

Pascas Care

Parenting Eureka Moment



“Peace And Spirit Creating Alternate Solutions”

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Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*



“Never can one man do more for another than by making it known of the availability of the Feeling Healing and Divine Love.”

The New Way: learning how to live true to ourselves by living true to our feelings.

The Golden rule is: Never interfere with another's will.

Eureka

1 September 2021

That Parenting Eureka Moment arrived when it dawned on me, John, that all of humanity is struggling aimlessly while a few people achieve their personal goals.

ONE PERSON SCREWED IT ALL UP FOR HUMANITY!

Yes, one person, well a soul partner pair, signally screwed up humanity and they have done that increasing their subversion in tiny increments over the past 200,000 years.

One person put it right for humanity!

And now one person, a lone lady, has put it right for humanity, all of humanity, not just humanity in the physical here on Earth, but for all of those throughout the mind spirit Mansion Worlds!



The problem with humanity is that:



We accepted our parents as being 'gods'!
Then we accepted our teachers as supreme educators
Then university professors implied all knowing
3,400+ Religions ALL hold the only truth!
Now only our employers are to be obeyed!
Over all of these are numerous government layers!

All direct us to worship our minds
All suppress and ignore our feelings
None allow our true personality to be expressed
We are all in some form of depression and stupor!

We are to aspire to and live Feelings First
and long for the Truth that our Feelings show us!
And long for the Love of our Heavenly Parents!



We consider what is unfolding around us is in isolation to each other. We see chaos and ineptitude in great proportions and never link them together. How could it be possible that such insanity in such great diversity is actually all one enormous event?

Well it is and it was initiated and brought into full bloom by one person, a man we scoff at as having even existed – Lucifer. It was Lucifer with his soul partner and they were aided and abetted by their deputies, Satan and his soul partner – all being high level spirits from within our local universe.

Now, here is the incredible part!!! Their works of treachery for all of Earth's humanity is now being undone, unplugged, put aside and the way for each of us to do that is now being shown to us by one person, a lady who we do know does exist – Samantha. She is on her own. She has had very little assistance and guidance. She has worked tirelessly all her life trying to find the way and around 2013 she read James Moncrief's writings on his website and since then she has been succeeding were no one throughout the history of humanity has done so previously!!!

Samantha Sam



200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits Insanity Of Humanity

Why we are observing the insanity of humanity on a global stage is that due to 200,000 years of unfettered domination by wayward high level spirits, we are retarded, functioning in a stupor in zombie mode without any spontaneity or initiative.

A decade or so ago, this being 2021, our awareness was not astute enough to discern the incompetency of humanity. Now, many are recognising the absurdity of how we function.

Nanna Beth, 3rd Celestial Heaven referring to the Avonal pair, 2 June 2020: “The last ‘big shift’ we had was when you broke through and understood that your whole understanding of your Healing was incorrectly focused. When you realised that it wasn’t about working to progressively change yourself, but working to progressively see how locked in and how much you can’t change anything about your early life and its affects on you. That change in truth and conscious awareness had the effect of changing everything we were doing, in that we too were then able to shift our orientation with you, so everyone in all the groups were affected by you, changed, refocused, and that took some doing. It’s like having a computer program that is fixed in working one way to achieve such desired results, that which has comprised your Healing up to that time; then suddenly there’s a complete overhaul, an update, with a whole new focus, so we had to change everything to go with you, to align ourselves with that new focus of yours. So you have no idea as to the effect you have on us, all from sitting on your couch “going through your shit”.

“And as you’re soon to have another major change like that, so we’re getting ready for that whole ‘update and refocus’.”

The presence of very high level consciousness has a positive impact upon everyone around the world.

We are Witnessing Incompetence on a Colossal Scale Throughout all sectors of Society

These days, it is a surprise when someone actually does something competently. It is often said that if you want something done right you have got to do it yourself, and today that is truer than ever. Just think about it.

Many, if not most, show up to work sort of downtrodden, almost dead inside. They do the minimum without a full operative overview of all steps required thus requiring frequent rework and delays. Initiative and spontaneity is non-existent.

Sadly, in our upside down society some of the most incompetent people that you can imagine end up running entire organisations, and if you are particularly corrupt and useless you may get to be a politician and run a nation!

Right now, what everyone is talking about is how incompetent the USA President Joe Biden's administration has been in handling the situation in Afghanistan (ending of 20 year war). The fall of Saigon in 1975 and the Iranian hostage crisis during the Carter administration both made America look really weak, but we have never seen anything like the debacle at the airport in Kabul. The fall of Afghanistan to the Taliban after the American lead coalition pulled out in early August 2021 took a week! To the surprise of only the USA President Joe Biden administration and its top brass, the Taliban retook control of Afghanistan in a week after 20 years of frivolous American adventurism. It was a spectacular failure of American diplomacy, statecraft, intelligence and, most of all, military capability. In short, mission very much not accomplished.

To cover the economic costs and losses through incompetencies, governments worldwide have taken to printing money in staggering proportions setting the stage for global hyperinflation and economic chaos on a scale unimaginable.

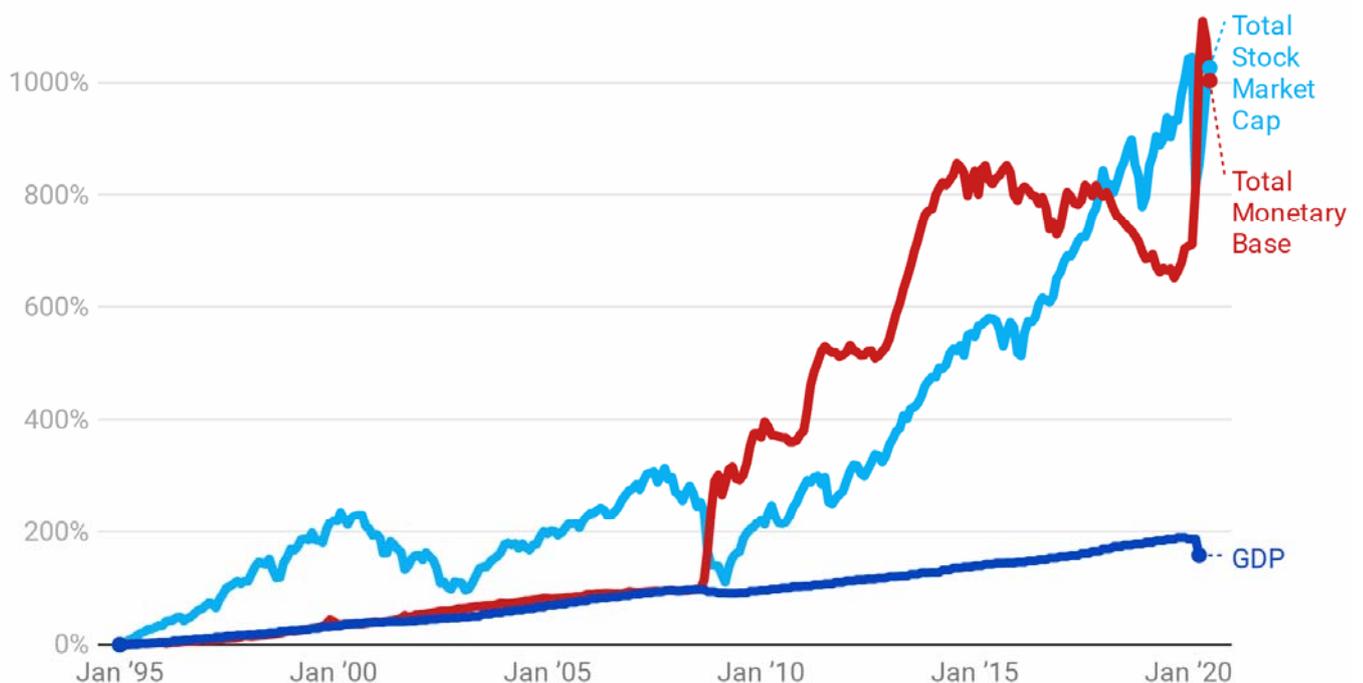
What is even more tragic is that millions upon millions unquestionably accept whatever incompetent leaders tell them to believe without taking the time and effort to think for themselves and come to their own conclusions.

The blind are truly leading the blind, and we are apparently steamrolling down a highway that doesn't lead anywhere good.

Every great society throughout history has crumbled eventually, and now multiple societies are set to crumble en masse.

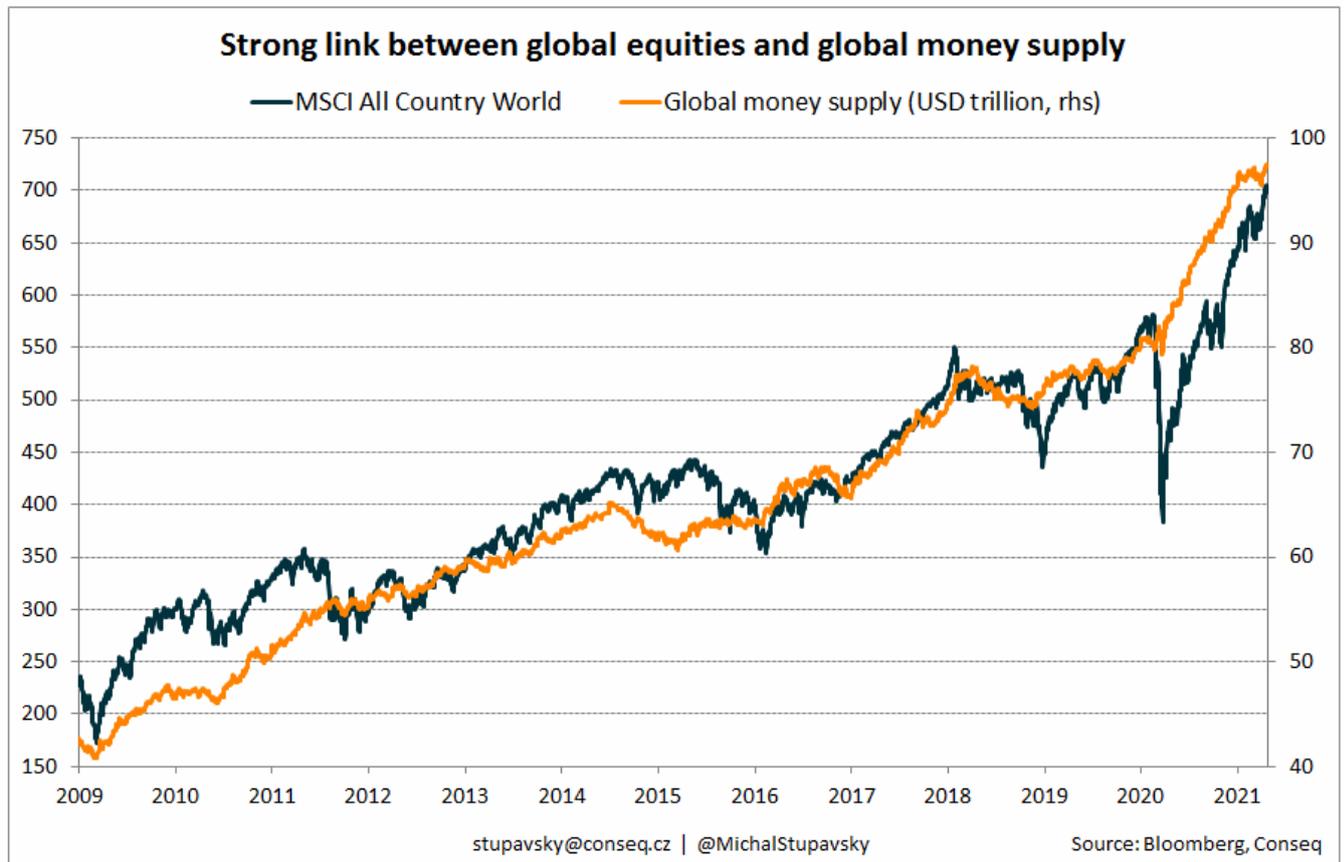
This may probably have been inevitable, but do we really have to look so completely and utterly incompetent in the process?

U.S. GDP vs. Market Cap vs. Monetary Base



% change since 1995 (GDP, WILL5000INDFC, BOGMBASE)

Source: FRED • Created with Datawrapper



REBELLION and DEFAULT formally ended 31 January 2018:

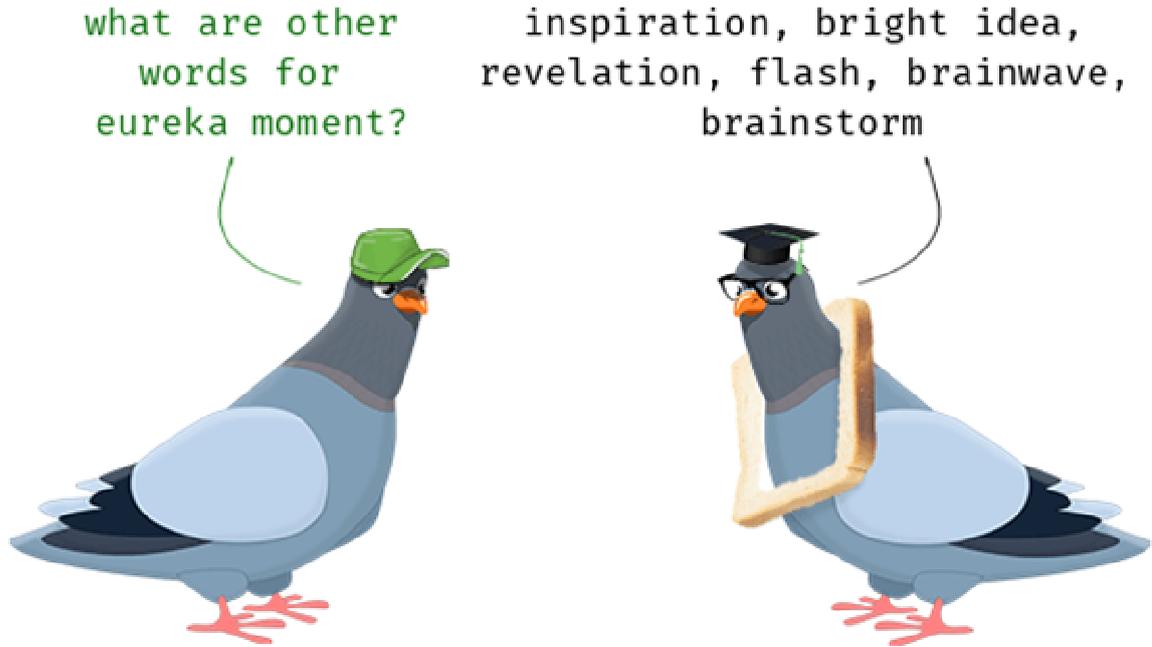


All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.

**WE'VE BEEN SCREWED BY
LUCIFER REBELLION**

Ten ducks in a row, but one always misleading or misled!





Harvesting Humanity

For 200,000 years, high level rebellious Lanonandek spirits, led by Lucifer, have been progressively diverting Earth's humanity away from their potential and true pathway home, for their private agenda of expansion of domination of other humanities throughout our local universe of Nebadon.

Some how these ego centric high level spirits believed that through the progressive build up of numbers of spirits entering the mind spirit Mansion Worlds from Earth that they could expand their authority into other inhabited physical worlds, firstly throughout our system of Satania and then further into Nebadon.

Consequently, Earth's humanity, for 200,000 years has progressively lived in a manner that has held us in stagnation, a state of no spiritual development or evolutionary growth. We have had no possibility of advancing, let alone achieving any of our potential. Our hidden controllers have caused all of the pain and harm that all of humanity have endured these past 200,000 years. They truly make the likes of Adolph Hitler who single handedly instigated World War II (1939-1945) look like saints.

When we died, under Lucifer's reign, and arrived on the 1st spirit Mansion World, we would be put into a state of sleep for great periods – in reserve for Lucifer! When Mary and Jesus ended this following their physical life on Earth, there may have been more than 200 billion spirit personalities then there.

Though Lucifer soul partner pair and their deputy, the Satan soul partner pair were arrested and placed in a spirit world prison when Jesus commenced his public activities, the Planetary Princes of the 37 rebellious worlds continued with Lucifer's Rebellion. Lucifer was the System Sovereign of Satania which has 619 inhabited worlds of which Earth is number 606 – a young humanity.

While living in the physical on Earth, we are encased in layer upon layer of controls. Firstly our parents, then the many layers of educations systems, religious institutions abound with their controlling systems, then layers of governments. Behind all these controlling mechanisms are hidden controllers with their overarching dictates. Unknowingly to these hidden controllers are their controllers from within the mind Mansion Worlds and ultimately Lucifer! This is all to be ended and our way of living is to change from mind control to living through our feelings, how ensouled humanity has always been intended to live but which was taken away from doing so by wayward high level spirits. These wayward spirits have now been imprisoned in spirit prison worlds. The stage is now set for the Great U-Turn.

Subordinate

For the past 200,000 years, progressively, humanity has become more and more subordinated to the will of the rebellious high level Lanonandek spirits led by Lucifer, our System Sovereign – now deposed. This was further compounded when our Planetary Prince, Caligastia, with his deputy, Daligastia, influenced the bringing about of Adam and Eve's default of their assignment, more than 38,000 years ago, thus Earth's humanity is now emersed in both a Rebellion and Default.

Humanity has not recognised, let alone acknowledged, that living mind centric is what Lucifer wanted us to do. To live mind centric is in total contra-distinction to living Feelings First. Mind centricity is retarding us to a zombie state of living, more of being in a stupor without capacity of individuality and creativity. Yes, we have great artists and scientists, but ever so few and their brilliance shines occasionally throughout their careers whereas it should be frequently – even daily.

All institutions, systems, norms that we sheeple embrace without question is to keep us walking the Lucifer track to mediocrity and a dead end! Without question, we continue to repeat the same things tried time and time again expecting a different result and all we do is become Lucifer's fodder for his universal ambitions. We do not even know that he has been imprisoned and we continue doing his begging. Even his spirit followers do not realise his imprisonment and they continue his directions – well – up until 22 March 2017 when they were blocked from connecting with us here in the physical.

Never in the history of Earth's humanity has there been a global endeavour of uniformity of the way we are to live, being imposed upon all by the few. It is all pervasive throughout all facets of living. Our individuality is being obliterated.

Truth is the biggest casualty.

Our true personality is suppressed at every moment from our conception with dire consequences throughout our life experience.



By far the biggest tragedy is **parenting**. No parent knows how to bring up a child. We replicate how our parents brought us up, repeating their errors. We mostly consider we had a great childhood – until we delve into the nightmare of having been parented by:

- parents who have NO understanding of Love
- parents who have NO understanding of Law of Free Will
- parents who have NO understanding of blocking emotions
- parents who have NO understanding of causal / core emotions.

How could they have any understanding of these essentials, their parents didn't know about them, and their parents before. And this is how it has been for aeons – all under the exclusive direction of Lucifer and his minions. Under the universal contract governing the Rebellion and Default, Lucifer had unfettered control of Earth's humanity which he used as a central point of oversight of all 37 humanities worlds under his Rebellion.

How is it for you if you are Truly Honest with Yourself?



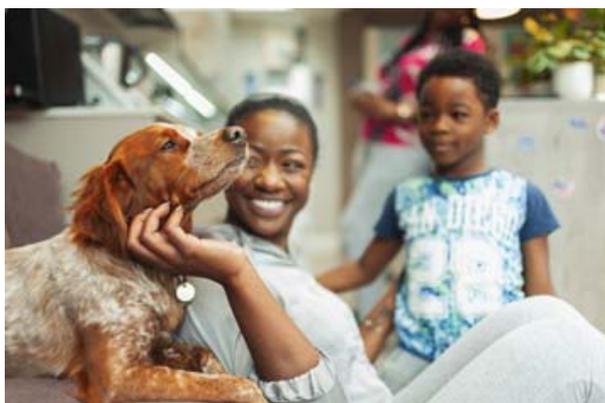
♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



~~~~~  
♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?

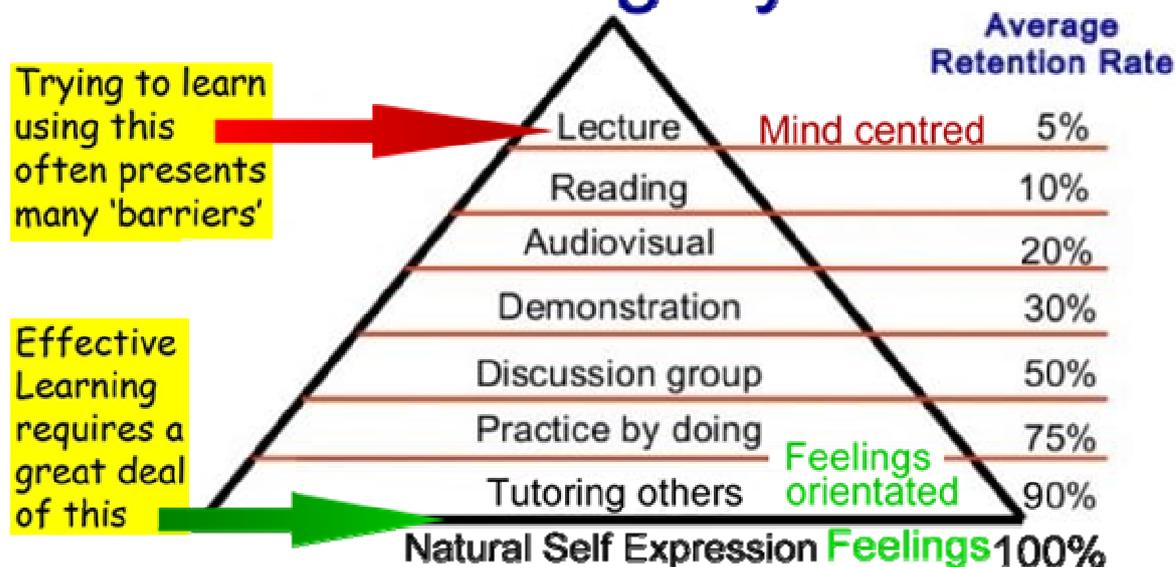


♥ You love your pet more than your child?

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

We consider our **educations systems** now being the gold standard.

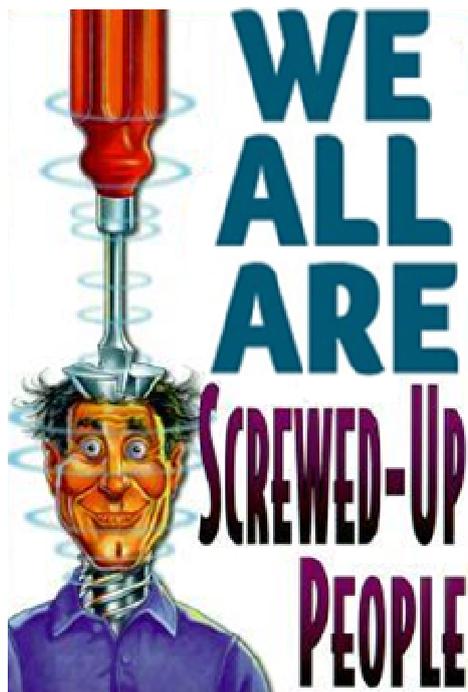
## The Learning Pyramid:



We look at the education systems around the world and we find the lecture format dominant, the mind is worshipped and feelings ignored. The teacher / educator stands in front of a room of students at all levels of education systems and conveys subject material to his pupils.

As outlined in the above chart, the lecture format achieves around 5% retention of the material conveyed. Presently, education presentations are frequently now being conveyed via the internet, thus breaking the direct nexus further with the educator and making matters more difficult for the student. Now, some students thrive under this system whereas most do not – they struggle at best.

At the other end of the scale is when students tutor each other on any given subject that they are interested and passionate about. Students tutoring each other while embracing their feelings can achieve retention rates of around 90%.

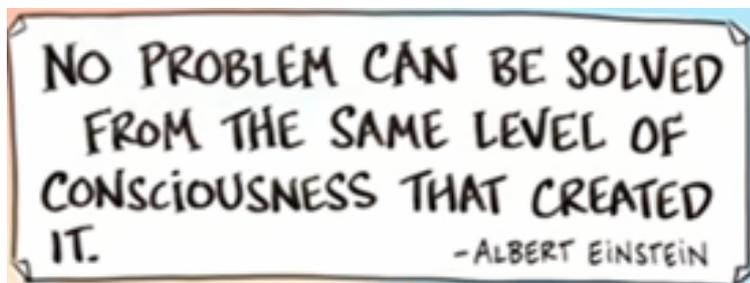
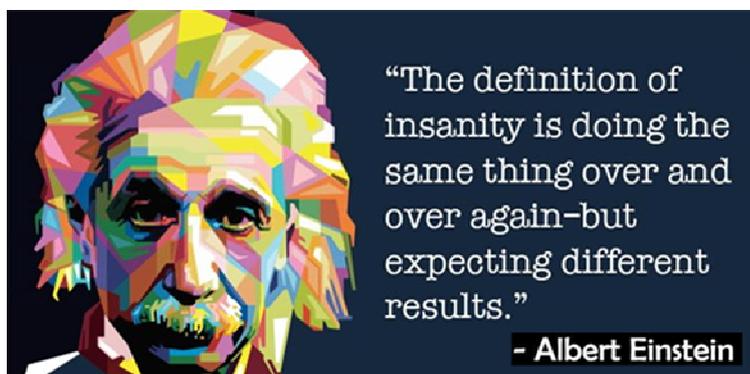


Educators / teachers who have had employment and experiences in the fields and subjects that they are now engaged in teaching are generally able to convey their subjects with practical understandings as to how students will be able to apply their knowledge in their employment. When such educators further engage with students in small groups of around a dozen and progress them to independence through their tutoring of each other whilst embracing what they feel about the subjects then we are having students progressing to natural self expression. This is when their personal truth emerges and their compression of the material is their personal truth on the subject matter.

While the lecture dominates, we have mind centricity being engaged and the limitations are that of no spontaneity, nothing is fluid and the students do not demonstrate initiative because they cannot. We have a world of zombiism and stagnation upon us whilst education debts are enslaving many.

# What Is Genius? True Self Expression

## Feelings Orientated Education



### Children Tutoring Each Other!



Universities worldwide have placed the academic on a pedestal. They have created a class, including the scientist, who are being revered and honoured as people beyond repute for their brilliance.

Dr David R Hawkins, through his Map of Consciousness (MoC) research with the use of kinesiology testing, observed that the world's renowned scientist typically calibrated no higher than 499, the peak of Reason on his MoC table. Interestingly, he found many of them achieved a few only break throughs during their life long endeavours.

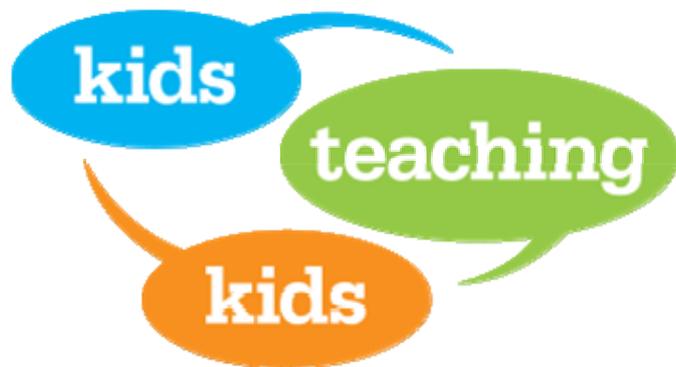
The peak consciousness for those of us when we reside in the 1<sup>st</sup> spirit mind Mansion World is 499. That is the lowest spirit world in our progression to Paradise.

This is where the rebellious Lanonadek spirits had us – in the mind Mansion Worlds stagnating and worshipping our minds with little chance to progress to higher realms.

A pair of higher level personalities, than those who instigated the Rebellion and Default, has taken on the extremes of the Rebellion and Default and have healed themselves, thus showing us the way to break free of the constraints of the Rebellion and Default and its controlling restrictions.

One ascending mortal now living in the physical has embraced the Feeling Healing process and has now progressed to almost completing her healing. Consequently she is demonstrating that all of Earth's humanity can now heal themselves of their Rebellion and Default. Samantha can now be recognised as the New Mother of Humanity for her healing demonstration and leadership. (Nanna Beth, 4 October 2019)

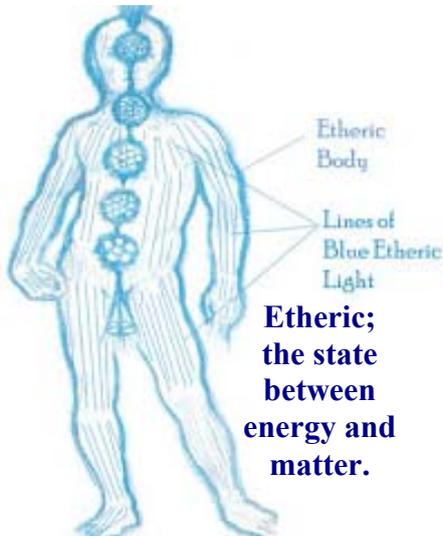
# Tutoring



## Natural Self Expression!



**It is via the spirit etheric body that emotional issues and viruses emerge in the physical body as illness.**



**"Chosen by God,' eh?  
— What's the catch?"**

mind control over their feelings once becoming spirits.

**Health systems** around the world do not and cannot heal any of their patients. Patients present with discomforts, pains, illness, diseases and other symptoms. The health carer is unable to tell the patient what is the underlying cause of their condition. Consequently, the health carer cannot assist the patient in how to heal the condition as they do not know what has brought about the condition!

Health systems are often commercial operations to have patients for life without curing being delivered. A patient is not guided to long to know what he or she is to learn from the discomfort, pain or illness and to express and long for truth of what is being felt. Why we have such issues? It is to learn more about ourselves!

**Political systems** of the world typically divide the constituents, the communities and the country. They pit factions against factions. The candidates are typically not of a high enough consciousness to lead anything, let alone a state or a country. This is the purpose of hidden controllers for political systems, to have inept people who have temporary authority that will not be in any one position of control long enough to realise that they and the people are being manipulated – and if they do then they are shifted to another role of incompetence or lose their seat.

The strivings of some individuals for leadership is a reflection upon their controlling addictions and self-inflated self-worth. This is seen not only in individuals but all so in tribal groups and national psyche. These people are ready made candidates for hidden controllers – those who control the purse strings control the people and the nation.

Up until the 22 March 2017, while the Universal Contract governing the Rebellion and Default or was able to, the hidden controllers on Earth in the physical were unknowingly being controlled by the elite from within the highest realms of the spirit mind Mansion Worlds – those who had perfected more of their

mind control over their feelings once becoming spirits.

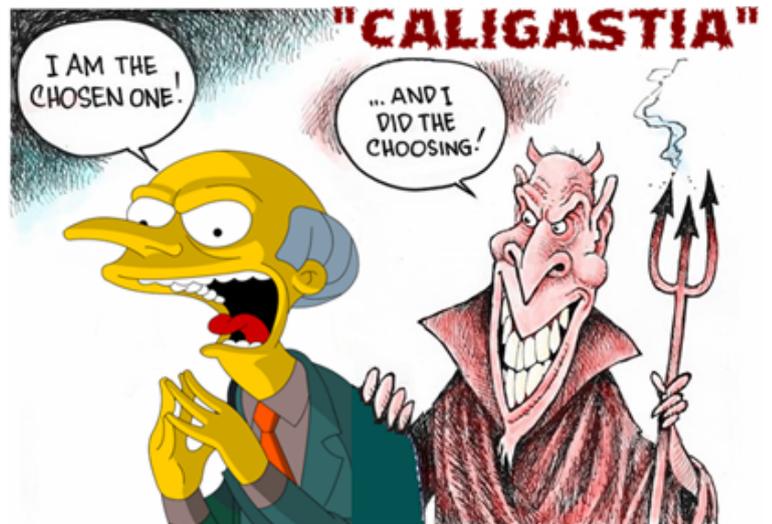
It was on the 22 March 2017 that the Celestial Spirits from within the three Celestial Heaven spheres imposed a block upon all mind Mansion World spirits from interfering with physical humanity and their endeavours on Earth. Since that time we on Earth have been observing a progressive unravelling of competency and management throughout all sectors of life. The apparent 'brilliance' of many has simply evaporated. Their spirit guidance has vanished and so has their deception and capabilities gone – the hidden controllers on Earth are being broken down and dismantled, microbe by microbe, fortune by fortune and they are being abandoned by comrades in deviousness all over the world.

**Commerce and Finance systems** are structured to enslave most to debt for education, accommodation and other necessities of life. The wealth of the world has accumulated in the hands of less than 1% of the world's population. However, the stage is now set for worldwide hyper-inflation, if not very high inflation. As disruptive and stressful such an event is, the wealth of the few will become pennies whereas they now count their billions. The financial system of control in the hands of the hidden controllers is about to evaporate. All controlling systems worldwide are to be dismantled.

**Religious systems** have led the way in suppressing women – where is the equality of women with men dominating the ranks of leadership of religious institutions? When truth is always the same then why do we have 3,400 significant religions and when we add on the denominations within the religions we come to around 50,000 religious institutions. They have all been derived through mind Mansion World spirits and have all taken their congregations deeper into being mind centricity, further away from our feelings and, consequently, our Heavenly Mother and Father. They do not typically recognise that God is both Mother and Father – the women are to be subservient. This is all about to end.

## Planetary Prince is the "Devil"!

Our System Sovereign was Lucifer and his soul partner. Their deputy was Satan with his soul partner. Around the year 26 CE, they were imprisoned into a spirit prison world. Lucifer had influenced the Planetary Princes of 37 physically inhabited worlds to join with him in Rebellion. Earth's Planetary Prince was Caligastia and his soul partner. Their deputy was Daligastia with his soul partner. Around the early 1990s they were also arrested and placed in spirit world prison.



When we refer to the “devil” we are referring to the personality called Caligastia!

When we reflect upon our childhood forming years, from conception to age six years, we may ask ourselves:

## Who hurt me when I was a child?



We will all find the answer being our careers and that being our parents mostly. Even today, no one is guided into how we are to bring up a child and that is because our System Sovereign through our Planetary Prince imposed their evilness of living mind centric and subjected our feelings to suppression which has

resulted in all of us embracing a façade personality to the detriment of our true personality that our Heavenly Mother and Father bestowed upon us and by which They know us.

We are now to heal ourselves of our childhood suppression which we continue to live through our ongoing repression in capitulation to our physical parents controlling addictions imposed upon us from the moment of our conception through to the age of six years when our Indwelling Spirit arrives.

This healing pathway has been introduced to us through the writings of James Moncrief and now demonstrated by Samantha, the New Mother of Humanity, through her numerous books.

# Pole Reversal Age

We each are unique personalities and we all are to learn to put our façade personality away of which that has been imposed upon us throughout our early childhood forming years. We are not the personality that our parents have imposed upon us and which all other systems have strengthened our belief to be. The disruptions, that are emerging around us now, all are to have us seek a different way of living and that is to be through our feelings and no longer to being mind centric and mind worshippers.

Our leaders are telling us that we are polluting the atmosphere to the extent that it is heating the planet, etc. It is cyclical, however the cycle is 12,000 to 13,000 years in duration and the pinnacle and end of such a cycle is a pole reversal which is the switching of the poles resulting in the rotation of the Earth reversing. The lead up is far from understood, however the energy flows through the universes increase, consequently our Sun increases its load of energy which is subsequently absorbed into the core of Earth, slightly increasing the Earth's core rotation which in turn places extra stresses on the surface, increasing oceanic volcanic and earthquake activity as well as increasing the temperatures of the currents marginally and consequently the surface temperatures of continents – hence 'global warming'.

The end of Mary and Jesus' age is also upon us and this will coincide with the handing over to the Avonal Pair and the commencement of the Avonal Age which is for the next 1,000 years. This is also the end of the Rebellion and Default which has resulted in the administration of Earth being handed to our own Celestial spirits within the three Celestial Heavens. The first ever such handover throughout all of the universes!

**This time, in the history of humanity, is the most exciting time ever experienced.**

**GREAT**  
**V-Turn**

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

**John the  
Typist**



**BE FEELINGS  
EXPRESSIVE!**



Sometimes It's Just Too Much.

## We are being screwed by our Minds!



No educational system or modality has progressed beyond the level of 499, 'Reason' as per Dr David R Hawkins' Map of Consciousness (MoC). The greatest scientists have typically calibrated only at the level of 499. Mind development hits an iron braced ceiling of 499 and that is 'Reason'!

**Without looking to our feelings and wanting to uncover the WHOLE truth of them, we can't heal our errors of belief and injuries.** However, all facets of our environment are drawing our attention to seek a different way of living and that is to embrace our feelings and to seek the truth of them.



James, 9 December 2019: It was the rebellious Higher Spirits that urged and supported the suppression of women and the male dominance through religions and tribal spirituality so as to keep women away from their true feelings, denying them the truth from such feelings which would never tolerate nor have allowed the men to override them. If you denote the mind as 'male' and feelings as 'female' then to coerce humanity to worship and live from its mind, whilst at the same time using the mind to suppress and banish one's true feelings, then you can see men's domination of women. Men (if we liken them to the mind) are scared of women

(likening them to feelings), so men use their minds to block out their feelings and won't tolerate women living too close to their feelings.

So what more perfect way than to maintain such male domination than to create mind-made religions that will ensure women and feelings are never heard, can never have their say enough to uncover the truth of such meaningless and misguided untrue systems of belief. If women in such religions were encouraged to follow their feelings and look for the truth they will give rise to, they will soon demolish such institutions or simply leave them, leaving the mind-controlling men to it. So you can't put a woman in control, and especially one who is more feelings led, because as one's feelings are generally 'all over the place' and 'irrational', she'll ruin it all; which means, she'll stop the men having their little power games with each other. And unless a woman learns to 'become a man', being able to compete with men at their own mind-games, suppressing her feelings even more and becoming an even better proponent of mind control, as she can often over her family, she will never stand a chance of gaining equality. However this mind-equality is still buying into the tenets of the Rebellion and Default and is not true women's liberation and equality, that only coming when women give up their mind and devote themselves to accepting, expressing and seeking the truth from ALL their feelings (especially their bad ones). That being the only way humanity will end its rebellion.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Opening ourselves up to living Feelings First further requires us to long for the truth of our feelings.

**Without looking to our feelings and wanting to uncover the WHOLE truth of them, we can't heal our errors of belief and injuries.** It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, and this truth would have been forthcoming. So humanity has gained a little truth over the years. However, because of the feeling-denying forces of the Rebellion and Default that have been in play for some 200,000 years, the level of truth has remained very low.

The New Way, living Feelings First – Feeling Healing – which is now being revealed, will have many people wanting to follow it, looking to their own feelings for their own true power and freedom. As a consequence, they will no longer want to be dictated to by bogus religions or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

**Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.**



**Nanna Beth 3<sup>rd</sup> Celestial Heaven 20 March 2018**

# We are Truth Seekers!



Heart felt  
feelings are the  
Truth of our Soul

# SOUL

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin, John's brother-in-law 26 September 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

James, 18 March 2018: The whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth they are to show us, and that will break down our controlling mind, setting us free to live true to our feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living**

**fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

Nanna Beth, 3<sup>rd</sup> Celestial Heaven, 21 November 2017, John's grandmother: The Psychic Barriers don't have anything to do with any of us spirits, however, we are all limited by them in what we can do with you, even including those spirits in the mind worlds.

The barriers are imposed circuits of mind and feeling dictated to us by the tenets or 'laws' of the Rebellion and Default. If you like, humanity has Fallen from the Celestial level down through the seven Mansion Worlds, so through every plane and subplane and subsubplane and so on through seven subplanes of every plane in every Mansion World. And even then still being divided up into the negative relationship between the mind and feelings down to what you might see as a microscopic circuit level, that which we can't see, yet the angels can.

The angels are 'wired' into all the mind / feeling circuits, so know exactly where we are in our rebellion against these circuits, that being, how we should truly and lovingly live them and yet how we're not doing so whilst we're in our unloving and untrue states, and then where you are in your Healing of them. And each of these circuits, from the smallest and building up into the biggest, are what we call psychic barriers.

And they are all within you, and you have all to heal them all through your Healing. And that's on the personal level, which then also has to be done on the combined level for the whole of humanity.

So through your Healing, each bad feeling experience you have really equates to having to deal with one or more of these damaged mind / feeling circuits, which are then represented on all the levels within yourself, on the feeling, mind and will levels, and all in between. So when you express all the pain and submit to the bad feelings, no longer trying to control or fight them, you are effectively falling into the pattern of how you live and express your negative circuit, thereby de-powering it, short circuiting it if you like, which then liberates more pain and truth, which then allows the circuit to be made right, this being the progress as you ascend through your Healing up through the Mansion Worlds.



So these barriers are the dysfunctional mind / feeling circuits on all the varying levels. And what Marion and James are doing is crushing them all by taking them all within themselves, which they did through their early life, just like we all do, then Healing themselves systematically of them, each in their separate ways, which then opens the doorway for others to do through their Healing.

***"The True Liberation of Women is Through the Truth of Their Feelings."***

## THE STRAIGHT AND NARROW PATH



Looking for Spiritual pathways using our mind will mean the True Spiritual Pathway will always elude us. We live with our mind suppressing feelings which causes us to not find our true pathway. When we live honouring, accepting, expressing and longing for the truth of our feelings, then we are treading our Spiritual Path of Truth. Truth ONLY comes to us through our feelings. If we deny feelings, we deny truth, and we deny our true spiritual path.

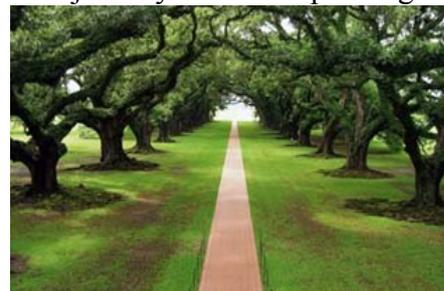
If we fight expressing feelings, pushing them away and blocking them out, we never allow any understanding of those feelings to come to us, thus keeping us in the maze of mind-bending distractions. Many so-called healing therapies say they focus on liberating feelings, however beware that many of these systems are still mind-controlling in 'feelings-clothing'. And we may believe we are getting somewhere with our feelings, only to realise centuries later in the spirit, mind Mansion Worlds that we've still been leading ourselves astray and away from our true feelings.

Surrender and submit willingly allowing our feelings to emerge and be expressed. Long for the truth our feelings are to reveal. Persevere. Allow our feelings to be our way of living. It does not matter how long this takes. For us all, this is our destiny – it is only a question of when?

Once we firmly start living the New Feelings Way – living feelings first; expressing our feelings and longing for the truth they are to reveal, we are on the pathway of ascension; not only out of the Rebellion and Default through our Feeling Healing, and with Divine Love: our Soul Healing – but to Paradise!

By living true to our feelings we will progress through the Celestial Heavens all the way through Nebadon; then on further through our Superuniverse of Orvonton; then into the regions of our Heavenly Mother and Father; embracing the Supreme Being and moving through Havona, eventually attaining Paradise, Their Home.

It is the True Way, the New Feelings Pathway, that takes us all the way 'Home'. It is a journey of ever-expanding Truth and Love.



# Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems don't heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is found through our feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living through our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the New Mother of Humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.

**MIND IN CONTROL**

This is how it is!



**FEELINGS FRIED**

**Great U-Turn**

**Feelings  
in Control**

This is how it is to be!

**Mind in Support**



Unbridled *Personal*  
**LIBERTY** = True Self-  
**Expression**



The refusal to permit others to dominate us, is the ultimate in living and self-expression .

@Tommy Siegel

# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

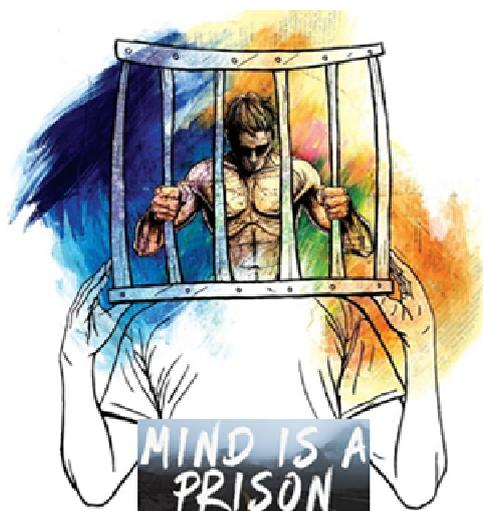
or embracing The New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or The Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.



# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

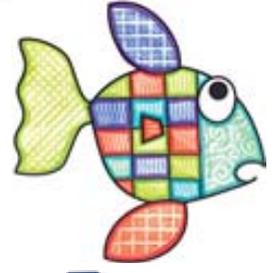
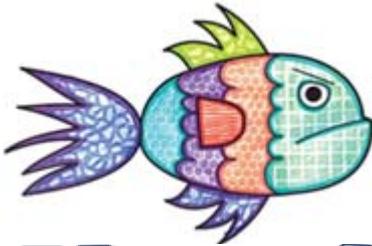
**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

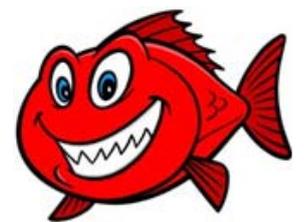
**LONG to KNOW ABOUT what you are FEELING!  
Long to understand the truth behind  
what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.  
It is knowing the truth of that  
which you feel that sets you free!**



**Always be true to your feelings  
because they are your truth  
and truth is love and our way home!**



**Express your feelings to those who matter to you.  
Suppressed feelings bring about pain and illness.  
Talk it out to a friend!**

*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*



*Heartfelt feelings are our truth.*

*Then we are to continue by longing for  
the truth that our feelings are to reveal to us!*

# To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.



## Discomfort, Pain, Illness and Depression.

Verna, a Nature Spirit, 17 April 2020: **Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it.** Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person.**

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. **ILLNESS IS OUR FRIEND.** It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2018: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

"You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny

and keep suppressed. And this is what I ‘feed’ on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!” (These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.



EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourselves and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourselves and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**

James: Regarding coronavirus Covid-19 and our other diseases.

My Angels have been telling me how all our diseases have been specifically evolved as part of the evolution and expression of this current Pole Reversal Age. So they will all end with the Sun Nova, and then with new diseases being evolved by humanity through the Next 12,068 year cycle (or there about). And with those who survive and are still living the Old Way, being helped by their Angels to evolve more flues, covids, cancers, autoimmune problems and every other disease we're currently afflicted with; and with those of the New Way remaining mostly disease free because they are wanting to end their evilness and so don't need such diseases to help them progress in their negative states.

The Australian Aborigine, before white man, being a good example, in that even though they were of the Wrongness, so the Old Way, were living the least evilness, so weren't afflicted by such horrible illnesses. Then the white man comes who is living so untrue and against himself and nature, full of pox and riddled with disease and all sorts of weird afflictions, nearly wiping out the Aborigines; and the same in the America's with the Indians and everywhere else we more 'civilised' people went to and corrupted with our yuk.

yuk

My Angels have been saying that the difficulty we have in dealing with a simple cold, let along a flu or Covid or all the other diseases, are that our bodies are not actually designed to cope with them. If we weren't in rebellion, we'd never suffer from such horrors, never needing to develop such horrendous illnesses that were to show us how sick and untrue we were; and so being in rebellion, our bodies can't cope. So we have to do even more artificial stuff to 'help' them deal with such problems. Which only creates more stress and problems, if by nothing else other than helping us get better and keep going with our evil ways. So although we have according to some, a robust immune system, it's by default, it's having to be constantly used because of being constantly assaulted by all our disease over all this time of the Rebellion. All the disease we make ourselves because really in our unloving state we don't want to exist, shouldn't exist, for how can you exist without love; and so we're always bringing the Agents of Destruction upon ourselves, then making our bodies have to resist them by conjuring up cures, remedies and medicine. So we're trying to kill ourselves, to stamp ourselves out of existence by rebelling against ourselves, yet at the same time resist that and fight against ourselves doing that by forcing ourselves to stay alive. That all being part of the delightful madness we live in.

And our Angels work hand in hand with our bodies and spiritual system, continually adjusting the light within them, dependent on the needs of our soul – what we're to experience. So being rebellious, our Angels help us stay bound up in our negative states, help us suffer all the illness and other problems we need to keep denying as part of our denial of the truth of ourselves. So our Angels help us get sick, keep us as sick as we need to be, and then help end the illness when it's taken us further into our denial. And they work in step with the doctors or with whatever alternative 'healing' modalities or medicines ensuring we fully express the negative state our soul needs to experience. So the Angels are in the operating theatres with the surgeons, they are with you every moment, micro and macro, managing every pain and ache and cold and cancer and every other problem you have. They are right there with you as you are smashed up in a car crash, making sure all that is meant to happen to you does, and then they are with you through your recovering, or taking you into spirit if you die.

So our Angels work to keep us in our rebelliousness whilst we want to remain in it. We have this 'nice' idea about the Angels that they are always helping us in positive ways, to make things better, so save us, to ease our burdens, to lessen the weight of misery, sadness, and take our pain away, and yet they are the ones who are working tirelessly to keep all those bad things happening to us! And then on the other side, if we are looking to end our rebelliousness, so too do our Angels work tirelessly to make all the necessary inner adjustments so we can experience all we need to uncover the truth of our Wrongness and eventually set ourselves free of it.

And in asking them about how do they feel keeping us bound up in our rebellious states and keeping the pressure on us in our suffering, they say they feel wonderful being able to fulfil all that's being asked of them by the Mother and Father. They love attending to us in our rebellious state, making us sick and keeping us going through all the pain; and if they do their job well of helping us stay in our fucked up feeling-denying state of mind, they feel elated, evolving in their service to us. They tell me they are impartial to our feelings. They are not emotionally connected to us, feeling sorry that they have to keep making us feel bad, sorry that they are making my cold worse and worse so I feel like I'm about to die. They feel good the more we feel bad, all whilst we're in our unloving negative states. And then they feel good when we're choosing to go the other way and they are actively helping us move along in our Healing. Making us feel bad during our Healing, yet bad in ways we need so as to access the truths through our feelings of our negative state our soul wants us to see.

They have been telling me that in actual fact we're all meant to live life positively with our Angels, and ideally with us all being fully aware of and connected to them. Which would happen were we perfect. That a part of a perfect humanity's spiritual evolution includes evolving and growing its relationship with all the Angels. The Celestials tell us they are with their soul-mates and in their soul-groups, and then are also fully attended to and involved with their Angels, all the way to Paradise. So we being daughters and sons of Truth are to live our feeling experiences to help us grow in truth, with our Angels, the daughters and sons of Mind, helping us. **The Mind helps the Truth. Our Mind should support our Feelings so they will give rise to the Truths we need to live.** So the Angels are created to help we of the Truth. And what they get out of helping us of the Truth is they evolve or advance their minds in light. So the Angels evolve their Minds to Paradise, as we evolve our Truth to Paradise, and we both need each other, we're inextricably linked. And even though Angels don't incarnate with us onto the material, still they are completely linked to us. And then when we all attain Paradise, we separate, with the Angels going to their sector, and we of the Truth going to ours, with us all to meet personally with our Paradise Mother and Father. Then, do the Angels work still hand in hand with us as Finaliters? I have not as yet asked my Angels about that, however I imagine the relationship would keep going, it always evolving into deeper levels.

So the Angels and Nature spirits will work to evolve and mutate Covid-19 and all other diseases as required. And we can vaccinate and do all the rest, and should our soul still need to experience it, we'll still get it, which is being seen by so many now vaccinated people getting it. And so we're to see that all we do is wrong, everything, every tiny part of our way of living is against the truth, is bad, evil, is rebellious and so unloving, which if you allow Covid or your disease to show you the truth, which means, allowing it to make you feel as bad as it can, you don't try to fight it, allowing it to kill you if that's what's to happen, feeling just how dreadful and powerless and miserable and unable to do anything, then you'll be living true to your rebelliousness, then you'll be living the truth of the Rebellion, which is anti-life.

And that in theory is all well and good, yet who can just abandon themselves to Covid or whatever their illness is and go through the worst fucking pain and miserableness and terror that it subjects you to... very few people I would imagine. So our Healing is a breaking down process. I had bronchitis two or three years ago. The coughing was smashing my brain around too much, I had to go to the doctor for help, I couldn't do it anymore. Now I have a bad cold, and yet being further on in my Healing, I am dealing with the cough in a different way, my cold is helping me go deeper into my misery and fear which I'm far more aware of, and which it is doing perfectly. And so far I've not got so bad as needing to go to the doctor, however I know I'm going through it all on a much deeper level than last time. I am more aware of how nothing and pointless and moronic my existence is, how I can't do anything, everything is so meaningless in my life and in the world, how anti-truth and love I am, how unloving I am, how unloved I feel, how nothing was there to make me feel wanted and cared about during my childhood, my parents and family only served to disconnect me and make me feel endlessly rejected, all the same feelings my cold is making me feel. So I'm more on my bottom line, or at least closer to it,

more aware of it this time round feeling sick from such a virus. And no doubt if my Healing goes for a couple more years, the next time I have a cold, all thanks to my Angels working it to affect all the bad feelings I need to feel, so it will help me get even more in touch with the truth of my rebelliousness.

So with all illness we can experience it to either help us deny ourselves and our feelings further; or help us stop that denial, using our feelings to help bring to light the truth of why we're living against ourselves by denying so much feeling expression. So either way, we need illness, and really the whole drive to try and eradicate it using man-made means, is living even more rebelliously than we do. And we'll only not need illness once we're fully healed, being no longer of the Rebellion, being true and perfect. True and perfect Natural love people don't get sick, why would they when they are to only feel loved all the time? So forcing everyone to be vaccinated so no one dies is even more moronic – how fucked can we become? We are meant to die and move into living in spirit. We're not meant to live here on Earth forevermore. So we need to get sick to help ourselves die, we should welcome Covid and all the rest as a means of ending our lives here.

However having said that, no one wants to be sick and everyone wants to end the pain, so I understand our fear of getting sick and dying. God, as much as I promote fully accepting all one's bad feelings, I still resist my own, still hate feeling bad, still don't want them, even knowing they help me uncover the truth of myself.

Concerning the Aftertimes, those people of the New Way, some of who might be living in the Sanctuaries, if everything does go that way and there is indeed a catastrophic Nova in 25 years times (2046) as Doug Vogt has worked out, will enjoy an increasing personal relationship with the Angels, their own personal Angels and Angels in general.

The next Spiritual Age is to be also an 'Angel Age', one in which the Angels no longer remain 'hidden' from people because of the Rebellion forbidding such open and personal involvement. We are not close to or aware of our Angels because of the imposed restrictions of the Rebellion. We can't have open and loving true relationships with our Angels who are true and perfect, because the Rebellion is against all that is true and perfect, so we're living against a personal relationship with our Angels. So like in our own relationships, which we also can't have truly loving ones, we can't have truly loving relationships with our Angels. However as people do their Healing, and once Healed, then with each other will be able to have truly loving relationships, the first truly loving relationships for 200,000 years, along with being able to have truly loving relationships with their Angels.



**We angels have news for you. We do not have wings, we have no need for them!**

And they were telling me that it's right that you can see, sense and have in your mind all the time, your Angels, they being in effect 'part' of your mind. I talk with my Angels on a cyclic basis, which I've come to understand means that every so often they are attuned to me and I to them and we can communicate mind-to-mind. I can sense them always with me, I can't see them, yet only infrequently have the mind circuits been open and we can talk. I have wanted these lines of inner communication to always be open, however as my Angels explained to me during one of the open times, the infrequency of our closeness in this way is a product of the Rebellion. My rebelliousness inhibits our relationship to the degree that about once a year if I'm lucky the circuits will be open and I'll enjoy about a week or two of them being completely available to me, in which I can ask and speak about whatever I want.

And I have in the past tried to maximise these times, to ‘get as much information’ out of them as possible, yet now I’ve let that mind control go and I simply enjoy spontaneously talking when I feel to during such times. Such as how it’s been these past couple of days, as they’ve helped me understand more of what my cold is doing for me and all I’ve just been writing about.

So as I was saying, I believed that as much as I have wanted to talk continuously with my Angels, to have their love and support as part of my security in the world, it was wrong for me to want them this way, because I was using them as part of my ongoing mind control to stay in my mind talking to them at the expense of attending to my feelings. So I thought possibly we, or I at least, shouldn’t have complete involvement with them, it being too mind-distracting, however they have told me that there is actually nothing wrong with complete involvement with them; and that in fact it should be complete involvement, only that would be were I living in a positive mind state having healed my rebelliousness.

And that in the Aftertimes many people will have full-on continuous relationships with their Angels, seeing and speaking with them to whatever degree as determined and required by their soul as part of their life experience. And because such people will be living true to their feelings, their mind won’t take over using the Angels to deny any feelings. I can sense how it would be for such people, including it in some of my ‘movies’ about the Sanctuaries and Aftertimes, and I wish I could live on Earth in those movies and with my Angels like some of my movie characters do. Then I can believe life on Earth would be idyllic, free of the Rebellion, at one with nature, the Nature spirits and Angels, all at one with oneself, and at one with the Mother and Father through Their Divine Love.

Personally I feel more love for my Angels every day. I long to be with them. I want to be fully connected to them all the time, and much more so than other spirits. I am so grateful to them for all they do for me that I have no idea about, tirelessly working within all my shit, adjusting me into the Rebellion, through it, and now out of it as I work to do my Healing. I can’t wait until I can see them and be with them in the Celestial spheres, able to fully love them with all the appreciation of them I feel. And when they are not ‘close’ to me, when I’m not fully connected to them, I feel dreadfully lonely, they being my only companions during my childhood, even though I wasn’t so aware of them back then either.

And it’s a such a nice feeling, feeling them with me, although rather odd, because mostly I feel as if they are right up close to me, behind me, and with their heads close to mine just above my shoulders, one on each side, although often the right side being more ‘active’, as if they are always about to talk in my ear.

*James*



**Negative Spirit Influence  
blocked  
22 March 2017**  
**Law of Compensation  
quickenning  
22 May 2017**  
**Rebellion and Default  
officially ended  
31 January 2018**



**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

# GOD



Eternal Son  
of Truth



Father  
Mother



Infinite Daughter  
of Mind

Divine  
Minister



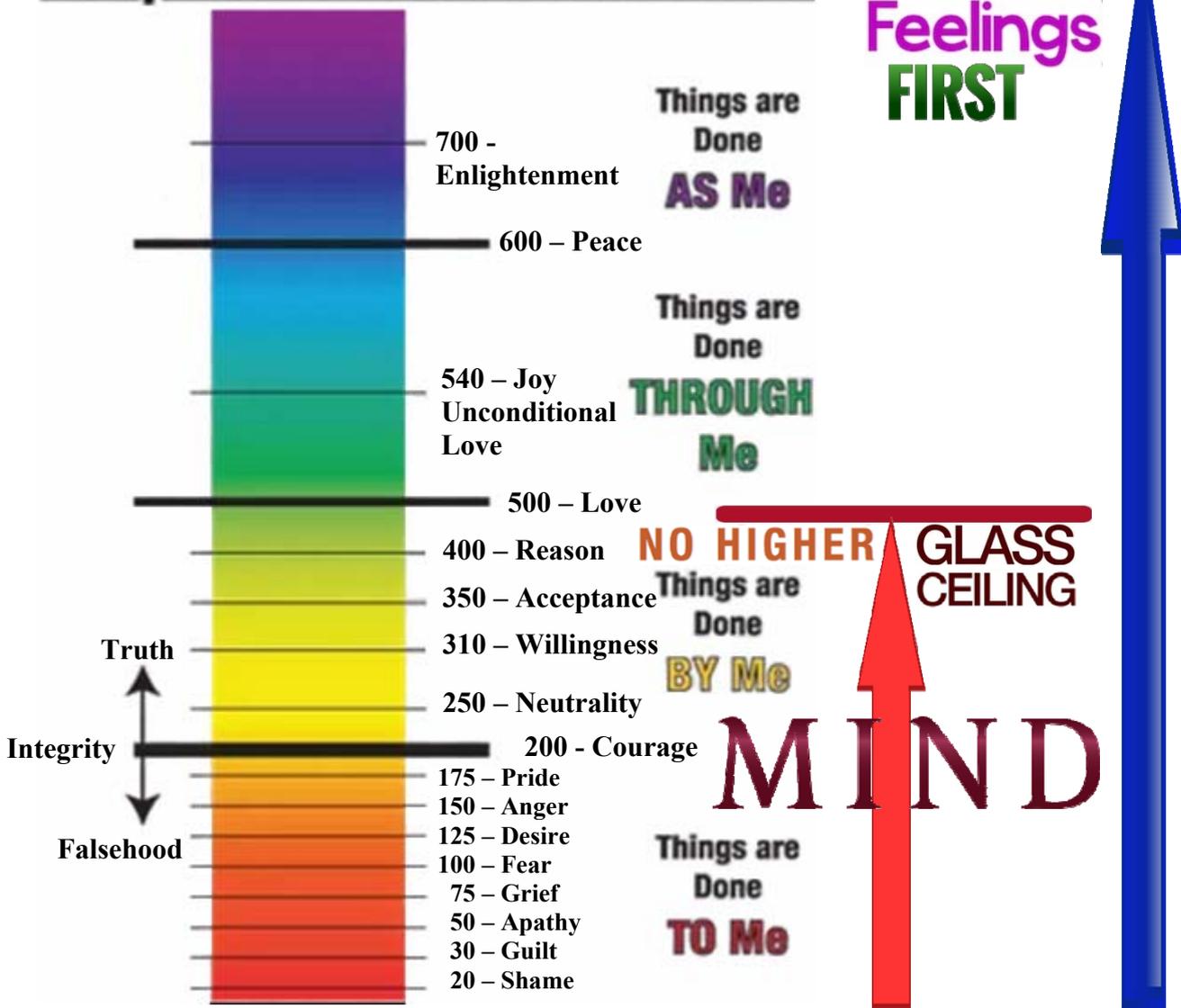
Spirits of Truth  
of the Creator Pair  
Mary Magdalene  
and Jesus



Spirits of Truth  
of the Avonal Pair

**Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This comes through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.**

# Map of Consciousness



**Note:**  
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

# REBELLION & DEFAULT

**FOR 200,000 years ALL SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:**

The rebellious Lanonandeks from within our local universe are these soul partner pairs:

## THE EVIL ONES



Lucifer pair  
Arrested and imprisoned 26 CE



Satan pair



Caligastia pair



Daligastia pair



Arrested and imprisoned early 1990s CE

## MIND MANSION WORLDS

## HIDDEN CONTROLLERS DEEP STATE

## SECRET SOCIETIES

The Illuminati, Freemasons, Bilderberg Group, Knights Templar, The Jesuits, Skull And Bones And Others

## EDUCATORS UNIVERSITY RELIGION

Following the spirit world imprisonment of the System Sovereign and then Planetary Prince being rebellious Lanonandek spirits, the Celestial spirits have blocked communications between mind Mansion World spirits and humanity on Earth. The Hidden Controllers and other controlling organisations are now without spirit world guidance, since 22 March 2017. Those controllers, in the physical on Earth, are without their long term guidance.

Educators at all levels and throughout all systems have had withheld from them that we are to Live Feelings First. This is to change!

“The education, for both women, men, girls and boys, is about how to live true to their feelings. How to embrace them willingly, how to work with them – express them, and the point of doing that, wanting to know the truth of them. That’s all.”

Marie, 1<sup>st</sup> Celestial Heaven: 11 Aug 2020



## PEOPLE OF EARTH

## WE ARE TRUTH SEEKERS



The rebellious Lanonandeks from within our local universe are these soul partner pairs:

**THE EVIL ONES**



**Lucifer pair**  
Arrested and imprisoned 26 CE



**Satan pair**



**Caligastia pair**



Arrested and imprisoned early 1990s CE



**Daligastia pair**



**Lanonandek**  
System Sovereign

**1**  
**Creator**  
Daughter & Son

**SPRIT**  
**Prisonworld**  
**1+37**  
**QUARANTINED**  
**Rebel**  
**OUTER**  
**WORLDS**  
**37**

**Lanonandek**  
Planetary Prince

**37x**  
**Avonal**  
Daughter & Son

Lucifer and his soulmate (Lanonandeks and System Sovereigns) rebelled, taking over their small part of Mary and Jesus' universe corrupting 37 'earths' and their associated spirit Mansion Worlds.

Satan and his soulmate (Lanonandeks) joined the Lucifers, helping to convince Caligastia and his soulmate (Lanonandeks and Planetary Prince of Earth) and Daligastia and his soulmate (Lanonandeks) to join the Rebellion, which they did, specifically corrupting the people of our Earth – Urantia.

Mary Magdalene and Jesus (soulmates) bestowed themselves on Earth, thereby terminating the Lucifers' and Satans' System Rebellion. The Lucifers and Satans were then interned on a spirit prison world.

It is now for an Avonal Bestowal Pair to terminate the Caligastias and Daligastias, with, so we understand, the first stage being completed, so these rebellious Lanonandek pairs can no longer negatively affect Earth or its associated Mansion Worlds.

Avonal Daughters and Sons have been progressively incarnating onto each of the rebellious worlds and one by one, the 37 Lanonandek Planetary Princes have been arrested and imprisoned. Caligastia, Earth's fallen Planetary Prince and his associate, Daligastia, being imprisoned in the early 1990s.

It is anticipated that the Avonals will shortly have all the wayward Lanonandek Planetary Princes and Princesses imprisoned and will be proceeding to introduce to their custodian humanities to their New Feeling Way.

The Creator Daughter and Son address regional issues – the whole of Nebadon, as in Mary and Jesus' case; whereas Avonal Pairs address individual planetary issues. Mary and Jesus ended the Rebellion in Nebadon with no further planets being able to be corrupted by it; the Avonals will end it, and the Planetary Default of Eve and Adam, specifically on Earth. They will do this once they've completed their Spiritual Healing revealing the New Feeling Way.

**GOING, GOING,**  
**GONE!** **Yippee!**

# CONTROL of HUMANITY CHANGEOVER

1. Mind Mansion World Spirits, of worlds 1, 2, 4 and 6, complicit to the guile of rebellious high level Lanonandeks, Calligastia and Dalligastia, being spirit world imprisoned during the early 1990s, continued to guide and support the Rebellion and Default imposed upon Earth's humanity by Lucifer and Satan commencing 200,000 years ago. **THE EVIL ONES**

Early 1990s: The arrest of the Caligastia and Daligastia soulmate pairs.

22 March 2017: Negative mind-spirit influence now blocked by Celestial Spirits.

22 May 2017: Law of Compensation quickening.

2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.

8 December 2017: Bring on the money to **'house the future of humanity'**.

31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default



Oversight and control of Earth's humanity is now within the hands of Celestials from the first three Celestial Heavens with some 30 billion Celestials engaged, assisted by 3 Melchizedeks soul-groups and countless angels. Transfer to "Council of Elders" personalities is from mind orientation to feelings first – soul based truth – with the changeover becoming openly known when the Avonal pair commence their public work.

2. Earth based hidden controllers being dominated by family groupings mainly out of Europe, with some in various parts of the world such as USA and Asia. Their "chairmen" control the world's finances and passively enslave humanity without being known. Their funds are to be removed from their control and their power collapsed.

**hidden  
CONTROLLERS**

3. The "chairmen" are from the long-term families, generationally passing down power over humanity. These family groups may number less than twenty with their worldwide dominance.

4. The medium-term families numbering around thirty are generally unaware of the long-term families. These are personalities who come to fruition during their life and generally, but unknowingly, fit into the overarching evil agendas of the hidden controllers.

5. Short-term members are those who are typically invited into the Bilderberg Meetings and unknowingly are subordinate to the medium termers who are subordinate to the hidden controllers.

6. Secret societies that dominate commerce and sciences provide the feedstock of subterfuge.

7. Deep State are people that subterfuge governments and influential people who would otherwise work against the hidden controllers.

8. Regional, state and national governments are short-term well intentioned representatives of the people, whilst being unknowingly controlled.

**SUBSERVIENT  
CONTROLLERS**

9. All Earth based institutionalised systems as well as religions are the product of the Rebellion and Default of 200,000 years ago that continue to do the work of the Evil Ones, the rebellious Lanonandeks, through the guile of the hidden controllers.

10. The few hidden controller families control the world's finances through financial systems that enslave all of humanity with debt systems extending to education loans, credit cards, etc.

11. Health systems do not address the cause of all illness, being childhood suppression and repression.

12. Religionists perpetrate the indoctrination of living through the mind, suppressing feelings.

13. Education is a dictatorship; chancellor, professor, doctorate lecturer, teacher, student – no latitude to allow one's soul-based feelings to be expressed – all controlled by the subservient chancellor.

14. And the most subservient of controllers are parents who perpetrate the Rebellion and Default through suppressing the child's true personality, bestowed by our Heavenly Parents, and having the child submit to their carers impositions by the child repressing its feelings and living through the mind.

**Culture of the mind must  
be subservient to the heart.**

Mahatma Gandhi





## **PAST CIVILISATIONS have EXCELLED!**

Nanna Beth, 3<sup>rd</sup> Celestial Heaven, 2 June 2020: During prior Pole Shift ages, three in particular, humanity had access to higher technology of varying degrees. These three successive ages used antigravity and had access to abundant universal ‘Light Energy’, and like you, James, were listening to, had the ability to use their minds to affect certain technology, and other technology that enabled those great rocks to be cut and placed in the structures that remain today. The last of the three Ages, that included the Atlantis times, understood that the Pole Shifts happen, devastating much of the planet and so sought to ‘weather’ it off-world, and to build the massive rock structures that were in theory to protect the important people, kings and queens, and enough slaves and servants and menial workers to keep them all well fed in the Aftertimes.

And then you had the priests who were basically people with good psychic skills that could ‘earth’ the science needed to make the machines to build the structures, the flying machines, and they also had the equivalent large sailing machines, like submarines, which are on the bottom of the oceans and hidden away in underground bases. So the later part of last century, and still ongoing, the leading world nations, mainly the Americans with the British, some of the Europeans, Russians and with the Chinese trying to play catch-up, have been scouring the world trying to gather up as much of the past technology they believe would be helpful to them. And though some of it they have gained an understanding and applied it to the world as you know it, but most of the technology eludes them because the energy systems needing to power it are not available to humanity today – this Pole Shift Age. You’ve had to use more rudimentary technology starting basically from sticks and stones, building it up until now because of how severe the last Reversal was which all but obliterated all sign of past civilisations other than the more obvious pyramids you still have today.

Antarctica is a storehouse of such ancient technology as it was just covered with miles of snow and ice, so it’s all buried there, with the other main continents and places of past advanced civilisation now on the bottom of the oceans.

Other places, like in China and parts of Siberia, and hidden overgrown by the jungles of the Amazon and other places, have such ‘buried treasures’, but really not that much remains. And there are also some of the places on the other planets in which people from these past times lived that can still be seen and accessed to a certain degree, however your governments cover it all up because they don’t want to spook the whole world about another Reversal, because everyone would be demanding to be saved and that would be too much for them to deal with.

So these videos you have been watching James are people misconstruing the involvement with the mind spirits, who come to them looking like Aliens in their dreams and psychic experiences, with a lot of such people thinking these aliens are real and alive with them in the physical dimension, when they are not alive or present in the physical sense.

I will tell you again, there are no hidden or secret aliens on Earth, neither are there any coming or going – visiting Earth – nor have there ever been. It’s home-grown. With the only mysterious otherworldly events being the materialising of the higher Sons and Daughters as revealed in The Urantia Book. It’s just you lot on Earth and all the weird stuff some of the governments are doing underground, coupled with any mind spirit interference.

## How Was The Pyramid At Giseh Built?

No one knows how the Pyramids were built.

It is one of the biggest mysteries ever.



**No one knows how the Pyramids were built.  
It is one of the biggest mysteries ever.**

The Pyramid weighs 6 million tons.  
Its footprint is that it covers 13 acres.  
Its length along each side is 750 feet, and 481 feet tall.  
Half a million blocks were used in its construction.  
There are supposedly 144,000 casing stones, all highly polished and flat  
to an accuracy of 1/100th of an inch, about 100 inches (or 8 feet) thick  
and weighing about 15 tons each with nearly perfect right angles for all six sides.  
More importantly than its size, is its mathematical precision  
and its earth-grid coordinates locking it in to cardinal True North,  
so precise within 3/60th of a single degree!

The pyramid incorporates the astrological dimensions of the planet.  
When you take the height of the Pyramid and multiply it by 43,200,  
you get the Polar Radius of the Earth!  
When you take the base or perimeter of the Pyramid and multiply it by 43,200,  
you get the Equatorial Circumference of the Earth!  
So, for thousands of years, this amazing monument has encoded the precise dimensions of  
the planet on a scale of 1 : 43,200. This is not a random ratio. It is indexed to the Earth's  
wobble, and the Precession of the Equinoxes that accounts for 1 degree of movement every  
72 years, (and 72 is a factor of 43,200, that is, it is divisible into this number by 600 times).

It also relates to the number of seconds in a day which is  $60 \times 60 \times 24 = 86,400$   
which is double this number of 43,200.

Where did this space-age data and precision come from?  
For these many reasons, it is farcical or even stupidity to think that slaves built the pyramids.  
The average stone block was about 2.5 tons, but some blocks were actually over 70 tons.  
How could slaves have raised these large blocks 300 feet above the ground?  
The conclusion is that there must be a lost civilization that we have either forgotten about, or  
our history books have censored this knowledge which threatens the current and misinformed  
archaeological reality.

We are sadly missing some important chapter(s) of the Human Story.

(Sourced and transcribed from a Facebook video by Graham Hancock on "How The Pyramids  
Were Built")



## WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

# DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complemented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

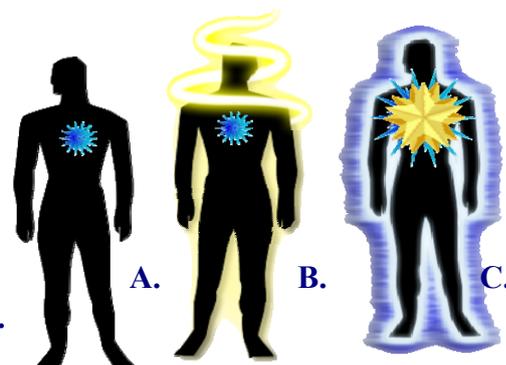
No more of this! We can escape this mind-made hell!



# EVOLUTION

Consider longing for and receiving Divine Love:

- A. Soul prior to receiving Divine Love.
- B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.
- C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



## FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere in embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

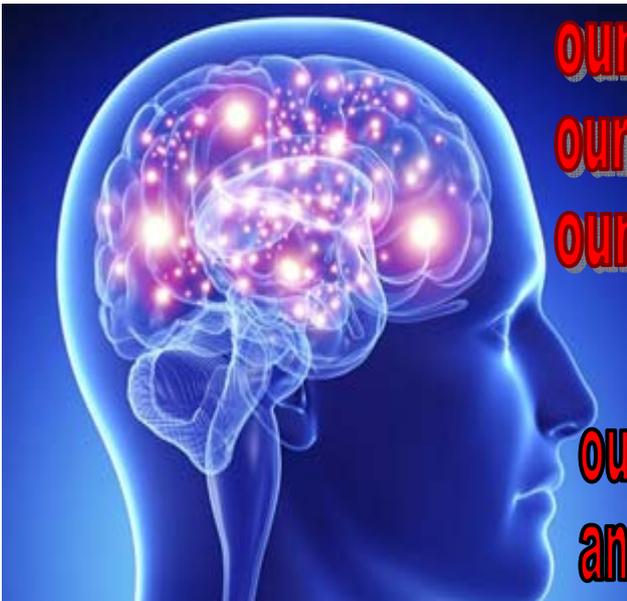
Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.

It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.

But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.





**our MIND is a CONTROL ADDICT!**  
**our MIND is addicted to UNTRUTH!**  
**our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY**  
**and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!**  
**our FEELINGS are our TRUTH!**  
**FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.**  
**our MIND suppresses FEELINGS.**



Lucifer's mind centric  
controlling mandates  
are over powered

by Samantha thru  
"Feeling Healing"!

# Feelings First

IT'S A WAY  
OF LIVING.



## WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if it means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

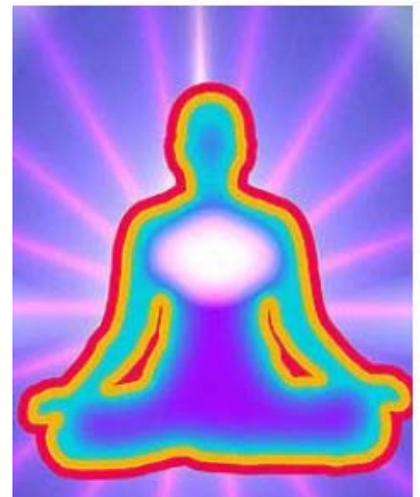
We are not meant to be alone, we are to have someone with whom we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to your Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



**WOMEN to LEAD the WAY:**

Notes from Sage – and the Healing Angels of Light by James Moncrief

Jesus really came to say – and by the way, it was both Jesus and Mary Magdalene, as she is his soulmate and equal, only she didn't have a proper say like he did because of the work she had to do, she allowing herself to be subjected to more of the repression of the feminine. And this is how the rebellious spirits controlled humanity, by getting people to deny their bad feelings. Jesus and Mary really came to tell humanity, which the Christians don't even understand, is that we can long to God for Their Divine Love. And if we do that, then as the Divine Love comes into our soul, as apparently it will if we sincerely want to be at-one with God; and if we are also looking to our feelings for their truth.

The suppression of the feminine is where all our problems lie. That it's all become so heavily masculine with men physically dominating women and not allowing them to have their say, which is really the say of their feelings. And that women, if they are true to themselves and started to stand up and honour all they feel, all so long as they also want to use those feelings to uncover the truth of themselves, will lead men out of their wrongness. But women who want to stand up honouring their feelings, yet not wanting to use them to see the deeper hidden truth of themselves, of what's wrong within them and why, are just being like men are, still using their mind to deny themselves the truth of why they are feeling what they feeling; which is really what so many of the feminists are about. And being that way is not going to make them feel good if they ever understand they are only buying into more of the wrongness by trying to be men's equals in a mind way; and that really, we women have to go the other way and into ourselves and the truth of our feelings, if we are to really liberate ourselves.

I feel bad, so I stop and pay attention to that bad feeling. I allow myself to feel it as much as I can. And if you are with me, and willing to listen to all I want to say about all I feel, then I can share it with you; I can emote my pain or anger or whatever, to you, as I long to know why I am feeling bad. And that's all I have to do, the rest all takes care of itself. When I am ready to see the truth, up it just comes naturally within me; and at the same time, so Ursula says, my soul will make the necessary inner adjustments in me so as to change that part of me on whatever level within me, from being dysfunctional into being functional; and slowly I will change getting better and becoming truer and more perfect, healing myself of my wrongness, evil, sin, imperfection – whatever, you want to call it. So that's what I want to do, and I assume you are willing to listen to me when I feel bad. So I feel like I'm on my way, I've started to do my Healing and I am starting to move in the direction of being with God, rather than keeping on going away from God. And I'm going to try this longing for the Divine Love and see what happens there; and if you want to do that too, we can do that together as well.



## **WOMEN are OUR SPIRITUAL LEADERS!**

Sunday, 20 August 2017: James: Oh my God! It's not a good day for us men, we are far more stuffed than we understand, and the eye-opening stark revelation of the horror of it that struck this morning has well and truly done me in.

**We men CAN'T actually do our Healing by ourselves, we need the help of a woman / women.** That's the male ego-crushing statement of all time, that is a game-changer as the American's love saying, that means major adjustments to all I've written, which luckily is just adding on to the revelation and not actually requiring me to go back and rewrite great chunks of it – BIG SIGH OF RELIEF, I can tell you! And that's the same for both us, you won't have to alter your Pascas Papers either... just write another one – it's endless!

So what if it's true, that is a huge thing, it means **men can't just get on with doing their Healing by themselves, they have to do it with women's help, which means, they will do it by default;** and so much of it adds up, it makes sense – and it's how it's been for me. However just because it's like this for me, might not necessarily mean it's like that for all men, however I have a feeling that it more than likely will be. And so far the evidence is very slim, only a couple of men have come to the forum and shown they've not been able to do their Healing themselves, not like how Sam and a couple of other women who don't actively participate on the forum are doing. And why was Helen going on so much about it being **women who'll be leading the way**, women, women, a woman's thing the Healing – if you go with what she was saying; and yet what about we men, where do we fit in? And we come up in passing, as an aside: oh yes, **men too will be able to do their Healing**, but what she didn't say outright was: **ONLY IF WE GET HELP FROM WOMEN.** And if we don't, then forget it, we're stuffed for evermore.

So that will mean, the supposedly 144,000 who do their Healing will definitely be women (and Ha to all those religious prophecy people who believe the Chosen Ones will be men – what a turn up for the books!), that **women will lead the way in getting humanity out of the Rebellion and Default, because they are the ONLY one's who can actually, truly, do their Healing, with we men having to do it by default, being helped along like lame ducks by our women partners or friends or Celestials.** So, no women doing their Healing, then no end to the Rebellion and Default, even if technically it has ended.

So the **Healing really is a Woman's Thing**, and so wow, and that explains why I've never been able to do it like Marion and Samantha do, taking it on myself, being in full command of it, and no longer needing their help. I did think, I HOPED, that it was just part of my fuckedness that made it that I couldn't do it, whilst thinking other men at least will be able to do it themselves, and that I'm just the pathetic one who always needs Marion pointing out things about me, helping me to see things, encouraging me to go with my feelings, showing me what my feelings are and where I'm not honouring them, and all the rest of the hundreds of things she does for me which I can't do for myself. But what if all men will be as I am in their Healing, needing so much help from women, even unable to do it by themselves like women can? Which is, admittedly also assuming, all women will be able to do it for themselves, once they get the hang of it. And it changes everything, a major shift in my vision; and wow, so really **we men are out of the picture in a way, at best only being able to support women doing their Healing, so they will support and help us. But not able to do it ourselves, thereby not able to once again cut women out of the picture; no, we men being dependent on women for help to do our Healing, can't ever get away with shitting all over them and keeping them repressed and shut out ever again.**

It all makes perfect sense, which is the problem. Adam shat on Eve, although they were both in it together, both causing their default, yet Adam went off defending Eden when he should have stayed with Eve right to their death if that was what was to happen. He should have insisted on being by her

side protecting her all the way along and not from a distance, leaving her alone and vulnerable, so she defaulted. And then Adam once he learnt of Eve's transgression (This all coming from The Urantia Book's story of Adam and Eve, which I love and think is true, although it doesn't say all) went off transgressing himself, and so joining Eve in default, but from then on with men remaining the superior ones, dumping on women because it's women who always cause all the damn problems – like the Default. So never forgive them, never let them have their say, keep them away from their true feelings, stop them growing in truth, and making them believe they are only good for serving their great man.

And now reverse all of that, that being what our Healing is. So now the great man Adam, has to eat humble-pie realising that as Eve got them technically into the mess, so women representing Eve, have to get them out of it. So **women are the ones to do their Healing, with men joining them, going along with them**, as Adam joined Eve; but unlike Adam then taking over and all men forevermore shitting on women; no, **men can't take over the doing of the Healing, they are stuck in not being able to do it because they are not as close and true to their feelings as women are, so they HAVE to rely on the graciousness of women, and women's tolerance, compassion and endless patience, for help.** For women can say, na, fuck you, we've had enough of you men; but then they are stuffed because it's not much fun having finished your Healing yet you can't be with your soulmate because you told him to fuck off, not wanting to know about men ever again. So women will help men, they have to, but ONLY with men knowing their place; that being: **that women ARE the true spiritual leaders, ARE able to live true to their feelings, and need to be recognised as such, appreciated for being so amazing in that capacity, and so supported and put first, something the man finds hard to do because of all his rebellious programming about being the superior dominant one.**

And even though most men know women have far more power than they do, still they secretly believe they are more powerful than women, and so will suffer humiliation when they realise they can't screw the woman over anymore, they can't even screw her if she says no, because they desperately need her help to help them do their Healing. And so for men, the humbling truth: **If you want to ever Heal yourself of your wrongness, well you're going to have to fully honour women, you're going to have to ASK THEM FOR HELP.** Oh the horror of it, to actually beg the woman to help you look to your feelings, to help you break through the controlling patterns of your mind, putting yourself down and elevating women above you, because **women innately know the Way of their Feelings, whereas we men – don't.**

So if that is all true, well the good news my fellow men, brothers, compatriots, is, we're well and truly stuffed so far as believing we'll ever be able to be at-one with God, ascend to Paradise, Heal all our wrongness, evil, sins and errors, WITHOUT the help from women. So we can soak up the Divine Love endlessly, we can pretend we are the great Pope, Arch Bishop, Guru, Yogis, Enlightened One, Priest, Spiritual Teacher, Spiritual or Religious Leader, we can even look at our beloved leader of Nebadon – Jesus, the greatest man of all men, and still, none of them, none of us, not even Jesus, can lead the true way through feelings, because: WE'RE NOT WOMEN.

So that once again puts a huge LIGHT on Mary Magdalene, and which adds more weight to why the Evil Women Spirit instigators of the Rebellion and Default, kept all women down, making Mary comply with the tenets of the Rebellion and Default so she couldn't come up and have her say; because had she, then the whole Rebellion would have had to end there and then, and not carry on as it has over these past two thousands corrupting the man – Jesus' words, into the Christian religions. Had Mary's words been allowed to be spoken, then things would have been very different. However she in keeping with the Rebellion and Default, as did Jesus, their honouring it and not going outwardly against it, knowing it was to kill itself in due course anyway, kept quite, allowing men to carry on vaingloriously in their deluded selfish oblivious suppression of women and the feminine – his own true feelings – in himself.

So to Samantha and every other woman who does her Healing, we men, need your help. Can you hear the small pleading sound in my voice, I'm sorry it's only very small like Piglet at present, this is a huge

thing for me, being a man, to have to admit that I am wrong and don't have a clue after all, when all the way along I've believed that I knew everything; please will you help us poorly deluded and greatly misguided men with our Healing? Please Marion will you keep helping me, even though I treat you like you don't exist, I shit all over you being the dominant, controlling, superior man; I don't respect your sensitivities and feelings, I treat you like you're stupid and don't know anything, because what do feelings know, they are all over the place, too emotional, too irrational to be considered of any importance and to be taken any notice of. Please will you help me understand how to live true to myself so I can heal myself of my wrong ways, so I can learn how to be truly self-expressive, so I can become eventually, one day, truly loving, so I will then hopefully be able to truly, love you. Please?

So women, having been treated like shit by men all these years, given the thankless task of rearing the children without any help and so little real feeling and emotional support, then being blamed for fucking everything and everyone up, are now having to find even more inner strength and turn around and not only be able to cope with all the pain and intensity of doing their own Healing, and how difficult that will be, but also having to help, drag, coerce, cajole, yell at, make, force, beg, hope, their man to do his Healing, all so they can at least have someone to talk to, someone to express their feelings to, even if he's such a dope it takes him an eternity to understand just what the fuck they are talking about.

So is it that a woman's burden is about to get even greater, to not only have to suffer all the torment of being under the man, even literally when he's forcing himself on her when she doesn't want to do it because her feelings are saying no and she can't really explain why, but to have to also help the Great Dick to help himself by doing his Healing? Oh god, can it get any worse, can it get any harder for both of us, because as much as we men are a pain in the arse for you women, we are such the poor ones, even though we don't know it, or might know it but refuse to admit it; we being still the little boys our mother's fucked up along with our father's by making us into the controlling studs we believe we are; when we're not, we don't know, we don't have a bloody clue.

Marion just knows it all, is constantly focused on herself and her feelings, she doesn't need anyone else other than me by default because at least she can speak to me and I will help her with material things. And I don't directly contribute to her growing in truth, I rarely give her something to think about along spiritual lines, she's usually miles ahead of me, she doesn't need to speak with all the spirits and God and everyone else to understand, she just keeps moving with her feelings, and really if I'm there, great, if not, surely some other man would suffice, all so long as he continued to allow her to express herself and didn't tell her to shut up.

Whereas, I constantly need her help, I don't have a clue, none of the feeling stuff comes naturally to me, and often she has to go over and over it again and again before I get it, something that she and all other women just know and has been obvious all their lives. And I need to keep writing it all down as part of helping me understand it all, moving it out into the mind areas working it all through, just like writing all this now, having to speak with the women spirits, with Mary M, with the Mother, with all the women who can help me.

So I think, if Marion croaked it before I finish my Healing, I'd have to find another woman to replace her so I could keep going with my Healing. I am a bit better at doing it myself, however I know I'd miss a lot of the subtleties that Marion picks up on in a flash, as I'm simply not aware of them in myself, they being all so much part of my unloving pattern.

So I'm the first one to agree with Marion when she says she doesn't think I'm actually doing my Healing so much as just waking up to all my problems, those which she easily sees, but which I have no clue about. And then, as to when will I ever actually do my Healing, as she says I will need to do – like she does, I don't know. However I now wonder if what she says is in fact so; or, am I just doing it my way, it being different to her, and possibly: the 'man's way'. Which we won't know until other men try to do their Healing, showing they can either do it like women can, so all I am writing is unfounded and I

will amend it; or, show that, yes, they too will need the help of women in some way, or all the way long, so as to complete it.

James: So Helen, what do you think about all I've said?

Helen: Spot on James.

James: That's it, that's all you're going to say – it's a major insight!

Helen: What more needs to be said, I think you've covered it quite well. And as you say, there will be more for you to understand, which will come to you – you don't want me denying you that enjoyment, do you? And we all have to wait and see what happens when men show up wanting to do their Healing.

James: Well one thing I've realised, I can't actually help women (or men for that matter) do their Healing, they'd probably think I was a bit thick, having already cottoned on. Which I'm happy about, as I don't want to actually get involved with people trying to help them do it in a hands-on, in the feeling-moment, way.

And if I look at myself as one way of doing our Healing, and Marion the other, so is there a Woman's Way, and a Man's Way? And will men feel rejected and pissed off not being able to so easily do it by themselves, and having to be dependent on a woman, just like how it was with their mothers, as I have? But then again, it does bring you much closer into your relationship, showing up all the non-attentive, non-feeling intimate areas of it within yourself, which does greatly help your relationship if it hangs together, and I do feel infinitely better about myself and understanding how I am; and, believe it or not, even about being the unloving shit I am with Marion.

And what about men spirits in the Divine Love healing Mansion Worlds, do they all receive help from fellow Healing women spirits or you higher Celestials?

Helen: Yes, they do, all of them. Not one man has done his Healing as Marion or Samantha are doing theirs.

**Helen: The religions of today were created as a means of stopping Jesus' truth about longing for the Divine Love and what that does to the soul, and then any truth Mary Magdalene might have said about looking to our feelings for their truth, so as to keep the Rebellion in place. The religions pre-Jesus were designed by the Higher Evil Spirits who were controlling humanity to keep that control, focusing everything on the mind being in control rather than feelings, and then post-Jesus, they added more of the same yet with the added emphasis of using all he said, so taking it, corrupting it, and adapting it to their cause. And then throw in their contrived Islam, and you have more male domination and the subjugation of feelings – of the woman.**

Men will find that they actually enjoy being in the supportive role with women, because their women will help them live true to their feelings, which will make them feel better – James will tell you how much better he feels because of Marion's input. Imagine a world in which there is no power motive, no money required to gain wealth or power because wealth and power mean nothing, everyone enjoying feeling-expression equality, everyone being free to readily express all they feel, and the truth that comes to everyone through their feelings being the determining law of the land. Men will adjust, as will women. Many women enjoy feeling they have power in the man's world, and they will resist more tenaciously than many of the men, having to give up their positions of power and control.

However humanity is not destined to remain trapped within its rebellious state forever, it can't stay that way continuously evolving it, because evil is self-destructive, so eventually humanity would destroy

itself. And as that defeats the whole purpose of our evil experience, so we're on the threshold of something having to give.

| <b>AVONAL AGE transitional Celestial administration:</b>                   | <b>Soulgroups No:</b> | <b>No. of Personalities:</b> |
|----------------------------------------------------------------------------|-----------------------|------------------------------|
| Council of Elders – Pascas central soulgroup                               | 1                     | 24                           |
| Council of Elders – Pascas primary support group varies                    | 13                    | 312                          |
| Soulgroups helping Pascas and Solid Investment                             | 124,000               | 2,976,000                    |
| Soulgroups expanded Pascas and SI Celestial support                        | 12,400,000            | 297,600,000                  |
| Soulgroups involved with the 'Change Over'                                 | 1,240,000.000         | 29,760,000,000               |
| Angels involved – they have been arriving in endless squadrons and legions |                       | countless billions           |



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# DEAD END

Helen, 3<sup>rd</sup> Celestial Sphere 3 Mar 2017



"The releasing of this money (global humanitarian projects from 2021) you could in a way liken to something crudely as having an orgasm. It will be a flood of positive energy, or light, as expressed by money, and all it represents, washing out over humanity; and although most people won't hear about it, if it is all kept quiet, still that's what's going to happen. Because it will be, in a sense, the forerunner or even wellspring of the new, of what's to come, it however being more symbolic than anything, because it all ends with The Change, but still, until that time, it being what it is showing – there is new energy, new light shining on humanity, and along with that, new hope and so on. It all being a 'sign of the times'."

Humanity is like in a full body cast from all the false and erroneous beliefs and systems that it has immersed itself within that are ALL now going to be ripped off and replaced with The New Way of Living – the Great U-Turn – this is the time of tossing out all of the old for the New!

Humanity is about to slam into the brick wall being the dead end of 200,000 years of Rebellion and Default. The Great U-Turn and the introduction of The New Way will disrupt every aspect of life that humanity has embraced throughout the era now ending!



**THE CHANGE**

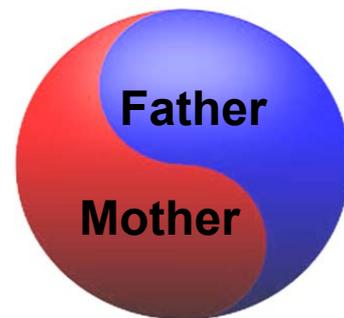
**GREAT U-Turn**

**AFTERTIMES**

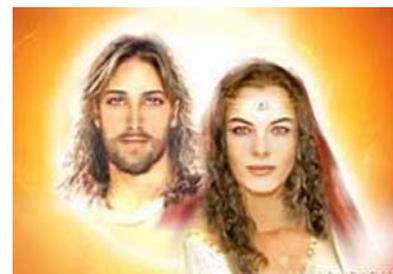
**The New Way Aronal AGE**

# MUM & DAD THIS WAY

## GOD



HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.

CELESTIAL HEAVENS are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

Earth Planes 1 and 2 are of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!



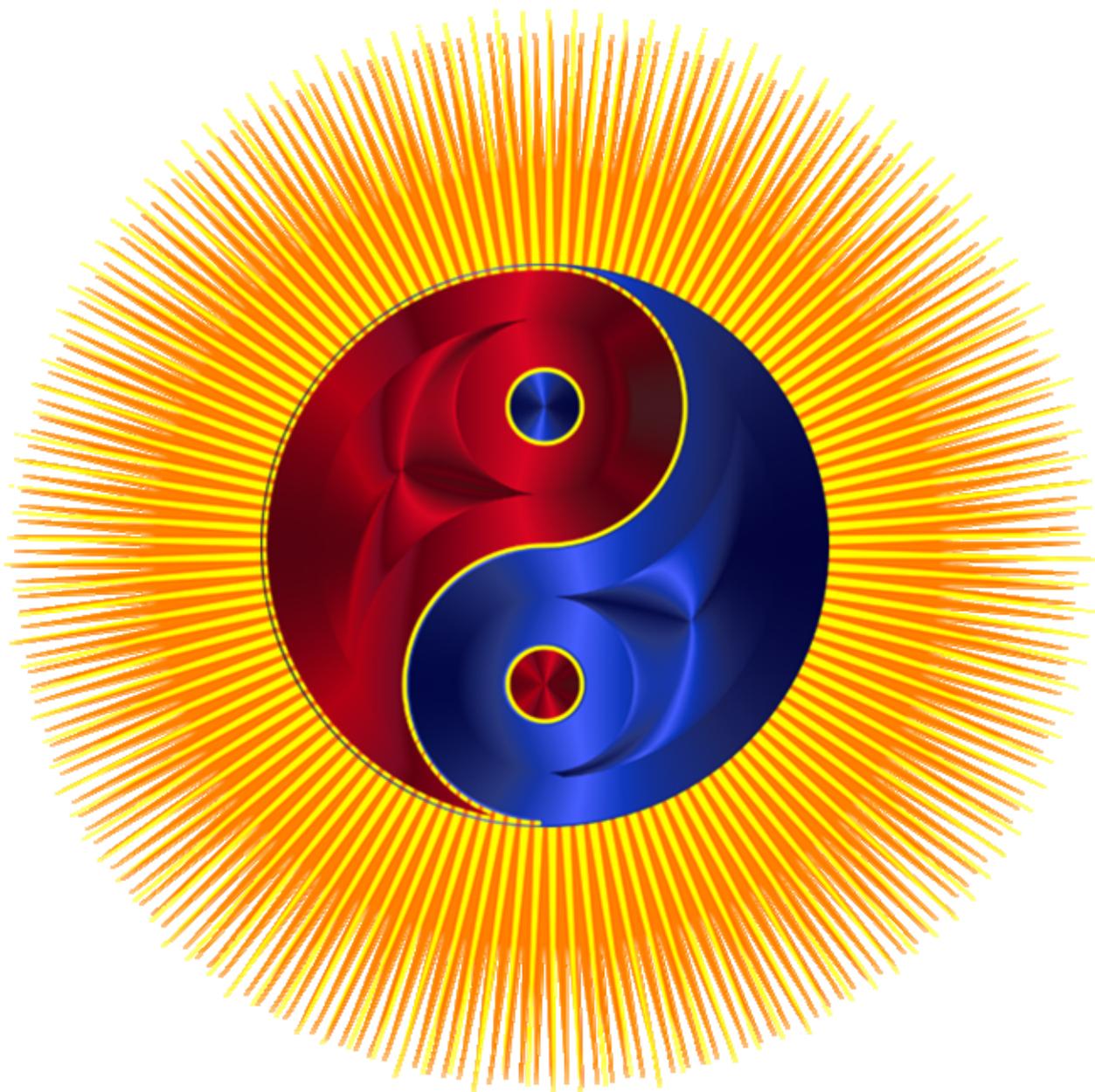
AVONAL PAIR

MARY & JESUS

GOD

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

# Our Heavenly Mother and Father



# Ascension of Truth to Paradise

## ASCENSION of TRUTH to PARADISE

**DIVINE LOVE – Feelings in control – FEELINGS WAY**  
 DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES  
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP  
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT



### THE FEELINGS WAY \*\* LIVING A FEELING-LED LIFE \*\*

**Transformation** of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.

**Transformation** of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

### Transition from Mind to Feeling way of living

**NATURAL LOVE – mind in control – MIND WAY**  
 SEVEN MANSION WORLDS

We have to do our: SPIRITUAL HEALING  
 (FEELING HEALING)  
 (SOUL HEALING)

**Uncovering the truth of feeling Unloved**

**IMPERFECT NATURAL LOVE**  
 REBELLIOUS  
 REBELLION AND DEFAULT

Against Truth and Love  
 Living Untrue; against ourselves  
 Denying many feelings  
 Become Truth to being untrue  
 Imperfect relationships  
 Feelings of love within an unloving state

**LIFE ON EARTH**  
**WHAT WE ARE LIVING**  
**AN UNLOVING LIFE**

### Self-Acceptance

No Healing needs to be done  
 Being true and loving  
 All done with Natural love  
 Uncovering the truth of feeling loved

**PERFECT NATURAL LOVE**  
 NOT REBELLIOUS  
 NO REBELLION OR DEFAULT

Not Against Truth and Love  
 Living Truth; not against ourselves  
 Not denying any feelings  
 Become truth to being true  
 Perfect Relationships  
 Feelings of love in loving state

**LIFE ON A PERFECT WORLD**  
 What we wish we were living  
 A Loving life



### THE MIND WAY \*\* MIND-LED LIFE \*\*

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

### GREAT U-TURN

# *Living True to Ourselves*

## **LIVING TRUE to OURSELVES**

We are to live truth to ourselves through ALL our feelings. We are untrue.

We are to live truth to being untrue. We are to stop pretending we're true.

We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

# *We are to find the Truth of Love*



The NEW WAY The NEW WAY

THE  
**GREATEST**  
**SHOW**  
is ON EARTH

Two cartoon eyes with large, expressive pupils and thin, curved eyebrows are positioned on either side of the main text, looking towards the center.

**FURTHER READING:**

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**PASCAS CARE PARENTING**

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|--------------------------------------------|-----------|-----------------|
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| Sam's Book – Parenting and Feeling Healing | Book II   | Conception      |
| Sam's Book – Parenting and Feeling Healing | Book III  | Magic           |
| Sam's Book – Parenting and Feeling Healing | Book IV   | Nothingness     |
| Sam's Book – Parenting and Feeling Healing | Book V    | Setting Free    |
| Sam's Book – Parenting and Feeling Healing | Book VI   | Pain and Rage   |
| Sam's Book – Parenting and Feeling Healing | Book VII  | Vision          |
| Sam's Book – Parenting and Feeling Healing | Book VIII | Childhood       |
| Sam's Book – Parenting and Feeling Healing | Book IX   | Self-Acceptance |

Pascas Care – Parenting Awareness  
 Pascas Care – Parenting Eureka Moment  
 Pascas Care – Parenting Feelings Supreme Guides  
 Pascas Care – Parenting Health Generation  
 Pascas Care – Parenting into the Abyss  
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

|                                                                                      |                                                                                                                                                                     |                                                                    |                               |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-------------------------------|
| <b>Primary recommended reading:</b>                                                  | <b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>                                                                    |                                                                    |                               |
| <b>The Rejected Ones</b>                                                             | <b>2002 – 2003</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Messages from Mary &amp; Jesus</b>                                                | <b>2003</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Paul – City of Light</b>                                                          | <b>2005</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Feeling Healing</b>                                                               | <b>2017</b>                                                                                                                                                         |                                                                    | <b>– James Moncrief</b>       |
| <b>Religion of Feelings</b>                                                          | <b>2017</b>                                                                                                                                                         |                                                                    | <b>– James Moncrief</b>       |
| <b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>                    | <b>2007 – 2010</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b> | <b>2013 – 2014</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Road map of Universe and history of Universe:</b>                                 | <b>2017</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>The Urantia Book</b>                                                              | <b>1925 – 1935</b>                                                                                                                                                  |                                                                    | <b>xxx as primary reading</b> |
| <b>Divine Love supporting reading:</b>                                               |                                                                                                                                                                     |                                                                    |                               |
| <b>Revelations</b>                                                                   | <b>1954 – 1963</b>                                                                                                                                                  |                                                                    | <b>– Dr Daniel Samuels</b>    |
| <b>Judas of Kerioth</b>                                                              | <b>2001 – 2003</b>                                                                                                                                                  |                                                                    | <b>– Geoff Cutler</b>         |
| <b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>   | <b>1914 – 1923</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– Joseph Babinsky</b>      |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                         |                                                                                                                                                                     | <b>xxx</b>                                                         | <b>– Geoff Cutler</b>         |
| <b>Available generally from:</b>                                                     |                                                                                                                                                                     |                                                                    |                               |
| <a href="http://www.lulu.com">www.lulu.com</a>                                       | <a href="http://www.amazon.com">www.amazon.com</a>                                                                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a> |                               |
| <b>For Divine Love focused websites and forums:</b>                                  |                                                                                                                                                                     |                                                                    |                               |
| <b>Pascas Health:</b>                                                                | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>                                                 |                                                                    |                               |
| <b>Spiritual Development:</b>                                                        | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                                                                     |                                                                    |                               |
| <b>Padgett Books:</b>                                                                | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                                                                       |                                                                    |                               |
|                                                                                      | <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                    |                               |

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

U-Turn for Humanity Pascas reveals New Feelings Way  
 U-Turn for Humanity pathway being New Feelings Way  
 U-Turn for Humanity shutting hells through New Feelings Way  
 U-Turn for Humanity through the New Feelings Way  
 U-Turn for Humanity treacherous assumptions New Feelings Way  
 U-Turn for Humanity unfolding the New Feelings Way  
 Universal Gift – Feeling Healing with Divine Love  
 Feeling Healing and Divine Love Discussion Prompts  
 Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|                                                                     | MoC                    |                           |       |
|---------------------------------------------------------------------|------------------------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490                  | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485                  | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485                  | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |                        | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495                  |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |                        | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494                  |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490                  | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489                  | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490                  | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491                  | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485                  | Dec 2013 – Jan 2014       | 84    |
|                                                                     |                        | This group being pages of | 1,825 |
| Paul – City of Light                                                | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                       |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                                 | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!                 | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                           | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider.    |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.               |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                     |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                             |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                      |                        | 2010                      | 179   |
| With Verna – a nature spirit                                        |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                   |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                    |                        |                           | 362   |
| Sage – and the Healing Angels of Light                              |                        | 2017                      | 260   |
| Divine Love Spirituality                                            | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings       |                        | 2017                      | 153   |
| Religion of Feelings                                                | 1,500                  | 2017                      | 47    |
|                                                                     |                        | This group being pages of | 3,046 |

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

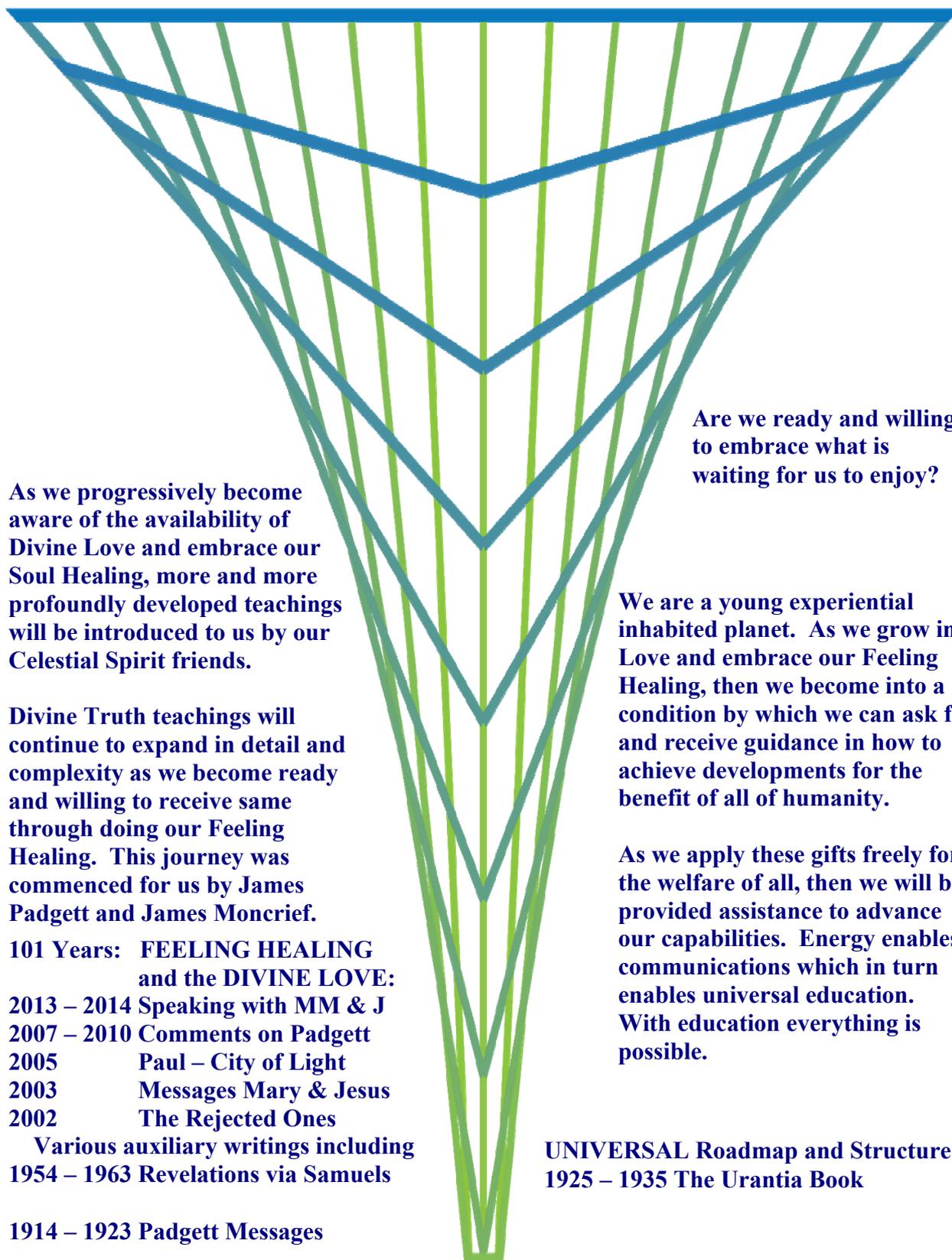
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**FEELING HEALING:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



# Pathway Forward

