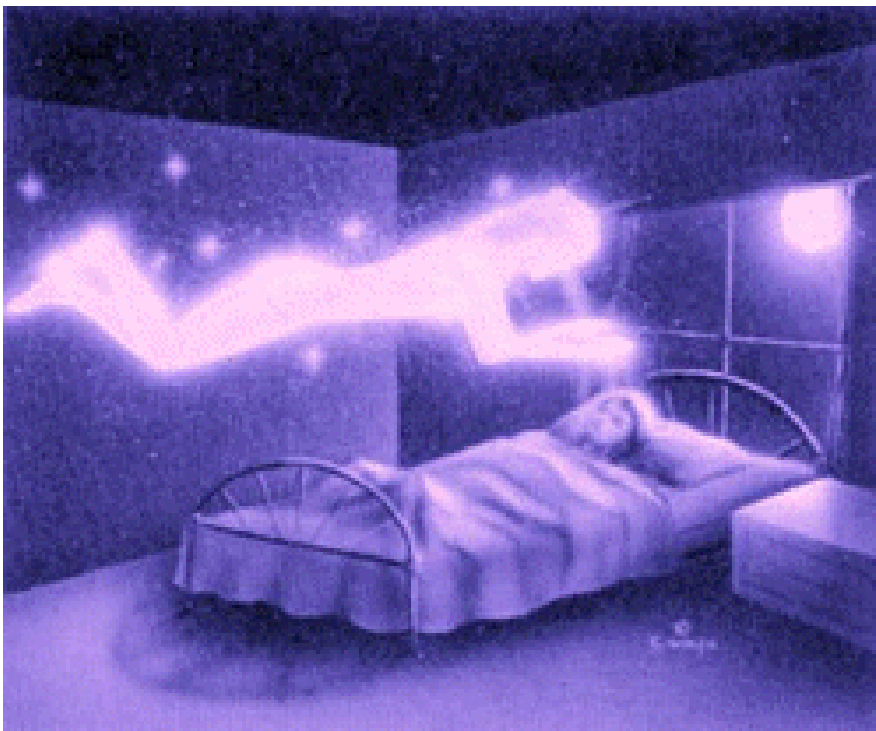


# PASCAS CARE

## *Sleep State*



“Peace And Spirit Creating Alternative Solutions”

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## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***



### SLEEP STATE:

When we go unconscious, all we are is conscious in another dimension.

The most common one is sleep, where we are not conscious. When we go out to it, our spirit body, which looks almost identical to our physical form may rise out of our body. Our soul is connected to the spirit body first which in turn is connected to our physical body. There is a cord of energy which maintains a connection between the two bodies. We are conscious now in the spirit state. We do not usually remember this state. As it rises, it has the flexibility in that unconscious state, we leave the physical body resting and the cord maintains the energy connection between the two bodies.



The spirit body is considered to be able to go anywhere it desires dependent upon its own condition. That is what is what some call as astral travel. You may consider to be able to actually astral travel but you are not conscious of doing so in many cases, because your physical body has closed down completely as it has gone into a rest state. And your spirit body, the things you see (visions) in that state, you often don't want to see, so you don't want to recall them.

And where we go depends upon the soul's condition. If the person's soul condition only allows them to traverse the first dimension then that is where they will go. Now the first dimension of the spirit world at the higher planes is very lovely, better than even the best place you could imagine on Earth, and the bottom of it is the depths of the hells, which is far worse than any of us may possibly imagine. Visions provided vivid experiences of these destinations.

Because some people, with different fears they may have, start attracting very negative attention from spirits who are already in the spirit world. The cause you no harm nor can cause you to do anything against your will. Some become very afraid of even going to sleep. Insomnia is the fear of going to sleep.

There are others who enjoy their sleep so much that they would rather be there than here.

In your sleep state, you can interact with anywhere over the Earth that you desire, and anywhere in the spirit world that your soul condition, your condition of love allows you.

Because of that, you can often meet up with other people who you have never met on Earth. You tee up a meeting in the spirit world, because you like them so much that you meet with them in the spirit world firstly, you like them so much so then you try to tee up a meeting with them on Earth. When you meet up on Earth, you feel that you know them, because you do.

Any parent who has lost a child due to miscarriage, etc., will be able to spend some time with their child whilst in their sleep state. So, many children who have passed get to spend time with you in that sleep state.

15 May 11

**Enlightenment.** All the spirits, who are on the natural love path, believe they have reached enlightenment by the time they have entered the 6<sup>th</sup> dimension, being the 6<sup>th</sup> sphere. All of the theories of enlightenment that have been given to the world have all come from spirits in that location. They are the same spirits who call themselves gods – ‘we are all god’, they say that. They are the same spirits who believe they are all powerful. They are the same spirits who believe that they have progressed to the pinnacle of man’s progression. And they are the same spirits who have almost created every single religion or religious path on the Earth. And the same spirits who have created the new age movement.

Now, all of those spirits all believe that they have become enlightened, but they are still in the 6<sup>th</sup> dimension of the spirit world and the primary reason why they are is because they believe things about God that are not true. And they believe things about their own soul that are not true, also. And they are yet to enter into a personal relationship with God that is emotional, that has these huge feelings involved in them.

Experiment with that. Experiment with the energy forms that you use in healing practices because God does not mind an experiment. Then experiment, on the other hand, with this feeling coming from your soul from God, and attempting to feel God’s emotion entering you. And when you start experimenting between the two different things, you will find, after awhile, you will get to the point where you will give up all these energy forms and everything else because you will realise the power of this love of God is much greater than all these other things.

‘When you seek first God’s Love, all these other things will be added to you.’

In other words, if you seek this personal emotional relationship with God, then all these other things, Pranic healing, these other things to understand my body, my spirit body, to heal my body, all those other things will come afterwards. All of those things will happen automatically.

The problem with us as humans is that we want all of these things and we forget about love.

God’s Love is the greatest power in all of the universe.

But we forget about that for what we consider that we can tangibly see or feel, or see happening.

My suggestion for anyone who wants to progress infinitely is to focus your whole intention on love, God’s Divine Love, and forget about all the other things for a while. Just focus your whole intention on love, humility and truth.

Just those three things, and you will find, that after a while these other things that you felt were really important, you will get to the point that Love is the most important that you will ever feel and think about.

18 May 2011

158. *On the Immutable Spirit Law that Sustains the Spirit Body*

7 December 2012

There is much confusion about the interaction of spirits with humans. This is quite understandable because so few people have truly been able to identify the immutable (unchangeable) Spirit Laws that function and act as a conditional harmony between all mortal spirits and peoples of the Earth.

When one understands the nature of the Divine Love experience and the fact that the Divine Love relates directly with all existing immutable Spirit Laws, then, all that defines the individual emerges with a true perspective of insight and knowledge. From the experience of natural love in a human without any awareness or knowledge of the Divine Love, one will be diminished in their capacity as understanding how these immutable Spirit Laws work and work they do to provide a mortal universal harmony between the human world and the spirit world.

The reason I mention this is to state that the individual human personality in its forming has the attribute of soul and spirit body to it and the spirit body is robust and a true existing body of real form, of real spirit energy, of real substance and image. I along with Celestial spirits can see your spirit bodies clearly and easily, and each spirit body to each individual clearly reveals to us, the condition of the soul, which instantly tells us the overall condition of the mortal personality to its condition of forming. I can see if a spirit body has commenced its change by the receipt of the Divine Love or a change in a progressed natural soul condition.

The spirit body is a bone-fide attribute and the most important attribute for the survival of the human personality. This means that to the forming of a spirit body, there is an immutable Law that protects each spirit body whilst in a human experience from any influence from a spirit in the spirit world. It has been revealed to you that no spirit can impose their personality *over* a human and this is true, for a particular immutable Spirit Law in its function prevents this from happening and this helps to maintain a harmony between spirits and the human experience. The only presence from the spirit world that can interface with the surface of the spirit body of a human is love and the immutable Spirit Laws allow for this form of communication.

There is a very good reason why the Father / Source Soul has set in place these Spirit Laws and in particular, the one that protects the human spirit body. The spirit body is the body in which the attribute of soul and attributes of personality survive a human life and the transition into the mortal spirit world. If the spirit body or the surface of the spirit body, were damaged or interfered with or in any way interrupted, this could have dire consequences on the personality contained within the spirit body. If spirits were able to penetrate the spirit body and interfere with the personality contained to it, then this could cause a massive transgression that would be potentially capable of disrupting attributes such as the memory, awareness, or cognitive aspects and reality and function in a personality.

I understand that fear forms part of human experience. There is a natural fear for survival and there is fear caused by personality. It is impossible because of the immutable Spirit Laws that act on each spirit body, for a personality in the spirit world to interfere or inhabit the space inside a human spirit body. Any kind of spirit possession is absurd and rests in the imagination of the mortal. Two independent personalities, one being a spirit and the second being a human person cannot inhabit the one same spirit

body. The immutable Spirit Law that acts upon the surface of each spirit body, human and the spirit prevents any such violation from ever happening. The only thing that causes a perception of possession is the fear that already exists in the human personality and or the human imposing fear to fight the existing fear.

Love in its natural and Divine forms, is in their essence a harmony and the existing spirit body that each individual has is like the soul and personality, a sovereign domain to each individual.

Your Celestial friend and teacher, Luke

### 159. *Communication between Spirits and People*

8 December 2012

Communication between spirits and people obviously transpires. You can receive my thoughts, impressions, perceptions and your spirit body is in no way compromised in its integrity.

**Can you receive negative input from a spirit? Of course you can.** Your soul perceptions will decipher and discern the information and if the input is coming from a negative source, and you were to receive direct communication from a spirit in poor condition, the impression would stem from the condition of this individual and you would be able to receive it, as you receive harmonious input. The downside to this type of communication is the evidence and effect on your spirit body and energies caused by being in communication with a soul in poor condition. However, in your (the medium receiving this particular message) case because you understand the way the Divine Love works in your life and the related immutable Spirit Laws, the only reason a spirit in poor condition would be in communication with you would be for that spirit to learn about the potential of progression and the Divine Love that will improve their poor condition.

Simply because one is a spirit in no way infers that that spirit is necessarily more advanced or progressed in their soul condition by the mere fact of local environment. A person living in their awareness of the Divine Love will be in better condition of soul and spirit body than any spirit residing in the spirit world living in only their natural condition of natural love. **Spirits in poor soul condition can communicate with you if you allowed this communication to happen.**

Celestial spirits never impose upon your asking to do a work such as this work, *The Divine Universe*. You have asked to be of service and so we can effectively communicate with you and the harmony of this work is an example in the way we are all living in our awareness of Divine Love.

If you (the medium) were to communicate with a spirit in poor condition, it would be because you have asked to provide this service and the individual would be able to interact with you in the correct and only way in which the Spirit Law of Rapport and Communication works and the spirit in poor condition in this communication, can in no way impose or establish any action resulting in your spirit body to lose its integrity. It must be said here that individual spirits in poor condition are so weakened by fear and isolation as their soul condition reflects in their spirit body, that a spirit in poor condition will find it difficult to be in rapport with the Spirit Law of Rapport and Communication between spirits and people. As it has been stated to you before, the immutable Spirit Laws form the boundary between the spirit world and the human world and no spirit can act of them selves in an independent manner outside of these immutable Spirit Laws. Even the Master (Jesus) is to comply as he does with these immutable

Spirit Laws and under no circumstances can fear override or overrule, divert or take the place of these immutable workings.

As you (the medium) have progressed in this experience of our Celestial communications you have been able to determine that no harmful side effects have resulted. You are both (two mediums receiving these messages together) in good soul condition as we who communicate are as well, the Divine Love being true to us all and the activation of the Spirit Law of Rapport and Communication demonstrates how cohesively we all work together when Divine Love is living in our souls. Even if you were to receive a communication from a spirit in poor soul condition such as a soul from the lowest of the natural Spheres, there would be no residual side effects transpiring in your spirit body or attributes of your personality. In fact, I dare say you would handle this communication in a manner that represents and is reflective of caring for another who maybe in their impoverished state, actually asking for a helping hand and guiding word. We actually service the needs of these individuals who are present when we write together as many are brought along to hear our words, these same very words that I am writing with you.

I would like to add here that I know that you are aware of the Indwelling Spirit. These works are not works caused into form by your Indwelling Spirit. These works have their origin in and from living personalities. The reason for this, and a good reason too, the Indwelling Spirit cannot demonstrate living in the Divine Love. We can and we do because the experience of the Eternal Father's Divine Love is real to us and therefore, when others come to read these works this vision and awareness conveyed in these works may sound a note of truth in another who has embraced their experience of living with the Divine Love.

[The Indwelling Spirit helps the Father reveal more of the Father to individual souls so that what is absolute and Eternal can be communicated with so that the Father is not inanimate and unknowable. The Indwelling Spirit helps adjust the spirit body as the changes occur as the soul condition of the individual is progressively transformed by the Divine Love.]

<https://new-birth.net/spiritual-subjects/indwelling-spirit/>

Poor spirits are miserable souls and their environment is a diminished Sphere compared with the other Natural Spheres. We are consoled in the fact that God in the forming of the mortal spirit world has provided these diminished Spheres for the poor soul to reside in, in their disharmony though they cannot cause or create any further disharmony to the Sphere or anyone resident in the Sphere.

If one understands the vision of the Spheres as personality environments, where progression in Love, Spirit and Harmony is the way for all souls, then the more progressed spirits live with real vision and universal experience compared to the least progressed who have no vision at all and cannot relate with the universal realities of harmony, Love and Spirit. When I visited these Spheres I could see the discord that individuals were living in. I needed to bear in mind that these individuals in their retched condition are still part of humanity and souls of the Father. Each individual has placed themselves there, by their actions of living in their human life. I have never heard of a natural spirit from the First Sphere to the Sixth Sphere creating any discord that results in that individual being sent to the Hells below. Just as each individual has put them selves in these Spheres they can change as potential exists so they can progress out of their condition. The immutable Spirit Laws function in these Spheres as they do on Earth or in any of the Spheres and The Spirit and The Divine Love are as present in these Spheres as present in any domain where mortal personality lives. I am afraid to say that these individuals in the

appearance of their spirit body are incredibly small. It is testimony to the personality the soul and the spirit body to survive in such impoverished conditions and testimony to the fact that God's workings still function so that the personality *can* survive when the individual has done absolutely nothing at all to change their situation.

In keeping with the vision of harmony stated in the spirit writings of James Padgett (Book of Truths by Joseph Babinsky), the mortal harmony in the spirit world will be realised and fulfilled when there are no more individuals living in such contradistinction to the universal harmony of Love and Spirit. All I can say is that each individual will be given ample opportunity to increase their potential and then if not it's in the lap of the Father. For just as God can cause a personality into existence by the workings of the Spirit Conduits that function to form attributes such as mind and spirit-mind, The Father is the only authority in all of creation who can work another attribute of Spirit Law that undoes a personality, soul and spirit body that was once formed. In the powers of mortal creation, mortal personality doesn't have a say in affairs that extend beyond its own material creation.

The student of the history of the Divine Love will have learnt that the Father once withdrew the potential for humans and spirits to receive the Divine Love. When it comes to such vast and extensive workings the Father does act and will act and is in this regard, no respecter of personality especially when the personality may choose to continue denying the very source of its own soul life.

Thank you for receiving my message this morning, and this may add some interest into the subject of communication, the spirit body, some conditions of spirit life and the question of mortal existence.

Your Celestial friend, Egl'n

### 83. *Wrongdoing*

16 October 2012

The condition for evil only exists in a human experience. As a potential for wrongdoing this human experience is not continued in the mortal spirit world. The acting Spirit Laws prevents any further subsequent wrongdoing and, one to another anywhere in the mortal spirit world cannot impose such vile actions. The Spirit Laws of Harmony prevent any further contravention between individuals. The grossness of such actions as imposed by individuals only transpires in a human life. Such actions affect the soul condition and that individual remains in that condition until the action of the Law of Compensation alleviates that condition for the perpetrator of such action and deed has chosen to progress back into harmony. As in all consequences of human living, the soul is present and any such action for good or bad, form part of that individual's condition. The full spectrum of human experience and condition in terms of consequences never exceed the present Spirit Laws and there is never more evidence of this than in the lowest Spheres that are the environments formed by God for such depraved individuals to reside in, so that harmony remains the integrity between all mortal Spheres. The universal potential for change and progression is always present and the divinity of God will help bring about change. Whilst the actions of men and women may result for such transgressive behaviour, the responsibility for all human actions rests with the individual and part of the universal harmony in which all humans and spirits reside in at its most fundamental experience, is never stagnate, for this provides the individual with the potential for change.



The radiance of a soul in good condition is reflected through the spirit body.

A soul in poor condition has very little energy and subsequently is lacking in radiance. The size of the entity is also diminished.

We radiate our own light. Not only when a soul in poor condition is lacking luminosity and energy, its capacity to travel is also significantly diminished, as is its physical size.



**Golden Rule: that one must always honour another's will as one honours one's own.**

**PASCAS  
HEALTH**



**Feeling  
Healing with  
Divine Love is  
the key!**



### **The Indwelling Spirit and the New-Birth.**

<https://new-birth.net/spiritual-subjects/indwelling-spirit/https://new-birth.net/contemporary-messages/messages-sorted-year/messages-2008/the-indwelling-spirit-and-the-new-birth-11-na-25-june-2008/>

Received by Nicholas Arnold, Melbourne Australia

June 25th, 2008

I have been with you most of this morning and now we can resume our work together on this subject. Both you and Zara are in the presence of Divine Love and your respective soul condition is very good to receive. In receiving these Messages it is also important to note that you are not in a trance nor do I take control of your physical attributes to convey my message. You are cognitive and for the most part it is a shared communication where your soul and its perceptions listen to my discourse which you then communicate. This is the way you have received all your messages from the Divine Love spirits.

The Father loves nothing more than individuals learning about the individual and Eternal nature of the Father. The Divine Love begins this learning in a definitive way and this continues as the soul condition changes with the receipt of Divine Love. The Father's Soul is the existence of an Absolute Eternal presence with attributes that create all that has become the Realms in all their expression and experience in Universal creation. The Indwelling Spirit helps the Father reveal more of the Father to individual souls so that what is absolute and Eternal can be communicated with so that the Father is not inanimate and unknowable. The simplest way for a soul to begin knowing the Father is through the Divine Love.

Celestial spirits who have a real understanding of the effects of Divine Love in their soul move into the way of spirit love. Celestial spirits are in the Divine Love of the Father actively participating with the Father's Spirit that has become personalised and relates to the mind attribute of their soul. Spirit love is a reality because the physical environment that exists on Earth is not present. The Indwelling Spirit helps us to engage in the greater spirit realities that are pertinent to our existence and these realities increase as we progress in towards the Father. We do communicate with each other in a soul-to-soul spirit-to-spirit form of exchange which does not involve the construct of Earthly mortal language, it is a spirit language which we learn as we progress in soul condition, and the language of spirit becomes more realised. When the Indwelling Spirit communicates with us, it is instantaneous and active as a spirit-soul experience and so, we understand that the voice of the Father is actively communicating with us in the language of spirit and our soul accepts and understands this for our rapport with the Father is solid in Divine Love and our own soul's personalisation of this Love.

To provide a definitive understanding that defines the attribute that is the Indwelling Spirit and why this attribute is distinct from the Divine Love of the Father is in the teaching that Jesus has conveyed in the Padgett Messages that the Holy Spirit conveys into a mortal soul the Divine Love and the Holy Spirit, as an attribute given by the Father, works solely in this way. The Indwelling Spirit in its function does not convey the Divine Love into a mortal soul nor does it interact with the Holy Spirit that excludes the Divine Love of the Father. The Indwelling Spirit helps adjust the spirit body as the changes occur as the soul condition of the individual is progressively transformed by the Divine Love. This Truth is essential insofar as understanding the Indwelling Spirit and the New-Birth.

With love,  
Your Celestial friend, Ezekiel

## The DIVINE UNIVERSE:

### 305. *Contact with the spirit world*

17 February 2013

I am here to write on the various Spirit Laws that exist to maintain the harmony between spirits and people. You are now aware that there is a diversity of Spirit Laws, and that each distinct Spirit Law works its function so that boundaries exist in the spirit world and between the spirit world and the human world. There are Spirit Laws that are distinct in their working in the Celestial Heavens that do not exist or have any need of existence in the social natural Spheres where mortal personalities reside. The distinction made here clearly defines the reality of those individuals who are in their social-natural love or with the Immortal Divine Love and progressing through these Spheres.

It is paramount that any mortal spirit does not interfere with a developing human personality. God, in the forming of the mortal spirit world, has given form and principle to this spirit world of which one such principle of Law is that no disharmony will be created or caused by spirit on a human or any other mortal spirit.

Harmony exists between the Spheres and residing personalities cannot act or impose their will in a manner that is contradistinctive to the very distinct Spirit Laws that govern the harmony present in all Spheres. Many people do not know that such boundaries exist in the mortal spirit world, nor do they know that every single mortal or Immortal personality is subject to these distinctive and diverse Spirit Laws. People who desire to learn about the spirit world have many ideas about spirits and the spirit world, and a great error in thinking by people, is to believe interference happens that is derogative to a forming human personality caused by a spirit's thought, energy or action.

Many people have had experiences involving spirit that cannot be easily explained and usually in a human experience, the little known Spirit Law of Assistance, which the Creator alone operates, has at times helped or intervened or ended or commenced something that appears 'not of the human world' to have happened. This Law is solely subject to God and no spirit can interfere with the working of this Law. This Law, as in all God's Spirit Laws, can only act in accord with the Source that has caused these Laws to exist in the first place, and this Source is God the Soul. Spirit can work with some of the Spirit Laws such as I am doing now, as I work with the Spirit Law of Rapport and Communication with the receiver of this message.

Mortal and Immortal spirits cannot sneak from the spirit world into the human world to cause or wreak havoc. We cannot attack or cause bodily harm, or cause disruption to a forming human personality. We cannot interfere with a person's dream state whilst they are sleeping, nor can we encourage any human to act in a manner that violates the very universal principles of love spirit and harmony. No spirit can interfere with or disrupt the Divine Love and the Spirit that conveys this Love into a human soul. The Spirit, or as some of you like to refer to this Spirit as the Holy Spirit, cannot be interfered with in Its' working by any mortal or Immortal personality.

People cannot astral travel or travel at will or in their dreams through the spirit world. In all my years, I have never seen or met a person from the human world in the spirit world who is astral travelling, or whilst in their sleep state, travelling of a focus of their astral body. People would like to believe this happens, but it doesn't happen. The reason for this rests solely in the fact that the only way a personality

can visit the spirit world is in their spirit body when their physical body dies. People can form true perceptions of the spirit world by the use of their soul perceptions and spirit senses, so that such detail is seen that the human material mind may think or believe that it has actually visited the spirit world. The very Laws that form the human personality that includes the incarnation of soul and forming of the unique spirit body are the same Laws that protect the soul and spirit body so that the developing personality can form even though the physical condition of each person differ, and these same Spirit Laws prevent the personality or aspects of the personality from separating from itself or for one to leave their spirit body and relocate in their finite form in the spirit world whilst still in their physical body. The spirit-senses in a spirit body, if they are active, can provide real image and living energy into the reality of the living spirit energy that makes up the spirit world. This can appear so real that a person may actually think they are there, but it is only the activity of the spirit body and soul condition causing these experiences to become visible in the brain of the individual.

When we communicate with people, the receiver may work with the essence of our spirit-vision and their spirit-vision forms a living reality into the existence of spirit universal realities, and so the experience of time changes and one touches on the essence of spirit, whilst retaining their habit of physical and material experiences of time.

Making contact with the spirit world is a kaleidoscope of colour for most people. We understand this. I have seen many spirits converse with people over the years or interact with people and the unseen boundaries of God's Spirit Laws always present. I have never seen a disharmonious act committed by a spirit on a human. I understand that when a person becomes a spirit, in their time of integrating their new life, the individual can be in a fit of rage or angry or sad, because they feel the human life was over before its time. I have seen how these individuals communicate with mediums and whilst they are demonstrative in their action, they cannot force the Spirit Law that envelops them to change.

I know that people believe all sorts of things and that experiences and events have happened that cannot be easily explained and that defy the border of human experience, and that such experiences are determined as having been caused or influenced by spirits. My advice would be to begin receiving the Divine Love and gradually learning how the natural and the Divine Love work and from this position, to see how the harmony of the spirit world functions so that each personality in the spirit world in their respective environment is harmoniously living to the due fact of their soul condition.

There are no dark elements or conspiracies or hidden secrets keeping humans away from the spirit world. Everything has its place and the universe is a transparent place. For God lives with transparency, only that it requires our soul condition to develop with transparency, so that each one of us can learn to see the true nature of Love and Spirit and the way harmony is present from the Source to each finite soul.

With love,  
A Celestial spirit, David

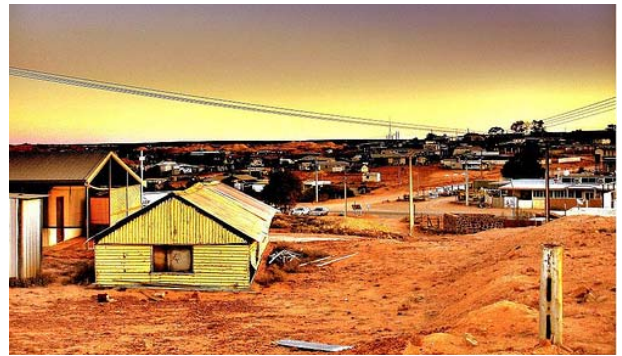
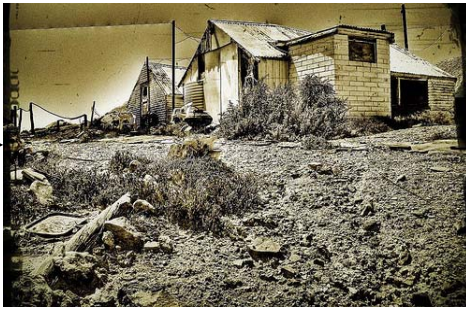
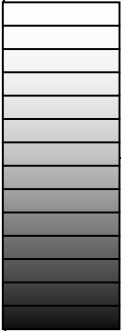
**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

**1<sup>st</sup> SPHERE ASPECTS:**  
**Summerland, etc, nurseries**



**Summerland, etc., are beautiful regions of 1<sup>st</sup> sphere.**

**Summerland, etc, are within the highest planes of the 1<sup>st</sup> Mansion World / sphere.**  
**There are 1,000s of plains in the 1<sup>st</sup> sphere.**



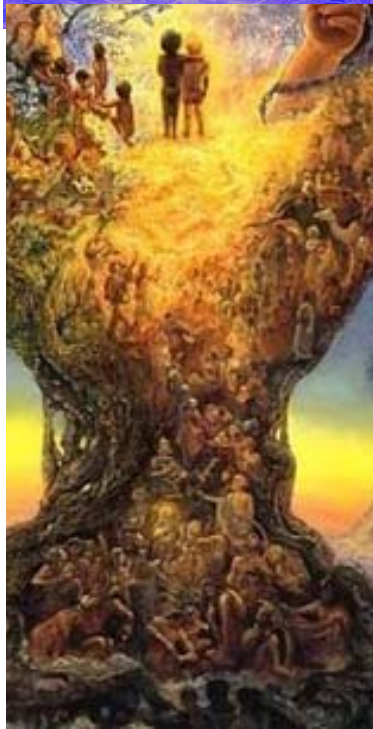
**Ambience of mid range plains of the 1<sup>st</sup> sphere is where the majority of humanity pass into.**



**2 Planes of Disharmony / Earth:**  
**The hells are unimaginable places of darkness.**  
**Consider you are stuck at the end of the deepest longest mine ever, on your own, without any lights!**



Spheres in the heavens are not actually numbered, this is an indicative



**Kingdom of God – Celestial Spheres**  
Spheres 8 to infinity.

Celestial Kingdom / Heavens and where you become an angel, all one with God. Immortality is achieved upon receiving Divine Love which then enables progression to the Celestial Heavens. Then we can progress to the Eternal Spheres and then the Spheres of Paradise.

**Sphere of Transition:**

Sphere 7 in your progression is the sphere in which you progress from the Kingdom of Man – mortality, to the Kingdom of God – immortality. On becoming at one with God you are reborn, the rebirth, to progress into the Celestial Realms, namely the 8<sup>th</sup> Sphere, and then on upwards on the Divine Love path.

**Kingdom of Man – Spirit World**

Spheres 1 – 6

Sphere 6 is the highest progression that can be achieved on the natural love path.

This is not the domain of angels. Sphere 1 is the Earth plane where all souls arrive upon shedding the material body.



The kingdom of God is in his heart, God's divine truth reaching his soul transforming him

The kingdom of man is in his head, what he believes, is his own truth.





**God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.**

**Jesus and Mary are a son and daughter of God.**



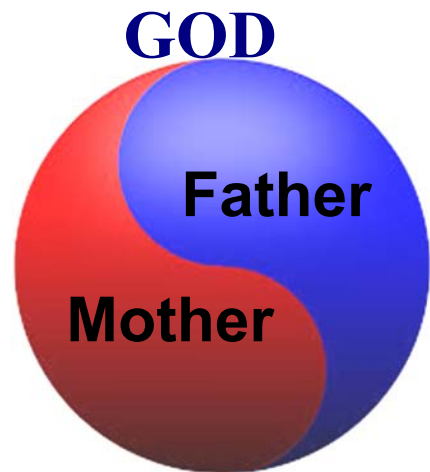
**Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.**

**Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.**

**When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.**

**WE ARE Children of God**



**WE ALL ARE BEING GUIDED HOME:**

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

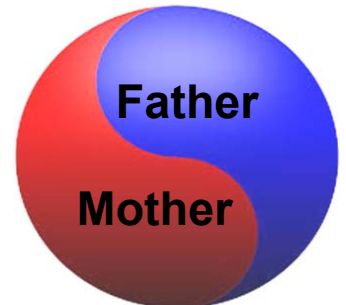
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

**GOD**



**M&F**



**J&M**



**AVO**



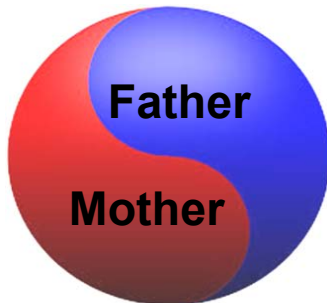
**HUM**

**WE ARE Children of God**



**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
 We are to long for the truth of what we are feeling.  
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**



**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

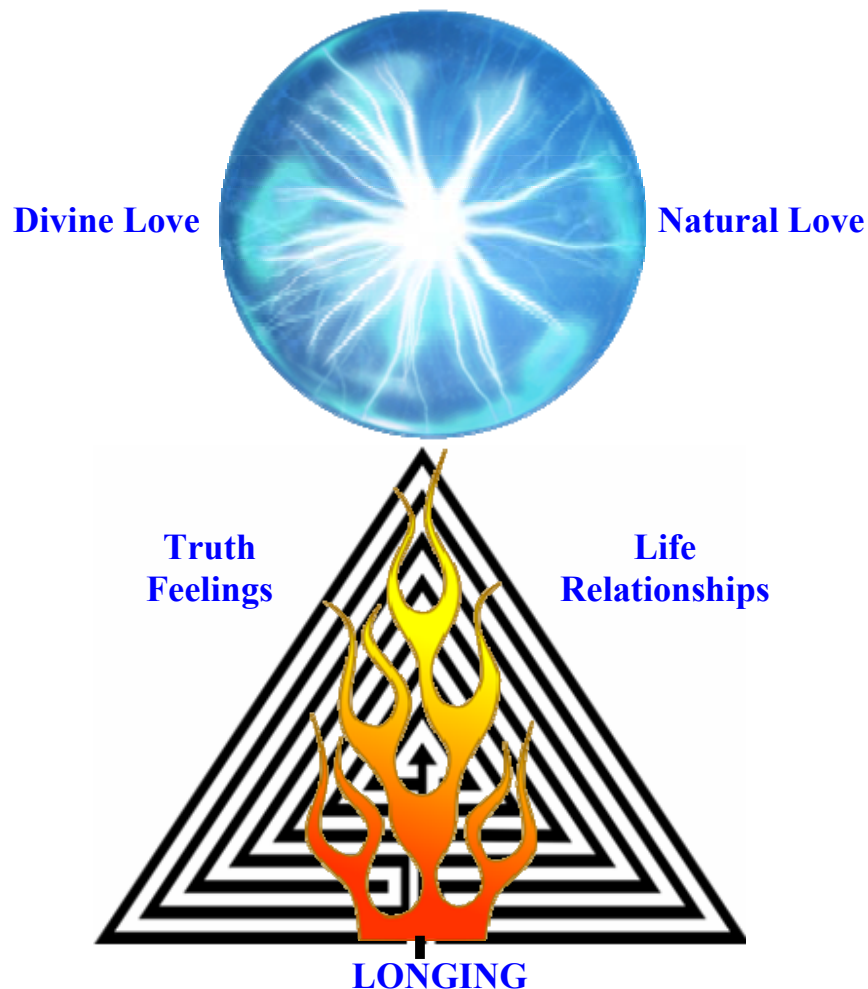
Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

**WE ARE Children of God**

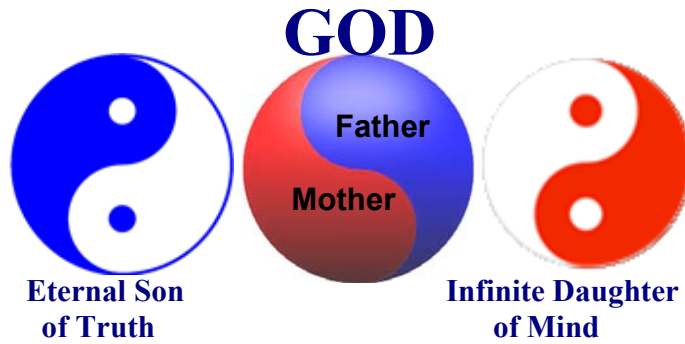
## HOW TO GET TO PARADISE:

Long for the Divine Love  
 Long for the Truth  
 Long for the truth of your feelings  
 Don't deny any feelings: accept, express and want to know the truth of them  
 Know your feelings are the key; your feelings are the Way  
 Want to end your falseness and being untrue  
 Want to understand the truth of your early life  
 Use your surface feelings to move deeper into yourself, bringing up your repressed feelings  
 Want and long to know the whole truth of yourself  
 Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

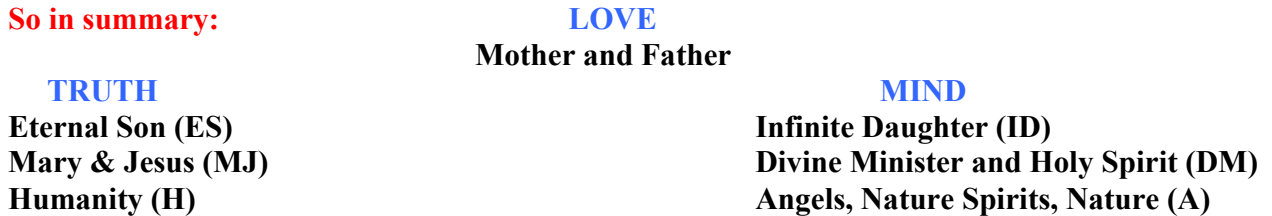
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

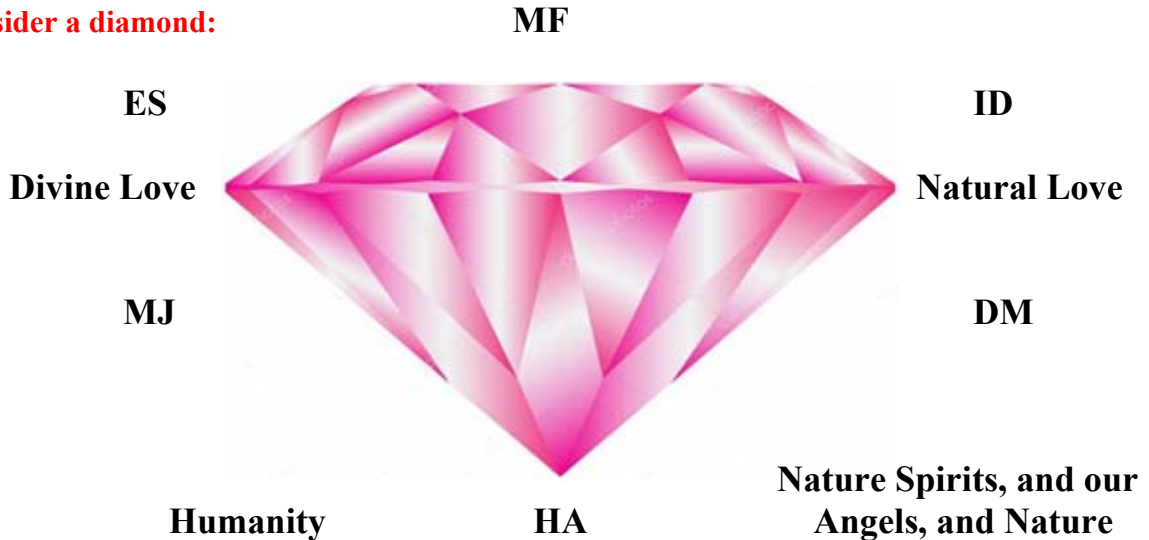
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

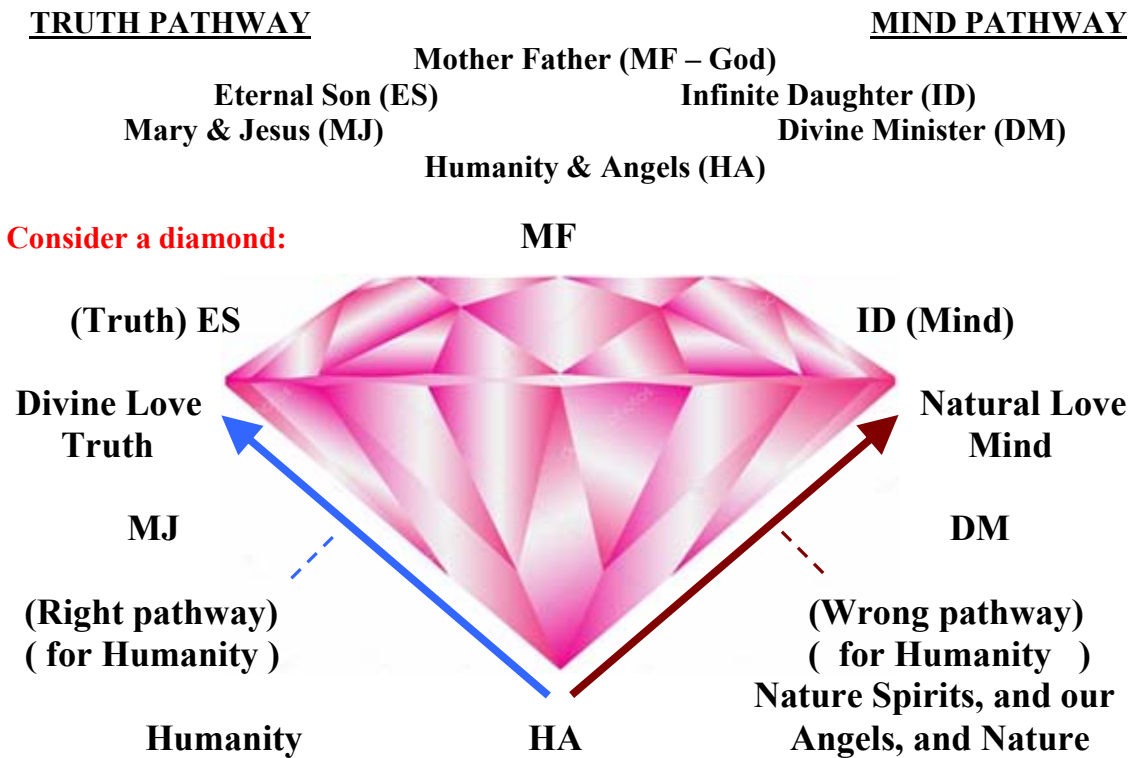
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

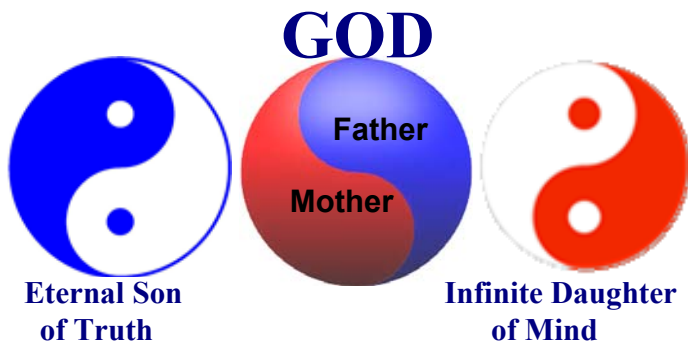
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

Nature Spirit



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

## The Sleep State

<https://new-birth.net/life-after-death/the-sleep-state/>

The sleep state is something that has not been directly covered in any of our messages. However, in passing, both Dr. Stone and James Padgett were taken out of body to visit their soulmates. So there is evidence that we can and do travel into the Spirit Spheres while asleep. Both however did not recall the experience, and that too is quite common. Other sources have rather more, but even with this additional detail, we have not had any clarification of what spiritual Laws might be applying to activities that we do not generally recall.

That was until [I specifically asked if the Law of Compensation applies](#) to any activities we might get up to, in an unconscious state, and the answer is no. I also asked if the experience we would have, as sleep travellers would be identical to those that are "dead" and again the answer is no. Not that we would not experience a degree of happiness in the upper spheres, or a degree of disharmony in the lower planes of the First Sphere, but the [Law of Attraction](#) clearly does not work precisely as it would on a permanent resident of those Spheres.

In the references below, it is stated that those in the sleep state [may behave in a more spiritual way](#), than they do on Earth, and in another message the information is conveyed that only on Earth do we have [reproductive capability](#). So it is not possible to have sexual intercourse, and in the sleep state one can expect individuals to behave better than they do in the conscious state. There is no unbridled licentiousness.

I have had an energy interchange during the sleep state, that was reminiscent of an orgasm, except it was far more powerful. It was triggered by some sort of energy interchange, chest to chest. I did wake immediately, and confirmed that it had not happened in this physical dimension. I understand that this is something that replaces the orgasm that we have here on Earth, and so we will not lose the ability to experience a special interpersonal relationship. And it will not be gender-specific, because there is no gender difference once we leave Earth.

Geoff

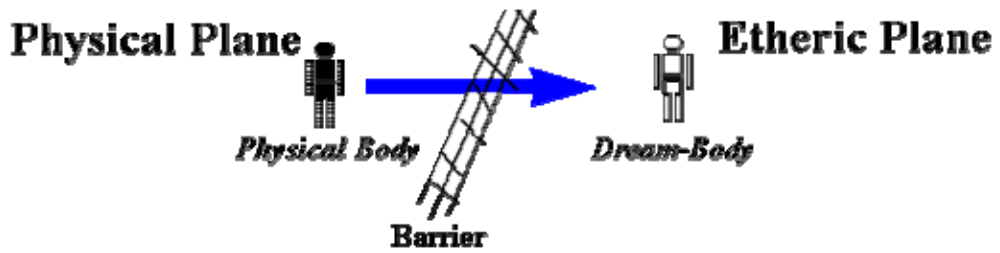
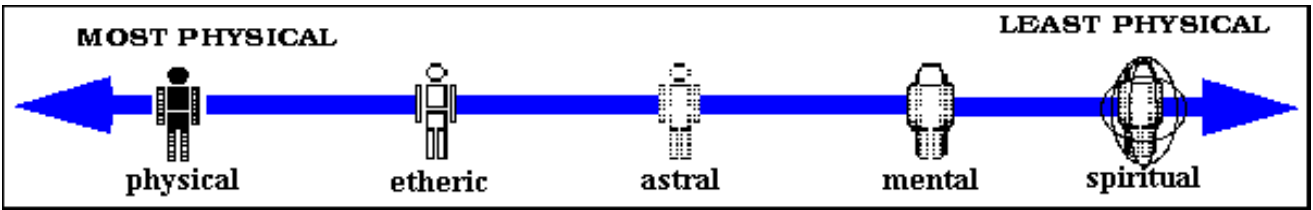
PASCAS  
HEALTH



PASCAS  
PAPERS

**Feeling  
Healing with  
Divine Love is  
the key!**





SOUL SPIRIT BODY PHYSICAL BODY

Our memory and intelligence are housed within our soul, our mind is housed within our spirit body, and our brain is within our physical body. Our soul animates the spirit body which in turn animates the physical body. It is the disconnection of the silver cord between the spirit body and the physical body that results in the death of the physical body. The spirit body, which looks much like the physical body, goes on living. Emotional injuries become blocked within our soul, such injuries are reflected through the spirit body and then into the physical body as illnesses.



<https://new-birth.net/life-after-death/the-sleep-state/>

<b>Author</b>	<b>Title</b>	<b>Date of Message</b>
Jesus	<a href="#">Sleep and Accountability.</a>	November 22nd, 2011
Aphraar	<a href="#">Extract from Through the Mists</a>	1898
Aphraar	<a href="#">Extract from The Life Elysian</a>	1905
Aphraar	<a href="#">Extract from The Life Elysian</a> This extract concerns an interchange with his father, who is still alive, and himself, and we learn how a soul conducts itself in the sleep state as compared with it's waking state. There is also an attempt to recall the conversation from the sleep state to the waking.	1905
Aphraar	<a href="#">Extract from The Gate of Heaven.</a> This extract includes a diagram purporting to show the spatial relationships of the various locations in the Spirit Spheres.	1931
Helen Padgett	<a href="#">The wonders, benefits and blessings wrought by the Divine Love of God.</a>	June 8th, 1916
Mary Kennedy	<a href="#">Mary Kennedy intends to take the spirit of Dr. Stone out of the body to show him where she is living in the same way that Helen did with Mr. Padgett.</a>	July 3rd, 1916
Mary Kennedy	<a href="#">Mary Kennedy succeeds in bringing her soulmate, Leslie, into the third sphere, although upon his return he did not remember the travel he made into the spirit world.</a>	December 13th, 1916
Mary Kennedy	<a href="#">Mary says that the visit that Leslie made into the spirit world was one of the happiest nights of her life.</a>	not known
Jesus	<a href="#">Getting on in this world and the next.</a>	May 17th, 1997
Judas	<a href="#">Mediumship and the mind of the mortal.</a>	November 30th, 2001
Teacher Ophelius.	<a href="#">Color in the Mosaic of Life.</a>	September 4th, 2011
Jesus	<a href="#">Memory of Dreams.</a>	December 4th, 2011

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**  
**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**  
**Primary and most important readings are the writings of James Moncrief.**  
**Then consider the Padgett Messages, and then The Urantia Book.**

**SLEEP and ACCOUNTABILITY:**

Received by FAB Berkeley, California

November 22, 2011

I am here, Jesus. (some spirits may convey messages, with authority, on behalf of Jesus)

I come this afternoon in response to G \_\_\_\_\_'s question. He is interested in the soul in sleep.

Well, I can only say, quite simply, that certain laws affecting the moral aspect of mortals are temporarily suspended in the sleep state. As is well known, the biological purpose of sleep is to rest and restore the mind and body. The sleep state is not included in the normal workings of moral principles such as the Law of Compensation.

However, the sleep state can result in mortal souls entering the spirit world and visiting others. This has occurred quite frequently. And you can remember when a spirit very clearly communicated to you in your sleep. So it works both ways.

As to the matter of experiencing Heaven or hell, I can only say that the full effect of either of these places awaits the full entry of that mortal into the spirit world. Thus, the sleep state can never duplicate the reality that awaits spirits as they answer to their lives on Earth. Certainly, it is possible for a mortal soul in sleep to have some idea of the joys of Heaven. This has occurred. But it can never be the same as the reality.

Yes, the soul is the soul, whether in waking or sleep. But what I am saying is that the mortal soul that enters the spirit world in sleep does so in a way that is at least one step removed from the full reality.

If G \_\_\_\_\_ would like further information, it would be my great pleasure to respond. I thank G \_\_\_\_\_ for his love of truth and his desire to know.

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This seems to close the matter, as far as I am concerned.

Love,  
Geoff



**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

I asked a further question of the Master regarding the sleep state. This was to the effect of whether we will eventually recall some of that which occurs in the sleep state, (This is stated in one of R.J.Lees books) and also the issue of whether this is related to these things being "important". I have an understanding that these "permanent" memories are selective. This is what I received:

December 4, 2011  
Berkeley, California  
Received by FAB

I am here, Jesus.

I come this lovely Sunday afternoon to address G\_\_\_\_\_'s concern. He wants to know about memories of dreams, and if we remember them in the spirit world.

Well, G\_\_\_\_\_ already has a beginning understanding of this, for the key, as to remembering dreams or not, is whether they are important to our journey. G\_\_\_\_\_ knows full well that dreams are bizarre, strange, and expressed in a highly symbolic way. And yet, they do have great significance. The ancient world valued them. So do many indigenous people in your time.

I do feel dreams are extremely important when they serve God's purpose. Dreams can communicate important messages. They are particularly effective because there is no interference from either outside interference or inner censoring.

So yes, certain dream experiences, which may not even register in the conscious mind, are retained in the afterlife when there is a suitable reason to do so. After all, it's the memories of our Earth life that determine our place in this great world of spirits, where exact justice always occurs. So it is only natural and sensible to assume that important dreams form part of this memory block, in terms of the spirit understanding its soul and how that soul fared on its mortal journey.

Dreams that do not have an important role in a mortal's journey are not retained, just as many things mortals do are forgotten because they have nothing to do with the moral and spiritual path, except where there is a special reason to remember, as in the case of important political figures or great artists.

I wish to tell G\_\_\_\_\_ that we are working very hard on his behalf. He is under our care. He knows this, but I thought he would like to hear it directly.

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**



**One's appearance in the spirit world reflects one's soul condition.**

**Appearance in the Spirit world:**  
 6<sup>th</sup> sphere      age 25 equivalent  
 5<sup>th</sup> sphere      age 25 equivalent  
 4<sup>th</sup> sphere      age late 20's equivalent  
 3<sup>rd</sup> sphere      age 30's equivalent  
 2<sup>nd</sup> sphere      age 40 – 50 equivalent  
 1<sup>st</sup> sphere      fissures and blemishes.

**Possible relationship of Map of Consciousness (MoC) with Mansion World Spheres:**

<b>8<sup>th</sup> Sphere</b>	<b>1,081 – 1,251+</b>	<b>Achievement of at-onement on reaching 1,081</b>
<b>7<sup>th</sup> Sphere</b>	<b>921 – 1,080</b>	<b>Divine love only, transmission to at-onement and Celestial spheres</b>
<b>6<sup>th</sup> Sphere</b>	<b>841 – 1,000</b>	<b>Natural love mind world – perfect Natural love</b>
<b>5<sup>th</sup> Sphere</b>	<b>781 – 920</b>	<b>Divine love Mansion World</b>
<b>4<sup>th</sup> Sphere</b>	<b>651 – 840</b>	<b>Natural love mind Mansion World</b>
<b>3<sup>rd</sup> Sphere</b>	<b>500 – 780</b>	<b>Divine love Mansion World</b>
<b>2<sup>nd</sup> Sphere</b>	<b>500 – 650</b>	<b>Natural love mind Mansion World</b>
<b>1<sup>st</sup> Sphere</b>	<b>1 – 499</b>	<b>Natural love mind world predominantly</b>

**World 1 embraces the regions of disharmony as well as introduction to Divine Love. All humanity awaken in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.**

**The SLEEP STATE – EXTRACT FROM "THROUGH the MISTS."**

This extract is from the book "Through the Mists" by R.J. Lees and it has a chapter on the sleep state:

**Chapter XIV**

**THE RELATIONSHIP OF SLEEP TO DEATH**

By this time we had recrossed the mists, consciousness of which recalled my desire to ascertain the relative position of the two states to each other. My companion at once acceding to my request led me to a suitable point for making the observation. I had grown accustomed to the gloom overhanging the shadow-land by this time and as again the lights and shades blended in a soft twilight over the boundary, I had no difficulty in gaining my information.

Again I could see the error of speaking of the two conditions as two worlds, since they hold the same relationship to each other as the sea bears to the land, while the mists are but the spray and vapour which arises as the waves of the one break upon the shores of the other. Still the simile is very unsatisfactory, but I know of none to suit my purpose better. On the immortal side that vapoury curtain hung in calm repose, but towards the Earth it swelled and rolled like the restless wave of a flowing tide. At one time it would simply ripple along the shore, at another gather strength and throw itself afar, while in its recession I could see it bearing out to sea the souls of those for whom it had been commissioned. Some were reached in the gentle wash and flow after the force of its breaking was spent, the keels of their barques being gently lifted from the sands of time, then drifted away peacefully in the mist on to the ocean of eternity. Over some the wave broke in all its strength and fury, making their frail crafts to creak and plunge in wild commotion as the moorings were torn away and each un-provisioned boat was swept along to battle with the surf of an unknown sea.

What a transforming miracle was wrought during that momentary immersion in the mists. As its copious baptism fell upon each, it washed all the tawdry subterfuges of the flesh away, broke the chrysalis of the soul, letting the true man come forth, some to the resurrection of life, many, alas to the resurrection of condemnation. I saw the judgment then. I saw there men who had lavished wealth upon themselves and made great professions that they might win esteem, and rank, and fame as they lulled their clamorous consciences into slumber by the hope that a magical process of chemistry would somehow be found, by which the world's esteem and approbation would transmit itself to the soul. But the mists dissolved that hope, and the trembling ego came forth naked, barren and pauper like, for only deeds of pure unselfish love can be carried through that ordeal which all have to pass.

While I was engaged in making these observations, my attention was several times attracted to persons who were passing either way, not through but over the mists, as we ourselves had done. Of itself there was nothing in this to excite my curiosity, since their errand might have arisen from a similar cause to our own, or been occasioned by a multitude of other reasons. But at least half of these travellers were attired in such peculiar robes as to make it very doubtful to me as to which estate of life they belonged. For some time I tried to solve the problem myself, as to who they were, but all my explanations were unsatisfactory, so at length I referred the question to my companion.

"Those are sleepers visiting their friends," he replied.

"Is it possible so many are drawn back again?" I asked in amazement.

"You mistake me; I did not mean drawn back to Earth as Lizzie was. These are persons still in the body, who during the hours of their sleep have come away from Earth to meet with their friends who are with us."

"Why! – Cushna!"

"Is this another surprise to you?" and my companion laughed outright at the blank astonishment written upon my face. "Ah! My brother, Paul was more than right when he said – 'Eye hath not seen, nor ear heard, neither has it entered into the heart of man to conceive the things which God hath prepared for them that love Him!' We can only give you glimpses now of some of the avenues of research which will be successively opened for your study, until you will become overwhelmed by the contemplation of the boundless provision made for our happiness by His infinite love."

"Let me clearly understand you, Cushna. Do you mean that before a person dies, when the body is taking its customary sleep – between night and morning – the soul has power to come away to rejoin and hold communion with the friends who are dead?"

"That is precisely what I wish you to understand."

"But! – "

"I am perfectly prepared for your astonishment," he replied "but what I tell you is nevertheless a fact; this you would have comprehended more clearly had you been content to have gone home before starting on this tour of enquiry."

"Home?" I answered, as another flood of enquiries and associations surged around me at the mention of that single word, for, as he breathed it, it seemed laden with music, peace, and fulfilment of every desire that had ever disturbed me: but I crowded it back for the present that I might learn something more of this new revelation. "How should I have known it then?"

"Because there you would have touched the point of recollection, and at that, the whole experiences of your sleep-life would have been restored to you."

"But it seems incredible," I replied.

"Things are not always what they seem," he said. "Let us speak of this matter a little, and I think you will soon see that the door of possibility is at least standing ajar, if not wide open.

To begin with, man is created in the image of God, which of course is in a spiritual rather than a physical sense, for God is spirit. This offshoot of, emanation from, or begotten of God which becomes man then, partakes of the characteristics of its source or origin. 'He that keepeth Israel shall neither slumber nor sleep,' and the mind is like its God – possesses the inherent quality of continuity of action or operation. On Earth the physical body is the organ through which the mind works, but being only capable of a limited amount of labour before weariness ensues a period of rest and recuperation becomes

necessary. The spirit is still willing, it is the flesh that is weak, so night has been ordained to meet the requirements of the body; but there is no night in heaven, simply because the spiritual part of man never wearies, therefore has no need to rest in the sense in which the body demands it. Now, as sleep is a state of unconsciousness impossible to attain in the immortal spirit, it is absolutely necessary that the latter shall be withdrawn in order that the body may secure the former, and since there is no physical restriction in the spirit-state, what more natural than that at such times the communion between kindred souls should be resumed?"

"What is the difference, then, between sleep and death?"

"Very little indeed, so far as leaving the body is concerned but in the case of the sleeper a provision is made for return, by means of the life-line, a bright electric hair-line, very similar to those you saw recently, by which a kind of telephonic communication between soul and body is maintained. So long as this line remains unbroken the soul has power to return, once snap it and the sleep becomes death. "

"How can each sleeper make sure of finding the desired friend?"

"There is provision made for that, as for everything else," he replied. "Just as there are localities adapted to every possible condition of the soul which has left the body, so there is a sleep-state – a boundary, or half-way condition – where these meetings take place. We will visit one of these rendezvous if you wish it."

"I should be delighted," I replied. "But do all sleepers come here?"

"There is nothing to prevent them doing so if they choose, and I have no doubt but that the great majority of mankind do."

"Then why is it that no one appears to know anything about it?"

"There are two reasons for this. I will take the one naturally existing first, because it is the one most easily explained. I have already indicated to you the reason why we are invisible to our friends on Earth, and they invisible to us. We each stand outside the gamut of the others' perceptive faculties and between us lies a gulf only to be spanned by sympathy. This same difficulty exists between the physical brain and its spiritual equivalent, preventing the translation of the memory of the higher into the lower condition. Still, the task is not at all a hopeless one; as I have said, the difficulty is natural, and therefore may be overcome; the sleep-state could then be pressed into service as a most important factor in the regeneration of the world."

"How?"

"By directing rather than repressing the natural tendencies to remember, which are to be found generally in children. If these could only be nurtured it would be impossible to estimate the advantage and consolation thereby secured by obliterating the idea of death. Let me suppose a case, by no means an uncommon one. An only and much-loved child dies when but two or three years old, but the mourning mother lives on for twenty, thirty, or perhaps forty years, her only hope being that she will meet her darling again in heaven.

"Now, the joy of their re-union will be altogether regulated by their mutual recognition of each other whenever that meeting happens. No intercourse has taken place during the long interval; the mother has continued to think of her baby-child, while the angel has but dim recollections of the girl-mother she knew in the long ago. But instead of these hopes being gratified the child beholds a strange woman, with face wrinkled with care, hair silvered, and form weakened and bowed, until she fails to recognise the parent she has waited for. What of the mother? In that woman 'beautiful in all the soul's expansion' is it possible she has regained her child? No! Indeed death did rob her, and there would be no power in heaven to make a restoration, if such were the facts of the case. Thank God they are not!

"Now just let us turn to the realities which exist and learn how much better God is in such cases than men imagine. When the child is brought here, the love-lines are attached, with which you have now grown familiar; but in this case there is a counteracting agent brought into action to prevent any undue influence being exercised until such time as the child is able to understand. This is accomplished by the guardian angel of the little one, who now becomes her instructor, nurse if you will, and part of whose duty consists in developing the love which at present maintains between her charge and its mother for no severance of love is ever permitted to take place on our side. This can only be effected by the sin of the mother placing her out of sympathy with the child. Here it is that the sweet ministry of the sleep-state comes in with its continued communion, which can laugh at death and at least one-third of the lives of parent and child are spent in each other's companionship, ignorant as the mother may be of the fact.

"The child, however, is satisfied, because her love is built up and strengthened, while the Earth experiences of the mother becomes valuable object-lessons which the guardian is ever careful to use in the education of her charge. Months pass by, and at length the still aching heart of the mother cries out 'Oh! If I could only see her in a dream, it would comfort me!' and she knows not that her prayer is the first vibration of her sleep-memory which all this time has been striving to translate itself into her waking hours; but so it is. The prayer awakens another hope:

Begotten by some deep-found faith  
in love's unknown mysterious bowers,  
Which feels omnipotent o'er death –  
Nor Earth, nor hell, restrains its powers.

God hears the prayer – He had heard and answered it, when He laid the foundations of the government of life – a few mornings later the mother awakens with a dim recollection that she has seen her child, and is consoled thereby. It was just her own darling. Of course it was, being the memory of one of her first interviews. Now the dreams will become more frequent, the child will grow, the sleeper's memory will become clearer, the communion more intelligent and rational, until, at the time of parting, the kiss will be the usual one with which a child is dismissed to school, given with the perfect consciousness that she will be home again at the appointed time."

"Why, Cushna!" I exclaimed, as he paused, "You will wipe away even the remembrance of death if you go on."

"If Jesus tried to do so and failed," he replied, "I can never hope to succeed. There are very few of his professed followers who appreciate the fact that he never in any single instance voluntarily used the word in relation to the change of states. 'She is not dead, but sleepeth'; and they laughed Him to scorn,



knowing that she was dead. 'Our friend, Lazarus, sleepeth, I go that I may awake him out of his sleep!' Death? – There is no death! It is swallowed up in victory since Jesus hath brought life and immortality to light. 'God is not the God of the dead but of the living. "'

"You said there was a second difficulty in the way of the universal knowledge of this sleep-life," I suggested.

"There is a second and unnatural obstacle in the way, and this is much more formidable than the one I have referred to. It is created and maintained by the Church, which could not possibly exist upon its present basis if the sleep-life were recognised, therefore the natural tendencies I have spoken of as existing in children have to be checked and crushed as wicked superstitions which are the work of the devil. These seeds sown in the young grow up and produce a harvest of bigotry almost insurmountable in the man. This is due to the position which the Church has gradually assumed, that it is:

*'Finished all that God has promised,'*

and therefore there is no further revelation to be made. This compels the preacher to drop the role of prophet, and assume the position of priest or lawyer; there is no counsel of God to proclaim, he has only a written law to enforce; no need for him to be in advance of his flock, leading like an Oriental shepherd; there are no new pastures now into which the sheep can be led. Instead he must play the English part and follow the sheep, who are more under the influence of dogma than of shepherd. The duty of the prophet is to stand upon the tower, watching for both the day-star and the enemy; but when the full day of creed has come, and there is nothing more to expect, what need to occupy the tower any longer? Now, let me apply these illustrations. The modern preacher is fitted for his position by a course of college or university education; in logic, classics, the theology of school-men, and the creed he is to expound; such is the lawyer.

"The prophet has always been selected entirely for his power to receive and transmit the new revelation which God declares to the world. 'Hear now My words,' says God, 'if there be a prophet among-you, I will make Myself known to him in a vision, and will speak unto him in a dream. 'Here is God's provision for a continual revelation, and the sleep-state is the university from which it shall be promulgated. The teachings of Jesus are in perfect harmony with the law of Moses in this matter – 'Take no thought how or what ye shall speak; for it shall be given you in that same hour what ye shall speak'; and Peter, on the day of Pentecost, urges the same Gospel truth:

"This is that which was spoken by the prophet Joel – 'And it shall come to pass in the last days, saith God, I will pour out My Spirit upon all flesh: and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams; and on My servants and on My handmaidens I will pour out in those days of My Spirit: and they shall prophesy.' It was in the sleep-state where God met Solomon and blessed him with His gift of wisdom; it was in a dream by night that Joseph was warned to flee into Egypt with the infant Christ; and in the same condition was told to get back again, for they who sought the life of the child were dead. What more need I say? The facts are plain; if the doors of the sleep-state are thrown open, a wider revelation will be given, which will carry away the creedal institutions of Earth, and the vocation of the priest will vanish."

"But surely you would not counsel men to put faith in the vagaries of every dream?"

"Certainly not, my friend; I think you have forgotten that I hinted at the necessity for encouraging and protecting the natural tendencies to be found in children. Like every other gift of God, this requires most careful development and education before it can become totally reliable in its operation."

"But how can a distinction be drawn between the true and the false?"

"That is not at all difficult to decide. In the Old Testament, when God first promised a prophet, He very carefully laid down a rule by which the true man should be known from the pretender: 'When a prophet speaketh in the name of the Lord, if the thing follow not, nor come to pass, that is the thing which the Lord hath not spoken, but the prophet hath spoken it presumptuously; thou shalt not be afraid of him.' Jesus confirms this rule when he says: 'By their fruits ye shall know them.' Confidence in a prophet would always be regulated by the value of previous utterances, while the standard of trial would always be the cross of Christ. This, however, is not the beginning. First of all, men have satisfactorily to establish the fact of such a revelation, and this must and can be pursued exactly on the same lines as the investigation of any other strange phenomenon in the domain of science. Once obtain an impartial and full enquiry into the evidence already available, and then immortality will be at once removed out of the region of belief and take its place before the world as a scientific demonstration. But in attempting to get this, all the thunders of ecclesiastical anathema are hurled against you because the establishment of this fact would be a necessary death-blow to their systems; and mankind are not yet free enough from superstition even to pursue such an enquiry which the Church pronounces to be one of the wiles of the devil."

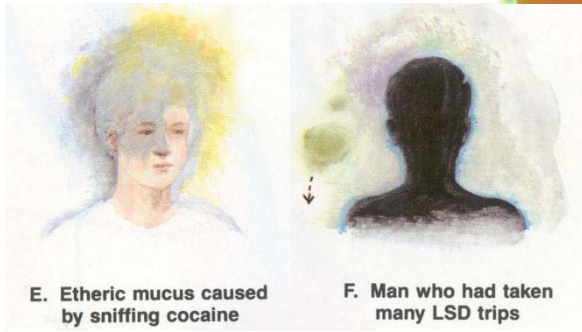
"What a boundless gospel you open to the vision!"

"This is the gospel, and is it not such a one as we might expect from a God of Love? It is the gospel lost in Eden; faintly seen and but dimly comprehended by patriarch and prophet of old; its day-break glories were sung by the angels in 'Peace on Earth, goodwill to men'; for a moment it shone with noon-day glory around the life of Christ; then the shadows of systematic theology began to obscure it, and the twilight has deepened into night, in the darkness of which men could scarcely recognise the Nazarene if they met him. I only tear away the clouds a thousands sects and creeds have conjured up to obscure the sun, and free from prejudice invite you to see 'what manner of love the Father hath bestowed upon us,' free from any of the limitations devised by man. But now that we have spoken so much of this phase of life, come and see it for yourself."

**Feelings first**

**You cannot manufacture your condition in the spirit world – you look exactly as you are, warts and all.**

**We can process our emotions here as in the spirit world. Our façade prevents this from happening – we are not seeing ourselves truthfully.**



E. Etheric mucus caused by sniffing cocaine

F. Man who had taken many LSD trips

Figure 11 – 2 Hands of Light  
Barbara Ann Brennan

mirror, mirror, on the wall... ooops!▲

**Within the spirit world, our clothing, which is part of our spirit body, is representative of our soul condition. Thus our outer garments are indicative of our soul condition, nothing is concealed or concealable. On Earth, you may look attractive, but in the spirit world, you show your true self.**

**Yes, there are mirrors in the spirit world.**

**It is harder to feel and experience your emotions when in the spirit world. There are many more experiences that open up to you when you enter the spirit world which distract and take you away from processing your emotions, such as becoming involved with your children while they live on Earth, this you can do 24/7.**



**Dark spirits, being those with poor soul conditions, are shrivelled up and with little energy to express their bad attitudes. The Law of Non-Interference prevents them from causing harm to other spirit people or to people in physical bodies. They are isolated within the dark Spheres of Disharmony.**



#### **UNLOVING PERSONALITY**

**Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is choked of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.**

#### **LOVING PERSONALITY**

**Spirit body mind is clear of man-made negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.**



**The SLEEP STATE – extract from "THE LIFE ELYSIAN."**

This extract is from the book "The Life Elysian" by R.J. Lees and it has a chapter on the sleep state:

**Chapter V**

**THE ANGEL OF DEATH**

There is order, sequence and purpose to be found in the after-life. This I have tried to emphasize in contrariety to the general idea that the regular employment of the soul in Heaven will be found in singing 'Holy, holy, holy' to the accompaniment of golden harps. Do not, however, rush to the other extreme and imagine that I would have you think that life in Heaven means nothing more than work, study and intellectual development. Such an idea would be equally erroneous.

The whole environment of the two conditions is so different that it becomes impossible to conceive what the higher will be while subject to the influences of the lower. If you fail to understand what this difficulty really is, let me ask you to try to form some true conception of a life free from all thought of time, weariness or financial troubles; then go on to abstract the possibility of disappointment, frustrated hope and ruined prospects; and still again freedom from scandal, misrepresentation and jealous intrigue. I might go on further simply with the negative aspects of this life, but these omissions, if you can realize what they mean, will be quite sufficient to indicate a Heaven to be devoutly wished for. But when we consider that beyond these things come the positive features of the rest – the reunions, rewards, enlarged powers and other aspects on which the soul has so long meditated, with the 'evermore' multitude of accessories which lie beyond all our anticipations, one has to give up and exclaim: "It is too high, I cannot attain to it!"

These enjoyments and employments, duties and recreations, ministries and pleasures are beautifully balanced and diversified.

Take away every taint of the disagreeable, increase to infinite proportions all that the heart desires, enlarge the noblest, purest love the Earth has known so as to include the whole race with the same self-sacrificing devotion hitherto proffered to the individual, and this realisation will bring you to the threshold of family life known where the whole family of Heaven and Earth are one.

Yes! Drop the book and think, but you cannot understand it. The ocean is larger than a tea-cup, and the atmosphere far greater than a toy balloon. So do the widest conceptions of Earth fail measure the resources of Paradise.

Still the life is love, joy, peace in all their full and God-like perfection.

This life is mine now – will be yours presently. But I would speak of it for your comfort and encouragement by the way.

Among the many pleasures of that cloudless happy land perhaps one of the sweetest is experienced at the announcement that addition is about to be made to the particular group of which one is a member;

and this, in common with all other features of our life, loses none of its piquancy or freshness by repetition.

Let me recall one of my earliest experiences of this kind.

Vaone and I had joined a large company in one of the numerous entrancing retreats to be found in our beautiful valley, where we were recounting the past, and tracing its clear connections with present, with ever and anon one of the old familiar hymns, sung by way of illustration, just as I might choose to describe the occasion by those well-known lines:

"There on a green and flowery mount  
Our weary souls shall sit,  
And with transporting joys recount  
The labours of our feet."

That perfect realization of more than I had been able, more than should have dared to anticipate, had I possessed the ability, was a very near ascent to Heaven.

All the toil, the care, the sorrow over, and each soul having recovered from the grinding weariness thereof, it was more than happiness to listen as one and then another travelled the road again, not with complaint and murmuring, but finding in every step the needs-be and divine guidance towards the present goal. It was more than meat and drink to me to hear those testimonies from the lips of men and women who had entered the inheritance from such highways and by-ways of sorrow, and hear the unanimous confession that fell from every lip that 'in all their afflictions He was afflicted, and the angel of His presence saved them; in His love and in His pity He redeemed them; and He bare them and carried them all the days of old.'

Oh, those afterthoughts, those faithful and true lights of Paradise! How the soul thrills under the reveling beams! How the heart grieves for the blindness and ignorance of the days that are past!

As I listened to all this, my enraptured soul soared aloft near to what I imagined Heaven itself must really be.

Suddenly it seemed as if the temperature had been raised, and with this came a perceptible thrill of added pleasure. It occurred at a moment of silence, and evoked an exclamation of delight from the whole assembly.

I turned to Vaone and asked: "What is it?"

"We are to have an addition to our family," she replied.

"When and whom?" I inquired.

"That we shall know presently." Then she went on to explain that the intimation was received so soon as it was known which group the newly-coming soul would be attached to, and was further explaining

matters when Arvez arrived with the information that our new member was a boy known to several of our group.

"And not altogether a stranger to yourself," he said to me by way of conclusion.

"Who may it be?" I asked.

"You remember the little fellow I took from the College?"

"Limpy Jack. Yes. "

"Do you also remember his friend, who promised to look after him until his transition?"

"Yes, perfectly."

"It is he. I am now going to the College to bring him here. Will you join me?"

"I shall be delighted."

There was no necessity for further announcement to the community. The general process of such events is thoroughly understood, and as we set out upon our errand the assembly proceeded to make the necessary preparation for the boy's welcome.

"Well, and have you reached the end of your surprises?" asked Arvez as we went on our way.

"I think that is one of the few impossibilities of this life," I replied.

"You will do well to school yourself to the idea that surprises are part of the natural phenomena of this condition," he answered. "God is necessarily so far beyond all our conception that we must ever be filled with wonder and awe at His continually unfolding manifestations. He is a long way past our finding out, my brother, and therefore must ever be surprising us.

"Even yourself?"

"Ah, Aphraar! Not only me, but I doubt not the angel who stands nearest to Him is also equally surprised with ourselves.

I think Myhanene is not far wrong when he says 'God is *evermore* past finding out!'

"Then how can we know Him?"

"By growing like Him; and the nearer we draw the more we shall know."

"But if the greater knowledge only reveals how unknowable He is, what then?"

"We shall still be more like Him, and that will have to suffice."

Unable to pursue this inquiry further, I turned to the object of my companion's mission.

"Is the boy you seek coming over at once?" I asked.

"No. I am bringing him on his preparatory visit."

"Is he ill?"

"I think not; but our instructions are never detailed. I shall learn more from the lad himself."

"Is he aware of your coming?"

"No. These visits are never foreknown."

"Do you remember how disappointed he was when you took, little Jack away?"

"Yes; and I have seen it repeated on several occasions since then. Poor little fellow, his life has been a singularly sad one, I believe."

"I wish we could bring them all away," I answered as I thought of the coming disappointment of many and the happiness of but one.

"And so do I, if by so doing that particular phase of life could be eliminated; but as the world is constituted at present, the whole colony at 'The College' could be removed and not be missed."

"Does not that thought sometimes dishearten you in your work?"

"No. Why should it? So long as the wrong creating such suffering exists, it is above all things necessary that we should be constant in our ministry to the sufferers. If we were to fail, where would be their hope?"

As we talked we crossed the boundary between the spiritual and sleep states, and for the first time I became aware of the demarcation; the light toned away into twilight, and in the lower region there was a feeling of rawness in the air not altogether pleasant.

Here we met a fellow-servant of Arvez's acting as guide to a lady who evidently yielded but a reluctant obedience to the command laid upon her. My friend saw this in a moment, and with true brotherly sympathy stopped to speak to them.

"Life's harvest ripens early for my sister," he remarked cheerily in his greeting.

"Too early – too early by far," she responded tearfully. "For love's sake hear me on behalf of my child! I cannot leave him at his birth. Spare me for his sake; or if not, let him come with me."

"The love of God is greater and more tender even than that of a mother," replied Arvez. "Whatever is best He will certainly, ordain. Fear not, He is with thee, and all must be well."



"But God is so far away. Did He not give me my darling? Why, then, should He wish to take me away?"

"Because He sees and understands where we are blind and ignorant. He makes no mistakes, and whatever happens must be well for both of you."

"It will not be well if I am compelled to leave my child. No, no! I cannot come! Please do not ask me!"

"I make no request, my sister," replied her escort, "but they who watch as the eyes of the Lord have foreseen the weakness of the flesh and know that you will be thrust away. It is the body that will discard you; I have been sent to lead you to a place of rest, where you may presently gain strength to return and be even more to your child than if you had remained. You do not know God or you would trust Him; but I will lead you to one who will show you what He is, and ere you part from your child you will be content to leave him as God determines."

"I was left as you fear your little one will be left," I said, if perhaps my words might comfort her.

"Left without a mother's love and care?" she asked.

"Yes. She died as I was born. I never knew her until I met her here, and all my life was a sorrow for my loss. But it was better so."

"Better to lose her?"

"Yes. Far better. I know it now, and both of us thank God for the loss I mourned for forty years."

"Can I see your mother?" she inquired.

"Yes," Arvez replied; "you shall be brought together if you wish it. But where you go you will find a company who have had similar experiences, from whom you will learn how tenderly and wisely God deals with all His children. They will show you how groundless are all your fears of separation, and make known to you the love of God in a hundred ways you little suspect at present."

"And may I go back to my little one again?"

"Yes. You will return several times. So long as the body will receive you, you will be at liberty to go and come. In the meantime you will get to know the new friends to whom I am about to introduce you," said her companion, "that when you finally come away it may be without regret or fear."

"Without regret or fear – are you sure of that?" she queried.

"None but the souls of criminals, anxious to escape from the justice of their sins, either regret or fear to enter upon this life," he replied; "and of such you are not, or I should not be sent to bring you hither."

During this ministry of consolation the rebellious sister was quietly carried across the boundary line into the higher state where the native assurances of God's great and never-failing love were added to the

arguments employed to secure her submission to the inevitable. So far it was the most painful case I had yet encountered of the resentment often shown by professing Christians at the intimation that the time of their departure is at hand. That summons is a genuine test of the soul's true conception of God and Christ, and a very suggestive revelation as to the actual reality of their religion may be gained by watching the effect as the death messenger first declares the purpose of his coming. It is an easy matter under the influence of an emotional discourse on the entrancing glories of the heavenly hope to join tunefully with a thousand voices and sing:

"Filled with delight, my raptured soul  
Can here no longer stay:  
Though Jordan's waves around me roll  
Fearless I'd launch away."

But after the benediction, after the congregation has dispersed, and in the silent watches of the night the soul stands alone in the presence of the messenger of death; when the emotion is over and grim reality has taken the place of poetry; when a compliance with profession is demanded; when the Earth begins to quake and slip away – ah! then is the time to see the sustaining power of religion; then the true grip of godliness is tested, and a surface faith gives place to a paralysing dread.

The foolish virgins are far more numerous than the wise when the cry goes forth to meet the Bridegroom.

The incident gave me food for reflection, and when the poignancy of the grief was over, I turned away to continue my journey to 'The College,' lest my sympathy and concern might interfere with the ministry of Arvez and his friend.

Just a word here as to how we find our way to the friend we seek in Paradise, or to any otherwise unknown destination. The difficulties and annoyances of such an Earth expedition no longer exist with us, but granted that the goal is not beyond our spiritual power to reach or we have a legitimate commission to execute, our wish becomes the vehicle of transit, and either by sudden flight or more leisurely passage we go direct to our destination.

So I passed from the presence of my companions to 'The College,' where I knew Arvez would join me presently. As I did so my mind was busy with the thought of the contrast I should there witness with the scene I had just left – the reluctance of a professing Christian to leave the Earth compared with the keen, anxious desire of a city Arab to do so. There was no speculation in my forecast of this. I had been present several times on similar occasions and was by now familiar with the scene of eager anxiety I should see consequent upon the appearance of Arvez. Some few of the lads present would quietly retire, because all the fair advantages of Earth were at their disposal, but by far the larger number would give him welcome, and eagerly press forward in the hope that the choice of Arvez might fall upon themselves. How I wish the whole, Earth might witness the joy of those homeless waifs and strays in, the presence of

#### **THE ANGEL OF DEATH.**

"I stood in the room with the children –  
The play-room they use in their sleep,  
Where the souls of the fortunate mingle

With less favoured children, who weep;  
 The sleep-room, the joy-room, the dear Lord has given  
 Just half-way between this Earth and God's heaven.  
 The children were children – that only;  
 While there all were rich – none poor;  
 The prince and the outcast were equal  
 Till an angel stood at the door:  
 The outcast, man's outcast, cried greeting 'All Hail!'  
 But the rich ones shrank back all fearsome and pale.  
 The lads of the street rushed towards him;  
 'Is it I? is it I?' each cried;  
 But the favoured of Earth were more silent,  
 Contented were they to abide.  
 The angel – God's angel, looked round, sweetly smile –  
 He wanted an angel – had come for a child.  
 'Take me, Mister Angel; please take me;'  
 'No no, me! – Ain't it my turn now?'  
 They all crowded round – all were eager to go  
 With him of the iron-crowned brow,  
 That angel – God's angel; who is he, I pray?  
 'Tis the angel of death – the angel of day."

Not a few of the lads knew me, some even connected my presence with Arvez, and asked me eagerly if he were coming; but since it was not for me to make any announcement, I evaded an answer, and looked around for him in whom I felt a particular interest. I soon had my wish, and patting the little fellow on the head inquired whether his friend Jack had faithfully kept the promise I heard him make to visit 'The College' and speak to them of his new life.

He looked into my face with a quick resentful glance. He was too loyal to his friend to tolerate even the suspicion of a doubt.

"Why, a cors' he did," he answered. "Doan 'e come 'ere a'most ev'ry night?" Then, with an unstudied touch of genuine feeling, he added, "I on 'y wish 'e 'adn't got to come 'ere agen!"

"Why so? Don't you like to see him now?"

"Yes, that's it. I want ter go to 'im – be wi' 'im, live wi' 'im, an' never go back agen. But I doan think as ever that angel-cove means ter come for me. "

"But he must come sometime," I replied, more than half inclined to satisfy his longing by telling what I knew. "You must try to be brave while you wait. Perhaps he will not be so long as you imagine. "

At that instant the portière was thrown aside, and Arvez entered, to the wild delight of the majority of the lads. The general rush towards him reminded me of nothing so much as the headlong scamper of children at a school-treat to reach the distribution of nuts or prizes.

My little friend took matters more philosophically than usual, and remained quietly by my side. Perhaps the continual disappointment of his hopes was telling upon him, or it may be our conversation had produced the effect. Whatever it was, he watched the others crowd around Arvez as he said:

"I wonder who 'e's goin' to tek now? But there's no such luck as it's bein' me."

Arvez was gently making his way through the clamouring crowd, patting one on the head, kissing another, and speaking a kindly word to a third.

Think of it. He was an angel with the summons, of death, and every lad around him was anxious to accept delivery, for himself. Think of it, I say, ye whose lives are clouded with a sense of dread at the thought of death! The children love him, are disappointed when he passes by them, holding out their hands eagerly in the hope that he comes for them. He who is loved by a child cannot be altogether bad. Then there is something good in death.

"'E is comin' ter you!" said my companion as Arvez continued to make his way towards us.

The remark called for no reply, nor could I trust myself to speak and keep the secret. So I looked away smiling at the scene.

"Well I'm blowed! Doan 'e want anybody?" queried my friend, who by this time was not a little excited. Then he added somewhat resignedly – "Oh, I know! 'E wants somebody what isn't 'ere."

Arvez had reached us by this time, and we were the centre of the excited children.

"Are you tired of waiting for me, Dandy?" he inquired, gently laying his hand upon the lad's head. The little haggard face flushed with the sudden hope that flashed upon him.

"But it ain't me yer come for, is it, Angel?"

Arvez answered by lifting the little fellow into his arms and kissing him. There needed no other reply.

"I'm so glad!" said the lad, nestling his weary head on the angel's shoulder. "I only wish yer could take all the others as well."

Dear loving soul, even the first throb of his own great joy was tempered by regret that his less fortunate companions were not able to share it.

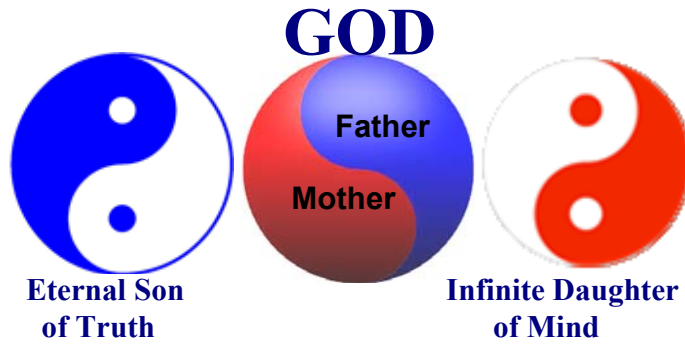
"I shall soon come back for them," said Arvez. "It is almost time for many, and the last will not be long."

Then followed the usual congratulations, requests, promises, and assurances I had heard so many times before, after which Arvez folded his charge upon his bosom and we took our leave.

**Contrary to common belief, there are no animals or fish in the spirit world that previously existed on Earth.**



**You think your appearance reflects your soul condition, but in the spirit world, the mask is removed, and ... oh dear!**



We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angels are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

**Feeling Healing with  
Divine Love is the key**



**to enter the  
Celestial Heavens.**

**The SLEEP STATE – extract from "THE LIFE ELYSIAN."**

This extract is from the book "The Life Elysian" by R.J. Lees and it has a portion of a chapter on the sleep state:

**Chapter VI**

**THE BONDAGE OF SIN**

I had been visiting the sleep state in company with Zecartus, who was executing a commission for Myhanene. The duty being discharged, we were leisurely returning and speaking of certain interesting features of our visit, when I was seized with a curious desire to remain. There was no decisive reason for this, so far as, I could understand, and in the uncertainty I referred the matter to my friend.

He paused for an instant and listened as one who caught faint sounds from a distance. Then having satisfied himself, replied:

"Someone is trying to find you, but his sympathy is so feeble he is unable to reach you of himself."

"Who is it?" I inquired.

"I cannot say for the instant, but the connection is being established by which I shall be able to find out. Yes. It is your father."

"My father!" I exclaimed. "You are right, Zecartus, there, is such slight sympathy between us that I almost wonder he should remember me."

"It is not a matter of great importance upon which he wishes to see you, or, apart from his estrangement, his wish would have, reached you in more definite form. Will you answer it?"

"Certainly I will. Where is he? How shall we reach him?"

"His call and desire are very half-hearted. It is one of those cases frequently to be met with, where the higher nature recognizes an offence which will penalize the soul, and presses on the lower nature the advisability of submission. The man is at war with, himself, the Earth-side being strong in resentment, but the spiritual struggles for the victory. Here cautious action on our part is necessary, that the higher nature may be encouraged and supported without the lower finding any occasion for vaunting itself."

"I scarcely understand you."

"Perhaps not; your experience of this sleep-state conflict between the two natures is not yet a very large one. It is a condition in which a man is truly divided against himself, and the issue has to be left almost entirely to his own free will. We may extend some slight assistance where the will is definitely in favour of improvement, and the weight of character too heavy for the better resolution. Sin, however, is both crafty and cunning, and though it may lose in a present struggle, will find occasion, if possible, to retaliate, and by taunting insinuations afterwards accomplish more than had been lost. It is for this

reason that caution is necessary, and until we understand your father better, I should advise that we simply ascertain the locality he visits, then allow him to find us rather than that we go straight to him."

"I will take your counsel. Please act for me as you deem best."

With his greater knowledge and wider resources my friend quickly grasped the situation, and we were soon as near to my father as Zecartus deemed advisable.

"You may now send an answering thought to his wish to see you," said my counsellor; "it will readily reach him, and by his quick or tardy response we shall be able to ascertain how the struggle goes."

I did as desired, and as the thought envelope sped towards its destination I found in what direction I might look for my visitor's approach.

Someone will wish to ask with what feelings I anticipated the meeting in the light of what has been said concerning the change of relationship. I reply that my use of the paternal appellation is solely for the sake of convenience; and would again call to remembrance that the kinship of souls is one of sympathy – blood is nonexistent in Paradise – and the closeness of the bond is determined by the strength and purity of the affection. In the present instance the wish for an interview came to me in such marked and blurred indecision that had it not been for the assistance of Zecartus I should have failed to read it. Under these circumstances I was unable to look forward to our meeting with any great amount of pleasure. I would it had been otherwise, and my response to the request for an interview was largely in the hope that something might result to his spiritual benefit and uplifting.

"He does not run to meet you," my companion remarked as the reply to my intimation tarried.

"That is one of the last things I should expect," I answered.

"But you must not estimate any man's sleep condition by what you know of his Earth life. <sup>1</sup> Experience teaches me that most unexpected combinations are rather the rule than otherwise here. In the body the full force of the lower passions may have unrestricted control, but in this temporary discarnate state unsuspected spiritual qualities may rise into operation, and with the assistance of some little outside influence gain so great an ascendancy as to gradually overcome the despotism of the flesh. I always hope to find these latent signs upon which to work, and if I may be so successful in this instance our visit may possibly be rewarded with most welcome results."

"God grant it may be so," I replied fervently, "and that even beyond your own generous anticipation. But that will soon be known now, for yonder he comes."

My companion had already established a recognition, for I noticed his closely-knit brow, indicative of the exercise of his marvellous power of analysing and dissecting character, the result of which I should have to wait for, he being singularly uncommunicative at such times. For myself, I was assured, by familiar indications, that my father was not in his easiest and most affable mood, but that might be due to the presence of two companions who appeared doubtfully welcome, but pressing in their attentions. I moved to meet them, hoping a cheery greeting would dispel the cloud, but Zecartus restrained me.



"Wisdom counsels your patience," he said. "If you would help him you must not speak first."

I did not understand why this should be so, but as there was no time for explanations, I yielded to his wish.

The three were passing by this time, my father walking between the two, who were intent on keeping his attention. I had perceived no indication of his consciousness of my presence, and concluded that he would pass without speaking, when politely laying one hand apologetically upon the arm of each friend, he coolly stepped back and towards me.

"Frederic," he said with his usual punctilious formality and composure, as if we had parted company only half an hour previously, "I am not sorry to meet you again, since I sometimes think you and I did not altogether understand each other. I may, perhaps, have been a trifle too exacting – mark me, I don't say I was, but I may, have been – and you were always so unpardonably obdurate. Still, I am willing to try and forget your conduct, as you are dead, and would like to think that you have accepted my apologies if you imagine that any are due."

"Whatever has been doubtful or undesirable between us, sir, think will be far better mutually forgotten and forgiven, than recalled and explained. That is what I desire, and if you will consent I shall be more than satisfied."

"Certainly – certainly! Then we will consider everything in the past as amicably settled. But, mind me, I make no admission of culpability on my part; I simply wish to show my generosity, towards your stubborn and intolerable defiance of my wishes. I only apologize as an evidence of that generosity, should your highy-tightyness carry your conscience so far as to consider I have committed any offence."

"I have made no such accusation, sir, nor have any desire to do so."

"But you insinuate that you could do so."

"Indeed! I have no wish to insinuate anything. I express no opinion whatever as to whether there is anything to be forgiven between us or not, but if you think there may possibly be such, I am as freely willing to forget and forgive as I hope to be forgiven."

"Very well. Let that suffice. I am also willing to forgive all your many shortcomings and offences." Then he added with a very genuine touch of regret, "But it troubles me to think I shall forget all this when I wake up."

Why should this thought trouble him if there was no consciousness of culpability? In the reply to this question lies the weighty lesson of my illustration. I record it as read by the trained eyes of Zecartus the natural first-fruits of my father's sin.

His life commenced with a fair heritage of natural gifts. To make his way in the world he had a resolute will, clear foresight, an intuitive sense of an advantage, with energy and promptitude to secure it. Such was his equipment, together with the responsibility for its right or wrong employment.

He rapidly established a reputation for being a cool, shrewd, clearheaded and reliable man of business, with a discreet reserve and a faculty for probing and exploiting others, without allowing himself or his business to be known.

It is only when he became the head of a household that we are able to form any definite idea of the way his character unfolded from the evidence of results produced. At that time he laid it down as an inflexible rule that the obligations of wife and children were comprised in absolute and immediate obedience; and the duties of husband and father were to govern, protect, educate with a firm hand. His attitude towards the rest of humanity was somewhat similar, tempered, of course, as necessity compelled.

The germ of this was not far to seek. At the outset he fell into the error I have already mentioned – of condoning in self that which he would reprobate in others. It is the one weakness to which the flesh is more prone, perhaps, than any other – so natural in its inception, but fearfully fatal in its result. It is a trait of character far too frequently admired in the social and commercial world, and not looked upon with the disfavour it merits among professors of religion. If a man is successful, strong, and able to conform to certain elastic requisitions, society and religion are quite willing not to be too inquisitive into details.

But behind all this; when character alone is the accepted standard, and the soul finds its place by the law of spiritual attraction! Here the process of selection is entirely reversed. Superficial appearances are valueless. Inherent qualities now take rank, and fair exteriors are stripped off that the heart of the life may be inspected. It is a searching ordeal, automatic and mechanical. There is no bribery, no favouritism, no mistake, no inadvertence, no possible escape! True character is brought into legitimate and natural prominence, and working back from the result, the whole course of development is laid open until the source from which it springs is plainly visible.

This source in my father's case was but a trivial matter – first wrongs are seldom great – but it placed a preferential and deliberate division between Self and others. The trend of relationship between the two was henceforth oblique rather than vertical, and the estrangement widened as growth went on.

With the first deflection from rectitude the soul also loses its true sense of uprightness, and the future estimate of morality will be always along the line of its own procedure. Having eyes to see, it fails to see or understand, because the divine standard has been supplanted. It has deliberately chosen the evil and forsaken the good; it is therefore left alone to the consequences.

Am I making too much of a trifling error? How strange, when I was suspected of treating sin too leniently!

The estimate of the soul's value according to Christ is greater than that of the whole world. If this is so, will not the balances of its exchange be made to turn upon a diamond point? The mustard-tree is potential in the mustard-seed, so also is hell potential in the expansion of a single act deliberately performed.

This is what Zecartus saw written legibly upon the soul of my father, and in the expressed regret that the memory of my forgiveness would be lost in his waking, my friend found an opportunity to intervene and perhaps open a way of escape.

"If you will permit me," he volunteered, "I think it possible I might help you to remember."

"And who, sir, may you be, that I should place myself under your unknown control?"

"Zecartus is able to do all he offers, I am convinced," I replied, "and if you are honest in your wish to remember what has passed between us -"

"Honest! What do you mean, sir? It is late in the day, and things are reaching a pretty pass when my own son doubts my honesty."

"I did not doubt you, and regret using the word. I should have said if you desire to remember."

"That is better; but for you to doubt my honesty would be a liberty I could never pardon. Now, sir," turning to Zecartus, "on my son's guarantee I am willing to accept your assistance. How shall we proceed?"

"We will return with you when you awake."

"That will not be for the present," he replied. "I have other matters to attend to first. Where shall I see you?"

"You will find us on the way when you return."

With that understanding he left us, and Zecartus made me acquainted with the facts I have referred to above.

We had left the sleep state behind<sup>2</sup>, and were close to my old home before my father rejoined us.

"Don't you find it somewhat chilly?" he inquired, with more affability than he had yet displayed, and as he spoke he added a sympathetic shiver to the query.

"The Earth temperature always strikes me as being so," replied my companion. "I do not notice it to be more so than usual."

"I do – and much more so than usual."

"I am glad to hear you say so. It indicates a degree of spiritual sensitiveness for which I am most sincerely thankful."

"Now no preaching, young man; no preaching if you are to go with me. I hate preaching and canting talk as I hate the Devil."

"Your wish shall be respected. I will confine my endeavours to helping you to remember that whatever may have passed between yourself and son has been fully and freely forgiven on both sides."

"That is, if my son considers there is anything on his part to forgive, which – mind you – I don't admit."

"So I understand; though it would be a thousand times better for you if you did admit it. But, here we are. Now, as you retake possession of your body make a firm resolve to remember all that has passed, and I will do my best to assist you."

By this time the spiritual was gradually being absorbed into the natural body in the process of waking, and Zecartus surrounded both with a sympathetic atmosphere in the effort he had promised. The body turned, stretched, and then my father started up exclaiming:

"Eh! What? Remember what?"

It was easy to see the experiment had failed. He had simply awakened from a troubled dream, the purport of which had been lost. Too closely associated with Earth and its material interests, he could not, not, at will, retain spiritual memories, even with the help at his disposal.

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This portion is particularly interesting, in that it covers the issue of trying to recall what happened, and there is a suggestion that the more spiritual a person, the greater their chance of some recall.

<sup>1</sup> There is also a mention here of the difference in behaviour in the sleep state as compared with the wake condition, and the point is made that a person may behave more spiritually, rather than less, in the sleep state.

<sup>2</sup> This infers that the "sleep state" has a defined locality. That is the subject of another extract, from a different source.

<p><b>Our Heavenly Parents simply desire for us to ask for Their Love.</b></p>
--

**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracing of the Feeling Healing process with Divine Love.**

See, talk to, and hear spirits as if it is just like you and me in conversation, this is possible in the immediate future.



A lot of the spirits within the 6<sup>th</sup> sphere know every part of your physiology of your body. They can open or close parts of you so that you can think certain thoughts or not think certain thoughts that cause you not to experience certain emotions.

For when you are a channel for spirits, your ectoplasm is being used to modify the person to make these changes to their body, those spirits can make those changes to the body. The question comes, is the person aware of what is happening to them and do they care about what is happening to them and are they aware that it is happening to them without their will being involved? This causes the person to detune from the emotion, so they think they no longer have the emotion, but it is still in their soul, and still needs to be experienced. It is the oneness blesser's ectoplasm being used to modify the person to help to connect emotionally.



This is one of many photos that Almine has showing spirit energies.

29 Nov 11

I have moved on to the third book of RJ Lees – "The Gate of Heaven" and have created a web page of the diagram found at the beginning of that book, which very clearly shows the sleep state as occurring in a physically different location from the Spheres.

I would not suggest that this diagram is absolutely accurate, merely that it serves a purpose to illustrate some locations in the next realm.

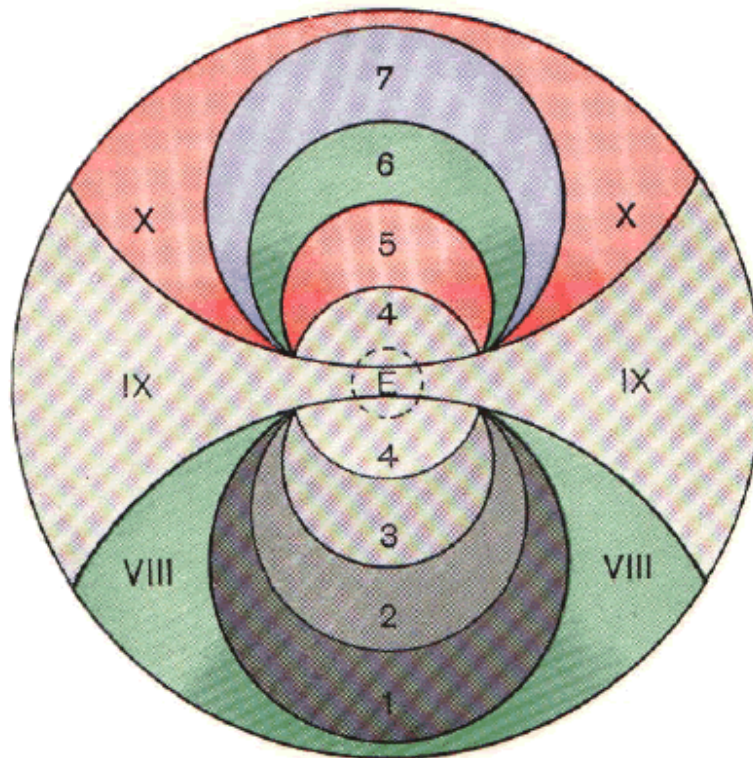
<https://new-birth.net/life-after-death/the-sleep-state-extract-from-the-gate-of-heaven2/>

love, Geoff Who is far from finished with this topic.

### The Sleep State – extract from "The Gate of Heaven."

This extract is from the book "The Gate of Heaven" by R.J. Lees and it has a diagram of the spirit spheres, and illustrates that the sleep state also has a specific locality.

#### THE HEAVEN and EARTH SECTIONAL DIAGRAM



## EXPLANATION OF THE DIAGRAM

The outer circle indicates the position of the Psychic Sphere. The ‘firmament’ or heaven of Gen. i, 8. This, as described in the following pages, embraces every provision for the reception and maturing of the newly-born soul until it reaches the Spiritual condition of a son of God.

**E.** The Earth. Its position in the Physical indicated by the dotted circle.

**I-VII.** The Seven Spheres, or Intermediate State. The Schoolroom where the youth of the soul is passed in Spiritual preparation.

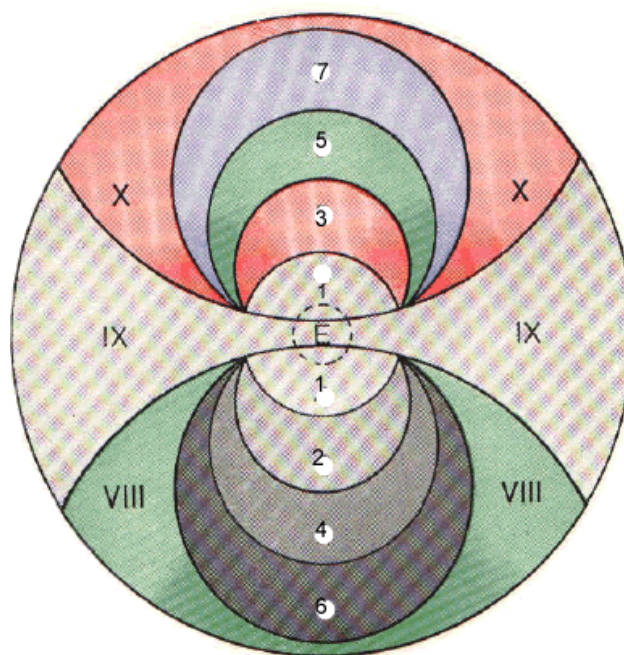
**VIII.** The location of the uncultured, or “nations that forget God,” in which they are suitably instructed and prepared.

**IX.** The Sleep State, where the sleep-life is spent by all mankind in communion with the departed. (Job xxxiii, 14-18.)

**X.** The Great Nursery, where children who pass away prior to birth, or before they “know to refuse the evil, and choose the good” (Isa. vii, 16), are developed and educated. –

This diagram is interesting, but I would caution about assuming any large degree of accuracy concerning it. But it does very clearly suggest that "sleepers" interact in a very specific location.

Considering this diagram, I have had a few thoughts. Firstly, it's interesting that all this is in a sphere. Secondly, this layout leads itself directly to the point made in the Padgett Messages that there are Divine Love spheres, and Natural Love Spheres. Thirdly it does not feel right that the fourth sphere would be closest to Earth. Without really knowing if I am right, this is how I would see it:



**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups

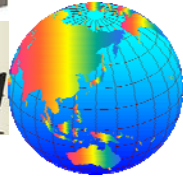


Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!





**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**After the HAND OVER!**

**Divine Love progress is to infinity**

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

**Natural Love peak is 1,000 on MoC**

Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 840 – 1,000

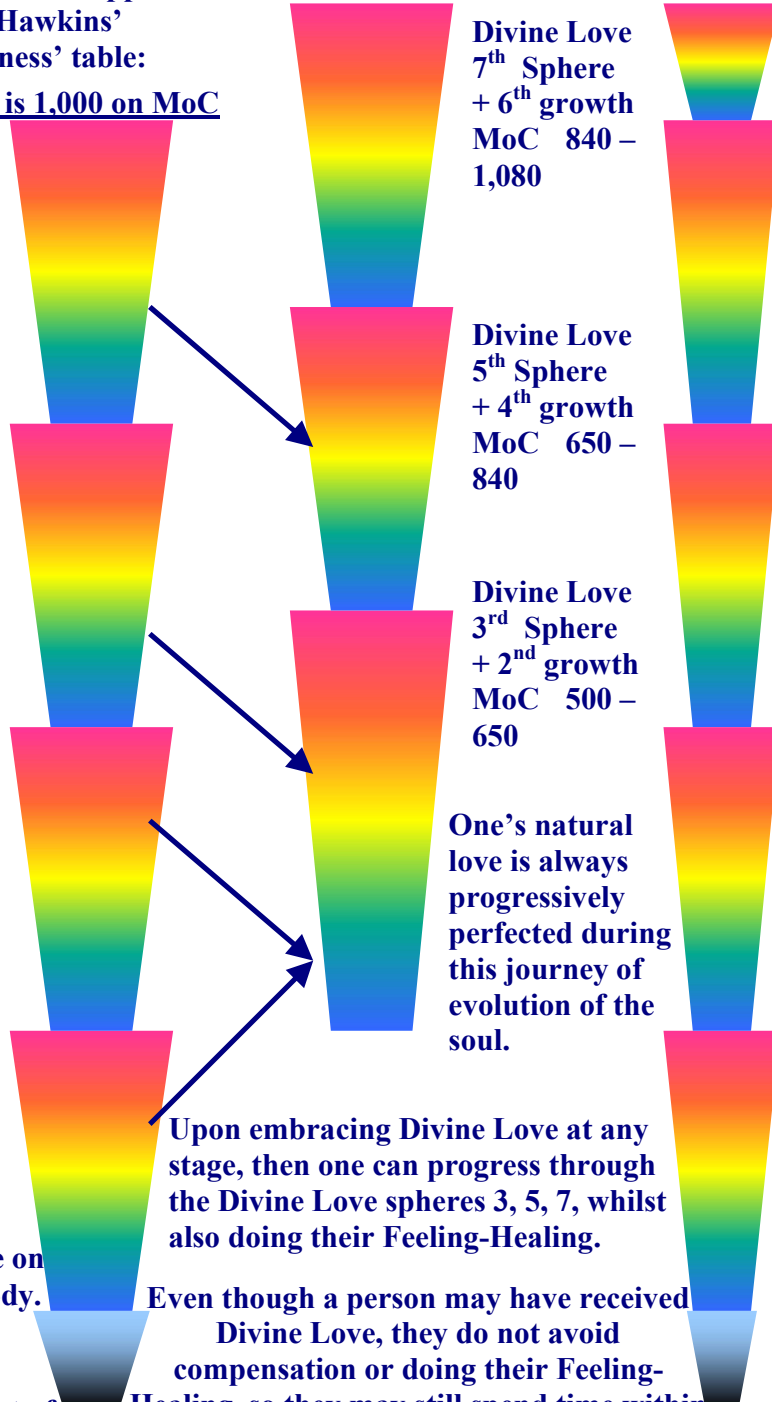
Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 650 – 840

Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Minds  
Worlds with  
Feeling Healing  
MoC 500 – 650

Natural Love  
1<sup>st</sup> Sphere  
  
MoC 200 – 500

We all enter the 1<sup>st</sup> natural love sphere on the death of our body.

HELL planes:  
MoC 1 – 200  
Hells being a sub-set of 2 Spheres of Disharmony.



Divine Love  
7<sup>th</sup> Sphere  
+ 6<sup>th</sup> growth  
MoC 840 – 1,080

Divine Love  
5<sup>th</sup> Sphere  
+ 4<sup>th</sup> growth  
MoC 650 – 840

Divine Love  
3<sup>rd</sup> Sphere  
+ 2<sup>nd</sup> growth  
MoC 500 – 650

One's natural love is always progressively perfected during this journey of evolution of the soul.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:

Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6<sup>th</sup> Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 5<sup>th</sup> Divine Love Sphere.

Then they may prepare to enter the Celestial Heaven Spheres from there.

This pathway is when the Divine Love is unavailable before perfecting one's soul.



**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

**Soul spheres  
are not  
numbered.**

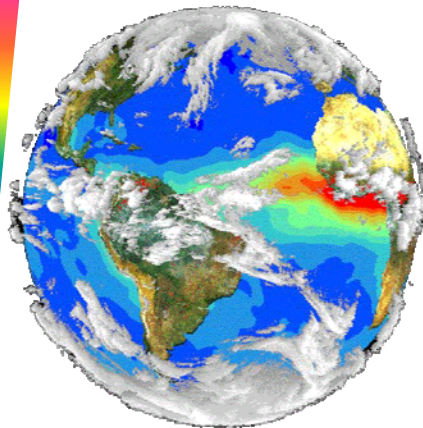
**Soul spheres  
are to:**



**The New Birth = Become at one with God: sphere 8**

**Peak Sphere =**

**NATURAL  
LOVE  
SPHERES**



**7**

**5**

**3**

**DIVINE  
LOVE  
SPHERES**

**Earth sphere is for  
the physical body.**

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality** **The New Way**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father**; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

## FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

# Heartfelt TRUTH



## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

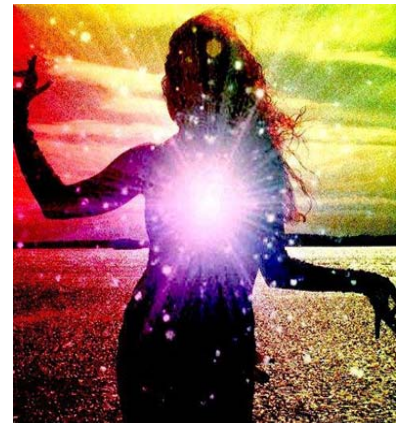
## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
It embraces all people.

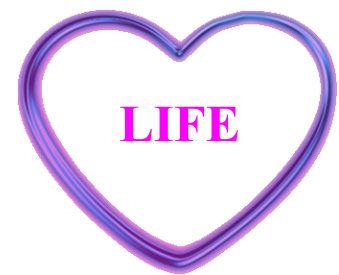
It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**

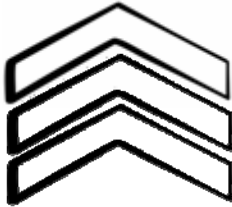


my  
**House** is your  
**Paradise**  

**HOME**

**Celestial Truth:**

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.

**The CHOICE is OURS to MAKE:****THE FEELING WAY**

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.

**THE MIND WAY**

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**



**JAMES** PADGETT **REVELATIONS** 1 Commenced 1914  
 MONCRIEF 2 Completed 2014



**1** Divine Love addresses the issues of the Rebellion.

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father's way of loving us into love and then we live what we are, love.



**2** Feeling Healing addresses the issues of the Default.

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.



## **FEELING HEALING and the EFFECTIVENESS of EMOTIONAL PROCESSING:**

Hi James and Nanna Beth (questions in blue by John)

Thursday, 13 July 2017

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one the initially focuses on Healing oneself of all one's wrongness.

**Why have all other methods of releasing and delving into emotions not been successful?**

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

#### Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

#### Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to

effectively take a pill so it all goes away, just like what the ‘Divine Love people’ hope the Divine Love will do for them, but it’s not to uncover the whole truth of themselves. We have to see the truth of our pain, why we’re in it, how it all came about, so what really went on in all our early relationships. It’s not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems will help one see such truth of one’s pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you’ll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don’t love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

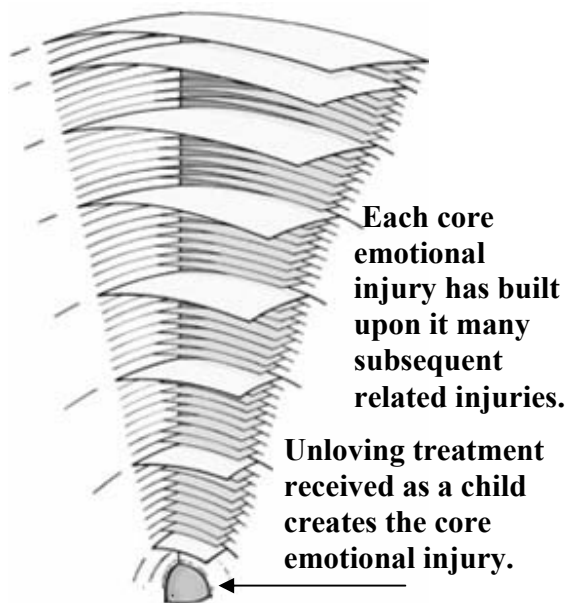
So to summarise: We all have to see the truth of our unlovingness. We can’t avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we’ve done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you’ll remain in rebellion against yourself, you’ll continue to be unloving.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

**LONG to KNOW the TRUTH of EACH INITIAL CHILDHOOD EMOTIONAL INJURY:**

**All emotional processing work address only the top layers over the core childhood repressed injury. None of the modalities reach down to the mother injury, the core of the suppression, thus what relief from such processes is only superficial and at best temporary. Yes, they do identify the underlying cause of the pain and illness, thus this assists in addressing the physical health issues at hand. However, we need to go further, much further.**

**To heal oneself is to simply look to see what feelings we are refusing ourselves to feel, and accept them instead of denying them. And to fully accept them, we need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.**



**Admit you are feeling bad. Accept your bad feelings, identify what they are. Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings? We must always reach to the core issue, that which occurred during our Childhood.**

**Any emotion that you have within side yourself that you deny, will automatically attract spirits who are also denying the same emotion, and who want to use that emotion within you to express themselves. That means that those spirits are going to be of poor quality, they are going to be in quite poor condition of love. And so, as a medium, that if you deny emotions within side yourself, you don't own them and you don't feel them yourself, you will actually attract a lot of dark spirits around you and you will start to feel their emotions a lot, as if they are your emotions. You will start trying to clear things and in reality you are not clearing anything, because, in reality, it is just a spirit projecting the same emotion at you and you are just stuck in this emotion. So that is a problem with you emotional development.**

**But there is a flip side, and because you are a medium, there are a whole lot of higher spirits around you who can actually connect to you and help you deal with your emotions better.**



**The WONDERS, BENEFITS and BLESSINGS WROUGHT by the DIVINE LOVE of GOD.**

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-4/the-wonders-benefits-and-blessings-wrought-by-the-divine-love-of-god-vol-4-pg121/>

Received by: James Padgett Washington D.C.

June 8th, 1916.

I am here, your own Helen. Tonight everything seems favourable to my writing you my promised message, and I will try. Of course, you must expect to find some expressions of love in it, for I could not write you if I did not tell you how much I love you, and how happy I am when you love me and want me to be with you.

Well, sweetheart, I am now in the (same) Celestial Sphere with your grandmother, though not in as high a plane as she, and have not so much of the Divine Love as has she; yet my happiness is so great that I can hardly realize myself what it means, and it is impossible to tell you of the beauties of my home and surroundings. I have tried [when I was in a lower \(Celestial\) sphere](#) to describe to you my home, and I did it very inadequately, giving you only a glimpse of what it really was. And now, if you could increase that description a hundredfold, you would have no conception of the beauty and glory of my present home and the wonders that surround it.

I so often wish that you had words in your language that could be used to fully describe what this new home means to me, or even the one that I just left; but as you have not, you will have to be content with knowing that if you should take all the imagery of the Revelation and add to it the sum total of all the beautiful descriptions of places and homes and scenery that the whole range of your English literature contains, you would have but a faint idea of what really exists. And besides, the great increase in the Love that I possess and enjoy and the beautiful and loving and holy spirits whom I have for my companions, make this home of mine truly one of the mansions of the Kingdom of Heaven that Jesus referred to in the Bible; only the mansions that he there spoke of were not necessarily like the one that I have, for the mansions in the Celestial Heavens vary according to the soul development of their occupants.

I sometimes think that a very few years ago I was on Earth, without much soul development and very little knowledge of the things of God; and now I have that development and knowledge of those things that fit me for these glorious mansions of the Celestial Spheres. How wonderful it all is, and how I thank the Father for His goodness and mercy, and for having given to mankind such a loving and glorious saviour as Jesus.

And I do not forget that you had something to do with my starting on this [great journey of progress](#), for I remember that when I first came to you, things of the material were very attractive to me, and my appetites of Earth had not left me, and how when I displayed some of these desires for the material things you rebuked me, and tried to point the way to the higher things; although I know now that your advice came from your merely mental conceptions of what I should strive for, as at that time you had very little knowledge of the things of the soul and scarcely any soul development.

But your Christian training as a child, and the conceptions that had come to you from these instructions, taught you that in the spirit world there must be something higher and beyond the mere earthly conditions of men, where purer joy and happier lives might be found and lived; and your love for me

was such that you desired that I should find and possess these things, if possible. I have never forgotten what you then said to me, although at the time I thought you were unkind and not so anxious for my happiness. But long ago I had come to me the knowledge of the motive that actuated your advice, and much happiness has come to me from that knowledge and recollection. Only a little thought of love and an earnest desire on the part of the mortal for the spirit, when it is directed in the way of the soul's progress, sometimes work a greater result than the conquering of a city, for it means the salvation of a soul, which is of more value than all the cities of the Earth combined.

And while I am writing in this strain I wish to say that one of the greatest benefits or possessions that can come to a mortal is to have a mother or husband or wife in whose bosom glows the Divine Love of the Father, even though very faintly, for that little spark of love, to its own degree, makes that soul a part of the Divine essence of the Father's Love, and its influence upon the possessor causes an atmosphere of love and help to be felt by all who have the relationship to such possessor of a child or wife or husband. Christian instructions, though mixed with dogmas and creeds that may all be wrong, yet will benefit, as in them are some thoughts that may awaken the soul to a condition that will let in some portion of the higher Love, which will remain, though dormant, until the time comes when something will arouse the dormant Love to action and life.

And this benefit passes with the mortal to the spirit life, and the influence of the teachings, or rather the accompanying impressions of the Christian mother, etc., to help such a spirit to realize its true condition and to start on its progress to the attainment of the higher things of the soul. No wealth or riches or position that a mortal may inherit can possibly equal the influence of that one little spark in the Christian mother who possesses some portion of the Divine Love; and there is none so poor as the spirit who comes into the spirit world without any recollection of having, at some time in its Earth life, received in its soul the influence of that little spark.

So I say the man who has a Christian mother or wife who has, at some time in his Earth career, taught him to turn his thoughts to God and to pray, even though that man in afterlife forsakes such thoughts and prayers, is a very fortunate being; for in the spirit life he has with him the memories of his Earth life and nothing is lost; and among these memories will be the influence of his mother's teachings and his own prayers. And while he will have to satisfy the laws of compensation, yet these recollections of these thoughts and prayers will come to him sooner or later, and will help him in his progress to higher conditions. And you must remember, as has been often told you, that all souls will ultimately reach the planes of purification of their natural loves, or the glories of the spheres where only the Divine Love exists.

After I commenced to receive into my soul this Divine Love, I became very anxious to increase its possession and my progress was very rapid, as they tell me, and as I progressed from sphere to sphere, ever were there coming to me new wonders and great happiness and the disappearance of those things which belonged to my mortal life. No one who has not experienced this progress can understand what it means, and how the happiness increases and also the longings for more; and yet the astonishing fact is that notwithstanding these longings, the contentment of the spirit is perfect and no unhappiness, because of longings yet to be fulfilled, exists.

As you know, when I entered the spirit world I was met by your mother and others, and all fear or confusion that usually arises from the change which so-called death brings to the spirit left me, and, in

fact, never came to me, and I was as tenderly cared for as you can conceive of; and ever thereafter, while I could not go to the home of your mother, yet she and others were with me often enough to keep me from much darkness and suffering, though I did experience some darkness and suffering. But the influence of their love was with me, and they earnestly and lovingly told me of the Great Love of the Father, and how I might get it and become happy, and start on my upward progression. And your father came to me also, with his cheer and help, and showed me that upon myself, to a certain extent, depended my being able to get into the light. He was so good and kind to me that I loved him at once, although I had never seen him in Earth life.

And from all of this can you wonder that I did not remain very long in the lower planes? I tell you that the love and tenderness and influence of the beautiful and loving spirits who have some of God's Love in their souls are things that can take away the terror of death and make a spirit who has just left his mortal home almost happy. And if men could only realize the fact that by attempting to get into their hearts good thoughts and longings of love so that these beautiful spirits could be attracted to them, their entrance and reception in the world of spirits would become one, even if not of happiness, yet of freedom from fear and loneliness. So, I advise all mortals to so live as to attract friends on the spirit side of life that can come to them in the times of the great change, and comfort and help them. Now, I do not mean by this that such spirits of mortals will not have to endure the darkness and suffering which the conditions of their souls demand they should endure, but their entrance into the spirit world will be as I say.

Well, sweetheart, I have written a quite long letter and you must be a little tired, but I must further write and tell you that all this happiness that I have spoken of may be yours, and as your soulmate, I believe and almost know that it will be; for while you are a mortal, no matter how long the years may be, you will have with you my love and longings for your coming, and my prayers to the Father for a great bestowal upon you of His Divine Love. And besides all this, you know that you have surrounding you the loves of those who are higher than I, and who possess so much more of this Divine Love. Oh, it, will be a happy day for me when you do come, and I know that you will be happy, also. Just think, that as your eyes close in what the preachers call the last sleep, I will be with you, and when you awake I will be with you, and the only thing that will greet your newly-awakened vision will be my eyes, so filled with love and joy that you will almost want to die over again just for the sake of having the awakening.

I remember that when on Earth, you thought my arms were very beautiful, and loved to have them around you, and thought yourself happy; but when you come to me again you will find arms so much more beautiful clasping you to a bosom that you cannot dream of, and eyes looking into your eyes with so much love and happiness that you will, for the first time in all your life, know what happiness means; and then when I tell you that I am all yours and that never again will cruel death, as it is called, separate us, and that only love, pure and unselfish and never-dying, will be ours without any lessening or disturbing by jealousy or tiresomeness, you will wonder if you have really awakened from that last sleep or are only dreaming. But then I will give you a long, sweet kiss of love that you will know that it is all real.

Oh, my Ned, I do love you and want you to love me with all your heart! The time will not be long now, until we shall be together in our spirit life, when your cares and worries of life will no longer trouble

you. But, sweetheart, you must pray to the Father for a greater inflowing of His Divine Love and blessings, for upon the development of your soul depends our continuous living together, and progress.

I will be with you tonight while you sleep, and I am so filled with love that I know I shall call your spirit from your body and carry it with me to purer planes, where we can, for a few moments, enjoy the bliss of living together, without the encumbrance of your body. You may not remember it when you awake, but I will know, and will tell you of it when next I write.

So, sweetheart, give me my good night kiss.

Your own true and loving

Helen

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This message is a composite of two, being published in Volume IV on page 121 and again in Volume IV on page 292. For more details [see this page](#).

## LIVE FEELINGS FIRST

**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
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**The Voice of Divine Love**  
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**The appearance of going out of body.  
The only time when the spirit body  
separates from the physical body is when  
the physical body dies.**

**Mary Kennedy intends to take the spirit of Dr. Stone out of the body to show him where she is living in the same way that Helen did with Mr. Padgett.**

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-4/mary-kennedy-intends-to-take-the-spirit-of-dr-stone-out-of-the-body-vol-4-pg58/>

Received by: James Padgett. Washington D.C.

July 3rd, 1916

I am here, Mary.

I want very much to write as I have been waiting for some time to send my dear Leslie (Stone) a communication, and I have been so disappointed because it seemed to me that conditions would never present themselves that would enable me to tell of my love and desires. But now that I am writing again, I hope that you will not think me selfish if I should write a little longer than seems to be reasonable.

Well, I was present the other night when you came to us in your spirit form, and what Helen told you is all true, but she did not tell you the whole truth for if she had, she would have told you that I greeted you also, and that you said I was very beautiful and that Leslie had no conception of what a lovely sweetheart he had, and that if he could only see me and be with me he would never want to return to Earth again. And I told you to tell him that I was his, and no one else's, and that I was waiting for him to come, and that I was going to try to bring him to these spheres of love just as Helen did you, and I am going to do it, too.

Of course, I have never had any experience of this kind, but Helen says that she will show me the way and that very soon. And now I desire to tell him that he must not be surprised if some night before very long he finds himself with me and enjoying my love and happiness.

But Helen says that if he does come she will meet him also and tell him some things that will cause him to think that I do not love him so much; but I don't care if she does so that I have him with me.

He must believe in what I here write, for it is true and we will have all the enjoyment that I can possibly promise, and I know that then I will be so real to him that he will never thereafter have to wonder what kind of looking girl his soulmate is. He may not recollect any more, than you do, his experience, but yet there will remain with him in his memory some conception of what his Mary looks like, so that she will be real to him as your Helen is to you.

Oh, what a glorious thought that I can have him with me in his actual spirit presence, and talk to him and have him talk to me! Won't that be heaven for us both! But I must not get into such rhapsody for if I do I may forget some other things that I desire to say.

Tell him that I am with him so very much and that when he thinks I am giving him the signal I am really doing so, and that when he does not receive the signal I am frequently with him. And tell him, too, that as I progress in my soul development and get more of the Divine Love in my soul, the more I love him, and try to make him realize it, and that now as I am in the celestial heavens, I know that he will not be left in the lower spheres, for I could not be perfectly happy without him, and that God is too good to deprive me of his companionship.

What a wonderful thing is love, and I mean not only the love of the Father but the lesser love of the soulmate when it knows that it's soulmate on Earth returns that love; but of course, the mortal soulmate can never love as does the soulmate in the higher spheres. I am so very happy tonight that I could write for a long time yet, but I must not, though I will add a postscript.

I am with his mother very much, and love her very dearly, because she loves her son so much, and we often talk about the time when he will come to us and be one of the family of redeemed spirits, and when his home and my home shall be the same. His mother is a very beautiful spirit and knows only love, and while she loves all her children on Earth yet she feels closer to him because he gives her the opportunity to come to him and he responds to her thoughts of love and happiness.

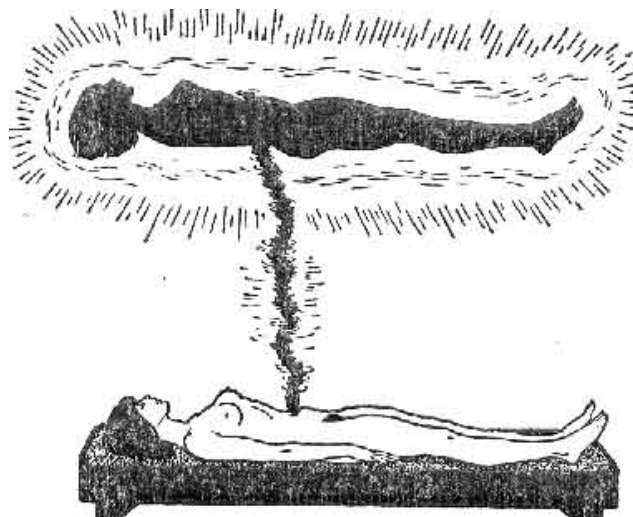
His father is also much interested and is with him very much, trying to help him and turn his thoughts to the higher things of life on Earth as well as here and is now here telling me that I must let him know that he, the father, is so very happy that his son's longings and aspirations are so often given to those thoughts that will enable him to progress to the delights that come only with the Divine Love of the Father.

Well, I must stop now or you will think that I am very selfish and I do not want you to think that, for you know I love you as a sister and want you to believe that I am a good little spirit, even if I do love more than some spirits who don't know so much about love.

So I will say good night, but tell my dear one to prepare to have his spirit carried away some night to fields of bliss and beauty that very few mortals visit.

So goodbye. Your own true friend and sister,

Mary Kennedy



**Mary Kennedy succeeds in bringing her soulmate, Leslie, into the third sphere, although upon his return he did not remember the travel he made into the spirit world.**

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-4/mary-kennedy-succeeds-in-bringing-her-soulmate-leslie-into-the-third-sphere-vol-4-pg60/>

Received by: James Padgett. Washington D.C.

December 13th, 1916

I am here, Mary.

Let me write just a line and I will feel better, for I am so anxious to tell the Doctor that he is such a dear boy, and needs me more than he thinks. Of course this is in a kind of humorous vein, but still humour sometimes contains much truth.

Helen says that I might write a short letter, and I know that when she says so you will have to submit, but I know that you want to favour me anyhow. I understand from what he has said to you that he has no recollection of his experience, and I am very sorry for if he could only recall just a little of what he saw and felt when he was with me he would never doubt for a moment that I am his true soulmate, and that his heaven is all that he has had described him.

It was a very happy night for me and for him too if I may judge from what he said. He did not want to return and said – that there was no special reason for his returning and that he was so happy with me that he felt justified in requesting that he may be permitted to stay with me, but I reminded him that could not be as he had been chosen to do a work among mortals, and that until that was finished he could not come to the spirit and remain, but I promised that he should come again as a visitor, and that his happiness would be just as great as he was then experiencing and that possibly he might at some time be able to recall some of the experiences of his visit.

Well I had him with me and we were in the third sphere, where everything was so suited to our love feast, and we were happy, I must tell you. He met his father and mother and sisters, and some other spirits who were interested in him, and they were all so happy to have him with them, especially was his mother very happy for she took him in her arms and kissed him and cried for very joy.

They stayed with us for a little while but soon saw that we were anxious to be alone, and they left with their blessings. But Helen said – that she did not intend to leave, for fear that I should get in such a condition that I would forget that he was still a mortal, and do something that might prevent his return to his body. She said – I was not responsible and that she thought too much of the Doctor to leave him alone with such a lovesick and foolish girl as I was, and asked him if I was not right, and if he did not think it best for her to stay, and he said – that of course he appreciated her anxiety on his account, and he knew that she did not want anything to happen to him, but that he was quite a brave man, and was willing to run the risk of being left alone with me, and then she gave me a kiss and hug and left us.

I would like to tell you of some of the things he said and did, but I have not the time tonight but only say it was a time of happiness and bliss and a forerunner of what is in store for us when he comes over never to return to the body.

I will come soon and try the experiment again, and I suppose again, for the joys of our being together are so great that I know that I will not be able to resist the temptations of having him with me. Helen says –

that I must stop as you are tired. So thanking you, and with my love to Leslie, and in the hope that he will soon be with me again, I will say good night.

Your loving sister,

Mary

**P. S.** The day following the information received from Mr. Padgett that his Helen and my soulmate [Mary were going to try and take me out of the body](#) as they had written about three weeks before. I felt a wonderful influence of love that seemed to take possession of my whole being, and it lasted for three days and made me feel so happy.

Mr. Padgett had a similar experience after going to the spirit world in the third sphere a few months previous to my experience, and said that he felt much love present in his soul after the event.

Leslie R. Stone



**FEELINGS FIRST For Kids**

**Mary says that the visit that Leslie made into the spirit world was one of the happiest nights of her life.**

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-4/the-visit-that-leslie-made-into-the-spirit-world-vol-4-pg101/>

Received by: James Padgett Washington D.C.

I am here, Mary Kennedy:

Let me write for I know that my communication will be more interesting than the others you have received tonight, just as love to the lover is more interesting than war to the peaceful man.

Well, I am the loved of the lover and I will tell him I am so happy that I can write to him tonight. I am progressing in my soul development and am happy beyond expression; and the more of this Great Love that I receive the more my love for him increases, as I have told him before.

I should like to tell him of the time when he last came with me to the spirit world, but it is too late now, and Helen says that you are too exhausted to receive my message at this time, so I will have to wait, but I will say that it was one of the happiest nights of my life and I hope that before long I will have the experience again, and that he will have some faint remembrance of the joy that he will experience.

I am with him often, as he knows, and enter into his spiritual exaltation that comes to him sometimes, and also I pray with him every night and try to mingle my love with the other Love that comes to him.

I know that sometimes he may get a little tired of hearing me tell of my love, but if he only knew what it means to me and that there is nothing in all the universe that brings such happiness except the Love of the Father, he would not tire of hearing me say how much I love him or how dear he is to me.

Many spirits are here tonight who are interested in him, and especially his mother, who seems to never be weary of attending him in his moments of meditation and when he may seem a little despondent throwing around him her love and efforts to help him. We are all so much interested in his soul development and in the good work that he is doing to both mortals and spirits, for he must know that when he talks to mortals of these truths of the Father that have come to him, there are many spirits present who derive much benefit from what he says; and I have a kind of pride which is not unnatural that my soulmate has been given to him the power to do such work and that there are so many grateful souls in this spirit world who are feeling the effect of the good that he does them.

But he knows all this, and yet I felt that I must tell him also for he will realize that I am telling him only what is true and that my joy is what would only be his if he could see and understand the conditions that surround him.

I must come soon and write my letter. Helen says that she is waiting to write him also, and we will be so very glad when the opportunity comes that we can do so.

With all my love for him and regards to you, I will say good night,

His soulmate.

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

In the spirit world, there are rejoicing cheer squads when you make a choice that enhances your soul condition.

Your appearance in the spirit world, your spirit face, shows all your real features and reflects your soul condition for all to see.



# The truth will set you free

THE TRUTH WILL SET YOU FREE  
BUT 1ST - IT WILL MAKE YOU  
**MISERABLE**

**Colour in the Mosaic of Life.**

<https://new-birth.net/contemporary-messages/messages-sorted-year/messages-2011/color-in-the-mosaic-of-life-chris-4-sept-2011/>

Michigan, US of A,

September 4, 2011.

**Teacher Ophelius.**

Received by Chris.

**Teacher Ophelius:** "A list subscriber wrote in after the message, "There Will Come a Time," asking about what the state of consciousness will be like on the planet with regard to gay men and women after the shift when the Earth enters into the beginning stages of Light and Life. Before I answer this, let us zoom out a bit and look at the state of consciousness for life in the worlds to come -- morontial and spirit life.

"The lifespan on your world (third dimension) on average is about 70 to 80 years. This is a very, very brief time as compared to eternity -- you are only passing through, so to say, and in this brief time period, and on this world is the only place you, as a personality, will have sexual reproductive capability which defines you as male or female. Once on the Mansion Worlds and beyond, the reproductive organs will no longer be part of your physiology. From that point on, you will all be wholly recognized by your personalities. Whatever is truly 'inside' will show forth on the 'outside.' If you are compassionate, kind, and full of love for others, your physical form will reflect that beauty. If you are egocentric, cold, uncaring, dismissive, fearful, this will show up in the physical form as less beautiful and as it is said, 'all will be revealed.'

"The Universal Father cares for and deeply loves all his children, and as such, He looks into the heart of each individual to see their true intentions and motives, their life experiences, and their spiritual progress. God is little concerned about the sexual natures, practices, or orientations of his creatures or the social mores set in place by which those creatures govern themselves. That is a part of evolution and the discrimination of those who appear 'different' from the fold will fade in time as each generation becomes more spiritual or more 'God-like' in awareness. Just as there are an infinite amount of points between opposites, so too are there an infinite amount of personality types between 'maleness' and 'femaleness.' Even on the Mansion Worlds and beyond, you, as a person, will retain this 'maleness' or 'femaleness' in personality nature.

"Now to answer the question first posed: A world that has achieved Light and Life status will have a population that is more evolved spiritually; will understand the ascension plan and will be more in touch with their Indwelling Spirit. People in this age will educate their children at an early age about how to treat others -- with kindness, compassion, respect, and not to judge others because they are different. These will be a people who are preparing for their next life who are concerned about progress of the individual and progress of the whole of humanity. Yes, there will still be gay individuals in this era and they will no longer be an object of controversy or persecution, just another colour in the mosaic of life on a world that is celebrating the glory of the age of Light and Life -- a unique personality, a unique aspect of the Creator's intention -- a part of the whole."

"Peace to you,

"The Circle of Seven."



John: What does the spirit of man do when it leaves the physical body for eternity?

<https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-1/what-does-the-spirit-do-when-it-leaves-the-physical-body-vol-1-pg293/>

Received by James Padgett Washington D.C.

May 29th, 1916

I am here, St. John, Apostle of Jesus.

I come tonight to tell you a vital truth, which I know you will be interested in.

The question has often been asked: *"What does the spirit of man do when it leaves the physical body for eternity?"*

Many spirits, I know, have written you about this matter and some of them have described their personal experiences, yet in all the information that you have received there are some facts that have not been referred to, and I will in a brief way describe them.

When the spirit leaves the body, there is a breaking of the silver cord, as it is called, and thereby all connection between the spirit and the body is severed for all eternity – never again can that spirit enter that body, and neither can any other spirit, although, I know, it is claimed by some spiritualists that another spirit may inhabit the cast-off body. But this is all wrong, for no spirit ever enters the body which has once been the home of another spirit, and, hence, claims made by some of the wise men of the East that such a thing can be, have no foundation in fact.

When the silver cord is once severed, no power that is known to the spirit world, or among spirits of the highest sphere, can again resuscitate that body and cause the manifestation of life, and, hence, in the miracles mentioned in the Bible, where it is said that the dead were brought to life, it must be understood that this tie between the spirit and the body was never broken.

In those ancient days, as now, there were persons who had the appearance of being dead, and so far as human knowledge was concerned were dead, but who were really in a state of what may be called suspended animation. With no signs of life appearing, to the consciousness of men, death was thought to have taken place. Yet in no case where the supposed dead were raised to life, had the mortal really died.

As [Lazarus has already told you](#), when Jesus commanded him to come forth, he had not died, and so of all the other supposed dead who were called to life. When this tie has been once severed, there are certain chemical laws affecting the physical body, and certain spiritual laws affecting the spirit, which absolutely render it impossible for the spirit to again enter the body; and as you have been informed, we all, mortals and spirits and angels as well, are governed by laws which have no exceptions, and never vary in their workings. So I say, when once the spirit and body separate, it is for all eternity, and the spirit then becomes of itself, a thing apart, controlled entirely and exclusively by laws governing the spirit body.

With the spirit's entry into the spirit world, comes the soul, still enclosed in that spirit body, and to an extent controlled by that body, which latter is also, in certain particulars controlled by the soul. The spirit body has not, of itself, the power to determine its own location or destiny, as regards place, for the

law of attraction which operates in this particular, operates upon the soul, and the condition of the soul determines the location of itself, and as the spirit body is the covering of the soul, it must go where this law of attraction decrees the soul shall abide.

While the mind and the mental faculties and the senses have their seat in the spirit body, yet the law that I speak of does not operate upon these faculties, as is apparent to every spirit which he knows from observation, as well as from experience, that the combined power of all these faculties cannot move a spirit body one step in the way of progress, unless such faculties have, in their influence upon the soul, caused its condition to change; and in the matter of mere mental or moral advancement this can be done.

So, I repeat, the condition of the soul determines the locality as well as the appearance of the spirit body, and this law of attraction is so exact, that in its operations, there is no opportunity for chance to interpose, and place the spirit body in a location which is not its, by reason of the operation of this law. So that when the spirit body enters the spirit world it must go to and occupy the place which its enclosed soul determines that it shall occupy. No interposition of spirit friends or love of parent or husband or child can prevent this destiny, although for a time, until the soul has really has an awakening as to its condition of severance from the mortal life, these relations or friends may retain the spirit body near the place of its entrance into the spirit life, even though that place be one of more beautiful surroundings and happiness than the one to which it is destined. But this situation does not last long, for the law works, and as the soul comes into full consciousness, it hears the call and must obey.

And thus you see, friends and loved ones in spirit life meet with love and kindness and consolation, the newly arrived spirit, but the parting must come, and every soul must find its home according as its own qualities have determined. And yet the consolation mentioned is a real one, for in many instances, if it were not so, the lonely spirit would experience fear and bewilderment and all the unspeakable sensations of being deserted.

Then there comes a time, when every soul must stand alone, and in its weakness or strength realize that no other soul can bear its sorrow or take from its burdens or enter into its sufferings, and thus is realized the saying that each soul is its own keeper and alone responsible for its own condition.

Of course in many cases the loving friends may visit that soul in its place of existence and offer consolation and help and encouragement and instruction, but in some cases this cannot be, for as this soul is then laid bare to itself, all its deformities, and sins and evil qualities come before it, and thus throws around it a wall, as it were, that prevents the good friends and loving ones from appearing to it.

And thus again comes into operation the great Law of Attraction for while these more elevated friends, cannot come to that soul, yet other spirits of like souls and qualities may become its associates, and render such assistance as the blind can lead the blind in their movings about. And I wish here to say, notwithstanding what some of your spiritualistic teachers have said, that the soul has its location as well as its condition.

The above condition that I have described is the destiny of some souls shortly after becoming spirits, and it is a deplorable one, and you may think that such souls are deserted by the loving influences of God's ministering spirits, and left all alone in the dreary places of their habitations. But such is not the case, for while they are deprived of the presence, to them, of the higher spirits, yet the influences of love and

compassion are flowing from these spirits, and at sometime will be felt by the lonely ones, and as these influences are felt the poor souls commence to have an awakening which gradually causes the wall of their seclusion to disappear until at some time, the higher spirits find that they can manifest their presence to these unfortunate ones.

And, besides, this, every spirit, no matter how fallen, has a work to do, even though it may appear insignificant, and among these spirits of similar conditions some are a little more progressed than others, and by reason of a law which causes the more progressed to help the lesser, the latter are frequently helped from their low estate.

Now what I have last written applies of course to the spirits who are wicked and vile and without any soul development in the way of goodness, but a similar principle enters into the conditions of all the spirits in the Earth plane, although the higher they are in that plane the greater opportunities they have for receiving help and progressing. Of these latter, and the operation of the mental thoughts and moral qualities upon the condition and progress of the soul, I will write you later.

I have written enough for tonight, and leaving you my love and blessings, I will say good night.

Your brother in Christ,

John

This message is a composite of two, being published in Volume I on page 293 and Volume III on page 194. For [more details see this page](#).

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

**An earnest longing for God's Divine Love is the only way to transform one's soul. This longing is severely retarded and the reception of God's love impaired whilst one's soul is dominated by erroneous beliefs which are in the form of negative emotions. The releasing of and clearing of these emotions are essential through the Feeling Healing process which is typically embraced and worked through spheres 3, 5 and 7. These are the Divine Love Mansion World spheres.**

**The Sleep State** – extract from "The Life Elysian"

25 Nov 2011

Here is yet another extract, even more interesting because it is when the now dead Aphraar meets his father in the sleep state. The points made in this are:

1. In the sleep state individuals are often FAR MORE SPIRITUALLY inclined, than in their awake state.
2. There is an attempt to remember the conversation, on waking.
3. The comment is made that the more spiritual the person, the easier it is to recall these.
4. There is a very clear inference the sleep state occurs at a specific locality.

VOL. I [THROUGH THE MISTS](#)

VOL. II [The Life ELYSIAN](#)

VOL. III [THE GATE OF HEAVEN](#)

It is stated that those in the sleep state [may behave in a more spiritual way](#), than they do on Earth, and in another message the information is conveyed that only on Earth do we have [reproductive capability](#). So it is not possible to have sexual intercourse, and in the sleep state one can expect individuals to behave better than they do in the conscious state.

As for energy interchange, my understanding is that man and woman can interchange energy as a higher form of sexual intercourse and much more pleasant due to the flow of energy. If a couple understands how to consciously exchange the energy, they can do this beyond or regardless of space and time. From a man or masculine perspective, our energy leaves through the second chakra/or energy centre and to receive with the second chakra of a woman. The energy exits from the heart centre of women to receive by men via their heart centre. If both the man and woman are open completely to one another, the energy will flow in a complete way and the feeling is more fulfilling than what most presently experiencing



Thank you M and G for you kind words.

5 Dec 2011

This past spring and summer I wrestled with the thoughts as to whether AJ Miller is or is not Jesus (which he is not). I was conflicted.

And then one day I received a word from a Celestial friend. It was a word about trust, and that our Father trusts us and so do the Celestials. But when we look to someone coming to Earth in the flesh from the Celestial Heaven, we are not trust the Father and the Celestials. This settled the conflict for me, and I began the move away from AJ Miller which I mentioned in my initial comment above.

Yesterday I had an interesting experience while I was trying to explain this to a friend in an email that I was writing. The word that I received from Celestials months earlier returned and was renewed in the form of a written message. This is what I wrote:

To say that Jesus is upon Earth today is tantamount to saying that your Heavenly Father does not trust you. He does trust you, as He trusts all His children.

He desires for each one of you to make the effort to be led by your heart and to trust the feelings and impressions that you receive of truth. This is especially true for you who have received a good portion of the Divine Love. You have been given a grand and wonderful mission as well as a task. God trusts you with it, and so do we, your Celestial helpers.

In a sense our mission and message is continued in you and your work. The message of the Divine Love will not fail, but if it did fail, it is because you on Earth are not fully applying what you know to be the truth.

Here, we ask Joseph to find the message that Jesus wrote relative to his object for James Padgett and Leslie Stone.

'My object is to have you obtain this great love while you are still in the flesh, for your work will require that you have this love so that you cannot only teach its existence, but by your very lives show and prove to mankind that it is a thing of reality.' [December 28, 1915]

Yes, this is the correct message of Jesus that we wanted you to see and to read again. Our message to you and to all those who love the message of Divine Love and the transformation of the soul by this love, is that you would take this to heart and apply it with all the energies of your soul.

God trusts you, and we trust you. This is why you do not need Jesus or any one of us to come in the flesh from heaven to show you the way. We are your helpers, and you will succeed. Teach this and it will come to pass that there will be thousands upon thousands applying these truths and experiencing the great change that our messages through Padgett promises.

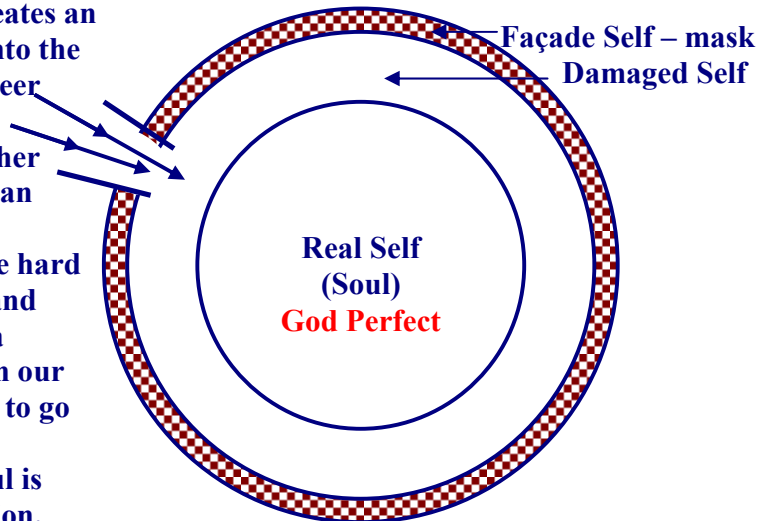
Trust yourselves. God does, and so do we.  
Signed by your Celestial friends.

With love, Joseph

**Golden Rule: that one must always honour another's will as one honours one's own.**

**The role of God's truth on the soul is to actually physically create the opening.**

What truth does, it creates an opening for a vortex into the egg shell, the hard veneer around one's soul. It allows a way that other external information can infiltrate the soul. Truth breaks down the hard shell of lies, untruths and resistance. It creates a permeable layer within our soul that allows things to go through into it. Without truth, our soul is condemned to stagnation.



**Feelings first**

**Our Heavenly Parents desire for us to ask for Their Love.**

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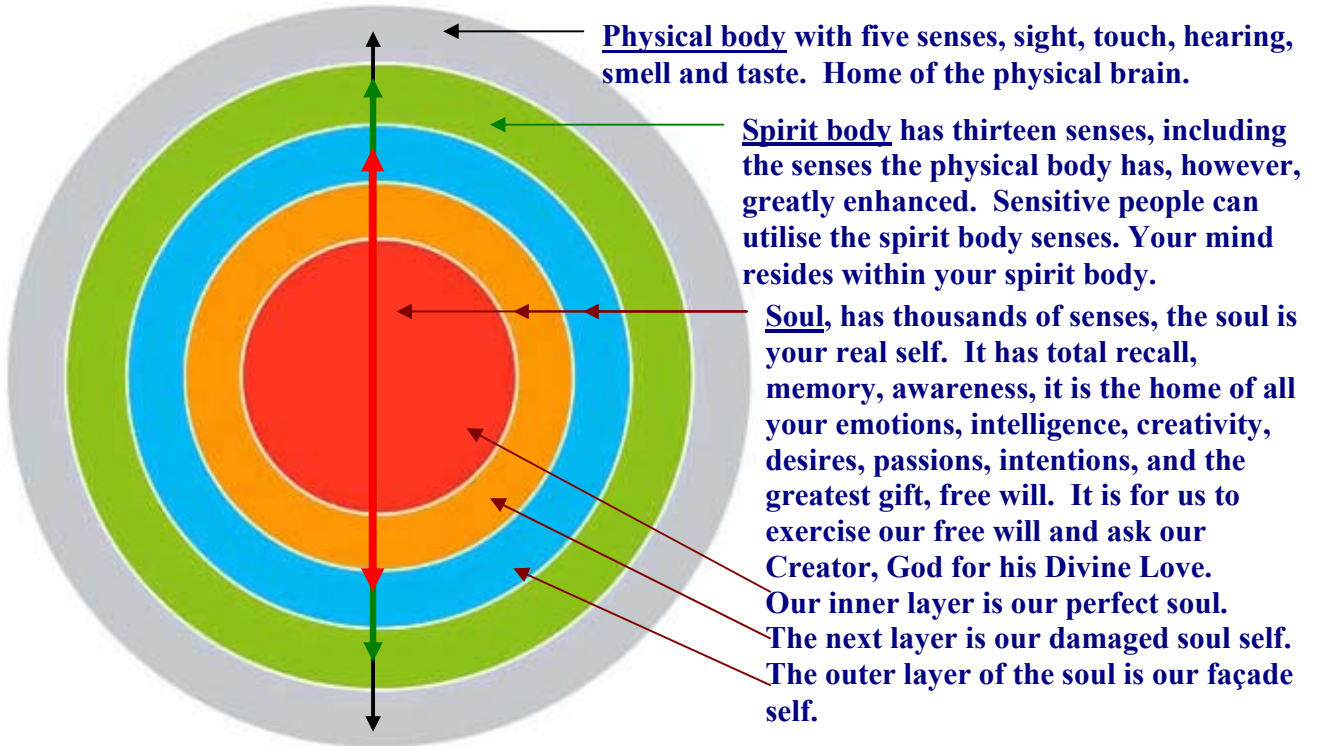


**SOUL**

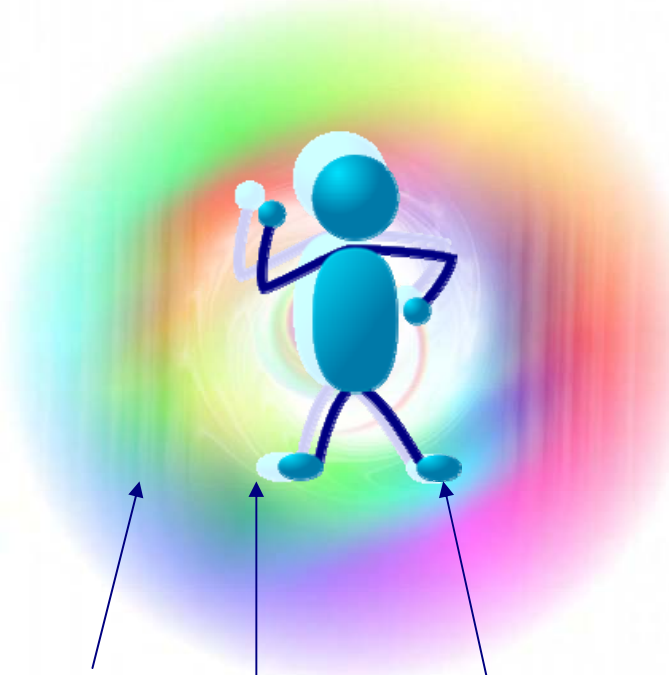
- Emotions
- Desires
- Passions
- Aspirations
- Intention
- Memories
- Free will



Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.



**OUR SOUL is the SOURCE of our WELL BEING:**



**Soul      Spirit Body      Physical Body**  
**The etheric body is the spirit body.**  
**The soul is the real you!**  
**Now your soul, is half of your real self.**

**Do you observe these soul attributes in your pet animals anywhere to the extent that you observe them within people around you?**

- |                       |     |                          |    |                          |
|-----------------------|-----|--------------------------|----|--------------------------|
| <b>1. Emotions</b>    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| <b>2. Awareness</b>   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| <b>3. Desires</b>     | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| <b>4. Passions</b>    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| <b>5. Creativity</b>  | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| <b>6. Aspirations</b> | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| <b>7. Intention</b>   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| <b>8. Memories</b>    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| <b>9. Free will</b>   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |

**It is our soul that is made in the likeness of our Creator. It is our soul that forms the features of our character. Our soul is our real self, not our physical or spirit body. Our spirit body, as it is for other creatures, is the physical body for the spirit world. We function through our soul whilst living this experience on this physical world.**

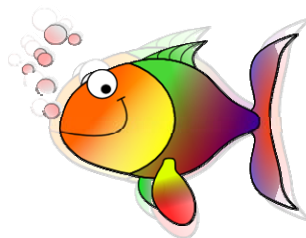
**When we are conceived, the embryo borrows from the life force of our parents. The attracted soul half then becomes the life force for us for our physical experience.**

**Anything with a central nervous system has a spirit body (birds, fish, animals, etc.), however these creatures do not receive a soul.**

**Your brain is within your physical body, your mind is within your spirit body, however your intelligence, memories, etc., are within your soul.**

**The five senses within your physical body are enhanced within your spirit body. Some people are sensitive to the enhanced and additional senses (total 13) within our spirit body. The senses within our soul are huge in number and are very much more capable.**

**The power of our soul influences all living life within its environment, thus many pets reflect the character of its owner.**







**You could liken the capabilities of the physical body with its five senses to that of a golf buggy.**

**The spirit body with its enhanced thirteen senses, which include the physical bodies five senses with greater capabilities, to that of a space shuttle. Sight of the spirit body is 360°, the speed it can travel is far greater than that of light, its communication is mainly by feeling, etc.**

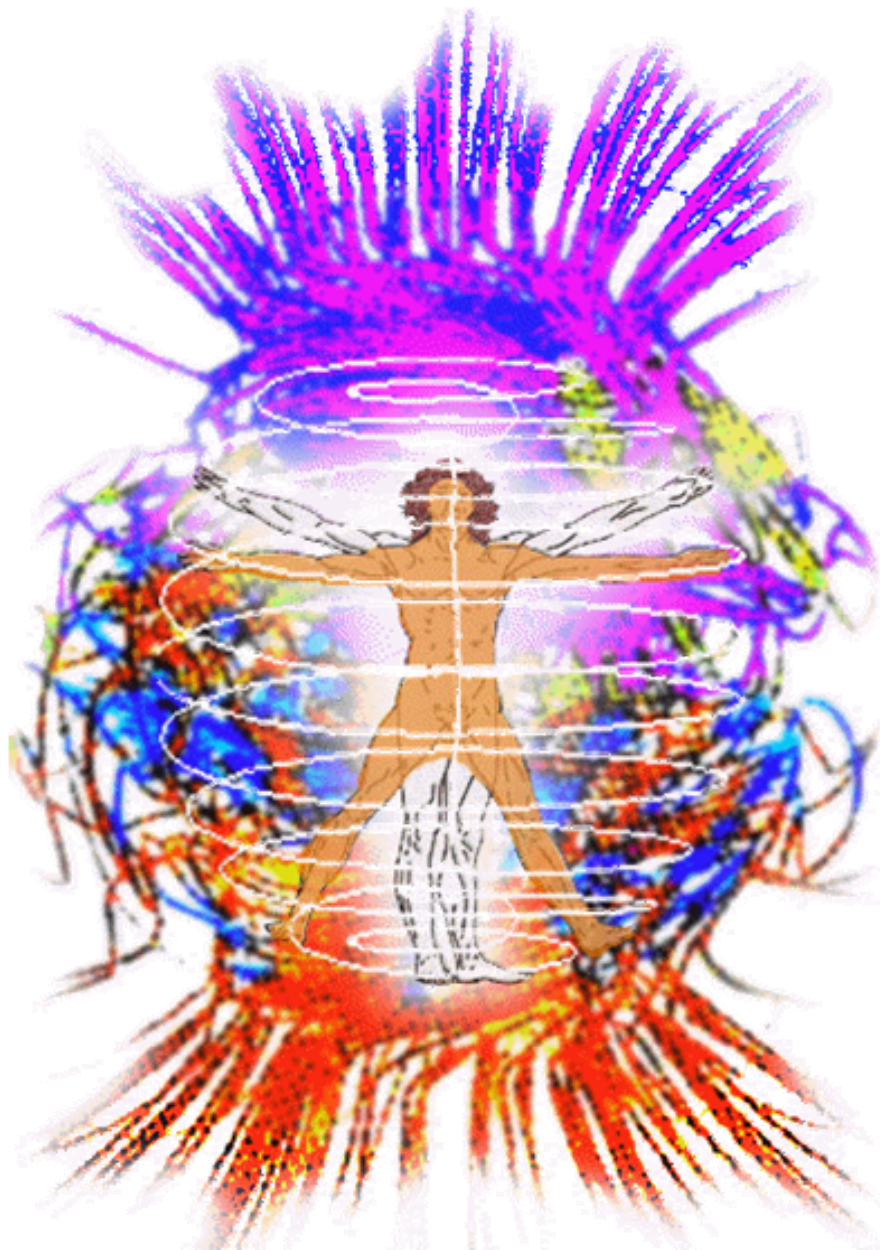
**However, the soul has many, many senses and capabilities far beyond our comprehension, and where it can grow to in love and truth is that which only God knows. Your soul is the real you.**



The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Mother and Father's Grace.

Judas – August 19<sup>th</sup>, 2001



**308. *The study of the spirit body***

19 February 2013

Hello, it is I Eugene, present with you now. I have been asked by the Master to write a series of works that study the spirit body. You have with Zara received a comprehensive Immortal work and now we are asking that you commit to these extensive works on the study of the spirit body. Let us begin.

The thing that has enabled you to work out so much about the spirit world, other than living and being aware of the Divine Love, has been your study of the spirit body and the purpose and function of this attribute. Once you both grasped how it works in relationship with the attribute of soul and personality, you could then begin to identify with the way the mortal spirit world is. The construction and formation of the spirit body has provided you with the necessary means to adequately equate how the mortal personality is situated in a physical human experience and how this experience translates into the life of a spirit.

By understanding how the spirit body works, you could then relate how all the necessary attributes of personality survive the human experience, and for the personality to transition into the spirit world to commence living as a personality in the spirit world. By understanding the purpose of the spirit body, has provided the wonderful insight into how the soul changes in its condition by the result of experiencing the Divine Love. The spirit body and its function to maintain personality in the spirit world, has enabled you to see the vision of how soul progression actually happens as the soul relates in its progressive condition with distinct and various changes that assist in this progression. You have studied the spirit body as enthusiastically and as comprehensively as one may study the human physical body. Your study of the spirit body and its related workings has assisted us greatly and has enabled us to freely communicate with you. By learning how the experience of communication with spirits involves the spirit body, and not just the soul or mortal mind we have together a union of spirit-to-mortal communication.

As you know, this study of the spirit body continues as a more concise and precise understanding and vision of the real and true nature of man, spirit and God, and the spirit world emerges that with your soul perceptions and spirit-senses, provides a true account of the mortal nature and Immortal nature of love and spirit and how the personality individualises this experience as a human and no differently than a spirit.

**309. *Details on the workings of the spirit body***

The spirit body has virtually a non-physical presence as far as it being seen in its place, situated with the physical body. Most people will never see their spirit body, feel or know its presence in their human experience. For those who become aware of the Divine Love, and experience this Love, may be able to perceive the presence of their spirit body as its spirit-systems interface with the physical attributes of the body. Its influence is very real as it has a large role in the forming of the human personality and the way the soul is situated in it. We know that the spirit body is virtually unknown in human awareness, because if it were visible and its presence known, then all humans would be easily able to accept, identify and recognise that they are spirits themselves, with the component and attribute of spirit already present through the duration of a physical life! If the spirit body were commonly visible to the naked

eye, this would solve the problem as to whether a spirit world exists or not. Can you imagine how beautiful human life would be if the spirit body was seen as it truly is, as part of the visibility of the human form and life experience? This should provide you with an image of how beautiful the natural and Divine Love Spheres are, in their presentation of humanity, seen living their spirit lives in their spirit body.

A spirit body is present in each human life. Each person has one and only ever one spirit body. A single spirit body, that is never replaced or reformed or re-used or reincarnated from the spirit world just like each person, will only ever have their single attribute of soul present. As you know, the spirit body develops as the physical body matures and the personality forms. The spirit body is never formed then in that original form, to remain static and unchanged in that original form. The systems of the spirit body mature in their form in the harmony of the forming personality. This has to be so, so that the spirit-mind can integrate the developing forming attributes of the individual human personality. This is paramount so that the experience and memories of a human life lived are retained in that part of memory located in the spirit-mind. We have to remember when we study the spirit body, that this body *is perfect* in its function and design to facilitate the human personality and attribute of soul. The energy of the spirit body is infused with the soul and the human body and its systems form part of the human energetic determination that the physical body has as its genetic origin of being. The spirit body has its own information that is entirely sympathetic with the information in a human being, and part of this information is to provide the means for a human personality to survive physical death and to continue to function in the mortal spirit world. The spirit body never interferes or acts independently to cause a malfunction in the forming of the human bio-function of the physical systems and the forming of the individual personality.

When people have near-death-experiences, a common theme is that one “Sees the Light” or experiences other forms of translucent quality that may change a person’s perception and awareness about the nature of human life. In a general study of these experiences, individuals who experience NDE’s are in fact experiencing part of them selves, which is the spirit-mind. The awareness of the individual and consciousness of the individual experiences their spirit-mind, which exceeds their normal physical and material awareness. This explains why one finds it so hard to explain why they have had such an experience, because humanity has very little knowledge of how the spirit body functions and is present in a human life. People have had so little experience of their spirit body that they cannot identify with that part of their soulful nature and therefore one may find it hard to put into words, what one has experienced. When one is in contact with their spirit-mind, time place and space may seem altered and this explains why one may feel or see themselves as being ‘out-of-their-body’ or in touch with spirits present with them during such times of mortal balance. When a human life is hanging in the balance by a thread, human awareness can move from the physical brain to the presence of the spirit-mind. The spirit body is always active in the life of a human being, though its presence and activity is diminished by the function of the brain and the physical condition of the human body. Some people have survived remarkable experiences and yet they have continued to live and this is due to the spirit-systems enabling the human to energetically survive. Why someone survives and another doesn’t, I can only say, this rests with God.

When an individual has an experience of the presence of their spirit body, this introduces a changed awareness that a person is more than what one perceived as being solely limited to the human body. Communication with the spirit world involves the spirit body and the attribute of soul and there are

many experiences that happen in human lives that involve the spirit body that people cannot easily identify or explain. If one studies the spirit body, then a greater image of the human being identified--especially as far as the soul and the personality function in their respective form. Not everyone, who has a NDE experience, has contact with their spirit-mind however, it does seem that whoever does, has their human awareness changed forever which is in keeping with the fact that they have been in touch with the real spirit-nature that forms part of the human being: form, energy, personality, spirit-mind, soul and self.

When people are in a coma, or deemed brain-dead, and are on a life-support system, the spirit body still remains present as an adjunct to the physical body. Whether one is aware in such a condition of living, that they have a spirit-mind, is another matter. There are no special considerations in the human experience as to the forming and functioning of the spirit body. The spirit body cannot detach itself from the physical body at will, so to speak. One may be in a coma for a considerable length of time but this does not mean, on the grounds of sympathy, that the spirit body suddenly decides on compassionate grounds, to leave the body and take up living in the spirit world. Humans who are compassionate, and who try to preserve and save a human life, may keep a person in a coma or extreme physical condition, for a length of time because of the medical advances that enable this to happen. Under normal survival mechanisms such as the conditions of living hundreds or thousands of years ago, people simply didn't survive such conditions. The spirit body can only leave the physical body when that physical body can no longer function. This moment is determined by the Spirit Law of Life and Death. Only God knows this working by the exactness of this very specific Spirit Law and upon this exactness, the same exactness of the Law that first formed the spirit body at the commencement of a human life, along with the incarnation of the soul, can the spirit body leave the human body at the end of that human life. No matter of the human intervention insofar as trying to save a human life, as soon as that Spirit Law recognises the Truth to the living condition of a human life, as far as its continuance is concerned, this Spirit Law knows that death is present by which this Spirit Law acts upon the spirit body and begins to extract the spirit body from the physical body. With the harmony that preserves the forming personality to retain its integrity as it leaves the influence of the physical body, and is now solely subject to the functioning spirit body. The soul, being in the spirit body, moves with the spirit body from the human being and world into the First Sphere of the Natural spirit world where living continues.

Once the spirit body is subject to this Spirit Law and complete separation occurs from the physical body, the soul and personality are now enclosed in the spirit body and can never be reinstated back into that deceased body or another human body. There has never been a mistake or error committed by God in the timing of a spirit body being extracted from a physical body and transitioning into the spirit world. People die from all sorts of things under normal and extreme conditions, but regardless of the way a person dies or the time that a person dies with regard to age, the personality survives as does the soul and spirit body, and the sum total of a person's life is constructed into the already formed spirit-systems that enable the personality to continue to function and engage now experiencing spirit life.

As we have previously explained in other works, the spirit body has within it the necessary systems and attributes to maintain the functioning and forming of the human personality. The spirit body changes in the spirit world. It becomes more pronounced with form, substance, image and definition. This continues to happen relative with the soul condition of the individual. If a spirit begins to receive Divine Love, the spirit body begins to change and becomes even more defined and identifiable. Those of us who reside in the Celestial Heaven have real spirit definition compared with the development of the

spirit body of those who are predominately living in their natural love soul condition in the social Spheres. The spirit body cannot exceed the development of the soul that resides in the spirit body. The spirit body only ever receives the energy from the Divine Love when the soul has received this energetic Love. The Divine Love, never conveyed by the Spirit directly into the systems or attributes of the functioning spirit body. This be said the same for when the spirit body forms part of the human physical body. Only can the finite attribute of soul receive the Divine Love. The more the soul is developed in its condition of love, the more this condition will be reflected in the functioning of the spirit body and consequently, the personality. And so, it is true when it is said: “Love and soul come first to which all else follows.”

This has been a long and informative message, with much to consider and should prove helpful to those who may desire to study the workings of the spirit body.

### 310. *The preservation of the human personality*

20 February 2013

The fact that the spirit body with the soul attributes are involved in physical human experience, reveals how these attributes are subject to the kind of physical experiences that the diversity of human life covers. People put their bodies through all kinds of experience and yet these attributes of soul and spirit body are never compromised or ruined with regard to their integrity. The soul and spirit body are involved in the dynamic of personality even though most humans have little comprehension or awareness of these attributes. When a person becomes a spirit, and the spirit body reflects the condition of the individual soul irrespective of the human experiences lived, each person is suddenly introduced to the awareness that they were more than they thought themselves to be in their human life. Every single person who commences their life in the spirit world realises that they are with a particular kind of body that was unknown to them when they lived life in the flesh.

Nothing made by humans can obliterate the attribute of soul or spirit body or the Spirit Laws that relate with these attributes in a human experience or their environments. The spirit body serves the purpose of the preservation of the attribute of soul and the individual forming personality. The attribute of the spirit body can never be dismantled by human experience and every single human personality will be preserved so that the individual can continue to live upon entering the spirit world.

### 311. *Optical vision*

21 February 2013

Zara has asked a question about ‘seeing and sight’.

The spirit body has within it, the attribute of optical vision. The capacity to ‘see’ is vital just as it is with most humans and their capacity of see with eyesight. In the spirit world everyone has spirit-optical sight and vision. A constant truth in the spirit world that involves us all is that there are no illusions of reality. There has never been anything created or formed here in the entire mortal or Immortal Spheres, by God or any spirit, that may deceive another as to the reality of spirit living. The only thing that is an illusion are the various natural beliefs that spirits have in the natural social Spheres about the nature of God, their life and how these Spheres came into being. These beliefs are a legacy left over from a respective human life. The Spirit Laws that exist here prevent anything from being made or formed by mortals and Immortals that would be out of harmony with the harmony that exists throughout all the Spheres. On Earth people can make an energy source that pollutes people and their environment. In the spirit world

this can never happen. No one here can make or create anything that is harmful to another or the environment one lives in. No one can cause injury to another and our environments are pristine as they have been since the dawning of man and the first personalities resided here after the completion of their human life.

The optical ability of each spirit body acts truly and is developed as a potential for optical spirit-vision in the spirit world and this is commenced when the spirit body first forms at the conception of a human life. Whilst a person cannot see with this spirit-optical vision of sight, it is nonetheless present and forms part of the systems of the spirit body. There are other senses such as audio for sound, which also develop along side the physical senses. Most people may never experience these senses of their spirit body while during their human experience. Everyone will experience these senses after the completion of each physical human life. Some people have experiences of the spirit-senses from their spirit body and soul in their human experience. When the personality is situated in the spirit body in the First Natural Sphere, these attributes of vision and audio are immediately engaged so that the individual can see and hear and feel connected to their new environment. These senses of the spirit body are automatically engaged and they don't require the individual to activate or cause these senses into action. There are Spirit Laws that do this and for the obvious reason. Most people have little or no idea about their spirit body and so, there is great assistance from God who takes into consideration the workings of the spirit body to ensure mortal life can continue seamlessly without any condition. Individuals learn how to work their spirit-senses as one become familiar with their spirit body and environment that differs from the experience of their previous human life.

If the world knew about the existence of the Divine Love, and for generations this Love actively taught, experienced, socialised, and comprehensively studied, then humans would be well-aware of the relationship between the attribute of soul and spirit body, and how the energy of the Divine Love develops both these attributes. We can theorise that if humans lived a thousand years in the generations of living in the awareness of the Divine Love, then individuals would actively participate with the systems of their spirit body as an adjunct to their living their physical life. This is what the term: Light and Life means. The Spirit Laws that work with the spirit body in the Spheres in the mortal spirit world are not confined to the spirit world alone. These Spirit Laws have complete accessibility to human life because this follows the Truth that God's Divine Love can be experienced in the soul of people living on Earth.

The optical attribute developed in the spirit body is perfectly suited for spirit living. The light source in each spirit Sphere is generated by the existence of spirit energy that acts as the illuminator and this light is substantially present in each of the Spheres. Our light source is not powered by generators, but by a source of energy, spirit energy, generated by the convergence of various Spirit Laws that cause a spirit-fusion to happen. It is endless in supply and sympathetic to accommodate the soul condition and spirit living for each respective Sphere. We never have a darkness such as night is to Earth, for there is no Sun. We have the ability to close out the light in the environments that we reside in, such as our homes, so that our spirit-senses can rest from the light and we can regenerate from our activities much in the way one needs sleep and rest for the physical body to regenerate.

When a person becomes a spirit it takes a little time to adjust to the spirit body. When the optical ability is familiar, along with the other senses, one can see distance and minute detail. The light that is present in each Sphere is in its energetic presence, perfectly made so that the senses of the spirit body can

identify with it. The optical ability in the spirit body never malfunctions and everyone has perfect sight. This is the same with all the other senses of the spirit body.

The only condition that forms part of the functioning spirit body as to its ability to function in the spirit world is the condition of the soul. If the soul condition is poor, then one is limited in their capacity to work with their spirit-senses. Whilst these spirit-senses are perfectly formed, the individual in a weakened soul condition, the individual will have their spirit body functioning with a diminished capacity. As I stipulated before, there are no illusions in the spirit world. No one can make them selves out to be anything other than what they truly are, with regard to their true soul condition. Individuals in a poor soul condition living in their disharmony have optical vision and light fills the Spheres that they reside in. Their spirit-senses are diminished because the various Spirit Laws that assist with harmony, progression and experience, cannot fully operate with harmony upon one's soul condition until that condition of soul, is more sufficiently developed in the responsibility of its natural love.

The spirit body is truly a magnificent creation, a true work of wonder. The optical and other sensory attributes of the spirit body are perfectly suited to interact with the spirit-energy and spirit-material that form each of the distinct and diverse spirit Spheres. The expression: 'light sensitive' really comes to mind to describe the senses of the spirit body. If a spirit in the First Natural Sphere where to visit the Celestial Heaven the optical and sensory condition of that individual would not be developed to the sufficient quality to relate with that Celestial environment. The process of living with the Divine Love develops the soul condition, which in turn, develops the senses of the spirit body so that as one advances in one's condition, the senses of the spirit body are developed to accommodate the changing spirit environments. If you follow the course of this progression, then you will ascertain why it is necessary to receive the Divine Love. Because without it, one will never be able to sufficiently develop their soul condition and thus develop the senses of their spirit body. The spirit body will retain its condition with its soul that exists in its natural love. Without the Divine Love the spirit body cannot progress beyond the natural condition that each soul resides in. The more the soul condition is in harmony with God, the more the senses of the spirit body mature so that the greater vision and reality of God and love emerges and any illusion that one may have had about such existences disappears from the social view of mortal belief.

### 312. *Word on the Social Spheres*

22 February 2013

The audio-sense of the spirit body is as real and audible to the individual as the optical-sense is, one is never overwhelmed by sound-sensory input in the spirit Spheres. Our capacity to hear and experience sound is as real to us as it was when we could hear the sounds in our human experience. I can listen to external sound and I can listen to my internal sounds of inner thoughts, voice and feelings. We don't have vocal chords as such, but we do have ability to form sound when we communicate. This is another remarkable aspect of how the spirit body works in relationship with our attributes of personality. We have all the senses to receive external sound and our spirit-mind is highly organised in its form to make sense of the sound-vision we communicate with. If one lived with a disability of being deaf or blind in their human life, in the spirit world one's spirit body will see and hear. There is never any *dis-ability* in the form and function of the spirit body in the spirit world. Any physical disability caused by the varied conditions of the physical body, are not carried over to continue this disability in the spirit life. The only disability that one is disabled by, in the mortal spirit world, is the disability caused by poor soul condition. This has been explained to you before. The soul condition of the individual determines



everything about how well the spirit body and personality functions. The choice to improve one's poor soul condition is always a choice present and a choice when asked for help, this service of help and hope is never withheld! The Spirit Law of Assistance, always present and the opportunity to improve one's soul condition is, ever present.

The spirit body doesn't create spirit waste as the human body has evolved to do. The energy required for the spirit body comes from the Sphere environment itself, is an abundant energy in supply, and like the light present, this energy provided for by God for one and all. This energy is infused by the spirit body and is the energy that sustains the individual. A Spirit Law enables the spirit body to receive this energy as the normal life force of energy that fuels activity in the spirit body. People who are now spirits may believe that they are consuming 'things' to do with the appetites derived from the habit of their physical lives, but the reality is these individuals are only repeating the actions from their memories and derive no energy from it. The spirit body in its form is perfectly suited to living in these Spheres and these Spheres have been created and formed to facilitate the attribute of individual personality that forms part of the spirit body to function. Spirits require energy for they are not self-sustaining and we know this because not all spirits are receiving the Divine Love that is the direct energy for the soul.

The most important thing to understand about spirit life is soul condition. Everything in these Spheres is personality-friendly. In these natural Spheres, soul condition is apparent even though the individuals may not be aware of the existence of their souls. In this work, we have referred these natural Spheres as *social Spheres*. Individuals living in these social Spheres are not consciously developing their soul condition by receiving the Divine Love. The activity in these social Spheres remains very consistent with the socialising of relationships, as once lived on Earth, the knowledge of the soul and why it exists remains unknown to these individuals just as it is predominantly on Earth, and that one finds it difficult to provide concrete evidence for the existence of the soul.

Why one person or spirit desires to learn about their soul, when another doesn't? The answer is in the social freedom and independent nature of each individual personality. Without sounding judgemental, Celestial spirits include the humanity on Earth as a social environment. There are individuals who are aware of the Divine Love, and individuals who are aware of the Divine Love and are working on their soul condition. All peoples are involved in their social aspects that form and comprise humanity. If one were to see spirit life in the Natural Spheres, one would see how social human nature is and consistent with the differences of beliefs and experiences that make humanity diverse and wonderful. When a person receives a spirit communication from a natural spirit, there will not be much content or substance to any such message, for the soul condition of the spirit will not be sufficiently developed so the communication will more than likely be of a social visit. All the way to the Sixth Natural Sphere, spirits socialise. In the Sixth Natural Sphere, the intellect is the dominant attribute of the personality. Communication by a spirit in the Sixth Sphere with a person may sound like an advanced 'take' on what people already know. This may sound judgemental on my behalf, but I can only report and state what is true. Without the inclusion of the Divine Love, the spirit body can only function to the condition of the soul in its natural love and the personality cannot exceed the condition of the soul and its spirit body and this is just how it is. I will leave you for a moment as we draw breath.

### 313. *The silent participator*

Of course, the personality is now situated in the spirit body as the soul is. For everyone who becomes a spirit this is a new experience. Becoming a spirit doesn't necessarily make one suddenly 'spiritual' or advanced in any special or unique way. Until the spirit body has the active energy of soul engaged and activated by the Divine Love, the individual remains in their natural condition and their soul, the silent participator in their mortal spirit living. The senses of this natural soul condition of the spirit body, is the principle nature of love that the personality functions and experiences one's natural social life.

When a person begins their receipt of the Divine Love in their human experience, whilst the soul and its image with the image of the spirit body may still appear as being 'invisible', the receipt of Divine Love does cause changes in the soul which consequently cause an effect in the spirit body. When that person transitions into the spirit world it does make it easier for that person to continue in their progression, for an awareness of the Divine Love, already known. Spirit living happens when the soul is involved. All the teachings contained within the Padgett Messages reveal this Truth.

The introduction of the term: New-Birth is exactly this. The Divine Love engages the soul, the energy of the soul changes, which in turn progresses the systems of the spirit body, which in turn develops the attributes of the personality. The New-Birth involves the spirit body as much as it does the soul for you cannot change the condition of the soul without causing an effect in the spirit body. This experience of change from the purely natural and mortal into the Divine and Immortal, can take place in a physical life just as it takes place here in the spirit world in a spirit's life. The only difference between a human or spirit beginning their change from the receipt of the Divine Love, is that the physical condition of the human body and the social presence of people in a human life may prevent one from fully recognising that change is happening in their spirit body and soul.

A spirit can visibly see how, with the receipt of the Divine Love, there are visible changes to their spirit body even though the visibility of their attribute of soul remains relatively unknown to them.

### 314. *Distinctive Differences*

23 February 2013

These messages that I have conveyed to you will add wonderful vision on the nature of the spirit body.

I would like to convey a few things to add to the overall vision and experience of this work. In the human experience people form social laws for living, people live within these laws and the drama of social life goes on. Every person is subject to natural laws such as the field of gravity. People live in different Countries and each Country has its respective social laws that have been implemented as the Country has evolved. This has been the way of things for thousands of years. Humanity lives in the diversity of social laws yet humanity all share in one common law, the field of gravity. People create social laws and impose these laws and this is how it has been done throughout the mortal Ages. In the Natural spirit Spheres there is no need for this to happen. The humanity of spirits do not create the social laws for living and every single spirit is subject to the status quo of the Spirit Laws for social living that are existent in each Sphere and relate directly with soul condition irrespective of what the ego may desire or think to the contrary. There is a good reason for this. On the face of the Earth, humanity lives with distance and humanity establishes its own social laws for living. The whole of humanity reside on one surface even though humanity has created a diversity of social laws. In the spirit world the

humanity of spirits reside on different surfaces, as there are numerous Spheres. Humanity is spread among these Spheres all relative to their soul condition and the invisible Spirit Laws work in their unseen way and impose their attraction so that each spirit person resides in the environment that their soul condition is harmonious to.

We have introduced the reality of the First Natural Sphere. If only this Sphere existed as the mortal spirit world, then the humanity of spirit life would converge in this one giant Sphere and everyone would be together irrespective of soul condition – just as you do when living on Earth. Thank goodness this isn't the case. The Spirit Laws establish the ways of social living just like other Spirit Laws establish the way the soul condition is changed from the mortal into the Immortal by the receipt of the Divine Love.

The Spirit Laws here are greater in their working than any social spirit behaviour. The individual in the spirit world cannot forcibly remove or circumvent by their effort these Spirit Laws to cause or by-pass their effect. One need keep in mind that the entire experience and existence of spirit life involves the personality, the spirit body and the soul condition and so, it is with these Spirit Laws that life is acted upon the soul and not solely on the personality or the spirit body. Most individuals living in the Natural Spheres have little idea or awareness as to the nature of these Spirit Laws. One is not of sufficient soul condition for their spirit body senses to identify the existence of these Spirit Laws. Humanity lives like this on Earth and yet it continues to survive just like natural spirits continue to live like this and they continue to survive. Saleeba, the bright and beautiful, lived in the Natural spirit world for four thousand years before the human life of Jesus and the opportunity to receive the Divine Love. During Saleeba's Earth life she lived as a woman of position with little development or interest in her intellectual pursuits. During her long time in the Natural Spheres her attributes progressed slowly and eventuated in the realisation of the perfection of her intellectual development and in this, Saleeba had perfected her natural love only to advance her soul condition once she became aware that she could, by receiving the Divine Love. And now she is in the Celestial Heaven with all her attributes engaged and activated, with the inclusion of the Divine Love and soul condition and spirit body reflecting this wonderful image. She is working along side you in this work and account of her story and experience previously conveyed in the spirit writings of James Padgett.

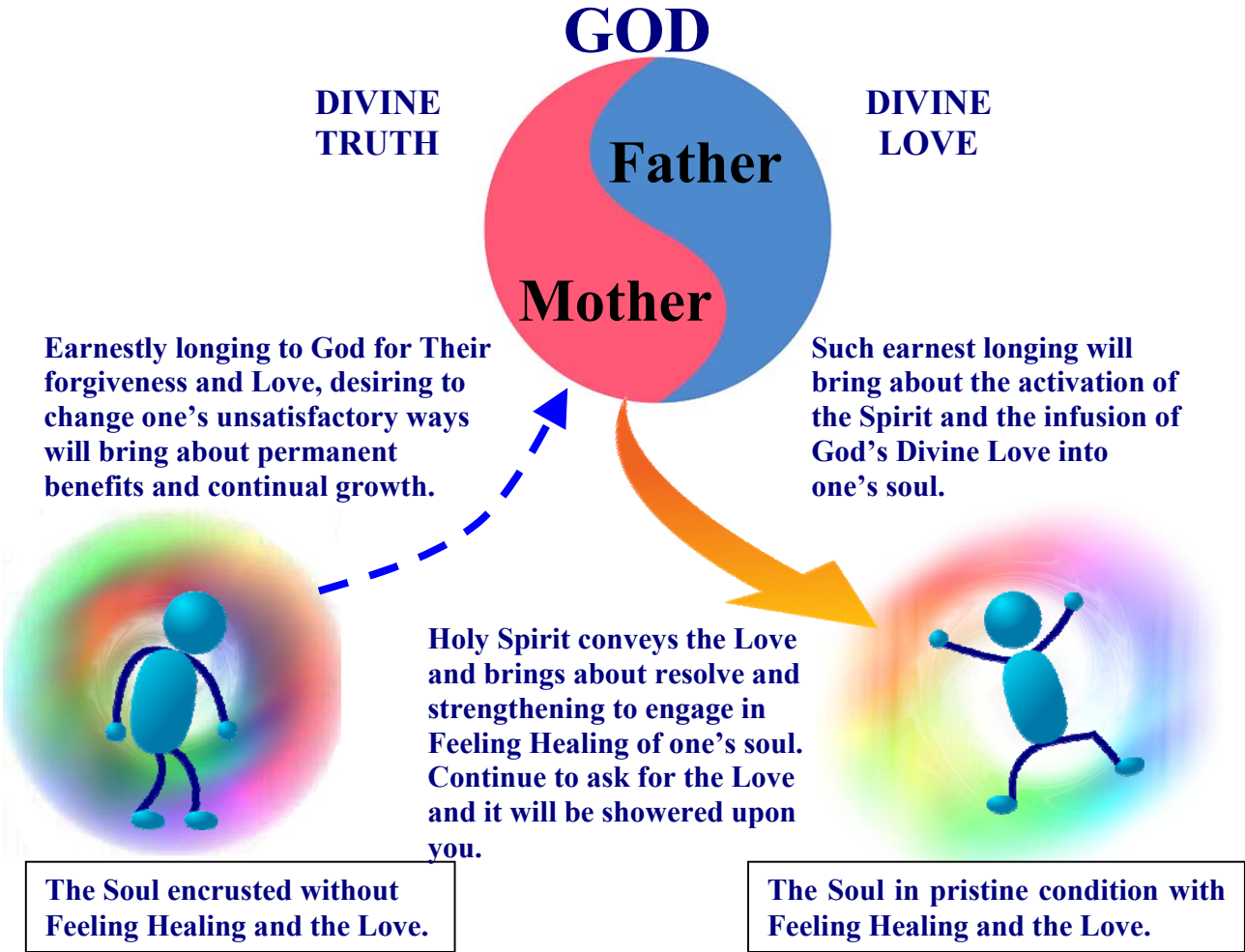
If one in their experience of this work has ascertained that there is in existence two distinct Loves: the natural love and the Divine Love, then one will ascertain that this forms the structure of the mortal spirit world. The source of the Divine Love is from the Soul, God. In the mortal spirit world there are those who live with God and there are those who don't. There are those who live in their social life in the Natural spirit world and there are those who are participating in their relationship with the universal Soul, God. This is a complete image of the whole of the mortal spirit world in its two halves: the mortal and the Immortal Spheres.

There are many distinctions between the Natural and the Divine Love. Learning about mortal and Immortal life involves sorting through these distinctive differences that depict life lived on Earth and life lived in the spirit world. Every single spirit body is unique just as every single soul is unique and every single personality is unique. There are never twin spirit bodies or identical spirit bodies. Each personality has its unique characteristics that identify that soulful person to be, individually independent.

There are no creatures or animals existing in the mortal Spheres. History and biological species that evolve from the Earth remain of the Earth. There are no dinosaurs or sabre-tooth tigers or mosquitoes living in the mortal Spheres. There are historical references but the actual existence of these species, do not reside in some astral form or another. This be said the same for pets and goldfish. One may find this hard to reason why, when people can love creatures and environments but as one progresses in Divine Love, one will realise that it is the content of soul and spirit body consistent with each mortal personality that provides a human or spirit to personalise their individuality with the living and loving Soul, God. There is an energy field that surrounds everything because everything has some component of energy. Until one is aware of what the human and mortal soul is, and how the spirit body is formed and how it functions with personality, people will always place themselves equal with creatures and love them or kill them, nurture or injure them, construct or destroy natural environments and always present from God’s perspective is the Law of Compensation.

With much love and blessings to you both, and I have thoroughly enjoyed contributing these works of Love and Spirit and the nature of the spirit body.

Your Celestial friend,  
Eugene



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

**Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.**

**One can simply receive the Love without following any religious or spiritual teaching taught by man!**

**Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.**

### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



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**The Voice of Divine Love** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light</b>	
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>

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<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

**James Moncreif's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncreif Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

**Introduction to Divine Love Spirituality**

**Main website of DLS**

**Childhood Repression website**

**DLS and CR forum**

<http://religionoffeelings.weebly.com/>

<http://dls spirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on them selves and doing their Healing.

**Feeling Bad? Bad feeling are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**



**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;

DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

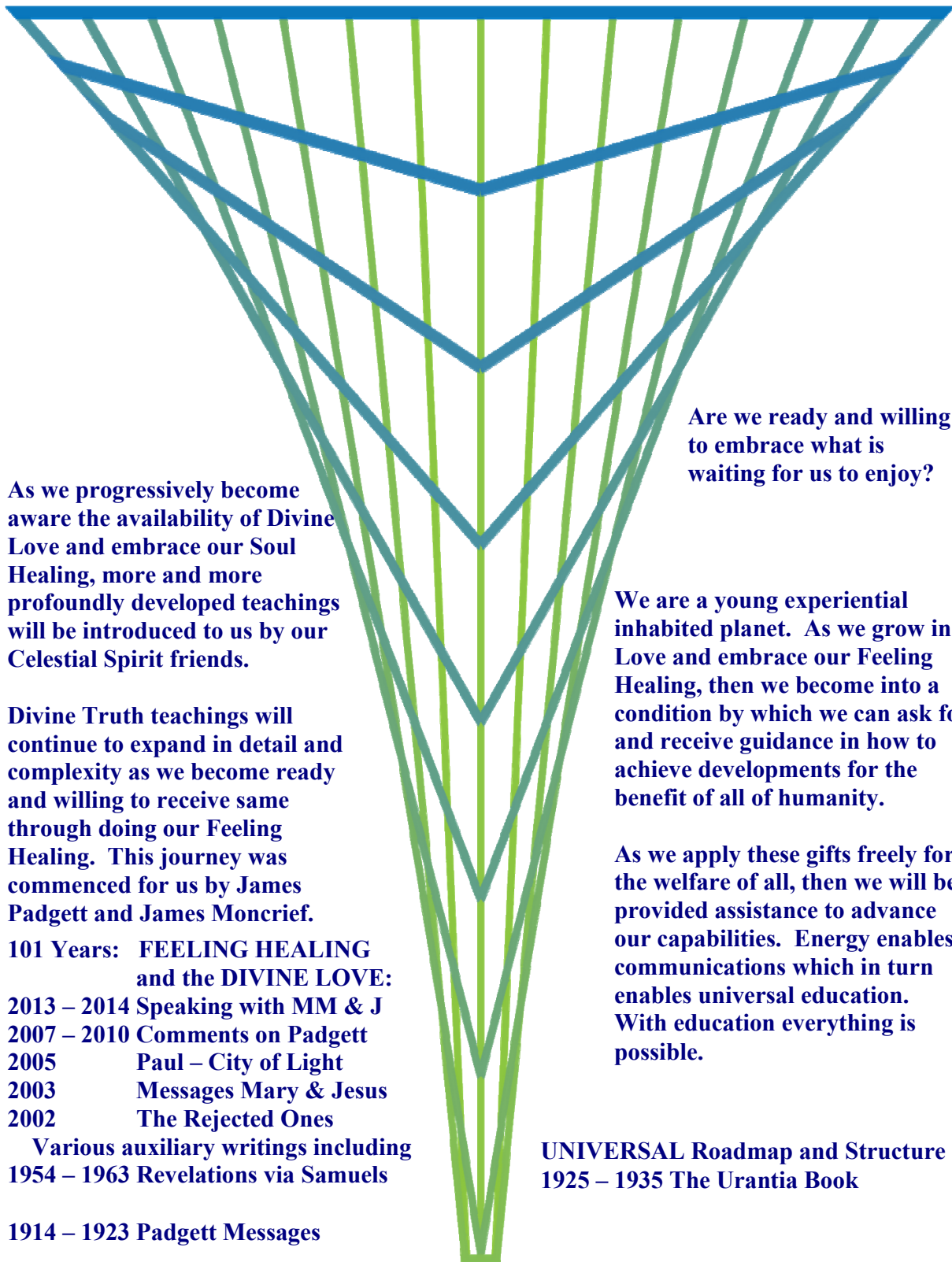
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



*People look for miracles to cure  
disease which is ONLY the  
removal of the effect  
of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY  
PERSONALITY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.