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## POVERTY is due to UNTRUTH

The premise upon which poverty is defined is a lack of understanding of the drivers of 'poverty'. Please go to [www.pascashealth.com](http://www.pascashealth.com), then Library Download and scroll down to open Pascas Care Letters Divide and Conquer. Humanity has been insidiously and masterfully been suppressed by covert control to keep humanity from evolving, and this is through the lack of truth within every institutionalised system, to keep us submissive. In the early centuries, up to 2,000 years ago, humanity calibrated overall at around 190 on Dr David Hawkins' Map of Consciousness. Now, today, 75% of Earth's population calibrates at or below 200 MoC and yet we think we are progressing – the world is preparing for World War 3 !!!

Today, 45% of our population calibrate 100MoC or lower, that is how humanity lived 2,500 years ago!!!

Education in truth, feelings orientated truth has been withheld so that we would not progress in truth.

Fact is we each can obtain celestial soul condition while living in the physical on Earth. That is a calibration over 1,000 MoC. It is a level of a little over 1,050! And yes, for the first time a lady has achieved that by living Feelings First and embracing Feeling Healing while longing for Divine Love. This pathway has now been revealed and demonstrated with others now close to also finishing.

Rome  
2 thousand  
years ago



Africa  
like...  
an hour ago



The New Way is to live feelings first, expressing our feelings both good and bad while longing to know the truth of what our feelings are prompting us to consider. This sounds simple, it requires a lot of consistent perseverance.

Poverty in truth is the source of all the social ills inflicting humanity worldwide. All illness stems from emotional injuries and errors of belief. All criminality stems from untruth. We find courts and hospitals filled with those calibrating under 200 MoC. As societies bridge through the 500 MoC there will be no need for policing and courts, illness will be nominal as we are then beginning to have little to no need to experience such. We have been led into submissiveness and suppression for 200,000 years – that is now to be ended.

Kindly share as you please.  
Aspiring to Living Feelings First

*John Doel*

for

Pascas Foundation (Aust) Ltd

# **POVERTY is due to UNTRUTH**

**Education systems worldwide mostly perpetuate poverty! Lacking truth and love.**

**We are Truth Seekers and we have been engaged in truth denial for generations.**

**Our physical life is the foundations of our infinite journey, this is to be understood.**

**We learn by doing and experiencing, however we are denied or limited in so doing.**

**Each phase of experiencing leads to greater growth in truth and love – truth is love!**

**It is our feelings, our soul based feelings that are always in truth – truth and love!**

**Our mind is to follow in support to implement what our feelings guide us to embrace.**

**Our memory is not our brain, or our mind, it is our soul – we never forget anything.**

**While we live mind-centric we cannot and will not evolve and grow in truth!**

**Our mind cannot discern truth from falsehood. Our mind is addicted to control, control over others and our environment. Our mind is also addicted to untruth!**

**Only through living feelings first can we break through the glass ceiling of the mind.**

**Through our feelings, living feelings first, our potential is infinite.**

**Living as we do now entombs us into the hell we see around us. Do you want that?**

**We now can escape hell – hell on Earth – by expressing our feelings, both good and bad. Our emotional injuries and errors of belief are to be expressed. What has entered emotionally is to be expressed emotionally. And we are to long for truth.**

**This time in history is the ending of the ‘Rebellion and Default’ that has been unknowingly imposed upon us these past 200,000 years. This is the most exciting time in the history of humanity. The Rebellion was formally ended on 31 January 2018. For a Rebellion to ever unfold again was ended on 30 August 2025.**

**This is the New Way! We are to live Feelings First with our mind in support – not how we each have been led to live, believing that our mind can make us great!**

# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

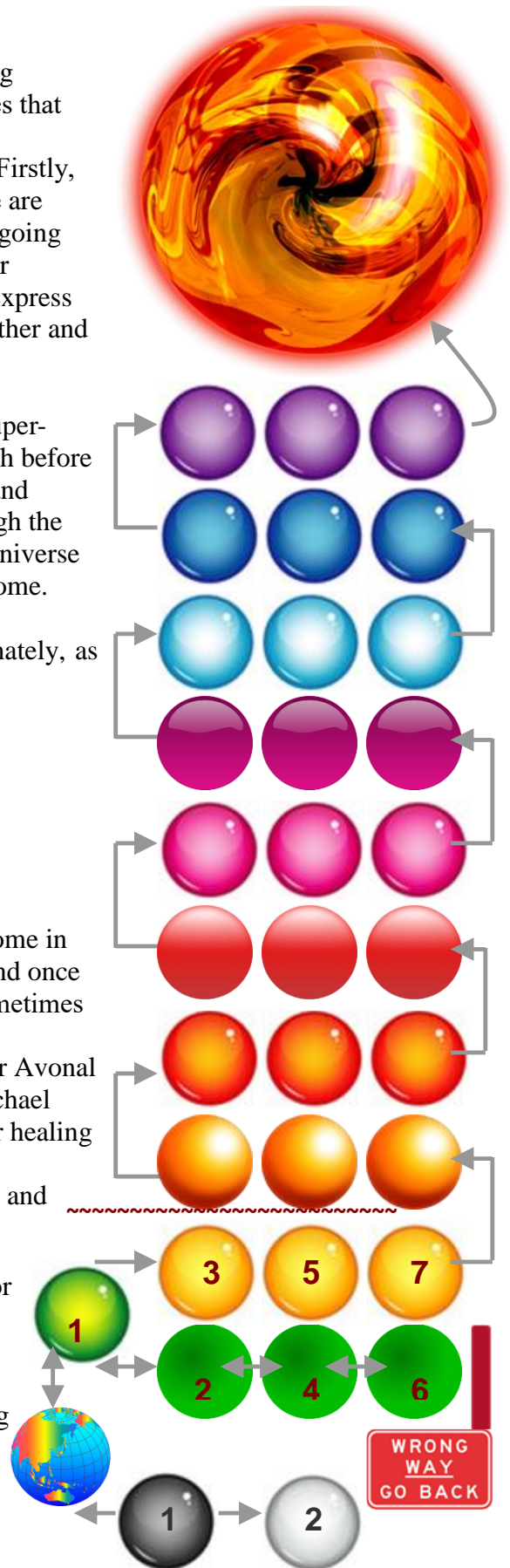
Each of the seven super-universes are constituted, approximately, as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres), we start to come in contact with spirits from other 'Earth' worlds. So in spirit, and once we've finished our Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soul partner pair, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation, and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 are of Earth, those who have compensation may have this experience and might then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.



## **UNTRUTH is LACK of LOVE and POVERTY!**

We are Truth Seekers! We have been denied truth for the past 200,000 years. This has been covertly achieved by having us to believe that we may become mini-gods through living mind-centric. We literally worship our minds. ‘Don’t be stupid Johnny – use your brain Johnny! That is the mantra of parents, then our school teachers, clergy, our employers and on it goes.

Well, our minds cannot discern truth from falsehood and it is our minds that are addicted to untruth and control over others. Women are closer to their feelings than men. Consequently men have been influenced to subjugate women to their control. That is how this insanely repressive way of living has been able to prevail so long.

Our feelings are always in truth. We are to embrace and engage our feelings and their guidance with our mind to follow in support. Not how it is now with our mind in control. We are too long to know the truth behind what our feelings are drawing our attention to. There is always more to comprehend. We are to live Feelings First, and to express our feelings, both good and bad, this is the New Way.

On Dr David Hawkins’ Map of Consciousness (MoC) we can through kinesiology muscle testing reveal that at the turn of the first century the world population calibrated at 190 MoC for the 300 million people. Today, 6 billion (75%) people now calibrate no more than 200 MoC. These people are submissive and easily misled due to their chronic and gross absence of truth and comprehension of most things. We are not evolving in love and truth, in fact we are now capable of destroying ourselves!

It is also these people calibrating under 200 MoC that fill our hospitals, our armies, our prisons, and place demands upon all institutionalised governmental services. Truth is lacking and consequently so is love. Without truth there is no love!

We applaud publications that calibrate in the 400s MoC (reason). However it is publications in the 900s MoC (profound truth) that we should seek. Published in the English language today there are around 275 books calibrating over 900 MoC. Of those, the equivalent of 200 books can be found in the Library Download page at [www.pascashealth.com](http://www.pascashealth.com). The Pascas Papers overall calibrate around 960 MoC.

Negative Spirit Influence  
blocked 22 March 2017  
Law of Compensation  
quickenning 22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



Great U-Turn for humanity  
now ready for Mobilisation  
22 July 2023  
Celestial soul state condition  
achieved 22 September 2024  
Rebellion Ended Forever  
30 August 2025



# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!



# MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

## PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

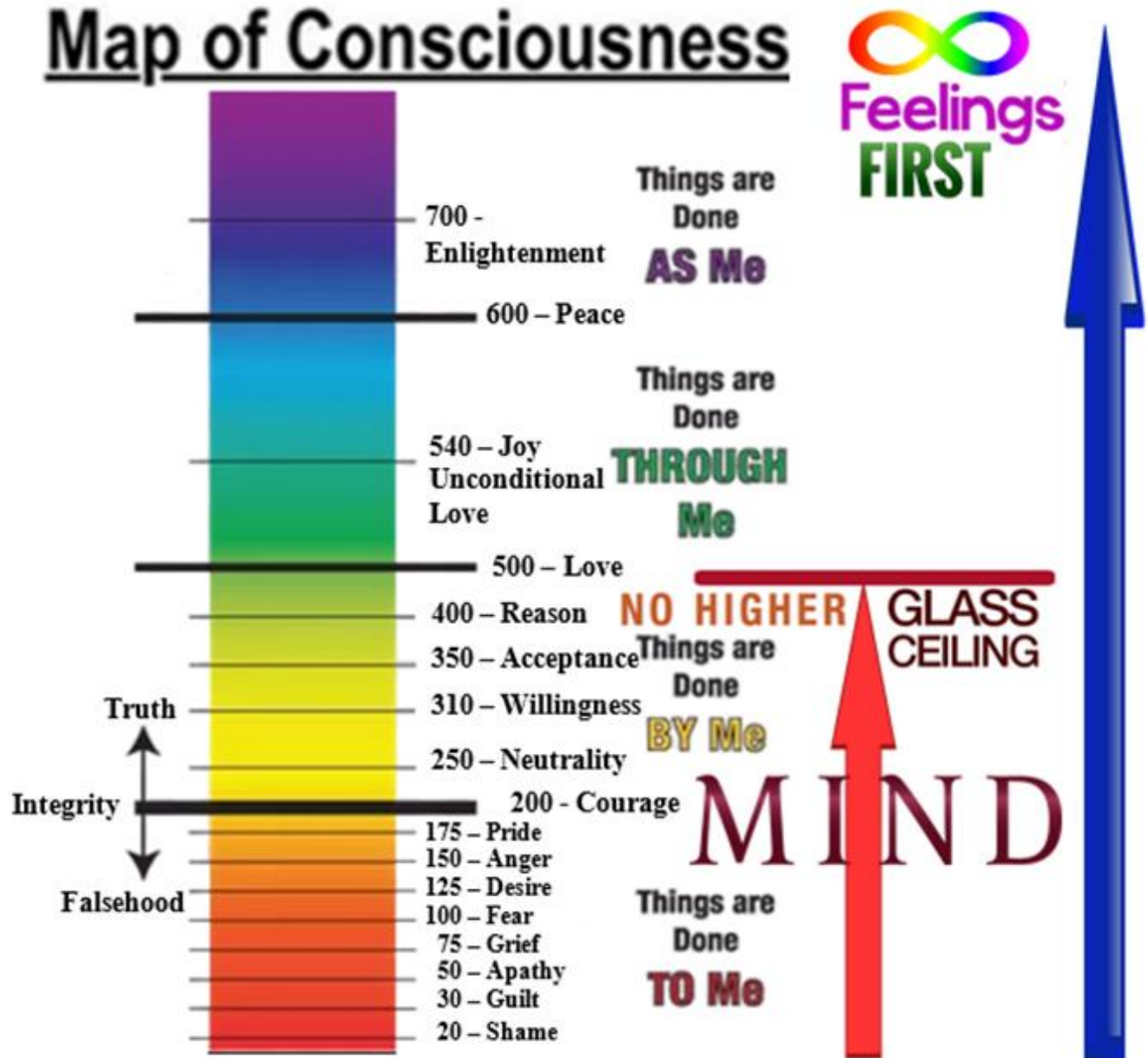
Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.



# Map of Consciousness



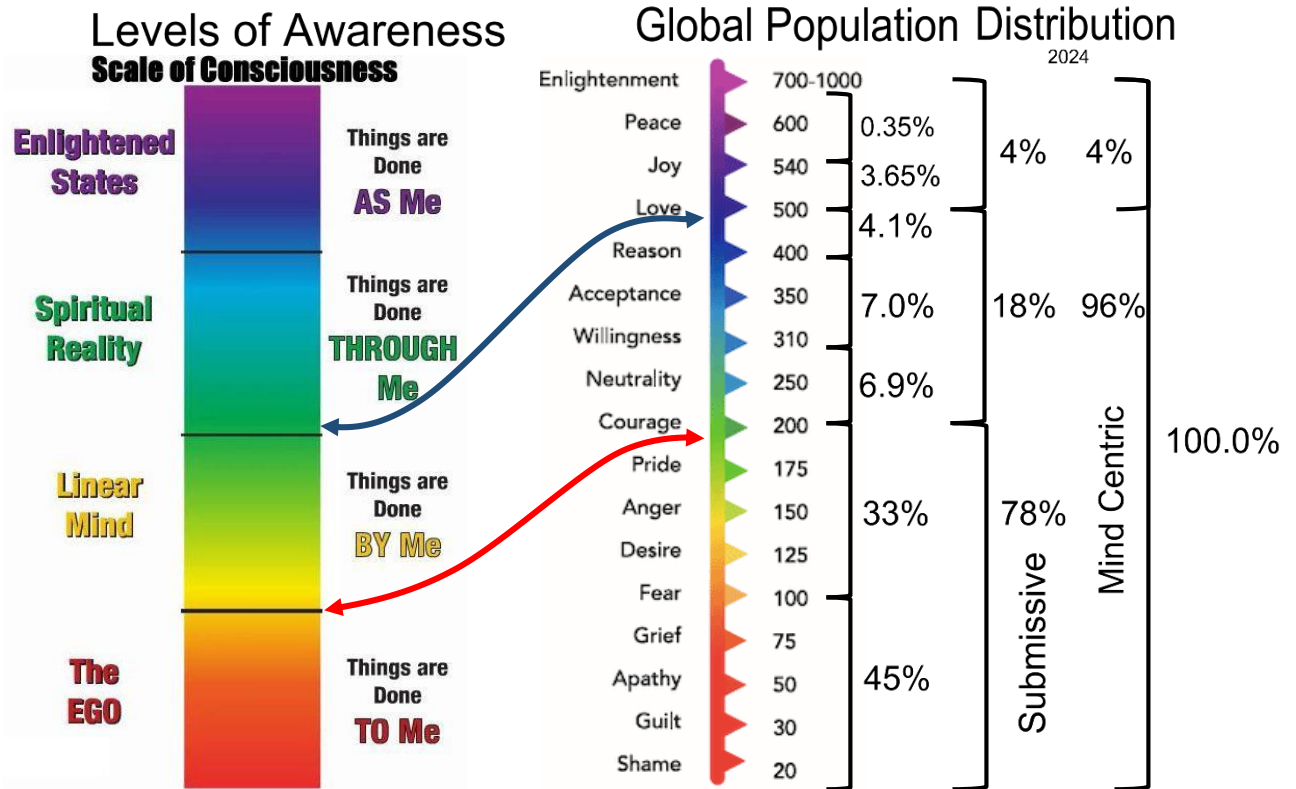
This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

# Map of Consciousness MoC

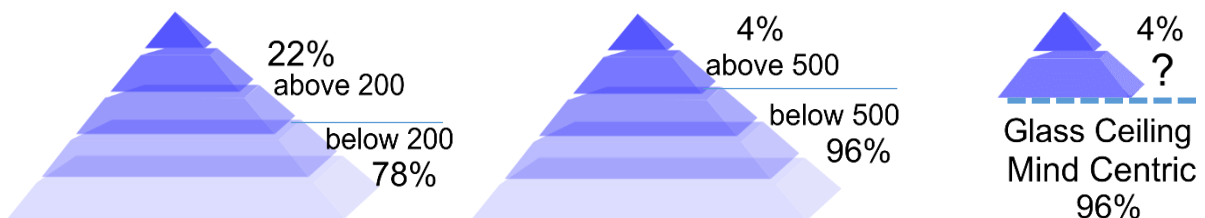


## Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
A calibration increase of 1 point is in fact a 10 fold increase in energy.  
A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
Thus the energy differentials are in fact enormous!

The collective power of those above consciousness level of 200 has the weight to counterbalance the negativity of those below 200 of the world's population – and also to raise the overall consciousness calibration of humanity! 'Power vs Force' Dr David R Hawkins P.234

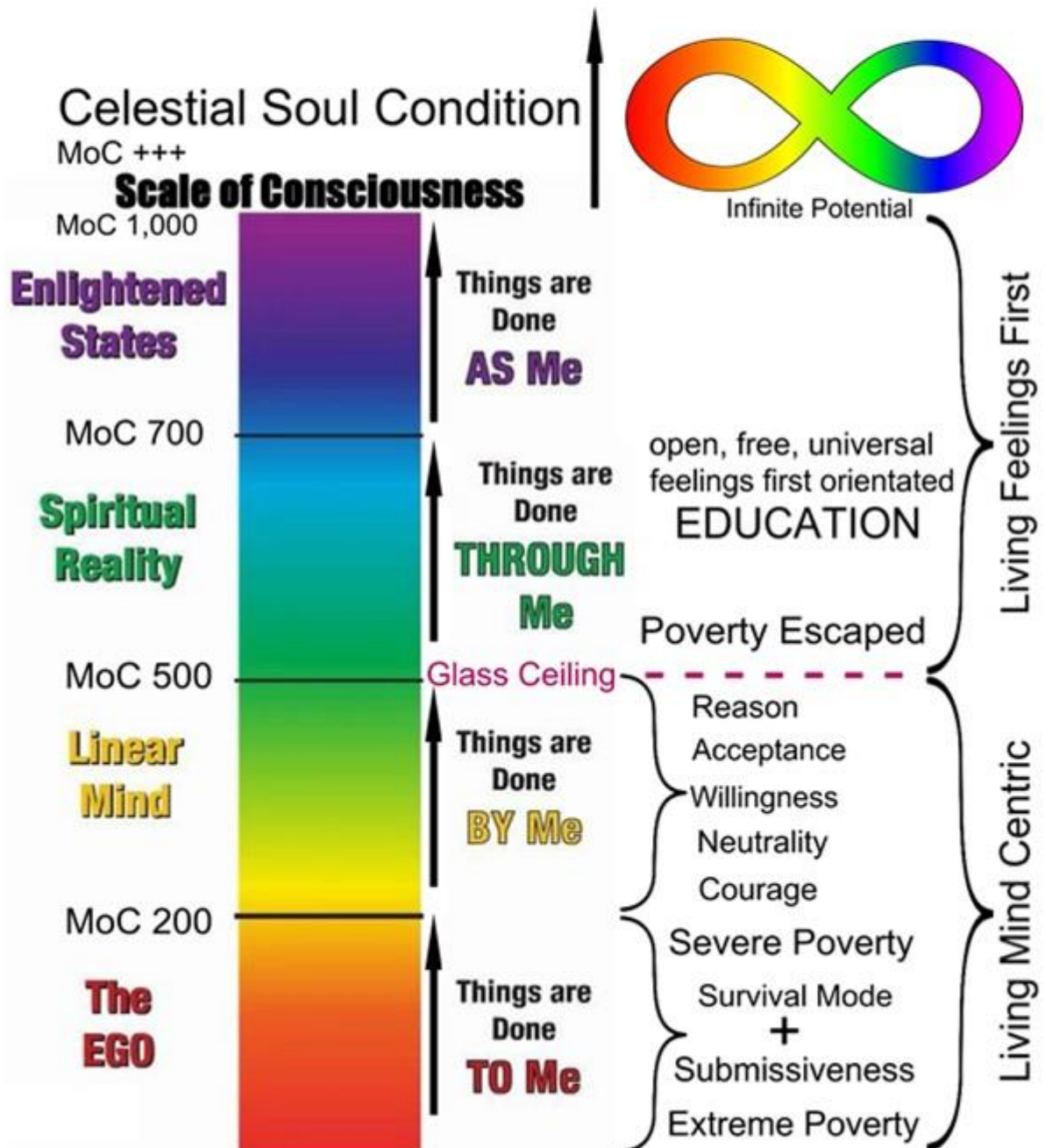
One individual at level 700 MoC counterbalances	70 million individuals below level 200
One individual at level 600 MoC counterbalances	10 million individuals below level 200
One individual at level 500 MoC counterbalances	750,000 individuals below level 200
One individual at level 400 MoC counterbalances	400,000 individuals below level 200
One individual at level 300 MoC counterbalances	90,000 individuals below level 200

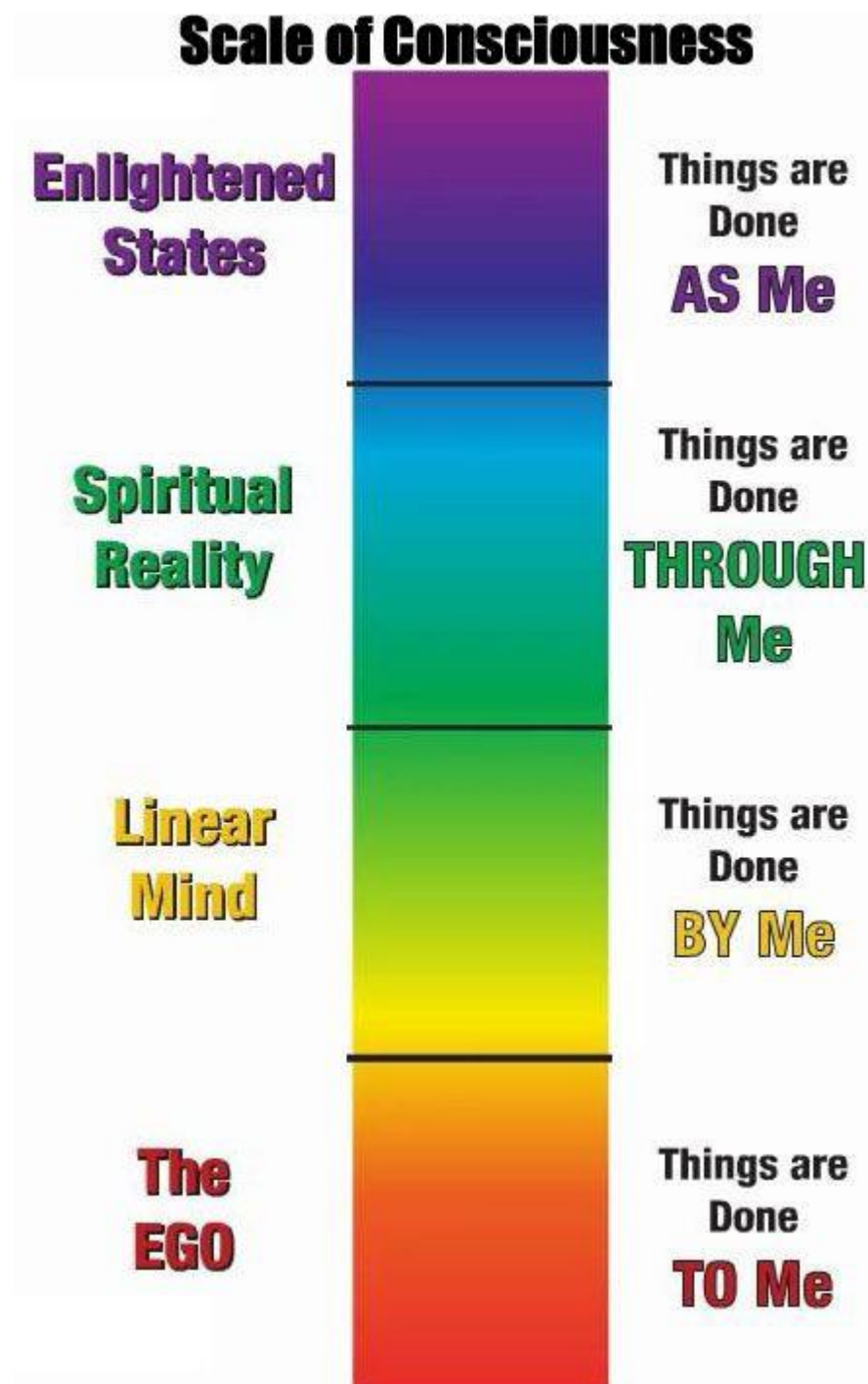


Until humanity begins to embrace their feelings, that is, accept and follow their feelings having their minds to follow in implementing what our feelings are prompting us to consider, then the malaise, the status quo of a hellish existence, will continue. We cannot bridge the glass ceiling of MoC 499 while living mind-centric. Universal, open and free, feelings orientated education worldwide is to be made available to bring about the awareness of living feelings first so that those who embrace can put aside the psychic barriers, the norms of generations gone by, and grow in truth and love thus lifting humanity out of the rebellion and default conditions that have prevailed for 200,000 years.



# POVERTY EXTERMINATION





## **POVERTY is due to UNTRUTH!**

Saturday, 29 November 2025

Reading your work, John, felt like a continuation of the conversation we had yesterday (Friday, 28 November) with you, Lillan, Jim, and the rest of the team.

The document deepened many of the ideas you shared during the meeting (being the first time Mark had been introduced to Pascas Foundation and John). It pushed me to look more closely at the emotional and spiritual foundations of human experience. The way you link poverty to untruth is powerful because it goes beyond the usual discussions about systems and structures. It invites the reader to consider that the deeper form of poverty begins when people lose connection to their inner truth and to the natural wisdom of the soul. This perspective helped me understand that material deprivation is only one expression of a much larger spiritual disconnection that humanity has been repeating for generations.

One complex point that struck me is the idea that the mind, when separated from the soul, becomes a source of distortion. You explained yesterday how the mind often creates illusions of control and certainty while disconnecting us from the very feelings that hold truth. Seeing this idea written so clearly in your document made me reflect on how much of modern life is built on this imbalance. People are taught to trust the mind and silence the soul. They are rewarded for logic but punished for vulnerability. This creates a pattern where individuals survive intellectually but starve emotionally.

Your belief that memory is rooted in the soul, not the brain, reframes human identity in a profound way. It suggests that people carry ancient truth within them, and that genuine learning comes from reconnecting with what already lives inside rather than absorbing beliefs that society imposes.

The most emotional part of this reflection comes from your call to live through feeling. This is not a suggestion to act on impulse but an invitation to listen to the deeper emotional truth that aligns with love. You challenge the reader to break free from the internal barriers that keep them confined. You also present the possibility that healing begins when we allow ourselves to feel fully. The painful emotions, the hidden fears, the suppressed truths. When you wrote that we can escape the suffering of this world by expressing both the good and the painful feelings, it resonated with what you shared in person.

It reminded me that transformation does not start outside us. It begins when we choose honesty over avoidance. Reading your work reinforced the sense that each person has the capacity to shift their relationship with truth and that this inner shift can ripple outward into the wider community.

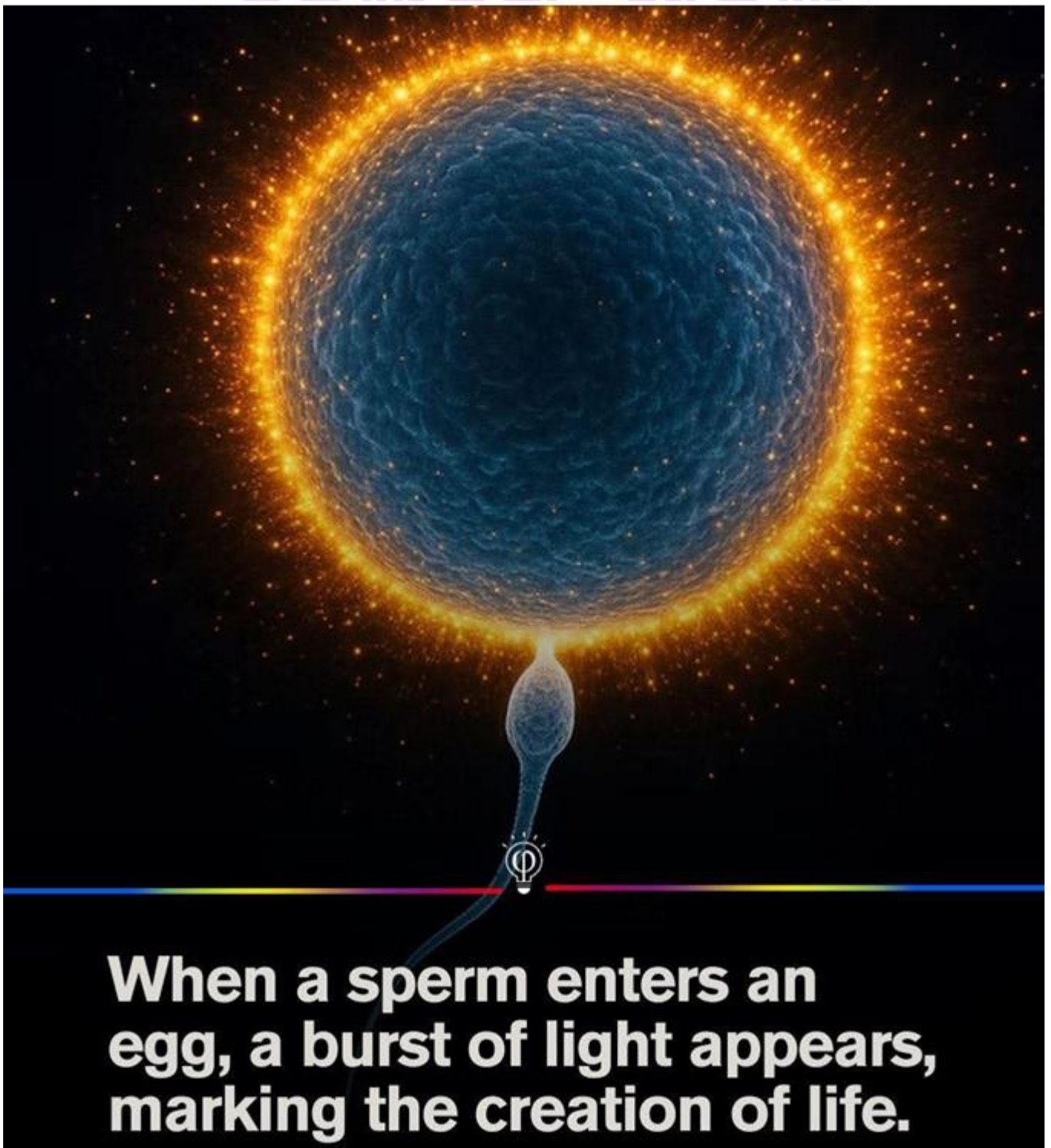
It is a bold message, and one that inspires me to reflect more deeply on how I live, how I feel, and how I connect with others.

Thank you. Mark

This message calibrates on the Map of Consciousness at MoC 1,000

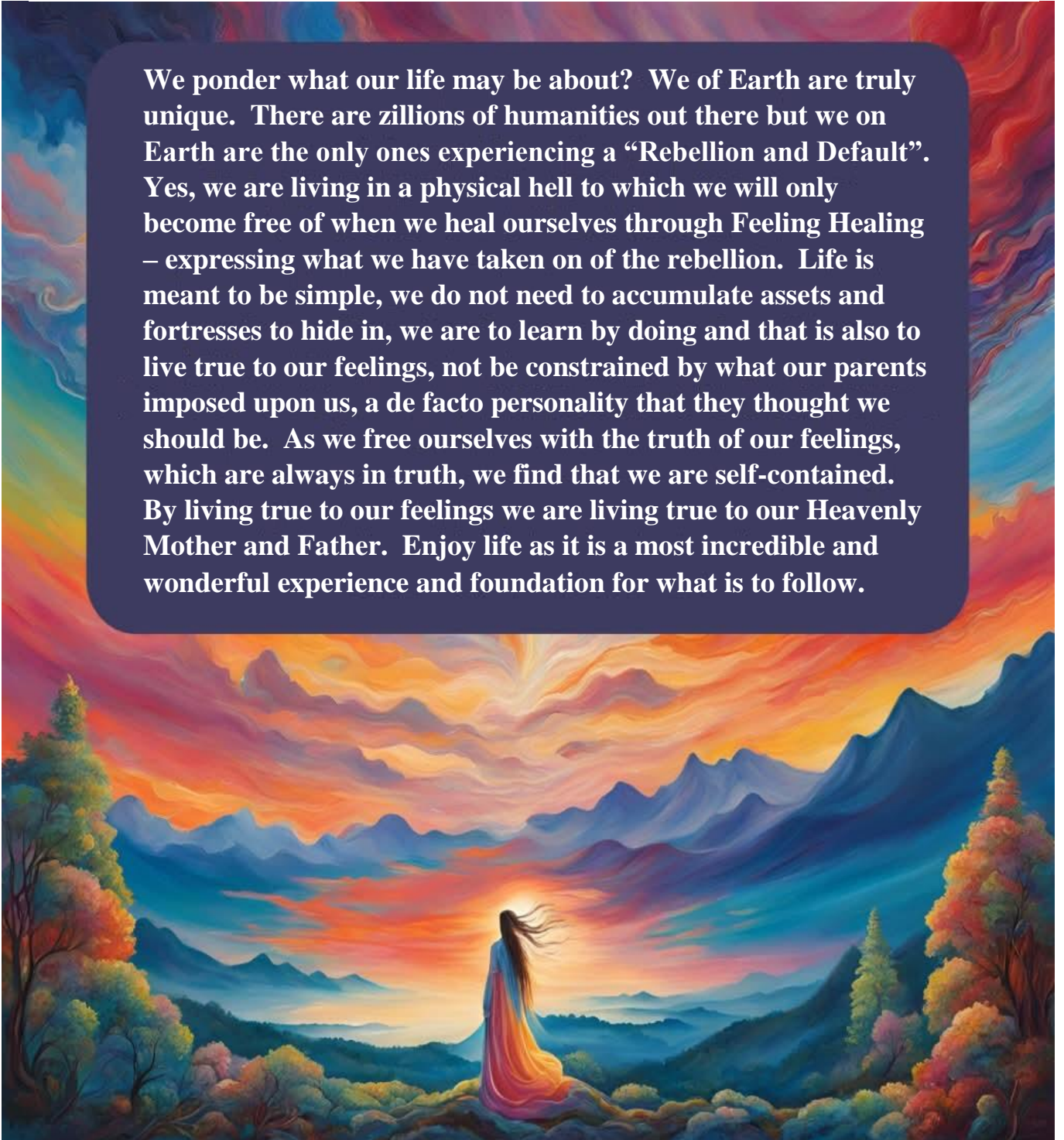


# CONCEPTION



# OUR PURPOSE IN LIFE !!

We ponder what our life may be about? We of Earth are truly unique. There are zillions of humanities out there but we on Earth are the only ones experiencing a “Rebellion and Default”. Yes, we are living in a physical hell to which we will only become free of when we heal ourselves through Feeling Healing – expressing what we have taken on of the rebellion. Life is meant to be simple, we do not need to accumulate assets and fortresses to hide in, we are to learn by doing and that is also to live true to our feelings, not be constrained by what our parents imposed upon us, a de facto personality that they thought we should be. As we free ourselves with the truth of our feelings, which are always in truth, we find that we are self-contained. By living true to our feelings we are living true to our Heavenly Mother and Father. Enjoy life as it is a most incredible and wonderful experience and foundation for what is to follow.





# Truth is Freedom

## Life through our Feelings is Dynamic and Vibrant!



Aspiring to live feelings first opens our perception to levels of truth never before experienced. Our feelings are us, they are always of truth, and they are always vibrant, dynamic and freeing. Through our feelings we find that the imprisonment of our mind is put aside. We come to see that mind-centricity is claustrophobic, it is our stagnation, and it is our difficulties with all of our environment and what is around us.

Bringing about awareness that living feelings first breaks through the glass ceiling that our mind imposes upon us all, dismantles boundaries and prejudices that underpin conflict and control addictions. Sharing this awareness of the new way we are to live embracing harmony, peace and friendship – borders will dissolve. The need for policing and military abates and over time as we progressively evolve, our life will become simple.

And simple is how we are meant to experience life.

Conflict is Worldwide

## Feelings First!

## Mind to Follow!

We are to enable our neighbours to become aware and have the option to live feelings first, having their minds to follow in support. Not how it is mostly now, with the mind in control generating conflict and confusion.

It is simple, but difficult, as time is required to discover the joy of this new found freedom through truth.





## FEELING-HEALING

HEALING OUR DENIED AND SUPPRESSED CHILDHOOD FEELINGS  
WITH GOD'S DIVINE LOVE.

*Our adult  
issues are*  
**ALL ABOUT**  
**WHAT HAPPENED**  
*to us as  
children.*

[DIVINELOVESP.WEEBLY.COM](http://DIVINELOVESP.WEEBLY.COM)



**SOME OF YOU CAME FROM  
THE 'IF YOU STOP CRYING  
I'LL BUY YOU SOMETHING'  
GENERATION. WE CAME  
FROM THE 'IF YOU DON'T  
STOP CRYING I'M GONNA  
GIVE YOU SOMETHING TO  
CRY ABOUT' GENERATION.**



# CHILD SUPPRESSION



Consider asking the child to talk it out. How does she or he feel about being treated this way? What else does he or she want to talk about this? Ask the child to talk about what they feel, both good and bad. Always ask and look to find the truth to understand more about what happens.

*Children are now to embrace and express their feelings in all that they do and experience. It is our feelings that are our guiding light of love and truth. Truth is love.*

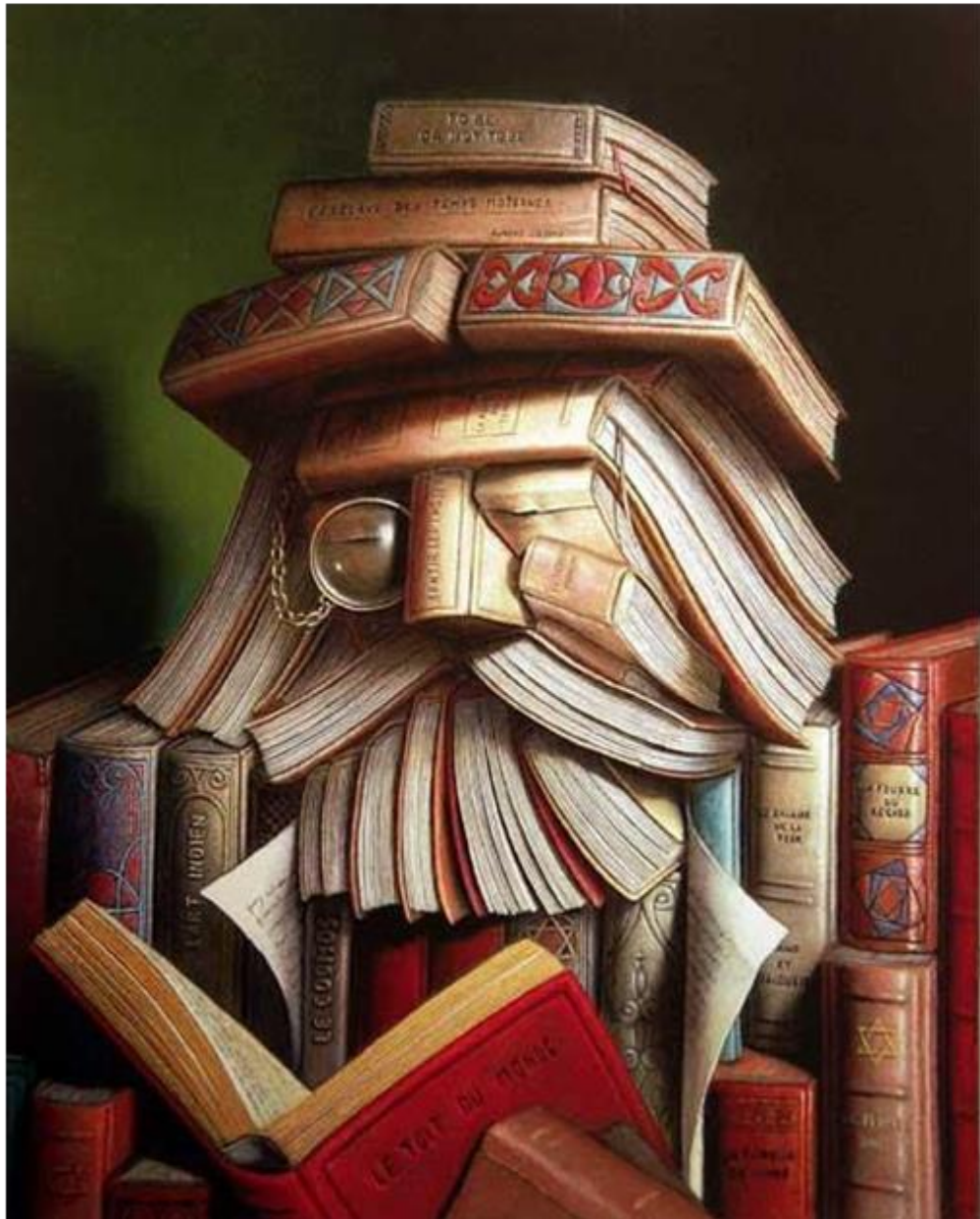


*Why?*

*May we ask why we have not understood this before? The Universal Contract governing the Rebellion and Default had to work its course. Cracks in it are now being worked to end the Rebellion and Default.*



*Education is to reveal itself through our feelings. Our soul based feelings are always in truth. And truth is love! We are fully self-contained. Our feelings are to lead our mind in all that we do, not live how we have been previously taught. It is that simple!*



*Within, I know who I am and what my future journey beholds! My feelings are to be my guide being supported by my mind - not the other way around as it has been!*







**Scientists Explore Mind-Bending  
Theory That Human Memories  
May Exist Beyond the Brain—  
Imprinted Directly Into the Fabric  
of the Universe**

**Our soul is home to our Memory!**





A HUMAN BRAIN USES JUST 12 WATTS  
TO THINK, WHILE AN AI SYSTEM  
PERFORMING THE SAME TASK WOULD  
REQUIRE 2.7 BILLION WATTS

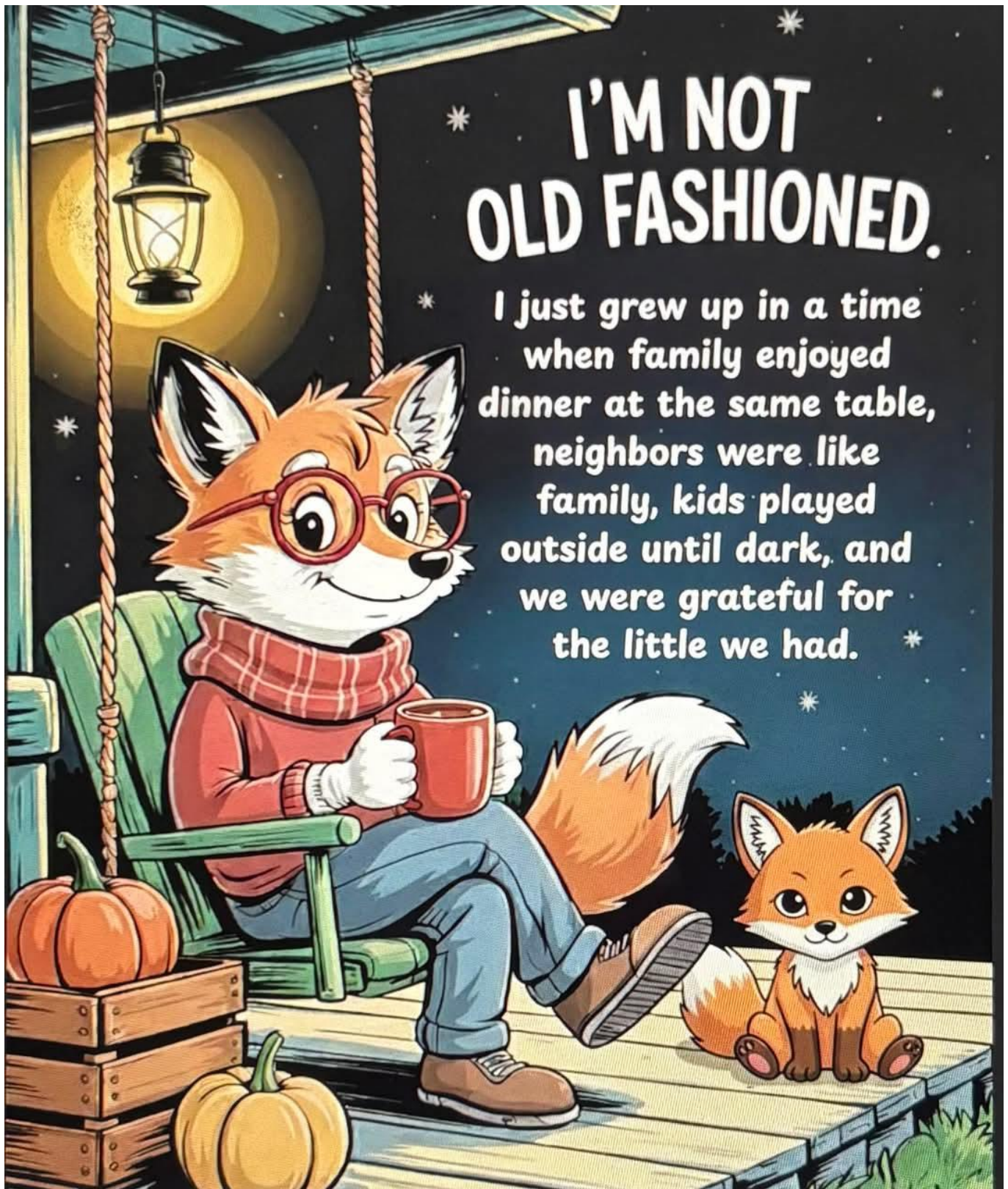
**We Learn by Doing!**



**The brain cannot distinguish imagination from reality. Every vivid thought reinforces the same neural circuits as real experiences.**

**Brain cannot discern truth from falsehood.  
Brain is addicted to control over others.**





**Through our feelings, freedom emerges,  
vitality grows, and life becomes simple!**



# POVERTY

is the lack of TRUTH !

POVERTY as defined by lack of Consciousness, being in UNTRUTH							
Chile Nation	Conscio usness (MoC)	Population (2025)	Percentage Calibrating MoC 50   MoC 100   MoC 150   MoC 200 or below				Population in Untruth Poverty
							POVERTY
World overall	220	8,100,000,000	21%	40%	63%	75%	6,075,000,000
							POVERTY

Correlation of Levels of Consciousness – Soul Condition – and Society Problems Truth vs Falsehood by Dr David R Hawkins 2005				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%



# Two Simple Charts:

<b>POVERTY as defined by lack of Consciousness, being in UNTRUTH</b>							
<b>WORLD</b>	Consciousness (MoC)	Population (2023)	Percentage Calibrating MoC 50   MoC 100   MoC 150   MoC 200 or below				Population in Untruth Poverty
<b>World overall</b>	220	8,100,000,000	21%	40%	63%	75%	6,075,000,000

**POVERTY**

<b>WORLDWIDE relationship of MoC calibration with Life Experiences Life Expectancy, Development, Happiness, Education, Income</b>							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2021
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>0.924</b>	<b>7.1</b>	<b>.890</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>0.794</b>	<b>6.1</b>	<b>.741</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>0.676</b>	<b>5.3</b>	<b>.610</b>	<b>US\$16,560</b>
<b>High 100s</b>	<b>38</b>	<b>174</b>	<b>70.5</b>	<b>0.659</b>	<b>5.0</b>	<b>.600</b>	<b>US\$12,516</b>
<b>Low 100s</b>	<b>21</b>	<b>119</b>	<b>67.1</b>	<b>0.587</b>	<b>4.6</b>	<b>.501</b>	<b>US\$7,081</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>0.565</b>	<b>4.4</b>	<b>.501</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>				<b>US\$17,110</b>

<b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems Truth vs Falsehood by Dr David R Hawkins 2005</b>				
<b>Level of Consciousness</b>	<b>Rate of Unemployment</b>	<b>Rate of Poverty</b>	<b>Happiness Rate “Life is OK”</b>	<b>Rate of Criminality</b>
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

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A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

## POVERTY as defined by lack of Consciousness, being in UNTRUTH

Nation	Consciousness (MoC)	Population (2024)	Percentage Calibrating MoC 100   MoC 200 or below		Population in Untruth Poverty 
Afghanistan	85	43,400,000	48%	92%	39,930,000
Angola	80	37,800,000	66%	95%	35,900,000
Argentina	280	46,000,000	28%	70%	32,200,000
Australia	410	27,000,000	10%	48%	12,960,000
Bosnia Herzegovina	180	3,300,000	38%	75%	24,750,000
Caribbean OECS	280	11,000,000	32%	78%	8,580,000
China	305	1,425,000,000	40%	79%	1,125,750,000
Colombia	320	52,200,000	32%	67%	34,970,000
Dominica Common	290	66,000	27%	66%	43,600
Eritrea	180	5,800,000	48%	85%	4,930,000
Ethiopia	140	115,000,000	50%	88%	101,200,000
European Union	380	451,000,000	14%	67%	30,220,000
Gaza Strip	180	2,100,000	59%	84%	1,760,000
India	305	1,436,000,000	38%	74%	1,062,640,000
India – Gujarat	280	73,000,000	44%	79%	57,670,000
India – Uttar Pradesh	300	239,000,000	41%	75%	179,250,000
Indonesia	220	280,000,000	34%	78%	218,400,000
Israel	190	8,660,000	28%	85%	7,360,000
Jordan	185	11,500,000	27%	80%	9,200,000
Papua New Guinea	220	17,000,000	55%	80%	13,600,000
Philippines	225	119,000,000	49%	80%	95,200,000
Poland	190	38,500,000	55%	81%	31,185,000
Russia	320	144,000,000	38%	81%	116,640,000
Solomon Islands	220	690,000	64%	85%	586,500
South Africa	190	60,000,000	49%	88%	52,800,000
Tanzania	200	68,800,000	53%	85%	58,480,000
Ukraine	330	38,000,000	48%	78%	29,640,000
United Kingdom	420	68,000,000	30%	65%	44,200,000
United States America	405	341,000,000	31%	56%	190,960,000
Vanuatu	305	307,000	39%	78%	240,000
Zimbabwe	100	17,000,000	65%	85%	14,450,000
<b>World overall</b>	220	8,100,000,000	<b>40%</b>	<b>75%</b>	<b>6,075,000,000</b>
					



<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b> <b>Life Expectancy, Development, Happiness, Education, Income</b>							
<b>MoC</b>	<b>No. of Countries+ Territories</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Human Development Index</b>	<b>Happiness Index</b>	<b>Education Index</b>	<b>Per Capita Income 2021</b>
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>0.924</b>	<b>7.1</b>	<b>.890</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>0.794</b>	<b>6.1</b>	<b>.741</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>0.676</b>	<b>5.3</b>	<b>.610</b>	<b>US\$16,560</b>
<b>High 100s</b>	<b>38</b>	<b>174</b>	<b>70.5</b>	<b>0.659</b>	<b>5.0</b>	<b>.600</b>	<b>US\$12,516</b>
<b>Low 100s</b>	<b>21</b>	<b>119</b>	<b>67.1</b>	<b>0.587</b>	<b>4.6</b>	<b>.501</b>	<b>US\$7,081</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>0.565</b>	<b>4.4</b>	<b>.501</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>				<b>US\$17,110</b>

**WE ARE Truth Seekers**

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b> <b>Median Age of Population &amp; Urban Slum Population</b>						
<b>MoC</b>	<b>No. of Countries+ Territories</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Medium Age of Population 2021</b>	<b>Urban Population Living in Slums 2020</b>	<b>Per Capita Income 2021</b>
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>41.0</b>	<b>4.9%</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>34.7</b>	<b>17.4%</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>28.3</b>	<b>28.5%</b>	<b>US\$16,560</b>
<b>High 100s</b>	<b>38</b>	<b>174</b>	<b>70.5</b>	<b>25.7</b>	<b>33.8%</b>	<b>US\$12,516</b>
<b>Low 100s</b>	<b>21</b>	<b>119</b>	<b>67.1</b>	<b>22.3</b>	<b>43.7%</b>	<b>US\$7,081</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>20.5</b>	<b>56.7%</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>	<b>30.7</b>	<b>&gt; one billion 24.2%</b>	<b>US\$17,110</b>

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b> <b>Pupil-Teacher ratio, Nurses Midwives per 1,000, Doctors per 1,000</b>							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Pupil-Teacher ratio primary	Nurses Midwives per 1,000	Doctors per 1,000 people	Per Capita Income 2021
400s	22	405	82.2	13	11.3	3.9	US\$63,032
300s	71	343	77.2	18	5.6	2.7	US\$30,154
200s	50	251	72.7	23	3.7	1.4	US\$16,560
High 100s	38	174	70.5	28	3.1	1.5	US\$12,516
Low 100s	21	119	67.1	32	1.8	0.8	US\$7,081
Below 100	14	74	65.3	41	1.5	0.6	US\$6,377
WORLD	216	220	73.3	23	3.8	1.7	US\$17,110

**TEACHING is the Paramount Profession !**

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b> <b>General Overview</b>							
MoC	No. of Countries+ Territories	Average MoC	Average Life Expectancy	Medium Age of Population 2021	WORLD POPULATION 2021	% worldwide population	Per Capita Income 2021
400s	22	405	82.2	41.0	687,989,800	8.8%	US\$63,032
300s	71	343	77.2	34.7	4,064,565,401	51.8%	US\$30,154
200s	50	251	72.7	28.3	1,069,410,500	13.6%	US\$16,560
High 100s	38	174	70.5	25.7	744,280,000	9.4%	US\$12,516
Low 100s	21	119	67.1	22.3	750,726,000	9.6%	US\$7,081
Below 100	14	74	65.3	20.5	532,580,000	6.8%	US\$6,377
WORLD	216	220	73.3	30.7	7,849,551,701	100.0%	US\$17,110

**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>							
<b>MoC</b>	<b>No. of Countries+ Territories</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Human Development Index</b>	<b>Happiness Index</b>	<b>Education Index</b>	<b>Per Capita Income 2021</b>
<b>500+</b>	<b>NONE</b>		<b>Living Mind-Centric imposes a ceiling of 499 MoC on humanity!</b>				
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>0.924</b>	<b>7.1</b>	<b>.890</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>0.794</b>	<b>6.1</b>	<b>.741</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>0.676</b>	<b>5.3</b>	<b>.610</b>	<b>US\$16,560</b>
<b>100s</b>	<b>59</b>	<b>147</b>	<b>68.8</b>	<b>0.623</b>	<b>4.8</b>	<b>.551</b>	<b>US\$9,799</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>0.565</b>	<b>4.4</b>	<b>.501</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>				<b>US\$17,110</b>

**ONLY THROUGH the UNIVERSAL AWARENESS and by EMBRACING LIVING FEELINGS FIRST can and will HUMANITY evolve ABOVE its PRESENT DIRE STATE in how we are LIVING being MIND-CENTRIC.**

**Pascas "wrap-around support" for people:**



**PASCAS**  
**wrap-around**  
**support**



## The GOLDEN RULE

*Never interfere with another's will.*

*We are not to impose our will upon another!*

*One must always honour another's will as  
one honours one's own.*

## Feelings First, Mind Following

LIVE TRUE TO OUR FEELINGS;  
AND LONG FOR THE TRUTH OF THEM.

SOMETHING  
**BIG**  
IS HAPPENING

This time, in the history of humanity, is  
the most exciting time ever experienced.

# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

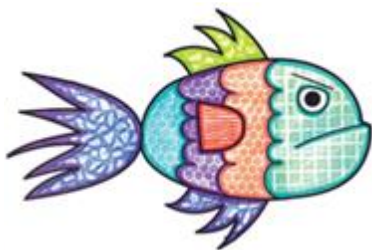
**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**



**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



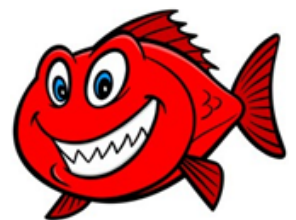
**Ask to know the truth about that which you feel.**  
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**



**talking**



**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**  
**Talk it out to a friend!**



From our head to our toes,  
what our feelings say goes!



Feelings, good and bad, are to be expressed.



Heartfelt feelings are our truth.

Then we are to continue by longing for  
the truth that our feelings are to reveal to us!



# TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!





# *My individual "Rebellion and Default" is my overarching virus!*

**The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it.**

Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – **BECAUSE WE DON'T FEEL LOVED.**

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person.**

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. Illness is to show us that we are wrong. We wouldn't get sick if we were right. **ILLNESS IS OUR FRIEND.** It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourselves. When we 'go in' we're to go into our early life through our adult 'now' feelings.

**EVERYTHING** that happens to us does so to help us live one of two ways. **So we will 'get a virus' to help us go further into our truth-denial; or we will get one to help us come out of it.**

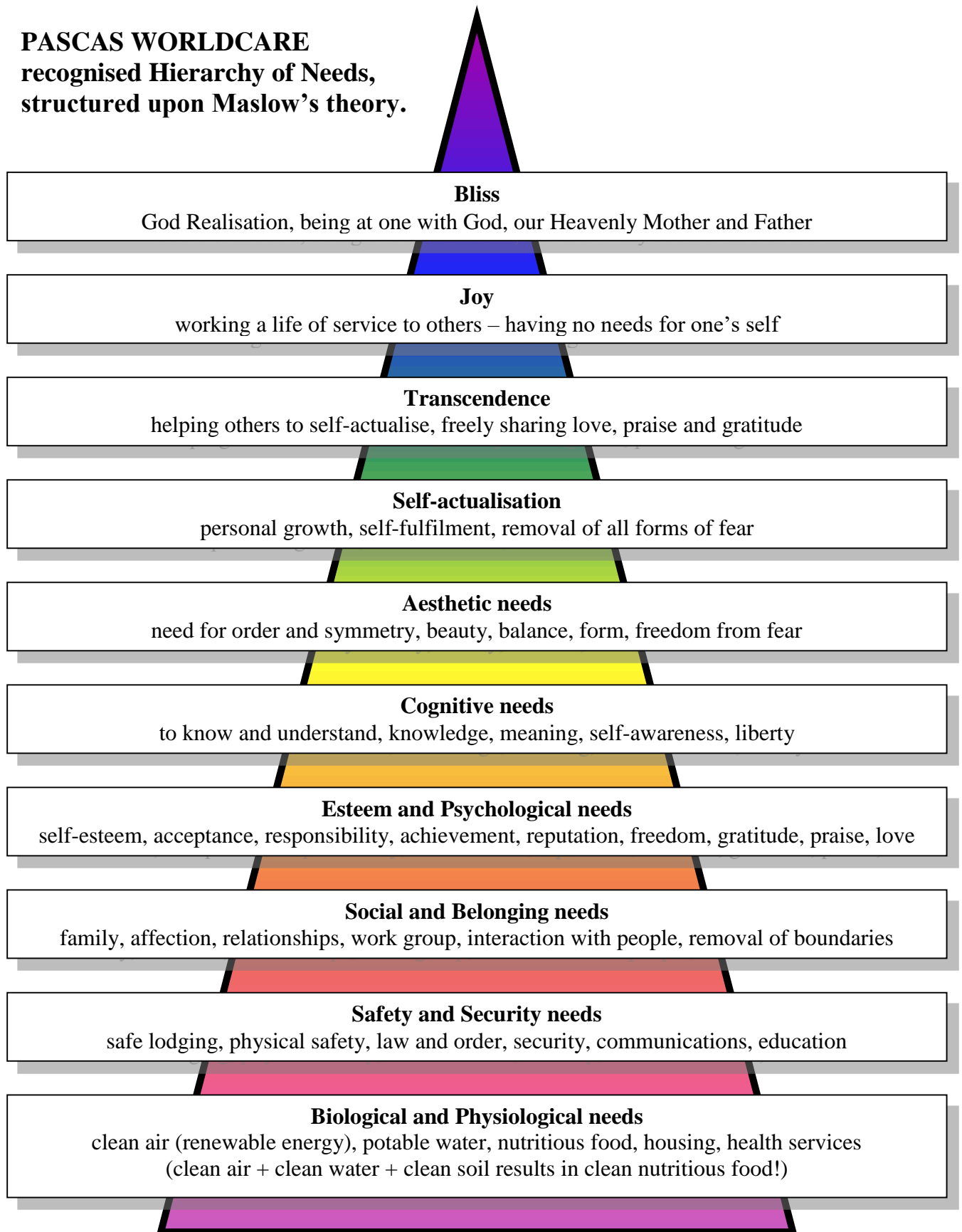
Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and **we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won't get sick. There is NO OTHER REASON why we get sick!**

If we are going to get sick, that will happen either way because we are already sick within ourselves and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourselves and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all 'infected' with.**

## **Enters emotionally - is to leave emotionally!**

## *We are to express our feelings, both good and bad, emotionally!*

**PASCAS WORLDCARE**  
recognised **Hierarchy of Needs**,  
structured upon Maslow's theory.





# Humanity

The road to  
 TRUTH and FREEDOM  
 is through  
 OPEN and FREE  
 Universal Feelings Orientated  
 EDUCATION

This is the  **GATEWAY**



WE EACH NOW CAN CLIMB TO  
INCOMPREHENSIBLE  
LEVELS OF CONSCIOUSNESS



ONCE YOU KNOW -  
YOU CANNOT UNKNOW!

Mary Magdalene





put children first

Put Children First



**The Pathway is long, straight and narrow!**





# Journey of Earth's Humanity

Years ago:

993,500 Andon and Fonta - aspire for human perfection.

950,000 Andonites reach Tasmania - southern Australia.

500,000 Caligastia - Lanonandek - appointed Planetary Prince  
Daligastia manifests on Earth with staff  
Sangik Family - Northern India - 6 colours

200,000 Lucifer - Lanonandek - rebels against Jesus & Mary  
Caligastia draws Earth into Rebellion

38,000 Adam and Eve manifest on Earth  
Adam and Eve default their mission

1980 BCE MACHIVENTA MELCHIZEDEK MANIFESTS  
Commences end of Rebellion & Default

7 BCE Jesus of Nazareth born

2 BCE Mary of Magdalene born  
Creator Daughter & Son Bestowal

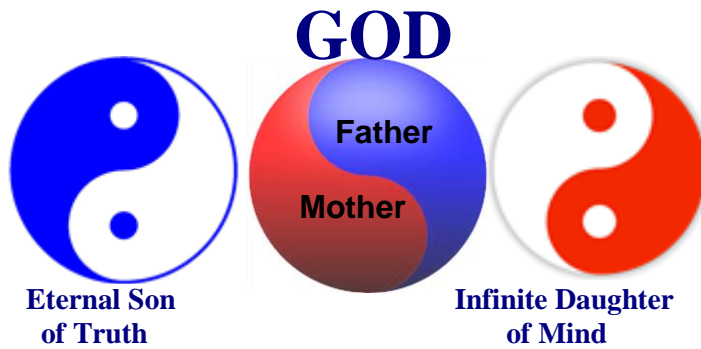
1914 - 1923 Padgett Messages - second coming

1925 - 1935 The Urantia Book - history of humanity

1944 CE Bretton Woods Conference - funding

2002 - 2022 James Moncrief - Revelations  
Avonal Daughter & Son Bestowal  
Avonal Age of 1,000 years begins!





### CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

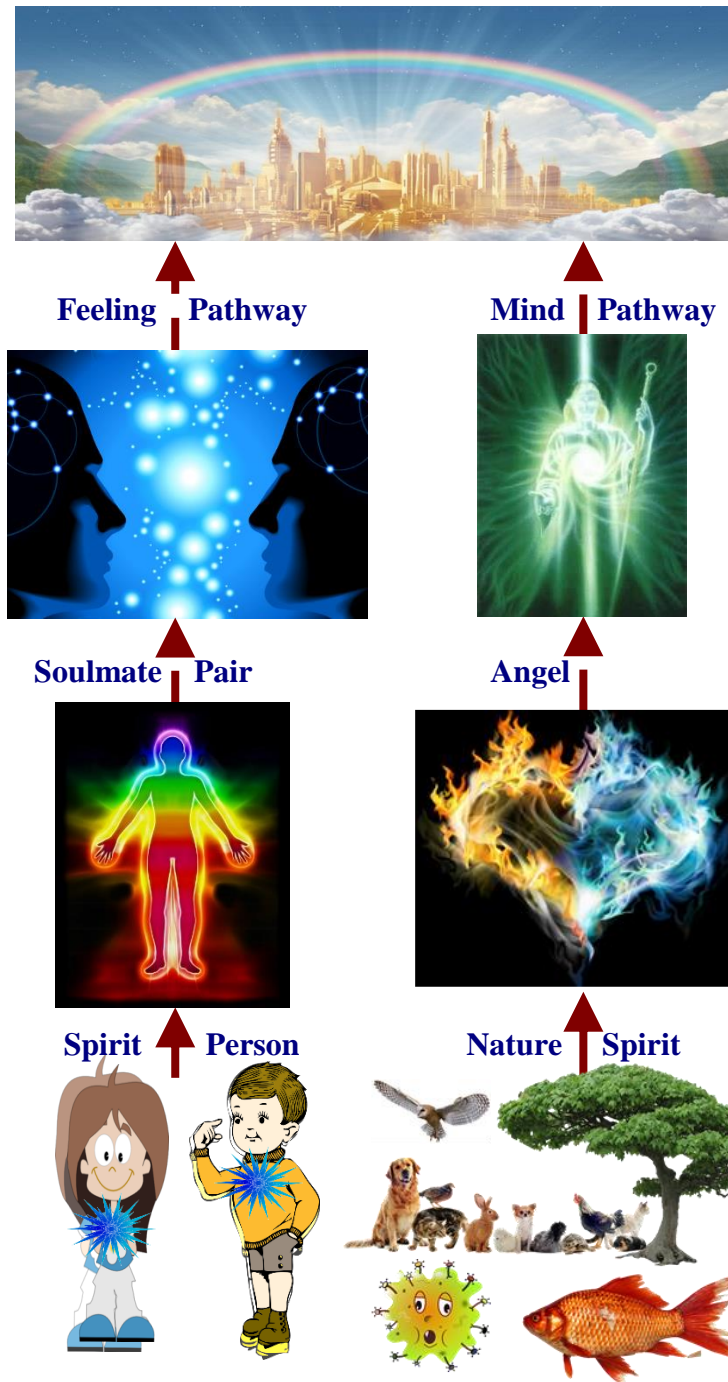
The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

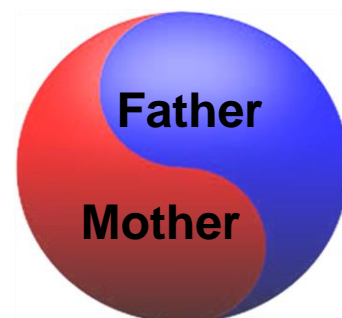
Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



# MUM & DAD THIS WAY

**GOD**



**HEAVENLY PARENTS**



**JESUS & MARY**



**AVONALS**



**GOD**

**AVONAL PAIR**

**MARY & JESUS**

**SPHERES of PARADISE** being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

**INFINITE & UNIVERSAL SPHERES**, unknown number to progress through within Nebadon.

**ETERNAL SPHERES** 3 spheres unnumbered. Involvement with Earth finishes.

**CELESTIAL HEAVENS** are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

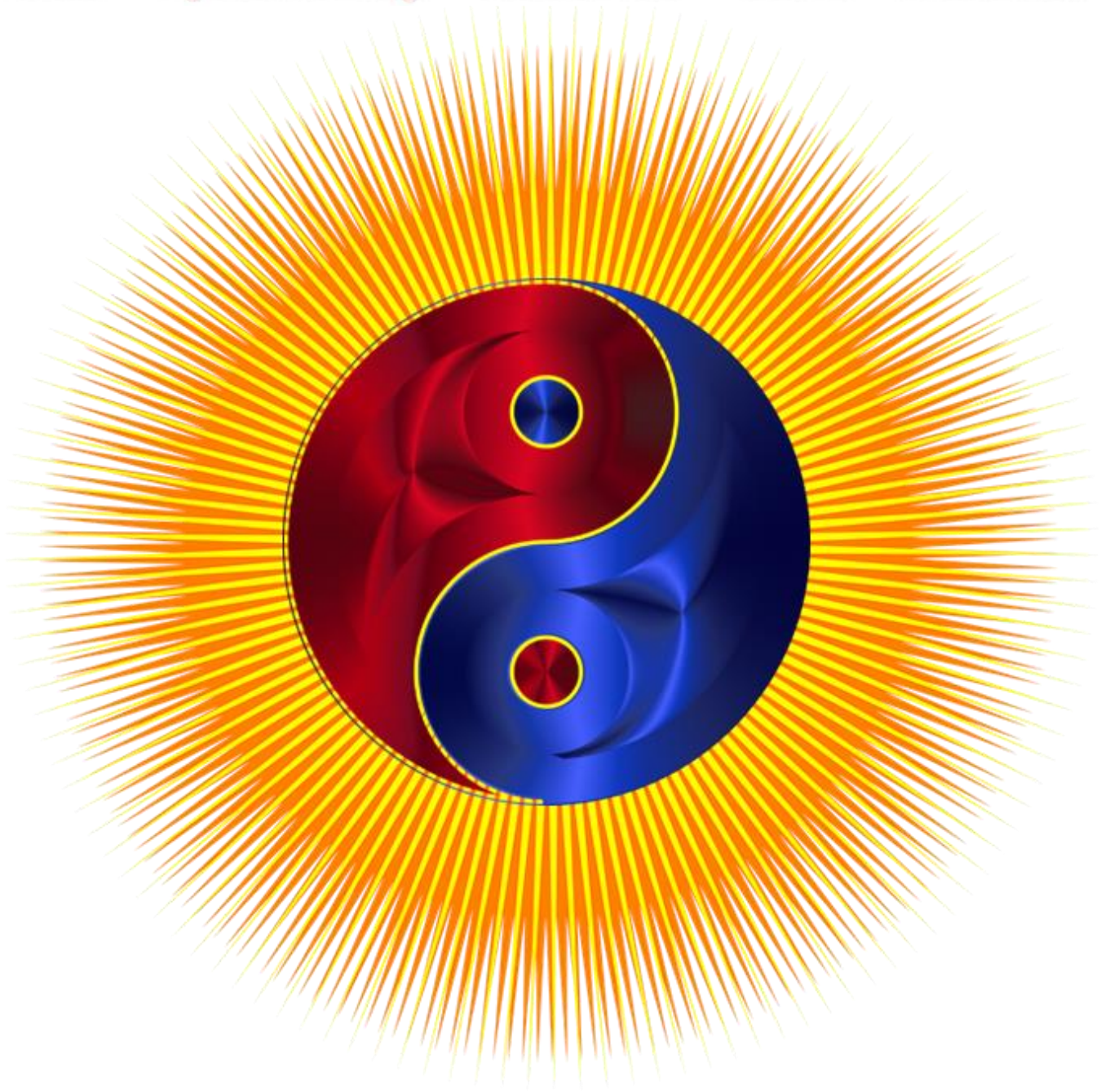
Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

**I'D TURN BACK IF I WERE YOU!**

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.



# Our Heavenly Mother and Father



# Paradise Trinity

Heavenly Mother  
and Father  
'Love'



Eternal Son of 'Truth'

Infinite Daughter of 'Mind'

Jesus and Mary's soul are different in design than ours. They are a Creator Daughter and Son, or similarly referred to as Michael Daughter and Son soul, and within their soul is expressed only two of the Primary Aspects of Deity. They are of the Mother and Father, our Heavenly Parents and the Eternal Son.

Avonal Daughters and Sons are expressive of the Eternal Son and Infinite Daughter.

The core of humanity (us mortals of Earth) is of the Truth and Mind, and then with the addition of the Indwelling Spirit, we can then relate to the Love.

And with the Avonal pair now on our world (Earth), or assisting us through others on Earth, they too expressing the Son of Truth and Daughter of Mind, we actually are far better suited to relating to them than we are to Mary and Jesus.



# Heavenly Mother & Father LOVE



TRUTH MIND  
Eternal Son Infinite Daughter

Creator Daughter & Son are of Love and Truth.

Avonal Daughter & Son are of Truth and Mind.

Nature is of the Mind.

Humanity is of Truth and Mind then with Indwelling Spirit, also of Love.

Humanity is best suited to be assisted by the Avonals and then by Creator Daughter & Son.

Indwelling Spirit  LOVE

# Healed potential



## Insightful Genius

*Brilliance!*

## DYNAMIC

## vibrant

<http://www.pascashealth.com/index.php/library.html>

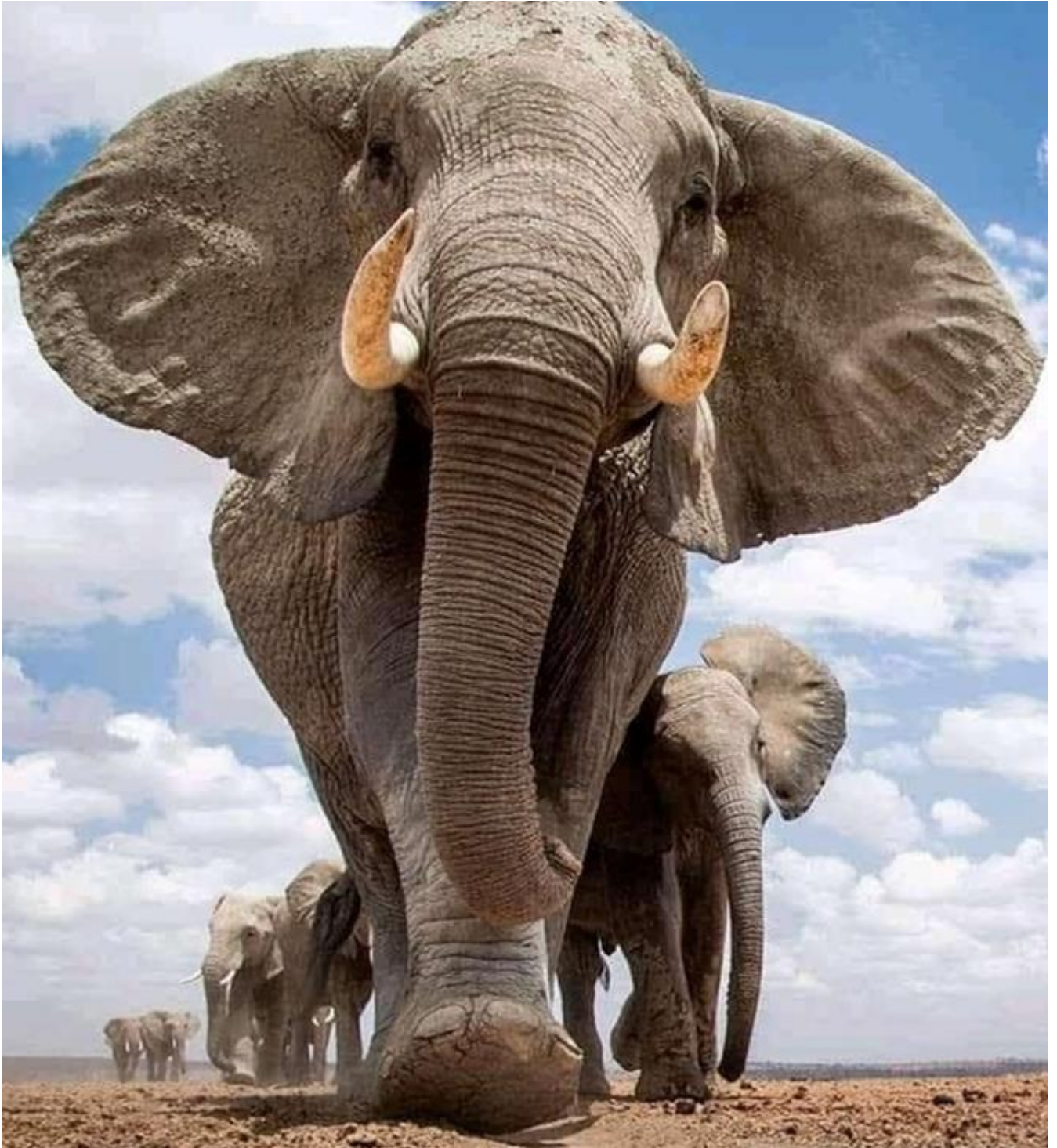
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[info@pascashealth.com](mailto:info@pascashealth.com)



# HEREWECOME



perceived truth MoC 980 – relative truth potential MoC 1,480