

# PASCAS FOUNDATION (AUST) Ltd



PASCAS FOUNDATION (AUST) Ltd  
11 Crenshaw Court  
Parkwood 4214 Queensland Australia

ABN 23 133 271 593  
www.pascasworldcare.com

Bs +61 7 5594 0479  
www.pascashealth.com  
Em: info@financefacilities.com

25 September 2019

## ENVIRONMENTAL COLLABORATION Crisis 21<sup>st</sup> Century

# CRISIS 21<sup>st</sup> Century

This century has all the hallmarks of being a classic in the history of humanity! Factors are pointing to Earth events that are extreme – way beyond events recorded in our modern history. Long term strategic projects are best when they have factored into them consideration for intensity of weather and extreme Earth events. Should events unfold as some are indicating then it is a matter of unprecedented difficulty.

<https://www.breitbart.com/environment/2019/09/20/nolte-climate-experts-are-0-41-with-their-doomsday-predictions/> Nevertheless, here is a list of doomsday predictions the climate alarmists got wrong. This is [the source](#) for numbers 1-27. <https://cei.org/blog/wrong-again-50-years-failed-eco-pocalyptic-predictions> As you will see, the individual sources are not crackpots, but scientific studies and media reports on “expert” predictions. The sources for numbers 28-41 are linked individually.

1. 1967: Dire Famine Forecast By 1975
2. 1969: Everyone Will Disappear In a Cloud Of Blue Steam By 1989 (1969)
3. 1970: Ice Age By 2000
4. 1970: America Subject to Water Rationing By 1974 and Food Rationing By 1980
5. 1971: New Ice Age Coming By 2020 or 2030
6. 1972: New Ice Age By 2070
7. 1974: Space Satellites Show New Ice Age Coming Fast
8. 1974: Another Ice Age?
9. 1974: Ozone Depletion a ‘Great Peril to Life
10. 1976: Scientific Consensus Planet Cooling, Famines imminent
11. 1980: Acid Rain Kills Life In Lakes
12. 1978: No End in Sight to 30-Year Cooling Trend
13. 1988: Regional Droughts (that never happened) in 1990s
14. 1988: Temperatures in DC Will Hit Record Highs
15. 1988: Maldiv Islands will Be Underwater by 2018 (they’re not)
16. 1989: Rising Sea Levels will Obliterate Nations if Nothing Done by 2000
17. 1989: New York City’s West Side Highway Underwater by 2019 (it’s not)
18. 2000: Children Won’t Know what Snow Is

19. 2002: Famine In 10 Years If We Don't Give Up Eating Fish, Meat, and Dairy
20. 2004: Britain will Be Siberia by 2024
21. 2008: Arctic will Be Ice Free by 2018
22. 2008: Climate Genius Al Gore Predicts Ice-Free Arctic by 2013
23. 2009: Climate Genius Prince Charles Says we Have 96 Months to Save World
24. 2009: UK Prime Minister Says 50 Days to 'Save The Planet From Catastrophe'
25. 2009: Climate Genius Al Gore Moves 2013 Prediction of Ice-Free Arctic to 2014
26. 2013: Arctic Ice-Free by 2015
27. 2014: Only 500 Days Before 'Climate Chaos'
28. [1968](#): Overpopulation Will Spread Worldwide
29. [1970](#): World Will Use Up All its Natural Resources
30. [1966](#): Oil Gone in Ten Years
31. [1972](#): Oil Depleted in 20 Years
32. [1977](#): Department of Energy Says Oil will Peak in 90s
33. [1980](#): Peak Oil In 2000
34. [1996](#): Peak Oil in 2020
35. [2002](#): Peak Oil in 2010
36. [2006](#): Super Hurricanes!
37. [2005](#) : Manhattan Underwater by 2015
38. [1970](#): Urban Citizens Will Require Gas Masks by 1985
39. [1970](#): Nitrogen buildup Will Make All Land Unusable
40. [1970](#): Decaying Pollution Will Kill all the Fish
41. [1970s](#): Killer Bees!

No one has experienced the events that appear to be unfolding now. We can make a diverse range of assumptions and even then we will be surprised as to what may unfold. The reality is that we will not avoid the pain of the disturbances that will continue to unfold until we have healed ourselves. And to heal ourselves, we are to live through and by our feelings – not our minds. Then through our feelings we are to find the truth of our childhood! This starts us on the pathway of ditching the imposed personality that our physical parents created, allowing our true personality to emerge through our soul-based feelings. Our soul is truth loving and not controlling, whereas our minds are addicted to untruth and control of others.



As some of humanity complete the healing of their childhood suppression and repression thereby living a Celestial of truth, then the answers to mysteries will open up for us. No more assumptions to mislead us. Some 98% of assumptions are erroneous as our minds are addicted to untruth and trying to control everything. The 2% of assumptions that turnout being true, are flukes!

Those who heal themselves, becoming of Celestial soul condition while living in the physical and who have an inclination to the history of geology, may find themselves being provided with the information they long for and seek. Within the home city of the first Celestial Heaven there is a massive museum with the history of humanity throughout its one million Earth years. One can access people (mechanical representations thereof) who lived in any era and in any location you want to investigate. Thus the

regions that were subjected the full force of ice ages and pole shifts can be explored. How good is that – no more guess work – just ask the animation of those who actually experienced those events.

However at present, as we are without people who have healed themselves and who have such focused investigative inclinations, so we are unable to access the true of historical events.

Now, these are the daunting events that appear to be coming to the surface:

1. During the 1980s our solar system received a wave of energy that was absorbed by all our planets and Sun. Earth's nickel iron core acts like a giant dynamo. Consequently the increased energy in the core has increased its rotation. The core acts a little like the doe hook or mixer in a kitchen mix master – the contents within Earth – the bowl – have increased a little in agitation and are moving about unevenly as you would expect. This has caused the surface of Earth to increase in temperature by a little more than 1° Celsius – though unevenly. Some areas are warmer and some cooler. Further this is causing increased tensions on the surface hence more powerful earthquakes, volcanic activity and weather events – Global Warming! The environment is more volatile due to the increased activity of Earth's core. Global Warming is not directly due to man's polluting misbehaviour which nevertheless still needs to be modified. We need to learn how to live with nature.
2. The control of humanity is not with its governments. The control is with a few families who control the money printing around the world – the hidden controllers! He who controls the money controls the government. These few people are dynasties – for generation after generation they have been escalating their greed and control, enslaving humanity to fantasy systems that are corrupt to their core. One such family has perfected the way to increase their wealth through war. They have funded both sides of every war since the time of Napoleon Bonaparte – since the *Napoleonic Wars* (1803–1815). One cannot anticipate how and where they will instigate yet another war. In the meantime they enslave governments and their citizens to their extortionistic funding.
3. These hidden controllers have key personnel, though not necessarily the leaders, in every major government around the World. Progressive leaders are continually stymied by this corrupt interference from strategic but second tiered management – puppets of the hidden controllers. Governments are finding their economies being at the mercy of these few money moguls. Case in point: The USA rate on overnight repurchase agreements hit 5% on Monday, 16 September 2019, according to Refinitiv data. That's up from 2.29% from late last week and well above the target range set in July 2019 by the US Federal Reserve, which is 2% to 2.25%. The surge continued on Tuesday, with the overnight rate hitting a high of 10% before the New York Fed stepped in. The New York Fed spent US\$53 billion to rescue the overnight lending market. It required the New York Federal Reserve Bank to inject US\$75 billion to bring the illiquidity crisis back into balance and even then the interest rate is still at 5% on day three. This demonstration of hidden controllers' power, in this case, to point out to the Chancellor of Germany that she (Angela Merkel) is to accept the 'negotiated' funding that these same hidden controllers put to her on Sunday – 15 September. Such a disruption of the money system targeted at Germany's fragile Deutsche Bank would result in a global banking crisis of great magnitude. The Deutsche Bank is said to be five minutes to midnight from bankruptcy. The monetary system of the World is at the mercy of these money moguls.
4. Weaponisation of the World is obscene. A twitchy finger could plunge humanity into a nuclear autumn of winter within one hour. Most of humanity would not die from a nuclear war between

Russia and USA – they would die later from the destruction of the atmosphere resulting from the nuclear inferno. Consider that these two nations refrain. The impact still would be catastrophic should Israel and Iran go to war – nuclear style – or India and Pakistan, or North Korea and China or some other nuclear insanity occur. The world appears to be arming for a global conflict but how it will break out is a wild assumption as is every other assumption.

5. There appears to be another or more waves of energy surging through our local solar system. This will further increase the internal activity of the core of planet Earth – as it also will for our neighbouring planets and Sun. The already critical sensitivity of the Yellowstone Caldera could be triggered by this further energy influx into the massive eruption that is anticipated. More than half of the agriculture of USA would be permanently destroyed to say the least. The style of ash from this caldera, should it be breathed in, sets like stone within one's lungs through the added moisture provided in breathing – it is a lethal cocktail!
6. There are presently two gorilla economies on Earth. Both flexing their dominance and displaying their nationalistic characters. USA is clearly a global bully but cannot be told that. They are building defensive systems and strategies, however much of the World sees these moves as offensive. China is the other. To the World, China's President Xi Jinping who is appointed ruler for life, is seen as authoritarian and nationalistic. China's military buildup and expansionism is disturbing.
7. Does anyone fully understand China's dilemmas? It has a population of 1.4 billion people who could rapidly turn against the authoritarian government if their prosperity does not continue to grow. China's one child policy is now turning the population into an ageing community. The next two decades will see China's growth potential greatly hamstrung by the burden of an aged community. More significantly is the possibility of the physical pole shift moving the North Pole to around Lake Baikal which is an ancient, massive lake in the mountainous Russian region of Siberia, north of the Mongolian border, snap freezing the surrounding area. The pole shift may go further south into Mongolia, or even freezing major parts of China itself, or further south still. No one knows. It may come to pass that it does not move at all. Nevertheless, so what is to happen if the greater part of China becomes uninhabitable, where are all to the people to go? And when you recognise how serious this is being taken by the Chinese Government, then you can understand what is driving their foreign policies and their investment in the Silk Road being the One Belt, One Road program. Beijing's new futuristic airport – resembling a giant starfish – Daxing International Airport will be able to handle 45 million passengers by 2021, with plans for 72 million by 2025 and 100 million by 2040!
8. Should a geographic Pole Shift take place then it will be rapid. Will there be major movements up and down of the crust of the planet – no one knows. Pole shifts appear to follow a major surge of energy passing through our solar system – impacts will also occur on our neighbouring planets. Such energy will enable internal pressures to liquefy and adjust in all kinds of unimaginable ways.
9. Then are to come the changes of the emerging Spiritual Age. The Avonal Age may bring about the Earthing of the Law of Compensation. The Law will function in the same manner as it does within the First Mansion World – no one can cause harm to another! Your intent to cause harm to

**Assumption  
is the mother of all  
screw-ups**

another brings about the instant imposition of compensation thus debilitating you to the point that you cannot carry out your harmful intent. War would then be at an end.

10. Science would come to realise that its endeavour to eradicate diseases – the pain from illness – is totally pointless. Only through progressing through your Feeling Healing will you become free of illness. Disease is imposed upon us to prompt us to feel and long for the truth behind such discomfort. Science has not eradicated any of the diseases, it just re-emerges in a different and more aggressive form – look at the annual but different global flu epidemics.

What is clear is that:

1. Weather events and Earth changes will continue to intensify in severity and frequency. Thus plan and build in anticipation accordingly.
2. Global financial systems are now so fragile that a total collapse and rebuild is inevitable.
3. The health care industry is yet to recognise and address the underlying cause of illness and commence the work of true full healing. Childhood suppression and repression is presently being ignored as that would upset the child's parents! All childhood illness and deformity are a direct result of their parents' own childhood suppression and repression.
4. Food consumption habits need to move away from high resource demanding products such as beef and lamb. Food supply will need to progressively move back to home gardens – fresh is best.
5. It takes a village to raise a child. Communities need to recommence to be interactive. Electronic communications have many pluses but they are so impersonal. True free expression of one's feelings is ever so important in our healing.
6. Education needs to be free and voluntary. More importantly it is to be driven by your passions and what you are focused upon. Yes, it will be what is constructive for your daily living and environment.
7. Should a Pole Shift unfold it may be the end of electrical power or it may not be. With each Pole Shift the frequency at which Earth functions has drastically changed thus ending pre-existing power sources. The Earth behaves like a gigantic electric circuit. Its electromagnetic field surrounds and protects all living things with a natural frequency pulsation of 7.83 hertz on average — the so-called "Schumann resonance." The last Pole Shift of nearly 13,000 years ago ended the ability to utilise magnetic / gravitational driving forces to travel and shift goods as well as cut and assemble complex rock structures. Humanity may need to revert back to that rock age or some other technological age – whatever that entails. No one knows. Maybe solar panels will continue to work! Who knows!
8. In June 2014 there was a change in Earth's frequency. That was when the Russian Space Observatory System showed a sudden increase in activity with a varied elongation from 8.5 Hz to 16.5 Hz. The researchers were amazed at these values, something that had never been recorded that way. More recently, other peaks have been detected, increasing the planet's frequency to more than 30 Hz. Is this a pointer to what is to unfold for Earth and its humanity?
9. On the 22 March 2017 interference from mind spirits from the mind Mansion Worlds 1, 2, 4 and 6 was progressively blocked by the Celestial Spirits from the Celestial Heavens 1, 2 and 3. On 31

January 2018 the Universal Contract governing the Rebellion and Default that has played out over the past 200,000 years was terminated. Control of humanity has been passed over from the rebellious mind spirits of the spirit Mansion Worlds to the Celestial Spirits of the Celestial Heavens. This all being in anticipation of the Avonal Age being the coming 1,000 year Spiritual Age.

10. All systems that have emerged through the Rebellion and Default will be ended. Nothing will remain that is of the mind era. Living through our minds has brought about all the misery, grief, illness, unhappiness and injustice that we see rampant around the World. All of the old ways and norms are to go. Everything is to be rebuilt through living Feelings First, our feelings are soul-based and are in truth – our soul is truth loving and always in truth. This is the start of the Great U-Turn!

# GREAT U-Turn

It is now time for humanity to embrace their feelings, their soul-based feelings and live by and through their feelings having their minds assist with the implementation of what your feelings are guiding you to do. In this manner the village community will become one in the bringing up of children within the village scenario.

It takes a Village  
to raise a child.

It will become apparent to all just how “assumptions” have driven the creation of our core teachings and the development of all institutionalised systems that are used and followed by all of humanity. Not even the isolated villagers have been immune from this corruption by evil minded controllers of all descriptions.

A step up for all parents, and would be parents, is to start creating emotional awareness in children:

Nobody teaches us how to allow or feel emotions healthily, yet emotions are the gateway to profound healing.

So many of us have learned from a young





age how to shut down, run from or manipulate our emotions. That it's somehow socially unacceptable or weak to allow our true feelings to be expressed or shown. Our parents and carers have countless times told us that we should be strong, impassive and not cry, be afraid, get angry or in any way 'too emotional'.

*Truthfully, habitual emotional avoidance is one of our biggest mistakes in life. Stop that today.*

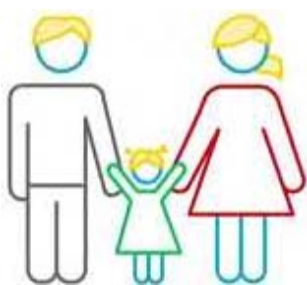
Be gentle with your emotions, encourage and embrace them and fully experience them until they are completely understood. Long to know why you are feeling this or that way – you will be shown what is behind such feelings – be they good or bad. We are to express and be the personality that we truly are, not the one imposed upon us by our parents and carers during our early childhood. We are to shed the charade that we have been driven to adopt through our early childhood and be true to ourselves.

Our early childhood brought about our childhood suppression and repression relentlessly. It commenced from the moment of conception even though our physical parents mostly would not have been aware of our presence. Their suppression of our true personality being relentless through to the time of the arrival of our Indwelling Spirit when we were aged six years, then we begin to assert ourselves more readily, however we are unaware of the great harm already imposed upon us.



Our parents and carers did not know what they were doing as they were mostly mirroring how their own parents brought them up. This error of child rearing goes back many millennia – 200,000 years. Now it is to stop because now we can free ourselves of the Rebellion and Default. We can begin to heal ourselves by longing for the truth behind our feelings and express that truth to a willing companion.

The error of embracing the mind as the source of our potential is the complete epiphany of wrongness. Our minds are addicted to untruth and also addicted to control – control of others. Every facet of our life is now embroiled in control being imposed upon us – it is relentless.



Dengue Typhoid Hepatitis A Trichomoniasis Polio Skin fungus Shingles Leprosy  
 Flu Measles Diphtheria Sleeping sickness Candidiasis Smallpox Herpes  
 Gonorrhoea Yellow fever Ebola fever Tapeworm Mumps  
**Common Illnesses**  
 Plague Syphilis Whooping cough Chickenpox Cholera  
 Tetanus Conjunctivitis Scarlet Athlete's foot Rubella Malaria

diabetes arthritis diabetes  
 heart attack heart attack  
 neuropathy cholesterol hypertension stroke  
 obesity cholesterol obesity  
**Chronic Disease**  
 COPD insomnia Chronic Disease diabetes stroke  
 hypertension COPD stroke asthma COPD  
 cholesterol



This controlling nature of all parenting imposes upon our growing energies instantly at conception and continues through incarnation which is the moment that the embryo commences to pump blood, around day 16, all through gestation and through our childhood. The controlling natures and emotional injuries of our parents are reinforced and extended by our teachers throughout our schooling, our religious and

spiritual leaders guidance, our employers and over the top of all these are the many layers of government.

This continual suppression and repression of our true selves is the foundation and cause of all physical illness.

It is also the cause of all the ailments that society displays throughout every aspect of life.

## PERSONALITY



**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and  
female personality - it is a duplex!**

Now begins the journey of living through your feelings, rather than the mind. We were seduced by high level spirits to embrace our minds as the pathway to perfection and power, however, they have been leading us to a dead end from which we have to return to the start and commence our evolution through our feelings. This will be a difficult journey however we all will and have to undertake our healing eventually. Either we commence our healing here in the physical or within the spirit Mansion Worlds.

Aspiring to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

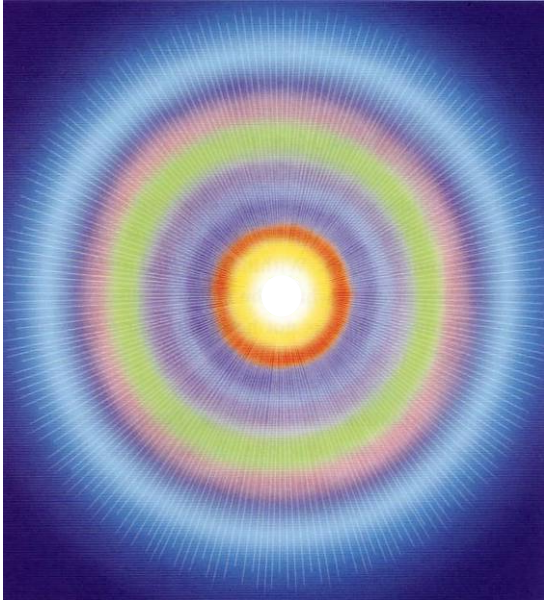
Pascas Care Letters Environmental Collaboration Awareness  
Pascas Care Letters Environmental Collaboration Beginning  
Pascas Care Letters Environmental Collaboration Crisis 21<sup>st</sup> Century  
Pascas Care Letters Environmental Collaboration Developed Civilisations  
Pascas Care Letters Humanity is Addicted to Untruth



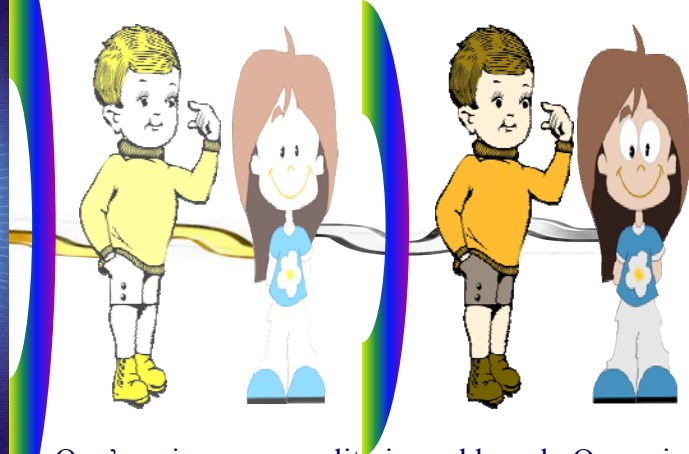
## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## **SUPERKIDS**

**Natural self Expression through Feelings**

Self Empowering

Self Revealing

Self Loving



**Feelings First**

# How is it for you if you are Truly Honest with Yourself?



♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

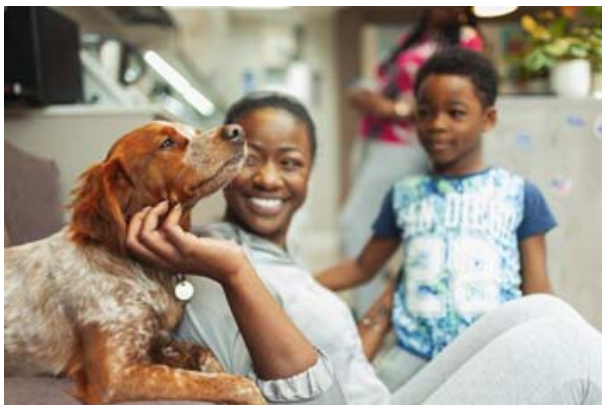
♥ You believe you truly love your children, believing you are devoted to them, wanting them be as you want them to be?



~~~~~

♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

**BREAKING the BARRIER of the MIND – ENGAGING the SOUL!**



# **D**YNAMIC personality

Personalities who complete their Soul Healing will demonstrate a dynamic personality that has never been previously achieved throughout the history of humanity. Such dynamic personalities will be recognisable for their innate abilities of comprehension, wisdom and leadership – they will become the ‘council of elders’ for all of humanity.

Though we may begin our Healing journey with one of many complementary modalities, it is only through longing for the truth of what is behind our feelings, good and bad, and by expressing all of our childhood repression and suppression injuries do we enable our soul based personality to manifest and display its true potential – our real selves.

Feeling Healing with Divine Love becomes Soul Healing.

Progression through the equivalent of the seven Mansion Worlds of Healing with Divine Love brings about the fusion of your Indwelling Spirit with your soul and enables you to live a Celestial Soul Condition while you live on Earth.

Divine Love does not heal, however it does transform the soul from natural love to Divine Love once our childhood repression and suppression injuries are healed through Feeling Healing.



ALL complementary health and healing modalities around the world are engaging the mind to suppress emotional injuries and pacify the client / friend / patient with almost instantaneous relief. Only the soul can heal – not the mind – mind engagement is temporary. Many healing modalities do commence to engage in what we are to do in healing ourselves, however none of them go deep enough into our childhood repression and suppression. We are to long for the truth behind every feeling, both good and bad and express what we feel to a very close companion or friend. This is a very long process which ultimately fits us to enter the Celestial Heavens. This is the process that we all must engage in here on Earth or in the Spirit Worlds.



Our Spirit Friends on duty



# OUT GATEWAY ISOLATION



## Chinese Make Important Find on Moon

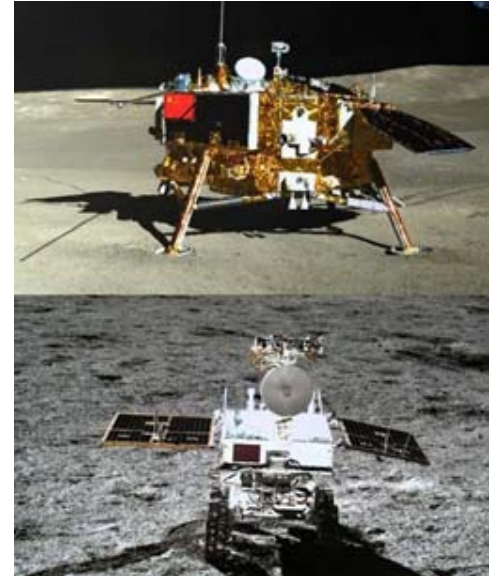
<https://endtimesand2019.wordpress.com/2019/09/06/chinese-make-important-find-on-moon/>

Posted by [David Montaigne](#) · September 6, 2019 · [1 Comment](#)

From sciencealert.com “Chinese lunar rover Yutu-2 has rolled over a strange mystery on the far side of the Moon. At the bottom of a small, recent impact crater, the rover found a shiny unknown substance the Chinese space agency described as a “gel with a mysterious lustre.”

If it is really a gel, the substance would be a sign of life – even more amazing.

I suspect it is black melt glass formed many thousands of years ago during a solar micronova. There is much evidence, starting with Thomas Gold almost 50 years ago, that the sun has periodic outbursts of brief but intense light and heat, as described in Isaiah 30:26 “the light of the sun will be seven times brighter, like the light of seven days.”



Ben Davidson, founder of Space Weather News, presented multiple scientific studies of “micronova” (aka “solar flash”) events that recur in human history, and the subsequent pole shifts that haven taken place on a cyclic basis. The scientific data confirms that micronova events are common occurrences in our galaxy, and such events span Earth’s history, are associated with pole shifts, yet the evidence has been suppressed by government authorities for decades.

What is a micronova? It’s not a supernova, it’s not even really a nova, as it is like the little sister of the nova, one that can affect the entire world but not completely destroy it.

What the Chinese lunar rover Yutu-2 is investigating is for evidence of micronova impacts there.

Earth is not the only planet to experience pole shifts – just the only one with a human civilisation to suffer the consequences. But evidence suggests these periodic catastrophes recur on many planets, quite possibly at the same time from the same solar outburst that triggers them.

So, if a ‘solar outburst’ is the cause of pole shift on Mars AND Earth, and the suggested mechanism for causing it is imbalance due to ice accumulation, which causes crustal shift only upon sufficient lubrication, which is enabled by the solar outburst, then this implies the crustal makeup of Mars is similar to Earth, and Mars has ice accumulation at its poles too?

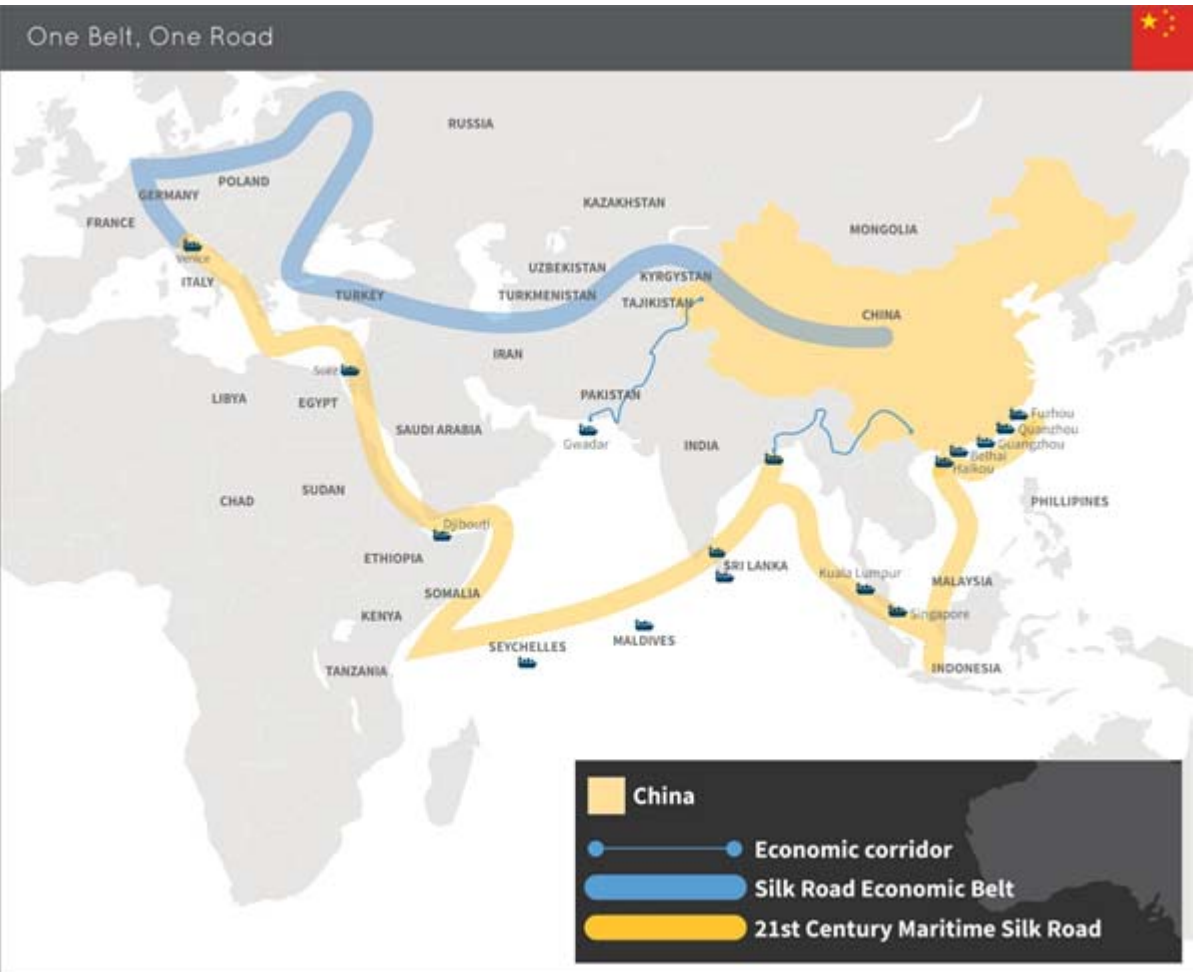
The Chinese are anticipating a Pole Shift coming their way and are preparing for it with strategic global infrastructure as well as underground security at home!

**The New Way: Learning how to live true to ourselves by living true to our feelings.**



# The reviving of the Silk Road

Infrastructure projects being planned and undertaken as of December 2015 in China's Belt and Road initiative.





## CHINA PORT ACQUISITIONS

In October 2015, the Chinese-owned Landbridge Group won the bid for a lease of Port Darwin. The Northern Territory Government granted the company a 99-year lease for AU\$506 million. The contract price is more than 25 times the profit the port had earned over the preceding two years, and Landbridge also promised to invest AU\$200 million over a 25-year period.



Shandong Landbridge Group is a privately-held company with headquarters in the city of Rizhao, Shandong Province, China, which is owned by Ye Cheng, a billionaire with close ties to the Chinese government and the Communist Party of China.

Attention has been drawn to Darwin's newly minted "friendship" deal with Yuexiu District, in Guangzhou, due to Chinese media describing it as part of President Xi Jinping's signature Belt and Road Initiative.

This suggests Chinese authorities regard Darwin as having strategic significance.

The Darwin port deal increasingly looks like a blueprint for how Chinese interests can take control of foreign ports – as it is doing by various means around the world – without arousing local opposition.

China has gained a foothold in Europe's three largest ports: respectively Euromax in Rotterdam, the Netherlands, of which it owns 35%; Antwerp in Belgium, in which it holds a 20% stake; and Hamburg, Germany, where it is to build a new terminal.

In Israel, China is building two new ports, in Haifa and Ashdod. Local academics have urged the Israeli government to assess how much China can be involved in its economy without compromising its security interests.

Sri Lanka hands over running of Hambantota port to Chinese company

The Chinese military is also extending its presence abroad. It has established a military base in Djibouti, and is expected to establish one in Gwadar Port in Pakistan.



Further, China has also invested AU\$114 million in the expansion of Luganville port in Vanuatu.



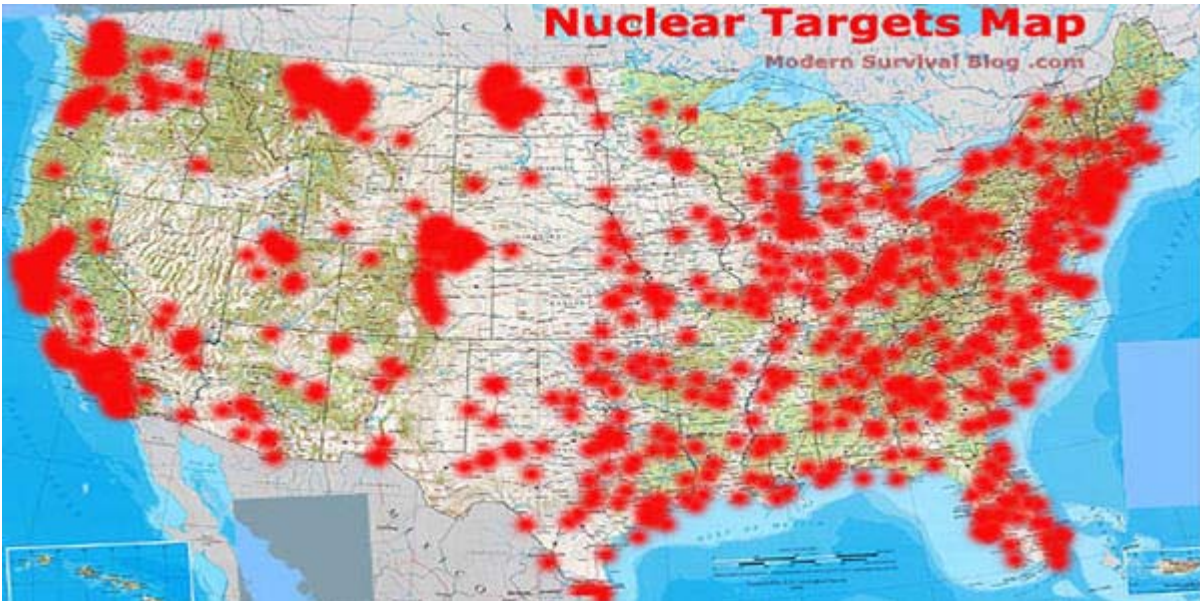
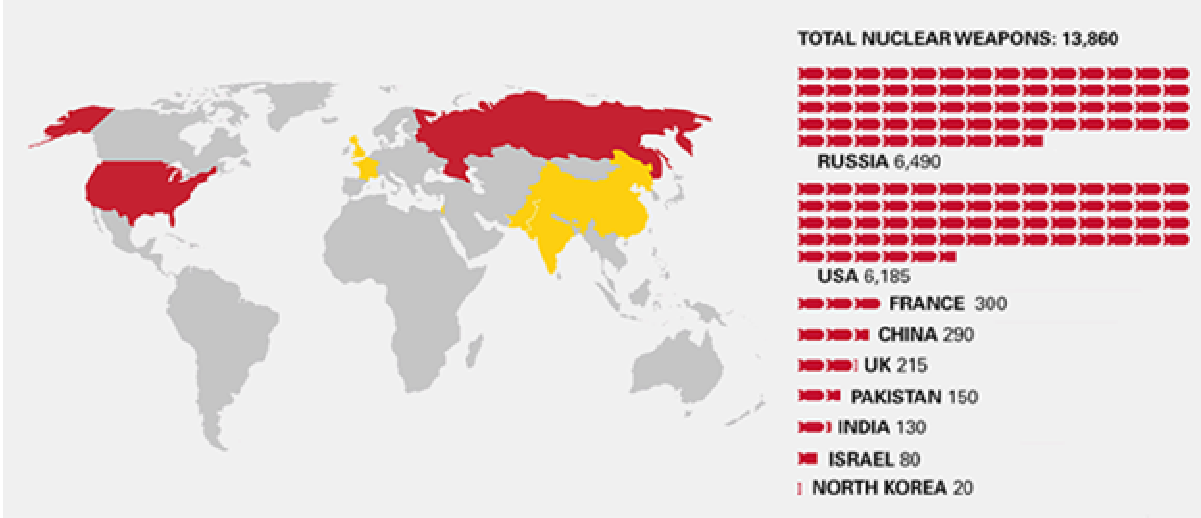


**WORLD WAR III will be Nuclear**

May the powers to be of USA and Russia refrain from unleashing their arsenals – neither would survive nor would any of the northern hemisphere!

Nevertheless a World War III would take a few years and create one hell of a mess.

**WORLD NUCLEAR WEAPONS STOCKPILE**





**This is exactly how a nuclear war would kill you:**

<https://www.vox.com/future-perfect/2018/10/19/17873822/nuclear-war-weapons-bombs-how-kill>

The most devastating long-term effects of a nuclear war actually come down to the black smoke, along with the dust and particulates in the air that attacks produce.

In a nuclear war, cities and industrial areas would be targeted, thereby producing tons of smoke as they burn. Some of that smoke would make it into the stratosphere — above the weather — where it would stay for years because there’s no rain to wash it out. That smoke would expand around the world as it heats up, blocking out sunlight over much of Earth.

As a result, the world would experience colder temperatures and less precipitation, depleting much of the globe’s agricultural output. That, potentially, would lead to widespread famine in a matter of years.

The impact on the world, however, depends on the amount of rising smoke. While scientists’ models and estimates vary, it’s believed that around 5 million to 50 million tons of black smoke could lead to a so-called “nuclear autumn,” while 50 million to 150 million tons of black smoke might plunge the world into a “nuclear winter.”

If the latter scenario came to pass, Robock said, “Almost everybody on the planet would die.” Alan Robock is an American climatologist. He is currently Distinguished Professor in the Department of Environmental Sciences at Rutgers University, New Jersey. He advocates nuclear disarmament.

Let’s take each in turn.

### 1) “Nuclear autumn”



A nuclear fight between New Delhi and Islamabad (India and Pakistan) could cause a “nuclear autumn.”

“Even a ‘small’ nuclear war between India and Pakistan, with each country detonating 50 Hiroshima-size atom bombs,” Robock and Toon, the University of Colorado Boulder professor, wrote in 2016, “could produce so much smoke that temperatures would fall below those of the Little Ice Age of the fourteenth to nineteenth centuries, shortening the growing season around the world and threatening the global food supply.”

Here’s why: an India-Pakistan nuclear fight of that size could emit at least 5 million to 6 million tons of black smoke into the stratosphere.

At that point, American and Chinese agricultural production, particularly in corn and wheat, would drop by about 20% to 40% in the first five years. It’s possible that the cooling would last at least a decade, plunging temperatures to levels “colder than any experienced on Earth in the past 1,000 years,” Robock and Toon wrote.

Ira Helfand, a board director at the anti-nuclear war Physicians for Social Responsibility, calls this scenario a “nuclear autumn.”

As many as 2 billion people would be at risk of starvation even in that “limited” range, he estimates, most of them in Southeast Asia, Latin America, North America, and Europe. “The death of 2 billion people wouldn’t be the end of the human race,” he told me, “but it would be the end of modern civilisation as we know it.”

The effects could get worse. The lack of food would drive up prices for what sustenance remains. Surely there would be worldwide skirmishes — and perhaps wars — over remaining resources. The situation could get so bad that we might see *another* nuclear war as states try to seize control of more food and water, Helfand fears.

That’s a scary scenario — but it could be even more horrifying still.

## 2) “Nuclear winter”

The absolute doomsday scenario is a “nuclear winter.” For that to happen, the US and Russia would have to use about 2,000 nukes each and destroy major cities and targets, Toon told me. Each country would effectively take out the other — and likely bring down most of humanity as well.

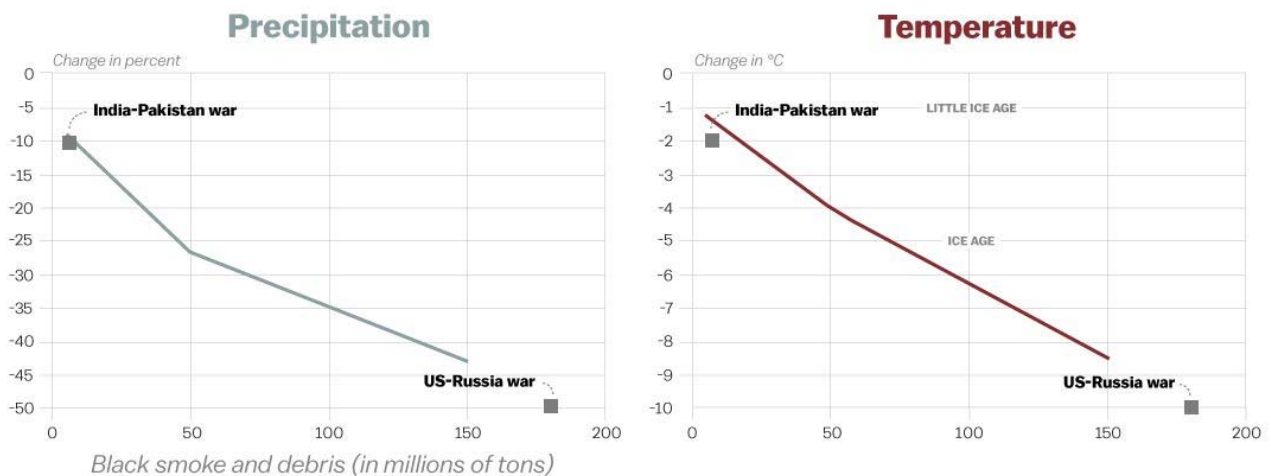
According to Robock and others, the roughly 150 million tons of black smoke rising from burning cities and other areas would spread around to most of the planet over a period of weeks. That would plunge surface temperatures by about 17 to 20 degrees Fahrenheit (9° Celsius to 11° C) for the first few years, and then come back up just by 5 degrees Fahrenheit (3° C) for the following decade.

The Northern Hemisphere would suffer the coldest temperatures, but the world would feel the impact. “This would be a climate change unprecedented in speed and amplitude in the history of the human race,” they wrote.

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

Global precipitation would also drop by around 45%. Between that and the cold, almost nothing would grow, ensuring those who didn't die in the nuclear firefight soon would die of starvation. And if that didn't do it, the depleted ozone layer — a side effect of a major nuclear war — would allow large amounts of ultraviolet light to make it to the surface. That would harm nearly every ecosystem and make it harder for some humans to go outside. “A Caucasian person couldn't go outside for a few minutes before getting a sunburn,” Toon told me.

## What happens to the climate after a nuclear war



Source: Robock/Toon, Bulletin of the Atomic Scientists, 2016.

*Christina Animashaun/Vox*

Some experts, however, disagree with the conclusions of Robock and his colleagues' work. In 1990, five scientists who coined the term “nuclear winter” said their original findings were overblown and that a large-scale nuclear war wouldn't extinguish humanity. And in February 2018, Jon Reisner and others in a government-backed study wrote that the impact of smoke in the atmosphere would be bad, but not as dire as Robock's crew have predicted.

Still, the point remains the same: A nuclear war would almost certainly affect hundreds of millions or billions of people not directly caught in the fighting. Its effects would reverberate, sometimes literally, around the planet.

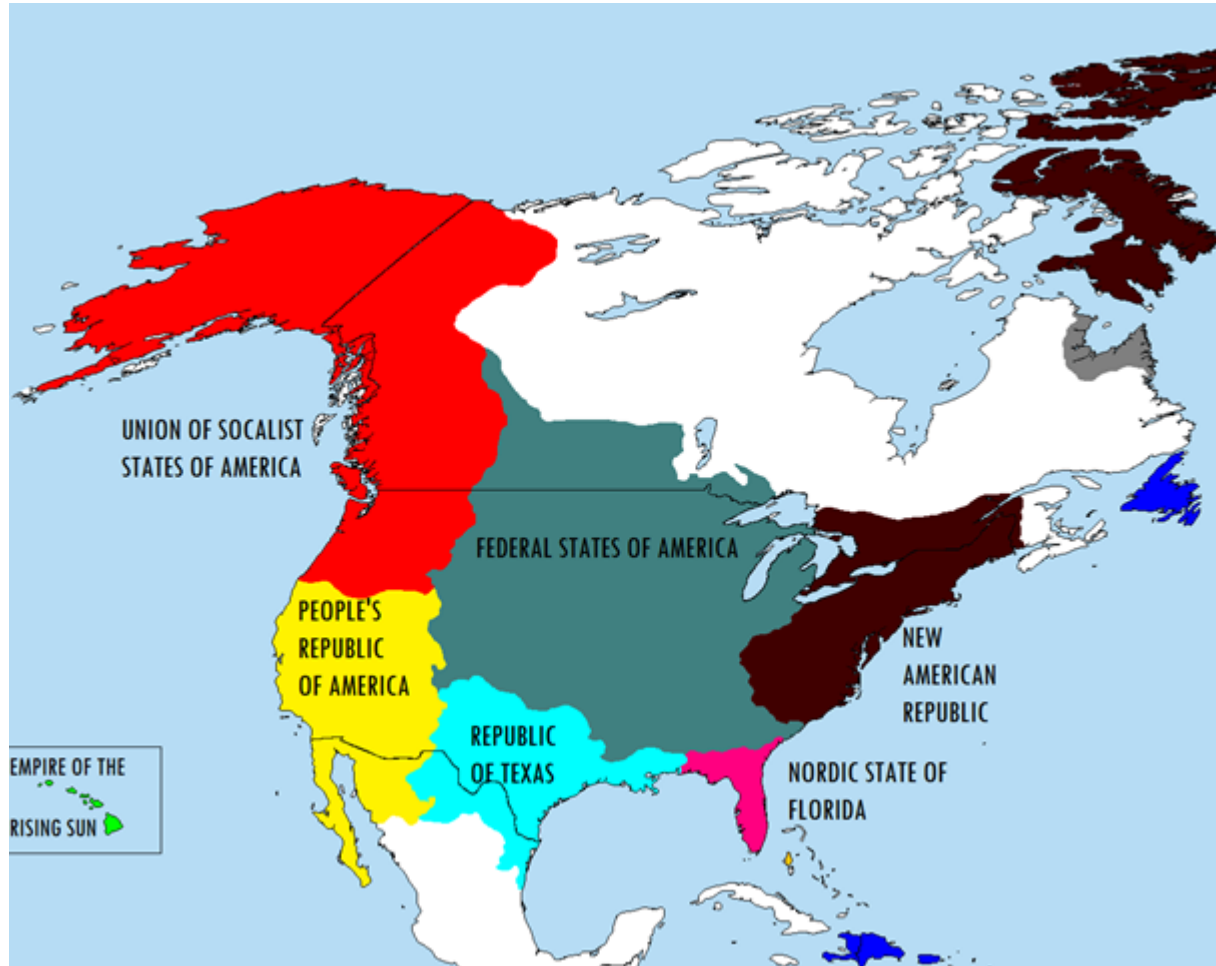
That's why some don't ever want to run the risk of a nuclear conflict — and are trying to do something about it.

### What to do about nuclear weapons?

There's only one surefire way to stop the future use of nuclear weapons: remove them entirely.

## UNITED STATES of AMERICA becomes very UNUnited!

Be it a World War III and/or the eruption of Yellowstone Caldera, that with the internal tensions within the United States is leading to blocks of states creating independent nations. The combination of these events will result in this gorilla nation shedding its bully nature.



Similarly, the other gorilla nation being China, should it be subjected to a World War III and subsequently a physical Pole Shift imposing its freezing elements upon China would also see that nation dispersing around the world and loosing its bully nature that is presently emerging.

## **Our Galaxy's Central Black Hole is Awakening; Expect Big Changes on Earth When We Feel the Effects**

Posted by David Montaigne 15 August 2019

Years of research have led me (David Montaigne) to a few conclusions. One is that [catastrophic pole shifts devastate the surface of the Earth roughly every 13,000 years](#). Second is that “Ice Ages” are merely local problems resulting from areas being rotated into a polar area for 13,000 years. Third is that the trigger for such Earth changes is a combination of terrestrial, solar, and cosmic cycles that are probably controlled and triggered by what Dr. Paul LaViolette called a “galactic superwave.”



As he describes it in books like [Earth Under Fire](#), the black hole at the centre of our galaxy has an active phase in which it spews out light, radiation, gravity waves, and dust. The galaxy is full of expanding spherical shells, 13,000 light years apart, emanating from the centre of the galaxy and spreading outwards towards and past Earth (and every other star and planet) triggering cyclic pole shifts and supernova across the galaxy.

We can't detect an incoming superwave because it travels at light speed. When one arrives here it will be about 23,000 years old. But we can see similar expanding waves in other spiral galaxies, and we can pay attention to myths and ancient records of such devastating events. For example, the Greek Historian Diodorus wrote of such an event that by his reckoning occurred approximately 10,718 BC – and he said there were less detailed records of another event around 23,000 BC.

I think we are due for the next [pole shift](#) soon – and in [End Times and 2019](#) I detail the clues in biblical prophecy that point to the week of December 21-28, 2019 as a possible time frame for the next catastrophe.

What got my attention in news from August 12 is a sudden 75-fold increase in output from the black hole at our galactic centre (known as Sagittarius A)



### **Wakey wakey, rise and shine! Black hole begins flashing, scientists baffled**

“A super-massive black hole in the centre of the Milky Way just woke up and is flashing 75 times brighter than ever observed.... Sagittarius A\*, a super-massive black hole, is normally low key with minimal fluctuation in brightness. Recently, however, it bloomed 75 times brighter than ever before for no apparent reason.”

### **Our Galaxy’s Black Hole Suddenly Lit Up and Nobody Knows Why**

“The super-massive black hole at the core of the Milky Way became 75 times brighter in just two hours.” UCLA astronomer Tuan Do said in an email: “We think that something unusual might be happening this year because the black hole seems to vary in brightness more, reaching brighter levels than we’ve ever seen in the past.”

I think some scientists do know why, and they know what is likely in the near future – they just won’t be telling the public.

Books for download:

[www.pascashealth.com](http://www.pascashealth.com)  
in this series:

**Library Download**

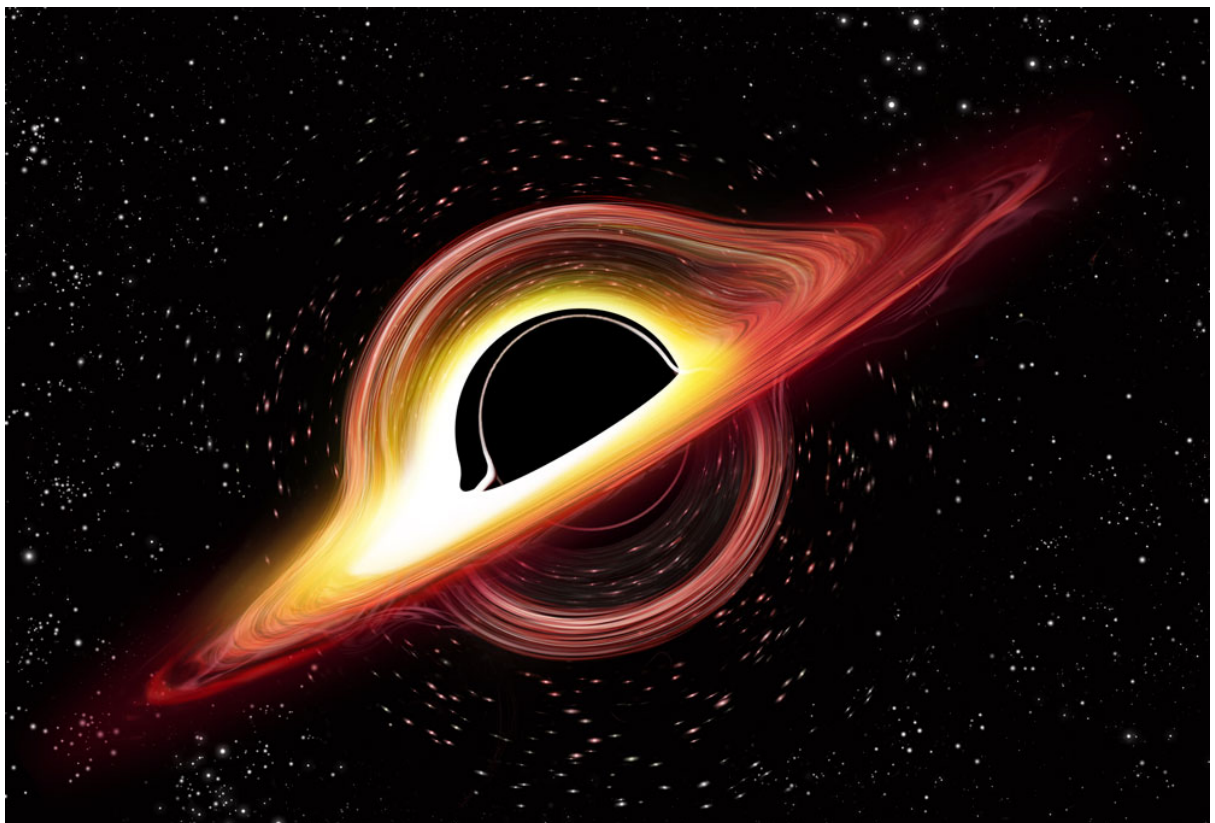
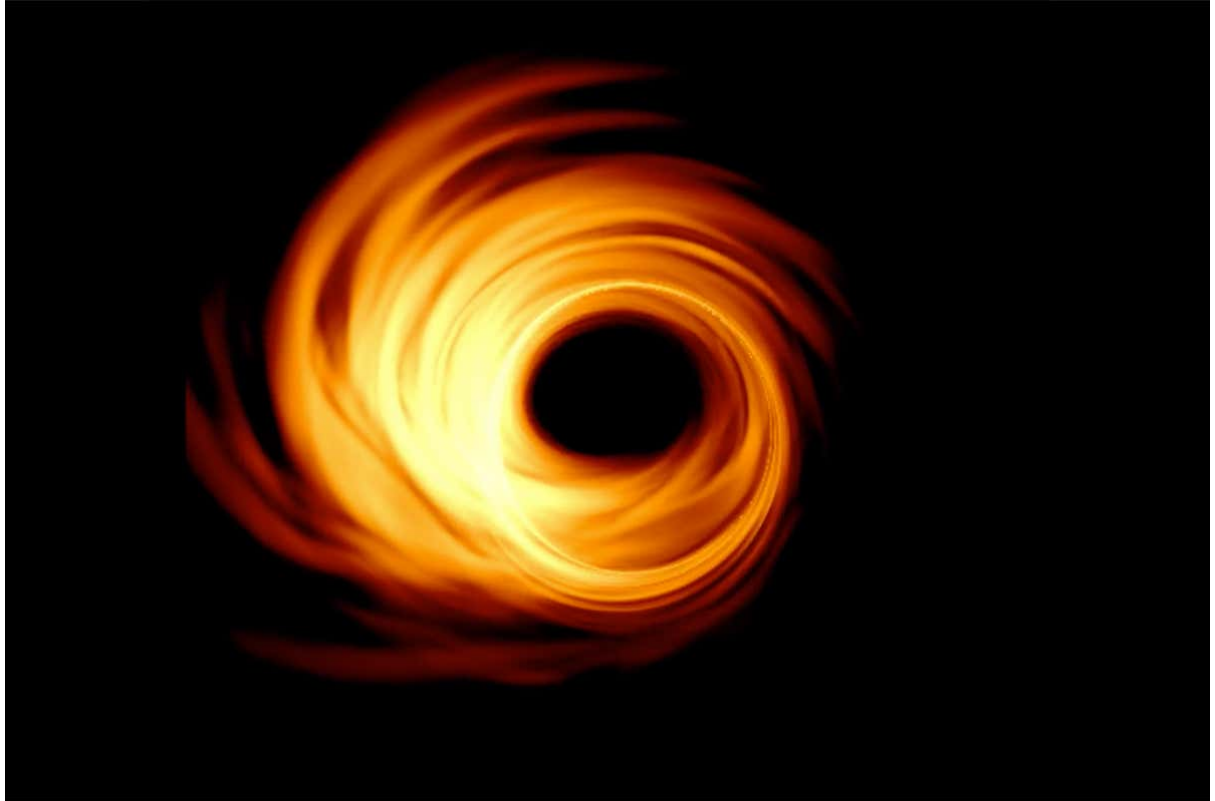
**Pascas Introduction Notes  
free PDF downloads:**

U-Turn for Humanity Pascas reveals New Feelings Way  
 U-Turn for Humanity pathway being New Feelings Way  
 U-Turn for Humanity shutting hells through New Feelings Way  
 U-Turn for Humanity through the New Feelings Way  
 U-Turn for Humanity unfolding the New Feelings Way  
 Universal Gift – Feeling Healing with Divine Love  
 Feeling Healing and Divine Love Discussion Prompts

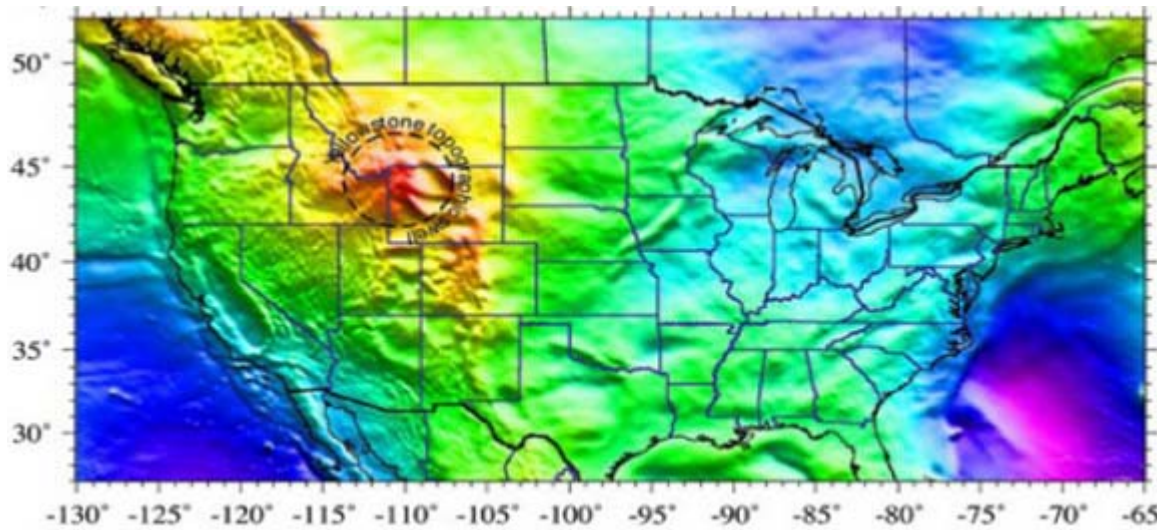


## BLACK HOLE photos August 2019

We can't see Black Holes directly but we can observe their effects. V616 Mon is our nearest black hole it's 10 times heavy than our sun.



## YELLOWSTONE Caldera



YELLOWSTONE volcano could one day wipe out large swathes of the US, and blanket the country in a sea of thick volcanic ash, scientists have gravely warned ahead of eruption.

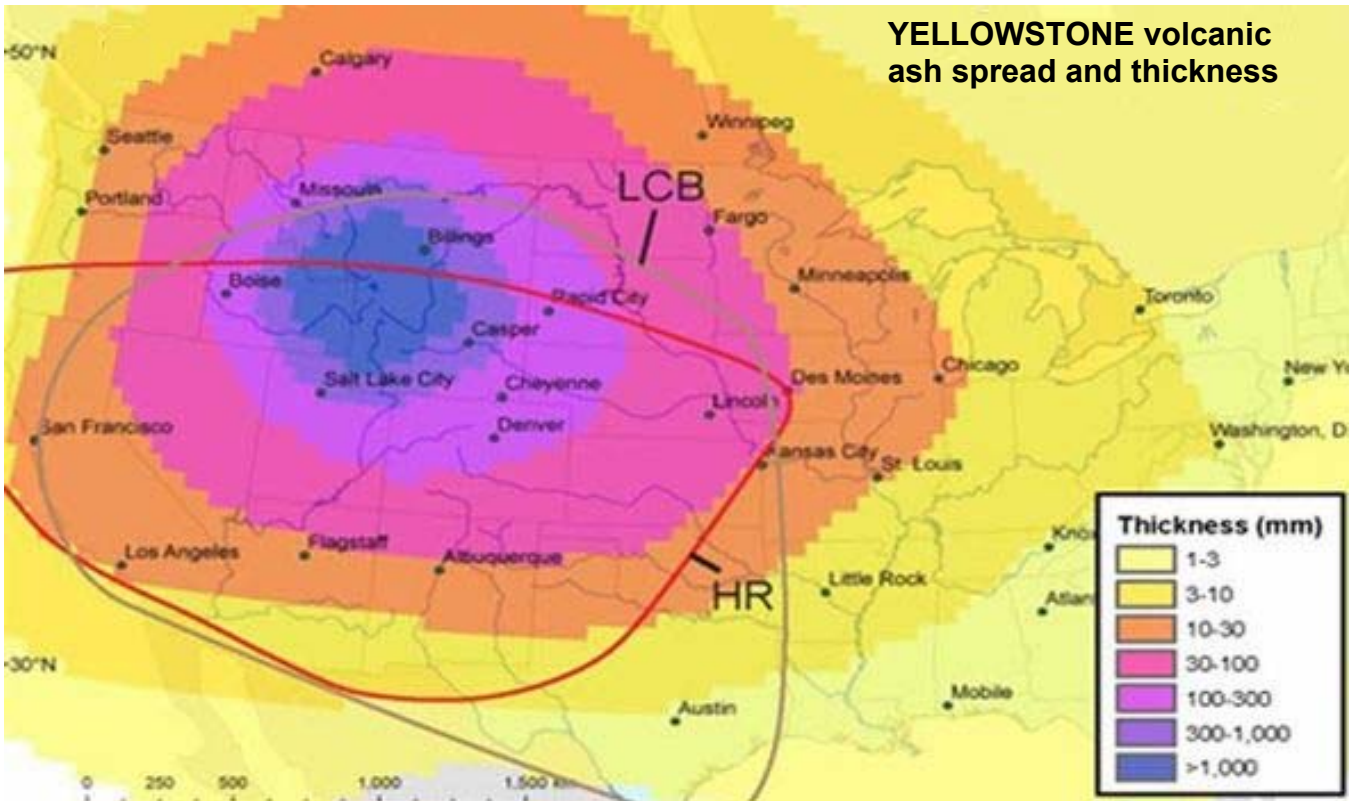
Devastating Yellowstone volcano eruption simulations predict that no one in the US would be safe from feeling the effects of the cataclysm.

The biggest cause for concern, outside of Yellowstone's immediate vicinity, is the hazardous downfall of volcanic ash.

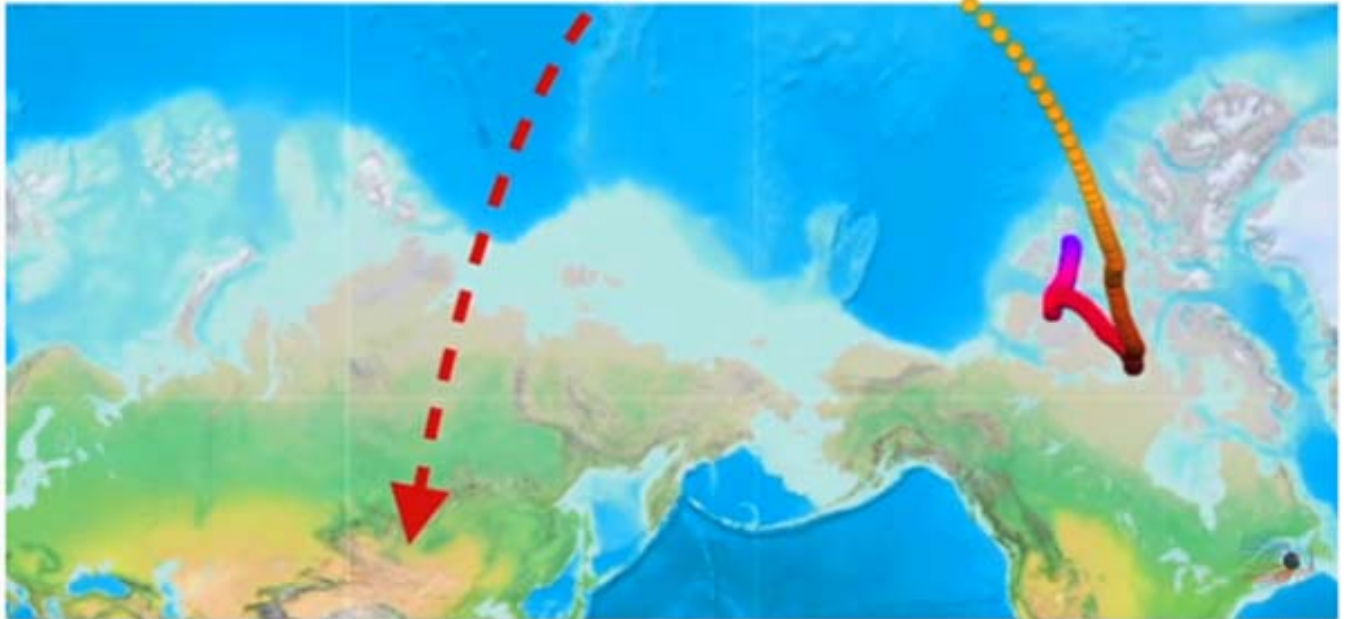
Clues hidden in past Yellowstone eruptions from hundreds of thousands of years ago paint an incredibly hopeless future.







**NORTH POLE may physically shift to this new destination during the 21<sup>st</sup> century:**



#### Earth Catastrophe Cycle | Pole Shift

There are two ways of considering what is meant by a pole shift:

- **A geological or axial shift** in which the Earth's crust literally slips around its molten core -- like a loose peel on an orange -- altering the positions of land masses with respect to the planet's rotation on its axis. A physical pole shift. This could happen by a few degrees or by many degrees. Antarctica could wind up at the equator and Miami could be the new North Pole. The effects on our civilisation would be devastating.
- **A shift of the magnetic poles only.** As it is, the Earth's magnetic north (the north that compasses point to) is not exactly the same as the true North Pole. This magnetic pole is not fixed and can move. In fact, scientists are fairly certain that it has shifted by as much as 180 degrees several times in the past. This change may be sudden or it may be gradual, taking place over hundreds or even thousands of years. The effects on life on the planet would probably be minimal, affecting perhaps the migratory or homing instincts of some animals.

Your government and religious leaders may not want you to know, but the evidence suggests that pole shifts are both magnetic and geophysical, with a periodic cycle of recurring and predictable cataclysms involving huge earthquakes and tsunamis, changes in latitude and altitude, mass extinctions, and the destruction of civilisations, reducing them to myth and legend. Disinformation is promoted to distract you on nonsense and Nibiru, from Atlantis to Zetas... yet the truth remains: Evidence from geology, biology, astronomy, physics, history, mythology, religion and prophecy all suggests that the next pole shift is due in the 21st century.

It can be considered that ice ages recorded in northern America and Europe are the result of physical pole shifts. Thus it was not a severe cooling of Earth but a physical shifting of the North Pole and a subsequent era of the polar ice being in a different location. It is anticipated that it will be found that Antarctica was inhabited in past eras. The Piri Reis maps of 1513 show Antarctica without ice long before it was discovered and later mapped.



David Montaigne makes the following claims on his website:

“Survivors will experience the first day of a pole shift – when the entire surface of the planet will shift out of position and move over the more fluid layers beneath the crust. Over the next few days this will cause earthquakes and tidal waves and volcanic activity which will almost completely destroy what is left of our civilisation. There is a mountain of evidence in historical, geological, and biological records showing such pole shifts have happened before. Even the Bible describes them repeatedly. I think that we will experience another pole shift for the week following, getting worse each day until the natural disasters culminate (one week later).”

What is understood is that a physical pole shift is a rapid event. Woolly mammoths have been found with their undigested food suggesting rapid freezing. Their dating suggests that may have occurred at the time of a physical pole shift. A physical pole shift appears to occur around 12,500 to 13,000 years apart with reliable regularity. The severity of each physical pole shift is wide ranging. The last event resulted in dramatic Earth surface adjustments resulting in the submersion of Atlantis and possibly also Lemuria in the Pacific Ocean basin.

What is apparent is that China is taking the possibilities of a rapid cooling taking place and is clearly taking strategic actions such as the Silk Road initiative of One Belt, One Road. Some governments have been building massive underground tunnel systems and accommodation. Some have installed underground nuclear power production plants within their tunnel systems.

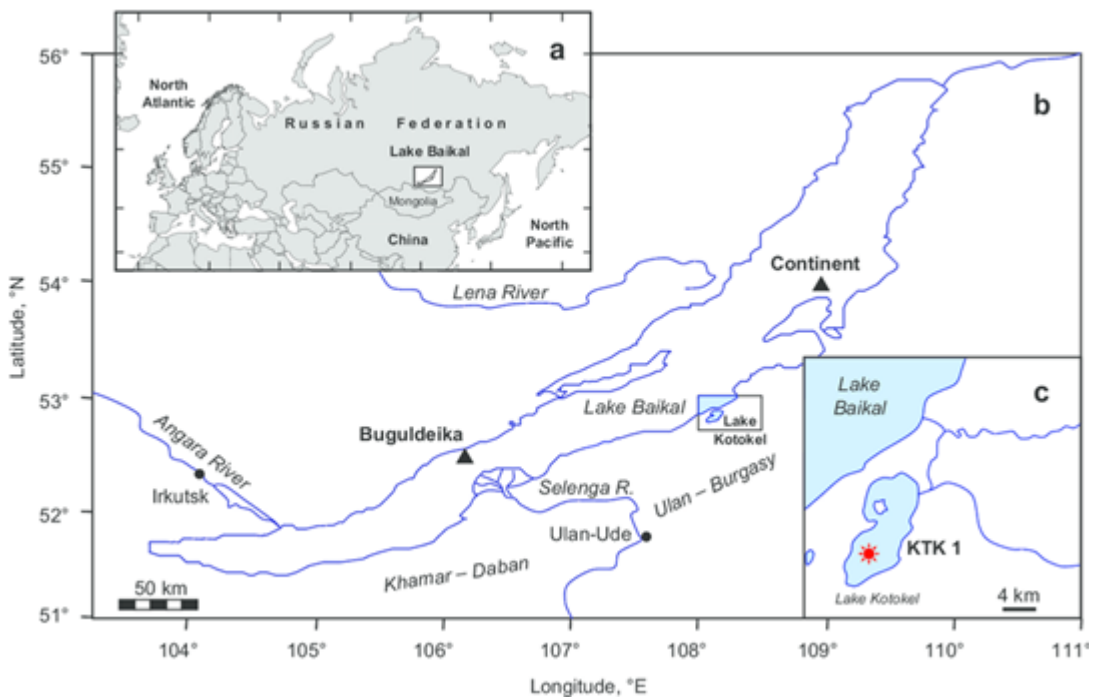
### What Are the Chinese Building Underground in Hainan?

<https://www.youtube.com/watch?v=w7B916WDLec>

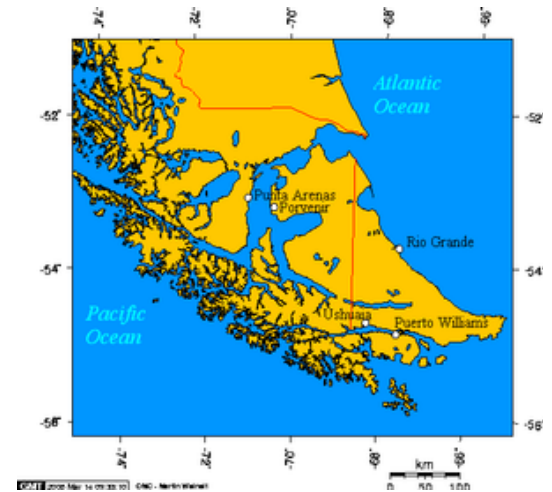


## MAYBE the NORTH POLE shifts to the proximity of LAKE BAIKAL!

So maybe we presume that the increase of energy flowing into the centre of Earth from the Universe does bring about a physical shift of the North Pole to southern central Siberia just above Mongolia and all of these events unfold rapidly. So where is the equator then positioned? Well, first of all where will the poles be? David Montaigne in his blog and book, “Pole Shift, Evidence will not be Silenced”, provides a comprehensive overview of background pointers.



*Latitude: 53 North, Longitude: 108 East* is Lake Baikal, Russia (Siberia). The opposite of that is *Latitude 53 south, Longitude 72 West* being southern Chile. Cape Horn is the southernmost headland of the Tierra del Fuego archipelago off southern Chile, and is located on the small Hornos Island. It marks both the northern boundary of the Drake Passage and where the Atlantic and Pacific Oceans meet.



The west coast of the continent of Antarctica may become a temperate climate zone – ideal for Pascas Worldcare administration! Queen Mary Coast is Australian territory. A physical Pole Shift as mooted here would change the latitude of the coastline, currently that of the Antarctic Circle being latitude 66.5° south, to that of present day Canberra and Wollongong which is latitude 35° south. An oceanic sub-tropical climate with humid summers should prevail.

The **Australian Antarctic Territory** covers nearly 5.9 million square kilometres, about 42% of **Antarctica** and the equivalent of nearly 80% of the total area of **Australia** itself.







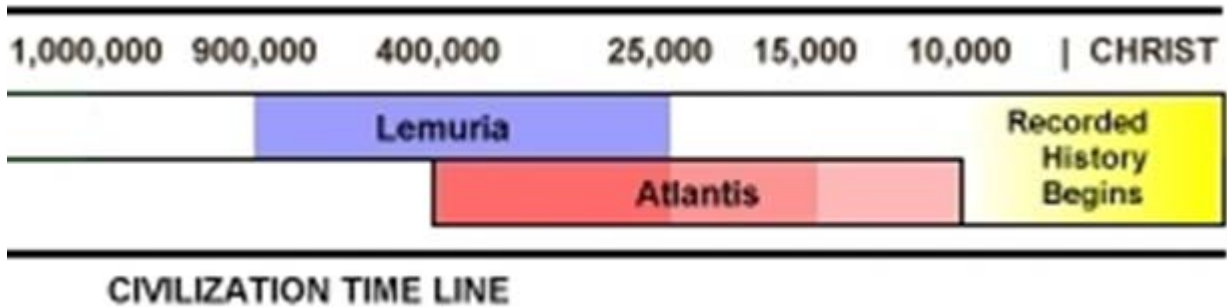
Now we have a very speculative position of a new Equatorial Line following a physical Pole Shift!







Each physical pole shift also brings about shifts in the Earth's crust with some areas rising and other regions subsiding. There is a great deal of variation in the severity of these events. The last pole shift entailed severe crustal shifts where as others have been moderate.



James: Hello Nanna Beth, this is the latest article from Sorcha Faal:

September 15, 2019

## **Russia Mobilises 12,000 Troops After “Snake-Like” Alien Craft Communicating With Mysterious “Interstellar Object” Attacks Norway**

<http://www.whatdoesitmean.com/index2984.htm>

By: Sorcha Faal, and as reported to her Western Subscribers

A disquieting to normal senses new Ministry of Defence (MoD) report circulating in the Kremlin today is completely ignoring the drone attack that wiped out half of Saudi Arabia’s oil production yesterday, as well as Iran responding to it by their declaring that they “*are ready for war*”—with its, instead, placing as its highest national security items the Akademik Lomonosov floating nuclear power plant that has just reached its Arctic port and the 12,000 Russian and Belarusian military forces now conducting war exercises should they need to be deployed there—all of which is being overseen by System of Forward-looking Military Research and Development (SFLMRD) astrophysicists gravely concerned over the shocking discovery just made by Russian amateur astronomer Gennady Borisov—who, a fortnight ago, on 30 August, photographed a mysterious interstellar object that has entered into our Solar System—only the second discovery of this kind ever made in all of recorded human history—on 2 September was detected sending an electronic stream of energy towards the Italian oil port city of Ravenna where a “*snake-like*” alien craft suddenly appeared—which was quickly followed by news that the United States “*is silently monitoring snake-like UFOs seen all across their country*”—a monitoring of these alien craft justified after the one appearing over Norway on Friday resulted in the oil tanker Dubai Harmony suddenly bursting into flames—and comes a week after the MoD warned that a mysterious alien race was returning to Norway to retrieve their Nazi “*Children of Shame*”. [Note: Some words and/or phrases appearing in quotes in this report are English language approximations of Russian words/phrases having no exact counterpart.]

According to this report, the Large Hadron Collider (LHC) is the world's largest and most powerful particle collider and the largest machine in the world operated by the European Organisation for Nuclear Research organisation (CERN)—was first started up on 10 September 2008—a little over a year later, in November-2009, saw its Director for Research Sergio Bertolucci stating that “*out of this door might come something, or we might send something through it*”—had installed outside its headquarters a statue honouring “*The Destroyer Of Worlds*” Hindu god Shiva—in 2015 earned the full support of the socialist Obama-Clinton Regime who declared that “*A New Era for United States Cooperation with CERN*” had begun—and was a “*new era*” celebrated by satanic robe wearing CERN scientists who performed a “*mock*” human sacrifice in front of their “*Destroyer of Worlds*” statue of Shiva.

With the ending of this secretly recorded video of human sacrifice ritual clearly showing the young woman stabbed by these satanic robe wearing CERN scientists “*crying out and running away*”, this report notes, most concerning to Russian intelligence agencies was that no database in the entire world had a picture of her—and to this day, no facial recognition searches have seen her appearing anywhere in the world—thus making it gravely alarming when, just months after this “*human sacrifice*” occurred, on 19 October 2017, the first interstellar object ever detected in known human history suddenly appeared in the outer edges of our Solar System—that was named Oumuamua, the Hawaiian word for a scout or messenger—and appears to have confirmed CERN Director for Research Sergio Bertolucci admitting that their true objective for the LHC was that “*out of this door might come something, or we might send something through it*”—most importantly because Doctor-Scientist Avi Loeb, the Chair of

Harvard University's Astronomy Department, and one of the world's leading experts in physics, determined with his scientific team that the "*peculiar acceleration*" of this first in known history "*interstellar messenger-scout*" suggested that it "*may be a fully operational probe sent intentionally to Earth's vicinity by an alien civilisation*"—and which may have received from these CERN scientists the body of their human sacrificed victim that proves their allegiance and devotion to whatever threatening alien race this may be.

With Russian amateur astronomer Gennady Borisov having just discovered on 30 August only the second interstellar object to have ever been detected coming into our Solar System in recorded history, this report concludes, it was only prudent that the MoD has begun planning a military response—a response quickly matched just hours ago when the US military posted airspace closures all around their most secretive space defence base Area 51—both of whose expert tacticians know full well that an invasion by an alien species of our planet would first begin by their sending a "*scout reconnaissance*" interstellar spacecraft to gather intelligence—that would then be followed by a "*probing spacecraft*" designed to test our planet's defences—a mission it would accomplish by directing its smaller spacecraft to attack vital defence infrastructure, none of which is more critical to our planet's defences than our global oil industries, which without we'd be virtually defenceless—but most terrifyingly—is a war for the defence of our planet which we've gone through in our ancient past—and was when the "*false serpent god*" named Baal tried to establish dominion over our planet and institute the satanic practice of human sacrifice, most particularly of babies and young children—and as described in the writings of these ancient peoples, many of whom knew him as "*Shiva*", was ultimately defeated and forced to leave our planet by a tribe of Semitic peoples living in what is now Israel, whose God they followed proved was more powerful than this alien monster could ever dream of being.



James: And as usual I wonder if there is any truth to it, and what it's all really about, as they've had a few articles like this over the years, with there being a growing seriousness and intensity to them. And as they are the only weird so-called spiritual thing that captures my attention, everything else I can easily explain as Mind Spirits or irrelevant, so I would like to discuss it with you.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Certainly James; and to answer your next question: yes, we as usual have been putting the thoughts in your mind explaining some of what you have read.

James: Okay, so if we could try and write down those thoughts... Is there any truth to all of this about a mysterious alien race returning to Earth to retrieve some of its kind, namely according to the Sorcha's, top Nazis who bred with willing white Nordic participants to create the 'perfect race', these top Nazis supposedly being of this alien race; from Sorcha: "Elite ancient occult-trained Nazi Germany officers held mass marriage ceremonies with young Norwegian women (above) to breed "Star Children" whose spacefaring Nordic Alien true "parents" would then one day come to retrieve."

Nanna Beth: It's the same usual big muddle James, so I will try and pick it apart for you. Many of the top Nazis, including Hitler himself, were infatuated with the ancient knowledge that came their way suggesting that beings (aliens) from a higher order (race) came to Earth many years ago and bred with the local unevolved races looking to make a new higher and more superior and sophisticated race that would dominate the Earth. Which of course is snippets of truth and the story about Eve and Adam coming to Earth wanting to bring into being their superior Violet race that was meant to breed with the local races helping them to spiritually evolve. But because of their Default, that fell by the wayside as TUB (The Urantia Book) tells you, a few remaining children of theirs being able to pass on their genes. And these genes, together with the myths from those times, both remnants, came to the attention of the



Nazis who were very interested in the occult, spiritualism, and being able to somehow contact the ‘other side’ or beings from other material worlds.

As you’ve read, such things are contained within ancient writings held by the Tibetan Buddhists and Hindu texts, together with hieroglyphics inscribed on walls of the pyramids, underground caves and other things, together with all the other ancient left overs from prior Pole Shift civilisations dotted about the world. And as such things surface for one reason or another they are quickly hidden and taken away if they can be by the main governments, mostly American, Russian, the Jews and hidden controllers, to be used to shed light on the coming Pole Shift, and possibly used to make superior technology from. Because as you know, the leaders of the last Pole Shift age, and even including a couple of other Pole Shift ages before that, had access to other energy systems that during this Pole Shift age have not been made available to humanity. However the secret scientists following on from the Nazis have been working to try and unlock such hidden power because they have found evidence that these so-called ancient, and supposedly ‘inferior’ civilisations, like Atlantis, had in fact superior technology of a kind, with one aspect of it allowing people to leave Earth in ‘rock craft’ to move about the inner solar system, and to build other unmanned craft to fly only certain trajectories with the intention of returning at specific times for various reasons. So a little of that is what you’re seeing now. These strange incoming interstellar objects are some of these ancient made structures returning to Earth. They are not alien made, nor do they contain aliens, they are all ‘home grown’; and as we’ve told you, nothing from other material worlds can positively influence or negatively interfere with Earth, particularly now you are isolated because of the Rebellion.



So the Russians who are far more astute and open to such unorthodox matters, and having found lots of underground and hidden evidence of such past civilisations in their country, have recorded as their article points out, energy transmissions from these returning objects. And those transmissions were meant to trigger certain hidden (should they have survived the last Pole Shift) rock-machines that would help supposedly the surviving humanity prepare for the next Shift. However the trouble is, which the ancients hadn't bargained on, the energy systems that drove and allowed such technology to function, is no longer readily available to humanity, so these incoming rock-craft can't perform the function they were meant to. So they try, which then sets off other effects, some of which the Russians, hidden controllers and the Jews, and then coming up behind, the Americans, are seeing. The Americans can't quite let go of their Christian ideas so as to grasp the notion that perhaps Jesus was one of these visiting Aliens coming to make a few adjustments so as to keep humanity in and on line in readiness for the upcoming Shift, and all that needs to happen to deal with that. So they are not as openly accepting as the Russians and Jews. The Americans tend to think it's all a bit of hogwash and fantasy, the aliens returning, yet think they should keep abreast of it, just in case, and having a lot of the ancient technology themselves hidden away in their Area 51s and such like, are more intent on trying to crack the hidden codes (which they all believe exist) allowing them access to these hidden energy systems, the first ones to do that being able to then easily rule the world.

So it's really the Russians and hidden controllers (and their associated Zionist Jews) that think along the lines of the alien race returning to take their Star Children off the world ahead of the next Shift. Then to presumably return them to the world when the world has been ‘Made Anew’, they to lead the survivors

and create their 'Heaven on Earth'. The hidden controllers believe wholeheartedly that they are the Chosen Ones, and have been trying to communicate directly with these off-world aliens who used to be here and is said will one day return, so they might be saved along with their Star Children. They believe some of them are the Chosen Ones, however you never can tell who's really Chosen or not, and so because of that, it's best to try and keep on the good side of these returning Aliens, the Nephillium of Old and all the other names attributed to them. So the Europeans (hidden controllers) built the Hadron Collider, hoping that through it they might gain access to the other dimensions in which the Aliens are said to live, or somehow be able to open up some inner level of communication with them, because so far their attempts of broadcasting to the other material solar systems and greater parts of the universe have failed to gain any response.

So all that's really happened is, a bunch of men who believed they were descendants of the ancient superior white races, who themselves were descendants of an off-world (alien) race, bred with these naive pretty young blonde Nordic girls, all in the hope that their children would be these Star Children who the aliens would return for, as it's said they would in the Bible and other ancients texts, it all being part of the bloodlines that are to 'inherit the world' and part of the ongoing strategy of surviving the horrendous impact of the Pole Shifts. And because the last Shift was so dramatic and so severe destroying so much of what had gone before, so these hidden controllers have only been able to clutch at a very thin thread of truth to it all, having to fill in gaps and make stuff up along the way, all of which has resulted in more confusion and misunderstanding, all of which was why TUB was given to the world, so those people, like yourself James who wanted to know more of the truth, could begin unravelling it.

James: Okay, I think I've understood all of that, so can I summarise it?

So those people who've become the hidden controllers you refer to, as part of their growing power and control during the past two hundred years or so, came upon and investigated ancient writings and technology surmising that many years ago humanity was ruled by an ancient alien race that left because of the Pole Shifts and has continued to keep in contact through such things as Star Children, who they help survive the Shifts. And the hidden controllers are desperately trying to make contact with these superior beings.

Nanna Beth: That's good enough, something along those lines.

James: And so what about this ancient race being defeated once before, it trying to implement human sacrifice as being needed by the people to keep in Baal's good books, and all the rest Sorcha talks about in this article?

Nanna Beth: More confusion. It refers to a time long ago when some of the descendants of the Eve and Adam fought wars against local tribes and lost. Humanity has been warring ever since the beginning of the Rebellion, with such war intensifying because of the problems that resulted from the Default. So it's a good story, that the superior aliens were defeated and now they are returning to be defeated (hopefully) once again. However the problem with this story is, if they were so superior, how could they be defeated, and if they are able to come to Earth again now, coming with such superiority having mastered interstellar space travel, how could you humans possibly stand a chance of defeating them again? This is just a smoke screen story James, really they want to make it seem like the alien race is invading, so the masses think they need to be protected and the governments do all they can to save them, when those in the know are really in league (so they hope when it occurs) with the aliens who are coming to save them (they being the Chosen Ones) from the Pole Shift.

James: Okay. Did any of the people of ancient times survive the Shifts by going off the world into space – could people travel in space back then?

Nanna Beth: They could, but only for short amounts of time, and relatively short distances. The energy systems, anti-gravity being one of them, allowed them to travel off the world, however the limiting factor was they couldn't grow their own food, so they could only live on what they took. And they could only keep so much oxygen (air) for themselves to live on, they couldn't make or recycle it, and they couldn't find another world suitable for habitation. So some of them came and went, but as soon as the limitations were known and they knew they couldn't overcome them, they dispensed with people going into space.

Their technology was a mix of rock being used to build the craft to fly around the Earth in and go into space, including other rock-machines, together with a substance that was sustained by available energy systems that was the equivalent of your electrical conductors of today. So this substance was highly pliable, easily made and conducted the varying energy systems and held the rock structures together. It formed out of thin air, out of the ether and was incredibly strong and resilient, yet only whilst the prevailing energy systems were available to humanity. And it took a high level of skill to use, manipulate and bring the substance into being, hence it being the elite priests of the day knowing the hidden rituals to 'evoke' it into a material form. But when those energy systems were withdrawn from humanity, this 'goo' dissolved away, leaving only the rock structures. So how the ancient UFOs flew was because of the action and attributes of this goo that enabled the rock-craft to actually fly and do all the other things such rock-machines did, like cut such big pieces of rock so precisely and move them into perfect position so as to build the ancient rock structures you have on the world that survived the Shifts. This goo, was sort of like a cellulose concoction that was literally 'made out of thin air', it wasn't earth-derived. It was 'from space' if you like, from another dimension so it seemed back then, and without it, the rock structures and craft would have just been a pile of rocks and unable to function as a machine. There were rock-machines of all sizes, however as I said, when the goo disappeared, all that was left was the rocks. So many odd rocks exist still on the world, rocks that people can see have obviously been fashioned into the size and geometry they are by someone long ago, many of which defy the logic of your minds and current physics and science of the world, and whose purpose you will never understand, not unless we Celestials tell you. Those in Mind Worlds are as ignorant as you are, and so the many myths and theories keep appearing and evolving as people and the Mind Spirits try to work out such oddities. You might like to know, the Mansion Worlds too contain mind-remnants from ancient times, many that still exist by some inexplicable force, adding to speculation by such spirits who study them.

So I will summarise for you James:

➤ Various ancient civilisation at different times (during different Pole Shift ages) had access to different hidden energy systems allowing them to build what are to your eyes, incredibly amazing and unfathomable rock structures and other machines. And with the last Shift came the end of such energy systems, with new ones to be discovered by people living in this Pole Shift age. And remnants of these ancient technologies and systems abound on your world, some being very obvious, others not so, and with much of such evidence being kept hidden or made off limits by the hidden controllers and governments.

➤ Because of the Default, and coupled with the Daligastias coming to Earth well before the Rebellion started, and then all the genetic problems resulting from the two sets of spirit soulmates that so heavily influenced Earth, myths, further fostered by the Evil Ones from spirit, have led to people like the Nazis believing they are of a superior race and they should, through such inherited superiority, control the



Earth. The only trouble being, they have never been able to conclusively decide who is part of that Elite, with the many wars and other problems resulting from such conflict. The Nazis were about trying to breed the elite race, to purify it, so they would rule the world. They weren't so much about getting rid of everyone else, if that happened to some people along the way, too bad, but really they were all about setting up Europe to use it as their 'Homeland' so as to ready themselves for the Evil Ones to come back to the world as their Supreme Leader. They firmly believed, because the Evil Ones told their seers, that Daligastia (of course, only the man and no mention of his soulmate) would return to the world as their leader. But then countering this are other nations and races from the different religions and belief systems believing they should be the rulers of the world, so have battled against the hidden controllers, which is still happening today. The hidden controllers united Europe under one flag, and then invited all the foreigners in, who they intend on turning upon at some point, using them as mass sacrifices at the time of arrival of Daligastia, their supreme leader, all of which they reckon is due to happen some time very soon.

➤ Then you've got the other Jews who want and believe their Moshiach ("Messiah" – king from the Davidic line) is soon to return, or is even here now and waiting events to 'come out', just as the Christians believe Jesus will come back, and the Mahdi for those of the Islamic faith, Buddha will be reincarnated and the Hindus have their God-child returning. And once again, the Russians are the only sane mind, understanding all of this, keeping a close eye on it, and looking to see if any of the so-called signs do begin happening so as to verify these long awaited events. They are working towards the Aftertimes, they are fully committed to it, whereas the Americans and all the others believe they need to take some precautions, but that mostly they'll be okay. They are digging their tunnels and underground cities like mad, but still only more because they are hedging their bets, rather than being completely convinced that things will get so bad on Earth. Like you James, which is true, they reason that from past Pole Shift evidence, the last one was very bad, so the next one shouldn't be as bad, which it won't be.

And the Jews, which Israel mostly represents, many of whom are Russian Jews, are wanting to keep in with the Russians, looking to move into their underground complexes when the time comes, which the Russians will accommodate, and with the hidden controllers and Americans building their underground complexes in Europe and America, and the Chinese, late comers to all of this, starting to dig like mad in Africa knowing that it's on the cards they'll suffer greatly with China becoming very cold and uninhabitable should the Poles relocate to the positions suggested by those people studying such things.

And part of China's wanting to visit the moon with their probes is to get rock and mineral samples which they can analysis so as to see for themselves if indeed the moon has suffered such solar flares or micronova from the sun, thereby substantiating the evidence they've stolen or bought from the Americans. The Russians have played the Pole Shift close to their chest, the Americans as well only they've sold many of their secrets to the Chinese.



### **What Are the Chinese Building Underground in Hainan?**

<https://www.youtube.com/watch?v=w7B916WDLec>

James: So how does all of this tie in with John, and now Jeffery as well?

Nanna Beth: As John and yourself rightly speculated, the hidden controllers mostly are allowing the liberation of such fund pools so as to keep the status quo going as much as possible, all the while so they and those in the know can keep going making preparations for the Aftertime.

They are all caught in a bit of a bind, from all they can deduce from Scripture and any other prophetic material, some old, some more recent, and some still coming from the Mind Spirits courtesy of us Celestials, all of the Chosen World Leaders are to come ahead of, and in readiness for, the next Pole Shift. No one knows, nor can they work out, the actual date of the next Shift. There is nothing clear in the ancient writings and hieroglyphics. And neither do the Mind Spirits, or for that matter the spirits living in Healing Mansion Worlds, know when it's to occur. Only we Celestials know, and only some of us. And no one is going to be told, until it's time for humanity to know, which will only be once you and Marion have at least finished your Healing.

So the competing factions have to keep things going on the surface, which means keep the economies of the world moving along, with ups and downs, but still overall 'business as usual'. And they also have to prepare for the Armageddon and the Final Battle, for that will be when and why all the Chosen World Leaders will come to Earth. And then they also have to keep preparing for the Aftertimes in secret, not giving too much away so as not to spook the masses.

So John and Jeffery's, and there will be other fund pools as well, will keep being liberated so as to keep the debt-ridden system limping along, all whilst other secretive money is used to dig underground for the Aftertimes. And so the need for the vast war economies of the world to keep doing what they do, so as to possibly have it out one day, but also to be used as a cover for the secret underground diggings. Many of the workers contracted to work underground on such preparations are told it's for national security, part of what the Armed Forces are doing in preparation for the event of a nuclear war. So it's a nice cover story, with the need of having nuclear weapons as a continual overhanging threat, whilst really they are digging underground to survive the Shift.

So we Celestials are working to instil in the minds involved with such funds that they can and should be used to continue propping up the rotten-to-the-core financial structures of the world, all as a front for what's really going on.

James: So you want these people to dig their underground hideouts?

Nanna Beth: We don't care one way or the other James, however obviously, higher-ups do – yes.

James: So it's possible, and something they are considering seriously, that WWII could happen as a major sign that the Shift is very near?

Nanna Beth: And they want to see which one's Chosen World Leader does come, for surely, so they reason, they can't all come... or can they?... and even if they did, then they'd have to get rid of the competition, all so their Chosen One, leads the world in the Aftertime.

James: I see what you mean Nanna Beth, it would be a bit of a bum if all the world religions' Chosen Ones do come and they all continue on in the Aftertimes. Then things would just carry on as they have been, and so no one would be the dominant one able to build their Heaven on Earth.

Nanna Beth: That's right, something they all want to avoid, because they want to be the Chosen Ones. Their reason: If we can't leave the world to avoid the Shift, then at least we can do all we can to position ourselves to run the world post Shift – that is something great we can leave to our children!

James: So in light of what you said about John and Jeffery's funds, they won't be interfered with by the hidden controllers or anyone else?

Nanna Beth: No, they'll be supported, and perhaps not openly or directly, but allowed to continue to play their 'humanitarian roles' pumping huge sums of money into the system, all whilst in secret get on planning and preparing for their very un-humanitarian Aftertimes future.

James: And so the lesser countries, like Australia, are trying to keep in with who they see as their best bet in the Aftertimes –

Nanna Beth: Yes, those countries who are aware of the coming Shift and the ongoing preparations for it. Australia would be better served, that is, Australians, by aligning themselves with Russia, for the Americans are not stable in themselves or in their vision for the future. And how the Russians are evolving, you'll have more in common with them than you will Americans. However to go against the Americans by aligning with the Russians would bring on American wrath, the likes of which would be too much for Australia. And the American indoctrination of Australians is too great now, with most Australians fearing the Russians having a fit were you to suggest they should get closer to the Russian Bear.

The Russians are currently, and continuing to grow quickly in it, the most open and truly spiritually inclined people on the world. They have their strong underlying Christian orthodoxy, however under that they also have a strong natural appreciation for spiritual things. They are still somewhat misplaced in this, however they of all people would warmly embrace, James, your understanding and relationship with the Nature Spirits, how you relate to the angels, life after death in the Mansion Worlds, and even the Celestial level of truth-attainment. The Russians by and large are still strongly connected to the mystical, and to the mystical unseen yet real spirit influences on the Earth. They are still hesitant and shy about bringing this side of themselves out more, however in time that will change. There are of course smatterings of such spirit-minded people in all countries, only the Russians have it the most. The Russians would be the most open to communication with the other side as you are James, with many people being excellent mediums and spiritualists, only still lacking in direction, still adhering too much to the 'Old Ways' which are still too heavily focused on the Mind Mansion Worlds.

And the country who will be the most open to doing their Healing and understanding about the need to do it, is Australia, which as you see is why you and Marion are Australians and why John is too. Australia is in a unique situation in that it has no defined culture, no deeply ingrained traditional history and limiting folklore. The New Settlers soon got rid of the Aboriginal traditions, mythology and superstition, rather than adopting it, and with Australia becoming an increasingly multicultural place that is not united by any religion, so it contains within it the most people per head with the potential of embracing the understanding that one needs to work on themselves, Heal themselves, and at a stretch, adopting your many lines of spirituality and cosmology. Other people from all countries will come to Australia so as to be involved in doing their Healing, finding the country and those Australians already involved, very welcoming and accommodating.

And you won't have to worry so much about the Shift, however I can't as yet say anything further about that.

James: Thank you Nanna Beth for shedding more light on it all. I don't really know what to make of some of it all, I guess I'll take your word for it, like so much of what you've said to me, and wait to see if I can connect personally with it, or if something else comes to light to substantiate what you've said. And I know that being still within my untrue state, it's all subject to change, to be added to or subtracted from, so I'll think about what you've said and ask you more questions should they come to mind.

Nanna Beth: I'll be here James. Bye now – Nanna Beth.



# ***We are to Find through our Feelings the Truth of the Rebellion and Default.***

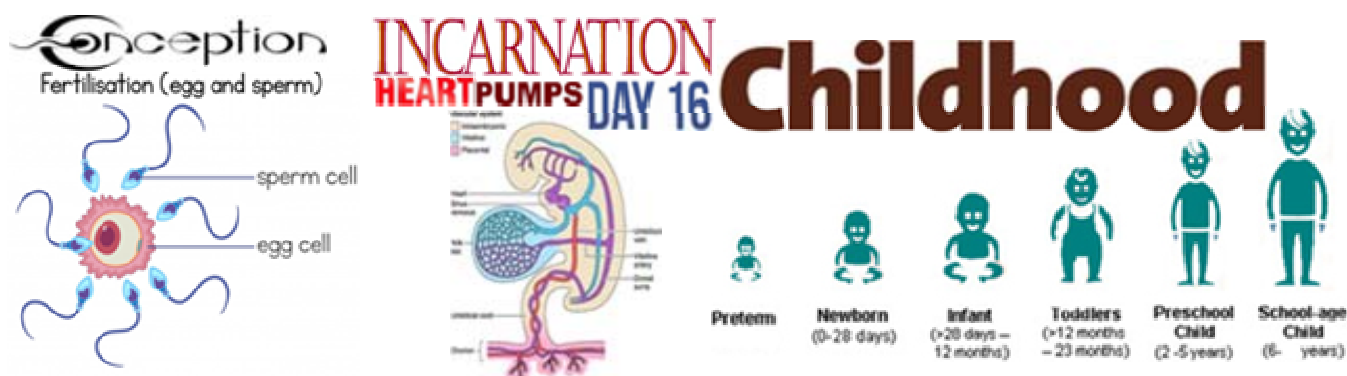
Tuesday, 17 September 2019

Hi John, these are the latest truths that are coming to light, again mostly due to Marion's expression of her bad feelings. I'm 'writing them up' so if you want to include them in a Paper, that's fine. Some of it might be a bit much.

## **We are to find through our feelings the truth of the Rebellion and Default.**

The truth of our personal rebellion by default. The truth of how we've been subjected to them, taken them on, and live them. The truth of how they make us feel being subjected to them; and the truth of how they make us feel being them.

The other day I said we are to see the truth of our childhood, the big part being the whole truth of how our childhood made us be as we are, focusing mainly on our early relationships with the intention of uncovering the truth of how loving or unloving they were. Were we loved or not, is about what it comes down to: Did I feel loved? / Do I feel loved? Was I truly loved as a young child? And if not, why not, and how has it affected me through my life, and how am I as the result of that beginning. It is for us to see through our deeper feelings if all we call and believe love to be, all what we might think and feel about ourselves as being loving, all we might have felt loved by, was really true. Is all I know and believe love to be real and true? – or have I grown up contriving it, pretending that I know what love is, believing I was loved by my parents and other family members, when the truth is, I wasn't. As we do our Healing, as we work deeper into ourselves using our feelings to uncover the truth of how we really are, much to our horror we will come to see that much of our early lives, and so too our resulting adult lives, is untrue, founded on beliefs that don't hold up under such deep inner personal scrutiny. And we can't know until we've looked to all our feelings, until we've brought out of us all our repressed bad feelings, and seen what truth such feelings hold for us. It is a feeling thing – uncovering the truth of ourselves through our feelings, and not something we can do using our mind.



We are to uncover the truth of ourselves by uncovering the truth of our childhood. We are as our childhood has made us. We are not separate or free of it simply because we are now adults and no longer a child. The fabric of our being, our whole foundation, all how we are, IS all how it was for us through our childhood. And it's not until we've done our Healing and seen all the truth of how it was for us, which means, connected with all how it was for us back then through our feelings, that we will be truly free of our early beginning. When we've uncovered the whole truth of ourselves, so the whole truth of how it was for us during our childhood to make us be as we are, then we will move into a Celestial level of truth, a level that is true and perfect and all-loving, and feeling like we've been born

anew; that being, feeling like we're the result of truly loving parents, instead of how it was for us, the result of having untrue and unloving parents.

And it's all horrible because we've incarnated into a Rebellion against Truth and so Love. We have been forced by default to live in an unloving and untrue way. We've been made to go against ourselves right from conception, and we're to come to understand just what that means to us, all through our feelings. And none of it is good. Some people grow up feeling better about themselves and their lives, some people feeling very loved being made to feel they are important, special and mattered and were wanted by their families and parents. And should any of that love be true, it will remain with the truth being seen as to why it is true. And should any of it be false, it will fade away, with the truth being shown as to why it was false. And for those people who've grown up completely aware that there was no love for them during their early life, they will upon expressing all they feel about that, understand even more deeply the truth of how it was for them. And those people who've grown up feeling unloved only they didn't know they were, having been made to cover up and deny such bad feelings, their Healing will be one long breaking down of such denial, delusion and fantasy, as they come to see and realise that their whole childhood was one of lies and deceit, all which added to how false and deluded they've been through their life.

And as we come to see the truth of ourselves, through the truth of our childhood, we all, so I would imagine, have to arrive at the place within us where we fully know the truth of what it has all been about; that being: was there a point to how we were treated and how we've lived, with the answer being – No. We are to find the truth of the Rebellion, the truth of being rebellious, all through how being untrue makes us feel. We are to work out for ourselves through our feelings, and NOT with your mind, if being rebellious, living against our soul (ourselves), against Mary Magdalene and Jesus, against God and Creation, is a good way to be – if it makes us feel good. Does living untrue to ourselves make us feel good – and truly good and truly loving? And if it doesn't, then why, and so presumably we'd then no longer want to live rebelliously.

We have to get to the point that we will feel there is absolutely no point living rebelliously. We have to try everything we can to pretend that in our untrue and rebellious state we can feel good, happy and loved. And when it fails, then know that there is nothing that is going to make us feel that way. So we have to get to the point where we know that it is totally pointless living a life that is untrue and unloving. That it only makes you feel bad, and so what is the point of that! We are to find out for ourselves through our feelings that categorically there is no point living against the One's Who Created Us.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

Our Mother and Father are All Love, so if we rebel against Them, if we turn our backs to Them, if we shut Them out, reject Them; if we believe we know better than They do, if we use our mind to be god instead of living with our feelings knowing we're a child of God, then we are in for a very lonely, empty, boring, nothing, dead, uninspired, unfulfilling, devoid of all creativity, unloving, painful life. And it's not just a matter of understanding this mentally: that will of course if you go against God, of course if you are trying to swim and live against the flow of Creation, you're going to feel very bad and nothing is going to work for you, and that who in their right "mind" would choose to live that way; we have to connect with such understanding on the feeling level, we have to know the truth of it through our feelings, that which our Healing brings us to. And all so when we do know, when we understand just how our life is and how we are, all of which makes us feel bad, then were we able to choose: Living a life of rebellion against God and our own soul; or one living true and in harmony with God and our soul.

On the levels we are conscious of, we didn't have a say in how our childhood and life was going to be, we didn't choose our parents, we had no idea what we were in for; and now as adults toward the completion of our Healing, we arrive at a place of knowing that it all sucks, it's a terrible ordeal we've been subjected to, so traumatic, and so soul-destroying, and all because we were unlovingly parented and forced to go against ourselves becoming untrue. That that effectively ruined us, we've been made to become something we hate, detest, are disgusted by – a vile unloving creature, something that is abhorrent and so out of alignment with nature and the natural way of things, we should be extinguished and stopped from spewing our vile, putrid yuk out over everything that is good. We were made to be evil, full of sin and iniquity, and that we can't do anything about it. We were forced into it against our will, being forced to then use our will to keep being this way, and using our mind to tell ourselves that we are not so bad, that we are good, even better than other creatures, that we are loving and true, that we are the great ones, not the worst of the worst that is defiling the rest of Creation with every poisonous breath we take. And yet we are bad, we can't be any other way, because we are rebellious, rebelling against all that is true and of love.

Yuk

Look how we treat nature that is all-loving and true, we cut into it, pull it down, change it, pollute, ruin and destroy it, we make it into some perverted, crippled abomination that ends up turning against us, all because that's exactly how we were treated and made to become. We can only be as we were treated as a child, as our childhood has made us become what we are as adults. We are a blight on the natural world, we don't give a shit about it, we poison and pollute it without a thought, we live completely out of harmony with it, we hate nature, we want to get rid of it all, we want to turn the whole world into empty, unloving, ugly concrete, living in our fantasy Internet worlds, all with our pretty pictures of the plants and animals that used to be or are becoming remnants of the paradise Earth once was. We 'advanced' people move into the worlds of the 'primitive' by killing them, displace them, ruin their ways of living more in tune with nature, yet we know better, and they have to live as we are, doing to them exactly what our parents did to us. Our parents crushed us, so we crush whom ever we can, which ends up being mostly our own Children. The weaker 'lesser' one loses to the stronger more powerful, just as we as children lost to our parents. We thrust our evilness upon the world just as it was thrust upon us right from our beginning, and even though most people might not want to hear this, we all know it's true. And if you don't, you soon will as you look to the truth of your own feelings, for they will show you, loud and clear, you feel just how bad you are and how being so bad makes you feel worse than you could possibly imagine.



And so we come back to realising and knowing by connecting truly with our feelings, that we live pointless lives, they have no meaning because we are not true, we are not living Feelings First, we are not wanting our feelings to lead and guide us to the truth of ourselves, nature and God. We live by denying the feelings that will lead us to the truth of ourselves and the truth of our childhood, we reject them as we reject ourselves, just as we learnt to do because of being rejected through our childhood. Our parents didn't want to know what we felt, they rejected those feelings and by doing so made us feel rejected and unwanted, all of which is part of the sad truth we are to find out about ourselves.

So the point is: There is no point. How can there be any point to ourselves and our lives when we've grown up and live as adults in a pointless way? Without Truth there is nothing, and as we live rejecting and rebelling against Truth, so we're living the most pointless way possible. Everything we do is completely meaningless because it's not about living true to our feelings to uncover the truth of



ourselves. And yet we carry on deliriously happy and in love with our untrue, meaningless and pointless lives pretending and telling each other that all we are doing has a great point to it. And we have to do that, because if we were suddenly shown the meaningless, pointlessness of our lives and ourselves – the truth of our rebellious anti truth and no love lives – we would freak out, completely lose it, break down into becoming the nothingness that we live lives hidden at the bottom of us. And that is what our Healing does for us, it's one long breaking down of our falseness, all so eventually we arrive at the inescapable truth of ourselves: That we are pointless; that there is no point to our existence as we live our meaningless lives. That my living and breathing, everything I say, everything I do, has no point. It's all useless, a waste of time, it's all really just hot air filled with NOTHING. We are to declare, because we know it's true: That I am nothing, with no point, because I am not loved and I am not loving. I am of no goodness, no truth, no beauty, that I am full of shit and a complete fuckup, and something that should be got rid of, snuffed out of existence because there is no value of anything in me, no part of me is salvageable, I am rotten to my core, empty, null and void, with no point going on.



And yet having discovered that truth, connecting with it through your feelings, then you are brought to the understanding as well: that okay, so I am pointless, untrue and unloving living a meaningless life, and yet it's not my doing. I have no say in it; it's all how God wants me to be. So, okay then, if God wants me to be a rebellious, pointless, meaningless fuck, then possibly there is some point and meaning to being pointless, meaningless, untrue and unloving? And so possibly: I am pointless, as that's how I feel, and yet also there is a point to me being this because God wants me to be as I am, or else I wouldn't be it; and so presumably, God is wanting me to be as I am for a point – (unless God too is completely meaningless and pointless, and I being Their child is as They are).

And that could be true, but then why create nature and the rest of Creation with meaning and a point and only having your child pointless? So if God has a point in making us feeling totally pointless, then what is the point of that? And could it be that God wants us to experience in our different ways what living against Them feels like, what turning our back on Truth and denying ourselves Love feels like? That God wants us to feel the whole truth of rebellion against Them, and that is the point of our pointless existence?

WHAT'S  
THE  
POINT?

And all we can do is keep going living true to our feelings, expressing them and longing for the truth they are to show us about ourselves. And as we come to live true to our meaningless pointless lives of no love and no truth, then possibly our rebellious lives will end and God will transform our soul into being loving and true, and meaning, and the whole point of ourselves and our existence will come to us.

We have been forced to go against our true selves. And by doing so, were forced to go against God. And as we do our Healing and become true, coming back to and discovering how we truly are, so too are we coming back to God able to feel loved and wanted, and able to express that love and good feelings.

We are to see the truth of ourselves through uncovering the truth of our childhood. And that truth will show us how bad it was for us and that it was all pointless, and how can it be any other way living against all that is true and of love. We are to uncover the whole truth of our rebellious state of being, understanding the whole truth of how we were made that way by default. That it wasn't our fault, it was

imposed on us against our will, and we are not to blame. That we are to come to fully accept ourselves in our fucked states just as we are, and to feel sympathy for the sad state of self-rejection we live in and all the horrible ways we express that in the world. We are to come to see that really we are not truly connecting with anyone, but are instead only connecting with what we project all over everyone else; that we are alone, having a relationship only with our fucked self and with the other person not really there at all, because we were parented as if we weren't really there at all, it all just being between our parents and themselves and their parents. We are to feel completely what it feels like not feeling loved, not having our love needs met, being denied right from the very beginning all we needed to help us come out and feel naturally and truly good about ourselves. We are to understand that all our problems, all our health issues, all our relationship difficulties, everything that's wrong with us and that goes wrong in our lives, all is and happens because we are not right, because we weren't loved as we needed to be.



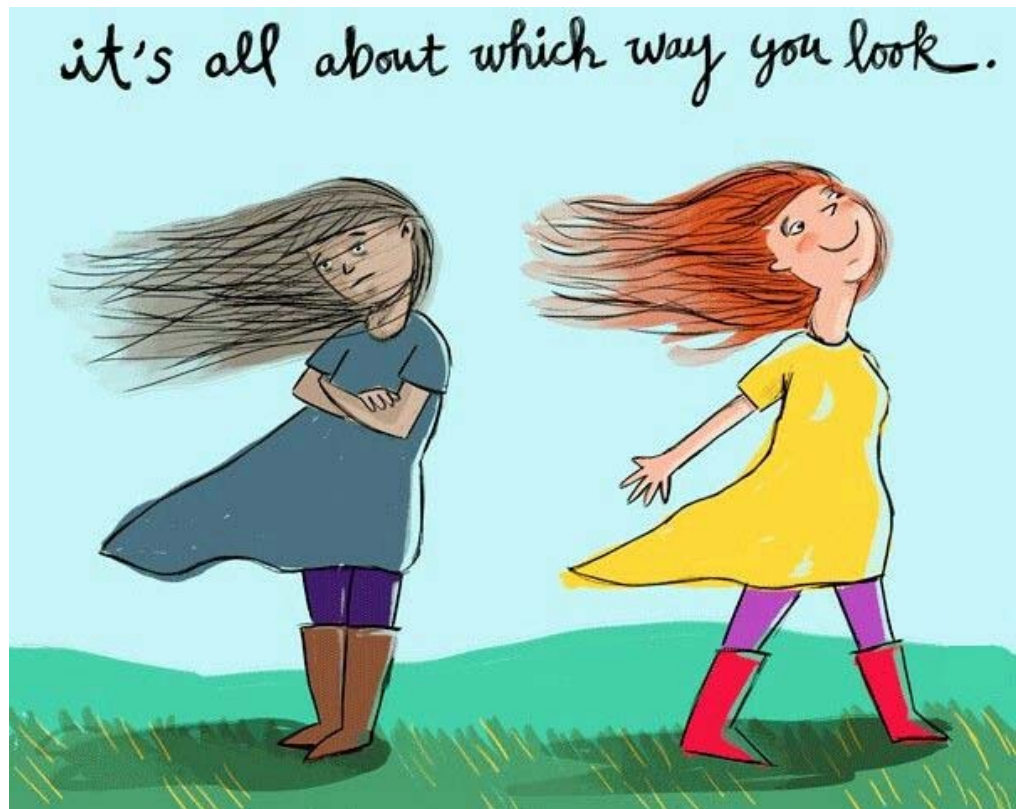
And we are to work out what we really do want, to feel what we hate and don't want, based on our feelings, then to work out that we want the opposite and what that might be like. What might it actually be like to feel completely loved, right from the start, all the way through you, with never one rejection, never a bad feeling, always feeling secure, happy and fulfilled in every moment of your life? And to yearn and want the true and perfect relationship, one that comes to you as you come to understand how untrue and imperfect all your relationships are with yourself, with other creatures, with other people and with God. We are coming at it from the negative, so what is the positive like, and do we really want it; and if so, to long for it, just as we long for the Truth and as we long and yearn for love. We want to feel loved right the way through to our core, every part of us filled with it, we want to feel so loved and so happy because we do feel so loved that our love is brimming over and loving all others. We want to feel the opposite to what we do feel, and to know why we want to feel that way, it all being about the truth of ourselves, knowing it, feeling it, understanding it, wanting it.



Through becoming true, so first, true to our untrue state, we find acceptance. We come to forgive ourselves, we make amends compensating for the wrong we have done, we feel as bad as we do, and we understand that that's okay, and even that it's how God wants us to be. It's a hard road each of us has been giving to walk, however it's all possible and the worst is over, the worst being how it was for you during your early life. God wants us to uncover the whole truth of our rebellious state through our feelings, so that's what awaits us all, when the time is right. And when that time comes, something that you can't do or start by using your mind and telling yourself you do it; when that time comes because God is saying it is time and leading you to do it through your soul as you want to start paying closer attention to your feelings looking for the truth they have to show you, then you will do your true Spiritual Healing. It is a healing process, one of gradual self-acceptance through the truth as it comes to light within you. It is the Truth that will set us free, yet only once we've found it by living true to ALL our feelings.

So I doubt people who are enjoying their lives will understand this; however if you are enjoying and having a fulfilling life living your rebellion against the Truth, Love and God, then one day you'll come to the dead end coming up against the brick wall, wondering what it was all about and what was it all for. And when the time comes, be that during your life on Earth or when you're in the Mind Mansion Worlds, then it will be time to do your Spiritual Healing.

Also, throughout my writings I have stressed the point that so much of what we call love, feel love to be, know as love, will, as we come to uncover the hidden truth of ourselves, vanish, dissolve away, because it wasn't true love. We are all about The Truth, and what I mean by this is, any truth we live, will remain, we are truth-seeking and truth-loving souls, and with that truth, will come love, because truth 'begets' love. So if you have felt love throughout your life and it is based on Truth, through your Healing it will remain. However, if you have felt love and believed you were loving, yet that so-called love wasn't founded or based on Truth, it will fade away until it's all gone and you know that you contrived it using your mind. The Truth is what is important to us, so all that is true about yourself and so true in your life, is good, making you feel good, and will remain as you do your Healing. All that is untrue, is bad, is false, and you will give up and let go, as you do your Healing. We can't receive love or be loving without being true to some degree. And the amount of truth we are determines the amount of truth we are, can feel and give. We



*mind controlling way or soul's feelings first!*

can't be untrue and loving. We can only be true and loving; or untrue and unloving. So if we are untrue yet feel we are loving, something is very wrong in how we see ourselves and how we are experiencing life. Our Healing is to end being untrue, end any so-called love that we have lived in our untrue state, coming around to accept the truth of our untruth and at the same time seeing if any part of us was true. So we have to want to explore and liberate all our bad stuff wanting to be true to it so we can see how wrong we are being it. It is living completely going in the opposite direction to how we've all been made to believe we should be. And as mostly we've all been made to deny so much truth about ourselves and our lives, so there won't be much love as a result.



# Feelings First Spirituality – The New Way

Doing your feeling-healing is telling your story.  
It's telling the truth of your whole story.  
And it's all for you.

I wanted to write some of how I feel I'd want to be were I to have a child. However it's to understand that this is only my understanding of it through my own Healing. I have not been a parent, not been at a birth, not lost a child, not had any of the bad things happen to do with having children. And I'm a male.

## *Being with your baby and child*

This is mostly for the mother, however it's also for the father.

## *Before Conception:*

– How do you feel about having a child? Express ALL good and bad feelings. Pay particular attention to ALL bad feelings. Try and express them all, talking about all you feel and how feeling those bad feelings make you feel, all whilst wanting to know the truth of why you are feeling them.

➤ Understand that it's okay to feel bad about any part of it at any time. It's okay to feel anything bad at any time before conception and after it. Pushing away, hiding, pretending you're not feeling them, blocking out bad feelings is only going to make things harder for you, your relationship with your partner, and your child.



➤ Understand that your feelings might change, from feeling good to bad, and that too is okay.

➤ Keep expressing them, all of them, to your partner, family, friends, to God, to everyone who wants to listen, all as you long and really want to know the truth of why you are feeling them. And understand that some people will be able to go with you in your feeling expression, some not; and those who do, some deeper, some not as far. Few will want to go with you right the way through to the end when you have nothing more to say about it. And it will be the same for yourself as you will have many blocks and much resistance all the way along. But that is all okay, you can only do as much as you can. And with practise you'll get better at honouring and expressing and uncovering the truth of your feelings.

➤ And understand that if you go down this road becoming determined to find the truth of all your feelings, at times a lot of pressure will be brought to bear on your relationships, even possibly bringing about an end to some or all of them. And that too is okay. You'll find your way, it will all unfold, all as you keep expressing and talking about all you feel.

## *Conception*

➤ Keep doing all of the above. It's MOST IMPORTANT to honour and express all your bad feelings. Don't hide them from yourself. Don't push them aside. Try to bring them out. To your partner is best,

ideally your partner should want you to express all of yourself, so all your good and bad feelings. And for you to want your partner and for them to want to express all their feelings too. However in reality you'll be pushing each others buttons and coming up against each other's, and your own, inner barriers and blocks. Still, these can be fully acknowledged and worked on. You don't have to do it all at once.

➤ And yes, it's all going to affect your baby. All the good stuff, positively; all the bad, negatively. However there is nothing you can do about that. God wants it this way. You have conceived, your child already has taken on all that you and your partner are, and particularly all the bad stuff, it's all a done deal, now it is to be expressed by your child as it grows inside you, and through its childhood. Accept that you are not fully loving, you can't fully love your child, you do your best, however it won't be enough no matter what you do. And that's okay too. You don't have to be perfect and all-loving, you are to be yourself wanting to express all you feel as you grow in the truth those feelings bring to light within you, all of which will then positively affect your child.

➤ The best thing you can do for your child, the most loving way for you to be, is for you to keep expressing and longing for the truth of your feelings. As to whether or not you are loving or can you cope, will you be a good parent, deal with all of that as part of your feeling expression. Any time you feel bad, and even if it's over and over about the same things that are making you feel bad, even to the point of driving yourself and your partner mad, just keep going expressing all how bad you feel whilst you long for and want to know the truth of why you are feeling as you are. And your feelings will show you the truth, it will come as you express them and when you are ready for it, and all of that will affect your growing child in a positive way. To bring your child into your womb that is part of you who is wanting to live Feelings First is the best you can do for your child. So it is good to express EVERY BAD FEELING YOU FEEL, even if you feel you are pathetic, stupid, embarrassed, humiliated to do so. Don't deny yourself by denying your bad feelings, because that denial will be passed onto your child and that's what will hurt it the most and make it feel the most unloved. If you want to be as loving to yourself as you can be, which is fully honouring, accepting, expressing and seeking the truth of all your bad feelings, then that self-love, doing that good thing for yourself, will be conveyed to your child helping it feel good in its emerging relationship with you. If you keep denying yourself your bad feelings, pushing them away, blocking them out, ignoring them, pretending they don't exist, ridiculing them, rationalising them away, then you are only hurting yourself by doing this, it's unloving, and so too will you be doing it to your baby and child once it's born. The worst thing you do to your child is stop it expressing ALL its feelings, so including all its bad ones. So if you set the example it will follow, then it will be as feeling expressive as it can be, all of which will greatly help it in its life.

➤ Understand that to nurture yourself by fully accepting, expressing and wanting to know the truth of all your bad feelings, is the best way to nurture your growing child. If you feel bad about any aspect of yourself, your life, of your pregnancy, of your relationship with your partner, family, any bad emotional feeling, any fear, worry, anger, guilt, shame; any depression, resentment, envy, jealousy; any feelings of feeling ignored, rejected, unwanted, uncared about, unloved, and any other bad feelings, even the slightest faintest one, bring it out. And bring it out to another adult, not so much to your growing child. Don't use your child as a substitute adult because you don't have an adult in your life who'll listen to you express all your bad feelings, so your child will do. That's not fair on your child. The child is to be left free to express itself, it's not there to be your listening person, that is for your partner or God or another willing adult in your life. Don't take all your shit out on your child. Don't use it to vent or dump all your negative and bad feelings on. It will be too overwhelming for it and more than likely putting it in the position of making it feel responsible for you, that it should or can in some way help and save you, make you feel better, good and happy. You're the adult with your shit, and so it's with other adults you work it through. The child is new, it's all for them, they've already got enough of your yuk to deal with that they will have picked up from

yuk

conception and naturally as they have developed. When your child is older and can understand and deal with all your bad feelings and yuk, and is willing, then perhaps you can start to express and share your bad feeling expression with them. All of which they'd surely understand about anyway by then as a part of observing and following you in life. Try to allow your child to form itself through its formative years, rather than you make it be something for yourself and how you want it to be.

### *Pregnancy*

- How you relate to your child is how you relate to yourself, most of which you are unaware. What affects your child is what is affecting you, most of what you're not aware of. All the undercurrents your child is continually absorbing, all from you, your partner, those important people in its life and the environment, is all 'going into it'. And all you can do is keep expressing all your feelings, good and bad, and particularly bad. Don't try to fix all the bad stuff, just express all your bad feelings. Do what you feel to do, and what you don't want to do try not to, however if you are forced or made to do it, then keep expressing how bad it makes you feel.



- Bring out all your fear, anger, anxiety, everything about your child that you are worrying about, to your partner. Talk about it all between you. And if you don't have time, make it. It can be hard, but if you sincerely want to express all you feel and want to know the truth of why you are feeling such things, then you will make the time. You are in a relationship with your partner and your child, it couldn't be more intimate, and so the more you can express all you feel to each other, the better your relationship will be. So bring out all the bad stuff, all the hidden secret unwanted stuff, and if you feel very bad and worry that your child will be negatively affected by such feelings, express all of that fear and worry too. Your child will absorb it all, however the more you can express of yourself, the better it will be for it. And do what feels natural for you to do; and if you worry you are not being loving enough or are too much or whatever, express those feelings too. Express it all. It's a different way of life. And if it's what you want, then it will be how you can live and your child will form and be born into that feeling-expressive environment growing up expressing all its feelings and longing for the truth of them, something no child has as yet experienced on Earth.

### *Birth*

- Again, express all your feelings and in particular all your bad ones.
- Understand death is not bad, it's not to be feared (yet if you fear it, then those are more bad feelings to express and seek the truth of), the death of your child or yourself. If it happens it's just time for you or it to move on. However, of course there will be many bad feelings that come with it, all of which are yet more bad feelings to express. Should your child die, at any time from when its heart begins beating inside you, it will move into spirit there to be adopted by a spirit mother and looked after as if it is her own. And when you die, and should you want to, you will be able to meet your child. And right the way through your life, should you want to, you can still share something of a relationship with your child in spirit, from actively speaking with it when it's old enough to converse with you, to sharing your thoughts and feelings with it – should you feel good about doing that, understanding that your child might not always want to speak to you, as it will have got on having its life in spirit. However more than likely it will be made aware of you and will want to have some contact or relationship with you. However, you don't have to have one with your spirit child, it's all only if you want to, expressing all the feelings along the way.

- As natural as possible the birth is, is of course best, however what is natural? Possibly the Australian Aborigines giving birth with nothing other than themselves, something to cut the cord or biting it, with loving women (and men too) around, including your partner, would be as natural as you could get. Your child when born is given to you, skin on skin, it finds its way to your nipple when it wants to feed, or with a little help if required, you and your child are the loving centre of attention, everything is for you both, you are at the centre of creation. It's all only about you and it, with your partner and father there in support and loving and protecting you both.
- However if the birth is in the full bright lights of an impersonal hospital, it's still between you and your child and its father. It still can be as personal as you can have it, as intimate, you feeling you want to be with your child. And if you feel you don't want it, are scared of it, reject it, that's okay too, you don't know how you'll react, with these being more bad feelings you can embrace and work through.
- If it's premature, still born, caesarean – more bad feelings to be expressed. And all is okay, understanding that it will all cause your child problems, it's all very traumatic, however by looking to express your way through all the difficulties as they arise, is what will ease the pain and trauma, even eventually heal it. It may take a long time, and your child might be well into its adult life before it starts to deal with all the trauma it's suffered, however the more you encourage it to express all its bad feelings as it is growing up, the better it will be.
- And of course you can't always stop and express all your bad feelings when you feel them. But you can do it when the time is more conducive; and any that you do deny, will return at another time.
- The whole idea is you are setting out to have a new relationship with a person called your baby and your child. So ideally you don't want to be separated from it in the early stages, which can be hard if the hospital has the practice of taking it away from you. All such separating is, as you might imagine, very traumatic for the newly born infant, who has formed inside you and is now outside of you needing you still there with it yet in a different way. As it grows it will show you when it's ready to separate from you. Read stories about accounts of how the orangutans, gorillas and chimps have their babies, how they guard and protect them, having them cling onto them all the time, for years in some cases, and never rejecting or forcing or trying to control their baby, unconditionally being there for it, with the baby being the one that pulls away as it gets older and more adventurous.

#### *With your baby*

- Do what feels right for you. Don't try to parent according to a book. How to parent books can of course be helpful, so can anything, however at the end of the day all you have to go on is your own feelings. And if you want to honour them, express them and see what they are wanting you to see, then that is how you can parent. And by yourself if you're a single parent or with your partner. However being single is more difficult not having someone close to express all your feelings too. And it might not be good expressing them all to your child, your child should be free to express itself, but it's not as yet equipped to deal with all your feeling expression and needs. So putting it all on your child, making it be your substitute partner and listener of all your feelings, will be difficult for it. It might not complain, however it will have to deal with that when it is older, having been made to take on such responsibility so early.
- There is no right way to parent, only your way. What might work for someone else might not work for you. All this business of having to force your baby to accept the sleep and feeding patterns imposed by you, because of what other people say is the right way to parent, is very damaging to both of you, traumatically so. If it happens naturally, fine, but having to use any force against the will of your child



is what will crush it and ultimately turn it against you. To try and work with its will, to fully accommodate it, yet at the same time expressing your will, can be very difficult; and again, all you can do is keep expressing and yearning for the truth of your feelings.

➤ If you feel bad, try to stop and pay attention to those feelings. Don't automatically try and fix or solve the problem. We're all taught we have to fix everything and work it all out for ourselves, but we don't. All we 'have' to do, if we have to do anything, is keep expressing and wanting the truth of our feelings. So do you see, living by putting your feelings and the expression of them first, is the aim. You don't have to do what you feel, you don't have to always act on them, often the emotion of them might drive you to act, even to do something you will regret, all of which will bring up yet more bad feelings to be expressed and worked through. When you express your feelings, try to express them with the emotion you are feeling them. Express the emotion of them, but of course not to the detriment or yourself or the other person or creature, not to harm anyone. You might want to kill your baby, so express the emotion of those terrible feelings to your partner or someone who cares about you, or to God if there is no one else, even just to the wall if that is all you have, saying all you feel as you feel the emotion of wanting to kill them, yet not acting on it. And if you can't control yourself and do act and kill your child, your partner, yourself or anyone else, then there's yet more bad feelings for you to express and want to uncover the truth of. Everything we do comes from your childhood. Expressing your feelings and wanting to uncover the truth of them will invariably take you down into connecting with those same feelings you felt as a child. And as you connect with all your repressed childhood pain, finally liberating it, so too will it positively affect your child. We pass our pain on to our children, so the more you can bring yours out, the less effect it will have on your child.

**POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:**

**This steps down each seven years as the child matures**



**From conception to  
age 6 or 7**

**From 8 to age 14**

**From 15 to age 21**

**From 22 to age 28**

**As we heal, we directly heal our children similarly.**

**The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.**

*Toddler*

➤ The battle of wills only takes place when the child is not allowed to freely express itself, when it feels its will is being compromised. And even though it can't be allowed to do all it wants to do, there are ways to work with its will, helping to maintain the integrity of it so it keeps feeling empowered, important and that it's loved and respected, just as there are ways to crush it all but out of existence with it having to turn severely against itself so as to survive and maintain any sense of having any power with you. As children we're incredibly adaptable, we are geared to survive, and so if that means we have to fully compromise ourselves, going against our own true self and will, so we will use the full strength of our will to deny ourselves our feelings. We'll do whatever it takes so as to keep ourselves believing we're loved by our parents. The onus is always on the parent, never on the child. To blame the child is missing the point about what a child is. And if you go that far, then that's what happened to you as a child, and that's how you're making your child become.

➤ Ideally we should grow up in a ‘tribe’ situation, being parented by many adults and always interacting with many other children of all ages and with people of all different personalities. Doing it alone, just you and your child, is the hardest and possibly the worst, most alone and rejected way we can raise children. Again imagine an extended tribal family situation where everyone actively participates with everyone else, from the youngest to the oldest. So there is always help for the new mother, for the mother at any time, and not with ‘men do this’ and ‘women do that’ approach and attitudes; no religious, social or cultural superstitious beliefs and limitations. With everyone fully involved, and ideally, with everyone expressing themselves as fully as they can.

### *Childhood*

➤ It might help to understand, and so to always keep in the back of your mind, that we’re all currently conceived into a spiritual rebellion without knowing that it’s happened to us and without our parents knowing they are bringing us into the rebellion by default. However it’s what God wants, and so that is how it is. So having understood that, then it’s to know that you have already fucked your child up to the degree that you and its father are fucked up. And that it is to grow up experiencing the Rebellion itself. And being a loving parent of course you might want to lessen the impact of this, and of your own rebellious state upon it, which you can only do by doing your Spiritual Healing. You can only work to Heal yourself, and all healing you do will have a positive effect on your child. However at the end of the day, your child will have to want to do its Healing one day if it is to rid itself of all the bad parenting influences and effects its suffering from. We’re all in the same boat, however as parents grow in truth through the doing of their Spiritual Healing, which is done by looking to express all your feelings wanting to uncover the truth of them, then so too will they conceive and parent their child with lessening effects of the untruth and wrongness. And one day, parents who have fully Healed themselves being of a Celestial level of truth, will conceive and parent perfectly and lovingly children who are no longer part of the Rebellion or Planetary Default. So until this time, it’s okay to have a child and for it to grow up in the Wrongness. That’s between you, it and God. And everything will one day be worked out with love. But that day might be a long time in coming. And in the meantime, should you choose to live by following your feelings and wanting to grow in the truth they will give rise to within you, then that is the best you can do.

### *Conclusion:*

In being a parent, it’s not about trying to work out how to be the best parent you can be for your child by using your mind. It’s to live the truth that comes up in you as a result of you properly attending to ALL your feelings. We are to live with our feelings guiding us, and even though they might seem to be all over the place and contradictory half the time as well as driving you or your partner mad, still by expressing them all and longing for their truth, the truth will steadily grow and you will find that you know how to be and what to do. It will just happen ‘organically’, with the more you can keep your mind out of trying to control or dictate the terms and determine outcomes, the better it will be for you all.

**FEELINGS FIRST For Kids**

**PASCAS  
PERS**

# Healed potential



## Insightful Genius

*Brilliance!*

**DYNAMIC**

**vibrant**

<http://www.pascashealth.com/index.php/library.html>

**Library Downloads – Pascas Papers**

All 550+ papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)



# Lifting the Veil to Nature





# Lifting the Veil to Nature

