticks to the Stage III treatment. Here is the article:

[Treatment Protocol For Stage I, II and III cancer Patients](#) (also at: Step 3 below)

Treatment Protocol For Stage IV Cancer Patients

A Stage IV cancer patient needs a significantly different treatment than a Stage III cancer patient. I have found that there are numerous highly effective alternative cancer treatments. However, I have also found that very few of these treatments are strong enough to deal with fast spreading or other Stage IV cancers.

This treatment protocol is far less flexible than the Stage III protocol. It is based on making the cancer cells very alkaline (the blood is not made alkaline, only the cancer cells) and includes both a cesium chloride and a calcium protocol. It is a very complex treatment, and actually includes several web pages, but the protocol includes treatments known to be very effective for Stage IV cancer patients. This article is at:

[Treatment Protocol For Stage IV Cancer Patients](#) (also at: Step 3 below)

Key Articles

While the two key treatment articles mentioned above are the most important articles on this website, there are many other important articles on this website.

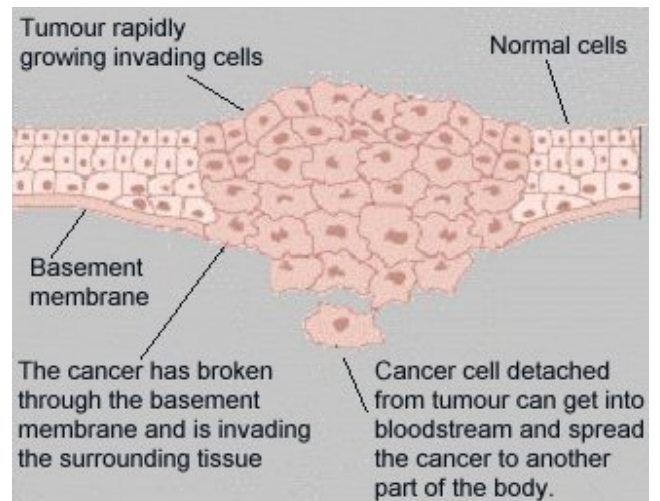
1) Key Article – A Special Treatment for Those With Stage III or IV Cancers.

Many people outside of the United States cannot obtain (for a variety of reasons) supplements from the U.S., or they cannot obtain them for several months. They wonder what they can do in their country. The Brandt Grape Cure is a superb Stage IV treatment. For those who cannot get adequate grapes, this diet can be modified by substituting carrot juice and beet juice for the grapes. This diet is at: [The Brandt Grape Cure Diet](#) (Stage III, IV cancers)

2) Key Article – The "Cancer Diet" (i.e. The "Anti-Cancer Diet")

The "cancer diet" is a list of the things a cancer patient should and **should not** eat and drink. Many foods, such as meats, sugar, dairy products, etc. *can severely interfere with the cancer treatment* because they feed the cancer cells, or do some other damage to the treatment. **No alternative cancer treatment can be stronger than the "cancer diet"!!** In other words, **the cancer diet is just as important as the cancer treatment!** The main article on "cancer diet" is at:

[The "Cancer Diet" article](#) (also at: Step 2, Lesson 2)



3) Key Article – The Theory of Treating Cancer

This article will give you both the "big picture" and the small details of the theory of treating cancer. It will provide an understanding of why an alternative cancer treatment is designed the way it is. It covers a lot of topics, from why cancer forms, to "buying time," etc. The article is at:

[The "Cancer Theory" article](#) (also at: Step 2, Lesson 1)

These "Key Articles" are kept up-to-date better than the other articles on this website. Some of the articles on this website were written three years ago and have not been updated because of my severe lack of time.

A Warning for Women of Child-Bearing Age

Warning: if you are pregnant, might be pregnant or might become pregnant, is it absolutely critical you read this article!!! Even though I only discuss natural treatments, some natural products can cause birth defects due to the similarity between cancer cells and some foetal cells.

[Warning For Pregnant Women Who Have Cancer](#)

Also see this article:

[General Article for Pregnant Women](#)

Quotes About Cancer

Quotes of Nobel Prize Winners about Cancer

- "But nobody today can say that one does not know what cancer and its prime cause be. On the contrary, **there is no disease whose prime cause is better known**, so that today ignorance is no longer an excuse that one cannot do more about prevention. That prevention of cancer will come there is no doubt, for man wishes to survive. But how long prevention will be avoided depends on how long the prophets of agnosticism will succeed in inhibiting the application of scientific knowledge in the cancer field. **In the meantime, millions of men must die of cancer unnecessarily.**"*

Nobel Prize Winner Otto Warburg in a meeting of Nobel Laureates, June 30, 1966
See: <http://www.alkalizeforhealth.net/Loxygen3.htm>
- Dr. James Watson won a Nobel Prize for determining the shape of DNA. During the 1970's, he served two years on the National Cancer Advisory Board. In 1975, he was asked about the National Cancer Program. He declared, "It's a bunch of shit."*

Nobel Prize Winner James Watson
See: <http://www.altcancer.com/lysis.htm>
- "Everyone should know that the 'war on cancer' is largely a fraud."*

Two Time Nobel Prize Winner Linus Pauling, author of several books on Vitamin C and cancer

Other Cancer Quotes

- "To the cancer establishment, a cancer patient is a profit centre. The actual clinical and scientific evidence does not support the claims of the cancer industry. Conventional cancer treatments are in place as the law of the land because they pay, not heal, the best. Decades of the politics-of-cancer-as-usual have kept you from knowing this, and will continue to do so unless you wake up to their reality."*

John Diamond, M.D. & Lee Cowden, M.D.
- "Chemotherapy is an incredibly lucrative business for doctors, hospitals, and pharmaceutical companies.....The medical establishment wants everyone to follow the same exact protocol. They don't want to see the chemotherapy industry go under, and that's the number one obstacle to any progress in oncology."*

Dr Warner, M.D.
- "You wouldn't believe how many FDA officials or relatives or acquaintances of FDA officials come to see me as patients in Hanover. You wouldn't believe this, or directors of the AMA, or ACA, or the presidents of orthodox cancer institutes. That's the fact."*

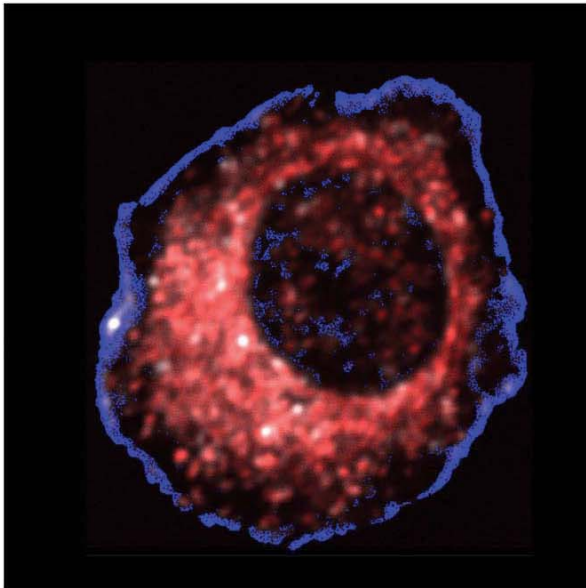
Hans Nieper M.D. (1928-1998) (Dr. Nieper used a cesium chloride protocol in Hanover, Germany)

And there are many, many more such quotes. See:

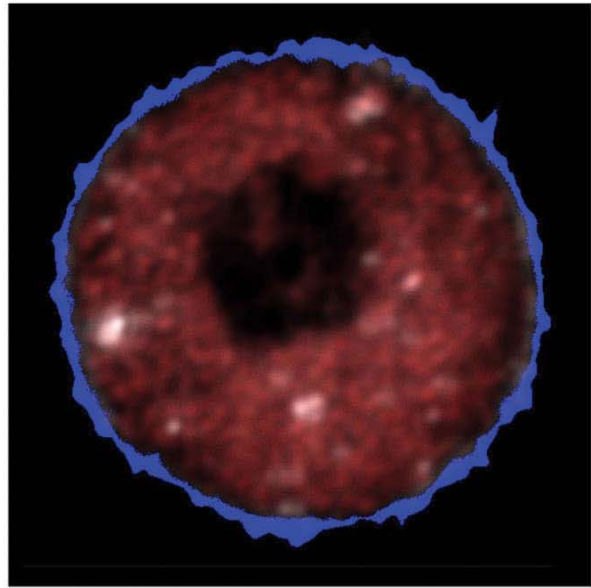
<http://www.whale.to/cancer/quotes.html>

<http://www.whale.to/m/quotes6.html>

Normal



Cancer



RECOMMENDED READING from the PASCAS PAPERS:

Living with the Love

<http://www.pascashealth.com/index.php/library.html>

- | | | |
|----|---|---------|
| 1. | Pascas Care – The Truth About Cancer | FH & DL |
| 2. | Pascas Care – The Truth About Cancer – Complementary Modalities | FH & DL |
| 3. | Pascas Care – The Truth About Cancer – Exploring Pathways | FH & DL |

Kindly consider visiting ‘Library Download’ section – Medical Complementary Cancer Therapies

The Three Great Truths:

- “God is Soul, being Mother and Father;
- that each individual soul is a finite individual;
- and that the Divine Love is freely available for all to receive.”

Cancer News

Cancer and Other FDA News

Another Killer Drug Recalled

Yet another killer drug has been recalled by the FDA. This one kills mainly children. It is the drug: phenylpropanolamine (PPA). It is found in many cold medications. If you have anything with this drug in it – throw it away.

September, 2005 – Young Living Moving Its Research Facilities to Ecuador

The Young Life Research Clinic in Springville, Utah, operated by the superb essential oils company, Young Living, has taken in over 25,000 patients over the past five years, and 85 percent of those patients experienced moderate to extraordinary results.

However, this clinic is shutting down and moving its operations to Ecuador.

- *"The Ecuadorian constitution promotes and supports natural and traditional medicine for the benefit of her people, which will allow us the opportunity to conduct clinical testing and in-depth research on the medicinal uses of essential oils that we have been prohibited from doing in the United States.*

From A Memo to Young Living Marketing Associates

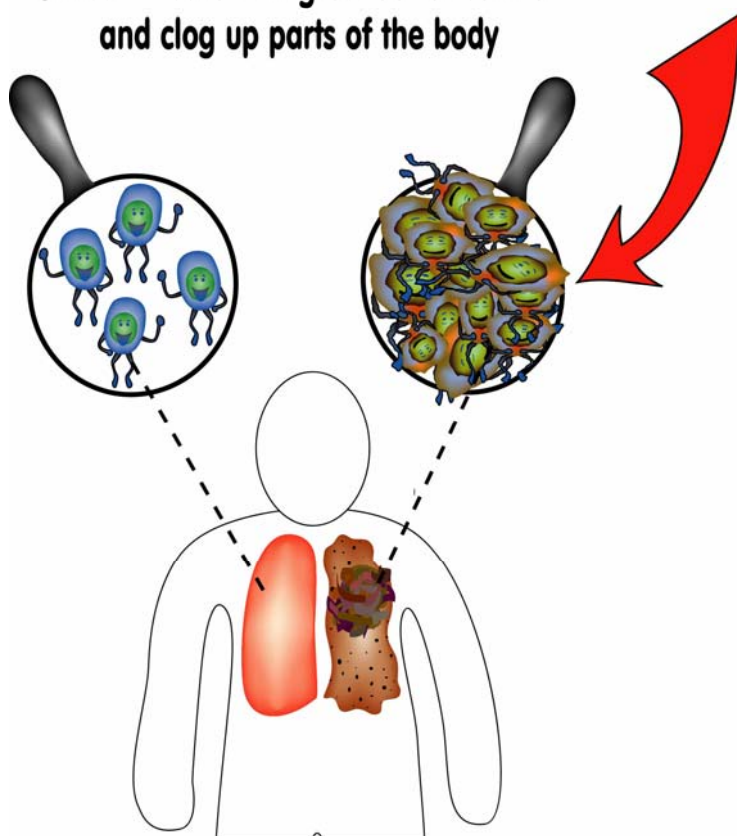
Most of their patients were **not** cancer patients, but they were doing a considerable amount of cancer research at their clinic.

September, 2005 – Eniva Shutting Down its Cesium Chloride Sales

Eniva, one of the largest distributors of liquid ionic cesium chloride products (cesium chloride is a key part of one of the most potent Stage IV treatments), has decided to quit selling cesium chloride due to concerns about federal prosecution.

August, 2005 – Victory Over Cancer Book Disappears From Bookstores

Cancer = cells that grow out of control and clog up parts of the body



Over the decades the pharmaceutical industry has taken off the shelves many superb books on cancer, or which were critical of the pharmaceutical industry.

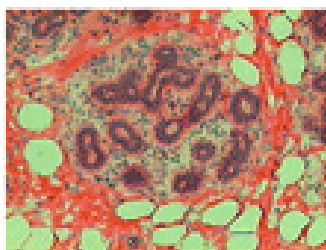
For unknown reasons another superb book on the cause and treatment of cancer has suddenly disappeared from book dealers and book distributors:

Victory Over Cancer: Trichomonads...a Sensational Discovery!

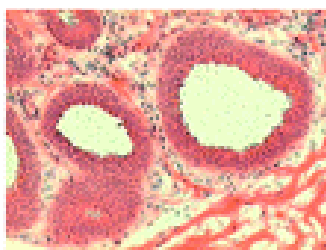
ISBN 9834089007 by Paul Magid and Russian cancer scientist Tamara YA Svischeva

The German version of the book: "Krebserreger entdeckt," written under the name Tamara Lebedewa, is still available in German.

If you have a copy of Victory Over Cancer, or know where there is a copy, please send me an email:
[Email Address](#)



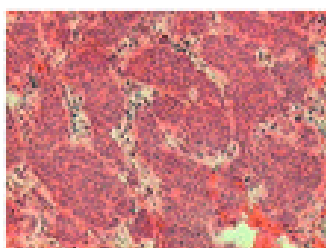
Normal breast cells



Atypical Dysplasia



Breast Ductal carcinoma *in situ* (DCIS)



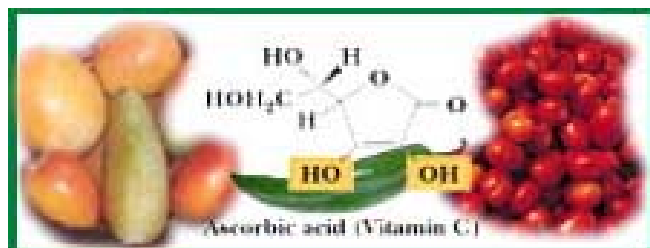
Invasive breast cancer

Holistic and Alternative Cancer Clinics

Endorsed Cancer Clinics

Many cancer patients want to be treated by a medical professional or perhaps the family members insist the patient be treated by medical professionals.

I endorse several clinics that use superb treatments and are operated by people with a long history of treating cancer patients. One is in Kansas, one in Canada, one in Nevada and one is in Costa Rica. They use a variety of different protocols:



In the U.S. and Canada

First, for those who would like to be treated at a large research clinic in the U.S. there is the Bright Spot Clinic, The Center For The Improvement Of Human Functioning International and the Olive W. Garvey Center for Healing Arts, which are all together in Wichita, Kansas. This large holistic clinic uses the very effective high dose Intravenous Vitamin C therapy (i.e. I.V.C.). Dr. Ron Hunninghake, M.D., and a staff of PhDs, are involved in orthomolecular research and other cancer research. The clinic will treat you until they know the best dose of Vitamin C I.V. for your situation, then will send you home to continue your treatment. Once home, you can combine most of the Stage III and Stage IV treatments on this website with their treatment.

[Bright Spot Clinic](#)



Second, there are certain advantages to staying home during a cancer treatment. You are close to family for moral support, you are in familiar surroundings, you do not have to travel, etc. Dr. Darrell Wolfe, PhD, used to have a clinic where he consulted with many cancer patients, but about 12 years ago he switched to exclusively using telephone consultations so patients can stay at home, and for other reasons. **He uses my most highly endorsed treatment: cesium chloride and DMSO taken externally**, plus a wide variety of other excellent protocols! His fee is very, very reasonable. With over two decades of experience with

cancer patients, and with his use of a proven alkaline treatment, I highly endorse his telephone clinic:

[The Wolfe Clinic – Canada](#)

Third, another M.D. clinic that I endorse is the Nevada Center of Alternative & Anti-Aging Medicine of Dr. Frank Shallenberger, M.D. In his clinic he uses ozone, hydrogen peroxide and Insulin Potentiation Therapy (IPT). I should note that his IPT technology is state-of-the-art and he does not need to put a person into an insulin coma in order for his IPT therapy to be effective. Some IPT clinics still use old technology and put people into an insulin coma. While his ozone treatment is not a "Stage IV" treatment, he is endorsed on the basis of his combination of treatments. Here is his website:

[Nevada Center of Alternative and Anti-Aging Medicine](#)

Outside the U.S. (Doctors who use treatments which are persecuted inside the U.S.)

Fourth, for those who can go to Costa Rica, there is the clinic of Dr. James Howenstine. Dr. Howenstine uses an alkaline treatment, but rather than use cesium chloride he uses calcium as his main alkaline agent, which works in an entirely different way. He is sometimes hard to get ahold of, but he does have a website and email address. His website is at:

[Dr. Howenstine website](#)

His email address is at the bottom of this article (which he wrote):

[Dr. James Howenstine, M.D. – article and email address](#)

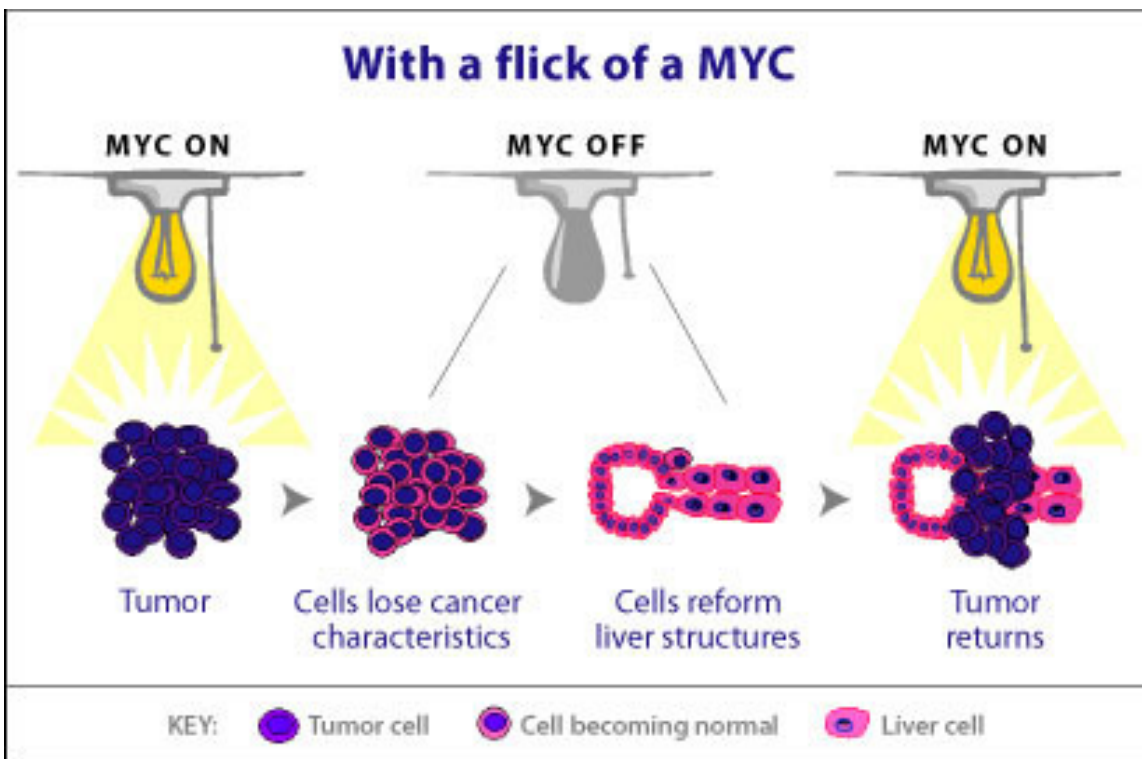
These and Other Clinics

Here is a web page that has links, directly or indirectly, to many alternative clinics around the world.
[Cancer Clinics](#)

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.



**PASCAS
PERS**



**Feeling
Healing with
Divine Love is
the key!**



Step
Introduction to Alternative Cancer Treatments

1:

If You Are New To Alternative Cancer Treatments – [Start Here:](#)

Whether you have cancer or not, if you are not an expert on the **advantages** of alternative cancer treatments **versus** orthodox cancer treatments, these articles are a **must read!** Here is a quote from one of the articles:

"People who don't have cancer rarely give cancer a second thought. All their life they have been conditioned to believe that the medical community is diligently making progress in the "War Against Cancer." They believe there is nothing to worry about. If they get cancer, the medical community will take good care of them. All of this is an assumption that could cost a person their life!"

Article: Introduction to Alternative Cancer Treatments

Click to Read: **[Introduction to ACT – Part 1 – The Medicine](#)**

Click to Read: **[Introduction to ACT – Part 2 – The Politics](#)**

Click to Read: **[An Email From one M.D. to Another – Describing the Sad State of Medicine](#)**

Click to Read: **[A Speech by Dr. Matthias Rath, M.D. in South Africa, May 13, 2005](#)**

[Dr. Rath worked closely with two-time Nobel Prize winner Linus Pauling.]



**Step
Tutorial For Alternative Cancer Treatments**

2:

Why Read the Tutorial

While this website has more than two dozen articles on specific alternative treatment plans, in order to avoid endless repetition of the key concepts and the do's and dont's of an alternative cancer diet, I have written a tutorial that applies to all treatment plans.

It could be a devastating mistake to simply jump down to the detailed treatment articles without carefully studying the tutorial and understanding how to put together a plan for your situation.

READ THE ENTIRE TUTORIAL !!!

Lesson	Title
Lesson 1	<p><u>The Theory of Alternative Cancer Treatments</u> This is the "cancer theory" article, one of the key articles on this website. Covers the theory and practice of why and how alternative cancer treatments work.</p>
Lesson 2	<p><u>The Cancer Diet For Most Treatment Plans</u> This is the "cancer diet" article, one of the key articles on this website. Covers the critical issue of a "cancer diet." <u>No matter what treatment program you are on</u>, if you do not eat the right foods, and avoid the wrong foods, your treatment may fail!!</p>
Lesson 3	<p><u>About the Three Phases</u> Explains why a three phase treatment program is critical to insure your cancer never comes back. In many cases, the symptoms of cancer disappear, and a person quits their treatment protocol, only to have the cancer return within a few months.</p>

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

Step 3:
The Stage III and Stage IV Treatment Articles

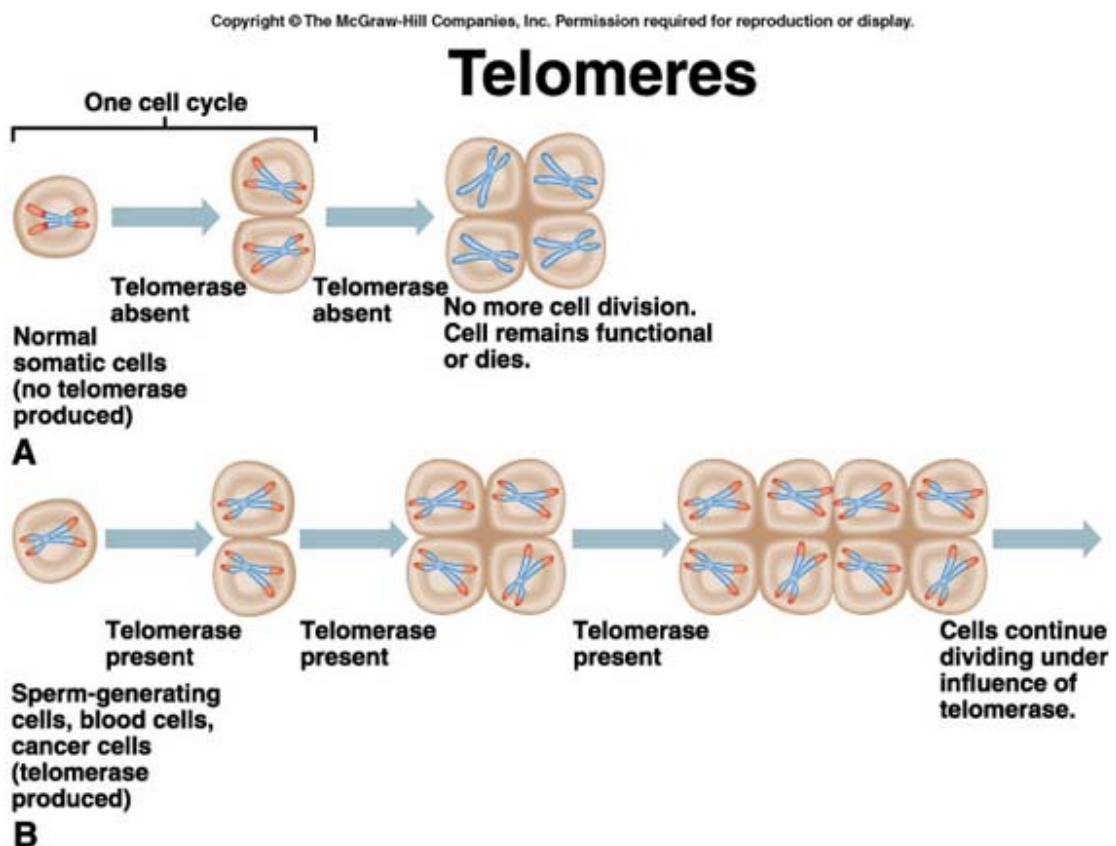
The Stage III and Stage IV Treatment Articles

These are among the key articles on this website. When cancer patients put together their own alternative cancer treatment they typically visit dozens of different alternative cancer treatment websites, and get dozens of different opinions about different treatment plans. This is a good thing, *but it sometimes leads to a person putting together a treatment plan that is far too weak for their situation!!*

Because of this real possibility I have put together two KEY articles that will help you evaluate or design your treatment plan. With your own plan in hand, you can go down the checklists of this article and evaluate how powerful your plan will be. **This is a MUST READ article for your initial treatment plan AND for any time you make changes in your plan!!**

Click to Read: [The Treatment Article For Stage I, II, and III Cancer Patients](#)

Click to Read: [The Treatment Article For Stage IV Cancer Patients](#)



Treatment For Stage IV Cancer Patients

- [CancerTutor Home Page](#)
- [The "Checklist" Article For Stage I, II, and III Cancer Patients](#)
- [The Cesium Chloride Protocol of CancerTutor \(also linked to below\)](#)
- [The Cesium Chloride Protocol of Robert R. Barefoot](#)
- [My FAQ on the Evidences for the Cesium Chloride Protocol](#)

Important Notes

Note #1: For BRAIN CANCER patients

Use THIS article as your base of operations, however, there are some additional comments that need to be made. As mentioned below, for brain cancer patients **DMSO IS ESPECIALLY REQUIRED.**

If you are dealing with swelling or pressure of any kind in your brain, immediately deal with an oncologist or surgeon. Let them make decisions about relieving the swelling or pressure. Do NOT depend on alternative cancer treatments to work fast enough to deal with swelling or pressure inside the skull.

Also, you might want to look at my special article on brain cancer to help you fine tune your options: [Brain Cancer Article](#)

Any brain cancer patient on ANY cancer treatment, whether orthodox or alternative, needs to carry with them at all times anti-seizure medication. They also need to be with a person at all times who knows how to use the anti-seizure medication!!

The reason is that virtually ALL cancer treatments, whether orthodox or alternative, kill cancer cells and in the process of doing this will create an inflammation in the brain. This inflammation can cause seizures.

I do not know of an exception to this general rule.

Note #2: For PANCREAS or GALLBLADDER CANCER patients

Pancreas cancer is a very fast growing cancer. I know of no other treatment that works as fast as the Cesium Chloride Protocol, which will be discussed below.

However, because the common bile duct attaches to the head of the pancreas, the bile duct may get blocked or clogged because of your cancer. Gallbladder cancer can also cause the bile duct to be blocked. If you have jaundice (i.e. your skin turns yellow), it may be because of a tumour at the head of your pancreas that has blocked the bile duct. Or there may be some other kind of obstruction of the bile duct.

If this is the case, work with your oncologist or surgeon to deal with the flow of bile. They may remove a tumour or put in a stent. If they put in a stent, it may become clogged, so watch for a return of your jaundice. Do NOT depend on alternative cancer treatments to work fast enough to relieve any blockage.

Note #3: Bone Cancer (e.g. Cancer That Has Spread to the Bones)

Bone cancer creates some unique problems largely because the bones become so brittle that they are very easy to break. This has a psychological and a physical affect on cancer patients.

I have a separate article on bone cancer:

[Article on Bone Cancer](#)

Note #4: Shrinking Tumours

This treatment is mainly designed to kill cancer cells, not to shrink tumours. If you kill all of the cancer cells in a tumour, **the tumour is harmless even if it still the same size as it was in the beginning!** The Cesium Chloride Protocol takes about 2 months to shrink tumours noticeably. However, before that time the tumour may actually get larger as the immunity system is attacking the dying cancer cells.



One of the great myths in "modern medicine" is that there is a correlation between shrinking tumours and curing cancer. **The size of a tumour has nothing to do with the progress in treating the cancer!!**

However, if a tumour is pressing on another organ, is blocking the flow of fluids, is a cause of extreme pain, is in a dangerous location, etc. it obviously would be wise to consult with a surgeon.

Some alternative treatments do shrink tumours. If you want more information about this subject, see:

[Article on Shrinking Tumours](#)

Note #5: If You Have Limited Financial Resources

For those from very poor countries I have specifically added a great deal of information about the Brandt Grape Cure treatment, which can substitute carrot juice, and other vegetable juices, for the grapes. The Brandt Grape Cure is **NOT** as strong as the other Stage IV treatments on this website, however, for those who cannot afford anything else, or who are waiting for products to arrive, the Brandt Grape Cure is a superb treatment.

[Brandt Grape Cure](#)

Also see **Dr Red** at the end of this paper.

There are also two treatments which are virtually FREE, but they are **NOT** true Stage IV treatments. The first is the Oleander Soup treatment and the other is a Dandelion Root treatment.

[Oleander Soup Treatment](#)

[Dandelion Root Treatment](#)

Also, in some countries there are excellent herbs which, when used fresh, can be very effective.

For those with good resources, but not enough to fund all of the treatments on this page, understand that the list of REQUIRED treatments below is somewhat prioritized from top to bottom. Individual circumstances, such as concerns over the liver, kidney or lymph, may justify an individual changing the priorities of the list, such as moving a treatment higher up on the list.

Important WARNINGS

WARNING #1: Prescription Drugs and Over-The-Counter Drugs

If you are on ANY prescription drugs, or even over-the-counter drugs, such as aspirin, you should check with your pharmacist or doctor to see if there is a potential problem with using natural foods or natural supplements with your prescription drugs. A problem can occur:

- 1) when one substance **conflicts** with another substance, or
- 2) when one substance **interferes** with another substance, or
- 3) when one substance **enhances** the effectiveness of another.

For example, **enhancing a prescription or over-the-counter drug can be just as dangerous as blocking their actions.** I know of some conflicts, but I cannot possibly know of, or keep track of, all of them. This is especially important for drugs that are being used as heart medications, such as hypertension drugs or blood thinners. Sometimes it is prescription drugs that interfere with alternative medicines. For example, combining tranquilizers with hydrazine sulphate can be fatal.

Having said that, let's be logical. If you are Stage IV, the chances of you surviving your cancer without alternative cancer treatments is **VIRTUALLY ZERO**. If you take both prescription drugs and alternative cancer treatments, you are in a paradoxical situation. Here are two of the several possible options:

- 1) the combination can do severe damage and shorten your life, or
- 2) the alternative cancer treatment can cure you.

Does it make sense to do the best you can at avoiding conflicts, but at the same time **make sure** you are using a treatment strong enough to **maximize** your chances of survival? The only hope you have of surviving is with alternative cancer treatments. Do the best you can at preventing conflicts, but stick with the potent alternative treatments.

WARNING #2: This is a COMPLEX TREATMENT – Do Your Homework!!!

A Stage IV cancer requires a potent treatment (at least with today's technology). In fact, it may require the combination of several potent treatments. The treatments described on this page and the Cesium Chloride Protocol page, the DMSO page, the Calcium Protocol page, the Cachexia Treatment page (if it applies), etc. are all very potent treatments. They have to be to deal with Stage IV cancer.

When combining all of these treatments there are a number of warnings and possible conflicts. It is essential that you do your homework and note every possible conflict. **These key pages may need to be read OVER AND OVER AGAIN!!!** **If you read these articles only once or twice it is a guarantee of encountering problems and possible failure.**

As just one example, hydrazine sulfate requires that you take NO MORE THAN 250 mg per day of Vitamin C, which includes what is in multivitamins, Vibe, etc., but does not include what is in whole foods. Other treatments suggest the use of 3 grams or more of Vitamin C per day. What should you do? You should take no more than 250 mg per day of Vitamin C if you are on hydrazine sulfate.

You MUST do your homework. You MUST read all the relevant pages every two or three weeks to see if there have been any updates and to refresh your memory. You MUST become the expert!

If hospitals were allowed to treat your cancer with effective treatments, some nurse would keep track of everything. You don't have that luxury. Either you or someone you know is going to have to do the homework.

With all of that in mind, these pages do change from time to time. You should download the key web pages, but only use the downloaded web pages for a couple of weeks, **THEN download them again because the articles may have changed!!**

WARNING #3: Work With Someone Who Has Experience with Your Chosen Treatment

By definition, a Stage IV cancer patient is in serious trouble. As just mentioned, they need to do their homework. **But that is not enough!!**

It is necessary to talk to someone on the phone who will walk you through the steps of using the treatment, or to go to a clinic. For example, an expert can tell you what to expect, can adjust doses, can change the treatment as needed, etc.

For the cesium chloride / DMSO and the ozone RHP Stage IV treatments there are people who are experts on these treatments, who sell the necessary products, and will work with you over the phone.

As strange as this may sound, for legal reasons they may not be able to help you unless they sell you something. The reason is that the only instructions they are allowed to give you is how to safely use their products. To give advice when they don't sell you something would be to "practice medicine without a license." Licensed medical doctors cannot give you that kind of advice **under any circumstances**, thus you must work with experts who are not under the control of the totally corrupt American Medical Association.

There are a lot of advantages to working with someone over the phone. Travel is not necessary, at home you are constantly around people who want you to survive, and so on.

But the biggest advantage is that it is impossible for a website such as this one to include every possible scenario for every type of cancer. It is absolutely critical that you do your homework AND work with someone over the phone or in person who has dealt with many different kinds of cancer and many different situations.

Both my Cesium Chloride / DMSO Protocol article (which is linked to below) and my ozone RHP article (which is linked to from my main web page) include a way to contact an expert who will work with you over the phone.

Understanding How to Treat Advanced and Fast Growing Cancers

Let me explain why this article is necessary. I have learned over time that a large number of strong alternative cancer treatments is enough to deal with Stage 3 cancer, but it is not strong enough to deal with advanced, or fast growing cancers.

Suppose your house is totally engulfed in flames. Will 12 garden hoses be able to put it out? Of course not. It will take several fire hoses to put it out. Likewise, the vast majority of alternative cancer treatments can be compared to garden hoses. They work fine on Stage II and Stage III cancer, but even a dozen of these treatments will do very poorly on a Stage IV cancer.

What I have learned is that in order to deal with a house fire you need fire hoses. This article has the figurative fire hoses needed to deal with advanced cancers, or fast growing cancers.

I have studied more than 300 alternative cancer treatments. Some of these treatments have been lost to mankind for a variety of reasons. Some of them are too exotic for home use. Base on my study, by far the best Stage IV alternative cancer treatments available to the public are the "alkaline" treatments, such as cesium chloride with DMSO and the very specific ozone RHP treatment.

When you have the right treatment, it is **EASY** to kill cancer cells. Surprisingly, that success brings about another major problem. The new problem is that when a cancer cell dies, it releases toxins into the blood stream. If too many toxins are released too quickly, a person can die from the toxins, not the cancer.

Living cancer cells continuously release toxins. How many of these toxins come from the cancer cell itself, and how many come from the fungus, mould and bacteria that are in and around the cancer cells, I do not know. Chemotherapy also adds huge amounts of toxins to both cancer cells and normal cells.

Most people die from cancer for one of two reasons (excluding orthodox treatment caused deaths):

- 1) They die from malnutrition or loss of energy because cancer cells steal nutrients from normal cells and cancer consumes enormous amounts of energy from the body (chemotherapy certainly contributes to these things), or
- 2) Because too many toxins are released into the blood and lymph system. In other words, cancer patients die when the cancer has spread throughout their body and enough toxins are released by the massive number of cancer cells that the person dies. They may die from liver failure or any number of other causes.

To better understand this concept, suppose a man has prostate cancer, and all of the cancer cells in the body are still inside the small prostate gland. This person will not die of cancer. Ever. The person will die of cancer **only if** the cancer spreads outside of the prostate gland!! The small prostate gland simply cannot hold enough cancer cells to: steal enough nutrients, consume enough energy or release enough toxins, to kill a person.

Likewise, as Dr. Binzel stated, if cancer is contained within a tumour, the patient is not in any danger of dying (except in special situations where the tumour is causing other types of damage). **It is the spreading of cancer that kills a person** because so many toxins are released by the massive number of cancer cells and so many nutrients are stolen from the non-cancerous cells.

It seems strange, but in most cases it is not the cancerous cells that kill a person, it is the nutritional damage done to the non-cancerous cells that actually kills the person.

But note that when you kill a cancer cell, even more toxins may be released into the blood stream when that cell dies!! That is what makes treating people with advanced and fast growing cancers so tricky.

The challenge in dealing with advanced and fast spreading cancers is to kill many cancer cells, but not kill too many of them too fast!!

Unfortunately, most alternative cancer treatments don't kill cancer cells fast enough to save an advanced Stage IV cancer patients. Thus, a Stage IV patient **MUST** deal with the strong treatments that do kill cancer cells fast enough, but these potent treatments can also kill the cancer cells **TOO FAST!!**

It is also critical to remove the waste toxins from the body while all of this is going on. This is very, very important!!

As an added bonus, the Cesium Chloride Protocol, which is the most common Stage IV treatment, will stop the pain of most cancer patients in less than 48 hours, depending on what is causing the pain!! It will start to shrink tumours within a couple of months, but first the tumour will swell slightly.

The "Cancer Diet" For This Treatment

The "cancer diet" for any Stage IV cancer patient is the diet in my tutorial. This cancer diet also makes special considerations for very weak cancer patients. The article is at:

[The Cancer Diet Article](#)

I simply cannot emphasize the cancer diet strong enough. If you eat the wrong foods you literally can **FEED** your cancer cells. Let me give a metaphor.

Suppose you have a really fast car. You need special gasoline for this car. But suppose you leave your gas cap off of the gas tank and rain water gets into your gas tank. Will your car run very well? Of course not.

Eating the wrong foods (including smoking and drinking alcohol) during any alternative cancer treatment is like adding water to your gas tank. The treatment will not work as well, and may not work at all!!

Diarrhoea, Flu-like symptoms, Headaches and Stomach aches

Let me quote from the book: **The Calcium Factor: The Scientific Secret of Health and Youth**, by Robert R. Barefoot and Dr. Carl J. Reich, M.D. This quote is in reference to a cancer treatment based on cesium chloride, DMSO, etc. and is somewhat similar to the treatment on this web page:

- *"The program will help to alkalize the body's fluids, resulting in the toxins, which are adhered to the cell surface, detaching themselves and entering the blood. The body will recognize the toxins*

as foreign invaders and respond by attacking them possibly causing flu-like symptoms like headaches, stomach aches and diarrhoea. This is called 'de-toxing' and it means that the body is ridding itself of cancer inducing compounds."

The Calcium Factor: The Scientific Secret of Health and Youth, Page 145

I occasionally get emails referencing cancer patients who have severe diarrhoea. Diarrhoea can be a bad thing if there is blood in the stool because it means that the patient is losing blood critical to the treatment.

However, diarrhoea can also mean that the treatment is working. The treatment on this page contains several items that may cause a severe rash, diarrhoea, etc.

For example, Vitamin C and chlorella are well-known to cause diarrhoea. In their case it may not be because detox is underway, however. But the products Aloe Immune and Juice Plus+, on the other hand, can cause powerful and immediate detox symptoms, especially the first time they are used or when there is a dosage increase.

Only the patient's doctor can really decide whether the diarrhoea is dangerous or not. If the diarrhoea happens in conjunction to an increase in Vitamin C or chlorella usage, then it might be wise to cut back and increase the dosage more slowly. With Aloe Immune, it may mean to cut back on the dose or to not increase the dose. With Juice Plus+, there will almost certainly be a rash from time to time.

The Big Picture of the Stage IV Treatment

(Note: If you are working with an expert over the phone or in a clinic, as I highly recommend, their treatment will probably include a sufficient number of different products to kill the cancer cells, alkalize the body, build the immunity system, etc. In that case their protocol will supercede this protocol. However, it is still wise to look over my protocol to see if there are any things you may want to add to their protocol. Check with the person you are working with before adding anything to their treatment. They may already have an equally good or even better product under a different brand name. Also, they will know of any conflicts.)

This treatment is an alkalinity treatment protocol which includes two very synergistic alkaline agents – Cesium Chloride and Coral Calcium. It is also designed to quickly build the nutrition / strength of the non-cancerous cells. It builds the immunity system and detoxifies the blood. It also protects the lymph, liver and kidneys.

Here is a summary of the **ABSOLUTELY REQUIRED** treatments for the Stage IV treatment, **which are in addition to the "cancer diet" discussed above.** Details on these products, and other products, will be shown below:

The REQUIRED Items in this Treatment (see details below)

- 1) Cesium Chloride / DMSO Protocol [Alkaline Cancer Treatment] [Blocks Cachexia Cycle in the Cancer Cells]
- 2) DMSO and MSM [DMSO gets the Cesium Chloride into Cancer Cells]
- 3) Hydrazine Sulphate (for cancer patients with cachexia) [Blocks Cachexia Cycle in the Liver]

- 4) Calcium Protocol [Alkaline Cancer Treatment, DNA Replication]
- 5) Vibe [Super Nutrient, Immunity]
- 6) Juice Plus+ [Super Nutrient, Immunity, Detox]
- 7) SuperGreens by InnerLight or Wheatgrass Juice [Oxygenation, Immunity, Detox]
- 8) Vitälzym [Strips Enzyme Coating From Cancer Cells, Liquifies Mucus]
- 9) Vitamin C [Antioxidant, Immunity, Liver Metabolite, Infections]
- 10) Lymph III and Quantum Kidney Complex [Protects Lymph, Liver, Kidney]
- 11) Samento (TOA-Free Cat's Claw) PLUS Noni Concentrate [Infections, Immunity]

1) Cesium Chloride / DMSO Protocol [MAIN Alkaline Cancer Treatment] [Blocks Cachexia Cycle in the Cancer Cells]

I have studied more than 300 alternative cancer treatments. I do not know of an alternative cancer treatment that is stronger than cesium chloride and DMSO. Few treatments can even be compared to it.

This treatment is so complex (and involves two key articles) that details of the Cesium Chloride / DMSO Protocol are in a separate article:

[Cesium Chloride / DMSO Protocol](#)

2) DMSO and MSM [Required to get the Cesium Chloride into the Cancer Cells]

DMSO is discussed in the Cesium Chloride / DMSO Protocol article. That article will in turn link to a special article on DMSO.

I wanted to make a couple of comments about DMSO versus MSM.

DMSO and MSM in equilibrium have been shown to revert cancer cells into normal cells *in vitro* (i.e. in a test tube). Unfortunately, there is no known treatment that uses DMSO and MSM together.

However, it is known that MSM and Vitamin C is a potent combination of products (I discuss Vitamin C below). Likewise, MSM and a product called Oxygen Elements Plus is also a potent treatment.

MSM can be put on the skin and it will be absorbed through the skin if it is in liquid or cream or gel form. However, **MSM WILL NOT** carry cesium chloride through the skin with it like DMSO will.

I strongly recommend a cancer patient take MSM orally mixed with some type of liquid during this treatment. It may work with the DMSO, which is taken through the skin, to revert some cancer cells into normal cells, thus avoiding some toxins. This is theoretical, however.

I recommend MSM granules, mixed in a sufficient amount of water to turn the MSM into solution (i.e. it doesn't fall to the bottom after shaking it several times during a 20 minute period).

One tablespoon of MSM granules contains 4 to 5 grams of MSM (depending on the tablespoon). You should build up to at least 10 grams a day, perhaps more. There are absolutely no concerns about MSM toxicity unless you use over 50 grams a day (some experts say over 80 grams a day, so I am being

conservative). However, you may have to slowly build up to whatever dosage you pick. Each case is different.

MSM may also help significantly with any type of pain associated with the cancer.

Most MSM brands contain fillers, added by the manufacturers, that neutralize or impair the effectiveness of MSM. It is critical that you buy a brand that has ZERO FILLERS, even in its manufacture. Here is such a rare vendor that I highly endorse:

www.msm-msm.com

3) *Hydrazine Sulphate – (Required For Cancer Patients with Cachexia) [Blocks Cachexia Cycle in the Liver]*

A key issue that frequently needs to be dealt with by Stage IV cancer patients is the "cachexia cycle," which is a wasting away of the cancer patient's body. The symptoms of this are a drastic loss of weight and/or a severe lack of energy. The change in diet to a "cancer diet" will cause rapid weight loss, so make sure the weight loss is not caused by the change in diet.

I should note that some vendors of hydrazine sulfate judge whether a person has the cachexia cycle by their appetite, not their loss of weight. In others words, they do not consider the person has cachexia unless they have lost their appetite.

In this cycle, the cancer cells burn glucose and produce a waste product called lactic acid or lactate. This lactic acid is expelled by the cancer cells and it goes to the liver. The liver then converts the lactic acid back into glucose. The glucose goes back to the cancer cell and the cycle starts again (i.e. the lactic acid is formed from the glucose).

The problem is that the conversion of glucose to lactic acid (in the cancer cell) and the conversion of lactic acid to glucose (in the liver) both consume enormous amounts of energy, which is effectively stolen from healthy cells. This drains the energy from a cancer patient.

Virtually every cancer patients has the "lactic acid" cycle to some degree or another. The cycle becomes more significant the more the cancer spreads (i.e. the more the cancer spreads, the more cancer cells there are and the more lactic acid is generated by the cancer cells).

However, at some point the "lactic acid" cycle can spiral out of control and become the "cachexia cycle" (my description of these terms is probably unique to this web site). Many cancer patients who have been sent home to die by orthodox medicine have cachexia. In the cachexia cycle the cancer cells literally start eating the muscles and bones of the person in order to get their supply of glucose.



With cachexia, healthy cells have both a problem with energy and a problem with nutrients (and possibly with toxins). It is the damage done to these healthy cells that leads to at least 40% of all cancer deaths (i.e. the patient dies of malnutrition before their cancer kills them).

However, two cancer treatments are known to block the cachexia cycle: Hydrazine Sulphate, which blocks the cachexia cycle **IN THE LIVER**, and cesium chloride, which is the base treatment for this Stage IV protocol, which blocks the cachexia cycle **IN THE CANCER CELLS**. **In other words, the combination of cesium chloride and hydrazine sulphate block the cachexia cycle at BOTH points!**

Here is a good list of benefits of using H.S.:

- *Hydrazine sulphate stops the growth of animal cancers.*
- *Hydrazine sulphate works by stopping gluconeogenesis (the cancer is starved). Healthy cells do not starve, because they can also derive energy from the metabolism of fats.*
- *Hydrazine sulphate is relatively non-toxic at the recommend doses. It is toxic at high doses, **so more is not necessarily better.***
- *Hydrazine sulphate controls cancerous growths in humans (in many patients the cancer will stop growing).*
- *Hydrazine sulphate can produce a **significant reduction in pain**, a feeling of euphoria, increased appetite, and improvement in general well-being. Instead of waiting to die, cancer patients become cheerful, optimistic and want to live.*
- *Hydrazine sulphate does not depress or destroy white blood cells or bone marrow as standard chemotherapy often does.*
- *Hydrazine sulphate can be used together with other therapies."*

<http://www.alkalizeforhealth.net/cancerpain.htm>

However, there are many foods and drugs that **SHOULD NOT** be taken with hydrazine sulphate. For example, taking tranquilizers and hydrazine sulphate can be fatal. It is critical to STUDY my article on hydrazine sulphate:

[The Cachexia Treatment Plan \(i.e. Hydrazine Sulphate\)](#)

The cachexia cycle should always be treated with a flood of highly nutritious foods and supplements, such as Vibe and Juice Plus+ (which are mentioned below) and perhaps the super-fruit juices: Mangosteen, Noni Juice and Wolfberry Juice, which are discussed more in the "Stage III" article.

Also, remember that the "cancer diet" for a weak cancer patient is different than the "cancer diet" for a normal cancer patient. Weak patients need some cooked foods in order to digest them properly. They also need some fat so that the normal cells have something to metabolize. Here is the "cancer diet" (see the section: "Important Message For Weak Cancer Patients":

[Cancer Diet Article](#)

4) Calcium Protocol [Alkaline Cancer Treatment, DNA Replication]

The Calcium Protocol is the most potent of the Stage III treatments. While by itself, it is not a Stage IV treatment, it becomes a Stage IV treatment when combined with another alkaline therapy, the Cesium Chloride Protocol. The synergism between these two treatments is superb.

Both Robert R Barefoot and a fellow cancer researcher are very high on the combination of cesium chloride and coral calcium. Their experiences with this combination have been superb.

Since this is a complete treatment, added to the Cesium Chloride Protocol, see my article for further details:

[Calcium Protocol](#)

5) Vibe [Required to Strengthen Non-Cancerous Cells – Super Nutrient, Immunity]

Vibe is a REQUIRED treatment in the "Checklist" article, but its importance here cannot be underestimated!! A good friend of mine, and fellow cancer researcher, spoke on the phone with a man and his wife from Florida. He was in the hospital and was given **3 days** to live. His wife snuck some Vibe into the hospital and gave it to him. He survived. If nothing else, Vibe will buy very critical time for a cancer patient. It is here because it will help build the nutrition of the non-cancerous cells in a cancer patient quickly.

The dosage **for cancer patients** is to build up to 4 ounces a day. Start with one ounce a day, then over a period of a week build up to 4 ounces a day.

[Vibe Vendor](#)

6) Juice Plus+ [Strengthen Non-Cancerous Cells, Super-Nutrient, Immunity and Detox]

Juice Plus+ is optional in the "Checklist" article, but it is required in this phase for two reasons. First, it is a superb detox product. You will probably have a rash break out on your body due to this product driving the acidic toxins out of your body. Second, especially for those who have been on chemotherapy or radiation recently, Juice Plus+ will help rebuild the nutrition in your body quickly.

This product contains the nutrients of many vegetables and fruits!! The two products are designed for building the immunity system and providing antioxidants. Juice Plus+ provides whole food based nutrition, the nutritional essence of 17 different fruits, vegetables and grains in capsule form.



Generally a cancer patient should take two of the fruit capsules in the morning and two of the vegetable capsules (i.e. Garden) in the evening. Always with water and it is best to also take with food. After one week they should take four of the fruit capsules in the morning and four vegetable capsules in the evening. After another week, and from then on, they should take six fruit capsules in the morning and six vegetable capsules in the evening. Expect rashes to break out as it will detoxify your body of acids.

7) *SuperGreens (from InnerLight) or Wheatgrass Juice [Oxygenation, Immunity, Detox, etc.]*

SuperGreens from InnerLight is a superb "greens" product which contains almost 50 different leaves, herbs and other plant extracts. Since this product is a combination of natural leaves, herbs and plant extracts there is no limit to how much you can take.

If you look closely, this product can be taken as a powder, meaning a drink, or as capsules. Most people prefer the capsules. The powder is mainly for people who cannot eat whole foods, such as those who are being fed through a tube.

It is recommended by the vendor to take Prime pH with the SuperGreens. Prime pH is a stabilized oxygen product. I **strongly agree** with this advice. Since the leaves, herbs and plants have been dehydrated, it is critical to flood the body with oxygen to increase the bioavailability of the SuperGreens.



The instructions for Prime pH is to take 1 drop per 2 ounces of water. However, even with 1 drop per 1 ounce of water you will not taste the alkalinity of the product. I recommend at least 6 drops (in at least 6 ounces of water) of Prime pH for each SuperGreen capsule. Since you should be drinking a lot of natural water every day anyway, you can take a lot of SuperGreen capsules if you wish.

You could also take fresh lemon juice or essential oils to help the bioavailability of the SuperGreens.

For those who choose freshly made wheatgrass juice, it is not necessary to add the Prime pH, lemon juice or essential oils. Wheatgrass juice should never be dehydrated and should be consumed on the same day it is made (the sooner the better).



Here is a vendor of InnerLight products:

[InnerLight Vendor](#)

For SuperGreens, Click: Shop For Products, then Colloidal Capsules

For Prime pH, Click: Colloidal Liquids

8) *Vitälzým [Strips Enzyme Coating From Cancer Cells, Liquifies Mucus]*

I emphasize this product because the enzymes help clear the way to get cancer killing nutrients into the cancer cells. In other words, it strips the dense enzyme coating from around the cancer cells and helps get the cesium chloride into the cancer cells. Vitälzým should not be taken with blood thinners.

Dr. Kelley, who had such a superb cure rate on 33,000 cancer patients, used enzymes as a key part of his treatment. However, this product is far better than anything Dr. Kelley had access to.

The dosage is 6 to 9 capsules, three times a day (i.e. 18-27 capsules a day). Since this product is composed of enzymes, there is no limit to how much you can take every day.



Vitälzym can be purchased from:

[Vendor of Vitälzym](#)

9) Vitamin C [Antioxidant, Immunity, Liver Metabolite, Infections]

Vitamin C has been shown in several cancer studies to increase the life-expectancy of cancer patients six-fold. This will buy very critical time needed to treat the cancer. In other words, it will give you far more time to treat your cancer.

Vitamin C is a liver metabolite, and will protect the liver, but whether this is the reason Vitamin C extends life I do not know. Vitamin C also chelates heavy metals such as mercury.

A patient should start at 2 or 3 grams a day, and build up to 12-15 grams a day. The build up is to avoid diarrhoea.

[Warning: When taking high doses of Vitamin C, do NOT buy products with added minerals, such as iodine, potassium or magnesium. Taking high doses of Vitamin C will lead to high doses of these minerals, which could lead to an overdose of the mineral!!!]

10) Lymph III and Quantum Kidney Complex [Protects Lymph, Liver, Kidney]

These superb products are from the same vendor and will protect your lymph system, your liver and your kidney's!! Lymph III aids in the detoxification processes of the liver and kidneys, as well as the lymph system, enabling these organs to more effectively and efficiently remove toxins and wastes.

Lymph III, together with the proper ingestion of healthy water, also assists in preventing dehydration and the resultant slowing of lymphatic circulation, drainage and removal of toxins.

Quantum Kidney Complex contains Agaricus Extract and Cordyceps, both of which protect the kidneys, and other products as well.

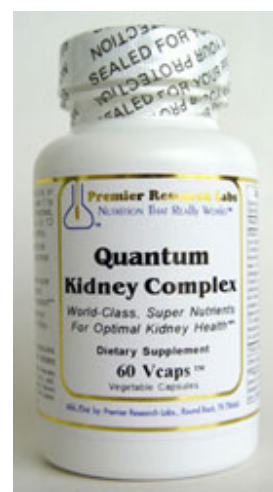
[Lymph III](#)

[Quantum Kidney Complex](#)

11) Samento (TOA-Free Cat's Claw) PLUS Noni Concentrate [Infections, Immunity]

Both of these products are from the same vendor. Infections are a major issue with cancer patients, particularly those who have been on chemotherapy and have had their immunity system damaged or destroyed. These two products are required to deal with infections.

It is critical to get the "TAO-Free" variety because the TAOs (tetracyclic oxindole alkaloids) in normal Cat's Claw will significantly interfere with the effects of the more important PAOs (pentacyclic oxindole alkaloids), which affect the cellular immune system. Here is a vendor, NutraMedix:



[Samento and Noni Concentrate Vendor](#)

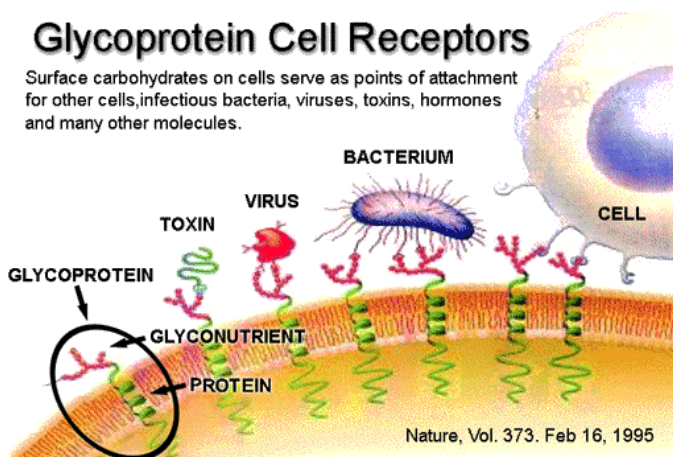
Highly Recommended Products

These are products to strongly consider when putting together your Stage IV alternative cancer treatment.

Immunity Builder – Glyconutrients [Highly Recommended]

There are 8 critical sugars (monosaccharides) the immunity system needs to internally communicate (cell to cell). They are called: glyconutrients. The product Ambrotose has all 8 of the glyconutrients, but it does not have the very rare very-long-chain acemannan form of the mannose sugar. It is this rare very-long-chain glyconutrient that makes Aloe Immune, a competing product, a "Stage IV" treatment.

The dosage for Aloe Immune is 6 (500mg) pills a day, but start with only 1 (150 mg or 500mg) pill a day and build up quickly.



Warning: Some people have a chemical sensitivity to this product (e.g. fever, aches). If this is the case, work with the vendor as to what dosage you can handle.

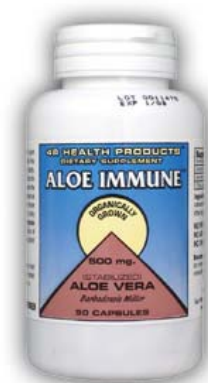
The vendor does not yet have a web page, so I will give you their phone numbers. In the U.S. call: 800-807-4779. From outside of the U.S. call: 830-935-4292 (This is a residence so you may get voice mail. Keep calling back, they may not get your phone number correct.).

Mannatech has recently come out with a new product called "Advanced Ambrotose ." I actually recommend **BOTH** Aloe Immune and Advanced Ambrotose. They compete with each other, but each has things the other doesn't have. But if you can only afford one of the products, I recommend Aloe Immune.

Apparently one of the things glyconutrients do is provide the raw materials for the immunity system to create many stem cells, which can be used to repair parts of the body which have been damaged.

Immunity Builder – Polysaccharides and/or Sterols and Sterolins [Highly Recommended]

The elements of the body's immunity system need to communicate with each other in order for the immune system to be effective. Glyconutrients (the monosaccharides discussed above) and polysaccharides are two of the critical things that allow this communication to happen. However, there are other nutrients that have been shown to help build the immunity system.



Aloe Immune, mentioned above, is a required or highly recommended supplement. At least two other immune building supplements are highly recommended.

Item number 1 is very potent and the combination of items 2 and 3 is also very potent.

- 1) Transfer Factor Plus (the 4Life brand)
- 2) MGN3 / MGN-3 (*available in the U.S. only under the brand name: BioBran*)
- 3) A Beta Glucan Supplement: Immutol or "Beta-1, 3-D Glucan"
- 4) ModuCare (a sterols and sterolins supplement)
- 5) An AHCC Supplement: Immpower, ImmunoKinoko, Immune-Assist includes AHCC
- 6) Immune Fx

Other "Greens" Drink

I emphasize "green" drinks or "green" powder here because of the way they can build nutrition up in the body quickly and because of enzymes. Ideally you should make your own wheatgrass juice and/or barley grass juice (search the Internet for "wheatgrass kits"), but if that is impossible, do the best you can buying commercial products.

See the Stage III article for more information.

MycoDetox I and II

The product comes from InnerLight and is a superb product to cleanse the body of mycotoxins and other waste products of fungus, yeast and bacteria. The products are called: MycoDetox I and MycoDetox II:

[InnerLight Vendor](#)

(You may have to search for these products, they keep changing their website)

Chlorella and Spirulina

Chlorella and spirulina also contain polysaccharides, but they are not condensed like the above supplements. These items are chosen for other reasons, namely their chlorophyll, vitamin B12, proteins, chlorella's ability to chelate heavy metals, etc.

Chlorella and spirulina can be taken in high doses, actually unlimited doses (after all they are FOODS, not supplements). You may take from between 5 grams and 50 grams a day of each of these substances. However, a person should build up to their desired level of chlorella to avoid diarrhoea (start with 5 grams a day and build up).

Here is a web page (from an ebook on chlorella and spirulina) that has recommended vendors:

[Chlorella and Spirulina Vendors](#)

Colon Cleanse, Liver Detox

For Stage IV patients, unfortunately colon cleanses and liver cleanses usually take a back seat to the killing of cancer cells. Even though two of the Required items above deal with this issue, a person should do more when they can.



As an option, a person can use a reflexologist to stimulate the nerves in the liver area.

See the Phase III article for more information. However, as a minimum a person should add a quality **Milk Thistle** product to their cancer treatments. The Required Vitamin C above will also help the liver.

Water

Drink plenty of water for detox reasons. A gallon a day is strongly recommended. You can drink up to two gallons a day. Alkaline water is recommended, but not required. Tap water is **not** allowed – use natural water or alkaline water. Akai water is perfectly fine, as is distilled water.



Exercise

Exercise is critical for cancer patients. It puts a stress on the heart and pumps the blood faster. But perhaps more importantly, it pumps the lymph system and is critical to getting the toxins out of the body. The lymph system has no pump (such as the heart pumps the circulatory system), only muscles can pump the lymph system.

Obviously, many people with advanced cancer cannot go for a walk. If going on a walk is not advisable or possible, you should lift a book or something else and do exercises two or three times a day for 10 minutes total each time.

Rife Machines

The Rife-Crane-Rockwell Machine (optional: costs US\$2,300)

The JW Labs Machine – Model B (optional: costs US\$900)

Note: The Rife machine is a potentially marvellous addition for those who can afford all of the other treatments in this protocol **PLUS** the Rife Machine. Do **NOT** take money from other supplements so you can buy a Rife Machine.

The Rife Machine I recommend should be considered an optional addition to your treatment, for those who can afford it. But it is ***not a dangerous addition!*** In other words, this piece of equipment can absolutely do you no harm. The modern Rife Machine I recommend was designed and built by Rife's own technician: Ron Rockwell.



When you get a Rife Machine, you will be given a list of frequencies for different types of cancer / illnesses. Work with the vendor to find out how to fine tune the frequency and treatment for your situation.

The Rife-Crane-Rockwell frequency machine can be found at:

[Rife-Crane-Rockwell Website](#)

For those who work with Larry of Essence of Life for cesium chloride, he will recommend the JW Labs machine. I have an article on this machine:

[JW Labs Machine article](#)

For Those on the Cesium Chloride / DMSO Protocol

If cesium chloride has been your primary alternative cancer treatment (i.e. the Cesium Chloride / DMSO Protocol), do not ignore the instructions on what to do after reaching your "cesium limit."

Because some people on cesium chloride reach their "cesium limit" prior to the cancer being fully cured, it is important for **EVERY** cancer patient who has reached their "cesium limit" to go on a "Strong Stage III" treatment for up to a year after reaching their "cesium limit." See the Cesium Chloride / DMSO article for details.

(For All Cancer Patients) When the Symptoms of Cancer are Gone

The length of a cancer treatment will vary from one person to another and more particularly from one type of cancer to another. For example, those who have bone cancer may be on a treatment for more than a year. Likewise, the more dangerous cancers may take longer to treat in order to insure the patient is safe.

But eventually, and hopefully, you will get to the point where you will want to stop your treatment.

If you are working with a vendor who has been working with you, let them make the decision when to stop the treatment.

In either case, when you are in remission, meaning the symptoms of your cancer are gone, you are not done with your cancer. In many cases the cancer can come back, especially if you revert to your old lifestyle.

Here is a special article on being in remission:

[Article on Remission](#)

“Every day is a day of devotion.”

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the availability of the Feeling Healing process and Divine Love.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

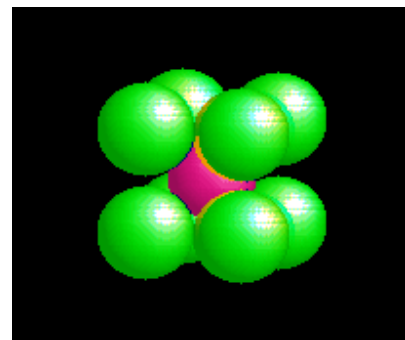
The Cesium Chloride / DMSO Protocol For Treating Cancer

- [CancerTutor Home Page](#)
- [Treatment For Stage IV Cancer Patients](#)
- [The DMSO Protocol \(also linked to below\)](#)
- [FAQ – Is There Any Evidence For the Cesium Chloride Protocol?](#)
- [FAQ – Is There Any Evidence Cesium Chloride Causes Heart Attacks?](#)
- [FAQ – What is the Cesium Chloride Cure Rate?](#)

Introduction to the Cesium Chloride / DMSO Protocol

When it comes to treating advanced cancers, such as Stage IV cancers, fast growing cancers, cancers that have spread significantly, high fatality cancers, etc., if there were only one cancer treatment allowed to be used, this treatment would be the best choice. While there may be cases where the Cesium Chloride / DMSO Protocol is not the best choice, overall it is the most potent alternative cancer treatment that exists at the current time, especially when other items are combined with it to make a complete protocol.

However, as you might suspect, this kind of potent power comes with a price. **Before going on a Cesium Chloride Protocol, which must include DMSO, you need to DO YOUR HOMEWORK!!** If you casually jump into this treatment without studying the safety warnings about cesium chloride and DMSO, you are destined for problems. But if you do your homework, you will have a very safe and highly potent combination of products to fight your cancer.



Some people are reluctant to go on cesium chloride because of the warnings. Look at it this way: if you have advanced cancer your chance of survival with orthodox medicine is virtually ZERO percent. Yes, ZERO. Unless you already have a dead major organ, or one that simply cannot be repaired, cesium chloride and DMSO will give you a fighting chance of surviving your cancer. It is worth your time to study this treatment.

Understanding Cancer

For a variety of reasons, sufficient oxygen sometimes cannot get into normal cells. This may be because a microbe gets into the cells or something is preventing the oxygen from getting into the cells (such as trans-fatty acids sticking to the sides of normal cells). When the level of oxygen that gets into a normal cell becomes too low, the normal cell will convert to becoming anaerobic, meaning it ferments glucose (i.e. anaerobic) rather than burns glucose (i.e. aerobic).

A Nobel Prize was awarded for proving that cancer cells are anaerobic, meaning they do not burn glucose, but rather they ferment glucose in order to get their energy.

- *"Over seventy-five years ago Dr. Otto Warburg published a Nobel Prize winning paper describing the environment of the cancer cell. A normal cell undergoes an adverse change when it can no longer take up oxygen to convert glucose into energy by oxidation. In the absence of oxygen the*

cell reverts to a primitive nutritional program to sustain itself, converting glucose, by fermentation. The lactic acid produced by fermentation lowers the cell pH (acid/alkaline balance) and destroys the ability of DNA and RNA to control cell division... the cancer cells begin to multiply unchecked. The lactic acid simultaneously causes intense local pain and destroys cell enzymes. Therefore, cancer appears as a rapidly growing outer cell mass with a core of dead cells."

<http://www.cancer-coverup.com/fighters/cesium-science.htm>

In the absence of oxygen, glucose undergoes fermentation to create lactic acid. This causes the cell pH to drop from between 7.3 to 7.2 down to 7 and later to 6.5; in more advanced stages of cancer and in metastases the pH drops to 6.0 and even 5.7.

Dr. Warburg stated:

- *"But nobody today can say that one does not know what cancer and its prime cause be. On the contrary, **there is no disease whose prime cause is better known**, so that today ignorance is no longer an excuse that one cannot do more about prevention. That prevention of cancer will come there is no doubt, for man wishes to survive. But how long prevention will be avoided depends on how long the prophets of agnosticism will succeed in inhibiting the application of scientific knowledge in the cancer field. **In the meantime, millions of men must die of cancer unnecessarily.**"*
Nobel Prize Winner Otto Warburg in a meeting of Nobel Laureates, June 30, 1966

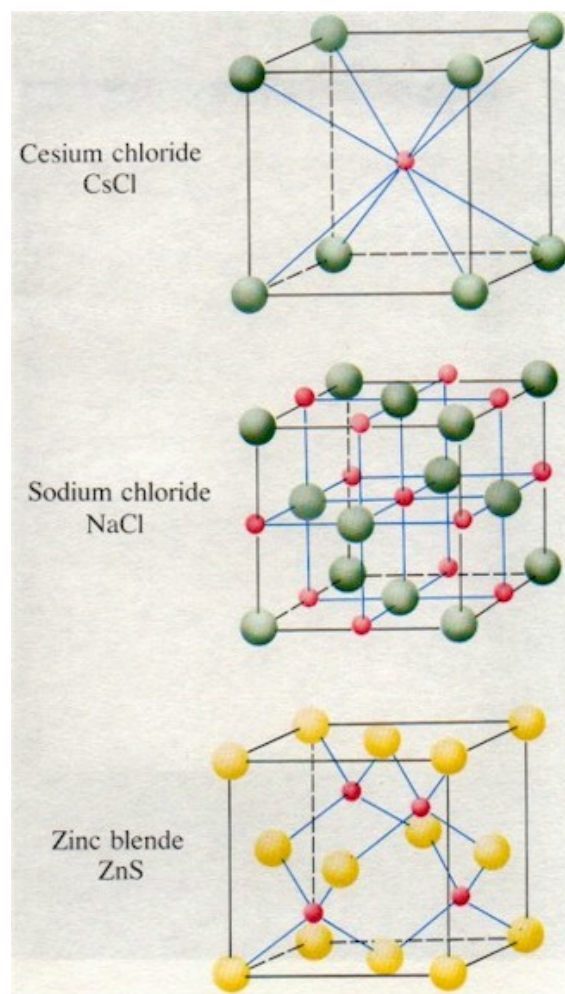
See: <http://www.alkalizeforhealth.net/Loxygen3.htm>

The very cause and nature of cancer, acidity, is the very thing which cesium chloride and DMSO address!! In terms of pure theory, nothing is better at curing cancer than making the cancer cells alkaline.

The History of Cesium Used in Cancer Treatments

The theory behind the cesium treatment for cancer is largely the result of Dr. A. Keith Brewer, PhD. While Dr. Brewer himself probably did not treat any cancer patients, during his research it was common for those who were treating the cancer patients to give 6 grams of cesium a day. It should be noted that during this time a **powdered form** of cesium was being used, not a liquid ionic form.

The cesium used back then (probably cesium carbonate) was not as powerful, gram for gram, as today's more potent liquid ionic cesium chloride. Six grams of cesium carbonate is roughly equivalent to the 3



grams of ionic liquid cesium chloride this article recommends. However, such simple conversions do not really tell the complete story of the superiority of today's liquid ionic cesium chloride.

The key issue is how big the clusters of cesium atoms are. If the cluster is too big, as it frequently is with the powdered versions, virtually none of the cesium gets inside the cancer cells. Cesium simply doesn't work unless it does get inside the cancer cells.

Cesium has been proven to get into cancer cells, when other nutrients cannot. The cesium:

- 1) Makes the cancer cells alkaline (Note: the BLOOD is NOT made alkaline, only the inside of the cancer cells),
- 2) Limits the intake of glucose into the cell (thus starving the cell and making the cell "sick" from lack of food),
- 3) Neutralizes the lactic acid (which is actually what causes the cell to multiply uncontrollably), and
- 4) Stops the fermentation process, which is a second affect of limiting the glucose.

A practitioner of cesium chloride was Hans A. Nieper, M.D., (1928-1998), who practiced in Hannover, Germany. Many celebrities and executives from America went to Germany to be treated by Dr. Nieper, including one President of the United States.

Liquid ionic cesium chloride works by making cancer cells highly alkaline, typically 8.0 and above, thus killing the cancer cell or making them so "sick" the immunity system kills them. Cesium chloride not only kills cancer cells, directly or indirectly, it immediately stops the metastasis of the cancer, can start shrinking tumour masses within weeks, and almost always stops the pain of cancer within 24 to 48 **hours**, depending on what is causing the pain.

- *"Many tests on humans have been carried out by H. Nieper in Hannover, Germany and by H. Sartori in Washington, DC as well as by a number of other physicians. On the whole, the results have been very satisfactory. It has been observed that all pains associated with cancer disappear within 12 to 24 hr, except in a very few cases where there was a morphine withdrawal problem that required a few more hours.*

<http://www.cancer-coverup.com/brewer/printbrewerreport.htm>

Note that it is the **CANCER CELLS**, not the blood serum, that rises to 8.0 or above. The body keeps the blood serum within a small range of pH, around 7.4.

The Cesium Chloride Protocol directly targets cancer cells. Normal cells do not ingest the cesium chloride. DMSO allows cesium chloride to target the cancer cells in an even more dramatic way.

For more information, here is a good article. You will note in this article that the cesium treatment achieved a 50% cure rate on VERY advanced cancer patients, some already in a coma. You will also note that the doctors gave very high doses of cesium. The article states that "cesium chloride" was used in the study, however, the original study does not use the term "cesium chloride." In any case, 47 of the 50 patients were "hopeless," and some had only DAYS to live. Here is the article:

[Excellent Article on Cesium Chloride Treatment](#)

Here is a web page with references to the official Sartori studies:

[Sartori References \(2 of them\)](#)

The original article was: "Pharmacology, Biochemistry & Behaviour. Vol. 21. Suppl. I, pp. 7 – 10. 1984." The original published article had been modified by the editor.

Here is perhaps the best and most accurate article on how cesium chloride works in the body:

[Article by David W. Gregg, Ph.D.](#)

Here are websites with more information about the ground-breaking research of Dr. Brewer. The first link is to an article which starts out highly technical, but does become readable later on:

<http://www.cancer-coverup.com/brewer/printbrewerreport.htm>

http://www.mwt.net/~drbrewer/brew_art.htm#cancer

The Importance of Potassium in the Blood (i.e. Serum or Plasma)

A quote from the University of Maryland:

- *"Hyperkalemia is an excess of **serum potassium**. Most potassium in the body (98%) is found within cells; only a small amount usually circulates in the bloodstream [i.e. the serum]. The **balance of potassium between the cells and the blood** is critical to the body. It affects the way the cell membranes work and governs the action of the heart and the pathways between the brain and the muscles. If you have excess potassium in the blood, it is usually excreted by the kidneys. However, the levels can get too high if your kidneys aren't working right, which is the most common cause of hyperkalemia. Another cause is damaged cells' releasing potassium into the bloodstream faster than even normal kidneys can clear it. Medications or diet may also affect the amount of potassium in the blood. Hyperkalemia is a serious condition that must be treated promptly.*

<http://www.umm.edu/altmed/ConsConditions/Hyperkalemiacc.html>

Here is a quote on what cesium chloride does to potassium in the body of a cancer patient:

- *"Some patients on cesium develop evidence of potassium depletion so **serum potassium** needs to be monitored along with uric acid blood levels. Any alkali therapy changes the ph of the body toward a more alkalotic state. This causes movement of potassium **into cells** [i.e. which depletes serum potassium] which may result in low serum potassium values. This movement of potassium into cells means that a person can become seriously depleted of potassium even if there is no diarrhoea or vomiting.*

<http://www.newswithviews.com/Howenstine/james14.htm>

In other words, cesium chloride does not drive potassium **out** of the cancer cells, rather it drives potassium **into** the cancer cells, thus reducing blood serum potassium levels. Potassium must be supplemented to the cancer diet to increase the amount of serum potassium. However, if the serum potassium get too high, then hyperkalemia can result. It is this delicate balance of serum potassium that forces a cancer patient to have their serum potassium level checked every couple of weeks. Kidney damage can result if serum potassium gets too high, but **drinking high levels of water generally takes care of this problem.**

Symptoms of **hypokalemia** (too **LITTLE** serum potassium) include:

- "... *fatigue, muscle weakness and cramps, and intestinal paralysis, which may lead to bloating, constipation, and abdominal pain. Severe hypokalemia may result in muscular paralysis or abnormal heart rhythms (cardiac arrhythmias) that can be fatal.*"
<http://lpi.oregonstate.edu/infocenter/minerals/potassium/index.html>

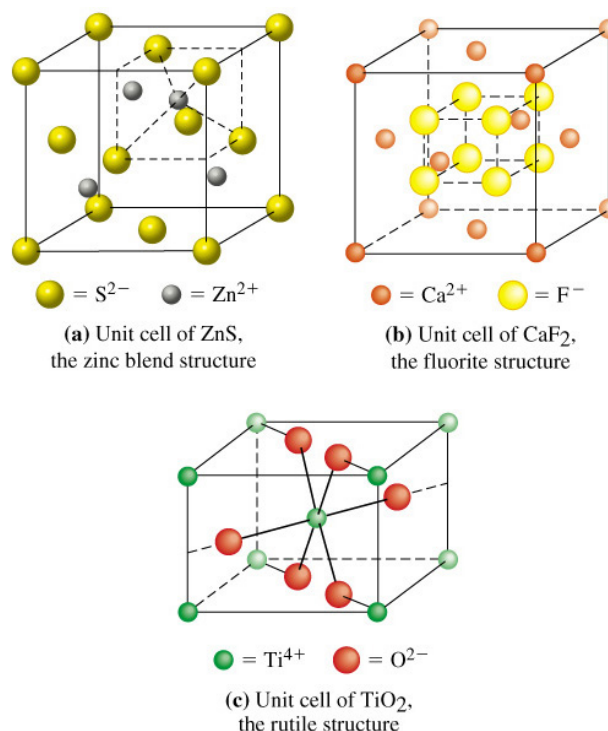
Symptoms of **hyperkalemia** (too **MUCH** serum potassium) include:

- "... *tingling of the hands and feet, muscular weakness, and temporary paralysis. The most serious complication of hyperkalemia is the development of an abnormal heart rhythm (cardiac arrhythmia), which can lead to cardiac arrest.*"
<http://lpi.oregonstate.edu/infocenter/minerals/potassium/index.html>

In other words, both **hypokalemia** AND **hyperkalemia** can lead to muscular weakness and abnormal heart rhythm. While these are strong statements, getting your potassium level checked every 2 or 3 weeks should easily give you the ability to keep your potassium in a safe range (by making slight adjustments if your potassium levels get slightly above or slightly below the normal range).

Warning:

You should have your blood uric acid, electrolytes, potassium, magnesium, calcium and sodium levels checked at least once every 2 or 3 weeks, even if you take the recommended dosage of potassium and Coral Calcium. The potassium may become too high or too low or the magnesium or calcium levels may become too low (you must take the Coral Calcium for the calcium and magnesium)!! Uric acid levels, which can damage the kidneys if they become too high, rise due to the amount of DNA released by the dead cancer cells. At 3 grams of ionic cesium chloride a day, it is unlikely the uric acid levels will rise very much, but if they do the drug Xyloprim can take care of the problem. Furthermore, hypokalemia (too LITTLE potassium in the blood serum) and hyperkalemia (too MUCH potassium in the blood serum), can lead to a dangerous irregular heartbeat! Contact your physician if increased fatigue, irregular heartbeat, or significant blood pressure changes occur during treatment.



It is also important to look for **TRENDS** in potassium levels. For example, suppose your first reading for potassium is 4.5, and 3 weeks later it is 4.3 and 3 weeks later it is 3.8 (these are actual

numbers from a cancer patient). All of these are within acceptable ranges. However, if this TREND continues, the next reading will not be within acceptable ranges. If you see a trend like this, then you should immediately increase your dose of potassium or increase your consumption of foods that are high in potassium (see below)!! Of course, if the trend is going up, and is about to go off the chart, then you should reduce your dose of potassium (see below). Generally, however, if the dose does need to be changed, it needs to be increased.

The Vendor with the Most Cesium Chloride Experience

While this article describes a "one-size-fits-all" Cesium Chloride Protocol, the fact of the matter is **there is no "one-size-fits-all" cesium chloride protocol that will work best for all cancer patients.** The treatment should vary by a person's weight, type of cancer, density of cancer, and many other issues. Cancer patients also need to know what to expect during the treatment.

The good news is that the vendor with the best quality cesium chloride and the most cesium chloride / DMSO experience is willing to work with cancer patients (or their representatives) over the telephone to help them with dosages, knowing what to expect, etc. He also sells the **ONLY** brand of hydrazine sulfate that is endorsed by this web site. Hydrazine sulfate is needed when the patient has lost their appetite.

The person is Larry of Essence of Life. He spends 8 hours a day, 5 days a week, on the telephone answering dosage questions about his products, which include most of the key products, such as enzymes, high density nutritional products, etc.

There is one **VERY** important thing to understand. If you do buy cesium chloride from Larry, it is **CRITICAL to talk to him over the phone before you buy anything. Larry sells a complete package, but he will customize it for different types of cancer, different situations, etc.**

In other words, do **not** just buy the product through Pay Pal. There is no extra charge for Larry to help you set the right dose.

A cesium chloride treatment requires the right diet, the right supplements, the right combination of minerals, the right form of the supplements, the right amounts, the right frame of mind, etc. That is why you actually need to talk to Larry **before** you buy from him.

Do not add anything to his customized package without letting him know, because the product may already be in the package under a different name.

He will return phone calls anywhere in the world and he will ship products anywhere in the world. Just call him or email him and leave your name and phone number.

Whether you email Larry, or call his answering machine, make sure you include your telephone number!!

Contact information for Larry can be found on his web site or on this email page:
<http://www.essense-of-life.com/info/cesium.htm> [his U.S. phone number and email]
[Email Page](#) [his international phone number and other contact information]

Important Note For Brain Cancer Patients

Brain cancer presents a difficult problem for any cancer treatment, whether orthodox or alternative. The problem is dead and dying cancer cells in highly sensitive areas of the brain. When a cancer cell is dying, from whatever cause, it can create an inflammation in the brain. This inflammation can in turn cause a very dangerous seizure.

For brain cancer patients, it is especially important to work with Larry of Essence of Life. His package for brain cancer is different than his other package and the doses of cesium chloride he recommends for brain cancer are very different than his recommended doses for other types of cancer.

Important Note For Those Whose Cancer Has Spread to Their Bones

For those with bone cancer, it is very important to deal with Larry of Essence of Life, and **make sure you tell him you have cancer in your bones**. He will add the right dose of liquid ionic strontium chloride, a trace element, and two other minerals to your treatment to strengthen the bones. The right balance between these products, which will require some experimentation, will help avoid pain in the bones.

The bones of bone cancer patients frequently get so brittle they easily break, even during normal activities. When this happens the patient will frequently lose the desire to fight their cancer. It is critical to strengthen their bones during treatment.

Important Note For Cachexia (e.g. Rapid Weight Loss or Very Weak) Patients

The creation of lactic acid by fermentation in cancer cells does more than make the cancer cells acidic. It also starts a chain reaction that actually kills more cancer patients than any other cause: malnutrition and a "wasting away," which is generally the result of the "cachexia cycle."

As cancer cells are fermenting glucose (and thus creating lactic acid), enormous amount of energy are used (about 15 times more energy than a normal cell uses), which effectively steals enormous amounts of energy from non-cancerous cells. In the "cachexia cycle," the lactic acid created by cancer cells goes to the liver and the liver converts the lactic acid back to glucose. This action in the liver **also consumes enormous amounts of energy!!** Thus, the cancer cells convert glucose to lactic acid, the lactic acid travels to the liver, the liver converts the lactic acid back to glucose, which then travels back to the cancer cells.

This cycle consumes an enormous amount of energy and may cause the body to start "eating" its own muscles and bones in order to feed the cancer cells (i.e. feed the cachexia cycle). This creates a "wasting away" syndrome. If you think the cachexia cycle may apply to you, then **STUDY** the article on the cachexia cycle and then return to this page. Here is the article:

[The Cachexia Cycle](#)

The Dosages of Cesium Chloride and Potassium

Note: Cesium chloride and DMSO should NEVER be taken orally. Actually, cesium chloride is never needed to be taken orally because DMSO will carry the cesium chloride through the skin and get it into the bloodstream within minutes.

The liquid ionic cesium chloride should be mixed with the liquid DMSO and be applied to the skin, but NOT above any area of dense concentrations of cancer cells and not touching any surface cancer cells.

If you want to put something directly onto skin cancer, use Vitamin C or one of the other external skin cancer treatments. The way cesium chloride works, there is no benefit to putting it directly on cancer cells.

If a rash develops on the skin where you put the DMSO and cesium chloride, just spray some water on the rash. The rash is caused by the DMSO dehydrating the skin.

The liquid ionic cesium chloride should be taken one tablespoon (i.e. there are 1.5 grams or 1,500 mg in each tablespoon), **TWICE A DAY**, making 3 grams A DAY total (i.e. two tablespoons **A DAY**). As mentioned above, it should be mixed with DMSO and applied to the skin externally, but not near or above the cancer.

In addition to the liquid ionic cesium chloride, a person will have to take liquid ionic potassium. The dosage of liquid ionic potassium chloride is 1,200 mg per DAY, divided into two equal doses (600 mg per dose, twice a day).

To avoid any confusion, study these rules about the cesium chloride and potassium many times (doses for brain cancer are different):

Here is a summary of the rules for taking cesium chloride and potassium chloride:

Rule #1: Take 3 grams (i.e. 3,000 mg) of cesium chloride **a day**, divided into two equal doses of 1.5 grams each.

Rule #2: Take 1,200 mg of liquid ionic potassium chloride **a day**, divided into two equal doses. Note that the dose of potassium is less than half the cesium chloride dose, measured in milligrams (mg).

Rule #3: Take the potassium dose **at least one hour after** the cesium chloride. The reason for this is that if they are taken at the same time the potassium can block (i.e. compete with) the cesium chloride from getting into the cancer cells. The potassium should be taken orally.

Rule #4: Several of the foods you eat every day should be high in potassium. See the next section.

Rule #5: Drink lots of water with this treatment. It would be best to drink more than half a gallon of natural water, or filtered water, a day for adults over 125 pounds.

Rule #6: Have at least two people do the calculations for how many TEAspoons or TABLEspoons of cesium chloride and potassium you take for each dose. Many people do not do the calculations correctly

and take the wrong doses. **Have a second pair of eyes read these instructions several times to make sure the doses are correct!!**

In addition, you should add liquid ionic calcium chloride and liquid ionic magnesium chloride (or magnesium citrate) to your treatment. The recommended vendor for magnesium citrate is:

<http://www.msm-msm.com/> [Click on Minerals / Magnesium]

Note: Some vendors of cesium chloride recommend 3,000 mg of liquid ionic potassium chloride per day and they do not mention having an hour gap between taking the cesium chloride and the potassium chloride. They may also have a person take the cesium chloride on a cycle of 5 days on, then 2 days off, or some other pattern. These instructions do not seem to be as effective as the above instructions.

Getting Potassium from Foods

It is best to get as much potassium from the foods you eat as from the liquid potassium chloride. When you get potassium from your foods, you are also getting nutrients and other minerals that help the body use the potassium. Here is an article that discusses which foods have potassium:

[Potassium in Foods](#)

Using DMSO With Cesium Chloride

DMSO is always **required** whenever you take cesium chloride. It is important to understand how to take them together.

The recommended DMSO is 99.9% pure DMSO mixed: 70% DMSO and 30% distilled water or aloe.

First, **MIX** the DMSO and the cesium chloride together. The dosage of DMSO is one **TABLEspoon each time** you take the **TABLEspoon** of cesium chloride. DMSO is 100% natural and very non-toxic. It should be noted that the FDA requires vendors to sell and label DMSO as a "solvent."

AFTER they are mixed together, wait several minutes before you apply the mixture to the skin. Do **NOT** mix the potassium in with this mixture. As mentioned above the potassium should be given no less than one hour AFTER the cesium chloride.

You can use a spray bottle or eye dropper bottle to administer the liquid to the skin. **SPREAD** the mixture out over a wide area of the skin. Otherwise you could get a rash.

While DMSO is very non-toxic, it can be mildly dangerous to handle, so it is absolutely critical to read this article which covers the safety warnings about using DMSO (e.g. **it should NOT be used by pregnant women or women who might be pregnant**, it should not touch cloth or gloves, etc. – see the article):

[DMSO Article – Safety Warnings – \[MUST READ!!!\]](#)

A Word About Body Odour and DMSO

The 1 tablespoon of DMSO, twice a day (i.e. 2 tablespoons a day), may give you significant body odour. This body order has been described as an oyster smell or a garlic smell.

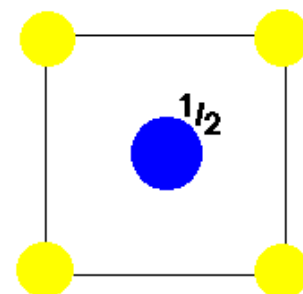
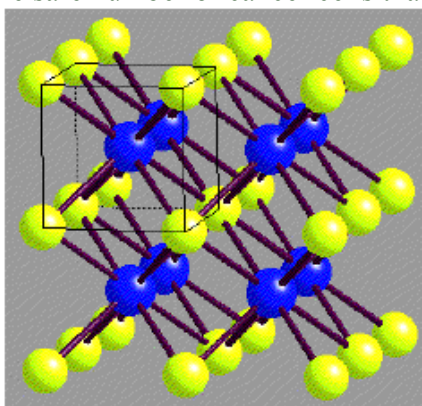
The bad breath and/or body odour is caused by the DMSO leaving your body after doing its job. Normally it leaves via the kidneys, but sometimes it leaves through the skin. You may find yourself taking a shower and changing clothes more than once a day. But DMSO is absolutely critical to your treatment because it grabs hold of the cesium chloride and drives it through the skin and into the cancer cells. For brain cancer patients, it blasts past the blood-brain barrier like it wasn't even there.

Some cancer patients would rather die than have that much body odour. For advanced patients, that may explain their options. If you are still working your company may have to make adjustments for your situation.

What NOT To Take With Cesium Chloride

The above doses are designed to maximize the safe number of cancer cells that can be killed when treating cancer at home. **NO** alternative cancer treatment should be used with the cesium chloride and DMSO treatment that kills cancer cells. Killing too many cancer cells by combining treatments may lead to too much debris (i.e. dead cancer cells) in the body.

What **CAN** be added to this treatment are treatments that build nutrition, build the immunity system, protect the kidneys and liver, etc.



The Pattern of Taking the Cesium Chloride and Potassium

The Cesium Chloride Protocol should be taken **EVERY DAY** until you reach your cesium limit (which will be discussed below).

It is important to note that with the cesium chloride treatment tumours may actually become enlarged **BEFORE** they start to shrink. The reason is generally inflammation, which will be discussed below. For certain types of cancers this inflammation may create a dangerous situation and the dosage of cesium chloride may need to be reduced for a short time. But generally, it should be taken every day.

Additional Warnings

Warning #1: When the cancer patient reaches their cesium limit (which will be discussed below) the patient **SHOULD CONTINUE TO TAKE POTASSIUM FOR ANOTHER 3 MONTHS!!** The reason for this is that the cesium will stay in your body (and continue to pull potassium into the cancer cells and out of the blood serum) for about 3 months after you stop taking it.

Warning #2: If you have cancer anywhere in your digestive tract, and if your digestive tract is obstructed, **do NOT take this treatment.** As mentioned above, inflammation may result temporarily from this treatment, and inflammation added to an obstructed digestive tract can be very dangerous.

The Side Effects and Symptoms of This Treatment

As mentioned above, the combination of cesium chloride and DMSO is very potent. There are many possible side-effects and symptoms of its use. Some of these side-effects are harmless and will probably go away. Others are potentially dangerous.

It is absolutely critical to become VERY familiar with all of these items.

Inflammation, Swelling and Pain Where Concentrations of Cancer Cells Are

Of all of the symptoms and side-effects of the Cesium Chloride Protocol, this is the most dangerous for certain types of cancer. When the cesium chloride gets into a cancer cell, the cancer cells starts getting "sick" from starvation. Up until this point the body's immunity system has largely ignored the cancer cells for a variety of reasons. However, when the cancer cells become sick, the immunity system, which probably doesn't know these are cancer cells, starts to take action. This action may cause serious inflammation and pain.

All Stage IV cancer patients will experience some inflammation, however, in many cases, depending mainly on the type of cancer, the inflammation will be severe and will result in pain. But it is not the enlarging of a tumour or the pain that is dangerous, it is the possibility that the temporarily enlarged tumour may block the flow of key fluids in the body. For example, in the brain or pancreas a temporarily enlarged tumour may block the flow of blood or bile, respectively. If you find yourself in this situation, you may need medical attention.

One thing that may help is taking DMSO both with cesium chloride (as usual or with smaller doses of cesium chloride) AND taking DMSO and/or MSM by themselves a few hours later. These products are known to help reduce inflammation and pain. High doses of key enzyme products, such as Vitalzym or 10Zymes, may also help reduce inflammation and pain.

Muscle Cramps

Muscle cramps are one of the symptoms that a patient is not getting enough potassium. For example, if you curl your toes and they do not go right back into a normal position, this is probably a sign you are low in potassium.

While pickle juice may quickly help ease the cramps, you may need to increase the amount of potassium, calcium and/or magnesium you are taking. It is best to increase your potassium levels using food, but if this is not possible, then increase the amount of liquid potassium chloride.

Remember that too much potassium can also be bad for you. A blood test is the most accurate way to determine where you are on the scale.

How to Tell When You Reach Your "Cesium Limit"

The cesium limit can be detected under either of the following conditions:

- 1) Your feet turn purple, they feel cold and/or they feel like you have frost bite, OR
- 2) Your finger tips feel like needles and pins, they hurt if you bump them against something, especially something cold.

When you have either of these symptoms, it is time to stop taking cesium chloride. **Remember to continue to take potassium for another 3 months until the cesium chloride works its way out of your body.**

A discussion of when, and if, to take a second round of cesium chloride is below (i.e. a "second" Cesium Chloride Protocol).

Do not confuse these symptoms with the far less severe "tingly and prickly" feelings to be discussed next.

A Tingly, Prickly Feeling, Particularly in Your Fingers, but Possibly in Your Lips or Face

This is a common side-effect and generally happens within the first week or two. It should NOT cause any alarm. Generally it will go away. Chemotherapy can also cause this side-effect.

Nausea and Vomiting

These are symptoms of taking cesium chloride orally or internally. As mentioned above, cesium chloride should always be mixed with DMSO and should **always** be taken externally on the skin.

Itchiness and/or Dry, Scaly Skin

This is a sign of dehydration. It happens when a person does not drink enough water during the day. You need to drink, drink, drink during this treatment. Half a gallon (2 litres) or more for a person who weighs 125 pounds (57 kilograms) or more – **EVERY DAY!!**

Frequently Get Up During the Night to Urinate or You Can't Sleep

The kidney does most of its work processing the dead cancer cells while you are sleeping. It will fill up your bladder quickly, in about 2 hours, which may lead to you getting up in the middle of the night several times. However, if you take BOTH of your doses of cesium chloride and DMSO BEFORE noon, it should help avoid many of the middle-of-the-night trips to the bathroom.

Another thing that may help this situation is to eat fruits. This situation will overrule the "cancer diet" article.

Also, if you are not sleeping well it may be because the cesium chloride has made you hyper. This is another reason some people may need to take both doses of their cesium chloride by noon.

Dark, Dried Blood in the Urine

This is a **GOOD** sign. It means the kidney is doing its job getting rid of dead tissue. This generally happens in the morning, and usually does not happen in the afternoon or evening.

However, fresh bright red blood is never a good sign. This is a sign of internal bleeding and may require medical help.

Cramping

One reason for separating the cesium chloride from the potassium is specifically to avoid cramping. If you still get cramping, and you have been separating the cesium chloride and the potassium by at least an hour, then separate them by more than an hour.

Also, drink pickle juice.

How to Tell If Your Treatment is Progressing

First, many people wonder when their tumours will shrink. There is another article specifically on this subject. The answer is not what you think, so make sure you read the article very carefully if this is one of your questions:

[Article on Shrinking Tumours](#)

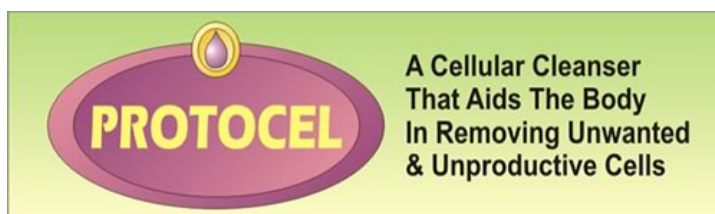
To be specific, as mentioned above, the size of your tumour **MIGHT INCREASE** when you start your Cesium Chloride Protocol. This is because of the inflammation. Usually this small amount of inflammation is not a problem. But the size of your tumour should start to noticeably decrease within two months or less.

Second, many people wonder about "tumour markers". Tumour markers are generally specific types of proteins found in the blood. Alternative cancer treatments are not designed (and no one cares) about removing these proteins from your blood. Thus, an alternative cancer treatment may or may not affect your tumour markers. Even if they rise it may not be a bad thing.

Third, the best way on earth to determine you progress is a PET scan. However, a PET scan is a carcinogenic X-Ray. It **causes** cancer. Thus, you should not even consider having a PET scan until you are very certain you are in complete remission.

What To Do After Reaching Your "Cesium Limit" [CRITICAL INFORMATION!!]

Some people on the Cesium Chloride Protocol will reach their "cesium limit" **BEFORE** their cancer is completely cured. This means they are probably going to have their cancer "return." When this happens the Cesium Chloride Protocol has essentially knocked the cancer from Stage IV down to Stage I or Stage II, but has not completely finished-off the cancer.



PROTOCEL

A Cellular Cleanser
That Aids The Body
In Removing Unwanted
& Unproductive Cells

Protocol.com has just merged with [WebND.com](#)



[WebND.com](#) Renewal & Wellness, LLC

A Network Of Preventive Health Care Specialists

The Home Of Targeted Nutrition

Click [here](#) to go to [WebND.com](#) for Protocol

While some people will take the Cesium Chloride Protocol a second time (see the section below), **whether a cancer patient takes the cesium chloride a second time or not, when they are done with**

the cesium chloride treatment, EVERY person who has been on the cesium chloride protocol needs to play it safe and go on a different, but less potent alternative cancer treatment.

The good news is that there is an alternative cancer treatment that is simple to use, easy to go on, and very inexpensive, which is a perfect addendum to the Cesium Chloride Protocol.

That treatment is the Protocol treatment. Protocol is simple to use, easy to go on, and only costs about US\$2 a day.

The only downside to Protocol is that the cancer patient must take the product every 6 hours, 24 hours a day. They usually accomplish this by getting up early in the morning, taking a dose, and going back to bed. **The Protocol treatment should be gone on for at least one year after finishing one or two cesium chloride treatments.**

There are some supplements which will interfere with the Protocol treatment. Before taking this protocol it is necessary to buy a US\$10 online eBook called **Protocol and Cancer**, by Tanya Pierce to learn about this treatment. For more information on this treatment and the eBook, read:

[The Protocol Treatment](#)

Protocol is not the only easy to use option for a follow-up treatment to the Cesium Chloride Protocol. Another viable treatment is

the Amazon Factor Protocol, which is more powerful than Protocol, but it is more expensive. The web pages for this treatment are linked to in the article in the next paragraph.

There are actually many "Strong Stage III" treatments that are viable at "finishing off" whatever cancer cells may remain after reaching the "cesium limit." See:

[Strong Stage III Treatments](#)

Because it is generally impossible to detect the small number of cancer cells remaining after reaching the "cesium limit," it is critical that a cancer patient go on one of the "Strong Stage III" cancer treatments, such as Protocol, after completing one or two Cesium Chloride Protocols!!

Should the Cesium Chloride Protocol be Repeated A Second Time?

Treatment	Effectiveness	Studies	Quantity of papers	Conclusiveness of papers	Standalone Ability	Ease of Use	Side Effects	Compatibility	Monthly Cost	Year Available
(Clicking on any treatment in this column will transfer you to the top of the page for that treatment.)										
714x*	3	5	3	5	8	1	8	8	\$100	1950
Beta Glucan* (P)	7	9	9	8	5	8	9	9	\$30	1975
Cantron* brand of Cancell	8	5	4	5	8	4	9	5	\$50	1980
Cesium Chloride*	6	6	4	5	6	9	8	8	\$70	1980
Emulsified Vitamin A* (P)	5	6	4	5	4	5	4	8	\$50	1975
Ellagic Acid* (P)	6	6	8	7	4	8	8	8	\$40	1990
Essiac Tea* (P)	8	7	4	5	8	8	8	7	\$150	1920
Hydrazine Sulfate*	7	9	9	9	4	10	7	8	\$30	1970
Laetrile B-17* (P)	7	6	6	8	5	4	5	8	\$160	1970
MGN-3* (P)	6	6	5	5	4	8	8	8	\$260	1996
Paw Paw* (P)	10	8	8	7	8	9	9	7	\$35	2003
Protocol* brand of Cancell	8	5	4	5	8	4	9	5	\$50	1980

There are many people who want to use 2 or 3 Cesium Chloride Protocols. However, if the symptoms of cancer are essentially gone, it would be wise to move to a less strenuous treatment, such as one of the "Stong Stage III" treatments mentioned above.

*However, if you think the first Cesium Chloride Protocol worked for you, and if you think you still have a long way to go in treating your cancer, then do it again, but the second time you should use **HALF the doses as the first time!!*** You again need to be very sensitive to the symptoms and side-effects of cesium chloride.

Also, you should wait **at least a month** before starting the second round. This will give your body some time to detoxify and, quite frankly, recover. Obviously, take potassium between treatments of cesium chloride.

Be aware that the cesium chloride takes about 3 months to completely leave your body and there may be some build up in the non-cancerous cells, so take potassium for at least 3 months after stopping the cesium treatment.

There is **ALWAYS** a possibility of reaching your cesium limit in less time than the first time, even with half the dose. This is both a caution about using a second protocol, and a warning to watch more closely for your cesium limit the second time you are on it.

A **third** protocol would probably not be necessary or helpful. Switch to something else, like Protocol.

Measuring Your pH

As mentioned above, it is the **CANCER CELL pH** that must be raised to 8.0 or above. The human blood cannot be raised to a level of 8.0 because you would die before that happened. Your body does an amazing number of things to keep your blood pH at a fairly constant level. Unfortunately, when a person has a highly acidic diet, some of these things the body does (to keep the blood pH level) lead to major health problems. That is how desperate the body is to maintain a constant overall pH.

So how do you know when your cancer cells have a pH of 8.0 or above? You can't. Some people talk about measuring the pH of the blood, lymph, saliva or urine to try to determine whether the pH of the cancer cells is high enough. **It won't work:**

- *"Another interesting book is; Alkalize or Die, by Dr. Theodore A. Baroody. In Chapter one, he describes the difficulty of getting an accurate pH reading of the body by measuring the pH of urine, saliva, or other body fluids. He also describes how a healthy regimen can cause these ph measurements to indicate acid, as the healing process removes the acid causing materials from the body.*
http://www.healthrecipes.com/ph_cancer.htm

This is one of the quotes in the Baroody book that supports that statement:

- *"At present no tests can accurately gauge how acid you are because current diagnostic methods reveal only that acid wastes are present in body fluids (blood, lymph, urine, mucous, and saliva).*

Such tests never give a reliable indicator of how much acid waste is actually in the system, because the fluids are always running through the tissues attempting to remove these excess tissue acid wastes. Therefore, although it is possible to measure body fluid as being alkaline or acid, it is impossible to evaluate the state of body tissues (skin, organs, glands, muscles, ligaments, arteries and vessels) based solely on blood, urine, or saliva tests.

*Unfortunately, waste acids that are not eliminated when they should be are reabsorbed from the colon into the liver and put back into general circulation. They then deposit in the tissues. **It is these tissue residues that determine sickness or health!***

Alkalize or Die, by Dr. Theodore A. Baroody, N.D, D.C, Ph.D., page 15

He states that the only real way to tell if your tissue is acidic or alkaline is to analyse your diet.

In short, the best way to insure your pH obtains a level of 8.0 or above is to follow the protocol in this article and make sure you don't partake of too many acidic foods or drinks (such as soda pop – soft drink), meaning follow the "cancer diet."

The "Cancer Diet" During This Treatment

Most of the people who work with Larry will use his diet. The main difference between Larry's diet and the "cancer diet" on this website is the use of fruits. Larry allows more fruits to be eaten because they are high in nutrients and the cesium blocks the glucose in the fruits from getting inside the cancer cells, so he has less concerns with a person eating fruits.

For such people it is highly recommended they use the most potent of the fruits, meaning:

- 1) Juiced red, black or purple grape juice (with seeds if possible),
- 2) Juiced blueberry juice,
- 3) Xango Mangosteen Juice,
- 4) Tahitian Noni Juice or
- 5) One of the wolfberry juices (or goji juices).

All of these juices provide highly dense concentrations of nutrients.

However, if the cancer patient is **very weak** from the cancer, there is a special section in the general "cancer diet" article that allows them to eat a completely different kind of diet. For example, cancer patients who are very weak should eat beef broth and go on the macrobiotic diet, plus the above fruit juices and concentrated vitamin and mineral supplements (such as Juice Plus+ or Larry's Essense or Larry's "Only One").

[The "Cancer Diet" Article](#)



“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother and Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

Try it; give the Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Step 4: Articles on Individual Cancer Treatments

Articles on Individual Cancer Treatments

It is very rare when a person uses only a single alternative cancer treatment. When they do, it is usually because it is the only alternative cancer treatment they know about.

These articles will discuss many different individual treatment plans. Only one of them (the Breuss Total Cancer Treatment) should be used by itself. All of the other plans, even the well-known treatment plans like laetrile, should be combined with other treatment plans **AND** a special cancer diet.

#	Stage IV Cancer Treatments
	Except for Hydrazine Sulfate and OCC, the treatments in THIS section should NOT be combined with each other without knowledge of an expert on these treatments, but they can be combined with some other alternative cancer treatments!!
1	Cesium Chloride / DMSO Protocol / Alkaline / Alkalinity / pH [Stage IV treatment]
2	Amazon Factor Protocol [Stage IV treatment] NutraNomics Website (maker of Amazon Factor)
3	Hydrazine Sulphate (The Cachexia Treatment Plan) [Stage IV treatment] [This treatment is generally not used by itself, but is an adjunct with other treatments for cachexia patients. There are some <u>POTENTIALLY SEVERE INTERACTIONS WITH DRUGS OR FOODS</u> for those who use this product!!]
4	Ozone RHP Treatment [Stage IV treatment] [New!]
5	DPT – DMSO Potentiation Therapy (A Magic Bullet) [Stage IV Treatment]
6	IPT – Insulin Potentiation Therapy (A Magic Bullet) [Stage IV treatment]
7	IVC – High Dose Intravenous Vitamin C [Stage IV Treatment]
8	Johanna Brandt Grape Cure (carrot juice can be substituted for grape juice) [Stage IV treatment] [This treatment is not as potent as the other Stage IV treatments. It is here mainly for the benefit of overseas countries where someone cannot afford or obtain the more potent treatments. This treatment can also be used while the other products are in shipment.]
9	The Overnight Cure For Cancer (OCC) [Stage IV treatment] The Theories Behind the Overnight Cure For Cancer (OCC) [The OCC is a brand new stand-alone treatment still being researched. It is totally safe, takes about one week, and may enhance the effectiveness and safety of any other alternative cancer treatment. It is the only cancer treatment designed to revert cancer cells into normal cells. These articles are worth reading even if you do not go on this treatment.]

#	The Most Powerful Stage III Cancer Treatments
1	Robert Barefoot Cesium Chloride Protocol [Powerful Stage III treatment]
2	Robert Barefoot Calcium Protocol (e.g. Coral Calcium) [Powerful Stage III treatment]
3	Protocol or Cantron [Powerful Stage III treatment]
4	Graviola Tree and Paw Paw Tree [Paw Paw is a Powerful Stage III treatment]
5	Dr. Lorraine Day, M.D. Diet/Treatment [Powerful Stage III treatment]
6	Raw Food Diets [Powerful Stage III treatment]
7	Wheatgrass / Ann Wigmore (applies to barleygreens) [Powerful Stage III treatment]
8	PolyMVA [Powerful Stage III treatment]
9	Oleander Soup – Can Be Made at Home [Powerful Stage III treatment]

#	Other Alternative Cancer Treatments (Alphabetical Order)
1	Breuss Total Cancer Treatment
2	Budwig – Johanna Budwig Flaxseed / Cottage Cheese Diet
3	Burzynski – Antineoplastons (Brain Cancer)
4	Chlorella and Spirulina (plants)
5	Coenzyme Q10 / Co Q10 / Stockholm Protocol
6	Dandelion Root Treatment – Can Be Made at Home
7	Ellagic Acid
8	Essiac Tea / Rene Caisse / Sheep Sorrel
9	Gaston Naessens 714X / 714-X
10	Germanium (Organic) – Dr. Kazuhiko Asai
11	Gerson – Dr. Max Gerson Therapy
12	Green Tea
13	Hydrogen Peroxide – Food Grade H2O2 and Stabilized Oxygen (chlorine dioxide)
14	Kelley Metabolic Diet / William D. Kelley
15	Laetrile / Ernst Krebs, Jr. (amygdalin, Vitamin B17)
16	Mangosteen Juice
17	MGN3 / MGN-3 (available in the U.S. under the brand name: BioBran)
18	Moerman – Dr. Moerman's Anti-Cancer Diet
19	MSM / Organic Sulphur Plus Vitamin C and B12
20	Noni Juice
21	Osiecki Cancer Technique
22	Ozone Therapy – Infusion Bottle (O3)
23	Rath – Dr. Matthias Rath Cellular Solution
N/A	Rife Machine – General Article

24	Rife Machine – JW Labs Machines – Model A and Model B
25	Skin Cancer – Cansema, Can-X, Colloidal/Ionic Silver
26	Skin Cancer – Frankincense and Other Essential Oils
27	Skin Cancer – Vitamin C Treatment

#	Alternative Cancer Treatments Too New To Be Evaluated
1	Barron – Jon Barron Baseline of Health / Not a Treatment
2	Ionized / Alkaline Water
3	Moonship – Chinese Traditional Medical Theoretics

**Step 5:
Critical Articles For Those
On Alternative Treatments**

Critical Articles [Study This List of Articles]	
	The Fungus, Yeast, Mould Connection to Cancer [MUST READ!!!]
	Building the Immunity System For Cancer Patients
	The Alternative Cancer Treatments That Also Shrink Tumours
	For Cancer Patients Who Cannot Eat Whole Foods
	Treating the Pain of Cancer
	The Thyroid, Hormones and Cancer
	How to Deal With Liver Damage
	Clinics, Associations, Vendors
	A List of Over 200 Alternative Treatments Plus Other Information
	Highly Recommended Books on Alternative Cancer Treatments
	How to Download the Entire CancerTutor Website
Comparing Orthodox Cancer Treatments and Alternative Cancer Treatments	
	Should Alternative Treatments and Orthodox Treatments Be Combined?
	A Side-By-Side Comparison of Orthodox Treatments and Alternative Treatments
	Making the Decision Between Orthodox and Alternative Cancer Treatments
	How Bogus Scientific Studies Are Created
Phase 2 and Phase 3 Articles	

Phase 2 of Your Treatment: Between Remission and Prevention
Phase 3 of Your Treatment: Cancer Prevention Plus Heart Disease Prevention
Information on Specific Types of Cancer
Special Considerations For Unique Cancers
Adenocarcinoma
Bone Cancer
Bone Marrow Cancers (e.g. Multiple Myeloma (MM), Leukemia, etc.)
Brain Cancer
Leukemia
Liver Cancer
Lung Cancer and/or Emphysema
Lymphoma (Links Only)
Prostate Cancer
Rectal Cancer (includes Colon Cancer)
Skin Cancer – Cansema, Can-X, Colloidal/Ionic Silver
Skin Cancer – Frankincense and Other Essential Oils
Skin Cancer – Vitamin C Treatment

Step 6:**FAQ – Frequently Asked Questions****Frequently Asked Questions (FAQ)**

Receiving emails from those with cancer, or those who are caring for those who have cancer, is a critical part of this web site. It helps me isolate areas where I have not explained things properly. It helps me understand situations I had not previously thought of. And so on.

However, I have a full time job, five grown children who live in the area (and two that don't), I travel a lot for my job, and so on. Because I have so little time to work on this website, I have to find a way to deal with common questions.

But perhaps more importantly, by having a FAQ I can devote a lot of time to answering a question I hear frequently rather than have to rush through a quick answer to a question I have heard many times before, and perhaps by rushing the answer miss a critical point.

Emails are important to me, but so is the FAQ.

FAQ – General Questions

[There is such a maze of information, how do I get started?](#)

[I cannot make up my mind between orthodox and alternative cancer treatments](#)

[I have lost a lot of weight since my treatment began, should I be concerned?](#)

[Why do so many alternative cancer treatments forbid meat?](#)

[What Is The Best Way To Take MSM?](#)

[Why did you get involved in alternative cancer treatments?](#)

[What alternative cancer treatments can be used for pets \(e.g. dogs, cats\)?](#)

FAQ – Cesium Chloride Protocol

[Is There Any Evidence For the Cesium Chloride Protocol on Stage IV Cancer Patients?](#)

[Is There Any Evidence Cesium Chloride Causes Heart Attacks?](#)

[What Is the Cesium Chloride Cure Rate?](#)

FAQ – The Brandt Grape Cure

[Why Do You Emphasize the Grape Cure?](#)

[When I drink the grape juice or Noni juice \(or any other fruit juice\), I get nausea and throw-up. What can I do?](#)

[After starting the grape cure, I get awful smelling, lumpy stools. I even get an oily, smelly substance coming out of my skin. Is this a symptom of a problem?](#)

FAQ – The Laetrile

[Where can I buy laetrile?](#)

[I have heard that laetrile, or Vitamin B17, is toxic. Is this true?](#)

Step 7:

Links To Other Cancer Websites

Site	Cancer Theory and Treatments
Consumer Health	Superb article on relationship of fungus, yeast and moulds to cancer
Your Health Matters	Superb article on relationship of fungus to cancer
Rainbow Minerals	Summary Article: How You Rust and Rot
Biomedx	Superb Short Book: How You Rust and Rot

Cancer Discovery	Superb website with articles on DNA and cancer
David W. Gregg, PhD	Superb article on what causes cancer, etc, (sans microbe theory)
Alt Health Australia	CRITICAL information on Sugar and Cancer [MUST READ]
Minnesota Wellness	CRITICAL information on trans fatty acids [MUST READ]
Cherie's Road To Health	An Up and Coming Website – Good Case Studies
What Are We Swallowing?	Mirror of Chemotherapy Article – The "full story here" link WORKS!!
Live Longer	Anti-chemotherapy article ('pdf – Adobe Acrobat)
Site	Multiple Cancer Treatments Discussed
Outsmart Your Cancer	Multiple Treatments – Online book – Several of the most potent treatments
Fighting Cancer	Multiple Treatments – Online book – Book covers alternative cancer treatments
Bill Henderson	Multiple Treatments – Online book – Over 80 treatments – highly respected Researcher !!
Natural Cancer Treatments	Multiple Treatments – Online book – Over 350 natural cancer treatments discussed
Minnesota Wellness	Multiple Treatments – One of the Best Sites
StopCancer	Multiple Treatments – Superb Site !!!
Walter Last	Multiple Treatments – Walter is a magnificent resource !!
CanCure	Multiple Treatments – Up to date info on politics, hospitals, etc.
CureZone	Multiple Treatments – Over 140 treatments
Alternative Doctor	Multiple Treatments – Retired American M.D. – SUPERB overall site!!
Life Extension Foundation	Multiple Treatments – Fabulous Organization, fabulous articles
Cancer-Treatments	Multiple Treatments – Superb Site !!!
Hope For Cancer	Multiple Treatments – Superb Site, especially for lung cancer
Whale	Multiple Treatments – Superb Site !!!
Sea Silver	Multiple Treatments – Superb Information !!!
McAlvany	Multiple Treatments – Excellent site with references and clinics
Cancer Success	Multiple Treatments – Excellent Site of Former Cancer Patient
Annie Appleseed	Multiple Treatments – Some really good articles are on this site
NFAM	Multiple Treatments – Excellent Site
Health World	Multiple Treatments – Excellent Site
Say No To Drugs	Multiple Treatments – Excellent Information
Cure Zone	Multiple Treatments – Lots of References
Cancer Action	Multiple Treatments – Comments on Several Kinds of Cancers

Dr. Clarkia	Multiple Treatments – Some Good Articles
Leaf Lady	Multiple Treatments – Natural Healing Treatments
Cancer Magic	Multiple Treatments – Lot of good links
Cancer Therapy	Multiple Treatments – Four Different Approaches to Killing Cancer
Site	Other Cancer Websites
Reality Zone	General Cancer Info – Most of the Major Cancer Books !!!
Nevada Group	General Cancer Info – List of Clinics
Jerry Hoover, N.D.	General Cancer Info – Natural Cancer Treatment
Cancer Victors	General Cancer Info – If you can contact these people – do
Alt Cancer	General Cancer Info – General Information
Alkalize For Health	General Cancer Info – Many Links and Useful Info
Cancer Action	General Cancer Info – Click on 'First Steps'
Brave Souls	General Cancer Info – Many Short Testimonials
Essense of Life	General Cancer Info – Excellent – Pushes Minerals
CureZone	General Cancer Info – Lots of Good Links
Whale	General Cancer Info – Interview with Dr. Harold Manners

Step 8:**A Free online eBook:****The War Between Orthodox Medicine and Alternative Medicine****Free eBook on the War Between Orthodox Medicine and Alternative Medicine**

The article linked to above: "Introduction to Alternative Cancer Treatments" is just the tip of the iceberg when it comes to detailing the corruption in orthodox medicine and in our government, etc. This book digs deeper and presents the big picture of what is going on, why it is going on, and unravels far more of the maze of deception.

If you are interested in knowing more, here is the free eBook:

Chapter	Title
Chapter 1	Introduction To The War in Medicine
Chapter 2	The Foundation Of The War in Medicine
Chapter 3	Case Study of Scientific Corruption
Chapter 4	Remission, Cure Rates and Other Deceptions

Chapter 5	The Approval of Chemotherapy Drugs
Chapter 6	The Scientific Evidence For Alternative Medicine
Chapter 7	Cancer Research
Chapter 8	Case Study of Media Corruption
Chapter 9	How The Media and Establishment Brainwash The Public
Chapter 10	Other Techniques the Media and Government Use
Chapter 11	The Role of the FDA
Chapter 12	The FDA Versus Freedom of Speech
Chapter 13	Who Do You Believe – Follow The Money Trail

Step 9:

Please Support This Research !!

Please Support This Research !!

If you have the funds to support, or help support, alternative cancer research, please read about the research project I am currently working on:

[Your Chance To Support ALTERNATIVE primary cancer research](#)

Other Diseases and Health Issues

[Do You Know Someone Who is Pregnant](#)

[or Might Become Pregnant?](#)

If so, [Click Here!!](#)

Site	Major Sites That Cover Multiple Diseases
Alternative Doctor	Retired American M.D. – SUPERB SITE for many topics!!
Totality of Being	Dr. Wong, Naturopath – some STUPENDOUS ARTICLES !!!
A Christian Perspective	Free – online eBook – Many Chapters, Many Health Related Topics
GHC Health	Many articles on different health issues
Savvy Patients	Excellent website that discusses many different diseases and illnesses

Webster Health	Excellent general health site, much of it based on Jon Barron book!
Alkalize For Health	An amazing page of links to health sites
Smart Women Supplements	Many articles on women's health issues
Healing Alt	Many articles on different health issues
Chattanooga Health	Some Excellent Articles on Different Health Issues
Site	Articles / Websites on Specific Diseases and Health Issues
Depression and Anxiety	Partially Complete Article on Depression and Anxiety
Diabetes Articles/Links	Diabetes – Key Websites
Alzheimer's Article	Alzheimers and Dementia – the Cure [Must Read]
Hypertension/Heart Disease	Natural Treatments For Hypertension and Heart Disease
AIDS / HIV	Natural Treatments For AIDS / HIV and HPV (any virus)
Common Cold Article	The 100% Natural, 100% Cure for the Common Cold
Cure Your Asthma	Book on treating asthma in one week
Sinusitis Article	The 100% Natural, 100% Cure for Sinusitis
Meniere's Disease	An article on Meniere's Disease
Brown Recluse Article	Article on treating Brown Recluse Spider bites
Weight Loss Warnings	Article and warnings about Weight Loss
Mike Vrentas	Article on MSM and Vitamin C and Several Diseases (e.g. diabetes, migraines)
Teresa Gallagher	ADD and Allergies – Superb Article
Article	Autism – Comments on Autism
Autism.org	Autism – Excellent Article
Connecticut Center	SUPERB Autism Diet – This stuff is GOOD !!
Extreme Health	Autism / ADD / etc. – Good Info
Willis S. Langford	Autism – SUPERB online book on autism!!!
Vaccination News	Autism – Comparison of Autism to Mercury Poisoning
Autism Recovery Network	Autism – Major Help Group
Weight Loss Research	Weight Loss Research Site (excellent food allergy article)

Other Links and Issues

Glossaries of Natural Herbs, Vitamins, etc.
Magnificent Site on the World's Healthiest Foods
A Little About The Medical Conspiracy
AlkalizeForHealth Library – Amazing Site – 3 pages
My Favourite Quotes – Insanity
My Favourite Quotes – Patriotic, Integrity, etc.
My Favourite Quotes – Founding Fathers and Presidents

[My Favourite Quotes – LDS \(Latter-Day Saints\)](#)

[Some of My Personal Favourite Links](#)

Important Notices

I have a backup of EVERY website linked to on my site. If you cannot link to one of the sites for two consecutive days, please notify me by email and I will link to a similar site or mirror the information on the original site.

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[A Message to Cancer Charities](#)

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By living true to ourself, true to our feelings, we are living true to God. It's that simple.

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THE DR RED STORY

Brisbane's Vineyard, under the leadership of biochemist Greg Jardine, has introduced a range of wine products and a ginger concentrate aptly branded Dr Red that are packed full of antioxidants. Dr Red was introduced to the world on 31st March 2003. Red wine has a third of the grape antioxidants, Dr Red has 100%.

The Brisbane team took this new beverage concept further by adding other antioxidant extracts from the Mediterranean diet, extracts of olive, citrus and raspberry. Working with scientists from Queensland's Department of Primary Industries and Fisheries they were able to optimize the levels of anti-oxidants in the wine.

In-vitro testing with the Queensland Institute of Medical Research began in 2003 and tested wines that were exploring what combination of antioxidants brought about programmed cell death (apoptosis). Only when the Asian based anti-inflammatory antioxidants of ginger and lime were added to the Mediterranean cocktails did results in testing take place.

By Christmas 2004 the Mediterranean Diet functional beverage concept was launched with the initial testing of a non-alcoholic ginger based fruit juice concentrate with Sydney University. Headed by Dr Qihan Dong MD, Phd., extensive in-vitro testing against 3 prostate cancer cell lines took place. Dr Dong's work had traditionally focused on individual antioxidant molecules such as those found in grape skin, turmeric and green tea.

By end of May 2005 Ginger Punch had successfully completed in-vitro prostate cancer cell study. Expected in-vivo (animal) performance of Ginger Punch to be completed by end of 2005. In-vitro testing of breast, and other cancer cell lines is currently underway.



In-vivo testing of Ginger Punch for prevention of heart tissue damage at The University of Queensland (Associate Professor Lindsay Brown) expected to be completed by September 2005.

The Dr Red team's goal is to demonstrate the power of antioxidants in whole foods when combined in a synergistic fashion, thus stimulating broader evidence-based research in Australia .

Dr Red – Mediterranean Diet

Brisbane's Vineyard owner Greg Jardine has developed a smooth red wine containing grape seed extract, olive leaf extract and lemon skin extract – the Mediterranean in a bottle – grown locally on the slopes of Mt Nebo.

Aptly named Doctor Red, this product includes active ingredients from the Mediterranean Diet. It now contains Ellagic Acid – a potent anti-oxidant that is typically found in berries, such as raspberries.



Cellar Door Sales, Winery and Wine Cellar Open 7 days – 10.00 am – 5.00 pm

More information and sales See our onLine form link above for prices.

**Brisbane's Vineyard
Wine Tasting
1076 Mt Nebo Road
Mt. Nebo Queensland 4520
Australia**

Greg Jardine
Phone: (07) 3289 5111
Fax: (07) 3289 5102
Email: info@brisbanesvineyard.com.au

The CONCEPT of a CANCER DIET

I remember reading the detailed diary of a person who was trying to cure his own cancer with alternative treatments. I was puzzled why his treatments weren't working until I came across an entry several months into his treatment plan. He basically stated (after several months of alternative treatments): "I decided to stop smoking." What is wrong with this picture? What is wrong is that he thought he could treat his own cancer by popping pills. There is far more to fighting cancer with alternative treatments than popping pills.

Understand this carefully, taking any alternative cancer treatment is like putting gasoline in your car – you are on your way to killing cancer cells, etc. But having a bad diet, while you are on a cancer treatment, **is like putting water in that same gasoline tank!!**

As mentioned in my article "Introduction to Alternative Cancer Treatments," many people have cured their cancer using nothing but a massive change in their diet!! And I will add now that a bad diet during a cancer treatment has **destroyed** many alternative cancer treatments!! Something as simple as adding refined salt to your foods may destroy an entire cancer treatment!!

Hear this:

THE CANCER DIET IS JUST AS IMPORTANT AS THE CANCER TREATMENT. IF THE CANCER DIET IS NOT, IN AND OF ITSELF, TREATING THE CANCER, THEN IT IS INTERFERING WITH THE CANCER TREATMENT!!!

Another thing that must be understood is that the logic a person must use on a cancer treatment diet is different than the logic they are accustomed to using in dealing with orthodox medicine. Let me give you an example:

When taking orthodox drugs, you might encounter something like this:

Step 1: Take the yellow and green pills.

Step 2: Do not drink alcohol or tea after taking the pills.

What about the foods and drinks not specifically mentioned in Step 1 and Step 2? With orthodox medicine you are free to eat anything not prohibited.

But with alternative cancer treatments just the opposite is true. For example, let us consider a simplified Brandt Grape Cure diet:

Step 1: Grape Juice and natural water.

Step 2: Do not ingest any chlorine.

In this case, you are **FORBIDDEN** to eat any food that is not in Step 1, even though it is not listed in Step 2. With alternative treatments for cancer, what you **don't eat is just as important as what you are allowed to eat.**

Most people who get cancer get it because of the things they have eaten!! The wrong foods created an internal terrain which allowed the body to be filled with fungus (e.g. tobacco leaves are filled with fungus,

as are peanuts, to name but two of many such substances commonly consumed), such that when a carcinogenic substance reacted with the body, the internal terrain could not deal with the carcinogenic substance and the person got cancer. Here is a superb site on foods to avoid, and why:

[Foods To Avoid](#)

In fact, many scientific studies have proven that diet alone, meaning the foods that were eaten, caused cancer. Thus, by default, if you want to **reverse your cancer**, you must **reverse your diet** to create a strong inner terrain.

A cancer diet severely restricts what you can eat. **By default, if it is not specifically allowed to be eaten in the treatment plan, don't eat it!!** The Step 2 items are simply the most damaging things to the diet.

Another key fact is that many people crave certain foods. This may be because of habit or it may be because of a food allergy. **People crave foods they are allergic to.** I have known this fact for 30 years. Thus, switching from the diet that caused your cancer to a diet that is needed to cure your cancer may involve the stopping of eating foods the person is allergic to (i.e. they crave). This compounds the problem and means even more effort is needed to stick to the diet.

It gets worse. I have concluded, based on the observation of many case studies, that fungus creates a craving for foods. Fungus must eat, and when they don't get what they are used to (e.g. tobacco, meat, ice cream, cheese) they in some way send a signal to your body to EAT those foods they are used to. Thus, virtually everyone who switches to a good "cancer diet" has to fight the signals caused by the fungus.

Not All Cancer Diets are the Same

Another thing that must be understood is that for some cancer treatments there are special diets. In other words, not all cancer diets are the same.

For example, in the "InnerLight" cancer treatment of Robert O. Young, PhD, almost all fruits are forbidden. They are forbidden for good reason in his diet! His diet is designed to balance the pH in the blood and "remove" (I use that term in a non-technical way in this case) yeast and fungus (Y/F) from the body! Like a few other cancer treatments, his treatment converts cancer cells into normal cells.

But in other cancer treatments fruits are not only allowed, they are an integral part of the treatment. Why? Because some cancer diets are designed to kill cancer cells, and some fruits contain massive amounts of cancer-killing nutrients and the glucose in these fruits "carries" the cancer-killing nutrients into the cancer cells, which gobble up glucose and steal it from normal cells. This means they also steal the cancer-killing nutrients from normal cells. This can lead to cancer cell death.

Thus, this web page must first determine which theory of treating cancer is being used. In this web page, top priority is given to killing the fungus and other microbes in the body (i.e. starving them to death or creating an inner terrain that converts them into something harmless). It is somewhat similar to the Robert O. Young diet. Again, this choice is because of a lot of observations of cancer diets that didn't work.

Again, I recommend the Robert O. Young book: **Sick and Tired? – Reclaim Your Inner Terrain** and you should use the exact diet Dr. Young tells you is the ideal way to go. My diet is very close to his, so if

you cannot get his book, or until you understand his diet, use this article. Having said that, I do make some important comments specifically related to cancer, so read my "cancer diet" below as well.

What about the Gerson diet, the Kelley Metabolic diet, the Moerman diet (though his book is out of print so I have reproduced his diet on another web page), and so on? If you want to go on the Kelley treatment, that is fine, use his diet and supplements. The Gerson and Moerman diets, however, seem to be outdated when compared to newer diets. However, I should note that some parts of these diets may contain things that are superior to current diets (e.g. iodine). The "cancer diet" is a never ending study of the right combinations of foods.

Understanding What A Cancer Diet Is

With regards to a cancer treatment, every food that we eat or drink can be categorized into several different categories:

- Foods that feed and strengthen the cancer cells and/or the microbes in the cancer cells and body. Examples would be: refined sugar, refined flour, soda pop (soft drink), dairy products, etc.
- Foods that cause cancer (e.g. trans fatty acids [margarine, French fries and virtually every other processed food you buy], aspartame [Diet Coke, NutraSweet, Equal, etc.], MSG, polyunsaturated oils [e.g. corn oil], etc.)
- Foods that directly interfere with alternative treatments for cancer (e.g. chlorine, fluoride, alcohol, coffee, etc.)
- Foods that occupy and distract the immunity system from focusing on killing the cancer cells (e.g. beef, turkey, etc.)
- Foods that contain nutrients that kill the cancer cells, stop the spread of cancer, or in some other way help treat the cancer (e.g. purple grapes with seeds and skin, red raspberries with seeds, strawberries with seeds, broccoli, cauliflower, several herbs, carrots, pineapples, almonds, etc.)

In addition there are things like cooking vegetables. The cooking destroys the enzymes in the vegetables and make them far less digestible and far less effective in treating cancer. Pasteurizing any food or drink also does this.

Ideally, during a cancer treatment, if foods are allowed on a particular diet, **100% of everything** you eat should be in the category of "Foods that contain nutrients that kill the cancer cells, stop the spread of cancer, or in some other way help treat the cancer." **Whenever you eat a food that is not in that category, you are interfering with your cancer treatment!** This is why so many cancer diets are very high in certain raw vegetables and certain raw fruits.

Some foods, however, are in more than one category. For example, grapes feed glucose to cancer cells, plus they contain nutrients that kill cancer cells. So should you take grapes? Generally, no. However, the Brandt Grape Cure, which is a diet of nothing BUT grapes, is an excellent cancer treatment. The problem is that combining grapes with other treatments tends to do more harm (by feeding the cancer cells) than good (by killing cancer cells) because other substances in the treatment seem to be neutralizing the value of the grapes.

**Udo Erasmus CHOICE FOOD PYRAMID:
People with Degenerative Conditions**

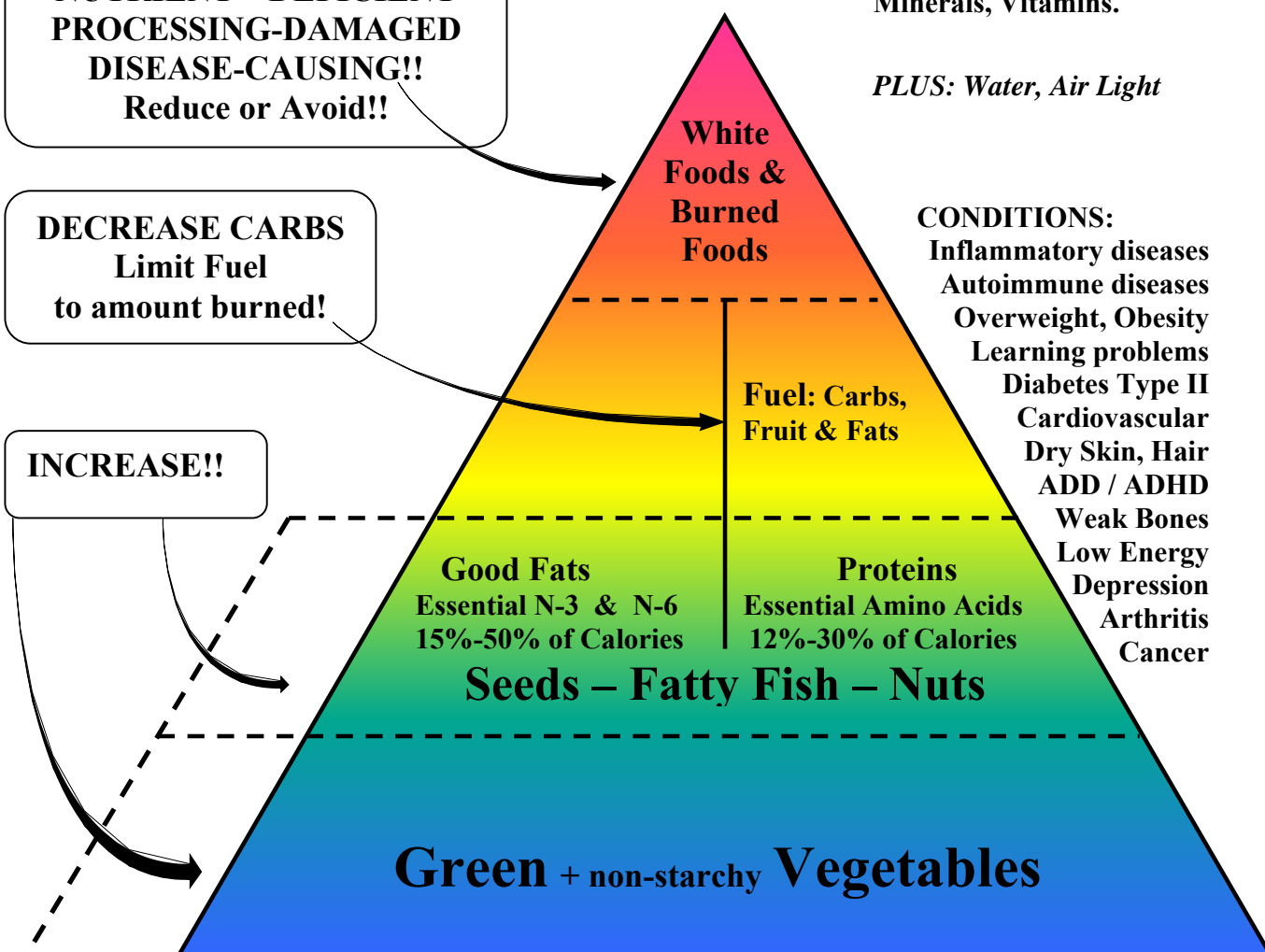
**NUTRIENT – DEFICIENT
PROCESSING-DAMAGED
DISEASE-CAUSING!!
Reduce or Avoid!!**

**DECREASE CARBS
Limit Fuel
to amount burned!**

INCREASE!!

**SUPPLEMENTS:
Digestive Enzymes,
Probiotics, Antioxidants,
Fibre, Phytonutrients,
Minerals, Vitamins.**

PLUS: Water, Air Light



Udo's Choice Food Pyramid for Sick People increases two food categories – Green Vegetables, and Good Fats.

Fuel Foods in typical diets include commercial carbohydrates (bread, baked goods, etc) and processed fats (margarines, shortenings, fried foods), which contribute to the majority of chronic disease conditions in our society. Therefore, the FUEL category should be reduced. Fruits should also be reduced because they contribute to overweight if not burned. Avoid "white foods" and foods rendered toxic by processing or overheating!

Juicing of certain raw vegetables and raw fruits is also good in some cases (but not all cases, especially when the seeds are important) because the vegetables and fruits are more easily digested (translation: more nutrients get to the cancer cells). However, when you juice you throw away a lot of nutrients.

But also understand that **not all vegetables and fruits are equal at treating cancer**. Some vegetables do not contribute significantly to treating cancer and some fruits do not contribute significantly to treating cancer (at least not that we know of at the current time). On the other hand, some vegetables are very potent cancer killers, as are some fruits.

A Critical Definition

In the alternative health field the term "fasting" has a very different definition than that used by many people. In alternative medicine, the term "fast" or "fasting" generally means that a person can drink water and a limited amount of other drinks and foods.

For example, the Breuss cancer treatment is considered to be a 42-day "fast." However, his fast allows water to be drunk and a special "tea" he designed for the "fast."

"Fasts" are critical to many alternative cancer treatments, but again understand that the term "fast" allows certain foods or drinks to be taken during the "fast."

As another example, the Johanna Brandt Grape Cure" is considered to be a "fast" even though the person can consume fairly large quantities of grapes during the treatment.

Perhaps the term "fast" could be associated with the term "restricted," because that is all it means.

Important Message for Weak Cancer Patients

The diet which will now be discussed is essentially a **"raw food" diet**, composed mostly of raw vegetables and greens (e.g. sprouts and juiced grasses). Cancer patients who are extremely weak may not be able to properly digest raw foods.

If that is the case, there is an absolutely required food: organic beef broth. Also, the "macrobiotic diet" would probably be a better diet for a very weak cancer patient because cooked foods are much easier to digest. There are entire books on the macrobiotic diet, but here is a web page that gives an overview of both the Gerson and Macrobiotic diets:

[The Macrobiotic Diet described](#)

In addition to the macrobiotic diet, there are two supplements that are **ABSOLUTELY REQUIRED** for weak cancer patients: Juice Plus+ and Vibe.

Juice Plus+ provides whole food based nutrition, the nutritional essence of 17 different fruits, vegetables and grains in capsule form. Generally a cancer patient should take two of the fruit capsules in the morning and two of the vegetable capsules in the evening. Always with water and it is best to also take with food. After one week they should take four of the fruit capsules in the morning and four vegetable capsules in the evening. After another week, and from then on, they should take six fruit capsules in the morning and

six vegetable capsules in the evening. Expect rashes to break out as it will detoxify your body. Here is a vendor of these products:

[Juice Plus+ Vendor](#)

Vibe will also supercharge the nutrients in a person's body, however, it is a different type of product than Juice Plus+. The dosage **for cancer patients** is to build up to 4 ounces a day. Start with one ounce a day, then over a period of a week build up to 4 ounces a day.

[Vibe Vendor](#)

When the cancer patient get strong enough, meaning their digestive system is strong enough to digest raw foods, they can switch over to the cancer diet on this web page.

The Cancer Diet for Most Cancer Treatment Plans

Unless the cancer treatment you are on has a special diet, this is the cancer diet you should be on. However, I should add that the cancer diets of old cancer treatments are frequently obsolete and not as good as the current cancer diets which are based on a far better understanding of what is going on in your body. For example, if you are on Binzel laetrile program, you should carefully consider any differences between this diet and his diet.

Chlorine, Fluoride and Other Toxic Chemicals

Avoid all chlorine in your diet. This includes avoiding foods made with tap water. Chlorine destroys many phytonutrients and other nutrients, thus the damage done to the food during processing, if chlorine is used, is permanent and cannot be reversed. This means, for example, not drinking soda pop (soft drink) or any other drinks that have been made by mixing tap water with something else. You should not buy bottled grape juice because during processing, the chlorine in the tap water destroyed many phytonutrients. The damage cannot be reversed.

Vegetables

As a general rule, ALL vegetables should be organic, if possible. Green vegetables, including grasses (generally juiced) and sprouts, **MUST** be the foundation of a good cancer diet. The fibre, enzymes, chlorophyll, minerals, and many nutrients are necessary for your cancer diet. **Even if you could figure out a cancer diet without eating green vegetables (including the grasses), you should not do it. These are REQUIRED to be the foundation of your cancer diet!!**

Just as there are some things you must not eat, there are some things you **MUST** eat.

Juicing vegetables and grasses will help get more nutrients into the body. However, some whole vegetables should be eaten in order to get the fibre. Fibre is critical to a cancer treatment.

As with all juices, if you make the juice from the actual foods, the juice should be drunk immediately after they are prepared. In cases where many small doses of a fresh vegetable juice are needed to be taken (e.g. to avoid diarrhoea), the juice can be refrigerated during the day.

Essentially, you should have organic, fresh salads / vegetables / juiced grasses / sprouts for breakfast, lunch and dinner. Many of the other foods that are allowed on this diet should be mixed in with the salad, except for the vegetable juices.

A list of such vegetables taken from the Young book:

- *"broccoli [*], asparagus [*], beets [*-moderation], cabbage [*], carrots [*-moderation], cauliflower [*], celery, cucumbers, egg-plant, green and yellow squash [moderation], green beans and peas (fresh), red[*] and yellow[*] peppers (also green[*] if they agree with you), spinach, mustard greens, collards, kale [*], lettuce, okra, parsley[*], scallions, radishes, Swiss chard, watercress, sea vegetables, such as nori, wakame and niziki, wheat grass[*-usually juiced], barley grass[*-usually taken as a supplement], turnips[*], and sprouted grains[*] or beans[*]. Also eat lots of garlic[*] and onion[*], if they agree with you."*
Sick and Tired? – page 96

The [*] symbol means this is a known anti-cancer food and these foods should be favoured. The Young book is not specific to cancer, so it is necessary to inject comments relative to cancer. By the way, both of the Robert O. Young books have a number of recipes in them.

It would be a really good idea to juice all of the vegetables available that have the [*] symbol above!!

A word about sprouts. Even sprouts purchased in health food stores have been shown to have very dangerous bacteria in them. Wash them very well, but it is even better to make them yourself.

Nuts

In general, only **whole** almonds, **whole** macadamia nuts and **whole** walnuts are allowed on a cancer diet. Cashews are strictly prohibited. Almonds and macadamia nuts both have laetrile, and both are acceptable. Walnuts have the very critical omega 3. Other nuts should be used very sparingly. Peanuts (which are not really nuts) and cashews both have too much fungus and should not be used at all.

With the exception of walnuts being used in a Budwig Diet treatment, even the acceptable nuts should be used sparingly.

The Superfoods

By a very wide margin, the best foods in the world are wheatgrass juice, barley grass juice and a few other grasses. Only a small number of vegetables can even come close to these superfoods. However, most people are not going to sprout grass (search the Internet for the phrase: "wheatgrass kits" if you want to do it). Thus, many vendors make a variety of qualities of parsley powder, kale powder, barley powder or powder made from a wide variety of vegetables, herbs, and grasses. Hopefully you will pick the high quality products. Such foods are absolutely required for a cancer treatment, mostly due to chlorophyll, but for other reasons as well.

It is impossible for a family to recreate some of the products with multiple grasses and leaves. These are OK. However, for things like wheatgrass and barley grass, hopefully you will only use these products while you are attempting to make them yourself (e.g. fresh barley grass juice).

Legumes

Legumes, except peanuts, are allowed to be eaten by cancer patients, but only in moderation and only to stabilize the weight of the patient or to provide protein.

Soy Products

To put it mildly, soy products are a highly controversial issue among alternative health experts. Some experts love some soy products, and others hate all soy products (and that is also putting it mildly). It is up to your own judgment on this issue. Let me quote from Dr. Young's book:

- *"The diet can include fresh soy sprouts, organic soybeans, fresh tofu, soy oil, and lecithin (a by-product of soy). Try to find organically grown beans and soy products. While the sprouts are recommended without reservation, processed soybean, especially tofu, comes with some cautions..."*

Sick and Tired? Reclaim Your Inner Terrain, Robert O. Young, page 97

In reality, all soy products should be avoided except **fresh** soy sprouts. Soy sprouts have an impressive number of anti-cancer nutrients and are acceptable as part of your salads, if you can make your own soy sprouts.

Whole Grains

Whole grains can be used **only** when a cancer patient is fighting dangerous weight loss. If the weight loss is uncontrolled, they should consider a cachexia treatment plan, based on Hydrazine Sulphate (see the sample treatment plans). Yeast, which every cancer patient has throughout their body, converts complex carbohydrates into simple carbohydrates, so even whole grains should be avoided when possible. **In any case, avoid commercially stored grains and potatoes.**

Another reason to avoid even whole grains is that over the decades the soil has become acidic and because of the soil many whole grains have more fungus than they did many decades ago. Corn and rice (because of the way they are stored) are grains that should be totally avoided.

Yeast (Baker's and Brewer's)

This is another reason for avoiding processed bread and other bakery products: "Japanese research links breast cancer with the ingestion of goods baked with yeast." The problem is mycotoxins, which are waste products of yeast. There are many health problems that can be directly attributed to yeast, including arteriosclerosis, obesity, and AIDS.

NO flour (using yeast) can be used in a cancer diet, not even if whole grains are used!

Meat, Fish, Fowl, Eggs, Dairy Products

All beef, all pork, all fish, all turkey and all chicken should be avoided during a cancer treatment. There are many reasons for these restrictions. The only exception is that if a person is fighting weight loss, some fresh, freshwater fish can be eaten if that is the ONLY thing the cancer patient will eat (e.g. they won't eat beans or other legumes).

Avoid all dairy products, including butter, all cheeses and all malts, **except cottage cheese or skim milk when used in the Budwig Diet.** One exception is that pregnant and nursing women should eat two eggs per day because the choline is necessary for the baby's brain development and the baby takes precedence since two eggs a day is not life-threatening to a cancer patient.

If a person must have milk, the only acceptable variety is unprocessed goat's milk, "from organically grown and grazing goats."

The Robert O. Young book contains two long pages detailing why all animal products are bad for humans. Specifically, meat is so bad for a cancer diet, I have a separate article on meats:

[Click Here](#)

The Rule of Thumb is this: "if it contains something that came from an animal, it is forbidden!"

Sweeteners, the Bad and the Good

ALL man-made sweeteners (e.g. aspartame – NutraSweet, Equal) and fat substitutes should also be avoided. These items are most often associated with brain cancer, but everyone should avoid them. This is one of many reasons soda pops (soft drinks) are out of the question. Soda pops are also acidic.

There is only one acceptable sweetener in a cancer diet – Stevia, which is a herb.

Sugar and Refined Grains

You should **absolutely avoid** eating refined sugar and refined grains and anything else refined. These things not only feed the fungus and yeast in your body, they also feed the cancer cells. The yeast in flour makes things even worse. Do not eat anything where yeast, fungus or mould is used, added or is a part of.

In addition, refined sugar and other simple sugars also interfere with your immunity system. These substances also interfere with getting Vitamin C and oxygen into the cancer cells. Sugar also depletes the body of key minerals and other nutrients because of its acidity. It is not the acidity that directly destroys the minerals, the acidity causes the body to use the minerals to regulate the pH level in the body. The same is true of all acidic foods.

The chain reaction caused in the body by acidic foods (due to the body's attempts to keep the blood at a level pH) is the cause, or a major contributing factor, to almost all chronic diseases, including cancer. It would take an entire book to describe how the body keeps its pH normal, and the ramifications of these processes. In fact, that is the main theme of Dr. Young's book mentioned above.

Honey

If sugar is bad for people with cancer, how about honey, another simple sugar? Honey is a case of both the good and the bad. Honey contains simple sugars, the fructose (38 percent) and glucose (31 percent) feed cancer cells. The good news is that honey contains powerful phenolic antioxidants. However, like grape juice, it should be avoided unless used in a very controlled "fast" (and I have never put together a "fast" that includes honey). If such a "fast" is used, the darker the honey the better (i.e. the higher concentration of antioxidants).

If a cancer patient absolutely has to have some sweetness during his or her transition to a cancer diet, and Stevia is not available, then honey, in small amounts, is acceptable.

Fruits, Dried Fruits and Fruit Juices

The only fruits that are allowed on this diet, without restrictions, are the following: unsweetened lime, unsweetened lemon, and avocados. That is it. Lemons are actually a required part of any cancer treatment because of their beneficial effect on the liver and because they get oxygen into the body. Lemon juice and lime juice should be taken primarily just before bedtime.

One exception to this general rule is special fruit "fasts," such as the Johanna Brandt Grape Cure. When the body gets nothing but a potent fruit mush, it is a potent cancer cure.

Another exception to these general rules are for those on a cesium chloride protocol. They are allowed to eat fruits rich in potassium in order to meet their potassium quota.

Mushrooms (Fungi) and the Saccharides

There are some mushrooms that are used in cancer treatments, generally as supplements. Realizing that some mushrooms kill cancer cells, but are at the same time primarily a fungus, take heed. Mushrooms are one of the good and bad foods. Use with caution.

The good news about mushrooms is that they do contain polysaccharides, which are essential to the immunity system. Mushroom supplements such as beta glucan are certainly acceptable to a cancer diet.

- *"Polysaccharides from mushrooms do not attack cancer cells directly, but produce their anti-tumour effects by activating different immune responses in the host. The anti-tumour action of polysaccharides requires an intact T-cell component; their activity is mediated through a thymus-dependent immune mechanism."*

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?holding=npg&cmd=Retrieve&db=PubMed&list_uids=12436306&dopt=Abstract

Seaweed is also high in polysaccharides, but the FDA crushed one of the superb seaweed products from Tonga because they claimed there was no "scientific evidence" for seaweed. Apparently, the morons at the FDA have not heard about the Nobel Prize. Actually, the FDA has not only tried to crush polysaccharides, but also the more potent Acemannan glyconutrient sugars, which are required by the immunity system to be able to communicate.

Here is a HIGHLY RECOMMENDED seaweed product, Modifilan (brown seaweed has at least 3 nutrients that kill cancer cells; furanone, fucoiden, and algenic acid).

Aloe vera supplements can also be high in polysaccharides and the glyconutrients, but the glyconutrients are very difficult to process out of the aloe vera.

The next items also provides polysaccharides.

Algae (e.g. chlorella and spirulina)

Dr. Young says to stay away from blue-green algae, chlorella and spirulina. For cancer patients, I strongly disagree with this advice with regards to the chlorella and spirulina.

The benefits of chlorella and spirulina to a cancer patient, I believe, far outweigh the negative aspects. Between spirulina and chlorella they contain: polysaccharides (required for immune system communications), vitamin B12, GLA, Chlorophyll Growth Factor (CGF) and a host of other powerful anti-cancer nutrients. A vegan diet simply cannot provide all of these things.

If you do choose to avoid these items, then make sure you eat plenty of fresh organic broccoli.

Salt

Refined salt may be a major cause of cancer. Refined salt, the wrong fats, margarine and butter are the main causes of red blood cells sticking together (called: *rouleau*), causing them to absorb less oxygen and making hemoglobin a free meal for yeast and fungus. The clumped together red blood cells do not get as much oxygen into the cells of the body. Also, the clumped together red blood cells cannot pass through the smaller arteries / capillaries, meaning much less (if any) oxygen gets to cells in these areas of the body, and some of these cells may be turned to anaerobic (i.e. cancerous). As if that weren't bad enough, once the cells are cancerous, the oxygen **still** can't get to the cancer cells to slow down their spreading or kill them.

On the other hand, natural sea salt is somewhat controversial. Some people think it is good for you, others do not agree. Here is a case for sea salt:

- *"Salts obtained from solar evaporation of sea water are entirely different from modern refined salt. The plural 'salts' is deliberately used here, because sea water salts are actually a complex blend of trace minerals, as well as calcium and magnesium salts. This complex blend is essential to life, as Quinton's research demonstrated. Table salt today is primarily kiln-dried sodium chloride with anti-caking agents added. Trace minerals, as well as calcium, magnesium and potassium salts are removed in processing. Kiln-drying involves scorching salt at high heat to remove moisture. This refining process creates a product that is unnatural and hard on the body. It is the true culprit that contributes to high blood pressure, heart trouble, kidney disease and eczema, among other problems – not the complex blend of life-supportive minerals known as sea salt."*

<http://www.macrobiotic.org/thalass.htm>

However, not everyone agrees with using sea salts:

- *"Why do we make so much ado about our supposed need for one salt and ignore all the others? The salts of calcium, phosphorus, silica, iodine, magnesium, etc. are removed from our foods by the milling and processing of foods and by various cooking processes. Were the organic salts left in our foods, and these are the only salts that are usable by the animal body, we would not feel the "need" to add sodium chloride to our foods to make them palatable. Certainly the addition of this salt to our foodstuffs does not compensate for the deficiency of the other salts that our regular diets present."*
<http://www.living-foods.com/articles/kicksalt.html>

One thing is for certain, the organic mineral cell salts found in vegetables, seaweed, etc. are critical. The only question is whether the inorganic mineral salts found in sea water are absorbed and used by the body.

Bad Fats and Oils

Other foods you should **absolutely avoid** are trans fats, meaning trans fatty acids or partially hydrogenated oils. Trans fatty acids may be one of the major causes of cancer. They become part of the cell's wall (replacing cholesterol) and make the cell wall rigid or sticky and can make the cell anaerobic (i.e. the first step to becoming cancerous) because large oxygen clusters cannot get into the cells.

Like refined salt, these fats also destroy the electrical charge of red blood cells, causing them to "stick" together. When this happens, among other things, the red blood cells do not get to many cancer cells, meaning the cancer cells get far less oxygen (if any), meaning they thrive because they are anaerobic.

Another bad food for cancer patients is polyunsaturated oils. Polyunsaturated oils (e.g. corn oils sold in supermarkets everywhere) promote the growth of small blood vessels (by promoting the production of "bad" prostaglandins). This is bad for cancer because it allows tumours to grow new blood vessels. However, these small blood vessels are good for preventing strokes. Thus, while on a cancer diet avoid polyunsaturated oils.

In short, avoid all heated oils.

Herbs and Spices

All herbs and spices are acceptable, except black pepper and other highly acidic spices. Several herbs, such as Sheep Sorrel and Black Walnut, are known to be strong anti-cancer foods. Turmeric, which contains curcumin, is a spice that is a potent anti-cancer food.

As with all foods, the storage of herbs can cause them to be high in fungus. Also, herbs should generally not be used on a non-stop basis, unless specifically instructed to take them daily. Generally, it is best to take a periodic break from herbs.

Junk Foods, Condiments and Other Comments

You can forget about eating at a restaurant, big or small, formal or informal, unless it has a menu specifically for organic, raw foods.

Condiments are absolutely forbidden. One of the most acidic foods on earth is black pepper (black pepper is a major cause of acid reflux disease). Avoid soy sauce, pickled vegetables, relish, green olives, sauerkraut, and cucumber pickles.

Basically, any "refined" or processed food that contains sugar, refined salt, aspartame, MSG, trans-fatty acids, colouring, other additives, refined flour, etc. etc. should be avoided. Even the cooking of food kills critical enzymes needed for digestion.

There is a trend in the food industry of making "no trans fats" foods. This does not mean these are healthy foods. They are processed.

While it is true that cooking does release some vitamins, by a very wide margin, overall it is better to eat food raw, if it can be safely eaten raw.

Need I even mention stopping smoking (no matter what kind of cancer you have), because smoking puts more than 100 carcinogens in your body. Tobacco is also very high in sugar, fungi and yeasts. Part of this is due to the way tobacco leaves are processed.

Need I even mention stopping drinking alcohol (which is a "primary mycotoxin"), which interferes with ALL treatment plans. Alcohol has been shown to greatly increase the incidence of childhood leukemia.

Need I even mention caffeine (except when it is used as an enema), because caffeine restricts the blood vessels, meaning less oxygen gets to the cancer cells. It is also acid-forming and mucoid-forming. Sorry, chocolate lovers.

Let us use some common sense in our choices.

Some Special Listed Foods

Peanuts are perhaps the number one food that should be avoided because they are so high in fungus. Foods that have little resistance to invaders, when they are growing, are frequently high in fungus.

Corn, rice (because of the way it is stored) and potatoes, and any foods with corn, rice or potatoes, should be avoided, also because of fungus and the way they are stored.

Cashews are another food high in fungus.

Avoid processed apple juice for reasons beyond the scope of this article.

Avoid oranges, tangerines, and dried fruits, for a variety of reasons.

Do not microwave any foods during a cancer diet.



RAW FOOD MEALS:



Water and exercise

Every cancer patient should drink as much natural water (i.e. natural spring water or natural artesian water, processed with ozone) as they can, up to a gallon (4 litres) a day. The many benefits of water are beyond the scope of this article, but rest assured it is important.

Also, a cancer patient should get as much exercise as reasonable. Exercise pumps the lymph system and helps get toxins out of the body. Even if a person can do no more than lift 3 pound weights for 10 minutes while sitting in a chair, it will help.

As Dr. Young emphasizes, it is also good to sweat in order to release toxins.

The Liver

According to Dr. Max Gerson, and others, even before the symptoms of cancer appear, the liver is damaged. As the cancer progresses, the damage to the liver also progresses.

The liver is the major organ in the body which deals with toxins. A person on an alternative cancer treatment releases a lot of toxins into the blood stream which end up in the liver. Because of this, the liver must be "detoxified" or "cleansed."

There are some alternative treatments that contain liver detoxification elements in the treatment itself. The grape cure, Essiac Tea, barleygreens, and others, cleanse the liver along with the treatment.

There are also a slew of herbs which "stimulate" or "detoxify" the liver. At the head of this class, as far as I know, is the herb "Milk Thistle."

Several alternative cancer treatments specifically deal with the liver by using enemas. Coffee enemas are by far the most common and are part of the Kelley metabolic plan, the Gerson diet, the Hulda Clark treatment, and others. *"[Coffee enemas are] said to open the bile duct of the liver so that it quickly sends material into the colon for elimination."* Occasionally, lemon enemas are also used.

The bottom line is that in designing a treatment plan, the care of cleaning the liver is critical. If the toxins in the liver build up and are not removed, it can cause the death of the liver, which means the death of the patient.

- *"The liver (among its many other functions) is the major organ of detoxification. Anything we can do to ease our toxic burden makes the liver's job easier – including eating less, drinking more water, reducing our intake of toxins, exercising more, eating more fibre, and so on. There are also a number of herbs that help the liver with its detoxification tasks. These include dandelion root, yellow dock, burdock, chickweed and barberry – which are more effective when taken in combination than singly."*

<http://www.mysticalwildes.builderspot.com/page/page/1026287.htm>

Another thing that will ease the burden on the liver is the lymph system. The lymph system also helps remove toxins from the blood, but the lymph system does not have a "pump," such as the circulatory

system has (the "pump" of the circulatory system is the heart). The lymph system is only pumped by exercise.

- *"Like the cardiovascular system, the lymphatic system is made up of channels or vessels, valves and filters (nodes). Unlike the bloodstream system, however, there is no pump like the heart. Instead, the lymphatic fluid is forced through the system by the action of the muscles and breathing."*
<http://www.cbass.com/lymph.htm>

The lymphatic system is critical to the immunity system, to the treatment of cancer and to taking a burden off of the liver. Many cancer patients, for a variety of reasons, are in no condition to go for long walks, jog, or do other types of exercise. However, the good news is that the arm muscles are just as good, and perhaps better, at pumping the lymphatic system as are the legs. Thus, lifting hand weights can accomplish much in helping the lymphatic system.

However, **prior to cleansing the liver of toxins, the colon must be cleansed** so that the toxins can be dumped into the colon!! This means that **at the beginning of any alternative cancer treatment, there must be a colon cleanse.**

- *"It is important to make sure that the colon is in good shape before stimulating the healing of the liver. If toxins cannot be excreted, the liver may store them, causing harm."*
<http://immunedisorders.homestead.com/Detoxification.html>

See the free, online eBook by Jon Barron to learn more about detoxification.

[Jon Barron book \(Click on: FREE DOWNLOAD\)](#)

A WARNING about Vendors

There are many different natural treatments for cancer where their effectiveness is completely a function of the quality of the product. For example, there are many Noni Juice manufacturers. Some of their products are terrific and others are total junk. There are many Essiac Tea vendors, some of their products are excellent, some are total junk. There are many vitamin manufacturers, and some of their products are good and some are total junk. Graviola is the same way, much of it is junk, but the tree has great nutrients. Pau d' Arco is very difficult to process correctly and I am not sure any vendor does it right. And so on.

No matter what you buy, you must be aware that the **formula** might be excellent, but the quality of the product may be poor.

This is one reason why a product from one vendor may work wonders for one person, but the same product from a different vendor may not work at all for others.

It is difficult to evaluate the quality of natural products. One reason is that natural products take longer to become effective than the orthodox pills that treat symptoms instead of causes. This means it takes longer to evaluate.

These are some of the reasons that I recommend using multiple treatments at the same time. One or two of the products may be inferior quality, but other products may make up for the slack.

But this approach is another reason it is difficult to evaluate natural products. You don't know which of the products are working and which are not.

In some cases, the product is only manufactured by one vendor, such as when there is a patent or a brand name. However, even in this case the selling companies, or shipping companies, may allow the product to be exposed to high temperatures which might destroy much of the value of the product.

Only when you make the product yourself, and buy the ingredients locally, can you be certain of its quality. That is why it is always advisable that at least one or two key treatments in your protocol are purchased locally at a grocery store or health food store, and put together at your home.

Having said all of this, there are some vendor products that have a long history of superb quality and effectiveness. This is where "word of mouth" is important and testimonials on the internet are important.

All in all, beware. If your treatment is not providing significant improvement in your condition, it may be time to change vendors or change products.

This is another reason I say to never stop doing your homework. You never know when you will find some key piece of information that will direct you to make a significant change.

The Distressing Symptoms of a Severe Change in Diet

When you go on a natural treatment for cancer, such as the grape cure, hydrogen peroxide, raw food diet (i.e. carrot-based vegetable juice), etc. you can expect some strong reactions from the body. As Johanna Brandt put it:

"The grape is, as far as I know, the most powerful nature solvent of some chemical deposits, and at the same time the most drastic eliminator. Because of its extraordinary properties, the avenues of excretion become superbly active under a proper grape diet." (page 102)

Other foods and treatments can also yield these results. Here are a sample of things I have run into:

"[After starting an alternative treatment program] I had chemotherapy coming out the pores of my skin, even though it had been months since I had any. I had to take showers several times a day to wash this stuff off because it would burn my skin as it came out. It smelled putrid. It was just awful, the toxic stuff that was coming out of me."

"Something else I noticed was that any time she had a bowel movement (which became quite frequent after the start of the diet) it was so foul smelling, almost like she was excreting rotten flesh!"

"He is doing well at taking everything as he is supposed to. My sister said that she noticed a foul odour 'like it was coming out his pores' last Sunday. She said it smelled horrible and was nauseating and unbearable."

And if you are on a colon flush, it gets worse: *"He reported lumps of foul smelling substances that looked like 'rotten hamburger' flushing out of his colon, his urine was strong and dark, and he had occasional headaches."*

These symptoms, plus diarrhoea, constipation, etc. can all result from a massive change in diet or the treatment itself. They are common, they are normal and usually they are an indication **the treatment is working!**



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

HEALING PROPERTIES of SUBSTANCES

Sunday, 25 March 2018: Verna (Nature Spirit) and Nanna Beth (Celestial Spirit) talk to Graeme
 Graeme: Good morning James

I've been a huge lover of nature, from a very young age, and about ten years ago my former partner, Christiana, invited me to join her in making a range of 88 Flower Essences under the name: One Garden Divine Flower and Nature Essences. She led the venture as she was able to intuit the "healing" properties of the various flowers and under her guidance (and perhaps her Guides) we made the range of One Garden Essences.

Initially we thought they had "physical" healing properties (like the Dr Bach flower essences) but subsequently we were told that they were vibrational healing tools and assisted in "opening" our emotions so we could more easily process the suppressed childhood feelings locked in our soul.

I still do not fully understand how they work and was wondering if this is a topic that you could ask Nanna Beth.

Till next time we chat, sending my love, Graeme

Verna (a nature spirit): Good day to you Graeme, my friend. It's about time I was 'allowed' to speak again, so if you don't mind, I am going to make the most of it. Now first of all, your love of nature – anyone's true love of nature, and not saying they love nature whilst still doing bad things to it – will assist you in embracing your feelings with the intention of looking to them for the truth they contain, just as will working with the 'essences of nature', that which you captured in the flower essences. Do you know, any part of nature, from a bland old mineral or rock to a newly emerging flower can have its essence 'captured', there are ways, many already known, as to how to go about that, and others as yet, unknown.

When you eat food, drink water, smell nature's fragrances, you're doing the same thing – imbibing the essence of that specific part of nature. And if you could only see the true vibration, the spirit component to these physical parts of nature (including yourself), then you'd be able to see how indeed they do subtly affect you, and on all levels, from the deepest will to the gross physical and all in between. So if one's approach is to use one's feelings to further deny oneself, to move deeper into one's rebellion and default, then flower essences and essences of anything else, all of nature, can be used to help you do that, that which humanity has been doing for these past 200,000 years.

And consequently, should one wish to go the other way, looking to their feelings to heal themselves of their wrongness, then all such things can be used to help you with your Healing. And so how do they help – how do the flower essences specially help you? And the answer to that is a little more complicated, however I will try and apply my mind to reveal to you a little more about our hidden world.

So, let us begin at the true source: your soul. As you understand, your soul drives everything that you are – you being the personality focus of your soul currently in the physical. However you are also your soul as much as you are your personality, the two can't and aren't separate. Right, so you get that part, so your soul is bringing – expressing you in Creation; okay, so whatever your soul wants your soul creates. So let's say your soul requires the help of a flower essence to subtly affect some part of your unseen auric system, by adding its vibration to your existing vibration, all of which will bring about an effect desired by

the soul. That being, one that will help you become more evil or less, as I said above.

Okay, that's simple enough. So, let's say it's important, so far as your soul is concerned, it being the next part in your life – soul growth, and assuming you are wanting to Heal yourself using your feelings – for you to bring up some more repressed anger that is contained within it from your early childhood – let's say; just a really pissed off feeling you felt at your father when he was treating you badly, in this case, nothing specific, just all the indignation and fucked off feelings and a being really angry with him feeling, which you felt yet weren't allowed to express at the time.

And because you are 'into' flower essences, your soul leading you that way, so your soul will use all that's in your life currently, it having made it that way, to help you liberate this anger.

Now you take the drops of a certain flower essence you are 'drawn to', and when taking them it's far better to take them using your feelings, so you take that one because you feel drawn to it and you take that many drops because you feel like taking that many drops, trying to avoid all this take ten drops at three hourly interval stuff, that's all too mind controlling. So like everything ideally in your life, you allow your feelings to guide you when you can, so you take only one drop and your feelings say that's enough. You put the dropper back in screwing the lid on and then suddenly you feel like another drop, and when you're dropping that drop on your tongue, you feel like another drop... then another... then you wait, no more, that's enough. And then a half hour later, I think I'll take another drop, no five drops, and so go.

And if the flower essence is made the right way, you can't damage yourself with them, so you use a base that is neutral for your body and one which itself won't affect you – natural pure spring or rain water being the best.

And as to how long does an essence such as this remain 'potent', well that too is a feeling thing, it remains potent for as long as you feel it is. So you see, you can't be too finicky with your feelings, because for some people it might be a very complex operation, something they are refining to perfection through their feelings, for other people, slap dash, don't really care, take a few squirts, she'll be right, all of which is right for them. However both ways might change as one works deeper into the truth of one's feelings.

Now, the soul sort of issues instructions all the time via light coming out from it into life – Creation. And we and your angels, along with your Indwelling Spirit, can see this light. The angels are far more advanced in this than we mere nature spirits are, however what we're limited to is compensated for by your angels being able to tell us what we need to do, and they tell us in a flash of light, you'd not be able to see it, none of this laborious having to speak words. And it's even faster than your mind circuits work, your telepathy is as laborious as your word-speaking so far as we're concerned, for our 'mind-talk' is so fast you'd not even perceive it happening, and yet it's still laborious compared to how fast your soul is at expressing all the light within your aura that it needs to express.

So we are all attuned to your soul, what it wants done in your aura, which includes your physical. And mostly so far as your physical is concerned, we alter under your soul's instructions, things in your aura, your subtle system, which then affects your physical – short or long term. Understand that in certain circumstances, we – being your angels – can directly affect your physical, but mostly it's all done from the deepest will level out through all your subtle systems and spirit body.

So, back to your leg and the anger that's going to come up through it. You're sitting on the couch having a moment of reflection, things are going through your mind that you're half aware of, you suddenly feel like having a swig of a certain flower essences, perhaps one drop or many. And you don't feel anything further. Then you talk on the phone about something, you get up and have a drink of something from the fridge as you feel a bit thirsty, and then you sit back down and start feeling edgy, uncomfortable and out of sorts enough to draw your attention to the bad feeling. And then by focusing on it you realise you feel irritable, and then angry, and the pressure within you builds to the point where you want to speak out the anger you feel. So let's say you're by yourself, so you open your mouth and start to growl angrily, and submit to the feelings trying to just let yourself feel as angry as you feel, growling and feeling angrier and angrier, and you long for the truth of your anger, and then pictures come into your mind about how fucked off you feel with your father, and then you realise your left leg is full of anger that seems to be coming up from the sole of your foot, up the leg, right up and out of your head as you growl it out. So what's been going on?

Your soul wants this anger out of you, it's the next phase of anger expression you are to experience, it helping to relieve you of more repressed anger and at the same time helping you see more truth about why you are feeling so angry. And so your soul has initiated light into your aura on all levels making this experience happen. And you being mostly oblivious to this, just carry on doing what you do, and then your angels take their instructions and 'energise' the levels of your aura to make the anger 'physically' work its way up through your system.



The angels make 'light adjustments' – adjustments using spirit light – in your system to allow this anger to make it's way out of you by you feeling it coming up through your leg. The repressed anger, as light contained in your soul, moves through your will levels, then your will activates it to move up your leg with your angels helping to adjust your system where needed. And your system needs continual adjustments, your soul does it all with light, but your angels do all the hands on stuff as determined by your soul. So your angels are always tinkering within your aura.

Sometimes they can do one adjustment with a lot of light and that will set you up for a day, week, month or even years of what you will need, this happening when you're more settled into your wrongness and it's all pretty obvious where your life is going on the subtle levels, so your angels don't have that much to do other than just keep monitoring your soul in case other instructions are forthcoming. But if you're actively doing your Healing, well your angels don't get a moments peace – which they love, by the way, angels want to always be active, the more active the better, they find it very trying when you are stable and going against yourself, but when your are wanting to work with your feelings and grow in the truth they'll help you reveal to yourself, well they are in heaven, it's what they've been made to do so far as helping you goes and they can't get enough of it.

So your angels are adding and subtracting light from your auric systems as fast as your soul is shining more light into it. And along the way, all you are doing is, used, it's all part of it, so if you use a flower essence, it will be used, it will stimulate a certain vibratory reaction on varying levels within your

unseen system, with your angels incorporating it, using it, adjusting it – modifying it, possibly toning it down or amplifying it, and so it goes with all your food, all you do, see, sense, all you are, all the time being a symphony of light, constantly in change, even though you might feel at peace resting on the couch one moment, then suddenly, seeming out of nowhere and for no reason, anger is coming up your leg and you're feeling so fucking pissed off that you can't believe how angry you do feel.

So as you can see, it's all very complex, you don't have, and can't have, any idea just how much is going on within you all the time, all so you will feel what you need to feel, so those feelings will lead you to the truth you are to see and then live. And with your mind playing along doing its bit, to help stimulate, change or deny feelings in keeping with the beliefs and behaviours you established through your forming years.

So you might ask: well are things like flower essences actually necessary? And simply, they are if you want them to be part of your life, they aren't if you don't. Which is how all your life is. With some people being drawn to such things, and possibly only for a season, others with no feeling of interest and a few wanting to dedicate their life's work to it. And as you understand, whatever your involvement with anything in life, it's going to be vastly different should you want to live true to your feelings, than living by being untrue to them. And by living true, as you are going to be changing a lot, so you will change a lot in your relationship with all that you do in your life. And so it will be the same should you want to work specifically with the flower essences.

In time there will be people who are doing their Healing and who'll be more in tune with us nature spirits, working directly with the essences of nature, understanding that it's all a vibrational thing and something that can be used as an adjunct to your Healing or just as part of your Healing life. The essences are not meant to be medicines as such, however they can work powerfully in conjunction with what your angels are doing within you. And to always bear in mind, that it's your angels that will be working the wonders within you, not anything else, with the other things like flower essences being something the angels work with, because it's all part of your current life experience as determined by your soul.

And in time, people will just intuitively feel, or even by speaking directly with us nature spirits, how to grow plants lovingly and truly based on the truth they are revealing through their Healing, all so as to maximise the benefits the plants offer you, either through direct ingestion, or like using the flower essences or other ways still to be discovered. Your relationship with nature is about five percent of what it could be. Even those people working with spirits and nature spirits are doing so on the mind levels or the lower mansion world and earth plane levels, so you've got a long way to go, all the mansion world levels then into the Celestial levels to increase your relationship with nature. And like as with everything, some people will be more drawn to one specific area or another, some generally taking bits of it all, others not interested much in nature preferring to get on with being fully interested in themselves – their own feelings. But overall, everyone contributes to society by expressing their truth, and as the truth increases within people, so does the overall level of society, so society grows in truth reflective of all who comprise it.

So to summarise, such things need to be looked at in a truly holistic level (or you could say, a 'soulistic level') so that they can be used in conjunction with your Healing. You can in theory, look ONLY to your feelings for the truth they are to show you, not needing any other healing help. And there will be people more wanting to live this way, however because you need life to stimulate your feelings, so you will be

drawn to certain things, some to do with nature, others to do with people and others with everything else, all to help stimulate that which you'll need to give rise to the feelings your soul wants you to express.

Graeme, you might find the flower essences are helping you enjoy and love and expand your relationship with nature more, which gives rise to feelings that help you expand your relationship with yourself. You might use the essences to help stimulate your emotions and feelings as you want to live that way, and so they will be used to help you in that capacity. And you can express your feelings, longing for the truth of them, telling your Mother and Father what you want – whatever you feel, with the flower essences helping you on the subtle levels.

I hope I've not confused you too much. Please ask me about anything if you don't understand. I have wanted to try and give you a bigger picture so you can draw from it the essence of what you need from it. It's all there, contained in each feeling, because each feeling expresses more truth – the truth of why you're feeling it, that which is what you are to find and then live.

Love Verna.

Nanna Beth (3rd Celestial sphere): What Verna is wanting to help you understand is that there's so much going on within you on all levels, that trying to use your mind to work it all out in the hope that it will help you, is all but futile, as you never will, not until you at least attain Paradise, and even then that's only one phase.

Too many people, Graeme, approach everything through the mind, wanting to dissect it in the misguided belief that it will help them. When what helps you is trying to **stay true to your feelings, expressing them whilst longing for their truth**. And we keep stressing this to keep bringing you back to the simplicity of it, and it's something the mind can't really deal with, it having been programmed to be the controller and master of understanding. But to keep looking only to your feelings is all that's needed without needing to go into the mind side of things unless it's where your feelings lead you to.

James uses his mind for this work, but that's about it, the rest he's trying to look more to his feelings, easing the control of his mind. And **feelings, once you start allowing them to have their say, are far more interesting than anything the mind might be**. You can use your imagination to fantasise about all sorts of things, and some people consume their whole life with such indulgence, however **when you start living more closely to your feelings, your feelings might not be so varied, however when and how you feel them, and what they lead you into seeing about yourself and life, will be far more fascinating than anything your mind could conjure up**.

There is never going to be a remedy that people can take that will heal themselves on any level. **The remedy is the truth we're revealing to you about your feelings. All the rest is simply an add-on**, something as Verna said to help stimulate experiences in life, all so you can feel more feelings. So it's not to say no to doing or being interested in certain things with the mind, but rather to keep wanting to feel and become aware of the feelings that are happening along the way. You can use your mind to block out your feelings, however your feelings are still always there, so it's to try and keep them up within you and not blocked out whilst you apply your mind, is one way of trying to stay more attuned to them.

Love Nanna Beth.

27 March 2018:

HEALING PROPERTIES of SUBSTANCES continued:

John: Hello Nanna Beth,

Thank you for introducing the foundations of comprehending the contribution that Flower Essences may provide on one's journey through physical life.

May we expand this topic to consider the various roles and similarities that the following may have with one's physical well being and journey of discovery through life:

Flower Essences	
Crystals and other rare and precious stones	
Homeopathy	(minute vibrational traces as recognised by Samuel Hahemann 1700s)
Nutraceuticals	(being low concentrations of properties found in food)
Pharmaceuticals	(being high concentrations of properties found in food – to the level of toxicity)
and Food	all natural without being processed within factories.

Considering your comments relating to Flower Essences, one may need to consider just how much effect do we have in our own physical healing by engaging with any of these modalities?

Is it that what has been outlined relating to the contribution that Flower Essences have in assisting with one's physical wellbeing, are the various other modalities suggested above just variations of the same process that applies to Flower Essences, with higher levels of error within their prominence, pharmaceuticals being the most problematic generally speaking?

Would you kindly comment on each of the platforms please?

Nanna Beth: Yes. The same applies, as you said to James, it's all what your angels have to take into consideration in accordance with the needs of your soul. If you are to die from or within your negative state, then it doesn't matter what you do along the way to try and heal yourself, your angels will be working with any alternative or regular medicine or healing modalities. And as you know from people's lives, some things work for them, others not, some even miraculously, others having no effect. It's what the individual needs, it's all too personal, and needs to be dealt with and looked at personally. You've all had such diverse childhoods, you're extremely complex in your unloving complexities, and trying to heal yourself from the outside in is not going to do anything for you so far as healing yourself from the inside out which you do through your Healing. It's all the minds way verses the feelings way. Any therapy or medicine or other remedies are all approaching it from the mind, let our feelings work, and use these other things as required, all so long as you keep focused on your feelings for their truth.



Assuming we are wanting to Heal ourselves using our feelings – for we are to bring up our repressed anger and emotional issues, both good and bad, that is contained within our soul, mainly from our early childhood.

As an overview, nature spirits are all attuned to the soul of a personality, and what is wanted to be done in the aura of such soul, which includes one's physical. And mostly so far as our physical is concerned, nature spirits alter under one's soul instructions, things within the aura and the subtle system, which then affects the physical – short or long term. Understand that in certain circumstances, nature spirits and angels can directly affect our physical, but mostly it's all done from the deepest will level out through all our subtle systems and spirit body.

Nanna Beth: It's mostly your angels that affect your system. The nature spirits can help them at times, but it will be all through the guidance of your angels.

Just how much effect do we have in our own healing of our physical discomforts, pains and illnesses?

Nanna Beth: It depends on what level you're looking at it from. On the highest or inner most level, you have no effect, it's all between your soul, Indwelling Spirit and angels, that any actual healing occurs. On a feelings level, you can attend to your feelings causing these agencies to react accordingly, so you have some effect, albeit indirect. On a mind level you can believe you have an effect, yet these agencies are 'allowing' you to believe what you will. And you can take a pill and your headache goes away, so believe you are fully in control of yourself – however, are you really?

Just how does our man-made conjured up systems of flower essences, crystals, homeopathy, nutraceuticals and pharmaceuticals actually contribute to the healing of one's physical body of its discomforts, pains and illnesses?

Nanna Beth: Look at it this way John, whilst you're living against your feelings, so untrue and evilly, any of these things will be used to help you go that way. So you might use them and your pain goes, but that only sucks you more into believing you are doing the right thing by helping yourself. So you might be 'healing' yourself by taking the pain away, yet you're not truly Healing yourself by allowing your repressed feelings to surface so you can uncover the truth of them. And so the angels will manipulate your system accordingly. So being wrong you might even be miraculously healed, but it's the same thing as Sage pointed out. It's how you want to live your life. It's all been one way up until now, and now an alternative and opposite way is being 'earthed'. All the parts humanity has worked out for itself, it just hasn't been able to be put all together. As Verna said, you don't need any of these 'healing' things to help you look to your feelings, you only need yourself looking to your feelings. If you are shut off to your feelings, you might need help to open up to your feelings, and anything can help you with that.

If we are looking to physical means to heal our body, then to what extent is the quality of food important to the process of physical healing?

Nanna Beth: It's the same as I said above, the quality of food is irrelevant. If you are wanting to continue living untrue to yourself, then it doesn't matter what you eat as the food itself is not going to stop you, it will only help you keep living untrue. If you are Healing yourself, then you'll move with what foods you

need as you need them. You can try and control such things using your mind, this all being part of the control you'll need to deal with, but in the end you'll see that the food is irrelevant, the body will look after itself as you keep attending to your feelings. However naturally the higher truth you live, so the higher vibration of food you'll be drawn to, yet you can't say that means everyone will eat organics and be vegetarian because until everyone is, everyone will be as their feelings dictate. It's a matter of shedding preconceived mind concepts. You are not doing your Healing to fit into your mind. You are breaking your minds control down to fit in with your feelings.

[Fresh is best when it comes to food and the ultimate vegetables and fruits that we can imbibe is that which is grown within our home gardens, is this an appropriate observation?](#)

Nanna Beth: Yes it is, however that too is relative on polluted Earth. Still it's what humanity will one day get back to.

[The long journey that we are to embrace is feelings first, stay true to one's feelings, expressing them whilst longing for their truth. Our feelings are to lead the way, with our mind in support to follow and to assist in implementing one's feelings.](#)

Nanna Beth: Man can't heal himself using his mind, God can only heal you. And to allow God to heal you requires submission to your feelings. You need to allow your feelings to take you back to your early life, so you can feel yourself back there now as an adult. So you can express now all you felt back then, and see how and why you became as you are, and how stuck and imprisoned you are in your mind's control. And all you can do is keep accepting it as the truth comes to light, expressing all it makes you feel. And when you no longer need to be the way you are as you've seen all the truth of it through your feelings, then God through your soul will change you. And your inner transformation will occur, taking you out of your wrongness into your rightness. And your angels will do most of the actual hands on healing that you require. You – we – only need to keep attending to our feelings, that's the key to it John, but attending to them the right way, wanting to uncover the truth of ourselves, our soul and God want us to see. Anyone can express their feelings even looking to them wanting their truth, but it's wanting to understand and live the whole truth of yourself, which currently is the whole truth of your negative state, that's what needs to be addressed first. Then you set about understanding as you reveal to yourself the whole truth of your positive loving state – once you become of a Celestial level of Truth and are fully Healed.

I'll speak to you soon John – love Nanna Beth. Keep being willing to express any negative feelings you have about SI and Pascas, it's okay, you can go as far as you want with them, as none of it is going to change the outcome, that side of it, as to whether it happens or not, is not up to us but what our Mother and Father want. But what we feel along the way is up to us, and what They want us to focus on.

[Thank you for this incredible opening to the reality of man's futile belief in its capacity to be able to 'heal' one's self.](#)

[Love John](#)

We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.

Everyone at their conception gets their angelic pair as well, and they will be with you right the way to Paradise and then possibly beyond too. So it's a wonderful relationship, we have our soulmate and our angel pair each, all the way with us. It is all amazing.



WE EACH have a Nature Spirit pair, Spirit Guide pair, and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it's the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it's more personal and private and 'JUST FOR YOU'. So we have our own separate, unique relationships.



For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit mansion worlds, however, our Angelic pair continue with us for eternity.



Feelings!
first

Saturday, 31 March 2018:

COMPLEMENTARY THERAPIES

John: Hi Nanna Beth and company

Mind control in its extreme is demonstrated through various complementary therapy platforms. Examples being: Emotion Code as introduced by Dr Bradley Nelson.

Dr Nelson has gathered a wonderful data base that researchers will clearly be able to demonstrate the relationship of suppressed and repressed emotions when relating to physical discomforts, pains and illness. In fact, the emotion code chart that Dr Bradley Nelson has published is the result of many thousands of observations that he and his practitioners have observed over many years, and the results are simple and precise for anyone to understand. Generally, specific styles of emotional injury are directly impacting upon specific organs and parts of the physical body. It is as though the energy frequency of a given emotion is matching to the energy frequency of a given organ or part of one's body.

However, Dr Nelson's methodology of 'releasing' such unexpressed emotions is the direct result of one's mind being employed to further repress given specific emotion or emotions that are causing physical discomfort. Dr Nelson is taking people further away from their true selves – their feelings and the truth that one's feelings are to show them.

Healing Code as introduced by Dr Alex Loyd. Dr Loyd is also focused upon the understanding that emotional issues are the drivers of discomfort, pain and illness. However, he also takes people further away from themselves by empowering people to use their minds to further suppress the underlying emotions through a process of tapping. The mind convinces the person that the issue has been addressed whereas it is still there continuing to fester further thus bringing about greater issues at a later time. Again, the truth that our feelings, both good and bad, are shunned, the truth is avoided.

Meditation is often used to take a person further away from themselves.

The art of 'stilling the mind' through meditation can only be considered as of the greatest negative residues of the Rebellion and Default possible. Taking a person further and further away from their feelings and not allowing any form of truth to be sought from one's feelings. Though some forms of meditation do explore one's feelings, these processes never delve deep enough to be shown the truth of their feelings.

Would you kindly expand on these comments as I feel they will complement the writings of the last few days relating to substances and their in-effectualness in healing please?

Nanna Beth: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.

Not until someone comes along and does really heal themselves of it, and someone who has the spiritual authority to allow others to do the same. So that's where we are. The authority is making the revelation to you.

People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the

wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

But **without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it.** It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low. Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

And in the end there will be far more books written about people's Healing and all they come to understand about every facet of themselves and of it, than there have been about people documenting their wrongness. It will prove far more fascinating to those people who get right into it. And all of that creativity is waiting as a whole new aspect of Creation to be expressed – how humanity Heals itself of its rebellion and default.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

This time, in the history of humanity, is the most exciting time ever experienced.

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

6 April 2018: **HEALING PROPERTIES of SUBSTANCES – Questions Answered:**

To the questions asked, Verna, a nature spirit, offers her thoughts:

Worldwide it is recognised that the annual flu epidemic will consist of new and differing strains of viruses. Why do these variations arise? Why do the new strains appear to be more difficult to manage each year? Why is there a continual incremental risk to life with each new strain?

Verna: The new strains exist because we – the nature spirits – make them exist. We're the instigators of such 'diseases' on the world, we in league with our fellow conspirators – the angels; the truth of which your scientists refuse to acknowledge when there is ample evidence to them, which they persist in brushing aside, that something else or someone else is tampering with such 'bugs' and 'nasties'. And who has the real brains: we nature spirits who control the natural world on earth, or your great scientists? We'd like to see a little more humility please – that would definitely be a step in the right direction. You don't have to bow down to us, we don't need that level of servility from you – just kissing our feet would be enough!

And hey, guess what? YOU'RE NEVER GOING TO BE ABLE TO BEAT NATURE – WE'RE NEVER GOING TO ALLOW YOU TO. HA! YOU HAVE TO LEARN TO FULLY HONOUR AND RESPECT NATURE – AND YOUR OWN NATURES, LEARNING TO WORK IN PERFECT HARMONY WITH IT AND WITH YOURSELVES BEFORE YOU CAN GAIN ANY RELIEF FROM SUCH 'BEASTIES'.

We have virus making 'factories', we'll always be one step ahead of humanity. So until you understand, you have to WAKE UP, not that I want to sound patronising or tell you what to do, BUT YOU'RE PUSHING SHITE UPHILL.

And you might like to know, we're not going to let you off the hook. You have to learn that all illness results from your inner levels of discontentment – BECAUSE YOU DON'T FEEL LOVED. And work to get to the truth of your bad feelings. And when you do, then as you grow and evolve spiritually in truth, so you'll literally 'rise above' – ascend – the need for help from such illnesses because you'll no longer NEED THEM TO MAKE YOU FEEL BAD. Accept they make you feel bad, you are meant to feel bad with them, and not then try to eradicate them, that's only eradicating yourself, which you're already doing; but instead to work with those bad feelings, this being how you start to love yourself back into true health. Go with your bad feelings, not fight against them. Go with them instead of trying to eradicate them, and the same with your diseases and illnesses.

Worldwide it is recognised that antibiotics are becoming ineffective. Why are even new more capable forms of antibiotics not being able to manage the bacteria and viruses that are evolving? Why are viruses and bacteria evolving in the first place?

Verna: It's the same deal: Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show you that you are wrong. You wouldn't get sick if you were right. So what would be the point if you eradicated all illness and you never had a bad feeling from being sick – you'd never know you had all your childhood repression locked away inside you that you were to deal with. ILLNESS IS YOUR FRIEND, because it's the warning lights that says: I AM NOT RIGHT. I NEED

HELP. I can help myself by attending properly to my feelings. So do so by wanting to uncover the truth of them!

Worldwide we have the mantra that should a new drug be developed, until that drug has gone through double-blind clinical trials successfully then it is not to be made available. Should the double-blind clinical trials be successful for around 60% of volunteer patients, then it is considered for public release. But then, why has it failed with 40%? Why do some benefit and others don't when they are all in the same health predicament?

Verna: Because you are all different, you've all been subjected to different childhoods, even within the same family. So nothing will affect the whole, short of you all 'nucking' yourselves into oblivion. (nucking – slang, humorous, mildly offensive, euphemistic) Yet even then, do you really think the angels are going to stand aside whilst you annihilate yourselves? There's too much goodness in your suffering since conception for you to simply obliterate yourselves, too much truth to be discovered – the whole truth of why you feel so bad, the truth of feeling unloved. And it's an enormous truth and enormous amount of truth. And it's all there inside you. Waiting for you to bring it out.

And why do 'sugar pills' work when prescribed by the doctor?

Verna: It shows you the power of your mind and its controlling beliefs. People believe all sorts of things resulting from their wonky childhood. (Note the use of that word dear John, I'm adding it to my repertoire – James.)

We see new forms of illness arise, why is this so? We also are seeing that vaccinations are not as effective as they appeared to be some years ago, why is this so? The fact is that humanity presently cannot eradicate any form of illness no matter what our scientists discovery, why is this so?

Verna: God has allowed you to experiment with all the ways within your unloving states, this being one of them. However humanity is now moving on, times are a changing, the old ways are to end, humanity is to heal itself of its rebellion and default. So what has worked will fail, and more so, and new things won't work for as long, failing quicker, fear and pressure will mount as the old fails, all to give rise to GUESS WHAT? – MORE BAD FEELINGS. And why more bad feelings? – so you can express them and bring to light the truth they are to help you see – THAT'S WHAT!

When a pandemic hits a community, why do some people never succumb to the virus or health issue while others contract the disease and many die? Why isn't everyone impacted equally?

Verna: Different childhoods, different beliefs, different self-denial parameters, all of which affect you in different ways bringing about such differences. You are living in denial of TRUTH. Your childhoods are truth-less. So your adult lives express or reflect this. Life as you know it is all wrong, negative, unloving, even all the good loving parts within it. So it's all got to change, BIG CHANGES, but you can do it, you'll see, humanity will have to do it.

This is the major difference with a Pascas Care Centre. In addition to providing a holistic allopathic and complementary health care service, we are to address the question of what is the cause of one's discomfort, pain and illness.

Further, we are to address the questions of why is it that treatments previously embraced have not continued to been successful in bringing about health to the body?

Verna: Same deal. It's all what went into you through your forming and early childhood. Nothing more. All the secrets are contained back there within yourselves. When you 'go in' you're to go into your early life through your adult 'now' feelings. That's how you do it, how you can really Heal yourself, nothing else will do. It might extend your life a bit, cure you of some illness, make you feel better, but all your childhood wrongness is still within your soul remaining there until the day you want to deal with it.

Do your Feeling-Healing; or better still, your Soul-Healing with the Divine Love. It won't be an easy ride, however your relationship with your aches, pains and illnesses will certainly change and evolve, and you might even find that you don't need as many of them if you look to your Feelings First, expressing them and seeing the truth they are to show you. And eventually you might not need any bad things happening to you as you no longer have any repressed bad feelings that you need to bring out. It's a different way to view life – but hey, what have you got to lose – only your old ways of suffering.

Love Verna – who by the way, is not just a pretty face! Chow for Now – over and out!



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

Consider visiting the Library Downloads at www.pascashealth.com
Then Pascas Introduction Notes:
Pascas Care Letters Healing Properties of Substances

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

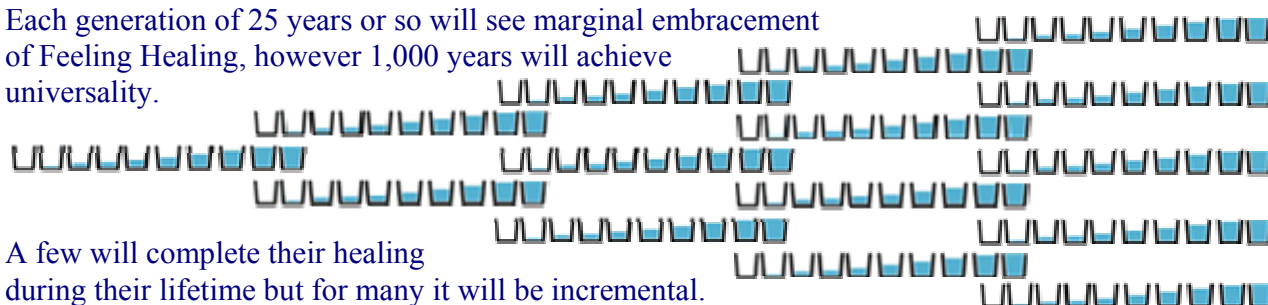
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the end of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

Arvonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First and the Religion of Feelings can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

Suppression and Repression:

We are all living untrue to ourselves. All we do is wrong, even though mostly we believe it is right.

We are living untrue as shown by the denial of many feelings. We don't accept them, particularly our bad ones. And this feeling denial, suppression and repression, causes all our problems.

All pain, suffering, fear, anger, guilt, depression, misery, sadness, feeling alone and lonely, feeling rejected, unwanted, uncared about, unloved, feeling will-less and powerless and unhappy and frustrated because we can't assert ourselves lovingly in life, are all the sorts of bad feelings we do everything we can to deny. And it's the ongoing suppression and rejection of these feelings that cause all our illnesses, problems, relationship difficulties, all that's wrong with us both personally and generally in society.



Right from conception we're all inducted forcibly – against our will – into such feeling-denying systems, we take it on, doing what our parents have taught us, thereby continuing to keep all our childhood pain and bad feelings repressed. And as adults, life cycles us through our various experiences in accordance with these early life established patterns all so we can keep feeling those same bad feelings and keep denying them. And this is our rebelling against ourselves by living untrue to all we feel, all of which we do unknowingly, which is by default.

And the healing of this negative, unloving, anti-self condition can only be done by doing one's Healing, which is Feeling-Healing, or your Soul-Healing with the Divine Love. (Soul-Healing being Feeling-Healing inclusive of the Divine Love.)

How one does their Feeling-Healing is by looking to their feelings for the truth they are to show you. You stop, acknowledge and thereby accept that you are feeling bad (or good), want to express that bad feeling and emotion instead of denying it, all whilst longing for and wanting to uncover the truth such feelings are to show you.

You have to want to FEEL ALL of your feelings, and especially your bad ones. And you have to want to know the whole truth of why you're feeling them.

And to uncover the whole truth of yourself through your feelings, means you are going to be led by your feelings back into the complex dynamics and psychology of the relationships with your early carers and those people who were influential during your childhood, mostly your parents: feeling now as an adult the very same feelings you felt back then that you were forced to deny. So now you end the denial and finally release and express and bring out those long ago buried feelings, all so you can see the truth of what really went on between you and those people from your early life.

Our Healing is bringing out all our repressed childhood feelings, expressing them as fully as we can, as we long for and want to see, understand and know the whole truth of what happened to us to make us have them, how we reacted to having them, how we grew and developed into adults taking on our feeling

repression and denial from our parents.

And it's a long, hard process as we strive to liberate all such repressed feelings and at the same time ascend in truth understanding why we are wrong, how as adults we've expressed those unloving, negative, anti-self patterns and how we've passed them onto our own children.

Our Healing is the ONLY way out of our pain. We are to understand the truth of our unloved state. We've begun life in an anti-self and anti-love condition of mind and will, and we are to liberate, or reveal, the truth of this state to ourselves through our feelings. We are to do it ourselves and for ourselves because we want to set ourselves free of our pain. Only by uncovering the truth of that pain, can we finally be liberated from it. Uncovering the hidden (hidden in our feelings) truth, is the only way we can spiritually grow and evolve into becoming fully loving people, this being achieved when we've finished our Healing.

All the answers to humanity's age old questions about why we are not happy and why we're not living life on earth as if it were paradise, will be answered as people start to look to their feelings for the truth of themselves.



And to spiritually help us, we are to understand:

That we are conceived and so born into life being of Natural love. And because we've been brought into a state of deprivation of such love, so we have to Heal ourselves to become of such pure Natural love. And once done (and we can start anytime with our Healing) we can long to God for the Divine Love. The Divine Love coming into our soul via the Holy Spirit, transforming our Natural love soul into a Divine Love soul.

So we can long to God, our Heavenly Parents, for Their Divine Love.

God is our Heavenly Mother and Father; God is one Soul expressing Two distinct Personalities, and Personalities we can get to know personally as we express the truth of our soul. We can ONLY know our Mother and Father personally through our feelings, we can't get to know them with and through our mind as many religions teach. Any truly loving relationship is expressed through feelings and not the mind, and it's no different in our relationship with God.

We are, being of the image of God, one soul that's expressing its two soulmate personalities in Creation. And we begin life at conception coming into being individualising our personality through our life experiences.

However the whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth they are to show us, and that will break down our controlling mind, setting us free to live true to our feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

And we can ask our Mother and Father to help us. We can long to Them to help us embrace and accept and express, and long for the truth of our feelings; and we can long to Them for Their Divine Love.

Our Heavenly Parents have started us off in Creation by incarnating us onto a rebellious planet, one in which we experience what it feels like to go against ourselves and to go against Them. They have wanted us to start life in an unloving way, to live and experience and learn what living untrue to our soul and untrue to Their Soul feels like. And how it makes us all feel bad. We are starting off our lives in Creation in an unloving environment, which some people will find difficult to understand (for within it they do feel some love), and it can also be just as difficult to accept that God wants it this way. And not only that, but God is making you be the unloving person you are, God gave you your unloving parents (and the bits that might be loving), God is purposely making you suffer, God is in control of it all; and when your time comes, God will also help you do your Healing so you can come to understand yourself through your feelings. God will reveal all to you through your feelings. All the bad and all the good. We are all to one day understand what it's all been about for ourselves – and you will, God won't let you down, God will eventually answer all your questions.

So when you feel ready, you can decide that you want to live a Feelings First life. To begin your U-Turn, to start doing your Healing, and to end your pain, suffering and feeling unloved, by looking to the truth of such bad feelings.



And through your Healing you will slowly work your way deeper into understanding the truth of your unloving self- and feeling-denying state, and then once you've uncovered the whole truth of your wrongness, then a Great Change will come to you, and you'll no longer be living according to the negative, anti-self patterns you took on from your parents, you will be completely free of the Rebellion and Default, you will have finished your Healing, so you will be true and happy and wholly loving. And best of all, then you'll start living and learning about what it feels like to live being truly self-loving, loving of others and loving your Mother and Father. All the opposite to how you are living now.

Long for the truth of your feelings.

Long for the Divine Love.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

James Moncrief 18 March 2018